

# WATERFRONT NEWS

South Florida's Nautical Newspaper since 1984

MARCH 2009 • Year 25 Issue 12

## ON BOARD...

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## Dead Reckoning

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## Popular marine flea market returns to Dania

BY BETH FEINSTEIN-BARTL  
Waterfront News Writer

A bleak economy doesn't seem to be having an adverse effect on most marine events scheduled this spring as organizers cruise ahead with plans.

There'll be no shortage of things to do on land and out at sea throughout South Florida. There's something for just about everyone and every interest — from multi-hulls racing off the coastline to munching on tasty crustaceans.

For both visitors and volunteers working behind the scene, such outdoor activities provide more than a few hours in the sun. It's become an important kind of stimulus by continuing traditions held for decades.

"These activities are always a good opportunity for the boating community to become part of the lifestyle that characterizes our region," said Gordon Connell, director of association services for the Marine Industries Association of South Florida, organizers of the Waterway Cleanup.

The familiar sight of boats, vendor booths, live music and other festivities have become a source of community pride, as well as fundraising vehicles for many local charities.

There's a ripple effect too. For example in Dania Beach, stores, restaurants and hotels benefit from the influx of crowds and vendors attending the Dania Marine Flea Market ([www.daniamarinefleamarket.com](http://www.daniamarinefleamarket.com)), said Jennifer Dudas, vice president of Al Behrendt Enterprises, which holds the event.

Now in its 31st year, the flea market, running Thursday, March 19 to Sunday, March 22, is returning to its original home at Dania Jai Alai. Construction at the complex three years ago prompted the market to relocate to Dolphin Stadium.



File photo  
Now in its 31st year, the Dania Marine Flea Market, running Thursday, March 19 to Sunday, March 22, is returning to its original home at Dania Jai Alai in Dania Beach.

Vendors and customers are excited about going back to the old venue. Spaces are expected to be sold out, Dudas said.

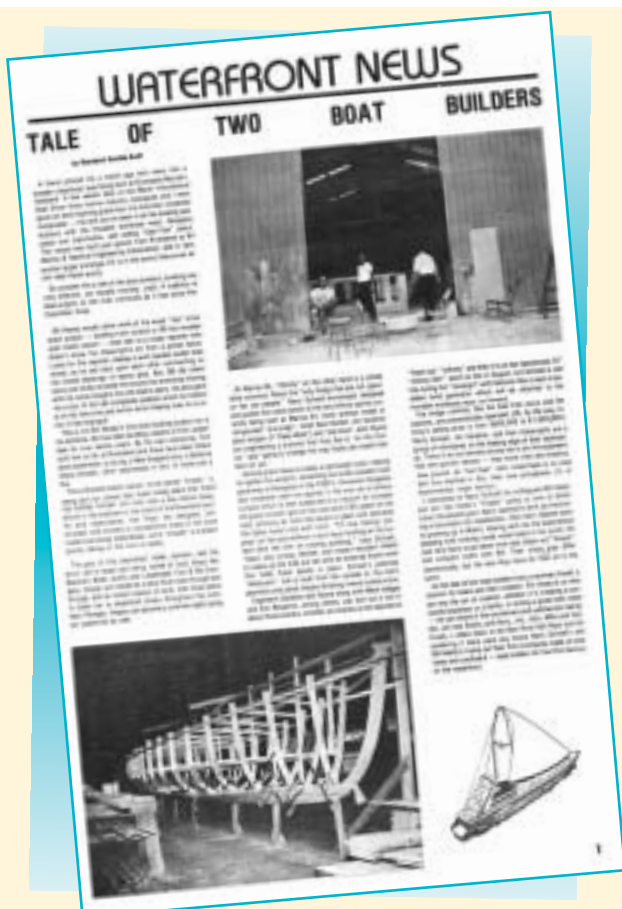
The economic downturn isn't expected to have a major affect on crowds. If anything, the market's bargain concept fits in well with the country's belt tightening mode.

Many other events, most long running, are taking

place around the region. They include:

- The 2009 Acura Miami Grand Prix, Thursday, March 5 to Sunday, March 8 ([www.premiere-racing.com](http://www.premiere-racing.com)), featuring sailors from around the world. The Miami Beach Marina will serve as official Site. Shake-A-Leg Miami is the official charity.

SEE EVENTS P. 14



## The Waterfront News is 25 years old!

The Waterfront News began publishing in March 1984 as a 12-page tab. Through the years, we've seen many developments, both in our publication and on South Florida's waterfront.

In next month's edition, we will explore some of the boating issues of the last 25 years.

Our readers, who have helped make us "South Florida's Nautical Newspaper," are asked to participate by sharing their memories and the changes that have most impacted your lives.

Email editor at [editor@waterfront-news.com](mailto:editor@waterfront-news.com).

To read the story pictured, please visit the University of Florida Waterfront News electronic archive on the web at: [www.uflib.ufl.edu/ufdc/UFDC.aspx?m=hd2X&i=41347](http://www.uflib.ufl.edu/ufdc/UFDC.aspx?m=hd2X&i=41347).

## Report: Shark attacks worldwide dropped in 2008

BY RON WORD  
Associated Press Writer

JACKSONVILLE (AP) — Shark attacks dipped to the lowest level in five years in 2008, a change that might have happened because the ailing economy kept cash-strapped vacationers away from beaches, a leading shark expert said in late February.

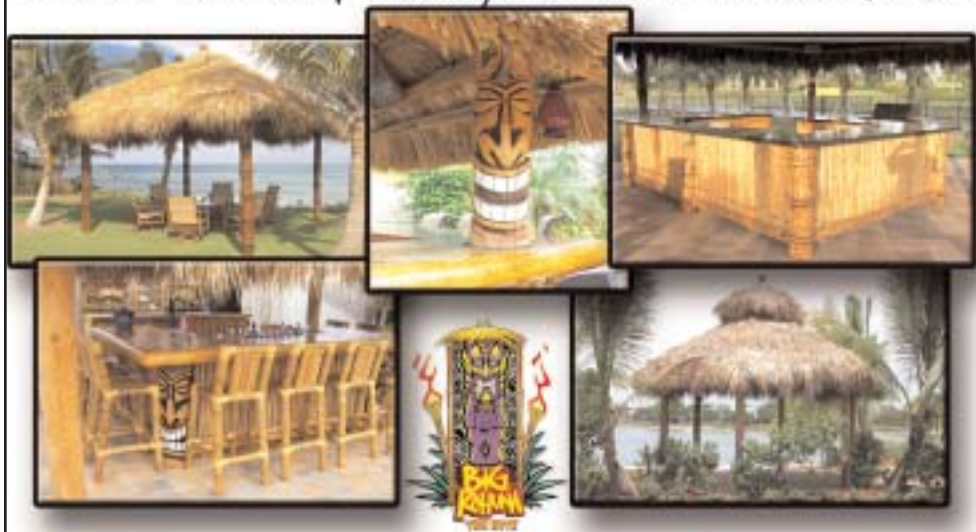
There were 59 shark attacks around the world last year, down from 71 in 2007, said George Burgess, an ichthyologist and director of the International Shark Attack File at the University of Florida's Museum of Natural History.

"I can't help but think that contributing to the reduction may have been the reticence of some people to take holidays and go to the beach for economic reasons," Burgess said in a news release.

While the economy is a possible explanation, shark populations also have declined due to commercial fishing.

SEE SHARKS P. 14

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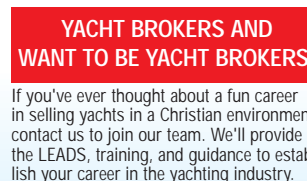
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# Waterways to be treated to annual spring cleaning

BY JOYCE MOED  
Waterfront News Writer

FORT LAUDERDALE — Volunteers at 36 designated cleanup sites across Broward County will work together with one mission: to clean up the area's waterways.

Conducted by the Marine Industries Association of South Florida (MIASF), the Waterway Cleanup takes place 9 a.m. to 1 p.m. Saturday, March 7.

It's part of MIASF's initiative: "Our Waterways, Our Future ... Our Responsibility," a campaign created to promote public participation.

In its 32nd year, the event has a new tagline: "Where Green Meets Blue," designed to reflect the ideals of environmental responsibility.

"We've been demonstrating environmental responsibility for over 30 years now, so this year with the help of our volunteers, we're letting everyone know that the "Going Green" movement can and does extend to our waterways as well," said Gordon Connell, MIASF director of association services.

The Cleanup generally draws business and community participation, said Ruth Myles, community volunteer and committee chair.

"Despite some early morning inclement weather, last year the event brought together over 2,000 community volunteers who were able to collect over 35 tons of trash and debris," she said.

"I think it's a great opportunity for people to clean up the

## News

waterways where they live — they can see results in areas they live in, not in someone else's area, but for themselves. It's a great way for everyone in the county to get involved."

Myles said the cleanup is more organized than other volunteer efforts since it is put together by the MIASF.

"It's not just run by a group of volunteers," she said. "They put a lot of their resources into it."

The MIASF is a nonprofit organization created in 1961 to promote and protect the growth of the marine industry in South Florida. The group has more than 800 members in Broward, Miami-Dade and Palm Beach counties and owns the Fort Lauderdale International Boat Show.

Coral Springs City Commissioner Roy Gold has long been running the largest site at Riverside Park in Fort Lauderdale.

"This will be my 14th year," he said. "We think it's a great opportunity to bring awareness to our waterways. At our site, we have extensive canals, including C-14. We have all types of people come, including kids who have grown up and come back with their kids."

When Gold became a commissioner about five years ago, people asked him if he would still run a site for the annual event.

"Why wouldn't I?" he said. "It offers a lot of benefits to the city and the people."

Gold's site is so popular that by the time it officially opens at 9 a.m., a line of people have been waiting since



Photo/Courtesy MIASF

On Saturday March 7, volunteers at 36 designated cleanup sites across Broward County will work together with one mission: to clean up the area's waterways.

8:15 a.m.

"I know it's a success because people come 45 minutes early to volunteer," he said. "They didn't know they were going to enjoy it so much."

"You work with your own site. You make your own magic."

And Gold should know about magic. His first year 14 years ago, he had 94 volunteers. Last year he had more than 400.

"It's really a family event," Myles said. "Nobody has to sign up in advance. They can just show up."

For more information about the 32nd Annual Waterway Cleanup, or the MIASF, call Melanie Daily, event coordinator, at 954-524-2733 or e-mail [Melanie@miasf.org](mailto:Melanie@miasf.org), or visit [www.waterwaycleanup.org](http://www.waterwaycleanup.org).

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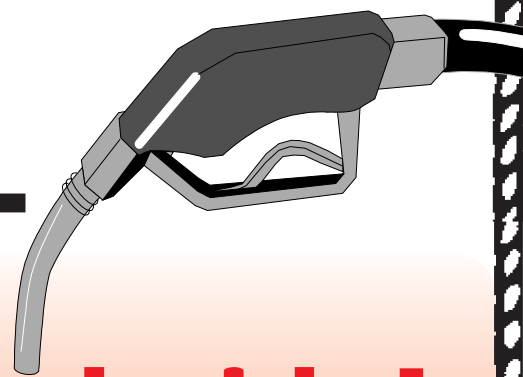
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# Everglades plan to return for another round of public input

This is one in a series of occasional features on the future of Everglades National Park.

