

ARCADIAN

Thursday, July 31, 2014 - 40 pages / 50 cents



A section of the Sun



Baby Stephen James Fales faces many challenges and medical expenses.

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County budget loses ground

By STEVE BAUER

ARCADIAN ASSISTANT EDITOR

DeSoto Board of County Commissioners got their first peek at the proposed 2014-2015 budget, and the initial numbers show another tough year ahead.

The 2014-15 projected number is \$26,016,270, which is nearly \$3 million less than this year's budget. Interim County Administrator Mandy Hines said property values are expected to decline in 2015, resulting in a loss of \$351,669 in tax revenue. Other factors that negatively impacted the budget include a rise in post-retirement health insurance costs, and

significant transfers toward transportation. As a result, county staff estimate approximately \$1.7 million will need to be used from the reserve fund to balance the budget, leaving only \$1,519,405 for emergency use.

"Obviously, the remaining number is an unacceptable level of reserve funds," Hines said. She added there were department expenditures county staff had found that could be reduced to help pad the reserve fund, including breaking up the transportation costs over a multi-year period and eliminating the Sheriff's Department's request for a 3 percent pay increase and additional staff. Hines said delaying the \$350,000 Water Fund payment

to the DeSoto County School District would also be a large help.

"If we were able to achieve this and back out of the school board payment, it would benefit our budget numbers," she said. "However, it would require board action for that to be approved." Hines also said the \$150,000 annual payment to the Redevelopment Trust Fund was suspended for next year, and when added to other cuts would place the county's reserve fund at approximately \$1.9 million.

Commissioners respond

After the initial budget numbers were presented, board members

shared their thoughts on the issue.

"I purposely hadn't cracked the first page of this budget until now because I wanted to come into this budget process with an open mind," said Commissioner Bob Miller. "But now that I have, I will be going through this line by line and looking for original ideas on ways to cut costs."

Commissioner Elton Langford said he'd like to see particular county budgets funded by Municipal Service Taxing Units. "I'd like to look at funding departments like the Sheriff and Public Safety through MSTUs," he said. "This is a way to spread the

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Out of many, one: Local struggles mirror historical issues

By STEVE BAUER

ARCADIAN ASSISTANT EDITOR

E pluribus unum. As an American, we see that Latin phrase on a daily basis, whether we notice it or not. It's on the back of the \$1 bill, on all U.S. coins and is prominently displayed on many patriotic signs and emblems. In fact, it's located at the top of our national seal. The English translation of the phrase is "out of many, one." Adopted by Congress in 1782, it was the country's de facto slogan until 1956, when Congress passed an act declaring "In God We Trust" our official motto.

Having recently returned with my family from a week-long vacation to Washington, D.C., I have thought a lot about that phrase, especially in relation to DeSoto County residents' frustrations with their local government and the perceived lack of progress in the area.

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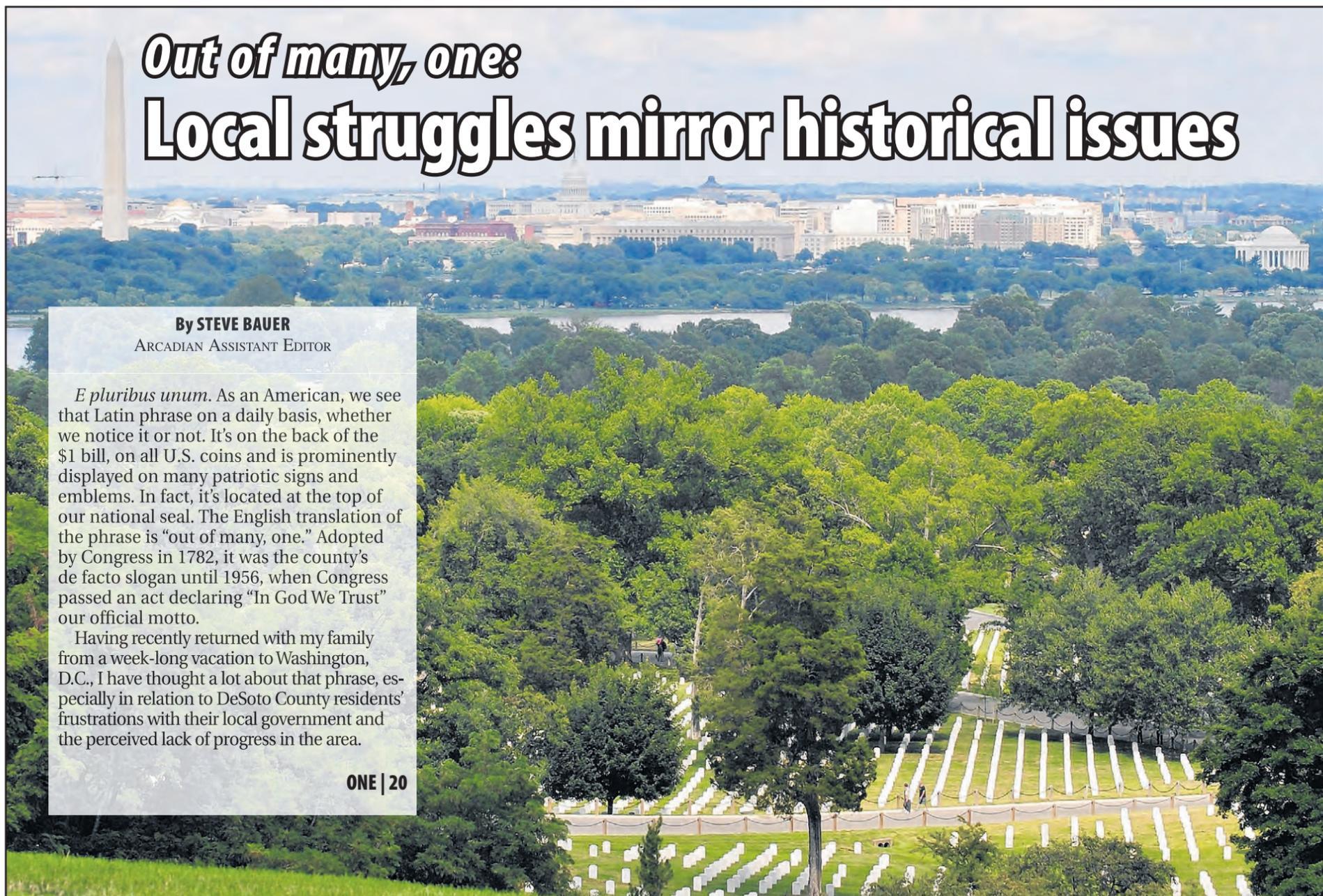


PHOTO BY MARISA BAUER

The view from the top of Arlington National Cemetery is breathtaking. The Washington Monument, Capitol, Pentagon, Lincoln Memorial and Jefferson Memorial dot the skyline in front of the Potomac River.

Arcadian 50c



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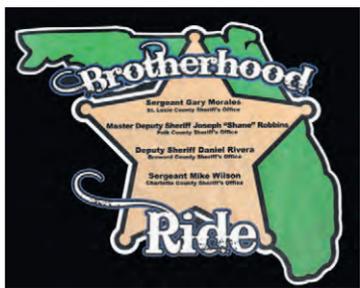
Welcome Brotherhood — and buy a T-shirt

By **SUSAN E. HOFFMAN**
ARCADIAN EDITOR

The 2014 Brotherhood Ride returns to Arcadia Monday at noon when a group of fire-fighters and law enforcement pedal bikes to the Tree of Knowledge Park.

The Brotherhood Ride includes more than 50 riders who will start Friday in North Naples, riding to Clewiston, Port St. Lucie, Lake Placid and Arcadia, before reaching the end of the journey Monday afternoon in Port Charlotte.

The concept of the Brotherhood Ride was a dream



of Firefighter Jeff Morse of North Naples Fire Department. After nine firefighters lost their lives in 2007 fighting a warehouse blaze, Morse wanted to do something to remember those who lost their lives and help their families. Thus was

born the Brotherhood Ride in 2008, which now has racked up more than 3,600 miles. Along all those miles, they have raised nearly \$120,000 in donations to help the surviving families.

This year the Florida riders will remember four fallen law enforcement officers who lost their lives over the past year: Sgt. Gary Morales of St. Lucie County Sheriff's Office, Deputy Daniel Rivera of the Broward County Sheriff's Office, Master Deputy Joseph "Shane" Robbins of the Polk County Sheriff's Office and Sgt. Mike Wilson of the Charlotte County

Sheriff's Office.

To help with fundraising, the Brotherhood Riders are selling two commemorative T-shirts. The special 2014 Florida Tour black shirt features a map of Florida on the back printed with the names of the four fallen officers being honored. The shirt is \$20 and can be purchased at the Arcadian, Glass Antique or not on West Oak St., DeSoto County Fire Rescue and DeSoto County Sheriff's Office.

Earlier this year, another Brotherhood Ride took place in Texas, with many of our Florida riders joining their

Lone Star State brethren. The Texas gray shirt features the names of fire and law enforcement brethren who gave their lives in Texas, and is available for \$15 at the same locations.

The community is welcome to come to the Tree of Knowledge Park Monday at noon to welcome the riders to town with typical Arcadia hospitality. It has been a few years since the Brotherhood tour has visited DeSoto County, and organizers want to welcome them warmly. Several local businesses and organizations have donated food and beverages for the riders' lunch.

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CLARIFICATION

In the July 17, 2014 issue of *The Arcadian*, a story about the July 15 City Council meeting misidentified a person who spoke before Council that night. Following a review of the recording of that meeting, we have confirmed the following exchange:

Gary Frierson and Deputy Mayor Joe Fink engaged in a dialogue about an email reportedly sent by Frierson and later distributed by current City Administrator Tom Slaughter. Following that discussion, resident Chuck Craven spoke:

Craven: Let me ask you a question, Joe. If I sent an email and you got a hold of it and you didn't like it, what would you do with it? Say I was on council or my wife on council. Is that their business? If you sent it to them, was it their business? Or was that a mistake on his part? If he did. Are you saying he can't do emails to somebody different than what you think?

No, man.
You're wrong.
You should resign tonight.
I'm asking for your resignation.

Slaughter: Ms. Jankoski cost this community how much?

Craven: I don't care about that. I'm asking you if you would resign.

Slaughter: No.

Councilman Keith Keene: I think Mr. Craven's question was directed towards Deputy Mayor Fink and not the City Administrator. So I'd like the City Administrator to refrain from a unwanted response.

Keene and others in the audience believed Craven had been asking Fink, not Slaughter, to resign. *The Arcadian* was also under the assumption that Fink was the one asked to resign.

NOTICE OF PUBLIC HEARING

The Board of County Commissioners of DeSoto County, Florida will consider the adoption of an ordinance at its regularly scheduled meeting on Tuesday, August 12, 2014, at 9:00 AM or as soon thereafter as it may be heard, in the County Commission Meeting Room 103, Administration Building 201 East Oak Street Arcadia Florida as follows

AN ORDINANCE OF DESOTO COUNTY, FLORIDA, RELATING TO TAXATION; PROVIDING FOR THE LEVY OF A DISCRETIONARY INDIGENT CARE SALES SURTAX OF ONE-HALF OF ONE PERCENT (0.5%) PURSUANT TO SECTION 212.055(7), FLORIDA STATUTES; PROVIDING FOR THE COLLECTION, DISTRIBUTION AND USE OF THE SALES SURTAX PROCEEDS; PROVIDING FOR A PLAN FOR USE OF THE SALES SURTAX PROCEEDS; PROVIDING FOR AN INDIGENT HEALTH CARE TRUST FUND; PROVIDING FOR THE LEVY OF THE SALES SURTAX TO BE SUBJECT TO APPROVAL BY THE ELECTORS OF DESOTO COUNTY IN A REFERENDUM; PROVIDING FOR A REFERENDUM TO BE HELD; PROVIDING FOR PUBLICATION OF NOTICE OF THE REFERENDUM; PROVIDING FOR NOTIFICATION OF APPROVAL OF THE SALES SURTAX; PROVIDING FOR SEVERABILITY; AND PROVIDING AN EFFECTIVE DATE.

A complete copy of the draft ordinance may be inspected and copied at the Office of the County Administrator in Suite 201 of the above-stated address between the hours of 8:00 am and 5:00 pm, Monday, through Friday.

Members of the public are advised that if any person decides to appeal any decision made by the Board with respect to any matter considered at a board meeting or hearing, he or she will need a record of the proceeding, and that, for such purpose, he or she may need to ensure that verbatim record of the proceeding is made, which record included the testimony and evidence upon which, the appeal is made.

If special accommodations are required in accordance with the Americans with Disabilities Act, individuals should contact the County Administrator's Office by calling 863-993-4800 at least forty-eight hours prior to the meeting.

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AN ORDINANCE OF DESOTO COUNTY, FLORIDA, RELATING TO THE FIRE PREVENTION CODE OF DESOTO COUNTY; AMENDING ORDINANCE 2012-03 TO PROVIDE CRITERIA FOR WAIVERS AND MODIFICATIONS AND PROVIDING FOR REVIEW BY THE BOARD OF COUNTY COMMISSIONERS; PROVIDING FOR APPEAL OF DECISIONS OF THE LOCAL FIRE OFFICIAL AND LOCAL BUILDING OFFICIAL; PROVIDING FOR SEVERABILITY; AND PROVIDING AN EFFECTIVE DATE.

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Disabilities Act, individuals should contact the County Administrator's Office by calling 863-993-4800 at least forty-eight hours prior to the meeting.

More fighting at antiques meeting

By **STEVE BAUER**

ARCADIAN ASSISTANT EDITOR

Frustrated City Administrator Tom Slaughter cut short the second Downtown Business Planning Forum after continued bickering between Arcadia Antiques Association members and business owners hampered progress. The meeting also veered off course when several business owners questioned the first amendment rights of a local preacher who they say is frightening and scaring off customers.

Slaughter attempted to keep the meeting on topic, but eventually relented after several attendees continued talking over him and each other, and fighting over perceived slights from AAA founders Sheri Fink and Flo Rife. "One person at a time, please," both Slaughter and Code Enforcement's Carl McQuay said repeatedly throughout the meeting.

Current permit options

Slaughter started the meeting by clarifying the city's vendor permitting process, saying any store owners or lessees who aren't members of the AAA still have the ability to set up displays in front of their businesses during the group's fourth Saturday fair. The city's current code allows a business to purchase a \$35 two-day permit. Anyone interested in applying must also include a site plan and proof of liability insurance (\$1 million minimum). The permit must be renewed monthly, however, meaning anyone



ARCADIAN PHOTOS BY THOMAS SIMMONS

Tables are set up under the Tree of Knowledge, displaying a great variety of goods for sale to an eager crowd of shoppers. The fourth Saturday Antique Fair brings in large crowds to Arcadia each month. Many shop owners and local organizations see a positive image for Arcadia being created.

interested in setting up every fourth Saturday would potentially spend more than \$400 yearly.

Slaughter then reminded the crowd he would be giving direction regarding the issue to the City Council at its next meeting, and said he would simply be reporting the coding and permitting process, and again asked if the AAA



Browsing for useful items, this man finds an old ammo box from World War II at a vendor's booth on the Sun Trust Bank lot in downtown Arcadia on Antique Saturday.



Old ice tongs and ice hooks, cast iron cookware, cabbage shredders and old irons are just a few of the items that bring back a lot of memories and fascinate buyers at the Fourth Saturday Antique Fair every month in downtown Arcadia. Vendors pay a display fee to set up for the event.

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**Elton A. Langford for
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VIEWPOINT

The Sun / Thursday, July 31, 2014

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E-mail letters to shoffman@sun-herald.com

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Suncoast Media Group Chairman

David Dunn-Rankin —

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Joe Gallimore — Arcadian Publisher

Susan E. Hoffman — Arcadian Editor

OTHER VIEWS

Mending the Department of Veterans Affairs

The following editorial appeared in Wednesday's Washington Post:

House and Senate conferees have agreed on a \$17 billion bill to address the scandal over poor health-care service at the Department of Veterans Affairs. The legislation is now on a fast track to pass Congress before its August recess, showing that Republican and Democratic lawmakers can still agree on their concern for those who served their country in uniform - and their fear of facing those same veterans in town halls and, eventually, at the polls.

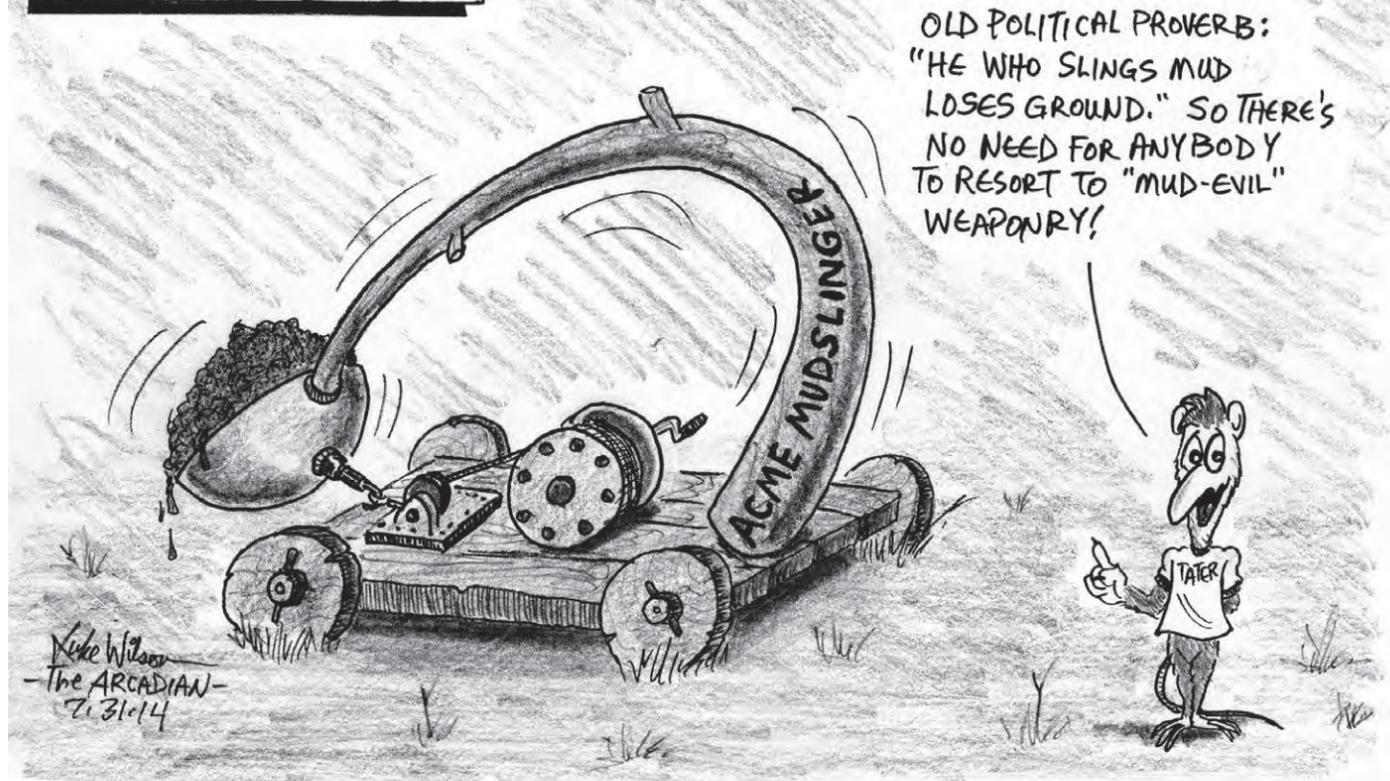
The problems at the VA centered on the long waits, sometimes months, that some veterans faced just to see a doctor at one of the department's nearly 1,000 hospitals and clinics. On top of that, some senior VA officials allegedly knew about the excessive backlogs and covered them up by falsifying data. The new bill, a compromise worked out by Senate Veterans' Affairs committee Chairman Bernie Sanders, I-Vt., and his House counterpart, Jeff Miller, R-Fla., attacks the wait-time problem in two ways: It provides \$5 billion to hire more doctors and otherwise increase the VA's capacity, and it offers \$10 billion in emergency funds so that some vets can seek care outside the VA system.

The former strikes us as throwing more money into a system that has already proven itself far too inflexible and bureaucratic to adjust to meet demand, hence the awful wait times. The latter component - money to help vets take advantage of a wider range of health-care options - seems more promising. Indeed, it could be the germ of the deeper structural reforms that the VA needs. Meanwhile, the bill could add billions to the deficit since its authors could agree to only \$5 billion in spending reductions elsewhere within the department's \$154 billion budget.

More shortsighted is the bill's approach to "accountability" for the senior VA executives who have been trying to make an inherently problematic bureaucracy work. Yes, a small minority of them did allegedly engage in outrageous data-fudging. But the bill would strip all of the department's top civil servants of long-standing protections, exposing them to firing at a moment's notice with only seven days to file an appeal and three weeks to argue it. Perhaps this is just the thing to instill new efficiency at the VA. More likely, it would have the opposite effect, as the most able federal civil servants choose not to work in a department where their job security might vary according to the scandal du jour.

In responding to the uproar at the VA with this mixed bag of a bill, Congress has shown that it can legislate on a bipartisan basis when the interests of a popular and influential group are involved. Whether Democrats and Republicans have solved any problem more consequential than their own short-term political difficulties with veterans, however, remains very much to be seen.

NEWS ITEM: THE RACE FOR EIGHT LOCAL GOVERNMENT JOBS IS ON, WITH 20 CANDIDATES IN HOT PURSUIT OF VOTERS...



LETTERS TO THE EDITOR

Editor's note: Because early voting for the primary election begins Aug. 11, The Arcadian will not print election-related letters to the editor after the Aug. 7 issue. We will resume printing election-related letters after the primary for our Aug. 28 issue, and will run them through our Oct. 23 issue (before early voting begins on Oct. 25).

We sacrificed our world standing

Editor:

Right or wrong or indifferent, it will not make any difference. This administration has put us in the position of not being able to win in any way, shape or form, peace,

war or otherwise.

If a war should prevail, we don't have the will, the respect of our former allies; they don't trust us and we are no longer the world's leader in peace or military power.

We have sacrificed our world standing in

the interest of political ideology, both Democrat and Republican. Mostly Democrat.

I am now ashamed to say I come from a party of Democrat loyalists that vote the party line.

George Pratt
Arcadia

Story was reported incorrectly

Editor:

In the July 17th edition of the Arcadian, editor Susan Hoffman reported that Gary Frierson had asked for my resignation from City Council.

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GRITS & PIECES

A stroll down Nocatee's memory lane

To those of you non-Facebook folks, today's malarkey may not make a lot of sense. But if you're like me, and are a slave of Mark Zuckerberg's social media world, you may be able to relate.

A couple of weeks ago, postings started popping up on my page that started something like, "I'm so Arcadia that I remember ..." and then it would mention something from their past. Same went for DeSoto County, and even other cities and states, as folks from everywhere jumped into the merry melee. And so that gave me the idea for this column.

I'm so Nocatee that I remember when there were four grocery stores open at the same time — Wood's Supermarket, Proctor's, Dye's Grocery, and Uncle Frank's!

I'm so Nocatee that I remember when the roads went by the names we gave them, before any signs were erected.



Grits & Pieces

Luke Wilson

troubador55@embarqmail.com

I'm so Nocatee that I remember when Arnie Carter ran the dump just north of the Joshua Creek bridge. He wore a pistol and sweaty old hat with a George Wallace pin on it, and we called him the sheriff of the dump.

I'm so Nocatee that I remember the barber shop there, and getting haircuts for 75 cents.

I'm so Nocatee that I remember not only the sound of the stump plant whistle, but its worse-than-a-polecat smell!

I'm so Nocatee that I remember kids who came to school barefoot, and having to use outside bathrooms there.

I'm so Nocatee that I remember the founding of the Rebel's Roost Pool Hall, and who won the cue stick in the naming contest.

I'm so Nocatee that I remember hauling junk from my house to the swap shop, and peddling home with more junk that I'd traded mine for.

I'm so Nocatee that I remember the old post office that Jim and Catherine Whittle McCormick ran, and when first class postage was just a nickel.

I'm so Nocatee that I remember when South Shores Road was dirt from Neversail Avenue (that I was raised on) down to Beard. And there was a cattle guard there with pastures all around, rather than homes.

I'm so Nocatee that I remember riding my bike up to Buck Weever's fillin' station/general store, and him tearing part of the covers off comic book so he could sell them to us poor boys for a

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LETTER SUBMISSION POLICY

Letters are welcome on virtually any subject, but we do have some rules. Please keep them to less than 250 words. Letters will be edited to length as well as grammar and spelling. All letters must be signed with full name - not initials. An address and telephone number must be included; they are not for publication, but must be provided so we may verify authorship if necessary. Due to the number of letters received, we reserve the right to run only one letter per person per month. The Letters to the Editor section is intended as a public forum for community discourse and the opinions and statements made in letters are solely those of the individual writers. The Arcadian takes no responsibility for the content of these letters. Please send or bring correspondence to the Arcadian, 108 S. Polk Ave., Arcadia FL 34266, or fax to 863-494-3533. Readers with access to the internet may e-mail Letters to the Editor at shoffman@sun-herald.com.

School board OKs slight hike in millage rate

By **SUSAN E. HOFFMAN**
ARCADIAN EDITOR

The DeSoto County School Board adopted a tentative millage rate and budget for the 2014-15 fiscal year. Finance Director Marcia Saulo presented the budget in a specially called

meeting Tuesday evening. The board voted to adopt a tentative millage rate of 7.253. (A mill represents \$1 for every \$1,000 of assessed valuation.) Saulo noted that rate is 2.19 percent lower than the rollback rate. The rollback rate is the millage rate that would produce the same total ad

valorem revenue as last year, given current property values. The tentative millage rate of 7.253 is .024 mill higher than last year's millage rate of 7.206. The total tentative budget for the coming school year is \$61,583,562, of which \$10,048,540 will be raised

through local assessments. The balance comes mainly from state and federal funding. The budget and millage rate will be finalized during the School Board's meeting on Sept. 9, starting at 5:01 p.m. at the District offices, 530 La Solona Ave.

ANTIQUES

FROM PAGE 3

would be willing to meet with business owners to resolve personal disputes.

"We have been open this whole time, but they (business owners) picked up their marbles and left because they didn't get their way," Fink said. When asked directly by a downtown owner whether the AAA would allow open membership (allowing business owners to join without having to go through a screening process) in the future, however, Fink was noncommittal.

After further back-and-forth between several owners and AAA officers, James Crosby of the Arcadia Opera House (also an AAA member) said he will work with owners to get them accepted into the association. Fink also said the AAA had decided to extend its Antiques Fair past Orange Avenue in the future in an effort to move more of its vendors into different parts of the downtown antiques district.

