

MARTIN COUNTY Hometown News

Vol. 10, No. 31 Your Local News and Information Source • www.HometownNewsOL.com

Friday, Jan. 6, 2012



BEST OF THE
BLOTTER
JAY MEISEL

Some criminal cases are unusual, humorous or just outright odd. And there's no shortage of them on the Treasure Coast.

This column highlights cases that often leave observers shaking their heads.

Convicting yourself

It's been said that most liars eventually trip themselves up.

That appears to be the case with a Port St. Lucie man.

The man claimed he thought someone had burglarized his mobile home and in the darkness he fired a shot at a burglar he never saw.

But a woman told police that the man's girlfriend had given her a key to the mobile home so she could pick up a baby jumper she let a

See BLOTTER, A5

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YOUR COMMUNITY A3

CENTENARIAN



Ella Hartley, a Seacoast Bank customer is feted on her 100th birthday

WEEKEND WEATHER

Friday: Sunny; high: 70; low: 48; high tide: 6:10 a.m.; low tide: 12:08 p.m.
Saturday: Sunny; high: 73; low: 50; high tide: 6:56 a.m.; low tide: 12:50 p.m.
Sunday: Sunny; high: 77; low: 57; high tide: 7:39 a.m.; low tide: 1:31 p.m.
Weather courtesy of www.weather.com

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Teen writes legislation to prevent food allergies at school cafeterias

By Samantha Joseph
sjoseph@hometownnewsol.com

tial allergens.

"I wrote this bill because of my sister," Lauren said.

Her sibling, 11-year-old Rachel, has life-threatening allergies to peanuts and tree nuts.

"My mom would have to go to the county offices to see the labels of foods in the school cafeteria, and if



L. Maunus

any of the labels changed, she was not informed of it," Lauren said. "It was really scary. This bill would allow my sister every time she was about to put something in her mouth, to know what was in it before she ate it."

In addition to listing the ingredients in all foods, the bill requires public school

See ALLERGIES, A3



Page B1

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City's water treatment plant wins top prize

By Samantha Joseph
sjoseph@hometownnewsol.com

MARTIN COUNTY — The editors of a trade press publication for designers, software creators, chemical controllers, maintenance staff and others who work in the water and wastewater industries, have applauded the work at the city of Stuart wastewater treatment facility.

"Water & Wastes Digest" named the local plant a "top project winner" for its structural and air-quality improvements projects.

The contest is hotly contested, drawing entrants from across the country, industry sources said.

The local plant had professional help maintaining its standards and gaining

See PRIZE, A4

A 2012 sunset celebration



Mitch Kloofain/chief photographer

Katie Bernhard of Palm City celebrates the first sunset of 2012 through dance, accompanied on drums by Tim Brown, Luke Bogacik, Daniel White and Jesse Etelson at the weekly drum circle at Shepherd's Park in Stuart Sunday, Jan. 1. The group meets each Sunday before sundown and encourages new people to come out and experience the sense of community through music and nature.

State provides \$750,000 grant for business district

By Samantha Joseph
sjoseph@hometownnewsol.com

MARTIN COUNTY —

The New Year will mean new visibility for businesses on Colorado Avenue, thanks to \$1.2 million in funding for that area.

The Colorado Avenue business district improvement project, which aims to make the area more attractive to pedestrians, secured \$750,000 in state funding.

The grant from the Florida Department of Economic Opportunity covers the majority of the \$1.2 million city leaders estimate it will take to create on-street parking, add a roundabout at Martin Luther King Jr. Boulevard, a median and landscaping and make Colorado Avenue two lanes between 5th Street and Southeast Kindred.

It would also pay for the redesign of the stretch of Colorado Avenue



Photo courtesy Stuart Community Redevelopment Agency

Illustration shows planned improvements in the Colorado Avenue business district.

between U.S. 1 and Dixie Highway, reduce traffic speeds, improve pedestrian and bicycle access, increase parking and improve visibility and access to businesses along the roadway.

The state provided all

funds for which city officials applied, and the Stuart Community Redevelopment Agency will provide the rest of the money needed to complete the project.

These improvements are in keeping with the city's CRA plan," said Teresa Lamar-Sarno, the Community Redevelopment Agency's administrator.

"The CRA vision and the revised plan approved in 2009 identify Colorado

See GRANT, A4

Council stages cabaret, concert series

By Samantha Joseph
sjoseph@hometownnewsol.com

MARTIN COUNTY — The group whose mission is to feed and help care for the area's low-income seniors is now staging a series of revues, the first of which opened to critical acclaim.

The Council on Aging of Martin County is gearing to present its latest musical, the second in a concert series that opened last month.

The new show, set for Jan. 15, will feature Shelley Keelor, singing "American Songs You Love To Listen To."

The show's star is a singer who has been entertaining

See CONCERT, A5



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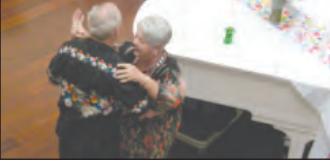
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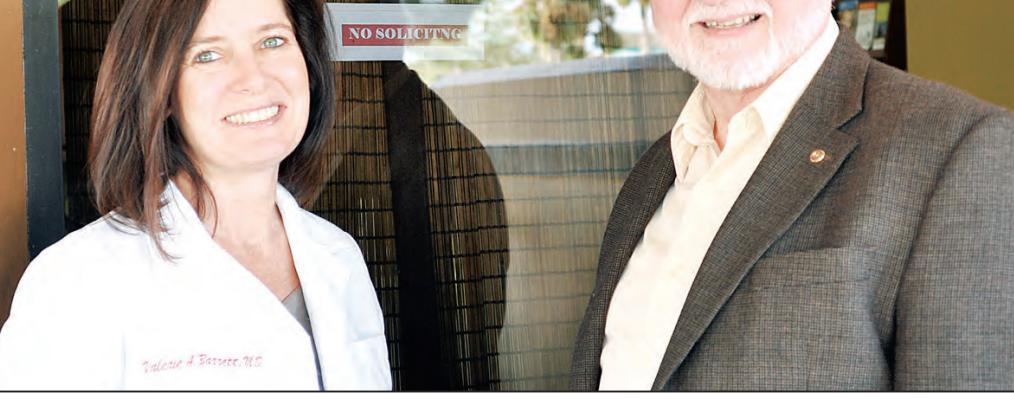


Photo courtesy of Dick Hall

Valerie Barrett from RENU Medical Aesthetics presents Bill Menter from Food For The Poor, with the hard copy of an online donation of \$2,000.

Doctor's office donates to poor

For Hometown News
newsfp@hometownnewsol.com

MARTIN COUNTY — Valerie Barnett and the staff of RENU Medical Aesthetics presented Food For

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The Poor a \$2,000 check on Dec. 20.

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RENU Medical Aesthetics and Dr. Barrett pledged that 5 percent of all sales for November be directly donated to Food For The Poor.

For more information, visit www.FoodForThePoor.org.

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Photo courtesy of Seacoast National Bank

Marcia Wolz, Allison McSweeney and Karen Balbinder presented a check to centenarian Ella Hartley, a Seacoast National Bank customer.

Bank celebrates customer's birthday

For Hometown News

newsfp@hometownnewsol.com

MARTIN COUNTY — It's not every day a community bank celebrates a milestone birthday with a long-time customer, and even rarer still when that milestone is a century.

But that was exactly the occasion when Seacoast associates visited customer Ella Hartley at the Stuart Nursing and Restorative Care Center to help celebrate her 100th birthday.

"The closeness of love of family and friends was evident," said Karen Balbinder,

marketing specialist for Seacoast National Bank.

"It's something we don't often see and we were honored to be there with her."

The Seacoast associates presented the centenarian with balloons and a check for \$100.

Mrs. Hartley's family had a

cake planned for her friends at the nursing home for the very special celebration.

Seacoast National Bank is the operating arm of Seacoast Banking Corporation of Florida.

For more information visit, www.SeacoastNational.com.

Allergies

From page A1

Modernization Act.

Like its federal counterpart, the local child's bill would protect students, as up to 20 percent of allergic reactions occur at school, according to the Food Allergy & Anaphylaxis Network. "Right now, it's not safe for

Rachel and kids like her to eat in the cafeteria," said Debbie Maunus, the girl's mother. "We're so proud of Lauren. She went through the House of Representatives of the youth in government program, and because of her success has been given the opportunity to have her bill co-sponsored by representatives Joe Negron, William Snyder and Gayle Harrell."

Lauren's bill defeated strong competition at regional and state levels to emerge as the winner in the Florida YMCA Youth in Government, which teaches students about the nation's legislative and administrative processes, said Stella Boland, director of South Fork's international baccalaureate program.

Her work caught the attention of state legislators,

and got her meetings last month with Rep. Harrell, R-Port St. Lucie, Sen. Negron, R-Stuart and Rep. Snyder, R-Stuart, whom she hopes will sponsor the bill.

The legislators were not available for comment at press time.

"I'm hoping I can go to Tallahassee and help raise awareness for food allergies anyway I can," the ninth grader said.

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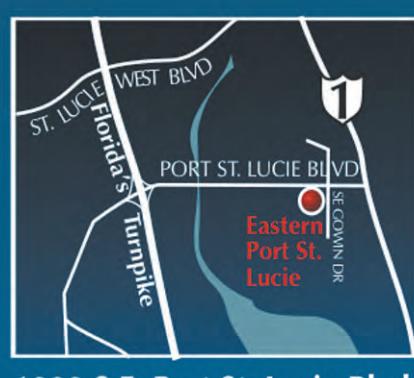
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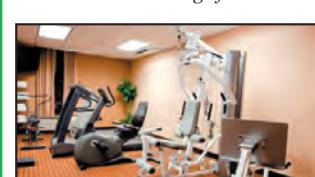
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Prize

From page A1

their goals. They also kept the total project cost relatively low."

Judges evaluated several factors when selecting this year's top projects.

A key factor is the number of challenges a project faced and how it overcame them to meet its stated goals.

Judges said they also looked for projects that stayed cost-efficient, made use of advanced technology and remained within regulations.

"This is a significant honor for the city of Stuart, as we have extremely high standards for protecting our environment, while being good stewards of taxpayer dollars," said Troy McDonald, city commissioner.

"Receiving this award is testimony to the fact that we are achieving both."

Grant

From page A1

Avenue as a key area for improvement with traffic calming and streetscaping. Cities across the country that have completed similar projects have seen reduced vacancy rates and increased private investment, sales tax revenue, and property values."

Work funded through the community development block grant could begin as early as this spring, officials said.

"In this new economy, it is more critical than ever that the city look at creative ways to compete with surrounding business communities. This project has enormous potential to improve the climate for existing businesses in the Colorado Avenue corridor, as well as attract new business and jobs to the area,"

Officials from the Community Redevelopment Agency expect to receive the grant contract in early January.

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Police report

Editor's note: This is a list of arrests, not convictions, and all arrestees are presumed innocent unless or until proven guilty in a court of law.

Stuart Police Department

•Debra Anne Sclafani, 49, 5303 S.E. Graham Drive, Stuart, was arrested Dec. 26 and charged with retail theft, possession of alprazolam (Xanax) without a prescription and possession of oxycodone without a prescription.

•Philip Joseph Mandra, 22, 1900 S. Kanner Highway, Apt. 106, Stuart, was arrested Dec. 22 and charged with possession of drug paraphernalia, driving under the influence, introduction of contraband into a jail, grand theft of a motor vehicle and driving while license suspended.

Martin County Sheriff's Office

•Cody Tyler Eckhardt, 22, no address given, was arrested Dec. 19 and charged with

violation of probation. He was on probation for possession of oxycodone without a prescription.

•Dana Leigh Bouthillier, aka Dana Cohen, 32, 1545 Ulmus Place, Palm City, was arrested Dec. 21 and charged with being an accessory after the fact.

•Lynn A. Corcoran, 57, 7865 S.E. Trenton Ave., Hobe Sound, was arrested Dec. 12 and charged with violation of probation. She was on probation for driving under the influence and possession of methadone without a prescription.

•Fredman Jean Mary, 20, 920 Southwest 20th Court, Delray Beach, was arrested Dec. 21 and charged with tampering with evidence and possession of 20 grams or less of marijuana.

•Anthony Cooler, aka James A. Cooler, 19, 1025 All American Way, Palm City, was arrested Dec. 26 and charged with grand theft of a motor vehicle.

•Danielle Dee Strumski, 23, 1253 S.W. Pine Tree Trail, Stuart, was arrested Dec. 24 and charged with possession of a controlled substance

without a prescription, possession of drug paraphernalia and violation of probation. She was on probation for two counts of burglary of a dwelling, dealing in stolen property and grand theft.

•Glen David Rose, 43, 1476 15th Ave., Vero Beach, was arrested Dec. 22 and charged with failure to appear in court on a charge of grand theft.

•Keith A. Christensen, 41, 28 S. Coalter St., Staunton, Va., was arrested Dec. 22 and charged with violation of probation. He was on probation for grand theft.

•Luis A. Hernandez, 17, 25 Broadway, Stuart, was arrested Dec. 22 and charged with burglary of a dwelling with assault or battery, battery and interference with custody.

•Sean Allan Powell, 22, 526 Mapp Road, Palm City, was arrested Dec. 22 and charged with violation of probation. He was on probation for forgery of a credit card.

If you have information about a crime, call Treasure Coast Crimestoppers at (800) 273-TIPS.

•Rodney Levann Tramble, 37, 3501 N.W. Treasure Coast Drive, Unit 102, Jensen Beach, was arrested Dec. 23 and charged with felony battery.

•Gutierrez Audres Sontay, 38, no street address given, Port St. Lucie, was arrested Dec. 23 and charged with dealing in stolen property.

•Dantre Jay Costello, 22, 2536 S.W. Letilia St., Jensen Beach, was arrested Dec. 23 and charged with four counts of attempted burglary.

•Christopher Robert Dittmeier, 23, 8364 S.E. Windham Lane, Hobe Sound, was arrested Dec. 21 and charged with fleeing/eluding and reckless driving.

•Tara Elizabeth Murray, 25, 151 S.E. Juper Ave., Port St. Lucie, was arrested Dec. 27 and charged with possession of cocaine, possession of 20 grams or less of marijuana and possession of drug paraphernalia.

•Robert William-James Sowers, 19, 1251 N.E. Florida Ave., Jensen Beach, was arrested Dec. 24 and charged with burglary and contribu-

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TREASURE COAST CRIME STOPPERS

1-800-273-TIPS

© 2002 Lost Art Advertising

•Martin Valdez Penalosa, 37, 2548 S.E. Indian St., Stuart, was arrested Dec. 24 and charged with aggravated battery.

•Daniel J. Levy, 24, 3605 Murano Drive, Hollywood, Fla., was arrested Dec. 22 and charged with uttering forged bills.

