



Seminole Voice



Interests > 5

Central Florida turns pink for Breast Cancer Awareness Month

Calendar > 7

Two pumpkin patches are open in Chuluota and Geneva until Halloween

Athletics > 9

Knights face Southern Miss on home turf Saturday, Oct. 13

www.SeminoleVoice.com

Oct. 12 - Oct. 25, 2012

Free!

Cities hunt for more local jobs

SARAH WILSON
The Voice

From tax incentives to master development plans, Oviedo and Winter Springs are diving headfirst into economic programs to do all they can to bring in new businesses.

Winter Springs debuted its new Economic Development Department last month. Oviedo overhauled its business incentives over the summer and added another potential business incentive on the November ballot. Both cities say they're doing their best to be competitive in a recovering market.

"Our primary goal is to bring jobs to the Metro Orlando area. ... We're trying to add as many tools to our tool box as we can to do so," Oviedo Mayor Dominic Persampiere said.

Winter Springs

New Winter Springs Economic Development Director Brian Walters said he's spent most of his first month on the job examining the city's commercial and residential population to develop a master plan for business growth in the city. "We want to help the area realize

■ Please see **DEVELOPMENT** on page 4

Haunting tales of Oviedo's past

The Oviedo Cemetery Tour will take visitors on a dark journey through the city's history, with actors bringing the dead back to life for a one-night performance on Oct. 15.

HALLOWEEN CALENDAR ON PAGE 7



Residents worry road project would burst Bubble

TIM FREED
The Voice

Liz Crowthers reclines on a metal chair amid potted plants and trees and sips on a thermos full of water she'd pulled from a well.

Azalea shrubs, drift roses and cold hardy palms grow under the bright sunlight in the plant nursery behind her Geneva landscaping business, Focal Point Nursery and Supplies. Beneath Focal Point and the adjacent road, the water source that keeps Crowthers and her plants alive may be at risk.

A proposed road-widening project for State Road 46 has Geneva residents concerned for the integrity of the Geneva Bubble, an underground aquifer and the community's sole source of water found below the road.

Many Geneva residents fear that construction would prevent rainfall from properly recharging the water source and risk the possibility of contamination.

"It would be awful. I'm sure we'd have to look at buying city water. Who wants to do that?" Crowthers said. "I'm sure it would hugely affect this community. The logistics on what would happen if they did encroach into the bubble. ... I can't imagine what would have to happen."

The State Road 46 project would widen the road from two lanes to four from State Road 415

Accessible through individual and community wells, the Geneva Bubble has provided Geneva with water since the village was first founded in 1860.

Read columnist Karen McEnany-Phillips' 2008 column about the Geneva Bubble and the island of Geneva here: <http://bit.ly/UIMvoE>. To find out more about the S.R. 46 project, visit www.sr46geneva.com

to County Road 426 to improve traffic flow for a potential hurricane evacuation route. The \$40 million to \$50 million project may also require a second bridge over Lake Jesup to manage the extra lanes.

Contracted by Seminole County, engineering firm URS Corp. began a \$500,000 Project Development and Environment (PD&E) Study in the summer of 2011 to survey the area and speak with the community. The study was put on hold in August due to an overwhelmingly negative reaction from Geneva residents at an information meeting with URS and the county's engineering department.

Geneva Citizens Association President Richard Creedon said that 80 percent of the Geneva community is against the widening of the road due to the threat it poses to the Geneva Bubble and the rural character of the area.

"We have a lot of people that just love this community," said



PHOTO BY TIM FREED — THE VOICE

Sparse traffic rolls down S.R. 46, which could be widened if a proposal goes through. Fears of a water source being compromised sparked a backlash.

Creedon, sitting in front of an art display of horse and nature paintings in the Geneva Rural Heritage Center. "We're just grateful that we were able to find this community, and we want to try to pass it on to the next generation at least as good as the way it was passed on to us."

Professional geologist and Valencia College Professor Jim Adamski said that the risk of water contamination is always a concern during any kind of development and that the pollution of this water source would mean more cost for Geneva residents, who would have to ship in water from other parts of the county.

"There's always potential when you have development to damage the water supply, both

the ground water and the surface water," Adamski said. "Whatever water you do get down in the aquifer, you certainly want it to be high quality, because once it gets down there, it's basically there to stay."

On the other hand, Seminole County Storm Water Project Manager Mark Flomerfelt assured that new retention ponds installed along the proposed widened road would improve the water quality by better filtering the rainwater down into the aquifer.

Seminole County Commissioner Bob Dallari said that a traffic safety study is now being done while the PD&E Study is on hold. That study will take three

■ Please see **ROAD** on page 4

USPS 008-093
Publisher statement on page 2.

What's goin' on?

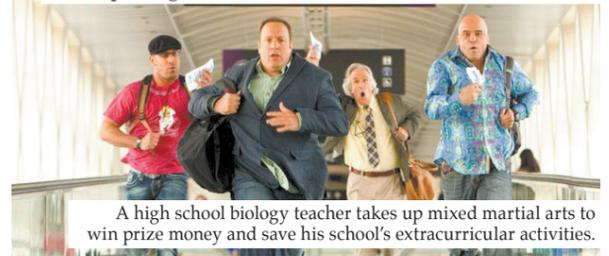
The Winter Springs Festival of the Arts comes to the Winter Springs Town Center on Saturday, Oct. 20, and Sunday, Oct. 21.

Calendar > 7

INDEX

Celery Stalks	11
Stetson's Corner	11
Interests	5
Calendar	7
Athletics	9
Ask Sandi	10
Young Voices	10
Classifieds	12

Opening this week: 'HERE COMES THE BOOM'



A high school biology teacher takes up mixed martial arts to win prize money and save his school's extracurricular activities.



THIS WEEK



THIS WEEK in history

Oct. 16, 1987 —

Eighteen-month-old Jessica McClure is rescued after being trapped for 58 hours in a water well in Midland, Texas. McClure had fallen through the 8-inch-wide opening of an abandoned well in the backyard of her aunt's home day-care center. After dropping about 22 feet into the well, the little girl became stuck.

Stenstrom puts emphasis on STEM education

TIM FREED
The Voice

In a crowded elementary school classroom filled with students, parents and teachers, anxiety lingers as a police officer speaks to the audience. The children sit front and center on the classroom floor, raising their hands to ask questions.

By 2012, 15 of the 20 fastest growing jobs in the U.S. economy will involve an emphasis on math and science, according to the U.S. Department of Labor.

Most of the parents in the room look slightly nervous, a stark contrast from the looks of excitement on the student's faces. The police officer, adjusting the 9-foot-long Boa constrictor wrapped around his waist, points at a boy raising his hand.

State Police Officer Steve McDaniel of the Florida Fish and Wildlife Conservation Commission was one of many presenters at Stenstrom Elementary School's STEM Night on Tuesday, Sept. 25. The event introduced the school's new program to get students excited about careers in science, technology, engineering and math.

"It's almost like a career night for elementary school kids, but

focused in the science, technology, engineering and math areas," said Whitney Astacio, a PTA board member at Stenstrom who volunteered at the event.

With 21 different exhibits on display, the gathering featured an array of STEM-related professionals, from veterinarians that saved the lives of pets to rocket scientists that designed spacecraft.

McDaniel, whose wife teaches at Stenstrom, told the children "war stories" about his encounters with bears and alligators, using his knowledge of animals and their behavior to reflect the science aspect of STEM.

"I'm doing the science part because of the wildlife we do," said McDaniel, who also brought two skunks in addition to a 35-pound Boa constrictor. "A lot of our rules and the way we do business in Florida with wildlife is done through science and biology, so being a police officer with that, we get tasked with understanding the biology of the different animals we have to deal with."

Put together by Stenstrom's PTA, the new STEM Program will include classes that focus solely on STEM areas. Stenstrom teacher Pam Colton began teaching these classes to kindergarten through 5th grades in August, and hopes that the STEM Night event will

help spark their interest in the classroom.

"I know a lot of times kids will think about math or science in a very limited way, so we try to really open their eyes as to the fact that they can really have a lot of fun in whatever field they choose within STEM," said Colton, who has taught at Stenstrom for eight years. "Hopefully it really motivated them and excited them."

The opportunities that Stenstrom's STEM program brings may not only mean exciting careers for the students, but a continued future for the school itself, which was on the list of schools to close last year.

"We started thinking last year when our school was one of the schools that was being discussed to close, what can we do to make us unique in our offerings?" Stenstrom Principal Sharon Tanner said. "What can we do to have the cream rise to the top, that to close a school like Stenstrom would really have a negative impact on the students and their achievement?"

For Stenstrom, the answer was STEM.

And that's an answer that schools will have to come up with in a hurry, Tanner said. By 2014, 15 of the 20 fastest growing jobs in the U.S. economy will involve an emphasis on math and science, according to the U.S. Department of Labor.



PHOTO BY TIM FREED — THE VOICE

Fish and Wildlife Officer Steve McDaniel holds a boa constrictor for students to pet at Stenstrom Elementary School's STEM Night on Sept. 25. The event introduced students and parents to the school's new focus on science and tech.

PTA president and STEM Parent Coordinator Betsy Jewell said that by promoting an interest in these careers, Stenstrom is preparing the future leaders of the U.S. and qualifying them for STEM jobs, many of which go to qualified workers in other countries.

"We, the United States, need to find a way to educate our students and get them excited about careers in STEM industries, and we need to start it as low as elementary school, because if you

plant the seed here, they learn to love it and they get excited about it, then, as they grow and get older, they're going to want to continue that kind of education," Jewell said.

Jewell said that the turnout for the STEM Night event exceeded every expectation she had, welcoming roughly 350 of the school's 600 students.

Stenstrom's PTA hopes to keep the school moving forward with the help of the new program. After a great deal of support and positive feedback from the parents about STEM Night, the PTA plans to continue to focus on the STEM classes and plans on holding another STEM Night before the Christmas break.

"Whenever you say our name, I want people to associate Stenstrom with 'STEMstrom,'" Tanner said. "STEMstrom, yeah that's the place where those kids are rockin' and rollin' with STEM. That's what we're after."



OVIEDO REALTY

235 S. Central Ave. ~ Hwy 434
Oviedo, FL 32765
(Next To Oviedo Montessori School)

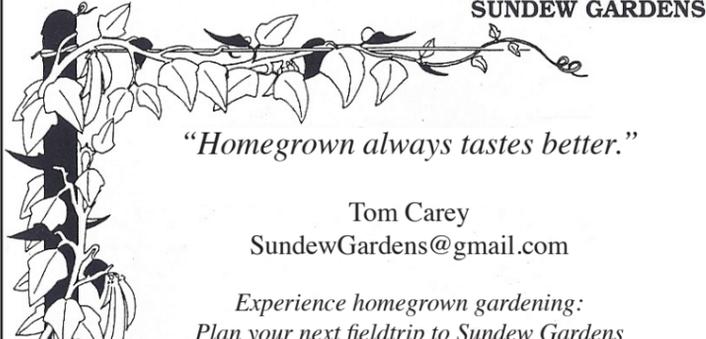
407-365-6403 ~ Agent On Duty 24/7

SMARTER. BOLDER. FASTER.

www.C21Oviedo.com

- Residential Sales
- Property Management
- Short Sales
- REO (Bank Owned)
- Vacant Land
- All Your Real Estate Needs

SUNDEW GARDENS



"Homegrown always tastes better."

Tom Carey
SundewGardens@gmail.com

*Experience homegrown gardening:
Plan your next fieldtrip to Sundew Gardens*

Published Friday, Oct. 12, 2012

Seminole Voice

Volume 22, Issue Number 40

CONTACTS

SEMINOLE VOICE is published by Turnstile Media Group. Founded in 1990 and headquartered in Orlando, Fla., Turnstile Media Group is also the parent of Golfweek, Golfweek Custom Media, TurfNet, Professional Artist, Winter Park/Maitland Observer, East Orlando Sun, Baldwin Park Living and Turnstile Connect.

