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**Getting' a Free Ride!**



Photo by Leigh Clifton  
Eric and Leah Neuwirth, of St. Pete swing 22 month-old daughter Sam in the air as they walked down Beach Blvd. last Saturday afternoon. The Neuwirths have a friend who lives in Gulfport, so they visit often.

**Migratory Bird Die-Off  
Likely Not Oil Related**



Photo by Kurt Zuelsdorf  
Kurt Zuelsdorf found six dead songbirds on Pass-A-Grille beach last Tuesday. He suspects they died from smoke inhalation from the oil rig explosion.

See *story*, page 44

**Salzman's Firm to  
Represent Gulfport**

By Cathy Salustri

Interim city attorney Andrew Salzman and his law firm, Zimmet, Unice and Salzman, P.A., will now represent Gulfport on a permanent basis. At Tuesday night's city council meeting, Gulfport city council voted unanimously to hire interim attorney Andrew Salzman as the permanent city attorney on an hourly basis. The city will pay his firm \$150 per hour with no retainer, according to city documents.

City Council removed the city's part-time attorney, Tim Driscoll, last summer after almost two decades of service, replacing him instantly with Tom Minkoff (see "The Road to Permanent Charter Officers for more information) last summer.

At the July 7, 2009 special meeting, Mayor Mike Yakes said he felt Gulfport needed a full-time attorney, but councilmember King said she no longer wanted Driscoll to be the city attorney.

"This is about Tim's performance. Nobody wants to say it but we're here tonight because of Tim's performance. I vote for a full time attorney and I also have a vote of no confidence for the attorney that we have," King said at the time.

At that meeting, council opted to hire a company called Governance to help Gulfport decide if it needed a full-time or part-time attorney. Council hired Minkoff on a full-time basis for three months. Minkoff resigned his interim post when offered a judgeship. The city then hired Andrew Salzman and his firm to represent the city.

Governance failed to follow through on what the city asked, according to city manager Jim O'Reilly, and the city liked Salzman's representation. Salzman's firm represents other cities and governmental agencies; they have eight attorneys in total.

See *Attorney*, page 3

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**FUNDAY Open House on the Waterfront**

On Saturday, May 8 from 1-4 p.m., Gulfport's Boca Ciega Yacht Club invites area residents to enjoy a free party at the club and on the bay. Free hot dogs (while supplies last), sailboat rides (first come, first served during event hours), club tours, demonstrations, exhibits, kids coloring contest (ages 1-12) and door prizes.

"People will learn about the Club's active cruising program and its challenging racing opportunities. Of equal importance is the Club's outreach to the community through its Sail School and Youth Sailing Program. Area teens will learn how they can join the club's recently established Sea Scout Boat 915 to become experienced sailors while having a lot of fun." says Chairperson Jean Proach.

During the festivities, a membership team will be on hand to show people how easy and inexpensive it is to become a part of Boca Ciega Yacht Club and enjoy its boating, social and community service activities. Membership is open to sailboat owners, want-to-be sailboat owners and those who have a love of sailing. Most fees are discounted for Gulfport residents.

Boca Ciega Yacht Club is located one block south of the Gulfport City Marina off 49th St. S. Turn left onto Del Rio Way to 4600 Tifton Drive S.

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## Attorney, from front page

Mayor Yakes said that even though the city doesn't have a full-time attorney like he initially hoped, he felt that Salzman's accessibility made him a good choice. He said he saw that Salzman could offer the city just as much as Minkoff did as a full-time attorney.

"We had, whether people agreed or liked him or not, Minkoff serve as interim city attorney. And we had Andy Salzman come forward. Andy Salzman showed me that a firm with the resources and knowledge and he has served us quite well and it is less expensive," Yakes said. "I have seen both sides and I like what we have."

Vice-Mayor King said that, although the scenario itself had not changed (Salzman will serve as a part-time, off-site attorney, as did Driscoll), she believes that Salzman will conduct himself differently. She cited Driscoll's billing policies as one difference.

"I think the fact that we paid him (Driscoll) a retainer and then he billed us for everything else. It was not cost-effective at all. He used that as a license to bill; he dragged things out. We paid for boat foreclosures that the boats weren't even worth half of what he billed. Every year we paid him more money because of litigation, and it was uncontrollable," she said.

Other than that?

"There's truthfully probably not a lot of difference between that and Andy, but I don't see Andy doing that; I don't see Andy making more work. We were Tim Driscoll's only client; we are certainly not Andy's only client," she said.

The contract between the city and Salzman's firm does not guarantee that Salzman will be the attorney who always represents the city. Salzman says that he will send other attorneys to other city council meetings that meet on the same night as Gulfport as long as he feels Gulfport needs him the most.

Right now, he says "there's more significant issues here." If that changes, his firm has the latitude to send another attorney.

"At this stage I want Andy. I'm sure it's OK for Caitlyn to come occasionally, but I don't want her

attending every council meeting," King said.

Continued on page 39

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## Super Senior Trolley Token Saver Packs

The Gulfport/St. Pete Beach Connector Trolley now has Super Senior Trolley Token Saver packs. The Packs are \$10 and contain 12 special tokens only available for use by those over the age of 55. You will have to show your I.D. to purchase and use the tokens. These

special tokens are only available at: The Gulfport Multipurpose Senior Center, 5501 27th Ave. So. and The Gulfport Recreation Center, 5730 Shore Blvd. So.

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## Pasadena Card Club

Pasadena Card Club offers duplicate bridge Monday through Friday at 10 Park Street N. starting at 12:30 p.m. and contract bridge and pinochle Tuesday and Thursday at 12 noon. For information, call David at 381-5944.

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## ArtCruise Debuts at First Friday Art Walk

GULFPORT, FL: Gulfport's nautical heritage meets Gulfport's First Friday Art Walk with the debut of ArtCruise on Friday, May 7. A one-and-a-half hour cruise will provide sunset views and vistas of Gulfport and Boca Ciega Bay during Gulfport's Art Walk on the first Friday of each month. *The Island Time*, a large two-level vessel will board at the dock adjacent to Gulfport Casino beginning at 7 p.m. The Casino is located at the intersection of Beach and Shore Blvds. The cruise will depart at 7:30 p.m. and return to the Casino dock at 9 p.m. Dolphin Landings of St. Pete Beach will operate the cruises.

Each cruise will feature live music on the top deck. A cash-only bar will also feature specially formulated signature Art Walk cocktails including the Mary Disston Margarita, the Boca Ciega Blossom and the Gabber Cocktail. Stop by your favorite Gulfport restaurant for a carry-out order to take aboard and enjoy a picnic during your cruise.

Tickets will be \$12 per person in advance or \$15 on the day of the cruise. Tickets are available only at the Outpost (3007 Beach Boulevard S.) and the Village Pub (5519 Shore Boulevard S.), or by calling (727) 360-7411. No outside beverages are permitted on board. Please purchase tickets before arriving at the dock.

Enjoy Gulfport's Art Walk before and after the cruise. Art Walk takes place from 6 to 10 p.m. in Gulfport. Local artists and artisans line the sidewalks of Beach Blvd. displaying and selling a wide variety of artwork and crafts. Shops and restaurants are open late, and live music is featured at venues throughout the Village.

## Civic Association to Hold Annual Barbecue

The South Pasadena Civic Association will be holding their annual "Picnic in Duryea Park" on Wednesday, May 12 at 5 p.m. Cost is \$10 for members and \$12 for non-members. Call Agnes at 347-5292 for tickets.



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## Gulfport's Free Oral Cancer Screening

The City of Gulfport, in conjunction with the Oral Cancer Foundation, will be hosting a free Oral Cancer Screening on Saturday, May 8 from 10 a.m. - 2 p.m. at the Walgreen's parking lot on the corner of 58th St. S. and Gulfport Blvd. S. in Gulfport. This event was spearheaded by Councilman David Hastings through his experience with fighting oral cancer and being a survivor.

Oral cancer belongs to the head and neck cancer group, and is often referred to by other names such as tongue cancer, mouth cancer, tonsil cancer, lip cancer, and throat cancer. While some people think this is a rare cancer, it is not. Approximately 100 people in the U.S. will be newly diagnosed with oral cancer each day, and it takes a life in the U.S. every hour of every day.

The key to reducing the death rate of oral cancer is earlier detection, and the key to that is for all adults to receive opportunistic oral cancer examinations at least once a year. Tobacco users, heavy alcohol users, and those with a prior history of cancer should be examined more frequently. Even people who do not share those traits should be examined annually in light of the mounting evidence of a link between oral cancer and the sexually transmitted human papilloma virus (HPV type 16).

This event is co-sponsored by the City of Gulfport and the Oral Cancer Foundation. To learn more about

oral cancer go to [www.oralcancer.org](http://www.oralcancer.org) on the web. For event information, email [dhastings@mygulfport.us](mailto:dhastings@mygulfport.us) or call Gail Biron at 727-893-1118.

...

## Teen Team Adventure Course

The City of Gulfport Teen Council and Taylor Consulting Group invite Gulfport teens to "spring ahead" with your leadership on the Team Adventure Course on Friday,

...

May 7 from 10 a.m. - 2 p.m. at the Recreation Center located at 5730 Shore Boulevard S. Join Gulfport teens to walk as a unified team, lift up the 12 character traits, jump through the hoops of leadership, and assemble the puzzle of character-based leadership. Snack provided and space is limited to 30 Gulfport teens max. To register or for more information, email to [mgutierrez@mygulfport.us](mailto:mgutierrez@mygulfport.us) or call 893-1592.



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## Gulfport Lions Pancake Breakfast

The Gulfport Lions will be presenting their final Pancake Breakfast of the season on Saturday, May 8 from 7 a.m. to 11 am. Please note these new serving hours.

Breakfast will be served at the Gulfport Lions Center, 4630 Tifton Drive S. in the Gulfport Marina area. Menu includes pancakes with syrup, scrambled eggs and sausage with coffee or tea to drink, and all you care to eat at the donation price of \$4 per person. Bring your entire family and friends and spend an enjoyable morning overlooking beautiful Boca Ciega Bay. Gulfport Lions is a service organization, meeting the needs of those less fortunate.

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## Support the Senior Center Flea Market

Spring cleaning? How about donating your unwanted items to the Gulfport Senior Center upcoming Flea Market at 5501 27 Avenue S.? You can drop them off from 8 a.m. to 4 p.m.

Monday through Friday. And don't forget to shop at their flea market on Friday, May 7 from 9 a.m. to 1 p.m. Jewelry, cook books, gardening items and small kitchen appliances are just some of the items available! For more information, contact Sue at 893-2237 or Cynthia at 893-1231.

...

## Free Phones for Hearing-Impaired

The Deaf and Hearing Connection recently announced the addition of several new telephones, ttys and captioned telephones available through its no charge equipment distribution program. Deaf and Hearing Connection offers amplified telephones and related equipment at nocost to permanent Florida residents who are deaf, hard of hearing, deaf/blind or speech-impaired.

This telecommunications access program is funded by a surcharge currently on all Florida telephone consumers' bills. Equipment is available by appointment Monday through Friday at the Deaf and Hearing Connection's main office

located at 7821 Seminole Boulevard in Seminole or at satellite locations throughout Pinellas and Hillsborough counties. For a complete list of distribution locations or to schedule an appointment, call 727-399-9983 (Voice) or 727-399-9422 (TTY).

The Deaf and Hearing Connection, also offers free hearing screenings by appointment, low cost hearing aids, cleanings and repairs.

...

## PYS Finale Orchestra Concert

The Pinellas Youth Symphony will present a Finale Orchestra Concert on Saturday, May 8 at 3 p.m. at the Palladium Theater, 253 Fifth Avenue N. Performing groups include the Pinellas Youth Symphony, Serenade Strings, Pinellas Youth Philharmonic and Symphonic Strings. Admission is \$8 for adults and \$2 for children and students. Tickets are available at the Palladium box office and their website. To learn more about the Pinellas Youth Symphony, visit [www.pysmusic.org](http://www.pysmusic.org).

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## BCHS to Present "Bye Bye Birdie"

The Boca Ciega High School Drama Club will present the musical "Bye Bye Birdie" on May 6, 7, and May 8 at 7 p.m. in the main auditorium. Ticket prices are \$5 student/seniors and \$10 adults while children under 5 are free. This hit show is set in the 1950s and tells the story of superstar Conrad Birdie (Elvis spoof) who is going into the Army, much to the dismay of his manager, Albert, and scores of female fans. The score includes the hit songs "Kids," "Put on a Happy Face" and "Rosie." This family-friendly show is sure to be amazing, so save one of these dates on your calendar; come out and support the Pirate Players while enjoying a night of theatrical entertainment!

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## Dover Team is Bocce Champion

On March 9 the Dover Building's bocce team defeated the Nottingham Building on the last day of the season two games to one and became the

2010 Town Shores Bocce Champions. The Nottingham Building finished second.

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## SPCA Offers Dog Obedience Course

Start your dog's month off on the right paw by attending a SPCA Tampa Bay Canine Behavior Course on Saturday, May 8. The 6-week Canine Basic Obedience class begins at 10 a.m. and teaches dog owners

basic obedience commands and how to overcome unwanted behaviors. Canine Basics for Busy People is a 2-hour workshop starting at 11:30 a.m. packed with practical tips for stress-free living with your dog. Prices vary for each class. All dogs must have current rabies vaccinations. For more information or to register, go to [www.spcatampabay.org](http://www.spcatampabay.org) or call 586-3591. Participants must register online to attend the class.

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7

## First Friday Art Walk

Gulfport's First Friday Art Walk takes place on Friday, May 7 from 6-10 p.m. Celebrate Gulfport's 100th Birthday and absorb Gulfport's authentic "Old Florida" atmosphere.

Peruse the work of over 50 artists and crafters, as well as authors, antique dealers and entertainers stretched over a half-mile up and down scenic Beach Boulevard. While browsing the art and craft booths, don't miss Gulfport's unique shops, boutiques and galleries.

Live entertainers will be appearing at venues throughout the Village. The Industrial Art Center continues to offer "Blow Your Own Glass Masterpiece" mini classes by master glass blower Jackie Ballard and the IAC team.

Enjoy dinner at one of over a dozen fine restaurants within the Art District, now one of the foremost dining destinations in the Bay Area.

Gulfport Art Walk takes place on the First Friday and Third Saturday of every month, year-round. Parking is always available, the event is free, and free trolley rides are available from off-site parking areas, including nearby Catherine Hickman Theatre and Gulfport Public Library. Pet and family friendly! Experience a unique dining, shopping and cultural experience unlike any other. Once you discover Gulfport, Tampa Bay's "best kept secret", you'll want to come back for more.

For more information on many other Gulfport events, go to [www.gulfportma.com](http://www.gulfportma.com). The Gulfport Art Walk and event recorded information line is 866-ART-WALK. Artists and vendors interested in participating can find more information and download an application at [www.SIKPromotions.com](http://www.SIKPromotions.com).

## Drop-off Donations for Seabird Sanctuary at Gulfport Library

The Suncoast Seabird Sanctuary is asking for the community's help to prepare for injured birds and coastal cleanup from the disastrous Gulf oil spill. The sanctuary is asking for volunteers and items to be donated. The Sanctuary staff and volunteers were a significant workforce in the disastrous Tampa Bay 1993 oil spill and has experienced avian care staff on standby to assist Tri-State Bird Rescue and Research.

To assist the sanctuary and the for convenience of Gulfport residents who would like to donate items, The Gulfport Public Library, 5501 28 Avenue S., has organized a drop off location in the lobby for the needed donations of linens, kennels, towels, sheets, Dawn detergent, Pepto-Bismol and toothbrushes. For more information on items, call organizer Diann Morningstar at 727-893-1074.

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# Belle Of The Ball

By Leigh Clifton



18 year old Treshawnte Hodge is all smiles as she tries on a dress for her senior prom at Dunedin High next week. Treshawnte and one of her friends came to the store Belle of the Ball, on non-profit organization

that gives free dresses to girls for their Prom and Homecoming dances. Founded in 2003 by Susan Schwartz, Belle of the Ball was inspired after Susan looked at her daughter's closet, jam-packed with gowns and dresses worn from past proms.

"I saw all these dresses that had only been worn once," Swartz said, "and I thought, these are in great shape, I should give these away to girls who maybe can't afford a dress for Prom or Homecoming. I started asking all my friends if they had similar dresses and they all started collecting for me too. Pretty soon, I had so many, I used the old Party City space in Countryside to store them; they offered the space for free."

Swartz would then just put the dresses out on the sidewalk and offer them for free to those girls who just couldn't afford to pay for a dress. As

the business grew and more donations piled in, Swartz took the space offered for free from RMC Management in Seminole Mall, where she has been for over a year now. Teaming up with another non-profit, Dream a Dress, in Tampa, Swartz combined the inventory at the mall store and now has customers from all over south and mid-Florida as well. Belle of the Ball also carries shoes, some jewelry and handbags too. These are also free. The only caveat is that the girl must sign a pledge that she is, in fact, in need of a dress and donate one dollar. That dollar goes towards operating costs for the space.

The Prom season is almost over and Swartz will now put the dresses away until the Fall, when the Homecoming Dances begin. She will be advertising when the shop will re-open around August.

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**Congratulations, Taylor!**



Taylor Drayton, 17, of St. Petersburg has been chosen as a State Finalist in the National American Miss Florida Pageant to be held July 18-19 in Orlando. The winner of the pageant will receive a \$1,000 cash award, the official crown and banner, a bouquet of roses and air transportation to compete in the national pageant in California.

Wednesday at 6:00pm  
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## Gulfport Rec Summer Program Information

Get ready to splash into summer as registrations for the 2010 Summer Program begins. Registration for children who have completed kindergarten through age 14 begins Saturday, May 1 for Gulfport residents and non-residents currently enrolled in the School Year Child Care Program. Hours of registration for Saturday are from 9 a.m. - noon. Registrations for non-residents not enrolled in the School Year Child Care Program begin Monday, May 24 for 30 children max. Hours of registration are Monday-Friday from 9 a.m. - 5 p.m.

Annual registration fees are \$15 for residents and \$100 for non-residents. The 8-week program (June 21 to August 13) cost is \$250 for residents and \$504 for non-residents, which does not include field trips. Pre Camp (June 14-18) and Post camp (August 16-20) cost is \$70 for each week, which includes field trips. Pre and Post camps are limited to 60 Gulfport residents only. Summer camp hours are from 7:30 a.m.-5:30 p.m. with extended hours available until 6 p.m. for an extra charge. Detailed pricing is currently available at the Recreation Center, 5730 Shore Blvd. S. or on-line at [www.mygulfport.us](http://www.mygulfport.us) and follow the links: City Departments, Leisure Services, Rec Center). Packets will be available on Friday, April 30. Call 893-1068 with any questions.

...

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Thursday • May 13, 2010

7:30 a.m. - 9:30 a.m.  
St. Petersburg Yacht Club  
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# Places of

Religious Services, Classes & Events Call **321-6965**  
for more information on placing your ad in this special section



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## Divorce Care Group at Tradewinds Church

Divorce Care Group is a 13 week program for those who are separated or divorced designed to help you face the challenges and move toward rebuilding your life. Classes will meet each Thursday from 7-8:30 p.m. at Tradewinds Church, 6740 Park Street S. in So Pasadena. For more information, please call (727) 344-1501.

...

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The **Island Chapel**

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8 am & 10 am  
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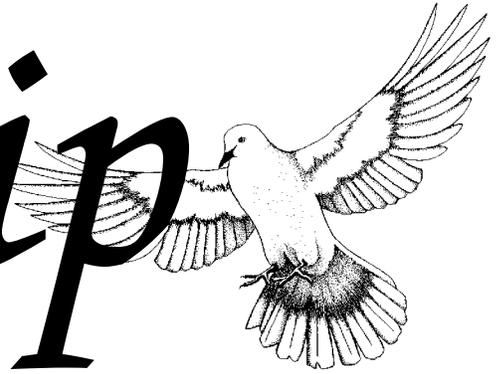
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Traditional Service 8:00 AM  
Contemporary Service 10:00 AM  
Traditional Service 11:30 AM  
Sunday School 9:00 AM

# Worship



## National Day of Prayer

Fifth Avenue Baptist Church, 4901 Fifth Avenue N. in St. Petersburg, will be open for prayer on Thursday, May 6 from 7 a.m. to 7 p.m. in the 59th annual observance of The National Day of Prayer.

...

## The Power Team Motivates and Inspires

A Touch of God Ministries will present The Power Team, a group of world class athletes, at Keswick Christian School gymnasium, 10101 54 Avenue N. from May 13-16. Performing nightly, doors open at 6 p.m. and the show starts at 7 p.m. The show includes giant men who can snap baseball bats, lift telephone poles overhead, rip phone books and smash walls of ice and concrete. These visually explosive feats of strength are used to communicate positive messages to audiences. A \$2 donation is suggested.

...

## Vendors Wanted

Trinity United Church of Christ will hold a car wash/vendor market on Saturday, May 8 from 10 a.m. to 4 p.m. at Steak-n-Shake, 4480 Park Street N. in St. Petersburg. Vendors

should contact [tuccoffice@gmail.com](mailto:tuccoffice@gmail.com) for more information.

...

## St. Vincent's Offers

### Breakfast after Service

The Men's Club of St. Vincent's Episcopal Church, 5441 Ninth Avenue N. in St. Petersburg now offers breakfast for \$5 on the second Sunday of the month following the 8 a.m. and 10 a.m. service. Everyone is welcome.

...

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www.gulfportumc.org

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	Sunday School 9:15a
	Traditional Serv. 10:30a
	Fellowship for all 11:30a
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**Worship Service ~ 10:40 am**  
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5441 9th Avenue North  
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8:00 AM & 10:00 AM  
**Wednesday 10:00 AM**  
(Healing)

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[WWW.THEPOWERTEAM.COM](http://WWW.THEPOWERTEAM.COM)

The nightly performances are Thursday, May 13th through Sunday, May 16th and will be held at the Keswick Christian School Gymnasium, 10101 54th Ave. N. St., St. Petersburg, FL. 33708. Doors open at 6:00 pm, Shows starts at 7:00 pm. \$2.00 suggested donation. COME EARLY!!!

**Mayor Peters to  
Address St. Pete GOP**

South Pasadena Mayor Kathleen Peters will address the members and guests of the St. Petersburg Republican Club on Wednesday, May 12 at 7 p.m. in the Piccadilly Cafeteria located at 1900 34 Street N. in St. Petersburg. Mayor Peters will discuss Amendment 4, also known as "The Hometown Democracy" amendment, which will appear on the November ballot. Mayor Peters, an opponent of this initiative, will explain why its passage would be harmful to local communities. After her presentation, Mayor Peters will entertain questions from the audience.

Everyone is invited to attend and participate in the Question and Answer Session. For more information, call Gus Pries at 864-0312.

...

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<p><b>FRIDAY May 7th 5-7pm</b> Baked or Battered Haddock, French Fries, Cole Slaw, Roll &amp; Butter \$7.75</p> <p>Veal Parmesean, Spaghetti, roll &amp; butter \$6.50</p>	<p><b>SATURDAY May 8th 5-7pm</b> <b>COLOR GUARD DINNER</b> NY Strip Steak, Baked Potato, Salad, roll &amp; butter, dessert \$7.75</p>	<p><b>SUNDAY BREAKFAST</b> 8:30am - 11:00am</p> <p>Entrées 1. Eggs to order \$3.50 2. Omelett 3. Pancakes/French Toast (rotating)</p> <p>All include bacon or sausage, home fries, toast, juice &amp; coffee</p>
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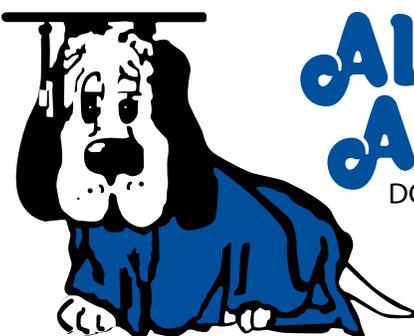
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## Car Hits Brenda's Beauty Salon



By Leigh Clifton

Lt. Huffman from the Gulfport Fire and Rescue checks out the compromised interior wall at Brenda's Salon on 58th St. last Saturday afternoon. Victoria Hewitson, one of Brenda's salon clients accidentally hit her accelerator instead of the brake as she pulled into the parking lot, plowing into the reception area wall. Thankfully, no one was in the reception area at the time; Brenda Wilson was with a client in another part of the shop. Harry Rauch was having a garage sale across the street and heard a loud bang. He called 911 and helped Hewitson out of the car. She sustained minor injuries, including a laceration on her forearm and was taken to Palms Hospital, according to GP PD Officer Hodge who was on scene.

