



# Observer

Winter Park / Maitland

Thursday, Nov. 6, 2014

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## FASHION'S BIG NIGHT

LIFESTYLES, 9

## Eagles in district shocker

Edgewater wins the whole thing  
SPORTS, 11

## Seniors turned pool sharks

Retirees' unusual new pasttimes  
CENTRAL FLORIDA SENIOR, B1

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# Mica wins re-election



PHOTO BY SARAH WILSON — THE OBSERVER

## Republican wave turns much of Central Florida red

SARAH WILSON  
Observer staff

Much of Maitland and Winter Park were seeing red as election results rolled in on Tuesday, with Republican challenger Bob Cortes ousting incumbent Democrat

**U.S. Rep. John Mica celebrated earning another term in office** to keep his 20-plus year career in Washington going strong at a Republican election results watch party in Altamonte Springs.

State House Rep. Karen Castor-Dentel in District 30 and the landslide reelection of long-term Republican U.S. Rep. John Mica in District 7.

Cortes has previously served as a member of the Longwood City Commission since 2009, and will replace one-term State Rep. Castor-Dentel, a former Domm-

erich Elementary School teacher.

"Inside I feel like jumping for joy ... We celebrate tonight and go straight back to work tomorrow," Cortes said.

The City Commissioner filed paperwork in his hunt for the District 30 election just shortly after Castor-Dentel was elected

■ Please see **ELECTION** on page 2

# Orange County amendments hit and miss

TIM FREED  
Observer staff

Three out of four controversial Orange County Charter amendments were passed Tuesday night – two of which potentially limit residents from putting new laws before the County Commission.

Residents today have up until 45 days before an election to get 40,000 signatures from citizens on a proposed law. Amendment Question A, passed by 62.74 percent of the vote, pushed that deadline far earlier, requiring the signatures 150 days before the election.

It wouldn't be the first restriction placed on residents seeking to pass a new law on their own. In 2006, the Florida Legislature passed an amendment requiring a 60 percent vote by residents to pass a citizen referendum on the ballot. Residents only needed 50 percent of the vote before.

Amendment Question B, barely passing by 50.8 percent, bans residents from proposing new wage and labor laws using the aforementioned process.

Finally, voters passed an amendment by an overwhelming 71.49 percent to make all constitutional offices – including sheriff and elections supervisor – non-partisan posts with term limits.

The lone failed amendment,  
■ Please see **AMENDMENTS** on page 2

# Leary, Mackinnon to fight for mayor

Commissioner plans to run for Bradley's seat, as others vie for upcoming election

TIM FREED  
Observer staff

Winter Park residents can expect a heated election next March as at least two candidates hope to become the city's new

mayor.

Retired Florida Circuit Court Judge Cindy Mackinnon and Winter Park City Commissioner Steven Leary will go head-to-head for the seat held by Mayor Ken Bradley, who announced last month that he would not be seeking a third term.

Both would-be candidates have already designated treasurers for their campaigns, though  
■ Please see **MAYOR** on page 2

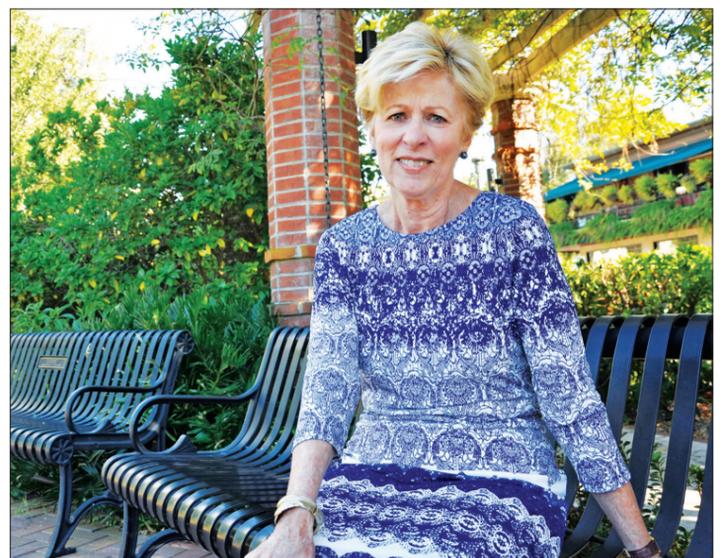


PHOTO BY TIM FREED — THE OBSERVER

Former Florida Circuit Court Judge Cindy Mackinnon will run for Winter Park mayor.

USPS 00-6186  
Publisher statement on page 4.



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## ELECTION | Castor-Dentel not done yet

■ CONTINUED FROM THE FRONT PAGE in 2012, making for an extended campaign effort.

"It's the culmination of two years of hard work. We always knew it was going to be a tough race," said Cortes, who squeaked out the win with 51.39 percent of the vote to Castor-Dentel's 48.61 percent.

After consigning her loss, Castor-Dentel told a room full of her Maitland supporters not to get rid of their campaign shirts just yet — letting them know the community hasn't heard the last from her.

"I have found my voice, and I will continue to use it regardless of the outcome," Castor-Dentel said. "If they think they've shut

me down, now I'm free. And we'll see what happens ... I will continue to speak for those who don't have such access to power."

In the Congressional race to represent Winter Park, Rep. John Mica will return to Washington, D.C., to continue his 20-plus year tenure representing Central Florida in the Capitol after winning 63 percent of the vote compared to his opponents, Democrat Wes Neuman and independent Al Krulick.

"The important thing tomorrow is to put politics aside," Mica said to a room filled with supporters clad in all-red at the Hilton-Altamonte hotel. "...We've got our work cut out for us."

## AMENDMENTS | Partisan push fails

■ CONTINUED FROM THE FRONT PAGE with 54.17 percent of residents voting against, would have made all County Commissioner races partisan.

If the amendment had passed,

residents would be limited to vote only for candidates within their own party. That could have proven advantageous for the Democratic Party, which typically holds the majority in Orange County.

## MAYOR | Former mayor looks to return to the City Commission

■ CONTINUED FROM THE FRONT PAGE official mayoral qualifying doesn't start until Dec. 29, leaving plenty of time for other hopefuls to through their names into the race.

Mackinnon, a Winter Park resident for 46 years, hopes to bring stability and security to a city she believes is being eaten away at by encroaching development.

"I don't want to let developers exploit the paradise that we have here," Mackinnon said. "I want development that's in keeping with the character of our town."

"I'm running because I feel like we've reached a tipping point in our city. We're in danger of becoming just like any other city in any state in America. We have something unique here, which we have to preserve."

She added that development along Fairbanks Avenue and Lee Road should continue, but without encroaching on residential neighborhoods.

The city needs to take charge with its tree canopy as well, Mackinnon said.

"We need to have a very aggressive plan with good funding in our budget to preserve and replace our tree canopy when necessary," she said.

Mackinnon said her time as both an attorney and a circuit court judge has given her a keen ability to listen and hear all sides

of an issue.

She said it'll be crucial to hear from residents and get behind their perspective, especially during the city's visioning process that will help determine the future of Winter Park.

"My entire professional life as a judge has been directed toward listening respectfully and

*"I'm running because I feel like we've reached a tipping point in our city. We're in danger of becoming just like any other city in any state in America. We have something unique here, which we have to preserve."*

intently to all points of view and then making a decision that's in the best interest of everybody," Mackinnon said. "That's my training to do that and that's my temperament too — I want to hear from everybody."

It all ties in to what Mackinnon believes is the most pressing issue facing the city: a lack of public trust in the local government.

"[Residents'] opinions matter," Mackinnon said. "It's important for them to come to meetings, express an opinion, be heard and be respected."

"Confidence and participation is very important to me."

Leary declined to comment on any policy issues within the city until closer to the March election.

The current city commissioner

will be required to leave his seat prior to the election. Announced so far to be running for Leary's soon-to-be-vacant seat on the City Commission is former Winter Park Mayor and Commissioner Gary Brewer, who has also already designated a treasurer to garner fundraising.

Brewer served in the same seat Leary holds today from 1982 up until 1993, when he was elected mayor and served for a single four-year term. He became the longest serving public official in the city's history.

"I have no issue that's motivating me to run, I just love the city of Winter Park and have always enjoyed community service," Brewer said.

"I've always said that I wanted to go back to a political position at some point in time."

The longtime Winter Park official said he offers a balanced point of views in regards to development controversy in the city, seeing things from both the developers' and residents' perspectives.

"I recognize the balance — you can't overdevelop due to issues of traffic, and environment issues have to be considered," he said. "It's a delicate balance. I think I appeal to both sides of that issue."

No other candidates have publicly announced an intent to run for Leary's Commission seat.



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# Observer

Winter Park / Maitland  
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## Calendar

NOV. 6

Join the Hannibal Square Community Land Trust Inc. for an **after-hours reception to celebrate 10 years** of providing quality and affordable housing. The reception will be held at the Winter Park Chamber of Commerce on Thursday, Nov. 6, from 5:30 to 7:30 p.m. Go to [hannibalsquarecommunitylandtrust.org](http://hannibalsquarecommunitylandtrust.org) or call 407-644-9111.

NOV. 7

On Friday, Nov. 7, at 10 a.m. the city of Winter Park will present its **fourth annual Veterans Day Celebration**. This event will be at the Winter Park Community Center Ruby Ball Amphitheatre located at 721 W. New England Ave. Hometown hero and star of the SuperBowl XLVIII commercial filmed in Winter Park this past January, Lt. Chuck Nadd, will be the featured guest speaker. Beginning at 9:30 a.m., the VFW Post 2093 Community Band will be entertaining guests as they visit with organizations and services that offer resources specifically for veteran needs. At 10 a.m., the official program will begin. Call 407-599-3428.

NOV. 8

On Nov. 8 from 9 a.m. to 3 p.m., the Orlando Garden Club will host a **Holiday Market and Plant & Craft Sale**. The Club is located at 710 E. Rollins St. in Orlando. A variety of garden plants, tropical plants, orchids, various types of jewelry, handcrafted items, and unique and custom gifts will

all be available for sale. The event offers free admission, free parking, a free plant and refreshments available for reasonable prices. Call Faye at 407-299-5412 or Ann at 321-277-5881.

Get a jump on holiday shopping during Winter Park Presbyterian Church's annual **Alternative Global Christmas Market** on Saturday, Nov. 8, from 9 a.m. to 1:30 p.m. and Sunday, Nov. 9, from 9:15 a.m. to 10:15 a.m. and open again from 11:45 a.m. to 1 p.m. The market will take place inside Fellowship Hall at the church at 400 S. Lakemont Ave. in Winter Park. Non-profit organizations will be selling a variety of items, many made by artisans to support their families in developing countries. All funds collected by sales and donations go directly to these organizations. Cash or checks will be accepted. No credit cards, please. For more information, call 407-647-1467.

The IAAP Winter Park Chapter invites the public to invest in their careers and attend an **educational seminar teaching you skills "Beyond the Basics"** from 8 a.m. to 12:30 p.m. on Saturday, Nov. 8, at the UCF Rosen College of Hospitality Management. Explore the latest tools in event planning, learn advanced Outlook features, and learn about Prezi, the powerful, new cloud-based presentation software. UCF Professor Suzan Bunn, Computer Savvy President Lesley Lincoln, and Aviation Planner Jonathan Hand will discuss these valuable skills, which will propel your career beyond the basics and into the next

level. Be sure to register before the event is sold out. For more information, visit [iaap-winterpark.org](http://iaap-winterpark.org)

The Winter Park crew boosters are having a fundraiser at the Winter Park Crew Boathouse on Saturday, Nov. 8. **Fine wine, delicious food, a bonfire by the lake, and live jazz** all transform the boathouse into a magical setting to make new and revive old friendships. The event is open to the public and of special interest to any former or collegiate rowers who would enjoy meeting and getting involved in a huge source of pride to Winter Park. For more information, call Barbara at 407-628-8070.

Winter Park is pleased to present a new event, **"Chalk the Walk"** in Central Park to be held Saturday, Nov. 8, from 8 a.m. to 4 p.m. The event is similar to a street-painting festival, but unique in that the sidewalks of beautiful Central Park will become the canvas on which artists create their magnificent works of chalk art. The event is open to spectators all day. Prizes for the show totaling \$2,500 will be presented to winners from adult, high school and middle school categories. Winners will be announced from the main stage in Central Park at 5 p.m. To participate and chalk in the event is free and open to the public. However, space is limited and requires application in advance for all categories via email at [chalkfestivalcoordinator@ymail.com](mailto:chalkfestivalcoordinator@ymail.com). For more information, call 407-599-3275.

NOV. 9

Members from the Maitland community

will **celebrate Veterans Day** on Sunday, Nov. 9, at 3 p.m. at the Maitland Civic Center at 641 S. Maitland Ave. All veterans, service men and women, their family, and their guests are welcome to participate. Beginning at 4 p.m., the program will feature a military-style colors ceremony, performances from the Maitland Military Band and a special guest speaker. A reception follows the program and hamburgers, hot-dogs, cake, and ice cream will be served. Pre-registration is encouraged. Register by calling 407-647-2111 or logging on to [maitlandciviccenter.com](http://maitlandciviccenter.com)

NOV. 15

The International Community School is hosting their second annual **Bizarre Bazaar** on Saturday, Nov. 15, from 10 a.m. to 4 p.m. in their gymnasium. The Bizarre Bazaar is a **marketplace filled with items crafted by local artisans**, as well as merchandise provided by local businesses. You can spend your time walking through the gymnasium and enjoy browsing more than 70 high quality vendors. An entry fee of \$5 for entrance to the event will be taken at the door or you can buy your tickets in advance. Food and drinks will be available. For more information, visit [icsbazaar.com](http://icsbazaar.com)

ONGOING

The **Morse Museum's** six-month season of **free Friday nights** begins anew next Friday, Nov. 7. Hours from November through April will now be: 9:30 a.m. to 4 p.m. on Tuesday through Thursday and Saturday; 9:30 a.m. to 8 p.m. on Friday (with free admission from 4 to 8 p.m.); and 1 to 4 p.m. on Sunday. On Friday nights during the holiday and spring seasons, the museum will also have live music for five consecutive weeks, along with gallery tours and special programs on select dates. A complete schedule of events is available online at [morsemuseum.org](http://morsemuseum.org)

## Community Bulletin

### United Arts of Central Florida seeks to help budding artists

United Arts of Central Florida recently announced workshops to help Central Florida artists apply for Artists in Communities Grants of up to \$2,500. United Arts' Artists in Communities Grants place artists in local community settings, working on projects that benefit seniors, at-risk kids and other underserved groups. For more information, visit [unitedarts.cc](http://unitedarts.cc)

### Winter Park local nabs dean's list recognition

Winter Park resident Jo Wolf was named to the 2014 dean's list at Columbia College's Orlando Campus. To be named to the dean's list, a student must have completed 12 semester hours in a 16-week period and achieved a minimum GPA of 3.5 on a four-point scale.

### Chamber in search of artists

The Winter Park Chamber of Commerce is seeking young artists to enter the annual holiday art competition. Students are asked to create original illustrations of what the holidays mean to them. Winners will have their artwork digitized and printed on vinyl banners to decorate the light poles along Morse Boulevard in downtown Winter Park. Awards will be presented in two age groups, 0-7 and 8-13, with one entry per person, please. Artwork and entry forms should be submitted to the Winter Park Chamber of Commerce, P.O. Box 280, Winter Park, FL 32790 or delivered to the Winter Park Welcome Center, 151 W. Lyman Ave., by Friday, Nov. 14, at 5 p.m. To download an entry form and learn more about specific rules, please visit [winterpark.org/content/holiday-tree-lighting](http://winterpark.org/content/holiday-tree-lighting) or call 407-644-8281.