TURNSTILE MEDIA GROUP
CHAIRMAN: Rance Crain
PRESIDENT/CEO: Francis X. Farrell
VICE PRESIDENTS: Merrilee Crain, Patti Green & Jeff Babineau

USPS #008-093
Periodicals postage is paid at Oviedo, Fla.

PUBLISHER
Tracy Craft • 407.515.2605
TCraft@TurnstileMediaGroup.com

MANAGING EDITOR
Jenny Andreasson • 407.563.7026
JAndreasson@TurnstileMediaGroup.com

ASSOCIATE EDITOR
Isaac Babcock • 407.563.7023
IBabcock@TurnstileMediaGroup.com

DESIGNER
Jonathan Gallagher • 407.563.7054
JGallagher@TurnstileMediaGroup.com

COPY EDITOR
Sarah Wilson

COLUMNISTS
Janet Foley • Oviedo
jwfoley@att.net

Sandi Vidal • Casselberry
Sandi@ChristianHelp.org

Tom Carey • Oviedo
SundewGardens@gmail.com

Karen Phillips • Geneva
KPhillips@TurnstileMediaGroup.com

Josh Garrick
JoshGarrick9@gmail.com

STAFF WRITERS
Sarah Wilson, Brittni Johnson

INTERN
Tim Freed

ADVERTISING SALES
(Display & Classifieds)
Linda Stern • 407.563.7058
LStern@TurnstileMediaGroup.com

LEGAL NOTICE ADVERTISING
(Orange & Seminole Counties)
Ashley McBride • 407.286.0807
Legal@FLALegals.com

SUBSCRIPTIONS/CIRCULATION
Katie Reyes • 407.563.7073
KReyes@TurnstileMediaGroup.com

MEMBER OF:
Florida Press Association &
Oviedo/Winter Springs Chambers
of Commerce

Orlando, FL 32835-5705 | SeminoleVoice.com • Phone: 407.563.7000 • Fax: 407.563.7099

Seminole Voice is published twice a month by Turnstile Media Group | POSTMASTER: Send address changes to Seminole Voice | P.O. Box 2426 | Winter Park, FL 32790
Publisher reserves right to edit or refuse all advertisements, announcements, articles and/or letters to the editor. Submission does not guarantee publication. Columnists' opinions are made independently of the newspaper. All rights reserved. Seminole Voice © 2012



Knee Pain

New FDA Approved
Treatment Proven to
Relieve Knee Pain

TREATMENT COVERED BY MOST MAJOR HEALTH INSURANCE PLANS – INCLUDING MEDICARE

YES, most major insurances and Medicare will pay for some if not all of Integrative Physical Medicine services.

WHAT CAUSES OSTEOARTHRITIS?

The exact cause of osteoarthritis is unknown. Factors that might cause it include the following:

- Being overweight
- Getting older (wear and tear)
- Joint injury
- Joints that are not properly formed (alignment/imbalance problems)
- A genetic defect in the joint cartilage
- Stresses on the joints from certain activities including sports, work and leisure activities

SAY GOODBYE TO KNEE PAIN THE NON-SURGICAL WAY

Most people feel better in a matter of weeks and can begin enjoying everyday activities.

WHAT ELSE IS AVAILABLE TO TREAT KNEE PAIN?

After careful study and several trials the FDA approved a new treatment aimed at helping those with knee pain. This new treatment is a high tech answer for all those who think that surgery, dietary supplements and prescription medications are the only option to eliminate knee pain.

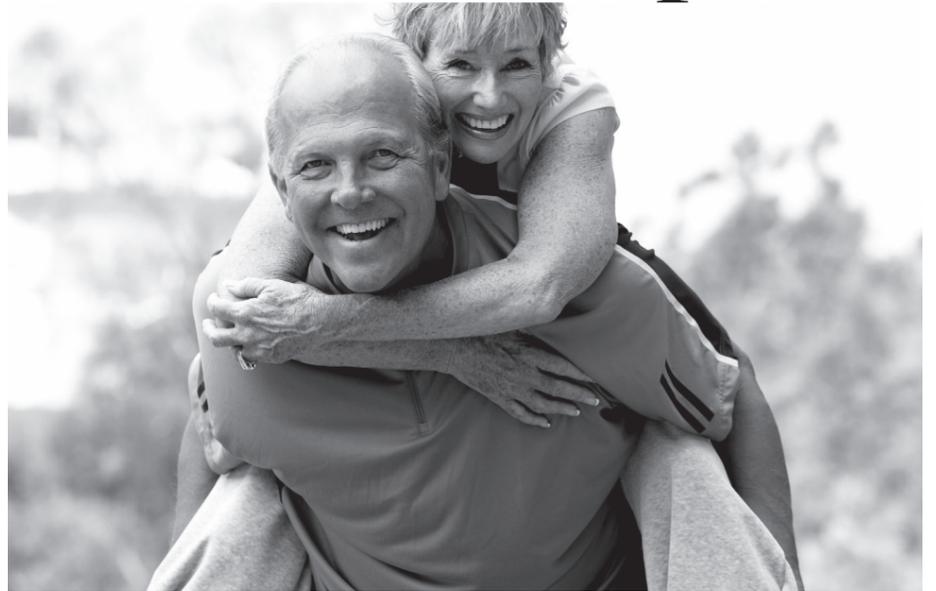


Do you suffer from knee pain?

Did you know that over 100 million Americans suffer from knee and joint pain? In fact, this pain accounts for 25% of all visits to primary care physicians and half of all anti-inflammatory drug prescriptions.

Have you ever wondered how different your life would be if you could get rid of your knee pain? Where would you go, what would you do? What would you give for a day, a week or a lifetime of pain free mobility? I'm pleased to announce that knee pain sufferers don't have to wait any longer to get the most advanced non-surgical FDA approved treatment.

If you suffer from any degree of knee pain we invite you to regain control of your life by visiting Integrative Physical Medicine, a state of the art medical facility.



Consider these facts before surgery

People who suffer from knee pain typically try supplements or pain medications before seeking help from a doctor. When all else fails and the pain is too much, some feel that surgery is the only option. Before you put yourself through months of immobility, pain, rehab, and hefty medical bills, consider something else.

	Integrative Physical Medicine	Surgery
Cost	Covered by most insurance plans including Medicare	Deductible, co-pay, medications, time off work, etc
Risk	No known side effects	Complications, poor outcome, addiction to pain medications
Pain	Little to none	Can be severe for months
Recovery	Immediate	Months/years

Knowledge & Experience

The Integrative Difference

- Allied Team of Health Professionals
- Specialists in Physical Medicine
- Over 40 Years of Experience
- Medically Directed Rehab
- Latest FDA Cleared Treatments

After treating hundreds of patients, the doctors have a great understanding of each condition and they know what protocols to include for successful treatment.

Start living your life
pain free!

- Covered by most insurance companies including Medicare
- Treatment is Safe, Easy and requires NO surgery

HOW DOES THIS TREATMENT WORK?

We use diagnostic ultrasound which allows the doctor to pinpoint problem areas with extreme accuracy. A viscosupplement is then injected and the healing process begins. Viscosupplementation bonds with naturally occurring joint fluid to create a lubricating and cushioning layer. It also reduces pain, inflammation, and swelling of the joint. Most patients compare the treatment to getting a shot at the doctor's office and report little pain or discomfort.

WHO IS A GOOD CANDIDATE FOR THIS TREATMENT?

- Do you wake up with knee pain?
- Does your knee pain keep you from certain activities?
- Have you been told you need a knee replacement?
- Are you active and sometimes suffer from sore knees?
- Do you take medications for knee pain?
- Do you have difficulty going up and down stairs due to knee pain?

Are you considering surgery to alleviate knee pain?

Have you tried everything to get rid of knee pain with no success?

If you answered yes to any of these questions, you are ready to experience the relief and healing found at Integrative Physical Medicine.

HOW DO I KNOW THAT THIS IS RIGHT FOR ME?

In most cases, if you have knee pain, this is a great solution. Our

doctors will give you an honest and fair evaluation of your particular knee pain. Space is Limited to the First 30 Callers! Call today to schedule your Knee Evaluation. Now is the time to take control of your life and say goodbye to knee pain the non-surgical way!

Dr. Marc Ott D.C.
Clinic Director
Dr. Bret Scheuplein D.C.
Clinic Director
Dr. Jeffrey Rocker D.O.
Medical Director

SPACE IS
LIMITED TO
THE FIRST
30 CALLERS!

Call today to schedule
your Knee Evaluation.

Call now if you experience any degree of knee pain or discomfort.

CALL TODAY!
321-244-4648

www.IntegrativePhysicalMedicine.com

NOW 2 LOCATIONS TO SERVE YOU!



425 Alexandria Blvd., Ste. 1010, Oviedo, FL 32765
300 E. Colonial Ave. Orlando, FL 32801

ROAD | Damage would be 'irreversible'

■ CONTINUED FROM FRONT PAGE

months to complete and will assess the need to continue forward with the project.

Dallari agreed that the Geneva Bubble is crucial.

"It's something that we understand that needs to be not just preserved, but protected," Dallari said. "The reason I say that is because it helps protect other water supplies with the saltwater coming in from the coast."

"Protecting the rural area is extremely important to Seminole County," he added.

In September, 518 Genevans signed a petition against the widening of State Road 46 and sent it to URS Corp., the Florida Department of Transportation, Seminole County Commissioner John

Horan and the Federal Highway Administration.

A public hearing is also scheduled to take place in mid-2013, where an alternative road project will be presented to the people of Geneva for more input.

"As far as the road, I haven't really viewed the plans, but it certainly raises some questions, and I'd like to see what protections they're going to put into place before they widen this road," Adamski said. "Once the damage is done, it's done. It's very difficult once you get contamination down in the aquifer, or once you start paving it over and you're not getting the recharge like you used to have and the freshwater starts going away."

"You can't undo that. You can't fix it."

DEVELOPMENT | Oviedo hooks tech biz with incentives

■ CONTINUED FROM FRONT PAGE

its full economic potential," Walters said.

That, he said, means preserving the community's "bedroom" feel, while also diversifying and growing its commercial business tax base. Though the city has offered tax incentive programs to draw in businesses and new jobs for many years, no business has successfully applied for them.

"We have to get more competitive and learn from our past experiences," Walters said.

The economic master plan for the city will try to capitalize on Census results showing that 97 percent of Winter Springs residents go elsewhere to work.

"There is a golden opportunity for us to capture that workforce," he said.

To do so, the new economic development department is analyzing population data to decide which types of businesses to target. Walters says he hopes that in that way Winter Springs can encourage its citizens to build business in their own backyard.

"People value their time — there's a likelihood that if we provided career advancement in the city, residents would be less likely to commute outside of it," he said.

Winter Springs is also continu-

Visit wintersprings.biz for more information on the Winter Springs Economic Development Department.

Visit cityofoviedo.net for detailed information about Oviedo's economic development initiatives and the city tax abatement amendment that will be on the ballot Nov. 6.

ing to foster its relationship with the University of Central Florida Business Incubator, to keep those hatchling businesses in the city.

"We need to capitalize on the opportunities that we have," he said.

Oviedo

Oviedo, which operates its economic development department through John Jones with Littlejohn Engineering, offers similar job growth initiatives and targeted market philosophies to try and build the city's commercial base.

One incentive the city has been lacking, Persampiere said, is that of a tax abatement initiative. That would allow new or existing businesses that want to build or expand in Oviedo the ability to apply for tax exemptions on construction and equipment. A referendum to initiate that incentive will be on the ballot for Oviedo residents on Nov. 6.

