

Observer

NEIGHBORHOODS IN OUR NEIGHBORHOOD.

VOLUME 30, NO. 28

FREE · FRIDAY, JULY 13, 2018



Fun times at VBS
Maitland church hosts creative camp. **PAGE 7.**



Live tunes at Aloma Bowl

The bowling alley gives local musicians a unique venue to play. **SEE PAGE 10.**

YOUR TOWN

COMMUNITY BIDS FAREWELL TO CIVIC CENTER

10 a.m. on Saturday, July 14 at the Rachel D. Murrah Civic Center, 1050 W. Morse Blvd., Winter Park. Please join the community as it bids farewell to the Rachel D. Murrah Civic Center, one of the city's celebratory gathering places.

By 2020, this location where the civic center currently stands will be transformed into the city's new state-of-art library and events center designed by internationally-acclaimed architect Sir David Adjaye.

Before construction begins on the new facility, the city will host "We Still Do," a Farewell Celebration that is open to the public. Couples will also have a chance to renew their wedding vows. You can share your memories by emailing them to the library at history@wppl.org or scan your original prints at the library, located at 460 E. New England Ave. The Winter Park Public Library will also scan photos at the event itself for their history collection. For more information, visit bit.ly/2M4NITC



Rampage

Former Orangewood baseball players Michael Gizzi and Jackson Lueck have landed deals in the MLB.

Courtesy photo by Jeremy Esbrandt

Former Orangewood Ram and FSU grad Jackson Lueck was picked up in round eight of the MLB Draft by the Kansas City Royals.

TROY HERRING
ASSOCIATE EDITOR

One of the biggest signs of success for a high school baseball program – or any program for that matter – is the number of players that reach the next level. For bigger schools this is often not a problem, but for smaller

schools it can be a bit more difficult.

But despite its size, Orangewood Christian School in Maitland is doing something that many schools its size don't often get to experience – seeing its kids make it to the big time.

In the most recent MLB draft, which was held in June,

Orangewood alums Michael Gizzi ('14) and Jackson Lueck ('15) found themselves a team to call their own in the Detroit Tigers and Kansas City Royals respectively.

Seeing his former players get picked up by MLB teams is a sight that head baseball coach Scott Hilinski said never gets old.

"I think it's awesome – just as a coach you become a fan watching guys kind of navigate college and navigate the next steps outside of high school," Hilinski said. "It's neat for the program, but it's more special for their family and the journey that they're

SEE TWO PAGE 4

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Denning Drive project presses on

The stretch of road from Morse Boulevard to Canton Avenue will be closed during phase three.

TIM FREED
ASSOCIATE EDITOR

A project that's reshaping Denning Drive is taking another step forward.

Winter Park had a stretch of Denning Drive from Morse Boulevard to Canton Avenue shut down starting Wednesday to allow road work – part of an ongo-



Tim Freed

Phase three is currently underway for the Denning Drive streetscape project.

SEE ROAD PAGE 4

Winter Park City Commission makes adjustments to mural laws

City Commissioners eased regulations on wall murals to preserve free speech.

TIM FREED
ASSOCIATE EDITOR

For many artists, the world around us is a canvas. Brick walls and wooden fences can showcase a masterpiece. Public art is an outlet of free speech – and that's the exact sentiment Winter Park leaders had in mind with a recent vote.

Winter Park City Commissioners removed language from the books at their Monday, July 9



Tim Freed

Artists who work on the outside of buildings have a little more creative freedom now in Winter Park.

SEE MURAL PAGE 4

YOUR CALENDAR

WINTER PARK

**FRIDAY, JULY 13
ST. MARGARET MARY
RUMMAGE SALE**

8 to 2 p.m. on Friday, July 13 and Saturday, July 14 at St. Margaret Mary Catholic Church, 560 N. Park Ave., Winter Park. Come to the annual St. Margaret Mary Church Rummage Sale. There is parking available behind the church. They'll have clothes, kitchen appliances, electronics, furniture and more. For more information, call (407) 671-4798 or (407) 647-3392.

**SATURDAY, JULY 14
'WE STILL DO'**

10 a.m. on Saturday, July 14 at the Rachel D. Murrah Civic Center, 1050 W. Morse Blvd., Winter Park. Please join the community as it bids farewell to the Rachel D. Murrah Civic Center, one of the city's celebratory gathering places. For 32 years, the center has been host to hundreds of weddings, birthdays, anniversaries, bar and bat mitzvahs, monthly meetings, and a variety of other special occasions. By 2020, this location where the civic center currently stands will be transformed into the city's new state-of-art library and events center designed by internationally-acclaimed architect Sir David Adjaye. Before construction begins on the new facility, the city will host "We Still Do," a Farewell Celebration that

is open to the public. Couples will also have a chance to renew their wedding vows. You can share your memories by emailing them to the library at history@wppl.org or scan your original prints at the library, located at 460 E. New England Ave. The Winter Park Public Library will also scan photos at the event itself for their history collection. For more information, visit bit.ly/2M4NITC

ICE CREAM SOCIAL

Noon to 2 p.m. on Saturday, July 14 at Martin Luther King Jr. Park, 1050 W. Morse Blvd., Winter Park. Join the Parks & Recreation Department for a cold sweet treat at Martin Luther King Jr. Park. They will feature two flavors of ice cream with tons of toppings to choose from. This is a free event! Call (407) 599-3342.

MONDAY, JULY 16

WINTER PARK EXECUTIVE WOMEN – SUMMER SOIREE

5:30 to 7:30 p.m. on Monday, July 16 at 310 Park South, 310 S. Park Ave., Winter Park. Join the Winter Park Chamber of Commerce's Winter Park Executive Women at 310 Park South for a Summer Soiree! Indulge in a marvelous selection of wine and light bites while connecting with fellow executive women in a fun and relaxed environment. Cost is \$35-\$50. For more information, call (407) 644-8281.

WEDNESDAY JULY 18

WINTER PARK PAINT PARTY

10 a.m. to noon, Wednesday, July 18 at Phelps Park, 1200 N. Phelps Ave., Winter Park. The Parks and Recreation Department's Family Fun Program invites children kindergarten through third grade to a paint party in Phelps Park. This event is

free and open to the public. Call (407) 599-3342.

MAITLAND

**FRIDAY, JULY 13
YOGA AT THE MAITLAND
PUBLIC LIBRARY**

4:30 p.m. every Friday at Maitland Public Library, 501 Maitland Ave. S., Maitland. Let Jenny Blackburn help you destress from the week and refresh for the weekend. Take your own mat, towel and water bottle. For more information, call (407) 647-7700.

SUNDAY, JULY 15

MAITLAND FARMERS MARKET

9 a.m. to 2 p.m. every Sunday at Lake Lily Park, 701 Lake Lily Drive, Maitland. Browse through a section of fresh produce and other items at this weekly farmers market in Maitland. For more information, visit Maitland Farmers Market on Facebook.

WEDNESDAY, JULY 18

MAITLAND CHAMBER OF COMMERCE MONTHLY LUNCHEON

11:30 a.m. to 1 p.m. on Wednesday, July 18 at the RDV Sportsplex, 8701 Maitland Summit Blvd., Orlando. Come out to the chamber's monthly luncheon, held on the third Wednesday of every month. Dave Rothfeld of Creative Sales & Management Inc. will be the guest speaker. For more information and to register, visit business.maitlandchamber.com

ORLANDO

**FRIDAY, JULY 13
STORYBOOK FUN**

10:30 to 11 a.m. every Friday and Saturday at the Orlando Public

Library, 101 E. Central Blvd., Orlando. Designed especially for preschoolers ages 3-5, Storybook Fun lasts 25 minutes. The use of picture books, songs and told stories will encourage your child to read, talk, sing, write and play. For more information, call (407) 835-7323.