There were also continued discussions of a potential roundtable meeting or steering committee, but no commitments were made by either side.



ARCADIAN PHOTOS BY THOMAS SIMMONS
A few of the buyers who come from many locations around Florida to purchase items for home, hobbies, farms and personal use. A sizable crowd braved the hot weather to wander the sidewalks, parking lots, and parks in Arcadia, looking for their own good buy.



The saying, "One person's junk is another person's treasure," is coming true as one woman contemplates a variety of items on display to discover which they are for her. As one vendor said, "This is one place where you can make a few bucks. And the people here are not nasty or rude." The Fourth Saturday Antique Fair each month helps Arcadia live up to its reputation as the Antique Capital of Florida.

COMMUNITY NEWS BRIEFS

Historical Society yard sale

Your clutter may be someone else's treasure, so please donate your used items to the DeSoto County Historical Society for their annual Yard Sale from 8 a.m. to 2 p.m. on Nov. 8, at the Fairgrounds Exhibition Building, 124 Heard St. Drop off your donations on Thursdays before 1 p.m. at the Howard and Velma Melton Historical Research Library in the Ingraham Seed House, 120 W. Whidden Street, or call 863-494-6607. All proceeds will benefit the Society's efforts to preserve and promote the history of DeSoto County for future generations.

Sales closing date crop insurance in Florida

The USDA's Risk Management Agency reminds farmers of the July 31 sales closing date for crop insurance in Florida. This sales closing date applies to crop insurance policies for Fresh Market Tomato and Fresh Market Sweet Corn.

The sales closing date is the last day to buy a new policy or change an existing policy's coverage level.

Contact a local crop insurance agent for more information about the program. A list of crop insurance agents is available

at all USDA Service Centers and on the RMA website at www.rma.usda.gov/tools/agents/.

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DeSoto County History Mystery: Did Pine Level have a skating rink?

By CAROL MAHLER
DE SOTO Co. HISTORICAL SOCIETY

Joseph Herman Simpson remembered when Manatee County was split in two, and the eastern half became DeSoto County. His recollection, published in the Bradentown Herald in 1915, mentions that the delegates met

in the "skating rink" in Pine Level in 1887 (<http://www.sarasotahistorylive.com/stories/journals-of-yesteryear/history-of-manatee-county-florida-chapter-12>). What kind of skating rink?

Roller skating, of course: Pine Level's subtropical climate kept ponds and lakes from freezing, and artificially



Women in the 1880s wore long floor-length dresses and long sleeves to roller-skate.

IMAGE FROM:
<https://ephemeralnewyork.wordpress.com/tag/fads-in-the-1880s>

freezing an ice skating rank in the 1880s had only been successful in large cities such as London.

Although the invention of roller skates dates to the 1700s, the so-called quad skate (with four wheels able to turn) was invented in the mid-nineteenth century. After the U.S. Civil War, the first public skating rinks were built in New York City and other locations.

Developments included improvements to the axle, a roller bearing for the wheels, plus a toe stop. By the 1880s, factories in the United States were mass-producing roller skates, and guide books — such as *The Skater's Companion*, 1885 — were published (https://openlibrary.org/books/OL24626404M/The_skaters'_companion). Thus began the first of many roller skating "booms."

Roller skaters in the 1880s wore Victorian clothes with floor-length skirts, long pants, long sleeves and high collars. Such attire seems less than suitable for such a vigorous activity, especially in Florida's sultry climate.

Portable skating rinks traveled the country, and permanent skating rinks were often built as "combination" buildings: with a dance hall, beach pavilion, or yacht club. For example, In 1885, the "Jacksonville and Atlantic Railroad company built a pavilion at the beach to attract passengers to the beach. The pavilion had a 64' by 105' floor for dancing and roller skating (http://www.historicaltextarchive.com/print.php?action=section&artid=782#_ftn6). Built in 1890, the Winter Park Hotel was converted to roller skating rink in 1904. A photograph is available online at <http://archives.rollins.edu/cdm/singleitem/collection/wpandcfl/id/388/rec/11>.

Closer to DeSoto County is the skating rink in Fort Myers that was visited by the crew of the "Minnehaha" on Jan. 11, 1892. They had sailed from Kissimmee via Lake Okeechobee and the Caloosahatchee River to Fort Myers and enjoyed watching the roller skaters.

MYSTERY | 23

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Stalled car sparks shooting at McDonald's

A shooting incident Sunday night at McDonald's sent one man to the hospital and two more to jail.

According to the Arcadia Police Department arrest report, a Cadillac was stopped in the McDonald's drive-through, apparently unable to move. The man driving a Toyota SUV behind it started to become impatient when the Cadillac didn't move out of the way.

The report states a woman in the Caddy got out to bring her husband, Robert Edward Primus, 36, to help move the car. Shortly after, the SUV driver started to open his door to exit. Primus then began to argue with the SUV driver and reportedly reached through the driver's window and punched him several times. The driver was later taken to DeSoto Memorial Hospital for stitches in his lip.

Meanwhile the woman and children who had been in the Caddy got out and were in the parking lot, yelling and cursing, the report states. The woman reportedly came up to the SUV, opened a rear passenger door and told a woman passenger to get out.

At that point, Michael David Daniels, 34, also a passenger in the SUV, pulled out a gun and shot once, into the air. He later told police he felt his life, and that of the other passengers, was in danger, "but he didn't want to kill anyone and that shooting in the air was the best thing to do."



PRIMUS



DANIELS

POLICE BEAT

The information for Police Beat is gathered from police, sheriff's office, Florida Highway Patrol, jail and fire records. Not every arrest leads to a conviction and guilt or innocence is determined by the court system.

Police arrived soon thereafter, separated and began questioning those involved as well as witnesses.

Primus, who lives in the 4500 block of S.E. State Road 31, was charged with battery, and burglary with assault or battery, and bond was set at \$15,750. He bonded out Monday afternoon.

Daniels, of the 2900 block of S.W.

Hillsborough Ave., was charged with discharging a weapon from a vehicle. He was released Monday morning on \$5,000 bond.

Woman charged with armed robbery, assault

A woman was arrested Thursday on charges of armed robbery, aggravated assault and grand theft from a dwelling.

According to the DeSoto County Sheriff's Office arrest report, Lillie Mae Gray, 29, listing her residence as the Economy Inn, Arcadia, allegedly knocked at the door of a residence on

1st Avenue. When a man opened the door, she reportedly pushed her way in, holding a small knife in her hand. She demanded the resident give her money so she could buy food. He offered to let her look for food in his refrigerator, but instead she took money out of a plastic container on the table. She also reportedly took a cell phone.

When the man tried to lock himself in the bathroom, she



GRAY

ARRESTS | 31

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Arcadia's COMMUNITY CALENDAR

■ TODAY

- Tail Waggers Dog Show will be held at the Turner Center July 31-Aug. 3.
- AA Second Tradition Anniversary Night is the last Thursday of the month at 6 p.m. at St. Edmund's Episcopal Church, 327 W. Hickory St. Potluck/barbecue before the meeting.
- AA Second Tradition Anniversary Night is the last Thursday of the month at 7 p.m. at St. Edmund's Episcopal Church, 327 W. Hickory St. Open speaker.
- DeSoto County Historical Society Research Library is open in the Ingraham Seed House, 120 W. Whidden Street: 9 a.m. to 1 p.m. on Thursdays (except for the second Thursday of the month), and by appointment.
- The John Morgan Ingraham House is open from 9 a.m. to 1 p.m. on Thursdays, except the second Thursday, and from 9 a.m. to 1 p.m. on the second Saturday of the month.
- Relaxation Yoga Class every Thursday, 5 p.m.-5:15 p.m., registration and yoga tea; 5:15-6:15 p.m., yoga class. Come enjoy an hour of serenity focused on breathing, gentle yoga poses, peaceful stretching and quiet relaxation. Held in the Health Dept., conference room, 34 S. Baldwin Ave. Drop-in \$7/class, 8-class package \$40 (\$5 per class). Bring your own mat. For more information, call Christine at 244-1925.
- DeSoto County Library story time is at 3 p.m. at 125 N. Hillsborough Ave., Arcadia. Call 993-4851 for more information.
- Temple Beth El - North Port Jewish Center, 33840 South Biscayne Drive, North Port, hosts an American Contract Bridge League every Thursday, at 1 p.m. at the temple. The cost is \$6 per session. We will be participating in "The Common Game." For reservations call Shelli Wetherson at 941-497-7184.
- Cocaine Anonymous meetings are held every Thursday from 7 p.m. to 8 p.m. at Pleasant Hill United Methodist

Church. For information, call Curtis Clark at 244-2884 or Sandra Elmore at 352-476-8520.

- Faith Mission provides free lunches for anyone in need, 11 a.m.-12:30 p.m. 1109 S.E. 9th St., Arcadia. Donations gratefully accepted.
- Alcoholics Anonymous Second Tradition meets at 7 p.m. at St. Edmund's Episcopal Church, 327 W. Hickory St.
- Prescription Assistance is at the DeSoto County Health Department Clinic Location: 1031 E. Oak St., Arcadia. Call to make an appointment or for more information, call 491-7580 ext. 256.

■ FRIDAY

- 6th Annual DeSoto County FCA Ranch Rodeo Qualifier benefiting DeSoto County High School FFA. At Arcadia Rodeo Arena and DeSoto County Fairgrounds, Aug. 1-2. Teams compete on both nights with 24 team slots available. For details call 941-809-5596. First place team wins buckles and cash payout \$1,500. Tickets \$10 adults, \$5 12 and under.
- Arcadia Quilt Club meets from 9-11:30 a.m. Fridays at the Palace Dance Hall, 1627 N.E. Floridian Circle, Arcadia.
- Square Dancing classes are held at the Palace Square Dance Hall, 1627 N.E. Floridian Circle, from 7-9 p.m. every Friday. Robert at 813-601-1834 or Mary at 941-380-5336 494-2749 for information.
- Friday Night Live — the City Takers for Christ presents "Friday Night Live" with Rev. Troy Rowe, every Friday. Come and experience what God is doing in this season through His word and praise and worship. 37 W. Magnolia St. (across from SunTrust drive-through). For information call 244-4341.
- Faith Mission provides free lunches for anyone in need, 11 a.m. to 12:30 p.m. 1109 S.E. 9th St., Arcadia. Donations gratefully accepted.
- Sabbath service begins at 7:30 p.m. at Temple Beth El, 3840 S. Biscayne Dr., North Port. Shabbatdinner at 6 p.m.; \$15 for members, \$18 nonmembers.

■ SATURDAY

- The Arcadia All Florida Saddle Club will sponsor a fundraiser for the medical expenses of Stephen James Fales at their arena on SE Hargrave Street on August 2 beginning at 5 p.m. Call Karen at 990-2034 for details.
- DeSoto Youth Football signups take place every Saturday from 10 a.m. to 2 p.m. at Richard Bowers Stadium through August 16. Registration is \$100, for ages 14U, 12U,

10U and 8U. For details, call Steve Carroll at 244-1218 or Terry Allhouse at 990-8272.

- Boaters Get-Together meets at 1 p.m. on the first Saturday of every month at Nav-A-Gator Grill, 9700 S.W. Riverview Circle (off Kings Hwy/C.R. 769). For more information, call 941-627-3474.
- DeSoto County Library story time is at 10:30 a.m. at 125 N. Hillsborough Ave., Arcadia. The first Saturday of every month is Book Buddies, when children read to dogs. Children must be accompanied by an adult. Call 993-4851 for more information.
- The Palace Promenaders meet for square and round dance from 7-9 p.m. every Saturday at the Palace Square Dance Hall, 1627 N.E. Floridian Circle. Art Miller, caller, and Jennie Martin, cueing. Call Jennie at 494-2749 or Mary at 941-380-5336 for information.
- Sabbath service begins at 9:30 a.m. at Temple Beth El 3840 S. Biscayne Dr., North Port. Kiddush will follow.

■ SUNDAY

- Telephone Reassurance and Friendly Visitors available to those over 55 and homebound. Phone Senior Friendship Centers at 863-494-5965 to sign up for these free services, staffed by trained volunteers who have had background screenings. Phone also if interested in becoming a volunteer for either program.
- Alcoholics Anonymous Serenity Group meets at Grace Lutheran Church, W. Oak St. (State Road 70) at 8 p.m. Sunday.

■ MONDAY

- The DeSoto Environmental Learning Lab and Outdoor Classroom in partnership with the DeSoto County 4H will host an Outdoor Adventure Camp for kids ages 8-12 on Aug. 4 and Aug. 5 at the DeSoto ELL. Students will learn all about the Florida environment and wildlife, backpacking and hiking and how to make s'mores with a simple solar oven. They will also get to see many species of captive wildlife at the facility up close, including the newest addition, Teddy the Bear. The total cost for both days per student is \$5. Call Kristie Popa at the extension office at 993-4846 to register.
- 4-H county council, leaders and volunteers meet at 6 p.m. the first Monday of each month at the DeSoto County Turner Center extension office.

■ THANKS FROM CENTER FOR THE NEEDY

James Beckett of the Center for the Needy wanted to say a heartfelt "thank you" to the many organizations, businesses and individuals who have donated food, items or money to the Center, or who have volunteered their assistance to keep the Center running smoothly. In particular, the All Faiths Food Bank has been helping the Center out.

Every day, the Center may feed more than 100 people, and give them essential household items. It could not be accomplished without the help of the entire community. "Without these generous donations," Beckett said, "we could help as many people as we do."

If you would like more information, or you have some food, items or money you would like to donate, visit the Center at 163 S. Orange Ave. between 6 a.m. and 10 a.m. weekdays.

■ SPECIAL

- Veterans — Free rides are available to area VA clinics. (Some restrictions apply.) For details, call 993-9670.
- The Center for the Needy, at the corner of W. Pine St. and S. Orange Ave., is desperately in need of food, clothing, household goods (such as blankets, towels, cooking and eating utensils etc.), supplies — anything a person in need might require. The center is dangerously low on food, its shelves are almost bare, and they need to replenish supplies. The cupboards have become almost bare now that the snowbirds have gone. Any donations are gratefully accepted, including cash, to help those in real need in our community. For more information, call 444-0499.
- Your clutter may be someone else's treasure, so please donate your gently used items to the DeSoto County Historical Society for their annual Yard Sale from 8 a.m. to 2 p.m. on Saturday, November 8, at the Fairgrounds Exhibition Building, 124 Heard St., Arcadia. Drop off your donations on Thursdays before 1 p.m. at the Howard and Velma Melton Historical Research Library in the Ingraham Seed House, 120 W. Whidden Street, or call 863-494-6607. All proceeds will benefit the Society's efforts to preserve and promote the history of DeSoto County for future generations.

CALENDAR | 27

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OBITUARIES

George Dean Vreeland

George Dean Vreeland, 74, of Lake Suzy, Fla., passed away Saturday, July 19, 2014, at Bayfront Health Port Charlotte in Port Charlotte, Fla. Arrangements are by Charlotte Memorial Funeral Home, Cemetery and Crematory.

Alice Jones Fuller

Alice Jones Fuller, 102, of Arcadia, Fla., passed away Wednesday, July 23, 2014. Arrangements are by Ponger-Kays-Grady Funeral Home, Arcadia.

Michael R. Finkle

Michael R. "Mike" Finkle, 57, of Arcadia, Fla., passed away Friday, July 25, 2014.



Mike was born Sept. 9, 1956, in Great Barrington, Mass.

After graduating high school in Sacramento, Calif., he moved to Arcadia at the age of 17. During his working years, Mike worked in Seattle, Wash., as a police officer for Boeing, during which time he had clearance for guarding U.S. Air Force One. Also while in Seattle, he operated two Fed Ex Ground trucks. In Florida, Mike retired as a Captain for the Department of Corrections, after 19 years of service. In his free time, he enjoyed golfing and fishing. Mike was a NASCAR enthusiast whose favorite driver was Kasey Kahne. Mike was a proud father and loving son, brother, grandpa and uncle, and will be deeply missed.

Mike is survived by his son,

Christopher (Kristie) Finkle of Arcadia; parents, Don and Mary "Mom" Finkle of Arcadia; mother, Marie Stalker; brother, Robert (Maria) Finkle of Chula Vista, Calif.; sister, Dona Garcia of Arcadia; grandchildren, Evan Prescott and Riley Finkle; nephew, Brandon Garcia; niece, Jharelle Finkle; and aunt, Elma Stalker.

A gathering to celebrate Mike's life will be held from 5 p.m. to 6 p.m., with a memorial service to begin at 6:30 p.m., Thursday, July 31, 2014, at Ponger-Kays-Grady Funeral Home in Arcadia. Online condolences can be made at www.pongerkaysgrady.com.

Arrangements are by Ponger-Kays-Grady Funeral Home, Arcadia.

Frances A. King

Frances A. King, 96, of Arcadia, Fla., and formerly of Sanford, Fla., went home to be with her Lord, Sunday, July 27, 2014.



She was born Aug. 10, 1917.

Frances was an active member of Temple Baptist Church. She is survived by her children, Douglas (Ramona), Charles (Barbara), Carolyn (Chester) Osgood, David (Brenda), Richard (Dorothy) and Gary (Britton); 18 grandchildren; 24 great-grandchildren; and 26 great-great-grandchildren. Frances was preceded in death by her husband of 62 years, John R. King.

Visitation will be held from 9 a.m. until the time of service at 10 a.m. Friday, Aug. 1, 2014, at Temple Baptist Church in Arcadia. Interment will follow at 3:30 p.m. at Woodlawn Memorial Park in Gotha, Fla.



DeSoto Church Directory

... And Make Your Choice from our Church Directory



Calvary Baptist Church
Celebrative Worship
Challenging Bible Study
Connection With People
Traditional Praise
8:30 - 9:30 AM
Sunday School/Life Groups
9:45 AM - 10:45 AM
Contemporary Praise
11:00 AM - Noon
863-494-4345
www.cbcarcadia.org

First Baptist Church of Arcadia

1006 N. Brevard Ave.
Loving God, Connecting with People, Expanding His Kingdom
9:30 - Sunday School
10:45 - Morning Worship
6:00 - Evening Worship
Wednesdays 6:00
AWANA & YOUTH
863-494-3622
www.firstbaptistarcadia.com

First Christian Church

34 El Verano Ave.
(863) 558-0982
Sunday School 9:30am
Morning Worship 10:00am
Evening Worship 6:00pm
Wednesday Prayer Mtg.
6:00pm
Where the Bible is preached & Christ is King!

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Worship:
9:45am Sunday School
11:00am Traditional Worship
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Fort Ogden United Methodist Church

6923 SW River St.
863.494.3881
Sunday School 9:00am
Sunday - Worship 10:00am
(Nursery Children's Church Provided)
Mondays - A.A. & Al-Anon 7:30pm
Wednesday - K-12 Ministry 5:30pm
& Bible Study - 6:30pm

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Rev. Mark Steinke
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8:45 AM
Sunday Worship 10:00 AM
All Welcome!

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Mt. Ephraim Baptist Church

2865 SW Co. Rd 661
863-993-5568
Sunday Prayer Time 9:20am
Sunday School/Bible Study 9:45am
Morning Worship 11:00am
Evening Worship 6:00pm
Wed. Fellowship Meal 5:45pm
Prayer Meeting 6:30pm
West on SR 70, left on SR 72, left on CR 661, 3.5 miles on right
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- Drug Free Desoto Coalition
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- Arcadia Stockyard
- Canoe Outpost
- Dark Sunset Photography
- DeSoto Arts & Humanities Council
- DeSoto County Fire Rescue
- Desoto County Health Department
- DeSoto County Extension Office
- DeSoto County Sheriff's Office
- DeSoto Memorial Hospital
- First State Bank of Arcadia
- FPL
- Habitat for Humanity
- Judge Don Hall
- Peace River Charters
- Range Cattle Research Center
- Rep Ben Albritton
- Sun Bulb Company
- The Falls Adventure
- The Precious Pearls Project
- Turner Agri-Civic Center
- Sorrells Citrus
- South Florida State College
- Water Ventures

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Worship 11:00 AM
Evening Worship 6:00pm
Wednesday 6:30pm
Thursday Youth Group 6pm



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863-494-6224
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Sunday Worship 10:45 am and 6:00 pm
Wednesday 6:30 pm for Prayer Group, Youth & Children

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Sunday School 10:45 am
Sun. 4:30 p.m. UMYF
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May the Lord fill your heart with love.

A fishing story to remember

There I was at one of my favorite places doing one of my favorite things: standing on the shore of a nearby lake fishing. Pauline had given me a new casting reel and I was giving it a workout, enjoying how quietly it functioned and how far I could cast as the day moved too quickly to a close.

Soon the sun would sink down over the horizon behind me and I would head home to polish a few more pages on a book I was writing. Waves were quieting to ripples as I looked across at the distant shore and took in the natural beauty of the moment.



Roger Campbell

Fishing often reminds me that our Lord loved to be near the water and that He had called humble fishermen to be his disciples, saying He would make them fishers of men. These unlearned men of the sea

would soon leave all to follow Him and later become known as world changers who brought thousands into the family of faith and launched a spiritual adventure that continues to change lives today.

The serene scene before me, as is often the case, moved me to worship: softly singing hymns and praying for members of my family and others who came to mind. That was the setting when my few hours of fishing were transformed from a time of routine relaxation to an unforgettable experience.

I had just made a long cast and settled back while reeling in the bait with anticipation when I heard a fluttering of wings and suddenly a dove landed, not more than an arm's length away, on my casting rod.

I'm grasping for words to describe an indescribable moment: one that seemed frozen in time (or eternity) for as long as this beautiful bird was there resting on my pole.

"Well, you're a pretty bird," I remarked, a comment I might have made to a cardinal, a robin or even a sparrow. But this winged one was different. This was a dove that had arrived uninvited to my worship service. Forty days after the tops of the mountains began to appear, following the great flood of Noah's time (Genesis 8), Noah sent out a

dove to see if the water had receded enough to disembark from the ark. The dove's return and subsequent second mission let Noah know that by God's grace he had weathered the storm and saved the race.

When Jesus was baptized by John the Baptist, Matthew says the Holy Spirit in the form of a dove came to rest on Him (Matthew 3).

So doves have come to symbolize peace or the presence of God.

Imagine, then, my surprise when one of these carriers of good news had come to visit me while I was singing, praying for others and giving thanks.

"Cut to the chase," some reader says: "Did you catch any fish?" Yes, a northern pike, which I soon set free to roam the depths and grow, just as a beautiful dove had arrived out of the blue to help me grow in my understanding of God's love and share this unforgettable story with you.

How long did the dove stay? Those magic moments weren't timed, but their memories remain today.

And the peace God brings to a troubled heart confirms His love will never depart.

— Roger Campbell is an author, a broadcaster and columnist who was a pastor for 22 years. He can be reached at rcministry@ameritech.net

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August 3 - 6
7:00 pm - 8:15 pm

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Mobile Pantry serves county residents

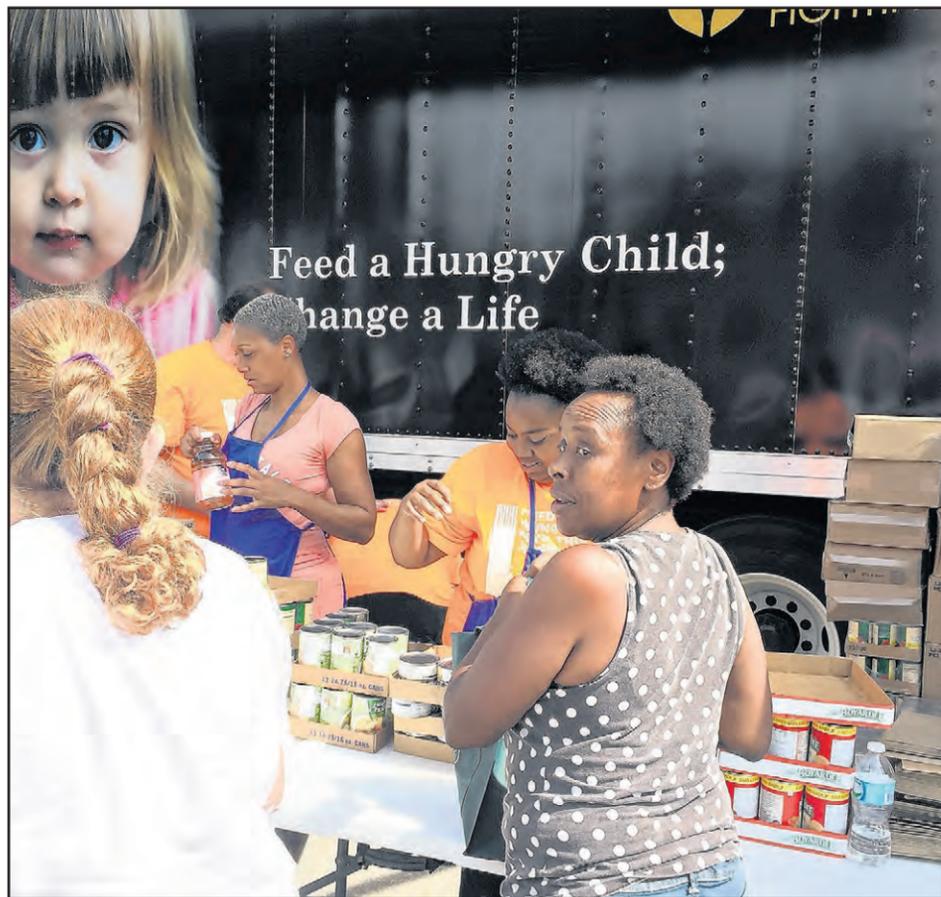
SUBMITTED By BECKY SUE MERCER
ARCADIA HOUSING AUTHORITY

The community need is so great that even two waves of torrential rain in between the sun during the 4 p.m.-6 p.m. distribution did not deter the hungry from being in line or collecting food during last

week's Mobile Pantry. A total of 335 families were served perishable and non-perishable food. By the end the wonderful volunteers were completely soaked from the rain, but smiles were still on their faces. The families were grateful that we continued to distribute the food even in and after the rain.



A total of 335 families were served at the recent Mobile Pantry.



PHOTOS PROVIDED

Volunteers help pass out food items during the Mobile Pantry event.



Thank you to all who voted to give **Terra-Fried** the distinction of having the best fried chicken in DeSoto County!
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Goodwill

MANASOTA



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THIS WEEK IN DESOTO COUNTY

1959:

- The championship of the Arcadia All-Florida Rodeo moved back to DeSoto County last Saturday when Donald Boyd, a black hatted cowboy, racked up 371 points to conquer a field of top-flight Florida contestants.
- Attending Girls State were Jean Fischback and Dianne Dishong.
- Howard Forbes resigned his position as county sanitarian with the county health department to accept a position on the faculty at DeSoto High School.
- Road 70 east of Arcadia is practically 55 percent finished.



