

Inside this week...

IAC Membership Drive Kickoff
see page 5

Gulfport The Musical Limited Seats Left
see page 7

Mardi Gras Ball At Gulfport Casino
see page 8

Grief Support Group
see page 14

Get Rescued In Gulfport
see page 17

Openings On Teen Council
see page 21

Women's Club Receives Award
see page 34

Gulfport Centennial Countdown
see page 38

Eye On Crime
see page 42

Public Comment Heard At Gulfport Council Meeting
see page 44

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The Hot Dog Man Leaveth



By Leigh Clifton

Murph, enigmatic proprietor of the Weenie Shack at the Blueberry Patch, has called it a day. Last Saturday night, (on the coldest day of the year), Murph, dressed in creative Caribbean bedroom attire, reigned supreme over the Shack for the last time. Surrounded by friends, cousins and other very cold people, he designed the famous hot dogs "Hal of a Dog" named for Hal, and the best seller, the "Dallas Doggy," dripping- with -chili, cheese and onion gastronomic delight, named of course for the beloved Blueberry Patch owner Dallas. But lest you think that the Weenie Shack has gone the way of the Yugo, rest assured that other folks are interested in following in Murph's considerably large shoes.

See *Murph*, page

City Applies for State Grant to Replace GEMS Vehicle

The new vehicle will cost the city up to \$58,000 less than the budgeted amount

GULFPORT- Gulfport Elderly Mobility Service, GEMS, program will soon get a new vehicle, and the city hopes to pay for most of it with an Elderly and Persons Disabilities grant. The program currently uses a 10-seat van and a 22-foot bus but pulled a sedan out of service last May due to "serious mechanical" issues, according to city manager Jim O'Reilly. In its stead the program started using a Ford Taurus but city mechanics said the Taurus would not last if staff drove it eight hours a day on an extended basis.

Although the city budgeted just over \$60,000 for this vehicle, staff will replace it for slightly more than \$20,000. If the city gets the grant (underwritten by the Florida Department of Transportation, or FDOT),

See *GEMS*, page

Small Businesses Allowed in Homes in 49th Street

Redevelopment District

GULFPORT- Council amended the city's comprehensive plan Tuesday evening. Ordinance 2010-01 changed designated parts of the 49th Street Redevelopment Area to a Community Redevelopment District. This land use change will allow the city to create overlay districts that allow mixed use; this means that people in the area could be able to operate small businesses out of their homes.

The council unanimously approved the ordinance on its first reading.

The Senior Center Health Fair

Make sure you stop by the Annual Health & Beauty Fair which ends tomorrow, Friday, January 22 from 9 a.m. - Noon. There will be drawings for several door prizes, opportunity baskets and hop aboard the flamingo trolley with a free round trip trolley ticket to St. Pete Beach. While you are visiting the Health Fair, sign up for the free History of Gulfport

Trolley Tour scheduled for Monday, January 25. Don't miss out on this great event!

...

The City of Gulfport Celebrates Arbor Day

Tomorrow, Friday, January 22 at 2 p.m. The City of Gulfport celebrates the life of trees and their importance through honoring Arbor Day. This event will be held at Veteran's Park (corner of Shore Blvd. S. and 54th St. S.).

The Gulfport Recreation Division has included the children from the School Year Child Care Program to read excerpts, The Gulfport Teen Council will provide refreshments and the Parks Department will plant a Live Oak in Veteran's Park and pass out free Live Oak and River Birch seedlings to the guests who attend. The Mayor and Council will also be there during the celebration.

They invite everyone to attend to show their commitment to environmental stewardship.

...

Boca Ciega Pirates Baseball Alumni Game

Boca Ciega Pirates Baseball will hold their 1st Annual Alumni Game on Saturday, January 23 at 1 p.m. at Hoyt Field. Come out and meet the current Boca Ciega Players and coaching staff. Cost is \$50 and includes homerun derby and 7 inning game against fellow Boca Ciega baseball alumni. Call Jason Szafarski at 716-560-6940 or email to szafarskij@pcsb.org.

...



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This project funded in part with the support of the Pinellas County Cultural Affairs Department, the Cultural Council, and the Pinellas County Board of County Commissioners.

Coming Up Next - *The Sunshine Boys* - March 12 - 28, 2010



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Murph, from front page

Meanwhile, Murph's cousin Sherry Knight, one half of Sonny and Sherry's Hillbilly Hotdogs, from West-by-God Virginia, is thinking of moving south, to the land of surf and sun. She and her husband Sonny are hoping to bring their uniquely sized, 18 inch hot dogs and Murph is hoping to get involved with that enterprise, possibly in Gulfport. Meanwhile he will still retain his position as VP for Sharevival, a non-profit for musicians and arts projects. Murph thanks his and the Patch's loyal fans and hopes to see you on the Boulevard.

...

Pasadena Card Club

Pasadena Card Club offers duplicate bridge Monday through Friday at 10 Park Street N. starting at 12:30 p.m. and contract bridge and pinochle Tuesday and Thursday at 12 noon. Call David at 381-5944.

...

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Saturday, January 30 - 9:30 a.m.

Palms of Pasadena Hospital
1609 Pasadena Ave., St. Petersburg

Saturday, January 30 - 2:30 p.m.

Holiday Inn Express
2850 Gulf to Bay Blvd., Clearwater



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Gulfport Approves Mixed Use in Waterfront

GULFPORT- Gulfportians living in portions of the Waterfront Redevelopment Area may now use their homes as businesses. City council voted to approve a "Waterfront Redevelopment Overlay District," or WROD, which runs parallel to Beach Boulevard from Shore Boulevard to 28th Avenue South, a half block east of 56th Street South, and a half-block west of 54th Street South.

City Manager Jim O'Reilly gave the example of a person who lived in a house but used the front as an art gallery.

There's basically two areas; Fred Metcalf told the city, the homes on the west side of 54th and the east side of 56th Street.

The change to the zoning code prohibits pawn shops, gun shops, medical and dental services, tattoo and piercing shops, lingerie shops that also offer modeling services, establishments that sell alcohol, restaurants, and dance clubs from operating in this new district.

Metcalf included the section of the zoning code affected, which included changed and unchanged parts of the code. One part of the existing code caused concern with several residents.

"It's 45-foot high buildings... You're shaking your head but that's what I read. I'm actually sort of surprised, I thought that there would be hundreds of people here," Jennifer Salmon told council during the public comment section of the meeting.

"It's not proposing to change any heights from what they are. In fact, that overlay district will not change any heights from what they are," Fred Metcalf said. When city staff proposed changes in apart of the code of ordinances, Metcalf later explained, the proposed changes show up underlined in the proposed ordinance; unchanged portions of the code do not get underlined. The city code has allowed for the heights Salmon protested (30 feet for single family or duplex homes and 45 feet for all other buildings) since October 3, 200, according to city clerk Lesley DeMuth.

The city approved the first reading of Ordinance 2010-02 unanimously.



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GEMS, from front page the city will only have to pay about \$2000 for the car, which is 10 percent of the cost. The FDOT will pay 80 percent and the state will pay the remaining 10 percent.

GEMS uses this vehicle to take clients (consisting of older and disabled people) on errands.

...

IAC Kicks Off Annual Membership Drive

If you have always wanted to Blow Your Own Glass Masterpiece at the Industrial Arts Center, now's the time! The IAC is offering Blow Your Own Masterpiece gift certificates with every new or renewed membership.

New individual members who join by January 31 get one \$25 value Blow Your Own Masterpiece certificate, good at any Art Walk until June 30, 2010. Use them any first Friday or third Saturday, from 6-10 p.m.

New and renewing 360 Degree Club members get the best value if they join by February 28 -- two \$25 certificates! For their \$100 donation, 360 Degree Club members also get admission to every IAC special event, plus additional perks from time to time. "Our 360 Degree Club members build the financial

foundation for the Industrial Arts Center by donating \$100 at a time" says President Lynn DiVenuti. "All it takes is 360 donations of \$100 to meet our basic financial obligations for the coming year: rent, insurance, utilities and class supplies."

All members get a \$35 discount on every adult class offered at the IAC. Ongoing classes include Jackie Ballard's Fun with Hot Glass & the new More Fun with Hot Glass, Introduction to Glass Fusion with

Vicki Mayer, Found Metal Sculpture with James Oleson Jr., plus lampwork, flute-making, hypertufa containers, jewelry making and more.

Membership information is available online at www.IndustrialArtsCenter.org or by calling 727-289-9365. The Industrial Arts Center is located in the Gulfport Art Village Courtyard at 2902A Beach Boulevard South.

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Palms of Pasadena Hospital is sponsoring a contest to win a free lap-band surgery. A Center of Excellence for weight loss surgery, Palms of Pasadena Hospital will offer this minimally invasive weight loss surgery to a deserving contestant in February.

Throughout the month of January, local media will promote the contest asking participants to submit entries for a chance to win the surgery. Visit

ObesityNoMoreFL.com to enter. Contestants will be asked about their struggles with weight, how losing weight will improve their lives and why they feel they should be the winner. Five medically eligible candidates will be chosen from the official entries, they will be asked to attend an educational seminar, and will be seen by a weight loss surgeon and clinical psychologist to confirm eligibility.

The candidates' photos and profiles will be featured on www.ObesityNoMoreFL.com The Tampa

Bay area community will vote for a winner, who will be announced on February 26.

Adjustable Gastric Band Surgery (LAP-BAND®) has been shown to be an effective surgical option for weight loss. The surgery is performed through small incisions, resulting in less pain and scarring and short recovery times.

The Bariatric Care Program at Palms of Pasadena Hospital is dedicated to offering the latest advancements in the surgical weight loss surgery and is proud to sponsor this groundbreaking procedure that may provide the winner a healthier, happier life.

Clinical experts are available for comments or interviews.

...

Free All About Puppies Seminar

Discover everything you need to know to have a healthy, happy puppy. Seminar will cover nutrition, training, grooming and overall health care. Guest speakers will be Dr. Alvarez and Pamela Borres. Seminar is Saturday, January 23 from 10-12 at the SPOT Spay & Neuter Clinic, 4403 62 Avenue N. in Pinellas Park. Everyone who attends will receive a free Animal Planet training DVD and puppy guide. Limited seating, RSVP by calling 727-329-8657 or sign up online at www.SPOTusa.org.

...

Go "Glow" Golfing

Golfers are invited to "glow" golfing at Treasure Bay Golf and Tennis facility located at 10315 Paradise Boulevard, Treasure Island on Wednesday, January 27 and Wednesday, February 24. Registration and food will be held at 6 p.m. The golf scramble will begin at approximately 6:30 p.m. or dusk. Golfers may sign up as a foursome or a single. Hotdog, chips and soft drinks will be provided free of charge. Prizes and fun for all in this Glow-in-the-dark golf outing. Only \$20 per player and pre-registration is required. Call Treasure Bay Golf and Tennis at (727)360-6062 for additional information or to register.

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Look For the Red, White & Blue Buildings

Gulfport Centennial Musical Celebration!

This is the last weekend for Gulfport: The Musical, which ends January 24 at the Catherine A. Hickman Theater. Tickets are limited this weekend so call now for updated availability and ticket information at 727-322-0316. Tickets are \$15 and this is a not to miss show!

...

Gulfport Women's Club Annual Fundraiser

The Gulfport Women's Club will hold their Annual Card/Game Party on Wednesday, January 27. It will be a noon luncheon at Town Shores Auditorium with games beginning at 1 p.m. Event includes door prizes and an auction of generous donations given by local businesses. It is best to book a group table for your game so book early. Public groups are invited. Donation is \$12 with proceeds to be

donated to schools and seniors. For information or tickets call Petie at 343-6450 or Julie at 343-6587.

...

Join the Fun at Zumba Bash

ST. PETE BEACH: The St. Pete Beach Community Center will be home to Zumba Bash IV on Saturday, January 30 at 5:00pm. Come and experience all the fun of Zumba with the beautiful backdrop of the Intercoastal Waterway. Cost at the door is \$7 per person or \$5 if pre-registering. Join instructors

Gemma, Mida and special guests for two hours of booty poppin', droppin' and shakin' fun at Zumba Bash IV. Water, energy drinks and snacks available for purchase. Join other Zumba lovers at the Community Center, 7701 Boca Ciega Drive, and call 363-9245 for details.

...

Can't Stop Eating?

Food Addicts Anonymous can help. No dues or fees. They meet Thursdays at 6 p.m. in St. Anthony's Hospital basement classroom. Call 773-7746.

...

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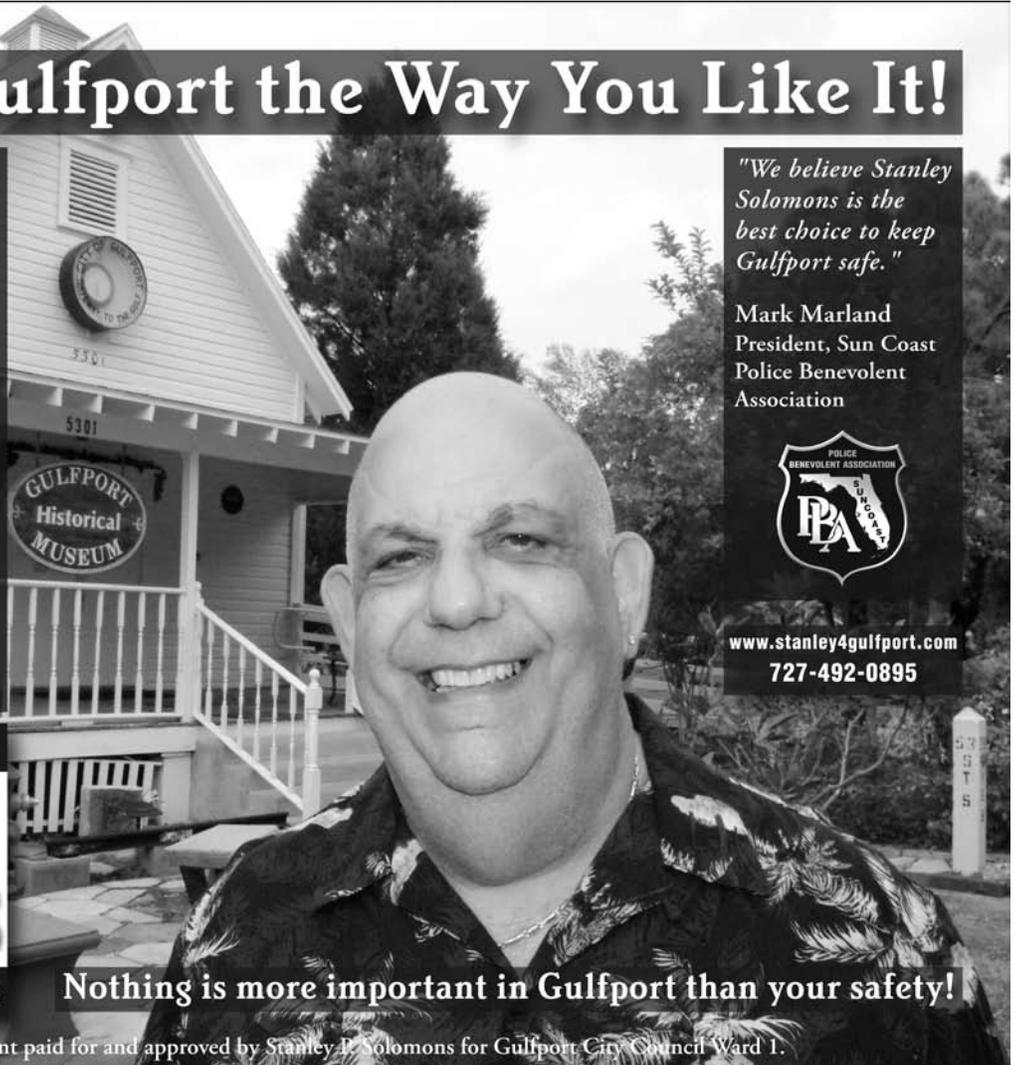
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Town Shores Golf

Time is running out to get your reservation in for the next golf outing to be held on Saturday, January 30. Don't delay, call today! Checks or money must be turned in by next Monday, January 25. Checks can be made out to Terra Ceia Bay Country Club.

This outing is open to all men and women residents and guests. Get your foursome together or the committee will pair you up with another group.

January's price is \$45 and includes 18 holes of golf, cart, lunch, beverages and prizes.

Check in is between 7:45-8:05 a.m. with a shotgun start at 8:30 a.m. Coffee and donuts will be available after check in. Please call for reservations and get your money to any of the following committee members: Gene at 345-4483, Chet at 345-2093, Lew at 343-3046 or Jim at 343-0459.

...

Mardi Gras Ball at Gulfport Casino

Shake off the winter blues and let the good times roll at the flamboyant Mardi Gras Ball. The Big Easy style fun begins at the Gulfport Casino on Friday February 12 at 7 p.m. Tickets are \$20 and available now until sold out. Dance the night away to the beats of authentic Cajun Zydeco, Blues and Jazz. Greet the Mardi Gras King & Queen, St. Louis Cardinal and former Tampa Rays pitcher, Trevor Miller and his magnificent wife Pari. Party-goers are encouraged to get into the Mardi Gras spirit by dancing the night away for a good cause and dressing with flair, however, colorful masks and elegant costumes are optional. Ticket price will include lip smacking Louisiana cuisine and a cash bar will be available. Ticket sales and a silent auction will benefit a variety of Kiwanis charities including Pinellas Hope, and H.E.A.T., a Pinellas schools project that assist homeless children and their parents. For more information or to purchase tickets, please visit www.KiwanisGulfBeaches.com, or contact Kimberly Boswell at 727-415-8326. The Gulfport Casino is located at 5500 Shore Boulevard in Gulfport. Laissez les bons temps rouler!

...

Volunteers Wanted

The City of South Pasadena is looking for residents to volunteer to help with city events. For information, call City Hall at 347-4171.

