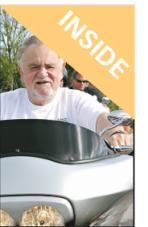


Hometown News

PORT ORANGE
SOUTH DAYTONA

PONCE INLET
DAYTONA BEACH SHORES

LEGACY
LIVES ON



Biketoberfest, Ride for Children carry on without Bruce Rossmeier
Page A2

Vol. 4, No. 36 Your Local News and Information Source • www.HometownNewsOL.com Friday, October 2, 2009

IN BRIEF

CLAIRE METZ
WESH-TV NEWS
BUREAU CHIEF



Hi Hometown News readers,

Thief turns herself in

Port Orange police say a slippery thief turned herself in a day after she slipped out of handcuffs during a brief time at the hospital. Heather Pilling, 21, was arrested at a Target Store for allegedly stealing more than \$1,000 in blue ray DVD's. Pilling told officers she was pregnant and having a

See BRIEF, A9

City wants speed limit lowered on Reed Canal Road

By Bill Borden
For Hometown News

SOUTH DAYTONA — The City Council is requesting that Volusia County change the designation of Reed Canal Road from "Thoroughfare Collector Roadway" to a "Residential Roadway" so the city can lower the speed limit between

Ridgewood Avenue and Nova Road to improve safety.

Florida statutes allow municipalities and Counties to set speed limits on roadways based on whether they are in a residential or business district, so the change in designation is a must to lower the limit, city officials said.

According to the city's Communi-

ty Development director John Dillard, Reed Canal has become "a major thoroughfare."

See REED, A2

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Seat 3 candidates are diverse

By Bill Borden
For Hometown News

PONCE INLET — The Town Council candidates for Seat 3 come from very different walks of life.

Bill Milano is a retired teacher and principal, Dennis Raposa is a Certified Public Accountant and Tom Rutledge is a former Marine officer and pilot now flying for FedEx Express.

Mr. Milano spent his working career in education, rising from mathematics teacher to principal in the Broward County school system. As principal, he said he managed more than 200 teachers and 3,200 students and was in charge of a \$10- to \$12-million dollar annual budget. He holds a bachelor's degree in mathematics and a master's degree in guidance counseling. He has received numerous education and administrative awards and recognitions during his career.

Mr. Milano and his wife Patty have been residents of Ponce Inlet for the last nine years. He currently serves on the Ponce Inlet Planning Commission and attends the budget and council meetings regularly. He has also served on the Lighthouse Village Homeowners board of directors for the last five years and has been president of the board for the last four years.

Dennis Raposa and his wife, Jennifer, have been residents of Ponce Inlet for the 10 years. Mr. Raposa is a partner in the accounting firm of

Raposa and Young located in Port Orange. He is a certified public accountant and graduated from Embry Riddle Aeronautical University with a bachelor's in aviation business before receiving his master's degree in accounting from the University of Hartford. He is a native of Hartford, Conn.

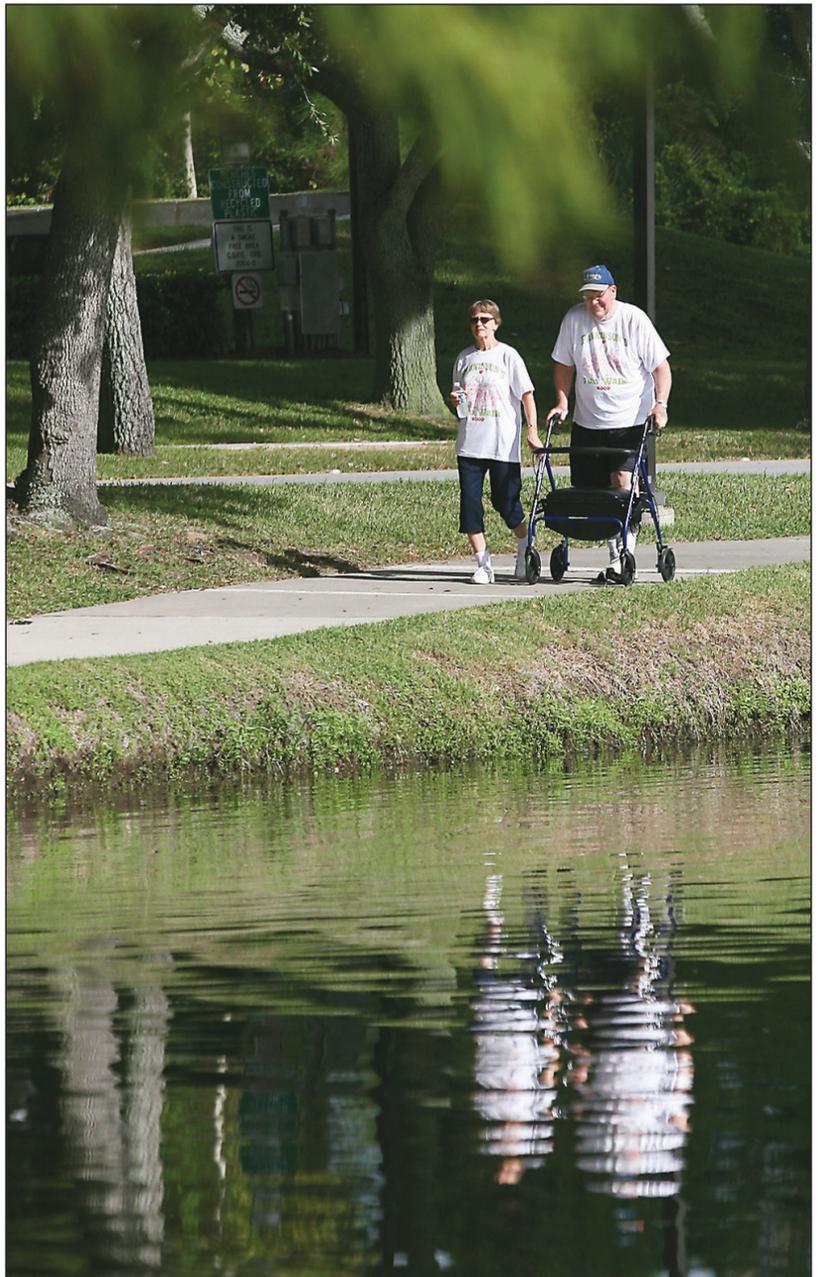
Mr. Raposa served on the Ponce Inlet Planning Commission from 2003 to 2005. He has served on the Daytona Beach/Halfway Area Chamber of Commerce as a member of the executive committee and as a director on its board. He also serves as the Co-Vice Chair for Community development for the Chamber.

Mr. Tom Rutledge is the third candidate seeking the Seat 3 position on the council. The Operation Desert Storm veteran has extensive military experience both as a pilot and an officer in the United States Marine Corps where he flew the AV-8B Harrier jet. He served 13 years of active duty with the Marines both in peace time and during war duty. He retired from the US Marine Corps Reserve five years ago. He is currently a heavy jet Captain for FedEx Express. He and his wife, Ami, have had ties to the Ponce Inlet Community for the 10 years with Ami's parents residing here.

The Rutledges have been full time residents in Ponce Inlet for the last 15 months. Mr. Rutledge

See SEAT, A2

A walk in the park



Randy Barber/staff photographer

Heike and Gerry Vandermark of Port Orange walk around the City Center Lake in Port Orange during the second annual 'Sole Support' Parkinson's Fun Walk last Saturday. The Parkinson's Association of Greater Daytona Beach sponsored the event.

WESH 2 HD WEATHER WEEKEND PLANNER

FRIDAY
PARTLY CLOUDY
RAIN CHANCE: 20%
85 HIGH 67 LOW
High Tide: 07:04 AM
Low Tide: 01:19 PM

SATURDAY
PARTLY CLOUDY
RAIN CHANCE: 30%
87 HIGH 68 LOW
High Tide: 07:46 AM
Low Tide: 02:02 PM

SUNDAY
PARTLY CLOUDY
RAIN CHANCE: 40%
87 HIGH 72 LOW
High Tide: 08:27 AM
Low Tide: 02:44 PM

WESH 2 HD WEATHER
CHIEF METEOROLOGIST TONY MAINOLFI

ENTERTAINMENT B1

ENVIROPETS



Rae Rae and friends visit Port Orange Family Days this weekend.

FISHING WITH DAN B8



Capt. Leo's got the beat

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Sheriff's Office unveils new crime watch program

By Jamey Durrance
Durrance@hometownnewsol.com

VOLUSIA COUNTY — Law enforcement can't be everywhere, all the time.

So, that's where a new crime-fighting program established by the Volusia County Sheriff's Office steps in.

Volusia County Sheriff Ben Johnson unveiled Operation BOLO, or Businesses on the Lookout, last week. The program will train businesses and street workers to look for suspicious activity, signs of crime or potential crimes.

"This is a joint effort," Sheriff Johnson said. "They give us information and we let them know

what we're looking for."

The program started when Emerald Waste Services, the trash collector for unincorporated Volusia County, met with the Sheriff's Office about the idea.

Other counties in Florida, including Alachua County, had already successfully started a similar program.

"We thought it was a great idea and immediately jumped on board," Sheriff's Office spokesman Gary Davidson said.

Workers, including trash collectors, public works employees and businesses, will be trained to spot signs of crime, such as broken windows, open garage doors or ladders

against a business.

Additionally, since these workers regularly visit neighborhoods, they know when someone or something might be out-of-place, Sheriff's Office officials said.

"We're in these neighborhoods, every week," said Brian Hughes, sales manager for Emerald Waste Services. "Our guys are out there and they see a lot of stuff. We're just the eyes out there, we live in these communities and we want to make it safe for our neighbors. We're just doing the right thing."

Mr. Davidson agreed. "It gives us a whole lot of extra eyes and ears in the community," Mr. Davidson said. "(The training)

sort of opens their eyes to things that they may see as they go about that may be a sign of something."

And, hopefully if criminals know there are a lot of people watching, they might think twice.

"The deterrent value alone makes the program worthwhile," Mr. Davidson said.

The Sheriff's Office will be able to send out information about criminals on the run or missing persons to workers and businesses so they can keep a look out as well, Mr. Davidson said.

"It's a tremendous value to us," he said.

Since launching the program, several businesses have asked to join, Mr.

Davidson said.

"It's a fantastic program," he said. "It doesn't cost taxpayers a dime. It gives an increased diligent presence in the community."

While the program only covers unincorporated Volusia County right now, Mr. Davidson said the effects won't just be felt there.

"It doesn't matter where it occurs," he said. "We just need the information."

He said once residents, workers and businesses are trained, they will be better prepared to combat crime wherever they are. Additionally, cities may decide to start similar programs in their jurisdictions.

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Sat: 9:00-10:00am Health Class: 10:30am

Rossmeyer family moving forward

By Wayne Grant
wgrant@hometownnewsol.com

VOLUSIA COUNTY — In many ways Bruce Rossmeyer personified Bike Week and Biketoberfest.

He was larger than life, a well-known presence at both events, and a key figure in their growth.

Mr. Rossmeyer passed away in July, but his daughter said the tradition he started will continue.

"We're moving forward just like Dad would want us to do," said Mandy Rossmeyer Campbell. "It's going to take the whole family to try and fill his shoes, but we're going to do the best we can."

Mr. Rossmeyer, who died in a motorcycle accident July 30 in Wyoming, attracted crowds to the Beach Street area when he organized events at Riverside Park near his Harley-

Davidson dealership, one of many he owned around the country.

He later built Destination Daytona in Ormond Beach, which became another biker mecca.

There was no event at Riverside Park at last year's Biketoberfest, but it's back for this year (Oct. 15-18) and will once again be under the umbrella of the Rossmeyer family.

Ms. Rossmeyer Campbell said they are partnering with other companies to have a muscle car show, staged music, contests, custom bike builders and more.

She said she is also excited about a new event at Destination Daytona.

"Rat's Hole Custom Bike Show, which has been on the beachside, will come out and do their big show on Saturday of Biketoberfest," she said. "And we'll



Photo courtesy of Rossmeyer family

Bruce Rossmeyer on a recent 'Ride for Children,' an annual charity bike ride he founded that benefits Camp Boggly Creek for ill children. The Rossmeyer family carries on the tradition this year on Oct. 11.

have vendors, music and other things like last year."

Visitors will be able to leave remembrances for Mr. Rossmeyer at the Rossmeyer locations.

Meanwhile, the Daytona Beach Area Convention and Visitors Bureau is taking advantage of social networking sites, Twitter and Facebook, to boost attendance at the event, said Janet Kersey, who is in charge of Biketoberfest promotions at the bureau.

"People are using social networking more and more to get information about places," Ms. Kersey said. "You can even log on with your telephone. Now we are part of it."

She said the official Web site, biketoberfest.org, has had about 10,000 more hits than this time last year.

As Biketoberfest approaches, Ms. Kersey said, they are adding about a dozen Twitter friends each day and they now have hundreds.

Those planning a visit to the event can hook up with the networking sites after logging on to the official Web site, Ms. Kersey said.

Biketoberfest activities can be found throughout Volusia County and the chamber does its best to include everything on the Web site, she said.

"Facebook and Twitter will be a good way to keep current," Ms. Kersey said. "We let people know about last minutes changes and developments."

Lori Campbell Baker of the Visitors Bureau said the economy could have an affect on this year's attendance, but hotels are seeing steady requests in advance reservations and the Web site activity is encouraging.

"These are strong indicators that we are healthily moving forward at this juncture," she said.

Ms. Kersey said people arriving in town can visit one of the official visitors centers to get information about the event as well as general tourism information for the entire area.

Destination Daytona is one of the official welcome centers, as is Daytona International Speedway. Free posters and wallet cards are available at both locations.

Biketoberfest has continued to grow through the years, and there is a wide selection of things to do over a large area.

On the beachside, after experiencing Main Street — and it is quite an experience — there are other things to enjoy such as the Boardwalk Classic Bike Show and a free concert at the historic Bandshell.

The beachside is also popular for driving down to Ponce Inlet or up to Ormond Beach and touring the Loop.

Other areas to search for fun include midtown Daytona Beach, Daytona International Speedway, U.S. Highway 1, Holly Hill, South Daytona, New Smyrna Beach and out west in DeLand.

Biketoberfest is set for Oct. 15-18. For information go to biketoberfest.org or call (866) 296-8970.

The Ride for Children will be held on Oct. 11 at 10 a.m. A pre-ride party and "Celebration of Bruce" will be held at Destination Daytona on Oct. 10 from 3 to 8 p.m. For more information, visit destination-daytona.com or call (386) 671-7067.

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- 1955/55 Cent\$650 & up
- 1885 5 Cent\$400 & up
- 1886 5 Cent.....\$175 & up
- 1912-S 5 Cent\$100 & up
- 1937-D 3 Legs 5 Cent\$400 & up
- 1916-D Dime.....\$750 & up
- 1901-S Quarter\$3,500 & up
- 1893-S Dollar\$2,500 & up
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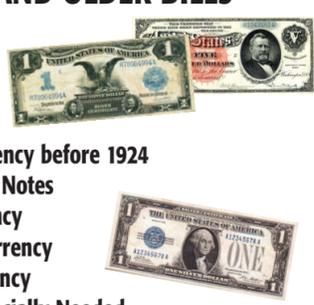
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- Sterling Silver (No Jewelry Please)\$10.00/oz.
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Reed

From page A1

"Lowering the speed limit is part of a three-prong approach to make Reed Canal Road a safer roadway with more of a residential atmosphere instead of the major thoroughfare it has become," he said.

The city recently restricted large truck traffic on Reed Canal Road to east of the railroad tracks as another part of the three-pronged approach. Additionally they have asked the County to study the safety aspects of the roadway since it parallels the drainage canal that gives its name to the street and limits the width of the roadway.

Lowering the speed limit

on the road would not upset Jane Self, a South Daytona resident who travels the road frequently.