Compiled from back issues of The Arcadian

Hayley Mercer

haylemariemercer@gmail.com

- Mr. and Mrs. Bob Wertz home was the scene for the wedding of their son, Darryl Edward Wertz, to Judy Elizabeth Hinson, daughter of Mrs. Esther Carter.
- Among those enrolled in the life-saving class sponsored by the

Red Cross were Dick Henry, Jimmy Yarborough, Pete Craft, Joe Waldron, Mickey Bera, Bob Whitlock, Lynn Eiland, Sue Boring, Joan Converse and Bert Hollingsworth.

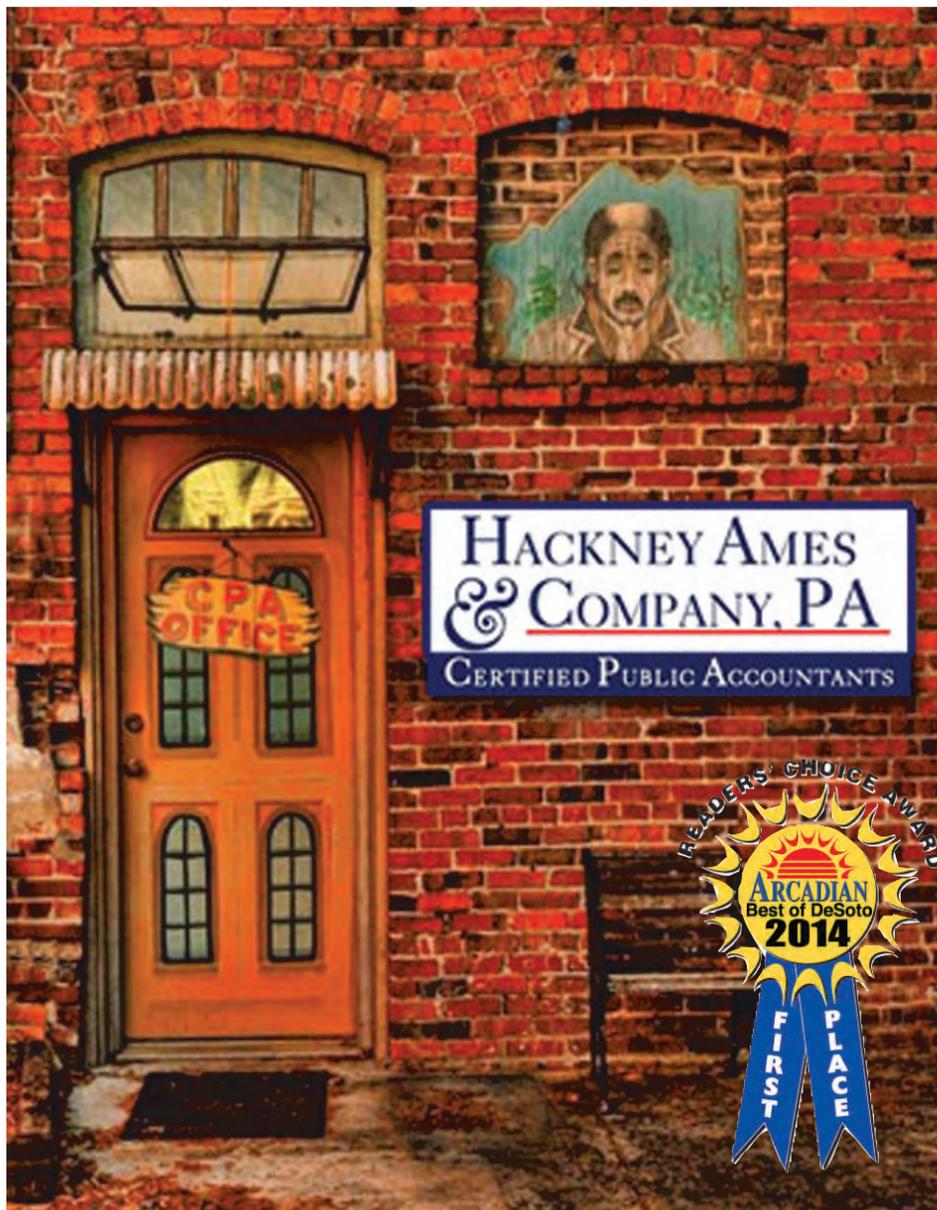
1984:

- Police Chief Kenny Carlton has been appointed Chairman for the annual "Wheels for Life" Bike-A-Thon in Arcadia. This ride will benefit St. Jude Children's Research Hospital, now the largest childhood cancer research

center in America.

- Lew Houk, an audit clerk for the Arcadia Florida Power & Light office, was named Employee of the Month at the Chamber of Commerce breakfast. In presenting the plaque, DeSoto County Chamber of Commerce President Bernie Crews said Mrs. Houk was "dedicated to her employer and fellow employees" and was "constantly aware of changes and new

THIS WEEK | 32



Thanks to all of our customers and the readers of the Arcadian for voting us

THE BEST ACCOUNTANTS IN DESOTO COUNTY

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Rotary welcomes District Governor



ARCADIAN PHOTO BY SUSAN E. HOFFMAN, shoffman@sun-herald.com

The Arcadian Rotary Club on Tuesday hosted special guests for their noon meeting. From left are Sherry Penfield, Assistant Governor Area 7, Arcadian Rotary President Rhonda Mixon, Pete Doragh, District Governor, and Cyndi Doragh, District Governor-Elect.

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Salvation Army brings lunch to Arcadia

Children eagerly await free lunches delivered by the Salvation Army on Friday at the Arcadia Housing Authority.



ARCADIAN PHOTOS BY SUSAN E. HOFFMAN, shoffman@sun-herald.com



Volunteer Mike Provau, left, Carlos Osorio of the Salvation Army, and at right, Cpt. Josue Prieto chat with some of the people waiting for free lunches to be served by the Salvation Army Friday. • Turn to page 39 for more photos.

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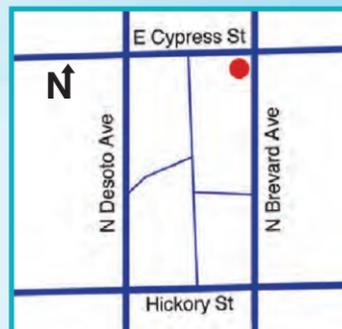
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Dr. Laura DeStefano

With the new school year just around the corner, the first day of fall sports practice begins Aug. 4.



Fenders Auto Parts downs Wrecking Balls 21-12



ARCADIAN PHOTOS BY STEVE KNAPP, sbigdaddyknapp@aol.com

The Fenders Auto Parts DCAA co-ed softball team is all smiles after their recent win. Team members include David Boone, Jeff and Jacob Sutton, David Serenna, Shane Floyd, Tracy Hoppel, Troy Howard, Jamie Platt, Ricky Morales and Melinda Morales. • More photos on page 15.



Fenders Auto Parts outfielder Julie Sutton keeps her eye on the ball and goes the opposite way for a base hit during her team's 21-12 win in DCAA action last week.



The Wrecking Balls' "Peanut" Howard waves home Russ Rizzo during game action. Their team still fell short, however, as Fenders Auto Parts won 21-12.

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Dr. Karyn E. Gary
Superintendent of Schools

Thank you, DeSoto County!



The Wrecking Balls' Matt Griffin makes a back-handed flip to third baseman Kaylyn Ayres for a force-out play. Griffin's team lost 21-12 to Fenders Auto Parts.

ARCADIAN PHOTOS BY STEVE KNAPP, sbigdaddyknapp@aol.com

The Wrecking Balls co-ed softball team includes "Peanut" Howard, Jose Rodriguez, Ashlei Taube, Russ Rizzo, Kaylyn Ayres, Matt and Amie Griffin, Jeff Lindberg, Rachel Kocsis, Britt Denby, Nick Selwyn and Juan Ortiz.



The Wrecking Balls' Amie Griffin grounds out in the second inning against Fenders Auto Parts.

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Mosaic downs Pop and Twist 16-14

Third base coach Neil Edwards encourages his team during recent game action. Mosaic defeated Pop and Twist 16-14.



PHOTOS BY STEVEN JEWELL



Mosaic's Lawton Davidson swings for the fence in recent DeSoto County Adult Athletic Association softball action. Mosaic beat Pop and Twist 16-14.



Lester Hornbake races for home plate as Pop and Twist players watch the ball sail to the outfield. Mosaic won the game 16-14.



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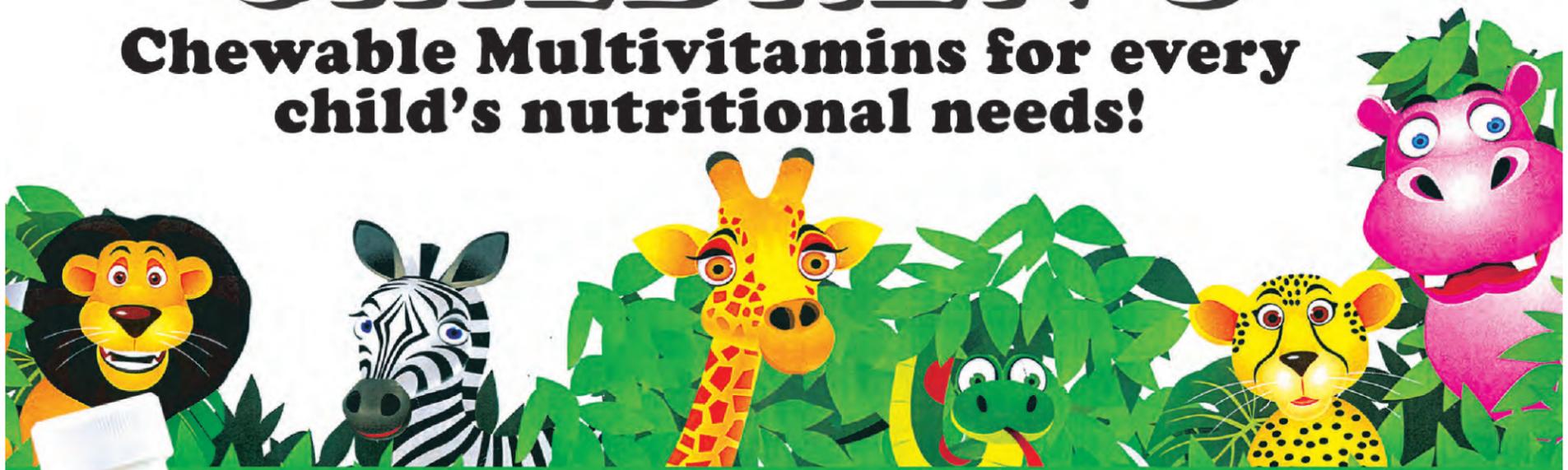
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Bash Brothers defeats 4 Queens

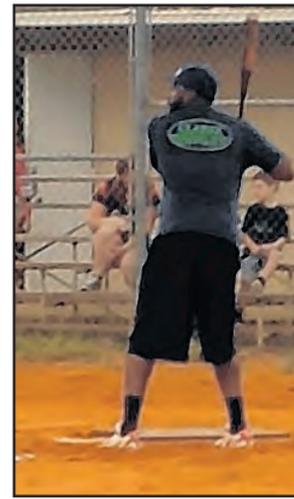
The Bash Brothers' Chris Browning rounds third base en route to scoring a run for his team. The Bash Brothers defeated 4 Queens in recent DeSoto County Adult Athletic Association softball action.



PHOTOS BY STEVEN JEWELL



A Bash Brothers player and coach watch the ball to ensure a safe tag up from third base.



Jamar Jones focuses on the ball as he prepares to swing in recent game action.



Bash Brothers player Brad Roberts heads back to the base after his third base coach gives him the stop signal in the team's game against 4 Queens. The Bash Brothers won the game.



4 Queens player Jared Zolkos swings for the fences during his team's game against the Bash Brothers.

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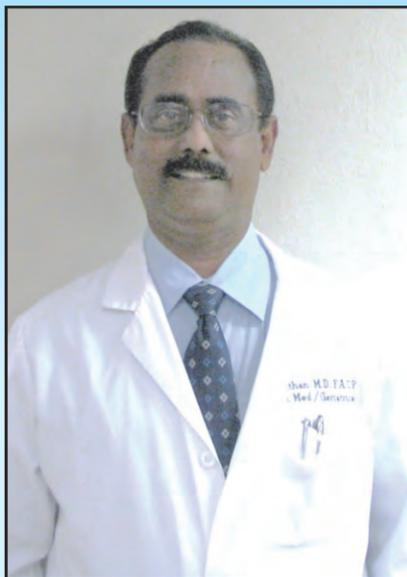
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Fall sports start date approaching

SUBMITTED By JARRET ZOLKOS
 DeSoto County
 High School Athletic Director

DeSoto County High School has set Aug. 4 as the start day for participation in all fall sports (football, volleyball, boys' and girls' cross country and boys' and girls' golf). Start time will be 3:30 p.m. for all sports.

Football, volleyball and cross country

participants should come to the high school, while anyone interested in golf tryouts should meet at the Bluffs golf course.

Any student interested in fall sports must have a physical packet completed before they are allowed to participate. Packets can be picked up at the high school. For more information contact DCHS Athletic Director Jarret Zolkos at 863-494-3434, ext. 224.



ARCADIAN FILE PHOTO

It's almost time for Fall sports. Sign-ups begin soon.

Plattner's helps out youth baseball



ARCADIAN PHOTO BY JACK WELCH

DeSoto Youth Baseball received a lot of equipment in the beginning of the season from Chevrolet Youth Baseball and Plattner Chevrolet. Last week, they also received a \$500 check from Plattner's Chevrolet and Chevy Youth Baseball. From left are Brady Adams, Casey Rittenburg (who now plays DeSoto High School baseball), and Caleb Adams.

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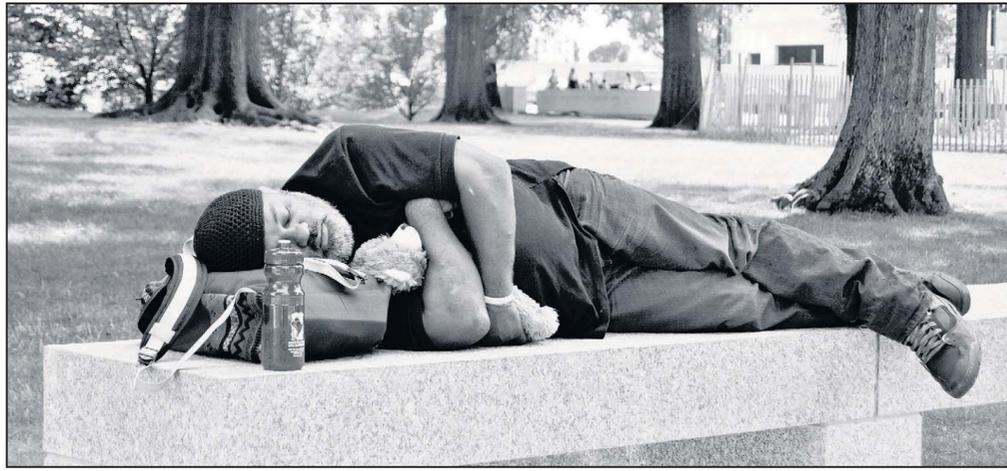
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PHOTOS BY MARISA BAUER

A homeless man clutches his teddy bear as he sleeps on a bench outside the Library of Congress. Despite a large police and tourist presence, he was never asked to move nor offered any assistance. Beyond its awe-inspiring buildings and illustrious history, Washington, D.C. is plagued by a high homeless population and troubling poverty rates.

ONE

FROM PAGE 1

A humbling experience

If you've ever visited Washington, you'll likely agree it's nearly impossible not to come away inspired in some way. We are blessed to have a group of founding fathers who were so progressive and insightful in their thinking of what constitutes a free society, that we have the longest-standing democracy in world history. Their foresight helped shape the country into the world power we are today, and although citizens will always have plenty to complain about, the fact we even have a right to complain is testament to the unique rights we often take for granted.

Our vacation was a whirlwind of sight-seeing adventures. From the White House to Arlington National Cemetery and everything in between, I was overwhelmed by the seemingly endless amounts of history located in such a compact area. But as large and illustrious as D.C. is, it faces many problems similar to those affecting cities and towns across America, including here in Southwest Florida.

Among them is a rapidly growing homeless population and extreme poverty in its Southeast Corridor. Walking past gorgeous granite and marble government buildings and museums, we frequently passed homeless individuals sleeping on

benches, camped out in tents on the National Mall and begging for assistance. One in five District of Columbia residents live under the national poverty level, and more than 15,000 homeless individuals call the city home. Much like DeSoto County and Arcadia, D.C.'s local government has struggled to find a solution while the numbers continue to grow.

Despite its problems, however, the city's numerous monuments and historical landmarks showcase how

resilient it — and the country — has been in the face of historically hard times. As distant as Washington might seem from DeSoto County in terms of size and stature, we are more similar than we realize.

A united front

A general theme that resonates through our country's history is that progress was never achieved without the involvement and support of the citizenry. The guide during our

tour of the Capitol Building told one particular story that says so much about the importance of unity in our country's success.

When President Abraham Lincoln first took office, the Capitol's dome as we know it today was still under construction, braced by ropes of steel. During the Civil War construction costs for the new dome and other parts of the building drew enormous criticism from Democratic opposition, and the building crew announced it was halting work until the war was decided. Lincoln, however, mandated that workers continue construction, saying, "If people see the Capitol going on, it is a sign we intend the Union shall go on."

Finishing the building's dome may have seemed insignificant to many, but Lincoln understood that even the smallest acts of symbolism can have a profound effect on community spirit. I have seen the same community optimism here whenever there is a hint of growth, whether it be the opening of a new restaurant or even something as simple as property improvements. Big or small, communities thrive on a sense of pride and unity, and history has shown that any efforts by individuals to build on that will result in positive results. To that end, it's important for individuals to volunteer for organizations like Team Arcadia or Habitat for Humanity, or get involved in efforts like the revitalization of the Smith Brown Gym. A united front is a powerful one, and the more we work together

the stronger our community becomes.

Building off progress

When Thomas Jefferson insisted the Declaration of Independence include the phrase, "All men are created equal," and Lincoln succeeded in getting Congress to pass the 13th Amendment abolishing slavery, I often wonder if they had any idea how much their actions would influence the course of history.

It's a theme I encountered time and time again during my D.C. visit. Acts or decisions that might have seemed trivial at the time set the stage for extraordinary events years, even decades later. A simple break-in at the Watergate Hotel, for example, led to a president's resignation and a fundamental change in American journalism.

But these events don't always have to occur on a national scale for their impacts to be felt. The decisions being made now by the County Commission regarding land development regulation changes will have a profound impact on growth for years to come, and the city's current strategic planning will play a large role in determining what Arcadia will look like for future generations. Perhaps the interest Coach Bowers has taken in Arcadia's youth and the Smith Brown gym will encourage countless individuals to pursue a dream of a college degree that might otherwise have never been possible.

E pluribus unum. We are a country of many cultures, ideas and opinions. But what makes us unique is our success at maintaining one unified, strong voice. As much as we may disagree on issues on both a local and national level, we can take strength from the fact that our walls have been tested, and they have not wavered. As our nation continues to evolve and move forward, I have faith that DeSoto residents will do the same, finding answers to the tough questions and preparing ourselves for the unknown challenges that await.



This imposing statue of Abraham Lincoln stands on one side of a hallway the President must enter before reaching the House of Representatives chamber. On the other side is George Washington; the two figures provide an intimidating reminder of the high standards set forth by two of our country's greatest leaders.

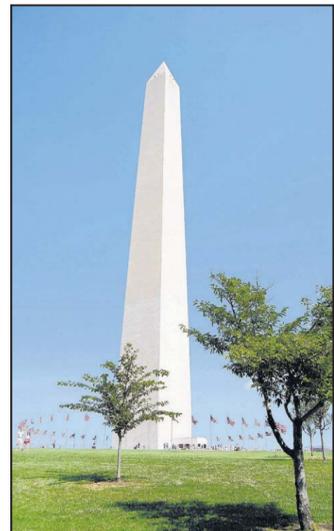
DeSoto residents will have the opportunity to experience the inspiration and powerful emotions associated with viewing the Vietnam Memorial when the traveling wall exhibit arrives for display in December.



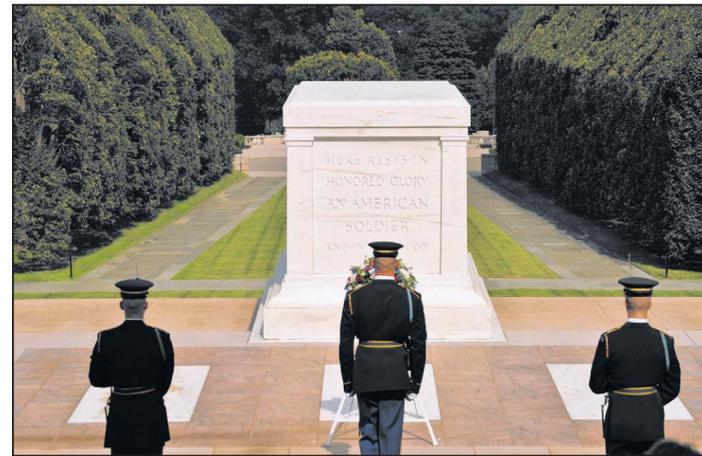
A view of the front of the U.S. Capitol building from The Mall.



Anchoring one end of the National Mall, the Lincoln Memorial and Reflecting Pools have been the backdrop for historic events such as Dr. Martin Luther King Jr.'s "I Have a Dream" speech and the Million Man March, among others.



The Washington Monument is one of the most visited — and arguably the most recognizable — landmarks in Washington, D.C.



The changing of the guard at the Tomb of the Unknown Soldier is an emotional and impressive ceremony that honors those who gave the ultimate sacrifice for our freedom.



At one point boasting more than 8,000 acres, George Washington's grandiose Mt. Vernon estate is perched on the banks of the Potomac River and is open for public tours.



The author's wife and daughter stand in front of the bench Abraham Lincoln was known to sit in for hours in the Capitol Rotunda. His staff would often find him staring at the famous paintings that fill the room, searching for inspiration during the darkest times of the Civil War.



One of the most famous symbols of American power and stature, the White House has endured dramatic changes since its construction in the late 1700s. Among them was being completely gutted by a fire set by British soldiers during the War of 1812.

Anderson survives carnage to win at DeSoto Speedway

By **SCOTT LOCKWOOD**
DE SOTO SPEEDWAY

Bradenton's Danny Anderson survived a late scare to take Saturday night's crash-marred 50-lap main event for the Joey Coulter Florida Pro Truck Series at DeSoto Speedway.

Outside polesitter Brent Huber took the lead on the start and paced the first 10 laps of the race with Bradenton's Tyler Lau and Cody McDuffie right on his tail. Lau pulled ahead for the lead on lap 11 just before the caution flew for debris on the track.

Lau lost the lead to McDuffie on a lap 17 restart. McDuffie, Lau, Anderson and

Chad Chastain were pacing the field when Scott Hogan spun going into the third turn and collected series points leader Becca Monopoli on lap 20. Both trucks were able to continue despite heavy damage.

Anderson grabbed the lead on a lap 23 restart and was gradually pulling away from McDuffie and Steve Daravalics until the caution flew again for a spin involving Troy McNabb and Hogan.

One lap after the ensuing restart, McDuffie got loose going through turn two and collected Daravalics, Chastain

SPEEDWAY | 25



PHOTOS PROVIDED

Danny Anderson celebrates his victory Saturday at DeSoto Speedway.



Kyle Best celebrating his victory over his uncle and others.

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Spotty rainfall received; Florida remains drought-free

FOR THE WEEK ENDING JULY 27

Weather Summary

According to Florida's Automated Weather Network, rainfall ranged from 0.08 of an inch to 5.57 inches this past week. Hastings (St. Johns County) received the most rain with 5.57 inches, followed by Lake Alfred (Polk County) with 4.12 inches. The highest temperature was 97 degrees at Immokalee (Collier County). The lowest temperature in the state was 64 degrees at Citra (Marion County).

Fruit and Vegetables

Farmers in Hendry County were beginning land preparation for fall planting. Fruits and vegetables being



harvested in Miami-Dade County included: okra, boniato, malanga, mangoes. Okra, bitter melon and boniato were also being planted in Miami-Dade County.

Field Crops

There was an average of 5.9 days

suitable for field work, down from 6.1 days the previous week. Hay was being cut in the Panhandle, north and central Florida when possible due to wet conditions. Army worms were still a problem in hay and pastures. Field corn harvesting also slowed due to wet conditions. Peanut pegging was ahead of the previous year and the 5-year average. Peanut condition was mostly good for the State.

Livestock and Pastures

Statewide, the cattle and pasture condition was mostly good. Pastures in the Panhandle have damage by army worms. Pastures throughout the state have received significant rain and were generally in good condition. Water was standing in pastures in Okeechobee County.

Citrus

Rainfall in the citrus producing area this past week was widespread and generally heavy. All but one station received some precipitation. Thirteen stations received more than an inch and seven received more than two inches. Lake Alfred (Polk County) received the most at 4.12 inches, followed by Ona (Hardee County) with 3.08 inches. Lecanto (Citrus County) recorded the least with no precipitation recorded. Daytime high temperatures were warm, reaching the low to mid 90s in all citrus producing counties. As per the U.S. Drought Monitor, last updated July 22, the entire citrus producing region in Florida remains drought-free.

Next season's citrus crop is progressing well. Growers and caretakers are applying summer oils, fertilizing, irrigating, and in some cases resetting new trees.

MYSTERY

FROM PAGE 6

Their "log" was published in the April 1972 issue of the "Florida Historical Quarterly" (<http://palmm.fcla.edu/fhp>).

Even Punta Gorda had a rink as recorded by Lindsey Williams in his article about the First Baptist Church of Punta Gorda: "According to church lore, the first sanctuary was a roller skating rink over a livery stable" (www.lindseywilliams.org/index.htm?Articles/Charlotte_Countys_Oldest_Church_Sanctuary.htm~mainFrame).

Similarly, Mary Mizell Powell wrote

four pages about the history of Pine Level for the 100th anniversary of the Pine Level Methodist Church in 1968. In it, she stated, "... Mrs. Missouri Mizell Carlton [1875-1966], who passed away at the age of 90, ... told of joining the Church during the time services were being held in a [roller] skating rink." It must have been built prior to 1884, as that is the date Powell gives for the construction of the first church.

