

## TO SERVE FOR DINNER

SOME SUGGESTIONS THAT WILL BE FOUND OF VALUE.

Subject is "Always in Order," as Every Housewife Knows, and Practical Advice is Not to Be Regarded Lightly.

The following entrees are designed as suggestions for the busy women who ask every day, "What shall I have for dinner?"

Brochettes of oysters, sweetbreads, liver and bacon, or even very small fillets of veal always look more elaborate than they are and please every one. Place on the skewers and broil, or bread and fry on the skewer, in deep fat, and serve still on the skewer, the diner using a fork to remove the food, piece by piece.

To serve escalloped artichokes, salsify and similar vegetables: After boiling as usual, trim and season and place on scallop shells or individual baking platters and cover with cream sauce. Sprinkle with bread crumbs and melted butter and brown in oven. Potato and meat balls: Take two-thirds minced cold meat and one-third mashed potatoes, season with salt, pepper and chopped parsley. Bind with egg yolks. Flour the hands and shape into balls, roll in flour and fry.

Various ways of cooking kidneys beside making into stews are as follows:

Kidneys with bacon—Slice the kidneys and broil with the bacon and serve with sippets of toast.

Veal kidney saute, with onions—Slice the kidneys and fry quickly with butter. When done, dish and cover while frying the onions. Serve on platter, kidneys in center and onions for a garnish.

Veal kidney minced on toast—Slice the kidneys and blanch until tender, then mince with a fourth as much ham as kidney. Cook a cup of mushrooms minced in veal stock, or white sauce. Mix all together, season and serve hot.

Macaroni is growing in popularity in American homes. Perhaps the following combinations will be a welcome change from the ordinary "au gratin macaroni."

Macaroni with minced ham—Cook the macaroni as usual, then mix with cold, cooked ham chopped fine. Add pepper and enough white sauce, or stock, to moisten, and bake.

Macaroni with pork sausage—Cook the macaroni and drain. Fill a baking dish with a layer of it and then a layer of the sausage. If the latter is encased, skin and slice it. Add white sauce and bake twenty minutes.

Macaroni with flaked fish, oysters, tomatoes, maitre d'hotel butter, or in croquettes or timbales, are other well liked styles.

### For Borders.

For borders use deep, plain or scalloped pie tins with a small pan or a baking powder can placed exactly in the center. The outer space is filled and when the border is ready to serve the inside dish is taken out, the serving plate or platter laid on the pie plate and both inverted. When the pie plate is lifted there will be a ring of rice, mashed potato, jelly, or whatever was selected for the border, with an open center for the filling. For a deeper mold use a pan instead of a plate.

A quart bowl with straight sides makes a fair substitute for a charlotte russe mold.

### Omelets Browned.

A woman who makes delectable omelets cooks them as usual over the fire until they are set and then puts the omelet pan under the broiler of the gas stove and lets the top brown, says an exchange. This makes them slightly without hardening the eggs.

### Raspberry Sandwich.

One egg and its weight in butter, sugar, flour and ground rice. Melt the butter first, then add sugar, egg and ground rice with the flour, beating the egg first, of course. Place on plates and bake quickly and put either fresh crushed raspberries or jam between the two layers. Cut into diamond shaped pieces before it cools or it will crumble. Any jam may be used, but raspberries make the piece de resistance when freshly crushed. Used for afternoon teas in Ireland.

### To Flavor Cakes.

If you desire to give a delightful, elusive flavor to cookies or small cakes, place them in an air-tight jar. Drop in an orange, lemon, apple or a sprig of rose geranium. This imparts a novel flavor to the cakes.

### Cleaning Patent Leather Shoes.

The best way to clean patent leather shoes is, after removing all the dirt, to wipe them over with a soft cloth dipped in milk. Polish with a dry cloth, and you will have a bright polish, besides preserving the leather.

## BUT NEVER STRIKES.



Joak—That fellow works on time.  
Hoak—Instalment collector?  
Joak—No; watchmaker.