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New Luncheon Excursions Offered

ST. PETE BEACH: The St. Pete Beach Community Center is now offering weekly Luncheon Excursions taking participants to a new restaurant in Tampa Bay each week. The excursions leave from the Community Center, 7701 Boca Ciega Drive, at 11 a.m. every Wednesday and return when lunch is over. The cost for transportation and parking is just \$3 for St. Pete Beach residents and \$5 for non-residents. Whether you are new to the area and would like to lunch with new friends or would just like to explore fun, new restaurants in the area, these Luncheon Excursions are for you! Call 363-9245 for more information or to register for upcoming trips.

...

MARSP

The St. Petersburg Chapter of the Michigan Association of Retired School Personnel will meet on Tuesday, February 9. Joy Katzan-Guthrie, pianist, vocalist, composer and lyricist, will return and present a program entitled "Songs of the New Years & New Decades". Call Wendy Risk at 572-9854.

...

Care Givers Support Groups

Do you find yourself "caring" for the health concerns of another? If so, consider coming to one of Pasadena Community Church's Care

Giver Support Groups in the Life Enrichment Center at 227 70 Street S. One group meets on Tuesday evenings from 5:30-6:30 p.m. and the other meets on Wednesdays from 9:30-10:30 a.m.

Both groups are open to the public and provide a confidential setting for those attending to share with others who are in like situations their experiences, joys and concerns of "care giving". The person may be a relative or just a good friend. It is not

necessary that the individual reside in the same house with you or even the same state.

Call Pam Lanning at 347-2809 or Barbara Posey at 381-2499, ext. 214.

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Seniors' Chat Room

Experience table topics with the Gulfport Senior Center's Chat Room every Friday at 2 p.m. The Center is located at 5501 27 Avenue S. in Gulfport.

...

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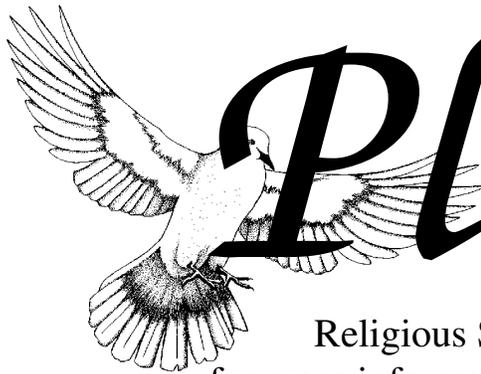
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Discussion - 10:15 AM
Program - 11:00 AM
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Mini-Luncheon and Card Party

Our Savior Lutheran Church Womens Guild, 301 58 Street S. in St. Petersburg will host their Annual Mini Luncheon and Card Party on Thursday, January 28 from 12 noon to 4 p.m. Tickets are \$6 and many door prizes will be available. Phone Barbara Poston at 343-4231 or Erna Hall at 360-1576 for ticket information. Public is invited.

...

2nd Mile Recovery Group

Meetings promote growth in Christ and recovery from addictions. Open to all those affected by addiction whether individually afflicted or burdened with someone who is. Meetings will be held Tuesdays at 5:30 p.m. at Tradewinds Church located at 6740 Park Street S., So. Pasadena. Call 344-1501 for more information.

...



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1150 49th St. N.
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www.TrinityStPete.org

Everyone Welcome - Open and Affirming

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Contemporary Worship service: 10:30am
Children's Sunday School: 9:30am
Adult Sunday School: 9:45am
Middle School Youth Group: 3:00pm
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Thursday Pastor's Book Study: 6:30pm
Rev. Gaye Bosley-Mitchell, Pastor

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Metaphysical Community Church
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Sunday Worship Services 11:00 am
1/16 Shustah Seminar 10:30 - 3:30pm
1/18 Study of Tarot 7pm
1/19 Beginning Astrology 7pm
1/20 Intuitive Development 7pm

Check our WEBSITE for Classes/Events
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11:00 am and 7:00pm
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Food Pantry is Open
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from: 10 am to 12:30 pm

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Get Answers!

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Pastor Paul Burtzclaff
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St. Petersburg, FL. 33707

Traditional Service 8:00 AM
Contemporary Service 10:00 AM
Traditional Service 11:30 AM
Sunday School 9:00 AM

Worship

Sophie's Thrift Store

Sophie's, located at 2720 53 Street S. in Gulfport, which is an outreach ministry of First United Methodist Church of Gulfport, is currently closed for renovations. They expect to be open to the public on February 5. Their hours will be Friday and Saturday from 9 a.m. to 12 p.m. For more information, call 321-3620.

...

International Children's Choir in Concert

Park Place Wesleyan Church, 4400 70 Avenue N. in Pinellas Park, will present the Children of the World International Children's Choir on Sunday, January 24 at 10:15 a.m. Free admission. Nursery provided. Call 526-3674 or visit www.ppwc.org.

...

Shop Thrift, Boutique and Gift Shops

Pasadena Community Church has three stores at one location (Pasadena Avenue and Second Avenue S.). Thrift and boutique are open from 9-12 Wednesday and Saturday. Gift store is open from 10-2 on Wednesday only.

...

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<p>Child Care both Sun, morn & Wed. Evening</p>	<p>Sunday Mornings</p> <table border="0" style="width: 100%;"> <tr> <td>Sunday School</td> <td style="text-align: right;">9:15a</td> </tr> <tr> <td>Traditional Serv.</td> <td style="text-align: right;">10:30a</td> </tr> <tr> <td>Fellowship for all</td> <td style="text-align: right;">11:30a</td> </tr> </table>	Sunday School	9:15a	Traditional Serv.	10:30a	Fellowship for all	11:30a
Sunday School	9:15a						
Traditional Serv.	10:30a						
Fellowship for all	11:30a						



Wednesday Weekly
Supper @ 6:00p
Bible Study 7:00p

**St. Vincent's
Episcopal Church**
5441 9th Avenue North
Saint Petersburg, Florida 33710
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Schedule of Worship

Sunday Worship
8:00 AM & 10:00 AM

Wednesday 10:00 AM
(Healing)

PASADENA COMMUNITY CHURCH

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9:00 am Direct Connection Contemporary Service
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11:00 am Traditional Service

10:00 am Classes for All Ages

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Register for Silver Alert Program

Local retired officer, Neil Arfmann has been in the "safety" business his whole adult life - from working with McGruff the dog, taking a bite out of crime for children's safety to the National Silver Alert program for seniors and caregivers.

On Saturday, January 30 from 10 a.m. to 2 p.m., Arfmann will be presenting a free program for seniors and caregivers - the National Silver Alert Program at the Senior and Caregivers Expo in St. Petersburg (The Sunshine Senior Center). The

program is a free online registration modeled after the Amber Alert for kids. Silver Alert is an emergency system in which law enforcement can broadcast regional or statewide alerts for missing seniors and/or other adults with Alzheimer's or other cognitive disorders.

...

City of Treasure Island's Name the Park Contest

The City of Treasure Island announces a "Name the Park" contest for the beach park located at 10400 Gulf Boulevard, formerly the TI Beach Access owned and operated

by Pinellas County. All Treasure Island residents, property owners and business owners are invited to participate. The participant with the winning name will receive a \$200 savings bond which will be presented to the winner at the March 2 Commission Meeting.

Rules of Entry packets can be picked up in the Recreation Department located inside city hall at 120 108 Avenue or on line at www.mytreasureisland.org Deadline for submission is 4:30 p.m. on Friday, February 5.

For additional information, please call the Recreation Department at (727)547-4575, ext. 237.

...

The Sunsation Show Chorus

If you missed the 3-show season ticket rate because you were not here in November, you can purchase tickets for 2-shows for \$25: single shows are \$15. "Jukebox Saturday Night" will be presented January 24, 3 p.m. at Pinellas Park Performing Arts Center, 4951 78 Avenue and January 31, at Largo Faith United Methodist Church, 403 First Ave.

"Broadway, Opening Night" will be presented April 11 at Pinellas Park and April 18 at Largo, both shows at 3 p.m.

For tickets call 688-5189; 541-4501 or visit www.sunsationshowchorus.com.

...

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Are you ready to expand your boating knowledge and skills? Basic Coastal Navigation, a two hour class presented in one evening by the St. Petersburg Sail and Power Squadron, is available to anyone 12 or older.

This seminar will help captain and crew navigate safely and comfortably. The student kit contains The Weekend Navigator and the Maptech CD.

Instruction is free. Cost of the materials is \$30 per family. It will be held on Wednesday, February 17 from 6:30-9 p.m. at the St. Petersburg Sailing Center, 250 Second Avenue SE, Demens Landing, St. Petersburg. Pre-registration is required. Register on-line at www.boating-stpete.org or call 727-525-0968. The course chairman will contact you with confirmation.

...

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For Gulfport City Council Ward 1

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Judy Ryerson for Councilmember Ward 1

South Pasadena Civic Association

The South Pasadena Civic Association will have a Lasagna Dinner on Saturday, February 6 at 5:30 p.m. at City Hall. Following the dinner there will be 10 games of bingo. Cost is \$8 for members, \$10 for non-members. For tickets, call Agnes at 347-5292.

On Saturday, February 20 they are going to a dinner theater in Clearwater. Tickets are \$32. Tickets are limited. Call Agnes at 347-5292.

TUESDAYS Senior Citizens Day



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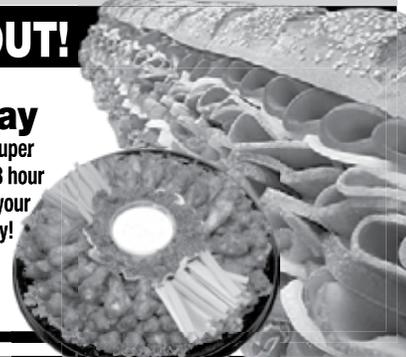
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Adam Smith to Speak at Democratic Club

Adam Smith, Chief Political Reporter at the St. Petersburg Times, will be the featured speaker at the February 11 meeting of the Greater Pinellas Democratic Club. The meeting, to be held at Banquet Masters, 8100 Park Boulevard in Pinellas Park starts with cocktails (cash bar) and social time at 6 p.m., followed by a sumptuous buffet dinner at 6:30 p.m., and concludes with

Mr. Smith's informative, timely presentation and discussion. Don't miss this chance to hear and discuss the latest in political discourse.

Questions, reservations (dinner \$15) call Betty Morgenstein at 727-360-3971. Everyone is welcome.

...

Grief Support Group Continues

Each Friday beginning January 8 from 10 a.m. until noon GriefShare DVDs will be shown at Cornerstone

Community Church at 6745 38 Avenue N. in St. Petersburg. Everyone who is experiencing the loss of a loved one is welcome. You may begin at any time throughout the thirteen weeks. Cost is \$1 at each session to help pay for the workbooks. Professionals who work with grieving people will be most helpful to you. For more information please call 727-343-7747.

...

New Mat Pilates Exercise Class

Classes will start the first week in January. This class will be offered Monday and Wednesday from 10-11 a.m. and Tuesday from 6:30-7:30 p.m. Classes will be \$8 dollars each. Please contact the instructor Lisa at 639-9277 or John at the Rec. at 893-1079 for more information. Also for more details on all their classes please visit the Rec. center link on http://www.mygulfport.us/City_Departments/Leisure_Services/Rec_Center/NEW/index.htm.

...

**HEAD INJURY?
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TO QUALIFY YOU MUST:

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- Feel sleepy or tired 5 or more days a week on average
- Be willing to take test and medicine for 12 weeks
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- Be age 18 to 65
- Have had 1 head injury in the past 10 years
- Feel sleepy or tired 5 or more days a week on average
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Free Oil Change with Pet Adoption

In January, adopt a cat, kitten, dog or puppy from the SPCA Tampa Bay and receive a coupon for a free oil change*. Adoption specials include fees waived for adult cats (1 year or older) on Win-Win Wednesdays and Feline Friends Fridays. Victory for Veterans allows military members and veterans to adopt a dog or cat (1 year or older) free of charge. Prices may vary of purebreds. Location: 9099 130 Avenue N. in Largo. Hours: Tuesday-Thursday from 11 a.m.-7 p.m.; Friday, 11 a.m.-6 p.m.; Saturday, 11 a.m.-5 p.m. and Sunday noon-5 p.m. For more information call 727-586-3591 or visit www.spcatampabay.org. (*No diesel or vehicles that take more than 7 quarts).

...

Pet Food Donations Wanted

Help pet owners by donating cat and dog food. The SPCA Tampa Bay is asking the community for donations of cat and dog food to distribute to families experiencing tough financial times. For those who need assistance, call for an appointment at 727-586-3591, ext. 144. Cat and dog food drop off times are: Tuesday-Thursday, 11 a.m. - 7 p.m.; Friday, 11 a.m. - 6 p.m.; Saturday, 11 a.m. - 5 p.m. and Sunday, noon-5 p.m. Monday closed. Shelter location: 9099 130 Avenue N.,

Largo. For additional wish list items, view spcatampabay.org.

...

Friday Open Air Market in Treasure Island

The Treasure Island Chamber of Commerce announces that the Friday Open Air Markets has started every Friday until March (excluding holidays) from 9-2 p.m. at the Community Center, Market features arts and crafts, food, fresh produce, music, free parking. Rain or shine.

...



Celtic Music from the South

"One of the best American Celtic bands I have heard in a long, long time!"
Brian McNeill, founder, Battlefield Band

Henri's Notions

Friday, January 29,
7:30 p.m.

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The Palladium box office —
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11:30 am Yoga with Valerie
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4:00 pm Yoga with Heidi

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Officer Safety Training Course Offered

ST. PETE BEACH, FL: Hyde Tae Kwon Do, operating out of the St. Pete Beach Community Center, is offering a new Officer Safety Training Course on Saturday, February 6 from 10 a.m. to 1 p.m. The course will cover subjects such as gun safety, take downs, defense against straight and round house punches, and defense against guns. Instructor Master Hyde is a former Police Officer with Pinellas County and a Firearms and Self-Defense instructor for Campus

Police from 1986 to 1991. He has studied martial arts for over 30 years and as taught for 20. Police Officers from all over Tampa Bay are invited to take part in this dynamic safety course held at the St. Pete Beach Community Center, 7701 Boca Ciega Drive. Call Master Hyde at 798-0220 to register.

...

"A Night in Italy" at the Senior Center

Bellissimo! Come join The Gulfport Senior Center for "A Night in Italy" on Friday, January 29 starting with

a Spaghetti Dinner at 6 p.m. and followed by a performance in the Hickman Theater by the Italian-American Society of St. Petersburg. Tickets (\$10) are available now at the Senior Center. Proceeds benefit the Gulfport Senior Center Foundation.

...

Basic Drawing

The Gulfport Recreation Center will be starting a basic drawing class. The class will be on Thursdays from 1-3 p.m. The fee will be \$60 for the 4 week session (\$15 each class). The next session will start February 4. Please call the instructor Doug at 727-643-2554 with questions. You will need to bring a pencil and paper to class.

...

German Speaking AA Meeting

There will be a German speaking Alcoholic Anonymous meeting every Saturday, from 4-5 p.m. at 7815 Blind Pass Road in St. Pete Beach (above the coin laundromat). Hope is found there.

...

Wednesday at 6:00pm
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Gulfport Goes Gladly... to the Dogs

By Suzanne King

Get Rescued...In Gulfport, the animal rescue festival and fundraiser, is preparing for its sixth annual event to take place on Saturday, February 27 from 10 a.m. to 5 p.m. Animal rescue organizations, many appearing with adoptable pets, take over Beach Blvd. to raise money and awareness for their causes. Additionally, animal-related vendors, artists and crafters offer their wares to festival-goers. Each year, hundreds of attendees, many accompanied by their own canine companions, make their way to Gulfport to participate in what has become a beloved tradition.

Pet related activities include agility contests, a pet and their people dance contest, training demos and more. Participants are encouraged to bring donations of dog and cat food and cat litter to be distributed to the rescues. This popular event, which GMA helps to sponsor, has evolved from one block and a handful of animal rescue groups in its first year to a popular and beloved event representing over 60 animal rescue groups from throughout the region. It is one of the largest such events in the nation. All proceeds from vendor fees and sponsors benefit the non-profit rescue groups.

The event was conceived and has flourished under the supervision of two GMA members: Lynda Shehan of Auntie Lynda's Pet Care and Mary O'Malley of Reef Dog Gifts and Grooming. Over the years, Lynda and Mary have added additional fundraising events to tie in with the main Get Rescued event.

One component which continues this year is a Get Rescued Celebration held later in the evening after the daytime event. This year, the Celebration will be held at the Gulfport Casino from 7 to 11 p.m. Festivities will include music and dancing, cash bar, hors d'oeuvres, opportunity drawings and silent auctions with a wide variety of items provided by Gulfport merchants and supporters of the individual rescues. \$20 tickets for the Celebration will be available in advance at Reef

Dog or Domain Home Accessories, or tickets can be purchased at the door.

Leading up to Get Rescued, fundraising has been taking place since the Fall on the first Friday of each month at Ecco Bistro & Tapas in Gulfport. Coinciding with the First Friday Art Walk, Ecco is donating 20% of its receipts to Get Rescued. The monthly event, next occurring Friday, February 5, has attracted many diners who are anxious to contribute to the Get Rescued effort by simply enjoying dinner or a glass of wine.

Supporters can become involved in Get Rescued by sponsoring an individual animal rescue group for

\$50, which will include a prominent sign at that group's Beach Blvd. booth. Additionally, donations of merchandise or gift certificates for the silent auction and drawings will be appreciated. Get Rescued is proudly sponsored/co-sponsored by the City of Gulfport, The Gulfport Merchants Association, Pet Angel and more. The daytime event is free for the public to attend. For more information, contact Lynda Shehan at 727-323-3892 or email no1ringmaster@aol.com.

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Gulfport Garden & Bird Club

Those who attended the program at the Suncoast Seabird Sanctuary enjoyed a worthwhile experience. The tour guide was very knowledgeable and gave an interesting tour.

The February 11 program will be a trip to Sarasota to visit two garden centers. Tropiflora specializes in bromeliads, succulents and rare plants. Hibbs Farm and Garden Center is a full-service facility that carries a great variety of plants as well as many hard-to-find specimens.

