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# 2011 Pelican History Edition, Vol. III PELICAN

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Friday, Aug. 26, 2011 - Vol. XVIV, Issue 34

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## History 103

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## Business Histories

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**The Big Yellow Bus** - This Broward County School Bus stops in Lauderdale-By-The Sea to pick up a student. More than 250,000 students returned to their classrooms on Monday. School zones are in effect. Drive carefully. [Staff photo]

## Developing the MLK corridor will require higher density, public/private partners, panel finds

By Judy Wilson

PELICAN STAFF

**Pompano Beach** – If planners learned anything after the Urban Land Institute's, or ULI, two-day study of the Martin Luther King Boulevard corridor it is that the area needs population if retail development there is to succeed.

A panel of experts convened on the city August 11 and 12 to assess how best to develop the area transected by MLK and Dixie Highway and bounded on the east by Cypress Road, on the west by Blanche Ely, on the north by NE 6 Street and on the south by Atlantic Boulevard.

See MLK on page 17

## Hurricanes, German U-boats, blackouts part of Pompano's past

COURTESY POMPANO BEACH HISTORICAL SOCIETY DIAMOND JUBILEE PUBLICATION

On Sept. 18, 1926, a monster hurricane brought Pompano to a standstill. Hurricanes were not named at that time, and warning to the residents came only hours before the storm.

See HURRICANES on page 19

## Heartbeat of this city is the library

By Deborah S. Hartz-Seeley

CONTRIBUTING WRITER

**Lighthouse Point** - Although the Lighthouse Point Library building with the green metal roof is fairly new, it has deep roots in this community's history.

"This is our city's library. It's the heartbeat of the community," says Mayor Fred Schorr.

The library was founded in 1965 by volunteers. They worked with donated books housed in a donated storefront in the Shoppes at Beacon Light. That first year 314 books circu-

lated.

Three years later with the library and community growing, the young library was moved to two storefronts on the east side of the Publix Super Market in the Venetian Isle Shopping Center between a barbershop and a laundromat.

When Publix was slated for expansion in 1984, the library had to move once more.

That led city commissioners to approve plans for a new city hall/library to be built on a park to the south of the existing municipal building.

See LIBRARY on page 2

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# Library

*Continued from page 1*

Once the new city hall and library were completed, the old building that had been dedicated in 1959 was demolished and turned into a parking lot.

Meanwhile, the library was temporarily housed in trailers in the Trinity Methodist Church parking lot.

About one year later, on March 15, 1987, the 13,650-square-foot library building that cost \$900,000 was dedicated. It held municipal offices, a commission chamber and the library.

It took volunteers a week to move the 20,000 books from the temporary trailers and organize them in their new digs. "We moved piecemeal putting the books in the

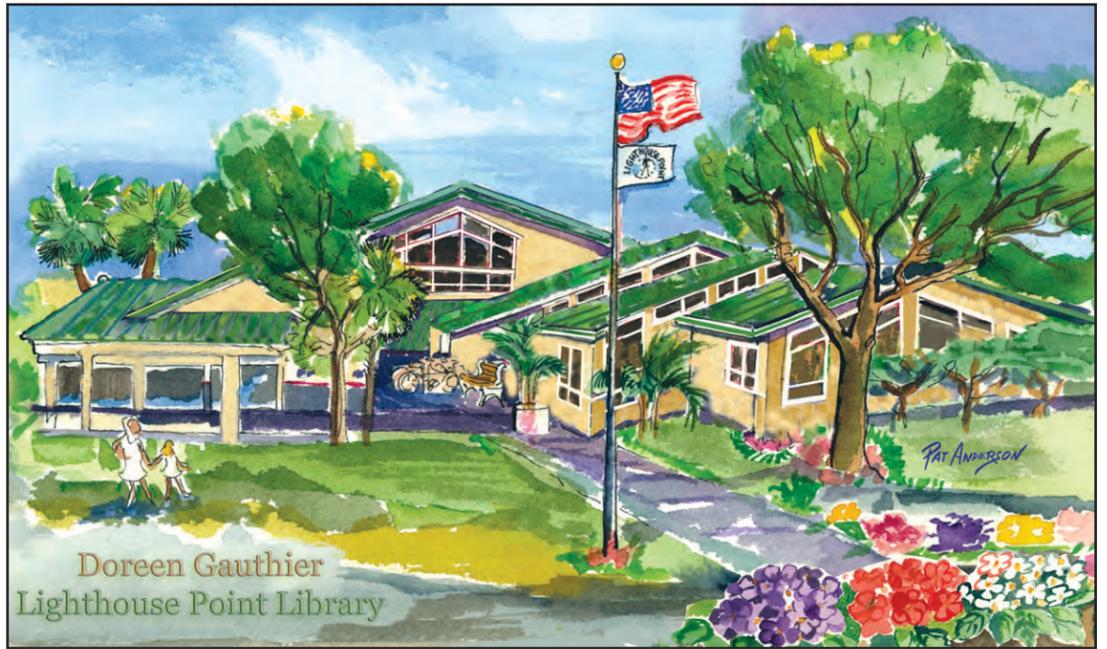
back of public works trucks," says Library Director Doreen Gauthier.

The library and its building grew to become an important part of the community, and Gauthier began to grow the collection. "The economy was such that we had the latitude to buy things, and we added to the book inventory rapidly," she says.

By 2003, the library had doubled in size and reached capacity. It had taken over 15 years, but now "we needed to expand," Gauthier says.

Gauthier remembers that time very well as does Administrative Secretary Cathy Anthony who has been with the library since 1986.

In 2004, a state grant and matching funds totaling over \$600,000 made it possible for an expansion of the library facility. The ground breaking



In March, 2007, The city library was named Doreen Gauthier Lighthouse Point Library.

was July 7, 2006.

While the construction was being done, the reference books and children's collection were housed in boxes kept across the street in Dixon Ahl Hall. The adult books were left on the shelves covered in plastic in the main

library building.

But then nature intervened. On the Thursday just before Christmas, eight inches of rain fell.

"No one expected it," Gauthier says. By noon, water was running through the library roof and dripping from

ceiling light fixtures.

Anthony was the first person on the library staff to view the damage. "You could see a water mark in the ceiling where it was coming in," she says. That's when she realized there was trouble.

*See Library on page 3*

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# Library

*Continued from page 2*

She went to the city offices just across the hall to find them suffering more damage than the library.

To save the books, the Public Works Department and other library employees helped Anthony cover them with tarps.

When Gauthier arrived, she says, "It was like a shower in the hallway. It looked like Noah's Ark. Tears came down my face." The water around the stacks was about three inches deep.

Anthony recalls, "Things got worse from there." Every-

thing was damp and prone to mildew.

There was so much damage to the library as well as City Hall that the building was condemned, and they had to replace the entire roof. That's when we got the signature green tin roof you see today.

Luckily, the books could be treated to prevent mildew damage and only about 300 were lost. The building was repaired and renovated to include 8,200 square feet of space made up of a computer laboratory, children's room, a second story and a meeting room across the hall.

It took four months longer

than expected to complete the project.

In the meantime, on March 28, 2007, Lighthouse Point Mayor Schorr announced that the newly enlarged library would be called The Doreen Gauthier Lighthouse Point Library. The new building with its new name was dedicated Nov. 3, 2007.

Schorr admits it was difficult to keep the name change a surprise until it could be announced at a volunteers' luncheon. "To this day I have problems realizing it's true," says Gauthier who is proud of her namesake.

Currently, the library has four full-time employees and

one part-time staff person, 42,000 volumes, 60 active volunteers and has put 5,000 cards in patron's hands. It also offers a variety of programs including yoga, exercise, foreign language classes, book discussions, financial planning sessions, story hours and a summer library program.

But as we head into the final stretch of 2011, there will be some changes.

Gauthier will be retiring in December after almost 33 years as director. She plans to volunteer her time and get to know her eight great grandchildren better.

But she hopes not much will change after her tenure.

And she'll miss the people. "I was lucky. I came here and found not just a job but a family," she says.

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# Ethics Commission rules blogger's complaint lacks legal standing

By Judy Wilson

PELICAN STAFF

**Deerfield Beach** – The State Commission on Ethics has dismissed complaints filed by activist Chaz Stevens against five commissioners on the Deerfield Beach Housing Authority Board.

In a decision filed in early August, the Ethics Commission

determined the complaint lacked legal sufficiency and the action taken by the local commissioners showed no wrongful intent by nor was there benefit to them.

Named in the complaint were Housing Authority Board Chair Keith Emery, former member Richard Sales, and sitting members Caryl Berner, Ernestine Gray and Alan

Leavitt.

Stevens' complaint alleged that the board members gave another board member, Lee Giannino, favorable terms on a promissory note for \$2,796. From 2004-2007, Giannino's company, Grand American Title & Escrow Company, leased office space from the authority. The company closed in 2007 owing back rent. In 2010, Giannino was allowed to provide a promissory note at very favorable terms. In his complaint, Stevens alleged their actions constituted a "corrupt misuse

of position."

In their report, the ethics panel said the allegations were legally insufficient to indicate a corrupt misuse of position. The board, it said, voted as a collegial body to allow a fellow commissioner to enter into a repayment agreement and although the terms may have been lower than market rates, there was no indication that the authority was prohibited from entering into such an agreement or that they acted with wrongful intent or for the purpose of obtaining some benefit.

On his blog, Stevens has been a critic of Housing Authority Executive Director Pam Davis, continuing to make disparaging remarks even after Mayor Peggy Noland appointed him to the authority's board on August 1. Faced with having to re-appoint him on August 16 due to a procedural error, and under fire for her choice, the mayor backed off.

She did re-appoint Sally Potter and attempted to appoint Mike Weiss, but a number of residents of the units operated by the authority, protested from the audience. Weiss reportedly works in Boca Raton for the parks and recreation department and at one time was a recipient of SHIP funds to make repairs to his home. He lives in Noland's neighborhood on SE 3 Place. Commissioner Ben Preston asked Noland to appoint

See COMPLAINT on page 20



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## Plans for a less grand Pioneer Park to be unveiled next week

By Judy Wilson

PELICAN STAFF

**Deerfield Beach** – The public gets its first look at a scaled-down master plan for Pioneer Park Wednesday, August 31, 6:30 p.m. The plan presented by the Parks and Recreation Department replaces one drawn in 2006 that included a 43,000 square foot, two-story recreation building, three ball fields, a basketball court and boat trailer parking and boat launch alongside the Dixie Highway Flyover.

The park's new look includes two baseball fields and a large area for boat trailer parking, the existing children's play area, a pedestrian walkway around the park, a small picnic pavilion and green parking areas.

The tennis center and building remain in place.

The original design settled on after a series of public meetings now faces financial and Homeland Security constraints. Currently the city has no funds for a recreation building in the park and Homeland Security prohibits any activity under major

bridges eliminating the boat ramp and parking area under the Dixie Flyover.

The city commission recently approved the purchase of the last outparcel adjacent to the park making the total area 13.6 acres.

Two grants will pay for the park improvements. One is from the Florida Department of Transportation for the walking trail around the park and handicap access to the boat ramp. The other is a \$380,000 grant from the Florida Inland Navigational District and Broward Boating Improvement for marine related development, in this case, improvements to the boat ramp.

## 'Open' shop owners in Lighthouse Point want city to allow signs to stay up

By Anne Siren

PELICAN STAFF

**Lighthouse Point** - Penni Morris, Pac 'N Send of Lighthouse Point, likes her business. And she wants to keep on helping people get their shipping out on time and safely packaged. And she, like everybody else in her city, likes to see customers come into her store.

That's why when she gets to work, she turns on a small lighted sign in her window that lights up the word, "Open."

But in recent weeks, code enforcement officers have cited some business owners

for being in violation of the city's sign ordinance with these signs.

Morris, flanked by members of the Lighthouse Point Chamber of Commerce, spoke on Tuesday at the city commission meeting.

"I am here to ask you to ease up on the 'Open' signs. These signs are small and discreet, but they are essential for people to know we are open. There are many vacant stores [here]. And I don't

want us to be one of them. We are all struggling to stay open and afloat," she said.

She spoke to a sympathetic group.

Said Commissioner Glenn Troast, "We have a code. You have a valid concern, and I have some ideas."

Troast suggested that the chamber meet to discuss "acceptable" ideas that could work for the merchants.

See SIGNS on page 7

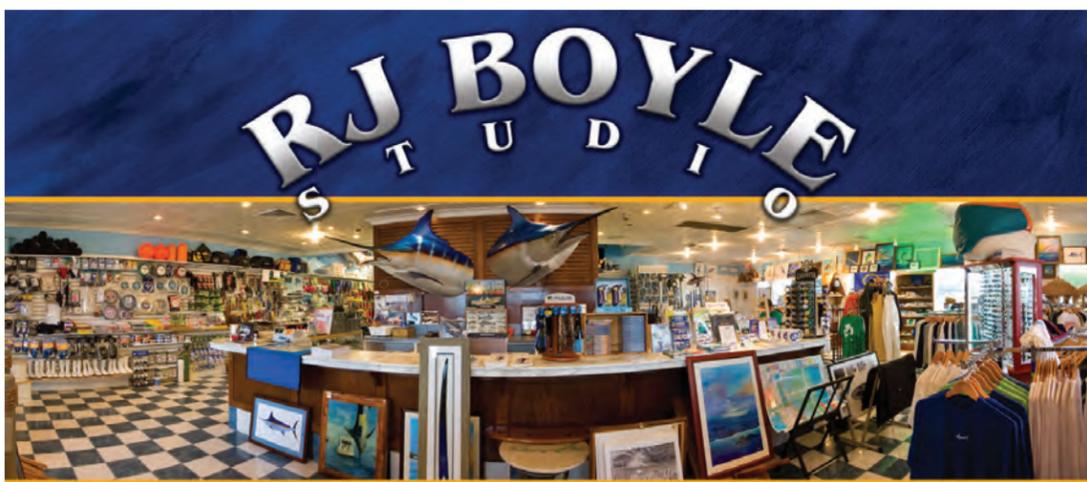


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## Weekly Fishing Report

*Capt. RJ Boyle is an experienced angler in South Florida. His studio is located in Lighthouse Point. Call 954-420-5001..*

With the pressure drop of this approaching storm we should see a pretty good daytime swordfish bite.

I went out yesterday and caught a 150-ponder with numerous other bites that just didn't stay on. The water is already a little dirty on the outer edge of the reef and offshore with excellent weed line formations, and nice dolphin with that weed, were talking gaffers!

There will be a lot of wind over the next few days which will just improve the weed lines and bring in larger dolphin to this scenario. This will also bring small wahoos to the deeper water columns under the mats, a huge plus for table fare. With storms like this creating a swell on the reef, the bottom is getting stirred up and that creates a buffet for groupers, mutton snappers, mangroves and yellow tail snappers which should be chewing during the aftermath when we say "Goodnite Irene," and let the fishing commence Get tight RJ

## Signs

*Continued from page 6*

Commissioner Sandy Johnson, who said she "liked the small sign," added that during these tenuous times, code enforcement should 'lay low.'"

Meanwhile when merchants began complaining

about the issue, the city "called off" further citations of violations.

Commissioner Mike Long agreed that a workshop would be a good idea to deal with the ordinance and its accompanying problems, but he added, referring to stores across Federal Highway in Pompano Beach, "I don't

want us to look like what's across the street."

Morris responded. "We are not like the stores across the street. We are talking about a small 'Open' sign."

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<b>Friday, August 26</b> Low 12:18 AM High 6:27 AM Low 12:40 PM High 7:08 PM	<b>Monday, August 29</b> Low 2:43 AM High 9:05 AM Low 3:07 PM High 9:27 PM	<b>Thursday, August 1</b> Low 5:09 AM High 11:36 AM Low 5:37 PM High 11:49 PM
<b>Saturday, August 27</b> Low 1:08 AM High 7:22 AM Low 1:30 PM High 7:56 PM	<b>Tuesday, August 30</b> Low 3:30 AM High 9:55 AM Low 3:55 PM High 10:13 PM	This Week's Tide Tables should not be used for navigational purposes. Boaters should confirm tables with the Coast Guard Weather Station Information taken from <a href="http://www.saltwatertides.com">www.saltwatertides.com</a>
<b>Sunday, August 28</b> Low 1:56 AM High 8:14 AM Low 2:19 PM High 8:42 PM	<b>Wednesday, August 31</b> Low 4:19 AM High 10:45 AM Low 4:45 PM High 11:00 PM	

# The Pompano PELICAN

Deerfield Beach, Pompano Beach, Lighthouse Point, Lauderdale-  
By-The-Sea, Wilton Manors and Oakland Park

ESTABLISHED 1993 • Volume XVIII, Issue 34

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The Pompano Pelican is published weekly on Fridays

Street Address: 1500-A E. Atlantic Blvd., Pompano Beach, FL 33060

Telephone: 954-783-8700 • Fax: 954-783-0093

Letters to the Editor are encouraged and accepted for print if signed, although a writer's name will be withheld on request; letters must also include a daytime telephone number. Advertising rates are available upon request. Subscription rate is \$31.80 including tax for one year's delivery in Greater Pompano Beach; \$93.80/per year including tax for others in the United States; call 954-783-8700 for rates abroad. The Pelican is a nonpartisan newspaper and reserves the right to decline advertising. Copyright 2011. Reproduction of this publication in whole or in part is prohibited without written permission of the publisher. The Pelican is a member of the Greater Pompano Beach Chamber of Commerce, Deerfield Beach Chamber and the LBTS Chamber. The Pelican is a state certified woman-owned minority business. The Pelican is delivered to businesses, libraries, schools, offices, hospitals, news racks and single family homes. All advertising and copy is published at the sole discretion of the publisher. We welcome your critiques and ideas concerning this publication.

Anne Siren, publisher

## Don't pollute the earth and water with your old drugs

Police departments are continually offering programs to help keep virtual poisons away from children and out of the water supply

With the rising use of drug use to alleviate the shaky leg syndrome or chase away the depression clouds that follow people around, medicine cabinets and bed tables are filling up with small plastic bottles.

And they are dangerous. According to a 2008 AP report, "A vast array of pharmaceuticals — including antibiotics, anti-convulsants, mood stabilizers and sex hormones — have been found in the drinking water supplies of at least 41 million Americans."

The report also stated that water suppliers "rarely disclose" results of pharmaceutical screenings.

And so far the federal government does not require any testing and has not set safety limits for drugs in drinking water.

The drugs, like sex hormones in San Francisco's drinking water or anti-epileptic and anti-anxiety drugs in Southern California, are being discovered in drinking water throughout the nation.

While there is little we can do about this now, there is something we can do. First clear out expired medications and secure them for proper disposal. Below is one way to clear your home of toxic drugs and take the first step to a safer environment. And second, if you have children, talk to them about the dangers of medications in the house, and take them with you for proper disposal to set the right example.

Please read the notice below to help you start this good habit for you and the rest of us.

## Wilton Manors to host Drug Take Back day

On Saturday, Aug. 27 from 10 a.m. to 2 p.m., the Wilton Manors Police Department in partnership with the National Association of Drug Diversion Investigators, the National Family Partnership and the Florida Office of the Attorney General will participate in the Annual Florida Drug Take-Back Event.

This event will provide an opportunity for the public to dispose of unwanted or unused pharmaceuticals and other medications to law enforcement officers for destruction. All medications including liquids will be accepted. Donations are anonymous. Community members may dispose of medication in its original container (all patient information will be blacked out) or by placing medications directly into the disposal container.

"I encourage our residents to clean out their medicine cabinets and dispose of medications not in use," said Wilton Manors Police Chief Paul O'Connell. "This is an excellent opportunity to prevent potentially dangerous substances from getting on our streets or in our water supply."

The drop off location will be located in the Wilton Manors Police Department lobby at 2020 Wilton Drive, Wilton Manors. For more information, visit [www.projectdrugdrop.com](http://www.projectdrugdrop.com) or call the Wilton Manors Police Department Detective Bureau at 954-390-2185.

## Letters

### Utility tax needs to be rescinded says reader

To the editor,

I read a very interesting blog lately that pointed out something the public should know.

Maybe the reason why Districts 1 and 4 pay the most in ad valorem taxes is because those districts are the ones that house the most businesses. It is not the residents but rather the businesses that are carrying the greatest tax load. So why isn't the city telling us just how this public service task will affect the business community?

On June 7, Publix said it would cost them an additional \$400,000 for just the distribution center.

I was part of the duo who collected signatures at Shelby's for the Rescind Unfair Taxes petition. We never lied or cheated or told signers that this would also be charged on their cable television. I am smart enough to know that there are already state and local communications taxes on cable.

If there were young people getting signatures, point them out.

My partner at Shelby's, Lillian Lorraine is 82. I'll be 81, and Jean Robb doesn't mind telling you that she is 79. Are we the youngsters that were referred to?

Incidentally I live in district 2 and the total savings on my tax bill is \$4.19. According to the information from the city on the back of my water bill, I'll be paying a lot more than that with this public service tax. Time to Rescind.

Bruce Rodgers  
Deerfield Beach

## AARP Driver Safety Program

Drivers can become eligible for discounts on their car insurance and update driving skills at the Sept. 22 driver safety program at Northeast Focal Point, 227 NW 2 St., Deerfield Beach. from 10 a.m. to 4 p.m. Cost is \$14 and \$12 for AARP members. Call 954-480-4460.

## Church remembers 9/11

St. Mark's Episcopal Church, 1750 E. Oakland Park Blvd., Fort Lauderdale, will hold an anniversary service at 10 a.m. to remember the September 11 attack on the World Trade Center and the Pentagon. After the service, there will be outdoor family activities for the family and a lunch will be available. Those participating are asked to bring old cell phones which will be sent to U.S. troops throughout the world. At 7 p.m., another service will include the Requiem by Gabriel Faure. All are welcome to both events. Call 954-563-5155.