SATURDAY, JULY 14

YOGA AT BARLEY AND VINE BIERGARTEN

11 a.m. every Saturday at Barley and Vine Biergarten, 2406 E. Washington St., Orlando. Looking for a mix of beer and yoga? Join an hourlong yoga practice with a carton of water and craft beer for \$10. For more information, call (407) 930-0960.

COLLEGE PARK

**SUNDAY, JULY 15
COLLEGE PARK FARMERS MARKET**

9:30 a.m. to 1 p.m. every Sunday at Infusion Tea, 1600 Edgewater Drive, Orlando. Browse local produce and goods at this dog-friendly farmers market in College Park every week. For more information, visit facebook.com/TheCollegeParkFarmersMarket/

MONDAY, JULY 16

FENCING CLASSES

7 to 9 p.m. Mondays and Thursdays at the College Park Community Center, 2393 Elizabeth Ave., Orlando. Join this developmental and instructional class that teaches the fundamentals of fencing. A fencing class for youth is also available from 6 to 7 p.m. on Mondays. Cost is \$10 per class. For more information, call (407) 246-4447.



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ADVERTORIAL

Strength training at any age can help improve muscle mass and bone density

Allison Olcsvay

Three years ago, Georgia Ellison was facing the same prognosis that she has watched her mother suffer with for decades. The progressive osteopenia would someday develop into osteoporosis, bringing on devastating broken bones and pain.

"My mother is 93 now, and I've watched her suffer so much; I just don't want that to happen to me," Ellison said.

Medication to strengthen her bones never produced significant results, and after years of taking them, she decided to try a new course of action.

Following the recommendation of a friend she signed on with Elite Strength and Fitness of Winter Park and began following a twice-weekly strength-training regimen designed to increase her muscle mass and bone density.

At her next DEXA scan to measure density, Ellison's doctor noticed a big change and she was able to stop taking her medication.

Success stories like Ellison's don't come easy though; it took months of intense workouts with the guidance of personal trainers to get there.

At 64, Les Rinehart, one of Elite's trainers, knows the challenges his clients face.

After 33 years in the fitness industry, the former strength coach for the Charlotte Hornets retired in 2007, only to come out

of retirement a few years ago to join Elite because, he said, he saw the value in what they offered their clients.

"The equipment here is top of the line and the techniques produce results like no other," Rinehart said.

At Elite, education is as important as the equipment. Before clients spend anytime working out, they share their medical history, goals and concerns with trainers who develop a plan that covers time inside and outside of the gym.

"Clients' needs are evaluated and we give them a detailed analysis of what they need to do, especially at home, to accomplish their goals," said owner Monte Mitchell.

Homework might include keeping food and exercise journals to learn more about their habits, especially if weight loss is a goal.



Rather than working out with sweaty, bulked-up gym rats, Elite's clients find an almost Zen-like atmosphere, with trainers attentive to their every motion.

Speaking in tones of calm assurance, trainers offer equal parts encouragement and challenge, pushing clients to new levels.

The workouts are physically demanding, but not in the way one might expect. Motions are slow and intensely controlled, demanding maximum effort from muscles while barely breaking a sweat.

"Many clients don't even change out of office clothes," Rinehart said. "They simply don't need to."

Before beginning with Elite, Bors suffered from daily back pain, but after just a few months in the gym, she experienced a noticeable change in pain levels and now rarely suffers at all.

"It's been remarkable for me," she said. "I can feel how strong I am, especially when I am traveling carrying luggage. I have a strength I never had before."

"The strength training is very good for preventing bone loss," said Bors, "which is something we all need as we age."

The gym also offers a 12-week group nutrition workshop to their members, guaranteeing results for their clients, provided they follow all the recommendations made during their consultation.

70-year-old physician Dr. Maria Bors has been a client of Elite for seven years and finds that training there fits quite nicely into her busy lifestyle.

"The 20-minute workouts are easy for me to fit in and I find them easy to commit to," Bors said.

407-740-7750 • 1312 Palmetto Avenue, Winter Park, FL 32789 • www.elitestrengthandfitness.com

Mention this ad for a free consultation. You can schedule this consultation by calling Elite Strength & Fitness at 407-740-7750

Maitland introduces Maitland West project amendment

Council advanced a proposal for additions to the Maitland West project.

HARRY SAYER
BLACK TIE REPORTER

IN OTHER NEWS

■ Council approved the piggybacking off of a Volusia County Contract for seasonal worker assistance. The city has been bolstering maintenance staff with contractual labor due to a trades worker shortage and the cost for the remainder of 2018 looks to exceed \$50,000, requiring council approval.

■ The city approved a contract with Condor Construction, Corp for the construction of a sidewalk on the north side of Marion Way from Maitland Avenue to Robinhood Drive. The project is expected to cost \$63,708 with an extra \$1,292 in case of unforeseen conditions.

The Maitland City Council introduced an ordinance amending the Maitland West project during a meeting on Monday, July 9.

After a series of proclamations and addressing a few items on the consent agenda, council settled down to hear an amendment concerning the planned development project. According to city documents, the proposed amendment would address the second phase of the mixed-use property on the southeast corner of Forest City Road and S.R. 414. The proposed additions to phase two of the project include a roadway connection through a lot in Maitland West, the development of an emergency clinic and restaurant, the modification of the Florida Department of Transportation drainage system and the development of retention ponds.

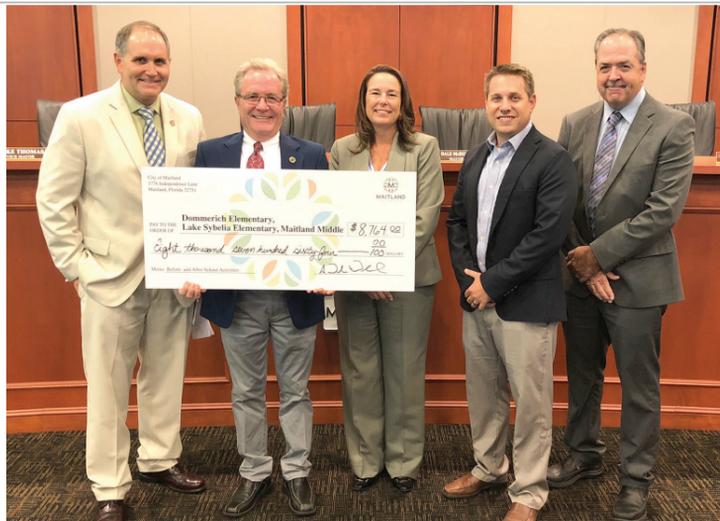
The proposal has already been discussed in city meetings since October of last year. Maitland's DRC and P&Z recommended approval with a few conditions: the city's concerns about a drainage solution must be met, some

construction must wait until an eight-foot wall is constructed along the southern property line, each development phase must be proven to be independent and sustainable, and that the emergency medical center must have a way to properly dispose waste and have its ambulances keep their sirens off on the Maitland West property.

Patrick Panza, assistant planning manager for the Community solutions group and representative for the applicant, fielded questions from city staff regarding noise from ambulances and the type of future businesses Maitland West will contain.

"I can't say the client has any particular uses right now (for business properties) at this moment however... we'd be looking for complimentary uses (for a new business)."