If you have not already made arrangements for a ride, please call Sarah Kelly at 345-5848. She is coordinating the carpools. Plans are to leave various areas between 8:45 a.m. to 9 a.m.

...



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The Gabs

By Leigh Clifton

Do you think that Gulfport and St. Pete should follow Seminole's lead and pass a law that bans tethering a dog outside without supervision?



Nicole Comer, Gulfport: "Yes I do; I think there should be a law that prohibits that kind of cruelty to an animal. When you get a pet, it's an investment of time and money. When you put a dog outside on a lead all day, that doesn't provide the dog proper exercise and that's not an investment of time. I think animals deserve to be walked; they need stimulation and contact. You just can't get a dog and then chain it up in your back yard. There are plenty of no-kill shelters if you can't properly provide the necessary care it takes to have a dog. I have two dogs and a ten year old and we all go to the beach and play; they're all my babies and they get treated very well. If you can't take care of a dog, don't have it!"

...



Heather Wyble, Gulfport: "I can certainly understand why they would want a law banning chaining a dog outside. I own a six month old Aussie dog and we don't tie her up outside unattended, basically for her own safety. We have a pool and we've already had to rescue her from the pool three times when she fell in. We're in the process of teaching her how to swim. We're also very involved with the local dog parks like Gulfport and Fort DeSoto. I think a dog is just like a kid; they're totally dependent on you. They need exercise and love and chaining a dog up just isn't fair to the animal and it isn't safe. It makes them aggressive and lonely. They need interaction and kindness, just like kids."

...



Al Salazar, St. Pete Beach: "No, I don't think we need a law telling people how to treat their dogs; I think that's crazy! Do they expect me to sit in a lawn chair for an hour while my dog exercises in the back yard? I think you should be allowed to leave your dog outside on a line and I don't think you should have to watch him the whole time. I do agree that they should do something about those people who buy a dog and just chain it up; there's definitely something that should be done about that. But to say that if I want to tie my dog outside I have to supervise and watch while my dog plays outside in my backyard is ridiculous."

...



Lorraine Ward, Gulfport: "I don't like to see a dog chained or tied up. I live by the Marina and I've heard that roaming dogs have been attacking other dogs and people too! These could be dogs that were abused or chained and got loose and now are so aggressive there's no hope of rehabilitation for them. I'm totally against having a dog chained up; it just makes them crazy. Why would they get a dog and then just chain it up and not take care of it properly? To me, it's a reflection of the character of the owner. These are people who shouldn't have a dog in the first place. If they treat their animals so deplorably, it makes you wonder how they treat their children and family members. I think a law would certainly weed those people out and maybe save a dog's life in the end."

...

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FEMA pays a commission to the agencies that write their policies. Jeff and his agency are sharing that commission with their customers.

Jeff says, things are tough for everyone, and if his company has a little to share with the community, it's happy to do so.

"With the economy the way it is, we thought it would be nice to give something back, especially since insurance has such a negative connotation," Jeff says.

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By Mary Marsh

Come See the Show

Five members of The Art Guild of Treasure Island offer 20 paintings to adorn the walls of our Community Center through March 4. Participating in this show are Pat Davis, Peter Garino, Jill Hale, Toni Parsons and Grace Porter. This week we introduce the works of Pat, Peter and Toni.

Pat Davis continues to grow in her art through her studies with Judi Dazzio and Marge Andruk. Her award-winning acrylic paintings often show emotional tension or controversy, as in "Whatever Happened to Common Decency?", "A Bit Of a Chat," and "Decisions." But Pat's humor and whimsy bursts forth in her colorful "To Market, To Market," in which the red-coated 'farmer' grips two white pigs with pink ears and snouts, looking more like soft, stuffed animals.

Peter Garino, leader of our weekly Portrait Workshop, has chosen four oils: two portraits and two landscapes, each demonstrating his versatility. Pete gives his "Portrait of Judy" a soft, gentle treatment and "Le Coq au France," the elegant rooster, a rich, dramatic flair. In "El Morro" he contrasts the stark silhouette of the stone fort against a brilliant blue sea. Finally, Pete's "Florida Mailbox" offers a warm, sunny welcome to visitors.

Toni Parsons continues to intrigue the viewer with her bold, acrylic colors and compositions. "Life's A Beach" depicts grandma, mom and creeping baby in a hectic kitchen scene. Again, in "Downtown" Toni uses multiple figures to tell her story. "Elk In the Aspens," though colorful, is more restful, as is her pastel "Florida Hibiscus." However, golden petals set against a strong turquoise background make this just as eye-catching as the others.

Enjoy this exhibit at the Center located on 106th Avenue just east of Gulf Blvd. Please call the Recreation Center, 547-4575 for information about hours.

News from the
Gulfport Historical Society



Book Tie-In with Musical

In keeping with "Gulfport, The Musical", History of Gulfport books will be available in the lobby of the Hickman Theatre during performances. Three books are currently available, the pictorial history, and the "Definitive History of Gulfport" Volumes I and II. Also on sale will be Historical Museum t-shirts and coffee mugs. All sales benefit the Gulfport Historical Society.

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Trip to Ringling Museum

The Gulfport Historical Society is planning a trip to the Ringling Museums on Saturday, January 30. They will carpool from the Gulfport Museum at 9-9:30 a.m. Museum admissions are \$25 for adults, \$20 for seniors, and is well worth the price. The newly opened miniature circus is a fascinating sight, as well as the circus museum with painted circus wagons, etc. The art museum has many treasures. The home of John and Mable Ringling is also well worth a visit. Food and beverages are available on the grounds.

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ATTENTION GULFPORT TEENS

Are you 13-19 years of age?

Are you interested in becoming a part of
changing the way people view teens?

The Gulfport Teen Council is looking for you! Teen members' involvement includes working with the City Council concerning equipment recommendations; budgetary considerations for City's parks and recreation programs; and provide recommendations, suggestions and assistance with youth events for city-sponsored festivals/programs. Teen Council members also gain valuable community experiences by attending local and state conferences, participating in community service projects and by representing the best of the City's youth. Get involved today! There is one vacant regular member position and three vacant alternate member positions available. Applications may be picked up at the Gulfport Recreation Center, 5730 Shore Boulevard S. or City Hall, 2401 53 Street S. Positions are open until filled. A recommendation/reference letter is required from a principal, school counselor, teacher or an adult not related to applicant attached with the application.

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Register for Clown School

The Suncoasters of St. Petersburg are now accepting registration forms for the 2010 Festival of States Clown Alley Clown School sponsored by All Children's Hospital.

This popular program has been a tradition of the Festival of States since 1972. Christine Davison, a graduate of the famed Ringling Bros. Barnum & Bailey Clown School, teaches character definition, make-up, costuming and performance

techniques during the five week series.

Both children and adults are welcome to participate and all graduates will be invited to show off their new skills in the Festival of States Illuminated Night Parade on Thursday, March 25 and the Festival Day Parade on Saturday, April 10.

The five classes will be held on Thursdays February 11, 18, 25, March 4 and 11. All classes are held at All Children's Hospital Education Conference Center, 710 Fourth

Street S., St. Petersburg from 6-7:15 p.m.

The cost is \$17 per person, plus \$5 for each additional family member. Fee includes instruction for all five classes and a Clown Alley T-shirt.

Registration forms are available at festivalofstates.com. For additional information, contact the Festival of States at 727-821-9888.

...

Band Salutes Presidents in Free Concert

The South Pasadena Community Band announces its February concert entitled Presidential Salute. The concert is free to the public and will be presented Thursday, February 11, at 7:30 p.m. in the Boca Ciega High School Auditorium located at 924 58 Street S. in St. Petersburg. The facility has adequate free parking and is handicap accessible.

According to Max Millsbaugh, the concert will feature a Lincoln portrait set to music and a moving Jefferson portrait with a musical background. "We will also feature some familiar marches and a very interesting Dixieland arrangement that will include several Dixieland standards, said Millsbaugh. "We are planning to present some other selections that will give the audience nice variety and some interesting, listenable fare," he concluded.

Mayor Kathleen Peters said that the community is welcome and that South Pasadena is pleased to be part of making the band available to the entire community. "This is a community relations initiative that we have supported in part for over twenty years," she commented. "When they play the National Anthem or, as they will on this concert, "Ruffles and Flourishes" followed by "Hail to the Chief," I can't help but think of the pageantry of military bands and the connection between bands and the ceremony that has surrounded every president of our great country. This will be a very interesting and inspiring concert," she said.

Parking will be available in front of the school and adjacent to the auditorium. Buses will be accommodated in special parking area.

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Crossword Puzzle

Solution on Page 18

ACROSS

- 1 "___ triumphant, venite ..."
- 6 Steed
- 10 Former British prime minister
- 14 Bower
- 15 Take
- 16 Reveal
- 17 Gettysburg general
- 18 All het up
- 19 Hodgepodge
- 20 Certainly not a world power
- 23 Marv Albert's favorite word?
- 24 Egomaniac's concern?
- 25 The shakes, briefly
- 28 Dismay
- 32 Japanese statesman
- 35 Newton
- 38 The public eye
- 40 Alice's husband
- 41 Scottish one
- 42 Brilliance
- 43 Rumor monger's medium
- 45 Geneva's river
- 46 Double curve
- 47 Delay

DOWN

- 49 Anthem contraction
- 50 Tax lead-in
- 51 Is past
- 54 Sycophants
- 62 Asp victim, for short
- 63 Epsilon follower
- 64 Kiddie nightcap?
- 65 Bogart thriller, "___ Reckoning"
- 66 Goldblum/Pfeiffer flick, "___ the Night"
- 67 Ruth topper
- 68 Withered
- 69 Fusses
- 70 Panache

DOWN

- 1 AKA Elia
- 2 Length X width
- 3 "Israel in the World" author
- 4 Present
- 5 Actress Dunne
- 6 Preservative
- 7 "A ___ to Live"
- 8 Over
- 9 Enchant
- 10 "Christ Stopped at ___"
- 11 "Persistence of Memory" painter

- 12 ___ Severeid
- 13 Classic prefix
- 21 ___ matter of fact
- 22 Coover's partner
- 25 Requiem
- 26 Russian rulers: var.
- 27 Rooms in a casa
- 29 Braid
- 30 Auricle
- 31 Arab ruler: var.
- 32 Eskimo's castle
- 33 Scottish baron
- 34 Lutra canadensis
- 36 Bk. section
- 37 Model Tieg
- 39 "___ bin ein Berliner"
- 44 San Marco site
- 48 MADD concern
- 50 English potter
- 52 Writers' gp. author
- 53 Shallow
- 54 Toward shelter
- 55 Unflattering shape
- 56 Hang
- 57 Preminger
- 58 Its capital is Vientiane
- 59 Beige
- 60 Forster's had a view
- 61 Compos mentis
- 62 Today's LPs

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Points On Pets

By Matthew Margolis

Protection And Aggression Are Not The Same Things

Not long ago, a woman called me, very upset. She'd just dropped her dog off at a shelter -- the same shelter from which she had originally adopted him only a few weeks earlier.

When I asked why she returned him, she described what were obvious signs of severe aggressive tendencies.

When I asked why she had taken him home with her in the first place, she said, "For protection."

OK. "For protection" makes sense. A lot of people bring a dog into the family for protection. But protection and aggression are not the same things.

You don't want your four-legged, iron-jawed protector protecting your home and belongings from you and your family. And you don't want to have to protect yourself and your family from little Cujo. You are then prisoners in your own home, held captive by your own dog. That's no way to live.

We all want to feel safe. And we all have our ideas of how to find that feeling of safety. Bigwigs hire bodyguards. There's the home alarm system -- just a notch above the car alarm in effectiveness. And some folks keep a gun near the nightstand -- intimidating, but not for everyone. Still others -- many, many others -- get a dog.

If you're leaning toward the latter, there are some things you should know and understand before diving in.

Above all, protection dogs should be social, friendly and loving -- with everyone. What? What about growling? Snarling? Frothing at the mouth?

Protection dogs are not mean or scary. They're highly trained, physically conditioned and mentally alert creatures. They're also incredibly loyal and loving -- when properly

trained and socialized and treated with love, praise and affection.

Protection dogs do their best work from inside the house. Left outside, your watchdog is vulnerable to the very people you want protection from.

Dogs will be dogs, and even the most sophisticated and intelligent watchdog finds it hard to resist a juicy sirloin. If some ne'er-do-well drops a sweet-smelling hunk of beef seasoned with arsenic into your backyard, your pal and protector won't be around to help you when you need it. This really happens. Evil does exist. So keep your dog inside, where he can keep you safe and you can keep him safe.

In thinking about a dog in terms of protection, ask yourself what you really want and what you really need. Do you want a protection dog, trained like a police dog, or do you really want a burglar alarm with a heart?

Unless your only other choice is the Witness Protection Program, what most of us really need is a dog who will cause a stir if someone's jiggling the door handle in the dead of night. As Waylon Jennings once sang, "You wanna get the rabbit out the L-O-G, you gotta make a commotion like a D-O-G."

Waylon's right. Mr. Burglar makes a small noise, little Fluffy makes a big ruckus, and Mr. B has to pause and ask himself, "Do I feel lucky?" Most likely, he'll move along to a more peaceful place, where he can slip in and out without the fuss.

But if you really do need a protection dog, first carefully consider the breed. Certain breeds are better suited to provide that kind of service than others, and you might be surprised by what you find.

A 90-pound Bloodhound asleep at the foot of your stairs might look capable of doing some serious damage, but chances are a clown car full of burglars could step right over him, empty your jewelry drawers and head out without so much as a "Woof!" from Sleepy. A 7-pound,

yappy Yorkshire terrier, on the other hand, could easily be a burglar's worst nightmare.

Do your research. Decide what kind of protection you need. Be aware that professionally trained protection dogs are more expensive. Your local police station may be able to provide additional information on this option if you feel it's the one for you.

Whatever you do, know the difference between protection and aggression. Protection is a legitimate reason to get a dog, but there is no reason at all to live with aggression.

...

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This gentleman is a bit of a mystery since he arrived as a stray. Our incredible SPCA vets say that he's a very healthy adult, probably approaching his fourth birthday. We spent some time together and I found him to be very friendly, trusting and easy going. He spent several minutes investigating his surroundings then apparently he decided he'd done enough exploring and he just climbed onto my lap and started purring loudly. Visit Joey at SPCA Tampa Bay, 9099 130 Avenue N. in Largo, or call

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Horoscope Guide

AQUARIUS (Jan. 20-Feb. 18). You're still thinking about that dream that hasn't come true -- yet. Ask yourself whether you are willing to trade the correct remuneration to get what you want. Things happen when you're ready. When you've done the right kind of work for the right amount of time, you'll see results, and not a moment sooner.

PISCES (Feb. 19-March 20). In the science of weather, expansion causes cooling and compression causes heating. It's the same in your relationships. Being around the same people causes friction and heat. As you break away to follow your various interests, a cool, refreshing breeze blows through the landscape of your friendships.

ARIES (March 21-April 19). You'll be under pressure to finish a project. The one who is driving you the hardest is you. This is no time to let up, but do have a sense of humor about the situation. The world is not going to end if you don't make the deadline. Lighten up and you'll achieve much more than you will with an overly serious attitude.

TAURUS (April 20-May 20). Play it low key. Do less and you'll achieve more. You don't need to be perfect. Impressing everyone with your considerable skills will only backfire -- you'll be expected to deliver the extra dazzle in the future, too, and you'll tire yourself out trying to keep up. In many instances, just being there will be enough.

GEMINI (May 21-June 21). Your life is so busy this week that the idea that you would actually have time for meditation, isolation and silence may be so far from your reality that it sounds like a joke. But whatever you make a priority you can make happen. Honor your quest for wisdom by carving out time to commune with the silence.

CANCER (June 22-July 22). There's a fine line between following your

whimsy and wasting the hours. You know which side of the line you're on by the way you experience time. If it's whizzing by, you're probably having too much fun to care whether your efforts come to anything tangible. But if time drags along, you need to find a different purpose.

LEO (July 23-Aug. 22). It will be easy to miss what's important amid the busy swirl of this week. Free yourself from the physical plane because what really counts won't be material. Soulfulness is what draws others to you. Connect with your heart. Listen to music, look at art or be in nature. Experiencing beauty makes you more beautiful.

VIRGO (Aug. 23-Sept. 22). A rainbow of emotions arcs through your activities this week. At times, your feelings will seem out of your control -- more like a biological response than a conscious experience. Let yourself feel, instead of trying to hold back, deny or resist what's happening, and you will become powerfully in charge.

LIBRA (Sept. 23-Oct. 23). The same formalities that make others feel secure will seem too stiff and unnatural to be comfortable to you. That's why you'll be drawn to the person who breaks the normal code of behavior. And you're a bit of a rebel yourself. The rules are just begging to be rewritten, and you are just the person to do it.

SCORPIO (Oct. 24-Nov. 21). Someone makes a genuine mistake. Instead of feeling superior, you take pity on this person and help him right the wrong. You wish someone had done the same for you. It's these kinds of selfless acts that evolve the planet. So what seems small to you is actually an important contribution to humanity.

SAGITTARIUS (Nov. 22-Dec. 21). Enjoy your time in between projects. You know what it's like to toil away

endlessly on a multidimensional project. That's why you don't want to jump into anything new just now. You have the feeling that once the train starts rolling it will be difficult to get off of it. And you're absolutely right.

CAPRICORN (Dec. 22-Jan. 19). Age-old conflicts will arise, especially having to do with sibling rivalry and the like. You'll decide to be the bigger person. It's not because you need to feel that you are in the right, or because you think it's a holier journey. It's because you sense that getting your ego out of the way will help you glimpse the infinite.

This Week's Birthdays: You'll be first in many lines this year, which makes you feel generous and watchful of your fellow success-driven colleagues and friends. By March, you'll realize there's no big rush to win, and that's when you'll be swept into the momentum of all you've done so far and carried to the very level you have been trying to achieve for years. Always remember that it's relationships that matter most. As you forge ahead with your dreams, you will grow in your ability to love and be loved.

