

ISLAND TIMES

Volume IX, Number 8

Pensacola Beach, Florida

August 6, 2013

Beach Seniors Ready To Rule



The days leading up to the first day of school are filled with anticipation for these high school seniors. Beach residents (L to R) Molly O'Donovan, Morgan Schutzmann and Cate Hodges squeeze every precious minute out of summer break. Juggling work schedules, beach and family time keeps the girls on the move. They have their sights set on Monday, August 19 when they arrive at Gulf Breeze High School as seniors. During the three years leading up to this moment, they have observed the upper-classmen's traditions of wearing crowns, receiving preferential schedules, donning togas and preparing themselves for life on a college campus. Seniors rule the school, according to this trio of friends. For more on how these rulers measure up, turn to page 2.

The School Bell Rings August 19

The first day of school can be very scary. That's how Beach resident Molly O'Donovan remembers the opening day of ninth grade at Gulf Breeze High School. The schedule quickly became routine and the seemingly long years of high school loomed ahead.

This year is different. The Class of 2014 eagerly anticipates August 19, which kicks off their senior year. With all the perks of being an upperclassman, O'Donovan will follow the traditions of her predecessors. They assume roles of leadership and royalty as seniors.

"There really aren't many seniors who live on the Beach," said Cate Hodges, who is a life-long beach resident. "There are a few challenges to living on the Beach, but it's always worth it to live here."

O'Donovan and Hodges graduated from Pensacola Beach Elementary School. Then the Beach kids attended Gulf Breeze schools during middle and high school. Other than traveling across the bridge and the threat of being displaced during hurricanes, Hodges and O'Donovan cannot think of any place they would rather live. Classmate Morgan Schutzmans, who moved to the Beach during her middle school years, agreed.

The high schoolers count themselves lucky to be able to walk from their front doors to the white sands of Pensacola Beach. They love the island and its lifestyle. It's not a life of leisure. During the summer, they worked on the island. Hodges has been employed at the Boardwalk Café for three years. Schutzmans is a cashier at Bonifay Watersports and O'Donovan has a regular babysitting gig for two beach families.

"I like to work, and I like to have my own money," said Schutzmans, who plans to be

a business major in college. "I have a savings account, a CD and a checking account."

They will soon trade their employment for the work ahead in the classroom. Although they are dual enrolled in college and high school courses, they will make time for extracurricular activities especially this final year of taking dance class together.

"I am very excited about our senior year," said Hodges. "But it is bittersweet. Our last year of dance. Our last year of high school."

The three already have definite plans for college. Both O'Donovan and Hodges would like to become nurses. O'Donovan is following a family tradition, since her aunt and grandmother were both nurses. Schutzmans is applying to Florida State University, in fact, they all are considering attending the same college.

Until that time they will rule the high school. The trio agreed that their Latin teacher Pierce Taylor is among their favorites. He made a difficult foreign language class fun with a down-to-earth style. Overall they give high marks to Gulf Breeze High and the teachers.

"They really work hard to prepare us for the future," said O'Donovan. "My math teacher never let up, but when I took my ACT, I realized how much I learned."

Although the seniors feel they rule the school, they were quick to point out that they do not have any power over policies. If they did, they would change a few things. Dress codes, telephone prohibition and vending machine food selection were high on their lists.

"The dress code should be amended," said O'Donovan. "People should not be allowed to dress inappropriately, but the code is too restrictive."

"How could it hurt to put some healthy snacks in the machines? Maybe some fresh fruit," Schutzmans chimed in.

What they would not change is the camaraderie and school spirit. They view their position in the ruling class as one of example setting and leadership.

"As a freshman, everyone was nice to me," O'Donovan added. "So that's how I intend to be."

Gulf Breeze High School seniors will report today, August 6, 8-11 a.m. for orientation and to receive their lockers and schedules. Juniors are set for the same time, August 7. Tenth graders report on August 8 and freshmen, August 9, 8 to 11 a.m.

The school's website is www.santarosa.k12.fl.us/gbm

Gulf Breeze Middle School
Jennifer Neal, who teaches kindergarten at the Beach School, said the first students she taught at the Beach School are now entering eighth grade.

"Where does time go?" she asked.

Gulf Breeze Middle School will hold its Orientation Friday, August 16. Eighth graders are to arrive between 8-9 a.m. Seventh graders, 9-10:30 a.m. and sixth

graders from noon to 2 p.m.

During Orientation students may pick up schedules, find classrooms, meet the teachers, and learn bus schedules. Parents may join the PTO, order year-books, and buy PE uniforms.

School starts on Monday, August 19. School hours are 7:30 a.m. until 1:30 p.m. The school's website is www.santarosa.k12.fl.us/gbm

Pensacola Beach Elementary
Parent Orientation will be Friday, August 16. Parents of second graders and younger will begin at 10 a.m. and third, fourth and fifth grade at 11 a.m. Parents can meet teachers and drop off supplies. The supply list for each grade is online at www.pbcs.org.

Parents and Beach residents should look for Mr. Mike the School Crossing Guard, August 19, beginning at 7:30 a.m. Students will report for the first day of school and the speed limit slows to 20 miles per hour near the school. Classes begin at 8 a.m. and dismiss at 2 p.m.

Among the students will be 22 fresh faces in Jennifer Neal's kindergarten class. A veteran teacher, Neal knows how to calm first day jitters. She sends home a packet of "Ready Confetti" for

parents to sprinkle under their kindergartner's pillow on Sunday night.

"It is a little bit of school teacher magic," laughs Neal. "It is to help them go to sleep so they'll be rested for the first day."

New Sandpipers Caden Allen, Kayla Cote, Tiama Cerone, Julia Hills, Nick Jenkins, Anna Uzok and Lily Walker have big sisters or brothers to show them the ropes, according to Neal. These students will be seated in the same spot that was occupied by their sibling. It's all about family at the Beach School.

Returning students will be greeted by some upgrades to the classrooms and a new reading and math curriculum.

Third Grade Teacher Joy McLaurine is thrilled with the renovations.

"Third grade is like a new designer classroom," she said.

The Beach School, which receives funding through donations and from the state, continues to achieve "A" standards in State of Florida rankings.

The Beach School follows the Santa Rosa County school calendar. For information, go to www.pbcs.org.

Skimmer Couples Scrape To Set Up Nursery On Sand

By Mary Inabnit
Audubon bird steward

This summer when you walk along Pensacola Beach keep your eyes peeled for a glimpse of a soaring sleek black and white shorebird skimming the surface of the water to catch fish.

These graceful, distinctly patterned birds are known as Rynchops niger. The Black Skimmer sports an orange stripe on its black beak and a distinct under-bite mandible built for scooping up fish in the water. Skimmers form colonies and share their nesting ground with Least Terns and Plovers, and nest along the Gulf Coast May through August. Pensacola Beach is graced with the presence of these unique birds.

The Black Skimmer courting couple makes a scrape directly in the sand where the female lays 3 or more eggs. Incubation lasts from 21-23 days and is shared by both parents.

The parents feed the chicks by regurgitation or by dropping food on the ground. The chicks are able to feed off the ground because when they hatch their lower bill is the same length as the upper one. After about a month the lower beak becomes longer than the upper. The chicks fledge in about 24 days.

Help take care of our baby birds! Be considerate when approaching an area where shore-

will expend energy needed for feeding to keep danger away from the nest. Man made dangers can include flying kites, beach balls and dogs. Black Skimmers defend the nest by barking and posturing. Drive slowly and carefully along beach roads to avoid hitting birds learning to fly or chicks crossing the road.

Please tell others about our special shorebirds and encourage good bird stewardship so our shore will continue to be a shorebird breeding ground for years to come. (Check out the Pensacola Beach EcoTrail, which also tells about our feathered friends. www.visitpensacola-beach.com) The Black Skimmer is protected by the Florida Fish and Wildlife Conservation Commission.

If you would like to become a bird steward to help protect shorebirds please contact Bonnie Samuelsen at bsamuelsen@audubon.org or call 941-951-7704.



Black Skimmers nesting. Photo by Mary Inabnit

ISLAND TIMES

Published every other Tuesday
SHELLEY W. JOHNSON, PUBLISHER
Post Office Box 844
Gulf Breeze, FL 32562

850-748-6878 phone
islandtimes@bellsouth.net
www.MyIslandTimes.com

No portion of this publication may be reproduced without the consent of the publisher.

Forever...Barefoot on the Beach

As a tribute to Jane Waters who passed away January 10, 2012 Island Times will continue to run some of Jane's favorite columns for your enjoyment

The Islander Newspaper - August 2, 1985

Bicycle paths on Pensacola Beach used to fall in step with the weather. Everybody talked about them, but nobody did anything about them. This Spring, the bicycle people went vocal, and have caught the attention of bike riders throughout the general Pensacola Beach, Gulf Breeze and Pensacola areas. They have also focused their efforts in the direction of the Santa Rosa Island Authority, and some progress has been made toward improvements of the present sidewalks.

Requests for bicycle paths

go back several years ago. Each time requests were presented to the SRIA, the answer was always the same. While the Authority agreed that bike paths were necessary, there were no funds to cover the construction. At this moment, the SRIA is seeking a way to fund the almost \$17,000 it will take to construct new sidewalks from Avenida 15 to 18.

In 1983, McGuire Martin was elected to the SRIA by the residents of Pensacola Beach, after an act of the Florida Legislature provided for this election to the heretofore fully appointed governing body. McGuire immediately went to bat for his

constituents, and some excellent asphalt pathways for cyclists were constructed on the Eastern end of the Island along Via de Luna. At the same time, Panferio was designated a bike path with appropriate signs installed. And that was the end of that.

Subsequently, bike paths garnered significant backing as the major beach organizations, the Leaseholders and Residents Association, the Pensacola Beach Business Association and the Pensacola Beach Developers Association, all sent resolutions to the SRIA in support of constructing bike paths.

This is all well and good, but the bicycle activists have

asked for bike paths along Via de Luna and Ft. Pickens Road. They have also asked for provisions of some safe way to cross the street. Nini Baird Thorn, one of the originators of the awareness group who secured 1,300 signatures on a bike path petition, says the pathway along the two main streets is the goal of the group. Anything short of this construction, in their opinion, is not enough.

Talking, demonstrating, meeting with SRIA committees has certainly brought the bike path issue into the spotlight. Now, the latest event to bring impact on the actual construction of the pathways is the establishment of the Michael Keenan Memorial Fund. Mike, a beloved beach resident who lost his life in Africa this July, used to spend his leisure time biking around the Island with

his friends. Jackie Henderson said this week that response to the Fund has been overwhelming, and the money will be dedicated to the construction of bicycle paths. Jackie said Mike's friends both locally and overseas, have contributed to the fund to provide the construction of the pathways, according to Jackie. They will not be absorbed into any other governmental funds.

So, for the first time, since the original requests for bicycle paths, there is a real possibility for the construction of the paths. Let's hope the SRIA will not wait until the widening of the roads is under way to begin bike path construction... Let's hope they hear the voice of the people who desperately plea for recreational improvements on the Island... in this case, the cyclists say "We need bike paths now."

Convention To Delight Fans

Pensacola Paracon promises two days of unprecedented access to all things FAN-tastic, Saturday and Sunday, August 17-18. Most of the convention events are hosted at the Pensacola Interstate Fairgrounds on Mobile Highway from 10 a.m. until 6 p.m. each day. Admission is \$10. Children 12 and under are free.

Promoters say there is something for everyone. The Convention is for fans of science fiction, horror, fantasy, gaming, anime, costuming, film making and Indie films. Those who are interested in the fine and performing arts, comics, paranormal, Renaissance, cosplay, steampunk, literature, crafts, collecting and model construction should attend.

In addition to vendors, the Convention will offer celebrity meet and greets, discussion panels, workshops, screenings, demonstrations, events and competitions.

The Zombies, Geeks and Freaks Masquerade Ball will be at Seville Quarter, Saturday, August 17 beginning at 8 p.m. Look for AMC Walking Dead actors, Ari Lehman who played Jason on Friday the Thirteenth, and Scott Tepperman of Syfy Channel's Ghost Hunters Inter-

national. There will be costume contests, door prizes, music and a cash bar. Tickets are \$10 at the door. Students tickets are \$5 with ID.

Attend investigations at the Pensacola Victorian Inn and Gray House, Saturday, August 17 at 7 p.m.

A portion of the proceeds will benefit the Making Strides with Breast Cancer. For a full line up of guests, scheduling and ticket information, go to www.pensacolaparacon.com.

THINGS TO KNOW...

- To report tar balls, oil spills and other toxic releases: 800-424-8802
- Santa Rosa Island Authority 850-932-2257, www.sria-fla.com
- Pensacola Beach Visitor's Center 850-932-1500
www.pensacolabeachchamber.com, www.visitpensacolabeach.com
- Sea Turtle nesting or sighting on beach, 850-934-4050
- Trolley Tracker 850-602-9384
www.visitpensacolabeach.com/trolleytracker
- Emergencies 9-1-1

Santa Rosa Island Authority Public Workshop Notice

FEMA Mitigation Grant Program
WED, AUG 7 • 6 PM

SRIA Office
#1 Via de Luna

If you have received notification from FEMA that your home is on the Severe Repetitive Loss list, this meeting is for you.