BY ARNOLD MARKOWITZ  
Waterfront News Columnist

Almost two years since the public jeered a proposed plan for Everglades National Park, a rehabbed version is ready for a second chance at approval.

Will the National Park Service get it right this time? Will superintendent Dan Kimball and his Everglades staff take bows under showers of flowers or cringe again before shouts of "Upside the head!" and thumbs turned down?

A new round of public hearings will follow the imminent release of a new general management plan in the usual format: a staff-preferred alternative and three others, with public hearings beginning in late March or April.

General management plans lay out the details of how national parks will be managed for up to 20 years. It isn't supposed to take 20 years to create a plan, even if it seems that way. This one has been going on since 2003.

The first version satisfied almost no one among those who attended hearings in the spring of '07. With a choice between alternatives named A, B, C and D, they rejected all except A, which would have made no changes in boating regulations.

Not that the public didn't want change. Most stakeholders agreed that plenty needs to be done, especially to protect sensitive shallows, which are underwater nursery habitats, from the engine propellers of careless and ignorant boaters.

But the proposed restrictions offered then were widely viewed as excessive. If there was anything good about them, it was that they probably couldn't have been enforced in a park as vast (1.5 million acres) and diverse as Everglades.

Actually, not very much is enforceable, except by the park-using public's self-discipline and cooperation, the more enthusiastic the better.

## Unpopular ideas

When Kimball saw the first plan wasn't going to get such support, he and the Park Service withdrew it. That probably silenced, at least temporarily, critics who habitually



Photo Courtesy/  
LORI OBERHOFER/  
Everglades National Park  
This motorboat propeller scar and sediment plume, gouged across a Florida Bay grass flat, were caused by a boat in a redfish tournament. The gouging began at the right side of the picture. The boat is at bottom center. Many years of bad boating are likely to result in some flats being closed to boats with combustion engines when a new management plan is enacted for Everglades National Park.

## Everglades

maintain that once a plan is announced, it's already a done deal — that the Park Service only listens to the public but doesn't really pay attention.

Kimball agreed with complaints by Everglades veterans, like fishing guide Bob LeMay, that curtailing access to the deepest backcountry — one of the most unpopular ideas in the first plan — was not a good idea. The revisions are expected to concentrate protection where boating activity is greater and the bottom-scarring problem is urgent.

Most of that is in Florida Bay within a few hours' boat ride of the upper and middle Keys and the mainland entry at Flamingo.

The original plan's repugnance had another constructive

result: A group of Keys guides and anglers came up with a detailed plan of their own, called Alternative E, that made more sense to the rest of the public.

It has a lot of support. Expect at least some of those ideas to appear in a new preferred alternative. Best bet: where flats-gouging is a problem, prohibit the use of combustion engines in less than 2 feet of water. The old plan specified 3 feet.

As of this writing in mid-February, there are signs that a much better job of researching the park's problems has been done this time. For example, there's been a thorough aerial photo survey and analysis of the scarring of Florida Bay grass flats by boat propellers.

The surveyors brought in respected guides and fishermen, whose input can be identified implicitly where the report attributes scarring to "increased boating activity, often by boaters with no previous or only limited experience in

SEE EVERGLADES P. 12

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# Florida saltwater fisherman rank number 1 in spending



BY ARNOLD MARKOWITZ  
Waterfront News Fishing Columnist

Don't read about fishing if you can go fishing, I often say. Then I mention that this column runs just once a month so you can not only go fishing any time, but also read about it before and afterward.

The schedule enables me to follow my own advice, except when I bump into some reading that looks well worth the time, such as important government reports on fishing and related matters. I read those and, to avoid guilt feelings, pass them along in abstract form so you can decide whether to follow up and read them in full or go fishing instead.

Don't feel bad for the government (federal this time) if I poke fun at its reports. The government is accustomed to much worse than playful teasing...or don't you remember the last election?

.....

NOAA reports that saltwater fishing-doers pumped (yes, pumped) \$31 billion and change into the national economy in the year 2006 (yes, three years ago). The number 1 state for slinging money into saltwater fishing that year was Florida, where folks like us pumped in \$16.7 billion — more than half the national total.

Are we proud or what? No wonder we're in trouble down here.

Next in the big spender line are Texas (\$3.2 billion spent on saltwater sport fishing), California (\$3 billion), Louisiana (\$2.9 billion) and North Carolina (\$2 billion). What cheap-skates! You know what those states' billions add up to? Only two thirds of the Florida total. Bet they're lousy tippers, too.

How much money do you suppose fishing-doers this year will pump into the economy, if there still is one? We can hardly wait to find out, but we must. If it took until 2009 to count the \$31 billion we spent in '06, experts in fancy arithmetic say counting the \$3.10 (three dollars, ten cents) that we as a group can afford this year ought to take about a month, but it will take three years again.

I'm always skeptical about economic impact reports.

## Fishing

You too? Too bad. This one tracks how the money spent circulated through the national and state economies and supported 534,000 jobs — maybe even little pieces of yours and mine.

Come on, be fair: Look it up online at [spo.nwr.noaa.gov/tm/SPO94.pdf](http://spo.nwr.noaa.gov/tm/SPO94.pdf) or ask your search engine to find "The Economic Contribution of Marine Angler Expenditures in the United States 2006."

.....

We the public are invited by NOAA to comment on a proposed rule describing guidelines for the declaration of fishery disasters.

What it's about: "The rule proposes criteria for determining whether or not a fishery qualifies for a disaster determination. This proposed rule would help NOAA respond to disaster requests in a fair and consistent manner around the country, and clarify the request process."

Our ideas: Before deciding this answers all our prayers, and suggesting outlandish criteria that haven't a prayer of being enacted, let's apply some common sense.

A single bad day's fishing shouldn't count as a disaster just because you can't buy a bite. It could even be your own fault.

We hate failure too, but the government can't be expected to cover our mistakes unless we're bankers and



Photo/  
ERLING SVENSEN  
Don't confuse  
Quasimodo-faced  
wolffish (pictured)  
with foxfish, which  
are cute with  
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brokers, which might explain why that crowd doesn't do much fishing.

On the other hand, if you lose all your tackle overboard

SEE WOLFFISH P. 10

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## Admiralty Law

### Dealing with a dolphin dilemma

BY MARK ERCOLIN  
Waterfront News Law Columnist

"Mommy, Daddy, can we get a dolphin?"

This is a question many parents raising a precocious child in South Florida hear at some point. I'm talking about the marine mammal, not the football team — which is just as well since it seems that some NFL players can be even higher maintenance than their aquatic namesakes.

A childhood desire for a dolphin shouldn't come as surprise. Kids are not only influenced by the old "Flipper" TV show, but also by a slew of theme parks that showcase dolphins and their abilities and intelligence to the public. In fact, today's modern aquatic theme park can be traced back to Marineland in St. Augustine, which got its start in the mid 1930s.

Marineland's original concept was to recreate an underwater habitat that included marine mammals but no actual shows. The concept changed rather quickly when management began to notice the dolphins' desire to actually interact and "play" with their human hosts. Over time, according to the park's history, these interactions became more complex and the park finally decided to feature this playtime in shows open to the public.

The popularity of dolphin shows led to more aquatic parks in Florida. While they now also exist in other parts of the country, any tourist will tell you that an excursion to Florida demands at least one obligatory trip to a marine park with a dolphin show.

The success of these theme parks, and the film and entertainment programs following them, created a generation of people with an appreciation for all things dolphin. So many kids will, at some time,



contemplate what it would be like to have their own pet dolphin.

When I was young, we knew a family in the upper Keys who kept a dolphin in a large cut-off canal. Although they were a household of means, they lived rather modestly and used most of their disposable income for the care and feeding of their aquatic guest.

### In the mid 1970s, Congress enacted the Marine Mammals Protection Act (MMPA)...

This information alone should be enough to dissuade someone from getting a dolphin, especially in a sagging economy. But is that a good enough explanation to give to a precocious child? Well, parents, fear not! Modern laws could come to your rescue and add to your reasons why the family shouldn't include a porpoise in the pool.

In the mid 1970s, Congress enacted the Marine Mammals Protection Act (MMPA), which considering how it's been amended and interpreted through the years, makes it very difficult for most private citizens to be granted permission to take or keep dolphins in the U.S. Exceptions might include bona fide scientific research and educational programs, which means, of course, that the procuring of a family pet would probably not count.

If you're interested in reviewing the particulars of the MMPA, and other related acts, go to the National Oceanographic & Atmospheric Admin-

SEE DOLPHIN NEXT PAGE

## Dead Reckoning

### Time for a boating stimulus plan

BY BOB E. SHERMAN  
Waterfront News Columnist

Someone is spreading a rumor that all boat owners are rich. And it's spreading like a cancer. The evidence is clear.

For starters, my condo marina charges dockage fees that are six times their cost so that the 25 "rich" boat owners can subsidize the other 1,000 landlubbers.

In 2008 boat registration fees in Florida increased 50 percent. Boaters insurance has gone up, and in the mist of this recession many marine stores are raising prices. Last year when diesel fuel reached \$5 per gallon, no one shed a tear for the boaters. Luckily I was in the middle of a \$10,000 engine rebuild so I didn't have to pay the high price for fuel.

Attendance at the Miami International Boat Show was down in 2008 and '09 but the show's promoters continue to raise prices each year. This year admission was \$16. When I worked at Blackfin Yacht, we purchased a block of tickets to give to our employees — albeit the tickets only cost \$2 to \$3 then. We wanted our employees to take pride in their work and show their families what the finished product looked like.

The only restraint that the boat manufacturing industry shows is in the wages paid to its employees. If boat manufacturers paid the employees like the auto companies do, no one could afford a boat.

A requirement for a federal fishing license is now under consideration. This should make a big dent in the \$800 billion stimulus plan. Speaking of, I didn't notice much in there for boaters. When Washington was considering the bailout bill last year, I sent some suggestions to my U.S. representative. She ignored me as usual. All my suggestions also were conspicuously absent from this year's



stimulus bill.

Boaters like pork (or whale blubber, as we say in the boating industry) as much as anyone. But we never seem to get any. Again we are ignored, as the perception is that all boaters are rich and don't need any help. The \$800 we will soon get from the stimulus bill will be of little help in stimulating the boating industry. In fact it will barely buy one fill up for my Sea Ray.