St. Petersburg Fire Department Technical Rescue, which can carry the heavy equipment often needed to shore up a damaged building, was called in to assess the property's damage.

## SNAG (Starting New at Golf) School Event

The City of Treasure Island's Parks and Recreation Department has provided for the development of youth golf in Pinellas County Schools with the introduction of the pilot SNAG program (Starting New at Golf). Elementary school age children are introduced to golf as part of the Physical Education curriculum and then transitioned to the golf course for hands on experience. The funds for the SNAG program which include SNAG equipment for each school, training of physical education staff and field trips are provided through the sale of the Junior Golf License Plate.

Twelve (12) Pinellas County Elementary and Fundamental Schools, approximately 1,010 students grades K-8 will transition to the golf course throughout the month of May to experience play on a golf course.

Volunteers are needed for each field trip to assist as caddies for each foursome of students. SNAG training for volunteers is Saturday, May 8 from 12 noon-1 p.m. at Treasure Bay Golf and Tennis, 10315 Paradise Boulevard. Each volunteer will receive a complimentary free round of golf for assistance with the SNAG Program.

For additional information, please call Gary Metzger, PGA Professional, at (727) 360-6062 or Delia Skye, Pinellas County School Golf Program Coordinator, at (727)550-6706.

...



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## Red Hot Beach Nuts

By Dee Ten Brink

The following is a list of what the Red Hot Beach Nuts will be doing for the summer:

- May 11 - Hard Rock Casino
- June 20 - St. Pete Little Theater
- July 19 - "Practically Picasso" (brown bag lunch)
- August 16 - Madeleine's Cottage for lunch and possibly the Beach Theater.

Don't forget to RSVP with your captains for each event. Also, watch *the Gabber* for me in "Take the Gabber on Vacation".

...

## The Retired Officers Wives Club to Meet

The Retired Officers Wives Club of St. Petersburg will meet for luncheon on May 11 at Banquet Masters, 8100 Park Boulevard in Pinellas Park. Social hour is 11:30 a.m. with lunch at 12:15 p.m. The program will be Installation of Officers and the Boca Ciega High School ROTC Honor Guard. Call 399-1272 for reservations.

...

## Band to Present Last Concert of the Season

Max Millspaugh, Musical Director of the South Pasadena Community Band, has announced that the band's final concert of the 2009-2010 season will be May 13 in Galatea Garden, South Pasadena's very ornate Greek-themed garden. "We end each year with favorite

selections. This year we will develop the theme "Director's Choice" and I will share some personal favorites with our audience," commented Mr. Millspaugh. "I have included some well known favorites that are main-stays of the concert in the park setting. I also have chosen some other titles including "Pirates of the Caribbean", "2nd Connecticut March", some music from Jimmy Hughs, and "An American Tribute" said Millspaugh. "This will be a lot of fun" he said. The concert is free to

the public. Galatea Garden is located on Sunset Avenue one block west of the Pasadena Avenue and Gulfport Boulevard intersection. Adequate parking is available around the garden and rest room facilities are available. The hour-long concert will start at 7:30 p.m. Concert goers are reminded to bring a chair or blanket to enjoy the concert and in the event of inclement weather the concert will move one block west to the city hall.

...

# OPEN HOUSE

## FREE HEALTH SCREENINGS

Wednesday, May 12, 2010 • 9 to 11 am

Dr. Janeczek invites you and your family to an open house at her new location, 5000 Park St. N, Suite 1020. Dr. Janeczek will provide *free blood pressure screenings, diabetic screenings and obesity assessments*, and will discuss the Women's Health Week initiatives with those attending the event. National Women's Health Week, May 9 - 15, empowers women to make their health, and the health of their families, a priority.

**A continental breakfast will be served.**

**Please RSVP by calling 1-800-667-4576.**



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3	8	9	7	6	1	5	2	4
2	5	4	3	8	9	7	6	1
6	1	7	4	5	2	9	8	3
4	2	6	8	1	7	3	9	5
8	3	1	5	9	6	2	4	7
9	7	5	2	4	3	6	1	8
7	6	3	1	2	8	4	5	9
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**Gulfport Garden & Bird Club**

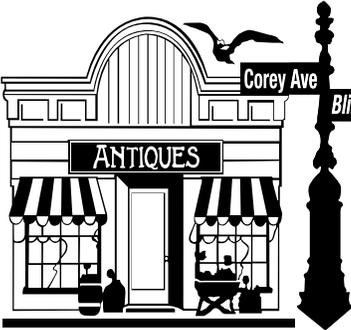
The end of the year luncheon and installation of officers will be held on May 13 at the Roman Gardens Ristorante, 3128 Beach Boulevard S. in Gulfport. Lunch will be ordered from the menu and will begin at 12 noon. If you plan to attend, please let Sarah Kelly (345-5848) know by May 10.

...

**West Coast Orchid Society to Meet**

The Florida West Coast Orchid Society will hold their monthly meeting on May 13 at the Pinellas County Cooperative Extension (Botanical Gardens), 12175 125 Street N. in Largo. An educational class will be held at 7 p.m., with a short meeting at 7:30 p.m. followed by a presentation from Prem Subrahmanyam on "Florida Native Orchids". A member orchid sale, raffle, and refreshments follow. Visitors are welcome. Free admission and parking. For more information, please call 727 733-8167.

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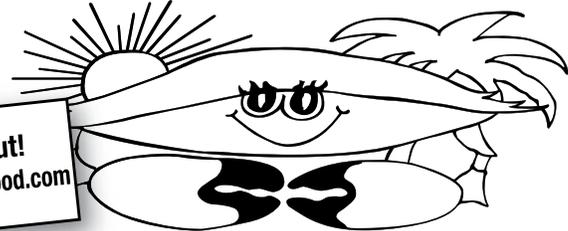
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# The Gabs

By Leigh Clifton

Has the recent major oil spill in the gulf and the fact that it may directly effect our coast changed your opinion of off-shore drilling in Florida?



**Leah Heinicke, Gulfport:** “No, not at all; I’ve been against it all along. I don’t like the potential devastating impact it might have on the environment. We’ve become too complacent, too dependent on oil. We need to be focusing on renewable energy.”

...



**Erin Henderson, Gulfport:** “I haven’t even thought of off-shore drilling or the consequences of how it would impact our beaches, or even drilling in general. We’ve been very fortunate and have avoided any real disasters here. But with this terrible spill, it really made me realize that we could be directly in the path. I’ve thought about buying Dawn dish detergent; I heard about a bird sanctuary in Sarasota that says they use it to clean the birds. I might send some down there. At least it’s a small way to help. But now they’re saying it may not get this far. I really hope it doesn’t.”

...

Gabber May 6 - May 12, 2010



**Simone and daughter Christine Frohne, Gulfport:**

**Simone:** “I didn’t want any off-shore drilling in the first place. A disaster of this magnitude here could devastate the economy and the wildlife. I can’t imagine what it’s going to do to the fishermen because even if it’s not here yet, it’s already impacting their livelihood. This is just a perfect example of how it would happen. My 83 year old mom is just sick about the dolphins. She’s so afraid it will kill so many of them. She says the only blessing, if there is one, is that maybe NOW they will stop more off-shore drilling because of this disaster. But what a horrible way to learn a lesson.”

**Christine:** “I don’t like it because it will kill all the animals and that’s not fair. We shouldn’t do this to them.”

...



**Jim Kilbourne, St. Pete:** “No, I was one of those dressed in black at the Hands Across the Sands protest at the beach to protest off-shore drilling. Raw, unprocessed oil in the ocean is just like mercury in a human body; it’s totally toxic. It gets into everything and the fragile wetlands are already an unbalanced and fragile ecosystem. This will kill the fish, which feed the birds; it will affect everything. As to drilling, ALL oil platforms leak; there has never been one made that didn’t have some sort of spillage. This disaster is just a prime example of the worst scenario they could ever predict and it’s really happening now. I’m just sick from this; it makes me want to cry, it’s that upsetting.”

...

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## The Community Garden is Ready for Planting!

GULFPORT-Abrandnewcommunity garden is ready to be planted! The garden is available to residents of both Gulfport and St. Petersburg; providing the opportunity to grow vegetables, annuals and other non-permanent plants in a plot of their own.

The garden is a grassroots endeavor being coordinated by a group of local gardening enthusiasts. It is

supported by the City of Gulfport and the South 49th Street Business Association. It is intended to provide a sustainable, educational, and aesthetically appealing garden in the Gulfport community. The garden is located on Preston Avenue between 51st and 52nd Street South. Plots are available for \$50 for a season, with two seasons a year (March-August and September-February). Organizers hope that eventually the garden will offer educational courses for both youth and adults on topics

ranging from organic gardening to xeriscaping. The focus will be on sustainable and organic gardening.

The grassroots community group is currently seeking gardeners with interest in having their own plot as well as volunteers to help with the garden. Plots are currently available for planting (sunny plots, approximately 60 square feet, water provided). More information is available by visiting [www.so49.org](http://www.so49.org), or to sign up and reserve your own plot please visit BanyanScapes Nursery, 932 49 Street S. in Gulfport.

...

## USCG Safe Boating Classes

U.S. Coast Guard Auxiliary Flotilla 78 has a 13-week continuous cycle of Safe Boating Classes every Tuesday, 7:30 p.m., Warren Webster Community Center, 1500 Pass-a-Grille Way, St. Pete Beach (1 mile south of Don CeSar) Start at your convenience. First class, come at 7 p.m. to register. Begin any Tuesday and finish 13 weeks later or take up to 2 years to finish.

May classes include: "Equipment for Your Boat" on May 11; "Waterway Watch/Trailer Your Boat" on May 18; and "Handling Your Boat" on May 25.

Cost is \$40 for 13 weeks and includes a new 400-page manual. Call Jim at 360-4846, or Warren at 321-7801, or Phil at 865-2226.

...



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## Register for Gulfport Women's Softball

The City of Gulfport Recreation Division will have open registration for teams to participate in the 2010 Women's Summer Softball League on May 17-May 21 from 8:30 a.m. to 5 p.m. at the Gulfport Recreation Center. The 10-game season will be played on Friday nights beginning June 4 with a 6-team maximum. It is on a first come sign up basis. League fees are \$385 or \$485 for teams with three or more non-residents, due at registration. For more information, please call John at 727-893-1079.

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## Splash & Dash Children's Biathlon

ST. PETE BEACH: The St. Pete Beach Recreation Division will host its first-ever "Splash & Dash" on Sunday, May 16 at the St. Pete Beach Community Center Complex, 7701 Boca Ciega Drive. This is a non-sanctioned children's biathlon event featuring a pool swim and fun run in the park, open to children ages 5 to 12. Registration fees are \$5 per child and include an event medal and admission into the post-race "Splash Bash" featuring music, games, play on the water slides, contests, prizes and much more. Registration begins on Monday, April 5. Visit [www.spbrec.com](http://www.spbrec.com) or call 363-9245 for additional information and ways to get involved with this great event as a volunteer or sponsor.

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## Town Shores Red Hatters

The Town Shores Red Hatters enjoyed their Cinco de Mayo Day by sampling delicious treats prepared by their members. Their next event will be lunch at Chattaway's on 22nd Ave. and 4th St. S. in St. Petersburg at 12:30 p.m. on Monday, May 17. Call Julie at 343-6587 or Bev at 381-2122 for reservations or if you need a ride. Wear your red and purple garb.

...

## GEMS Goes to Market

GEMS will take you to Gulfport's Fresh Market on the first Tuesday of each month from 9 a.m. to noon free of charge. You don't have to be a registered GEMS member for this trip. Would you like an arm to lean on? A Senior Center volunteer would love to assist you. Call GEMS at 727-893-2242 to reserve a ride.

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is served from 10am - 2pm featuring our signature Eggs Benedict, Omelettes and Banana stuffed French Toast and awesome Bloody Mary's. We also offer a full lunch menu with Cobb, Caesar and Spinach Salad and assorted wraps, Burgers, sandwiches and fresh fish. Complimentary Mimosa or Mint Julep for MOM.

## DINNER 4-8pm

All items on the Isabelle's Menu plus Specials:

Grilled Veal Chop	All \$18.95
Rack of Lamb	
or Seared Escolar	

Complimentary glass of House Wine for MOM.  
Reservations strongly encouraged.  
Music from 4-8pm by Chuck Cobb

## Senior Center to Celebrate Accreditation

The Gulfport Multipurpose Senior Center received national recognition as a fully accredited Senior Center in January of 2010 by the National Institute of Senior Centers (NISC), a constituent unit of the National Council on Aging. The prestigious award signifies that the Senior Center has met the high national standards set for Senior Centers by NISC.

The Gulfport Senior Center will have an Accreditation Celebration on Wednesday, May 19 with the Office on Aging of St. Petersburg Manager and NISC representative Jay Morgan presenting the award. The Senior Center will also honor Senior Services Coordinator Cynthia Dean who spearheaded the project and dedicated countless hours compiling the required documents. This celebration is proudly sponsored by the Gulfport Chamber of Commerce. Staff has invited participants,

volunteers, and community partners to help celebrate this honored distinction. The Area Agency on Aging of Pasco-Pinellas, Inc. and representatives from local, state and federal levels of government have also been invited.

...

## Taoist Tai Chi Grand Opening

Taoist Tai Chi St. Petersburg will celebrate the grand opening of their new, expanded center with an open house featuring Tai Chi demonstrations, a lion dance, children's activities, and refreshments on Friday, May 14 from 6:30-8:30 p.m. at 1811 MLK Jr. Street N. in St. Petersburg. Free. Call 896-2620.

...

## Prepare Your Boat for a Hurricane

The St. Petersburg Sail and Power Squadron will present the United States Power Squadron's Seminar Series program, Hurricanes and Boats, on Wednesday, May 19 from 7-9 p.m. at St. Petersburg Sailing Center, 250 Second Avenue SE, Demens Landing, St. Petersburg.

This mini-seminar covers how to select a location and prepare your boat for a hurricane. The program includes student notes and copies of the slides. Instruction is free. Materials \$10 per family. Maximum of 20 students. Pre-registration is required. Contact: [www.boating-stpete.org](http://www.boating-stpete.org) or call 727-525-0968 to confirm your registration.

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# Crossword Puzzle

Solution on Page 18

## ACROSS

- 1 El \_\_\_\_, Texas
- 5 Snare
- 9 With 23 Across, Armstrong's "One \_\_\_\_"
- 14 Actor Rachins
- 15 Sharpen
- 16 Cap: prefix
- 17 Sort of stationery
- 18 Little bit
- 19 "A Bell for \_\_\_\_"
- 20 Roger Bannister's four- \_\_\_\_
- 23 See 9 Across
- 24 Hebrew letter
- 25 100th anniv.
- 26 Hardy heroine
- 27 "... two \_\_\_\_"
- 31 Ms. Bonheur
- 33 French reflexive
- 34 Nicholas, for one: var.
- 36 Nanny
- 40 Trunks
- 42 Goal
- 44 Kind of surgeon
- 45 Nine \_\_\_\_
- 47 Cold wind
- 49 Dir.

- 50 Ages
- 52 Three sisters, of "Macbeth"
- 54 Cinderella's delight
- 57 DDE
- 59 \_\_\_\_ Filippo Lippi
- 60 Landed
- 61 "... \_\_\_\_ five"
- 66 Math functions
- 68 Doc Simon
- 69 Grape or cream
- 70 Tennis player
- 71 Joint
- 72 Author Leon
- 73 Thick
- 74 AKA Dupin
- 75 Prepare for a trip

## DOWN

- 1 Areca
- 2 Jai \_\_\_\_
- 3 Pitching great
- 4 Working
- 5 Ali Baba's forty
- 6 Area
- 7 Caper
- 8 Bell ringer
- 9 Resort
- 10 Where Augusta is, in Maine

- 11 Winged
- 12 Certain consonants
- 13 Nooses
- 21 More sapid
- 22 Eve's grandson
- 27 Ratio words
- 28 Dupe
- 29 Charlie Parker
- 30 Drivers' org.
- 32 Old Blue Eyes
- 35 Eve, to Adam
- 37 Big tooth
- 38 Gaelic
- 39 Deer
- 41 Bessemer factories
- 43 Place for hay
- 46 Innocent, in Nice
- 48 Flipped cards
- 51 Polecats
- 53 Burger addition
- 54 Located
- 55 Alert
- 56 Napery
- 58 Greek girl
- 62 Legal claim
- 63 Israeli dance
- 64 Like a lyric poem
- 65 Hallowe'en deceiver
- 67 \_\_\_\_ Jeanne d'Arc

1	2	3	4	5	6	7	8	9	10	11	12	13	
14				15				16					
17				18				19					
20				21				22		23			
		24				25				26			
27	28	29			30		31		32				
33				34		35		36			37	38	39
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45					46		47		48			49	
			50			51		52			53		
54	55	56			57		58		59				
60					61			62			63	64	65
66				67		68				69			
70						71				72			
73						74				75			

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# Points On Pets

By Matthew Margolis

## Animal Cruelty Versus Free Speech

I am not a lawyer. I am not a judge. But as a U.S. citizen, I take an interest in the goings on of the Supreme Court. And as an animal lover, I am supremely disappointed in their collective judgment regarding *United States v. Stevens*.

On Tuesday, April 20, the high court struck down as "substantially overbroad" a federal law making it a crime to depict animal cruelty in commercial expression. Justice Samuel Alito was the lone dissenter.

The newly overturned law banned the sale and distribution of "crush videos" -- videos in which women in high heels violently stomp to death and otherwise torture puppies and kittens for the sexual gratification of the viewer.

Wayne Pacelle, president of the Humane Society of the United States, said the passage of the law in 1999 achieved the intended effect of annihilating the market for such videos. But since 2008, when a federal appeals court threw out Robert Stevens' conviction under the law, the Internet market for crush videos has been thriving.

In his dissenting opinion, Alito set forth that this "valuable statute ... was enacted not to suppress speech, but to prevent horrific acts of animal cruelty -- in particular, the creation and commercial exploitation of 'crush videos,' a depraved form of entertainment that has no social value."

On any given day, there exists a multitude of speech with which I would not agree should my supply of oxygen depend on it. Just two days before this ruling, white supremacists gathered outside Los Angeles City Hall in protest. Of what? I'm not convinced even they knew. But if they want to peaceably rest on their ridiculous laurels on the lawn of city hall, more power to them.

In order to "secure the Blessings of Liberty" as laid out in the Constitution, we must put up with ideas and people that make our skin crawl. If we want the serial killer locked up for good, we must ensure his right to due process is satisfied. If we want the freedom to counter-protest neo-Nazis, we must embrace their right to gather and express themselves. In this, there is intrinsic social value.

But in the graphic torture of small animals? Not in the farthest reaches

of my imagination can I muster even an iota of social value in the protection of such expression.

Justices and lawyers stretching to extend the First Amendment to cover depictions of animal cruelty engaged in an exercise of hypotheticals: What if an animal rights organization wants to produce a video that uses graphic images to make a point? What if hunters want access to instructional videos on killing and cleaning their prey?

Under the law, both of those scenarios were permissible, as the bill contained an exception for items that have "serious religious, political, scientific, educational, journalistic, historical or artistic value."

"Crush videos" fall under none of those exceptions, and most of us would be hard-pressed to articulate their inherent social value.

The battle may be over, but the war is not won. In disposing of the old law, the Supremes all but begged Congress to write a new one.

In anticipation of this verdict, the co-chairs of the Animal Protection Caucus did exactly that. Reps. Elton Gallegly, R-Calif., and Jim Moran, D-Va., along with 54 co-sponsors, have already introduced "more narrowly focused legislation (that) would prevent video depictions of drowning, impaling, burning and crushing of animals, while addressing constitutional concerns outlined by the court."

It's anyone's guess as to whether the new bill will satisfy the Supremes' on-again, off-again love affair with the First Amendment. Regarding its predecessor, as Alito put it, "the Court's interpretation is seriously flawed."

...



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# Horoscope Guide

**TAURUS** (April 20-May 20). You'll hit some traffic on the road of life. That's natural when you want something that many other people want, too, and you are all going for it at the same time. In a way, this makes the road safe, because everyone is moving slowly toward the goal. The slower pace will give you the time to ponder different future routes.

**GEMINI** (May 21-June 21). You'll be inspired early in the week. Make a list of the bright things that cross your mind. You won't be able to act on them all in one week. But one of these action steps -- it will be obvious which one -- is such a fantastic idea that it will propel you forward with great velocity toward the person you want to become.

**CANCER** (June 22-July 22). You could complain about the way a loved one is behaving. You could. But you prefer to blithely ignore the less than ideal circumstance and instead be a gourmand of cheerful thoughts, happy connections and big dreams -- absolutely stuffed with joy. What you focus on will grow and take over the rest.

**LEO** (July 23-Aug. 22). Long ago, you decided there was something you wanted to do and were willing to work for it. It may have been difficult for you to go through the early stages of the process, but now you're almost at the end. Reach your hands toward the reward. An energy boost on Thursday will help you to accelerate in the final stretch.

**VIRGO** (Aug. 23-Sept. 22). It's an anxious feeling, waiting for someone to call you back. You'll be tempted to leave more messages and e-mails and generally pester someone until they respond. But the opposite approach will work: Forget about it. Do something else. Focus on all the people who answer your requests in a timely manner.

**LIBRA** (Sept. 23-Oct. 23). Wait to make a move. Talk about the move you are considering with a variety of people. One person thinks it's extreme, and another finds it completely normal. Keep throwing out ideas. Try to get a consensus of opinion. Do not go forward until you have a plan that many people think is a good one.

**SCORPIO** (Oct. 24-Nov. 21). The show must go on, and you're the one who must make sure of it. Less experienced types may try to bow out, and you'll be the impresario who keeps the tap dance going. Luckily, you'll be surrounded by entertaining characters who don't mind being thrown into the spotlight as a lovely diversion.

**SAGITTARIUS** (Nov. 22-Dec. 21). Something blocks the completion of a project -- something you are not big enough to see over. You need a ladder -- or to ask a helicopter flying over to report on what it is and how to get around it. Ask questions. If you don't get answers, take it as a sign that the timing isn't right, and move on to the next endeavor.

**CAPRICORN** (Dec. 22-Jan. 19). Instead of worrying about where the garbage goes or the plight of children and the elderly, you'll be focusing your energy on a job that has meaning only to a few select people. It's as good a place as any to put your energy, and by doing so, you have a fair shot at improving all else that ails the world.

**AQUARIUS** (Jan. 20-Feb. 18). Just when you think there isn't room in your head for one more password, account name or bank number, someone comes along and asks you to take on a responsibility that includes handling a slew of such things. Plus, you'll be watching out for another person. You'll be greatly enriched by taking the whole thing on.

**PISCES** (Feb. 19-March 20). Much good comes of knowing yourself well. Observe the feelings that come up as you reflect on your life. Dig into your history, read what people wrote about you in your yearbook, or cobble together your philosophy on life and write it down. Through the process of self-discovery, you become magnetically attractive.

**ARIES** (March 21-April 19). A certain way of doing things has become standard practice. But it wasn't always this way. And it won't be this way for long. As the routine gets disrupted and overturned, be calm and observant. You'll likely be the first one to recognize an opportunity in this. Act on your impulse. Seize the moment.

