



INSIDE



**HOW WEIRD IS THAT?!**  
SEAN MCCARTHY

Spend any time surfing the Web and you are bound to find stories that are just too bizarre to be true. Here's a sampling, edited for length. And remember, just because it's online doesn't mean it's true!

From *news.yahoo.com*:  
**School zone sign with six separate times irks driver**  
An unusual school zone speed limit sign in suburban Detroit has drawn the attention of an irked driver. Greg Smith tells The Oakland Press of Pontiac that he noticed the sign recently in Oakland County's White Lake Township that lists six See **WEIRD, A2**

## West Melbourne to clean up nuisance properties

**New ordinance aimed at overgrown lots of foreclosed homes**

By Dan Garcia  
dgarcia@hometownnewsol.com

WEST MELBOURNE – If you don't cut your grass in West Melbourne, the city will do it for you.

For a price. Because a few residential and commercial lots have become eyesores, the City Council voted to allow city work crews to maintain the unsightly yards.

The City Council voted 7-0 to enact an ordinance that allows the city to

maintain overgrown lots. The ordinance mainly affects residences that have gone into foreclosure and are not regularly maintained.

"The city is going to foot the bill and then collect on it later," Mayor Hal J. Rose said. "This way, the neighbors don't have to look at it."

The city can place liens on properties that do not pay for the city's forced cleanup.

Thomas Forbes, the city's code administration

director, said the ordinance became necessary because some homes fell into unsightliness because of a lack of yard maintenance.

The process of notifying owners of the mostly unoccupied and foreclosed homes was time-consuming, which made the conditions worse, Mr. Forbes told the council.

"This program allows the city to use local lawn maintenance companies

See **PROPERTIES, A2**



761954

## Buried treasure



Nancy Jane of West Melbourne and her children Julia, 10, and Carter, 5, search for buried treasure in the sand with the help of a metal detector at Lori Wilson Park in Cocoa Beach. Time & Treasures sponsored the treasure hunt on Feb. 11, which included barbecue, roasted marshmallows and many prizes.

Andy Stefanek  
staff photographer



Andy Stefanek/staff photographer  
Nikhita Derud of Melbourne performs a traditional Bengal dance on stage at a previous Indiafest. This year's Indiafest will take place at Wickham Park Pavilion in Melbourne March 10-11 with the theme 'Festivals India.'

## Two-day festival highlights rich culture

**Event showcases unique aspects of India's traditions, history**

By Meagan McGone  
mmcgone@hometownnewsol.com

A country deeply rooted in its customs, India honors various traditions and celebrates a rich culture. On Saturday, March 10, and Sunday, March 11, those roots will spread to the Wickham Park Pavilion for the 16th Annual Indiafest.

This year's event carries the theme "Festivals of India," highlighting the diversity throughout India's regions and showcasing the country's unique practices.

Chairwoman Yasmin Majeed said Indiafest will offer something for all age groups, with hands-on activities for the youth and authentic cuisine for everyone to enjoy. A Discover India booth will carry the theme of the event by displaying colorful interpretations of the various festivals of India. Entertainment will

include yoga and Zumba demonstrations, as well as traditional folk, classical and modern Indian dances and live music. For individuals looking to indulge, there will be temporary Henna art for the body and various vendors offering jewelry, garments, music, and arts and crafts.

"Indiafest is a very true representation of the Indian culture and history," Ms. Majeed said. "This is because we have volunteers with knowledge and cultural backgrounds from just about every region of India who help bring our theme together."

A tradition that dates back to 16 years ago, Indiafest started as a small event by a group of people wanting to celebrate their culture. Today, Indiafest stands as a large symbol of cultural enrichment in Brevard, made possible by

See **FESTIVAL, A4**

## Keep Brevard Beautiful takes on new leadership

By Tammy Roberts  
Senior Staff Writer  
troberts@hometownnewsol.com

BREVARD — When it comes to protecting the environment, Tony Sasso has always been an avid supporter.

So when he was asked to become Keep Brevard Beautiful's new executive director, it was an opportunity he couldn't pass down.

With a more than 30-year

history on the Space Coast, Keep Brevard Beautiful is a nonprofit organization designed to motivate and educate businesses, schools and individuals to reduce litter, landscape and beautify Brevard County.

From educational programs about littering and recycling to a slew of both monthly and annual beach, park and roadway cleanups, the organization

has become a well-known facet in the community.

For nearly a decade, Keep Brevard Beautiful was led by Larry Weber, who recently retired to devote more of his time to Keep Florida Beautiful, where he currently serves as president.

A Cocoa Beach native, Mr. Sasso took over the position Jan. 1 and said he

See **LEADERSHIP, A11**

## BCC gives students weapon to fight tough job market

**New career center serves as a resource for students, local businesses**

By Meagan McGone  
mmcgone@hometownnewsol.com

In a struggling economy, students must brace themselves to enter a tough job market, where unemployment climbs and even entry-level jobs are hard to land.

To aid students with resources that could help them successfully enter the workforce, Brevard Community College established a new Career Planning and Development Center, headquartered at the college's Cocoa campus.

The school held a grand

opening ceremony on Thursday, Feb. 9, for the new center, which is located at the BCC/UCF Joint Use Library. Though each of BCC's four campuses housed offices for career planning and development prior to the new center's opening, the central facility

serves as a focal place to both prepare students for the job market and attract local businesses to hire talent from the school.

"The center is a significant milestone for the college, our students and Brevard businesses because it will help students select the

right careers, find good jobs and provide businesses the highly skilled workers they need," said Jim Richey, the college's president. "We want BCC to be the place where companies and businesses of all sizes come when they look to hire."

See **MARKET, A9**

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**SUNDAY**  
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RAIN CHANCE: 0%  
**72 HIGH 51 LOW**  
High Tide: 10:09 AM  
Low Tide: 4:29 PM

**weather ON THE 13**  
Chief Meteorologist Jeff Day

ENTERTAINMENT B1

PHINEAS AND FERB



ROMANCING THE STOVE B6



Special recipes for Black History Month

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# Weird

From page A1

separate times when drivers should slow down to 25 mph on school days. Smith says drivers "practically have to come to a stop to read it." An elementary, middle and high school all are nearby. Police Chief Ed Harris says a meeting is being called with the White Lake Township supervisor, the school district and the county road commission

about the sign. Harris says the township didn't put it up but is trying to resolve the matter.

## From boston.com: Fugitive runs out of gas, calls sheriff for help

A 59-year-old fugitive is back behind bars after he ran out of gas in Wyoming and called the local sheriff's office for roadside assistance. The Wyoming Highway Patrol said Tuesday that Richard Vincent of Prineville, Ore., was wanted

in Georgia for violating parole on a murder and escape conviction. Vincent called the Uinta County Sheriff's Office and it sent state troopers to help him out. When they learned that Vincent had an outstanding felony warrant from Atlanta, he was taken into custody. Vincent is now being held for Georgia authorities pending extradition.

From sfgate.com:  
Deputy: Alleged cat eater

## had carcass in kitchen

It was the sound of a wailing cat that first caught the neighbor's attention. When she looked toward the sound she told authorities that she saw her next-door neighbor cutting off the crying feline's head with a knife. The call she subsequently made to deputies started a bizarre animal cruelty investigation that has focused attention from around the country on a working-class neighbor-

# Cleanup

From page A1

on a rotational basis to clean up properties not in compliance with current ordinances," Mr. Forbes said.

"We have some properties that would take several months to get cleaned up, and we had no tool in order to clean the properties up. We had to rely on the code enforcement process, which could take several months at a time," Mr. Forbes said.

Mr. Forbes said the city's new Lawn Maintenance Rotation Program will be managed by the city's building department.

He said cases of violations will be decided by the city's Code Enforcement Board on a case-by-case basis.

Councilman Michael Hazlett applauded the move to clean up unsightly properties.

"This building department has turned around since Mr. Forbes came on board, from talking to some of the building folks and people who want to work in our city," Mr. Hazlett said.

Mr. Forbes said the city will use local lawn maintenance companies on a rotating schedule instead of putting the program out for bids. The city did not indicate what a typical lawn cleanup would cost.

Councilman Bill Mettrick asked Mr. Forbes whether properties that are in violation would be maintained regularly, because foreclosed homes tend to be in violation regularly.

"What if two months later, the grass is four foot high again?" Mr. Mettrick said.

Mr. Mettrick said representatives of banks who own foreclosed properties would likely not show up for such a code enforcement hearing.

Mr. Forbes assured the council that regular lawn maintenance can be provided for foreclosed properties. But each violation would require a separate ruling by the Code Enforcement Board.

"We've had about half a dozen that we're really struggled to get cut," he said. "It really became a problem in one neighborhood."

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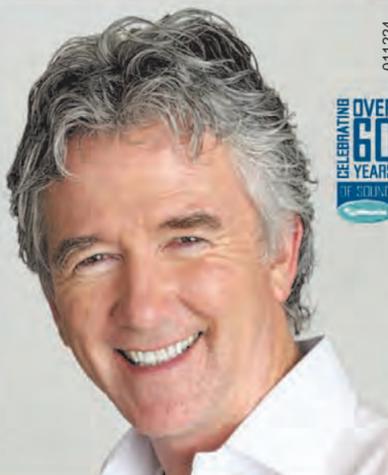
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# Goodwill places hundreds of Space Coast residents in jobs

By Tammy Roberts  
Senior Staff Writer  
troberts@hometownnewsol.com

BREVARD — Finding a job in a sluggish economy is difficult enough, especially when everyone seems to be after the same ones.

But for more than 50 years, one local nonprofit has worked to make the process easier and more effective for individuals to get back on the path toward achieving their dreams.

While most have heard its name and many have shopped at or donated to the organization, Goodwill Industries is more than just a retail store.

Since the 1960s, Goodwill Industries of Central Florida, which serves six counties including Brevard, has provided a variety of community outreach programs, including its multi-functional Self-Sufficiency Job Centers.

Regardless of an individual's background or status, these centers are designed to help participants find employment, while providing professional placement staff, who act as liaisons between employers and participants — all at no cost to the participant, according to www.goodwillcfl.org.

There are three main facets offered at each center. First is the Job Club, which is an intensive program that delivers comprehensive interview-skills training, as well as job-seeking and resume-writing assistance. Graduates of the club receive a professional resume and vouchers for interview apparel from local Goodwill stores.

Second is the Networking Center, which provides clients with the latest job leads, as well as copy and fax equipment and access to Internet-ready computers and a "Hello" phone line that substitutes for a home



Staff photo by Tammy Roberts  
Carolyn Lowe of Melbourne, front, gets assistance from Kathy Pignone in searching through the current job listings posted at the Goodwill Industries of Central Florida's Self-Sufficiency Job Center in Melbourne.

phone number for prospective employers.

Lastly, each Self-Sufficiency Center is home to a Community Resources Library that provides an abundance of information about community services and organizations to meet each client's needs. Free classes led by local professionals are also offered, covering such topics as money management, legal services and how to start a small business.

The majority of all programs offered by the centers are paid for through profits from Goodwill retail stores, while a small percentage is covered by government grants, the website states.

Goodwill Industries of Central Florida currently operates seven Self-Sufficiency Centers — two of which are in Brevard County, one in Melbourne and another in Rockledge.

Both locations are open from 8:30 a.m. to 4 p.m. Monday through Friday, and no appointment is necessary.

"We're really a one-stop shop when it comes to job-seeking," said Karen Nei-

dlinger, coordinator of the Goodwill Self-Sufficiency Center off South Babcock Street in Melbourne. "I like to think of us as the best-kept secret in Brevard."

While more and more people are beginning to learn of the organization's assistance programs each day, the many services offered by the nonprofit are not meant to be kept hidden.

In its first few years, the center assisted less than a dozen clients per day, Ms. Neidlinger said. Now, its staff sees as many as 75 to 80 clients a day.

West Melbourne resident Karen Pignone, who was laid off in 2008 from a position working with individuals with disabilities, was introduced to the center while completing community service hours as part of a program with the Brevard Workforce.

Not only did Ms. Pignone spend her time greeting clients, posting jobs and following up with employers to earn her hours, she also made use of the center's services herself — from the

resume-building to the interviewing techniques.

"Everybody here really has a positive energy and show clients that they really do care," Ms. Pignone said. "It's a great environment to work in, and there are so many different types of assistance."

These resources eventually paid off for Ms. Pignone, as she discovered a position opening at a market research company and was hired earlier this month.

Ms. Pignone, however, is not alone.

In 2011, Goodwill Industries of Central Florida served more than 21,000 people in the counties of Orange, Seminole, Osceola, Volusia Lake and Brevard. Of those individuals, the nonprofit placed 4,586 in jobs — 1,167 of whom were placed in Brevard County.

These jobs include everything from hotels, fast food and retail to office, laundry and landscaping, said Bill Oakley, president of Goodwill Industries of Central Florida, who has been a part

See GOODWILL, A7

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**Indiafest**

From page A1

a volunteer committee with more than 30 members and aiding charities not only locally, but also nationwide and internationally. Charities and causes supported include American Red Cross, Daily Bread, Trou-

bled Teenagers' Organization, relief efforts for the victims of the earthquake in Haiti and Manav Mandir, a mission in Delhi that takes orphaned children under its wing, as well as many other organizations. In March 2011, the Indiafest committee presented \$100,000 to Florida Institute of Technology through

funds accumulated over 15 years.

"This was a prideful occasion for our committee," said Nina Gadodia, chairwoman and founder of Indiafest.

Last year's Indiafest brought more than 7,000 attendees. Ms. Majeed hopes this year's event will bring even more.

"Since our inception, we see an increase in attendance each year, which is encouragement to the committee that we're doing something that our friends and neighbors here in Brevard Community are interested in and look forward to," Ms. Majeed said.

Tickets are \$3 for adults, \$1 for children under 12,

and free for children under 5. Indiafest will be held at Melbourne's Wickham Park Pavillion, located at 3845 N. Wickham Road, from 10 a.m. to 6 p.m. on Saturday and 11 a.m. to 5 p.m. on Sunday.

For more information about the event, visit [www.indiafestbrevard.org](http://www.indiafestbrevard.org).

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**Weird**

From page A2

hood in a Bakersfield suburb where a man allegedly was filing cats and cooking them on his backyard barbecue. "I've been getting calls on this from around the country," Kern County Sheriff's spokesman Ray Pruitt said. "For some reason when somebody hurts animals people are more outraged than they are for a lot of other cases." Investigators decided to release new details on Thursday because of the nationwide interest in the case. Jason Wilmert, 35, will be arraigned Friday on charges alleging animal cruelty and using a pet or domesticated

animal for food. Both are misdemeanors. A neighbor told KBAK-TV that she had seen Wilmert with a wailing tabby cat cutting it down the back with a knife, then decapitating it. She turned away in disgust and called sheriff's deputies. Pruitt said that when deputies arrived that morning at Wilmert's home they talked to other neighbors, who said they had heard the sounds of screaming cats coming from the house in Oildale. When he didn't answer his door, Pruitt said a deputy walked down the driveway and saw a cat's head in the backyard. Later Wilmert came outside and deputies arrested him. When they searched his house they found a cat carcass in the kitchen sink, as if

were being prepped for cooking. Deputies also found an animal trap in the driveway. "We don't know if he was using the trap to catch cats, but he had one," Pruitt said. Nobody has called in reporting missing pets, and investigators suspect the victims were strays.

From *timesonline.com*:

**Police: Mumbling Pa. suspect had mouthful of crack**

A western Pennsylvania man is jailed on drug charges because police say something other than a confession came out of his mouth when he was hit with a stun gun. The Beaver County Times reports Tuesday that 56-year-old Frank Lee Turner was mumbling when Ambridge police

stopped a car in which he was a passenger on Feb. 5. Police say Turner was mumbling before he struggled with police and was hit with the stun gun — only to have 23 individually wrapped pieces of crack cocaine fall out of his mouth. Turner faces a preliminary hearing on drug possession, resisting arrest and other charges.

From *denverpost.com*:

**Alaska man accused of trying to extort gov't**

Authorities in Alaska say a man threatened to teach "crackheads" how to make "electromagnetic distortion devices" unless the state paid him \$85,000. Stanislaus Grzeskowiak, of North Pole, is charged with felony extortion and threatening harm. He was in jail Tuesday on \$2,500 bail. Sgt. Jess Carson says the 36-year-old called state troopers Friday and said he knew how to use discarded televisions to make devices that could block police radios, computer communication and cell-phones. He also threatened to cut the communications of oil companies and credit card companies if he didn't get the money.

Authorities say Grzeskowiak blames the state and companies for his financial situation, lack of education and marital problems. Grzeskowiak is represented by the public defender's office. Officials there didn't respond to requests for comment.

Sean McCarthy fixes computers. He can be reached at (772) 408-0680 or [help@ComputeThisOnline.com](mailto:help@ComputeThisOnline.com) (no hyphens).

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# Police report

*Editor's note: This is a list of arrests, not convictions, and all arrestees are presumed innocent unless or until proven guilty in a court of law.*

## Melbourne Police Department

- Cheyne Bradford Chandler, 19, of 427 Lynn Ave., Melbourne, was charged Feb. 10 with felony battery and felony battery by strangulation-domestic violence.
- George R. Reeder, 73, address unknown, was charged Feb. 11 with aggravated assault without a deadly weapon.
- Jeffery E. Hansen, 44, address unknown, was charged Feb. 12 with felony battery.
- Cynthia M. Vancliff, 53, of 180 E. Dover St., Satellite Beach, was charged Feb. 12 with unarmed burglary of an unoccupied dwelling and petit larceny.
- Aaron Glenn Salters, 45, of 2572 Kefauver St., Melbourne, was charged Feb. 13 with felony driving while license permanently revoked.
- Aundrea N. Steward, 27, of 640 Ixora Drive, Melbourne, was charged Feb. 13 with fraud-giving a false official statement, knowingly making a false report, driving while license suspended, felony driving under the influence, felony driving under the influence-property damage and as a habitual traffic offender driving on a suspended license.
- Herman Dotson, 21, of 1125 Cogan Road, Palm Bay, was charged Feb. 14 with grand theft auto and larceny.
- Dwayne E. Drayton, 30, of 1392 Harvard Circle, Melbourne, was charged Feb. 16 with felony battery by strangulation-domestic violence.
- Corey Richner, 22, of 2637 Pepper Ave., Melbourne, was charged Feb. 16 with burglary with assault/battery, criminal mischief-property damage and felony battery.