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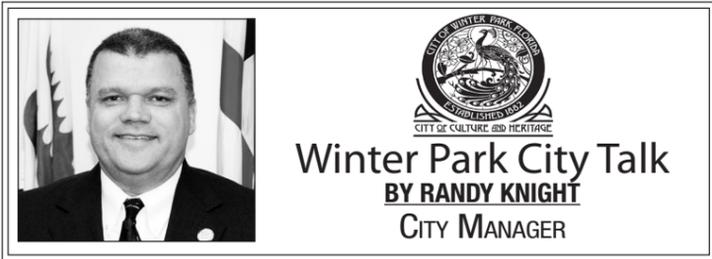
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## Ready to chalk the walk

### Nov. 10 City Commission meeting

There will be a City Commission meeting Monday, Nov. 10, at 3:30 p.m. in City Hall Commission Chambers located at 401 S. Park Ave. For the most up-to-date agenda, please visit [cityofwinterpark.org](http://cityofwinterpark.org) under What's New. Below are a few topics of interest:

### Non-Action Items

- Financial Report – September 2014

### Consent Agenda

- Approve the minutes of Oct. 13, 2014.
- Approve blanket purchase orders, purchases and formal solicitations (for a complete listing visit [cityofwinterpark.org/ccpackets](http://cityofwinterpark.org/ccpackets)).
- Cancel the Monday, Dec. 22, City Commission meeting due to the Christmas holiday.
- Approve the amendment to the parking easement agreement with BFC Park Avenue, LLC for the Welbourne Avenue/Center Street compactor site.

### Action Items Requiring Discussion

- Presentation and approval –

scope of services for visioning

- West Fairbanks Business Façade Program

### Public Hearings

- Second reading of the ordinance authorizing the conveyance of the city-owned property located at 300 N. Pennsylvania Ave.
- Jewett Orthopedic Clinic: First reading of the ordinance to vacate a utility easement at 1245 Orange Ave.
- DePugh Nursing Home: First reading of the ordinance to vacate a utility easement at 500 W. Morse Blvd.
- First reading of the ordinance amending the Fiscal Year 2014 adopted budget.
- Resolution – Supporting the proposed "All Aboard Florida" intercity passenger rail service between downtown Miami and the Orlando International Airport
- Resolution – Approving an amended and restated development order for the Ravaudage development.
- Request of Benjamin Partners, Ltd. and American Land Ventures Inc.:
  - Approval of setback amendments for the fifth and sixth floors

of the proposed six-story, 296-unit apartment project.

Remember, if you are unable to attend City Commission meetings, you can watch them live, gavel-to-gavel as they happen. During the meeting, simply log on to [cityofwinterpark.org/cclive](http://cityofwinterpark.org/cclive) to easily stay tuned-in to official city business.

### CoffeeTalk with Commissioner Carolyn Cooper

If you have a latte beans to grind or simply want to espresso your thoughts, CoffeeTalk may be the cup for you! This month's CoffeeTalk will feature Commissioner Carolyn Cooper, Thursday, Nov. 6, at 8 a.m. Please make plans to join her for conversation in an informal environment and a cup of coffee provided by Palmano's Cafe, Coffee & Wine Bar. CoffeeTalk is held at the Welcome Center located at 151 W. Lyman Ave. For more information, please call 407-599-3428.

### Get rid of your bulky items

The city of Winter Park is pleased to announce the 2014 Fall Cleanup during the month of November is just in time for the holiday season. This large-item pickup service will provide a bonus day on which Waste Pro, the city's solid waste service provider, will pick up old furniture, broken appliances, and other bulky items.

To take advantage of this convenient service, residents must place their items curbside after 5 p.m., on the evening before their second scheduled garbage and trash pickup day during their designated cleanup week. If you live

north of the Fairbanks/Aloma avenues corridor, your bonus pickup day will be Thursday, Nov. 6, or Friday, Nov. 7. If you live south of the Fairbanks/Aloma avenues corridor, your bonus pickup day will be Thursday, Nov. 13, or Friday, Nov. 14.

Please note: Hazardous waste, electronics and yard waste are not included in the Fall Cleanup.

For more information regarding Winter Park's Annual Fall Cleanup or additional information regarding Waste Pro services, please call 407-774-0800.

### "Chalk the Walk" in Central Park

The city's Parks & Recreation Department is pleased to present a new event, "Chalk the Walk" in Central Park to be held Saturday, Nov. 8, from 8 a.m. to 4 p.m. The event is similar to a street-painting festival, but unique in that the sidewalks of beautiful Central Park will become the canvas on which artists create their magnificent works of chalk art. The event is open to spectators all day.

Prizes for the show totaling \$2,500 will be presented to winners from adult, high school and middle school categories. Winners will be announced from the main stage in Central Park at 5 p.m. To participate and chalk in the event is free and open to the public. For more information regarding "Chalk the Walk," please call 407-599-3275.

### Ice rink opens Nov. 14!

Beginning Friday, Nov. 14, 2014, through Sunday, Jan. 11, 2015, the city of Winter Park will bundle

up once again for "Winter in the Park," the city's annual holiday ice skating rink, presented by the Community Redevelopment Agency. The rink is located in Central Park West Meadow at 150 N. New York Ave. in downtown Winter Park. Opening weekend, Saturday, Nov. 15, and Sunday, Nov. 16, will feature fun and exciting promotional giveaways!

Snowflakes of all ages and skills are invited to chill out as they glide, spin and turn at Winter in the Park during the following hours:

- Monday through Thursday, 3 to 9 p.m.
- Friday, 3 to 10 p.m.
- Saturday, 10 a.m. to 10 p.m.
- Sunday, noon to 8 p.m.

See [cityofwinterpark.org](http://cityofwinterpark.org) for extended school holiday hours.

Snow angels are invited to skate all day for only \$12 per skater (skate rental included). For a blizzard of 20 or more people, some cool group discounts are available for all this frigid fun. If you are interested in bringing your whole igloo to celebrate birthdays, special events, private parties or corporate holiday gatherings, the rink is available for rental opportunities. Advance reservations are required for private party and group events to avoid an icy avalanche of skaters at the rink.

Holiday music, games, carolers and so much more will flurry around you as you enjoy Winter in the Park. For more information, please call 407-599-3203 or visit [cityofwinterpark.org/witp](http://cityofwinterpark.org/witp)

Visit the city's official website at [cityofwinterpark.org](http://cityofwinterpark.org), find us on Facebook, follow us on Twitter, watch us on Vimeo.

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Saturday, November 15  
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**Maitland City Talk**  
**BY HOWARD SCHIEFERDECKER**  
 MAYOR

## Thanks for accepting the Mayors' Sole Challenge

Thank you, Maitland, for joining us early on a chilly Saturday morning for a scenic 1.3-mile walk for the third annual Mayors' Sole Challenge. Walkers enjoyed breakfast of fruit, granola bars and bagels and coffee donated by our local Einstein Bagels. They also enjoyed fresh fruit smoothies powered by Healthy Central Florida's blender bikes. Children enjoyed face painting, obstacle courses, and a rock-climbing tower. The brief program included remarks from Maitland Mayor Howard A. Schieferdecker, Mayor Bruce B. Mount of Eatonville, and Mayor Ken Bradley of Winter Park. Additionally, Bo Outlaw of the Orlando Magic and a great DJ had the crowd dancing and dance-walking their way around Maitland and Lake Lily.

The Mayors' Sole Challenge is organized and presented annually by Healthy Central Florida. This is the first year it was hosted in Maitland and by all accounts it was a great success. Jill Hamilton Buss, executive director of Healthy

Central Florida, said, "The city of Maitland did a great job supporting this event and bringing out the most walkers - 181 in all! That was more than any other city. However, the winner of the \$2,500 prize for parks, health, and wellness programs is determined by a 'percentage of town participation.' So, Eatonville, the smallest of the three communities, won for the third year in a row by bringing out nearly six percent of their total residents to walk, including 96-year-old Ms. Dinkins."

Healthy Central Florida is

a community-based initiative created and supported by Florida Hospital and the Winter Park Health Foundation. HCF helps local communities embrace policies and programs that seek to create and encourage a culture of health and wellness.



PHOTO COURTESY OF THE CITY OF MAITLAND  
 Hundreds came out for the Mayors' Sole Challenge including, 181 Maitlanders.

### Maitland Salutes Its Veterans

Members from the Maitland community invite veterans, servicepersons, their family, and guests to a Veterans Day celebration on Sunday, Nov. 9, at 3:30 p.m. at the Maitland Civic Center at 641 S. Maitland Ave. A formal program begins at 4 p.m.

The program will feature a military-style colors ceremony, performances from the Maitland Military Band and a guest speaker. A reception follows the program with all-American fare such as hamburgers, hot dogs, cake, and

ice cream.

Pre-registration is encouraged. Register by calling 407-647-2111 or logging on to maitlandciviccenter.com. Alternatively, registration begins at 3:30 p.m. on Sunday, Nov. 9.

### November Friday Flicks at the Maitland Senior Center

The Maitland Senior Center serves seniors 55 and older with classes, activities, and free movies on Fridays. Sign up for a Friday movie by calling 407-539-6251.

Nov. 7 at 1 p.m. - "Bears" (G):

78 minutes

Nov. 14 at 1 p.m. - "Captain America: The Winter Soldier" (PG-13): 135 minutes

Nov. 21 at 1 p.m. - "Blended" (PG-13): 117 minutes

There will be no movie on Nov. 28. The Senior Center will be closed Nov. 27 and 28 for Thanksgiving.

For more information about programming at the Maitland Senior Center, please visit <http://bit.ly/1qme9me>.

Save the date for Season of Light

The city of Maitland Leisure Services will present Season of Light on Saturday, Dec. 6, at 5 p.m. The fireworks finale is scheduled for 7 p.m. Join us for this Maitland holiday tradition.

### Don't forget...

The Maitland Farmers Market is Sundays from 9 a.m. to 2 p.m. at Lake Lily Park. Check [itsmymaitland.com](http://itsmymaitland.com) for a list of over 30 vendors and market updates.

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Pictured above (left to right): John & Shawn Przeclawski, Owners of Monarch Jewelry, Inc., Fran Hayes, VP Citizens Bank of Florida

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# Lifestyles

## A lesson in a history and future on the rails

### Rollins students learn the ins and outs of gov't transportation

**ALLISON OLCSVAY**  
Observer staff

In the hurried and passionate tones of a man with a lot to say and little time to say it, Rep. John Mica stood on the platform of the Winter Park SunRail station and gave Rollins Democracy Project students a history lesson on the commuter rail system he helped secure as the former Chairman of the House Transportation and Infrastructure Committee.

Mica was there at the invitation of the Democracy Project, whose members in a recent poll indicated that they wanted to know more about how the U.S. government funds transportation projects and what is being done to increase mass transit.

The students were offered a unique chance to meet Mica and take what was for many, their first ride on SunRail alongside the congressman.

With candor and a fair dose of humor, he explained how money collected from gasoline taxes (18.4 cents of every dollar) goes into the highway trust fund, which in turn helps to fund mass transit systems like SunRail.

He shared with them the strug-

gles Congress has in fully funding the highway trust fund, in part due to more fuel economic vehicles.

"Today's cars average about 23 mpg and each year cars are going farther and paying less, so there's less money going into the trust fund," Mica said.

"Right now, we're down about \$12 to \$15 million, I'll say."

"So that's one of the dilemmas I have...where do I find the money? If you raise taxes, you're no longer in office and people don't like you," Mica said, earning a laugh.

He explained that new transportation projects including the expansion of I-4 are using a funding model that goes back to our founding fathers.

"They will be using a combination of public and private funding, just as they used in the earliest days of road building," he said.

"You can't do projects like this [SunRail] or the interstate with just a few dollars and a commitment for a year; you've got to



U.S. Rep. John Mica gave Rollins students a ride and a lesson about how tax money becomes transportation.

have a more dependable long term stream of funding. The twenty miles of expansion of I-4 is an example of new funding," Mica said.

As for improving mass transit, Mica explained that 20 cents of every transportation-funding dollar goes to states that operate some form of mass transit.

"In the past, we [Florida] were screwed, because there was no mass transit here, now that money is coming back here," he said.

With more money coming in for mass transit, Mica expressed the hope that SunRail will be able to expand and eventually spread to Orlando International Airport and points east and west across the region.

As the train was about to arrive, Mica joked with the students saying, "You know more than most members of Congress now."

Mica rode with the group as far as Florida Hospital, where they disembarked to learn about

nearby volunteer and internship opportunities at the Ronald McDonald House and the Orlando Science Center.

The next stop was downtown Orlando where they learned about similar opportunities within easy reach by SunRail.

Many of the students had never been to downtown Orlando and were surprised at how convenient it was to take SunRail to get there.

"In Chicago, we have the 'L,' but they are gross; this is much nicer and easier to use," said freshman Hannah Friedle.

Many students appreciated learning about SunRail directly from the congressman as well.

"I was really impressed by the amount of information and it was great to meet the people responsible for bringing SunRail here," said sophomore Sam Wall.

"It was our hope that students would come away with a better understanding of the democratic process and I think we accomplished that," said My Tien Doan, the Democracy Project's student coordinator.

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# Fashion Week



PHOTOS BY TIM FREED AND ISAAC BABCOCK — THE OBSERVER  
Fashion ruled the runway at Park Avenue Fashion Week's finale in Winter Park's Central Park West Meadow on Nov. 1, with fashions designed and sold locally. Left, Stone Estok wins the Emerging Designer Award.



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# Sports

## Knights look to recover from UConn shocker

Face must-win situations against Tulsa, AAC rivals

**ISAAC BABCOCK**  
Observer staff

After one of the tougher conference games on their schedule, the Knights hit the road last week for what was expected to be the easiest, with a shot at taking sole possession of the AAC title. They were wrong.

A year after handing UConn their biggest blowout of the 2013 season, UCF fell in an upset shocker that shook up the AAC standings and left the Knights searching for answers.

The UConn Huskies dominated the Knights Nov. 1 in a rain-soaked game that set precedents for UCF losing to a winless conference team and giving up interceptions. UConn, which went into the game as a predicted 12-point underdog and hadn't scored more than 21 points all season, won 37-29.

"It was a game of mistakes," UCF head coach George O'Leary told UCFKnights.com after the game. "You can't do the things we did out there."

Knights quarterback Justin Holman threw a career-worst four interceptions for 72 yards, coupled with a missed Shawn Mof-



ARCHIVE PHOTO BY ISAAC BABCOCK — THE OBSERVER  
The last two times UCF has faced Tulsa, they've lost. They'll need to break the streak Nov. 14.

fit field goal, to give UConn two of their scores in the game. Those scores would prove the difference.

Holman would complete just more than half his pass attempts for 228 yards, while running back Will Stanback had a career day, posting 141 yards on the ground.

The Knights' defensive failings seemingly were the most glaring, giving up the most points they have all season except in their blowout loss to Missouri on Sept. 13, and allowing the turning point

in the game. At one point in the third quarter, when the Knights led 21-17, the Knights' defense fell apart, allowing three unanswered UConn touchdowns in the span of less than seven minutes of field time.

A 50-yard drive in the fourth quarter capped off by a two-point conversion boosted the Knights' hopes of a second comeback in the game. But after forcing a punt and getting the ball back with a short field, the Knights were felled by

an offensive pass interference call that destroyed 15 yards of momentum and put them at third down with 20 yards to go. Justin Holman pulled off a short pass, but couldn't connect with Josh Reese on fourth and 16.