**This Week's Birthdays:** A subtle turn of events will have a remarkable impact on your year. The way you think and the actions you take will add up to an impressive result by the end of this month. You are the recipient of an award in June. New work comes your way in July. August brings an exciting detour in a relationship. You grow closer through shared adventure. You'll experience a personal victory in September because of what you contributed to a group. A financial bonus boosts your lifestyle in November.

...

## Music at Gulfport Beach Pavilion

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"Copa Jane"

**Wednesday, 1-3 p.m.**

Melody Tunes Karaoke

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**Friday, 1-3:30 p.m.**

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## How Safe is your Boat?

When was the last time you checked your fire extinguishers, made sure that your visual distress signals were in date or even your (life jackets) PFDs are in proper working order? All of these and more items are checked in the Coast Guard Auxiliary Vessel Safety Check program.

Coast Guard Auxiliary Flotilla 7-16 will be doing vessel safety checks at the Gulfport Municipal Marina on Sunday, May 23 at 8 a.m. and ending at 2 p.m. Come one and all for a free vessel safety exam. If you can not make it to the Gulfport Marina for a vessel safety check, then please call Don at 546-1514 or Jim at 322-1505 to schedule an exam.

...

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		4924 TANGERINE AVE. SO.	
TANGERINE AVE. SO.		1909 49TH St. So.	
	49TH		Business Storage Welcome

**CALL 321-9202**

## Former Gulfport Deputy Clerk Appointed to Economic Development Board

GULFPORT- City council appointed former deputy clerk Elaine Barclay to serve on the Economic Development Advisory Committee (EDAC). Vice-Mayor Michele King recommended Elaine Barclay for the position. The mayor and each of the council members each appoint one member as well as two alternate members appointed by a committee. Ms. King's former appointment, Deb Taylor, resigned. Ms. Barclay will finish that term, which will expire in July 2011.

...

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RELAXATION DESTINATION

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Open 7 Days 8am-10pm

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*Sunday is Always Ladies & Couples Day!*

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Lic MM20076 (6772)

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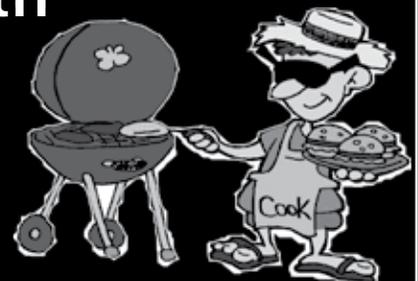
A Friendly  
Neighborhood  
Bar

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St. Petersburg, FL 33711  
theoarhousebar.com

**327-1691**

**MM Performing**  
**Friday, May 7th**  
6-9p

**Free Cookout**





# Gulfport Leisure

## Recreation Center 5730 Shore Blvd. So 893-1068

**RECREATION WEBSITE**-www.mygulfport.us and follow the links: City Departments, Leisure services, Rec. Center.

### ACTIVITIES

**Open Gameroom** - Tues. & Thurs., 9 a.m.-2 p.m.

**Adult Basketball** - Mon., Wed. & Fri, 9 a.m.-2 p.m. and Thurs., 6-9 p.m.

### PROGRAMS

**School Year Child Care Program** - Grades K-5, (up to age 14 on in-service days).

**Teen Night** - Teens, age's middle school to 17. Mon., Wed. & Fri. 6-9 p.m.

**Tot Time Program** - Ages 3-5 year old, 8:30 a.m.-12 p.m.

### WOMEN'S SOFTBALL

Open Registration for teams is May 17th-May 21st. The 10-game season will be played on Friday nights beginning June 4th with a 6-team maximum. It is on a first come sign up basis. League fees are \$385 or \$485 for teams with 3

or more non-residents, due at registration. For more information please call John at 727-893-1079.

**NEW CLASSES**- Interested in teaching a class? Call John at 727-893-1079 for more info

**CLASSES** - Call instructor for more information

• Belly Dance - Starts April 13th, Tues., 6:45 p.m. Call Daniela at 561-302-6174.

• Body Sculpt - Tues., 6:30 p.m. Call Billie at 239-313-0876.

• Dog Obedience - Call Lisa at 772-3631.

• Fencing - Wed., 4:30 & 5:30 p.m. Call Jim Campoli at 813-855-3112.

• Floral Design - Call Laurie at 289-4818.

• Gymnastics - Fri., 5:30 p.m. Call Barbara at 804-9400.

• Karate - Mon. & Fri., 6:30 p.m. Call Diane at 459-1399.

• Knitting Class- Thurs. 10:30 a.m. Call Latoya at 823-0437

• Nia - Wed., 9:00 am. Call Kaluwa at 729-9410.

• Noisemakers - Call Gabe at 345-7472.

• Sumyie - Wed., 6 p.m. Call Mike at 320-5035.

• Tai Chi -Thurs., 9 a.m Call Marge at 345-6708.

• Tennis - Tues., 4:30 p.m., 5 p.m. and 6 p.m. Call Jack at 430-0690.

• Watercolor with Patsi -Beginners/Intermediate- Thurs., 6:30 p.m. Call Patsi at 501-3559.

• Yoga in the A. M. - Wed., 9 a.m. Call Valerie at 557-4258.

• Yoga - Thurs., 6:30 p.m. Call Tamara at 512-2763.

• Zumba - Thurs., 6:30 p.m. Call Daniela at 561-302-6174.

### TOMLINSON SKATE PARK

ALL skaters must purchase a sticker. Annual cost is \$5 res. /\$10 non-res. Skaters 17 years of age and younger must be accompanied by a parent, have proof of residency and fill out a consent form. Availability to register: Monday - Friday, 9 a.m.-8 p.m.



## Gulfport Library

5501 28th Ave. So. 893-1074

or fax 893-1072

**Gulfport Creative Short Story Writers:** Every Wednesday, 10:00 am.

**One-on-One Computer Instruction:** By appointment only--contact Alex Hooks at the Reference Desk, or call 893-1073.

**Scrapbookers Club for Teens & Adults:** Saturday, May 8, 1:00 pm. Make beautiful pages of memories.

**Crafts Club for All Ages:** Saturday, May 8, 2:00 pm. Mother's Day crafts. Presented by Pat Brinkley.

**Coffee/Talk Movie:** "The Scarlet Letter," Wednesday, May 12, 1:30 pm. Parts 1 & 2; and Wednesday, May 19, 1:30 pm, Parts 3 & 4. (60 min. ea.) Starring Meg Foster as

Hester Prynne, and John Heard as Arthur Dimmesdale. WGBH Boston, 1979.

**Suncoast Computer Users Group (SCUG):** Thursday, May 13, 6:00 pm.

**The G & O Book Club:** Saturday, May 15, 1:30 pm. Philosophical discussion group based on the works of mystic G. I. Gurdjieff and philosopher P. D. Ouspensky.

**Coffee/Talk Book Club:** Thursday, May 20, 10:00 am. Discussion of The Scarlet Letter, by Nathaniel Hawthorne. Books / discussion guides are available at the Reference Desk. (Discussion title for June 17 will be Wuthering Heights, by Emily Bronte.)

**Genealogy Discussion Group:** Saturday, May 22, 1:00 pm.

Unless otherwise noted, all programs and meetings are held in The Frances Purdy Friends Room

Open Monday-Friday: 10am-7pm & Saturday: 10 am-4 pm

All meetings and programs are free and open to the public. PROGRAMS AND DATES ARE SUBJECT TO CHANGE.

check our website www.mygulfport.us/gpl

Search for/reserve items on our online catalog: polarislibrary.com

Gabber May 6 - May 12, 2010

# Services *City Sponsored Activities* *in the Community*

**Senior Center** 5501 27th Ave. So. 893-1231

## SPECIAL ANNOUNCEMENTS

**Flea Market May 7:** Great bargains are waiting just for you at our Flea Market on Friday, May 7 from 9am to 1pm. Jewelry, cookbooks, gardening items and small kitchen appliances are just some of the items available! Don't miss out!

**Diabetic Educator:** Interested in learning more about diabetes? A diabetic educator from Edward White Hospital will offer a special presentation on Mon. May 10 at 10am.

## SPECIAL EVENTS

**Accreditation Celebration:** Senior Center volunteers, participants, sponsors, partners and friends, please come and party with us on Wed. May 19 at 1:30pm as we celebrate our newly designated status as a nationally accredited Senior Center. The event will include special guests, free refreshments and entertainment.

**Free Pass to the Fitness Center:** The Senior Center will celebrate National Health and Fitness Day on Wednesday, May 26. A free pass to the Fitness Room will be available on that day from 1-4pm for those 50 and over.

**American Red Cross & You:** Are you ready for Hurricane season? The American Red Cross would like to share their expertise with you on Wednesday, June 9 at 1pm at the Senior Center.

**Ice Cream Social:** Mark your calendars now for an old fashioned Ice Cream Social on Mon. June 21st. Watch the Gabber for further details.

## SPECIAL SERVICES:

**Grandparents Raising Grandchildren:** A support group for grandparents raising their grandchildren meets on the last Tuesday of every month (May 25) at 10am. Learn about available resources to make care giving responsibilities easier.

**Phones for Hearing Impaired:** Having trouble hearing on your phone? Try one of our specialized phones with no out of pocket cost to you. The phone distribution will be held on Tues. May 18, 9:30-10:30am.  
*Gabber May 6 - May 12, 2010*

11:30am. Courtesy of Deaf & Hearing Connection.

**Elder Law Clinic:** Seniors 60 and over who are income eligible can receive free legal assistance with wills, living wills, powers of attorney, and health care surrogates on Friday, May 21 at 9:30am. Call for more info.

**Transportation for Gulfport Seniors:** Gulfport seniors 55 & over who would like door-to-door transportation service for medical appointments, grocery shopping, beauty/barber shops, etc. please call GEMS at (727) 893-2242. Annual membership: \$50 and \$1.00 for each one way trip. All rides to the Senior Center are free. A free ride is also offered on the first Tues. of each month to Gulfport's Fresh Market. Call for more info.

**Telephone Reassurance:** A friendly phone call each morning is available for Gulfport seniors who live alone. City volunteers offer this free service with your safety in mind. Call now for more information.

**AARP Driving Classes:** are held on the first two Tuesdays of every month from 1-4pm. Call 343-9044 to register and fee info.

**Ongoing Support Groups:**  
Diabetic Support (Every Mon. at 10am)  
Hearing Support (1st & 3rd Mon at 2pm)

## JUST FOR FUN

**Bingo:** Fridays at 1pm.

**Wii Bowling** every Thurs. at 1pm and every first and third Tues. at 6:30pm. More bowlers are needed for the evening sessions so come and join the fun! Thanks to the students at Stetson College of Law for being a part of this activity.

## Other Fun Activities

Cards, Harmonica, Language Classes, Exercise Classes, Bingo, Tai Chi, a Fitness Center and much more! Come and check us out!

**Join our E-mail List:** Send us your e-mail address at cdean@mygulfport.us or sfrank@mygulfport.us and we will send you our monthly activity calendar and notices on special events.

**Neighborhood Center**  
**1617 49th St. So./893-1070**  
**Overeaters Anonymous: Sun.**  
6:15-8:15pm



**5501 27th Ave. So.**  
**893-1070**

**Tampa Bay Children's Theater**  
*proudly presents*

**"SLEEPING BEAUTY"**

**Sun., May 9, 1:30 p.m.**  
\$7.50 General seating  
\$10 Reserved  
Call 727-786-7544



**5500 Shore Blvd. So.**  
**893-1070**

**SIG HARDER'S BAND & DANCE**  
Social & Ballroom Dancing  
**Sun., May 9, 6-10pm \$7**

**WEEKLY DANCES**  
**Every Tuesday**

**Ballroom Lessons** 12-3pm \$7  
12-1 Inter, 1-2 Beg., 2-3 Dancing  
**Argentine Tango** 6:30-10:30pm \$7  
6:30-1st timers, 7-8-Beg. Lesson,  
8-10:30pm Practica/Milonga

**Every Wednesday**  
**Swing Dance** 6-11pm \$7  
6-8 Lessons, 8-11pm Swing Dance

**Every Thursday**  
**Salsa Dance** 7-10pm \$7  
7-8:30pm Lessons,  
8:30-10pm Dance

## Players to Hold Annual Membership Meeting

The Gulfport Community Players will hold their Annual Membership Meeting and Elections at the Back Door Theater on May 28 at 7 p.m. All members are urged to attend. Reports will be read and elections will be held. You must be a member of the Players to vote in the election. The meeting will be held at the Players' Back Door Theater, located at 4919 17 Avenue S. in Gulfport.

The Board approved a new "Earned Membership" class recently and, from now on, any person who devotes 25 or more hours of volunteer time to the Players (including actors and stage crew) from June 1, 2009 through May 31, 2010 will earn a one year paid membership to the Gulfport Community Players for the following year. This free membership allows the person to vote in the annual elections held on the last Friday of May each year.

The Board welcomes any of its members in good standing to serve on the board. Please contact Eileen Navarro at 727-322-1422 for more information.

...

## Seniors' Chat Room

Experience table topics with the Gulfport Senior Center's Chat Room every Friday at 2 p.m. The Center is located at 5501 27 Avenue S. in Gulfport.

...

**Shaner's**  
**LAND & SEA**  
**MARKET**

Your family owned and operated neighborhood market

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2000 Pass-A-Grille Way  
St. Pete Beach, FL. 33706  
8AM to 7PM  
7 Days A Week



## No Oil On Our Beach!

By Melissa Lattman

Signs just outside The Surf Shack by Crabby Bills on Gulf Boulevard in St. Pete Beach, get the word out that there is no oil on the beach behind the shop. Rob Holdaway, a Buyer for Surf Shack, said they were watching TV and everything was getting blown out of proportion. They thought there should be more focus on the loss of lives like those from flooding in Tennessee. They were also getting concerned that people from outside the local area would think the oil spill was a Florida-wide thing, Holdaway said.



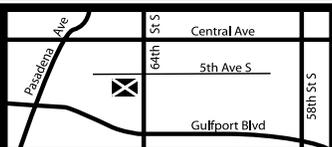
# GATOR WASH

**Home of the 4 Minute Wash**

**2 Minutes To Drop Off**

**2 Minutes To Pickup**

Coin Laundry



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(Convenient to Stetson, Gulfport,  
South Pasadena & Central Ave.)  
**345-3914**

**AIR CONDITIONED**

**NEW MACHINES**

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**80¢/Pound**

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**OPEN 24 HOURS**

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MONDAY TO SATURDAY From 8 AM to 6PM

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**Best Prices in Town**

**\$1.25 WASH**

**DOUBLE LOAD WASHERS**

MONDAY TO FRIDAY From 6 AM to 3PM

Dry Cleaning and Alteration Services Now Available

Now Accepting Credit Cards





## Help Them Out

American Legion Post 125 will hold a benefit barbecue for Katana M. and wounded warriors on Sunday, May 16 from 12 noon to 9 p.m. The Post is located at 6440 Fifth Avenue N. in St. Petersburg.

Little Miss M. has Type 1 diabetes and needs to raise money for an operation. The family has raised half the money. Now the American Legion is trying to help raise the other half. All other funds raised after the goal is met will go to our troops in the Wounded Warriors to help them and their families in their time of need.

The barbecue dinner will be served from 1-6 p.m. and will include ribs or chicken, baked beans, potato salad, cole slaw, rolls and ice tea. Cost is \$7 for adults and \$5 for children 12 and under.

The event is family friendly and includes a 50/50 drawing every hour. Put together by the Southern Knights Band, over eight bands from around the state will be playing inside and outside. Pick up artists are welcome, so bring your instrument and join the fun!

...

## PAWS for Patriots Golf Tournament

American Legion Auxiliary Unit 305 will present a PAWS for Patriots Golf Tournament on Tuesday, May 25 at Isla Del Sol Yacht & Country Club, 6000 Sun Boulevard in St. Petersburg. The event is a 4 Person Scramble with a 1 p.m. shotgun start. Their goal is to raise \$5,000 to assist

veterans with visual impairments and those recovering from serious injuries. All proceeds will benefit PAWS for Patriots, a program that provides guide or therapy dogs to increase mobility and independence for injured veterans.

The Auxiliary will hold a dinner, raffle and auction at Post 305, 6999 Gulf Boulevard in St. Pete Beach

at 6 p.m. A round of golf, cart and dinner is \$70. Dinner only is \$20. Hole sponsorships are available for \$100. Checks should be made payable to ALA Unit 305 and mailed to Dee Bell, 326 72 Avenue, St. Pete Beach, FL 33706. RSVP by May 18. Call 727-360-1423 for more information.

...



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A Tampa Bay Landmark for over 30 Years  
One Collary Road, Tierra Verde  
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Wednesdays Motown Night with "No Slack"

**Music 7 Nights A Week!**

**Pork Tenderloin topped w/garlic shrimp**  
**\$9.95** Served 4-6 Daily

**Stone Crab Season is Winding Down**  
**Get it While You Can!**

**"Billy's Shore Platter"**  
fried seabass, scallops with potato & slaw  
With Coupon, Exp. 5/12/10 **\$6.99** good 12-6:30pm

**2 lb. Snow Crab Meal**  
**\$17.95**  
served open to close

**MOTHER'S DAY**  
Weekend Special  
**10% Off**  
ENTIRE BILL  
Valid only May 7th, 8th & 9th



New/Gently used children's & baby's clothing/Toys/Gear etc...

**CLOTHING BLOW OUT**  
**\$1.00 OFF** Any Clothing over \$1.

OPEN Tues. -Fri.: 11 a.m. -5 p.m.  
Sat: 12 noon-5 p.m.  
7109 9th Ave. N., 727-235-1201

# PARTNERS

## Sports Café

**727-827-2831**  
**2924 5th Ave. N. St. Pete, FL. 33713**

**Thursday**  
**Prime Rib Dinner \$9.95**  
5pm till close

**May Special**  
**Half Rack of Ribs \$7.55**  
with Fries, Coleslaw & Beans  
open to close

**Sunday**  
**Happy Mother's Day!**  
**Sunday Breakfast**  
**It's a Tradition!**



# Local Obituaries

**CHAMPAGNE, ENIS PAGELLA**, 88, of South Pasadena, passed away April 18, 2010, at the home of her daughter in Seminole. She came here in 1960, from Springfield, MA. She was a nurse at Mound Park Hospital in St. Petersburg, later becoming a private duty nurse until her retirement in 1997. She is survived by her daughters Deanna Trudell of Springfield, MA, Frances Mokrzecki of West Springfield, MA, Nancy Coventry of Seminole; son Robert Champagne of Bryson City, NC. She was preceded in death by her parents Amelia and Battista Pagella and sister Josephine and brother Louis. She is survived by her sister Irene White and brothers George and Raymond as well as 11 grandchildren and 10 great grandchildren. Memorial contributions can be made to Suncoast Hospice. National Cremation of Clearwater. Interment at Sylvan Abbey of Clearwater at a later date.

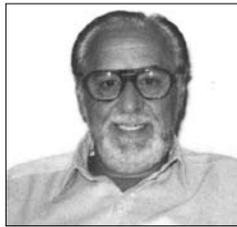
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**GLOWASKI, FRANK E., SR.**, 96, of South Pasadena, passed away on April 24, 2010. He was preceded in death by his loving wife Bernice. He is survived by his son Frank, Jr. (Rosemary) of Murphy, NC and by his daughter Carolyn Christopher of Atlanta, GA.; 3 grandchildren, Alice Ohler, Richard Glowaski

and Jennifer Mclean; and by his two great-grandchildren Mathew and Kristen Grdgon. Frank was very active in his community of Paramus, NJ and retired as a mechanical engineer from Lockheed Martin in Orlando, FL. Viewing will be on Thursday, April 28th, from 10 am to 1 pm with a service at Baldwin Fairchild Funeral Home East Altamonte location, Baldwin Fairchild Funeral Home, 994 East Altamonte Drive, Altamonte Springs, FL. Please sign the guestbook at [www.baldwinfairchild.com](http://www.baldwinfairchild.com).

...

**In Loving Memory of  
FRED MOLELLA  
May 29, 1924-May 14, 2005**



My dearest Fred,  
Every single day,  
memories of you come my way.  
I keep in my heart  
the memories of the past,  
for there they were planted  
forever to last.

Love you,  
Flo

...

## ATTENTION



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Richard Miller, DO  
Kristin Witfill, DO  
Bonnie Nestler, ARNP  
Mary Cirincione, LA

**Kenneth City**  
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4707 66th St. N. (by Sweetbay) M-F 8:30-8:30  
Sat 9-6 • Sun 12-5

**Lighthouse Crossing**  
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3993 Tyrone Blvd.  
(Wal-Mart Ctr by Subway)  
M-F 9-9 • Sat 9-6

**S. Pasadena**  
**345-7769**  
6800 Gulfport Blvd.  
(Near Regions Bank next to CVS Pasadena Shopping Center)  
M-F 9-8:30 • Sat 9-6

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**M-F until 2pm**

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Same day service!**

<p><b>Kids Cut</b> <small>Free Shampoo &amp; Light Dry</small></p> <p style="font-size: 2em;"><b>\$7<sup>95</sup></b> <small>11 &amp; under</small></p> <p><b>Fantastic Sams®</b> <small>Blow-dry style, curling iron, set, design lines, or specialty cuts extra. GAB Expires 5/19/10</small></p>	<p><b>Adult Cut</b> <small>Free Shampoo &amp; Light Dry</small></p> <p style="font-size: 2em;"><b>\$10<sup>95</sup></b></p> <p><b>Fantastic Sams®</b> <small>Blow-dry style, curling iron, set, design lines, or specialty cuts extra. GAB Expires 5/19/10</small></p>
<p style="font-size: 1.5em;"><b>Fantastic Sams®</b></p> <p>YOUR STYLE AWAITS™</p>	
<p><b>Color Service</b> <small>Free Style &amp; Shampoo</small></p> <p style="font-size: 2em;"><b>\$35<sup>95</sup></b></p> <p><b>Fantastic Sams®</b> <small>Price will vary w/length or condition of hair. Haircut extra. GAB Expires 5/19/10</small></p>	<p><b>Quick &amp; Easy Perm</b> <small>Free Cut &amp; Shampoo</small></p> <p style="font-size: 2em;"><b>\$34<sup>95</sup></b></p> <p><b>Fantastic Sams®</b> <small>Price will vary with hair's length/condition. Design wraps extra. GAB Expires 5/19/10</small></p>

## SHINE Needs Volunteers

Do you want a volunteer position that is truly fulfilling and mentally stimulating? Then consider counseling seniors and the disabled with the SHINE (Serving Health Insurance Needs of Elders) program.

SHINE volunteers are both active and retired individuals from diverse career and cultural backgrounds. As a volunteer, you will receive initial training, continuing education and a supportive environment with dedicated colleagues.

If you have an inquiring mind, tact and sensitivity as well as a strong desire to help a vulnerable population, then SHINE may be the perfect volunteer opportunity for you.

Interested in knowing more? Call 727-570-9696, ext. 234.

...

## Old Cell Phones Can Be Lifeline for Seniors

Donate your old cell phones to the Senior Safety Phone Project, which provides seniors in Pinellas and Pasco counties with free emergency cell phones. The Area Agency on Aging of Pasco – Pinellas collects donated cell phones, tests and charges the phones, and then distributes them to seniors in the community. For a full list of the donation and distribution sites in Pasco and Pinellas counties, please call the Senior Helpline at 1-800-96ELDER (1-800-963-5337).

...

## KILGORE FAMILY CREMATIONS

Jacob M. Kilgore L.D.D.  
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Pinellas Park, FL. 33782

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## Yoga Classes in St. Pete Beach

The St. Pete Beach Community Center located at 7701 Boca Ciega Drive is offering Yoga classes appropriate for all skill levels. Check out the St. Pete Beach website [www.spbrec.com](http://www.spbrec.com) under Adult Programs, Yoga Classes, or contact Wendy Hessinger 727-686-0123, Cathy Sattler 727-367-7573, or Osha Ray 805-680-3877.

