ISLAND TIMES

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March 12, 2008



The Society of Leprechauns will host their twenty-second annual Pub Crawl on Saint Patrick's Day on Pensacola Beach. These lovely lasses have served as Leprechaun Queens - carrying out the royal charge of leading the Irish and almost Irish down the path of imbibery, dancing and filling the pot o' gold for Covenant Hospice. Queens are (L to R): in her royal bonnet Beverly Hughes, 2005; Irish colleen Robin Taylor, 2000; first and longest serving queen Sharon Mattair, 1989-1993; and Amy Cheshire DePew, 2002. For more on this story, see page 2.

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Wearin' The Green Is High Fashion On St. Paddy's Day

Twenty-two years ago, a few Beach friends who claimed to be Irishmen, boarded a bus, and instructed the driver to take them from one Beach bistro to another on St. Patrick's Day. Their mission was to see who could drink the most beer to honor the name of the patron Saint of Ireland, Patrick. Little did they know that their rowdy excursion would be the beginning of an event which would in many ways remain the same, but also greatly different a few years later. The St. Patrick's Day Pub Crawl caught on rapidly and promptly took its revered place among Beach traditions.

But, now it has a different

mission. While beer drinking is still a part of the annual ritual, community fundraising took over as the major mission.

The late Paddy Blake and Richard Dancer changed the St. Pat's Day festivities over the years, until it became a highly respectable event, and greatly looked forward to by the recipients of their significant gifting.

After Richard left the co-chair and Paddy passed away, his wife, Shirley was left with the arduous task of planning the crawl. By now, an organization known as the Society of Leprechauns had come to be responsible for the fundraiser. Although there were no official

rules, dues or officers, just workers; the Society pulled off the Crawl successfully for several years, helping Shirley in many areas.

A few Leprechauns like Robin Taylor, Lynn Cieutat, and Deb Friedman, led the way arranging baskets for auctions, purchasing Irish mementos for resale, and then proceeded along with the crowds to each pub where they held their auctions. Each bar sponsoring the Pub Crawl bought a designated number of shirts as their entry into the event. The luck of the Irish prevailed on St. Patrick's Day, and the fundraiser usually generated about \$8000, which in recent years, went

to Covenant Hospice in Pensacola.

This year, although the Pub Crawl has been paired down a bit, there are still t-shirts for sale and Pub Crawlers can throw a few coins into the pot o' gold. But, Shirley, citing a desire to give it up and noting the dwindling number of Leprechauns, will result in a cancellation of the annual Bake Sale and there will be no queen.

Until last year, the queen's

coronation had always been an exciting part of the event. Sharon Mattair reigned in 1989 and 1993. Other queen's last names were withheld by Paddy for fear some French or German name or indication of some origin that wasn't one hundred percent Irish would surface. Paddy seemed to think that Sharon was a one hundred percent Irish colleen, so that was enough to secure her royal position.

This year's schedule begins with the gathering of the Irish faithful at 10 a.m. at Sabine Sandbar. They will be at Sidelines at 11 a.m.; Crab's at noon; The Dock, 1 p.m.; Sandshaker, 2 p.m.; Sabine Sandbar, 3 p.m. and Elk's Lodge at 4 p.m. It is important to note that any less than sturdy Irish drinkers can start the Crawl at any pub.

"It is very important that Pub

Crawlers wear green costumes," Shirley said. "Otherwise they might be mistaken for some other nationality, a terrible thing on Pensacola Beach on St. Paddy's Day."

The St. Paddy's Day shapani

The St. Paddy's Day shenanigans continue at 5 p.m. when Bamboo Willie's will have a Green Bikini Contest. Winners are not promised a pot of gold, but prizes will be awarded to the lovely lasses.

Shirley has announced that she will turn the Pub Crawl over to the Pensacola Beach Chamber of Commerce beginning in 2009.

Chamber Board members, all of whom claim to be of Irish descent, are excited about promoting the event.

"Paddy and Shirley Blake had done a wonderful job with this fundraiser," Jeff Elbert, Chamber president said. "We expect to carry on in their tradition." He said that next year, they would include a Queen's coronation, the Bake Sale and possibly add some new Irish happenings.

So, mark your calendar for Monday, March 17 as a day off to travel all over the Beach wearing your Irish finery and sturdy brogans. For more information, call 932-1500.

State Representative Seeks Tax Input

Murzin Meets With Beach Businesses

State Representative Dave Murzin offered all the help he could possibly give regarding the tax issue for businesses on Pensacola Beach at a meeting on Monday, February 25. Murzin called the meeting to get information and to offer to utilize whatever resources he has at the state level to help resolve the problem. The problem is that after the commercial leaseholders lost their tax

taxes, a situation which creates an unbearable financial burden.

Although Murzin noted that he is keenly interested in and has the legal counsel of the House of Representatives studying legal points of the issue as it relates to

lawsuit, they are faced with paying both lease fees and ad valorem can do except offer his research resources.

"Right now the State Legislature cannot solve this for you," Rep. Murzin said. "At this point, there is nothing we can do for you."

Marilyn Hess, chairman of American Fidelity, which owns Holiday Inn properties on Pensacola Beach said that each Island Authority Board member and County Commissioner she talked to was willing to work toward a solution.

She said the governing principles were astounded about the actual amounts of money in question and they agree that this is an emergency.

The meeting ended with Rep. Murzin assuring the businesses he would continue to seek information on the matter.

Board Considers Major School Building Expansion

A move to add a 2600 square foot multipurpose room to Pensacola Beach Elementary School will be placed on hold until issues with FEMA funding are settled, it was decided at the February 25 Board meeting.

Principal Jeff Castleberry reported that the cost of the addition would run approximately \$400,000 to \$500,000.

"We have to use ball park figures right now," Castleberry said. "We would have to have a needs analysis prepared by a structural engineer for us to proceed. That expense would require Board approval." Patrick Lanza, treasurer, told the Board it would be prudent to wait until the FEMA funding issues are resolved before continuing cost estimates.

"I think it would be helpful to ask the principal and his staff to prepare an executive summary outlining the scope of the project along with its general use and specific impact on the students and faculty," Lanza said.

Lanza also said the summary should include what educational programs would be added or enhanced by the expansion.

The Board voted to ask the principal to complete this ex-

ecutive summary.

The annual review of the charter of the Beach School is underway at the Escambia County School District. The Beach School is in compliance with all requirements of the County.

Susan McLeod, fourth grade teacher, announced the dates the students would be taking the FCAT tests. Grades three, four and five will be taking the tests in March and the lower grades will test in April.

The School Board continues to enhance the School grounds with landscaping, so they agreed to further discuss an offer from the Krewe of Bananimals to plant trees, honoring their kings who have passed away.

And, Jeff Gill, longtime Board member announced that he would be resigning at the end of the school year since his son would be entering the sixth grade next fall.

"I have enjoyed my time on the Board," Gill said. "I guess I am the final membeR of the original charter board to retire. It's time."

The next school board meeting is Monday, March 26 at 6 p.m. at the School. The meeting is open to the public.

ISLAND TIMES

the state's role, there is nothing he

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Barefoot on the Beach

By Jane Waters Cooper



Of all the mythical creatures of the night, I like the Tooth Fairy the best. We have just finished with Santa's worldwide journey where he delivers toys by sliding down chimneys. And we're about to witness the Easter bunny hopping from coast to coast, dropping off chocolate eggs, stuffed animals, and real live pets like new born bunnies and soft yellow baby chicks. Somehow, Santa and the Bunny don't really measure up to the Tooth Fairy.

As a child I knew exactly what she looked like. She was tiny, but had a huge set of iridescent wings. My mom would place my tooth under my pillow, and I would fall asleep dreaming of the Tooth Fairy. I knew she could slip into my room via the window and I wouldn't hear her or awaken.

She would pick up my tooth and put it in a big pocket in her left wing. Then, she would open the purse in her right wing, take out the coins, and leave them under my pillow. She would quietly exit through my bedroom window and fly through the starry sky to her next tooth supplier.

I always thought of the Tooth

to enter

Open Everyday Weather Permitting

Fairy as an entrepreneur.

