

ISLAND TIMES

Volume IV, Number 23

Pensacola Beach, Florida

March 11, 2009

St. Patrick Blesses The Beach

St. Paddy's Day
Pub Crawl Celebrates
23 spirited years



Saint Patrick treks from the Emerald Isles to the Emerald Coast to celebrate the Go Irish on the Island events on Pensacola Beach. John Glass, left, who portrays the fun loving Saint Patrick, will make appearances all day March 17 at Paddy O'Leary's. Pub Crawler and famous Gulf Breeze Irishman Tom Smith honors the patron saint of Ireland and the St. Paddy's Day Pub Crawl with a hardy "Sláinte!" For more on this story, see page 2.

Irish Eyes Are Smilin' - Five Days in a Row

St. Paddy's Day will be five days long on Pensacola Beach this year. And, that's no blarney. Festivities will begin on Friday the Thirteenth; and end with the legendary St. Paddy's Day Pub Crawl on Tuesday, March 17. Bad superstitions will not adversely affect Renee's March Birthday Bash thanks to the luck of the Irish that will surround this first

event at Paradise Bar and Grill, March 13. The weekend is full of parties, contests and live music to keep Irish eyes smiling.

The Pensacola Beach Chamber of Commerce has taken over the presentation of most of the affair this year which has always previously been hosted by Paddy Blake and his Society of Leprechauns; and after his death, by

his wife Shirley. The change was made this year at Shirley's request.

But the good Irish customs will remain the same while the new ideas which are bound to become old customs very soon, will be springing up like shamrocks all weekend long.

The original Society of Leprechauns, will hold their annual

Corned Beef and Cabbage Breakfast at the Sabine Sandbar prior to the Pub Crawl. Members of Paddy's family, Shirley, son and daughter-in-law Danny and Pam Blake will be at Sideline's at 10 a.m. to officially greet the Pub Crawlers.

Beverly Hughes will be jiggling from bar to bar with baskets laden with goodies which will be auctioned off with all proceeds going to Covenant Hospice.

Each bar has purchased a supply of t-shirts and all proceeds will also go to Covenant Hospice. Shirts will be on sale at participating bars as long as the limited supply lasts.

Like all famous Irishmen, Paddy Blake had a big compassionate heart, and it really showed on St. Patrick's Day when the Pub Crawl always netted a nice donation for local charities.

Paddy O'Leary's hosts a Catholic Mass at 9:30 a.m. to kick off St. Patrick's Day. The Pub Crawl follows with twelve bars on the route, and each will offer a variety of entertainment including a Green Bikini Contest at Bamboo Willie's. Most pubs will feature music and specials.



Society of Leprechauns 2004 Queen Beverly Hughes kicks up her heels on St. Patrick's Day while auctioning off baskets to benefit Covenant Hospice.

Crawlers will be sure not to overstay their welcome in any one bar since there will be an official announcement when it is time to leave for the next stop.

New this year will be events for the wee ones. The Leprechaun Hunt for kids on March 14 at Tiki Island at 10:30 a.m. Then on to St. Paddy's Day, there will be an After School Party at Tiki Island at 3:30 p.m. Kids will decorate sugar cookies, drink green lemonade and play games.

Seamas Hunt is the Chamber's Head Leprechaun directing the Pub Crawl. Events are free for Irishmen of all nationalities.

For complete details, see ad on Page 5.

Authority Committee Approves Commercial Requests

The Santa Rosa Island Authority is trying to make life a lot more fun for Beach lovers this year with the approval of three new requests at the February 25 committee meetings.

The Development and Leasing Committee approved the request of Islander Surf Shop to operate in a Boardwalk location. The Boardwalk is now completely full.

Secondly, they approved a request from the Gulfside Pier to allow for the location of a kiosk on their leasehold property to sell snowcones. Space is limited inside his building according to owner, Mike Pinzone. The operation would take place in a tent which would be removed each night.

The Committee also approved a request from Portofino to place an inflatable slide, a picnic area, portable restrooms, and a temporary canopy east of Tower III. The facility would be open to Portofino guests and the general public for a fee.

The Administrative Commit-

tee granted approval of the annual Turtle Monitoring Agreement between Gulf Islands National Seashore and the SRIA to monitor the turtle nesting season which begins on May 1 and runs through October 31. The SRIA pays \$18,750 for the monitoring service, provides a vehicle, supplies one trained employee to patrol two days per week and trains all SRIA staff on procedures for sightings. This participation by the SRIA is a requirement as part of a plan to receive beach renourishment funds.

Robert Rinke appeared at the committee meetings to once again go over the history of the Island Beautification Fund and to explain how funding will be broken down. The excess yearly lease fee which Portofino imposed on themselves goes to the SRIA. Thirty percent goes to the General Fund. The other seventy percent is for Island Beautification and infrastructure up to \$6 million. The IBF gets \$475,000 per year.

Rinke requested that the Beautification Plan ad hoc committee be allowed to take out \$100,000 to hire a planner. More on this story, see "Committee Seeks Nationally Known Architect," page 7.

The report from Dottie Ford, Director of Finance, was welcome as usual. "The report is through December 31," she said. "We are up \$7,000. It's not much, but it's a lot better than being down."

The Administrative Committee also addressed the problem with the unsightly overflowing dumpster between the Boardwalk and Circle K.

"We need some enforcement ability to keep leaseholders from leaving garbage and having overflowing dumpsters. This is an eyesore. It's terrible," said Buck Lee, SRIA executive director.

This subject will be discussed at the Full Board meeting.

The Full Board will meet at 5 p.m. on Wednesday, March 11 at the Authority office. All meetings are open to the public.

School Finances Steady; Future Budget Uncertain

The Board of Directors of Pensacola Beach Elementary School welcomed guest, Scott Neal, Optimist Club president, to their February 23 meeting.

"The Optimists support the Beach School and we have not been here to hear what your needs are. I will act as a liaison bringing information back to the Club members. We look forward all year to the poster contest and oratorical contest," Neal said. The business meeting re-

flected information from Board President Todd McCurdy that finances are currently sound.

"Right now the finances are in good shape," he said. "We have funds in our contingency account and are showing a positive outcome through the rest of the school year."

McCurdy said it would be difficult to project next year's finances due to a possible decrease in state funding, a decrease in fundraising, and an un-

certain student count.

In the Teacher's Report, it was noted that the students have completed their "Just Say No To Drugs" posters and Father of the Year essay entries are now being judged. Jennifer Neal was honored at the Golden Apple Awards as the Beach School Teacher of the Year.

The next School Board meeting will be at 6 p.m. on March 30 at the school. Meetings are open to the public.

ISLAND TIMES

Published every other Wednesday

SHELLEY W. JOHNSON, PUBLISHER

Post Office Box 844 Gulf Breeze, FL 32562

850-916-5258

islandtimes@bellsouth.net www.MyIslandTimes.com

No portion of this publication may be reproduced without the consent of the publisher.

Barefoot on the Beach

By Jane Waters Cooper



Making shoe box floats for Mardi Gras is child's play. Well, it used to be until ex-Orleanian Renee Mack came to the Beach, and introduced the ancient craft as a grown up skill. She assumes that grown ups are children, only taller, so she devised a Shoe Box contest for tall children with such prizes as free drinks, bar tabs, and t-shirts at Paradise Grill.

I couldn't resist. I had to enter. After all, I had supervised the construction of a bunch of shoe box floats while my children were attending school in New Orleans. Building and displaying the floats was twice as important as test results to the Orleanians. The young students would hold parades for their creations while they ate king cake.

The procedure usually took half a school day. It was some kind of learning process. I think.

So, having worked as the construction superintendent for numerous shoe box wonders, who else was better qualified than I to win the whole enchilada?

Last year, I built a float which, I knew, was killer. Better, by far, than anyone else could produce. Wrong. I barely squeaked out a third place prize with Sharon Mattair and Vern Phillips winning first and second. And, they are not even from New Orleans. They are just clever.

Early on I decided I would not enter the competition this year. I would remain calm, sitting on the sidelines far removed from the tempestuous judging of the floats on the night of Fat Tuesday, the last day of the Mardi Gras.

And, then, what is left of my brain took over. It kept repeating, "Party Float." Try "Party Float." The little voice made the mantra a command. I had no options. Sud-

denly, I was irretrievably back as a contractor, once again, building a float.

I took stock of my inventory. I had one half bottle of gold glitter, also known as magic dust, according to Kathi Lewis; a half full box of tongue depressors, a whole lot of acrylic paint, and plenty of pipe cleaners.

What I didn't have was ever so critical. No sequins, no tiny beads, no rhinestones, no feathers, no velvet, no gold lame, or other bits and pieces of material.

I really did not think I could ask Frank, who does most of the household shopping to go buy a sixteenth of a yard of costume materials, or even a few rhinestones. I had to admit it, my junk box was empty. This would be an unprecedented challenge.

Frank did go out and purchase gold paint, wheels and dowels for axles, and struts to hold up the top. On his own, he brought home some artificial flowers and he watched me struggle as I built my "Party Wagon."

The old shoe box was somewhat tattered and required lots of cosmetic attention like flowers to cover the dips in the inside, lots of magic dust and pictures to cover the outside of the float.

The next and most important part of the process is turning tongue depressors into people. People would represent the holiday seasons so I set about making a Santa Claus, Mardi Gras queen, a Valentine, a St. Patrick's Day pub crawler, Playboy bunny, Fourth of July NAS sailor, and the traditional Halloween witch.

I laboriously painted tiny faces on the depressors. Then the improvisation took over. Santa's suit was fashioned from an old red

sock. He had a white, sterile cotton beard and hair, and champagne glass made from foil, which was thrust into his red pipe-cleaner hand.

And so it went, Valentine, old white sock, with red pressure sensitive hearts on his chest, champagne glass in hand. The Mardi Gras queen was a real problem, finally solved by making her dress with beads, and pipe cleaners, and I did find three tiny rhinestones glued to an old cap for her tiara. She had a glass in each hand. She's from New Orleans for Heaven's sake. She represents the more-is-better class of revelers.

The St. Patrick's Day colleen

had real red hair, cut from a doll, a green skirt and low cut blouse from some material from the same doll's clothing, and, of course, a glass.

The stunner in the whole float was the Playboy bunny, who wearing her regal frothy white fur stole, stood at the front of the float. Rounding out the group was a



Party Wagon

No foil champagne glass. No booze.

Finally, the black clad wicked witch with a jack-o-lantern in one hand and a drink in the other giv-

ing a menacing glance to the judges. What a masterpiece, I thought, as I recalled what effort and ingenuity went into the product. At my hourly wage, the float was worth about \$2,500.

The judges, whoever they were, recognized the hours I had spent painting the delicate faces on the tongue depressors and the time I spent hunting for an old red sock, an old white sock, some black material, and some green material. They may even have noticed the tiny champagne glasses fashioned from foil. I won.

Second runner-up was Sandi Johnson with her jester float and first runner-up was Lila Cox with her boat float. I bow to my competition. They were very good. I just happened to have the Irish girl on my float. That kind of luck will get you everywhere.

Sorry, I have to stop bragging about myself. And answer the phone. Oh yeah, it's someone from the Blaine Kern Studio in New Orleans. They offered me a job.



Party Wagon



Yo
Ho
Ho

- Fresh Gulf Seafood
- Live Maine Lobster
- Kids Playground



1010 Ft. Pickens Road
Pensacola Beach
932-4139
www.peglegpetes.com

Lunch Specials
Mon-Fri 11-2

Dinner Specials
Nightly



OPEN EVERYDAY at 11 AM

Wings • Burgers • Seafood • Ribs

CATCH IT ALL!