...

## Donations Needed for Kittens and Puppies

SPCA Tampa Bay is requesting donations from the community for kitten and puppy season. Donations include dry and wet kitten and puppy food, kitty litter, new puppy and kitten toys, towels, paper towels, blankets, collars, leashes and crates. Low cost spay/neuter programs available. Location is 9099 130 Avenue N. in Largo Visit [www.spcatampabay.org](http://www.spcatampabay.org) or call 727-586-3591.

...

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#### *Freedom of the Seas*

May - November, 2010 • 7 nights

Sail round-trip from Port Canaveral

From **\$579** Interior Stateroom



### Eastern Caribbean

#### *Freedom of the Seas*

November 28, 2010 • 4 nights

Special Sailing round-trip from Port Canaveral

From **\$352** Interior Stateroom

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### St. Pete Gateway

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(727) 577-5282

AAA Members and Nonmembers Welcome!

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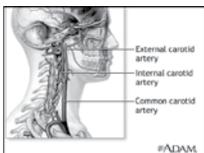
Prices are per person, double occupancy, cruise only, capacity controlled and subject to change. Government taxes and fees are additional. Other restrictions may apply. See your AAA Travel Professional for details. Ships' Registry: Bahamas.

# Stroke Prevention and More

**Friday, May 28th  
YMCA of Greater St. Pete  
3200 1st Ave. S.**

**Call for an appointment 1-888-667-7587**

**1. Stroke/Carotid Ultrasound ..... \$35**



This test visualizes build-up of plaque in the carotid arteries that may lead to stroke. Strokes are associated with carotid blockage. 50% have no warning signs.

**2. Abdominal Aortic Aneurysm (AAA) ..... \$35**

95% of ruptured AAA's result in death. The majority of victims have no symptoms.

**3. Arterial Disease (PAD) Test ..... \$35**

Ultrasound Doppler is used to detect poor circulation due to blockage in the extremities. An abnormal PAD test is a strong indicator of heart disease.

**4. Thyroid Ultrasound ..... \$35**

Scan to rule out cysts, nodules, goiters and tumors.

**5. Abdominal Ultrasound ..... \$85**

Helps identify cancers of the liver, pancreas, kidneys, spleen, gallstones, kidney stones and more.

**6. Heart Scan - Echocardiogram ..... \$95**

Screening to view wall motion, valves, enlargements, calcifications, stenosis, prolapse, blood clots, tumors and fluid around the heart.

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**Q. How accurate are these health screenings?**

A. Our adherence to stringent protocol, highly trained sonographers, state-of-the-art ultrasound machines, and board certified interpreting radiologists make the screenings exceedingly accurate. Physician written protocols ensure consistency and accuracy.

**Q. Why should I have these tests if I have no symptoms?**

A. It is important to have a screening to identify problems before symptoms arise, potentially avoiding a serious health crisis. Unfortunately, our body's warning signs often come too late.

**Q. Does my doctor do these tests as part of my routine checkup?**

A. Most physicians can only prescribe ultrasound tests if you are already having symptoms, not for prevention reasons. Prevention Plus is here to identify disease before a problem occurs.

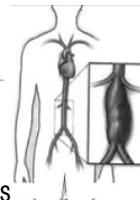
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Board-certified physician reads all tests and only registered sonographers perform exams.

## Volunteer Advocates Needed

The Long-Term Care Ombudsman Program administered by the Florida Department of Elder Affairs is seeking volunteer advocates for residents living in nursing homes and assisted living facilities to investigate complaints concerning their rights on issues such as food, staffing, funds, medication, abuse and neglect. Volunteers are trained to assess these facilities for federal and state law compliance.

Anyone with advocating and administrative abilities may apply. Retired individuals and couples are welcome. Mileage and meal reimbursements are provided at the state rate for all official ombudsman duties.

Please call 588-6912 or 1-888-831-0404 to volunteer.

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**Last Week's Winner:  
Ronald L. Nelson, P.A.**

Excerpts heard at the May 26, 2009

## Gulfport City Council Meeting

# Public Comment & Council Quotes

*"You pick up the phone and you can get a quick response,"* – Margarete Tober, thanking Fred Metcalf and Jim O'Reilly for assisting her with a permitting issue.

*"On the consent item 2010-30: I'm here, absolutely for that concept. My question is that it is on the consent item. Having watched the workshop there was thorough discussion of that item... It's conceivable that there would be people who would want to discuss this...I think this is kind of a dangerous precedent."* – Bob Newcomb, who pointed out that there was no public input allowed on consent agenda items. Item 2010-30 allowed council to appoint Andrew Salzman as the city attorney.

*"We have a motion; is there a second to that? It dies for lack of a second."* – Mayor Mike Yakes, about Councilmember Jennifer Salmon's motion to remove item 2010-30 from the consent agenda. Ultimately, Vice-mayor Michele King seconded the motion to remove the item from the consent agenda.

*"Most of the homes there are 1950s, so how will they be ADA approved?"* -- Gwen Collins, asking about the land-use changes that will allow businesses to operate out of private homes.

*"Just remember today as the day you still like me,"* – Andrew Salzman, upon city council approving a contract between his firm and the city for attorney services.

## Gulfport Allows Permit-less Yard Sales on First Saturdays

Gulfport residents can have garage sales the first Saturday of every month without having to apply for a free permit. After two meetings where council debated the merits of an ordinance suspending the current rules about garage sales, council voted to suspend portions of Section 13-35 for one more year. Section 13-35 deals with permits for yard sales.

Councilmember David Hastings spoke against suspending the rules, and councilmember Jennifer Salmon said she had hoped to find a workable compromise. Councilmember Sam Henderson said he didn't see a reason to vote against extending the suspension of the rules.

"We haven't had any problems; we haven't had any complaints. I'm not sure what theoretical problems we're talking about," Mr. Henderson said.

"I have a problem trying to fix something that's not broke," Mayor Mike Yakes agreed.

"We did have complaints, at the last meeting," Ms. Salmon said.

"Were there any complaints while the yard sales were going on?" Mr. Henderson asked city manager Jim O'Reilly, who said there were not.

The motion passed with a 3-2 vote, with Ms. Salmon and Mr. Hastings casting the assenting votes.



# Somethin' on my mind

By Bill Northrop

B\_Northrop@theGabber.com

## Are You an American Citizen?

Speaking of immigration (I wrote about it last week), how tough is it to pass the citizenship questions? I checked the internet and came up with about 100 questions that citizenship candidates might have to answer. The question is: Can you?

Try these:

1. What do the stripes on the flag mean?
2. How many changes or amendments are there to the Constitution?
3. What are the three branches of our government?
4. Can you name the two senators from your state?
5. How many representatives are there in Congress?
6. What are the duties of the Supreme Court?
7. What is the Bill of Rights?
8. Who becomes President of the United States if the President and the vice-president should die?
9. Who is the Chief Justice of the Supreme Court?
10. Can you name the 13 original states?
11. What are the 49th and 50th states of the Union?
12. Who is head of your local government?

13. According to the Constitution, a person must meet certain requirements in order to be eligible to become President. Name one of these requirements.

14. Why did the Pilgrims come to America?

15. Who was the main writer of the Declaration of Independence?

16. What special group advises the President?

17. What kind of government does the United States have?

18. Whose rights are guaranteed by the Constitution and the Bill of Rights?

19. What is the introduction to the Constitution called?

20. What is the most important right granted to U.S. citizens?

21. How many times may a Senator be re-elected?

22. What is the capital of your state?

23. Who is the current governor of your state?

24. Which countries were our enemies during World War II?

25. What is the basic belief of the Declaration of Independence?

Since I know that all of you know these answers, I won't bother to give the answers. You read and therefore you know. I left out a lot of questions that were either obvious or obscure. I might print all of the answers next week, but don't count on it.

...

## Operation Military Camp Needs Donations

Operation Military Camp is coming up and is open to all children 8-13 years of age who have a parent deployed. Contributions are greatly needed. Please contact American Legion Post 125 at 347-6085 to help.

...

## Learn about Toastmasters Club

Toastmasters is a positive learning environment where leaders develop professional skills needed in this tough economy. You will learn to evaluate your current skills, have productive discussions at work, practice speaking in front of a people, control nervousness, take on new roles, and develop yourself as a leader.

City Power Toastmasters is a non-profit organization devoted to continuing leadership skills in a relaxed, diverse and upbeat atmosphere. Join them every Wednesday from noon to 1 p.m., One Fourth Street N., Municipal Services Building, 6th Floor, Room 600, downtown St. Petersburg. Guests are always welcome. For more information call 893-7918.

...

## Become a Mentor

Gulf Coast Community Care needs volunteers age 30 and older for its Adults Mentoring Children program. Volunteers are matched with children who need a positive adult role model. Many of the children are in foster care or live with a single parent who is going to school and working. There is a need for volunteers for children of all ages.

Volunteers give the gift of time to one child and are provided social events and support by agency staff. No experience is necessary. There are no costs. Volunteers spend a few hours a week in simple activities such as reading, fishing, baking, teaching a craft or visiting a park with a child. We have children throughout Pinellas waiting for mentors!

To learn how you can make a lasting difference in the life of a child, call Beverly at 727-479-1841.

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# American Legion Activities

## Post 125

**6440 - 5th Ave. S., St. Petersburg 347-6085**

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
Lunch Served 11am-3pm  Ron's Karaoke 7pm	Kitchen Open 11-2 Lunch Dinner 5-7pm Southern Knights Band 7-11pm	Dinner 5-7pm  Southern Knights Band 7-11pm	Breakfast 8:30-11am Kitchen Open 2-5pm	No Lunch Served	Lunch Served 11am-3pm  Ron's Karaoke 7pm	Lunch Served 11am-3pm Euchre 1pm Bingo 6pm Kitchen open

On Sunday, May 16 our Post will be hosting a fund raiser from 12:00 noon to 9 p.m. Katana M. is 2 years old with diabetes and needs an operation. We will have over 8 bands from around the state playing inside & out, bounce house for children, 50/50 drawings & much more. There will be a barbeque dinner available from 1 to 6 p.m. After the goal is reached for Katana, the rest of the donations will be given to Wounded Warriors. Come out & help us help others while having a great time.

Tuesday, May 11 at 7 p.m. the Auxiliary will be accepting nominations of officers for the coming year. If you would like to nominate someone, or if you would like to be nominated, please attend this meeting. Everyone attending will be asked to show their current membership card.

The Auxiliary is collecting pennies to help support the children and youth programs in our district. Please drop a few coins, or dollars, in the jars at the bar.

Join us for dinner on Friday & Saturday nights from 5 to 7 p.m. The Southern Knights band plays after dinner both nights. Wednesday nights we have bingo starting at 6 p.m. Food is available during bingo. Every Wednesday at 1 p.m. join us for euchre. Breakfast is served every Sunday from 8:30 to 11 a.m.

Also, we are still accepting donations for troops in Iraq. Items needed include powered drink mix for bottled water, personal hygiene items, socks, batteries, snacks, dry food items, etc. A collection box is provided at the post. For more information call Shirley at 510-1919. Let's show them our support!

## Post 305

**6999 Gulf Blvd., St. Pete Beach 367-1596**

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
Bar Bingo 7pm Food Served	Fish Fry 6-8pm Entertainment 7-10pm	Steak Dinner 6-8pm Geno 7-10pm	Mother's Day Brunch 12-2pm \$10 donation	Bucky Burgers 5-8pm Karaoke 7-10 pm	Auxiliary Mtg 6pm Harry 7-10pm	ALA Special Dinner 6-8pm Frank Caine 7-10pm <b>Exe. Com. Mtg</b>

Sunday, May 9, Mother's Day Luncheon, 12-2 p.m. \$10 donation. Tickets available at the bar.

Hall rental for any occasion, call for rental prices at 727-367-1596 or check out our website at [www.post305.org](http://www.post305.org).

Daily share the wealth drawing, need not be resent to win, drawing at 9:00.

Monthly share the wealth basket, need not be present to win, last Sunday of the month at 2:00.

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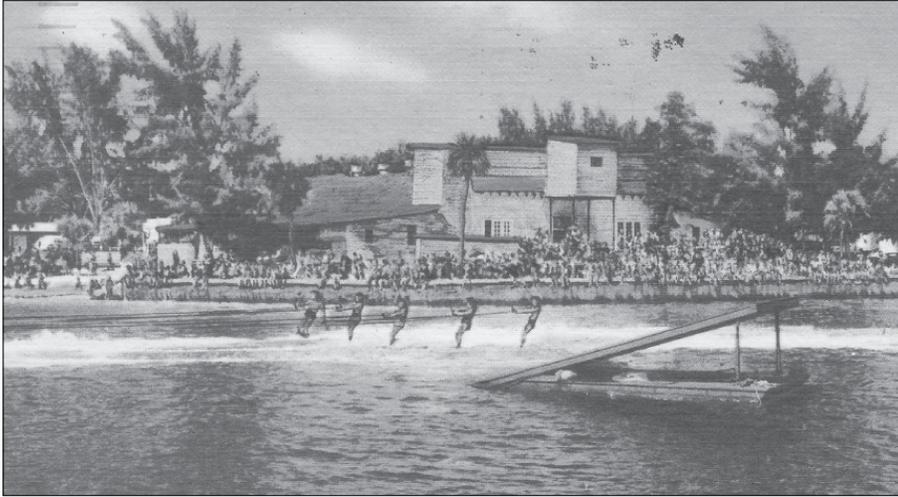
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# Gulfport Centennial Countdown Continues!

## Gulfport's Centennial

100 Week Countdown to 100 Years!



Is this Gulfport or Cypress Gardens? When did teams of water skiers perform here and why is the Casino almost unrecognizable? Answer next week.

***Think you know the answer?***

Send us an email with your answer, name and phone number to [News@theGabber.com](mailto:News@theGabber.com)

In just 23 weeks, Gulfport will celebrate the centennial of its incorporation, October 12, 1910. We'll be reminding you every week with an interesting old photograph from the collection of the Historical Museum. See if you can identify the people, places, and above all the decade of each picture as it comes along. To make it a little bit of a challenge, we won't publish the correct caption until the following week.

...

### **LAST WEEK'S ANSWER:**

For a time (1950-54) Gulfport City Council had a mayor, one representative from each of the four wards, and a councilman-at-large. Last week's picture of the 1953 council showed Mayor Harold Fox, Arthur Horan, councilman-at-large; Walt Williams, Ward 2; Cecil Douglas, Ward 3; "Red" Fussell, Ward 1; and "Dick" Stambaugh, Ward 4.

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## The Road to Permanent Charter Officers

City council removed long-time city attorney Tim Driscoll last summer, replacing him almost immediately with Tom Minkoff, despite protests of some on council and some residents. Former vice-mayor Bob Worthington and former councilmember Judy Ryerson both voted against removing Driscoll to put Minkoff in the position. Worthington called it a "railroad job."

Minkoff served for three months, despite two sexual harassment complaints, one of which never came before any council members. Councilwoman Michele King received one complaint at her home address, which she brought to the attention of City Clerk Lesley DeMuth. King said DeMuth advised her to hold on to complaint. DeMuth has no oversight over other charter officers.

The other complaint, made from within the police department, never made it to city council due to an apparent miscommunication. The interim chief of police, Howard Coombs, wrote up the incident and put a memo in the office of Human Resource Director Mercedes Perez. Perez was out on medical leave; when she returned, she saw that Coombs had written "cc: City Council" and asked then-interim city manager Jim O'Reilly if it had been taken care of; she said he assured her it had.

Coombs told the Gabber that he wrote "cc: City Council" so Ms. Perez would do so; she said she thought he had done so. When asked, none of the council members knew of the complaint. Minkoff received no counseling for either complaint, resigning his post when offered a judgeship.

Current Attorney Andrew Salzman said that the complaint "should have gone to the city manager" but, given that Minkoff was a charter employee "that changes the scenario."

In the wake of these issues, city officials created a policy for dealing with complaints about charter officers. Salzman has no such complaints on record.

After Minkoff left the city, council hired Andrew Salzman's firm temporarily. Salzman has repeatedly fielded Government in the Sunshine

issues, public comment concerns, and addressed the public's right to speak at council meetings.

"Just because you want to say something doesn't mean they have to hear you. The three-minute open forum is a right granted by council," he said. In meetings, he addresses problems with decorum and reminds council that they can ask people to address comments to the council as a whole rather than single out individuals.

At Tuesday night's meeting, everyone who spoke did so in favor of hiring Salzman. However, some residents as well as councilmember Jennifer Salmon, spoke out against putting the vote on the city's consent agenda.

Consent agenda items do not warrant discussion before the vote, either from council or in the form of public comment.

"Do you really believe that this matter doesn't arise to the level of garage sales?" Margarete Tober asked council.

Ms. Salmon asked that the item be removed from the consent agenda to allow public comment and discussion. After a long pause, Vice-Mayor King seconded the motion.

After some discussion—all positive—council voted to hire Salzman's firm as the new attorney for the city. Filling this position makes the last of the city's interim positions permanent.

Contact Cathy Salustri at [CathySalustri@TheGabber.com](mailto:CathySalustri@TheGabber.com).

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## Woman's Club Installation Luncheon

The GFWC St. Petersburg Woman's Club will hold their Annual Installation of Officers & Luncheon on Friday, May 14 at 11:30 a.m. at the St. Petersburg Yacht Club. Cost of the luncheon is \$20. Reservations may be made by calling Mary Ellen Conte at 821-2078 or email: mecontel@verizon.net. Guests are welcome.

Officers to be installed are:  
President: Pat Bonanno; President Elect: Carole Groll; 1st Vice President: Jane Barnard; 2nd Vice President: Judy Zamanillo; 3rd Vice President: Bev Nahon; 4th Vice President: Joanne Walker; Recording Secretary: Roseanna Costa; Corresponding Secretary: Laura Brock; and Treasurer: Teresa Hartley.

For more information on monthly meetings, Saturday Group, diverse activities including arts and craft

projects, monthly excursions, book discussions, weekly sewing and card games or rental information of our clubhouse, please call 822-4982. Guests are welcome to attend all their events. The St. Petersburg Woman's Club has been serving the community since 1913.

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## Boating Classes in Gulfport

USCG Auxiliary Flotilla 7-16 Gulfport at 3120 Miriam Street S. (behind the Gulfport City Marina) is now offering a variety of boating classes including multi-lesson courses and one day boating seminar courses. If you are interested in an exciting, in-depth boating safety course, the BS&S is their most popular course.

Boating Skills and Seamanship (BS&S) - start any Thursday 7:30-9:30 p.m, 13 week revolving course, \$40 for materials. Sailing Skills and Seamanship (SS&S) and Weekend Navigator (WN) will be offered on Tuesday nights when enough people have signed up. For information, email auxgulfport@yahoo.com or call Leonard at 686-6940.

They also offer one-day seminar courses including About Boating Safety (ABS) which meets the minimum requirement for a new FL Safe Boating ID card, GPS for Mariners (GPSFM), How to read a Nautical Chart (HRNC) and Suddenly in Command (SIC). These courses vary in price and will be offered on Saturdays when enough people have signed up.

For more details on course content visit <http://cgauxed.org/completecourses.html>. The ABS, BS&S, and SS&S courses give you the knowledge needed to obtain a boat license or safety certification in many states and all three offer Florida safe boating certificate upon successful completion. Boating insurance companies also offer discounts.

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## 2010 City of Gulfport Hurricane Seminar

The City of Gulfport will be hosting the 2010 Hurricane Seminar on Thursday, May 27, 7 p.m. at the Historic Gulfport Casino Ballroom at 5500 Shore Boulevard S. in Gulfport.

The City of Gulfport's guest speaker for this year is newly arrived meteorologist from News channel 8, Brooks Garner. Garner was the chief meteorologist at the biggest station in South Carolina, WIS-TV in Columbia for five years, where he's covered seemingly countless hurricanes including Katrina. Brooks was the consulting meteorologist for the movie, "Nailed" (2009), starring Jake Gyllenhaal and Jessica Biel, filmed in South Carolina. The film is still in post-production. Brooks holds the National Weather Association and American Meteorological Society Seals of Approval.

This informative seminar is open to the public. For more information on this event, please email gbiron@mygulfport.us or call Gail Biron at 727-893-1118.

...

## Bipolar Support Group

A Bipolar Support Group meets every Thursday night at 6:30 p.m.



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## Deadline Nears for Scholarship Award

South Pasadena residents and high school graduating students of the City of South Pasadena have until May 28, 2010 to apply for the City's annual \$1,000 scholarship award. Applicants must have been

City residents for the past two years and been accepted at an accredited college, university, trade or technical school.

A copy of the prior year Federal Income Tax Return for applicant or any other person(s) who claimed applicant as a dependent on a Federal Income Tax Return is required.

Applications are available at City Hall, 7047 Sunset Drive S., South Pasadena and at [ci.south-pasadena.fl.us](http://ci.south-pasadena.fl.us). For more information, call the City Clerk's office at 347-4171.

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Following are some of the calls that Gulfport Police responded to during the past week.

**Friday 4/23**

- Harassing/Threat/Obscene Calls-** Location Withheld.
- Noise Complaint-** 1700 Blk 56th St. S.
- Drunk Person-** 3100 Blk 56th St. S.
- Hit & Run-** 3200 Blk 58th St. S.
- Noise Complaint-** 5700 Blk Shore Blvd. S.
- Noise Complaint-** 5000 Blk 10th Ave. S.
- Animal Complaint-** Wood Ibis Park.
- Burglary-** 2800 Blk Miriam St. S.
- Criminal Mischief-** 1000 Blk Hull St. S.

**Saturday 4/24**

- Trouble with Individual-** 2400 Blk Premier Dr. S.
- Domestic Battery-** 5000 Blk 8th Ave. S.
- Accident with Injuries-** 1400 Blk 58th St. S.
- Stolen Vehicle (Attempted)-** 5500 Blk 17th Ave. S.
- Burglary-** 5000 Blk 18th Ave. S.
- Trouble with Individual-** Tomlinson Park.
- Theft-** 1000 Blk 53rd St. S.
- Domestic Verbal-** 5100 Blk Gulfport Blvd. S.

- Hit & Run-** 5700 Blk 15th Ave. S.

**Sunday 4/25**

- Theft-** 5400 Blk Shore Blvd. S.
- Disabled Vehicle-** 5900 Blk Gulfport Blvd. S.
- Criminal Mischief-** 3100 Blk Beach Blvd. S.
- Animal Complaint-** 2800 Blk 53rd St. S.
- Burglary-** 3000 Blk 50th St. S.
- Accident with Injuries-** 5800 Blk Gulfport Blvd. S.
- Theft-** Tomlinson Park.
- Lost or Stolen Tag-** 4500 Blk 29th Ave. S.
- Narcotics/Drugs-** Beach Front.
- Fight in Progress-** 1800 Blk 52nd St. S.
- Domestic Verbal-** 3000 Blk Clinton St. S.

- DUI/Accident without Injuries-** 5400 Blk Shore Blvd. S.

**Monday 4/26**

- Drunk Person-** 6200 Blk 10th Ave. S.
- Trouble with Individual-** 5400 Blk Shore Blvd. S.

## Crime Awareness Meeting

By Jeri Reed

The next city-wide meeting of the Gulfport Crime Awareness & Prevention Program will be on May 10 at 7 p.m. We had a request from a citizen for an update on the topic of Sexual Offenders and Sgt. Burkhart of the Gulfport Police Department will be our guest.

We had a great turnout for the picnic and hope to see some of these new faces at our meeting! We meet at the Neighborhood Center located at 1617 49 Street S.

We encourage everyone to attend and participate. For more information, contact Jeri Reed @ 727-548-5566 days and 727-327-3509 evenings or at Jrvolunteer@aol.com.

- Hit & Run-** 2200 Blk 49th St. S.
- Animal Complaint-** 1000 Blk 52nd St. S.
- Trouble with Individual-** 1400 Blk Free-mont St. S.
- Trouble with Individual-** 5700 Blk 29th Ave. S.
- Battery-** Trail.
- Noise Complaint-** 4900 Blk 18th Ave. S.

