# Seminole Voice

www.SeminoleVoice.com | Dec. 2 - Dec. 15, 2011 | Free!

**Homes aglow > 6**
Winter Springs residences are part of the Tour of Homes

**Holiday events > 7**
Oviedo, Winter Springs host tree lightings on Saturday.

**Shockers > 14**
Knights win on gridiron, beat No. 4 UConn on court


# Deal close in workforce housing suit

**MICHELLE Y. ERTEL**
The Voice

Following the Nov. 14 meeting of the Winter Springs City Commission, Atlantic Housing Partners and the city of Winter Springs may be close to settling a lawsuit that would allow a workforce housing development to be built within the city limits.

During the meeting, the Commission voted to move forward with a settlement agreement that would allow Atlantic Housing Partners to build a development in a different part of the city than they first wanted.

Last year, the city denied Atlantic Housing's request to build similar housing on State Road 434 east of the existing Mobile Station because it was in not in compliance with the city's comprehensive plan. Specifically, the developer wanted to build a project that would have underutilized the property from an economic point of view and would have impacted the city's economy, according to city officials. Atlantic Housing didn't agree and sued the city in both federal and state court to be able to build.

Now, officials are mum about the finer details of the agreement

■ Please see **LAWSUIT** on page 2

# Healing the blind

## Doctor gives gift of sight, free of charge

**MEISHA PERRIN**
The Voice

Throughout his life, Todd Markham had his share of bad luck.

At 14 months old, he was stricken with polio in his legs, arms and back. Around age 6, he regained use of everything except his left leg, which was always in a brace. He broke his leg twice and spent two years unable to walk, and in August 2009, he was diagnosed with cataracts in both eyes and went blind.

"The hardest thing for me was losing my eyesight," he said. "Because then you just can't do anything for yourself — you really become a burden."

Around this time last year, the 62-year-old got back his "gift of sight," paying nothing more than time to Dr. David Auerbach of Eye Physicians of Central Florida, for surgery that is usually more than $5,000.

"Of all the things I've been through, being able to see again was just, profound," Markham said. "It's just like experiencing a miracle — that's what it feels like."

PHOTO BY **ISAAC BABCOCK** — THE VOICE
**Dr. David Auerbach** checks a cataract on Sanford resident Norma Smith, who received free eye surgery last month.

Markham is just one of the patients impacted by the free cataract surgery offered by Auerbach at the Maitland clinic through the Gift of Sight program that he started three years ago.

"It was just so beautiful to be able to see the limbs on the trees, and the leaves and you know, everything. I could see the individual blades of the grass," he said. "It's something that you really take advantage of every day when you're out and about."

The program was started for patients like Markham who have cataracts, the No. 1 cause of reversible blindness in the world, and cannot afford the surgery.

"It's heartbreaking to see people come in on a daily basis with no insurance who need care," Auerbach said. "So this is how I choose to give back."

Seeing what was going on

■ Please see **EYES** on page 3

# Road improvements headed for downtown

**ISAAC BABCOCK**
The Voice

Oviedo residents will get a chance to voice their opinions on a series of road and sidewalk improvements near the city's downtown at a meeting on Tuesday, Dec. 6.

That meeting will feature presentations from Florida Department of Transportation officials who will give details on current plans to make roads safer for drivers and pedestrians along state roads 434, 419 and 426 as they pass through the city's old downtown.

"It improves pedestrian safety," Florida Department of Transportation spokesman Steve Olson said. "Sometimes you have sidewalks on one side of the road and not the other, or they don't go all the way through. The aim of this is to button that up as far as side-

■ Please see **ROADS** on page 3

ARCHIVE PHOTO BY **ISAAC BABCOCK** — THE VOICE
**State Road 426** and nearby state roads will get sidewalks to improve safety.

USPS 008-093
Publisher statement on page 2.

**What's goin' on?**

**Oviedo hosts a meet and greet with new City Manager Kathryn Breazeale from 5 p.m.-6:15 p.m. Monday, Dec. 5, at City Hall.**

**Calendar > 8**

## INDEX


Celery Stalks ..... 5
Stetson's Corner ..... 5
Interests ..... 6
Calendar ..... 8
Athletics ..... 14
Ask Sandi ..... 15
Young Voices ..... 15
Classifieds ..... 16

# This Week

## THIS WEEK in history

**Dec. 15, 1973 —**

Jean Paul Getty III, the grandson of American billionaire J. Paul Getty, is found alive near Naples, five months after his kidnapping by an Italian gang. Getty had initially refused to pay his 16-year-old grandson's $17 million ransom, but finally agreed after the boy's severed right ear was sent to a newspaper in Rome.

## LAWSUIT | Winter Springs' mayor says proposed project will be 'good contribution to this community'

■ CONTINUED FROM FRONT PAGE

because it is still being litigated. They did, however, confirm that a settlement is within reach.

"The applicant (Atlantic Housing) filed a lawsuit in both state and federal court. We recently attended a court-required mediation and, yes, a possible settlement has been reached," said Kevin Smith, city manager for Winter Springs.

The settlement would end both federal and state court cases.

Though the City Commission approved the settlement, Smith said it isn't over yet. "There are a lot of moving parts of the whole deal that have to materialize," he said.

If the settlement is finalized, it would allow workforce housing to be built near the intersection of State Road 434 and Moss Road behind the Bank of America building. The number of units or the demographics of those who would live there aren't being disclosed.

"We believe this settlement provides support to the original Commission decision to deny the project based on its noncompliance with the city's Comprehensive Plan. Additionally, this settlement provides an economic development opportunity to complete an unfinished project located at a different site," Smith said after Monday's meeting.

Winter Springs Mayor Charles Lacey said the settlement and the proposed housing development will "be a good contribution to this community."

The location for the proposed Atlantic Housing development means an old, partially developed piece of land may finally breathe life.

"We made concessions for them to build a quality piece of property on a corner that has been blighted for many years now," Lacey said. "The developer who tried to build there before already has the trees cleared and the plumbing started, and it had just been lying sallow all these years.

"In this settlement, we were able to entice Atlantic Housing to build there. The aesthetics are an upgrade of what would have been required or what is currently in that area. We get a net gain on a property that nobody seemed to want to develop."

If everything goes through as the two sides would like, it would be a relief for Scott Culp of Atlantic Housing. He thinks this plan would help him recoup the costs incurred when his company couldn't proceed with the project.

> *"Now we have an opportunity to offset some of the costs we had… ."*
> *—developer Scott Culp*

"Now we have an opportunity to offset some of the costs we had because the property is partially developed. The proposal is good for the city and it is good for us," Culp said.

This isn't the first time Atlantic Housing Partners has butted heads with a nearby city. In 2009, it sued Oviedo under the federal and state Fair Housing Acts. The city and Atlantic Housing had a signed agreement to only build owner-occupied townhouses on the corner of the State Road 434 and Chapman Road, but Atlantic Housing changed its mind and sued because it wanted workforce housing. In the end, the developer withdrew its suit when the city compromised to allow them to build fewer units that look like town homes and gate the community.

"In the end, through all the heartache and all the disagreements, I believe the quality of product they ended up building will not have a long-term detrimental effect on our city," Oviedo Mayor Dominic Persampiere said. "It's a shame, though, the tactics that are employed by Atlantic Housing in order to reach compromises that conversations can bring forth."


STOP WORRYING
ABOUT HOW MUCH MONEY
YOU HAVE FOR RETIREMENT.

- Instead of being concerned with the value of your retirement account, you should be more concerned with the income that account provides.
- Income maintains your quality of life so you may live in retirement as you did when you were working. You need to have the income so you can travel, see your grandkids and live whatever retirement dreams you may have.
- If you would like to see how you can MAXIMIZE YOUR INCOME FOR LIFE, call us today. There are options available that most Americans don't know about. Give us one hour to see if we can give you your lifetime.

Let us help you! Call today!
(407)-644-6646
www.aSafeHarbor.com

Member of
ED SLOTT'S MASTER ELITE IRA ADVISOR GROUP™

Bob Adams
President/CEO
A SafeHarbor, LLC
bob@asafeharbor.com



Walk Through Bethlehem
December 2nd and 9th – 6pm-9pm
December 3rd, 4th, 10th and 11th – 5pm-9pm
ADMISSION FREE!
First Baptist Church of Longwood
891 E State Road 434 • Longwood
For more information
facebook.com/walkthrubethlehem
churchstaff@fbclongwood.org
407.339.3817
A live re-creation of the famous City around the time of Christ's birth – presented through guided tours.



Published Friday, Dec. 2, 2011

Seminole Voice

Volume 21 Issue No. 48

Phone 407-563-7000 — SeminoleVoice.com — Fax 407-563-7099

PUBLISHER
**Kyle Taylor,** 407-563-7009
kyle@observernewspapers.com

ASSOCIATE EDITOR
**Isaac Babcock**, 407-563-7023
isaacb@observernewspapers.com

MANAGING EDITOR
**Jenny Andreasson**, 407-563-7026
editor@observernewspapers.com

DESIGNER
**Jonathan Gallagher**, 407-563-7054
jgallagher@observernewspapers.com

ADVERTISING SALES MANAGER
**Tracy Craft**, 407-515-2605
tcraft@observernewspapers.com

CLASSIFIEDS LISTINGS
classifieds@observernewspapers.com

REPORTER
**Karen McEnany-Phillips**
kphillips@observernewspapers.com

SUBSCRIPTIONS/CIRCULATION
**Amanda Rayno**
407-563-7073
arayno@golfweek.com

COPY EDITOR
**Padrick Brewer**

COLUMNISTS
**Janet Foley** of Oviedo
407-365-6859
celerystalks@att.net

**Sandi Vidal** of Casselberry
sandi@christianhelp.org

**Tom Carey** of Oviedo
sundewgardens@gmail.com

ADVERTISING SALES
**Jessica McCord**, 843-870-7650
jmccord@observernewspapers.com

The Seminole Voice is published every other Friday by **Community Media Holdings, LLC.** USPS #008-093 Periodicals postage is paid at Oviedo, Fla.

**POSTMASTER: Send address changes to Seminole Voice, P.O. Box 2426, Winter Park, FL 32790**

# EYES | Sanford woman got cataract as result of freak accident

■ CONTINUED FROM FRONT PAGE

with the economy and how many patients without insurance need the 15-minute surgery, Auerbach created the program to offer 10 free surgeries to patients every November as his Thanksgiving gift.

"I heard of a doctor in Dallas doing this, and I said, 'You know, this is great. This is a really good idea,' " Auerbach said. "And each year to see the expression of how grateful people are really makes this worthwhile."

Cataract surgery is one of the most commonly performed surgical procedures in the United States, as the affliction affects nearly 22 million Americans. In fact, according to the American Academy of Ophthalmology, by age 80 more than half of all Americans have a cataract — and the surgery costs about $5,000 per eye.

## Back on track

For 56-year-old Sanford resident Norma Smith, whose husband recently lost his job as an insurance adjuster, that price is unaffordable.

In March, Smith had a freak accident that sent her to the hospital and, seven months later, left her as one of the millions of Americans in need of a cataract surgery.

She was out fishing on the lake when her 9-year-old grandson's hook, which he had been struggling to release from a lily pad, finally unhitched, swung back and struck her left eye. Smith was diagnosed with a detached retina and had to undergo a re-attachment surgery.

"They told me I would get a cataract," she said. "But I thought it would be several years. I didn't realize I'd get it seven months later."

Since the incident, Smith has been uncomfortable driving long distances and driving at night, and she does not read as much as she used to. Even watching TV is hard, she said, "because half of the screen I can't see, and the other half I can."

## Five helped

Smith, who is the head of family ministries at First United Methodist Church in Sanford, had no idea how her life was going to get back to normal until one day a friend at her church told her about Auerbach's program.

"It's a wonderful program," she said. "The people in the office, they think about it all year long, about who they are going to choose. They are the nicest people there. They really help you in any way they can."

Auerbach performed five surgeries on Tuesday, Nov. 15, to the patients of this year's program.

"I am very fortunate and lucky to be in the position I am in," he said, "and this is what I'm doing to give back to my community."

The surgery has an almost 100 percent success rate and usually patients are able to see within a day of its completion.

"Somebody is guiding his hand … that's all I can tell ya," Markham said. "The guy's got a gentle touch, you know? And I think that's kind of magic in a doctor."

# ROADS | Public meeting held Tuesday

■ CONTINUED FROM FRONT PAGE

walks are concerned."