Although her clothes were all silky and gold instead of the standard corporate dark suit, she still conducted business deals every night.

She bought baby teeth. Pure and simple. She came in, picked up the tooth, and left payment.

I always wondered where she stored these teeth. And, even more, I wondered what she did with so many bitsy teeth.

I imagined she had warehouses somewhere in the vast sky where she placed her night's haul just before daylight. My imagination began to run wild. Did she have a construction crew of fairies who were teeth building experts? Maybe, she built skyscrapers, bridges, or theme parks out of baby teeth. Perhaps, Tooth Fairy, Inc., sold these structures and that's how she was able to have such a large number of coins to continue buying teeth. She probably had a big note on her warehouses, had fairy subcontractors, invoices and payroll to meet.

I always hooked the Tooth Fairy into St. Patrick's Day. She did, after all, have green eyes, beauti-

Breakfast Items - Soft Pretzels - Pizza

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Frosty Drinks - Frozen Treats

ful fair skin, and dark Irish hair. She was always smiling even as she sat in her corporate office, planning her next excursions to pick up supplies. Her green eyes were always twinkling even as she pursued the intricacies of recycling hundreds of thousands of little discarded teeth.

The Tooth Fairy outclassed chubby old Santa and the flopeared Easter Bunny in every way. After all, they are just the delivery boys for the North Pole workshop and the Rabbit Hole Candyland.

I always thought the Tooth Fairy provided well for the members of her workforce. No doubt in my mind that she sent them all to the Planet Earth on St. Paddy's Day. They never have actually shown up at the Pensacola Beach Pub Crawl, but that doesn't mean they never will. Although they may not be as gifted as their beautiful boss all those other fairies knew a thing or two about having fun. Who hasn't seen pictures of them dancing in a fairy ring with the Leprechaun's somewhere? Maybe,

in Ireland itself. Maybe on Forty-Second Street in New York or in the New Orleans Irish Channel. Possibly in the protective dark of Fort Pickens.

Keep in mind that Tooth Fairy, Inc. is the perfect corporation. Its CEO is a good looking lady who understands and carries out workers' rights. Her fairy crews never go on strike. They are having too much fun dancing in fairy rings and scattering magic dust.

The Tooth Fairy knows we must recycle everything if we are to survive. Even the smallest baby tooth.

She is likely the driving force behind the admonishments to children to brush and floss.

And kids don't have to worry about being good or bad as far as the Tooth Fairy is concerned. They can be sure their teeth will begin to fall out at the proper time and the T.F. will drift into their rooms and buy them. Although acting good all year long is not a

prerequisite to selling your teeth, brushing, flossing and smiling even if you have a big, empty spot in your mouth, may run the price of your teeth to an all time high.

Let's hear it for the Tooth Fairy.
Have you heard the rumor that she will build a hotel condo on Pensacola Beach?

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Between Sidelines & Crabs • Look for the Waterfall, Stay for the Fun

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HOSTESS WITH THE **MOSTESS**

Pensacola Beach teenager Melanie Albert is ahead of the game. She started her summer job as a hostess at Crab's We Got 'Em at the end of February. The Beach School grad is thrilled to see her neighbors and friends arrive at her station.

SNOW BIRDS

Kirk and Susan Newkirk just returned from skiing at Winter Park, Colorado. Susan said it was a great trip but they had to be back in time for the Fight to the Fort and the Mid Winters Sailing Competition at Key Sailing.

FUNFISH

It makes good sense that anyone whose astrological sign is a

fish could be found near the Beach. The Pisces celebrating birthdays are David McDonald, February 24; Rick Uzdevenes, February 27; Paulette Provost, March 8; and Renee Mack on March 13. Happy Birthday to each of you.

SCHANGADDS ANOTHER YEAR

Matt Schang celebrated his birthday on March 1 with a huge party that lasted two days. Friends and family helped the fifteen-yearold blow out candles at the home of Jackie Henderson.

DOUBLE TAKE

Rick and Marilyn Sundstrom, who moved to The Villages in Central Florida in November, are back on Pensacola Beach for a couple of weeks. According to Rick, they

The affable owner of Beach Kody. Wines and Liquors, Bob Temple,

passed away Pensacola Beach, Sunday, March 2. Bob, a native of Laurel, Mississippi, opened his Beach business in the Soundside Market in 2004.

Bob is preceded in death by his wife, Edna.

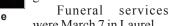
Survivors include his children Brooks

(Vicki) Temple and Karen (Billy Wayne) Bunch. His grandchildren Brandon, Courtney, Bubba, Britney, Chase and Chloe; and his cherished great granddaughter

Beach Businessman Bob Temple Passes Away

Bob shared his Southern

charm and wit with each person he met. Customers became friends and friends always received a warm welcome from Bob. JJ, the daschund mix who was his constant companion, will move to Mississippi to live with Bob's grandchildren.



Bob Temple were March 7 in Laurel. In lieu of flowers, donations

may be made to the Pensacola Beach Elementary School or the American Heart Association in

memory of Robert David Temple.

have been on the go, trying to visit all of their Beach friends before it's time to head south again.

POINTED QUESTION

Mike Willett, poet and dart player, is looking for a few goodtimers to organize a Dart Tourney. The Beach's steel dart league was party central in the 1980s. Mike wants to know who can still hit a Ton 80. Email him at mikewillett@hotmail.com.

LOVE IS IN THE AIR

Long time Krewe of Bananimals member Harry Eckel announced his engagement to Sue Crawford. They have been friends for over 18 years and made it official at the Bananimals' March 2 meeting at the Sabine Sandbar. It was not a "monkey see - monkey do" reaction, when Bananimal's King Charles Henry promptly announced his engagement to Juanita Calloway. King Charles and Juanita will tie the knot at the end of April.



Lila Cox keeps up with all the breaking news, so it was easy for her to rush to her computer and email the first correct answer to the most recent trivia question, "What is the name of the charter boat captain whose wife is the new Escambia County attorney?" Lila's answer was Captain Buddy Rogers, whose charter boat is docked at LaFitte Cove Marina. His wife's name is Allison. Lila is on the committee which is the liaison between the tax attorneys and the Pensacola Beach residents, so she's been spending a lot of time with barristers over the last few years.

Morrie Drees was once again the runner-up, a position he seems to maintain. His answer was correct, but too late. However, while the Trivia Master was surfing through some old Islander Newspapers, he found a reference to the time Morrie won the trivia in 1988. It seems he left his bar stool at Bobby D's, ran down the street to The Islander Newspaper office in

the Sandspur Republic, burst through the door and said the answer to the question is "the icky thing on the turkey's neck is called a wattle." This was The Islander's Thanksgiving edition in 1988. For all his effort, Morrie won a Sandspur Republic painter's cap. Keep playing, Morrie.

Do you remember when Spring Break meant a famous national band would appear in concert on Pensacola Beach? In the spring of 1986, Starship played on the Beach to a record crowd. Just how big was that biggest-ever

A. 56,000

B. 78,000

C. 90,000

If you're the first one to email the correct answer, you will win an exclusive Island Times t-shirt. The rules are the same. Send your trivia islandtimes answer to @bellsouth.net with "trivia" in the subject line. The deadline to respond is 5 p.m. on Wednesday, March 19.

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Food Vendors on Land and Sea Bring Requests to SRIA

Innovative commercial projects peaked the interest of the Santa Rosa Island Authority committee members at their session on February 27. The Development and Leasing Committee heard requests for a number of new, small business operations, including Steamers Sandbar, a barge which will sell food and drinks. The barge will be located 600 feet out from the Quietwater dock. A shuttle will run from the dock to the barge.

"We have successfully run this operation in Georgetown, Grand Cayman," Jon Eversmeyer, owner, said

The committee approved the request.

Alderful Ceremony and Carriage of Dreams received approval to operate from the Hilton Hotel. The horse and carriage will be available for weddings and special events.

A request for a sub lease to run a food vending business at Park East and Ft. Pickens Gate Park ran into some legal snags. Mike Stebbins, SRIA attorney, advised that the plan might require a lease or licensing agreement which would then require putting the vending arrangement out for bids.