**Tuesday 4/27**

- Domestic Verbal-** 5500 Blk 19th Ave. S.
- Street Obstruction-** 2900 Blk 57th St. S.
- Theft-** 2900 Blk 50th St. S.
- Trouble with Individual-** Wood Ibis Park.
- Trouble with Individual-** 5100 Blk 15th Ave. S.
- Fight in Progress-** 2200 Blk 52nd St. S.
- Animal Complaint-** 5100 Blk 24th Ave. S.

- Harassing/Threat/Obscene Calls-** 2200 Blk 56th St. S.

**Wednesday 4/28**

- Drunk Driver-** 5600 Blk 15th Ave. S.
- Burglary-** 1100 Blk 50th St. S.
- Theft-** 900 Blk 58th St. S.
- Battery-** 900 Blk 58th St. S.
- Arrest on Warrant-** 2600 Blk Quincy St. S.
- Trouble with Individual-** 2000 Blk 52nd St. S.
- Domestic Battery-** 5400 Blk Gulfport Blvd. S.
- Arrest on Warrant-** 3000 Blk 58th St. S.
- Animal Complaint-** 4900 Blk Newton Ave. S.
- Trouble with Individual-** 1500 Blk 15th Ave. S.

**Thursday 4/29**

- Trespasser-** Tomlinson Park.
- Fight in Progress-** 1800 Blk York St. S.
- Domestic Verbal-** 4900 Blk 27th Ave. S.
- Stolen Vehicle-** 5000 Blk Tangerine Ave. S.
- Trouble with Individual-** 900 Blk 58th St. S.

- Criminal Mischief-** 4900 Blk 9th Ave. S.
- Truant-** 5800 Blk 7th Ave. S.
- Theft-** 900 Blk 58th St. S.
- Trouble with Individual-** 900 Blk 58th St. S.
- Prowler-** 5600 Blk 11th Ave. S.
- Animal Complaint-** 5500 Blk 19th Ave. S.
- Noise Complaint-** 2000 Blk 53rd St. S.
- Trouble with Individual-** Tomlinson Park.
- Trouble with Individual-** 2500 Blk 56th St. S.
- Animal Complaint-** 700 Blk Gray St. S.

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## Director and Film Producer Workshop

There will be a Best of the Best Director and Producer Workshop on Saturday, May 22 from 4-8 p.m. at Venue Actors Studio, 9125 US 19 N. in Pinellas Park. Come out and meet some of the Bay area's best and most prominent directors and film producers. Includes an opportunity to win a film role. Cost is \$50 in advance or \$65 at the door. This is a non-profit event benefiting Florida Film and Venue Actors Studio. For information visit [www.indieartsfilmfund.com/Events.htm](http://www.indieartsfilmfund.com/Events.htm) or call 727-447-3138.

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## Sign Up for Pancreatic Cancer 5K Run/Walk

The St. Pete Road Runners Club is teaming up with the Tampa Bay Affiliate of the Pancreatic Cancer Action Network to host the Second Annual "PurpleStride" 5K Competitive Run and Family Walk. This event is to raise awareness and funds for pancreatic cancer research will be held on Saturday, May 22 at 8:30 a.m. at the War Veteran's Memorial Park. Enter as a team or individual. Great fajitas and ice cream post-race party made possible by sponsors Cody's Original Roadhouse and Unilever.

For more details visit [www.PurpleStride.org](http://www.PurpleStride.org) or to inquire about sponsorships or volunteering please contact Tracy Connolly at [Tracy\\_Connolly@yahoo.com](mailto:Tracy_Connolly@yahoo.com).

...

## 2nd Mile Recovery Group

Meetings promote growth in Christ and recovery from addictions. Open to all those affected by addiction whether individually afflicted or burdened with someone who is. Meetings will be held Tuesdays at 5:30 p.m. at Tradewinds Church located at 6740 Park Street S., So. Pasadena. Call 344-1501 for more information.

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## Foster Hope... Foster A Child

Imagine being taken away from your home, not knowing where you will go, leaving behind your favorite *Gabber May 6 - May 12, 2010*

things. Now, imagine this through the eyes of a child. There are more than 3,500 dependent children in Pinellas and Pasco counties due to child abuse, neglect or abandonment. Many of them need loving foster parents. For more information on becoming a foster parent, please call Eckerd Community Alternatives Recruitment Line toll-free at 1-866-233-0790.

...

## Visit Saint Vincent's Thrift Store

Saint Vincent's Thrift Store located at 5124 Gulfport Boulevard has been a contributor to programs in Gulfport for many years. Thrift stores play an

important part in recycling items that might otherwise end in our dumps. In appreciation to the customers who make this possible, a few specials are available this month. If you haven't been to check out the bargains, now is a good time to see what is available. Help yourself to savings and saving our planet as well.

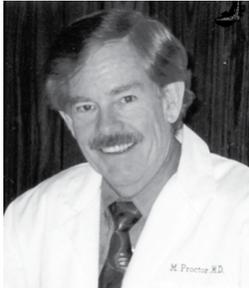
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## Migratory Bird Die-Off Likely Not Oil Related

from front page

By Cathy Salustri

As Kurt Zuelsdorf walked along the north end of Pass-A-Grille beach last Tuesday, he noticed something unusual up by the high water mark: a little black wings and bits of feathers and tails.

By the time he finished his walk Zuelsdorf had collected six dead birds. He also saw at least 30 other wings and tails of what he believed to be grosbeaks, finches, and other songbirds.

Zuelsdorf said he suspects the birds died flying over the smoke from the recent oil debacle in the Gulf.

"I think they washed up Sunday during the storm; that would be my guess," he said.

Dan Wolf, a biologist with the Florida Fish and Wildlife Conservation Commission (FWC) drove down from Gainesville to collect the birds last Wednesday morning. Upon returning to his lab and examining the remains, Wolf said he could not determine how the birds died but he did not believe it resulted from oil or oil smoke exposure.

"The possibility is there, but we don't know," Wolf said. He explained that so little of the birds' internal organs remained that he could not conduct a necropsy.

"(They were) pure liquid inside, but oil was not found on them. This was probably more of a migratory death incident than it was anything else. You get so many migratory birds, you're going to get some of them that die along the way," Wolf added.

Wolf and a coworker spend last Wednesday searching for other birds along the Pinellas shoreline. He said they found "five or six" similar birds in more advanced stages of decomposition at the Sand Pearl on Clearwater Beach.

To date, the FWC has received only one other report of dead birds: 15 dead birds around the Fort Walton area. Between the two die-offs (Pinellas and Fort Walton) Wolf had hoped to identify the birds and cross-check their migratory paths with the path of the oil rig smoke, but ultimately could only identify two species: a scarlet tanager and yellow-billed cuckoo.

Despite the opinion that these birds did not as a result of the oil catastrophe, Wolf says that the FWC is working closely with volunteers and bird rescue groups to mobilize when oil does impact Florida birds.

In the meantime, Wolf asks that anyone who sees dead birds report them at the FWC's web site, [MyFWC.com/bird](http://MyFWC.com/bird). These reports go instantly to the biologist's web-enabled phone, and he can then arrange for locating and collecting the bird or birds.

Wolf also stresses that well-meaning citizens should not collect the bird. Rather, they should leave it as they found it. He also asks that people reporting dead birds online leave a valid contact number and as thorough a description of the location as possible.

Contact Cathy Salustri at [CathySalustri@TheGabber.com](mailto:CathySalustri@TheGabber.com)

## Live Music Offered at Gulfport Fresh Market

GULFPORT: Frank Hewlett plays guitar, cracks jokes, tell stories and sings tunes that originated in the days before iPods. Some of the questions posed on his website offer clues to what music you might expect from him: "Are Turtles and Monkees more than just animals in a zoo to you?" or "When I say Puff, do you think Dragon rather than Daddy?" It's no wonder he has nicknamed himself "The Geezer." Frank "The Geezer" Hewlett is the featured musician at the Gulfport Tuesday Fresh Market, each Tuesday from 9 a.m. to 3 p.m. on Beach Blvd. in Gulfport's Waterfront Arts District.

Choices at the Market have grown tremendously over the last few months. There are new vendors and new choices each week. At the Market, the Gulfport Merchants Association offers a booth with information about upcoming events, as well as local shops and eateries. Stop by to find out about upcoming Art Walks, festivals and many other events. The Merchants' booth also accepts donations of non-perishable food and toiletries for the Gulfport Senior Center Pantry. Donations go to local families in need.

For more information about the Gulfport Tuesday Fresh Market, or if you are interested in becoming a vendor, contact Daniel Hodge at 727-366-4086. More information is also available at [www.GulfportMA.com](http://www.GulfportMA.com).

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## Volunteers Needed for Soup Kitchen

The Salvation Army of St. Petersburg is seeking volunteers to staff its community soup kitchen on Saturdays and Sundays from 12 noon to 6 p.m. Volunteers will assist staff in serving meals to the clients who come to the soup kitchen each day for the noon and evening meals. They will be involved in serving, and clearing tables as clients arrive and depart during the meal hours.

To volunteer please contact Gail Stark, Community Relations Coordinator at (727) 550-8080, ext. 332 or by email at [Gail\\_Stark@uss.salvationarmy.org](mailto:Gail_Stark@uss.salvationarmy.org).

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## Low-Cost or Free Mammograms

If you are a woman 40-64 years of age of low income without health insurance living in Pinellas County you may be eligible for a free or low cost Mammogram. For additional information please call 820-4117. The guidelines and eligibility requirements will be provided to you at that time.

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## Make a Big Impact in a Little way

Big Brothers Big Sisters (BBBS), the leading youth mentoring organization in the country, needs you! They are seeking volunteer "Bigs" to be friends and mentors to children in the City of Gulfport. Volunteers are needed for just one hour a week to make a difference in the life of a child at Gulfport Elementary School, both during the day and after school. Call 518-8860 or visit [www.bbbspc.org](http://www.bbbspc.org).

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## Antiques in the Park Serenade



Photo by Leigh Clifton

Antique vendor Gary Schwalm serenades his customers with a little accordion music at the Antiques in the Park in Clymer Park last Saturday. Schwalm, who deals in glassware, jewelry and small furniture, took accordion lessons as a kid.



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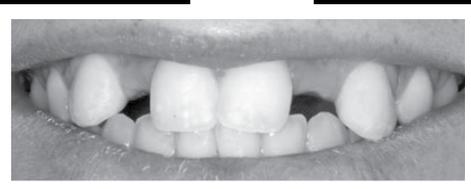


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By Scott Lafee

## Parents, You're Doing Better Than You Think

Through the years, as careers have become more pressing and workdays longer, it's become conventional wisdom that modern-day mothers and fathers spend far less time with their children than their parents did with them. In fact, a pair of economists at the University of California San Diego say reality is quite the opposite: Contemporary parents are spending far more time with their families than parents of past generations.

Husband-wife team Garey and Valerie Ramey analyzed a dozen surveys of how Americans said they used their time. The surveys were taken between 1965 and 2007. They concluded that the amount of child-care time spent by parents increased across all income levels, most notably among those with a college education.

Before 1965, mothers spent an average of 12 hours a week attending to the needs of their children. In

2007, that number had grown to 21.2 hours a week for college-educated women and 15.9 for those with less education. Mothers still do most of the parenting, but fathers are putting more time in as well: 9.6 hours a week for college-educated men, twice the pre-1995 rate of 4.5 hours. For less educated men, it was 6.8 hours a week, up from 3.7.

### GET ME THAT. STAT!

Children attending schools located in high-traffic zones (near a freeway, for example) have a 45 percent increased risk of developing asthma, even though school time accounts for only a third of a child's waking hours, according to a University of Southern California study.

### LIFE IN BIG MACS

One hour of playing cards or a board game burns 102 calories (based on a 150-pound person) or the equivalent of one-tenth of a Big Mac.

### MEDTRONICA

Healthy women  
healthywomen.org

A bright, professional site that offers expert advice on a variety of subjects of particular interest to women. Lots of useful fact sheets

on general topics, too, such as diabetes and aging, which can be downloaded. Links to relevant blogs and publications are available.

### DOC TALK

Jack Bauer -- A doctor still up and working after 24 straight hours, a reference to the main character in the TV show "24."

### PHOBIA OF THE WEEK

Xanthophobia -- fear of the color yellow or the word "yellow"

### OBSERVATION

"I don't believe medical discoveries are doing much to advance human life. As fast as we create ways to extend it, we are inventing ways to shorten it." -- Dr. Christiaan Barnard (1922-2001), a South African cardiac surgeon who conducted the first successful human-to-human heart transplant in 1967

### EPITAPHS

Under the sod and under the trees  
Lies the body of Jonathan Pease.

He is not here, there's only the pod:

Pease shelled out and went to God.

-- Inscription on a 1880s grave in Nantucket, Mass.

...

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### Exciting Upcoming Trips!

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**WASHINGTON DC-5/20/10-6 DAYS**-10 meals, Tours with Ben Franklin, Visit Fredericksburg, Kennedy Ctr, Smithsonian, Evening lighted monuments tour. & much more!...\$599\*/\$778  
**4th OF JULY IN MYRTLE BCH**—6 DAYS—7 Meals, Tour of Charleston, 3 Nites oceanfront accommodations, See "One-The Show" and Le Grande Cirque plus Fireworks!...\$877\*/\$1245  
**NEW YORK CITY-7/14/10-9 DAYS**-14 Meals, 4 nights NYC area, NYC Harbor cruise, Museums, guided tours, Statue of Liberty, Times Square & much more!...\$1029\*/\$1359  
**SAVANNAH, TYBEE ISLAND & BEAUFORT SC**—8/8/10—Historic District hotel, Tour all 3 cities, Dinner at Mrs. Wilkes...\$389\*/\$539  
**LAKE SUPERIOR CIRCLE & CANADA** —9/4/10-15 DAYS—(Passport required) 21 meals, See: Wisconsin Dells, House on the Rock, Duluth Harbor Tour, Frank Lloyd Wright visitors center, and much more. Going fast! \$1735\*/\$2299



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### AUTUMN IN THE SMOKIES-10/18/10-6

**DAYS**-8 Meals, 3 nts Pigeon Forge, Smith Family Theater, Dollywood, Gatlinburg, Smoky Mtn Nat'l Park—FALL FOLIAGE!...\$589\*/\$769

### THANKSGIVING IN BRANSON-11/21/10

**-8 DAYS**-14 meals, 6 Great holiday shows!, Thanksgiving meal at Chateau on the lake Limited seats—sign up early!...\$969\*/\$1229

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& 30, JUL 9 & 28 Includes \$5 voucher & \$15 free play—Great Buffet! Gaming & more!...\$25

"The **ANDREWS Bros**" 5/15/10-GOLDEN APPLE DINNER THEATER in Sarasota Matinee with delicious buffet meal...\$74

"**Funny Money**" 5/20/10-LOL comedy as a CPA picks up a briefcase full of money! with meal...\$64

**CAPONES-7/22/10**— In Orlando—Visit Al Capones Speak-easy for a roaring 20s good time! Great Mobsters, Good looking dames, Italian Buffet, Complimentary Rum Runners Beer & more...\$55

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All area Dinner Theaters & many other destinations: \*Travel Is Fun Tours Pick Up at Tyrone Gardens Shopping Center, at the Seminole Mall K-Mart, and other locations as available. Please call Early—Limited Seats

## Grandparents Raising Grandchildren Support

Grandparents Raising Grandchildren offers support groups on the second and fourth Thursday from 6-7:30 p.m. at Family Resources, 3821 Fifth Avenue N. in St. Petersburg and at the Gulfport Senior Center, 5501 27 Avenue S. in Gulfport on the last Tuesday from 10 a.m. to 12 noon. They provide support, referrals, legal guidance, and resources.

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## Pre-K Program in St. Pete Beach

ST. PETE BEACH: A brand new program for Pre-Kindergarten kids ages 3 to 6 is coming to the St. Pete Beach Community Center. "Music, Movement and More" is a dynamic program that engages kids each week with a different theme. Every week the theme corresponds to a different song and dance, a take-home craft project and snack time. The program runs every Tuesday and Thursday from 6:30-7:45 p.m. at the St. Pete Beach Community Center, 7701 Boca Ciega Drive, and costs \$15 per week. All classes are led by a licensed early childhood facilitator with over 20 years experience. Call 363-9245 for more information.

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## Book Donations Needed

Donations of books are needed by the Bookstore of The Friends of the West St. Petersburg Community Library located on the St. Petersburg College Gibbs Campus, corner of 8th Ave North and 67th Street North. The proceeds from the sale of these items are used to fund special children's and adult programs to benefit the community. They are a volunteer non-profit c-3 organization and can provide a receipt to you for your possible tax deduction. Please call Elaine Wenstrom at 253-6904.

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## SPCA Raises Adoption Fees

SPCA Tampa Bay adoption prices have increased by \$10 to include an animal's microchip and registration fee. The new prices are: kittens (under 6 mos.) \$45 and cats (over 6 mos.) \$35. Canines include puppies (under 6 mos.) \$110, dogs (under

25 lbs.) \$160 and dogs (over 6 mos. and 25 lbs.) \$45. Shelter is located at 9099 130 Avenue N., Largo. Hours are Tuesday-Thursday 11-7 p.m.; Friday 11-6 p.m.; Saturday 11-5 p.m.; Sunday noon to 5 p.m. and Monday closed. For more information or to view adoptable animals, visit [www.spcatampabay.org](http://www.spcatampabay.org) or call 727-586-3591.

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## CABA Memberships for 2010

The Corey Area Business Association (CABA) is now accepting memberships for the 2010 year. If you have a business in the Corey Avenue/Downtown St. Pete Beach area and would like to become a member of this bustling business community, please contact Kathi Hansen at Corey Corners, 350 Corey Avenue or call 727-498-8778. Membership to this growing association offers many perks to help you promote your business. For a list of current members go to [www.coreyave.com](http://www.coreyave.com).

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## Tampa Bay Walk Like MADD 5K

Mothers Against Drunk Driving (MADD) will host the 2010 Tampa Bay Walk Like MADD 5K, noncompetitive fundraising walk on Friday, June 4. The walk begins at 7 p.m. at the USF Campus in Tampa and will raise funds and rally support for MADD's Campaign to eliminate drunk driving.

For those who want to participate, there are three options: 1. You can register to walk or form a team; 2. If you are unable to attend, you can sign up as a virtual walker; 3. You can give a one-time donation to the Walk Like MADD in your area. Please visit [www.walklikeMADD.org](http://www.walklikeMADD.org) to register, donate or get more information. For sponsorship information, call 813-935-2676 ext 5.

To learn more about MADD or to receive free victim services, please visit [www.madd.org](http://www.madd.org) or call 1-877-MADD-HELP.

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By Robert J. Myers, Esquire

## How is Your Legal Health? (Part III)

This Article is Part III in our series of articles on your legal health.

### MARITAL STATUS

During your legal checkup, a review of your marital status may uncover certain aspects of the marriage which you may wish to address. For example, couples may desire to enter into prenuptial agreements or separation agreements to help avoid disputes in the event of a divorce.

Prenuptial agreements or separation agreements can address property rights, child support, child custody and visitation rights you

may have regarding your children. These agreements can be finalized before or during your marriage. Unmarried couples who are living together may desire to enter into an agreement to specify expected rights and responsibilities which are similar to a prenuptial or separation agreement. Prenuptial and separation agreements can additionally specify how to value assets which were jointly obtained such as a home, retirement plans and investments.

### ACCIDENTAL INJURIES

Accidents can occur in your automobile, at home or at your workplace. As a result, you may be entitled to compensation from someone who caused or contributed to your injury. Compensation for personal injuries may include lost income, reimbursement of medical expenses, money for disabilities as a result of the accident and pain and suffering which you endured during a recovery period. Many times, compensation is paid through an insurance company which has

coverage for those who contributed to your accidental injury.

### EMPLOYMENT

Legal problems may arise in the workplace. Federal laws protect employees against discrimination by employers. However, there are specific procedures which must be followed and time restrictions on the filing of a claim or lawsuit.

### PURCHASE OR SALE OF A HOME

The purchase or sale of a home probably is one of the largest investment decisions you will make in your lifetime. As a result, it is important to avoid unfavorable contract provisions in your sales agreement. Also, the real estate agent's listing contract should be carefully reviewed so that you understand what your rights and obligations are under the agreement. If you are buying or selling a home, a review of all documents by an attorney may save you time, money and aggravation so that your interests are protected and the sale can be completed.

*Mr. Myers is the owner of Akerson Law Offices which is located at 1135 Pasadena Avenue South, Suite 140, St. Petersburg, Florida. The telephone number is 727-347-5131. Mr. Myers welcomes calls regarding this article and other related legal topics. This column outlines general legal principles and is not intended to give you legal advice. If you have a specific question about the law, please consult an attorney.*

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# Gulfport Beach March Water Quality Report

By Cathy Salustri

Each week the City of Gulfport tests the water quality in the waters off Gulfport Beach. Gulfport has contracted with the City of St. Petersburg for the tests.

Every month The Gabber publishes the results of those tests. If, at any time, the tests show that the water quality poses a health risk, the City of Gulfport will issue a Health Advisory. Gulfport typically receives test results within a week of taking the sample.

Currently, the City tests for two things: enterococcus and fecal coliform. Scientists consider enterococcus a common bacteria found in animal and human intestines, and, resultingly, in human and animal excrement. Federal standards used to require agencies to measure water quality by the amount of fecal coliform along public beach waters but recently have replaced fecal coliform with enterococcus as the standard. Fecal coliform also comes from the waste of warm-blooded animals, including humans.

The City of Gulfport currently tests for both types of bacteria. Test results will help classify Gulfport Harbor as "good", "moderate", or "poor". Enterococcus of less than 35 parts per 100 milliliter and fecal coliform of less than 199 per 100 milliliter of saltwater indicate good water quality. For more information, contact the City of Gulfport at 893-1000.

You can reach Cathy Salustri at  
CathySalustri@TheGabber.com



Sample Date	<i>Enterococcus</i>	Fecal Coliform
April 5	32	21
April 13	3	21
April 20	13	7
April 27	4	7

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**Special Guest ~ Randy Crocker**  
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# Hard Candy

By Cathy Salustri

## Spin, Baby, Spin.

Turn off your television. Right now. I mean it, turn it off. There's nothing of value there for you, at least not news-wise.

I usually don't get this irate at the local news stations until June 1, when hurricane season opens and the weather terrorists masquerading as news people turn every gusty day into a dark windy omen of the next apocalypse. With the BP oil spill in the Gulf of Mexico, though, Christmas came early for the media this year. Tourists are canceling their trips and the coastal economy, still pasty and malnourished from an excessively bitter winter, is steeling itself for an even more barren summer.

If I were to point fingers, I'd point first at the "Drill, Baby, Drill" morons who bought the line that drilling was safe with very little risk. Next, I'd love to blame British Petroleum, I really would. More than that, I think we should tar and feather the politicians who allowed drilling with oil from the spill and feathers from any bird affected by it.

But the biggest criminal of all is the media. Even though not one drop of oil has hit Florida shores—or, at press time, any coastal shore—people are canceling reservations and changing plans and refusing to eat seafood. That's because the fourth estate, charged with the complex goal of reporting news and events accurately and fairly, apparently sees that goal as an opinion to be ignored if there's money to be made.

Look, I don't think we should drill; the risks outweigh the benefits. I understand how very strong the compulsion must be to point out every negative possibility so that no one will dare utter support of drilling.

But I also understand that there's a difference between talking about what could happen which, by the way, isn't actually news but speculation, and reporting on actual events. The media, in our own twisted, passionate attempt to remind the world why drilling is a bad idea,

has sensationalized the disaster, and in doing so is about to decimate the tourist trade along the beaches. Beaches that, by the way, are still white and beautiful.

