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Performance

COLLEGE OF HEALTH & HUMAN PERFORMANCE



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Honoring the past, shaping the future

contents

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FEATURE STORY

Balancing Mind and Body Through Human Performance **4**

ALUMNI SPOTLIGHT ON

Perry McGriff **10**

OTHER ARTICLES

HHP Students Get a Taste of the Real World:

2002 Gravity Games **12**

An Update on the Division of Recreational Sports **13**

HHP NEWS

ESS Departmental Chair Changes **15**

HHP Sesquicentennial Ph.D. Fellowship Initiative **16**

Distinguished Alumni **17**

Alumni News **18**

In Pursuit of Passion **21**

Faculty Facts **22**

Creating Pathways: Scholarship Awards **24**

Honor Roll of Donors **28**

Honors **31**



A letter from
Dean Bird

Dear Alumni and Friends:

In January 2002, President Charles Young unveiled his University of Florida Strategic Plan, the goal of which is to raise UF into the ranks of the nation's great universities. This is a far-reaching plan that will direct the University's future and that of our College. It designates core colleges: Liberal Arts and Sciences, Engineering, Agriculture and Life Sciences, and Medicine. It outlines enrollment goals, new faculty support programs, and improvements in information technology and undergraduate education. Most importantly, it identifies seven interdisciplinary research and program priorities:

- Research in cancer and genetics,
- Research on the brain,
- Developments in biotechnology, particularly at the interface of medicine and nanosciences,
- Investigation of social and medical problems associated with aging,
- Research into the status of children and families,
- Research in ecology and the environment,
- Internationalization of the campus and the curriculum.

Dr. Young, concluding that some administrative restructuring would be necessary to implement the plan, formed a Task Force on the Future of the University to make recommendations on how best to structure the University to achieve his goals. Provost David Colburn and a review committee, composed of three past-presidents of major universities, were also asked for recommendations.

As these deliberations moved forward, consolidation and restructuring ideas began to surface. It became clear that our College, and other units throughout campus, were vulnerable to some form of administrative change. Suggested changes for us included forming a "new" college from our departments and departments from the College of Health Professions and adding to this other areas such as the Institute of Aging and a School of Public Health; or perhaps splitting our College up with the various programs being moved to different colleges. These possible changes, as you might expect, cast a dark cloud over the College.

To make a long story short, the only acceptable alternative – that was in the best interest of our faculty, students, and alumni and that would preserve the mission of the College – was to keep us as we are. This was clearly expressed in faculty meetings with the Provost and with representatives of the Task Force. Various UF administrators, as well as alumni and friends, also petitioned the Provost to retain the College. Most notable among the alumni and friends were Mrs. Betty Stevens, wife of Mr. Billie Stevens, professor emeritus of the College, and a contingent of College Advisory Board members led by retired Major General Maurice Edmonds, our Board President. In addition, throughout the spring term, over the summer, and well into the fall, I met with the President and had numerous meetings with the Provost about the importance of maintaining the College.

Our main arguments for preservation were: The College, by its very nature, is responding to the interdisciplinary priorities identified in the Strategic Plan, particularly to those involving aging, children and families, ecology and the environment, and internationalization. We are highly successful, as measured by research publications, external funding, program offerings, service activities, and national rankings. We are very efficient, considering, for instance, that less than one-third of what we generate in tuition dollars is returned in financial support to the College. It is clear, too, that our quality and production contributes significantly to the general teaching, research, and service mission of the University.

Our arguments were heard. On November 12th, we received a memo from the Provost that said, in part:

After considerable discussion in my office and with Dean Bird and President Young, I have decided not to appoint a university-wide committee ... this means that the College will not be combined with another college, nor will it be dissolved.

And as the saying goes, every cloud has its silver lining. The Provost has appointed a committee, of mostly our faculty, to review the ways in which the College can best interface with and enhance UF's Strategic Plan. This is a great opportunity for us to map our future and to reinforce the fact that our basic mission – improving health, fitness, and quality of life through teaching, research, and service – not only is necessary, it is critical to the University's goal of being among the ranks of the nation's great universities.

As part of the 2003 University Sesquicentennial activities, one important step we have taken toward enhancing the Strategic Plan, and our College, is a **\$600,000 Strategic Initiative** to build our Ph.D. fellowship endowments. A key part of President Young's plan is to increase graduate enrollment:

The University's reputation and success, depend heavily on the size and quality its of graduate program. Graduate students represent the next generation of scholars and entrepreneurs who stand to create knowledge and promote economic growth in the state and the nation.

Our graduate programs, particularly our Ph.D., are major strengths of the College. All 100% of our doctoral graduates, for example, are employed in excellent academic positions or the equivalent. As a way of helping your College honor the past and shape the future during the 150th Anniversary of the University, we ask that you support this fund-raising effort.

I hope you enjoy this excellent issue of *Performance*.

Cordially,
Dean Patrick J. Bird

Balancing mind & body through human performance

by Cathy Keen

It's not "mind over matter" at the University of Florida's College of Health & Human Performance. Mind and matter rank as equally important for faculty and students as they conduct research projects and provide innovative programs that help people live longer, healthier lives. Researchers in the College believe that what's good for the individual proves equally beneficial for the nation and the world. The threat of bioterrorism, the nation's growing obesity epidemic, and even the mysterious keys to aging represent but a few of the activities currently underway in this nationally ranked and internationally recognized College.

"The challenges have never been greater, but the College has never been better prepared to meet those challenges," said Patrick Bird, the College's Dean. When the College opened its doors in 1946 as the

College of Physical Education, Health, and Athletics, it trained students primarily to assume jobs as teachers, coaches, and recreation leaders. Today, a

range of private businesses, as well as state and national government agencies, demand our graduates' services as recreational therapists, exercise physiologists, health educators at the Centers for Disease Control and Prevention, and numerous positions in Florida's multi-million dollar tourist industry. Since his appointment in 1985, Dean Bird has seen student enrollment more than triple, from 500 to about 1,850 today. "With our world-renowned Center for Exercise Science funded substantially with grants from the National Institutes of Health and the American Heart Association, and with top-flight researchers in all of our departments and state-of-the-art laboratories, we're well equipped to help people of all ages improve their health, fitness, and quality of life."

A recent national survey ranked the College's Department of Exercise and Sport Sciences in the top three programs among 15 major universities. The same survey rated the Department of Health Science Education and the Department of Recreation, Parks, and Tourism in the top five programs, among such prestigious institutions as the University of Illinois, University of Minnesota, North Carolina State University, and Ohio State University. The College also excels in meeting the University's mission. Of seven

interdisciplinary research and instructional areas targeted for emphasis by UF President Charles Young in the University's current Strategic Plan, the College contributes substantially in four areas: aging, children and families, ecology, and internationalization of curricula and programs.

The College's work has never been more urgent as obesity becomes a national public health problem, adult-onset diabetes appears for the first time in children, schools eliminate physical education programs, and lack of exercise – once considered a secondary risk factor in chronic disease – becomes recognized as a primary risk factor. "Scientists are finding that inactivity is more of a predictor of who will have heart disease than smoking, hypertension, or high cholesterol," said Timm Lovins, exercise physiologist and Director of Living Well, the University's employee wellness program operated by the College.

A Meaningful Exercise For Mind And Body

Researchers in the Department of Exercise and Sport Sciences study how exercise affects the body, finding answers to problems of heart health, osteoporosis, stroke recovery, knee injuries, aging, and surgical complications. Many of the groundbreaking studies take place at the Center for Exercise Science, founded



Nicole Giovanucci, as a part of Dr. Chris Stopka's Adapted Aquatics Course, teaches Zellie Biggers from Metcalfe Elementary School how to swim.

Dr. Christiaan Leeuwenburgh works with his graduate student, Young Jang.



with a substantial donation from former Nautilus developer Arthur Jones and developed under the leadership of the late Michael Pollock, an internationally known expert.

In a series of current experiments, the Center's researchers are seeking to learn more about why exercise can prevent heart attacks. "If we can understand at the cellular level what exercise does to the heart, we can develop a better exercise regime to protect people and perhaps even develop some pharmacological approach to achieve the exercise effect in people who are bedridden or incapable of exercising," said Dr. Scott Powers, Chair for the Department of Exercise and Sport Sciences and Director of the Center for Exercise Science.

Professor Christiaan Leeuwenburgh's five-year, \$1.5 million study funded by the National Institute on Aging investigates the mechanism that causes cells to die with the hope of halting the process. Dr. Leeuwenburgh has researched the role of caloric restriction and anti-oxidant Vitamins C and E in slowing aging, and he cur-

rently collaborates with UF's College of Medicine in a \$5 million study to create drug compounds that prevent Alzheimer's disease.

The Center also conducts studies focusing on strategies for rehabilitating the body after injury or surgery. Osteoporosis or bone loss caused by the anti-rejection drugs taken by lung transplant patients is not only preventable but reversible with weight-lifting exercises, a landmark study by Exercise Physiology Professor Randy Braith shows. Previously, there was no known therapy to stimulate new bone growth in transplant patients who develop this condition, according to Dr. Braith. In other health related experiments, Professor James Cauraugh, Co-director of the Center for Exercise Science, received widespread media attention last summer for his American Heart Association study showing that stroke victims who move both arms simultaneously in conjunction with mild electrical stimulation regain significantly more motion than those who move only their paralyzed arm.

Recuperating from surgery may become easier if Professor Scott Powers is able to find out why patients on ventilators – used during general anesthesia – have trouble being weaned from these breathing machines after three days. His study, funded by the National Institutes of Health, tries to find out why prolonged mechanical ventilation damages the diaphragm and how to prevent such damage. According to Dr. Powers, "Only a handful of researchers in the world are at work on this problem, but if you've had a loved one hospitalized and on a ventilator for longer than three days, you know about it."

Another experiment underway in the Center's Biomechanics Laboratory seeks to determine how much force the lower joints receive during walking or climbing stairs after a total knee replacement. The knee, the most-injured joint in the human body, impairs many elderly people and athletes. In one famous case of knee injury, President Bill Clinton's quadri-

ceps muscle separated from his kneecap, forcing him temporarily to use crutches. President Clinton was rehabilitated by one of the College's many successful Ph.D. graduates, Lt. Bob Kellogg. "We've produced 68 Ph.D. graduates since we began offering the degree in 1990, and every one holds a university position or equivalent," said Dean Bird. "Many fields don't have that success in placement."

In addition to conducting basic research, the Department of Exercise and Sport Sciences develops practical programs that enhance the health of individuals. One program has emerged as a national model to help high school students learn to design their own physical fitness routines. Dr. Charles Williams, Associate Dean for the College, led a legislative task force that resulted in providing wellness education in Florida schools.



Left: Through the research of Dr. James Cauraugh, Mac Statham performs a stroke motor recovery protocol: bilateral movement.

Right: Dr. Randy Braith and his graduate assistant Jill Conner work with a lung transplant recipient, Donna Douglas.

Health Education Aims To Prevent Mental & Physical Diseases

Promoting health and preventing disease represent the primary aim for the College's Department of Health Science Education. One of the top comprehensive professional preparation programs in the nation, the Department covers all aspects of this dynamic field, including school and community health and such subjects as stress management, nutrition, HIV/AIDS, and substance abuse. "Health education is important because we train people who can sit down face-to-face with individuals and help them consider ways to become a healthier person," said Dr. Virginia Noland. "Physicians often can't spend 15 to 20 minutes educating a patient, but a properly trained health educator can counsel patients about diet, nutrition, and other health needs." Collaborating in a research project with colleagues from the College of Public Health at the University of South Florida, Dr. Noland is working to learn more about the diet, nutrition, and physical exercise habits of middle school students.