Sports
on Hi Def

42 TVs • 11 Big Screens

Pay Per View
Events

SCORE!
39¢ WINGS
on Thursday



2 Via de Luna • Pensacola Beach



WELCOME ABOARD

Pensacola Beach Yacht Club members are always ready to welcome newcomers to their roster. New members this month are Glen Holmes, Pensacola Beach; William and Cynthia Milford; and Christopher and Stephanie Niehaus, all from Pensacola; and Ray Houte and Caryl Moulder from Gulfport.

BEBE BONZ

Bonz and Elodie Alexander's baby made his grand appearance on Mardi Gras Day! Jean Pierre Alexander was born Tuesday, February 24 in Pensacola. He is officially the youngest member of the Krewe of Bananimals.

BOOGIE BIRTHDAY

David McDonald declared that he would begin his birthday party on February 21 at the Krewe of Wrecks Champagne Breakfast and continue until the last strand of beads was delivered at midnight on Fat Tuesday. The Boogie Man kept his word. He has recorded the whole event on tape to prove it.

WORTH A THOUSAND WORDS

Felicia Fisher is recording the hi-jinks of Mardi Gras in photo picture books which will be available soon. You can submit your favorite photos or order a book by emailing her at Felicia@emeraldcoastmultimedia.com.

MUSIC NOTES

Self-proclaimed band groupie Lorrie Woolard spends his winters on Pensacola Beach. He notes that Pensacola Beach is a treasure trove of talented musicians including saxophonist Jim Andrews and Ronnie Levine to name a few. Lorrie jets back to Chicago's music scene May 1.

SMOKE FREE

Registered nurse Darla Richardson is spreading the news that spending time at the Pensacola Beach Elk's Lodge just got a bit healthier. The popular lodge became Smoke Free on March 6. According to Darla, not a minute too soon, since they are in the midst of a membership drive.

BACK TO THE BEACH

Long time Via de Luna resident Fran Summerlin Histed was back on the Island to see the twenty-ninth Krewe of Wrecks parade. She was displaced by the Hurricane, but gets back for a visit when she can. Shu and Cyndi Schumaker were on the parade route as usual. They traveled from Rockville, Maryland for their annual dose of Beach fun.

HANGTEN

Yancy Spencer, IV, is in Hawaii right now according to his mother, Pam Murphey. When he returns he will get back to the business of surfing Pensacola Beach and will be teaching others to do the same.

Trivia

What fine Irish name is the answer to this week's trivia?

Trivia Master for the Day, Tommy Chavis, thought he had a brain buster question that would stump every trivia expert. He came close with the following question: "If you follow 17th Avenue and only turn when the road forces you to turn, what body of water will you finally see at the end of your journey?"

The answer was Bayou Grande and out of all the answers the Trivia Master received, only one was correct. Sharon Felder of Gulf Breeze arrived at the correct answer by the following deductions. "If you followed the road from 17th Avenue, it turned into Texar which turned into Fairfield. If you followed Fairfield around the west side of Pensacola, it ends at Bayou Grande. Then the light bulb went off in my head. I knew I had the correct answer," she said. So, thanks to the light

bulb, trivia newcomer Sharon is now the owner of a coveted and oftentimes elusive Island Times t-shirt.

Bayou Texar was the most popular of the wrong answers. Atlanta's Dave Wheeler emailed this message, "If you go in the other direction you end up at the mouth of Bayou Texar on Pensacola Bay. Seventeenth Avenue used to dead end in the other direction at a storm drain adjacent to the old Baar's family residence. Maybe I've been away too long to get this one right."

Others who answered Bayou Texar were Melanie Waite and Joe Kracheck who said heading north on 17th would bring you to Bayou Texar and heading south on 17th would put you at Escambia Bay. Sir Morrie Drees, Knight of the Roundtable, declared that if it

wasn't Bayou Texar, it must be Carpenter's Creek.

And on and on the answers went. All of them wrong.

The generous, loving, kindly, happy spirit of the Irish has taken possession of the Trivia Master's conniving, good sense. In honor of the twenty-third St. Paddy's Day Pub Crawl, try to answer this one.

"For many years, Paddy Blake had a sidekick who helped him run his Pub Crawl. Can you name him?" Hurry to your computer with your answer to win an *Island Times* t-shirt.

Rules are the same. Send your answer to islandtimes@bellsouth.net with "trivia" in the subject line and include your name, phone number. Deadline to answer is March 18, 2009. Good luck!

Reggae Madness in Paradise



Cozy Inn & Full Service Bar

LIVE MUSIC

MARCH REGGAE MADNESS

Thu, 12th	Sweet Justice • 6 PM
Fri, 13th	Midwest Hype • 6 PM
Sat, 14th	Midwest Hype • 6 PM
Sun, 15th	The Resolvers • 3 PM
Mon, 16th	Reddog & Friends • 6 PM
Tue, 17th	Tin Feet • 5 PM
Thu, 19th	4th Dimension • 6 PM
Fri, 20th	Honey Island Swamp • 6 PM
Sat, 21st	Dunnatar • 6 PM
Sun, 22nd	Nouveau Honkies • 3 PM
Mon, 23rd	Reddog & Friends • 6 PM
Tue, 24th	Nouveau Honkies • 6 PM

Every Thursday & Sunday Come Over, Mon!

Seafood Sandwiches Snacks

Renee's Famous Shrimp Salad

Grilled Catch of the Day

FRIDAY THE 13th - Go Irish on the Island Kick Off

Renee's March Birthday Bash 6 PM
Reggae Music by Midwest Hype
FREE DRINK to anyone with a MARCH BIRTHDAY!

TUESDAY, MARCH 17th - St. Paddy's Day Pub Crawl

LUCKY STOP NUMBER FIVE at ONE O'CLOCK
Specials for Irishmen and their friends!
Tin Feet plays at 5 PM

Paradise Inn • Stay and Play!

CALENDAR ONLINE
paradisebar-grill.com

Reservations: 850-932-2319

21 Via de Luna
850-916-5087

What is your vision of the future of Pensacola Beach?

Core Area Development
Public Workshop
All are welcome

Wednesday, March 18
6 to 9 p.m.
Pensacola Beach Church
Bring your ideas!



Beach Chamber Considers By-Law Change

A change in the By-Laws was under consideration at the February 24 meeting of the Pensacola Beach Chamber of Commerce. The proposed change would allow up to two members of the nine member board to be from off-beach businesses.

Member Diane Tyson said it made good sense to allow business representatives on the Board from Gulf Breeze businesses.

"We need to expand especially to Gulf Breeze," she said. "There are many members of the Beach Chamber who are also Gulf Breeze Chamber members."

Jeff Elbert, president, commented that the change would represent an expansion but would not allow off-beach businesses to

overrun or absorb the Beach Chamber.

A special meeting to consider the action took place at the SRIA boardroom on March 3 with the following results: In a 6-0 vote the amendment to the By-Law passed allowing up to two of the Board member to be from off-Beach businesses.

During the Member's Roundtable, the impact of the Mardi Gras on beach business was reported.

Beverly Boswell, owner of the Sandshaker Lounge said, "We have had a great January and February thanks to the Mardi Gras and the people who have been here a long time and kept the festival going all those years."

Elbert added, "We had a great Mardi Gras. We were up 26 percent in January because of the Mardi Gras and February is looking good. We appreciate the local support."

Sandi Johnson of the Beach Woman's Club said their Card Party and fundraiser was a huge success.

"It would not be possible for us to host such a successful fundraiser if it were not for the generous donations of beach businesses and we want to thank all of

you who contributed," she said.

The Chamber will conduct a ribbon cutting at a new Beach business, Pointe South, a vacation rental group. The new Chamber members are located above Domino's Pizza in Soundside Market where the ribbon cutting will take place at noon March 19.

The next general membership meeting of the Chamber will be at 8:30 a.m. on March 31 at the Comfort Inn. Business After Hours will be the same day at Paradise Bar and Grill at 5:30 p.m.



PUBLIC
WELCOME
PLEASE COME

**Fritz and Friends Fish Fry
Saturday, April 4 at noon**

Bloodmobile 10 AM - 2 PM

Pensacola Beach Elk's Lodge

All You Can Eat Alaskan Snow Crab

**Thursday & Friday
4 p.m. til close**

CRABS
we got 'em



850-932-0700
crabswegotem.com

Look for the **RED ROOF** at the
traffic light on Pensacola Beach



Go Irish on the Island March 13-17 • Pensacola Beach

St. Paddy's Day • March 17 Pub Crawl

10:00	Sidelines
10:45	The Break
11:30	Paddy O'Leary's
12:15	The Islander
1:00	Paradise Bar and Grill
1:45	Crab's We Got 'Em
2:30	The Dock
3:15	Flounder's
4:00	Bamboo Willie's
4:45	Bimini Beach Bar
5:30	Sabine Sandbar
6:15	Sandshaker

Kid's Events!

Leprechaun Hunt
March 14 • Tiki Island
10:30 AM

St. Paddy's Day After School Party
March 17 • Tiki Island • 3:30 PM
Decorate Sugar Cookies
Green lemonade • Games

Join the
FUN!



PENSACOLA BEACH CHAMBER OF COMMERCE

FRIDAY, MARCH 13

Renee's March Birthday Bash - Paradise Bar and Grill, 6 p.m.
Don't Be Afraid of the Dark Guinness Party - Paddy's, 9 p.m.
Get Lucky Party - Flounder's, Surge Stone at 10 p.m.
St. Paddy's Kick Off Party - Sandshaker - Music MFC, 8:30 p.m.
Bamboo Willie's - live music

SATURDAY, MARCH 14

Boogie Street Party - Sabine Sandbar, 1 p.m. Music by Boogie,
Green Grillin and Chillin - Sandshaker, 2:30 to 6:30 p.m.
Party with the Sailor - Sandshaker, 8:30 p.m.
Paddy's Pot O'Gold Poker Party, Paddy O'Leary's, 3 p.m.
Guinness Pouring Contest - Paddy O'Leary's, 5 p.m.

SUNDAY, MARCH 15

Soundfront Brunch - Paradise Grill, 10 a.m. Irish Coffee served
Top O' The Morning Brunch - Flounder's, 11a.m. Tim Spencer
Brunch on the Gulf - Hilton, Pensacola Beach
Paddy O'Mullet Party - Paddy O'Leary's, 3 p.m. - 8 p.m.
The Party Continues - Sandshaker, Music by Shiz, 3:30 p.m.

MONDAY, MARCH 16

St. Patrick's Poker Party - Sandshaker, 7:30 p.m.
Irish Karaoke Party w/ Eric & Dennie, Paddy O'Leary's, 10 p.m.

TUESDAY, MARCH 17

Paddy's O'Leary's - Catholic Mass, 9:30 a.m.; Duel Christian,
12 to 6; Reenactment of Tim Finnegan's Wake, 2:30
p.m.; Appearance by St. Patrick himself, all day; Petty Cash, 6
to close; Corned beef and cabbage served all day
St. Paddy's Day Pub Crawl - 10 a.m. until
Green Bikini Contest - Bamboo Willie's 4 p.m. during Pub Crawl
Post Pub Crawl Party - Sandshaker. Lectric Mullet plays 6 p.m.