A roller skating rink needed a smooth, wood floor. Transportation to Pine Level was limited to wagons over poor roads or the mail "stage" on Mondays and Thursdays. So the lumber was probably sawn in Pine Level, perhaps by R. S. Griffith. Elected in 1876, he served as Manatee County's

clerk of the circuit court. His saw mill in Pine Level is listed in the "Florida State Gazetteer and Business Directory" for 1886 (<http://palmm.fcla.edu/fhp>). To protect the floor, the skating rink also needed a roof and probably walls as well.

By the 1890s, bicycles began to replace skates as the new sport. Pine Level's skating rink was probably dismantled, and the lumber used for other structures. It nearly disappeared from the historical record as Pine Level was remembered as a rowdy, frontier town.

What do you think Pine Level looked like between 1866 and 1900? Can you picture the roller skating rink? The DeSoto Arts and Humanities Council

is sponsoring an art contest and quilt challenge to bring the historic town into focus. The artwork and quilt squares will be on display during the Pine Level Public Arts and Archaeology Day, from 11 a.m. to 2 p.m. on Oct. 18 at the Pine Level United Methodist Church, 9596 N.W. Pine Level Street. The event is sponsored by DeSoto County Historical Society and the Florida Public Archaeology Network West Central Region.

More information about historic Pine Level is available on the DeSoto County Historical Society Web site — www.historicdesoto.org — and about the art contest and quilt challenge on the DeSoto Arts and Humanities Council Web site — www.desotoartscouncil.org.



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BUDGET

FROM PAGE 1

debt most evenly through the county, and will allow us some wiggle room to not raise our millage rate if property values continue to fall.”

Langford’s sentiments were echoed by Commissioner Buddy Mansfield, who was open to the idea. “We have two ways to generate revenue: raise taxes or increase our taxpayers,” he said. “If we spread out the MSTUs then everyone pays and we don’t have to worry about increasing the millage rate. This is an idea I’d like to see us pursue.”

Miller also supported the idea, but

said the concept wasn’t new. “We talked about this last year, but the result of the millage increase was dedicated to public safety,” he said. “Now we’re talking about that \$1.2 million again. With an MSTU we could better monitor those numbers, and you’ll have my support on this if we can get it implemented.”

Langford also expressed his frustration at comments from some in the community to completely cut out post-retirement benefits for county employees. “It really irks me that there are people running their mouths about this,” he said. “If certain people want to take that benefit away, let me say right now that this county would be looking at a class-action lawsuit, which would

include around 80 people.”

Miller disagreed, citing a recent opinion from the county’s labor attorney which said the benefits could legally be removed without repercussions. “This is an item we can remove that benefits only a select group of people, and it’s a large part of what we can do to bring our county back into line as far as budget numbers are concerned,” he said. “Commissioner Langford, you might stand up for this as long as you are a commissioner, but I promise I will be standing just as strongly against it for the time I have left on this board.”

Langford ended the conversation by saying, “If it does happen that we try to remove this, I’m telling you all now it’s going to blow up.”

the commissioners said they were comfortable initially placing it higher and allowing for wiggle room in case budget numbers change.

“I think I’m comfortable with that number at 9 or 9.5,” Langford said. “We should always plan for the worst, but the tax rolls usually come in a little better than expected, and the plan would be to lower the final millage rate but to still have that cushion if necessary.”

Commissioner Gabriel Quave agreed, saying, “I have a lot of faith in our staff, but it’s very easy to make a ‘whoops’ during the process. I’m in favor of setting the tentative rate a little higher and bringing it down later.”

Because the board is not allowed to vote officially on an issue during a workshop, they set a special meeting today to approve a tentative millage and MSTU/MSBU rate. The board also agreed to hold another budget workshop at 1 p.m. on Aug. 12.

Tentative millage discussed

Hines asked the board for direction on the county’s tentative millage, and

A special summer entrée ... meat pie

Pie on the menu usually suggests a dessert, but we have enjoyed this pie entrée which conforms to our diet needs. It has a layered construction and requires 1/3 pound of ground turkey, a medium-sized chopped onion, 1/2 can drained black beans, 1/2 cup frozen corn, 1/2 can salt-free tomatoes, 1/3 cup picante sauce and 3/4 cup low-fat shredded Cheddar cheese. For the topping, you'll need 1/2 cup Bisquick mix, 1/4 cup low-fat milk and 2 ounces of Eggbeaters, plus one cup of potato chips for the "crust."

Begin by sautéing the ground turkey with the chopped onion in 1 tablespoon of canola oil. Then add the tomatoes, beans, corn and picante sauce and simmer.

Prepare topping; stir together the Bisquick mix with milk and Eggbeaters.

Then prepare the pie plate. Spray bottom, then add the crushed potato chips



From a Senior Viewpoint

Lois Hendricks

loistom@embarqmail.com

for a crust. Pour in meat and vegetable mixture, then top with the shredded cheese. Finish by spooning the Bisquick mixture on top.

Bake in 400-degree oven 25-30 minutes or until brown, and enjoy a wedge of summer pie.

And a perfect accompaniment is a tray of the cut, fresh fruit the deli sections of the grocery stores are now offering ... completing a tasty (and healthy) summer meal.

SPEEDWAY

FROM PAGE 22

and Dylan Martin, who made hard contact with the outside wall on lap 33. Everyone involved was able to continue after repairs.

Anderson looked to be cruising to an easy win until the caution flew for Lau's flat tire with five laps to go. Immediately after taking the caution Lau made accidental contact with Anderson, but Anderson was able to continue with minor damage.

Anderson would keep the lead on the final restart and go on to his first win of the year at Desoto Speedway. Huber finished second, with Monopoli rallying back to finish third. Rick Palmer and Daravolics rounded out the top five.

In other action Saturday night, local racer Cody Martell of Arcadia

placed 11th in the Pro Trucks division. Kyle Best took the lead from his uncle Jimmie Best about halfway through the 25-lap LKQ Pick Your Parts Autoparts Pure Stock feature and went on to his first career win in that division; Jordan Miller won the Rookie 4 feature; John Sappraicone Jr. took the win in the Modified Mini feature; Ander Jackson won the Sun Belt Rentals of Fort Myers Street Stock main event; and Carl Thompson held off Brandon Duchscherer to win the 20-lap Bomber feature. Randy Johnson of Bradenton won the Mini Stock feature while Richard Nelson of Port Charlotte took home the win in the Cowboy Cadillacs.

The J.D. Byrider Open Wheel Modifieds highlight next week's racing action at DeSoto Speedway. The Take Aim Gun Range Sportsmen, Pro Trucks, Pure Stocks, Mini Stocks and Rookie 4's will also be in action.



Jordan Miller of Bradenton won the Rookie 4 feature.

PHOTO PROVIDED



Artwork by Trent Brodowsky



Our sincere gratitude goes out to the entire DeSoto County community for participating in the success of the 7th Project Graduation celebration for the graduates of DeSoto County High School. Your generosity and kindness played an integral part in the planning and organizing for this fabulous party. Our community came together once again to give our graduates a wonderful celebration to keep them safe on one of the most memorable nights of their lives. Approximately 200 teens attended this supervised, alcohol and drug free event and spent the night listening to music, eating great food donated by local restaurants, playing games, getting tattooed, painted and photographed, participating in a hypnotist show, and drawing for prizes. A special thanks to Stephanie McAnly for being the emcee and Pierre Hilaire for providing music at the benefit dinner, to the DeSoto Co. School District for the use of DeSoto Middle and High Schools, Karen Dalton who donated DJ services for the party, and to the volunteers who stayed up all night supervising, serving and playing with the Class of 2014 and their guests. Lastly, thank you DeSoto County for continuing to embrace this great event designed to keep our teenagers safe on one of the most dangerous nights of the year.

Sincerely,
DeSoto County
Project Graduation Committee
Class of 2014



Businesses & individuals who donated food, drink, supplies and/or silent auction items include:

- Clock Restaurant
- DHS Coaches
- DHS Delta Omegas
- DHS ESE Dept.
- DHS Math Dept.
- DHS Principals
- Len & Leslie Bickett
- Mark Negley-Supervisor of Elections
- Tim Vowels
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Coker's Bunker Babes make headlines at goat show

By **SUSAN E. HOFFMAN**
ARCADIAN EDITOR

For her first time exhibiting at the American Dairy Goat Association's National Show, Lori Coker made a very impressive showing.

The Arcadian herdsman who has been raising dairy goats for a decade traveled with several of her La Mancha goats to Louisville, Kentucky.

"I wanted the experience of a national show," she said, and I also wanted to meet other breeders." She was the only exhibitor there from Arcadia, with her Bunker Babe Goat Farm entries.

And for her first year, Coker had a terrific showing: several of her goats placed well in their classes, and Coker herself won the coveted 2014 Herdsman Award. The Herdsman Award is based



PHOTOS BY LORI COKER

Back home, Lori's wall is adorned with many certificates and ribbons from her show-winning Bunker Babes dairy goats.

partly on the animals she exhibited, and partly on Coker herself for reflecting "a positive image in the practice of exhibiting dairy goats." Considerations for the award include cooperation, sportsmanship, cleanliness of her exhibit area, good attitude, and her promotion of dairy goats. She had to be nominated by another exhibitor and voted on by the National Show Committee.

Among the goats she brought to the event were: CH Bunker Babes Selene, a 5-year-old Senior Milker who placed 19 out of 37; CH Bunker Babes Mia Tia who placed 17 out of 27; Bunker Babes Ruth, placing 12 out of 42; and in LaMancha Jr. Yearling, Bunker Babes Cataleya placed 9th and Bunker Babes Amris placed 10th out of 15.

It was a long journey as she drove a trailer from Arcadia to Louisville, and had to stop along the route to milk the goats twice each day. She was there over the week of shows, setting up a beautiful

exhibit area accented with hot pink — water buckets, feed bags, blankets ... everything was a distinctive hot pink — even the hooves of some of the goats!

For Coker, it was an exhausting but rewarding week, and exciting to come home with the Herdsman award.



Bunker Babes' area at the National Dairy Goat Show was readily identified by the hot pink everywhere — in blankets, feed bags, water buckets and more.



"We still have to milk even while we are traveling," Coker said. The truck broke down along the way, so she took advantage of the downtime to milk the goats in the trailer.



A girl has to have a mani-pedi before heading into the show ring! One of the goats gets a coat of bright pink polish on her hooves to match everything else at Bunker Babes' display.



Celebrating the end of a rewarding week on Luau Night at the National Dairy Goat Show, Lori Coker, at left, has a laugh with Maureen Herrera, Cindy Smith Carley and Nichol Benoit Kastor.



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CALENDAR

FROM PAGE 8

- The AA G.I.R.L.S. business meeting is held the first Monday at 7:15 p.m. at St. Edmund's Episcopal Church, 327 W. Hickory St.
 - The Arcadia Garden Club meets at noon on the first Monday of each month Oct. through June at its office, 1005 W. Magnolia St. Bring a covered dish to share.
 - Women of Worship "WOW" Women's ministry meets at 6:15 p.m. Monday at Freedom Fellowship Christian Ministries, 1528 N.E. Turner Ave. All are welcome.
 - A women-only G.I.R.L.S. AA meeting is held at St. Edmund's Episcopal Church at 6 p.m. on Monday at 327 W. Hickory St.
 - Alcoholics Anonymous Second Tradition meets at St. Edmunds Episcopal Church at 8 p.m. Monday at 327 W. Hickory St.
 - Al-anon, offering help for families of alcoholics, meets at 7:30 p.m. on Mondays at Fort Ogden Methodist Church, 6923 S.W. River St. in Fort Ogden. Alcoholics Anonymous meets at the same time. For information call 941-426-7655 or visit www.district13soflal-anon.org.
 - The DeSoto County Homeless Coalition Community Resource Center is open 10 a.m. to 2 p.m. Monday through Friday at 1425 Martin Luther King St. The center provides referrals for mainstream resources, elderly food stamps (by appointment) and computer service. Salvation Army has office space on Wed. by appointment. For more information, call 491-5683.
 - Prescription Assistance is at the DeSoto County Health Department Clinic Location: 1031 E. Oak St., Arcadia. Call to make an appointment or for more information, call 491-7580 ext. 256.
- TUESDAY**
- Arcadia City Council meets at 6 p.m. at the Margaret Way Building, 23 N. Polk Ave., Arcadia.
 - Freedom Fellowship Christian Ministries Support Group meets at 7 p.m. Tuesday at 1528 N.E. Turner Ave.
 - Every Tuesday night, line dance class at the Palace Dance Hall (17N). Beginners welcome. \$3 donation. For more info, call Jennie Martin at 494-2749.
 - Weight Watchers meets every Tuesday at 6 p.m. at Calvary Baptist Church, 1509 E. Oak St. For details visit

- www.weightwatchers.com and "find a meeting" or call 800-651-6000.
- Faith Mission provides free lunches for anyone in need, at 11 a.m.-12:30 p.m. 1109 S.E. 9th St. Donations gratefully accepted.
 - DeSoto County Library holds story time at 3 p.m. Tuesdays at 125 N. Hillsborough Ave., Arcadia. Call 993-4851 for more information.
 - The Peace River Woodcarvers meet from 9 a.m. to noon every Tuesday, starting Nov. 12, at the Speer Center, U.S. Highway 17 North, Arcadia. For information, contact Bill or Mary Morse at 207-418-4687.
 - ACCESS office is open from 9 a.m. to noon today at Pleasant Hill United Methodist Church, 319 S. Lee Ave., Arcadia. Call for appointments at 494-0320.
 - Alcoholics Anonymous Second Tradition meets at 8 p.m. at St. Edmund's Episcopal Church, 327 W. Hickory St.
 - Prescription Assistance is at the DeSoto County Health Department Clinic Location: 1031 E. Oak St., Arcadia. Call to make an appointment or for more information, call 491-7580 ext. 256.
 - Suncoast Community Blood Bank is open from noon to 6 p.m. today at 710 N. Brevard Ave. (U.S. 17 North), Arcadia. For more information, call 993-9366.

■ WEDNESDAY

- For this month only, DeSoto Arts & Humanities Council Board Meeting begins at 5:30 p.m. today at The Arcadian, 108 S. Polk Ave.
- Special Olympics Aquatics County Games will take place at Peace River Campground starting at 10 a.m. Aug. 6. The public is welcome to come cheer on the athletes. From here, the athletes will go on to area competition later, and then to State competition.
- There is a mandatory Beef Exhibitor meeting with a parent, at 6:30 p.m. on Aug. 6 at the DeSoto County Fairgrounds. Steer weigh-in is from 8-9 a.m. Aug. 9 at the Arcadia Stockyard.
- DeSoto County Homeless Coalition Mobile Pantry is on the first and third Wednesday of each month at the Smith Brown Gym starting at 9 a.m. until the food is gone. The only requirement is to be a DeSoto County resident. Sponsored by the All Faiths Food bank of Sarasota.
- The AA Serenity Group Business Meeting is held at 7:15 p.m. on the first Wednesday of the month at Grace Lutheran Church, 1004 W. Oak St.
- The Arcadia Writers Group meets from 3 p.m. to 5

- p.m. the first and third Wednesday of each month at the Arcadia Village Clubhouse. For more information, call Sarah Hollenhorst at 244-1663.
- The Retired Law Enforcement Association of Southwest Florida meets first Wednesday monthly at the Fraternal Order of Police Hall, 23300 Harper Ave., Port Charlotte. Dinner is at 6:30 p.m.; meeting is at 7:30 p.m. For information, call 941-423-0902.
 - Hour of Power Prayer time is held at noon at Freedom Fellowship Christian Ministries, 1528 N.E. Turner Ave.
 - AA "Brown Bagger" meetings are offered every Wednesday at 11 a.m. at Trinity United Methodist Church, 304 W. Oak St.
 - The Arcadia Eagles, 150 S. Polk Ave., now offers Bingo from 7-9 p.m. Wednesday evenings.
 - Alcoholics Anonymous Serenity-Big Book meets at 8 p.m. at Grace Lutheran Church, W. Oak St. (State Road 70).
 - Alcoholics Anonymous open discussion at Trinity Methodist Church, 304 Oak Street.
 - "Art for Kids" is at 3 p.m. every Wednesday in the DeSoto County Library's children's wing. This program, sponsored by the DeSoto County Arts and Humanities Council, is for elementary school-aged children.
 - Prescription Assistance is at the DeSoto County Health Department Clinic Location: 1031 E. Oak St., Arcadia. Call to make an appointment or for more information, call 491-7580 ext. 256.

■ THURSDAY

- The Arcadia is hosting an informal Election Forum and BBQ from 5-7 p.m. tonight at its offices, 108 S. Polk Ave. This is an informal get-together — no formal speeches or Q & A, just a chance for voters to meet one-on-one with candidates. All city and county candidates have been invited. Free hot dogs and burgers while supplies last. For details, call 494-0300.
- The DeSoto Arts and Humanities Council Board of directors meeting was changed to Aug. 6 for this month only.
- The Palm Beach Dog Show takes places Aug. 7-10 at the Turner Center.
- UF IFAS Range Cattle Research Center will offer a seminar on Limpoggrass release from 10 a.m. to 1 p.m. Aug. 7, including a tour of limpoggrass fields. Register by Aug. 4 at <https://limpoggrass-release-080714.eventbrite.com>.
- DeSoto Cares, a community group dedicated to

- searching out homelessness needs and solutions, meets on the first and third Thursday at 5:15 p.m. at the Housing Authority Conference Room. For details, call Rev. Ted Hanus at 993-3435.
- Chamber of Commerce August Early Bird is at 8 a.m. August 7 at the Chamber offices, 16. S. Volusia Ave., hosted by GEO Care. Parking is available in the Mosaic lot across the street from the Chamber.
 - The 4-H Stitch in Time sewing club meets every first Thursday at 5 p.m.
 - DeSoto County Historical Society Research Library is open in the Ingraham Seed House, 120 W. Whidden Street: 9 a.m. to 1 p.m. on Thursdays (except for the second Thursday of the month), and by appointment.
 - The John Morgan Ingraham House is open from 9 a.m. to 1 p.m. on Thursdays, except the second Thursday, and from 9 a.m. to 1 p.m. on the second Saturday of the month.
 - Relaxation Yoga Class every Thursday, 5 p.m.-5:15 p.m., registration and yoga tea; 5:15-6:15 p.m., yoga class. Come enjoy an hour of serenity focused on breathing, gentle yoga poses, peaceful stretching and quiet relaxation. Held in the Health Dept., conference room, 34 S. Baldwin Ave. Drop-in \$7/class, 8-class package \$40 (\$5 per class). Bring your own mat. For more information, call Christine at 244-1925.
 - DeSoto County Library story time is at 3 p.m. at 125 N. Hillsborough Ave., Arcadia. Call 993-4851 for more information.
 - Temple Beth El — North Port Jewish Center, 33840 South Biscayne Drive, North Port, hosts an American Contract Bridge League every Thursday, at 1 p.m. at the temple. The cost is \$6 per session. We will be participating in "The Common Game." For reservations call Shelli Wetherson at 941-497-7184.
 - Cocaine Anonymous meetings are held every Thursday from 7 p.m. to 8 p.m. at Pleasant Hill United Methodist Church. For information, call Curtis Clark at 244-2884 or Sandra Elmore at 352-476-8520.
 - Faith Mission provides free lunches for anyone in need, 11 a.m.-12:30 p.m. 1109 S.E. 9th St., Arcadia. Donations gratefully accepted.
 - Alcoholics Anonymous Second Tradition meets at 7 p.m. at St. Edmund's Episcopal Church, 327 W. Hickory St.
 - Prescription Assistance is at the DeSoto County Health Department Clinic Location: 1031 E. Oak St., Arcadia. Call to make an appointment or for more information, call 491-7580 ext. 256.



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LETTERS

FROM PAGE 4

The *Arcadian* owner David Dunn-Rankin and publisher Joe Gallimore were both noticed that it was in error, that local business owner Charles Craven had made the remark about resignation and was addressing City Administrator Thomas Slaughter, not me. The actual conversation —

Craven: Would you resign tonight? — seek your resignation?

Slaughter: Ms. Jankosky cost this community how much? I found out ...

Craven: I don't care. I asked you if you would resign.

You were asked to issue a correction

which you failed to do.

This seems to be endemic with both the staff of the *Arcadian* and its sister publications. You "invent" the news, rather than report it; you never make mistakes; and apparently the ownership condones these fabricated stories.

An example of this was your staff's concerted effort to have us illegally remove Robert Allen from the city council, a man who has given much in his life to public service in this community.

I'm sure by this letter I will become once again Steve Bauer's and Susan Hoffman's target du jour as I was prior to my election to office.

How sad for the citizens of Arcadia that there is no other outlet to glean local news.

Joe Fink
Arcadia

Note: We received a number of letters pertaining to DeSoto Memorial Hospital. We cannot run all of them in one week, but we will continue to print the letters we've received over the next few weeks. Anonymous letters will not be accepted.

DeSoto residents support hospital

Editor:

I am my 90-year-old parent's caregiver.

We need a medical facility close by. Having DMH close can mean the difference between life and death for the whole community.

The majority of my family lives here and uses DMH.

I also feel it has a huge impact on the economy of the city and county. Without DMH many would be without jobs and would have to leave the area. Also those in need of a hospital close by would have to leave the area, both affecting our area's economy.

My family has experienced Venice Regional, Sarasota Memorial, Doctors Hospital and DeSoto Memorial, by far DeSoto Memorial is the cleanest and most efficient hospital of them all. We need DeSoto Memorial and its doctor and nurses.

Vicki E. Price
Arcadia

Editor:

I have been a resident of Arcadia for 20 years. I have COPD and low red blood count.

In 20 years, I have been a patient at DeSoto Memorial Hospital 13 times, four times for blood transfusions, and I go each Thursday morning for

a Procrit shot.

The doctors, nurses and staff are very kind to me. The rooms are all clean and the food service is good.

I live alone and can't drive out of Arcadia.

I thank the Lord for DMH and hope it can remain as it is today.

Louise Spires
Arcadia

Editor:

DeSoto County needs a hospital to take care of the people that live in DeSoto County. Without a good medical care in DeSoto County 24 hours a day, people can die. We need our hospital!

Melinda Crites
Arcadia

Editor:

We need a hospital in DeSoto County to serve all citizens, especially older people who may have transportation problems. It is convenient to have a local hospital for both routine and emergency treatment.

Karen Guidry
Arcadia

Editor:

Editor: DeSoto Memorial Hospital is convenient. There are good doctors and workers. There are specialists who come to Arcadia; it saves people travel out of town. There will be more deaths without help close by. Elderly people will suffer, so will people in Arcadia. Keep the hospital open. Very bad choice to close.

Margaret Romano
Arcadia

LETTERS | 29

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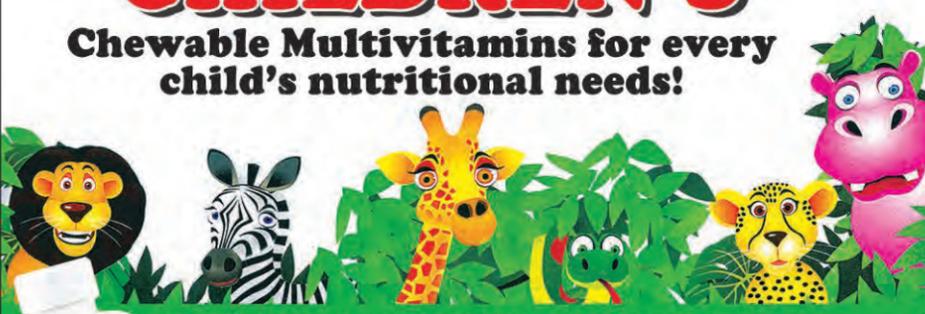


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FIRST PLACE

LETTERS

FROM PAGE 28

Editor:
Closing DeSoto Memorial Hospital would be a big blow to me and all of the county residents. I am a patient there quite often for blood work, X-rays, ultrasounds etc. If I had to drive to Wauchula, Port Charlotte or Punta Gorda for these services, it would put a strain on my budget.

Also I believe if there was no DeSoto Memorial Hospital the quality of physicians in this county would be vastly diminished. I feel the majority of them would go where the hospitals are located.

Please work to keep DeSoto Memorial Hospital here as is and not a small piece of some large corporation. The doctors, nurses, aides and all the workers there are the best.

Mamie P. Carter
Arcadia

Editor:
It is extremely critical that DeSoto County continues to maintain and finance DeSoto Memorial Hospital. The hospital serves the people of Arcadia as well as the other surrounding DeSoto County communities of Nocatee and Fort Ogden. It also serves the city 25 miles north of Arcadia, Wauchula, which is in Hardee County.

DeSoto Memorial Hospital has modern buildings and some of the most up-to-date equipment, making it possible for more urgent and critical care to be provided right here at home. Critical patients are able to get necessary treatment faster, therefore saving hundreds of lives when time is

critical. I personally had an experience of having a loved one's life saved at DeSoto Memorial while waiting for the Life Flight helicopter to arrive from Sarasota. The essence of time was magnified by having a hospital here in our city to give immediate treatment for a heart attack.

DeSoto Memorial Hospital is one of the largest employers in DeSoto County. The loss of jobs would impact our small community in a negative way, tremendously. We just lost our largest employer a few years ago, the State mental health facility that had been open here in excess of 55 years. DeSoto County cannot afford to lose another large employer.

Suzanne Morton
Arcadia

Editor:
Like every other county, we definitely need to have a hospital here. DeSoto County emergency room is always busy.

We have residents here who volunteer and work there. Residents in the nursing homes are transferred to and from the hospital when necessary.

Most of the employees will have a difficult time finding work elsewhere and will have to seek financial aid.

We will have an increase in crime.

Cecilia Richard
Arcadia

Editor:
Due to the make-up of citizenship and age of the community, it is very necessary to have a community hospital. This care will allow patients to be close to their sick.

Richard & Yvette Dumaine
Arcadia

Editor:
DeSoto County needs DeSoto Memorial Hospital to provide emergency care for its residents. DeSoto County cannot afford to lose another major employer.

Melinda Anderson
Arcadia

Editor:
Why we need DeSoto Memorial Hospital:

1. Saves lives.
2. DeSoto County needs emergency room.
3. Convenience of testing (bloodwork etc.)
4. Mammograms.
5. Jobs for DeSoto County.
6. Don't have to travel to doctors.

Cassie Lawrence
Arcadia

Editor:
It has been brought to my attention DeSoto hospital may close. I feel very strongly if this change occurs our community will suffer greatly. Many elderly as well as young residents count on close medical help.

In case of an emergency where an ambulance is not needed residents will be forced to commute to the closest hospital which is Port Charlotte.