Board members Fred Gant and Ed Guernsey both commented, Gant said he felt the idea needed more study while Guernsey said, "I think it is very important to recognize and reward creativity and ingenuity. Let's reward these folks and let them have the approval."

Vernon Prather thought, however, there was a definite need for more discussion and the item will appear on the SRIA regular agenda at the March 12 Full Board meeting.

The Architectural and Environmental Committee heard once again a possible solution to the ongoing noise problem. The Sandshaker's attorney John Asmar, told the Board the owners of the Shaker had offered to be a good neighbor, and was requesting permission for his clients to build a \$200,000 improvement on their outside deck to alleviate the noise problems.

The master leaseholder, Little Sabine Investment Group will not give approval to the Sandshaker, their sub leasee, for the construcJeff Elbert, president of the Pensacola Beach Chamber of Commerce presented the Chamber's research on noise problems on Pensacola Beach and other areas. He also presented a recommendation regarding the current noise ordinance.

In addition to complaints from Comfort Inn guests, some residents of South Harbour condominiums, another neighbor of the Sandshaker, have registered complaints. Others living there say the noise does not bother them.

The Committee voted to move the Sandshaker's request to the Full Board meeting, while admonishing the two parties to work diligently to reach an agreement. The recommendations regarding changes to the noise ordinance will require further consideration from Board members.

The Administrative Committee secured information on the tangled web the assessment of commercial ad valorem taxes has created.

The collection of lease fees directly affects the bond issue. Board Chairman Dr. Thomas Campanella pointed out that the reason the SRIA lease fees were included as a guarantee to the bond issue was to secure a higher rating.

"We cannot grant credit on lease fees for ad valorem taxes," he said. "The men across the bridge have put us in a peculiar position. We are in a pickle. We need to see how to overcome or change the language in the bond."

County Commissioners and other government agencies including State Representative Dave Murzin are working on finding the solution to the problem.

Ellis Bullock of Bullock Associates, the Authority's advertising agency, gave a report noting that tourism in Escambia County is up by 14 percent while in the State of Florida overall, it is down 2 percent. Bullock said there is strong inquiry and website activity which indicates a rebound during the summer months.

The Requests for Proposals which will be sent out for the construction of a parking garage on

Pensacola Beach have now blossomed into a full blown "Development for the Core Area." Dave Hemphill, Baskerville-Donovan, Inc. reported on the proposed RFP.

Hemphill told the Committee members once again, "We don't actually have a parking demand problem in my own observation. The parking is full only on seventeen days of the year on Pensacola Beach."

Hemphill said that after discussions with local and national developers, because of the seasonal nature of Pensacola Beach, all concurred that the only item that has any potential to be viable with a parking garage at the outset is a hotel.

In the discussion that followed Hemphill's report, a variety of questions and comments were made. Dr. Thomas Campanella wanted to establish a vision before the development of the core area starts. Gant expressed an urgency to get the RFP out to see what the responses would be.

Hemphill was asked to bring the RFP back to the next committee meeting with just two sites identified that could be included in the development. The matter will be referred to the March 26 Committee meeting.

The SRIA Full Board will meet next at 5 p.m. on March 12 at the Authority office. All meetings are open to the public.



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invited to tour our





peas, porridge & a dry martini

by Kathi Lewis

What a long, strange trip it's been - this year I mean. I know it's only March, but it's been a very unusual year for our celebrations on the Island. Starting with the "warp-speed" Mardi Gras season (by midnight on Fat Tuesday, even I was ready to put a lid on the magic dust). Then I went into a threeweek Coma, which luckily ended just in time for that "extra" day we had this year.

Now we have St. Patrick's Day and Easter only a week apart! Art Parrish sent me a very informative e-mail that explained everything very well. However, once deleted, I can no longer recall the specifics except that it will be a very long time before it happens again. Well, that work's for me, 'cause I prefer my year on its regular schedule. I think we are all confused enough, most of the time.

So, how did you spend your extra day, February 29?

Right before it arrived, Deb Friedman announced she was returning home to the Island! Congratulations, Deb and I hope you heeded my advice and used your extra day for packing. I used mine for spending time with all my grandchildren. I started at 10:30 a.m. My island grandson, Ash came over with parents, Sara Shaw and Rob Harris. Ash got to stay with Nanny and Pappy while his folks used their extra day to move into a new house. Lord, we laughed and enjoyed him so much! Ash is such a sweet and beautiful two-year-old boy. I had a chance to take a bunch of photos.

Ash and I walked with Jesiah, who's 7 now, back home from the Beach School at 2:20 p.m. Jesiah entertained Bill, Ash and me with his perfect "stunt falls" until twoyear-old Sissy came home around 4:30 p.m.

Ash went home soon after; one very tired and happy little boy having spent the first entire day (of many, I hope) with his beach family. Then Sissy entertained us with her "Sissy Show" before she and Jesiah snuggled between us on the couch to watch cartoons. It was a good, tired, filled-with-love for these children kinda day. Yeah, now they know how much fun we had and we're busted. I can't think of a better way to spend an "extra"

Get out all of your green stuff, my friends, and get ready for the Annual St. Paddy's Day Pub Crawl. How many of you remember the beginning - when we were just a raggle taggle, but very "spirited" and hearty bunch of 15 or 20? Well, we started the day with that amount, but by the last Pub Stop, we managed to accumulate quite a few visitors and some total strangers. We were always having so much fun few people could resist joining the party. And, as with all things on our magic Island, you get to be Irish for the day!

Paddy Blake and Richard Dancer really had no clue how huge this tiny celebration would become. They, like the rest of us, just enjoyed having fun and celebrating. We also love increasing the chance of survival for so many of our wonderful businesses, so participate. Danny Blake has slipped so powerfully into his late father's shoes, that he is now making his own footprints. Thank you and all the wonderful Society of Leprechauns!

Happy Birthdays to Paulette Provost and Shelley Johnson! Details on the "Beach Dawgs Gone Wild" Birthday Party next issue. Here's a recipe from Paulette that's perfect for the Irish or Easter Dinner; guaranteed to make you chase

621 Cervantes Street

a rabbit! Let's cook...

Choux Glorieux (Glorified Cabbage)

1 med. Head cabbage, finely chopped 3/4 stick butter 1 onion, finely chopped 1 Can cream of mushroom soup ½ lb. Velveeta cheese, cut into Bread crumbs Salt & pepper to taste

Boil cabbage in salted water until tender. Wilt onion in butter; add cheese and melt slowly over low heat. Once cheese is melted, blend soup into cheese mixture, stirring well. When well blended, add cabbage, mixing well. Add bread crumbs until reaching a proper casserole consistency. (About ³/₄ to 1 cup) Season to taste and pour into 2 quart casserole dish. Sprinkle bread crumbs on top and bake at 350 degrees for 20-30 minutes until hot and bubbly.....Yum! Happy St. Paddy's and Easter.

See you in the kitchen...

Woman's Club Gets Healthy

Pensacola Beach Woman's Club will host Susan Sheets from Get Healthy Pensacola!, at the Thursday, March 20, membership meeting at Hunt Hall. Social hour starts at 10:30 a.m., meeting at 11, Get Healthy program follows at 11:30 a.m. Members should bring a dish for the Pot Luck luncheon.

For information call Sandi Johnson at 916-2533.



Pensacola Beach Woman's Club honored their February birthday girls with a banquet table full of sweets at their monthly membership meeting. Celebrating at Hunt Hall are (L to R): Louise White, Doreen Ellis, Carol Ascherfeld, and Mary Mulroy.

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Mon - Sat 8 am - 7 pm SUNDAY 8 AM - 6 PM

Beach Church, Elks, Set Easter Egg Hunts

Pensacola Beach children who want to hunt for Easter eggs won't have far to go to join a hunt this year with the Elk's Lodge and the Community Church hosting Easter egg hunts.

The hunt at the Community Church will begin at 9 a.m. on Saturday, March 22.

"The event is open to kids preschool age through fifth grade. They will be hunting candy-filled eggs, and each child will receive an individual prize," said Pete Rasnick, Head Egg Hider.

