

# ISLAND TIMES

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Pensacola Beach, Florida

March 13, 2014



## The Island Goes Irish

**WHEN IRISH EYES ARE SMILING!** Nancy Ryan Kittel is shamrocked and ready to roll in the twenty-eighth annual St. Paddy's Day Pub Crawl on Pensacola Beach. The Pub Crawl was founded by Paddy Blake and his Society of Leprechauns and is coordinated by the Pensacola Beach Chamber of Commerce in his honor. It is the culmination of the week-long Go Irish on the Island events which include a family friendly Scavenger Hunt, bikini and costume contests, Irish dancing and islandwide specials. Kick up your heels and turn to page 2 to Go Irish.

# Dance A Jig, Wear Some Green And Go Irish on the Island

Nancy Ryan Kittel's Irish heritage springs from Tipperary and Limerick. Seamas Hunt is from County Wicklow in Ireland. They are the real deal, but everyone can be Irish during the Pensacola Beach Chamber's Go Irish on the Island. Grab your green and get ready to shake your shamrocks all week long. Dance a jig to the live music, meet St. Patrick or attend Catholic Mass in a beach pub – it's all part of the shenanigans set for March 10 through 17. The Chamber hosts a family-friendly Scavenger Hunt and coordinates the St. Paddy's Day Pub Crawl.

The second annual Scavenger Hunt pits the keen minds of registered teams against a list of clues which leads them around the island. Teams or individuals snap digital photos to record the proof of their adventure. Registration is at the Pensacola Beach Visitor's Information Center. It is open to individuals or teams beginning at 3 p.m. Friday, March 14 and closes at noon Sunday, March 16. Registrants will be given a Clue Sheet which contains a list of Hunt locations. Participants must return

to the Visitors Center no later than 2 p.m. Sunday. Entrants who have successfully photographed the required items will have their team's name dropped into a drawing for a Pot O'Gold prize package worth more than \$500. The drawing takes place at 3 p.m. at the Center and the entrant must be present to win.

"There's an overnight stay at the Hilton and dinner at Grand Marlin," said Nicole Stacey, President/CEO of the Beach Chamber. "The Pot O'Gold includes additional gift cards to beach businesses for one lucky hunter or team."

The Chamber will be handing out some kid-friendly surprises to children who participate, too.

The Scavenger Hunt concludes 19 hours prior to the kick off of the St. Paddy's Day Pub Crawl. The St. Paddy's Day Pub Crawl is celebrating 28 years on Pensacola Beach. It was founded by John Patrick "Paddy" Blake. The first Crawl was an impromptu event that involved one bottle of Irish whiskey, roller skates, a bicycle and four people, according to Sharon Annie Rooney

Mattair. In later years, it became a well-organized Pub Crawl with Mattair serving as the Queen of the Society of Leprechauns for ten years. The Leprechauns followed Paddy around the island, making merry and raising large sums of money for the Beach School and other worthy causes. After his passing, Paddy's wife Shirley Blake asked the Beach Chamber to coordinate the March 17 event and have proceeds benefit Covenant Hospice.

"We continue to donate 100 percent of the St. Paddy's Day Pub Crawl t-shirt sales to Covenant Hospice," said Beverly Campbell, Chamber Board Chairman. "The shirts are for sale at the Visitor's Center and the 17 participating Pub Crawl locations. The shirts always sell out, so get yours today."

The money raised is critical to the mission of Covenant Hospice. The donation has been as high as \$3,500 according to Leah Harrison, Senior Communications Manager for Covenant Hospice.

"The donation from the Pub Crawl means a great deal to our unfunded and non-reimbursed

programs," said Harrison. "We use the funds for Indigent Care which helps Covenant Hospice continue fulfilling our mission to provide hospice care to all eligible hospice patients regardless of their ability to pay."

The Pub Crawl kicks off at Sidelines at 10 a.m. and moves to a new beach business every thirty minutes. Each location will have drink specials. Shaggy's and Paradise have corned beef and cabbage on the menu. Will Crab's have a green voo-doo juice? Robert Gleim at Bamboo Willie's hosts his famous Green Bikini Contest at 5 p.m. and the first ever Go Irish Costume Contest will take place at the Sandshaker Lounge at 6:30 p.m. There is no charge to be part of the Pub Crawl and participants can make as many or as few stops as they please.

Fine Irishman Saltwater Rick and his Texas Hold 'Em 4444 Fun poker gang hosted new players, wiley leprechauns and blarney bluffers at the Go Irish poker tourney at the Sandshaker, March 10; registration is open for the Pot O'Gold poker tourney at Paddy's, March 13.

"The first deal for tourneys is at 7, local beach time," said Saltwater Rick. "Put on your poker face and join the fun."

It's standing room only when Monsignor Luke Hunt of St. Ann's Parish prays the Mass at 9:30 a.m. at Paddy's March 17. It's open to everyone, but you will have to come early, because Hunt's as popular as a rock star among locals.

The shenanigans continue all week and culminate on March 17. The line up for the St. Paddy's Day Pub Crawl is:

10:00	Sideline's
10:30	Hampton Inn
11:00	Hilton
11:30	Holiday Inn
Noon	Paddy O'Leary's
12:30	Paradise
1:00	Red Fish Blue Fish
1:30	Crab's on the Beach
2:00	The Dock
2:30	Flounder's
3:00	Capt'n Fun
3:30	Hemingway's
4:00	Surf Burger
4:30	Shaggy's
5:00	Bamboo Willie's
5:30	Sabine Sandbar
6:00	Sandshaker

The complete list of events is available at [www.PensacolaBeachChamber.com](http://www.PensacolaBeachChamber.com).

# Wrecks Roll Through A Successful Mardi Gras Season

The island hotels were filled. The parking lots overflowed and cash registers chattered the good news. Mardi Gras on the Island 2014 boosts the Beach economy and fends off the winter doldrums.

The Krewe of Wrecks parade rolled Sunday, March 2 under blue skies with fifty units. The route was lined with spectators, elbow to elbow, waiting to catch beads and trinkets from the generous float riders.

The Bob Sikes Toll Facility reported 42,992 total vehicles passed through the gates from 8 a.m. to 4 p.m. Friday, Saturday and Sunday, Feb. 28 - March 2;

7,634 more than the previous year.

The parade has been named one of the Southeast Tourism Society's Top Twenty events.

The all volunteer Board of the Krewe of Wrecks is to be congratulated and celebrated. They are Jeff Goudey, Melanie Waite, Jayne Redmond, Dan McGrath, Carleen Wheeler and DJ Zemenick. The only pay they receive is the satisfaction of a job well done.

The Wrecks will put their champagne flutes away and start planning for next year. After all, there's only 350 days until parade day 2015.



Steering the Krewe of Wrecks during the 2014 Mardi Gras season are Captain Dan Smith and First Mate Carleen Wheeler, front. Court members are (back row, L to R): Ship's Officers Harry and Judy Purcell, Deckhands Alex Ritchie and Sarah Dority and Ship's Officers Neil Talbot and Trish Tenuto.



Gary and Gail Rick were crowned the King and Queen of the Krewe of Coma March 4 at the Sandshaker. The popular couple are members of the Krewe of Wrecks and volunteer tirelessly whenever they are needed. They both are employed as nurses at the Andrews Institute.

## ISLAND TIMES

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# Trivia ? ? ? ? ? ? ?

The Trivia Master was seeking the name of the first Irish Colleen who ruled over the Society of Leprechauns and the St. Paddy's Day Pub Crawl. The answer came from Renee Mack, who wrote, "It's my best friend, Sharon Annie Rooney Mattair! The first queen and she served for ten years."

The Trivia Master could not stump the fine lass with the French first name. Look for her wearing her special green *Island Times* shirt on St. Patrick's Day.

Sharon worked at McGuire's Irish Pub in 1978 and her boss Molly McGuire called her Little Annie Rooney. By 1986, she had moved to the Beach and was tending the bar at Dirty Joe's. She roller-skated to work in her best Irish garb on March 17. Paddy Blake entered the bar, announced that a bottle of Irish whiskey must be consumed. The evening rolled on; even when Sharon's skates did not. Paddy and Shirley Blake, "Little Annie" Rooney and Kenny Mattair put their stamp on beach history, quite by accident. No blarney, that's how it all started.

The next year a Crawl was born. Year after year, the Pub Crawl grew and the good deeds of the generous Irishmen did as well. The outrageous event over-

shadowed any talk of the financial impact and funds donated to the schools, churches, fire department and other charities.

There's no shortage of Irish gals on the Island, so names arrived as fast as you can dance a jig. Kathy Rutan thought it was Colleen Kilbourne Kilpatrick. Colleen made her first appearance as a beach bartender at the Old Bobby D's under the watchful eye of Rutan. Not the correct answer, but a fine Irish name.

Sam Magee named a Society of Leprechaun's Queen, just not the first. Robyn Taylor was her guess. Robin held the queen-ship and was a great Crawler. She even had a pair of shamrock green sunglasses she wore just for the occasion.

The green of St. Patrick's Day signals the soon-arrival of fair weather and Spring Breakers. The TM remembers a 1985 concert that brought a Grammy award winning band to play at Casino Beach. Thousands were there to hear the show. The week included an Egg Drop and an Over-The-Line softball tournament. Those days are gone, but has your memory remained? If you can recall the band's name, email it to island-times@bellsouth.net along with your name and phone number. The first correct answer will win an *Island Times* t-shirt.