Many elderly residents receive medical attention at DeSoto Hospital on a regular basis from their doctors. Not to mention the extra stress this would bring to the local fire department and EMS.

Many people in DeSoto County do not have transportation to other

LETTERS | 30

GRITS & PIECES

FROM PAGE 4

nickel, rather than 12 cents.

I'm so Nocatee that I remember hauling empty Coke bottles to the stores there, redeeming them for two cents each, and buying drinks for a dime and

candy bars for a nickel.

I'm so Nocatee that I remember sheriff's posse member Woodrow Brantley sitting in his LTD downtown on weekend nights, making sure our little town stayed safe.

I'm so Nocatee that I remember swimming and fishing at the Clay Pits, which we called Nocatee Beach.

I'm so Nocatee that I remember

mostly homemade costumes at the Halloween carnival, held at the old school. It was the longest-running county event (75 years) before it was discontinued, due to an encephalitis scare in the early 1990s, and it was never resumed.

And finally, I'm so Nocatee that it makes my blood boil to know that a community in northeast Florida dares

call itself the Town of Nocatee!

I could go on and on, but will give you a break. Besides, after attending the Nocatee Old Timers Reunion for so many years and talking to those raised there in Depression days, I realize I'm just a young whipper-snapper at 59, and wish I had all the memories they've shared with me of the real Nocatee!

LETTERS

FROM PAGE 29

hospitals which would cause our local 911 hotline to boom. As well as the loss of jobs this change would cause. Which in turn would cause families to move and any growth would stop for our county.

I disagree with the suggested change on behalf of our community.

Sarah Cromwell
Arcadia

Editor:

I moved to DeSoto County in 2005. I am an "elder citizen" of this county and do not desire to drive to Sarasota or other surrounding counties for my routine medical care. I have worked in

health care for 23 years and feel strongly about the need for a local hospital.

I have two questions: Why did our Governor not accept the \$51 billion offered for Medicare and Medicaid? Why do we not establish a 1-cent sales tax dedicated in part to helping the hospital at this time?

I spoke at the (County Commissioners) meeting when this was discussed. The Health Department needs to be more involved in the screening of patients at the Emergency Room. It's cheaper to be seen by the Health Department than the ER.

Algje Didlaukies
Arcadia

Editor:

Without a hospital in DeSoto County people that have emergencies

can die. I live in a group home with many medical issues and I feel very good if I need a good hospital. DeSoto Memorial Hospital is close and will take care of me.

Debra Crites
Arcadia

Editor:

I taught school in DeSoto County and have seen the hospital's usefulness in many ways.

I have an elderly mother that averages the need to be in the hospital three to four times a year.

We (in our family) have had countless emergencies including a facial cut of more than 30 stitches and 15 staples, and a parent having a heart attack.

I had delivered three babies in this hospital, and we have had three gall

bladder operations. We have had many brain scans, MRIs and blood tests.

Our family and countless others would be in terrible trouble without our wonderful hospital.

Angela Waters
Arcadia

Editor:

Please consider what happened in Wauchula a few years ago. Folks had to travel (some as best they could) at least 25 miles to a hospital.

Consider the hospital and emergency stays that are taken care of here.

This hospital has some of the most dedicated employees I've seen.

How will closing the hospital relate to growth of the area?

Don Waters
Arcadia



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The DeSoto County Sheriff's Office reported the following arrests:

- Bobby Barajas, 29, 1200 block of S.E. Townsend Ave., Arcadia. Charges: trafficking in methamphetamine over 14 grams, sale of methamphetamine within 1,000 ft. of place of worship or business, sale of methamphetamine and possession or use of drug equipment. Bond: \$75,120.
- Kelly Marie Carcamo, 36, 1900 block of S.E. West Ave., Arcadia. Charges: possession of a controlled substance without a prescription and possession or use of drug equipment. Bond: \$1,120.
- Ricky Lee Caudle, 51, no address, Arcadia. Charge: lewd and lascivious molestation of victim under 12 by offender 18 or over. Bond: none.
- Tomas Chwojko, 25, North Port. Charge: possession of more than 10 grams of a synthetic narcotic. Bond: released on recognizance.
- Elodia Martinez Hernandez, 31, Williams Farms, Arcadia. Charges:

POLICE BEAT

The information for Police Beat is gathered from police, sheriff's office, Florida Highway Patrol, jail and fire records. Not every arrest leads to a conviction and guilt or innocence is determined by the court system.

- driving without a valid license and DUI with alcohol or drugs. Bond: \$2,000.
- Javier Monroy, 22, 2800 block of S.W. Wallace Ave., Arcadia. Charges: aggravated battery where offender knew or should have known victim was pregnant, and violation of probation. Bond: none.
- Ronnie David Nipper, 43, 3400 block of S.E. Montgomery Circle, Arcadia. Charge: violation of probation. Bond: none.
- Jose Ruben Ortez, 33, Clewiston. Charge: smuggling currency or coins into prison for an inmate. Bond: none.
- Alisha Nicole Seelmar, 30, 1500 block of S.E. Carnahan, Arcadia. Charges: possession of a controlled substance without a prescription and possession or use of

- drug equipment. Bond: \$1,120.
- Michael Stephen Shaw, 25, 700 block of N. Lee Ave., Arcadia. Charge: violation of probation. Bond: none.
- David Edward Smith, 24, 400 block of S. Spring Ave., Arcadia. Charges: petty theft and resisting recovery of property. Bond: \$620.
- Randi Susan Webb, 48, 1900 block of S.E. Cherry Drive, Arcadia. Charges: possession of a controlled substance without a prescription and out-of-county warrant. Bond: none.
- Bobby Tyrone West, 36, 300 block of S. Dade Ave., Arcadia. Charge: failure to support spouse or child. Purge: \$160.
- Kevin Alexander Arismendi, 55, Bradenton. Charges: driving while license is suspended and DUI with alcohol or drugs. Bond: \$620.
- Uriel Martin Herrera, 26, Tampa. Charge: driving without a valid license. Bond: \$120.
- Penelope Anne Kersey, 38, Myakka. Charge: DUI with alcohol or drugs.

- Bond: \$500.
- Tina Marie Lopez, 44, 1600 block of N.E. Childress Ave., Arcadia. Charges: hit and run with damage to unattended vehicle or property without leaving ID, and driving while license is suspended, third or subsequent offense. Bond: \$1,620.
- Daniel Michael McCallio0n, 54, Englewood. Charge: out-of-county warrant. Bond: \$10,000.
- Manuel Ramirez, 38, 2800 block of DeSoto Landing, Arcadia. Charges: giving false ID to law officer and driving without a valid license. Bond: \$620.
- Alexis Zamora, 18, 3100 block of S.W. Dove Ave., Arcadia. Charges: possession of less than 20 grams of marijuana and possession or use of drug equipment. Bond: \$240.
- Maria Christina Ayres, 33, 1100 block of N.E. Forrest Ave., Arcadia. Charges: DUI with BAC .15 or higher or with person under 18, two counts of leaving

POLICE BEAT | 32

ROADWATCH

East Oak Street from Brevard Avenue (US 17) to Volusia Avenue, and Volusia Avenue from East Oak Street to East Magnolia Street (State Road 70 eastbound) — Crews have closed the on-street parking on the south side of East Oak Street and the west side of Volusia Avenue up to the Chamber of Commerce. The closures are necessary as crews continue installing a new drainage system. This project includes resurfacing, reconstructing curbing at the intersection of Volusia Avenue and Magnolia Street, repairing sidewalks and making them ADA compliant. Estimated completion is end of 2014. The contractor is Bun Construction Company.

U.S. Highway 17 from south of SW Collins Street in Fort Ogden to County

Road 760A south of Nocatee — Work is under way to expand US 17 to four lanes. Work includes clearing land for two new travel lanes to the east of the existing US 17 travel lanes and drainage activities. Expect intermittent northbound and southbound lane closures on US 17 between SW Wood Road and CR 760A while crews are working. Motorists should be aware of work vehicles entering and exiting the roadway during the week. Motorists should also observe the posted speed limit and drive with caution. Expected project completion is end of 2015. The contractor is Ajax Paving.

US 17 between Flanders Street and Joshua Creek — Crews are

working on driveways along the roadway. No lane closures are anticipated but motorists should be aware of trucks entering and exiting the highway.

US 17 from Livingston Street to Karson Street — Crews are working on the shoulder of the roadway. No lane closures are anticipated. Motorists should use caution while in the area and be aware of crews working near the roadway.

State Road 70 Westbound (West Hickory Street) from North Lee Avenue to North Orange Avenue — State Road 70 (West Hickory Street) has been reduced from two westbound lanes to one westbound

lane between North Manatee Avenue and North Lee Avenue. North Lee Avenue, North Dade Avenue and North Manatee Avenue are closed at SR 70 (West Hickory Street). Use West Walnut Street as a detour. The closure is necessary while crews install a new water main. Motorists should use caution and watch for changes in the traffic pattern. This project includes installing underground utilities beneath the roadway, removing and replacing asphalt and curbs, replacing driveway entrances, repairing sidewalk and adding detectable warning surfaces at the side streets. Estimated completion is the end of 2014. The contractor is Bun Construction Company.

ARRESTS

FROM PAGE 7

reportedly scratched him. He tried to call 911, but she threatened to tell the police he had paid her for sex. She then left on a bicycle.

When DCSO arrived, a neighbor reportedly confirmed seeing the woman approach the victim's house, and identified her as someone known as "Pee Wee." DCSO determined Gray was known to use the nickname Pee Wee.

Both the victim and the neighbor picked Gray out of a photo lineup. When officers went to arrest Gray the next day, she tried to hide something in her bra, and a small bag of marijuana was found on the ground near her. She also reportedly admitted she had a glass pipe and cocaine on her. When detectives looked in her purse, they

found a small knife inside.

Gray first told detectives she had not left her room that night. Later she admitted going to the victim's residence but said she was looking for her children's father. Then she claimed she had come to the house to ask for some food. According to the report, she also claimed the victim tried to force himself on her.

Later, according to the report, she claimed she pulled out the knife only to defend herself against the victim. When detectives asked about her children, she said they lived with their father in Georgia.

In her room, detectives found money consistent with the victim's description, along with the victim's cell phone.

She was booked into the DeSoto County Jail on charges of aggravated assault with a deadly weapon without intent to kill, grand theft at a dwelling between \$100-\$300, and armed robbery. Bond was set at \$100,000.

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Offer code: N200314ARQ

Imported lionfish not welcome in Florida

PROVIDED BY
FISH AND WILDLIFE CONS. COMM.

Florida is known as a tourist-friendly state, but starting Aug. 1, one visitor will no longer be welcome: the invasive lionfish.

Introduced into Florida waters in the late 1980s, lionfish populations have boomed in recent years, negatively impacting native wildlife and habitat.

Several management changes go into effect Aug. 1 that will help the Florida Fish and Wildlife Conservation Commission (FWC) combat the growing problem by making it easier for lionfish hunters to remove the spiny predators and limiting further introduction of the species into the waters.

Changes include:

- Prohibiting the importation of live lionfish;
- Allowing lionfish to be removed via spearfishing when diving with a rebreather, a device that recycles air and allows divers to remain in the water for longer periods of time (currently,



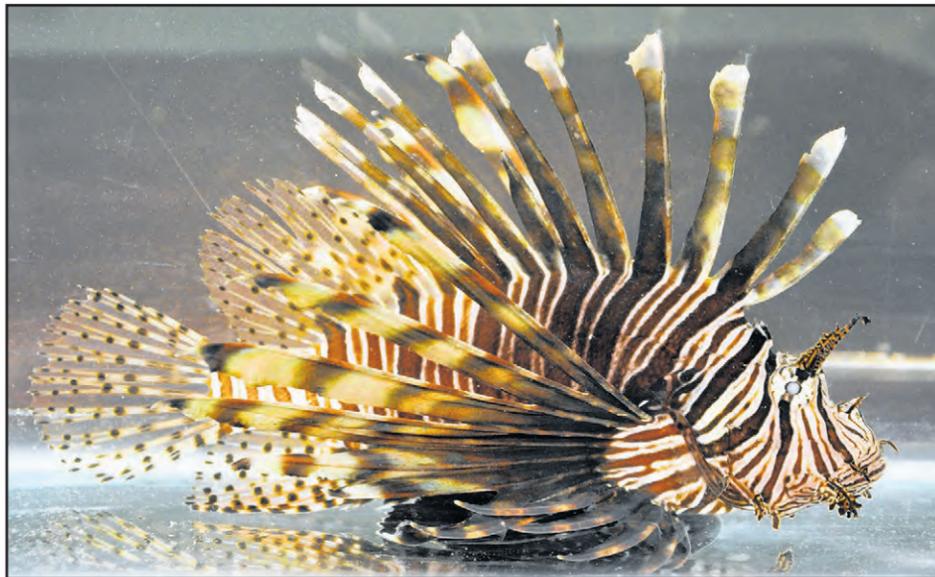
PHOTOS PROVIDED BY FWC

New rules effective Friday expand opportunities to spear lionfish, in an effort to reduce the population of this alien introduced species.

you cannot spear any fish when using a rebreather); and

- Allowing participants of approved tournaments and other organized events to spear lionfish or other invasive species in areas where spearfishing is not currently allowed (such as certain state parks or refuges). This will be done through a permitting system.

See or catch a lionfish? Report a



The Lionfish is an unwelcome visitor to Florida's waters. Starting August 1, rules regarding the capture of lionfish expand the opportunities for spearfishing the spiny creature.

sighting by downloading the new Report Florida Lionfish app on a smart device or by visiting MyFWC.com/Fishing and clicking on "Recreational Regulations" (under "Saltwater") and

then "Lionfish."

To learn more about lionfish, visit MyFWC.com/Fishing and click on "Saltwater," "Recreational Regulations" and "Lionfish."

POLICE BEAT

FROM PAGE 31

the scene of an accident with property damage, two counts of DUI with property damage, and resisting an officer without violence. Bond: \$7,250.

- James Elmer Butts, 30, Swain Ave., Arcadia. Charges: possession of a controlled substance without a prescription and possession or use of drug

equipment. Bond: \$1,120.

- Camelia Rose Corson, 24, 300 block of S. Alabama Ave., Arcadia. Charges: sale of methamphetamine and two counts of possession or use of drug equipment. Bond: \$5,240.

- Joshua Benjamin Dean, 30, Springhill, Fla. Charge: failure to support child or spouse. Purge: \$721.93.

- Charles Richard Hatcher, 35, Knights Inn, Arcadia. Charge: sale of methamphetamine within 1,000 ft. of specified area and possession or use of drug

equipment. Bond: \$20,120.

- Rhonda Danell Warram, 38, Punta Gorda. Charges: two counts of fraud by attempting to use another's ID without consent and grand theft between \$300-\$5,000. Bond: \$4,000.

- Steve Lamont Williams, 22, 2500 block of S.W. Lois Ave., Arcadia. Charges: aggravated battery when offender should have known victim was pregnant, domestic battery by strangulation and kidnap or false imprisonment of child under 13. Bond: none.

- Kellen Daniel Chesnut, 27, Gainesville. Charge: DUI with BAC .15 or higher or with person under 18. Bond: \$1,500.

The Charlotte County Sheriff's Office reported the following arrest:

- Jonathan Andrew Serena, 31, 8700 block of S.W. Deer Trail, Arcadia. Charges: petty theft, possession of less than 20 grams of marijuana and possession or use of drug equipment. Bond: \$9,000.

— Compiled by Susan E. Hoffman

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THIS WEEK

FROM PAGE 12

procedures." He also said that Mrs. Houk was the primary reason for the local FP&L office to be named the best in the region.

- A new Pizza Hut restaurant will soon join a line of eating establishments on East State Road 70. Building permits were issued by the City July 24th. Seating 112, the local Pizza Hut will compare in size to others in the area.

- "He's a really good man — I hate to see him go." This was the typical response that George E. Bellamy, president of the First Federal of DeSoto, retired. Mr. Bellamy joined First Federal in December 1964, as managing officer. He was elected president of the association in 1973. Mr. Bellamy has no plans to leave Arcadia. He plans to enjoy a

"long awaited vacation," and hopes to "become active in the Arcadia business community in the near future."

- Attending the DeSoto High School Class of '64 reunion Saturday at Mills End Recreation Hall were Tom Hughes, Bob Whitlock, Robert Womack, Earl Lyons, Ronald Neads and Norma Jean (Head) Womack. Honored guests joining in were Mr. and Mrs. John Gambrell, Mr. and Mrs. Howard Forbes, Mr. and Mrs. Woods, Joyce Dozier and Louise Johnson. Superintendent of Schools John Gambrell was a coach at DHS when this class graduated.

- 4-H Summer Camp was held at Camp Cloverleaf on July 16-20. DeSoto County had 44 4-H'ers and six adults participating in the week long activities. They won the award for Best Campers with Terry Cross and Keith Markey and for Best Counselor with Pam Markey and Rusty Mullins.

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Help the Eastern Screech Owl

We used to hear Eastern Screech Owls all the time. Their soft rolling trill sounded something like a mourning dove. We also would occasionally see them roosting in our open pole barn. But it has been years since we've spotted one, and we haven't heard them either—but that may be due to our aging ears. So we wondered, have we just not seen them, or is the screech owl population declining?

According to <http://www.iucnredlist.org/> the Eastern Screech Owl is listed as a species of least concern, because of its extremely large range and large population which appears to be increasing. But their local population may be declining. The Eastern Screech Owl is Florida's smallest owl. It occurs in suitable habitat everywhere in the state except the lower keys.

Screech owls eat rodents and insects such as roaches and provide natural pest control. Because they can be poisoned by pesticide residues, don't use toxins if you are encouraging screech owls or other birds to nest near your home. They also eat small birds and amphibians, and even fish and reptiles.

Screech owls nest in natural cavities in trees, with an entrance hole not much larger than their body size. They will readily nest in man-made boxes. The inside dimensions of the box should be about 8 by 8 inches and the box should be at least 10 inches deep. Boxes should be placed at least 12 ft. off the ground, in a shaded location. Nest boxes should be located away from areas of human activity because these diminutive birds are known to aggressively defend their nests. For



Over the Garden Gate

Al & Karen Smoke

aandksmoke@gmail.com

complete nest box plans go to <http://www.50birds.com/birdhouse-plans/nest-box-plans-for-kestrels-screch-owls-and-barrows-goldeneye.htm>. A metal predator guard below the box will help to exclude raccoons and snakes.

Screech owls have a number of calls. To listen to recordings of their calls, go to http://www.allaboutbirds.org/guide/eastern_screch-owl/sounds.



PHOTO PROVIDED BY COMMONS WIKIMEDIA.ORG (TRISHA M SHEARS)

The Eastern Screech Owl is Florida's smallest owl. Screech owls eat rodents and insects such as roaches and provide natural pest control. Because they can be poisoned by pesticide residues, don't use toxins if you are encouraging screech owls or other birds to nest near your home.

Both males and females sing. The most common calls are an even-pitched trill and a shrill, descending whinny. The trill is used by pairs or families to keep in touch and is 3-6 seconds long. The whinny lasts up to 2 seconds long and is used to defend territory. Mated pairs may call to each other both day and night.

They have other calls including soft, low hoots; loud, sharp barking calls that indicate alarm or agitation; and loud screeches that are used to defend nests or fledglings. Screech owls may

OWL | 34



PHOTO PROVIDED BY COMMONS WIKIMEDIA.ORG (DICK DANIELS)

Eastern Screech Owls are well camouflaged and are found in three color forms—gray, brown and red. Most Florida screech owls are red or brown, but all three color forms are found and may occur in the same nest.

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OWL

FROM PAGE 33

sometimes be located by listening for the excited voices of agitated songbirds trying to roust an owl from their territory.

They often roost in the open, pulling their bodies into a stiff position so that they resemble a dead branch stub. They narrow their eyes to slits and trust their

invisibility to protect them.

Screech owls are small and agile. Their body measures about 7 to 10 inches and their wingspan is about 18 to 24 inches. Females are larger than the males. They have prominent, wide-set feather ear tufts and bright yellow eyes. They are well camouflaged and are found in three color forms—gray, brown and red. It is believed the gray-phase individuals are better able to withstand severe winters. A study in

Ohio found that the red-phase birds, have significantly higher metabolic requirements in temperatures below 23 degrees F and experienced a sharp population drop during severe winters. Most Florida screech owls are red or brown, but all three color forms are found and may occur in the same nest.

Screech owls are primarily solitary. During the late-winter breeding season males make nests in cavities, sometimes reusing abandoned nests of other animals. The male will stock the nest with food. The females select their mate based on the quality of the cavity and the food located inside. During the incubation period, the male feeds the female. Males only mate with one female, and both birds tend the young owlets. They usually carry their prey back to their nests where they tear it to bits with their sharp beaks and talons.

From two to five eggs are laid beginning in early March. Broods average three owlets. Fledging begins mid- to late May. In our area they may possibly rear a second brood, particularly if the first brood was unsuccessful. Young owlets may be pushed out of the nest before they are ready to fly. Wildlife rehabilitators receive hundreds of baby Eastern Screech-Owls each year. If a nestling is unable to fly, it may be placed in a tree



PHOTO PROVIDED BY COMMONS WIKIMEDIA.ORG (WOLFGANG WANDER)

It is believed the gray-phase individuals are better able to withstand severe winters. A study in Ohio found that the red-phase birds have significantly higher metabolic requirements in temperatures below 23 degrees F and experienced a sharp population drop during severe winters.

Wildlife rehabilitators receive hundreds of baby Eastern Screech-Owls each year. If a nestling is unable to fly, it may be placed in a tree to protect it from predators. In most cases the adults are nearby and will continue to care for the owlet.



PHOTO PROVIDED BY COMMONS WIKIMEDIA.ORG (DICK DANIELS)

to protect it from predators. In most cases the adults are

nearby and will continue to care for the owlet.

**LOSE
2
WIN!**



Would you please pledge toward our weight loss?

Steve Bauer and I (Joe Gallimore) are losing weight 2 win!

We are a special project planned by Kristen Spahr, Marketing Director of DeSoto Memorial Hospital.

She has encouraged and inspired us to participate in a healthier life-style. She has recorded our weight and will monitor each week through November 27, 2014.

Steve and I have a combined goal of 150 pound loss.

We seek your support in pledging funding toward the pounds we lose. Your pledge multiplied with our weight loss achieved will be a positive gain for our community/county as **EVERY DOLLAR EARNED BY PLEDGES WILL BE CONTRIBUTED TOWARD DESOTO COUNTY VETERANS APPRECIATION DAYS.**

That's right, plans are set for several days of festivities while honoring all veterans who have served our nation. This will include the presence of the Vietnam Traveling Wall Memorial.

This will be promoted locally and around the state to invite other community and county residents to come to DeSoto and be part of these days of celebration, respect and honor, December 4-7, 2014.

Your pledge is TAX DEDUCTIBLE! Please be a part of this Win-Win scenario.

Current Weight

Steve's official starting weight - 322lbs **281**
 Joe's official starting weight - 348lbs **335**

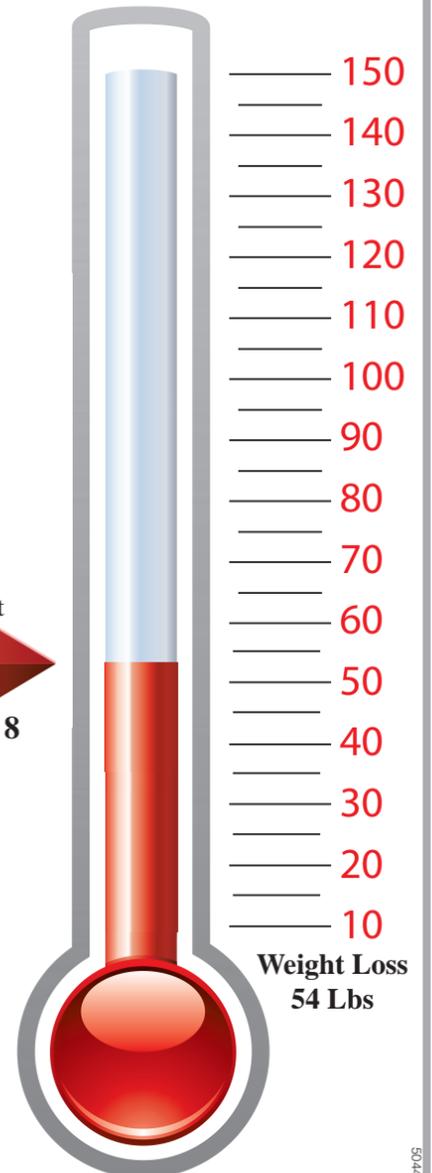
Collectively, We're determined to "Lose 2 Win!"

Businesses or individuals pledging per pound:

- Danny Collins \$1
- Alton Shattuck \$5
- David Dunn-Rankin \$2
- Sue Hoffman \$1
- Bob White .25 cent
- Steve Sachkar .25 cent
- Geri Kotz .25 cent
- Carol Moore .25 cent
- Debbie Dunn-Rankin .25 cent
- Purple House of Charlotte County \$1
- Gallimore Family \$2
- Derek Dunn- Rankin \$1
- Mayor-Alice Frierson \$1
- Geo Care LLC \$1
- Chuck & Martha Craven \$2
- Kristen Spahr .25 cent
- Lotela Gold Band \$1
- Frank and Rose Bauer .25 cent
- Lew Ambler .50 cent
- Dick Fazzone \$1
- Ed & Mary Lyne .50 cent
- The Veterans Council \$1
- Wendy Hunter \$1
- Don T. Bench .25 cent
- Dr. Lorenzo Dixon \$1
- George Dickenson .75 cent
- Darrell Suggs .50 cent
- First State Bank \$1
- Plattner's Arcadia Chevrolet - Buick \$1
- K&J Produce \$1
- Judy Kirkpatrick \$1
- John Drake & Jackie Scogin .50 cent
- California Toe Jam Band \$1
- County Commissioner - Bob Miller .50 cent
- Celebrity Entertainment \$2
- Ed Stone .30 cent
- Don & Mary Finkle .50 cent
- Steve 'Big Daddy' Knapp .50 cent
- Patrick Lange .50 cent
- Rhonda Mixon \$1
- Mike Kazyzkowski \$1
- City Administrator Tom Slaughter .50 cent
- Paul Bennett Seusy, "Esq." \$1
- Jane Fricke Martin \$1
- Dr. Ronald Sevigny \$1
- John & Trudi Super \$1
- County Commissioner-Buddy Mansfield \$1
- Ronnie Jones \$1
- Jan Schmitz \$1
- Seacoast Bank \$1
- Michelle Williamson - The Williamson Group \$1
- Cox Pest Control \$1
- Mac Martin-Martin Realty Co. 25 cent

GOAL!