## CHILD'S HEAD A MASS OF HUMOR

"I think the Cuticura remedies are the best remedies for eczema I have ever heard of. My mother had a child who had a rash on his head when it was real young. Doctor called it baby rash. He gave us medicine, but it did no good. In a few days the head was a solid mass, a running sore. It was awful; the child cried continually. We had to hold him and watch him to keep him from scratching the sore. His suffering was dreadful. At last we remembered Cuticura Remedies. We got a dollar bottle of Cuticura Resolvent, a box of Cuticura Ointment, and a bar of Cuticura Soap. We gave the Resolvent as directed, washed the head with the Cuticura Soap, and applied the Cuticura Ointment. We had not used half before the child's head was clear and free from eczema, and it has never come back again. His head was healthy and he had a beautiful head of hair. I think the Cuticura Ointment very good for the hair. It makes the hair grow and prevents falling hair." (Signed) Mrs. Francis Lund, Plain City, Utah, Sept. 19, 1910.

Although Cuticura Soap and Ointment are sold everywhere, a sample of each, with 32-page book, will be mailed free on application to "Cuticura," Dept. L, Boston.

### Saving a Desperate Man.

"Why did you get engaged to Harry? You swore that you would never, never, have anything to do with such a man."

"Yes, dear, I know I did. But—well, I wouldn't have accepted him if he hadn't made such a perfectly dreadful threat."

"Oh! That old stall about rushing out and committing suicide?"

"No, worse than that."  
"But any of those threats are bluffs. I suppose he said he'd kill the next man who called on you, eh?"

"No, no! I've heard that before. Dearie, he threatened that if I did not accept him he'd go and propose to you. And I believe he would have done it, too—he was perfectly desperate!"

### The Young Housewife.

A quartet of market men had gathered in the Faneuil Hall market and were discussing the probable famine in butter, when a pretty young woman whom they adjudged to be a new housewife, interrupted the conversation by a statement that she had come "to buy some butter."

"I wish to get three pounds," she said.

"Roll butter, ma'am?" the individual in charge of the butter and cheese stall asked politely.

"No," answered the shopper promptly. "we wish to eat it on toast; we seldom have rolls."—Boston Journal.

### Evil of Idleness.

Work develops all the good there is in a man; idleness all the evil. Work sharpens all his faculties and makes him thrifty; idleness makes him lazy and a spendthrift. Work surrounds a man with those whose habits are industrious and honest; in such society a weak man develops strength, and a strong man is made stronger. Idleness, on the other hand, is apt to throw a man into the company of men whose object in life is usually the pursuit of unwholesome and demoralizing diversions.—Darius Ogden Mills.

### Good Sign.

Mrs. Knicker—John never remembers to mail my letters.  
Mrs. Bocker—Perhaps he is cut out for a statesman.

Temperance is reason's girdle and passion's bridle, the strength of the soul, and the foundation of virtue.—Jeremy Taylor.

## PECULIAR AFTER EFFECTS OF GRIP THIS YEAR.

Leaves Kidneys in Weakened Condition

Doctors in all parts of the country have been kept busy with the epidemic of grip which has visited so many homes. The symptoms of grip this year are very distressing and leave the system in a run down condition, particularly the kidneys which seem to suffer most, as every victim complains of lame back and urinary troubles which should not be neglected, as these danger signals often lead to more serious sickness, such as dreaded Bright's Disease. Local druggists report a large sale of Dr. Kilmer's Swamp-Root which so many people say soon heals and strengthens the kidneys after an attack of grip. Swamp-Root is a great kidney, liver and bladder remedy, and, being an herbal compound, has a gentle healing effect on the kidneys, which is almost immediately noticed by those who try it. Dr. Kilmer & Co., Binghamton, N. Y., offer to send a sample bottle of Swamp-Root, free by mail, to every sufferer who requests it. A trial will convince any one who may be in need of it. Regular size bottles 50 cts. and \$1.00. For sale at all druggists. Be sure to mention this paper.

### Rubbing It In.

The sad-looking man approached the city editor.

"I was sent up her to whip you," stated the visitor, as he produced a clipping. "See what you said about my wife this morning."

The city editor read: "Mrs. Griffin served a dirty luncheon."