If you want to know what's going on with the oil in the Gulf, please don't rely on your television set. For that matter, don't rely on any type of news media, and that includes the Gabber. We are not scientists. I don't know about the folks at Fox, but my degree is in broadcast journalism, not marine biology or minerals management. I'm about as qualified to predict the oil's path as the guy drinking at On The Rocks at 8 in the morning.

Wait just a minute, I can hear you say. Are you telling us not to believe what's on television and in the paper? Absolutely. Don't believe one single word. News is a business, and don't you forget it. Oil that doesn't hurt cute little birds and kill the fish that those adorable dolphin love to eat? Well, that doesn't sell airtime. Oily birds and black beaches, now, that sells advertising.

I'm not saying don't prepare for the worst, and if the oil reaches our shores I will certainly go wash birds or drop off gallons of Dawn dishwashing detergent or whatever the Suncoast Seabird Sanctuary asks of me. But I've looked at the science, and while I'm no scientist, even I can tell that, as an industry, we're making stuff up to keep you watching and reading.

I guess you can't blame us, really. We haven't had a decent disaster since Katrina. It gets boring, reporting on run-of-the-mill murders and carjacking. This oil thing certainly spices up our days.

WTVT, the local affiliate news station of the ever-respected Fox, ran a story about how the spill was affecting fishermen. They interviewed one captain who said the spill hadn't impacted his business but all the media coverage was scaring it away. That story segued into another about the oil and how it might hit our beaches. While the news anchors didn't actually say this, I turned off the set also expecting a plague of

locusts and death of our firstborns.

I don't expect you to believe me when I say we're not to be trusted. My entire point is that you shouldn't believe me. I implore you instead to check things out for yourselves. There are two web sites with projections and advisories from scientists whose qualifications surpass that of "looks good on camera": The National Oceanic and Atmospheric Administration (NOAA) and Florida's Department of Environmental Protection (FDEP).

NOAA's Incident News and main web sites have valuable information and the FDEP has a section on the Deepwater Horizon, the vessel at the center of this debacle. On that page you can download the oil's projected trajectory. These links, listed at the end of the column and on the Gabber's Facebook page, are the same ones the media goes to for information.

What's that? You say you can't really see much of Florida on the maps showing where the oil might go? Well, don't take it as sign that you shouldn't prepare.

Take it as a sign to turn off your television.

Contact Cathy Salustri at  
[CathySalustri@TheGabber.com](mailto:CathySalustri@TheGabber.com).

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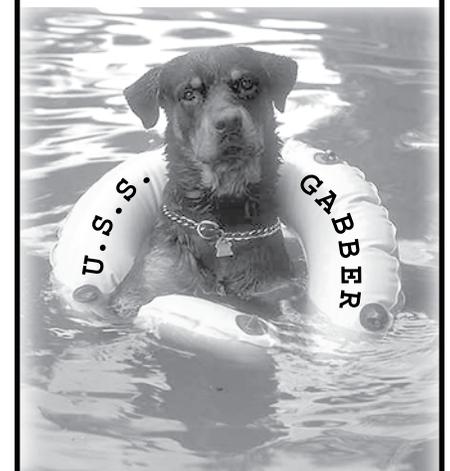
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## Get Ready for Spring Boating

Get the annual service performed on your boat and engine, inspect your battery, clean terminals and top off electrolyte as needed. Check and clean electronic connections. Make sure that your anchor line or mooring lines are not frayed and replace rusty chain, shackles and thimbles. Add stabilizer to your fuel and replace the fuel-water separator filter. Inspect, and clean all PFDs and storage areas. Make sure all fire extinguishers are charged and serviceable, and your flares have not expired. Inspect all running and anchor lights, clean terminals and replace bulbs as needed. Check the bilge pumps are operating and that the auto switch is functioning. Replace outdated charts and tide tables.

Boating Skills and Seamanship Programs are presented by the U.S.C.G. Auxiliary, Flotilla 72 each Tuesday night from 7:30-9:30 p.m. at 1300 Beach Dr. SE in St. Petersburg. Call 727-898-1324 for information. Completion satisfies the state of Florida boater safety education requirements.

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## PARC Thrift Store Needs Donations

Due to an increase in community need, the PARC Thrift Store at 5825 66 Street N. in St. Petersburg is immediately collecting electronic and furniture donations. The PARC Thrift Store is able to pick up large donations with advance notice. Donations of electronics and furniture may be delivered to the PARC Thrift Store seven days a week during daytime hours. Opened in 1963, all proceeds from the PARC Thrift Store benefit the children and adults with developmental disabilities at PARC.

For more information, please call Ron Hoover, PARC Thrift Store Manager, at 727-541-4493.

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Gabber May 6 - May 12, 2010

## Dining Out for Life a Success

By Leigh Clifton



Photo by Carol McCarthy  
Partners Mike McCue and Daniel Hodge were Ambassadors for Stella's Deli on Beach Blvd. for the annual Dining Out For Life last Thursday.

The annual Dining Out for Life was a great success in Gulfport and the surrounding Tampa Bay area last week. Thousands of diners in the Bay area ate breakfast, lunch and dinner at participating restaurants, who donated at least 25% percent of the checks to ASAP, the Aids Service Association of Pinellas. ASAP provides advocacy for HIV/AIDS patients, comprehensive care and hospice services. Dining Out for Life was created by an ActionAIDS volunteer in Philadelphia in 1991, and is now produced in over 55 cities throughout the US and Canada. Nearly \$4 million dollars a year is raised to support the many agencies who are supported by the money

raised by Dining Out for Life. There are no totals yet for this year's local and national donations; according to Robyn Richards, an assistant to the director for ASAP; it will take at least a month for all the restaurants to send in their monies raised.

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# Sustainable Living

By Shawn Dell Joyce



## Reducing Waste

We Americans produce over 4 pounds of garbage per person each day, according to the Environmental Protection Agency. This adds up to 29 pounds per week and 1,600 pounds a year. What happens to all that trash?

Most garbage haulers dump the garbage at a transfer station. Recyclables are sorted mainly by hand, on a conveyer belt. Plastics, particularly numbers 1-7, are crushed and baled by a "Wall-e" type machine that produces perfect cubes. These cubes are sold on the commodities market for about 60 cents per pound. This plastic is reprocessed using high temperatures that burn off most food particles and paper labels.

Glass is more difficult to recycle, and there is little call for it on the commodities markets. Industry is switching to lighter packaging to save money on shipping costs and replacing glass bottles with plastic. Most recycling facilities actually have to pay an average of \$25 per ton to ship glass to a reprocessing facility.

Aluminum is one of the most recycled items in the garbage, with about 35 percent of all cans on the market living their second or third useful life. "It takes about 12 ounces of energy to make a single 12 ounce can," notes recycling facility manager Bill Cutler. "Never, ever throw one away!"

Polystyrene foam is considered a contaminant in most recycling facilities as it often winds up in garbage but cannot be recycled. Contrary to popular belief, it is not the bulk clogging up our landfills, nor is disposable diapers. The bulk in most landfills is paper, especially newspapers like the ones this column is printed in that could be recycled.

This little-known fact was discovered by an archaeologist who excavates landfills. William L. Rathje, professor emeritus at the University of Arizona, dug up three landfills in Arizona, California and Illinois. His team discovered newspapers from the late 1970s that were still readable, green grass

clippings, a T-bone steak with lean and fat and five hot dogs, all fairly fresh.

Rathje exposed the fact that organic matter doesn't really biodegrade in landfill conditions. "Well-designed and well-managed landfills, in particular, seem to be far more apt to preserve their contents for posterity than to transform them into humus or mulch," says Rathje. "They are not vast composters; rather, they are vast mummifiers."

A byproduct of landfills is methane and carbon dioxide gases, which contribute to climate change. These gases could be used to generate electricity or heat, instead. There are 400 landfill gas energy projects scattered across the United States, with 73 in California, 36 in Illinois and 27 in Michigan.

"It's too late to do anything about reducing waste by the time it gets to the landfill," notes Cutler, who diverted over 5,000 pounds of recyclables from the waste stream last year. "We need to let go of the disposable mentality," he notes. "If you don't absolutely need it, don't buy it!"

Want to reduce your household waste?

-- Compost! Separate organic materials like leaves, grass clippings, vegetable peels and scraps, and keep them in a composter or pile in the back yard.

-- Precycle! Purchase items with the least amount of packaging. Buy items that can be recycled, like Tom's toothpaste, the only toothpaste tube that can be recycled.

-- Guerilla Recycle! Take apart the layers of pet food bags and discard the plastic inner liner. Over a pound of paper can be recycled from one pet food bag!

-- Skip the juice box! Items in packaging that combines paper with metal or plastic like juice boxes, milk cartons, paper bags lined with foil or bubble wrap mailers are all unrecyclable.

-- Skip the disposables! Use real cups, plates and napkins at your next party, and wash them instead. If it is a large party, budget for a cleaning service or find a caterer who uses real dishes.

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## Bring Donations to Gulfport Fresh Market

GULFPORT, FL: The Gulfport Merchants Association is now accepting donations of non-perishable food, toiletries and personal needs to be distributed to the Gulfport Senior Center Pantry. Bring your donations to the Gulfport Merchants Association tent each Tuesday during the Fresh Market, on Beach Blvd. below 29th Ave. South, from 9 a.m. to 3 p.m. The Senior Center Pantry, which offers food and other needed items to struggling Gulfport families, is in great need of donations to keep up with the needs of its clients.

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## Rotary Club of St. Petersburg

The Rotary Club of St. Petersburg Suncoast meets every Thursday at noon at Gigi's Italian Restaurant, 6852 Gulfport Boulevard (Pasadena Shopping Center). Guests are welcome to attend. Come discover the new face of Rotary. For more information, call their Club President, Karen Keaton at (727) 822-2200.

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## We Care for Paws Needs Donations

The We Care for Paws Foundation, a non-profit dog and cat shelter, currently houses over 45 dogs and 30 cats. Most of the animals are unadoptable due to medical problems, behavioral problems or old age, and they will live out their lives in peace at the shelter. We are always in need of items for the animals, such as cat condos; cat and dog treats, igloo dog houses, beds and toys; shampoo, flea preventatives such as Advantage or Frontline, heartworm preventative tablets (HeartGuard), towels and blankets. As always, cash is needed to help pay for medical expenses. If you would like to donate any of these items, please call Jan at 896-6315.

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## Can't Stop Eating?

Food Addicts Anonymous can help. No dues or fees. They meet Thursdays at 6 p.m. in St. Anthony's Hospital basement classroom. Call 773-7746.

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## South Pasadena Beautification Award

Photo by Leigh Clifton

Charles and Kathy Scott, with daughter Allison, proudly accept the residential Beautification Award of South Pasadena as part of the National Arbor Day Celebration held at Galatea Park in South Pasadena.

South Pasadena was presented with the Tree City USA award by the Florida Division of Forestry for the 21st year in a row.

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# A Greener View

By Jeff Rugg

## Several Options to Eliminate Weeds in Gardens

**Q:** We want to start a vegetable garden on a plot of land that has not been mowed for a couple of years. The weeds have grown pretty tall, but they have been mowed this year in preparation for the garden. What can we use to kill the weeds that would still allow us to possibly apply for an organic certification in the future?

**A:** There are several techniques that you can use to kill the stuff growing now, but you will also have to deal with a large supply of weed seeds that will come up this year and for several years to come.

If there is still a lot of brown stems and debris left from the previous weeds, you might be able to burn the

area, which will also kill some of the weed seeds. It may be too late in the year to do this one.

Both black and clear plastic sheets have been used to kill plants. Black plastic or rubber sheeting will heat up the plants and soil, which kills plants. And if it is hot enough, it can even sterilize the soil a few inches deep. Clear plastic will act like a greenhouse and cook the plants, but it doesn't get hot enough to heat the soil. After a week, check under the plastic to see how the plants are doing.

Any opaque material, such as old carpeting, can be used on small areas. Just leave it a week or two and the plants underneath should be dead. Nearly dead plants will be finished off when they are tilled up.

Plowing the area several times a few days apart will destroy most plants,

but it's labor intensive. Hand pulling and digging are, of course, even more labor intensive.

There are a few weed-killing chemicals used by organic growers. You will have some weeds that are grasses and some that are called broad-leaved weeds. Having both kinds of plants will mean using a total plant killer.

Highly concentrated vinegar is the active ingredient of a product called BurnOut II. Normal household vinegar may kill some plants, but it is not concentrated enough to do a whole weed patch -- boiling the water out of it to make it more concentrated is not something I recommend doing.

A combination of acetic acid and citric acid are the ingredients in AllDown herbicide, making it an herbicide with very little chance of remaining in the soil.

There are several non-selective contact herbicides with a fatty acid base. Generally, these products are known as herbicidal soaps. One of the brand names is Weed-Aside.

If you will be planting all your garden plants as transplants and not from seeds, you can use a pre-emergent herbicide to stop the weed seeds from sprouting. This product will prevent garden vegetable seeds from growing, too.

I would cover the whole garden with a weed barrier cloth or several inches of mulch to prevent seeds from growing. The cloth will let seeds sprout and the weeds may even grow, but if they are under the cloth, you won't have to deal with them. Plus, the vegetables will be cleaner growing on the cloth rather than the soil.

The main thing is just keeping after the weeds. Nothing will work perfectly, so when they come back up, you need to hit them again. After several hits, you win. If they are only hit once, they win.

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## Host Families Needed for Exchange Students

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There is no such thing as a typical host family. They accept single parents, retired couples, families with small children, teens or no children at all! You can have a great experience hosting an International teen. The students are prescreened, speak English and are looking forward to learning about our culture while teaching Americans about theirs. Students will have medical insurance and their own spending money to cover clothing, school expenses, entertainment, etc. Host families should provide not only a loving home and food for their daily meals, but also a quiet place to be able to study and bedroom to rest. Although host families are not paid, one is eligible to claim a charitable tax deduction of \$50 per month for every month the student is in the home.

Visit their website at [www.pieusa.org](http://www.pieusa.org) or call 1-877-534-3144 or email to [patlittrell@pieusa.org](mailto:patlittrell@pieusa.org).

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## Dog Obedience Classes in St. Pete Beach

ST. PETE BEACH, FL: Dog Obedience classes are now being taught at the St. Pete Beach Community Center, located at 7701 Boca Ciega Drive. Instructor Phyllis Mazzaris will teach participants basic dog obedience and training through positive reinforcement during weekly one-hour sessions. Class dates and times vary depending on need so contact Phyllis today at (727)898-1054 or (727)459-3562. You can also visit her website at [www.nobonesaboutit.biz](http://www.nobonesaboutit.biz). Pay just \$65 per 6-week session and make your pooch the best behaved on the block!

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Gabber May 6 - May 12, 2010

## Oil Cleanup Gets Hairy

By Melissa Lattman



Some local shaves and haircuts are helping with the oil cleanup in the Gulf of Mexico. Area groomers shared how the clippings from Tampa Bay area pets are going to help mop up the oil.

"We all feel we should try to do what we can and this is something we can do to make a difference...We only wish we had heard about this ingenious method of recycling dog hair years ago," said Lolly, Melanie and Richard Huling, the owners of Joy's Doggery in South Pasadena.

A Matter of Trust, a California base non-profit has helped clean up oil spills since 1998. They reuse donated hair clippings from hair

salons, barbershops, pet groomers, and wool farmers. They stuff the donated hair into donated nylon stockings to make highly absorbent booms to contain oil spills. The hair can also be woven into mats, according to the organization's Web site.

"A pound of hair can absorb one quart of oil in one minute. And hair mats can be wrung out and reused up to 100 times. There are over 300,000 salons in the US that sweep up an average of 1 lb. of hair per day," according to the Matter of Trust Web site.

Saving the clippings is not new for Laura Campbell of The Poodle Palace & Pet Boutique in St. Pete Beach. She was receptive to learning more about recycling to help with the oil cleanup.

"We have always bagged (dog hair) separate because people use (the hair) with their mulch to help hold the moisture," Campbell said.

Hair is abundant this time of year especially now that everybody is having their pets clipped after the cooler winter weather. They get one to two bags of clippings each day, said Susan with Central Park Grooming of St. Petersburg "It is a great idea. We hope everybody gets on board to help."

"We shampoo our hair regularly because hair naturally absorbs oil. For past spills such as the 1989 Exxon Valdez oil spill, these simple booms have been highly effective and efficient at cleaning up oil," said Lisa Craig Gautier, Executive Director of Matter of Trust in a press release.

To sign up to donate hair, fur or nylons go to [www.matteroftrust.org](http://www.matteroftrust.org) Joy's Doggery will also send clean pet clippings for people who give their dogs haircuts at home. A drop off box is available at the 6800 Gulfport Blvd. South location in South Pasadena.

# Your SOCIAL SECURITY

By Tom Margenau

## Little Girls Will Get Social Security on Mom's Record

**Q:** I am a 35-year-old father of two little girls. My wife has breast cancer and is not expected to live much longer. She hasn't worked since the girls were born, but she did work steadily -- and paid Social Security taxes -- for about six years before then. I am wondering what kind of Social Security benefits the girls would be due if their mother passes away. And would I be due any benefits? I work and make about \$95,000 per year.

**A:** Even though your wife doesn't have an extensive work history, it sounds like she's worked and paid Social Security taxes for enough years to be "insured." That means your daughters will be eligible for Social Security survivor's benefits on her record.

I really can't tell you how much money the girls would get from Social Security each month. The average monthly benefit for two children is about \$2,000 combined. But because your wife hasn't worked in a while, you probably can expect a little less than that. You can get a much better idea by checking your wife's latest Social Security statement. She would have received one about three months before her most recent birthday. That statement, in addition to providing projections for future retirement benefits, also gives estimates of payments due to widows, widowers and surviving children.

If you were not making as much money as you are, you might be due widower's benefits on your wife's Social Security record. (The government actually calls them "father's" benefits.) I used the hedging phrase "might be due" because there is a maximum amount of money that can be paid to survivors on any Social Security account. The maximum

monthly payout varies depending on the account holder's basic Social Security benefit. It's usually reached when more than two people are claiming benefits on the account. But that maximum is a moot point in your case because your income is well above the \$14,160 per year earnings threshold. Your \$95,000 annual salary doesn't prevent the girls from receiving Social Security, but it will keep you from collecting father's benefits.

One final point: You will be due the one-time miserly \$255 Social Security death benefit that's paid to the spouse of someone who dies.

**Q:** I am about to turn 62 and plan to apply for Social Security. I read in one of your columns that I can make up to \$14,160 with no reduction in my benefits. I own a duplex home and rent out the other half of the house. Will that rental income count?

**A:** No. The only forms of income that count toward the \$14,160 per year earnings threshold are wages from a job or self-employment income from a business. So assuming you are not in the business of property management, but simply own a home and rent out part of that home to others, the rental income you get will NOT count against you and will not reduce your Social Security benefits.

**Q:** I am really confused about when I should take my Social Security. Should I retire at 62 and take reduced benefits? Or should I wait until age 66 and get full benefits?

**A:** I'm afraid your question is way too open-ended. There are so many variables that go into making that decision: like how much money you're making; whether or not you like your job; what kind of health insurance you have; what other income you expect after retirement; whether you're married; etc.

And that even leaves out the biggest variable of all: How long are you going to live? Of course, you don't know the answer to that last question, so you really never know if

you're ahead to take Social Security at 62 or wait until age 66 or later. I suggest you make an appointment with a representative at your local Social Security office and go over all of your Social Security options with him or her.

**Q:** I am ready to sign up for Social Security. Do you suggest I do it online at the Social Security website or call their 800 number?

**A:** The [www.socialsecurity.gov](http://www.socialsecurity.gov) website is great if you have a simple, straightforward claim for Social Security benefits. But if you have any questions or are unsure about any aspect to your potential eligibility for benefits -- like which month would be the most advantageous starting point for those benefits -- then call 800-772-1213 and make an appointment for a personal interview at your local Social Security office.

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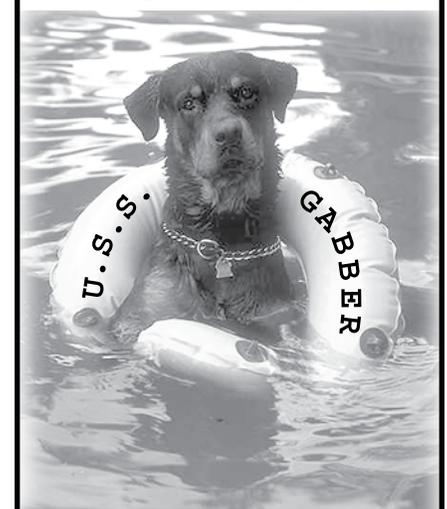
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## Luncheon Excursions Offered

ST. PETE BEACH: The St. Pete Beach Community Center is now offering weekly Luncheon Excursions taking participants to a new restaurant in Tampa Bay each week. The excursions leave from the Community Center, 7701 Boca Ciega Drive, at 11 a.m. every Wednesday and return when lunch is over. The cost for transportation and parking is just \$3 for St. Pete Beach residents and \$5 for non-residents. Whether you are new to the area and would like to lunch with new friends or would just like to explore fun, new restaurants in the area, these Luncheon Excursions are for you! Call 363-9245 for more information or to register for upcoming trips.

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## Care Givers Support Groups

Do you find yourself "caring" for the health concerns of another? If so, consider coming to one of Pasadena Community Church's Care Giver Support Groups in the Life Enrichment Center at 227 70 Street S. One group meets on Tuesday evenings from 5:30-6:30 p.m. and the other meets on Wednesdays from 9:30-10:30 a.m.

Both groups are open to the public and provide a confidential setting for those attending to share with others who are in like situations their experiences, joys and concerns of "care giving". The person may be a relative or just a good friend. It is not necessary that the individual reside in the same house with you or even the same state.

Call Pam Lanning at 347-2809 or Barbara Posey at 381-2499, ext. 214.

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## Community Food Pantry

The Community Food Pantry housed in the Senior Center is available for Gulfport residents of all ages who are in need. Proof of address and income is required. Thanks to the wonderful individuals and businesses in the great City of Gulfport who so generously supply food items for the pantry on an ongoing basis.

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Gabber May 6 - May 12, 2010

## Finding the red ones



By Melissa Lattman

Imagine having an allergy that keeps you from eating some candy. Two Tampa Bay home school students decided to turn their red dye allergy into an invention - The KChris Candy Sorter. This weekend they are in Michigan at the World Robofest Championship with KChris' Candy Sorter.

Ten-year-old Kristopher Scheuren of St. Pete Beach and 11-year-old Christopher Curtis of Palm Harbor created a robot with a color sensor that detects red color candy and separates it from the other colors. Their invention has already earned them first place in a local competition.

When asked how does it feel to be competing with the robot he helped design, Scheuren said, "It feels great. It's a big responsibility. Its just wonderful."

Basically at the competition it takes a couple of minutes to setup the robot then after pouring the candy in through the robot's funnel the boys turn it on. They also give a speech about their robot and answer questions from the judges, Scheuren said.

The robot does not just work with red candy. "It sorts for pretty much any color of the rainbow except white because its conveyor belt is white," Scheuren said.

The boys met at the main library in St. Petersburg to work on their robot. Kristopher's mom Dalia Scheuren said, "It's been a learning experience. It was hands on, Kristopher was able to really learn being on a two-person team and they were able to invent a candy sorter to help people."

Kristopher Scheuren loves to build. He also hopes to keep helping others and teaching as well. When he grows up he said, "I want to be a priest with a cooking show. I love cooking and I want to be a priest."

Local businesses have helped with the \$1,000 of travel and entry costs. The family really appreciated the Corey Ave. Area businesses and especially Vito & Michael's Pizzeria on Blind Pass Road for their donations, Dalia Scheuren said.