"The street that I live on is limited to 25 mph travel and I feel it is safer for residents who are out walking or biking in the community," Ms. Self said.

The fact that an entrance to Reed Canal park is on the road is another reason to lower the speed limit, she said.

"Families with small children trying to cross the road to enter Reed Canal Park are put at risk with the heavy traffic," she said. "I've seen families trying to hurriedly push their bikes across the road to dodge the oncoming traffic and that is not safe. I've wondered why they don't put a pedestrian crossing light there so people can cross safely."

Seat

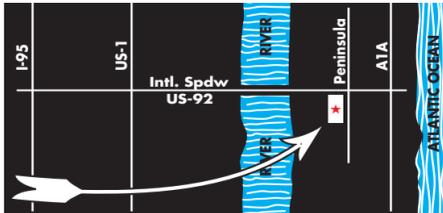
From page A1

has become involved in Ponce Inlet issues this year by focusing on the budgeting process and other important issues facing the community.

The Seat 3 candidates

offer a diverse background of experience and knowledge for the residents to choose from in the upcoming election.

Editor's note: Q&A's with all seven Ponce Inlet Town Council candidates will be published in upcoming editions of Hometown News.



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The Arches at Calle Grande Avenue in Ormond Beach.

Photo courtesy of Eric Dusenbery

Documentarian preserves local history

By Suzanne Grille
For Hometown News

VOLUSIA COUNTY — While people around the country are watching renowned documentary filmmaker Ken Burns' new series on America's National Parks, those of us in Volusia County can check out professional documentation of our own geography and history thanks to local multimedia storyteller Eric Dusenbery.

In 2005, Mr. Dusenbery created Cinderic Documentaries, Inc., a DeLand-based nonprofit organization dedicated to enriching and preserving local history and traditional culture. Ever since, the group has recorded fading local places and lifestyles through documentary photography and oral interviews that are exhibited throughout the state.

This weekend, Cinderic will be at Port Orange Family Days Community Expo.

Mr. Dusenbery, a DeLand resident, became interested in historical sites when, as a child, his parents took him on road trips, making frequent stops at various "presidential and other community-orient-

ed sites."

After working for 20 years as a commercial editorial photographer, he discovered that much of Florida's history and culture was either vanishing or being overlooked and forgotten.

"I hated to see it happen," he said.

So, he started documenting "what's right in our backyard."

Past projects include "Seville Public School," documenting its people, stories and events; "Croaker Sacks and Catfish Stew," exploring recipes, cooking, and food preparation in Depression-era rural Volusia County; and the earlier "At Water's Edge," focusing on the livelihood of some of Florida's fishing villages.

Mr. Dusenbery's projects are funded by grants, sponsors and donations. His latest project, "Lessons from the Grave," is a look at Volusia County's history through its cemeteries.

"Because so many of the world's cemeteries have been lost or forgotten, we decided to focus on those remaining near us," Mr. Dusenbery said. "We are talking to the descen-

dants of people in those cemeteries, trying to develop an oral history of these 'pioneer ancestors' from stories that have been passed down for generations."

Mr. Dusenbery's free e-zine, "Armchair Culture: Places to See and Stories to Hear in Volusia County," gives readers a peek at Cinderic's projects, workshops, photography, local sites, events, and internships.

A recent issue highlighted the Arches at Calle Grande Avenue on the Ormond Beach-Holly Hill line.

"I love historic churches and architecture in general," he said. "Old rodeo arenas, too."

To shoot his historical subjects such as the arches, Mr. Dusenbery uses what most would call a cumbersome 4X5 architectural view camera — the type that requires a tripod and a black hood to shield the photographer.

The detailed Corinthian columns are neglected, but still a curious sight to newcomers to the area. Dusenbery said he "imagined how they looked in 1924. Built to look like marble, the structures are adorned with hors-

es...and other figures at the top." They stand along the canal that had been part of the entrance to the former Rivera Hotel, developed by William Hardesty. The gateway is currently listed as one of the County's endangered historic sites.

Cinderic Documentaries accomplishes its mission of preserving local history through both its projects and educational outreach. The organization is currently working on a Web site to showcase rural Volusia heritage projects, and a youth project to encourage teens to record places and people important to them.

Cindi Brownfield, the organization's public relations manager, said Mr. Dusenbery is performing a great service for Volusia County residents.

"Eric is a very talented photographer and storyteller," Ms. Brownfield said. "His projects play an important role in documenting the people and stories that make Florida what it is today. We can all learn something from his stories, both about Florida and about ourselves."

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Community Notes

Utility bills are available by e-mail

The City of Port Orange is now offering e-notification for resident utility bills.

Port Orange water customers can now have their utility bill e-mailed to them instead of receiving a printed copy.

Residents may e-mail their request to participate at customerservice@port-orange.org.

They must include the e-mail address where the e-notification should be sent.

A confirmation e-mail will be sent that participants must accept in order to activate the e-notification account.

For information, call (386) 506-5720.

Learn to ballroom dance

Ballroom dance classes will be held from 7:30 to 8:30 p.m. each Wednesday beginning Oct. 14, at the Port Orange Adult Center, 4790 S. Ridgewood Ave.

The cost of the four-week session is \$37.

For more information, call (386) 756-5391.

Children's activity scheduled at library

The Port Orange Regional Library will hold a book club/craft class for children in first through fifth grades at 2 p.m., Wednesday, Oct. 7, at 1005 City Center Circle.

The October selection is any book from the "Captain Underpants" series by Dave Pilkey.

For more information, call 386-322-5152 Ext. 4.

Team Up For Fire Prevention Week

Fire Prevention Week is Oct. 4 through 10, and Neighbors General Store is joining with the Port Orange Fire-Rescue for its third annual Great American Fire Drill.

Families can bring their home fire escape plans by Neighbors General Store from 6 to 8 p.m., Friday, Oct. 9, at 5980 Spruce Creek Road, in exchange for a free ice cream or Italian ice.

Port Orange firefighters will be there along with Sparky the Fire Dog to collect escape plans and hand out Fire Prevention Week memorabilia.

In preparation for the drill, department personnel have provided escape plan grids to students at all six of the city's elementary schools.

Firefighters will review the plans and select a winner from each school.

That student will win a ride to school on the fire engine.

Flu shots slated

Port Orange Fire Rescue will administer flu shots from 10 a.m. to noon, Tuesday, Oct. 6, at the Port Orange Regional Library, 1005 City Center Circle.

Flu shots cost \$25 and pneumonia shots are \$45.

For more information, call (386) 322-5152.

Field trip to landfill scheduled

The Halifax River Audubon Society will hold a free field trip at 8 a.m., Saturday, Oct. 3, to the Volusia County Landfill.

Participants should meet at the Lowe's auxiliary parking lot on Dunlawton Avenue to form carpools.

Participants should bring a bagged lunch and drink.

For more information, call (386) 788-2630.

Free tennis instruction offered

A free children's tennis event will be held from 10 to 11:30 a.m., Saturday, Oct. 10, at Airport Road Park, Port Orange.

There will be on-court games, instruction and prizes.

For more information, call (386) 299-6551 or e-mail rita@ritatennis.com.

Plant sale scheduled

The Florida Native Plant Society PawPaw Chapter fall plant sale will be held from 10 a.m. to 4 p.m., Saturday, Oct. 10, at Atlantic High School, 1250 Reed Canal Road, Port Orange.

Dozens of native trees, shrubs, ground covers and wildflowers will be available.

For more information, call (386) 673-9543.

Golf tournament planned

The first ever Lions Club of Ponce Inlet and Police Athletic League golf tournament will be held Saturday, Oct. 24, at the Indigo Lakes Golf Club.

See NOTES, A6

Dancin' Queen...



Randy Barber/staff photographer
Kevin Taylor of Port Orange twirls his daughter Ralyn, 9, during the Father/Daughter Dance at the Port Orange YMCA last Saturday.

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Health Department speakers' bureau educates about flu season

For Hometown News
Volnews@hometownnewsol.com

The Volusia County Health Department and Volusia County Emergency Management have teamed up to educate citizens about flu through their "Let's Fight Flu Together" campaign.

An important educational element of the program is the health department's influenza speakers' bureau consisting of public health professionals who speak to local groups and organizations about H1N1 swine flu and seasonal flu.

Groups and businesses in Volusia County can request a speaker to address citizens' questions about flu. Presentations are free, and can be customized to the group's needs. Speakers also can direct citizens to additional online and free resources available from state and federal agencies.

"By offering a bureau of people who can address

concerns one-on-one, we're able to help citizens put a friendly face on the messages the health department is dispersing about the importance of preventing the spread of flu this season," said Dr. Bonnie Sorensen, Volusia County Health Department director. "We want to engage businesses, chambers, schools, and civic groups in these discussions to help spread the word about how not to spread the flu."

Topics that can be addressed by the speakers' bureau include:

- Trends in influenza surveillance
- What you should know about H1N1 swine flu
- What you should know about seasonal flu
- Flu prevention tips
- Ways workers can stay healthy during flu season
- H1N1 testing and treatment protocol, prevention measures, reporting to centers for disease control and prevention for the medical community.

Speakers available include:

- Dr. Bonnie J. Sorensen, Volusia County Health Department director
- Dr. Sanford Zelnick, Volusia County Health Department medical director
- Michele Nash, Volusia County Health Department epidemiologist
- Susan Mackenzie, Volusia County Health Department Medical Reserve Corps coordinator
- Greg Thomas, Volusia County Health Department environmental health specialist
- Kurt Jennings, Volusia County Health Department environmental health specialist
- Robert Maglievaz, Volusia County Health Department environmental health specialist

To request a speaker or inquire about materials available for specific flu communication needs, call (386) 274-0500 Ext. 0601.

Police report

Editor's note: This is a list of arrests, not convictions, and all arrestees are presumed innocent unless or until proven guilty in a court of law.

Port Orange Police Department

•Megan R. Cassell, 24, of 264 Devon St., Port Orange, was arrested Sept. 18 on charges of possession of Roxicodone. Bail was set at \$1,000.

•Virginia Lee Bumgarner, 52, of 5080 S. Ridgewood Ave., Port Orange, was arrested Sept. 18 on charges of possession of crack cocaine. Bail was not set.

•Hannah Kay Hall, 20, of 4542 Rockledge Lane, Port Orange, was arrested Sept. 22 on charges of grand theft auto. Bail was set at \$1,000.

•Brooke Marie Hay, 18, of 736 Hawks Rd., Port Orange, was arrested Sept. 23 on charges of possession of a schedule II controlled substance. Bail was set at \$1,000.

Volusia County Sheriff's Office

•Christine Michelle Brock, 38, of 3839 Cardinal Blvd., Daytona Beach Shores, was arrested Sept. 18 on charges of possession of cocaine. Bail was set at \$2,000.

•Flora Segal, 52, of 1601 Big Tree Road, Apt. 1006, South Daytona, was arrested Sept. 18 on charges of attempting to obtain a controlled substance, fraud. Bail was set at \$2,500.

•Brian John Nel, 56, of 2095 Taylor Road, Port Orange, was arrested Sept. 22 on charges of child abuse without great bodily arm. Bail was set at \$4,500.

•Bradley Reuben Shoop, 49, of 806 E. Colonial Circle,

CRIME STOPPERS

(888) 277-TIPS

Wanted

Wanted person:
James Leonard Smith, Jr.

Birth date:
Jab, 23, 1970

Distinguishing features:
Scar on right arm

Reason wanted:
Absconded sex offender

Last known location:
Ormond Beach



James Leonard Smith, Jr.

Crime Stoppers of Northeast Florida is seeking information on the whereabouts of James Leonard Smith, Jr., 39.

Smith is a convicted sex offender out of South Carolina who has been staying in Ormond Beach.

A warrant was issued for Smith's arrest on Sept. 16, 2009, after he failed to renew his sex offender registration with local law enforcement, as required by Florida's sex offender laws.

Smith's last known residence was at 1024 S. Nova Road, No. 1 in Ormond Beach, but his current whereabouts are unknown.

Smith is 5-feet 2-

inches and weighs about 115 pounds and has brown hair and blue eyes.

If you see Smith or know where he is, don't attempt to apprehend him.

Anyone with information regarding Smith's whereabouts is asked to call Crime Stoppers toll-free at (888) 277-TIPS. You can also Text your tip by texting "TIP231 plus your message" to CRIMES. Anyone who provides information to Crime Stoppers will remain anonymous and can qualify for a reward of up to \$1,000.

Daytona Beach, was arrested Sept. 22 on charges of aggravated assault with a deadly weapon, attempted armed burglary dwelling and battery on law enforcement officer/firefighter/EMT. Bail was set at \$7,500.

•Jared Stephen Kakowski,

22, of 637 N. Oleander Ave., Daytona Beach, was arrested Sept. 23 on charges of sale of cannabis. Bail was set at \$5,000.

•Brian Keith Allen, 38, of 1702 Franks Place, South Daytona, was arrested Sept. 24 on charges of aggravated stalking. Bail was not set.

Business News

New company helps parents stay organized

Harried parents always have a hard time keeping up with their children's busy schedules that may include sports, music and social activities.

A new company is offering a way to stay organized. Kidashboard.com offers a "safe and secure" place to keep all information in one place.

The Web site allows parents to create an account for each child that can contain everything from after school activities to emergency contacts to

allergies and friends' contact information.

Each child's folder can be customized to their needs and can be shared with other users such as grandparents and caregivers.

For more information, visit kidashboard.com.

— For Hometown News

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Port Orange City Center

For Information visit www.familydays.com

or call 386-506-5935

SCHEDULE HIGHLIGHTS

Thursday, October 1

Family Fun Carnival - 5pm-10pm (Armbands \$20 discount Coupons Accepted)

Friday, October 2

Family Fun Carnival 5-11pm (Armbands \$20)

Movie Under the Stars 8pm: Monsters vs. Aliens at amphitheater

Saturday, October 3

Community Expo-9am-4pm (Exhibitors, Street Performers, Food, Entertainment)

Family Days Parade and Mutt Strut-10am Around the Lake on City Center Circle

Family Fun Carnival-10am-11pm (Armbands \$20)

Street Painting Festival-10am-4pm (Vote for your favorite at City Hall Plaza)

Sunday, October 4

Community Expo-9am-4pm (Exhibitors, Street Performers, Food, Entertainment)

Family Fun Carnival-10am-7pm (Armbands \$20) discount coupon accepted

Radio Disney 1-5pm at amphitheater

Musical Entertainment

FREE!- LIVE! -On Stage at the Parker Amphitheater

United States Navy Band • Spruce Creek High School Jazz Band

Category 5 Band

All activities/events are FREE and open to the public! *Except Carnival and Food Purchases

For Complete Schedule go to www.familydays.com



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\$5.00 OFF

ARMBAND PURCHASE

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Sunday, Oct 4th 10am-2pm or 3pm-7pm

Bring this coupon to the ticket window, for a \$5 discount on the purchase of a ride armband at the FAMILY DAYS CARNIVAL 2009

Armbands will be available Friday & Saturday at regular armband price - \$20.00

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* Total energy costs calculated using ARI Standards 210/240-94, the DOE test procedures (10 CFR, Part 430, Subpart B, Apps M and N) and the FTC rep. Unit energy costs: \$0.086/kWh and \$0.91/therm (16 CFR 305.9)
† Factory rebate savings range from \$50 to \$1,325 depending on equipment purchased. Expires 11/15/2009. See participating dealer for details. Federal tax credits of up to \$1,500 on qualifying Energy Star equipment. See your tax advisor for qualifications. Must be placed in service prior to 12/31/2010. WAC.

VIEWPOINT

FRIDAY, OCTOBER 2, 2009 • HOMETOWN NEWS • WWW.HOMETOWNNEWSOL.COM



Got something to say?

Call the Hometown Rants & Raves line at
(386) 322-5900

or e-mail volnews@hometownnewsol.com.
Callers are asked to refrain from making slanderous statements. Statements of fact will be checked for accuracy.

