

# Madison County CARRIER

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Wed. June 6, 2012

## Sheriff's Office Adds Vehicles To Fleet



Photo Submitted

Madison County Sheriff Ben Stewart announced the latest addition to the Sheriff's Office fleet of patrol vehicles. The Sheriff's Office, utilizing forfeiture funds from drug dealers, purchased two 2012 Police Package Ford Explorers. The new 2012 Police Package Ford Explorer not only comes with the standard equipment of a police package unit but also comes equipped with an "Economy-Boost" motor to promote better fuel mileage while offering comparative horse power. The Ford Explorer is equipped with an enhanced suspension benefit for operating and handling on the many unpaved roads in Madison. This feature will further reduce maintenance cost and extend the operating period of the unit. The purchase price of the 2012 Police Package Ford Explorer in comparison with the historic Ford Crown Vic, which ended production by Ford in 2011, comes at a lower cost as well.

Sheriff Stewart reports that this is another opportunity to save taxpayer dollars and continue to provide proficient services to the citizens of Madison County.

## County Commissioners Invite You To Attend A Dedication Ceremony In Honor Of Deputy Marcus Jones



Please join us as we honor him for his service and dedication to the Madison County Sheriff's Department and the Madison County School District  
When: Wednesday, June 6th at 2:00 p.m.  
Where: Four Freedoms Trail Rest Area, Located at the corner of NE Poppy Trail and NE Persimmon Drive

## Madison County Cowboys 6U T-Ball All-Star Team Hosts Political Rally Fundraiser

The Madison County Babe Ruth 6U T-Ball All-Star Team has been practicing hard and preparing for their upcoming All-Star tournament in Chiefland, FL on June 14-17.

To help them with the costs, they will be hosting a Political Rally on Friday, June 8, 2012 at Four Freedoms Park beginning at 6:00pm-8:00pm. They will have fresh watermelons and popcorn and coke for sale.

Any political candidate wishing to participate may have 5 minutes to campaign and then go for a swim in the Dunking Booth.

The team will also have their raffle tickets available to sell. Please come and support the T-Ball All-Star 6U Team!

Candidates please contact Channah Galbraith or Marie Smith to confirm your attendance. Thank you to those who have already signed up!

If you aren't able to make it, any donations will be greatly appreciated! All participants will be listed as a sponsor for our team. Thanks in advance.

The team includes: Jai-lyn Cooks, Parker Copeland, Trey Galbraith, Luke Hanners, Connor Lundy, Ethan Myers, Mason Plain, Blaine Smith, Gunnar Webb, Scott Williams, John Luke Wilson and Eli Underhill. The team is coached by Butch Galbraith, Tammy Leslie and Travis Smith.

Channah Galbraith: 850-973-0759 or Facebook: Channah Stewart Galbraith

Marie Smith: 850-973-7179 or Facebook: Marie Smith

## MADD Honors Sheriff's Office



Madison County Sheriff Ben Stewart commends the men and women of the Sheriff's Office for their continued commitment and dedication to serve the citizens of Madison County. On Monday, May 21, the Madison County Sheriff's Office was honored by the Mothers Against Drunk Driving (MADD) Florida 2012 Law Enforcement Recognition in Orlando for the Sheriff's Office proactive efforts resulting in a significant and positive impact in Madison County during the calendar year 2011.

The banquet and awards ceremony was attended by DUI victims and their families as well as Law Enforcement Officers and their families across the state of Florida. There were many honorees from the many different Law Enforcement agencies in Florida to include Florida Police Departments, Sheriff's Offices, Florida Highway Patrol, Florida Fish & Wildlife Conservation Commission and State Attorney's Offices.

Madison County Deputy Sheriff Corporal Jason Whitfield represented the Madison County Sheriff's Office in the "Outstanding Dedication to DUI Enforcement-Small/Rural Agency" category. The Madison County Sheriff's Office was nominated for their efforts in combating drunk driving. The enhanced enforcement of the Madison County Sheriff's Office deputies resulted in more than doubling the DUI arrests in 2011 from eight (8) in 2010 to eighteen (18) in 2011. This is a 125 percent increase in DUI arrest activity.

## Day Camp Registration For Health Scholars Is June 7

For sixth through ninth graders with an interest in fitness, nutrition, nursing or science, the Health Scholars 2012 Day Camp might be just the ticket. The camp, sponsored by Big Bend AHEC, North Florida Rural Health Care Workforce Development and North Florida Community College's Allied Health Department, runs Monday through Thursday, June 18-21, 8 a.m. until 5 p.m. Registration is Thursday, June 7, and the cost (\$50 per scholar) includes lunch and healthy snacks. Wear comfortable clothing.