The Pensacola Beach Elk's Lodge will begin their hunt at 1 p.m. on Sunday, March 23. There will be two egg hunting divisions; one for pre-schoolers and one for tenyears-old and under. There will be a special prize for the youngster who finds the Golden Egg and also for the hunter who finds the most

Both hunts are open to the public. "We hope everyone will come join us," Kay Turner, Elk's Lodge manager said. "We'll have plenty of eggs hidden and each colorful plastic egg will have a little treat inside."

Easter week services at the Community Church will begin on Maundy Thursday, March 20 at 6:30 p.m. The annual Sunrise Service at 6:15 a.m at the amphitheatre on the Boardwalk will be sponsored by the Community Church and Our Lady of the Assumption Catholic Mission. Easter worship at the Community Church will be at 10 a.m. on March 23. Easter Mass at Our Lady will begin at 9:45 a.m.

Visitors to the Beach are welcome at these services.

Leave Only Your Footprints Please

If you are thoughtlessly planning to throw your beer bottle down on the Beach and leave the litter from your picnic lunch behind as you head for home, maybe you will get a pang of conscience since the Santa Rosa Island Authority has launched an anti-litter campaign, urging Beach visitors to "Please, Leave Only Your Footprints." This message is emblazoned on 150 signs placed at strategic locations along the Beach.

"The Beaches are our best natural resource for relaxation and keeping them clean is very impor-

tant to our community and tourism in our area," Buck Lee, SRIA executive director said.

The "Footprints" message will be placed at all Beach accesses, dune walkovers and on trash cans in the hope the message will get to the public urging them to find an appropriate receptacle to stash their trash.

The catchy phrase "Please, Leave Only Your Footprints, " and the original version of this anti-litter campaign were created by Cooper Yates, who passed away several years ago.

Try one of our **specialty** drinks ~ Cruzan 'The Best Burger In Paradise' Pain Killer

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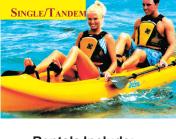






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Business Buzz

PARTYTIME

Sashay in your Easter bonnet to the Krewe of Junkanoo's Easter Party, Saturday, March 22 from 2 to 6 p.m. at the Sandshaker. Everybunny is welcome.

TAXESAND TEES

Nancy Roney puts in long hours during tax season, but she took a short time out to screen print the green t-shirts for *Island Times* to donate to the Pub Crawl.

COMPUTER PAL

Joe Stukey, *Island Times* computer columnist, has a fan in Gulf Breeze. Barbara Miksch writes on her subscription, "Thank you, Joe Stukey."

RED ROSES, WHITE ELEPHANTS

Pensacola Beach Yacht Club and the Race for the Roses Committee is hosting a fundraising yard sale Saturday, March 29 at the Club beginning at 8 a.m. to benefit the ladies only summer sailing regatta. Donations will be accepted March 19-29 at the Club. Anyone wishing to make special arrangements for pick up, should call 934-8757.

FRIENDS OF TURTLES

Andrew Diller, Florida Sea Grant Marine Extension agent, announced that he will host the Pensacola Beach Sea Turtle Friendly Lighting Open House, Wednesday, March 19, at the Santa Rosa Island Authority Boardroom from 5:30 p.m. to 8:00 p.m.

"Learn the newest ways to safely light your property while reducing excess artificial lighting that disorients adult and hatchling sea turtles. Grant funds are available through the SRIA and Turtle Friendly Beach Program to purchase turtle friendly bulbs and fixtures," said Andrew.

ACUTABOVE

Sharon Mattair, who was a stylist at Danah's Hair Studio on Pensacola Beach for 15 years will be celebrating the grand opening of her own hair salon, Studio 98 on March 12. The salon is located just east on Highway 98, one mile past Holley By The Sea.





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March 12, 2008 Island Times PAGE 9

A Cross in the Sand By Dr. Chuck Randle Pastor Pensacola Beach Community Church

Back in the days when it was popular to have sensitivity training sessions among clergy, Walter was asked to lead a three-day clergy retreat. As customary, Walter shared meditations and led discussions for the first two days. He tried to model the benefits of being open to the inner voice, as well as to one another. The participants just could not move to that level. They carried on superficial conversations, told an occasional joke to hide their discomfort, and would not move beyond that. During a restless night when Walter could not sleep, it became clear to him that the clergy were afraid of making themselves vulnerable sharing their true selves with one another. They wanted to project the image of persons in complete control.

The next morning Walter gave each participant several sheets of red construction paper, instructing them to tear off a strip of paper and attach it to place on their bodies where they had been injured in some way. When they had all done this, he told them to keep attaching red paper to the sites of physical injuries until either all their paper was gone or they ran out of

injuries.

No one stopped until every strip of paper was attached somewhere. Walter asked everyone to look around the room at the sea of red, which represented their woundedness. As they saw the outward signs of their brokenness, most of the participants also broke through their outer defense. The pretense that they could save themselves was gone. The sea of red proclaimed that everyone suffers, that we are all wounded, and that none of us can save ourselves through our own power. (Story attributed to Susan Zerkus)

As Christians move through the week known as "Holy Week" we are reminded again of our vulnerability, that we are all wounded in one way or another, and that we need healing that comes from love - God's love and the love of one another. The new commandment given on what we observe as Maundy Thursday was to "Love one another, as I have loved you." How difficult and yet so rewarding! Those words by a French philosopher are very meaningful, "The way we treat others is the way we treat God." A blessed Easter to all!

The School Bell Rings

Sam I Am

In conjunction with Read Across America and Dr. Seuss' 104th birthday, Pensacola Beach Elementary School students read Dr. Seuss books precisely at 1:45 p.m. on Monday, March 3. The Kindergartners read with their fourth grade buddies. The school-wide celebration was complete with birthday cake.

Nick's Top Notch

Nick Lanza, who grew up on Pensacola Beach and was part of the lifeguard corps, has earned a place on the University of West Florida's President's List for Fall 2007. His parents are Patrick and Lorene Lanza.

Sweet Welcome

John Sweet is a new Beach School student. He joined Debbie Campanella's second grade class on February 20.

Tennis Stars

Pensacola Beach residents A.J. and Gus Anastopoulo are burning up the courts netting wins for the Gulf Breeze High School tennis team. The brothers have racked up wins in matches in Panama City and in Gulf Breeze.

Contest Winners

The "Be a Hero" Just Say No To Drugs poster contest was sponsored by the Pensacola Beach Optimist Club. Second grade Beach School teacher Debbie Campanella, event chairman, said, "All the students did a great job. It really made the judging difficult."

The results are as follows:

Kindergarten Winners:

1st Place Joseph Urquhart 2nd Place Annalise Rotunda 3rd Place Matthew McCurdy Hon. Mention: Toler Keigley

First Grade Winners:

1st Place Devon Elliott
2nd Place Hannah May
3rd Place Jesiah Firzgerald
Hon. Mention: Steele Chambers

Second Grade Winners:

1st Place Morgan Churchill 2nd Place Meredith McCurdy 3rd Place Zosia Uszok Hon. Mention: Macy Mateer

Third Grade Winners:

1st Place Mary Elliott 2nd Place Shelby Dunne 3rd Place Starfish Holk Hon. Mention: Reddon McLaurine

Fourth Grade Winners:

1st Place Megan Cronin 2nd Place Lia Lampone 3rd Place Tristan Scott Hon. Mention: Jace Amberson

Fifth Grade Winners

1st Place Dalton Cramer 2nd Place Maddie Mateer 3rd Place Brai Royer Hon. Mention: Peyton Hoover

Holidays

No classes at the Beach School on Good Friday, March 21.



Kindergartner Joseph Urghart reads with fourth grader Shane Imm

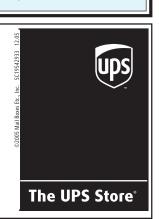
Pensacola Beach Church Services

Sunday, 10 AM - Pensacola Beach Community Church

Sunday, 9:45 AM - Our Lady of the Assumption Catholic Mission

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PAGE 10 Island Times March 12, 2008

Chamber Announces 2008 Events Schedule Monthly Meeting Reflects Optimism

Members of the Pensacola Beach Chamber of Commerce Board approved an impressive list of events which the Chamber will sponsor or support this year at their meeting on February 21.

