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**CARS FOR SALE, HELP WANTED AND REAL ESTATE**

BAHAMAS BIGGEST



**SPORTS**

**Crushers demolish the Giants**

SEE PAGE TEN



# Teachers' union boss in \$90,000 cash row

## Belinda Wilson to be suspended for two weeks

By MEGAN REYNOLDS  
Tribune Staff Reporter  
mreynolds@tribunemedia.net

BAHAMAS Union of Teachers president Belinda Wilson is to be suspended without pay following allegations of the misappropriation of \$90,000 in union funds.

Ms Wilson flatly denied the allegations in a press conference yesterday, claiming only \$65,000 of union money was not accounted for as she had to pay a number of bills before leaving for a Caribbean Union of Teachers conference in Grenada in July.

In the absence of treasurer Janice Armbrister, who was away on a six-week vacation at the time, Ms Wilson said she had documents, which were pre-signed by the treasurer, countersigned by executive board member Sebastian Campbell and herself before taking the money to pay insurance and utility bills, and for seven council mem-

bers to travel to Grenada. Ms Wilson admitted she did not follow proper procedure as she did not consult the executive board before making the payments, but said she did so because she was in an emergency situation as the bills had to be paid before she left the country.

At least seven of the 15 executive board members voted on Friday for the president to be suspended without pay for two weeks from November 1 for the misappropriation of funds. The media was told Ms Wilson would be suspended because she misappropriated \$90,000.

However Ms Wilson's supporters, including Ms Armbrister, BUT Associate Vice President Quintin Laroda, and around 30 teachers at the press conference held at the BUT offices in Bethel Avenue yesterday, maintain the president is not guilty of misappropriation

SEE page six

## TEENAGER CHARGED WITH TWO MURDERS



Tim Clarke/Tribune staff

CLINTON FORBES is taken from court yesterday.

By NATARIO MCKENZIE  
Tribune Staff Reporter  
nmckenzie@tribunemedia.net

A TEENAGER was arraigned in Magistrate's Court yesterday on two murder charges. Clinton Forbes, 19, is charged with the murder of Jeffrey Johnson-Rolle.

Mr Rolle was gunned down in front of his brother while they were walking along Derby Road around 10pm on June 15.

Initial reports stated that the brothers were approached by a group of men while walking and attempted to run away. The group

SEE page six

## Anglican Church backs govt's marital rape law

THE Anglican Church has joined several other religious denominations in throwing its full support behind the Government's efforts to make it illegal for a man to rape his wife.

Delivering his Charge to the 109th session of the Anglican diocesan Synod, Archbishop Laish Boyd expressed his support for the Ingraham administration's proposed amendment to the Sexual Offences Act banning marital rape - but cautioned that we must work toward "the appropriate amendment that addresses the right concerns".

He also came out against the decision to resume capital punishment (see story, page 2).

Archbishop Boyd said the constitution, laws and government of any jurisdiction "must see after the well-being of all who dwell in or find themselves in that jurisdiction. Laws must protect all and address the needs and security of those who are vulnerable".

He said the current Sexual Offences Act suggests that spouses cannot be raped - a point of view espoused by

SEE page two

**Almost 80% of Detention Centre detainees were smuggled into Bahamas**

By PAUL G TURNQUEST  
Tribune Staff Reporter  
pturnquest@tribunemedia.net

NEARLY 80 per cent of the 89 detainees being held at the Detention Centre were smuggled into the Bahamas, with some destined for manual labour in the construction field, while others were set to be forced into prostitution, Immigration officials revealed yesterday.

Senior deputy director Roderick Bowe informed the press yesterday that the majority of persons who enter the Bahamas

SEE page 13

## Court hears the closing addresses in Travolta case

By NATARIO MCKENZIE  
Tribune Staff Reporter  
nmckenzie@tribunemedia.net

CLOSING addresses began in the attempted extortion trial of ex-PLP Senator Pleasant Bridgewater and former ambulance driver Tarino Lightbourne yesterday.

Director of Public Prosecutions and lead prosecutor Bernard Turner told the nine member jury that the prosecution has discharged its burden in proving that Bridgewater and Lightbourne are guilty of the offences for which they are charged.

SEE page 13

## Legendary artist Amos Ferguson dies

By AVA TURNQUEST

THE global art community is greatly saddened by the loss of a legendary prolific 'outsider' artist, an internationally-celebrated Bahamian who "was so close and yet so far" to his own people.

Amos Ferguson contributed more than four decades to visual art and the documentation of Bahamian culture, and can best be described as a "prophet not without honour, save in his own country, and in his own house (Matthew 13:57)." The biblical reference fitting to a man who was greatly respected by so

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LOCAL NEWS

# Anglican Archbishop speaks out against the death penalty

ANGLICAN Archbishop Laish Boyd said one of the most "alarming and perplexing" issues facing the Bahamas today is the government's proposal to resume hanging convicted murderers.

Expressing his disagreement with this proposal, the

archbishop admitted there has been a substantial increase in violent crime and that people are calling for action.

Speaking at the 109th Diocesan Synod yesterday, he said: "Crime is one of our most serious social problems. The number of homicides this

year shows a complete disregard for the sacredness of human life. It is easy to see how in this environment there would be a clarion call for the carrying out of the death penalty.

"However, it has long been acknowledged in many circles

around the world, and proven by statistical data, that capital punishment is not a deterrent to crime. And you do not quell violence with more violence."

The archbishop noted that of the 59 homicides this year up to September 18, government statistics say 66 per cent were related to drugs, retaliation, conflict or domestic violence.

He said that Minister of National Security Tommy Turnquest "rightly stated that the police would have little control over or intervention power in such circumstances to prevent them. There is only so much that they can do.

"The disregard for human life and a perverted value system which allows a person to maim or to kill another in a dispute, are realities that capital punishment cannot ever address, even though a hanging may satisfy the desire for retribution.

"In fact, the last hanging in the Bahamas was in January, 2000, at the beginning of the

## Marital rape

FROM page one

many opponents to the amendment, including the Bahamas Christian Council.

However, according to Archbishop Boyd, marital rape does indeed occur, and the law needs to reflect and address this reality.

He said: "Many persons have disagreed with the proposed amendment because they say it weakens or disrespects the bond of marriage and creates disadvantage or unfairness for one spouse.

"The reality is that all marriages do not work with the harmony and equality that God ordained. Some marriages are at the point where certain elements of the sharing may not happen for various reasons, or some may be at the point where certain elements of the sharing no longer occur at all. These circumstances call for communication, counselling or even reconciliation, or some other intervention.

"The law did not cause these circumstances nor can the law heal them. They need to be addressed by another means outside of the law.

"To say that an amendment to the law would create injustice or inequity in a marriage because it will give one spouse a weapon against the other is not quite the full picture: such a marriage already has problems of its own which the law did not create nor can the law solve. Those realities in that marriage need to be addressed. People who will misuse or abuse any amendment must be dealt with. But if we are going to create an environment where real and possible victims can be protected, then some reasonable amendment must be made.

"It is my belief that this is the intent of the government. I applaud the efforts that have been made. Let us press on in dialogue without rushing to the end result."



ANGLICAN ARCHBISHOP Laish Boyd

year. That year had an all time record number of murders, so obviously that hanging did not deter much."

According to the archbishop, the real issue facing society is the fragmentation of relationships and family life. He said too many children are being born to parents who are unable to socialise and care for them properly.

"What we need is for parents to be parents and to raise children to honour and respect God and humanity. We have strayed far from this in some quarters and we need to get back to it. The real issue is creating justice and fairness and a sense of hope and worth in our society so that everyone can feel - and also know - that they have a chance to make it.

"These kinds of things are tougher to address, but they are the issues. And all the hanging in the world will not address or even begin to reverse them. This is where the court system needs to work more effectively and efficiently."

## Teens set to appear in court in connection with drug, gun busts

TWO 19-year-olds are set to be arraigned in court this week in connection with two drug and gun busts made by police this weekend.

One young man is set to go to court tomorrow in connection with the discovery of a .223 assault rifle and ten rounds of ammunition at around 9pm on Friday.

According to police, the seizure came after a search warrant was executed by officers from the southern division on a home on Wood's Alley, off Market Street.

A second 19 year old will be charged later in the week in connection with the seizure of 21 foil wrappings of suspected marijuana, a .357 revolver and six rounds of ammunition.

The Peter Street resident was arrested in the Quackoo Street area yesterday at around 1.10pm.

## NASA delays shuttle launch for test flight

CAPE CANAVERAL, Fla.

NASA is delaying its November space shuttle launch by four days to provide more breathing room for a test flight of its new rocket, according to Associated Press.

Atlantis was supposed to lift off Nov. 12. Now launch is targeted for Nov. 16. NASA said Monday the delay will make it easier to get the experimental Ares rocket flying next week. The Ares I-X

is supposed to blast off Oct. 27 on a brief suborbital flight. NASA will move the rocket to the pad Tuesday morning.

The Ares test vehicle will carry neither people nor payloads when it takes off. Much of the rocket consists of mock-up hardware. NASA wants to see how well the partial first stage performs.

The same Kennedy Space Center team is supporting both the Ares and Atlantis launches.

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LOCAL NEWS

# Immigration chief denies withholding information on the Detention Centre

By PAUL G TURNQUEST  
Tribune Staff Reporter  
pturnquest@tribunemedia.net

MINISTER of State for Immigration Branville McCartney yesterday denied the allegation that he is personally withholding information from the press regarding conditions at the Carmichael Road Detention Centre.

Noting that the ministry has conducted a number of visits to the facility and has even com-

mitted a committee to investigate the numerous reports of abuse and unsanitary conditions, Mr McCartney said the media will be given the department's final report as soon as it is completed and presented to Cabinet.

"The committee's terms of reference were to investigate and determine the validity of these accusations. The committee members include, Dr David Allen, Father James Palacios, Jack Thompson, representatives

from the Department of Social Services and the Royal Bahamas Defence Force.

"The first tour was conducted March 3, 2009. Following the second tour on April 7, 2009, committee members expressed how pleased they were during their initial visit with the improvements made to the facility. Shortly after, I would have spoken to the improvements made during my budget debate in June.

"A third and final visit is planned at the end of this month before a final report is submitted to Cabinet for

review," Mr McCartney said.

The minister added that although he is not at liberty to disclose any particulars about the unfinished report, he has had an opportunity to review the document and is satisfied that the Detention Centre is a picture of "extremely humane" conditions that will "satisfy the highest of standards".

"These conditions resulted from allegations that I had heard prior to this government's election, conditions that were indeed alarming. When reports of those conditions resurfaced, we wasted no time in investigating, making certain improvements where warranted and in commissioning an independent study as aforementioned.

"Today's Detention Centre is not yesterday's Detention Centre. Today's Detention Centre is a holding facility where international persons without status, who have entered the country illegally, benefit from excellent meals, cable TV, plenty of recreation, hot water, clean beds, laundry facilities, access to medical treatment on site and available telephones," he said.

Mr McCartney said he anticipates that the report could be released before the end of the year after being presented to Cabinet; noting that it will show the Bahamas has accepted its "overwhelming immigration burden" and is treating these persons with as much grace, "diplomacy, and humanity" as anywhere else in the world.

## MAN CHARGED WITH MURDER



34-YEAR-OLD Shawn Moxey at court.

A 34-YEAR-OLD man charged with the murder of a former Tribune employee and the attempted murder of his brother was arraigned in Magistrate's Court yesterday.

Police have charged Shawn Edgar Moxey alias Shawn Isaacs with the murder of Matthew Ambrister and the attempted murder of his brother Marvin Ambrister.

Matthew 23, and Marvin, 24, of Farrington Road, were shot in the stomach when an altercation erupted between two groups of men outside Dominique's Restaurant and Bar on Boyd Road, on Saturday, June 13.

Matthew who worked in the Tribune press room, died at the scene.

Moxey, who was represented by attorney Krysta Smith, was not required to enter a plea to the charges during his arraignment before Chief Magistrate Roger Gomez in Court One, Bank Lane. Twenty witnesses are listed on court dockets. Moxey, of Church Hill Avenue, was remanded to Her Majesty's Prison. His case has been adjourned to November 30 in Court 10, Nassau Street.



SIR GEORGE NEWMAN

## Newly appointed Justice of the Court of Appeal

SIR GEORGE NEWMAN, newly appointed Justice of the Court of Appeal, presented his credentials to Governor General Arthur Hanna at Government House yesterday.

Sir George was appointed as a Judge of the High Court of England and Wales in May 1995 and retired from that Court on October 1, 2007 after serving more than 12 years.

Prior to becoming a judge of the High Court, Sir George practiced as a barrister.

He was called to the bar in 1965 and was appointed Queen's Counsel in 1981. Sir George's practice as a barrister included many appearances before the Privy Council in a wide variety of cases.

Sir George was one of the judges nominated to sit in the Administrative Court and in the Special Immigration Appeals Commission (SIAC).

He is presently the treasurer of the Honorable Society of the Middle Temple. In February 2009, UK Prime Minister Gordon Brown appointed him chair of the Security Vetting Appeals Panel of the United Kingdom.

## Man airlifted to New Providence after crash

By DENISE MAYCOCK  
Tribune Freeport Reporter  
dmaycock@tribunemedia.net

FREEPORT – A 23-year-old Eight Mile Rock man whose vehicle crashed into a service station on Friday has been airlifted to New Providence for further medical treatment.

The accident occurred around 9.30pm at Chappy's Gas Station in Bartlette Hill, Eight Mile Rock, when the driver of a Toyota Aristo car lost control and crashed into the gas pumps and a parked vehicle.

Asst Supt Loretta Mackey said that prior to the crash officers of the Eight Mile Rock Police Station were conducting road checks in the Hanna Hill area when they observed a vehicle being driven in a reckless manner.

She said officers pursued a white and gray Aristo vehicle, which later crashed. The victim, who has not been identified by police, was taken to the Rand Memorial Hospital for treatment.

Police reported that the male victim was airlifted over the weekend to the Princess Margaret Hospital.

Investigations are continuing into that matter.

### SUSPECT ARRESTED

Grand Bahama Police arrested a 24-year-old man in Freeport for possession of an unlicensed firearm and ammunition.

ASP Mackey reported that police were called around 1.30am on Saturday to assist security at the Bowling Alley on Britannia Lane.

According to reports, a young man who was attempting to enter the establishment was searched. Officers discovered a black Glock 9mm pistol with seven rounds of 9mm ammunition in his trousers.

The suspect was arrested and taken into police custody.

Officers of the Central Detective Unit are investigating the matter.

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## Military brass grow restive

WASHINGTON — Only nine months ago, the Pentagon pronounced itself reassured by the early steps of a new commander in chief.

President Barack Obama was moving slowly on U.S. withdrawal from Iraq, had retained former President George W. Bush's defense secretary and, in a gesture much noticed, had executed his first military salute with crisp precision.

But now, after nearly a month of deliberations by Obama over whether to send more U.S. troops to Afghanistan, frustrations and anxiety are on the rise within the military.

A number of active duty and retired senior officers say there is concern that the president is moving too slowly, is revisiting a war strategy he announced in March and is unduly influenced by political advisers in the Situation Room.

"The thunderstorm is there and it's kind of brewing and it's unstable and the lightning hasn't struck, and hopefully it won't," said Nathaniel C. Fick, a former Marine Corps officer who briefed Obama during the 2008 presidential campaign and is chief executive of the Center for a New American Security, a military research institution in Washington.

"I think it can probably be contained and avoided, but people are aware of the volatile brew."

Last week, the national commander of the Veterans of Foreign Wars, Thomas J. Tradewell Sr., issued a terse statement criticizing Obama's review of Afghan war strategy.

"The extremists are sensing weakness and indecision within the U.S. government, which plays into their hands," said Tradewell's statement on behalf of his group, which represents 1.5 million former service members.

In August, in a speech to the VFW, Obama defended his strategy, saying, "This is not only a war worth fighting; this is fundamental to the defense of our people."

Obama's civilian advisers on national security say the president is appropriately

reviewing his policy options from all sides. They said it would be reckless to rush a decision on whether to send as many as 40,000 more American men and women to war, particularly when the unresolved Afghan election had left the United States without a clear partner in Kabul.

Although the tensions do not break entirely on classic civilian-military lines — some senior military officers have doubts about sending more troops to Afghanistan and some of Obama's top civilian advisers do not — the strains reflect the military's awareness in recent months that life has changed under the new White House.

After years of rising military budgets under the Bush administration, the new administration has tried to rein in Pentagon spending, and has signaled other changes as well, including reopening debate on the "don't ask, don't tell" policy governing military service by gay men and lesbians. The administration has made clear that Obama will not necessarily follow the advice of his generals in the same way Bush did, notably in the former president's deference to Gen. David H. Petraeus, now the head of the Central Command, and that it does not want military leaders publicly pressing the commander in chief as they give their advice.