"We've been seeing a lot of

growth in the programs we have," Persampiere said. "This would be another way of targeting the industries we want to bring to Oviedo."

In that referendum a new or expanding existing business employing at least 10 full-time employees can earn a tax exemption of up to 100 percent of the assessed value of all added improvements used for expansion.

"It's up front because that's when [businesses] are accruing the most cost. ... It's an incentive for them to build here," Persampiere said.

Since reorganizing the city's tax incentive programs this summer, director of development services Bryan Cobb said the city had its first big incentive deal go through in August, with simulation firm Design Interactive expanding in the city. Four businesses had taken advantage of the city's first incentive program, offering impact fee waivers in 2006.

Cobb and the mayor both hope those numbers will improve as more businesses show interest in Oviedo and construction projects such as the mixed-use Oviedo on the Park begin.

"These are tools to not only recruit new business but help your existing business grow and be successful," Cobb said.

CELEBRATING OVER 25 YEARS SERVING YOUR COMMUNITY

ALLERGY & ASTHMA CONSULTANTS
OF CENTRAL FLORIDA

Diplomates American Board of Allergy and Immunology

Bernard S. Zeffren, MD
Eugene F. Schwartz, MD
Winnie Whidden, MSN, ARNP-C
Voted Best Doctors of Central FL, Orlando Magazine for 7 consecutive years

2 locations in Seminole County

Evening Hours Available

7560 Red Bug Lake Rd., Ste. 2064 Oviedo, FL 32765
407-366-7387

793 Douglas Ave. Altamonte Springs, FL 32714
407-862-5824

www.orlandoallergy.com

Additional offices in Waterford Lakes, Hunters Creek & Orange City

WANTED

Students who need a \$30,000 scholarship who would like to enter a 3-5 minute *VOICE OF DEMOCRACY AUDIO ESSAY* contest - grades 9-12 by 1 November 2012 on

"Is Our Constitution Still Relevant?"

or a \$5,000 scholarship for a Patriot's Pen 300-400 word essay - grades 6-8 on

"What I Would Tell America's Founding Fathers"

Contact Winter Springs Veterans of Foreign Wars 407-327-3151 for more information or Chairman Renee at 407-470-2908. <http://www.vfw.org/Community/Programs>

Come join us for our Cancer Benefit on 27 October 2012, auction, music, chili cook-off — \$10 to enter \$5 to taste all

WEEKLY ACTIVITIES

Mondays at 5:30pm: Auxiliary Dinner \$5.

Tuesdays at 11am: BINGO with lunch starting at \$2.00 Packages start at \$10

Wednesdays at 11am: Lunch starting at \$2.00

3rd Wednesday at 7pm: Post and Ladies Auxiliary meetings

2nd Thursday at 6pm: Men's Auxiliary meetings

Thursdays: Hamburgers in canteen \$2.00, 75 cent drafts til 6pm

Fridays at 6pm: Dinner specials - steak, fish & homemade meals Call Post for menu 407-327-3151

Sundays at 9am: Ladies Auxiliary Breakfast Full breakfast starts at \$3.00

College Football Saturday - 1-4pm Wings

HALL FOR RENT

The Auxiliary can cater functions, weddings, rehearsal dinner, baby or bridal showers, a special birthday etc.

420 North Edgemon Ave; Winter Springs
(next to the Senior Center)

Phone # 407-327-3151 for Information

Post Commander: Bert Seaberg
Canteen Manager: Bill Tzivani

COME IN-JOIN OUR RANKS



City of Oviedo

Storm Water Education

The Storm Water Impact On Our Community

"How can I help keep my Community Storm Water Fees Low?" - A.C.E. !

Awareness

Did you know public awareness of how the storm water systems work is a key component to keeping the storm water fees low in our community! All drains (Inlets) have pipes that lead to either a pond (wet or dry), or ditches. When the drains gather debris such as leaves, grass, trash or animal waste, the drainage system cannot function as designed. Storm ponds collect the runoff from the pipes and all the debris is either pushed into the ponds or creates excess sediment changing the depth and volume capacity of the storm water system.

Over the life of a typical 30-year mortgage, homes and businesses in high-risk areas have a 26% or greater chance of being flooded—that's a full two-and-a-half times more likely than having a fire.

The City of Oviedo participates in the NFIP/CRS (National Flood Insurance Program & Community Rating System). Participation in these programs allows residents to purchase Flood Insurance at a discounted rate. Ask your Insurance Company for details regarding this discount.

Flood Elevation Information on your property is available from the City of Oviedo by contacting the Storm Water Coordinator, Amanda Kortus at 407-971-5681.

Communication

How many communities have a community clean up day? During these effective projects take notice of the storm water system around you. Your HOA or neighbors can incorporate "adopting a watershed", checking that inlets are clear of debris, pond perimeters are free of trash and making note of broken or sub par structures that need rehabilitation.

Picking up trash from the neighborhood and talking with your neighbors about not blowing grass clippings/leaves down the drains has a cost cutting effect on spending storm water dollars. Your help allows the City's Maintenance crews to do much more rehabilitative work on aging systems, rather than spending days repairing a problem that could have been easily prevented.

If you notice structures with broken inlets please report them to the Operations Office at 407-971-5668, a work order will be entered to have the structures fixed.

Education

The City of Oviedo encourages it's residents to learn more about the storm water system in their area. The Public Works Department has educational material available for handout at HOA or Community meetings. GIS Maps are available, upon request or on the City's website (www.cityofoviedo.net) at no charge enabling you to actually see the path of the Storm water Conveyance System in your area.

** In Florida there are more Flood Insurance Claims than Fire related claims.

** Florida residents and businesses hold more than 40% of all flood insurance policies in the nation.

What can I do to prevent flash flooding in my area?

After heavy rains during the months of July through October some flash flooding is inevitable here in Florida.

Some properties may back up to a wet-land or wooded area and have berms or drainage culverts. These are designed to make water flow away from your property- Please be aware of this if you landscape or fence nearby and the potential impact on the original drainage design.

You may also have a Drain/French Drain in your yard. Make sure the Drain is clear of sand and grass clippings to ensure good flow.

USEFUL CONTACT NUMBERS

To Report Illicit Dumping into Storm Systems
Code Enforcement
407-971-5787

Storm Water Division:
407-971-5668

Utilities—407-971-5692

E-mail Storm Water Coordinator
akortus@cityofoviedo.net
407-971-5681

THANK YOU FOR SUPPORTING OUR STORMWATER SYSTEMS!

The City of Oviedo
400 Alexandria Boulevard
Oviedo, FL 32765

INTERESTS



THIS WEEK in human history

Oct. 23, 1942 —

Michael Crichton is born in Chicago. During his final year of medical school, the 6-foot, 9-inch Crichton published "The Andromeda Strain" (1969) and decided to write full time instead of practicing medicine.

Think PINK

The community goes pink in October in support of National Breast Cancer Awareness Month

SARAH WILSON
The Voice



More than 2,100 Central Floridians took a stand against breast cancer on Sept. 9 in Winter Park's Central Park in an attempt to break the Guinness World Record for the most number of people standing on one leg. There are many more events planned.

PHOTO BY ISAAC BABCOCK — THE VOICE

Pink is the color of flowers and flamingos, bubble gum and cotton candy, and for the month of October, the color of store fronts, billboards, ribbons and bras across Central Florida.

From races and walks to parties and games, this is the month when the community comes to-

gether for a single cause of awareness and support for breast cancer. For much of the month Central Florida will be seeing pops of pink to go along with the typical orange and black of the season thanks to Susan G. Komen for the Cure, Making Strides, the American Cancer Society and Florida

Hospital's Pink Out! Campaign.

Charlotte Warren is one of a growing minority of people who's never personally been touched by staggering breast cancer statistics.

It doesn't run in her family, and she says - knocking on the wood table she sits behind - it hasn't afflicted anyone close to her in her life. Considering the American

Cancer Society (ACS) cites that one in eight women in Florida will develop breast cancer in her lifetime, she acknowledges being a blessed anomaly.

But she says the fight against breast cancer, regardless of your exposure to it, is one fought by all women, for their 15,540 sisters, mothers and friends in Florida

alone that will be diagnosed with the disease this year. ACS reports that Florida is second in the nation for the number of new breast cancer diagnoses each year and third in breast cancer-related deaths.

To participate you don't have to be a survivor, or even a woman. The American Cancer Society estimates about one percent of the population diagnosed with breast cancer this year will be men.

"Hearing all those statistics, I thought, 'Wow! I can't believe it's that high,'" she said. "It made me want to get involved and get the word out even more."

Warren, an Orlando resident, now serves as the publicity chair for the Making Strides Against Breast Cancer 2012 season. She was nominated for the job though her public relations work with Massey Communications in Orlando, and has been working on getting the word out about the organization's mission and events ever since.

She sits with an open binder overflowing with pink fliers, fact sheets and photos detailing the Making Strides mission and events hosted leading up to the organization's 2012 Making Strides Against Breast Cancer 5K Walk of Orlando Metro at Lake Eola Park on Oct. 20. Much of it covers the importance of mammograms and early detection, and it encourages people to "put on your pink bra" and come out for the 3.2-mile fundraising walk.

"It's been really cool to be a

■ Please see STRIDES on page 6

THE DAVEY TREE EXPERT COMPANY
Discover The Davey Difference.

- * Complete Tree, Shrub & Lawn Care
- * Quality Pruning
- * Insect & Disease Management
- * Deep-Root Fertilization
- * ISA Certified Arborists

www.davey.com
DAVEY
407-331-8020

Thomas Produce
110 Geneva Dr., Oviedo
(Across from Ace Hardware)

"Get Healthy From the Inside Out!"

Fresh Fruit
Vine Ripe Tomatoes
Vegetables

ST. MARY MAGDALEN'S 46TH ANNUAL COMMUNITYFEST 2012
FAITH • FUN • FELLOWSHIP

Let the Good Times Roll!

- \$15,000 RAFFLE
- GREAT FOOD
- LOTS OF RIDES
- LIVE MUSIC
- FUN & GAMES
- & MUCH MORE!

OCTOBER FRI 19 4PM to 11PM SAT 20 11PM to 6PM SUN 21 11AM to 6PM

861 MAITLAND AVE • ALTAMONTE SPRINGS • WWW.STMARYMAGDALEN.ORG • 407-831-1212

SUPER RAFFLE

GRAND PRIZE: Choice of 2013 Ford Fiesta —or— \$15,000 CASH! • 2nd Prize: \$1,000 CASH • 3rd Prize: \$500 CASH
Early Bird Drawings: Sunday, Sept. 30: (\$300); Sunday, Oct. 7: (\$200); Sunday, Oct. 14: (\$100)

NEW FOR 2012: The GOLDEN TICKET (Bonus included with each full book of tickets)
Four BONUS Drawings for GOLDEN TICKETS ONLY! (Cash & Prize Awards) • GOLDEN TICKETS also eligible for the MAIN Prize Drawings

Ticket Prices: \$ 3.00 per Ticket; Two tickets for \$5.00; Five tickets for \$10.00; Book of 12 Tickets: \$20.00 (Best Value!)

LET THE GOOD TIMES ROLL! SCHEDULE OF EVENTS

ON THE MAIN STAGE...

FRIDAY, OCTOBER 19th, 4:00 PM – 11:00 PM

- Parade and Opening Ceremonies 6:00 PM
- Raffle GOLDEN TICKET Special Drawing 7:00 PM
- Featured Entertainment: **Paradise Band** 7:00 – 11:00 PM

SATURDAY, OCTOBER 20th, 4:00 PM – 11:00 PM

- Community Entertainment Noon – 3:00 PM
- Center for Performing Arts, Showtime Dance Center, Starz Dance Galaxy
- Hispanic & Multicultural Entertainment 3:00 – 5:00 PM
- JGroove Live 5:00 – 6:00 PM
- Raffle GOLDEN TICKET Special Drawing 7:00 PM
- Featured Entertainment: **Hot Property Band** 7:00 – 11:00 PM

SUNDAY, OCTOBER 21st, 11:00 AM – 6:00 PM

- Community Entertainment 12:30 – 3:00 PM
- X-L-T & Turning Pointe Dance Studio
- Hispanic & Multicultural Entertainment 3:00 – 5:00 PM
- Raffle GOLDEN TICKET Special Drawing 5:45 PM
- SUPER RAFFLE Prize Drawings & Closing Ceremonies 6:00 PM

LET THE GOOD TIMES ROLL ALL WEEKEND!