Health Department recommendation disregarded by beach advisory board

Since when do the desires of uncaring and uninformed dog owners supersede the Health Department's advice and report?

It states that, if permitted, dog waste would contaminate the beach sand and water that our children dig and play in.

It is bad enough that dog owners allow their animals to contaminate their neighbors' lawns.

Now they want to contaminate our beaches. A few dog owners will pick up their dogs' waste, if under supervision.

Most leave it and move on quickly. In addition, dog owners don't think about the urine factor at all.

If you want a dog, keep it on your property.

Add the possibility of dogs biting beach users and the only intelligent and responsible decision is to "just say no" to dogs on the beach and get a new Beach Advisory Board. Case closed.

Keep alcohol and dogs off the beach

I lived in Ormond Beach 40 years ago and remember the beach as being much larger, with sand dunes, and much cleaner.

At no time were dogs allowed on the beach in Ormond or anywhere else. That goes for alcohol also.

I moved back to Ormond Beach last October and was shocked to see not only dogs on the beach, but alcohol being passed around. Now that most apartments allow for pets, there are more animals than ever, and the majority of these tenants do not pick up after their dogs where they live. Why would they pick up after their animals on the beach? I don't want to have to step in some dog's pee or poop while walking on the beach, which I do as often as I can. There is enough junk on the beach as it is. Also, the health risks that are involved with animal excrement must be taken into consideration.

As far as alcohol is concerned that should also be forbidden. There are no lifeguards, except in the tourist sections of the beach in Daytona after Labor Day, so drinking could become out of hand on the beach. Not only are adults irresponsible, but also underage drinking would become a real problem and the lifeguards have more than they can handle with the ever-present rip currents.

Ormond Beach does not need to be spoiled anymore by either of these two evils. Keep what little of the beach that is left clean so that it can be enjoyed for many years to come.

County council votes to raise millage rate

The Volusia County council stabbed all the county residents in the back.

They voted to increase the millage rate on your property tax bill by 19 percent.

They have become the advocates for the county management and sympathizing with their insatiable appetite for more tax dollars.

Every elected official in every taxing district should be cutting expenses by at least 10 percent, in view of all the layoffs and downsizing in the public workplace. That would be the prudent thing to do as representatives of the tax paying public, who sent them to office.

They should also insist that every level of management get out of their offices and go out in the field everyday with their eyes open to cut expenses and become more efficient. Everyone knows that effort alone would save 10 to 20 percent, but unfortunately it would prove the point that management has not been efficient, and they are not going to admit that.

Until we get elected officials with a bite that's bigger than their bark we will continue to suffer tax raise after tax raise, until we become another California. Just look at the parallels. We're not that far behind.

County should lower taxes

Unemployment is 11 percent in this state, but the greed of the state is driving people out.

They increased the driver's license fee by 28 percent, doubled the renewal on tags, and in Volusia they're proposing a

Go HAWKS!!!



Randy Barber/staff photographer

Mackenzie William, 10, of Port Orange does cartwheels to attract business for the POP Warner PeeWee Hawks car wash at Ritter's Frozen Custard in Port Orange recently.

21 percent tax hike on homeowners. This is the lowest paid county in Florida, and one of the lowest in the nation.

Yet our government allows the legislature to impose all these taxes on the people. What are these people going to do when they run everyone out of the state because of the taxes?

We, as the people, need to stop talking and complaining about these things, and stand beside each other and voice our opinion.

Lower the volume of commercials

I find it deplorable after paying such a high price for cable TV, that I have no control over the sound levels of the advertisements.

We are forced to sit in front of the TV with the remote in hand prepared to mute, because when the advertisement comes on it usually has a boosted sound level that blasts our ear drums. This is highly offensive and painful, taking away the pleasure of the programming. We set our TV at a comfortable audio level, and that is where it should stay. Apparently the cable company is able to inject a higher level of sound in order to promote the product being advertised. I do not think this is fair, to say the least, and is an imposition to our lifestyle.

We, of course, have the option of just recording the program and then fast-forward through the ads.

Wait staff deserve respect

Recently, I was working at the restaurant I have worked on and off at for years, when I had the unpleasant experience

of meeting a family of four who were seated in my station. While taking their order, I misheard something the father had said and I said, "Oh I'm sorry. I heard you wrong." The man looked at me and replied with a smile on his face, "Well what else would I expect from a waitress?"

Ouch.

Usually when I come across customers that maybe should have stayed home that day, it does not bother me. A tough skin is required in this line of work and it usually takes a lot to rattle me, but not that night. This very unnecessary comment hit me hard. I think this is the only time I have walked away from a table with tears in my eyes.

The rest of my experience with this family was one I could have done without.

I wish I could have told this man that I am 22 years old and graduated college with a bachelor's degree a few months ago, but due to the economy, I moved back home and spend half of the week working at the restaurant, and the other half of the week in another city looking for a full-time career job.

Anyone who has ever been a waiter or waitress, whether it is the college student putting themselves through school, the parent who comes to work even though their kid is sick, or the manager who worked their way up from a bus person knows how hard this job can be. I think it is important for people who may not work in the restaurant business and may not understand personally to think about how things people say can really affect someone. Waiters and waitresses get up, go to work early and get out late. Not because they love the job so much and it is their lifelong dream, but because it puts food on the table and is a quick means of an income.

Perhaps next time, the rude one-liners could be saved for someone who actually did something to deserve it.

Notes

From page A4

A fee of \$75 includes 18 holes of championship golf, cart, Continental breakfast, free sodas and beer, food on the course and a buffet lunch with a live auction of sports and leisure paraphernalia.

Proceeds will benefit the Florida Lions Camp, Southeastern Guide Dogs, The Florida Lion's Conklin Center and the Police Athletic League of Ponce Inlet.

Checks for donations and entry fees should be made payable to the Lions Club of Ponce Inlet.

Checks may be mailed or dropped off at the Ponce Inlet Police Department, 4301 S. Peninsula Drive, Ponce Inlet, FL 32127.

Book sale planned

The Friends of the Port Orange Regional Library will hold its annual "spooktacular" book sale from 9 a.m. to 4 p.m., Friday, Oct. 9, and 9 a.m. to 4 p.m., Saturday, Oct. 10.

For more information, call (386) 322-5152.

Teen advisory board members needed

Participants are need for the Port Orange Regional Library's Teen Advisory Board.

The group will meet from 4 to 5 p.m., Tuesday, Oct. 5, at 1005 City Center Circle.

This volunteer group helps choose the material to be added to the library collection.

For more information, call (386) 322-5152 Ext. 4.

Exercise classes offered

The City of South Daytona Parks and Recreation Department will hold exercise classes in October.

Interpretive belly dance classes will be held at the James Park Dance Studio and Piggotte Community Center beginning Oct. 6.

The six-week session is \$30 for residents and \$35 for non-residents.

Yoga classes will be held from 6:30 to 8 p.m. each Tuesday and from 9 a.m. to 10:30 a.m., each Wednesday at the Piggotte Community Center beginning Oct. 6.

The eight-week session is \$72 for residents and \$44 for non-residents.

Participants should bring an exercise mat and large towel.

For more information, call (386) 322-3070.

Cemetery clean up scheduled

A clean-up day will be held at Woodland Cemetery from 8 a.m. to noon, Saturday Oct. 10, at 399 Orange Ave., Port Orange.

Tools will be provided, but participants may bring their own.

Water will be provided.

Students learn 'Joy of Painting'

The City of South Daytona Parks and Recreation Department will hold a Joy of Painting class at 11 a.m., Monday, Oct. 12, at the Piggotte Community Center. The topic will be "Red Sky at Night."

Cost is \$65 per resident and \$70 for non-resident. Cost includes all supplies. No experience is needed.

Registration is required. For more information, call (386) 322-3070.

Tax preparation classes offered

The City of South Daytona Parks and Recreation Department will hold tax preparation classes from 7 to 9 p.m. each Wednesday at the Piggotte Community Center.

Classes begin Oct. 7. Cost is \$25 per resident and \$30 per non-resident.

Participants must have attended the basic class to be eligible to attend the intermediate or advance classes.

Advanced registration is required.

For more information, call (386) 322-3070.

Quilt and craft sale slated

Covenant United Methodist Church will hold its sixth annual quilt, craft and bake sale from 9 a.m. to 2 p.m., Saturday, Oct. 10, at 3701 S. Clyde Morris Blvd., Port Orange.

Breakfast and lunch to benefits mission team.

To reserve a table or donate baked goods, call (386) 304-3734 or (386) 761-9739.

Cheerleading programs offered

The Port Orange Parks & Recreation Department will hold registration for its cheerleading program for ages 8 to 11.

The cost is \$50 for residents and \$70 for non-residents.

The program is limited

to the first 60 people who register.

Registration will be held from 8 a.m. to 5 p.m., Monday to Friday, at the Port Orange Gymnasium, 4655 City Center Circle.

Instructors are also needed.

For more information, call (386) 506-5851.

Basketball sign-ups scheduled

The Port Orange Parks & Recreation Department will hold registration for youth basketball.

This program is for boys and girls between the ages of 6 to 17.

The cost is \$45 for residents ages 6 and 7 and \$65 for non-residents.

The cost is \$65 for residents 8 to 17 and \$85 for non-residents.

The program is limited to the first 60 people who register.

There is an instructional meeting from 5:30 to 6:15 p.m. each Monday, Wednesday and Friday from Nov. 9 to Dec. 11.

Last day to register is Friday, Oct. 30.

For more information, call (386) 506-5851.

Bike give-away offered

The Attic Youth Group of White Chapel Church of God in South Daytona is currently giving away bicycles for both adults and children, absolutely free of charge.

To make a donation, call (386) 801-5426.

They offer free pick up and delivery.

For more information, call (386) 589-3590.

Hometown News

Published weekly by Hometown News, L.C.,
1102 South U.S. 1, Fort Pierce, FL 34950
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CIRCULATION AUDIT BY



PORT ORANGE

Youth baseball good for kids and community

I am a single father, freelance writer, co-host of a sports talk radio show, disabled American veteran and more. Yes, I do many things, but one of the most important things I do is coach youth baseball.

For the past several months, I have been coaching in the Weeks II Success Youth Baseball program, which is a 501c3 non-profit organization aimed at providing baseball opportunities for inner city kids.

One reason I coach is because baseball has always been my favorite sport.

But another, more important reason that I coach is to give back to my community. I want to reach out to the youth to teach them and show them something different.

The final reason is if I don't do it, who else will do it?

And yes I do love it!
You never know the

impact you will have. Just by example, I know that I have touched kids' lives. Daytona is my community and I am a product of Pine Haven, which is in inner city Daytona. I left here to serve in the armed forces, get an education and came back to do positive things. I believe that I inspire the players and let them know that they can achieve anything they put their mind to. I am an example that they do not have to succumb to their environment.

In this program I have seen kids grow and start to develop into real ball players. There are kids who before playing, could not make a catch but now snatches anything that comes along. Some who could not throw but now have some real heat, and some who could not even make contact with the ball, but now hit the spot right out of it.

This makes a coach feel such satisfaction.

HOMETOWN VOICES

ANDREAS BUTLER



Of course, it's not just about sports. The game also teaches them self-respect, discipline and teamwork.

Our program is an initiative of Rickie Weeks Sr, who is known throughout the baseball world. Weeks is the father of Milwaukee Brewers second baseman Rickie Weeks Jr., and Oakland Athletics' prospect, Jamile Weeks, who just currently won a championship with AA Midland, Texas team.

The program has two teams: one in Orlando and ours here. Both will field a 12 and under youth travel team that will compete in AAU competition this fall.

I am the head coach and chief administrative officer for the Daytona

team, which is a volunteer position.

This program is open for all youth ages eight and older.

Baseball is not as popular in the black community as basketball and football. Opportunities for blacks in baseball are diminishing for several reasons, one being the lack of people in the community with expertise on the game. Another is the expense of the game.

But I have seen for myself the positive force it can have on kids who would otherwise be spending their time less sensibly. And I would love to see people rally around this program that is so valuable, not just to the kids, but to our community as a whole.

If you are interested in volunteering or making a donation to the AAU Team, or especially if you know a youngster who would like to come out and play some ball, please call Rickie Weeks at (407) 467-1069 or log onto www.weeksiisuccess.org.

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Let's read!

Samantha Findlay, 4, and her grandmother Fran Fillegar of Port Orange, head to the front desk to check out some children's books after attending the Preschool Story Time program in the Children's Library at City Island in Daytona Beach last Thursday.

Randy Barber
Staff Photographer

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Staycation

Fort Pierce has something for everyone

What a way to spend a day. If you jump in the car, drive under two hours (depending on where along the east coast you begin your journey) you will find your way to Fort Pierce. The city lies on the Indian River along Florida's Treasure Coast between Vero Beach and Port St. Lucie.

What you find here might just surprise you. There's adventure, history, culture, arts, theatre, museums, beaches, boating, eco-friendly activities, treasure



TRAVEL
PATTY TOPPA

hunting, golf and more to enjoy in this hidden gem.

For history buffs, there is the St. Lucie County Regional History Center where one might be interested in the sinking of the Spanish treasure fleet in 1715 (hence Treasure Coast) or the Seminole War of 1838 and

the history of Fort Pierce.

For history and art lovers there is the life of A.E. "Bean" Backus Gallery and Museum. "Beanie" Backus was a self taught artist of the Florida landscape and was instrumental in inspiring and mentoring the famed Florida Highwaymen artists, a group of approximately 26 black Florida artists that painted and sold their art out of the trunks of their cars along the Florida highways. The artists were not acknowledged as a group until the 1990s, when Jim Fitch, art collector and curator, named them in a 1995 article on antiques and art around Florida. The paintings are very desirable to collectors of both folk and African-American Art.

Also located in Fort Pierce is Harbor Branch Oceanographic Institution, once a privately funded oceanographic research center now merged with Florida Atlantic University, the U.S. Navy UDT SEAL Museum, for those interested in the history of Navy SEAL training, and the Smithsonian Marine Ecosystems Exhibit. Those interested in marine life would not be bored with these options.

Boating is a popular activity particularly because you have the City Marina running alongside the city. The marina was wiped out by Hurricane Frances in

2004 when all of the floating docks were gone when the storm was over. They have been rebuilding ever since. The entrance is now much closer to the inlet.

Golf seems to be part of the Florida lifestyle in general and Fort Pierce is no different. There are many courses, both private and public, including Indian Hills Golf Course that has been a cornerstone of Fort Pierce since 1938.

For those who enjoy the performing arts, the recently renovated Sunrise Theatre opened for live performances. Originally built in 1923, the doors were closed in 1983.

The Fort Pierce Preservation Association purchased the theatre in 1997 and renovated it. It is now being used once again as the cultural center of St. Lucie County and the Treasure Coast.

This year's lineup includes: An Evening with Chris Botti, Tommy James and the Shondelles, Kool and the Gang, ABBA Mania, and A Kenny Rogers Christmas and many more.

Come and spend the day or the weekend. Fort Pierce has something for everyone.

Patty Toppa is a travel consultant with Gadabout Travel. She can be reached at patty@cruisetravel-tours.com or www.cruisetravel-tours.com.



Photo Courtesy of Ron & Debbie Albert

Downtown Fort Pierce and Marina Square is the home to FridayFest, Greenmarket and a beautiful view of the Indian River Lagoon.

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Re-Membering Church

Epiphany Catholic Church, Port Orange, announces
Re-Membering Church

a program designed to help inactive, alienated or lapsed adult Catholics to return to the church. All are welcome to come back to church, to let go of guilt and fears, be supported by a caring team and once again, become active in their faith and renew their sacramental life.

Orientation Sessions will take place on
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Brief

From page A1

panic attack, so they took her to the hospital before heading to jail. Police said Pilling was handcuffed to a bench in the ER and slipped out of the cuffs and out of the hospital when an officer went outside to do some paperwork.