Two weeks ago, after Gen. Stanley A. McChrystal, the top NATO commander in Afghanistan, rejected calls for the Afghan war to be scaled back during a question-and-answer session in a speech in London, Defense Secretary Robert M. Gates warned not only McChrystal, but also the military as a whole, to keep quiet in public as the debate progressed.

"It is imperative that all of us taking part in these deliberations — civilian and military alike — provide our best advice to the president candidly but privately," Gates told the annual meeting of the Association of the United States Army, a private support group, in Washington.

*This article is by Elisabeth Bumiller c.2009 New York Times News Service*

# Six tourism pioneers who deserve our recognition

EDITOR, The Tribune.

I stumbled upon the tale of six unsung tourism pioneers which has remained under the radar for some forty years.

The recognition of Sen Hon Vincent Vanderpool-Wallace by the Queen for his exceptional works in the Hospitality Industry has caused me to focus on the untold story.

The Ministry of Tourism has failed to Inspire the nation with the challenges and achievements of six young Bahamians, who in 1970, were selected by the Ministry of Tourism to be shipped abroad to be trained and developed to replace the existing foreign tourism professionals. Sir Clement T Maynard was convinced that this untapped area could become the proving ground for Bahamians.

I began looking into this matter after reading Sir Clement T Maynard's book, "Picking up Speed."

I noted that Sir Clement put Bahamahost, People to People, professional training and education policies, the utilisation of denomination leaders to promote the Bahamas, cultural development and standards of performance in the workplace;

## LETTERS

letters@tribunemedia.net

regrettably, the full story of the Bahamianisation of the tourism overseas network has not been told or celebrated. We are proud of Sir Stafford Sands, George Myers, Sir Baltron Bethell, Sen Hon Vincent Vanderpool-Wallace, but what of these six. Philip Mortimer, David Johnson, Joseph Delaney, Athama Bowe, Van Isaacs and the late Arlene Wisdom-Albury, gave their best and are excellent examples of what Bahamians have and can become.

The group had pressure from every quarter; they were made to understand that failure was not an option.

As Jackie Robinson had, they were instructed to suck it up, remain focused amidst the internal challenges to include professional and racial bias.

Sir Baltron speaks well of the group and views them as tourism trailblazers and exceptional professionals, "We could not Intervene, we had to have faith in them — if they had not succeeded,

we could not have placed Bahamians overseas.

"They went off almost in the dead of winter."

"This group was put in place by PS Elison A Thompson and Director General of Tourism, Som Nath Chib; E John Deleveaux was responsible for the project."

This story confirm that young men and women outside of politics were shaping the Bahamas; what a positive story.

How can a grateful nation who recognises athletes, culturalists, academics, politicians, the clergy, neglect these early nation builders; they were diligent, unselfish, skilled, qualified, well educated and passionate for their Bahamas. We must correct this oversight.

The Bahamas Hotel Association, the Bahamas Chamber of Commerce, the Bahamas Christian Council and the Ministry of Youth, should be inspired by this opportunity to celebrate this group.

The Ministry of Tourism and the Hon Minister should initiate the recognition effort.

**WENDELL F ALBURY**

Nassau, October, 2009.

# Sad to see criminals having 'a field trip' in the Bahamas

EDITOR, The Tribune.

I write this letter to bring awareness to the Bahamas

and good Bahamian people. Robbing, raping, murdering, etc the crime list goes on each day.

It makes one sad to see these criminals continue to have a field trip, or merry-go-round.

There is a Bahamian slang that goes on to say "ain't nothing happening".

So if that's the case for these bold criminals to enjoy, you see just how things are going for us, there is no fear, especially for murderers in the land.

They are well aware that there is nothing happening to them, only a jail term.

So the bold killers developed a mind that does not care. Apart from that these killers are given bail eventually. Giving them the opportunity to go and kill again.

Because sentence against an evil work is not executed speedily, therefore the heart of the sons of men is fully set in them to do evil (Ecclesiastics 8:11) what a sad picture as far as the law of the land is concerned.

Our police force are doing

a very good job every day.

But sad to say locking them up, is not all to be done.

What has happened to the promise that was given to the Bahamian people?

In reference to the electronic ankle bands that was spoken by the Minister Tommy Turnquest?

It's almost five years and I have not seen anything yet.

If the Bahamian people place anyone to serve in parliament you have to please your people by truly serving.

Keeping promises is a very important thing. By giving these criminals, something to think about.

Please get these devices, and use these to fast track them all on bail.

This is one of the things to be done, before it's too late.

I'm sure a word to the wise is enough we do not know, who is to be murdered next.

**DOH**  
Nassau, September, 2009.

## NOTICE

NOTICE is hereby given that **SHIRLEY SIFFORD** of Tootie Shop Corner, Off East Street, P.O. BOX N-10326 NASSAU, BAHAMAS, is applying to the Minister responsible for Nationality and Citizenship, for registration/naturalization as a citizen of The Bahamas, and that any person who knows any reason why registration/naturalization should not be granted, should send a written and signed statement of the facts within twenty-eight days from the **20th day of October, 2009** to the Minister responsible for nationality and Citizenship, P.O. Box N-7147, Nassau, Bahamas.

## NOTICE

### WEST WINDS PROPERTY OWNERS ASSOCIATION LIMITED

Notice of Extraordinary General Meeting of West Winds Property Owners Association Limited

Please be advised an Extraordinary General Meeting of West Winds Property Owners Association Limited (WWPOA) will be held on Tuesday, October 20th, 2009 at 6:00 p.m. in the evening at the Pavilion, West Winds.

## NOTICE

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A Tribute To Two of The Bahamas' Cultural Icons,  
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## Share your news

The Tribune wants to hear from people who are making news in their neighbourhoods. Perhaps you are raising funds for a good cause, campaigning for improvements in the area or have won an award. If so, call us on 322-1986 and share your story.



LOCAL NEWS

# Tributes paid to the late Roger Carron

TRIBUTES have been pouring in for the late Roger Carron, *The Tribune's* Managing Director and husband of *Tribune* Publisher Eileen Carron, who passed way Sunday morning.

Mr Carron, 77, was born in Eastbourne, Sussex, England on June 13, 1932. He met his future wife while studying for his bar finals in London in 1960 and overcame a number of hurdles to join her when she returned to the Bahamas to help her father Sir Etienne Dupuch with *The Tribune*.

Prime Minister Hubert Ingraham said he and his colleagues were saddened to learn of his death.

"Mr Carron lived a full and productive life and made a significant contribution to Bahamian national life since his arrival here almost 50 years ago. Despite the difficulties he encountered, Mr Carron grew to love his adopted home and retained his good humour throughout. He was fond of chatting with Bahamians from all walks of life and made many friends among them.

"In his many years at *The Tribune* Mr Carron garnered the respect and admiration of many, including the young journalists with whom he came into contact and he contributed significantly to their development as a wise mentor and professional journalist.

"Roger Carron contributed much to *The Tribune*, an important Bahamian institution, and to the country in general. My colleagues and I extend our sincere condolences to Mrs Carron and their son Robert on his passing."

Glenys Hanna-Martin, national chairman of the Progressive Liberal Party, also extended her condolences to *The Tribune's* publisher.

"Mr Carron was always an amiable gentleman who always appeared to fully enjoy his walk through life. He was over the years a vital component in the publication of *The Tribune* and we therefore know his extended family will include the staff of that newspaper.



ROGER CARRON

"It is our prayer that God will give strength to both Mrs Carron and their son Robert during this difficult time of loss."

Former *Tribune* Managing Editor John Marquis described Mr Carron as a "true English gent with a very human touch".

He added: "My wife Joan and I were deeply shocked to hear of Roger's passing. We always regarded him as the very nicest kind of English gentleman, a person with a real concern for his fellow humans who never lost his twinkling sense of humour and engaging smile.

"During my 10 years as *The Tribune's* managing editor, he and Mrs Carron were extremely supportive. It was their independent and robust approach to journalism that lured me back to the Bahamas in the late 1990s, and it was their commitment to freedom of the press that kept me there for so long.

"The Bahamas owes Roger a great debt because the wonderful relationship he shared with Mrs Carron was undoubtedly a major factor in keeping *The Tribune* on track during the very difficult times they had to face during the 1970s and 1980s."

derful relationship he shared with Mrs Carron was undoubtedly a major factor in keeping *The Tribune* on track during the very difficult times they had to face during the 1970s and 1980s."

Dr Keva Bethel, president Emeritus of the College of the Bahamas, said: "He was such a fine, upright, congenial man, one whose friendship I treasured. He will be a sore loss not only to *The Tribune* and the Bahamian media in general, but to our whole community. I extend best wishes and special condolences to all *The Tribune* family whose pain must be particularly acute at this sad time."

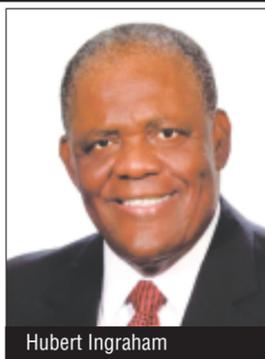
Minister of State for Social Services Loretta Butler-Turner said: "On behalf of my family and I, and the residents of the Montagu Constituency, I wish to extend our heart-felt sympathy to the family of Rodger Carron. At this most difficult time we prayerfully remember and support his devoted wife and partner, Mrs Eileen Carron and beloved son Robert Carron.

"We also remember his extended family members and professional family at *The Tribune* group of companies. May God's Blessings lovingly sustain and uplift you at this time. May his soul and the souls of the faithfully departed rest in peace."

Jack Thompson, Director of Immigration, said: "I would like to extend sincerest sympathy to Mrs Carron and to the family at *The Tribune* on the passing of Mr Carron. Please be assured of our prayers."

Branville McCartney, Minister of State for Immigration, said: "I would like to wish sincere condolences to Mrs Carron and her family on the passing of Mr Roger Carron. Our prayers are with her and the family."

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Hubert Ingraham



Dr Keva Bethel



Glenys Hanna-Martin

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- Assist marketing in product development and the launching of new products which expand penetration
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**Job Requirements:**

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LOCAL NEWS

# Public praise for Tribune over Preston Ferguson coverage

MEMBERS of the public have been effusive in their praise of *The Tribune* and the family of Preston Ferguson following the announcement that the police investigation into his death has been reopened.

Mr Ferguson's body was found in his work vehicle on a lonely stretch of road on Great Exuma about two

months ago. The police initially deemed the death an accident, however the family and *The Tribune* have campaigned strongly for the matter to be revisited, as the evidence could point to foul play.

Following the announcement last week that a team of homicide investigators had been dispatched to the island, readers of [tribune242.com](http://tribune242.com)

hailed the persistence of Preston's relatives and the efforts of this newspaper.

D Collie said: "Has there EVER been this level of investigative journalism in this country? I am proud of what has been done in this matter and hope that the elected officials take note. This family was just one of many and they stuck to their guns and didn't

just roll over to the usual empty double talk of ministers and police spokespersons.

Good Job *Tribune* reporters and Ferguson Family. Next up, the family of Brenton Smith need closure!"

Gail H said: "This is living proof that the fourth estate still holds some kind of weight in the country. Thank you *Tribune* and continue to use your powers for good."

Gretchen added: "Congrats to the investigative reporters at *The Tribune*; I know the family must be very relieved to have their quest for justice documented in the print media. A job well done. Thank God for the *Tribune* staff."

"Jetta" said: "*The Tribune* staff needs to be commended for bringing this and other important issues to the forefront so that people can get justice in this country."

"Bush Lawyer added: "Yes, I too would like to thank *The Tribune* for good coverage of local events. So many articles are reported once, are inconclusive, and you never hear about it again. We need to stop hiding behind this small town syndrome, and getting in bed with wrongdoers."

According to "Joe Blow", "It's about time. At least now Preston's family knows they

have real police on the case, so they should be able to feel comfortable with whatever the outcome.

"Good for them for forcing the issue and good for *The Tribune* for taking up the story and not letting go."

## Teenager charged

FROM page one

reportedly gave chase and shots were heard in the area of the Tom "The Bird" Grant recreational Complex. Johnson received gunshot wounds about the body and was pronounced dead at the scene.

Forbes of Graham Drive, Yellow Elder Gardens, was represented by attorney Tai Pinder during his arraignment before Chief Magistrate Roger Gomez in Court One, Bank Lane, yesterday. He was not required to enter a plea and the case was adjourned to November 2 in Court 5, Bank Lane.

Forbes along with Ricardo L Knowles, 21, of Butler Street, Nassau Village, is charged with the August 14 murder of Shawn Kareem Stubbs. Stubbs, 23 was found dead through Sea Breeze Lane around 3am on August 14 with a gunshot wound to the head. Forbes and Knowles were not required to enter a plea to the murder charge and the case was adjourned to November 2 in Court 5, Bank Lane.

Knowles is also charged with armed robbery, stealing, receiving and burglary. It is alleged that Knowles between August 2 and 3, broke into the home of Dwayne Curtis. It is alleged that he stole a \$670, stainless steel Rolex watch, a \$200 silver hand chain, a \$1,300 flat screen television, a \$1000 HP computer, \$300 cash, a \$50 Samsung digital camera and a set of keys for a 1994 vehicle.

It is also alleged that Knowles robbed Curtis of a set of keys for a Ford Fiesta, registered to the Department of Environmental Health. Knowles is also accused of stealing the vehicle, as well as a 2000 Nissan Sentra and a 1994 Audi. Knowles pleaded not guilty to the charges and those cases were also adjourned to November 2, in Court Number 5 Bank Lane.

Attorney Pinder told the court she had been informed by her client that while in custody at the Central Detective Unit, he was beaten in the back and told he would be "dealt with" once remanded to Her Majesty's Prison as murder victim Jeffrey Johnson-Rolle is the nephew of the prison's Deputy Superintendent Charles Rolle.

Knowles also told the court he needed medical attention, claiming he to had been beaten by police and had lost hearing in one of his ears. Chief Magistrate Gomez ordered that he receive medical treatment. Both men were remanded to Her Majesty's Prison.

A rowdy crowd assembled on Bank Lane yesterday, shouting at the police officers as they jostled with the accused while escorting them back to the Central Police Station.

## SECOND MAN CHARGED



RICARDO KNOWLES outside of court



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## RE-ISSUE OF BTC TENDER FOR USED & SALVAGED VEHICLES

This is to advise that BTC is re-issuing the "Tender For Used and Salvaged Vehicles"

that originally appeared in the press for the month of September, 2009, with a deadline of submission of September 30, 2009.

Please note that ALL tender offers submitted at that time are null and void. None of the submitted tenders were opened and viewed by BTC.

All interested parties remain eligible to participate in the re-issued tender exercise for scrap vehicles. If you participated before, you must submit a brand new tender.

Bids should be clearly marked "Tender For Used & Salvaged Vehicles" and submitted to the Acting President & CEO not later than 5:00 p.m. on Friday, October 23, 2009.

Vehicle Type	Vehicle Type
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1996 Ford E-150 Van	1998 Ford F-250 P/U Truck
1998 E-150 Van	1998 Ford F-250 P/U Truck
1998 E-150 Van	1998 Ford F-250 P/U Truck
1994 E-150 Van	1998 Ford F-250 P/U Truck
1994 Ford Ranger P/U t	1998 Ford E-150 Van
1995 Ford Truck	1998 Ford E-150 Van
1998 Ford Ranger P/U T	1996 Ford E-150 Van
1996 Ford Ranger P/U T	1998 Ford E-150 Van
1996 Ford Ranger P/U T	2001 Dodge Caravan
1998 Ford Ranger P/U T	2002 Dodge Caravan
1996 Ford Ranger P/U	1999 Ford Ranger P/U Truck
1990 F-350 Lift Truck	1996 Ford F-450 Lift Truck
1996 Ford Ranger P/U T	1998 Ford E-150 Van
1998 Ford Ranger P/U T	1998 Ford E-150 Van
1999 Ford Ranger P/U T	1997 Ford F-150 Lift Truck
1999 Ford Ranger P/U T	1990 Nissan Civillian
1996 Ford Ranger P/U T	1991 Nissan Civillian
1998 Ford Ranger P/U T	1998 Ford F-800 Truck
1999 Ford Ranger P/U T	1999 Ford Ranger P/U Truck
1998 Ford Ranger P/U T	2007 Avalon
1999 Ford Ranger P/U T	1998 Ford Ranger

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## Teachers' union boss in \$90K cash row

FROM page one

but carrying out the wrong process.

And Mr Laroda said the punishment does not fit the crime.

He told the press: "The allegations are misleading and disingenuous because every executive officer knows the suspension wasn't because of misappropriation of funds."