## Palm Bay Police Department

- Eric Rivera, 30, of 230 Lago Circle, West Melbourne, was charged Feb. 10 with possession of a controlled substance without a prescription and driving while license suspended.
- Ronald Grate, 44, of 630 Brothers Ave., Melbourne, was charged Feb. 12 with possession of intent with intent to sell, possession of drug paraphernalia and as a habitual traffic offender driving on a suspended license.

## West Melbourne Police Department

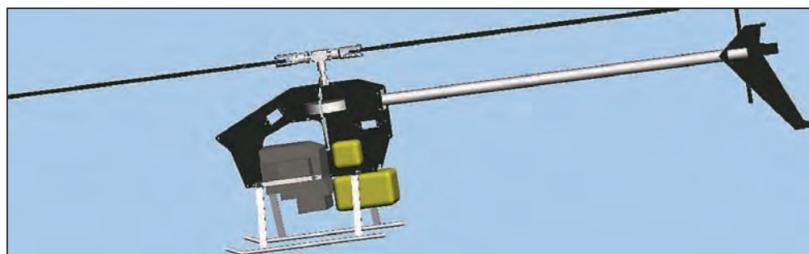
- Robert John Sutliff, 35, of 7664 Ellis Road, West Melbourne, was charged Feb. 10 with aggravated battery causing bodily harm.

## Brevard County Sheriff's Office

- Anthony Justin Bellafonte, 24, of 325 Milano Lane, Melbourne, was charged Feb. 10 with larceny and fraud-swindling to obtain property.
- Roderick Gray, 45, of 770 Wickham Road N., Melbourne, was charged Feb. 10 on an out-of-county warrant.
- Cory J. Keenan, 23, of 4055 Archer Lane, Melbourne, was charged Feb. 11 with larceny and failure to appear.
- Daniel James Brown, 33, of 1728 Guava Ave., Melbourne, was charged Feb. 12

on an out-of-county warrant.

- George R. Bushey, 50, address unknown, was charged Feb. 12 with armed burglary of a dwelling/structure/conveyance, aggravated assault with a deadly weapon and petit larceny.
- Everard L. Small, 43, of 3301 Henry St., Melbourne, was charged Feb. 13 with fleeing/attempting to elude a police officer.
- Anthony Barile, 21, of 588 Ironwood Drive, Melbourne, was charged Feb. 14 with unarmed burglary of an unoccupied structure and felony violation of probation.
- Trevor Osmond John, 31, address unknown, was charged Feb. 15 with unarmed burglary of an unoccupied structure, larceny, possession of burglary tools with intent to use and as a habitual traffic offender driving on a suspended license.
- Dione B. Lylo, 40, address unknown, was charged Feb. 15 with larceny of \$50,000 or more from a person 65 years old or older, obtaining a controlled substance by forgery, attempting to solicit/conspire, possession of a controlled substance without a prescription and two counts of contracting without a license during a state of emergency.
- Enrique Jose Rubio, 39, address unknown, was charged Feb. 15 with trafficking cocaine.
- Teshawn Latif Warney, 33, of 895 Ridge Lake Road, Melbourne, was charged Feb. 16 with throwing a missile into a dwelling/vehicle.



Graphic courtesy of Amber Wright

This graphic depicts the mini-helicopter model for the "UAV Helicopter" team's senior design project.

# FIT seniors reach new heights with design project

## Aerospace students launch inaugural helicopter competition

By Tammy Roberts  
Senior Staff Writer  
troberts@hometownnewsol.com

MELBOURNE — It's nearing dusk in a dense forest and search and rescue crews have spent the past six hours looking for a missing hiker.

As the temperature begins to drop, the search by foot is becoming more and more challenging, while rescuers still have many more miles to cover.

Moments later, a 7-foot-long, 20-pound helicopter, equipped with a high-tech video camera, emerges from the forest and travels high above the trees, covering a span of 400 feet.

The helicopter, which sends live video feed to personnel below, locates the missing subject and identifies its exact geographic coordinates, then drops a package of emergency supplies before returning to home base.

This state-of-the-art piece of equipment is the primary element in a senior design project, initiated by a group of students at Florida Tech in Melbourne.

Two teams, each made up of a handful of engineering students, both chose to create similar aerial vehicle design projects, so they decided to make a

competition out of it.

Modeled after a similar competition at a university in Australia, the students launched the Florida Tech Vertical Take-off and Landing Unmanned Aerial Vehicles Competition their junior year and as seniors, are now in the design phase of their projects.

To their knowledge, the competition is currently the only one of its kind in the state, as well as the country.

After class and on weekends, the teams have spent numerous hours designing and building their helicopters piece-by-piece in time for the April 15 competition, which will be held in an area off Malabar Road, known as the "Compound."

During the competition, the teams will be judged on their ability to build a working autonomous unmanned aerial vehicle (such as a helicopter) and program it to complete a search-and-rescue mission in an allotted amount of time.

Based on pre-programmed GPS coordinates, the helicopter will be designed to fly 200 feet in the air and locate a target within an area of one square mile, then drop a 1-pound water bottle before notifying the search party

of the target's exact location, said senior Taylor Tomasini, 21, a member of the "UAV Helicopter" team.

The target, known as Compound Charlie, is a human-shaped dummy dressed in bright clothing. During the competition, Charlie will be posed in a resting position to simulate an injured or exhausted person.

Both team's helicopters, which run on gasoline, are approximately 7 feet long and are made from fiberglass, aluminum and carbon fiber, Mr. Tomasini said. The competition rules say each aircraft must weigh less than 20 pounds, fly less than 200 feet and can view a span of about 400 feet.

The vehicles are designed to operate entirely on their own, but if necessary, operators can alter the flight plan along the way.

"All of the members of our group work very well together, and we've made significant progress in our project so far," said senior Amber Wright, a member of the "UAV Helicopter" team. "Everything really seems to be coming together."

While every engineering student at Florida Tech is

See PROJECT, A7



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# VIEWPOINT

FRIDAY, FEBRUARY 24, 2012 • HOMETOWN NEWS • WWW.HOMETOWNNEWSOL.COM

## Letters

### Brevard Democrats shoot down free speech

A recent *Hometown News* carried a front page article entitled "Brevard Democrats join boycott of local deli." John Paoella, owner of the Brown Bag Deli, had the courage to speak up at a city council meeting because he opposed a "proposed fire fee, which would have billed city residents up to \$300 annually."

Palm Bay firefighters, who would benefit from the \$300 assessment, are also boycotting the Brown Bag Deli. Are you aware of how much the Palm Bay firefighters are now paid? May I suggest that every Palm Bay resident and every Brevard resident consider patronizing the Brown Bag Deli at 160 Malabar Road S.W. in Palm Bay.

Both Mr. Paoella and the Brevard County Democrats need to know that we value our right to speak at city council meetings, and that we have the right of free speech to oppose any additional taxation we don't want to see.

We have seen so many of our rights and privileges disappear with the current administration, and now it's come down to the local political party looking to penalize someone for exercising their constitutional right of free speech.

Arthur B. Karns  
Melbourne

### Here is what is wrong

It just amazes me to see so many left-wing loons still praising this administration after the worst mess we have had since the Democrats took control of the Congress and the White House in 2007.

Are you people living in a vacuum? Highest unemployment, highest gas prices, worst housing market, more people on the dole that ever before; and of course, those are the ones who vote for this White House and this "food stamp" president.

How scary. I know, lets blame Bush.

When are you liberals going to wake up? I am not happy with either party either, and (the Independent party) is looking better and better.

Congress has a 10 percent approval rating, and I guess the fact they all collect must be worth it.

"Obamacare" is already a disaster. Socialist ideals are already taking place, and yet the left-wing liberals, and, of course, the left-wing media, either does not get it or wants us to have the same failed socialist system that some of the other countries have.

The Keystone pipeline would have helped with both jobs and getting us off some of the foreign oil, but the White House killed it – just like the Tallahassee legislators killed the casinos in Florida.

It's another big mistake to let Disney, the Port and other special interests, who pour money to the Tallahassee bunch, kill what would have created lots of jobs. It sure didn't ruin the Tampa area, did it?

If people want to gamble, it should be their choice. Better in Florida than going to Biloxi and other states to spend their money. It would not have a negative affect on our family-oriented state.

Tampa has Bush Gardens and other family-friendly attractions, and the Big Indian Casino didn't ruin that.

Our Tallahassee crew could not even pass legislation to stop texting and driving to protect those of us not stupid enough to do that; and red light runners should be fined to the max.

Barbra Bronsberg  
Suntree

## Calling all cars



Andy Stefanek/staff photographer

Frank Carey of West Melbourne puts a little shine on his 1937 Ford that he converted into a police vehicle. Mr. Carey displayed his car at the classic car show during the fourth annual Art & Craft show on Barton Boulevard in Rockledge Feb. 4.

### Cheney and Bush revisited

This is my first time to write Rants & Raves. The article "Cheney and Bush and company" is a good start about the Bush administration and the mess they left this country in.

Iraq was a total screw-up, and we should have never have gone there.

Deregulating the banks and the Bush tax cut was a gross mistake. Bush was spending billions weekly on Iraq, and Congress was going along with it.

The only ones to come out ahead were the millionaires, bankers and Cheney and company.

The rest of us went down the tubes.

### Where did the money go?

Now we have a do-nothing Congress for the past two years and have to fight to try to get anything done.

A lot of people were jumping up and down about the bailout of the automotive industry, and now they have paid back most of their loans with interest and continue to hire more people.

Some banks have also paid back part of their loans. (I wasn't happy with the way the bank wasted billions paying bonuses on losses). I wonder where that payback money is going. I haven't heard anything about where that money is being used to pay down the debt or is it into the general fund.

The general fund is a hole the size of the Grand Canyon.

You can get out of the Grand Canyon; anything in the general fund is gone and never to be seen again.

### Ah, the candidates!

After watching and hearing all the BS the candidates have put out over the past three months, it leaves me wondering what they are running for.

I wouldn't waste my time to go to the poles to vote for any of the candidates. All they have done is cut each other down and brag about how great they are.

### New standards for running for elected office

Let's set up a set of standards that anyone running for an elected or appointed office from city level to the federal government:

1. Must have a credit score of 700 or better. (This would take out about 1/3 of the candidates.)
2. Must have all taxes paid in full. (This would remove even more.)
3. Must go through a random drug test at least twice a year. (This would take care of the rest.)
4. Can not hold an office for more than two terms or the maximum of eight years. (Most all officials are non-productive anyway.)
5. No retiring with full pay. Must set up a 401K, and the government would only match first 3 percent of the



## Got something to say?

Call the Hometown Rants & Raves line at  
**(321) 242-1276**

or e-mail [brevnews@hometownnewsol.com](mailto:brevnews@hometownnewsol.com).  
Callers are asked to refrain from making slanderous statements. Statements of fact will be checked for accuracy.

amount being saved each month, not to exceed 12 percent of salary. Would only be paid for the hours worked. Two weeks paid vacation each year. (Just like the rest of us.)

6. Medical would be no more than Medicare would allow. Beyond that, must pay his or her own way.

7. Limited expense account. Not to exceed \$100,000 a year.

### A good weekend for extortion

Got a ticket for not wearing a seatbelt. I was garage-sale cruising at 10 miles an hour. Cost was \$200.

I went to court over such idiocy. Cost was \$600 in "court costs," and they confiscated my license.

I was walking my dog before dawn, and four cops stopped me, demanding the dog's papers and my ID. You crapheads already know you took my ID. Cost, another \$200.

I walked to the gas station for gas for the lawnmower and got followed back by a cop wanting to know what I was going to do with a gallon of gas. I ended up spending three days in jail with \$3,000 in probation "fees" for "resisting arrest."

Real jobs? None. Cop-and-politician graft? Florida is even dirtier than Texas.

This is what you get when you vote for "conservatives."

Their idea of "lowering taxes" is to impose fees and fines instead, and "creating jobs" is to put every politician's relatives on the receiving end at gunpoint.

### Motorcycle helmets are not the problem

I am writing this in response to the letter about motorcycle (riders) not wearing helmets.

First of all, if you do not ride a bike, then you have no idea what it is like to wear a helmet.

I agree with you that everyone should be safe regardless of what you ride, but helmets are more dangerous on than off. They have caused more deaths and permanent injury. They also affect your hearing and vision.

I was secretary and state delegate for seven years for ABATE of Florida. This was searched and documented.

I have also been a rider for more than 30 years, so I know what I am talking about.

As far as drivers go, they do not look out for bikes.

They get out there and do their own thing. It is very scary.

So, if you want to complain, complain to the lawmakers, and get the laws for the state of Florida changed concerning the license issues.

They take a person who has never been on a bike, and for a few hours of teaching hand them over a license.

What do they expect? You never really know all there is to know, but one thing to know is to keep your mind on what you are doing whether it is in a car or a bike; and don't blame all bikers for what a few do.

If both cars and bikes would pay more attention, there would be more lives saved.

### Why isn't the media investigating the Social Security trust fund theft?

Our congressmen in Washington say it is going broke.

So, I wrote to the commissioner of Social Security, Dorcas R. Hardy.

His report, as of Dec. 20, shows an income of \$1.2 trillion, a payout of \$826 billion and a reserve of \$4.5 trillion.

Social Security will be able to pay benefits well into the next century.

There is only one problem, our good old boys in Washington started removing funds for their pork barrel and perk spending.

They finally moved the whole trust fund into the general fund.

Notice how they show 27 percent of the federal budget is for Social Security?

So between G. Bush using the trust fund to finish his daddy's war in Iran, the trust fund has a zero balance.

Who authorized this removal and use of the funds?

Remember Jimmy Hoffa, the president of the Teamsters Union? He took funds from the Teamsters Pension Fund and loaned it out to some people he knew in Las Vegas.

Next thing, the federal justice department had him in court and eventually in jail.

They said he broke the law by using this pension fund.

Now we have our people in Washington doing the same thing. This is worse than Watergate.

Why isn't the media investigating this theft?

Gingrich and Santorum both want to change our

Social Security system. Were they part of this theft?

People in Washington told "CBS News" there are no plans to repay the trust fund.

Contact your Congressmen and have them move the Social Security fund back out of the general fund and pledge not to touch the peoples' money.

### Oil – More exported than imported

Oil. That's our biggest export.

How come prices are so high if we are exporting all this oil?

Bush had a little thing for his friends in Texas.

They can load up a tanker, go out five miles, come back and say it's imported. They get more money.

Money is the greed of all these people who have so much, and they keep wanting more and more.

Something has to be done.

Thank you.

### Speaking with 'forked tongue'

Marco Rubio gave a speech in South Florida two or three months ago praising the benefits of Medicare and how it saved his father's life.

A couple of days later, he gave a speech at the Reagan Library telling the audience how terrible Medicare was and how it is driving/running the country down.

So I am wondering, was he lying on the first speech or was he lying on the second speech?

In the final analysis, what difference does it make which one he was lying at?

And as for Rubio's parents coming to this country from whatever region he previously stated, I think the real story is that Rubio's family came here to get away from people like him.

### Thanks for the money

I just want to put something in the Rants & Raves column thanking the lady in the market who left a \$20 bill for me (garbled) whom I didn't have a chance to thank.

Thank you.

### Foreign aid

We, the people of Palm Bay, unemployed, homeless, etc., help give out more than \$39.4 billion in foreign aid to other countries – 149 of them.

We borrow from China, yet we give them back \$17.5 million in foreign aid.

This is all in the Congressional Record. Thank you.

### They wanted my vote

Yes, today I was totally besieged by one phone call after another.

This is strange because my phone is unlisted, and I have a "do not call" number.

I am not a registered Republican. I don't even have the foggiest idea why

See RANTS, A8

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# Living legends



Andy Stefanek/staff photographer

Scott Carpenter listens while John Glenn recounts details of being the first American to orbit the earth. Monday Feb. 20 was the 50th anniversary of the historic flight and NASA celebrated with events at Kennedy Space Center last weekend.

## Project

From page A5

required to complete a senior design project in order to graduate, the models these students are designing are on the forefront of aviation technology.

Their effectiveness of searching by air versus ground could have assisted greatly in the aftermath of such instances as the 2008

earthquake in Haiti or the tsunami in Japan last year.

"Our ultimate goal is to develop a new UAV system that allows rescuers to more effectively search for victims, provide general air surveillance and perform other tasks in a more proficient manner," said senior Jared Kempken, 22.

The competition is only in its first year at Florida Tech, but aerospace students are hoping it will catch the attention of neighboring

universities and those throughout the country that may also want to take part.

In order to kick off the competition, both teams did some fundraising to help offset the cost of materials.

The "Tilt Rotor" team is fully funded after receiving a \$3,000 donation from the Boeing Company and \$2,000 from Florida Tech.

The "UAV Helicopter" team, which has a budget of \$3,000, has raised about \$2,350 - \$1,500 of which was

donated by Florida Tech.

*Its members recently set up a donation page, allowing others to help fund their project directly from their website, <http://projects.fit.edu/vtol/teams/helicopterUAV/donate.html>.*

*For more information about the competition, or to become a sponsor, visit <http://projects.fit.edu/vtol/index.html> or email Taylor Tomasini at [ttomasini2008@my.fit.edu](mailto:ttomasini2008@my.fit.edu).*

## Goodwill

From page A3

of the Goodwill movement for more than 37 years.

In 2011, the average starting wage for these employees was \$9.41 per hour, according to the Goodwill of Central Florida website, and the economic impact of Goodwill's placement

totaled more than \$73 million, strengthening the workforce of the Central Florida community.

In addition to the Job Center programs, other services provided by Goodwill include life-training skills for those with special needs, vocational programs for non-violent youth offenders and services for the homeless.

"Many people do not realize the magnitude or the impact of the services Goodwill provides free of charge to the community," Mr. Oakley said. "They only know the convenience of dropping off their unwanted items at our donation centers or stores. But there is so much more."