Golf carts set for South Daytona streets

Golf carts will soon be cruising the streets of South Daytona after a new ordinance passed as expected. Leaders said the city is the perfect place for them with most roads at golf cart speed limits of 20 to 25 mph. The carts can't be on main roads. Officials said golf carts are part of their "green" initiative and will encourage neighbors to get to know each other. The carts have to be street legal and users have to have driver's licenses and insurance, along with city issued golf cart decals.

Dredging completed

Dredging of Ponce Inlet is over and the pipes that were sucking sand from the inlet and putting it on the beach north of the inlet are being removed. The Army Corp of Engineers dredged the inlet to allow safe passage for boats that were increasingly running aground because of the buildup. The Corp removed 184 thousand cubic yards of beach compatible sand from the inlet and in spreading it along the shoreline, created a new surf break that surfers say has really improved the rides in the area.

Man arrested for excessive lawn charges

Port Orange police say a man was doing a lot more than yard work. They say the suspect, a lawn service man was pruning an elderly man's bank account. Police arrested Harold McBride, 45 after they say he exploited an elderly client, allegedly getting his hands on more than \$24,000 over the last three months. McBride arranged to do work for the

86-year-old man, but a neighbor got wind of the excessive fees and called police.

Charges filed against teacher's aide

The State Attorney in Volusia County has brought formal charges against a teacher's aide accused of inappropriately touching a 10-year-old girl. Guy Carlisle, 62, was arrested at his Port Orange home last month on the felony charge. He has already pleaded not-guilty. The allegations surfaced back in April at Pride Elementary in Deltona. The girl told investigators Carlisle put his hands down her shirt twice during a reading lesson. Carlisle said he only touched the girls shoulder to encourage her. Carlisle remains out of the classroom on paid leave while the case goes to court.

Children found, but mom is on the run

Three children, considered endangered by their mother, were found safe in Lake County, but the mom was still on the run as of this writing. A Volusia County judge ordered the children removed from their mother's care and turned over to the state, but the mother, Christina Brock, 38, took off with the kids. Investigators with the Sheriff's department said Brock has drug problems and is a suspect in several other crimes. She moved out of a most recent address in Port Orange and had been staying in a storage facility in the DeLand area, then was later spotted at a DeLand area hotel. Investigators found the children after Brock and a woman friend were spotted shopping at a Walmart in Ocala. Law officers moved in and found the friend, but Brock got away. The friend led investigators to a home in Leesburg where the children had been left with a man who investigators said was unaware the children were the subject of an intense search.

16-year-old boy drowns

A 16-year-old from New

Smyrna Beach got caught in a rip current last Saturday and drowned in an unguarded area of the beach in Ormond by the Sea. The teenager's body washed up the next day about a mile from where he was lost in the water. Brandon Martin was with his girlfriend, who is pregnant, and another friend, when they swam out to a sand bar and then had trouble getting back in. Jose Gonzalez, 14, who was staying at the same hotel, saw the woman struggling and ran out to rescue Muranda Lewis. A friend was trying to help Martin, but nearly drowned himself and just barely made it back to shore. Rescuers searched the water and a helicopter searched from the air, but they couldn't find Martin and as the day wore on, the search was called off. Martin's family arrived at the search sight, clearly devastated by the loss. Beach patrol officers say they nearly lost someone else in Daytona Beach the same day, but a lifeguard got to that swimmer in time. It is off-season along the beach and fewer lifeguards are on the beach. Officers drive up and down regularly, but officials say they can't be everywhere along 40 miles of shore line and continue to encourage swimmers to seek out a guarded area of beach and swim near that tower.

Woman found guilty of murder

It took jurors just more than two hours to find a woman guilty of murdering a

New Smyrna Beach grandmother and after a brief hearing, the judge sentence Karen Blosser to life in prison without the chance of parole. Blosser shot and suffocated 75-year-old Rose Crank back

in 2002, but was only recently tried for the crime after being found competent to stand trial. Blosser and her husband, who is serving 25 years, killed the elderly woman for her car.

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He's going to need a truck load of popcorn

Spent any time surfing the Web and you are bound to find stories that are just too bizarre to be true. Here's a sampling, edited for length. And remember, just because it's online doesn't mean it's true!

Giant baby draws spectators to Indonesian hospital

From sfgate.com: Indonesia's heaviest-ever newborn drew curious crowds Friday to a hospital where the boy named Akbar — or the great in Arabic — came into the world at a record 19.2 pounds.

Akbar Risuddin was born to a diabetic mother in a 40-minute cesarean



HOW WEIRD IS THAT?!
SEAN MCCARTHY

delivery that was complicated because of his unusual weight and size, Dr. Binsar Sitanggang said.

The baby's extreme weight was the result of excessive glucose from his mother during pregnancy, Dr. Sitanggang said.

Guinness World Records cites the heaviest baby as being born in the U.S. in 1879, weighing 23.75 pounds (10.4 kilograms). However, it died 11 hours after birth.

Daycare dog fighting ring busted in Chicago

From ap.org: A home day care was the site of a dog fighting ring, authorities said, and investigators who raided the house found a blood-spattered garage floor and battered and malnourished dogs not far from where children played.

Three men were charged, including the day care operator's husband, and authorities were seeking two others. Authorities initially said four people had been arrested. Nine battered dogs — four of which were puppies — were rescued, police said. Day care officials could not immediately be reached.

No one answered a knock at the door of the home.

Dart said approximately 10 children were found in the day care during the raid, but they were not in the immediate vicinity of the dogs. Neighbors and authorities say the day care was operated out of the basement of the house and a fenced-in play area was in the backyard.

Police: Pilot used plane to stalk ex-girlfriend

From msnbc.com: Police arrested a pilot who they say stalked his ex-girlfriend by repeatedly flying his plane low over her house.

Police in Concord, in northern California, say Tom Huey made several low passes over a residen-

tial neighborhood.

Sgt. Tiffany Leftwich told the *Contra Costa Times* that a dozen residents called police to complain. Huey was arrested shortly after landing the Beech single-engine aircraft.

Leftwich says police have been investigating reports of a low-flying plane in the area for more than a year. Huey is being held on \$155,000 bail.

Gambler claims casino brainwashed him

From news.aol.com: A Detroit man has filed a lawsuit against a local casino, claiming the gaming business is at fault for "brainwashing" him and should give back more than \$670,000 he's lost there

since 2000, according to *The Detroit News*.

Italo Mario Parise, 61, is seeking redress under a seldom-used state law that he and his lawyer interpret to mean the MotorCity casino had a duty to stop Parise after he lost big.

Gambling law experts, including legal briefs filed on behalf of the casino's parent company, maintain that the law applies to illegal casinos, not legal ones, and that finding in Parise's favor could be a major blow to the industry.

The law dates back to 1827, Parise's lawyer, Frank A. Cusumano, told the newspaper. Parise said hasn't gambled since March 22.

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Pam Ross, MMS, PA-C

Fibromyalgia

More than 100 years old

What do Florence Nightingale, Charles Darwin and Alfred Nobel all have in common?

It is hypothesized that they all had Chronic Fatigue Syndrome/Fibromyalgia. Ms. Nightingale became bedridden with debilitating symptoms for the last half of her life. Charles Darwin became incapacitated during times of stress from headaches, heart palpitations and stomach problems. Alfred Nobel suffered from constant pain, debilitating migraines, "paralyzing" fatigue and chest pain. In Nobel's letters he describes a 30 year search for his condition by physicians in Europe for what he described "as, a pain that will not go away." People thought he was a hypochondriac. He died bitter and depressed.

Today it is estimated that up to 12 million people suffer from chronic fatigue syndrome/fibromyalgia in the US alone. A formal diagnosis of chronic fatigue/fibromyalgia requires: greater than 6 months of unexplained fatigue, and 4 out of 8 symptoms to include problems with short term-memory, sore throat, tender lymph nodes, muscle pain, joint pain, headaches, sleep disorder and extreme fatigue after exercise lasting more than 24 hours. The British refer to it as, "Myalgic encephalomyelitis," meaning muscle pain with brain and spinal cord inflammation.

As of today, no consistent biomarkers have been identified and no treatment for fibromyalgia has yet been approved by the FDA.

"Patients suffering from these symptoms seeking help for their condition are often told, "There is nothing wrong with you. All of your lab reports are normal. You must be just depressed," states Pam Ross, PA-C, from the Institute For Wellbeing in Port Orange who specializes in chronic fatigue syndrome/Fibromyalgia. "While it may be true that there is no "fibromyalgia biomarker" we run a viral panel on all of our patients and consistently we find high levels of antibodies to 2 or more viruses. We also look for environmental causes for antibody production which physiologically makes for pain and inflammation," states Ross, PA-C.

Antibody production is the immune systems' response to a foreigner. Long story short is that when the immune system detects an antigen (foreigner) it sends out chemical messengers called cytokines. Cytokines signal the white blood cells (cells of the immune system) to make antibodies and at the same time signals inflammation in response to infection and tissue injury. And yes, the immune system makes antibodies to just about everything it comes in contact with however; there are different types of antibodies: neutral, protective and reactive. The key is to identify substances that are making reactive antibodies. This reactive antibody causes the pain, inflammation and possibly damage to organs such as thyroid, kidney and pancreas over a period of time if not detected and eliminated from the diet or environment.

The function of the immune system is to protect and defend. An overwhelmed immune system can not do its job. As a result ordinary repair processes are put on hold. An overworked immune system will eventually use up its own reserves interrupting oxygen and nutrient delivery to the tissues which will result in overall pain and fatigue. Decreasing the load on the immune system will allow for restoration of metabolic pathways and allow the body to heal itself.

And so it is more than 100 years later and still no bio markers and no FDA approved treatment for chronic fatigue syndrome/fibromyalgia. Could it be because no two patients are the same? No two tests are the same. But the outcome remains the same: identify the reactive antibodies, decrease the load on the immune system in order to restore metabolic pathways and allow the body to heal itself.

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Classified INSIDE

SECTION B • WWW.HOMETOWNNEWSOL.COM • FRIDAY, OCTOBER 2, 2009

Out & about

FRIDAY, Oct. 2

•Family Days: Port Orange Family Days will be held until Sunday at the Port Orange City Center. Events include a family-oriented carnival, numerous entertainment venues featuring professional, amateur and student talents in many fields. Movies will light the night. The City Center Lake offers jetski rides and demonstrations. Sidewalks become pallets for artists with chalk and health fairs are featured. For more information, visit www.familydays.com.

•Ponce Inlet Lighthouse: "Canaveral Lens Maintenance Demonstration" will be held from 1-2 p.m., Friday at the Ponce Inlet Lighthouse. Visit the lighthouse keeper (in living history mode) as he describes his duties at the Ponce Inlet Lighthouse. Then join him as he talks about the history of the Cape Canaveral Lighthouse, and demonstrates the maintenance duties on the First Order Fresnel Lens. Included with regular admission, no advance reservations required. Regular admission to the lighthouse museum is \$5 for adults (12 years and older), and \$1.50 for children. The Ponce Inlet Lighthouse is located at 4931 S. Peninsula Drive and is open 10 a.m. with the last admission to the grounds at 5 p.m. For more information, call (386) 761-1821.

•Bandshell Live: Kingstree will be the headliner at the free Friday concert. This event takes place at the historic oceanfront Daytona Beach Bandshell from 6:30-10 p.m. Old Haw Creek and Alex Kinsey will also perform. The Bandshell is located at 250 N. Atlantic Ave. directly behind the Ocean Walk Shoppes.

•Spaghetti dinner: The Ormond Beach Citizens Police Academy Alumni Association is sponsoring a Spaghetti Dinner from 4:30-7:30 p.m., Friday at Prince of Peace Catholic Church Fellowship Hall, 600 S. Nova Road, Ormond Beach. Adult tickets are \$8. Children younger than 10 tickets are \$5. This includes spaghetti, breadsticks, salad, soda/coffee and dessert. Proceeds from this event will be used to purchase bicycles for the Ormond Beach Police Department.

•Fall dance: This event will be held from 2-4 p.m., Friday at the City Island Recreation Center, 108 E. Orange Ave., Daytona Beach. Talk of the Town and Dream will perform. The \$3 admission includes refreshments and a dance lesson that begins at 1 p.m.

See **OUT, B2**



File photo

Kerem Ayhan, 4, of New Smyrna Beach got a chance to meet Rae Rae from Enviropals during Project Earth Day last April. Rae Rae will be at Port Orange Family Days at City Center this weekend.

Rae Rae to greet fans at Family Days

For Hometown News
Vlnews@hometownnewsol.com

Rae Rae, the Red Panda star of Enviropals, will be on hand to greet his young fans at Port Orange Family Days 2009.

Rae Rae will make appearances to meet and greet his young fans and their parents before the presentation of "Monsters vs Aliens" under the stars at the Parker Amphitheater Friday evening Oct. 2.

He will ride his bike in the Family Days Parade at 10 a.m., Saturday, Oct. 3, around the Port Orange City

Center.

After the parade, Rae Rae will visit the Family Days kids areas from 12:30 to 1:30 p.m. and 3 to 3:45 p.m. Similar visits will be made Sunday from 1:30 to 2 p.m.

Fans will also be able to see Rae Rae riding his bike among the Family Days visitors.

Enviropals is the creation of Don Brunning and Ray Grimard, area high school teachers who have been friends and co-workers in education for more than 15 years.

Mr. Brunning has described the mixture of musical entertainment

with an educationally valid approach to understanding the environment and responsibilities for it.

Enviropals can be seen on WDSU - Channel 15 at 9 a.m., Saturday mornings.

Family Days will be held until Oct. 4 and features a family carnival; a movie under the stars; entertainment by a variety of groups and performers on three stages in City Center, a sidewalk art festival, participation by nearly 300 merchants and non-profit organizations.

The full schedule is available at www.familydays.com.

The Club Scene

•Bank & Blues Club: Daytona Blues Society "True Blues" Live Jam open jam session is held from 8 p.m.-1 a.m. each Wednesday at 701 Main St., Daytona Beach. This nonprofit group is dedicated to preserving and spreading the love of blues music. For more information and a full events schedule, visit the Web site at www.DaytonaBluesSociety.org.

•Daily Grind Coffee House & Cafe: Stephany Kess will perform at 7 p.m., Friday. Daily Grind Coffee House & Cafe is located at 1500 Beville Road, Daytona Beach. For more information, call (386) 238-1044.

•Fresh on Maine: Island, blues and rock with Rick Steffen will be held from 6-10 p.m., Friday. Jazz and pop with Ray Guiser will be held from 6-10 p.m., Saturday. Saltwater Soul with pianist-vocalist Bob Thames will

perform from 4-8 p.m., Sunday. Fresh on Maine is located at 115 Main St., Daytona Beach. For more information, call (386) 226-2600. For more information, visit www.myspace.com/bobthames.

•The Garlic: Blues and jazz musicians perform seven nights a week. "Muddy Harp" Hodgeson will play the blues from 7-11 p.m., Friday. Thom Chambers takes the stage from 7-11 p.m., Saturday, 8-11 p.m., Sunday and 6-10 p.m., Monday. Pianist and vocalist Michael Lamy will perform from 6-10 p.m., Tuesday for ladies night. Mr. Hodgson will perform from 6-10 p.m., Wednesday and Thursday. The Garlic is located at 556 E. Third Ave., New Smyrna Beach. For more information, call (386) 424-6660.

•Hollywood Cantina:

"Ride the Vegas Express," a Las Vegas revue will be held at 8:30 p.m., Friday, at 116 N. Beach St., Daytona Beach. For more information, call (386) 255-7827 or visit hollywoodcantina@gmail.com.