"Ms Wilson was travelling the next day, the bills had to be paid and she wanted to pay them before she left."

"Also the trip to Grenada had to be funded and she needed cash to pay for the rooms and other expenses."

"There are times when you have to make decisions on your feet. I give her the benefit of the doubt."

The union treasurer explained how two \$30,000 payments which should have been transferred from the consolidated account to the pension fund were not, and payments were made without consultation with the board.

She said \$43,284 was used to make up for a shortfall in insurance payments and has evidence in a letter from Ms Wilson to the credit union.

A \$10,000 cheque was made payable to secretary general Stephen McPhee to cover expenses on the trip to Grenada on July 23, and another \$1,500 cheque was written to Fr Campbell to cover the cost of office operations in Ms Wilson's absence.

Ms Armbrister said a further \$2,395 was paid to the Bahamas Telecommunica-

tions Corporation (BTC), \$3,632 to the Water and Sewerage Corporation (WSC) and \$2,451 to the Bahamas Electricity Corporation (BEC).

Another \$1,000 was taken out by Ms Wilson to put on the Impress account for petty cash, adding to a total of \$64,232.

Ms Wilson said: "I wish to state unequivocally there is no truth in the misappropriation of funds on my part."

"Our Union's Constitution has a mechanism that allows us to resolve matters internally."

"It is sad that persons found it necessary to bring this matter to the media. I do not intend to resolve the matter via the media but I do intend to exhaust all avenues available to me to defend my good name and restore the confidence in this great union."

Government High School teacher Pearl Baker said it was a bad time to lose the president of the 4,000 member union as hundreds could be facing pay cuts next week after taking industrial action over inadequate teaching conditions in government schools.

She said: "I am very disappointed because teachers should have been informed before the press was informed of any allegations involving the elected president."

"Her suspension comes in as some of my colleagues will be cut so who will be standing up for them? This makes the union look bad with a lot of false allegations. I smell conspiracy written all over this."

LOCAL NEWS

# PM wants better revenue collection from Family Island administrators

FAMILY ISLAND ADMINISTRATORS must do a better job at collecting government revenue, Prime Minister Hubert Ingraham said.

"Administrators are just not expected to sit in the office all day dressed in suit and tie and wait for somebody to come and see 'the chief,'" he said. "They are to be very knowledgeable about what is happening in their communities."

During the annual conference for Family Island Administrators at the British Colonial Hilton, which ended on Friday, Mr Ingraham told administrators to investigate any suggestion that the government may not be receiving revenue due to it.

Second home owners on certain islands rent out their homes but are not paying taxes from the income generated, Mr Ingraham said.

"We are willing to treat their property as a private dwelling home for the purposes of real property tax, which means they will be able to benefit from the exemption of the first \$250,000 of value, like everybody else," he said.

"They will pay the real property tax on the remainder and they will charge their guests who are paying them, the percentum for the daily rate that they are occupying the places, and remit that to the Treasury or to the Administrator's Office on a monthly basis."

Mr Ingraham insisted that there must be ways to improve the delivery of services while increasing the intake of revenue.

He noted that the government is supposed to col-



HUBERT INGRAHAM

lect a royalty for every load of sand taken from the Bahamian seabed, "but that is not happening. It is all stipulated in the law. We can go down a list across the board, agency after agency, to discover how we are falling down in the administration of the revenue collection in the Family Islands."

The government requires "greater accountability" from administrators with respect to the expenditure of public funds, Mr Ingraham said.

"Our aim and our goal has always been that we will seek to benchmark the expenditure by Local Government in districts against the revenue collected from that district and top off those districts that for their own economic circumstance are unable to produce an adequate sum of money to fund adequately a Local Government. We expect that soon we will be able to benchmark the amount of remittance to a district based upon the amount that is collected from certain taxes in the district."

Elected local authorities would then "have to be more vigilant in helping to identify and collect the \$100 a year for every dock that is in the district, to collect from the marinas for all of the boats they have tied up, collect business licence fees and other fees," he said. Administrators should also publically explain why they cannot approve certain requests and should not try to evade meeting with members of the public, Mr Ingraham added. "You ought not to turn people around by telling them come back tomorrow. Determine it now. If you cannot do it, find out who can do it and get them the answer."



THE CANDIDATES talk to an audience in Grand Bahama.

## PLP leadership candidates campaign in Grand Bahama

By DENISE MAYCOCK  
Tribune Freeport Reporter  
dmaycock@tribunemedia.net

FREEPORT – Five of the candidates vying for leadership positions within the Progressive Liberal Party have taken their campaigns to Grand Bahama.

Dr Bernard Nottage, Kendrick Dorsett, and attorneys Paul Moss, Philip "Brave" Davis and Jerome Fitzgerald addressed PLP supporters in Freeport at an open forum at Mary Star of the Sea auditorium on Friday.

West End MP Obie Wilchcombe, who is vying for deputy leader of the PLP, did not attend.

The candidates shared their ideas and vision of moving the party forward into the next general elections.

The crowd favourite of the evening was Dr Nottage. The auditorium erupted with applause as the candidate for leader of the PLP was introduced to the stage.

Dr Nottage urged PLPs not to be afraid of change. He noted that the party has an "image problem" that prevents people from supporting it.

"The party is in crisis of confidence in Grand Bahama, and when I went to South Eleuthera the people there said they have not seen any of the party officers in a year or two, and that was the same story I heard in Andros.

"We have a wonderful party...but to date...people don't see the party making enough intervention on their behalf," he said.

He claims that Bahamians are being victimized and sent home under the FNM government. He also noted that the economy of Grand Bahama is in crisis.

Dr Nottage stressed that it is important that the party is able to win the support of those young people who do not belong to any party.

"The time has come for a change in our party and in our country. Our party does not belong to any one person. It belongs to all of us. You must not worry about personalities when you go to vote, you must remember to think about your children and what is in the best interest of the party."

Dr Nottage believes that his brief departure from the party is not an issue for PLPs.

He explained that many before him had left, including party leader Perry Christie who also returned to the party.

Attorney Paul Moss, who is also vying for leader of the PLP, believes that he is capable of leading the party. During his address, he expressed concerns about the state of Grand Bahama, and blamed the Grand Bahama Port Authority for the current economic woes in Freeport.

Mr Moss was also concerned that foreigners were being favoured over Bahamians, particularly as it relates to the granting of crown land.

"There are 2.7 million acres of crown land in the country and each of the 300,000 Bahamians

should be given some crown land," he said.

As Mr Moss was speaking, a small group of unruly Perry Christie supporters left the auditorium chanting "Perry, Perry" on the outside.

Senator Fitzgerald told supporters that he is ready for leadership within the party.

Mr Philip "Brave" Davis, the candidate for deputy leader, said that there is a need for modernizing the party's internal structure.

He intends to formulate and standardize general election procedures and make the national headquarters a fully operational command centre.

A small booklet entitled, 'Be Brave Change the Bahamas,' further outlining his vision for the party, was distributed among the audience. Mr Davis, who is endorsed by deputy leader Cynthia Pratt, said he will support the participation of more women and young people in the party.

Kendred Dorsett, the candidate vying for national chairman of the PLP, believes that the Council needs a full-time chairman in New Providence.

If elected, he intends to become a full time chairman at the Sir Lynden B Centre.

Mr Dorsett also intends to travel to Grand Bahama once a month to ensure the effectiveness of the council on the island.

"We must revitalize the council in Grand Bahama, we must restore the people's confidence in the PLP," he said



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## IN MEMORIAM

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MRS. JESTINA M. ALLEN

Born: 5th April, 1918  
Died: 20th October, 2006



MR. HARRY HR ALLEN

Born: 2nd August, 1912  
Died: 8th November, 1985



MR. MARTIN A. ALLEN

Born: 19th August, 1938  
Died: 21st December, 1998



MR. PITTMAN R. ALLEN

Born: 22nd February, 1944  
Died: 2nd December, 2007

*O light forever dawning beyond the darkest night;  
O comfort of the mourning, our strength and our delight; receive our humble pleading for those whose course is run, lest pardon they be needing for any evil done.*

*To him who like the eagle arose on conqu'ring wing, the cross his banner regal, O death, where is your sting?  
There's surely no rejection for those who share His strife, but hope and resurrection and everlasting life.*

◆ THE ALLEN FAMILY ◆

### British American Financial Breast Cancer Tip

Breast cancer is the fear of every woman. One of the keys to beating this disease is to detect breast cancer in its earliest stages of development. A successful way of doing this is to perform breast exams on yourself. Every woman should start self breast exams when they reach twenty years of age. Self exams should be performed every month. Mark your calendar in red ink to remind you; this is a reminder to help yourself and possibly save your own life!

You can survive breast cancer. Early detection through regular breast self-exams and a regular program of mammogram and physical exams are crucial steps that every woman should employ.



Jennifer Francis

49

Breast Cancer Survivor for 9 years

The Tribune observes Breast Cancer Awareness Month 2009



INSIDE • Michael Owen prepares to face Liverpool fans



**2009 WORLD SUNFISH CHAMPIONSHIPS**

## Bahamian sailors find the going tough

**RENALDO DORSETT**  
Tribune Sports Reporter  
rdorsett@tribunemedia.net

After the opening day of competition in the 2009 World Sunfish Championships, Bahamian competitors find themselves with much ground to make up to claim pole positions near the leader board by the end of the week.

With the release of the preliminary results yesterday afternoon, Bahamians found themselves in less than favorable positions early on.

Charles Kelly recorded the best finish of any of the 15 Bahamian sailors in the field in 18th position with a net score of 38, a result of an 18th place finish in race one and 20th in race two.

Former three time Sunfish World Champion, Donald Martinborough closely trailed Kelly in both races as he finished 19th overall, with a 19th place finish in race one and 21st place finish in race two, a net score of 40.

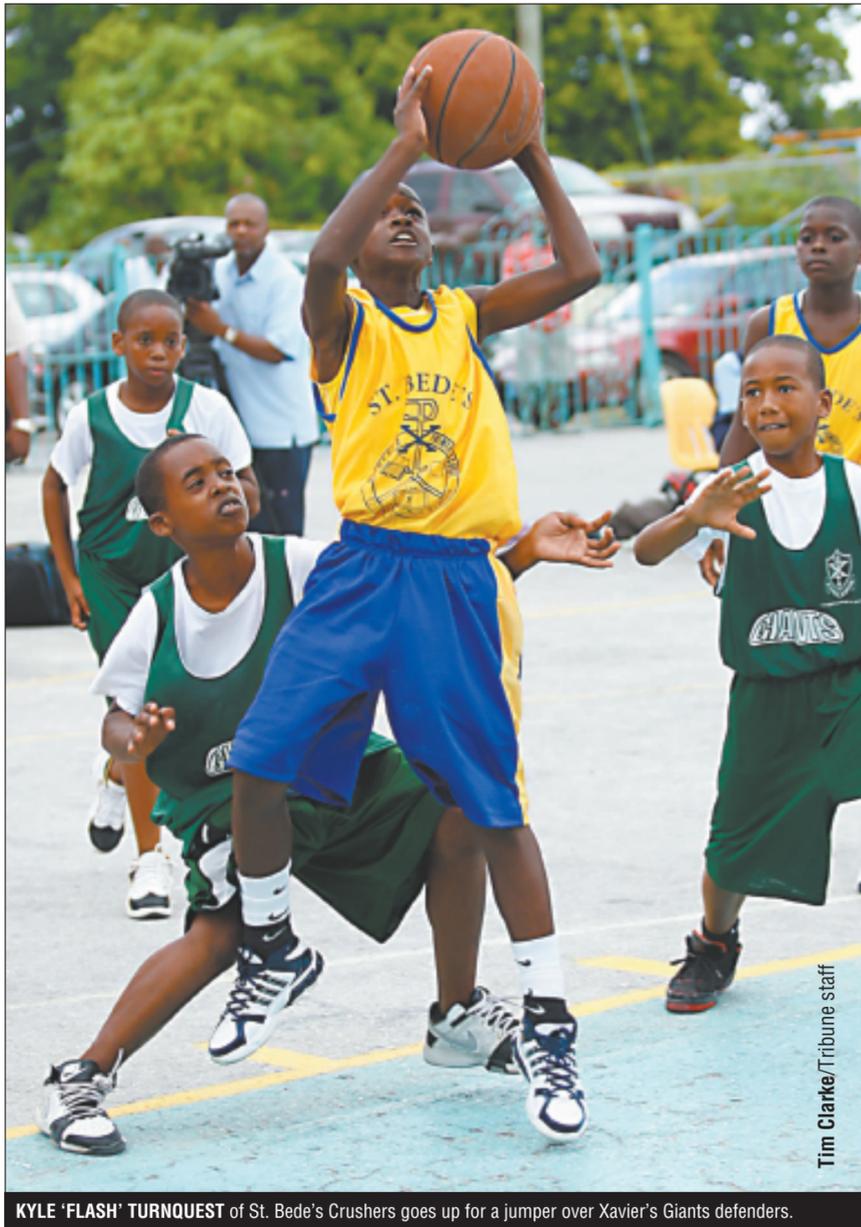
Paul-Jon Patin of the United States leads the field with a net score of three, a first place in race one followed by second in race two.

Marx Chirinos of Venezuela is in second with five points, while the winner of race two, Art Van Aanholt of Curacao is third with six.

Other Bahamians in the field included George Damianos in 27th place, Andrew Wilhoite in 28th place, Jeffrey Gale in 32nd place, Christopher Sands in 35th place, Peter Bruce Wassitsch in 37th place, Gavin McKinney in 39th place, Jimmy

**SEE page 12**

# Crushers demolish Giants by 39 points



KYLE 'FLASH' TURNQUEST of St. Bede's Crushers goes up for a jumper over Xavier's Giants defenders.

Tim Clarke/Tribune staff

## Defending champions St. Bede's win Catholic Diocese season opener



Tim Clarke/Tribune staff

ST. BEDE'S CRUSHERS centre Gregory Cooper muscled his way up over the defence of Xavier's Giants.

**By BRENT STUBBS**  
Senior Sports Reporter  
bstubbs@tribunemedia.net

It was a like a David vs Goliath match-up as the defending champions St. Bede's Crushers crushed the Xavier's Giants 44-5 to start the 21st annual Catholic Diocesan Primary School Basketball League.

No, it wasn't a typographic error. The Crushers just simply took advantage of their home court yesterday to demolish the Giants by 39 points.

In fact, St. Bede's had posted an impressive 39-0 lead through the first three and a half quarters of the game before Xavier's finally got on the scoreboard.

Donnie Culmer, one of the Crushers' coach, said they wanted to make a strong statement with all of the teams in the league on hand for the opening ceremonies that was held prior to the start of the game.

"We didn't look like how we practiced, but all in all, it was the first game," Culmer stressed. "But the fifth game, we will get it together and play like the true champions that we are."

Despite the score, the Crushers got off to a slow start, but by the time Kyle 'Flash' Turnquest, considered to be the best player in the league, got into the game, it was all over.

Although he didn't play in the first quarter, Turnquest was still able to rack up a game high 20 points, leaving Giants' coach Nelson 'Man-

della' Joseph in awe. "They look good. They impress me," said Joseph, who himself is listed as one of the top national team players in the country. "To see one of their players at the primary school level, wow. It gives you chills."

Joseph, however, admitted that his young Giants ran up against a seasoned Crushers team and it showed in the result.

"That's no excuse, but some of them had some first game jitters," he pointed out. "Hopefully by the next game, they will be able to do better."

### Work

Judging from the blowout, Joseph said there's a lot of work in just about every facet of the game that his Giants will have to work on before they play their next game on Wednesday, October 28 at home against the St. Thomas More Shockers.

"We have a lot of things to work on," he said. "Lay ups, free throws, defense. We have a lot of things to work on."

Even though they were blown out from start to finish, Joseph said they did get some confidence late in the fourth quarter when they avoided being totally shut out.

"I was telling them at in the fourth quarter, we needed to score, get at least two points on the scoreboard," he said. "It was good for their confidence."

"So it was good for some of the guys who played for the first time. Hopefully the

**SEE page 11**

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# Crushers cut Giants down to size

**FROM page ten**

next game they will be able to rebound from this loss.”

While coaches Culmer and Ricardo Freemantle sat out both Turnquest and their rebounding intimidator Gregory Cooper in the first quarter, St. Bede's still managed to open a slim 5-0 lead.

It was Donald Cash who scored the first point for the season on a free throw and Christopher Oliver and Malik Jones got back-to-back baskets. Once Turnquest got into the game, he went right on the scoring rampage, putting up all seven points for St. Bede's in the quarter as they extended their lead to 12-0 at the half.

Having established his presence, Turnquest and the rest of his team-mates came out of the break and turned up the heat in the third quarter.

