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TUESDAY, SEPTEMBER 22, 2009

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VICTIM OF TRAGIC ACCIDENT? OR WAS PRESTON FERGUSON A ...

Victim of murder?



■ **PRESTON FERGUSON**

PULLING TOGETHER: (sitting) Henriette Smith and Eloise Moxey; (standing) Frederick Ferguson, Olga Fordes, Deidre Gray, Dale Ferguson Joseph and Merv Johnson.

By **NATARIO McKENZIE**
Tribune Staff Reporter
nmckenzie@tribunemedia.net

TRIBUNE EXCLUSIVE

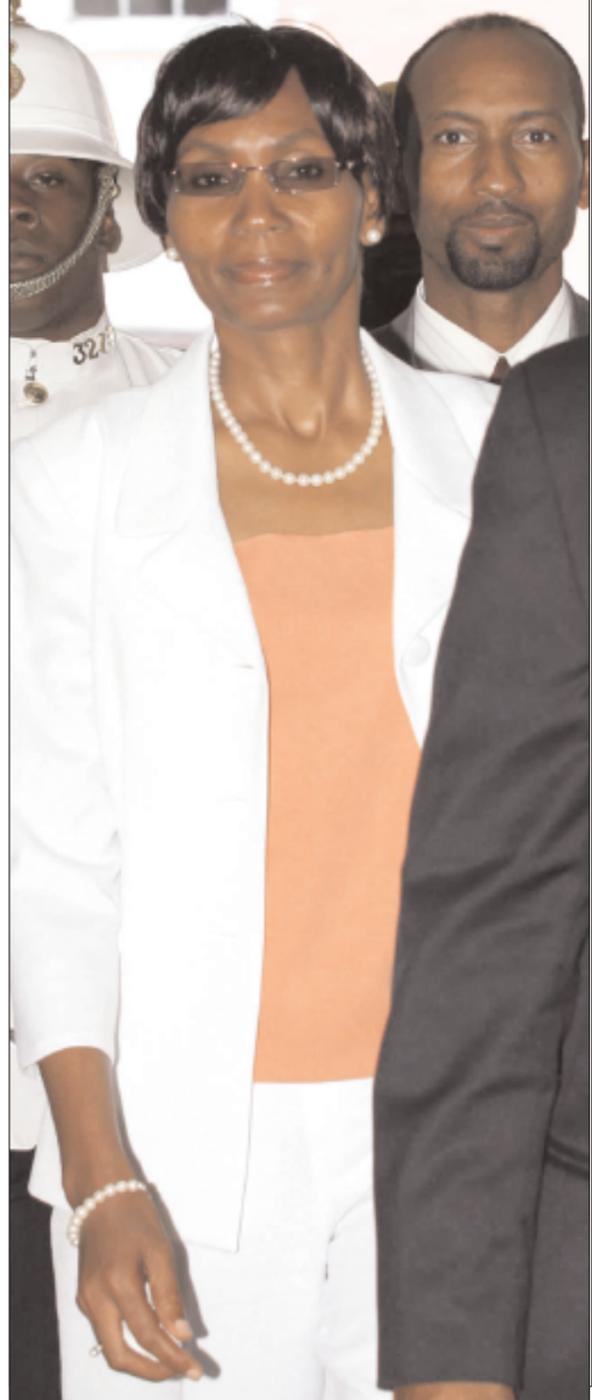
DISTRAUGHT family members of Preston Ferguson say that they are certain he was murdered and blame police for mishandling the investigation into his death.

Ferguson, 38, a resident of Exuma and father of one, was found dead in a truck on the side of the road in the area of Ocean Addition

East, near the Forest, Exuma, on the morning of August 2. Police initially suspected that he had run off the road and hit a utility pole, however, his family believes the accident was "staged."

FULL STORY ON PAGES TWO AND THREE

TRAVOLTA TRIAL: DAY ONE



ACCUSED: Former PLP Senator Pleasant Bridgewater pictured on her way to court.

Defendants plead not guilty to John Travolta extortion charges



By **NATARIO McKENZIE**
Tribune Staff Reporter
nmckenzie@tribunemedia.net

A JURY was selected yesterday in the case of former PLP Senator Pleasant Bridgewater and former paramedic Tarino Lightbourne, who are accused of attempting to extort \$25 million from Hollywood actor John Travolta.

Six women and three men were selected to hear evidence in the case, which will take place before Senior Justice Anita Allen.

The prosecution is expected to open its case this morning.

SEE page five

FORMER PARAMEDIC Tarino Lightbourne going to court yesterday.

PHOTOS: Tim Clarke/Tribune Staff

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INMATE SET TO FACE MURDER CHARGE TODAY • PAGE SEVEN

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PRESTON FERGUSON'S FAMILY: 'WE KNOW

Unanswered Questions

The family of Preston Ferguson say the police's version of how he died is completely at odds with the evidence. They have posed a number of questions to senior officers, including:

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⚡ **IF** his body was found sitting on top of a pile of smashed glass in the seat with no glass whatsoever on top of his body.



⚡ **IF** Preston died while sitting upright in the driver's seat, why is there no blood in this area, whereas the passenger's side of the gearbox, console and floor covered in it?
IF Preston died as a result of major trauma caused by his head striking a utility pole, how was it that he was found sitting in the driver's seat, with his head against the head-rest? How did the impact force necessary to create his massive head injury not propel any part of his body across into the passenger's side?

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⚡ **IF** Preston died because his exposed head struck this utility pole, how did he come to be driving several feet off the road in the first place?
IF this was the case, how did he manage to steer back on to the road after suffering massive head trauma?
IF his was out of the driver's window at the time, should he not have struck the side of his head, rather than the middle of his forehead?
DOES the police's version not suggest he was looking directly at the utility pole as it approached his face?
IF the police's version is correct, would it not mean Preston was attempting to spit directly into the wind?

⚡ **IF** this is the scuff marks the impact of Preston's head against the utility pole – causing massive trauma – how is there no trace of blood on the pole, the ground, or either side of the driver's door?
IF the window was smashed as a result of the vehicle striking the pole, why is there no smashed glass at the base of the pole, but covers the ground where the vehicle came to rest 20 yards down the road?
IF Preston had his head out of the window at the time of the accident, the window must have been down. If so, how did it shatter upon impact, filling the interior with glass?



LOCAL NEWS

“THAT HIS DEATH WAS NOT AN ACCIDENT.”

VICTIM OF murder?

By NATARIO MCKENZIE • Tribune Staff Reporter • nmckenzie@tribunemedia.net

DISTRAUGHT family members of Preston Ferguson say that they are certain he was murdered and blame police for mishandling the investigation into his death.

Ferguson, 38, a resident of Exuma and father of one, was found dead in a truck on the side of the road in the area of Ocean Addition East, near the Forest, Exuma, on the morning of August 2. Police initially suspected that he had run off the road and hit a utility pole, however, his family believes the accident was “staged.”

They claim they know of an individual with a motive to kill Preston. According to his sister, Eloise Moxey, it is believed that her brother was having an affair with a married woman.

“He promised my brother he was going to kill him,” Mrs Moxey alleged.

According to Preston’s family, the minimal damage to the vehicle he was found in was not consistent with his massive injury and that the impact could not have caused his death. According to Mr Ferguson’s family, police had raised the theory that Mr Ferguson had perhaps stuck his head out of the truck’s window to spit and hit his head on the lamp pole. The second theory was that Mr Ferguson had fallen asleep and his head fell out of the window.

Merv Johnson who had been with his uncle earlier that night said that Mr Ferguson was found sitting upright in the driver’s seat of the truck with his head slumped back.

“That was the only visible mark of any kind of trauma to him. There wasn’t any visible damage to the truck. The front of the truck was intact, the windshield was intact, the only damage was a scrape to the driver’s side of the truck and they were saying that’s what killed him,” Mr Johnson said.

The family also highlighted the fact that most of the blood was found on the passenger side. “The only thing broken on the truck is the side mirror, not one single drop of blood on the driver’s side,” Mrs Moxey said. She also noted that no broken glass was found on her brother’s body but was found mainly on the passenger seat.

“The window was broken out. It’s obvious that the glass was up and was hit from the outside to look like an accident because most of the glass is on the passenger side. He was sitting on glass. “How could he sit on glass if the glass was broken on impact?” Mrs Ferguson wanted to know. She also noted that the air conditioning was left on which further suggested that

the windows had been up. The family claims that their evidence suggests that Mr Ferguson was the victim of murder.

“The police are deeming this an accident, but we know that this is a murder and we have evidence to substantiate our claim that it was a murder,” Mrs Moxey alleged. According to Mr Ferguson’s family, the deceased was last seen leaving Rolleville with his female friend.

“She picked him up as she was leaving Rolleville and he drove with her supposedly back to his place. He said he was going home; he had no reason to come back out,” Mr Ferguson’s nephew said.

Mrs Moxey said that she has met with Commissioner of Police Reginald Ferguson regarding the matter and was recently informed that an investigation is continuing and that “experts are conducting a re-enactment of the accident.” Mrs Moxey said she also met with National Security Minister Tommy Turnquest.

Commissioner Ferguson told *The Tribune*, “We are conducting a thorough investigation into this matter. I am aware of the suspicions as to how he may have died. We have been in touch with his family and will have a meeting very soon to inform them of our findings.”

“Someone drove that vehicle to where they staged this and drove it up against the lamp post. What concerns us is the way this was handled by police,” Mrs Moxey said.

“They have gotten rid of every single piece of evidence. They sent the truck back to Grand Isles because my brother worked in the landscaping department at Grand Isles. That was a company truck. That’s the reason he didn’t go out in the truck that night.”

Mr Ferguson’s family is also wondering whatever became of his clothing and hair samples or DNA that could be extracted from them. They say that the individual they suspect has not as yet been questioned by police. They also say that the woman who was the last person to be seen with him has not been questioned either. The family says that they have been awaiting the results of a toxicology report for about a month.

“He left to go home that night. He left with a certain lady who was supposed to be taking him home. The next morning he is dead and who shows up at the door? This lady with her husband to say that he is dead,” Mrs Moxey said.

Mr Ferguson who was employed at Grand Isle Villas as a Landscaping Supervisor was the youngest of 12 children. He was laid to rest August 21. He is survived by his son, Preston Jr.



Preston Ferguson

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“IF Preston did indeed die sitting upright in the driver’s seat of the vehicle, why can blood clearly be seen pouring into the driver’s side of the vehicle from the passenger’s side?”

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“IF Preston died of a massive head injury suffered while driving alone, how did his vehicle come to a stop about 20 yards down the road from the scene of the accident?”

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Obama war choice: Escalate or scale back

WASHINGTON — Escalate or scale back. The blunt conclusion laid out by the top American commander in Afghanistan — "The status quo will lead to failure" — poses a stark and urgent choice for President Barack Obama: Intensify the foundering conflict with more troops or narrow the mission to targeting terrorists instead of protecting Afghans. In his report to Obama, Gen. Stanley McChrystal makes clear his view that ultimate success in Afghanistan requires overcoming two main threats: the insurgency and a "crisis of confidence" among Afghans in their own government. Both must be addressed, and together they require more resources, he says.

"Insufficiently addressing either principal threat will result in failure," the general concludes.

The McChrystal assessment puts to the test Obama's assertion just six months ago that he would put the war effort on a path to success by providing what the previous White House didn't.

"For six years, Afghanistan has been denied the resources that it demands because of the war in Iraq," Obama said March 27. "Now, we must make a commitment that can accomplish our goals." He approved the dispatch of 21,000 more U.S. troops and promised a comprehensive improvement in the U.S. effort to stabilize the country, train its security forces and advance justice and economic opportunity.

Obama also said then that he would re-evaluate after the Afghan presidential election, which was held August 20. The charges of widespread fraud and ballot-rigging that emerged after the election have only added to doubts in Washington about whether the Afghan government can be counted on as a reliable partner. The president thus far has not endorsed the McChrystal approach, saying in television interviews over the weekend that he needs to be convinced that sending more troops would make Americans safer from al-Qaida. Tellingly, Obama reiterated in those interviews that his core goal is to destroy al-Qaida, which is not present in significant numbers in Afghanistan. He did not focus on saving Afghanistan.

"I'm not interested in just being in Afghanistan for the sake of being in Afghanistan or saving face," Obama told NBC's "Meet the Press" on Sunday.

On Monday, two senior administration officials said that among the options under consideration at the White House is stepping up missile strikes by U.S. aerial drones on the Pakistan side of the Afghan border. Taliban and associated Afghan rebel groups who operate with relative impunity on the Pakistani side of the border already are being targeted by U.S. Predator drone strikes, with limited success.

McChrystal's report, first made public Monday by The Washington Post, was not intended to present Obama with a list of mil-

itary options. The general left no doubt where he stands. He believes a full-scale, comprehensive counterinsurgency campaign is what is required, and that time is of the essence.

But White House officials say the president is considering more than the McChrystal assessment as he weighs courses of action. He's relying on the views of key Cabinet aides, including Defence Secretary Robert Gates, who said last week that he has yet to make up his mind on the wisdom of committing more troops.

Gates has said, however, that he does not believe that a scaled-back approach that focuses mainly on killing al-Qaida leaders — rather than the McChrystal view that counterterrorism operations should be part of a broader campaign to build up Afghan support for their government — is the right answer.

"The notion that you can conduct a purely counterterrorist kind of campaign and do it from a distance simply does not accord with reality," Gates told reporters earlier this month. "The reality is that even if you want to focus on counterterrorism, you cannot do that successfully without local law enforcement, without internal security, without intelligence" — without a major presence in Kabul. McChrystal's immediate superior, Gen. David Petraeus, sees it similarly.

"He (McChrystal) is the first to recognise not just the extraordinary capabilities but also the limitations of counterterrorism forces in Afghanistan," Petraeus wrote in an opinion article published Friday in The Times of London.

Secretary of State Hillary Rodham Clinton underlined the importance of seeking views beyond McChrystal's report.

"It's critically important, but it's a part of the overall process and there are many other considerations that we have to take into account," Clinton said in an interview airing Monday on The NewsHour with Jim Lehrer. Clinton also said that no decision would be made until the outcome of the Afghan election is known, "because we have to know who our counterparts are, and we have to make it clear that in return for X, we expect Y."

Anthony Cordesman, a military analyst at the Centre for Strategic and International Studies who advised McChrystal in Kabul this summer, said in a telephone interview Monday that Obama has invited doubt about his commitment to succeeding in Afghanistan by putting off a decision on devoting more resources.

"The truth is that we don't have that much time," Cordesman said. "Waiting to see what happens with existing resources and existing troop levels, when the commanding general has already said that's an unacceptable risk, basically invites defeat." He added: "The president has yet to show he can lead in this war."

(This article was written by Robert Burns, AP National Security Writer).

We need to offer hope and help to hurting wives

EDITOR, The Tribune.

Thank you for allowing me the space to respond to the published position of the Bahamas Christian Council on the proposed marital rape law, published in the media and appearing in The Tribune on September 4, 2009 at page six, under the title Christian Council response to proposed marital rape law.

One of the main thrusts of the argument against the proposed law is that it would be subject to abuse.

All laws are subject to abuse, but that fact alone does not stop us as a people from enacting laws to correct situations or actions that we consider wrong.

For example, the fact that a person may make a false accusation of robbery or child abduction, out of a desire for revenge, has not and would not cause us to repeal the law of robbery or child abduction so that those actions are no longer criminal. We must ask ourselves as Bahamians: Do we want to protect wives from what we understand to be the crime (or offence) of rape? Because if so, what alternative are we offering to those wives who have been subjected to having sexual intercourse against their will? The only suggestion contained in the statement published by the Council is that of counselling, which, since this already exists through church, state and private bodies, cannot be seen to be a solution as it is obviously an insufficient remedy.

We currently have the crime of rape on the statute books. Stealing is also a criminal offence. Counselling may be offered to a first offender for having committed the crime of stealing, but this is on the basis that stealing is indeed a crime. How can the Council speak about offering or recommending counselling for a first offence of marital rape, when it is not even prepared to call rape what it is and punish it accordingly? I wonder what is the husband's right that the Council is seeking to protect or pre-

LETTERS

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serve and what in the Council's view is the wife's right as regards her own person (body).

The other dimension of the abuse argument is the call for there to be "checks and balances" in place before we as a nation should even consider amending the law. Let us therefore examine what procedures currently apply to criminal complaints and in particular, where a complaint of rape is made.

These are as follows:

1) A complaint is made to the Police.

2) A Police officer takes a statement from the person who makes the complaint.

3) The Police take a statement from the accused (if he wishes to say anything).

4) The complaint is investigated, and physical or medical evidence is obtained.

5) A senior Police officer being someone other than the investigating officer decides whether to charge the accused person.

6) If charged, the person must appear in court. From this point a legal tribunal has control of the matter of the complaint, which is prosecuted by the Attorney General, not by the person who made the complaint. Witness must testify and be cross-examined and eventually a decision is made on the evidence.

Having regard to this process I must ask "What are the additional 'checks and balances' that need to be put in place before the marital rape law can be enacted?" It is simply not the case that a wife could, under the proposed amendment, make a complaint this evening that her husband raped her, and tonight he is locked up in Her Majesty's Prison for a decade or the rest of his life.

I disagree with Reverend Paul that the marriage contract implies open-ended consent, if he means that the consent is always operating.

1 Corinthians 7:5 says in part "Do not deprive one another except with consent for a time" (NKJV). It would seem that the consent cannot be open-ended in the sense described, if it could be withdrawn at any time. Furthermore, this verse demonstrates that consent is an essential element in the sexual relationship between husband and wife.

Their freedom or licence to have intercourse with each other at any time cannot and does not amount to a licence to have intercourse with the spouse without his or her consent.

In the daily life of married couples they are each consenting or agreeing to intimacy on each and every occasion that it occurs.

Rev Paul argues on behalf of the Council that on their marriage day "in the sight of God and in the company of witnesses, they pledged to give themselves to each other in holy matrimony and thereby gave each other upfront, implicit, open ended sexual consent." It is upon this basis that he argues that it is not right, and could never be right to bring married couples under the authority of a law that has hitherto only applied to non-married couples. The difficulty with this argument is that we do not, for example, have a separate or different law for Christian couples and non-Christian couples when it comes to the subject of divorce. Nor am I suggesting that it should be so. But the same way that the law recognises that non-married persons or estranged married persons do have "sexual relations" that go wrong, the law should be brought to bear in situations involving married couples where the relationship has gone wrong. His argument makes no allowance for the human condition, for husbands who cruelly abuse their wives sexually.

What to do with the husband who refuses to buy groceries, or to pay the mortgage or rent, refuses to pay the school fees, and allows the lights to be turned off, but has a sweetheart or two, has STD's and demands that his wife give him sex. If she wants groceries in the house, or if she wants the lights back on then she is forced to give in to want her husband wants. No physical violence there, but no wife's consent either.

But because in the company of witnesses he pledged himself to her and she to him she must submit?

And what about those cases of repeated, horrible physical violence?

Let me be sure to state for the record, that I am neither anti-marriage, nor anti-male. I believe that in this country there are many good husbands, who outnumber the "bad", who care for and support their wives and families. In fact I am personally acquainted with a number of such. However, there is such a thing as marital rape.

It exists in fact, if not yet in law. I do hope that Section 15 is repealed, that we will call a spade "a spade", and offer some hope and help to those hurting wives.

I believe that one of the unintended consequences of this new law will be that persons will enter into marriage more soberly, more seriously, and will be more likely to accord to their spouse the respect that he or she deserves as a fellow human being.

