VILLAINY AND NERVES.

The Rest Cure Might Have Made Nero a Harmless Faddist.

Many overwrought villains of the past, if they were alive now, would be subjected to a rest cure, which, though it could not turn them into good men, might make their villainy less irrational and dangerous. The worst tyrants of the middle ages and the renaissance, the worst Roman emperors, seem to us incomprehensible monsters of iniquity, men who did evil for the love of it. We should understand them better if we considered how likely their way of living was to disorder their nerves. No doubt Nero, even if he had been brought up in the most modern way, taught from a child to take an interest in nature and to eat only the most wholesome things, would never have been a very useful or pleasant person. But he might have been a harmless faddist or an innocent if undistinguished minor poet.

As it was, he was the master of the world, with no one to prevent him from eating and drinking what he chose or from taking whatever other unwholesome pleasure he was inclined to. No doubt he exceeded in everything and suffered from extreme irritability in consequence. Unfortunately he could indulge his irritability without restraint. If when he felt cross of a morning he ordered a senator to die, the senator did die, and he heard no more of it. Moreover, there was always fear to work upon a tyrant's nerves, and some emperors became tyrants because of that fear. Domitian was a martyr to it, though a good man of business. If he were a stockbroker of today no doubt he would worry himself incessantly about the state of the markets, and every one would pity him for his nervousness. As he was a Roman emperor, we think of him as a sinister villain, who killed men for the pleasure of it.

We often hear talk of that terrible taedium vitae from which Roman nobles suffered. We should call it nerves now, and our doctors would prescribe a strict diet and a course of golf or gardening for it. But the Roman noble did not know how to treat it. He made a feast and drank deep and fast and crowned himself with flowers and the next morning must have felt it worse than ever. But since he was a Roman noble he is a romantic figure to us and not a mere sufferer from our modern disease of overstrain.—London Times.

She Stumped Gladstone.

The story is told that at Hawarden one morning little Dorothy Drew refused to get up. When all other means had failed to coax her out of bed Mr. Gladstone was called.

"Why won't you get up, my child?" he asked.

"Why, grandfather, didn't you tell me to do what the Bible says?" asked Dorothy.

"Yes, certainly."

"Well, it disapproves of early rising; says it's a waste of time."

Mr. Gladstone knew his Bible better than most men, but he was not equal to Dorothy. For once in his life he was nonplused.

"You listen, then," went on Dorothy in reply to his exclamation of astonishment, and, turning up her Bible, she read the second verse of the One Hundred and Twenty-seventh Psalm, laying great emphasis on the first words, "It is vain for you to rise up early."

Kinglake Stories.

Kinglake, the author of "Eothen," was afflicted with gout, and he had a fancy to try a lady doctor and wrote to one to ask if gout was beyond her scope. She replied, "Dear sir, gout is not beyond my scope, but men are."

It was Kinglake who uttered one of the neatest of mots on the peculiar character of the Times. He had little fondness for that journal, in spite of personal friendships which might have been expected to soften his views of the question. The paper was still to him a sort of juggernaut, irresistible and fateful. On seeing the announcement of the new editor's marriage he exclaimed: "Heavens! That brings the Times into relations with humanity!"

Children especially like Kennedy's Laxative Cough Syrup as it tastes nearly as good as maple sugar. It not only heals irritation and allays inflammation, thereby stopping the cough, but it also moves the bowels gently and in that way drives the cold from the system. It contains no opiates. Sold by Banner Drug Store.

Why Elsie Was Sent to Bed.

While little Elsie's elder sister, May, was entertaining her latest acquisition, a most dignified and genteel young man, in the parlor Elsie was relegated to the dining room to play with her doll.

This particular one, the possessor of a kid body and a bisque head, had been somewhat ailing of late, owing to the fact that its head was gradually becoming detached and its pivotal eyes refused to perform their functions of opening and closing. After considerable probing for the cause of the trouble Elsie made the discovery that there was something inside of it and finally succeeded in extracting a large roll of tightly curled hair. A moment later she burst into the parlor in a great state of excitement and shouted:

"Pity sakes! No wonder Dorothy was sick! Look what was in her stummick! She must have swallowed Sister May's rat!" — Pittsburg Gazette.