•Inlet Harbor: Les B Fine will perform from 1-5 p.m., Friday. Money-4 Nothing hits the stage at 6 p.m., Friday and Saturday. Cole Seaver Duo will perform on Saturday at 1 p.m. Money-4 Nothing will perform from noon to 4 p.m., Sunday. Eddie Uzzle and Steve Hageman will perform at 5 p.m., Sunday. Mr. Uzzle will perform at 5 p.m., Monday. Mike Caso will perform at 5 p.m., Tuesday. Greg Cardino will perform at 5 p.m., Wednesday. Steve Hageman hits the stage at 5 p.m., Thursday. Inlet Harbor is located at 133 Inlet Harbor Road, Ponce Inlet. For more

information, call (386) 767-5590.

•Jack's Stadium Sports Bar & Grill: Halifax Contraband will perform at 9 p.m., Saturday. Jack's Stadium Sports Bar & Grill is located at 2225 S. Ridgewood Ave., South Daytona. For more information, call (386) 760-7222.

•Java Jungle: Danny Charles & Mike French will perform from 7-10 p.m., Saturday. Charlie West will hold a "Song Writers Forum" open to the public from 7-10 p.m., Tuesday. Open Mic Night with Wes Malone is at 7 p.m. each Thursday. Musicians, authors, singers, poets and composers are welcome. Java Jungle is located at 4606 Clyde Morris Blvd., Unit 2P, Port Orange. For more information, call (386) 760-2551.

•Norwood's Restaurant and Wine Shop: Free wine



STAR SCOPES
James Tucker
Week of 10-2-2009

Aries-March 21-April 19
You are a winner in the game of life. Why? Because you have courage, conviction, integrity and high purpose. Your strong conscience and loyalty always make you want to do the right thing. Stay focused on the top goals that make you happy. Now the universe is working for you and bringing you higher rewards.

Taurus-April 20-May 20
Make time each day to do things that make you happy and recharge your batteries. You don't have to always be consumed with work. Psyche yourself up each day. Everyone needs this, especially Taurus. Now you are at your best. Do it today and every day to come. Now life's greatest rewards will find you everyday.

Gemini-May 21-June 21
Pacing yourself is the key to getting the most important things done first. You don't have to do everything at once. This just wears you out. Most of the things you worry about never happen in the first place. This is why it is so important to separate the positives from the negatives. Feed the positives, starve the negatives.

Cancer-June 22-July 22
You wake up most mornings with a happy mood and a positive attitude. This is high magic and continues to bring new blessings of love, peace, abundance and happiness each day. Your large heart is filled with gratitude and thanks. Your heart literally sings with gladness for all you have been given. More is on the way.

Leo-July 23-Aug. 22
Your strong belief in doing things right is a major factor in your wonderful personal and professional growth. When you get that "Right" feeling nothing can stop or slow you down from victory over life. You have such a large reservoir of love, patience and understanding. Victory is on the horizon heading your way.

Virgo-Aug. 23-Sept. 22
Life is always presenting challenges because of your active lifestyle. How you han-

See **SCOPES, B7**

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DINING & ENTERTAINMENT

Out

From page B1

•Cinematique: The movie "Little Ashes" will be shown at 7 p.m., Friday; 2 p.m., Saturday; noon, Wednesday and 7 p.m., Thursday at the Bookstore Café, 410 S. Nova Road, Ormond Beach. Robert Pattinson stars as Salvador Dali. "Little Ashes" tells an intriguing tale reputedly based

on fact, though to exactly what degree isn't entirely clear. "Little Ashes" chronicles what was said to have been an actual - and platonic - romance between the avant-garde artist Salvador Dali with Spanish poet Lorca in 1922 at the Madrid School of Fine Arts, where they both studied. This film is rated R. For more information, call (386) 615-8320 or visit www.cinematique.org.

•First Fridays on East Granada: This Ormond Beach event will be held from 5-8 p.m. First year anniversary special activities include First Friday tote bag giveaway; steel drum player Pavlina Osta at Emmons Cottage; movies on the Halifax; art opening at Metropolitan Gallery; drum circle at Fortunado Park; wine tasting at Bon Gourmet and more. To see a list of participating organizations and businesses, visit www.firstfridayeastgranada.com or call (386) 673-6060.

•Benefit for Team in Training: Chick-Fil-A will donate 15 percent of its proceeds to the Leukemia & Lymphoma Society's Team in Training from 5-8 p.m., Friday, at 10 Indian River Blvd, Edgewater. Participants must present a flier to wait staff for the organization to receive the proceeds. For more information, call (386) 314-9886.

SATURDAY, Oct. 3

•Family Days parade: Hazzard County's most dedicated deputy, Enos, the bumbling deputy of The Dukes of Hazzard, will keep things moving and the crowd controlled as grand marshal of the 2009 Family Days parade at 10 a.m., Saturday around Port Orange's City Center. Sonny Shroyer is the veteran actor who made Enos a foil for Boss Hogg and the Dukes in more than 90 episodes and then starred in his own series, Enos, which aired on CBS. The full schedule is available at www.familydays.com.

•Book signing: Valerie Hoffman will be having a book signing for her most recent novel in the "Vampire Royalty" series from 11 a.m.-1:30 p.m., Saturday, at the Book Store located at 410 S. Nova Road.

•Craft fair: The Moose Lodge 1263 will have a craft fair from 9 a.m.-2 p.m., Saturday at 601 W. Granada Ormond Beach. For more information, call (386) 615-4876 or 871-6939.

•Pancake Breakfast: South

Daytona Lion's Club Pancake Breakfast will be held at 7 a.m., Saturday at Piggotte Community Center. Tickets purchased in advance are \$5, or \$6 if purchased at the door. Proceeds benefit the Lion's Club sight conservation projects within the community. For more information, call (386) 761-8592.

•Breast Cancer Awareness Expo: This event will be held from 1-5 p.m., Saturday at the Southeast Museum of Photography, Daytona State College, 1200 W. International Speedway Blvd. For more information, call (386) 506-4475.

•Exhibit opens: "Journal" lecture and exhibit by Annabel Clark, about her mother Lynn Redgrave's recovery from breast cancer will open at 5:30 p.m., Saturday at the Southeast Museum of Photography, Daytona State College, 1200 W. International Speedway Blvd. For more information, call (386) 506-4475.

•24k Gold Music Shows: This event will present '50s,

'60s music at 7 p.m., at the Ormond Beach Performing Arts Center, 399 N. U.S. Highway 1. For show information and ticket sales, call the Ormond Beach Performing Arts Center Box Office Tuesday through Friday from noon to 5 p.m. at (386) 676-3375.

•Pasta dinner: The Epiphany Council of Catholic Women pasta dinner will be held at 4 p.m. at the Church of the Epiphany Social Hall, 4 p.m. at 201 Lafayette St., Port Orange

•British car show: Timeless Wings and Wheels will hold a British Car Show from 9 a.m. to 2 p.m., Saturday at the New Smyrna Beach Municipal Airport. For more information, visit www.timelesswingsandwheels.com.

•Ethnic Food Festival: This event will be held from 11 a.m. to 8 p.m., Saturday at Holy Cross Eastern Orthodox Church, 375 Fleming Ave., Ormond Beach. It features food from the Middle East, Romania,

See **OUT, B4**

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DINING & ENTERTAINMENT

Scene

From page B1

tastings are held from 5-7 p.m. each Friday on the deck and Saturday in the shop with complimentary cheeses. Norwood's is located at 400 Second Ave., New Smyrna Beach. For more information, call (386) 428-4621.

•Ohana Luau Dinner Show: This dinner show spectacular and family-style feast, with a 6:30 p.m. seating, dinner served at 7:15 p.m. and show time at 7:30 p.m., is held Thursday, Friday and Saturday, at the Hawaiian Inn, 2301 S. Atlantic Ave., Daytona Beach Shores. Participants will learn traditional dances with Polynesian women, warriors and keikis (children). A flaming fire knife dance and hula with audience participation will be featured. For more information, call (386) 255-5411, Ext. 186, or visit www.myohanalau.com.

•OM Bar & Chill Lounge: Free wine tastings are held from 4-8 p.m. each Sunday at 392 Flagler Ave., New Smyrna Beach. Tasters will have a selection of up to 10 different wines. Acoustic performances are provided by Rhonda Patrick. Free salsa lessons are given at 8 p.m. each Thursday, with open salsa dancing held from 9 p.m.-1 a.m. For more information, call (386) 423-2727 or visit the Web site at www.theombar.com.

•Peanut's Restaurant & Sports Bar: Cheap Thrills will perform at 9 p.m. Friday and Saturday night. Free Bingo and Comedy Auction is held at 7 p.m. each Tuesday. Mark River performs at 8 p.m. each Wednesday. Peanut's is home to all NFL and college football. Peanut's is located at 421 Flagler Ave., New Smyrna Beach. For more information, call (386) 423-1469.

•Peter's Wine Shop: Wine Events are held each week. Girlfriends Get Together is held from 4-7 p.m. each Wednesday. Thursday wine tastings

are held from 5-9 p.m. Guest wine experts pour and discuss wine. Peter's Wine Shop located at 1665 Dunlawton No. 105, Port Orange. For more information, call (386) 689-1946, e-mail peter@peterswineshop.com, visit www.peterswineshop.com

•Skyline 1949: Marc Monteson will perform from 6-9 p.m., Friday. Skyline 1949 is located at 2004 N. Dixie Freeway, New Smyrna Beach. For more information call (386) 426-5777.

•Tony & Joe's Patio Restaurant: Octoberfest will be held from noon -3 p.m. Saturday. Adelweiss Trio will perform. Tony & Joe's Patio Restaurant, 309 Buenos Aires, New Smyrna Beach. For more information, call (386) 427-6850.

•U.S. 1 Restaurant & Grill: Saltwater Soul with pianist-vocalist Bob Thames will perform from 6-9 p.m. Saturday. U.S. 1 Restaurant & Grill is located 2842 S. Ridgewood Ave., South

Daytona. For more information, visit www.myspace.com/bobthames or call (386) 767-3471.

•Venetian Bay Town and Country Club: Party in the Park is held from 1-5 p.m. the third Saturday of each month at 424 Luna Bella Lane, New Smyrna Beach. Lawn chairs

are suggested; no coolers. Admission is free. Also, a farmers' market is held from 8 a.m.-1 p.m. each Saturday at the town center. For more information, call (386) 428-8448.

•Vino 100: Pinot Noir wines will be featured at the Vino 100 Ormond Beach wine

tasting from 6-8 p.m., Friday, at 175 S. Nova Rd., one block south of Granada Blvd. The fee for the tasting is \$10 per person with full credit given towards any purchase made that evening. There is no charge for Vino 100 wine club members. For more information, call (386) 677-9800 or

visit www.vino100ormond-beach.com.

•Wine Warehouse New Smyrna Beach: Free wine tastings are held from 4-7 p.m. each Friday at 636 Third Ave., New Smyrna Beach. Six wines are tasted. For more information, call (386) 426-6133.

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Out
From page B2

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Step competition: The National Collegiate Step Competition will be held at 7 p.m. Saturday at the Ocean Center. The event will bring rhythm, dance, music, prizes and trophies with it. Tickets are on sale now at the Ocean Center box office and through Ticketmaster at (800) 745-3000 or www.ticketmaster.com. Adult tickets are \$25. Tickets will be \$10 for children ages 2 to 12. Applicable service charges apply. Children under 2 will be admitted free.

SUNDAY, Oct. 4

Family Days: The Navy Band Southeast's contemporary entertainment ensemble will perform from noon to 2 p.m. Sunday at the Parker Amphitheater in Port Orange City Center. The group, drawn from the ranks of Navy Band

Southeast based at the Naval Air Station in Jacksonville, is a high-energy eight-member unit with a repertoire of hits spanning 50 years. The full schedule is available at www.familydays.com.

Jazz in the park: This event is held at 6 p.m., Sunday at Daisy Stocking Park, Daytona Beach.

MONDAY, Oct. 5

Afternoon at the movies: The Port Orange Regional Library will show the film "State of Play" at 2 p.m., Monday in the library auditorium, 1005 City Center Circle. This film is rated PG-13 and is 127 minutes. A team of investigative reporters work alongside a police detective to try to solve the murder of a congressman's mistress. Russell Crow and Helen Mirren star. For more information, call (386) 322-5152 Ext.4.

Alice Cooper's Theatre of Death Concert: Alice Cooper is set to unleash himself in his Theatre of Death concert at 7:30 p.m., Monday at the Peabody Auditorium in Daytona Beach. Theatre Of Death is a brand new show devised by Alice Cooper to shock and thrill his legions of Central Florida fans. Tickets are on sale and can be purchased at the Peabody Auditorium Box Office, 600 Auditorium Blvd., Daytona Beach, at the Peabody Website www.PeabodyAuditorium.org, by calling (800) 745-3000, online at www.ticketmaster.com, or at any Ticketmaster outlet. Ticket prices range from \$40 to \$55, plus service fees. For additional information, call the box office at (386) 671-3462.

WEDNESDAY, Oct. 7

Fun walk: The Happy Wanderers 5K free fun walk will be held at 6 p.m. Wednesday, Big Tree Ball Field, Big Tree Road, South Daytona. For more information, call (386) 788-4026 or (386) 676-9863 or visit the Web site www.happywanderersfl.org.

Music for Healing: Sponsored by the Port Orange Ministerial Association, "Music for Healing: Body, Mind and Spirit" is held from 12:15-12:45 p.m. each Wednesday at the All

Saints Lutheran Church, 751 Dunlawton Ave., Port Orange. Musicians from local churches and schools present instrumental music for peaceful contemplation, reflection, self-care and meditation. At the Oct. 7 meeting, David Stokes will provide the organ music. The public may attend. Instrumental musicians are needed. For more information, call (386) 761-9129.

The Bel Canto Singers: This event is held at 7:30 p.m., Wednesday at Westminster By The Sea Presbyterian Church, Daytona Beach Shores, 3221 S. Peninsula Ave., Daytona Beach Shores.

ONGOING EVENTS

American Legion Post 270: A fish fry and music entertainment is held from 5-7 p.m. each Friday. Taco night is held each Monday from 5-7 p.m. Wing night is held each Wednesday from 5-7 p.m. The public may attend. American Legion Post 270 is located at 119 Howes St., Port Orange.

Cracker Creek's Pirate Cruise: Featuring the Pirates of Spruce Creek, cruises are held at 1 p.m. each Saturday and Sunday at 1795 Taylor Road, Port Orange. Costumed pirates create a live, interactive experience as young buccaneers learn navigation, pirate weaponry, knotting or rope tying and pirate lingo, all the while searching for the lost treasure at Spruce Creek. Pre-registration is required by calling (386) 304-0778. Also, the Snow White Cottage, a near-replica as seen in the 1937 Walt Disney animated classic "Snow White and the Seven Dwarfs," is located on the Gamble property. Canoe and kayak launch and rentals, guided eco-history Pontoon boat tours and golf cart tours of the conservation nature trails also are available. For more information, visit the Web site at www.OldFloridaPioneer.com or send an e-mail to cracker-creek@OldFloridaPioneer.com.

Daytona Metropolitan Bridge Club: Duplicate Bridge is played Monday through Saturday at 600 Driftwood Ave., Daytona Beach. For the schedule, call (386) 255-7744 or visit the Web site at www.DaytonaBridge.org.

Democracy Now: Internet news with Amy Goodman will be presented at 10:30 a.m. each Thursday at Unitarian Universalist Society, 56 N. Halifax, Ormond Beach. News and analysis will be covered. Coffee and donuts will be served. The public may attend.

Edgewater Fire-Rescue Bingo: Games begin at 6:30 p.m. each Tuesday at the Fire-Rescue Association Fire Hall, 2616 Hibiscus Drive. Two games have \$100 jackpots. The facility is non-smoking, snacks and soft drinks are available for purchase. All proceeds benefit the Fire-Rescue Association's various causes. For more information, call (386) 424-2445.