For more information about Goodwill Industries

of Central Florida or Self-Sufficiency Job Center services, visit [www.goodwillcfl.org](http://www.goodwillcfl.org).

In Brevard, location and contact information for the Self-Sufficiency Job Centers are as follows:

- 795 South Babcock St., Melbourne; (321) 953-8188
- 4851 S. U.S. 1, Rockledge; (321) 890-1676.



Staff photo by Tammy Roberts

Dr. Regina Kaufmann of BodyWise Specialists moved her long standing practice in a new Indialantic facility Feb. 1.

# BodyWise offers safe, and effective, aesthetic procedures

### Beachside practice opened doors to new facility

By Tammy Roberts  
Senior staff writer  
[troberts@hometownnewsol.com](mailto:troberts@hometownnewsol.com)

When it comes to your body, treating it with care is of the utmost importance, says the staff at BodyWise Specialists in Indialantic.

While the practice offers a wide range of aesthetics and cosmetic services, BodyWise strives to treat its patients more like family than anything else.

"I believe patient care should start from the very first phone call a patient makes to the second they leave our office," said Dr. Regina Kaufmann, who started BodyWise in 1999, while still serving as an OB/GYN for Melbourne

Internal Medicine Associates.

Because she worked in a field surrounding women's health, Dr. Kaufmann began hearing of a lot of new aesthetics and cosmetic laser surgery procedures in the mid-1990s being offered to women.

With a long history of using lasers in her field of medicine, Dr. Kaufmann felt comfortable branching out into the aesthetics industry, with a goal of providing such services in a reliable and trustworthy way to the local community.

In 2004, she retired from MIMA and adopted her now 9-year-old daughter, Nina, then a year later, made BodyWise a full-time

venture.

Today, the practice offers such skin treatments as Botox Cosmetic, a simple 10-minute procedure in which tiny injections are used to temporarily smooth moderate to severe wrinkles; Juvederm, which injects hyaluronic gel to the base of skin to instantly restore its volume and smooth away facial wrinkles and folds; Radiesse, which uses calcium hydroxyapatite gel to fill hollows and sculpt cheekbones; Smartxide Dot treatments, which tighten the skin, reduce blemishes and soften skin irregularities and scarring, as well as laser skin resurfacing for all skin types.

Other services include Cynosure Elite Laser Hair Removal, Sclerotherapy for varicose and spider veins and SmartlipoMPX, in which the doctor uses a carefully calibrated laser to liquefy fat deposits that are then suctioned through a tiny incision in the skin. The small laser can also seal blood vessels as it zaps fat, so there is less swelling, bleeding and bruising than with traditional liposuction, Dr. Kaufmann said.

This month, Dr. Kaufmann will also revive her original area of expertise by offering "patient-centered" routine gynecology care to her list of specialties, including

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such services as hormone and menopause management, as well as second opinions on current diagnoses.

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The BodyWise team recently left its current home on Fifth Avenue in Indialantic and headed to the next block over at 201 Fourth Ave.

The newly remodeled office, which served as a daycare center since the mid-1960s, looks and feels more like a home than a doctor's office.

The two-story, Spanish-style building, renovated by Andrew Key Construction, boasts such features as a barrel-tile roof, cypress ceilings and a copper

fountain.

"We are beyond thrilled to move into our new space and have maintained a wonderful relationship with our builder and the community along the way," Dr. Kaufmann said.

She added that she and her friendly and knowledgeable staff, which includes her personal assistant, Patty Hobby, and office manager, Christine Ingram, are eager to continue providing BodyWise patients with the best care possible.

BodyWise is at 201 Fourth Ave., Indialantic.

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# Rants

From page A6

they would call me and invite me to (vote).

## The empty piggy bank

Picture our country as one

big family with the U.S. Treasury as our empty piggy bank, because only 1/2 of the family is putting money into the piggy bank.

Maybe, perhaps, do you think that if the whole family put money into the piggy bank, we could refill it? Thank you.

## Using welfare cards

## unwisely

The welfare fraud has long been a problem: Easy access, not enough employees to control it, a computer system that is inferior and high-paid administrators who only care about their next pay check.

I saw a news broadcast about the omitting of allowable purchases, being treats such as soda, chips and

candy, restaurants, etc. to name a few.

This "food stamp: recipient had acrylic nails half an inch long with designs on each and painted red, and streaked black hair with red streak highlights. Of course they will say a "friend" did it. Did the "friend" pay for the products to do these things? And probably the "friend" is on stamps as well.

I am watching the news again at this very moment.

My question is, if the card holder can pay for plastic nails and streaked hair, restaurants and clothing, are her "children" second?

Why wouldn't she sacrifice her beauty to give her children "treats" that she feels the taxpayer should pay for — not to mention all the other "treats" they buy with the card that the state has not figured out yet.

Watch the news. You can buy Coach bags, liquor and so many other items.

The stores will accept the cards. They are in business to sell, not to judge; they want the revenue regardless of where it comes from (more criminals).

I, for one, cannot afford to go to restaurants. Why should I pay for someone else to?

These people are criminals in my book.

I think I will apply for a food stamp credit card. I'm

eying a Versace dress I just can't afford at this time.

## Egos and arrogance

Being subjected to these political campaigns, if that is what you call them, watching the ego and arrogance of these people, how do they think we would want any of them for president of our country?

Is that who we want to represent us? Someone who thinks "petty" or doesn't think at all? Just thinks how they can put the other person down.

It's amazing. And now we have the biggest ego of all. Donald Trump said if he doesn't like either one, he is going to run. Oh, well.

Does he really think they would vote him in? I don't think so.

## I want to be a lobbyist

I just have this to say. When I grow up, I want to be a lobbyist.

## For us and our children

This is a rave about teachers and the great job they do for our children.

This is a rave about the law

enforcement in Brevard County. They do a good job for us and our children.

This is a rave for our fire and ambulance personnel. They do a good job for us and our children.

I'd like to make a suggestion and hope that I can call in one day and say this is a rave.

One way to cut down bullying is to have school uniforms.

It cuts down a lot of bullying, teasing, mocking. Any teacher would tell you that. Any law enforcement officer would tell you that. Any psychologist would tell you that.

I hope to call in one day with a rave about the Brevard County school system has adopted school uniforms.

They are not ugly. I don't want to hear the parents tell me, "Well, my child has the right to dress however they want."

It makes the teachers' jobs harder when there are no uniforms. It makes the kids' jobs harder when there are no uniforms, because there is a lot of teasing and picking about clothes. It has always been that way in our society today.

## Polling people did it correctly

I would like to pay some respect to the polling people who were working at the Presbyterian Church of the Good Shepherd.

That is where I vote. Several other precincts vote there also.

I would like to thank them. My wife showed up without a picture ID card. She had just left it at home and went directly to the polls.

You know what? They denied her, and I'm glad, because we make a lot of noise about all these other people who have a problem and are offended to have to show their ID cards.

I want those people to get real. This is a check.

I am 74 years old, and I am still gladly showing my ID card.

## Quit smoking and buy new cars

This is a carrot in front of a stubborn donkey who won't quit smoking.

Did you know an average couple who smokes spends \$10 a day, \$70 a week, \$280 a month and \$ 3,360 a year on their habit?

In six years, that is \$20,160. So every six years, if you quit smoking, you can buy yourself a brand new car.

That should be an incentive to get rid of that filthy habit that's killing you and killing thousands.

Thank you.

## Politically correct religion in the military

This is hitting the news right now for some people.

Of course, it is probably going to be hot news for some but not for others, because people are not really paying attention to what is going on in our administration in Washington, D.C.

If they are a Democrat, they simply don't want to hear the bad news — just give me good things to make me feel better.

But with that said, there is an Army general who was going to make a speech at West Point.

He was going to speak on the problems that we are facing in the military and some of the ways to remove some of these problems and obstructions between the military people and their Islamic academy students.

He was told he can't do this. He can't come and make a speech.

So what happened is that service academy at West Point got pressure from up above, you know.

And since you know what flows downhill, it got into the workings of the secretary of defense, who is also a Mickey Mouse.

And then it flows on downhill, because it is not politically correct to talk about radical Islam.

We have to turn our cheeks and let them slap the hell out of us ... again.

See RANTS, A11



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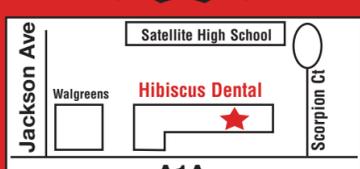
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Dr. Sweta Gunnell

Also Open Friday



A1A

011843

Brevard Community College President Jim Richey (left) speaks with Reuben Johnson and Jonathan Waters (right) at the college's grand opening of the Career Planning and Development Center.



Photo courtesy of Mike Brown

## Market

From page A1

More than 40 local organizations attended the Career Planning and Development Center's grand opening ceremony, representing a variety of trades such as engine and holding career shops, the school plans to assist students with professional development by teaching resume writing, interviewing techniques, job-search methods and by providing

other tools that students will need to succeed in rapidly changing markets through the new center, said Florida Meeks, college-wide associate director of Career Planning and Development Center.

"We give them the whole package," she said, including banking, healthcare, tourism and retail.

When Mr. Richey took on the role of BCC's president in January, he said a priority will lie in career planning and developing for the students.

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Cocoa Beach native Tony Sasso is the new executive director of Keep Brevard Beautiful.

Photo courtesy of Tony Sasso

## Leadership

From page A1

is looking forward to strengthening the already "beloved" organization with some new programs and initiatives.

"Whenever anyone talks about Keep Brevard Beautiful, it's always positive," Mr. Sasso said. "I'm looking forward to maintaining and enriching the relationships the organization already has in place."

Mr. Sasso, who has served on Keep Brevard Beautiful's board of directors since 2010, brings a wealth of experience in government, as well as environmental issues, to his new position.

He served on the Cocoa Beach City Commission for two terms from 2001-07 before serving one term as a U.S. State Representative in 2008.

He is currently involved in several local organizations, as well, including the Area Maritime Security Committee, Cocoa Beach School Advisory Committee, Boy Scouts of America, Cocoa Beach Surf Museum, Keep Florida Beautiful, Friends of the Thousand Islands, the Brevard Cultural Alliance

and LEAD Brevard.

In the past, he served as a member of the Surfrider Foundation, Space Coast League of Cities, Propeller Club and on the Beaches Committee of the Brevard County Tourist Development Council. In 2010, Mr. Sasso also served as a delegate to the Florida Clean Energy Congress.

As executive director of Keep Brevard Beautiful, Mr. Sasso will lead a full-time staff of six, a board of directors, as well as several hundred active volunteers throughout the county.

While he doesn't plan to make any major changes to the organization, Mr. Sasso said he hopes to make some minor tweaks to ensure the organization is being run in the most efficient way possible.

His goals for the near future include implementing an updated computer system and establishing a youth volunteer department.

"We're taking a look at the different components of the organization to ensure the money being spent - both public and private - is being spent in the most efficient and effective way possible," he said.

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## Rants

From page A8

So, we have some serious problems when our service academies and us are being told what they can say and what they can't say.

they approach you. Remember, the news media has a tendency to sensationalize things, and you may not know the full story. Thank you.

## The way Michelle Obama dresses

She is a first lady, and I believe she should present herself appropriately.

She is the first lady of the United States, and most or all true American's would like to see someone conservatively (and) appropriately dressed to look like a queen or a true representative of her country.

True Americans get misty-eyed when they hear "America the Beautiful" sung and are truly proud of the forefathers bringing up this country with honest, true Americans who love this country and the people here who continue to make us famous.

They would like to see a first lady who looks proud too, and is not trying to look like a sex symbol or pop star.

It is not too late even if Obama loses the election. They will remember you. days of respect for the law are long gone

## Days of respect are gone

My son is a police officer in the state of Texas and I had the privilege of riding along with him on a eight-hour shift.

For people to trash the police when they put their life on the line each time they go to work is inappropriate.

The days of respect for the law are long gone, and it has turned to the opposite.

People actually harass officers, so they become offensive. They want them to do something wrong.

There are all kinds of "wackos" out there, and a police officer cannot read an aggressive person's mind or know the person's intentions.

I'm sure if the man that was apprehended had shown courtesy he would have been treated with respect.

To conclude, lets not blame the brave officers for wrongdoing.

It's the bad person that caused the officers to do what they must.

So try being nice when

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# Dining & Entertainment

Brevard County

SECTION B • FRIDAY, FEBRUARY 24, 2012

## Club Scene

Feb. 24 to March 1 –  
Friday through Thursday

- **Baja Tavern and Eats:** Smoke n' Oak with Adam van den Broek will play 5-9 p.m. Friday. The Tiki Band will play 4:30-8:30 p.m. Saturday. The Supercats will play 5-9 p.m. Thursday. The Baja is at 626 Glen Cheek Drive, Port Canaveral. *For more information, call (321) 799-1616.*
- **Beach Shack:** The Space Coast Playboys will play 8 p.m. to midnight Thursday. The Beach Shack is at 1 Minutemen Causeway, Cocoa Beach. *Call (321) 783-2250.*
- **Captain Katanna's Dockside Restaurant and Bar:** Tammy Paoletti and Mike Mikey will play 7-11 p.m. Friday. Katanna's is at 4263 N. Harbor City Blvd. (U.S. 1), Melbourne. *Call (321) 253-1369.*
- **Chops Restaurant & Lounge:** Dave Evans will play 7-10 p.m. Saturday. Chops is at 336 S. Washington Ave., Titusville. *Call (321) 385-2467.*
- **Cocoa Beach Pier:** VilliFi will play 6-10 p.m. Friday. Mo Geetz will play 6-10 p.m. Saturday and Wednesday. Pat Michaels will play 2-6 p.m. Sunday. Cocoa Beach Pier is at 401 Meade Ave., Cocoa Beach. *For more information, call (321) 783-7549.*
- **Crickets:** Mo Geetz will play 9 p.m. to 1 a.m. Friday. Tuesday night features crab races and karaoke. Crickets is at 1942 N. Wickham Road, Melbourne. *Call (321) 242-9280.*
- **Coconuts on the Beach:** Flight Risk will play 7-11 p.m. Friday. VilliFi will play 2-6 p.m. Sunday. Coconuts is at 25 S. Atlantic Ave., Cocoa Beach. *Call (321) 784-1422.*
- **Crossroads Sports Bar:** Absolute Blue will play 9 p.m. to 1 a.m. Friday. Crossroads is at 5070 Minton Road N.W., Palm Bay. *Call (321) 723-9952.*
- **Djon's Steak and Lobster House:** John Ryan will play 7-11 p.m. Monday, Tuesday and Wednesday. Djon's is at 522 Ocean Ave., Melbourne Beach. *For more information, call (321) 722-2737.*
- **Doubles Beachside Tiki Bar:** Rich Shenk will play 6:30-10 p.m. Friday. Doubles is at 1894 S. Patrick Drive, Indian Harbour Beach. *For more information, call (321) 773-5341.*
- **Getaway Martini Bar &**

See SCENE, B3

## Animated characters come to life

By Shelley Koppel  
Entertainment writer

Bailey Callahan learned to dance at her mother's studio, The Viera Dance Conservatory. She began her dance lessons when she was 2. In 2010, Ms. Callahan graduated from Viera High School, and while taking classes at Brevard Community College, began auditioning for dance roles.

A March 2011 audition for Disney in Orlando earned her a call in May with an offer to appear in Disney's "Phineas and Ferb: The Best Live Tour Ever!" The live-action musical is based on the popular animated show about two stepbrothers and the trouble they find. She won the role of Candace, Phineas' sister. She returns to Brevard County on March 3, when the show comes to the King Center.

Ms. Callahan phoned from Colorado, where the tour is performing, to talk about the show and her lucky break.

"Phineas and Ferb are trying to figure out what to do for summer vacation," she said. "They come up with ideas like a time machine and a roller coaster that are out-of-the-box ideas. Candace gets upset and tries to tell on them, but in every episode, the invention disappears

before Mom and Dad appear. She gets frustrated and them and then she gets involved."

As befits a live Disney production, the sets are eye-popping, including a 13-foot monster truck with giant marshmallow tires driven by Buford, one of the gang. The show opens with the animated characters on a screen that forms the stage backdrop.

"The characters begin the show as a cartoon," Ms. Callahan said. "Then, with Disney magic, they become live-action right before your eyes."

The show includes many familiar characters from the series and popular songs such as "Backyard Beach" and "Squirrel in My Pants," as well as some new numbers.

"It's like a high-energy rock concert," Ms. Callahan said. "There's a lot of music and dancing with different genres, including jazz, hip hop and Bollywood. There's a lot of audience interaction and kids come on stage."

Ms. Callahan said that the show is suitable for children and adults of all ages.

"Adults can laugh at the hidden messages and kids find outer things funny," she said. "We have adults who are fans of the show. It's a nice balance."

As the show comes to Florida, Ms. Callahan's



Bailey Callahan

mother, Bonnie, will certainly be in the audience.

"Mom is so proud of me," Ms. Callahan said. "She's so excited. I think we're playing in six cities in Florida and I think she's coming to all of them. I couldn't have asked for a better opportunity. I've seen so many shows at the King Center, but I haven't

performed there. It's coming full circle."

"Phineas and Ferb: The Best Live Tour Ever!" comes to the King Center, 3865 N. Wickham Road, Melbourne, on March 3 for performances at 3:30 p.m. and 6:30 p.m. Tickets are \$15-\$50. For tickets, visit the website [www.kingcenter.com](http://www.kingcenter.com) or call the box office at (321) 242-2219.

## Out & about

### Titusville Eighth Annual Chili Cook-off

The Rotary Clubs' Eighth Annual Rotary Chili Cook-Off is 6-9 p.m. Friday, Feb. 24, during the "Downtown Street Party" in Titusville. The party takes place on U.S. Highway 1 and Main Street.

All proceeds from the cook-off will benefit local community service projects of the Titusville Rotary and Titusville Sunrise Rotary clubs.

In the past, the funds have been used to provide scholarships to local high school students, support local children's organizations and provide free meals for those in need.