Forced Into Exile

Wm. Upchurch, of Glen Oak, Okla., was an exile from home. Mountain air, he thought, would cure a frightful lung racking cough that had defied all remedies for two years. After six months he returned, death dogging his steps. "Then I began to use Dr. King's New Discovery," he writes, "and after taking six bottles I am as well as ever." It saves thousands yearly from desperate lung diseases. Infallible for coughs and colds, it dispels horseness and sore throat, cures grip, bronchitis, hemorrhages, asthma, croup, whooping cough. 50c. and $1.00; trial bottle free, guaranteed by Banner Drug Store.

Bruce's Mother.

The inspector was examining standard 1, and all the class had been specially told beforehand by their master, "Don't answer unless you are almost certain your answer is correct."

History was the subject.

"Now, tell me," said the inspector, "who was the mother of our great Scottish hero, Robert Bruce?"

He pointed to the top boy, then around the class. There was no answer. Then at last the heart of the teacher of that class leaped with joy. The boy who was standing at the very foot had held up his hand.

"Well," my boy," said the inspector encouragingly, "who was she?"

"Please, sir, Mrs. Bruce."

His Great Weight.

Nothing expresses better the importance of a person—in his own or in the world's eyes—than to state it in terms of his relations with the physical world.

Oliver Wendell Holmes, it will be recalled, remarked that the axis of the earth sticks out in every man's back yard. A bonmot of not dissimilar kind is recorded of Washington Irving.

The conversation was turned on the pomposity of a certain American diplomatist.

"Ah, he is a great man," said Irving, "and in his own estimation a very great man—a man of great weight. When he goes to the west the east tips up!"

Money-Making Made Easy

During these strenuous times one is at a disadvantage if sick or bilious. An occasional dose of St. Joseph's Liver Regulator (either liquid or powders) will strengthen and brighten the entire person, thus keeping one in trim for the battles of life. Druggists and dealers sell it, liquid 50 cents a bottle; powders, in tin boxes, 25 cents a box. Give it a trial and satisfy yourself of its splendid regulating qualities. Don't forget the name—"St. Joseph's." Take no other.

What's In a Man.

"All the constituents of a 150 pound man are contained in 1,200 eggs," said the chemist.

"There is enough gas in a man," he went on, "to fill a gasometer of 3,649 cubic feet. There is enough iron to make four nails. There is enough fat to make seventy-five candles and a large cake of soap. There is enough phosphorus to make 8,064 boxes of matches.

"There is enough hydrogen in him to fill a balloon and carry him up to the clouds. The remaining constituents of a man would yield, if utilized, six cruets of salt, a bowl of sugar and ten gallons of water."

No wonder the psalmist said, "I am fearfully and wonderfully made."—Baltimore Sun.

Kills Her Foe of 20 Years

"The most merciless enemy I had for 20 years," declares Mrs. James Duncan, of Haynesville, Me., "was dyspepsia. I suffered intensely after eating or drinking and could scarcely sleep. After many remedies had failed and several doctors gave me up, I tried Electric Bitters, which cured me completely. Now I can eat anything. I am 70 years old and am overjoyed to get my health and strength back again." For indigestion, loss of appetite, kidney trouble, lame back, female complaints, it's unequaled. Only 50 cents at Banner Drug Store.

THE ATTIC INSTINCT.

Why Some Persons Cling to Things That Are Rubbish.

The attic instinct hangs on surprisingly, and an observing eye can tell how many years a person has lived in the city by merely glancing under her bed. If there are three hat boxes one will contain letters, one scraps of ribbons and laces—if it's a man it's newspaper clippings—and one anything from a broken lock to old road maps. If, besides these, there are bundles of magazines and piles of newspapers, not to mention a bicycle seat and a green umbrella that one might use in private theatricals—if all these things have been placed under the bed against the protests of the family, if they are patiently moved every cleaning day and clung to through a moving, then their owners have the attic instinct to such an extent that there is not the slightest hope of their ever being cured. They will think from an attic point of view for the rest of their lives, and their family might as well become resigned.

When people are willing to make themselves disagreeable over a bit of string and absolutely objectionable on the subject of stray pieces of brown paper they should not be accused of having bad dispositions, nor should they be suspected of doing it to annoy one. They are merely suffering from the attic instinct and cannot help themselves.