More Information
VisitPensacolaBeach.com
850-932-1500

Pub Crawl Shirts \$10
available at participating
Pub Crawl Locations



peas, porridge & a dry martini

by Kathi Lewis



I could say it was sorta like "kissing the blarney stone" except it was neither the lips nor a stone. It was a head, mine, and a bead track. I was airborne for a split second but I held on to those Mardi Gras beads (until I landed anyway). Gotta hand it to King George Henshall, he made sure those bead tracks were on there to stay! My Mama always said I was her hard-headed child. You consider the 25 years of SOB training, plus 25 years training with the Krewe of Wrecks (not to mention they gave me a Tiarara in 1999) and two more official years training in the Krewe of Nereids and hey, I think I'm ready for the Olympics!

Okay, it was my debut for riding the Nereids Float and you know I just love to make an impression.

Oh my sweet friend, Courtney Winstead, defended me because she mistakenly believed my fall was caused by the stopping and starting of the float (without blaming our driver, Mike, who does an excellent job for us). She suggested in an e-mail discussion that perhaps we needed some sort of signal.

Our King's wife, Peggy responded with "Kathi Lewis was our signal."

"No," Courtney replied, "I meant a sound signal."

Peggy's response was, "She made a thud."

Oh come on, that's a true story and if you're not laughing there is something wrong!

A great big "Thank You" to Running Around Wreck, Jeff Goudey, and the Board members of the Krewe of Wrecks for an unforgettable and spectacular Mardi Gras. You've continued to make us all proud to have a place in the biggest event on our tiny Island each year. We appreciate your hard work and dedication to the continuation of Mardi Gras on the Island, and for making it bigger and better each year. And safer, don't forget that! I caused my own damage and I accept full responsibility (along

with the pretty colors).

If you can get the purple stuff put away, the green and gold will work for Going Irish on the Island. Leprechauns also love the shiny stuff, thank goodness. If just one would come by and grant me a wish, I might be able to get my house into some sort of order by St. Patrick's Day.

There's a long list of fun scheduled all day St. Patrick's Day and I can hardly wait. Lord willing and the creek don't rise, I'll be there.

I just want to know if we still have a St. Paddy's Day Queen and is it going to be Tommy Grice? Is he going for the Triple Crown; Nauga, Wrecks and perhaps, Leprechaun?

His sweet wife Wendy says life hasn't changed at all in the Grice household. "This," she says with her beautiful smile, "is what I live with every day. Welcome to my world."

This week's recipe comes from my friend and loyal reader Ted Pence from Iowa. Get your scissors out 'cause this one's a keeper!

Thanks for sharing Ted! Let's cook....

Italian Sausage Bites

1 Pkg. Cocktail rye bread
1 Lb. Seasoned Italian sausage (freshly ground is best)
1 8 oz Pkg. Kraft Velveeta Cheese
Ground Italian seasoning

Season a 9" skillet with a little olive oil. Crumble sausage into pan and add a generous amount of Italian seasoning. Brown sausage, stirring frequently and drain well. Melt velveeta cheese in microwave and pour over cooked sausage. Mix well and spread on rye bread. Place on cookie sheet and "toast" for 10-15 minutes, or bake at 400 degrees until bread is toasted. These can be made ahead and frozen individually (before baking). Makes 20 - 25 pieces.

Enjoy, share with someone and watch out for that Blarney Stone! Happy St. Patrick's Day.

See ya in the kitchen.....

St. Paddy's Day Weekend at the Shaker

Fri. 13th, 8:30pm KICKOFF PARTY w/ MFC
10pm-midnight **JAGER GIRLS**

Sat. 14th, 2:30-6:30pm
GRILLIN' & CHILLIN'
Music by **LOST KEES**

8:30pm-12:30am
"PARTY W/ THE SAILOR"
Music by **MFC**

Tues. 3/17, 6-10pm
ST. PADDY'S DAY PARTY
featuring **LEKTRIC MULLET**

Sun. 15th, 3:30-7:30pm Music by THE SHIZ

OPEN 10AM-3AM 7 DAYS A WEEK SANDSHAKER.COM
731 Pens Beach Blvd. Pensacola Beach (Across from the Boardwalk) 850.932.2211

Maria's Fresh Seafood Market

*Take a little bit of the Gulf Coast home!
Fresh from the boats daily
We can cold pack for travel or ship anywhere.*

- RED SNAPPER & TRIGGERFISH
- GROUPE & FLOUNDER
- OYSTERS & SHRIMP
- MUCH MORE!

621 Cervantes Street
Pensacola • 432-4999
Call for directions from the Beach

MON - SAT 8 AM - 7 PM
SUNDAY 8 AM - 6 PM

Children's Chorus Fundraiser Offers Beach Week Plus Big Bucks

Here's something to sing about. You could win a Pensacola Beach Vacation Get Away plus cold cash by participating in the Pensacola Children's Chorus drawing. Twenty dollars will get you entered for a chance to win a one-week stay at Treehouse Condominiums, located at Little Sabine Bay on Pensacola Beach, plus \$1,000 in cash.

Each year, the Pensacola Children's Chorus holds special events to raise money to assist with the organization's ongoing mission to provide the finest in music education and performance opportunities for youth.

Only 1,000 tickets are available and they are going fast. The winner will be announced at the Pensacola Children's Chorus "SHOWTIME 2009" performance Saturday, May 9 at the Pensacola Saenger Theatre.

Please call 850-434-7760 for more information.

Wine Talk

By David Griffin,

Beach Wines and Liquors



DRINKING BETTER BEER

Baby boomers have been at the forefront of some beer drinking trends, the first of which was the light-beer movement. Now, as Boomers age, their beer-purchasing behavior has continued to evolve in an unexpected way. Even though they may have more disposable income than when they were younger, they are not necessarily drinking more beer. Instead they are spending more money on less beer. It is the classic matter of quality over quantity. Boomers are "trading up" to micro and regional specialty beers, or craft brews. All the growth in beer over the past decades has gone into the production of better beers. This is a trend that is likely to continue.

HINT: Over the last quarter of the twentieth century, light beer became the dominant segment in the domestic beer category.

Whether you are celebrating St. Patrick's Day with beer dyed green or prefer to try a variety of brews, stop by Beach Wines and Liquors, Inc. at 5 Via de Luna for all your party needs. We have an extensive selection of wines and spirits, ready to package up and send home. Questions? Call 850-932-8850.

OPEN AIR DECK Overlooks Sabine Bay

Live Music Cold Beer Free Sunsets

Sabine Sandbar
Pensacola Beach, FL
Our Bar

Karaoke with John Hundley
Tuesday & Thursday 7 to 11
Live Music
Wednesday Tim Spencer 7 to 11

LIVE MUSIC EVERY WEEKEND
Check our calendar at www.DalesBigDeck.com

715 Pensacola Beach Blvd at the Sabine Marina
Next to the Yacht Club - South of the Elk's Lodge
850-934-3141 • Open Everyday at 9 a.m.

SIT ON DALE'S BIG DECK

SRIA Committee Seeks Nationally Known Landscape Architect

Island Beautification Fund To Pay For Professionals

The Ad Hoc Committee from the Santa Rosa Island Authority took a major step forward in their first meeting on February 24 when they approved drafting of an advertisement to select a landscape architect to provide plans for the future beautification of the island.

The original agreement for beautifying the Island was between Portofino developers and the SRIA.

Robert Rinke of Portofino described the scope of the Request for Qualifications by saying, "In seeking this land planner, we need to find the best in the nation who understands that we wish to focus on eco-tourism, that we are a resort community where the quality of life of those who live on an island is important and to consider those who enjoy the beach as day visitors from Escambia County."

Rinke went on to explain that a Land Plan would be created in separate pieces or projects.

"There will be some ideas that will come out of the plan," he said. "This committee will have to identify the priority of those pieces."

"We do not want to hire one planner and have only one vision," Rinke continued. "We need to identify qualified people, have them come here, and make presentations. Those who are chosen from this group will come back and make a design charette. This is basically a design competition where you would work with the planner over a couple of days."

Rinke explained that in the end the project may be handled by several firms or by one.

Rinke submitted a list of items which should be included in the RRFQ and information packet. It would not be limited to these ideas, but they should be considered according to Rinke.

- Seek a planner highly qualified in eco-tourism, eco-focused master land planning and landscaping

- Since the Land plan would

include a defined area there should be aerial photos of the island from the Toll to the Casino and an overview of Via de Luna included in an information packet

- General overview of the goals of the project

- Create a resort beach known for eco tourism

- Potential ideas or areas to address

- Redesign toll booth so it is visually pleasing as the gateway to the island. The toll facility belongs to Escambia County so they would have to approve this.

- Pensacola Beach Blvd water tanks that are visually negative; address their removal.

- Landscaping and hardscaping of Pensacola Beach Boulevard

- Creating a sense of arrival of the core area with perhaps a water feature

- Deal with immediate parking issues

- Plan for future parking needs

- Meeting the challenge of becoming a pedestrian friendly core area

- Create a Beach to Bay experience

- Eco-tourism is huge, so identify the Eco-tourism potential for the core of this island

Harbingers Of Spring - Beach Lifeguards Return

What is the first sign of spring on Pensacola Beach? St. Patrick's arrival? No. The robins come up from Miami? No. Spring breakers hit the Beach? No. Lifeguards returning to Casino Beach, keeping a steady eye on those swimmers brave enough to jump in the chilly waters of the Gulf of Mexico? Yes.

The Beach guarding staff will reach its peak of 40 guards in May and will have personnel at Casino Beach, at the Fort Pickens Gate, at Quietwater Beach and Park East. They will be at their

- Create a live entertainment venue that would serve thousands of people six to eight months per year

- Tie beach together with other areas by water transportation

- Landscape plan from the core area to Portofino

- Second entrance, the eastern gateway to the Island, located at Portofino, needs traffic calming and aesthetics

After the close of the items, SRIA board member Dave Pavlock suggested that he would encourage the use of the term "East Entrance" as a description of the area rather than Portofino.

"We are a Board appointed by the County Commissioners," Pavlock said. "Day tourists need to be considered. We need to think about those who own the Beach, the residents of Escambia County."

Rinke agreed that there are three groups to satisfy; the residents, tourists and day visitors. Members of the Ad Hoc Committee from the SRIA Board are Fred Gant, Vernon Prather and Dave Pavlock.

A draft of the RFQ and information packet will be presented at the next meeting at 3 p.m. at the SRIA office on March 11. The meeting is open to the public.

posts from 10 a.m. until 6 p.m.

"The Gulf continues to be a potentially dangerous place. Several distressed swimmers were rescued in February. The rip currents have been very powerful, even in very small surf. It is always safest to swim where Lifeguards are present," said Santa Rosa Island Authority Safety Director Bob West.

More new and improved lifeguard stations will be added this year. Eventually the old outmoded wooden stands will be completely eliminated.



Pre-Season Sale

KAYAKS • BOATS • WAVE RUNNERS

Pensacola Beach
at the Boardwalk

850-932-5520
www.KeySailing.com

Call for
Store Hours

Catamarans • Parasailing • Waverunners • Kayaks • Boat Rentals



Try a
Frozen
Cruzan
Pain Killer

Try a
Big
Kahuna
•
Our upstairs
deck
overlooks
Santa Rosa
Sound

Burgers • Shakes • Fries
Cold Beer

Waterfront Dining
500 Quietwater Beach Blvd
Pensacola Beach • 932-1417
Upstairs from Key Sailing

OPEN
Lunch & Dinner
Everyday

The One & Only Family Entertainment Center on the Island

FAMILY FUN
Day & Night

Mon - Thu 2-10
Fri-Sun 10-10



18 Holes of Fantasy Golf
Awesome Arcade

850-932-1550

Coming Soon

GIANT WATER
SLIDE - located
Soundside

Snack Bar

Hand-dipped Blue Bell Ice Cream
Nachos - Hot Dogs
Frosty Drinks - Frozen Treats

We host
Birthday
Parties

Play
Guitar
Hero

Pool
Tables

Dance
Dance
Revolution

Between Sidelines & Crabs • Look for the Waterfall, Stay for the Fun

Comfort & Joy

by Pandora de Balthazar

Dear Readers,

Today I want to speak frankly about a silent killer, sleep deprivation. Perhaps you are tired of reading about it, or just plain tired, but here are some facts. That's right. Clear and simple, no beating around the bush, nor the pillow, for that matter. If you are not getting eight hours to nine hours of sleep nightly, well, you have a problem.