### Any marina that provides transient dockage and has a bar must offer a happy hour from 4 to 7 p.m.

Here is some of the "bailout blubber" I propose — much of which will cost the federal government very little:

- Marine diesel fuel will be capped at \$2 per gallon.
- Engine manufacturers will have 10 years to produce an engine that will deliver at least 2 miles per gallon in express cruiser.
- Every marina will be required to have a free pump-out station. Grants will be given to those marinas that don't have any, to fund the cost of installation.
- Captains are always responsible for their wakes. However, all manatee zones will be abolished by 2015. This will provide enough time for the tree huggers and other right wing groups to find some other place for these useless mammals to swim.
- No one will buy a boat if there is no place to dock it. Federal, state, and local restrictions that prohibit the build-

SEE STIMULUS NEXT PAGE

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# Federal law prohibits turning Flipper into a pet

DOLPHIN FROM PREVIOUS PAGE

istration (NOAA) website at: [www.noaa.gov](http://www.noaa.gov). One section of the site even has a nice article as to why keeping a marine mammal as a pet is a lousy idea.

Some readers may think there should never have been any aquatic theme parks in the first place. Some may even contend that nature would be better off had not a single marine mammal ever been taken for display or study.

Yet on the other hand, had there never been a Marineland or other similar attractions, had dolphins and whales remained mysterious creatures in the void of the ocean, there is a likelihood that far fewer people today would care about how many dolphins drown each year in fish nets, or how many whales might be killed for unnecessary products.

I personally believe that if such theme parks did not

exist there would be far fewer marine biologists and oceanographers today, and fewer in the future should such places ever permanently close.

Children who want their very own dolphins could be encouraged instead to go into the marine sciences so the whole ocean will be their backyard and all the critters in it their pets.

## Boaters bilked by a perception of wealth

STIMULUS FROM PREVIOUS PAGE

ing of new, or the retaining of old, marinas must be lifted.

- Any marina that provides transient dockage and has a bar must offer a happy hour from 4 to 7 p.m.
- Tax credits will be given to all U.S. boat manufacturers for all exported boats.

And if that doesn't work, just tell them it's against the law to keep a dolphin, and blame it on the federal government!

**Mark Ercolin is a maritime attorney based in Fort Lauderdale. The information offered in this column is summary in nature and should not be applied to specific cases or situations.**

•The importation of boats will only be allowed if the country of origin allows the importation of U.S.-made boats and Harley Davidsons free of any excise taxes.

• Bottom paint should last at least two years. Therefore manufacturers will be allowed to add whatever it takes to make this happen. If Congress is still worried about protecting marine life, it will offer tax incentives to those companies that can create a long lasting paint that doesn't give a rash to a manatee.

• Transient dockage costing more than \$2 per foot must include water and electric.

The above items together with freeing up the credit market should give a shot in the arm to the boating industry.

Hey boating buddy, can you spare a dime?

**Bob E. Sherman is a boater based in Hallandale Beach. He can be e-mailed at: [signals@bobesherman.com](mailto:signals@bobesherman.com).**

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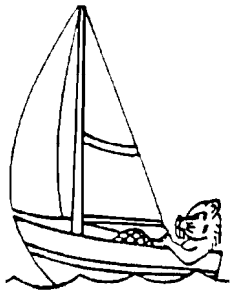
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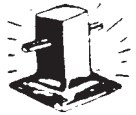
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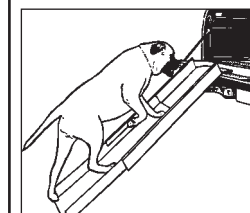
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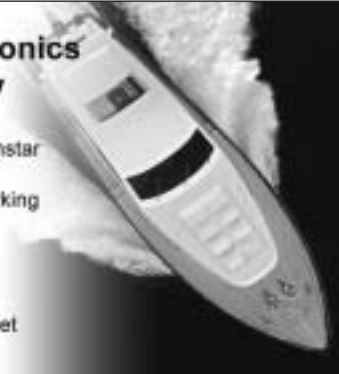


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
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# Hounded wolffish could make endangered species list

WOLFFISH FROM P. 5

in deep water, it's not only a disaster but a tragedy. You deserve to be made whole, even if it is your fault.

Keep in mind that there isn't a sea chest full of money to take care of fishery disasters. Congress decides, one problem at a time, whether to appropriate money for it.

The proposed rule will lay out criteria for applying. We shouldn't burden it with petty requests.

Tough times call for self-reliance, it says here. Instead of asking for federal aid, anyone who runs out of bait and hasn't the money to buy more should learn to catch his own.

Comments on the proposal may be submitted at [www.regulations.gov](http://www.regulations.gov). When you get there, enter "fishery resource disasters" in the search box. The deadline for comments is April 20. For more information, contact [Robert.Gorrell@noaa.gov](mailto:Robert.Gorrell@noaa.gov).

.....

The National Marine Fisheries Service is considering whether to list the Atlantic wolffish, called *anarchichus lupus* wherever Latin is spoken, as an endangered species.

We found a picture of a wolffish, whose common name is spelled without a space between the effs because it's more amusing that way. See those teeth? If you value your fingers, don't touch that picture.

The fish itself looks frightening, not funny, but we'd bet that behind its fierce visage there dwells a noble spirit like that of its namesake, the also-misunderstood wild dog of the north.

NMFS wants not only the usual public commentary and rants, but facts about the wolffish to supplement scientific info already known. That evinces a healthy interest in knowing more about the beleaguered creature, and we applaud it.

## Our take: How can a species be endangered if we never even heard of it until now? Because we're uninformed, that's how.

Right now, the agency is looking at evidence of habitat destruction, over-fishing for commercial purposes, disease, predation, inadequate existing regulation and anything else affecting the existence of wolffish. It was submitted last October by the Conservation Law Foundation in New England.

Our take: How can a species be endangered if we never even heard of it until now? Because we're unin-

formed, that's how.

Don't confuse Quasimodo-faced wolffish with foxfish, which are cute with friendly smiles. It's true; you can look it up at [www.dreamstime.com](http://www.dreamstime.com).

Foxfish are always being chased across the English countryside by shrieking predators in red coats, riding sea horses behind packs of houndfish that tear the poor foxfish to bits when they catch it. That's terrible, isn't it?

Wolffish are said to prey upon schools of domestic sheephead. That is the rationale of the politically powerful National Redneck Academy's (NRA) campaign to legalize hunting wolffish from jetskis, using AK-47 spearguns that can fire up to 640 spears per minute.

Environmental groups oppose that as unsporting and argue that wolffish have an important role in the food chain: They prey upon only the weakest sheephead so the fittest will survive.

"Our members prey upon only the weakest wolffish," retorts Cal Cartridge, the Redneck Academy's lobbyist in Washington.

Anyone with facts or opinions pertaining to the wolffish situation should look up the NMFS project at [www.regulations.gov](http://www.regulations.gov). Enter the word wolffish in the search blank there to see what's going on and have your say.

.....

You know about VMS, the vessel monitoring system? If you fish for lingcod in the Gulf of Alaska you're required by law to have one of those on board. It follows you around and tattles on you if your boat bashes the gulf's protected corals. That's how to get in hot water in Alaska.

Now the NOAA Fisheries Service is letting dinglebar vessels off this regulatory hook. Hooray for that.

Of course you know all about dinglebars and you probably own at least one troll gurdy (an indispensable accessory) so we won't bother you with technical details, but to be honest we had no idea what a dinglebar is until we reviewed the notice exempting them from the regulation.

How come? VMS equipment is so expensive (purchase and installation \$2,068 plus annual operation and maintenance costs of about \$630 a year) and dinglebars pose so little risk to coral that they ought to be exempt from the VMS requirement.

For the few who admit knowing nothing about dinglebars, our research reveals that they are traditional taverns called dingle bars (two words) in Dingle Town and other spots on the Dingle Peninsula in Ireland's County Kerry.

That makes more sense, doesn't it?

We can't figure out a connection between coral in Alaska and saloons in Ireland. They look like fun, though. We mean the dingle bars not the dinglebars.

E-mail Arnold Markowitz at [fishwitz@yahoo.com](mailto:fishwitz@yahoo.com).

## Alliance project earns \$5,000 grant

BY ARNOLD MARKOWITZ  
Waterfront News Writer

A boating sewage disposal scheme called "Keep a Clear Head" earned a \$5,000 grant for the Punta Gorda Boater Alliance to do it again this year. The alliance, a band of 30 member organizations representing about 4,000 boaters, is southeast regional winner of the 2008 Interlux Waterfront Challenge, a contest sponsored by Interlux yacht paints.

Awards were announced in February at the Miami International Boat Show.

The Clear Head project, created last year, encouraged boaters in the Charlotte Harbor area on Florida's southern Gulf coast to clean out their marine toilets regularly at pump-out stations. It isn't clear why they had to be coaxed.

Organizers led by Murray Thorndycraft had "reward cards" distributed at three marinas and two yacht clubs with head pump stations. In exchange for pumping out a head at one of those locations, people were given a card, good for discounts at those docks, a restaurant and four boating-related businesses.

The Boating Alliance created program materials and conducted a public education campaign on radio, television, in newsletters, at yacht clubs and marine events.

In its award citation, the Waterfront Challenge judging panel wrote:

"The Punta Gorda project was clever in demonstrating to businesses that going green makes more green, that environmental awareness is good business for everyone. This is the kind of program that brings together a community of boaters in a constructive and creative way and can be replicated in any boating community for very little money and very high return."

Other regional grants of \$5,000 were awarded in the northeast, midwest and western states, Canada and the Caribbean. The grand prize, \$25,000, went to Sea Scouts Ship 41 at Bay Village, Ohio, near Cleveland.

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# Mexico says U.S. firm can't explore 17th century shipwreck

BY MARK STEVENSON  
Associated Press Writer

MEXICO CITY (AP) — Mexico has denied a U.S. sea salvage company's request to explore and recover artifacts from a sunken 17th-century Spanish galleon in the Gulf, the government said.

The ship in question, the galleon *Our Lady of Juncal*, was part of a fleet hit by a powerful storm in 1631 in "one of the greatest tragedies that has ever occurred in Mexican waters," according to Mexico's National Institute of Anthropology and History.

The proposal by Odyssey Marine Exploration Inc. of Tampa, Florida, "is not intended to conduct research and does not have the approval of archaeologists or an academic institution of recognized prestige," the Institute

## Habitat

said. It added that "treasure hunters have always had their eyes on" the wreck site.

Odyssey Marine chairman Greg Stemm said in a statement that "the proposal presented to Mexico for archaeological services is in compliance with the UNESCO Convention and would keep all cultural artifacts together in a collection."

The United Nations Educational, Scientific and Cultural Organization says on its Web site that the convention aims to "preserve in situ all remains of human exist-

ence submerged for at least 100 years."

The *Our Lady of Juncal* set sail from the Gulf coast port of Veracruz on Oct. 14, 1631, as part of a 19-ship fleet bearing what the Institute described only as "a valuable shipment of the goods obtained by the king's ministers to feed the Spanish empire." Most of the fleet never made it.

Galleons returning to Spain in that era commonly carried large amounts of silver and lesser amounts of gold from mines in Mexico, Peru and elsewhere.

Odyssey Marine's Web site describes it as "the world leader in deep-ocean shipwreck exploration" and says its teams have found nearly 300 wrecks, including the recently discovered remains of the *HMS Victory*, a British man-of-war that sank in the English Channel in October 1744.

The company is currently in a legal dispute with Peru and Spain over what could be the most valuable shipwreck ever — \$500 million in silver coins salvaged from a Spanish galleon that sank in 1804 off Portugal.