...

Music at Gulfport Beach Pavilion

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Tuesday, 1-3:30 p.m.

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Thursday, 1-3:30 p.m.

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Friday, 1-4 p.m.

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Gulfport Elementary Gears Up for Yard Sale

Gulfport Elementary is rescheduling their yard sale that was slated for Saturday, January 9 to Saturday, March 20. This will be on the same day as the City Wide Yard Sale, The Nautical Flea Market and the Clam Bayou cleanup.

If you are interested in donating your time or items for a great cause to benefit Gulfport Elementary students, call Pat Dunham at 727-224-9771.

Shop at St. Vincent's Thrift Shop

St. Vincent's Episcopal Church Thrift Shop is having a sale. Visit them on Thursday for half-price on all clothing. They have a nice selection of ladies plus sizes. Open Monday through Saturday, 10 a.m. to 4 p.m. at 5124 Gulfport Boulevard.

Tour of Homes Needs Volunteers

The Pink Flamingo Tour of Homes will be held Saturday, March 13, from 10-4. If you can help with being a greeter at a home, or other duties, please call Beth Armstrong at 344-7674, or e-mail her at birdseyeviewgift@aol.com. If you've volunteered before, you know it's Gulfport's fun day!



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Tomlinson Skate Park Sticker
Annual cost \$5 res./\$10 non-res. Registration: Age 17 and under must be accompanied by a parent, have proof of residency and fill a consent form. Availability to register: Monday through Friday from 9 a.m.-8 p.m.

ACTIVITIES

Open Gameroom - Tues. & Thurs., 9 a.m.-2 p.m.

Adult Basketball - Mon., Wed. & Fri, 9 a.m.-2 p.m. and Thurs., 6-9 p.m.

PROGRAMS

School Year Child Care Program - Grades K-5, (up to age 14 on in-service days).

Teen Night - Teens, age's middle school to 17. Mon., Wed. & Fri. 6-9 p.m.

Tot Time Program - Ages 3-5 year

old, 8:30 a.m.-12 p.m.

NEW CLASSES- Interested in teaching a class? Call John at 727-893-1079 for more info

• Basic Drawing- Thur. Starting Feb. 4th. 1-3 p.m. Call Doug at 643-2554

CLASSES - Call instructor for more information

• Dog Obedience - Call Lisa at 772-3631.

• Fencing - Wed., 4:30 & 5:30 p.m. Call Jim Campoli at 813-855-3112.

• Floral Design-Starts Wed., Jan. 13 thru Jan. 27th. Call Laurie at 289-4818

• Gymnastics - Fri., 5:30 p.m. Call Barbara at 804-9400.

• Karate - Mon. & Fri., 6:30 p.m. Call Diane at 459-1399.

• Knitting Class- Thurs. 10:30 a.m. Call Latoya at 823-0437

• Mat Pilates- Mon. & Wed. 10-11 a.m. & Tues. 6:30-7:30 p.m. Call Lisa at

639-9277

• Nia - Wed., 9:00 am. Call Kaluwa at 729-9410.

• Noisemakers - Mon., 6 p.m. Call Gabe at 345-7472.

• Sumyie -Wed., 6:30 p.m. Call Mike at 320-5035.

• Stretch and Tone, Tues. & Thurs., 9-10 a.m. Call Jean 302-9423

• Tai Chi - Tues. & Thurs., 9 a.m. Call Aletta at 344-5181 or Marge at 345-6708.

• Tennis - Tues., 4:30 p.m., 5 p.m. and 6 p.m. Call Jack at 430-0690.

• Watercolor with Margo - Tues. 10 a.m.- Noon. Call Margo at 347-1859

• Watercolor with Patsi -Beginners/ Intermediate- Thurs., 6:30 p.m. Call Patsi at 501-3559.

• Weight Loss 4 Week Workshop-call 893-1079 if interested.

• Yoga - Thurs., 6:30 p.m. Call Maureen at 381-2166.



Gulfport Library

5501 28th Ave. So. 893-1074

or fax 893-1072

Gulfport Creative Short Story Writers: Every Wednesday, 10:00 am.

Testing for 2010 Census Jobs: Tuesdays through February, 3:00-6:00 pm. FMI: go online at www.2010censusjobs.gov or call toll-free: 1-866-861-2010.

One-on-One Computer Instruction: By appointment only--contact Alex Hooks at the Reference Desk, or call 893-1073.

Retrospective Exhibit of Paintings by James Scalse: Through January 27. Opening Reception: Friday, January 8, 5:00-7:00 pm.

Suncoast Computer Users Group (SCUG): Thursday, January 14, 6:00 pm.

The G & O Book Club: Saturday, January 16, 1:30 pm. Philosophical discussion group based on the works of mystic G. I. Gurdjieff and philosopher P. D. Ouspensky.

Coffee/Talk: Thursday, January 21,

10:00 am. Discussion of Three Cups of Tea, by Greg Mortenson and David Relin. Books / discussion guides are available at the Reference Desk.

Coffee/Talk Movie: "Cut From Different Cloth: Burqas and Beliefs" (Red Door Video, 2005). Thursday, January 21, 1:30 pm. This documentary film by Cliff Ofloff and Olga Shalygin explores the struggle for equal rights for Afghan women. (1 hr.)

Genealogy Discussion Group: Saturday, January 23, 1:00 pm.

Short Stories Study Group: Monday, January 25, 1:00 pm. Presented by local chapter, Brandeis University Women.

Crafts Club for All Ages: Saturday, January 30, 2:00 pm. Presented by Pat Brinkley.

COMING IN FEBRUARY: Exhibition of Works by Helen Mullin. Opening Day Reception: Friday, February 5, 6:00-8:00 pm. Through February 25.

UNLESS OTHERWISE NOTED, ALL PROGRAMS AND MEETINGS ARE HELD IN THE FRANCES PURDY FRIENDS ROOM

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& Saturday: 10 am-4 pm

All meetings and programs are FREE and OPEN TO THE PUBLIC. PROGRAMS AND DATES ARE SUBJECT TO CHANGE.

For more information, call:
893-1074, email HYPERLINK "mailto:gpublib@yahoo.com" gpublib@yahoo.com,
or check our website www.mygulfport.us/gpl

Services *City Sponsored Activities* *in the Community*

Senior Center 5501 27th Ave. So. 893-1231

SPECIAL ANNOUNCEMENTS:

Thursday at the Health Fair: Thurs. Jan. 21, 9am-noon: Free H1N1 Vaccines; free 911 cell phones, info on Medication Discounts, Free sign up for qualifying participants for Medicaid/Food Stamps, info on SHINE, Arthritis, the Census and more.

Shingles Seminar: You heard about Shingles and you don't want it! Come to our free presentation and learn more on Thurs. Jan. 21 at 10:30am. Call to reserve space as seating is limited.

Flea Market: Mark your calendars now for our Flea Market on Fri. Jan. 22, 9am-noon. Always great bargains at the Senior Center!

Fashion Show & Lunch: A Fashion Show will be held on Friday Jan. 22 at 11:30am followed by a sub sandwich lunch for only \$3.00. Meal tickets must be purchased in advance. (Other food items available at the Senior Center Snack Bar). Fashion Show clothing and accessories provided by the St. Vincent's Episcopal Thrift Shop in Gulfport.

History of Gulfport Tour for Seniors: The Senior Center and Senior Advisory Committee are planning a special tour for seniors on Mon. Jan. 25. Includes refreshments and a trolley tour of Gulfport with a special guide to explain points of interest. Meet at the Senior Center at 1:30pm. Call to register.

Spanish Classes: Spanish classes will meet on Mon. Jan. 25 (4pm beginners; 5:10pm Advanced) and starting on Mon. Feb. 1 there will be three classes. Beginners at 3pm, Advanced at 4:10pm and Conversation at 5:20pm. Classes are free to all registered Senior Center members.

Movie of the Month – Cocoon: Mon. Jan. 25 at 12:45pm.

"A Night in Italy" at the Senior Center: Come join us for "A Night in Italy" on Friday, January 29 starting with a Spaghetti Dinner at 6pm and followed by a performance in the Hickman Theater by the Italian-American Society of St. Petersburg. Tickets (\$10) are available now at the Senior Center. Proceeds benefit the Gulfport Senior Center Foundation.

Folk Dance Class for Beginners: The Italian American Society of St.

Petersburg will teach Folk Dance Classes for beginners for those who want to be a part of their dance group. Class for newcomers is on Thursdays at 7pm.

Computer Classes: One-on-one training sessions are available at no cost. Call for an appointment.

EVENTS & ACTIVITIES:

AARP Driving Classes: are held on the first two Tuesdays of every month from 1-4pm. Call 341-0130 to register and fee info.

Chair Yoga: Chair Yoga is now being offered at the Gulfport Casino on Wednesdays at 1:30pm. Free but must be registered as a Senior Center member.

Annual Entertainment Fair: Come and join us for a day of entertainment at the Senior Center on Mon. Feb. 15 (Presidents Day). The event includes a Flea Market from 9am to noon, Bingo at 10am, a hot dog lunch for \$2.00 (get your meal ticket now), entertainment by the Love Notes at 1pm and a Tea Dance with live music courtesy of The Nostalgic Band from 3-5pm. The dance and refreshments are free. Free computer training will also be offered from 9:30-11:30am.

Free Valentine Tea Dance: A Valentine Tea Dance will be offered on Mon. Feb. 15 from 3-5pm. Live music by The Nostalgic Band. Refreshments included. Be a sweetheart and bring a can of food for our Food Pantry.

Stretching for Seniors: Every Tues. at 11:15am

Wii Bowling: Wii Bowling: Every Thurs. at 1pm, and 1st & 3rd Tues. at 6:30pm.

Live Chat Room: Fri. at 2pm at the Senior Center

Ongoing Support Groups:

Diabetic Support (Every Mon. at 10am)

Hearing Support (1st & 3rd Mon at 2pm)

Vision Support (2nd & 4th Mon at 2pm)

Diabetic Educator Needed: The Senior Center is looking for a certified Diabetic Educator twice a month from 10am-noon. Please call the Senior Center for more info.

Neighborhood Center
1617 49th St. So./893-1070
Thurs., Jan. 21 Salsa Dance
7-10pm
7-8:30 Lessons, 8:30-10 Dance
Overeaters Anonymous: Sun.
6:15-8:15pm



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893-1070

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USA Ballroom Dance
Mon., Jan. 25, 6-10:15pm
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WEEKLY DANCES
Every Tuesday
12 - 3pm- **Ballroom Lessons** \$7
12-1 Inter, 1-2 Beg., 2-3 Dancing
6:30-10:30pm-**Argentine Tango** \$7
6:30-8pm Lesson, 8-8:30 Practice,
8:30-10:30pm Milonga
Every Wednesday
6 - 11pm- **Swing Dance** \$7
6-8 Lessons, 8-11pm Swing Dance
Every Thursday
7-10pm-**Salsa Dance** \$7
7-8:30pm Lessons,
8:30-10pm Dance

Thurs., Jan. 21
Salsa moved to Neighborhood Center. See above.

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Local Obituaries

COHEE, MARY ALICE, age 77,
of Gulfport, died Jan. 15, 2010,
surrounded by her loving family
at home. Survived by son John
Cohee of St. Petersburg; daughters,
Mary Cohee of Las Vegas, Dawn
Cernus of St. Petersburg, Yvonne
Cohee of Largo, Shirley Ventura
of Las Vegas; 16 grandchildren; 20
great-grandchildren. She was a life
member of Ladies Auxiliary VFW
6827. Services 2 p.m. Tuesday at
VFW 6827. She will be missed and
remembered. National Cremation
Society

...

LUTZ, ELIZABETH, 91, of South
Pasadena, died Wednesday, Jan. 13,
2010, at home. There are no known
survivors. ALifeTribute FuneralCare
Gulfport Chapel, 727-347-5521.

...

PATTON, ARTHUR H., 81, of
Gulfport, passed away Friday, Jan.
15, 2010. He was born in Boston, MA
and was a retired Florida Real Estate
Broker. He is survived by his wife
of 58 years, Geraldine; son Robert;
daughters, Elaine (John) Jackson
and Marilyn (Steve) Fairbairn; and
5 grandchildren. Memorial Park
Funeral Home St. Petersburg,
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City Power Toastmasters is a non-profit organization devoted to continuing leadership skills in a relaxed, diverse and upbeat atmosphere. Join them every Wednesday from noon to 1 p.m., One Fourth Street N., Municipal Services Building, 6th Floor, Room 600, downtown St. Petersburg. Guests are always welcome. For more information call 893-7918.

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Saturday Night

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Dead Fish A Menacing Reminder

By Kate Bradshaw



Those who lived on or visited the Pinellas beaches in the summer of 2005 may still shudder at the thought of the hordes of marine animals left dead in the water and on the shores in the wake of the massive red tide outbreak that occurred that year.

Those who've been to the beach in recent weeks see a similarly sinister array of deceased ocean life strewn along the shore.

According to the Florida Fish and Wildlife Conservation Commission, the latter fish kill was more likely caused by

plummeting water temperatures than a toxic algal bloom.

FWCC public affairs officer Carli Segelson says that low water temperatures have been giving warm water fish species – parrotfish, kingfish, snook, bass, carp, catfish, grouper, the list goes on – a particularly hard time this year. Some die by the initial shock of cold water, some because of extended exposure, and others due to compromised immune health after experiencing unusually low water temperatures.

As a result, the commission has extended the ban on harvesting snook until August 31 of this year. The commission also issued a ban on bonefish and tarpon, which will extend until March 31 of this year.

Chamber to Host Spring Fashion Show

The Women's Chamber of Commerce of the Greater Gulf Beaches would like to invite you to attend their spring fashion show on February 3 at the Wine Cellar located at 17307 Gulf Boulevard, North Redington Beach. Fashions are from "Patchington". Any questions please call Ruth Szemer at 343-0223.

...

NARFE Chapter 1140 to Meet

All federal retirees and active federal employees are encouraged to attend an upcoming meeting of NARFE Chapter 1140 that includes the Gulf Beaches and Southern Pinellas County. Please join them for their meeting and luncheon. The January meeting is being held on Wednesday, January 27 at the Fountains of Boca Ciega Bay, 1255 S. Pasadena Avenue in South Pasadena in the Key West Dining Room. The cost for lunch is only \$5 and spouses and guests are welcomed. There will be a discussion of up-to-date issues particularly relevant for active and retired federal employees. Also, Officer Denise Nestor from the Pinellas County Sheriff's Department will be the guest speaker. She will be presenting a special program on "Seniors & Crime Prevention". Reservations will need to be made in advance by calling (727)368-8569 or 367-5256.

...

Floral Design Class

A new Floral Design class is coming to the Gulfport Recreation Center in January. Laurie Marino, floral designer and instructor, is bringing her popular floral design class back. You will learn basic floral design and make an arrangement in this new week long session starting Wednesday January 13 and ending January 27, all materials and flowers (fresh) are provided. All you need to bring are your scissors. Step by step instructions-no experience necessary. Pre-registration with deposit required. Call Laurie directly at 727-289-4818. She can also be emailed at makeitandtakeit@yahoo.com. Only \$22 per class or \$60 dollars for the full 3 week session.

...



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Rescue Group Needs Foster Homes for Dogs

Florida Doggie Paws Rescue needs more volunteers and foster homes for small to medium breed dogs. Their mission is to responsibly rescue, spay/neuter, rehabilitate, foster and find permanent loving homes for unwanted, abandoned and abused dogs in the community and throughout the State of Florida.

There are many advantages to fostering a dog. Foster homes are not responsible for any vet bills or expenses. The rescue will transport the dog and take care of any veterinary needs. The rescue has a trainer available for you to use. In addition, they act as a support system that you can call anytime - day or night, if you have questions about the dog's behavior, health, etc... You are not alone! But the best reason of all to foster is the reward of knowing that you saved a life.

Please fill out a volunteer application at www.floridadoggiepaws.com or call Florida Doggie Paws at 813-283-1695 and open your heart and your home to one of these poor dogs that just needs a place to stay for a few weeks until they can find their forever home.

Florida Doggie Paws Rescue is an all volunteer, foster based 501 (c) 3 Organization. All donations are tax deductible.

...

Corey Avenue Sunday Market

The Corey Avenue Sunday "European Style" Market is open from 9 a.m. to 2 p.m. Corey Avenue is blocked between Blind Pass Rd. and Boca Ciega Dr. featuring over 35 local vendors. Many Corey merchants and restaurants are open during the market offering relaxed dining and shopping pleasures while live music is being played for your listening enjoyment. Plenty of free parking and all within walking distance.

Corey Avenue is located just off Gulf Blvd. between 73rd and 75th Avenues. Free admission. Visit www.coreyave.com or www.suntanart.org, or call 727-498-8778.

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Gabber January 21 - January 27, 2010



Tiny Bubbles

By Kate Bradshaw

Instructor Carol Macik (right) and Lynn Gadsden (left) of the dance troupe Florida Beach Girls practice a Hawaiian dance number to the classic Don Ho tune. Macik, who teaches a number of dance styles, started studying Hawaiian dance after suffering from a compact fracture of her vertebrae. She spent weeks at Oahu's Polynesian Cultural Center studying the form, and says that it helped her condition

immensely. Now 81, she and the other Florida Beach Girls perform regularly at a variety of functions. The class is held Tuesdays at 9am at the St. Pete Beach Community Center.

Take the Gabber on Vacation...



Bobbie Bernstein, along with a group of 19 others from the Church By The Sea in Madeira Beach, spent five days in and around Jerusalem in November.

Send us your picture with you and your Gabber on vacation. Include a brief description and your name.

News@TheGabber.com

Gulfport Women's Club Receives Award, Continues Good Deeds

The Gulfport Women's Club held their January 13 meeting at the Town Shores Clubhouse. Michele King, Gulfport Councilwoman and GWC member, informed the group that the City of Gulfport will be presenting the "Spirit of Gulfport" award to the Gulfport Women's Club for the many good works they do annually. The children in the Gulfport schools and seniors are the recipients of the money that the club raises throughout the year.