Sharon Annie Rooney Mattair



## NO TRUER WORDS

If Pensacola Beach had a Mr. Mardi Gras designation it would go to Tommy Grice. He goes all out at each event. The esteemed Sandspur Publisher Chuck Steele submits this Tommy-ism, "I was going to pace myself this weekend, but I got off to a bad start." Party on, Mr. Mardi Gras!

## CAPTAIN DAN

Krewe of Wrecks Captain Dan Smith danced, paraded and lead his Krewe until the midnight hour on Fat Tuesday - with only one good foot. He hopped over to the Andrews Institute March 7 for surgery. He should be back on the dance floor very soon.

## BEACH BIRDS

Allen and Sandy Stewart have been visiting Pensacola Beach each winter for thirty years. The Snowbirds have decided to roost. They purchased a home in Tiger Point; ready to trade snow shovels for sand shovels.

## A LITTLE SCRATCH

John Redman spends most of his time working at Surf Burger, but on February 26 he was riding a wave of good luck. He bought a

winning scratch off lottery ticket worth a hundred bucks in the morning and purchased a second winner worth \$70 later in the day. Maybe good things come to people who play Surfing Santa at Christmastime.

## MAKING TRACKS

Gulf Breeze High School ninth grader and Beach resident Christy Newkirk is a member of the Lady Dolphin Track Team. Her specialty is the one mile run. Her parents are Susan Newkirk and Kirk Newkirk.

## RENEE'S DAY

Jim Mack whisked his bride Renee off to Vegas for her March 12 birthday. Renee works non-stop as the General Manager at the popular Paradise Bar and Grill, so she deserves a break after Mardi Gras and before St. Patrick's Day.

## PICTURE THIS

Michelle Sweeney's photo of Pensacola Beach earned our white sands a top spot in the CNN Travel's category of "Beach Photos That'll Make You Drool." Get your hankie ready when you check it out online. Pensacola Beach is number fourteen.

## FLEET FOOTED

Beach runners burned off a quick 5K as the sun warmed up the March 1 morning. Beach residents winning in their respective age groups at the Circle K 5K were: Ryland McCurdy, 11; Maggie Henderson, 26; Lynda Shald, 48; and Don Miller, 47. Eight-year-old Quincy Rowe, whose grandparents live on Pensacola Beach, earned second place for posting a time of 48:36. Beach walkers Monie Russo and Tom Luke hoofed their way to second place in their age groups, too. The event raised funds for United Cerebral Palsy.

## MODEL BEHAVIOR

Pensacola Beach Woman's Clubber Jane McGrath lamented about the rigors of her modeling career. Rehearsals and costume changes all had the low key Jane's head spinning. She is one of the Woman's Club members who volunteered to walk the runway at the Luck of the Irish Fashion Show Extravaganza. The Club has one fundraiser per year and this is it. The Club will announce which group will be awarded money in the upcoming months.

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# Council Requests State Budget More Funds For Shoreline Restoration

Tourist Development Council members responded favorably to a request to support Beach renourishment at their March 4 meeting. Armed with marketing research that visitors' top activity is going to the beach and a clean, well-maintained beach is critical to their experience, Council members agreed to send a letter to Florida Governor Rick Scott and the Northwest Florida legislative delegation requesting that the state increase the budget amount dedicated to beach restoration and renourishment.

Ron Ellington, Executive Director of Strategic Planning with Innisfree Hotels, made the request noting that state money would need to be augmented by local money. In his presentation, he announced that Escambia County's request for renourishment funding from FEMA has languished and has not yet been approved. The combined Perdido Key and Pensacola Beach project ranked sixteenth in line for State of Florida funding. The top fifteen projects nearly exhausted the budget, leaving only \$2 million for Escambia County's much-needed Beach restoration. The letter will implore Governor Scott to increase the dollars available.

"Pensacola Beach is Escambia County's largest park and

the 8.2 miles of beach is need of renourishment," said Ellington. "The Santa Rosa Island Authority has invested over \$200,000 to get the necessary permits in hand by Fall."

Looking forward, Ellington told the Council that a dedicated sustainable income source needs to be identified for Escambia County's beach renourishment projects, perhaps from local option sales tax. The availability of local funding improves a projects likelihood of state funding.

Visit Pensacola President Steve Hayes gave an overview of the market research, sales leads and tourism marketing in his quarterly report. The difference between the summer and fall visitor was profiled and Hayes provided details about promotions, contests and visitor center activity. The comprehensive report included success in increasing online traffic to sign up for the Visit Pensacola newsletter, to download a Visitor's Guide and to

view the accommodations page.

Council Chairman Nash Patel invited Colleen Sinor of Mad Dog Productions to discuss the possibilities of bringing filming projects to Escambia County. Sinor, whose company's credits include Transformers, G.I. Joe and television shows such as Burn Notice, advised the Council to develop some incentives to bring film crews here. She was adamant about the quality of the filming.

"Not porn. Not garbage," she said. "The movies we produce are on the shelf at Target and WalMart. Jean Claude Van Dam is in one of our upcoming projects."

Patel commented favorably. "We have a lot of different ways to put heads in beds. This is an opportunity that we are missing."

The TDC next meeting is Tuesday, June 3 at 3 p.m. the Old Courthouse, 223 Palafox Place. Council Member Nan Harper represents Pensacola Beach. The meetings are open to the public.



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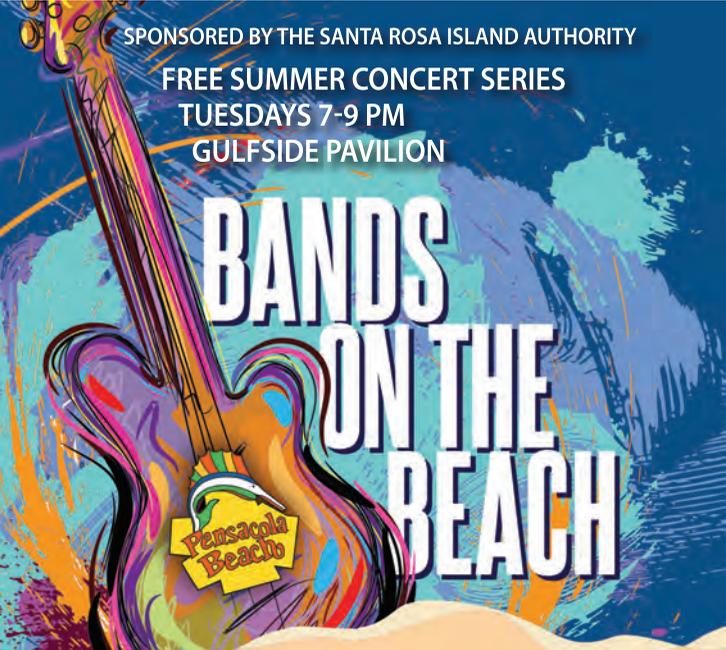


Gulf Breeze Mayor Beverly Zimmern, center, proclaimed April 11-25 "Paint This Town Purple" days. Joining her in urging citizens to show their support in the fight against cancer by decorating businesses and homes are (L to R): Brenda Hamamura, American Cancer Society Relay Specialist; Marianne Tibbits, Activities and Entertainment Chair; Mayor; Ashley Alverson, Luminaria Committee Member; Jo Ann Rose, Luminaria Chair; and Pensacola Beach resident Mary Ann Claus, Publicity Chair. The Relay for Life will take place Friday, April 25 through Saturday, April 26 at the Gulf Breeze High School track.

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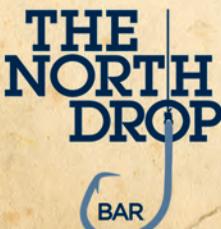
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# peas, porridge and a dry martini

by  
Kathi  
Lewis



"A misty winter brings a pleasant spring, a pleasant winter a misty spring." If you believe this old Irish proverb (and why wouldn't you), then you know we are definitely in for a most pleasant spring. To actually call the winter weather we've had "misty" is an understatement. We've had some ferocious winter storms including the Great Ice Blizzard so more sunshine and a pleasant spring sounds lovely.

I know it's not officially spring yet, but it's close enough to taste. Thankfully, our clocks have all been changed to a more reasonable time frame. I'm not sure how I ever managed to survive before Daylight Savings Time was created. Whoever came up with that idea was clearly a genius. During the short days of winter, my daylight hours are so miniscule I only have a couple to get things done. That's what happens when your best sleeping hours are between 5:30 a.m. and 2:30 p.m. By the time I drink enough coffee to clear the brain fog, the sun is beginning to set. It's amazing how much difference one hour can make, but it does. I know it's all technically the same amount of time, but it feels like more. And I am very happy to have it back and would be even happier if we never changed it again.

Hopefully, everyone had enough practice during our excellent Mardi Gras season to participate in the St. Paddy's Day Pub Crawl. It's not something you can just jump into. Well, you can; you just probably won't make the whole Crawl or you may actually be crawling by the last stop. Of course in the beginning, we didn't have quite as many pubs as we have now. We'd start at the original Bobby D's Beach Bar located in the heart of the Sandspur Republic. That's where the Queen was announced and the Coronation took place. After that, we just pretty much followed the Queen wherever she went until we ran out of daylight or pubs.