## Young dolphin rescued after separating from its pod

KEY LARGO (AP) — A young dolphin is being nurtured back to health in the Florida Keys after getting separated from a larger group of the mammals.

The Marine Mammal Conservancy says the dolphin is about 5 feet long and weighs 85 pounds. Researchers believe it's an Atlantic spotted dolphin, but the animal was too young to say for sure without genetic tests.

The dolphin was first seen in early February off the Key West Naval Base, where it joined a pod of Atlantic

bottlenose dolphins.

Somehow the youngster got separated from the group. It was discovered days later off the docks of the Key West Yacht Club and netted by volunteers from the Marine Mammal Conservancy. They took it 100 miles to the group's Key Largo rehab center, where the youngster will be nursed to health.

Young dolphins need their mothers for nourishment and to learn survival skills.

## Manatee rescued from golf club

NORTH PALM BEACH (AP) — Florida wildlife officials say they've rescued a 500-pound, 6-foot-long manatee from a pond in a private golf club in North Palm Beach.

Biologists rescued the male manatee in February. They say it was able to get into the pond through a system of channels and had been there at least a day.

The manatee was thin and showed signs of stress. It was transported to the Miami Seaquarium for a checkup before being released back into the wild.

## Woman surprised after finding 3-foot alligator in pool

BOCA RATON (AP) — State wildlife officials say a Boca Raton woman got an early morning surprise when she found a small alligator in her pool. The 3-foot-long gator was captured and released into a wildlife refuge.

Florida Fish and Wildlife Conservation Commission

spokeswoman Gabriella Ferraro says officials believe the alligator was in a nearby canal and got into the backyard through a hole in the ground under the fence.

Information from: The Palm Beach Post: www.pbpost.com.



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# Prop scars long-lasting, increasing in some areas of Everglades park

EVERGLADES FROM P. 4

navigating the numerous shallow flats and complex of narrow channels."

Not surprisingly, the most scars are near the edges of channels, both marked and unmarked — with little difference between them, another surprise. The researchers expected it to be worst near the unmarked channels, but it isn't.

How come? It could be because there's a lot more traffic in the marked channels and inexperienced boaters tend to choose them, thus a lot more stray from deep to shallow water there.

Unmarked channels are more likely to be used by skilled boaters with Everglades experience. Marking those probably won't have much effect on large-scale scarring, but it should at least reduce damage near the channel edges. Easy-to-see channel markers also will make it harder for the careless to claim they've gone aground by accident.

The survey identified 325 miles of prop scars and used high resolution aerial pictures — available for a small portion of the bay — to estimate how many more miles there really are.

"High resolution imagery suggests that our primary imagery may underestimate total scarring distance by a factor of approximately 10... there may be as many as 3,250 miles of scars in Florida Bay. Substantially more scarring was identified in this study than in a previous study conducted in 1995."

## Healing comes slowly

Comparisons with data from other aerial surveys show a pretty consistent pattern of increasing numbers of scars and their total length. Three of the locations chosen for comparison had four to five times as many scars in 2004 as they had in 1999, and 10 to 15 percent of the older ones were still visible.

Aerials of Cross Bank, last photographed in 2006,

showed a scarring decrease, but more than a third of the scars from 2004 could still be seen two years later.

It demonstrates that prop scars heal slowly, with progress varying according to the types of seagrass that are torn up. Some scars are filled in by algae, disguising them from the aerial camera.

"Heavily used areas that are continually scarred will probably never recover under current boating pressure," the report says. "Active restoration of damaged seagrass communities is technically possible, but expensive and time consuming."

The surveyors picked the 10 percent of areas with the highest scarring density. They suggested that the management plan be focused on those, using fresh data and observations to consider "a variety of management options including education, improved signage, new enforcement efforts, and boating restrictions, such as pole and troll zones."

The research also demonstrated that boat size alone isn't a cause of bay bottom damage, although cuts made in the bottom by their propellers tends to be deeper than the cuts made by single outboards. Deep draft and the lengths of outboard motor shafts matter more.

The report said managers should consider restricting big boats with big twin outboards from shallow waters, even though most scars look like one-engine cuts. The highest concentration of damage by twins is close to the park boundary, a short distance from the Intracoastal Waterway.

Another survey team working in the sky and ashore analyzed boating use of both Florida Bay and the Ten Thousand Islands on the Gulf coast, and developed models for predicting future boat traffic.

Taken together, the results of the two surveys should enable park planners and managers to see where the need for protection is greatest now, and to adjust over time to reduce bottom scarring in the future.

## Up close

Watch for the release of detailed Everglades management plans by visiting the park's website at [www.nps.gov/ever/](http://www.nps.gov/ever/)

Halfway down that page, there's a descriptive paragraph about the plan. Click on the "more" link there for the General Management Plan page. Then click on "GMP documents" to see the complete survey reports on propeller scarring and boating in the park.

Alternative E, an unofficial but influential plan by Florida Keys guides and anglers, can be seen at [floridakeys.noaa.gov/sac/agendas/111808\\_trice.pdf](http://floridakeys.noaa.gov/sac/agendas/111808_trice.pdf).

## Hearing Schedule

A new set of alternative management plans for Everglades National Park will be presented at seven public meetings in March and April. The public is invited to attend, inspect the plans in detail, criticize and suggest improvements.

Monday, March 30 at Key Largo Grande Hotel, 97000 Overseas Highway, Key Largo. 305-852-5553.

Tuesday, March 31 at Everglades City School, 415 School Drive, Everglades City. 239-377-9800.

Wednesday, April 1 at South Dade Public Library, 10750 SW 211th St., Miami. 305-233-8140

Monday, April 13 at Key Largo Holiday Inn, 99701 Overseas Highway, Key Largo. 305-451-2121.

Tuesday, April 14 at John D. Campbell Agricultural Center, 18710 SW 288th St., Homestead. 305-248-3311.

Wednesday, April 15 at Edison State College, Building J, 7007 Lely Cultural Parkway, Naples. 239-732-3707

Thursday, April 16 at International Gamefish Fish Association (IGFA) Fishing Hall of Fame, 300 Gulfstream Way, Dania Beach. 954-922-4212.

For travel directions to any of the meetings call the phone numbers above or go to: <http://maps.google.com>

April 13 meeting at Key Largo Holiday Inn will be webcast starting at 6 p.m. To access webcast see ENP website: [www.nps.gov/ever/](http://www.nps.gov/ever/)

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# Caribbean's 'fish capital' considered a joy to dive

## Divers prohibited from even touching Bonaire's coral reefs

BY MARY KAY SWEIKAR  
The (Danville) Commercial-News

WESTVILLE, Ill. (AP) — Westville native Rich Stefaniak became so engrossed in photographing the sea life on a recent scuba diving trip that he sometimes forgot to breathe.

"I felt so comfortable under water with my camera in hand, that it was easy to forget where I was," Stefaniak said. "But proper breathing is pretty important, since it controls your up and down movements under water."

Stefaniak and his 23-year-old daughter, Allison, spent a recent week diving in Bonaire, which is commonly called the fish capital of the Caribbean. Bonaire is a small, desert-like island in the Netherlands Antilles, 30 miles from Curacao and 50 miles north of Venezuela. The waters there are clear, calm, very warm, and diveable year-round.

A photographer by trade, Stefaniak preferred taking video rather than still shots because it was easier to "capture" his subjects. "The fish in the underworld move pretty quickly," he said.

"Scuba diving is kind of like swimming in an aquarium," he said. "The coral

### Waypoints

and sea life are so beautiful, especially with the sunlight streaming through."

In drop-offs, slopes, patch reefs and shallows, Stefaniak spotted groupers, snappers, angelfish, trumpet fish and the ever-popular frogfish. At one time he got so close to a sea turtle that it swatted at his camera lens.

According to REEF (Reef Environmental Education Foundation), there are more species of fish in the waters around Bonaire than in any other diving destination in the Caribbean. This island is also known for its large population of orange-pink flamingoes.

Because Bonaire is a protected island, divers are not allowed to even touch the underwater coral. "As tempting as it may be, nobody touches the coral, because a simple touch would kill it," Stefaniak said. "We're not even allowed to wear gloves on our dives for that reason."

Allison, a 2003 graduate of Schlarman High School, received a degree in recreation and human services from Southern Illinois University and served an internship at Mermet Springs in Vienna, Ill. That's when and where the father-daughter interest in scuba diving began.

Allison completed about 95 dives



A French angel fish feeds on coral in Bonaire.

before their trip to the Caribbean and explored the Bonaire area to a depth of 100 feet. Rich kept his dives to less than 40 feet under water. Most of the dives he completed before the trip were between 35 and 45 minutes long. "My tank is usually low on air after that much time," he said.

The Stefaniaks' trip to Bonaire was offered through Mermet Springs. "It's a lot warmer in the tropical coral reef than it is in southern Illinois," Rich said, "and tropical fish are fantastic to see and photograph."

Rich and Allison completed more than 22 dives from a selection of 60 sites along the island's 27-mile coastline.

"There were a couple of dives that I did not care for," Rich admitted.

"At night all you can see under water is everybody's flashlight," Rich said, "which is not the best for photography." He did enjoy shining his light and finding the sharp-nosed puffers, encrusting sponges and scorpion fish that nestled between the fire corals. He also admired the 7-foot tarpon named "Charlie" as the fish cruised by his facemask with a silvery flash.

Rich has owned Design Studio in Danville for the past 14 years. He has 40 years of experience in photography and 10 years in videography.

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# In wake of bleak economy, boating traditions continue

EVENTS FROM P. 1

• The 32nd Annual Waterway Cleanup ([www.waterwaycleanup.org](http://www.waterwaycleanup.org)), Saturday, March 7 at 36 sites throughout Broward County.

• Water Matters ([www.broward.org/watermatters](http://www.broward.org/watermatters)), a conservation themed-fest now in its seventh year takes place on Saturday, March 14 at Tree Tops Park in Davie. Folks can pick up free plants and rain gauges, get eco-friendly ideas and register to win a \$1,000 irrigation system. For the kids, there'll be craft workshops, clowns and face painting.

• The 54th Miami to Key Largo Race offers more competition on the open waters on Saturday, April 18. Proceeds benefit youth sailing programs. [www.southflsasailing.com](http://www.southflsasailing.com).

• The Pompano Seafood Festival, run by the Greater Pompano Beach Chamber of Commerce ([www.pompanobeachseafoodfestival.com](http://www.pompanobeachseafoodfestival.com)) is entering its 25th year. This year's outdoor culinary celebration,



Friday, April 24 to Sunday, April 26, will feature crafts and live entertainment by '70s rockers Grand Funk Railroad. Proceeds also benefit numerous non-profit groups.

The festival has long been a crowd favorite and organizers are expecting that trend to continue.

"We're very optimistic," said Ric Green, chamber president. "It's important in these times to carry on tra-

ditions that have meant so much to this community over the years."