Here are some of the undesirable results of sleep deprivation: Diabetes, Heart Disease, High Blood Pressure, Obesity, and Depression. Shall I go on?

REM sleep is maximized during the seventh and eighth hours of sleep. That makes those who sleep only four to seven hours operating under less than optimum mental conditions. This can create a problem for something as simple as driving.

For instance, Super Moms who try to do it all and don't get

enough sleep. Who would think they would be dangerous drivers? Too much to do, too many kids in the car, not enough sleep, and cell phones ringing. And, this is the example that we set for our kids, on a daily basis, and they will repeat the pattern

Period. Obviously, today's column is a wake up call and no punches are being pulled.

So, get a life; and sleep so you can enjoy it.

Sleep requires a good bed, great pillows, fabulous linens and textures that make your body scream, "Oh, wow!" You need and deserve a room outfitted for sleep, an environment conducive to sleep, and a family who respects your right to sleep.

Oh, and it requires giving yourself the permission to sleep. Once done, you are home free. Give it your all, your quality of life depends on it.

P.S. Sleep well!

Beach Gals Keep Good Times Rolling

The Pensacola Beach Woman's Club has been a hotbed of activity since the beginning of the year. After hosting another successful Game Day fundraiser in February, they boarded a decorated trolley to roll in the Krewe of Wrecks parade.

"I would like to thank trolley driver Phil Berry, safety director Jackie Zacham, refreshment chairmen Lynda and Mike Knell

for their Mardi Gras spirit," said Club President Jane McGrath. "So much fun packed into one day."

If you would like to be part of the Pensacola Beach Woman's Club fun, plan to attend the March meeting and Potluck Luncheon on Thursday, March 19 beginning at 11:30 a.m. at Hunt Hall.

Please call 857-0623 or 934-8977 for more details.



Lucky For You...We're Ready

A wee bit of everything festive
Glassware, Cards, Bit O'the Green
St. Paddy Items for every lad or lass!

Beach Home Decor, Cupboard &
kitchen, birthday and baby

Blue Sky Gift Shoppe

M-F 10-6
Sat 9-6

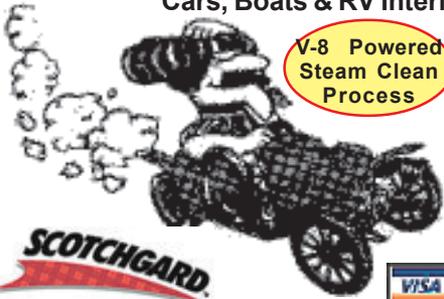
3479 Gulf Breeze Pkwy • 932-7100 • Next to Sonic



Pensacola Beach Woman's Clubbers just keep the fun times rolling. They celebrate each day with gusto and toasted birthdays with style at their January meeting. The Club's January Birthday gals (L to R) are: Jackie Hope, Jo Ann Robertson, Liz Knaus (holding the Club's mermaid mascot) and Marilyn Lazear.

STANLEY STEEMER®

Carpet & Upholstery Cleaner
Area and Oriental Rugs • Tile & Grout
Marble, Vinyl & Hardwood
Cars, Boats & RV Interiors



V-8 Powered
Steam Clean
Process

434-6277
438-7559
932-7670
934-1913






Sleep like a King!

European Luxury Bedding
Goose Down Pillows
Lavender Spa Lines
1000 Thread Count Sheets

Be blessed
with rest!

Pandora de Balthazar

T I M E L E S S

698 E. HEINBERG STREET
BEHIND MCGUIRE'S
850-432-4777

WWW.PANDORADEBALTHAZAR.COM

It's Your Beach!

**Core Area Development
Public Workshop**

Wednesday, March 18
6 to 9 p.m.
Beach Community Church
All input is welcome.



15% Off

Just To Try Us

Free Pickup & Delivery at homes,
condos and hotels.
Just call us at 850-916-9437.

Dry Cleaning • Laundry
Household Items • Draperies
Wash & Fold • Leather, etc.

1143 Gulf Breeze Pkwy 932-2565
3497 Gulf Breeze Pkwy 916-9437

X CLEAN
CLEANERS

SANDCASTLES

Pensacola Beach Real Estate

Beach Realtors Look Past Gloomy Forecast

The national forecast for real estate sales is gloomy, but Pensacola Beach Realtors point to a few bright spots to part the clouds. Sales, while not booming, are occurring. A Gulffront home on Ariola Drive closed for \$2,290,000 in January 2009. This is a harbinger of things to come according to Fred Simmons of Paradise Coastal Realty.

"I know the time is not far off when the headlines will read 'Pensacola Beach real estate is back,'" he says with optimism.

His optimism is shared by other longtime Beach Realtors. Mark Lee, Levin Rinke Resort Realty admits that he is a huge advocate for our piece of paradise.

"Pensacola Beach has always been a great investment over the long term, even when we encounter hiccups, such as today. Remember the 80s tax and bank problems, and the oil slide? Every time we come roaring back because folks love the Beach," Lee said.

John Pinzino and Nan Harper of Island Realty agreed, adding

that the property on Pensacola Beach offers a terrific value for the investor who has time to experience the balancing of the current market.

"Pensacola Beach is a wonderful site for a residence, as this is the most beautifully compelling beach in the world. It is less developed than others. Our beach school is one of the top 10 in the state, which is appealing for families. In addition, we enjoy a safe environment and have unique opportunities for outdoor recreation like cycling, kayaking, diving, fishing just steps from our doors," said Harper.

The assets of Pensacola Beach are no secret to residents of neighboring states who comprise a large percentage of the Island's real estate clients. Historically, Texans and residents of Louisiana have flocked to Pensacola Beach, but Realtors consider anyone in a five to seven hour drive time a good target market. Residents in those areas are potential purchasers and

are plentiful.

"We are driving distance to a huge population in some major metropolitan areas. At this point, our prices are such a value that many properties will cash flow for the investor depending on the down payment. This means that buyers can own a beach property that will appreciate over time and enjoy the investment while waiting for the market to come back; and if rented, have someone help pay for it," said Lee.

Clearly, the sales of single family homes and condos on Pensacola Beach are not stagnant. With sales figures reaching almost \$12 million since mid-November, there is good reason to look to the future with optimism.

Fred Simmons smiles and says, "There is a glimmer right now, but put on your sunglasses because the future is bright."

103 Baybridge Dr.
Gulf Breeze, FL
850-934-1797
gdanielgreen.com

G. Daniel Green, MAI, SRA
State-Cert. Gen. REA #RZ836
Real Estate Broker #BK176669



G. Daniel Green
& ASSOCIATES

Commercial & Residential Appraisal, Consulting & Sales

SANDCASTLES

Pensacola Beach Real Estate News

We're IT on Pensacola Beach

advertising reservations - 916-5258

Flashback

Fred's Back...

back to real estate..full time

Fred Simmons
850-232-2188




Together we can overcome this market.



TURN RIGHT

Pensacola Beach

Island Realty

916-7188

Jeremy S. Johnson
Broker Associate/Realtor

Live on Pensacola Beach. Gulf Front.
Best Price in Emerald Isle
Two Bed/Two Bath. Great Rental.
\$389,500



Direct: 850-377-3145
jeremy@gulfcoastparadise.com

Council Recognizes Top Guns

By Nan Harper, Florida Women's Council of Realtors' President-Elect

In spite of the global picture, it is encouraging to note that in the Pensacola area, 400 Realtors have sold over one million dollars in real estate in 2008.

These Realtors do not think negatively; they realize that their duty is to fulfill the American dream of home ownership. These Realtors have listened to their clients' needs, have worked with lenders to achieve equitable financial solutions,

and have brought to fruition the aspirations of buyers and sellers to make a positive impact on our local economy. They were recognized for their achievements at the Women's Council of Realtors Top Gun Awards Banquet, Thursday, February 26 at New



Maria Davis

World's Landing. Dignitaries at the event included Spain's Honorary Vice Consul to Spain, Maria Davis, Florida Women's Council of Realtors President Marie Avery, and WCR Governor Audrey Lackie from St. Augustine.

Willie Mae Stanberry awarded the Realtor of the Year honor to Larry Brooks. Emcee Dave DeBlander awarded Top Gun designations to the following: Mary Alcott, Doug Arnold, Beverly Ball, Stacy Barron, Shari Bauer, Kay Behr, Kimberly Bell, Martha Bell, Bobbi Blades, Tammy Bohannon, Peggy Bond, Gina Boylester, Peggy Branch, Ellen Braswell, Bridgette Brooks, Harlan Borss, Nancy Brown, Milly Burleson, Carissa Carisse, Bonnie Combs, Cindy Cotton, Kelie Crawford, Gelinda Crowley, Ebba Dampier, Daria Davis, Patty Helton Davis, Sonya Davis, Terri Davidson, Tania Dean, Lynette Dewberry, Christy Dewise, Mary Dunne, Jeanie Ephron, Barabara Fields, Lisa Flowers, Judith Frank, Dorothy Franklin, Carol Gaines, Glenda Gainey, Terry Gaston, Kim Gibbons, Tani Godfrey,

Bobbi Godwin, Diane Grundstrom, Darlene Hammond, Sharon Hamner, Bob Hanley, Diane Harmon, Nan Harper, Rita Hawthorne, Pamela Heinold, Peit Hudson, Nancy Humphrey, Newell Hutchinson, Al Ingram, Diane James, Theresa Johnson, Denise Kinne, Karen Krasnosky, Lisa Lanning, Dena Lawrence, Kelly Lehmann, Kim Leighton, Linda Lewis, Trey Manderson, Dawn Marina, Jennifer McCrary, Gonzalo Mejia, Janet Moore, Andre Morgan, Laura Muzughi, Dawn Nicholds, Gladys Nosal, Conna O'Donovan, Linda Petty, Paul Phelps, Mark Porter, Bert Priest, Chris Reid, Dennis Remesch, Debbie Rowell, Debra Russell, Robin Sherman, Darryl Singleton, LaDawn Singleton, Jenny Smith, Paula Soleil, Jeannette Spencer, Sara Stacks, Liz Streed, Ranae Stewart, Leah Tate, Diane Toepfer, Ann Tidmore, Linda Turner, Sherlyn Waghalter, Brandee Walker, Teresa Ward, Em Weiner, Karen Wells, Rachael Whibbs, Jan Wilcox, and Phil Wooley.

The Women's Council of Realtors has 18,000 members across the United States.

honors went to Brian Tucker and Rinke Resort Realty for being named Gulf Breeze Area Chamber of Commerce's Business of the Year. Emerging Leader of the Year Volunteer of the Year was awarded to Karen Jurkowich, both of Levin Rinke Resort Realty. The awards gala was held February 28.

Awards Corner -

As part of our Grand opening celebration, we are offering LOW management rates to new clients on Pensacola Beach. Call today as we only are offering this rate for a limited time!

GRAND OPENING!

Call today for our LOW, Introductory Management Rates!