150 lbs.



If you wish to make a pledge contact Joe Gallimore by phone at 990-8099 or 494-2434 or email jjgallimore@sun-herald.com

Arcadia Garden Club encourages Florida day trips

By **JAMIE PIPHER**
ARCADIA GARDEN CLUB

Arcadia Garden Club members encourage community residents to brave the heat and humidity of the summer by taking day trips to cool places. Day trips can be anything from visiting the Environmental Learning Lab or attending the Caladium festival to walking the grounds at Circle B Bar Reserve, but it can also be a trip to an out-of-town garden club member's home and garden.

Recently, one Arcadia Garden Club member and family drove to St. Pete Beach to the home of Richard and Barbara Hollar. The home has been in the family since the 1950s. When Richard and Barbara moved to the home full time, they both wanted to create a tropical paradise in their own back yard. In spite of living in a densely populated residential neighborhood, Barbara said, "We wanted to be able to sit in the garden and take in its peacefulness and grace." Barbara is a member of the St. Petersburg Garden Club, District V11, and serves as the recording secretary, a member of the board of directors and also a member of the Night Bloomers Circle, a garden club circle that meets in the evenings.

The Hollar garden tour begin with



PHOTOS BY JAMIE PIPHER

Bottle palms provide a point of interest in a lush landscape.

the fruit trees. "There is a certain thrill from being able to eat your own fruit from your own yard," she said while showing her prolific Key lime tree. Small Key limes had already emerged and the tree will soon be covered with small yellow tart limes that will make delicious Key lime pies. In addition to Key lime, we saw Persian limes, papaya,

mango and navel orange trees.

Much of the tour included discussion on plant selection and landscape design. In a relatively small space, the Hollars were able to take a rock-filled empty back yard and turn it into a tropical retreat. It was an inspiration to all gardeners to not only dream about their ideal garden, but to start with an idea, work to make it happen, and add that special ingredient — love. "I always talk to my plants," Barbara said.

The trip from Arcadia to St. Pete incorporated a change in Hardiness Zones. Plant Hardiness Zones refer to a defined geographic area that can support specific plants, flowers, and trees. Zones define minimum ranges of temperature that plants and trees can survive in that zone. The most



Smiling Kookaburra purchased from a vendor at the University of Florida Flower Show.

commonly used data are defined by the USDA. In 2012, USDA released an updated Florida Hardiness zone map using information from 1981-2010. The new map still has four zones for Florida — 8, 9, 10 and 11— but the borders have changed to reflect some warming trends in the climate as well as the use of more sophisticated methods in mapping zones between weather stations. For example, the St. Pete area changed from Zone 9b to 10a and Arcadia changed from Zone 9a to 9b. Zone 9b's minimum temperatures are 25 degrees F to 30 degrees F with first freeze Jan. 1-10 and last freeze Jan. 21-31. Prior to 2012, Arcadia's first freeze dates were from Dec. 21-31 and last freeze was Feb. 11-20.

At the end of the tour, the two garden club members exchanged cuttings and bulbs including Mexican Flame from the St. Pete member and caladiums from the Arcadia member. Remember: The Arcadia Garden Club will begin its meetings again in October. In the meantime, take time to enjoy your family and friends. Check out www.smithsonianmag.com/museumday/ and click on "tickets" for free tickets to a museum in your area.

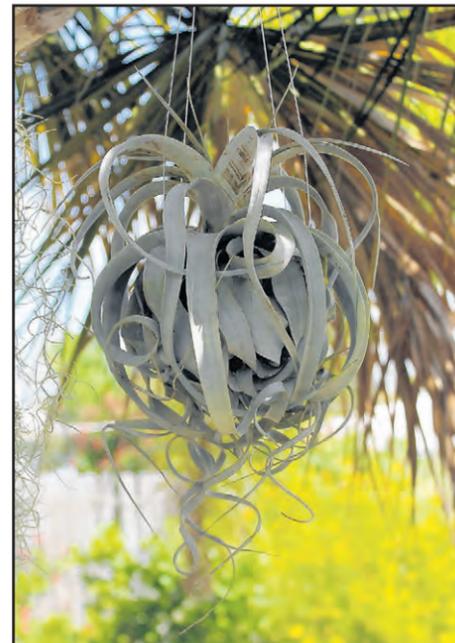


Rose flake hibiscus. Fabulous red, green, and pink foliage. Red flower is often lost in the beautiful foliage.



Mexican Flame Vine provides bright color and attracts butterflies and hummingbirds.

A beautiful array of tropical plants line the neat walkway: Snowbush, Foxtail Fern, Crotons, Coontie (cycads), Papaya tree, Rosemary, Salmon honeysuckle, Lion's ear, Cirmum lilies, and Heliconia.



Tillandsia xerographica — known as the "King of Air Plants." Due to the slow growth, the plant will often have color and the same bloom for almost one year. Native of Mexico, Guatemala, and Honduras. Leaves are covered with little scales that absorb water from dew and rain.

ARCADIAN

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Merchandise value up to \$500. Private Party Ads. 3 Lines for 7 Days. Price must be in ad. No Refunds. Some restrictions apply.

\$9.95

Merchandise valued up to \$501 to \$1,000. Private Party Ads, 3 Lines for 7 Days. Price must be in ad. No Refunds. Some restrictions apply.

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Notices 3000

Financial 4000

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Business Service 5000

Merchandise/Garage Sales 6000

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Transportation/Boats 7000

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26336 Nadir Rd Deep Creek

OPEN SUNDAY'S 12-4
GORGEOUS 2/2 TURNKEY
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END UNIT W/ SKYLIGHTS
PANORAMIC GOLF COURSE
VEWS. \$95,000.00
FLORIDA GOLF PROP.
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You Save Big Bucks Shopping Classifieds!

MOBILE HOMES FOR SALE 1090

NEW PALM HARBOR VELOCITY MODELS!
 3/2 starting in the 50's,
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Limited time offer!!
800-622-2832
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MOBILE HOMES FOR RENT 1340

LOOK
NOCATEE, 2 Bedroom,
1 Bath Singlewide. CHA.
\$450/mo. + Security Deposit
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House & Shop, 800 ft. Hwy
17 Frontage, Zoned Comm.
Info. 863-494-5540 or
863-244-3585

MEDICAL 2030

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 has the following job opportunities available:
 • **PT, OT & ST for PT/PRN**
 • **RN, LPN & CNA for all shifts**
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 Fax resume to: (863)-494-9470
 For questions call: (863)-494-5766

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CARE MANAGERS
CERTIFIED NURSING ASSISTANTS
FULL / PART TIME

HARBORCHASE OFFERS COMPETITIVE WAGES AND AN EXCELLENT BENEFITS PACKAGE SUCH AS MEDICAL, DENTAL, VISION & 401K

PART-TIME TEAM MEMBERS RECEIVE BENEFITS AT 20+ HOURS.

FOR CONSIDERATION PLEASE APPLY IN PERSON TO: HARBORCHASE OF VENICE
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(941) 484-3450 FAX
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CARE MANAGERS
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MEDICAL 2030

Manatee County Rural Health Services, Inc. is now accepting applications for **Licensed Clinical Social Workers** as independent contractors with individual, family and group therapy experience. Must have experience working with children. Bilingual (Eng/Sp) extremely helpful. Visit www.mcrhs.org for requirements & online application. EOE/DFWP


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PREP COOK
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HOSTESS
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AUTO REPAIR FACILITY Hiring HVAC & Drivability Technician. Paid Holidays & Vacation. Monday - Friday Call 863-491-8500 Arcadia

IMMEDIATE OPENING
 ★ **DOZER OPERATOR**
 exp. in finishing lake slopes
 For well-established construction company providing excellent pay and benefits. Please apply in person at 3801 North Orange Ave., Sarasota, FL 34234.
 Or send resume to: JobsAtDerr@gmail.com
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SKILLED TRADES 2050

RAPIDLY GROWING PEST CONTROL CO. SEEKS THE FOLLOWING FULL TIME POSITIONS
 ● **LAWN SPRAY TECHNICIAN**
 ● **LANDSCAPING TECHNICIAN**
EXPERIENCED ONLY NEED APPLY!
CLEAN FL LICENSE REQ. FOR ALL POSITIONS!
SALARY / SALES COMMISSION MEDICAL BENEFITS & PAID VACATION
APPLY AT: 340 TAMiami TRAIL, PORT CHARLOTTE
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GENERAL 2100

AUTO REPAIR FACILITY Hiring HVAC & Drivability Technician. Paid Holidays & Vacation. Monday - Friday Call 863-491-8500

NOTICE OF ACTION 3116

IN THE CIRCUIT COURT OF THE TWELFTH JUDICIAL CIRCUIT IN AND FOR DESOTO COUNTY, FLORIDA
 CASE NO.: 2014 DR 0325
 Jayne Odell Brosnihan, Petitioner and
 John Michael Brosnihan, Respondent
NOTICE OF ACTION FOR DISSOLUTION OF MARRIAGE
 TO: John Michael Brosnihan
 Last Known Address: 1650 SE Hargrave St. Arcadia, FL 34266
 YOU ARE NOTIFIED that an action has been filed against you and that you are required to serve a copy of your written defenses, if any, to the Petitioner, Jayne Odell Brosnihan whose address is, 195 Cherokee Lane, Wauchula, FL 33873 on or before August 4, 2014 and file the original with the clerk of this Court at 115 E. Oak St. Arcadia, FL 34266 before service on Petitioner or immediately thereafter. If you fail to do so, a default may be entered against you for the relief demanded in this petition. Copies of all court documents in this case, including orders, are available at the Clerk of the Circuit Court's office. You may review these documents upon request. You must keep the Clerk of the Circuit Court's office notified of your current address. (You may file Notice of Current Address, Florida Supreme Court Approved Family Law Form 12.915). Future papers in this lawsuit will be mailed to the address on record at the Clerk's office. Dated: July 2, 2014
 MITZIE W. MCGAVIC CLERK OF THE CIRCUIT COURT
 BY: /s/ N. Daughter Deputy Clerk
 Published 7/10/14, 7/17/14, 7/24/14, 7/31/14
 131159 3060200

IN THE CIRCUIT COURT OF THE TWELFTH JUDICIAL CIRCUIT OF THE STATE OF FLORIDA, IN AND FOR DESOTO COUNTY CIVIL DIVISION
 CASE NO. 14-2013-CA-000250-CAAX-MA
 GREEN TREE SERVICING LLC, Plaintiff,
 vs.
 NANCY R. DICKIE, et al. Defendant(s).
NOTICE OF ACTION
 TO: UNKNOWN HEIRS, DEVISEES, GRANTEES, ASSIGNEES, TRUSTEES OF NANCY DICKIE, DECEASED
 YOU ARE HEREBY required to file your answer or written defenses, if any, in the above proceeding with the Clerk of this Court, and to serve a copy thereof upon the plaintiff's attorney, Law Offices of Daniel C. Consuegra, 9204 King Palm Drive, Tampa, FL 33619-1328, telephone (813) 915-8660, facsimile (813) 915-0559, within thirty days of the first publication of this Notice, the nature of this proceeding being a suit for foreclosure of mortgage against the following described property, to wit:
 CONDOMINIUM UNIT NO. 2207, EGRET POINTE CONDOMINIUM PHASE I, ACCORDING TO THE DECLARATION THEREOF, AS RECORDED IN OFFICIAL RECORDS BOOK 244, PAGES 1297 THROUGH 1372, OF THE PUBLIC RECORDS OF DESOTO COUNTY, FLORIDA.
 If you fail to file your response or answer, if any, in the above proceeding with the Clerk of this Court, and to serve a copy thereof upon the plaintiff's attorney, Law Offices of Daniel C. Consuegra, 9204 King Palm Dr., Tampa, Florida 33619-1328, telephone (813) 915-8660, facsimile (813) 915-0559, within thirty days of the first publication of this Notice, a default will be entered against you for the relief demanded in the Complaint or petition. DATED at DESOTO County this 25 day of June, 2014.
 Clerk of the Circuit Court
 By: /s/ B. Wynn Deputy Clerk
 If you are a person with a disability

NOTICE OF ACTION 3116

DECEASED AND THE UNKNOWN HEIRS, BENEFICIARIES, DEVISEES, GRANTEES, ASSIGNEES, LIENORS, CREDITORS, TRUSTEES AND ALL OTHERS WHO MAY CLAIM AN INTEREST IN THE ESTATE OF MARIE CHILANO, DECEASED whose residence is unknown if he/she/they be living; and if he/she/they be dead, the unknown defendants who may be spouses, heirs, devisees, grantees, assignees, lienors, creditors, trustees, and all parties claiming an interest by, through, under or against the Defendants, who are not known to be dead or alive, and all parties having or claiming to have any right, title or interest in the property described in the mortgage being foreclosed herein.
 YOU ARE HEREBY NOTIFIED that an action to foreclose a mortgage on the following property: LOTS 5, 6, 7, AND 8, BLOCK 2, LAKE SUZY ESTATES, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 9, PAGE 23, OF THE PUBLIC RECORDS OF DESOTO COUNTY, FLORIDA. a/k/a 12783 SW KINGS ROW, LAKE SUZY, FL 34269
 has been filed against you and you are required to serve a copy of your written defenses, if any, to it on counsel for Plaintiff, whose address is 6409 Congress Avenue, Suite 100, Boca Raton, Florida 33487 on or before August 30, 2014/(30 days from Date of First Publication of this Notice) and file the original with the clerk of this court either before service on Plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the complaint or petition filed herein.
 WITNESS my hand and the seal of this Court at DeSoto County, Florida, this 21 day of July 2014
 CLERK OF THE CIRCUIT COURT
 BY: /s/ B. WYNN
 DEPUTY CLERK
 PUBLISHED 7/31/14 & 8/7/14
 331723 3069471

IN THE CIRCUIT COURT OF THE TWELFTH JUDICIAL CIRCUIT IN AND FOR DESOTO COUNTY, FLORIDA
 CASE NO.: 2014 DR 0325
 Jayne Odell Brosnihan, Petitioner and
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 MITZIE W. MCGAVIC CLERK OF THE CIRCUIT COURT
 BY: /s/ N. Daughter Deputy Clerk
 Published 7/10/14, 7/17/14, 7/24/14, 7/31/14
 131159 3060200

IN THE CIRCUIT COURT OF THE TWELFTH JUDICIAL CIRCUIT IN AND FOR DESOTO COUNTY, FLORIDA
 CASE NO.: 2014 DR 371
 Ronnie Lee Muse Jr., Petitioner and
 Shauna Marie Muse, Respondent
NOTICE OF ACTION FOR DISSOLUTION OF MARRIAGE
 TO: Shauna Marie Muse
 Last Known Address: 3096 SW Harvey Ave. Arcadia, FL 34266
 YOU ARE NOTIFIED that an action has been filed against you and that you are required to serve a copy of your written defenses, if any, to the Petitioner, Ronnie Lee Muse whose address is, 195 Cherokee Lane, Wauchula, FL 33873 on or before August 30, 2014 and file the original with the clerk of this Court at 115 E. Oak St. Arcadia, FL 34266 before service on Petitioner or immediately thereafter. If you fail to do so, a default may be entered against you for the relief demanded in this petition. Copies of all court documents in this case, including orders, are available at the Clerk of the Circuit Court's office. You may review these documents upon request. You must keep the Clerk of the Circuit Court's office notified of your current address. (You may file Notice

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 WITNESS my hand and the seal of this Court at DeSoto County, Florida, this 21 day of July 2014
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**NOTICE OF ACTION
3116**

of Current Address, Florida Supreme Court Approved Family Law Form 12.915). Future papers in this lawsuit will be mailed to the address on record at the Clerk's office. Dated: July 29, 2014
MITZIE W. MCGAVIC
CLERK OF THE CIRCUIT COURT
By: /s/ B. Wynn
Deputy Clerk
Published 7/31/14, 8/7/14, 8/14/14, 8/21/14
131159 3069596

IN THE CIRCUIT COURT OF THE TWELFTH JUDICIAL CIRCUIT, IN AND FOR DESOTO COUNTY, FLORIDA CASE NO.: 142014CP000045 PROBATE DIVISION JUDGE: JAMES S. PARKER IN RE: THE ESTATE OF **KOLYA S. RENNE**, Deceased.

NOTICE OF ANCILLARY ADMINISTRATION NOTICE TO CREDITORS
The administration of the estate of **KOLYA S. RENNE**, Deceased, File No. 2014CP000045, is pending in the Circuit Court for DeSoto County, Florida, Probate Division, the address of which is 115 East Oak Street, Arcadia, Florida 34266. The names and addresses of the Personal Representative and the Personal Representative's attorney are set forth below. ALL INTERESTED PERSONS ARE NOTIFIED THAT:

All persons on whom this notice is served who have objections that challenge the validity of the Will, the qualifications of the Personal Representative, venue, or jurisdiction of this court are required to file their objections with this Court WITHIN THE LATER OF THREE MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE OR THIRTY DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM. All creditors of the Decedent and other persons having claims or demands against Decedent's estate on whom a copy of this notice is served within three months after the date of the first publication of this notice must file their claims with this Court WITHIN THE LATER OF THREE MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE OR THIRTY DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM. All other creditors of the Decedent and persons having claims or demands against the Decedent's estate must file their claims with this Court WITHIN THREE MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE. ALL CLAIMS, DEMANDS AND OBJECTIONS NOT SO FILED WILL BE FOREVER BARRED. The date of the first publication of this Notice is July 24th, 2014. **PAUL BENNETT SEUSY, P.A.** Attorneys for Petitioner 203 West Oak Street Arcadia, Florida 34266 863-491-7285 Office 888-430-5940 Facsimile E-Mail: paul@paulseusy.com By: Paul Bennett Seusy, Esquire Florida Bar No. 0690252 Suzanne Renne Personal Representative 3008 Bayview Drive Alamenda, California 94501 PUBLISHED 7/24/14 & 7/31/14 325434 3065967

**NOTICE OF FORECLOSURE
3122**

IN THE CIRCUIT COURT OF THE 12th JUDICIAL CIRCUIT IN AND FOR DESOTO COUNTY, FLORIDA CASE NO.: 14-2010-CA-000158-CAAXMA THE BANK OF NEW YORK MELLON FKA THE BANK OF NEW YORK, AS TRUSTEE FOR THE CERTIFICATE HOLDERS CWTAL, INC. ALTERNATIVE LOAN TRUST 2006-31CB, MORTGAGE PASS THROUGH CERTIFICATES, SERIES 2006-31CB, Plaintiff, vs. FRANCISCO I. RAMOS a/k/a FRANCISCO I. RAMOS, JR., SYLVIA M. RAMOS, MORTGAGE ELECTRONIC REGISTRATION SYSTEMS INCORPORATED, AS A NOMINEE FOR CAPITAL ONE HOME LOANS, LLC, Defendants. NOTICE OF FORECLOSURE SALE NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of Foreclosure dated

**NOTICE OF FORECLOSURE
3122**

06/24/2014, and entered in Case No. 14-2010-CA-000158-CAAXMA of the Circuit Court of the 12th Judicial Circuit, in and for DESOTO County, Florida, where in THE BANK OF NEW YORK MELLON FKA THE BANK OF NEW YORK, AS TRUSTEE FOR THE CERTIFICATE HOLDERS CWTAL, INC. ALTERNATIVE LOAN TRUST 2006-31CB, MORTGAGE PASS THROUGH CERTIFICATES, SERIES 2006-31CB, is the Plaintiff and FRANCISCO I. RAMOS a/k/a FRANCISCO I. RAMOS, JR., SYLVIA M. RAMOS, MORTGAGE ELECTRONIC REGISTRATION SYSTEMS INCORPORATED, AS A NOMINEE FOR CAPITAL ONE HOME LOANS, LLC, are the Defendants, the Clerk of Court shall offer for sale to the highest bidder for cash on August 5, 2014, at the Desoto County Courthouse, at 115 East Oak Street, Arcadia, Fl. 34266, the following described property as set forth in said Summary Final Judgment lying and being situate in DESOTO County, Florida, to wit: NOTICE: If you are a person with a disability who needs any accommodation in order to participate in a court proceeding, you are entitled, at no cost to you, to the provision of certain assistance: Please contact DeSoto County Jury Office, 115 East Oak Street, Arcadia, Florida 34266. Telephone: (863) 993-4876. If you are hearing or voice impaired, please call 711.

ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE. THE CLERK SHALL RECEIVE A SERVICE CHARGE OF UP TO \$70 FOR SERVICES IN MAKING, RECORDING, AND CERTIFYING THE SALE AND TITLE THAT SHALL BE ASSESSED AS COSTS. THE COURT, IN ITS DISCRETION, MAY ENLARGE THE TIME OF THE SALE. NOTICE OF THE CHANGED TIME OF SALE SHALL BE PUBLISHED AS PROVIDED HEREIN. DATED This 1st day of July, 2014. **STRAUS & EISLER, P.A.** Attorneys for Plaintiff 10081 Pines Blvd, Suite C Pembroke Pines, FL 33024 954-431-2000 By: Arnold M. Straus, Jr. Esq. Fla Bar 275328 PUBLISHED 7/24/14 & 7/31/14 337549 3064841

IN THE CIRCUIT COURT IN AND FOR DESOTO COUNTY, FLORIDA CASE NO: 2010-CA-000197 Bank of America, National Association Plaintiff, vs.

PAUL ALEJO; RAQUEL ALEJO A/K/A RAQUEL E. ALEJO; ANY AND ALL UNKNOWN PARTIES CLAIMING BY, THROUGH, UNDER, AND AGAINST THE HEREIN NAMED INDIVIDUAL DEFENDANT(S) WHO ARE NOT KNOWN TO BE DEAD OR ALIVE, WHETHER SAID UNKNOWN PARTIES MAY CLAIM AN INTEREST AS SPOUSES, HEIRS, DEVISEES, GRANTEES OR OTHER CLAIMANTS; JOHN DOE AND JANE DOE AS UNKNOWN TENANTS IN POSSESSION Defendants.

NOTICE OF FORECLOSURE SALE NOTICE IS hereby given that the undersigned Clerk of the Circuit Court of Desoto County, Florida, will on the 28th day of August, 2014, at 11:00 AM at 115 East Oaks St, Arcadia, FL 34266, offer for sale and sell at public outcry to the highest and best bidder for cash, the following-described property situate in Desoto County, Florida: LOT 26, BLOCK "C" OF THE MEADOWS OF ARCADIA, AN UNRECORDED PLAT MORE PARTICULARLY DESCRIBED AS FOLLOWS: THE NORTH 1/2 OF THE NW 1/4 OF THE NE 1/4 OF THE NW 1/4 OF THE SE 1/4 OF SECTION 21, TOWNSHIP 38 SOUTH, RANGE 25 EAST. SUBJECT TO A 30 FOOT EASEMENT ON THE EAST SIDE FOR ROAD, DRAINAGE AND UTILITIES. ALL LYING AND BEING IN DESOTO COUNTY, FLORIDA. TOGETHER WITH A 2004 MOBILE HOME VIN # N811374A AND VIN # NS11374B. pursuant to the Final Judgment entered in a case pending in said Court, the style of which is indicated above. Any person or entity claiming an

**NOTICE OF FORECLOSURE
3122**

interest in the surplus, if any, resulting from the foreclosure sale, other than the property owner as of the date of the Lis Pendens, must file a claim on same with the Clerk of Court within 60 days after the foreclosure sale. WITNESS my hand and official seal of said Court this 18 day of July, 2014. AMERICANS WITH DISABILITIES ACT. If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the DeSoto County Clerk's Office, 115 East Oak Street, Arcadia, Florida 34266, (863)993-4876, at least seven (7) days before your scheduled court appearance, or immediately upon receiving this notification if the time before the scheduled appearance is less than seven (7) days; if you are hearing or voice impaired, call 711. Mitzie W. McGavic CLERK OF THE CIRCUIT COURT By: /s/ B. Wynn Deputy Clerk PUBLISHED 7/31/14 & 8/7/14 109392 3069235

IN THE CIRCUIT COURT IN AND FOR DESOTO COUNTY, FLORIDA CASE NO: 2013-CA-000635 JPMORGAN CHASE BANK, NATIONAL ASSOCIATION Plaintiff, vs.

LIZZIE ALLEN; ROBERT ALLEN; UNKNOWN TENANT I; UNKNOWN TENANT II; DESOTO COUNTY, A POLITICAL SUBDIVISION OF THE STATE OF FLORIDA; CITY OF ARCADIA, A MUNICIPAL CORPORATION OF THE STATE OF FLORIDA; ASSET ACCEPTANCE, LLC; UNIFUND CCR PARTNERS; MARTHA P. MEEKER F/K/A MARTHA P. LANE F/K/A MARTHA P. JOHNS, and any unknown heirs, devisees, grantees, creditors, and other unknown persons or unknown spouses claiming by, through and under any of the above-named Defendants, Defendants.

NOTICE OF FORECLOSURE SALE NOTICE is hereby given that the undersigned Clerk of the Circuit Court of DeSoto County, Florida, will on the 26th day of August, 2014, at 11:00 AM, at 115 East Oaks St, Arcadia, FL 34266, offer for sale and sell at public outcry to the highest and best bidder for cash, the following-described property situated in DeSoto County, Florida: The E 1/2 of Lot 29 and all of Lot 30, Block 3, Tier 5, of ALBERT W. GILCHRIST'S EAST END ADDITION TO ARCADIA, a subdivision according to the map or plat thereof recorded in Plat Book 1, Page 27 and re-recorded in Plat Book C5, Page 48, of the Public Records of Desoto County, Florida.

pursuant to the Final Judgment entered in a case pending in said Court, the style of which is indicated above. Any person or entity claiming an interest in the surplus, if any, resulting from the foreclosure sale, other than the property owner as of the date of the Lis Pendens, must file a claim on same with the Clerk of Court within 60 days after the foreclosure sale.