•Joseph Sebastian Schaefer II, 19, 1950 S.E. Buttonwood Drive, Port St. Lucie, was arrested Dec. 23 and charged with possession of a controlled substance without a prescription and possession of drug paraphernalia.

•Robert William-James Sowers, 19, 1251 N.E. Florida Ave., Jensen Beach, was arrested Dec. 24 and charged with burglary and contribu-

ting to the delinquency of a minor child.

•Michael Joseph Lattanzio, 37, 211 S.E. Salerno St., Stuart, was arrested Dec. 27 and charged with being a habitual traffic offender.

•Edward Peter Campbell II, 48, 5832 S.E. Collins Ave., Stuart, was arrested Dec. 27 and charged with burglary of an occupied dwelling with battery.

•Bryan Adrian Calhoun, 24, 132 Wood Road, Lot 18, Griffin, Ga., was arrested Dec. 27 and charged with robbery while carrying a firearm.

•William Aaron McClain, 23, 8598 S.E. Neptune St., Hobe Sound, was arrested Dec. 27 and charged with robbery.

Concert

From page A1

audiences regionally and internationally on stage and in concert for more a decade.

She has a one-woman show, "The Show Goes On," which has debuted in several cities across the country.

Ms. Keelor, who has also done solo performances in more than a dozen countries including Italy and Turkey, has performed with the Istanbul State Symphony in the famed

Aspendos Amphitheater in Antalya, Turkey, and toured as a soloist in the revue show, "Broadway Nights."

She has also been a lead performer in production shows, such as "Songs of Andrew Lloyd Webber," "Best of the West End & Broadway" and "Knights of Rock 'n Roll."

The concert will begin at 2 p.m. in the Frances Langford Theatre and Auditorium at the Charles and Rae Kane Center, 900 S.E. Salerno Road, Stuart. Doors will open at 1 p.m.

All proceeds will benefit the Council on Aging, a

not-for-profit agency whose programs help seniors live independently in their own homes, said Denise Belizar, marketing manager.

The concert series includes two other performances: "My Funny Valentine" on Feb. 12 and "Jazz Standards from the Great American Songbook" March 11.

Tickets cost \$12 for Kane members and \$20 for non-members, with the option to purchase the remaining three-concert series for \$30 for members and \$52.50 for non-members.

Blotter

From page A1

girlfriend borrow.

She said she knocked on the door and no one answered. So she used the key and retrieved the baby jumper.

As she and a friend were leaving, the man confronted her and threatened her with a gun.

When confronted with what the woman and her friend said, the man told police "she" didn't have any right to be in the home.

The problem with that was the police officer never mentioned the victim was a female, yet the man claimed

he never saw the supposed burglar.

And still having not learned his lesson, the man, as he was being arrested, maintained his innocence, but added, "I should have killed the bi--," a report said.

Give him his sauce

If a server brings food and a customer finds the order doesn't match what he or she ordered, the customer usually will ask that food be returned and the order be corrected.

Perhaps a Martin County man wishes he would have done that.

Instead, the man, who was enraged over not getting a

sauce he wanted, started throwing money around.

After being escorted out of the restaurant by friends, the man returned, hit a man in the back of the head, knocked down glasses stacked on the bar and then knocked some people to the floor.

And if that wasn't enough, he exited the restaurant and fought people in the parking lot.

When arrested, he yelled obscenities at the officer and said that one day someone would shoot the officer in the head.

One must wonder what the man would have done if his entire food order had been wrong.

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The patient and any other person responsible for the payment has the right to pay, cancel payment or be reimbursed for payment for any other service, examination or treatment which is performed as a result of and within 72 hours of responding to the advertisement for free service, examination or treatment. Minimum fees. Fees do not include build ups.

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I've been fighting for many years to end the dealer fee, but with very little success. Can you believe that this advertisement is actually legal under Florida law because there is no limit on what a dealer can charge you for a dealer fee? I hope this exaggerated mockery of what car dealers are getting away with everyday in Florida (and most other states) will get your attention and the attention of our legislators, regulators, the media and the Florida Automobile Dealers Association.

Relax.

you're at Earl Stewart Toyota 

1.800.378.5111 www.estoyota.com

VIEWPOINT

FRIDAY, JANUARY 6, 2012 • HOMETOWN NEWS • WWW.HOMETOWNNEWSOL.COM

An answer to the never-ending question

Happy New Year. It looks like 2012 is going to be a much better year.

On the business side of things, with the addition of Vernon and Chris Smith's leadership and support to our management team, *Hometown News* has made some great strides in several key areas. We also have some very exciting news we will be announcing soon.

On the personal side of things, anything would be better than the year my wife, my family and I have gone through this past year.

The year started with the passing of my father on Dec. 23, a few days before 2011 began and then, of course, the terrible and tragic accident that took the life of my incredible 16-year-old son, Austin, in July.

The 150 days that have followed, have been sheer agony. There has not been one day that tears have not been shed by both my wife, Elaine, and myself. I know it has been tougher for her, as she was always proud of her status as a stay-at-home mom. Now she stays home, but stays there alone. I, on the other hand, am able to block the saddening thoughts throughout most of the day as I focus on the challenges and successes we have experienced here at the paper.

Everyday we spend time talking to Austin and praying to God that he is OK and doing the work that God took him to do.

We talk, but you always wonder if anyone is listening. Is there really something else after you leave your physical body? Is there really another chapter? You want to believe, but you always wonder if it is real or just religious way of keeping people on the straight and narrow while we are here on earth.

Let me tell you of a couple of recent experiences that have taken those questions away from us and have pretty much given us hard-core proof that this life is just the beginning.

**PUBLISHER/
C.O.O.**
STEVE
ERLANGER

The first incident happened this past November. I had been having some chest pains. Not all the time but they would come at any time, last for anywhere from 5 minutes to 20 minutes; very uncomfortable and somewhat painful. Being the tough guy that I am, I put off going to the doctor until it was happening so often that it was becoming a problem to do all the things that I needed to do.

I went in, had the first round of tests, and the doc said I better come back for another round as something didn't look right. The second round of tests led to a third visit to go in with the heart catheter to see exactly where the blockage was and to put in a stint. I didn't think of it as any real big deal. It runs in the family. My father had a pacemaker implanted in his late 40s.

The night before I went in, I had a talk with Austin and God. I don't want to go into details, but I would imagine it was pretty standard dialogue any of us would have in a situation like this. The next morning, Elaine took me to the hospital for the procedure. The doc was ready to go and even was bragging to the other doctors that he could tell them where the blockage was to save them some time. They put me under and slid the catheter up and into the heart. Much to the amazement of all the personnel in the room, there was no blockage, it was gone. The heart was pumping as pure as a newborn baby.

This gave me cause to pause. Did Austin and God fix my heart? I wanted to think so but...

Then it happened. The event so blatant, so obvious, in black and white, that it could not be

See **QUESTION, A10**

Riding with the wind



Mitch Kloofrain/chief photographer

Tricia Wojtisek and Aaron Sandow, both of Palm City, work on their sailing skills along the Indian River Lagoon at the U.S. Sailing Center in Jensen Beach during their holiday breaks from University of Florida and University of Central Florida, respectively.

Rants & Raves

Got something to say?

Call the Hometown Rants & Raves line at

(772) 465-5504

or e-mail news@hometownnewsol.com.

Callers are asked to refrain from making slanderous statements. Statements of fact will be checked for accuracy.

Thinking about the primaries

The primaries are for Americans to vote for who they think is best to serve this nation. The election will be a vote against President Obama and his job killing war on the middle class. Unjust regulation, litigation, taxation and mandated health care are big boots on the necks of small businesses and small banks, which by the way, employ the vast majority of the middle class.

Only the big corporations and big banks can afford the burdensome costs that Obamination has caused.

So yes, America, even though he says he is for the middle class, President Obama is destroying the middle class with his policies and it has always been the middle class that has made America prosperous and free.

Many, if not all, of the world's greatest leaders were wonanizers, but they improved the lives of regular people. A man's sex life is none of our business and what was done to Herman Cain and his family is unforgivable. If Mr. Cain had been another bankrupt career politician, he would have sacrificed his family's well-being, but he is not a career politician.

I live in Florida and Mr. Cain is on the ballot here. I will be voting for the true outsider. I will be voting for a man who knows what a small business needs to grow and provide jobs for all Americans. I will be voting for the 9-9-9 plan, which will take power and control and corrupt cronyism out of Washington. No deductions, no loopholes, no subsidies to the powerful. No special interests payoff to corrupt, entitled politicians. I will be voting for a man who knows how to solve problems. I like a president with a clear view of foreign policy.

Why do we make nice and give money to our enemies? I will be voting for a man who wants to make America energy independent. I will be voting for a man who will support a fair and just immigration policy. I will be voting for a man who will neutralize class and race warfare by just being himself, a man who has lived the true American dream.

I will be voting for a true leader, Herman Cain, in the primary. Americans have said we want change in Washington, a much smaller and fiscally sound government and one whose programs work properly, while providing the service they were originally meant to do. This man can bring us together and lead us back to prosperity. Herman Cain can and will get America back on its feet. He loves America and will never hurt her.

Repeal Obamacare

If we accomplish just one thing in 2012 it should be to repeal Obamacare. When we allow political ideology to trump the health of the individual, we have made a terrible mistake.

The federal government response to Hurricane Katrina compounded a natural disaster. The present recession is an example of how politicians permitted political correctness to bring down the economy of the entire nation.

The post office annually loses \$5 billion and has no idea of how to correct the situation.

Hopefully, we can make more than one improvement next year, but getting rid of a federal mandate controlling our health would be super.

Scare tactics didn't work

Despite the scare tactics of environmentalists, shale gas is shaving energy bills for an increasing number of customers. And the savings are huge.

Reflecting improving technology and significant increases in supply, in some places, prices have fallen by almost half in three years. As the industry expands, expect to hear even more positive news.

Justice system failure

Michael Plumadore, a 39-year-old, is another example of how the Florida system of so-called justice is a colossal mess. Living in a trailer park in Fort Wayne, Ind., Mr. Plumadore has admitted to killing and using a chain saw to cut up the remains of a 9-year-old girl.

This despicable murderer had a criminal record here for assault and trespassing. The Florida legal system allowed him to walk free with disastrous results. It's time for reform.

THIS WEEK'S LUCKY BUMPER STICKER VEHICLE

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Voted #1 Community Newspaper in America in 2005, 2006, 2007.
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CIRCULATION AUDIT BY
CIRCULATION VERIFICATION COUNCIL

Native American discrimination?

We are entering 2012 and the group most discriminated against is Native Americans. Everybody is worried about where they are from and what continent they were born on, but the truth is, the most discriminated group is the group who was here before everyone.

The Indian people need to get their land back and everyone else needs to stop thinking it's theirs. Go back to where you came from. You brought poverty and crime. Give the land back to who deserves it.

More ways to conserve

I'd like to give a couple more ideas on how to conserve water.

I keep water in the refrigerator so I don't have to wait for the tap water to get cold, and I turn the faucet under the sink in the bathroom to low, so I don't waste water when I brush my teeth.

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Don't rely on fine print in car ads to make purchase

Earl Stewart is the owner and general manager of Earl Stewart Toyota in North Palm Beach. The dealership is located at 1215 N. Federal Highway in Lake Park. Contact him at www.earlstewarttoyota.com, call (561) 358-1474, fax (561) 658-0746 or e-mail earls@earlstewarttoyota.com.

Listen to him on Seaview AM 960 and 95.9, which can be streamed at www.seaviewam960.com every Saturday morning between 9 a.m. and 10 a.m.

ON CARS

EARL STEWART



This column originally appeared March 4, 2011.

There ought to be a law against advertising any product, especially cars, while concealing information in the fine print, which completely negates the material facts

Complimentary Portfolio Review



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advertised in the bold print, especially price.

Electronic media ads are the worst offenders. The way the fine-print disclosure is shown on TV is a joke. It's literally impossible to read the fine print due to the blurred, small size and the very short length of the time it's displayed.

Radio fine print is equally ludicrous. It's often read at high speed, like an auctioneer on amphetamines, at a very low volume and often at the beginning of the commercial so listeners don't even know it's part of the advertisement.

What do our lawmakers and regulators think when they see these TV ads and listen to the radio ads? The lawmakers either don't care that misleading ads are routinely deceiving the public or they've been paid off by industry lobbyist to look the other way.

For purposes of this article, I had to choose a print ad because, like you, I can't decipher the fine print in radio or TV ads. I chose this ad at random from lots of car dealer ads in the Palm Beach Post and the Fort Lauderdale Sun Sentinel on Saturday, Feb. 26. This particular ad ran in both of these newspapers. It's not the most deceptive ad, not the least, just a typical South Florida newspaper car ad with important facts hidden from the reader by putting them in the fine print.

You can view the ad for yourself by clicking on www.AnatomyOfACarAd.com. You will see the ad as whole and a blow-up of the fine print so you can read it. What follows is an explanation of how the fine print would affect your decision to purchase if you were to read and understand what you read.

Prices plus tax, tag, title, dealer installed options.

All of the advertised prices are understated by accessories (options) that the dealer has chosen to add to the advertised car. These are typically low-cost items to the dealer that are marked up to you, the customer, by a huge margin. Examples are pin stripes, nitrogen in tires, glass etch, window tint, door edge.

Dealer not responsible for typographical errors or omissions. Vehicle art for illustration only. Optional equipment or varying model may be shown.

This essentially says that you cannot hold the dealer to anything you read or see pictured in the advertisement. He can say that the price was a "mistake" and that the truck with the luxury wheels and sunroof was "for illustrative purposes only."

Offers not in conjunction. Other restrictions apply. See dealer for complete details.

If the dealer advertised 0 percent financing and no down payment, you can't get both. "Other restrictions" means that just in case the dealer didn't cover everything in the fine print there may be "other restrictions" that he can bring up later. When you come in to buy that new car or truck,

See STEWART, A9

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Hospice VP becomes certified in hospice, palliative care

For Hometown News
newsp@hometownnewsol.com

TREASURE COAST — Karen Ritchie, vice president of Hospice, has become a certified hospice and palliative care administrator recognized by the National Board for Certification of Hospice and Palliative Nurses.

To earn the CHPCA credential, Ms. Ritchie was tested on her competency of eight different fields of hospice and palliative care administration including leadership, fiscal

management and operations.

"We are very proud of Karen. She is raising the bar on the quality of leadership in our healthcare community. With her advanced certification, the VNA will be able to foresee and plan for advances in improving the healthcare experience for our patients and their families," said Joyce Baldrica, president and CEO of the VNA.