- Over 20 Food, Beverage & Dessert Booths
- Rides, Games and Prizes throughout the weekend
- Arts, Crafts & Jewelry Booths by the CCW
- Children's Games and Prizes under the Blue & Gold Shade
- Face Painting in the Children's Games area
- 50/50 tickets available all weekend – a winner every hour!
- Hole-In-One Golf Tournament, all weekend with Cash Jackpot!
- BINGO! In our Air-Conditioned Cafeteria
- Limited Edition CommunityFest T-Shirts available

SERVING THE CENTRAL FLORIDA COMMUNITY

This year, CommunityFest is partnering with the Coalition for the Homeless to help them fill an urgent and recurring need. We are asking guests to bring a box of new, disposable diapers with them this year for homeless children (all sizes/brands of diapers gratefully accepted.) Please bring your diapers to the Information Booth, and receive a small gift of appreciation from CommunityFest!

The Coalition for the Homeless is one of many Central Florida agencies that benefit directly from the proceeds earned at CommunityFest. For a list of agencies and groups who receive CommunityFest funds, please stop by the Information Desk during our Festival.

PARK-N-RIDE SHUTTLE INFORMATION:
CommunityFest's FREE and Convenient Air-Conditioned Park-N-Ride Shuttle Service will run continuously from the NORTH Parking Lot at the CENTURYLINK Building on Orianta Avenue (just one block South of State Road 436), and from ALTAMONTE COMMONS at 249 Maitland Avenue. Please follow the signs posted on Maitland Avenue & Orianta Avenue.

CommunityFest Thanks UNITED LEGACY BANK
For Their Continued Participation as our Presenting Sponsor

Four Convenient Locations:
★ Longwood ★ Winter Park ★ Oviedo ★ Kissimmee ★
UnitedLegacyBank.com

Limited On-Site and VIP (Paid) Parking may be available (subject to capacity and weather); we recommend that our guests utilize one of our two convenient Free Park-n-Ride Lots!

For Up-To-The-Minute Information and News, Please visit www.StMaryMagdalen.org/CommunityFest

Family Calendar

OCT. 12

The City of Casselberry celebrates **Founders Day** on Friday, Oct. 12, from 6 p.m. to 9 p.m. in Lake Concord Park behind Casselberry City Hall at 95 Triplet Lake Drive. Classical music, great food and art vendors will honor the founding of Casselberry in 1940 at this free event.

OCT. 13

"Forbidden Planet" will be shown at the Kennedy Space Center Visitor Complex in the Rocket Garden at 7:30 p.m. on Saturday, Oct. 13. Visit tcm.com/roadtohollywood for free tickets.

An **Introduction to Scratch Programming:** Want to create your own interactive stories, animations, games, music and art — and share your creations on the web? This opportunity begins on Oct. 13. And best of all it is free! Sign up at <http://server.eecs.ucf.edu/JuniorKnights/index.php>

Movie Night at the Geneva Bijou is at 6:30 p.m. on Saturday, Oct. 13, at the Geneva Rural Heritage Center, located at 101 E. Main St. in Geneva. Pizza will be sold by the slice and there's a \$5 donation or \$3 donation for kids younger than 16; families are \$13.

OCT. 14

Registration is open for **fall youth sports** at the Oviedo YMCA, located at 7900 Red Bug Lake Road, through Oct. 14. Contact jmedevic@cfymca.org or 407-359-3606, extension 228.

Join **Food Truck Crazy** at Oviedo Mall from 4 to 8 p.m. every second Sunday of the month (Oct. 14). Food trucks gather in the northwest parking lot. Visit foodtruckcrazy.com

Mothers & More Orlando Area Chapter 216 will be holding an **open house** from 2 to 6 p.m. on Sunday, Oct. 14, at Trotwood Park in Winter Springs. There will be food, fun and a raffle for a year membership (\$45 value). Visit www.mothersandmoreorlando.com

OCT. 18

Keeth's Annual Fall Festival, Basket Fundraiser and first-time Keeth Pig Kissing Contest goes from 5 to 8 p.m. on Thursday, Oct. 18, at Keeth Elementary School, located at 425 Tuscawilla Road in Winter Springs. The teacher with the most votes will put their pucker to the prized pig at 7 p.m. Call 407-320-5350.

OCT. 20

Owl Class – Who's Watching Who? is from 7 to 9:30 p.m. Saturday, Oct. 20, at the Ed Yarborough Nature Center, located at 3485 N. County Road 426 in Geneva. It's \$5 per person. Join the Seminole County Natural Lands Program to learn about owls. Call 407-349-0959 to register.

OCT. 28

Geneva Archery NFAA 900 **Shoot Tournaments** is at 9 a.m. Sunday, Oct. 28, at Geneva Archery, located at 3883 County Road 426. Register through www.GenevaArchery.com. It's \$20 for adults and \$10 for kids.

OCT. 29

The **Artistic Hand's** children's classes are starting the week of Oct. 29 in drawing, painting, mixed media, clay and throwing on the potter's wheel. A silver clay class for adults is also available. Visit Facebook.com/ArtisticHandGalleryandStudio or call 407-366-7882.

Visit SeminoleVoice.com for more details. Email submissions to jandreasson@turnstilemediagroup.com

STRIDES | Seminole has free screenings

■ CONTINUED FROM PAGE 5

part of something like this, and be part of something that's literally saving lives," she said.

And she says she'll be out there, neighbors in tow, bedazzled pink bras over their shirts, walking around the lake. Because now it's personal.

Susan G. Komen for a Cure

Susan G. Komen has become synonymous with the fight against breast cancer and one that echoes across Central Florida particularly loudly this month. And this year Baldwin Park is getting ready to be "pretty in pink" to host to one of the organization's cornerstone events.

Before Komen Central Florida's main event Race for the Cure 5k at the University of Central Florida on Oct. 21, the organization is hosting its second annual Pretty in Pink fundraising event – co-hosted by the Orlando Sentinel – in Baldwin Park's Village Center.

Nicole Phillips, events manager for Komen Central Florida, said the events are all about raising awareness and support within the com-

munity.

"We're very local and sometimes people don't realize that," she said. "The money they're giving is staying right here in the community."

In the last three years, Phillips said the Orlando Race for the Cure has raised more than \$1 million for Susan G. Komen to provide support, services and early detection programs in places across Central Florida.

Pink Out Winter Park

On Sept. 9, more than 2,100 people spent two minutes balanced on one leg in Winter Park's Central Park to kickoff this year's Pink Out Winter Park campaign, sponsored by Winter Park Memorial Hospital.

The campaign encourages local businesses to "pink out" their storefronts for the month of October for breast cancer awareness, and residents to do so by purchasing \$10 lawn flamingos.

Proceeds from the events and sales benefit the Winter Park Memorial Hospital Mammography Scholarship Fund, which helps provide financial support for women who can't afford annual mam-

BREAST CANCER AWARENESS EVENTS:

During the month of October, **Oviedo Mall** shoppers who spend \$50 or more on any item or product that is pink will receive a free gift from Oviedo Mall and Susan G. Komen of Central Florida. Shoppers can bring their receipt from any Oviedo Mall merchant and their pink purchase to the management office to receive their free gift. For more information call 407-977-2400 or visit www.myoviedomall.com

Hagerty High School is once again supporting Breast Cancer Awareness month during the month of October. Leadership will be selling T-shirts all month for \$10 during both lunches. All proceeds will be donated to the Breast Cancer Research Foundation

Seminole County Health Department Breast & Cervical Cancer Screening offers free clinical breast exams and mammograms for uninsured and underinsured women ages 50-64 in Orange, Lake and Seminole Counties who meet low income requirements. Call 407-665-3185 or 407-665-3244 or visit seminolecohealth.com/services/bccp/

10.18 Pretty in Pink: Party With A Purpose will be 6-9 p.m. Thursday, Oct. 18, in the Village Center in Baldwin Park. Sample dishes and cocktails from participating restaurants, with live music by Michael Andrew & Swingerhead,

drawing prizes and more to benefit Susan G. Komen for the Cure. Tickets are \$25 in advance and \$35 at the door. Visit prettypink2012.eventbrite.com

10.20 The American Cancer Society hosts its annual **Making Strides for Breast Cancer 5k** on Saturday, Oct. 20, at Lake Eola Park. The walk raises money for breast cancer research, information and services, and access to mammograms for women who need them. The event will feature live entertainment and a survivor ceremony on stage. For more information, visit makingstrides.acsevents.org

10.21 The **16th Annual Komen Central Florida Race for the Cure** will be held Sunday, Oct. 21, at the University of Central Florida's Bright House Networks Stadium. It's Susan G. Komen for the Cure's signature fundraising event where you can't help but be inspired! Register at kocomentralflorida.org

10.24 Pink Out Winter Park presents: **"Do I Really Need an Annual Mammogram?"** event at the Winter Park Community Center at 6 p.m. on Wednesday, Oct. 24. The best way to fight breast cancer is to have a plan that detects the disease in its earliest stages. Is a mammogram enough? Join a medical expert as she explains different breast imaging tests – from mammograms, ultrasounds and breast MRIs, as well as the benefits of clinical breast exams. Visit PinkOutWinterPark.com

PLEASE VOTE
 Tuesday, Nov. 6th



Brenda Carey

Working for you



Brenda Carey
Business Woman
Community Advocate

Accomplishments

- ★ Reduced county budget by \$80 million
- ★ Never voted for a tax increase
- ★ Right-sized county government

Issues

- ★ Prioritize public safety & education
- ★ Promote economic development initiatives
- ★ Keep taxes low while preserving the quality of services

Preserving our quality of life!

www.BrendaCarey.com

Political advertisement Paid for and approved by Brenda Carey, Republican, for Seminole County Commission, District 5

Brenda Carey • P.O. Box 2008 • Sanford, FL 32772 • bkcarey@cfl.rr.com

875 Clark Street, Suite A
Oviedo, FL 32765



www.OviedoVision.com
407.366.7655

Dr. Gary D. McDonald and Dr. Jason R. Wallace Optometric Physicians



Fashion Frames

Custom Contact Fittings

Eye Exams for All Ages

Designer & Rx Sunglasses

Treatment of "Red Eyes"

Treatment of Infections & Glaucoma

In-House Optical Lab

Surgery Co-Management

CONVENIENT • CARING • COMPETITIVE

Halloween Calendar

ONGOING

The **pumpkin patch** at the Veterans of Foreign Wars Post 10139 at 300 Lake Mills Ave., Chuluota is open daily from noon to 8 p.m. until Wednesday, Oct. 31.

The **pumpkin patch** will be open at Geneva Methodist Church from Oct. 8-31, Monday through Friday from 3-7 p.m., Saturday from 9 a.m. to 7 p.m., and Sunday from noon to 7 p.m. There will also be an honor box for purchases when the Patch is not staffed.

"**Operation Gratitude**" is collecting candy and gifts for American service men and women currently deployed in Afghanistan and other hostile regions of the world. For drop-off locations, call 407-454-0878 or e-mail opgratitudeorlando@gmail.com

OCT. 13

The Planetarium at Seminole State College of Florida will present "**Into the West: Astronomical Origins of Halloween**" from 8:30 to 9:30 p.m. on Saturdays, Oct. 13 and Oct. 20.