FULL SERVICE HAIR SALON

we offer Bare Escentuals

Studio 98 HAIR DESIGNS

studio98hairdesigns.com
939-8800
Call for easy directions from the beach

BINGO

www.thebeachchurch.com

Raw Oysters
Fresh Gulf Seafood
Lunch Specials Mon-Fri 11-2
Dinner Specials Nightly



Our latitude will change your attitude

- Waterfront Dining
- Oyster Bar
- Live Music
- Gift Shop
- Kids Playground
- Specials
- Tues: Half Price Bottles of Wine
- Wed: Raw Oyster Specials
- Thurs: Baked Oyster Specials

1010 Ft. Pickens Road • Pensacola Beach
932-4139 • www.peglegpetes.com

Sidelines SPORTS BAR & RESTAURANT

OPEN EVERYDAY at 11 AM

Wings • Burgers • Seafood • Ribs

CATCH IT ALL!

Sports in Hi Def
40 TVs
8 Big Screens

WINGS
49¢
Every Thursday

Monday - Cajun Nite
Tuesday - Surf and Turf
Wed - Mexican Madness
#2 Via de Luna
Pensacola Beach
934-3660



www.sidelinessportsbarandrestaurant.com

PEOPLE

Trivia

COOL CASH

The Krewe of Bananimals Secretary Stacey Wright says a cool \$846.03 will be donated to the Santa Rosa Kids House. The Bananimals sold ice cold, bottled water at the Pensacola Beach Air Show and delivered the proceeds to the Kids House. Another shining example of the impact Pensacola Beach Mardi Gras has on the community.

GOOD SAVE

Saltwater Rick and wife Janie Uzdevenes happened to be in the right place at the right time, July 17. A 76-year-old tourist got in over his head while in the Gulf and Rick was quick to the rescue. He assisted in getting the gentleman back to shallow water and onto the beach, where the grateful family took over. After making

sure all was well, Rick and Janie went back to snorkeling. Just another day in paradise for them.

BEAR RUNNING

One of the Beach's runners, Glenn Windham has a new training regime. While jogging along a trail at Naval Live Oaks in Gulf Breeze he came face-to-snout with a black bear. Glenn ran one way and the bear ran the other. He said he was not scared but it did put a little extra pep in his step.

ONSHORE, BUT BUSY

Offshore Chuck Brower has retired, again. He did that once before and went back to work. So, he will now be known as Onshore Chuck. Try to keep up with him. His retirement plans included celebrating his sixty-eighth birthday, riding his SeaDoo, his scooter and his golf cart. He'll be hanging out

some days at Casino Beach, if you want to congratulate him.

R AND R

Captain Crissi Geier Kolomaznik has earned a little vacation. Mom Shelly reports that she will get to spend some time with her husband Dale in Philippines. The newlyweds have been station apart for the past 8 months. Little sister Erika Geier is taking the corporate world by storm in Orlando. She is a new homeowner and is the Chief Operating Officer for a World of Beer franchise. Both girls were raised on Pensacola Beach.

NEWBIE

Joshua Carré left magazine publishing and the land locked state of Tennessee to become an islander. After vacationing on Pensacola Beach, he decided that he needed to live here, so he's opened Wave Creative, a graphic design firm. Welcome to the Beach.

CAMP FUN

The Beach Church concluded its Vacation Bible School July 26, and reports are that the leaders had as much fun as the kids. Adult leaders were Kay Aldefer, Robby Greene, Debbie Campanella, Randy McKenzie, Kelly Kessler, Monika Cosson and Steve Speirs.

The Trivia Master harkened you back to the days of a groovier beach when characters frequented watering holes, holding court in flip flops and cut-offs. Steve Headley and Chuck Steele remember those days, barely. And, answered last week's question within seconds of each other. In the spirit of peace, love and free t-shirts, the TM is declaring a tie. Both knew Fred Bates was Pensacola Beach's original hippie and is memorialized with a granite marker at the Pensacola Beach RV Park. Both knew the masterful Fred. Neither wanted to tell any stories about him that could appear in print.

Easy question according to Knights of the Trivia Roundtable. Lady Kim and Big Bob Dority, Sir Offshore were scoffing at the elementary nature of the query.

Beach family like Alice Aman Ramsey, Diane Tyson and Queen Shugah Jayne Drees Redmond rang in on Fred.

Jersey Girl Gwen Foster had to go on a massive search to find the Hippie, but cheered when she got there. "It's pretty hot to hunt

for hippies," she said.

Sir Morrie Drees sent the history of the marker. "Jim Reeves had the monument built and I wrote the inscription. It was originally placed by the pool at The Barbary Coast motel and was moved when the motel was razed. I misspelled the word hippy."

The World's Best Lifeguard Dave Greenwood submitted this photo of the marker. Please gnote the gnome gnext to the marker. Do you gnow who the Gnominator is?



The Queen of Wrong Answers Joanne Brooks, who lives in the Kingdom of Incorrect has a soft spot for not right, so she has declared August 13 a day of national importance. August 13 is Left Handers Day, celebrating the south paw, lefties and the like. From Ben Franklin to Prince William, the left handed are found in almost every profession.

What percentage of the world's population is left-handed?

If you know, send your answer with Trivia in the subject line to islandtimes@bellsouth.net. Include your name and phone number with your answer. Coincidentally, deadline is August 13.

Memorial Day through Labor Day 4 pm to Midnight daily

Come as you are Bike, boat or car Go where the locals go Dance in the sand Eat by the Sound

21 Via de Luna Pensacola Beach 850-916-5087 paradisebar-grill.com

MUSIC Full Service Open Air Bar

- Aug 6 Josh Garrett, 6 PM
- Aug 8 Ben Prestage, 6 PM
- Aug 9 Ben Prestage, 6 PM
- Aug 10 Bart Walker Band, 6 PM
- Aug 11 Erma Grant&Shades w/Chase Street Horns, 3 PM
- Aug 12 John Hart Band, 6 PM
- Aug 13 Dew & Your Friends, 6 PM
- Aug 16 Curt Bol Band, 6 PM
- Aug 17 The Sun Dogs, 6 PM
- Aug 18 Tanglers Bluegrass Band, 3 PM
- Aug 20 Wade Baker Trio, 6 PM
- Aug 21 Wade Baker Trio, 6 PM

BAR Top 3 Florida Beach Bars Full Service Open Air

FOOD Try a Fred Burger or Renee's Famous Shrimp Salad

FUN Texas Hold 'Em Poker Games Bring your boat to our dock Rent a paddleboard or a bike

Sept 14-15 Visit us at Taste of the Beach and vote for Renee's Shrimp Salad as Best Dish ~ Casino Beach, 11-4 Sat & Sun

INN Play & Stay Rates Reservations 850-932-2319

Paradise bar-grill

Take a Free ride on the Beach Trolley!

Hop on at any of the numerous stops that serve beaches, restaurants, shops, hotels, condos, residential areas and outlying parking lots. Trolley runs from Portofino to Ft. Pickens in a continuous loop.

Check trolley arrivals by texting 41411 to SRIA__ (trolley stop #), on the web at www.visitpensacolabeach.com/trolleytracker, scanning the QR code at each stop or by phone, 850-602-9384.

Pick up a detailed map at the beach Visitor's Center.

Leave your car and your cares behind... see you on board!

Provided by the Santa Rosa Island Authority as a service to our visitors, businesses and residents.

Funds Flow For Roads, RESTORE Projects Line Up

Island avenues and pocked parking lots may get repaired if they make the list being prioritized for the Santa Rosa Island Authority Board to review next month. The SRIA Architectural and Environmental Committee paved the way for the roadwork by approving a \$500,000 allocation at their July 24 meeting. The previous board action allocating \$366,211 to this work was approved March 20, but further review was requested.

Paolo Ghio, SRIA Director of Developmental Services, reported that some roads would be thick enough for milling and resurfacing, but others are too thin.

"The process will change the pricing," he said. "Staff can bring a combined list of road and parking lots. We can look for the worst of each."

Ghio recommends that work commence no sooner than November.

The committee also extended the contract for a grant writer who prepares the mitigation funding application to submit to FEMA. The grants are offered to assist Beach leaseholders who live in homes which qualify as severe repetitive losses.

Ghio, who heads this program at the SRIA, will host a workshop for leaseholders, August 7. There are 90 properties on the island which are categorized as Severe Repetitive Loss structures. Lease-

holders will be notified if their property is on the list. During the previous grant cycle, twenty applied and fifteen qualified to be considered for assistance in mitigating the threat of storm damage to their homes.

"Homes can be elevated or demolished and rebuilt," said Ghio. "Those who choose to participate are making a good decision to mitigate future damage, and assist with lowering flood insurance ratings for the entire island."

The Administrative Committee received a positive report from Finance Director Dottie Ford who announced that the lease fee collections for May 2013 eclipsed the previous year by 5.1 percent. Revenues totaled \$645,437 for May. The year to date total is \$4,099,407 which is three percent ahead of the previous year's collections. Expenditures are less than budgeted.

The Committee approved seven additional projects be added for RESTORE funding consideration. If approved by the Full Board, a letter addressed to the Beach's commissioner Grover Robinson will be amended to include the following:

- Gulfside Beach Nourishment/Dune Walkover modifications, \$20 million
- Gulfside Pavilion Improvements/seating, staging, \$1 million
- Turtle Friendly Lighting/Pe-

destrian Safety Lighting, Core Area at Casino Beach, rights of way, residential and commercial leaseholder conversion reimbursements, \$2.6 million

- Pedestrian Boardwalks/North and South sides of Santa Rosa Island, \$3.2 million
- Stabilization of shoulder of SR 399 for parking, \$1 million
- Park West Parking Lot lights, \$1 million
- Storm Water Drainage Update, \$2.5 million
- Casino Beach Parking Lot lights, \$1.5 million
- Re-Nourish Gulfside Beach, entire 8 miles, \$20 million
- Sabine Bay access widen/deepen, \$2 million
- Road and Parking Lot Resurfacing, \$9 million

Committee Member Dave Pavlock said his constituents continued to ask about a possible parking garage. Committee Members Ed Guernsey and Dr. Thomas Campanella's discussion did not favor the idea, so it was withdrawn.

The Full Board will consider the list at their August 14 meeting.

Speakers are getting new rules. Currently, the SRIA board has no formal policy regarding citizens who wish to speak at their meetings. SRIA Board Chairman Thomas Campanella confines speakers to three minutes and they must have filled out a speaker's form prior to the beginning of the

meeting. Board Attorney Mike Stebbins presented the Administrative Committee with a draft policy for citizens who wish to address the Board. After review and comments from Pensacola Beach resident Terry Preston, who took issue with the prohibition of submitting a speaker's form during the course of the meeting, the Committee asked Stebbins to amend the policy. Preston suggested that there be an online option for filling in the form, as well.

Guernsey and Pavlock supported the need for the public to react to discussion as it unfolds.

"I agree that we need to allow the public some spontaneity," said Pavlock. "We are here to represent the electorate. They need a chance to speak."

The amended policy will be presented to the full board.

SRIA Executive Director Buck Lee requested that the Com-

mittee approve an increase in the Pensacola Beach Dog Park hours of operation. Escambia County Commissioners were favorable to allowing the parks to remain open from sunrise to sunset. The SRIA Committee agreed to the hours, noting that the from May through October, the opening is set for 7 a.m. to allow sea turtle nest patrolers to complete their work.

"The parks, which have been open six months, have been a good thing," said Lee. "I periodically check on them. They are not super busy but everyone seems to be friendly."

Lee along with SRIA Public Safety Director Bob West are authorized to close the parks if the conditions are unsafe or rules are not being followed.

The SRIA Full Board will meet Wednesday, August 14 at 5 p.m. at #1 Via de Luna. The meetings are open to the public.

FREE SUMMER CONCERT SERIES
TUESDAYS 7-9 PM | GULFSIDE PAVILION

Bands ON THE Beach

Robert Wayne
August 13

Country



Not Quite Fab

August 20

Beatles Tribute Band



For updates, call SRIA at (850) 932-2257, visit www.VisitPensacolaBeach.com or tune to Cat Country 98.7 Please, no glass containers or pets.

ALWAYS A WEEK OF WONDERFUL at The Grand Marlin!

400 Pensacola Beach Blvd | Open Daily at 11 | Sunday Brunch 10-2

Sun.-Thurs. Dining Room Specials

Sunday | Prime Rib Dinner \$19.95
Slow roasted prime rib, seasonal veggies, whipped potatoes

Monday | Oysters & Ale
50¢ oysters on the half shell and \$2.50 draft beer

Tuesday | Surf n Turf \$19.95
Grilled filet mignon & fresh lump crab cake

Wednesday | Wine & Dine
50% off a bottle of wine with purchase of two entrees

Thursday | Three for Thursday \$24.95
Chef Gregg's three course dinner

Reservations may be made online at thegrandmarlin.com or please call 850.677.9153



peas, porridge and a dry martini

by Kathi Lewis

Last weekend would have been the Mystic Krewe of Nereids Splash Party, but as you recall my dear finned sisters have decided to postpone it to a later date. We are too busy with mermaid travel this summer, but we did do a little reminiscing...