CAROL MISIEWICZ
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LOCAL NEWS



TRAVOLTA TRIAL: DAY ONE

Defendants plead 'absolutely, positively, 100 per cent not guilty' to John Travolta extortion charges

FROM page one

Ms Bridgewater, 49, and Mr Lightbourne, 47, are accused of conspiring to extort and attempting to extort money from Mr Travolta between January 2 and January 20 by means of threats.

Ms Bridgewater is also accused of abetment to extortion. She is represented by lawyers Murrio Ducille and Krysta Smith.

Mr Lightbourne is represented by Carlson Shurland and Mary Bain.

Director of Public Prosecutions Bernard Turner, Neil Brathwaite and Garvin Gaskin are prosecuting the case. They are expected to call 14 witnesses, among them Mr Travolta, PLP Senator Allyson Maynard-Gibson and West End and Bimini MP Obie Wilchcombe.

Arraigned

Ms Bridgewater and Mr Lightbourne were first arraigned on the charges in late January and arraigned again before Senior Justice Allen on April 28 after prosecutors presented a Voluntary Bill of Indictment.

The charges were again read to the defendants yesterday in the presence of the jury.

When asked to enter a plea to the charges both replied: "Absolutely, positively, 100 per cent not guilty."

Both Ms Bridgewater and Mr Lightbourne are on \$50,000 bail.

Senior Justice Allen yesterday acceded to a request by their attorneys for the two defendants to be allowed to sit behind their lawyers during the trial rather than in the prisoner's dock.

Reports of the alleged extortion attempt emerged days after Jett Travolta, the 16-year-old son of actors John Travolta, 54, and Kelly Preston, 46, died of a seizure at the family's vacation home in Freeport, Grand Bahama, on January 2.

Ms Bridgewater announced her resignation from the Senate days after the police brought charges against her.



Tim Clarke/Tribune staff

FORMER PARAMEDIC Tarino Lightbourne at court yesterday.

Police name slain Burger King boss

By MEGAN REYNOLDS
Tribune Staff Reporter
mreynolds@tribunemedia.net

THE Burger King manager beaten and stabbed to death outside the fast-food chain's Tonique Williams-Darling Highway location has been identified by police as Rashad Morris, 21.

Mr Morris lived on John Street, off Baillou Hill Road, and police believe he was abducted and driven to the restaurant where his killer or killers demanded he open the safe.

When Mr Morris, the manager of Burger King on Frederick Street and former manager of the Tonique-Williams-Darling restaurant, failed to open the safe he was beaten in the manager's office and dragged outside where he was stabbed several times.

A witness saw him being brutally beaten outside the restaurant and called the police. Officers arrived at the scene within minutes and found Mr Morris dead in a pool of blood at around 1.30am on Sunday.

Bahamasair pilot Lionel Lewis McQueen, 29, was also killed early Sunday morning.

He was shot several times and found dead at his home in Golden Palm Estates, near the Kennedy Subdivision, shortly after 4am.

His cousin and roommate Montez Saunders was also shot multiple times and remains in serious condition at the Intensive Care Unit of Princess Margaret Hospital.

Police have launched intensive investigations into both matters.

Anyone with information which may assist in the investigations should call police urgently on 911, 919 or call Crime Stoppers anonymously on 328-TIPS (8477).

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COURT SHORTS

MAGISTRATE'S COURT: Melbourne Bain, 26

Man charged with murder of mother during robbery

By NATARIO MCKENZIE
Tribune Staff Reporter
nmckenzie@tribunemedia.net

A MAN charged in the murder of a mother-of-three who was gunned down at her workplace in a daring daylight robbery last month was arraigned in the Magistrate's Court yesterday.

Police have charged Melbourne Bain, 26, of Durham Street, in the August 21 murder of Wendy Bullard.

Bain, alias "Snatcher", is also accused of robbing Ms Bullard of \$694 which belonged to 21st Century Steel Welding on Royal Palm Lane.

Ms Bullard, 34, was shot in the face when two gunmen attacked her workplace situated just yards away from St George's Anglican Church.

She was the country's 53rd homicide victim for the year.

Inside Court 1, Bank Lane, yesterday, Ms Bullard's relatives looked on as Bain was arraigned before Chief Magistrate Roger Gomez.

Bain, who is represented by lawyer Ian Cargill, was not required to enter a plea to the armed robbery and murder charges.

He pleaded guilty, however, to possession of an unlicensed shotgun.

Firearm

Court dockets state that Bain was found in possession of the firearm on September 17. He is expected to be sentenced on September 30 on the firearm charge.

In the meantime, Bain has been remanded to Her Majesty's Prison.

His armed robbery and murder cases have been transferred to Court 11, Nassau Street, and adjourned to September 29.

MAGISTRATE'S COURT: Wade Rolle Jr, 19, Leonardo Wright, 26

Two men accused of murdering Bertha's Go-Go Ribs employee

By NATARIO MCKENZIE
Tribune Staff Reporter
nmckenzie@tribunemedia.net

TWO men charged in the murder of a Bertha's Go-Go Ribs employee were arraigned in the Magistrate's Court yesterday.

Wade Rolle Jr, 19, of Union Village, alias "Bumpy", and Leonardo Wright, 26, of Millennium Gardens, alias "Fox", are accused of the armed robbery and murder of Nelson Goodman.

Last week, David Rolle, 34, of Big Pond was arraigned in the Magistrate's Court for Mr Goodman's murder.

Mr Goodman, 44, of Pinewood Gardens, was

gunned down outside Bertha's Go-Go Ribs on Poinciana Avenue, Coconut Grove, just before midnight on Wednesday, September 8.

Cash

It is alleged that the three men robbed Mr Goodman of \$200 cash, the property of Bertha's Go-Go Ribs, and intentionally caused his death.

According to initial reports by police, the victim was approached by several people just before gunshots were heard.

Rolle and Wright, who were arraigned before Chief Magistrate Roger Gomez in

Court 1, Bank Lane, were not required to enter a plea to the charges. Both men are represented by lawyer Devard Francis.

Mr Francis told the court yesterday that Rolle, who had complained of being abused by police, was denied medical attention.

Chief Magistrate Gomez ordered that Rolle receive medical attention.

Both men were remanded to Her Majesty's Prison and the case was adjourned to September 25.

Inspector David Lockhart told the court yesterday that both men are also expected to appear in Court 11, Nassau Street, on armed robbery charges.

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LOCAL NEWS

Family of four targeted by gangsters in their home

By MEGAN REYNOLDS
Tribune Staff Reporter
mreynolds@tribunemedia.net

A FAMILY of four have been driven out of their home after gangsters pelted the house with bottles and rocks for weeks, and injured a mother and her son in the attacks.

Newspaper vendor Michael Johnson, 43, said gangsters in the Kemp Road area accused his eight-year-old son of stealing a gun from them and started targeting the house on September 6.

Attacks on the home have persisted on almost a daily basis since, and Mr Johnson's wife and son have been injured on two different occasions.

Mr Johnson, who sells newspapers in Shirley Street near the junction with Kemp Road, reported every incident to officers at the Wulff Road Police Station, but his complaints have not been taken seriously, he said.

His wife Justine Johnson, 44, was badly cut when bottles and rocks were thrown through the living room window during the first attack, and a glass bottle hit her in the head.

Hospital

Michael, eight, was hit in the head with a rock while in the shower on the morning of Sunday, September 13. Although he wasn't bleeding, his father took him to Princess Margaret Hospital to be examined for concussion or brain damage.

They reported the incident to police after leaving the hospital, but Mr Johnson said officers only told him to "get out" and "go back home."

The following day Mrs Johnson and her children, Michael and Michaellette, 13, moved out of the house in Periwinkle Alley, off Williams Lane, Kemp Road, and Mr Johnson has been at home alone while the attacks have persisted.

Mrs Johnson said: "This neighbourhood must be getting worse because we never had problems like this before. It's a horrible thing, really scary."

Mr Johnson does not want his family to return home until he is sure they will be safe.

He said: "They accuse my son of stealing a gun, which he didn't do, and one of the young fellas tried to interfere with my daughter. It's getting worse and worse. "Sometimes we can't even sleep in the



TARGET OF ATTACK: Gangsters pelted the property with bottles and rocks for weeks.

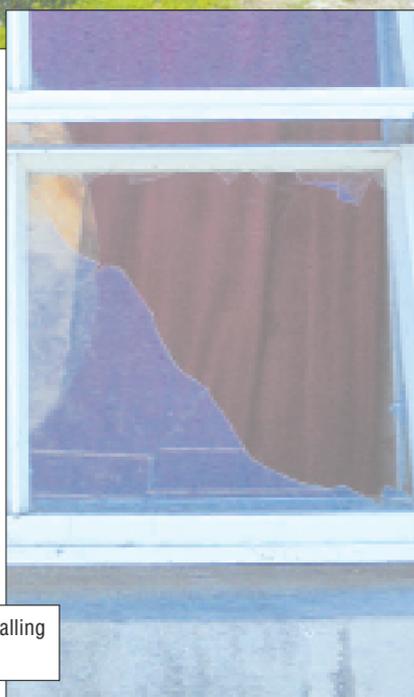
house because bottles and rocks are coming in through the window. They have damaged every window in my house."

Mr Johnson said the men who are targeting the family are not local and are likely to be a part of a gang who gamble in the area on weekends and fight with rocks and bottles.

He criticised police for not taking action to protect his family.

The newspaper vendor said: "They have driven us out of our house and all the police are doing is taking statements to see what they can do, but nothing has been done. But something is going to have to be done because I can't allow my wife and children to be out there when they should be at home with me."

SMASHED: A broken window is a calling card of the rock-throwing gangsters.



Fire deaths likely to be treated as homicides

By MEGAN REYNOLDS
Tribune Staff Reporter
mreynolds@tribunemedia.net

THE deaths of four people killed in a fire last week were expected to be classified as homicides last night, as police said they are certain an arsonist sparked the deadly blaze in their home.

Theresa Brown, 51; her daughter Kayshala Bodie, 18; granddaughter Telair Johnson, one; and neighbour Savanna Stuart, 18, all died of smoke inhalation when the family home in Wilson Tract caught fire shortly after 7am last Thursday.

Supt Leon Bethel, head of the Royal Bahamas Police Force homicide unit, said police suspect an object was thrown through the front window into the living room of the house, igniting the fire.

Detectives are still examining the crime scene in an effort to identify the object which could have broken the front window of the house off Wulff Road.

Supt Bethel said police are "almost certain" the fire was an arson attack, but was unable to confirm this suspicion before *The Tribune* went to press.

His officers will continue to interview relatives, friends and neighbours of the victims in an effort to identify a suspect or suspects, he said. Preliminary examinations by a pathologist have shown all four victims died as a result of smoke inhalation. Their bodies were not badly burned in the blaze, Mr Bethel said.

He denied reports claiming the victims were shot or attacked before they died in their home, and he refuted neighbours' allegations that the killer nailed the doors and windows shut to trap the sleeping victims inside. However Mr Bethel said the residents had bolted the doors from the inside and there are bars on the windows which may have hindered their escape.

He added: "It seems like someone was able to set the place ablaze from the outside by throwing something in through the front window."

"They were trying to get out through the door and windows, but they were all barred up, and because they were overwhelmed by the smoke that might have inhibited their judgment."

"They would have been inhaling smoke for quite a while."

The homicide chief said: "We are still investigating, and we continue to visit the area to gather information and search for evidence associated with this matter."

"We are chasing all angles and don't want to target anyone specifically until this investigation has been completed."

Anyone with any information which may assist investigations should call police urgently on 911, 919 or call Crime Stoppers on 328-TIPS (8477).

Defence Force marine in coma after near drowning

By TANEKA THOMPSON
Tribune Staff Reporter
tthompson@tribunemedia.net

A YOUNG Defence Force marine is clinging to life in a coma after nearly drowning during a training exercise at the community pools in South Beach.

The male marine seaman was swimming laps in one of the pools during a scuba diving lesson along with several fellow officers. As his colleagues surfaced at one end of the pool, someone noticed that the marine was motionless at the bottom. His colleagues scrambled to pull him out and performed CPR until an ambulance arrived.

While the identity of the marine not yet been released, *The Tribune* understands he is 21-year-old Marine Seaman Charles Heastie.

Although the incident happened around 11am on



Tommy Turnquest

Wednesday of last week, it was not reported to the press, prompting concerned citizens to contact *The Tribune* fearing the matter was being "hushed up".

"You don't keep things like that under wraps - if it was me or anybody else - regardless if it was an accident or negligence.

The public or persons within the organisation should know," said an outraged Defence Force officer who spoke on condition of anonymity.

The officer said he wonders if the incident would have been avoided if there had been more instructors at the pool.

When contacted to confirm the incident yesterday, Minister of National Security Tommy Turnquest - who has responsibility for the Defence Force - said officials are not trying to cover anything up.

"There wasn't any reason why they shouldn't have given a report, it was an official Defence Force activity," he said.

Mr Turnquest said he was told about the incident by Defence Force Commodore Clifford Scavella on Wednesday and has been receiving routine updates on the marine's condition.

"It was a dive course. They were taking scuba diving lessons at the Betty Kelly Kenning pools and they were doing breathing exercises, breath holding and snorkel clearing."

"When (the other officers) got to the other end, someone shouted out to them that one of their divers was underwater and that's when they got him surfaced and administered CPR until the ambulance arrived," Mr Turnquest told *The Tribune* yesterday.

Mr Turnquest declined to comment when asked if a shortage of certified instructors at the pool contributed to the incident. Sources close to the Force revealed that the marine is in a coma and breathing with the assistance of a respirator, but Mr Turnquest did not confirm or deny this. It is unclear if the marine - who has been on the Force for less than five years - had any pre-existing health issues. Mr Turnquest said the officer, like all his colleagues, would have taken part in an annual physical last January.

A brief press release issued by the Force after *The Tribune* made inquiries said the marine was admitted to Doctor's Hospital "following a diving exercise" at the Betty Kelly Kenning Swim Complex.

The statement added that the marine was in critical, but stable condition.

An investigation into the incident is underway.

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772	1996 Ford Ranger P/U T
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791	1996 Ford Ranger P/U
850	1990 F-350 Lift Truck
1002	1996 Ford Ranger P/U T
1014	1998 Ford Ranger P/U T
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Interested persons should submit bids to BTC's Head Office located at #21 John F. Kennedy Drive, Nassau Bahamas. Bids should be received by 5:00 pm, Wednesday, September 30, 2009. Bids are to be clearly marked, "Used & Salvaged Vehicles" and should be addressed to the attention of:

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LOCAL NEWS

DEATH OF LLOYD ALLEN ALBURY

Inmate set to be charged with murder of fellow prisoner

By TANEKA THOMPSON
Tribune Staff Reporter
tthompson@tribunemedia.net

AN inmate at Her Majesty's Prison is expected to be charged with the murder of fellow prisoner Lloyd Allen Albury sometime today, according to a senior police officer.

Albury died on September 10, two days after he was admitted to hospital following a fight in a cell at the prison.

Police have now concluded their probe into his death and are set to charge another man with his homicide.

"We have done our investigations and we are expecting to take that to court (today) — we intend to charge another inmate for his death," head of the homicide squad Assistant Superintendent Leon Bethel told

"We have done our investigations and we are expecting to take that to court (today) — we intend to charge another inmate for his death."

Assistant Superintendent Leon Bethel

The Tribune yesterday.

Mr Bethel declined to release details surrounding Albury's injuries, nor would he say what was the inmate's official cause of death.

"All I can say is that he died as a result of injuries received," Mr Bethel said.

Albury, 55, was admitted to Princess Margaret Hospital on September 8 — less than a week after being

the country's 60th for the year.

On Sunday, Burger King employee Rashard Morris, 22, was beaten and then stabbed to death after being abducted. He was reportedly taken to the fast-food chain's Tonique Williams Darling location, where he was beaten and then stabbed to death after he failed to open the store's safe for his kidnapper.

Just hours later, around 4 am, Bahamasair pilot Lionel Lewis McQueen was found dead in his blood-splattered home in Golden Palms Estates. He had been shot several times while his roommate Martez Saunders — who was also shot multiple times — was found alive in front of the home.

Their murders marked homicides 61 and 62, respectively, Mr Bethel said.

imprisoned on a vagrancy charge.

"From our information he was sent to prison for vagrancy and he was placed in a cell. While in the cell he received injuries and that's what we're looking into right now.

"He was in prison for less than a week," Mr Bethel said in an earlier interview. Albury's homicide marked

In brief

Mitchell rounds on critics of Raynard Rigby



FRED MITCHELL

FOX Hill MP Fred Mitchell has condemned persons who are seeking to vilify former PLP chairman Raynard Rigby for raising concerns about West End and Bimini MP Obie Wilchcombe chairing the party's upcoming convention while running for the deputy leadership at the same time.

Mr Rigby charged that Mr Wilchcombe clearly "does not understand the principles of conflict of interest and fairness and transparency."

"He appears not to recognise the perceptions that are created by continuing to serve in the capacity of convention chair."

Mr Rigby said that in his opinion these are matters that go to the issue of one's fitness to serve and character.

"Even though Mr Wilchcombe may not be able to define what a conflict is, I know one when I see one and so does the public. The present facts surely satisfy the test."

"It must also follow that if, in Mr Wilchcombe's own words, at 50 years he does not have the experience to serve as leader he must also not be competent to serve as the party's deputy."

"His election to the post would in fact take the PLP backwards. I have one agenda, and that is to serve the best interests of the PLP and to ensure that we ready the party to fight and win the next general election," he said.

Mr Mitchell thanked Mr Rigby for his timely intervention in the public domain on behalf of the PLP.

"(US President) John Kennedy said that the men who criticise those who have power, play just as valuable a role as those who do, particularly if that criticism is a disinterested criticism."

"Mr Rigby is not seeking any office, reward or nomination, just a better PLP, and thereby a better Bahamas. I do not support any attempt to vilify his public contribution. I defend his right to say it. I have canvassed a number of other colleagues who share this view," Mr Mitchell said in a statement.

The Fox Hill MP said that the question is not what Mr. Rigby says, but whether or not what he says is "to the point, true and of some value to the public debate."

"There is a lot of lip service to the role of dissent in public life, but as soon as it rears its head there is vilification of the messenger instead of listening," Mr Mitchell said.

US urged to act on new plan to tackle drugs and guns



SIR RONALD SANDERS

A FORMER diplomat is calling on the United States to urgently implement a new and direct strategy to tackle the drug and gun problem in the Caribbean region.

Sir Ronald Sanders — a Tribune weekly columnist and former chairman of the Caribbean Financial Action Task Force against drug trafficking and money laundering — warned that if the US does not lead the way in curbing the trafficking of firearms and illegal drugs through the region, countries in the Caribbean will suffer even further.

Addressing a recent gathering of high-ranking military officers at the Royal College of Defence Studies in London, Sir Roland said: "Almost every country (in the Caribbean) has the same problem and many of the smuggled weapons, when captured are traceable to the United States. This suggests that the absence of a vigorous policy to curb arms sales is unintentionally contributing to crime in Central America and the Caribbean."

Resources

"In many cases, (the) police forces (in those countries) are out-gunned by the weapons available to drug gangs and they lack the numbers, the equipment and other resources to combat the problem."

Sir Roland said the US government could make an "enormous contribution" to resolving the drugs and weapons problem "by passing legislation and implementing machinery to control arms smuggling; by reviewing the practice of deporting convicted felons to their countries of origin, and by adopting measures to stop legal sale of assault weapons."

Caribbean countries, Sir Roland said, are being overrun by crime that stems from the drug trade.

"In conditions of economic decline and increased unemployment, drug trafficking and its attendant other crimes escalate, as they are now doing throughout the region," he said.

The former diplomat called on the US to lead the way in organising collaborative arrangements with Europe, Latin America and the Caribbean to establish an anti-narcotic programme which addresses both supply and demand.