When it wasn't Turnquest, who converted six of his 10 shots from the free throw line, St. Bede's got another six in total from Adrian Mackey, five from Christopher Oliver and four apiece from Malik Jones and Gregory Cooper.

That was when the Crushers' coaching staff went further into their bench and brought in the first set of reserves, which enabled the Giants to finally score.

Tahj Moss was the first to score, cutting the deficit to 39-2 and Rashad Gibson added another basket, while Eugene Higgs chipped in with a free throw.

“The team started out a bit nervous at first, but once they got into the groove, they started playing as a team,” coach Freemantle stated.

“But this team has been training hard, so it was good for us as we totally dominated the game. We're champions and we want to play as champions and repeat as champions this year.”

Coach Culmer said this was just an indication of what the rest of the teams in the league can expect. “We're looking to beat everybody,” he projected. “We don't plan to lose any game this year. This is my final year, so I want to go out with a bang.”

The league opened with a bang as Bahamas Basketball Federation president Lawrence Hepburn brought the official remarks, praising the Catholic schools for having the sporting curriculum in all schools.

As for the players, Hepburn advised them not to be selfish when they score and they don't score. He encouraged them to get back and play defense.

And he also informed them not to allow basketball to be the focal point of their lives, but rather make sure that they do their necessary school work to better prepare them for the future.

## ACTION FROM CATHOLIC DIOCESAN PRIMARY SCHOOL BASKETBALL LEAGUE



PHOTOS: Tim Clarke/Tribune staff

### STATEMENT BY DESMOND BANNISTER

## Minister expresses condolences over death of Mr Roger Carron

Minister of Youth, Sports and Culture, Desmond Bannister, expresses heartfelt condolences to the wife and family of Mr. Roger Carron who passed away in Florida.

Mr. Carron was keenly interested in sports – particularly golf and tennis and, even though he may not have played competitively he ensured that there was fair and balanced reporting particularly in his role as News Editor at The Tribune.

In this regard the public at large, but particularly the sporting community became the beneficiary of many reports that were factual and informative.

The Minister has taken note of the fact that Mr. Carron distinguished himself over the years as a gentleman and a journalist of the highest order setting a standard in journalism that reflected the true worth of the man.

To all family members and friends – I pray that the love of Almighty God will protect and sustain you as you go through this very difficult period.



SADLY MISSED: ROGER CARRON

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## LOCAL AND INTERNATIONAL SPORTS

## 2009 INTERNATIONAL JUNIOR SUNFISH CHAMPIONSHIPS

# Top Bahamian eighth as Ecuador's Martinetti continues his domination

Ecuador's Johnathan Martinetti continued his domination of the Sunfish sailing world Saturday, winning the 2009 International Junior Sunfish Championships in Nassau.

The 17 year old has had an impressive streak this year, already winning the 2009 Sunfish North American Championship and the Laser 4.7 Worlds held in Búzios, Brazil. Martinetti beat out 24 other top junior sailors representing 10 countries, placing first in four of the six regattas.

"Sailing here was kind of different because the wind was shifting, but the regattas were very, very competitive," he said. Puerto Rico's Fernando Monllor placed second and Phillipine Van Aanholt finished with third place honours and was also the top placing female competitor.

## Competition

Regatta Chairman Paul Hutton is pleased with the level of competition and the way the event played out.

"These are very talented young men and women that we've had competing here over the last few days," he said. "We had two days of good racing with enough wind on the course, especially considering these were juniors and not seniors."

Six Bahamian juniors competed in the championships. Christopher Sands, who won Junior Nationals this summer, was the top Bahamian with an 8th place finish.

"It was a lot of work, but it felt really good. The foreign guys are really good sailors with a lot of experience, so this was a different level of competition," said Sands. Sunday night was the opening ceremony for the 2009 Sunfish World Championships and 72 of the world's top sailors will line up Monday morning at 10am for the start of a week of what's expected to be intense top level sailing.



**THE TOP JUNIOR SAILORS** of 2009 with their uniquely designed trophies. From left: Paul Hutton, Regatta Chairman; 1st place, Jonathan Martinetti, Ecuador; 4th place, Jose Gutierrez, Venezuela; Youngest competitor, Olivia Gugliemini, USA; 2nd place, Fernando Monllor, Puerto Rico; 5th place, Mathieu de By, Holland; 3rd place and top female, Phillipine Van Aanholt, Curacao; Brent Burrows, Nassau Yacht Club Commodore; Andres Santana, International Sunfish Class Association President.



**ECUADOR'S JONATHAN MARTINETTI** waves his country's flag as he receives his trophies for winning the 2009 International Junior Sunfish Championships. Pictured from left: Martinetti; Llewellyn Burrows, Managing Director Fun Foods Wholesale, distributors of Nestle Ice Cream; Paul Hutton, Regatta Chairman.

## Bahamians find the going tough



**THE START** of the first race in the 2009 World Sunfish Championships.

PHOTO: Robert Dunkley

### FROM page ten

Lowe in 44th place, Ted O'Brien, 45th, Michael Holowesko, 58th, Dwayne Wallas, 59th, Lori Lowe, 60th, BJ Burrows, 63rd, and Donico Brown rounds out the contingent in 64th place. The Bahamas loots to con-

tinue a rich tradition in the Sunfish Class which has netted five World Championships since the event's inception.

Pierre Siegenthaler took the title in 1973 and 1977, while Martinborough won the event in 1983, 1985,

and 1988. The Sunfish World Championships were last held in the Bahamas in 1995 in Abaco, when David Loring of the United States took top honors.

The First Warning Signal to begin today's action will sound at 10am.

## sports NOTES

# New Providence Volleyball Association: teams try to close out first half in playoff contention

### VOLLEYBALL NPVA UPDATE

THE New Providence Volleyball Association continued its regular season on Sunday at the DW Davis Gymnasium with teams trying to close out the first half in playoff contention.

On Friday, Anastasia Sands-Moultrie and Kelsie Johnson led the Johnson's Lady Truckers in three sets over the Lady Hornets.

In men's action, the Technicians also defeated the Champions Club in three sets. Jamaal Knowles and Adalbert Ingraham led the Technicians in the win whilst Muller Petit led the Championship Club.

Sunday night action saw the Lady Hornets come from behind to defeat the Lady Techs in five sets 21-25, 18-25, 25-19, 25-21 and 15-10. Simona Kerr let the Hornets with nine points and Sharon Whyly with the leading scorer for the Lady Techs with 13 points.

In the men's action, DaBasement defeated the Saints 25-15, 25-15 and 25-15. Cashmir Wood led all scorers with 17 points in the win.

Matthew Wert led the Saints with five points.

The last game was a battle of the two undefeated teams and what an intense game it was.

However, in the end, the defending champions, Scotiabank Defenders would improve their record to 4-0 by defeating the youthful National Fence Intruders 23-25, 25-23, 25-21, 15-25 and 17-15.

Shedrick Forbes led the Defenders with 18 kills and two blocks, Prince Wilson led the Intruders in a losing effort with 19 kills and four aces.

### VOLLEYBALL COB PLAY

THE College of the Bahamas women's volleyball wrapped up its intercollegiate play this weekend in Florida.

In their first game on Friday night, the Lady Caribs lost in three straight sets to St. Thomas University.

They played a much better game on Saturday winning the first set. However, they came up short in four sets to Florida Memorial University.

The Lady Caribs will now shift their attention to play in the New Providence Volleyball Association with its next game scheduled for Wednesday at

7:30 pm at the D W Davis Gymnasium against the Lady Truckers and then again on Sunday at 3:30 pm against Scottsdale Vixens.

Meanwhile, the Caribs men's volleyball team will also play on Sunday at 5:30 p.m. against the Crimestoppers.

### GYMNASTICS FEDERATION MEETING

THE Gymnastics Federation of the Bahamas is inviting all interested gymnastics, dancers and cheerleaders to attend a meeting on Wednesday at 6 pm at the Kendal Isaacs Gymnasium.

Federation members as well as non-members are welcome to attend this informative session.

Topics of discussion will include:

- The role of the Federation in promoting and supporting gymnastics in the Bahamas.
- Past accomplishments and future goals.
- Information from the Bahamas Olympic Committee and the FIG pertaining to developing the sport and assistance available.
- Application and requirements for GFB members.

## extra TIME

# Owen braced for facing Reds fans in United shirt



MICHAEL OWEN

ROBERT MILLWARD, AP Soccer Writer LONDON

Michael Owen knows how tough it is trying to convince England coach Fabio Capello he's good enough for the World Cup, especially as it might well be in vain.

The former Liverpool, Real Madrid and Newcastle striker has fought back from persistent hamstring injuries, a knee operation and a foot fracture and emerged still trying to sound positive.

Now comes possibly the most difficult task of all.

Once the favourite of the Liverpool fans, Owen now has to face them at Anfield wearing a Manchester United shirt.

When it comes to soccer, the followers of the two most successful clubs in English league history hate each other. Few players wind up playing for both clubs and, although Owen has taken a round trip via Madrid and Newcastle, the Liverpool fans are likely to forget all the great goals he scored for their team when they see him wearing United's colours.

"I would prefer people to sit down and recognize what you did for them and for the team in years gone past," Owen said. "But I am pretty realistic as well and now that I am playing for their arch rivals... I am not holding my breath, put it that way."

Owen hopes the Liverpool fans will acknowledge he is a professional player earning a living.

After disappointing spells at Madrid and Newcastle, he badly needs a break to get back to the top of English soccer and recapture his England place. With Liverpool seemingly not interested in taking him back, he had to go to a club capable of winning titles.

Manchester United appeared to be the ideal choice although not in the eyes of the Liverpool fans.

"People talk about loyalty in football. It is easy for a football supporter to preach about that," Owen said. "As a father, brother and son, there is no one more loyal than me. But when you are a player, you are not a fan. I have got to earn a living, provide for my family. It is a job opportunity, just like anyone else's work."

Owen has faced Liverpool before. As a Newcastle player last season, he played in both Premier League games that his former club won, 5-1 and 3-0.

But this is different. And if Wayne Rooney fails to recover from injury, there is a good chance Owen will start or at least be on the bench at Anfield.

## Worry

The thought doesn't appear to worry him. Neither, it seems, do his so far fruitless efforts to get Capello to select him for England.

The Italian coach has guided England impressively to the 2010 World Cup with nine wins in 10 qualifying matches without any help from Owen, a veteran of three such championships and with 40 goals in 89 games for his country. Capello persistently says "the door is still open" when the subject is raised of Owen's inclusion in the England squad although that doesn't sound like much encouragement for the 29-year-old striker.

The player's argument is that he won't let Capello down and he has plenty of experience of World Cups, whereas younger players might freeze on the big occasion.

"Everyone knows if I play then I am likely to score every other game," he said. "Playing in a World Cup wouldn't bother me. In fact, I would raise my game, as happened before in big games. Naturally I would like to be in the squad, but the last thing I want to be is campaigning."

With Sunday's game looming, Owen has plenty to think about as the Man United stars make the long journey to and from their Champions League group game against CSKA Moscow in Russia.

Owen, who is in the horse business as a stable owner, can check the racing papers for the odds on his thoroughbreds. He might also note that the bookmakers rate him a 9-4 shot to play at the World Cup but 1-3 that he won't. If that doesn't worry him, there's always the thought of facing those Liverpool fans.

# Dempsey returns as Fulham beat Hull 2-0

LONDON

American midfielder Clint Dempsey returned from a sprained right shoulder as Fulham beat Hull 2-0 Monday night to climb four places to 12th in the Premier League, according to Associated Press.

Dempsey was hurt Oct. 4 while playing against West Ham and missed the United States' World Cup qualifiers against Honduras and Costa Rica. He shot wide and headed off target against Hull.

U.S. forward Jozy Altidore entered as a 69th-minute substitute, his first appearance for Hull since Sept. 26.

Bobby Zamora scored the first goal in the 43rd minute on a header after goalkeeper Boaz Myhill's blocked Damien Duff's shot. Diomansy Kamara added the second goal in the 64th minute when he turned home Zamora's cross after a Fulham breakaway. Fulham improved to 3-4-1. Hull is 18th in the 20-team league at 2-6-1.

Hull midfielder Jimmy Bullard, a former Fulham star, returned to action after being sidelined for nine months following knee surgery.

LOCAL NEWS

FROM page one

# John Travolta case



Tim Clarke/Tribune staff  
FORMER PLP Senator Pleasant Bridgewater leaves court yesterday.

The two are accused of conspiring to extort and attempting to extort \$25 million from American actor John Travolta. Bridgewater is also charged with abetment to extortion.

Mr Turner told the jury there was a threat made regarding the refusal of treatment form and that demands were also made and communicated to Mr Travolta, although indirectly.

"A threat is a threat, he (Lightbourne) wanted to give Mr Travolta the first option to buy the document," Mr Turner said.

"We say that from the evidence there was an agreement between the two defendants to extort money from Mr Travolta," he told the jury, and added that the agreement in itself was an offence.

"The threat was not successful because no money changed hands but it was not for a lack of trying," he said.

Mr Turner challenged Ms Bridgewater's assertion that she had been acting in her professional capacity as an attorney. Mr Turner highlighted rule three of the Bahamas Bar Association's professional code of conduct, which stated that an attorney must be candid and honest in advising his or her client and must never assist in any dishonesty, fraud or crime.

Mr Turner told the jury that Bridgewater knew that what she was doing was wrong. Mr Turner also attacked the

dence to suggest that there was any cover-up and that the issue was never raised during the cross-examination of any of the witnesses. Mr Turner told the jury that in his unsworn statement, Lightbourne had besmirched the names of several individuals. He also noted that PLP Senator and attorney Allyson Maynard-Gibson had done the right thing by assisting police but had been vilified in the trial.

"She did the right thing, only to be vilified, for what" he asked.

"All I ask you to do, having considered the evidence in this case and the law with respect to it, to return with a verdict and be able to say I have done justice between man and man," Mr Turner said.

"We are not doing this because of who the victim is, we enforce our laws for ourselves," Mr Turner told the jury.

Attorney Murrio Ducille who represents Bridgewater, began his closing address yesterday afternoon, telling the jury that they needed to be refocused.

"This case is not dealing with politics, FNM and PLP, we are dealing with two Bahamians on trial for serious offences," he said.

"This case is all about distraction. An incident took place in Grand Bahama on January 2 from which people from the

media were pounding on Mr Lightbourne and Mr McDermott came here to shift focus," he said.

Mr Ducille said there had

been no threat, nor conspiracy and called the abettment charge against Bridgewater "non-sense".

The case resumes today

before Senior Justice Anita Allen. Mr Ducille is expecting to continue is closing address followed by Lightbourne's attorney Carlson Shurland.

FROM page one

illegally "normally" are employed in the construction field, or working in areas where Bahamians wouldn't want to work.

"So we find them gravitating towards those types of jobs. There are others who we have found who have been arrested and deported for 'other reasons'. Some of them have returned and have been refused entry into the Bahamas," he said.

Human trafficking has often been referred to as the modern day form of slavery and is currently the fastest growing area of international criminal activity. It involves the exploitation of people through force, deception, debt bondage, and the deprivation of a person's liberty or freedom.

According to Mr Bowe, of the 89 persons at the Detention Centre, there are 37 Haitians, 11 Jamaicans, 31 Chinese, three Cubans, five Turkish residents, one Guyanese, and one Nigerian. Of this total, there were 61 males, 21 females, and seven children.

When speaking to the press yesterday on this issue of trafficking, Mr Bowe said these individuals are often smuggled over great distances to the Bahamas or on to some other destination where they will be put to use in some form or fashion.

With many of these persons being caught or intercepted in the Bahamas, Mr Bowe said they are unable to put a financial figure on the price paid for each migrant who is being smuggled from one country to the next.

# Detention Centre

"I really can't say that they are being bought and sold. I can tell you that persons we have come across have paid monies to be transported - what the sums are we really can't say because right now our investigations are continuing so it is hard to come up with a figure.

"During the investigations normally people would say where they would have originally come from and that they would have paid persons. Many times there are persons who are involved in the scheme of things, they are unable to identify them because a lot of it is done in the dark. They don't get names, or nationalities, and sometimes it is very difficult when they move at night to say where they were and how long they have been there."

Most of these persons who have been smuggled, Mr Bowe said have been captured in Grand Bahama, Abaco, New Providence, and even in the Biminies.

"Some are found in bushes, some are found in homes, some are found in vehicles moving along, and others are found at sea," he said.

The Department of Immigration is working in concert with US officials as well as the Royal Bahamas Police and Defence Forces to combat this global problem. In 2005, a US report revealed that nearly one million persons are estimated to be trafficked globally per year, with nearly 20,000 of them destined for the United States.