The cook-off includes two of last year's judged winners (The Cocoa Beach Daybreak Rotary and Country Acres Children's Home), the 2012 People's Choice Award winner, (Bristow Academy), chefs representing local organizations (such as Crackerjacks, Sunrise Animal Hospital and The North Brevard Literary Society) and individual chefs competing for cash prizes and bragging rights.

The cook-off will include children's activities, a chance drawing for a selection of wine and a dunking booth. "Chili Tasters" have the opportunity to vote for the People's Choice Award winner (the voting ticket is provided per 20 tastes; additional voting tickets to be sold at the event).

For more information, call (321) 631-5587 or email [2menes@cfl.44.com](mailto:2menes@cfl.44.com).

### Cocoa Village Mardi Gras and Mardi Paws in the Park

Celebrate Mardi Gras family style, Friday, Feb. 24, with Cajun-style children's entertainment, mask crafts, costume contests.

Enjoy a New Orleans-style Mardi Gras with Zydeco, jazz and blues entertainment on three different stages, a parade of floats, beads and roving entertainment Saturday, Feb. 25.

Shop for dog-related vendors and products at "Mardi Paws in the Park" Sunday, Feb. 26, and watch a dog Mardi Gras King and Queen be crowned, all at Riverfront Park in Cocoa Village.

For more information and tickets for the Saturday events, call [Leisure Services at \(321\) 639-3500](tel:321-639-3500) or visit [www.cocoafl.org](http://www.cocoafl.org).

### 'Hot Night in the City'

The Freedom 7 Senior Community Center Presents the Sixth Annual "Hot Night in the City" 7-11 p.m., Friday, Feb. 24, at the Cocoa Beach Country Club Auditorium, 5000 Tom Warriner Blvd., Cocoa Beach.

Come join your neighbors and friends for a great Friday night out. Everyone is welcome.

This fundraiser for the Freedom 7 Senior Community Center costs \$15 per ticket, which features the live band

Delgado, light and hot food, cool drinks and a silent auction.

Dress is evening casual. There will be no reserved seating, but advance ticket purchases are suggested and available at Strater Family Chiropractic, CPA Firm of L. George Leonard, Cocoa Beach Health & Fitness, Cocoa Beach Regional Chamber of Commerce and Freedom 7 Senior Community Center.

For more information, call (321) 783-9505 or visit [www.freedom7seniors.org](http://www.freedom7seniors.org).

### Annual Space Coast Craft Beer Festival

The Second Annual Space Coast Craft Beer Festival will be held on Saturday, Feb. 25, outside the Broken Barrel Tavern, 4700 Babcock St. N.E., Suites 15 & 16, Palm Bay.

VIP tickets (1-5 p.m.) cost \$60 and include a special tasting from 1 p.m. to 2 p.m., souvenir cup, regular festival tasting, complementary finger foods and front of the line privileges.

There will be a separate VIP tent that ticket holders only may revisit throughout the festival.

General admission (2-5 p.m.) costs \$30 prepaid and \$35 at the gate. General admission includes souvenir cup and regular festival tasting.

All tickets may be purchased at The Broken Barrel Tavern, via phone at (321)

See OUT, B4



**STAR SCOPES**  
James Tucker  
Week of 2-24-2012

### Aries-March 21-April 19

Life is looking positive for you, Aries. Now is the time to launch new projects. Your energy and natural rhythms will be strong for the next three months. When you get that right feeling within, listen to it, trust it and act on it. It is your instincts giving you the green light to go.

### Taurus-April 20-May 20

Making a list every day of the things and events you need to address will help keep you focused on the most important. Keep working off the top of the list. Pace yourself. You don't have to get everything done at once. Less important ones can wait. Stay centered. There is calm at the eye of the storm. You will prevail.

### Gemini-May 21-June 21

When you give, you give freely. You have a great reservoir of love and talent to draw from. Your sensitivity to others keeps you moving in the right direction. Just be careful about overextending yourself. Sometimes less is more. Your very first impression is always the best when your heart is open and you are listening.

### Cancer-June 22-July 22

Life continues to roll along. Your attention to detail is what keeps you from becoming overwhelmed. Your strong sense of responsibility is one of your greatest virtues. Your wonderful attitude toward family and others keeps you going. You are on the verge of much positive growth in the New Year. Keep on keeping on.

### Leo-July 23-Aug. 22

Life continues to move along at a timely clip for you. Leo the lion is strong, fast and hardy. He or she is a formidable foe when challenged and emerges a winner and victorious over life most of the time. Also, you have a very large heart. Continue to speak openly about how you feel and what you want. Others will respect you for it.

### Virgo-Aug. 23-Sept. 22

You are awakening to new ideas, concepts and feelings. Expand into areas that enhance your present skills. Numerous situations will arise that will help you grow. Your strong spirit will tell you when to act. Reach out, be open to change and gather the

See SCOPES, B3

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## DINING & ENTERTAINMENT

# Community calendar

### FRIDAY, FEB. 24

• **Deadline for applications extended:** Brevard Public Schools has extended the deadline for parents who wish to enroll their child in an International Baccalaureate Middle Years Program until the end of the school day on Friday, Feb. 24.

The extension has been granted due to recent program boundary changes approved by board members in January.

The deadline applies to the following schools (only): Clearlake Middle School in Cocoa, Central Middle School in West Melbourne and Cocoa Beach Junior/Senior High School in Cocoa Beach.

Applications may be obtained at the schools or are available on their websites.

For more information, call (321) 633-1000, Ext. 796 or email [davis.christine@brevardschools.org](mailto:davis.christine@brevardschools.org).

Visit the website at <http://authorsofromance.com/supersaturday> for registration details, and sign up at <http://authorsofromance.com/supersaturday/ssregform>.

Monthly meetings and workshops provide a comfortable forum where published and unpublished writers share knowledge about the ever-changing romance fiction industry.

Beginners or seasoned, multi-published romance writers are all welcome to participate.

• **Inventors meeting:** The Space Coast Inventors Guild will meet at 2 p.m. Saturday, Feb. 25, at the Eau Gallie Public Library, 1521 Pineapple Ave., Melbourne.

Everyone is invited to attend and participate. There is no charge.

Call (321) 768-1234 for more information.

### SUNDAY, FEB. 26

• **Volunteers for Melbourne's 'Trash Bash' event:** Volunteers are being recruited to help the Melbourne community continue as a leader in cleanup activities during the upcoming "Trash Bash 2012."

Pre-registration is underway for the collection of litter in 10 target areas in Melbourne.

The event is expected to result in about 800 bags of litter collected.

Pre-registration is encouraged by calling (321) 953-6302 or emailing [jthompson@melbourneflorida.org](mailto:jthompson@melbourneflorida.org).

Volunteers can also participate on the day of collection without pre-registering.

Local businesses support the event, and participants are given needed supplies, breakfast, water, and snacks, as well as T-shirts with the "Trash Bash 2012" slogan, "Keep the Scene Green and Clean."

Participants can also receive community service hours for their efforts, and forms will be available at each site on the event day.

Call (321) 608-7260 or email [cityhall@melbourneflorida.org](mailto:cityhall@melbourneflorida.org) for more information.

• **'God didn't intend us to age' presentation:** Practitioner and teacher of Christian Science healing Mark Swinney will present a talk entitled, "Eternal life" on Sunday, Feb. 26, at 3 p.m. at the First Church of Christ, Scientist, 600 E. Melbourne Ave., Melbourne.

Mr. Swinney has devoted more than 25 years both to praying with people and empowering people to pray effectively for themselves.

He is a prolific author with more than 250 published articles addressing numerous facets of prayer and healing.

For more information on the event, call Nadine Sluder at (321) 253-1945.

### MONDAY, FEB. 27

• **BCC Lab School open houses:** The Lab School offers hands-on parenting classes where parents attend school with their children during the day and with other parents in the evening.

It is now accepting registration for classes in the 2012-13 school year.

There will be a series of open houses Feb. 27 through March 1 for parents with children aged 6 weeks to 5 years.

Lab School doors are open to everyone, including single parents, grandparents who are raising children or See **CALENDAR, B5**

### SATURDAY, FEB. 25

• **'Relay For Life' fundraiser:** The town of Palm Shores will be hosting a "Relay For Life" fundraiser on Saturday, Feb. 25, from 8 a.m. to 2 p.m.

There will be a rummage sale, raffles, food/drinks and more activities.

All proceeds will go to the American Cancer Society.

Those donating for the rummage sale or raffle will receive a tax deduction form.

For information, contact Donna White, administrative assistant, town of Palm Shores, 5030 Paul Hurtt Lane, Palm Shores.

For more information, call (321) 242-4555, email [assistant@townofpalmshores.org](mailto:assistant@townofpalmshores.org) or visit [townofpalmshores.org](http://townofpalmshores.org).

• **Disc-dog competition coming to West Melbourne:** A local championship for the 2012 Hyperlite Skyhoundz Canine Disc Championships will be held on Saturday, Feb. 25 at 10 a.m. at Max K. Rodes Park, 3410 Flanagan Ave., West Melbourne.

Registration will begin at 9 a.m. at the park.

There is no entry fee for competitors, and admission is free for spectators.

Novice and veteran competitors are encouraged to compete. All competitors will receive a free official Hyperlite K-10 Competition Standard flying disc, and the top three teams will receive awards.

Contestants and their canine teammates will earn points for basic throws and catches, with bonus points for mid-air catches in the distance/accuracy event.

The event welcomes mixed breeds as well as purebred dogs. Many of the canines expected to compete were rescued from local animal shelters or rescue groups.

To view the 2012 Hyperlite Skyhoundz competition schedule or to learn about Skyhoundz competition rules and regulations, please visit [www.skyhoundz.com](http://www.skyhoundz.com).

For more information, please call the Max K. Rodes Community Center at (321) 952-3215.

• **Editor and literary agent to highlight meeting:** Space Coast Authors of Romance welcome Harlequin editor Laura Barth and Cornerstone literary agent Helen Breitwieser to its "Super Saturday" meeting 10 a.m. to 3 p.m. Saturday, Feb. 25 at the Viera Holiday Inn, 8298 N. Wickham Road, Melbourne.

The meeting is open to the public. The cost is \$40, which includes a buffet luncheon.

Participants do not need to be STAR members to attend.

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All proceeds from the Annual Strawberry Festival will benefit the work of Habitat for Humanity of Brevard County, Inc.

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**DINING & ENTERTAINMENT**

**Scene**

From page B1

**Lounge:** James' Gang will play 9:30 p.m. to 1 a.m. Friday. Ben Wilson will play 5:30-9 p.m., and Zen Again will play 9:30 p.m. to 1 a.m. Saturday. The Getaway is at 7720 N. Wickham Road, Unit 10, Melbourne. Call (321) 255-0052.

**Grills at the Port:** Mo Mo Geetz will play 7:30-11:30 p.m. Sunday. Derek and The Slammers will play 5:30-8:30 p.m. Wednesday. Grills is at 505 Glen Cheek Drive, Port Canaveral. For more information, call (321) 868-2226.

**Grills Riverside:** Kattyshack will play 7:30-11:30 p.m. Friday. Derek & The Slammers will play 2-6 p.m., and Don't Quit Your Day Job will play 7:30-11:30 p.m. Saturday. Grills Riverside is at 6075 North U.S. Highway 1, Melbourne. For more information, call (321) 242-8999.

**Hangover Lounge:** Luna

Pearl will play at 9 p.m. Friday. The Hangover Lounge is at 671 Washburn Road, Melbourne. For more information, call (321) 610-3917.

**HD Roadhouse Bar and Grill:** Rich Deems will play 3-7 p.m. Sunday. The HD Roadhouse is at 1811 E. Merritt Island Causeway, Merritt Island. For more information, call (321) 449-1110.

**Jumps Tiny Tavern:** Mondo Brown will play 5-9 p.m. Friday. Good Time 'N will play 6-9 p.m. Saturday. Jumps is at 201 Taft Ave., Cocoa Beach. For more information, call (321) 784-7893.

**Lone Cabbage Fish Camp:** Vintage will play 1-5 p.m. Sunday. Lone Cabbage is at 8199 Highway 520, Cocoa. Call (321) 632-4199.

**Lou's Blues:** John Quinlivan's Heartbreaker will play 9:30 p.m. to 1:30 a.m. Friday. Switch will play 9:30 p.m. to 1:30 a.m. Saturday. Spanks Band will play 9 p.m. to 1

a.m. Thursday. Lou's Blues is at 3191 N. Highway A1A, Indialantic. For more information, call (321) 779-2299.

**Milliken's Reef:** Ted Villarreal (One Man Band) will play noon to 4 p.m. Saturday. Sax Appeal will play 11 a.m. to 2 p.m., and All About Nothing will play 2-7 p.m. Sunday. Marc Dobson (The One Man Band) will play 5-9 p.m. Wednesday. Milliken's is at 683 Dave Nisbet Drive, Port Canaveral. Call (321) 783-0100.

**Murdock's Bistro & Char Bar:** Honey Miller will play 7-11 p.m. Friday. James' Gang will play 7-11 p.m. Saturday. Patti and Frank will play 6-9 p.m. Wednesday. Murdock's is at 600 Brevard Ave., Cocoa. For more information, call (321) 633-0600.

**Norman's Raw Bar & Grill:** Spanks Band will play 7-11 p.m. Friday. The Seeds will play 7-11 p.m. Saturday. Norman's is at 3 Forrest Ave., Cocoa. Call (321) 433-0872.

**Old Fish House Bar:**

Gatorblues will play 6-10 p.m. Friday. John Quinlivan will play 6-10 p.m. Saturday. Sax Appeal will play 4-6 p.m. Sunday. The Old Fish House Bar is at 5185 U.S. Highway 1, Grant. For more information, call (321) 727-7007.

**Ozzie's Crabhouse:** Matt Roberts will play 6-10 p.m. Friday. Steve Cowden will play 6-10 p.m. Saturday and 5-9 p.m. Sunday. Atlantic Bluegrass will play 7-9 p.m. Wednesday. Ozzie's is at 4391 Dixie Highway, Palm Bay. For more information, call (321) 724-0009.

**Pineda Inn Bar & Grill:** Marc Dobson will play 7-11 p.m. Friday. The Pineda is at 6355 North U.S. Highway 1 (U.S. Highway 1 and Suntree Boulevard), Rockledge/Melbourne. Call (321) 751-5311.

*Editor's note:* To have music schedules and music events listed in the Club Scene, send them to news clerk Mike Hibbard at [brevnews@hometownnewsol.com](mailto:brevnews@hometownnewsol.com).

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**COOL FROZEN DRINKS • WINE & BEER**  
**LIVE MUSIC WEEKENDS**

**Scopes**

From page B1

rewards that want to come. The universe is on your side.

**Libra-Sept. 23-Oct. 22**

It's time to move your main projects forward. Go the extra mile when needed, and you will see many positive results. You are more valuable than you know. Keep a tranquil state of mind. Nurture your soul daily through meditation, music or affirmations. This powerful help is a force that insures wonderful results in all areas of life.

**Scorpio-Oct. 23-Nov. 21**

Your spirit is strong, your heart is open and your ideas are positive. You will soon be asked to take this fine combination to a higher level of performance. Your reputation precedes you. Lay out new plans and set time limits on their achievement. Your clear mind will give you a strong urge to take your project over the finish line and win.

**Sagittarius-Nov. 22-Dec. 21**

Sometimes, at the last minute, when it seems like all is lost, the doors open, and the sun begins to shine and all is well. This is because of your perseverance, faith and joy. You have done your work. Now let the universe do its work. This is a wonderful divine partnership. Allowing it brings results beyond your wildest dreams.

**Capricorn-Dec. 22-Jan 19**

Short- and long-term success has a lot to do with feelings. Before starting a new project, check with your inner guid-

ance. When you feel joy, move forward. If you feel undecided, don't act. Using this divine inner wisdom first will insure positive results and increasing missions in life. When this happens you are at your best.

**Aquarius-Jan. 20-Feb. 18**

Your determination is contagious. You never give up. This is an awesome quality. You always have a dream. You are the eternal optimist, always giving others the benefit of the doubt. Your wonderful emotional and spiritual growth the past year will continue to bring well-deserved rewards this year. Recognize them as they come and enjoy.

**Pisces-Feb. 19-March 20**

You are what heart and spirit are all about. No one has more than you. Your empathy for others is legendary. This wonderful sense of true humanity always guides you in the right direction. It's hard to keep up with you. You are such a wonderful friend. You know what to do in advance. You are truly loved and appreciated.

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**Event Line Up ...**

	<b>Sunday - \$5 Pitchers</b>
	<b>Monday - Texas Hold'Em</b>
	<b>Tuesday - Kids Eat Free</b>
	<b>Wednesday - 59¢ Wing Special</b>
	<b>Thursday - S.I.N. &amp; Game Wars</b>
	<b>Friday - Texas Hold'Em &amp; Ladies Night</b>
	<b>Saturday - Karaoke</b>

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**MULBERRY ST.**  
 Be a part of the FUN with Dr. Seuss!  
 Dr. Seuss 45 Years of Imagination!  
 Saturday, March 24th  
 11:00am - 1:00pm  
 Center Court  
 Join us for storytime, crafts, activities, and more!  
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 Come in and mix your own frozen yogurt treat. Bring in this coupon and a friend so you can...  
**buy one get one half off!\***  
 menchie's melbourne village plaza  
 next to: subway and tijuana flats  
 1270 n. wickham road  
 melbourne, fl 32935  
 \*discounted yogurt of equal or lesser value. no copies accepted. cannot be combined with any other offer. expires 3/3/12

DINING & ENTERTAINMENT

Out

From page B1  
728-4755 or at [www.space-coastcraftbeerfestival.com](http://www.space-coastcraftbeerfestival.com). There is a very limited number of VIP tickets remaining.  
After the event is over, everyone is invited inside The Broken Barrel for more live entertainment, great food and some rare and special draft and bottle offerings.  
The SCCBF's primary goal is to utilize craft beer to help better people's understanding of the versatility of this millennia old beverage while making a direct impact in the community.  
For more information, visit <http://brokenbarreltavern.com/SCCBF/sponsor.jsp>.