Of course St. Patrick's Day will always remind me of my beloved friend, the late Paddy Blake (one of the creators of the now infamous Pub Crawl). Paddy and Richard Dancer (who owned the beach laundry at that time) rented a big, long black limousine so they could ride in leisure up and down the one street on the island. It was a series of very short rides actually since they stopped to drink an Irish cocktail at each of the local watering holes. I'm pretty sure they made more than one visit to each or they would have been finished by noon. That is just one story about the legendary Island Pub Crawl as with so many of our beach events; just another brainchild of a couple of local Irishmen who loved to play on the beach.

Paddy used to always say that I was the only person who could call his wife Shirley and ask her if Paddy could come out and play. Shirley would just laugh and say, "Hold on, I'll get him." He said she would have killed anyone else who even had the thought! But I didn't just love Paddy, I loved Shirley, too, and still do. We've had a lot of fun together over the years. The most fun was when people thought Shirley was drinking heavily when she wasn't actually drinking anything alcoholic at all. The more intoxicated people thought she was, the more fun we had. Shirley and I would be literally falling off our barstools laughing so hard.

Although I did finally get the Christmas stuff put away in the storage room (I am proud that I accomplished that before St. Patrick's Day), we are now surrounded by Mardi Gras debris. Well, it's not actually debris because I'm not throwing it away....yet. It just looks like mounds of purple, green, gold, shiny, glittering, scraps, beads, jewelry – all the accoutrements necessary to participate in Mardi Gras. Lord knows how long it will take to return to normal around here. I loathe jobs that are never finished such as cleaning and laundry. Maybe

I'll just figure out a way to use it all for Easter.

The Vodka Tip for this week: Using a cotton ball, apply vodka to your face as an astringent to cleanse the skin and tighten pores. See? I told you Vodka makes you pretty!

I love how quickly our little community can come together whenever we feel our paradise is being threatened by unwelcome attention and publicity. Our beach has changed and grown over the 30 plus years I've been a resident. But we have always been proud of having a clean and safe environment for our families and visitors to enjoy and create unforgettable memories to be passed down for generations. One thing I know for sure – we will continue to do whatever necessary to ensure that our community and our little slice of paradise will remain as pristine and unspoiled as possible.

Another thing I know for sure – there's gonna be some left-over Corned Beef out here. And I've got a great recipe to use it all. This is similar to the way we made our Corned Beef Hash at the Sand Dollar Café and we sure sold a whole lot of it! We always covered the corned beef with aluminum foil and baked it in the convection oven until it was fork tender. More accurately, we used the taste test....more often than really necessary. That was some good stuff.

Hope you enjoy this as much as we did back in our restaurant days. So, let's cook....

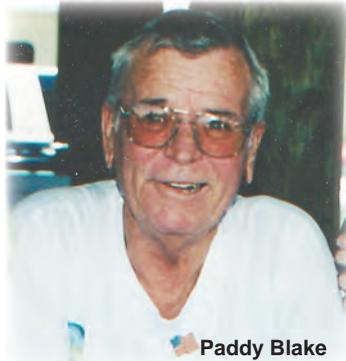
## Corned Beef Hash

½ Cup onion, finely chopped  
2 Tbsp. butter  
4 Cups cooked corned beef, cubed  
2 Cans diced potatoes, drained  
½ Tsp. black pepper

Saute onion in butter until tender. Mix with corned beef, potatoes and pepper. Mash together until well mixed. Form patties by placing approximately 3 inch ball of mixture between wax paper and flatten to approximately 1 inch thick. Brown patties on each side in hot skillet.

Enjoy, and share my favorite Irish proverb: "A narrow neck keeps the bottle from being emptied in one swig."

Have a safe and happy St. Patrick's Day! See ya in the kitchen...



Paddy Blake

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# A Cross in the Sand

By  
Rev. Dr. Tom Garrison  
Pensacola Beach Community Church



Mardi Gras, Ash Wednesday and Lent. These words sound like they would not go together at all. In fact the only thing that many people know about Mardi Gras is that it is party time. Well, it may be of interest to know the beginning of this celebration and how it was part of a deeper spiritual event that would follow. So here we go in getting to know our celebrations a bit more. Mardi Gras "Fat Tuesday," which refers to the Carnival celebration that is always the day before Ash Wednesday. In fact there would not be a Mardi Gras celebration if it were not for Ash Wednesday and Lent. The way I want you to think about it I to consider any football rivalry, say Alabama and Auburn. People arrives days before the game wearing their school's colors and shouting "Roll Tide or War Eagle." The party that goes on before the game is like Mardi Gras, but when the game starts the struggle begins. There will be ups and down throughout the game, but it is still a struggle. Lent is that struggle until someone finally wins. In the Christian year that someone is Jesus being

resurrected on Easter Sunday.

Lent is a time in the church when we are reminded of the struggle Jesus went through in the wilderness for 40 days. It gives us this time to reflect on our own lives and how we live before God. Ash Wednesday is all about reminding ourselves that we are but here for a short time, anyway we look at it "Ashes to Ashes and Dust to Dust."

We all live uncertain lives and our life can and will be over in the twinkling of an eye. The time of Lent in the life of the church is 40 days, not counting

Sundays. It is a time to repent. It is a time to look deep into ourselves, knowing that something better is coming. That something is Easter or Resurrection, and it may be difficult to get the full significance of Easter without taking the journey through Lent.

We have been through the celebration of Mardi Gras, and Ash Wednesday is past. I hope we can all remember our struggles that will end on Easter morning.

## Not Everything Fit For Recycling Bin

Recycling is one of the best ways to have a positive impact on the community. Recycling is important to both the natural environment and to Emerald Coast Utilities Authority (ECUA) customers.

Although sorting is not required, it is very important that only recyclable items be placed in the ECUA-provided recycling container to avoid contamination. Here's a list of items accepted in the ECUA's program:

- Glass; any color • Newspaper & Inserts • Magazines & Catalogs • Junk Mail & Envelopes • Cardboard • Phone Books
- Office and School Papers • Brown Paper Bags (grocery) • Boxboard (cereal, cake & cracker boxes, • Pizza Boxes • Plastic Produce Clamshells • Plastics No. 1 through 7 • Plastic Milk Jugs; 2-Liters; bottles and containers • Plastic & Metal Hangers • Juice Boxes / Bags • Plastic Cups, Plates, Utensil • Aluminum Cans & Lids
- Pet Food Cans and Dry Pet Food Bags • Aluminum Foil Baking Pans
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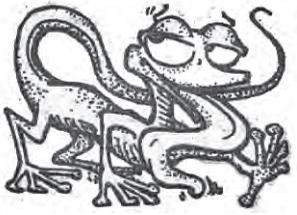
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# The Lizzard's Tongue...

BY ELIZABETH K. HEWSON

Spring. It's finally here and once again I find myself transported back to a moment in my life when my biggest worry was a sandspur finding its way into my beach towel. I can't help but love this time of year as the days get longer and the temperatures start to rise. It's like Mother Nature's way of saying, "Relax. Take a deep breath. Summer is right around the corner."

Of course, with the coming of Spring comes Spring Break. I never gave too much thought to Spring Break having been raised on Pensacola Beach. It was a given. Of course, for me that alleged one week off usually morphed into nothing more than a long weekend. I may have been given a reprieve from my academics, but not from my sport of choice at the time -- competitive swimming. I was either off competing or my training just became more intense. You can imagine my fit of laughter when I read an article published years ago in "The New York Times" about the early beginnings of Spring Break. It seems that in the 1930s a northern college swim team headed down to south Florida to train during Christmas vacation. They were so taken in by the warm weather and hospitality that they returned again during Spring Break, but not necessarily to work out. Jeepers, creepers those crazy swimmers.

Even though I had other commitments, I always enjoyed Spring Break on Pensacola Beach. It was interesting to watch and be part of the changes from the late 1970s to the early 1990s. Early on I spent my pitiful allowance at a carnival in Casino Beach parking lot where the rides were a lot more scary than the crowd. Then there were the years, I participated in Egg Drops where as a contestant you had to build a contraption that could safely catch an egg

dropped from the height of the fully extended ladder on a bucket truck. I never won. It was also a time when the biggest beach houses may have slept 16 and there was always a party -- definitely small by today's standards. I always wondered when I was out for my morning beach run who exactly carried the sand and surf laden couches back to the rental houses. I was just glad it wasn't me.

By the mid 1980s, I had officially made the transition to a working adult. I was the editor of the beach newspaper. It wasn't a bad gig if you know what I mean, but it was still work. And for one particular Spring Break it became overwhelmingly so. Anheuser-Busch had selected the weekly tabloid to be its official newspaper of Spring Break with plans to distribute it from South Padre Island, Texas all the way over and down to South Florida. We had become the little newspaper that could, as did our staff and our printers. That was also the year Pensacola Beach was host to a free beach front concert featuring rock-n-rollers Starship (a new variation of the bands Jefferson Airplane and Jefferson Starship) and its opening act an English pop group called The Outfield. It was one huge crowd and one big mess. It never happened again.

As time moved on, so did I. In fact, I went years without giving Spring Break a second thought. Unless you are involved in academia at any level, Spring Break is usually not considered a paid holiday on many corporate calendars. It wasn't until I gave birth to the Kid and went into teaching that Spring Break also came alive again, but not in the traditional sense. I found myself spending that time off in places like Korea, Hawaii, New York, and Washington, DC.