WITNESS my hand and official seal of said Court this 7 day of July, 2014. AMERICANS WITH DISABILITIES ACT. If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the DeSoto County Clerk's Office, 115 East Oak Street, Arcadia, Florida 34266, (863)993-4876, at least seven (7) days before your scheduled court appearance, or immediately upon receiving this notification if the time before the scheduled appearance is less than seven (7) days; if you are hearing or voice impaired, call 711. Mitzie W. McGavic CLERK OF THE CIRCUIT COURT By: /s/ B. Wynn Deputy Clerk PUBLISHED 7/31/14 & 8/7/14 109392 3068434

IN THE CIRCUIT COURT OF THE TWELFTH JUDICIAL CIRCUIT IN AND FOR DESOTO COUNTY, FLORIDA Case No.:

**NOTICE OF FORECLOSURE
3122**

14 2010 CA 000285 CITIBANK, N.A. AS SUCCESSOR BY MERGER TO CITIBANK, FSB Plaintiff, vs. CHRISTINA M. WILLENBORG, AS PERSONAL REPRESENTATIVE OF THE ESTATE OF EDWARD J. WILLENBORG, et al Defendant(s). NOTICE OF ACTION FOR FORECLOSURE PROCEEDING-PROPERTY TO: **BARRIE R. WILLENBORG, AVOIDER, ADDRESS UNKNOWN BUT WHOSE LAST KNOWN ADDRESS IS: 30716 KRAUTER STREET GARDEN CITY, MI 48135** Residence unknown, if living, including any unknown spouse of the said Defendants, if either has remarried and if either or both of said Defendant(s) are dead, their respective unknown heirs, devisees, grantees, assignees, creditors, lienors, and trustees, and all other persons claiming by, through, under or against the named Defendant(s); and the aforementioned named Defendant(s) and such of the aforementioned unknown Defendants and such of the aforementioned unknown Defendant(s) as may be infants, incompetents or otherwise not sui juris. YOU ARE HEREBY NOTIFIED that an action has been commenced to foreclose a mortgage on the following real property, lying and being and situated in DeSoto County, Florida, more particularly described as follows: THE NORTH 1/2 OF LOT 26 AND ALL OF LOT 27, BLOCK "B", DESOTO PEACE RIVER HEIGHTS, AS PER MAP OR PLAT THEREOF RECORDED IN THE OFFICE OF THE CLERK OF THE CIRCUIT COURT IN AND FOR DESOTO COUNTY, FLORIDA, IN THE PLAT BOOK 6, PAGE 63. COMMONLY KNOWN AS: 10260 SOUTHWEST RIVER VIEW CIRCLE, ARCADIA, FL 34266

This action has been filed against you and you are required to serve a copy of your written defense, if any, such as Morris Hardwick Schneider, LLC, Attorneys for Plaintiff, whose address is 5110 Eisenhower Blvd, Suite 302A, Tampa, FL 33634 within thirty (30) days of the first publication and file the original with the clerk of this Court either before service on Plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the Complaint.

WITNESS my hand and seal of this Court on the 23 day of July, 2014.

Mitzie W. McGavic Clerk of the Circuit Court By: /s/ B. Wynn Deputy Clerk If you are a person with a disability who needs any accommodation in order to participate in a court proceeding, you are entitled, at no cost to you, to the provision of certain assistance: Please contact DeSoto County Jury Office, 115 East Oak Street, Arcadia, Florida 34266. Telephone: (863) 993-4876. If you are hearing or voice impaired, please call 711. PUBLISHED 7/31/14 & 8/7/14 300025 3068021

**NOTICE OF SALE
3130**

IN THE CIRCUIT CIVIL COURT OF THE TWELFTH JUDICIAL CIRCUIT OF FLORIDA, IN AND FOR DESOTO COUNTY CIVIL DIVISION Case No. 14-2013-CA-000384 Division 1 U.S. BANK NATIONAL ASSOCIATION Plaintiff, vs. REBECCA MAY SERENA A/K/A REBECCA M. SERENA, FLORIDA HOUSING FINANCE CORPORATION, AND UNKNOWN TENANTS/OWNERS, Defendants. NOTICE OF SALE Notice is hereby given, pursuant to Final Judgment of Foreclosure for Plaintiff entered in this cause on July 14, 2014, in the Circuit Court of Desoto County, Florida, The Clerk of the Court will sell the property situated in Desoto County, Florida described as: PARCEL B: BEGIN AT THE SOUTHEAST CORNER OF THE SOUTHEAST 1/4 OF THE NORTHEAST

**NOTICE OF SALE
3130**

1/4 OF SECTION 12, TOWNSHIP 38 SOUTH, RANGE 24 EAST: THENCE SOUTH 89 DEGREES 4'20" WEST ALONG THE SOUTH LINE OF SAID TRACT, 1258.90 FEET TO THE SOUTHWEST CORNER OF LOT 12, BLOCK "D" OF FIRST ADDITION TO ORANGE HEIGHTS; THENCE NORTH 642.85 FEET TO THE NORTHWEST CORNER OF LOT 1, BLOCK "F" OF SAID SUBDIVISION; THENCE SOUTH 89 DEGREES 5'30" WEST ALONG THE SOUTH RIGHT-OF-WAY OF ORANGE DRIVE, 112.90 FEET TO THE POINT OF BEGINNING; THENCE CONTINUE SAME LINE 112.91 FEET; THENCE SOUTH 112.50 FEET; THENCE NORTH 89 DEGREES 05'30" EAST AND PARALLEL TO ORANGE DRIVE, 112.91 FEET; THENCE NORTH 112.50 FEET TO THE POINT OF BEGINNING. Together with a 1977 BARR double-wide mobile home, HUD Label #FLA 026210 & FLA 026211, Serial # FFL2A71433-0393, and FFL2B71433-0393. TOGETHER WITH THAT CERTAIN 1977 BARRINGTON MOBILE HOME, VIN(S) FFL2A714330393 & FFL2B714330393. and commonly known as: 1279 SW MARTHA ST, ARCADIA, FL 34266; including the building, appurtenances, and fixtures located therein, at public sale, to the highest and best bidder, for cash, on front steps of the DeSoto County Courthouse, on November 18, 2014 at 11:00 a.m.. Any persons claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens must file a claim within 60 days after the sale. Dated this 17 day of July, 2014. Mitzie W. McGavic CLERK OF THE CIRCUIT COURT By: /s/ N.

Daughtrey Deputy Clerk PUBLISHED 7/31/14 & 8/7/14 101348 3068457

IN THE CIRCUIT COURT OF THE TWELFTH JUDICIAL CIRCUIT OF FLORIDA IN AND FOR DESOTO COUNTY GENERAL JURISDICTION DIVISION CASE NO. 14-2013-CA-000735 NATIONSTAR MORTGAGE LLC, Plaintiff, vs.

CRISTOBAL PINEDA, ALBERTA SERRANO A/K/A ALBERTA SERRANO-REYES A/K/A ALBERTA SERRANO-REYES PINEDA, UNKNOWN TENANT IN POSSESSION 1, UNKNOWN TENANT IN POSSESSION 2, Defendants.

NOTICE OF FORECLOSURE SALE NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of Foreclosure filed July 14, 2014 entered in Civil Case No. 14-2013-CA-000735 of the Circuit Court of the TWELFTH Judicial Circuit in and for DeSoto County, Arcadia, Florida, the Clerk of Court will sell to the highest and best bidder for cash at the south door of the DeSoto County Courthouse, 115 East Oak Street, Arcadia, FL. 34266 in accordance with Chapter 45, Florida Statutes on the 28 day of August, 2014 at 11:00 AM on the following described property as set forth in said Summary Final Judgment, to-wit: BEGINNING AT THE SOUTHEAST CORNER OF LOT 14, HIGGINBOTHAM'S RESUBDIVISION OF BLOCK 12, ORIGINAL SURVEY OF ARCADIA, AS PER MAP OR PLAT THEREOF RECORDED IN THE OFFICE OF THE CLERK OF THE CIRCUIT COURT, IN AND FOR DESOTO COUNTY, FLORIDA, IN PLAT BOOK 2, PAGE 59; THENCE RUN NORTHERLY ALONG THE WEST SIDE OF VOLUSIA AVENUE, 105 FEET TO THE NORTHEAST CORNER OF LOT 13 IN SAID SUBDIVISION; THENCE WESTERLY ALONG THE NORTH LINE OF SAID LOT 13, 71 FEET; THENCE SOUTHERLY AND PARALLEL TO THE EAST LINE OF SAID BLOCK 12, 105 FEET TO THE SOUTH LINE OF SAID LOT 14; THENCE EASTERLY ALONG SAID SOUTH LINE OF SAID LOT 14, 71.00 FEET TO THE POINT OF BEGINNING.

Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis Pendens, must file a claim within 60 days after the sale. Dated this 15 day of July, 2014. CLERK OF THE CIRCUIT COURT As Clerk of the Court

**NOTICE OF SALE
3130**

By: /s/N. Daughtrey Deputy Clerk If you are a person with a disability who needs any accommodation in order to participate in a court proceeding, you are entitled, at no cost to you, to the provision of certain assistance: Please contact DeSoto County Jury Office, 115 East Oak Street, Arcadia, Florida 34266. Telephone: (863) 993-4876. If you are hearing or voice impaired, please call 711. PUBLISHED 7/31/14 & 8/7/14 338116 3069283

**TAX DEEDS
3132**

NOTICE OF APPLICATION FOR TAX DEED Notice is hereby given that **ROBERT K BONDESEN SR** the holder of the following certificate has filed said certificate for a tax deed to be issued thereon. The certificate number and year of issuance, the description of the property, and the names in which it was assessed are as follows: Certificate Number: 129 Issuance Date: MAY 31, 2012 Tax Deed File Number 14-21-TD Description of Property: BEGIN AT THE SOUTHWEST CORNER OF THE NE 1/4 OF THE SE 1/4 OF SECTION 23, TOWNSHIP 39 SOUTH, RANGE 23 EAST, DESOTO COUNTY, FLORIDA AND RUN NORTH 25 FEET; THENCE EAST 33 FEET TO THE EAST RIGHT-OF-WAY OF COUNTY ROAD; THENCE NORTH 106 FEET TO THE POINT OF BEGINNING; THENCE EAST 100 FEET; THENCE NORTH 100 FEET; THENCE WEST 100 FEET; THENCE SOUTH 100 FEET TO THE POINT OF BEGINNING. Names in which assessed:

ALUMNI PARTNERS II LLC PO BOX 52890 SARASOTA, FL 34232-0000

All of said property being in the County of DeSoto, State of Florida. Unless such certificate shall be redeemed according to law, the property described in such certificate or certificates will be sold to the highest bidder at the South Courthouse Door on SEPTEMBER 3, 2014 at 11:00 a.m. Dated this 28TH DAY OF JULY, 2014. **MITZIE W. MCGAVIC** CLERK OF COURT DESOTO COUNTY, FLORIDA By: **CRYSTAL HENDERSON**, Deputy Clerk PUBLISHED 07/31/14, 08/07/14, 08/14/14, 08/21/14 112132 3069256

**ADULT CARE
5050**

RESPIRE CARE CNA #85974 HHA - 35 yrs. exp. Home Health Care. Ref - Carol Scott 863 735-0401 863-245-6680

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5053**

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**MISCELLANEOUS
5230**

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MISCELLANEOUS
5230

LOOK



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FIREARMS
6131

Remington, 16 ga. Model 11-48 28" w/poly choke \$375 941-235-2500 **SOLD**

DOGS
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YORKIE PUPPIES AKC 10wks, Very Tiny Potty Trained, Ready to Go! Arcadia (863) 990-6860

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6235

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MISCELLANEOUS
6260

34 OLD Pennies Collector 1909 \$300 for set 863-832-2801

PHOENIX BICYCLE Classic Men's 26". Was in storage 30+ yrs. Valued at \$700, asking \$400 863-491-5523

AUTOS WANTED
7260



WE BUY & PICK UP JUNK CARS
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Fundraiser for Fales baby set for Saturday

By **THOMAS SIMMONS**
ARCADIAN CORRESPONDENT

It wasn't time for the baby to be born. But then, babies have a mind of their own. For Jamie Fales, the personal reality of a premature birth hit her. It was April 28, 2014. With husband Steven in tow, the couple had hurriedly entered the hospital, soon to give birth to their son. At 5 pounds 12 ounces, Stephen James Fales left his mother's body and entered his new environment. Daddy Steven and Mommy Jamie rejoiced over the birth. Everything seemed normal. Then ... two minutes after birth, the baby stopped breathing normally. It was seven and a half minutes before breathing resumed. The parents were in anguish as they faced the prospect that their son might not live.

These parents were suddenly thrust into the world of medical treatments and medical terminology. Words seldom heard or spoken outside medical establishments became common in the Fales home. They found that their son suffered from tachypnea, caused by a lung disorder which creates rapid breathing and sometimes no breathing at all. They also were made aware of a ventricular septal defect, a heart disorder that causes unstable heart function. SJ (as he is called by those who know him) also suffers from a lower stomach defect that causes him to have a difficult time digesting his food and sometimes keeps him from being able to keep his milk down. These conditions require close monitoring, many hospital procedures, and constant medical attention. All of these cost a great deal of money.

When the bills began to arrive, the Fales were faced with a terrible problem. While they had insurance that would cover 80 percent of the medical costs, that still left 20 percent for them to pay. They began to feel near despair.

But then Jamie really put her mind to work. It began to dawn on her than she could ask the community to help meet this



ARCADIAN PHOTOS BY THOMAS SIMMONS

Steven and Jamie Fales provide near "round the clock" care for baby SJ (Stephen James Fales). The Faleses have CPR certification to qualify them to monitor SJ's breathing and his ventilator. With escalating medical bills for SJ's fight, Jamie has turned to the DeSoto community for help. The Arcadia All Florida Saddle Club has taken up the cause and will sponsor a fund raiser at their arena on Saturday, beginning at 5 pm. "We can take care of him, but we need help with these expenses," Jamie said.

need. Obviously Arcadia and DeSoto County have civic-minded organizations and businesses that, out of compassion, might be able to help. She began to contact some of them and found a few who offered assistance. Then she thought about the Arcadia All Florida Saddle Club. She went to their meeting to make an appeal where she met Allison Flint and Karen Thomas-Jones. Their acceptance of the project gave her hope.

The Saddle Club accepted the challenge and decided to hold a fundraiser to help offset some of the medical expenses that were coming due. At that time the expenses were \$175,000, leaving the Fales to pay \$35,000. Since first approaching the club, another \$350,000 has come due, leaving Jamie and Steven with a \$105,000 medical balance for them to pay. The Saddle Club and the businesses that promised to help have stayed involved. Allison and Karen assured Jamie that if she would "take care of him, they would help take care of the medical balance." Jamie knew that she was not alone in this financial crisis.

The Saddle Club is holding a fundraiser starting at 5 p.m. on

Saturday, August 2. It will be held at the Arcadia All Florida Saddle Club, 1299 S.E. Hargrave Street.

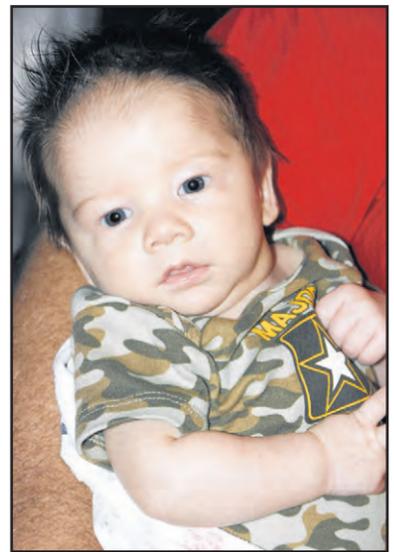
The featured events include a Jackpot 4D Barrel Race with a 70/30 split, with 70 percent going to Baby SJ. The entry fee is \$35. The horse exhibition will be \$5 per horse. Also, there will be food for purchase, including a pulled pork dinner for \$6. A hindquarter of beef (provided by Fussell's Meat and the DeSoto County Farm Bureau) will be raffled, with tickets costing \$10 each or 12 for \$100. The silent auction will feature a variety of items for bid, including a genuine 8-foot Florida Cracker whip and several homemade quilts. A music concert will be performed by Ricky McDonald and Band as part of the evening. Recordings will be available for purchase.

Contributions may be made to "SJ's Fight" through the Arcadia All Florida Saddle Club, 1299 SE Hargrave St., Arcadia FL 34266. For more information, call 863-990-2034, or call Karen or Allison at 863-990-5794. You can also find information at www.facebook.com/sjsfight for information.

SJ's need is great and the DeSoto-Arcadia community is compassionate. Accept the



Jamie Edson-Fales and her son SJ (Stephen James) share a tender moment of bonding. Jamie (along with family and friends) is giving constant monitoring, love and care to help ease the effects of SJ's sometimes painful physical condition. The baby suffers from ventricular septal defect (affecting his heart) and tachypnea (affecting his breathing).



Stephen James Fales is an adorable infant boy, born prematurely on April 28, 2014. He suffers from several physical defects, but has an irresistible personality. SJ fights bravely to overcome the effects of his birth disorders.

challenge to come out to Parker Arena on S.E. Hargrave Street at 5 p.m. this Saturday afternoon, August 2 for the fundraiser. It will be an entertaining evening of barrel racing, horse exhibitions, good food and some country music. You will be glad you came. And the Fales family will be grateful for your help.

COMMUNITY NEWS BRIEFS

Preventing heatstroke deaths in cars

The Florida Department of Highway Safety and Motor Vehicles is reminding everyone to take additional steps to ensure that no child is left unattended in a vehicle this summer. This year, there have been two reported cases in Florida of children dying of heatstroke after being left in cars. Don't be distracted when leaving your vehicle and take a second look in the back seat to ensure a child is not left behind.

Getting into a car that has been sitting in the sun on a hot summer day in Florida can be unbearable. The inside of a vehicle can heat up by 20 degrees in just 10 minutes and cracking a window open does little to keep the vehicle cool. A child's body temperature can rise three to five times faster than an adult's and heatstroke in a closed vehicle can occur when the temperature is as low as 57 degrees outside.

For the safety of your children, never leave a child unattended in a vehicle, even for a short period of time. Florida law makes it a criminal offense to leave a child under the age of 6 unattended in a vehicle.

Tips for preventing heatstroke deaths in vehicles:

- NEVER leave any child unattended in a vehicle.
- Put something in the back seat that you will need at your final destination like a purse, briefcase, cell phone or shoe that will remind you to look in the back seat.
- If you see a child unattended in a vehicle, call 911.
- After checking to make sure your vehicle is empty, always lock it and teach children not to play in vehicles.
- Pets are also susceptible to heatstroke if left unattended in a closed vehicle.

A study by researchers at San Francisco State University showed that, on average, 38 children die each year as a result

of heatstroke after being left in a closed vehicle. Since 1998, 66 child heatstroke deaths have occurred in Florida for this reason, more than any other state.

Florida tax-free weekend

With the first day of school just around the corner, now is the time to stock up on needed school supplies. And this weekend is Florida's state tax-free weekend, from Friday through Sunday. This year, they increased the cost of exempt clothing to \$100 or less (it was \$75 in 2013). For instance, if you buy three articles of clothing, each one of which is \$79, each of them is exempt from the sales tax, as the limit applies per item. The exemption also applies to items bought via mail-order or through the Internet.

Clothing items that are exempt (as long as they meet the cost criteria) include belt buckles, hairbands, wallets,

backpacks, coats, clefted shoes, bathing suits, gloves, uniforms, diapers, martial arts attire, pants, graduation caps and gowns, tights, tuxedos, underwear, athletic uniforms, pajamas, robes, purses and hunting vests. Exempt school supplies include binders, calculators, poster board, pens and pencils, glue, folders, blank CDs and scissors. (However, staples and staplers, masking tape and computer paper are not exempt.)

The first \$750 of a qualified computer item is also tax-exempt, including computers, flash drives, electronic book readers, keyboards, printer ink, nonrecreational software (e.g. word processing, financial, antivirus), and monitors.

For answers to FAQs, visit http://dor.myflorida.com/dor/tips/pdf/Holiday_FAQ_Back_to_School_2014.pdf. A detailed list of all items covered under the tax-free weekend can be found at http://dor.myflorida.com/dor/tips/pdf/tip14a01-04_full_list.pdf.

Salvation Army, All Faiths Food bank lend helping hands here



ARCADIAN PHOTOS BY SUSAN E. HOFFMAN, shoffman@sun-herald.com

The Salvation Army visited the Arcadia Housing Authority last week to bring a hot meal to the neighborhood. At far left is Cpt. Josue Prieto of the Salvation Army in Port Charlotte, with Carlos L. Osorio, second from right, and volunteer Mike Provau at far right, and other volunteers who help make the program successful.



Rihanna Downing, left, Larryondria Graham and Orianna Downing eagerly await the free lunch being delivered by the Salvation Army at the Arcadia Housing Authority.



Volunteers Carol Encke from the Church of Jesus Christ of Latter-day Saints, left, and Adrian Cline take a break from their work to pose in front of the Salvation Army truck at the Arcadia Housing Authority.



A crowd gathers and lines up waiting for free lunches to be served by the Salvation Army at the Arcadia Housing Authority on Friday.

We're at Your Service

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<div style="background-color: red; color: white; padding: 5px; text-align: center; font-weight: bold;">GLASS</div> <div style="padding: 5px;"> <h3 style="margin: 0;">DESOTO GLASS & MIRROR, INC.</h3> <p style="font-size: 0.8em; margin: 0;">135 N. Volusia Ave. / Arcadia, Florida 34266</p> <p style="font-size: 0.8em; margin: 0;">All Phases of Glass Work COMMERCIAL and RESIDENTIAL</p> <p style="font-weight: bold; margin: 0;">MOBILE AUTO GLASS</p> <p style="font-size: 0.8em; margin: 0;">We come to you!</p> <p style="font-weight: bold; margin: 0;">(863) 494-2683</p> <p style="font-size: 0.8em; margin: 0;">Ron & Lorrie Collins • 24-Hour Emergency</p> </div>	<div style="background-color: red; color: white; padding: 5px; text-align: center; font-weight: bold;">LAWN EQUIPMENT</div> <div style="padding: 5px;"> <h3 style="margin: 0; color: red;">BOWLING GREEN SMALL ENGINE SERVICE, INC.</h3> <p style="font-weight: bold; margin: 0; color: blue;">LAWN AND GARDEN EQUIPMENT</p> <p style="font-size: 0.8em; margin: 0;">PO Box 309 4702 U.S. Hwy 17 N. Bowling Green, FL 33834</p> <p style="font-size: 0.8em; margin: 0;">(863) 375-4056 (863) 375-4057 Mon.-Fri. 8-5:30 Sat. 8-12</p> </div>	<div style="background-color: red; color: white; padding: 5px; text-align: center; font-weight: bold;">REAL ESTATE</div> <div style="padding: 5px;"> <p style="font-size: 0.8em; margin: 0;">Real Estate Services "From the Coast to the Country" Mac Martin, Broker/Owner</p> <h2 style="margin: 0;">Martin Realty Co.</h2> <p style="font-weight: bold; font-size: 1.5em; margin: 0;">(863) 494-2100</p> </div>
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And The Winners Are!

2014 Readers' Choice

Thank You to all our loyal readers who took time to cast your votes. You are the "Best of DeSoto County"

And the winner of the \$50 gift certificate to one of the Readers' Choice restaurants is: **JANET HARVIN**

SERVICES

- Accountant – Hackney, Ames & Company, PA
- Air Conditioning & Heating – SOAR, Inc.
- Auto Body Shop – DeSoto DCFJ
- Auto Repair – Phil's Automotive
- Bank – First State Bank
- Barber Shop – DeSoto Palace Barber Shop
- Carpet Cleaning – Stanley Steemer
- Caterer – The Catering Sisters
- Cellular Service – Verizon
- Checking Cashing – First State Bank
- Child Care – The Imagination Station
- Computer Repair – Arcadia Computer
- Electrician – Arcadia Electric
- Florist – The Valley Florist Downtown
- Hair Stylist – Kelley Markey
- Hotel – Holiday Inn Express
- Insurance Agency – DeSoto Insurance
- Law Firm – Paul Bennett Seusy, P.A.
- Lawn Care – Boehm's Lawn & Landscape
- Mail/Shipping – Arcadia Post Office
- Nail Salon – Silver Nails
- Pest Control – Cox Pest Control
- Pet Grooming – Klassie Kuts
- Plumber – DeSoto Plumbing
- Realtor - Michelle Williamson
- School – Memorial Elementary School
- Signs/ Banners – DeSoto Signs
- Tanning Salon – Cliptomania
- Tax Service- Peace River Tax Service
- Veterinarian – Adam Sorrells/Animal Ark
- Window Tinting – Got Tint

HEALTH & FITNESS

- Assisted Living – Arcadia Oaks Assisted Living
- Chiropractor – Kirschner Chiropractic & Wellness
- Dietitian – DeSoto Memorial Hospital
- Dance Studio – Arcadia Dance Academy
- Dentist – Dr. Mark McClendon, D.D.S.
- Doctor (family) – Dr. Vaidy Nathan, MD
- Doctor (pediatrician) – Dr. Fawn Harrison
- Doctor (specialty) – Dr. Mohan Narayanan
- Exercise/Gym – Downtown Athletic Club
- Hearing – Arcadia Hearing
- Home Health Care – DMH Home Health Services
- Message Therapy – Gentle Touch Inc.
- Nursing – DeSoto Memorial Hospital
- Pharmacy – DeSoto Pharmacy

SHOPPING

- Antiques – Abigail's Antiques & Collectibles
- Appliance Store – Sears Hometown Store
- Auto Dealership – DeSoto DCFJ
- Boutique – Peddler's Boutique
- Bridal Boutique – Magnolia Bridal
- Clothing Store (men's) – Eli's Western Wear
- Clothing Store (women's) – CATO's
- Convenience Store – Circle K
- Electronics Store – Radio Shack
- Feed/Ranch Store – Smith's Ranch & Garden
- Furniture Store – Badcock's Home Furniture
- Gift Shop – Bits N Peace's
- Grocery Store – Winn Dixie
- Hardware Store – Arcadia Do It Best Hardware Store
- Jewelry Store – DeSoto Jewelry
- Liquor Store – Winn Dixie
- Produce – K & J's Farmer's Market
- Shoes – Payless Shoe Source
- Sporting Goods – Hibbett Sports
- Storage Sheds – Easy Mini Storage
- Thrift Store – Goodwill

ARTS & ENTERTAINMENT

- Artist – Guy LaBree
- Band (local) – Mac Martin's Band
- Golf Course – Arcadia Municipal Golf Course
- Live Music Venue – Rattler's Arcadia
- Camping – Peace River Campground
- Canoeing – Canoe Outpost
- Photography – Nicole Adams Photography

EATS & DRINKS

- Bakery – Walmart
- Bar – Chili's
- Bar B Que – Slim's Bar-B-Q & Grill
- Breakfast – Bulls Eye BBQ
- Buffet – King Buffet
- Best Value Meal – McDonald's
- Chinese – King Buffet
- Coffee – McDonald's
- Deli – Oak Street Deli
- Dinner – Chili's
- Family-Friendly Eats – Chili's
- Fast Food – McDonald's
- Fried Chicken – Terra Fried
- Hamburger – McDonald's
- Ice Cream – Sonic
- Italian – Café Italiano
- Lunch – A's Giant Sandwich Shop
- Mexican – El Pirata
- Pickling Products – Peace River Delectables
- Seafood – Magnolia Street Seafood & Grill
- Steak – Reef & Beef Restaurant
- Sweet Tea – Amoco/BP

**Have category suggestions?
Let us know!**

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HEALTH & FITNESS

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Thursday, July 31, 2014

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WE KNOW FRUITS AND VEGGIES ARE GOOD FOR US, BUT HOW CAN WE MAKE SURE WE GET ENOUGH IN OUR DIET?