# Readers. Results.

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# Everyday Cheap\$Kate

By Mary Hunt

## What Your Mortgage Lender Hopes You Won't Do

**Dear Mary:** I faithfully read "Everyday Cheap\$Kate," and I am addicted to your Debt-Proof Living newsletter (found at <http://www.DebtProofLiving.com>), too. I am 63, divorced and working. I would like to pay off my mortgage in the next three years. I plan to double or triple my payments to get it paid quickly. What is the best way to pay off my mortgage and save the most on interest? Is it best to make one large payment a month or send two or three payments separately each month? -- Cathy K., Wisconsin

**Dear Cathy:** It can be tricky to pay down your mortgage principal because your lender doesn't want you to reduce the interest that you pay. You should manage your payments carefully. Make your extra payment at the same time each month, and clearly mark it for "principal prepayment only."

In addition, call your lender and speak with a customer service

representative explaining your intentions, that you will be making prepayments from time to time and that you want detailed accounting for how your prepayments are being credited toward the principal.

Thanks for being such a loyal "EC" reader and DPLer.

**Dear Mary:** I had a weak moment and ordered a "body makeover" product earlier this year. I got the first shipment and promptly canceled future shipments of the product. Seven weeks after I canceled, I received another box. I marked it "refused, return to sender" and mailed it back the next day. However, I was charged for that second shipment. I called the company and wrote e-mails to customer service to no avail. They tell me they have no record of my cancellation. I am frustrated. Is it worth the trouble to pursue this? -- Susan, e-mail

**Dear Susan:** Yes, it is worth the trouble. Start by calling your credit card company, and speak with a conflict resolutions person in customer service. Be courteous yet firm. Use words like "fraud" and "deception" as you describe the

situation. Be very clear that you are disputing charges that were made after your canceled and refused shipment, plus any future charges that may materialize. You may need to follow up by completing a dispute form given to you by your credit card company. You will do others a big service if you report this event to your state's attorney general and the Better Business Bureau.

**Dear Mary:** In a previous column, you asked readers about the best thing they ever bought. Without a second thought, I had this item pop into my mind: my late wife's wedding ring. For a few thousand dollars, I got a lover, pal, confidant, caregiver, therapist, best friend, traveling companion and someone to love who loved me. That ring has to be the best thing I ever bought. -- Dan K., Pennsylvania

**Dear Dan:** Your best thing makes my best thing pale by comparison. Your wife was one lucky gal to be on the receiving end of that best thing! Thanks for writing.

...

## 66<sup>th</sup> Street Flea Market

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Phone: 727-485-8252  
Owner: Carol Crawford  
Cell Phone: 727-459-0406  
Location: 2 blocks north of 54th Ave./1 mile south of Park Blvd. on East side of 66th St.

### Coming Events in May:

- Country Day - 5/8
- Mother's Day - 5/9
- Doggie Pagent - 5/23
- Memorial Day Celebration 5/30
- Live Entertainment most afternoons

Hours: 8am - 4pm  
Friday, Saturday & Sunday  
[www.66StreetFleaMarket.com](http://www.66StreetFleaMarket.com)

### FOOD

MeMa's (pressed Cubans, breakfast sandwiches, homemade soup and more!)  
Hog Wild Bar-B-que - Bar-B-que ribs, chicken, hot dogs, hamburgers & more  
Gianni's Coffee Shop - delectable baked goods and coffee

Booths: Collectibles, clothing, children's items, computer repair, furniture, Nascar items, dollar items, lotions, candles, videos, games, DVD's, CD's and much more!

Storefronts Open 7 Days a week

- St. Petersburg Audio Connection - sells/repairs stereos
- Family Outfitters: Custom screened T-Shirts and Pet Supplies
- MeMa's Country Nook - Breakfast & Lunch Specials & goodies
- The Flashy Fish - Unusual items & furniture

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## Meals on Wheels Needs Drivers

Volunteers are needed to deliver hot, nutritious meals to the homebound throughout Pinellas County. Volunteering for the Neighborly Meals on Wheels program is a hands-on, front line experience. If you have 1½ hours midday to help in your own neighborhood, you could help improve someone's life and make a real difference in this critical area of need. Meals are picked up at a site near you and delivered to the homebound in your area (maps and directions are provided).

Many Pinellas County seniors are living alone, too poor to buy food, or too frail to shop and cook for themselves. And the need is growing every day. Do someone else a favor and you will be doing yourself one!

Neighborly needs compassionate, caring volunteers to share their time with lonely, isolated seniors. Please call Pat Hazell at 727-573-9444, ext. 291 to start helping your community today.

...

## SPCA Offers Tours

The SPCA Tampa Bay offers private shelter tours to school groups and visitors to educate those about the importance of animal responsibility and how it relates to compassion and respect towards other human beings. To learn more about the SPCA Tampa Bay education programs including in-school presentations or Camille's Summer Camp, contact the SPCA Tampa Bay. Wish list items for animals are appreciated. Reservations are required for school and group visits. No more than 30 guests per group tour. To learn more or sign up for a tour, contact 727-586-3591 x 126 or email Sharon@spcatampabay.org.

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## Recession Buster for Seniors

Seniors in Service provides a tax-free income of up to \$425 per month to income-qualified volunteers who serve as Foster Grandparents. This income does not affect eligibility for food stamps, housing, Medicaid or any other assistance. Volunteers must be 55 years old or older and serve for 15 - 40 hours per week.

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Foster Grandparents serve in public school classrooms, Head Start centers and after-school programs. They spend their time one-on-one or in small groups with at-risk children.

Volunteers make a significant difference in the lives of the children and elders they serve! Learn more at [www.seniorsinservice.org](http://www.seniorsinservice.org) or call (813) 932-5228 for more information and an application.

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## Telephone Reassurance Program

Did you know that volunteers from the Gulfport Senior Center make a morning telephone call every day of the week except Sundays and holidays to make a welfare check for many Gulfport seniors? They constantly hear from those they call who live alone how reassuring it is to hear that friendly voice on the phone to start their day.

If you are a person who would like to add your name to the list of

Gulfport residents who already enjoy this service, call the Senior Center and speak to Susan at 893-2237 or Cynthia at 893-1231. This service is free to all Gulfport residents.

...

## Trolley Token Purchase Locations

The following locations offer tokens to ride the Gulfport/St. Pete Beach trolley: Domain Home Accessories, 3129 Beach Blvd. S., The Outpost, 3007 Beach Blvd. S., Gulfport Recreation Center, 5730 Shore Blvd. S., in Gulfport and Bluewater Outfitters, 341 Corey Ave. in St. Pete Beach.

If you are a Gulfport or St. Pete Beach business that is interested in having your shop participate as a Gulfport-St. Pete Beach Trolley token purchase location, call Brian VanSlyke at 893-1069. Soon, flamingo window cling signs will mark your business as a "Trolley Token" location!

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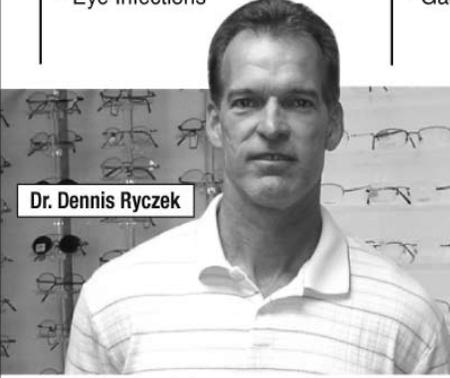
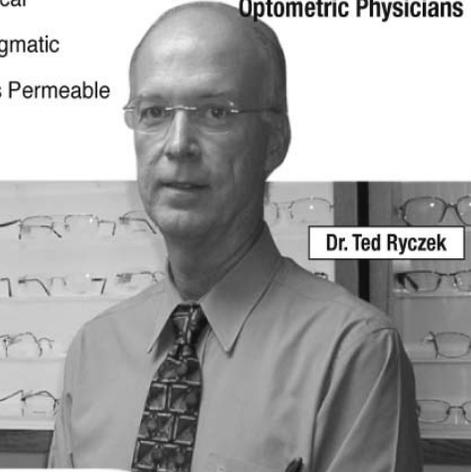
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# Your Health

By Rallie McAllister M.D.

## Sleep Apnea a Major Risk for Stroke

Obstructive sleep apnea is associated with a marked increase in the risk of stroke in middle-aged and older adults, especially men, according to new findings from the Sleep Heart Health Study. The study, supported by the National Institutes of Health, included more than 6,000 men and women ages 40 years and older.

Scientists found that the risk of stroke is present in adults with mild obstructive sleep apnea and increases significantly with the severity of the disorder. Men with moderate to severe sleep apnea were nearly three times more likely to suffer a stroke than men without the condition.

Obstructive sleep apnea is a breathing disorder caused by a narrowing or blockage of the upper airways during sleep. The narrowing or blockage often occurs at the oropharynx, the area at the back of the throat through which air flows to and from the lungs.

A small oropharynx may be the result of many factors, including large tonsils or adenoids or even a small jaw and a slender neck. In folks who are overweight, excess fat deposits around the neck can narrow the airways and interfere with nighttime breathing.

Most people with obstructive sleep apnea breathe perfectly normally while they're awake, since the muscles that hold the airways open are actively working. During sleep, however, these muscles naturally relax, allowing the supporting tissues to sag and the airways to collapse.

As airflow into the lungs is reduced, oxygen levels in the body can quickly plummet. In response to impending suffocation, the brain responds by arousing the sleeper so that normal breathing will resume and oxygen levels will return to normal.

Because this exhausting sleep-wake cycle can occur dozens or even hundreds of times each night, individuals with obstructive sleep apnea may not be able to get more than a few minutes of continuous slumber before they're awakened.

Understandably, many people with the condition are sleepy, tired and irritable during waking hours.

In addition to increasing the risk of stroke, obstructive sleep apnea has been linked to a number of serious health hazards, including irregular heart rhythms and heart attack. Nearly half of all people with obstructive sleep apnea will eventually develop high blood pressure, a condition that dramatically increases the risk of developing cardiovascular disease and suffering a stroke.

In a recent study of 800 people with obstructive sleep apnea and 800 without the disorder, scientists found that those with sleep apnea were twice as likely to have a car accident and up to five times as likely to have a serious crash involving personal injury.

Moderate to severe obstructive sleep apnea is associated with an increased risk of death from any cause in middle-age adults, especially men. Findings from the Sleep Heart Health Study indicate that individuals with severe sleep apnea had a 40 percent greater risk of death compared to those without the breathing disorder.

Although more than 12 million American adults are believed to have sleep apnea, most are not diagnosed or treated. Before individuals can seek appropriate medical treatment, they must first recognize the signs and symptoms of the condition.

Along with fatigue, poor concentration and daytime sleepiness, snoring often accompanies obstructive sleep apnea. When the condition is suspected, an overnight sleep study can confirm the diagnosis.

During a sleep study, medical professionals monitor the patient's heart rate, blood pressure and blood oxygen levels. They also count the number of times the patient awakens, struggles to breathe or stops breathing altogether.

Individuals diagnosed with sleep apnea have several treatment options, ranging from wearing dental appliances during slumber to having surgical reconstruction of the mouth and throat. One of the easiest and most effective treatments is the use of a machine that delivers continuous positive airway pressure, or CPAP for short.

The CPAP machine includes a small rubber face mask that fits over the

nose and a flexible hose that delivers pressurized air through the back of the throat to prevent the collapse of the airways during sleep. Although sleeping with the machine may feel awkward at first, it's virtually 100 percent effective when used properly.

If you suspect that you may have obstructive sleep apnea, it's wise to discuss your concerns with your physician so that you can be tested. Proper diagnosis and treatment of the condition can dramatically improve your health and happiness, and it might even save your life.

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## Adopt a Manatee for Mom

This Mother's Day, increase the size of your family by one ton! Adopt a manatee for mom this Mother's Day. Even though you can't actually bring the manatee home, Save the Manatee Club (SMC) will send your mom a photo and biography of the new family member. An adoption certificate, membership handbook and newsletter subscription are also included. And, during the month of May, each new member who joins the Adopt-A-Manatee program at \$35 or more will receive a free commemorative plate featuring a design of "Manatees" by renowned marine artist Wyland (while supplies last). Although the average manatee is not quite a ton (usually 800 to 1,200 pounds), they are probably the biggest and best present you can give to mom. In addition, funds from each Adopt-A-Manatee membership go toward efforts to protect endangered manatees and their habitat.

Save the Manatee Club is a national, nonprofit organization started in 1981 by U.S. Senator Bob Graham and singer/songwriter Jimmy Buffet. The Club's mission is to protect endangered manatees and their habitat. For more information, call 1-800-432-JOIN (5646) or visit [www.savethemanatee.org](http://www.savethemanatee.org).

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## Volunteer Nurses Needed at Free Clinic

Are you enthusiastic, friendly and optimistic? Do you have a couple hours a week or a month to volunteer in a warm and friendly environment with a great team? St. Petersburg Free Clinic offers free medical care to the medically underserved adult. We need volunteer nurses to assist our volunteer physicians and staff ARNP. All you need is a giving heart and a current license. Please be that listening ear and helping hand to someone in need. Go home feeling great by knowing that you have made a difference! Contact Angel Schumaker at [aschumakerspfc@yahoo.com](mailto:aschumakerspfc@yahoo.com) or call (727) 821-1200, ext. 114.

St. Petersburg Free Clinic is located at 863 3rd Avenue North and provides temporary assistance for families and individuals in need of the basics

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of food, shelter, health care, limited financial assistance and referral information. For more information about the Free Clinic visit [www.stpetersburgfreeclinic.org](http://www.stpetersburgfreeclinic.org).

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## Get Your Free Vessel Safety Inspection

USCG Auxiliary Flotilla 7-16 Gulfport offers free Vessel Safety Checks on vessels up to 65 feet.

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They now also conduct free annual commercial fishing, towing and 6 pack charter (OVPV) vessel inspections which can save owners thousands in fines. Commercial vessel owners may advertise their vessel as USCG inspected and get insurance discounts upon satisfactory inspection. Call Jim at 727-742-5140 or email [gyc@tampabay.rr.com](mailto:gyc@tampabay.rr.com) for an appointment.

## Premier Choice: Flood Insurance That Pays You!

### Make The Call We Will Save you Money!

Jeff DeNight is changing the way people feel about their insurance company.

Jeff co-owns two insurance agencies, Bentley-DeNight Insurance Services, a full service, independent, Trusted Choice agency that offers business, auto, home, commercial, life, boat, motorcycle, RV and umbrella policies. He also owns Premier Choice Rebate Flood Insurance, a flood insurance agency that sells nothing but flood insurance.

"We're the only flood insurance agency that offers cash rebates back to all our customers," Jeff explains.

So if you buy your flood insurance through Premier Choice, you'll get at least seven percent of your annual premium (before fees and taxes) back in the form of a rebate check.

"We give the money back to our customers either at inception- if they're new policy holders-- and then again every subsequent year they renew... forever," Jeff says.

Here's how the rebate works: You get seven percent of your policy back the first year. Every subsequent year for the next five years you receive one percent more back until you get to the sixth year. In the sixth year and every year following, customers will get 12 percent back as a rebate.

This rebate can add up to thousands of dollars for the life of your home or business policy. The company sends you a check rather than taking the money off the premium so you can spend it on whatever you choose.

Do Premier Choice Flood Insurance policies cost more than other flood insurance policies?



Jeff DeNight, Co-owner of Bentley-DeNight insurance shares commissions with his customers.

Nope, Jeff says. FEMA is the only flood insurance provider, so the cost is the same no matter what flood insurance company you use. The policies written by his agency are supported by the federal government through FEMA.

FEMA pays a commission to the agencies that write their policies. Jeff and his agency are sharing that commission with their customers.

Jeff says, things are tough for everyone, and if his company has a little to share with the community, it's happy to do so.

"With the economy the way it is, we thought it would be nice to give something back, especially since insurance has such a negative connotation," Jeff says.

Maybe not anymore.

**FEMA Increased Rates  
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## Beta Sigma Phi Sunshine City Council Officers



Pictured (L-R): Barbara Dziubinski, Treasurer; Ro Gifford, Corresponding Secretary; Cheryl Martin, Recording Secretary; Ginny Taylor, 2nd Vice President; Susan Henry, 1st Vice President and Sharon Melton, President

Sunshine City Council chapter members celebrated the 79th Annual Founder's Day at the Wine Cellar Restaurant on Thursday, April 29. Special recognition was given to Robin Herring and Ellie Keeler for 25 years of membership; Jessie Dudinsky and Lettie Ackroyd for 50 years of membership; Jean Judge and Peggy Stala for 60 years of membership and Rusty Welch for 64 years of membership.

The installation of the Council Officers was held: President - Sharon Melton; 1st Vice President - Susan Henry; 2nd Vice President - Ginny Taylor; Recording Secretary - Cheryl Martin; Corresponding Secretary - Ro Gifford; and Treasurer - Barbara Dziubinski. Chapter Women of the Year were honored also. They were: Alpha Delta Gamma - Nancy Stern; Xi Pi Omicron - Charlotte Johnson-Hunter; Xi Theta Rho - Janice Sprague; Preceptor Epsilon Nu - Mary Lou Beasley; Laureate Epsilon Theta - Sharon Ingram; Laureate Gamma Omicron - Pat Lynch; Laureate Gamma Xi - Gera George; Alpha Zeta Master - Peggy Stala and Beta Xi Master - Jessie Dudinsky. The City Council Woman of the Year was Sharon Ingram and the City Council Ideal Sister was Susan Henry.

The new theme for the 2010-2011 year was announced: "New Paths to Friendship." All members enjoyed a delicious meal and look forward to the new year. Sunshine City Council's executive board will meet on Monday, May 17 at the home of Sharon Melton at 7 p.m.

Laureate Epsilon Theta's next regular meeting will be on Wednesday, May 12 at the home of Elaine Penner at 7 p.m. Paula Roberts will present the program. At this meeting members will vote for the chapter ideal sister and best program for the year.

For more information, please contact Sharon Ingram at 321-2849.

## Rescue Group Needs Foster Homes for Dogs

Florida Doggie Paws Rescue needs more volunteers and foster homes for small to medium breed dogs. Their mission is to responsibly rescue, spay/neuter, rehabilitate, foster and find permanent loving homes for unwanted, abandoned and abused dogs in the community and throughout the State of Florida.

There are many advantages to fostering a dog. Foster homes are not responsible for any vet bills or expenses. The rescue will transport the dog and take care of any veterinary needs. The rescue has a trainer available for you to use. In addition, they act as a support system that you can call anytime - day or night, if you have questions about the dog's behavior, health, etc... You are not alone! But the best reason of all to foster is the reward of knowing that you saved a life.

Please fill out a volunteer application at [www.floridadoggiepaws.com](http://www.floridadoggiepaws.com) or call Florida Doggie Paws at 813-283-1695 and open your heart and your home to one of these poor dogs that just needs a place to stay for a few weeks until they can find their forever home.

Florida Doggie Paws Rescue is an all volunteer, foster based 501 (c) 3 Organization. All donations are tax deductible.

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## St. Petersburg Writers' Club

Are you interested in writing? If so, you may want to check out the St. Petersburg Writers Club which meets on the first and third Thursdays of the month at 6:30 p.m. at the West Branch Library at the corner of Eighth Avenue N. and 67 Street adjacent to St. Petersburg College. Come early (6 p.m.) and socialize with other writers. All writers and would-be writers are invited.

For more information, call Martha Dupes at 736-3355 or Pat First at 397-8833.

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## Spring Clean Safely

When you start your spring cleaning, check your home for chipping and peeling paint on window sills and wells, doors, porches, and outside areas. These may contain lead - if your house was built before 1978. Lead can be harmful to children and pregnant women. You'll need to wet mop floors, porches and clean sills with warm water and TSP (tri-sodium phosphate) cleanser or an automatic dishwashing powder that has phosphates in it.

Vacuum all carpets and wood floors, disposing of bag after use. If you're asthmatic, wear a dust mask (from hardware store); or use a microfilter vacuum cleaner ag, or one with a HEPA filter.

Clean moldy surfaces with a cleaner containing bleach, but don't mix bleach and ammonia as this can be toxic. Remove imported vinyl mini-blinds which can contain lead; avoid using sanders and heat guns to remove old paint - wet scrape flaking paint; cover furniture, remove toys, and seal off vents and cover carpets/floors with heavy plastic sheeting before beginning work; clean work area thoroughly with household cleanser containing TSP when work is completed; wet sweep only; dry sweeping or using a regular vacuum can stir up leaded dust.

For more information about making your home lead-safe, call the Pinellas County Lead Intervention Team at 824-6927.

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## College

### Financial Aid Myths

Don't believe these college financial aid myths.

Myth #1: You can't afford college. The truth is most college students require some form of financial aid. Don't ignore college because of its "sticker price".

Myth #2: You have to be very poor, very smart or very talented to qualify for financial aid. Financial aid comes in many forms such as the federal government, the college or university itself, a parent's employer and others. When you take the time to explore all the possibilities, you will be surprised as to what services you may receive.

Myth #3: You can get more scholarships by paying someone to search

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for you. Scholarship scams are everywhere. Beware of any group or individual that guarantees a scholarship if you pay a fee. Check out [www.fastweb.com](http://www.fastweb.com) or [www.finaid.org](http://www.finaid.org) for more information.

Myth #4: My child will pay for college, so my salary doesn't matter. Most need-based financial aid is based on parents' income and assets. The FAFSA form, available online at [www.fasa.ed.gov](http://www.fasa.ed.gov) asks for information similar to what you need for your income taxes. After submitting FAFSA, you'll receive a report that shows how much the government expects you to pay.

Myth #5: You can wait until you get accepted to a college before worrying about financial aid. Most financial aid is doled out on a first-come, first-served basis. No one should wait to

get started. Looking for financial aid probably isn't a teen's idea of a good time, but it is better than graduating from college in debt.

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## Volunteers Needed for Friends of Strays

Friends of Strays needs you if you love cats! Friends of Strays no-kill animal shelter is presently seeking volunteers for positions at the Shelter & Adoption Center location at 2911 47 Avenue N. in St. Petersburg. Hours are 8 a.m. - 3 p.m., Monday through Sunday. For more information call 727-522-6566. A volunteer application is available on line at [www.friendsofstrays.com](http://www.friendsofstrays.com) or at the shelter.

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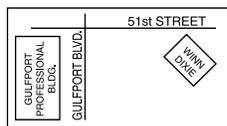
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## Safeguard Your Dogs Against Heat

Hot weather is often deadly for dogs who can succumb to heatstroke in just 15 minutes and suffer brain damage as a result. Dogs who are left in parked cars are especially susceptible.

Symptoms of heatstroke include restlessness, excessive thirst, heavy panting, lethargy, lack of appetite, dark tongue, vomiting and lack of coordination. If you see a dog showing any of these symptoms, get him or her into the shade immediately and call a veterinarian. Lower the dog's body temperature by providing water to drink, applying a cold towel to the head and chest, or immersing the dog in tepid (not cold) water.

PETA (People for the Ethical Treatment of Animals) makes the following suggestions for safeguarding animals.

Don't carry your dog in the bed of a pickup truck. While this practice is always dangerous, heat brings the added danger that dogs' feet might be burned on hot metal.

Don't take your dog jogging, except

on cool mornings or evenings. Rest often, and take plenty of water.

Trim heavy-coated dogs' fur, but leave an inch of fur for protection against insects and sunburn.

Keep dogs inside. If they absolutely must stay outside, at least try not to keep them outside during the hottest part of the day. Provide all-day shade, drinking water in a heavy bowl and a kiddie pool.

Additional information can be found at [HelpingAnimals.com](http://HelpingAnimals.com).

## Two Free Services for Pets in Need

People on limited income and those facing financial hardship can receive free pet food by calling to apply and make an appointment for pick-up. Pit Bull and Pit Mix owners can have their canine companion spayed or neutered at no charge, thanks to the Florida Animal Friends license plate program. Service includes pet vaccinations and rabies shots. Fix a Pit applications are accepted in-person on Tuesdays from 9-4 p.m. No appointment needed, remember

to bring your form 1040 (individual income of \$20,000 or less, add \$5,000 income for each additional person in household.) Do not bring your dog with you. Located at 9099 130 Avenue N. Hours are Tuesday-Thursday, 11-7 p.m.; Friday, 11-6 p.m.; Saturday, 11-5 p.m. and Sunday, noon-5 p.m. Monday closed. For more information call, 727-586-3591 or go to [www.spcatampabay.org](http://www.spcatampabay.org).