Fortunately after a 22 year hiatus, my family and I celebrated Spring Break last year on Pensacola Beach not only as residents, but as a tourists, too.

Three meals a day were whipped up by the some of the best chefs in the area and not one attraction went unvisited, including camping at Ft. Pickens. We even took part in the Pensacola Beach Chamber of Commerce's Scavenger Hunt which gave us the opportunity to step inside

the luxurious gulf front hotels, something we might not have normally done as residents. I just kept asking myself, why did I wait so long?

Yes, for me Spring Break truly is a special time of the year, especially when you can spend it on Pensacola Beach.

Until next time...

(For a more information on the 2014 Pensacola Beach Chamber of Commerce Scavenger Hunt and the Go Irish on the Island events to make your Spring Break complete, go to [PensacolaBeachChamber.com](http://PensacolaBeachChamber.com))



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**Monday:** Sandshaker, 7 PM

**Wednesday:** The Islander Lounge, 7 PM

**Thursday:** Paddy O'Leary's, 7PM





The Mystic Krewe of Nereids were awarded Best Costume in the March 2 Krewe of Wrecks Mardi Gras parade. Krewe members preparing to parade are (front row, L to R): Lila Cox, Becky Shearman and Sandi Johnson. Back row (L to R) are: Monette Hodges, Queen Marilyn LeNormand, Peggy Henshall and Paulette Provost. If you missed them on the parade route, look for Pensacola Beach's all female krewe to lead the Chamber's Mermaid Parade, Sunday, September 21 at the Taste of the Beach at the Casino Beach. Mermaids and mermen are welcome to join the procession.

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# Amazing Challenge Race Set For Sea Turtles

The Navarre Beach Sea Turtle Conservation Center (NBSTCC) is hosting their first fundraising event, the "Amazing Race for Survival," to be held at Navarre Beach Park, Saturday, April 5 from 8 a.m.-5 p.m. The funds raised by this event will

support the NBSTCC's future growth and sea turtle conservation efforts.

Participants in the "Amazing Race for Survival" will face 10 challenges ranging from sea turtle puzzles at Navarre Pier to paddling out to the Navarre Beach

snorkeling reef. It is a timed event with awards for the fastest teams who successfully complete 7 challenges. There will also be awards in other categories. Teams will have to include one adult and one minor.

"We are excited to be hosting

our first family friendly fundraising event," said Cathy Holmes, Project Director. "This will be a fun way for families to learn about sea turtle conservation."

NBSTCC, a 501 (c) 3 organization, began in 2013 and is dedicated to conservation and protection of threatened and endangered sea turtles through community education programs

and partnered research.

This event was created by two fifth grade students at Brown Barge Middle School in Escambia County. It was then chosen by Pace High School Students working with Health Opportunities through Physical Education as their class project for 2014.

For more information see [www.navarrebeachseaturtles.org](http://www.navarrebeachseaturtles.org)

## ATTENTION CURRENT AND FORMER WATERFRONT PROPERTY OWNERS:

Did you receive your BP Settlement?

If you owned waterfront property along the Gulf Coast between April 20, and December 31, 2010, you may be eligible for thousands of dollars in compensation through the BP settlement fund (as long as you have not already signed a release with BP), simply for owning your waterfront property during that time, and regardless of whether you had vacation rentals or not.

If you sold waterfront property along the Gulf Coast between April 20, and December 31, 2010, you may be eligible for tens of thousands of dollars in compensation through the BP settlement fund (as long as you have not already signed a release with BP). If you entered into a sales agreement to sell your waterfront property after April 20, 2010, and closed prior to December 31, 2010, you may be automatically entitled to compensation regardless of whether you can prove loss of value to your waterfront property or not.

Our process for this type of claim is simple, and we do everything for you. Our 15% fee is due only if we collect from BP, and you will not be liable for any costs or expenses in addition to the fee. If we fail to collect from BP, you will not owe us any costs, expenses or fees.

Call us or email us now with your waterfront physical address and we will check your waterfront property's eligibility on our interactive map for potential loss of use and or sales loss compensation.

Please note that the deadline to file BP claims is April 22, 2014, or 180 days from your first payment under the DWH Settlement, or decertification of the settlement class, whichever event occurs first.

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No representation is made that the quality of the legal services to be performed is greater than the quality of legal services to be performed by other attorneys.



A newcomer to the Shoe Box Float construction industry, Brayden Glover, left, earned a top spot in the March 4 contest at Paradise Bar and Grill. His mom Gena is a well-known bedazzler, so she teamed up with him to add the necessary bling. And, yes, that is 2014 Krewe of Wrecks Captain Dan Smith in the background. He was not photo-bombing, but, merely making his way back to the dance floor. The Shoe Box Float Contest is the last official event of Mardi Gras on the Island.



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# Go Irish on the Island

## Scavenger Hunt

3pm Friday, Mar. 14 - 2pm Sunday, Mar 16

Pick Up All Weekend • Pot O' Gold Drawing Sunday 3pm  
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## St. Paddy's Day Pub Crawl

Monday, Mar. 17 Starting at 10am



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- 11am Hilton Pensacola Beach\*
- 11:30am Holiday Inn Resort\*
- Noon Paddy O'Leary's Irish Pub
- 12:30pm Paradise Bar & Grill
- 1pm Red Fish Blue Fish
- 1:30pm Crabs
- 2pm The Dock
- 2:30pm Flounder's Chowder House
- 3pm Capt'n Fun Beach Club
- 3:30 Hemingway's Island Grill
- 4pm Surf Burger
- 4:30pm Shaggy's
- 5pm Bamboo Willie's Beachside Bar (Bikini Contest)
- 6pm Sabine Sandbar
- 6:30pm Sandshaker Lounge & Package (Go Irish Costume Contest)

\* Hampton Inn, Hilton Pensacola Beach and Holiday Inn Resort are cash only

For A List of Go Irish Specials, and All The Shenanigans, Visit

[pensacolabeachchamber.com](http://pensacolabeachchamber.com)



# THANK YOU!

To all the people who fought for what they believed in, and helped dissuade 495 Productions from choosing Pensacola Beach for the filming of their inappropriate and unsuitable reality TV show, "Party Down South":

- Kimberly Blair with the Pensacola News Journal, for her insightful and timely articles about the show, which galvanized community action
- PBA members who voiced their concern to our community leaders;
- Bri Snellgrove and Amber Kelley for their Facebook page which further garnered support;
- Andy and Amanda Harris for their petition against the show;
- The Santa Rosa Island Authority Board for taking a stand against the show and sending the producers a "not welcome here" letter;
- Escambia County Commissioner Grover Robinson for his outspoken stance against the show;
- AND ESPECIALLY the many Pensacola Beach businesses that "just said no" to 495 Productions. They gave up significant short-term profits in the interest of protecting Pensacola's well-established image as a family and eco-friendly community

Please support our beach businesses to show your appreciation.  
A list of businesses that "just said no" will be posted on our website!

Pensacola Beach Advocates  
*"Informed Citizens Giving a Voice to the Beach"*

[www.pbadvocates.org](http://www.pbadvocates.org)

# Sunrise and Sunset with Safari-Su



By Susan Haselton-Barr

Jambo (hello) Everybody! My question of the week is profound, "When you put a pair of socks in the washer, why does only one sock come out of the dryer?" Is there a great sock pile in the sky that contains the second sock? These are the things I ponder in an effort to de-stress my life. My mental gymnastics created another new epiphany. Why am I getting up at 6 a.m. when I am truly a night person?

Self-employment allows me the opportunity to make my own schedule and hours, clients permitting. Twenty years ago I was a single person parenting my children. Fortunately, this time was spent in Gulf Breeze. Without any family help, I was the one and only caretaker for my brood of two. Everyone is aware of the

time consumed in parenting. I was no exception to this rule. Working late both at my career and maintaining the household was a monumental daily occurrence.

I compared housework to wiring an old fashioned circuit board. You spend hours wiring the board to have it come totally unwired in minutes. Then it is back to wiring the circuit board again. I wonder how many times I have circled the world vacuuming the house?

My children are now adults and have their own household chores. There is no longer a need to wake up with the chickens. My internal clock works better on a late night time-frame. Seems I kick into productive gear when most are getting ready for bed. Then, when the world is getting up, I am remarkably engaged in

my best deep sleeping zone.

So why after a decade of being childless, am I dragging myself up at 6 a.m. and setting my schedule around old routines? My car overwhelmingly drives me home by 3 p.m. to meet the school bus. Another 20-year-old rule, not going out, playing or having an adult beverage on school nights. Time to change my routine don't you think?

So from now on I declare for my physical and mental health I will sleep until 7:30 a.m. That is when I do not have a bout of insomnia, an appointment or need for early coffee. How about you? P.S. If you have found my missing socks please post on Facebook.

Quaharini (Until we meet again)

# BEACH FIT By Geoff Kalmbach

A frequent question I hear over and over is, "Why is it taking me so long to lose weight?"

I know how frustrating it can be to lose weight at a slower rate, especially when you're used to the weight just falling off.

The good news is, losing weight can be as simple as making a few changes in your life in order to promote long-term healthy eating habits and regular activity. Of course, there are certain factors that may influence your metabolism and make it difficult to lose weight, some of which you have control over and some of which you can't control.