"If this is not done, the problem of drug-trafficking and its attendant high crime will continue to plague Central America and the Caribbean with a terrible destabilising effect on the small economies that are least able to cope," he said.

MAX TAYLOR OPENS HIS ART EXHIBITION



(Photo: Peter Ramsay/BIS)

RENOWNED BAHAMIAN artist Max Taylor officially opened his exhibition, Paper Work 1960–1992, under the patronage of Prime Minister Hubert Ingraham and Mrs Delores Ingraham at the National Art Gallery of the Bahamas on Friday. Mr Taylor is pictured here talking with Prime Minister Ingraham about the more than 150 works on display.

Profile of an exemplary East Nassau Rotarian

Rotarian Jeff Albury has been an active member of the Rotary Club of East Nassau for 30 years.

He was drawn to Rotary because of the organisation's commitment to community service and in the hope of being able to help those less fortunate in our community.

Over the years, Jeff has been involved in numerous clubs activities, from helping organise weekly lunch programmes to the club fair, which he was especially fond of as it put the whole club to work in an effort to help others.

Jeff also recruited his wife, Susan, and together they wrapped more than \$3,000 worth of coins, the majority of which were donated by Mall at Marathon. The funds were put to use in Rotary Club of East Nassau's youth programmes.

Jeff's most treasured Rotary



JEFF ALBURY

memory was when he was first elected to the club's board of directors.

The position enabled him to help direct the club's activities and maintain its reputation in the community.

He says he is proud of what the Rotary Club of East Nas-

sau and Rotary International (RI) stand for and have achieved so far, but acknowledges that the future of Rotary depends on the constant induction of new members and keeping Rotarians involved in club affairs and local projects like the Fox Hill Run and RI's goals such as ridding the world of polio.

When not busy with Rotary work, Jeff enjoys boating and spending time with his family. He said his proudest achievement in life was the day he fin-

ished paying for his children's education. A truly down to earth individual who epitomises the saying "actions speak louder than words", Jeff defines success as "the satisfaction of a job well done."

He lives his life according to the best pieces of advice he ever received — treat everyone with respect, and Rotary's Four-Way Test: Is it the truth? Is it fair to all concerned? Will it build good will and better friendships? Will it be beneficial to all concerned?

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INSIGHT

For the stories behind the news, read *Insight* on Mondays

LOCAL NEWS

Bahamas maintains a backward approach to informing citizens about their rights

By ADRIAN GIBSON
ajbahama@hotmail.com

YOUNG MAN'S VIEW

ADRIAN GIBSON

IN THE Bahamas, it appears that many Bahamians display a complete ignorance of their Constitutional rights and the country's laws. Today, unless it is a right given under the numerated rights of the Constitution, the only supreme instrument that gives and guarantees the right of every citizen is the Constitution.

Last week Thursday, American citizens celebrated Constitution Day, a stark contrast to the Bahamas that still maintains a backward approach to enlightening its citizens about their guaranteed rights and/or the statutes that speak to the legality or illegality of their actions.

In the United States, aspects of the constitution are taught during elementary school. In this country, there is a dire need for civics to be comprehensively taught at the primary school level and, even more, for the publication of a "You and your constitution" book that simplifies, in everyday parlance, the rights conferred upon the populace and other elements of this supreme law.

Do Bahamians really know the amount of power they bestow upon an MP when he is sent to Parliament, or are we too consumed with the catchy slogans and the revelry and social ambiance at political rallies?

Frankly, Bahamians must endeavour to learn the science of citizenship and appreciate that no right is granted without a certain level of responsibility—taking into account the public and private domain—and, in some instances, a cost (i.e. the state may have to raise taxes to

deliver certain rights, for e.g., education or national health-care).

In speaking about our constitutional rights, recent travels onboard the national flag carrier—Bahamasair—come to mind.

As a Bahamian, I have a right to travel anywhere in the Bahamas; however, Bahamasair's policy—where they demand my passport, which is a document used for international travel—infringes upon my right to freedom of movement within the archipelago.

Passport

When has the passport become a necessary requirement for inter-island travel in the Bahamas' archipelago? The Americans don't show passports when they travel from state to state, so why must we when we travel from New Providence to the Family Islands?

One of the incidences of Bahamian citizenship, which is an integral part of the bundle of rights granted by the Constitution, is the freedom of every Bahamian to travel unreservedly throughout the islands.

In the Bahamas, security concerns allow for the suspension of the constitution and the imposition of martial law in emergency cases.

In the case of Bahamasair's policy, is this an instance where the danger is such that they have to suspend rights? Isn't the Constitution the

supreme law of the land? What happens if a traveller doesn't have his/her passport and has never sought a license to drive?

What happens when I fly Bahamasair again and exercise my right to free internal movement within the Bahamas and refuse to show my passport?

It appears that the economy of the Bahamas dictates our sovereignty, particularly as a policy such as Bahamasair's violate people's fundamental rights because the government has had its arm twisted since September 11, 2001, due to our nearly desperate need for airlift to sustain our waning tourism industry.

If Bahamian citizens have to conform to their "passport-showing obligations" relative to the boarding of inter-island Bahamasair flights, do the civil aviation authorities employ a discriminatory, double-standard when dealing with the owners of private aircraft who show no identification and merely travel in and out of the Bahamas—unchecked? Should every airport or

The treasury and the Penal Code (Chapter 84)

If law enforcement authorities in the Bahamas are serious about enforcing the laws and reducing instances of serious crime while also earning the treasury quite a bit of money through fines, it must address the petty crimes.

Using section 212 of the Penal Code (Chapter 84), the Ministry of National Security and the Commissioner of Police should see to it that throngs of police officers are deployed onto the streets to conduct a drag-net operation.

On any given evening, such an operation would net thousands in fines, lead to the apprehension of wanted criminals and target those individuals who are selling food out of trunks of vehicle without health certificates and business licenses, who illegally light fires and destroy government property,

arrest persons who unlawfully affix signs on buildings or public property (poles), fine persons who do not have a permit from the Commissioner of Police to ply their wares or to hold demonstrations, fine hawkers, loiterers and phone card peddlers, sellers of fruits and clothes who do not have the proper documentation, fine persons who play music or make noise to the annoyance of others, and so on.

I'm told by persons who lived in Freeport that the minor illegal acts that Nassauvians get away with could never openly transpire under the governance of the Grand Bahama Port Authority.

With this in mind, is there any wonder why serious acts of criminality have permeated nearly every community on New Providence?

port—private or not—then have these same unconstitutional strictures? Why is Bahamasair's approach not applied across the board to private charter companies as well?

On this issue, I spoke with medical doctor, lawyer and law professor Dr Dexter Johnson, who said:

"I'm not showing my passport. The situation at Bahamasair is an example of government's knee-jerk reaction after 9/11. The govern-

ment acted in haste and over-reacted. Horrendous things have happened in other countries long before 9/11—Britain was bombed by the Nazis, the IRA, etc—so why do the Americans think that they have to superimpose their will on the world? It appears to be a misjudged attempt to comply with the FAA.

Regulations

"Is this to do with our security, is this in compliance with international regulations and how does it fit in with Bahamian law as regards the rights of citizens? Is this part of Bahamian law to the extent that the international treaties and regulations have been accepted by the Bahamian government?" Dr Johnson said.

If it is that Bahamasair is complying with FAA regulations, is this then a condition of using the airport? Should it now be under-

stood that in order to fly Bahamasair or use the airport, a Bahamian must give up a right as a condition for using that aircraft/facility?

And, while I'm at it, what ever happened to all those 'x-ray' machines that outfitted several Family Island airports immediately after 9/11?

It is high-time that the Bahamas takes a page out of Jamaica's book and institutes a national ID.

Air travel in the Bahamas is not so bad that it justifies citizens either choosing to show a document whose purpose is for external travel or having their rights suspended. If this continues, this will no doubt lead to Bahamians mounting legal action—a constitutional challenge.

I encourage any citizen who has had experiences where their entitlement to their rights has been forbidden to demand it through the courts by means of a constitutional motion

Why must Bahamians fill out immigration cards?

Every time I'm returning from overseas, midway in the flight to the Bahamas I'm often irritated when it's stipulated that I must fill-out an immigration form to land at the Lynden Pindling International airport. Frankly, the distribution of these immigration forms to Bahamian travellers is an archaic practice that must be dispensed with. Bahamian travellers should not be mandated to waste time completing these unnecessary forms, since we all have a right to be here and it's not as if the immigration department can put a Bahamian on a plane and send him/her elsewhere.



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Nassau Yacht Club champions of this year's dual golf tourney

*Photos by
Felipé Major/
Tribune staff*



LARRY BLACK (right), tournament director, presents Thomas Bethel with his award for winning the men's longest drive on hole 2...



LARRY BLACK (far right), is shown with the best guest team of Terry McCabe, Victor Leniuk, Philip Pinder and Billy Saunders...



LARRY BLACK (right), presents Dilys Anderson with her award for winning the women's longest drive on hole 13...



LARRY BLACK (right), presents a representative of Nassau Yacht Club with the floating trophy...



LARRY BLACK (right), presents Phil Andrews with his award for winning the closest to the pin category on hole 14...

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Bahamas Optimist National Championships...

'Another grand success'

A NUMBER of young sailors competed in this year's Bahamas Optimist National Championships at Montagu Bay, New Providence.

National sailing director Jimmy Knowles said the two-day event was another grand success.

The boats are shown here in the harbour.

*Photos by
 Felipe Major/
 Tribune staff*



Mr Olympia: Can Joel make the top 10?

FROM page 11

American Dexter Jackson. Jay Cutler, another American who relinquished his title to Jackson, is also entered. He won back-to-back titles in 2006 and 2007.

Mr Olympia, which originated in 1965 with Larry Scott winning the first two titles, has had such champions as California Governor Arnold Schwarzenegger (1970-1975 and 1980).

But Lee Haney (1984-1991) and Ronnie Coleman (1998-2005) have both held the title more than any other competitor.

Although he doesn't feel that he hasn't arrived to the point where he can challenge for the title, Stubbs said he has put together a routine that will definitely make him a contender for consideration.

"I just want them to give me a honest ranking," he said.

The Bahamasair pilot, who got into building after he went through therapy for a broken leg he sustained playing basketball, said he originally only wanted to test his skills at CAC.

But after winning the crown, Stubbs said Bahamas Bodybuilding and Fitness Federation president Danny Sumner and others encouraged him to take it a step further in the pro ranks.

"When I went out there for the first time in the pro ranks, I left a statement out there with my back," he insisted. "They had never seen such a phenomenal back developed like my own."

"It was all over the Internet and in the magazines that I indeed had the best back in the world. They labeled me ahead of two Mr Olympia."

That episode in 2005 inspired Stubbs to go on and try to further develop his entire body so that he can get a chance to contest

for the ultimate - the Mr Olympia title.

"I decided to continue on, being motivated by a lot of people out there and I got a little more mass and structure and was able to place in the top ten, but never got in the top three to qualify for Mr Olympia until I did in Dallas."

"I think this is a gate opened for me now to move my programme to another notch, another level to getting to the point where I can compete for the Mr Olympia title."

Coleman, according to Stubbs, won the Mr Olympia title at 42, so he doesn't see why he shouldn't be able to achieve the same goal.

"It's not so much an age thing. It's the genetic of the body, the nutritional level and how you keep your body," said Stubbs, who competed in a total of 13 pro shows to finally get to the big stage.

In 2005, Stubbs competed in his first two pro shows. He increased it to three in 2006 and entered two more in 2007, three more in 2008 and just two so far this year.

Now Stubbs said he's quite confident with his conditioning, his body fat and his diet to get prepared for the Mr Olympia.

"In this sport you have to do what you have to do," he insisted. "You just have to put the metal to the pedal and drive ahead at full speed and see what happens at the end of the day."

"But I feel good going into Mr Olympia. I'm working daily, especially in my posing routine, so I'm really polished. But it's just a matter of time before I get to really see what I've been doing for the past few weeks in my preparation."

After this weekend, Stubbs said he wants Bahamians to feel very proud of his accomplishment in Las Vegas.

DANNY de CARDENAS (shown) repeated as champion of the Bahamas Optimist National Championships over the weekend. The 14-year-old St Andrew's School ninth grader completed the two-day event in Montagu Bay by accumulating a total of 15 points, but ended up with a net of 10 after he dropped his worse race score of 5 points. Competing out of the red group for competitors 13-15 years old, he said he felt he went out and competed very well in the seven races contested. "I just tried to stay focussed and got some good starts because I knew that the competition was going to be a lot stiffer than it was last year," said de Cardenas, the Royal Nassau Sailing Club member who also plays baseball and soccer. "There was a lot of people who caught up to me on the last day. But I think I got off to a good start on the first day and I was able to hold onto my lead," he said.

sports

TUESDAY, SEPTEMBER 22, 2009

PAGE 9 • Dual golf tourney awards...

Mr Olympia: Can Joel make the top 10?

By BRENT STUBBS
Senior Sports Reporter
bstubbs@tribunemedia.net

When Joel Stubbs heads to Las Vegas, Nevada, for his debut in the Mr Olympia this weekend, he will be on stage with the top 26 ranked competitors in the world.

Stubbs, who qualified at a tournament in Dallas, Texas, will leave town on Wednesday for the world's biggest bodybuilding show where he

will participate in the pre-judging on 7pm Friday. The final is set for Saturday at the same time.

Based on his preparation, Stubbs said he has something in store for the public.

"I think this is the best that anybody would have seen me on stage," Stubbs said. "I'm in much better condition from what they saw me in earlier this year."

"I pretty much brought my legs up a bit in the volume, not so much in the size. But I have them looking more fuller. As you know, bodybuilding is all about an illu-

sion, so if I can present it as a gain to the judges, I'm sure I can leave an impression in Las Vegas."

Having qualified for the first time since he turned professional when he won his card by winning the Central American and Caribbean Bodybuilding Championships in 2003, Stubbs said if he can finish in the top 10, he would feel quite content.

"With all of the names that are in place, I think they are all pretty much established," pointed out Stubbs, who has yet to win his first pro show. "But from my mind set, I



JOEL STUBBS is scheduled to depart for Las Vegas on Wednesday to take part in Mr Olympia...

want to give them a phenomenal package that at the end of the day, they will have to go back to their books and try to determine just exactly where they will place Joel

Stubbs. A top ten would be very good for me for my first showdown."

Stubbs, 42, will be one of just two competitors from the Caribbean who will be partic-

ipating in the show. The other is Trinidad & Tobago's Darren Charles.

Back to defend his title is

SEE page 10

New NPWBA boss welcomes 'challenge' with open arms

By BRENT STUBBS
Senior Sports Reporter
bstubbs@tribunemedia.net

TWO years ago, Simone Beneby introduced the Electro Telecom Cybots Lady Queens to the New Providence Women's Basketball Association.

Two months later, she has been introduced as the new president of the league.

At the recent election of officers, Beneby was voted in to replace Antoinette Knowles, who opted not to return for another term in office.

In an interview with The Tribune yesterday, Beneby said she feels it's going to be a challenge, but one that she welcomes with open arms.

"It's a bit different. It's a challenge, but I'm just doing the best that I can to advance women's basketball in the country," she stressed.

Beneby will work along with the following executive members - Jeannie Minus, first vice president, Cindy Fox, second vice president, Sharel Cash, third vice president, Anthony Swaby, fourth vice president, Laverne Wildgoose, treasurer, Natasha Gibson, secretary and Freddie Brown, commissioner.

"I think I have a good slate of officers. Based on our executive meetings we've had thus far, it's a good slate of persons who are willing to work," she said.

"I think they have all been working very hard trying to get all of the things that we want accomplished, accomplished for this league. So it's a good hard working aggressive team."

On November 7 at the D W Davis Gymnasium, the



SIMONE BENEBY

Photo by Tim Clarke/Tribune staff

league is expected to officially start its 2009/2010 regular season. But over the weekend of October 23-24, there will be a pre-season jamboree.

Along with Beneby's Electro Telecom, the league is once again expected to be made up of six teams. Among them are defending champions Johnson's Lady Truckers, runners-up Bommer George Lady Angels, Sunshine Auto Lady Cheetahs, the Royal Bahamas Defense Force and the Junior Nationals.

The part-time Gospel comedian said she intends to be back as the coach of the Lady Queens, but if it

becomes a conflict of interest, she will have no problem relinquishing her duties.

In the meantime, Beneby said her aim this year is to get some key elements into the women's league.

"We're in the process right now of creating a web page that would give our audience some information on the league, outside of just our game time," she pointed out.

"We want to provide them with some information on the past players, the history of the league and some of the legends who played the game."

Additionally, Beneby said they are also going to focus on developing a feeder sys-

SPORTS INBRIEF

BASKETBALL CYBOTS WIN TITLE

COACH Wayne Watson and his Electro Telecom Cybots celebrated another milestone on Saturday night at the D W Davis Gymnasium.

Fresh off winning the New Providence Basketball Association title, Watson and his Cybots captured the Bahamas Government Departmental Basketball Association crown. They did it by dethroning the Police Crimestoppers 103-91 in the fourth game of their best-of-five championship series. They ended up taking a 3-1 decision in the showdown.

Mark Hanna led the attack for the Cybots with a game high 39 points. Billy Sands added 18. Valentino Richardson scored a side high 37 and Adorn Charlow chipped in with 18 in a losing effort.

BOXING MACKEY OFF TO CANADA

JERMAINE 'Choo Choo' Mackey and his handlers, Ray and Michelle Minus, are scheduled to leave town today for Montreal, Canada, where Mackey will fight Haitian-born Canadian Adonis 'Superman' Stevensen on Friday night at the Bell Center.

tem for the league where they incorporate the high school system so as to attract a lot of the younger players.

"We want the younger girls who don't get the opportunity to go off to school to be able to look at this as a viable alternative where we can have some coaches from the United States come and see them," she said.

"In term, we hope to send some of our teams off to the United States to play in tournaments so that the coaches over there can also see them with the view of getting some of them off to school."

The league, according to Beneby, is also looking at the possibility of generating some revenue where they can eventually get in one or two live television games.

The fight comes after Mackey spent three weeks in Berlin, Germany, sparring with world champion Mikkel Kessler in August and it comes just before Mackey gets set to defend his British Commonwealth title against Charles Adamu of Ghana next month at the Kendal Isaacs Gymnasium.

SOCCER COB LOSES DOUBLE HEADER

THE College of the Bahamas' men and women soccer teams both lost their soccer matches to Webber International University as they concluded their tour of the Sun Belt Coast in Florida.

While the men lost 5-1, the women were whitewashed 12-0.

The men's soccer team is now expected to participate

in the Bahamas Football Association's senior league, which commences on October 25, while the women's team will commence its off-season programme for next Fall's season.

VOLLEYBALL COB PREPARES FOR SEASON

THE College of the Bahamas will continue its Athletics calendar with their women's volleyball team traveling to Miami, Florida, to play St Thomas University and Florida Memorial University over the weekend of October 16-17.

In preparation for the collegiate tour, the Lady Caribs will play in the New Providence Volleyball Association (NPVA) that starts play this weekend at the D W Davis Gymnasium.

Greenhouse FOR Duncan TOWN

WORDS OF WISDOM



THE BAIC CHIEF offers words of encouragement to students of the Ragged Island Public School.

DUNCAN TOWN, Ragged Island –

In an effort to boost food production in far-flung communities, the Bahamas Agricultural and Industrial Corporation is donating a greenhouse to the public school here.

And, to help get the programme underway, BAIC is contributing \$500 for seeds and fertilisers, executive chairman Edison Key said.