The following list will be presented at the March 24 Santa Rosa Island Authority meeting as the Chamber's response to the SRIA Board member John Peacock's request: St. Paddy's Day Pub Crawl, Crawfish Festival, Spring Fishing Fever Inshore Tourney, Military Appreciation Month, Fiesta of Five Flags, Kaboom! Fourth of July Fireworks Extravaganza, Pensacola Beach Air Show Week, Jamaican Fest, ShakerFest, A Taste of the Beach Seafood Festival, Art and Wine Weekend, Haunted Harbour, Veteran's Day Ceremonies, Parade, and Season Your Holidays with Island Spirit.

During the Board meeting, Karen Cook Cowen suggested that the Chamber should put together a packet to be given to the snow birds who visit the Beach. She said a short term membership might be a valuable offering to the visitors who come here to escape the winters in Northern states.

The Chamber's monthly membership meeting included a roundtable discussion on February 26. The discussion reflected a general feeling of optimism for the coming season for Beach businesses.

Although figures reflect a sluggish real estate market still exists nationwide, Beach Realtors felt things are picking up.

"Now is the time to buy," said Paula Sunshine, Beach Ball Realty.

The next monthly membership meeting will be Tuesday, March 25 at the Comfort Inn. Business After Hours will be the same day at 5:30 p.m. at the Paradise Bar and Grill.

For more information or details on joining the organization, call Sandy Johnston at 932-1500.



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After Sundown



CRABS - WE GOT 'EM

Go crabbing on the Gulf of Mexico, at Crabs, We Got 'Em-Alaskan Snow, Dungeness and King Crabs are all on the extensive seafood menu. Sip and sit at the live aquarium bar or at the upstairs, outdoor Gulfside deck. Oysters and Wings are two bits on Monday through Thursdays. No reservations, come as you are.

At the traffic light -find the red roof and the twinkling lights on Casino Beach and you're in Crab Heaven. Open everyday. 850-932-0700. www.crabswegotem.com

PARADISE BAR AND GRILL

A little bit of paradise at this open air, island style bar with its own private white sand beach. Pull up a rattan stool. Cold beer. Live Music. Exotic Libations. Friendly locals. Lunch and Dinner everyday. Cuban sandwiches. Black and Blue Burgers. Happy Hour 11-7. Live Bands. Poker on Monday and Wednesday.

Tucked away in the parking lot of the Paradise Inn, it's directly on Santa Rosa Sound. Boat and Bicycle parking. Open 7 days. 850-916-5087.

SEVILLE QUARTER

The Gulf Coast's Premier Entertainment Complex. Seven rooms of fun all under one roof! Karaoke, Texas Hold 'Em, Team Trivia, Pool, Video games & more. Live Entertainment 7 nights a week. Live music on 4 stages every Friday & Saturday night. Serving lunch and dinner. New Gift Shop! Located in Historic Downtown Pensacola at 130 East Government Street. Open Monday - Saturday from 11 until 2:30 a.m. and 5 p.m. until 2:30 on Sunday. Ring 434-6211 or visit www.rosies.com

FLOUNDER'S CHOWDER HOUSE

Step back in time and enjoy Flounder's antique collection. Step into now and enjoy Flounder's top rated seafood. Indoor and outdoor dining. Even a beach playground for the kids. Beach Bar 'neath the moon and stars - Diesel Fuel in a commemorative mason jar. Bilgewater Margaritas. Gift shop. Fred Flounder, founder.

Located at the traffic light on Pensacola Beach. Next to the 55 ft. shrimp boat. Open everyday. 850-932-2003. www.flounderschowderhouse.com

PEGLEG PETE'S

Ahoy, Matey. You've found a Pensacola Beach treasure. Pirates welcome. Fresh Gulf seafood served in the galley or outside on the awning covered deck. Glass front bar overlooks LaFitte Cove. All kinds of oysters. Live lobster. Gumbo. Dinner specials nightly. Sizeable sandwiches and burgers for Landlubbers. Take home a t-shirt.

Look for the Jolly Rogers flying over the west end of the Island at 1010 Fort Pickens Road. We're here everyday at 11. 932-4139. www.peglegpetes.com

SIDELINE'S SPORTS BAR AND RESTAURANT

Score! Don't miss a point. See it all in high definition - 11 big screens, 42 televisions. If it runs, jumps, races, it's here. Famous for Thursday Wing Night. Burgers. Seafood and Ribs. Kids menu for the JV players. Full bar. Indoor or outdoor seating. Video sports games.

Centrally located on Via de Luna, just east of the main parking lot and the traffic light. Kick off at 11 a.m. seven days a week. 934-3660.

McGuire's Irish Pub

Even a bragging Irishman can't do justice to McGuire's where the atmosphere is an authentic turn-of-the-century pub. McGuire's has been named one of America's great steakhouses, and is world famous for its culinary artistry. Dollar bills on the walls, a moose to kiss and employees who give a damn! Try an Irish Wake or Senate Bean Soup.

Open at 11 a.m. everyday. Easy drive to 600 East Gregory Street in Pensacola. 850-433-6789 www.mcguiresirishpub.com

SANDSHAKER LOUNGE

The "World Famous Sandshaker"- a Pensacola Beach Tradition since 1973. It's the Home of the Original Bushwacker and has been selling this signature drink for over 30 years. The Shaker was the 1st bar on the Beach to offer this tasty frozen concoction. Live Music Wed, Thurs, Fri, Sat & Sun. Karaoke Tuesday Iguana Grill open Wednesday-Sunday

Across from the Boardwalk on Pensacola Beach. Open 10 am until 3am. 850-932-2211. www.sandshaker.com for photo gallery and event schedule.

THE CABANA CLUB & CAFE

Open for Breakfast and Lunch everyday from 8 to 2. Waterfront dining overlooking beautiful Sabine Bay. The Club is also available for wedding receptions, business meetings or any other occasion that calls for a spacious waterfront venue, casual to elegant catering and a staff who truly cares about their clients. Sunsets are priceless. Elevator rides are free. Your hosts are Carol and Jerry Sears. Located on the third floor above the Market on the Island. 916-7446.

Residential Lawsuit Hearing Set

By Lila S. Cox

Just before Hurricane Ivan struck in September of 2004, Chris Jones, Escambia County Property Appraiser, decided to assess ad valorem taxes on the improvements on leasehold property on Pensacola Beach. It wasn't as if the Beach hadn't been down this road before. The issue of property taxes on leasehold property has quite a history on the Beach; a history too lengthy to go into here. When tax bills were mailed that November, very little property on the Beach was habitable. Storm debris was everywhere. People's lives were in disarray. If the taxes were to be contested, legal action had to be taken by mid-December. Meetings were held. A liaison committee was formed and information was disseminated on how residential leaseholders could contest the ad valorem taxes. In less than a month, the groundwork had been

laid for approximately 2,300 residential properties and nearly 3,400 individual plaintiffs to be represented in a law suit by the firm of Shell, Fleming, Davis & Menge.

An important hearing has been scheduled in this case before Circuit Court Judge Michael Jones on May 2 at 9 a.m. There are factual and legal arguments that will be made in the residential case that differentiate it from the other cases

that have dealt with this issue. Court documents and additional background on this case are posted to the web site www.pbeachtaxsuit.com. Parties who joined this effort are encouraged to reacquaint themselves with our case and to look forward to our day in court on May 2.

[Lila Cox is a Pensacola Beach Tax Suit Liaison Committee member.]

Louise Greenley Recognized at Optimists District Conference

Pensacola Beach Optimist founding member Louise Greenley received special recognition as a Club Starter at the Optimists' North Florida District Conference held in February in Pensacola.

"This honor was bestowed on a very deserving lady," said Mary Ann Claus, Pensacola Beach Optimist president. "It also gave our Club districtwide recognition."

Oratorical Contest Chairman Joe Woodall has announced that the Pensacola Beach School preliminary competition will take place April 29. The finals will be May 9.

For more information about the Optimists programs, contact president Mary Ann Claus at 916-0455.