Over the years I've worked with many clients helping to pinpoint those areas that affect them and keep them from losing weight and in doing so, identified several key factors that can slow down your weight loss.

### Family Heredity

Your genetic makeup and family history can influence weight, the way you are built, and the rate of your metabolism. By looking at your family and its health history you might be able to find some genetics that are inhibiting your weight loss.

### Men vs. Women

I know you've heard this before, but it's true. Men are different from women. Men have more muscle, which means a faster metabolism and quicker weight loss. Women carry extra body fat for bearing children, which means

a slower metabolism resulting in slower weight loss.

### Age

It's true, as you get older your metabolism slows down. Your metabolism decreases about 1 percent per year starting in your late 20's. That's why it's not unusual to gain a few extra pounds each year.

### Body Shape

What shape is your body? Are you shaped like an apple or a pear? If you are shaped like a pear you carry your weight in your hips and thighs.

This means a slower metabolism with a lower risk of weight-related diseases. If you are shaped like an apple, you carry your weight around the middle.

While you have a faster metabolism and can lose weight easier, you do have a higher risk of weight related diseases, such as type 2 diabetes, certain cancers, and heart disease.

Other factors that can affect your weight loss and slow down your metabolism is the amount of muscle mass compared to fat mass, eating and exercise behavior and your "set point theory."

Your "set point theory" is an internal control mechanism that dictates how much weight your body wants to carry, a higher set point means a higher body weight.

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**PADDY O'LEARY'S IRISH PUB**

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A bit of history. The oldest lounge on Pensacola Beach located in the Via de Luna Shopping Center, about one mile east of the traffic light. Specials, daily. Dance on the pole. drink a shot. Shuffleboard. Upstairs Cypress Room and Sundeck. Live music. Just steps away from The Break., our sister establishment. Open everyday for fun. 850-932-9011.

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\$26,900. Gulf Breeze .19 acre. Check out my website for additional residential lot listings. www.denrem.com Dennis Remesch, Re/Max on the Coast, 850-384-7607.

.....  
\$240,000. Gulf Breeze. 4/3 home in Grand Ridge. Spacious floor plan, Underground utilities. Two car garage. Just blocks from Oriole Beach boat ramp. MLS#434436 Dennis Remesch, Re/Max on the Coast, 850-384-7607.

.....  
Call a professional who advertises in Island Times!

## Real Estate For Sale

Waterview Lot.  
320 Deer Point Drive, Gulf Breeze. Exclusive Gated Neighborhood. \$125,000. Contact Jeremy Johnson, Sales Manager, Levin Rinke Resort Realty. 850-377-3145.

.....  
5636 East Bay Blvd. Waterfront 3/2.5. \$475,000 MLS #448374  
Watch the sunset on the dock of this East Bay waterfront home complete with a covered boat house and sitting area.  
Call Today. Call Linda Murphy, Keller Williams Realty 850-748-0865

## Real Estate For Rent

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CLASSIFIED ADS are \$5 for 20 words. Additional words are 10 cents each. Send ad with check made payable to Shelley Ink, P.O. Box 844, Gulf Breeze, FL 32562.

## Pets

Pensacola Beach Dog Parks. Daily, 7 to SUNSET. Leashed, friendly dogs. Parking Lot "E" located near park east and Parking Lot "B" near park west on Fort Pickens Road.



Pensacola Humane Society has adoptable dogs, cats and kittens. They are accepting cash and supply donations. www.pensacolahumane.org

## King Crossword

### Answers

Solution time: 21 mins.

G	E	E	Z	O	R	B	F	O	R	D
A	C	M	E	R	O	E	E	R	I	E
S	H	I	P	C	O	L	D	C	A	S
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Y	E	S	M	A	N					
S	T	A	R	K	C	O	L	D	W	A
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H	O	T	D	O	G	S	H	U	T	C
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C	L	E	A	N	C	O	L	D	D	A
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A	C	N	E	O	D	D	T	O	U	R
R	O	A	R	T	E	E	E	P	E	E

### ACROSS

- 1 "Wow!"
- 5 Sphere
- 8 Auto pioneer Henry
- 12 Pinnacle
- 13 Fish eggs
- 14 Great Lake
- 15 Ocean-going vessel
- 16 CBS crime-solving series
- 18 Easily angered person
- 20 Swiss mathematician
- 21 "Of course"
- 22 Fellow
- 23 Harsh
- 26 Ideological conflict
- 30 Move like 38-Across
- 31 Author Umberto
- 32 Historic period
- 33 Franks
- 36 Starsky's partner
- 38 Kanga's kid
- 39 Chance
- 40 Spotless
- 43 Rarity in Hell?
- 47 Trouble
- 49 Jason's ship

1	2	3	4	5	6	7	8	9	10	11
12				13			14			
15				16			17			
18				19			20			
21				22						
23	24	25			26			27	28	29
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38						39				
40	41	42			43			44	45	46
47					48			49		
50					51			52		
53					54			55		

- 50 Teen's facial woe
- 51 Peculiar
- 52 Go
- 53 Bellow
- 54 Golf ball holder
- 55 Fencing sword
- 8 Fruitful
- 9 Verbal
- 10 Get up
- 11 Antelope's playmate
- 17 Transaction
- 19 "A mouse!"
- 22 Cattle call?
- 23 "Be quiet!"
- 24 Excessively
- 25 Suitable
- 26 IV measures
- 27 Drench
- 28 Curved line
- 29 "Hurray!"
- 31 Id counterpart
- 34 Bureau compartment
- 35 Chaplin's
- O'Neill
- 36 "2001" computer
- 37 Latest news
- 39 Teeming throng
- 40 Burn somewhat
- 41 Crazy
- 42 Sicilian spouter
- 43 Relinquish
- 44 Let fall
- 45 Chills and fever
- 46 Bygone times
- 48 Youngster

### DOWN

- 1 Long cut
- 2 Reverberate
- 3 Send forth
- 4 Gentle breeze
- 5 Killer whales
- 6 Crucifix
- 7 — canto

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# Calendar

## MARCH

- 13: PB Woman's Club Fashion Show. 11 a.m. Our Lady.
- 14: Go Irish on the Island Scavenger Hunt. www.pensacolabeachchamber.com
- 16: TriGulfCoast Bike Ride and Wet Suit Demonstration, 7-10 am. Casino Beach
- 17: St. Paddy's Day Pub Crawl. www.PensacolaBeachChamber.com
- 17: Green Bikini Contest, Bamboo Willie's. 5 p.m.
- 20: Ft. Pickens Bike Ride. 10 am
- 22: Pedaling Pickens, 10 am. Shipwreck event. 10:30 am
- 25: Pensacola Beach Chamber Membership Meeting, 8:30 a.m. Pensacola Beach RV Resort
- 25: PB Optimist Oratorical Contest Finals, Beach Church
- 25: Beach Chamber Business After Hours, Paradise, 5:30 pm. Guests call 850-932-1500.
- 26: Santa Rosa Island Authority Meeting, 5 pm. #1 Via de Luna, Open to the Public. www.sria-fla.com
- 29: Gulf Breeze Celebrates the Arts. Gulf Breeze High School lot. Thru 30th.

- 5: Star Gaze. Gulfside Pavilion. Free. Dusk weather permitting.
- 8: Bands on the Beach. Gulfside Pavilion. 7-9 pm www.visitpensacolabeach.com
- 9: 26: Santa Rosa Island Authority Meeting, 5 pm. #1 Via de Luna, Open to the Public. www.sria-fla.com
- 11: Crawfish Festival, Bamboo Willies. Thru 14th
- 12: Tour de Cure Bike event. 850-492-6100 ext. 3131
- 13: Pensacola Beach Half Marathon. 7 am. Post run party at Flounder's.
- 15: Bands on the Beach. Gulfside Pavilion. 7-9 pm www.visitpensacolabeach.com
- 17: Sunset Tri, Portofino
- 17: Business After Hours, Sandshaker, 5:30 pm
- 19: Fee Free at Fort Pickens
- 20: Easter Sunrise Services at Gulfside Pavilion, Quietwater Amphitheatre
- 22: Bands on the Beach. Gulfside Pavilion. 7-9 pm www.visitpensacolabeach.com
- 23: Santa Rosa Island Authority Meeting, 5 pm. #1 Via de Luna, Open to the Public. www.sria-fla.com

## APRIL

- 1: RESTORE Public Input Meeting. Pensacola Beach Community Church, 6-7 pm
- 1: Bands on the Beach. Gulfside Pavilion. 7-9 pm www.visitpensacolabeach.com
- 4: PBES Bike Safety Rodeo
- 4: Gulf Coast Interstate Relay. Ends at the Beach VIC. Thru April 5.
- 4: Star Gaze. Gulfside Pavilion. Free. Dusk weather permitting.
- 5: Amazing Race Sea Turtle Conservancy, Navarre Beach. 8-5

- 25: Relay for Life Gulf Breeze High School Stadium.
- 26: Lakeview 5K at the Gulfside Pavilion. 8 a.m.
- 28: Skills USA teams arrive
- 29: Bands on the Beach. Gulfside Pavilion. 7-9 pm www.visitpensacolabeach.com
- .....
- BEACH CHURCH BINGO
- 1st and 3rd Thursdays, Bingo \$20 at 7.
- .....