Seminole County Guided Hikes will have a special "**Voices in the Dark**" hike from 7:30 to 9:30 p.m. on Saturday, Oct. 13, at the Lake Harney Wilderness Area. The hike is \$3 per person and advance registration is required. Call 407-349-0959.

OCT. 15

The Oviedo Preservation Project's Seventh Annual **Cemetery Tour** is 6:30 to 7:30 p.m. on Monday, Oct. 15, at the Oviedo Cemetery across from Oviedo High School on State Road 426. A \$2 donation

is appreciated. Contact 407-365-1433 or megan@oviedotraditions.org

OCT. 20

Country Night at the Lazy Gator Bar in the Black Hammock will have a free drink for anybody wearing a Halloween costume on Saturday, Oct. 20, starting at 8 p.m. Dance to live music with Kick N'Kountry from 9 p.m. to 1 a.m.

OCT. 26

Oviedo is hosting the annual **Halloween Carnival of Screams**. On Friday, Oct. 26, there will be a traditional Haunted House from 6 to 10 p.m. On Saturday, Oct. 27, a family friendly event will take place from 5 to 9 p.m. at Riverside Park, 1600 Lockwood Blvd. The cost is \$4 with a donation of a non-perishable food item if purchased before Friday, Oct. 26. The day of price is \$5 with a non-perishable food item or \$7 without. Call 407-971-5575.

OCT. 27

Fright Night at The Black Hammock, 2356 Black Hammock Fish Camp Road in Oviedo, is Saturday, Oct. 27, starting at 8 p.m. It's free. Get \$5 off per ticket for your Night Airboat Ride when you mention the secret word "Halloweenie." Reservations required. Call 407-365-1244 extension 101.



OCT. 28

The **Pumpkin Patch Luau Car Show** will be on Sunday, Oct. 28, from 1 to 5 p.m. at the Horsepower Ranch in Geneva. For more information, call Tara at 407-617-9261.

OCT. 31

Halloween Trick or Treating and Costume Contest at the Oviedo Mall will be from 5 to 8 p.m. on Wednesday, Oct. 31. There will be safe indoor trick or treating for families, and a costume contest for kids age 12 and under. Registration begins at 6:30 p.m. No masks or fake weapons.

Focal Point Landscape Nursery & Sup-

plies' 4th Annual **Trunk or Treat** will be from 6 to 8:30 p.m. on Wednesday, Oct. 31. There will be a haunted hayride, haunted hoop house, food and drink sales. Trunkers should register by contacting liz@focalpointlandscape.com or 407-349-2200. The cost is \$2 per child.

NOV. 3

The **Geneva Cemetery Tour: Colorful Characters Under A Crescent Moon** is at 6:30 p.m. on Saturday, Nov. 3. Admission is free but a donation to the Geneva Historical Society is appreciated. The cemetery is located at the end of Cemetery Road off First Street in Geneva.

Opening October 13

New To You

Upscale Resale

Oviedo's Premier Resale Store

- Designer Clothing
- Furniture / Home Decor
- Free Coffee Area
- Kids Play Space
- Clean & Spacious

Do you have items to donate?

We'll pick them up! Call to schedule a time:

407-403-0936

Volunteers Needed - Call To Apply

Located in the Alafaya Square shopping center near Publix.



**Banfield
Funeral
Home**

Winter Springs Chapel
4 lights east of 17/92 on SR 434

Simple Cremation
No Service
\$750.00

Banfield Funeral Home Funeral Packages

Traditional Burial
Services plus casket, book, folders,
thank you cards, DVD
All Included **\$2995.00**

Full Services with Cremation to follow
Services plus casket, urn, book, folders, thank you cards, DVD
All Included **\$2995.00**

Compare our Prices & Service
407-327-1500

subject to change

Calendar

OCTOBER

Money Smart \$ Month workshops will take place at the East Branch Library, located at 310 Division St. in Oviedo. They are free. Call 407-665-1560.

- Investing 101 Seminar is Thursday, Oct. 18, 2 to 3 p.m.
- Money Habitudes is Monday, Oct. 22, 10 to 11:30 a.m.
- Raising Financially Responsible Children is Saturday, Oct. 20, 10 to 11 a.m.

OCT. 12

The Fine Arts Theatre at Seminole State College of Florida presents Tennessee Williams' "**The Glass Menagerie**" in the Sanford/Lake Mary Campus Theatre (G building) Oct. 12-14. Visit www.seminolestate.edu/arts or call 407-708-2040.

Jeff Howell from Real Radio 104.1 will give a free performance at 8 p.m. on Friday, Oct. 12, at The Black Hammock Restaurant in Oviedo.

The Aviation Institute of Maintenance will be hosting an **open house** to celebrate their one-year anniversary from 3 to 7 p.m. on Friday, Oct. 12, and from 10 a.m. to 3 p.m. on Saturday, Oct. 13, at their Casselberry campus, located at 2725 S. US Highway 17/92. Call 407-896-2800.

The eighth annual Sanford Bikefest, "**Thunder in the Streets**," goes from Friday, Oct. 12, to Sunday, Oct. 14, at Fort Mellon Park in Sanford. Visit SanfordBikeFest.com

On Friday, Oct. 12, the Winter Springs High School **Homecoming Parade** will start at the Keeth Elementary parking lot at 1:30 p.m., travel north on Tuskawilla Road and finish at Winter Springs High School at 2:30 p.m. Contact 407-327-7958.

OCT. 13

An **antiques appraisal** event will be held from 9 a.m. to 1 p.m. on Saturday, Oct. 13, at the Museum of Seminole County History, located at 300 Bush Blvd. in Sanford. Call 407-665-2489.

The Veterans of Foreign Wars Post 10139 Ladies Auxiliary is hosting a **community rummage sale** from 9 a.m. to 2 p.m. on Saturday, Oct. 13. A bake sale for breast cancer awareness will take place at 2 p.m. on Saturday, Oct. 20.

■ Please see **CALENDAR** on page 8



PUT ON YOUR *pink* BRA

The American Cancer Society encourages women to "Put On Your Pink Bra" and join us in Making Strides Against Breast Cancer. The pink bra is an empowering symbol of how personal the fight against breast cancer is. During our Making Strides events, a sea of participants in pink bras will join together to take up arms against the disease.

Making Strides Against Breast Cancer is a noncompetitive, 3.2 mile fundraising walk that celebrates breast cancer survivors and saves lives by helping people stay well, helping people get well, by finding cures and by fighting back.

Saturday, October 20, 2012

Visit www.putonyourpinkbra.com to find your local event and sign up!



1.800.227.2345 | putonyourpinkbra.com

CALENDAR I

■ CONTINUED FROM PAGE 7

OCT. 14

Join Food Truck Crazy at Oviedo Mall from 4 to 8 p.m. every second Sunday of the month for a fresh-cooked dinner from one of Central Florida's gourmet food trucks. Visit foodtruckcrazy.com

The Intro to **Sundew Gardening Tour** and workshop is held from 10 a.m. to noon on the second Sunday of each month. Cost is \$20. Visit Sundew Gardens on Facebook.

Audubon Society's Annual **Big Sit!** goes from 7:30 a.m. to 1 p.m. on Sunday, Oct. 14, at Lake Jesup Wilderness Area Park, located at 5951 S. Sanford Ave. in Sanford. Contact 407-977-4389.

OCT. 15

Paul Mitchell Schools will host a grand reopening of their newly remodeled Orlando school at the Oviedo Mall at 7 p.m. on Monday, Oct. 15.

Oviedo City Council meetings take place at 6:30 p.m. on the first and third Monday of each month in the Oviedo City Hall Council Chambers. Visit cityofoviedo.net

OCT. 18

OCT. 13: Harvest

Hometown Harvest is at 5 p.m. on Saturday, Oct. 13, at the Winter Springs Town Center and will feature live music from Straight Deal, musical hayrides, face painting and vendors.



Tijuana Flats will hold community nights for HOPE between 5 and 9 p.m. on the third Thursday of the month (Oct. 18 this month) at the 1016 Lockwood Blvd, Oviedo, and the 160 Tuskawilla Road, Winter Springs, locations.

OCT. 19

The Epiphany Lutheran Church will host a **community rummage sale** from 7 a.m. to 3 p.m. on Friday, Oct. 19, and Saturday, Oct. 20, at 1498 Tuskawilla Road in Oviedo. Call 407-678-6672.

The **3rd annual Christmas Bike Program Golf Tournament** at Twin Rivers Golf Course is on Friday, Oct. 19. Sign up at Christmasbikeprogram.com

The 4th Annual **CARE For Women Foundation Golf Tournament** is at 8:30 a.m. on Friday, Oct 19, at Magnolia Plantation Golf Club in Lake Mary. Visit [Care-for-](http://Care-for-women.org)

women.org or call 407-745-9345.

OCT. 20

The **5th Annual Winter Springs Festival of the Arts**, which celebrates the appreciation of art, wine and music, is open from 10 a.m. to 5 p.m. on Saturday, Oct. 20, and Sunday, Oct. 21, along Blumberg Boulevard. Visit www.wsfota.org

A **classic car show** will go from 5 to 8 p.m. on Saturday, Oct. 20, at the Oviedo Shopping Center in downtown Oviedo (by Ace Hardware). This free event will also feature a DJ.

A **Preparedness Expo** will be held from 10 a.m. to 4 p.m. on Saturday, Oct. 20, at the Rural Heritage Center, 101 E. Main St. in Geneva.

Come for a free evening of old-time music at the **Geneva Jam** at the Geneva Com-

OCT. 24: Winter Springs Candidate Forum

Winter Springs Commission Candidate Forum is from 7 to 8:30 p.m. on Wednesday, Oct. 24 at the Winter Springs Incubator, 1511 E. State Road 434, Suite 2001, in Winter Springs.



Avery Smith (incumbent)



Pam Carroll



Phil Kaprow

community Center from 6 to 7 p.m. on Saturday, Oct. 20. The music starts around 6:30 p.m.

A **Blue Heron River Tour** and Boat Ride starts 9:30 a.m. on Saturday, Oct. 20, at the Hontoon Landing Resort and Marina, located at 2317 River Ridge Road in DeLand. Please contact Joy Rector at joy7audubon@aol.com

OCT. 21

St. Luke's Concert Series presents Orlando Philharmonic Orchestra in "**Haydn: Mad Scientist**" with guest conductor Dirk Meyer at 7 p.m. on Sunday, Oct. 21, at St. Luke's Lutheran Church, located at

2021 W. State Road 426 in Oviedo. Admission is free. Visit stlukes-oviedo.org/concert-series or call 407-365-3408.

OCT. 22

Winter Springs City Commission meetings take place at 5:15 p.m. on the second and fourth Monday of each month (Oct. 22) in the Winter Springs City Hall Commission Chambers. Visit winterspringsfl.org to view the agenda or listen to the meeting online.

OCT. 23

A public hearing regarding plans to improve access management at the intersection of **State Road 434 and Alexandria Boulevard** will go from 5:30 to 7:30 p.m. on Tuesday, Oct. 23, at the Canterbury Retreat and Conference Center, 1601 Alafaya Trail in Oviedo. Contact 407-971-8850 or ddangel@inwoodinc.com

OCT. 26

From 6 to 9 p.m. on the fourth Friday of each month, downtown Sanford hosts the **Sanford Art Walk**, a gallery tour around town.

Send submissions to jandreasson@turnstilemediagroup.com

2nd Annual Free to Breathe® 5K Run/Walk and 1 Mile Walk

WHEN: Saturday, Nov. 10
7 a.m. – Event-day registration opens
8:15 a.m. – Welcome comments
8:30 a.m. – 8:35 a.m. – run/walks begin

WHERE: Moss Park
12901 Moss Park Road
Orlando, FL 32832

WHAT: Register today for the second annual Free to Breathe® Orlando 5K Run/Walk and 1 Mile Walk, a fun event for the entire family that brings the community together to inspire hope and create change for everyone impacted by lung cancer.