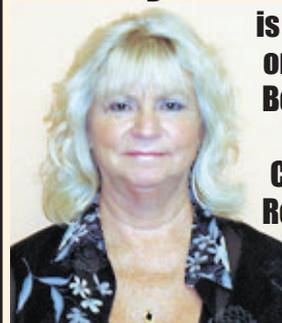
850.932.7887

pointe south
REAL ESTATE • VACATION RENTALS

5 Via de Luna Ste. K - Pensacola Beach, FL
www.pointesouth.com

Linda Taylor Murphy

is back on the Beach at Cook Realty



Now's the time to make a real estate purchase. Call today!

cell: 850-748-0865
office: 850-934-3233



LindaMurphyRealtor@bellsouth.net



THE GEORGE ECKES COMPANY

George Eckes Beach Leaseholder for 30 years



Residential Construction

934-1210

CRC1328250



NAN HARPER



850-293-9321

Ready To Buy?

Call
Dennis Remesch
850-384-7607
www.denrem.com
denrem@denrem.com



Pensacola Beach
1682 CALLE BONITA

3/2.5 Townhome. Gulf Views from patio & balcony. Great investment at this price. \$350,000

Gulf Breeze
831 BAYCLIFFS DR

4/3.5 Contemporary with pool in Gulf Breeze Proper. Charming home in excellent location. \$529,900

1139 REDWOOD LN

3/2 Split floor plan in this 1376 SF brick home. Fireplace. New flooring. Fenced yard. Two car garage. \$169,900



See additional listings at
www.denrem.com



Paradise Coastal Realty, Inc.

850-932-0067 • www.paradisecoastalrealty.com • 866-749-3732

Paradise Coastal Realty, Inc. is a boutique brokerage that combines three decades of real estate experience with highly sophisticated marketing expertise. We represent the most luxurious and sought after properties on Pensacola Beach, Gulf Breeze, Pensacola, Perdido Key and Navarre Beach.

We can assist you in finding and purchasing your primary residence, second home or investment property. Remaining true to our exceptional marketing strategies our sellers feel "in the market" not just on the market.

Paradise Coastal Realty, Inc. contracts more properties in our featured areas of expertise than any other real estate company. We have a proven track record of satisfying our clientele at the highest level. Our team welcomes you with any of your real estate needs, whether buying, selling or consulting.

Call Your Tiffany Boutique ~ We will shine our light on you!

News in Paradise:

Road opens between Navarre Beach and Pensacola Beach !



Luxurious Ocean Retreat.
6/3, 2879 SF with 150 feet of Gulf Front. \$1,950,000
MLS #366142.
Call Paradise Coastal Realty, Inc.
at 850-932-0067 or 866-749-3732



Short Sale.
3/3.5, 2034 SF Furnished Condo.
\$629,000.
MLS # 323845
Call Paradise Coastal Realty, Inc.
at 850-932-0067 or 866-749-3732



Seaside style home. 5/3.5, 2842 SF
\$455,000.
MLS # 354804
Call Paradise Coastal Realty, Inc.
at 850-932-0067 or 866-749-3732



Cottage on corner lot. 3/1 1102 SF.
\$349,000
MLS # 365329
Call Paradise Coastal Realty, Inc.
at 850-932-0067 or 866-749-3732

Sold in Paradise in 2008

Information from Pensacola Multiple Listing Service
Turn here first for Pensacola Beach sales updates

Property Type	# of Sales	Price Range
Single Family Detached Homes	20	\$150,000 - \$1,600,000
Town Homes	2	\$235,000 - \$549,000
Vacant Lots	18	\$172,000 - 595,000
Condominiums by Complex		
Portofino	42	\$400,000 - \$975,000
Beach Club	24	\$730,000 - \$2,294,925
Emerald Isle	12	\$370,000 - \$540,000
Baywatch	6	\$150,000 - \$275,000
Emerald Dolphin	4	\$405,000 - \$592,500
Sabine Yacht & Raquet	4	\$213,750 - \$370,000
Palm Beach Club	4	\$250,000 - \$325,000
Villas on the Gulf	3	\$147,000 - \$176,000
South Harbour	3	\$300,000 - \$412,500
Verandas	1	\$775,000
San Souci	1	\$240,000
Sand Dollar	1	\$170,000
Santa Rosa Dunes	1	\$309,900
Treehouse	1	\$420,000
Deep Water Cove	1	\$235,000
Starboard Village	1	\$347,000

850-932-0067 • 866-749-3732
www.paradisecoastalrealty.com



Paradise
Coastal
realty, inc.

CLASSIFIED ADVERTISING

CLASSIFIED ADS are \$5 for 20 words. Additional words are 10 cents each. Send ad with check made payable to Shelley Ink, P.O. Box 844, Gulf Breeze, FL 32562.

Real Estate For Sale

Pensacola Beach, 4BR/4BA, Waterfront, 4722 SF, MLS # 362522, \$2,900,000. Mark Lee, Levin Rinke Resort Realty, 850-261-1996

Pensacola Beach, 5BR/5BA, Gulfront, 3100 SF, MLS # 348804, \$2,800,000. Joseph Billingsly, Paradise Coastal Realty, Inc., 850-291-6761

Pensacola Beach, 4BR/3BA, Gulfront, 3128 SF, MLS # 345506, \$2,250,000. Sherlyn Waghalter, RE/MAX on the Coast 850-449-4242

Pensacola Beach, 5BR/3.5BA, Gulfront, 2706 SF, MLS # 354901, \$1,899,000. Fred Simmons, Paradise Coastal Realty, Inc. 850-232-2188

Pensacola Beach, 4BR/3BA, Gulfront, 2150 SF, MLS #363760, \$1,799,000. Fred Simmons, Paradise Coastal Realty, Inc. 850-232-2188

Pensacola Beach, 4BR/3.5BA, Waterfront, 4100 SF, MLS#325067, \$1,750,000. Kathy Tanner, Tanner Realty of Northwest Florida, 850-982-0755

Pensacola Beach, 4BR/3BA, Gulfront, 2006 SF, MLS#363742, \$1,699,000. Fred Simmons, Paradise Coastal Realty, Inc. 850-232-2188

Pensacola Beach, 3BR/2BA, Gulfront, 1440 SF, MLS#333592, \$1,495,000. Jennifer McCrary, Paradise Coastal Realty, Inc. 850-932-0067

Pensacola Beach, 4BR/4BA, Waterfront, 3843 SF, MLS # 320735, \$1,490,000. Teena Cobb, Cook Realty, 850-501-5875

Pensacola Beach, 5BR/4BA, Soundfront, 4590SF, MLS#354772, \$1,295,000. Heather Dupuis, Exit Realty N.F.I., 850-712-9186

Real Estate For Sale

4 bedroom/4 bathroom condo near the core area of Pensacola Beach. The open floor plan allows for Gulf views from the living room, kitchen, and master bedroom. The large kitchen has granite counter tops and a double oven. The unit features two Gulf side balconies, a two car garage. Elevator opens into a private foyer. The property is being sold fully furnished. \$625,000. Call Jeremy Johnson, Broker/Associate Island Realty, 850-377-3145.

Pensacola Beach, 5BR/3.5BA, Waterfront, 4375 SF, MLS# 349772, \$1,275,000. Tammy Bohannon, PA; ERA Beach Ball Realty, 850-982-7128

Pensacola Beach, 1682 Calle Bonita, 3/2.5 Townhome. Gulf Views from patio & balcony. Great investment at this price. \$350,000. Dennis Remesch, RE/MAX on the Coast, 850-384-7607.

Pensacola Beach, Lowest priced waterfront townhouse, \$219,000. The unit was upgraded in 2005 with a new roof, new A/C system, new kitchen counter tops, and new flooring. Call Jeremy Johnson, Broker/Associate Island Realty, 850-377-3145.

Quaint cottage directly across from the Sound. Corner lot with a walkway and steps down to Sound. \$349,000. Jennifer McCrary, Paradise Coastal Realty, Inc. 850-932-0067

Real Estate For Sale

FOR SALE BY OWNER

By Owner Multiple Listing Svc Beach Houses and Condos Visit - www.BeachRealty.net

0 Down for all land owners. Your land or family land. All Credit OK 850-682-3344

Largest selection of singlewides in Florida Panhandle. Call Clayton Homes for pricing and details at 850-682-3344

Owner Finance. 3 bed/2 bath, finished drywall, built on porches, loaded for only \$600 a month. Call 850-683-0856 for details.

New 3 bedroom, 2 bath for sale. Only \$450 a month. Call Clayton Homes at 850-683-0758.

New Government Financing Program on all 3 or 4 bedrooms. Rates as low as 4.75%. No credit or bad credit OK. Call Clayton Homes at 850-682-3344.

WATERFRONT GULF BREEZE

4 bedrooms and 3 baths. 350 feet on East Bay. Swimming pool. Concrete Construction. \$675,000 Call Jeremy Johnson, Broker/Associate Island Realty, 850-377-3145.

Gulf Breeze, 1139 Redwood Lane. 3/2 Split floor plan. 1376 SF brick home. Fireplace. New flooring. Fenced yard. Two car garage. \$169,900. Dennis Remesch, RE/MAX on the Coast, 850-384-7607.

Real Estate For Rent

For Rent By Owner

By Owner Multiple Listing Svc Beach Houses and Condos Visit - www.BeachRealty.net

Pensacola Beach Vacation Rentals. Call for the BEST RATES on beachfront condos and beach homes. Toll free 800-242-3224. Visit online jmevacations.com

Southern Resorts Vacation Rentals. New on Pensacola Beach, but proven leader in vacation rentals along Florida's Panhandle. It is our vision to be the most caring vacation rental company in Northwest Florida. Let us show you. www.SouthernResorts.com . 866-242-2054

Pensacola Beach Condo

2 Bedrooms & 2 Baths. Gulf view from all rooms. Available May - Oct www.vrbo.com/95159 850-932-0775 • 800-554-3695 • Mention VRBO 95159 for Discount

Rental Units Needed - We have inquiries for vacation stays in Pensacola Beach. We have LOW management rates for new clients. Please call for details. www.pointesouth.com 800-598.1888 Pointe South Vacation Rentals & Real Estate

3 Bedroom House/2 Bath

2 Car Garage/Large fenced backyard. *Some Furnishings Available. Quiet neighborhood in Heart of Gulf Breeze Proper. A Deal at \$900/month. 850-602-8045

For Sale

100% All New King Pillowtop set in plastic with warranty. \$200. 850-471-0330

Brand Name Pillowtop Set. Queen. New, in plastic, warranty, \$169. Delivery available. 850-255-3050

Did you resolve to LOSE WEIGHT, BE HEALTHIER? Start with proper sleep. Hungarian Goose Down products. Luxury European Bedding. Visit us online at www.pandoradepalazar.com

A Brand New Mattress Set. Full size in plastic with warranty. \$119. Can Deliver. 850-471-0330

Small car refrigerator (AC/DC) \$25. Polaroid Camera. \$15. Ladies Platinum 2.44 carat total weight diamond ring. Insurance appraised \$11,000; Sell \$5,000. Call for copy of the appraisal. Dooney and Bourke purse. Brown leather, \$40. 850-932-4804.

Cottage style, shutter and glass top coffee table and end tables. Mint condition. \$50-\$75. Call 850-934-7288.

Events

BeachCalendar.com

N. Gulf Coast Events Calendar View & Submit Events Online Visit - www.BeachCalendar.com

extra extra -read all about IT

... Island Times, in your mailbox, every other week!



Send a check for \$32 made payable to Shelley Ink Mail to: PO Box 844, Gulf Breeze, Florida 32562-0844

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

BUSINESS BUZZ ...