FROM page one

# Amos Ferguson

many cultural strangers. Described earlier this year by the New York Times as "the Picasso of Nassau", Mr Ferguson's life was littered with international acclaim contrasted by seemingly resolute local obscurity.

Mr Ferguson, though drawn to painting all his life, worked first as a house painter and said he didn't take his talent seriously until his nephew told him about a dream he had.

"Uncle Amos, I dreamed that the Lord came out of the sea with a painting in his hands and He say He give you a talent but you don't use it."

Mr Ferguson was a devout christian and many believe that it was his infallible faith that lent him the courage and vision to fully explore and develop his unique and distinctive style.

Jackson Burnside reflected on his personal involvement with the artist, having witnessed his evolution from cardboard paintings to international exhibitions.

"I first new him as a person who painted houses, he painted our mother's kitchen," said Mr Burnside.

"Eventually we got to see his work as he painted on whatever materials he could paint on. When his wife Bea began to take his work to the market he recognized that he had a product that was marketable and would sell. He was trained by God as he would say, he was fearless and courageous and had a tremendous sense of self esteem. Without a doubt Amos was the most prolific Bahamian artist of the 20th century. What he accomplished was tremendous."

Broadly categorised as "outsider art" or "art brut" (raw art), Mr Ferguson's work embodied a sense of cultural freedom, devoid of competition or social promotion. Working from his home on Exuma Street, renamed Amos Ferguson Street in his honour in 2005, Mr Ferguson was a renowned intuitive artist and storyteller that painted "by faith and not by sight", often turning to the bible for inspiration - as he would tell those curious to his methodology.

Antonius Roberts said: "I knew Amos Ferguson to be one of the most significant artists the bahamas has ever seen we have certainly lost a national trea-

sure but the art world at large, globally, has lost one of the most significant outsider or primitive artist, ever.

"He has been celebrated appreciated for quite some time well over a decade by the outsider world wider art community he has yet to receive the to be embraced by his own people. Perhaps this will be an opportunity for us as a people to understand and recognise that we have lost a national treasure and perhaps find a way to celebrate his work and his life."

Amos Ferguson's first solo exhibition was held at Toogood's studio in 1972, since then his international recognition by esteemed collectors such as Wadsworth Atheneum Museum.

"People would call him crazy and vandalise his work, thus he became a recluse," Mr Roberts added.

"He only wanted to be embraced and celebrated and appreciated by his people. Even today, a lot of people would look at his work and rather than doing the research they would simply say 'man the guy paints like a child, what's the big deal'. Unfortunately lack of exposure has done alot of us in the Bahamas a great disservice and as a result we miss so many opportunities to celebrate the genius among us.

"His work embodies and symbolizes determination, hardwork and focus. He had a desire and a dream to be an artist and he became one of the best storytellers that ever lived."

Prime Minister Hubert Ingraham said: "My colleagues and I were saddened to learn of the death this morning of foremost Bahamian naïve artist, Amos Ferguson. He is perhaps our country's most successful artist with works in private collections and galleries around the world.

"The Bahamas has lost a cultural icon. Mr Ferguson, a talented house painter, unschooled in the fine arts, reportedly began painting pictures following the encouragement of a nephew who dreamt of his uncle's hidden talent.

"Religion and a strong faith heavily influenced Mr Ferguson's artwork which all bear his inimitable signature "Paint by Mr Amos Ferguson".

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## 64% rise on debt service payments in seven years

By NEIL HARTNELL  
Tribune Business Editor

Answer on whether taxpayer getting value for money 'a resounding no', says economic think-tank

THE Government's spending on its own debt interest payments increased by almost 64 per cent in the seven Budget years leading up to the 2008-2009 fiscal period, a Bahamian economic think-tank said yesterday, adding that the answer as to whether the taxpayer was getting value for money was "a resounding no".

The Nassau Institute, in its analysis of the Government's Budget spending for the years between 2002-2003 and 2008-2009, said that apart from interest payments in its debt (disregarding principal), spending on health and education had risen by 73.33 per cent and 64.47 per cent respectively.

Pointing out that this increased spending had not produced any improvement in the nation's national 'D' BGCSE grade average, Rick Lowe, a Nassau Institute executive, told Tribune Business: "All the indicators are heading in the wrong direction."

"When you look at what has been done on education alone, \$1.8 billion or 19 per cent of government spending in seven years, nothing has improved."

"Some analysis has to be done by government to say are we getting value for money and, regrettably, the answer has got to be a resounding 'no' **SEE page 4B**

## 'No concerns' over B\$ bond downgrade

By NEIL HARTNELL  
Tribune Business Editor

A major Wall Street credit rating agency's decision to downgrade the Bahamas' B\$ bonds does not "reflect any fundamental concern at all about our economic situation" and the Government's ability to meet its obligations, a Cabinet minister said last night.



LAING

In addition, Zhivargo Laing, minister of state for finance, told Tribune Business that the Ingraham administration was "expecting an extraordinary gain" from several transactions that it believed would either eliminate or reduce the \$40 million gap between its revenue forecasts and current performance.

While not disclosing any of these transactions, Mr Laing said they did not include the impending privatisation of the Bahamas Telecommunications Company (BTC).

The minister was replying to Tribune Business after it contacted him about Moody's decision to downgrade the Bahamas' local currency (Bahamian dollar denominated) bonds from the premium A1 rating to A3, aligning this with

- \* Government expecting to receive 'extraordinary gain' from several transactions designed to eliminate or reduce \$40m revenue forecast gap
- \* Top Wall Street rating agency lowers Bahamas' local currency bonds from A1 to A3
- \* Warns Bahamas has suffered 'erosion of main debt metrics', and it has 'lower' long-term growth projections than peers

the A3 rating the Wall Street agency had assigned to this nation's foreign currency bonds.

The move is partly a result of a change in Moody's own internal policies, but also reflects what it termed "the erosion of the [Bahamas] main debt metrics", with this nation's debt-to-GDP ratio anticipated to increase by 15 percentage points in the three years to 2010.

The Wall Street rating agency added that the Bahamas' long-term growth projections were "lower" than that of many countries it was compared to for rating purposes.

Gabriel Torres, a Moody's vice-president and sovereign analyst for the Bahamas, said the rating agency had eliminated the gap between local and foreign currency bond ratings for many countries because "historical evidence indicates that governments are almost equally likely to default on either type of debt".

Typically, a country's local currency-denominated bonds had been rated higher than their domestic counterparts, but Moody's was now assessing whether to

maintain such a gap on a case-by-case basis.

"For the Bahamas, Moody's has concluded that these factors do not warrant a ratings gap, and therefore we have aligned the two ratings at A3," Mr Torres said.

However, the Wall Street agency's statement then added: "The erosion of the country's main debt metrics, with debt-to-GDP projected to reach close to 50 per cent by 2010, from 35 per cent in 2007, further justify the A3 as the appropriate level for both bond ratings."

"Long-term growth lower than that of its rating peers also weighed on the decision to align the bond ratings at A3. The Bahamas' two main industries, tourism and financial services, have been impacted by the world crisis and will find it difficult to recover strongly in the near future."

Moody's kept the outlook on all the Bahamas' sovereign credit ratings as 'stable', and reaffirmed the Aa1 country ceiling for foreign currency bonds and A3

**SEE page 6B**

## BEC's Abaco peak load up 64% in 5 years

By NEIL HARTNELL  
Tribune Business Editor

demand, thereby benefiting the continuing development of the island by continued encouragement of economic development for projects in tourism, agriculture and small industry," the EIA said.

THE Bahamas Electricity Corporation's (BEC) proposed Wilson City power plant "will almost double the nominal generating capacity" that it currently has on Abaco, the project's Environmental Impact Assessment (EIA) has disclosed, its peak load on the island having risen by 64 per cent in five years.

The EIA by Kalimantan Environmental Services (KES), which has been obtained by Tribune Business, said that based on current and future demand trends, BEC had determined that "expansion of the existing power generating facilities is considered necessary to meet the needs of all consumers in Abaco", not least the various development projects ongoing on the island.

Delving briefly into BEC's history in power generation on the island, the KES report said the 2001 extension of its existing Marsh Harbour power station and the addition of two 4.4 megawatt generators "met the forecasted load demand" then.

"The expansion of the generating system was intended to meet the increased

The existing Marsh Harbour Power Station now had an installed capacity of some 25.6 mega watts (MW), the EIA said, with smaller generator sets having purchased to meet peak summer demand.

"The growth in consumer demand for power in Abaco over the past few years has increased," the report added. "Over the past five years, BEC's peak load has increased by some 64 per cent. This has presented BEC with challenges, in some instances requiring additional generating capacity, as well as initiating a programme to replace the older generators with new ones."

The Wilson City power plant has been a subject of much controversy recently, with BEC and the Government coming under fire amid accusations of lack of transparency and a failure to disclose details of the project to impacted Abaco residents.

**SEE page 2B**

## Police probed 29% of suspect financial reports

By NEIL HARTNELL  
Tribune Business Editor

SOME 29 per cent of the Suspicious Transactions Reports (STRs) it received during 2008 were passed on to the Royal Bahamas Police Force for further investigation, the Financial Intelligence Unit's (FIU) 2008 report disclosed, involving \$6.756 million worth of assets.

The FIU, whose report was recently tabled in Parliament, said it saw a 3 per cent year-over-year increase in STR reports to 129 in 2008, compared to 125 the previous year. The 2008 reports

involved a total \$4.113 billion in assets.

Out of the 129 STR reports received in 2008, the FIU said 37 were passed on to the police, with 38 cases closed and 54 matters still pending at year-end.

The pending matters, some 41.86 per cent of STRs submitted, accounted for some \$4.014 billion or 97.6 per cent of all assets covered in these reports. The closed STR investigations involved some \$91.962 million in assets.

The vast majority of STRs - some 92.25 per cent - were received from the Bahamian banking community, the FIU

said, with 52 coming from the 'domestic/offshore' banking sector and another 51 from 'offshore banks'. A further 16 came from so-called 'domestic banks'.

While the average STR covered assets with a value of \$31.883 million, the value of those passed on to the police for investigation was much smaller, standing at \$182,593. The average value of closed reports was \$2.42 million, and that of pending reports was \$74.335 million.

"The Financial Intelligence Unit did not detect any crim-

**SEE page 5B**

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BUSINESS

# Sandals starts Emerald Bay staffing drive

SANDALS will today hold the first job fair for its newly-acquired Emerald Bay Resort, having unveiled plans to open the property's marina on November 10.

The job fairs will be held at the Sandals Emerald Bay's conferencing facilities between 9am-5pm on the following days:

Tuesday, October 20: All managerial and supervisory positions

Wednesday, October 21: Former Four Seasons employees only

Thursday, October 22: Line staff and other positions

All attending candidates will be interviewed by Sandals group directors, and those hired will be required to start work at the end of December in order to undergo the Sandals training programme ahead of January's opening.

Sandals Resorts International's director of operations, Shawn DaCosta, said: "We're delighted to announce that we are now in a position to invite people to be part of this exciting project and join our team. We'll be looking for the very best candidates that share our philosophy for giving guests more than they expect, and helping take the travel industry by storm."

Sandals Emerald Bay is set to open The Marina at Emerald Bay on November 10, 2009.

Sandals asked interviewees to dress appropriately, and bring up-to-date resumes and any relevant original documents. Former Four Seasons employees are asked to bring identification.



**CONSTRUCTION** work moves into high gear on Sandals signature swim-up pool bar for its Sandals Emerald Bay Resort...

# BEC's Abaco peak load up 64 per cent in five years

FROM page 1B

Fred Smith, the Callenders & Co partner and attorney, who represents several Abaco residents, has already issued several warnings about instigating Judicial Review proceedings if his clients are not properly involved in the planning and permitting process.

The KES report said that several locations prior to the

selection of Wilson City were assessed, namely an expansion of the existing Marsh Harbour power plant facility, plus the site at Snake Cay.

"Based upon limited space and the close proximity of a residential community, the Marsh Harbour site was subsequently eliminated from further consideration," the EIA said. "The selection of the Snake Cay site had addi-

tional value based upon its remote location, and the availability of water borne access for fuel and materials. However, based upon eco-sensitivity and land use concerns, Snake Cay was deemed unsuitable for BEC."

And, spelling out the consequences for Abaco, its residents and economy if the Wilson City project did not go ahead, the KES EIA said

non-implementation was "not considered to be a viable option" when it came to the island's sustainable development.

## Capacity

"The installed capacity at Marsh Harbour is insufficient to meet current and near future demand for power in Abaco," the EIA said.

"Without additional capacity, the need for load shedding becomes likely in order to maintain a balance between demand and generation capacity. Therefore, the proposed project is designed to meet the current and future needs, providing reliable additional electricity generation capacity."

The KES report warned that without the Wilson City

power plant, "greater reliance would be placed upon the use of small diesel generator sets for residential, commercial and industrial purposes."

"Those typically burn premium fuels such as high-speed diesel, whilst their energy efficiency and inherent emissions means that their environmental performance may compare unfavourably with larger scale generation."



## BRITISH AMERICAN LEADS BREAST CANCER AWARENESS

















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 8. Bahamas National Trust 9. Bahamas First 10. Abaco Insurance Agency 11. Xavier's Lower School 12. Bahamas First 13. Higgs & Johnson 14. Bahamas Ministry of Tourism, Exuma

In support of the Cancer Society and the Sister Sister Breast Cancer Support Group's effort to raise and promote awareness of the disease, British American Financial hosted the 13th Annual Lee National Denim Day during the month of October. The international event takes place on the first Friday of October, during the month long awareness campaign. We say THANK YOU to our spokesperson Zarinia Fitzgerald, participating companies, schools and organizations who made donations and wore pink shirts with pink ribbons in solidarity with cancer survivors.

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## BUSINESS

# Minister addresses realtors' concerns

A GOVERNMENT minister has moved to address concerns from Bahamian realtors about the impact proposed legislation will have on the timescale for approving subdivisions, arguing that the process "should be speeded up".

At a recent luncheon meeting, several Bahamas Real Estate Association (BREA) members voiced concerns to Earl Deveaux, minister of the environment, that the proposed Planning and Subdivision Act would lengthen an already protracted and unpredictable timeframe from proposal to final approval - a deterrent to most potential developers.

However, Dr Deveaux replied: "Each stage should be completed in a specified four-month timeframe so that, in fact, the whole process should be speeded up".

BREA's president, William Wong, urged realtors who had concerns about the proposed Planning and Subdivision Act to "promptly put pen to paper and make submissions to the Minister".

Earlier, Dr Deveaux said of the proposed legislation: "This act will replace three acts which have been in place for over 40 years - The Private Roads and Subdivision Act, The Town Planning Act and the Town Planning (Out Island) Act. Copies of the proposed act have been widely circulated and it is still not too late for changes to be made."

Dr Deveaux also reiterated the Prime Minister's comments that of the 3.45 million acres of land in the Bahamas, approximately 2.5 million acres are Crown Land, 900,000 acres of which are wetlands. That left roughly 1.6 million acres of dry Crown Land.

The minister added: "It is this land which creates our economic basis and allows the



EARL DEVEAUX with the BREA president William Wong (right)  
Photo: Keith Parker

Government to economically empower Bahamians. The Planning and Subdivision Act deals with a number of the issues faced by developers and prospective home own-

ers."

Referring to various "mischiefs" which have plagued the orderly development of Bahamian land in the past, Dr Deveaux listed the "unauthorised sale of lots; requests to sell lots to pay for infrastructure; building permits issued in unapproved subdivisions; lack of utility services; subdivision fees; uncompleted subdivisions; lack of utilities in approved subdivisions and family subdivisions".

The minister emphasised that the new Act's aim will be to modify and simplify the various steps required to establish subdivisions throughout the Bahamas.

Given the need for transparency and the desire of Bahamians to be aware and have a voice in proposed developments in their districts, a regular path will be established for applications, preliminary approval, public and committee hearings, appeals to final approval.



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## Bank of The Bahamas INTERNATIONAL EMPLOYMENT OPPORTUNITY

The Bank of The Bahamas International, the institution of first choice in the provision of financial services, seeks to identify suitable candidates for the position of:

### Network Operations Technician

#### Core Responsibilities:

- Provides user support for the company's networked systems, by investigating and performing resolutions to problems that are reported.
- Performs routine installations, preventative maintenance and repairs to hardware, operating systems and application installations.
- Troubleshoots system hardware and application problems, including server issues.
- Assists with documentation and maintenance of technical standards and operations.
- Assists with the implementation of new technologies and information systems and the decommissioning and disposal of old technologies.
- Assist with the administration of the company's networked anti-virus, data back-up systems, firewalls and routers by checking that these systems are current and operate as scheduled.