The Council approved the introduction unanimously and will make a final decision on the matter following a public hearing at the July 23 meeting.



The Foundation for Orange County Public Schools made a presentation of over \$8,000 to Maitland's public schools.

MAITLAND DONATION

The City Council and the Foundation for Orange County Public Schools presented an endowment of \$8,764 to Maitland's three public schools at the beginning of the meeting.

Foundation president Scott Howatt presented a check for \$8,764 to be dispersed between Maitland Middle, Lake Sybelia and Dommerich Elementary, who received \$2,719, \$2,278 and \$3,768 respectively. The money will be

used for the school's before and after programs.

"This is such a perfect solution for the opportunities that we had," McDonald said. "This is a version of home rule for our schools. These folks know what they need for their schools more than we do and I'm happy to provide them those choices on an ongoing basis."

Cinco Tacos + Tequila coming to Winter Park

The Cali-Mexican fusion eatery hopes to have its grand opening later this year.

HARRY SAYER
BLACK TIE REPORTER

A new California-Mexican restaurant is making its way to Winter Park – and doing so in style.

Cinco Tacos + Tequila, a restaurant specializing in Cali-Mex cuisine, is taking the place of the Carmel Kitchen & Wine Bar at 140 N. Orlando Avenue.

"We want to be a good neighbor and be an option for diners to come to and enjoy and smile," owner Greg Pranzo said. "That's what we're really going for."

The new addition to Winter Park's food scene, which Pranzo hopes will have a grand opening September, will have a number of California and Mexican dishes. Pranzo himself is partial to their guacamole, queso fundido with chorizo, korean-fried barbecue, and more. Cinco's will also have an array of vegan options like "The Impossible Taco" – a dish Pranzo says walks and talks like meat, but it's not.

Cinco's ingredients and all of the meals they create are made fresh – Pranzo is proud to say his new restaurant has a scratch kitchen.

Beyond the fresh food, customers checking out Cinco's Tacos will experience some theatricality with their meal. The Cinco Burger has its cheese scraped off a cheese wheel by staff in front of the customers while the menu



Harry Sayer
Cinco Tacos + Tequila is taking the place of Carmel Kitchen in Winter Park.

also includes dry-ice margaritas that smoke at the top. Customers also receive a complimentary basket of chips and salsa when they visit, too.

Pranzo has a number of franchises and concepts in a few states. Those include a pizza joint in Myrtle Beach, multiple bagel shops, food trucks, and Wahlburgers in several southeastern states.

When planning Cinco's, Pranzo wanted the exterior aesthetic to match the posh neighborhood feel of Winter Park itself. To that end, the restaurant is covered in a faux ivy material to give it a luxurious look.

"I like to refer to Winter Park as the Beverly Hills of Orlando," Pranzo said. "I think highly of that town and taking that approach,



we decided to keep everything in Ivy to give you a good, Beverly Hills, L.A., sort of feel."

The restaurant has been coming together for a few months and Pranzo is in the middle of the hiring process. National Tequila Day will serve both as ribbon cutting and the kickoff for Tequila Tuesdays at the eatery. Pranzo also plans for special Cinco de Mayo events each year.

He's excited for Winter Park to experience everything Cinco has to offer.

"With (Guy Fieri's American Bar and Grill) everything is scratch-cooking," Pranzo said. "To be able to handle a kitchen of that magnitude, we wanted to bring an elevation of taste... you need someone strong like Stephen (Wheeler) to be able to handle that."

For more info, visit enzian.org

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Two locals sign with the big league



Courtesy Photo

Michael Gizzi signed a free agent deal with the Detroit Tigers.



Courtesy Photo

Jackson Lueck follows up his career at Florida State as a Royal.

CONTINUED FROM PAGE 1

on. It's awesome to watch."

Lueck, an Orlando native, was picked up in the eighth round (242th overall) by the Royals thanks in part to his strong offensive abilities, which all started back at Orangewood.

During his time as a Ram, Lueck — who switched up his time behind the plate, at first base and in the outfield — was a constant offensive force. Over his three years he racked up a batting average of .415, while snagging 60 RBI on 93 hits.

His best year offensively saw the slugger hit a high school career best .438, that came along thanks to a high of 42 hits — which included six doubles, three triples and two homers.

Lueck would take that swat of his to Florida State University where through three years the outfielder would help lead the Seminoles to three straight ACC tournament titles, while being named All-ACC Third Team in 2018 and the ACC Championship MVP in 2017.

"He's probably the most disciplined hitter that I've seen," Hilinski said. "Very simple swing,

very repeatable swing, good strike zone awareness and plate discipline — he's just a guy that has that swing that, no matter what level he plays at, he is just going to be that .300 hitter."

Gizzi, who graduated in 2014, didn't get to hear his name called in the draft, but that didn't stop the Detroit Tigers from signing the right-hander on a free agent deal following his senior year at Nova Southeastern.

A Winter Parker, Gizzi was another reliable offensive weapon for the Rams — especially during his senior year when he hit his best marks at the plate.

In 78 at-bats Gizzi totaled 36 RBI on 39 hits — which included seven doubles, two triples and six homers.

While Gizzi spent his time in the outfield at Orangewood and the State College of Florida, he would further develop his pitching arm as he took on the role of reliever during his last two seasons of college ball at Marshall and Nova Southeastern.

"Michael was awesome — he was fun to play with, he was always a guy that was raw in terms of tools and certain years trying to figure out his body and his swing

and putting it together," Hilinski said. "He certainly had a great arm that we knew would come into play, but Gizzi was a hitter and an outfielder, and (was) very productive for us. He didn't get on the mound often for us as a high school player."

Gizzi and Lueck themselves join a growing list of former Rams who've been drafted or picked up by MLB teams, which includes the school's first ever player to start in a MLB game in Tomas Nido ('12) — who made his first appearance for the New York Mets last season.

The surge in talent that has come in the last decade for the Rams' baseball program is nothing short of impressive for a school its size.

But for the coaching staff at Orangewood there's no surprise in what the Rams have been doing lately, especially, Hilinski said, when you consider the high quality kids that come through.

"Regardless of where our kids are going or the depth of the talent, I think we've always put a good product on the field," Hilinski said. "They buy into playing hard, they buy in to putting their teammates ahead of themselves and they buy into competing — competing in life, competing in the classroom and competing on the baseball field."

WINTER PARK/MAITLAND

Observer

"If we are to build a better world, we must remember that the guiding principle is this — a policy of freedom for the individual is the only truly progressive policy."

Friedrich Hayek
"Road to Serfdom," 1944

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Mural laws revised

CONTINUED FROM PAGE 1

meeting that restricts the size of murals on the outside of buildings throughout the city.

Before Monday's meeting, language in the city's codes outlined that artwork painted on a wall "shall be limited to one single façade only on the first floor on each side directly facing a street and shall not cover more than 45% of the first floor of that wall or signable area." The City Commission voted to remove that percentage — it was first added to the language back in April when Winter Park updated its sign codes.

Mayor Steve Leary said the percentage was unnecessary and should be removed.

"After driving down Fairbanks and I saw the Hunger Street Tacos building and they have a beautiful mural on the side, I just said to myself 'If someone doesn't like the mural, making it 45% instead of 100% isn't going to make it better,'" Leary said. "I just started thinking about what that 45% means. Are we trying to really gage or impose taste values through size? It didn't seem to make any sense to me."

Residents can spot a handful examples of murals throughout the city, including a display of butterflies on the side of The Gardens at DePugh Nursing Center, among others.