In June, Ms. Ritchie became the vice president of Hospice for the VNA. In this position, she is responsible for the management and direction of

all aspects of the VNA's hospice program. This includes focus on quality patient care, overseeing all aspect of the VNA Hospice House and supervising all hospice services and programs such as bereavement and caregiver support groups, Camp Chrysalis bereavement day camp and ceremony of remembrance events.

Ms. Ritchie's knowledge of hospice and palliative care also stems from her 14-year career within the healthcare field.

She has served as the director of patient care with the hospice of Lancaster County in Lancaster, Pa., where she was responsible for all direct patient care operations from referrals and admissions through inpatient and home hospice.

She also worked as the Martin County division director at the Treasure Coast Hospice in Stuart, where she provided leadership, program development and patient-centered care to the staff and management team.

Stewart

From page A8

he'll give you those details.

We will beat any local, valid, printed advertisement from another authorized Dodge, Chrysler or Jeep dealer within the SE Business Center Zone on any new identically equipped in stock vehicle. If we fail to beat the price we will give you \$1,000. Customer must present competitor's ad at the time of purchase and supply accurate VIN number, competitor's ad must be dated same day as

the customers purchase excluding tax, tag, title, dealer-installed options. If we beat the competitor's price you must buy the vehicle from Arrigo. Dealer reserves the right to purchase the vehicle from other dealer.

The price guarantee doesn't apply to "dealer-installed options," which represent thousand(s) in profit to the dealer. The dealer reserves the right to purchase the exact car from his competitor. There's zero chance that his competitor will sell him that car, lose the sale and give it to his competition.

\$3,000 cash or trade equity due at signing.

This means that the price or lease payment you came in on requires you to give the dealer \$3,000.

Qualified customers with a minimum 750 credit score.

Most people don't have that good a credit score and will be asked to make higher payments and/or put down a larger down payment.

The bottom line is that you should never buy a car in response to an advertisement. The deck is stacked against you and you can't win the game.

The only way to get a

good price on a new or used car is to first decide on the exact year, make and model and which options you want and compare prices with at least three dealers. Do the same for your trade in and financing.

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College to offer insurance courses

For Hometown News
NewsFP@hometownnewsol.com

TREASURE COAST — Indian River State College will offer several pre-licensing courses in the insurance and real estate fields.

Property and casualty for pre-licensing is designed for individuals who are interested in obtaining a Florida property and casualty sales license.

Topics include: auto, fire, liability, workmen's

compensation and more.

The class will be offered on Monday, Wednesday and Friday evenings from Jan. 18 through April 30.

The role of life and health insurance in meeting economic security needs, and types of annuities are explored in life, health and variable annuities, which will be offered as weekend course on the weekends of Feb. 10, 17 and 24. The course registration number is 165325.

A course in real estate, principles, practices and

law, focuses on the theoretical, practical and legal aspects of real estate for pre-licensing for sales associates. It will be held on Thursday evenings from Jan. 12 to April 26.

All three courses are held at the IRSC main campus in Fort Pierce.

Registration may be completed online at www.irsc.edu at any time and at the nearest IRSC campus beginning Jan. 3.

For more information, call (866) 792-4722 beginning Jan. 3.

Question

From page A6

explained away. Austin sent me a text. That's right. Austin texted me. Let me back up.

Friday night, Dec. 23 Elaine and I were sitting on the back patio, watching TV and talking. Most evenings, at the end of the day, Elaine gets upset. She misses our son. She can look up to see his bedroom door where he would come out and lean over the railing to ask us a question or tell her he loved her. She was upset.

We talked about him for a few minutes and I tried to make her feel better. I then set my phone down on the patio table and went inside to get something out of our

room. Inside the bedroom I continued to talk to Austin.

"Son, we love you. We wish you were here with us. Austin, you have to let your mom know you are OK. Come to her, do something, please just let her know you are OK."

I went back out to the patio and noticed the phone flashing that I had a message. I clicked on the message and saw that there was an attachment. I didn't recognize the number so I asked, "Elaine, do you know this number? (772) 559-2567."

She said, "That sounds so familiar" she paused, squinting her eyes as she dug deep in her brain for the owner of that number. Then she looked at me and said, "Steve, that is Austin's number."

What? What? Austin's number? Austin's phone has not had service for five months, his phone is in a zip bag under the counter. How could that be Austin's number?

There is a ton of strange things surrounding this miracle. The fact that it was sent to my email but never went to our email server, only my phone was one of them. I could not open the attachment on my phone so

I had to forward it to my email. I went inside to open the attachment on our computer.

Opening this attachment has changed our life and our outlook on the never-ending question, is there life after death?

I opened the attachment and was shocked to see that it was a picture of Austin's grandpa. His grandfather passed away last Dec. 23, one year to the day. This picture was pulled up attached to a "photo gallery" that resides on our computer. I clicked on the arrow to see the next picture. It was Austin. Nearly every other picture on this photo gallery was a picture of Austin, back when everything was OK. He let his mother know that he was OK, he let us know he was with grandpa.

Actually, the photo shows you what we first saw when the message came to the phone, 9:01p "772559...FW:IMGOO." Was he telling us...I am good?

Just for the record, I went to the ATT store to see how this could have possibly happen. According to them, it couldn't. There is no service to that number. No one else has that number. That number does not exist, at least not in this world.

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Obituaries

Edward Joseph Seroni Jr.

Edward Joseph Seroni Jr., 81, of Palm City, died, Dec. 20, 2011.

He was born in New York and lived in Palm City for 10 years.

He served in the Army during the Korean War.

He attended Holy Redeemer Catholic Church.

He is survived by his wife of 52 years, Marie and a sister, Eleanor.

Arrangements by Forest Hills Funeral Homes Palm City Chapel.

Rodney Charles

Rodney Charles, 70, of Indiantown, died Dec. 21, 2011.

He was born in Miami and lived in Indiantown for 31 years.

He was a deputy sheriff for the Palm Beach County Sheriff's Department.

He was preceded in death by his parents, James and Mary and brother, Thomas.

He is survived by his wife of 52 years, Judith; two daughters, Susan and Sandra (Charles); four sons,

James, Clay, William and Darrell; two sisters, Carol and Bonnie; a brother, William; 12 grandchildren and three great-grandchildren.

Arrangements by All County Funeral Home & Crematory Treasure Coast Chapel.

David V. Merriman

David V. Merriman, 63, of Port Salerno, died Dec. 16, 2011.

He was born in Rock Island, Ill., and was in Port Salerno for 38 years.

He was preceded in death by his father, Edward; two brothers, Edward and Dean and two sons, Adrian and James.

He is survived by his wife of 45 years, Sharon; his mother, Carolyn; a brother, Timothy and one grandchild.

Arrangements by All County Funeral Home & Crematory Treasure Coast Chapel.

Violet Anderson Hayden

Violet Anderson Hayden,

92, of Stuart, died Dec. 21, 2011.

She was born in Hammond, Ind., and lived in Stuart for 15 years.

She was preceded in death by her parents, David and Esther.

She is survived by a daughter, Becki; a son, Stanley; two grandchildren and four great-grandchildren.

Arrangements by All County Funeral Home & Crematory Treasure Coast Chapel.

Andrew J. Filocamo

Andrew J. Filocamo, 88, of Jensen Beach, died Dec. 23, 2011.

He was born in Dorchester, Mass., and moved to Jensen Beach 20 years ago.

He served in the U.S. Army during World War II.

He was preceded in death by his grandson, Anthony.

He is survived by his wife of 58 years, Lois; two daughters, Kimberly and Andrea; two sons, Gary and Drew and six grandchildren.

Arrangements by All County Funeral Home & Crematory Treasure Coast Chapel.



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Religion notes

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Love and Hope in Action

Free lunch served to the homeless and very needy each weekday from noon-4 pm along with encouragement, activities and a smile; held at 1760 S.E. Salerno Road, the former Egret Pond property just west of the Salerno Road/Willoughby intersection on the left side. On Saturday, a light breakfast is provided at 10 a.m., gospel music and service at noon, followed by lunch at 1 p.m. Free clothes distributed for the homeless and very needy as well as a food pantry from 1:30-3 p.m. Volunteers are welcome.

For more information, call (772) 781-7002 during these hours, or (772) 209-2532 after hours.

Chabad Jewish Center

Services take place Friday evenings and Saturday mornings. Hebrew school, camp, educational programs and family activities are also offered.

The center is located at 2809 S.W. Sunset Trail, Palm City. Visit www.chabadmfl.com or call (772) 288-0606 for more information.

Christian Business Fellowship

Join the Christian Business Fellowship of Martin County, for a luncheon on the third Thursday of each month, at the Elliott Room of the Ramada Inn at 1200 S.E. Federal Highway, Stuart, from 11:30 a.m.- 1 p.m. Enjoy an inspirational, educational & motivational message, plus opportunities for networking and prizes.

First Baptist Church of Stuart

Nick Bennett and his wife, Nancy, released a new CD of their favorite hymns and gospel songs. Mr. Bennett is minister of senior adults and served as minister of music for 18 years.

"Legacy" is available at The Christian Bookstore or by e-mailing nicnan381@comcast.net or by calling (772) 486-2787.

In His Love Church & Ministries

Sunday services are held 10:30 a.m. and 7 p.m. at Hobe Sound Community Center, 8980 Olympus Ave., Hobe Sound. Free Bibles are available at the 10:30 a.m. Sunday service.

For additional information, call the church office at (772) 545-9778.

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Waterfront restaurant continues tradition of delicious, inspired food

By Samantha Joseph
sjoseph@hometownnewsol.com

MARTIN COUNTY —

"Gorgeous" is the perfect word to describe the citrus-and-saffron-finished, incredibly flavorful and unbelievably hearty seafood paella at Manatee Island Bar & Grill.

Plump shrimp, giant lobster claw meat, mussels and clams crown this feast, flavored with chorizo sausage and a tomato broth with vegetables and rice.

It's the latest example of how Manatee Island Bar & Grill has lived up to its reputation of serving great food that's fresh, inspired and always interesting.

Located on the Manatee Pocket in Port Salerno, the

restaurant's menu features a slew of fun and original offerings.

Its margarita mussels, for instance, is the waterfront spot's homage to the frozen cocktail and the seafood favorite.

Chef Scott Enterline's creation uses Prince Edward Island mussels sautéed in tomatoes, garlic, shallots and cilantro in tequila, triple sec liqueur and key-lime juice, a combination one reviewer hailed as "divine."

"A single taste of this dish will whisk you off to a far-away palm tree and sandy beach destination," the proprietors promise, and it does.

Its herb-seared grouper is a sophisticated dish, made



At Manatee Island Bar & Grill, the food is fresh and interesting. Owner Paul Gonnella serves up a boneless wings appetizer.

with the fresh, dense and flaky fish. The grouper is lightly breaded and sautéed with tomatoes, shallots, leeks, garlic and herbs in a white wine sauce for an entrée that is perfectly finished and balanced.

Restaurateurs Michael Politano and Paul Gonnella rely on the creativity of their

chef, who worked at Mr. Gonnella's boutique hotel on Nantucket Island for about eight years and had access to premium ingredients and specialty foods.

"I try to craft dishes and put my own twist on it," said Mr. Enterline, who's worked as a chef since 1988.

At Manatee Island Grill,

the crab cakes alone would more than make the trip worthwhile. They're light and delicious, with very little filler and an island remoulade sauce that's perfectly spiced, but not overbearing.

Several of the dishes are served family style in a large

See MANATEE, B3



STAR SCOPES

James Tucker

Week of 1-6-2012

Aries-March 21-April 19

Count your blessings. This is a New Year. The past one has given both challenges and blessings. This year will be better with the rewards outweighing the challenges. Make an accounting on a regular basis about how much good is coming your way and you will increase the odds of success.

Taurus-April 20-May 20

Making wise decisions based on your instincts will keep you focused on the main issues that need to be addressed. You are at your best when you follow your heart not the head. Stay firm in your basic beliefs. Others around you may not always agree, but they will respect you for your firm resolve.

Gemini-May 21-June 21

You are a creative, free spirit. Use your powerful gift of communicating when life gets sticky or begins to slow down. Be sure to make quality time for yourself each week and keep your mental batteries charged. The beginning of the year is no time to start feeling burned out. Strong concentration on your main objectives will bring positive results.

Cancer-June 22-July 22

This will be a good year for you. You are more relaxed, your mind is clear, your heart is open and your visions are strong. This balanced life will help you expand your goals and help them grow earlier than usual. It's good to see you taking better care of yourself.

Leo-July 23-Aug. 22

You have the power of positive influence like few others. Why? Because of your fiery nature. You get a good idea and you put it into action. Two thousand eleven will be a year of continued action and many new adventures.

See SCOPES, B3

Out & about

SPECIAL EVENTS

SATURDAY, JAN. 7

• **Brown bag lecture** on rain barrels, will take place at 12 p.m. at Oxbow Eco-Center, 5400 St. James Blvd., in Port St. Lucie. For more information, call (772) 785-5833 or visit www.oxboweco.com.

• **Rain-barrel workshop** will be held at 1 p.m. at Oxbow Eco-Center, 5400 St. James Blvd. in Port St. Lucie. Cost is \$45 and includes all supplies. Preregistration is required. All participants must be registered by Dec. 29. Visit <http://stlucie.ifas.ufl.edu> to sign up.

THURSDAY, JAN. 12

• **Swamp tales** will be held

at 3:45 p.m. at Oxbow Eco-Center, 5400 St. James Blvd. in Port St. Lucie. It's a "novel" adventure with storyteller Miss Kitty. Appropriate for ages 3 to 6, and free. For more information, call (772) 785-5833 or visit www.oxboweco.com.

FRIDAY, JAN. 13

• **Get off the couch** and dance fundraiser social will be held from 7-10 p.m. at the Walton Community Center, 11090 Ridge Ave., Port St. Lucie. Cost is \$7. For more information, email htmoais@aol.com.

• **Port St. Lucie City Fest** will be held from 5:30 p.m. to 8:30 p.m. in the Village Square at the Port St. Lucie Civic Center, 9221 S.E. Civic Center Place in Port St. Lucie. It offers a free concert, music, food,

WEDNESDAY, JAN. 14

• **Train show expo and sale**, 9 a.m.- 3 p.m. at the Martin County fairgrounds, 2616 Dixie highway, Stuart. Eight train layouts, door prizes and many exhibits. Admission \$12. Kids 12 and under, free. For more information, visit www.martincountymodelrailroaders.com.

• **Havana Nights** will be held at the Port St. Lucie Civic Center, 9221 S.E. Civic Center Place in Port St. Lucie. Dance the night away to Latin sensations. For more information, call (772) 807-4488.

• **Free guided hikes** will be held at 9 a.m. at Oxbow Eco-Center, 5400 St. James Blvd. in

Port St. Lucie. For more information, call (772) 785-5833.