#### Knowledge Skills and Abilities:

- Advanced knowledge of Windows Server 2003 and Windows XP operating systems (AIX Unix 5.0 a plus) to provide help desk support and to troubleshoot end-user and back office systems.
- Ability to communicate clearly and effectively in providing help desk support and troubleshooting end-user and back office systems.
- Sound knowledge of computer hardware to execute hardware repairs and upgrades.
- Advanced knowledge of networking, especially protocols and systems in use by the company to troubleshoot and assist in rectifying network issues.
- Sharp analytical and problem solving skills to assess issues and technical information, examine alternatives, and use judgment to provide reasoned recommendations.
- Must be open to new technology and ability to problem solve in support of the network and central database systems.
- Must be able to work independently and as a team player when required.
- Microsoft MSCE and/or MCP Certifications a plus.
- Bachelor of Science degree in a computer-related field, industry standard network certifications required, plus two (2) or more years of proven network systems experience.

Benefits include: Competitive salary commensurate with experience and qualifications; Group Medical (includes dental and vision) and life insurance; pension scheme.

Interested persons should apply no later than **October 21, 2009** to:

Email: [hr.apply@bankbahamas.com](mailto:hr.apply@bankbahamas.com)  
or fax to: 242-323-2637



Nassau Airport Development Company Limited (NAD) is seeking Proponents (individuals, consortium or joint venture that must include an experienced retail operator) to finance, design, develop, operate and manage Bahamian Specialty Retail stores in the new U.S. Departures Terminal currently under construction at the Lynden Pindling International Airport. These stores will be world class in design and appearance with a distinctive 'sense of place' and will offer uniquely 100% Bahamian manufactured/produced products at competitive prices.

Four inline stores have been identified in the new terminal for these uniquely Bahamian products; the categories are as follows:

1. Jewelry, Arts and Crafts
2. Soaps, Candles, Oils, Etc.
3. Straw and related articles
4. Other Bahamian made products

There will be additional Requests for Proposals issued over the next few months covering additional inline stores for general retail plus kiosks and carts.

#### MINIMUM QUALIFICATIONS:

- i. Proponents must be Bahamian and incorporated in The Bahamas.
- ii. Proponents must have operated a retail facility within the last three (3) years.

#### NAD'S GOALS AND OBJECTIVES ARE TO:

- (a) achieve a high standard of excellence and customer service;
- (b) offer a mix of concepts that will help to enhance the image of the Nassau Airport as a world class airport;
- (c) offer retail choices to passengers at reasonable prices;
- (d) offer a mix of local, regional and national and international brands
- (e) develop and design retail facilities that complement the qualities of the new terminal while recognizing the distinctive spirit, character and 'sense of place' of The Bahamas; and
- (f) optimize revenue to NAD.

# REQUEST FOR PROPOSAL

## BAHAMIAN SPECIALTY RETAIL SHOPS NEW U.S. DEPARTURES TERMINAL AT LPIA



Qualified and interested parties may pick-up the Request for Proposal package at NAD's offices at the reception desk on the second floor Domestic/International Terminal at Lynden Pindling International Airport between the hours of **9:00am and 4:00pm, from October 13th to October 26th, 2009**. A mandatory pre-proposal briefing for those who have picked up packages will be held at the **New Providence Community Centre, Blake Road on Wednesday, October 28th at 10:00am**.

## BUSINESS

# 64% rise on debt service payments in seven years

FROM page 1B

at this stage.

"Sure, even with health, there's a hell of a lot of mon-

ey going in, and the Government is talking about a National Prescription Drug

Plan and socialised medicine. Are they better off looking at other alternatives? They'd be better off giving poor people vouchers to buy health insurance, rather than doing it all themselves. The money being spent, it could be targeted differently."

In its study, the Nassau Institute said the Government had spent \$9.1 billion in nine key categories over the period assessed. There had been, for instance, a 51.38 per cent increase over the period in sums spent on the general public service, Mr Lowe suggesting most of this was for civil service wage increases.

The general public service

accounted for \$2.6 billion or 28 per cent of spending over the period assessed, with health also taking up \$1.5 billion or 16 per cent of spending. Interest on debt accounted for \$883 million or 10 per cent of government spending.

## Annual

With the Government having run annual fiscal deficits to finance this spending, Mr Lowe told Tribune Business: "Particularly with a struggling economy, with GDP reducing, it throws the debt-to-GDP ratio out of whack. Where will it end up?"

"It's been a long time com-

ing. They've dismissed all calls to be more cautious, but year after year they've been looking at rising revenues to justify projections that government is going to grow and grow."

Pointing out that the Bahamas did not have a large and diverse enough economic base to sustain the sort of government spending it was now incurring, Mr Lowe acknowledged that cutting public spending during the midst of a recession was not the ideal time.

However, he argued: "Government spending and the size of government are detriments to economic growth. If you continue to grow government, you take resources away from the private sector and the incentive for people in the private sector to do things."

"The Government has somehow got to rein that in and shrink the size of government. It's a tough time, but they can't continue to keep growing it."

When it was pointed out that much of the Bahamas' national debt was held by domestic institutions, Mr Lowe responded that a large portion was held by the National Insurance Board (NIB), representing Bahamians' long-term retirement funds and social security. There was nothing to suggest Bahamian banks would continue indefinitely backing the Government on its debt issues.

And while Mr Lowe conceded that the Bahamas "may have been less crazy than other countries" when it came to its debt-to-GDP ratio and management of its fiscal affairs, this did not mean successive governments had been fiscally prudent.

In its report, the Nassau Institute said that since 1991 the Bahamian national debt had increased from \$870 million to \$3 billion, a 244.8 per cent increase over 18 years or an increase of \$118 million per year.

The projected increase for 2009-2010 indicated the national debt was approaching the \$4 billion mark, close to 50 per cent of GDP.

"If it hasn't already done so, Government must take immediate steps to reduce spending. The pain will be felt by government employees, and those depending on government contracts for new spending. Their pain will be no different from the many Bahamians working part time or have lost jobs and whose mortgage payments are falling behind," the Nassau Institute said.

"Reducing the fiscal load of a government too big is imperative. It's a load the country simply cannot continue to bear."

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## Bank of The Bahamas INTERNATIONAL

### EMPLOYMENT OPPORTUNITY

The Bank of The Bahamas International, the institution of first choice in the provision of financial services, seeks to identify suitable candidates for the position of:

## Risk Manager

The Risk Manager is responsible for administering and managing the Bank's risk management program. This encompasses designing processes, policies and procedures to identify and manage threats to the achievement of the organizational or business objectives. Risk Manager contributes to business decisions through the measurement and comparison of risks.

### Core Responsibilities:

- Develops and implements the organization's risk management program in a manner that fulfills the mission and strategic goals of the organization while complying with regulatory bodies standards and best practices;
- Performing risk assessments which involves managing the process of analyzing upside and downside risks as well as identifying, describing and estimating the quantitative and qualitative risks affecting the business;
- Educates and trains the leadership, staff and business associates as to the risk management program, and their respective responsibilities in carrying out execution of such;
- Leads, facilitates and advises units and departments in designing risk management programs;
- Collects, evaluates, and maintain data relative to fraud, irregularities and operational errors;
- Investigates and analyzes root causes, patterns or trends that could result in operational losses;
- Performing risk evaluations which involves developing and implementing systems, policies, and procedures for the identification, collection and analysis of risk related information, that is comparing estimated risks with risk criteria established by the organization;
- Actively participates in or facilitates committees related to risk management;
- Serves as organization liaison with insurance companies and some regulatory bodies.

### Job Requirements:

- Bachelor's degree, plus five (5) years commercial or private banking experience.
- Intimate knowledge of AML/KYC, as well as other regulatory guidelines
- Knowledge of local banking laws, including requirements of The Central Bank of The Bahamas
- Substantive experience providing team leadership in a fast-paced environment
- Strong supervisory and analytical skills are essential.
- Excellent verbal and written communication skills.
- Must possess strong time management and organizational skills.

**Benefits include:** Competitive salary and benefits package, commensurate with work experience and qualifications. Interested persons should apply no later than **October 21, 2009** to:

Email: [hr.apply@bankbahamas.com](mailto:hr.apply@bankbahamas.com)  
or fax to: 242-323-2637



### MARKETING MANAGER

**Bahamas Supermarkets Limited** operates a leading supermarket chain in The Bahamas. As a market leader, the Company prides itself on delivering premier service through its City Market supermarkets, having a strong commitment to its customers, associates and community.

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Or e-mail to: [humanresources@bahamassupermarkets.com](mailto:humanresources@bahamassupermarkets.com)

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## "People", Processes and Technology Driving Business Value"

Our client has requested BHC Consulting to seek applicants for the position of:

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You will be responsible for the health and development of the Corporate Information Systems and Network. Only candidates with the following qualifications should apply:

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- Excellent verbal and written communication skills

Reporting to the Financial Controller, this is the ideal position for an individual who can work independently with minimal supervision. You will be responsible for:

- Supervision of the existing corporate information network
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Remuneration package includes generous employee benefits.

Only candidates that meet the above criteria should respond via email (subject: IT Administrator) and attach a "one page resume" and salary requirements to:

Brian Hassan, Principal Consultant  
[bhcc@coralwave.com](mailto:bhcc@coralwave.com)

Deadline: 21st October, 2009

## BUSINESS

# Police probed 29% of suspect financial reports

FROM page 1B

inal activity in 46.51 per cent of the Suspicious Transactions Reports received," it said in its 2008 annual report. "Fraud and drugs were detected in 27.91 per cent and 15.5 per cent respectively of the

reports received.

"In approximately 44.19 per cent of cases, the financial institution at the time it submitted the Suspicious Transactions Report did not know the nature of the offence. Thus other suspicious circumstances led to the filing

of the reports. Fraud and drugs were suspected in 30.23 per cent and 14.73 per cent respectively of the reports received.....

"Longstanding customers of the disclosing institutions accounted for 52.71 per cent of the reports received, whereas new customers accounted for 34.88 per cent of the reports."

During 2008, the FIU issued one five-day freeze and two 72-hour restraint notices to Bahamian financial institutions, involving assets totalling \$24.196 million. This activity ultimately resulted in one restraint order being issued by the Supreme Court, concerning assets worth \$19.993 million.

Internet searches proved to be the main factor that prompted the filing of STRs, the FIU report said, accounting for 32 of the investigations sparked during 2008. Cash transactions and account activity not in keeping with Know Your Customer (KYC) policies accounted for 26 and 24 STRs, respectively.

Bahamian citizens accounted for 71 or 55 per cent of those who were the subject of STRs in 2008, some 20.93 per cent of the remainder being Canadians or Americans. When it came to domicile, 76 STRs or 58.91 per cent concerned persons living in the Bahamas, and Bahamians represented 41.86 per cent of the beneficial owners of assets subject to STRs.

During 2008, the FIU said it received some 108 requests for information and assistance from overseas FIUs. It added that it provided assistance in 87.96 per cent of the cases, denied 9.26 per cent or 10 requests, while a further 2.78 per cent were withdrawn.

Of the 15 requests for assistance that the Bahamian FIU itself made, only one was denied.

COMMONWEALTH OF THE BAHAMAS 2007  
IN THE SUPREME COURT CLE/QUI-984  
COMMON LAW & EQUITY DIVISION

IN THE MATTER OF THE QUIETING TITLES ACT 1959

AND

IN THE MATTER OF ALL THAT all that parcel or lot of land being known as lot Number Sixteen (16) Block Number Nineteen (19) Centreville District, as shown on the Master Plan in the Department of Lands And Surveys in the Island of New Providence.

AND

IN THE MATTER OF THE Petition of JULIETTE L. RAMSEY

## NOTICE

JULIETTE L. RAMSEY the Petitioner claim to be the owner in fee simple in possession of the parcel of land and free from encumbrances. The Petitioner has made application to the Supreme Court of the Commonwealth of The Bahamas section 3 of the Quieting Act, 1959 to have their Title to the said land investigated and declared in a certificate of Titles to be granted by the Court in the accordance with the provisions of the act.

Copies of the file plan may be inspected during normal hours at:-

1. The Registry of the Supreme Court; and
2. The Chambers of Ramsey And Associates, Rames Building, 23 Plantol, Nassau, Bahamas

Notice is hereby given that any person or persons having a right of dower or any advise claim not recognized in the Petition shall within thirty (30) days after the publication of the notice herein filed in the registry of the Supreme Court in the city of Nassau aforesaid and service on the Petitioner or the undersigned a statement of such claim in the prescribed Form, verified by an affidavit to be filed therewith. Failure of any such person to file and serve a statement of such claim within thirty days (30) herein will operate as a bar to such claim.

Dated this 17 day of September, A.D., 2009/

RAMSEY AND ASSOCIATES  
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23 Plantol Street  
Nassau, Bahamas

## EMPLOYMENT OPPORTUNITY

Suitably qualified and experienced individuals are invited to apply for the position of:

### PROJECT ENGINEER

- The minimum required qualifications are as follows:
  - a Bachelor Degree in Civil Engineering, **or** similar discipline **or** extensive knowledge and experience with the execution of construction projects.
  - A strong and working knowledge of time management and project scheduling would be a plus.
  - Successful applicant would have a minimum of 10 years construction experience with technical and administrative competences in all phases of project development from conceptualization to construction and maintenance.
- The position requires professional skills in fast tracking projects with the appropriate level of contract management and supervising and coordinating personnel activities.
- Excellent written and verbal communication skills are required for preparing regular reports, acting as a liaison with government agencies and delivering presentations to management
- High integrity, goal oriented and a strong work ethics are essential in addition to the proven ability to learn, develop and comply with international industry best practices.

We offer a very competitive salary and benefits package (commensurate with work experience and qualifications).

For prompt consideration, please submit a detailed resume no later than October 30, 2009 to:

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- Reviews and tests technologies for potential purchase by researching computer industry information.
- Interfaces with all staff and IT vendors in carrying out duties.
- Performs application installations and configurations, preventative maintenance and repairs.
- Executes, coordinates and assists in the implementation of new technologies.

#### Knowledge Skills and Abilities:

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- Ability to consult Management and developers regarding application software performance and use.
- Analytical and problem-solving skills to assess issues and technical information, examine alternatives, and use judgment to provide reasoned recommendations.
- Must be a Team player and possess the ability to work in a demanding environment.
- Ability to communicate and document clearly and effectively required.
- Must be open to new technology and ability to problem solve in support of the network and central database systems.
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Email: [hr.apply@bankbahamas.com](mailto:hr.apply@bankbahamas.com)  
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- Assist in report preparation and data compilation as required
- Carry out such other risk management and compliance related duties as may be required

#### Qualifications:

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- BACO Certification or other relevant professional qualification would be an asset
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Please send all resumes to the attention of:  
Human Resource Manager  
Ansbacher (Bahamas) Limited  
P. O. Box N-7768  
Nassau, Bahamas  
Fax: 325-0524  
E-mail: [hrmanager@ansbacher.bs](mailto:hrmanager@ansbacher.bs)

Deadline for all applications by hand, fax or e-mail is **Friday October 23, 2009**

BUSINESS

# 'No concerns' over B\$ bond downgrade

**FROM page 1B**

country ceiling for bank deposits.

In response, Mr Laing said the downgrade decision was no cause for panic, as it had partly resulted from Moody's own internal policies.

"It's not a reflection of any fundamental concerns at all about our economic situation," the minister added.

When asked about Moody's comments on "the erosion of the country's main debt metrics", the minister replied: "They're reflecting a set of realities for our economic circumstances and they are assessing it. We have no difficulty with that."

Mr Laing said the Bahamas' "credit rating remains pretty strong in the circumstances", adding that

the Government would move to bring the debt-to-GDP ratio back in line with historical trends once the economic crisis abated.

He added that Moody's had also spoken to the Bahamas' "fiscal prudence and strength".

Meanwhile, Mr Laing said persons had to keep the Bahamas' current fiscal performance in context, pointing out that while revenues were \$40 million behind forecast as at end-September 2009, the Government had been looking at a shortfall more than two times as great some 12 months previously.

"We have continued to show a shortfall in terms of forecast of the order of \$40 million through September, but that has to be looked at in

the context of this," Mr Laing said.

"Last year, we were looking at more than two times that kind of shortfall. In addition to that, we are expecting an extraordinary gain in some revenues based on a number of transactions in the pipeline.

"For obvious reasons, I don't want to say what they are, but we expect that when those transactions are concluded they will bring us on par in terms of forecast or reduce that gap significantly.

"It's still a very strange situation. We are looking at it with significant caution, and exercising great prudence and vigilance in the circumstances. We have to keep in context where we are, where we were and where we might have been."

**Legal Notice  
NOTICE  
KINCADE VENTURES LTD.  
(In Voluntary Liquidation)**

Notice is hereby given that the above-named Company is in dissolution, which commenced on the 16th day of October 2009. The Liquidator is Argosa Corp. Inc., P. O. Box N-7757 Nassau, Bahamas.