Weight loss strategies for African American men and women, and cancer prevention practices among minorities in rural counties, are research studies conducted by Dr. Delores C.S. James, who specializes in nutrition, minority populations, and cancer education. "African American men have the worst prostate cancer rate in the world," she said. "With other types of cancer, like breast cancer, African Americans don't have a higher prevalence, but the outcome is worse."

Dr. James' research interests also include tobacco and its use among Florida college students – the youngest age group tobacco companies legally can target. Dr. James, Department Chair Dr. Wei William Chen, and other researchers around the state currently are surveying Florida college students about their tobacco habits. The research teams provide results from their research to each of 17 participating colleges and universities, so those schools can develop their own smoking prevention programs and no-smoking zones.

The technique of biofeedback has become increasingly popular

with the American people, particularly in quitting smoking and making other positive lifestyle changes. Dr. Chen and colleagues from UF's College of Nursing received a three-year, \$600,000 grant from the National Institutes for Health to study subjects who prove most successful at using biofeedback to control high blood pressure. Other Department research projects include preventing bioterrorism in the food supply, which involved research by an undergraduate student, and studying sibling violence.

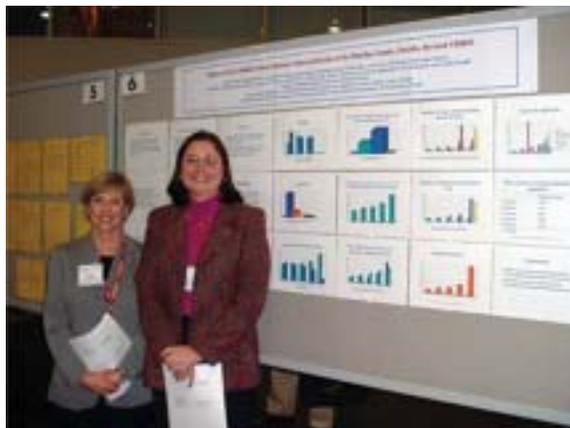
Dr. Robert M. Weiler, also in the Department of Health Science Education, was awarded a \$187,700 grant through Purdue Pharma L.P. to conduct a content analysis of prescription drug information contained in health education materials designed for middle and high school students, and to develop a drug abuse teaching and resource guide to help teachers plan and implement lessons about drug abuse prevention. Dr. Rebecca Cline serves as the co-investigator for the content analysis component of the project.

To help meet a growing national demand for public

health professionals, the Department offered beginning January 2000 a new Master of Public Health (MPH) degree with a specialization in Community Health Education. Students responded favorably to the program, prompting a 100% increase in graduate student enrollment in the Department. One such returning student is Ricketta Butler, who works as a health information specialist for the National Institute of Diabetes, Digestive, Kidney, and Urological Diseases, and as an acquisition specialist for the National Oral Health Information Clearinghouse. She plans to return to UF for the MPH program in Fall Semester 2003 to further expand her research skills. In her job, Rikki puts her research skills to use responding to public inquiries, providing educational literature to health consumers, and working on special projects including preparing a public information campaign on Hepatitis C for the National Institutes of Health. "Every day is different," said Rikki. "We work on many different tasks."

Left: Dr. Virginia Noland and colleague Dr. Kelli McCormack-Brown give a poster presentation in San Diego on "Tobacco Use in Middle School Students."

Right: Joe Tedesco encourages a client, Melissa Stone, to increase her endurance.



Healthy Leisure Pursuits In Recreation, Parks, And Tourism

Individuals who engage in physical activity during their daily lives are better able to stay healthy, and the College's Department of Recreation, Parks, and Tourism is ideally suited to promote active lifestyles. Once devoted to preparing young professionals for work in community recreation and parks, the Department recently developed an emphasis in Therapeutic Recreation. Specialists in this area provide recreation programs in clinical settings for people with disabilities, such as hospitals and rehabilitation centers. To keep up with changing trends, the Department also added new specializations such as travel and tourism planning, hospitality management, and ecotourism.

"When you look at a state like Florida, it's a perfect state for the Department of Recreation, Parks, and Tourism and its curriculum," said Department Chair Stephen Anderson. "Florida has a high population of aging people and a lot of medical facilities and rehabilitation, which play right into our therapeutic focus. Likewise, if you want to talk about tourism, travel, and hospitality management, Florida is perfect for those areas. For commercial recreation, such as amusement parks

and fitness centers, the state is perfect as well. We have a strong focus on natural resources recreation, and again, Florida is perfect. It has beaches, rivers, springs, rural areas, and the Everglades."

The Department was the first in the country to offer a specialization in ecotourism, a study area focused on the environment, a priority in President Young's Strategic Plan. Research in the field has delved into such diverse topics as the economic impact of special events in communities, fishing, preserving the state's beaches, studying the boat-carrying capacity on Florida's waterways, and financing public parks and recreation.

Another Presidential emphasis area – children and youth – is the focus of a collaborative research project spearheaded by Dr. Bertha Cato, Assistant Dean for the College and a faculty member in the Department, in conjunction with UF's College of Education. This project looks at how parks and recreation after-school programs in two Florida counties help impoverished middle school students resist crime and drugs. A second phase involves developing a long-term crime prevention project with the City of Gainesville Parks and Recreation Department.

With tourism ranked as Florida's number one industry, the Department has a realistic laboratory for its diverse pro-



An early morning photo taken at Lake Alice by Ron Franklin.

grams and hands-on research. "It's a bit like having a large playground in our back yard," said Dr. Anderson. The Center for Tourism Research and Development, unlike other University hospitality programs, offers students a rich variety of practical experience in the tourism field. "The Center focuses on the industry at large, and students learn how to plan and manage for tourism rather than just learning how to run a hotel or restaurant. They develop hypothetical proposals to strategically plan for the cruise line industry and the accommodation sector, and they survey tourists for visitor and convention bureaus," said Dr. Lori Pennington-Gray, Associate Director for the Center.

Last academic year, about 30 undergraduate students spent a semester formulating strategic marketing plans for Carnival Corporation. Then the plans were shown to representatives from the company's corporate headquarters in Miami. "I encouraged them

to take a global perspective, so many students focused on the growth of the cruise industry internationally," Dr. Pennington-Gray said. "One particular group wanted to expand Carnival's market in Europe. They did a nice job understanding the current environment as well as the potential for growth in that market place."

"The practical knowledge from such projects is invaluable," said Kim Leahy, Research Operations Manager for Walt Disney World's MGM Studios, who received a master's degree in Recreational Studies from the College in 2000. "It gave me a lot of baseline experience that I use everyday in my job," said Leahy, who helps oversee 84 cast members that survey thousands of park visitors each day.



Kim Leahy, Research Operations Manager at Walt Disney World.

Global Connections And Worldly Understandings

Tourism represents but one facet of the College's focus on internationalism. Besides hiring international faculty who travel the globe and encouraging international students to enroll in the University, the College has established formal relationships with universities in Europe, Australia, Turkey, and Malaysia. In an exchange program established by the Department of Exercise and Sport Sciences, UF students and faculty go to the University of Darmstadt in Germany every other year, while German students travel here in alternate years. The University of Western Sydney in Australia participates in a similar exchange program for undergraduate students studying Travel, Tourism, and Commercial Recreation.

Instrumental in helping to develop a distance-learning program with the University of Western Sydney was alumnus Janice Scarinci, now Chair of the

Hotel, Restaurant, and Resort Management Program at Northwood University. She finished a master's degree in UF's Recreation, Parks, and Tourism Department in one rigorous year, then worked as an intern with the U.S. Navy in Florida and Bermuda, preparing recreational programs for navy personnel. She later enrolled at James Cook University in Australia to complete a Ph.D. in Recreation Administration.

Also under the College's umbrella is the Division of Recreational Sports, funded entirely with student fees. It manages one of the largest intramural programs in the country as well as nearly 50 sport clubs for activities that include ice hockey, folk dance, volleyball, and SCUBA diving. It also operates the Lake Wauburg recreation area and two other student recreation centers on campus. At the Southwest Recreation Center, a new health and wellness center opened Fall 2002, with a dietitian and personal trainer on

staff to work with students individually.

Whether fulfilling the mission of the University or the needs of citizens abroad, the College is poised to meet the growing demands and challenges of an increasingly health-conscious society. The College will continue to enhance health, fitness, and quality of life through teaching, research, and service.

Farewell Academia – Hello “real” world: A further glimpse of HHP Alumni, using what they’ve learned to achieve success.

JANICE SCARINCI also works with the Hospitality Organization of Students (HOST) Club at Northwood. One project the HOST Club conducted was completing a business and marketing plan for the Sugar Shack Bistro Restaurant. They won a \$500 scholarship for their outstanding efforts.

In March 2003, Janice again embarks on one of her favorite leisure time activities – traveling. She will be instructing International Tourism at the Hotel Institute Montreux in Switzerland, with several other instructors. This will not be her first international academic experience, though. Before entering the master's program at UF, she was awarded the Rotary Ambassadorial Scholarship, a scholarship that

covers tuition for overseas study for one to three years. This became the impetus for her Ph.D. work at James Cook University in Australia.

Along with these achievements, Janice has also assisted in developing the distance-learning program between the University of Western Sydney in Australia and the University of Florida in the field of Recreation, Parks, and Tourism. Janice owes her success to many things, but she gives a lot of credit to a cadre of UF faculty which includes Drs. Paul Varnes, Stephen Holland, Bertha Cato, and Linda Thornton, “just to name a few.” Janice adds, “UF is the greatest school in the world!”

“All my experience stemmed from my internship,” said Scarinci, giving credit to the opportunities offered her at UF.

Janice tells undergraduate and graduate students that they “need to be persistent and get involved” and that they “should take advantage of any type of networking opportunities.” In her free time, Janice enjoys participating in water sports, traveling, taking cruises, and teaching aerobics.

JULIE GIBBARD is the Program Director of Health Fitness Corporation (HFC), a corporate fitness and wellness facility she opened in August 2002, which currently serves 125 clients. Julie is working hard to grow

Sydney, Australia: The Opera House with the Sydney Harbor bridge in the background. Photo taken by Heather Gibson.



her clientele, producing new membership sales and drawing back current members through membership renewals. To keep members coming back to the fitness center, Julie and her staff strive to take an active personal interest in their members as individuals, as they help them achieve their goals to adopt more active and healthy lifestyles. In her efforts to recruit new members for HFC, Julie offers specials such as memberships at reduced prices and membership referral programs. She also works with local businesses to develop office-wide contests and incentive games to gain interest and involvement in the fitness center.

As a graduate of the Community Health track of the Department of Health Science Education, Julie never anticipated how closely she would work with the human resources departments of businesses for which she provides services. Businesses are increasingly interested in making wellness programs available for their employees, and Julie and HFC come into workplaces and organize employee rewards and recognitions, as well as special projects for employees. One such program is the Medical Response Team, which she played a key role in developing with the American Red Cross.

She also arranges Weight Watchers meetings, CPR training, and stress relief programs for employees, and activities for "Bring your Child to Work Days."

Julie derives great satisfaction in working with human resources personnel to positively impact the lifestyles of her clients. "Working with individuals in the areas of stress relief and positive health changes keeps my position fun and unique," she says. "Even though I work with a variety of different individuals, they all have the same goal of acquiring healthy lifestyles."