Their characters were formed and have now hardened for a scheme of life where certain things were always kept in the cellar, others in the wood shed, others in the pantry and the cupboard on the first floor, still others in the closets on the next floor, and everything and anything that overflowed from any of these places was just taken up to the attic. And now these poor dear souls live with a cellar, three stories and an attic still lodged in their minds, and, though they will in time disappear, like all unnecessary members—seventh toe, tails, an appendix—in the meantime they are having trouble with them, they are suffering and fighting for them, and it takes a serious operation to remove so much as one scrap book if the owner thinks he may like to read it over in his old age.—Harper's Weekly.

Street Lighting.

The streets of New York were first lighted in 1697, the lighting being done by a lantern suspended from a pole stretched out from the window of every seventh house.

The lighting of streets with gas was first tried in 1816 in Baltimore. At Philadelphia a theater was thus lighted on Nov. 25, 1816, the first place of amusement in America illuminated in that manner.

Gas was first used for lighting houses in Boston in 1822. It had been used thirty years before at Cornwall, England.—Scrap Book.

Five Years

of Heart Trouble Cured by Dr. Miles' Heart Remedy

"Before I began taking Dr. Miles' Heart Remedy I had been suffering from heart trouble for over five years. I had pains in my left side, and under my shoulder blade, could not sleep on the left side, and was so short of breath the least exertion would bring on the most distressing palpitation. I had scarcely taken a half bottle of the Heart Remedy before I could see a marked change in my condition. When I had taken six bottles I was cured."

MRS. C. C. GORKEY,
Northfield, Va.

If there is fluttering or palpitation it is an indication of a weakness of the nerves and muscles of the heart. It is not necessarily diseased—just weak from over-work. The heart may be weak just the same as the eyes, stomach or other organs. You can make a weak heart strong by taking Dr. Miles' Heart Remedy. Get a bottle from your druggist, take it according to directions, and if it does not benefit he will return your money.

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Chas. H. Fletcher and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhœa and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE **CASTORIA** ALWAYS
Bears the Signature of
Chas. H. Fletcher.

The Kind You Have Always Bought
In Use For Over 30 Years.
THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

SPALDING'S LINE OF Sporting Goods

Is what you need Mr. Florida Merchant to make your investment in this stock a success.

The Best Quality, The Best Known, The Best Profits

We are agents for the State
We sell at factory Prices
We save you freight

THE H. & W. B. DREW CO.
JACKSONVILLE, FLA.

FLORIDA EAST COAST RAILWAY

LOCAL TIME CARD No. 78. **Effective April 6, 1909**

A local Pullman Buffet Sleeper is operated on trains 82 and 85 between Jacksonville and Miami. Buffet Parlor Car on Train 29

The New York and Knights Key Broiler Buffet Sleepers via Atlantic Coast Line are operated on trains 82 and 85. Buffet Parlor Car on train 78

No. 85 DAILY	No. 29 DAILY	MAIN LINE	No. 78 DAILY	No. 82 DAILY
4 00 pm	9 30 am	Lv..Jacksonville..Ar	7 30 pm	8 30 am
5 25 pm	10 55 am	Lv..St.Augustine..Ar	6 05 pm	7 05 am
6 27 pm	11 56 am	Lv..East Palatka..Lv	5 06 pm	6 08 am
8 01 pm	1 32 pm	Lv....Ormond....Lv	3 26 pm	4 28 am
8 14 pm	1 44 pm	Lv....Daytona....Lv	3 14 pm	4 15 am
8 55 pm	2 30 pm	Lv..New Smyrna..Lv	2 40 pm	3 40 am
10 00 pm	3 36 pm	Lv...Titusville...Lv	1 25 pm	2 27 am
10 43 pm	4 19 pm	Lv.....Cocoa.....Lv	12 46 pm	1 48 am
10 47 pm	4 23 pm	Lv...Rockledge...Lv	12 42 pm	1 44 am
11 20 pm	4 57 pm	Lv...Eau Gallie...Lv	12 10 pm	1 12 am
11 30 pm	5 07 pm	Lv...Melbourne...Lv	12 02 pm	1 03 am
1 28 am	7 05 pm	Lv...Ft. Pierce...Lv	10 25 am	11 20 pm
3 48 am	9 17 pm	Lv..W. Palm Beach..Lv	8 04 am	8 40 pm
6 30 am	11 30 pm	Ar.....Miami.....Lv	5 30 am	6 00 pm
7 30 am	.....	Lv.....Miami.....Ar	.....	4 00 pm
8 40 am	.....	Lv...Homestead...Lv	.....	2 30 pm
11 15 am	.....	Lv....Long Key....Lv	.....	11 47 am
12 00 m	.....	Ar..Knights Key..Lv	.....	11 00 am
*7 50 pm	.....	Ar....Key West....Lv	.....	*8 00 am
†6 30 am	.....	Ar.....Havana.....Lv	.....	†4 00 pm