While murals are still restricted to the first floor of a building, the city's current codes also state that "the City Commission may approve larger murals on a case-by-case basis, at a public hearing after notice to adjacent property owners, if such mural art works are exclusively non-commercial in nature and deemed to provide artistic value and benefit to the surrounding area and not just of benefit to the building or business proposing the mural."

"I don't want three-story-high murals, I don't think, unless someone came in for a special exemption," Leary said.

City Commissioner Peter Weldon said that giving murals — and by extension free speech — more flexibility makes sense.

"My preference always is more

IN OTHER NEWS

■ Approval was given to city staff to continue exploring the possibility to add parking spaces to the Rollins College Lawrence Center Parking Garage project. Staff was directed to re-issue a new city-wide notice of the potential for a 5-6 level parking garage as part of this project.

■ The second reading of the ordinance to vacate and abandon a 15' utility easement as part of Project Wellness was approved.

speech is better speech," Weldon said. "I don't want to be in the judgement business and I don't think the city should be either. If murals are a form of speech — and they are — and they're noncommercial, I think the city is actually benefitted by the diversity of those murals. The size of them on a one-story facade is not material and will only be selectively chosen."

On the other hand, City Commissioner Carolyn Cooper proposed that murals should potentially be prohibited anywhere within Winter Park's central business district.

"I don't want to be in the position to dictate taste, but if you just simply say something doesn't belong in this area, then you're not open to saying 'I like that one, I don't like that one,'" Cooper said.

Leary reasoned that the City Commission basically already dictates taste, adding that if someone were to come in with a mural bigger than 45% of a facade under the previous language, taste would pretty much be the deciding factor on whether it's approved.

The City Commission ultimately decided to do away with the percentage by a vote of 4-1, with Cooper dissenting.



Winter Park is giving Denning Drive a new look with more walkability.

Road closed

CONTINUED FROM PAGE 1

"If this is successful and people like it and it flows the way we planned for it to, then it could be a model for other streets."

— Clarissa Howard

ing project that's converting the four-lane street to three lanes, with the center lane serving as a turn lane.

The project makes room for a 10-foot-wide, multi-use trail along the east side. It's all an effort to create a path along Denning that's walkable — a positive direction for the city, Public Works Director Troy Attaway said.

"I think it's really important to improve that," Attaway said. "Unfortunately in the '60s and '70s there were roads that were widened in anticipation of some great traffic movement that never really occurred. What we're doing is reclaiming asphalt that's underutilized and making it more functioned for different modes than cars."

The stretch of Denning Drive between Morse Boulevard and Canton Avenue should be closed for roughly two weeks, Attaway said. After a total of six weeks of construction, workers will then move on to the fourth phase of the project from Canton Avenue to Webster Avenue. That section will also be closed for two weeks within a six-week span of construction. The project will then conclude with a final, fifth phase up to Solana Avenue just to widen

the existing path along the road.

Despite the road getting narrowed down to three lanes, Winter Parkers shouldn't expect any heavy traffic along Denning, Attaway said. The road carries less than 10,000 cars a day — well under the capacity of a four-lane road and even a two-lane road. To put things in perspective, Lakemont Avenue sees 20,000 cars a day, Attaway said.

"I had no doubt that we could continue to carry the 10,000 cars a day and have no traffic problems whatsoever," Attaway said. "We don't anticipate traffic is going to decrease at all, but we don't see any problems with continuing to carry what was here."

The project first began back in fall 2017 with a stretch of Denning Drive from Orange Avenue to Fairbanks Avenue. That completed length of road today features some tasteful landscaping with oak trees planted in the medians along the center lane. That choice of landscaping and the narrowing of the road actually makes the street safer, Attaway said, explaining that it makes drivers move slower down Denning Drive.

"As a motorist you kind of drive whatever speed you feel comfortable at, regardless of what the speed limit says," Attaway said. "Studies have confirmed that for many years — it's kind of the comfort level. A big, wide road makes you feel comfortable going faster, and so by narrowing it down, we feel like subconsciously you're going to look at it and go 'It's a little tight or narrow, I'm going to go slower'"

Attaway said the Denning Drive project will hopefully be finished by late August.

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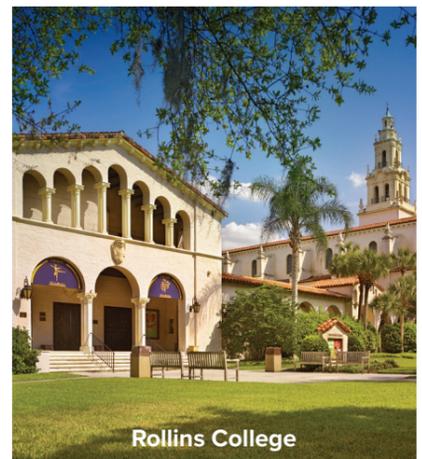
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Tricia Wilson; Sarah Armstrong, 3; Lily Boyle, 11; Jeremiah Boyle, 8; Katie Yamamoto; and Ella Matthis, 4, enjoyed the closing ceremony of the vacation bible school.

Winter Park Presbyterian Church VBS

Winter Park Presbyterian Church hosted the final day of its vacation bible school on Friday, June 22. Children had a great time playing games and making crafts.

— TIM FREED



Beckham Yonker, 4, and Reverend Emily Wasser posed for a photo after the camp.



Mike Mitchell; Cathy Mitchell; Ryan Mitchell; Maclaine Mitchell, 5; Ashley Mitchell, Carson Mitchell, 7; and Tucker Mitchell, 2, posed for a photo together after the camp.

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Campers kept their eyes open for squirrels and birds during their scavenger hunt.



James Hornby worked hard in the cup game.

Camp Wonder

Children had fun at the annual summer camp.

The Park Maitland School kept kids happy and engaged at their Camp Wonder summer camp. Children played games, learned new activities, and had a blast throughout the month of June.

— HARRY SAYER



Volunteer Allie Hoeg and camper Gabriel Rodriguez played with hula hoops.

Left: Children played with blocks indoors.

Maitland Presbyterian Church's VBS



Children at the vacation bible school had a chance to act in a "movie trailer" of the bible story.

Children had a great time while learning about Bible stories at Maitland Presbyterian Church's vacation bible school on Friday, June 22. The Bible story of the day was about the good Samaritan, and the children played games and made crafts that tied in to the theme.

— TIM FREED

Ben Harlan, 11; Andrew Mowery, 11; Brody Urban, 11; and Devante Samuels, 11, had a great time at the vacation bible school.



Children played a fun relay race themed after the good Samaritan story.



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Winter Park's Lake Osceola Watershed Cleanup

Volunteers pitched in to clean up Lake Osceola Saturday morning.

Volunteers got to work cleaning up Lake Osceola and surrounding areas at the Lake Osceola Watershed Cleanup event on Saturday, July 7. The Keep Winter Park Beautiful volunteer groups methodically picked up litter neighborhood by neighborhood

— HARRY SAYER



Gabrielle Johnson handed some litter to Beth Kasper.

Left: The volunteers swept all over Winter Park cleaning up trash.



Volunteers split into teams to pick up litter.



The event's volunteers banded together to keep Winter Park clean.

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Edgewater football to hold youth football camp

Local kids will learn the ins-and-outs of the game from the varsity football coaching staff and players.

IF YOU GO

WHEN: July 16 through July 19 (Monday through Thursday)
TIME: 8:00 a.m. to noon
WHERE: Edgewater High, 3100 Edgewater Drive, Orlando.
COST: \$150

TROY HERRING
 ASSOCIATE EDITOR

The summer is often a slow time for sports around Central Florida, but it's the best time for young athletes to take in some practice time.