Oviedo's assistant public works director, Bobby Wyatt, said that the project is separate from the road widening that will double the lanes of State Road 434 going through downtown, requiring the demolition of one of the city's fire stations and the Memorial Building. That project's construction will begin after the one to be discussed Dec. 6, which will commence at the end of 2013 at the earliest.

Mayor Dominic Persampiere said that more expensive road-widening project is still moving forward, though construction has yet to be announced.

"They're going to start the acquisition of the property and right of way in the next few years," Persampiere said. "We don't have a specific timeline for when the project will start."

The more immediate improvements in the area will include a stoplight at the corner of State Road 434 and Franklin Street, to help prevent accidents from cars pulling out from the westbound terminus of Franklin Street. Trees will also be removed at that street to improve visibility at that intersection.

That intersection's safety had already seen improvements once before in the wake of complaints that a house at the south side of Franklin Street was blocking drivers' view through the intersection.

"When you come down Franklin and you're headed west, there was a house there with a lot of trees and bushes which we did remove, so it was difficult to see before," Councilman Steve Henken said. "You can see much better now. And now they'll have a light so that will remove the human error out of it."

A series of sidewalks will also be added in along some roads near downtown, notably an extension of sidewalk heading eastward from Pine Avenue in front of Oviedo High School, where no sidewalks currently exist.

## Road meeting

**The meeting to discuss repaving, safety and sidewalk improvements on state roads 434, 419 and 426 is at the Seminole County Public Library's East Branch at 310 N. Division St., from 5:30-7:30 p.m. Tuesday, Dec. 6, with presentations from FDOT officials at 6 p.m. and 6:45 p.m. View information at www.cflroads.com**

Individual & Family health plans

For an Instant Quote or to apply, visit our website
www.HealthInsuranceIBS.com

HUMANA one · Aetna · CIGNA

IBS
Insurance Benefits Solutions
Offering Insurance for individuals & group employer plans
407-831-5166
1778 Park Ave North, Suite 111, Maitland, FL 32751

Banfield Funeral Home
Winter Springs Chapel
4 lights east of 17/92 on SR 434
Simple Cremation
No Service
$750.00
Banfield Funeral Home Funeral Packages
Traditional Burial
Services plus casket, book, folders, thank you cards, DVD
All Included $2995.00
Full Services with Cremation to follow
Services plus casket, urn, book, folders, thank you cards, DVD
All Included $2995.00
Compare our Prices & Service
407-327-1500
subject to change

# Culture
worthy of your calendar

Josh Garrick

## Tis the season to go nuts!

There are lots of ways to tell (and dance) the Nutcracker story — all around Central Florida. Here's my guide to "going Nuts" this season …

### Orlando Repertory Theatre

The Orlando Repertory Theatre turns the "Nutcracker" into a musical in this kids-fun production for the family. Rockin' songs by family music artist Ralph Covert (of Ralph's World) set the tone as Fritz, a video game-obsessed boy, and a heroic Nutcracker chase down the dastardly Mouse King to save Christmas! Show times are Saturdays at noon and 4 p.m. and Sundays at 2 p.m. and 5:30 p.m. through Sunday, Dec. 18. Call 407-896-7365 or visit orlandorep.com

### Universal Child Care

Celebrating diversity while encouraging the talent of young people, Universal Child Care Performing Arts will present the "Chocolate Nutcracker" with more than 300 young people on stage and in the orchestra. This adaptation of Tchaikovsky's classic will be performed on Friday, Dec. 2, at 10 a.m. (children's version) and Saturday, Dec. 3, at 7 p.m. at the Bob Carr Performing Arts Centre in Orlando. This modern-day version is set in Harlem and incorporates dance styles including jazz, tap, hip-hop and ballet. Call 407-403-5519 or visit ChocolateNutcrackerOrlando.org

### Central Florida Ballet

Central Florida Ballet's always-entertaining "Nutcracker" has been named "one of five outstanding productions in the entire nation" by CNN and "the pyrotechnic Nutcracker" by USA Today. CFB's production will feature guest artists of Ballet Sibiu (of Romania) on Saturday, Dec. 10, at 7:30 p.m. and Sunday, Dec. 11, at 2 p.m. at the Linda Chapin Theatre in the Orange County Convention Center in Orlando. Call 407-849-9948 or visit centralfloridaballet.com

### Orlando Ballet

The professional Orlando Ballet presents the area's classic production and invites the award-winning students from the Orlando Ballet School to join them in the children's roles. Artistic director Robert Hill stays true to the classic while breathing new life into the production with his own choreography. It's Dec. 15-17 at 7:30 p.m. and Dec. 18 at 2 p.m. with a children's shortened version on Dec. 17 at 11 a.m. and 3 p.m. and Dec. 18 at 11 a.m. at the Bob Carr Performing Arts Centre. Call 407-426-1739 or visit orlandoballet.org

### Galmont Ballet

The Galmont Ballet presents Frank Galvez's "American Nutcracker" set in the United States in the 19th century. With a Victorian Christmas tree decorated in red, white and blue, party boys dressed as cowboys, and impressive special effects, this American Nutcracker continues the celebration of family, tradition and love of the original. It's Dec. 17-18 at 2 p.m. and 7:30 p.m. at the Historic Cocoa Village Playhouse in Cocoa. 321-636-5050 or Galmontballet.com

### Russian Ballet

A free Nutcracker is offered in Orlando at the Disney Amphitheater by Lake Eola in Downtown Orlando. The Russian Ballet of Orlando presents a gift to the community with a free "Nutcracker Under the Stars" (outdoors) on Dec. 17 at 7:30 p.m. The performance is choreographed by Vadim Fedotov and features both professional dancers and Academy students. 407-797-1281 or RussianBalletofOrlando.org

### Happily Toxic

The award-winning — and wildly entertaining — Toxic Audio sings their entire performance without instrumental accompaniment, but you won't believe that as these super-talented singers show us the range of what the human voice can do. Toxic Audio is at the Wayne Densch Performing Arts Center in Sanford on Dec. 30. www.wdpac.com or 407-321-8111.

### Virtuosity takes the stage

Virtuoso pianist William Wolfram joins the Orlando Philharmonic Orchestra to perform Brahms' powerful 1st Piano Concerto on Jan. 14 at the Bob Carr PAC in Orlando. Contact 407-770-0071 or orlandophil.org

**Who is GARRICK**

Josh Garrick is a writer, photographer, educator, and fine art curator. He is a member of the Curatorial Council for the Museum of Florida Art. Garrick can be reached at joshgarrick9@gmail.com or 407-522-3906.

## Letters to Santa Contest

Kids, submit your letters to Santa Claus, starting with "The gift I most want to give is …"

The winner of the contest will ride for one night on an Oviedo fire truck with Santa Claus as he greets residents on the week of Dec. 12-17. The winner will also win four tickets to Light Up UCF and their letter will be published in The Voice.

Letters to Santa Contest entries are to be no longer than one page and are due by 5 p.m. Monday, Dec. 5, either by email, editor@observernewspapers.com, or physical mail, 1500 Park Center Drive, Orlando, FL 32835. Include the author's name, age, phone number, address and email.

Sponsored by: Seminole Voice, Oviedo Florida Inc. 1925


A gift card good enough to eat.

This season take a bite out of your holiday shopping with TooJay's Gift Cards.

With each $100 gift card purchase in any denomination receive a $10.00 Holiday Bonus Card with our compliments thru December 31st.

**Available at all locations and online at www.toojays.com**

But don't!

1981 30 2011 YEARS TOOJAY'S ORIGINAL GOURMET DELI

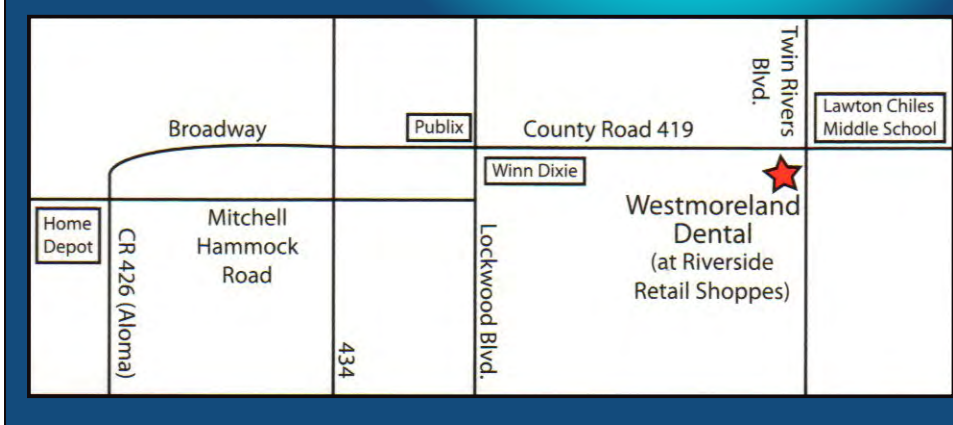
**EAST ORLANDO** Waterford Lakes Town Center (407) 249-9475
Locations also in Colonial Marketplaza • The Marketplace at Dr. Phillips
Palm Springs Shopping Center • Lake Mary Centre • Shoppes of Ocoee



WESTMORELAND FAMILY DENTISTRY

1941 W. CR 419 • Suite 1061
Oviedo, FL 32766

407-977-7797
www.DoctorWestmoreland.com
Westmoreland Dental, LLC
Dr. Pamela Westmoreland
Family & Cosmetic Dentistry
Accepting Patients 3 and Up.




$75 Adult Exam & X-rays
With coupon.
Not valid with any other offers or Dental Insurance.
Expires 12/31/2011 D0150 D0210

$49 Child Exam, X-rays & Cleaning
(Under 12)
With coupon.
Not valid with any other offers or Dental Insurance.
Expires 12/31/2011 D0150 D0272 D1120

The patient and any other person responsible for payment has a right to refuse to pay, cancel payment or be reimbursed for payment for any other service, examination or treatment which is performed as a result of and within seventy-two (72) hours of responding to the advertisement for the free, discounted fee or reduced fee for service, examination or treatment. Only valid when insurance coverage is not applicable.

Between the CELERY Stalks By Janet Foley

# Christmas spirit arrives at Lawton House on Saturday

I hope everyone had a wonderful Thanksgiving with family and friends. Our family had lots of yummy food, and we all indulged and forgot about those nasty calories. I am now getting into the Christmas spirit. Several members of the historical society spent last Saturday decorating the Lawton house for our Holiday Christmas Tree Lighting on Saturday, Dec. 3. We hung garland, lights, the tree and decorations, all to Christmas music. What a fun time, and we were done in about two hours. If you pass by the Lawton House, you will see the finished product on Saturday night, when Santa comes by fire engine at 6 p.m. and lights the tree. Do come, bring the whole family and have food and drinks, listen to music, and visit with the jolly old man in the red suit. That is Saturday evening at 5:30 p.m. You might also want to make a day of it by visiting our farmers market that day from 8 a.m.-1 p.m.

### Holiday Gift Fair

Also on Saturday, Dec. 3, St. Luke's will hold their 14th annual Holiday Gift Fair from 9 a.m.-2 p.m. in Founders' Hall/gym. The event will feature products from local vendors and crafts people, food and drinks booths, a Christmas tree sale by the senior youth group and free holiday concert by the Brass Band of Central Florida. Need more information? Please call Linda 407-277-3698.

### Holiday pottery

The holiday pottery tour will be 10 a.m.-5 p.m. Saturday, Dec. 3, and Sunday, Dec. 4, at Ann Robinson's studio, 811 Eyrie Drive, Oviedo. The eighth annual Oviedo Potters holiday tour and sale will feature self-guided tours of the studios of three potters: Barbara Baily, Mary Loving and Ann Robinson. The studios are within minutes of downtown Oviedo. Tour maps will be distributed at all studios. Free admission. For more information, call 407-365-7404.

### Skating party

Tuesday, Dec. 6, Dr. David Lach of Lach Orthodontics is hosting a free skating party to benefit both the Smiles for Hope Foundation and Families in Transition. The event will be held at the Universal Skating Center on Goldenrod Road from 4 p.m.-7 p.m. There will be games, prizes and a raffle for a free pair of braces. Admission is free and a donation of canned food or new unwrapped toy will get you in the door. If you would like more information, visit www.eventbrite.com

### Snow in Oviedo

Want to play in the snow? Well, on Saturday, Dec. 10, the Oviedo Recreation and Parks Department will transform the Oviedo Mall into that winter wonderland called Snow Mountain. Participants can enjoy sled rides down the mountain, a snow play area, entertainment, carnival games, art and craft vendors, pictures with Santa and more. Need more information? Call 407-971-5575.