Mr Key headed a team which travelled to Ragged Island last weekend for the presentation of certificates to persons BAIC trained in straw craft.

They were joined by Exuma and Ragged Island administrator Ivan Ferguson, BAIC's assistant general manager in charge of handicrafts Donnalee Bowe and executive secretary Lovelee McQueen.

The craft graduates were: Sade Lockhart-Bain; Rhesa Boodram; Lovell Lockhart; Nino Frances, Jr; Ashton Brooks; Myron Lockhart-Bain, Jr; Verva Wallace; Charlene Lockhart-Bain; Angela Cyrille; Elma Wilson, and Pauline Maycock. They were tutored by celebrated craft trainer Eloise Smith.

Using silver top palms and sisal plants, they produced a variety of bags, hats, caps, and mats, utilising popular Bahamian plants. Goat skin mats were also featured.

A successful farmer himself, Mr Key urged Ragged Islanders to focus on feeding themselves and lessening their dependence on foreign imports.

"There is no reason why we can't start producing our own food even right here in Ragged Island," said Mr Key to a rousing round of applause.

"I know you are self-sufficient in conch and fish, but plant whatever fruit trees you can find. They will grow right here. And we will do everything we can to help you."

More than \$500 million in food is imported each year, he said. "Why are we not producing even a quarter of that amount? Do you know how many thousands of jobs that can create?"

Mr Key commended Ragged Islanders for the "excellent quality" of their straw work.

He urged them to tap into the more than \$200 million souvenir market, which is currently being supplied by imports from other countries.

"Let us teach our people to produce these products. There is a tremendous market for them," he said.

"Let us take advantage of everything we can in developing our people to be an active part of the economy. We want to make sure that Ragged Island is not left out."

Ragged Island and Exuma administrator Ivan Ferguson congratulated Mr Key for "the excellent work you are doing in this country."

"I see this as a stepping-stone for bigger and better things to happen on Ragged Island," he said.

"One of our problems is that we do not prepare our people adequately to meet the challenges of this global community."

"Mr Key and BAIC are preparing Ragged Islanders for what is expected to come to this island. They are empowering the people of this country."

WELCOME TO RAGGED ISLAND



MR EDISON KEY pledges his support for Ragged Islanders.

MR EDISON KEY AND HIS TEAM were warmly received in Ragged Island. A contingent from the public school joined community leaders in welcoming them.

PHOTOS:
Gladstone
Thurston
/BIS

GRADUATES WITH CERTIFICATES



RAGGED ISLAND graduates of the BAIC straw craft programme show off their certificates in this photo with executive chairman Edison Key and community leaders.

AUTHENTIC GOAT SKIN



MR EDISON KEY is presented with an authentic Ragged Island goat skin. Pictured from left are: chief councillor Phicol Wallace, secretary for local government Charlene Lockhart-Bain, Mr Key, and Ragged Island and Exuma administrator Ivan Ferguson.

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Construction reality worse than statistics with '50% less starts'

By NEIL HARTNELL
 Tribune Business Editor

THE Bahamian Contractors Association's (BCA) president yesterday said that while official figures showed mortgage commitments for new construction fell by 26.1 per cent year-over-year for the 2009 second quarter, the marketplace reality was far worse with "50 per cent less starts" as financing recipients held off on their projects.



WRINKLE

Stephen Wrinkle said Central Bank of the Bahamas' data showing that mortgage commitments for new construction and repairs - both residential and commercial - fell by 26.1 per cent to \$56.1 million for the three months to June 30, 2009, was "better news than what we expected".

However, he suggested there was a disconnect between those figures and was actually occurring in the Bahamian construction market, with recipients of bank debt financing reluctant to commence new builds due to the lack of confidence caused by the recession.

"Our impression is that only 25 per cent of mortgage applications are currently being approved," Mr Wrinkle told Tribune Business. "I'm sure that's in keeping with what's happening in the marketplace. We probably started to see a fall in that this time last year, but I'm surprised that's [the 26.1 per cent drop] all it is."

Mortgage financing actually released to borrowers for new construction and repairs fell by 25.4 per cent to \$64.3 million during the 2009 second quarter, providing further evidence of the weakening economy and its impact on the housing and construction sector.

"It seems like there's less work in the marketplace," Mr Wrinkle told Tribune Business. "The numbers may say different, but there appears to be more of a fall-off in the marketplace than that."

"It seems as if those people who received approvals may not have proceeded with their projects. As a result, there's some disparity

SEE page 2B

Coca-Cola distributor plans 2011 plant open

By CHESTER ROBARDS
 Business Reporter
crobards@tribunemedia.net

Coca-Cola's Bahamian bottler and distributor has matched its global counterparts through unwavering sales demand for its products, its president telling Tribune Business yesterday that

Ground broken for new facility on Tonique Williams-Darling Highway, with construction and transfer to take two years

its new bottling plant will come on stream by 2011.

Walter Wells, head of Caribbean Bottling, revealed that the company broke ground for the new plant on Tonique Williams-Darling Highway

last month, and expects the construction and transfer from the current Thompson Boulevard location to take two years.

Mr Wells said the new plant will leave the company better positioned

to move with the market and meet demand when the Bahamian economy turns around.

"We're upbeat and optimistic about

SEE page 6B

Fashion show suffers 'offset' impact from the recession

By NEIL HARTNELL
 Tribune Business Editor

BAHAMIAN designers "have not moved as aggressively as they could" to develop a local fashion industry through exploiting events such as Miss Universe, the organiser of an upcoming Bahamas-based fashion show saying yesterday that his event had both benefited and been negatively impacted by the global recession.

Owen Bethel, president and chief executive of the

- * While designer numbers set to drop from 38 to 20 at Islands of the World, cancellation/downsizing at other Caribbean events set to boost buyer attendance
- * Bahamian designers 'have not moved as aggressively as they could' to develop local industry
- * Miss Universe designer approached by 'major buyer' for purchases, with local sector having potential to generate 'fashion tourism'

Nassau-based Montaque Group, whose Modes Illes subsidiary is currently organising the second Islands of the

World fashion show, said that while the designer line-up had

SEE page 4B

Bahamas pursues investment and double tax deals 'where offered'

By NEIL HARTNELL
 Tribune Business Editor

THE Government is pursuing double taxation agreements and investment treaties with all countries offering those options in negotiations over Tax Information Exchange Agreements (TIEAs), a minister saying yesterday that he was "confident" the Bahamas would meet the necessary standards by the required deadlines.

Zhivargo Laing, minister of state for finance, told Tribune Business that the Government's negotiations were "going extremely well" as it seeks to meet the G-20/OECD minimum requirements of having 12 TIEAs in place by year-end.

When asked whether the Bahamas was likely to meet the deadline it had set itself to implement its commitments on tax transparency and the exchange of tax information, Mr Laing told this newspaper: "I'm very confident that we will."

"I think our negotiations

with any number of countries are going extremely well. We have reached very satisfactory conclusions with any number of them."

Michael Paton, a former Bahamas Financial Services Board (BFSB) chairman, told Tribune Business last week that his only concern was that this nation did not run into trouble with the G-20/OECD

by failing to meet its commitments as a result of their members' "scheduling conflicts".

He expressed concern that some might say they were too busy to conclude a TIEA with the Bahamas in the timeframe this nation had committed to,

SEE page 5B

'We want to be nearer forecasts'

By NEIL HARTNELL
 Tribune Business Editor

GOVERNMENT revenues are still \$30 million behind 2009-2010 Budget predictions, the minister of state for finance said yesterday, with the Government wanting "to be nearer forecast than that".

With the first quarter of the Government's 2009-2010 fiscal year due to end on September 30, Zhivargo Laing said it was "much too early" to say whether Budgetary forecasts and spending plans would have to be adjusted, indicating the Government would see how revenue trends fared for the remainder of 2009.

"We are still looking at \$30 million or so behind forecast, so that's something which we will continue to keep under watch. We'd like to be nearer forecast than that," Mr Laing told Tribune Business.

He explained that the Government was also watching to see if there was the same kind of steep decline in revenue that occurred post-September 2008, when Lehman Brothers collapsed and nearly took the global financial system and economy with it.

Mr Laing also said that year-over-year revenue comparisons were "much narrow-

Government revenues still \$30m behind forecast, but 'much too early to say' whether Budget predictions have to be revised or spending cuts occur

SEE page 2B

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BUSINESS

Realtor to outline 'vision' for Abaco

AN independent real estate broker and consultant, and past local government executive, Ann Albury, is the 'vision speaker' at the upcoming Abaco Business Outlook.

The sixth Annual Abaco Business Outlook Seminar is scheduled for tomorrow at the New Vision Ministries Centre in Marsh Harbour, Abaco, and Ms Albury will give those attending a visual of Abaco past, Abaco present and a taste of what's to come in Abaco's future.

"We are going to take a look at where Abaco was and what it has evolved into," said Ms Albury. "We are also going to explore what we are

hoping for futuristically."

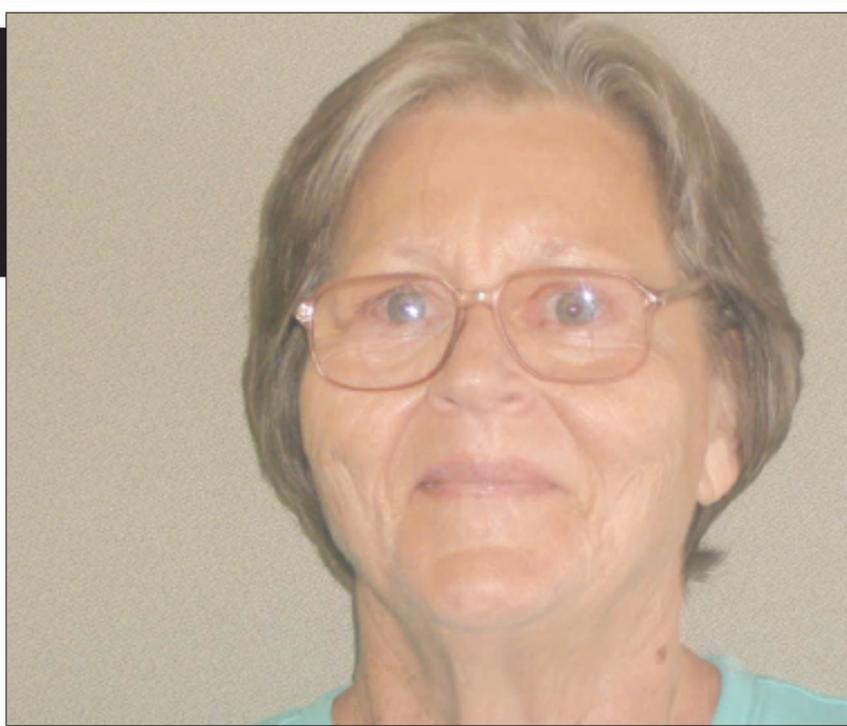
A Justice of the Peace, Ms Albury is also a former member of North Abaco District Council, a former member of the North Abaco Licensing Board and the deputy chairman of North Abaco Town Planning.

She served on the Ministry of Tourism's advisory committee, is a founding member of the Abaco Swim Club and is a director of both the Abaco Chamber of Commerce and Friends of the Environment.

The seminar's keynote speaker is Senator Vincent Vanderpool-Wallace, minister of tourism and aviation.

Other speakers include Eric Carey, executive director, Bahamas National Trust; Algernon Cargill, director, National Insurance Board; Isaac Collie, lawyer and economist; I. Chester Cooper, president and chief executive, British American Financial; Rev Lennie Etienne, president of Abaco Farmers Cooperative Society; and Dr Pearl McMillan, director of Public Health.

Abaco Business Outlook is a one-day seminar coordinated by The Counsellors. The seminar, in its sixth year, is themed: *Renewed Optimism: Embracing New Opportunities*.



ANN ALBURY is the 'vision speaker' at the upcoming Abaco Business Outlook...

Construction reality worse than statistics with '50% less starts'

FROM page 1B

between what those figures are saying and what is happening in the marketplace. Some people may be qualified and not moving forward, because they're afraid of what is happening.

"It's better news than we expected, but the physical marketplace indicates there is less than that going ahead. There may be 25 per cent less approvals, but 50 per cent less starts."

Further depressing the

Bahamian construction industry is the more than 50 per cent contraction in foreign purchases of this nation's land and real estate during the 2009 second quarter, which fell to \$50 million. Net foreign direct investment inflows into the Bahamas during those three months fell by 20 per to \$175.8 million, a \$43.6 million decline from the previous year's \$219.4 million.

The BCA president told Tribune Business there was no sign that the current trends impacting the Bahamian con-

struction industry would turn-around soon.

He added: "Many contractors are struggling, and it's due to circumstances beyond the ordinary person's control and, indeed, the Government's control. None of this will resolve this without a stimulus by external forces. Baha Mar represents the brightest hope of turning this trend around."

Mr Wrinkle said major construction projects, such as mixed-use resort developments, usually translated into smaller and medium-sized developments that Bahamian contractors could work on, yet the sector was suffering from an almost-total absence of these currently.

With foreign direct investment, the key driver of the Bahamian economy, down by anywhere between 20-33 per cent and no recovery imminent, the BCA president urged Bahamians to "take control of our own destiny" by investing more in their own economy.

"Right now, there's a lot of vacant commercial space on the island, and a lot of businesses are struggling," Mr Wrinkle said. "We will see some filtering out of commercial businesses. It's going to take us a little while to fill

this void. Unless we generate some internal income for the country, we will be dependent on external forces."

He called for Bahamians to "put together or be part of the [major] deals" to reduce the reliance on foreign direct investment, but acknowledged that due to exchange control restrictions it was very difficult for them to raise debt financing at rates and terms that were competitive with foreigners.

"It's coming to catastrophic proportions," Mr Wrinkle told Tribune Business. "Unless we have a national development plan we can work on, we're just going to continue treading water."

"I know of two major developments in Nassau, not Albany, where foreigners got permits to come in and buy the land, develop it and then sell it back to Bahamians at a huge profit, taking the money out of the country."

"I think that's inherently wrong, just because they have access to financing and foreign money. That has prevented Bahamians from accessing that development market. We have to focus on changing that, otherwise we'll keep on bleeding money out of here."

'We want to be nearer forecasts'

FROM page 1B

INSIGHT
For the stories behind the news, read *Insight on Mondays*

er, much more in line" with the year before.

He added: "The revenue forecast is important to us in the sense that you predicate your expenditure on that. Clearly, one has to look at revenue and how it has performed, and make some determinations, if that performance has lapsed, for what you said you wanted to do. That has to be taken into consideration, along with other factors."

However, he added that it was "much too early for us to say" whether spending cuts would result if government revenues remained stubbornly below forecast.

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FirstCaribbean sees 14.1 per cent drop in profits

FirstCaribbean International Bank (Bahamas) suffered a 14.1 per cent decline in net income to \$49.205 million for the first nine months of its 2009 financial year, a drop largely caused by a 34.8 per cent increase in loan loss provisions.

The bank, the largest listing on the Bahamas International Securities Exchange (BISX) by market capitalisation, has been impacted by the same deterioration in asset/loan portfolio quality as other institutions, forcing it to raise provisions for the nine months to July 31, 2009, to \$20.253 million compared to \$15.026 million in 2008.

With total income flat at \$121.452 million, the \$5 mil-

lion loan loss provision increase and almost \$3 million rise in operating expenses - due to bank licence fee increases and salary rises associated with a union agreement - caused net income for the first nine months to fall to \$49.205 million, compared to \$57.263 million the year before.

For the third quarter, FirstCaribbean saw net income fall by 27.2 per cent to \$19.436 million, compared to \$26.706 million in 2008. The fall was largely induced by a \$5 million swing in operating income, which fell from \$13.348 million to \$7.835 million.

In his message to FirstCaribbean International Bank (Bahamas) shareholders,

chairman Michael Mansoor said the bank had been able to grow its loan book by \$139 million or 6 per cent to \$2.609 billion during the first nine months despite the recession.

Mr Mansoor added that for the first nine months of fiscal 2009, FirstCaribbean International Bank (Bahamas) saw operating income improve by \$4 million to \$15.5 million, although lower international interest rates - partially offset by the increased loan volume - caused net interest income to drop by \$3.9 million to \$105.9 million.

Mr Mansoor said the bank remained well-capitalised with a Tier I capital ratio of 17.7 per cent, well above the minimum 14 per cent requirement.

Legal Notice

NOTICE

CABEX INTERNACIONAL LTD.

Notice is hereby given that the winding up and dissolution of **CABEX INTERNACIONAL LTD.** has been completed in accordance with the Articles of Dissolution and that the Company has been struck from the Register of Companies on the 12th day of August, 2009.

**Maria M. Fèrère
Joint Liquidators**

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Applicants should also be capable of the following:

1. Management and servicing of loan portfolios involving Spanish lending officers and clients, liaison with other group units.
2. Good organizational and planning skills.
3. Effective management and supervision of Credit Risk Department.
4. Excellent communications skills in both English and Spanish essential.
5. Be proficient in all Microsoft Office applications.

Applications in writing with details of education and experience should be addressed to the Human Resources Manager, P.O. Box N-1682, Nassau, Bahamas not later than October 9, 2009.

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BUSINESS

Fashion show suffers 'offset' impact from the recession

FROM page 1B

been affected by the global economy, the Bahamian event was likely to benefit from an increased audience as other Caribbean shows cancelled.

Acknowledging that this year's Islands of the World designer line-up was "actually reduced to about 20 designers, compared to 38 at last year's inaugural event, Mr Bethel told Tribune Business: "We cut back on a lot of persons who really were not ready to produce what the buyers wanted them to do.

"A number of designers also came back to us and said they were prevented from coming because of the economic and financial situation.

"We had applications from 30 designers this year. Out of that, we said 'no' to about five because they were not prepared, while three to four said they had to pull out at the last minute because of the financial situation, with sponsors withdrawing."

While 20 designers was "a good practical number" to work with for Islands of the World, Mr Bethel said his main disappointment was that representatives from all geographical regions - especially those from further afield - would not be present.

"Those are designers able and prepared to carry through their designs on a consistent basis, able to consolidate them from season to season," Mr Bethel said of those would present during Islands of the World fashion week.



OWEN BETHEL

"I don't think we have any regrets in terms of numbers, but the disappointment is that designers from the Pacific Islands and the Indian Ocean are not represented because of the costs. We have one from Madagascar, when last year we had designers from Fiji, Indonesia and Mauritius."

But, on the positive side, Mr Bethel said Islands of the World was likely to experience a boost in buyer, fashion industry and media attention as a result of other Caribbean nations cancelling their own fashion weeks.

Pointing to the fact that the Virgin Islands had just cancelled its own fashion week, he added: "A number have downsized or cancelled altogether their Fashion Weeks.

"The interest in our event has continued, and we're getting a lot of media coverage worldwide. I know a number of those who were planning to go to the Virgin Islands and Trinidad are coming here for this fashion week. What number that might be, I have no idea."

Yet moves by Bahamian designers to exploit the foundation and exposure events such as Islands of the World, plus the recent Miss Universe Pageant, have generated for them have been slow.

"I don't think the local designers have moved as aggressively as they could or as one might have thought they would," Mr Bethel said. "I think there's a lot of room and opportunities for them to take the industry to the next level.

"That may be the result of two things. One is a factor of the economic situation and the financial impact that has had on a number of designers. The second is just not having a full grasp of the business and marketing side of the business, as opposed to the creative side - just designing.

"It will be a learning process that they will have to undertake. A lot of appetites have been whetted, but they have generally not had the ability to take advantage of any initiative built on that enthusiasm."

As an example of what these events could generate, Mr Bethel said "a major buyer" who attended the Miss Universe Pageant's Fashion Show had been in touch with one of the three Bahamian

designers whose products were showcased by the contestants, with a view to purchasing their products.