Elks bingo: Games begin at 1 p.m. on Sundays and 6:30 p.m. on Thursdays at 820 W. Park Ave., Edgewater. The facility is non-smoking, food and soft drinks are available for purchase. All proceeds benefit the Elk's sponsored charities. For more information call (386) 427-2512.

Marine Discovery Center: Mosquito Lagoon eco-tours and kayak tours and rentals are available daily from the Marine Discovery Center, 116 N. Causeway, New Smyrna Beach. For times, call (386) 428-4828.

Peninsula Woman's Club: A luncheon followed by bridge or canasta will be held from 11 a.m. to 3 p.m., Thursdays, at 415 S. Peninsula, Daytona Beach. The cost is \$10. For more information, call (386) 760-0487.

Piggotte Community Center: Cards and game playing is held from 1-3 p.m. each Monday and Wednesday at the center. There is no cost. Participants can bring their cards and games.

Pinnacle and Yaker: New groups are starting at the Port Orange Adults Center, 4790 Ridgewood Ave. Residents meet at 4 p.m. each Friday to play games. For more information, call (386) 761-7633.

To include an event on the Hometown News Calendar, send an e-mail to volnews@hometownnewsol.com or fax information to (386) 322-5901. For more information, call (386) 322-5900.

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Randy Barber/staff photographer
Gymnastics instructor Coach Caroline gives Jake Furnas, 2, of Port Orange a lesson on the straight bar during gymnastics class at the Port Orange Gymnasium recently. Classes are available; call (386) 756-5391 for more information.

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For Hometown News
Volnews@hometownnewsol.com

Danny & The Juniors will perform at 7:30 p.m., Saturday, Oct. 10, at the Ormond Beach Performing Arts Center.

Danny & The Juniors hits include "At The Hop," "Twistin' USA," and much more.

Danny & The Juniors began singing together in the early '50s in Philadelphia as The Juvenaires.

Soon the record companies, searching for that new rock 'n roll sound, discovered them and changed their name to Danny & The Juniors.

"At The Hop" was a hit on five continents reaching No. 1 and stands today as the 23rd all-time biggest record according to the Billboard Magazine List of No. 1 Hits.

"At The Hop" was quickly followed by "Rock and Roll is Here to Stay," "Twistin' USA" and "Pony Express"

— the first of 11 charted recordings.

They are in their sixth decade as performers and have performed throughout the world.

Tickets are \$40 for the first five rows and \$35 for all remaining rows.

For show information, ticket sales and group rates, call the Ormond Beach Performing Arts Center Box Office Tuesday through Friday from noon to 5 p.m. at (386) 676-3375.



Photo courtesy of OBPAAC

Danny & The Juniors will perform hits 'At The Hop' and 'Twistin' USA' Saturday, Oct. 10, at the Ormond Beach Performing Arts Center.

Nectarine chicken, broccoli, green beans, ice box cake

Hello smart shoppers. Can you believe it's more than a year since mom passed away?

Thinking about her, I began browsing through her small, very incomplete cookbook. I gave her the chicken recipe years ago, so why I don't have a copy beats me.

Before I get to mom's recipes, I'd like to give you more foods you can freeze. Take advantage of seasonal specials for corn on the cob, Brussel sprouts and mushrooms.

Corn: Husk, remove silks and sort according to size. Heat in boiling water — 7 minutes for small ears, 11 minutes for large ears; cool and drain. Pack into containers or heavy foil.

Brussel sprouts: Use firm, green heads, remove coarse outer leaves. Wash and sort according to size. Heat in boiling water 3 minutes for small, 4 for medium and 5 for large heads. Cool, drain, pack and seal.

Mushrooms: Wash briefly, trim off stem ends, sort according to size. Button mushrooms may be left whole, large ones may be sliced. To prevent darkening, drop mushrooms into a solution of 1 tsp. lemon juice to 2 cups of water for 5 minutes. Steam, covered, in metal basket over boiling

ROMANCING THE STOVE

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water for 3 minutes. Cool, drain, pack, seal and freeze.

NECTARINE CHICKEN (NIB) serves 4-6 low fat

This delicious recipe is easy, low fat and sugar free if you choose.

- 3/4 cup dry white wine
- 1 1-inch slice ginger, peeled and chopped
- 1/2-cup apricot preserves, regular or sugar free
- 2 teaspoons Dijon mustard
- 1/2-teaspoon garlic powder
- 1/2-teaspoon each, salt and pepper
- 2 pounds boneless chicken breast
- 1 bunch scallions, chopped
- 2-3 almost ripe nectarines, sliced

Cut chicken breasts in half, lengthwise; set aside. In a skillet, bring wine to a boil. Add ginger, preserves, mustard, garlic, salt and

pepper. Cook until preserves melt, stirring constantly. Add chicken and scallions and cook, turning once, for about 8 minutes. Add nectarines, cook for 8 minutes more. Mix a little water with 1 teaspoon cornstarch, add it to the pan a little at a time until desired thickness. If more sauce is needed, add a little water. This is delicious served with rice.

BROCCOLI NEAPOLITAN

Broccoli is an excellent source of vitamins, yet so many people won't eat it. Try it prepared this way. The flavor is wonderful and it can be prepared well in advance of the meal.

- 1 bunch fresh broccoli
- 1 large clove garlic
- Extra virgin olive oil or canola oil
- 4 sprigs fresh Italian parsley, chopped, or 1 teaspoon dried parsley flakes
- Salt and pepper

Cut broccoli into 3-4-inch spears. Peel remaining stems and cut in penny-size circles. Soak in cold salted water for a few minutes, drain and rinse. Cook in a small amount of

salted water until just tender, about 5 minutes, then drain. Place in bowl. Cut up garlic and add to broccoli. Add parsley, season with salt and pepper and drizzle with oil. Mix and cover.

Make at least two hours before serving for the flavors to blend.

If serving the same day, do not refrigerate. Serve at room temperature.

BROCCOLI NEAPOLITAN PICCANTE

Prepare as for broccoli Neapolitan. Add the juice of one or two lemons. Mix well.

GREEN BEANS NEAPOLITAN

Using fresh green beans, cut off ends and string if necessary, and cut up as desired. Prepare as you would for broccoli Neapolitan.

GREEN BEANS IN TOMATO SAUCE serves 4 to 6

- 1 pound fresh green beans
- 1 teaspoon extra virgin olive or canola oil
- 1 medium clove garlic
- Half of 8-ounce can of tomato sauce
- 1/2-can water
- 1/4-teaspoon oregano
- Salt and pepper

Prepare beans. Coarsely chop garlic. In medium saucepan, heat oil. Add garlic and cook until golden. Add remaining ingredients and a little salt and pepper; let come to a full boil. Add green beans, cover and cook until tender.

GRANDMA'S ICE BOX CAKE serves 6 or more

You remember ice box cake, graham crackers, chocolate pudding and cream? Make it low-fat with reduced-fat crackers and skim milk in the pudding. The recipe will include the regular and low-fat version.

- One 4-serving package of chocolate pudding, cook and serve style
- 2 cups milk
- graham crackers, regular or low fat

Whipped cream or low-fat topping

Prepare pudding according to package directions. The microwave method is great, there's no pot to wash.

Place a layer of graham crackers in an 8-inch square pan. Top with half the hot pudding. Continue with crackers and remaining pudding. Crumble some crackers on top; refrigerate until cold. Cut in squares, top with cream.

I am available for talks from Fort Pierce to Stuart. Call (772) 465-5656; leave a message.

When a recipe is not in my cookbook it will have (NIB) next to the title.

For an autographed cookbook send \$19.50 (\$15-book, \$1-tax, \$3.50 for shipping and handling) For multiple books sent to one address it's \$3.50 S&H for 1 book, add \$2 postage for each additional book (\$15 plus \$2). Send to: Arlene M. Borg, 265 SW Port St. Lucie Blvd, #149, Port St. Lucie, FL 34984. Check or money order accepted.

Visit my Web site at www.romancingthestove.net

Art notes

'AVENUE Q' tickets are on sale

Tickets are not sale for "AVENUE Q," a Broadway musical about real life in New York City as told by a cast of people and puppets.

The performance will be 7:30 p.m., Saturday, Dec. 12, at the Peabody Auditorium.

"AVENUE Q" tells the story of Princeton, a bright-eyed college grad who moves to New York City with big dreams and a tiny bank account. The only apartment

he can afford is way out on Avenue Q, where everyone's looking for the same things he is: a decent job, a stable relationship, and a "purpose."

Tickets start at \$45 and are available at the box office, by phone at (800) 745-3000, or online at www.ticketmaster.com.

Multi-media art exhibit planned

The Wyndham Ocean Walk Resort will present paintings and multi-media

art by area artist Kem McNair from 5 to 7 p.m., Sundays, Oct. 4, Oct. 11, and Oct. 25, at 300 N. Atlantic Ave., Daytona Beach.

Mr. McNair's paintings, drawings, multi-media productions and photography are derived from more than 40 years of viewing, photographing, and surfing in exotic locations throughout the world.

Cost is \$5, which includes a glass of wine and hors d'oeuvres.

For more information, call (386) 323-4819.



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Clubs & Classes

Clubs

Alzheimer caregiver support group: This group meets from 7-8:30 p.m. the first Thursday of each month at Lighthouse Point Clubhouse, 155 Spring Drive, Port Orange. All caregiver support groups are free to the public. For more information, call (386) 677-2921.

Americans for Fair Taxation: This group meets at 6 p.m. the second Wednesday of each month at 5100 Orange Ave., Port Orange. Members discuss current events and brainstorm new ideas. Learn more about HR25 and Congress. This is a nonpartisan group. For more information, call (386) 788-8083.

Anti-war Demonstration: This group meets each Tuesday at 5 p.m. at the corner of Dunlawton Avenue and U.S. 1 at the Port Orange fountain. For more information, call (386) 760-2050.

Beta Sigma Phi: The Preceptor Eta Delta chapter holds meetings the first and third Tuesday of each month. BSP promotes development programs, networking, and is a supporter of many local and national charitable organizations. For more information, call (386) 615-0261.

Chess Club: The Port Orange Regional Library Children's Department hosts this club from 5:30-6:30 p.m. each Tuesday and from 3:30-4:30 p.m. each Friday at 1005 City Center

Circle. For more information, call (386) 322-5152, Ext. 4.

Citizen Observer Program: This group of volunteers assists the Sheriff's Office to fight crime and patrol neighborhoods in Volusia County. For an application and more information, call (386) 672-0285.

Curves Weight Loss Support Group: Curves offers a free support group from 6:30-7:30 p.m. each Tuesday at 5795 Taylor Branch Road, Port Orange. The group shares encouragement, recipes, tips and ideas. For more information, call (386) 760-6063.

Embroiderers Guild of America: The Sand Dollar Chapter meets from 10 a.m.-2 p.m. the first Thursday of each month at Westminster by the Sea Presbyterian Church, 3221 S. Peninsula Drive, Daytona Beach Shores. This organization is involved in various outreach programs. The public may attend. For more information, call (386) 304-0814.

Fair Tax: This group meets at 6 p.m. the second Wednesday of each month at the Tanglewood Mobile Estates Clubhouse, 5100 Orange Ave., Port Orange. For more information, call (386) 788-8083. Volunteers are needed.

Five Cities Democratic Club: Members meet the second Tuesday of each month at the CWA Hall, 4638 Clyde Morris Blvd., Port Orange. Political speakers and candidates for officers attend monthly meetings. The club covers

registered Democratic voters in Port Orange, South Daytona, Daytona Beach Shores, Wilbur-by-the-Sea and Ponce Inlet. For more information, call (386) 451-4758 or send an e-mail to president@fivecitiesdems.org.

Fleet Reserve Association 335: This club has dinner and a meeting at 6 p.m. on the third Thursday of each month at the Port Orange Veterans of Foreign Wars Post on South Williamson Boulevard. This is a group of former sea service people — Navy, Marines and Coast Guard. A breakfast get-together is held at 8 a.m. the third Sunday of each month. For more information and directions, call (386) 788-5382 or (386) 852-7773.

Food Addicts in Recovery Anonymous: This club will help those who suffer from food obsession, overeating, under-eating and bulimia. FA is based upon the 12 steps of Alcoholics Anonymous. There are no dues, fees or weigh-ins at meetings. This club meets at 7 p.m. each Monday and Tuesday at United Presbyterian Church, 730 Beville Road, South Daytona, and at 8 a.m. each Friday at Port Orange Presbyterian Church, 4662 S. Clyde Morris Blvd. and at 10 a.m. each Saturday at United Presbyterian Church, 730 Beville Road, Daytona Beach. For more information, call (386) 258-0610 or visit the Web site at www.foodaddicts.org.

Gold Wing Road Riders Association: Chapter FL1-H Daytona Beach meets the third Thursday of each month at the Country Harvest Buffet on U.S. 1 in the Sunshine Park Mall in South Daytona. Every make and model of motorcycle can be found in the ranks promoting "Friends for Fun, Safety, Knowledge." Dinner will be served at 6 p.m., followed by the meeting at 7 p.m. Visitors

may attend. For more information, call (386) 427-5169.

Handicapped Adults of Volusia County: This group meets from 1-3 p.m. each first Wednesday of the month at the Votran administrative office, 950 Big Tree Road, South Daytona. For more information, call (386) 760-3180.

Hospice Of Volusia/Flagler Support Group: The Reflections Group, a social networking support group, meets at 10 a.m. the first and third Saturday of each month at Port Orange HOV Care Center, 3800 Woodbriar Trail. Grief and mourning education is provided, along with related information about community activities and services. For more information, call (386) 322-4701.

Irish American Club: This club meets at noon the third Wednesday of each month at the Elks Lodge, 5207 S. Ridgewood Ave., Port Orange. Irish music, lunch and Ceili dancing will be available. Membership dues are \$10 per year per person. Those interested in participating should call (386) 761-6790.

Knit Wits: This group is offered to those who enjoy knitting, crocheting and socializing. Members meet from 1-3 p.m. each Wednesday at the Port Orange Adult Recreation Center, 4790 S. Ridgewood Ave. For more information, call (386) 846-0514 or (386) 761-1071.

Lions Club of Ponce Inlet: This club meets at 6:30 p.m. the first Wednesday of each month and at noon the third Wednesday of each month at the Community Center, 4670 S. Peninsula Drive, Ponce Inlet. Lions is a nonprofit club that supports sight, hearing and community civic projects through various activities. Members support the Conklin Center, the Children's Camp, eye exams and Seeing Eye dogs. For more information, call (386) 760-4964.

Living Legends of Auto Racing: This nonprofit group of volunteers dedicated to preserving the history of Daytona-Ormond auto racing. The organization meets at 7 p.m. the third Tuesday of each month at the Daytona Beach Community Center, 3048 S. Atlantic Ave., Daytona Beach Shores. The organization also operates the Living Legends of Auto Racing museum in South Daytona, which is run by an all-volunteer staff. The museum is open Monday-Saturday from 10 a.m.-5 p.m. and is free to the public. For more information, call (386) 763-4483, or visit the Web site at www.livinglegendsofautoracing.com.

Long Island Women's Club: All women meet the second Tuesday of each month (September-May) at 11:30 a.m. Country Harvest Buffet in the Sunshine Park Mall, 2400 S. Ridgewood Ave., South Daytona. This club has no officers, dues or meetings. The goal is to have fun. For more information, call Phyllis at (386) 761-7029.

Lupus Link Support Group: This group meets from 11 a.m.-1 p.m. the second Saturday of each month at the Community Room of the Hospice of Volusia/Flagler behind Halifax Hospital Port Orange. For more information, call (386) 299-6912.

Maryland Club: This club for former and present Maryland residents meets at 11:30 a.m. the third Wednesday of each month at the Country Harvest Buffet located in the Sunshine Park Mall in South Daytona. For more information, call (386) 788-9003.

Morningstar Quilt Guild: Members meet at 10 a.m. the first Wednesday of each month at United Presbyterian Church, 730 Beville Road, South Daytona. A project class is held at 10 a.m. the third Wednesday of each month. New members are welcome. For more information, call (386) 788-2143.