## Sightings

*A local calendar for events, meetings and more in North Broward County. Please email calendar items to [siren2415@gmail.com](mailto:siren2415@gmail.com) or fax to 954-783-0093.*

### Auditions

**The Girl Choir of South Florida** will hold an open audition at 3347 NW 55th St in Fort Lauderdale for new members on Saturday, August 27 from 10 a.m. to 1 p.m. All girls ages 7 through 13 are welcome to audition. No preparation or prior musical experience is necessary. Visit our web site and click on Join the Choir. Call 954-553-2809.

**Got Talent?** Auditions for the South Florida's Kids Got Talent competition take place Oct. 1 at the South Florida Tri-Rail Station, 800 NW 33 St., Pompano Beach. The competition is open to individuals or groups that sing and/or dance. All participants must be South Florida residents between the ages of five and 15. Call 954-703-7934.

### Events

**Sept. 2 - East Village Uncorked** 6 to 9 p.m. Over 15 restaurants and 7 food trucks featuring international cuisine, wine tastings from around the world in participating shops, artist exhibits throughout Harbor Village and live entertainment in three locations at this free event open to the public. Parcels Plus will be offering free

children's fingerprinting and Harbor Village Cleaners will be celebrating 44 years in business! The event is located just west of the Intracoastal on East Atlantic Boulevard in Pompano Beach. Call 954.786.7824.

### Classes

**CERT Classes** open to the public Sept. 24 and Oct. 1 at the Fort Lauderdale Fire-Rescue Station. Learn how to save lives in an emergency. Fire suppression, injury care and other skills that will be valuable in the aftermath of a hurricane. Classes are free. Pre-registration is required. Call 954-828-6700.

**Green Market, Wilton Manors,** Saturdays and Sundays at Hagen Park 2020 Wilton Drive from 9 a.m. to 2 p.m. fresh produce, international baked goods, herbs/spices, doggie treats, pickles, jams, infused vinegars, pasta and more. Call 954-531-5383.

**Pompano Beach Green Market** — Every Saturday at Founders Park, NE 3 Ave. and NE 2 St., 9:30 a.m. to 1:30 p.m. Fresh seafood, vegetables, flowers and more. Call 954- 461-3385

*See SIGHTINGS on page 21*

**Briefs**

**Moonlight Melodies**

**Deerfield Beach** – The Tom Jackson Band plays Friday night, August 26, 7 p.m. at Moonlight Melodies, free summer concerts held at the main beach parking lot, SE 1 Street and Ocean Way. Refreshments will be for sale. Concert goers are encouraged to bring chairs or blankets for seating.

**District maps for county commission under review**

**Pompano Beach** – Broward County Commissioners are holding a series of public meetings on the new redistricting maps. The first is Tuesday, September 6, 5:30 p.m. at the Emma Lou Olson Civic Center, 1808 NE 6 Street. Several maps that meet Fair Districting Standards will be displayed and discussed. Individuals may submit their own maps but must meet the same standard.

The commission districts are redrawn after every census in order to insure the nine single member commission board districts are equal in population.

The next meeting in North Broward is at the North Regional Library on Monday, September 19, 5 p.m., 1100 Coconut Creek Parkway.



**This volunteer rekindles hope in adults who are working for their GEDs at Broward Outreach Center**

By Phyllis J. Neuberger

PELICAN STAFF

“I have a wonderful volunteer to call to your attention,” says Jean Gerber, public school teacher who administers the ABE, GED programs at Broward Outreach Center, 1700 Blount Road in Pompano Beach. “Grant Hemmingway has a full time job, is about to earn a Master’s Degree and still finds one morning a week to volunteer his help to my adult students who are preparing for the G.E.D. tests,” she adds.

Hemmingway is a soft spoken young Englishman who has lived in Pompano Beach for almost 10 years. He’ll soon earn his Master’s degree from the University of Exeter in England, and says, “I’ve done on all of my classes on line and when I submit my dissertation, I’ll be finished. My subject is the relationship between Greek philosophy and Christianity. I hope to be an adjunct instructor until I earn my doctorate and can qualify as a full time professor.”

Hemmingway works 40 hours a week in the admissions department of Kaplan University and has been spending his free time at the ocean or studying. Now he fits in volunteering every Friday from 9 to 12 a.m. assisting Jean Gerber, whom he calls ‘an inspiration to me and all of her students.’

Asked how he happened to hear about this homeless residence, Hemmingway says,

“Just before Hurricane Jean in 2004, I was evacuating and heading for 1-95 when a group hailed me and asked for a ride to this



Jean Gerber, teacher and administrator of educational programs at the Broward Outreach Center, shows volunteer Hemmingway what to focus on with his math student.



Grant Hemmingway, volunteer, with John Ziermann who prepares for the math section of his GED test.

Center. I brought them here and that’s the first I knew of Broward Outreach Center and the good work it does. I began to donate financially and only recently learned I could volunteer here as well. Assisting Miss Gerber and these adults who want to earn their diplomas is very exciting. The students I’ve worked with want to get jobs and live their lives in the community once

again.”

He continues, “I would encourage others to come and give a few hours of their time.

It’s very rewarding work and the environment, though not fancy, is very friendly and not in any way intimidating. Every student I’ve had seemed to appreciate the one-on-one time I’ve spent with them. The residents here are unfortunate and they seem

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Phyllis J. Neuberger wants your suggestions about people who are making a difference. Call 954-783-8700.

very grateful for the hands that help them up and out.”

John Ziermann is one of the students working with Hemmingway on math. Ziermann says, “I’ve been in the food business all of my life.

See Hemmingway on page 13

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# Business matters

The Pelican takes a look at local business owners. Call The Pelican to find out how you can tell your story here because business matters. 954-783-8700.

## Briefs

### Labor Day picnic to host Democratic speakers

Congressman Ted Deutch and State Senator Nan Rich will join other Democrats on Sept. 5 at Pompano Beach Community Park for the Annual Labor Day picnic, sponsored by the North Broward Democratic Club at 1 p.m.

The event takes place at the South Pavilion. There will be free hot dogs, hamburgers and covered dish meals to share. Participants will hear from Democratic leaders and candidates. All persons should bring chairs and drinks. Community Park is located on U.S. Federal Hwy and 10 Street, Pompano Beach.

### Young professionals head for Heart Rock

The Pompano Beach Chamber of Commerce will host an evening for Young Professionals at the Heart Rock Sushi Restaurant, 4460 N. Federal Hwy, Lighthouse Point, Aug. 31 from 5:30 to 7:30 p.m. The group provides a connection for professionals 40 and under to meet and greet.

Cost is \$10 at the door and includes one free drink and hors d'oeuvres. Call 954-941-2940.

The chamber will host its annual Business Expo on Sept. 13 at the Pompano Citi Centre, 1955 N. Federal Hwy, Pompano Beach from 5 to 8 p.m. Exhibitor opportunities are still available.

Call 954-941-2940 or email Info@pompanobeach-

### Dr. Kahlil A. Shillingford offers three options in his specialty of laparoscopic and obesity surgery



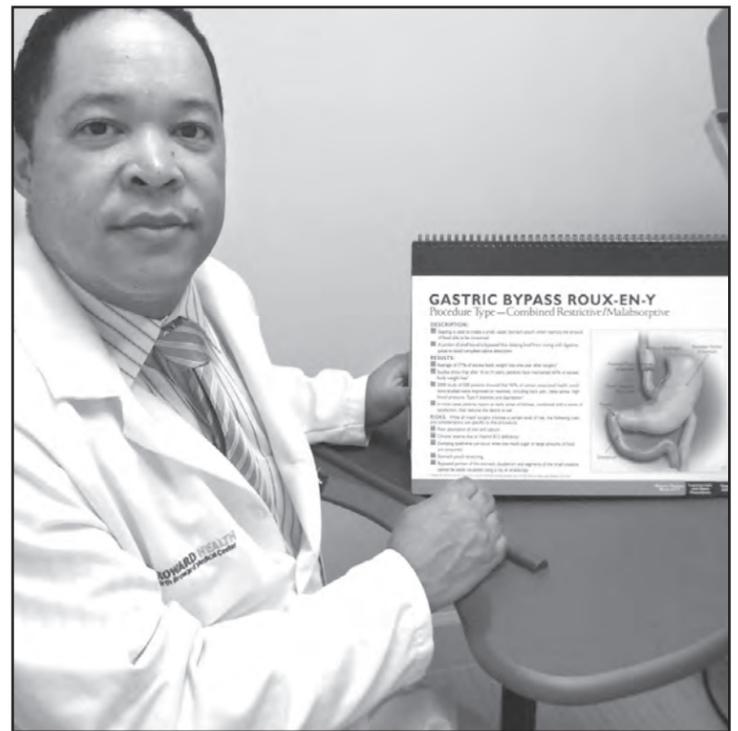
By Phyllis J. Neuberger

PELICAN STAFF

Dr. Shillingford, who has been surgically treating patients with obesity issues since 2,000 says, "My goal is to help people achieve a long term success with controlling their weight to enjoy a more healthy life. I stress that all three of these procedures are tools. The surgeries will provide weight loss, but the other half of the story is the patient's dedication to exercise

and eating proper nutrition to maintain that weight loss."

His office is located in suite 235 at 9960 Central Park Blvd. N in Boca Raton. He's on the staff of West Boca Medical Center, Coral Springs Medical Center, Northwest Medical Center and North Broward Medical Center. Dr. Shillingford is a graduate of the University of Michigan Medical School. He completed his general surgery residency at the University of Maryland followed by a



Above - Dr. Shillingford takes time to explain three options for reducing weight through bariatric surgery. [Left] Dr. Shillingford with his wife, Dr. Priti Kothari, who practices psychiatry at West Boca Medical Center

fellowship at the Cleveland Clinic in Florida in advanced laparoscopic and bariatric surgery.

The three surgical options are as follows:

**Adjustable Gastric Band:** The band is placed laparoscopically, using multiple small incisions, around the top of the stomach to restrict the amount of food that can be consumed. This procedure leads to the feeling of fullness with less food consumed. Most studies show a loss of up to 60 percent of excess weight within two years.

The Gastric Sleeve divides and removes most of the stomach. The remaining stomach, or sleeve, holds far less food and leads to a feeling of fullness with much less food. Up to 70 percent of excess weight is the estimated loss within two years.

The Gastric Bypass in-

volves creating a small pouch and connecting it directly to the middle portion of the small intestine (Jejunum), bypassing the rest of the stomach. This results in less food being consumed and less calories being absorbed. Weight loss from this procedure within two years is 75 to 80 percent of excess weight.

Shillingford does not tell a prospective patient which procedure to use. He says, "I attempt to educate them on each and the choice becomes a mutual decision. For the least obese, Lap Band works best. For the morbid obese, Gastric Bypass is the most effective. Bypass turns out to be very successful for diabetics, causing a decrease and even elimination of diabetic medicines. In fact, these surgeries are being considered and researched right now to determine if diabetics carrying normal weight could benefit."

One of his patients was happy to share her success story with the Pelican, but

See Shillingford on page 12

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# Neighborhood Initiative Program concludes another successful year and graduates 50 teens who now 'get' the value of hard work

By Judy Wilson

PELICAN STAFF

**Deerfield Beach** – Seventeen years ago State Rep. Gwyn Clarke-Reed started a summer program for teenagers aimed at giving them a glimpse of the working world. She modeled it after a program developed in New York by the juvenile justice system to get kids in trouble back on track. “My thought was to offer it before the kids got into trouble,” Clarke-Reed said.

So the Neighborhood Initiative Program, or NIP, was started here. Clarke-Reed was a city commissioner at



Graduates Taonna Moses, Shantera Finklin and Vaire Swinton.



John and Robin Lombardi

the time and she tapped funds collected by code enforcement in District 2, her political base, to finance it. The budget runs around \$70,000.

Each year 50 teens, ages 13 to 15, are selected from the community to attend an eight-week program that demands they show up on time, be properly dressed, attend all sessions and work for a participating business or institution for \$7.25 an hour, which becomes enough to buy their school supplies and clothes. Parents have to pledge their support.

Originally led by Rev. Nathaniel Knowles, Jeffrey Pete, a counselor at a group home in Boca Raton, took over two years ago. “This program has been going on so long, it has its own plan. It just needs someone to run it,” Clarke-Reed said. “Jeffrey does an excellent job.”

This year, classes were held at the city’s Mitigation Operations Center in the FAU Research and Development Park. Part of the curriculum includes talks by motivational speakers, how to dress for an interview, how to write a resume, how to present oneself, the importance of saving money, Community Emergency Response Team training and a field trip to the beach to learn water safety.

The city’s Community Development Director Donna DeFranzo oversaw the entire program and employed six of the kids at the NE Focal Point Senior Center. “This is a wonderful opportunity to learn work-related skills and be mentored by dedicated volunteers,” DeFranzo said. “It’s a positive for the businesses and the students.”

Businessman John Lombardi is a big fan of the Neighborhood Initiative. He has participated for many years and this year put five kids to work at his eyewear manufacturing and retail operation in Deerfield Beach. “They learned how to deal with customers and make appointments. One young man learned to cut lenses. They were delightful to have around,” Lombardi said.

As chairmen of the Deerfield Beach Chamber of Commerce Executive Board, Lombardi arranged for these kids to get small checks from the Chamber. He personally gave each two pairs of glasses which he hopes will see them through high school.

Among the other 18 participants were the City

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# Shillingford

Continued from page 10

asked for personal reasons not to be named. She said, "I had bariatric surgery early in May and in the few months since, I've lost 50 pounds and even more important, I am no longer diabetic and take no meds for diabetes. That's really exciting to me. My dress size went from 20 to 14. I returned to my job just four weeks after my surgery and I feel wonderful. Asked about old temptations, she says, "It's not a problem to me. I'm in sales so I walk around for eight hours a day. That's my exercise. I used to drink up to 10 diet cokes a day and now I drink water or mineral water.



Dr. Kahil Shillingford, Dr. Priti Kothari, Sherri Naparstek and Nancy Johnson.

I eat much less which means very small portions of fruits, veggies and salads with chicken or tuna. Dr. Shillingford is a wonderful, understanding human being and I am thrilled with this change in my life. My job associates ask what I'm doing to lose all this weight, I tell them I'm eating healthy and a lot less, and that's true."

Every patient is evaluated by a psychologist or psychiatrist and spends a good deal of time with a nutritionist in a pre-surgery work up. Patients have a nutrition counselor available before surgery and after if there are issues.

Before any surgery is considered, potential candidates are told to attend the free information seminars. Post surgery, patients are

encouraged to become part of a support group and to benefit from continued education on nutrition and exercise. Shillingford says, "Our newest support group is called Back on Track for those who feel they have strayed too far."

He describes most of his patients as people who have tried every diet in the books, lost weight and then regained it. "These surgeries are effective for two years and after," he says, "if the patient builds in exercise and avoids starvation by eating properly. That means eating normally, but controlling portion sizes. Protein, vegetables and fruit can be enjoyed in one meal, but the portions remain much smaller.

Asked about the loose skin that is left when the weight is lost, the doctor says age is a major factor. "If the patient is young, the elasticity of the skin will handle that issue. The older the patient, the more likely plastic surgery is needed to remove it."

Potential patients can attend a free seminar in person or on line. Call 561-483-8840 or visit his website at [www.drshillingford.com](http://www.drshillingford.com)

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# Hemingway

Continued from 9

My last job was at Fontain Bleu in Miami as a resident baker. I'm looking for a job now in a bakery. I really appreciate the help I'm getting with my math from Mr. Hemingway."

Gerber is placed on this campus by Dave Thomas Education Center. Her classes run at different hours all day from 8 a.m. until 4 p.m. She works with between 80 and 90 adults each day teaching Adult Basic Education and GED classes. "My students are all in residence here and they are required to take a certain number of hours of education every day. The success rate for GED students is very high. In the

past few years we have had 70 graduates. I usually have between 10 to 20 students in every class. I wish I had more volunteers like Grant. You do not need to be a teacher or educator to volunteer in my classroom. I am convinced that one-on-one assistance is the most effective tool we can offer. These adults are very grateful when someone cares enough to spend a few hours to help them."

Hemingway adds, "When you volunteer in a place like this, you are reminded that your own problems are not so bad. You become aware of their situation and you lose yourself as you merge your energy with their desire to learn."

Education is part of the required rehabilitation plan for

residents of Broward Outreach Center for the Homeless. Classes are conducted all day, five days a week in ABE, or Adult Basic Education, and GED, or General Education Development.

A GED diploma allows these who did not graduate from high school to earn an equivalency diploma which is necessary for most jobs and for all college education courses and many vocational courses as well.

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qualified for the test. Tests are given in a GED testing center on an ongoing basis.

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To volunteer in the campus school, call Jean Gerber at 954-935-3006.

Mary's Little Lamb Day Care and the NE Focal Point.

Clarke-Reed gives the program a \$500 check to help pay for the commencement luncheon which is held at Westside Park.

With so many successful years of the Neighborhood Initiative Program in the record, Clarke-Reed is now thinking about holding a 20-year alumni luncheon in 2014. The potential is for 1,000 success stories which should be more than enough to inspire a roomful of teenagers.

## NIP

Continued from page 11

of Deerfield Beach, attorney Pat Murphy, Ocean Trust Realty, Ronni's Christian Day Care Center, Westside Park, Xence Laboratories, Accredited Advisors of Insurance, Deerfield Beach Fire/Rescue, DB Middle School, Deerfield Park Elementary School, Unimed, Ed's Insurance agency, Emerald Towing and Hauling, Food Bazaar, Island Watersports, attorney Joseph Maus,

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Although his business is leverage buyouts which means buying and selling companies, Ben Smith, 38, the owner of the two Lighthouse Inns, 3305 SE 5 St. and 3208 NE 11 St., Pompano Beach since 2008 says, "These two assisted living facilities are keepers. I'm attached to the residents and would feel like I abandoned them if I sold the Inns.

My aunt, Sue Beall, is the very capable administrator of both residences and Suzi Mautner is our director of marketing. These two people are my life savers."

Mautner, who is a seasoned executive in this field, was asked how these Inns differ from other rental assisted living residences.

She replied, "We do all of the services one expects. The difference is in the exceptionally caring staff. We're intimate residences with a capacity of 33 in Lighthouse Inn South and 43 in Lighthouse Inn North. We're small enough to give personal attention.

The residents all know each other and have concerns for each other the way family members do for one another."

Continuing, she adds, "Our case manager/social worker

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Suzi Mautner director of marketing and Ben Smith, owner.

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applies for financial assistance for new residents wherever it is indicated. Many of our residents are receiving benefits from the government and VA programs. Until they moved in, they never realized they were entitled to them. This assistance helps them relax and forget their worries about being able to maintain themselves financially. A licensed therapist attends to individual and group therapy when the need exists."

Both facilities have activity directors who keep residents busy with walks to the ocean, bingo, card games, jewelry making, painting and other crafts. There's an exercise class every morning.

Ivan Lozada has lived at Lighthouse Inn South for four years. "I like the staff. They

take good care of my room and me. The food is good and always fresh. Ribs, chicken and meat loaf are my favorites. They bake the cakes and pies right here too, but butter pecan ice cream is still my favorite. I often walk the beach with my friends and I like bingo."

Cindy Ryan, thinks these Inns as life savers. "My dad lived at Lighthouse Inn, North for six years. I was impressed with the quality of care he received. When my husband needed assisted living, I moved them both to the South Inn. And I, unexpectedly ended up here too. They are very good to us. My husband needs constant attention and it is provided by willing and pleasant staff."

These two residences allow small pets. Mautner says, "if the resident can care for them.

Our staff assists residents with bathing, dressing and grooming, medical management, housekeeping and personal laundry service. Physical and occupational therapy, doctor visits and podiatrists are available on site. We arrange for transportation for off site visits to dentists, doctors and other activities. Family and friends are welcome visitors from 9 a.m. to 8 p.m."

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# French government honors Lighthouse Point veteran 66 years after his role in helping to liberate France

By Bill Johnson

PELICAN WRITER

**Lighthouse Point** – The air over France was alive with flak from German guns. A 23-year-old American named Percy Paget crouched in his position as the tail gunner in an American bomber looking for enemy targets when flak ripped through the bottom of the plane and bored into his body. With blood oozing from his backside, he crawled to a safer place in the air-plane where a flight engineer cut open his flight suit and poured sulfa into his wounds to fight infection. When the plane later landed safely, an ambulance was waiting to take Paget to a hospital where he would spend the next few weeks recovering from his wounds.

This was his introduction to aerial combat in World War II, his first mission as a tail gunner. But it would not be the last experience in combat. He soon knew more of the terror that comes with bombs and bullets until his luck ran out on his 29th mission. Once again his plane was hit by German fire. This time he was shot down in Germany. The navigator was dead. The rest of the crew were taken prisoners by German soldiers.

Several days at an interrogation center followed. Probably because the war was coming to an end and the Germans knew it, the POWs were not brutalized during interrogation. "The Gestapo was on the run," Paget said, as he reflected on that dark and terrible time. "When the Gestapo were there, they'd beat prisoners and then ask questions, but they were gone."

His ordeal, however, was not yet over. He estimates



Percy Paget receives the Legion of Honor medal from a representative of France at an Aug. 20th ceremony

that 200 American prisoners were packed into boxcars to be taken by train to a POW

camp – Stalag 7A. But American bombing of the railroad

See HONOR on page 15

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# Honor

*Continued from page 14*

disrupted that plan. Instead, the soldiers began an exhausting two-week march. At times they had to duck from American air attacks on Germans below. Along the way there was no or little food, and they slept on the ground.