• **Nature for families** will feature Oxbow Kids Superhero Club, at 10:30 a.m. at Oxbow Eco-Center, 5400 St. James Blvd. in Port St. Lucie. For ages 7 and up. Cost is \$12. For more information, call (772) 785-5833 or go to www.oxboweco.com.

• **Nautical Flea Market** at Port St. Lucie Botanical Gardens, from 8 p.m.- 2 p.m. Boating and fishing gear, food and free admission. For more information, call (772) 233-8884 or visit www.pslanders.com.

• **Dancing with the Big Band** will start at 6 p.m. at the Port St. Lucie Civic Center, 9221 S.E. Civic Center Place in

TUESDAY, JAN. 17

• **Dancing with the Big Band** will start at 6 p.m. at the Port St. Lucie Civic Center, 9221 S.E. Civic Center Place in

Port St. Lucie. The Ambassadors of Swing will perform. For more information, call (772) 807-4488.

WEDNESDAY, JAN. 18

• **Murder mystery theater** will be held at the Port St. Lucie Civic Center Place in Port St. Lucie. Enjoy a four-course dinner, while keeping track of clues to solve a mystery. For more information, call (772) 807-4488.

Bars and clubs

FRIDAY, JAN. 6

• **Cobb's Landing**, 200 N. Indian River Drive, Fort Pierce, Alex Kash, 6-10 p.m. (772)

See OUT, B2

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DINING & ENTERTAINMENT

Musical to be presented by nonprofit

For Hometown News
NewsFP@hometownnewsol.com

MARTIN COUNTY —

Come sing along with your favorite artists and reminiscence about the 70s and 80s as The Arc of Martin County hosts "Memory Lane: A Blast from the Past."

The event will include live performances and impersonations of Neil Diamond, Willie Nelson, Sonny and Cher, Frank Sinatra, The Blues Brothers, Elvis Presley and more.

Tickets cost \$20. The show will be held on Sunday, Feb. 12 from 7-9 p.m. at The Grace Place.

The ARC of Martin County provides supports and assistance to children and adults with a multitude of various challenges, including: intellectual disabilities, autism, Down syndrome, cerebral palsy, spina bifida, epilepsy and other related developmental disabilities.

The ARC's mission is to empower children and adults with developmental

disabilities to achieve their fullest potential through residential, vocational, educational, behavioral and other healthcare services.

It also operates eight community based homes in the area. These homes provide food and shelter for individuals with disabilities 365 days a year.

The homes are staffed 24-hours a day, seven days a week, to meet each individual's specific and unique needs and offers a variety of therapies, trainings and

counseling in order to bring the greatest degree of independence for the individual.

People with disabilities and their families rely on the ARC to help them realize and achieve their hopes and dreams, but they also look to the ARC to help them in times of crisis.

All proceeds from the event will benefit children and adults with disabilities assisted and supported by the ARC of Martin County.

For tickets, call (772) 283-2525 or (772) 528-4074.

Mall to host business expo on Jan. 21

For Hometown News
NewsFP@hometownnewsol.com

MARTIN COUTNY —

Treasure Coast Square in Jensen Beach invites local businesses and organizations

to showcase their goods and services as part of its "New Year, New You" expo on Jan. 21 from 11 a.m.-4 p.m.

Vendors with products and services that encourage

physical and financial well-being, and businesses looking to reach a wide variety of consumers, are invited to participate in this expo to celebrate the beginning of 2012.

Vendor space is available for local businesses looking to get involved.

For more information on vendor opportunities, call (772) 692-9401 or visit www.simon.com.

Nonprofit to host book sale this month

For Hometown News
NewsFP@hometownnewsol.com

MARTIN COUTNY —

Looking for literary treasures? Come visit Molly's House, a hospital hospitality

house from Jan. 12-14, from 10 a.m. to 3 p.m. to shop a book sale.

Proceeds benefit the Molly's House adopt-a-family program that subsidizes room costs for adult and

children patients and their families experiencing a medical crisis on the Treasure Coast.

Paperback books will be sold for 25 cents each and hardcover books will be sold

for 50 cents each.

Molly's House is located at 430 S.E. Osceola St., Stuart. For more information, call (772) 223-6659 or visit www.MollysHouse.org.

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LOOK FOR OUR NEW 2012 MENU

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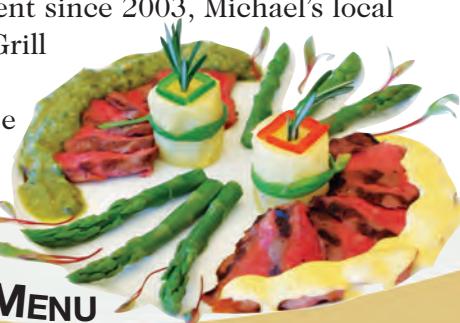
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TASTE the difference with our new menu! Presenting our new Executive Chef Michael Stanchek and front of the house manager, Sean Conklin. Michael is a classically trained French Chef, whose training hails from New Orleans, L.A. Having been a Florida resident since 2003, Michael's local resume includes The Medalist, Jonathan's Landing, Country and Grill and now, Taste! Sean has been at Taste for several years, initially as a server, and has worked his way up to be the front of the house manager. Open for lunch and dinner, Taste is Hobe Sound's Best Kept Secret!

LOOK FOR OUR NEW 2012 MENU

Out

From page B1

460-9014.

• **Conchy Joe's Seafood**, 3945 N.E. Indian River Drive, Jensen Beach, Reggae by Rainfall, 8 p.m. to midnight. (772) 334-1130.

• **Crawdaddy's**, 1949 N.E. Jensen Beach Blvd., Jensen Beach, Call for performers. 8 p.m.-midnight. (772) 225-3444.

• **Finz Waterfront Grille**, 4290 S.E. Salerno Road, Port Salerno. July 15, Matt Manning and the Revelers, 9 p.m. to midnight. (772) 283-1929.

• **Hutchinson Island Marriott Resort Tiki Bar**, 555 N.E. Ocean Blvd., Hutchinson Island, (772) 225-3700.

• **Manatee Island Bar & Grill**, 4817 S.E. Dixie Highway, Port Salerno. Robbie Bullard, 8 p.m. (772) 872-7288.

• **The Original Tiki Bar & Restaurant**, 2 Ave. A, Fort Pierce, Live Music 5-9 p.m. (772) 461-0880.

• **Pirate's Loft**, 4307 S.E. Bayview St., Stuart. OPM, 8:30 p.m.-12:30 a.m. (772) 223-5048.

• **Rinelli's Yellow Tail**. Live music, 101 Second Street, Fort Pierce. (772) 466-5474.

• **Tradewinds Restaurant & Lounge**, Captain Ron, 6:30-9:30 p.m. (772) 621-0822.

• **Tropical Jerk Restaurant**. Enjoy live reggae music from 6-9 p.m. 722 S U.S. 1, Fort Pierce. (772) 466-5517.

SATURDAY, JAN. 7

• **Bogey's & Stogey's**, 1032 S.E. Port St. Lucie Blvd., Port St.

See OUT, B4

EXPERIENCE OLD FLORIDA CHARM AND HOSPITALITY

WATERFRONT RESTAURANT HOTEL & BAR

JANUARY 2012 ~ MUSIC & SPECIALS

MON	TUES	WED	THURS	FRI 8PM-11PM	FRI 8:30PM-12AM	SAT 8:30PM-12AM	SUN
MONDAY NIGHT FOOTBALL \$12.00 BEER & WING SPECIAL	\$2.50 Domestic BEERS ALL DAY	BOOBLE Happy Hour 3-6 PM 8-10 PM	The Nouveaux Honkies	THE PARTY DOGS	6 BIG VINCE and the Phatt Cats	7 "ALL DAY" SUNDAYS \$14.00	
			The Nouveaux Honkies	OPM	13 ZEN	14	
			The Nouveaux Honkies	THE HOT RODS BAND	20 ROCKSLIDE	21	
			The Nouveaux Honkies	The Nouveaux Honkies	27 OPM	28	
			The Nouveaux Honkies	Happy New Year!	From All of us at PIRATE'S COVE		

HAPPY HOUR 7 Days a Week!

Mon-Fri 3-6PM • Sat-Sun 1-4PM \$1.00 off ALL Cocktails

LIVE MUSIC at the TIKI NOW OPEN AT NOON ON THE WEEKENDS Fridays Rich Lyons 8pm-12am Saturdays Jason Montero 8pm-1pm

JANUARY 2012 ~ Music & Specials TIKI PIRATE BAR

MON	TUES	WED	THURS	FRI 7PM-10PM	SAT 7PM-10PM	SUN
MONDAY NIGHT FOOTBALL \$12.00 BEER & WING SPECIAL	\$2.50 Domestic BEERS ALL DAY	BOOBLE Happy Hour 3-6 PM 8-10 PM	\$1.00 Coors Light BOTTLES 5pm-6pm	Rich Lyons	6 Jason Montero	3 "ALL DAY" SUNDAYS \$14.00
			\$1.00 Coors Light BOTTLES 5pm-6pm	Rich Lyons	13 Jason Montero	10
			\$1.00 Coors Light BOTTLES 5pm-6pm	Rich Lyons	17 Jason Montero	17
			\$1.00 Coors Light BOTTLES 5pm-6pm	Rich Lyons	24 Jason Montero	24
			\$1.00 Coors Light BOTTLES 5pm-6pm	Happy New Year!	From All of us at PIRATE'S COVE	

HAPPY HOUR 7 Days a Week!

Mon-Fri 3-6PM • Sat-Sun 1-4PM \$1.00 off ALL Cocktails

LIVE MUSIC at the TIKI FRIDAY-SATURDAY NOW OPEN AT NOON ON THE WEEKENDS



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eastoeceanbistro.net

DINING & ENTERTAINMENT**Manatee**

From page B1

bowl with two spoons and enough food for at least two people.

Many of its seafood dinners, including the incredible paella, are also moderately priced and served for two, with a couple dining for between \$24 and \$29.

At lunch on weekdays, the restaurant serves six spe-

cials priced at \$6 each, and on any day, nothing on the menu costs more than \$23.

Each night, the chef presents new specials, including a fresh catch of the day.

Manatee Island Grill is also gaining a reputation for its mouth-watering desserts.

The newest sensation has been its parade of crème brûlée treats, featuring a new flavor each week.

The latest was a make-

room-for-dessert French

toast variation, which was another nod to the restauran-

t's spirit of fun and crea-

tivity.

And as if its food weren't

reason enough to visit often,

the restaurant offers daily

entertainment, along with

indoor, outdoor and open-

air dining at its tiki bar.

It offers live music from

Wednesday to Sunday,

karaoke on Tuesday and

trivia on Monday.

"We consider ourselves

casual seafood, comfortable

in any attire from shirt and tie to baggies and flip-flops," said Mr. Gonnella.

Manatee Island Bar & Grill is located at 4817 S.E. Dixie Highway, Stuart. It opens daily from 11:30 a.m. to 10 p.m., with a late night bar menu until midnight.

The restaurant also offers 150 feet of docking space for patrons who arrive by boat.

For more information, call

(772) 872-7288.

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(On the Indian River, just north of the Jensen Causeway)

life, not a spectator. The greatest is your open heart to receive and give love.

Sagittarius-Nov. 22-Dec. 21

Where do you get all the energy? You amaze your friends. You have a never-ending supply of determination. You know what you want. You usually get what you desire. The key for stamina is to pace yourself. Make a list of your top priorities every day, and take care of the most important ones first.

Capricorn-Dec. 22-Jan. 19

You have a rare universal blessing. This gives you a highly-focused mirror into your own inner universe. The greatest thing you could do would be to meditate every day and listen closely to this rare guidance. Then, take action to create a great reality in the days and months ahead.

Aquarius-Jan. 20-Feb. 18

Few can keep up with you at the beginning of the year. Your sign is coming up next. The anticipation and joy of achievement is the fuel that fires your soul. The timing is perfect to launch your new projects. Your hard work has paid off.

Pisces-Feb. 19-March 20

It is time to show gratitude

every day. Say this out loud every day: "I am continually fed by the unlimited good in the universe. I am thankful for my many friends who bring me great joy and love. I see good in everyone I meet. I am thankful when they see it in me."

Contact James Tucker at jtuckxyz@aol.com. Have a starry week, everybody.



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&

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DINING & ENTERTAINMENT

Auction makes big difference**For Hometown News**

NewsFP@hometownnewsol.com

TREASURE COAST — Nancy Kratzer and Tony Fitzgerald from Vero Beach Auction made an impact on the lives of local children at the annual Big Brothers Big Sisters of Palm Beach and Martin counties Santa Claus Open golf tournament on Dec. 9, hosted by Hobie Sound Golf Club.

Ms. Kratzer and Mr. Fitzgerald opened their hearts and wallets for the children.

They didn't purchase the lovely jewelry, which they donated for the event, or a foursome at an outstanding golf course or even the trip to Vegas for

two, all of which were available at the auction.

Instead, Ms. Kratzer and Mr. Fitzgerald bid \$1,500 to purchase a stocking full of toys to donate to the children in Big Brothers Big Sisters.

"Ms. Kratzer's and Mr. Fitzgerald's generosity is inspiring," said

Bill Bee, BBBS president and CEO.

"We are blessed with such truly giving supporters, especially this time of year. Those toys will help dozens of children enjoy the holiday season."

"It is our pleasure to support such an important cause," said Mr. Fitzgerald.

"Especially during the holidays, it is important

to help the children in our community. Big Brothers Big Sisters does so much for these kids, and I am proud to be a part of their impact this holiday season."

Ms. Kratzer and Mr. Fitzgerald are longtime supporters of Big Brothers Big Sisters. They have given jewelry and gifts for auction items, participated in events and donated to the agency for more than five years.

Ms. Kratzer and Mr. Fitzgerald own and operate Vero Beach Auction in Vero Beach Florida.

For more information on Vero Beach Auction, visit www.verobeachauction.com.

Out

From page B2

Lucie. Call for performers. (772) 337-7778.

- **Café Crème**, 1068 S.E. Port St. Lucie Blvd., Port St. Lucie, 6-8:30 p.m. (772) 337-2111.

- **Conchy Joe's Seafood**, 3945 N.E. Indian River Drive, Jensen Beach, Reggae by Rainfall, 8 p.m. to midnight. (772) 334-1130.

- **Crawdaddy's**, 1949 N.E. Jensen Beach Blvd., Jensen Beach, Call for performers, 7:30-11:30 p.m. (772) 225-3444.

- **Courtyard Marriot in Jensen Beach**, 10978 S Ocean Drive, Jensen Beach. Capt. Ron will be Poolside from 4-8 p.m. (772) 229-1000.