ARGOSA CORP. INC.  
(Liquidator)

**Legal Notice  
NOTICE  
ORIENTAL EXPRESS HOLDINGS LTD.  
(In Voluntary Liquidation)**

Notice is hereby given that the above-named Company is in dissolution, which commenced on the 19th day of October 2009. The Liquidator is Argosa Corp. Inc., P. O. Box N-7757 Nassau, Bahamas.

ARGOSA CORP. INC.  
(Liquidator)

**Legal Notice  
NOTICE  
EAGLE STARS INVESTMENTS LIMITED.  
(In Voluntary Liquidation)**

Notice is hereby given that the above-named Company is in dissolution, which commenced on the 16th day of October 2009. The Liquidator is Argosa Corp. Inc., P. O. Box N-7757 Nassau, Bahamas.

ARGOSA CORP. INC.  
(Liquidator)

**Legal Notice  
NOTICE  
TURNIP INVESTMENT GROUP LTD.  
(In Voluntary Liquidation)**

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ARGOSA CORP. INC.  
(Liquidator)

**Legal Notice  
NOTICE  
REAL INTERNATIONAL GROUP LTD.  
(In Voluntary Liquidation)**

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ARGOSA CORP. INC.  
(Liquidator)

**NOTICE**

**VOLUNTARY DISSOLUTION**

Pursuant to Section 138 (8) of the International Business Companies Act, 2000 notice is given that:-

- (a) **SPONGE INVESTMENTS INC.** has been voluntarily dissolved and struck off the Register.
- (b) The Company was dissolved on the 3rd day of September, A.D. 2009.
- (c) The Liquidator was Mr. Anthony W. Moree of Dupuch & Turnquest & Co., 308 East Bay Street, P.O. Box N-8181, Nassau, Bahamas.

**Employment Opportunity**

A well established business within New Providence is in search of an Inventory Control Manager. Inquires must be able to organize and set up an easy manageable inventory control system that includes monitoring and organizing Building & Hardware and Plumbing & Electrical Supplies. The successful candidate must possess the following skills

- Be able to:
- Track and follow-up on all shipment from Suppliers.
  - Receive and validate all shipped items.
  - Organize a comprehensive store delivery system.
  - Organize and/or Improve items location on the sales floor area.
  - Maintain a proper data base so that management and staff have an accurate record of all In-stock items
  - Manage inventory control staff.

The successful applicant must have a minimum of 3-5 years inventory and stock taking experience. He/she must be familiar with the Microsoft word & excel software. Warehouse management and Stock taking training with certificates would be desired.

Salary would be based on qualifications and experience.

Interested applicants are asked to apply through the following address:

**The President  
Re: Inventory Control Manager  
P.O.Box N-7143  
Nassau, Bahamas**

BISX LISTED & TRADED SECURITIES AS OF: MONDAY, 19 OCTOBER 2009 BISX ALL SHARE INDEX: CLOSE 1,491.37   CHG 0.09   %CHG 0.01   YTD -220.99   YTD % -12.91 FINDEX: CLOSE 789.77   YTD -5.40%   2008 -12.31% <b>WWW.BISXBAHAMAS.COM   TELEPHONE: 242-323-2330   FACSIMILE: 242-323-2320</b>											
52wk-Hi	52wk-Low	Security	Symbol	Previous Close	Today's Close	Change	Daily Vol.	EPS \$	Div \$	P/E	Yield
1.71	1.03	AML Foods Limited	FBB17	1.17	1.17	0.00	0.00	0.127	0.000	9.2	0.00%
11.80	9.90	Bahamas Property Fund	FBB22	10.75	10.75	0.00	0.992	0.200	10.8	1.86%	
9.30	5.90	Bank of Bahamas	FBB13	5.90	5.90	0.00	700	0.244	0.260	24.2	4.41%
0.89	0.63	Benchmark	FBB15	0.63	0.63	0.00		-0.877	0.000	N/M	0.00%
3.49	3.15	Bahamas Waste		3.15	3.15	0.00		0.125	0.090	25.2	2.86%
2.37	2.14	Fidelity Bank		2.37	2.37	0.00		0.055	0.040	43.1	1.69%
14.20	9.93	Cable Bahamas		9.93	9.93	0.00		1.406	0.250	7.1	2.52%
2.88	2.72	Colina Holdings		2.72	2.72	0.00		0.249	0.040	10.9	1.47%
7.50	5.26	Commonwealth Bank (S1)		5.83	5.83	0.00		0.419	0.300	13.9	5.15%
3.85	1.27	Consolidated Water BDRs		2.94	3.03	0.09		0.111	0.052	27.3	1.72%
2.85	1.32	Doctor's Hospital		2.05	2.05	0.00		0.625	0.080	3.3	3.90%
8.20	6.28	Famguard		6.28	6.28	0.00		0.420	0.240	15.0	3.82%
12.50	8.80	Finco		9.30	9.30	0.00		0.322	0.520	28.9	5.59%
11.71	10.00	FirstCaribbean Bank		10.00	10.00	0.00		0.631	0.350	15.8	3.50%
5.53	4.11	Focol (S)		4.11	4.11	0.00		0.332	0.150	12.4	3.65%
1.00	1.00	Focol Class B Preference		1.00	1.00	0.00		0.000	0.000	N/M	0.00%
0.45	0.27	Freeport Concrete		0.27	0.27	0.00		0.035	0.000	7.7	0.00%
9.02	5.49	ICD Utilities		5.59	5.59	0.00	1,000	0.407	0.500	13.7	8.94%
12.00	9.95	J. S. Johnson		9.95	9.95	0.00		0.952	0.640	10.5	6.43%
10.00	10.00	Premier Real Estate		10.00	10.00	0.00		0.156	0.000	64.1	0.00%
<b>BISX LISTED DEBT SECURITIES - (Bonds trade on a Percentage Pricing basis)</b>											
52wk-Hi	52wk-Low	Security	Symbol	Last Sale	Change	Daily Vol.	Interest	Maturity			
1000.00	1000.00	Fidelity Bank Note 17 (Series A) +	FBB17	100.00	0.00		7%	19 October 2017			
1000.00	1000.00	Fidelity Bank Note 22 (Series B) +	FBB22	100.00	0.00		Prime + 1.75%	19 October 2022			
1000.00	1000.00	Fidelity Bank Note 13 (Series C) +	FBB13	100.00	0.00		7%	30 May 2013			
1000.00	1000.00	Fidelity Bank Note 15 (Series D) +	FBB15	100.00	0.00		Prime + 1.75%	29 May 2015			
<b>Fidelity Over-The-Counter Securities</b>											
52wk-Hi	52wk-Low	Symbol	Bid \$	Ask \$	Last Price	Weekly Vol.	EPS \$	Div \$	P/E	Yield	
14.60	7.92	Bahamas Supermarkets	7.92	8.42	14.00		-2.246	0.000	N/M	0.00%	
8.00	6.00	Caribbean Crossings (Pref)	2.00	6.25	4.00		0.000	0.480	N/M	7.80%	
0.54	0.20	RND Holdings	0.35	0.40	0.55		0.001	0.000	256.6	0.00%	
<b>Colina Over-The-Counter Securities</b>											
41.00	29.00	ABDAB	30.13	31.59	29.00		4.540	0.000	9.03	0.00%	
0.55	0.40	RND Holdings	0.45	0.55	0.55		0.002	0.000	261.90	0.00%	
<b>BISX Listed Mutual Funds</b>											
52wk-Hi	52wk-Low	Fund Name	NAV	YTD%	Last 12 Months	Div \$	Yield %	NAV Date			
1.4038	1.3344	CFAL Bond Fund	1.4038	3.72	5.20			31-Aug-09			
3.0350	2.8952	CFAL MSI Preferred Fund	2.8300	-3.75	-6.75			30-Sep-09			
1.4946	1.4210	CFAL Money Market Fund	1.4946	4.25	5.18			9-Oct-09			
3.6090	3.0941	Fidelity Bahamas G & I Fund	3.0941	-8.61	-13.59			31-Aug-09			
13.1751	12.3870	Fidelity Prime Income Fund	13.1751	4.42	5.86			30-Sep-09			
101.6693	100.0000	CFAL Global Bond Fund	101.6693	1.10	1.67			30-Jun-09			
100.9600	93.1992	CFAL Global Equity Fund	96.7398	0.35	-4.18			30-Jun-09			
1.0000	1.0000	CFAL High Grade Bond Fund	1.0000	0.00	0.00			31-Dec-07			
10.5884	9.0775	Fidelity International Investment Fund	10.5884	5.88	5.88			30-Sep-09			
1.0757	1.0000	FG Financial Preferred Income Fund	1.0757	3.86	5.30			30-Sep-09			
1.0364	1.0000	FG Financial Growth Fund	1.0305	-0.24	0.22			30-Sep-09			
1.0709	1.0000	FG Financial Diversified Fund	1.0709	3.24	4.54			30-Sep-09			
<b>MARKET TERMS</b>											
BISX ALL SHARE INDEX - 19 Dec 02 = 1,000.00 52wk-Hi - Highest closing price in last 52 weeks 52wk-Low - Lowest closing price in last 52 weeks Previous Close - Previous day's weighted price for daily volume Today's Close - Current day's weighted price for daily volume Change - Change in closing price from day to day Daily Vol. - Number of total shares traded today DIV \$ - Dividends per share paid in the last 12 months P/E - Closing price divided by the last 12 month earnings (S) - 4-for-1 Stock Split - Effective Date 8/8/2007 (S1) - 3-for-1 Stock Split - Effective Date 7/11/2007						YIELD - Last 12 month dividends divided by closing price Bid \$ - Buying price of Colina and Fidelity Ask \$ - Selling price of Colina and Fidelity Last Price - Last traded over-the-counter price Weekly Vol. - Trading volume of the prior week EPS \$ - A company's reported earnings per share for the last 12 mths NAV - Net Asset Value N/M - Not Meaningful FINDEX - The Fidelity Bahamas Stock Index. January 1, 1994 = 100					
<b>TO TRADE CALL: COLINA 242-502-7010   ROYALFIDELITY 242-356-7764   FG CAPITAL MARKETS 242-396-4000   COLONIAL 242-502-7525</b>											



## Natural hair vs The Weave

By JEFFARAH GIBSON

**H**air! Black, blonde, red, curly, straight, natural, relaxed, long or short - no matter the colour, the length or the texture, most Bahamian women will probably say 'forget clothes, my hair is more important'.

Of course hair is not only a big deal for Bahamian women, but for women all over the globe.

Throughout the countries of the world there are constant debates and discussions about the appearance of women's hair.

Fashion and women's magazines are full with never-ending styling tips and ever-changing 'dos and don'ts' when it comes to hair.

But in recent times it has been the issue of natural hair versus relaxed hair or weaves and wigs that has gotten a lot of media attention, especially in the United States.

A few weeks ago, world renowned super model and television personality Tyra Banks decided to end all speculation and rumours surrounding the state of her natural hair and came out on national television without her usual weave or wig.

Popular comedian Chris Rock also sparked more debate about the issue with his new documentary "Good Hair", in which he takes a look at the black hair industry in the US.

With all the noise in the market, *Tribune Woman* wanted to know what local stylists had to say about the topic.

Stylist Yashicka Carey of the All Natural and Thermal Salon said that a new trend is also emerging in the Bahamas where women are either wearing their hair natural or wearing weaves in natural hairstyles.

"About 60 per cent of the women that come into our salons are wearing their hair natural and about 40 per cent are wearing natural hairstyles with weaves," she said.

Wearing hair natural, she said, has several advantages.

"When you wear your hair relaxed you are limited to straight looks, but if you wear your hair natural, depending on the texture, you can wear your hair in straight styles and in afro styles," Ms Carey said.

Despite what some people might believe about natural hair always being healthier than relaxed hair, she said that this is a misconception.

"Regardless of the texture of hair, whether it's natural or straight, if it is not maintained and taken good care of then it is no better than relaxed hair. That is also the same for relaxed hair, if it's not maintained it will become damaged," she said.

"I have seen many women whose hair is natural and damaged very badly come into the salons for treatment," the stylist said.

Weave is the 'in' thing for most Bahamian women. The majority probably wear the so-called lace-front caps or sewn in wraps.

While there is nothing wrong with wearing hair weaves, doing it excessively can damage the hair greatly.

"There are a lot of women who wear extensions and weaves. It is, however, not good to always put weaves in the hair because it thins the hair and stunts the growth," she said.

Ms Carey said that many women who come to her salon and have hair that is badly damaged from wearing weaves are not willing to go through the long process of hair repair.

"Repairing the hair after it is damaged is a very long process and it is very costly, too. It requires a lot of dedication and people are not willing to stick it out so that their hair can be fully repaired," she said.

And even though women are aware of the damages of wearing weaves excessively, they continue to do it.

Because so many women in the country wear weaves instead of their natural hair, it raises the question if Bahamian women are insecure about their own hair.

Ms Carey said in her opinion there are a number of reasons why Bahamian women prefer wearing weaves as opposed to wearing their own hair.

"One of the reasons could be that Bahamian women are not aware of the damage it can do to the hair. Then again it could be a possibility that they are not confident and secure with their own, and it could also be because weaves allow variety," she said.

Overall, Bahamian women are probably not ready to make that leap to all-natural, all the time just yet, but attitudes and hairstyles are changing.



OF COURSE, hair is not only a big deal for Bahamian women, but for women all over the globe. Beyonce Knowles can be seen at the Billboard Women In Music brunch in New York. (AP Photo)

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## WOMAN

# Is it really possible to trust again?

A FEW weeks ago we talked about love's greatest challenge being forgiveness. It is important to understand that to trust someone again we first need to open our hearts and forgive them.

If forgiveness does not take place then a barrier will always be present. No matter what the wrongdoer does to regain your trust it will be pointless. True healing will not be able to take place and the relationship will not develop.

When we make the decision to tackle the obstacle course of forgiveness we soon come to realise that it is not an easy road. The process is often slow, excruciatingly painful, and unexpected road blocks may still present themselves along the way.

As the years go by, we come to realise that the sufferings we are experiencing are in fact brought about by ourselves, because we hold on to the pain. We come to appreciate that we can not change the past, but we can choose our future. We have to decide if we want to remain implanted right where we are, crying and suffering, or move ahead to possibilities of happiness. We are the only ones who really understand our pain and so ultimately we are the only ones who can heal ourselves.

Being told, "Why haven't you let that go?" or "I wouldn't let that bother me", does little to ease the situation.

Hurtful relationships that involve work, friendship or even family are sometimes easier to deal with because we can have 'time out' and distance ourselves.

We are allowed time to step back and regroup. But what happens when we are living under the same roof with the person who has caused us so much heartache? The anger, hurt and disbelief pushes us to believe that this is as much as we can possibly take. Our natural instinct may be to throw in the towel and run. It is only when we are faced with enormous hurts or betrayals that our limits are really tested. Aren't we brought up to believe we are not given any more than we can bear?

Trusting and believing in someone comes all tied up in a neat parcel when we first commit to loving someone. Newlyweds often begin life together believing that the trust they start off with will only grow and get stronger. As we get older we learn that life has a way of surprising us. Even when we think we have it all planned out we discover that none of us are infallible.



by MAGGIE BAIN

Love relationships are often imperfect and the first blow can be devastating. But it is how we deal with these knocks that ultimately determine the strength of the relationship and the test of love.

Before trust can be rebuilt the ground has to be cleared for honesty to be introduced. All the anger, accusations and judgments have to be aired.

If the wrong-doer is truly remorseful then they need to understand that the outbursts are essential before forgiveness takes place.

Set aside time for daily talks which will add structure to what would otherwise be chaotic arguing. Writing down points throughout the day means that talking and discussing should be more organised and focused.

Do not be surprised that the door way to honesty may open and close at times and the process may be slow. It is not unusual for the whole truth to come out over a period of time. Only when every thing is out in the open and the deceiver is believed will true intimacy begin. Honesty has to be present for trust and trust has to be present for intimacy.

For all of us who have experienced trauma in our lives, we start to question whether anything makes sense anymore.

We may have reached a certain age and stage in our lives where we think we have it all worked out. We may feel confident about our relationships. It is not surprising then that we feel as if we are hit by a sledge hammer when faced with a betrayal. But if we take a deep breath, step back and remember that all life experiences hold meaning, if we can see a future with the person, and we have committed our love to them, then we need to reassess the relationship. Interestingly, many people discover a new depth to their relationship and move on to a more satisfying love.

• **Margaret Bain is an individual and couples relationship therapist. She is a registered nurse and a certified clinical sex therapist. For appointments call 535-7456 or e-mail her at relatebahamas@yahoo.com or www.relatebahamas.blogspot.com. She is also available for speaking engagements.**

# A woman of excellence and elegance

A LOCAL business-woman who has established herself as somewhat of a pioneer in the field of etiquette training in the Bahamas has now set her sights on the corporate world...