Development of a thriving home grown Bahamian fashion industry holds tremendous potential for this nation, as it could help diversify the economy and, more significantly, act as a foreign exchange earner if garments and designs could be exported.

Acknowledging that the sector held "that value" for the Bahamas, Mr Bethel said it could also create 'fashion tourism' for this nation. "Where it does have that ability to be exposed through tourism, tourists can see it has quality, is something they can buy and brings value to them," Mr Bethel added.

Developing a strong Bahamian fashion industry could also generate jobs for technicians, such as make-up artists and stylists, plus designers and creators of the actual fabric - such as Bahama Hand Prints and Androsia, both of whom were featured in the Miss Universe Pageant designs.

Mr Bethel said the sector could also be developed as "a cottage industry" from people's homes, avoiding the need for great overhead costs.

Of the 20 designers set to be featured at Islands of the World, some four to five Bahamians will appear in the 'next generation' section, with another two among "the more seasoned designers".

Islands of the World will be held from November 4-8, 2009, at the Sheraton Cable Beach Resort.

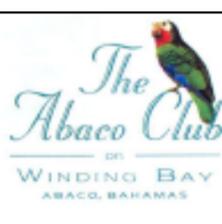
NOTICE

In the Estate of **DARNELL AMY DEVEAUX**, late of Sea Breeze Lane in the Eastern District of the Island of New Providence, one of the Islands in the Commonwealth of The Bahamas, Civil Servant, Deceased.

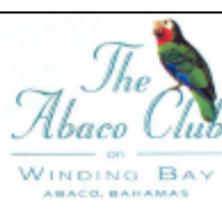
NOTICE is hereby given that all persons having any claims or demands against the above-named Estate are requested to send the same duly certified in writing to the undersigned on or before Friday, the 25th day of September, A.D. 2009, after which date the Administratrix will proceed to distribute the assets of the deceased among the persons entitled thereto having regard only to the claims of which the undersigned shall then have had notice.

AND NOTICE is hereby given that all persons indebted to the said Estate are requested to make full settlement on or before the date hereinbefore mentioned.

DUPUCH & TURNQUEST & CO.
Chambers
308 East Bay Street
P. O. Box N-8181
Nassau, Bahamas
Attorneys for the Administratrix



Job Vacancies



Multi-Unit General Manager

Position Summary

The "Multi-Unit General Manager" function is the primary strategic business leader of seven (7) business entities spread between two locations in Jupiter, Florida AND Abaco, Bahamas.

Position oversees the development and implementation of club strategies and ensures implementation of the brand service strategy and brand initiatives. The position ensures that the clubs' operations meet the brand's target customer needs, maximizes associate satisfaction and focuses on growing revenues and the overall financial performance of all departments. As the leader of both properties' Guidance Teams, M-UGM develops and implements Club-wide strategies that deliver products and services to meet or exceed the needs and expectations of the brand's target customer and associates and provides a return on investment to the owners and the Company.

Expected Contributions

- Energizes the Gold Standards of the Company and ensures brand initiatives are implemented to meet or exceed member, employee and financial expectations. Continuously challenges the team to improve operations, and ensures compliance with brand standards to protect brand integrity.
- Leverages synergies among both properties to maximize market penetration, operational excellence, and overall business performance.
- Selects, develops and retains a diverse leadership team capable of delivering the expected performance contributions and with growth potential, and holds others accountable for doing the same. Leads the guidance team and leverages additional corporate and regional resources to develop and implement destination club-wide strategies that are aligned with the company's Key Success Factors. Facilitates talent development and leverages opportunities to share and maximize talent among the Areas Clubs and Residences.
- Focuses the team on delivering services and products to meet or exceed owner expectations, create owner loyalty, and grow market share. Builds relationships with key customers.

Qualifications

- 4-year bachelor's degree in Business Administration, Hotel and Restaurant Management, or related major
- 15+ years of progressive experience in private club industry with exposure to multiple disciplines
- Prior General Manager or equivalent experience in a luxury market environment
- Property Management certifications required by the State of Florida
- Prior multi-property oversight preferred

Skills & Knowledge

- Leadership - Visible, proactive, personally involved leader with excellent organizational skills, capable of providing focused leadership and contributing to establish the club and residences prominent position within the market. A well-developed capability for strategic decision-making and a track record of proven results in the areas of customer satisfaction, operational excellence, employee satisfaction, revenue and profit.
- Financial Acumen - Business savvy leader with demonstrated financial acumen, capable of providing strong P&L results oriented financial leadership.
- Operations - Excellent sense of product and service quality, a passion for excellence and an understanding of the sophisticated needs of the luxury customer. Creative and innovative operations leadership, capable of delivering products and services that will differentiate the clubs and residences in the region's luxury residential market.
- Governance - Property Management designations or certifications required by the State of Florida are required. Responsible for Rules and Enforcement, Property Maintenance, Services Communications, Finances, Administration, Asset Protection and assistance with Policy Development all in accordance with local and state statutes.

Director of Operations

Position Summary

Functions as the strategic business leader of food and beverage/culinary operations and acts as General Manager in his/her absence. Areas of

responsibility include: Front Office, Business Centre, Recreation/Fitness Department, Retail/Gift Shops, Housekeeping, Food and Beverage/Culinary and Event Management. Position oversees the development and implementation of departmental strategies and ensures implementation of the brand service strategy and brand initiatives. The position ensures that food and beverage/culinary operations meet the brand's target customer needs, maximizes associate satisfaction, focuses on growing revenues and the overall financial performance of the departments. As a member of the Guidance Team, develops and implements hotel-wide strategies that deliver products and services to meet or exceed the needs and expectations of the brand's target customer and associates and provides a return on investment to the owners and Ritz-Carlton.

Responsibilities

- Demonstrating Leadership
- Achieving Goals
- Exceeding Customer Expectations
- Improving Profit
- Maintaining Balance Between Profit and Service Satisfaction
- Guiding, Directing, and Motivating Subordinates
- Destination Club and Residential Management

Qualifications

- 4-year bachelor's degree in Business Administration, Hotel and Restaurant Management, or related major
- 5 years experience in executive management position in a five star resort
- Ritz-Carlton Hotel or Destination Club experience preferred

Skills & Knowledge

- Customer and Personal Service - Knowledge of principles and processes for providing customer and personal services. This includes customer needs assessment, meeting quality standards for services, and daily evaluation of existing customer satisfaction measurement processes.
- Management of Financial Resources - Determining how money will be spent and available resources utilized to get the work done and daily accounting for these expenditures.
- Analytical/Critical Thinking - The ability to gather and organize information using a logical and systematic process; recognize patterns and relationships in complex data; examine data to identify implications, problems and draw appropriate conclusions; generate alternative solutions to problems; evaluate strengths, weaknesses and consequences of alternative solutions and approaches to solving problems.
- Applied Business Knowledge - Understanding market dynamics involved in running a private membership club under development, enterprise level objectives and important aspects of ultra-luxury club / resort business to accurately diagnose strengths and weaknesses, anticipate opportunities and risks, identify issues, and develop strategies and plans. Aligning individual and team actions with strategies and plans to drive business results.

Pastry Chef

Position Summary

Create and maintain a positive work environment through coaching and leading staff while establishing creative and exciting menu products, both appetizing and visually appealing. Work and maintain good working relationships with other work areas. Meet with meeting planners and social catering event coordinators to develop personalized dessert products. Direct, train and monitor performance of Pastry staff. Maintain organization, cleanliness and sanitation of work areas and equipment.

Essential Job Functions

- Train, coach, lead and hold Pastry team accountable to the job functions listed below. Meet daily to review assignments, schedules, anticipated business levels, employee performance issues and other information pertinent to job performance.
- Maintain and strictly abide by sanitation/health regulations and the hotel's food safety program requirements. Ensure all Pastry employees maintain food handlers' certification.
- Meet with Executive Chef to review assignments, anticipated business levels, changes and other information pertinent to the job performance

on a daily basis.

- Prepare and assign production and prep work for Pastry staff to complete; review priorities.
- Communicate additions or changes to the assignments as they arise throughout the shift. Identify situations, which compromise the department's standards and delegate these tasks.
- Prepare amenity orders for room service in accordance with specified requirements and hotel standards.
- Prepare all dishes following recipes and yield guides, according to Ritz-Carlton standards.
- Monitor performance of Pastry staff and ensure all procedures are completed to the department standards
- Assist Pastry staff wherever required to ensure excellent service to guests.
- Ensure all Pastry staff assignments are completed before they leave work area.
- Review status of work and follow-up actions required with the Executive Chef before leaving.

Qualifications, Skills & Knowledge

- Certification of culinary training or apprenticeship.
- 5 years experience in F&B leadership position at a luxury club, hotel or restaurant.
- Knowledge of food and beverage cost controls.
- Ability to plan and develop menus and recipes.

Director of Sales

Position Summary

Designing, implementing and continuously evaluating all sales processes; Maintaining content and direction on Training and Motivation of Sales Leadership and Field Sales Force; Developing and maintaining visibility over Sales Standards and Accountability Measures; Providing related sales input to New Site Feasibility and Business Planning Processes

Essential Job Functions

- Monitor and evaluate sales processes while maintaining visibility over daily sales progress against budgets
- Create and implement specific sales and marketing field operations best practices, policies and guidelines
- Create and implement structured sales presentation training and sales executive evaluation
- Develop sales management training programs as well as create system succession strategy to identify/groom key sales professionals
- Ensure performance management is implemented and maintained consistently across the system
- Review all sales related assumptions in the feasibility process, ensuring strategic and operational reasonableness, comparability among PEPS, budgets, forecasts and LRP
- Provide Brand with product and business development recommendations. Relate information regarding competitive tactics and products.

Qualifications, Skills & Knowledge

- College degree
- Minimum of ten years in the vacation ownership industry
- Minimum of five years ownership sales and sales management experience
- Strong verbal and written communications skills; ability to communicate effectively with senior management
- Experience in designing products, processes, policies and training manuals
- Ritz-Carlton Club experience preferred

Please send resume to the attention of:

Director of Human Resources
The Abaco Club on Winding Bay
P.O. Box AB-20571
Marsh Harbour, Abaco
Bahamas

OR

Email: Freddie.Munnings@ritzcarlton.com
Deadline for applications is Friday, September 25, 2009

Bahamas pursues investment and double tax deals 'where offered'

FROM page 1B

meaning that it would be unfair for the G-20/OECD to take action against this nation because it was their members who had caused the problem.

However, Mr Laing's optimism indicates this is unlikely to be an issue.

The Bahamas, having signed its first TIEA with the US in January 2002, concluded its second, with fellow international financial centre Monaco, last week, thus leaving it requiring 10 more before year-end to meet G-20/OECD requirements.

In addition, the Bahamas and Monaco are also negotiating a double taxation treaty, something that would see the latter's residents, for example, taxed only in the Bahamas on assets, income and business interests held/generated here, and not in Monaco.

Confirming that the Government was pursuing double taxation and international investment treaties with all nations where this was an option, Mr Laing confirmed: "To the extent to which countries may offer that possibility, clearly we are minded to go that route. I believe that is in keeping with our long-term interests.

"All of the things that allow us to be a leading jurisdiction for international investment

we are seeking to include in discussions with countries we are negotiating with."

The Government previously stated it had started negotiations on tax information exchange agreements with Canada, the United Kingdom, Australia, Spain, Germany, France, Turkey and the Nordic countries (Norway, Sweden, Finland, Denmark, Iceland, Greenland the Faroe Islands).

The Bahamas added that it had also initiated discussions on tax information exchange agreements with China, and proposed to do the same with Brazil, Mexico, Japan, Ireland, South Africa and India. Meanwhile, Mr Laing said it was "difficult to know what more" the Bahamas could do to form a satisfactory relationship on tax matters with the US other than have a TIEA with Washington.

Influential Democratic senator Carl Levin last week demanded that international financial centres and their institutions be barred from accessing the US and international financial systems if they 'fail' to aid the fight against tax evasion, and urged the Obama administration to broaden the scope of TIEAs beyond requests for specific taxpayer information to a catch-all demand for details on all US citizens.

While he had not seen the

Senator's comments, Mr Laing said yesterday: "It's worth noting that we have a TIEA with the US, and I don't know what more we can do in respect of that than have that kind of relationship with the US.

"I cannot be responsible for how the Senator is reviewing the matter, but I do know we have an arrangement that is an internationally acceptable standard in respect to how these matters are dealt with."



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Career Opportunity

SENIOR TRUST MANAGER

J. P. Morgan is currently seeking applications for a Senior Trust Manager.

The successful candidate will work with Trust and related partners to ensure that fiduciary services are delivered in a manner consistent with all legal, regulatory and internal requirements. The candidate will also serve as a technical resource to wealth advisors, investors and relationship managers. The Senior Trust Manager will be expected to develop direct relationships with clients and have the flexibility to travel.

Prospective applicants should have 6+ years of trust experience, with 3+ years in mentoring others. A bachelor's degree or a professional qualification ideally in law with strong analytical skills; knowledge of investment product services, fiduciary and trust regulatory requirements and onshore and offshore jurisdictions; excellent written/verbal communication and creative problem solving skills; and the ability to assess risk in fiduciary and trust matters.

J.P. Morgan Private Bank offers competitive compensation and benefits packages. Interest applicants should submit their resume/ curriculum vitae marked "Private and Confidential" to the Human Resources Manager, J.P. Morgan Trust Company (Bahamas) Limited, P.O. Box N-4899, Nassau, Bahamas.

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Client Relationship Officer Vice President

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EFG International is a global private banking group headquartered in Switzerland, offering private banking and asset management services. EFG International's private banking businesses currently operate in 55 locations in over 30 countries, with circa 2,400 employees.

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We are looking for a seasoned professional with at least 10 years of sales and marketing experience in providing financial solutions to high net worth clients and companies. Specifically, we require a professional fluent in Portuguese, Spanish and English. The candidate must possess a solid knowledge of investments, banking and trust services. The ability to service and grow his/her own client book is extremely important. EFG provides a unique and uninhibited global marketing opportunity, an open architecture platform, and multiple booking centers.

The candidate must have a university degree. The individual must have the required qualifications and accreditations to be registered with The Bahamas Securities Commission. The ability to go on frequent business development trips and work within very tight deadlines is also a necessity.

EFG offers an attractive compensation plan that includes salary, benefits and a bonus structure directly related to profitability. Salary will be determined by experience, and qualifications.

Only qualified professionals should submit applications by 9th October 2009 to:

**EFG Bank & Trust (Bahamas) Ltd
Human Resources
Centre of Commerce, 2nd Floor
1 Bay Street
P.O. Box SS 6289
Nassau, The Bahamas
Fax (242) 502-5487**

BSI

BSI OVERSEAS (BAHAMAS) LIMITED

BSI Overseas (Bahamas) Limited, Nassau, Bahamas, an established international private bank, with its headquarters in Lugano, Switzerland, is presently accepting applications for

PRIVATE BANKING RELATIONSHIP MANAGER/MANAGED PORTFOLIOS ADMINISTRATOR

Applicants for the position of must have a banking/financial degree or 7-10 years experience in the offshore banking sector, have knowledge of international investment instruments & money market, ability to partner with team members, must be confident regarding customer relations, investments & portfolio management and have thorough knowledge of local legislation, regulatory & statutory matters as well as international banking practices. Fluency in Italian is absolutely required.

Personal qualities :-

- Excellent organizational, communication and computer skills
- Goal-oriented, self-motivated, positive attitude and outlook
- Commitment to quality and service excellence
- Able to work with minimal supervision
- Strong Team attitude
- Financial and analytical background
- Flexibility in office hours and hands-on approach when necessary
- Must be able to work under pressure

Responsibilities :-

- Service & advise customers
- Maintain & follow up account relationships
- Liaise directly with customers or their investment advisors
- Monitor, analyze positions and evaluate reports
- Ensure that managed portfolios are implemented according to the relevant policies
- Liaise with Portfolio Managers and other Relationship Managers on
- Meet deadlines on timely basis

Interested persons with such qualifications should submit their resume/curriculum vitae to:-

**Human Resources Manager
BSI Overseas (Bahamas) Limited
Goodman's Bay Corporate Centre
P. O. Box N-7130
Nassau, Bahamas**

Fax no. (242) 502 2303 or email: ruby.kerr@bsibank.com

(ABSOLUTELY NO PHONE CALLS PLEASE)

Only applicants having the above attributes will be contacted

BUSINESS

Coca-Cola distributor plans 2011 plant open

FROM page 1B
the future," he said.

Mr Wells said Caribbean Bottling has steady sales numbers year-over-year for 2009

to date, despite the decline in tourist arrivals that affected hotel and resort demand for

soft drinks.
Mr Wells said efficiency upgrades to the existing plant

and effective budgeting have kept the company in good stead through 2009.

uct and branch out in other directions.

Taxation

"We are watching our pennies," he said. "Generally, things are progressing well."

The Coca Cola brand was voted best global brand this year, carrying a value of \$67.5 billion.

According to business-week.com, the company has seen only a 1 per cent decline since 2005, due to a waning demand for sodas, but it has released a host of other products to keep the brand marketable.

Locally, Caribbean Bottling produces multiple products, including Fanta sodas, Schweppes and, recently, V8.

Mr Wells said the company would like to shift its focus away from carbonated prod-

With the US eyeing the taxation of carbonated drinks, Mr Wells said he was not sure how it might affect the importation of sodas into the Bahamas, but suggested it may simply be a point-of-sale tax that won't be transferred.

As Caribbean Bottling invests in its new plant it has also set out a community service agenda and aided in the resurfacing of a basketball court in the Grove and in Stapledon Gardens.

"We try to support the community which supports us," said Mr Wells. "We would like to see it continued on an ongoing basis."

Legal Notice

NOTICE FIVE ELEMENTS INC. (In Voluntary Liquidation)

Notice is hereby given that the above-named Company is in dissolution, which commenced on the 17th day of September 2009. The Liquidator is Argosa Corp. Inc., P. O. Box N-7757 Nassau, Bahamas.

ARGOSA CORP. INC.
(Liquidator)

Legal Notice

NOTICE SIMA OVERSEAS INC. (In Voluntary Liquidation)

Notice is hereby given that the above-named Company is in dissolution, which commenced on the 17th day of September 2009. The Liquidator is Argosa Corp. Inc., P. O. Box N-7757 Nassau, Bahamas.

ARGOSA CORP. INC.
(Liquidator)

Legal Notice

NOTICE WUPATKI LIMITED (In Voluntary Liquidation)

Notice is hereby given that the above-named Company is in dissolution, which commenced on the 17th day of September 2009. The Liquidator is Argosa Corp. Inc., P. O. Box N-7757 Nassau, Bahamas.

ARGOSA CORP. INC.
(Liquidator)

Legal Notice

NOTICE BEGNINS LIMITED (In Voluntary Liquidation)

Notice is hereby given that the above-named Company is in dissolution, which commenced on the 17th day of September 2009. The Liquidator is Argosa Corp. Inc., P. O. Box N-7757 Nassau, Bahamas.

ARGOSA CORP. INC.
(Liquidator)

NOTICE

NOTICE is hereby given that JASON DORMEUS of CARMICHEAL ROAD, ROCKY PINE, NASSAU, BAHAMAS, is applying to the Minister responsible for Nationality and Citizenship, for registration/naturalization as a citizen of The Bahamas, and that any person who knows any reason why registration/naturalization should not be granted, should send a written and signed statement of the facts within twenty-eight days from the 15th day of September, 2009 to the Minister responsible for nationality and Citizenship, P.O. Box N-7147, Nassau, Bahamas.