- **Finz Waterfront Grille**, 4290 S.E. Salerno Road, Port Salerno. July 16, The Hot Rods Band, 9 p.m.-midnight. (772) 283-1929.

- **Kings Head Pub**, 2838 S.W. Port St. Lucie Blvd. Call for per-

formers. (772) 340-1223.

- **The Original Tiki Bar & Restaurant**, 2 Ave. A, Fort Pierce, live music 5-9 p.m. (772) 461-0880.

- **Manatee Island Bar & Grill**, 4817 S.E. Dixie Highway, Port Salerno. Jason Montero, 8 p.m. (772) 872-7288.

- **Pirate's Loft**, 4307 S.E. Bayview St., Stuart. Move the Dog Band, 8:30 p.m. - 12:30 a.m. (772) 223-5048.

- **Rinelli's Yellow Tail**. Live music 101 Second Street, Fort Pierce. (772) 466-5474.

SUNDAY, JAN. 8

- **Cobb's Landing**, 200 N. Indian River Drive, Fort Pierce, Matrix, 4-8 p.m. (772) 460-9014.

- **Conchy Joe's Seafood**, 3945 N.E. Indian River Drive, Jensen Beach. Reggae by Rainfall, 7-10 p.m. (772) 334-1130.

- **Finz Waterfront Grille**, 4290 S.E. Salerno Road, Port Salerno, July 17, The Shakers, 4-8 p.m. on the Tiki Deck. (772) 283-1929.

- **Manatee Island Bar & Grill**, 4817 S.E. Dixie Highway, Port Salerno. Floridian Band at the Tiki Bar, 3 p.m. (772) 872-7288.

- **Pirate's Loft**, 4307 S.E. Bayview St., Stuart, Reggae with Frenz, 2-6 p.m. (772) 223-5048.

- **Rinelli's Yellow Tail**, free wine tasting 6-7:30 p.m. Exclusive "on-premise" wines available. Dinner for two and a select bottle of wine, \$35. 101 Second St., Fort Pierce. (772) 466-5474.

- **Sonny's Real Pit Barbeque**, 10180 South U.S. 1, Port St. Lucie. 5-9 p.m. Child eats free with adult entree. Bingo, prizes, games trivia, face painting and music with AJ the DJ.

- **Thirsty Turtle**, 2825 S.W. Port St. Lucie Blvd., Port St. Lucie. Davee Bryan, 7:45-11 p.m. (772) 344-7774.

WEDNESDAY, JAN. 11

- **Finz Waterfront Grille**, 4290 S.E. Salerno Road, Port Salerno. Every Wednesday, open mic night, 8:30-11:30 p.m. (772) 283-1929.

- **Hutchinson Island Marriott Resort Tiki Bar**, 555 N.E. Ocean Blvd., Hutchinson Island. Call (772) 225-3700.

- **Mickey Finn's Comedy Night**, 269 Port St. Lucie Blvd., Port St. Lucie. 8 p.m., no cover. (772) 873-5522 for reservations.

- **Rinelli's Yellow Tail**, free wine tasting 6-7:30 p.m. Exclusive "on-premise" wines available. Dinner for two and a select bottle of wine, \$35. 101 Second St., Fort Pierce. (772) 466-5474.

- **Sonny's Real Pit Barbeque**, 10180 South U.S. 1, Port St. Lucie. 5-9 p.m. Child eats free with adult entree. Bingo, prizes, games trivia, face painting and music with AJ the DJ.

- **Thirsty Turtle**, 2825 S.W. Port St. Lucie Blvd., Port St. Lucie. Davee Bryan, 7:45-11 p.m. (772) 344-7774.

THURSDAY, JAN. 12

- **Archie's Seabreeze**, 401 S. Ocean Drive, Fort Pierce, jazz and steak night every Thursday, 7-10 p.m. (772) 460-3888.

- **Conchy Joe's Seafood**, 3945 N.E. Indian River Drive, Jensen Beach. The Nouveaux Honkies, 7-10 p.m. (772) 334-1130.

- **King's Head Pub**, 2838 SW Port St. Lucie Blvd. Hypnotist Rich Alexander. 8-9 p.m. Free admission. Call (772) 340-1223.

- **Dolphin Bar & Shrimp House**, 140 N.E. Indian River

See OUT, B5

Sunset Shrimp

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Buy one entrée \$4.99 and up & 2 beverages



Photo courtesy of Seacoast National Bank

Thelma Washington of Gertrude Walden Child Care Center, and Amber Garren and Suzanne Granfield of Seacoast National Bank help the children unload items for the center's supply closet.

Bank helps local families with supply drive

For Hometown News
NewsFP@hometownnewsol.com

MARTIN COUNTY — Seacoast National Bank associates came to the need of children and families of the Gertrude Walden Child-care Center in Stuart delivering much-needed supplies before Christmas.

The center's 102 children anxiously lined up for a turn to help unload an overflowing truck of diapers, toilet paper, detergent and other personal care items to restock the Center's supply

closet.

"We are seeing a shift in family needs," said Thelma Washington, director of the childcare center for 16 years.

"Food stamps don't buy personal items and many of our families need toilet paper, diapers and laundry detergent. The supply closet is a new concept for us and the donations came at just the right time. Our closet was almost empty."

The collection stemmed from a tour with Seacoast National Bank Treasure Coast President Tom Wilkin-

son and senior vice president/retail regional manager Eileen Hatt, at the childcare center. When told of the empty supply closet, Mr. Wilkinson saw an opportunity to help.

"I know our associates are some of the most generous people in our community and knew they would respond to the need," he said.

Seacoast associate Amber Garren sent out a company email and a call to action. In a mere three weeks, Seacoast associates had collect-

ed an overflowing truckload of items to be donated to the center.

"I had no idea this would be so great," said Ms. Washington.

"People like this, who come and help and make this come true, are wonderful people in our community."

Seacoast National Bank is the operating arm of Seacoast Banking Corporation of Florida.

For more information, visit SeacoastNational.com.

Out

From page B4

Drive, Jensen Beach. (772) 781-5236.

• **Finz Waterfront Grille**, 4290 S.E. Salerno Road, Port Salerno. Every Thursday, guitarist Darrell Gwinn, 5-8 p.m. (772) 283-1929

• **Dresa, Asian fusion**, U.S.1 and Kanner Highway, Stuart. Capt. Ron will perform from 7:30-10:30 p.m. (772) 288-6262.

• **Rinelli's Yellow Tail**, bike night in downtown Fort Pierce, 6-9 p.m. Music, prizes, 50/50, vendors. (772) 466-5474.

• **Sonny's Barbeque**, 3120 S.U.S. 1, Fort Pierce, family day, face painting, Music by AJ the DJ, bingo, games and trivia. 5-9 p.m. For more information, call (772) 468-9068.

• **Thirsty Turtle**, 2825 S.W. Port St. Lucie Blvd., Port St. Lucie, Davee Bryan, 7:45-11 p.m.

• **VFW Post 4194**, 2464 S.E. Veteran's Ave., Stuart. Live Big Band, dancing and snacks at intermission. \$5 admission, Door prize. Call (772) 220-0144.

ONGOING EVENTS

• A new green market will take place on the first Sunday of the month in Tequesta from noon-4 p.m. The market will be held at Constitution Park. There will be live music. For more information, visit www.teques-ta.org.

• **Karaoke nites** hosted by the Karaoke Kops at The Lyric's Flagler Center on the second and fourth Thursdays of the month at 6 and 10 p.m. Come sing with the Karaoke Kops (Stripling Entertainment). Choose from many karaoke songs including top 40, oldies, classic rock, Broadway to country. Perform in front of a video projection screen so the audience can see and sing along. Take part in singing, dancing or cheering for the performers while enjoying drink specials from the full bar. There will be prizes. The Flagler Center is located at 59 S.W. Flagler Ave., Stuart. For more information, call (772) 286-7827.

• **Jammin' Jensen** takes place every Thursday from 6-9 p.m., weather permitting, at downtown Jensen Beach. There's food, music and vendors. For more information, call (772) 334-3444.

• **Retro Swing** — Lindy Hop — West Coast Swing dance party is from 7:30-11 p.m. every Saturday at South Florida Swing Dance Productions, 881 N.E. Jensen Beach Blvd., in Jensen Beach. \$7 admission. For information, call (772) 334-2112.

• **Big Band music**, snacks, prizes at the VFW Hall, 2464 Veterans Ave., Stuart, from 7:30-10:30 p.m. Public welcome. Cost \$5. For more information, call (772) 220-0144.

• **Commodores Singles Club**. Dance to live music from the 1940s, '50s and '60s, from 7:30-10 p.m. every Sunday at the American Legion Hall, 3195

Savannah Road in Jensen Beach. Different band each month. Dress code prohibits beachwear, blue jeans or sneakers. Dress casual with men having a shirt with collar. There is no smoking and there is a bar. Free coffee, tea and refreshments are served. Donation is \$5 for members and \$8 for nonmembers. Call (772) 236-9449 or visit www.briteweb.com

treasures.com/commodore.htm for more information.

• **Senior activity center** in the Stuart area offers entertainment and activities for seniors. For more information, contact Zee Carter, onsite manager at the Log Cabin Senior Center in Langford Park, 2369 N.E. Dixie Highway, Jensen Beach, or call 236-9449 or visit OUT.B6

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Kelly Delprete
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Lunch 11:30am - 2:00pm
Sunday Brunch - 10:00am - 2:00pm**

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From page B5

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DINING & ENTERTAINMENT**Second memorial soccer event**

Former Martin County high school athletes Mallory Gillespie (University of Florida) and Kelsy Coty (Webber University) try to score on former Martin County High School football and soccer player Lyle Dankenbring (University of Central Florida) during the second annual Kyle Conrad memorial soccer game Wednesday Dec. 27 at Jensen Beach High School. Mr. Conrad was a Jensen Beach High School soccer standout who died in a tragic accident as a Lynn University student last December.

Photo courtesy of
Alli Langley

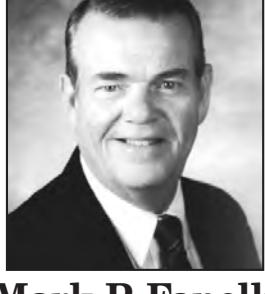
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Mitch Kloorfain/chief photographer

Kayla Conrad gets a hug from Patty Morris, the opposing team coach at the second annual Kyle Conrad memorial soccer game Wednesday Dec. 27 at Jensen Beach High School. Mr. Conrad was a Jensen Beach High School soccer standout who died in a tragic accident as a Lynn University student last December. Former teammates from high school and college traveled to Jensen Beach for the honor of playing in the annual game to raise money for his foundation for athletic scholarships. Kayla is Kyle's younger sister.

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Brushing up



Tiffany Stamps, 15, of Palm City practices her horse skills during a horse camp on holiday break at Choyce Acres in Palm City last week.

Photo courtesy of
Alli Langley

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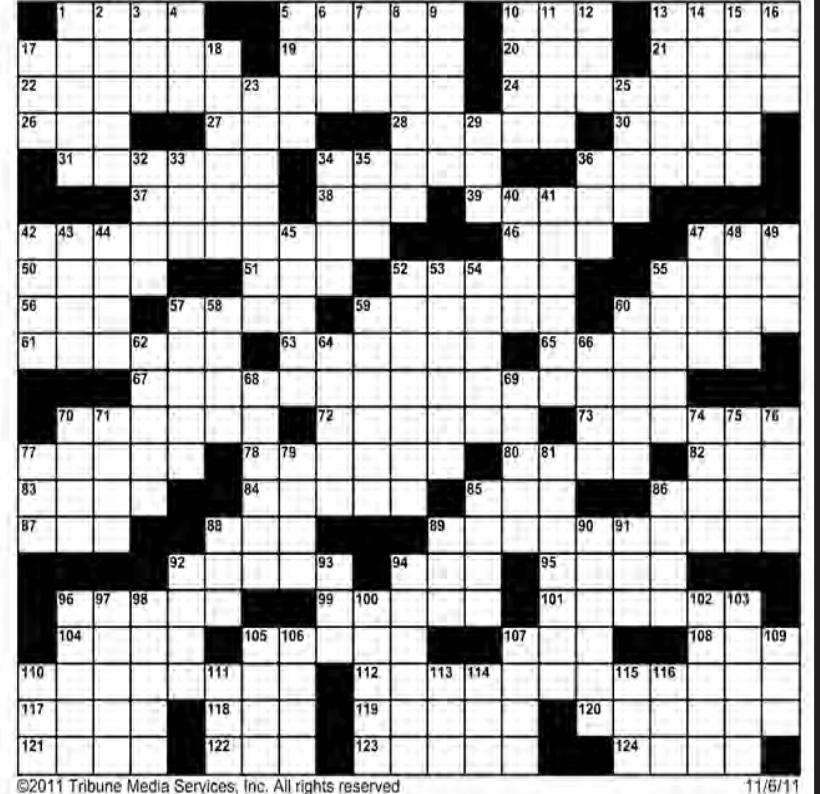
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Steady, Now

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Columnist makes predictions for coming golf season

Happy New Year everyone! I hope the holidays left you with pleasant memories and new-found promise for 2012.

For us, a successful year in golf may mean just getting out a few more times to play. It may mean a new set of irons or a trip to a course you've longed to play. Perhaps it means a career-best round or one with an old friend or relative. Whatever it is, I hope that you find it.

For the more famous people in golf, I have a few

predictions for 2012. While I am nowhere near as famous as Nostradamus, I hope I can be just a bit more accurate with my crystal ball.

With that, here are my top predictions for 2012.

In a move to increase his slipping chances of catching Jack Nicklaus, Tiger Woods petitions the powers-that-be at Augusta National to trim their invite list for The Masters to 18 players.

Seeing as Tiger's lone win in the last two years came at his own, limited-field event, he hopes the same-size field at Augusta will better his

GOLF
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odds of winning at put him that much closer to Jack's record for major wins.

Alas, despite protests by Al Sharpton and the Rev. Jessie Jackson outside Magnolia Lane, the Green Jackets will politely turn down Tiger's request. While Tiger will be in the hunt, it will be Jason Day who holds off Luke

Donald to slip on the coat come week's end. To which Tiger will comment sorely, "I wouldn't have even invited him."

At the U.S. Open, we will witness the most tightly packed leaderboard in decades. With the Olympic Club playing to a mere 7,060 yards, nearly the entire field will find themselves in the hunt.

Not having to hit long irons and fairway woods into concrete-hard greens will help the short hitters stay in contention. I look for a short-but-accurate player to win this major. We may even see someone from the Champions Tour hoist the cup by nightfall on Fathers Day.

On the flip side, I expect to see the youngest champion in history win a major on the ladies side of golf. Lexi Thompson will win a major this year and become the youngest woman to do so by nearly a year. That is if Yani Tseng cools off long enough for anyone other than her to win any tournament.