Letters To The Editor

Willie's Back on the Beach

It's true. Willie Eberlin, the general manager of the former Bayside Grill is back. After a successful restaurant venture in Gulf Shores, he wanted to be closer to home, so he has just opened Bullfeathers on the Boardwalk. He serves scrumptious food with a side of good old Beach stories.

Business Corridor

Beach Chamber President Jeff Elbert applauds the road opening between Pensacola Beach and Navarre Beach as a way to boost spring business. The scenic connector will serve to bring a new flow of customers to both ends of Santa Rosa Island. Jeff, who owns Island Style on the Beach and in Navarre, will report on the success.

Home Sweet Home

Premiering in this edition of Island Times is our new Real Estate Section. According to local Realtors, Pensacola Beach is the best barrier island buy. Read about it, and share the good news.

Dreadlocks Optional

Paradise Bar and Grill General Manager Renee Mack will now be Reggae Renee. She has island music performers booked in on Thursdays and Sundays at the quaint, waterfront location. Come on down, Mon.

Bravo Wrecks

Mardi Gras on the Island made cash registers ring over the four month long season. According to Richard Butler, toll facility general manager, 10,307 cars came through Bob Sikes Toll Facility on Parade Day, February 22. Crowds were treated to the award winning floats of the Pirates of the Lost Treasure and the Krewe of Warriors. Both Krewes took home top honors.

Breezer Expo

Gulf Breeze Chamber has a few openings for vendors at their upcoming Business Expo set for April 4. For details call Meg Peltier, Chamber exec at 850-932-7888.

Public Input Welcome

Last week, the Santa Rosa County school board, superintendent and key staff completed another round of town hall meetings. We began this program last summer in an effort to improve communication between the district, our parents and communities. This time, we were delighted to talk with nearly 200 citizens at each of our six gatherings in high schools across the county. This remarkable turnout reflects the importance we all place on education, and the myriad of issues we face in our efforts to keep Santa Rosa County students performing at the highest levels in the state.

While the focus of these meetings was the district's shrinking budget and the impact that has on education, we also had candid discussions on a wide range of other issues. We want to thank those who came out to share their thoughts and ideas.

Ed Gray III, Chairman
District 5; Diane Scott, District

1; E. Hugh Winkles, District 2; Diane Coleman, District 3; JoAnn Simpson, District 4; Tim Wyrosdick, Superintendent
[Pensacola Beach residents attend middle and high school in Santa Rosa County.]

Please Protect Pelicans

During Hurricane Ivan our pelican population was severely impacted. Finally, four years later they are back flying in our environment and living quietly among us.

The primary roosting location for over 75 of these beautiful birds is among the pilings at the old Boy on a Dolphin site at the foot of the Bob Sikes bridge. Now with the new Grand Marlin due to open this year, their marina will displace the pelicans.

Please, someone needs to protect this valuable natural resource. They need a permanent roosting place or Pensacola Beach will lose the pelicans.

Harry Purcell
Pensacola Beach

BYTES AND BITS

By Joe Stucky, Your Computer Pal

Q: What are those "Cookies" on my computer?

A: Cookies are small text files that have been deposited on your computer by a website that you have visited. Websites that you visit make use of the cookie files in several ways. While on a website you may have indicated your preferences, customized a web page, or typed information into a form. The website stores that information on your computer for use on your next visit. Since cookies contain information that allows websites to identify you and track your web browsing behavior, they are often called "tracking cookies." Privacy concerns related to the use of cookies is prompting legislation in several countries.

Here's what cookies do not do.... Because they are inert files, not programs, they cannot "do" anything on their own, so they cannot collect or report in-

formation about you or about your computer (but websites you visit can do that). Cookies are not viruses and are not spyware, though they may look suspicious to your anti-virus program if they have been placed there by high-risk websites.

With your web browser, you can look at the cookies stored on your computer, or you can erase all the cookies from your computer. You can also choose what kind of cookies to accept from websites.

And, why are they called cookies? That name comes from a lesser-known computer operating system called UNIX, in which certain objects in their system were called "magic cookies." The programmers were making a reference to the fortune cookie, which also contains hidden information.

For questions, contact Joe at joe@ycpals.com or 206-3156.



Jennifer Byrom, P.A.

Attorney At Law

Wills, Estates and Probate • Marital and Family Law
Child Custody • Juvenile Law
Civil Litigation • Guardianship Law

916-9000

www.ByromLaw.com

Toll Free: 877-889-8822
5177 Elmira Street
Milton

Facing the Courthouse

"The hiring of a lawyer is an important decision that should not be based solely upon advertisements. Before you decide, ask us to send you free written information about our qualifications and experience."

native cafe

owned & operated by friendly natives!

Breakfast
Lunch & Dinner

OUR GOAL IS TO PRESERVE THE UNIQUE FLAVORS
OF THE GULF COAST. GET FRESH. GO NATIVE.

45 A Via de Luna • 934-4848



Natives say
our Fish
Tacos
are the best

Open at 7:30 am
Wed-Mon
Closed Tues

Computer Repair in Your Home

850-206-3156

Joe Stucky



www.ycpals.com
joe@ycpals.com

Shipping & Packaging Services
Fax & Copy Services
Printing & Document Finishing Services
Notary Services
Mailbox Services
Packaging & Moving Supplies
Office Supplies

Bruno's Shopping Center
362 Gulf Breeze Parkway
Gulf Breeze, FL 32561
850.932.8533 Tel • 850.932.1588 Fax

©2005 Mail Boxes Etc., Inc. - 5019542933 - 12.05



The UPS Store

Thompson Takes Texas Hold 'Em Top Spot

Miguel Thompson made five trips to the winner's circle and took home the runner-up title twice during February to make him the Texas Hold 'Em 4444 Fun Player of the Month.

"There are a lot of good players at the tables every week, so I am proud to claim the Player of the Month award. I will be back to defend it during March," said Thompson.

Poker games are played at Paddy O'Leary's and the Sandshaker Lounge each week. The games are open to those who have a basic knowledge of poker.

Tiki Island's Terri McKamey announced that she was tired of coming in second place so she put all her chips to the test Monday, March 2 at the Sandshaker. She hit a full boat with fours over jacks to take the Monday night win. Todd Lentini battled hard but came in second place in a field of 17 players. The excitement was not confined to the final table. Kristen Larmier drew to a Royal Flush on March 2 and followed it up several minutes later with a Straight Flush, a rare occurrence, to be sure.

"That's just the way it goes," said poker promoter Rick Uzdevenes. "The cards fall where they may."

The last hoorah of Pensacola Beach Mardi Gras is the Krewe of Coma coronation which was held at the Sandshaker Tuesday, February 24. King Coma XX is Don Richards and his wife Darlene is Queen Coma XX. The royal couple lead the lighted hat procession to the Sabine Sandbar and then on to Paradise for the final Mardi Gras party.

The weekly results are as follows:

Paddy O'Leary's

March 22

1. John Choate
2. Terri McKamey

March 24

1. Justin Scher
2. Larry Paz

March 26

1. Toots Humphrey
2. Adam Meister

March 28

1. Phil Tracy
2. James Elvis Presley

March 1

1. Diamond Donnie Beall
2. Josh Nichols

March 3

1. Toots Humphrey
2. Phil Tracy

Sandshaker

February 23

1. Mike Holcomb
2. Miguel Thomason
3. Andy O'Brien

March 2

1. Terri McKamey
2. Todd Lentini

Birthdays

Royal Richard Butler, who oversees his poker kingdom from the Bob Sikes Toll Facility, celebrated his birthday on February 25. He says he gets good cards on the river, since he is a Pisces.



Miguel Thompson earned Player of the Month honors at the Texas Hold 'Em 4444 Fun games during February.

Poker promoter Rick Uzdevenes blew out the 49 candles on his birthday cake with a sense of urgency. He knew it would only be seconds before the well-lit confection would set the house on fire February 27.

No Blarney Allowed
It will be an Irishman's dream. If you are fuelled by good luck, a

bit o'skill and a gift for blarney you should enter the two Texas Hold 'Em 4444 Fun tournaments hosted during the Go Irish on the Island celebration. Paddy's Pot O'Gold Poker Party at, where else, Paddy O'Leary's, will begin at 3 p.m. Saturday, March 14. The St. Patrick's Poker Party is at the Sandshaker. Dealing begins at 7:30 p.m. Monday, March 16.



Pensacola Beach, FL
Authentic Irish Pub

Live Music

Mon, Wed, Fri, Sat, Sun

Texas Hold 'Em

Tues, Thurs, Sat, Sun

Happy Hour 12 to 7 PM

49 Via de Luna
916-9808



PaddyOLearysIrishPub.com

Weekly Schedule



FOR RESULTS
Island Times

Info
850-324-2667

**Downtown
Pensacola Beach**

Dealing starts at 7 PM
EXCEPT SATURDAY AT 4 PM

Monday: Sandshaker

Tuesday: Paddy O'Leary's

Thursday: Paddy O'Leary's

Saturday: Paddy O'Leary's

Sunday: Paddy O'Leary's

Texas Hold 'Em 4444 Fun
Poker Hotline 324-2667



It's like being transported to the Island every other week. Have Island Times mailed to your home.

Send a check for \$32 made payable to Shelley Ink
Mail to: PO Box 844, Gulf Breeze, Florida 32562-0844

NAME: _____

ADDRESS: _____

CITY: _____

STATE: _____

ZIP: _____



The LIZZARD'S TONGUE

by E.K. Hewson



I remember almost 30 years ago taking a photo for the beach newspaper of a couple shoveling sand out of their driveway after Hurricane Frederick came ashore. It was a no wind, high humidity, blistering hot September day and the wife quipped that at least when she shoveled snow it didn't migrate back into her driveway with the next gust of wind; and eventually snow would melt. Though I can vaguely recall her face and I kind of remember what cross street her house was on, it was her words that have stuck with me all these years. Her words, however, were of little comfort to me last week as I shoveled the 12" of snow and 2" layer of ice off my front steps and driveway.

So it got me thinking. Snow or sand? Which would I rather shovel?

Let me begin with snow. Oh, snow melts alright. It melts into heavy slush which turns to bottom busting ice traps if it's not removed from the sidewalk quick enough. And it can only snow if the temperature is 32 degrees or below which translates into hat, gloves, scarf, long underwear, winter parka, ski pants and some kind of insulated, waterproof shoe, which brought me to the dilemma of the day. My Ugg boots were not waterproof and my West Marine short yachting boots were not insulated.

Cold hands may indicate a warm heart; but cold feet meant this girl was ready to head south. Then there was the mass quantity of sweat that comes with complete physical exertion while being completely bundled up. The kind of perspiration that the minute you stop moving chills you to the bone and sends you scurrying for a nice steaming hot shower to be followed up with a bowl of chili, a few cool beers and the warmth of your living room with a roaring fire in the fireplace. Of course in my case, there was no hot water left after my son took a long shower to warm up after sledding and I was too busy shoveling to cook chili or get a fire going. I did, however, invoke SOB (Sisters of the Blizzard) Rule #10 that states any alcoholic

beverage left unattended in the snow becomes the sole property of she who finds it. Therefore, I drank the beers my husband threw on the back porch before he had to leave for a meeting. I readily admit after three hours of face numbing, toe freezing, thigh burning squats; one lukewarm shower; and a bowl of canned ravioli I was starting to believe that shoveling sand was way easier.