At Stalag 7A, Paget and his fellow POWs slept on straw mats on bunks stacked three high. Many of the German guards were older men, he said. Some, he learned, even had relatives in the U.S. For whatever reason they did

not treat the Americans in a brutal way. But there was very little to eat.

The once-a-day meal, if you can call it that, was a piece of bread and watery soup. There may have been something in it, a bit of potato perhaps, but there was no need to look for meat. "If there was meat in there it was cockroaches," Paget quipped before adding, "It was garbage. There was no meat."

That's how it was at Stalag 7A until General George Patton's American tanks rolled in. The POWs knew the Americans were coming

and the war was ending when the German guards disappeared. The American POWs remained at the camp for several more days and enjoyed C-rations which tasted like a Thanksgiving Day feast.

That's how it was for Percy Paget in 1945 when the U.S. and allied forces stopped the tyrannical German juggernaut from sweeping over Europe. His ordeal – from the time he was shot down and captured until he was rescued – was two months. As bad as it was, he knows that many American troops suffered much more.

Paget, who is now in his 89th year, came home to the United States and played his role in what we now call The Greatest Generation, the men and women who struggled through the Great Depression

and fought their way through World War Two to build a thriving and prosperous nation.

He built a career in New York as an insurance underwriter and continued to serve his country for 45 years as a member of the Coast Guard Auxiliary.

For the last 18 years, Paget has lived a quieter life with his wife Naomi in Palm Aire at Coral Key, a condominium community in Lighthouse Point.

## French connection

Last Friday morning – 66 years after this awful war ended in 1945 – the French government took time to "remember and honor" Percy Paget and 14 other Floridian, veterans who helped liberate France. At a patriotic ceremony at the Boynton Beach

Civic Center organized by the Boynton Beach Veterans Council, a representative of the French government, Nicole Hirsh, lifted the Legion of Honor medal from a red velvet pillow and pinned it on Paget's chest. It is the highest honor that France can give. Consul General Gael de Maisonneuve told the veterans the "red ribbon will remind you of France's eternal gratitude. Our society now counts you among us."

Later, at his condominium, Association President Rudy Janis spoke. "Percy and the other brave soldiers put their lives on the line, and we have to give them a lot of credit."

Paget, who displays a quick wit and self-deprecating humor said, "I went into the military kicking and screaming," he said. "I was drafted. Today's soldiers deserve more credit because they are all volunteers."



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## MLK

*Continued from page 1*

The corridor includes those blocks east of Dixie Highway known as "Old Pompano" and the proposed civic campus and new regional library being built at city hall. "There is the opportunity here to drive people to a traditional downtown," said Carla Coleman, executive director of the ULI.

The panel found there currently is not enough traffic in the corridor to support retail development. And the corridor on MLK Boulevard was much too long to support successful retail establishments and lacks platting and zoning as well as density. The current land use map doesn't allow for the density required for successful business development, the panel said. Beefing up the number of people living, working and passing through the corridor will be essential they said.

They recommended clustering development at the intersection of Dixie Highway and MLK Boulevard and the two blocks east into "Old Pompano" and suggesting getting a "catalyst or gateway project"

underway.

West Community Redevelopment Director Chris Brown said two entities have expressed interest in that area. One is Broward College that is looking for 20,000 square feet of classroom space. Another is the Broward Health Center and yet another is a pre-school day care.

There were other bright spots in the panel's findings. Much of the vacant land in the corridor is owned either by the city, the West Community Redevelopment Agency, or the county, making public/private partnerships a strong possibility.

There is the prospect of the Florida East Coast Railroad taking on passenger lines and building a station on Dixie Highway.

The other hot spot identified by the panel is the intersection of Atlantic Boulevard and I-95 will likely develop on its own without public assistance.

The panel noted that the West Community Redevelopment Agency, or WCRA, sunsets in nine years and that an extension, which has already been requested, will be necessary. Their full report will be presented to the CRA in five to six weeks.

## Town settles with former administrator and awards him \$7,000

By Judy Vik

PELICAN STAFF

**LBTS** – Commissioners in Lauderdale-By-The-Sea approved a settlement agreement Tuesday that awards \$7,000 to fired town administrator John Olinzock.

The vote was 4-1, Commissioner Scot Sasser dissenting.

Olinzock had alleged wrongful termination and retaliatory discharge in connection which his being fired April 26, 2010.

Both parties release and waive any claims against the other that arose prior to the execution date of the agreement. Olinzock gives up any claim for expenses including attorney fees that he incurred in the matter.

See TOWN on page 20

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“To the moon!” says Ralph “Antonio”

Dumas as customers enter his small but jam-packed candy and novelty store located on Wilton Drive in Wilton Manors. Whether you are looking for a candy treat, a novelty cartoon item or a greeting card, To The Moon is the store for you with over 12,000 items.

As you walk into the store, the first thing one can find is a collection of novelty metal lunch boxes. Betty Boop or Batman, To The Moon has something for you. As you continue to walk through the store, patrons have one major dilemma that faces them. Shall you go left and browse the thousands of novelty and prank items, or go right and stroll down an aisle of candy that will leave you in a state of euphoric indecision like never before.

One of the more defining aspects of the store is Dumas's selection of nostalgic candies. “The first two racks in the front [of the candy aisle] have candies that were famous in America from 1806 to the mid 1990's if they are still made,” said Dumas. Dumas said these candies attract clientele both young and old. “Believe it or not, Clark Bars have been around since 1884. It's an old candy bar, and it's one of my favorites. People come in specifically for them because they say they can't find that anywhere.”

People visit To The Moon for Australian cookies and sweets from more than 67 other countries.

It would take more than a month of Sundays to check out the 75 different chocolate covered items, 115 varieties of black licorice and 97 selections of dark chocolate bars.

And that's just half of this store.

“The back of the store has all your old groceries, soda pops with real sugar in them that you cannot find anymore,” said Dumas. Other groceries include My-T-Fine pudding and pie filing, Junket pudding and other items.

“Most of the favorites are still made, we just specialize in finding it and having it available for our customers,” said Dumas.

He added that a lot of the items have had to be researched and finding them is half the battle. Dumas also is a frequent traveler to trade shows.

“I just came back from



**Like a Kid in a Candy Store?** - You bet. One trip to To The Moon may add a few calories, but relax, basking in the memorabilia of yesterday is worth a pound or two.



three trade shows, and I am so excited about the products that will be coming in. I cannot wait,” said Dumas. Part of the store's merchandise reflects at least one candy bar from each state in the country.

The rest of the store consists of movie memorabilia and more than 2,000 greeting cards. Items from Betty Boop are the most popular with all of the classic cartoon characters represented as well.

How about the name?

“The store is called To the Moon, hence the Honeymooners. My parent's names are Ralph and Alice. We are from Brooklyn, and my sister's husband, for 28 years, drove a bus for the dedicated Jackie Gleason bus depot which is on 36th street and 5th avenue [in Brooklyn],” said Dumas.

During the 80's and 90's, Dumas worked in the Keys

and South Beach during winters, eventually getting into the gourmet food business. After several years of running a South Beach store, he decided to open his own store. “I pretty much ran that store, so I figured why not have my own store?” said Dumas.

Seven years ago, To The Moon opened their doors and since then, children and adults alike have had the opportunity to experience this one-of-a-kind store. “For me, it's all about having my customers happy and smiling and when they come in here. If they are in a bad mood, they usually leave smiling,” said Dumas. “That makes me happy too.”

As every customer walks out with their smile on their face, Dumas sends them off with “Have a sweet day!”, which doesn't seem too difficult after going To The Moon.

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# Hurricanes

*Continued from page 1*

In Miami, residents tried to leave the barrier island as the eye of the hurricane passed over. Many were swept off the bridges.

The University of Miami had just opened its doors, and was nicknamed the Hurricanes

in memory of the storm. 1926 marked the end of the land boom in South Florida.

## Pompano came to a standstill.

Rains and violent winds had crumpled cars, houses and business enterprises. Boats were splintered, and power lines were down.

A sea of mud slid through-

out the streets and roads carrying dead fish and rats.

About 1,000 people of the 5,000 residents in the city were left homeless.

Pompano Mayor L.S. Warren appealed for national aid.

Judge Beckton Isler, whose eight-hour watch in the lamp room, 136 feet above the base of the Hillsboro Lighthouse, lasted 32 hours.

He reportedly said, "The heavy winds and surging sea kept hammering away at the tower until I was almost certain it would topple into the Hillsboro Inlet. The vibration was terrific. I wasn't scared, but I didn't like it one darn bit."

Isler was the assistant keeper of the Hillsboro Lighthouse from 1920 to 1939. The lighthouse beam was considered the second most powerful light in the country. While it was aimed to warn vessels of the reef at the inlet, many rum running boats missed the mark more than once and bumped into the lighthouse many times.

## Wartime in Pompano Beach

Much wartime activity centered around the lighthouse

Luther Becton Isler, son of Judge Beckton Isler, lived about 300 feet from the lighthouse. Following the outbreak of World War II Luther reported German U-boats were trying to sink American transports and were prowling as close as one-half mile of the lighthouse.

Luther recalled talking to a saboteur without knowing he was one at the time while assisting the U.S. Coast Guard on beach patrol. The spy was eventually caught, but Luther never went outside at night without a pistol in his holster.

As the war escalated to what was termed, "The Battle of Pompano," residents mobilized. Scores joined the Defense Corps and volunteered for war work with the Red Cross. Blackouts were enforced, and few people drove the ocean route after sunset. Waterfront social life disap-

peared during these times.

It was a time of tension and turmoil. Beaches were covered with debris from war torn vessels; explosives floated ashore. Traces of the war were everywhere.

Pompano's Silver Thatch Hotel and Racquet Club became headquarters for a United States Coast Guard patrol unit. A rationing office was established in the Walton Hotel.

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# Town

Continued from page 17

"Each side releases the other from further liability," Susan Trevarthen, town attorney, said. According to the agreement, the parties compromised to avoid the expense of further proceedings.

She said the town had spent \$11,000 in attorney's fees on the case.

Sasser said he was voting no to the agreement because he felt the termination was done appropriately.

"This town needs to draw a line in the sand or we make ourselves vulnerable to frivolous litigation," he said. Sasser said the town should keep fighting the suit and attempt to get its expenses back.

Olinzock was appointed to serve as acting town manager during a special town commission meeting April 20, 2010 after the commission fired Town Manager Esther Colon.

Olinzock began work for the town in January 2007 in municipal services and was promoted to assistant town manager July 2, 2008.

Commissioners unanimously agreed to fire Olinzock April 26 after he refused for several days to discuss the issue of a severance payment to Colon with individual commissioners or with town attorneys.

# Complaint

Continued from page 4

someone from District 2 where the authority's properties are located and suggested Andre Samuel who had been a candidate for Preston's seat in the special election held last month. The mayor refused saying, "Others have approached me, so I will wait for all applying."

Preston said he feared Weiss came "with an agenda," causing the mayor to say "Show me Mr. Weiss is no good."

"I could share some experiences with you," Preston said. Asked later to explain, Preston would not go on the record. He did say that he feels it important that people in District 2 show their will-

ingness to become involved in the district's issues. Samuel, he said, has submitted his application for the board.

Defending her choice No-land said, "I chose Mr. Weiss because he had windows replaced in his home by the housing authority five or six years ago that are still leaking. I want someone on the board who will question workmanship and ask for references."

With the appointment of Potter, the authority has two vacant seats. Sales' and Giannino's terms expired in May. The state statutes require the mayor to appoint housing authority board members and the commission to ratify the appointments.



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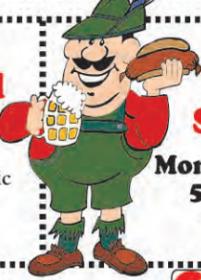
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## First International Title's New Office in Lighthouse Point

Cindy Derby, Branch Manager, Colleen Lamberti, Escrow Officer & Tammie Verlinger, Short Sale Facilitator

First International Title, Inc. has expanded its title and closing operations into Lighthouse Point Florida

Our new location is located in the Gateway Centre Shopping Plaza at:  
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First International Title is a full service escrow and closing company specializing in a wide range of closings including: residential, commercial, refinance, reverse mortgages, construction, vacant land, short sale, and foreclosures. With expanded operations throughout the State of Florida, First International Title strives to provide a high quality closing experience fostering the success of the local real estate and mortgage community.

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Dr. Matthew Elias

## Sightings

*Continued from page 8*

### Fishing Piers

**Pompano Beach Fishing Pier** - extends more than 1,000 feet into the Atlantic, 222 N Pompano Beach Blvd., Pompano Beach,

**Anglin's Pier Commercial Blvd.**, Lauderdale-by-the-Sea, 954-491-9403

**Deerfield Beach International Pier** 200 NE 21st Ave., Deerfield Beach. 954- 426-9206. 954-943-1488

### Leisure

**The American Legion Auxiliary Unit 142** has Bingo on Tuesdays at 7 p.m. at the

Post, 171 SW 2 St., Pompano Beach. Food is available from 5:30 to 7:30 p.m. Call 954-942-2448.

### The NE Focal Point

Alzheimer's Day Care Center, located at 301 N.W. 2nd Avenue in Deerfield Beach, offers a weekly Caregiver's Support Group every Wednesday from 10 a.m. to noon.

### Meetings

**Highlands Civic Improvement Association** meets Sept. 6 at Pompano Highlands Park, 1650 NE 50 Ct., Po 954-933-6393. mpano Beach. The meeting is free and open to the public. Plans for a new residential unit will

be discussed. Call

**Democratic Women's Club is co-chairing the State Convention, Sept. 15 to 18.** At the Hilton Deerfield Beach, 100 Fairway Drive, Deerfield. Democratic Club members who wish to participate as delegates or alternates should call Maggie Davidson at 954-942-8711.

### Zonta International

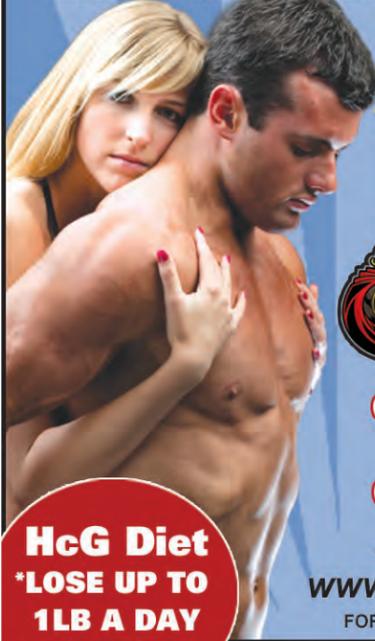
meets on the third Tuesday of the month at Duffy's Diner, 401 N. Federal Hwy., Deerfield Beach at 11:15 a.m. Zonta International is a classified service organization of executives and professionals working together to advance the status of women locally and worldwide through service and advocacy. Call 561-392-2223.

**The Greater Pompano Beach Senior Citizens Club** meets on the second Wednesday of the month at the Emma Lou Olson Community Center on NE Sixth Street Pompano Beach at 10 a.m.. Activities focus on the general welfare, health, education and security of senior citizens. We welcome people of all ages.

**Sept. 1 - The North Broward Senior Citizen's Club**, a non-profit organization, will meet at 1 p.m. at the Emma Lou Olson Civic Center, 1801 NE 6 St., Pompano Beach. From 12:30-12:45 Blood Pressure readings will be taken. Following the business meeting, there will be entertainment and refreshments. All Senior Citizens are welcome.

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Sat - 8:45am

**Herb Skolnick Community Center**  
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FastBoats Marine Group 1490 N. Federal Highway, Pompano Beach. 954-581-8355

## The Sweers grew their FastBoats dealership using basic business plans.



Randy and Kim Sweers, owners of FastBoats Marine Group.

**I**f Randy and Kim Sweers appear to have it all, it may be because they do: a successful business, loyal employees team members, a superior of line of products and on the personal side, an oceanfront condo and beautiful five-year-old son named Chase.

This fairy tale did not get written easily, however. There was the usual complement of bad guys and bad times, but through it all the hard-working couple were saavy enough to remain at the time of their game.

Today that game, FastBoats Marine Group (formerly FastBoats.com) has partnered with Aquamarina Hidden Harbor, and offers its customers a full-service dealership from sales, to service, to storage.

The story begins when Randy, a young Canadian, came here with a masters degree in finance from University of Toronto. Three hours into a banking job, he quit and went to work for Champion Marine where he learned the business from owner Richie Powers, who now works for Sweers as his Service Operations Manager. Five years later, he left Champion Marine and established his own brokerage in 1994, taking boats on consignment and matching the buyers and sellers. Then the business model changed and he took on service and selling parts. When the owners of Aquamarina came along looking for a partner, they decided Fast-

Boats was the missing link.

The marina, located at the site of the old Hidden Harbor Restaurant, offers boaters wet and dry storage in a two-story shed and at 350 dock spaces. It was, according to Kim Sweers, "A marriage made in heaven. It rounded us out. Now we are one-stop shop."

The Sweers moved their operation from Copans Road to 1490 N. Federal Highway two and a half years ago because they wanted a "flagship dealership." They built it in 7,000 square feet with showroom, administrative offices, parts and service department. "We molded ourselves like car dealerships," Kim said.

She joined her husband's business in 2000 coming from corporate America. Her last assignment after some years as a Vice President of Sales for a Latin American Internet company named IFX. She was hired to build the firm's wireless service in South America.

Then came the internet bust and Kim brought her management skills to the boating industry. "We implemented policies and procedures that catapulted us. Things were going well and the company was poised for growth," She said.

Then another disaster, this one 9/11. But contrary to what other industries experienced, boat sales took off. Their \$4 million-a-year in sales grew to \$30 million in seven years. Because of her organizational skills, Kim says, "We were able to grow and grow smart."



Showroom located on US-1 in Pompano Beach

Then another 'bad guy' came along, the financial crisis that began in 2008, and the phone stopped ringing. From April of that year to December, FastBoats had zero sales. It was during that period that they formed the relationship with their new partners and their own service department carried the company.

Today FastBoats Marine Group employs 19 "team members" each of whom has a vital role in the company's success. "We brought corporate models into our family business," Kim says. "Our employees 'own' their jobs. We have very little turnover."

FastBoats handles the Donzi line of speed boats and is that manufacturer's largest dealer in the U.S. It is also the exclusive distributor in the U.S. for Sessa, an Italian line of cruisers and small yachts. They are distributors for Mercury and Yamaha products

Recently, the Sweers' sold their elegant and elaborate estate on a Las Olas isle and moved to their condo in Lauderdale-by-the-Sea. It was a home they had designed and built themselves but much too large, Kim said, and something they could "cross off their bucket list."

The Sweers are supporters of the Fort Lauderdale Historical Society, the Youth Automotive Training Center in Deerfield Beach and Take Stock of Children, the latter



Fastboats/LORIBLU race team

an organization that offers college education to at-risk students who fulfill a contract to attend school, make good grades, remain crime free, and be model citizens. If they fulfill their contract, they are awarded a four year scholarship to any Florida University. To date, it has put 16,000 young people through college, many of them from Pompano

Beach High School.

"You should give back to the community that makes it possible for you to prosper," Kim said.

Randy and Kim Sweers welcome you to visit Fastboats Marine Group. Please visit [Fastboats.com](http://Fastboats.com) for more information and a complete listing of our inventory and other services.



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T & M Environmental Services, 31 NE 1 Street, Pompano Beach - 954-942-8768

# Historic downtown Pompano Beach is all about being “green” thanks to Tom McMahon and a safer way to approach cleaning

**T**hanks to one man, the corner of Dixie Highway and Atlantic Boulevard is getting greener and cleaner every day. Now celebrating 50 years in business, Tom McMahon, owner of T & M Environmental Services, is on a mission to make the world a safer, cleaner and greener place.

Tom started his business at the age of 17. Over the years he expanded his operations to include: Industrial and commercial cleaning services, chemical and janitorial supplies, cleaning equipment sales, repair and rental, educational services, carpet and upholstery steam cleaning and generators, scooters, motorcycles, ATV's and accessories.

Headquartered in Pompano and serving the entire state of Florida, T & M Environmental Services is taking “green” cleaning to another level. Tom's unique vision has helped grow his companies over the decades but if you ask him he will tell you that his success is entirely because of the people who work with him.

“I consider myself lucky and fortunate to be surrounded by the wonderful people who have really made the difference in this business. The fact is that you cannot get rich unless you enrich others. My family has had a big impact on our success as well; of course I feel that all of our associates are like family too.

“My son Tom Jr. runs the Power and Play Warehouse. It's really his business. Tom Jr. has helped with all of our businesses over the years. My daughters Kim and Kelly have also helped and worked for our family of companies. John Scheets is the manager of Kelly's Chemical and Janitorial Supply and has been for over 30 years. Robson DeJesus has been our Vice President of Operations for T & M Services since 1996. Robson has one of the most difficult jobs and I have the utmost respect for his contribution. Michel Martinez is our controller. And even after 10 years, when it comes to hard workers, she makes most people look like they are standing still. Jane Chapman, for more years than either of us cares to

count, has been a trusted advisor; helping us navigate through difficult times. I'll say the same about Frank Bardugone and his devoted efforts as a real team player. At Affordable Cleaning Equipment, John and Jack both play a vital role in ensuring that our clients always have the equipment they need, ready and in good working order.

“For a little over three years, Rick Macher, our director of corporate development, has helped move us into a position as the leading green cleaning company in Florida. Rick founded and wrote all of the content for The Green Cleaning Institute of North America, our very own educational institution where he trains and certifies our employees and other



Tom McMahon owner of T&M Environmental Services celebrates 50 years of business success this year.

cleaning companies on green cleaning, emergency response management, green initiatives, environmental health and safety and occupational health and safety. His many certifications, education and

success in the business world really add value and bring us a sense of urgency to share the message of “Going Green.”