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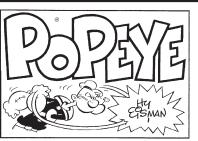
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"Where courtesy, convenience and

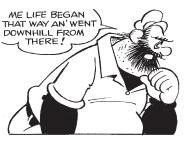
price all meet"

22 Via de Luna • Across from Subway and Paddy O'Leary's • Pensacola Beach

















The Spats

by Jeff Pickering





Amber Waves

MY PARENTS HAVE A
CONFERENCE WITH MY
TEACHER THIS AFTERNOON.





by Dave T. Phipps







ARIES (March 21 to April 19) With your practical side dominant this week, it's a good time to reassess your finances to see what expenses you can cut. Aspects also favor mending fraying relationships.

TAURUS (April 20 to May 20) Your Bovine-inspired determination to follow matters through from beginning to end pays off in a big way. Enjoy a well-earned weekend of fun with a special someone.

GEMINI (May 21 to June 20) Aspects favor re-establishing business relationships you might have neglected. A family member's request needs to be given more thought before you make a decision

CANCER (June 21 to July 22) While you might appreciate the avalanche of advice coming from others, keep in mind that the intuitive Moon Child is best served by listening to her or his own inner voice.

LEO (July 23 to August 22) The Lion's social life whirls at centrifugal speed this week as you go from function to function. Things slow by week's end, giving you a chance to catch up on your chores.

VIRGO (August 23 to September 22) Don't let your stand on an issue cause a rift with a colleague. Insist on both of you taking time to reassess your positions while there's still room for compromise.

LIBRA (September 23 to October 22) An opportunity you'd been hoping for finally opens up. But read the fine print before you make a commitment, especially where a time factor might be involved.

SCORPIO (October 23 to November 21) Your need to know what's going on behind the scenes leads you to make some bold moves. Be prepared with a full explanation of your actions if necessary.

SAGITTARIUS (November 22 to December 21) A lot of details need tending to during the early part of the week. The pressure eases by the 20th, allowing you to get back to your major undertaking.

CAPRICORN (December 22 to January 19) A friend asks you to act on his or her behalf in a dispute. Be careful. You might not have all the facts you need in order to make a fair assessment of the situation.

AQUARIUS (January 20 to February 18) A new development might require you to cancel some of your plans. But you adapt easily, and by week's end, you could receive welcome "cheering-up" news.

PISCES (February 19 to March 20) Your recent workplace accomplishments boost your self-confidence just as you're about to consider a potentially rewarding, although possibly risky, career move.

Beach Will Honor Northwest Florida Military Members During May with Concerts, Competitions

May will be Military Appreciation Month on Pensacola Beach, and the Beach Chamber of Commerce is taking the lead in preparing the tribute to the active duty service members in Northwest Florida.

Nan Harper, Chamber Events chairman, is conducting meetings to finalize a series of entertainment and military discounts during the month of May.

Events already established as of the February 23 meeting include a United States Navy Band concert on May 6 from 7 to 9 p.m. at the Gulfside Pavilion. The highlight of the concert will be the unveiling of the Coast Guard "pelican" in an

elaborate ceremony.

Tiki Island Golf and Games will host a military pool tournament and Guitar Hero III competition. Start time is 11 a.m. for the all day tournaments, according to Terri McKamey, Tiki Island man-

May 14 will be Military Fishing Day for the Marine Corps. Beach businesses will sponsor each angler who will fish a half day and return to the marina for a picnic. Jim Knell, retired Marine Corps Colonel, is finalizing plans for the outing.

May 17 will feature the finals of the Hooter's Bikini Contest.

A volleyball tournament will

begin at Flounder's on May 17 with the finals on May 18. There will be prizes, food and drinks for military players.

The Chamber committee will continue to meet and develop additional plans to show the military that they are truly appreciated by Pensacola Beach.

In attendance at the February 27 meeting were Sandy Johnston, Beach Chamber executive director; Debi Panyko, Ashley Spikes, Pensacola Chamber; Shelley Johnson, Island Times; Tracey Castillo, CAT Country; Terri McKamey, Tiki Island Golf and Games; Doug McAllister, Fun Coast Promotions; Kim Duell,

Bring your lawn chair and join

For more information, call

SRIA; Linda Knell, Pensacola Beach Woman's Club; Sabine Barrett, EW Bullock Associates; and First Lieutenants Samuel Wilkes and Curtis Prentice, United

States Marine Corps.

Nan Harper announced that the next meeting would be on March 19 at 10 a.m. at the Santa Rosa Island Authority boardroom.

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Popular Band Concerts Return To Casino Beach

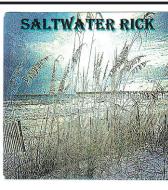
It's a sure sign of summer on Pensacola Beach when the free Tuesday night concert series returns to the Gulfside Pavilion. Bands on the Beach, returns with a lineup of performers sure to

please every musical taste. Bands will take the stage every Tuesday from 7-9 p.m., May 6 through September 30. The free concerts are provided by the Santa Rosa Island

us this summer for hot music, smooth grooves and a whole lot of good times.

Kim Duell at 850-932-2257.





It's fishin' season and with a little luck of the Irish you should have no problem hookin' up around our groovy little Island. The bait is showing up in the system and all the tasty ones are gettin' the munchies.

At the Gulf Pier the Ling should be around by the time this hits the stands, so braid up your 706 and head out for your "first

The Pompano are darting

readin' the water

around and man, you talk about tasty. Rig up a Coon Dog on mono with a tip and let 'er rip. If you're into sucking up the sun and spray get some fleas and hit the beach.

boys and girls are dragging in the White Trout by the truckload. Sheepshead and Specks are there and Reds are picking up most anything when they come through.

It's a great time of year to wade around our many grass beds. Just float a live shrimp on a ultra lite. You are sure to get a bite.

March is going to be Teach A Kid To Fish month on the Beach. So, do yourself a favor, Go Fishin' and take a kid with you.

Bring your jigging rod and work the swirls. Up on the Old Bridge, the

Pensacola Beach Lifeguards Return To The Stands

Pensacola Beach Lifeguards have returned to the keep watch at Casino Beach from 10 a.m. until 6 p.m. daily.

"It is always safest to swim where Lifeguards are present," said Bob West, SRIA safety director.

The public needs to carefully monitor the surf warning flags and, if they choose to swim, they must always swim with extra caution due to the cool water and currents.

Celebrate Seagrasses At Shoreline Park

Gather your friends, pack a picnic lunch, sunscreen and lawn chairs and get ready for a fun filled day at Shoreline Park South. The Eighth Annual Seagrass Awareness Celebration is Saturday, March 29 from 10 a.m. until 3 p.m. This year's activities will include live marine life in touch tanks, "eat a seagrass bed," seining, games, fishing, arts and crafts, boating safety, fishing and kayaking.

March is Seagrass Awareness Month in Florida, so come cel-

Seagrasses are a valuable part of the marine environment and support a thriving million-dollar fishery. Most commercial and recreationally important fish, crabs and shrimp spend some time of their lives in seagrass beds. These grass beds help to filter toxins from the water, contribute to water clarity by trapping suspended sediments, and provide food and shelter for juvenile fish, shrimp and crabs The grasses also provide food for manatees, green sea turtles, and migratory birds. They depend on seagrass beds for foraging needs.

Learn more about these important grasses and the threats to their environment at this free event.

OPEN

For more information, contact Chris Verlinde at 850-623-3868 or email her at chrismv@ufl.edu.

DALE'S

BIG

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Tuesday & Thursday 7 to 11

Live Music

Wednesday Tim Spencer

John Calongne Friday Saturday

Tim Morgan (1 to 5 PM) • Mike Norris Sunday Tim Morgan (2 to 4 PM) • Paul Keough

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Completely remodeled with new kitchen and baths, new

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Lady Players Sweep Games At The Islander Lounge

The female Texas Hold 'Em 4444 Fun poker players are holding all the right cards when it comes to action at The Islander Lounge. Jessica Tasker made a short stack, come from behind run, to take down Redneck Anne Vinson in a great final match on February 23. This was Jessica's first time to the winner's circle. Michelle Bourgeois outlasted Billie Urquhart in a battle of the beautiful on March 1.