Also scheduled is the Pompano Beach Fishing Rodeo, ([www.pompanofishingrodeo.com](http://www.pompanofishingrodeo.com)), Wednesday, May 13 to Saturday, May 16, which got its start in 1965 and is still going strong as one of the oldest saltwater tournaments in South Florida.



The economic downturn isn't expected to have a major affect on crowds. If anything, the Dania Marine Flea Market's bargain concept fits in well with the country's belt tightening mode.

## Surfers account for 57 percent of shark attacks

SHARKS FROM P. 1

In some areas, the number of sharks is down to 10 percent of the original populations.

"We've got a lot less sharks than in the past," Burgess said.

There were four fatal attacks in 2008, which is about average, Burgess said. Only one death was reported in 2007, a two-decade low. Two of the deaths last year were in Mexico, one was in Australia and one was in the United States.

The number of shark attacks in the United States dropped from 50 in 2007 to 41 last year, Burgess said. Of those, 32 were in Florida, the same as the previous year,

followed by North Carolina and South Carolina with three each; Hawaii with two and California with one.

Surfers accounted for 57 percent of the attacks, followed by 36 percent for swimmers and waders and 8 percent for divers, Burgess said. The numbers were rounded upward, so the total exceeds 100 percent.

Volusia County, Florida, continued its dubious distinction of the world's shark bite capital with 22 attacks, its highest yearly total since 2001. Most of them were in the surf haven of New Smyrna Beach on the central Atlantic coast.

Burgess said he expects the economy to help cause another decline in attacks in 2009, but over the long term, he expects a gradual increase from one decade to the next.

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# Health Wave

## It is possible to manage the maze of medical debt

BY TOM MURPHY

AP Business Writer

Prostate cancer hospitalized Ernest Patton for only a few days in 2007, but that was long enough to push him toward financial ruin.

His radiation treatment cost \$65,000. The total bill topped \$100,000, and almost none of it was covered by the insurance he received through his fast-food restaurant job.

But thanks to his sister, who quickly learned the ropes of debt reduction, most of that debt has been forgiven.

"If it hadn't been for family, I wouldn't have survived," Patton said.

A recovery like this is not unusual, but people swamped with medical debt often don't know how to find relief, according to debt experts. They say both insured and uninsured patients have more leverage than they think to lighten the sometimes crushing weight of medical bills.

And more people are feeling that weight. The nonprofit Commonwealth Fund estimated that a third of all working-age Americans were struggling to pay medical bills in late 2007, the latest figures available. The New York-based private foundation supports independent research and offers grants on health care issues and policy.

Researchers say that percentage likely has risen, given the growing number of people who have since lost jobs and insurance coverage in the recession. About 46 million Americans are uninsured, according to recent estimates.

Medical bills can skyrocket quickly for the uninsured, who often face larger charges because they don't have insurers negotiating prices for them.

But even people with insurance can get pinched if they chose a plan that provides limited coverage. More employers also are reducing insurance offerings or asking their employees to pay a greater amount.

Medical providers also have become more aggressive in collecting because fewer patients are paying, said Kevin Flynn, president of Philadelphia-based Health Care Advocates Inc., a for-profit business that works with patients on debt resolution and insurance disputes.



AP Photo/ED ANDRIESKI  
Trucker Domenico Pelliccione, 62, lost his wife of 21 years, Donna, to colon cancer last July. The Patient Advocate Foundation, a nonprofit that helps people with chronic, life-threatening or debilitating illnesses, helped whittle his medical bills down from \$300,000 to only \$5,000.

Flynn said he started noticing the trend about four months ago, and it will grow worse as the economy weakens.

Still, he estimates that the average patient can shave as much as 15 percent off a bill even before seeking help from a company like his.

### Navigating the process

Patton's debt recovery began when his sister, who helped manage his bills after he became sick, asked for help. Leatha Tripp, 70, knew her 56-year-old brother's insurance wouldn't dent his bills.

She applied for charity help and offered proof of Patton's

wages. The hospital wrote off the cost of his stay, and the cost of the radiation treatment was eventually forgiven as well.

"I was really shocked that these places would work with you," said Tripp, who received help from the nonprofit Patient Advocate Foundation.

A patient's first step should be to learn about public aid programs or hospital discounts, said Carol Pryor, policy director for The Access Project, a Boston-based nonprofit that works to improve health care access.

Patients also should ask for a bill copy that shows every item of care delivered. Scrutinize it and question anything

SEE DEBT P. 18

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# Gene test helps set accurate blood thinner dose

BY MIKE STOBBE  
AP Medical Writer

ATLANTA (AP) — People taking warfarin, a leading blood thinner to prevent clots that cause heart attacks and strokes, soon may have a better way to get the tricky dose right.

A new formula that includes gene testing proved much better at setting the ideal dose than what doctors do now: Give a standard amount and adjust it by trial and error. The formula was tested in a large international study, which found the usual approach gets it wrong about half the time.

About 4 million Americans take warfarin, also known as Coumadin, the top-used blood thinner worldwide. It could be used even more, but doctors have worried about the all-too-common risks to patients if they get the dose wrong. Too little means a risk of stroke and too much can mean fatal bleeding.

The new study is one of the first to show genetic testing can be used to prevent dosing problems, experts said.

A new experiment will soon test the gene study's results in a more rigorous way. Most patients will likely have to wait at least a few years before genetic testing becomes a common factor in warfarin dosing, some experts said.

Patients are generally started on 5 milligrams a day, but that's just a starting guess. The proper amount for one patient may be 10 times as much as what's best for another.

er. Improper dosing leads to problems for thousands of patients each year and can even result in death, according to some estimates.

"You need to be just right," said Donna Arnett, a researcher of genetic testing and cardiovascular health at the University of Alabama at Birmingham, who wasn't involved in the study.

Variations in two genes can indicate how effective the drug will be, but such a test is not yet widely used.

In the new study, researchers in nine countries collected data on about 5,700 patients who — after some trial-and-error — were already on stable doses of the blood thinner. The scientists developed a dosing formula based on the gene test and other factors, including age and weight.

The formula using the gene test proved accurate in setting the dose in about 1 out of 3 warfarin users — more accurate than a method based solely on age, weight and other characteristics.

The study didn't report on serious side effects or consider how tobacco and alcohol use might figure into blood thinner dosing.

The research was funded by the National Institutes of Health and several international medical organizations. Key researchers have received consulting fees and grants from pharmaceutical companies, and companies involved in genetic testing.

Federal officials want to follow up the report by

launching a large, three-year study of more than 1,200 patients beginning in April.

"People will go to their doctors and ask" about genetic tests, predicted Jeremy Berg, director of the National Institute of General Medical Sciences, one of the just-published study's funders.

But until the larger study is done, "it's unlikely that very many places will offer this," he said.

A few clinics are already using these gene tests and others to estimate warfarin dosing, but some researchers have concluded it's not cost-effective for most patients.

Dr. Janet Woodcock, who heads the Food and Drug Administration's drug evaluation center, noted that many patients have, for a long time, complained to doctors that the standard warfarin treatment didn't work for them. Now science is showing how right they were.

"The patients are beginning to be vindicated," Woodcock said.

On the Net: New England Journal: <http://nejm.org>.

## Bean and Pepper Jamboree returns after 30-year hiatus

POMPAÑO BEACH — A farmer's market that once catered to the city's residents in the 1950s is now making a comeback.

The Bean and Pepper Jamboree, taking place Saturday, March 7 and Sunday, March 8 at the Pompano Citi Centre, will include a raffle, contests, live entertainment and a wide variety of food. There's even a Veggie 500 race where people build vehicles out of veggies and race them.

In the 1950s, the event was held to celebrate the harvest of local produce. It's returning now to raise funds for the Boys and Girls Club of Pompano Beach and the Broward County 4-H Foundation.

"We are bringing back a historic agricultural event and are providing a venue that will help raise funds for two very important Broward County, not-for-profit entities," said Fred Segal, Broward County Farm Bureau president.

"Our plans are to make this a fun, free event for families and provide educational programs about horticulture, agriculture, and the areas' agricultural history," he said.

The Ms. Bean and Mr. Pepper Pageant for kids and young adults is also planned. The Jamboree, which has free admission, is sponsored by the Broward County Farm Bureau, the Kiwanis Clubs of Pompano Beach, Pompano Beach West and Fort Lauderdale Beach.

Hours are from 9 a.m. to 6 p.m. Saturday, March 7, and Sunday, March 8, from noon to 5 p.m. The Citi Centre is located at 1955 N. Federal Highway, Pompano Beach. The pageant is Sunday, March 8 at 1 p.m.

For more information, call Fred Segal at 954-849-0745.

## Advocates help whittle down medical bills

DEBT FROM P. 17

suspicious. Negotiate that \$10 charge for Tylenol.

Look for errors too. Flynn frequently sees overcharges for operating room time. They may list six hours when a procedure took four.

Some mistakes really stick out. Flynn once saw a hysterectomy listed on a man's bill.

Ask about payment options, too. Hospitals frequently offer steep discounts if a bill can be paid all at once. Some may set up no-interest payment plans.

Patients with insurance also should be wary of balance billing. That's the difference between the amount billed by a provider and the amount paid by the insurer after patients pay copays, coinsurance or deductibles.

Patients should not be balance billed if they use providers in their insurance network. They should check with their insurer if they're billed for anything beyond standard payments like co-pays or deductibles.

Insurance also can be scrutinized. Most insurers offer a toll-free phone number people can use to ask questions or request a review of their coverage.

Many state governments provide independent panels of experts that examine claims if that review fails to resolve problems.

### Navigating the process

Sometimes a patient advocate makes a huge difference. It did for Domenico Pelliccione. The 62-year-old suburban Denver resident lost his wife of 21 years, Donna, to colon cancer last July.

Donna had no insurance, and bills totaled more than \$300,000 after she started treatment in July 2007.

Meanwhile, Pelliccione was working 12-hour days as a truck driver and then heading to the hospital immediately afterward.

Nasty phone calls and letters started coming from the hospital, Pelliccione said. "I was getting so tired by the end that I didn't really care about it," he said. "All I needed to do was be there for her."

Then someone told him about Patient Advocate Foundation, a nonprofit that helps people with life-threatening or debilitating illnesses negotiate their debt.

The foundation helped whittle his bills down to \$190,000 and then to only \$5,000 over several months.

The foundation's services are free, but some for-profit advocates do charge. Potential customers should ask what fees or percentage of savings a company may charge. Other nonprofit agencies like the American Cancer Society can provide referrals to these advocates.

### Other avenues

Even after exhausting these resources, many patients can still wind up with large bills. That's where friends and family and word of mouth can help.

The North Carolina brother and sister, Leatha Tripp and Ernest Patton, held a yard sale to help with remaining debt. They also rallied their eight siblings and raised about \$5,000.

That topped Patton's insurance contribution, which covered only a few hundred dollars, Tripp said. Her brother had signed up for the least expensive insurance option at work because it was all he could afford.

Community support has helped the Summerlin family of Avon, Ind., as their 8-year-old son, Tommy, fights leukemia.

His parents, Linda and Tom Summerlin, both work full-time, and they have insurance. But they still face daunting costs. Doctors plan to give Tommy a bone marrow transplant, which runs at least \$250,000 without complications.