*Sundays, Tuesdays and Thursdays, Knights Key and Key West
†Mondays, Wednesdays and Fridays arrival and departures at Havana

PALATKA BRANCH

Leave East Palatka	EAST PALATKA TO PALATKA	Arrive Palatka	Leave Palatka	PALATKA TO EAST PALATKA	Arrive East Palatka
5 15 am	No. 100 Daily	5 35 am	5 40 am	No. 101 Daily	6 00 am
6 15 am	No. 102 Daily	6 30 am	8 00 am	No. 103 Daily	8 20 am
9 30 am	No. 104 Daily	9 50 am	11 25 am	No. 105 Daily	11 45 am
12 05 pm	No. 106 Daily	12 25 pm	2 55 pm	No. 107 Daily	3 15 pm
4 10 pm	No. 108 Daily	4 30 pm	4 35 pm	No. 109 Daily	4 55 pm
5 15 pm	No. 110 Daily	5 35 pm	5 55 pm	No. 111 Daily	6 15 pm
6 35 pm	No. 112 Daily	6 55 pm	7 00 pm	No. 113 Daily	7 20 pm

SAN MATEO BRANCH

Leave East Palatka	EAST PALATKA TO SAN MATEO	Arrive San Mateo	Leave San Mateo	SAN MATEO TO EAST PALATKA	Arrive East Palatka
8 30 am	No. 103 Daily	8 50 am	9 00 am	No. 104 Daily	9 20 am
3 20 pm	No. 107 Daily	3 40 pm	5 45 pm	No. 108 Daily	4 05 pm

No. 57 Daily	No. 55 Daily	No. 53 Daily	No. 51 Daily	MAYPORT BRANCH	No. 50 Daily	No. 52 Daily	No. 54 Daily	No. 56 Daily
7 10 pm	6 10 pm	2 00 pm	9 20 am	Lv..Jacksonville..Ar	6 40 am	8 40 am	12 20 pm	6 00 pm
7 50 pm	6 50 pm	2 40 pm	10 00 am	Lv..Pablo Beach...Lv	5 59 am	7 59 am	11 39 am	5 19 pm
7 56 pm	6 56 pm	2 46 pm	10 06 am	Lv Atlantic Beach.Lv	5 53 am	7 53 am	11 33 am	5 13 pm
8 10 pm	7 10 pm	3 00 pm	10 20 am	Ar.....Mayport....Lv	5 40 am	7 40 am	11 20 am	5 00 pm

No.203 Daily Ex.Sunday	No.201 Daily Ex.Sunday	Orange City Branch	No.202 Daily Ex.Sunday	No.204 Daily Ex.Sunday
3 30 pm	9 30 am	Lv. New Smyrna Ar.	1 45 pm	7 45 pm
4 15 pm	11 30 am	Lv.....Lake Helen....Lv.	1 01 pm	6 15 pm
4 25 pm	11 50 am	Lv....Orange City....Lv.	12 50 pm	5 30 pm
4 30 pm	12 00 m	Ar.Orange City Ju..Lv.	12 45 pm	5 20 pm

No. 205	Sanford Branch	No. 206
6 30 am	Lv..Titusville..Ar.	1 00 pm
9 30 am	Ar...Sanford....Lv.	10 00 am
205 and 206 Daily except Sunday		

Connections made at Knights Key with P. & O. S. S. Co. for Key West and Havana, Cuba.

These TIME TABLES show the times at which trains may be expected to arrive at and depart from the several stations; but their arrival or departure at the times stated is not guaranteed nor is this Company to be held responsible for any delay or any consequence arising therefrom.

FOR COPY OF THE LOCAL TIME CARD OR OTHER INFORMATION "SEE THE TICKET AGENT."

D. RAHNER, General Passenger Agent — ST. AUGUSTINE, FLORIDA