"The word was 'dainty,' sir, when my wife wrote it," explained the visitor. "Now read further."

The city editor read: "Mrs. Griffin was gowned in aesdixquoaxzjldy hdkk896777nnnw— Ujjaggklnnwgzt." "Now," said the visitor, "my wife does not mind the insult passed upon the luncheon, but you must retract that libel on her gown."

### YOU CAN CURE THAT BACKACHE.

Pain along the back, dizziness, headache and general languor. Get a package of Mother Gray's AROMATIC-LEAF, the pleasant root and herb cure for all Kidney, Bladder and Urinary troubles. When you feel all run down, tired, weak and without energy use this remarkable combination of nature's herbs and roots. As a regulator it has no equal. Mother Gray's Aromatic-Leaf is sold by Druggists or sent by mail for 50 cts. Sample sent FREE. Address, The Mother Gray Co., Le Roy, N. Y.

### Insult to Injury.

"How dare you throw that snowball at me like that?"

"I didn't sir. I threw it at that funny ole woman who's wiv yer!"—London Opinion.

Many a flowery speech has been nipped in the bud by a nonappreciative audience.

## Strong Healthy Women

If a woman is strong and healthy in a womanly way, motherhood means to her but little suffering. The trouble lies in the fact that the many women suffer from weakness and disease of the distinctly feminine organism and are unfitted for motherhood. This can be remedied.

### Dr. Pierce's Favorite Prescription

Cures the weaknesses and disorders of women. It acts directly on the delicate and important organs concerned in motherhood, making them healthy, strong, vigorous, virile and elastic.

"Favorite Prescription" banishes the indispositions of the period of expectancy and makes baby's advent easy and almost painless. It quickens and vitalizes the feminine organs, and insures a healthy and robust baby. Thousands of women have testified to its marvelous merits.

It Makes Weak Women Strong. It Makes Sick Women Well. Honest druggists do not offer substitutes, and urge them upon you as "just as good." Accept no secret nostrum in place of this non-secret remedy. It contains not a drop of alcohol and not a grain of habit-forming or injurious drugs. Is a pure glyceric extract of healing, native American roots.

### A Painful Occasion.

"What is the trouble next door?"  
"Little Tommy Tibbles is giving a coming out bawl."

"A coming out bawl? I don't understand."

"His father has just released him after a short session in the wood shed."

PILES CURED IN 6 TO 14 DAYS  
Your druggist will refund money if PIAZO OINTMENT fails to cure any case of Itching, Bleeding, or Protruding Piles in 6 to 14 days. 50c.

An engaged couple prefer a lip to lip silence rather than a heart to heart talk.

Mrs. Whalow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

All things come more quickly to him who tips the waiter.

ITCH, ITCH relieved in 30 minutes by Woolford's Sanitar; Lotion. At Druggists.

It is better to appreciate wisdom than to be appreciated by fools.

## Friends Marvel

"I suffered with womanly troubles, which made me violently ill, sometimes for a week at a time. My cheeks were sunken, and my frame that of a skeleton. My condition grew worse until the physicians said I could only be relieved by a difficult operation, but, womanlike, I said I would die first. When life seemed darkest, and death almost welcome, Cardui saved me. To please me, my husband got me a bottle of Cardui at the drug store, and I began to

# TAKE CARDUI

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## The Woman's Tonic

When I had taken two bottles of Cardui, I had regained such strength I could attend to all my household duties, without any help. My friends marvel at my recovery." This is an extract from a sworn statement made by Mrs. Martha Gerichs, of 2348 Benton Street, St. Louis, Mo.

A strong endorsement, isn't it?

If you are ailing, suffering from any of the troubles so common to women, or if you are weak and lack life and energy, remember that Cardui is to be had in every drug store, ready for instant use. Used in time, it will give you relief, build up your strength, and help to make you well again. Try it. Your druggist has it on his shelf.

### Didn't Wait to Choose.

"I presume Blobster applied some choice expletives to his automobile when it broke down yesterday 50 miles from a garage?"  
"No, indeed. He just cut loose and said the first strong words that came into his mind."