The unexpected loss dropped the Knights out of sole possession of the conference lead, putting them at 5-3 overall and 3-1 in American Athletic Conference play. They also snapped numerous winning streaks in the process. The Knights had never lost in an AAC game.

The Knights' win two weeks ago against Temple was the biggest of the year for the Knights, who went into their fourth American Athletic Conference game on top of the conference standings. They'll now be looking for a way to recover after the UConn loss.

UConn was at the bottom of that same AAC ladder; they're now at 2-6 overall and 1-4 in conference play. UConn's only win this season before the Knights was 19-16 against FCS school Stony Brook.

Had the Knights beaten UConn, they wouldn't be in a five-way tie at the top of the AAC as they

find themselves now; they would have the lead outright, with three of the AAC teams with the worst combined records facing them in the next three weeks with the luxury of a throwaway loss available to them.

Instead, with the AAC's strongest standings leaders Cincinnati and East Carolina facing each other on Nov. 13 — and either winner having a lighter schedule going forward — one more UCF loss would shift the mathematical odds of the Knights winning an AAC title outright (and getting the conference's top bowl bid) strongly against them.

If the Knights have another AAC loss by the time they face ECU on Dec. 4, their AAC season may already be over. Having already defeated Houston, and barring late-season collapses by Cincinnati and ECU, if the Knights can defeat their next three opponents, based on AAC tiebreaker rules, they'll likely still have to beat ECU to gain the BCS bid.

The Knights' best shot mathematically at winning the championship now rests on them defeating Tulsa, SMU and USF in succession and then facing their biggest game of the year on the road at ECU and winning.

The Knights have a bye week this week before hosting Tulsa at 8 p.m. Nov. 14 at the Bright House.

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# Cows 'n Cabs



PHOTOS BY ISAAC BABCOCK — THE OBSERVER  
Cowboy culture and fine wine hit the hay at Cows 'n Cabs on Oct. 25 in Winter Park. The Funky Blue Messiahs, right, entertained the crowd.

# Wildcats whipped, Eagles district champs

**ISAAC BABCOCK**  
Observer staff

A season that started out with a streak and high hopes may already have ended with the Winter Park Wildcats out of the football playoffs, but they took it out on Cypress Creek Oct. 31.

The Wildcats would whip up more offense than they've had since early September with a 46-6 drubbing of the Bears. That would give the Bears their 10th loss of the season, while pushing the Wildcats up to 5-4 overall.

For the Wildcats, who started the season with a string of wins and looked set to dominate the

district, it's better luck next year. They finished 1-3 in 8A District 3 play, well out of the playoffs. They play a tough Dr. Phillips team at 7:30 p.m. Friday at Showalter Field in their season finale.

### Edgewater

The Eagles are flying high at 7-2 on the season and with a 6A District 10 title under their belts after shocking offensive powerhouse South Lake in a 55-44 win.

Craig Rucker ran for a 67-yard kickoff return, then blasted his way into the end zone for a more than 50-yard run to help add to the score. The Eagles would allow

327 yards by South Lake, putting up 429 yards of their own. But it was no use when turnovers were factored in.

The wild shootout would end with even the losing team gaining nearly 500 yards on offense, as the teams compiled the majority of those massive yardage figures in the first half. By halftime the Eagles had 48 points, which is more than they'd scored in any complete game this season.

The win left the Eagles with the 6A District 10 championship and catapulted them into the postseason on a six-game winning streak, including a shocker 46-42 win

over perennial football powerhouse Apopka on Oct. 23.

The Eagles play Boone at 7:30

p.m. Friday to finish out the season at home before heading to the postseason.



The GFWC, Oviedo Woman's Club will be holding its 41st annual Great Day in the Country Arts and Crafts Festival on Saturday, November 8th from 9 am to 4 pm at the Lawton House and Lawton Elementary School in Oviedo.

This year over 400 arts and crafts vendors will be selling items that are perfect for gifts or Christmas presents. Visit the Food Court and Entertainment area behind the school where children can make their own "snow cones" in the "Kids Area." There will be food vendors and the whole family can relax under the covered pavilion enjoying the music which will range from jazz to rock and roll.

Be sure to stop by the Country Store Café where homemade baked goods and "single-serving" items such as a slice of pie or cake can be purchased. The club's famous "Bean Soup" will be available and this year the club will offer the ingredients in decorated mason jars that can be used as Christmas presents.

Great Day in the Country 2014 will mark the 20th year of the Student Art Fest with work from art students in our local schools. The art will be on display and awards of \$2,200 will be presented during Opening Ceremonies at 10 am.

Great Day in the Country Arts and Crafts Festival is the club's major fundraiser. Over the past decade, the club has awarded over \$545,000 for scholarships, school grants and charitable organizations. Last year over 60,000 attended this event. Admission is free. Parking at Oviedo High School is free and a shuttle bus will take people to and from the school.

For more information visit our website at [www.GreatDayOviedo.org](http://www.GreatDayOviedo.org) or contact [GreatDayInformation@gmail.com](mailto:GreatDayInformation@gmail.com).



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# WPV Voice

## A slice of vintage heaven



PHOTOS BY WINTER PARK VILLAGE

### A look inside Winter Park Village's new vintage marketplace – Adjectives Market

Vintage lovers rejoice because Adjectives Market, Central Florida's premiere vintage marketplace, has officially opened its doors at their newest location in Winter Park Village! You will surely be in vintage heaven, with more than 6,000 square feet of carefully selected merchandise from over 100 local pickers, craftspeople and artisans! New treasures arrive daily, so be sure to stop by as often as you can as there is always something new to see!

Adjectives Market will open every day from 10 a.m. to 7 p.m. and is located at 460 N. Orlando Ave, Suite 124, across from Sakari Sushi.

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**Did you know?** Did you know Winter Park Village is home to such charitable events such as Happy Hour for Hunger? On Nov. 13 the Winter Park Chamber of Commerce will host their annual fall-themed happy hour right here at Winter Park Village. This fun fall evening will feature drinks and appetizers provided by your favorite Winter Park Village restaurants, plus live entertainment and a fun photo booth. All ticket proceeds will benefit Feed the Need Winter Park, a community-wide effort to raise funds for Second Harvest Food Bank of Central Florida this November. Come out and support the community for this great cause! To register visit: [winterpark.org/content/happy-hour-hunger](http://winterpark.org/content/happy-hour-hunger)



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## Josh Garrick Culture for your calendar

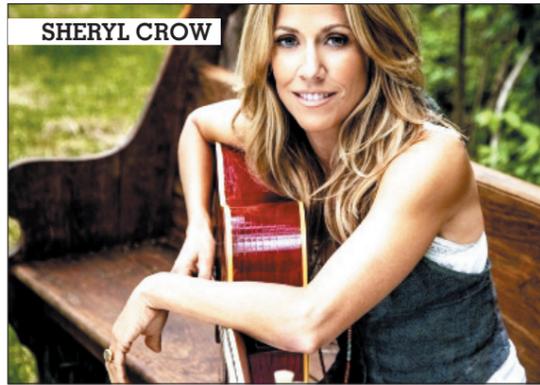
### Nov. 7 to 16 – The John Goring Memorial One-Act Series

Hosted by Chuck Dent and David Strauss, and presented by the Playwright's Round Table, the fifth annual John Goring Memorial One Act Series will present three new one-act plays at the Shakespeare Center in Loch Haven Park. The plays, by member playwrights include: "Entree Gold" by John Minigan and directed by Chuck Dent; "From Fear to Eternity" by Tony Pelham; and "Man's Best Friend" by Rod McFadden. Call 407-761-2683 or email info@theprt.com

### Nov. 8 – Community open house at New Dr. Phillips Center

It's been 20 years in the making, and now – from noon to 6 p.m. on Nov. 8 – the public is invited to take self-guided tours through Orlando's brand new Dr. Phillips Performing Arts Center, exploring the Della Phillips Grand Lobby, the Walt Disney Theater, the Alexis & Jim Pugh Theater and the Seneff Arts Plaza. The tours will include special photo-ops and the opportunity to purchase tickets for upcoming shows and

events. Visit [drphillipscenter.org](http://drphillipscenter.org)



SHERYL CROW

### Nov. 8 – Sheryl Crow in free concert celebrating the Seneff Arts Plaza

They call it the "People's Lawn," and the new Dr. Phillips Center will present its open space to the public with a free concert by Sheryl Crow on Nov. 8 at 8 p.m. Crow has sold more than 35 million albums around the world, has released eight studio albums (seven charting top-10), a quadruple-plati-

num greatest hits collection and a Christmas album. Ms. Crow is coming to Orlando to help us celebrate our new Performing Arts Center, and it's free! Access to a climate-controlled hospitality area is offered at a ticketed price.

### Nov. 8 – The sixth annual Gingerbread Run for Give Kids the World

The Gingerbread 5K Run is set for Nov. 8 at Give Kids the World in Kissimmee. The race invites the public inside the 70-acre story-book resort to meet the families they are helping support, leading participants through a fantasyland into the world's largest Candy Land game. Last year's event raised over \$165,000 and this year's goal is to generate \$190,000 to benefit children with life-threatening illnesses. For information, visit [gingerbreadrun.org](http://gingerbreadrun.org) or



DR. PHILLIPS CENTER

# 1<sup>st</sup> Annual Good Shepherd BBQ

## Cook-Off & Dessert Auction

### Saturday November 15, 2014 4:00 pm – 6:30 pm

Judging held between 4:00 pm and 5:00 pm  
Serving will begin at 5:00 pm along with samples of contestants' entrees (Pork, Beef and Chicken)  
Winners awarded trophies and Door Prize awarded at 5:15 pm  
Dessert Auction begins at 5:30 pm

**Meal Tickets:**  
Adults - \$8.00  
Children under 12 - \$5.00  
Children under 4 - Free

**Door Prize:**  
Tickets:  
\$2.00 for 1 ticket  
\$5.00 for 3 tickets  
\$10.00 for 7 tickets

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**Grill'n & Chill'n**

**MENU!**  
¼ Bar-B-Q Chicken (white or dark meat)  
Baked Beans  
French Fries  
Coleslaw  
Bread  
Cobbler for dessert  
Tea

**The Episcopal Church of the Good Shepherd**  
331 Lake Avenue, Maitland, FL 32751  
407 644-5350



[givekidstheworld.org](http://givekidstheworld.org)

### Nov. 8 – The Orlando Philharmonic presents 'Midori & Berlioz'

Continuing its search for Orlando's next music director, the Orlando Philharmonic presents conductor Steven Jarvi in a concert of Romantic favorites. Opening with the heroic Wagner's "Prelude to Act III" of "Lohengrin," and featuring internationally renowned violinist Midori performing Schumann's "Violin Concerto," both Jarvi and the Orchestra will be tested by Berlioz's epic "Symphonie Fantastique." The Orchestra is sharing its search for their next music director with us – the

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audience – and that is one more reason to give our support back to our super-talented orchestra. The date is Nov. 8 at 8 p.m. at the Bob Carr PAC. Call 407-770-0071 or visit [orlandophil.org](http://orlandophil.org)

### Nov. 9 – Maitland honors veterans with Maitland Salutes You!

The annual Maitland Salutes Veterans event is set for Nov. 9 at 4 p.m. at the Maitland Civic

■ Please see CULTURE on page 16

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## CULTURE | Want to get the kids interested in art? It's Free Family Day at Orlando's Mennello Museum



'MIDORI & BERLIOZ'

■ CONTINUED FROM PAGE 15

Center on the Lake. All veterans and their families are invited to join with community partner organizations in Maitland who are working together to make this a special day for area Veterans including a variety of activities and performances. Veterans and their families can RSVP to the Maitland Civic Center by calling 407-647-2111.

### Nov. 9 to 12 – Free Family Day at the Mennello Museum

Every second Sunday (Nov. 9 this month) is Free Family Day at the Mennello Museum with age-appropriate activities and free admission. There's a make-and-take craft station and docents available to give mini-tours of the museum for the kids (and parents too). Director/Curator Frank Holt may be justifiably proud of his new exhibit – "The Taos Society of Artists." Beginning at 9 a.m. on Nov. 12, Mr. Holt will offer the special opportunity to enjoy coffee with the director,



LILLIAN VERKINS

after which he will lead a Walk & Talk through this beautiful exhibit. Reservations suggested.

Visit [mennellomuseum.com](http://mennellomuseum.com) or call 407-246-4278.

■ Please see CULTURE on next page

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# CULTURE | The Orlando Museum of Art turns into a colorful holiday wonderland for the Festival of Trees

■ CONTINUED FROM PREVIOUS PAGE

## Nov. 14 to 23 – The Festival of Trees at the Orlando Museum of Art

Each year, the Council of 101's Festival of Trees kicks off Central Florida's holiday season by turning the Orlando Museum of Art into a wonderland of holiday elegance with decorated trees, wreaths, gingerbread creations, and holiday vignettes – all for sale to benefit the museum. The prize drawings and Toyland Town activity area are all part of this popular tradition benefiting OMART's children's art education programs. An opening night festival gala called A Tartan Affaire will be held on Nov. 14 beginning at 7 p.m. (black tie optional) including fine culinary creations, cocktails and entertainment. Visit [omart.org/programs](http://omart.org/programs)

## Nov. 14 to Jan. 11 – Winter in the Park Holiday Ice Skating Rink

This holiday season, the city of Winter Park will host its sixth



ICE SKATING

annual Winter in the Park Holiday Ice Skating Rink in Central Park from Nov. 14 to Jan. 11. It's a little bit of winter inside the tent – no matter the temperature outside. Join the Winter Park Chamber of Commerce and Park Avenue Merchants Association as they spread holiday cheer to skaters and spectators. Visit [winterpark.org](http://winterpark.org) or call 407-644-8281.

## Nov. 14 to 23 – Classic Irish Theater at Seminole State College

It's jealousy and murder in Ireland, when young Christy Mahon stumbles into a tavern telling tales of having murdered his own father. Rather than condemn his actions, the townspeople take a morbid interest in Christy's stories – leading to surprising plot twists. "The Playboy of the Western World" is a classic 1907 drama by John Millington Synge, and it will be performed by the Theater Department at Seminole State

The Rose Room Gallery presents artwork by **LILLIAN VERKINS**  
**FLUX**  
 November 12 - December 19

**Artist's Reception**  
 November 14, 5:30 - 7:30 PM

Gallery Hours: M-F 10:30-4:30, S 10-2  
 Peabody Auditorium  
 600 Auditorium Blvd., Daytona Beach

College from Nov. 14 to 23. Reservations are recommended. Call 407-708-2040, ext. 3.

## Nov. 14 to Dec. 19 – Art exhibit features work by Lillian Verkins

An opening reception beginning at 5:30 p.m. on Nov. 14 will introduce the art exhibit "FLUX" featuring Lillian Verkins' acrylics and mixed media paintings at the Rose Gallery in Daytona Beach. Lillian earned her bachelor of arts degree and bachelor of fine arts degree in printmak-

ing and photography from UCF in 1987, and since 2004, the paintbrush has replaced her camera. Lillian says, "It is my meditation place ... as I evolve, so should my art in this multi-faceted world." The reception and exhibit are free to the public. Call 386-736-3039.

Josh Garrick is a writer, photographer, educator, and fine art curator. He is a member of the Curatorial Council for the Museum of Florida Art. Garrick can be reached at [joshgarrick9@gmail.com](mailto:joshgarrick9@gmail.com) or 407-522-3906.



MENNELLO FAMILY DAY

ADVERTORIAL

# National Home Care Month

In honor of our nation's home care professionals, Florida Hospital Home Care will join more than 2,200 home care agencies in Florida and tens of thousands more agencies across the nation to kick off National Home Care Month in November. The month-long celebration pays tribute to the dedicated home care professionals who enable senior citizens, the disabled and chronically ill individuals to live their lives where they want to be most: in the comfort of their own home.