“When you call, you will reach Chris King our friendly receptionist. Not

only are we “Green”, but we also sponsor the Pompano Beach Green Market. Ultimately we wouldn't be where we are without our clients. They are the best in Florida and everyone knows it, especially us.

## T&M Environmental Services



**31 NE 1 Street  
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### THE T & M Family of Companies and Affiliations



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*“Creo intentio ut perceptum”*

**The Green Cleaning Institute of North America**

### T & M Family of Companies Affiliations



# JM Family Enterprises drives a stronger community

More than 40 years ago, Jim Moran opened the doors of JM Family Enterprises with just 11 associates in offices on the fourth floor of a bank building in Pompano Beach. Today, JM Family continues to be a leader in the automotive industry as a privately-held company guided by the culture, business philosophy and philanthropic legacy of Jim Moran. Headquartered in Deerfield Beach, the company has approximately 3,800 associates throughout the U.S. and Canada in 11 major locations.

JM Family has developed deep and meaningful roots in South Florida and its impact in the community is a direct reflection of Jim Moran's guiding principles, with particular emphasis on the importance of philanthropy. His vision was that our community would be a better place to live and work through the company's giving back and associate volunteerism.

In 1984, he founded the Youth Automotive Training Center to help at-risk youth get the second chance they need to become responsible, productive citizens. Originally located in Hollywood, YATC quickly outgrew its facility

and transferred to a much larger building in Deerfield Beach in 2001. Now, 30 students a year have a chance to turn their lives around, and to date, more than 515 young men and women have graduated with a brighter future.

**JM Family and its associates  
are committed to making a  
difference in the community  
they are happy and proud  
to call home.**

Following one of the most successful fundraising campaigns in the Boys & Girls Clubs history spearheaded by Jim and Jan Moran, JM Family partnered with Deerfield Beach on the founding of the Boys & Girls Clubs Jim & Jan Moran Unit. With assistance from the city's management, the club received a Community

Development Block Grant to help with its land acquisition. This important community resource has provided thousands of children with a safe place to learn, play and grow since opening its doors in 1999.

With its mission to empower communities, develop children and change lives, the Urban League of Broward County has been helping people achieve social and economic equality for 35 years. As a proud partner of this human services organization for nearly two decades, JM Family recently pledged \$1 million as a lead gift to help expand the Urban League's services through a new 28,000-square-foot Community Empowerment Center.

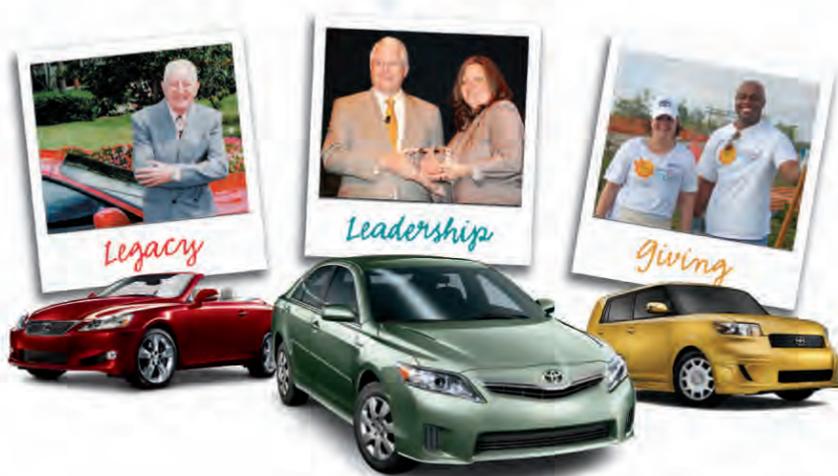
JM Family's "What A Difference A Day Makes!" program encourages associates to serve their community through volunteerism. Through a partnership with Habitat for Humanity of Broward County, associates have built 21 homes in the area and helped make the dream of homeownership a reality for many families. In keeping with the company's goal of promoting a healthier environment, their most recent builds were Leadership in Energy and Environmental Design (LEED) Gold Certified. LEED homes use less water and energy compared to traditionally constructed homes. To further support one of the company's philanthropic focuses for providing for essential needs, JM Family associates have joined together for the past nine years with Feeding South Florida to affect hunger relief. In 2010, the company's volunteers sorted more than 127,000 pounds of canned goods and other groceries. JM Family also assists Broward Partnership for the Homeless with clothing drives and serving hot meals for those regaining their independence. Each year the company also participates in a fundraising campaign to benefit United Way of Broward County and its community outreach.

In 2000, to continue his legacy of philanthropy beyond his lifetime, our founder established The Jim Moran Foundation to provide resources and opportunities to economically disadvantaged children and families. Partnerships with local nonprofits provide quality after-school care, educational resources, life skills and leadership opportunities for young adults, elder care and family strengthening programs.

When Jim Moran passed away in 2007, JM Family and the community suffered a great loss, but the company's associates work hard every day to carry on his remarkable legacy. As a heartfelt tribute to him, JM Family will continue to support meaningful programs and partnerships that drive stronger families throughout the community. As Jim Moran often said, "The future belongs to those who prepare for it." JM Family and its associates are committed to making a difference in the community they are happy and proud to call home. ■

## Driving our community since 1968

Founded more than 40 years ago by automotive legend Jim Moran, JM Family Enterprises is committed to working hard, giving back and strengthening our community.



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[jmfamily.com](http://jmfamily.com)

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Deerfield Beach Hilton 100 Fairway Drive Deerfield Beach 954-427-7700

# Landmark hotel changes with the times



Hilton Hotel general manager Chip Chapman is pictured on the eighth floor with a view, overlooking The Deerfield Country Club..

**D**eerfield Beach – The 24-year-old Deerfield Beach Hilton has a colorful history as general manager Chip Chapman remembers it. When he worked here in the '90s, Merv Griffin was his boss and the genial talk show host and game show entrepreneur came to the hotel on several occasions. "He was an easy guy to work with... gracious about coming around for our big clients. He brought huge black and white blowups of the Rat Pack and other movie stars which were very engaging for the guests," Chapman said.

Griffin's ownership here was not long lived. In 2002, he sold the 220-room hotel to the Starwood Hotels and Resorts and turned his attention to Miami where he, with Chapman, developed The Blue Moon, a boutique hotel on South Beach.

Chapman remained there until 2007 and in 2009 was hired by the Hilton's current owners, Continental Properties Company, Inc, out of Milwaukee, to manage their second hotel property.

In 2006, Continental made major renovations. The

lobby and public rooms were renovated and changes made to the layout. Gone is the disco/nightclub, replaced by 16,000 square feet of meeting space. Also part of the past, Petals and then Crystallis, an intimate restaurant off the lobby, replaced by a café, business center and sales center for brides-to-be aptly named "Dreams Do Come True." The ballroom remains, accommodating up to 400 guests for social/charity events.

The main diningroom/lounge has been slightly enlarged and is now named Bobby Bahia's, an apt takeoff on the Tommy Bahama brand. It connects to the pool deck which accommodates small meetings and outdoor dining for guests here to enjoy Florida's weather. Décor throughout is tropical colonial.

For guests with enough Hilton points or just want to splurge, four suites on the seventh and eighth floor come with spacious balconies. The eighth floor is unique. The corridor is encased in glass walls and ceiling. The sunshine streams in and the views goes for miles in all directions.



Always a popular resort to stop for a weekend or an evening, Hilton has never lost its touch with tourists and residents alike. Above, guests enjoy an evening buffet with its famous piano bar in the earlier days. Below Petals Restaurant, a popular dining spot, has been replaced with a café "Dreams Do Come True" for the wedding couples.



This Hilton, a local landmark visible from I-95, is primarily a corporate hotel, Chapman said with enough social events on weekends to maintain a 70 percent occupancy most of the year.

This Hilton is fairly small for the Hilton trademark, Chapman said, which means the staff has to try harder to

impress their corporate bosses. He has encouraged them to participate in an employee motivational program and encourages them to come to staff meetings with a story to tell. The best ones get posted on a special company website and earn the story teller a cash bonus."It's been a great way to get everyone involved in

our business," Chapman said. "A happy employee means a happy hotel guest."

His philosophy must be working. There are business guests at the Deerfield Beach Hilton that stay there every week, and other travelers who return every year to a destination where they receive special handling and warm welcomes.

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Water's Edge Dermatology, 2020 E. Sample Road, Pompano Beach - 954-960-8880

# Matthew J. Elias, DO, heads up Lighthouse Point Water's Edge Dermatology, leaders in skin care



Dr. Matthew Elias and his team including Jenny Onus, Marjorie McGovern, Cindy Brown and Susie Burton are dedicated to providing medical, surgical and cosmetic dermatology at Water's Edge Dermatology, 2020 E. Sample Road in Gateway Shopping Plaza, Lighthouse Point. [Photo courtesy of Dr. Elias]

**D**r. Matthew J. Elias says "I became a dermatologist because of Hurricane Katrina. A good friend was getting married in New Orleans. I was an anesthesiology resident at the time and was able to get a week off to attend the wedding. Katrina arrived and everything was canceled including the wedding. Instead, I spent my week of vacation with my brother, a Florida dermatologist, and while working with him, I fell in love with this field and redirected my career."

This young doctor is also a world traveler. He was fortunate enough to spend a semester traveling around the world in the Semester at Sea Program which he describes as "a transformative study abroad experience which emphasized global awareness and an exposure to other countries and their cultures."

During his medical residency, Dr. Elias also volunteered on medical missions in Guatemala, India and Vietnam providing care to the less fortunate. "These mission experiences have had a significant effect on me and my thinking," he says.

After settling into Lighthouse Point just one year ago to head up his own office, Dr. Elias has developed a very loyal following. Water's Edge Dermatology Group opened its spacious suite of offices in Lighthouse Point last August 11, 2010 at 2020 E. Sample Road, Gateway Shopping Plaza. "We have had a fine reception from the area," he says and goes on to explain, "We are a group practice owned by Ted Schiff, M.D. with main offices in Palm Beach Gardens, in Palm Beach. We are ten dermatologists, assisted by a large

group of other health care providers in 16 locations in Florida."

Office Administrator for the group, Louis Bergman says, "Dr. Ted Schiff founded the group July 1, 1998." He went on to explain how this unusual group operates. "The doctors all meet five times a year to review difficult cases and undertake grand rounds. Dr. Joseph L. Jorizzo, one of the foremost experts in the field of dermatology and the author of the major text book in this field, flies in from Wake Forest University in Winston Salem to review diagnosis and treatment plans for difficult patients. He also applies his expertise to the treatment of patients with unusual issues who attend grand rounds with their dermatologists."

Dr. Elias says these meetings are a huge advantage. "I have been on hand to see some fascinating cases and remarkable recoveries. One case that comes to mind is an eight year old boy who had lost all of the hair on his head and body. Dr. Jorizzo implemented a treatment plan, much more aggressive than the average private practice would do, and two months later the child was starting to grow hair.

Of course access to this famous man, and also sharing experience with the other dermatologists, is an advantage to all of us. Basically, we are doctors whose main concerns and goals are skin cancer prevention and treatment. Even in the short time we have been open here in Lighthouse Point, I have seen patients as young as 2 weeks old and as old as 100 plus."

One of those patients is Cathy Sheehan, Lighthouse Point, who says, "I hadn't

been to a dermatologist in a long while when I attended one of Dr. Elias's seminars and I liked what I heard. I went for a facial peel and liked the results. Since then, my whole family has had body scans and we are all pleased with him and the friendly staff. You never feel rushed. It's a comfortable place."

Dr. Elias says, "We recommend annual full body skin examinations which are covered by Medicare and most insurances. If we see suspicious lesions, we do biopsies at that time with local, painless anesthesia. All biopsies are sent to the pathology lab. Through experience and education, we can spot unusual lesions that may have appeared normal to the untrained eye of the patient."

As a good neighbor and in partnership with the American Academy of Dermatologists, Water's Edge does quarterly free full body cancer screening. In a recent screening of about 40 patients several melanomas were discovered, enabling those patients to be treated early with a high success rate. Dr. Elias screened the patients for free and notified them of any suspicious lesions. They could then follow up with him or their own dermatologist."

Dr. Elias says, "I cannot stress enough the importance of this exam which can be life saving. An undetected skin cancer can metastasize and eventually cause death. Early diagnosis is the key. Of course, prevention is the goal.

Diane Seiwert, a nurse practitioner from Cincinnati, Ohio, went to Dr. Elias concerned about a facial lesion. She says, "He biopsied it and cleared it up. He has a lovely bedside manner and it

turns out he is very good with cosmetic dermatology. I take two blood thinners and bruise easily, but he is so good with cosmetic injections that I had no bruising. I was amazed. I would highly recommend him and his very friendly staff."

Dr. Elias stresses the importance of sunscreen which he says is the most important preventative measure available. He suggests, "Use a broad spectrum sunscreen UVA/UVB at least SPF30 at least 20 minutes before exposure. Use up to two oz. per person and reapply every two hours if exposed. Even to and from the car, one should use sunscreen with SPF30 and the words "broad spectrum" clearly visible.

The large office suite occupied by Water's Edge is fully equipped to excise all types of skin cancers and to treat pre-cancerous lesions. All skin cancers and lesions are checked by pathology.

"We provide a wide range of services from medical to surgical to cosmetic derma-

tology," Dr. Elias says. "For me every day brings new challenges. Whether I have diagnosed a rare systemic disease, performed a Mohs cancer surgery or provided cosmetic care, knowing that I have made a difference and helped a fellow human being is the most rewarding aspect of being a physician and dermatologist. Cosmetic dermatology continues to grow in popularity and we strive to provide the latest, best and safest procedures and products. Botox is the most frequently requested because of the dramatic results with little or no down time."

Dr. Elias's team includes two medical assistants, Jenny Onus and Marjorie McGovern, receptionist Cindy Brown and office manager Susie Burton.

Open Mon., Tues., Wed., and Fri. from 8:30 a.m. to 4 p.m.; Thurs. 12 to 6 p.m. and one Saturday per month. Appointments are suggested but walk-ins are welcome.

Call 954-960-8880.

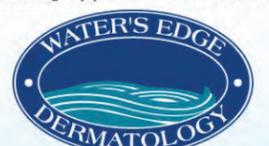
*Dr. Elias is a graduate of Nova Southeastern University College of Osteopathic Medicine with a fellowship in Clinical Dermatology. He has three years of dermatology experience as a resident at Broward General Medical Center and a residency in anesthesiology, SUNY Downstate/Kings County Medical Center/Long Island College Hospital. He is a member of American Osteopathic College of Dermatology, American Academy of Dermatology, American Society for Dermatology Surgery, American Society of Mohs Surgery, American Society of Cosmetic Dermatology and Aesthetic Surgery, Florida Society of Dermatology and Dermatologic Surgery, and National Alopecia Areata Foundation.*

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Dr. Matthew Elias

Galuppi's, 1103 N. Federal Hwy. Pompano Beach - 954-785-0226

# Pat and Grant Galuppi, well known restaurateurs continue to make history in Pompano Beach



Pat and Grant Galuppi show off their wedding gazebo overlooking the green, an ideal setting for the actual ceremony and exchanging of vows. There's even a bridal changing room, a romantic fountain nearby and a banquet dining room inside ready for the party! [Photos by Phyllis Neuberger]

**G**aluppi's on the golf course at 1103 N. Federal Hwy. in Pompano Beach now includes the third generation of the family to be in the restaurant business.

Grant is now the General Manager and equal partner with his dad, Pat who opened his first business in the area, Pat's Game Room Tavern, back in 1974.

Pat says, "The first generation to be in the business was my dad who had a restaurant in Syracuse, New York. He sent his sons to college so that they would have careers with better hours and money, but it didn't work with me. When I graduated from the University of Tennessee with a major in Business Administration, I followed in his footsteps. In the mid 70s, after he had retired and was bored with being retired, he worked for me and in the end he supported me in my restaurant/tavern."

Continuing, Pat said, "In a business like ours which is open from breakfast through late evening, seven days a week, it's wonderful to have two people sharing managerial duties. Grant has been interested in the business since he was a kid when he came to visit. When he was

in high school, he was often a host and sometimes a bus boy. After he graduated from FAU with a business degree, he worked for several restaurants until I signed the lease for Galuppi's on the green here at the golf course. He joined me full time and quickly learned the entire operation."

Pleased with Grant's new promotions, Pat says, "Grant recently introduced the Lite Fare menu which offers 20 choices for under \$10 at lunch and at dinner. The menu features smaller portions at a lighter price. Patrons love it because it's good for their diets and their wallets."

Grant has worked hard to promote weddings even building a charming outdoor gazebo setting for the actual ceremony. Grant says, "If there were seven Saturdays in a week, I could book seven weddings a week. We actually give discounts for weddings reserved on days other than Saturday. We are also delighted to be hosting many civic, club, private and corporate events. In order to generate business in the off season and to keep employees active, I've introduced three \$9.95 dinner specials. Monday night special is a full rack of baby back ribs;

Tuesday is a 10-oz. New York strip steak; Wednesday is Ahi tuna.

Sunday brunch is very popular with people who

are drawn to the bountiful buffet, the patio and the golf course view. "In order to remind customers that we offer a full breakfast menu, every day, we have discount coupons on our web site," Pat explains, adding, "I'm ready for a little extra time away from the business. I hope to be on deck less in the summer, but I'll be here full time with Grant and the team come the season. My wife, Laura, and I are going to be doing some of that travel we have been waiting to do. We've already taken a cruise to the Northern Baltic to celebrate our 30-year anniversary. It was wonderful. We just arranged and enjoyed a family reunion in Siesta Key, Florida and we're looking forward to a vacation in the mountains of North Carolina for two weeks."

Clearly proud of his family, Pat says, "Our daughter Carey has just made us grandparents for the first time with the arrival of Col-lin. Carey was a soft ball star at Florida State where she graduated with her

Master's degree in career counseling and special education. My wife joined the family business as a part time bookkeeper."

Pat and Grant Galuppi were honored as Business Men of the Year 2010 by the Pompano Chamber of Commerce. Ric Green, president and CEO of the Chamber said,

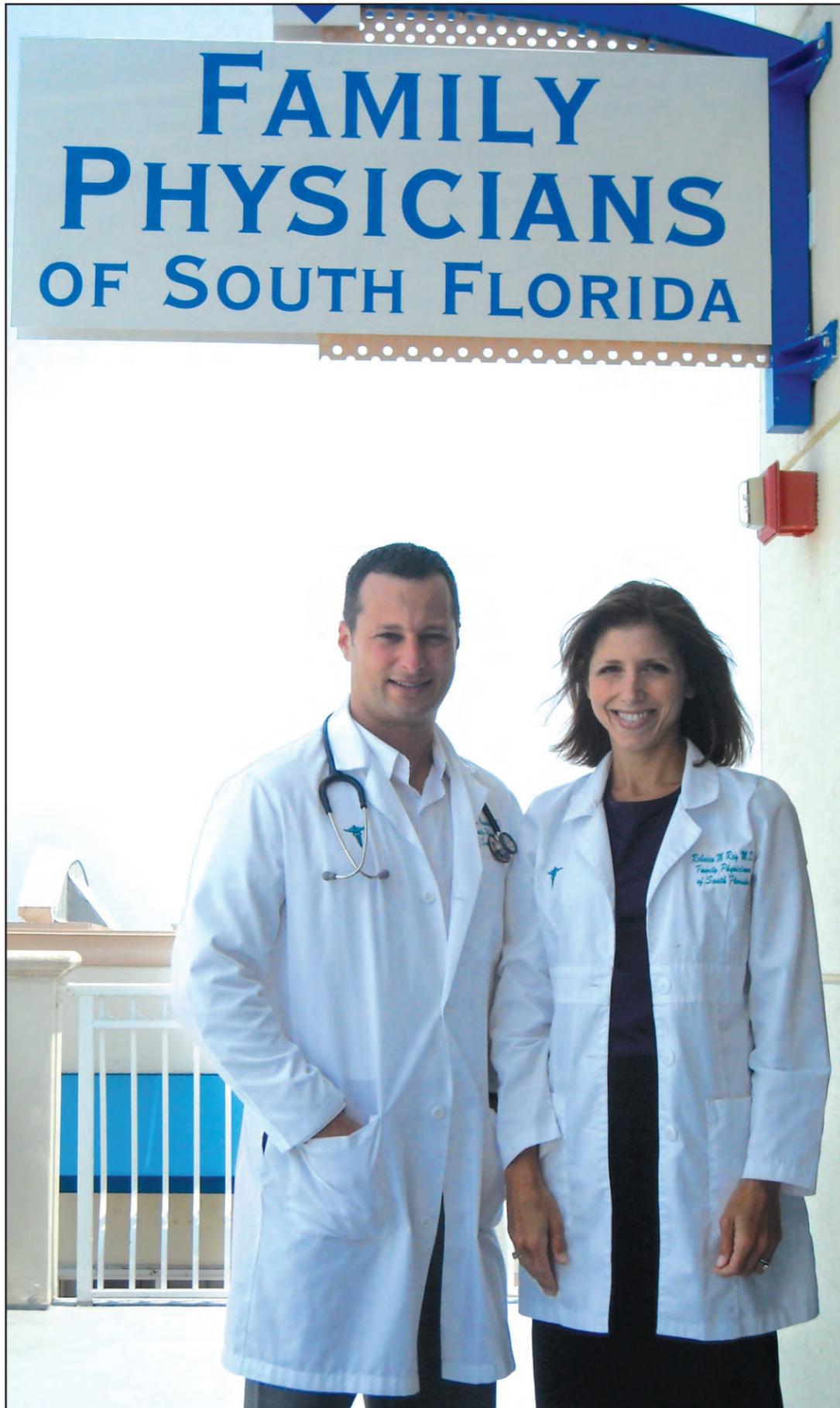
"Pat has been a business icon in this city for many years. With his expertise and Grant's fresh ideas, they have built a very successful establishment on the golf course. They've turned it into a show place where civic groups, clubs, large parties, weddings and individuals choose to meet, to celebrate and to enjoy. This father and son team deserves to be honored as Business Men of the Year."