Then I had a very vivid flashback and it wasn't some stranger whose picture I was taking for the newspaper. It was of me. I was in the downstairs of my mother's beach house without water (other than what was in the ice chest) and electricity which meant no air conditioning. I was wearing a bathing suit and running shoes and facing the somewhat overwhelming task of shoveling sand from the downstairs of her house to the outside courtesy of Hurricane Dennis. I believe after about 30 minutes in the heat, thoughts of a generator and an industrial size shop vac were dancing through my head. The digging shovel was getting really heavy and that was without sand. Plus the wooden handle had started to make blisters up and down my sweating hands. Even my high-end running socks were drenched as they were the final resting place for all the perspiration that started at my head and made a steady stream down my body. A quick dip in either the Gulf or her pool to cool off were not even options because of potentially hazardous debris. I believe I even uttered the words, "I'd rather be shoveling snow," but only after I invoked SOB (Sisters of the Beach) Rule #1 that states put down the shovel and have a cocktail or two or three because you aren't ever going to get all the sand shoveled out.

So there you have it. Based on a totally non-scientific study with a focus group of one, shoveling sand is way more difficult than shoveling snow. So with any luck this year you won't have to shovel sand and I won't have to shovel any more snow. Until next time...



The School Bell Rings

Artists Compete in Poster Contest

Pensacola Beach Elementary students crafted their most original works of art as entries in the Pensacola Beach Optimist Club's Just Say No To Drugs poster contest. Each entry was judged based on three criteria - originality, theme and artistic quality. The theme is "Be #1 To Say No To Drugs."

The following students were winners:

- Kindergarten**
- 1. Kai Hoffert
- 2. Taylor Fares
- 3. Jocelyn Reeves
- 4. Mia Montgomery
- First Grade**
- 1. Joseph Urquhart
- 2. Zack Smoker
- 3. Caleb Sampson
- 4. Kristin Goodroe
- Second Grade**
- 1. Veronica Gyberkoes
- 2. Grace Reece
- 3. McGuire Wolfe
- 4. Wren Deputy
- Third Grade**
- 1. Abby Jacobs
- 2. Blair Amberson
- 3. Macy Mateer
- 4. Meredith McCurdy
- Fourth Grade**
- 1. Kylie Finkbone
- 2. Mary Elliott
- 3. Reddon McLaurine
- 4. Parker Baynes
- Fifth Grade**
- 1. Jace Amberson
- 2. Hannah Watson
- 3. Megan Cronin
- 4. Emily Larsen

Book Buddies

Third grade students at Pensacola Beach Elementary conducted an "I love books" Valentine Book Drive to benefit the children in foster care in Escambia County.

"The entire student body donated books to our book drive," said Julia Wassner. "I think we have well over four hundred books to share with our friends in Escambia County."

Spring Break

The Beach School kids will get to take a break from test preparation and classroom studies the week of March 23-27. Classes resume Monday, March 30.



The Pensacola Beach Optimist Club's Just Say No To Drugs poster contest judging is complete. Pensacola Beach Elementary School students who earned first place in their grade level are (L to R): Kai Hoffert, Joseph Urquhart, Veronica Gyberkoes, Abby Jacobs, Kylie Finkbone and Jace Amberson.

Check out what the locals are buzzing about!

Now Open

serving Lunch & Dinner



BULL FEATHERS

Beach Bar & Grill
BURGERS • SEAFOOD • STEAKS • PASTA • CHICKEN • RIBS
PENSACOLA BEACH, FL

Full Bar • Flat Screen Televisions

Indoor or Outdoor Dining with a waterview

Sunday Brunch
11 to 2 pm
Featuring
\$1.99 Bloody Marys
99 Cent Mimosas

Happy Hour
Everyday 4-6 PM

Prime Rib Special
Every Wednesday Nlte
\$10.99

Daily Lunch Specials

On the Boardwalk • 934-7511
OPEN EVERYDAY at 11

Take Two Apples

and call me in the morning...
The doctor is in and she's hip, too!
By Tracey Pinkston, J.D., M.D.

Chemistry 101 & Your Health - Part I of a multi-part series

In recent years, the nutritional quality of food has declined. There is now more artificial than natural in many products and even fruits and vegetables lack the nutritional currency they once had due to pollution and pesticides and chemical exposures. In an effort to reduce chemical exposures of my family, I have found a few important strategies, which I will share with you.

GO ORGANIC

First, select organic products whenever possible. Fruits and vegetables with thin edible skins, such as strawberries, should definitely be purchased in the organic variety. Some thick, inedible skins that are removed before eating, such as watermelon, may be okay to purchase in their routine form, but beware because some of the fruits and vegetables may not fit into the obvious list.

The Environmental Working Group publishes a list of the "dirty dozen" foods that should definitely be bought organic. Check www.EWG.org for more information.

Read labels closely. Those ingredients that have been altered, such as "hydrogenated" and "high fructose" and "hydrolyzed" have been chemically modified and should be avoided.

Chemical dyes and preservatives should be avoided. These include things that say "FD&C dye number" and use initials like BHT, BHA, and TBHQ. These are all believed carcinogenic and have caused tumors in laboratory animals.

Dairy products should definitely be organic in order to avoid exposures to bovine growth hormones as well as other chemicals. I have actually had young female patients who were maturing ahead of schedule who returned to a more appropriate maturity pattern when they stopped drinking milk or changed to organic milk.

MAKE GOOD CHOICES

Artificial sweeteners should be avoided. Artificial sweeteners impair your body's ability to properly utilize glucose and insulin leading to obesity and diabetes.

While fish, with its wonderful omega-3 fatty acids is a fabulous source of protein, we now have to consider high levels of mercury and steer clear of certain fish, due to ocean pollution. Salmon (wild), flounder, farmed catfish, and shrimp are on the "best" list, while tuna, swordfish, and king mackerel generally carry high levels of mercury. The full list can be found on the EPA or EWG websites.

Flavor enhancers pose their own set of problems. These include MSG, hydrolyzed vegetable protein, autolyzed yeast, varieties of casein, and even "natural flavors." These can cause neurologic problems and are most commonly known as the "Chinese restaurant syndrome" of headache, fatigue, and muscle aches that is precipitated by MSG. The so-called "natural flavors" may not contain anything natural at all and is another source of chemicals that the FDA doesn't even require to be individually listed as ingredients. Artificial vanilla, called vanillin is one example. It is actually a by-product of paper mills and is made from wood pulp. Ick.

In the next edition of *Island Times*, look for ways to reduce chemical exposure from home cleaning products.

Keep Reading - Please always consult your doctor before starting or stopping any medication or nutritional supplement.

(These statements have not been reviewed by the Food and Drug Administration. This article is not intended to diagnose, treat, prevent, or cure any disease. This article is intended for general informational purposes only. It is not intended as specific medical advice for any individual. Please seek the advice of a physician or other licensed health care provider before undertaking any health-related changes in your medications or lifestyle.)



Book Buddies - Pensacola Beach Elementary School third graders conducted a school-wide "I Love Books" Book Drive during February. The books are given to children in foster care in Escambia County. Third graders who collected over four hundred books are (front row, L to R): Jackson Smith, Jacobe Thomas, Aiden O'Brien, Lara Medve, Julia Wassner and Zofia Uszok. Middle row (L to R): Lauren McCleary, Kedron Burt, Raphe Clarkin, Hayden Dorris, Jeffrey Doyle, Morgan Churchill, Ali Salazar, Grayson Smith, Blair Amberson and Abby Jacobs. Back row (L to R): John Sweet, Meredith McCurdy, Heidi Elkins, Macy Mateer, Alex Jacquez, Justin Smoker, Thomas Goodroe, Lauren Stokes, Ryan Furrow, Patrick Seigh, Bryce Callahan, Avery Gibson and Peyton DuLaney. Their teacher is Joy McLaurine.

Beauty & Fun



Studio 98
HAIR
DESIGNS
939-8800

Get Well • Feel Good • Look Great

Integrating traditional health management with natural and alternative approaches

Dr. Tracey Pinkston

- New Patients Welcome
- Medicare & Tricare
- 10 miles from Beach
- Call for Appointment



- Women's Health
- Chronic Illness
- Hormone Replacement
- Anti-Aging

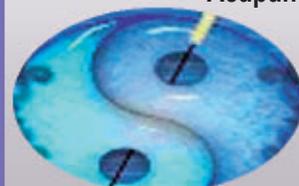
850-473-1008
DrTraceyPinkston.com

4300 Bayou Blvd
Suite 5 • Pensacola

Stressed? On Overwhelm? Economic PTSD?

*Feeling centered and balanced is not a luxury...
it is a necessity to cope these days.*

Acupuncture, Hypnosis and Chinese Herbs
can help... alot!



Bonnie McLean O.M.D., A.P., M.A., R.N.
Baybridge Chiropractic
107 Baybridge Dr. • Gulf Breeze
850-932-1778



readin' the water

by Saltwater Rick

The cool weather has been bringing in some great inshore fishing in the last couple of weeks.

Mike Holcomb reports some very nice flatfish catches as he jigged in the Little Sabine Inlet with a white grub with a redhead. One Flounder he caught was in the 7 pound range.

Just fish the out-going high tide and bounce that grub every few seconds. The fish are there and waiting.

Capt. Ronnie Hogue reports Grouper, Grouper and more Grouper on his last trip out in the Gulf

at the end of February on the Hog Wild charter boat. Ronnie is also, a very proud Dad, as his son Jeremy took the win in the Redfish tournament in their new inshore charter boat. Call the Marina and get hooked up with Capt. Ronnie he will put you on them, deep or shallow.

Pompano are starting to show up as the winds change and the sandfleas are there for the taking. Sheepshead are all over the Old Bridge and Mullet are being taken with a good toss of the net.

So, do yourself a favor and go fishin'!



MAD SCIENTISTS - Fourth grade Beach School students Starfish Holk, left, and Parker Baynes completed a science class experiment under the direction of their teacher Joy McLaurine. The FCAT test, which begins this month, includes science related questions.

Celebrate Seagrass

If you are interested in what lurks under the water, you should attend the Annual Seagrass Awareness Celebration, Saturday, March 28, from 10 a.m. until 3 p.m. at Shoreline Park South in Gulf Breeze.

Seagrass Awareness is an annual, family-orientated event which is free to the public. This year's activities will include live marine life in the touch tanks,

“eat a seagrass bed,” seining, games, fishing, arts and crafts, boating safety, fishing, kayaking and more!

Bring a friend and pack a lunch. Don't forget to bring water to drink, sunscreen, a hat, water shoes, and lawn chairs.

For more information, contact Chris Verlinde at 850-623-3868 or email her at chrismv@ufl.edu.

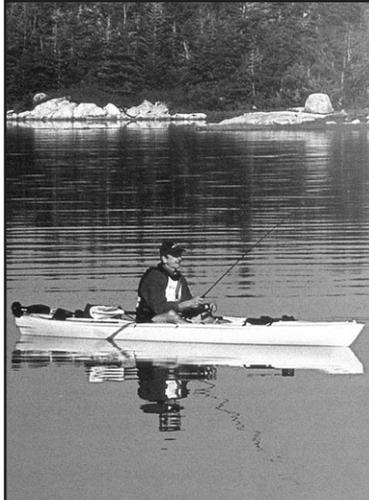
Relay For Life Sets Team Meeting Dates

The Gulf Breeze Relay for Life wants you to join them.

This year's financial goals are to raise \$77,000 for the American Cancer Society. So far 23 Relay Teams have signed up with pledges totalling \$56,000.

Old and new teams are encouraged to attend the upcoming team meetings being held at St. Francis of Assisi Episcopal Church on St. Francis Dr. in Gulf Breeze March 24, April 14 and 21 at 6:30 p.m.

All inquiries should be made to Vanessa Brandt at the American Cancer Society 850-266-2281.