Every 13 seconds another American turns 65 years old, a trend that will continue for the next 20 years. As the population ages, the home care industry will become increasingly important in the health care delivery system. Not only does home care offer the patient-preferred setting, it is also cost-effective. More than 2,200 home care agencies are serving more than 150,000 Floridians on any given day.

Florida Hospital Home Care Services (FHHCS) is a not-for-profit hospital affiliated home care agency servicing patients in Orange, Seminole and Osceola counties for over 25 years. We are a state licensed, Medicare/Medicaid certified and CHAP (Community Health Accreditation Program) accredited home health agency. Florida Hospital Home Care Services received the HomeCare Elite award in 2012, representing the top 25% percent of 10,177 agencies in the United States and one of the top six Home Care agencies in Central Florida. It has two divisions: Certified and Private Duty - with 125 field clinicians and 57 office staff. FHHCS touches the lives of 900 patients per month with 4,500 admissions and 80,000 visits per year.

FHHCS is here to provide these

professional services, so call today at 407.691.8202 to learn more about a team that truly has The skill to heal. The spirit to care.

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# This week at Enzian

<p><b>BIRDMAN</b>                      Starring Michael Keaton, Edward Norton, Emma Stone, Naomi Watts, &amp; Zach Galifianakis                      Fri &amp; Sat: 3:15PM   6:30PM   9:45PM                      Sun: 4PM   7PM   10PM                      Mon, Wed, Thurs: 6:30PM   9:45PM                      Tues: 6:30PM</p>	<p><b>Saturday Matinee Classics: THE FRENCH CONNECTION</b>                      Saturday at 12PM</p>	<p><b>Eden Bar's Elixir Mixer</b>                      All you can drink tastings for only \$6!                      Sat 2-4PM</p>	<p><b>Yoga on the Lawn</b>                      Eat a healthy lunch at Eden Bar after class!                      Monday 11AM</p>	<p><b>Cult Classics: DOWN &amp; OUT IN BEVERLY HILLS</b>                      Tuesday 9:30PM</p>	<p><b>Popcorn Flicks in the Park: THE MAGNIFICENT SEVEN</b>                      FREE in Central Park!                      Thurs 7PM</p>	<p><b>16th ANNUAL JEWISH FILM FESTIVAL</b>                      November 15th - 17th</p>
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ENZIAN

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# Opinions



**Chris Jepson**

## Perspectives

# Them that gots the power makes da rules

It seems like we're at that point in the movie when all the minor actors have been dispatched (killed, lost, buried) and the star's bloodied and bruised sidekick, on bended knee, is recounting how it all began. The screen fades and slowly reopens to a bright spring day — once, not so long ago — when the prevailing fragrance of hope and possibility perfumed the air.

I am not so egotistical or certain of my positions (opinions) as to be unable to entertain the opposing argument. I have personal beliefs regarding human conduct that are based

on observation and research as well as genetics (evolutionary human development). We're tribal as a species, for example, because cooperating in small family-centered units trumped the isolated outlier or those groups of individuals incapable of altruism.

That humanity will muddle through is not in question. We are, as my sister suggests, nasty, yet resourceful little monkeys. But did it have to come to this? I speak here of our American experiment in democracy.

Why would we think, by way of illustration, that if we allowed corporations the same right to speech as people that inevitably human speech would become of secondary importance. That if any amount of money could be anonymously invested in securing electoral victory those who have will inevitably get it all.

Out-of-state conservative groups recently poured a massive amount of money into a central Missouri judicial election in order to secure a judiciary more favorable to business interests. To paraphrase a tried and true maxim: "Them that gots the power makes da rules."

That our democracy can be so brazenly hijacked by special interests is not a particularly new phenomenon. My specific disappointment is with an electorate

incapable of focusing-on and voting its own interests and, more importantly, by not insisting that our democracy, our electoral process remain free, open and fair. Allowing corporations (and individuals) to purchase elected officials by pouring ungodly amounts of anonymous money into our electoral system is unquestionably as stupid as shooting one's self in the chest. We ignore a self-inflicted wound to the body politic as, well, just another business-as-usual day in America. Exactly. But the problem with our democracy is much larger.

This past Halloween evening I sat on the street with neighbors and while waiting for trick-or-treaters I casually posed to the group of adults that if we (humanity) have made such a mess of the planet with 7 billion people, how is it wise public policy for the planet's population to grow to 9 billion? How is the environment of North America — the lower 48 states — helped by growing America's population to half-a-billion citizens?

Before I could finish my premise that included "looking out 50 years, what could we do from a national public policy perspective to 'manage' our population growth and develop a sustainable economy," I was accused of wanting to limit the number children people could have. Sigh.

Long before there is a solid suburban sprawl from Atlanta to New York City, before America has been completely auctioned-off our assets and resources plundered, America's democracy will have been appropriated by its oligarchic class. And John Q. Everyman will still be scratching his butt and wondering what time the game starts on Sunday. Rome burns but, my gawd, when do the playoffs begin? Fade to black.

Consider attending my presentation on the "Meaning of Life" at the Winter Park University Club, on Tuesday, Nov. 11, at 10 a.m.

Jepson is a 27-year resident of Central Florida. He's fiscally conservative, socially liberal, likes art and embraces diversity of opinion. Reach him at [Jepson@MEDIAMerica.US](mailto:Jepson@MEDIAMerica.US)



**Louis Roney**

## Play On!

# Sweetie

At one time in my life, I had an apartment in New York and a house in Richmond, Va. I commuted by car in a rather haphazard way.

One day, my Virginia neighbors invited me to swim with them and friends in their pool. I was disgruntled to see a medium-sized shaggy black dog being tossed into the pool over and over again, and getting quite exasperated and fatigued with it all. The dog could not climb alone out of the pool's high sides. I got out of the pool, borrowed a car, and went to the nearest grocery store, where I bought some beef and some vegetables. Back in the neighbor's kitchen I cooked the beef and veggies for the dog. He was most enthusiastic about the good meal, and from that moment on, he followed me everywhere I went. My friends asked me to let the dog go home with me to my Richmond house. When I got into bed that night, the dog found my room, pushed the door open with his nose, then there was a thud as he landed on the bed at my feet. When I left to go back to my New York digs, my Virginia neighbors insisted that I take the dog with me. The dog made it clear to me that he was coming with me. For some inexplicable reason, I agreed to try it, and the dog made so little trouble for me, that soon all my friends were calling him "Sweetie" and the name stuck. He snuggled up next to me as I drove.

When I took him to a doggie salon in New York, he emerged looking like the beautiful medium (24-pound) poodle he was! After Sweetie received a bath and a "sheep-trim" — (very plain, no fancy poodle cut) — he was clearly conscious of his good looks and the acclaim he got on the street from passersby. He actually would strut down the street with an invitation on his face that said, "Look at me, ain't I grand?!"

At that time, I had many singing engagements in Europe, and Sweetie went with me without having much trouble. With Lufthansa and Swissair he could lie under my seat, whereas on the American airlines he had to put up with being in a crate. But whatever the travel method was, he clearly was worried only about not going with me, which was never the case. In Europe, dogs are treated much better than they are here, and Sweetie was allowed to be in my dress-

ing room during my performances. One day I showed up for a rehearsal at the Paris Opera without Sweetie on a leash.

The concierge asked concernedly, "Where is your little friend?" I told him that the salt spread on the sidewalks to melt the ice was very bad for Sweetie's paws — that I had taken him for a walk before coming to the theater and then washed his feet before leaving him in the hotel room.

Fortunately, my New York apartment was just across the street from Central Park, and I was able to let him off his leash in the park to play ball and run while I jogged. When I bounced his red rubber ball hard on the ground, Sweetie would jump some 6 feet in the air to catch it and he often did so to the applause of admiring on-lookers. He was a natural show-off and knew instinctively what show-biz was all about.

As the years went by, Sweetie began to develop macular degeneration, as I coincidentally have done. He did well without his full powers of vision. Indoors he seemed to have memorized where everything was, and outside he was very much at home at the end his leash. On the sidewalk around the corner from my apartment, Sweetie knew where his favorite stores were. He insisted on going to my friend Arno Heller's deli where Sweetie knew a nice piece of Braunschweiger leberwurst would be waiting for him and he accepted it gratefully and gracefully. Arno had a place in Sweetie's heart! Another block farther down Sixth Avenue was the 10-cent store where Sweetie halted and insisted on entering. In the store, I would take his leash off, and he would find his way to the back of the store where there was a big bin of medium-sized rubber balls. Somehow he would always pick out a red one, walk back up to the cashier where I would pay for it, and he would proudly carry his new "purchase" back to the apartment. Dogs exist to bring happiness to people, and they justify their existence at every opportunity. It's impossible not to love dogs in return.

An International opera star for more than 40 years, Louis Roney has entertained on stage and on screen. He founded and directed the Festival of Orchestras, bringing the world's best symphony orchestras to Orlando. He is a recipient of the Distinguished Professor Faculty Award from UCF, and continues to inspire and develop young artists.

# EDITORIAL CARTOON



"Didn't see this at Fashion Week..."

# Letters to the editor

Send your thoughts (400 words or less) to Managing Editor Isaac Babcock at [ibabcock@turnstilemediagroup.com](mailto:ibabcock@turnstilemediagroup.com)

## DPAC worth \$1 million?

The Winter Park City Commission last week approved \$1,000,000 (that's right one million dollars) of your non-ad valorem tax dollars to a non-Winter Park organization.

The interlocal agreement with the city of Orlando of \$100,000 a year for 10 years is for the construction and debt reduction of the new Dr. Phillips Performing Arts Center (known as DPAC). This agreement was carefully worded so future commissions are bound by the agreement. Also Winter Park residents cannot have a say in a referendum or during the annual budget process where you normally get to see how and where dollars come from and go to. Also there are two public readings at the end of the budget process.

Residents that had followed the budget process for 2015 had the understanding that the \$100,000 for 2015 for DPAC would be considered each budget year. There was

never public discussion for an interlocal agreement.

During the last two years of budget processes we constantly heard at meetings how tight the budget was and that there was no wiggle room. Funding for several Winter Park organizations were reduced, programs sponsored by the city to help neighborhoods upgrade their landscape were totally dropped, and most important our tree canopy crisis could not be fast forwarded because of funding and the city could not afford to be responsible for the maintenance of our row trees.

What is the point of a visioning process if residents have no say in how a million dollars of future tax dollars are spent! You can join me in expressing your opinion at the next Commission meeting on Monday, Nov. 10.

— Nancy Shutts

# THE MARKETPLACE



OBSERVER  
Open Houses

## KELLY PRICE & COMPANY

### Saturday, November 8th:

455, 457 & 461 Manor Road, Maitland Manors New Homes, Maitland, FL 32751  
4 BR | 4 BA | 3,797 SF | \$789,900 - \$799,900  
Brand-new City-side custom home by Silliman Homes Centrally located in Maitland Manors. 2013 Parade of Homes Grand Award Winner, Silliman Homes is now offering custom homes in sought after City-side locations. Superior quality construction, upgraded finishes, unique designs, and excellent values. Casa de la Vida is a beautiful Mediterranean style 3,797 square foot home that includes four bedrooms and four and a half baths, home office, spacious upstairs media/game room, and a 2-car garage. This open-air floor plan is filled with natural light with the multiple windows and sliding glass doors that surround the home. Welcomed into the foyer and adjoining dining room, the interior also features a spacious kitchen overlooking the family room and nook creating a space to gather with friends and family. Located on the first floor, the master suite and home office command the right wing and the main gathering areas to the left. This home exudes hospitality and warmth and is perfect for every social occasion. "Truly" a Must see home!  
Hosted by: Patrick Higgins with Kelly Price & Company from 1-4 PM

630 Live Oak Street, Maitland, FL 32751  
4 BR | 3.5 BA | 2,837 SF | \$674,900  
Brand-new City-side custom home by Silliman Homes Centrally located off 17-92 in Maitland Manors. 2013 Parade of Homes Grand Award Winner, Silliman Homes is now offering custom homes in sought after City-side locations. Superior quality construction, upgraded finishes, unique designs, and excellent values. A beautiful Mediterranean style home, Casa Feliz blurs the line between indoor and outdoor living. This 2,387 square foot home allows easy access to the covered patio and rear courtyard from the foyer, dining area family room, and master suite. Whether entering from the covered front entry or the motor court leading into the two-car garage in the rear, this house provides a great arrival experience as it embraces the courtyard and outdoor lifestyle. This open-air floor plan invites new perspectives of living and entertaining, and the detached two car garage provides natural light on all sides of the home. While the master suite is located on the first floor, three more bedrooms and two baths are available upstairs adjacent to the media/game room. This new home is completed and ready to move in. The Casa Feliz is the least expensive NEW home in Maitland Manor. Truly "A Must - See Home".  
Hosted by: Patrick Higgins with Kelly Price & Company from 1-4 PM

32504 Hawks Lake Lane, Sorrento, FL 32776  
4 BR | 4.5 BA | 4,587 SF | \$1,179,500  
Immaculate Golf Front Pool Home in Sought-After Red Tail! In layout and design, this stunning 4,587sf residence reflects the casual elegance of a private five-star resort; a contemporary 4 bedroom, 5 bath home which combines traditional styling with modern conveniences, all overlooking the 18th tee of the championship Red Tail Golf Course. This home features a floorplan with great flow for formal or informal entertaining taking advantage of the breathtaking pool and golf views from almost every room. Fantastic gourmet kitchen offers six burner gas range, granite counter tops, island with rounded breakfast bar

and beautiful wood cabinets open to the breakfast nook and huge family room with retractable sliding glass doors on two sides leading to the covered patio, pool and summer kitchen. A regal den/office with custom cabinetry and three bedrooms with private en-suite baths complete the south side of the home. The spacious master suite features two walk-in-closets, pool views and separate workout room. Unparalleled master bath offers dual vanities, jetted spa tub and full walk through shower. Relaxing private outdoor oasis has screened and heated pool and spa, summer kitchen, three separate sitting areas and unobstructed views of the 18th tee. The gated community of Red Tail offers an unmatched lifestyle with private golf course, Har-tru red clay tennis courts, upscale fitness and spa center and exceptional gourmet dining, all situated on 480 acres.  
Hosted by: Gwyn Clark with Kelly Price & Company from 1-3 PM

2091 Mohican Trail, Maitland, FL 32751  
3 BR | 2 BA | 2,183 SF | \$350,000  
Fantastic three bedroom, two bath home in Dommerich! One story ranch, located on an oversized corner lot with more than a quarter acre of land and mature fruit trees. Beautiful terrazzo floors run through the home's kitchen, family and sunrooms, while new hardwood flooring has been installed in the home's formal living and dining areas. Kitchen has been tastefully updated to include new cabinetry and hardware, stainless steel appliances and work desk. Brick-faced, wood burning fireplace is the focal point in the large family room which also transitions into the home's illuminating sunroom. Each of the three bedrooms are generously sized and the home's two bathrooms have both been modernized with new fixtures. Spacious backyard is fenced in with gated access and allows for privacy among the mature Florida landscape. This quiet location boasts great schools and is within walking distance to Dommerich Elementary.  
Hosted by: Kelly L. Price with Kelly Price & Company from 1-4 PM