Anticipating the new Greg Norman signature golf course which will replace the Pines course, Pat says, "It should give a much needed boost to the golf course operation and to us as well."

Call 954-785-0226 or visit the web site galuppis.com

Family Physicians of South Florida, 2001 N. Federal Hwy Suite 301, Citi Centre - 954-942-2922

# Married family physicians fill a need for family health care in underserved area



Robert Ansara M.B. and Dr. Rebecca Rey M.D.

**P**ompano Beach – Dr. Rebecca Rey was inspired by her grandfather's passion for his medical patients, and there was never any doubt that she would follow in his footsteps.

As a child, she helped around the office and was deeply affected by his positive attitude and dedication.

Speaking about him with love and admiration, she describes him as “the real deal,” a good doctor who loved medicine and set the highest standard for doctor-patient relationships.

Dr. Rey's husband of five years – Dr. Robert Ansara

– shared her desire to take a deep interest in patients and deliver the most personal care possible. They shared that interest as young doctors working as residents at an Orlando hospital. That shared desire set them on the path to establish a family medical practice in Pompano Beach, where Dr. Ansara grew up.

Last August they opened Family Physicians of South Florida in a bright, colorful, spotless suite on the third floor of Pompano Citi Centre, on Federal Highway, near Copans Road.

They chose Pompano Beach because professional

organizations have designated the area as “underserved.” There is a shortage of family physicians here, and doctors like Robert Ansara and Rebecca Rey are needed.

For Dr. Ansara, practicing family medicine, as opposed to specializing in a narrow field, was an easy choice. “Family medicine provides the opportunity to provide continuity of care.” He says. “You get to know the patient. It's an honor to care for them, and it provides a great sense of fulfillment.” His wife and medical partner feels the same. “We wanted the personal relationships,” she

says. “We are concerned less about having to see so many patients an hour.”

Both doctors put great emphasis on patient education. They believe that when patients become more involved in their health care, they become more motivated and are more likely to improve their health.

Dr. Rey has a deep interest in nutrition and fitness as an aspect of health care. For her, the ultimate goal is to get people off medication if possible. As an example, she relates the experience of a woman in her 30s who was diagnosed with Type II diabetes. Dr. Rey worked with her to change her diet, exercise more and lose weight. The result: she was able to stop taking drugs. The patient's success was Dr. Rey's satisfaction.

Together, the doctors are building a practice on personal care, patient convenience and an effort to help people without health insurance, by trying to minimize cost.

For the convenience of patients, one of the doctors stays late for evening appointments. They explain that people who work “day jobs” can't always come in between 8 a.m. and 5 p.m. Such patients said they would prefer to have an evening appointment than on a Saturday, so the doctors

added evening hours to their schedule to accommodate them.

They believe that personal service is a means of building a practice over time. “When you get to know the patients, they bring family and friends,” Dr. Ansara says.

As the practice continually grows, the doctors will have to decide whether to expand the medical staff. But Dr. Rey describes that as a fine balance. “I never want to compromise patient care,” she says. “We want patients to have access to us.”

Emphasizing physical fitness as a means of preventing health problems, Dr. Rey is also in the early stages of organizing a teen fitness program that will encompass physical fitness, mental health attitudes and building self-esteem. She wants to prevent teenagers from developing unhealthy attitudes toward foods and diets.

When the doctors, who live in Deerfield Beach, are away from their office, they bicycle when they find time. They would like to travel more often and see different cultures, but that's difficult while developing a one-year-old practice.

For now, their focus is on their patients.



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Chez Porky, 105 SW 6 St., Pompano Beach - 954-946-5590

## A barbecue landmark, Chez Porky's delights customers with its unique nouveau American cuisine since 1985

**E**stablished in 1985 by restaurateur Tom Douglas and his brother-in-law Dario Dziamalek, the inimitable Chez Porky's has been serving Pompano Beach's most highly rated Louisiana-inspired specialties for the better part of the last 3 decades.

"I am originally from upstate NY where I owned and operated a restaurant for 3 1/2 years," says Douglas who, after selling his business, moved to the Big Apple to run his own nightclub. "It was the late 70's and we sure had a lot of fun!"

But, eventually, the allure of warmer weather brought Douglas down to South Florida. "I had some restaurant ideas and, in 1984, I drove by this area and saw this vacant space for sale. At the time, the Cypress Plaza neighborhood was the hub of activity in Pompano Beach."

"We weren't sure in which direction to go with the menu. In fact, it took about 6 months to figure out what kind of cuisine we would offer," says the über-friendly Vietnam War veteran. "It ended up being a hodge-podge of various cuisines but with a definite New Orleans twist."

Indeed, the biggest selling items at Chez Porky's are the famous chicken wings. Available in a cornucopia of tantalizing flavors, these plump and meaty favorites have won a slew of awards over the years.

The various sauces include Louisiana style, lemon-garlic, barbeque, Asian, spicy curry, salt & vinegar, Jamaican jerk, Buffalo and the cult classic... raspberry. "I invented the raspberry sauce in 1987 long before it became fashionable," says the highly creative Douglas who took full advantage of his Italian background and South Asian combat experience to develop exciting flavor profiles that were truly cutting-edge at the time. "People would gladly wait in line 1 hour just to get into the restaurant. They would drink beer and socialize in the parking lot!"

Other novel dishes include the mouth-watering Caribbean coconut soup with ginger and curry, the bacon wrapped shrimp-on-a-stick, the chicken Zingara with sun-dried tomatoes and artichokes, the chargrilled steak Teriyaki and the ever popular Louisiana sautéed Cajun shrimp – a



[Top] Smothered in decadently tangy barbecue sauce, the melt-in-your-mouth baby back ribs are a Chez Porky's specialty. [Left] A top choice of food critics, the highly addictive Louisiana shrimp are sautéed in butter, beer and zesty Cajun spices. [Right] Long-time associate Suzie Schuitt, proprietor Tom Douglas and friendly waitress Candice McMillan show off a few Chez Porky's classic dishes.

perennial top choice of food critics.

"We still do great business today but things have changed," says Douglas with a hint of nostalgia as he looks at the many pictures of erstwhile celebrities adorning the walls of his quaint eatery.

"I remember when Kareem Abdul-Jabbar came in, he had to bend down quite low just to get through the front door," says a smiling Suzie Schuitt, a veteran waitress and hostess that has been welcoming customers for the past 23 years. "We sure have had many well-known sports figures and other stars in here over the years."

"We also fed the secret service after Hurricane Wilma. We were the only place in town open two days later!" adds Douglas who is as proud of his top-notch customer service as he is of his extensive menu.

"By the way, everything we cook is made fresh to order. Our customers truly ap-

preciate the care we put into our food," says the friendly Chef who has earned myriad accolades for another Chez Porky's specialty - the prize winning baby back ribs.

Smothered in a tangy homemade barbeque sauce, the fall-off-the-bone ribs titillate the senses while satisfying the most primal of carnivorous urges.

"Whether you dine in, order out or use our catering services, just about everything is an original recipe or a new twist on an old classic. We also have a great beer and wine selection," says the detail-oriented Douglas.

From steaks to poultry, seafood to pastas, Chez Porky's offers the bold, eclectic flavors that locals have wholeheartedly embraced for generations. "The name is actually derived from the famous 80's movie Porky's," says Douglas with a hearty laugh.

For a voyeuristic peek into Pompano Beach's gastronom-

ic locker room, this historic restaurant is definitely the

ideal spot to get an eyeful of sexy South Florida cuisine.

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State Farm Insurance, 3320 N. Federal Hwy. Lighthouse Point - 954-781-0400

## Michele Greene, owner State Farm Insurance Agency, started from scratch in 1987 and is a 24 year success



Michele Greene

**W**hen Michele Greene became an exclusive agent for State Farm Insurance Co. it was rather unusual for a young woman to make such a move. "I built my own business," she says, "and I'm proud to say I still have my first customer as a client. In retrospect, I must have been a very confident young woman because I opened my agency in October of 1987, got married one month later in November, and bought my home in Lighthouse Point one month after that."

She poured her energy into the agency at 3320 N. Federal Hwy. in Lighthouse Point and built a business she's proud of with a staff of five who support the office in different ways. She says, "Janet, Edwynna, Chris, Roz and Joyce have over 120 years of combined experience with State Farm. They're a remarkable team."

John Trudell, parks and recreational director for the past 37 years in Lighthouse Point, is a long time client who agrees, saying, "She and her staff have been a pleasure to deal with, especially as we began to drop our four adult children from our car insurance and they began to carry their own." After sharing a laugh, he added, "Michele is a joy to deal with and we're all grateful to her as a major contributor to our great community."

When Greene started her agency, quotes were done manually. Now everything is computerized. She says, "We've gone from file cabinets to discs which allows us to serve more people efficiently and effectively. The company's products have withstood the test of time, adjusting to clients' changing needs. The focus used to be cars and home insurance, but now clients see us those insurance products and our financial services. We're a one stop shop for planning retirement."

Continuing, "Some of our first clients have matured and are planning their futures, even as I do. I've watched families evolve through life events and feel very much a part of many of their lives. We're always available for our clients to review and revise any or all of their policies whether the policies are with us or not."

### Greene is known as a volunteer

One of her priorities is St. Elizabeth parish which has merged with St. Joseph Haitian Mission to become a unique, tri-lingual Catholic church offering masses in English, Spanish and Creole. Greene says, "Our church family has grown and diversified reflecting the community of North Broward. We have enriched our congregation and our members are now enjoying new music, traditions and

dances that reflect the Haitian expression of the mass. Our merged membership is bringing every age into our parish from tiny children to grandmothers."

A former third grade religious instructor, Greene is now volunteering her expertise on the Parish Council and the

Financial Council where she assists in finance, marketing and public relations.

The Lighthouse Point Chamber of Commerce is another recipient of Greene's time and talents. After serving as President, she has stepped down and calls herself, 'A Chamber Ambassador' who

never stops reminding other businesses of the Chamber's value to its membership.

### Greene recently became a respite foster parent

Children's Home Society, Fort Lauderdale serves all of Broward County. Greene who has volunteered in this organization in many capacities is now on both the local and state boards and is elated to share news of her most recent involvement as a respite foster parent. "My job is to relieve full time foster parents by being a short term, grandmother type figure. In the past two months, I've had two little baby boys on separate occasions. The consistency I've been able to provide is priceless for them and for me. In just five days, I became attached to these infants and loved watching them blossom and take on their own personalities. My own son is grown and I guess I have a lot more love to give to babies in need in our community."

She always says, "As a Gemini, I have had the energy of two people and thank God I still do. There is so much and there are so many in need of help that I'm glad that I love to give it."

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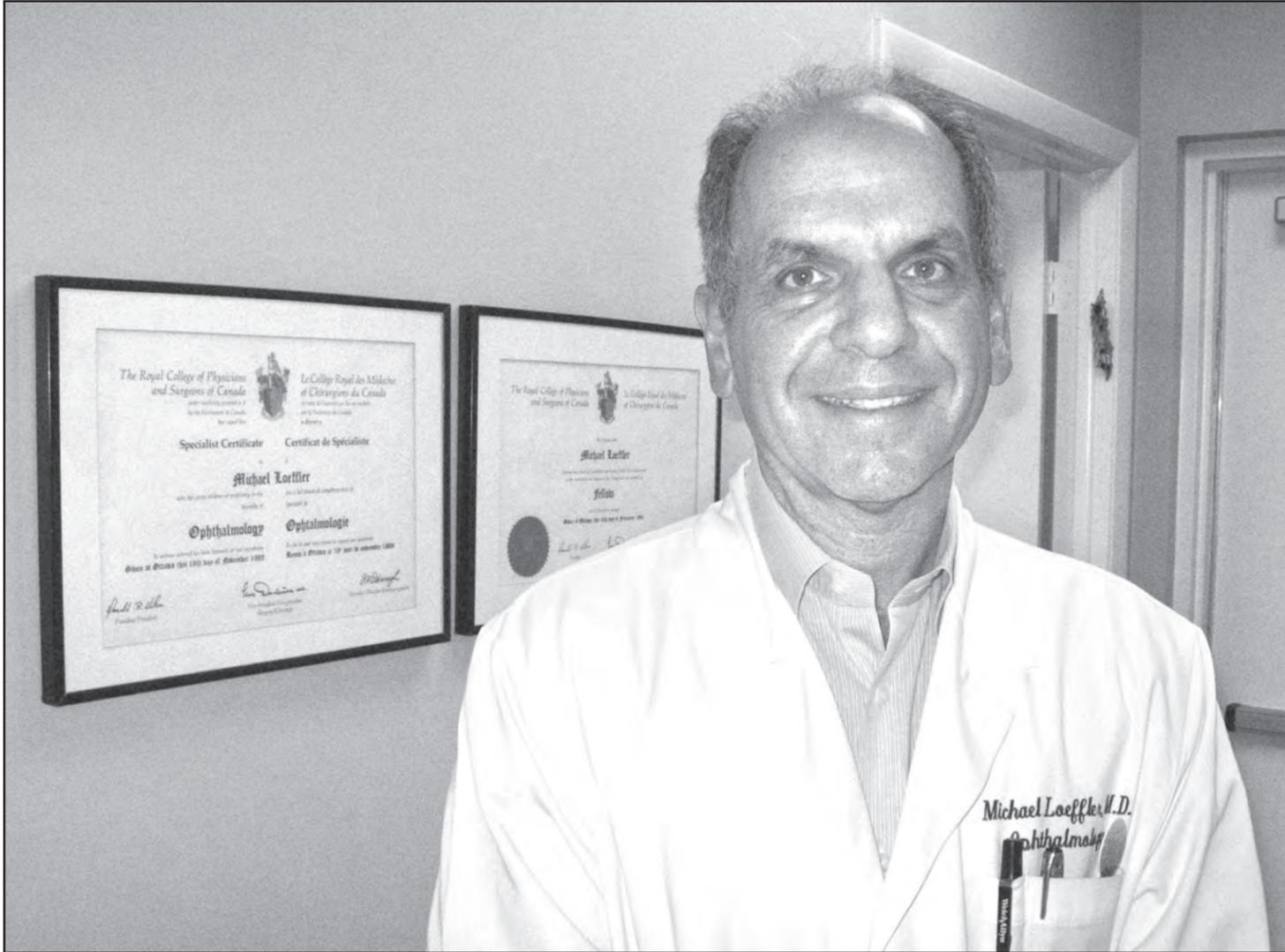
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## Age-Related Eye Problems Can Be Treated and Improved says ophthalmologist Michael Loeffler, MD



Dr. Michael Loeffler is a Fellow of the Royal College of Surgeons (Canada), a Diplomate of the American Board of Ophthalmology, a Fellow of the American Academy of Ophthalmology and a member of the American Society of Ophthalmic Plastic and Reconstructive Surgery. His office is located in Lighthouse Point.

**A**ge is the enemy of eyesight, according to Michael Loeffler, MD at Center for Ophthalmology in Lighthouse Point. And the most common age-related eye condition for those over age 60 is cataracts.

Dr. Loeffler explains that the natural lens in the eye causes two problems with vision as we age. First, at around age 45, the lens begins to harden. This is why all people notice they need to hold things further away to read as they get older. This condition is called presbyopia. Next, the lens begins to get cloudy, which is called a cataract. "Many people believe a cataract is a growth, but actually it is just the natural aging process of the lens. We're born with crystal clear lenses and over time, with age, sunlight and sometimes eye injuries, a cataract forms. Many patients don't

Realize how cloudy their lens has become, as the process is gradual. But cataracts reduce the brilliance of colors, cause problems with night driving, light sensitivity and glare, and

result in a foggy or film to the vision," says Dr. Loeffler.

Cataract surgery has evolved over the last 20 years, and is now performed as a simple out-patient procedure.

"Over the last 7 years, lens implant technology has improved so that we can offer patients not just a single focus point, but a full range of vision afterward, most like the natural lens we've removed."

Sitting in his office, surrounded by medical school degrees from McGill University in Montreal, the phone rings. He pauses for a conversation with a patient. It is calm and supporting. He makes a suggestion and asks the patient to call back if there are any further questions.

It's clear Dr. Loeffler loves his practice in Lighthouse Point. Prior to founding this practice, Dr. Loeffler served as chief of surgery at North Broward Medical Center, where he remains on the medical staff. Dr. Loeffler also completed a fellowship in eyelid cosmetic and recon-

structive surgery.

"I love my patients," he says. "We can help people see like they did 40 years ago, and then touch up their lids so those beautiful new eyes shine through. I take care of them the way I would take care of my family." He adds that this is why he chose to practice solo. "This way I can have a stronger relationship with each patient."

As an ophthalmologist and surgeon, Dr. Loeffler deals with a variety of eye problems, in addition to cataracts. Macular Degeneration is an increasingly common condition as the population ages and people feel the effects of a lifetime of UV exposure. Treatments are improving, so people who notice blurred or distorted vision should see their ophthalmologist immediately.

Diabetes is also an increasingly common condition, which has resulted in an increase in glaucoma cases. Glaucoma occurs when the pressure in the eye is too great. Unfortunately, it is a silent disease, and many are not aware

measurements and often Visual Field tests, to monitor this debilitating disease. Glaucoma treatment today is handled with simple drops, and several promising new laser treatments, which allow patients to discontinue drops.

Eyes change. When patients are in their 40's and reading vision begins to diminish, it is the right time to begin seeing an ophthalmologist. Maintaining, protecting and improving vision is what they do.

Dr. Loeffler is a Fellow of the Royal College of Surgeons (Canada), a Diplomate of the American Board of Ophthalmology, a Fellow of the American Academy of Ophthalmology and a member of the American Society of Ophthalmic Plastic and Reconstructive Surgery.

Dr. Loeffler's office accepts Medicare and most insurance plans. For an appointment, call (954)786.5353 or visit [www.oculaser.com](http://www.oculaser.com)

they have it until vision is lost. Annual eye exams always include eye pressure

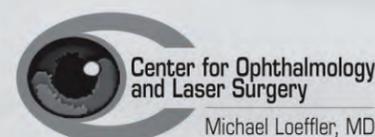
### My Cataract Surgery Questions:

- ▶ What will my vision be afterward?
- ▶ What lens implant options do I have?
- ▶ How do I choose the right surgeon?

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Michael Loeffler, MD

DK Architects 24 NE 24 Avenue, Pompano Beach. 954-941-3329

# A long and illustrious career continues as architect makes his mark on local projects



Jayne and Thom DiGiorgio Sr.

**Thom DiGiorgio Sr.**'s desire to become an architect began in Philadelphia when he knew what he wanted while still in high school.

During his tenure at Drexel Institute of Technology in Philadelphia, he received "greetings" from Uncle Sam and was drafted into the U.S. Army. After receiving an honorable discharge, he re-entered Drexel, but along came the Korean War and Thom found himself back in the Army again. Undaunted, and after receiving his second honorable discharge, he re-entered Drexel again, but this time Uncle Sam paid his tuition!

Thom's long and illustrious career in the architectural profession began in 1961 when he passed the Pennsylvania exam and became a registered architect. Shortly after, he joined the prestigious 50-year-old Philadelphia firm of Louis and Henry Magaziner.

Upon the passing of Louis (1962), the firm became Magaziner & DiGiorgio and numerous prestigious projects were completed including the office for Walter Annenberg which was a spectacular addition to the TV Guide national headquarters building in

Radnor, PA.

With the retirement of Henry Magaziner (1969), Thom brought in a new partner, Ed Kirkbride in 1970, renaming the firm DiGiorgio/Kirkbride which became widely known in Pennsylvania, New Jersey, New York and Delaware as DK Architects – an acronym that remains to this day.

But his future had been settled years before when he married Jayne in 1953 and honeymooned in Miami Beach. Standing on their waterfront balcony, they vowed to live in Florida one day.

"Every year she kept reminding me," Thom says, "and after the Philadelphia Bicentennial in 1976, we did it."

It was a big move, especially for Tammy and Tom Jr., who left all their friends behind and had to attend new schools. And it was not easy for Thom who flew to Philadelphia every three weeks to complete his remaining projects.

Jayne studied hard to get her real estate license while Thom joined very organization known in Pompano Beach in order to get to know somebody in Florida and to find work, which he did in his

one-room, rented office.

Things worked out and in time he moved to much larger quarters.

Jayne, who really enjoys working as a Realtor, is presently with Azure Realty in Lighthouse Point. She likes to keep busy and shares her time as an office manager for DK.

Tom Jr. graduated from the University of Florida and joined DK, now called The DK Group, a full design/build organization. Because Tammy's roots never left Philadelphia, she returned to the north after graduating from the University of South Florida. Currently, she lives in Ocean City, NJ, happily married with a beautiful little daughter, Cadence, age 6. Grandparents Jayne and Thom are equally proud of Tom Jr.'s children, Jacqueline, age 10, and Tom III, age 8, who live in Lighthouse Point.

Much of the work that the DK Group does involves the City of Pompano Beach. Current activity includes a challenging project involving the creation of a secure records storage structure for the dormant files from individual city departments to be contained within 32,000 square feet. The fire department will

have a central place there for their emergency equipment, medical supplies and certain vehicles.