Linda Summerlin noted that even if insurance covers 80 percent of that bill, \$50,000 remains.

"I remember when he got the diagnosis," Summerlin said. "I was like, 'I'd sell my house, I'd sell my car, I'd sell the shirt off my back to pay for it, if that's what it took for him to live.'"

So far, she hasn't had to do any of that. Several local restaurants helped raise money. A woman the Summerlins had never met organized a golf outing that brought in several thousand dollars.

"If we hadn't had the fundraising, our Christmas would have been very meek," Linda Summerlin said.

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# Stuffed manicotti gets an unexpected green makeover



AP Photo/LARRY CROWE

If you are looking to make a change to your manicotti repertoire, try going green with pesto. This Pesto Manicotti takes no more effort than the tomato sauce version but will seem like a totally different meal.

BY J.M. HIRSCH  
AP Food Editor

It's hard to get excited about manicotti, those oversized cheese-stuffed tubes of pasta slathered with pasta sauce.

That's probably because they are too similar to lasagna. Some recipes even call for using lasagna noodles to form the tubes. But the idea is worth playing with. After all, a giant tube of pasta jammed with cheese could be a great thing.

Start with the filling. It should be creamy, rich and abundantly cheesy. A blend of ricotta and mozzarella was just right. A bit of thick Greek-style yogurt gave it a creamy consistency, and a couple eggs helped hold it all together.

For color and flavor, chopped spinach is added to the filling, but any finely chopped vegetable would be good, including roasted red peppers, sauteed mushrooms and artichoke hearts. Just be sure to drain and dry the veggies.

Rather than the usual — and too often watery — tomato-based pasta sauce, this recipe uses pesto, which could be made from scratch or purchased in a tub (often near the fresh pasta at the grocer).

Pesto has an intense, fresh flavor thanks to loads of basil, garlic and Parmesan. It goes perfectly with this cheese filling and doesn't water down the flavors of the dish.

To change it up, add minced jalapeno peppers to the cheese mixture, then make a pesto from fresh cilantro, toast-pumpkin seeds, manchego cheese, lime juice and olive oil.

If the prepared pesto is too thick to spread easily, microwave it for 10 to 15 seconds.

## Pesto Manicotti

Start to finish: 1 hour (30 minutes active)

Servings: 6

8-ounce package manicotti pasta

10-ounce bag frozen chopped spinach, thawed

2 eggs, beaten

2 cups ricotta cheese

1 1/2 cups grated mozzarella cheese

1 cup fat-free Greek-style yogurt

1 teaspoon garlic powder

1 teaspoon dried oregano

1 teaspoon dried basil

Two 7-ounce packages prepared pesto

1/2 cup grated Parmesan cheese

Heat the oven to 400 F. Coat a 9-by-13-inch baking dish (or multiple smaller dishes) with cooking spray.

Bring a large stockpot of salted water to a boil. Add the manicotti and cook according to package directions. Drain and arrange them on a kitchen towel so they don't touch. Set aside.

Meanwhile, place the spinach at the center of a kitchen towel, wrap the towel around it and squeeze tightly over the sink to remove excess water. Continue squeezing until no more water runs out. Unwrap the spinach and coarsely chop.

In a large bowl, combine the spinach, eggs, ricotta,

## Healthy Galley

mozzarella, yogurt, garlic powder, oregano and basil. Transfer the cheese mixture to a zip-close plastic bag, squeeze out the air and seal. Set aside.

Spread 1 package of the pesto in an even layer over the bottom of the prepared baking dish.

Snip off one corner of the bag of cheese mixture. Holding a manicotti tube in one hand and the bag in the other, insert the tip of the bag into the pasta tube and squeeze gently to fill it. You may need to fill from both ends of the tube.

As each tube is filled, arrange them in a single layer in the prepared baking dish. When all the tubes are filled, spoon the remaining package of pesto over them. Cover with foil and bake for 15 minutes.

Uncover the pan and sprinkle the manicotti with Parmesan. Bake, uncovered, for another 15 minutes, or until the Parmesan is melted and lightly browned.

Nutrition information per serving (values are rounded to the nearest whole number): 791 calories; 438 calories from fat; 49 g fat (18 g saturated; 0 g trans fats); 160 mg cholesterol; 45 g carbohydrate; 45 g protein; 4 g fiber; 1,122 mg sodium.

J.M. Hirsch can be e-mailed at [jhirsch@ap.org](mailto:jhirsch@ap.org).

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# Event Calendar

## A roundup of the month's nautical events

# MARCH

### 1, Sunday

**Seven Seas Cruising Association:** 8 a.m. breakfast for international group of cruising sailors, in the back room of the Egg & You Diner, 2621 N. Federal Highway, Fort Lauderdale. Public welcome. 954-771-5660.

**Kayaking on the Middle River:** 9 a.m. to 5 p.m. kayak rentals weekends at the Island City Park Preserve, 823 NE 28th St., Wilton Manors. Cost: \$14 to \$52. 954-781-0073; www.atlanticcoastkayak.com.

**Model Boat Club:** 10 a.m. to 6 p.m., for all ages, at Markham Park, 16001 W. State Road 84, Sunrise. Cost: \$1.50 for park entrance, kids under 5 free. 954-389-2000; http://hambe3.net/index.html.

**Dream Car Classic:** 10 a.m. to 3 p.m. along Hollywood Boulevard from 19th Avenue west to 21st Avenue, downtown Hollywood. No cost. 954-921-3016.

### 2, Monday

**Yoga Class:** 5-6 p.m. Mondays and Thursdays at Secret Woods Nature Center, 2701 W. State Road 84, Dania Beach. Cost: \$9 per class or 10 classes for \$80. 954-791-1030.

**Knights of Pythias:** 7 p.m. meeting the first and third Monday of the month at Golden Glades Inn, 16500 NW Second Ave., North Miami. 954-680-3412.

**Social Bridge Games:** 12:15-3:30 p.m. Mondays and Thursdays at Fort Lauderdale Bridge Club, 700 NE Sixth Terrace, Fort Lauderdale. Cost: \$6 nonmembers, \$4 members. 954-565-3127.

### 3, Tuesday

**Learning to Kite Fish:** 7-10 p.m. sportfishing class with Capt. Bouncer Smith at the IGFA, 300 Gulf Stream Way, Dania Beach. Cost: \$150 non-museum members, \$100 members. 954-924-4309.

**Fort Lauderdale Bridge Club:** 6:30-8:45 p.m. for advanced, beginners and intermediate players on Tuesdays at the Fort Lauderdale Bridge Club, Holiday Park, 700 NE Sixth Terrace, Fort Lauderdale. 954-565-3127.

### 4, Wednesday

**Broward Urban River Trails:** 6 p.m. meeting the first Wednesday of the month at the Island City Park Preserve, 823 NE 28th St., Wilton Manors. 954-462-7766.

**South Florida Women Divers:** 6 p.m. dinner followed by a 7 p.m. meeting at the Pioneer Park Annex, 249 NE Fifth Ave., Deerfield Beach. 561-638-8487; www.sfldw.net.

**South Florida Divers:** 7:30 p.m. meeting the first Wednesday of the month. Check website for location; www.sfdi.com.

**Multihull Association of South Florida:** 8 p.m. meeting at the Miami Yacht Club, 1001 MacArthur Causeway, Miami. 305-377-9877 or 305-371-0703 www.masf-multihulls.com.

**Support Group:** 7 p.m. meeting for families and friends of people with mental illness the first and third Wednesday at Soref Jewish Community Center, 6501 W. Sunrise Blvd., Plantation. 954-472-8241.

### 5, Thursday

**2009 Acura Miami Grand Prix:** four classes of boats race off South Beach through March 8. 781-639-9545; www.premiere-racing.com.

**Lecture:** 10:30-11:30 a.m., "How Do Microscopic Planktonic Larvae of Benthic Animals Land in the Right Place in Turbulent, Wave-driven Flow?" at the Rosenstiel School of Marine and Atmospheric Science, 4600 Rickenbacker Causeway, Miami. 305-421-4000; www.rsmas.miami.edu.

**Florida Center for the Book:** 2 p.m. lecture with author Peter Robinson, author of the Inspector Alan Banks series, at the Broward County Main Library, 100 S. Andrews Ave., Fort Lauderdale. No cost. 954-357-7386.

**Under Sea Adventurers Dive Club:** 7 p.m. meeting at the Emma Lou Olson Civic Center, 1801 NE Sixth St., Pompano Beach. No cost. 561-999-9820; http://usadiveclub.com.

**Miami Sport Fishing Club:** 8 p.m. meeting the first and third

Thursday of the month at 1711 W. 38th Place, unit 1104, Hialeah. 305-885-1666.

### 6, Friday

**Hollywood Nights:** 8 p.m. to midnight live entertainment the first and third Friday of the month along 20th Avenue and Hollywood Boulevard, downtown Hollywood. No cost. 954-921-3016.

### 7, Saturday

**32nd Annual Waterway Cleanup:** 9 a.m. to 1 p.m., sponsored by the Marine Industries Association of South Florida, at sites throughout Broward County. 954-524-2733; www.waterwaycleanup.org.

**30th Annual Week of the Ocean Sea-son:** events run through June 13. 954-462-5573; www.national-week-of-the-ocean.org/aboutus.htm.

**One Day Boating Safety Course:** 8 a.m., sponsored by the Coral Ridge Sail and Power Squadron at Cardinal Gibbons High School, Classroom E2, 4601 Bayview Drive, Fort Lauderdale. Cost: \$35. 954-943-5779.

**Kayak for Beginners:** 9-11:30 a.m. for ages 15 and up, at Holland Park, located at Johnson Street and Northlake Drive, Hollywood. Cost: \$35. 954-967-4644 or 954-328-5231.

**Bird Walk:** 8-10 a.m. volunteer-led bird walk at Deerfield Island Park, 1720 Deerfield Island Park, Deerfield Beach. Free. 954-360-1320.

**Guided Moonlight Paddle Tour:** 6-8 p.m. at West Lake Park, 751 Sheridan St., Hollywood. Cost: \$20 per person, plus \$1.50 park entrance fee. Reservations and prepayment required. 954-926-2480.

### 8, Sunday

**Daylight Saving Time Begins**

**Seven Seas Cruising Association:** 8 a.m. breakfast for international group of cruising sailors, in the back room of the Egg & You Diner, 2621 N. Federal Highway, Fort Lauderdale. Public welcome. 954-771-5660; www.scca.org.

**Kayaking on the Middle River:** 9 a.m. to 5 p.m. rentals at Atlantic Coast Kayak booth at Richardson Historical Park and Nature Preserve, 1937 Wilton Drive, Wilton Manors. Cost: \$14 to \$52. 954-781-0073.

### 9, Monday

**Yoga Class:** 5-6 p.m. Mondays and Thursdays at Secret Woods Nature Center, 2701 W. State Road 84, Dania Beach. Cost: \$9 per class or 10 classes for \$80. 954-791-1030.