Patrice Ellis, founder and CEO of the Etiquette Image Institute, has already carved out her niche in the children's etiquette market after having completed a certification in children's etiquette at the Etiquette and Leadership Institute and the American School of Protocol.

She facilitates workshops and seminars throughout the country and abroad, and now she is expanding her field of expertise by teaching social and communication skills to business employees.

Ms Ellis was recently approached by local corporate entities to conduct workshops to sharpen their employees' social skills.

With more than ten years of experience in the field, Ms Ellis completed a certification course as a corporate etiquette consultant at the American School of Protocol in Atlanta, Georgia. She, along with her peers including diplomats from Europe, Africa and India, participated in courses including self-presentation; correspondence; effective networking; professional attire for men and women; dining skills, and mastering business etiquette.

According to the etiquette guru, her institute takes companies "from being unnoticed to being unforgettable by increasing employees' self-confidence and polishing their image, while equipping them with



PATRICE ELLIS, founder and CEO of the Etiquette Image Institute

the tools and skills that will enhance their professional presence, and position their company for ultimate success."

"The life skills that we teach at the Etiquette and Image Institute can be applied no matter where our participants may go," she said.

Before fully delving into the business world, Ms Ellis recently conducted the 'Manners Matter' programme.

Some 30 students participated and graduated from the first ever 'Manners Matter' training course.

The programme caters to children and young people aged four through 18 and helps them build self-awareness and enhances self-respect and self-confidence. The three-semester long programme consists of several fun-filled sessions including first impressions; types of handshakes; telephone manners; poise, dining etiquette, and etiquette for public places.

Ms Ellis spent her early years working with women's groups throughout the country and internationally under the banner 'Women of Excellence and Elegance'.

Over the years, her name has become synonymous with the term 'etiquette'.

Founded earlier this year, the Etiquette Image Institute specialises in helping companies to polish their corporate image and gain a competitive edge over the competition.

Ms Ellis said she is looking forward to helping business employees improve their corporate image and communication skills.

**"The life skills that we teach at the Etiquette and Image Institute can be applied no matter where our participants may go."**

— Patrice Ellis

# Coach Approach: Whose goals are you working towards?

"Most people are working in places they don't like in order to buy stuff they don't need."  
— Thomas Herold

AMERICAN existential psychologist Rollo May said, "the opposite of courage in our society is not cowardice, it is conformity; everybody trying to be like everybody else."

Living to please people along with being saddled with worries about what people will think causes many to become prisoners of the status quo; driven by outer directed ideals that keep them working towards other people's goals.

The path that you choose in life will either take you towards your own dreams and desires or towards someone else's, leading you to a life of personal dissatisfaction. Unless you set clear intentions about what you want and where you desire to go you will succeed at achieving very little.

Think of a ship leaving port; in order for it to have a successful voyage it must set a destination and outline an appropriate navigation course. Here in the Bahamas, where we boast about it being bet-

ter, how many of us really set goals or pursue our dreams?

How many of us are working towards our own ideals?

## What Do You Really Want?

If you don't know where you are going, you are certain not to get there. Life is not a state of permanency and change is constant; learning to embrace the winds of change is an empowering skill.

Nothing could be more fulfilling than the burden of living someone else's life - a sad life sentence that so many have declared for themselves.

The question is what is it that you really want from life? Don't create your life based on what others want or think you should be, do or have; successful living is not about following fashion, it's about authenticity.

Asking yourself some tough questions:  
Why do you go to work?  
What if you had all the money you need?

What are your dreams/goals?  
Where would you like to be in five years?

Fifty years from now, will anyone know that you were here?



by Michelle M Miller, CC

What does success really mean to you?

What are your strengths?

What are you getting better at?

These questions are a great starting point. But you owe it to yourself to set out on a journey of self-discovery, nothing is discovered until it is explored. Notice that all

of the precious gems are buried within the mountains.

The point here is whether or not you know whose goals you are working towards - you are working towards some kind of objective and there are only two options, you either get what you want or what you don't want.

Unless you know what you are working toward, you live adrift with no sense of direction or purpose, becoming a rickety vessel tossed around by the gales of life.

Yet you have intrinsic power to rise above the chaos and pursue your own goals; within you is a gigantic spirit of greatness waiting only for you to plug in.

Too many of us are content members of the choir of complainers, holding steadfast to the role as victims of circumstances. Instead we need only define our goals and create a personal action plan, knowing that all is possible.

## Final Thoughts

Your life is waiting for you to pursue your own dreams. Complaining about what you don't have keeps you in a state of powerlessness. Instead strengthen your strengths and build yourself from

the inside out.

Regardless of your situation, you have direct authority to release yourself from the popular carbon copy living.

Whether it is job loss, sickness, financial bondage or whatever; you can change your life by learning to live by your own ideals.

Why not make today the day that you shake off the shackles of what people will think (they are thinking it anyway) and stand up for your own goals and pursue your own personal growth. Now is the time to make something better happen.

For more information about personal growth programmes contact the Coaching Studio at 326-3332 or 429-6770; or send an e-mail to coach4ward@yahoo.com.

**Michelle M Miller is a certified life coach and stress management consultant. She is the principal coach of the Coaching Studio, which is located in the Jovan Plaza, Madeira Street.**

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HEALTH

The Tribune

B O D Y A N D M I N D

# health

## Overcoming side effects, aftermath of breast cancer treatment

## Sun exposure and skin aging



by SARAH BEEK

• *Tribune Health is observing Breast Cancer Awareness Month in October with a series of articles...*

By JEFFARAH GIBSON

Overcoming the side effects and the aftermath of breast cancer treatment can be extremely challenging for many women.

Some women are devastated when they suffer hair loss due to chemotherapy, and in even more drastic cases, when they have one or both breasts surgically removed in a mastectomy.

For Kelda McDonald, a Bahamian breast cancer survivor, feeling comfortable with her body and the way she looked after undergoing a double mastectomy and chemotherapy took some time and a lot of emotional strength.

She told *Tribune Health* the story of how she overcame her frustrations about her appearance.

"I was diagnosed with breast cancer in July 2006. I had discovered a lump in my breast while I was in the shower. It felt a little hard and it was visible, so the following day I went to see a doctor," she said.

The doctor removed the lump, and after a series of examinations Ms McDonald was diagnosed with Stage II breast cancer.

After finding out she had breast cancer Ms McDonald immediately sought consultations from doctors both local and abroad.

"I spoke to one of my friends who had went through a similar situation,

then I went to Florida where the doctor recommended that I have (both breasts removed and) reconstructive surgery," she said.

Ms McDonald said thoughts about the mastectomy and the consequent reconstructive surgery consumed her.

After thinking long and hard about it she said she came to the conclusion that her life was more valuable than her size 'D' breasts.

"I was very skeptical about the idea of my breasts being removed and I couldn't imagine seeing myself without (them).

"I was hesitant, but I finally realised that my life was more important than my breasts," she said.

Ms McDonald agreed to the surgery, and while her main concern was for her overall health, the first thing she did after waking up following the surgery was to check her chest.

"I knew that the doctors were going to remove both breasts, but it was so shocking when I woke up and felt that nothing was there. I was in complete disbelief," she said.

Like most women in Bahamian society, she saw her breasts as valuable assets, as important aspects of her femininity.

Following the double mastectomy, Ms McDonald said she experienced



feelings of insecurity and unhappiness, and she feared that she had lost her sex appeal which had turned the head of many a man in the past.

"Even though I got implants immediately after reconstructive surgery, it did not feel the same. My chest was still flat and I would have to go every so often to get injections that made the implants expand. I was unhappy and concerned about how I would feel with someone (a man) looking at my body and not being happy about it," she said.

"After a while I came to terms with my situation and I thought the implants aren't so bad though I can't feel any sensation in the breasts. I started to wear clothing that accentuated my new bust, and that helped me feel better about my appearance."

Despite her concerns about her new appearance, Ms McDonald said she found someone who loved her and accepted her as she was, 'flaws' and all.

But the struggle to come to terms with her breasts being removed was not the only difficulty she had to face. Undergoing chemotherapy treatment following the mastectomy, she noticed in the second week that her hair was thinning.

"One day I went to brush my hair and (it) started to fall out. I showed

my sons how the hair was falling out and I asked my brother for some assistance in shaving the entire thing off, but he told me no," she said.

Ms McDonald said for her personally, she felt better shaving all of her hair off rather than watching patches of it fall out every day.

"I couldn't take seeing my hair on my pillow or in the palm of my hands, so I said I am going to cut the entire thing off. My brother saw that I had begun to shave my hair and so he finally gave me some assistance," she said.

When asked how she felt about her hair loss, Ms McDonald said she was more prepared for it than she for the loss of her breasts.

She found a wig that she said looked great, but added that wearing it was so hot during the day she would sometimes "ditch" it and go out without anything on her head, no caps, no scarfs.

"One day I decided to go out to the dry cleaners. I was confident about it and not so self-conscious. The minute I step into the wash house it felt as if everyone was looking at me and judging me at the same time. When I saw the first person looking at me I felt it was a bad idea to come out of the house without my wig."

She had to battle many physical and emotional challenges, but in time, and with the love and support from family and friends, Ms McDonald, like other breast cancer survivors, was able to overcome the hurdles on her path to recovery and live a happy, healthy and fulfilling life.

SKIN is an excellent record keeper. Every moment of exposure to daylight adds up like money in the bank - the problem is the payoff known as sun damage (also known as photodamage).

As the top cause of premature signs of skin aging, sun damage shows on skin in the form of wrinkles and hyperpigmentation, and can lead to a repressed immune system and the potential for skin cancer.

Even if exposure is limited to brief outdoor lunches or a 20-minute walk, cumulative exposure is enough to cause the signs of skin aging. The first line of daily defense against sun damage is daily use of SPF. Even on cloudy or overcast days, UV light can strike skin and cause damage, so simply wearing sunscreen on sunny days isn't enough.

Fortunately, more sophisticated sunscreen formulations with skin health benefits (think less chalky, less greasy) have made SPF a convenient addition to our morning routine. Speak with your professional skin therapist about SPF moisturisers that can be worn comfortably under make-up, or alone to deliver defence against skin aging UV light.

## Steps to finding breast lumps early

By Dr Chinyere Bullard  
Family medicine specialist



DR CHINYERE BULLARD

I ALMOST cried when I was ordered to get my first mammogram. To think that I was at risk for this life threatening, painful disease! One of our best ways to fight any cancer is early detection, and this is especially true for breast cancer. This makes treatment much easier and more effective. Not to mention cheaper.

How can you find breast cancer early?

The best way, so far, to find breast lumps that may be cancerous is to do two things:

1. Have regular mammograms. (Every one to two years)

2. Have your family medicine specialist check your breasts every year at your annual physical.

BRCA-genes (so-called 'cancer genes')?

Women with risk factors such as a history of two or more first-degree family members having breast or ovarian cancer under the age of 40 may need to be tested for the BRCA.

Your family medical doctor can determine if you need a test for the BRCA gene. Currently studies are being done in our country by Dr Theodore Turnquest and Dr DeVaughn Curling, both cancer specialists, to determine when women in the Bahamas should have BRCA gene tests done, and how to treat the results.

What is a mammogram?

A mammogram is the most effective way to find breast cancer early, up to two years before the lump is even large enough to feel. It is a special kind of x-ray of your breasts. A radiologist will look at the x-rays for signs of cancer or other breast problems. Because the amount of radiation used in the x-ray is very small, mammograms are safe.

Do mammograms hurt?

Mammograms can be uncomfortable. The breast has to be squeezed, but the procedure doesn't take very long.

How often should I get a mammogram?

According to the American Academy of Family Physi-

cians, American women should start routine mammograms at 45. According to the Canadian Academy of Family Physicians, Canadian women should start their routine mammograms at 50, and in general you should undergo one every two years.

But all this depends on your risk.

According to Dr Curling, the average Bahamian woman should start screening for breast cancer at the age of 40.

If you have a positive family history of breast cancer you should be screened 10 years before the age your relative was when they were diagnosed.

If you are under 25 your best test may be a MRI or ultrasound.

How often should my family medical specialist check my breasts?

You should have a breast exam in addition to a mammogram every year, depending on your risk.

What is the doctor checking for?

The main thing to look for is any change in your breasts. It's normal for your breasts to be different sizes. A firm ridge in the lower curve of your breast is also normal.

Changes to look for in your breasts

- Any new lump which may not be painful or tender
- Unusual thickening of your breasts
- Sticky or bloody discharge from your nipples
- Any changes in the skin of your nipples or breasts, such as puckering or dimpling

• An unusual increase in the size of one breast

• One breast unusually lower than the other

If you want to check your breasts, do the exam a few days after your period. Your breasts aren't so sore or as lumpy at this time.

What are some risk factors for breast cancer?

• Having had breast cancer increases your risk of developing it again.

• A family history of certain types of breast cancer, particularly in your mother, daughter, or sister.

• Having a genetic defect in the BRCA1/BRCA2 gene.

• Heavy alcohol use - having more than three drinks a day raises your risk for breast cancer as does as smoking a pack of cigarettes.

• Eating lots of red meat - women who eat more than one serving of red meat a day, especially post-menopausal women, have a more than 50 per cent risk increase. Women who eat processed meat (bacon, sausage, baloney, and ham, ect) daily, increase their risk for breast cancer to more than 60 per cent. Studies show that eating more fibre can help to decrease the risks associated with red meat consumption.

• Obesity increases your risk for breast cancer, also cancer of the uterus, colon, kidney, and the esophagus, not to mention the fact that it increases your risk for hypertension, diabetes, high cholesterol, heart disease and stroke.

Avoiding weight gain is an effective way to decrease these risks.

• Race - I want to say the human race. White women are seeing a over-all increase in the breast cancer rate, but among women aged 40 to 50 black women have a higher incidence rate and death rate.

I would like to encourage you to get your physical done yearly, and adapt some healthy lifestyle changes for yourself and also as an example to our children.

I would also like to dedicate this article to my Auntie Beverly Lockheart who fought breast cancer tooth and nail.

# DON'T MISS IT!!!!

## B.A.I.C.

12<sup>th</sup> Annual

### BahamArts Festival 2009

Theme: "TRADITION made MODERN"

National Trade show promoting Bahamian made Arts & Crafts/Gifts/Souvenirs

October 30<sup>th</sup> - November 1<sup>st</sup> 2009  
10:00 am - 11:00 pm daily

Arawak Cay, Nassau, Bahamas

**LOTS OF DRINKS**

Lots of Food

Defence Force Band

GOSPEL GROUPS

Falcon Band

Royal Bahamas Police Force Band

Battle of the school Bands

Pathfinders Marching Band

Exuma Marching Band

Bahamas National Craft Week 2009

**Highlights**

Sunday, October 18<sup>th</sup> 2009

National Craft Week Church Service: Zion Baptist Church, East & Shirley Streets

Honoree: Mrs. Doris Strachan, Straw Vendor

Monday/Tuesday - Oct. 26<sup>th</sup> - 27<sup>th</sup>

Visit to High Schools

Two-day Training Program - Decorative Plating

Wednesday & Thursday Oct. 28<sup>th</sup> & 29<sup>th</sup>

4<sup>th</sup> Annual General meeting - BNCA

SuperClub Breeze- West Bay St

12<sup>th</sup> BahamArts Festival Events

Friday, October. 30<sup>th</sup> 2009

6:30 a.m. Bahamas At Sunrise - Live

10:00 a.m. Official Opening of the Festival

Keynote Speaker: The Rt. Hon. Hubert A. Ingraham, Prime Minister of the Commonwealth of The Bahamas (TBC) - Live from Arawak Cay

8:00 p.m. Live Entertainment - Falcons Band

Saturday, Oct. 31<sup>st</sup> 2009

10:00am Mini Regatta Boat Race

1:00 p.m. Royal Bah. Defence Force Band

2:00 p.m. Battle of the Bands - High School Competition

8:00 p.m. - until Falcons Band - Live

Sunday, November 1<sup>st</sup> 2009

1:00 p.m. Pathfinders Marching Band

2:00 p.m. Victory of the Church Choirs Competition

2:00 p.m. Gala Tea Party - All Bahamian Delicacies

4:00 p.m. Gospel Explosion

9:00 p.m. Junkanoo Rush Out

For Further information please contact: Mr. Le-Var Miller, Ms. Sharae Collie & Mrs. Pamela Deveaux at Tel # 322-3740/3 or Fax # 322-2123

**80 Booths, Delicious food, Drinks & Lots of Music**

**EVERYONE IS WELCOME!!!**