Current projects with the Community Redevelopment Agency are also very intriguing and demanding, with strict budgets and tight time frames.

It is interesting to note that Thom departed Philadelphia after his firm completed all the renewal work in preparation for the Bicentennial in which he was very much involved and at this time he is very much caught up in Pompano's renewal efforts through its CRA. Indeed bizarre.

With registration in 25 states, Thom and Tom Jr., are proud of the numerous restaurants which have been completed in Colorado, North and South Carolina, Pennsylvania, New Jersey, Delaware, Maryland, Texas, and a tenth one now being constructed in Georgia.

In Florida, Alabama and the New England states, DK designed and built projects for the nationally known WW Grainger Company. In South Florida, they have altered or built over 200 McDonald's restaurants. DK is particularly proud of the McDonald's within

the Fifth Avenue Shops in Boca Raton, the prestigious two-story McDonald's in Miami as well as the "cow poke" design in Davie. In our area, there are very few TGI Fridays, Dunkin' Donuts and Flanigan's restaurants which DK has NOT done.

Despite all of the above, Thom gets great satisfaction from doing pro-bono projects. He enjoys working with organizations like the Sample - McDougald House Preservation Society and the Thomas Stephanis Unit Boys and Girls Club where Jayne is a board member.

As an illustration of how Thom feels about giving back to the community, he served 10 consecutive years on the Lighthouse Point Code Enforcement Board and currently is in his 10th consecutive year as the Chairman of the Architectural Appearance Board in Pompano Beach.

Thom's favorite mottos are: "The glass is always half full," "Education and intelligence are not the same thing," and "The more difficult something is, the more it is worth."

When people ask him when he will retire, 83-year-old Thom replies, "Never, because I enjoy what I do."

Sands Harbor Hotel &amp; Marina, 125 North Riverside Drive, Pompano Beach, FL- 954-942-9100

# Landmark and historic, Sands Harbor Hotel & Marina keeps pace with Pompano Beach's new plans

**P**ompano Beach — The name and owners have changed through the years, but the Sands Harbor Resort and Marina has continued to grow and thrive at the same location at 125 N. Riverside Drive in Pompano Beach for 61 years.

The Sands opened in 1950 as America's first "Yachtel," a combination yacht basin and motel, known as the Sands Yachtel.

The business was conceived when H.J. McDonald, a boat dealer in Long Island, N.Y. delivered a cruiser to E.W. Beye of Pompano Beach. After several frustrating hours searching for a place to dock, the men decided a good yacht basin was needed in southeastern Florida. They found the perfect spot in Pompano Beach, a mile south of the Hillsboro Inlet with access to the ocean and deep-sea fishing grounds.

The original complex consisted of 40 docks, a 12-unit motel and a shopping center catering to both yachtsmen and tourists traveling by car. The project was an immediate success.

Through the years, the hotel and marina expanded. The original yachtel structure was demolished, and a new nine-story building with 56 rooms and two penthouses was built in 1966.

In 1977, a father and son from Europe bought the company as an investment. Charles Seitz became a partner with them, and together they developed the complex that today includes hotel, marina and restaurants.

Seitz, president and general manager of Sands Harbor, Inc., has been with the company for 32 years. He joined the firm in 1979 as administrative manager.

"Now we want to take the next step. It's due for redevelopment," Seitz said.

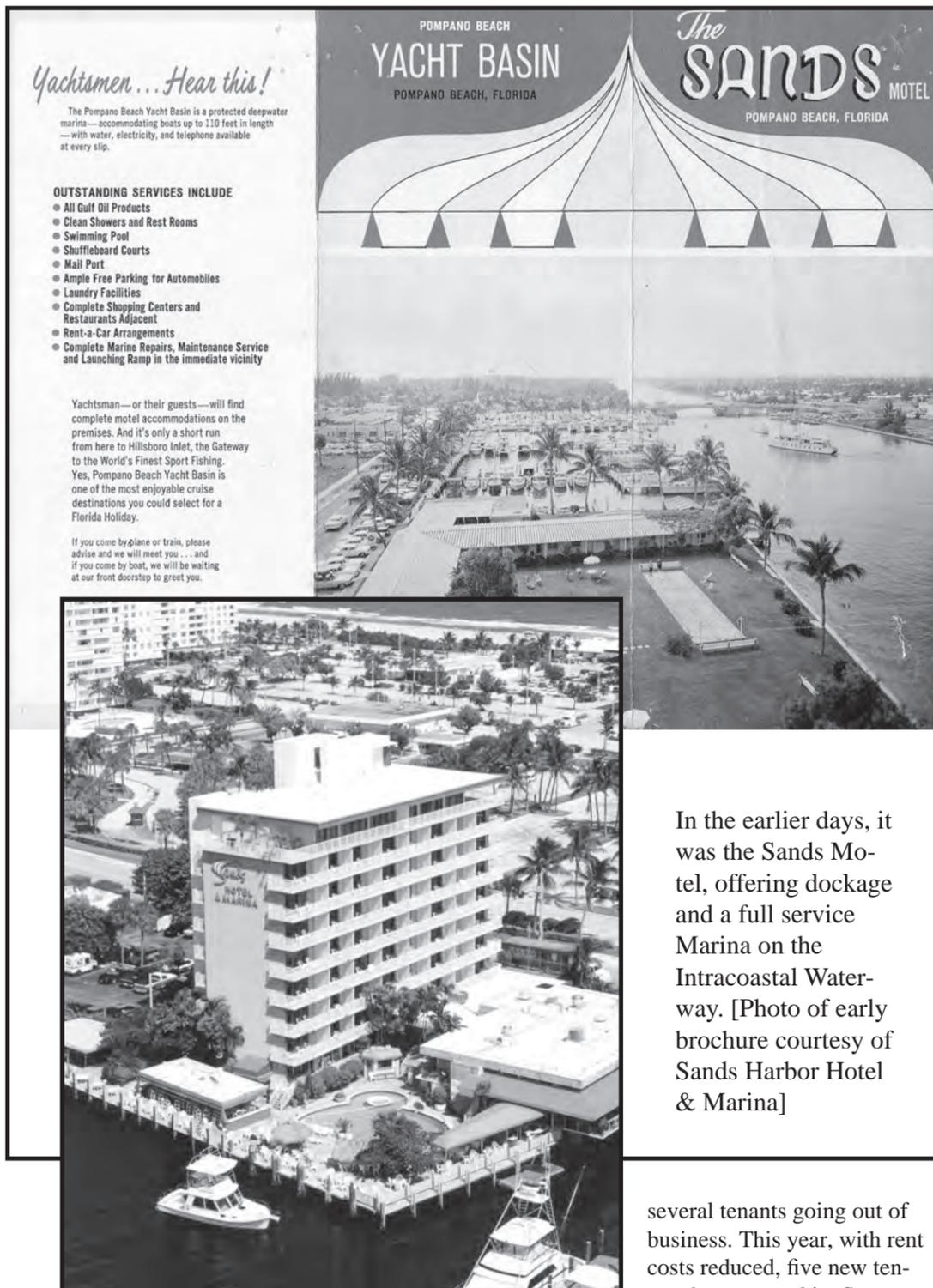
The partners hope to attract a chain franchise and enlarge the hotel from 60 to 200 rooms.

The Pompano Beach Community Redevelopment Agency, or CRA, has different plans they're working on, including plans for a hotel, Seitz points out. The Sands is within the eastern CRA.

"As that comes together and the economic recession eases, we will expand.

We may redo the existing tower, add another or construct another building," Seitz said.

"There is demand for a



The Sands Harbor Hotel & Marina is now ready to take the next step in renovation. [Aerial view courtesy of Sands Harbor Hotel & Marina]

large hotel at this location," he said, noting that both the Howard Johnson's and Holiday Inn that were nearby are gone. He said there is talk of a Marriott near Northeast 14 Street and A1A.

"It seems like (economic recovery) will be a slow progress over a period of years," Seitz said. "This year has been a bit better. We've seen some increase in business from the year prior. That gives hope that 2010 was the bottom, and we'll start climbing out of this."

Both restaurants at Sands Harbor, the Patio Bar and Riverside Grille, are doing well. "People are open to spending modest amounts to go out to eat. We don't know if they'll take the next step and go on vacation," he said. "That's what we need."

Business was up substantially at the Patio Bar last

winter, with the weather ideal.

In a normal year the hotel and the marina attract tourists from the northeastern U.S. and Canada. Now they're seeing guests who stay for months at a time while they explore business opportunities in the area.

"The economic recession has hit the marine industry hard," Seitz said. The dock rental business has suffered with increased fuel costs, now at over \$4 a gallon. To help boaters the resort has started a "Frequent Fuel Program," similar to frequent flyer programs offering credits to repeat customers.

While they wait for a better economy, Seitz said improvements are being made to the existing hotel, restaurants and marina. All 50 docks are currently being rebuilt.

Their tenant-occupied office building also suffered through the recession with

several tenants going out of business. This year, with rent costs reduced, five new tenants have moved in. Some are relocating from other areas; others are opening new businesses. The building is nearly full, and "that's encouraging," Seitz says.

"Some just enjoy being on the water. They get a waterfront view for free. Some tenants occasionally come to work by boat," Seitz said. Most are marine-oriented businesses, such as yacht brokers and a marine personnel recruiter, but not all. Some are in real estate and financial services.

"What makes us successful here is the staff," Seitz

said. "Many of our managers have been here for decades. The hotel manager, Jeffrey Grossfeld, has been with the company for nearly 25 years. Our central office managers, Mary Martin and Holly Brown, have been with us more than 20 years."

The hotel front desk staff and marina manager also have been with the company for 10 to 15 years, and many of the cooks, servers and maids also have been with the Sands for years. "We strive to treat them fairly, and they appreciate that," Seitz said.

"We're very customer-oriented, and we constantly get compliments on our customer service. Travelers appreciate that extra effort. A small independent hotel can do these things," he said.

If they become a franchise of a chain operation, Seitz said the company will try to maintain those niceties plus have the marketing that comes with a large chain. "Now everyone books hotels on the Internet, and travelers are leery of an independent hotel. They don't know what the standards will be. With a chain, they know what to expect. We want a brand new facility that is focused customer service."

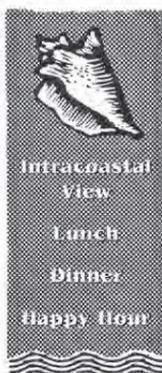
Seitz lives in Lighthouse Point with his wife Laura and three teen-age sons. She helps with company promotions, including the firm's Facebook presence and manages the Frequent Fuel program.

They also spend time at their home on his family's small farm in rural Punxsutawney, Pa., where Punxsutawney Phil makes an annual appearance on Ground Hog Day. Two of their sons are now attending Penn State.

Charles Seitz is a former chairman of the Greater Pompano Beach Chamber of Commerce and a former long-time member of the Pompano Beach Rotary Club.

For more information on the Sands Harbor Resort and Marine, call 954-942-9100 or email sands@sandsharbor.com.

In the earlier days, it was the Sands Motel, offering dockage and a full service Marina on the Intracoastal Waterway. [Photo of early brochure courtesy of Sands Harbor Hotel & Marina]



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Fast Teks Onsite Computer Services, 265 S. Federal Highway, Ste. 240, Deerfield Beach 33441 - 954-942-8710

# Fast Teks offer onsite computer repair



Larry DeVille

**I**t's hard to imagine one business that hasn't had a crash—and this one isn't about the economy, it's about the computer.

Computers have risen to the level of the brains, facts, history, plans and hopes for most business owners.

One crash can mean untold losses from missed deadlines and payments to loss of data.

And that's why some clients try to avoid those very "regrettable" moments.

Enter Fast Teks Onsite Computer Services.

Stephen Bacen, Jr., Bacen & Jordan, P.A., a Fort Lauderdale Law firm is a Fast Teks client who gets maximum use from his computers.

"Fast Teks technicians not only resolve issues as they arise, they also perform periodic checks to make sure our systems are working up to capacity," says Bacen, who has been a client for over a year.

That is exactly what Larry DeVille, owner of Fast Teks, since 2009, promotes.

He explains.

"We are the company for home and small business computers. Many small business owners typically grow from two or three computers over time and that's when problems can begin."

Often in the beginning, someone in the company knows the computers well enough to keep them running, but as companies grow so do complications.

"Suddenly, there is no

one in the office who can be the tech person. Companies become reactive to their problems instead of proactive," he adds. "Preventative maintenance is the best method to keep a company humming."

DeVille adds that some basic rules save money when a computer tech company like Fast Teks is

called.

Here are some of those basic rules:

Document your computers, keep log-ins, passwords and software licenses stored securely but available to technicians when they are needed.

That's another advantage of Fast Teks. This on-site service marks the end of lugging computers to stores, waiting for service and having to set up and reconnect everything once the repairs are done.

DeVille, who has 25 years of IBM sales management and 10 years of Gateway regional services management under his belt, also has a number of certified technicians in his employ.

The computer repair company has a mindset geared toward customer service and bringing fast affordable service to computer owners,

"The hardest thing to find in information technol-

ogy people is non-technical customer service," said DeVille, who screens each employee to determine their customer service abilities as well as their proficiency in solving computer problems.

And Fast Teks services Broward County. "We take calls from Parkland to the coast and down to Fort Lauderdale," he says.

Fast Teks offers many services from setting up new computer equipment to servicing older computers. The company also helps protect client data, offering solutions with external hard drives and online data back up service.

He is quick to add that the "backup is only as good as the last time it was run."

Once Fast Teks is onsite, the technician offers assessments, recommendations and options.

Residential rates for Fast Teks are \$79 per hour and \$99 for small business clients.

Fast Teks also offers lifetime memberships for \$99 to residential customers, who will receive a 20 percent discount on the labor rate and five percent discount on hardware and software that may be needed.

Business clients are offered pre-paid blocks of time or preventative maintenance contracts which gives them a discount based on the number of hours or the number of machines that need to be serviced.

Marlies Heap, a Light-house Point company, deals with distributors to the fast food, hotel and restaurant industries. Anytime I have a problem with the computer, either hardware or software, I call Fast Teks. They are very reliable. They are on time. They come with short notice, and after-hour service can be arranged. This is an excellent company," says Marlies Heap, owner.

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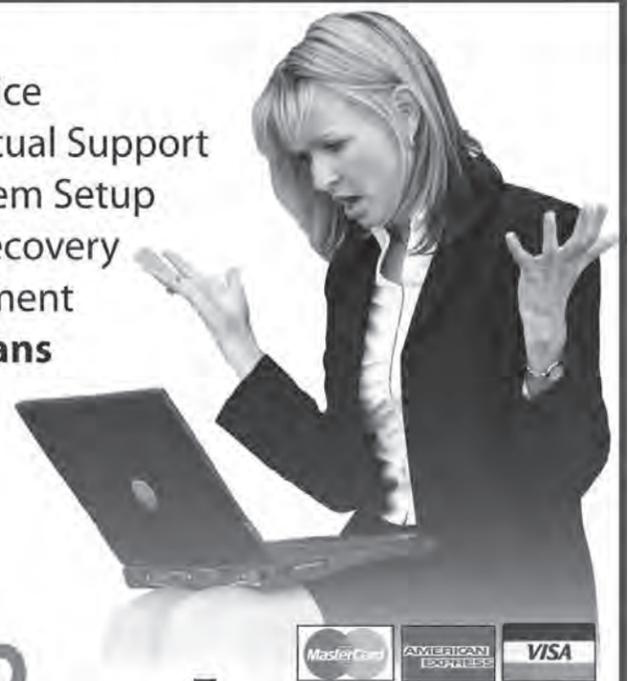
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Red Fox Diner 3640 N. Federal Highway, Lighthouse Point. 954-783-7714

# Red Fox Restaurant patrons keep returning for the food, friendships and latest news around Lighthouse Point



Exterior shot.

**P**atty and Lou Petrone are at the helm of one of Lighthouse Point's oldest businesses, the Red Fox Diner. It's one that after 45 years in the Venetian Isles Shopping Center has become a local institution.

Owners now for over five years, they can't imagine doing anything else.

The diner serves breakfast and lunch and has become, in the tradition of diners all over America, a gathering spot for the town's politicians, firefighters, policemen, town hall employees and residents. Some eat there twice a day like 90-year-old Art Riley who arrives at 5:30 a.m. for his first cup of coffee. Art's kids give him Red Fox gift certificates so that they know he is getting healthy and regular meals, Patty said.

"I've seen lots of kids grow up here and one take her first steps," Patty said.

On Thursdays when he is in town, LHP Mayor Fred Schorr draws a crowd of problem solvers to his regular table to the right of the door.

When the Petrones bought the Red Fox from Ken and Jill Eisenband who had bought a bagel restaurant nearer their Boca Raton home, they added some nautical touches - murals of the Hillsboro Inlet Lighthouse and ocean buoys that blend well with the vintage photographs of the area. It was the diner's second owner Bob & Lynn Lehner who created the red fox logo that is such a familiar figure around this town.

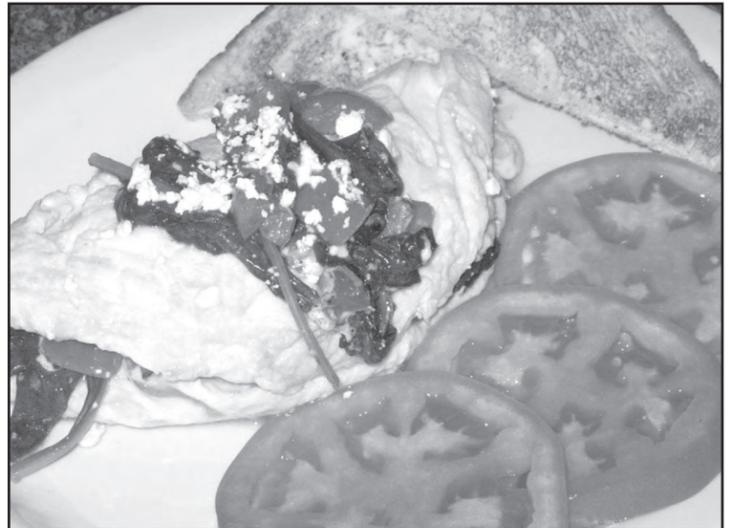
The Petrones divide up their business responsibilities well. He runs the front, greeting and seating diners, and she handles the business end. The cooking is done by Chef Sergey who was in the kitchen when they bought the restaurant along with a bus boy and many of their kitchen staff and servers. This is what keeps their food and service so consistent Patty said.

"Lou is very friendly," Patty said. "We are a good team. People like to see the owners on site." She grew up in Lighthouse Point and moved back 18 years ago. The connection to their hometown is very important to both of them. They belong to the LHP Chamber of Commerce. She is a Soroptimist; he is a member of the Exchange Club.

"The thing that separates us from other restaurants is that here everything is homemade. Every day we make our chicken noodle soup which has cured many a cold, Patty said. "Our turkey breast and roast beef is (are?) cooked here. All our salads are made in our kitchen and every order is custom-cooked. Fresh bread is delivered daily and Royal Cup, upscale brand of coffee and tea, is served."

One of the diner's best sellers is the Lighthouse Point Burger, fresh ground meat with sautéed mushrooms, onions, melted cheese and bacon that goes for \$8.95.

For the finicky, there is the option of creating their own egg white scramble or omelet. The Breakfast and Lunch Express are available to give



Classic Greek 3-egg omelette with feta, tomato and spinach.



(Left to right) Co-owner Patty Petrone, Cyndi, Gale and Tracy.

customers healthy choices in fast-food time-frames.

Finer dining items include the Nova platter, eggs Florentine and eggs Benedict, and the spinach and béchamel sauce omelet at breakfast, the chicken Caprese wrap (chicken with portobello mushrooms, grilled onions, roasted red peppers and mozzarella cheese in a honey wheat wrap) and the chicken artichoke and spinach wrap. There is always a fish of the day and daily specials are listed on the website.

On weekends, the menu changes to include omelet

specials, French toast creations, homemade Belgian waffles and gourmet breakfast wraps. Everything is priced under \$10.

The Petrones added outside seating for 12 to accommodate pet owners and smokers. "At first people were just standing around outside. Then we added a bench," Patty said. "Now we have permission to have tables and chairs."

She is thinking that the Red Fox may be the right place for small parties in the evenings and may test her idea in the near future. "It's difficult to find a cozy place for just a

few people," she said.

The Petrones don't see themselves doing any else for a very long time. "We have so many customers that have become our friends so it is fun for us to be here," Patty said. "It's our life. I can't imagine not being in the business."

The Red Fox crew takes few holidays. The restaurant is open Thanksgiving until noon and every other day but Christmas, 6 a.m. until 2 p.m. Free delivery Monday through Friday is offered east of I-95, from Hillsboro Boulevard to Atlantic Boulevard.

## RED FOX DINER

We invite you to visit the Red Fox Diner - the place where the locals go to enjoy a great meal. We feature freshly made food; served with a smile by our friendly staff. Open 7 days for breakfast & lunch. We deliver too!

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www.redfoxdiner.com

Aflac Insurance, 1239 E. Newport Center, Deerfield Beach, FL - 954-531-6429

# There's a lot more behind the Aflac Duck



Steve W. Kaiser

**S**teve Kaiser found his niche when he discovered Aflac.

That was in 1984. Today Kaiser is regional sales coordinator for the insurance firm, working to build a sales force in South Florida. He supervises about 75 self-employed agents, who start out working from their homes and out of their cars. By conducting training sessions, he helps others find success through representing Aflac.

In recruiting, he says he looks for people who understand business and want to carve out their own destiny.

"Ninety-five percent of the public already know the name because of the duck," Kaiser said, referring to the symbol used in the firm's advertising.

"But most don't know about the product."