At the Open Championship, Sergio Garcia will finally get that giant gorilla off his back. He will claim his first major in style beating the hottest youngster in golf, Rory McIlroy and the man everyone thought he'd be rival to, Tiger Woods, in a playoff at Royal Lytham & St. Anne's.

For Garcia it will complete his career comeback that began with back-to-back wins on the European Tour late this past year. For Tiger, it will be his second near miss of the year, something that will begin to eat at him as the year progresses.

At the year's final major, we will see a shootout between no less than six 20-somethings. In the end, Rickie Fowler will triumph. At his press conference after the tournament, he will show up sans hat and with a new haircut.

I think we will see the demise of a fine man and golfer this year. Ernie Els' putting woes will continue and he will go from the belly

putter, to the long putter, to putting left-handed, to trying a wedge and then a hybrid in an effort to drop a putt.

Els slipped from 42nd in putting in 2010 to 180th in 2011. It's difficult to stay competitive and even harder to stay positive when you cannot make a 3-foot putt.

The final nail in the coffin for Els, and the beginning of a slide for others, will come when the Royal & Ancient actually bans the long putter.

There is currently a rule limiting how short a putter may be. While it's difficult to limit the overall length of a specific club, I expect to see the R&A make the swinging of a club by anchoring it to any spot on the body, other than the hands or the wrists, against the rules. With its usual aplomb, the USGA will wait another two years before implementing the same rule.

Finally, we will see a mainstay of the U.S. Ryder Cup team not make the squad. Sadly, Phil Mickelson, who has seen more than his fair share of mountains to climb, will slide out of the players qualifying for the team on points. It's unlikely that captain Davis Love III, will pick him with so many hot, young players to choose from.

James Stammer has been an avid golfer and golf enthusiast for nearly 40 years. He hosts the Thursday Night Golf Show on WSTU 1450-AM. Contact him at stammergolf@yahoo.com.

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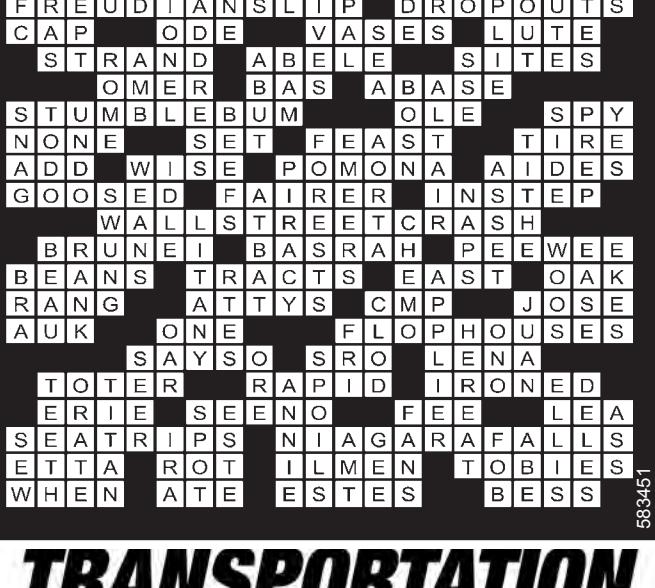
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Hometown News

Martin County ▪ January 2012

Forever Young

A monthly publication celebrating the active lifestyle of Florida's boomers

Trying
something
new

Boomers re-inventing
themselves

Inside

Are you going
to keep those
resolutions?

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This man's
never bored

Page 13

You,
yoga?
Yes!

Page 6



New year a chance to try something new

By Shelley Koppel
Associate news editor

It's a new year and many of us have made resolutions. Some of us have already broken them. We may want to exercise more, eat better or lose weight. Perhaps we want to reconnect with friends and family. Some of us may want to try something new. That's our focus this month.

In this issue of Forever Young, you'll meet people who tried something they hadn't done before. In some cases it was exercising or taking up a sport. In other cases, it was a change in career or a new pursuit after retirement. Some of the people had physical limitations. Others had survived cancer and rethought their priorities.

The common thread for all the stories is that it is never too late to try something new. It doesn't have to be a life-changing move. Sometimes it's as simple as taking up bridge or ballroom

dancing.

All of the people interviewed for these pages have taken that first step, the hardest one of all. Most were apprehensive. Many were afraid they'd make fools of themselves. They decided not let that bother them.

What they found was that challenging themselves kept them young, gave them confidence and made them feel better about themselves.

We hope you will take that message to heart. If there is something you've always wanted to do, perhaps this is the year you give it a try.

As a reminder, you can read all the stories in this month's edition by visiting our website, www.hometownnewsol.com. Click on the Forever Young symbol. You can follow your neighbors throughout the Space and Treasure Coast this way.

We hope you'll take the time to check them out and, as always, we welcome your comments.



ON THE COVER

Work is play for Jeanette Mazzella as she participates in the Jazercise class in Palm City. Ms. Mazzella sold her Jazercise franchise after a bout with cancer a few years ago but still participates in the routines.

Mitch Kloofain/chief photographer

Hometown News Martin County ForeverYoung

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Published monthly by Hometown News, L.C., 1102 South U.S. 1, Fort Pierce, FL 34950
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Circulation Inquiries: 1-866-913-6397 or circulation@hometownnewsol.com

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CALENDAR

Ongoing Events

•**Stuart Green Market:** 9 a.m. – 1 p.m. Every Sunday at City Hall Annex Parking Lot, 300 St. Lucie Ave, Stuart.

The market has the best of fresh produce, cut flowers, plants, shrubs and small trees.

Take home fresh fruits, vegetables, baked goods, honey, jams, jellies, preserves, eggs, cheese, sauces, plants, organic foods and much more.

For more information and new vendors, contact Bobbi Spencer (772) 528-8900.

•**Rockin' Riverwalk music series:** 1 p.m. – 4 p.m. Every Sunday until May at the River Walk Stage Downtown, end of SW St. Lucie Ave, Stuart.

Free open-air concert. Enjoy live music, vendors, and the beautiful waterfront. The event will be featuring jazz, rock, reggae and blues music.

For easy parking, ride the free Sailfish Shuttle from Osceola, Sailfish, or Kiwanis Park.

For more information, visit www.HistoricDowntownStuart.com

•**Senior Singles Dance:** at 7:30 – 10:30 p.m. every Sunday at the American Legion Post 126, 3195 NE Savannah Road, Jensen Beach.

Dance to live music from the 1940s, 50s and 60s. Each week will feature a different band.

Dress code prohibits beachwear or blue jeans. Dress nice, with men having a collared shirt. There is no smoking.

Free refreshments and coffee are served.

Admission is \$5 for members and \$8 for non-members. Please be age 50 and over.

For more information, call (772) 334-2991 or visit www.britetreasures.com/commodore

•**Crystal Ballroom:** 7 p.m. – 9 p.m. Wednesday and Friday at the Crystal Ballroom, Renar Plaza, 3700 NE Indian River Drive, Jensen Beach.

This is a dance social for people who love or want to ballroom dance.

Enjoy making new friends or socializing with your fellow ballroom dancers. Have a glass of wine and

dance the night away.
Admission is \$5.

For more information, call (772) 334-4900 or email kmarone@bellsouth.net.

•**VFW Post 10066 Bingo:** 7 p.m. every Wednesday and 12 p.m. every Friday at Post Hall, 1805 NE Savannah Road, Jensen Beach.

Open to the public, proceeds benefit the veteran's organization.

For more information, call (772) 334-9659 or visit www.vfwjensenbeach.org.

Thursday, Jan. 5

•**January Molly's Gallery opening:** 5:30 p.m. – 7 p.m. Thursday, Jan. 5, at Molly's House, 430 SE Osceola Street, Stuart.

Enjoy complimentary champagne and wine, hors d'oeuvres, art and meet the artists.

Musical entertainment provided by Annie Greco.

A \$2 entry donation is requested or white bath towels, both of which will benefit the Molly's House Adopt-A-Family program that supports the patients and their families that stay at Molly's House during a medical emergency.

For more information about Molly's Gallery, call (772) 223-6659 or visit www.mollyshouse.org.

Friday, Jan. 13

•**38th Annual Stuart Boat Show:** 10 a.m. Friday, Jan. 13 – Sunday Jan. 15 at Dixie Highway North of the Roosevelt Bridge.

The event spans four locations: HMY's Waterway Marina, 290 N. Dixie Highway, Stuart, Apex Marine, 110 N. Dixie Highway, Stuart, Stuart Harbor, 54 N. Dixie Highway, Stuart and a half mile of S.R. 707 (Old Dixie Highway).

Admissions is \$10 for adults, kids 10 and under are free.

Saturday, Jan. 14

•**Jensen Beach Fine Art & Craft**

See CALENDAR, Page 14

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Swimmer KEEPS COMPETITIVE EDGE

By Shelley Koppel

Associate news editor

STUART – Ray Bowles began swimming in high school, but he didn't compete because there was no swim team. At Manhattan College, he was on the swim team for four years and also competed for the New York Athletic Club.

Mr. Bowles received a master's degree in speech therapy from Columbia University and coached swimming at the community pool during the summer.

He spent his professional career as a teacher and speech therapist in Westchester County, N.Y. He was a member of the Westchester Masters Club, an organization for people 19 and over who wish to continue competitive swimming.

Ten years ago, Mr. Bowles retired. His sister and son both lived in Florida and he and his wife, Pauline, moved here in 2001. They settled at Martin Downs Country Club in Palm City.

"The Sports Resort here has a 25-yard pool," he said. "That was important to me. I need that to practice in. Other pools were smaller. That was the determining factor for me."

Mr. Bowles has competed in the Martin County Senior Games five times, has gone to the state championships and has competed twice in the National Senior Games.

This year, he brought home a medal, coming in third in the 500-yard freestyle. His time was nine minutes and 11 seconds. It was only the second time he had competed at that distance.

Mr. Bowles practices almost every day. He will swim anywhere from 50-75 laps, do different exercises and drills or time himself, swimming for speed.

"A year ago, at the state championships, I went for distance instead of speed and came in third," he said. "There is a difference. You have to pace yourself and the breathing is different."

Mr. Bowles' next goal is to lower his speed, which was a personal best.

"The next challenge is to do the 500 freestyle in under

See SWIMMER, Page 15

Martin Downs Sports Resort Member Raymond Bowles, 75, displays his bronze medal from the National Senior Games. Bowles is a Palm City resident and swims an average of 50 laps every day.

Photo courtesy of Nancy McCarthy



Document your sources in genealogy

GENEALOGY
BRENDA K. SMITH



You've been researching your family and entering names, dates and other pieces of the puzzle, but have you noted where you obtained this information? Will you remember where you found it, next month, next year, or 10 years from now? The answer is a guaranteed "No." So, starting today, document everything before you get too far down the road and have to backtrack. This will help your research tremendously in the future, when you need to find that elusive bit of information that will help you climb the inevitable brick wall. It also gives other researchers confidence in your work.

When I first started researching, I excitedly took down every fact I found. Of course it was correct, it was right there on the official document, in the book at the library, or Grandmother told me. Fortunately, I did get copies of most of the official documents, or can

remember where the tombstone is, but I didn't actually document it in my database. There are still many facts in my database that are not documented properly. It is still one of my major downfalls, getting caught up in the story and not wanting to take the time to document.

Sending your genealogy out into the world without citing your sources is sending it out with no validation. Almost invariably, when I find some exciting new fact about my ancestor, there is no source given. This leaves me totally in the dark. Exactly where did this date, spouse name, etc., come from? Someone must have known,

but chances are, the person that put the information on the Internet, or in the book, just copied it from someone else, who also copied it from someone. As far as I know, it could have, and might as well be, just made up to suit the purpose.

Each fact recorded for your ancestor should be documented with the exact location from where it was obtained. A source, regardless of how informal, is where we obtained the information. It may have come from a probate record, family Bible, census record, or from Grandma Bessy. Everything needed for another researcher to find this source, should be included. This leaves a trail for you, as well as others who want to follow your line of descent.

Traditionally, sources have been classified as primary and secondary. A primary record is one created close to the event, such a birth or marriage record or by a person

reasonably knowledgeable about the event. A secondary record is one that was created sometime later. The secondary source is not viewed as being as accurate as a primary source, since time and distance often dims memories and distorts the facts. So a secondary source should always be backed up with as many other sources as possible, including a primary one when available.

All that said, there are no sources that are guaranteed as being correct. Death certificates often contain wrong information, with the informant not knowing the deceased birth date or parent's names. Tombstones also frequently contain incorrect information. A relative in our family is actually buried under the wrong name. This makes a strong case for thoroughly researching each person and finding as many sources as you can.

See GENEALOGY, 18

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Yoga helps keep a body young and limber

By Shelley Koppel
Associate news editor

STUART — When Sherry Killila lived in Ohio, she worked as a paralegal for insurance companies. Her first job involved appeals for medical claims.

Her second job involved surety and bonds for old oil and gas wells the company had bonded. She worked in the field, often walking through rural areas searching to see if the wells were still there or if they'd been abandoned.

When she and her husband moved to Florida in 2003, he had a job here. She did not have one and she decided to take her time and go in a different direction from what she had been doing.

Ms. Killila had taken some yoga classes in Ohio.

"When you work full-time, you can't really delve into it," she said. "I took some classes in Palm City and thought maybe I could get certified."

Ms. Killila took an online certification course offered by the National Exercise and Sports Trainers Association. It

involved studying material sent on DVDs, passing tests and submitting films and pictures to demonstrate that she knew what she was doing.

"It took me four months," she said. "It was a lot of physiology, about the functions of the body and how it fits together with what you're doing."

While she was getting her certification, she was going to classes led by another instructor.

"I did some of her classes with her and it was fun," she said. "We started a chair yoga class and it evolved into my doing it on my own."

Today, Ms. Killila teaches chair and mat yoga to seniors. At 63, she understands the concerns and limitations of older adults. She doesn't have a studio, so she travels to communities to teach classes to groups of seniors.

"Yoga is something you can enjoy and have fun with all your life," she said. "It's not just physical. It's also a mindset."

For chair yoga, Ms. Killila says that the only requirement is to be able sit. For

the mat classes, participants must be able to go down to the floor and get back up.

"I adapt the class to the participants," she said. "I have ladies over 90 years old and quite a few in their 70s and 80s."

Many studies have shown benefits to doing yoga and Ms. Killila emphasizes those benefits that are especially important as we age.

"You learn how to sit correctly and breathe more efficiently and increase the volume in the lungs," she said. "We work on increasing muscle tone to remain independent, upright and walking. Flexibility and balance decrease in everyone, and no one wants to start falling."

There are other, less tangible benefits to yoga, as well.

"If you are in class with people you like, doing something you enjoy, you feel better," she said. "Exercise releases hormones like serotonin, the anti-depressant hormone. I do two gentle meditation and relaxation exercises at the beginning and end of the class."