Julie is a member of the National Strength and Conditioning Association as well as a Certified Personal Trainer. She envisions herself keeping her current position for a couple more years but eventually going back to school to acquire a Master of Public Health degree. Julie emphasizes to current students that it is important to "get involved!" "It is so important to take advantage of every opportunity while you are in school, and to get everything you can out of your internship." In her free time, Julie enjoys spending time with friends and family and participating in a variety of water sports such as water skiing and wakeboarding.

As the Senior Manager of Marketing for Game Operations for the Atlanta Hawks, Sports Management graduate **GINA SCOTT** is extremely satisfied with the enormous responsibility she has been granted so quickly. Her responsibilities include marketing programs, advertisement, game-time entertainment, and fan involvement, just to name a few. Putting herself in the position to always do more than expected has kept her job fun and exciting.

Gina and her staff are currently getting the ball rolling on the 2003 NBA All-Star Game that will be held in Atlanta, Georgia. She credits the all-star game preparation, along with the 40 home games throughout the season, as excellent opportunities for networking and training. "It's a daily thing," Gina says. "I get to meet people from different places at each game." Along with the task of

planning and executing the all-star game, and gaining fan involvement through community outreach programs, Gina has managed to win a few awards along the way. Her video production department was awarded best overall NBA video production unit two years in a row (2001 and 2002) at the annual IDEA Conference.

Gina's current happiness and satisfaction she credits to following the advice she gives to current Sports Management students: "Take advantage of every opportunity, use your resources wisely, and do not be afraid!" She adds, "Sometimes you have to take the non-traditional route to reach your goal." In her free time, Gina enjoys traveling to such places as the Bahamas and Canada, spending time with her friends, and watching her favorite sport – FOOTBALL!



Gina Scott, Manager of Marketing for Game Operations for the Atlanta Hawks.

Spotlight on Perry McGriff

by Michael Robishaw



Perry and his wife, Noel.

Gazing around the Honorable Perry McGriff's plaque-filled office, it is obvious even to a casual visitor that Perry is a man of service. For the past 40 years, this former dual-sport Gator standout, transcontinental cyclist, salesman, civic leader, and family man has played a leading role in the community of Gainesville.

Born in Arcadia, Florida, Perry first came to Gainesville as a university student. He graduated from the University of Florida in 1960 with a B.S. in physical education. While a student, he played varsity football and was an all-American baseball star. In 1963, he was

named the Outstanding Amateur Baseball Player in Florida, and he was inducted into the Gator Hall of Fame in 1969.

Perry's athletic accomplishments, impressive as they are, form only the foundation for his service to Gainesville and to the state of Florida. Possessing a strong drive to give back to his community, as a young businessman, husband, and father he found time to dedicate himself to community service. His efforts were acknowledged when, in 1964, he was awarded the Gainesville Jaycees Distinguished Service Award for his achievements.

Perry did not, at first, envision serving Gainesville through government office, but his friends thought differently. It was a group of close friends and admirers who encouraged him to run for office his first time up for election. He recalls, "A friend had asked to meet me to talk about insurance," and willing to lend a hand as always, he responded, "I'll be right there." When he entered the meeting room, Perry discovered that his friend and 75 other supporters had gathered with the intention of persuading him to run for a seat on the Gainesville City Commission. With no previous experience in politics and no funding to run a campaign, Perry did what any wise man would; he thought it over very carefully. After discussing matters with wife, Noel,

and with other friends, he and Noel returned to their supporters and said, "We'll run!"

Winning a seat on the City Commission in 1968 launched McGriff's political career, which eventually would include a term as the youngest Mayor Commissioner in Gainesville's history (1970-71). In 1971, his efforts were recognized when he was named one of the five outstanding men in Florida by the Florida Jaycees. A few years later, in 1974, the voters elected Perry to serve on the Alachua County Commission. He served on the commission for six years, including a one-year term as chair.

In addition to service on city and county commissions, Perry has led efforts to organize local sporting events and to promote blood, organ, and tissue donations. In 1988, he co-founded the Gainesville Sports Organizing Committee and served a two-year term as its president. This committee has brought over \$60 million to the community through the various sporting events it has attracted.

Perry also serves on the Board of Directors for the Civitan Regional Blood Center, and in 1999, the National Network of Community Blood Centers presented the Larry Frederick Award to Perry for his outstanding service. One of the proudest and most meaningful moments of Perry's life came when, in 1997, he introduced the idea to create the Five

Points of Life Bike Ride, a cross-country event which promotes awareness of the need for blood, organ, and tissue donations. Participating in these bike rides as both a rider and an overall contributor has given him tremendous satisfaction. "I have been reminded on the most personal level just how precious life is and how important it is to help others."

During the fall of 2000, Perry won the District 22 seat in the State House of Representatives, which includes the University's campus. He served on the Education Appropriation Committee which controls funding. Last fall, Perry sought reelection to the District 22 seat against Republican Larry Cretul.

Perry also credits the University of Florida for making great strides in the areas of health and human performance.

"Great things have been done through research in the areas of health and preventive medicine at the University of Florida!" He goes on to add, "Dean Bird has accomplished phenomenal things with the College of Health & Human Performance!" He has witnessed greater specialization with each of the departments as faculty and students have expanded their research and collaborations to meet the demands of a global society. Perry was a founding member of the College Advisory Board and was President during 1998 through 1999. He is a strong supporter and donor of the College. Additionally, he has served on UF's President's Council since 1988.

As proud as he is of his personal achievements, Perry recognizes the help he has received from his wife, Noel, their five

children (Jana, Mark, Keith, Kevin, and Matthew), and seven grandchildren. Perry enjoys spending his leisure time with family in Suwannee River and Crescent Beach. Ever the athlete, he also enjoys keeping in shape and taking care of his health by riding his bike.

Perry's career in local politics and community services has helped bridge the gap between the City of Gainesville and the University of Florida.

What's next for Perry McGriff you ask? If it's good for Gainesville and the University, Perry is likely to be found in a leadership role.

President Charles Young will honor Perry McGriff with the title of Distinguished Alumnus at UF's 2003 commencement ceremony.

Perry spends time with a group of young people during Alachua County Day at the capital.



From left to right:
 - Representative Nan Rich
 - Representative Ken Gottlieb
 - Jack Youngblood (Former UF Football player-NFL Hall of Fame)
 - Dr Marshall Criser
 - Representative Gayle Harrell
 - Representative Perry McGriff
 - Dr. Charles Young



HHP Students Get a Taste of the Real World: 2002 Gravity Games

by Bethany Sedik, ESS Graduate Student

THIRTY-SEVEN graduate and undergraduate students who were enrolled in the

College's event management class traveled this summer to Cleveland, Ohio to help design, promote, and operate the 2002 Gravity Games. The three-credit class, open to all majors, provided students with classroom information regarding how to manage sporting events, but also gave the students the opportunity to apply that information to a practical, real-world event. "It has been an extremely positive experience," commented Dr. Gregg Bennett, Assistant Professor of Sport Management and organizer of the class. Graduate student Beth Cianfrone commented that this is a "great opportunity for hands-on experience for future sport managers to get a taste of the real world."

The Gravity Games is the premier worldwide festival for extreme action sports, combining athletic competition with musical events and demonstrations of the contemporary sporting lifestyle. Over the span of five days, Gravity Games attracted approximately 150,000 spectators from as far away as California and athletes from all over the world. This year's games exhibited the action sports of street and vert skateboarding, dirt biking, wakeboard-



ing, aggressive inline, and freestyle moto cross. The lifestyle segment of the event included demonstrations by graffiti artists from a local high school, bee-bop artists performing a form of break dancing, and flatland bike demonstrations.

Once the Games began, these students operated the interactive skate park and manned the spectator relations, athlete registration, SPIN magazine, and VIP/sponsor tents, as well as the credentials table. In addition, the students collected data pertaining to the effectiveness of Gravity sponsors and the popularity of action sports. The data were analyzed and returned to the event organizer, Octagon Marketing, as part of a research project conducted by Dr. Bennett and Dr. James Zhang, Associate Professor in the Exercise and Sport Sciences Department.

One word seems to describe many of the students' experience with this practical exercise: "Awesome!" These students leave the class with the kind of real-world experience they will need upon graduation but that students often do not get. The success of the summer event management class prompted the College to offer the class again during Fall of 2003.

Top: The Pre-Event Planning Committee. From left to right are Katherine Lynn, Natalie Gonzalez, Beth Cianfrone, and Bethany Sedik.

Right: Professor Bennett's students break during Pre-Event Planning.

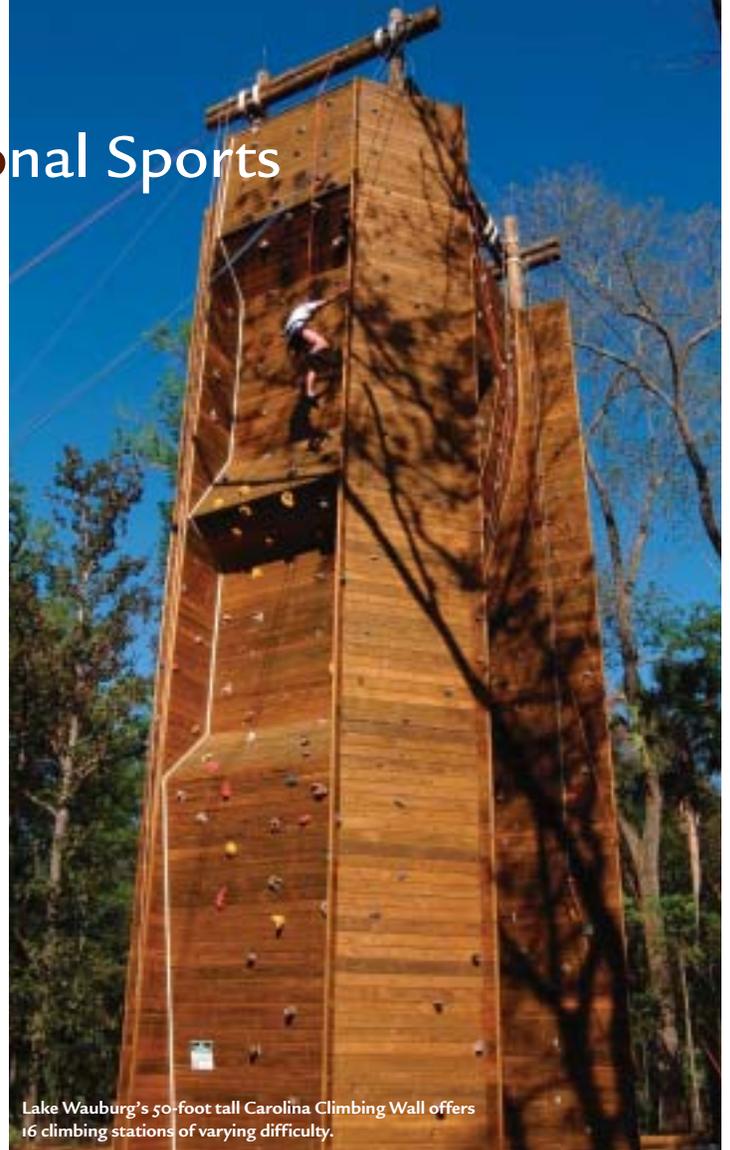
An Update on the Division of Recreational Sports

Lake Wauburg Outdoor Adventure Program

The grand opening of the Lake Wauburg Outdoor Adventure Complex took place in January of 2002 and premiered a 50-foot tall Carolina Climbing Wall, Bouldering Grotto, seven-station Low Initiatives Course, and a 40-foot high Alpine Climbing Tower. This outdoor complex is one of only four of its kind in the nation.