Pictured: Jean Jaworowski, GWC President and Michele King, Gulfport Councilwoman



Pictured: Jan Hauser, GWC Chairwoman, Jean Patterson and Dottie Ferguson

The guest speaker was Dottie Ferguson from the Pilgrim Congregational Church of Christ on Central Avenue. The members of the church prepare shoe boxes for children who are removed from their homes by social services. In the past eight years, Dottie has filled more than 3,000 shoe boxes with a variety of items that children need such as toothpaste, brushes, deodorant, shampoo, stuffed animals, crayons, crossword puzzles, cards, books, etc. The members of GWC donated hundreds of items for the boxes. Ferguson and her partner

took a van load of items to their church where they will put them in decorated boxes for future use. Ferguson says the need is even greater now than in past years.

The Gulfport Women's Club is a volunteer organization working to better the lives of children and seniors in Gulfport. Anyone interested in joining this organization can call Grace at 381-8369 or send a check for \$25 made out to the Gulfport Women's Club for an annual membership to Gulfport Women's Club, POB 5036, Gulfport, FL 33737.

Red Hot Beach Nuts

They had their January event at the Gulfport Neighborhood Center. It was a pizza/bingo party with snacks, drinks and a birthday cake to celebrate January members. Over members attended. All bingo winners received gifts and a good time was had by all. Special thanks to Bev Queen Mom, Josie, Sadie, Marty and Nancy. The Red Hot Beach Nuts is a charter member of the Red Hatters Society.

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Ombudsman Program Needs Volunteers

Florida's Long-Term Care Ombudsman Program needs volunteers to join its corps of dedicated advocates who protect the rights of elders residing in nursing homes, assisted living facilities and adult family care homes. The program's local councils are seeking additional volunteers to identify, investigate and resolve residents' concerns. Special training and certification is provided.

All interested individuals who care about protecting the health, safety, welfare and rights of long-term care facility residents -- who often have no one else to advocate for them -- are encouraged to call toll-free (888) 831-0404 or visit the program's Web site at <http://ombudsman.myflorida.com>.

...

New Knitting Class

Always wanted to knit, but never understood purl or cast on? Or enjoy knitting but not sure how to make that certain project? Now here is your chance! New themed knitting class for beginners and advanced students now at the Gulfport Recreation Center, 5730 Shore Blvd. S. Classes are on Thursdays from 10:30 a.m. until noon, and cost \$35 per month. Materials will not be included. Call the instructor, Latoya at 823-0437 for more information and a list of materials.

...

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Weight No More

Weight No More is a new class forming at the Gulfport Recreation Center, 5730 Shore Boulevard S. This is a four (4) week workshop, taught by instructor Betty Havey, M.A and is designed to help you with motivational techniques, to help set personal attainable goals and to research effective weight loss. The cost is \$100 for the 4 week workshop. Sign up now. Call 893-1079 to register.

...

Foster Homes Needed

There are more than 3,500 dependent children in Pinellas and Pasco counties due to child abuse, neglect or abandonment. Many of them need loving foster parents. For more information on becoming a foster parent, please call Eckerd Community Alternatives Recruitment Line toll-free at 1-866-271-4705 and press "7".

...



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City Whys?

Have you got a
question for your
city government?

Email your request to News@TheGabber.com

By Cathy Salustri

Q: Why doesn't the Gulfport Public Library have wireless Internet access? For the very minimal expense that it would cost, many more in the community could be served. Often all of the library's computers are in use. Many people without Internet access that own laptops would prefer to use their computer than the library's. This would also free up some of the library's computers. —Ed Tringali

A: Yes, city manager Jim O'Reilly said, it is a minimal expense for the wireless equipment, but the issue is bandwidth. Don't quite get the idea of bandwidth? Think of it this way: If the Internet is a river and the water the information on the river, bandwidth is the width of the river. When the river narrows, not as much water can pass as quickly as it does in wider parts. So when there isn't enough bandwidth, not as much information can pass through as quickly. Knowing that, consider this:

At the library, the public computers and staff computers share one Internet connection, so they are all sharing bandwidth. Right now, O'Reilly explained, "if everyone uses the Internet at the same time, everyone still has an adequate internet response time." He says that adding "an unknown number of wireless enabled computers" would slow down how the speed of the Internet at the library.

The city could, he said, increase the bandwidth but that would cost more money.

*Have a question about the inner (or outer) workings of your city?
Send it to News@TheGabber.com and we'll get you the answer.*

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Somethin' on my mind

By Bill Northrop

B_Northrop@theGabber.com

Is It Worth It?

The biggest news of the past week or so, besides maybe (just maybe) the Haitian disaster, was the firing of University of South Florida's football coach, Jim Leavitt and the hiring of his replacement Skip Holtz, son of the famed Notre Dame coach Lou Holtz.

I'm not going to get into whether the firing was fair or not. I really don't care. Life sometimes isn't fair. And, I don't know whether Holtz will be better for USF than Leavitt. I'm not certain that it is all that important.

Now, don't get me wrong. I'm a football fan. I played the game, liked the game, watch games. I particularly like pro football and can get excited about college football. It's all a lot of fun. It's great entertainment. But...

Are football coaches really worth millions of dollars a year? Leavitt was getting \$1,500,000 a year (up from just \$1 million the year before) with a \$100,000 increase slated for every year for the next few years. I don't know what Holtz will get. I didn't look it up.

Another disclaimer: I'm a believer in the capitalist system. You get what you earn. Supply and demand determines pay like this just like it does on Wall Street. Oops, our underwear is all bunched up over their pay. Then again, get the big bucks, get the big attention, both good and bad. There are consequences.

So, what's the problem here? For the most part our educational institutions are public entities. Their purpose is to educate the people. You know: engineers, lawyers, doctors, techies, political want-a-bes, and the average citizens who need to be educated so our representative democracy can function properly. The problem is that we're always trying to find more taxpayer money to fund the schools.

The way I figure it, the football coach's salary could finance 300 or more students at USF. That's how many tuition and fee dollars it takes to make up that salary. Perhaps the 50,000 or so who show up at the games pay part of the freight, and money comes in from TV rights. However, don't forget that the football players are usually paid to play (i.e. scholarship). It also costs to care for the stadium, pay the other coaches and staff and so forth and so on. It all makes for a nice – or not so nice – argument.

The point is that it seems a bit contradictory to worry each year about finding dollars to fund an educational system while we're pouring millions of dollars into sports programs and venues that directly benefit only a few usually isolated student-athletes. What price entertainment, eh?

1960 Class of Largo High Reunion

The 1960 Class of Largo High School will hold their 50th class reunion in May 2010. Anyone who knows someone in that class please contact them as they are still missing addresses. Other years may also attend. For information email DKLEAL@aol.com or call Dee at 727-743-3944 or visit largohigh1960.com.

...

Become a Mentor

Gulf Coast Community Care needs volunteers age 30 and older for its mentoring program. Volunteers are matched with children who need a positive adult role model.

Many of the children are in kinship care or live with a single parent who is going to school and working. There is a special need for volunteers for children of all ages. Volunteers give the gift of time to one child and are provided social events and support by agency staff. No experience is necessary. There are no costs.

Volunteers spend a few hours a week in simple activities such as reading, fishing, baking, teaching a craft, or visiting a park with a child. We have children throughout Pinellas County waiting for mentors!

To learn how you can make a lasting difference in the life of a child, call Adults Mentoring Children at (727) 479-1841.

...

Maximo Center has Community Information

The Maximo Community Police Resource Center, 4815 34 Street S. has information for you. The Center, staffed entirely by volunteers, provides 2010 Census Employment Applications, free bicycle registration, free "Club" for select automobiles, free cell phones for "911" use only, a collection point for old eyeglasses which are used by health service agencies, lists and free shipment of items needed by our Armed Forces overseas and much more. Call 866-7177.

...

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American Legion Activities

Post 125

6440 - 5th Ave. S., St. Petersburg 347-6085

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
Lunch Served 11am-3pm Ron's Karaoke 7pm	Kitchen Open 11-2 Lunch Southern Knights Band 7-11pm	Free Pool 'til 5pm Dinner 5-7pm Southern Knights Band 7-11pm	Breakfast 8:30-11am Kitchen Open 2-5pm	No Lunch Served	Lunch Served 11am-3pm Ron's Karaoke 7pm	Lunch Served 11am-3pm Euchre 1pm Bingo 6pm Kitchen open

The Commander would like to thank all of the employees of Post 125 for all their hard work over the holidays.

Our next blood drive will be Sunday, January 24 from 8:30 to 11 a.m. Breakfast is free to donors.

Don't forget to get your tickets for the \$1,000 drawing next Tuesday, January 26 at 8 p.m.

Join us for dinner on Friday & Saturday nights from 5 to 7 p.m. The Southern Knights band plays after dinner both nights. This Saturday, January 23, the S.A.L.'s will be serving their all-you-can-eat spaghetti & meatballs with salad & garlic toast for only \$6.50.

Wednesday nights we have bingo starting at 6 p.m. Food is available during bingo. Every Wednesday at 1 p.m. join us for euchre.

Post 305

6999 Gulf Blvd., St. Pete Beach 367-1596

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
The Flamingos	Open 12-6 Karaoke or piano music	Steak Dinner 6-8pm Geno 7-10pm	NASCAR/Football Open 12-6pm Wings 3-5pm	Bucky Burgers 5-8pm Bus Boys Karaoke 7-10 pm	Harry 7-10pm	Frank Caine 7-10pm

A lot of things are happening at Post 305. Our Thursday night bingo from 7-10 pm is really picking up and we are serving food.

Friday is a big night this week. We have "The Dueling Accordians" with Paulie on the Drums from 7-10pm and serving our seafood dinners from 6-8pm.

Saturday is our family steak dinners from 6-8pm plus for entertainment, the one and only "Geno" from 7-10pm. Sunday is NFL Football and NASCAR from 12-6pm, wings and pizza available. Monday Bucky Burgers 6-7pm with Dee LeBlone karaoke. Tuesday Harry and Friends, also Ladies Night with special drink prices. Wednesday is Special Dinner Night with entertainer Frank Craine from 7-10pm.

Looking forward to seeing you there.

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Gulfport's Centennial

100 Week Countdown to 100 Years!



Something missing here? When was the last time this property looked like this? Answer next week.

Think you know the answer?

Send us an email with your answer, name and phone number to News@theGabber.com

In just 38 weeks, Gulfport will celebrate the centennial of its incorporation, October 12, 1910. We'll be reminding you every week with an interesting old photograph from the collection of the Historical Museum. See if you can identify the people, places, and above all the decade of each picture as it comes along. To make it a little bit of a challenge, we won't publish the correct caption until the following week.

...

LAST WEEK'S ANSWER:

Lum Atkinson, for whom the ball field complex at Tangerine and Beach is named, was the manager of the 1950s Little League team in last week's picture. Councilman Bob Worthington is second from the right in the middle row.

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WellNEWS

All the news that's fit.

By Scott Lafee

Good News and Bad News

People who have Alzheimer's disease may be less likely to develop cancer, and people who have cancer may be less likely to develop Alzheimer's disease, according to a new study published in the journal *Neurology*.

Researchers at the Washington University School of Medicine in St. Louis looked at a group of 3,020 people 65 and older who were involved in a cardiovascular study. They followed them for an average of five years to see whether they developed dementia and for an average of eight years to see whether they developed cancer.

At the beginning of the study, 164 people already had Alzheimer's and 522 already had a cancer diagnosis. During the study, 478 people developed dementia and 376 developed invasive cancer. For people who had Alzheimer's at the start of the study, the risk of future cancer hospitalization was reduced by 69 percent compared with those who did not have Alzheimer's at the beginning of the study.

For Caucasian people who had cancer at the start, their risk of developing Alzheimer's was reduced 43 percent compared with those without cancer at the start. The next step, said scientists, is the obvious one: "Discovering the links between these two conditions may help us better understand both diseases and open up avenues for possible treatments," said Catherine Roe, one of the study's authors.

DR. TARANTULA

A protein in tarantula venom may have promise as a potential therapy for muscular dystrophy.

Researchers at the University of Buffalo have discovered a peptide in the spider's venom that, injected in mice with MD, increased muscle strength without negative side effects. The peptide, called GsMTx4, also has potential for treating other conditions such as neuropathic pain (pain originating in nerve fibers) and atrial fibrillation (cardiac arrhythmia).

A small, Buffalo, N.Y.-based biotech

company called Rose Pharmaceuticals is pursuing development of the peptide/drug. The name of the company derives from a pet tarantula owned by one of the company's founders.

MEDTRONICA

Eat well guide
eatwellguide.org

Plug in your ZIP code, city or key words, and this easy-to-use guide will find sources of locally grown healthy foods, everything from bakers and farmers markets to restaurants and caterers. There are also links to relevant news articles and recipes.

OBSERVATION

I smoke cigars because at my age if I don't have something to hang onto I

might fall down. -- Comedian George Burns, who died in 1996 at the age of 100

CURTAIN CALLS

Between 1766 and 1910, "nostalgia" was listed as the official cause on the death certificates of 31,987 Americans, who reportedly passed away from missing loved ones, their homes or prolonged melancholy. Though there's no way to know what the actual causes of death were, it seems likely that depression was a primary culprit, weakening the immune system and allowing greater susceptibility to disease.

...

Kenneth City
545-5383
4707 66th St. N. (by Sweetbay) M-F 8:30-8:30
Sat 9-6 • Sun 12-5

Lighthouse Crossing
347-5897
3993 Tyrone Blvd.
(Wal-Mart Ctr by Subway)
M-F 9-9 • Sat 9-6

S. Pasadena
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(Near Regions Bank next to CVS Pasadena Shopping Center)
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Mardi Gras to Benefit Kiwanis Charities

TREASURE ISLAND-The Kiwanis Club of Gulf Beaches, is sponsoring a Month of Mardi Gras February 6-14. Saturday, February 6, features a 5K/1Mile Run beginning at the clock tower on Central Avenue to benefit the Trevor Miller Foundation. A Mardi Gras Masquerade Ball will take place at the Gulfport Casino on Friday, February 12 at 7 p.m. The Miracle League Poker Run will begin

at 10 a.m. on Saturday, February 13. The Beach Midway on Saturday, February 13 and Sunday, February 14 will feature over 100 of Florida's best arts and craft vendors, food, a Budweiser Tent, live entertainment and a Kids Zone.

The Kiwanis Club of Gulf Beaches was the Florida District 2006-07 Club of the Year. They are involved in many worthwhile projects including Ronald McDonald House, Locks of Love, Every Child a Swimmer, and K-Kids at Madeira Beach and

Sawgrass Elementary Schools, Miracle League of Gulf Beaches and Pinellas Village.

Miracle League of the Gulf Beaches is a baseball league that plays on a state-of-the art playing field and allows children with a variety of disabilities to participate. There is one field located in Pinellas County, the Kiwanis Club of Gulf Beaches is raising money to build in a second location and has their eyes on Hillsborough County.

The Kiwanis Club is currently seeking sponsors and vendors for this charity event. For more information about A Month of Mardi Gras, please visit <http://KiwanisGulfBeaches.com/>. For vendor or sponsorship information, call Suzanne King, 727-322-5217. Sponsorship and Vendor applications can be downloaded at <http://SuzieKing.com/>.

...

Old Cell Phones Can Be Lifeline for Seniors

Donate your old cell phones to the Senior Safety Phone Project, which provides seniors in Pinellas and Pasco counties with free emergency cell phones. The Area Agency on Aging of Pasco – Pinellas collects donated cell phones, tests and charges the phones, and then distributes them to seniors in the community. For a full list of the donation and distribution sites in Pasco and Pinellas counties, please call the Senior Helpline at 1-800-96ELDER (1-800-963-5337).

...

USCG Safe Boating Classes in Gulfport

Boating Skills and Seamanship is a 13-week course offered every Thursday evening at 7:30 p.m. at US Coast Guard Auxiliary Flotilla 7-16 located at 3120 Miriam Street S. in Gulfport. Lessons include a 400-page manual and a class covering basic charting in local waters. For the \$40 fee you also are awarded a certificate at the end of the course and a chance to learn everything you need to know to feel secure on the water.

You may start any Thursday. Course completion may help with insurance discounts. Call 727-686-6940 for more information or leave a message at 321-4455.

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Beta Sigma Phi

Sunshine City Council's Ways and Means annual Spaghetti Dinner/Cook-off and Dessert Auction was held on Saturday, January 16, at Five Towns Magnolia Club House. Members and guests enjoyed a delicious spaghetti dinner complete with homemade desserts. A spaghetti sauce competition was held. The winner of the "Golden Spoon" was Diana Hobbs of Alpha Gamma Master chapter. The second place winner was Patricia Lynch of Laureate Gamma Omicron and third place winner was Carol Shinske of Xi Pi Omicron. A Dessert Auction was held featuring a variety of homemade desserts. Many went home with some really luscious desserts. Thank you to all who attended and participated in this annual event.

Beta Sigma Phi is an international sorority which provides women with a social and cultural outlet. The 12 chapters of Sunshine City Council meet at various times depending on the chapter format. Chapters may participate and support a variety of service projects in the area. If you would like to learn more about Beta Sigma Phi, please contact Sharon Melton at 595-9625.

Sunshine City Council will honor the chapter sweethearts on Saturday, February 6 from 1-3 p.m. at the East Bay Country Club. This annual event is chaired by Sharon Melton and Susan Henry, Vice Presidents of City Council. At this social event we will also recognize the legacy members along with guests, prospective members, members progressing to higher degrees and transferees. For more information please contact Sharon Melton at 595-9625.

The next regular meeting of Sunshine City Council will be held on Monday, January 25 at Dixie Hollins High School - ROTC Room at 7:30 p.m.

Laureate Epsilon Theta will entertain Preceptor Epsilon Nu on Saturday, January 23 at the home of Val Rankin's daughter at 11 a.m. Chapter members will be providing a delicious brunch. These reciprocity socials provide a chance for chapter members to get to know each other better and enjoy the friendship. Laureate Epsilon Theta's next regular meeting will be held on Wednesday,

January 27 with Val Rankin being the hostess at 7 p.m. Sue Hill will present the program.