### Christmas play

On Saturday, Dec. 10, and Sunday, Dec. 11, "The Christmas Miracle" will be performed at the Rural Heritage Center, 101 E. Main St. Saturday's show will be at 7:30 p.m. and Sunday's will be at 2 p.m. "It's Christmastime, and we see a grandfather who has lost a wife, a daughter and now faces the threat of losing a beloved granddaughter … all make this show a 'want to know how the ending' goes!" Tickets are $12 for children and seniors, and $15 for adults ($18 for preferred seating). To purchase tickets in advance, go to the Rural Heritage Center on Monday, Tuesday or Thursday from 9 a.m.-noon or call 407-792-0758.

### Sanford parade

Sanford Christmas Parade is 6 p.m. on Saturday, Dec. 10, in downtown Sanford, on First Street. The city will celebrate the holiday season with the theme "Rockin' around the Christmas Tree." There will be live holiday entertainment, illuminated floats, music and dancing. Admission to the parade is free.

### Christmas Eve service

Mark your calendar for Christmas Eve candlelight services to be presented at the First United Methodist Church on Saturday, Dec. 24. The services are: 4 p.m., praise and worship, family service; 6 p.m., traditional service with handbell choir — there will be a pre-service handbell concert at 5:15 p.m.-8 p.m., traditional service with chancel choir; and 10 p.m., traditional, communion service. Nursery will be provided at the 4 p.m. and 6 p.m. services. You may call the church office 407-365-3255 if more information is needed.

### A thought

*"The moment after Christmas every child thinks of his birthday."* — Stephen Uys

**Talk to JANET**

Send word to Janet Foley about events and let her know what's going on around town by e-mailing **celerystalks@att.net**

# Dad raises inspiring teens

Stetson's Corner

By Karen McEnany-Phillips

It is said that Christmas is for children, and in this season of magic I'm afraid that as a society we have not served the youngest among us well. Societies can be measured by how they raise, nurture and support their youngest citizens. In my mind it is not merely how much we give them, how many free programs they receive or even how much technology they enjoy.

### Spoiling our kids

We overindulge with material things by elbowing into toy departments at ungodly hours of Black Friday weekend to buy their love with an ultimate gift. We overprotect with an "everyone wins" mentality, give in too easily to their demands and pursue their friendship instead of preparing them for life. We feed them too much sugar and have lost our nerve to steer them by our true north. We have allowed the media in all its hi-tech glory to assume the parenting role and confused wants and needs-we have undeniably spoiled them.

### Sound bytes of children neglected

We are outraged for a few moments when we hear about a toddler purposely abandoned in the woods while its infantile parents bicker over their personal relationship. The story grabs our attention briefly and then we move on. We have become almost numb to stories of bad behavior and family violence.

But just when I've become unalterably cynical, I watch a riveting interview like the one "60 Minutes" anchor Scott Pelley did with the Metzger siblings who have been living with their dad in a panel truck in Seminole County for the last five months.

### Homeless man raises teens with character

These children are articulate and appear to be wise beyond their years, grounded, confident and resilient. Unlike the average teen, they know exactly who they are and the word victim is not part of the description. They define themselves by their dreams not their circumstances. Each day is full of basic tasks to reach those dreams: homework, library internet time and even entrepreneurship.

These young teens who lost their mom at an early age show more courage and grace than most adults I know. Following the broadcast, many reached out to the family, which was wonderful. I listened to a radio interview with the teens earlier this week, and mixed with Arielle's gratitude was a respectful appeal for everyone to focus on other kids who still need help. Arielle wants to be a lawyer; I'd like her on my side.

The Metzgers' dad may struggle to provide them material basics, but he obviously provides them with character, courage and confidence. Truly enduring gifts.

### Encourage Geneva kids

Geneva has several opportunities to support and encourage our kids. Our most vulnerable families need food and you can help by attending the live music concert fundraiser and donating to the Church of God food bank. A minimum $5 donation will provide more than 25 pounds of food to local families as they can purchase food for 18 cents a pound. The concert is Saturday, Dec. 3, at 6 p.m. at the Rural Heritage Center.

The Musical Mustangs of Geneva Elementary are performing Tuesday, Dec. 6, at 7 p.m. This standing-room only holiday performance is a must-do. Our kids will put you in the holiday spirit!

Finally the village is buzzing about a landmark theater performance on Saturday, Dec. 10, and Sunday, Dec. 11, at the Rural Heritage Center by Spotlight Theatre Group. "The Christmas Miracle" live performance will be held at 7:30 p.m. Saturday evening with a 2 p.m. matinee on Sunday. Tickets are $12 for seniors and children; $15 for adults and $18 for preferred seating. Come see this family-friendly performance that will make you laugh and cry. Call 407-792-0758 or visit the website http://www.usgennet.org/usa/fl/county/seminole/Geneva

**Talk to KAREN**

Please share your thoughts about Geneva at **407-221-7002**, **kphillips@observernewspapers.com** with "Stetson's Corner" in the subject line, or **fax 407-349-2800**. Thanks!

This column is dedicated to Deputy Sheriff Gene "Stetson" Gregory, killed in the line of duty on July 8, 1998. Geneva will never be the same because of Deputy Gregory — it will be better.

From my GARDEN to yours

Tom Carey

# Garden abundance

As summer lingers in my garden, the first three days below 90 degrees Fahrenheit triggers the beginning of autumn planting. This timing usually synchronizes around the date we flip the calendar page over to October. Not needing to contend with pounding rain, scorching sun, buzzing mosquitoes, and back-to-school headaches revisits the joys of gardening. Fast forward 60 days and everything we planted is now producing all at once. Eat, share, waste or preserve?

Oxymoronically referring to a root cellar in Florida leaves us pondering where to store any excess harvest. Relative heat, humidity, bugs and geologic limitations (no basements in Florida) limit many passive crop storage options. A primary rule of thumb is to have a use planned for any crop before the first seed is planted. This usually plays out to the shortest route from the garden to dinner plate. Sometimes our eyes are bigger than our stomach, so what's a poor boy to do?

Every kitchen is equipped to blanche and freeze most vegetable crops. After quickly plunging diced veggies from the boiling cauldron straight into the freezer, nutritional qualities surpass casually stored and refrigerated produce. You can see by the number of zip-lock bags of green beans and carrots in my freezer that blanching is high on the practicality list.

Salsa of tomatoes, peppers, onions, citrus and herbs are one of my favorite ways to simply use garden produce. The acid content of a salsa concoction is critical to avoid food poisoning.

Drying fruits and vegetables is a skill of complexity and equipment in parallel to other home preservation projects. Eternal humidity in Florida must be hushed to the extreme or a 'hairy' mess will await eager forages into the pantry. Dedicated dehydration devices used in tandem with a warm oven easily deliver this skill to any homesteader.

Hot bath pickling with vinegar and salt is a long-term solution to preservation needs. The initial hardware investment must be supplemented with regular purchases of jars, lids and rings. My pickled okra is to die for. Dilly beans have survived for months before being slurped down with a cold beverage at happy hour. A web search of detailed instructions will do this home-economics project the justice it deserves. (Before tackling any of these preservation projects, please research the various cautions regarding food safety and spoilage.)

Have a happy and locally grown holiday season!

**Who is CAREY**

Tom Carey is the owner of Sundew Gardens, a you-pick gardening business in Oviedo. Visit the Sundew Gardens Facebook page.

# INTERESTS

## THIS WEEK in human history

**Dec. 12, 1980 —**

American oil tycoon Armand Hammer pays $5,126,000 at auction for a notebook containing writings by the legendary artist Leonardo da Vinci. The manuscript, written around 1508, contained 72 loose pages featuring some 300 notes and detailed drawings, all relating to the common theme of water and how it moved.

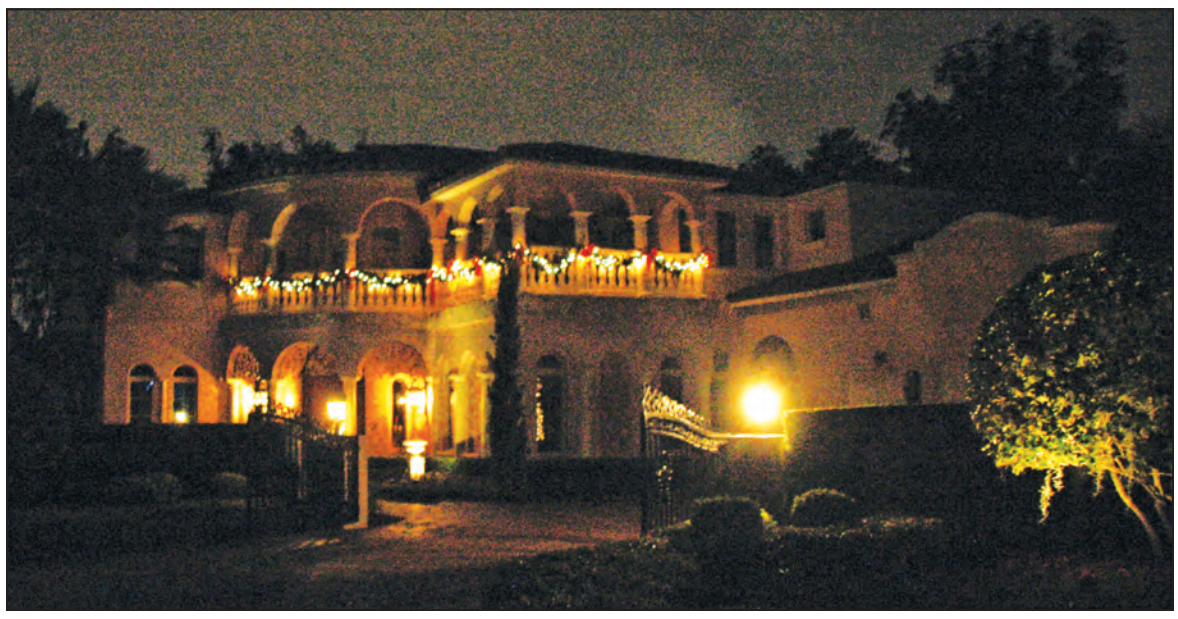


PHOTO BY **ISAAC BABCOCK** — THE VOICE

**Winter Park resident Marta Khoury's home** is showcased in the first Tour of Homes, hosted by the Frontier Civitan Club this weekend. There are two Winter Springs homes on the tour: Frances Conner's and Betty Wiseman's.

# Community homes aglow

## Six area homes are all decked out for holiday home tour

**SHARI KING**
The Voice

Six Central Florida homeowners will deck their halls and open their homes for holiday cheer, and charity, this weekend.

The first Holiday Tours of Homes, presented by Frontier Civitan, will feature homes in Baldwin Park, Winter Park and Winter Springs and allow attendees to get a peak into homes, from traditional to modern, and walk away with some ideas for their own holiday décor.

The tour is the collaborative effort of Civitan members Olga Calvet, a Baldwin Park resident, and Frances Conner, a Winter Springs resident. Both will open their home for the tour.

Calvet, a founding member of the Frontier Civitan Club, said past fundraisers for the group have focused on silent auctions. Calvet and Conner decided this year they wanted to do something different.

"I think this is something that people can do and enjoy for a nice outing for Christmas," Calvet said. "This will give them another option [to traditional events such as the Nutcracker Ballet]."

"Plus, you are helping a charity," Conner said.

### More than a service org

Although Frontier Civitan is part of a large international organization, the Orlando group has autonomy in its decisions about which charitable causes they chose to be involved with.

Besides working with myriad organizations, such as the American Heart Association, Coalition For The Homeless, Special Olympics, Down Syndrome Association and Clean The World, Calvet said, "We try to locate people that would not qualify for any governmental and other agency help. There are a lot of people that just fall through the cracks because they don't qualify for one reason or another.

"At Christmas time, we will find families that fall through the cracks and buy presents for the children."

Frontier Civitan is one of six Civitan clubs in Central Florida and is exclusively female, as it has been since starting up in 1974.

Of the 30-plus members, said Conner, more than half have been members of the club at least 15 years.

"We love what we do," Calvet said, "and it has gone a little further that just having a group of women come together to serve the community. We are also helping one another."

### Giving back

Calvet said the club also sponsors Junior Civitan clubs at Bishop Moore and Lake Howell high schools "to teach leadership and to teach young students that they have to be involved in their community … and give back. We take this very seriously. Our club is very involved in working with our juniors."

It was through the Junior Civitan Club at Bishop Moore that Calvet met Marta Khoury, whose daughters were both involved in the high school group. When Calvet asked Khoury if she would volunteer her house for the tour, Khoury said yes.