If you attended last for year's SPLASH Party, then you saw that not only were the cash registers covered in plastic, but so were most employees. When I say the cash registers were covered, I don't mean just in the plastic "overcoat" of the previous year, they had added a huge sheet of plastic Visqueen for the Bartenders to basically duck under so they could operate the registers. Now that's ingenious!

Our la petit Sister of the Beach Therese Overlade was wearing a clear plastic rain poncho. Bartender Dawn had chosen swim wear. Good party!

As I think about it, it's not only the Nereids who heed the Call of the Sea. Most islanders are water-lovers. And, think of the Mardi Gras krewes who are lured by liquid, and lots of it!

Congratulations to the Management and staff of Paradise Bar and Grill and the Sandshaker for making Florida's Top Ten Best Beach Bars. It's definitely an honor for our small Island to have such fun places right here where we live. Of course, it is paradise.....

I finally had a chance to visit the brand new Cajun Stitchery Shop owned by Krewe of Nereids Queen Peggy and former King George Henshall. Queen Peggy has offered to host Mental Health Night several times since renovating the shop. Since it's located in town across two bridges, we were always hesitant. Y'all know we definitely need a designated driver if we leave the island. Since our usual driver Elaine Mitchell was out of town, Nancy Kittel stepped up and did a great job of getting us there and back safely. And it was raining when we left. I know - big surprise there, huh?

If you get the chance, stop by. It is a beautiful house built in the 1930s and has the most magnificent original hardwood floors. George has done an excellent job of restoration and creating built-ins that were original in a lot of homes constructed during that era. Queen Peggy

and George have huge talents, creativity and artistry. It shows in everything they touch.

Of course, they also had the arduous and very emotional task of going through Peggy's Mother's (aka Queen Madam Lena) precious boxes containing the history of her life. Queen Madam passed away.

I won't spoil the surprises in the house; you need to discover those on your own. But it is most definitely worth a trip across two bridges even if you need a designated driver. And if you look at their stitchery work, you'll most certainly leave with an extraordinary embroidery order.

I have to go, 'cause I need to get my stuff ready for the trip to MerPalooza in Tampa. Christine Hewerdine, my daughter Mel Rowe and I will be leaving in just a couple more days. We are on count-down and are all very excited.

How fun would it would be to host MerPalooza on our own Island? It already has a huge following, which includes the famous MerTailor Eric Ducharmes. He makes the most realistic and beautiful silicone tails created for actual swimming mermaids. He has also created some unbelievably exquisite seashell tops and quite a few famous performing Mermaids are wearing his creations. He was recently featured on TV's reality show "My Amazing Obsession." Of course, everyone knows that Pensacola Beach Mermaids are not swimming mermaids. We are the "Dancing Mermaids" which is just another small part of our amazing reality.

It's never too early to think about your costume for the September 15 Taste of the Beach-Mermaid Parade at the Casino Beach. It starts right around noon and is open to everyone. Little mermaid tail charms will be given to the first 100 mermaids or mermen.



It's way too hot for any

serious cooking in August so our recipe this week just takes a little baking in the oven. Once cooled enough, I refrigerate it until it's nice and cold. Inexpensive, one of my favorites and is perfect on a hot summer day. It also contains coconut which is beneficial to our health. That's always a bonus. So let's cook.....

Coconut Custard Pie

- 1/2 Cup Bisquick
- 3/4 Cup Sugar
- 4 Eggs, well beaten
- 2 Cups Milk
- 1 Cup Coconut, flaked (or shredded, if fresh)
- 2 Tsp. Vanilla
- 1 Tbsp. Butter, softened
- 1 Pie Crust

Place pie crust in pie pan, trimming edges to fit. Prick bottom of crust very lightly and bake at 350 degrees until lightly browned. (This prevents soggy bottomed crusts.) Combine the rest of the ingredients until well blended. Pour over baked crust. Bake at 400 degrees for 25 - 30 minutes until pie is set. Check with butter knife in center of pie. If knife comes out clean, pie is set. Do not overcook. Serve warm or cold, add whipped cream and fruit topping, if desired.

Enjoy, share and remember to thank a Veteran!

See ya in the kitchen.....



GRANDMA'S
Cool & Zesty
DRESSING

Perfected in 1957
by
Grandma Dorothy

Available at
Apple Market
and Joe Patti's.



Try Grandma's favorite
Broccoli Salad recipe
www.Cool-Zesty.com/recipes.html

Island Times Blog

"where shelly waters meet sandy beaches"

www.myislandtimes.com



Move In Specials

850-932-2323

Climate Controlled Self Storage
Drive Up Access
Boat Parking
Moving & Packing Supplies

smartstopselfstorage.com

SmartStop
Self Storage

The Smarter Way to Store!

15 McClure Drive
Gulf Breeze
formerly Storage Advantage

24/7 Digital Surveillance
Safe, Clean & Secure
Great Rates
Professional Management



850-261-2462

Cajun stitchery & fine embroidery

names, logos, custom art
small or large quantities

Owner Peggy Henshall
is ready to keep
you in stitches!

www.CajunStitchery.com
CajunStitchery@yahoo.com



Award winning service...
Linda Taylor Murphy

850-748-0865

Women's Council of Realtors
2012 REALTOR of the Year

KELLER
WILLIAMS
REALTY

independently owned and operated

LindaMurphyRealtor@bellsouth.net
www.pensacolagulfbreezehomes.com

Maria's Fresh Seafood Market

Take a little bit of the Gulf Coast home!
Fresh from the boats daily
We can cold pack for travel or ship anywhere.

- RED SNAPPER AND TRIGGERFISH
- GROUPER AND FLOUNDER
- OYSTERS AND SHRIMP
- MUCH MORE!

621 Cervantes Street
Pensacola • 432-4999
Call for directions from the Beach

MON - SAT 8 AM - 7 PM
SUNDAY 8 AM - 6 PM



native cafe

Serving Breakfast and Lunch
7:30 am to 3 pm

Try our
fish tacos!



45 A Via de Luna • 934-4848



Teenagers Tackle Park Service Conservation Chores

Landing a summer gig with Gulf Islands National Seashore is more than just an eight-week job. Candidates are selected to join the Youth Conservation Corps, which is a initiative offered in 25 national parks. The Youth Conservation Corps gives applicants, aged 15-18, an opportunity immerse themselves in their national park and learn valuable work skills. The Youth Conservation Corps has been offered at Gulf Islands National Seashore for 13 years according to Program Manager R.W. Jenkins.

The eight week program ends on August 9, but the teenagers who participated locally say this job was so much more than just a way to earn a few dollars during the summer. They gained a greater understanding of the historic, environmental and cultural importance of the Gulf Islands National Seashore. The work day begins at 7 a.m. and projects include vegetation removal, boardwalk and walkover maintenance, general clean up. The students are paid minimum wage.

Ranger Steve Luppert, who was overseeing the group's activities July 23, said, "This is a great group of kids. They work hard and get along well. They are learning skill sets that transfer to any job. Punctuality, following a plan, reliability."

They filled sand bags and shoveled sand away from dune walkovers at Johnson Beach. The Corps worked at Opal Beach and Fort Pickens taking care of maintenance projects. In addition to the daunting tasks assigned to the group, there were paddleboarding outings, swim and water safety presentations, ecological and environmental programs, tours of Fort Barrancas and Advance Redoubt.

"Some of the assignments were easier than others. We helped with the Junior Ranger's kids program," said Savannah Wright, who will be a senior at Pine Forest High School in the fall. "We will volunteer in the Fort's Visitors Center."

The work was interesting and challenging according to Conner Perrin, who will be dual enrolled at Pine Forest and Pensacola State College. No task was too hard, since they worked as a team including clearing the Fort Pickens parade ground embankment of an invasive, tangled and thorny overgrowth on a muggy, ninety degree day.

After the program ends,

some will return to high school classes but two young men will head off to college. Brock Jones will attend Selma University on a baseball scholarship. He is pursuing a degree in psychology. Andrew McCoy heads to Florida Atlantic University in Boca Raton, continuing his Air Force ROTC path to a nursing degree.

Each student had a clear understanding of what the program offered and the benefits of the Youth Conservation Corps.

Students may seek an application at their school's guidance office or find the form online at <http://www.nps.gov/guis/park-mgmt/upload/YCC%20Application.pdf>.



Members of the Youth Conservation Corps who worked with Ranger Steve Luppert, right, this summer are (L to R): Faye Kaibigan, PHS, Antonio Thomas, Navarre, Andrew McCoy, Florida Atlantic University, Conner Perrin, Pine Forest, Demarus Thompson, PHS, Savannah Wright, Pine Forest, Aliayah Webb, UWF, Courtney Swain, Navarre, and Brock Jones, Selma University.

Beach News To Go
www.myislandtimes.com ... new mobile version



Jennifer Byrom, P.A.
Attorney At Law
*Wills, Estates and Probate • Marital and Family Law
Child Custody • Juvenile Law
Civil Litigation • Guardianship Law*

916-9000
Toll Free: 877-889-8822
5177 Elmira Street
Milton
Facing the Courthouse

www.ByromLaw.com

"The hiring of a lawyer is an important decision that should not be based solely upon advertisements. Before you decide, ask us to send you free written information about our qualifications and experience."

Weatherford's

Four Season Apparel

Hiking & Backpacking
Snow Ski Apparel
Rock Climbing Gear, Ropes & Shoes
Indoor Rock Climbing Wall

www.weatherfords.net

3009 East Cervantes • 433-2822

Men's and Women's Casual & Outdoor Clothing



patagonia

King Crossword

ACROSS

- 1 Airport schedule data (Abbr.)
- 5 Mop the deck
- 9 Kimono closer
- 12 Anger
- 13 Sit for a photo
- 14 Pal of Wynken and Blynken
- 15 Ancient Mariner's burden
- 17 Right angle
- 18 Theatrical
- 19 American emblem
- 21 Performing
- 22 Mythical lecher
- 24 Geek
- 27 — capita
- 28 Billions of years
- 31 Away from WSW
- 32 Raw rock
- 33 Potential syrup
- 34 Probability
- 36 Eggs
- 37 Wan
- 38 Hidden supply
- 40 — usual
- 41 One of The Donald's exes
- 43 Snare
- 47 Venusian

1	2	3	4	5	6	7	8	9	10	11	
12				13				14			
15				16				17			
18							19	20			
			21			22	23				
24	25	26			27			28	29	30	
31					32				33		
34			35		36			37			
		38		39				40			
41	42					43			44	45	46
47				48	49	50					
51					52				53		
54					55				56		

- 5 Nimble
- 6 Court
- 7 Fool
- 8 Surround
- 9 144 units
- 10 Weevil's morsel
- 11 Not busy
- 16 Coffee break hour
- 20 Favorable vote
- 22 Wait on
- 23 Vicinity
- 24 Ultramoder-nist
- 25 Conclusion
- 26 Relief provider
- 27 Milne bruin
- 29 "Unh-unh" Agent
- 35 Actor Mineo
- 37 Star-related
- 39 Larry the — Guy
- 40 Whatever number
- 41 "— the word"
- 42 Roundish hairstyle
- 43 Old U.S. gas brand
- 44 Libertine
- 45 Requests
- 46 "Hey, you!"
- 49 Conger, for one
- 50 Quarterback Tebow

DOWN

- 1 Historic periods
- 2 Pinball no-no
- 3 Actress Jessica
- 4 Neptune or Poseidon
- 5 Nimble
- 6 Court
- 7 Fool
- 8 Surround
- 9 144 units
- 10 Weevil's morsel
- 11 Not busy
- 16 Coffee break hour
- 20 Favorable vote
- 22 Wait on
- 23 Vicinity
- 24 Ultramoder-nist
- 25 Conclusion
- 26 Relief provider
- 27 Milne bruin
- 29 "Unh-unh" Agent

Sunday Services

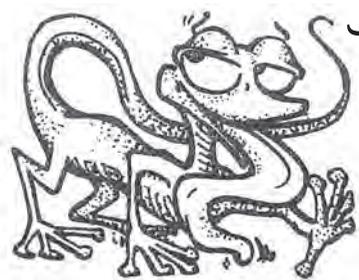
- Worship by the Water, 9 AM
Flounder's Beach
www.gbumc.org
- Our Lady Catholic Church, 9:45 AM
Avenida 18 /Via De Luna
www.stannungulfbreeze.org
- Pensacola Beach Church, 10 AM
Avenida 18 /Via de Luna
thebeachchurch.com
- Central Waterside Church, 9 AM
Bimini Beach Bar



Computer Repair in Your Home

www.ycpals.com 850-206-3156
joe@ycpals.com Joe Stukey

<p>Shipping Services</p> <p>Fax Services</p> <p>Printing Services</p> <p>Notary Services</p> <p>Moving Supplies & Packaging Materials</p>	<p>Packing Services</p> <p>Copy Services</p> <p>Document Finishing</p> <p>Mailbox Services</p> <p>Office Supplies</p>
<p>Gulf Breeze Shopping Center 362 Gulf Breeze Parkway Gulf Breeze, FL 32561</p>	<p>850.932.8533 Tel 850.932.1588 Fax</p>
Copyright © 2011 Mail Boxes Etc., Inc. B9MF683769 09.11	
<p style="font-size: large;">The UPS Store</p> 	



The Lizard's Tongue by elizabeth hewson

I am not hardwired to sit still. So for the past month, I've been scooting about my life via crutches, a wheelchair, the Beach trolley, pedicabs and a personal driver, better known as my husband, the Colonel. This frustrating, but eye opening lifestyle change began with a simple run while pushing a jog stroller with my grand nephew in it. While we attempted to pass some casual walkers along the bike path, I stepped down awkwardly and broke a bone in my right foot. For me this has really been nothing but an inconvenience and a really good excuse to participate in indoor summer activities normally reserved for rainy days. It has also given me the opportunity to experience, though on a limited scale, the obstacles someone who is physically disabled faces on a daily basis. And I can't stress enough on a limited scale.