All proceeds help support the Florida Lung Cancer Partnership's vital research, education and awareness programs. For more information or to register, donate, sponsor or volunteer, please visit www.FreeToBreathe.org.

The Sign Man

160 East Broadway
PO Box 622143
Oviedo, FL 32765

Phone: (407) 365-3722
Fax: (407) 365-7786
www.signman.net

Computerized Laser & Rotary Engraving • Picture ID Name Badges
Vinyl Lettered Banners & Signs • Self-Inking Rubber Stamps
Magnetic Signs • Plaques & Awards • Large Format Printing

Phone: (407) 365-3722 • Fax: (407) 365-7786
(Located at the base of the Nelson & Co. water tower)

Savannah Court and Cottage of Oviedo

Located on a beautiful campus setting, our two Savannah Court communities provide full assisted living services while Savannah Cottage offers a secured residence for those with memory loss.

- Restaurant Style Dining Experience
- Vibrant and Extensive Activities Program
- 24/7 Well Trained and Caring Associates
- Laundry, Housekeeping and Linen Services
- Individualized Services and Care

You are always welcome at Savannah Court and Cottage of Oviedo

Call us today, stop by for a visit, join us for lunch, or all of the above!

Where hospitality is truly a way of life!

395 Alafaya Woods Blvd., Oviedo, FL 32765
407-977-8786
ALF License No. 9235, 9308, 9307

SAVANNAH COURT
ASSISTED LIVING RESIDENCE

SAVANNAH COTTAGE
MEMORY CARE RESIDENCE

www.savannahcourtoviedo.com Signature property of

marketplace at altamonte

130 E Altamonte Drive ♦ Altamonte Springs

NOW OPEN

buybuy BABY

Christmas Tree Shops

JOINING NATIONAL TENANTS

Thomasville GOLD'S GYM ROSS DRESS FOR LESS Picture Show Cinemas

Burlington coat factory COMPUSA THE COMPUTER SUPERSTORE DAVID'S BRIDAL

FOR LEASING INFORMATION, PLEASE CONTACT
Stiles Realty | 954.627.9300 | www.stiles.com

STILES REALTY
Licensed Real Estate Broker

ATHLETICS



THIS WEEK in sports history

Oct. 20, 1968 —

Twenty-one-year-old Oregonian Dick Fosbury wins gold medal and sets an Olympic record when he high-jumps 7 feet, 4 1/4 inches at the Mexico City Games. It was the international debut of the "Fosbury Flop" jumping style which, according to one journalist, "looked like a guy falling off the back of a truck."

UCF battles conference

ISAAC BABCOCK
The Voice

The Knights made a much-needed statement in their first conference game of the season, blasting East Carolina 40-20 on Oct. 4. Now they look toward a final game of a four-game home-stand against Southern Miss on Saturday, Oct. 13, before heading to Memphis (1-4) and Marshall (2-4) on Oct. 20 and 27.

The showdown with Southern Miss could be a nice rest for the Knights (3-2) after playing two games in six days in the last week and a half. The Golden Eagles are 0-5 on the season and already have a Conference USA loss under their belts.

But that record could be deceptive, as the Eagles have taken on some tougher-than-average

opponents early on in the season. They started against perennial NCAA Top 25 contender Nebraska, which ended in a 49-20 blowout. They've since gone on to lose to Louisville and Boise State.

Thankfully UCF is coming off a convincing win over East Carolina that looked in doubt early on. But redshirt sophomore quarterback Blake Bortles led the Knights to the comeback win.

"I saw today what I wish I saw last week," head coach George O'Leary said on Oct. 4. "It was a good effort and a good conference win."

Though the Knights had little trouble keeping pace with the Pirates after a scary first quarter in which they went down 14-0, they had trouble breaking away until after the second half began.

Enter Quincy McDuffie, who on two occasions gave the Knights the offensive spark to rally to catch the Pirates, and then to pull away from them.

"It was [Bortles'] spark and



PHOTO BY ISAAC BABCOCK — THE VOICE
The Knights trounced ECU on Oct. 4 to open conference play.

the team," McDuffie said of the Knights' sudden momentum shift. "Everybody did a great job."

In the meantime, kicker Shawn Moffitt drilled four field goals as the Knights improvised on the Pirates' side of the field to continue to ratchet up the score.

The Knights will have a few days rest before taking on the Southern Miss Golden Eagles. That game kicks off at 8 p.m. Saturday, Oct. 13, in the Bright House.

Huskies snag win over University

ISAAC BABCOCK
The Voice

The Hagerty Huskies (1-4) finally have their first win of the season after a 23-3 comeback blowout over University (3-2) on Oct. 5.

The win was a long time in coming for the Huskies, who had faced a four-game losing streak to start the season. After falling behind by a field goal early, the Huskies leveraged a run-heavy offense to tie the Cougars heading into the half.

In the third quarter, quarterback Jason Driskel snuck into the end zone to open up a lead that the Huskies wouldn't relinquish. They continued to pile on with three rushing touchdowns to put the game away.

On Friday, Oct. 12, they host Lake Minneola (2-3), which has been on the winning and losing sides of three blowouts in three weeks. That game kicks off at 7:30

p.m. On Oct. 19, they travel to Lake Brantley.

Oviedo

The Lions (4-1) had a two-week break after handily defeating Hagerty to end September. Now they face an East River (2-3) team that is fresh off a 31-3 loss to Timber Creek. They'll play the hosts, kicking off at 7:30 p.m. Friday, Oct. 12. On Oct. 18 they'll head to Edgewater to face a struggling Eagles team.

Winter Springs

The Bears (1-4) can't seem to catch a break as a four-game losing streak was extended with a 23-12 loss to Edgewater on Oct. 5.

They'll be looking for a turnaround against Timber Creek (5-1), who demolished East River on Oct. 5. The game kicks off at 7:30 p.m. Oct. 12. After that they'll travel to Oak Ridge for an Oct. 19 showdown.

The Knights kickoff against the Southern Miss Golden Eagles at 8 p.m. Saturday, Oct. 13, at Bright House Networks Stadium. Visit ucfathletics.com to buy tickets.

Nominate Your Favorite Community Leader to Serve on the 2013 Krewe of Leaders Royal Court

www.KreweOfLeaders.com
for nomination forms, event dates & more!

NOMINATION & DEADLINE

Krewe of Leaders Laura Leigh Wood & Amir LaDan

5TH ANNUAL WINTER SPRINGS FESTIVAL OF THE ARTS

ARTS

OCTOBER 20 & 21

THE WINTER SPRINGS TOWN CENTER
ART-WINE-JAZZ

"LONDON STREET" - CHARLES GATEWOOD

10AM - 5PM FREE ADMISSION

PRESENTED BY:

PRODUCED BY:

www.WSFOTA.ORG 407-278-4871

VOICES



THIS WEEK in political history

Oct. 14, 1944 —

German Gen. Erwin Rommel, "the Desert Fox," is given the option of facing a public trial for treason, as a co-conspirator in the plot to assassinate Adolf Hitler, or taking cyanide. He chose the latter. The German government gave Rommel a state funeral. His death was attributed to war wounds.

EMPLOYMENT

Ask
Sandi



Be the next big thing

As I listen to all of the political rhetoric about job creation, I have to wonder if the politicians are actually listening to themselves. I can hear your fingers start to type letters to me now. But seriously, government may give incentives, adjust regulation, and add their own jobs, but are they really creating any?

We have seen some booms in the past when big things happened, such as Y2K when everyone was scared into replacing their computers and upgrading, and in 2003 when credit became easily available to pretty much anyone regardless of credit rating to buy houses and cars and take out equity loans, which drove expansion of the construction, housing, real estate and retail markets.

Tourism is good and there are jobs being created in hospitality and the theme parks, but they tend to be lower-paying. We have seen some comeback in the retail market, but not as much as we'd like.

When jobs have been lost at the rate we lost them during the recession, it takes the next big thing to bring the economy back. Other than the iPhone 5 (manufactured in China), there really is nothing "new."

So, I don't want to be depressing, and I do think things are getting better. I just get concerned when we are promised "pie-in-the-sky" answers to difficult problems.

The best way to get a job is to keep being diligent in your search. Network, take classes, meet new people and don't give up. It might get frustrating at times, but you have to keep going. If you need a shoulder to cry on, our team at Christian HELP is here to help.

TALK TO SANDI

Sandi Vidal is the executive director for Christian HELP and the Central Florida Employment Council, with more than 10 years of recruiting and human resources experience. Please send questions about employment by fax 407-260-2949, sandi@christianhelp.org, or mail Ask Sandi C/O Christian HELP, 450 Seminola Blvd., Casselberry, FL 32707.



WINTER SPRINGS CITY TALK

Mayor Charles Lacey



As everyone is preparing for holidays, so is the city of Winter Springs. Thanksgiving, Christmas, Hanukkah and the New Year are just around the corner, but first up in October are two major events for which we invite you to join us.

Hometown Harvest

On Saturday, Oct. 13, the Town Center hosts the annual Hometown Harvest starting at 5 p.m. Come and enjoy free hayrides, pumpkin painting and other iconic fall activities.

Winter Springs Festival of the Arts

The following weekend, Oct. 20-21, is the fifth annual Winter Springs Festival of the Arts. Once again, it's free admission to browse the works of more than 100 nationally recognized artists. The artists are presenting from 10 a.m. to 5 p.m. each day.

Adjusted meeting schedule

Normally, the City Commission meets twice monthly, the second and fourth Mondays. But, please note that for November, there will be one meeting on Nov. 19; for December, the one meeting will be on Dec. 10. As always, the start time is 5:15 p.m. Also, in action taken recently, the Commission has set its adjournment time at 8:30 p.m. For pressing business, this can be extended, but the policy of the Commission is to do this only in rare instances. This rule is to prevent important business from being considered when it is difficult for the public to be present.

Seat 3 contested

Remember that Winter Springs commissioner seats are also on the ballot Nov. 6. Commissioners Joanne Krebs and Jean Hovey were re-elected to new four-year terms without opposition. Seat 3 is contested and will appear on the ballot. Please become knowledgeable about the candidates and vote! There is a Seat 3 candidate forum from 7 p.m. to 8:30 p.m. Wednesday, Oct. 24, at 1511 E. State Road 434, Suite 2001, in Winter Springs.

On the other hand, if you don't take the time to become familiar with the candidates, my personal request is that you

refrain from casting a random vote. All three winners will be inaugurated prior to the Nov. 19 meeting, at 4:30 p.m.

City business

Winter Springs City Commission approved the following ordinances, resolutions, contracts and agreements in August:

- Ordinance 2012-10 – Approved and adopted upon second reading, providing operational regulations for pain management clinics
- Resolution 2012-27 – Amended the Commission's Rules and Procedures.
- Mayor Lacey read for the record a proclamation calling the Winter Springs Municipal Election of 2012.