**CAUTION: READING ISLAND TIMES CAN RESULT IN SPONTANEOUS MOMENTS OF UNBRIDLED JOY**

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STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

# Seeing Stars... this week's horoscopes



**ARIES** (March 21 to April 19) You'll want to discourage well-meaning but potentially ill-advised interference in what you intend to accomplish. Your work has a better chance to succeed if it reflects you.

**TAURUS** (April 20 to May 20) The Bovine's well-deserved reputation for loyalty could be tested if you learn that it might be misplaced. But don't rely on rumors. Check the stories out before you decided to act.

**GEMINI** (May 21 to June 20) You've been going on adrenaline for a long time, and this unexpected lull in a recent spate of excitement could be just what you need to restore your energy levels. Enjoy it.

**CANCER** (June 21 to July 22) Friends can be counted on to help you deal with a perplexing personal situation. But remember to keep your circle of advisers limited only to those you're sure you can trust.

**LEO** (July 23 to August 22) Security-loving Lions do not ap-

preciate uncertainty in any form. But sometimes changing situations can reveal hidden stresses in time to repair a relationship before it's too late.

**VIRGO** (August 23 to September 22) This is a good time for single Virgos to make a love connection. Be careful not to be too judgmental about your new "prospect" -- at least until you know more about her or him.

**LIBRA** (September 23 to October 22) Your sense of justice helps you resolve a problem that might have been unfairly attributed to the wrong person. Spend the weekend doing some long-neglected chores.

**SCORPIO** (October 23 to November 21) You might feel justified in your anger toward someone you suspect betrayed your trust. But it could help if you take the time to check if your suspicions have substance.

**SAGITTARIUS** (November 22 to December 21) Ignore distractions if you hope to accomplish your goal by the deadline

you agreed to. Keep the finish line in sight, and you should be able to cross it with time to spare.

**CAPRICORN** (December 22 to January 19) Your creative self continues to dominate through much of the week. Also, despite a few problems that have cropped up, that recent romantic connection seems to be thriving.

**AQUARIUS** (January 20 to February 18) As curious as you might be, it's best to avoid trying to learn a colleague's secret. That sort of knowledge could drag you into a difficult workplace situation at some point down the line.

**PISCES** (February 19 to March 20) Instead of spending too much time floundering around wondering if you can meet your deadline, you need to spend more time actually working toward reaching it.

**BORN THIS WEEK:** You have a natural gift for attracting new friends, who are drawn to your unabashed love of what life should be all about.

## Fort Offers Two Free Events

Gulf Islands National Seashore Superintendent Dan Brown announced dates for two free archaeology activities.

Tour de Fort is a bicycling tour of the archaeological sites along the Florida National Scenic Trail near Fort Pickens. Participants will rendezvous on Thursday, March 20 at the Fort Pickens Auditorium at 10 a.m., where an archaeologist will present a short program prior to the bicycle tour. The bike ride is approximately four miles in length and lasts about two hours. The tour will stop at sites where the archaeology, history, and ecology of the

area will be discussed. Bring plenty of water, sunscreen, sunglasses, your bicycle, and helmet.

Shipwrecks of Pensacola Bay is an indoor presentation by Dr. Della Scott-Ireton of FPAN on Saturday, March 22 at the Fort Pickens Auditorium at 10:30 a.m. The presentation includes the history and archeology of several significant shipwrecks of Pensacola Bay.

The programs are free; however, there is an \$8 entrance fee to the Fort Pickens Area. For more information call the Naval Live Oaks Visitor Center at 850-934-2600.



*Fort Pickens Park Ranger Mike Aymond was the leader of the pack of cyclists who participated in the Pedaling Pickens Fort Tour March 8. He will lead a similar tour Saturday, March 22.*

### VISIT THESE LOCAL BUSINESSES

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[www.funnycars-pensacolabeach.com](http://www.funnycars-pensacolabeach.com)

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[www.lillostuscangrille.com](http://www.lillostuscangrille.com)

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**SHOGUN HIBACHI & SUSHI**  
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**SPECIAL OFFER:**  
- 2 Roll Special; \$6.99  
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Must bring in coupon to redeem.

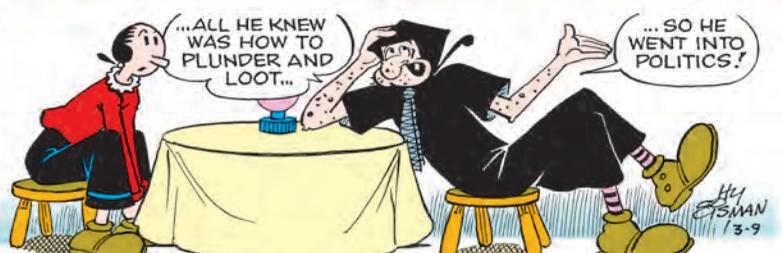
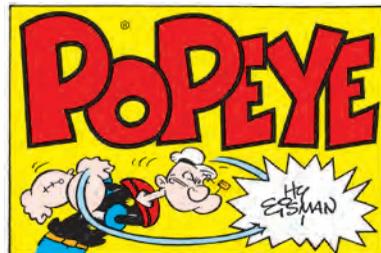
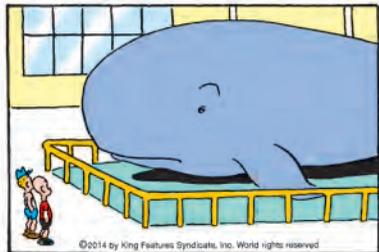
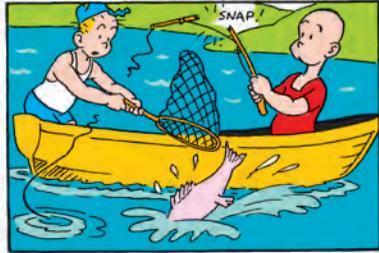
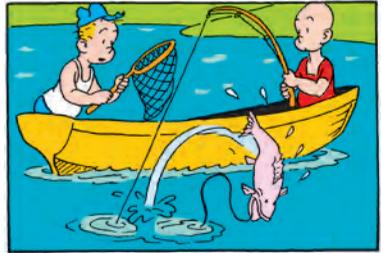
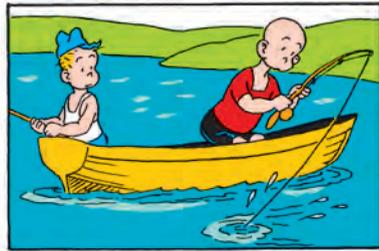
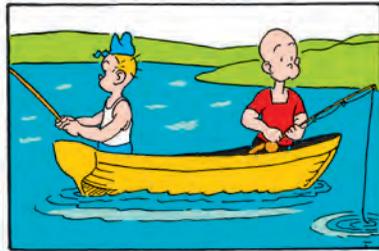
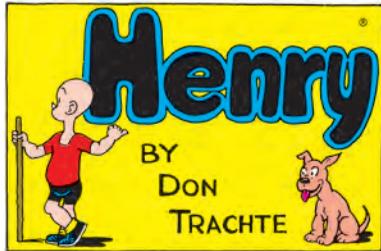
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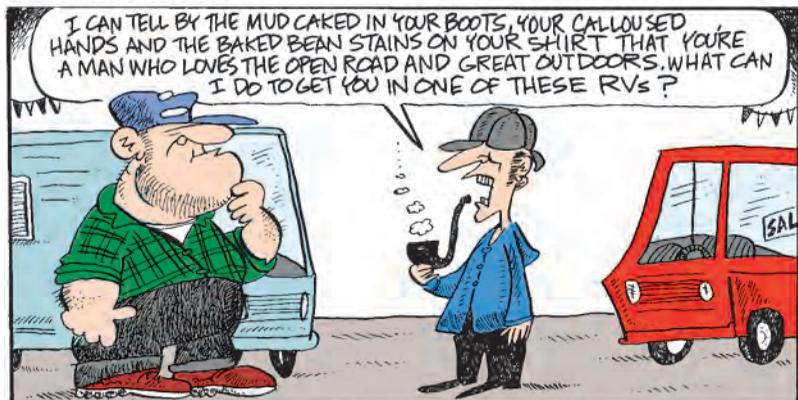
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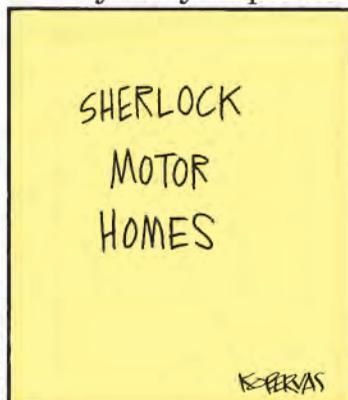
Soundside Market is located on Pensacola Beach across from the Hilton. 5 Via de Luna, Pensacola Beach, FL



Out on a Limb



by Gary Kopervas



MISTER BREGER By Dave Breger



"Our best man—his work is hanging in most of the leading museums of art!"

Just Like Cats & Dogs by Dave T. Phipps



LAFF - A - DAY



"I'm not losing a daughter, I'm gaining a home."

# Business Buzz

## SPILL WITNESS

Local ad execs and public relations gurus are hosting CNN correspondent David Mattingly who was on the scene as the effects of the Deepwater Horizons Disaster impacted the Gulf Coast. His presentation is Wednesday, March 26, 11:30 - 1 p.m. at New World Landing. Tickets are \$25 and available at AAFPensacola.com.