Since I have not been able to drive, the Colonel has had to chauffeur me everywhere; as well as drive the Kid to all of his activities. The latter being a full-time job in and of itself. When he was an active duty Marine helicopter pilot, stories would get back to me how he always took very good care of his crew. I can now relate. Driving someone around who is on crutches or in a wheelchair is not that simple. There is the opening of doors, assisting the passenger in and out of the car, securing the equipment, and the multiple trips

back into the house for forgotten items. Oh wait, delete that last item. It might only be relevant to me. It also didn't take long to realize that a lot of public places are handicap accessible, but they are not necessarily handicap usable. Without the help of family, friends and even total strangers, there would have been so many doors still closed and top shelf items left unpurchased.

I've always heard that when one sense is diminished, the others are heightened. Whether this is true or not, I personally don't have the definitive answer. But based on this anecdotal hypothesis, I could classify my broken foot as a lessened sense of touch; therefore my sense of sight (observation) greatedened. I was truly excited to find that the Beach trolleys and their drivers are handicap friendly. Once I discovered that each trolley is equipped with an electronic platform that is lowered and raised so wheelchairs can get on and off with ease, I could now travel to downtown Pensacola Beach as long as I could wheel myself to the nearest stop.

My trolley driver was very professional in his actions and I could tell his number one priority was my safety. However, what was not in his control was the gawking and staring of the passengers at me which was uncomfortable and embarrassing. They were so captivated with the mechanism and wheelchair girl, that they lost awareness of what was truly important -- getting their feet, bags, and purses out of the pathway that I had to travel. I made this mental note in hopes that it will stay with me forever: Don't STARE at anybody like

they have a problem, but SHARE your assistance as part of the solution.

Finally, manners and kindness do make a difference. I know there have been too many times in my life when I've been

in a hurry or on a self-involved mission, that getting around someone not as quick as me was my only focus. Now that I've had to pull over onto the shoulder of the human interstate, I have appreciated everyone who has

slowed down to offer assistance. It's like being a member of AAA, but for humanity and without any annual fees. It's just being willing to ask something as simple as "Could I get this door for you?" Until next time...



Paradise General Manager Renee Mack, left, and owner Freddie Simmons, accept the FloridaBeachBar.com award from Contest Host John Sancin, right, July 21. Paradise was third and the Sandshaker was tenth in Florida's Top Beach Bar voting.



Celebrate Summer at Shaggy's!!!









FRESH SEAFOOD

COOL COCKTAILS

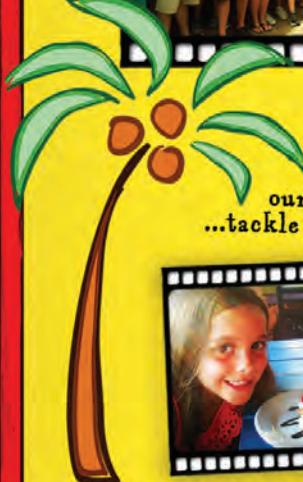
LIVE MUSIC

AWESOME SUNSETS



Shaggy's is gearing up for
GRIDIRON ACTION!

Watch your favorite college & NFL teams on Shaggy's 9 flatscreens... drink specials, contests & football menu featuring Shaggy's wings!



kids fish free in our backyard...tackle provided!



kids who clean their plates get a free cookie monster!

KIDS LOVE SHAGGY'S... and SHAGGY'S LOVES KIDS!



\$3.99 kids meals displayed on a fun chalkboard menu!

OPEN EVERY DAY AT 11 AM • 850.934.4852 • 701 PENSACOLA BEACH BLVD • WWW.SHAGGYS.BIZ

Beach's Holiday Inn Express Earns Top Ranking

Holiday Inn Express Pensacola Beach today announced that it has been named to the Expedia Insiders' Select™ list for 2013, an annual ranking of best-reviewed hotels as determined by the world's leading full-service online travel agency. The Insid-

ers' Select list recognizes the top-ranked hotels available in the Expedia global marketplace, as judged by more than 1 million annual guest reviews.

The exclusive 2013 list designates only 650 hotels as Insiders' Select hotels, from among

the more than 150,000 properties available on Expedia-branded sites worldwide.

"Our team is consistently focused on delivering value to our guests in the form of superior friendly service, ensuring our guests have an enjoyable

travel experience," said Beverly Hofer McCay, the hotel's General Manager. "We appreciate the value that a positive experience has on online travel reviews and the impact this has to our business. It is rewarding to see that commitment has been reflected

in our placement on the Expedia Insiders' Select list."

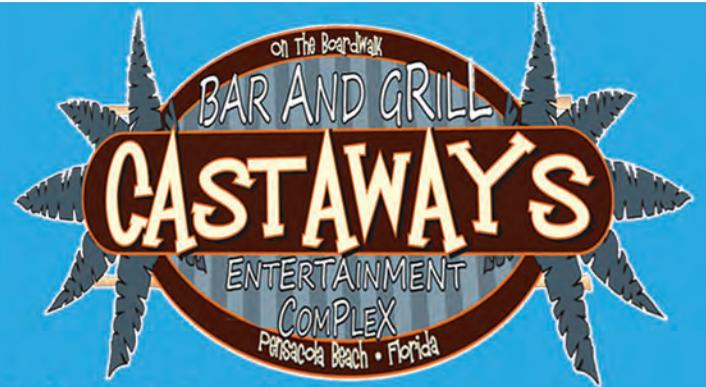
After an extensive renovation begun in 2005 the former Dunes Hotel reopened as an IHG Franchise Holiday Inn Express. The property has been managed by Beverly McCay since 1986.



Crossfit athletes develop strong muscles and even stronger friendships while working out at Acceleration Fitness in Gulf Breeze. They came together for an afternoon fun workout with family and friends July 27 on Pensacola Beach. Among those attending the beach event are Marina Dunn Bowman, Andrew and Gwen Tucker, Kamie Schurger Larson, Don Travo, David and Ally Bryant, Cat DeBord, Patricia Phaneuf, Andrea Hassall Sullivan, Noah Scott Bowman, Jerrell Sims, Courtney Davidson, Chris and Jennifer Coad, Ashley Ulm, Molly Daly, Christy Salter, Sallie Franz, Joseph Alvarado, Ben and Alisha Traywick, Jeanne-Marie Smith, Thomas Stead, Joy Anaston, Chris and Melissa Olson, James Picardi, Erin Brody Wright, Billy and Laura Waters, Elese Woollen, Mitchell and Karen Brantley, Jason Johnston, Kyndra Ring, John Leo Post Sr., Sandi Dauphin-Johnston, Vickie Wilson, Ryan Hale, JV and Nemo, Dawn Nezat and Emily Retherford. Look for these athletes at Brawl on the Beach, a crossfit contest, set for September 28-29 at Casino Beach.

Sandy Toes

Salty Kisses



Live Music
Spectacular Food
Nightly Drink Specials



SUMMER 2013

BYTES & BITS

By Joe Stukey, Your Computer Pal

Q: "How can I find good technical support on the Internet?"

A: That is a good question, because getting to a safe support site can be very difficult. Quite often, computer users will search for phone numbers on the Internet. The phone numbers that show up first in a Google search are mostly those that belong to scam artists. Their Internet listings are customized to match the name of the computer vendor that is being Googled.

This subject has been discussed before, but since this kind of crime happens so often, it needs to be covered again.

When one of those numbers is dialed, the scam artist confirms that you have reached the computer vendor (even though you have not) and then tells you that you need to let them connect to your computer through the Internet. Their objective is to show you that your computer is in terrible condition and at risk of crashing, so that they can offer to repair it. Their repair costs are usually in the \$200 to \$300 range.

I have one customer who attempted to dial Dell's customer support but got one of the scam artists when she

dialled the first number listed as "Dell Support". Her new computer had just been taken out of the packaging, but the "technician" said that it was full of viruses and was about to crash. The computer was under a 12-month no-charge warranty, but not knowing what to do, she let him connect to her computer. She was charged \$300 on her credit card. Afterwards, she found it to be almost impossible to get those charges removed from her card.

A sure sign that you are dealing with a scam artist is this --- They have your phone number, so if you have chosen not to pay what they asked, you may get another phone call from them, offering to do the work for less money. Sometimes they will call for several days.

Be safe... and only contact the computer equipment vendor by going directly to their website. Look in the "Contact Us" section to find phone numbers or email addresses. Some of the vendors will offer real-time chat sessions to help you resolve problems.

This article was provided by The Stukey Group. For questions, contact Joe at joe@ycpals.com or 850-206-3156.

Beach Festival Goes Big Time

Sixth Annual Taste of the Beach Set for September 14-15

Television star and celebrity chef Andrew Zimmern is coming to the Beach Chamber's Taste of the Beach, Saturday, September 14. The affable Zimmern will begin with a cooking demonstration at 1 p.m. followed by questions and answers. Fans can attend the meet and greet session from 2 to 3 p.m. Chef Zimmern will serve as a judge during the *Island Times* How Sweet IT Is Dessert Contest from 3 to 4 p.m.

There is no charge to attend. The festival is open from 11 a.m. to 4 p.m. The full schedule and details are available at www.tasteofpensacolabeach.com or by calling 850-932-1500.

Island Times Blog

www.myislandtimes.com

Easy Gulf & Sound Access

- LaBahia Condo Pensacola Beach. \$189,500 Excellent rental history. Move In Ready. Low condo fees. Protected Gulf access. Great views.



Check out all my listings at www.denrem.com

- Canalfont lot, Gulf Breeze. \$73,900
- Navarre 3/2. \$71,900
- Pensacola, 3/2. \$74,900
- Gulf Breeze lot, \$26,900



Call **Dennis Remesch**

850-384-7607
www.denrem.com
denrem@denrem.com



RE/MAX
on the Coast

Pensacola Interstate Fair Grounds
Conference Bldg 6655 Mobile Hwy
Pensacola, FL 32526

pensacolaevent@aol.com
(850) 941-4321
pensacolaparacon.com

A PARANORMAL HORROR SCI FI FILM SAT. AUG 17th ~ SUN. AUG 18th ANIME, GAMING, COSTUME, CONVENTION

Investigations of the
Pensacola Victorian Inn
& the Gray House

Celebrity Meet & Greets
Panels & Charity Auctions
Fan fiction & Costume Contest

A portion of the proceeds will
benefit Making Strides
Against Breast Cancer

Zombie, Geeks & Freaks
Masquerade Ball on
Sun Aug 18 from 8p-?

Admission \$10 adults
Children 12 & under free
Open 10:00am - 6:00pm

Dress like a zombie and
get \$2.00 off at the door
Join us today!

BUSINESS BUZZ.....

BRIDGE WORK

Commissioner Grover Robinson's office issued a message for those who travel the Bob Sikes Bridge. Maintenance work will take place between 6:30 a.m. and 2 p.m. in the southbound lanes headed to the Beach Monday, August 26, and on the northbound side Tuesday, August 27. Take note so your travel and commute will not be adversely impacted.

SKI THE BEACH

The Pensacola Ski Club has trips planned through next year. Pam Ryland will be at the August 8 Ski Expo to chat about the trip she's leading to the Western Mediterranean. The Expo will be from 6-10 p.m. at the Sander's Beach Community Center. Tickets are \$20 for non-members. If you want to meet some of the members, Ski Club Happy Hour will be at The Grand Marlin, Sunday, September 15.

NO WATER BOTTLES

The Pensacola Beach Chamber's Taste of the Beach, September 14-15 will be void of plastic water bottles. The tradition of selling re-usable water tumblers, refilled with ice water all weekend was originated by the Pensacola Beach Advocates. Beach businesses who have signed up to sponsor the 2013 water tumbler program include: Pensacola Beach Advocates, Sandshaker, Bamboo Willie's, The Grand Marlin, Emerald Coast Rentals,

ResortQuest, Levin Rinke Resort Realty, UWF Historic Village, Pensacola Parade People and Pensacola Beach Mardi Gras.com. Celebrity Chef Andrew Zimmern will be at the festival Saturday, September 14 from 1-4 p.m.

BUSINESS EXPO

The Gulf Breeze Business and Family Expo is set for September 21-22 at the Recreation Center. Gulf Breeze Chamber Exec Josie Cotti is accepting applications from businesses and non-profits who want to participate. Call her at 850-932-7888.