Fun – Trust – Teamwork – Cooperation – Communication – Respect for others: These are just a few reasons UF groups (student, faculty, and staff) get their organizations involved in the High Ropes Group Challenge Course. The course is based on the Outward Bound principles of developing teamwork, compassion, and a service ethic and is a great way to strengthen the organization and productivity of a group. Not to mention the

beautiful, wooded, outdoor setting of Lake Wauburg's South Shore. The High Ropes Group Challenge Course consists of seven low initiative stations and the 45-foot Alpine Climbing Tower. The low initiatives elements teach group cooperation and problem solving through overcoming obstacles to "rescue" peo-



Lake Wauburg's 50-foot tall Carolina Climbing Wall offers 16 climbing stations of varying difficulty.

ple or objects. Once the foundation of trust and teamwork is established, the participants move on to climbing the Alpine Tower. Each person is tethered to a partner on the ground and is encouraged to climb at his/her own pace.

The Carolina Climbing Wall and Bouldering Grotto are placed in an ideal tree-covered setting and are available for open recreation. The Carolina Climbing Wall is 50 feet of extreme adventure featuring 16 climbing stations and a diverse topography to satisfy advanced climbers as well as beginners. The six-sided and roofed Bouldering Grotto allows advanced climbers to train and learn new moves. Highly trained staff teach UF Gator-1 Card hold-

ers and their guests belaying techniques and serve as monitors to ensure a safe and enjoyable experience for everyone. Belaying equipment can be checked out from Lake Wauburg free of charge to students.

Southwest Recreation Center Expansion

The expansion of the Southwest Recreation Center (SWRC) also enjoyed a grand-opening celebration in January of 2002. The expansion added 30,000 square feet to the SWRC, resulting in 100,000 square feet of total activity space. In addition to the existing basketball, volleyball, badminton, and racquetball courts, the SWRC now boasts:

- 14,300 square feet of strength area with more than 220 pieces of equipment.

More than 100 group exercise sessions per week are run through the University's two fitness centers, and more than 61,562 students participated in group exercise in 2001/2002 fiscal year.



- A new multi-purpose gymnasium with built-in dasher boards, goals, and score boards suitable for indoor soccer, team handball, and basketball.

- 5,600 square feet of cardio space with 62 pieces of equipment and state-of-the-art cardio theatre.

- The Gator Health and Wellness Center, offering nutritional counseling, athletic trainers, personal training, and personal fitness profiles.

Biven's Arm Outdoor Recreation Center

The 20-acre Biven's Arm Outdoor Recreation Center is being devel-

oped into a passive lakeside recreation facility for use by the university community.

The natural beauty of this area will be the basis of the development fronting Biven's Arm Lake. The development will consist of a series of nature and jogging trails with a lakefront boardwalk that incorporates an observation and fishing dock. Other planned facilities include public restrooms, picnic tables and site master planning for a future multi-purpose pavilion.

Eastside Fitness Center Proposed to University

In November of 2002, the Division's director, senior associate director, both associate directors, and student leadership submitted a presentation to the University's Capital Improvement Trust Fund (CITF) Committee proposing the construction of a third fitness center on the east side of campus. The eastside location was chosen for the proposal based on student feedback provided in student opinion polls. The proposed Eastside Fitness Center would serve the high density of students living in residence halls, sorority houses and family housing located on the east side of campus. The fitness center would be constructed on Norman Field on the corner of 13th Street and SE 8th Avenue, and would provide more than 15,000 square feet of strength and conditioning space, an indoor climbing wall, several multi-use activity rooms for sport clubs and group exercise, as well as an 1/8 mile indoor track and a juice bar. The Eastside Fitness Center would be designed to expand in phases, much as the Southwest Recreation Center has done, to assist in meeting future student

demand for recreational facilities. The University's CITF Committee should release its decisions on funding sometime in spring of 2003.

Recreational Sports Reorganizes

The Division of Recreational Sports was recently restructured to serve students more efficiently. The many program areas (Fitness/Wellness, Intramural Sports, Fitness Centers, Outdoor Facilities, Lake Wauburg, and Sport Clubs) formerly overseen by three associate directors were combined under two associate directors: The Associate Director for Facilities, David Stopka, manages outdoor recreation areas, fitness centers, and Lake Wauburg, and the Associate Director for Programs, Dr. Douglas DeMichele, manages Fitness/Wellness, Intramural Sports, and Sport Clubs. A Senior Associate Director position, staffed by David Bowles, was also created and now oversees accounting, marketing, and payroll.



Top: The low initiatives stations of the Lake Wauburg High Ropes Group Challenge develop communication and team work. Here, participants work together to "rescue" a team member.

Bottom: The SWRC expansion resulted in a new 14,300 square foot strength room with more than 220 pieces of equipment.

ESS Department Chair Changes

Retiring Chair, Robert N. Singer

AFTER 15 YEARS Dr. Robert N. Singer stepped down in August as Chair of the Department of Exercise and Sport Sciences. Dr. Singer received his M.S. from Pennsylvania State University and his Ph.D. from Ohio State University, both in Physical Education and Psychology. He was on the faculty at several universities, which included Florida State University for 17 years.

Dr. Singer has taught graduate classes and advised many doctoral students in topics related to motor learning and sport psychology. His research in general deals with cognitive processes and learner/performance strategies involved in skill acquisition and high levels of skill. He has published over 100 research articles, over 200 scientific and professional articles, and 22 chapters in books. His last book publication, for which he is the lead co-editor, is the *Handbook of Sport Psychology* (2001, Wiley). It was his seventeenth book.

Of his many activities in applied sport psychology, Dr. Singer has served as Head of the Sport Psychology Division of the first Sports Medicine Committee of the United States Olympic Committee. Furthermore, he con-

tinues to consult with a number of athletes representing different sports. He has been elected President of the Division of Exercise and Sport Psychology of the American Psychological Association as well as President of the American Academy of Kinesiology and Physical Education. A Past-President of the International Society of Sport Psychology, a post which he held for eight years, he was and still is actively involved in international developments and the advancement of sport psychology.

Dr. Singer has made over 350 presentations in over 40 countries over a number of years. Among many treasured recognitions he has received is the Distinguished Contributions to the Science of Exercise of Sport Psychology of the American Psychological Association, and the Distinguished International Sport Psychology award in 1997, the third of its kind, by the International Society of Sport Psychology.

The College and Department are pleased that Dr. Singer is continuing to conduct research until his retirement in August of 2003. Dr. Singer states that his personal hobbies include participating and competing in a num-



ber of sports, while remaining healthy enough to pursue such interests. He says (with his usual fun sense of humor) that combating increasing age is quite a challenge!

New Chair, Scott K. Powers

FOLLOWING THE FOOTSTEPS of Dr. Robert Singer is Scott K. Powers, who is a professor and Director of the Center for Exercise Science. Dr. Powers enjoys teaching and has earned three University of Florida teaching awards.

Dr. Powers' research has focused on exercise-mediated changes in cardiac and skeletal muscle antioxidant systems and the role that these changes play in providing protection against oxidant injury. Further, Dr. Powers is actively investigating the mechanisms responsible for respiratory muscle weakness in patients subjected to prolonged periods of mechanical ventilation. Dr. Powers' laboratory work is currently funded by grants totaling more than 1.6 million dollars

from the National Institutes of Health and the Florida Biomedical Research Program. This research has resulted in over 130 peer-reviewed scientific papers, and he has co-authored four college textbooks for use in exercise physiology and fitness courses.

Dr. Powers serves on the Gatorade Sports Science Institute (GSSI) Sports Medicine Review Board and is a member of the editorial board for the *Journal of Applied Physiology, Medicine and Science in Sports and Exercise*, *International Journal of Sports Medicine*, and the *International Journal of Sport Nutrition and Exercise Metabolism*.

Dr. Powers received his bachelor's degree in physical education from Carson Newman College, his master's degree in exercise physiology from the University of Georgia, and a



doctorate (Ed.D.) in exercise physiology from the University of Tennessee. Further, Dr. Powers earned a second doctoral degree (Ph.D.) in physiology from Louisiana State University.

College of Health & Human Performance Sesquicentennial Ph.D. Fellowships Initiative To Celebrate UF's 150th Anniversary

development
report

January 1, 2003 marked the beginning of a year-long celebration of the **University of Florida's 150th Anniversary**. As part of this historic event, your College of Health & Human Performance plans to raise \$600,000 that will be placed in an endowment account to fund **Ph.D. Fellowships**.

Our College's Ph.D. program is one of the very best in the nation. Its purpose is to produce outstanding teachers, scholars, and clinicians who are focused on improving our health, fitness, and quality of life. Since the degree was approved in 1990, we have graduated 68 Ph.D. students. All of these individuals have academic positions in major universities, with the exception of one who is a Captain in the U.S. Navy. Few Ph.D. programs, in any field, can match this great record. These placements speak volumes for the quality of our programs and our ability in attracting the best and brightest doctoral students.

The continuing success of this program depends largely on how well we fare in the intense national competition to recruit and fund the finest Ph.D. prospects. This recruiting relies heavily on your generosity and that of other graduates and friends of the College. As your way of advancing our College and celebrating the **University of Florida's 150th Anniversary**, please consider a gift to our **Sesquicentennial Ph.D. Fellowship** fund. Remember, the academic reputation of

your College is determined largely by the number of our highly placed Ph.D. graduates. Donations of any amount are very welcome and will move us toward our goal. Please indicate that your gift is for the **College of Health & Human Performance Sesquicentennial Ph.D. Fund**. Under provisions of *Florida's Major Gifts Trust Fund*, endowment gifts of \$100,000 or more qualify for state matching funds.

You can make donations:

On line at:
www.ooda.ufl.edu/onlinegiving/hhp.asp

Or send a check to:
College of Health & Human Performance
Strategic Initiative
PO Box 118200
Gainesville, FL 32611-8200

For more information about **UF's 150th Anniversary** go to: www.ufl.edu/150

To learn more about our **Sesquicentennial Ph.D. Fellowship Initiative** write, call, or e-mail Dean Bird at:

College of Health & Human Performance
PO Box 118200
Gainesville, FL 32611-8200
Voice: (352) 392-0578 -- extension 1225
E-mail: pbird@hhp.ufl.edu



Distinguished Alumni Named

by Dr. Ruth Alexander

DOUGLAS HILL, a 1973 graduate of the College, was a high jumper on the track and field team while he was a student here at the University of Florida. He coached here for a year after his graduation, and then went to Mississippi State to coach and to pursue a master's degree. After earning his degree, he returned to Gainesville to teach physical education at Martha Manson School, then joined the Governor's Council of Physical Fitness and Sports as special events coordinator. Later, Coach Hill served as director of track and field for Special Olympics International, and he worked with both the Los Angeles and Atlanta Olympic Games Committees. He currently works as a sports consultant for MONDO, USA. He has received several awards and published four handbooks and manuals.

DUG JONES, a graduate of our College in 1982, also earned a Masters of Education and a Juris Doctorate from the University of Florida. Here at the University, Mr. Jones served as assistant director of the physical plant, assistant director of housing, and residence director. He currently

serves as director of student life at Santa Fe Community College, where he is responsible for student government, the student health care center, and the college's athletic programs. Mr. Jones has participated in the Dallas Wheelchair Mavericks as head coach. He is active in community work, has published several articles, and has two children.