That's why Edgewater varsity head coach Cameron Duke and his staff are holding their youth football camp this upcoming week.

The camp itself, which is for ages 6 to 14, will cover every fundamental of the game, while also creating a fun atmosphere to help nurture each kid's passion for football.

"It's just a great way to get the youth involved and get them around the program, our players and our coaches," Duke said. "It's a fun camp where we want kids to come out and we teach them the basics of football, both offense and defense, multiple positions and get them around some of our varsity football players as well."

This is the second camp this summer that Duke and the Edgewater staff have put on, and it's the last one before practice starts up for the varsity side themselves.

Duke said that he and his staff will cover everything a young up-

and-coming player needs to know – from how to properly warmup to taking part in drills that are utilized at every level of the game.

Many of the drills and philosophies of the game that Duke will teach will be the same as those he has used since arriving as the head coach at Edgewater High School – the same that helped turn the Eagles' program around and into a district champion.

For Duke, the camps are also a chance to get his players – of which 15 to 20 will be on hand to help out – a chance to be productive community members as they spend time with local kids.

"Sooner our guys understand the influence they have on other kids – especially younger kids – the better," Duke said. "They're always being looked up to, especially by our younger kids in our youth program – we have a Pop Warner program at Edgewater, so we try to get our players involved with that program as well, just so they can understand the influence that they have and the opportunity to give back."

"If you ask any football player they'll tell you when they were young they looked up to a lot of the high school players in their community," he said. "I know I sure did growing up."



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Rock 'n' bowl



Tim Freed

Weekly live music hosted by Aloma Bowl every Saturday has given local musician Melissa Crispo a platform to promote herself.

The Brooklyn South Bar at Aloma Bowl in Winter Park has become a popular haven for local music.

TIM FREED
ASSOCIATE EDITOR

Orlando resident Melissa Crispo never dreamed she'd be where she is now. The singer/songwriter recently came home in March after performing on the seven-day Melissa Etheridge Cruise for the second time, slotted in a lineup that included big names like Melissa Etheridge, Sarah McLachlan and Sonia Leigh.

Aboard Royal Caribbean International's Serenade of the Seas, the sailing music festival traveled all the way to San Juan, Puerto Rico and St. John's, Antigua.

But what's just as amazing as Crispo's rise to stardom is where she got the exposure that launched her into the spotlight: Aloma Bowl off of Aloma Avenue in Winter Park.

The bowling alley hosts live music from 8 to 11 p.m. every Saturday, and has welcomed over 40 different artists and hosts 20 rotating artists at its cozy Brooklyn South Bar.

It's given artists like Crispo a place to build a following and promote her music.

"(Aloma Bowl is) one of the core places that I started playing at many years ago - I still make sure I do a once-a-month there," said Crispo, who plays a mixture of pop rock and blues.

"It's kind of weird playing music in a bowling alley, but the actual room that we play in is such a great sounding room - just the acoustics in it. ... They serve food, they serve alcohol and the room sounds great, so people actually love it. That's a reason why I keep playing there."

Not long after she started playing at Aloma Bowl a couple years back, Crispo got the opportunity to play the Melissa Etheridge Cruise in 2016. The floating festival had reached out to the one-PULSE Foundation at the time about giving survivors free tickets to the cruise, and the foundation asked if they had room for a local Orlando artist - who turned out to be Crispo. The foundation sent over her latest song "Tomboy,"

and the cruise called Crispo the very next day asking her to come aboard.

The Orlando artist would later get invited to play the Country Music Cruise in 2017 as well, alongside Kelsea Ballerini, Montgomery Gentry and Diamond Rio.

"It opened up a huge fanbase for me just from these cruises," Crispo said. "When I'm not touring and I'm not playing at other places, I try to keep playing at the local places - I always make sure Aloma Bowl is definitely there."

"It's hard to build a fanbase when you don't even know where you're going to play or anything. Aloma Bowl does give that to us."

- Melissa Crispo

Aloma Bowl general manager Jennifer Halpern said she admits that a bowling alley isn't the first place that comes to mind when someone thinks of live music, but that hasn't stopped seats from filling up with music lovers who come to watch the free performances on a weekly basis.

Halpern got the idea to start hosting weekly live music at Aloma Bowl a little over two years ago.

"I went out to some other restaurants and there was some music going on and I thought 'That's pretty awesome. I don't know why we don't have this at Aloma,'" Halpern said.

"Not a lot of places have acoustic live music - it gives (musicians) a place to showcase themselves. Most of the bands or musicians we book here kind of have their own following. It really gives them a place to show their music."

Local musician and Full Sail University instructor Mike Conner sees the platform as a chance to keep up his musical skill set and

try his own creative takes on classic songs in front of an audience.

"I think it's important to keep local music alive and to give people an opportunity to see artists perform," said Conner, who plays '50s, '60s and '70s rock and R&B. "This is something that keeps me active as a musician and it's an ability for my friends and family to come and see me play."

"I think it's great, because I've seen actually what it's done for me," Crispo said. "I never thought a bowling alley would be a music venue place. Over the years I've played there I've gained so many fans just from people who didn't even know there was music - people who were just going up to the bar to order a drink or order some food and then they end up sitting down, staying and watching."

"It's hard to build a fanbase when you don't even know where you're going to play or anything. Aloma Bowl does give that to us."

Crispo will take the stage at Aloma Bowl from 8 to 11 p.m. on Saturday, July 28.

THIS WEEK

FRIDAY, JULY 13
SYBIL GAGE AND HER MERRY BAND OF ROYAL CATAHOULAS
 8 p.m. on Friday, July 13 at Blue Bamboo Center for the Arts, 1905 Kentucky Ave., Winter Park.

Born and raised in New Orleans, Sybil Gage had front row schooling in what makes that city great. Now living in Florida, Sybil is spreading New Orleans music to the rest of the world. Witness Sybil Gage and Her Merry Band of Royal Catahoulas and a typical evening will include the legendary music of Professor Longhair and James Booker, fun tunes from Smiley Lewis and Jesse Hill and Eddie Bo, blues from Elmore James, Little Willie John, Mississippi John Hurt, Robert Johnson, Etta James, Gus Cannon, and many of her own award-winning original contributions. Cost is \$15. For more information, visit bluebamboocenter.com

SUNDAY, JULY 15
RENEE DION

8 p.m. on Sunday, July 15 at Blue Bamboo Center for the Arts, 1905 Kentucky Ave., Winter Park. Renee Dion's soulful sound could be heard on music blogs across the web, on albums by alternative soul icons, and in clubs and festivals from her hometown, Columbus, Ohio, to New York City. And as her fans anticipated her fourth project, life came at her fast – she took a musical break. What emerged from Renee's

hiatus is a simmering album, "Haven," where she breaks free of her normal setting of an external producer-directed album and found her soul trappings and plays in an uncharted space musically producing her own project with the help of one of Columbus, Ohio's musical geniuses, Jonathan Baker, assisting her in some of the tracks. Renee has crafted a delicate safe space of honest music creating a home within her lyrics and detailing patience through some of life's harsh and gorgeous transitions as God's child – a woman and an artist. Cost is \$15. For more information, visit bluebamboocenter.com

WEDNESDAY, JULY 18
SPOTLIGHT CABARET SERIES FEATURING TAY ANDERSON
 7:30 p.m. on July 18-19 at The Winter Park Playhouse 711 Orange Ave., Suite C, Winter Park.