The poker tables at Paddy O'Leary's stay busy all week. Trace Lewis put himself in the hunt for the Player of the Month award with a win on February 21. Tim Rinker battled to overtake Miguel Thompson in the final, February 24.

Miguel Thompson was runner up yet again at the same table only two nights later to Phil Tracy. Big Larry Gers took down Redneck Anne Vinson in a shootout on February 28. Congrats to Phil Tracy who

was crowned the Player of the Month for February. He accumulated the most first places in a strong field of poker players.

Sweet Billie Urquhart took out Brandon Delles to finish off her weekend with a bang March 2. "Redneck" Anne Vinson played her cards just right and beat February's Player of the Month, Phil Tracy in a fine battle on March 4.

Waterfront tables at the Paradise Bar and Grill play host to poker players on Monday and Wednesday nights. The Artist Known as Brandon took out Trace Lewis in the final on February 25 and then again on March 3. The two are battling for the top spot on a regular basis, it seems.

A lucky and skilled Phil Tracy took home the win on February 27. Jessica Tasker played into a second place finish.

Phil Tracy retained his Wednesday Winner's Title by making short work of the Paradise crowd on March 5.

Texas Hold 'Em 4444 Fun is open to anyone 21 years old with a basic knowledge of the game.

"We have such a great group of players, very skilled and out for a good night of fun," said Rick Uzdevenes, promoter. "Everyone is welcome to join us on Pensacola Beach or at one of our other venues."

For more information on our Pensacola Beach or Gulf Breeze weekly Texas Hold 'Em games, call Rick at 850-324-2667.

Pensacola Beach Woman's Club Game and Card **Party**

Thursday, April 10 Our Lady of the Assumption **Hunt Hall** Tickets -\$20 includes lunch

Call Jane McGrath 934-0553



Gulf Views from our Tiki Bar

familiar name, friendly faces, frosty libations

located at



24 Via de Luna Pensacola Beach 850-932-6000

Call now and be our guest!

Ready To Buy?

YARD SALE **Beach Yacht Club** Saturday, March 29 • 8 a.m.



Call **Dennis Remesch** 850-384-7607



Just Steps from the Gulf 3 BR/2.5 BA Gulf front views from patio and balcony.

Gulf Breeze 2944 LAUREL DR \$ 59,900 **1225 PINE ST** \$ 69,900 **3250 PINS LN** \$ 99,900 3374 EDGEWATER DR \$137,900 1370 REDWOOD LN \$139,500 3247 WEST AVE \$169,900 1030 GREAT OAKS DR \$214,900 **3263 PINS LN** \$264,900 1150 SAWGRASS DR \$379,900 1324 BAYSHORE TER \$169,900

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LOT HWY 98 \$375,000

> 850-384-7607 850-934-4708

denrem@denrem.com www.denrem.com

Bananimal Bunnies Help Karen's Kids

The Krewe of Bananimals never puts Mardi Gras in moth balls. They keep the partying and benevolent spirit alive all year long, and when the Mardi Gras season arrives they just kick it up a notch.

Their recent newsletter by editor Bruce Yoder, send out a message for help with the Easter baskets from Krewe member and founder Karen Cook Cowen. Karen's Lunch Bunch is making 172 baskets for the children in protective services in Santa Rosa County and at Favor House. There is a need for wrapped candy to put in the baskets, according to Karen. Donations will be welcome from anyone as well as the Bananimals. If you can help with this project, call 712-8587.

Now that the krewe has a permanent den at Sabine Sandbar, it will be party time all the time. The first party in the planning stage will be April 6 and the second one will be a Hawaiian luau on June 21. The Bananimals are even contemplating taking a page out of their craziness book, and hosting a SPAM

If you want to know more about the Bananimals, go to the den at the Sabine Sandbar and find an animal to tell you why Mardi Gras is a year around adventure.



Fight To The Fort Grandmasters - Second place finisher Linda Fogel, left, and winner Pam Lane agreed that March 1 was a wonderful day for a run even if a few miles had to be through the Pensacola Beach sand. Pam's time in the fifteen mile trek was 2:17.55.



Host A Hold 'Em Party 4444 Fun

PLAY BEGINS AT 7 P.M. BEACH TIME

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PAGE 16 **Island Times** March 12, 2008

Take Two Apples and call me in the morning... The doctor is in and she's hip, too! By Tracey Pinkston, J.D., M.D.

Sticks and Stones

As we approach St. Patrick's Day, I began pondering four leaf clovers, Blarney stones and the like and thought perhaps, you also may have wondered...

Four leaf clovers have long been a sign of luck. The four leaf clovers are thought to be an occasional mutation of the white clover, Trifolium repens, which produces on average about 1 four leaf clover in 10,000 of the three leaf variety. The white clover is traditionally regarded as the original shamrock of Irish and Celtic lore.

It is believed that St. Patrick used the shamrock to symbolize the Trinity, with the leaves representing the Father, the Son, and the Holy Spirit. The fourth leaf is said to represent God's grace. Alternatively, the leaves have been said to represent Faith, Hope, and Love, providing a tangible reference to the attributes described in 1 Corinthians in the New Testament. In this context, the fourth leaf has been said to represent happiness, or most commonly, luck! The luck that may befall you may take any

In medicine, clover has been used to treat many ills. In particular, the red clover, white clover's nearest relative, has been widely used to treat all manners of chronic illnesses, such as rheumatism and arthritis. Research has shown the red clover to have a high level of isoflavones, which are compounds, usually associated with soy, which have mild estrogen-like effects in the body. Therefore, red clover has been an effective treatment for hot flashes associated with menopause.

Additionally, recent studies have demonstrated that red clover improved the cardiovascular health of menopausal women and had beneficial anti-cancer effects on the prostate.

Usually, red clover is taken as a tea, but can be found in pill form. And, should you be lucky enough to eat a four leaf clover that cured your ills, you would be lucky in-

Kiss The Blarney Stone

The Blarney Stone has many origin stories associated with it. They all seem to have a common nexus at the year 1314, which is the year the stone is thought to have returned to Ireland from wherever it was before (depending on which story is being told). As you know, the Blarney Stone is thought to confer great oratorical powers on the person who kisses it, or at least the gift of gab.

Stones have been thought to hold magical or spiritual powers for millennia and even today, in a relatively secular and scientific first world, there are still places where rocks are thought to have special powers. One of the most famous modern rocks, is the Healing Stone (actually 3 rocks) of Wahiawa, located in a town on the island of Oahu in Hawaii.

There are also those who believe in the healing power of gemstones and place these stones on or near certain body parts in efforts to affect energy flow to certain organs. Myself, I'm all for gemstones, the bigger the better, preferably set in platinum and attached to the ears, neck, wrists, and fingers. I may not be more healthy, but I'll sure look pretty!

Keep Reading

Please always consult your doctor before starting or stopping any medication or nutritional supplement.

(These statements have not been reviewed by the Food and Drug Administration. This article is not intended to diagnose, treat, prevent, or cure any disease. This article is intended for general informational purposes only. It is not intended as specific medical advice for any individual. Please seek the advice of a physician or other licensed health care provider before undertaking any health-related changes in your medications or

Ancient Medicine Survives in a Modern

Chinese Medicine is not just acupuncture. It includes a number of healing modalies, including Chinese Herbs. Although only recently discovered in the West, Asian people have been using herbs (plants, minerals, and animals) for thousands of years to heal themselves of illnesses and to enhance their physical and emotional health and to increase longevity.

Chinese herbs fall into two basic categories, medicinal herbs and tonic herbs. Medicinal herbs are prescribed by a qualified practitioner. They used specifically for illnesses, are given in formulas, and should not be used on a long term basis. If used improperly, they can cause problems. For example, Mahuang (Ephedra), an herb used in China for lung and sinus problems, was sold in health food stores for energy and weight loss.

Tonic herbs are not taken to prevent or treat specific illnesses. They are considered super nutrients, improve our physiological functioning and sense of well-being, and boost our energy. They are generally safe and can be taken on a long term basis, although if someone does have a known medical problem, they should consult their physician before taking them.

Three examples of tonic herbs are Tang Kuei, Hou Shou Wu, and Ginseng.