FAT TIRE

New beer flavors have arrived at Paddy O'Leary's according to Seamas Hunt. Shift Pale Lager and Fat Tire are in stock and ice cold. Should appeal to car enthusiasts.

FLIGHTLESS WINGS

Sidelines is famous for showing every game, match or sports event you can imagine and Wings on Thursdays. From 11 a.m. to 11

p.m. the forty-nine cent wings fly off the tables.

FREE RIDE

There are a finite number of parking places in the core area, so locals and visitors would be smart to hop the trolley. It's air-conditioned and free. No charge, not a dime.

DOG DAYS

Yep. They're here. The Dog Days of Summer. They get their name when Sirius, the dog star, gets in the correct position relative to the Sun. If you dig that kind of thing, go to the free Star Gaze, August 16-17 at Casino Beach. It's hosted by the Amateur Astronomers, weather permitting and begins at dusk.

WHO DAT

It's been a long off-season. Get ready for gridiron action. The New Orleans Saints will take on the Kansas City Chiefs, Friday August 8 at 7 p.m. in a pre-season match up. Regular season opens at noon Sunday, Sept. 8.

103 Baybridge Dr.
Gulf Breeze, FL
850-934-1797
gdanielgreen.com



G. Daniel Green, MAI, SRA
State-Cert. Gen. REA
#RZ836
Real Estate Broker
#BK176669

G. Daniel Green
& ASSOCIATES

Commercial & Residential Appraisal, Consulting & Sales

ISLAND TIMES **R&R**
read & relax

Grab a free copy, go online, by mail:
For Mail: \$32 to Shelley Ink, PO BOX 844, Gulf Breeze, FL 32562

ARE YOU READY?
We understand your insurance needs!
850-623-8092



CALL US TODAY FOR A QUOTE

Life, Business
Auto & Motorcycle
Commercial Vehicle
Homeowners & Flood

family owned and operated
independent insurance agency

www.bayins.com • bay@bayins.com

"Exceeding Clients' Expectations"



Paradise Coastal realty, inc.

Kimberlee Bell
Joe Billingsly
Robbin Boyd
Christine Furman
Ardythe Haas
Kevin Hayes
Jennifer McCrary
David Owens
Shana Santos
Fred Simmons
Sandy Zern

featured listing...



MLS # 447514 • \$899,000
Unique 3 Bedroom, 3 Bath Gulf front in one of the Beach Club's front buildings. Two condos combined. Two covered parking spaces, pool, spa.

850-932-0067 • 866-749-3732
29 Via de Luna • Pensacola Beach, Florida

paradisecoastalrealty.com

Own The Lifestyle.



80% of Portofino units sold,
Only 5 units left in Tower 3!
10 Portofino Dr.



On-site sales office open 7 days a week, 9-5pm. Come by today!
18 Via de Luna

If you're thinking about buying a luxury home or condominium, why not capitalize on current market opportunities? Let others dream of this lifestyle—the team that's handled more than \$1 billion dollars in real estate transactions over the past 17 years is ready to help you own it.



850.916.5050
ResortRealtyLife.com



Jambo (Hello) Everybody How long has it been since you did something for the first time? I was sharing war stories with an old friend last week. We were reminiscing about the good old days on the beach.

So the question of the week is, why did we have so much more time to relax and enjoy life in years gone by? Why do we have so few hours to relax today?

The answer my friend and I came up with is: In today's world we literally need to schedule time to relax. The constant stress of being dialed in every minute, definitely takes a toll on your health.

The condition of your skin is an outward sign of our hectic pace. To have a healthy skin-mental attitude you need to take care of yourself on the inside and out. By removing dust, perspiration and environmental stresses, you will be able to maintain a healthy and attractive complexion on the inside and out.

First, avoid unnecessary stress. Stress creates free radicals that may damage your skin. Try to meditate. Good luck! I cannot seem to keep my mind still for more than 30 seconds. Try to make an appointment with your self and get outside, if possible for at least 20 minutes. No phone, texting or emailing. Try to close the curtain on the world for these 20 minutes. If you have children, just run away from home mentally for a few minutes. As a single mother, I used to tell my children I was meditating on my navel. That was their clue to leave mommy alone for a few minutes so I could regroup. Find something that works for you. Take small steps. Gradually change your daily habits.

Secondly, eat right by balancing your food intake. This does require discipline. Again

start small with your change. Decrease the amount of sugary or diet sodas daily. Try to substitute whole-wheat choices for white breads. Eliminate anything made from white flour and white sugar. These ingredients are known to cause inflammation of the skin and cell damage. Other grains such as quinoa have been proven to be incredible tasty and has been referred to as the one of the super foods. Healthy proteins, good fats and antioxidant filled veggies. Brightly colored fruits and vegetables are preferred. Making changes slowly over a period of time will generally help adapt to your family's routine with the least amount of resistance.

I must admit I do like to indulge in a slice of birthday cake now and again.

Make time for your beauty regimen. Clean your skin regularly. Avoid environmental stresses when possible, and you will be on track to maintaining a healthy, attractive complexion on the inside and out.

Do something for the first time today! Quaharini (until we meet again) Safarisu

Debate Team Sets Stage For Trivia Night Showdown

The fact that Trivia Night is going to be fun, is not debatable. You will get no argument from the Gulf Breeze High School Debate Team Booster Club about that. The first time fundraising event is set for Saturday, August 10 at St. Ann's Catholic Church in Gulf Breeze.

"Much like sports, band and drama, Debate requires a great deal of commitment, practice and dedication, from the students as well as their families," said Lisa Player, booster club president. "Of primary concern to the Boosters is helping the team raise money to prepare for and travel to tournaments at Wake Forest, University of Florida and New Orleans."

The doors open at 6:30 p.m. and the Trivia game begins at 7:30 p.m. Dinner, dessert and your entry fee are included in the \$25 ticket price. There will be prize drawings and 50/50 ticket sales. Wine and beer available for a donation. Tables for teams of eight are \$200. The proceeds from this event will go directly to support the Debate Team.

Pre-registration is required. Contact Wei Uberschaer at Wuberschaer@bellsouth.net to sign up or go online to www.gbhsdebateatnight.eventbrite.com.

THE SEAGULLS SING

BY COURTNEY FELL

Early this morning, I drove out to the beach with my hubs for a sunrise anniversary surf. After, as we were driving home, I reflected on how this little session was very much like a marriage. Exciting as the sun was rising..practically running to the water. When we first reached the lineup, there were a series of fun little sets. Adrenalin flowing, good stuff.

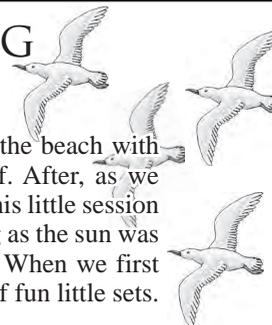
But as with any sess, there were periods of flatness, lulls that gave a chance to just sit and enjoy each other. Savor the peace. Not much going on...

And at times, he was at one end of the lineup, me at the other. Each of us focusing on our own waves. Enjoying the autonomy.

What struck me as super cool though - was the end. Both us paddling for the same wave. Laughing at the idea that we were playfully competing. I caught it first, as I was closer to the peak. And then he was able to drop in just behind me. We rode that same wave all the way to the beach.

I had to smile.

Happy Anniversary, Sean. It's been a beautiful 14 years



Here's to a more beautiful you!

Susan Haselton-Kelley
Mary Kay Independent Beauty Consultant
Easy ordering online or by phone
850-934-3865
MaryKay.com/shaselton

- Gift Sets
- Eye Shadow
- Skin Care
- Lipstick
- Fragrances
- Sunscreen

MARY KAY® FREE DELIVERY TO THE BEACH, GULF BREEZE & PENSACOLA



Free Gift with orders over \$40

Get Well • Feel Good • Look Great

Integrating traditional health management with natural and alternative approaches

Dr. Tracey Pinkston

- New Patients Welcome
- Medicare & Tricare
- 10 miles from the Beach
- Call for Appointment
- Women's Health
- Chronic Illness
- Hormone Replacement
- Anti-Aging

850-473-1008
DrTraceyPinkston.com

4300 Bayou Blvd
Suite 5 • Pensacola



Pensacola Beach, FL
Authentic Irish Pub

Happy Hour
Mon-Fri • 11 to 7

Sports on TV
Darts
Friendly Staff

Texas Hold'Em

49 Via de Luna
916-9808
PaddyOLearysIrishPub.com

Blue Sky Gift Shoppe



3479 Gulf Breeze Pkwy
850-932-7100
Tiger Plaza
Next to Sonic

HOT TOPIC

Consider the temperature of the concrete or asphalt prior to walking your pet. If the pavement is too hot for your bare feet, change your walk times to early morning or late evening.

STANLEY STEAMER
CARPET CLEANER

V-8 Powered Steam Clean Process

LIVING BRINGS IT IN. WE TAKE IT OUT.

Carpet & Upholstery Cleaner
Area and Oriental Rugs • Tile & Grout
Marble, Vinyl & Hardwood • Cars, Boats & RV Interiors

Don't forget **SCOTCHGARD**

932-7670 • 934-1913

West Side Story Plays At Saenger

The Saenger Classic Movie Series continues Saturday, August 10 at 7 p.m. with the musical West Side Story. Tickets are only \$5 each. A movie 10-pack is available for only \$40. The movie 10-pack can be used for any film in the series in any combination. Seating is general admission for each movie.

For more information about all of the exciting shows coming to the Saenger Theater and to register to receive event pre-sale notifications and discounts visit www.pensacolasaenger.com.



Sept 14-15
Casino Beach
with Chef
Andrew Zimmern

www.SabineSandbar.com Open everyday
715 Pensacola Beach Blvd at 9 AM
at the Sabine Marina 850-934-3141

Sabine Sandbar
Pensacola Beach, FL
Our Bar

Tuesday, Aug 6: Trivia with Little Timmy, 7:30 pm
Wednesday, Aug 7: Bar BINGO, 7:30 pm
Thursday, Aug 8: Karaoke with Becky, 8 pm
Friday, Aug 9: Karaoke with Becky, 8 pm
Saturday, Aug 10: Southern Breeze, 8 pm
Sunday, Aug 11: The Blenders, 4 pm
Tuesday, Aug 13: Trivia with Little Timmy, 7:30 pm
Wednesday, Aug 14: Bar BINGO, 7:30 pm
Thursday, Aug 15: Karaoke with Becky, 8 pm
Friday, Aug 16: Karaoke with Becky, 8 pm
Saturday, Aug 17: Crosstown, 8 pm
Sunday, Aug 18: Avenida 16, 4 pm

Happy Hour
Mon-Sat
9am-6pm
Sun
9am-3pm

Aug 9
Saints vs
Chiefs
7 pm

Serving the public since 1948
enjoy authentic Italian dishes
created from time honored family recipes

Enjoy The View
Dine inside or outside
with a waterfront view

Military Special
Sun-Thurs 4-6 PM
Buy One, Get One 1/2 Price
active duty military w/ID

hours
TUES - SUN 4 PM 'til
Closed Monday

The Web
www.lillostuscangrille.com
Like us on Facebook

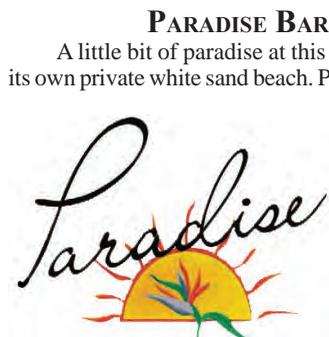
Across from the Hilton on Pensacola Beach
850-934-LILO (5456)

After Sundown.....

CRABS - WE GOT 'EM

Only restaurant on Pensacola Beach offering breath taking views of the Gulf while dining directly on the beach. Come as you are straight off the sandy beach and enjoy our indoor/outdoor bar and gulf side deck. Crabs has the largest selection of Crab on the beach, was voted Best Crab by News Journal readers. She Crab Soup, Stuffed Blue Crabs, Alaskan Snow, King or Dungeness - you'll find them all! We have many other seafood favorites on our menu as well as a great assortment of chicken, steaks and pasta dishes. Don't forget to try one of our signature drinks like 'The Crab Trap' which come with a souvenir glass to keep!

Open 7 days a week. Sunday Brunch with live Steel Band. Look for the Red Roof. 850-932-0700 www.crabswegotem.com



PARADISE BAR AND GRILL

A little bit of paradise at this open air, island style bar with its own private white sand beach. Pull up a rattan stool. Cold beer. Live Music. Exotic Libations. Friendly locals. Lunch and Dinner everyday. Sandwiches. Salads. Fresh Catch of the Day. Renee's Famous Shrimp Salad. Happy Hour 11-7. Live Bands. Poker on Monday and Wednesday.

Tucked away in the parking lot of the Paradise Inn, it's directly on Santa Rosa Sound. Boat and Bicycle parking. Open 7 days. 850-916-5087.

SIDELINE'S SPORTS BAR AND RESTAURANT

Score! Don't miss a point. See it all in high definition - 11 big screens, 42 televisions. If it runs, jumps, races, it's here. Famous for Thursday Wing Night. Burgers. Seafood and Ribs. Kids menu for the JV players. Full bar. Indoor or outdoor seating. Video sports games.