## Call SPCA for Injured Strays

To report a sick or injured stray in need of medical attention or suspected animal cruelty anywhere in Pinellas County, contact the SPCA Tampa Bay. The Shelter offers 24-hours a day, 7 days a week animal ambulance pickup and animal cruelty investigations. Information can be kept confidential. Call 727-586-3591 for both services. If after hours, listen to the prompts to be connected with an SPCA Tampa Bay representative. To learn more about these programs, visit [www.spcatampabay.org](http://www.spcatampabay.org).

## Centennial Events Calendars

Souvenir Centennial events calendars are still available at Gulfport City Hall and the Gulfport Historical Museum. There are many events going on all year long; don't miss them! All proceeds benefit the Gulfport Historical Society scholarship fund.



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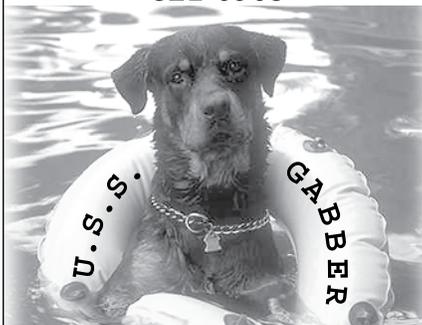
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## Bye, Bye, Birdie Runs Through Saturday



Ian Ward, (center with sunglasses) stars as Conrad Birdie in the Boca Ciega High School Drama Club production of Bye, Bye, Birdie, a hilarious take on the mayhem that surrounded Elvis after he was drafted by the Army in 1958. Ward plays a much-adored Birdie, whose manager stages a gimmick to get Birdie publicity; he arranges a contest for one lucky gal to kiss Birdie goodbye on the Ed Sullivan Show.

Savannah Harrison plays Kim Macaffee, the lucky girl chosen to kiss Birdie Bye Bye. But as they say, the best laid plans....

The production features a live band, dancers and singers and is sure to be a nice evening out. Come see the show! Boca Ciega's Theatre group presents Bye, Bye, Birdie this Thursday, Friday and Saturday, May 6-8. Show times are at 7 p.m. in the main auditorium (\$5 students/senior; \$10 adults; under 5 free).

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# Relaxation Station: *Paradise*

By Cathy Salustri

Connie Bowden believes that a good health is a gift that no one should take lightly. Nothing, she says, should come before your health. So it's no big shock to discover that this registered nurse has taken the next step towards promoting whole-body health: she's learned about different ways to help people get and stay healthy, from massage to hypnotherapy.

While many people hear the word "hypnotherapy" and have visions of a Las Vegas showman telling them "You're getting very sleepy," hypnotherapy is a different thing altogether. Connie, a licensed clinical hypnotherapist, uses hypnotherapy with her clients to help them quit smoking and lose weight and, like the rest of her holistic practices, lessen the stress in their lives.

Everything Connie does – every service she offers – is medically oriented. After working as a nurse for almost 30 years, she believes the things she practices now, like massage, work in tandem with any medical treatment a client receives. She doesn't want to replace a person's doctor, but she can help supplement their treatment. In some instances, Connie will ask a prospective client to see a doctor before she will begin treatment.

Her services include massage, Reiki, hypnotherapy, and CranioSacral therapy (CST). While it's not uncommon for people to come to her for just one of the above services, many of her clients use one or

more of her services.

Connie says the services she offers "are conducive, in their respective ways, to helping you relax your way to better health. Many of my clients 'mix and match' services, reporting very positive results. Remember, there is no "one size fits all" approach here."

While most people know what a massage involves, not as many people may understand Reiki and CST. Reiki, the Japanese word for universal life energy, involves laying on hands and transferring energy. It is not a religion and doesn't require a person to endorse any belief system. People don't need to have a specific problem to be eligible for a Reiki session; it can be used for relaxation as well as for specific needs.

CST, according to Connie's website, "is a gentle, hands-on treatment method in which the most powerful effects are considered to be on the function of the central nervous system, the immune system, the endocrine system and the visceral organs by way of the autonomic nervous system."

Hypnotherapy allows people a way to quit smoking, and Connie has her certification from the American Board of Medical and Clinical Hypnotherapy as a Multiphasic Motivational Programming (MMP) Smoking Cessation Hypnotherapist. What this means for someone who wants to quit smoking is that she will customize a program that involves two sessions: one session where she finds out about you and another where



Connie Bowden combines traditional medical knowledge with practices like massage, Reiki and hypnotherapy to help her clients manage their pain, relieve stress, and improve their health.

she uses hypnotherapy and relaxation to help the smoker quit. She can also work with smokers who want to quit more gradually.

Not sure about hypnotherapy? Starting the third week of June she'll have a guided imagery group so you can find out more.

"It's a good way to introduce hypnosis to folks who think that it's way out there," she says. The group will meet the third Wednesday of each month at 6 p.m. with a \$5 fee.

Connie also does a great deal of pain management. Starting in June she's offering a fibromyalgia support group that will meet the first Wednesday of each month. The group will meet at 6p.m. and cost nothing.

While she doesn't accept health insurance for her services, if you belong to certain insurance companies you can get a

substantial discount. To find out if your insurance company is one of them, check WholeHealthMD.com.

To learn more about the therapies Connie offers at Relaxation Station, spend some time learning about them—and Connie—on her web site, ConBowden.com, or call her today to set up an appointment.

**Connie  
Bowden**

**RN, LMT, CCH, BSNH**

**Relaxation  
Station**

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**5030 78<sup>th</sup> Ave. #10  
Pinellas Park**

**(727) 547-0245**

**\*By appointment only\***

**RN1264122, MM8439,  
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*The Gabber Features Relaxation Station*

# Take the Gabber on Vacation...



Mike & Shirley Calamari at the Canadian side of Niagara Falls. Mike ran the Canadian 30K race around the Bay. Lake Ontario, Hamilton Ontario. Proceeds went to Gulfport Senior Center Foundation.

Send us your picture with you and your Gabber on vacation.  
Include a brief description and your name.

[News@TheGabber.com](mailto:News@TheGabber.com)

## SHINE Needs Volunteers

Do you want a volunteer position that is truly fulfilling and mentally stimulating? Then consider counseling seniors and the disabled with the SHINE (Serving Health Insurance Needs of Elders) program.

SHINE volunteers are both active and retired individuals from diverse career and cultural backgrounds. As a volunteer, you will receive initial training, continuing education and a supportive environment with dedicated colleagues.

If you have an inquiring mind, tact and sensitivity as well as a strong desire to help a vulnerable population, then SHINE may be the perfect volunteer opportunity for you.

Interested in knowing more? If so, please call the SHINE program at (727) 570-9696 ext. 234 and speak with the Area Agency on Aging Program Coordinator, Susan Samson. SHINE is a free program, funded by a grant from the Centers for Medicare and Medicaid Services, and is administered through the Florida Department of Elder Affairs.

...

## Free Acupuncture Clinic for Veterans

Acupuncturists Without Borders is offering a free acupuncture clinic to provide treatment for veterans, their families, and their health care workers. These acupuncture treatments address stress, insomnia, post-traumatic stress syndrome, depression and anxiety. The clinic is held at Unity of St. Petersburg, 6168 First Avenue N. in St. Petersburg at 7:30 p.m. every Thursday. The clinic is free, donations are welcome. For further information, please call 727-204-5203.

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Deadline: Tuesday 5pm | Monday 3pm if proof is required for display only (727) 321-6965 fax (727) 327-7830

## Lawn/Landscape

**PROFESSIONAL LAWN CARE**- Reasonable Prices, Leaf & Debris Removal, Palm & Tree Pruning. Spring Cleanouts. Call Don, 727-565-9866.

**LAWN & HAUL**-Affordable Prices. Roof Cleaning, Mowing, Hedge/Tree Trimming, Brush Removal, Code Violation Clean-Ups, Debris Hauling. Dependable. Senior Discounts. Dave, 727-215-2229.

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LOTS/DISTRESSED PROPERTIES  
TREE TRIMMING  
BRUSH REMOVAL  
GUTTER CLEAN-OUTS  
STARTING AS LOW AS \$20

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**LAWNS MOWED \$12.50 AND-UP.** Landscaping, Property Clean-up and Maintenance, Pressure Washing, Roofs and Gutters Cleaned, Handyman Experienced, Reliable. 727-343-8619.

**GREAT YARD WORK**-Cutting, Edging, Raking Leaves, Clean Up Lots, Apartment Clean-Outs, Garages. Tree Trim, Removal, Etc. Pressure Washing. Sylvester, 460-8721.

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Is your house cleared from limbs  
Removal of frost damage palms, hedges, etc.

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Stump Grinding  
20 Years Experience

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"We make your trees feel beautiful"

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## Lawn/Landscape

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Charles Plumbing 727-522-2508  
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Certified Drivers will drive your car north or south. Reasonable rates. Also Driving classes and ticket classes available. 415-6508.

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**MAKE MONEY. SAVE MONEY-** \$1,500,000+ members. Healthcare, Dental, Prescription, Vision, Hearing, Auto Club, Legal, Identity Theft. [DeliveringOnThePromise.com/11002460](http://DeliveringOnThePromise.com/11002460). 727-867-1975.

**REAL ESTATE INVESTOR NEEDS FUNDS-** Earn 15% in 3-6 Months on your \$ in local real estate projects. Call 352-328-5963.

## NEED MORE BUSINESS?

Become Government Contractor. \$20K-\$30K Bids Everyday. More Business = \$\$\$. Info & Tools at [www.fedgovbiz.com](http://www.fedgovbiz.com)

## Help Wanted

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**MATURE HOMEMAKERS, CNA'S** - and HHA's wanted for private care. Please call 727-822-3034.

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**2001 HYUNDI CELANTRA**- 50K, Excellent Condition. \$4000 o.b.o. 727-793-4023, 727-329-8296.

**2007 HONDA CIVIC LX** -2800 miles, leather interior, automatic, asking \$13,100. Call 580-0057.

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**GULFPORT LIONS CLUB** - Available For Parties, Weddings, Meetings. Great Water-front Location With Full Facilities. Call Art for Info and Dates. 321-5717.

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**MOTORCYCLE HONDA** -Twin Star, Wanted, 78-87. Call 727-343-2182. Sat. & Sun. only.

**WANTED GARAGE TO RENT-** Within Short Distance of Town Shores. Call 343-2530.

## Legal Notices

### FICTITIOUS NAME NOTICE

Notice is hereby given that Wright Publishing Group, desiring to engage in business under the fictitious name YOLO Media located in Pinellas County, Florida, intends to register the said name with the Division of Corporations, Florida Department of State, pursuant to section 865.09 of the Florida Statutes. May, 6, 2010.

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### GULFPORT FLEA MARKET

Located on the corner of 9th Ave. S. & 50th St. S. OPEN 9am-3pm EVERY Thurs., - Fri., - Sat.

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**SENIOR CENTER FLEA MARKET** - 5501 27th Ave. S. Friday, May 7th, 9a.m.-1p.m.

**FRIDAY & SATURDAY 10-4P.M.**- 1719 York St. S.

**FUNDRAISER FOR ARGONAUTA-** Christian School. 6646 1st Ave. S. (In Fellowship Hall) Friday, 8-3p.m. & Saturday 8-1p.m. Something for Everyone!

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## Yard/Garage Sale

**MOVING SALE-Sat./Sun., 8-1, 6361 13th Ave.**  
S. Everything Must Go!

**PASS-A-GRILLE 305 GULF WAY-** Antiques, Furniture, Lamps, Lots of China & Flatware, Pictures, Household Items, Misc. Fri., Sat. & Sun. 8-3p.m.

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Saturday 8-2p.m. Entire Neighborhood Pick Up Map of Homes at 5100 Burlington Ave.

**HUMONGANORNOUS-Over 1000 items, Fri., Sat., & Sun. 10-5. 5020 Tangerine Ave. S. No Early Birds!**

## Card of Thanks

**NEVER FAILING PRAYER TO ST. MICHAEL**  
- St. Michael, the Archangel, Defend Us In Battle; Be Our Defense Against the Wickedness and Snares of the Devil. May God Rebuke Him We Humbly Pray; and Do You Oh Prince of the Heavenly Host, By the Power of God, Thrust Into Hell Satan and the Other Evil Spirits Who Prowl About the World For the Ruin of Souls. Amen. St. Michael, I Resort to Your Protection and in My Faith, Offer This Light Which Shall Burn Every Tuesday. Comfort Me in My Difficulties and While Lodging in the House of Our Savior Intercede for Me and My Family That We Will Be Able to Hold God Close to Our Hearts and Be Provided for in All of Our Necessities. I Beseech You, to Have Infinite Pity in Regard to Favors I ask of You (Name Them) So That I May Be Able to Overcome All Difficulties as You Did the Dragons at Your Feet. Our Father (Say 3 Times). Hail Mary (Say 3 Times). Glory Be (Say 3 Times). This Prayer is to be Said 9 Tuesdays, in Succession and Each Tuesday a Candle Shall Be Lighted and a Copy of This Prayer Lft in the Church to Help Another Soul in Distress and Support the Devotion to St. Michael. This Miraculous Saint Grants Everything, No Matter How Difficult, Before the Termination of 9 Tuesdays. G.F.

## Happy Talk



*Very Loving  
Mother's Day  
Thoughts go to  
my little angel Mother,  
Rita Loveland Good.*

*I miss you and love you too much!*

*Karen*

*P.S.  
Oh Harold  
please be watching  
over me on  
May 31st.  
Emmett.*



# Real Estate

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## Real Estate for Rent

**LOCATED DOWNTOWN GULFPORT-1** Room/1Bath, Micro, Fridge, \$500/Mo. Includes Utilities. Within 6 Blocks: Beach, Art District, Rec. & Senior Centers, Casino, Library, Tennis Courts and Parks. Deposit, Ref., No Smoking. Perfect for Gentleman. 727-345-1869.

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**1BR FURNISHED-**Renovated Cottages or Mobile Homes. St. Pete Location. Reasonably Priced. Good Tenants Only. Very Few Left. Monthly 727-410-6599.

**WEST ST. PETE/S. PASADENA-** Newly Renovated Large 1BR, Walk-In Closet, Pool, Laundry on Site, Non-Smoker. \$600/Mo. 727-772-3646.

**LOVELY 2ND FLOOR CONDO-** Spacious 2BR. 55+ community. Gated, 2-pools, tennis. Active!. HW floors. new kitchen. W/D. Furnished or Unfurnished. \$850/mo. Patriot Square. 727-519-4244

**GULFPORT AVAILABLE NOW-** 2BR/1BA Duplex in Garden Setting. Very Clean, Ceiling Fans, CHA, Water & Garbage Included. No Section 8. \$800/Mo. plus Security. 727-424-6085.

**MOVE-IN SPECIAL-** No Security Deposit: Upstairs Studio Apt. includes W/S/G. \$425/mo. 2715 54th St. S. Call 727-452-5942

**GULFPORT ART DISTRICT-**Large 4BR/2BA Lanai, Eat in Kitchen, Washer/Dryer, Fenced in Yard, Close To Marina, Pets OK, \$1350/Mo. 727-510-8538.

**CHARMING STUDIO-**with High Ceilings and Tiny Attached Kitchen. Lush Garden Setting, Moments Walk to Beach and Gulfport Arts District. \$490/Mo. Plus Utilities. Ciara 727-321-1786.

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**SECTION 8 1443 40TH ST. S.-** 4BR/1BA, Excellent Condition. Large Bedrooms, Remodeled. WALTON REALTY, 727-458-3613.

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**GREAT LANDLORD LOOKING-** For Responsible Tenant for 2BR/1BA House across from Tangerine Greenway. C/H/A, W/D Hook-up, Storage Room, on double lot. Newly Remodeled Bathroom, Breakfast Area off Kitchen. 5129 Tangerine Ave. S. \$750/Mo. 727-343-9595.

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# Real Estate

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**2519 BEACH BLVD.-**1BR/Studio Downstairs, Wood Floors, Granite Countertops. On Park, WSG Paid. Great Neighborhood, Quiet, Blocks to Beach. \$525/Mo. 727-822-2955.

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**2619 MIRIAM ST. S. 2BR/1BA-**\$750/mo. plus deposit. Cute & clean, C/H/A, W/HUP, Screened porch, fenced, Ceiling fans, Pets OK. 727-447-8471.

**IMMACULATE DUPLEX-**1802 56th St. S. 2BR/1BA/Carport. 1000sqft. Tile throughout. W/D Hook-up, Fenced yard. Small Pet Ok. \$800/Mo. 1st/Last/Security. 727-460-7380.

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**CONDO 55+-**1BR/1BA with Den, Ground Floor, Lake View. Parking at front Door. Pool, 840sqft. Tyrone Mall area. \$600/Mo. 727-710-1253.

**GULFPORT MARINA DUPLEX-** Quiet Neighborhood, 2BR, CHA, W/D, Garage w/Genie. \$675/Mo. Non Smoker Preferred 727-327-2842.

**WEST ST. PETE-PASADENA 2BR-**Condo. TROPICALLY Landscaped, Pool, BBQ+ Laundry On-site. Sorry No Pets. \$650/Mo. Convenient Location @ 63rd St. & 1st Ave. S. 727-458-7828.

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**GULFPORT 1/1 WITH ALL AMENITIES-** Beautifully Decorated, C/H/A, W/D, Walk to Beach & Restaurants! 727-418-7272. www.Gulfport-Florida-Rentals.com

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**FURNISHED EFFICIENCY-**3120 57th St. S. #B. Across from Beach. Single Mature Person only. \$600/Mo. incudes Water, Sewer, Laundry Use. 727-415-9733.

## Accommodations to Share

**ROOMMATE WANTED-** Pasadena/Gulfport. Full House Privileges, Utilities & Wireless Internet Included. 727-344-0509.

**FURNISHED BEDROOM-**Share Kitchen & Bath, Cable TV & Utilities \$475/Mo. 727-343-6350.

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## Real Estate for Sale

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2br, 2ba, w/bonus room, enclosed porch and 1 car garage - Beautiful!!

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**Isla Del Sol - 1/1.5, golf course & waterviews**  
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**Town Shores - Diplomat #903** Reduced \$169,900

**Town Shores - Manchester #107** .....SOLD

**Madison St. Pete #231** .....SOLD

**6543 Grande Bahama Dr.** .....SOLD

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**5980 SHORE BLVD. S.-#101.** 3BR/2.5BA Ground Floor. 1700sqft. Waterfront Corner Unit. Modern Kitchen, W/D Inside Unit. Newer Storm Shutters. Wood & Tile Throughout. Must See! \$275,000. Mike Hitchens BEACH & LUXURY REALTY. 727-688-8314.

**GULFPORT 2/1 MOBILE-**Home, \$49,000! Carport, No Rear Neighbor, Gulfport Beachway Park, Co-op Ownership. Call Bill Meredith, GULFPORT REAL ESTATE, 727-224-5126.

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**HAMPTON 111** - 2br/2ba Deluxe spacious condo on 1st floor. Offer **CONTRACT PENDING** abuluous waterviews while enjoying indoor/outdoor living! **\$114,000**

**HAMPTON 306** - 2br/2ba standard. Absolutely Beautiful Water views from this very clean condo. Newer A/C & countertops, laundry same floor, patio & BBQ in back yard **\$119,900**

**MANCHESTER 614** - 2br/2ba deluxe. This beautiful condo has new kitchen & tile, updated bath, newer carpet. Lots of finishing touches, painted in soft soothing colors. Panoramic water views from this top floor unit. Covered parking. **\$156,900**

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Townshores condo, 2/2 totally furnished top floor Kenmore **\$124,900**

#### Pasadena Yacht and Country Club

Kipps Colony condo, beautiful 3/3 2000 sq ft water view. Walk to pool, golf, restaurants. **\$405,000**  
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Pelican Bay Plaza condo, 2/2 end unit totally updated beautiful sunsets. **\$318,000**. Bring all offers.  
Boat slip 42 ft. great buy, call today.

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The Gardens lovely condo next to Lake Seminole, 1/1 Don't miss this one. **\$59,000**

#### Jungle Prada

Waterfront 220 ft gorgeous sunsets. This 3/3 Ranch style home has been so well maintained, sits on double lot **\$1,299,000** **CONTRACT PENDING**

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**JUST LISTED 7665 Sun Island Dr. #107 (\$149,000)** - Its all about the view & new windows. This 2/2 corner unit is turnkey furnished with inside laundry. The Essex Bldg - Bay Island.

**JUST LISTED 3025 Emerson Ave. S. (\$113,750)** - This is a great property. 4 large BR's, family room, large enough for 5th BR, huge yard, long driveway. Call for more info.

**1847 Shore Drive S #419 (\$168,500) - HOT HOT HOT! Recently Reduced.** Only \$80/sf for waterfront. Granite throughout, new vanities, ceramic tile throughout, and the view that everyone looks for! 2200+/sf, 3/2.5 with wide open intracoastal and Boca Ciega Bay waterviews.

**7600 Sun Island Dr. #101 (\$225,000) UNDER CONTRACT** - Glorious sunsets this well appointed turnkey 2/2 ground floor corner unit. Offers an expansive view. The lifestyle you will enjoy from this vantage point - a 46' wrap-around balcony - will amaze you. Hurricane shutters on all windows, the slider, and the entire balcony will give you peace of mind. The HVAC and appliances were recently replaced.

**5117 61st Lane N. - Kenneth City (\$108,900) UNDER CONTRACT** - This meticulously maintained 2br home is priced right! It offers you a wonderful corner lot, new appliances, wood cabinets, and a terrazzo floor you can see yourself in. Come see it!

**7910 Sun Island #101 (\$269,700)** - This unit has got to be seen to be believed. From the stunning water views on 3 sides, to the completely renovated interior, this ground floor corner unit is clearly one of the best anywhere in Bay Island - a jewel!

**3037 57th St. S. (\$188,888)** - Darling Gulfport Art District 3/1 bungalow 2 blocks to the beach on historic brick street. 3 blocks to restaurants, shopping and fun. '06 updates.

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**5980 Shore Blvd. S. #501 (\$184,900)**

**5845 62nd St. N. (\$94,500)**

**1847 Shore Drive S #503 (\$80,000)**

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1868 Shore Dr. S. #209	\$140,000
1819 Shore Dr S #304	\$ 89,700
2630 Miriam St.	\$225,000

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	List Price
6020 Shore Blvd. #712	\$275,000
7625 Sun Island, 306	\$ 89,900
7300 Sun Island, 1802	\$175,000
6060 Shore Blvd. S. #904	\$259,000

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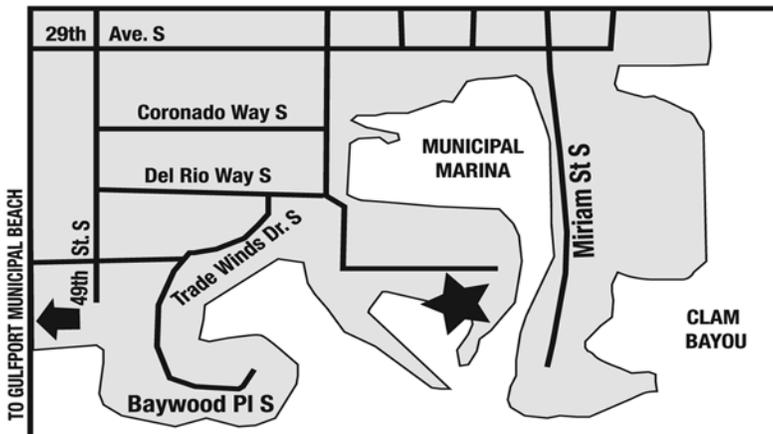
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