Once they learn about the Aflac product, consumers love it, Kaiser says.

Aflac offers supplemental insurance policies. It helps pay the bills that major medical insurance doesn't.

"It provides a safety net of cash for a family when they're going through something major," Kaiser explained. "Whenever we do a presentation on the product, people react like 'Wow! That's a brand new idea,'" he adds.

One product is a cancer policy. If a family member is being treated for cancer, the policy covers expenses such

as travel to the hospital, child care, loss of income and living expenses. It provides cash flow when needed.

Costs are generally a \$5 to \$10 payroll deduction or one or two hours of pay a week.

One of his agents was diagnosed with prostate cancer and had to live near a cancer center away from home for three months while he had radiation implants. His cancer policy paid \$50,000, so he was able to make that choice. He avoided surgery and protected his health.

His health insurance paid the medical bills, but without the cancer policy, he would have been on his own for everything else.

The late John Amos, who had a law degree from the University of Miami, started Aflac at the age of 30. Three years later he invented the first cancer policy. He also pioneered worksite marketing. His nephew Dan Amos is now CEO of the company.

After service in the U.S. Navy, Kaiser returned to St. Mary's, Ga., and started work in the local paper mill. Next he worked going door to door doing home repairs.

When his third daughter was two weeks old, he met an Aflac recruiter, who encouraged him to give the new career a try, and he did.

Making that move was "no scarier than working at the

mill for 20 years and looking back and wondering what would have happened if I had followed my dream," he says today in his offices at the Newport Center in Deerfield Beach.

Kaiser had gone to school for marketing and wanted to be in sales but knew nothing about it.

In 1993, he moved to South Florida, where he didn't know anyone and started to enlist agents.

Asked what he looks for, he said, "You have to be a person who wants to work on your own. Usually people who have been in business are the ones who succeed. They learn that even rejection is a learning experience."

Kaiser says making the sales isn't difficult since, "Once someone sees an Aflac presentation, there's a high probability they will want to have it."

In 2007, he moved to Hawaii, where he worked as sales coordinator for Hawaii and Guam. He returned to Deerfield Beach in 2010 because his wife Mariela, born and raised in Miami, missed

Florida and their house near Pioneer Park in Deerfield had never sold.

They have three daughters, Kristie of Dayton, Ohio; Rochelle of Wilmington, N.C.; and Shawna of Chicago; and four grandchildren.

They also have four dogs, and Kaiser brings a different one to work every day.

Since returning to Florida, Kaiser has become active in the community as a member of the Deerfield Beach Chamber of Commerce and the Pompano Beach Rotary Club. He organized a Toastmasters group, the recently chartered Club Paradise, which meets at the Deerfield chamber building at 7 p.m. Mondays. He joined Toastmasters to improve his speaking skills for both work and at Rotary.

In his time away from work, he enjoys boating to Boca Lake.

More information about Aflac is available at [aflac.com](http://aflac.com).

Kaiser's offices are in Suite 115 at 1239 E. Newport Center Dr., Deerfield Beach. Call 954-531-6429.

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M1641AF Aflac agents are independent agents and are not employees of Aflac. 12/09

Spa 4 Life, 5036 N. Federal Highway Lighthouse Point, FL 33064 - 954-281-8727

info@spa4life.com • www.spa4life.com

# An oasis of relaxation in a concrete jungle.



From Left to Right: Adele Chapman Pash, Jowell Macdonald, Jessica Sibley Dionne, Darlene Pearson, Kimberly Fontanot, Lisa Evangelista.



Relax while Spa 4 Life cares for your hands and feet.

**S**pa 4 Life is an upscale day spa offering the latest treatments, services and products in a beautiful environment the staff likes to call home.

Spa 4 Life is owned and operated by Kimberly Fontanot and her talented team of health and beauty experts.

Kimberly entered the industry at the age of 16 when she became a nail specialist. It was always a dream of hers to own a place where both woman and men alike could come, receive relaxing treatments and also learn about their health and wellness, which is part of the Spa 4 Life mantra. The team believes in relaxation as well as results so all of the treatments and products offer lasting effects.

When Kimberly made the move from Boca Raton to her local neighborhood of Lighthouse Point, she retained all of her clients and along with the help of Darlene Pearson, the lead Hair Stylist, Jowell Macdonald, the lead Skin Care Specialist and Endermologist and Jessica Sibley Dionne, the Spa Director, as well as the other eight specialists on staff, they helped make Kimberly's dream come to fruition.

Spa 4 Life is a full service day spa offering massages, facials, peels, body scrubs, lipomassage and endermologie, waxing, custom spray tanning, spa manicures and pedicures, a full service hair and makeup studio as well as special events planning for bridal parties or any other special occasion.

The spa carries top of the line products by Redken, Moroccan Oil, Dermalogica, PCA Skin, OPI, CND, Essie, and ME! Bath, a decadent

treat for your hands and feet inspired by everyone's favorite desserts and made up of soothing, moisturizing and healing oils. Clients can relax and enjoy a ME! Bath Ice Cream Pedicure, which leaves the feet soft and gorgeous. A bowl of ice cream is served during the treatment as an added delight.

One of the most unique services offered is Endermologie which is performed by Jowell Macdonald and features a machine that breaks up cellulite, tightens the skin and contours the body. Jowell is the only technician in the area certified by LPG, producers of the machine. The best results are seen after a series of treatments as well as diet and exercise with many clients losing up to 18+ inches.

The Spa 4 Life girls are always attending fashion and



Massages are all part of an array of beauty, health and relation treatments at Spa 4 Life in Lighthouse Point.

beauty shows to keep on trend with the latest techniques, styles and beauty products available. "A huge trend right now is hair embellishments," says Darlene Pearson, Lead Hair Stylist. "We have feathers, hair tinsel, and hair bling and we can barely keep it in

stock." The girls pride themselves on making sure the clients receive the latest and greatest.

In addition to providing a retreat to escape to, the Spa 4 Life girls, enjoy giving back to the community and have donated to many charities

including Strides Against Breast Cancer, a hand full of local schools and their biggest cause to date, Relay for Life. They head up the Lighthouse Point Chamber of Commerce's Relay for Life team and rose over \$2,500 that was donated and helps fund those battling cancer. "We want our clients to feel at home when they visit us and that means reaching out into their homes when they are in need," says Spa Director, Jessica Sibley Dionne. Lead Hair Stylist Darlene Pearson is the team captain and together with the girls, they make giving back a beautiful thing.

All in all, Kimberly Fontanot and her talented team have helped create a one-of-a-kind experience where you not only get refreshed, rejuvenated and relaxed but you make friends as well. A true testament to what a local business should strive to be.

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Diamond Strike Lanes, 2200 N. Federal Hwy. Pompano Beach - 954-941-0968

# Bowling center with a long history has kept up with the times



Bowling alley with a long history has kept up with the times

Jack Benedix has spent many of his 73 years in bowling centers. This familiar sign has graced Federal Highway in Pompano Beach for many, many a year.



Mary Betts, Diamond Strike Lanes bar manager.



Jack Benedix has spent many of his 73 years in bowling alleys.

**D**iamond Strike Lanes has been a bowling center location for longer than most people can remember. Jack Benedix, 73, bowled here with his parents who came to Pompano Beach for vacations. Now, he mans the front desk and directs callers to the right person. His love of the sport continues as Jack bowls three nights a week and is a member of Sturdy Oaks (better known as the Over the Hill Gang), a group of older gentlemen who make Diamond Strike their home away from home.

Benedix's first job was setting pins in another bowling center, but he was sidelined in 1953 when the automatic pin setters took the place of all those young men who scrambled for a living. Diamond Strike Lanes has been around since the 1950's too and along the way the center has been expanded from 12 lanes to 32 lanes. Looking around Diamond Strike Lanes today, Benedix said "This is not my parents' bowling center. It's no longer about stale beer and cigar smoke." Indeed, the air at Diamond Strike is refreshing and the décor colorful. Nowadays, the renovations are ongoing. New carpeting, new furniture, remodeled kitchen and bathrooms, new

graphics over the tenpins, electronic scoring and a renovated restaurant/lounge are all part of the new look!

The restaurant is not typical either of a bowling center. The menu goes far beyond the usual fare serving gourmet appetizers, fabulous pizzas and chicken wings, succulent sandwiches and delicious Prime Rib and NY Strip dinners. Robbie Williams is on stage every Tuesday evening

and there is live entertainment on Wednesday evenings. On Friday, a Deejay entertains and on Saturday, there is always a live band on stage. Not to mention the fact that the sports bar has 41 TV's and carries all the sports tickets including football for your viewing pleasure. Diamond Strike is also a favorite choice for corporate parties, charity events, adult birthday parties and of course they specialize in birthday par-

ties for children.

Bowling is priced right at Diamond Strike lanes with lots of specials. Games are \$1 on Sunday's from 9 a.m. to 7 p.m. Tuesday's it's all you can bowl from 9 p.m. to midnight for \$6. Wednesday is Ladies night, ladies bowl free after 9

p.m. and get great drink and appetizer specials too. Friday is all you can bowl from 10 p.m. to 2 a.m. for \$10. And for mom, kids bowl free (must be accompanied by an adult) Monday, Wednesday and Friday between 3p.m. and 5 p.m. Let's Bowl!

# One Free Hour

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**Exp 9/30/11**

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## Three Eye Site Vision Centers offer the entire family 'priority service'

**E**ye Site Vision Center is a complete eye care center.

It is not like the large chain-operated eye care centers.

"Our goal is to offer outstanding service to our patients," says center founder Dr. Gary E. Goberville.

"We provide unparalleled professional care for your entire family and guarantee the lowest prices. Our family run and operated centers provide a comfortable atmosphere with a highly trained staff and state-of-the-art equipment. Your satisfaction is a priority!"

Some things in life demand total expertise, and eye care is one of them. Dr. Goberville is a highly trained board certified specialist in the diagnosis and treatment of vision problems in adults and children. Comprehensive state-of-the-art, computerized eye exams are offered.

Dr. Goberville founded Eye Site Vision Center in 1999. There are currently three locations, including one at 2490 N. Federal Highway in the Shoppes of Beacon Light in Lighthouse Point. He grew up in Lighthouse Point and loves the area. Other locations are in Coral Springs and Boca Raton.

Dr. Goberville is a board certified optometric physician. He attended Tulane University and the University of Florida and received his Doctor of Optometry degree at the New England School of Optometry in Boston, Mass. His four-year curriculum included adult ocular health, pediatrics and sports-vision correction.

Dr. Goberville is a pediatric optometry specialist. He taught pediatrics at Nova Southeastern University. He is also trained in sport-vision improvement using computer programs and exercises.

He says most people are surprised to learn their child should have a first eye exam before the age of three. It is important to detect any problem such as Strabismus, or eye turn and Amblyopia, or lazy eye before it progresses. Both disorders are corrected with glasses or exercises.

In this early exam, it is not necessary for the child to read. Shapes and images are

used instead of letters. School screening is important, but it doesn't

provide enough valuable information, he says. It is only a screening, not an exam that

includes the health of the eye. Eye Site Vision Center carries a wide variety of

frames, including Gold & Wood, Lindberg and Chrome Hearts. Most name brands also are offered, such as Dolce & Gabbana, TAG Heuer, Versace, Gucci, Christian Dior and many more.

The center carries and fits many types of contact lenses, such as progressive, bifocal, rigid gas permeable and colored. All name brands are available, such as Bausch & Lomb, Acuvue, Ciba focus and Cooper vision. Most contacts are in stock or can be at the office by the next day. For convenience, contacts can be ordered online and delivered to your door.

Complete information on vision care and disease prevention can be found at [www.Eyesitevision.com](http://www.Eyesitevision.com) or call 954-943-3779.



Visit the Eye Site Center in Lighthouse Point at Northwest corner of The Shoppes of Beacon Light.

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J.R. Dunn's Jewelers, 4210 N. Federal Hwy., Lighthouse Point - 954-782-5000 [www.jrdunn.com](http://www.jrdunn.com)

# J.R. Dunn Jewelers Celebrating 42 Years In The Family Business

The story of this successful jewelry family began back in the 1960's in the northeast. James Robert Dunn started his career in 1967 as a sales representative for IBM where he had the good fortune to meet Ann Marie Pelliccia, who also worked for the company. They were married in 1969 and decided to take a chance and go into the jewelry business. With their savings of \$10,000, they purchased a small house in Hanover, Massachusetts, and converted it into their first jewelry store, THE HOUSE OF GEMS.

During the first year, their store was burglarized and every piece of jewelry was taken (including customers' repairs). The Dunn's misfortune turned out to be a blessing in disguise. The couple went from door to door informing and reassuring each client that their prized possessions would be replaced. Ann Marie and Jim paid for the stolen jewelry out of their own pockets to preserve their reputation for integrity and trust. Their client loyalty today is second to none.

The business grew dramatically and The House of Gems soon outgrew its tiny location because of their passion and perseverance. Jim and Ann Marie relocated the store to a nearby mall in South Weymouth, Massachusetts and changed the name to J.R. Dunn Jewelers, placing an emphasis on the importance of the family-owned and operated business.

In 1978, they relocated to South Florida and opened a small jewelry boutique, which served a select clientele by appointment only. However, word spread and once again, J.R. Dunn Jewelers outgrew its location. That brought about the monumental decision to purchase a 6,000 square foot building on Federal Highway in Lighthouse Point, FL.

The store has since grown to 8,000 square feet. J.R. Dunn Jewelers is an authorized retailer of many designer jewelry lines and renowned Swiss timepieces, including Rolex, Breitling, and Chopard. They also feature a wide selection of diamonds and an extensive Diamond Engagement Center. In addition, J.R. Dunn has a complete State-of-the-art Design Studio featuring award-winning designer Robert Pelliccia, Ann Marie's brother. Robert has won multiple international design awards from such prestigious groups as DeBeers, the American

Gem Trade Association's Spectrum & Platinum Awards, and Modern Jeweler's Buyer's Choice Award. J.R. Dunn also promotes in-house services such as: complete jewelry repair, restoration and restyling. The store also features a full-service Swiss watch repair center with a team of Master Watchmaker's certified to repair, overhaul and restore most prominent Swiss watch brands.

J.R. Dunn Jewelers includes a veteran staff of professionals with over 300 years of combined experience in the jewelry industry, as well as Graduate Gemologists trained by the prestigious Gemological Institute of America (GIA). Today, Jim and Ann Marie's son Sean, who earned his Bachelor of Science in Business Management from the University of Florida as well as his gemological degree from GIA, continues the legacy of excellence built by his parents.

Over the decades, the Dunn family has developed many relationships in the community. Their commitment to Greater South Florida is evident by their financial contributions and support of many charitable organizations including: The Boys & Girls Club of Broward County, National Multiple Sclerosis Society - South Florida Chapter, American Heart Association - Greater Southeast Affiliate, The Humane Society of Broward County, Youth Automotive Training Center, The Rotary

Club, and Red Cross, to name a few.

The experienced team at J.R. Dunn Jewelers is eager to extend family hospitality, a commitment to honesty and integrity, and the desire to provide every client with a memorable shopping experience. Every guest entering the store today is treated with the same standards of excellence and friendly service established many years ago in that tiny house in Massachusetts.



Sean Dunn

Jim and Ann Marie Dunn have been in the jewelry business in South Florida since 1978.



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Garden Isle Marine, 641 S. Federal Highway, Pompano Beach - 954-785-7181

# Pull up dockside and solve your craft's problems at Garden Isle Marine Services



John and Tracey Hall, owners of Garden Isle Marine Services are proud of their water location with forklift, enabling them to offer repair, replacement and maintenance services for boats up to 35-feet. [Right] Eddie Spiller, pushing 70, is the team's dedicated bottom painter. Shown here, ready to paint.



John and Tom Woods use the forklift to get boats out of the water and ready for maintenance and repair.

**D**rive to the back of McCulloch Marine lot to find Garden Isle Marine Services on the water at 641 S. Federal Highway in Pompano Beach. That's where to find John Hall and his team servicing boat problems so that boaters can rev up and hit the waves with peace of mind.

John and Tracey Hall, owners of Garden Isle Marine Services, took the plunge and rented McCulloch's back lot to open their business in 2003. "It took a lot of courage to give up a good pay check and take on the headaches of being

a business owner," John says, "but with my wife Tracey running the office and my hands-on team of Tom Woods, Tom Ferrick and Eddie Spiller working with me, I've never regretted the move."

"We met working at Hide-away and married in 2003, the same year we opened Garden Isle. It was a busy year. It's been an adventure and we're glad we did it," Tracey said echoing her husband's feelings. "Business came to us one customer at a time, and now it's all referrals and responses to our Pelican ads that bring boaters to us. Our

clients are a mix of fisherman and pleasure cruisers."

They keep busy in the summer because John says, "Permanent residents know that summer offers better boating conditions than winter. When the snowbirds fly in, we're even busier. Water access is very important. With our forklift, we can haul a craft out of the water, do the necessary work and then drop the boat back in the water. Because of the Federal Highway Bridge and our lift capacity, we are limited to servicing boats from 13 to 35-feet."

One long time customer is David Bobst, captain and owner of Calypso Poet Yacht Services, who says, "I have used John to service all of my smaller boats and I've been a more than satisfied customer for many years."

Greg Bennett is another. He says, "I highly recommend John and Garden Isle Marine Services to all of my boating friends. I've been a happy and loyal customer for over five years. John does all of the maintenance on my boat, including bottom painting twice a year and that way everything stays ship shape."

Eddie Spiller does the bottom painting which John says

is very important to every boat that sits in the water. "It keeps growth away, allowing a boat to perform better, enjoy maximum speed and save on fuel."

The mechanics handle all mechanical and electrical problems, and do zinc replacement. John says he's equipped to repair or replace any kind of engine. Parts are readily available and the work is done as quickly as possible to get folks back in the water. "I've been in the business since I was 14 years old. I'm certified by many different factory schools."

One of his mechanics, Tom Woods has been on the team for five years and says,

"I love my work. We have many interesting and pleasant customers and they're good to deal with. You're always learning because the problems are never quite the same."

When he has a minute John enjoys getting out there himself and occasionally hooks a dolphin. "It's fun being in my own boat and not working on other peoples' boats.

But the ocean is not for Tracey who gets sea sick. "I like cruising the intracoastal, looking at the mansions, sipping my wine and nibbling on cheese."

For information, call 954-785-7181. Open Mon. to Fri. 8 a.m. to 5:30; Sat. 8 to 12 noon.

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Lou's Subs, 1721 North Dixie Highway, Pompano Beach - 954-946-9600

## At Lou's Subs, the sandwiches, subs, wraps, soups and sides have made the lunch hour the highlight for 40 years

**L**ou's Giant Subs has perfected the art of sandwich making over several generations.

Family-owned and operated, this Pompano Beach landmark at 1721 N. Dixie Highway has provided world famous subs for thousands of customers since 1971.

Lou Sottini, Sr. discovered Mike's Subs in 1971 on Dixie Highway near Nu Turf Garden center. It has since moved to its present location at 1721 N. Dixie Highway, south of Copans.

Joe Sottini, Lou's son, bought the shop a year later. Jean and Lou Sottini bought the sub shop from Joe in 1980, and now their sons, T.J. Rix and Little Louis run the operation.

And while this generation takes over the business, Jean and Lou are pursuing their passions for fishing and diving.

But even with the parents at sea, the tradition at Lou's Giant Subs continues.

The deli uses nothing but the freshest ingredients. With a reputation for quality fare at a reasonable price, the restaurant has a large following.

T.J. says they are most known for their Italian sandwiches, especially the Super Italian, a tasty combination of ham, salami and cappacola.

The barbecued pork and roast beef are cooked in-house. The Chicken Philly sub and lasagne are also popular items.

Choices of subs are numerous ranging from Virginia baked ham to turkey breast and Genoa salami and cheese. "We have all kinds, and they're delicious," T.J. says. Every sandwich is made to order.

Salads have been a big hit lately. Among the offerings are grilled or blackened chicken breast; a sampler salad of crab, tuna and chicken. And some prefer the grilled or blackened dolphin. They are served on a fresh bed of lettuce with tomato, onions, oregano, pepperoncini peppers, croutons and black olives. Romaine or mixed greens are available.

At lunchtime, customers include many workers from the industrial businesses on South Dixie and from Powerline Road. Many of the dinner customers are local,



The crew at Lou's Giant Subs take a break. In front is Raul Ruiz. From left, at rear, are Mona Roy, Kimie Saladino, T.J. Rix, general manager, and Heather Schonis.

but not all.

"One lady comes from Boynton Beach every Sunday for our roast beef and turkey subs," T.J. said.

And some longtime customers who have moved away make Lou's their first stop from the airport when they come back to visit. And Lou's is their last stop on the way back out of town.

Many of those customers are second generation diners who are now bringing their own children.

Asked what makes their products special, T.J. says it's the good quality of ingredients and the large portions of meat. And he adds, "They're made with such amazing love, and we have fun with our customers."

"Heather, Mona, Debbie and Raul have been with Lou's for many years and are like family. They are also loved by our customers who know them by name," T.J. says.

Recent popular additions are wraps, including chicken caesar and spicy chicken chipotle, angus burgers and Greek and Caesar salads.

A specialty is the Italian pesto press sub made from cappacola, prosciutto and provolone cheese and topped with fresh basil, red roasted

pepper, sun-dried tomatoes, oil and vinegar, oregano and red roasted pesto sauce. The sub is pressed with parmesan cheese crusts.

Lou's provides party subs and platters for the office crowd, and they're now making breakfast sandwiches to order.

While they eat, diners can enjoy a gallery of photos of local fishermen and local tournaments. Lou and his family are avid boaters and salt water sports enthusiasts.