Centrally located on Via de Luna, just east of the main parking lot and the traffic light. Kick off at 11 a.m. seven days a week. 934-3660.



FLOUNDER'S CHOWDER HOUSE

Celebrating 30 years of Floundering 'neath the moon and stars. Offering fresh Seafood including Tuna, Mahi and of course Flounder! Award winning chowder, po boys, burgers and Pensacola Beach Style baked oysters.

Sample our Fresh catch including the Shrimp Boat Platter- loaded with shrimp cocktail, BBQ shrimp, fried shrimp, popcorn shrimp and U-peel ems. Kids love our Pirate Ship playground located on our beach - well within view of dining parents. For late night revelers- Flounder's is host to the world's finest beach bands. Dance all night on Flounder's beach to the most popular bands from across the south.

Open 7 days a week. Sunday Brunch. At the Traffic Light on beautiful Pensacola Beach, 850-932-2003 www.flounderschowderhouse.com



PEGLEG PETE'S

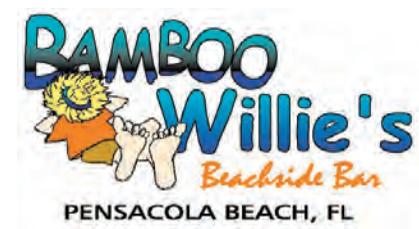
Ahoy, Matey. You've found a Pensacola Beach treasure. Pirates welcome. Fresh Gulf seafood served in the galley or outside on the awning covered deck. Glass front bar overlooks LaFitte Cove. All kinds of oysters. Live lobster. Gumbo. Dinner specials nightly. Sizeable sandwiches and burgers for Landlubbers. Take home a t-shirt.

Look for the Jolly Rogers flying over the west end of the Island at 1010 Fort Pickens Road. We're here everyday at 11. 932-4139. www.peglegpetes.com



BAMBOO WILLIE'S BEACHSIDE BAR

A beach experience under the giant thatched roof. Open air bar serving your favorites. Specialty Fat Tuesday frozen drinks like the Octane 190. Live music on stage. Bikini contests. Crawfish Boil on Sunday afternoons. Willie's Wear Gift Shop. Waterfront on Santa Rosa Sound. Located at the Boardwalk. 850-916-9888. www.bamboowillies.com



MCGUIRE'S IRISH PUB

One of America's great steakhouses; proudly serving USDA Prime Steaks, seafood and Irish specialties including Irish fisherman's bouillabaisse, Corned Beef and Cabbage and Shepherd's Pie all inside a turn of the century New York Irish Saloon themed pub. McGuire's is celebrated for its atmosphere, boasting more than 750,000 signed dollar bills hanging from the ceilings of the pub. Live entertainment coupled with great food and warm and friendly service by Employees who Give a Damn! Visit our on-site brewery and the O'Tolf Wine Cellar featuring the complete vertical collection of the Chateau Mouton Rothschild Artist Series. Featured on NBC's 'Today' Show, highly recommended by Fodors, Frommers and AAA travel guides, Florida Trend Magazine Hall of Fame Member. Open every day at 11, 850-433-6789, mcguireirishpub.com



SANDSHAKER LOUNGE

The "World Famous Sandshaker"- a Pensacola Beach Tradition since 1973. Home of the Original Bushwacker. Been selling this signature drink for over 30 years. First bar on the Beach to offer this tasty frozen concoction. Monday half price BARE 10 a.m. til close; TX Hold'Em at 7 p.m., \$2 Tuesday & Karaoke, Wednesday \$2 Ladies Nite, Thursday half price T-Shirt Nite. Live Entertainment Year Round Wednesday thru Sunday. Check out the Gift Shop. Across from the Boardwalk. Open 10 am - 3 am. 850-932-2211. www.sandshaker.com



SHAGGY'S WATERFRONT BAR & GRILL

Fresh seafood served overlooking Little Sabine Bay. Breezes are free to float through the open air dining room and side bar. Laid back, funky, family friendly. Arrive by boat or car, bike or on foot. Open everyday at 11 a.m. in the big red building on Pensacola Beach Boulevard. 850-934-4852. www.shaggys.biz



CLASSIFIED ADVERTISING

CLASSIFIED ADS are \$5 for 20 words. Additional words are 10 cents each. Send ad with check made payable to Shelley Ink, P.O. Box 844, Gulf Breeze, FL 32562.

Real Estate For Sale

7485 Gulf Blvd. Navarre Beach 4/3.5. MLS #398141. 3400 SF. \$1,674,000. This beautiful Gulf front home has it all. Call Today. Call Linda Murphy, Keller Williams Realty 850-748-0865

1203 Maldonado Dr. 4/3. \$929,900 MLS #430437 Call Today. Call Linda Murphy, Keller Williams Realty 850-748-0865

Canal front lot. Gulf Breeze. .12 acre. \$73,900. Check out my website for additional residential lot listings. www.denrem.com Dennis Remesch, Re/Max on the Coast, 850-384-7607.

WATERFRONT. Gulf Breeze. Lot in Santa Rosa Shores. \$79,000. Great value for waterfront property on the south side of Gulf Breeze. Jeremy Johnson, Levin & Rinke Resort Realty. 850-377-3145

Fabulous Gulf front MLS 445519 \$699,000. Luxury 3 BR/3 BA Beach club. Direct Gulf front. Spa, gym, indoor & out-

Real Estate For Sale

door hot tub and pool. Paradise Coastal Realty, Office Phone: 850-932-0067.

\$189,500. 1/2 Condo at La Bahia on Pensacola Beach. Easy Gulf and Sound access. Pool. Great rental history. Low condo fees. Low density development. Condo is furnished and move in ready. Dennis Remesch, Re/Max on the Coast, 850-384-7607.

The price is right to buy in paradise. Call a REALTOR who advertises in Island Times.

Real Estate For Rent

Pensacola Beach Vacations Rentals. Call for the **BEST RATES** on Beachfront condos and beach homes. Toll Free 800-242-3224. Visit online gulfbluevacations.com

New Construction. 3/3 Navarre. Soundfront community. \$1350/mo. Two story. 1610SF. Beautiful details. Dennis Remesch, Re/Max on the Coast, 850-384-7607.

Pets

It's time for a new friends! Adoptable dogs and kittens. If you don't have room in your heart and your home for a pet, please make a donation to help the Pensacola Humane Society. humanesocietyofpensacola.org

Pensacola Beach Dog Parks. Open Daily, 7 to 10 a.m. Leashed, friendly dogs. Parking Lot "E" located near park east and Parking Lot "B" near park west on Fort Pickens Road. Hours subject to be extended to 7 a.m. to sunset after August 14. Stay tuned to Island Times for updates.

Volunteer

Beach Chamber's Taste of the Beach, Sept. 14-15. Email: info@tasteofpensacolabeach.com

— King Crossword — Answers

Solution time: 25 mins.

E	T	A	S	S	W	A	B	O	B	I	
R	I	L	E	P	O	S	E	N	O	D	
A	L	B	A	T	R	O	S	S	E	L	L
S	T	A	G	E	Y	E	A	G	L	E	
		O	N	S	A	T	Y	R			
N	E	R	D	P	E	R	E	O	N	S	
E	N	E	O	R	E	S	A	P			
O	D	D	S	O	V	A	A	S	H	Y	
		C	A	C	H	E	A	S			
M	A	R	L	A	E	N	T	R	A	P	
U	F	O	B	E	T	S	Y	R	O	S	S
M	R	S	L	E	I	S	A	U	K	S	
S	O	S	E	L	M	O	L	E	S	T	

Calendar

AUGUST

- 6: Bands on the Beach. Gulfside Pavilion, 7-9. Free. www.visitpensacolabeach.com
- 8: Sunset Tri. www.teammpi.com
- 13: Bands on the Beach. Gulfside Pavilion, 7-9. Free. Robert Wayne Band. www.visitpensacolabeach.com
- 14: Santa Rosa Island Authority Meeting, 5 pm. #1 Via de Luna, Open to the Public. www.sria-fla.com
- 15: Pensacola Beach Chamber Day at the Blue Wahoos. Game tickets plus refreshments, \$28. 850-932-1500.
- 15: BINGO Beach Church. 6:30 p.m. Open to everyone. \$20 to play. www.thebeachchurch.com
- 15: AHERO on Pensacola Beach. Thru August 18.
- 16: Star Gaze, Gulfside Pavilion. Free. Dusk. Also on Aug 17. www.eaaa.net
- 17: Cornhole Qualifying Tourney. Bamboo Willies. Noon. www.kaboomssc.com
- 20: Bands on the Beach. Gulfside Pavilion, 7-9. Free. Not Quite Fab. www.visitpensacolabeach.com
- 26: Bob Sikes Bridge Work, 6:30 a.m. to 2 p.m. Continues on Northbound 8/27.
- 27: Bands on the Beach. Gulfside Pavilion, 7-9. Free. Touch of Gray, www.visitpensacolabeach.com
- 28: Santa Rosa Island Authority Meeting, 5 pm. #1 Via de Luna, Open to the Public. www.sria-fla.com
- 29: Sunset Tri. www.teammpi.com
- 30: Jamaican Fest, Bamboo Willie's. Thru Sept 1.
- 31: Gulf Coast SummerFest. Ticketed

- event. Casino Beach. www.tix.com
- SEPT
- 1: Anything That Floats and Bathtub Races, Bamboo Willies. 2 p.m. www.bamboowillies.com
- 1: No License required for saltwater fishing today.
- 3: Bands on the Beach. Gulfside Pavilion, 7-9. Free. Emma Grant, www.visitpensacolabeach.com
- 8: Krewe of Bananimals Shrimp Boil and Membership Drive. Sabine Sandbar. 3.
- 10: Bands on the Beach. Gulfside Pavilion, 7-9. Free. Crosstown, www.visitpensacolabeach.com
- 11: Santa Rosa Island Authority Meeting, 5 pm. #1 Via de Luna, Open to the Public. www.sria-fla.com
- 14: Taste of the Beach. Casino Beach. Also 9/15. www.tasteofpensacolabeach.com
- 14: Life's A Beach Corvette Show. Casino Beach.
- 14: Shakerfest. Sandshaker Lounge. www.sandshaker.com
- 17: Bands on the Beach. Gulfside Pavilion, 7-9. Free. The Astronauts. www.visitpensacolabeach.com
- 24: Bands on the Beach. Gulfside Pavilion, 7-9. Free. Kyle Parker Band. www.visitpensacolabeach.com
- 28: Brawl on the Beach. Crossfit Contest. Casino Beach. End 9/29.
- OCTOBER
- 1: Pensacola Beach Songwriters Festival begins. Thru Oct. 6
- 1: Bands on the Beach. Casino, 7-9 pm
- 5: Santa Rosa Island Triathlon. www.sritri.com

reading Island Times... is like having front row seats on Pensacola Beach

For 26 editions delivered directly to your mailbox
Send \$32
to Shelley Ink
PO Box 844, Gulf Breeze, FL 32562-0844

NAME: _____

ADDRESS: _____

CITY: _____

STATE: _____ ZIP: _____



Seeing Stars...

your horoscope for next week

ARIES (March 21 to April 19) There might still be some uncertainty about the decision you made. But a quick check of the facts should reassure you that you're doing the right thing.

TAURUS (April 20 to May 20) The tidy Taurean needs to be a little more flexible about accepting some changes to those carefully made plans. You might be pleasantly surprised by what follows.

GEMINI (May 21 to June 20) Consider stepping away from your concentrated focus on your new project for a bit so you can get some perspective on what you've done and where you plan to take it.

CANCER (June 21 to July 22) The understandably angry Crab might not want to accept the reason why someone might have tried to hurt you. But at least you'll have an insight into why it happened.

LEO (July 23 to August 22) There might be some facts you still need to know before leaping onto center stage. Best to move carefully at this time so that you can observe what's happening around you.

VIRGO (August 23 to September 22) It's a good time to expand your outlook by getting out and around, whether you do some long-range traveling or just explore the great things to see closer to home.

LIBRA (September 23 to October 22) Your wise counsel continues to be needed as that family situation works itself out. Meanwhile, the decisions you made on your job begin to pay off quite nicely.

SCORPIO (October 23 to November 21) Your job situation brightens thanks to all your hard work. Now, spend some time repairing a personal relationship you might have neglected for too long.

SAGITTARIUS (November 22 to December 21) Aspects favor action in the workplace. Line up your facts and show your superiors why you're the one they're looking for.

CAPRICORN (December 22 to January 19) Your hard work pays off on the job. Personal relationships also can benefit from more of your time and attention. Spend the weekend with loved ones.

AQUARIUS (January 20 to February 18) Early feedback on your project might be disappoint-

ing. But don't be discouraged. Use it to make needed adjustments, then submit it to your superiors again.

PISCES (February 19 to March 20) Flattery could lure the otherwise sensible Fish into making an unwise decision. Be careful. All that praise might be an attempt to reel you in before



you can learn the facts.

BORN THIS WEEK: You have a wonderful sense of who you are. You are a shining example to others, helping them believe in themselves and what they can do.