NOTICE

NOTICE is hereby given that MATIAS FLORVIL of JOHN STREET, P.O. BOX GT-2935 NASSAU, THE BAHAMAS, is applying to the Minister responsible for Nationality and Citizenship, for registration/naturalization as a citizen of The Bahamas, and that any person who knows any reason why registration/naturalization should not be granted, should send a written and signed statement of the facts within twenty-eight days from the 15th day of September, 2009 to the Minister responsible for nationality and Citizenship, P.O. Box N-7147, Nassau, Bahamas.

Medical Sales Representative

Introduction:

A local healthcare supplier is currently looking to recruit a Medical Sales Representative to sell medical and surgical products in the local market. With this position experience in the healthcare field would be an asset but is not essential.

Job Specification:

Main Purpose of the Medical Sales Representative:

- To achieve sales targets for the various product lines through planned activity.
- Maintain business records for all Health Care Professionals and key accounts within the local healthcare industry to help select and deliver business management objectives linked to sales and market share growth.

Skills/Experience Requirements:

- Excellent communication and interpersonal skills.
- Tenacious, driven and resilient.
- Good planning and organizational skills.
- Self discipline and self motivated.
- Interested in the healthcare industry.
- Ability to interpret data.
- Ambitious and keen to develop a career in a successful organization
- Able to provide evidence of individual achievement in line with core competencies of a medical representative, this can be from other fields of employment, education and social and sporting activities.

Education Requirements:

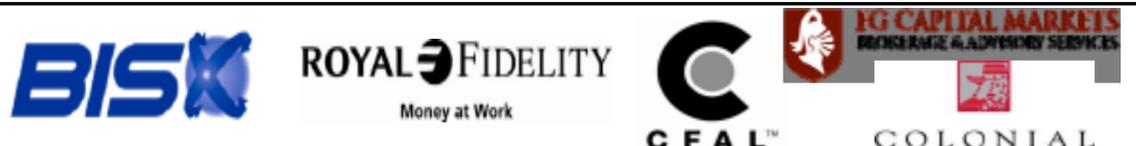
- Degree Level or equivalent, ideally in sales or medical related

The area covered is the Caribbean. You will live in the Bahamas and be prepared to travel.

The Salary offered for the Medical Representative is competitive and depends on experience + bonus + benefits.

To apply for this position, candidates must be eligible to live and work in the Bahamas.

Please send resume's to
medrephumanresources@gmail.com

										
BISX LISTED & TRADED SECURITIES AS OF: MONDAY, 21 SEPTEMBER 2009 BISX ALL SHARE INDEX: CLOSE 1,514.66 CHG -20.33 %CHG -1.32 YTD -197.70 YTD % -11.55 FINDEX: CLOSE 789.77 YTD -5.40% 2008 -12.31% WWW.BISXBAHAMAS.COM TELEPHONE:242-323-2330 FACSIMILE: 242-323-2320										
52wk-Hi	52wk-Low	Security	Previous Close	Today's Close	Change	Daily Vol.	EPS \$	Div \$	P/E	Yield
1.81	1.14	AML Foods Limited	1.15	1.14	-0.01	22,760	0.127	0.000	9.0	0.00%
11.80	9.90	Bahamas Property Fund	10.75	10.75	0.00		0.992	0.200	10.8	1.86%
9.30	5.90	Bank of Bahamas	6.18	5.90	-0.28	42,200	0.244	0.260	24.2	4.41%
0.89	0.63	Benchmark	0.63	0.63	0.00		-0.877	0.000	N/M	0.00%
3.49	3.15	Bahamas Waste	3.15	3.15	0.00		0.078	0.090	40.4	2.86%
2.37	2.14	Fidelity Bank	2.37	2.37	0.00		0.055	0.040	43.1	1.69%
14.20	10.00	Cable Bahamas	10.03	10.03	0.00		1.406	0.250	7.1	2.49%
2.88	2.74	Colina Holdings	2.74	2.74	0.00	10,100	0.249	0.040	11.0	1.46%
7.50	5.26	Commonwealth Bank (\$1)	5.92	5.92	0.00	216	0.419	0.300	14.1	5.07%
3.85	1.27	Consolidated Water BDRs	3.64	3.62	-0.02		0.111	0.052	32.6	1.44%
2.85	1.32	Doctor's Hospital	2.05	2.05	0.00		0.382	0.080	5.4	3.90%
8.20	6.60	Famguard	6.60	6.60	0.00		0.420	0.240	15.7	3.64%
12.50	8.80	Finco	9.30	9.30	0.00	200	0.322	0.520	28.9	5.59%
11.71	10.00	FirstCaribbean Bank	10.29	10.00	-0.29	25,000	0.794	0.350	12.6	3.50%
5.53	4.95	Focol (\$)	4.99	4.99	0.00	225	0.332	0.150	15.0	3.01%
1.00	1.00	Focol Class B Preference	1.00	1.00	0.00		0.000	0.000	N/M	0.00%
0.45	0.27	Freeport Concrete	0.30	0.27	-0.03	1,000	0.035	0.000	7.7	0.00%
9.02	5.98	ICD Utilities	5.50	5.50	0.00	406	0.407	0.500	13.5	9.08%
12.00	9.49	J. S. Johnson	9.98	9.98	0.00		0.952	0.640	10.5	6.41%
10.00	10.00	Premier Real Estate	10.00	10.00	0.00		0.180	0.000	55.6	0.00%
BISX LISTED DEBT SECURITIES - (Bonds trade on a Percentage Pricing bases)										
52wk-Hi	52wk-Low	Security	Symbol	Last Sale	Change	Daily Vol.	Interest	Maturity		
1000.00	1000.00	Fidelity Bank Note 17 (Series A) +	FBB17	100.00	0.00		7%	19 October 2017		
1000.00	1000.00	Fidelity Bank Note 22 (Series B) +	FBB22	100.00	0.00		Prime + 1.75%	19 October 2022		
1000.00	1000.00	Fidelity Bank Note 13 (Series C) +	FBB13	100.00	0.00		7%	30 May 2013		
1000.00	1000.00	Fidelity Bank Note 15 (Series D) +	FBB15	100.00	0.00		Prime + 1.75%	29 May 2015		
Fidelity Over-The-Counter Securities										
52wk-Hi	52wk-Low	Symbol	Bid \$	Ask \$	Last Price	Weekly Vol.	EPS \$	Div \$	P/E	Yield
14.60	7.92	Bahamas Supermarkets	7.92	8.42	14.00		-2.246	0.000	N/M	0.00%
8.00	6.00	Caribbean Crossings (Pref)	2.00	6.25	4.00		0.000	0.480	N/M	7.80%
0.54	0.20	RND Holdings	0.35	0.40	0.55		0.001	0.000	256.6	0.00%
Colina Over-The-Counter Securities										
41.00	29.00	ABDAB	30.13	31.59	29.00		4.540	0.000	9.03	0.00%
0.55	0.40	RND Holdings	0.45	0.55	0.55		0.002	0.000	261.90	0.00%
BISX Listed Mutual Funds										
52wk-Hi	52wk-Low	Fund Name	NAV	YTD%	Last 12 Months	Div \$	Yield %	NAV Date		
1.4038	1.3344	CFAL Bond Fund	1.4038	3.72	5.20			31-Aug-09		
3.0350	2.8952	CFAL MSI Preferred Fund	2.8990	-1.39	-4.16			31-Aug-09		
1.4892	1.4119	CFAL Money Market Fund	1.4892	3.87	5.47			11-Sep-09		
3.6090	3.0941	Fidelity Bahamas G & I Fund	3.0941	-8.61	-13.59			31-Aug-09		
13.0484	12.3870	Fidelity Prime Income Fund	13.1136	3.93	5.87			31-Aug-09		
101.6693	100.0000	CFAL Global Bond Fund	101.6693	1.10	1.67			30-Jun-09		
100.9600	93.1992	CFAL Global Equity Fund	96.7398	0.35	-4.18			30-Jun-09		
1.0000	1.0000	CFAL High Grade Bond Fund	1.0000	0.00	0.00			31-Dec-07		
9.4075	9.0775	Fidelity International Investment Fund	9.3399	2.69	-1.41			31-Jul-09		
1.0707	1.0000	FG Financial Preferred Income Fund	1.0707	3.38	5.14			31-Aug-09		
1.0364	1.0000	FG Financial Growth Fund	1.0319	-0.11	2.05			31-Aug-09		
1.0673	1.0000	FG Financial Diversified Fund	1.0673	2.89	4.93			31-Aug-09		
MARKET TERMS										
BISX ALL SHARE INDEX - 19 Dec 02 = 1,000.00 52wk-Hi - Highest closing price in last 52 weeks 52wk-Low - Lowest closing price in last 52 weeks Previous Close - Previous day's weighted price for daily volume Today's Close - Current day's weighted price for daily volume Change - Change in closing price from day to day Daily Vol. - Number of total shares traded today DIV \$ - Dividends per share paid in the last 12 months P/E - Closing price divided by the last 12 month earnings (\$) - 4-for-1 Stock Split - Effective Date 8/8/2007 (\$1) - 3-for-1 Stock Split - Effective Date 7/11/2007 TO TRADE CALL: COLINA 242-502-7010 ROYALFIDELITY 242-356-7764 FG CAPITAL MARKETS 242-396-4000 COLONIAL 242-502-7525										
YIELD - last 12 month dividends divided by closing price Bid \$ - Buying price of Colina and Fidelity Ask \$ - Selling price of Colina and Fidelity Last Price - Last traded over-the-counter price Weekly Vol. - Trading volume of the prior week EPS \$ - A company's reported earnings per share for the last 12 mths NAV - Net Asset Value N/M - Not Meaningful FINDEX - The Fidelity Bahamas Stock Index. January 1, 1994 = 100										

THE WEATHER REPORT



INSURANCE MANAGEMENT

(BAHAMAS) LIMITED. INSURANCE BROKERS & AGENTS

5-DAY FORECAST

TODAY

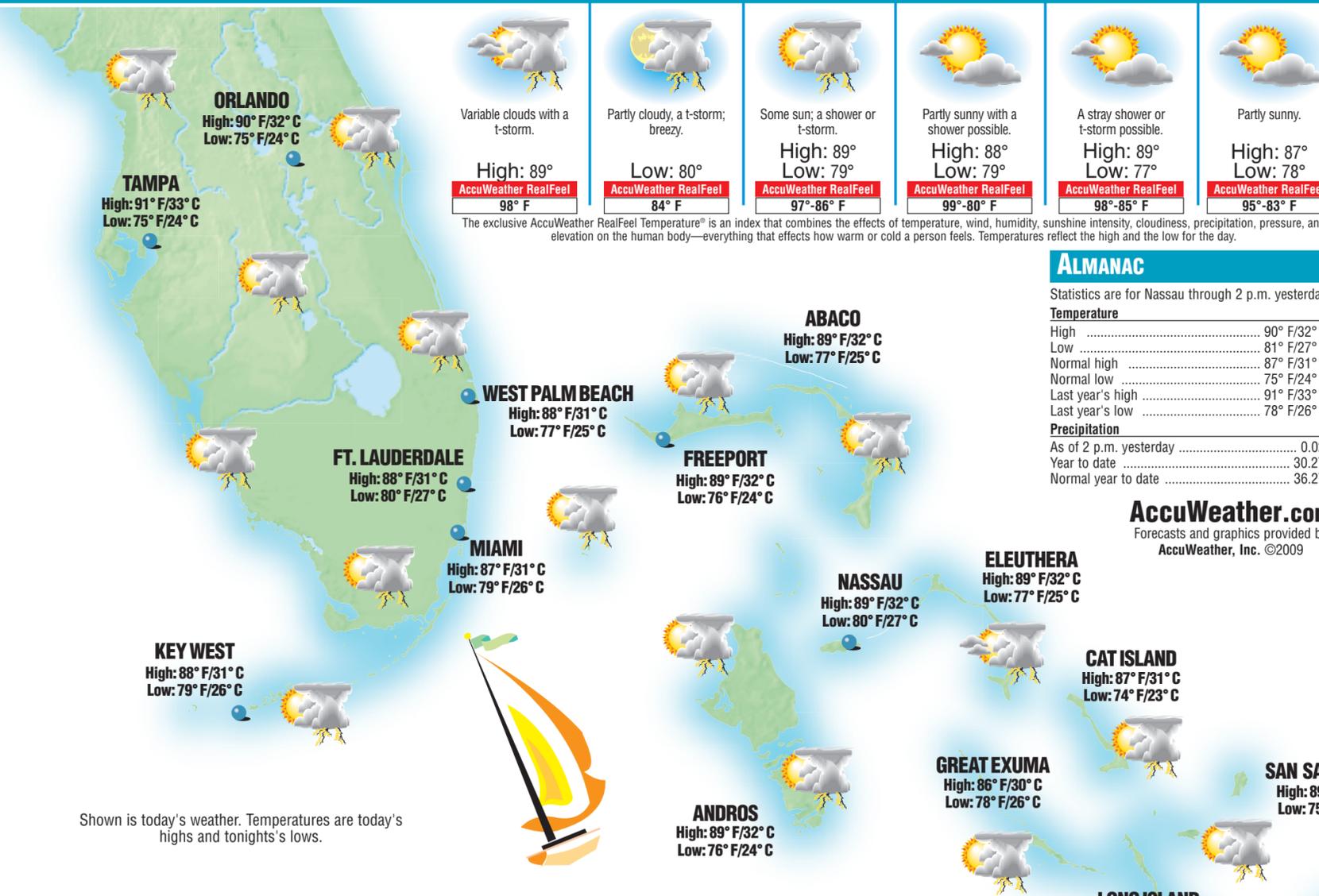
TONIGHT

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Shown is today's weather. Temperatures are today's highs and tonight's lows.

High: 89°
AccuWeather RealFeel
98° F

Low: 80°
AccuWeather RealFeel
84° F

High: 89°
Low: 79°
AccuWeather RealFeel
97°-86° F

High: 88°
Low: 79°
AccuWeather RealFeel
99°-80° F

High: 89°
Low: 77°
AccuWeather RealFeel
98°-85° F

High: 87°
Low: 78°
AccuWeather RealFeel
95°-83° F

ALMANAC

Statistics are for Nassau through 2 p.m. yesterday

Temperature

High 90° F/32° C
Low 81° F/27° C
Normal high 87° F/31° C
Normal low 75° F/24° C
Last year's high 91° F/33° C
Last year's low 78° F/26° C

Precipitation

As of 2 p.m. yesterday 0.02"
Year to date 30.27"
Normal year to date 36.27"

AccuWeather.com
Forecasts and graphics provided by
AccuWeather, Inc. ©2009

UV INDEX TODAY



The higher the AccuWeather UV Index™ number, the greater the need for eye and skin protection.

TIDES FOR NASSAU

	High	Ht. (ft.)	Low	Ht. (ft.)
Today	10:01 a.m.	3.5	3:42 a.m.	0.3
	10:18 p.m.	2.8	4:27 p.m.	0.6
Wednesday	10:49 a.m.	3.3	4:26 a.m.	0.4
	11:06 p.m.	2.6	5:17 p.m.	0.9
Thursday	11:40 a.m.	3.1	5:13 a.m.	0.7
	11:59 p.m.	2.5	6:11 p.m.	1.2
Friday	12:36 p.m.	2.9	6:05 a.m.	1.0
	-----	-----	7:10 p.m.	1.3

SUN AND MOON

Sunrise	6:59 a.m.	Moonrise	10:46 a.m.
Sunset	7:06 p.m.	Moonsset	9:38 p.m.
First	Sep. 26	Full	Oct. 4
Last	Oct. 11	New	Oct. 18

WORLD CITIES

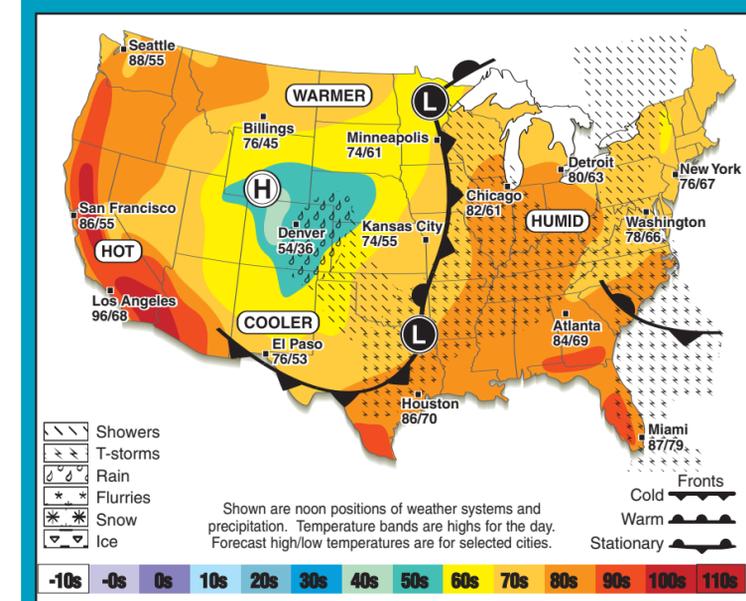
	Today			Wednesday		
	High	Low	W	High	Low	W
Acapulco	91/32	77/25	pc	89/31	78/25	t
Amsterdam	67/19	56/13	pc	63/17	50/10	pc
Ankara, Turkey	66/18	43/6	sh	70/21	43/6	s
Athens	76/24	61/16	pc	77/25	63/17	s
Auckland	62/16	50/10	pc	63/17	61/16	r
Bangkok	89/31	78/25	t	90/32	78/25	t
Barbados	87/30	77/25	s	86/30	77/25	s
Barcelona	75/23	63/17	pc	74/23	63/17	s
Beijing	81/27	54/12	s	78/25	60/15	pc
Beirut	76/24	71/21	s	76/24	69/20	s
Belgrade	80/26	55/12	s	82/27	58/14	s
Berlin	73/22	55/12	pc	72/22	52/11	pc
Bermuda	82/27	74/23	s	82/27	73/22	s
Bogota	66/18	47/8	sh	65/18	45/7	r
Brussels	72/22	50/10	s	72/22	52/11	pc
Budapest	83/28	56/13	s	82/27	57/13	s
Buenos Aires	59/15	37/2	sh	59/15	36/2	s
Cairo	99/37	71/21	s	92/33	67/19	s
Calcutta	89/31	83/28	t	92/33	84/28	r
Calgary	80/26	46/7	s	83/28	44/6	s
Cancun	90/32	75/23	pc	90/32	74/23	t
Caracas	83/28	72/22	pc	82/27	72/22	t
Casablanca	80/26	61/16	s	82/27	63/17	s
Copenhagen	64/17	50/10	sh	66/18	47/8	sh
Dublin	63/17	48/8	pc	61/16	46/7	sh
Frankfurt	75/23	50/10	pc	75/23	52/11	pc
Geneva	74/23	53/11	s	77/25	52/11	s
Halifax	68/20	53/11	s	70/21	50/10	pc
Havana	90/32	73/22	t	87/30	72/22	r
Helsinki	63/17	52/11	sh	59/15	46/7	pc
Hong Kong	88/31	79/26	t	88/31	81/27	t
Islamabad	104/40	73/22	s	105/40	74/23	s
Istanbul	72/22	59/15	s	74/23	60/15	s
Jerusalem	82/27	65/18	s	81/27	57/13	s
Johannesburg	81/27	54/12	pc	78/25	52/11	pc
Kingston	88/31	79/26	t	88/31	79/26	r
Lima	74/23	58/14	s	73/22	58/14	pc
London	72/22	55/12	pc	68/20	50/10	pc
Madrid	81/27	54/12	s	79/26	54/12	pc
Manila	88/31	79/26	t	84/28	77/25	r
Mexico City	75/23	55/12	t	75/23	55/12	t
Monterrey	90/32	70/21	t	79/26	66/18	t
Montreal	72/22	59/15	r	72/22	54/12	pc
Moscow	63/17	45/7	pc	57/13	48/8	pc
Munich	77/25	50/10	s	80/26	52/11	s
Nairobi	88/31	56/13	pc	87/30	57/13	pc
New Delhi	97/36	81/27	s	98/36	79/26	s
Oslo	65/18	45/7	sh	61/16	42/5	sh
Paris	74/23	52/11	s	75/23	54/12	s
Prague	76/24	55/12	s	77/25	54/12	s
Rio de Janeiro	79/26	72/22	r	86/30	75/23	c
Riyadh	101/38	72/22	s	98/36	73/22	s
Rome	77/25	63/17	t	79/26	63/17	s
St. Thomas	88/31	80/26	sh	88/31	79/26	s
San Juan	53/11	35/1	r	75/23	42/5	s
San Salvador	86/30	68/20	t	86/30	73/22	t
Santiago	68/20	45/7	pc	72/22	45/7	s
Santo Domingo	90/32	74/23	t	85/29	73/22	r
Sao Paulo	73/22	63/17	r	77/25	63/17	c
Seoul	79/26	55/12	s	79/26	53/11	pc
Stockholm	61/16	48/8	r	63/17	45/7	pc
Sydney	84/28	57/13	r	69/20	48/8	pc
Taipei	88/31	79/26	pc	87/30	77/25	sh
Tokyo	77/25	68/20	pc	76/24	67/19	s
Toronto	76/24	57/13	pc	77/25	55/12	pc
Trinidad	91/32	73/22	t	79/26	57/13	t
Vancouver	78/25	57/13	s	74/23	57/13	s
Vienna	74/23	60/15	s	76/24	60/15	s
Warsaw	72/22	56/13	s	72/22	52/11	pc
Winnipeg	70/21	47/8	s	81/27	53/11	s