"They help so many organizations, it is something worth doing," Khoury said. "Why not share the goodness?"

Khoury and her husband, Robert, live in a Mediterranean-style home they built eight years ago on Genius Drive in Winter Park.

"We wanted it to be homey and cozy, and we wanted it to blend with the scenery around us," Khoury said. The home is located on Lake Virginia, with a view of Lake Mizell from the front door.

An 18-foot tree graces the main room of the house, and complements the reds and green of the traditional antique furniture, handed down from Robert's mother. But other rooms will be more whimsical, Khoury said.

"Every part of my house has a story to tell. We want to have something different in every room," she said, including unusual, handmade decorations, such as a beaded tree she purchased at a recent Festival of Trees event.

"You don't have to spend a lot of money on decorations. Simple things make it very pretty and elegant," Khoury said. She suggests vines and leaves from your garden, as one example.

Khoury recalls the traditions of her childhood in El Salvador, where pine Christmas trees were not commonly used, and Santa left presents under the beds of children.

"When I grew up, I remember my mother would go and find branches and spray them and we would make our own ornaments. That's how we grew up," Khoury said. "It is just so much fun to create something. It is very therapeutic. That's why I love doing crafts and doing anything with my hands."

### From traditional to modern

The Calvets' Baldwin Park home will serve as a registration point for the southern end of the tour. Attendees can either register online and pick up their arm bands at the Calvet home, or the Conner home in Winter Springs, or purchase them at either location the day of the tour.

The second Baldwin Park location is the townhome of the Calvets' daughter, Alexandra, and will feature a "modern and sleek" approach to holiday decorating in juxtaposition to the Spanish Colonial "with a Cuban twist" custom home the Calvets built in 2005.

"Not necessarily Spanish … but very traditional," is how Calvet describes her decorating style. She said one of two trees in the home will include all crystal ornaments in red and jewel tones.

Conner's decorating scheme takes inspiration from and pays homage to her homes roots. Built more than 20 years ago in Winter Springs' burgeoning Tuskawilla neighborhood, she describes her home as "Southern style," customized with bricks, wide plank flooring, and doors brought from New Orleans by the previous owner.

"[Christmas] was my mother's favorite holiday," Conner said. "And I love to decorate … period!"

Rounding out the tour are the homes of Betty Wiseman, in Winter Springs, and Gloria Lochrane, in Winter Park.

### Learn more

**The Frontier Civitan Club First annual Tour of Homes will be 10 a.m.-5 p.m. on Saturday, Dec. 3, and noon-5 p.m. on Sunday, Dec. 4. Tickets are $25 in advance/$30 day of. To purchase tickets or learn more, visit frontiercivitanclub.org/Tour_of_Homes.html or call 407-359-8941.**

**The tour can start at 669 Oneida Lane in Winter Springs or 2203 Snow Road in Baldwin Park. Armbands and maps are available at both locations. Net proceeds benefit local charities and community projects as supported by the Frontier Civitan organization.**

# Holiday Calendar

DEC. 3: Winter Springs' Holiday Parade

## DEC. 2

Southern Winds Theatre presents **"It's a Wonderful Life: A Live Radio Play"** in the Sanford/Lake Mary Campus Theatre (Building G) on Friday, Dec. 2, and Saturday, Dec. 3, at 7:30 p.m.; the Sunday matinee on Dec. 4 begins at 2 p.m.

Celebrate the holiday season at Seminole State College of Florida with one of the planetarium's most popular shows: **"The Star of Bethlehem."** It will be presented on two consecutive weekends: Dec. 2-3 and Dec. 9-10. Shows are at 7 p.m. and 8:30 p.m.

The **Candlelight Tour of Homes** is Friday, Dec. 2, from 6 p.m. to 9:30 p.m. starting at the Sanford Welcome Center, 230 E. 1st St., Sanford. The Day Tour of Homes is Saturday, Dec. 3, from 11 a.m.- 4 p.m. Tickets are $25.

**Brass Band of Central Florida** plays a delightful program of holiday favorites at 7 p.m. Friday, Dec. 2, and 2 p.m. and 7 p.m. Saturday, Dec. 3. Admission is free. It's at St. Luke's Lutheran Church, 2021 W. State Road 426, Oviedo. Call 407-365-3408 or visit www.stlukes-oviedo.org.

## DEC. 3

**Winter Springs' Holiday Parade and Christmas Tree Lighting** is Saturday, Dec. 3. The parade starts at 5 p.m., followed by the Christmas Tree Lighting event at 6:30 p.m. It's all free, and it's all at the Winter Springs Town Center. For more information, call 407-327-1800.

**International Holiday Festival** presented by AFS Central Florida is Saturday, Dec. 3, from 2 p.m.-5 p.m. Experience holiday traditions, food, music and games from around the globe with our hosted students. It's at 4725 E. Lake Drive, Winter Springs (Willow Creek Church). For more information, call 407-977-0286.

Frontier Civitan Club's **Tour of Homes** is 10 a.m.-5 p.m. on Saturday, Dec. 3, and noon-5 p.m. on Sunday, Dec. 4. Tour festive holiday home designs in local neighborhoods, including Winter Springs, Baldwin Park and Winter Park. Tickets are $25 in advance and $30 the day of the tour. Visit www.frontiercivitanclub.org or call 407-359-8941.

Spend a **wild night** at the Central Florida Zoo with a special overnight camping adventure at the Rainforest Pavilion on Saturday, Dec. 3. It's $17 per person. Campers must be 5 years or older. Call 407-323-4450, extension 123.

## DEC. 4

Pet lovers can have their companion animal's photo taken with Santa at the Seminole Towne Center Santa set located in the mall's Center Court during the **Claus & Paws Pet Photos** event from 8 p.m. to 9:30 p.m. Sunday, Dec. 4. All pets will receive a special treat after each visit with Santa. Call 407-323-2262, visit www.simon.com or become a fan on Facebook.

The Applause Sunday recital series continues Sunday, Dec. 4, at 3 p.m. Seminole State professor and tenor David Whitehead will perform **"Reflections of Christ."** It's free and takes place on the Sanford/Lake Mary Campus in the Fine Arts Concert Hall. Visit www.seminolestate.edu/arts or call 407-708-2040.

## DEC. 6

The Fine Arts Department at Seminole State College of Florida Encore! Series presents **Holiday Gala** on Tuesday, Dec. 6, at 7:30 p.m. It's free and takes place on the Sanford/Lake Mary Campus in the Fine Arts Concert Hall (Building G). Visit www.seminolestate.edu/arts, or call 407-708-2040.

## DEC. 8

Come join Sanford's downtown merchants for a jolly good time on Thursday, Dec. 8, from 5 p.m.-9 p.m. for a **Holiday Extravaganza** and sidewalk sale. Don't forget to bring an unwrapped toy, non-perishable food item, or food for pet shelters. It's free. Call 407-320-8180.

There will be no **Alive After 5** in downtown Sanford for the month of December. Join them back on Jan. 12 for the Alive After 5 Chili-Cook-Off!

## DEC. 9

On Friday, Dec. 9, Saturday, Dec. 10, and Sunday Dec. 11, St. Luke's Lutheran Church will again be presenting **"From Everywhere to Bethlehem,"** an outdoor walk-thru of the Christmas story. Tours run from 6 p.m.-9 p.m. It's free. Call 407-365-3408 or visit www.stlukes-oviedo.org.

DEC. 10: St. Lucia Festival

## DEC. 10

Local Scandinavians and history buffs help to bring the area's Swedish heritage and traditions to life with the annual **St. Lucia Festival's** Christmas celebration from 1 p.m.-4 p.m. Saturday, Dec. 10, at the Museum of Seminole County History.

DEC. 10: Oviedo's Snow Mountain

**Breakfast (or brunch) with Santa** is 9 a.m. and 11 a.m. on Saturday, Dec. 10, at the Central Florida Zoo. Share your holiday wishes with Santa and enjoy up-close animal encounters. Call 407-323-4450, extension 123, for seating times, reservations and pricing.

At 4 p.m. on Sunday, Dec. 10, it will snow in Oviedo! Come sled and play in **60 tons of snow**, shipped in straight from the North Pole to the Oviedo Mall, at Snow Mountain. For more information, call 407-971-5575.

## DEC. 13

**Healthy Holiday Baking:** Learn how to bake healthy holiday treats. Start a new family tradition! The class is 6 p.m.-8 p.m. Tuesday, Dec. 13, at the Seminole County Extension, 250 West County Home Road, Sanford. Cost is $10. Pre-registered/pre-paid required.
Call 407-665-5560.

Enjoy the sounds of holiday music at a festive Holiday Luncheon on Tuesday, Dec. 13 at 11 a.m. The Heathrow Women's Club will host Holiday Music **"First Take,"** one of the many choruses from Seminole High School, at the Heathrow Country Club. Register online at www.heathrowwomensclub.com by Thursday, Dec. 8. Cost is $21.

## DEC. 17

**Strolling carolers** will be at the Oviedo Mall from 11 a.m. to 1 p.m. on Saturday, Dec. 17.

## DEC. 18

Ballet South and The School of Performing Arts, a student dance company based in the Maitland/Fern Park area, will be presenting a benefit performance of **"Clara's Nutcracker Dream"** on Sunday, Dec. 18, at 2 p.m. at the Trinity Preparatory School Auditorium at 5700 Trinity Prep Lane, Winter Park. Tickets are $15. Call 321-282-2508 or at papinj@trinityprep.org.

**Holiday Caricatures** is 2 p.m. to 5 p.m. Sunday, Dec. 18 at the food court at the Oviedo Mall. It's free.

## ONGOING

Oviedo Mall's **Photos with Santa** run through Dec. 24 with special pet nights on Wednesdays, Dec. 7, 14 and 21 and school spirits nights for UCF and Seminole State College on Monday, Dec. 5. It's located in the west court near Dillard's.

Through Dec. 11, support **Toys for Tots** while finding the most unique gifts at a silent auction fundraiser, open to the public, located in Oviedo Mall next to Ann Taylor Loft.

**Light Up UCF** features an outdoor skating rink, holiday movies, music and a holiday light show. The event runs through Sunday, Jan. 1. Enjoy music, ice-skating and carnival-style rides. Entry is free, with skating and ride prices varying. Call 407-823-6006 or visit lightupucf.com.

*Email calendar submissions to editor@observernewspapers.com*

Fresh Fruit
Vine Ripe Tomatoes
Vegetables
Thomas Produce
110 Geneva Dr., Oviedo
(Across from Ace Hardware)
"Get Healthy From the Inside Out!"

The Sign Man
160 East Broadway
PO Box 622143
Oviedo, FL 32765
Phone: (407) 365-3722
Fax: (407) 365-7786
www.signman.net
Computerized Laser & Rotary Engraving • Picture ID Name Badges
Vinyl Lettered Banners & Signs • Self-Inking Rubber Stamps
Magnetic Signs • Plaques & Awards • Large Format Printing
Phone: (407) 365-3722 • Fax: (407) 365-7786
(Located at the base of the Nelson & Co. water tower)

CELEBRATING OVER 25 YEARS SERVING YOUR COMMUNITY
ALLERGY & ASTHMA CONSULTANTS
OF CENTRAL FLORIDA
Bernard S. Zeffren, MD
Eugene F. Schwartz, MD
Winnie Whidden, MSN, ARNP-C
Voted Best Doctors of Central FL, Orlando Magazine for 7 consecutive years
Diplomates American Board of Allergy and Immunology
2 locations in Seminole County
Evening Hours Available
7560 Red Bug Lake Rd., Ste. 2064
Oviedo, FL 32765
407-366-7387
793 Douglas Ave.
Altamonte Springs, FL 32714
407-862-5824
www.orlandoallergy.com
Additional offices in Waterford Lakes, Hunters Creek & Orange City

# Calendar

### DEC. 3

**"Create a Backyard Habitat"** is 9 a.m.-11 a.m. Saturday, Dec. 3, at Ed Yarborough Nature Center in Geneva. The Florida Yards and Neighborhoods program is having a two-hour class on the pros and cons of attracting backyard wildlife. It's free, but pre-registration is required. Call 407-349-0959 for more information or to register!

### DEC. 5

Oviedo hosts a meet and greet with new **City Manager Kathryn Breazeale** from 5 p.m.-6:15 p.m. Monday, Dec. 5 at City Hall, 400 Alexandria Blvd., Oviedo.