Get connected

Winter Springs GoLocal is a free service helping Winter Springs business owners and Winter Springs residents connect. If you are a Winter Springs business owner and hold a valid business tax receipt with the city, go to www.winterspringsfl.org and click on GoLocal to add your business listing. For additional information, please call Michelle Kelly at 407-327-1800,

option 1 or email mkelly@winterspringsfl.org

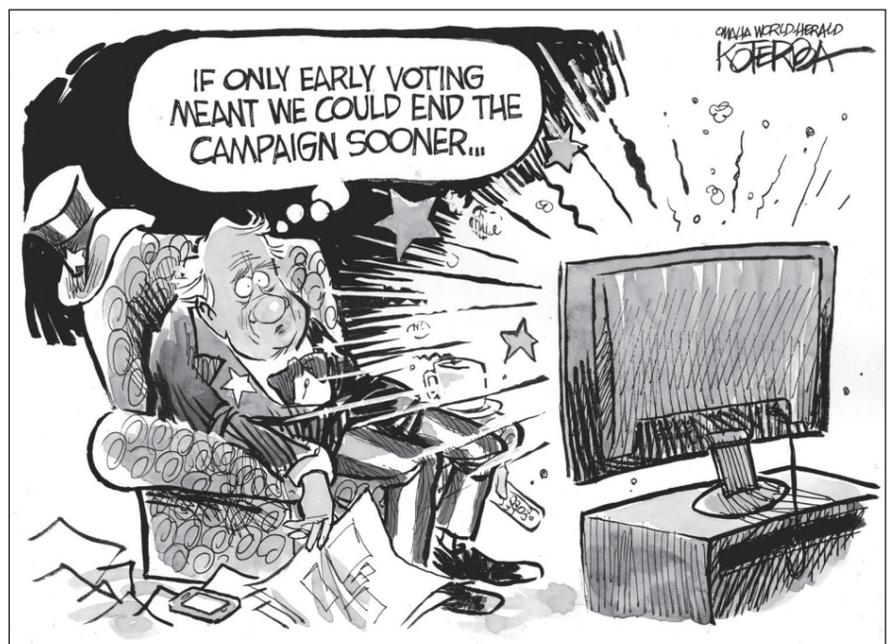
Senior Center

Are you 55 or older and looking for a place to meet new people and have a great time? If so, then head over to the Winter Springs Senior Center at 400 N. Edgemon Ave. There are many different activities available to keep you moving, like line dancing and jazzercise. We also have other activities that will bring out the artist in you, such as ceramics, scrapbooking and art meetings. Other activities offered are computer classes, bingo, yoga, and tai chi. Every Wednesday, a lunch is served for \$5 per person. For more information about the Winter Springs Senior Center, please contact Susie Coffman or Laura Domenech at 407-327-6554.

Therapy Pool

If you are 55 or older and looking for a place to exercise and have fun, then come and take a tour of the Winter Springs Therapy Pool. It is an award-winning facility that offers exercise classes in 94-degree water. The Therapy Pool is located at 400 N. Edgemon Ave., right behind the Senior Center. There are different intensity classes that are offered each day. Some classes are low intensity such as Basic Arthritis and can go up to the highest intensity of Aerobics H2O. For more information about becoming a member and registering for classes, please call Dell Walker at 407-327-6577.

Visit WinterSpringsFL.org for more information. Write to Mayor Lacey at CLacey@WinterSpringsFL.org



Here's what kids at the Oviedo Farmers Market said about gardens they've seen.

Young Voices



In summer we grew a garden at our home. We tried to grow tomato plants, and we grew a garden with zucchini, parsley and kale. We might also have grown some spinach.
—Charlotte S.
6 years old



I saw a garden at my grandpa's house. He grew lettuce, radishes, collards and spring onions. You have to water it every day and give it everything it needs. We planted tomato seeds at school.
—Allison H.
9 years old



I have seen a flower garden and I saw butterflies and ladybugs too. A vegetable garden might have carrots and a farmer might take care of it. Daisies are my favorite flower and I like peaches too.
—Madisen T.
4 years old



I saw a garden with flowers, and lizards visit the garden too. Purple pansies are my favorite flower because purple is my favorite color. A garden needs dirt, seeds, water and sunlight to grow.
—Mary F.
4 years old



We tried to grow a butterfly garden behind our house. It was harder than we thought. We did see five to 10 chrysalises in our first garden. My brother's elementary school grew a big butterfly garden.
—Kate M.
11 years old

We would love to hear from your Young Voices!

Call 407-563-7026 or e-mail jandreasson@turnstilemediagroup.com to have The Voice visit your class or group.

Between the CELERY Stalks

By Janet Foley

Fall into the spirit

I'm seeing now that fall is here; can you feel the change? Being and working at the Harvest Jamboree and the Farmer's Market this past weekend, it was anything but cool for fall weather. I did meet some great friends who had been north for the past several weeks and reported to me that temps in Tennessee, Alabama and way up north, Vermont and New Hampshire areas, were in the high 30s and mid-40s. I cannot begin to imagine that right now, as we are still in the high 80s.

OCT. 14: Food Truck Crazy

Coming up this Sunday, Oct. 14, as many as 20 local gourmet food trucks will gather in the northwest parking lot to serve up fresh family dinners — rain or shine — at the Oviedo Mall.

OCT. 15: Cemetery Tour

Come learn some Oviedo history from the early citizens of our town by coming to the Oviedo Cemetery, West Broadway Street across from Oviedo High School, from 6:30 to 7:30 p.m. on Monday evening, Oct. 15. Tales of the civic war, suicide, celery, snakes and other scenarios will be discussed during The Oviedo Preservation Project's seventh annual cemetery tour. The tour will be led by actors in costume who will come to life to tell about past Oviedo residents and what Oviedo was like when they were alive. The event is free, though a \$2 donation would be accepted. Need a bit more information? Please call 407-365-1433.

OCT. 16: Historical meeting

The Oviedo Historical Society will hold its next general meeting Tuesday, Oct. 16, at 7 p.m. at the Memorial Building, 38 Central Ave. in downtown Oviedo. There will be a brief business meeting followed by our guest speaker for the evening, Rosalind Beiler, UCF director of public history. Ms. Beiler will have a PowerPoint show on the history of the Sanford Museum. Light refreshments will be served and the public is invited.

OCT. 18: Newcomers luncheon

Newcomers of Central Florida will welcome Heather Alexander, co-founder and executive director of the Winter Park Playhouse. Tickets are priced at \$23. Advanced reservations are required. For more information please call 407-366-9084 or visit the web site www.newcomerscfl.org

OCT. 18: Pig-kissing at festival

Upcoming Keeth Elementary School Fall Festival and Basket Night will be held Thursday, Oct. 18, from 5 p.m. to 8 p.m. This festival is a hit with old fashioned family community fun. The inaugural event not to be missed: One lucky teacher will get to kiss a pig. The students are donating 50 cents a piece to write in the name of the teacher they want to see kiss the pig and the teacher with the most votes wins. For more information, please call Kathy at 479-936-1233.

OCT. 20-21: Festival of the Arts

The 5th Annual Winter Springs Festival of the Arts will be held from 10 a.m. to 5 p.m. Saturday and Sunday, Oct. 20 and 21, at the Winter Springs Town Center. Del Seaman, owner of the Artistic Hand, wants all to know that he is very proud to have three of his 10 emerging artists in the festival this year. They are Connie Jones, Linda Lake and Kristine Hayward.

OCT. 21: 'Mad Scientist' concert

St. Luke's Concert Series continues 7 p.m. Sunday, Oct. 21, at St. Luke's Lutheran Church, 2021 W. State Road 426, Oviedo. The Orlando Philharmonic Orchestra will present "Haydn: Mad Scientist," featuring excerpts from the composer's greatest symphonies.

A thought

"Ability is what you're capable of doing. Motivation determines what you do. Attitude determines how well you do it." — Lou Holtz

TALK TO JANET

Send word to Janet Foley about events and let her know what's going on around town by e-mailing jwfoley@att.net



STETSON'S CORNER

By Karen McEnany-Phillips

Reach out – save a life

"There's not enough rain in Oklahoma to wash the sins out of that house." — Lyrics from "Blown Away" by Carrie Underwood

It was an average Tuesday, and she was looking forward to having lunch with her coworker Maddie. Nothing pricey — just a quick salad or sub at a nearby eatery. Over the past few weeks, Maddie seemed quieter than usual and water cooler talk indicated that things were worsening at home.

The two women would never return to their desks after lunch that day. Witnesses reported that Maddie's husband confronted the two women in their office parking lot then fatally shot them before taking his own life. Maddie's sister said the restraining order had not kept him from stalking her sister, physically as well as online.

Statistics from the National Coalition Against Domestic Violence (NCAD) confirm that abuse incidents continue to climb. One in four women will experience domestic violence in her lifetime. More than one million women are physically assaulted by an intimate partner every year. Females 20-24 years of age are at greatest risk, and most incidents go unreported. Men and the elderly population represent silent but growing segments of victims.

Three women in the United States are murdered by their husband or boyfriend every day, according to www.domesticviolencestatistics.org. Every nine seconds, a woman in the United States is beaten or assaulted. Domestic violence is the leading cause of injury to women — more than muggings, rapes and car accidents combined. The international statistics are even more staggering — at least one in three women have been beaten, coerced into sex or abused in their lifetime, mainly from a member of her own family.

October is Domestic Violence Awareness Month, and we grow increasingly aware that an abuser's reach can extend to his victim's workplace, as evidenced by a recent tragic incident here in Central Florida. Not only were 28 year-old Carlene Pierre and her co-worker Vanessa Gonzalez-Orellanes gunned down at the hotel where they were employed, the assailant tracked down and wounded her best friend as well. Employers are realizing that this once private matter is no longer just a whispered conversation between a victim and her closest confidant. The cost is enormous in both human and financial capital — an estimated \$6 billion in lost productivity

and medical expenses.

Close by and ever vigilant is Seminole County's shelter and resource center for victims of domestic violence. Advocacy, intervention, education and planning are critical steps that move a victim and family from the depths of a trapped existence into freedom and empowerment. It takes courage to ask for help when you are terrified. The overwhelming number of ways someone may be victimized: physically, emotionally, sexually, mentally, legally and financially. Those can only be overcome by an all-inclusive team with resources — this is SafeHouse of Seminole. Every day, they deal with the complex aspects of domestic violence and are tireless in their efforts, walking with victims every step of the way.

There are many ways to help victims of domestic violence through volunteering, donations, education and attentiveness to the warning signs. Pointing someone toward resources like a 24/7 hotline, to professionals who can help with safe Internet use and to implement an escape plan are priceless and proactive ways to reach out.

Resources:

Florida Coalition Against Domestic Violence (FCADV) – www.fcadv.org
Stop the Violence – www.stoptheviolence.org
SafeHouse of Seminole – www.safe-houseofseminole.org

Preparedness Expo in Geneva

Don't miss the first ever Geneva Preparedness Expo on Saturday, Oct. 20, from 10 a.m. to 4 p.m. Whether you lose power due to a storm, need emergency supplies during a hurricane or some other event disrupts your daily routine, it's good to have a plan. Come watch demonstrations and see products that cover all aspects of preparation, such as safety, food, transportation, power, firearms and more.

TALK TO KAREN

Please share your thoughts about Geneva at 407-221-7002, kphillips@turnstilemediagroup.com with "Stetson's Corner" in the subject line, or fax 407-349-2800. Thanks!

This column is dedicated to Deputy Sheriff Gene "Stetson" Gregory, killed in the line of duty on July 8, 1998. Geneva will never be the same because of Deputy Gregory — it will be better.

The scientific method to picking perfect seeds

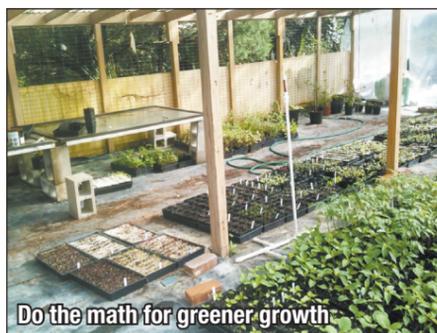
"There is method to the madness!" screamed the mad doctor from the depths of his movie set laboratory. Unfamiliar with the scientific method, bona fide facilities and sanctioned investigation, a



Tom Carey
From my garden to yours

fictional character on a theater screen is about as close as many of us come to real research. With risks and rewards reaching astronomical levels, the competition to discover the next new thing is racing at break-neck speed in labs all over the world. Keeping track of who invented what, who was on the wrong track, or just who collects the next Nobel Prize is a chore worthy of its own doctoral grant. Luckily, the "scientific method" pares down the chaos into an organized pattern.