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4



Health officials urge Floridians to “beat the heat”

FLORIDA DEPARTMENT OF HEALTH

TALLAHASSEE — As families and friends gather during many outdoor activities, the Florida Department of Health urges residents and visitors to be aware of the forecast increase in temperatures for many areas of the state, and the potential for heat-related illnesses that may result from heat exhaustion and dehydration.

“Florida’s families are reminded to be aware of high humidity values and high temperatures during the summer months,” said Dr. Celeste Philip, Deputy Secretary for Health and Deputy State

Health Officer for Children’s Medical Services. “Avoid heat-related illness by taking the proper precautions while outdoors.”

A person can experience sunstroke, heat cramps, heat exhaustion and even heatstroke if exposed to these conditions for an extended period of time. Those most prone to heat-related illness, especially heat exhaustion, are the elderly, people with high blood pressure and people working in a hot environment.

Warning signs of heat exhaustion include heavy sweating, paleness, muscle cramps, tiredness, weakness, dizziness,

headache, nausea or vomiting and fainting. If heat exhaustion is untreated, it may progress to heat stroke. If symptoms become more severe or last longer than one hour, seek medical attention immediately.

If you suspect you may have heat exhaustion, take the following cooling measures: drink cool, non-alcoholic beverages; rest in an air-conditioned area; take a cool shower, bath or sponge bath; wear lightweight clothing, and prevent sunburn by applying sunscreen of 30 SPF.

To avoid becoming dehydrated, drink plenty of fluids, especially water, even if you don’t feel thirsty. Young children

and babies may need more fluids than normal daily intake to stay hydrated and are urged keep cool by spending time in air-conditioned areas as much as possible. Signs of dehydration include thirst, weakness, nausea, muscle cramps, feeling dizzy and light headed, decreased urine levels and/or urine that has a strong odor or is darker in color than normal, tiredness, sluggishness, irritability and headaches.

For more information, visit the Centers for Disease Control and Prevention’s extreme heat webpage: <http://www.cdc.gov/extremeheat/warning.html>.

Keep skin healthy by knowing sunscreen facts

The best way to care for skin is to be smart about sun exposure. Too much unprotected exposure to the sun can cause a host of problems, from premature wrinkling to skin cancer.

According to the American Academy of Dermatology, millions of cases of skin cancer are reported each year, and many more may go undetected. The best way to protect skin from the sun is to stay out of the sun. When that is not feasible, using a broad-spectrum sunscreen can guard against damage from ultraviolet radiation.

Although sunscreen is an enormous help, it is not foolproof. Sunburns and skin damage can occur even when using sunscreen, and user error accounts for much of that damage. To get the best results from any sunscreen product, consumers can educate themselves about proper application and avoid certain information inaccuracies.

Myth: The best sunscreen is the

one with the highest SPF. Actually, the best sunscreen is the one you will use regularly. Make sure you like the scent and the feel of the sunscreen. Decide if you prefer a sunscreen that is grouped together with a moisturizer or a makeup foundation. Try sunscreens that are lotions or sticks to figure out which application works best for you. Once you’ve found a product you like, stick with it. But make sure the sunscreen has an adequate sun protection factor, or SPF.

Myth: I only need sunscreen on sunny days. The sun can prove harmful even on cloudy days. You may not be safe indoors, either, particularly if you spend a good deal of time next to an open window. Window glass will only block certain types of UV light, making sunburn possible even if you are indoors or riding in a car. It’s a good habit to apply sunscreen daily regardless of if you will be out in the sun.

Myth: Spray sunscreens are as effective

as the rest. Spray products may not deliver enough sunscreen to the skin because droplets are dispersed unevenly. Furthermore, the propellents used in spray sunscreens could be harmful if inhaled. Opt for sunscreens that are applied by hand and can be adequately coated over all areas of the skin.

Myth: Sunscreen does not need to be reapplied, especially if it’s water-resistant. There is no such thing as a waterproof sunscreen. The Food and Drug Administration recently prohibited the use of the term “waterproof” because consumers falsely believed their sunscreen products would not wash off. Water-resistant sunscreens will be effective for a certain number of minutes before they need to be reapplied, usually between 40 to 90 minutes. If you have

been sweating profusely or have been in the pool or ocean for awhile, play it safe and reapply often.

Myth: A little drop of sunscreen is all that’s needed. Many people are applying far too little sunscreen to protect themselves from the sun. The average person needs about an ounce of lotion to cover his or her entire body. Think about the size of a shot glass and use that amount.

Myth: Spending more money on SPF 50 will get me superior protection. The rate of protection from SPF 30 to SPF 50 is marginal. SPF 30 (when applied correctly) can protect against 97 percent of UVB rays. That’s adequate for many people. It’s most important to choose a sunscreen that protects against UVA and UVB rays.



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Do you want to know how to live longer and Healthier... Here's HOW:

- **Purpose** – Seek to find your purpose for living.
- **Move More** – Create an environment that includes activities that move your body such as parking your car in the back of the parking lot, climbing stairs, growing a garden, and/or walking your pet.
- **Eat more plants** – Fill up half of your plate with vegetables; add in lean protein and whole fruit.
- **Shed Stress** – Find ways to laugh more often.
- **Spend time with nature** – walk outside, sit outside, and just breathe the fresh air.
- **Sleep** – Get at least 7-9 hours of sleep daily.
- **Belong** – Spend time building relationships with family and friends.
- **Spiritual Side** – Connect daily to your spirit through reflection.

Dianne F. Cogburn, MPH, RDN, LDN, CWWPM
7/22/14

Is your diet making you sick?

StatePoint — Feeling under the weather? Many common ailments, as well as serious life-threatening conditions, are caused by what you are and aren't putting into your body, say experts.

"Even if you stick to a well-balanced diet, you may not be getting sufficient nutrients," says Dr. Michael A. Smith M.D., author of the new book and educational tool, "The Supplement Pyramid" and host of Healthy Talk on www.RadioMD.com.

In fact, nearly all Americans have an inadequate intake of Vitamin E and nearly a third do not get enough Vitamin C, according to government statistics.

"It doesn't matter how many fruits and vegetables you're eating if they're grown in nutrient-poor soil," says Smith. "The unfortunate truth is that the nutrient content of our soil — and thus our crops — has been steadily declining for decades."

While organic produce may reduce your exposure to pesticides, it doesn't necessarily mean it will be more nutrient-rich. So in addition to a healthy diet, what can you do to ensure you're getting sufficient nutrition? Smith offers a few tips:

- Take an ideally dosed multi-vitamin/mineral. From Vitamin A to zinc, your body is dependent on these nutrients for optimal health. But not all multivitamins are the same. Skip the bare-bones variety that provide minimal doses of some essential nutrients,



PHOTO SOURCE: (c) efired - Fotolia.com

and opt for a robust multivitamin that delivers ideal doses of a full spectrum of essentials.

- Omega-3 fatty acids are healthy fats that your body can't live without, supporting mental and cognitive health, decreasing cardiovascular disease risk, and lowering systemic inflammation. But because your body can't make them, you either have to get omega-3 fatty acids through your diet or supplementation.

- All of your cells need energy to function, particularly your heart and brain cells. You may have never heard of coenzyme Q10, but it plays a critical role in cellular energy production. Look for this supplement in ubiquinol form, which is absorbed much better by the body.

- It doesn't matter how healthy your diet is. If your gut is compromised, it can't extract the protein, carbohydrates, fats, vitamins and minerals you need to survive. Not only that, but about 70

DIET | 7

How to sneak fruits and vegetables into any recipe

Fruits and vegetables are the building blocks of a healthy diet. But many people do not eat the recommended number of servings of produce. That's especially true among growing children, who can benefit greatly from the vitamins and nutrients fruits and vegetables provide.

According to the latest data from the NPD Group, a market research firm, Americans eat a little more than half a cup of fruit and a cup of vegetables per day. This is less than half of what the government recommends. Results are similar in Canada, where researchers at Concordia University found that Canadian adults ages 30 to 60, especially those from lower socioeconomic backgrounds, aren't consuming the daily recommended levels of fruits and vegetables.

Anyone who eats roughly 2,000 calories per day should strive to consume between two to three cups of vegetables and two cups of fruit per day. Produce helps to fight disease because it contains healthy antioxidants, fiber, minerals and vitamins. Eating four cups per day may seem difficult, but there are many ways to incorporate fruits and vegetables into everyday recipes.

- Substitute pureed fruit, like figs, pears and apples, for oil in recipes for cakes and cookies. This will ensure

the baked goods are moist but with a lot less fat.

- Add fresh berries or raisins to breakfast cereals and oatmeal.
- Add cauliflower or squash to boiled potatoes before mashing them to increase the nutritional punch and flavor of mashed potatoes.
- Blend fruits and vegetables to create smoothies for breakfast or lunch on the go.
- Bake hearty muffins or breads with sweet potato or carrots in the batter.
- Mix stewed tomatoes in with your broth soup base to make a vegetable or chicken soup even more nutritious.
- Opt for vegetables piled high atop a slice of pizza in lieu of meats or extra cheese.

RECIPE | 7



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Tips to boost infant and toddler brain development

StatePoint — When babies are born, their minds are still a work in progress, and their brains will rapidly grow and develop based on their experience. That means the first few years are critical for healthy brain development.

“Parents play a daily role in promoting lifelong health by focusing on positive ways to nurture brain development, starting in infancy and extending through the toddler years,” says Dr. James M. Perrin, 2014 president of the American Academy of Pediatrics.

According to Perrin, this means creating a safe, consistent environment to ensure children know they’re physically and emotionally protected. He offers these tips for fostering a happy, healthy home:

- Talk to your baby in a responsive way, starting at birth. Watch how he responds to your face, focuses, and moves in time to your voice. As he grows, talk to him about everyday things, waiting for his coos and ahhs, and then respond with an encouraging word.



PHOTO SOURCE: (c) MichaelJung - Fotolia.com

One study showed that the more words parents used when speaking to an eight-month-old infant, the more words that child used at age three.

- Respond to distress with comfort. Even in infancy, it’s an important way to build a child’s confidence that the

caregiver is there.

- Make eye contact with your child from day one. That could be during play, tummy time or even during necessary activities like diaper changes.

- When your baby starts to smile, smile back! If young children learn healthy, positive ways to get your attention, they’ll be less likely to resort to fussing, crying or whining.

- Follow your infant’s gaze to get a sense of what is capturing his or her attention. When it’s appropriate, let your child explore that object.

- Be aware of what your face is “saying.” Temper negative feelings because your baby is “feeling” them as well.

- Infants let us know when they’ve had enough and it’s time for a nap by avoiding eye contact, becoming sleepy or fussy, coughing or rubbing his or her eyes.

- Reading to your child from infancy stimulates language and cognitive skills, builds motivation, curiosity and memory and stimulates

language development.

- Babies learn best from people, not screens, and unstructured play time is more valuable for the developing brain than electronic media. Through unstructured, unplugged play, children learn to think creatively, problem solve, and develop reasoning and motor skills.

Instead of screens, try to encourage supervised but independent play like exploring a set of nesting cups or pounding on a pot with a spoon while you are preparing dinner.

- Healthy brain, healthy body. Keep a regular schedule of visits to the pediatrician to ensure your child’s physical, mental, and developmental and behavioral health is on track. Your child’s pediatrician can be a great resource.

For more tips and free parenting resources, visit www.HealthyChildren.org.

Raising healthy children means daily care, attention, comfort and love. Fostering such an environment early can help put your child on a permanent path of emotional well-being.

Mental health tips for parents of teens and young adults

StatePoint — If you are the parent of an older child or teen, you may not think about his or her day-to-day medical needs as often as you did during early childhood. But older kids also are dependent on you, especially when it comes to emotional health and wellness.

“Life transitions, romantic situations, stress and exposure to drugs and alcohol are just a few of the challenges facing a teen or young adult,” says

James Perrin, MD, FAAP, 2014 President of the American Academy of Pediatrics. “As a parent, you can help ease these transitions and encourage positive choices.”

The AAP offers these tips for parents to foster good mental health:

- At each new stage in your child’s life, be extra vigilant for signals that he needs extra support. Be ready to provide it.

- Check in often and keep the lines of

communication open. If your child is away at college or has moved out, speak regularly by phone. Children should know that they can talk to you about anything. Be committed to broaching tough topics. Talk about your own experiences and fears when you were an adolescent.

- If your teen has a mental health diagnosis, he or she will need extra support. Pediatricians, school counselors and mental health professionals are important resources.

- Watch for mental health red flags, such as excessive sleeping, personality shifts, excessive moodiness, noticeable weight loss or gain, excessive secrecy or signs of self-harm.

- Don’t skip the annual physical. Not only are teens still on a vaccination schedule, but check-ups are a crucial opportunity to talk to your pediatrician

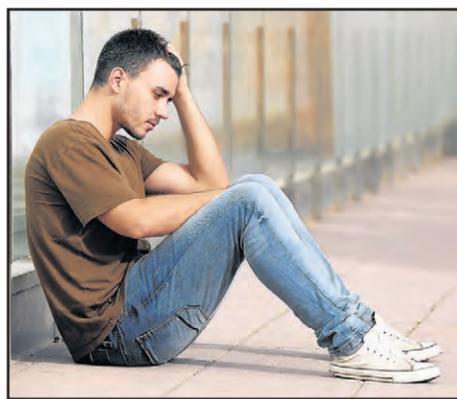


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about any concerns, as well as diagnose any potential physical and mental health issues. It’s also a great time for teens to seek confidential advice.

HEALTH | 7

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What is depression anyway?

SUBMITTED BY: JENNIFER WEINER

Senior Life Improvement Program Director / DeSoto Memorial Hospital

Many people have a misconception about depression and many won’t even talk about it. Some see it as a weakness and they don’t want anyone to see them as weak, so they may deny that they are depressed. We all have days when we feel blue or blah, but then someone calls or we get up and do something and we feel better. That is not depression.

Depression is feeling blue and blah for days and it dominates a person’s life, even affecting their ability to function. Depression can affect anyone at anytime. Statistics show that one in five persons will experience a major depressive episode at some point in their life. Depression can co-occur and complicate other

medical conditions. Depression is not a sign of weakness in character or faith. It is an illness that needs proper treatment like diabetes, heart disease or high blood pressure.

So, how do you know if you or someone you love is depressed? Ask these questions: Do you or someone you know have any of these signs:

- loss of interest in formerly pleasurable activities
- dissatisfaction with life
- withdrawal from social activities
- loss of energy and motivation
- feeling useless or hopeless
- irritability
- great concern with health problems
- sadness and crying spells
- worry and/or self-criticism
- difficulty concentrating and/or making decisions
- loss of appetite and sleep disturbance

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Tips for talking with aging parents about their future

StatePoint — Sometimes the most important family conversations can be the most uncomfortable to initiate, especially those concerning the health and well-being of an aging loved one. But such discussions shouldn't wait, say experts.

"Ignoring the inevitable will only leave you unprepared for the future," says Virginia Morris, eldercare expert and author of the new book, *How to Care for Aging Parents*. "Remember, talking about the worst-case scenarios won't make them come true, and refusing to talk about them won't make them go away."

In Morris' new book, she offers a one-stop resource to those caring for an older loved one, with advice on medical, financial, housing and emotional issues. Here are some of her tips for broaching these crucial subjects:

Listen

However you launch the conversation, start by listening, even when you have specific issues you want to discuss or firm convictions about what should be done. Don't interrupt. Acknowledge that you've heard what he or she has said.



Your parent likely has previously unvoiced fears and hopes that you haven't even considered. If you listen first, you will probably learn something, and your parent will be more likely to listen to your views.

Things to Avoid

There are several common conversational mistakes to avoid that could leave your parent feeling defensive — from nagging and lecturing to making promises you may not be able to keep.

"There are few more effective ways of blocking any further conversation than by

FUTURE | 7

Improving healthcare in rural communities

For people who reside in rural communities, access to healthcare services is often limited. Some rural facilities may not be equipped to handle transitional care or specialized follow-up care after a life-changing illness or event. Allevant Solutions LLC., a collaborative effort of Mayo Clinic and Select Medical, is a resource available to make improved healthcare a reality.

According to the U.S. Department of Health & Human Services, one-quarter of America's population lives in rural areas, where hospital closures have had a profound impact on access to healthcare. Compared with people who live closer to cities, rural residents generally have fewer doctors and fewer resources. In addition, ventilator or transitional care services may not be readily available locally.

HEALTHCARE | 6



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Foods on the barbie need not be unhealthy

Barbecue season is in full swing, and that means many evenings spent dining outdoors with a feast of grilled foods at your beck and call. Such foods may be delicious, but some barbecue standards may not be ideal for those trying to maintain a beach-ready body. But even if a trim waistline is your ultimate goal, you can still enjoy your favorite grilled foods by making a few smart food choices and substitute high-fat foods for healthier fare at your next backyard barbecue.

BAD: BBQ ribs may be savory, but they have a high fat-to-meat ratio. Whether your ribs are pork or beef, each bite delivers much more fat than meat. These cuts of meat are among the fattiest parts of the animal to eat and contain a high amount of saturated fat, according to the American Dietetic Association. Saturated fat can contribute to cardiovascular disease and increase risk of type 2 diabetes.

BETTER: Rather than fatty ribs, opt for a lean pork loin that can be slathered in barbecue sauce and spices.

BAD: What would a barbecue be without a helping of rich and creamy potato salad? Potato salad is typically the go-to side dish accompanying burgers,



hot dogs and chicken. While potatoes can be healthy, they also are loaded with calories. Plus, potato salad is often made by mixing boiled potatoes with calorie-rich mayonnaise, adding even more calories and fat to this beloved side dish.

BETTER: A vegetable slaw, made from thin strips of carrots, broccoli, cabbage, and other firm vegetables is a healthier option. Mix the slaw with a light vinaigrette instead of mayonnaise. The slaw will be refreshing and provide a bounty of healthy vitamins and minerals.

BAD: Frankfurters have been a staple of backyard barbecues for decades. But the average beef hot dog contains 140 calories and 15 grams of fat. And that's before it's even placed on a bun and embellished with your favorite toppings. Hot dogs also are high in sodium and some have a bevy of preservatives.

BETTER: Turkey and chicken hot dogs are leaner than pork and beef varieties, with containing half the amount of calories as their more traditional counterparts. Concerns about "mystery meat" in hot dogs have long plagued the food industry. If you are worried about what is in your hot dogs, try making your own. Grind meat yourself and stuff into sausage casings. Fresh hot dogs thrown on the grill afford the ultimate control over what's going into your body.

BAD: Though nothing may be more American than apple pie, pie is not as healthy as one might think. Rich, buttery

crusts and sugar-laden fillings can make one slice of pie quite fattening. Double-crust pies with a bottom and top crust will have even more calories.

BETTER: Fresh fruit is always a better option than pie. A bowl of berries served with fresh whipped cream on the side will offer far fewer calories and just as much flavor as a slice of pie.

BAD: Sugary beverages and mixed alcoholic drinks may be commonplace at barbecues. People often do not realize how quickly the calories can add up when consuming a tall glass of lemonade or a few poolside margaritas. There can be as many as 100 calories in a single shot of liquor, while soft drinks have increasingly drawn the ire of medical professionals on account of their high sugar content.

BETTER: Water remains the best and healthiest thirst quencher. Float some

UNHEALTHY | 7

HEALTHCARE

FROM PAGE 5

Other difficulties include delivering services that target special health needs to rural areas. Low population density can make it difficult to advertise important health screenings, distribute vaccines such as influenza or shingles, and newborn and young children may not receive the routine screenings and immunizations required for proper health.

The Agency for Healthcare Research and Quality has identified some key factors notable in rural areas:

- Rural residents average fewer physician visits or calls than people living in urban communities.
- There is a lack of adequate support training for emergency medical personnel in rural America.
- Rural hospitals are shifting toward outpatient services due to a lack of funding or a lack of staff.

There is no easy solution to the situation, and government and nonprofit agencies have begun programs to revitalize care options in rural communities. Two notable organizations are already developing ways to strengthen care options in rural locations. Mayo Clinic and Select Medical formed Allevant Solutions to develop ventilator weaning and transitional care programs. Through consulting services, Allevant will guide hospitals and skilled nursing facilities through the business end of remaining viable in today's world. Presenting cost-savings advice and developing management strategies to enable local hospitals to remain relevant to their communities, facilities can spend more time doing what they do best — offering quality care. Side

effects of a stronger rural healthcare system are the creation of new jobs in areas where current healthcare opportunities have been stagnant, and keeping hospital doors open — reducing the number of layoffs.

"Our healthcare colleagues in rural areas fulfill a vital role, and just like their urban counterparts, they need to prepare for the future," said Thomas Buckingham, president of Allevant Solutions. "With the nation's population aging, healthcare providers in all markets will need to admit an increasing number of patients with medically complex conditions. Allevant Solutions will help rural healthcare providers put in place the resources necessary to meet these growing needs in their communities."

As they build relationships with medical centers in the area, Allevant Solutions encourages individuals living in rural communities to follow these important health guidelines.

- Schedule a health screening and physical every year.
 - Visit a hospital in an emergency situation even if you do not have health insurance. Most hospitals will not refuse care in the absence of health insurance.
 - Follow physicians' recommendations for follow-up care after a major illness or injury.
 - Establish a support system for transporting elderly residents or those without transportation to and from health centers.
 - Voice your opinion to doctors and health-services providers on how they can improve their services.
- Rural healthcare facilities, including nursing homes and rural hospitals, are urged to learn more about Allevant Solutions to lower costs and offer improved services to their clientele. More information is available at www.allevant.com.

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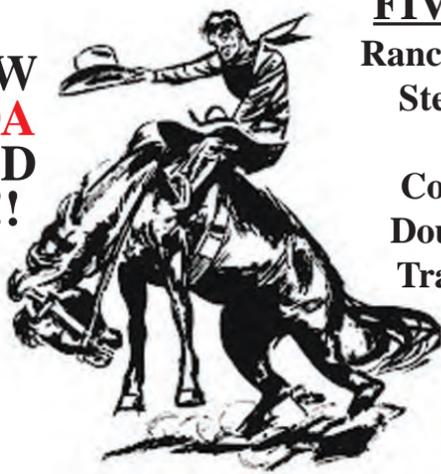
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FUTURE

FROM PAGE 5

making decisions and presenting them as a master plan to a parent," says Morris.

Additionally, don't arrive armed with paperwork. Pages of legal documents and brochures about retirement homes will likely overwhelm your parent.

Get Specific

Talk — really talk — to your parents about their medical states and wishes concerning aggressive medical care. Get

them to sign a living will and health care proxy, but realize that these documents are just a starting point.

Don't accept vague comments like "don't drag it out." Push the conversation further. It may not be pleasant to discuss end-of-life scenarios, but knowing your parent's wishes could help save your family from future untold agony and grief.

More information and resources can be found at www.CareForAgingParents.com.

Concerned about an aging loved one? Opening up the lines of communication is the first step toward preparing for his or her future. So don't sweep difficult conversations under the rug.

DIET

FROM PAGE 3

percent of your immune system is actually located in your gut. Since so many factors diminish levels of beneficial bacteria in the gastrointestinal tract, it's essential to replenish their numbers with daily probiotic supplementation.

- When seeking out supplements, stick with a company that has an established track record of selling

high-quality products and uses only pure, potent raw materials. They should also include dosages of key ingredients high enough to impact your health. Find out if your supplements make the grade by doing your research.

For free tools to build your personal supplement regimen and for more information about Smith's new book, visit www.MySupplementPyramid.com or call 1-855-870-0687.

- Don't assume a healthy diet is sufficient. Key supplements can improve the way you feel.

RECIPE

FROM PAGE 3

- Divide your dinner plate into quadrants, filling half of the plate with vegetables, one quarter with meat and the remainder with a whole grain.

- Replace lettuce on a sandwich or burger with a fresh leaf of spinach.

While you're dressing your sandwich, add a slice of tomato, too.

- Substitute fresh vegetables and fruit slices for chips when serving dips and salsas. Kale chips are growing in popularity.

- Give children a cup of sliced grapes with their lunches as a refreshing and healthy snack.

- Shred vegetables into a hearty "slaw" and top it with a vinaigrette or a typical mayonnaise-based dressing.

UNHEALTHY

FROM PAGE 6

lemon slices in a pitcher of water for a refreshing flavor without the calories. Those who want to indulge in an alcoholic beverage can choose a light beer and not go overboard.

HEALTH

FROM PAGE 4

- Safeguard your home against prescription drug abuse by keeping your own medications locked. According to the AAP, prescription drug misuse by adolescents is second only to marijuana and alcohol misuse. The most commonly abused prescription drugs include Vicodin and Xanax.

- Provide logistical support for young adults like completing health forms and physicals for college; setting up accommodations at school if they have a mental health diagnosis; finding physicians to care for their adult needs; and signing up for health insurance. Your pediatrician's office can help.

In summer, outdoor dining is the name of the game — whether you're hosting friends or just feeding the family on your patio.

Smart choices at barbecues make it easier to stay healthy and continue to look great in a swimsuit all season long. In summer, outdoor dining is the name of the game. Keep grilling delicious and healthy this summer.

- Help limit teens' stress. Don't encourage them to take on excessive time-consuming extracurricular activities. Avoid comparing your children. Every child has his own strengths.

- Encourage habits that reduce stress and promote physical and mental health, such as a well-balanced diet, getting at least seven hours of sleep a night, and regular exercise.

- At this age, it's important for parents to arm their older children with coping skills that will serve them throughout life, rather than handling everything for them.

More health tips for parents of older children, teens and young adults can be found at www.HealthyChildren.org.

As your child gets older, don't let physical and mental health take a back seat to other considerations.

- Blend other vegetables into your pasta sauce.

- Use vegetables instead of pasta in traditional dishes. Layer eggplant slices to make a lasagna. Or use a spiral slicer to slice zucchini or carrots when making homemade noodles.

- Fruit salad is often a refreshing snack or dessert. Having fruit already diced in a large bowl makes it more convenient to eat and possibly more enticing to children.

- Make a vegetable roll-up, filling pizza dough with broccoli or spinach and shredded cheese.

- Mix together an avocado, 1/4 cup of cocoa powder and 1/4 cup honey to create a healthy alternative to chocolate pudding.

- Use pureed vegetables to thicken cheese sauce for macaroni and cheese recipes.

- Shred vegetables and add them to beaten eggs for omelets or scrambles.



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