FRED MONTSDEOCA, a 1951 graduate of our College, currently serves as president of Dixie Lime and Materials Corporation, Florida Limestone Industries, and Loch Harbor Utilities, Inc. He is a former coach in baseball and football at The Citadel in South Carolina. Mr. Montsdeoca received the University of Florida Distinguished Alumnus award in 1985 and has served on the Committee of Intercollegiate Athletics and the College

Advisory Board. He was named to the University of Florida Athletics Hall of Fame in 1984. He was chosen as the Outstanding Senior Athlete in 1951.

COLLEEN ROSENSTEEL is a BESS graduate of 1990 and a MESS graduate of 1994. While a student at the University, Ms. Rosensteel was an outstanding track and field athlete, winning SEC and NCAA honors, and she was an NCAA six-time All American. She served as Captain of the Track and Field team her senior year. Since then, she has pursued the sport of judo and has been selected to three Olympic teams, 1992, 1996, and 2000. She won many judo titles en route to her membership on those teams. Currently, she teaches at St. Vincent's College in Greenburg, Pennsylvania, specializing in drug and alcohol counseling.



Dean's social held at the home of Fred and Blue Montsdeoca.
L-R: Dr. Stephen Anderson, Fred Montsdeoca, and Carol Roberts

1984

CAROL LINA BREESH NICHOLSON, MHE '84, served as the City of Gainesville Occupational Health Nurse and Manager of Health Services from 1985 to 1996 where she did a great deal of counseling and teaching health education to small groups and individuals. Carol currently works for Hospice where she has been able to practice hands-on nursing for about five years.

1985

MARK D. FAY, BSPE '85, received his Master of Physical Therapy degree from LSU and is currently the head physical therapist in a hospital-based outpatient P.T. clinic. He married **JULIE WOODWARD**, who received her B.S. in Chemical Engineering from UF in '92, and they currently live in Baton Rouge, LA. Mark attends as many UF games as possible in all sports.

MARY KIRKLAND, BSESS, of NASA received the "2002 Clinical Athletic Trainer of the Year Award" from the Athletic Trainers' Association of Florida.

1986

DAVID KAISER, MPE '86 & EdD '94, is currently an Associate Professor and Athletic Training Program Director at Brigham Young University. He was also part of the medical staff for ice hockey at 2002 Olympics.

1987

VALERA JACKSON GISSEN, MSHSE '87, serves as CEO of The Village in Miami, FL, a not-for-profit substance abuse and behavioral care agency that provides prevention and treatment services to more than 5,000 children, adults, and families. The Village has more than 300 employees in Miami and the U.S. Virgin Islands.

1989

MARK C. GÓMEZ, MHSE '89, is Regional Project Manager for Kaiser Permanente, the largest non-profit HMO in the country. Mark specializes in high tech solutions for community health information, and he's involved with quality assurance processes.

1990

ELVIS BRANDON, MESS '90, is an Academic Coordinator of Clinical Education for a Physical Therapist Assistant Program at Volunteer State Community College.

DIANA S. SMITH, MHSE '90, is Coordinator of Student Services for Santa Fe Community College's Blount Downtown Center. She has a variety of responsibilities including recruiting, advising, and student activities. She acts as a liaison with the Main Campus Student Services Department.

1991

KIMBERLY GLEASON BOGART, MSHSE '91, and her family are currently living in San Antonio, TX while her husband completes a two-year residency. Kimberly home schools her two daughters, aged four and six, and she enjoys spending her free time coaching soccer and T-ball teams. Kim is expecting a baby boy in February.

MARY BUSO HUDDLESON, MHSE '91, is working for the Department of Veteran's Affairs as a VISN 8 Network Patient Coordinator. She recently made presentations in Washington on the "Cost Effectiveness of a Patient Safety Program Designed to Reduce Patient Falls and Injuries" and at CDC's National Meeting on Patient Safety on "Root Cause Analysis."

1992

THOMAS LEE POKORSKI, PhD, Health Behavior, recently retired from the United States Navy after 28 years of service in the areas of naval aviation and health promotion. Tom currently works with the Navy as a civilian Instructional Systems Specialist.

1993

MARIE McCAFFREY BAUMGARDNER, MSHSE '93, works from her home as a medical transcriber, allowing her time to spend with her two children ages five and seven. She is active as a school volunteer, PTA member, and Cub Scout Den Leader. Marie hopes to begin working soon at a local community college.

DEBBIE FRAZIER ENISMINGER, MHSE '93, is currently home schooling her 11-year old son while working alongside her husband, Jim, who is a campus minister. Together they work for the Navigators, a nondenominational Christian organization that helps UF students become spiritually healthy. Debbie also teaches an exercise class at the Student Recreation and Fitness center. She has written two plays that have been published, the first of which has an anti-drug theme.

DAVID J. FOX, MHSE '93, is Human Resources Manager for Glein Publications in Gainesville. He and his wife recently had a daughter, Emily Ann Fox. Dave says he's still a Gator!

LISA BELL HIGHSMITH, MHSE '93, works as a part-time dental hygienist, and she cares for her two children, daughter Hannah who is almost four and son Noah, almost two. Her husband, Greg, is in charge of developing strength

equipment for Life Fitness. Lisa and her family enjoy camping and riding a tandem bike (equipped with a trailer) during the summer time.

THERESA SORRENTINO RATH, MHSE '93, is currently a Regional Health Educator for Youth Empowerment in Tobacco Prevention and Control. The program covers 26 counties in the mountains of Western North Carolina.

LORI ANN DEVITO WIRTH, MHSE '93, returned to school for training in Dietetics. Lori currently works in the Clinical Research Center at Shands Hospital as a Dietetic Technician.

1994

RENEÉ HOFFINGER SHUMAN, MHSE '94, works at the Veteran's Hospital in Gainesville in the Outpatient Infectious Diseases Clinic and as a member of the Substance Abuse Treatment Team where she runs a unique hands-on nutrition education program for veterans in recovery. Reneé also works at the Alachua County Health Department and Shands' HIV clinics where she serves HIV-positive people as a registered dietitian.

1995

ELISHA EISENBERG COHEN, MHSE '95, is currently a vocational grant coordinator at Cloud County (KS) Community College. Elisha resides in Concordia, KS with her husband, Steve, and their two cats.

LAURA DEITSCH, MHSE '95, married last year and now lives in Sacramento, CA. She was recently enlisted by Sutter Health Systems to teach Sexuality Education in high schools through a grant funded by the state. Laura recently

began a doctoral program at the Institute for the Advanced Study in Human Sexuality in San Francisco.

TRAVIS RICHARDS, BSESS '95, attended the Prosthetic and Orthotic Certificate Programs at Northwestern University. Currently, he is a practicing C.P.O. (certified prosthetist – orthotist) at Gulf Coast O and P in Pensacola, Florida.

MARC ROGERS, MHSE '95, is currently an Orthopedic Surgery Resident in New York. He was married in October 2000.

1996

MARIACLARA ECORA F. BAGO APICELLA, MHSE '96, is currently a resident physician at Wellington Regional Medical Center in West Palm Beach, FL.

JULIA C. FLOHR, MHSE '96, is currently working for a race director/event management company in the areas of media relations and PR. She would like to return to academia in the area of student development. Julia enjoys competing in Ironman triathlons (2.4 mile swim, 112 mile bike, 26.2 mile run). She has completed five thus far. She recently wed Jim Larkin.

1997

EMILY LEGRAND KELLAR, MHSE '97, married in 1999. Her husband became an officer in the United States Marine Corps in 2001. They've moved often since his commissioning, but they will be moving to a permanent three-year assignment in Yuma, AZ.

PATRICIA D. RAGAN, PhD, Health Behavior, '97, serves as Department Head and Program Director for the newly implemented Physician Assistant Program at Southwest Missouri State University. The pro-

gram received excellent ratings on its initial accreditation site visits and graduated its first class in December 2001.

1998

BLANCHE C. COLLINS, MHSE '98, is a doctoral student in Public Health at the University of Alabama, Birmingham. She is a graduate research assistant in the Center for Educational Accountability, and she holds a teaching assistant position in the School of Public Health's integrated core curriculum. Blanche also holds adjunct positions at UAB where she teaches Human Sexuality and at Faulkner University where she teaches First Aid and Lifetime Fitness.

WYMAN DICKEY, MHSE '98, is Director of Student Services at the Tampa Technical Institute in Jacksonville, FL, a branch campus of Education America.

JENNIFER JACQUELYN HARRIS, MHSE '98, is a full-time Registered Nurse at Raleigh Community Hospital in North Carolina.

TERRY D. HASHEY, MHSE '98, is currently a medical student at Texas College of Osteopathic Medicine, where he was elected class president. Terry also serves as Platoon Leader in the Texas Army National Guard. His first child was born in December 2000.

SUSAN ELIZABETH KEARNEY, MHSE '98, is office manager for a gynecological surgeon in Atlanta, GA, where she compiles patient education materials and designs presentations for teaching lectures at national meetings. Susan organizes and runs three-six workshops a year for physicians interested in learning surgical techniques and methods used by her physician

employer. She also assists in researching and writing papers, and she recently submitted two abstracts for a national meeting.

KELLY POSTLE McLELLAN, MHSE '98, currently serves as Special Studies Department Coordinator for the Great Smoky Mountains Diagnostic Laboratory, where she coordinates details for research involved in establishing reference ranges for laboratory tests. She lives in Fairview, NC with her husband, Ryan, and their son, Ryley Gray, who recently turned two. Kelly says life is good.

AUDREY E. SHIVELY, MSHSE '98, is Assistant Executive Director of the American Association for Health Education. Audrey was named Health Educator of the Year in 2000.

JANET R. SILVERSTEIN, MHSE '98, teaches Biology and Anatomy/Physiology at Columbia High School in Lake City. She is currently seeking National Board Certification in science teaching. Janet also coaches soccer and golf.

LINDA MICHELLE TINDALE, MHSE '98, works with MetLife in Tampa as a Disability Claims Examiner. Linda is attending the University of South Florida working toward a Master in Business Administration degree with a focus on international business, finance, marketing, and quality management.

JENNIFER LEE WATFORD WILEY, MHSE '98, completed a three-year CDC fellowship in the Public Health Prevention Service. Currently, she serves as the TB Program Manager at the Hillsborough County Health Department in Tampa, Florida.

1999

HEATHER SCHALK KNIGHT, MHSE '99, was married in 1999 and recently built a new home with her husband in Tampa. Heather recently completed her third year as a teacher at Bay Point Middle School in St. Petersburg.

LISA NICOLE PEALER, MHSE '96; PhD, Health Behavior, '99, currently serves as an Epidemic Intelligence Service (EIS) Officer with the Centers for Disease Control and Prevention. The EIS Fellowship which Lisa holds ranks among the most desirable and most competitive fellowship programs offered by the CDC.

LISA QUATTLEBAUM (OLINYK), BSESS '99, is a first year graduate student in a Speech – Language Pathology Program at Georgia State University.

ANNA M. HUBER RICKER, MHSE '99, is a Senior Health Educator at the Marion County Health Department in Ocala. She married George Ricker in October 2000.

HOLLY RENÉ WILSON, MHSE '99, works for CDC in the Division of Viral Hepatitis where she spends most of her time as Division Webmistress. Though she currently lives in Atlanta, Holly sees herself eventually returning to Florida.

2000

AMY AUMILLER, MHSE '00, lives in a home on Spruce Creek. She teaches Health Education at Campbell Middle School in Volusia County.