The steps of real science follow a simple



prototype: contemplate the problem, create a hypothesis, plan the research, conduct the repeatable experiments, finalize the results and share the conclusions as a published theory. Peer review in the sanctioned journals then accumulates the results for the ultimate consideration and comment.

With so many variables descending on our gardens, picking a problem to ponder

will require some prioritizing. With the start of the gardening year upon us, I have retrieved the last several year's accumulation of seed packets after a long, hot summer in storage (from a Tupperware in a dark corner of my office). Noting the lack of germination from some lots of seeds, I need to decide whether to invest time to try sprouting them again or spend money to buy more expensive raw materials. Setting up several experiments using various locations, soil mediums and moisture applications, I will attempt to ascertain the viability of my seeds, the qualities of my soil mixes and the fundamental methods I use in my germination stations.

None of my three varieties of cilantro seeds sprouted in early September's first wave of planting. This past week, using several soil mixes, setting containers in locations between the house, garden and greenhouse, and watering to conditions between drought and flood, two of the

three cilantro varieties germinated. Questions still remain about the attributes of the different varieties of cilantro, the later date of the experiment versus the initial problem, and the original control group, but they will have to wait until next year.

We are now well on the way to a crop of an essential ingredient to our favorite salsa recipe. Usually veiled beyond our harried lives, understanding the processes of the scientific method to answer a quandary in the field connects us to the world of science. Maybe the next Nobel Prize will go to a gardener!

WHO IS CAREY

Tom Carey is the owner of Sundew Gardens, a you-pick gardening business in Oviedo. Visit the Sundew Gardens Facebook page and e-mail him at sundewgardens@gmail.com

TheMarketplace

EDUCATION

MEDICAL BILLING TRAINING!
Train for Medical Billing Careers at SC-Train.edu No Experience Needed! Job placement assistance after training! HS/GED/PC Needed. 888-872-4677

NURSING CAREERS begin here
GET TRAINED IN MONTHS, NOT YEARS. FINANCIAL AID IF QUALIFIED. HOUSING AVAILABLE. JOB PLACEMENT ASSISTANCE. CALL CENTURA INSTITUTE. Call 877-206-6559.

MEDICAL CAREERS begin here
Train ONLINE for Allied Health and Medical Management. Job placement assistance. Computer available. Financial Aid if qualified. SCHEV certified. Call 888-203-3179. www.CenturaOnline.com

ANNOUNCEMENTS

Turn your art into cash!
FREE ART APPRAISALS FOR POSSIBLE CONSIGNMENT *Oct 13 & 14. Noon-10pm at Baterbys Art Gallery. 9101 International Drive, Ste1008, Orlando, FL 32819. Call 1-866-537-1013 or visit www.Baterbys.com for more information. *Verbal appraisals & consignments taken based on consideration.

PROFESSIONAL SERVICE

AIRLINE CAREERS
Become an Aviation Maintenance Tech. FAA approved program. Financial aid if qualified - Housing available. Job placement assistance. CALL Aviation Institute of Maintenance. 866-314-3769

Cleanerella Maid Services
WE CLEAN FOR YOU!!! Commercial and Residential servicing. Catherine Adam, 321-356-8160, cadam1959@yahoo.com

FINANCIAL SERVICES

CASH NOW!! RECEIVING PAYMENTS
from Mortgage Notes, Structured Settlements, Contest annuity or Cell Tower Lease? SELL PAYMENTS NOW! NYAC 800-338-5815

GARAGE SALES

Community Garage Sale
Palm Valley Clubhouse, Oviedo, off Alafaya Trail near UCF, inside, Fri Oct.12, 8:00 to 3:00; Oct 13, 8:00 to 2:00. Lois Kling, 321-246-2559, kling16@hotmail.com

HELP WANTED

Drivers 100% Owner Operator Co.
Pay increase/Home weekly, Regional & Dedicated, Class A CDL 1 yr exp in last 3. Call 800-695-9643. www.driveforwatkons.com

Driver Trainees Needed Now!
Become a driver for Werner Enterprises. Earn \$800 per week! Local CDL Training. 877-214-3624

Freight Up = More \$
Need CDL Class A Driving Exp. 877-258-8782. www.drive4meltton.com

AIRLINES ARE HIRING
Train for hands on Aviation Maintenance Career. FAA approved program. Financial aid if qualified - Housing available. Call Aviation Institute of Maintenance. 866-314-3769

Drivers/Flatbed Class-A.
GET HOME WEEKENDS! Up to \$.39/mi. Late model equipment & Big Miles! 1Yr OTR Flatbed experience required. Sunbelt Transport, LLC. 800-572-5489 ext 227

Typist/Proof Reader
Publisher is seeking an organized, detail oriented Typist/Proof Reader for a full time position. Must type at least 60 WPM accurately, proof read material and make corrections, cut out newspaper advertisements and paste them to affidavits. Ideal candidate will have strong computer software/hardware skills. Experience with the following is preferred: Quark, InDesign, FileMaker, Macs. Legal background a plus. For immediate consideration, please email your resume to: employment@flalegals.com. Location: Orlando (near Universal Studios). Compensation: Competitive hourly wage, will discuss at interview. Please, no phone calls about this job (emails only). Do not contact job poster about other services, products or commercial interests.

MISCELLANEOUS

Hagerty HS Fall Fundraising Fair
Hagerty HS TV Production Class is seeking artisans, crafters and vendors for first indoor Fall Fundraising Fair being held Saturday, November 3. If you would like to participate, registration deadline is October 26. Contact Mary Pat Vasquez, 321-527-9812, marypat6442@bellsouth.net

SURROGATE MOMS NEEDED!
Most generous compensation and benefits programs offered anywhere, starting at \$25,000. Healthy, non-smoking, 21-39, prior birth without complications, no criminal background. Confidential, compassionate services. Reasonable expenses will be paid OpenArmsConsultants.com

MERCHANDISE

CHERRY BEDROOM SET.
Solid Wood, never used, brand new in factory boxes. Original cost \$4,500. Sell for \$795. Can deliver. Call Tom (407)574-3067.

LEATHER LIVING ROOM SET.
In original plastic, never used. Orig price \$3,000, Sacrifice \$975. Can deliver. Call Bill (813)298-0221.

YARD SALES

Twin Oaks Community Yard Sale
15+ Homes, Saturday, Oct 20 8am-until...in Oviedo off 434 & East Artesia. More info at Craigslist.org/gms/3321334009

It's free to place estate sales, garage sales and yard sales on this page! Visit **SeminoleVoice.com** and click "Create Your Classified"

King Crossword

ACROSS

- 1 Cleo's slayer
- 4 Not many
- 8 Manufactured
- 12 Debtor's letters
- 13 Continental coin
- 14 Teen's skin woe
- 15 Tyrannize
- 17 "Let's Make a -"
- 18 Tooth coating
- 19 Spectra automaker
- 21 Faux -
- 22 Part of A.D.
- 26 Seethes
- 29 Prohibit
- 30 Moines lead-in
- 31 Bohemian
- 32 Festive
- 33 Dog bane
- 34 Born
- 35 Understood
- 36 Toboggans
- 37 "Blueberry Hill" singer
- 39 Whatever number
- 40 Pie ingredient?
- 41 Praying bug
- 45 "- and Circumstance"
- 48 "The Two Mrs. Grenvilles" author Dunne

1	2	3	4	5	6	7	8	9	10	11	
12			13					14			
15			16					17			
18						19	20				
			21			22			23	24	25
26	27	28			29				30		
31					32			33			
34				35			36				
37			38			39					
			40			41			42	43	44
45	46	47			48	49					
50					51				52		
53					54				55		

- 50 Actress Falco
- 51 Kazakhstan's - Sea
- 52 Mainlander's memento
- 53 Healthy
- 54 Longings
- 55 Recipe meas.
- 8 Sir's counterpart
- 9 Expert
- 10 "CSI" evidence
- 11 Lamprey, for one
- 16 Suggest
- 20 Charged bit
- 23 Between jobs
- 24 Gotta have
- 25 "Handsome - ..."
- 26 Musical combo
- 27 Sandwich cookie
- 28 Particular
- 29 Cudgel
- 32 Farewell
- 33 Swash-buckling movie star
- 35 Wildebeest
- 36 Escargots
- 38 Urge on
- 39 Jordan's capital
- 42 Pinball no-no
- 43 Clinches
- 44 Omit
- 45 Church seating
- 46 Idolater's writing
- 47 Wire measure
- 49 Galena, for one

DOWN

- 1 Helper
- 2 Any minute now
- 3 Cougar
- 4 Son of Aphrodite
- 5 Gas, oil, et al.
- 6 Before
- 7 9-to-5

© 2012 King Features Synd., Inc.

King Crossword
Answers
Solution time: 27 mins.

AM AIRLINES ARE HIRING
AVIATION INSTITUTE OF MAINTENANCE

Train for hands on Aviation Career. FAA approved program. Financial aid if qualified - Housing available. CALL Aviation Institute of Maintenance **866-314-3769**

ATTENTION DRIVERS!!!
Now Offering a \$10,000 Sign on Bonus!!!
.46 to .60 cents per mile. No Tarping. Flatbed Positions Available. Southeast and Midwest. Major Medical. Dental. Vision. Short Term. Assigned Equipment.
For more information call Frank Today @ 800-745-7290 or 321-396-3000.
You May Also Apply On-line @ www.loudoncountytrucking.com.
Walk/Ins Welcome!!
5101 Wesley Road. Apopka, FL 32798

Get your business noticed
One Call - One Order - One Payment

Almost 4 million readers statewide are waiting to see your advertising message. Don't make them wait any longer. Call us today!
1-866-742-1373

www.AdNetworksFlorida.com

DECISION 2012
Before You Vote

DEBATE
Wed., Oct. 17, 2012
7:00 - 8:00 pm ET
Broadcast live from Nova Southeastern University

THE RACE FOR U.S. SENATE

Florida voters have key decisions to make in the race for U.S. Senate. Read continuing coverage in this newspaper and tune-in to the statewide debates to learn more about the candidates and where they stand on the issues that matter the most to you.
For a list of tv stations carrying the live debates visit BeforeYouVote.org

Debate Partners: Florida Press Association, Leadership Florida 30 Years, Host: Nova Southeastern University

Sponsors: Florida Blue, Credit Unions of Florida, AARP and The Claude Pepper Foundation

HILTON HONORS

IT'S YOUR TIME TO PLAY IN ORLANDO.

The crowds are down. The savings are up. This is the best time to get out and play in Orlando — and Hilton Orlando Bonnet Creek makes your getaway even more rewarding. Located within the gates of **Walt Disney World® Resort**, the resort features spacious guest rooms, 12 unique restaurants and lounges, a Rees Jones-designed championship golf course, world-class spa, award winning pool with lazy river, plus complimentary transportation to all the Disney theme parks. And all with no resort fee!

STAY HILTON. GO EVERYWHERE.

Bonnet Creek Fall Retreat
From \$179 per night
Includes a \$50 daily Resort Credit and daily self-parking

For reservations call **888-208-7440**. Ask for promotion code **BCFT**. Visit HiltonBonnetCreek.com/fall

Hilton
ORLANDO BONNET CREEK

©2012 Hilton Worldwide. Based on availability. Rates vary by date, and do not include taxes, gratuities or other incidental charges. Offer valid for stays through November 30, 2012. No Resort Fee. Cannot be combined with any other offer or discount and is not applicable to group or negotiated rates. Minimum length of stay requirements may apply. Resort credit not applicable to retail purchases, and cannot be applied to room rate or tax. Resort credit is not redeemable for cash. No credit will be given for unused resort credits.