Harmonizers and The Space Coast Chorus, as well as several quartets, numerous clowns and animals and a tightrope walker.  
Two quartets will headline the show. The Sunshine District Collegiate Championship quartet and iQuartet from Miami.  
Admission is \$15 in advance and \$18 at the door.  
For reservations to the 2 p.m. show, contact Bruce Heeb at (321) 752-4091.  
For reservations for the 7 p.m. show, contact Dick Ricker at (321) 639-9699.  
To use a credit card for ticketing, go to [www.space-coastchorus.net](http://www.space-coastchorus.net) and click on "Annual Show."

to create awareness and financial support for unwanted and abandoned pets at the Humane Society.  
For more information, call (321) 636-3343 or visit [www.crittersavers.com](http://www.crittersavers.com).

Moore Roberts, who lived in Brevard County in 1874.  
Ms. Roberts was an English woman who came to Brevard with her husband in 1874.  
Ms. Smith tells her story in first person from childhood through the death of her husband and will be dressed in character.  
There will be a meet-and-greet at 9:30 a.m. with the meeting starting at 10 a.m.  
The meeting is open to the public at the Cocoa Beach Country Club, 5000 Tom Warriner Blvd., Cocoa Beach.  
For information, contact Sheryle at (321) 784-9128.

Bluegrass, swing and gypsy jazz

"Music on a Sunday Afternoon" presents Acoustic Alliance at 2 p.m. Sunday, Feb. 26, at Cocoa Beach Public Library, 550 N. Brevard Ave., Cocoa Beach.  
The group embraces traditional bluegrass, swing and gypsy jazz and features three- and four-part vocal harmonies and instrumental pieces.  
For more information, call (321) 868-1104 or visit [www.cocoa-beach-public-library.org](http://www.cocoa-beach-public-library.org).

First person re-enactment of pioneer woman

The Cocoa Beach Woman's Club meeting will be at 9:30 a.m. Thursday, March 1.  
The guest speaker is Karen Smith, a 25-year resident of Brevard County, who is associated with the Museum of History and Natural Science in Cocoa.  
She will be doing a first person re-enactment of Selina

'Dark Side of the Moon,' 'Wish You Were Here,' 'Have a Cigar'

Tickets are on sale now for the "Pink Floyd Experience" at 8 p.m. Thursday, March 1, at the King Center for the Performing Arts, 3865 N. Wickham Road, Melbourne.  
The "Pink Floyd Experience" presents "Wish You Were Here," live in its entirety, with a light and video show, quadraphonic sound and six musicians.  
Join in at 6 p.m. for the "Picnic on the Patio."  
For tickets and more information, call (321) 242-2219 or visit [www.kingcenter.com](http://www.kingcenter.com).

'Circus Day in Dixie'

The Greater Canaveral Chapter and the Melbourne Chapter of The Barbershop Harmony Society will team up to present "Circus Day in Dixie" at 2 p.m. and 7 p.m. Saturday, Feb. 25, at The Scott Center for Performing Arts on the campus of Holy Trinity Episcopal Academy, 5625 Holly Trinity Drive on the Pineda Causeway.  
The show will feature the choruses of The Harbor City

All donations raised will help

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Mon. - Meat Loaf  
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Wed. - Stuffed Cabbage  
Chicken Pot Pie  
Thur. - Beef Tips over Noodles  
Fri. - Seafood w/Lemon Sauce  
Prime Rib - Reuben Sandwich

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**2012 Spring Artist & Crafter Expo w/Chalk Walk Competition**  
March 31st-April 1st  
9:00 am-4:00 pm  
Judging for Chalk Contest • Sunday 3pm  
Artist & Crafters Expo will be an exciting event to celebrate the beauty and importance of artist creativity!  
Artists and Crafters booths just \$15. All kids under 17 get one Space FREE, each add'l \$5  
Chalk Walk Contestant's just \$5 or bring your own chalk and its FREE  
Prizes awarded for each age group: Kids under 4, 5-8, 9-13, and 14-17; Adults; and Groups/Teams/ Families  
The floors of the market will become canvas and a place for audiences to watch works of art come to life right before their eyes with our Chalk Walk.  
Go to [www.superfleamarket.com](http://www.superfleamarket.com) to register  
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Watermelon \$2.99 each  
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Sweet Potatoes 39¢ lb.  
Large Pomegranate \$1.39 each  
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Tomatoes 79¢ lb.  
Pompino Fish 10 Lb.s or More \$3.50 lb.  
Strawberries \$1.50 A Basket  
3290 W. New Haven Ave • W. Melbourne  
321-723-7642

**Irish Variety Show**  
Direct from the Emerald Isle  
Saturday, March 3, 2012  
7:00 pm  
Our Lady of Lourdes • Parish Hall  
Tickets are available after all Masses on the weekend and in the Parish Office  
Tickets \$30  
Have An Irish Experience

# Honda Classic great for the whole family

In today's sports world, the event has become more and more about business and entertainment than actual competition. What many people do not realize is that the PGA Tour has been about entertainment for many, many years now. The Honda Classic, to be played Feb. 27 to March 4 at PGA National Resort & Spa in Palm Beach Gardens is one of the best examples of golf entertainment.

Getting to see the best players in the world is the main form of entertainment for every spectator. With Tiger Woods' commitment to play in the event, The Honda will feature eight of the top 10 players in the world, as well as three of last year's four major champions and defending champ Rory Sabbatini. The field will be as deep and competitive as any we've seen this year.

Contrary to many opinions, the Tour's best players enjoy a tough test of golf. On the Champion Course at PGA National, they will get just that. With thick rough, firm, and narrow fairways, well protected greens and the famous "Bear Trap," the "Champ" consistently ranks in the top-five toughest courses the Tour plays each year.

This year, tournament officials have decided to allow golfers the opportunity to distance themselves from the field or make up a



**GOLF**  
**JAMES**  
**STAMMER**

few lost shots after tackling the "Bear Trap" by moving the tees up on the par-5 18th. The hole has been shortened by 50 yards, making reaching the green in two shots more likely and tempting the players with the possibility of making an eagle. Of course, with reward comes risk. The green is well-guarded by water and sand, meaning for every eagle, we could just as easily see a double-bogey or two.

To make the spectators comfortable, there are numerous grandstands as well as concessions set up around the course. One of the most popular areas is near the par-3 17th hole. From there, you can watch every shot on the difficult 17th and see play on the 11th hole. This year the amount of hospitality space on this hole alone is 32,000 square-feet, with half of that being taken up by the FPL Pavilion where general admission ticket holders may enjoy theatre seating, flat screen televisions, food and drinks, and even cool off in the FPL Mist Zone.

The golf course isn't the only place to enjoy this event. When the sun goes

down, the golf may be over, but the fun has just begun. While the grounds crews work on the course, preparing it for the next day, you may find yourself sitting next to World No. 2 Lee Westwood or Open Champion Darren Clark enjoying a cold beverage at iBar.

The fun officially kicks off on Tuesday with the practice round. A Junior Golf Clinic will take place at 4 p.m., and Kenny G's pro-am party fills the evening with the pro-am taking place on Wednesday.

Thursday marks the beginning of the competition. After a great day on the course, head over to the Eissey Campus Theatre for "An Evening with Kenny G." Tickets are \$75, \$95 and \$125 with the proceeds benefiting tournament charities.

After golf on Friday and Saturday, everyone can enjoy the "After Play Concert" on the Michelob ULTRA Terrace, and the "Tire Kingdom/Yokohama Fireworks Spectacular."

All during The Honda Classic there will be a Play Golf America Expo, the Family Golf Challenge and the Kids' Fun Zone. At the Fun Zone, players will stop after their round to sign autographs and meet their fans. The first 1,000 kids through the gates on Saturday will receive an oversize golf ball, great for collecting autographs.

While the kids get to enjoy a great event, they aren't the only ones being honored. Once again, The Honda Classic will pay tribute to active duty military, reservists, dependents and veterans with free admission throughout the event. These fine men and women and their families will have a covered 2,500-square-foot hospitality deck on the 17th hole dedicated to their private use.

On Saturday, the pin at the 17th will have an American Flag and military personnel will tend the flag throughout the day.

"It's all about creating a diverse fan experience," says Honda Classic Executive Director Ken Kennerly. "We want to make sure we have a full day of activities for every member of the family."

To borrow a phrase from our military, "Mission accomplished."

Daily tickets start at \$25 for Tuesday, \$35 for Wednesday, and \$45 for Thursday through Sunday. Call 866-8HONDA8 (866-846-6328) or check the website at [www.thehondaclassic.com](http://www.thehondaclassic.com) for information and advance tickets.

*James Stammer has been an avid golfer and golf enthusiast for nearly 40 years. He hosts the Thursday Night Golf Show on WSTU 1450-AM. Contact him at [stammegolf@yahoo.com](mailto:stammegolf@yahoo.com).*

## Calendar

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serving as caregivers during the day and step parents.  
For information on classes, contact Pam White, (321) 433-7668 or email [lab-schools@brevardcc.edu](mailto:lab-schools@brevardcc.edu).

### THURSDAY, MARCH 1

- No-cost blood pressure and blood sugar screenings: The Visiting Nurse Association is offering the following no-cost blood pressure screenings in March:
  - Thursday, March 1 (BP/BS) 9-11 a.m. David R. Schechter Community Center, 1089 South Patrick Drive, Satellite Beach
  - Thursday, March 8 (BP/BS) 8:30-10 a.m. Ascension Manor, 2960 Pineapple Ave., Melbourne
  - Tuesday, March 13 (BP) 10:30 a.m. to noon. Wickham Senior Center, 2785 Leisure

Way, Melbourne

- Thursday, March 15 (BP) 11:30 a.m. to 1 p.m. Daily Bread, 815 East Ave, Melbourne

- Tuesday, March 20 (BP) 10 to noon. Sunflower House, Merritt Square Mall, Suite 201, 777 East Merritt Island Causeway, Merritt Island

The VNA of the Space Coast provides home healthcare services — including Medicare-reimbursed home health aides; physical, speech, and occupational therapy; in-home companions; and personal transportation — throughout the Space Coast.

The nonprofit organization also provides community wellness services, such as flu and pneumonia vaccinations, no-cost blood pressure/blood sugar screenings, and speakers on health-related topics for local community groups.

For more information about VNA services, call (772)

567-5551 or visit [www.vnatc.com](http://www.vnatc.com).

- 'Stop The War On Women': Sue Idensohn, president and CEO of Planned Parenthood Orlando, will speak at the Space Coast Progressive Alliance's "First Thursday Public Interest Discussion" 6:30-9 p.m. Thursday, March 1, at the Henegar Center, 625 E. New Haven Ave., Melbourne.

She will discuss:
 

- The Susan G. Komen for the Cure Foundation's funding of Planned Parenthood Federation of America

\* President Obama's new contraceptive rule that fully accommodates religious liberty while protecting the health of women and the two new bills to undermine the compromise — The "Blunt Amendment" and "The Manchin-Rubio Bill"

- And a Tallahassee legislative update about the seven anti-choice bills filed by the Florida legislature

The Space Coast Progressive Alliance is a public interest advocate for civil and personal liberty, the environment, health care, education, labor, peace, social welfare, financial stability and international harmony.

For more information, visit <http://spacecoastprogressivealliance.org>.

### UPCOMING EVENTS

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### Celeb Lesson

Edited by Linda and Charles Preston

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# BREVARD WALK OF FAME

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## Eckerd

A special red carpet event to benefit Brevard County youth.  
This black tie event will include dinner, live entertainment, live & silent auctions and presentation of the Children's Hero of the Year Awards

Holiday Inn Space Coast Convention Center, Cocoa  
6:00 pm to 9:00 pm

Saturday  
March 17<sup>th</sup>, 2012

An Unforgettable Show Featuring the 2012 Brevard Walk of Fame™ Honorees

<b>Andy Anderson</b> Brevard County Commissioner	<b>Chris Kennedy</b> former Viera Hospital president and CEO	<b>Kendall Moore</b> MooreEavenson, PLC	<b>Jim Stivers</b> Certified General Contractors president
<b>Robert Cabana</b> Kennedy Space Center director	<b>Jack Kirschenbaum</b> Gray Robinson attorney	<b>Jake "The Snake", Leo Smith</b> retired professional wrestler	<b>Allison Walker</b> Channel 13 News anchor and reporter
<b>Pam Gatto</b> President, Gatto's Tire & Auto Service	<b>Debbie Mayfield</b> Florida State Representative	<b>Lee Solid</b> Retired VP/GM of Boeing Florida operations	<b>Barbara West</b> TV news personality
<b>Jim Handley</b> Community Activist			

For tickets or sponsorship opportunities visit [www.brevardwalkoffame.com](http://www.brevardwalkoffame.com) or Call 321-633-7090, R.S.V.P. by March 9th

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# Annual Chowder Cook-Off with a Twist results

For Hometown News  
newsML@hometownnewsol.com

This year, 15 area restaurants gave the public a chance to sample their chowder and their favorite appetizers at the annual Chowder Cook-Off with a Twist.

Baja Tavern and Eats was chosen as the 'best chowder' on the Space Coast by a panel of celebrity judges. Rusty's Seafood & Oyster Bar finished in second place and DoubleTree's 3 Wishes Restaurant took

third. DoubleTree's 3 Wishes Restaurant was presented the People's Choice Award, determined by a popular vote of those in attendance, with Baja Tavern and Eats in second and Café Unique in third.

Rose's Island of Ice Cream won for best 'twist' with its amazing ice cream.

Wild Ocean Seafood Market received second place for its fish dip, and Grills also took third place for its sushi.

In the Best Decorated

Booth category, Slow & Low BBQ in Cocoa Beach took home first place.

The major sponsors included: Kennedy Space Center, Ron Jon Surf Shop, Wild Ocean Seafood Market, Victory Casino Lines and Norman's Raw Bar & Grill. Special thanks goes to the Auman Photo Studio.

For more information, call the Cocoa Beach Chamber of Commerce at (321) 459-2200 or visit [www.cocoabeachchamber.com](http://www.cocoabeachchamber.com).

# Celebrate Black History Month with special foods

Hello smart shoppers. I received an email from a reader attacking my suggestions regarding sell by and use by dates found on food products. I suggested you can use products past these dates.

According to the FDA they have nothing to do with dates, they are added by the manufacturer. Outside of baby formula and some forms of poultry the FDA has nothing to do with it. Using a product just past the dates and handling it properly they said it is hardly likely to do you harm — except for boxed products such as baking mixes which must not be used past these dates.

Good refrigeration, clean surfaces and hand washing must be observed. Dates are an indicator of quality rather than safety. Once a perishable product is frozen it doesn't matter if the date expires because foods kept frozen continuously are safe for long periods of time. If a product smells and looks good it is hardly likely to cause harm. I have been doing this for years and never had a problem. My

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suggestion is when in doubt, throw it out, it is your choice.

February is Black History Month, and before the month is gone, I must share some delicious recipes.

When I previously wrote a recipe for black-eyed peas, I received an email from a reader with her family story and recipe. Sylvia's Florida heritage goes back for generations, before Florida became a state. Although not black, her recipe is truly ethnic. I will include the recipe in Bessie's Hoppin' John.

**BESSIE'S HOPPIN' JOHN (black-eyed peas)**  
4 or more servings  
regular and low fat

Bessie Stuart, a black friend of mine, who has since gone to be with the Lord, gave me her family

recipe. Served over rice with a side of corn bread, it is rib-sticking and wonderful. Using ham instead of pork or bacon makes it low fat.

- 1 large package black-eyed peas
- 1/4-pound salt pork or bacon, cut up, or 1 ham hock or chunks of ham
- 1/2-teaspoon each of salt and pepper
- 1 large clove garlic and 1 large onion, chopped
- Hot sauce (optional)

Cover peas with cold water; discard any that float. Drain. Place in pot, cover with water. Bring to a boil, reduce heat and cook for two minutes. Cover and let stand for one hour.

NOTE: You can let peas soak in the pot overnight. This method removes most of the gas-producing properties.

Drain peas and return to pot. Add the ham or salt pork, salt and pepper and about 1-1/2 cups water. Cover and cook for one hour. Add garlic, onion and a few dashes of hot sauce and cook until peas are tender. The gravy will be thick. Add more water if necessary.

Serve over rice with corn bread.

**SYLVIA ANNE HENDRY'S BLACK-EYED PEAS**

Follow basic recipe using 3 cups of water for each pound of peas. Add 1 cup of rice 1/2- to 3/4-hour before serving. Top the finished product with cut up summer squash, corn and whole okra and cook, covered, for about 3 minutes until okra is slightly under cooked.

**FROGMORE STEW (NIB)**  
Serves 8

We enjoyed Frogmore stew at my son Bill's home in South Carolina. Along with the recipe I got some history. Frogmore is a town located in the low country, just outside of Beaufort, S.C., where the stew was created by slaves. Crabs were added when available.

- 6 quarts of water
- 1/4-cup seafood boil (found in supermarket in spice section)
- 1 teaspoon Tabasco sauce
- 1 teaspoon Worcestershire sauce
- 3 tablespoons salt\*
- 2 cloves garlic, peeled
- 4 extra-large onions, peeled and halved
- 8 to 10 medium-size red potatoes, whole and unpeeled
- 2 pounds smoked sausage, cut into 2-inch pieces
- 12 ears shucked corn on the cob, broken into 4-inch pieces
- 4 pounds large shrimp, unpeeled

\* Add half the salt and taste-test at the end. In a large stockpot, combine the water with

See **ROMANCING, B7**

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- You must currently be living in the State of Florida.
- You must have a nutritional need, which will be determined by WIC staff.
- You MAY be eligible if you or other family members are currently receiving Medicaid, Temporary Cash Assistance (TCA) or Food Assistance
- Your income must fall within our guidelines:

Family size	1	2	3	4	5	6	7	8
Weekly	\$388	\$524	\$660	\$796	\$932	\$1,067	\$1,203	\$1,339
BiWeekly	\$775	\$1,047	\$1,319	\$1,591	\$1,863	\$2,134	\$2,406	\$2,678
Monthly	\$1,679	\$2,268	\$2,857	\$3,446	\$4,035	\$4,624	\$5,213	\$5,802
Annual	\$20,147	\$27,214	\$34,281	\$41,348	\$48,415	\$55,482	\$62,549	\$69,616
Additional Person:	Weekly +\$136	BiWeekly +\$272	Monthly +\$589	Annually +\$7,067				

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# Calendar

From page B5

**Conference:** Calvary Chapel Melbourne is hosting the 'Real' Spring Women's Conference 6:30-9 p.m. Friday, March 2, and 9 a.m. to noon, Saturday, March 3.