## CRITICAL FIX

Island Times Computer Guy Joe Stukey alerts all who are plugged in to download a Microsoft software patch to fix pesky problems with security of Internet Explorer. See his column on this page.

## MIND YOUR MOTHER

Beach businesses flourish when the island's pristine sands and crystal clear water are protected and safe. It's takes good stewardship, education and an ongoing effort to retain what Mother Nature has provided. Here's to the Pensacola Beach Advocates, Margaritaville, Holiday Inn Express, ECUA, SRIA and the media who are supporting the Earth Day...islandstyle and Sea Turtle Homecoming, May 3 at the Casino Beach. Do your part, too. Reuse, Reduce, Recycle.

## CHAMBER CHATTER

Beach Chamber President Nicole Stacey attended Tour-

ism Days, March 11-12 in Tallahassee. The event encourages networking, information sharing and meetings between tourism officials and lawmakers.

## SPIRITED EVENT

Respected California psychotherapist and author Barbara Lamb and renowned medium Sharon Renae will headline the Life, Health & Spirit Metaphysical Expo on Saturday, March 15 and Sunday, March 16, at the Crowne Plaza Grand Hotel in Pensacola. Presented by Unlimited Horizons of the Emerald Coast, this year's event will feature more than 60 respected alternative and natural health practitioners, healers, psychics, mediums, authors and vendors who specialize in helping people explore, connect with and expand their inner selves.

## PILING DRIVE

Did you buy a piling to support the Beach School? It's a \$500 donation and your name will be forever in the School's office. Lesser amounts are welcome. A \$40 donation offsets the cost of a student's chair. www.PBES.org

## LONG RUN BIG PARTY

If you can run a Half Marathon on April 13, then you get to attend the big blowout at Flounder's after the race. Awards and big fun. Volunteers are welcome. joerelaxo@gmail.com or gulfcoasthalf.com for more details.

# BYTES & BITS

By Joe Stukey,  
Your Computer Pal

Q: "Has Microsoft's Internet Explorer Been Hacked Again?"

A: Yes, security experts have confirmed that, in January of this year, hackers found a new way to exploit a vulnerability in Internet Explorer. In one case, the computers were compromised

when people visited the Veterans of Foreign Wars (VFW) website. In another, the computers were affected when visiting the website of a French Aerospace Association. Some security analysts report that the number of affected computers continues to increase.

On March 11, Microsoft released 5 new software patches, one of which is intended to fix Internet Explorer. That update is labeled "critical" which means that Microsoft has tagged the problem as being the highest possible risk. The fix applies to all versions of Internet Explorer, from version 6 to version 11 (the newest one) and all versions of Windows. All users should download those updates thru the Windows Update feature of their computers.

Four of those updates are directed at Windows XP, which is now 13-years-old. One of those updates is also labeled "critical." The updates are intended to close

holes in the operating system that are allowing hackers to bypass security features in the Windows operating system. That software update is expected to be one of the last before Microsoft retires the Windows XP operating system on April 8. After that date, the only computer users who will get XP software updates will be those who are paying a \$200 annual fee for each computer.

Microsoft is urging users to migrate away from Windows XP, but without much success. Almost 30 percent of Microsoft's customer base is still using Windows XP, because it is easy to use and works well with older software. However, Internet Explorer 8 is the highest version that is compatible with XP, and it is now incompatible with some websites.

This article was provided by The Stukey Group. For questions, contact Joe at joe@ycpals.com or 850-206-3156

## Are You Kidding?

*Sandee Bredesen, a retired educator, has been chuckling for thirty years about the funny things kids say and do. She decided that some of their antics needed to be shared with the Island Times readers!*

My son loved to fish from a very early age. When he was about five or six, I heard him rummaging around in the kitchen. A few minutes later he emerged with a fish sandwich for his dad...three filleted pinfish on bread, cooked in the microwave. Mike, being the sensitive dad that his is, dutifully closed his eyes, held his nose and ate the fish sandwich.

.....

In the late 1970s and 80s children wrote about everything they saw and did. This was the Language Experience Approach. A kindergartner, getting off the bus on a field trip to the zoo, covered her eyes and instructed her peers, "Don't wook, don't wook, we'll have to wite!"

## ARE YOU READY?

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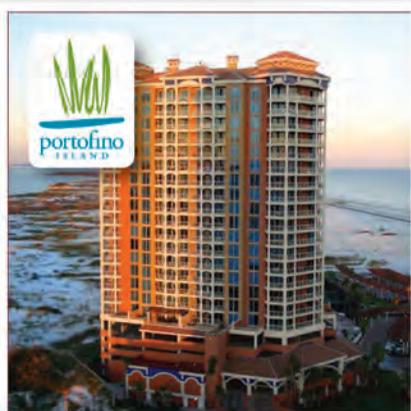
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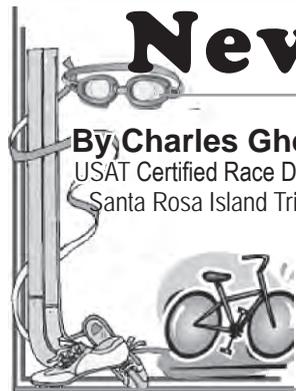
If you're thinking about buying a luxury home or condominium, why not capitalize on current market opportunities? Let others dream of this lifestyle—the team that's handled more than \$1 billion dollars in real estate transactions over the past 17 years is ready to help you own it.



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# Never Hurts To Tri



By Charles Gheen  
USAT Certified Race Director  
Santa Rosa Island Triathlon

and be familiar with the "rules of the road". That same day TGC will have a club party at The Bridge in Gulf Breeze. Prospective members are certainly invited and the event begins at 4 p.m. The Bridge is located at the south end of the Pensacola Bay Bridge. More information is available at [www.trigulfcoast.org](http://www.trigulfcoast.org).

## News And Notes

TriGulfCoast is the triathlon club of Northwest Florida and is one of the best triathlon organizations in the United States. I'm saying that as a past president of the club who has tremendous admiration and respect for the accomplishments of the current administration. The Board of Directors, headed by President Mindi Straw, has greatly increased membership (to about 300) and significantly enhanced all the benefits and services to the members.

The club, of course, conducts the famous Mere Mortals training group throughout the summer. This tremendously successful program provides structured training to those new to the sport and experienced triathletes as well every Sunday for three months starting in June. Additionally, TGC also facilitates informal group training opportunities and organizes social gatherings as well.

On Sunday, March 16, there will be a group ride starting at Casino Beach at 7 a.m. TGC members will be participating and prospective members, those new to triathlon and the public are invited. Although it's not a club event, those participating are expected to have a CPSC-approved helmet, have handle bar end plugs

The 7th Annual Run For Their Lives 5K run/walk will be held on Pensacola Beach on April 26 at 8 a.m. Erika Smith at the Lakeview Center Rape Crisis/Trauma Recovery program organized this race to help support the program and raise awareness for these issues in Northwest Florida.

The race begins at Casino Beach and will follow the Santa Rosa Island Triathlon 5K course. This route travels east down Via De Luna, moves into the neighborhoods at Avenida 10 along the Gulf of Mexico and loops at Avenida 16 to return to Casino Beach for the race finish. The course is flat, fast and scenic.

T-shirts are guaranteed to the first 500 participants, a great post-race celebration with food, refreshments, door prizes and awards will follow the run. Music will be provided by James Adkins and Rewind. More information and registration are available at [www.runfortheirives.kintera.org](http://www.runfortheirives.kintera.org).

On Saturday, June 21, the Pensacola Runner's Association (PRA) will present the Gary McAdams 5K run/walk. The race will start at Casino Beach at 7:30 a.m. This event was begun

to honor the memory of Gary McAdams who was the victim of a home invasion. The race has, for years, provided scholarship money for outstanding senior scholar-athletes in Northwest Florida in Gary's name.

The competition will be also travel down Via De Luna and loop in the neighborhoods along the Gulf of Mexico. It will feature great technical race shirts with artwork by renowned local artist Bill Adair. The post-race celebration will be held at The Sandshaker and will feature food, music, refreshments, door prizes and awards. To register, or to find more information, go to [www.pensacolarunners.com](http://www.pensacolarunners.com).

The Santa Rosa Island Triathlon is currently offering complimentary registration to those athletes who were entered in the 2013 event. Tropical Storm Karen caused the race to be cancelled and the Board of Directors deferred those registrations to this year's event. This offer is good through April 1 and any remaining slots for the 19th annual race will be available after that. For more information, email [charlesgheen@gmail.com](mailto:charlesgheen@gmail.com).

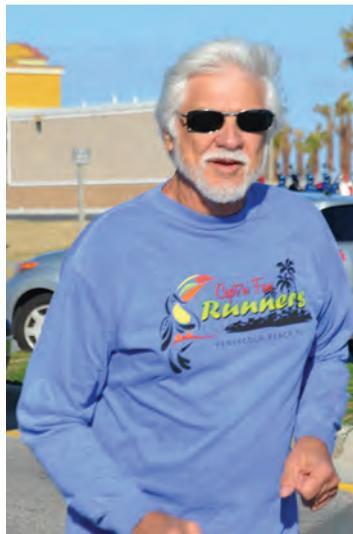
## Upcoming...