### Sunday, November 9th:

455, 457 & 461 Manor Road, Maitland Manors New Homes, Maitland, FL 32751  
4 BR | 4 BA | 3,797 SF | \$789,900 - \$799,900  
Brand-new City-side custom home by Silliman Homes Centrally located in Maitland Manors. 2013 Parade of Homes Grand Award Winner, Silliman Homes is now offering custom homes in sought after City-side locations. Superior quality construction, upgraded finishes, unique designs, and excellent values. Casa de la Vida is a beautiful Mediterranean style 3,797 square foot home that includes four bedrooms and four and a half baths, home office, spacious upstairs media/game room, and a 2-car garage. This open-air floor plan is filled with natural light with the multiple windows and sliding glass doors that surround the home. Welcomed into the foyer and adjoining dining room, the interior also features a spacious kitchen overlooking the family room and nook creating a space to gather with friends and family. Located on the first floor, the master suite and home office command the right wing and the main gathering areas to the left. This home exudes hospitality and warmth and is perfect for every social occasion. "Truly" a Must see home!  
Hosted by: Christy Knox with Kelly Price & Company from 1-4 PM

1946 Strathaven Road, Winter Park, FL 32789  
3 BR | 2 BA | 2,102 SF | \$299,000  
Spacious and warm three bedroom, two bath home in desirable Kenilworth Shores. Glass doors line the common rooms with easy outdoor access to a large and welcoming patio. Inviting separate living and dining rooms for the ultimate in entertainment. A separate family room, office, or playroom is centered with a cozy, brick, wood-burning fireplace. Plenty of room in this home for all to enjoy! Newer built detached garage with twice the space

for a workshop, studio, or storage. Fully landscaped yard offers a private, fenced back yard with room to play. Irrigation system for easy care. The side yard, also private, has a long sunny patio with quick steps from the kitchen for entertaining. The home is located on a park-like, tree-lined street in Winter Park. A-rated Winter Park schools and walking distance to the high school. New owners will enjoy the private access to Lake Berry with both a boat dock and boat ramp for residents of Section VII of Kenilworth Shores. Walk or ride the Cady Way Trail with close access within the neighborhood!  
Hosted by: Dee Morgan with Kelly Price & Company from 1-4 PM

6462 CR 631, Bushnell, FL 33513  
3 BR | 2 BA | 1,915 SF | \$315,000  
The best of both worlds - country living within minutes to I-75, shopping and town. This home has been meticulously maintained and well cared for. Enjoy outdoor moments in the garden, fishing in the pond, or completing a project in the property's workshop. The home has 6.2 acres of privacy and an additional parcel of 5.2 acres is also available next door. Create your own personal retreat of 11.4 acres!  
Hosted by: JJ Mackle with Kelly Price & Company from 2-4 PM

108 Spring Creek Lane, Winter Springs, FL 32708  
4 BR | 3 BA | 3,276 SF | \$529,000  
Beautiful 4 bedroom, 3 bath pool home in the prestigious gated and golf community of the Reserve at Tuscavilla with oversize 3 car garage. From the moment you walk through the front courtyard and open the lovely leaded glass doors, you are welcomed by a bright and open floor plan. The high ceilings, art niches, coffered ceilings, crown molding create a splendid atmosphere for both comfort & entertainment. The spacious gourmet kitchen features an island, 42" cabinets, mitered glass windows and breakfast bar overlooking the pool and family room with wood burning fireplace. The master suite includes 2 walk-in closets, sitting area, and luxurious master bath with walk-in shower, dual sinks and garden bathtub. The unbelievable beautiful landscaped outdoor area comprises of a pool, spa, waterfall, travertine tile, pergola, lots of green space and lemon tree, which serves as the scenery from most areas of the home. Great location, close to 417, just minutes from shops, restaurant, and biking trails.  
Hosted by: Julie Bombardo with Kelly Price & Company from 12-2 PM

630 Live Oak Street, Maitland, FL 32751  
4 BR | 3.5 BA | 2,837 SF | \$674,900  
Brand-new City-side custom home by Silliman Homes Centrally located off 17-92 in Maitland Manors. 2013 Parade of Homes Grand Award Winner, Silliman Homes is now offering custom homes in sought after City-side locations. Superior quality construction, upgraded finishes, unique designs, and excellent values. A beautiful Mediterranean style home, Casa Feliz blurs the line between indoor and outdoor living. This 2,387 square foot home allows easy access to the covered patio and rear courtyard from the foyer, dining area family room, and master suite. Whether entering from the covered front entry or the motor court leading into the two-car garage in the rear, this house provides a great arrival experience as it embraces the courtyard and outdoor lifestyle. This open-air floor plan invites new perspectives of living and entertaining, and the detached two car garage provides natural light on all sides of the home. While the master suite is located on the first floor, three more bedrooms and two baths are available upstairs adjacent to the media/game room. This new home is completed and ready to move in. The Casa Feliz is the least expensive NEW home in Maitland Manor. Truly "A Must - See Home".  
Hosted by: Christy Knox with Kelly Price & Company from 1-4 PM

1760 Sunset Drive, Winter Park, FL 32789  
5 BR | 4.2 BA | 4,084 SF | \$1,225,000  
Spectacular, custom built pool home in the heart of Olde Winter Park! This stunning traditional home features four bedrooms, four full baths, two half baths, and a downstairs office with fireplace, offering more than 4,000 square feet of comfortable living space. Brazilian cherry wood floors, crown

# King Crossword

## ACROSS

- 1 Pouch
- 4 Mast
- 8 Genuine (Ger.)
- 12 Altar
- 13 Godly
- 14 Winged
- 15 Produced as by magic
- 17 Anger
- 18 Perch
- 19 Countdown followup
- 21 Hawaiian garment
- 24 Homer's interjection
- 25 Shade tree
- 26 Omega preceeder
- 28 Right-hand page
- 32 Freshly
- 34 Elev.
- 36 Part of speech
- 37 Low point
- 39 Tease
- 41 Peacock network
- 42 Drunkard
- 44 Morning brew
- 46 St. Louis' - Arch
- 50 Actor Gulager

1	2	3	4	5	6	7	8	9	10	11	
12			13					14			
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46	47	48				49		50			
51					52		53			54	55
56					57					58	
59					60					61	

- 51 Awestruck
- 52 Created a bruise
- 56 Carte
- 57 Sandwich cookie
- 58 A Gabor sister
- 59 Nervous
- 60 Crystal gazer
- 61 Lair
- 7 Made over
- 8 Made of clay
- 9 Advertising award
- 10 50 percent
- 11 Not kosher
- 16 Muppet master
- 20 Supporting
- 21 Nasty
- 22 Arm bone
- 23 N.A. nation
- 27 Sort
- 29 Addled
- 30 Toothpaste container
- 31 Formerly
- 33 Smart aleck
- 35 - -tac-toe
- 38 Tier
- 40 Medic
- 43 Mexican entrees
- 45 Winter ailment
- 46 Ready for anything
- 47 On in years
- 48 Chinese gang
- 49 Bygone times
- 53 Born
- 54 Prior night
- 55 Dapper fellow?

## DOWN

- 1 Uncorrected, in a text
- 2 Big bother
- 3 Ate
- 4 "Quiet!"
- 5 Apiece
- 6 First victim

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molding, plantation shutters, and beautiful mill-work throughout are just a few of the exquisite finishes you'll fall in the love with in this home. Gourmet kitchen, with an attached butler's pantry and spacious walk-in pantry, also features a gas burner stove, built-in oven, and solid wood cabinetry with granite counters. The kitchen opens to a fantastic living room, with french doors leading out to, and overlooking, the covered lanai with summer kitchen and pool. Retreat into the downstairs master suite and find relaxation in the spa bath, complete with his and her vanities, and walk-in shower with rainfall shower head. Walk upstairs to discover three additional bedrooms and a bonus room or fifth bedroom, with its own private bath and french doors that help turn this room into the perfect creative space. Step outside to a gorgeous, fenced-in backyard with mature landscaping and 15' bamboo for extra privacy. Heated salt water pool with fountain, four-hole putting green, and playground with high-end, artificial turf all make for great recreation and entertainment. Solar heating, central vac, and home security system have also been thoughtfully installed. Schedule your showing today and welcome home!  
Hosted by: Padgett McCormick with Kelly Price & Company from 2-4 PM

149 Chelton Circle, Winter Park, FL 32789  
4 BR | 3.5 BA | 4,511 SF | \$1,395,000  
Exquisite, classic Mediterranean home on a quiet brick street in desirable Winter Park. This stunning four bedroom, three bath home sits high overlooking charming Lake Chelton. Home features formal living and dining areas, an updated kitchen with Mexican tile, granite countertops, built-in appliances, gas range, a spacious breakfast nook, and a bright sunroom with panoramic lake views. Upstairs offers a master retreat and bath with large walk-in shower, Jacuzzi tub, marble vanity with dual sinks, and a walkout balcony. Three additional bedrooms, two full baths, two half baths, and two fireplaces complete the home's interior. Home has detached two car garage with covered walkway and an unfinished second floor that could be transformed into a guest apart-

ment with full bath. Sale is As-Is. Dining room chandelier does not convey.  
Hosted by: Kelly L. Price with Kelly Price & Company from 1-4 PM

610 Genius Drive, Winter Park, FL 32789  
5 BR | 6 BA | 5,500 SF | \$1,895,000  
Stunning French Provincial, five bedroom estate in prestigious Windsong. This elegant two story home has gorgeous Australian pine floors and crown molding throughout. Welcoming foyer is open to the formal dining and living room with French doors that overlook the pool and a beautiful fireplace. Gourmet kitchen with custom cabinets, granite counters, integrated refrigerator, double oven, island with gas cooktop and breakfast bar, and built-in desk all overlooking the spacious family room. The large master retreat with French doors overlooking the pool area and a lavish master bath with dual sinks, jetted tub, separate shower and walk-in

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# THE MARKETPLACE

closet. Also, this home has a first floor guest suite with full bath, and a sophisticated office with custom tasteful built-ins and seating area. There are three large bedrooms, each with its own spacious closet, a bonus room and open loft all on the second floor. Fabulous fenced backyard features covered lanai, outdoor grill and sparkling pool and spa. Professionally landscaped by Keller outdoor and meticulously maintained. Windsong is one of Winter Park's most exclusive neighborhoods and features two community pools, water park and access to the Winter Park chain of lakes. Excellent schools and just minutes to Park Avenue and downtown Orlando! Hosted by: Marty Katz with Kelly Price & Company from 1-4 PM

537 N. Phelps Avenue, Winter Park, FL 32789  
 3 BR | 3 BA | 2,153 SF | \$420,000  
 Stunning home located in one of Winter Park's most desirable neighborhoods! Completely renovated, this captivating, traditional style home features three bedrooms, three full baths and an open living and dining area filled with natural light. Character and charm flow throughout the home with meticulously maintained, original hardwood floors. An updated kitchen, featuring solid wood cabinets, granite countertops and a GE appliance package bring a modern touch to the home's interior. Master suite is generous in size and offers an en suite with oversized soaking tub, separate shower and walk-in closet with custom built-ins. French doors lead to the open patio and allow for a relaxing environment, overlooking the professionally landscaped backyard. Located in the heart of Winter Park, among the mature oak trees, and within walking distance to "A" rated schools, do not miss the opportunity to lives just minutes from Winter Park's celebrated Park Avenue and call this residence your home! Hosted by: Kase Ellers with Kelly Price and Company from 1-4 PM

712 Delaney Park Drive, Orlando, FL 32806  
 2 BR | 2 BA | 1,685 SF | \$475,000  
 Luxurious Delaney Park home exudes modern elegance. As if the charming exterior and curb appeal don't excite, every aspect of the interior will leave you wanting to see what is next. Enter the home through an enchanting arched front door and be welcomed by gleaming hardwood floors, a beautiful staircase, and character all around. The living room has a light and bright feel and offers a classy fireplace, perfect for relaxing or entertaining the best of friends. Through the arched opening you will find a dining room and unique dry bar designed with dramatic lighting and great views of the private backyard paradise. The kitchen offers a perfect setting for preparing your favorite meal, equipped with stainless appliances and granite counter-tops. Finishing off the downstairs is a bedroom, bath, and a den that could function as a third bedroom or large office. Upstairs is a full master retreat that sets a tranquil tone. The bedroom is expansive in size, has exquisite architectural features, and sweeping windows. Attached master bath has a spa-like feel with river rock flooring and clean lines throughout. The

walk in closet was custom designed by California Closets. This home was renovated with nothing but high end detail in mind. Special appointments include distinctive wood molding, travertine tile, individual control stereo speakers, custom closets, artistic interior lighting, zoned exterior lighting, remote gas fireplace, private pool oasis and top of the line summer kitchen. Don't miss this opportunity. Hosted by: Padgett McCormick with Kelly Price & Company from 2-4 PM

26 Minnehaha Circle, Maitland, FL 32751  
 2 BR | 2 BA | 1,790 SF | \$279,000  
 Minnehaha Shores! Fabulous two bedroom, two bath home with office/den "flex space". Home features beautiful Acacia wood floors, an inviting dining area with built-in bench seating and subway tiled wall. Newly installed porcelain tile flooring in the kitchen. Open great room, with stone-faced, wood-burning fireplace is the perfect place for entertaining guests. Screened patio. Two-car garage with workshop and indoor laundry add fantastic space for additional storage. Located in quiet Minnehaha Shores, this property comes with Chain of Lakes access via the community's boat dock with a nominal annual fee. Walk to nearby Minnehaha Park and enjoy tennis, playgrounds, fitness trails and more! Hosted by: Jennifer August-Ruiz with Kelly Price & Company from 1-4 PM

132 Burks Circle, Winter Park, FL 32789  
 3 BR | 3 BA | 2,638 SF | \$699,000  
 Desirable single story home, with three bedrooms, three full baths, and guest apartment in the heart of Winter Park! Located on a quiet circle, minutes from Park Avenue and nearby shops and dining, this home has a fantastic floor plan and offers over 2,600 square feet of living space, with formal living and dining, a large family room off the kitchen, and French doors that lead to the resort style pool and spa. Beautiful hardwood flooring has been laid throughout the home. Master bedroom is the perfect retreat with its vaulted ceilings, and en suite with his and her walk-in closets, double vanity, garden tub and shower. Each guest bedroom is generous in size and has their own private bath. Spacious kitchen features travertine flooring, an oversized closet pantry, bartop seating, built-in workspace, and breakfast nook. Family room is radiant with natural light that fills the space from the windows and French doors. Double sided, wood burning fireplace and built-in entertainment center help create the perfect entertainment space. Step outside and be inspired by the gorgeous backyard. Vinyl fencing around the property provides privacy, while the brick pavers, vine covered trellis, and stunning pool bring characteristic charm. Above the two-car, detached garage, is a guest apartment with office, half bath, and efficiency kitchen. Zoned for A-rated schools; Brookshire Elementary, Glendridge Middle, and Winter Park High. Schedule your showing today! Hosted by: Kelly L. Price with Kelly Price & Company from 1-4 PM

1444 Cardinal Court, Winter Park, FL 32789

4 BR | 3.5 BA | 3,400 SF | \$825,000  
 Enjoy the charm of one of the best locations in Winter Park. Located on a quiet cul-de-sac, surrounded by oak trees. This neighborhood is close to Park Avenue and truly a gem! This spacious two story house features a downstairs master suite and new bath. The three remaining bedrooms are on the second floor. The formal living room features a double sided fireplace, shared with the family room. The large bonus room/game room can be used as another bedroom or in-law suite. French doors lead to the large family room overlooking a private backyard. New, updated kitchen with granite counter tops. New roof. Great schools! Hosted by: Kelly L. Price with Kelly Price & Company from 1-4 PM