"The first exercise is to bring your attention into the room and not think about anything else. It helps to maintain focus and concentration and if you meditate every day they can be increased."

For many people, the hardest part of yoga is coming through the door the first time.

"Yoga is not a competitive sport," Ms. Killila said. "It's all about what you can do. It makes you go inward."

"You're doing your poses, clearing your mind and focusing on the position of your hands and your feet. You become more aware of how you walk and your posture. If you become aware, you can help yourself."

Ms. Killila's classes are not limited to women. A few brave men have attended and some have even noted an improvement in their golf swings. It's something to think about.

Senior groups wishing to start chair or mat yoga classes in their communities should call Sherry Killila at (772) 341-2320.

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FBI FAMILY NOW SINGING AND DANCING

By Shelley Koppel
Associate news editor

STUART — In his 34 years with the FBI, Chris Mazzella fought organized crime, public corruption and drug smuggling. He helped put a lot of bad guys behind bars.

His biggest catch, though, was one of his first, a young clerical worker in the New York office named Jeanette Marinello. They were married in 1967, when Chris competed agents' training.

"My Bureau career ended," Jeanette said. "For 15 years we moved around the country while raising three children."

Chris' career took them to New Orleans, Chicago, Philadelphia, Washington, D.C., and Miami. An attorney as well as an agent, he took an advisory position in Miami in 1981 to settle down with his growing family in a warm climate.

Today, Chris Mazzella serves as inspector general for Miami-Dade County. He has begun another career, inspired, in part, by Jeanette, who is a singer and dancer.

Chris sings in a duet called We2 with Judy Desantis and both Mazzellas are directors of Shiloh Theatrical Productions. The community theater

is taking a break this year to reorganize financially. Jeanette, as president, and Chris, as treasurer, are seeking ways to bring the company back in 2013.

Jeanette, a long-time dancer, had been doing Jazercise for years. When they moved to Palm City in 2002, she became an instructor. In 2006, she opened her own franchise. She also began performing in community theater with the Barn Theatre and Shiloh.

"I've been in over 27 shows," she said. "I love to sing, love to dance, love to act. I love working with other people. When it's age-appropriate, I'm there."

In 2009, after fighting breast cancer, Jeanette sold her franchise. She's returned to an earlier love, tap dancing, and performs with the Treasure Coast Tappers.

Chris Mazzella's path to performing was a bit different.

"I played trumpet for my high school band," he said. "I had appreciation for music from my brother, who was a professional musician. After 33 years at the FBI, still working full-time, I started dabbling in the theater.

"Four years ago, I got into singing professionally. Judy Desantis and I

See **DANCING**, Page 17



An easy way to stay informed on the election

By Jeff Johnson

Interim State Director of AARP Florida

On Jan. 31, Florida Republican voters go to the polls to say who'll get Florida's delegates to the GOP national convention in Tampa this August.

While Florida Democrats won't vote in a presidential primary – most observers say it's virtually certain that the Democratic national convention

will nominate President Obama – Florida's Jan. 31 primary election could play a major role in the outcome of the race for the Republican nomination.

To help older Floridians sort out where candidates stand on issues important to voters 50+, AARP Florida is helping voters to track the candidates' positions – especially on critical pocket-book issues such as protecting and strengthening Social Security and Medicare.

AARP is nonpartisan and does not endorse candidates for any election or contribute money to any political-action committee or campaign. AARP does work to educate its 37 million members, including 2.7 million members in Florida, on key issues.

In October, an AARP Florida poll showed a significant and troubling gap between where some Republican candidates stood on cuts to Social Security and Medicare and where Florida Republican voters stood.

The poll showed that by huge margins – at least two to one – GOP voters stoutly opposed cuts to future recipients' Social Security benefits, or cuts to Medicare benefits, as a way to reduce the federal deficit.

For example, Florida Republicans who identified themselves as Tea Party supporters, and who also said they had attended Tea Party events, opposed cuts to Social Security for future beneficiaries as a way to reduce the deficit by a margin of 56.1 to 37.9 percent. The same voters opposed cuts to Medicare as a way to reduce the deficit by 62.1 to 31.8 percent, almost exactly two to one.

In other groups of Florida Republican voters, the margins were far more lopsided. Hispanic Republicans opposed Social Security cuts as a deficit-reduction measure by 84.5 percent to 13.5 percent, a crushing six-to-one margin. While Florida Republicans overall opposed cuts to Medicare as a means of reducing the deficit by 70.4 percent to 22.2 percent, Hispanic Republicans opposed Medicare cuts 77 percent to 16.5 percent, more than a four-to-one margin.

Yet much of the political buzz about the GOP primary has centered on ideas for cutting Social Security benefits for future retirees, or reductions to Medicare reimbursements, as a way of lowering the federal government's operating deficit.

AARP believes this poll shows a startling disconnect between what Washington and the candidates are thinking about Social Security and Medicare, and what Florida GOP voters want them to do.

The poll showed that those Florida Republicans likely to vote in the Jan. 31 primary are overwhelmingly 50+, for whom Social Security and Medicare are very important issues.

AARP Florida believes it can play an important role by helping voters learn where candidates stand on these critical issues.

To make sure voters are getting accurate information, we have posted unedited video voters' guides in which several candidates explain their views on Social Security and Medicare in their own words. The voters' guide can be found at www.aarp.org/youearnedit

If you're registered as a Democrat or independent, stay tuned for AARP's voter-education efforts later in the year. Our association will focus on helping voters get access to important information on state and Congressional candidates and issues in preparation for primary elections in August and general elections in November.

Jeff Johnson is interim state director of AARP Florida.

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Setting goals for the New Year

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For Hometown News

Though it's common to ring in the New Year by making resolutions for the year, it's far less popular to set goals for the next 12 months. Resolutions and goals might be similar, but they're not exactly the same.

When setting goals, men and women are attempting to develop a plan for the year ahead with the intent of being in a better place in 365 days. Successful resolutions are typically far less encompassing. While resolutions are goal-oriented, men and women often make just one resolution that does not require a plan so much as some dedication. For instance, a goal of being more financially secure will require a plan that must be implemented for it to be

a success. A resolution to quit smoking might involve some advice from health professionals, but in general it's up to the individual to simply stop smoking.

When setting goals for the next 12 months, consider the following tips.

- Brainstorm some ideas. Goals should pertain to all aspects of life, from career goals to personal goals to anything you want to accomplish around the house. Before setting any goals, brainstorm as many ideas as possible for each area of your life. Write these ideas down, no matter how big or small they might be — even though you might not decide to pursue each and every goal you come up with. The purpose of this is just to get some ideas flowing and to use those ideas as a foundation.

If two or more ideas are similar, such as losing weight and eating healthier, then you can combine those later on and make them one goal to simply be healthier a year from now.

- Rank goals by their importance to you. Goals will have varying degrees of importance, and this can help you to rank them by which ones you feel are most important. This doesn't mean you can't accomplish each goal on your list. But prioritizing goals can make it easier to accomplish them.

A good approach to take is to accomplish a high-priority goal, then reward yourself by tackling a more lighthearted goal that's less of a priority. For instance, if one of your biggest priorities is to install new siding on the house and you accomplish this goal,

then reward yourself by next working on one of your more fun-oriented goals, such as visiting a water park or attending a ball-game. Such a balance and reward system can provide motivation and make for a fun and productive year to boot.

- Establish a time frame. When setting goals with no time frame in mind, it's easy to procrastinate and downplay the significance of the goals. When setting goals, establish a time frame to increase your chances of being successful. For instance, if you have a goal to save X amount of money over the next 12 months, give yourself monthly savings markers to meet. This can help keep you on schedule and ensure you will achieve your goal come the end of the

See GOALS, 10

Forever Young
A monthly publication celebrating the active lifestyle of Florida's boomers

Is 60 the new 40? PAGE 6

Boot camp: Get fit like a soldier PAGE 27

Calendar: Summer fun in the sun PAGE 4

The time of their lives

Baby Boomers — raised on rock 'n' roll and rebellion — are growing old but not like their parents did PAGE 10

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Goals

From page 9

year.

- Give yourself progress reports. As the year goes on, periodically assess your progress. You might realize some goals have become bigger priorities while others are no longer as important, and that's perfectly alright. But once you have passed the planning stage and started to pursue a goal, track your progress and stay the course if it's going well. If not, reconsider your plan and decide if it's best to lay out another course of action.

Setting goals for the year ahead is a great way to ensure the next 12 months will be productive and fruitful.

Use the numbers provided in the puzzle below to help you fill in the empty squares. When you are finished, every row, every column, and every block of nine puzzle squares should include each of the numbers 1 to 9.

								1
3	5		6		9	8		
		1			5			
			7	8				
					4			
					2	3		
9								8
	7	4		2	3	6		
		6	1	4				



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A champagne and cinnamon raisin toast New Year!

A New Year! A new calendar! All the doctor's appointments have been crossed off – birthdays celebrated – holidays enjoyed ... Time to do it all over again!

There was a time in my life that I thought New Year's Eve was the mother of all adult parties. Celebrating with friends, wearing spandex and heels and feeling like I had a terrible flu the next day were the norm.

Until motherhood descended.

When my fledglings were still in the nest and snuggled in by 9 p.m. I was the Waker. I woke them all to come sit with me and watch the ball drop, and was usually rewarded with daughter No. 1 moaning, "That's nice Mom... can we go back to bed now?" And mumbled grumblings from daughters No. 2 through four concerning the sanity of waking someone up in the middle of the night to watch TV when the waker informs them daily that they watch too much TV.

As they will ... years and life events fly past in a blur of school plays, report cards, (theirs) job transfers and the gaining of a few

ROSE'S ROOM ROSE PADRICK



pounds (Mine). Now I'm the Wakee. "Mom! You said you would come and celebrate with us! The ball is going to drop in five minutes and we are making raisin toast, do you want yours with cream cheese?" When I asked this enthusiastic 12-year-old why we were celebrating with raisin toast, the answer made perfect sense. "Partiers sip champagne to celebrate, champagne is made from grapes, and grapes turn into raisins!"

This champagne cousin makes a wonderful toast, literally. Especially if enjoyed snuggled on the couch with loved ones and hot tea served in the good china.

More life changing events for my offspring ... graduations, coming of age, starting college, two of them living on their own - more poundage added to my hips — and I have become both the Waker and the Wakee.

This provided me with the opportunity to question the mental stability of the Wakers. I answered the giggly midnight call with, "What the heck are you doing out on the worst night of the year?! You're not drinking, are you? Do you really think calling the one person who worries about you with each breath is the most mentally balanced thing to do? Yes, I love you, and I thank you from the bottom my heart for thinking about your mother and raisin bread when you could be kissing someone. Can I go back to bed now?"

The tears that flowed when the doorbell rang and my offspring walked in toting loaves of raisin bread and cream cheese while I was still holding the phone dried quickly as we woke their siblings to join us. Only now it was child No. 5 who was declaring the loss of mental cognizance by the three of us. To this day he still allows he had to eat six pieces of toast because he feared for his health should he refuse. The rest of us allow we feared for his health should he eat the seventh. A word to the wise: Chasing-a-caffeine-and-raisin-filled

6-year-old around the couch to rip a smashed piece of toast from his hand is best not done in a nylon gown and bunny slippers, while laughing hysterically.

The New Year's Eve that rolled around after several more graduations, a couple of new additions to our little clan, and more than a couple of additional pounds was for me one of the more memorable ones. Due to "certain changes" involving Power Surges, sleepless nights and Empty Nest Syndrome I went full circle and am once again the Waker and once again the subject of my mental stability came up in the conversation.

Beginning with daughter No. 1 and working my way down I struck gold on my third telephone try.

My "Happy New Year!!" was met with, "Mom! I totally understand you are having problems sleeping and your thermostat is on the fritz, but menopause is not supposed to make me miserable for 10 more years! And then it's supposed to be mine!"

I not so gently reminded her that when she was under the influence of morphine See **YEAR, Page 14**

SUDOKU PUZZLE ANSWER

6	8	9	2	3	4	5	1	7
3	5	7	6	1	9	8	2	4
2	4	1	8	7	5	9	3	6
4	9	3	7	8	2	1	6	5
1	2	8	3	5	6	4	7	9
7	6	5	4	9	1	2	8	3
9	1	2	5	6	7	3	4	8
8	7	4	9	2	3	6	5	1
5	3	6	1	4	8	7	9	2

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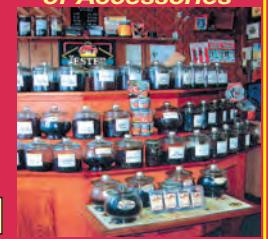
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A man of many interests is never bored



I am a man of many interests and hobbies. Since I was a kid I have been a serious fisherman and I have pursued that hobby all across the United States. I have fly fished for brook trout in the rushing streams of the high Rocky Mountains, trolled for salmon and walleye in the Great Lakes, trapped crawfish in the swamps of Louisiana, and caught horned pout in Maine. I have landed bonito in Southern California and scooped up grunion from the beach. I have caught cutthroat trout in Idaho and large mouth bass from the Santee Cooper in South Carolina. With a fly rod I caught small mouth, northern and white bass in the Wolf River

west of Green Bay, Wisconsin. Of course, I have caught most of the fish that swim in Florida waters both fresh and salt.

I have given fishing my all.

For most of my life I have also been a car guy and have restored many classic autos. I did a 1959 Chevy pick-up, a very rare 1960 Facel Vega, one of only 200 handmade in Paris, France. I had a 1970 Mercedes, a 1977 Lincoln Versailles, a '47 Chrysler sedan, a 1966 Plymouth Valiant, and a Bricklin gull wing sports car. I did a fabulous 1949 Chrysler Woody Convertible and many more. I loved each and every one of them.

I am a lifelong sports fan and chased most of the balls when I was a young man. It was my honor to see Roberto Clemente



LAND LINES

DAN SMITH

play in Pittsburgh's venerable Forbes Field and I saw Sandy Koufax pitch in Chavez Ravine. I watched Stan Musial play a game against Willie Mays in the original Bush Stadium in St. Louis. As a young man I saw a game between the old Washington Senators and the Philadelphia Athletics in D.C. I saw Harmon Killebrew hit one out in Minneapolis, and Ernie Banks do the same in Wrigley Field.

Always a football fan, I once

See **LANDLINES**, Page 18

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- Tiffany Weakley, M.D.
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Year

From page 12

following surgery, she had called me 14 times in six hours complaining the fish in the bathroom were making too much noise. Sipping tea and chewing toast is almost as good via the modern technology of cell phones as it is in person.