### 10, Tuesday

**Inshore Grand Slam: Bonefish, Permit, & Tarpon Sportfishing Class:** 7-10 p.m. with Capt. Shawn Fairbanks at the IGFA, 300 Gulf Stream Way, Dania Beach. Cost: \$150 non-museum members, \$100 members. 954-924-4309.

**South Florida Fishing Club:** 6:30 p.m. dinner at Tony Romas, 18050 Collins Ave., Sunny Isles Beach, followed by a 7:30 p.m. meeting. Reservations required. 305-788-0047.

**Broward Boating Club:** 8 p.m., meets the second Tuesday of the month at American Legion Post 304, 41 NE First Court, Dania Beach. 954-316-0236.

**Gulfstream Sailing Club:** 7:30 meeting the second Tuesday of the month at the Downtowner Saloon, Maxwell Room, 408 S. Andrews Ave., Fort Lauderdale. www.gulfstreamsailingclub.org.

**Full Moon Kayak Tour:** 7:30-10 p.m., for ages 14 to adult, at Holland Park, 801 Johnson St., Hollywood. Cost: \$35. 954-967-4644 or 954-328-5231.

**Beginning Bridge Lessons:** 6:30-8:45 p.m. Tuesdays at the Fort Lauderdale Bridge Club, 700 NE Sixth Terrace, Fort Lauderdale. Cost: \$10. 954-565-3127.

### 11, Wednesday

**Captain's Party & Silent Auction:** 6:30 p.m. for Saturday's St. Patty's Day Small Boat Charity Fishing Tournament, at Harbour Towne Marina, 801 NE Third St., Dania Beach. 954-926-0300, ext. 0.

**Seabird Yacht Club:** meets the second Wednesday of the month at the Royal Fiesta Restaurant, in the Cove Shopping Plaza, 1680 SE Third Court, Deerfield Beach. www.seabirdyachtclub.com.

**Broward Urban River Trails:** 5:30 p.m. meeting at Secret Woods Nature Center, 2701 W. State Road 84, Fort Lauderdale. 954-791-1030.

**Sea Secrets Extreme Makeover: Planet Earth Edition:** 6-7 p.m. lecture with speaker Brian Soden, associate professor of meteorology and physical oceanography, at the University of Miami Rosenstiel School of Marine and Atmospheric Science Auditorium, 4600 Rickenbacker Causeway, Miami. 305-421-4704.

**Ladies, Let's Go Fishing:** Southeast Florida chapter meets the second Wednesday of the month. 954-923-3072; www.geocities.com/lfgsoutheastflorida.

**Broward Shell Club:** 7 p.m. meeting at the Emma Lou Olson Civic Center, 1801 NE Sixth St., Pompano Beach. 954-296-5633.

### 12, Thursday

**Hillsboro Inlet Sailing Club:** 7:30 p.m. meeting the second Thursday of the month at Lighthouse Point Yacht and Racquet Club, 2701 NE 42nd St., Lighthouse Point. 954-785-3666.

**Fort Lauderdale Boat Club:** 8 p.m. meeting the second Thursday of the month at local restaurants. 954-782-4968 or 954-920-9597.

**Après Plongee Dive Club:** 7:30 p.m. meeting the second Thursday of the month at Lighthouse Dive Center, 2507 N. Ocean Blvd., Pompano Beach. 954-782-1100.

**Sailing Singles of South Florida:** 6:30 p.m. meeting Thursdays at Grumpy Gators Sea Grill & Bar, 1901 Cordova Road, Fort Lauderdale. 954-462-4575; .

**Yoga Class:** 5-6 p.m. Mondays and Thursdays at Secret Woods Nature Center, 2701 W. State Road 84, Dania Beach. Cost: \$9 per class or 10 classes for \$80. 954-791-1030.

### 13, Friday

**Conchy Joe's Marine & Tackle:** 6-8 p.m. registration and captain's meeting at the Doubletree Grand Key Resort, 3990 S. Roosevelt Blvd., Key West. Entry fee: \$200 per boat up to six anglers. 800-970-9056.

**Miami Yacht Club:** 8 p.m. meeting the second Friday of the month, 1001 MacArthur Causeway, Miami. 305-377-9877.

### 14, Saturday

**America's Boating Course:** 8:15 a.m., sponsored by the U.S. Coast Guard Auxiliary at Boynton Boat Park, Boynton Beach. Cost: \$36. 561-703-3844.

**St. Patty's Day Small Boat Charity Fishing Tournament:** 8 a.m. to 3 p.m., open to vessels 37 feet and under at Harbour Towne Marina, 801 NE Third St., Dania Beach. Cost: \$85 adults, \$40 kids before March 8; \$100 adults, \$50 kids after. Proceeds benefit charity. 954-926-0300, ext. 0.

**Support Group:** 2 p.m. meeting for families and friends of people with mental illness on the second and fourth Saturday of the month at Memorial Hospital Outpatient building, 3300 N. 29th Ave., Hollywood. 954-566-2422.

### 15, Sunday

**Seven Seas Cruising Association:** 8 a.m. breakfast for international group of cruising sailors, in the back room of the Egg & You Diner, 2621 N. Federal Highway, Fort Lauderdale. Public welcome. 954-771-5660; .

### 16, Monday

**America's Boating Course:** 6:45 p.m., sponsored by the U.S. Power Squadron at Plantation Village Shopping Center, 5225B W. Broward Blvd. Fort Lauderdale. Cost: \$45. 954-567-3339.

**Hollywood Garden Club:** 7-9 p.m. meeting at Fred Lippman Multipurpose Center, Room 11, 2030 Polk St., Hollywood. 954-921-3404.

**Knights of Pythias:** 7 p.m. meeting, this fraternal, non-sectarian group meets the third Monday of the month at Golden Glades Inn, 16500 NW Second Ave., North Miami. 954-680-3412.

**Single Gourmet:** weekly dinner gatherings for singles including boating events. 954-723-9608.

### 17, Tuesday

**St. Patrick's Day**

**Conquering Dolphin Sportfishing Class:** 7-10 p.m. with instructor Josh Brown at the IGFA, 300 Gulf Stream Way, Dania Beach. Cost: \$150 non-museum members, \$100 members. 954-924-4309; www.igfa.org/schoolofsportfishing.asp.

**Fort Lauderdale Bridge Club:** 6:30-8:45 p.m. for advanced, beginners and intermediate players on Tuesdays at the Fort Lauderdale Bridge Club, Holiday Park, 700 NE Sixth Terrace, Fort Lauderdale. 954-565-3127.

### 18, Wednesday

**Noon Tunes:** 2 p.m. lunchtime concert series at Stranahan Park, 100 E. Broward Blvd., Fort Lauderdale. 954-828-5363.

### 19, Thursday

**Dania Marine Flea Market:** 9 a.m. to 6 p.m. at Dania Jai Alai, 301 E. Dania Beach Blvd., Dania Beach. Cost: \$12 adults, kids under 12 free. 954-920-7877; www.daniafleamarket.com.

**Miami Sport Fishing Club:** 8 p.m. meeting the first and third Thursday of the month at 1711 W. 38th Place, unit 1104, Hialeah. 305-885-1666.

**Sailing Singles of South Florida:** 6:30 p.m. meeting Thursdays at Grumpy Gators Sea Grill & Bar, 1901 Cordova Road, Fort Lauderdale. Call 954-462-4575; www.sailingsingles.org.

**Marina Mile Association:** 8 a.m. meeting the third Thursday of the month at Fort Lauderdale Hampton Inn, 2301 SW 12th Ave., Fort Lauderdale. 954-494-1900.

**Eastern Shores Aventura Yacht Club:** 7 p.m. meeting the third Thursday of the month at various locations in Miami-Dade and Broward counties. 954-456-3536; www.esayc.com.

**Third Thursday:** 5-8 p.m. free admission and activities at the Museum of Art, 1 E. Las Olas Circle, Fort Lauderdale. 954-670-2828.

### 20, Friday

**Dania Marine Flea Market:** 9 a.m. to 6 p.m. at Dania Jai Alai, 301 E. Dania Beach Blvd., Dania Beach. Cost: \$10 adults, kids under 12 free. 954-920-7877; www.daniafleamarket.com.

**Hollywood Nights:** 8 p.m. to midnight live entertainment the first and third Friday of the month along 20th Avenue and Hollywood Boulevard, downtown Hollywood. No cost. 954-921-3016.

### 21, Saturday

**Fishing Action Photography:** exhibit runs through July 31 in the Art Gallery at the IGFA Fishing Hall of Fame & Museum, 300 Gulf Stream Way, Dania Beach. 954-922-4212.


**Intracoastal History Tour:** 11 a.m. to 1 p.m. at Deerfield Island Park, 1720 Deerfield Island Park, Deerfield Beach. Cost: \$6 per person. 954-360-1320.

**Kayaking on the Middle River:** 9 a.m. to 5 p.m. kayak rentals weekends at the Island City Park Preserve, 823 NE 28th St., Wilton Manors. Cost: \$14 to \$52. 954-781-0073; www.atlanticcoastkayak.com.