The conference, presented by women for women, gets its name from the desire to have real relationships with real people and a very real God.

The guest speaker is Debbie Alsdorf, a southern California woman, who is fun, transparent, vulnerable and passionate about helping women.

Tickets are on sale now through Wednesday, Feb. 29. The cost is \$20 per person in advance or \$25 the day of the conference and

includes breakfast on Saturday.

Tickets are available at The Chapel Store in Melbourne and Viera, or online at [calvaryCCM.com](http://calvaryCCM.com). Child-care will not be available.

Calvary Chapel Melbourne is located at 2955 Minton Road, West Melbourne.

For more information, please call the church office at (321) 952-9673.

**Rummage roundup:** Come shop a bargain hunter's dream as the Junior League of South Brevard presents the 23rd Annual Rummage Roundup Sale, 8 a.m. to 2 p.m. Saturday, March 3, at the Melbourne Auditorium, 625 E. Hibiscus Road, Melbourne.

There will be 20,000 square feet stuffed with gently used household goods, furniture, col-

lectibles, electronics, baby items, clothes and more. All items are priced to sell!

Admission is \$1 from 8 a.m. to 2 p.m.

There will also be a special early bird preview from 6:30 a.m. to 8 a.m. Admission is \$5, and shoppers get first pick at all merchandise.

All proceeds from this sale fund the Junior League community projects in Brevard County.

All items unsold will be offered to area not-for-profits: Connected by 25 Brevard, Daily Bread Thrift Shop, Nana's House and Brevard Rescue Mission. This allows Rummage Roundup's benefit to extend even further in the community.

For more information, visit [www.jlsb.net](http://www.jlsb.net) or call (321) 610-8950.

# Romancing

From page B6

next five ingredients, bring to a boil. Add potatoes and onions, cook for 15 minutes. Add the sausage and cook for 5 minutes. Add the corn and cook for 5 minutes longer. Add the shrimp and cook until pink, about 3 minutes. Drain and serve.

I served this dish the authentic way; try it. Cover the table with newspaper, place the bowl of stew in the center, pass around the plates and silverware and go at it!

NOTE: Cut the recipe in half using 2 tablespoons seafood boil, 1/2-teaspoon each Tabasco and Worcestershire sauce and 4-1/2 teaspoons salt. The rest is easy to divide.

# AFRICAN-AMERICAN BENNE (SESAME) SEED COOKIES (NIB)

1 cup sesame seeds, about two (2-ounce) containers\*  
 1-3/4 cups all-purpose flour  
 1/2-teaspoon baking soda  
 1/4-teaspoon salt  
 1/2-cup butter or butter substitute, softened  
 1/2-cup brown sugar packed  
 1/4-cup sugar  
 1 large egg  
 1 teaspoon vanilla

Place sesame seeds into shallow pan and toast at 375-degrees for 10 minutes or until lightly browned. Cool completely.

Combine flour, soda and salt. Set aside. Cream butter with sugars. Beat in egg and

vanilla until light and fluffy. Blend in flour mixture.

Stir in 1/2-cup of the sesame seeds. Roll dough into tablespoon size balls. Then roll in remaining sesame seeds.

Place on a cookie sheet. Flatten with the bottom of a glass or press with hands. Place cookies about 1-1/2 inches apart.

Bake for 8-10 minutes or until edges are lightly browned. Cool on wire racks. Makes about 2 dozen cookies.

\*Purchase seeds in bulk at discount stores or health food stores for a better price.

To order my cookbook, access past columns or check out great tips go to my website [www.romancingthestove.net](http://www.romancingthestove.net).

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COUCH & matching chair, leather, \$60 321-952-9865
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230 BARGAINS UNDER \$200

GOLF CLUBS- Hogan Irons, 2- PW, \$25, Carry bag w/ Florida state logo, \$15, 321-267-4010
GUITAR, AMP Head, \$195 firm, 321-729-8551
HURRICANE AWNINGS, several sizes, aluminum, call for details \$200 for all 321-724-8905

230 BARGAINS UNDER \$200

RAIN BARREL 55 gal. blue plastic, holes in top w/screen, brass faucet \$50, 321-255-0396
REFRIGERATOR, White w. ice maker, clean \$75, engineered wood, 95 sq. ft. \$100obo 321-615-2135

230 BARGAINS UNDER \$200

SURFBOARD, NSP, 7'2" Surfbetty \$190 321-723-4247
TABLE DINING, solid oak, 4" Dia. w/ 4 matching oak arm chairs, \$140, 321-255-0122

230 BARGAINS UNDER \$200

WEED EATER, B&D, Grass Hog, complete with charger, 2 batteries, 50' line, \$75, 321-305-5772
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CUTLERY & cutting board set, 6 piece, solid wood, never used \$45, 321-215-1902

JACKET, BROWN, soft suede, leather collar, Eddie Bauer brand, XL, \$50, 321-806-3099

ROCK BAND set, drum, guitar & mic set, everything but game, great cond. \$45, 321-474-1374

ROCKER, DARK wood, \$35, 13" TV, Sylvania, \$25, Ice cooler w/ pull handle \$25 321-724-6342

ROCKERS, 2, wrought iron, spring, w/ beautiful umbrella cushions, \$75, 321-242-3339

S'MORES MAKER, Casa Moda by Lifetime Brands, in box, never used \$25 321-459-2519

SCREEN DOOR, black metal, new screen \$10, wood wine rack fits 10, \$7.50, 321-242-4629

SEWING MACHINE, new, Singer, \$70, all attachments, exc. condition 321-733-7279

SOFA, FULL size, blue, like new, \$175 321-505-8517

DESSERT Dishes, set of 4 w/4 cups, Mandarin Orange, exc. condition \$12, 321-728-3039

DINING TABLE, solid wood round 42" dia. 30"H \$50 321-632-6979

DOG CAGE, new, for large dog, shipping quality, 32Lx23Wx24H, \$75 321-951-1557

DOOR, Sliding Glass, 6', complete w/ tracks, good cond. \$50, 321-452-4326

DRILL DRIVER, like new, DeWalt, 9.6 V, in case, orig. \$90 asking \$50, 321-777-4194

DRYER, FRIGIDAIRE, newer, heavy duty, white, 220 V, \$100 obo 321-768-7706

ENT. CENTER, its 25x33 TV, oak w/ glass \$100, P/U box diamond plate, \$100 321-723-2140

EXECUTIVE DESK, sofa chair, patio set bamboo & wicker, exc. cond., \$200, 321-537-3870 (Melb.)

FILING CABINET, small, black, wooden w. drawer, full sz \$50, 321-960-9732

GIFT CERTIFICATE- Stix Billiard club, Vero Beach, face value \$25, asking \$15, 321-728-0588

GOLF CLUBS, Right hand Ping, Anser Putter, 34" \$15, 321-254-0620

GOLF CLUBS, Ping Irons, 1-PW \$50, Ping Anser Putter \$15, 321-259-2544

MOVING BOXES, 80-100 of them, all sizes, exc. cond. \$180 321-373-1752

MOWER, Briggs & Stratton, Motor, yard machine, push type, \$50 obo, 561-655-2074 Palm Bay

P90X- Extreme Fitness, complete system, like new, \$75, 321-259-3053

PATIO SET, Retro black, wrought iron, 3 cushion couch, chair & 2 glass top tables \$75, 321-637-7519

PRINTER CARTRIDGE, HP22, color, new in box, \$15 321-259-2853 Melbourne

SPRINKLER HEADS, Toro, pop up, rain turning heads, extra nozzles & filters \$75 all 321-952-5691

STOVE- ELECT. Roper/Whirlpool, good cond. \$65 obo. Can deliver, 561-339-1932

TURN TABLE, DJ Hero 2 bundle, never opened, \$75, 321-449-0621

TV, 32" Sharp, LCD/ HD, \$75, 321-733-5855

TV, RCA, 32", color works great w/ remote, beautiful picture \$75 321-729-6039

TYPewriter, Brother ML100- new in box, lots of extras, was \$120, asking \$60 321-253-8638

WALKER w/ wheels & seat, folds up for storage, \$50, 321-409-8265 Palm Bay

WALL MOUNT, new, flat screen, Ultra flush, for 32-65" TV w/ 15 degree tilt, \$55, 321-215-7744

WATER SOFTNER, Kenmore series 300, new cond. used only 2 months \$150obo. 321-622-8801

\*\*\*\*\*NOTICE\*\*\*\*\* 828.29 states that all dogs & cats sold in Florida must be at least 8 weeks old, have an official health certificate and proper shots and be free of intestinal and external parasites

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MELBOURNE BEACH GARAGE SALE Sat. 2/25, 8am-2pm. 508 Hibiscus Trail (Off S Riverside Dr.) Tools, clothing, generator, furniture, dining table w/ 6chrs, collectibles & much more!

PALM BAY ESTATES COMMUNITY YARD & BAKE SALE Sat, 2/25, 8am-2pm. 3092 Indian River Dr. In the clubhouse (2 blocks south of Palm Bay Rd., 2 blocks north of Port Malabar.)

FIND IT BUY IT SELL IT! CLASSIFIED 321-242-0442

305 Pets - Domestic \*\*We have had a report that calls have been received from a TDD (Telecommunications Device for the Deaf) line where a person from outside of the U.S. wants to give payment over the phone. We have been advised that these are fraudulent people conducting a scam and you should exercise great caution and possibly avoid dealing with them at all. Hometown News

COCKATIEL- 6mos. \$25. 321-632-1177 (Cocoa) Cocker Spaniel Puppies 8wk old purebred; Shots & D/W, parti & solid color pups avail. Asking \$300. 321-215-8876 please L/M. See photo online www.HometownNewsClassifieds.com AD#10123

ROTTWEILER PUPS - 8 wks, tail & declaws done, vet checked, healthy. Parents on premises. \$500 ea. 772-985-7401

SCARLETT MCCAWES - MATED PAIR, Beautiful investment, \$2000 includes cage. Call 321-652-7867 Palm Bay

201 Garage Sales

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403 Beauty/Cosmetic

Looking for a Licensed MASSAGE THERAPIST and NAIL TECH for new spa opening in March 2012. Call Tania @ 321-216-1621

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CLEANING LADY Wanted For Florida home. Age 18+. No pets/children in home. Receive room, board, wages. Reply: Bheul 140 Island Way, #134 Clearwater, FL 33767

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DRIVERS: Run 5 State Regional! Get Home Weekends, Earn Up to 39¢/Mi, 1 yr OTR Flatbed exp. req'd. SUNBELT TRANSPORT, LLC (800) 572-5489 ext. 227

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MSRP .....\$19,430  
DEALER DISCOUNT .....\$1345

REBATE.....\$1000  
LOYALTY.....\$500

**BUY FOR \$16,495 OR 0% APR**



**New 2011 Mitsubishi ECLIPSE GS SPORT**

MSRP .....\$21,274 REBATE .....\$1590  
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**New 2011 Mitsubishi OUTLANDER SPORT**

MSRP .....\$20,790 LOYALTY.....\$500  
DEALER DISCOUNT .....\$2391

**BUY FOR \$17,899 OR 0% APR**



STK #MM10551

**New 2012 Mitsubishi GALANT**

MSRP .....\$22,909 REBATE .....\$3000  
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**BUY FOR \$18,495 OR 0% APR**



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MSRP .....\$23,225 REBATE .....\$1000  
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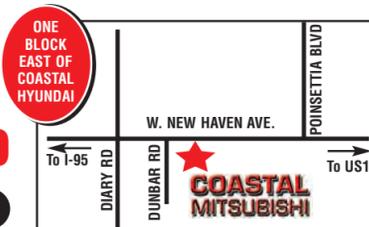
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<p><b>2011 KIA SPORTAGE</b></p> <p>STK #95770</p> <p><b>\$15,995</b></p>	<p><b>2011 KIA SEDONA</b></p> <p>STK #95784</p> <p><b>\$14,995</b></p>	<p><b>2011 KIA SPORTAGE</b></p> <p>STK #95787</p> <p><b>\$15,995</b></p>	<p><b>2011 KIA SEDONA</b></p> <p>STK #95905</p> <p><b>\$14,995</b></p>	<p><b>2008 MAZDA MIATA</b></p> <p>STK #H23953B</p> <p><b>\$15,995</b></p>

2011 KIA SEDONA STK#H25084A.....\$17,995	2008 FORD MUSTANG STK#9571A.....\$14,995
2010 FORD FUSION STK#96064.....\$17,995	2010 CHEVROLET COBALT STK#96152.....\$10,995
2010 MITSUBISHI GALANT STK#96007.....\$13,995	2006 MITSUBISHI RAIDER STK#96142.....\$14,995
2011 MITSUBISHI GALANT STK#M10518A.....\$17,995	2004 MITSUBISHI OUTLANDER STK#M10600A.....\$5,995
2010 NISSAN VERSA STK#95835.....\$10,995	2011 MITSUBISHI LANCER STK#M10069A.....\$17,995

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# Forever Young

A monthly publication celebrating the active lifestyle of Florida's boomers

**Adventurous  
men test  
their limits**

Page 5

**Strategize  
your way to  
your post-  
work years**

Page 7



**CAUTION  
RETIREMENT  
AHEAD  
GET READY**

Page 3

# A taxing subject

There are several memorable lines from "Gone with the Wind," but one of my favorites is "Death, taxes and childbirth! There's never any convenient time for any of them."

That is true, but at this time of year, while we may avoid death and childbirth, taxes are with us. This month's "Forever Young" theme is financial and tax planning. It's a subject that makes a lot of us nervous.

To ease some of the panic, the issue contains interviews with financial advisers and certified public accountants who have tips on how to plan for retirement and have the type of retirement you've dreamed of.

My father, Alfred Koppel, of Stuart, is 93. He has been a CPA for nearly 70 years and still has a client or two. In fact, he went to the IRS office in Port St. Lucie a few months ago for a client audit. He has seen a



**SHELLEY KOPPEL**  
ASSOCIATE NEWS EDITOR

lot of changes in the industry and the practice of accounting in the days before computers and tax programs.

"Before I got certified, I worked as an assistant bookkeeper," he said. I decided I might as well get a job as an accountant. I had two introductory courses under my belt. I answered a few questions and got a job as an accountant."

In those days, you had to have a college degree and a year's experience before you could complete all four parts of the CPA exam, which included theory, law, auditing, and problems.

See **TAXING**, Page 10



## ON THE COVER

Photo illustration by Cliff Parlow

# Hometown News Brevard County Forever Young

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# Building a foundation for retirement

By **Shelley Koppel**  
Associate news editor

PALM BAY – Lois Fredricks brings the same discipline and focus to her clients as she does to her students. The tax adviser is also the highest-ranking woman in both the U.S. and Japan in the martial art known as toyama ryu, or Japanese sword drawing. She is also the only American woman to run a dojo, or school, to train students in the difficult art.

“During the tax season, I work 10-12 hours a day,” she said. “In class, it’s a new source of energy. I forget about everything for at least two hours. It’s good for everyone to forget. When you’re handling the sword, you’re definitely thinking about what you’re doing.”

Ms. Fredricks is an enrolled agent, which means that she is licensed by the Internal Revenue Service as a tax adviser.

The first thing she suggests to people as they plan for retirement is to check into a 401(k) plan if it is offered by the employer and maximize the contribution. If the company does not offer a 401(k), maximize the contributions to an IRA account. There are major tax savings for making such contributions after age 50.

Ms. Fredricks sees many women who are not prepared to deal with their finances.

“Women get divorced or are widowed,” she said. “The biggest mistake I see women make is that they’re not aware of their

See **BUILDING**, Page 14



Lois Fredricks, tax adviser, is also the highest-ranking woman in both the U.S. and Japan in a martial art known as toyama ryu, Japanese sword drawing.

Photo courtesy of Lois Fredricks



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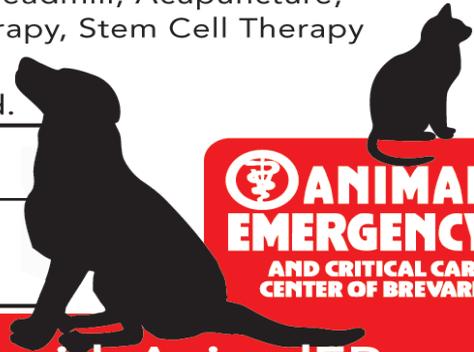
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## Planning key to comfortable retirement

MELBOURNE – Planning for your financial future means doing your homework. That’s what Kenneth Whittaker of the Whittaker Cooper Financial group in Melbourne suggests to his clients.

“To make good decisions, you need to have all available information,” he said.

His firm sends new clients an organizer that details assets and liabilities, Social Security information, investments, insurance and other retirement plans from employers or other sources. That gives clients time to gather information before meeting with Mr. Whittaker for the first time.

“The point is to make the first meeting productive,” he

By Shelley Koppel  
Associate news editor

said. “The role of the financial planner is to analyze the circumstances, find out where there are holes in planning and come up with potential solutions.

“Maybe they need long-term care insurance. At that point, a good planner says, ‘let me educate you on what’s out there so you can make an informed decision.’ I try to find the best fit for the client, but it’s incumbent upon the client to understand what’s available.”

Mr. Whittaker refers clients who are uncertain about long-term care to a booklet put out by the Florida Department of Financial Services. Called “Long-Term Care-A Guide for Consumers,” it is available online. The booklet provides informa-

# Local men test their limits

By Shelley Koppel

Associate news editor

MELBOURNE — MADFOG may sound like a James Bond villain, but it springs from the brain of Melbourne resident Ken Mitchell. Mr. Mitchell leads small expeditions on wilderness adventures in Utah, Colorado and wherever the terrain is rough. He calls his group, MADFOG, for Mild Adventures for Old Guys. The adventures, however, are far from mild.

Mr. Mitchell is a native Californian. He has a master's degree in forestry and did an internship with the forest service, training to run national parks. He found there were no jobs.