Texas Hold 'Em 4444 Fun • 850-324-2667

Monday:
Sandshaker, 7 PM

Thursday:
Paddy O'Leary's, 7PM

Sunday:
Paddy O'Leary's, 7 PM



BINGO

www.thebeachchurch.com

The BEST MUSIC LINE-UP on the BEACH

Hit the Beach Before You Hit the Books

AUGUST

AUG. 1	8PM	LEFTY WILLIAMS	AUG. 18	3PM	TIMBERHAWK
AUG. 2	4PM	BILLY DROZE	AUG. 19		
	9PM	LEFTY WILLIAMS	AUG. 20		
AUG. 3	NOON	RUSTY TABOR	AUG. 21	7PM	JOHNNY NO
	3PM	DUSTY SANDERSON	AUG. 22	7PM	DAVID DUNN
	9PM	BRINN BLACK	AUG. 23	9PM	MO JILES
AUG. 4	NOON	DAVE & JOE	AUG. 24	2PM	BRIAN SHORT
	3PM	BRINN BLACK		9PM	MO JILES
AUG. 5	7PM	RUSTY TABOR	AUG. 25	3PM	STONE IRIS
AUG. 6	7PM	LIVING THE DREAM	AUG. 26		
AUG. 7	7PM	DIZZY JUKES	AUG. 27		
AUG. 8	8PM	MICHALE VINCENT BAND	AUG. 28	7PM	NICK & THE OVOROLS
AUG. 9	9PM	DOWNDAY	AUG. 29	7PM	NICK & THE OVOROLS
AUG. 10	2PM	AVENEDA 16	AUG. 30	3PM	DAVE & JOE
	9PM	DOWNDAY		9PM	HERITAGE
AUG. 11	3PM	CORNBREAD	AUG. 31	NOON	JAHGUAR
AUG. 12	7PM	LIVING THE DREAM		5PM	TREE HOUSE
AUG. 13	7PM	LIVING THE DREAM		10PM	HERITAGE
AUG. 14	7PM	BLUES INJECTORS	SEPT. 1	NOON	JAHGUAR
AUG. 15	8PM	AVENEDA 16		2PM	BATH TUB RACES
AUG. 16	9PM	ADAM HOLT BAND		5PM	MISS JAMAICAN BIKINI
AUG. 17	2PM	AVENEDA 16		6PM	VIBE IRIE
	9PM	ADAM HOLT BAND		10PM	TREE HOUSE

END US ON THE WEB: WWW.BAMBOOWILLIES.COM
WWW.FACEBOOK.COM/PEOPLE/BAMBOO-WILLIES

Mark Your Calendar...

August 30th-31st & September 1st

Fireworks
SAT 9pm

JAMAICAN MUSIC FESTIVAL

Home of the
Anything That Floats
Bath Tub Races

TWO STAGES OF GREAT ENTERTAINMENT

Jamaican Food Booths, Red Stripe Specials, Merchant Sidewalk Sale

CACTUS FLOWER Cafe
California Style Mexican Cuisine

Pensacola Beach
Diversity of Cultures

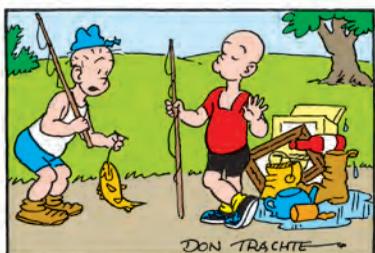
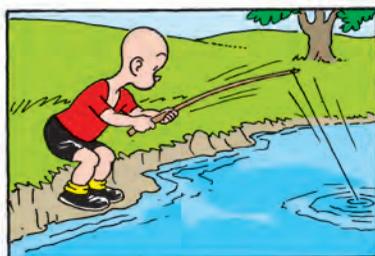
BAMBOO Willie's
Beachside Bar
PENSACOLA BEACH, FL

Hemingway's
ISLAND GRILL

HOOTERS

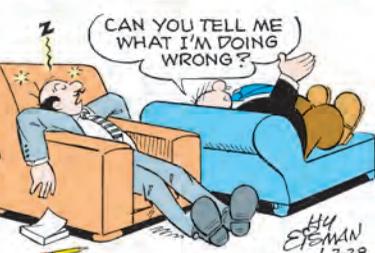
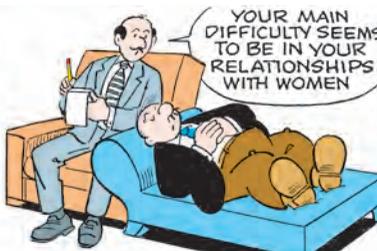
Henry

BY DON TRACHTE



POPEYE

HEY EFSMAN



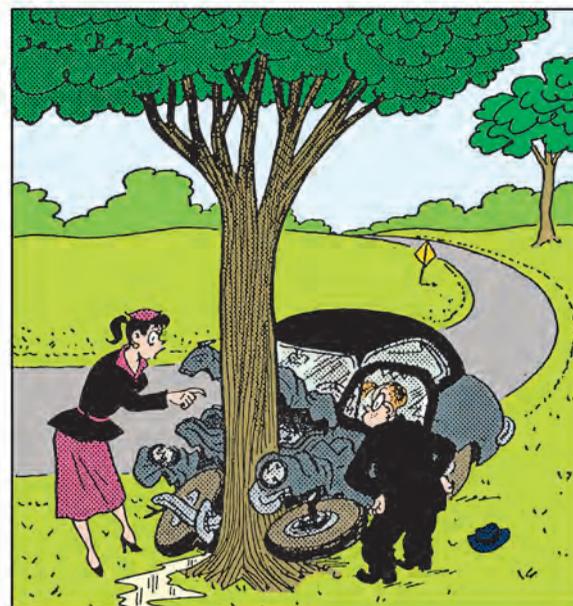
Out on a Limb

by Gary Kopervas



MISTER BREGER

By Dave Breger



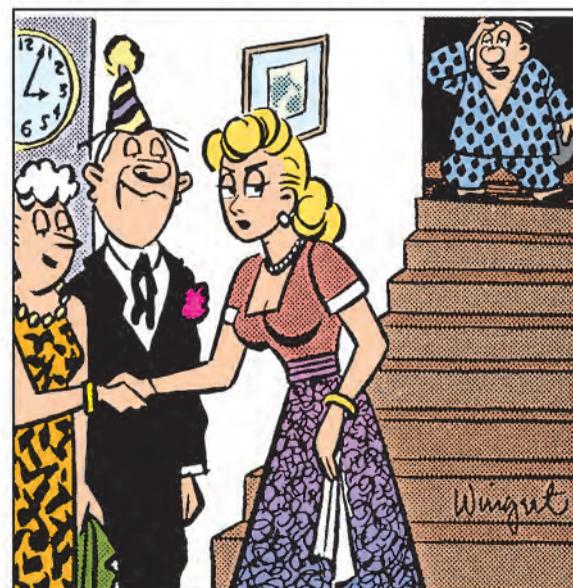
"Once before when we had car trouble the garage man jiggled something over here and the car started right away . . ."

Just Like Cats & Dogs

by Dave T. Phipps



HUBERT - - By Dick Wingert



"You folks aren't LEAVING!"

Never Hurts To Tri



By Charles Gheen
USAT Certified Race Director
Santa Rosa Island Triathlon

Tri To Transition

Every year at the Santa Rosa Island Triathlon we have an Expo and Packet Pickup on Friday. On that day every year, amidst over 1000 athletes picking up their packets (numbers, bibs, swim caps, wrist bands), we have two "Technical Course Meetings." The purpose of the meetings (informally called First Timers or Newbies meetings) is to go over the course, remind our participants about the rules, make any last-minute adjustments and answer questions. The meetings are always jammed with people and the questions are always great. They usually lead to maybe the most important question, "where do I rack my bike?"

In the first three questions I will get "Mr. Gheen, are there sharks in the Gulf of Mexico?" Yes, there are sharks in the Gulf of Mexico; that's their home. However, a wave runner has been out on the swim course charging around putting out the buoys, there are up to 45 craft (kayaks, surfboards, canoes, SUPs) and several hundred people in the water at a time. That's a lot of commotion going on. Although, a triathlete swimming in the Pacific was attacked at 6 a.m. a couple of years ago and there are a few shark attacks around the world every year, I've never heard of an attack during an event. I think we're okay in that area.

"Charles, what are you going to do about the jellyfish?" The same thing we do about seaweed - use harsh language. Seriously, we have been very lucky with jellyfish. In 2011 we did have a herd ("gaggle?") of them on the swim course. It was unpleasant and people still ask me about that morning to this day. And then they ask again or remind me about it. I've swum through lots of jellyfish and the stings are annoying

especially if you get one on your face or mouth. My advice is swim faster and curse a lot.

Back to my favorite question which is "where do I rack my bike?" That lets me know the person is a complete first-timer, a complete beginner and hasn't even practiced with an organized triathlon group. Well, everything in a race revolves around the transition area simply called Transition.

Transition is where you rack your bike. It is bordered by metal crowd-control fences, has lots of volunteers patrolling it and has timing devices at the ingress and egress points. You will be on a rack that is ten feet long and holds eight bikes, four on each side. That's 2.5 feet of space for each participant in a perfect world. I recommend racking your bike by hanging the seat on the horizontal rack pole. Then put your gear and/or equipment by the front wheel. You will be checked by volunteers when you enter and exit Transition, only registered athletes can be inside the area and you can't remove your bike and gear until at least the last cyclist is in.

In Transition your rack is numbered and you have to be on that rack or get penalized. Over the years, I have become a minimalist in Transition. I bring as little gear as possible and then try to get rid of some of it. Please don't think you are going to clean your body between each of the disciplines. Your triathlon will take forever and the people on your rack will despise you.

You will be called to the shoreline for the start of the race and after you get out of the Gulf of Mexico, you'll run back to Transition. After getting your gear on, you'll run your bike out of Transition, mount it and pedal away. After completing the bike course, you'll dismount and run your bike back to your rack. Then you'll go out on the run course and pretty soon you'll have a shiny medal to show for your efforts. It's all simple, sort of, and it starts with Transition.

Next question - "Charles, what are you going to do about the humidity?"



Footprints in the Sand EcoTrail which includes interactive, web and social media components is open on Pensacola Beach. Information signs are located in 29 different areas with a variety of topics. Visitors and locals are encouraged to visit the Trail, participate in the social media campaign and log on to www.visitpensacolabeach.com. The Trail has a comprehensive look into the island's ecosystem sustaining sealife, birds, butterflies and plant life.

\$50 office visits
Now accepting
primary care patients

No Doctor? No Health Insurance? High Deductible? No Problem!

BACK TO SCHOOL

- ✓ School & Sports Physicals just \$40!
- ✓ Vaccines Available!
 - DTap
 - Hep B Series
 - Flu & FluMist
 - Meningitis

ProClinic

Family healthcare at affordable prices

Gulf Breeze: 677-0737 ~ 1157 Gulf Breeze Pkwy
Pensacola: 549-3379 ~ 3101 N. 12th Ave
Milton: 626-3430 ~ 5825 Hwy 90

www.proclinicfl.com

• Mere Mortals Training Group
• Sundays, Pensacola Beach
• Registration Required.
• www.trigulfcoast.org

• Santa Rosa Island Tri
• Saturday, October 5
• Casino Beach
• www.sritri.org



Turtle Trax

BY DJ ZEMENICK

Congratulations, Pensacola Beach! Our first sea turtle hatchlings of the 2013 season emerged on July 24 from nest PB5111, located in a residential area of the beach. Under normal circumstances we would have expected to see this nest, which was laid on May 11, hatch around July 10. But cooler air temperatures and above-average rainfall this summer cooled the sand and prolonged their incubation time from the typical 60 days to 74 days, a full two weeks longer.

I was privileged to be present at the "boil" on the night of the first hatch. A boil is the magic moment when a mass of hatchlings come surging out of a nest in one giant push. It was close to 10:30 p.m. when 96 tiny loggerhead hatchlings emerged to the delight of visitors who had discovered the nest during their stay. They had checked on it every night and now helped to escort the little sea turtles into the Gulf as rain and lightning descended on us. The adrenaline was pumping and we ran off the beach as soon as the last hatchling disappeared into the surf to begin their magnificent journey. Over the next three days there were about 21 more stragglers which made their way out of the nest, so it was a good hatch.

Last year our first hatch occurred on Perdido Key. Sea

turtle patrollers often discover slightly higher numbers of sea turtle nests in the Perdido Key and Santa Rosa areas of Gulf Islands National Seashore. This year, however, Pensacola Beach has jumped ahead of the National Seashore and has a total of 18 sea turtle nests: 17 loggerhead and one green! That is AWESOME and quite a testament to each of you who is working to make Pensacola Beach safer and more appealing place for sea turtles to nest in the summer.

An item of note: on the morning of May 11, shortly before nest PB5111 was found, a false crawl was discovered on the beach behind two hotels on the east side of the core area. There was either too much activity or bright lights in that area to suit mama loggerhead, consequently, she re-entered the Gulf and proceeded east to a quieter area to nest. Comparing the width of the false crawl to that of the sea turtle which nested, the direction she headed, and the fact that PB5111 was discovered just a mile or so farther east, it was a reasonable assumption that it was the same sea turtle. The beach area where she finally chose to nest was between the Pensacola Beach El-

ementary School and Our Lady of the Assumption Catholic Church where there are several empty lots. As we say, sea turtles dig the dark, so if you really want a sea turtle to nest near you, turn out your lights.