For more information, please contact Sharon Ingram at 321-2849.

...

Dog and Cat Shelter Seeks Donations

The We Care for Paws Foundation, a non-profit dog and cat shelter, currently houses over 45 dogs and 30 cats. Most of the animals are unadoptable due to medical problems, behavioral problems or old age, and they will live out their lives in peace at the shelter. We are always in need of items for the animals, such as cat condos; cat and dog treats, beds and

toys; shampoo, flea preventatives such as Advantage or Frontline, heartworm preventative tablets (HeartGuard), towels and blankets. As always, cash is needed to help pay for medical expenses. If you would like to donate any of these items, please call Jan at 896-6315.

...

DBSA Support Group

Are you depressed or bipolar or have another disorder? Come to a support group that meets every Thursday evening from 7-9 p.m. at Northeast Presbyterian Church, 4400 Shore Acre Boulevard NE. They also have a teen group that meets from 6-8 p.m. Call Mary at 727-204-9343

...

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Carl	Keren	Joe	Jen	Benny	Sondra									



Following are some of the calls that Gulfport Police responded to during the past week.

Friday 1/8

- Animal Complaint-** 2500 Blk 54th St. S.
- Soliciting-** 5200 Blk Gulfport Blvd. S.
- Domestic Verbal-** 800 Blk Gray St. S.
- Trouble with Individual-** 5300 Blk 13th Ave. S.
- Harassing/Threat/Obscene Calls-** Location Withheld.
- Animal Complaint-** 5400 Blk 28th Ave. S.
- Burglary-** 5700 Blk 26th Ave. S.
- Trouble with Individual-** 5300 Blk 13th Ave. S.
- Burglary-** 6300 Blk 8th Ave. S.

Trouble with Individual- 5100 Blk Gulfport Blvd. S.

Saturday 1/9

- Drunk Person-** 5200 Blk Gulfport Blvd. S.
- Animal Complaint-** 1300 Blk 60th St. S.
- Accident with Injuries-** 5400 Blk 15th Ave. S.
- Trouble with Individual-** 2200 Blk 51st St. S.
- Trouble with Individual-** 2200 Blk York St. S.

Sunday 1/10

- Trespasser-** 5100 Blk Gulfport Blvd. S.
- Civil Matter-** 3000 Blk 52nd St. S.
- Suspicious Person-** 2900 Blk 52nd St. S.

Monday 1/11

- DUI Investigation-** 2100 Blk 58th St. S.
- Attempted Stolen Vehicle-** 5300 Blk 13th Ave. S.
- Theft-** 900 Blk 58th St. S.
- Attempted Stolen Vehicle-** 1300 Blk York St. S.
- Arrest on Warrant-** 1700 Blk 53rd St. S.

Tuesday 1/12

- DUI Investigation-** 5500 Blk 23rd Ave. S.
- Suspicious Vehicle-** 5700 Blk Shore Blvd. S.
- Arrest on Warrant-** 1600 Blk 49th St. S.
- Battery-** 1600 Blk 55th St. S.
- Suspicious Person-** 5200 Blk 17th Ave. S.
- Burglary-** 5000 Blk 18th Ave. S.
- Arrest on Warrant-** 5000 Blk 9th Ave. S.
- Suspicious Person-** 5700 Blk Gulfport Blvd. S.

Wednesday 1/13

- Theft-** 5700 Blk 18th Ave. S.
- Theft-** 5400 Blk Shore Blvd. S.
- Traffic Stop-Failed to Stop-** 5900 Blk Tangerine Ave. S.
- Hit & Run-** 5200 Blk 27th Ave. S.
- Domestic Verbal-** 1200 Blk 53rd St. S.
- Battery-** Tomlinson Park.
- Trouble with Individual-** 3000 Blk 59th St. S.
- DUI Investigation-** 1600 Blk 61st St. S.
- Suspicious Circumstances-** 2100 Blk 55th St. S.

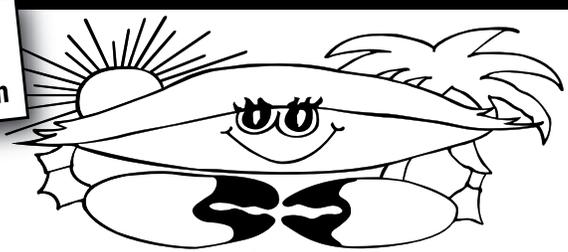
Thursday 1/14

- Noise Complaint-** 5800 Blk 7th Ave. S.
- Animal Complaint-** 5400 Blk 14th Ave. S.
- Trouble with Individual-** 900 Blk 58th St. S.
- Theft-** 5700 Blk Gulfport Blvd. S.
- Fight in Progress-** 900 Blk 58th St. S.
- Domestic Verbal-** 5000 Blk 23rd Ave. S.
- Narcotics/Drugs-** 2800 Blk Beach Blvd. S.
- Trespasser-** 5400 Blk Shore Blvd. S.

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Gulfport Tuesday Market

Every Tuesday from 9 a.m. until 3 p.m. you can find the Gulfport Tuesday Market on Beach Boulevard south of 28th Ave. S. in Gulfport in the Waterfront District. It is a free and family friendly event. Each week you will find produce, music, and craft and art vendors like Anne Painted Signs who offers custom painted and decorative signs for your home, office and garden. Contact: <http://gulfport-market.com>, info@gulfport-market.com or Leslie Gilchrist at 727-439-1485.

...

Free Phones for Hearing-Impaired

The Deaf and Hearing Connection recently announced the addition of several new telephones, ttys and captioned telephones available through its no charge equipment distribution program. Deaf and Hearing Connection offers amplified telephones and related equipment at no cost to permanent Florida residents who are deaf, hard of hearing, deaf/blind or speech-impaired.

This telecommunications access program is funded by a surcharge currently on all Florida telephone consumers' bills. Equipment is available by appointment Monday through Friday at the Deaf and Hearing Connection's main office located at 7821 Seminole Boulevard in Seminole or at satellite locations throughout Pinellas and Hillsborough counties. For a complete list of distribution locations or to schedule an appointment, call 727-399-9983 (Voice) or 727-399-9422 (TTY).

The Deaf and Hearing Connection, Tampa Bay's only non-profit hearing center, also offers free hearing screenings by appointment, low cost hearing aids, cleanings and repairs. The Deaf and Hearing Connection specializes in communication access for deaf, hard of hearing or late deafened people.

...

Fine Dining Every Thursday Night

The Sons of Italy has opened its fall season with great new meal choices that change weekly and include

entree, salad and dessert for \$9. Reservations requested for parties over five. Call 323-2691 or Giuseppe at 798-6355. The Sons of Italy dining room is located at 2500 34 Street S. next to Kentucky Fried Chicken (watch for their flotilla of Italian flags). Visit SonsofItaly2427.com.

...

Foster Hope... Foster A Child

Imagine being taken away from your home, not knowing where you will go, leaving behind your favorite things. Now, imagine this through

the eyes of a child. There are more than 3,500 dependent children in Pinellas and Pasco counties due to child abuse, neglect or abandonment. Many of them need loving foster parents. For more information on becoming a foster parent, please call Eckerd Community Alternatives Recruitment Line toll-free at 1-866-233-0790.

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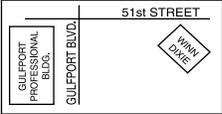
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Gabber January 21 - January 27, 2010

43

Excerpts heard at the January 19, 2010

Gulfport City Council Meeting Public Comment & Council Quotes

“We will be heading out to beaches and joining hands at 1:30. What this is, is a statewide protest.”—Jessica Respondek, about Hands Across the Sand, an event protesting drilling in Florida waters

“I think that workshops could really be enhanced... and I believe they could take the place of the face-to-face meetings with the city manager.”—Jennifer Salmon, who suggested that doing that would remove the perception of council doing anything illicit

“I’d ask that the Sergeant-at-Arms stay on top of that.”—Jennifer Salmon, about hearing profane and derogatory language spoken in the audience at council meetings

“It’s with great reluctance that I even come here this evening because of my high regard for our city and our police force...in my humble opinion I feel like I was racially profiled by one of our officers, and it that greater principle that overcomes that reluctance.”—Tom Bradwell, who received a ticket for speeding and says his mixed race is a factor for the Gulfport officer pulled him over. Bradwell praised councilmember Sam Henderson as well as city manager Jim O’Reilly for their quick response to an e-mailed complaint he sent the city; Henderson, Bradwell’s representative on council, responded with a phone call, as, he told *The Gabber*, did O’Reilly, Interim Police Chief Howard Coombs, and Lieutenant Rob Vincent.

“I think it’s a wonderful concept. I don’t know why we keep bringing this up when a few minutes ago you guys said it was 30 feet.”—Mike McCue, about the new Waterfront Redevelopment Overlay District. On the way back to his seat, Jennifer Salmon stopped him; he told her “they just clarified it.”

Low-Cost or Free Mammograms

If you are a woman 40-64 years of age of low income without health insurance living in Pinellas County you may be eligible for a free or low cost Mammogram. For additional information please call 820-4117. The guidelines and eligibility requirements will be provided to you at that time.

...

Volunteers Needed at the Free Clinic

Help the St. Petersburg Free Clinic to help others. They have an urgent need for volunteers in their health center, food bank, We Help Services and administration. Assist with patient registration, reception, food distribution and/or client interviews at varying times, Monday through Friday. Many volunteer opportunities are available to fit busy schedules.

Learn more about volunteering at the St. Petersburg Free Clinic at a volunteer orientation every second Tuesday of the month at 10 a.m. or on the third Tuesday of the month at 3:30 p.m. Contact Rebecca Russell-Gootee at (727) 861-1200, ext. 114.

The St. Petersburg Free Clinic is located at 863 3rd Avenue N. and provides temporary assistance for families and individuals in need of such basics as food, shelter, health care, limited financial assistance and referral information.

...

Free Foreclosure Prevention Workshops

St. Petersburg Neighborhood Housing Services (SPNHS) will begin offering free foreclosure prevention workshops on a weekly basis effective September 14 at 1600 Dr. Martin Luther King Jr. Street S. in St. Petersburg from 6-7:30 p.m. HUD certified counselors will be on site to provide struggling homeowners an overview of the foreclosure process and offer individual counseling opportunities to develop an action plan to avoid foreclosure. All homeowners, regardless of circumstances, are encouraged to attend. Call 821-6897 for more information.

...

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SHINE Needs Volunteers

Do you want a volunteer position that is truly fulfilling and mentally stimulating? Then consider counseling seniors and the disabled with the SHINE (Serving Health Insurance Needs of Elders) program.

SHINE volunteers are both active and retired individuals from diverse career and cultural backgrounds. As a volunteer, you will receive initial training, continuing education and a supportive environment with dedicated colleagues.

If you have an inquiring mind, tact and sensitivity as well as a strong desire to help a vulnerable population, then SHINE may be the perfect volunteer opportunity for you.

Interested in knowing more? Call 727-570-9696, ext. 234.

...

Recession Buster for Seniors

Seniors in Service provides a tax-free income of up to \$425 per month to income-qualified volunteers who serve as Foster Grandparents. This income does not affect eligibility for food stamps, housing, Medicaid or any other assistance. Volunteers must be 55 years old or older and serve for 15 - 40 hours per week.

Foster Grandparents serve in public school classrooms, Head Start centers and after-school programs. They spend their time one-on-one or in small groups with at-risk children.

Volunteers make a significant difference in the lives of the children and elders they serve! Learn more at www.seniorsinservice.org or call (813) 932-5228 for more information and an application.

...

Calling All Future Big Brothers

Big Brothers Big Sisters of Pinellas County needs at least 125 Big Brothers to meet the needs of their current waiting list. Make a difference in a child's life. There are several different programs to suit your preferences including their Sports Buddies Program. Take a child to sporting events (like the Rays game) for which they supply

the tickets and watch or participate in sports activities together. Not interested in sports? That's OK! Sports Buddies is just one option. You can select mentoring activities to suit your preferences and the child's.

If you or someone you know is interested in becoming a Big Brother, please email your contact information to ShirleyN@bbbspc.org or call 727-518-8860.

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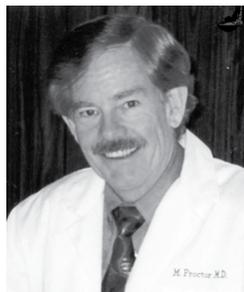
Reassurance Telephone Calls

The City of Gulfport and the Senior Center offer telephone calls Monday through Saturday from 7:30-8:30 a.m. This reassurance telephone call is offered to all residents of Gulfport and this service is free. For more information, please contact Sarah Peel at 893-1231 or Susan Frank at 893-2237.

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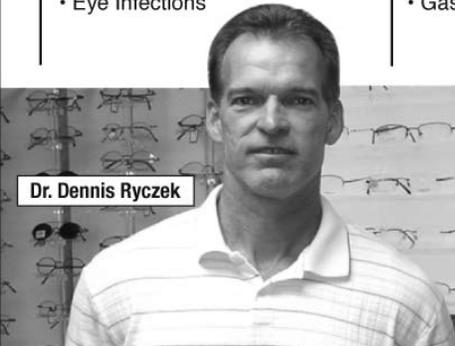
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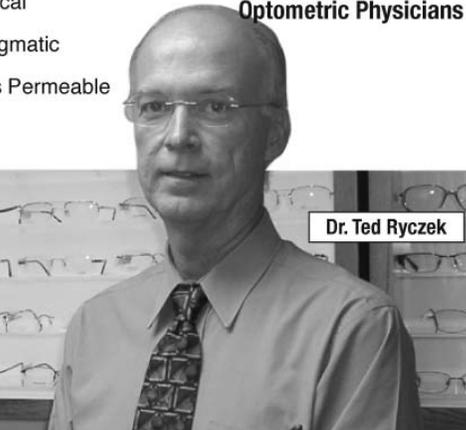
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Everyday Cheap\$Kate

By Mary Hunt

How Not To Use Plastic When Shopping Online

Dear Mary: I read your recent column "Using a Debit Card Online Is Dangerous to Your Wealth." I have credit card debt that I'm trying to pay off. I use my debit card online so I don't add to my debt. Now, I understand that is risky. How should those of us who either don't want to use credit cards or don't even have credit cards make purchases online? -- Jamie S., Kentucky

Dear Jamie: Have you considered a PayPal account? This is an account that connects to your checking account. You can use PayPal online to protect your purchases, thereby precluding the need to use a credit or debit card. Check it out at <http://www.paypal.com>.

Dear Mary: I was recently divorced. We removed my ex-husband's name from our shared checking account. I

noticed that our credit line VISA account (\$33,000) and our reserve line (\$7,000) still includes his name. I called the bank. They said we need to close the existing joint accounts and apply separately. Of course, this will impact my credit score. Both of our scores are 800. How should I handle this? Do I just have to take the hit to my score? -- C.W., Minnesota

Dear C.W.: Your choices are two: Leave the accounts as they are and trust that your ex-husband will not run up debt on them (I would not advise it, but it's a choice you have) or close the accounts as the bank suggested. Divorce is an ugly thing and you are facing one of the many fall-outs.

But take heart. If your score is 800, you will not have a difficult time opening an account in your name alone. The impact that closing the account might have on your credit score should not be significant. If it is, it

won't last for long as you re-establish your payment history. You need to do what is right for your financial peace of mind.

I think that sometimes we have the tendency to obsess inappropriately over our credit scores, giving them far too much power in our lives. Just continue to do the right thing and your score will reflect that.

Dear Mary: I have always had a problem with rodents, specifically mice. Usually, I get it under control in the winter. This year, nothing is working, and I no longer have pets to control them. The mice snap traps and take the food without getting caught. Sticky traps don't work, and I have plugged holes with steel wool. I hear them running through the heating ducts and between the walls in our house. I have used poison, but they take it and store it for later which results in a terrible odor. Do you have any clever ways to solve my mouse problem? -- Amy C., e-mail

Dear Amy: Not all problems can be solved by amateurs. If you are not willing to peacefully cohabitate with these varmints, accept the fact that you have reached your personal level of rodent incompetence. Call an exterminator.

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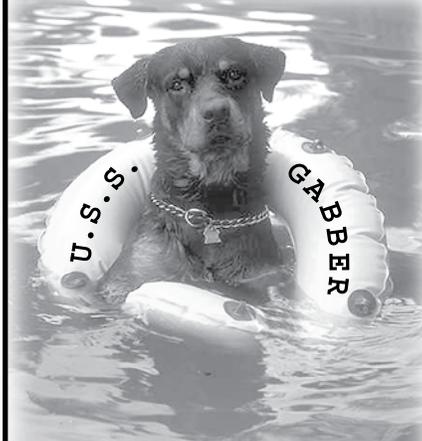
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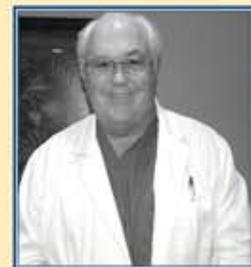
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DON'T BE FOOLED BY MYTHS SURROUNDING VEIN DISEASE

- **Myth:** Patients can easily see if they have varicose veins by just looking at their legs.
- **Fact:** 90% of varicose veins are deeper - inside the legs - and, in many patients with severe symptoms, all of the varicose veins are hidden in the leg and visible only on ultrasound examination.
- **Myth:** People seek cures for varicose vein disease merely because of vanity.
- **Fact:** Varicose veins result in tiredness and heaviness in the legs, as well as painful, aching or burning sensations. Varicose vein disease can cause ankle swelling and severe night cramps. This is a real disease, involving failed valves in the veins. The resulting increased pressure in the veins below failed valves causes long term deterioration if not treated. Serious consequences include eczema, stasis dermatitis, pigmentation changes, skin ulcerations and bleeding. Phlebitis (clot and inflammation) in varicose veins increases the risk of very dangerous deep vein thrombosis (DVT) and pulmonary emboli (PE).
- **Myth:** The only treatment for varicose vein disease is painful and requires two weeks of inactivity.
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- **Myth:** There are going to be scars after undergoing the procedure.
- **Fact:** Endovenous Laser Treatment is painless and non-surgical; no scalpel is used. This procedure is performed through an intra venous catheter. Our patients have none of the problems that have been associated with surgical ligation, stripping and other invasive treatments.
- **Myth:** Closing off a major vein can cause circulatory problems later on.
- **Fact:** Treating the cause of varicose vein disease entails closing off the faulty veins. There are many veins in the leg, and, after treatment, the blood that is simply pooling in the failed veins will be diverted to healthy veins in order to make its way back to the heart.
- **Myth:** Endovenous Laser Treatment is not covered by health insurance or medicare.
- **Fact:** Most insurance companies and medicare will cover this medically necessary treatment for vein disease.