Mr. Mitchell began a career in

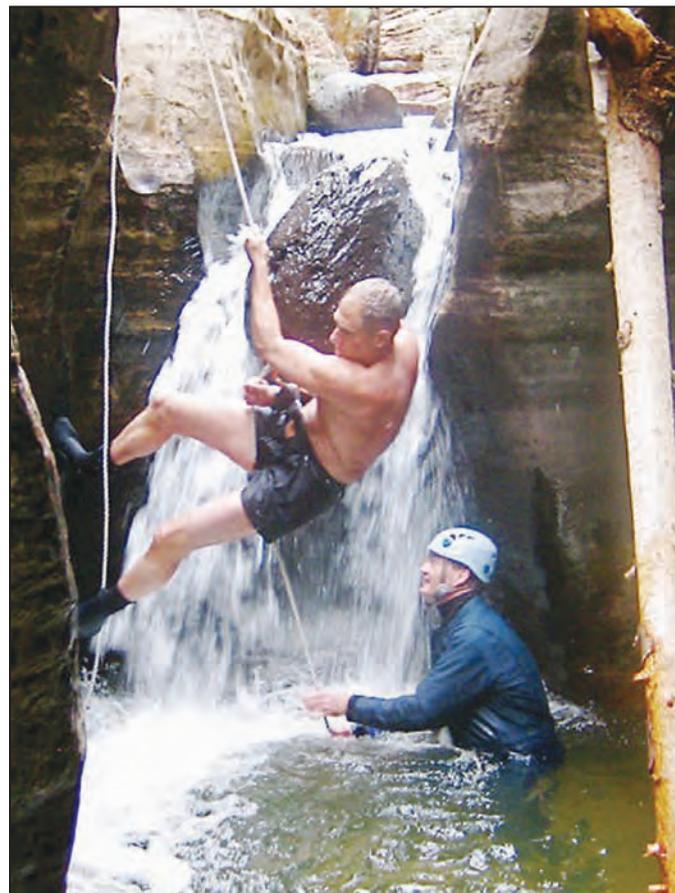
land development and real estate, but he never forgot his childhood love of disappearing into the wilderness on a camping trip.

For years, he made solo trips, but his wife Karen put her foot down as he got older and safety became a factor.

For the last four or five years, Mr. Mitchell has been taking a group of men from the Melbourne area to Utah, where they meet up with friends from California or Texas. The Melbourne group includes Frank Prince and his son, Frank, Brian Bussen and Alan Waters.

"They're all captivated by the place that talks to them the most," Mr. Mitchell said. "Everyone has a personal landscape that speaks to

See **LIMITS**, Page 12



Ken Mitchell (on the rope) with Alan Waters (in the water) on a canyoneering trip to a slot canyon known as The Subway, in Zion National Park, Utah

Photo courtesy of Ken Mitchell

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**CALENDAR**

**Saturday, March 3**

•**Mom to Mom toy and clothing garage sale:** from 8 a.m. – 1 p.m. Saturday, March 3 at the Viera Regional Community Center, 2300 Judge Fran Jamieson Way, Viera.  
All children must be accompanied by an adult.

For more information, call (321) 433-4891.

**Sunday, March 4**

•**Central Florida Winds and Chamber Winds:** at 3 p.m. Sunday, March 4 at the Suntree United Methodist Church, 7400 N. Wickham Road,

Melbourne.

The Central Florida Winds will present a program of music for winds and transcriptions of important orchestra works including “The Lark in the Clear Air,” a setting for winds of an Irish folk song.

The concert is free. To receive tickets and ensure admission, call (321) 223-6688.

For more information, visit [www.cfwinds.org](http://www.cfwinds.org).

groups.

She will demonstrate attractive designs using greens from around the yard.

Visitors are always welcome.

For more information, call (321) 264-4266.

**Thursday, March 8**

•**St. Patrick’s Day themed cards and games event:** from 12:30 p.m. – 3:30 p.m. Thursday, March 8 at the Community Woman’s historic Club House, 5 Rosa Jones Drive, Cocoa.

The Alpha Nu Chapter of Epsilon Sigma Alpha, International will join the Community Woman’s Club in Cocoa Village to hold an afternoon of cards and games with a St. Patrick’s Day theme.

The afternoon will have lots of treats provided by members.

See **CALENDAR, 8**

**Wednesday, March 7**

•**Everything is coming up green!:** Social hour begins at 9:30 a.m. and the program begins at 11 a.m. Wednesday, March 7 at the Titusville Garden Club, 5275 Sisson Road, Titusville.

This event will discuss foliage arrangement with Betty Moore from Melbourne. Ms. Moore is a Master Judge and a member of the Judges Council and Designing Women

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# Tax strategies an important part of retirement planning

By Shelley Koppel  
Associate news editor

MELBOURNE — Wayne Cooper is a certified public accountant who specializes in estate, income tax and business planning. Planning for retirement is something that should begin early in life.

“Planning with an adviser is well worth it for anyone who is trying to build their savings to have it available for life-changing events such as for a first home, college, weddings and retirement, he said.

“It’s money well-spent to have an advocate to prepare you for life-changing events so that it won’t be a financial crisis when these events happen. Given today’s complexities, almost everyone should engage a financial adviser or CPA.”

As a CPA, Mr. Cooper has a college degree and taken a professional licensing exam. He has met all state requirements to maintain his CPA license. While this is important, it’s not the overriding factor in choosing an adviser. You want a CPA or financial adviser with whom you are comfortable sharing financial details.

Mr. Cooper said that an individual planning for retirement has different goals and investment strategies than someone just starting out in a career.

“When you retire, your goal is to protect your principal and not outlive your savings while keeping taxes to a minimum,” he said. “If you’re 50 and older and planning to retire at 65, you look at tax-deferred types of investments such as IRAs and 401(k) plans and company profit-sharing plans. These are investment options where money is put into an account and no income taxes are until you take it out at retirement. The earn-

ings, such as appreciation, dividends and interest, are not taxed until the money is withdrawn. When you retire, your income levels are lower than when you were working and you will be in a lower tax bracket.”

The accountant said that it is never too early to begin planning for retirement.

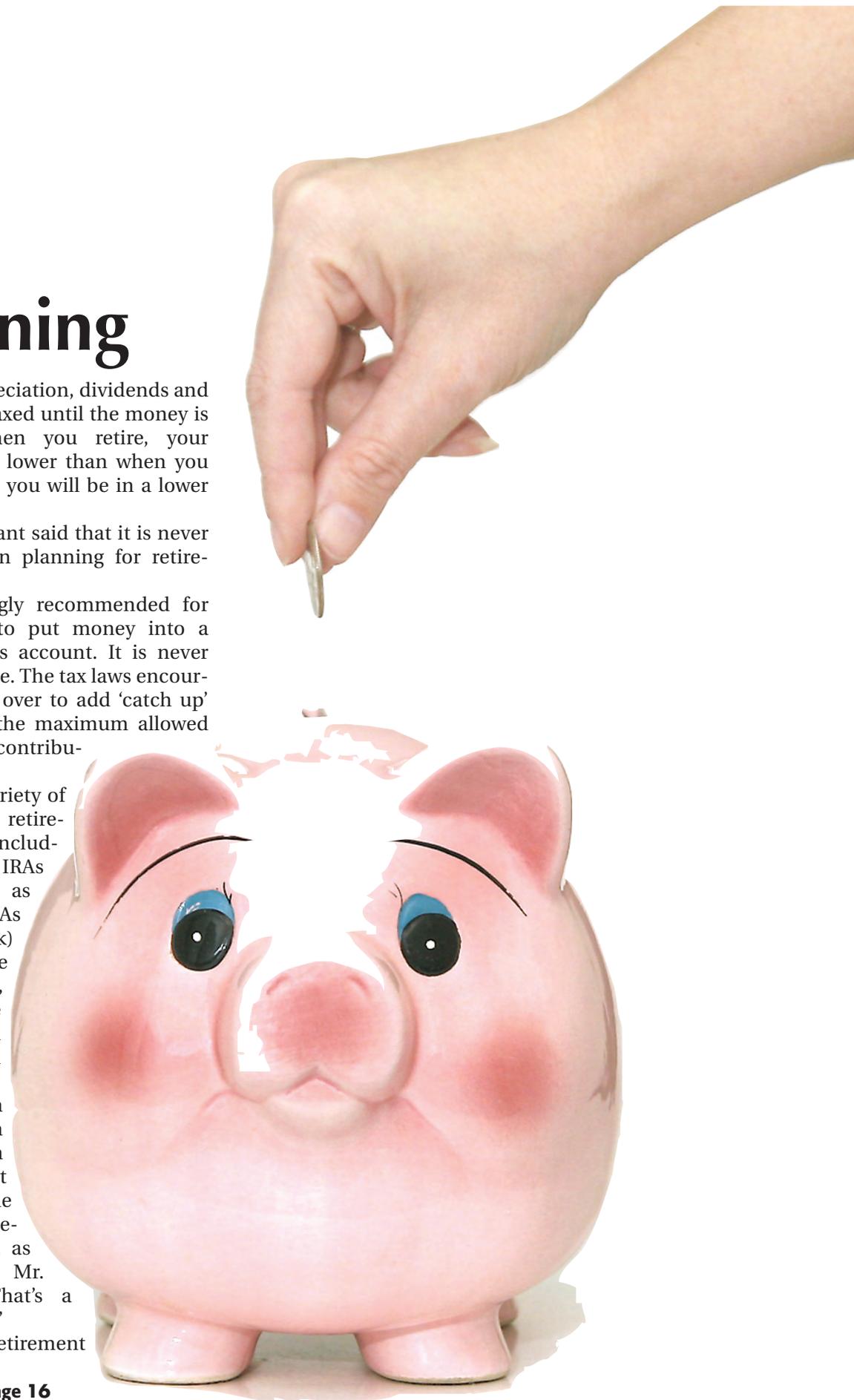
“It is strongly recommended for younger people to put money into a retirement savings account. It is never too late to start one. The tax laws encourage those 50 and over to add ‘catch up’ contributions to the maximum allowed for retirement contributions.”

There are a variety of different types of retirement accounts, including the familiar IRAs and 401(k) plans, as well as Roth IRAs and Roth 401(k) plans. With the Roth accounts, you pay income tax in the year you put the money in the account.

“If you can keep your Roth contributions in the account for at least five years, the earnings and appreciation come out as income tax free,” Mr. Cooper said. “That’s a pretty big benefit.”

Which type of retirement

See **STRATEGIES**, Page 16



# Calendar

From page 6

Parking is free.  
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Easter Seals.

For more information, contact the  
Woman's Club at (321) 639-4193.

## Saturday, March 10

•**Fourth Annual Whiskers, Wags and Wine Benefit:** from Noon to 4 p.m.  
Saturday, March 10 at Hayes Meats  
Gourmet Foods & Produce, 285  
Fortenberry Road, Merritt Island.

The fourth annual Whiskers, Wags &  
Wine event will benefit the Central  
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The event will feature wine tasting  
and hors d'oeuvres, live entertain-  
ment, chair massages, raffle prizes and  
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All animals must be on a leash or in  
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and abused animals of Brevard.

For more information, contact the  
Central Brevard Humane Society at  
(321) 636-3343 or visit [www.critter-savers.com](http://www.critter-savers.com).

•**The Dorcas Circle: Spring Attic Treasures, Bake Sale, and Silent Auction:** from 8:30 a.m. to 12:30 p.m.  
Saturday, March 10 at Suntree United  
Methodist Church, 7400 North Wick-  
ham Road, Suntree.

The Dorcas Circle benefit will donate  
the proceeds to The Haven, Salvation  
Army Women's Shelter, Make a Wish  
Foundation, Space Coast Center for  
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For more information, contact  
Frances Howard at (321) 259-4086 or  
Merle Gelles at (321) 504-9917.

•**Indialantic's 60<sup>th</sup> Anniversary Celebration:** from 9 a.m. – 3 p.m.  
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The Pot-luck dinner will begin at 6:15  
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The speaker, Janet Steiner, director of  
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Reservations for the dinner or pro-  
gram can be made by calling the  
church office at (321) 777-0116.  
Reservations must be made by Friday,  
March 9.

## Wednesday, March 14

•**Rte.65: Cruising the Road to Medicare:** at 6 p.m. Wednesday, March  
14 at the West Melbourne Public  
Library, 2755 Wingate Blvd, West  
Melbourne.

If you are a boomer with an eye for  
retirement, Lynne Meagher of SHINE  
has information for you. Ms. Meagher

See **CALENDAR, 11**

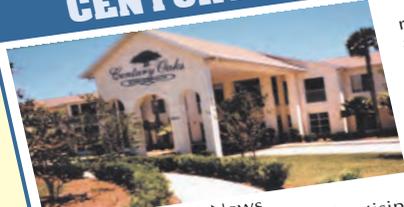
## Tuesday, March 13

•**Handling the Stress of Care giving:**  
at 6:15 p.m. Tuesday, March 13 at the  
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Church Fellowship Hall, 450 Lee  
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This event is a Pot-Luck dinner and a

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**DINING**

# Panita Bakery gives fresh food a whole new meaning

By Tammy Roberts  
Senior Staff Writer  
troberts@hometownnewsol.com

Setting foot inside Panita Bakery & Café in Indialantic is like being transported to an old-fashioned gourmet bakery, but with a modern twist.

You may not notice it from the dining area – with its contemporary flair and Latin-inspired décor. But behind the scenes, the venue’s kitchen boasts top-of-the-line equipment, from a rotating rack oven and pizza stone oven to a bread proofer and deli slicer. Each machine is used on a daily basis to create the wide selection of pastries, homemade bread, pizzas and fresh sandwiches served by the restaurant’s experienced chefs.

Panita owner and Venezuelan native Manuel “Manny” Rodriguez was kind enough to provide my guest and I with

See PANITA, 10



Panita Bakery & Café owner Manuel ‘Manny’ Rodriguez displays some of the delicious entrées and baked goods the family-owned restaurant has to offer.

Staff photo by Tammy Roberts

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## Panita

From page 9

a tour of the kitchen area, as well as the dining areas, which were each surprisingly spotless.

A lawyer by trade, Mr. Rodriguez moved from Venezuela to the Melbourne area in 2010 in the hope of providing a better life for his wife, Diana, and their three daughters, Isabella, Arenna and Samantha.

Within months of moving to the area, Mr. Rodriguez, who is also a trained chef, was able to bring his other passion to life by opening Panita Bakery & Café last August.

The restaurant occupies the southern most spot in the Seaside Centre plaza on A1A in Indialantic, right behind Pizza Hut.

While there is much to look at when entering the restaurant – the wall of family photographs and red pendant lights dangling from the ceiling – our eyes were immediately drawn to the pastry display case, showcasing such tasty treats as the mini casatta cakes, almond cookie bars, cranberry scones,

lemon bars, mouthwatering fruit tarts and macaroons.

The tres leches dessert, which is made with evaporated milk, condensed milk and whole milk over a meringue sponge cake, as well as the delicate croissants, are some of the bakery's most popular pastries, Mr. Rodriguez said. Each treat is made in-house every morning, so you know freshness is always a factor.

The popularity of Panita's pastries and homemade varieties of bread has also helped Mr. Rodriguez establish a successful wholesale business on the side, providing desserts and fresh bread on a regular basis for other local restaurants.

To accompany its treats, Panita also offers a wide selection of teas, fresh-squeezed orange juice and Segafredo Zanetti-brand coffee, including guayoyo, macchiato, latte and cappuccino.

My guest's savory espresso and my vanilla chai tea were the perfect complement to our samplings of apple pie, red velvet cupcakes and vanilla- and chocolate-layered mini opera cake.

If sweets are not your thing, stop by Panita for breakfast or lunch to taste some of the most flavorful and unique

menu items the beachside area has to offer.

For breakfast, you can choose from a selection of breakfast sandwiches, burritos and omelets, as well as some one-of-a-kind dishes, such as the Venezuelan Special, which features black beans, carne mechanda, perico, arepa and white Venezuelan cheese, or the Cachapa, which is a traditional corn-flour pancake with ham or cheese.

For lunch, guests will find more than just your typical sandwich when sampling such selections as the Arm-strong (roast beef & turkey with onion, tomato and lettuce), the Discovery (turkey and bacon with American cheese, tomato, lettuce and Dijon mustard) or the Nasa (smoked salmon with hard-boiled egg, cream cheese, red onion and capers).

Layered with thinly sliced pastrami and Munster cheese, the Apollo sandwich was my guest's favorite, served with a cup of homemade Italian wedding soup.

A salad fanatic, I was extremely pleased with the flavors of the Panita salad, which featured lettuce, American cheese, hard-boiled egg, bacon, avoca-

do and grilled chicken, served with a tangy balsamic vinaigrette.

Other salads include the Santa Fe, which has grilled chicken breast, brie cheese, roasted almonds, baby tomato with homemade honey mustard and balsamic vinegar, served in a tulipan tomato and basil tortilla, as well as the traditional Caprese salad, which features tomato and mozzarella cheese dressed in a fresh basil pesto. I can't wait to try them all next time!

The restaurant, which offers both indoor and outdoor patio seating, also offers take-out, as well as catering.

"When customers walk in our door, they can expect friendly service and fresh food that is both nutritious and delicious," Mr. Rodriguez said. "Based on the feedback we've gotten from our guests, this is something that people really appreciate and sets us apart from other restaurants in the area."

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## Taxing

From page 2

Dad wanted to start his own practice, but didn't know where to begin.

"I hadn't the faintest idea of how to go into business," he said. "I went from one job to another. I would pick up an account from someone I knew and eventually got a part-time job and had private clients."

One of his first clients was a Russian émigré.

"He had a small shop making cartridges for the Army during the war. We liked each other and one day I got a call from him. He wanted to build houses on post-World War II Long Island because the construction of the Whitestone Bridge made it easier to get there. He wanted me to be his accountant."

From then on, my father built a practice on Long Island, made up of an interesting mix of Europeans and Americans. There was even a Russian princess. My father worked

from home at a time when most of my friends' fathers traveled into "The City" on the Long Island Railroad every day.

Accounting, he said, was very different.