TO DRIVE OUT MALARIA AND BUILD UP THE SYSTEM  
Take the Old Standard GROVE'S FEVERLESS CHILL TONIC. You know what you are taking. The formula is plainly printed on every bottle, showing it is simply Quinine and Iron in a tasteless form, and the most effective form. For grown people and children, 50 cents.

### A One-Ringed Circus.

"There's a ring around the moon."  
"I guess the man in it is having a circus."

### For COLDS and GRIP

Hicks' CAPSICUM is the best remedy—relieves the aching and feverishness—cures the Cold and restores normal conditions. It's liquid—effects immediately. 10c., 25c., and 50c. At drug stores.

Time is incalculably long, and every day is a vessel into which very much may be poured, if one will really fill it up.—Goethe.

## The Wretchedness of Constipation

Can quickly be overcome by CARTER'S LITTLE LIVER PILLS.

Purely vegetable—act surely and gently on the liver. Cure Biliousness, Headache, Dizziness, and Indigestion. They do their duty! SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature

W. D. Wood

## SEND NO MONEY

Your choice of premiums, consisting of pocket knives, baseballs, doll babies, air rifles, watches, etc., for selling our antiseptic ointment at 25 cents per box. Beautiful colored, 16-in. x 20-in. picture given with each box. Send name and address on postcard and we will forward premium list and ointment. When sold send us \$1.00 for each dozen boxes sold, and you will receive the premium of your selection. FREMONT DRUG COMPANY, ALTOONA, PA.

THE NEW FRENCH REMEDY, No. 1, No. 2, No. 3  
Used in French Hospitals with GREAT SUCCESS. CURES PILES, KIDNEY, HAEMORRHOIDS, EARACHE, CHRONIC ULCERS, SKIN ERUPTIONS—EITHER SEND FREE ENVELOPE FOR FREE BOOKLET to Dr. Le Clerc, 312 E. 10th St., Haverstock Rd., Hampstead, London, ENGLAND.

Readers of this paper desiring to buy anything advertised in its columns should insist upon having what they ask for, refusing all substitutes or imitations

## Brown's Bronchial Trochès

Coughs and Bronchial Troubles Relieved. No opiates. Sample free. JOHN L. BROWN & SON, Boston, Mass.

CROPSY TREATED. Give quick relief, usually remove swelling and short breath in a few days and entire relief in 10-15 days, trial treatment FREE. DR. GREEN'S SONS, Box 4, Atlanta, Ga.

WANTED ACTIVE MAN IN EACH LOCALITY To join this Society. Sick, accident, death benefits. Add introduction Memberships. All or spare time. \$50 to \$100 a month. Write for plans. 503 1/2-3rd, OVIATON, KY.

## FRUIT TREES FOR SALE

At closing out prices. All kinds fruit, shade trees, budding peaches, roses, privet. W. J. HURST, Tellico, Tenn.

## Fertilize for Fruit, Not for Foliage

A study of the formulas of fertilizers often recommended for fruits would give the idea that foliage and rapid growth is what you seek. The most of them lack fruit-producing

## POTASH

Any fertilizer for fruits should contain at least 12 per cent. available Potash. The only Potash Salts that are safe for citrus fruits are Sulfate of Potash and Sulfate of Potash Magnesia (double manure salt).

Applications of such a fertilizer should begin at planting and continue during the life of the tree. It means earlier and longer bearing, larger yields, better grades and shipping quality, and a hard, solid, growth of wood. In all these ways Potash Pays.

If your dealer doesn't carry 12 per cent. Potash brands or Potash Salts, write to us for prices. We will sell any amount from a 20-lb. bag, up. Write now for fertilizer formulas and how to make them for Fruit Culture, and special free pamphlet, Orange Culture.

German Kali Works, Inc.  
Continental Bldg., Baltimore, Maryland Branch, Chicago  
Whitney Central Bank Building, New Orleans

# Death Lurks In A Weak Heart

If Yours is fluttering or weak, use "RENOVINE." Made by Van Vleet-Mansfield Drug Co., Memphis, Tenn. Price \$1.00