MELANIE HOOP BREDE, MHSE '00, works as a dietitian at Shands Rehabilitation Hospital. She also

teaches a weekly nutrition class for the drug and alcohol detox group.

KRISTINE STOUFFER CALDERON, MHSE '97; PhD, Health Behavior, '00, currently works with grant-funded projects, such as biofeedback, at UF's College of Nursing. Kris is married to Florencio Calderon.

STEPHANIE ANN LANCE, MHSE '00, is employed at St. Joseph's Hospital in Tampa where she works as a Health Educator in the weight management program.

CARRIE MURRAY, MSHSE '00, is a PhD student, Research Assistant, and Teaching Assistant at the University of Maryland in the Department of Public Community Health.

DAWN C. NOZICKA, MHSE '00, is a health educator developing the Natural Tobacco Prevention Network, "Serving Priority Populations," in California. The CDC-funded grant promotes collaboration among agencies nationwide for tobacco prevention targeting low socio-economic populations.

ELIZABETH L. WRIGHT RHAMY, MHSE '00, was married in May 2001. She graduated from the University of Florida's Physician Assistant program in June 2002.

PAT SARGEANT, MHSE '00, is a Lt. Colonel and Flight Commander of Health Promotion at Seymour Johnson Air Force Base in North Carolina, where she is responsible for Health Promotion Programs for the Seymour Johnson community. The Health and Wellness Center recently had its Joint Commission Accreditation and Health Services

Inspection, and the Center received top ratings in every category and a potential best practice for the Squadron Health and Prevention (SHAPE) Program.

JESSICA ANN SCHULMAN, PhD, Health Behavior, '00, currently holds the position of Adjunct Assistant Professor in UF's Department of Health Services Administration where she teaches graduate courses and continues her research interest in nutrition literacy for future physicians in training. She also operates a private practice in nutrition therapy specializing in chronic disease prevention and child and maternal nutrition. Jessica and her husband, Ben, are the proud parents of a baby daughter named Daniella Dina Schulman Karney.

PAULINE ANNE VICKERY, MHSE '00, is Training and Evaluation Coordinator at Suwannee River Area Health Education Center.

2001

JENNIFER GRIGGS GRADY, MHSE '01, is currently Assistant Director of Fitness and Weight Room Programs at Florida Tech. In addition to teaching Group Fitness, Jennifer is a personal trainer and has begun presenting national fitness certifications. She recently married her college sweetheart, Jeff.

ELISSA M. HOWARD, PhD, Health Behavior, '01, currently serves as Assistant Professor of Health Education at Coastal Carolina University where she teaches courses in foundations, epidemiology, and human sexuality. She also works with area youth in teen pregnancy and mentorship pro-

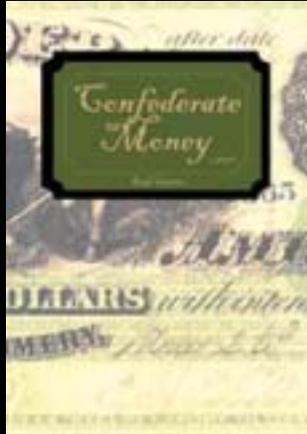
grams. She and husband, Matt, recently welcomed their first child, Emily Grace, into their family.

DENISE M. SEABERT, PhD, Health Behavior, '01, currently holds a faculty position as Assistant Professor of Health Education in the Department of Health, Kinesiology, and Leisure Studies at Purdue University. She teaches in the professional preparation program preparing future elementary and secondary teachers, and she continues writing and researching in that professional interest area. Denise and her husband, Matthew, have a son, Clark Bailey, and a second child on the way.

SHANNON LYNN TYNES, BSHSE '99; MPH '01, currently holds a Presidential Fellowship position in the Division of Adolescent and School Health at the Centers for Disease Control and Prevention, where she works with a variety of national projects related to child and adolescent health. As a Presidential Fellow, Shannon received employment offers from a number of Federal agencies, but she chose DASH at the CDC because of her deep interest in promoting the health of children and adolescents.

MARSHA H. WHITE, MHSE '01, is a Medical/Patient Health Education Librarian at the Gainesville Division of the North Florida-South Georgia Veteran's Health System.

In Pursuit of Passion



DR. PAUL R. VARNES, Professor Emeritus and former Department Chair in Recreation, Parks, and Tourism, published a novel on February 15, 2003. The novel, *Confederate Money*, is a civil war tale that originates with the raid on the

Cedar Key slat works and culminates in Archer, Florida with action taking place in a number of Southeastern states from 1861 through 1865. Published by Pineapple Press, the novel is available in bookstores throughout the United States and may be ordered online at: www.pineapplepress.com.



DR. PAULA WELCH, Professor Emeritus who taught in the Department of Exercise and Sport Sciences from 1974-2001, was commissioned by the Ivy League to write her latest book, *Silver Era Golden Moments: A Celebration of*

Ivy League Women's Athletics. Dr. Welch's research interests continue to focus on the history of the modern Olympic Games and women in sport. In addition, she serves on the Campus U.S.A. Credit Union Board of Directors, the Board of Directors of the United States Olympic Committee, and the United States Olympic Foundation.

Faculty Facts by Jean F. Mullen



Dr. Barbara Rienzo (HSE) attended the annual conference of the Society for the Arts in Healthcare. Her attendance was sponsored by the UF Center for Spirituality and Health, a newly developed organization on campus comprised of science education, neuroscience, and others who are interested in the intersection of spirituality and health. The Center sponsors education (courses at the undergraduate and graduate levels),

speakers, workshops, research, and other academic endeavors. Dr. Allen Neims is the Center Director.

Dr. Rienzo and **Dr. James Button** (Political Science) traveled to Chicago to present their paper, "The Impact of Affirmative Action: Black Employment in Southern Cities," for the Midwest Political Science Association Annual Meeting. This presentation is the first paper based on a large study of race and poverty, and how to provide greater equality for African American men and women. The study examines race, poverty, and health, since employment affects socioeconomic status (SES), and SES significantly influences health status.

Dr. John R. Todorovich (ESS) was invited to present his research (Motivation in Achievement Settings) at the National Taiwan Normal University, Taipei, Taiwan. He presented and taught other topics related to pedagogy and adapted physical education. In addition, he met with the Taiwan

Minister of Education and other dignitaries to discuss potential collaborative efforts between U.S. and Chinese/Taiwan schools.

Dr. Lori Pennington-Gray (RPT) traveled to Korea to take part in a conference that addressed strengthening the relationship between the Kyonggi Province and the State of Florida. Ajou University hosted the conference and invited representatives from UF to discuss issues related to economic development. Dr. Pennington-Gray's contribution was a talk entitled "Tourism policies and practices: a proposed model to facilitate tourism between Kyonggi Province and the State of Florida."

Drs. William Chen (Chair) and **Delores James** (HSE) traveled to Taipei, Taiwan to participate in the 44th ICHPER.SD World Congress. Dr. Chen chaired the health education symposium "Global Perspectives on Tobacco and Health: Cross-Cultural Research and Prevention Issues," and presented a paper entitled "Comparison of Health Survey Methods on College Students." Dr. James presented "Mobilizing Ethnic Minority Communities in the Fight Against Tobacco," and "Gender Differences in Weight Loss Strategies Among African Americans."

Drs. Chris Stopka (ESS) and **John Todorovich**, with the help of some ESS students, held another successful Adapted Physical Education teacher workshop series where participants earned credits in medical aspects, as well as motor and mental disabilities, coaching, and adapted aquatics. This event has been held on a yearly basis since 1988 and offers teachers the opportunity to earn credits toward

their state endorsement in adapted physical education.

Dr. Glenn Hanley (Director) and **Patrick Cole** (REC) presented "The Implementation of a Ropes Course on Your Campus" at the National Intramural and Recreational Sports Association national conference held in San Antonio, TX. (And if you haven't had a chance to see the ropes course or the climbing wall at Lake Wauburg, make it a point to do so. You will be very impressed!)

Dr. Milledge Murphey (ESS) served as a Director of the Boy Scout National Camping School held at Camp Shands near Melrose and served as President of the Gainesville Shrine Club for 2002.

Dr. Jiunn-Jye Sheu (HSE) has been named as director of the instructional technology lab (250 FLG). The HSE department plans to improve the usage of this lab by obtaining more equipment and upgrading software.

We did it!!! **Dr. Bertha Cato** (Assistant Dean) announced that our partnering with the College of Journalism (WUFT-TV) to host the National Teletubbie Exercise Day was a huge success! We send special thanks to **Gary Nave**, **Chris Stopka**, and **Gloria Sanders** for enticing their students to get involved; special kudos to **Judy Traveis**, **Karen Ehlers**, and **Stephanie Revelli** for their leadership efforts in making the event a success. Judy and Karen provided excellent direct leadership. Karen was an energetic exercise leader and motivator, and Judy was just great working all stations from registration to arts and crafts. The event was well attended, with over 200+ preschoolers and 100

adults/day care providers. Over 35 HHP students were involved in the event. Thanks to all!

Dr. Randy Braith (Director, Clinical Exercise Physiology Lab) recently received a research grant in the amount of \$120,000 (through June, 2004) from the American Heart Association. The title of the project is "Endothelial Dysfunction and Arterial Stiffness in Heart Transplant Recipients." This is the lab's 4th consecutive grant from AHA to study post-transplant complications in heart transplant recipients.

Drs. John Chow and James Cauraugh (ESS) received a research grant in the amount of \$316,875 from the National Science Foundation for "Collaborative Research: Network-based Laboratory Modules for the Study of Movement Biomechanics, and Coordination and Control."

Dr. David S. Criswell of the Center for Exercise Science was awarded a research grant of \$70,000 (for a two year period) from the American Lung Association. It is entitled "Aging, Oxidant Stress, and Mechanical Ventilation-Induced Diaphragmatic Contractile Dysfunction."

Dr. Chris Janelle (ESS) received three grants recently: "Body Image Disturbance: Emotional Reactivity," (\$71,700) by the National Institute of Mental Health; UFRGP Opportunity Fund (\$20,000) for "Behavioral Squeal of Emotional Reactivity: Gaze Behavior as an Index of Approach and Avoidance;" and the Association for the Advancement of Applied Sport Psychology (AAASP) research grant (\$2,500) titled "Exercise Dependence and Deprivation: A Psycho-physiologi-

cal Investigation of Emotional Reactivity to Exercise Related Stimuli."

Dr. Heather Hausenblas (ESS) received an Opportunity Fund grant (\$20,000) to conduct an intervention study that will examine exercise and diet beliefs and behaviors in overweight women.

M.B. Chafin, former Director of REC and former Men's Head Tennis Coach; **Roland Thornqvist**, new Women's Head Tennis Coach; and **Andy Jackson**, new Men's Head Coach, conducted the annual Gator Tennis Camp. The Camp serves youngsters 8 – 16 years. A portion of the profits from this Camp benefits the Instructional Development Awards in HHP.

Dr. Robert Beland (RPT) has been quite busy this year. He made three presentations at the Southeast TR Symposium in Gatlinburg, TN: "Physiology of Aging and its Implications for TR Practice (Parts 1 & II)," and "Activity Programming for Persons with Alzheimer's." He also was a keynote speaker for the Florida Health Care Association Regional meeting, "The Necessity of Recreation Therapy in Long-Term Care."

The students of **Dr. Gregg Bennett's** (ESS) summer event management class helped manage, in conjunction with WUFT, the 2nd Annual National Kids Day at the Boys and Girls Club last summer.