After the Wilma Hurricane [2005] experience, Lou's Subs has installed a permanent generator to help feed their customers who have lost electricity.

Lou's is open seven days a week. Hours are 8 a.m. to 8 p.m. Monday to Saturday and 10 a.m. to 5 p.m. on Sunday. Call 954-946-9600.



Lou Sottini joins Kimberly Davit and Maxine Gomez at the Lighthouse Point Chili Cook-off.

1721

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## Now is the time to buy says this experienced and successful realtor



Scott A. Efron was photographed at a recent fundraiser for the Cystic Fibrosis Foundation. He is the owner of South Florida Real Estate Advisors in Lighthouse Point. [Photo courtesy of SFREA]

**S**cott A. Efron, owner of South Florida Real Estate Advisors or SFREA.com, has been in the business since 1987. In fact he's still proud that in his first year in real estate in Boston he was Rookie of the Year with Remax New England. He says, "I sold 187 transactions and that was some record then."

Now this licensed real estate broker, contractor and appraiser has 14 full time, licensed salespeople. Like many Floridians he migrated to the area 10 years ago because of the weather and opened offices in Oakland Park. Two years ago, he moved to Lighthouse Point because he felt, "There was a greater need for our services here. We buy and sell both commercial and residential properties in Broward and Palm Beach Counties. We advise our clients, appraise, do market analysis, produce lists of bank- owned prop-

erties and offer free closing costs up to \$3,000. In this market we have been specializing in bank- owned properties and short sales. That's where the action is," he said.

In fact, in Lighthouse Point, according to his records, 70 percent of the home sales are either in foreclosure or are short sales.

"This market is a challenge to the average investor on his or her own. The paperwork and time involved have discouraged a lot of investors and that's where we come in. Not only do we locate a property suitable to the investor, but we will also save him or her thousands on the purchase of it. We investigate foreclosed property to be sure the bank legally owns it. Our clients can feel confident that the property purchased is actually owned by the bank and not by the previous owners.

"The market is good

for buyers who invest now instead of leaving their cash in the bank earning one percent.

And that includes waterfront, A1A, and other upscale areas which are very attractively priced."

In Lighthouse Point, Efron says the residential market is down 42 percent over the 2008 peak. "There is a lot of opportunity to buy now. Tell us what you want, and we'll find it," Efron says. That includes commercial properties which are down 60 percent. Efron purchased the building he is in for \$451,000. The sellers had paid \$1.4 million.

Because travel is one of his passions, Efron depends on his staff including office manager Joe Carmona and internet specialist Mark Sandulli who also owns a video company and has put up virtual tours of the company's listings that link to 80 other websites. "This is the best possible exposure,"



Proud father with daughters Alexa and Amanda

Efron said.

Sanduli also uses Craig's List, Facebook and most of the other social media to promote their inventory.

SFREA.com also deals with rentals. "It's a hot market," Efron admits. The firm also owns a management company and can assist new property owners who need repairs and construction improvements on the bank- owned property

they have just purchased.

Moving to a new location in an unusual market has kept this busy realtor very active, but he still finds time to make generous donations to important causes such as the Cystic Fibrosis Foundation. Efron is a widower with two young adult daughters.

When time permits he might be found on a tennis court, captaining his boat or piloting a rented plane.

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Guardian Eyecare Center 1500 E 3 Court, Deerfield Beach. 954-428-2002

# Taking time to care is the 'prescription' for these professionals at Guardian Eyecare

The atmosphere is warm and friendly. The service is highly professional. That is the business blend that Dr. David Shipley has created at Guardian Eyecare Center in The Cove.

A doctor of optometry with a master's degree in vision rehabilitation, Dr. Shipley has been at the helm of Guardian Eyecare Center for more than 15 years. His wife, Nancy, became an optician recently after completing her studies at Broward College, and she heads up the extensive frame department. But both Shipleys say the "personality" in the business belongs to their receptionist Lisa Roth who never forgets a name or a face. "We adore her," Nancy Shipley said. "She makes everyone feel at home."

Dr. Shipley's specialty is low vision and with new products on the market and his expertise he can improve the eyesight of many patients. "Whenever I do a low vision exam, I ask the patient 'What do you want me to help you do? Watch TV, read books, play cards, pursue a hobby?'" Then he sets out to find the right solution. "People often are not aware of the alternatives," he said.

The newest vision aid is a device called the Solo that 'reads' material and then speaks the words aloud. Also new to the market are tiny binoculars that attach to eyeglasses leaving the hands free. And for corneal deformities there are very large, rigid lenses. But very often vision can be improved simply with the right prescription, Dr. Shipley said.

Patients who have difficulty adjusting to contact lenses will find Dr. Shipley a patient man who vows if they have the will, he will find a way. "If you are motivated to wear contact lenses, I will get you in a pair if I have to work for months. It's all included in the initial fitting fee."

New materials are now being offered that make contact lenses five times



Lisa Roth, the first smile you see at Guardian Eyecare Center.

more breathable which allows them to be worn for longer periods of time without being changed.

"I listen to the patients... what their concerns are. I don't book myself so heavily that I can't spend time with people," Dr. Shipley said.

Lisa Roth concurs. "He's a wonderful doctor, patient and honest. It is a pleasure to work with a doctor who truly cares about the patients."

Brand new on the market for athletes are custom lenses that enhance contrast, making it easier to hit a ball being served up at 90 miles an hour. They are color-coded according to the sport and promise to give players an edge over the competition.

For people who take Halloween costumes very seriously, there are now theatrical contacts decorated with scary symbols.

Along with his desire to improve sight for patients with chronic low vision, Dr. Shipley is passionate about checking children's vision from the age of six months to a year and certainly by

the time they are ready to enter school. Many visual problems can be resolved if caught early he said. If they are not, they then last a lifetime.

The common condition known as lazy eye can be corrected if detected early on and the eye can be stimulated to become fully functional. "Forty-five percent of kids have focusing issues," Dr. Shipley said. He works with pediatric specialists to fit his youngest patients with the right glasses.

In her department, along with frames of all descriptions and price ranges, Nancy Shipley carries a line of safety frames recommended for young athletes. The leading cause of blindness in young people is sports injuries, she said. She has set up a new program she calls "Angel Eyes" that will provide children with vouchers for eye exams and glasses.

Dr. Shipley has been at Guardian Eyecare Center long enough to see teenagers grow up and have their own babies. He has noticed



Low vision specialist Dr. David Shipley.



Optician Nancy Shipley, holding a stylish and lightweight Bellagio frame.

a significant change in the demographics of his practice with the average patient getting younger. When he first came into Guardian, a practice that had been established some 15 years earlier, most of his clients were ages 60 to 70. Now they are 10 to 20 years younger, he said. Another change for his location is that it is not as seasonal as it used to be. In fact, his volume is "way up" and he has had a very busy summer.

Along with his very personal and professional service, Dr. Shipley offers a

24-hour emergency line and encourages his patients to call him before going to an emergency room. A quick diagnosis can make a big difference in the outcome of a serious situation he said.

While his boys were growing up, Dr. Shipley coached their Little League teams. He is also active in professional organizations and was president of the Broward County Optometric Association in 1995 and on the board of the Lighthouse of Broward County. For a time, he worked with students at the McFatter Technical Center.

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The Forum at Deer Creek, 3001 Deer Creek Country Club Blvd., 33442 - 954-698-6269

# Finding a lifestyle to fit comfort and exciting activities is all part of the Forum at Deer Creek



Beautiful grounds, fountains and artistic architecture make The Forum at Deer Creek an elegant retirement choice.

**E**xecutive Director, Phil Barrett, of The Forum at Deer Creek, 3001 Deer Creek Country Club Blvd. is very proud of this elegant retirement community which offers a lush country club setting to seniors who want to enjoy life free from the demands of maintaining a home. He says, "We offer a choice of very spacious apartments plus all of the amenities that ease daily burdens and allow residents free time for fun, hobbies, stimulating lectures and shows. They experience fine dining, have housekeeping, laundry, linen services, transportation and endless activities and events."

Like all good executives, he called in a few members of his management team to talk about specifics. Blair Fritz, regional marketing manager who happened to be visiting, explained that The Forum is owned by 5-Star Senior Living, a company with over 200 senior communities across the United States. She says, "Our Assisted Living residents benefit from a unique concept which is our six levels of care. Residents only pay for the care they need. For example, if the only need is to administer medication that is the only additional service charged. At the other extreme, for the extremely frail residents, we provide all six levels of care."

Barrett consulted his computer to determine the exact number of residents and other statistics. He offers these facts: "The Forum is 23 years old, and currently has 180 residents in Independent

Living including 36 couples. There are 50 residents in Assisted Living and 60 in either short term rehab or receiving skilled nursing care."

Carol Bonk, director of food services, was the first department interviewed. A friendly and lively lady, she quipped, "The only complaint I get from residents is being guilty of causing their weight gain. I tell them 'No problem. Work it off in the fitness room and exercise class with Barbara McCormick, our activities director.'"

She continues, "Breakfast and a choice of lunch or dinner every day are included in their monthly bill. We serve the same menu to all residents. Every menu has a choice of a beef, chicken and fish entrée, at least two starches plus vegetables, soups, salads and of course desserts. I have two dining room assistants. I keep a constant check with residents for food satisfaction. We also offer an 'always menu' for residents who don't want anything on the menu. Our 'always menu' includes omelets, hot dogs, hamburgers and salmon available as alternate entrees.

Sid and Ellen Gold moved into the Forum four months ago and they are very happy with their choice according to Ellen who says, "The food is very good. I love desserts so I check the daily dinner menu from bottom up. Everyone is very friendly. I'm a bingo and a black jack player and Sid's a golfer who goes to the golf club next door to play. We enjoy the cocktail hours, the entertainment and all of

the activities."

McCormick puts out a monthly activities calendar, packed with a variety of choices to keep residents busy. Today, Friday, April 22 after 10 a.m. exercise class there's a day long list of activities including News and Views with Scott Richards, Nature Club, Black jack, Shabbat services, Cocktail hour with open bar, music by Chris Autore, Book Review with Ronelle Delmont, and at 7:15 p.m. a feature film.

This month there was a Passover Seder, and Easter Brunch and Easter Sunday Social. In addition to all the planned activities, there's a pool for swimmers, a nearby golf course for golfers and bridge, canasta and mahjong games going on all day and evenings.

Brian Bedigian, marketing, talks about his department. "People feel good about The Forum the moment they enter our impressive lobby. Because we are a rental, new residents do not face paying a large service fee to live here. They feel secure because we offer independent people the option of assisted living and nursing care should the need arise."

He went on to point out that residents have a choice of many floor plans and spacious apartments up to 1300 sq. feet, from a studio to two bedrooms. One resident, Dottie Barnett says, "I have a lovely 2-bedroom apartment because I want my brother and grandchildren to still be able to visit me. I lived in a lovely place in Huntington



Point in Delray until I moved in here in December of 2010 I like it very much because the people are friendly and there's so much to do. I attend the lectures, the shows, and I play canasta and mahjong. The food is good. Management is very accommodating with transportation to shops, shopping, doctors or wherever you need to go."

Bedigian adds, "Many of our residents come from Delray Beach, Boynton Beach and of course Deerfield Beach. Many come

because their friends who live here have recommended The Forum. They feel comfortable having friends and relatives come to see their new home and stay for lunch or dinner and join them on holidays.

The Forum is very conveniently located near good shopping, churches and synagogues. Visitors can find The Forum by exiting 1-95 at Hillsboro. Go west to Deer Creek Country Club Blvd. Follow the road, pass the Country Club to The Forum. Call 954-698-6269.

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## Dr. Menendez and staff offer professional medical services



The Team - Dr. Eugenio Menendez, Leeann LLuberes, Sonaly Dealmeida, Angela Latorre and Eugenio Menendez, Sr.

“Nobody can annoy your body as well as you,” says Dr.

Eugenio L. Menendez, a Pompano Beach physician.

Behind this statement lies much of Dr. Menendez’s medical philosophy. He employs active listening when he meets his patients. He observes each patient’s physical movements and complaints.

Yet, he is surrounded with computer screens and the latest technology in his spacious office.

His slogan is “21st century Medicine practiced the Old-fashioned Way.”

And that is part of the main difference between an M.D. and a D.O.

Dr. Menendez explains, “A doctor with an D.O. has all the training of an M.D. plus the additional skills to treat the body holistically. Observing and examining the body structure gives me more information in my diagnosis. This is a benefit to the patient.”

Osteopathic medicine

involves the manipulation of muscles and bones to create a healthier body.

Dr. Menendez teaches his patients to understand the messages of specific pain.

When the heart is under stress, through its nerves, it sends messages of tingling and numbness in the left hand. The gall bladder’s messages are emitted to the right shoulder blade where pain can become intense. These are strong alerts to call the doctor.

Patients here will share their pains, concerns and other issues with Dr. Menendez, and in some cases may find health through a changed diet and a prescribed exercise.

“The word ‘physician’ means teacher,” says Dr. Menendez, “so I teach patients about what’s going on in their bodies. Through this method, I can find and prevent disease.”

He adds that his patients also are teaching him as well.

Obesity is considered as a disease by Dr. Menendez,

and equally, overeating is an addiction.

And as he sees more and more overweight problems in his office, he began to write

his concepts and ideas about obesity. Dr. Menendez offers a medically-supervised weight loss program and preventative health screening with state-

of-the-art ultrasound in the office.

Dr. Menendez’s book, “The People’s Diet,” is a companion with a nutritious diet for his patients to use, lose weight and keep the pounds off.

“It is geared to improve a healthier heart, lose inches around the waist and improve tolerance for exercise,” he says.

Many of Dr. Menendez’s patients include this young physician in their travel plans—not for the trip, but for a safer and healthier trip for themselves.

Dr. Menendez is a member of the Travel Clinics of America where physicians research travel issues that could impact a patient’s health. He provides medical advice, information, vaccinations and immunizations if required. He is an authorized provider of the yellow fever vaccine.

With his holistic approach to the patient’s well-being, he is often asked about some of the many medications that are advertised through the media.

If a patient is concerned about a medication with Statins, a class of drugs used to reduce cholesterol levels, Dr. Menendez explains the benefits and risks.

There are some ‘evidence-based’ supplements that Dr. Menendez suggests for patients as well.

Dr. Menendez is board certified in internal medicine and serves on the staffs of Holy Cross and Imperial Point Hospitals.

The office honors Medicare, Medicaid and most insurance plans.

### Eugenio Menendez D.O., F.A.C.P.

Board Certified - Internal Medicine

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Solid Rock Realty, 2044 E. Sample Road, Lighthouse Point - 954 - 290-2772

# Returning the American dream to whom it belongs . . .

.....That is what Solid Rock is all about!

**I**n 2003, Christina Henley founded Solid Rock Realty out of her strong desire to make positive changes in the industry, for consumers as well as agents. The concept of Solid Rock Realty is to create a paradigm shift in the way consumers are served by maintaining only the most highly educated and trained agents, eliminating all the “real estate secrets” and empowering the client to be part of the entire real estate process of selling, buying, or investing.

**Who helped her?**

It would be impossible to point out all the individuals who helped Christina launch Solid Rock Realty. However, her dearest friend Kate Major was certainly the lead person in helping Christina take her vision and ideas and putting them on paper to create a business model that is currently being realized today. Another dear friend, Chari Miles was very instrumental in opening in the new location in 2008 and revamping the business model to better serve today’s consumer.

**Asked about some of the great moments of starting and operating a company, Christina says,** “First, let me say that we look forward to many more to come. To date, some of our greatest moments have come from the day-to-day interactions we have seeing people meet and exceed their expectations for the buying and selling process. Additionally, many great moments have happened during or after our monthly education event series “Save the American Dream.” So many have given feedback about how they are more at ease that their future real estate related decisions will be better informed decisions because of what they have learned. Wine and Light hors d’ourves are served. The seminars are free and open to the public. There are never solicitations at the seminars.

**What is the service?** A knowledge and information source of all things real estate for the purpose of buying, selling or investing in the greater Ft. Lauderdale area.

**Has this business contributed to the community in some way?** We offer a real estate business that consistently delivers concierge style customer service while empowering each and every client to make



At Gateway, clients enter through this lobby on the second floor.



We were located at 2633 E Atlantic Blvd, Pompano Beach. Here we are cleaning up for the build-out. In 2008 we moved from Pompano Beach to Lighthouse Point where we are now at the Gateway Centre.

the best possible decision regarding some of the largest investments in their life. They want to be an integral part of the process discussing strategy and to know it will be implemented effectively. To meet today’s consumers’ desires and demands for a more knowledgeable and experienced consultant who is fully aware of the challenges of the ever changing real estate market, Solid Rock Realty’s “professional real estate consultants” commit to rigorous training and coaching weekly, sometimes daily. Also, today’s consumer wants transparency. In an attempt

meet this need, we invite our clients to come to our office and see everything exactly as we see it, thereby eliminating the mystery. **How has the service changed or expanded?** The real estate climate is always changing. As an example we are seeing more families in distress because of the increasing number of delinquent and underwater mortgages. In an attempt to help those families, our agents have earned the Certified Distressed Property Expert designation. This gives a working knowledge of the entire situation and all options

available to homeowners today. We come beside them to walk them through the process by providing the information and help they need to make wiser decisions and get on the road to recovery. Technology is also a large part of properly serving today’s consumer. Every agent at Solid Rock Realty is highly trained and efficient in maximizing all technology available in our industry to better serve our clients. The Solid Rock Realty office is equipped with all the latest, greatest technology. We offer our location for various

meetings and gatherings that benefit the greater community. If you have a need please feel free to contact us to see if we can be of service to you in this way. **How can reach you Christina with questions?** I welcome anyone to stop at our office and meet with us face to face at 2044 NE 36 Street, Lighthouse Point, FL, 33064. We can also be reached at Christina@solidrockrealty.net, on Twitter @solidrock, facebook (enter address), LinkedIn at LinkedIn.com/in/Christinahenley, or call me direct at 954-290-2772.

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In the Gateway Centre of Lighthouse Point  
SE corner Sample and Federal

Full house at Save the American Dream kickoff event  
October 27, 2009  
with Lori Parrish, Broward County Property Appraiser

**“Save the American Dream” Workshop Series**  
Held the last Tuesday of every month 6 - 8pm

2010 Schedule of Event

- January 26 Foreclosure Defense - Attorney Joseph Altschul
- February 23 Forensic Mortgage Auditors - Forensic MortgageInvestigator
- March 30 Loan Modifications - The Helpful Hands Foundation
- April 27 Overview of Homeowner Options - Christina Henley
- May 25 Bankruptcy - John E. Page
- June 29 Credit Scoring - Pierre Scavuzzo
- July 27 Homeowner’s Insurance - Anthony Ballinger/Dwight Thomas
- August 31 The State of the Market - Christina Henley
- September 28 Invest with the Best Dave Dinkel
- October 26 Safe and Secure Real Estate Investing - Steven David
- November 30 TBA
- December 28 APPRECIATION PARTY!!!

Auto Tech and Body, 429 N. Dixie Hwy., Pompano Beach - 954-946-9730

# Jay and Chadia find success when business works with a foundation of honesty, expertise and a commitment to the community

**S**ince childhood, Jay Ghanem, has been fascinated by cars - the way they look, the way they function and the way they make the driver feel.

In 2005, Auto Tech and Body, a towering edifice at 429 N. Dixie Hwy., Pompano Beach, has since become a landmark in the Southeast Florida community.

Jay took his passion and made it a reality, but he didn't do it in one step.

After graduating from Florida Atlantic University with a degree in engineering, Mercedes-Benz sent Jay to Germany to be trained at one of its plants. The company then sent him to Germany for another year of study.

Jay spent three years working with dealerships and training employees. During that time he saw that commission-based services drove technicians and service advisors to use dishonest practices because their earnings depended on sales jobs.

Ready to start out on his own, Jay leased space for 15 cars to open Auto Tech and Body. His reputation quickly caused him to outgrow that space, so he leased a larger property. Again, he found he needed more space.

In 2005, Jay purchased the property at 429 N. Dixie Hwy., and the bright yellow, red and blue building became part of the business landscape. He now has space for 90 cars and has 16 employees.

And Jay has another life, where he dedicates hours of his personal time in civic and volunteer organizations. He is the incoming president of The Rotary Club of Pompano Beach. He serves on the boards of the Pompano Beach Kiwanis Club, the Boys and Girls Club and on the board of the Pompano Beach CRA advisory board. In Oakland Park, Jay is the past president of that Rotary Club.

So how does he run a successful business with so much on his plate? He is quick to answer that with one word - delegation.

"I have a great group of employees. We always remind our staff that our existence and our paychecks depend on every customer that walks into our doors. Some people lose track of that. I took an oath that none of my core employees would lose their jobs. I want them to focus on service to the customers and not worry about the economic crisis out there."

But besides "delegation," Jay



has a secret weapon -- his sister, Chadia Merouch.

"Chadia is vice president. She is the power behind Auto Tech and Body," he says.

Jay's vision was to create an automotive complex outfitted by salary-based employees and customer service oriented with commitment to the community and the environment. Auto Tech and Body was created with three employees.

Now, Auto Tech and Body focuses on maintenance, mechanical repairs and complete collision repair services.

Since then, Auto Tech and Body received "The Best of

Florida" award in 2005 and Broward's "Small Business of the Year, Best of South Florida Award by an independently-owned business based on customer service and an Angie's List award for 2010 and 2011"

Recently services have expanded to offer car sales, extended warranty sales, restoration services, alternative fuel vehicles, automotive conversion to run on Bio-Fuel.

Auto Tech and Body will be proud to introduce a prototype 100 percent electric vehicle with zero emission built here in Pompano Beach to South Florida roads.



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