Daniel J. Mountcastle, M.D., FAAEM, Board Certified,
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By Robert J. Myers, Esquire

What is a Guardianship? (Part II)

This article is a continuation of our previous article regarding "What Is A Guardianship?"

WHO MAY SERVE AS A GUARDIAN?

If someone is an adult resident of the State of Florida, that person is potentially qualified to serve as a guardian in Florida. Likewise, a close relative of a ward who is not a resident of the State of Florida may also be qualified to serve as a guardian. However, if a proposed

guardian is incapable of performing the duties of a guardian or has been convicted of a felony, that person cannot be appointed by the Probate Court as a guardian. Generally, the Probate Court will give careful consideration to the wishes and desires expressed by a ward as to the selection of a guardian.

WHAT ARE THE RESPONSIBILITIES OF A GUARDIAN?

Guardians are required to be bonded and may be required to complete a court-approved training program for guardians. Guardians are required by the Probate Court to be represented by a lawyer. All guardianship reports are presented to the Probate Court for review and approval. In the event a guardian does not carry out his or her duties in a responsible manner, the guardian is subject to removal by the Probate Court.

ARE THERE LESS SEVERE ALTERNATIVES TO A GUARDIANSHIP?

Guardianship is an expensive and time-consuming process. Use of less severe alternatives to guardianship is highly recommended. For example, the use of a durable power of attorney, a health care directive and/or a revocable living trust may eliminate the need for a guardianship thereby reducing the costs and time delay associated with guardianships.

Mr. Myers is the owner of Akerson Law Offices which is located at 1135 Pasadena Avenue South, Suite 140, St. Petersburg, Florida. The telephone number is 727-347-5131. Mr. Myers welcomes calls regarding this article and other related legal topics. This column outlines general legal principles and is not intended to give you legal advice. If you have a specific question about the law, please consult an attorney.

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Red and Purple Shoppe: A Shop For Red (and Pink!) Hatters

By Cathy Salustri

When Shirley Reddricks moved to Florida, she and Jeannine Storer became fast friends; they went everywhere together.

"We went to a fashion show and a table of ladies with red hats were having so much fun," Shirley remembers. "I went over to them and questioned, why the hats—and what do I have to do to have this much fun."

The answer, as many of you may know, was that all she had to do was get a red hat and join the Red Hat Society.

The society bases its name on the poem "Warning" by Jenny Joseph, which says, "When I am an old woman I shall wear purple with a red hat which doesn't go, and doesn't suit me."

Today, Shirley has gone from wondering, "How can I have fun like that?" to being Queen of her own Red Hat Chapter (The Queen of a Red Hat chapter is similar to a chapter president, only with red hats and purple clothes.) She's also taken things a step further, opening the Red and Purple Shoppe just north of the Target in the Gateway area of St. Petersburg.

"I've always wanted a place to buy the unusual and anything Red Hat, but places like that are scarce," Shirley says. Recently she decided to make shops like that not-so-scarce, at least in St. Petersburg and the surrounding cities.

"I took a vacation to California to see my great-granddaughter born and visited a shop out there for Red Hats. The lady was awesome and talked to me freely—like all



Red Hatters—and she gave me the courage to dream," Shirley says. "I took pictures of her shop to a convention I went to, and the Queens there agreed we needed a shop over here." And with that, the Red and Purple Shoppe on Martin Luther King, Jr. Street North was born.

"We're the only one in Pinellas County," Shirley says proudly. This shop caters to red hatters and their younger sisters, the pink hatters. Everything- and by this we mean EVERYTHING- in the shop is either red and purple or pink and lavender (pink and lavender are the colors worn by ladies not yet 50.) Prior to opening this shop, Red Hatters in the Tampa Bay area had to go online to buy clothes, hats, and accessories, but now they can drop in and see Shirley and friends, have a cup of tea, and see and touch what they're buying.

The Red and Purple Shoppe sells everything from crushable, cruisable striking red hats to a red shoe-shaped tape dispenser. The hats and clothes range from

the exquisite to the functional, including ball caps for men that pledge their love for a Red Hatter.

Looking for a gift for a Red Hatter you know, or even one for yourself? Shirley and her friends stock all sorts of elaborate gifts for the Red Hatter in your life. They also have a pleasant selection of clothes and that little something extra if you don't know exactly what you want. Stop in and see Shirley today- she's always ready to welcome a friend!

Red and Purple Shoppe

Queen Mother Shirley Reddricks, Proprietor

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The Gabber Features Red and Purple Shoppe

- Paid Advertisement -

In the Air

By Kate Bradshaw



They were impossibly enormous, extremely bold in color and kept aloft by an unusually strong breeze. There was a Betty Boop, Batman and Robin, a Purple People Eater (with a little nylon man just out of jaws' reach) and a gigantic centipede that was practically the length of the hotel that sat yards behind it.

But by early afternoon on the first day of this year's Kite Festival, the thirteenth of its kind to take place in Treasure

Island, just behind the Thunderbird, it was time to put the characters away (a process that takes up to two hours). The wind was coming up too strong from the wrong angle, said Barry Ogletree, their owner/operator.

There were kites – flamingos, a mermaid, even a string of acoustic guitars, and there were kites – trick kites that could probably do more damage than an airborne eagle ray, as well as the above-mentioned forms.

But Ogletree's kites, which he and his wife designed in their Lufkin, Tex. workshop, seemed to stand out the most, and not only because of their size. It may have been their bold colors, or, despite the hokeyness of some of the models, the whimsy they seemed to embody against the grey backdrop of the afternoon sky.

Ogletree, now retired from his work in super-heavy construction, says he first got into kites when he and his family vacationed in Destin. The kids wanted kites, but he was afraid that kites with sticks would be dangerous. His daughter found one without sticks at a nearby surf shop, and Ogletree and his wife Karen, a retired special education teacher, were inspired to pursue the art of kite-building.

Now, they run a 5,000-square-foot shop devoted solely to the craft.

"The kids grew up," Ogletree says. "I didn't."

He emphasizes that the shop, called WhatAKite, builds – but does not sell – kites. If asked, they'll fly them at special events, particularly if they're charitable.

"We will go just about everywhere in the world," he says.

That list includes South America and the Caribbean, among many other locales.

Ogletree says the kites are his and his wife's way of giving back after a lifetime of good fortune.

"We worked really, extremely hard our whole lives," he says. "This is our way of giving back."

Photos of their kites are available at www.webshots.com/user/whatakite.

Boca Ciega High School Scoreboard

By Leigh Clifton

Basketball

Boys Varsity

1/16/10

Boca Ciega44

North Port46

1/15/10

Boca Ciega69

Largo75

1/12/10

Boca Ciega46

Pinellas Park44

Girls Varsity

1/16/10

Boca Ciega67

Hillsborough48

1/15/10

Boca Ciega76

Lakewood Ranch35

Soccer

Girls Varsity

1/16/10

Boca Ciega5

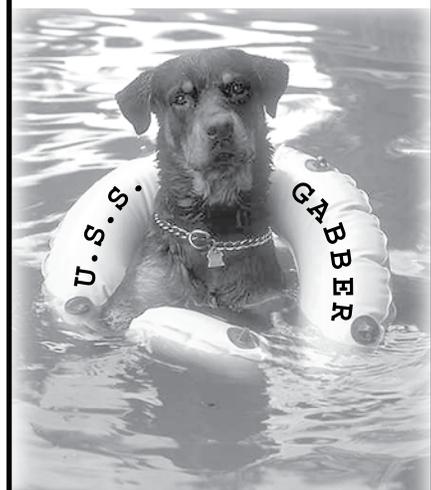
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Sustainable Living

By Shawn Dell Joyce



Toxic Indoor Air

Wintertime means stale and often polluted indoor air. During winter months, the U.S. Environmental Protection Agency estimates that we are exposed to air pollutants two to five times more indoors than outdoors. These pollutants are concentrated when we use them indoors with little ventilation. This fact prompted New York state legislators to phase out toxic chemicals in schools and require that all cleaning products be "environmentally friendly."

Some schools that have been using green cleaning products for several years have noted that indoor air quality has improved, students' attention spans have increased and absenteeism has declined.

"Children are especially vulnerable to indoor air pollutants because of their size and age," notes Patti Wood, executive director of the Grassroots Environmental Education. The Long Island, N.Y., nonprofit has lobbied for even stricter guidelines on school cleaning products. "If there is a single ingredient in any cleaning product that will cause an asthma attack, it would be a fragrance," says Wood. "There are a lot of children with asthma in our schools."

In our homes, the leading cause of indoor air pollution is (surprise!) the dishwasher. That convenient, labor-saving device is actually the most toxic appliance in your home. Researchers at the EPA and the University of Texas documented through 30 experiments that the superheated water in dishwashers can cause chloroform, radioactive radon and other pollutants to become airborne in your home. Dishwashers vent about 6 liters of air per minute into your home during the wash cycle. That means they continuously release water-borne toxins into your air, sometimes in one huge burst of contaminated steam if you open the door too early.

To protect yourself and your indoor air quality try these simple steps:

-- Phase out household cleaning

products that are not all-natural.

-- Use chlorine-free, phosphate-free dishwashing soap.

-- Ventilate your kitchen while the dishwasher is running. Even simply opening a window will help.

-- Select the "no-heat dry" option on your dishwasher if it is available. If it's not, keep your dishwasher sealed shut for at least an hour after it has finished.

Before we became so reliant on chemistry, we used to clean our homes with natural cleansers. Try restocking your cleaning cabinet with these natural and nontoxic alternatives:

-- Pure vegetable or castile soap can replace shampoo, hand soap, clothes detergent and dish detergent. It is gentler on your skin, clothes and the environment.

-- Vinegar cuts grease and removes mildew, is a brick/stone cleaner, and cleans windows without streaking. Drizzle it on top of a little baking soda to scour a toilet or clean a dirty bathtub.

-- Baking Soda (sodium bicarbonate) is a gentle abrasive powder for stovetops and shiny surfaces. It will extinguish a grease fire and deodorize your home without adding

a fragrance, and can be used as a toothpaste or deodorant.

-- Borax is a mineral that can inhibit mildew, remove stains, work with soap as a clothes detergent and be mixed with sugar to kill cockroaches.

-- Cornstarch makes an excellent window cleaner or furniture polish when diluted with water. In its powder form, use it to shampoo carpets and starch clothes.

-- Washing Soda is a heavy-duty cleaner for burned pans, grills and ovens.

Here are a few recipes to replace common household cleaners with an inexpensive nontoxic alternative:

-- All-purpose cleaner can be made from dissolving 4 tablespoons of baking soda in 1 quart of warm water.

-- Spray disinfectant can be made by filling an empty spray bottle halfway with Isopropyl alcohol and filling it up with water.

-- Drain cleaner can be made by pouring half a cup of baking soda down the drain followed by half a cup of vinegar. Do not try this if you have already used a commercial drain opener because the fumes would be toxic.

-- Window cleaner can be made by refilling a spray bottle with equal parts of vinegar and water. Add cornstarch for stubborn dirt, and use newspapers to clean the windows. Remember not to clean windows on a sunny day, and you won't have any streaks.

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St. Pete Beach Election

The City of St. Pete Beach is holding its municipal elections this March. The two City Commission seats that would have been decided were those of Districts One and Three. Each race has one candidate who is running unopposed. *The Gabber* caught up with both unchallenged candidates to find out more about them and their visions for St. Pete Beach – and why they may be lacking opponents.



District 1
Al Halpern
Unopposed
(Incumbent)

Place of Birth: Long Island, NY

What is your occupation?
Electro Mechanical engineer in the Aero Space Industry (retired)

Who is your employer?

My employer was Lockheed Martin Missile and Fire Control, Orlando

What is your education?

New York Institute of Technology

How long have you lived in St. Pete Beach? April 2002

How long have you lived in the district in which you are running? April 2002

How long have you served on the City Commission?
Since March of 2008

How does your past experience equip you for office?

My business career with Martin Marietta, now Lockheed Martin for 25 years, I worked as an Engineer, Group Engineer, and Project Engineer in the Missiles and Fire Control Division. My engineering work experience allowed me to develop personal skills which included project planning, budget management and employee relations.

What two issues do you think are the most important for St. Pete Beach?

The Budget for 2010 and the law suits against the City

How do you think the city can maintain its level of service without raising taxes?

It may not be able to although we will certainly try. Last year we managed to balance the budget with a very small tax increase and the goal this year will be to keep any increase in taxes as small as possible.

How well do you think the city has reflected the economy in recent fiscal years?

Our city would be in great shape if it weren't for the \$300,000 + dollars that we are spending on law suits.

One of the big issues commissioners have to face is the threat of lawsuits.

How would this threat affect the way you govern?

The city covers the individual commissioners on personal law suits. We are fighting the law suits to protect the choices made by the voters in the Approval of the new Comprehensive Development Plan, this is our obligation.

52

What are the top two or three things you hope to accomplish for the community while you're in office?

1. A balanced budget 2. No tax increase. 3. A grant for funding for a City Marina Project to ease the tax burden on residents.

Why do you think you're running unopposed?

I am running unopposed. The deadline for qualification was December 30, 2009. No one qualified so I am the Commissioner for District 1 for the next 2 years.

How can voters contact you with any questions they may have about your positions, affiliations, and candidacy?

There is contact information on the city web site "stpeteach.org" or go my web site at "alhalpern.com."



District 3
Marvin Shavlan
Unopposed

Place of Birth: Radford, VA

What is your occupation?
Business owner. President and co-owner of Bond Jewelers, a regional, multi store retail jewelry operation.

What is your education?

Bachelor of Science in Business Administration, University of Florida.

How long have you lived in St. Pete Beach?

9 years St. Pete Beach, 52 years pinellas county.

How long have you lived in the district in which you are running? 9 years.

How does your past experience equip you for office?

As president and co-owner of a regional business for the last 20 years, I have the experience needed to evaluate the issues and make decisions that are in the best interest of the people I represent.

What two issues do you think are the most important for St. Pete Beach?

The budget and hotel redevelopment.

How do you think the city can maintain its level of service without raising taxes?

By coming up with creative ideas to increase revenues and making tough, sometimes unpleasant cost cutting decisions.

Continued on next page

Gabber January 21 - January 27, 2010

From Previous page

How well do you think the city has reflected the economy in recent fiscal years?

We have not done well because pending lawsuits have discouraged redevelopment.

One of the big issues commissioners have to face is the threat of lawsuits.

How would this threat affect the way you govern?

You can't let this affect your decisions. You have to do what's in the best interests of the people you represent, no matter what.

What are the top two or three things you hope to accomplish for the community while you're in office?

Bring the community together, reduce costs / increase revenues, create some sort of annual signature St. Pete Beach event that will draw locals as well as tourists, enable hotel redevelopment.

Why do you think you're running unopposed?

We live in a very divisive community so it's possible some potential candidates may be concerned about being harassed and would rather not get involved.

How can voters contact you with any questions they may have about your positions, affiliations, and candidacy?

For now, send an e-mail to t.mcmaster@stpetebeach.org, indicating the e-mail is for Marvin Shavlan.

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Gabber January 21 - January 27, 2010

City Hopes Mail-In Ballot Will Bring Better Turnout

By Kate Bradshaw

ST. PETE BEACH - It was the only other agenda item the City Commission decided on before calling it quits at their January 12 meeting, which lasted until nearly 1am. But they had to vote on whether to make this March's election mail-in only.

The move, which the commission unanimously approved, means that paper ballots will be sent to all registered voters in St. Pete Beach.

City Manager Mike Bonfield says that this is favourable to opening the polls on March 9 for a variety of reasons, namely that it makes voting easier for everyone, which the city hopes will get more voters to participate.

It's a little cheaper, he says. Plus, he added, it serves as an experiment, given that one-third of the town's registered voters cast their ballots by mail. Since both of the City Commission seats that were up this year are unchallenged, voters are only deciding on one ballot question, which would allow the city to adopt a community redevelopment drawn up for the city's community redevelopment area (CRA).

Attorney Keith Sanders, Handles Bankruptcies with Experience

You could say my motto is 'been there, done that,'" says Keith Sanders, from Sanders Law, P.A.

He says that for two reasons. First, he says his more than 18 years of experience as an attorney specializing in handling "literally thousands" of bankruptcies means that he has dealt with virtually any kind of problem or issue that might arise with them. And, secondly, he had to file a Chapter 13 bankruptcy himself a few years ago. He says that experience makes him very sensitive to the kinds of things people face when making the difficult decision to file.

"Most attorneys have never been in a situation where they have been worried about how to keep the lights on, but I have been there myself so I can really relate to what people are going through," said Sanders. "Plus, many people are very embarrassed when they come to me, but when I tell them how embarrassing it was for me to have to stand in front of judges and colleagues who knew me and go through the process myself, that usu-

ally helps to put people more at ease and understand that I have been there and done that MYSELF."

"You know, in 99 percent of bankruptcy cases the situation is that bad things happen to good people. They have gone through an expensive health crisis or a divorce or just got in over their head with debt."

He began his career as a staff attorney for the U.S. Trustee in Atlanta. He is licensed to practice law in both Florida and Georgia.

"I like what I do because I feel like I can help people get a fresh start," said Sanders.