"When you prepared a tax return in those days, there might be 100 calculations to finish. If there was one mistake, you had to do the whole thing over because every calculation changed. It was all done with a pencil, a good eraser, a song and a prayer. A tax return took one to two hours, but if you had to redo it, it took you four."

My mother checked the math, going over each calculation.

"There were so many that you were bound to make a mistake," my father said. "Even the calculators were primitive and it was easy to make a mistake. Most of the time, I did it without a calculator. When I first started, I added every long column by hand. You never knew if you picked up the right numbers. Sometimes you had to do it over three or four times. It was a lot of extra hard, dirty work."

See **TAXING, 11**

## Calendar

From page 8

will answer question and give an overview of the options and benefits available for the soon-to-be retired.

The program is free to attend.

For more information, call (321) 952-4508.

### Friday, March 16

•**Titusville Garden Club's Annual Fantastic Sale:** from 4 p.m. – 7 p.m. Friday, March 16 and from 9 a.m. – 1 p.m. March 17 at the Titusville Garden Club, 5275 Sisson Road, Titusville.

Sale items include gently-used clothing, household items, treasures and baked goods.

For more information, call (321) 264-4266.

### Saturday, March 17

•**St. Patrick's Day Dinner and Dance:** at 5:30 p.m. Saturday, March 17 at the Knights of Columbus 7408, 6725 Babcock Street (next to Callagy Tires), Melbourne.

The Knights of Columbus 7408 presents the St. Patrick's Day dinner and dance.

Menu consists of corned beef and cabbage and Irish soda bread.

See **CALENDAR, 13**

## Taxing

From page 10

My father noted that both the tax code and audits have become much more complicated.

"There's no question the tax code has become more complex," he said. "I'm not sure if it would have become so complex without computers and calculators because it wouldn't be possible to do it. As computations have become easier to make, the tax codes have become more complicated."

Tax audits have also become more complicated.

"Years ago, it was a relaxed situation," he said. "The IRS agent came, he knew his stuff and was able to do the job. He would come in, relax, put his briefcase down, work, we'd go out to lunch, have a cocktail, come back and finish. He came up with the tax and it was all done that way. "The average return did not take very long.

"It slowly became more difficult

to get an audit done in a short period. The agent has audit procedures and he has to check off everything before he gets finished. They can make no decisions on their own. They're not allowed to go out to lunch, but it takes a day or two instead of three to four hours to come up with the same amount of tax."

At the end of the interview with my father, my mother, Lillian, got on the phone and told a story that seemed to encapsulate how different things are today.

My father's first cousin, also named Alfred, was also preparing to become a CPA. He was doing his year of work experience to qualify and the firm was not paying him because they knew they had a captive audience. He finally asked for subway fare, then 5 cents each way. The firm fired him.

*Shelley Koppel is an associate news editor of Forever Young. You can reach her at ShelleyKoppel@comcast.net.*

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Photo courtesy of Kenneth Mitchell

This is the core Melbourne MADFOG group at lunch recently at Charlie and Jake's. From left to right: Frank Prince, Brian Bussen, Ken Mitchell, Frankie Prince.

## Limits

From page 5

them. Mine lives in southern Utah. I've talked about living there, but I plan on working awhile longer and these are remote areas that don't have opportunity for work.

"Utah is very wide open and dramatic. I love the way water carves the sandstone and the quality of filtered light, through the sandstone, lighting up the cliffs. It's quiet and peaceful. I most like the fact that I can't get cell phone reception."

While the surroundings sound majestic and romantic, the planning is down-to-earth and practical.

"The ideal group is three to five," Mr. Mitchell said. "Two is not enough and six is too many. We've experimented and the logistics are more difficult."

The group has a core and anyone else who joins is voted on by everyone.

See **LIMITS**, Page 13

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Use the numbers provided in the puzzle below to help you fill in the empty squares. When you are finished, every *row*, every *column*, and every *block* of nine puzzle squares should include each of the numbers 1 to 9.

					1			
	1				3	2	6	
				2		7		4
	7			9				
		6	8			5		
3	5					6	2	
	3	7						
6							5	1
				6	4			

# Limits

From page 12

“They have to be interesting in some way,” Mr. Mitchell said. If it’s a young guy in his late twenties, we’re older and he can carry one of us out.” While rappelling and canyoneering may seem extreme to many, they are not to Mr. Mitchell. “To me, they’re mild adventures,” he said. “We had to work our way up to feeling comfortable rappelling 60-75 feet. We had to develop skills. We’re becoming more interested in greater challenges, with places becoming more remote, because we like it. We’ve discovered there is more in ourselves than we thought.”

Mr. Mitchell had to conquer some of his own fears when he began his adventures.

“I’ve been afraid of heights all my life,” he said. “If I wanted to do slow canyons that involved rappelling, I had to overcome the fear. I developed upper-body strength and I have more strength than I did when I was 18. I had to learn to rappel.”

Mr. Mitchell makes two trips a year. One is with his wife and the other with his group. Training is a year-round effort.

“You really need to work on being in the right kind of shape,” he said. “That’s not an elliptical trainer. The terrain outdoors is not regular. It’s very different from a sidewalk and you use a different set of muscles. I do erratic training: biking, running, walking in the sand and in the water. One reason I’m so committed is that I know I’m going at the end of May or early June. I

See **LIMITS, 15**

# Calendar

From page 11

Adults are \$15, and children under 10 are \$7.50.

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Call Pat Farrelly for tickets at (321) 951-2403.

## Sunday, March 18

• ‘Titanic Runway Extravaganza Then & Now’ Fashion Fundraiser: at 4:30 p.m. at the Historic Cocoa Village Playhouse, 300 Brevard Ave., Cocoa.

This even celebrates the Playhouse’s first production of ‘Titanic the Musical,’ opening April 6, commemorating the 100<sup>th</sup> anniversary of the vessel’s first and final voyage.

The Playhouse will host an exclusive historic fashion show featuring community leaders and local profes-

sionals modeling both vintage and ‘modern day’ cruise and resort attire.

The event will start in the courtyard at Café Margaux, located in Cocoa Village, with complimentary wine and hors d’oeuvres, before proceeding to the Playhouse for the fashion show.

The event will be directed by Cocoa Village Playhouse executive director, Dr. Asastacia Hawkins-Smith and vintage costumes designed by Cocoa Village Playhouse designer, Daniel Hill.

Tickets for the event are \$50 per person; attire is ‘elegant casual.’

For more information, contact Susie Wasdin, event chair, at (321) 604-5134 or wasdin@bellsouth.net.

## Wednesday, March 21

• Master Surf Fishing Clinic: from 9 a.m. – 1 p.m. Wednesday, March 21 at the Pelican Beach Clubhouse, 1495

See **CALENDAR, 17**



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## Join our focus group

Hometown News is seeking input from the public about how we can best serve the Baby Boomer community through *Forever Young*. If you have ideas or input to share and would like to be a member of our focus group, please contact Tammy Raits, managing editor, at [traits@hometownnewsol.com](mailto:traits@hometownnewsol.com). (no hyphen)

## Building

From page 3

financial situation and have no idea about investments or savings there might be. I see it time and time again.

“Women should take an active role in financial planning. I’ve had women who couldn’t write a check, but that’s changing as the generations change. Women should know that even if they are not working, they can make contributions to an IRA or 401(k) as a non-working spouse.”

Ms. Fredricks said that women in their 50s need to think about life insurance, estate planning and long-term care insurance. Even if they do not purchase the latter, which is expensive, they do need to look into it to make an informed decision.

“People have to think about their old age and consider whether they will move in with children, live alone, have in-home care, or move to assisted living or nursing home. They need to start planning and say, ‘this is where I want to be and this is what I can afford.’ A financial planner can help you decide about long-term care insurance.”

Ms. Fredericks is self-employed and she noted that health care insurance for individuals who are too

young for Medicare is expensive.

“I’m self-employed and supply my own health insurance,” she said. “I looked into a high-deductible health insurance programs and set up a Health Savings Account or HSA.

“I highly recommend it. Usually, by this age, you take the standard deduction and don’t itemize (on your tax return.) I can deduct the contribution to the HSA and it reduces my taxable income. That’s where the saving is. Once I make a contribution to my HSA, it can grow. I don’t have to spend it down every year. I can build it up to pay my medical bills. The money saved is tax-free and you’ve gotten a tax deduction.”

Ms. Fredricks noted that people have different financial goals at different times in their lives. As retirement nears, she said that it is important to reduce or eliminate debt, get the house paid off, and save.

“I’m a big saver,” she said. “The tax laws help you save for retirement. Find someone you feel comfortable working with and trust to set up a plan for investments. Even at 50, you may still have a nice income and you need tax planning.”

*Lois Fredricks, Inc. is located at 1501 Robert Conlan Blvd., Palm Bay. Call (321) 308-0660.*

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# Limits

From page 13

have five months to train, 12-14 miles a day, with a 30-pound backpack on.

“You have to work on endurance and flexibility. I send out email reminders to the guys. We try to push each other. You can only travel as fast as your slowest guy. Peer pressure keeps you moving. Maintaining fitness is easier with a goal.”

Mr. Mitchell also understands the importance of knowing one’s limitations.

“This year I lost the ability to hear rattlesnakes,” he said. “I have good hearing, but I lost the tonal range for rattlesnakes and I couldn’t hear one. I’m a dangerous person if I can’t hear a rattlesnake, so I no longer lead. People with better hearing are up front.

“In every trip, different people provide leadership at different

“You have to work on endurance and flexibility. I send out email reminders to the guys. We try to push each other. You can only travel as fast as your slowest guy.”

## Ken Mitchell

points. Frank and I take the lead in organizing, but there’s no real leader once we get on the trail. We make decisions together and I’m careful about whom I invite.”

Mr. Mitchell has about 10 to 15 trips in his mind.

“I just have to live long enough,” he said. “I know if I work on staying in shape and keeping my mind young, there are at least 15 or 20 that I can do.”

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## Strategies

From page 7

account you choose depends on your age, life-changing events, and how much longer you're going to work. Deciding on tax-deferred or tax-free options is where your adviser comes in.

Many people who have the option of paying off their mortgages keep them for the income tax deductions. For them, Mr. Cooper has an old saying.

"I tell them not to let the tax tail wag the tax dog," he said. "In other words, don't let income tax deductions rule your decision-making. When it comes to making the decision about paying off the mortgage, it depends on a wide variety of factors. If cash flow is important, you will be using a significant portion of your liquidity to pay off your mortgage.

"If I pay 4 percent on a mortgage and earn 6 percent interest, why

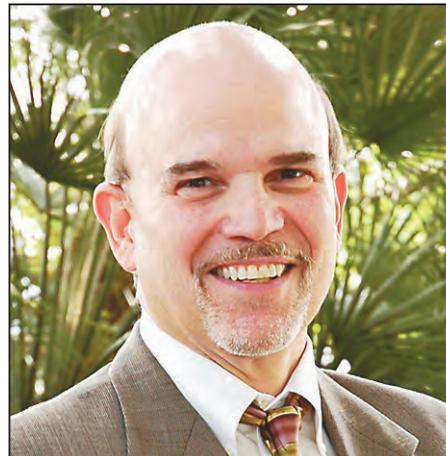
would I pay it off? If I'm paying 6 percent and only making 3, it makes more sense to pay it off. If someone is making the decision based on the tax deduction, they are making the wrong decision. You have to work out what real out-of-pocket cost is to you."

It's important to remember that family situations and dynamics change over time.

"If you have a person age 55 and they have a married child and a grandkid, they may have to help out the child and grandchild. They may also have aged parents that need financial assistance. A person in their 50s is a 'tweener,' having to help out kids and parents. It's difficult to predict life's changing events.

"If they're in their 50s and 60s, they need to think about their own medical expenses and long-term care. There are many income tax incentives in choosing the right health care alternatives for a family.

Wayne Cooper is a principal in



Wayne Cooper

the Whittaker Cooper Financial Group, an independent firm located at 1692 W. Hibiscus Blvd., Melbourne. Call (321) 723-3352 or visit the website [www.whittaker-cooper.com](http://www.whittaker-cooper.com).

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## Retirement

From page 4

tion about who needs the insurance, how much it costs, what Medicare and Medicaid cover and other issues.

"It allows my clients to educate themselves and do their own research," Mr. Whittaker said. "Then there is give-and-take between the client and the planner to get a better solution. I'm a coach. I don't make the decisions."

Mr. Whittaker said that hiring a financial adviser also requires planning. The first thing to check is whether the person has credentials. The designation CFP indicates that the person has passed a test to be a certified financial planner.

Referrals are another way to find a planner, but it's a good idea to talk to more than one person.

"Get three names," Mr. Whittaker said. "Go to each and look at their credentials. Ask how they're compensated."

See **RETIREMENT, Page 17**

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## Retirement

From page 16

The three most common methods of compensation are commission, asset under management charges and an hourly fee. Mr. Whittaker noted that the industry has largely moved to a fixed asset under management charge, usually 1-1 1/2 percent of the value of the account.

“For all of these, you need to find out what services are provided,” Mr. Whittaker said. “There should be risk assessment, retirement planning and a quarterly portfolio review. You should be able to see some amount of value, however you’re paying. As a smart consumer, know how you will be charged and what services you will receive.”

Mr. Whittaker said that it is never too early to begin planning for retirement.

“The earlier, the better,” he said. “If you haven’t done it by age 50, you need to start focusing. Sit down and rough out a retirement plan: what do you want to do, where do you want to be and how much money do you want to

have?”

People often think their expenses will go down, but that is often not the case.

“At some point, you can cut some expenses,” he said. “However, health issues start cropping up. Expenses change as you get older. Retirement is not that much cheaper than working. There is a disconnect for some people. They have a vision of where they want to be, but when they start pricing out the vision, there is a shortfall.”

This is where a financial planner can help.

“Set realistic goals,” he said. “You’ll see where you are now and what you need to do to get where you want to be.”

*Kenneth Whittaker is a principal in the Whittaker Cooper Financial Group, an independent firm located at 1692 W. Hibiscus Blvd., Melbourne. Call (321) 723-3352 or visit the website www.whittaker-cooper.com.*

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## Calendar

From page 13

Hwy A1A, Satellite Beach.

This clinic is for the experienced surf anglers wanting to improve their cast techniques or beginners who dream about experiencing the fun of surf fishing.

All attendees receive a surf fishing tackle package provided by Sea Striker and Brevard Surf Fishing Map.

For registration and questions, call Captain Rodney Smith at (321) 750-3374 or via email at Rodney@CoastalAnglerMagazine.com.

### Friday, March 23

•Cocoa Beach Regional Chamber of Commerce’s third annual Casino Night: from 6:30 p.m. – 9:30 p.m. Friday, March 23 at the Ocean Landings Resort, 900 N. Atlantic Ave., Cocoa Beach.

Entry for this event includes \$100 in

chips, a silent auction, hors d’oeuvres, entertainment, and a cash bar.

The special is \$20 per person or \$30 for two and ends March 16.

For more information, contact the Cocoa Beach Regional Chamber of Commerce at (321) 459-2200.

•Breast Friends of Florida Hosts 3<sup>rd</sup> Annual ‘Joy of Life’ Luncheon: at 11 a.m. to 1:30 p.m. Friday, March, 23 at the Crowne Plaza Hotel, 2605

See CALENDAR, Page 18

### SUDOKU PUZZLE ANSWER

7	2	5	6	4	1	8	9	3
9	1	4	7	8	3	2	6	5
8	6	3	9	2	5	7	1	4
4	7	2	5	9	6	1	3	8
1	9	6	8	3	2	5	4	7
3	5	8	4	1	7	6	2	9
2	3	7	1	5	9	4	8	6
6	4	9	2	7	8	3	5	1
5	8	1	3	6	4	9	7	2

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# Calendar

From page 17

North Highway A1A, Indialantic.

The 3<sup>rd</sup> annual event will host an array of silent auction items and raffles; local vendors with displays of jewelry, clothing and health care related information and products.

The cost is \$25 per person, with vendor tables at \$75 (which includes lunch).

For more information on this event, call (321) 474-4159. For general information on Breast Friends of Florida, go to [www.breastfriends.com/aff/florida](http://www.breastfriends.com/aff/florida).

## Saturday, March 24

•North Brevard Historical Museums 19<sup>th</sup> Annual "Afternoon in the Park": from 11 a.m. – 4 p.m. Saturday, March 24 at Fox Lake Park, 4400 Fox Lake Road, Titusville.

This annual event is a family-oriented fundraiser and admission is free.

A BBQ lunch (pork or chicken) will be available for

\$8 from noon to 2 p.m.

The old-fashioned afternoon in the park features demonstrations of historically traditional crafts such as blacksmithing, weaving, pottery, quilting and carving; some of these items will be for sale.

The event also includes a bake sale, silent auction, a 50/50 raffle and live music from a variety of genres.

There will also be a selling of the first museum cookbook as well as other books about the history of North Brevard.

For more information, contact The North Brevard Historical Museum at (321) 269-3568.

•Ascension Catholic Church Parish Hall transforms into 'Havana Night': from 6 p.m. – 11 p.m. on Saturday, March 24 at The Ascension Catholic Church Parish Hall, 2950 N. Harbor City Blvd., Melbourne.

The Ascension Catholic Church Parish Hall will be transformed into the sights and sounds of a Havana night.

The hall will feature Cuban fare, music and cocktails. This is a formal event.

Proceeds for this event will be used to continue the

Expansion of the Ascension Endowment Fund, which provides with the continued growth and development of Ascension Catholic School.

Last years gala raised over \$100,000 and provided financial aid for 100 students not able to afford tuition otherwise.

Tickets are \$50 per person and include an open bar, gourmet handmade dinner and dessert.

For more information and to purchase tickets, contact Sr. Joseph Barden at (321) 254-5495 ext. 3003.

## Wednesday, March 28

•GreenScaping for Healthy Gardening: at 6:30 p.m. Wednesday, March 28 at the West Melbourne Public Library, 2755 Wingate Blvd, West Melbourne.

Sharon Dolan of Maple Street Natives plant nursery will discuss the uses of Florida native trees, shrubs, wildflowers and grasses in home landscaping.

For more information, call (321) 952-4508.

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