Tay Anderson debuts in The Winter Park Playhouse Spotlight Cabaret Series with her latest original solo cabaret, "I Was Here." Join Ms. Anderson as she pays tribute to some of Broadway's greatest legends. Playhouse patrons will remember Tay from her performance on the Mainstage as Lois in the 50's jukebox musical, "Life Could Be A Dream." Playhouse Musical Director Christopher Leavy will accompany on the piano. These popular cabarets sell out quickly so get your tickets today! This



RENEE DION

Courtesy Photo

unique form of entertainment showcases a different professional singer each month up front in the beautiful lobby bar. A truly "New York-style" cabaret, each performance is approximately 55 minutes in length with no intermission. Doors open at 6:30 p.m. for general seating. General admission is \$20 (1 drink minimum) and standing room only is \$10. Please note, standing room only tickets will not be sold until all the general admission tickets are sold out. Call (407) 645-0145 for more information.

THURSDAY, JULY 19
NEIGHBORHOOD MUSIC JAM

From 6 to 9 p.m. on Thursday, July 19 on Winter Park Community Center, 721 W. New England Ave., Winter Park. Join local musicians on the stage in back of the Winter Park Community Center for a fun evening of making music. Musicians of all ages, instruments, and abilities are invited to come make new friends as we play a variety of songs, from pop

to rock to blues to country. If the weather is nice, they'll be set up on the stage out back near the splash pad. If it rains, they'll just move indoors. For more information, call (407) 599-3275.

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11 a.m. and 2:30 p.m. on Tuesdays and Thursdays at the Morse Museum, located at 445 N. Park Ave., Winter Park. Learn more about Louis Comfort Tiffany's

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11 a.m. and 2:30 p.m. on Wednesdays at the Morse Museum, located at 445 N. Park Ave., Winter Park. Learn more about the rich diversity of styles, especially in leaded-glass windows, that made up the visual environment of the late 19th century in Europe and America. Space is limited and there are no advance reservations. Free with admission. For more information, call (407) 645-5311.

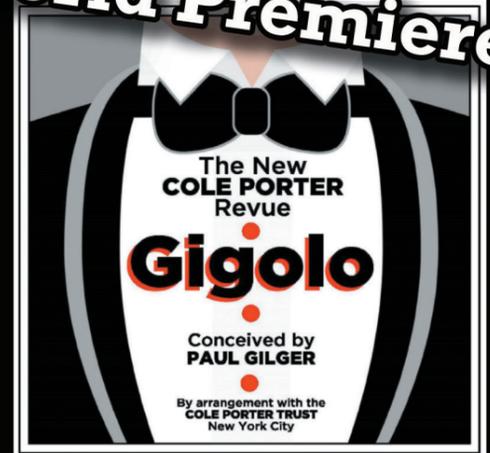
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The Crealdé School of Art taught campers about the various forms of art with its summer ArtCamp. Children ages 8 to 12 learned about ceramics, paintings, photography, sculptures and more at the week-long event. The school will have another camp session for older children later this month.

— HARRY SAYER



Calise Slydell was thrilled with her ceramic horse, Beauty.



Meryl Canine showed off her cardinal, Cardi D.



Julian Dalton and counselor Wendi Zlamal worked together on his drawing.

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SAVE THE DATE!

Scotchie's Cakes celebrates one year

Dan and Larry Scotchie have found a recipe for success in the cake business.

HARRY SAYER
BLACK TIE REPORTER

Ask anyone – planning a party can be a stressful experience.

Longtime Maitland residents Dan and Larry Scotchie are the co-owners of Scotchie's Cakes, a father-and-son-run cake delivery company located right in Winter Park. The duo recently celebrated the one-year anniversary of their new enterprise.

"A person who's making 20 or 30 an hour at an office has to drive to Publix," Dan said. "If you're celebrating somebody's (event) you want it to be special. We're trying to be that in-between."

The Scotchie's are a large clan – Dan says he alone has five brothers and sisters with a total of 11 grandchildren – and celebrates several birthdays at once in the form of lively potlucks. After years as a social studies teacher at different Orlando middle and high schools, Dan decided to become a business owner to take some of the Scotchie family recipes to

a commercial scale. But he felt he would need some family help. While Larry Scotchie, 79, worked as an electrical engineer before retiring at 65, he has familiarity with family businesses – his father owned a popular tavern in Ohio.

"When you're retired you're reduced to taking care of the lawn and the house and chasing leaks on the roof," Larry said. "This felt kind of exciting. I thought I should just give it a shot."

While Scotchie's has a designer that helps put the cakes together, the enterprise is in many ways just a two-man job – Larry and Dan hop in the company car themselves and deliver the cakes on the big day. They say they can bake and deliver a cake within a few hours typically for customers in a 10-mile radius. They play to each other's strengths and weaknesses as well – Dan handles operations and marketing (and designs cakes from time to time) while Larry prefers accounting and repairing equipment in the backroom.



Harry Sayer

Dan and Larry Scotchie personally deliver cakes to their customers.

"I'm the inside man, he's the outside man," Larry said.

Other new eateries often open close to Park Avenue but Dan and Larry had a more travel-oriented spot in mind for their store – right off of I-4. Scotchie's has two double-ovens, a 30-quart mixing bowl, and a whole lot of frosting.

Beyond the expected flavors like chocolate and vanilla, Scotchie's Cakes specializes in family-designed recipes like carrot cake, German chocolate cake and hummingbird cakes, which contain an assortment of tropical fruit. The company's clientele is a mix between birthday parties and

corporate functions, though Dan says many of their customers are tourists vacationing from other countries.

One avenue that's been surprisingly popular is custom-made cakes designed by the customer. Dan says the pair have whipped up pastries shaped like suitcases, cows, emojis, Jack Skellington, and some decorated with a Frida Kahlo design.

"It surprised me how many people want (custom cakes)," Dan said. "We have to be able to adapt ... people find things on the internet and bring them to us."

IF YOU GO

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CROSSWORD QUICK CHANGE by Timothy B. Parker

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17		
18				19			20		21					22				
23			24				25							26				
27					28					29			30					
31					32						33							
			34	35			36				37							
	38	39	40		41		42	43		44		45		46		47	48	49
50				51						52		53				54		
55					56		57		58			59		60				
61					62			63		64		65						
			66		67					68	69							
	70	71					72					73		74	75	76		
77					78		79	80		81			82					
83					84					85		86						
87			88	89	90		91		92	93		94			95			
			96			97		98		99			100		101			
102	103	104						105		106	107			108	109	110	111	112
113								114						115				
116					117		118						119					
120					121							122			123			
124					125							127			128			

- ACROSS**
- 1 Anatomical bags or pouches
 - 5 Public mover
 - 8 "How ya' doin'?"
 - 11 Harp from the backseat
 - 14 Names
 - 18 Orchestra woodwind
 - 19 Octopus's release
 - 20 Travel term
 - 22 Beastly thing of stories
 - 23 Seriously detailed one
 - 26 Happy and appreciative
 - 27 Discerning
 - 28 In ___ of amazement

- (shocked)
- 29 It helps settle disputes
- 31 In ___ (toned)
- 32 Tubular covering
- 33 Abhorrence
- 34 ___ de mer (seasickness)
- 36 Knockout count
- 37 Cake maker's money-maker
- 38 U-turn from against
- 41 Prayer wheel user
- 44 Normandy event
- 46 Work the runway
- 50 Like some seats and tennis shorts