Weatherford's Four Season Apparel

- Men & Women's Casual & Outdoor Clothing
- Hiking & Backpacking
- Snow Ski Apparel
- Rock Climbing Gear, Ropes & Shoes
- Indoor Rock Climbing Wall
- Kayaks



3009 East Cervantes • 433-2822

THE SEAGULLS SING



Happy March 20

**SPRING HAS SPRUNG.
THE GRASS HAS RIZ.
I WONDER WHERE
THE FLOWERS IS?**

BEACH SAFETY WARNING FLAGS

For your swimming safety please note which flag is flying prior to entering the water. For added protection swim in areas with ...



DOUBLE RED - Water Closed to Public



RED High Hazard High Surf and/or Strong Currents



YELLOW Medium Hazard Moderate Surf and/or Currents



GREEN Low Hazard Calm Conditions, Exercise Caution



PURPLE Dangerous Marine Life

IVAN SOL

09.14.09

The Statute of Limitations ("SOL") in Florida for filing an insurance lawsuit arising from Hurricane Ivan windstorm damage is five years.



TAYLOR, WARREN & WEIDNER, P.A.

Attorneys & Counselors at Law

The Insurance Law Team

850-438-4899

1823 North Ninth Avenue • Pensacola, Florida

www.insurancelawteam.com

Does your insurer owe you money?

If the money you received from your insurance company for hurricane damage did not cover all of your expenses or if you had expenses that were unknown at the time your claim was made, then you may be entitled to additional compensation from your insurer. You typically have the right to file a supplemental claim for your covered losses. Call us today to get some straight talk about your claim and your rights.

- Higher repair costs
- Unaccounted labor or material costs
- Hidden damage
- Overlooked expenses



Stephanie Taylor

Phillip Warren

Keith Weidner

Blythe Glemming

After Sundown

CRABS - WE GOT 'EM

Go crabbing on the Gulf of Mexico, at Crabs, We Got 'Em - Alaskan Snow, Dungeness and King Crabs are all on the extensive seafood menu. Sip and sit at the live aquarium bar or at the upstairs, outdoor Gulfside deck. Oysters and Wings are thirty-five cents from 4 to 6, Monday through Friday. No reservations, come as you are.

At the traffic light -find the red roof and the twinkling lights on Casino Beach and you're in Crab Heaven. Open everyday. 850-932-0700. www.crabswegotem.com

PARADISE BAR AND GRILL

A little bit of paradise at this open air, island style bar with its own private white sand beach. Pull up a rattan stool. Cold beer. Live Music. Exotic Libations. Friendly locals. Lunch and Dinner everyday. Cuban sandwiches. Black and Blue Burgers. Happy Hour 11-7. Live Bands. Poker on Monday and Wednesday.

Tucked away in the parking lot of the Paradise Inn, it's directly on Santa Rosa Sound. Boat and Bicycle parking. Open 7 days. 850-916-5087.

SEVILLE QUARTER

The Gulf Coast's Premier Entertainment Complex. Seven rooms of fun all under one roof! Karaoke, Texas Hold 'Em, Team Trivia, Pool, Video games & more. Live Entertainment 7 nights a week. Live music on 4 stages every Friday & Saturday night. Serving lunch and dinner. New Gift Shop! Located in Historic Downtown Pensacola at 130 East Government Street. Open Monday - Saturday from 11 until 2:30 a.m. and 5 p.m. until 2:30 on Sunday. Ring 434-6211 or visit www.rosies.com

FLOUNDER'S CHOWDER HOUSE

Step back in time and enjoy Flounder's antique collection. Step into now and enjoy Flounder's top rated seafood. Indoor and outdoor dining. Even a beach playground for the kids. Beach Bar 'neath the moon and stars - Diesel Fuel in a commemorative mason jar. Bilgewater Margaritas. Gift shop. Fred Flounder, founder.

Located at the traffic light on Pensacola Beach. Next to the 55 ft. shrimp boat. Open everyday. 850-932-2003. www.flounderschowderhouse.com

PEGLEG PETE'S

Ahoy, Matey. You've found a Pensacola Beach treasure. Pirates welcome. Fresh Gulf seafood served in the galley or outside on the awning covered deck. Glass front bar overlooks LaFitte Cove. All kinds of oysters. Live lobster. Gumbo. Dinner specials nightly. Sizeable sandwiches and burgers for Landlubbers. Take home a t-shirt.

Look for the Jolly Rogers flying over the west end of the Island at 1010 Fort Pickens Road. We're here everyday at 11. 932-4139. www.peglegpetes.com

SIDELINE'S SPORTS BAR AND RESTAURANT

Score! Don't miss a point. See it all in high definition - 11 big screens, 42 televisions. If it runs, jumps, races, it's here. Famous for Thursday Wing Night. Burgers. Seafood and Ribs. Kids menu for the JV players. Full bar. Indoor or outdoor seating. Video sports games.

Centrally located on Via de Luna, just east of the main parking lot and the traffic light. Kick off at 11 a.m. seven days a week. 934-3660.

MCGUIRE'S IRISH PUB

Even a bragging Irishman can't do justice to McGuire's where the atmosphere is an authentic turn-of-the-century pub. McGuire's has been named one of America's great steakhouses, and is world famous for its culinary artistry. Dollar bills on the walls, a moose to kiss and employees who give a damn! Try an Irish Wake or Senate Bean Soup.

Open at 11 a.m. everyday. Easy drive to 600 East Gregory Street in Pensacola. 850-433-6789 www.mcguireirishpub.com

SANDSHAKER LOUNGE

The "World Famous Sandshaker"- a Pensacola Beach Tradition since 1973. It's the Home of the Original Bushwacker and has been selling this signature drink for over 30 years. The Shaker was the 1st bar on the Beach to offer this tasty frozen concoction. Live Music Wed, Thurs, Fri, Sat & Sun. Karaoke Tuesday Iguana Grill open Wednesday-Sunday

Across from the Boardwalk on Pensacola Beach. Open 10 am until 3am. 850-932-2211. www.sandshaker.com for photo gallery and event schedule.

NATIVE CAFE

Open at 7:30 a.m. six days a week. Closed on Tuesday. Owned and operated by friendly natives serving locally produced seafood and delicacies. The Fish Tacos are an experience to enjoy. The owners say their goal is to preserve the unique flavors of the Gulf Coast. Go fresh. Go native. Specialty desserts top off expertly prepared meals. Seating is informal. Art gallery setting with local artists displaying whimsical works.

45 Via de Luna. Downtown Pensacola Beach. 934-4848.

Henry

BY DON TRACHTE

I CAN LICK YOU-AND MY DOG CAN LICK YOUR DOG.

G-R-R

G-R-R

POPEYE

HEY EYEMAN

AN'YA KNOW TH' FLOOR IN TH' KITCHEN?

YEH

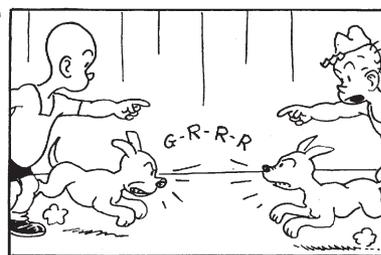
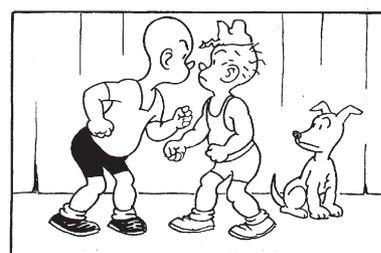
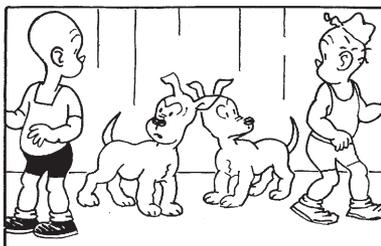
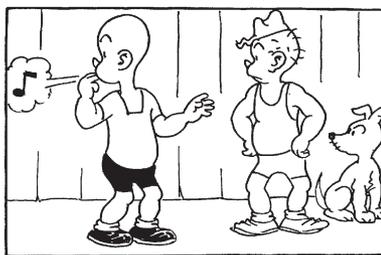
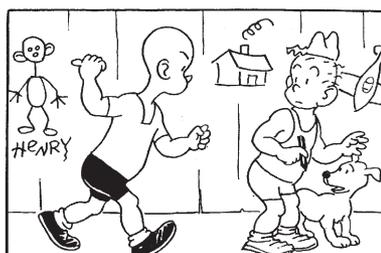
AN'YA KNOW TH' NEW THROW RUG YA PUT IN THERE?

YEH

AN'YA KNOW HOW HE USUALLY WAITS FER YA TA TAKE HIM OUT?

POPEYE?

WHY DUZ I HAS A FEELIN' I DON'T WANNA KNOW HOW THIS ENDS?



MISTER BREGER

By Dave Breger



"Coach, I hate to disturb you, but there's a new student here you might be interested in ..."

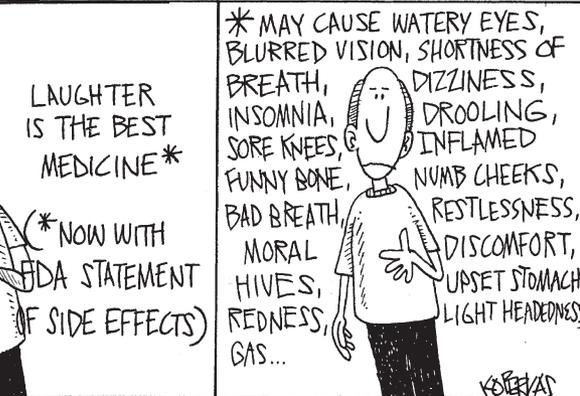
Just Like Cats & Dogs

by Dave T. Phipps



Out on a Limb

by Gary Kopervas



Leprechaun Hunt • Saturday, March 14
Tiki Island Golf and Games • 10:30 a.m.

VOTED BEST SEAFOOD RESTAURANT!!

One of the many "Best of the Gulf Coast" awards won by Flounder's in the News Journal's polls.

Voted
Best Seafood
RESTAURANT
in Pensacola



SEAFOOD!

Fresh Gulf seafood charbroiled over flaming hardwood fires



SHRIMP!

Gulf shrimp served scampi style, barbecued, beer batter fried, or steamed in beer



OYSTERS!

We sell so many, you know they're fresh!



BEACH BAR!

'Neath the moon & stars on our beach

"Floundering at its best"

- Fodor's Florida

"Best seafood on Pensacola Beach"

- Fromers Guide to Florida



Mobil
Travel
Guide
QUALITY RATED



FRED FLOUNDER, Founder

"Best seafood on Pensacola Beach"

- USAir Magazine

"Great Vibes...and happy guests"

- Florida Trend Magazine

At the traffic light on beautiful Pensacola Beach • 932-2003

Since 1979

OVERLOOKING THE GULF ON PENSACOLA BEACH

Largest
SELECTION
OF CRAB on
Pensacola
Beach

CRAB & SEAFOOD SPECIALTIES

Fried Shrimp • Great Steaks • Upstairs Beach View Dining
Living Reef Aquarium Bar • Outdoor Gulfside Deck

Largest Selection of Crab on the Beach

Best Sunday Brunch!

Crab Cakes Benedict,
Crab Omelets, Bottomless
Champagne & Bloody Marys,
Live Steel Band

(850) 932-0700

Open 7 days a week

www.crabswegotem.com

CRABS

we got 'em



Alaskan Snow
Dungeness
King Crab
She Crab Soup
Maryland Crab Cakes

Look for the RED ROOF at the
traffic light on Pensacola Beach