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Mar. 9	Upgrade to Master Mate	Ft. Lauderdale
Mar. 9	Assistance Tow	Ft. Lauderdale
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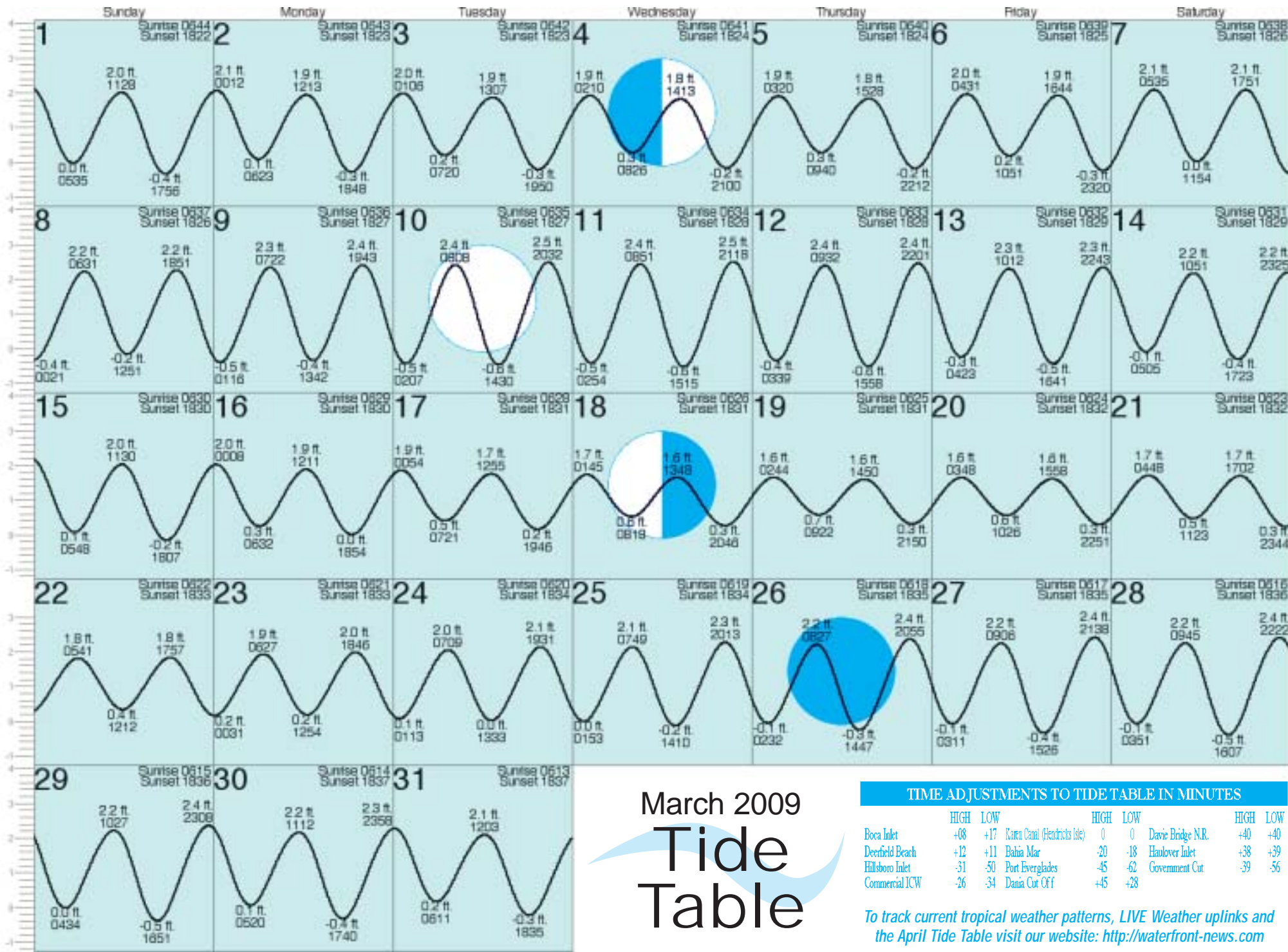
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Tide table sources: NOAA @ Andrews Avenue Bridge, New River, Fort Lauderdale, Florida. • Courtesy of Zihua Software (978) 546.8455 • www.zihuasoftware.com

**22, Sunday**

**Dania Marine Flea Market:** 9 a.m. to 4 p.m. at Dania Jai Alai, 301 E. Dania Beach Blvd., Dania Beach. Cost: \$10 adults, kids under 12 free. 954-920-7877; [www.daniafleamarket.com](http://www.daniafleamarket.com).

**Kayaking on the Middle River:** 9 a.m. to 5 p.m. rentals at Atlantic Coast Kayak booth at Richardson Historical Park and Nature Preserve, 1937 Wilton Drive, Wilton Manors. Cost: \$14 to \$52. 954-781-0073.

**Seven Seas Cruising Association:** 8 a.m. breakfast for international group of cruising sailors, in the back room of the Egg & You Diner, 2621 N. Federal Highway, Fort Lauderdale. Public welcome. 954-771-5660.

**Jamming in the Park:** 2-4 p.m. acoustic music jam for the public at Secret Woods Nature Center, 2701 W. State Road 84, Dania Beach. Free. 954-791-1030.

**Bank of America Fiesta:** 11 a.m. to 6 p.m. Latin jazz brunch along the Las Olas Riverfront on Southwest First Avenue, Fort Lauderdale on the fourth Sunday of the month. No cost. 954-527-0627.

**23, Monday**

**Yoga Class:** 5-6 p.m. Mondays and Thursdays at Secret Woods Nature Center, 2701 W. State Road 84, Dania Beach. Cost: \$9 per class or 10 classes for \$80. 954-791-1030.

**Fort Lauderdale Bridge Club:** noon bridge game Mondays at the Fort Lauderdale Bridge Club, Holiday Park, 700 NE Sixth Terrace, Fort Lauderdale. 954-761-1577.

**24, Tuesday**

**Fishing Bimini and Cat Cay:** 7-10 p.m. with instructor Capt. Bouncer Smith at the IGFA, 300 Gulf Stream Way, Dania Beach. Cost: \$150 non-museum members, \$100 members. 954-924-4309 [www.igfa.org/schoolofsportfishing.asp](http://www.igfa.org/schoolofsportfishing.asp).

**Beginning Bridge Lessons:** 6:30-8:45 p.m. Tuesdays at the Fort Lauderdale Bridge Club, 700 NE Sixth Terrace, Fort Lauderdale. Cost: \$10. 954-565-3127.

**25, Wednesday**

**Boating Skills & Seamanship:** 7 p.m., sponsored by the U.S. Coast

SEE CALENDAR P. 22

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Unepoxy Plus	20.50	22.75	24.00	24.50	29.50	31.25	40.75
Micron CSC	25.25	28.25	29.50	30.50	36.50	38.50	50.50
Vivid	26.00	28.75	30.25	31.25	37.50	39.50	51.75
Ultrakote	26.75	29.75	31.25	32.25	38.75	40.75	53.50
Trilux 33	26.75	29.75	31.25	32.25	38.75	40.75	53.50
Trinidad	28.50	31.50	33.25	34.00	41.00	43.25	56.75
Micron Extra w/Biolux	29.50	32.75	34.50	35.50	42.50	45.00	59.00
Ultra w/Biolux	30.75	34.25	36.00	37.00	44.50	47.00	61.50
Micron 66	31.00	34.50	36.25	37.25	44.75	47.25	62.00
Trinidad SR	31.50	35.00	36.75	38.00	45.50	48.00	63.00
Seahawk Cukote	31.75	35.25	37.25	38.25	46.00	48.50	63.50
Awlgrip Awlstar	35.25	39.25	41.25	42.25	51.00	53.75	70.50
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# Event Calendar

CALENDAR FROM P. 21

Guard Auxiliary at West Marine, 8687 Coral Way, Miami. Cost: \$55. E-mail: info@uscgauxmiami.org.

**Pompano Beach Offshore Anglers:** meets 7:30 p.m. at Gallupi's Restaurant, located at the Pompano Beach Municipal Golf Course, 1103 N. Federal Highway, Pompano Beach. 954-317-3532.

**Full Moon Kayak Tour:** 6:30-9 p.m., for ages 14 to adult, at Holland Park, 801 Johnson St., located at Northlake Drive, Hollywood. Advance registration required. Cost: \$35. 954-967-4644 or 954-328-5231.

**Venture Sailing Club of South Florida:** 7:30 p.m. meeting the last Wednesday of the month at the Miami Yacht Club, 1001 Macarthur Causeway, Miami. 305-860-8250, 954-340-4791.

**West Palm Beach Fishing Club:** 7 p.m. meeting the fourth Wednesday of the month at the group's clubhouse, 201 Fifth St., West Palm Beach. 561-832-6780.

## 26, Thursday

**Palm Beach International Boat Show:** noon to 7 p.m. along Flagler Drive and the Intracoastal in West Palm Beach. Cost: \$14 adults, \$5 kids ages 6-15. 954-676-1800; www.showmanagement.com.

**Biscayne Bay Sailing Club Social Meeting:** 6:30 p.m. at the Tiki Bar in the Sonesta Hotel, eighth floor, 2889 McFarland Road, Coconut Grove. Meets the fourth Thursday of the month, no boating experience or ownership necessary. 305-682-9030; www.thesailingclub.com.

**Full Moon Kayak Tour:** 7-9 p.m. at Holland Park, located at Johnson

Street and Northlake Drive, Hollywood. Cost: \$35, ages 14 and up. 954-967-4644; 954-328-5231.

**Sailing Singles of South Florida:** 6:30 p.m. meeting Thursdays at Grumpy Gators Sea Grill & Bar, 1901 Cordova Road, Fort Lauderdale. 954-462-4575; www.sailingsingles.org.

**Go Fish:** 1-2 p.m. book reading, wetlands walks and fighting fish on simulators, for kids at the IGFA Fishing Hall of Fame & Museum, 300 Gulf Stream Way, Dania Beach. Runs Thursdays, no cost with admission to the museum. 954-922-4212.

## 27, Friday

**Bridge Games:** 12:30-3:30 p.m. daily except Sunday at St. Demetrios Church, 815 NE 15th Ave., Fort Lauderdale. Cost: \$6. 954-565-3127 or 954-304-3191.

**830Laser Treatment & Risk of Falling Health Assessment:** takes place throughout March at Ocean Therapy Center, 4001 N. Ocean Drive, Suite 302, Lauderdale-By-The-Sea. No cost. 954-351-2299; www.oceantherapycenter.com.

## 28, Saturday

**America's Boating Course:** 9 a.m. to 5 p.m., sponsored by the U.S. Coast Guard Auxiliary at the Marine Safety Building, 3939 N. Ocean Blvd., Boca Raton. Cost: \$50. 561-218-3614.

**Intracoastal Boat & Walking Tours:** 11 a.m. to 1 p.m. at Deerfield Island Park, 1720 Deerfield Island Park, Deerfield Beach. Cost: \$6 per person. Reservations required. 954-360-1320.

## 29, Sunday

**Seven Seas Cruising Association:** 8 a.m. breakfast for international group of cruising sailors, in the back room of the Egg & You Diner, 2621 N. Federal Highway, Fort Lauderdale. Public welcome. 954-771-5660.

## 30, Monday

**"Finding Wild Florida:"** 3:30 p.m. film exploring Florida is shown daily in Journey's Theater, at the IGFA, 300 Gulf Stream Way, Dania Beach. Museum admission: \$8 adults, \$5 kids ages 3-8 and seniors over age 62. 954-922-4212.

**Yoga Class:** 5-6 p.m. Mondays and Thursdays at Secret Woods Nature Center, 2701 W. State Road 84, Dania Beach. Cost: \$9 per class or 10 classes for \$80. 954-791-1030.

## 31, Tuesday

**All About Live Bait Sportfishing Class:** 7-10 p.m. with instructor Capt. Shawn Fairbanks at the IGFA, 300 Gulf Stream Way, Dania Beach. Cost: \$150 non-museum members, \$100 members. 954-924-4309; www.igfa.org/schoolofsportfishing.asp.

### Event calendar submissions

The Waterfront News publishes calendar entries as a public service. Written notices should be e-mailed, (editor@waterfront-news.com); faxed (954-524-9464) or mailed (1515 SW 1st Ave., Fort Lauderdale, 33315) to the Waterfront News by the 15th of the month for events taking place the following month. Please include only and all pertinent information such as the name of the event, date, time, location and applicable fees.

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*More For Sale next column*

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*Dockage continues next column*

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*Dockage continues next column*

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Dockage continued

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*Dockage continues next page*

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*Dockage continues next column*

## Docks- CENTRAL BROWARD

Dockage continued

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*Dockage continues next page*



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*Real Estate continued*

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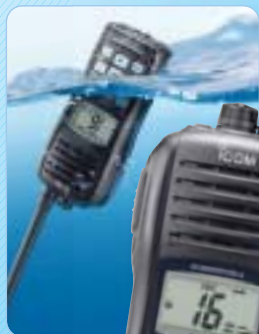
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