### DEC. 6

Oviedo chiropractor Dr. Eric Janowitz will present a free lecture from 1 p.m.-2 p.m. Tuesday, Dec. 6, on **fibromyalgia** at the Oviedo Public Library, 310 N. Division St., Oviedo. Please call 407-505-4320 to register for this free one-hour workshop.

The Florida Department of Transportation is conducting a **public meeting** regarding two proposed projects that will impact motorists and pedestrians in the Oviedo area. The meeting is being held Tuesday, Dec. 6, at Seminole County Public Library – East Branch, 310 N. Division St., Oviedo, from 5:30 p.m. to 7:30 p.m. There will be two narrated presentations at 6 p.m. and 6:45 p.m. Plans call for repaving, safety and sidewalk improvements on State Road 419/State Road 434. The projects will be constructed together in 2014. View information at www.cflroads.com.

DEC. 5: Meet and greet with Oviedo's new city manager

### DEC. 8

Temple Shir Shalom Sisterhood is hosting a **"Stop and Shop"** on Thursday, Dec. 8, from 7 p.m.-9 p.m. in the EpiCenter at University Carillon United Methodist Church. Local vendors and home-based businesses will have tables displaying their wares, selling items and taking orders for the holidays. UCUMC is located at 1395 Campus View Court, Oviedo on the north side of McCulloch Road across from UCF. For more information, please contact Susan Holstein at 407-310-4595.

### DEC. 11

The Sundew Gardens **"Intro to Sundew Gardening"** Organic Gardening Workshop is Sunday, Dec. 11, at 10 a.m. for $20. It's our way to show you the garden, how we grow the crops, improve the soil, control the pests and harvest the bounty. In addition to walking and talking, we will offer hands-on projects to create an in-depth experience. Our hike to the compost pile and chicken coop brings all the gardening systems into focus. Please RSVP to sundewgardens@gmail.com to let us know you are interested in attending. Hope to see you in the garden!

**U-Pick and U-Pickle Workshop** is Sunday, Dec. 11, at 1 p.m. starting at $10. Learn the secrets of no-cook, brine pickles: you them as dill pickles, sauerkraut, kimchi and pickled peppers. You will discover there is no better source of daily supplements than found in common vegetables, sea salt and water transformed into pickles. You will be amazed how easy it has become to make traditional brine pickles. This workshop, featuring Bill Hettig, will start with harvesting our own fresh vegetables, and lead all the way through to a finished food product: pickles.

### DEC. 14

The grand opening of **Seminole County Music Together** hosted by Central Florida Women's Chamber is 10 a.m. to noon on Wednesday, Dec. 14, at the Arthur Murray - Ballroom Dance Studio, 1271 State Road 436, Casselberry. Come join us for business networking, a holiday music circle for families, dedication ceremony, light refreshments and our ribbon-cutting ceremony.

### ONGOING

The **Winter Springs Farmers Market** is every Saturday from 9 a.m. to 2 p.m. on State Road 434 and Tuskawilla Road in the Winter Springs Town Center. Visit WinterSpringsFarmersMarket.com for more information.

The **Oviedo Farmers Market** is the first Saturday of every month (Dec. 3, Jan. 7) from 8 a.m.-1 p.m. on the grounds of the Historic Lawton House, 200 W. Broadway St. Visit OviedoHS.com for more information.

Oviedo Mall and **Food Truck Crazy** present food truck events on the second Sunday of the month in the parking lot between Chamberlin's and the north entrance from 5 p.m. to 9 p.m. Dates include Dec. 11.

**TheDailyCity.com** Food Truck Bazaar is Sunday, Dec. 11, at Oviedo Lowe's Home Improvement, 1155 Vidina Place, Oviedo. Visit TheDailyCity.com for more information.

**Orlando Bipolar Support**, a support group is for people diagnosed with bipolar disorder, meets Tuesday evenings in Casselberry and Thursday evenings in Orlando. Support people are welcome also. Please contact 407-230-1046 or OrlandoBipolar@gmail.com.

The **R.E.A.D. Book Club** is for kids in fourth through eighth grades who enjoy reading and want to learn the fundamentals of literature. Meetings are weekly and cover one book a month. The club is led by a teacher with 30 years of experience. For more information, contact Cathy McLarnon at 407-342-0483 or sundance31@bellsouth.net.


Focal Point Landscape Nursery & Gift Shop

And,
Don't forget Our beautiful Gift Shop!
All Christmas Décor 20% to 30% Off!

Patience Brewster Ornaments
Hand-Crafted one-of-a-kind ornaments with personality!

Garden Center Blow Out Sale!

3 DAYS ONLY! Friday, December 9th through Sunday, December 11th

30% Off ALL Trees, Fruit Trees & Plant Material!

20% Off ALL Perennials & Annuals

10% Off ALL Bagged Mulch

20% to 25% Off ALL Pottery – Italian Clay, Chinese Glazed and Imported Pebble Pots

Located between the Geneva General Store and Subway Marathon at the corner of CR 426 & SR 46

Fancy Redneck Wine Glasses

Corkcicle Wine Chiller

Monday - Friday: 8am - 6pm
Saturday: 8am - 5pm
Sunday: 10am - 5pm

145 West SR 46
Geneva, FL. 32732
407-349-2200

# Notes

## R&B gives back

Brenda and Rick Brown, owners of Rhythm & Blues Entertainment and partners in a Tijuana Flats Burrito Co. franchise, donated more than $60,000 to 113 nonprofit organizations so far during 2010-11. Nearly $37,000 of the grand total directly benefited schools in Orange and Seminole counties.

### Longstaff's service

Geof Longstaff, (center) recently completed 12 years on the board of the Orlando Sanford International Airport Board, including six as chairman. He was honored recently by board members.

### Free tuition

Lawton Chiles Preparatory School launched a parent volunteer program that will result in free student tuition for the winning parents' children next semester. LCPS, an innovative, nonprofit private school in Seminole County, will accept applications until Friday, Dec. 9, on the school's website, www.chilesprep.com/support-lcps.

### WSPD reaccredited

On Saturday, Nov. 19, the Winter Springs Police Department was awarded re-accreditation through the Commission on Accreditation for Law Enforcement Agencies during a ceremony in Colorado Springs. The Winter Springs Police Department is the only city municipal agency in Seminole County to achieve this award.

### JROTC honors veterans

The JROTC Cadet Battalion hosted a Veterans Day/ Flag Raising Ceremony on Friday morning, Nov. 11, in the flag-lined Courtyard of Lyman High School. In addition, during the ceremony a tree was planted in the courtyard area in honor of Karl "Skip" Brooks, a Lyman faculty member who died earlier this school year. Brooks was a veteran of both the Marines and the U.S. Coast Guard. Cadets also placed ribbons on another tree in the courtyard, previously planted in honor of Floyd C. Holley, a graduate of the Lyman Class of 1993. Gunnery Sgt. Holley was killed in action in Afghanistan in 2010.

## Decorating Leu's house

Interior design students from Seminole State College of Florida have once again used their creativity to transform the Leu House Museum into Leu's Holiday House. "We're using purple, a color we haven't used before, in Mrs. Leu's bedroom, and vintage clothing featuring cheetah prints as an inspiration for Mr. Leu's bedroom," says Seminole State student Beth Ciullo. The holiday display runs through Thursday, Jan. 5, at the museum, which is at 1920 N. Forest Ave., Orlando. Visit www.leugardens.org

### Raiders' grad rate high

The Seminole State College of Florida Raiders have exceeded the state averages for graduation and transfer success rates among student-athletes, according to the 2010-11 Florida College System Activities Association Academic Report, which was released recently. The Raiders achieved a graduation rate of 87 percent, well above the state rate of 67 percent. The student-athletes also recorded a 96 percent transfer success rate, compared with 71 percent for the state.

### Nurses' 97 percent pass rate

Graduates of the Nursing Program at Seminole State College of Florida once again exceeded state and national averages on their licensure exams, according to the Florida Board of Nursing. Seminole State graduates achieved a 97 percent pass rate on the National Council Licensure Examination, one of the highest pass rates in the state and the highest among Central Florida nursing programs.

### Holcomb's nursing degree

Randi Lynn Holcomb, a resident of Casselberry, has earned an associate's degree in science in nursing from Excelsior College.

### '60 Minutes' returns

Eight months after a heartrending story about homeless families living in economy motels, Scott Pelley brought "60 Minutes" cameras back to Central Florida to document another level of homelessness: kids and their parents living in cars. Pelley's report was broadcast on Sunday, Nov. 27. Pelley's report last March helped spark more than $4 million in donations for the homeless in Central Florida. View the latest segment here: tinyurl.com/60minutesseminole

### Donations needed

Christmas in the City, a day the community unites to provide the spirit of Christmas to families in need, is 11 a.m. to 4 p.m. Saturday, Dec. 17, at First Baptist Church of Oviedo, 45 W. Broadway Ave. Donate new unwrapped toys, socks and underwear, gift cards to Target, Walmart or grocery stores, school supplies and jeans.

Several volunteers are needed to help with shepherding/family guides, wrapping gifts, sorting toys and clothes, set up and clean up. Your business or church can also help in sponsoring the event. Visit www.hopehelps.org to sign up.

Families in need must pre-register at HOPE, 149 E. Broadway Ave., Oviedo, on Saturday Dec. 3 from 10 a.m. to 2 p.m.

SAVE $5 on Tickets!+

Valid for select performances. Excludes **Circus Celebrity**SM and Front Row seats. Limit of six (6) tickets per order. No double discounts. **Not valid the day of show.**

JAN. 12 - 16 Amway CENTER

| Thu. JAN. 12 ★ 7:30 PM | Fri. | Sat. | Sun. | Mon. |
|---|---|---|---|---|
| OPENING NIGHT TICKETS $15!* | JAN. 13 7:30 PM+ | JAN. 14 11:30 AM+ 3:30 PM 7:30 PM+ | JAN. 15 1:00 PM 5:00 PM+ | JAN. 16 5:00 PM+ |

*Opening Night offer excludes **Circus Celebrity**, Front Row and VIP seats. Additional fees may apply. No double discounts.

**3 ways to redeem your $5 savings:**
1. In person at the Amway Center Box Office
2. Call *ticketmaster*® at **1-800-745-3000** and mention code **SAVE**
3. Log on to **Ticketmaster.com** and enter code **SAVE**

**Regular Ticket Prices:**
**$15 • $20 • $25 • $40 VIP**
**$65 Front Row • $85 Circus Celebrity**
Additional fees may apply.

Ringling.com

Meet the stars an hour before the show at the **All Access Pre-show – FREE** to all ticket holders!

Presented locally by metroPCS Wireless for All.

184578

J & B NEW AUTO REPLACEMENT PARTS
LOWEST PRICES IN TOWN
WINDOW REGULATORS - NEW HEADLIGHTS - NEW TAILIGHTS - SIDE MIRRORS - HOODS - FENDERS AND MORE.....
CALL US TODAY @ 407-568-2131
OR 1-800-432-2952
17105 E. COLONIAL DR. ORLANDO, FL 32820

SUNDEW GARDENS
*"Homegrown always tastes better."*
Tom Carey
SundewGardens@gmail.com
*Experience homegrown gardening:*
*Plan your next fieldtrip to Sundew Gardens*

THRIVE @ 55 AND BEYOND!

# SENIOR VOICE

# Growing older but never alone

## Other organizations and outreach services for this holiday season include:

**Jewish Family Services,** on Lee Road in Winter Park, will also be delivering meals for Thanksgiving and Passover. Call 407-644-7593 or visit jfsorlando.org

**Seniors First "Fill a Wallet for a Senior"** is a donation drive that asks for a wallet with $10 cash or a $10 supermarket gift card that can be given to a senior who cannot afford gifts or food this holiday season. Visit seniorsfirstinc.org or call 407-292-0177.