- 52 Get-up-and-go
- 54 Be a rival
- 55 Be a siren
- 56 "I'm sorry, but ..." in texts
- 58 Earth, in sci-fi
- 60 Stuffed dollar bills?
- 61 Earthly representation
- 62 Deli offering
- 64 Hayes and Newton
- 66 Class for numbers people
- 70 Set the retail price
- 72 Pretentious
- 73 Hindu mentor
- 77 Arm or leg

- 78 Cockpit array
- 81 It's Big in California
- 82 Sounded, as a huge bell
- 83 High mountain
- 84 A presidential nickname
- 85 Swiftly get in front
- 87 Poughkeepsie college
- 91 Supportive words for pros?
- 94 "Goodness gracious!"
- 95 All the volumes as one
- 96 Places with docks
- 98 Fox sitcom with Charles Dutton

- 100 IRS form no.
 - 102 Muzzles
 - 105 Sources of infant tummy problems
 - 108 Clearly not suitable
 - 113 Lofty perch
 - 114 Godzilla creator Tomoyuki
 - 115 Idolizes
 - 116 Chancel cross
 - 117 Part of a sleep study
 - 120 Green Gables girl
 - 121 Bishop's jurisdiction
 - 122 Wind dir., sometimes
 - 123 Words with "extra cost"
 - 124 Pre-Easter egg handler
 - 125 Indian address
 - 126 Home with mud on the floor
 - 127 "___ the land of the free ..."
 - 128 Kind of sleeper or thinker
- DOWN**
- 1 Couches
 - 2 Make embarrassed
 - 3 ___ del Sol
 - 4 Arrange, as a 29-Across
 - 5 ___ one's time
 - 6 Prefix with brow
 - 7 "To your health!"
 - 8 Sonnetis ending
 - 9 Like dirt roads
 - 10 Feign
 - 11 Some Greek letters
 - 12 There but invisible
 - 13 Beginning
 - 14 GIs' identifiers
 - 15 Hybrid fruits
 - 16 Kind of goose
 - 17 Bulrush
 - 21 Mine rock
 - 24 Dating celebs, e.g.
 - 25 "___ as directed"
 - 30 It's volcanic in Sicily
 - 32 Croat or Pole
 - 33 Weekend warrior
 - 35 Soap additive
 - 38 U-turn from empty
 - 39 Viking Ship Museum site
 - 40 Melee on the field
 - 42 Dangling award
 - 43 It's about a foot

- 45 "Great" one in Africa
- 47 Indoor climate syst.
- 48 Is a contributor
- 49 Rubber-stamping word
- 50 Cleaning cloth
- 51 Tow truck's haul
- 53 Top-notch
- 57 Convenience stores
- 58 Jackson and Puente
- 59 Work ___ team
- 60 Some guitar foot pedals
- 62 Old photo color
- 63 Long March leader
- 65 Place to flounder
- 67 Chew on a farm?
- 68 Chopin offering
- 69 Banned NFL headwear
- 70 Actress Kunis
- 71 Sound blasters
- 74 Sheltered on your yacht
- 75 Potatoes go-with
- 76 Named by witnesses
- 77 Restroom, informally
- 79 Vast chasm
- 80 Actor ___ J. Cobb
- 82 Advanced degs.
- 86 Be flippant with
- 88 Frequent lane shifter (and extra theme)
- 89 Isn't wrong?
- 90 Platters
- 92 Game stations
- 93 At the first opportunity
- 97 Make as good as new
- 99 Like bad soil
- 101 Ready to get dressed
- 102 Amati relative
- 103 Common literary device
- 104 Western director Sergio
- 106 White House nickname
- 107 Big star in a quick scene
- 109 Serious wanderer
- 110 Rocky ridge
- 111 Tubular pasta
- 112 Type of F-number
- 114 Personal quirk
- 115 Declare positively
- 118 Luau lunch, possibly
- 119 Number that's its own square

CELEBRITY CIPHER

By Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"K ZJJD JLJWVHPJ KM NFR BJWJ

ZHW O WJOMHP... K ODGOVM

RBHFXBR YV WJOD TODDKPX GOM

RH BJDN HRBJW NJHNDJ."

– AOPJR AOTIMHP

Puzzle One Clue: Y equals M

"VG PKAAJ MNWP VGNXT JUC. IUOG

JUCY DIKMB... JUC KYG ZCBW KB

AGYDGLW KB KXJUXG GIBG

GRKLWIJ KB JUC KYG."

– KYNKXK TYKXFG

Puzzle One Clue: R equals X

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SUDOKU

Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusively.

		6	5	4				2
3				9				7
				7		3		
		8						3
		5	7		9	8		
7						6		
		1		3				
	5			1				4
	4			5	6	9		

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7-12-18

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listings

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 Lisa Shear 407-721-9375

2809 RAPIDAN TRAIL, WINTER PARK, FL 32789
 \$439,500
 3 Bed 2.1 Bath 2,176 SF
 Patrick Higgins + Gwyn Clark 407-616-9051

530 E. TROTTERS DRIVE, MAITLAND, FL 32751
 \$3,995,000
 5 Bed 4.2 Bath 5,811 SF
 Catherine Richey + Megan Cross 407-353-9997

916 BRIGHTWATER CIRCLE, MAITLAND, FL 32751
 \$525,000
 4 Bed 3.1 Bath 3,033 SF
 Sharon Helsby + Megan Cross 407-353-9997

450 HILLANDALE LANE, MAITLAND, FL 32751
 \$615,000
 4 Bed 3 Bath 2,808 SF
 MaryStuart Day 407-620-8683

2429 LEGACY LAKE DRIVE, MAITLAND, FL 32751
 \$169,000
 3 Bed 2.1 Bath 1,535 SF
 Shirley Jones 407-719-9180

1200 WILLOWBROOK TRAIL, MAITLAND, FL 32751
 \$419,900
 4 Bed 2 Bath 2,213 SF
 John Harbuck 407-538-2841

1619 LOOKOUT LANDING, WINTER PARK, FL 32789
 \$2,250,000
 5 Bed 5.2 Bath 7,316 SF
 Lisa Fleming 321-228-8341

1612 E. MARKS STREET, ORLANDO, FL 32803
 \$399,900
 4 Bed 3 Bath 1,800 SF
 Maria Van Warner 407-256-8066
fanniehillman.com

SATURDAY 2-4

3030 Leahy Alley, Orlando
 4 BR | 3.5 BA | 2,603 SF | \$599,900
 Beautiful Home on a Mews in Baldwin Park

SUNDAY 2-4

1250 Richmond Road, Winter Park
 3 BR | 3.5 BA | 2,388 SF | \$899,000
 Walk to Park Ave - Private Lake Lot and Dock

SUNDAY 1-4

3952 Emerald Estates Circle, Apopka
 5 BR | 4 BA | 3,304 SF | \$459,000
 Stunning Home in Gated Community

SUNDAY 1-3

1537 Chatfield Place #3, Orlando
 3 BR | 2.5 BA | 2,440 SF | \$415,000
 Beautiful Baldwin Park Townhome

SUNDAY 2-4

250 Northwind Road, Maitland
 5 BR | 5.5 BA | 4,846 SF | \$2,990,000
 Fully Furnished E2 Custom Home

SUNDAY 2-4

150 Northwind Road, Maitland
 5 BR | 6.5 BA | 5,000 SF | \$2,650,000
 Pre-Construction with Private Boat Dock

SUNDAY 2-4

1840 Bryan Avenue, Winter Park
 4 BR | 3.5 BA | 3,391 SF | \$785,000
 Stunning Home in Ideal Winter Park Location

SUNDAY 2-4

400 W. Hazel Street, Orlando
 4 BR | 3.5 BA | 3,206 SF | \$799,000
 Custom Home in the Heart of College Park

SUNDAY 2-4

4434 Glenview Lane, Winter Park
 4 BR | 2BA | 1,982 SF | \$286,000
 Spacious Home in Glenmoor

SUNDAY 2-5

1601 Hibiscus Avenue, Winter Park
 4 BR | 4 BA | 2,371 SF | \$609,000
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2017 RV BUSINESS TOP 50 DEALER AWARDS