Dr. Lori Pennington-Gray (RPT) participated in the Gulf of Mexico States Accord Strategic Management Planning Session in Orlando. Her contribution included tourism as an economic development tool between Florida and

the Gulf of Mexico states. Dr. Pennington-Gray also presented three papers to the Travel and Tourism Research Association Conference and another paper at the International Hospitality and Tourism Conference in Malaysia.

Dr. Bertha Cato (RPT/Assistant Dean) joined Dr. Christopher Edginton, Associate Dean of the School of Health, Physical Education, and Leisure Services at the University of Northern Iowa, as co-coordinator of the research symposium for the Leisure and Recreation Commission delivered during the 44th International Council of Health, Physical Education, Sport and Dance 44th World Congress held in Taipei, Taiwan. The theme for the symposium was Leisure and Wellness: Enhancing the Human Spirit. Dr. Cato also delivered a presentation on "Wellness, Leisure, and Spirituality."

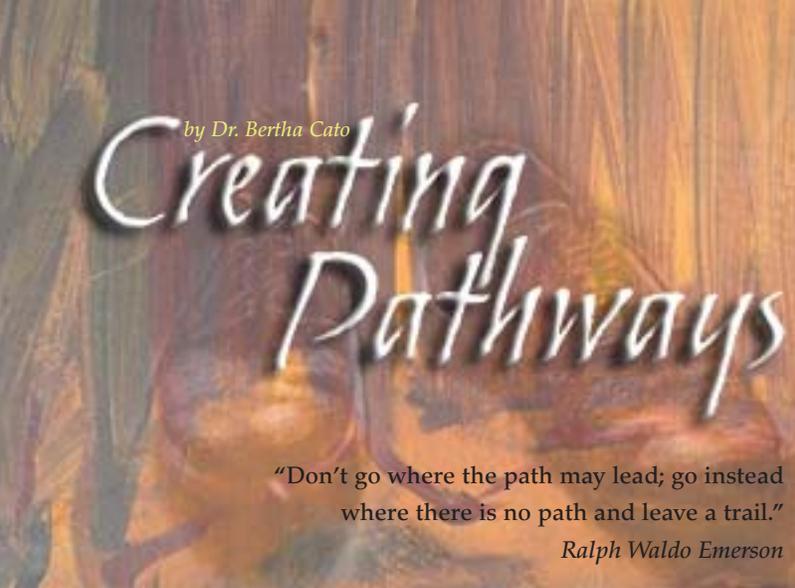
Dr. Brijesh Thapa (RPT) presented papers at the 9th International Symposium on Society and Resource Management, Bloomington, IN, and the 7th World Leisure Congress, Kuala Lumpur, Malaysia.

Dr. Christiaan Leeuwenburgh (ESS) was an invited lecturer at the 4th International Congress of Pathophysiology, Budapest, Hungary; the University of Catania, Department of Pharmacology, Sicily, Italy; and at a Mini-Symposium at the American College of Sports Medicine, in Indianapolis, IN.

This past summer, three faculty members and 11 graduate students from ESS participated in an academic exchange program with the University of Darmstadt in

Darmstadt, Germany. All students and faculty members presented research and other topics related to their specializations to students and faculty members at the University. The faculty members who participated were **Dr. Dave Fleming, Dr. Dan Connaughton, and Dr. Mark Tillman**. Student participants were **Courtney Brandenburg, Nini DeBraganza, Matt DiFebo, Patrick Douma, Justin Flaitz, Caroline Rudnicki, Abbie Schwab, Amber Stegelin, Susan Walker, Susan Wallace, and Sheri Waters**. The Department of Exercise and Sport Sciences looks forward to the Fall, 2003 semester, when they will host students and faculty from the University of Darmstadt here in Gainesville.

Dr. Robert Burns, Assistant Professor in the Department of Recreation, Parks, and Tourism, was invited to make a presentation on the federal recreation fee demonstration project to U.S. Senate and House staffers on September 4, 2002, at Capitol Hill in Washington, D.C. This project allowed federal land and water agencies to collect fees from visitors to outdoor recreationists at recreation sites managed by the National Park Service, the USDA Forest Service, the Bureau of Land Management, and the US Fish and Wildlife Service. Dr. Burns' presentation informed congressional staffers about Oregon/Washington residents' perceptions about recreation fee programs and the potential impact of recreation fees on low-income and minority residents.



by Dr. Bertha Cato

Creating Pathways

“Don’t go where the path may lead; go instead where there is no path and leave a trail.”

Ralph Waldo Emerson

DESPITE the difficulties in the stock market and the shortfall in private gifts, the College offered 50 HHP students a fellowship, award, or scholarship. These fellowships, awards, and scholarships provide students with financial resources that enable them to complete research projects, class assignments, enhance practical skills, or make significant contributions in their communities. Students were recognized at this year’s convocation, held in conjunction with the February College Advisory Council meeting. The convocation is one of the ways we are able to honor the donors whose contributions make these awards possible. Our donors continue to leave trails as they create pathways for our students.

This year, we added one new fellowship – the David and Linda McCaughey Fellowship – and one new scholarship – the Frederick E. Rozelle Scholarship – to our list. Our funding continues to stay around \$60,000.00. This has been accomplished through the generosity of our alumni and friends and the diligent efforts of Dean Patrick Bird, with guidance from former College Development Officers. Members of the College Council served as hosts for the event, and Bertha Cato, HHP Student Affairs

Dean, along with other faculty and staff announced the recipients as Dean Bird presented the awards. Other members of the Scholarship Committee were Drs. Doug DeMichele, Milledge Murphey, Barbara Rienzo, and Lori Pennington-Gray.

The Jane Adams Ph.D. Fellowship is awarded to an incoming Ph.D. student in the Department of Exercise and Sport Sciences. Candidates are nominated by a departmental faculty member.

Recipient:

Darin Falk, an exercise physiology Ph.D. student, received the Jane Adams Ph.D. Fellowship. Dr. Scott Powers is his committee chair.

The Charles W. LaPradd Ph.D.

Fellowship is a one-year award for incoming Ph.D. students into the Department of Exercise and Sport Sciences. Candidates are nominated by a departmental faculty member.

Recipient:

Vanessa Castellano is the recipient of the Charles W. LaPradd Ph.D. Fellowship. Vanessa specializes in exercise physiology under the direction of Dr. Lesley White.

The Norma M. Leavitt Ph.D.

Fellowship is given to an incoming Ph.D. student in the Department of Exercise and Sport Sciences. Candidates are nominated by a departmental faculty member.

Recipient:

Steven Coombes, who specializes in motor learning/control under the direction of Dr. Christopher Janelle, received the Norma M. Leavitt Ph.D. Fellowship.

The David & Linda McCaughey Graduate Fellowship is donated by their daughter, Molly, and her husband Jeremy Foley. It is awarded to a graduate student in the Department of Exercise and Sport Sciences.

Recipient:

Eric Model is a doctoral student specializing in sport psychology in the Department of Exercise and Sport Sciences. Eric currently serves as an activities instructor for disc sports and conditioning in the College. To date, he maintains a 4.0 GPA in the program.

The Patrick J. Bird Dissertation

Research Award is presented to a Ph.D. candidate to assist in expenses associated with an approved research project.

Recipient:

Jane Emmeree is a doctoral student in the Department of Health Science Education specializing in health behavior, health communication, and research with a current GPA of 3.82. She is currently working on her dissertation research, “Social Factors of Cigarette Smoking Initiation among College Freshman,” and plans to begin data collection at the University of Florida and four other universities in January.

The Robert Allen/Owen

Holyoak/Paul Varnes Scholarships were established in 1998 by three former faculty members. Scholarships are presented to graduate and undergraduate students with a demonstrated commitment to be of service to others either through military or community service.

Graduate Recipients:

Jessica Hall is a first-semester graduate student in the Department of Exercise and Sport Sciences. Jessica maintained a 3.23 GPA while pursuing her undergraduate degree at UF.

Teresa A. Lyles is a doctoral student in the Health Behavior Program in the Department of Health Science Education. Her current GPA is 3.51.

Chu Hyon Soh is a graduate student in the Athletic Training/Sports Medicine Program. He has maintained a 4.0 GPA throughout the program.

Dean Emeritus C.A. Boyd

Scholarships are designated for any major in the college with special consideration at the undergraduate level for students who play and enjoy golf.

Undergraduate Recipients:

Jaclyn Mallory is an Exercise and Sport Sciences major specializing in sport management. Jaclyn serves as an executive board member of the Student Sport Management Association. She maintains a 4.0 GPA.

Kyle Schuemann is an Exercise and Sport Sciences major specializing in sport management. Kyle would like to acquire a challenging and satisfying job in a

university athletic department. He currently has a 4.0 GPA.

Graduate Recipients:

Derek Mann is an exercise and sport psychology doctoral student in the Department of Exercise and Sport Sciences. He maintains a 4.0 GPA.

Sharon Phaneuf is an exercise physiology doctoral student in the Department of Exercise and Sport Sciences. Sharon was awarded the American Heart Association Predoctoral Fellowship for the 2002-2004 period. She maintains a 4.0 GPA.

Sheri Walters is a second-year graduate student in the Athletic Training/Sports Medicine Program. She belongs to the National Athletic Trainers' Association and the Athletic Trainers' Association of Florida. She has a 4.0 GPA.

James Daniel Eggart Memorial Scholarships are given to undergraduate and graduate students in any major in the college with preference to graduates of a Pensacola-area high school.

Undergraduate Recipient:

Erica Zielinski is a Recreation, Parks, and Tourism major concentrating in therapeutic recreation. During the last two years, Erica has volunteered with the

Special Olympics and at Glen Springs Elementary School. She maintains a 4.0 GPA.

Graduate Recipient:

Mauricio Herzog is a graduate student specializing in sport management in the Department of Exercise and Sport Sciences. Mauricio has been a graduate assistant in the Division of Recreational Sports for four years. He has maintained a 3.33 GPA in his studies.

The Charles W. Fessler and Judith D. Fessler Undergraduate

Scholarships are awarded to Recreation, Parks, and Tourism and Exercise and Sport Sciences majors, respectively. Mr. Fessler established these scholarships as a way to assist students in pursuing their degrees.

Charles W. Fessler, Jr. Scholarship Recipient:

Hartley Haft is a Recreation, Parks, and Tourism major concentrating on travel and tourism planning. Hartley plans to participate in the University of Western Sydney student exchange program in Cambelltown, New South Wales, Australia to study tourism for one semester. He currently maintains a 3.45 GPA.

Judith D. Fessler Scholarship Recipient:

Tiffany Jordan is an Exercise and

Sport Sciences major specializing in athletic training and exercise physiology. Tiffany is the vice president of the Student Athletic Trainers Organization (SATO) and maintains a 3.27 GPA.

Charles W. Fessler, Sr. & Miriam A.

Fessler Scholarship is donated by the Fessler's son and daughter-in-law (Chuck and Judy) and their grandchildren (Jimmy and Debbie) in grateful appreciation for all the love and support given throughout the years. Charles and Miriam Fessler have been avid supporters of both the University and the College of Health & Human Performance for nearly 40 years. The scholarship is awarded to Recreation, Parks, and Tourism and Exercise and Sport Sciences majors, respectively.

Charles W. Fessler, Sr. and Miriam A. Fessler Scholarship Recipient:

Mara Bacher is a Recreation, Parks, and Tourism major specializing in commercial recreation. Mara is fluent in reading, writing, and speaking Hebrew and Spanish. She is CPR- and First Aid-certified. She maintains a 3.94 GPA.