Weather (W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice, Prcp-precipitation, Tr-trace

MARINE FORECAST

	WINDS	WAVES	VISIBILITY	WATER TEMPS.
NASSAU	Today: E at 10-20 Knots	2-3 Feet	4 Miles	84° F
	Wednesday: ESE at 8-16 Knots	1-3 Feet	8 Miles	84° F
FREEPORT	Today: ESE at 8-16 Knots	1-3 Feet	5 Miles	85° F
	Wednesday: E at 8-16 Knots	1-3 Feet	8 Miles	85° F
ABACO	Today: E at 8-16 Knots	2-4 Feet	6 Miles	84° F
	Wednesday: E at 8-16 Knots	2-4 Feet	9 Miles	84° F

TODAY'S U.S. FORECAST



U.S. CITIES

	Today			Wednesday		
	High	Low	W	High	Low	W
Albuquerque	65/18	47/8	pc	68/20	51/10	pc
Anchorage	49/9	38/3	sh	49/9	38/3	pc
Atlanta	84/28	69/20	pc	86/30	69/20	c
Atlantic City	78/25	64/17	pc	82/27	62/16	t
Baltimore	78/25	64/17	pc	82/27	64/17	t
Boston	77/25	64/17	pc	82/27	64/17	pc
Buffalo	74/23	61/16	pc	75/23	56/13	pc
Charleston, SC	85/29	70/21	t	86/30	70/21	t
Chicago	82/27	61/16	t	83/28	59/15	pc
Cleveland	78/25	58/14	pc	81/27	60/15	pc
Dallas	75/23	60/15	t	79/26	66/18	s
Denver	54/12	36/2	r	54/12	39/3	c
Detroit	80/26	63/17	pc	85/29	61/16	pc
Honolulu	88/31	73/22	s	89/31	75/23	s
Houston	86/30	70/21	t	81/27	70/21	t
Indianapolis	84/28	66/18	t	85/29	65/18	t
Jacksonville	88/31	72/22	t	88/31	72/22	t
Kansas City	74/23	55/12	c	77/25	55/12	c
Las Vegas	90/32	63/17	s	92/33	66/18	s
Little Rock	82/27	68/20	t	83/28	67/19	t
Los Angeles	96/35	68/20	s	100/37	70/21	s
Louisville	84/28	68/20	t	86/30	67/19	t
Memphis	84/28	67/19	t	85/29	70/21	t
Miami	87/30	79/26	t	90/32	79/26	t
Minneapolis	74/23	61/16	sh	79/26	60/15	s
Nashville	84/28	67/19	t	86/30	69/20	c
New Orleans	88/31	77/25	t	90/32	77/25	t
New York	76/24	67/19	pc	84/28	67/19	pc
Honolulu	88/31	73/22	s	89/31	75/23	s
Orlando	90/32	75/23	t	89/31	75/23	t
Philadelphia	78/25	66/18	pc	84/28	68/20	t
Phoenix	97/36	69/20	s	95/35	71/21	s
Pittsburgh	78/25	59/15	sh	81/27	62/16	t
Portland, OR	96/35	57/13	s	95/35	57/13	s
Raleigh-Durham	82/27	68/20	t	86/30	68/20	t
St. Louis	80/26	67/19	t	82/27	67/19	t
Salt Lake City	69/20	45/7	s	72/22	53/11	s
San Antonio	83/28	64/17	t	85/29	68/20	pc
San Diego	90/32	63/17	s	89/31	63/17	pc
San Francisco	86/30	55/12	s	86/30	56/13	pc
Seattle	88/31	55/12	s	84/28	54/12	s
Tallahassee	90/32	71/21	pc	91/32	72/22	pc
Tampa	91/32	75/23	t	91/32	75/23	t
Tucson	94/34	64/17	s	91/32	61/16	s
Washington, DC	78/25	66/18	pc	83/28	68/20	t

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WOMAN

The Tribune **B O D Y A N D M I N D** health

Help save the smallest miracles

By JEFFARAH GIBSON

A sophisticated and expensive piece of equipment at Princess Margaret Hospital is making the difference between life and death for its tiniest patients.

Ananda Pyfrom gave birth to little Sophia on April 30, 2007 at the Princess Margaret Hospital, via caesarian delivery, but wasn't expecting until July 2007.

A few months before her delivery, she was diagnosed with Intrauterine Growth Restriction which is a condition where the fetus is smaller than expected for a particular number of weeks.

Because of this diagnosis her labor was induced and she gave birth at 32 weeks. Sophia weighed two pounds and four ounces. The little girl was immediately placed in an incubator.

Mrs. Pyfrom says it was a day she will never forget both joyous and overwhelming.

"After finding out the condition of Sophia, it was scary. The doctors immediately instilled faith and confidence and assured my husband (Michael Pyfrom) and I that she would be okay. It was however very hard not being able to take her home right after she was born," she said.

"There are three levels of NICU (Neonatal Intensive Care Unit) NICU 1, NICU 2, and special care. Sophia was in the second level at the NICU, where she was placed in an incubator and closely monitored by the doctors and nurses. The doctors told us that when Sophia reached four pounds we would be able to take her home, so she spent approximately six and a half weeks at the hospital before she was released", she said.

During those weeks Mr

and Mrs Pyfrom developed and maintained a close bond with their newborn by visiting and talking to her everyday.

At two years, Sophia is thriving, doing very well, and maintaining a healthy life. "She is fantastic, independent, and her speech is developed. She is a little bit small, but her body is proportioned."

After their experience, Mr and Mrs Pyfrom can certainly relate to Lynette Burrows who gave birth to their goddaughter Te'hilah Burrows, who was born under similar circumstances.

Ms Burrows gave birth three months earlier than her due date because she suffered eclampsia (coma and convulsions before, during, or shortly after childbirth).

"I was due to have the baby on July 2, 2007, but I gave birth on April 1 2007. After birth, Te'hilah weighed one pound and peice ounces or 0.680 kg. She was extremely ill, very small and I could hold her in the palm of my hands," she said.

She was placed on the 1st level on the NICU ,and after progressing she was moved to the 2nd level. "She stayed in the hospital for about 2 months. I would go to the hospital and spend the entire day with her. It was not easy at the time, and the only way I felt better was to be there with her."

Mrs Burrows also noted that when she found out that her baby was very ill she was devastated. "I felt inadequate because I thought it was

something I did or did not do that caused my baby to be so small. The doctors then told me that they have seen babies a lot smaller than Te'hilah."

Her daughter spent two months spent in the hospital under the watchful eyes of the doctors and nurses. She eventually got better, gained extra pounds and was released. She is now also two and her health is in great shape.

Without the help of the incubator these once premature infants, Sophia Pyfrom and Te'hilah Burrows, would have not been able to thrive, grow, and live healthy lifestyles.

According to www.ebme.co.uk one of the most important elements of a new born survival is the infant's temperature regulation. The infant has several disadvantages in terms of thermal regulation. An infant has a relatively large surface area, poor thermal insulation, and a small amount of mass to act as a heat sink. The newborn has little ability to conserve heat by changing posture and no ability to adjust their own clothing in a response to thermal stress", this is why an incubator is necessary

The incubators in the NICU at PMH are truly life-savers, but need to be updated.

In an effort to save the life of newborns like Sophia and Te'hilah, *The Tribune Media Group*, The Tile King, Builders Mall, Doctors Hospital, and the Rotary Club of East Nassau have partnered to supply critically needed ventilators and incubators for the Neonatal Intensive Care Unit at Princess Margaret Hospital. Their goal is to raise \$300,000, and they are encouraging all to make a contribution.



WHEN baby Te'hilah Burrows was born she weighed 1pound and 9 ounces.



THIS is Sophia at 4 weeks in NICU II (about 4 weeks old).



SOPHIA is now 2 years old and living a healthy life.

You are what you eat

By REUBEN SHEARER
Tribune Features Reporter

CHILDREN learn what they live. That's an age-old statement that encompasses many aspects of growing up. There are many values and practices that a parent pours into their child, and healthy eating habits are no exception. However, according to one neuro psychiatrist, parents are dropping the ball when it comes to equipping children with realistic eating habits.

One expert says the answer lies in parents educating themselves with good information on diet and exercise and teaching their children to follow suit. Childhood obesity is on the rise in the Bahamas, Dr Brian Humblestone said at a recent lecture at Doctor's Hospital.

According to Dr Humblestone, there are increased cases of young children and teens developing type 2 diabetes, and eventually obesity, which is normally prevalent in those over 35.

Childhood obesity issues are early signs of illnesses like diabetes, hypertension, coronary heart disease, gall bladder disease,

respiratory problems, asthma and reproductive hormonal problems.

Ironically enough, he added, "one of the manifestations of civilisation is that we have half of the world dying of diseases caused by being overfed, and other parts where people are dying of starvation."

"But it's not just the amount of food people are eating, but the kind of foods as well," Dr Humblestone explained. "If your child is having a muffin or Danish and an orange juice for breakfast, they may feel energised to go to school, but it is very likely they will feel famished, experience a energy crash hours later, and need more carbs."

He said that carb-loaded breakfasts are not the best to start your day with, adding that most cereals do not hold to the health benefits that they claim on television ads.

Cereals are largely loaded with refined carbohydrates, which shoot the blood sugar up, Dr Humblestone explained. Refined carbs cause your blood sugar to rise fast, and a lot of insulin is produced from the pancreas.

The insulin sends the sugar into the blood, which moves into the

liver and muscles. When that blood sugar goes down fast as a result of too much insulin, you get hungry. This normally causes a person to want more sugar and thus get hungry again. "That's why a carbohydrate breakfast is not a good breakfast."

Dr Humblestone said fast food restaurants' constant bombardment with advertising needs to be analysed and rejected. "It takes motivation and tenacity, to persist against seduction by the media—which has a major effect on the majority of people who are overeating," Dr Humblestone told *Tribune Health*. "Food is comfort, and it will always be that way."

However, when you overeat, let alone the wrong foods, physical problems develop. Studies reveal that persons who fall in this category have experienced more headaches, and feel really depressed and exhausted.

"It's not real hard eating junk food all the time, because it taste good, and it makes you feel good at the moment," Dr Humblestone said. "You'll eat some, and just a while later you'll be hungry again."

The problem he says is when there's increased intake of these kinds of junk foods, because there must be a balance of exercise to go along with it.

Finally, Dr Humblestone advises parents to educate themselves about ingredients, so they know what they are feeding their family. For example, he noted that any ingredient ending in "ose" should be avoided, as it represents a high sugar content.

According to the *Super Size Me* documentary, companies spend billions to make the public aware of their product. They market through T-shirts, coupons, toys for children, and restaurant placements, and kids are drawn to that.

Mcdonalds spent 1.4 billion dollars worldwide in direct media advertising in 2001. Pepsi spent more than one billion dollars on direct media advertising. To advertise its candy, Hershey's Food spent under a mere \$200 million dollars internationally.

However, in its peak year, the five-a-day fruit and vegetable campaign's total advertising budget in all media was just \$2 million; 100 times less than the direct media budget of just one candy company.



DR. HUMBLESTONE'S WELLNESS ADVICE:

"The important thing is to start the day right with a meal that has protein, like from a cereal, or from marine produce like sardine, grouper, or some other source. I eat eggs sometimes, and a little bit of meat. I try to draw from more sources of protein (seafood, nuts and seeds,) and salads made from fresh produce. Stay far away from refined carbs, and eat less white flour, cake, cookies, and pasta. Get some exercise too. I try to walk briskly three times a week for forty minutes."

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WOMAN

LOVING RELATIONSHIPS

Why do people cheat?

'Why do people cheat?' is like a million dollar question. We could spend hours speculating because the odds of getting it right would be like shooting for the stars. As an outsider, looking in we all think the answer is obvious, but clinical practice shows us the complicated web that joins two people.

Certainly, there are those who seemed to be wired differently and who find the whole concept of monogamy inconceivable. They may not admit it but their lack of remorse reinforces their underlying thought pattern. Living life in such a fashion is habit forming and many in no way want to change. Some are honest and upfront about their intentions, while others live life surrounded with deceit and lies.

Then, there are some people whose psychopathology predetermines their behaviour and consequently have difficulty changing. By the time we reach midlife, there is a good chance we have met or been involved with such a person. From the first time we become aware of it, we change the course



By MAGGIE BAIN

of our lives. Do we work at forgiving the first time? What happens if it happens again? Does the deceiver become comfortable knowing that you will always be there? Does the betrayed worry they will be perceived as weak by taking their partner back?

As devastating as it is to discover your dating partner is being unfaithful, it still provides a way out. There may have been verbal commitment, but no formal agreement or vows were made. These are pivotal moments in a couple's life and the course of their relationship is decided from that moment. Facing the reasons why a certain behaviour has taken place is excruciatingly painful. Understanding the need to talk about it is over-

shadowed by the heavy weight of anger and rejection. Blame is quickly slammed on the wrong doer who in turn reacts defensively.

For many, time passes and day to day life keeps them busy. Many of us are procrastinators and find putting things off much easier. Trust has quickly been extinguished and secrecy often prevails.

The core principles of relationship therapy is to work at restoring the intimate bond between a couple. Consciously working at maintaining this delicate bond, and ensuring the glue that keeps people together, does not come unstuck. For many, there are underlying relationship and sexual issues. Basic primary needs have been overlooked or ignored. Feelings of betrayal prevent a willingness to listen to the other person's story and so things remain in limbo. The ability to express and listen to unmet needs proves a daunting task for many. When the pain is so great just being in the room, looking in the eye, or having to interact with that person seems impossible.

Years of not feeling truly connected, or even understood means that a foundation for forgiveness is even harder.

Pride can get in the way of seeking out a trained professional. The very idea of saying out loud details of our private life may seem embarrassing. It may seem easier and more satisfying to find someone to fulfill those missing needs. It may solve the problem today but the reality is that it usually ends up making things more complicated. They are able to justify their actions and believe they 'had no choice'.

Thoughts of something new and refreshing in our lives are not uncommon. Our minds play paradoxical games between what is expected of us and the things we desire. This is how fantasies are formed. But making them reality crosses the border and we need to acknowledge that clear choices were made.

Without a doubt 'crisis' often drives us to seek out a therapist. The sadness, anger and humiliation pro-

vokes so many questions from the betrayed. Talking to a third person in the room allows things to be said and heard which otherwise would probably not be said.

The role of the therapist is to gradually help all concerned find some personal and interpersonal meaning, to the chaotic mess. Time puts a different perspective on things. Persevering through the crisis, and salvaging the couple, allows healing and future relating. Affairs are often the prelude to divorce. It is interesting to contemplate that if all couples considering divorce were to come for counseling how many relationships could be saved. Can we really put a cost on the damage, both financial and emotional, if we leave things unattended? At least by getting professional help you will be able to say you really tried.

• Margaret Bain is an Individual and Couples Relationship Therapist. She is a Registered Nurse and a Certified Clinical Sex Therapist. Call for an appointment- Relate Bahamas at 364-7230, or email relatebahamas@yahoo.com or www.relatebahamas.blogspot.com. She is also available for speaking engagements.

GREEN SCENE

By Gardener Jack

Sweet peppers

SWEET peppers are added to so many meals in The Bahamas that their presence is almost ubiquitous. Conch salad without sweet peppers is untraditional, smothered pork chops untenable, and salsas unthinkable. That makes growing sweet peppers in the garden a priority.

First, let us do some math. Green sweet peppers sell in my friendly neighbourhood supermarket for close to \$3 a pound. Individual peppers that are red, yellow, brown, purple or orange sell for up to \$6 each. A packet of peppers rarely costs more than \$2 and for that you get at least a dozen seeds, often many more. In a season you should get a dozen or more peppers from each plant. Sweet peppers that are any other colour than green are no more difficult to grow than green ones. Are you doing the maths?

The answer is: Grow peppers. Sweet or bell peppers are a warm-weather crop so they can be started in September. The seeds should be planted a quarter-inch deep and the soil around them should be firmed down to press out air pockets. If you start in pots or a seed bed, transplant when the seed leaf

begins to wither, when the seedling is 5-6 inches tall. It is important that

the transplant not be any lower than the soil level. It can be slightly raised above soil level but never allowed to have soil touching the stem. You may grow your seeds straight into the ground

and in this case you should have the soil well worked and enriched with soil-retaining commercial cow manure or compost. I like to work time-release fertiliser into the soil before planting.

Pepper plants suffer when there is insufficient moisture so it is best to make a point of watering them daily.

Sometimes pepper plants put out flowers when they are only 6-8 inches tall. If this happens, nip off the flowers. A small pepper plant that bears a full-sized pepper will be useless and unproductive thereafter.

One enemy of pepper fruits is the sun. If the leaf cover is insufficient you may get sunscald on your pepper fruits. A paper bag to cover or a branch from the bush to shield will give protection.

Sunscald usually happens during the early summer months rather than the

autumn months.

Whenever I grow green bell peppers I leave them to ripen fully and rarely pick them green. Green peppers turn red as they ripen and become really sweet. If you only eat green peppers you may wonder why on earth they are called sweet peppers for there is precious little sweet about them.

Those coloured peppers we mentioned earlier tend to be sweeter than green peppers but still have to be allowed to mature in order to attain full sweetness.

In addition to blocky bell peppers you can grow Italian-type Cubanelle sweet peppers. These are much longer, usually two or three times longer than they are wide. They can be used when they are yellow or red, again the ripe red ones being by far the sweeter. I love to sweat them in a pan with a little olive oil until they collapse. Banana peppers are quite like Cubanelles but tend to have thinner walls.

The sweet pepper plants you establish in September should last you into next summer. You will find, however, that no matter how well you fertilise and water your plants they will grow less productive



GREEN peppers cost the same to grow as red, yellow, orange, brown, purple, etc., so why not choose your colour and beat the supermarket prices.

and bear smaller and smaller fruits. For this reason I usually sow Cubanelles and a new crop of bell peppers approaching Easter.