National Association of Retired and Veteran Railroad Employees: This organization was formed to observe and inform members of changes in the railroad retirement system that could affect benefit or pension funds. Members meet at 11:30 a.m. the second Wednesday of each month at Whistle Junction Buffet and Grill, 1854 S. Ridgewood Ave., South Daytona. For more information, call (386) 428-9848 or (386) 767-9086.

Opera Video Club: This club presents opera videos each Thursday at noon at the Daytona Beach Shores Council Chamber's Activity Room, 3048 S. Atlantic Ave. Admission is free. For more information, call (386) 767-6967.

Sons of Italy: Members (men and women) of the Sons of Italy No. 2524 are reaching out to families and friends of any heritage who are interested in joining this group. Monthly activities are held, and monthly meetings take place at 7 p.m. the third Wednesday of each month at the Port Orange Adult Center, 4079 Ridgewood Ave. For more information, call (386) 562-7370 or (386) 405-1010.

Overeaters Anonymous: This club helps compulsive eaters and those who are ruled by food. There are no weigh-ins, dues or fees. Call Dan at (386) 426-1558 or Mariah at (386) 233-

9399 for the nearest meeting location.

Palmetto Club: Members meet at 11:30 a.m. the first Friday of each month for a social with lunch, a business meeting, and speakers at the Palmetto Club, 1000 S. Beach St., Daytona Beach. This is a charitable organization that plans projects for various charities.

Port Orange Friends of Carving Club: This club meets from 6-8 p.m. each Tuesday at the Port Orange Recreation building on U.S. 1, south of Dunlawton Avenue. For more information, call (386) 852-5830.

Port Orange Lions Club: This club is a service organization and is open to the public and potential members at all meetings. Those interested in serving the community may join. For more information, call (386) 756-1274 or send an e-mail to rayspubs@msn.com.

Port Orange Recreational Travelers: This nonprofit, senior service organization is for anyone 55 and older. The club is intended to enhance the quality of life through programs, trips and tours, as well as promote good fellowship among members. Those 55 and older may join the club for \$5 per year. For more information, call (386) 761-3274.

Port Orange Ship Model Club: This club meets at 10 a.m. the last Saturday of each month in the Port Orange Library. This society for the ship model hobbyist ranges from beginners to experts. Members attend meetings in Volusia and Flagler counties. For more information, visit the Web site at http://home.bellsouth.net/p/PWP-shipmodel.

Sons of Norway: This club holds meetings the second Friday of each month. For more information, call (386) 427-6618 or (386) 788-7409.

South Daytona Radio/Controlled Yacht Club: This club meets from 9 a.m. to noon Mondays, Wednesdays, Thursdays and Saturdays year round. Discussions about rules, tactics, race strategies, tuning, construction tips and rigging take place. The club sails four different classes locally: the Soling 1 Meter, the U.S. 12, the venerable 36/600 and the East Coast 12s. For more information, call (386) 756-2518 or visit the Web site at www.orgsites.com/fl/sdmcyclub/.

Sunset Civitan Club: This club meets at 7 p.m. the second and fourth Monday of each month at 1038 Reed Canal Road, South Daytona. The club is dedicated to helping the community with an emphasis on physically and mentally challenged individuals. For more information, (386) 253-0604 or visit the Web site at www.civitan.org.

Take off Pounds Sensibly: This club weighs in at 8:30 a.m. and 9:30 a.m. each Monday at the Port Orange All Saints Lutheran Church, 751 Dunlawton Ave. Meetings start at 10 a.m. TOPS is a national weight support group. For more information on cost and membership, call (386) 322-9746.

Take off Pounds Sensibly No. 266: This club weighs in at 6 p.m. and meetings start at 7 p.m. Monday at the South Daytona Christian Church, 2121 Kennilworth Ave. South Daytona. TOPS is a national weight support group. For more information on cost and membership, call (386) 788-4459.

Tomoka Poets: This club meets from 7-9 p.m. the fourth Monday of each month at Piggotte Community Center, 504 Big Tree

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Clubs & Classes

Road. A spotlight poet will appear the first hour, and then an open mic session will take place for all attending poets. *For more information, call (386) 304-7440.*

•**Volusia/Flagler Surfrider Chapter:** This chapter focuses on beach access, water quality, no-surfing zones and economic no-driving zones. Members are currently organizing campaigns to promote changes regarding these concerns. *For more information, call (386) 760-9001.*

•**Wagon Wheel Club:** This club meets at 11:30 a.m. on the second and fourth Wednesday of each month at the Palmetto Club, 1000 S. Beach St., South Daytona. The club is inviting new card players to have lunch and play cards. *For more information, call (386) 756-0882 or (386) 426-8638.*

•**West Virginia Club of South Daytona:** This club meets at 4 p.m. each Monday at the Whistle Stop Junction, 1854 S. Ridgewood Ave., South Daytona. There are no

dues, and new members are welcome. *For more information, call (386) 239-0007.*

•**Wii:** The Port Orange Regional Library is holding a Nintendo Wii class for adults. Nintendo Wii will be held 10 a.m. each Tuesday and Thursday, at 1005 City Center Circle. Participants can test their agility and coordination with Nintendo Wii bowling, tennis, golf, baseball, boxing, pool and billiards on the large screen in the auditorium. *For more information, call (386) 322-5152, Ext. 2.*

Scopes

From page B1

dle them is the key to your happiness. It is unwise to work on more than three main projects each day. There has to be time to play as well, you know. Quality is more important than quantity. Trust your instincts. They speak truth.

Libra-Sept. 23-Oct.22

When you listen to and let your higher nature guide you, wiser decisions are made. You were born under the lucky number seven in the Zodiac. The odds of success are in your favor. This gives you the winning edge. You have all the tools it takes to live a rich, full and happy life. You are truly a child of the light.

Scorpio-Oct. 23-Nov. 21

You are one of the few bold enough to live your dream. All created forms start with a vision, a dream or an inspiration. You live close to the source. You have the power of original thought. This is a clear mind, an open heart and a vivid imagination. The only other requirement is action. Bring it all out and set it free.

Sagittarius-Nov. 22-Dec. 21

Your life is filled with positive opportunities and challenges. The starting point is to make the best of what you have right now. Before starting any new projects, finish up and complete old ones first. Then set new targets. You are the Archer of the Universe. One of your main jobs is to give us all a sense of direction.

Capricorn-Dec. 22-Jan. 19

Much truth is unfolding around you lately. Try to keep a lighter touch when you are not sure what to do. Patience is a virtue. Keep balanced by doing things that keep you healthy. This keeps the stress level down. No need to burn out this late in the year. Call on your friends. They will help. That's what friends are for.

Aquarius-Jan. 20-Feb. 18

Foresight is your great quality. It works best when you follow your heart more than your head. If it doesn't feel right, don't do it. Some of the greatest ideas and theories don't work when tested. This is where you are at your best. A visionary, a prover and an actor. You are a visionary. Test and prove them before taking action.

Pisces-Feb. 19- March 20

There is no room for fear, indecision or doubt in your life. Tell us what you want us to do. You have the answers. You have gotten this far in life, it's awesome. There is still a ways to go. Keep on revealing your secrets. You are so great and so deep. You take us safely into our deeper hart nature. Thanks.

Star visions

I need your help right now. I have never asked for help before in eight years. All the Star Scopes and Spirit guide columns have been given to the Hometown News as a gift to the paper. I am now in need of some kind of help. I love writing your horoscopes and Spirit Guide. I am needing some help from you right now. If you want the Star Scopes column to continue, please write me and send me a gift at James Tucker, 4550 N.E. Indian River Drive, Jensen Beach, Fl. 34957 or e-mail jtuckxyz@aol.com. Call me at (772) 334-9487. Lots of love to all of you. I love you greatly. I want to keep serving you. Thanks for your help.

— James Tucker

New Web sites offer tools for image editing

After fielding several e-mails from readers regarding a recent column, I thought I would write some instructions aimed at helping people understand how to optimize images for e-mail before sending.

As one reader, Steve, points out, "the senders need to know not only that they should be resizing their pictures before sending, but also how to resize them."

Well, Steve is right, of course. I, however, was reluctant to try to write universal instructions on how to optimize images for e-mail because of the wide variety of image editors out there. Programs such as Photo Shop, Paint Shop Pro and myriad picture editing programs that come bundled with all the different digital cameras and scanners that are available these days made the idea seem a challenge.

But then I had an idea: why not write a column that not only teaches people how to optimize pictures but also showcases one of my favorite new Web services (or Web apps) called Aviary, a free host of online image editing tools.

I figured if I go through the steps using Aviary's image editor (called Phoenix) then I could kill two birds with one stone and maybe avoid the flood of e-mails from well meaning folks all trying to tell me "the right way" to handle the task.

OK, fire up your Web browsers, enter www.aviary.com into your address bar and hit enter. This brings you to Aviary's home page where you can see all of the services that are available — all of them free.



COMPUTE THIS
SEAN MCCARTHY

For this task we will be using Phoenix, the image editor, but take a good look around. This site has an incredible amount of good information, quality tutorials, excellent tools and the people behind the site are none other than the folks behind www.worth1000.com — where daily photoshop contests produce some of the most amazing pictures ever to make it onto the Web.

Now, before we begin, we need to create a free account. Click the "get started" button and fill out the forms (I skipped past the whole "find friends thing" and clicked the "continue to dashboard" link).

Next, I click the "image editor, Phoenix" button to launch the image editor and wait a moment for it to load. When the splash screen opens, I click the "load an existing file" button and then the "browse" button. I have an image ready for this — a satellite picture of Hurricane Frances that weighs in at a little over 3 MB.

(That's much too large for general e-mail. We want to try to get that size down to 200k or less.) So I navigate to Frances.jpg in my "my pictures" folder and then click upload.

After waiting about the same amount of time it would take for someone to download this picture into their e-mail inbox, the picture shows up in Phoenix's work area. Next we click the image pull down menu at the top left of the screen and then

click image resize. The next window shows our picture's dimensions, its width and height, along with a checkbox that's labeled constrain proportion. I'm going to take the top (width) number (in this case, 800) and reduce it down to about .33 percent (I take 800 and multiply it by .33 to get 264).

Next, I click the height field and, since the constrain checkbox is checked, that number reduces to the correct number as well and then I click apply. This reduces our picture, but now we have to get it back into our "my pictures" folder so we can attach it to e-mail.

Click the file pull-down menu, then click export image. In the next window I'm going to change the type from .PNG to .JPG and then click generate image. I wait a moment or two for it to render and then click the green download button.

Next, a standard save as dialogue box open and I make sure my my pictures is open and I change the name of the file to Frances2.jpg so I can find it later and click save.

Now, when I navigate back to my pictures folder and find my Frances2.jpg file, I can see that it is 188k, far smaller than the original 3 megs and much better for e-mail.

Resizing pictures certainly isn't the only thing you can do with Aviary. Take a look around and play with it. Practice and who knows, maybe you'll be one of the next winners at Worth100.com!

Sean McCarthy fixes computers. He can be reached at (772) 408-0680 or help@ComputeThisOnline.com (no hyphens).



Sparkly

Josalyn Bok, 5, of South Daytona writes her name in glitter during the Port Orange Craft Show at the Port Orange gym recently.

Randy Barber
staff photographer

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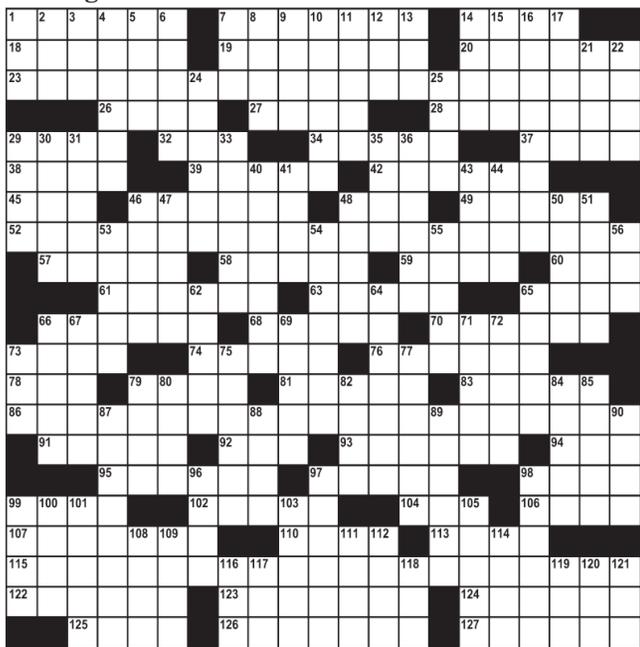
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Musing on a Monarch

Edited by Linda and Charles Preston

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9/27/09

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Captain Leo drums for drum — and it works!



FISHING WITH DAN DAN SMITH

Eerily quiet at dawn until off in the distance the faint sound of Indian drums.

Well actually, it was Indian River black drum. I was south of the Haulover Canal and just across the Volusia line into Brevard County.

Once more fishing with the venerable red fish expert Leo Hiles, but this time we had a different target.

Captain Leo had been telling me about a large school of drum that had been occupying the same space for some time.

Nothing gets me as excited as the prospect of catching black drum (Well, almost nothing.)

After a long run in Leo's Blue Ghost, we stopped well off the designated area to approach as quietly as possible with the electric motor.

Once in place, we sat for a while just watching for any movement that would give the school away.

Lots of large mullet were swirling about and an occasional single red fish pushed water, but black drum are notorious for

schooling tightly and should never be mistaken for individual reds.

After some time with no drum showing, Leo began jumping up and down on the deck of his boat.

Now if you have been paying attention to this column or have bought Leo's book "Fish Sense," you know that he and I constantly preach the value of stealth on the water.

Yet here he was stomping about on purpose. I was startled to say the least. "Look!" Leo shouted. Sure enough, about 200 yards away a very large school of drum had surfaced.

It could be nothing else, but a direct response to the thumping of his boots. I had never seen such a thing. "That's it! Now we know where they are," Leo chuckled.

Back in quiet mode we

eased into casting position. Each of us dropped a fresh dead shrimp with split shot just off the edge of the school.

Right away Leo hooked up with an eight-pounder and soon after, I landed a fat five-pound drum. Good eating and hard pulling, black drum rank as one of the most desirable of local fishes. It was a rare treat to find them on the flats, for in my usual haunts they are mostly a deep-water catch.

I won't recommend that you try Leo's method, but if you are in shallow water and are pretty certain that drum are there, if all else fails you might try drumming for drum. I saw it work perfectly. Remember there are still copies of Capt. Leo's book available at (386) 345-2213.

Dan Smith has fished the waters of Volusia County for 40 years. When he's not fishing, the retired contractor is heavily involved with the Ormond Beach Historical Trust. For questions or comments send an e-mail to apes123@mybluelight.com

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LEGAL NOTICES. 5010 Notice of Action. IN THE CIRCUIT COURT SEVENTH JUDICIAL CIRCUIT IN AND FOR VOLUSIA COUNTY, FLORIDA. CASE NO.: 2009-32468FMCI DIVISION: 30. IN RE: THE INTEREST OF: Minor Child(ren) CONNER D. ASKEW - Amended. NOTICE OF ACTION OF PETITION FOR TEMPORARY CUSTODY BY EXTENDED FAMILY MEMBER.

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ABORTION NOT an Option? Consider Adoption. Its a Wonderful Choice for an Unplanned Pregnancy. Living/ Medical Expenses Paid. Loving Financially Secure Families Await. 877-341-1309 Atty Ellen Kaplan (#0875228)

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REAL ESTATE FOR SALE

EQUAL HOUSING OPPORTUNITY PUBLISHERS NOTICE All rental and real estate advertising in the Hometown News is subject to the Federal Fair Housing Law which makes it illegal to advertise any preference, limitation or discrimination based on race, sex, handicap, familial status or national origin or any intention to make such preference, limitation or discrimination. In addition, the Fair Housing Ordinance prohibits discrimination based on age, marital status, sexual orientation, gender identity, or expression. We will not knowingly accept any advertising which is in violation of the law. All persons are hereby informed that all dwellings are available on an equal basis.