The Thomas F. Hayes IV Memorial Scholarship

is given to either an undergraduate or graduate student who is an active cyclist and participant with Team Florida Cycling Club.



LEFT: ALLEN/HOLYOAK/VARNES GRADUATE
From L to R: Chu Soh and Teresa Lyles

RIGHT: C.A. BOYD GRADUATE
From L to R: Sharon Phaneuf, Derek Mann,
and Sheri Walters

Undergraduate Recipient:

Priscilla Walden is an Exercise and Sport Sciences major specializing in athletic training. She is a member of the University of Florida's Women Softball Team, the National Strength and Conditioning Association (NSCA), and the National Athletic Training Association (NATA). Priscilla maintains a 3.19 GPA.

Graduate Recipient:

Cameron Loos is a doctoral student in the Biomechanics Program in the Department of Exercise and Sport Sciences. Cameron holds certifications by the American Red Cross as Lifeguard Instructor, CPR for the Professional Rescuer, and Community First Aid and Safety. He maintains a 3.68 GPA.

The Norma M. Leavitt Scholarships

are given to undergraduate and graduate students of outstanding character with a strong commitment to serve their profession.

Undergraduate Recipient:

Robert Kelting is an Exercise and Sport Sciences major specializing in physical education. He made the Dean's List four times since the fall of '99 and has volunteered within three different schools in Alachua County. Robert maintains a 3.62 GPA.

Graduate Recipients:

Beth Cianfrone is a doctoral student concentrating in sport management in the Department of Exercise and Sport Sciences.

She presented a research paper at the 2002 International Conference on Sport and Business. Beth maintains a 4.0 GPA.

Matthew Ellis, a doctoral student in the Department of Exercise and Sport Sciences, is specializing in sport management and marketing. His research interest is sport marketing and finance. He maintains a 3.58 GPA.

Elizabeth Fallon is a doctoral student in the Department of Exercise and Sport Sciences with a focus in sport and exercise physiology. She is a member of the Society of Behavioral Medicine and the American Psychological Association. Elizabeth maintains a 3.81 GPA.

Yvette Garcia, a graduate student in the Department of Exercise and Sport Sciences, has aspirations of owning and managing her own fitness center after graduation. Yvette maintains a 4.0 GPA.

Rebecca Gardner, a doctoral student in the Department of Exercise and Sport Sciences, has published in refereed journals. She was awarded a Research Opportunity Fund grant in which she will conduct research in the area of "exercise and diet beliefs and behaviors in overweight/obese women." Rebecca maintains a 3.9 GPA.

Michael Robishaw, Public Health master's student in the Department of Health Science Education, holds a graduate assistantship in the College's

Office of Student Affairs. Since January 2002, he has maintained the OSA web page and assisted in planning the College Scholarship Convocation and Career Fair/Intern Expo. He has a 3.60 GPA.

The Lee-McCachren Scholarship is given to graduate students who have exemplified excellence in teaching within the Sport-Fitness Program. The awardees must be of outstanding character with a strong, competitive spirit and professional pursuits. Faculty must nominate recipients.

Graduate Recipients:

David Bolton is a graduate student in the Department of Exercise and Sport Sciences. David has an impressive list of experiences within the area of Kinesiology, which includes being a personal trainer and a weightlifting course instructor. He maintains a 3.78 GPA.

Amber Stegelin is a second-year sport psychology graduate student. Amber has served as a sport and fitness instructor at UF and as the Assistant Coach for Women's Basketball at Santa Fe Community College. She maintains a 4.0 GPA.

The Alan C. Moore Scholarship is established to support an Exercise and Sport Sciences undergraduate student who has demonstrated leadership in teacher education and been involved in community service.

Recipient:

Iris Day is an Exercise and Sport Sciences major in Exercise

Physiology. Iris eventually would like to attend graduate school and pursue a degree in physical therapy. She maintains a 3.77 GPA.

The Potter/Chafin Scholarship is given to a major in the College who enjoys and actively participates in tennis.

Undergraduate Recipient:

Kathryn Seymour is an Exercise and Sport Sciences major specializing in exercise physiology. Kathryn is a member of Golden Key International Honor Society and the National Honor Society of Collegiate Scholars. She maintains a 3.85 GPA.

Graduate Recipients:

Allison Hayes is a graduate student in the Department of Recreation, Parks, and Tourism. During the summer of 2000, Allison conducted a needs assessment on the "Recreational Needs of Youth in La Zona de Monteverde, Costa Rica." She maintains a 3.5 GPA.

Taryn Lynn is a second-year graduate student pursuing a master's degree in sport psychology. She currently works as a graduate assistant in the College and volunteers in the volleyball program at P.K. Yonge Developmental Research School. She maintains a 4.0 GPA.

The Frederick E. Rozelle

Scholarship is awarded to an undergraduate student in the Department of Exercise and Sport Sciences who plans to become a teacher.

UNDERGRADUATE SCHOLARSHIP RECIPIENTS
Front L to R: Tiffany Jordan, Hartley Haft,
Iris Day and Kathryn LuCante

Back L to R: Jaclyn Mallory, Kyle Schuemann,
Troy Grant, Priscilla Walden, Erica Zielinski,
and Daniel Hamann



Recipient:

Troy Grant is an Exercise and Sport Sciences major specializing in physical education. Troy has work experience as a physical education instructor, a camp counselor, and as a youth baseball coach. He holds a 3.97 GPA.

Herman W. Schnell Memorial Scholarships are awarded to one undergraduate and two graduate students majoring in Exercise and Sport Sciences. Applicants have demonstrated a high level of scholarship, interest in tennis, and skills in physical activities.

Undergraduate Recipient: *Daniel Hamann* is an Exercise and Sport Sciences major specializing in fitness and wellness. Daniel is a member of the National Bone Marrow Donation Registry. He has a 3.84 GPA.

Graduate Recipients: *Mark Parker* is a sport management graduate student in the Department of Exercise and Sport Sciences. Mark currently works as a graduate assistant within the Division of Recreational Sports. He holds a 3.83 GPA.

Dennis Valdez is a graduate student in the Department of Exercise and Sport Sciences. Dennis' concentration is athletic training, and he works as a graduate assistant in the Athletic Training Program. He has a 3.66 GPA.

The Stevens Scholarships, established by B.K. and Betty Stevens, provide funds for both graduate and undergraduate students.

B.K. and Betty C. Stevens Undergraduate Scholarship.

Recipient: *Kathryn LuCante* is an Exercise and Sport Sciences major specializing in athletic training. Kathryn has served as a Student Athletic Trainer at Oak Hall School and currently holds that role at Santa Fe High School. She maintains a 3.96 GPA.

B.K. and Betty C. Stevens Graduate ESS Scholarship.

Recipients: *Joel French* is a doctoral student in the Department of Exercise and Sport Sciences. Joel conducts departmental research on "the cellular mechanisms of damage and protection within the heart." He maintains a 3.5 GPA.

Lorin Maurer is a graduate student in the Department of Exercise and Sport Sciences, specializing in sport management. She is a founding member of the Student Sport Management Association (SSMA), a student organization in the College. Lorin maintains a 4.0 GPA in her studies.

Jessica Staib is an exercise physiology doctoral student in the Department of Exercise and Sport Sciences. Jessica was recognized as an American Heart Association, Florida/Puerto Rico Affiliate Outstanding Predoctoral Fellow of 2002. She maintains a 3.5 GPA in her studies.

Naomi S. Stevens Memorial Undergraduate Scholarship. Mrs. Stevens, first wife of B.K. Stevens, was the former Director of Guidance at Gainesville High School. This award is open to any major in the College.

Undergraduate recipient: *Ann Ooton* is a Recreation, Parks, and Tourism major specializing in Commercial Recreation with a concentration on Marketing. Ann currently holds two jobs, one as a

Freelance Graphic Designer and the second as a Student Worker for the University Athletic Association. She currently maintains a 3.82 GPA.

The Chris Patick Athletic Training Scholarship. The program honors outstanding student athletic trainers from the University of Florida's undergraduate athletic training education program. Chris Patrick, Assistant Athletic Director for Sports Health, is a member of the NATA, SEATA, and ATAF Halls of Fame. He is also the former chairperson of the Southeastern Conference Sports Medicine Committee.

The following ESS majors were recipients: *Suzanne Allain, Kaysee Brinkley, Kenneth Byrd, Stacy Lieberman, Kathryn Lucante, Emily Mintner, Kelley Palmer, Cynthia Warner, and Christina Wells.*

Other Recognitions: *Cari Autry, Lori Armstrong, Jodi Long, Chris Stanford, Michelle Cohen, and Andrea Parker.*



GRADUATE SCHOLARSHIP RECIPIENTS
Front L to R: David Bolton, Elizabeth Fallon, Jessica Staib, Teresa Lyles and Allison Hayes

Back L to R: Matthew Ellis, Derek Mann, Joel French, Cameron Loos, and Sharon Phaneuf



GRADUATE SCHOLARSHIP RECIPIENTS
Front L to R: Michael Robishaw, Dennis Valdez, Teresa Lyles, Jane Emmeree, Yvette Garcia, and Chu Soh

Back L to R: Mauricio Herzog, Amber Stegelin, Mark Parker, Eric Model, Sheri Walters, and Lorin Maurer

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Honors by Jean F. Mullen

Dr. Randy Braith (ESS) was awarded Fellow Status at the American Association of CardioVascular and Pulmonary Rehabilitation (AACVPR) annual meeting in Charlotte, NC. Dr. Braith was also appointed to the Editorial Board of the Journal of Cardiopulmonary Rehabilitation.

Dr. Bertha Cato (RPT) was awarded the 2002 Distinguished E. B. Henderson Professional Award for the American Association of Health, Physical Education, Recreation and Dance – Ethnic Minorities Council.

Dr. Stephen M. Holland (RPT) was awarded a “Certificate of Appreciation” for service on the Original Florida Tourism Task Force by the Alachua County Commission.

Dr. Christopher M. Janelle (ESS) received the Dorothy V. Harris Memorial Award for early career excellence in sport psychology scholarship from the Association for the Advancement of Applied Sport Psychology (AAASP).

The Division of Recreational Sports communications campaign, “Gator Recreation...It’s your turn to play!” received a 2002 Golden Gator Award and is a first place winner of the National Intramural and Recreational Sports Association Creative Excellence Awards’ Creative Tactics Category – competing against the work of much larger and more highly funded marketing departments in recreational sports programs from across the country.

Department of Recreation, Parks, and Tourism Honored by the Florida Recreation and Parks Association

The Department of Recreation, Parks, and Tourism was the recipient of the 2002 Florida Recreation and Parks Association (FRPA) TRIS Agency Award. This award is presented yearly to parks and recreation agencies that have provided outstanding service to the therapeutic recreation profession. This year’s award was presented during the Annual Conference business meeting in Ft. Lauderdale, Florida in August. Dr. Stephen Anderson, Chair of Department of Recreation, Parks, and Tourism was personally acknowledged for his leadership and willingness to involve faculty and students in various functions of FRPA.

Sports Illustrated Magazine

Good news from the Division of Recreational Sports, who contributed to UF’s Athletic Program’s #4 ranking in *Sports Illustrated* magazine’s annual assessment of “America’s Best Sports Colleges”- 324 Division 1 athletic programs. Fourteen factors were taken into consideration compiling these rankings: number of varsity teams, athletic basketball success, NCAA individual and team titles, and intramural sports and sports clubs. In summary, *Sports Illustrated* noted in its Special Report, October 7, 2002, that “the University of Florida Campus is a recreation-sports dreamland.”

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