1847 Britlyn Aly, Orlando, FL 32814  
 4 BR | 3.5 BA | 2,099 SF | \$419,800  
 Stunning, four bedroom, three and one-half-bath David Weekly City Home! Built in 2012, this immaculate home still shows like a model. Filled with natural, illuminating light, the open floor plan boasts a fabulous kitchen with dark cabinetry, a granite island and upgraded stainless steel appliances. Downstairs guest suite comes complete with its own private bath, including a pebbled walk-in shower. Upstairs master suite features a walk-in closet, tray ceilings, wood flooring and en suite with dual vanities and shower. Two additional bedrooms, a full bath, and washer/dryer access on the third floor allow for plenty of extra room and convenience. Attached two car, rear entry garage provides simplistic ease for entry into the home and great additional storage. Just a short walk from Baldwin Park's thriving Village Center, enjoy all the amenities Baldwin Park has to exclusively offer its residents, from the boutique shops and dining, to three recreational swimming pools, fitness centers, parks, and walking trails. Hosted by: Taylor McAbee with Kelly Price & Company from 1-4 PM

1740 Glencoe Road, Winter Park, FL 32789  
 3 BR | 3 BA | 2,108 SF | \$599,000  
 A charming California inspired bungalow with plantation shutters on the quiet brick street of desirable Glencoe Road. Three bedrooms and three baths in a three way split plan, this fabulous all updated Winter Park home with hard wood floors throughout shows like a model. Enter the bright and airy foyer with skylight which flows into a chic and expansive living room. The kitchen features granite counter tops, lovely crown molding, Kitchen Aid stainless steel appliances with wine bar, and gas range. Following is an enormous family room with voluminous ceilings overlooking a huge fenced yard and gorgeous screened pool with fiber optic lighting. You'll love the spacious indoor laundry room with plenty of storage. This is an outstanding home. Expect to be impressed with this unique beauty. Hosted by: Rhonda Chesmore with Kelly Price & Company from 1-4 PM

181 N. Phelps Avenue, Winter Park, FL 32789  
 3 BR | 3 BA | 2,181 SF | \$629,900  
 Stylish home in the heart of Winter Park. Covered front porch and original hardwood floors help to make this four bedroom, two bath home a true charmer. Living/dining room combination serves as a grand entertaining space with high vaulted ceilings and wood burning fireplace. Master bedroom features French doors that overlook the pool area, a large walk-in closet, and glass tile shower. Second guest bedroom offers its own private en suite while the hall bath has been elegantly updated. White cabinetry with glass doors and black granite counters give the kitchen a contemporary feel. Outside find your own little piece of heaven with the Chicago brick deck, wood trellis, and sparkling salt water pool. Paved walkways among the backyard's shaded oak trees and flower gardens enhance this home's tranquility. Enjoy living in the heart of Winter Park where you are just minutes from Park Avenue, and nearby parks, restaurants and dining. Call today and schedule your showing! Hosted by: Kelly L. Price with Kelly Price & Company from 1-4 PM

690 San Pablo Avenue, Casselberry, FL 32707  
 4 BR | 2 BA | 2,314 SF | \$378,500  
 Live on a recreational/ski lake at a great price! This four bedroom home has access to community tennis courts, a playground and water frontage on Lake Howell. Florida room includes a fireplace perfect for entertaining. Home perfect for work and play in Central Florida. Hosted by: Rob Mackle with Kelly Price & Company from 1-2:30 PM



**SATURDAY 10-1**  
**BEAUTIFUL POOL HOME**  
 211 White Oak Circle, Maitland  
 4BR/2BA, 2,333SF. Split plan pool home on one of the prettiest tree-lined streets in Maitland. Renovated kitchen opens to family room with great pool views. French doors, wood floors, newer windows, fireplace, and new fixtures. Master suite has 2 closets and giant bathroom. Oversized yard, new pavers front & back and side yard great for a boat. Convenient location close to Lake Sybelia. \$348,500  
 Hosted by: Jeff Friedman with Fannie Hillman + Associates

**SATURDAY 12-3**  
**GORGEOUS HOME IN STONEYBROOK WEST**  
 1425 Selbydon Way, Winter Garden  
 5BR/3BA, 3,058SF. Overlooks pond and golf course. Spacious, open floor plan. Formal living room and dining room. Large family room leads out to lanai and breathtaking view. Rich wood laminate flooring and architectural details. Freshly painted in neutral colors. Can be a 4 or 5 bedroom home. Huge upstairs bonus room has bathroom & closet, large enough to be a guest or in-law suite. \$365,000

**SATURDAY 1-4**  
**BEAUTIFUL UPDATED HOME**  
 515 S. Phelps Avenue, Winter Park  
 4BR/3BA, 3,038SF. NEW PRICE Move-in-ready pool home with formal living and dining rooms. Open kitchen features granite counters, stainless appliances and large island. Oversized family room has a half kitchen and wet bar. Wood floor, plantation shutters, crown molding and French doors throughout. New AC, electrical panel and pool pump. \$625,000

**BEAUTIFUL TOWNHOME IN GREAT LOCATION**  
 1263 Serena Drive, Winter Park  
 3BR/3BA, 1,686SF. Perfectly situated between Baldwin Park and downtown Winter Park. Freshly painted inside and out. New carpet. New landscaping, front door and hardy board have been added to the exterior. One bedroom currently used as a den can be converted to a downstairs master. Wood Burning fireplace enhances the great room and dining area. Private courtyard area. Newer A/C and appliances. \$299,900

**SUNDAY 12-3**  
**KENILWORTH SHORES TREASURE**  
 600 Balmoral Road, Winter Park  
 4BR/3BA, 1,931SF. Meticulously maintained. Open floor plan boasts a charming foyer, hardwood floors & fireplace. 3BR / 2BA in main house PLUS 1BR / 1BA detached guest suite steps from the backyard and lap pool. Kitchen with breakfast nook & built-in corner cabinets in dining room. 2 car garage, mature landscaping, updated windows. Brookshire Elementary, Glenridge Middle & Winter Park High School. \$400,000

**WALK TO PARK AVENUE**  
 700 Dixie Parkway, Winter Park.  
 4BR/3BA, 2,214SF. Gorgeous wood floors throughout the formal rooms and bedrooms. Split bedroom plan layout. Double pane windows. Beautifully renovated eat-in kitchen with granite counter-tops and stainless steel appliances is open to the family room and both overlook the screened in pool and patio. Professionally staged. Private corner lot with a tremendous location! \$629,000

**SUNDAY 1-4**  
**NEW PRICE**  
**DOMMERICH/HIGHLAND PARK**  
 2200 Deloraine Trail, Maitland  
 4BD/2BA, 2,020SF. Warm and inviting pool home in highly desirable Dommerich neighborhood. Kitchen features granite counters, newer appliances and sitting area complete with fireplace. Fabulous office directly off of the family room with sliding French doors. Home boasts generous storage throughout. Backyard retreat features pool, patio and plenty of green luscious grass. \$375,000

**TOTALLY RENOVATED IN DOMMERICH**  
 1065 Tuckaseegee Trail, Maitland  
 5BR/3BA, 3,279SF. Wonderful pool home on quiet street. Renovated in 2013. New electric, plumbing, roof, & windows (AC in 2010). 2nd Story addition increased ceiling heights to over 9'. Media room could be 6th bedroom. Downstairs master suite

has 2 walk in closets. Wood floors, crown molding, French doors. Kitchen with granite & stainless appliances opens to family room/dining room. Yard has new pool with pavers overlooking conservation area. "A" rated schools. \$639,000

**BALDWIN PARK VICTORIAN**  
 5331 High Park, Orlando  
 4BD/4BA, 3,844SF. Custom-built Victorian-style home with fine finishes and open floor plan. Wrought iron staircase, hardwood flooring, crown molding, upgraded lighting, surround sound system, and gourmet kitchen with large eating area. Spacious downstairs master bedroom. Bonus room with bath and private entrance. Office with custom cabinetry. Formal dining room. \$774,900

**NEW PRICE**  
**PRIVATE LAKEFRONT HOME**  
 1317 Druid Isle Road, Maitland  
 3BR/2BA, 1,874SF. Located in a charming cul de sac on Lake Charity with a large lot. Kitchen has granite counters, stainless appliances and opens to the family room. Split floor plan, wood burning fireplace, new windows throughout and a screened porch great for watching wildlife. \$399,000

**SUNDAY 2-5**  
**POOL HOME IN FANTASTIC LOCATION**  
 914 Moss Lane, Winter Park  
 4BR/3BA, 3,335SF. Pool home with tons of space. Renovated in 2003. Two master suites downstairs, expansive great room with vaulted ceilings, wood burning fireplace, large Florida room with built-in bar looks out on to screened pool. BRAND NEW screen enclosure surrounds the large pool/patio which has mature, lush landscaping providing lots of privacy. \$595,000



**OBSERVER**  
**Just Sold Homes**  
**KELLY PRICE & COMPANY**

**2149 Redmark Lane, Winter Garden, FL 34787** sold by Padgett McCormick with Kelly Price & Company

**623 Morgan Street, Winter Springs, FL 32708** sold by Liz Jones & Christy Knox with Kelly Price & Company

**1719 Loch Berry Road, Winter Park, FL 32789** sold by Sherri Dyer, Pamela Seibert & Jenni Sloan with Kelly Price & Company

**3671 Foxcroft Circle, Oviedo, FL 32765** sold by Pamela Seibert with Kelly Price & Company



**4553 Corbel Alley, Orlando** sold by Lanie Shower with Fannie Hillman + Associates \$424,865

**5501 S Atlantic Ave, New Smyrna Beach** sold by Maria Van Warner with Fannie Hillman + Associates \$610,000

**6723 Matchett Rd, Belle Isle** sold by Judy Davis with Fannie Hillman + Associates \$750,000

**3038 Cayman Way, Orlando** sold by Michelle Sanderson with Fannie Hillman + Associates \$200,000

**2816 Delcrest Dr, Orlando** sold by Lanie Shower with Fannie Hillman + Associates \$163,500

**15378 Sandfield Loop, Winter Garden** sold by Kelly Maloney with Fannie Hillman + Associates \$358,915

**43 E Yale Street, Orlando** sold by Melissa Woodman with Fannie Hillman + Associates \$254,000

**2400 Norfolk Road, Orlando** sold by Glad Messeroff with Fannie Hillman + Associates \$875,000

**700 Melrose Ave M-31, Winter Park** sold by Brad Dugger with Fannie Hillman + Associates \$100,000

**440 Ridgewood, Altamonte Springs** sold by Catherine D'Amico with Fannie Hillman + Associates \$127,000

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HOCUS-FOCUS

BY HENRY BOLTIHOFF

DIFFERENCES: 1. Button shirt is missing. 2. Post is shorter. 3. Trick-or-treat bag is missing. 4. Cap is smaller. 5. Mask is missing. 6. Leg is moved.

CAN YOU TRUST YOUR EYES? There are at least six differences in drawing details between top and bottom panels. How quickly can you find them? Check answers with those below.

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# CENTRAL FLORIDA SENIOR

A SUPPLEMENT OF THE WINTER PARK-MAITLAND OBSERVER AND SEMINOLE VOICE

NOVEMBER 2014

## Senior pool sharks jump into the deep end

Some seniors are finding their fountain of youth at the pool table and other odd pursuits

**BRITTNI LARSON**  
Central Florida Senior

Ellen Loller crouches over the pool table, eyes concentrating on her intended shot. She wears a black glove — one specifically for playing pool, covering her thumb, pointer and middle fingers. It allows the cue to slide through her hand with ease. She hits the white ball and it cracks through the others, her target spinning into its pocket, right where it belongs. Her friends cheer.

No, they're not at a bar, smoke doesn't swirl around them and there are no beers in hand. They're at the retirement community Village on the Green in Longwood, where eight women in their 80s and 90s play pool twice a week.

Now they do whatever they want, but for these women, playing pool in their younger days just wasn't an option. Jenny Cox, 84, recalls, in her soft southern belle-accent, a time when her brother-in-law brought her and her older sister to a pool hall she was just 14. "When he had told my moth-

er what he had done she really let him know that that wasn't the thing to do, ladies didn't go in the pool hall," Cox said.

She wasn't so sure about it at the time, anyway.

Loller, 90, had much the same experience when she was young.

"I never thought about it before I got here; it wasn't something that



Eight ladies in their 80s and 90s gather weekly to practice their skills at the pool tables at the Village on the Green community in Longwood.

"It was full of men," she said as she scrunched her nose up. "It was really kind of a strange feeling, you know, you walk in and you're the only female in there."

my mother and father would let me go to with the smoke and gambling and all this stuff," Loller said.

The group has been playing for about nine years, and

it's not the only non-traditional senior activity at Village on the Green. Residents do cooking demos, Zumba, yoga and dance "Gangnam Style."

Seniors are rebelling against

the norm now, not content to sit around. It's not just about bridge or bingo anymore. They'd rather play the games their mother wouldn't approve of and explore technology and interests they didn't have time for when they were focused on career and family.

At the Mayflower retirement community in Winter Park, residents spiritedly discuss global issues, play Wii sports and have gone on safari and to Europe together. At the Renaissance Retirement Center in Sanford, seniors do adventure travel, explore new creative outlets in photography and painting or play beanbag baseball.

"It's important to always continue to learn and to have new adventures," said Janelle Renda, community services director for the Mayflower.

"The more that you are staying mentally engaged I just think it makes a difference with warding off memory impair-

■ Please see **POOL SHARKS** on page 4

## LUXURY LIVING

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*"The Mayflower keeps you active and engaged."*

From Dot Cline's perspective, The Mayflower is more like a luxury apartment residence than a retirement community. "My apartment is gorgeous, the staff takes care of all my problems, and I feel totally secure," Dot says. "I don't ever have to worry about those things anymore. No house. No lawn. No weeds. It's such a relief."

An active participant in the community's Resident Council and fitness programs, Dot appreciates the many ways The Mayflower supports physical, intellectual and social well-being. "Living here keeps you active and engaged," she adds. "There are so many things to do, from watercolor classes to serving on committees — and so many good people to share them with. It's a wonderful family atmosphere... no wonder people are so happy here!"

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# 'School grandmas' get all the respect

**MEGAN ELLIOTT**  
Central Florida Senior

The air is unusually quiet in Angela Rentz's kindergarten classroom at Hungerford Elementary School.

Twenty kindergarteners sit upright at their desks, lips zipped, awaiting their teacher's instructions. There are no orders, no stern warnings. The room is humming with excitement, but the silence remains unbroken.

Rentz directs most of her students to form a single file

line, and they obediently exit the room, leaving behind four students to practice reading with Damita Bookman, the class' "foster grandparent."

It soon becomes evident why the 5-year-olds at this Title I, failing school are on their best behavior. They don't want to disappoint Grandma.

"Even if she's there for a minute, they'll be acting like angels," said Maria Vargas, secretary and bookkeeper at Hungerford. They know not to act up, because Grandma

means business.

Bookman volunteers at Hungerford four days a week through the nationally known "Foster Grandparents" program, a part of Senior Corps, administered by the Corporation for National and Community Service.

With three grandchildren of her own, and a passion for helping others — especially the children in her neighborhood — Bookman considers the Hungerford kids to be family.

"In my mind, these are all my grandkids," Bookman said.

And the kids love her back, Vargas says. At this high-needs school, Vargas says many of Hungerford's students are being raised by grandparents, so they have a unique relationship with the foster grandparents at school.

"They have this respect towards grandmas, and it doesn't matter if they're kindergarteners or fifth graders — G-ma is G-ma," Vargas said.

Volunteers for Community

Impact (VFCCI), a locally-based nonprofit, directs the Foster Grandparents programs in Orange, Osceola, Seminole, Volusia and Flagler counties, and coordinates additional volunteer opportunities for limited-income adults, ages 55 and older.