I can't think of another person for whom the bumper sticker "Please be patient – God's not done with me yet" is more appropriate than me, I have been perpetually unfinished for many decades. Evolving and revolving around those that I love and whatever the world hands me is a full-time job for me and I'm thoroughly enjoying every moment. Sometimes it is to the consternation of those who take life more seriously than I do.

This year I'm resolving to not resolve. I am replacing resolves with wishes. I wish my bathroom scale would take a backward slide. I wish my tongue would freeze in place at certain times. I wish I could remember to buy books on disks so I could "read" them on the way to work.

But most of all I wish you raisin toast, hot tea and hearts full of enough love to enjoy them.

Calendar

From page 3

Show: 10 a.m. Jan. 14-15 in downtown Jensen Beach.

Visit www.hellojb.com for more information or call (772) 334-3444.

•**Pink Roses & United Way Stroke of Luck Golf Tournament:** 12:30 p.m. – 7 p.m. Saturday, Jan. 14 at Meadowood Golf & Tennis Club, 9425 Meadowood Drive, Ft. Pierce.

At 12:30 there will be a shotgun start.

Contact the Pink Roses at (772) 600-5373 or info@thepinkroses.org.

Tuesday Jan. 17

•**Art Of The Age & The Story Of English a Film:** 2 p.m. Tuesday, Jan. 17 at The Blake Library, 2351 SE Monterey Rd. Stuart,

For more information call (772) 222-1403.

Thursday, Jan 19

•**Kick-Ball league:** 7 p.m. and 8

p.m. Thursday, Jan. 19 at Jensen Beach Elementary School, 2525 NE Savannah Road, Jensen Beach.

It's time to get social and join the fastest growing social medium in the country: Adult Kickball.

This is a weekly event that starts this week. You must be 21 to join and there will be nightly parties at the sponsor bar after the games.

Join as an individual, group or team. Registration is open.

For all the league info and registration please visit www.treasurecoast-kickball.com and join the email list to be kept up to date with the league and registration.

Friday, Jan. 20

•**The 2nd Annual Treasure Coast Italian Fest:** at 4 p.m. – 10 p.m. Friday, Jan. 20, at 10 a.m. – 10 p.m. Saturday Jan. 21 and at 10 a.m. – 8 p.m. Sunday, Jan. 22 the Treasure Coast Italian Fest will be held at the Martin County Fairgrounds, 2616 SE Dixie Highway, Stuart.

The price is \$4 per adult, \$3 per senior (55 and up), and children under 10 are free.

Visit TreasureCoastItalianFest.com for more information.

•**MusicFest Downtown Stuart:** 6 p.m. – 11 p.m. Friday, Jan. 20 at Gazebo Park, 80 SE Ocean Blvd., Stuart.

Free admission to the monthly concert series held the third Friday of every month.

The event has live music, food, fun, beer, wine, arts and crafts, bounce house, family and kids activities and more.

For more information, visit www.floridaspecialevents.com/musicfest or call Chris at (772) 528-0840.

Thursday, Jan. 26

•**Young Professionals of Martin County 4th Year Anniversary Party:** at 7 p.m. – 12 p.m. Thursday, Jan. 26 at Finz Waterfront Grille, 4290 SE

See CALENDAR, Page 15

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For Hometown News

At one point in the 2008 Oscar-nominated film "Frost/Nixon," former President Richard Nixon, played by Frank Langella, says, "Retired people are the most bored people in the world." While some retirees might scoff at that remark, others no doubt agree there's an element of truth to it.

Perhaps boredom is one reason many seniors continue to work past retirement age. According to the Congressional Research Service, 47 percent of male seniors and 34 percent of female seniors were employed in 2007. That those figures were from 2007 is significant, as it indicates this was before the economic

downturn of 2008-09, a consequence of which was more seniors returning to the workforce.

For many seniors, though, working isn't simply a means to earn money. In fact, seniors who continued working past the age of 70 earned an average of just \$20,000 in 2007. Seniors also tend to work to have something to do. For seniors looking to do just that, there are a host of employment or even volunteer opportunities that can help seniors stay busy and possibly put a little extra money in their pockets.

- Local park service. Many local park services hire seniors to help keep the parks clean. These are

See OPPORTUNITIES, 17



Calendar

From page 14

Salerno Road, Stuart.

Admission is \$10 for members and \$15 for non-members.

For more information, call (772) 287-1088 or visit www.ypmc.org.

Saturday, Jan. 28

- Port Salerno Seafood Festival: at 10 a.m. – 8 p.m. Saturday, Jan. 28 at 4608 SE Park Drive, Stuart.

There will be several forms of entertainment, live music, seafood and oyster shucking.

For more information, visit www.portsalernoseafoodfestival.org.

If you would like your event featured in Forever Young, please email your events to ForeverYoungMC@Hometownnews-sol.com. Deadline for the February publication is Jan. 15.

Swimmer

From page 4

nine minutes," he said. "At the National Senior Games, I was fourth in the 50-yard and 100-yard freestyle. I want to work on those two races.

"I'm a pretty fast swimmer, but age does take its toll on speed time. One of my goals is to do at least as well as my previous year."

The swimmer is also a tennis player, but he said that it's the swimming that keeps him young.

"I'm very healthy," he said. "I don't take medicine and weigh the same as I did in college. It's good mentally. I get an endorphin high. I feel very good and healthy when I swim. Swimming is the safest sport in terms of not injuring joints. It's kind to your body as you age."

Mr. Bowles often hears from people who tell him how lucky he is that he can do what he does.

"I've worked out since I was a young man," he said.

"Attitude is very important. Be positive. If I feel minor aches and pains, I go anyhow. I feel better after. You can real-

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Opportunities

From page 15

often seasonal opportunities, making them ideal for seniors who live in different cities depending on the seasons.

- **Golf course.** Golf courses are other seasonal businesses, at least in much of the country, that also boast lots of part-time opportunities for seniors. For example, golf courses need rangers, who ensure all golfers play by the rules and respect the course, and even maintenance staff, who do everything from cut the grass to maintaining gardens. These can also pull double duty, providing seniors with daily exercise to help them stay healthy.

- **Volunteer.** Many programs that help indigent citizens get by every day welcome seniors as volunteers. Meal delivery services and other programs that cater to the sick are often in need of a helping hand.

- **School systems.** Local school districts also have volunteer oppor-

tunities that can be ideal for seniors. Positions such as crossing guard or even helping out with the local athletic teams don't require much of a commitment and can be rewarding and fun for seniors.

- **Consultant work.** Seniors who miss the thrill of business don't have to give it up completely simply because they're retired. Many seniors earn a handsome amount of money by working as consultants, using their vast experience to help the next generation. What's more, consultants often work on their own schedule, an ideal situation for seniors with a passion for business but an equal passion for the positives of retirement.

- **Library.** Libraries might not be as popular as they once were, but many are still going strong, and some even use volunteers and part-time employees to keep their operations running smoothly. Many libraries prefer hiring seniors thanks to their reliability and good attitude.

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Dancing

From page 7

had performed at an event at the Barn. It was apparent that we worked well together. We said 'let's combine forces and do it and enjoy it and maybe make some money."

The duo performs everything from rock 'n roll to show music for social clubs, dances and other events.

"When I finally step down as inspector general, I hope to devote a lot more time to that business," Chris said. "There's nothing like singing, performing and dancing."

His wife has always known this.

Right now, they are also trying to save Shiloh Theatrical Productions. The community theater group, well-known for staging big musicals, has lost money for several years. This year, they had to cancel the season.

"We're hoping to re-emerge through fundraising and donations to come back next year," Chris said. "We're going to take a look at the business model. We may not be able to do Broadway musicals all the time. We

want to have one. We're just going to have to find a less expensive way."

With their schedules, it's difficult to imagine that the pair finds time to be together. They often rehearse together and Chris credits Jeanette with making it work.

"I'm the first to admit that because of my job and commitments, Jeanette does an amazing job keeping me organized. My business partner handles the business end of the vocals. Jeanette takes a tremendous load off me and Judi does as well. I'm very spoiled."

For Jeanette, surviving breast cancer has made her priorities of God, family and then other things even more important. Still, she knows how to have fun.

"I live every day," she said. "I love to dance and act. I have to keep singing and dancing."

For information about the duet We2, call (772) 485-0591 or visit the website www.we2duets.com.

For information about Shiloh Theatrical Productions, call (772) 341-4983 or visit the website www.shilohtheatricalproductions.com.

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Genealogy

From page 5

The more sources you find, the closer you can come to deciding which is the correct data.

With the tremendous amount of information being put on the web, you must always remember that it is all suspect until you have personally verified that it is correct. Never download someone else's information into your work until you document it and are satisfied that the preponderance of evidence shows that this data belongs to your family. Trying to sort out unrelated individuals, much less whole family groups, from your database, is a nightmare.

Brenda Knight Smith
Treasure Coast
Genealogical Society
BrendaKSmith@Prodigy.net

Landlines

From page 13

watched a game between the Houston Oilers and Boston Patriots before each changed their names. In Chicago's Soldier Field I watched the great Walter Payton score many times and in Tampa I saw the Bucs in their championship season. Once I even saw the legendary El Cordobes fight a bull in Barcelona Spain.

I am a pretty fair amateur historian and some consider me to be an authority on beach racing. From time to time I am called on to speak publicly about some of my hobbies. Somehow, with all of that going on, I found time to run a construction business for 26 years and help Lana, my wife of nearly 38 years, raise two great children.

WOW! I have really been busy.

As most of you have guessed, these days my most rewarding hobby is what I am doing right now — writing. Since I was in fifth grade I have been told that I have the ability to spin a pretty good tale on paper. I used that talent to cruise through the English classes while in school, so if some of you detect flaws in my composition it is a result of my youthful laziness. In my life I have emptied hundreds of ballpoints and covered reams of paper with words that no one will ever read. That's OK, for I do it mostly for myself.

Since I have been writing for this newspaper I have

met many of you who have been kind enough to tell me that you enjoy what I do. That, to me, is priceless. Hopefully, some of you have discovered through my simple style just how easy it is to write and will consider trying it for yourself. Writing is good for your psyche. It is a release that can cleanse the mind and perhaps even the soul. Everyone has a story to tell. Maybe it is your own life story or maybe the accomplishments of your grandchildren. Your subject need not be interesting to the masses. Do it for yourself. I am certain many of you have thought about it. You may have even said to yourself, "I bet I could do what that Dan guy does." You know what? You are right.

Take a close look at my columns. Nothing complicated, right? I try to write as though I am talking with a friend. I work hard to keep out pretentious words that I would not use in everyday conversation. It seems to work. You need not have a huge vocabulary and if you do you certainly shouldn't hit people over the head with it. Words that are inserted to show off your language skills tend to remind your reader that someone is writing at them; not talking to them. As I said before, I write for myself. I am very fortunate to have my musings published, but if that ended tomorrow I would continue to write. I just like doing it. I encourage you to find something you enjoy doing and do the hell out of it. Who knows you may even find someone who will allow you to do it professionally. Thank you, *Hometown News*.

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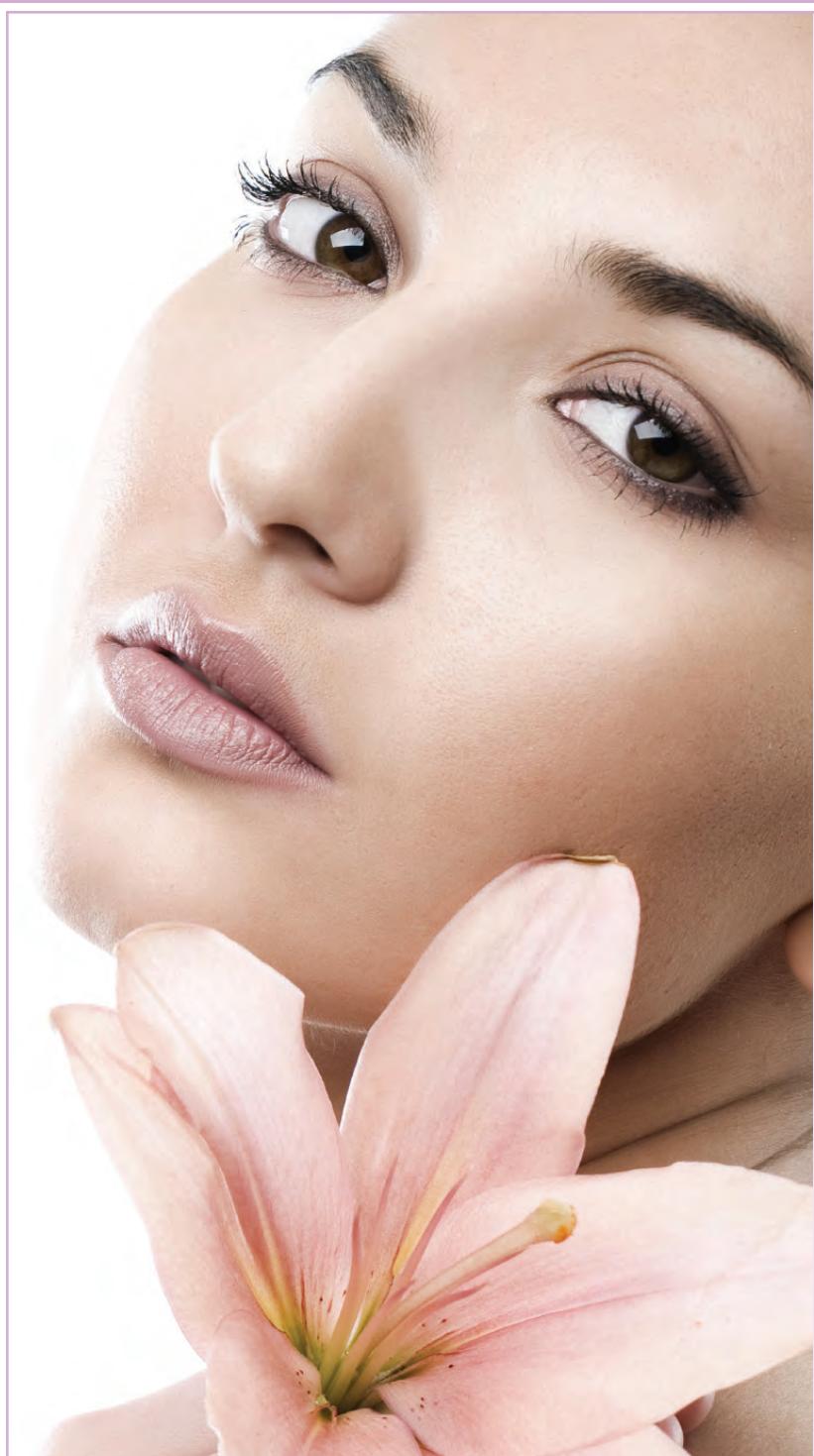
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