"Since the initial consultation is free, you really don't have anything to lose to meet with me and we can assess your situation and see how it might be best for you to proceed. Bankruptcy can be one solution to getting back on your feet financially, but it may not be the best or only solution for you.

Sanders has held a



number of seminars and written professional papers concerning bankruptcy law in general, ECF requirements and new issues. He is a former director of the Bankruptcy Section of the State Bar of Georgia.

The firm also handles Short Sale negotiations, defense against foreclosures, wills & trusts, and civil litigation.

Outside of the courtroom, Sanders lives in an unusual home in Gulfport that was one of the featured properties in a recent Pink Flamingo Tour of Homes. It has a tree growing right up through the floor and up through the ceiling of his kitchen. He has five dogs and a cat.

Keith Sanders, Esq.
Sanders Law, P.A.

6702 Gulf Boulevard, St. Pete Beach, FL 33706

727-209-0744

keithsanderslaw@gmail.com

Your Health

By Rallie McAllister M.D.

Tolerating Cold Symptoms May Hasten Recovery

No matter how healthy you strive to be in the New Year, you're still likely to succumb to the common cold every now and then. Like it or not, most of us can expect to catch two to four colds annually.

Although more than 200 different cold-causing viruses have been identified to date, the symptoms they cause are remarkably similar. An infection with any one of the pesky microbes can result in fever and body aches, accompanied by roughly a week's worth of sniffing, sneezing and coughing.

If you're determined to keep your suffering to a minimum, you may turn to an over-the-counter cold formula for relief. With dozens of brands and hundreds of different formulas on the market, there are plenty to choose from.

Nonprescription cold remedies typically contain some combination of antihistamines, decongestants, cough suppressants, fever reducers and pain relievers. While many of these concoctions can make you feel a little more comfortable, it's important to remember that none of them can stop the infection itself.

Over-the-counter drugs don't speed healing or recovery, either -- they merely mask the symptoms of infection. Even worse, some of these medications actually hinder the body's ability to rid itself of the cold-causing virus, prolonging the illness in the process.

When the respiratory tract is invaded by disease-causing microbes, the immune system is activated to defend the body in a number of ways. Most of the troublesome symptoms experienced during a cold are caused by the defenses of the immune system, rather than the virus itself.

In healthy individuals, these respiratory symptoms are helpful, and perhaps even essential, in overcoming the illness. Trying

to suppress the symptoms with medications may be counterproductive, since it disables the immune system and interferes with the body's ability to protect itself from infection.

When cold-causing viruses invade the body and latch onto tissues in the nose, throat and lungs, they trigger the release of inflammatory compounds that attract white blood cells to the site of infection. As part of the immune system, these cells are programmed to attack, destroy and engulf disease-causing germs.

After the white blood cells have completed their mission, they begin to pile up by the millions in the respiratory tract. The runny nose that accompanies a cold may be annoying, but it's what removes these spent cells from the sinuses and nasal passages, along with microbes, mucus and other byproducts of infection.

Taking an over-the-counter antihistamine designed to "dry up" nasal secretions can cause these substances to accumulate in the sinuses, increasing the risk of developing a sinus infection.

If you develop a cough, it's a good sign that your body is working hard to keep your lower respiratory tract clear so you can breathe easily. Coughing is a natural, protective reflex that allows you to expel secretions from your lungs.

Taking a medication designed to suppress your cough isn't always a good idea. The resulting buildup of mucous secretions can increase the risk of developing pneumonia.

Having a fever can make you uncomfortable, but it's an excellent way to rid yourself of infection-causing viruses, which typically thrive at normal body temperature. Even slight elevations in body temperature create an environment that is too warm for these germs to survive, much less reproduce.

You can think of a fever as the body's way of "pasteurizing" the blood, similar to the process used to kill microbes in milk with short bursts of relatively high temperatures. A fever also kicks your immune system into high gear, accelerating the production of germ-killing white blood cells.

A higher body temperature causes your heart to beat faster, speeding the delivery of blood and nutrients to the site of infection and hastening the removal of cellular debris and toxins. Higher body temperatures also speed enzymatic reactions, whether they're involved in killing germs or repairing injured tissues.

As long as you're healthy, there's no real danger associated with running a low-grade fever, and there's no real need to take a fever-reducing drug. In fact, letting a mild fever run its course may shorten the duration and the severity of your cold by killing more of the viruses responsible for the infection.

Recovering from any illness, including a simple cold, takes time. Over-the-counter cold medicines might make your symptoms a little easier to tolerate, but they won't help your body heal any faster.

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Notice is hereby given that on 2/5/10 at 10:30 am the following mobile home will be sold at public auction pursuant to F.S. 715.104. 1962 VIN HS 150XFDR6640 Last Tennant: Richard E. Edwards Sale will be held at: MHC Operating Limited Partnership dba Glen Ellen 2882 Gulf to Bay Blvd. Clearwater, FL. 33759 813-241-8269

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Card of Thanks

NEVER FAILING PRAYER TO ST. MICHAEL - St. Michael, the Archangel, Defend Us In Battle; Be Our Defense Against the Wickedness and Snares of the Devil. May God Rebuke Him We Humbly Pray; and Do You Oh Prince of the Heavenly Host, By the Power of God, Thrust Into Hell Satan and the Other Evil Spirits Who Prowl About the World For the Ruin of Souls. Amen. St. Michael, I Resort to Your Protection and in My Faith, Offer This Light Which Shall Burn Every Tuesday. Comfort Me in My Difficulties and While Lodging in the House of Our Savior Intercede for Me and My Family That We Will Be Able to Hold God Close to Our Hearts and Be Provided for in All of Our Necessities. I Beseech You, to Have Infinite Pity in Regard to Favors I ask of You (Name Them) So That I May Be Able to Overcome All Difficulties as You Did the Dragons at Your Feet. Our Father (Say 3 Times). Hail Mary (Say 3 Times). Glory Be (Say 3 Times). This Prayer is to be Said 9 Tuesdays, in Succession and Each Tuesday a Candle Shall Be Lighted and a Copy of This Prayer Lft in the Church to Help Another Soul in Distress and Support the Devotion to St. Michael. This Miraculous Saint Grants Everything. No Matter How Difficult, Before the Termination of 9 Tuesdays. G.F.

PRAYER TO ST. JUDE - This novena has never been known to fail. This novena must be said for 9 consecutive days. Publication must be promised. Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg to whom God has given great power to come to my assistance. Help me in my present urgent petition. In return, I promise to make your name known and call you to be invoked. St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys & 3 Gloria's. R.S.

ST. JUDE'S NOVENA - May the Sacred Heart of Jesus be adored, glorified, loved and preserved throughout the world now and forever. Sacred Heart of Jesus, pray for us. St. Jude, worker of miracles, pray for us. St. Jude, helper of the hopeless, pray for us. Say this prayer 9 times a day. By the 8th day, your prayer will be answered. Say it for 9 days. It has never been known to fail. Publication must be promised. My prayers have been answered. L.D.D.

ST. JUDE'S NOVENA - May the Sacred Heart of Jesus be adored, glorified, loved and preserved throughout the world now and forever. Sacred Heart of Jesus, pray for us. St. Jude, worker of miracles, pray for us. St. Jude, helper of the hopeless, pray for us. Say this prayer 9 times a day. By the 8th day, your prayer will be answered. Say it for 9 days. It has never been known to fail. Publication must be promised. My prayers have been answered. M.B.

POWERFUL PRAYER TO HOLY SPIRIT - Holy Spirit, you who solves all problems, who lights all roads so that I can attain my goal, you who give me the divine gifts to forgive and forget all evil against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things and confirm once again that I never want to be separated from you, even in spite of all material illusions. I wish to be with you, in eternal glory. Thank you for your mercy toward me and mine. G.B.

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3BR/1BA/1CG HOME-535 35th St. S. Large Living and Dining Room. Big Corner Lot. \$850/Mo. Pets Ok. 727-515-6568.

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SEASONAL RENTAL-In Gulfport. 2BR/1BA, Furnished. Utilities/Cable Included. Nice and Quiet. Close to Art District. \$900/Mo. plus Deposit. 727-321-5146.

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WATERFRONT CONDO 1BR/1BA-Marina Harbor, Water View, Screened Balcony, Covered Parking, Fishing Dock. Free Cable & Water \$595/Mo. plus Deposit. No Pets. 727-345-5837.

KENWOOD - 2800 2nd Ave. N. Large 2BR/1BA, Wood Floors, Livingroom, Diningroom, Laundry Room w/washer/dryer, New CHA, Den and Small Office. First, Security, and application w/references. \$895. 530-235-2222.

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BEAUTIFUL TOWN SHORES 1BR/1BA-3rd floor, 55+. 1yr. Lease. Newly Updated, Covered Parking. Move-in Ready, Marina View. \$875/Mo. plus 1st/last/security. 954-270-4882.

GULFPORT ART DISTRICT COTTAGE-2BR/1BA/2CG, Screened Porch, \$850/Mo. Call Cheryl, 727-420-7877.

CHATEAUTOWER- S. Pasadena. 1BR/1.5BA, Beautiful Waterview (sunset/rise) All New, Cable, Storm Shutters, Balcony, W/D, Pool, Gym, Yearly 727-347-1738.

TOWN SHORES 55+ COMMUNITY- 2BR/2BA, 1250SF. Room to Spread out. New carpet/paint. 5 pools, waterfront, 3rd floor unit, elevator, laundry, \$800/Mo. First/Security. ALL COUNTY PROPERTY MANAGEMENT, 727-541-2578, Ext. 121.

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SEASONAL POSSIBLE ANNUAL-1st Floor, 2BR/2BA, Den, Across from Clubhouse. Brand New Kitchen/Appliances, 55+ Patriot Square. No Pets/Smokers. 845-426-5535. cellist007@gmail.com

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Groton #315 2/2 waterfront, \$118,000

Diplomat #903 2/2 \$199,000

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2304 44TH ST. SO.-\$59,900 Charming 2/1 South St. Pete Home, Bordering Gulfport, Walking Distance to marina and Clam Bayou. Privacy Fence w/beautiful landscaped garden. Many Upgrades including windows, french doors installed in 2008. Price Reflects needed repairs. Call Sharon, Wave Realty of Tampa Bay. 727-455-3556.

SOUTH PASADENA-2BR/1.5BA Town House, Covered Patio, Pool, Walk to Publix, Near Beach & Stetson, \$95,000. BEACH & LUXURY REALTY. 727-492-6721.

2BR/2BA MOBILE HOME- Causeway Village, Excellent Condition. \$24,000. 847-989-3898.



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DIPLMAT #906 - This spacious 1 bed, 1.5 bath unit has terrific open water views of the bay. Reduced to **\$159,900**.

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2BR/2BA SPLIT PLAN-Pet Friendly Windsor Bldg. on Bay, 10th floor. Murphy Bed in Florida room. 1550sqft. \$189,900 o.b.o. 727-345-3584 or 810-599-6986.

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TOWN SHORES OF GULFPORT CONDO'S AVAILABLE 55+ COMMUNITY

NEW LISTING Lancaster #608 2BR/2BA standard unit with Marina view, carport. Priced at **\$149,000**

TOWN SHORES NEW ON MARKET, WINDSOR HOUSE #307 dog building, 1 bed 1.5 deluxe updated, windows, carport, offered at @ **\$161,500**

TOWN SHORES JAMISON #507 1 bed/1bath standard unit, furnished, clean & updated w/carport. Priced @ **\$78,900**

TOWN SHORES JAMISON #210 2 bed/2bath standard unit, new kitchen, bath, pool views, carport, move in condition. Priced @ **\$125,000**

TOWN SHORES AVALON #202 2 bed/2bath deluxe unit w/carport, Dog Building, updated offered at @ **\$107,000**

Avalon #206 1 bed/1 bath, standard unit, Dog Building, completely updated kitchen, bath, furnished, curb parking. Reduced to **\$84,000**

Embassy #409, 1 bed/1.5 bath, deluxe unit, furnished, convenient park by entrance, **Reduced to \$155,000**

Lancaster House #603, "Marina" water views, 2 bedrooms, **CONTRACT PENDING** very appealing Priced at **\$127,500**

Diplomat #901, 3 bedroom, 2.5 bath deluxe corner unit, with magnificent water views of the Skyway Bridge and St. Pete Beaches. New windows, kitchen, carpet, shutters, carport, etc. offered at **\$250,000**

Lancaster #304, 1 bed/1 bath, deluxe carport, marina views. **Great Buy @ \$99,000**

Hampton #310, 1 bed/1 bath deluxe, new carpet, new paint, waterfront marina views. ~~\$119,900~~ **\$99,000**

SEMINOLE GARDEN APTS 8584 111th St. N. #310 ** 2 bed, 2 bath corner condo, stps to Clubhouse priced @ ~~\$60,000~~ **\$54,900**

HOMES

SHORT SALE - Lealman Area - Single Family Residence - 4550 49th Ave. N. 2 bed 2 bath, new driveway, walkway, deck, backyard w/serenity garden & pond. Large updated kitchen, new interior, and terra-cotta tile flooring. Great Buy @ **\$99,000**

Gulfport 1713 59th Street South, Gulfport 2 bed 1 bath block home, updated move in ready. Attached carport, shed, landscaped. Steps to Holy Name Church, Stetson College Campus*** Priced well at **\$139,900**

Eagle Crest 6420 6th Ave. N. 3 bed/2 bath 2,000 sq ft., Beautiful maintained home with "Green" Landscaping, close to beaches, Tyrone Square Mall and Churches Priced well at **\$285,000**

MARINA DISTRICT 2650 Tifton St. S. 3/1 Cape Cod, 1.5 lot, fireplace room for boat/trailer. Priced at **\$139,000**

SALE/RENT

St. Pete Beach Starlight Towers - 7000 Beach Dr. Unit #308 corner Gulf Side Waterfront unit - Upham Beach Location. 2 bed 2 bath condo beautiful waterfront views. Enjoy pool & beaches right outside your door. 1 car garage with storage. Well Priced **\$479,000**

560 Zanesville St. S. St. Pete, FL 2 bed 1 bath w/carport, alley access, shady back fenced yard with oak trees double fence gate. Room for boat, pool, extra parking. Priced at **\$67,000**

6901 Burlington Ave. N., Mini Estate 4 bed/ 2 bath main home, gleaming wood floors, tiled kitchen and hallway. Large kitchen, new cabinets, new appliances, new vinyl thermo windows. New a/c & heat, completely private fenced yard, "Unique Family Home". Mother-in-Law apt., completely updated and functional, new a/c, appliances 2 screened porches. Alley access, 1/4 acre corner lot. Priced @ **\$350,000**

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Diplomat #609	1 bed 1.5 bath annual, furnished	\$1000 Month
Dover #410	1 bed 1 bath annual, furnished	\$750 Month
Kenmore #207	1bed 1bath, furnished	\$750.00 Seasonal
Nottingham #601	2 bed 2 bath Panoramic views	\$1300.00 Mth
	Full Water views from 3 sides of unit	

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BARCLAY- 2 Bedrooms, 1 bath Florida room, nearly new fridge, newer tile in
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ETON- Town Shores on a Budget! Ground Floor 'Deluxe'; Needs paint;
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FEELS LIKE HOME Spacious Family Room, +LR, 2/1 with Nice Screened Patio +Detached
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from the 2300+ sq ft 4th floor corner
unit, and the Seller will **UNDER CONTRACT** for
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3 bedrooms, 2.5 baths, large eat-in
kitchen remodeled in 2007.

2630 Miriam St. S. (\$127,900)

Gulfport Marina District dollhouse,
completely renovated inside & out,
new kitchen, bath, windows, flooring.
2 blocks to Gulfport Marina.

6000 1st Ave. S. #14 (\$59,900)

Large 1br, private patio, new paint
& carpet, newer appliances,
lots of closets. Move right in.

3595 40th Ave. S. #4 (\$95,000) - WOW!, what a deal!!! This very nicely appointed and furnished unit offers 3 bedrooms, 2 baths, screened in patio overlooking an expansive courtyard. It is just across from a heated swimming pool, and a very active clubhouse—with activities galore. This is priced right—and you need to see it today!

1847 Shore Drive S #503 (\$80,000) - Oh what a view - but it needs work—but oh the view is both east and west. Worth the work. Two bedrooms, one bath plus extra large Florida room.

2502 58th St. S. (\$192,000) - Duplex in mint condition. 2/1 & 2/1 & glass room. Double lot detached 2 car garage. Many, many upgrades. Call for info.

5845 62nd St. N. (\$104,900) - Very nice home with lots of character. 2 bedrooms, 1 bath in Pinellas Farms. Extra room with inside utility room. Wonderful fireplace in living room and screened porch in front. Hardwood floors throughout. The perfect home at the perfect price! Tons of storage throughout. Very large yard.

3880 37th St. S. Unit 51 (\$109,900) - 3br/2ba, large condo w/private large screened balcony overlooking a park. Close to Fort DeSoto

1847 Shore Dr. S. #309 (\$119,900) - This is the location for your new home! Great location close to trolley and bus stops, shops, the Corey Historic District, medical facilities and white sandy beaches. Spacious unit with a completely renovated kitchen.

1847 Shore Drive S #419 (\$189,000) - 2200+ sq ft, 3/2.5 with wide-open intracoastal and Boca Ciega Bay waterviews. Totally remodeled, the granite and new cabinets in the kitchen and bath are what you've been looking for. It has a floor plan that provides the best of everything.

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5855 27th Ave. S.	Gulfport	\$200,000
1868 Shore Dr. S. #209	Gulfport	\$140,000
1819 Shore Dr S #304	Gulfport	\$ 89,700
1868 Shore Dr S #601	South Pasadena	\$275,000

RECENTLY SOLD

6020 Shore Blvd. #712	Gulfport	\$275,000
7625 Sun Island, 306	Bay Island	\$ 89,900
1113 58th St S	Gulfport	\$299,000
6060 Shore Blvd. S. #904	Gulfport	\$259,000

Short Term or Annual Rentals Bay Island

Admiral Bldg.	3/2	18th FL
Admiral Bldg.	1/1.5	11th FL
Essex Bldg.	1/1.5	4th FL

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