In addition to coordinating the volunteer opportunities, VFCCI supplies a small stipend to defray the costs of volunteering, travel reimbursement, supplemental insurance, specialized training and annual recognition for the grandparents.

The foster grandparents may work to prepare 3- to 4-year-olds for kindergarten, mentor children in afterschool programs, support children in shelters or medical facilities or provide guidance in elementary school classrooms.

According to Richard Paul, VFCCI's director of development and marketing, the organization's Foster Grandparents program has been the most successful in the country. Last year, 317 Foster Grandparents volunteered 327,408 hours, helping 2,263 children in 110 centers.

"We have a waiting list with about 140 names on it right now," said Charlotte Merritt, VFCCI's director of programs. That number continues to grow, but without sufficient funding, Merritt says they won't be able to place all of the grandparents at this time.

Hungerford only has four foster grandparents, but there are 72 foster grandparents in Seminole County schools, and additional grandparents in the four other counties VFCCI serves.

With no additional volunteers and only one parent on the PTA, Courtney Dickerson, instructional dean at Hungerford, says the school needs additional foster grandparents.

"Our grandmas do so much around here, and we need them here," Dickerson said, then repeating herself, "We need them here."

The staff here is spread thin, and the students have high needs, but Vargas says the grandmas' actions extend beyond helping the teachers manage their classrooms.

Vargas says that Bookman will bring food for the kids, clean them up and offer them deodorant, shower gel or anything else they might need.

Bookman just laughs. "If they hungry, you know I'm 'a feed 'em," she said.

"At our school, we sometimes feel like we're the forgotten ones, but I can say this program has been a blessing, and continues to be a blessing," Vargas said.

"Thank you, Grandma. We love you."



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# As vet care demand rises, VA scrambles

The Government Accounting Office report “Actions Needed to Address Higher-Than-Expected Demand for the Family Caregiver Program” is grim. The report assesses the program that was established in 2010 to support family caregivers of seriously injured post-9/11 veterans. The program was to include a stipend equal to the cost of home health assistance, respite, training, and health insurance for the caregiver and mental-health support. First, however, a caregiver must be approved and the veteran assessed.

Fact: The Veterans Health Administration guesstimated that 4,000 caregivers would be approved for the program. Already 15,600 caregivers have been approved. The Department of Veterans Affairs medical centers haven’t been able to keep up with the workload. They put one support coordinator staffer in each medical center. Additionally, onsite nurses and physicians were to handle home visits and medical assessments within a certain timeframe. They weren’t ready either, and some 500 caregivers are being added to the roster every month.

Fact: The staff didn’t have

## VETERANS POST

by Freddy Groves

access to the workload data they needed to monitor the effects of the program because the software was developed to handle a much smaller program and therefore might not be reliable.

Fact: At some clinics there just isn’t enough staff to make home visits for the assessment.

To read the report, go to [gao.gov](http://gao.gov) and put GAO-14-675 in the search box.

Freddy Groves regrets that he cannot personally answer reader questions, but will incorporate them into his column whenever possible. Send email to [columnreply2@gmail.com](mailto:columnreply2@gmail.com). © 2014 King Features Synd., Inc.



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# POOL SHARKS | Adventurous grandparents find themselves at the pool table, beanbag baseball diamond

■ CONTINUED FROM FRONT PAGE  
ment,” said Ansley Holt, executive director for Village on the Green. “I just look at the people that still are active and participating in committees or volunteering, typically are in

better health both mentally and physically; they just have a reason to get up in the morning.”  
They’re finding new parts of themselves, and that’s what their golden years are all about, the women said.



Ruth Stewart, 93, is one of the pool group’s longest-term members, and loves the feeling of sinking in a ball. They all do. Playing the game makes them

feel young.  
“In almost every movie there’s a pool game, you always see pool being played and

you can’t help wish that you could try it,” Stewart said. “It has a sort of a, I don’t know, a sort of graceful move to it.”

Info: To learn more about each of the communities mentioned, visit [villageonthegreenrc.com](http://villageonthegreenrc.com), [themayflower.com](http://themayflower.com) and [holidaytouch.com](http://holidaytouch.com).

## Senior Bulletin

### 96-year-old Mayflower resident wins Best of Show at “Art for Generations”

In celebration of Active Aging Week (sponsored by the International Council on Active Aging) and in collaboration with the Winter Park Health Foundation and Rollins College, The Mayflower Retirement Community recently hosted “Art for Generations,” a juried art show featuring creative works by local residents 55 and older.

Resident Audrey Francini, a 96-year-old artist, teacher and Mayflower resident, won the “Best of Show” Award of \$200 for her needlework piece, “Shokke Flowers.”

A Merit Award of \$100 was awarded to the following winners in each category: Painting – Dot Cline for “Basket of Peppers,” watercolor; Painting-Drawing – Eliza Pineau for “Self-portrait,” drawing; 3-D Mixed Media – Shirley Stanton for “Mother & Child;” and Photography – Marilyn Illsley for “Cereus-ly Radiant.”

The Mayflower Retirement Community received more than 150 entries from more than 50 local artists. Entries were accepted from Mayflower residents and other members of the community, with approximately two-thirds of the submissions coming from

nearby Central Florida residents.

The free show, which took place on Thursday, Sept. 25, attracted 200-plus attendees over four hours.

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## Central Florida Senior

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ADVERTORIAL

# Ask a Trainer: Senior Sneakers

Jasmin Bedria, CPT/NS

**Q. I’ll be traveling over the holidays to visit my kids in the Midwest and due to the frigid winter weather, I don’t make it to the gym as often as I’d like. What are some things that I can do to increase my heart rate when I don’t have access to some of the equipment I enjoy using at the gym? – Evelyn C.**

Happy (early) Holidays, Evelyn! First of all, kudos to you for prioritizing your health and fitness while spending time with family during the holidays! Since snowy Midwest weather (and cabin fever) is a big shift from the milder Florida winter, exercise is even more important because of its ability to increase serotonin, aka the “happy chemical,” associated with a positive mood and a feeling of well-being.

Just because you don’t have access to equipment doesn’t mean you will have to forego a great workout. As a matter of fact, you may be surprised at how much more intense your exercise can be when switching things up by using your own body-weight! A small example of effective moves you can try are squats, lunges, pushups, incline pushups on a counter-top, climbing stairs (if the house has them), doing step-ups and tricep dips on a stable chair or low



table, Pilates- or Yoga-based core movements, or even simply jogging in place while watching the holiday parade.

If you feel the need for an extra challenge (or just want to keep your family guessing), pick up some canned vegetables, a frozen turkey, a heavy purse, your grandbaby, or anything else you can find to use as free weights. The key is to get creative and have fun with it!

Also, don’t forget that as an Anytime Fitness gym member you have 24-hour access to any and all of the 2,500 facilities around the world. So, if you do miss your routine with the machines and manage to get out

of the house, definitely look up the nearest Anytime Fitness wherever you may be. Big holiday hugs to you and your family!

**Q. I need to keep my core strong, but because of an inner ear issue I have a hard time keeping my balance as I get up from floor exercises, like crunches. What are some exercises that I can do for my core that don’t require me to get on the floor or require a lot of head movement? – Nada C.**

You are correct in believing that maintaining core strength is a very important part of overall fitness and longevity! Fortunately for you, plain old crunches are actually one of the less beneficial exercises when it comes to strengthening your core. As I’ve shared in a past Q&A, the core is much more than your abs and can be considered everything from your knees all the way to your neck – especially the posterior, or back side, of your body. This includes hamstrings, glutes and lower back.

My favorite go-to exercise for this is a standing movement called The Founder, which activates your entire true core by using your stabilizing muscles in a holding pattern. The movement is also amazing to alleviate back pain, improve posture, and elongate the spine.

When it comes to your inner ear

and equilibrium issues whenever you rise up from lying down, a very useful movement to know is the Epley Maneuver. This is a well-known treatment for vertigo and dizziness involving specific head movements that you can easily learn and do yourself at home. I highly suggest looking it up and trying it for yourself, or finding an experienced health and fitness professional who is knowledgeable about both core strengthening and natural, body-based remedies!

(P.S. Unless you have already been diagnosed with an inner ear issue, a good idea would be to get your vision checked as a possible culprit for your imbalanced feeling, too!) You can find these movements on YouTube or contact me, using the email below, for a free personal training session.

Jasmin Bedria, Certified Personal Trainer and Nutrition Specialist, is an experienced health and fitness expert at Anytime Fitness, Winter Park. Open 24 hours a day, 365 days a year, Anytime Fitness, Winter Park provides a friendly, well-maintained environment featuring top-quality exercise equipment. Members enjoy the benefit of being able to use any of more than 2,500 Anytime Fitness clubs now open in all 50 states and 19 countries. Email your questions to [askatrainer@anytimefitness.com](mailto:askatrainer@anytimefitness.com) and get a free personal training session!

# Why are my dogs growing more anxious?

## DEAR PAW'S CORNER:

My small mixed-breed dog named Tara has terrible anxiety, especially when I leave the house or during thunderstorms. I have to either put a cone on her or socks on her paws so she doesn't chew them bloody during these episodes. I hear from other friends that their dogs have anxiety issues as well. Is this problem on the rise? — Sherri L, Kansas City, Mo.



anxiety disorder. Tara's vet can diagnose the problem, and can help you determine different ways to treat her. Medication can be a big help in easing anxiety symptoms, but you also want to look for causes of Tara's anxiety, and trigger points that set off her paw-chewing. Thunderstorms are one trigger; your leaving the house is another. There are a number of different techniques, both training and interaction, to turn off those triggers. While there's not

room in this column to list them, do some quick research and look for dog training manuals that stress positive reinforcement. Ask the vet and your friends about local dog trainers or specialists who treat pet anxiety issues. In evaluating such profes-

sionals, ask what therapies they use or are open to, and make sure they emphasize your role in working with Tara (owners have to put in the time with their dogs). Be circumspect about pet therapists who insist they have a single, one-size-fits-all solu-

tion for anxiety.

Send your questions or comments to ask@pawscorner.com. Did you know mosquitos can transmit heartworm larvae to dogs, but fleas don't? Find out more in my new book, "Fighting Fleas," available now. © 2013 King Features Synd. Inc.

## DEAR SHERRI:

Evidence isn't clear that anxiety in dogs is rising, but there is a rise in the understanding and diagnosis of anxiety in pets by veterinarians. This has led to an increase in diagnosis and treatment for pet anxiety. While that is good for pets, there is no "magic bullet" to quickly cure a dog of an

# Do you live alone?

Nearly 30 percent of seniors live alone. Home safety is very important to us, and even more important during the short, dark days of winter. Here are a few hints to stay safe.

- Invest in a few of those small "tap" lights — the kind you touch on top to turn on — and put them along your path to various rooms, especially if you have to cross a room in the dark before reaching a lamp.
- Turn on a light when you reach for your weekly pill container to be sure you don't grab the wrong day's pills.
- Use a ladder and step-stool only if someone else is around. Keep things you need on lower shelves.
- Guard against slipping. Beware of scatter rugs that slide easily on hard floors. If your shoes are worn enough that they're slick on wood or vinyl flooring, it's time to replace them.
- Keep your door locked when you're home alone, even if you live in a safe neighborhood.
- If you're on social media, be careful what you reveal online. Never say that you live alone.
- Be aware in the kitchen. Be sure the stove and other appliances are off when you're finished with them. Mop up spills. Have a fire extinguisher and know how to use it.
- One of the best ways to stay safe is to stay in touch with others. If it's available, sign up for daily caller service, likely through your senior center. Or make a deal

## SENIOR NEWS LINE

by Matilda Charles

with a neighbor that you'll check in with each other every morning by phone. Sign up for Meals on Wheels or attend meals at a local senior center.

For more hints, go online and search for "seniors living alone safety."

Matilda Charles regrets that she cannot personally answer reader questions, but will incorporate them into her column whenever possible. Send email to columnreply2@gmail.com © 2013 King Features Synd. Inc.



**Great Day in the Country**  
GFWC Oviedo Woman's Club

The GFWC, Oviedo Woman's Club will be holding its 41st annual Great Day in the Country Arts and Crafts Festival on Saturday, November 8th from 9 am to 4 pm at the Lawton House and Lawton Elementary School in Oviedo.

This year over 400 arts and crafts vendors will be selling items that are perfect for gifts or Christmas presents. Visit the Food Court and Entertainment area behind the school where children can make their own "snow cones" in the "Kids Area." There will be food vendors and the whole family can relax under the covered pavilion enjoying the music which will range from jazz to rock and roll.

Be sure to stop by the Country Store Café where homemade baked goods and "single-serving" items such as a slice of pie or cake can be purchased. The club's famous "Bean Soup" will be available and this year the club will offer the ingredients in decorated mason jars that can be used as Christmas presents.

Great Day in the Country 2014 will mark the 20th year of the Student Art Fest with work from art students in our local schools. The art will be on display and awards of \$2,200 will be presented during Opening Ceremonies at 10 am.

Great Day in the Country Arts and Crafts Festival is the club's major fundraiser. Over the past decade, the club has awarded over \$545,000 for scholarships, school grants and charitable organizations. Last year over 60,000 attended this event. Admission is free. Parking at Oviedo High School is free and a shuttle bus will take people to and from the school.

For more information visit our website at [www.GreatDayOviedo.org](http://www.GreatDayOviedo.org) or contact [GreatDayInformation@gmail.com](mailto:GreatDayInformation@gmail.com).



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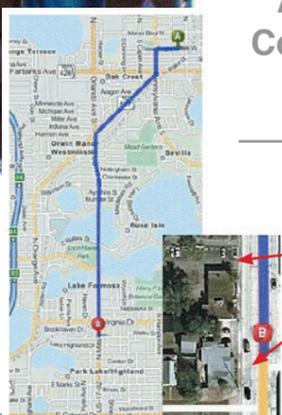


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the right decisions about the rest of their lives – it was a very positive experience for all of us.

I would certainly recommend anyone in need of information regarding the future of their elderly loved ones to visit One Senior Place.”

*Jerry T. Stansfield, Col. US Army, Retired*

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## November Calendar of Events

### EDUCATIONAL

#### Auto Accidents

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Tues, Nov 4th 10-11am  
RSVP 407-269-8413

#### How to Enjoy the Holidays Without Breaking the Bank

By Creating Divine Order  
Tues, Nov 4th 1:30-2:30pm  
RSVP 407-699-5600

#### Dealing with Loss & Grief

By Vitas Healthcare  
Thurs, Nov 13th 3-5pm  
RSVP Required 407- 691-4548  
JUST FOR FUN  
FPG Senior Club Bingo  
By Family Physicians Group  
Mon, Nov 3rd 10-12pm

#### FPG Senior Club Computer Club

By Florida Blue McBride Ins Agency  
Mon, Nov 10th 10-12pm

#### Crafts & Conversation

By VITAS Healthcare  
Tues, Nov 11th 2-4pm  
RSVP REQUIRED 407-599-2522

#### FPG Senior Club Movie Day

By Family Physicians Group  
Mon, Nov 17th 10-12pm

#### FPG Senior Club Potluck

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Tues, Nov 25th 1-2:30pm  
By WellCare  
RSVP 1-877-875-1995

#### Medicare Educational Seminar

By Walgreens & Medicare Plan Options  
Thurs, Nov 6th 2-3:30pm  
RSVP 407-949-6723

#### BlueMedicare 2015

By McBride Insurance Agency  
Fri, Nov 7th 10-11am & 2-3pm  
RSVP 407-230-7835

#### Health Insurance Options: Make Sure You're Ready for Open Enrollment

By The Health Insurance Store  
Wed, Nov 12th 5:30-6:30pm  
RSVP 407-949-6723

#### Healthcare Reform Seminar

Tues, Nov 18th 10-12pm  
By Walgreens & The Health Insurance Store  
RSVP 407-949-6723  
Freedom Health Seminar  
Wed, Nov 19th 11-1pm & 2-4pm  
Thurs, Nov 20th 11-1pm & 2-4pm  
Wed, Nov 26th 11-1pm & 2-4pm  
By Freedom Health

### LEGAL

#### Truth About Estate Planning

Tues, Nov 18th 9:30-11:30am  
Truth About Medicaid Planning  
Tues, Nov 18th 2-4pm  
By The Law Offices of Hoyt & Bryan  
RSVP 407-977-8080

### REAL ESTATE

#### Real Estate Specialists Are In

By EXIT Real Estate Results  
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10-1pm  
By Appointment Only  
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# Senior Calendar

## Casselberry adult fitness classes

**Back 2 Basics** is a low-impact workout at noon on Tuesdays and Thursdays, and 8:30 a.m. on Saturdays. It's \$49.99 a month for unlimited classes.