**The Jewish Pavilion of Central Florida** is offering a series of Hanukkah parties for residents of all faiths in Longwood, Lake Mary, Sanford, Altamonte Springs, Casselberry, Maitland, Oviedo, Winter Springs, Winter Park, South Orlando and downtown. Visit jewishpavilion.org or call 407-678-9363. The party schedule includes:

**Altamonte Springs, Casselberry and Maitland:**
- Friday, Dec. 9, noon at Grand Villa.
- Sunday, Dec. 11, 1 p.m. at Horizon Bay Boston Avenue
- Tuesday, Dec. 13, 2 p.m. at Life Care
- Wednesday, Dec. 14, 10:30 a.m. at Savannah Court
- Wednesday, Dec. 14, 2 p.m. at Eastbrooke Gardens
- Friday, Dec. 23, 11:30 a.m. at Savannah Court

**Oviedo, Winter Springs and Winter Park:**
- Sunday, Dec. 11, 2 p.m. at Winter Park Care and Rehab
- Tuesday, Dec. 13, 2 p.m. at Arden Courts
- Tuesday, Dec. 13, 3:30 p.m. at Emeritus of Oviedo
- Friday, Dec. 16, 3 p.m. at The Mayflower
- Wednesday, Dec. 21, 10 a.m. at Regents Park and the Westchester

**Longwood, Lake Mary, Sanford:**
- Friday, Dec. 9, 4 p.m. at Village on the Green Hanukkah
- Friday, Dec. 9, 6 p.m. at Heritage at Lake Forrest Hanukkah Dinner
- Friday, Dec. 16, 11 a.m. at Island Lake Hanukkah
- Sunday, Dec. 18, 1 p.m. at Chambrel Hanukah
- Tuesday, Dec. 20, 11 a.m. at Lake Mary Rehab
- Wednesday, Dec. 21, noon at Oakmonte Village Hanukkah Lunch

## Local organizations make sure seniors get what they need throughout the holiday season

**MEISHA PERRIN**
The Voice

Judy Fraden spent much of last Wednesday afternoon driving around Altamonte Springs.

She had four gift bags decorated with brightly colored tissue paper and six neatly packaged containers of food on her back seat, and she was following the directions written on a piece of paper to take her to her first of four destinations.

Her long burnt orange and deep red floral skirt blew in the wind as she walked up, bags in hand, to Unit 183. She had been to the same first-floor apartment for Rosh Hashanah in September, but still waited anxiously for 89-year-old Joe Zollman to answer the door.

She was greeted with a smile and a warm embrace.

Fraden was just one of the volunteers for Jewish Family Services who delivered Thanksgiving meals to homebound seniors of all faiths on Wednesday, Nov. 23 — and because of their outreach, dozens of seniors such as Zollman, who cannot leave their house, have something to look forward to during the holiday season.

For Zollman and his wife of 63 years, Greta, who is confined to a wheelchair, the meals are lifesaving.

PHOTO BY **ISAAC BABCOCK** — THE VOICE

**Joe and Greta Zollman** received their Thanksgiving meal from Jewish Family Services volunteer Judy Fraden, back center. Back right is caretaker Roxanne Efing.

"Joe does the majority of the cooking," their caretaker, Roxanne Efing, said. "So for him it is a little break."

The Zollmans have been getting their holiday meals through JFS for four years now, and for the two Holocaust survivors who often think back to the day they first arrived in the U.S. knowing no English, recognizing and celebrating the holidays each year is a great reminder of how far they have come.

"The Jewish community does an outstanding job, and it is really remarkable what they do," Joe Zollman said. "I am forever grateful."

Every year there are so many organizations such as JFS that offer outreach to homebound seniors, some of whom live alone and really look forward to the company, even if it is just for a moment.

Seniors First, an organization with a mission to keep seniors independent, also offers meals to seniors during the holiday season. The 45-year-old organization, best known for its Meals on Wheels program, delivers 900-1,000 meals every day.

The organization also offers a congregate meal program that brings seniors who are able to leave their house together for a meal.

It gives them a chance to socialize, said Marsha Lorenz, president and CEO of Seniors First.

There are 16 centers throughout Seminole and Orange counties that host the neighborhood lunches, and some transportation is provided for those seniors who are unable to drive.

More than 6,600 seniors benefited from Seniors First's outreach programs last year.

BINSON'S
Home Health Care Centers
Since 1953

- Your Diabetes Headquarters
- Adult Diapers
- Power Scooters
- Seat Lift Chairs
- Hospital Beds
- Oxygen
- CPAP
- Wheelchairs
- Walkers
- Mastectomy Supplies
- Ostomy Supplies
- Bath Safety
- And Much More!

20% off Compression Stockings
Coupon redeemable for cash, check or credit card purchases only. Not redeemable for insurance transactions. Excludes custom/special orders & nutritional supplements. May not be combined with any other discounts. Coupon has no cash value.

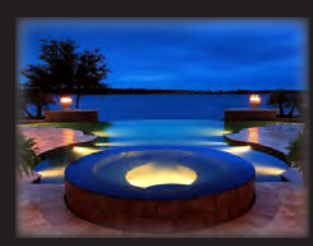
20% off Any One Item
Coupon redeemable for cash, check or credit card purchases only. Not redeemable for insurance transactions. Excludes custom/special orders & nutritional supplements. May not be combined with any other discounts. Coupon has no cash value.

2069 Aloma Ave.
Winter Park,
FL 32792
(407) 679-2135

762 E. Altamonte Drive
Altamonte Springs,
FL 32701
(407) 691-3009

Visit us on the web
www.binsons.com

MAKE THE BEST PLACE TO LIVE EVEN BETTER



Meeting all your needs and expectations in all aspects of residential construction services.
Please call today for a consultation.

Renovation • New Construction • Additions

CHRONUS
CONSTRUCTION
407.559.1000
www.chronusinc.com
CGC-1518919

CENTRAL FLORIDA'S WEEKENDER
ENTERTAINMENT & EVENT GUIDE

Plan your weekend with The Weekender!

This weekly newsletter keeps you up to date on events happening in Central Florida's cities, including Winter Park, Maitland, Oviedo, Winter Springs, Avalon Park and Waterford Lakes.

Visit seminolevoice.com and click "Subscribe to Newsletter"

# Medicare health checks catch problems early

SENIOR NEWS LINE

by Matilda Charles

Medicare has added another preventive service to our benefits: a yearly consultation with our health care provider to look at ways to prevent cardiovascular disease, such as coronary heart disease and stroke. This additional consultation can include exploring changes to diet, screening for hypertension and more. Until now, the covered service was a blood test every five years.

The list of Medicare preventive services is long, and it's to our benefit to use as many of these as our doctors think we need. Here is a sample of what is available:

—Colon cancer screenings: Can include a colonoscopy every 24 to 120 months, depending on your level of risk for colon cancer. A blood test can be ordered every 12 months.

—Bone-mass measurement: Tests for the risk of osteoporosis, and can be done every 24 months, or more often if indicated.

—Pneumococcal shots: Vaccine covers pneumococcal pneumonia, bacteremia, meningitis and otitis media, and generally only needs to be given once, although some at risk might need a booster shot.

—Glaucoma test: For those with a risk due to diabetes, a family history or other indications, this test can be a sight saver.

—Mammograms: Free yearly breast cancer screening if the doctor accepts the assignment.

—Prostate cancer screenings: Both the exam and a Prostate Specific Antigen (PSA) test is suggested once a year for men age 50 and older.

To see the rest of the preventive services, go to the Medicare website (www.medicare.gov), click Manage Your Health, then Preventive Services. There's even a printable chart you can take to your doctor to ask whether the assessments and screenings are right for you.

*Matilda Charles regrets that she cannot personally answer reader questions, but will incorporate them into her column whenever possible. Write to her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send email to columnreply@gmail.com*

*© 2011 King Features Synd. Inc.*

# Senior Community Bulletin

### DEC. 5

Daydream about the world beyond Orlando at an **international travel celebration** with complimentary breakfast on Monday, Dec. 5, from 9 a.m. to 11 a.m. at The Westin Lake Mary, 2974 International Parkway. Attendees will hear from travel experts and fellow travelers about 2012 industry trends, top destinations and more. RSVP to Priscilla O'Reilly by Thursday, Dec. 1, at 617-346-6841 or poreilly@oattravel.com. For more information visit GCT.com

### DEC. 15

Counsel for **Caregivers Seminar Series** at the Orlando Public Library, Third Floor, Albertson Room, 101 E. Central Blvd., is Thursday, Dec.15, at 12:10 p.m. and is also on "A medical look at depression: how to talk about it and ways to combat it." RSVP to OfficeOnAging@ocfl.net or 407-836-7446.

### Orange County Commission On Aging Newsletter, December 2011

**Virtual Dementia Tour —** You're invited to participate in this hands-on experiential training program offered in two locations: Tuesday, Dec. 6, at 5 p.m. at Arden Courts, 1057 Willa Springs Drive, or Tuesday, Dec. 13, at 2 p.m. at The Center for Memory Disorders, 3901 E. Colonial Drive. For information, call 407-447-5971.

**Community Partnerships Committee —** Local organizations serving Central Florida elders are invited to join the Commission on Aging's Community Partnerships Committee. The next bimonthly meeting is Thursday, Jan. 5, at 8:30 a.m., 2100 E. Michigan St. For information, call 407-836-6563.

**Florida Elder Crime Training —** The Florida Crime Prevention Training Institute is hosting several training opportunities in Central Florida in early 2012. Visit FCPTI.com for info. Classes include crimes against the elderly, aging issues: a comprehensive approach and law enforcement's role in elder crimes.

### Other News

AARP Driver Safety's free online webinar on **"Family Conversations with Older Drivers: We Need to Talk"** is scheduled for Wednesday, Dec. 5, at 4 p.m. To register visit http://tiny.cc/d3e8m

DOEA and FDLE Mark the third anniversary of **Silver Alert**. Since beginning in October 2008, there have been 377 Silver Alerts issued in Florida, with 367 seniors located safely and 51 of those recoveries attributed directly to the Silver Alert program. Read more at http://tiny.cc/7ln45.

The nation's **90-plus population** nearly tripled over the past three decades and now totals 1.9 million. See the full U.S. Census report at http://tiny.cc/45sxr

The **Brain Fitness Club** has teamed up with Rollins College students to offer a weekly photography class to people with early memory loss. For more information about the Brain Fitness Club, contact Peggy Bargmann at 407-927-4380 or email BrainFitness@cfl.rr.com.

**Updated FDEA website!** — The Florida Department of Elder Affairs website has recently been updated. Visit ElderAffairs.State.FL.US/ for programs, services, publications, reports, resources and more.


**Oviedo Antique Mall**

***Opening December 1st***

New 5,000 square foot antique & collectibles mall in downtown Oviedo.

Primitives, furniture, jewelry, lp albums, collectibles, coins & more

**Open 7 Days! Limited Dealer Space Available**

Kay Halley & other Halley's Antiques dealers are now located at Oviedo Antique Mall

**Dec. 1-8 watch batteries installed $2.00+tax each**

**95 Geneva Dr. Oviedo, FL 32765 • 407-366-3668**

*Savannah Court and Cottage*

of Oviedo

**Located on a beautiful campus setting, our two Savannah Court communities provide full assisted living services while Savannah Cottage offers a secured residence for those with memory loss.**

- Restaurant Style Dining Experience
- Vibrant and Extensive Activities Program
- 24/7 Well Trained and Caring Associates
- Laundry, Housekeeping and Linen Services
- Individualized Services and Care

*You are always welcome at Savannah Court and Cottage of Oviedo*

**Call us today, stop by for a visit, join us for lunch, or all of the above!**

Where hospitality is truly a way of life!

**395 Alafaya Woods Blvd., Oviedo, FL 32765**

**407-977-8786**

ALF License No. 9235, 9308, 9307

SAVANNAH COURT ASSISTED LIVING RESIDENCE

SAVANNAH COTTAGE MEMORY CARE RESIDENCE

**www.savannahcourtoviedo.com** *Signature property of* SLM


# Medicare Annual Enrollment ends on December 7th

## The Annual Enrollment Period for 2012 began on October 15th and ends on December 7th of 2011.

This is the time when eligible Medicare Beneficiaries can join a Medicare Advantage Plan. Coverage from the plan you join will begin on January 1, 2012. Enrollment opportunities for all parts of Medicare are limited and late enrollment is either prohibited or penalized.

The Medicare program is administered and regulated by the Centers for Medicare and Medicaid Services (CMS). There are four different components to Medicare:

**Part A – Hospital Insurance –** Covers things like inpatient care, skilled nursing facility, hospice and home health care.

**Part B - Medical Insurance –** Covers doctors visits, outpatient services and some preventive services

Original Medicare consists of only these two components. Note that Part B has a monthly premium which is deducted from the Medicare beneficiary's monthly Social Security check. Most people will pay the standard premium ($96.40 in 2011; it may increase in 2012), but those with higher incomes (over $85,000 for singles; over $170,000 for married couples) will pay higher premiums. Also, both Part A and Part B have other expenses such as deductibles, coinsurance and co-payments. As a rule, Medicare Supplement Plans (also known as Medi-Gap Plans), which are available through numerous insurance carriers at a substantial monthly premium, will cover those gaps.