Blue Angels Rock N Fly Half Marathon and 5K, March 29. NAs Pensacola. [RunRockNFly.com](http://RunRockNFly.com)

Gulf Coast Interstate Relay, April 4-6. Finish line, Pensacola Beach. [GulfCoastInterstateRelay.com](http://GulfCoastInterstateRelay.com)



Costumed athletes powered through a 3.1 mile run March 1 during the Circle K 5K on Pensacola Beach. Photo left: Mike Green is a refreshing cola runner who earned fourth place in his age division with a time of 26:45. Did he fizzle at the finish? Photo right: Jackie Daley is the run-away bride.



Pensacola Beach's Tom Luke earned second place in the Circle K 5K in his age group. He clocked a 44:17 as a walker.

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Mon-Sat 9am-6pm  
Sun 9am-3pm

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Thursday, Mar 13: Karaoke with Becky, 8 pm  
Friday, Mar 14: Karaoke with Becky, 8 pm  
Saturday, Mar 15: Dennis Gossman & Ricky Lee Phelps, 7 pm  
Sunday, Mar 16: High Horse, 3 pm  
Tuesday, Mar 18: Timmy's Smart Ass Trivia, 7:30 pm  
Wednesday, Mar 19: Bar BINGO with Becky, 7:30 pm  
Thursday, Mar 20: Karaoke with Becky, 8 pm  
Friday, Mar 21: Karaoke with Becky, 8 pm  
Saturday, Mar 22: Dennis Gossman & Greg Pendleton, 7 pm  
Sunday, Mar 23: Southern Breeze, 3-7 pm  
Tuesday, Mar 25: Timmy's Smart Ass Trivia, 7:30 pm  
Wednesday, Mar 26: Bar BINGO with Becky, 7:30 pm  
Thursday, Mar 27: Karaoke with Becky, 8 pm  
Friday, Mar 28: Karaoke with Becky, 8 pm  
Saturday, Mar 29: Crosstown, 7 pm  
Sunday, Mar 30: Dennis Gossman and Tomato, 3-7 pm

**Mondays Guest Bartender 6 to 7 pm**  
Tips donated to the Beach School

**Mar 17 • 6 pm**  
St. Paddy's Pub Crawl  
Stop #16

**Happy Hour**  
Mon-Fri • 11 to 7

**St. Paddy's Week of Events**  
March 10-17

let's sham-rock!

Texas Hold'Em • Trivia • Darts

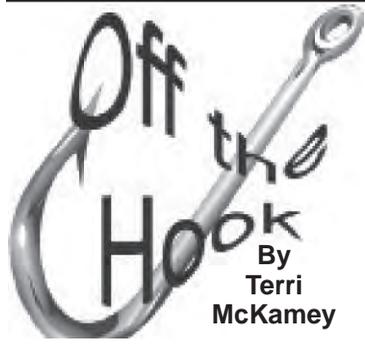
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**RE/MAX on the Coast**



These little teases of spring followed by blasts of cold are starting to annoy me just a little. How about you? Well, I have some good news. The Jasmine at my house are blooming, trees are budding and the azaleas and daffodils are showing their colors, too. For me, this means fish will start moving and we are going to start catching Pompano.

Oh, and the weatherman says temperatures are going to be in the high 70s all week. Just to be sure, I stopped in at Gulf Breeze Bait and Tackle. Vic agrees with me. Any day now, the Pompano will be biting. Don't forget to register for their ongoing Pompano Tourney. It's only twenty dollars and the t-shirts look pretty cool.

Huge shoutout to Bryce Turner. He took three of my rods and re-did them for spring. As usual, he did an outstanding job. Watch out fish, I'm ready.

Sheepshead will be the story this month and I'm already hearing how much bigger the catches

## Bravo For The Busy Bay Center

Pensacola Bay Center has sixteen ticketed events in the month of March making this one of the busiest months for them in recent history.

Ticketed events included a Monster Jam truck performance last weekend. Upcoming are: March 14 and March 15 – Ice Flyers vs. Rivermen  
March 16 – Elton John Concert  
March 19 – 23 – Cirque du Soleil's Varekai (7 performances)  
March 28 – Third Day and Skillet  
March 29 – Gala of Royal Horses (2 performances)

The Bay Center also hosts private events. Cyndee Pennington, SMG's General Manager for Pensacola Bay Center, comments, "To have 39 events in 31 days, well, let's just say we are very busy. Our staff is almost working around the clock to prepare for all the events, but this is what we do and we enjoy it."

Tickets are still available for the listed events. Visit pensacolabaycenter.com for more information.

have been. Mid to late month will be the perfect time.

Plenty of Amberjack offshore as well. Hope you have your boat ready.

Those ever illusive Cobia are just around the corner, too. I hear they are taking bets (for fun) among the anglers at the Pier on which day the first Cobia will be caught. It's going to be late, late March or early April, I think.

I was talking to Trace Lewis the other night at poker, and he told me he just hasn't had the time to fish lately. That brings me to my second shoutout – to Saltwater Rick. I used to say the same thing to him – too busy, too tired, too lazy. Thanks, Rick for reminding me you can always find time to fish. And, to thanks to *Island Times* for giving me the opportunity to share my stories with our readers. Rick was right. All is right when I am on the water fishing.

So, what are you guys still reading this for? The weather's getting right. The fish are moving. Grab a kid and go fishing! Happy St. Paddy's Day. Wishing you the luck of the Irish during your next fishing trip.

# Tex Takes Hold Em Title

Tex Atkinson came in hot during the February Texas Hold 'Em 4444 Fun poker games on Pensacola Beach. He was named the Player of the Month after amassing three wins and two second place titles. He recently moved back to the beach and hosted a House Warming Party Poker Game, February 21. Ted Gorder took top honors at the party followed by Mike Wood. The mysterious Waldo Defindorfin finished third in the field of sixteen.

Poker playing diva Terri McKamey drew to a royal flush last month and picked up a hand of four fours March 3 at the Sandshaker.

"That's a special hand at our games," said Richard Uzdevenes, owner of Texas Hold 'Em 4444 Fun. "She gets a special chip to commemorate her signature 4444 Fun hand."

Players dodged ice storms and Mardi Gras parties to keep time at the felt. Regular weekly tourneys are held at the Sand-

shaker, Paddy's and the historic Islander Lounge, which is the oldest continuously operating bar on the Beach.

The results follow:  
**Sandshaker Lounge**  
Feb. 3: Todd Lentini, winner, Mike Wood, runner-up  
Feb. 10: Pat Dawkins, winner, Terri McKamey, runner-up  
Feb. 17: Wade, winner, Miguel Thompson, runner-up  
Feb. 24: Jon Woodham, winner, Pete Falgout, runner-up  
**Pelican Lounge**  
Feb. 4: Tex Atkinson, winner, Deb Friedman, runner-up  
Feb. 11: Tex Atkinson, winner, Jon Woodham, runner-up  
**Paddy O'Leary's**  
Feb 6: Todd Lentini, winner, Ted Gorder, runner-up  
Feb. 13: Tex Atkinson, winner, Pete Falgout, runner-up  
Feb. 27: Miguel Thompson, win-

ner, Waldo Defindorfin, runner-up *The Islander*

Feb. 19: Deb Friedman, winner, JB, runner-up  
Feb. 26: Todd Lentini, winner, Tim Rinker, runner-up

Games are no longer being held at the Pelican Lounge, but have returned to The Islander Lounge. Although there is a core group of poker playing divas and card sharps at the weekly games, anyone interested in playing Texas Hold 'Em 4444 Fun is welcome to grab a seat.

"Visitors, tourists, Spring Breakers, old timers and new residents should give it a try," said Uzdevenes. "No need to be intimidated at Texas Hold 'Em 4444 Fun. Friendly dealers and you only need a basic knowledge of the game."

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with The Red Field

Mon, Mar 17 • 6 pm • Come Early

• Pub Crawl Party with Hippy Radio  
• Pub Crawl Stop • 6:30  
St. Paddy's • Costume Contest  
7 pm

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Texas Hold Em 4Fun & Trivia, 7 pm

Tuesdays • 8pm to Midnite

Karaoke w/Becky

Wednesdays • 8pm to Midnite

The Dave & Joe Show

Thursdays • T-shirt Nite

1/2 price drinks w/Shaker Shirt, 7 pm to close. Tyler Mac Band 8:30 pm

Fri 3/21 & Sat 3/22

Class X, 9 pm

Sun 3/23

Lektric Mullet, 4 pm

Fri 3/28 & Sat 3/29

Buzzcut, 9 pm  
Sunday 3/30  
Dunnottar, 4 pm

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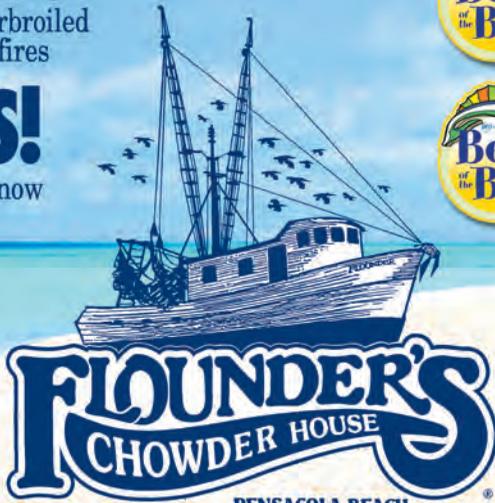
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