**Chair Yoga** is at 10 a.m. every Monday and will get you moving again! The cost is \$2 per class.

**Gentle/Restorative Yoga** is from 8:45 to 10 a.m. on Sundays. The cost is \$10

per class. Senior citizen's discount is \$5 per class. For more information, contact Alice Gomes at 609-290-8195 or email [alice@imageyoga.net](mailto:alice@imageyoga.net)

**Yoga Technique** is 8:45 to

10 a.m. on Saturdays. The cost is \$10 per class. Senior citizen's discount is \$5 per class.

**Chairobics** is from 11:05 a.m. to noon on Mondays and Wednesdays. The class

is free. For more information, contact Claudia Laine at 407-718-9066.

**Tai Chi for Beginners** is at 1 p.m. on Tuesdays. For more information, contact Eric Raboy at 407-731-9130. The cost is \$5 per class or \$20 per month.

**Tai Chi for Intermediates** is at 2 p.m. on Tuesdays. For more information, contact Eric Raboy at 407-731-9130. The cost is \$5 per class or \$20 per month.

**Bingo** is from 9 to 11 a.m. on Mondays and Wednesdays. The cost is \$3 per session.

**Duplicate bridge** is from noon to 4 p.m. on Mondays. Come out to shore up your skills in this classic game. Casual bridge is from noon to 4 p.m. on Tuesdays. Progressive bridge is from noon to 4 p.m. on Thursdays and Fridays.

**Line Dancing** is from 1 to 2 p.m. on Tuesdays. Please see SENIOR CALENDAR on page 10



*There should be more to life than maintenance-free living.*

The way we see it, it's about living the whole of life. Something that, as the nation's largest not-for-profit provider of senior care and services, we have made our daily mission. And our life's work.

To learn more about our community in Kissimmee, call (407) 933-1999.

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**winterparkplayhouse.org**  
711 Orange Avenue Winter Park, FL





# It's not quite a stroke, but very dangerous



**DEAR DR. ROACH:**

In the past six weeks, I have had five TIA events, ranging from a minute or so to six minutes. My symptoms are: a loss of control of my right leg, moving up to my right arm and fingers; and a loss of speech. I am aware and thinking during these episodes, although a little disoriented. I was hospitalized after the last one and was given a CT scan, an MRI and many blood tests: All were "normal"

for my age (which is 68). A vascular check was done, as my blood pressure was different when taken in both arms, and they say that was normal also. A 24-hour heart monitor is yet to be read. My doctor put me on Aggrenox 25/200. What is the next step? I am so anxious all the time, waiting for something to happen. — L.C.

**ANSWER:** "TIA" stands for "transient ischemic attack." It has the symptoms of a stroke, but by definition lasts less than 24 hours. The symptoms you are describing are in the distribution of the middle cerebral artery in the left hemisphere of the brain. This could be caused by a blockage in the artery or, less likely, by an embolism (a small blood clot or cholesterol

going to that part of the brain). Your doctor has done a lot of things right, as best I can tell. The MRI scan you had also might have included an MRA (magnetic resonance angiography), which is a special form of MRI that looks specifically at the blood vessel. I am not sure about the vascular check you had, but I would suspect it might have been an echocardiogram, especially one that looks at the aortic arch, where emboli sometimes form, as well as a look at the blood vessels in the neck with a Doppler ultrasound. An echo done through the esophagus may be better at spotting problems than one done through the chest. Aggrenox is a combination of aspirin and dipyridamole, which make the platelets less "sticky" and reduce the risk of a blood clot

and stroke. It's a reasonable choice to prevent further TIA and stroke. Some authorities recommend a statin to reduce the risk of stroke and heart attack. Finally, something that's easy for me to say but hard to do: relax.

**ANSWER:** In my experience, there is almost no difference between the brand name and the generic for prescription and most over-the-counter medicines. The quantity and quality of the active ingredient is regulated.

**DEAR DR. ROACH:** I need some medications, like Dulcolax and Miralax, for some tests. The generics are so much cheaper. Is there much difference, compared with the expensive brand? — J.M.

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible. Readers may email questions to [ToYourGoodHealth@med.cornell.edu](mailto:ToYourGoodHealth@med.cornell.edu). To view and order health pamphlets, visit [www.rbmamall.com](http://www.rbmamall.com), or write to P.O. Box 536475, Orlando, FL 32853-6475.

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# Senior Calendar

■ CONTINUED FROM PAGE 8

p.m. every Wednesday. For more information on classes and registration, contact Mario Algarin at 407-262-7700, ext. 1576, or malgarin@casselberry.org or visit [casselberry.org/register](http://casselberry.org/register)

**Maitland Senior Center**  
The Maitland Senior Center is located at 345 S. Maitland

Ave. We are open Monday through Friday from 9 a.m. to 4 p.m. Our schedule is subject to change without notice. For more information about these and any other events at the Maitland Senior Center, please call us at 407-539-6251 or visit us on the web at [ismymaitland.com](http://ismymaitland.com). The Maitland Senior Center will be closed

on Thursday, Nov. 27, and Friday, Nov. 28, for the Thanksgiving holiday. We will reopen at 9 am on Monday, Dec. 1.

Community partner organizations in Maitland are working together to conduct a special event: **Maitland Salutes You!** All veterans and their families are invited to this event on from 4 to 6 p.m. on Sunday, Nov. 9 at the Maitland Civic Center-Venue on the Lake. Registration opens at 3 p.m. An RSVP to the Maitland Civic Center gets veterans preregistered. Call 407-647-2111.

Join us every Monday and Friday in November at 1 p.m. to see **your favorite movies!** Check our calendar online to see what movies are showing in November. Please call the senior center

to reserve your seat!

Join John every Monday, Wednesday, Thursday, and Friday in November at 9 a.m. for **Yoga**. Please wear comfortable clothes and bring your own mat. Cost of the class is \$2 to the teacher.

Join us every Monday in November at 1 p.m. for our **Conversational French group**. Spend some time chatting with others and making new friends.

Join Esther every Tuesday in November at 9 a.m. for **Tai Chi classes**. Cost of the class is \$10 per month to the teacher. Please wear a white shirt, black pants, and comfortable shoes.

Join us every Tuesday in November at 10:30 a.m. for **line dancing** with Em. Cost of the class is \$5 to the teacher.

Join us every Tuesday in November at 1 p.m. for our **Conversational Spanish group**. Spend some time chatting with others and making new friends. Must be fluent in Spanish to participate.

Join Ty every Wednesday in November at 11 a.m. for **Yoga Nidra**, a sublime conscious sleep (meditation) class. Cost of the class is \$5 to the teacher. Please bring a yoga mat, something to cover yourself with (if you tend to get cold), and a small pillow.

Join Donna every Thursday in November at 11:30 a.m. for **Chair Yoga**. Cost of the class is a \$2 donation to the teacher.

Join Ann every Friday in November for **Recorder classes** at 12:30 p.m. Lessons are free! Please call the Senior Center at 407-539-6251 for specifics on this class.

The Maitland Senior Center presents a program for elders on the second Friday of the month that is staffed by counselors from S.H.I.N.E. (Serving Health Insurance Needs of Elders). The program provides **free unbiased counseling** about Medicare, Medigap, HMOs, Medicaid, Prescriptions Drug Plans, and Long Term Care. All counseling is first-come-first-served. Bring your list of medications or Rx bottles, insurance card and red, white and blue Medicare card.

### Orlando

A **“Rock and Roll” themed dance** sponsored by Belles and Beaus Dance Club will be held Wednesday, Nov. 12, from 7 to 9:30 p.m. at the Marks Street Recreation Complex, 99 E. Marks St., Orlando. Ballroom, line and Latin dance music is featured by the Soft Touch. Adult singles and couples are welcome. Dress the part - go back in time - for a nostalgia night. Refreshments are provided. Cost: \$5 per person. For more information, call 407-277-7008.

### Winter Springs Senior Center

The Winter Springs Senior Center is located at 400 N. Edgemon Ave. in Winter Springs. Call 407-327-6554 for more information or email Susie Coffman at [scoffman@winterspringsfl.org](mailto:scoffman@winterspringsfl.org)

**Ceramics** — The Center’s ceramic class is growing bigger every week. Should you be interested in joining in on the fun just come out on Mondays, class is from 11 a.m. to 4 p.m. Elaine Young, the fearless instructor will be there to guide you through your first project. After that you will be a pro.

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# Senior Calendar

■ CONTINUED FROM PAGE 10

**Line Dancing** — Monday and Thursday mornings you will find our line dancers moving to the music all in unison. Once you see the fun they are having you'll want to join in. You may have seen them performing at one of our community events such as Hometown Harvest or the Winter Wonderland. They add so much to our entertainment. Join in on Mondays from 9 to 11 a.m. and Thursdays 9:30 to 11:30 a.m.

**Yoga** — Have you ever felt that yoga is something that is just too much for you to try to do, afraid that getting up and down off the floor will be impossible? Well all that has changed, we offer Chair Yoga and it comes along with all the benefits of traditional yoga. Come in on Friday morning at 10 and check it out.

**Tai Chi** — Click online to <http://bit.ly/UOkXiQ> to get a definition of just exactly what Tai Chi is. Balance and movement are targeted. Tai

Chi is each Monday at 11 a.m.

**Dance it Off** — Looking for a good high intensity workout? You have found the right place, every Monday, Wednesday and Friday at 4 p.m.

**FLEX Silver Sneakers** — This is an overall workout, targeting cardio, resistance, and flexibility — and it's homeopathic. And you will have fun at the same time. Holly Foster has created the perfect workout and be-

lieves if you're not having fun it's not worth working out. This class is offered Tuesdays at 9 a.m. and Fridays at 12:30 p.m.

**Bingo** — What's there to say about Bingo but "Bingo!" It's Wednesdays, Fridays and the last Sunday of each month. Packets are \$4, \$6 and \$8. On Wednesday we also offer a full menu catered lunch for only \$6. Lunch is served at 11:45 a.m. followed at 1 p.m. by Bingo. Friday we have hot dogs and chips available

for \$1.25. Sunday lunch is served at 1 p.m., cost is \$6 and Bingo follows. In order to participate in Bingo on Sunday you must participate in lunch. There will be no Bingo on the Friday prior to Sunday's lunch and bingo.

**Computer Classes** — Know a little? Know a lot? Need to learn something new? You can join us on Wednesday and Friday mornings from 9:30 to 11:30 a.m. in our computer class. You will be able to work one-on-one with one of our instructors who will guide you painlessly through the confusing world of computers.

**Game Room** — If pool is your game, we have the room! We have also added a big screen Wii, so you can bowl, golf and much more. This is available Monday through Friday all day.

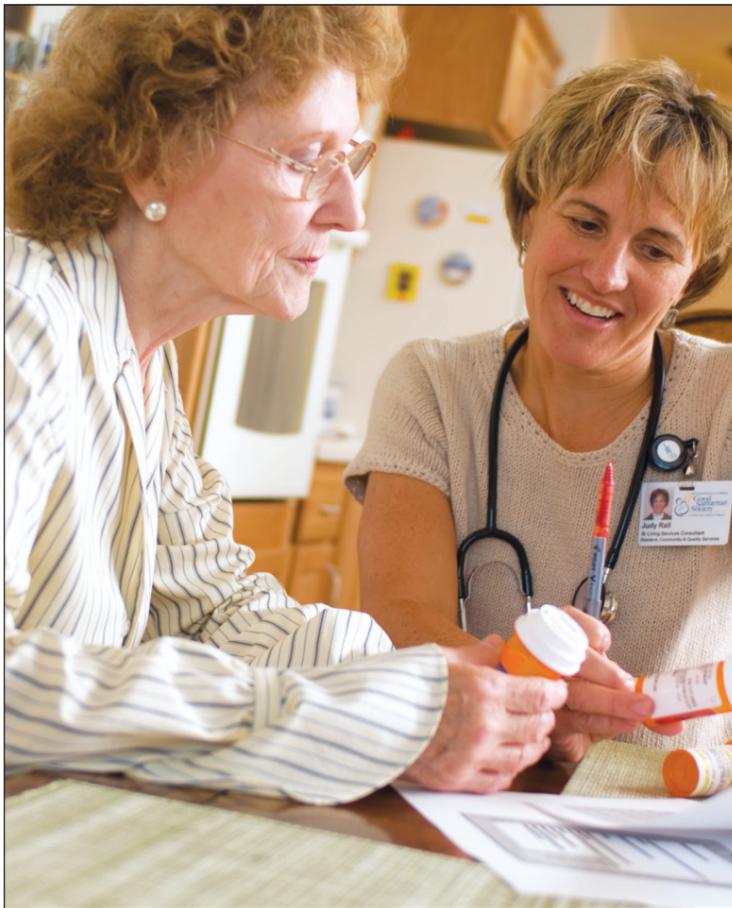
**Bridge** — Bridge has always been a standard on Tuesday and Thursday at 11:30 a.m., so if you need your bridge fix please join their game. If you don't play or are a little rusty and want to learn, Bridge Class is held Tuesdays at 10:30 a.m.

**Art Group** — Do you paint or draw? Would you like a nice quiet comfortable space with people who share your passion? We have that too! Monday afternoon pack up your art supplies and join the Art Group from 12:30 to 3:30 p.m. Here you are offered the opportunity to meet people who share your interest.

**Mah Jongg** — Thursdays at noon join us for Mah Jongg. It is totally different than what you might play while sitting in front of your computer. The group is eager to teach the game so come on in and join the fun.

**Mexican Train** — If you like dominos then you'll love Mexican Train. Join in on Mondays at 10 a.m.

**Lunches** — Wednesday and Sunday lunches are \$6 for a fabulous meal. Please contact Susie at 407-327-6554 to make your reservations. Please call the day prior so we can prepare it.



## Health & Insurance Fair

Thursday, Nov. 6 • 8:30 – 11:30 a.m.  
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To learn more, call (407) 933-1999.



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  - Health Central Hospital Bradford Room  
10000 W. Colonial Drive, Ocoee, FL 34761
  - John H. Bridges Community Center  
445 W. 13<sup>th</sup> St., Apopka, FL 32703
  - L. Claudia Allen Senior Center  
1840 Mable Butler Ave., Orlando, FL 32805
  - Maitland Senior Center  
345 S. Maitland Ave., Maitland, FL 32751
  - Mt. Moriah Missionary Baptist Church  
421 S. Pennsylvania Ave., Winter Park, FL 32789
  - Taft Community Center  
9450 S. Orange Ave., Orlando, FL 32824

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**1-800-963-5337**