I'd like to extend my thanks to the Pensacola Beach Woman's Club and their new President, Mary Claus, for choosing "Sea Turtles Dig the Dark" as the theme for their July meeting. Bettie Lee Sundstrom was the lead hostess for the themed meeting and provided wonderful decorations for the event. They also invited one of our premier and most knowledgeable volunteer patrollers, Melanie Waite, to answer questions from the ladies. I am truly grateful and appreciative that Melanie has been my mentor in the sea turtle monitoring program for the past five years and has encouraged me every step of the way. It is through the dedication of people like her, that we are seeing better results. She drives almost one hour each way to fulfill her volunteer duties every week, sometimes multiple times since she is one of the first to substitute for other patrollers when the need arises.

Until next time, Lights Out!

Nest Update: for Pensacola Beach & Gulf Islands National Seashore as of July 30:

Perdido Key -GINS	10	Pensacola Beach	18
Ft. Pickens - GINS	11	Santa Rosa - GINS	13

HATCHLING COUNT: 190



The Pensacola Beach Woman's Club has been celebrating islandstyle since 1954. The Club announces and toasts birthday celebrants at their monthly membership meetings. July Birthday Girls include (L to R): Christine Hill, Lynda Knell, Carleen Wheeler, Club President Mary Claus, Sharon Shuford (seated) and Marilyn McDonald. Meetings are held the third Thursday at the Pensacola Beach Community Church Fellowship Hall beginning at 11:30 a.m. Anyone interested in joining the Club may request information by emailing Bettie Lee Sundstrom at prissybl@aol.com

beach news TO GO

www.myislandtimes.com...new mobile version

DJ's Beach Cafe



Everyday
8 AM -2 PM
Fri & Sat
3 - 9 PM

63 Via de Luna
across from
Springhill Suites
850-916-0716

Breakfast
8 AM TO NOON

Lunch
11 AM TO 2 PM

Dinner
FRI - SAT



We have gone back to basics. Expect the same incredible quality food delivered in less time.

Mon: Red Beans & Rice

\$2⁵⁰

Wed:

Karaoke 6 - 9

Mug Club Members
\$1 & \$2⁵⁰ any beer!

Sun:

Live Music

5 to 7 p.m. Perfect way to wrap up your weekend

Beer Mug Club

\$1 any light beer, any time with RED label mug

\$2.50 any light beer, any time with BLACK label mug



Open Air Waterfront Dining Area
Family Friendly

850-932-1417

500 Quietwater Beach Blvd • Upstairs from Key Sailing

Innerlight SURF SHOP

655 Pensacola Beach Blvd
second building on right past toll booth

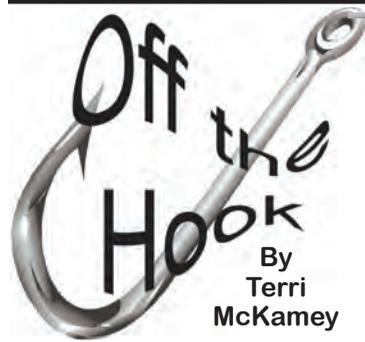
850-934-9004

- Sunglasses
- Swimwear
- Sandals
- Surfboards
- Paddleboards
- Beachwear
- Rentals



www.innerlightsurf.com





Wow! News about this fishing tourney has been the talk over the last few weeks!

Tournament Director Scott Burt posted on their website, "Orange Beach, Alabama: Two times is the lucky charm. The second-annual 2013 Blue Marlin Grand Championship, held at The Wharf Marina in Orange Beach, Alabama, not only broke two state marlin records but also featured some of the best fishing ever seen in the Gulf of Mexico.

Angler and boat owner Chris Ferrara and his family team aboard Reel Fire were declared the 2013 Grand Champions. Ferrara shattered the former Alabama state record for blue marlin when he outlasted a fish weighing 845.8 pounds after a seven-hour fight. Ferrara's fish eclipsed the old mark by 66 pounds. Team mate Ivan Duke also boated the second largest tuna caught at 165.2 pounds. The top tournament award and several optional cash categories earned the team an overall payout of \$304,125.

Capt. Mike Roberto runs the 60-foot Viking based in Biloxi, Mississippi.

Rising Sons, a 58 Viking owned and operated by Toby Berthelot, won the second-place team award and unofficial hard luck honors when angler Jeremy Powers boated a blue weighing 789.8 pounds. His fish broke the 24-year-old Alabama blue marlin record for a brief time before it was toppled a couple hours later by Reel Fire's catch. That effort still earned the team \$123,385 for the second-place tournament award and optional cash prizes.

Lady angler Laurie McVay, fishing aboard Reel Addiction, a 56 Viking run by Capt. Scooter Porto, won the third-place tournament award after she whipped a blue marlin weighing 722.2 pounds. Her catch earned owner and tournament co-director Rocky Jones a check for \$65,590. McVay won a beautiful necklace sponsored by Be-Jeweled Jewelers after she was declared the Top Lady Angler. And as an added bonus, she also got engaged on the awards stage after Jones proposed and presented her with a ring."

Two state records and an engagement - what a weekend for them! Further proving that the Gulf Coast has some of the best fishing and fun to be found.

For those of us not fishing in the many tournaments to be found between Orange Beach

and Destin (State record Cobia was caught in Destin) there is still plenty of action to be found.

Both Navarre Pier and Pensacola Beach Pier have been featuring King Mackerel these last few weeks, but it's a hit or miss. One day they are on and the next not. Don't give up though, if you don't catch 'em today you will tomorrow.

Big thanks to Denver for the smoked mackerel dip he brought for everyone at the Dock.

Won't be long now until everyone starts gigging Flounder. I'm hearing everyone talking or getting their gear ready.

School is starting again in a couple of weeks. Have you taken your kids fishing this summer? There's still plenty of time for a few more trips before that school bell rings. So what are you waiting for? Grab a kid and get fishing!

FREE STAR GAZE

Friday - Saturday
August 16-17
Casino Beach
Dusk

Escambia
Amateur Astronomer's
Association

Junior Golf League Tees Up

Practice Team And Playing Team Suitable For All Skill Levels

Tiger Point Golf Club is pleased to announce the return of the Gulf Breeze Junior Golf League. After success from the inaugural season, the Gulf Breeze Junior Golf League will kick off the fall schedule on September 10. Offering both practice and playing teams, all different skill levels are invited to join in on the fun.

Registration is open to juniors, grades K - 12. The Practice team will meet every Tuesday afternoon for six weeks for one hour lessons. This team will work on the fundamentals of golf and develop the skills needed to advance the playing team. The Practice team is \$75 per junior.

The Playing team will focus on advanced golf instruction, course management, and tournament play. Team members will

play 9 holes every Tuesday afternoon and will have one hour lessons every Thursday for six weeks. The Playing team is \$100 per junior.

Both junior teams are led by Coach Tammy Davenport, former University of Florida Gator Golfer and Golf Teaching Professional.

"We are thrilled to have this wonderful program back for the school year" said Ron Pulley, Director of Parks and Recreation for the City of Gulf Breeze.

Tiger Point Golf Club will host this six week program in the Fall, Winter and Spring months. To register, please contact Coach Tammy Davenport at gulfbreezejgl@gmail.com or 850.776.1400. Registration deadline is August 31 and space is limited.

One Stop Shop for the Watersports Enthusiasts

Key Sailing
Pensacola Beach, Florida

SALES & RENTALS



PARASAILING
SMILE HIGH CLUB
*Feel the Thrill ~ Join the Club!
You won't stop smiling - even if you try*



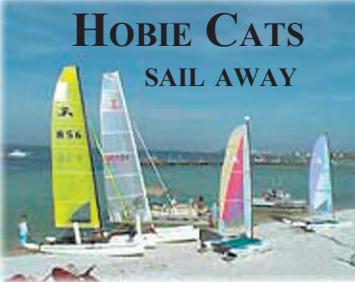
KAYAKS
SINGLE/TANDEM



WAVERUNNERS
FAST & FUN

850-932-5520
www.KeySailing.com

OPEN 9 to 6
weather permitti



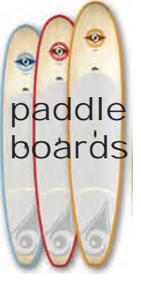
HOBIE CATS
SAIL AWAY



PONTOON BOATS
HOURLY/DAILY

NEW! Video Your Vacation.
Waterproof Cam

Rentals Include:
All safety gear
Expert instruction
Ask about eco kayak tours



paddle boards



an American tradition since 1973
Pensacola Beach

Wed, Aug 7, 8 pm
"Fatty Waters"

Thurs, Aug 8, 8 pm
"Buck Nasty"

Fri & Sat Aug 9-10, 9 pm
"The Mainstream"

Sun, Aug 11, 4-8 pm
"Rez & The Solutions"

Wed, Aug 14, 8 pm
"Buck Nasty"

Thurs, Aug 15, 8 pm
"Ricky Phelps & Dennis Gossman"

Fri & Sat, Aug 16-17, 9 pm
"Something Huge"

Sun, Aug 18, 4-8 pm
Krewe of Brewe Cookout
"Lektric Mullet"



ShakerFest
Sept 13-15
celebrating
40 years!

Do you want to be Shaker Queen? Sign-up at the bar!

Sandshaker.com
online calendar

Something's always Shakin

MON: 10 AM -Close Half Price Drinks/Shots for BARE Customers. Poker, 7PM. Trivia, 7:30 PM

\$2 TUES: 10 AM -Close \$2 Wine/Beer/Well. Karaoke w/Becky 8 PM

WED: Ladies Nite. 5 PM-Close \$2 Wine/Beer/Well. Live Music, 8 PM

THURS: 7PM-Close 1/2Price Drinks w/Shaker Shirt. Live Music 8 PM

SUN: 9PM TIL KARAOKE & MUSIC w/BECKY

850-932-2211
731 Pensacola Beach Blvd • across from Boardwalk



VOTED BEST SEAFOOD RESTAURANT!!

One of many "Best of the Gulf Coast" awards won by Flounder's in the News Journal's polls.



SEAFOOD!

Fresh Gulf seafood charbroiled over flaming hardwood fires



OYSTERS!

We sell so many, you know they're fresh!



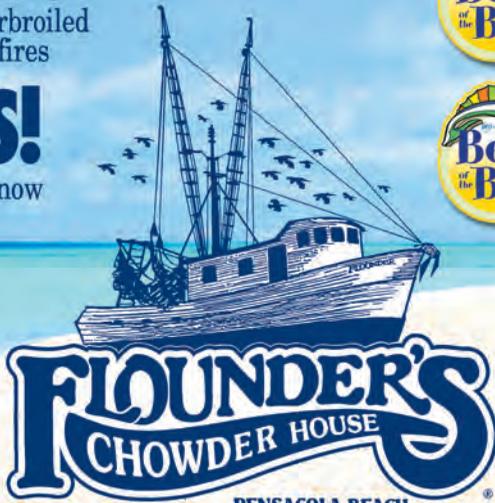
SHRIMP!

Gulf shrimp served scampi style, barbecued, beer batter fried, or steamed in beer



BEACH BAR!

'Neath the moon & stars on our beach



PENSACOLA BEACH FLORIDA

FRED FLOUNDER, Founder

"Floundering at its best"

-Fodor's Florida

"Best seafood on Pensacola Beach"

-Fromers Guide to Florida

"Best seafood on Pensacola Beach"

-USAir Magazine

"Great vibes...and happy guests"

-Florida Trend Magazine



At the traffic light on beautiful Pensacola Beach • 850-932-2003 • www.FloundersChowderHouse.com

Since 1979

CRABS

on the beach

LIVE MUSIC GREAT FOOD & FAMOUS MARGARITAS

After a day at the beach come unwind and enjoy our famous margaritas, local blue claw crabs, fried seafood, steaks and more!

BEST SUNDAY BRUNCH!

Crab Cakes Benedict, Crab Omelets, Rise & Shine Breakfast, Classic Brunch Entrees, Bloody Marys & Bottomless Champagne.

BEST VIEW!

BEST BEACH BAR!

MONDAY

Paul Killough
\$2.50 Crabwackers

TUESDAY

Crabeoke
\$2.50 Margaritas

WEDNESDAY

Tim Spencer
1/2 Price House Wine & We Call It Drink Specials

THURSDAY

Ronnie Levine
\$3 House Martinis

FRIDAY

Britt Searcy
\$6 Crab Traps

SATURDAY

Tim Spencer & Paul Killough
\$7 Souvenir Pilsners

SUNDAYS AT NOON

Pensacola Steel Band
Brunch Served-10 am to 2 pm
Bottomless Champagne \$5.99

SUNDAY

Britt Searcy
\$6 Voo Doo Juice Buckets

HAPPY HOUR!

Mon thru Sun 4 to 6,
1/2 price well,
house wine and draft beer



Look for the RED ROOF at the traffic light on Pensacola Beach
850-932-0700

www.crabswegotem.com