Pepper plants have few enemies but the undersides of the leaves should be inspected regularly as this is the usual point of attack. If you have a dozen plants or fewer it is easy enough to wipe away any

insect eggs from the leaves.

Sometimes pepper plants just heel over and die. This is caused by a virus and there is little one can do except destroy the plant and hope the virus has not spread to too many plants. Pepper plants suffering from a virus usually have a strained appearance, the leaves looking as if they have been stretched. Most

viral attacks occur in seedlings bought from a nursery rather than those you start from seed.

• j.hardy@coralwave.com

Smelly feet!!

TODAY, I will address a topic that I am asked about on a daily basis - smelly feet (or its scientific term 'Bromidrosis'). If you are one of many people who suffer from foot odor (smelly feet), you are not alone. Did you know that most of what we call foot odor is actually shoe odor? As you will discover later in this article, some people are more prone to smelly feet, and there are a lot of factors that contribute to nasty shoe odors. This condition is referred to as 'shoe dermatitis'.

Shoe dermatitis is a medical condition which is caused by contact of the foot with chemicals in the material of footwear. This condition can be either irritant or allergic.

Irritant shoe dermatitis is often caused by wearing shoes that are wet, poorly fitting or that have uneven linings. However, in the case of allergic (contact) dermatitis, there are many different substances that can cause this condition, which is quite common and is frequently complicated by secondary infections or eczema.

I am certain that we are all owners of a variety of footwear styles: casual, formal, work and athletic shoes. The majority of our footwear is imported and made from leather, rubber and other synthetic materials. The most recent US statistics revealed that ninety-eight per cent percent of all shoes are imported, therefore it is impossible to identify precisely all their constituent components. It is during the manufacturing and finishing of footwear many chemicals are used.



By BERNADETTE GIBSON

Dermatitis:

Historically, leather, dyes and rubber allergens were seen as the most common cause of shoe dermatitis. Today, shoe dermatitis may occur if a person is sensitive to the rubber or elastic compounds in shoes, form inserts or from elastic glues used to bind shoe components. Other identifiable causes of shoe dermatitis are cements, dichromate used in tanning, dyes, anti-mildew agents, formaldehyde, and nickel eyelets or nickel arch supports.

Some signs and symptoms of shoe dermatitis:

The most common site first involved with shoe dermatitis is the dorsal (top) surface of the big toe and on the insteps (top of foot). It later extends by spreading to the other toes and dorsal (top) aspect of the foot. Skin lesions may be acute, presenting as red, blistering, oozing and usually symmetrical.

This dermatitis can range from mild, itchy rash to severe itching with swelling and small blisters. In severe cases, open sores may present and can result in secondary bacterial infections. If any such signs are present, I urge that you seek professional help for proper diagnosis and treatment.

Prevent shoe dermatitis:

As a pedorthist and a member of the health care team, the design of footwear determines to a large extent the appearance of shoe dermatitis. Once such condition is observed it is the professional duty of a Pedorthist to refer the individual to a physician for medical

evaluation. Once this condition is diagnosed, footwear is than a part of the treatment.

A pedorthist as an expert in footwear can aid the physician and the patient with the selection of footwear without materials that may cause shoe dermatitis. Substituting products made of different materials that do not cause allergic reactions will lessen the likelihood of future episodes of shoe dermatitis. "Vegetable-tanned" footwear can be substituted as an alternative for the hypersensitive individual. This type of footwear contains no rubber or formaldehyde.

Finally, it is important to recognise that shoe dermatitis is quite common, affecting children and adults regardless of race. Patients with shoe dermatitis can use special types of shoes prepared from non-sensitising substances. I would also suggest measures to control sweating may be very helpful for the patient who suffers from shoe dermatitis. Socks or stockings made of absorbent cotton (e.g. Thorlos or Balega socks has a unique rapid moisture evaporation system) should always be worn. Avoid wet shoes, poorly fitting shoes or self treatment and seek professional help to treat or prevent shoe dermatitis.

• Bernadette D. Gibson, a Board Certified & licensed Pedorthist, is the proprietor of Foot Solutions, a health and wellness franchise that focuses on foot care and proper shoe fit, located in the Sandport Plaza, Nassau. Please direct any questions or comments to nassau@footsolutions.com or 327-FEET (3338). "The views expressed are those of the author and does not necessarily represent those of Foot Solutions Incorporated or any of its subsidiary and/or affiliated companies.

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WOMAN



By Michelle M Miller, CC

Are you communicating to inform and inspire

"An inspired speaker does more than just inform; instead they give people the inspiration to dream beyond their circumstances."
~ Michelle M. Miller ~

Information is the key to transformation, whether it is positive or negative. What is the objective of the information that you communicate?

Most people pay no real attention to their information intake; they listen to anything, believe anything and for the most part, repeat anything. However, if you desire to cultivate a positive disposition, you must be very discriminate about the information that you consume. This is fundamental to your communication effectiveness, if you are focused on positive change.

Holding the public's attention, particularly in small communities, ought to be viewed as a privilege opportunity in which to highlight the good. You must therefore be very clear about your intentions; as undeclared intentions can quickly become empty rhetoric.

Whose Dream Will You Inspire?

Those who pursue their dreams arm themselves with words of wisdom

from old sages who inspire them to dream even in the midst of despair.

The - **"I have a dream"** speech by Dr Martin Luther King Jr, is a perfect example of how an inspired communicator can elevate consciousness and positively change mindsets. Each of us has something unique to share with the world but most of us lack the inspiration to achieve. As the world continues to change, however, and people explore new ideas of substance and meaning; they will hunger for words that inspire them to stay the course.

Will you be ready to satisfy this need?

Final Thoughts...

While change is never easy, it is essential; make it a habit to consistently evaluate the rhythm of your communication.

On a broader level, the general tempo of our dialogues says much about our sense of self; despite living in a beautiful paradise of peace and plenty, we still possess a combative disposition; hell bent on reporting and repeating negatives as a priority.

This creates desensitized mindsets, oblivious to the bigger world where

many face real wars and severe deprivation. Ironically, against this steady discourse of emotional dissatisfaction, young people are expected to excel and are openly chastised for their apparent lack of positive demeanor.

We fail to recognize that the quality of what the mind produces is only as good as the quality of the information it intakes. The society that we have is the exact society that we have created. And until we shift towards a more mindful discourse, we will remain in a state of social dissatisfaction.

No doubt, we need inspired communicators. While you may believe that you are not a good speaker or that you don't have the skills to inspire others; suppose you are wrong?

What if you are the change that this nation and the world are waiting on?

We each have responsibility to raise our voices for the good; to build this nation and to add value to the world. History would have been written differently had Dr King declined to voice his views. Similarly, you too have no idea of how many little boys and girls are anxiously

awaiting your words, your speech to inspire their dreams.

Remember positive words have the power to build up, to give hope, to change conditions and to inspire. On the same token, negative words have the power to do the exact opposite.

Yes you can become an inspired speaker; if you are willing to allow your words to light the way; giving others the confidence to do the same.

Why not raise your voice for the good and make something better happen.

If you are ready to Speak with Confidence & Power- Sign Up Now for **SpeakUP!** - learn how your words can Inspire a Dream! Contact The Coaching Studio today call 326-3332 or 429-6770 - or send an email to coach4ward@yahoo.com

• **Michelle M Miller** is a certified Life-Coach and Stress Management Consultant. She is the Principal Coach of the Coaching Studio, which located in the Jovian Plaza, Madeira Street. Questions or comments can be sent to P.O. Box CB-13060 - email - coach4ward@yahoo.com or telephone 429-6770.

Falling into Fashion

FROM page 12

many shoes. Located in the Mall at Marathon, Catch 22's fall catalogue includes a wide variety of trendy shoes, ranging from gladiator flats to patent platforms. "Patent platforms, gladiator flats, sneakers, and wedges are all styles that are in for the fall, also shoes in metallic gold, metallic silver, fushia, white, snake's skin, and multi-colors are very popular," Sherraine Dean, the store's senior manager told *Tri-*



bune Woman.

Detailed accessories brings life to an outfit. Long necklaces, matching bags, clutches, and belts are a must have to spice up a simple outfit and turn it into an elaborate one. "Bags are definitely "the in thing" and they include the crossover bags, fanny packs, duffle bags, tote bags, clutches, and wallets with matching belts", Ms Dean added.

While fashion for women in the Bahamas is always redefining itself, fashion for the men in your life will change but less often.

At Bonneville Bones, located on Bay Street, there are some new trends that are fashion forward for Fall. "In men's wear there isn't much of a drastic change in trends like it is with women's wear. However, the style now for the men is a much more fitted look. Jeans before were made slack and baggy, but now they are made to fit. In the dress wear neck-ties are made slender and more narrow than before" says Eddie Robinson, Owner of Bonneville Bones.

Another men's store, Fine Threads emphasises dark colours in dress suits, like black brown and lavender.

These new trends and accessories are a Fall must have:

FALL MUST-HAVES

- Plaid Patterns
- Tunic Tops
- Sheer tops
- Linen shorts
- Skinny jeans
- Platform, gladiator, stilettos, or Ed hardy sneakers
- Broad belts
- Costume Jewelry
- Tote bags
- Metallic Clutches with matching belts



'The Boys Are Back' is refreshingly unsentimental

LOS ANGELES Associated Press

THE true-life drama "The Boys Are Back" delicately and deftly finds a balance that's hard to strike: It depicts death, and the way a family rebuilds and redefines itself afterward, without any mawkishness.

Director Scott Hicks' film, with its dreamlike, sun-splashed landscapes of Southern Australia, is visually arresting (the work of cinematographer Greig Fraser, who recently shot Jane Campion's luminous "Bright Star"). But the content of Allan Cubitt's script, based on Simon Carr's memoir, is meaty and straightforward, which gives it an unexpected power.

This is easily Hicks' best film since the Oscar-winning "Shine" way back in 1996 — since then, his work has included the admirable but uneven "Hearts in Atlantis" and "No Reservations." Much of the allure of "The Boys Are Back" comes from Clive Owen's complex performance; as a man learning how to function as a single father after the death of his wife, Owen shows great liveliness but also a natural vulnerability.

His character, sportswriter Joe Warr, takes a "Just Say Yes" attitude in raising his 6-year-old son (Nicholas McAnulty, disarming in his film debut), which makes for a lot of fun but it also results in chaos.

Joe's frustration in figuring out this whole parenting thing by himself provides inescapable reminders of Dustin Hoffman in "Kramer vs. Kramer": Once again we have two men sharing a home, realizing they don't really know each other and unsure of how to relate as they work through their grief in different ways. Joe has traveled constantly for work, feeling secure that young Artie's daily routine was in the capable hands of his wife, Katy (Laura Fraser). Once Katy dies of cancer, Joe is left with all those responsibilities and not a clue about where to begin.

When he fixes the boy's breakfast and drives him to school, for example, he finds that little things like leaving the crusts on his toast send Artie into a tizzy. Meanwhile, Artie handles the much larger matter of his mother's death with surprising strength. At one point he asks Joe if he can die, too, so he can be with Mummy, and he does it with the kind of startling honesty that's peculiar to children.

But then the arrival of Harry (George MacKay), Joe's teenage son from his first marriage, changes the dynamic all over again. Harry has come from England for the summer with hopes of getting to know the father he always felt rejected him; in the process, he also becomes the big brother to a little boy he's never met, just when Artie could use some guidance the most.

El Morro: History written on stone

EL MORRO NATIONAL MONUMENT, N.M. Associated Press

FOR CENTURIES, Spanish explorers, U.S. Army troops, wagon train emigrants and railroad surveyors carved their names on a huge sandstone outcrop in what's now a national monument famed for those inscriptions.

But the softness of the rock that allowed names to be chipped into the cliff at El Morro National Monument also is letting those signatures erode — jeopardizing the history the park is meant to protect.

Over the years, officials have reattached fallen inscriptions, developed grout to keep moisture out of cracks and experimented with coatings to prevent signatures from wearing away.

El Morro — Spanish for headlands — became a stopping point because of its reliable water, a pool fed by runoff from the cliff.

Hundreds of travelers left their names — some famous; others with stories behind them.

"All those things together make them historic," said Steve Baumann, archaeologist at the northwest New Mexico monument.

"Pasa por aqui," wrote provincial governor Don Juan de Onate in 1605, "passed by here."

Ocate's inscription, one of the earliest, partially covers one of the prehistoric Amer-

ican Indian petroglyphs also carved on the rock.

Don Diego de Vargas, who led the Spanish reconquest of New Mexico in 1692 after a Pueblo Indian revolt, signed his name that year, saying his conquest was "for the Holy Faith and for the Royal Crown ... at his own expense."

Twelve-year-old Sallie Fox — who came through in a wagon train — wrote her proper name, Sarah, in 1858.

The deeply incised, printer-like inscription of "P. Gilmer Breckinridge, 1859 VA," is marred by a chip biting into the C in his last name and edging up to the 9 in the date.

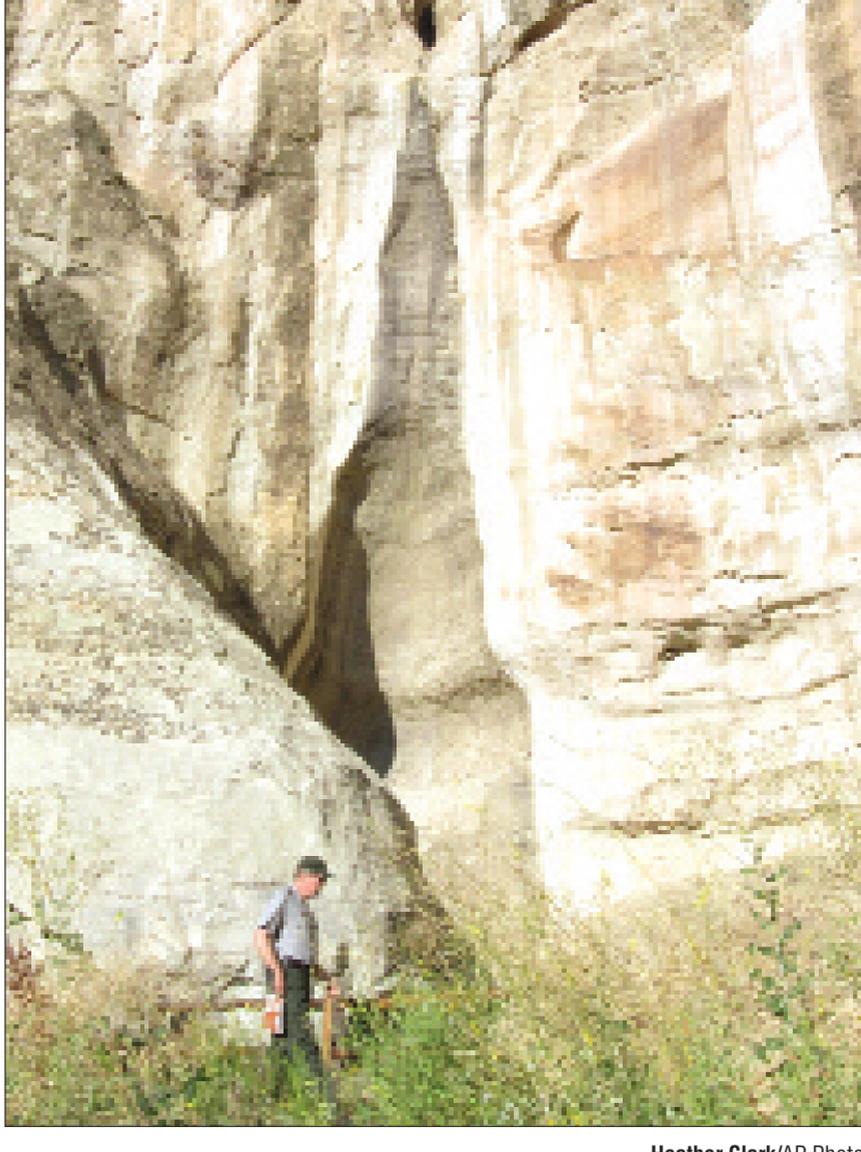
Breckinridge came through El Morro with 25 camels from a short-lived Army experiment. He would later resign, join the Confederacy and die in the Civil War.

The same expedition included "E. Pen Long, Baltimore," who left a large signature in flowing, perfect old-fashioned script.

The group, doing reconnaissance, "had all kind of tools with them for marking features on the landscape for mapping purposes," Baumann said. "They would have been well-equipped to make some nice inscriptions."

Although the expedition was in 1857, Breckinridge didn't carve his name until another trip in 1859.

He wasn't the only person to visit El Morro more than once.



Heather Clark/AP Photo

THIS PHOTO taken Sept. 2, 2009 shows Steve Baumann, archeologist at El Morro National Monument, walking along the base of the sandstone cliffs that make up Inscription Rock at the northwest New Mexico monument.



MUST-HAVES FOR THE NEW SEASON

skinny jeans



gladiator sandals

Falling
 into
 Fashion

By JEFFARAH GIBSON

SKINNY jeans or leggings? Tunic tops or sheer? Purple or grey? The Fall fashion season brings a mix of edgy, sophisticated, and youthful patterns easy to emulate.

Although there hasn't been a significant change in styles from the Summer fashion semester, Fall fashion offers a selection of trends to dress up or dress down. For instance, maxi dresses, which were hot this Summer can also work for Fall and be dressed up by adding a long necklace, and a broad belt. They can be dressed down for an outing at the beach, by wearing less accessories and adding a pair of trendy gladiator sandals to complete the look.

Gia Hart, Manager at the Catwalk Boutique located on Robinson Road says bright colours are in this season. "Usually Fall colours included dark shades. But this season bright colours from Summer fashion are in for the fall as well."

Bermuda shorts were "yesterday." Linen shorts are taking the lead and being worn with sexy embellished tunics, adding a little sophistication and a flattering polish to an evening look.

Skinny jeans and pencil skirts have been in for a few seasons. People are wearing pencil skirts for an office look, dressing them up with broad belts.

Since fashion repeats itself there are some classic retro styles that are coming back. For instance plaid is back in many forms. Designers are making plaid shirts, blouses, skirts, shorts and accessories in a variety of colors like red, purple, yellow, and orange.

And who said shawls are only for dress wear? Dressing up a pair of jeans and T-shirt with a fine cashmere pashmina shawl is a new fun expressive style.

"Pashminas shawls are being worn casually. There are some made of thick fabric, but the ones that are worn casually are made of a more thin fabric", Mrs Hart said.

Shoes are a big deal in women's fashion. An outfit is never complete without the right pair of shoes or accessories and no, a woman can never have too

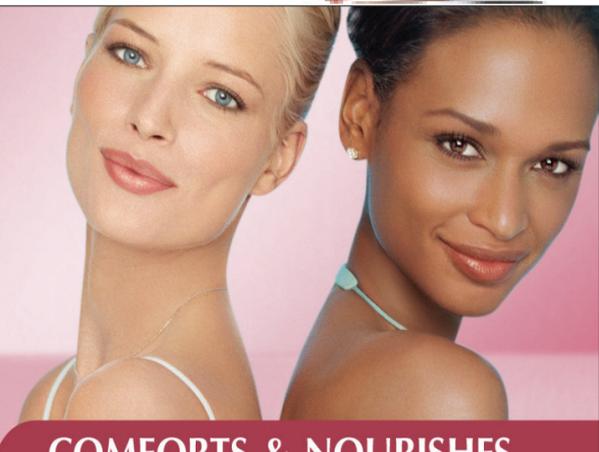
tunic tops



SEE page 10

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