**Part C – Medicare Advantage -** These plans, available from numerous insurance carriers, include both Parts A and B and usually Part D coverage as well. Many plans will offer additional benefits, such as vision, dental, hearing and wellness programs. Some plans will even rebate up to $96.40 of the Part B premium that Medicare deducts from your monthly Social Security benefit check.

**Part D –** Prescription Drug Coverage - Helps cover the cost of prescription drugs. You don't automatically get this coverage when you become eligible for Medicare; you need either to join a Medicare Advantage Plan (Part C) or pay a premium to add a prescription drug plan to your Original Medicare or Medicare Supplement coverage.

**HOW TO JOIN -** Review the CMS handbook, "Medicare and You." If you have internet access, you can go to www.medicare.gov and find additional information on Medicare Advantage Plans and/or Medicare Supplement Plans available in your area and the ratings of said plans. Decide whether you want to pay premiums (for a Medicare Supplement Plan and/or a Prescription Drug Plan) or enroll in a Medicare Advantage Plan. **Important – Annual Enrollment ends on December 7th.**

There are other times you might be able to join a Medicare Advantage Plan, too. For instance, if you are turning 65, are eligible for both Medicare and Medicaid, move into/out of the Medicare Advantage Plan's service area, receive extra help with prescription drug plan costs, or lose retiree health care coverage through your employer or union you may qualify for a Special Enrollment Period.

Bob Adams is President of A Safeharbor, LLC. He may be contacted at A SafeHarbor, LLC, PO Box 3167, Winter Park, FL.,32790, telephone 407/644-6646 or e-mail BobAdams@ASafeHarbor.com

Opening in Orlando February 1, 2012

# Meet our Resident Businesses at One Senior Place Orlando

- VITAS Innovative Hospice
- Serenades Memory Care by Sonata Health Care
- Hoyt and Bryan Elder Law Attorneys
- Bonnie Hearing
- Longwood Healthcare Center
- Senior Living Guide
- Imagination Marketing Services
- Arden Courts Memory Care
- Orlando Senior Health Network
- After 55
- Leigh Manor Assisted Living
- Alzheimer's and Dementia Resource Center
- Creating Divine Order
- AGED
- Life Care of Orlando and Altamonte Springs
- Elder Move Managers
- Price Financial
- 50+ Lifestyle & Directory
- Insurance Network for Seniors
- CarePlus
- Estate & Business Planning Group
- Savannah Court Assisted Living of Oviedo
- Baldwin Fairchild
- Humana MarketPoint
- Forever Young Magazine

one SENIOR place

# One Senior Place
## The First Stop for Senior Care and Services

For Central Florida seniors, their families and caregivers, finding products, services and resources that cater to their specific needs is about to be much easier – thanks to One Senior Place expansion to Orlando.

Building on 6 years of award-winning success in Brevard County, One Senior Place is about to open its second location to serve the Greater Orlando area – February 2012! One Senior Place is a business community that incorporates a wide range of senior-focused providers, a Senior Resource Library, Living Options Showroom, auditorium and conference center, and access to elder care management services. The center is located at 715 Douglas Avenue in Altamonte Springs and is built on the concept that combines business and service providers in a unique mall-like environment with the most thorough information, comprehensive resources and unbiased advice – all in a friendly, helpful environment. The concept integrates access to businesses, social and service organizations, non-profit resources, activities, events and care solutions – all dedicated to seniors, and all in one place.

**866-751-6771**
**www.OneSeniorPlace.com**

715 Douglas Avenue
Altamonte Springs, FL 32714

**Monday – Friday**
**8:30 am – 5 pm**

In short, One Senior Place is the first stop in navigating the maze of elder care. Never before have seniors or their families been able to call or visit one place and talk with experienced professionals in the senior services network who have access to all the senior resources available in the community. Seniors and their family members will be able to use the "one-stop" resource for answers on everything from health care, legal, financial concerns, in-home care, to educational seminars and events designed for the active senior to remain engaged and informed. One Senior Place Orlando will also offer a Living Options Showroom and on-site Senior Resource Library that lets visitors gather information and learn about products or services particular to seniors.

But it's not all about care or support. Active seniors will find classes, seminars and an Active Senior Club to join and enjoy. Mark your calendar now for February 1, 2012 when One Senior Place will officially open in Orlando. You will be invited to see firsthand how One Senior Place is revolutionizing how America shops for elder care and services. Grand opening events are being planned now, so watch for details in coming months. We're not a senior center, a healthcare facility, a nursing home, or a place to live. We're the "personal assistant" you need who has done the research to put you in touch with whatever you need. Soon, you will be able to find what you need, all in one place. No more unanswered questions, no more wondering where to begin.

To find out more, call us at 866-751-6771 or visit us on the web at **www.OneSeniorPlace.com**

# Calendar of Events

## February 2012

**February 1st One Senior Place Orlando opens its doors!**

**February 23rd Ribbon Cutting Ceremony 10 am**
Join One Senior Place, community leaders and Chamber Members as we celebrate the Grand Opening of One Senior Place!

## March 2012

**March 22nd Community Open House 10 am – 4 pm** Come meet all of our Resident Businesses that are here to serve YOU! Stop by to see what we are all about!

## April 2012

**April 19th 9 am – 1 pm One Senior Place presents Senior Living Options Day.** One Senior Place is putting the Options in Senior Living! Join us to meet the elder care experts who will help you understand all the different opportunities for senior living here in Orlando. Learn what living options are available and what is right for you, legal considerations, tips strategies and straight answers.

## And beyond

**June 7th - Women's Day Extravaganza 9am - 1pm** Ladies don't miss our best day of the year! This inspiring event is specially designed to help women celebrate who they are, enjoy the fellowship of other women and continue life's learning experience. Hear informative and inspiring presenters. Don't miss this event!

one SENIOR place

See our full Calendar of Events
at **www.OneSeniorPlace.com**

**866-751-6771**

# ATHLETICS

**THIS WEEK** in sports history

Dec. 14, 1909 —
Workers place the last of the 3.2 million 10-pound bricks that pave the Indianapolis Motor Speedway in Indiana. Since then, all but a 1-yard-wide strip at the start-finish line has been buried under asphalt. Kissing those bricks after a successful race remains a tradition among Indy drivers.

## Knights get big wins

**ISAAC BABCOCK**
The Voice

The UCF Knights did something last weekend they haven't done in nearly a year: won a football game and lost a men's basketball game.

On Friday, Nov. 25, the football team (5-7, 3-5) did something they hadn't done the entire month of November, winning a game against UTEP (5-7, 2-6). They won convincingly with a 31-14 smashing that was dominated by UCF from the outset.

For the Knights, whose postseason hopes ended the previous week against East Carolina, it's rebuilding time, with a crop of promising freshmen with another year under their belt to hopefully sort some teething issues they faced in their first season.

### Basketball

UCF's men's basketball team wasted no time establishing itself as a dominant force so far this season, with an exhibition win Nov. 5 followed by a 4-2 regular season start against tough competition from around the nation.

And the Knights may already have a high point to their early season, shocking No. 4 Connecticut 68-63 on Nov. 25 at the Battle 4 Atlantis in the Bahamas. The Huskies (6-1) were ranked No. 4 in the nation at the time. Since their first loss, the Huskies have since descended to No. 8 in the Associated Press poll.

Helping the Knights to that comeback win was a leading duo of forward Keith Clanton and guard Marcus Jordan, who each scored 20 points, with Jordan picking up seven assists and seven rebounds. Becoming more of a presence after last season, Isaiah Sykes has filled his new starting role well, with 10 points against UConn.

The Knights announced captain A.J. Rompza will be able to return as early as Dec. 30 once he's satisfied NCAA requirements. That's just in time for the second day of the UCF Holiday Classic.

For the Knights this weekend, it's the beginning of a four-game homestand starting against Hartford at 5 p.m. Saturday, Dec. 3. As of Tuesday the Hawks were 0-6 on the season preparing to host Yale.

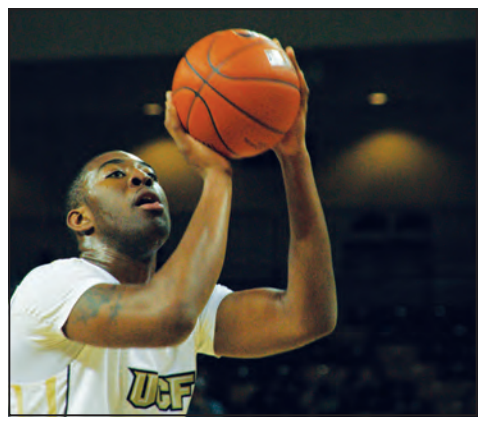


PHOTO BY **ISAAC BABCOCK** — THE VOICE
**UCF forward Keith Clanton** has led in scoring during the Knights' 4-2 start to the season.

## Lions roar on the court

**ISAAC BABCOCK**
The Voice

The Oviedo Lions are already making a statement on the basketball court this season, blasting off to a 3-0 start in their first week on the court. And the games will come fast and furious in the next week, as the Lions face three big opponents in just five days.

The Lions made quick work of their first three opponents of the season, blowing away Agape Christian 81-49 on Monday, Nov. 21, then beating Celebration 60-47 the next day. But a tight game that went to the final seconds against Lyman may have been the Lions' biggest win so far, proving they can perform in the clutch.

Sharpshooter Matt Milon nailed 63 percent of his shots on the night for 14 points, including the decisive shot that put the Lions ahead 53-51 before time expired.

Though Oviedo's RJ June put on a show offensively with 23 points in the game, the low-scoring affair was dominated by defense. The scrappy Lions grabbed 13 steals in the game, at one point controlling the ball so well that they held the Greyhounds to only three points in the third quarter.

On Friday, Dec. 2, they'll host cross-town rival Hagerty for a 7:30 p.m. showdown. Last season the two met twice, with Hagerty prevailing both times by a total spread of five points.

After that grudge match the Lions will travel to Lake Brantley for a 7:30 p.m. Dec. 5 tipoff. Then they'll head back home the next day for their first game against Seminole at 7:30 p.m. Tuesday, Dec. 6.

### Hagerty

The Huskies made it into the regional playoffs last season on the backs of a strong starting lineup, almost all of which has returned for this season. That's already paved the way to a strong start, with a big 66-33 win against Spruce Creek proving the Huskies have the offensive firepower.

They'll travel to Oviedo for a 7:30 p.m. Friday, Dec. 2, tipoff, then have a few days' break before hosting Lake Mary at 7:30 p.m. Wednesday, Dec. 7.

### Winter Springs

Three straight losses after a narrow win have made for a tough introduction to the season for the Bears. Winter Springs fell to Lyman, Lake Brantley and East River in the past week, after struggling to score more than 50 points per game.

They'll travel to Freedom for a 7:30 p.m. start on Friday, Dec. 2, then return home for a 7:30 p.m. Monday, Dec. 5 showdown against Lyman.

### Football

Oviedo's foray into the postseason was a short-lived one, as they were edged in the first round by Clermont's East Ridge 21-18 on Friday, Nov. 18. That narrow loss ended the postseason hopes for the district champions.

# VOICES

## THIS WEEK in political history

**Dec. 16, 1773 —**
In Boston Harbor, a group of Massachusetts colonists, some disguised as Mohawk Indians, board three British tea ships and dump 342 chests of tea into the harbor in protest of the British Parliament's Tea Act of 1773. The value of the tea was more than $700,000 in today's currency.

EMPLOYMENT

## Ask Sandi

# Volunteer to bolster skills

With all of the holidays around us it is easy to get sidetracked from your job search. It is also easy to get depressed and frustrated. I have heard of job searching these days being compared to playing the lottery. You send out your resume, hoping you have a chance to hear back.

Don't let this important time be a distraction. Many people plan to look for new jobs in the New Year, which may open a position for you. Continue to follow a job search plan, research companies, attend open houses, attend job fairs, network, apply for openings you see, and follow up as you are able.

One lady I have been working with had two interviews last week, and she came away so positive. Take those opportunities to celebrate. Even if you don't get the job, it gives you a chance to fine-tune your interviewing skills.

There are lots of opportunities to volunteer at this time of the year. This is a great way to get your mind off things, keep your skills fresh and meet new people. Who knows, maybe your volunteer job could lead into a full-time job.

If you need food assistance or other help during the holidays, there are many churches and agencies that step up their giving at this time. Look at your local papers, watch the news and call around to see who is offering what.

Most of all, be thankful for what you do have. It can be hard, but thinking positive is always better than the alternative.

**TALK TO SANDI**

Sandi Vidal is the executive director for Christian HELP and the Central Florida Employment Council, with more than 10 years of recruiting and human resources experience. Please send questions about employment by **fax 407-260-2949**, **sandi@christianhelp.org**, or mail Ask Sandi C/O Christian HELP, 450 Seminola Blvd., Casselberry, FL 32707.