Tang Kuei, is considered the ultimate woman's tonic herb. Because of its mild sedative effect, it is also helpful for stress.

Ho Shou Wu is another longevity herb. It is said to be a tonic for the hair, helping maintain one's original hair color. It is also mildly sedating and is good for stress.

Ginseng, The King of Herbs, is one of the most famous and valued herbs of all time. Having been used in the Orient for at least 2,000 years, it is now also commonly used in the West. Ginseng is called an adaptogenic herb, meaning helps a person adapt to their outside environment. It is said to replace lost qi (energy) in all of the organs and energy meridians (flows) in the body. There are three By Bonnie McLean D.O.M., A.P.

main sources for Ginseng, China, Korea, and Japan. Tonic herbs may not be found in the kinds of herbal formulas we have for medicinal herbs. They

usually can be taken individually.

Even though they are not in the

medicinal category, they are pow-

All powerful herbs should be studied and understood.

[This article is not intended to diagnose, treat, prevent or cure any disease.]

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The LIZZARD'S TONGUE

by E.K. Hewson



My family and I have started the arduous task of going green and I don't mean just by celebrating St. Patrick's Day. It all started a few months ago with the purchase of a Toyota Prius – the non-gas guzzling hybrid that gets on average 50 miles to the gallon. Well one day I was driving down the highway and listening to National Public Radio when some commentator was coming up with not so nice descriptions of people who drive hybrids, listen to iPods and drink Starbuck's coffee.

So I made a legal u-turn before I reached our local Starbuck's and headed home to unplug my charging iPod and came up with my own description of myself – a hypocrite. My husband and I had great fun at the dinner table that night making fun of ourselves but somewhere in the sarcasm out came the truth. We were reducing our carbon emissions and collective footprint by driving a Prius, but what about all of our other non eco-friendly habits. So we made our individual lists using the backs of envelopes from some mass mailing that no matter how hard we try, we can't get our names removed.

My son Harry's list went something like this. Only buy pre-owned Legos from e-Bay because there isn't all the original packaging. When we asked about shipping from point A to Havelock, he rationalized that the UPS man drives by our house on a nightly basis, so therefore he might as well stop with a delivery or two for him. Next on his list was to cut back on showering Not the actual time spent in the shower, but how many times per week to shower. His last item was to wear his jeans more than once before throwing them in the dirty clothes hamper. I think I heard his jeans calling out to me the other day as they lay crumpled in a heap on his bedroom floor - wash me, please, wash me.

My husband had a totally

different take on the matter. His list looked something like this. Stop drinking water bottled in plastic and start drinking more beer in either cans or glass bottles that can be recycled and do not clog up landfills. Never leave the harbor under motor when you can do it under sail. (Safety was not a concern.) Finally, never pay a bill with a check, envelope and stamp when you can do it electronically. Even better conserve your own energy and have your wife set up the electronic transactions.

For me, I vowed once all my cleaning products were empty, I would only clean using vinegar and baking soda. Eventually you do get used to the pickle smell and the temptation to make exploding volcanoes wears off as well. Next on my list was a light could only be on if a person was actually in the room. This has become a game of cat and mice. As quickly as my husband and son turn lights on, I find myself turning them off. Two against one is never fair. I no longer send my son's lunch to school using plastic baggies and they hate to see me coming at the commissary that is when I am not shopping at the local farmer's market -with all my cloth bags. I do get a bit of self-satisfaction when asked, "Paper or plastic?" and I answer, "Neither, cloth."

I now feel like my family and I are no longer hypocrites nor are we tree huggers. We don't relate to people who drive Hummers, nor do we send donations to the Earth Liberation Front better known as ELF. We are somewhere in between. Just one day at a time we are trying to leave a carbonless footprint in sand.

Until next time...

Recycle at the Beach School Paper • Plastic • Cans Raise awareness & funds



Pensacola Beach Elementary School students entered the Fifth Annual Black History Arts Festival Essay Contest in February. Katt Crowdis, fifth grade, won first place writing on the topic, "A Tribute to an African American in History." Young writers who participated are front row, (L to R): Austin Earle, Madison Clay and Hannah May. Second row, (L to R): Winner Katt Crowdis, Sara Post, Cayson McCurdy, Mary Elliott, Lia Lampone, Maddie Mateer and Megan Cronin. Back Row, (L to R): Will Green, Joey Martin, Jace Amberson, Steele Chambers, Shane Imm, Maddie Grace McCurdy, and Sara Burnett.



Mostly Nuts & Bolts By Candace Segar

When I was growing up in the 50s and 60s, I remember there was always a standard candy that the Easter Bunny left - jelly beans. I wondered where did those jelly beans come from? It turns out that the jelly bean was a combination of a two candies. One was called a Turkish Delight (the interior portion) and the shell was developed in the late 17th Century similar to the Jordan almond fame. These two merged in the 20th Century for our jelly bean. In the 1930s the Easter Bunny saw the similarities between egg shapes and colors and decided these had to be part of Easter

If you want to know a little more trivia on jelly beans, continue reading. In the U.S. during the roaring 20s, a stylishly dressed man wanting to attract women, was called a Jelly bean or a Jelly Bean. There was a song written by Jimme Dupre, Sam Rosen and Joe Verges and published in New Orleans in 1920 by Universal Music Publishers, Inc. with a line that said, "Jelly Bean, he's a curbside cutie." Currently in the semiconductor industry, a "jelly bean" component is one which can be used for many applications, does not have unusual characteristics and is widely avail-

My nephew, McFlye, and I have a favorite - Jelly Belly jelly beans. In 1976 a Los Angeles candy distributor had the idea to

back by the time school's out, and

we'll do Halloween even better this

year. It was so much fun last year.

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use natural flavors for the jelly bean. The Jelly Belly Candy Company which had been the Herman Goelitz Candy Co., one of the best candy makers in the world, took the challenge and the rest, as they say, is history. The first eight Jelly Belly flavors were Very cherry, lemon, cream soda, tangerine, green apple, root beer, grape and licorice.

Jelly Belly jelly beans were a staple in the oval office because it was President Reagan's favorite candy. Blueberry was issued as a new flavor, so the President could put out red, white and blue jelly beans for parties. And Jelly Belly jellybeans were the first jelly beans in outer space. They were sent on the space shuttle Challenger in 1983 as a presidential surprise for the astronauts. That was the same mission with our first American female astronaut, Sally Ride.

It has been a great journey for the jelly bean. One thing though jelly bean was a little jealous of Tang. Jelly bean thought Tang went to the moon. But I found this little known fact, Apollo astronaut Buzz Aldrin stated that Tang was not consumed on his moon mission. He said, "We, instead chose a grapefruit-orange mixture as our citrus drink. If Tang was on our flight, I was unaware of it."

Well, maybe Jelly beans will make it on our next flight to the moon or better yet, Mars!

BYTES AND BITS

By Joe Stukey Your Computer Pal

Q: What is a "LightScribe" CD Burner?

A: "Lightscribe" is a technology that allows you to "etch" labels on the CDs that you have burned. To do that you must have a Lightscribe-capable CD burner and special CDs. Those CDs will have a coating on the surface that will allow them to be etched by the CD burner's laser. Since the CDs are laser-etched, they will have a professional appearance and there is no ink to smear or paper labels to attach.

The labels are created by using one of several CD-burning programs that are capable of etching labels on the disks. You can be creative, using your own designs, photos, artwork and text, or you can use the image templates provided with the software. If creating a label for a music CD you can import the music list from ITunes or from Windows Media Player.

Remember that you must put the CD into the CD tray with the label side facing down in order for the software to etch the disk. Depending on the CDs that you have

St. Paddy's Day Pub Crawl March 17

10 Sabine Sandbar

11 Sidelines

Noon Crabs

1 The Dock

2 Sandshaker

3 Sabine Sandbar

4 Elk's Lodge

chosen, the resulting image may be in grayscale or color. Also, be patient, because the etching process may take a while to complete.

For questions, contact Joe at joe@ycpals.com or 206-3156.

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Solution time: 27 mins.

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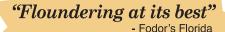
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