0703 Auctions FORT MYERS: IRS Public Auction, October 7th, 10:00am. A vacant residential lot, 1.02 acres 185'x230', 19501 Spicewood Lane, Fort Myers, FL 33908 \$24,000 Sharon Sullivan 954-654-9899 www.irsales.gov

0703 Auctions VIRGINIA MOUNTAIN Land Auction, 15Acreage Tracts. Absolute/reserve lots. Cove Creek community, Tazewell County, VA. October 17, 2009 Iron Horse Auction, VAAL580, 800-997-2248. www.ironhorseauction.com

710 Houses for Sale S. DAYTONA 3/2 CBS. High & dry upgraded, tiled pool bar, Handicap accessible. Fenced yard \$149,000 Call 386-767-1155

730 Manufactured Homes for Sale **In House Financing** MELBOURNE: New Horton Homes, Singles and Doubles in Village Glen an Adult Park From \$31,995 Call Carolyn for more in specials like \$99 Lot Rental at 321-806-1240

735 Out of Area for Sale DISCOUNT TIME-SHARES 60%-80% off retail!! Worldwide Locations! Call for Free Info-Pack 800-639-5319 www.holidaygroup.com/flter

735 Out of Area for Sale GEORGIA - OVER 15 ac in Wayne County Georgia. Beautiful Tiff 85 pasture, 2 small ponds, county road frontage, very quiet & secluded. Only \$3,500/ acre with owner financing. Cell 912-269-9349 912-427-7062.

735 Out of Area for Sale OWN LAND in Beautiful Arizona!! Never been easier! \$0 down \$0 interest! Starting \$129/month. 18 lots only! Pre-Recorded Message 800-631-8164 mention ad code 5063 or visit www.siteslandrush.com

UNBELIEVABLE LAND BARGAIN! 13.5 AC- only \$49,900 Free Boat Slips (Was \$129,900) Once-in-a-lifetime opportunity to own big acreage lake property w/ free boat slips on private recreational lake in Tenn. Completed roads, utilities, more. Excellent financing. Call now 888-792-5253, x3243

710 Houses for Sale

710 Houses for Sale

Shore West Realty SALES & MANAGEMENT 200 FOREST LAKE BLVD STE 1 DAYTONA BEACH, FL 32119 OFFICE 386.760-3797 CELL: 386.295.1896 FAX: 386.760.0507 WWW.SHOREWESTHOMESNOW.COM

FOR SALE Daytona Beach Newly Remodeled Bungalow \$245,000 2216 Pope, South Daytona 3 bd 2 bt home \$139,900 Port Orange 3/2, mobile home w/large screened porch \$48,800 financing avail. Shallowbrook, Port Orange 2 bd villa w/den \$129,900 3 bd villa w/den \$149,900 Port Orange Large 4/2 family home with greatroom & family room \$149,900 Daytona Beach Bargains * Like new 3/2 \$108,900 * 3/2 w/fenced yard \$78,000

EDGEWATER 1-br/1-ba fireplace, tiled, large fenced yard, fruit trees. Bonus: additional income producing rental cottage on property. \$94,000 Call 386-427-6532

ORMOND - Hemlock Dr. Almost 3 ac, 3br/2ba, 1508 sqft, lg deck overlooks pond \$150,000 Mariah Hochhauser, CA Calnan RE 917-364-1549

ORMOND BEACH 3/Br, 2 Ba. Fresh paint, new carpet, laminate flooring, 2 cg, scn patio w/jacuzzi, fenced yard w/ new landscaping & sod. Walk to schools, restaurants \$169,000 386-316-9262 see photos online at www.HometownNewsOL.com ad # 61902

ORMOND BEACH- New to Market 56 S Beach St, 2 story completely updated home. 4/3.5/2 4600sf of living space Veranda off huge master suite. Riverfront home on Halifax River with boat dock, & pool \$1,250,000 Call Sherry Armstrong RE/Max Property Center 386-679-3191

GOLF COURSE LOT in SW Ocala, almost 1/2acre in Marion Oaks on cul-de-sac, \$19,900. Call 386-852-8085

730 Manufactured Homes for Sale Edgewater On the Intracoastal Waterway Hacienda Del Rio 386-423-5807 1-800-441-5807 U.S.1 South • Edgewater www.hacienda55.com *Minutes from New Smyrna Beach

Many resales to choose from starting in the 50's Boating & Fishing Haven 2 Clubhouses & 2 Pools 2 Private Piers & Boat Ramp Age Restricted Community Great Living on the Indian River

REDUCED DELAND 55+ country setting in adult comm. \$320/mo lot rent. Large LR & FR, mega storage. Large inside laundry room, enclosed room with AC & heat. Work shop. Close to everything. Open house most weekends until sold. Leave message \$32,000 bottom line price 386-740-0638

SUN HOMES Holly Forest Estates 55+ Community. Homes Available from \$15,500. Hurry this will not last! Heated swimming pool, social ball, shuffle board, bocce ball gatherings, puttuck dinners, bingo, cards, crafts. For more information visit us at 1000 Walker St, Holly Hill, FL www.4Hollyforest.com or call 1-888-308-4750

MELBOURNE: Only \$4995 3/2 12'x60' All New Central Air & Heat, Vinyl Siding, Skirting & concrete driveway in Village Glen an Adult Park. Enjoy our Solar heated pool and fitness room! Call 321-806-1240

MOBILE HOMES: No denials! Everyone is approved! 500-\$1000 down. Guaranteed move in. Se Habla Espanol. 954-685-0814 / 800-733-1718

PORT ORANGE 3/2 doublewide 68K 2/2 single wide 60K both with land in family park. Terms or less for cash. 386-547-2069 owner.

PORT ORANGE 55+ 2/2 Completely remodeled dbldw. Laurelwood. Own your own land! Shed, sun porch, wd frs, \$79,900 firm. 386-756-0183

SOUTH DAYTONA 2/1 Own Land, NO rental fees. screen porch, carport, A/C. Very quiet & private. 1070 Palm View. One block from Reed Canal. \$45,000 904-824-9206

735 Out of Area for Sale BEST BUY IN NC MOUNTAINS! 2.5acre parcel. Gated development. Spectacular view. High altitude. Bryson City \$39,500. Owner financing. Owner 1-800-810-1590 www.wildcatknob.com

NC MOUNTAINS Brand new! \$50,000 Mountain Top tract REDUCED to \$19,500 private, near Boone area, bank financing, owner must sale, 866-275-0442

NC MOUNTAINS 2.85 ac, deed restricted. 1800' elev, near Asheville, Beautiful view of Blue Ridge mtns. \$47,900 321-757-9621

NEW RETIREMENT Cottage ready for your finishing touches! Fabulous golf community in Carolina mtns. Short drive from Asheville. Just \$199,900. Call (866)334-3253, x 2315. www.scgolfhome.com

North Carolina 60 min to Asheville Mtn lots & homes, 1-3 acres. Some owner financing avail. Ed Hicks, Lic. RE Broker, Timberland Investment Prop Inc 828-676-0221

SEBRING: 2 ACRES ON THE WATER! ONLY \$61,300. Originally over \$170,000, now priced way below market to sell fast. Nice waterfront parcel w/ big lake views. All amenities completed, ready to build or hold. Owner financing. Call now 1-866-352-2249 www.flandspecial.com

TENNESSEE LAND... 5 acre tracts for \$24,995. Great schools. Owner financing as little as \$250 down and \$99/month. JDL Realty, 800-330-3390 or 931-946-2484, aaaaattorneyreferralservice.com

730 Manufactured Homes for Sale Property Showcase of Central Florida, Inc. MANUFACTURED HOMES SALES 4536 S. Clyde Morris Blvd, Ste #1 Port Orange, FL 32129 (386) 788-9998 Toll Free (800) 406-0726 or Online at www.buydaytonamobiles.com

BLOWING ROCK NC Fully equipped condo Breathtaking view of the fall leaves & mountains. \$119 per night 2 night min \$600/wk Deposit required. 386-871-1003

SELL! RENT your Timeshare Now!! Maintenance fees to high? Need Cash? Sell your unused timeshare today. No Commissions or Broker Fees. Free Consultation www.sellatimeshare.com 1-877-494-8246

730 Manufactured Homes for Sale 730 Manufactured Homes for Sale

REAL ESTATE FOR RENT

802 Rooms & Roommates PORT ORANGE utilities, P.V. microwave, Frig, pool laundry, Non-smoker, No Pets. \$450/mo 1st & last + deposit. Refs required. Call Fred, 386-837-3571

804 Seasonal Rentals PORT ORANGE - 55+ Furnished Short term rental Sept 15 thru Dec15 3/2 with carport, \$700/mo + utilities. 516-785-3236

805 Apartments/Condos for Rent DAYTONA BEACH Lovely B&B Style near Beach & Halifax Yacht Club. Large boat prking lot. Beautifully Furnished. Refs req. \$595/mo. incl. util. No lease req. Non-smoking. 1.800.525.9396

805 Apartments/Condos for Rent DAYTONA BEACH-BAYSHORE- Uniquely styled 2/2, double balconies w/riverview, extra storage, \$995/mo Wynn A. Hamilton Real Estate Broker 386-846-4320

805 Apartments/Condos for Rent Port Orange - Waterfront on Intracoastal, 2/2, 1st flr., next to heated pool, water/cable incl. Secure. \$850/mo. (386)795-6856

810 House for Rent Daytona Beach Beachside Chalet 1BR, fully furn., newly decorated, fireplace, cat. ceil., No Pets/Smoking. Central Location 1/2 block from beach. Avail Nov.1, \$700/mo 386-253-5487

810 House for Rent ORMOND BEACH- Oak Forest, Riverfront 3br/3ba/2cg 2200sqft, Fireplace, W/D, Huge lot, \$1350 386-295-2539

825 Manufactured Homes for Rent RENT NOW ORMOND BEACH- Oak Forest, Riverfront 3br/3ba/2cg 2200sqft, Fireplace, W/D, Huge lot, \$1350 386-295-2539

850 Commercial Real Estate for Rent PORT ORANGE: Car lot 100' frontage on (Ridgewood) US1, corner property, high traffic, good visibility & accessibility. Well lit, new office. \$1250/mo 386-767-1915

803 Wanted to Rent SHORT TERM rental needed for couple relocating to Florida prefer 3/2 in Ormond Beach. 386-566-6541

805 Apartments/Condos for Rent DAYTONA BEACH Yorktown Estates, 2/2 garage, W/D, pool, \$750/mo. + sec. Philip (386)788-0090 or (386)290-0367

805 Apartments/Condos for Rent DAYTONA BEACH- 1/1 Right on the water, Remodeled, furnished or unfurnished, jacuzzi tub, balcony, pool \$700/mo f/i/s. neo 727-458-3477

805 Apartments/Condos for Rent DAYTONA BEACH- 2/1 Furnished, new paint, ceramic tile, close to beach, incl. water/cable \$750/mo 321-276-8255

810 House for Rent Ocean Properties Management, Inc. NSB BEACHSIDE MALLORCA UNIT 2/2 with den, interview. \$1550/mo 823 FLOUNDER 2/2 riverfront, w/dock Large screened patio overlooking the river. \$1300/mo

810 House for Rent HOLLY HILL- 830 State Ave. 3/2 + 1bedroom studio, w/screened porch \$1100/mo + deposit 386-492-9000 or 516-359-1120

810 House for Rent NEW SMYRNA BEACH- Unfurn., 2/1, carport, fenced backyard, shed, non-smoker, 1st, last sec. credit, chk. Avail now, no pets. \$700/mo. 386-428-4477

815 Town Houses/Villas for Rent DAYTONA BEACH Pelican Bay 2/2 villa with gated security. Includes basic cable, fireplace 1 car garage, screen porch. Avail Oct 1. \$800/mo 386-295-6294

850 Commercial Real Estate for Rent PORT ORANGE - 5571 Ridgewood Ave. 950sqft, 2 finished units avail. 1yr lease or more. \$8/sq.ft. 4215 Ridgewood Ave. 1500sf. 3 finished units avail. 1year or more lease \$16/sq.ft. SOUTH DAYTONA 3184 Ridgewood Ave. Front building 1250sqft. 2 units \$8/sq.ft. Rear building 1040sq.ft. units available \$8/sq.ft. 386-871-6030

Crossword Solution

TRANSPORTATION

910 Antique/Classic 1958 CHEVY DELRAY Rebuilt from ground up, 2 tone, original radio straight 6. Manual trans \$17,000 386-671-9907 see photos online at www.HometownNewsOL.com ad # 37539

910 Antique/Classic CHEVY NOVA 1970- 350 auto, bucket seats, cold air, Rally wheels Restored to original \$9900/obo 772-201-2838 see photos online at www.HometownNewsOL.com ad # 37487

0917 Automobile Parts 1996 PLYMOUTH Voyager wrecked. Excellent engine and transmission. Nice interior, near new tires. Many good body parts. \$400. Call for details 386-423-7377 or 386-314-8138

0920 Automobiles Wanted AAAA** DONATION Donate Your Car, Boat or Real Estate, IRS Tax Deductible, Free Pick-Up/ Tow Any Model/Condition Help Under Privileged Children. Outreach Center. 800-928-7566

0920 Automobiles Wanted DONATE YOUR Car, Truck or Boat to Heritage For The Blind Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. 866-905-3801

935 Motorcycles HONDA GOLDWING 02 Less than 16K miles Garage kept. Loaded. Mint condition. \$11,500 386-931-6179

940 RV/Travel Trailers/Campers SPECIAL 37' PILGRIM 2006 Park Model Trailer, 2-br/1-ba set up in a 55+ retirement park. \$0 down \$0 interest \$575 per month, includes payment on trailer lot and insurance. \$18,000 772-359-5231 305-247-4021 www.HometownNewsOL.com

940 RV/Travel Trailers/Campers NEW SMYRNA BEACH Impala Park Model 1989 furn 1/1 kitchen, living area, new carpet, frg, blinds, curtains, Queen bed, lg closets \$1000. 912-264-5072

950 Trucks/Vans CHEVY S-10 1991 extended cab P/U Cold A/C. Bed liner, trailer hitch. Excellent shape. \$2500/obo 386-427-6724

SELL YOUR HOME with an ad in the Hometown News 5 COUNTIES Martin County thru Ormond Beach! 386-322-5949

CALL CLASSIFIED and sell that boat! 386-322-5949

VISIT OUR ONLINE SITE www.HometownNewsOL.com Photos with your ad, High Definition Slide Shows and more 386-322-5949

1-GREAT NEWS AND CLASSIFIED ADS! HOMETOWN NEWS 386-322-5949

US NAVY VETERANS ASSOCIATION Florida Chapter www.NavyCares.org 1-800-580-NAVY (6289)

940 RV/Travel Trailers/Campers 30' SUNLITE Meadow brook 2000 Travel Trailer One slide, sleeps 4, Excellent condition. \$9000/obo 386-734-2425

940 RV/Travel Trailers/Campers 17' KEY WEST 17200C, 2004, 4 stroke Yamaha 90, depth/fish finder, 1989 motor, Luminator Itr \$12,500. 321-724-4957 see photos online at www.HometownNewsOL.com ad # 37540

1990 RENKEN Classic 2000 Bowrider. 115HP Mercury O/B. Trailer Sleep seats. Good Cond! \$4000 386-673-9350 see photo online at www.HometownNewsOL.com ad # 37592

BOATS; 1000's of boats for sale www.floridamariner.com reaching 6 million homes weekly throughout Florida. 800-388-9307, tide charts, broker profiles, fishing captains, dockside dining and more.