PUBLIC NOTICE

Notice is hereby given that public hearings will be held by the City Commission of the City of Winter Park, Florida, on Monday, July 23, 2018, at 3:30 p.m. or as soon thereafter in the Commission Chambers of City Hall, 401 Park Avenue, South, to consider the following:

AN ORDINANCE OF THE CITY OF WINTER PARK, FLORIDA, AMENDING ARTICLE IV, SIGN REGULATIONS OF THE CITY OF WINTER PARK LAND DEVELOPMENT CODE; TO PROVIDE FOR THE REGULATION OF MURALS; PROVIDING FOR SEVERABILITY, CODIFICATION, CONFLICTS AND AN EFFECTIVE DATE

All interested parties are invited to attend and be heard. Additional information is available on the City's website at www.cityofwinterpark.org so that citizens may acquaint themselves with each issue. "If a person decides to appeal any decision made by the Commission with respect to any matter considered at such meeting or hearing, he/she will need a record of the proceedings, and that, for such purpose, he/she may need to ensure that a verbatim record of the proceedings is made, which record includes the testimony and evidence upon which the appeal is to be based." (F.S. 286.0105) Persons with disabilities needing assistance to participate in any of these proceedings should contact the City Clerk's office (407-599-3277) at least 48 hours in advance of the meeting.

/s/ Cynthia S. Bonham, City Clerk, MMC

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This week's Celebrity Cipher answers
 Puzzle One Solution:
 "I feel everyone is put here for a reason... I always thought my real calling was to help other people."
 - Janet Jackson

Puzzle Two Solution:
 "Be happy with being you. Love your flaws... you are just as perfect as anyone else exactly as you are."
 - Ariana Grande

This week's Sudoku answers

9	7	6	5	4	3	1	2	8
3	8	2	6	9	1	4	7	5
5	1	4	8	7	2	3	6	9
4	6	8	1	2	5	7	9	3
1	3	5	7	6	9	8	4	2
7	2	9	3	8	4	6	5	1
2	9	1	4	3	7	5	8	6
6	5	7	9	1	8	2	3	4
8	4	3	2	5	6	9	1	7

This week's Crossword answers

S	A	C	S	B	U	S	S	U	P	N	A	G	D	U	B	S			
O	B	O	E	I	N	K	E	N	R	O	U	T	E	O	G	R	E		
F	A	S	T	I	D	I	O	U	S	P	E	R	S	O	N	G	L	A	D
A	S	T	U	T	E	A	S	T	A	T	E	M	E	E	T	I	N	G	
S	H	A	P	E	S	L	E	E	V	E	D	I	S	T	A	S	T	E	
F	O	R	L	A	M	A	D	D	A	Y	S	A	S	H	A	Y			
R	U	S	H	W	O	V	E	N	P	E	P	V	I	E					
A	L	L	U	R	E	D	K	M	T	E	R	R	A	W	A	D	S		
G	L	O	B	E	S	A	L	A	M	I	I	S	A	A	C	S			
M	A	R	K	U	P	T	O	O	T	O	S	W	A	M	I				
L	I	M	B	D	I	A	L	S	S	U	R	P	E	A	L	E	D		
A	L	P	A	B	E	D	A	S	H	A	H	E	A	D					
V	A	S	S	A	R	Y	E	A	S	E	G	A	D	S	E	T			
S	I	L	E	N	C	E	S	C	O	L	I	C	S	U	N	A	P	T	
T	R	E	E	T	O	P	T	A	N	A	K	A	A	D	O	R	E	S	
R	O	O	D	R	A	P	I	D	E	Y	E	M	O	V	E	M	E	N	T
A	N	N	E	D	I	O	C	E	S	E	N	E	A	T	N	O			
D	Y	E	R	S	R	I	S	T	Y	O	E	R	D	E	E	P			

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PUTTING LIFE BACK INTO SENIOR LIVING

Today's senior living communities are remarkably different from senior housing options a few decades ago. The industry has evolved to meet the needs of a more active and engaged senior generation.

Not content to ride out retirement from their recliner at home, they are looking for communities that help them continue to thrive in later years.

With seniors like Betty White, Jane Fonda, and Carl Reiner setting the standard for aging, senior living communities have refined their programs and services to meet changing demand.

Unfortunately, many negative stereotypes and myths about the industry persist. And they often cause seniors to delay moving to a senior living community.

We thought it would help if we took time to separate the facts from fiction when it comes to senior living.

Busting the Myths About Senior Living Communities

Myth: Senior living communities don't provide residents with very many activities beyond playing Bingo and watching television in the community's lounge.

Fact: This is far from true! Residents in senior living communities have a wide variety of life enrichment activities far beyond Bingo to participate in. Programs focus on nurturing the body, mind, and spirit.

At Allegro communities, for example, residents can start their day by taking a morning stroll with friends or joining an exercise class. The afternoon might be filled with a gathering of the resident Cooking Club members who head to dinner together afterward. Or the afternoon could be spent in a continuing education class held at the community. Movie night or a game of blackjack concludes the day.

Myth: Senior living communities are expensive. Only wealthy retirees can afford them.

Fact: When you factor in all of the services and amenities that are included in the monthly fee, you will see that senior living can be a cost-effective solution.

At home, you have many fixed expenses to pay each month, even if your mortgage is paid off. Utilities, snow removal, lawn care, homeowner's insurance, property tax, maintenance, repairs, and groceries are just a few. You might also pay for help with housekeeping tasks and meal preparation. Some seniors also have gym memberships. You might have a car and all of the expenses that go along with that.

These expenses are typically included in the monthly fee once you move to a senior living community.

Myth: Senior living communities look dark and depressing.

Fact: This myth dates back to nursing homes built a generation ago. They were often constructed to resemble a more clinical environment. Today's senior living communities are light, bright, attractive, and fresh. Most look more like an upscale condominium community.

You'll find attractively furnished common areas where residents gather to socialize and enjoy one another's company.

Myth: Senior living communities have terrible food.

Fact: This is another myth that doesn't hold up when you visit a senior living community. Fine dining with chef-prepared meals is the new standard. Menu choices cater to residents' individual preferences.

Many communities prioritize using locally sourced foods. Dinner menus may include options like Chicken Marsala, Veal Marengo, and Grilled Salmon.



Winter Park Virtual Tour
from Allegro Management Company

Visit allegroliving.com to learn more about the vibrant, independent lifestyle we offer. View the virtual tour video of our community and listen to our residents share their thoughts of Allegro. Your independence awaits!

What people are saying:

"The staff here is the most professional staff I have ever seen." – Son of Allegro Resident

"People think they have to give up their independence when they move to a place like Allegro...but you don't!" – Allegro Resident

"This is a community. It's a family"
– Daughter of Allegro Resident



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an exciting new community for discerning older adults.

July 24th or July 31st at 11:00am

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