# Letters to the editor

### Hunger, homelessness and our children

The Casselberry community is responding aggressively to the needs of hungry and homeless families filmed on "60 Minutes."

For the second time this year, "60 Minutes" has been filming in Casselberry Elementary School. As the first segment aired in March, the Casselberry community was shocked and embarrassed that there were children in our neighborhoods who were going to bed hungry and growing up homeless. The problem was, and still remains, overwhelming, but we have decided to work together and see what kind of a difference we can make!

Within days of the first segment airing, local churches and community members had begun meeting the immediate, short-term needs of the students at Casselberry Elementary, our local school. Short-term needs were initially met through providing food and clothing as well as job-finding support, fun family nights at the school and a summer program that ensured that no child in the city of Casselberry went hungry during the long summer months.

As the short-term needs were addressed, we began working on a long-term solution to the issues of hunger and homelessness. This includes mentoring programs, fun community activities and helping people move out of a lifestyle of poverty to self-sustainability. One of the centerpieces of the community's response has been the placement of a "Care Cabin" on the property of Casselberry Elementary School. This is a portable cabin stocked with all the resources necessary to care for our community kids. This cabin is run, managed and organized for our community by our community. Dede Schaffner, chairwoman of the Seminole County School Board, said that this method of school-centered care is a "model for the nation."

There are so many factors involved that put children into poverty, and there are an equal number of things that need to be done to help them out. To help people move into stable circumstances is going to take a continual investment of time, energy, effort and love.

Our work has been accomplished through the formation of a community task force, with more than 30 organizations uniting together around the cause of ensuring that no child in our city would go hungry or sleep on the streets. We haven't yet accomplished this goal and continue to fight an uphill battle in doing so as societal pressures (loss of jobs, reduction in income, etc.) often mean that our families have to take a step backward before they can take one forward. The motto of our task force is a quote from Harry Truman, who said "It's amazing what can happen when you don't care who gets the credit." This selfless attitude is one of the values that have kept us going in a messy and discouraging context.

A school-centric model of care has been developed that has made an incredible difference in the lives of our children. This is all possible through a collaborative partnership where the local community serves the needs of students within our school.

Since the show's first airing, stomachs have been filled, employment has been found, houses have been moved into and smiles have been restored to children's faces. The plight of the children in our city brought us together and our community has responded by demonstrating that Casselberry is a community that cares!

For more information please visit our blog, www.CasselberryCommunityTaskForce.org or email CasselberryCommunityTaskForce@gmail.com

—Sandi Vidal and Andy Searles
Casselberry Community Task Force members

# Be a lifesaver when others panic

**DR. DENISE PANUCCIO**
Guest Writer

I am a Seminole County resident and an internal medicine physician. I am also mother to three active kids, one who plays tackle football on AAU league in Sanford. This past Saturday we were having an end-of-year barbecue for the football team. It was a picture perfect day, until something unbelievable happened.

My husband and I were the unofficial team physicians for the past four years. During games we treated cuts, bruises, broken bones and dehydration. This particular day I attended the party without my husband and my oldest son. I was in line to get a hamburger when I heard "Denise, we need you." Thinking it was a scraped knee or such, I said, "Sure, be right there." In the background, a crowd of partygoers screamed that a dad from the team had fallen down and was having a seizure. I dropped my plate, left my daughter and started running to the basketball court. The entrance was blocked by people. I put my hands on someone's chest and pushed them hard out of my way, as I yelled, "You, call 911!"

My friend was on his side under the basket, not moving. And I was afraid it was more than a seizure. I rolled him to his back and stared at his blue face, foaming mouth and eyes that were rolled back in his head. His wife was 2-3 feet away, screaming and crying. There was a ring of adults standing nearby. I believe they were helping the victim's wife and calling 911.

The only thing I saw from then on was my cyanotic friend. I remembered to myself, "ABC: airway, breathing, circulation." I lifted his neck, supported his head, and blew into his mouth. The sound that came out was a death rattle. I was frightened, but I had to keep giving him oxygen, I did this over and over. Finally, I saw some color coming back, but not as quickly as I had hoped. Still, there was no sign of his pulse returning, and no movement of his face.

Then, just as I was about to leave his mouth to check his pulse and start chest compressions, I heard a voice behind me, "I know CPR. How can I help?" There is a God, I said to myself. I was back in doctor mode and gave out orders, "Go on that side and get me a pulse." "No pulse!" she exclaimed, and correctly told me she was ready to do chest compressions whenever I gave the order.

Suddenly, there were my friend's eyes, still pinpoint, but looking at me! Next, there was a flicker of movement in his face! "No chest compressions!" I yelled with relief.

CPR saves lives. Learn it, you never know when you may need it. Stories like this do not always have happy endings, not without CPR training. You never know when your friend may need it.

Visit RedCross.org or Heart.org for information on first aid and CPR classes.

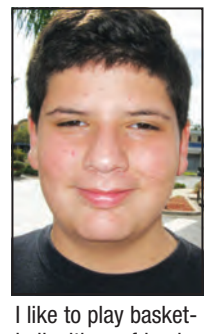
*Dr. Denise Panuccio practices in Altamonte Springs. Call 407-869-8747.*

## Young Voices

We asked kids at the Winter Springs Town Center what activities they enjoy doing outside.

I like to ride my black and silver scooter in my driveway. I got it for my ninth birthday. Good balance is important with a scooter. I kind of like running too.
**—Kendra B.**
**10 years old**

I like to play sports outside, like soccer, tennis and basketball. Soccer is my favorite because you defend your goal and score goals. It's good exercise for your legs and to meet new friends.
**—Molly T.**
**8 years old**



I like to play basketball with my friends. I'm in seventh grade at Jackson Heights Middle School. I also ride my scooter around my neighborhood. It's gray with black handles.
**—Michael S.**
**13 years old**

I like to run around outside. My family rides bikes. My bike is purple and aqua blue…. I always wear a helmet because it is safer. My scooter is pink and white and has "Hello Kitty" on it.
**—Zoe P.**
**5 years old**

I like playing outside with our dog, Shadow. I also play softball, and my favorite position is shortstop. When they try to steal from first to second base I can get them out.
**—Natalie F.**
**9 years old**

**We would love to hear from your Young Voices!**

Call 407-563-7026 or e-mail editor@observernewspapers.com to have The Voice visit your class or group.

# TheMarketplace

## professional service

### Taylor Lawn Care

Family operated and Serviceing since 1983. Year round or Seasonal Service. Trim the hedges,Mow the Yard,Trim the Trees or Rototill the Garden, your the Boss. Contact Russel Taylor at 407-260-5240 or Email Laboys@aol.com for FREE estimate.

### House and Condo Cleaning

Getting your home sparkling clean. Reasonable prices and references. Call Debbie, 321-972-8433

## real estate: commercial

### OFFICES FOR RENT

Winter Park Real Estate - Offices for Rent (Winter Park/Goldenrod/University). Doctor's Office w/5 exam rooms + extra features. Other office units available from 800-3000 square feet. Nice Bldg; great prices. Call 407-293-1934

## help wanted

### BASIC SECRETARIAL COMPUTER WORK - PART TIME

Communications for project promotions * Edit & send resumes & cover letters * set up new files * home maintenance records * use the internet to research building materials. Flexible schedule. Start immediately. Competitive salary. Call for Appt. Wendell Feltman, Sr, 321-439-1616

## real estate: for sale

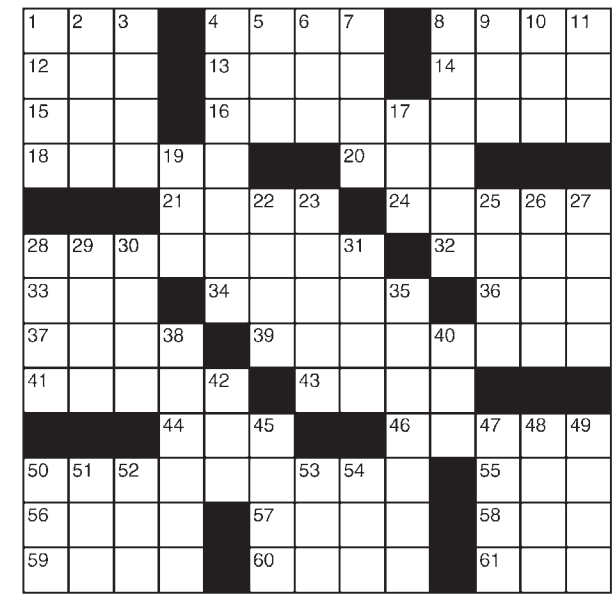
### 1 ACRE PRIME LOT - OVIEDO

1 acre prime lot for sale near downtown Oviedo. Great location, minutes from UCF and 417. Call and ask for Fran or Jamie. 407-365-6611

A Better Plumber
Commercial • Residential
CFC1427645
407-644-4000
• NEVER Charge Overtime
• 35 Years Experience
• 24 Hour Service
Leak detection and repairs
Whole house repipes
Irrigation
Drain cleaning
Hydro Jetting/Rootburning Sewer Camera
Water heaters
Backflow testing
Fixture installs

HODGES BROTHERS INC
ROOFING & CONSTRUCTION
Locally owned roofing company serving Central Florida since 1978. Offering Complete Residential and Commercial roofing and construction services. Licensed, Bonded & Insured.
BE PREPARED THIS HURRICANE SEASON
Call for your free estimate.
407-650-0013
501 Hames Avenue. Orlando, FL 32805
info@hodgesbrothers.net
WWW.HODGESBROTHERS.NET
CCC042845CGC1518169
Angie's list
NATIONAL ROOFING CONTRACTORS ASSOCIATION MEMBER
ACCREDITED BUSINESS

## King Crossword



**ACROSS**
1 Equine repast
4 Swear
8 Kitten's comment
12 Way back when
13 Chills and fever
14 Sandwich cookie
15 Aye canceler
16 Disneyland, e.g.
18 React to a pun
20 Mischievous tyke
21 "I taut I — puddy-tat!"
24 56-Across style
28 Roughly estimated
32 Mexican entree
33 "Eureka!"
34 Aid for a sore arm
36 Ultra-modernist
37 Soak up some rays
39 Texas city
41 Loathe
43 Bat a gnat
44 Existed
46 West Point newbie
50 Cartman's home
55 NAFTA signatory
56 Car
57 Satan's specialty
58 Suitable
59 Team of workers
60 Relinquish
61 Caustic solution

**DOWN**
1 Suspend
2 Culture medium
3 Toy on a string
4 Quick snoozes
5 "That tastes awful!"
6 Seek damages
7 Big rig
8 Tyke
9 Geological period
10 "— the fields we go ..."
11 Stir-fry pan
17 Type measures
19 Pac. counterpart
22 Forest (Ger.)
23 The Ram
25 Comical Carvey
26 Computer brand
27 Cubbyhole
28 Rum cake
29 Moby-Dick's pursuer
30 Whip
31 Recognized
35 Large blackbird
38 Bow obsequiously
40 Bake sale org., maybe
42 Cheerleader's cry
45 Detail, for short
47 Two-way
48 Catch sight of
49 London gallery
50 Pouch
51 "— Town"
52 Multipurpose truck
53 Rd.
54 Disencumber

© 2011 King Features Synd., Inc.

— King Crossword —
Answers
Solution time: 25 mins.

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| C | R | E | W | | E | D | E | C | | L | Y | E |
| A | U | T | O | | E | V | I | L | | A | P | T |
| S | O | U | T | H | P | A | R | K | | U | S | A |
| | | | W | A | S | | | C | A | D | E | T |
| A | B | H | O | R | | S | W | A | T | | | |
| B | A | S | K | | D | E | E | R | P | A | R | K |
| A | H | A | | S | L | I | N | G | | N | E | O |
| B | A | L | L | P | A | R | K | | T | A | C | O |
| | | | T | A | W | A | | S | E | D | A | N |
| G | R | O | A | N | | | I | M | P | | | |
| N | A | Y | | T | H | E | M | E | P | A | R | K |
| A | G | O | | A | G | U | E | | O | R | E | O |
| A | U | S | S | C | | | | M | E | O | W | |
| H | A | Y | | | | | | | | | | |

We Buy Cars And Trucks
Any Condition
J & B Used Auto Parts
10 Acre U-Pull-It Yard
17105 E Colonial Dr, Orlando, FL
No Entry Fee
407-568-2131
Open Saturdays