To register or for more information, contact Kim Halfhill at (850) 973-9491 or visit the website at [communityeducation@nfc.edu](mailto:communityeducation@nfc.edu)

## Beware Of Utility Scam

The Florida Department of Agriculture and Consumer Services is warning consumers to be aware of a multi-state scam targeting utility customers. The scam claims that President Obama is providing credits or applying payments to utility bills. The scammers contact consumers through posted flyers, social media, texting and or visiting consumers in person. The scammers ask for the consumer's social security number and then provide a phony federal reserve bank routing number to use to receive the credit or bill payment. The routing number is fake and no payments are posted to the consumer's bill.

Consumers are warned not to provide personal information to strangers who come to your door or in response to unsolicited emails or social media posts. Question anyone who presents themselves as a representative of a utility company and ask for identification before allowing anyone inside your home or onto your property.

For additional information, contact the Florida Department of Agriculture and Consumer Services at [www.800helpfla.com](http://www.800helpfla.com) or by calling 1-800-HELP-FLA (435-7352) within Florida, 1-800-FL-AYUDA (352-9832) en Español or (850) 410-3800 from outside of Florida.

## Spirit Of Greenville To Host Fundraiser

The Spirit of Greenville will be selling chicken dinners in Haffye Hays Park on Saturday, June 9, from 10 a.m. to 2 p.m. to raise funds for the fireworks show to be held on July 4th.

Dinner plates  
1/2 Chicken  
Potato salad  
Baked beans  
\$6.00  
or

Whole Chicken & 2 sides \$10.00

### Index

2 Sections, 22 Pages

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### Local Weather

Wed 6/6 91/72



Variable clouds with thunderstorms, especially in the afternoon.

Thu 6/7 87/71



A few thunderstorms possible.

Fri 6/8 83/70



A few thunderstorms possible. Highs in the low 80s and lows in the low 70s.

Sat 6/9 87/68



Partly cloudy, chance of a thunderstorm.

# VIEWPOINTS & OPINIONS

## Red, White & True Mysteries

### Army Private From West Virginia Gets His Start As A Ventriloquist

Last week I told you that some of the story ideas for this column come from you, the readers.

Long-time reader Chris Wood of Brazil, Indiana, told me an interesting story about a former Army private named Jesse Knotts. Most of the stories in this column are about famous people, and I think it's a safe bet that you've never heard the name of Jesse Knotts.

Jesse was born in Morgantown, West Virginia, to William and Elsie Knotts in 1924. As a kid, Jesse was very weak and sickly, and was picked on by every bully he met. Even his father, who had suffered a nervous breakdown soon after Jesse was born, treated him poorly.

So Jesse had a rough childhood. That was about to change, though, once he entered the Army and got involved in entertaining his fellow troops. During his youth, Jesse had saved up his money and had begun to learn the art of ventriloquism.

He realized that he had the ability to make people laugh, and that would play a big part of Jesse's life until the day he died.

He served in the Pacific during World War II but did not see any combat; it's probably a good thing, too, because he was still very scrawny. In fact, he was that way the rest of his life.

He grew tired of performing with a dummy as a ventriloquist, so one day he threw the dummy overboard while on a ship in the Pacific. He claimed that he heard the dummy calling for help as it floated in the ocean!

When Jesse received his discharge from the Army, he decided to try his hand at acting. He appeared in a couple of little-known shows; one of

these shows was "No Time for Sergeant." While you might not recognize the name of that show, it was significant to Jesse's career because it is where he met the show's star.

When that star got his own show two years later, in 1960, Jesse joined the cast as his sidekick. The star was Andy Griffith and the show was, of course, "The Andy Griffith Show."

You know the star that Jesse Knotts became. You recognize him by his middle name of Don, as in Don Knotts. The scrawny little kid, who grew to just under 5 feet 7 inches tall, was nominated for an Emmy for best supporting actor for his portrayal of Deputy Barney Fife for each of his five seasons on "The Andy Griffith Show." He won all five times. He was ranked Number 27 on TV Guide's list of "50 Greatest TV Stars of All Time."

There's one other thing that you might not know about Andy Griffith and Barney Fife. Andy was originally scheduled to play the role of the funny guy, while Jesse would play the straight guy; however, it soon became obvious that Jesse had so much talent for comedy that he became the funny guy and Andy became the straight guy.

In 1992, Don Knotts' hometown of Morgantown, West Virginia, honored him with his own "Don Knotts" day, in which he was named as an honorary deputy with the local sheriff's department.

I wonder if that sheriff let him carry more than one bullet in his gun?

###

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National Security



Joe Boyles  
Guest Columnist

## D-Day

Sixty-eight years ago today, allied troops landed on the northern shores of France to begin the liberation of Europe from Nazi occupation. On a sixty mile stretch of beach in the region of Normandy, soldiers from America, Canada, Britain, and France struggled ashore against difficult weather conditions and intense enemy fire to secure a foothold on the continent. No military operation is as difficult as an amphibious assault and the Normandy landings remain the greatest seaborne invasion in the history of the warfare. The issue was in grave doubt when President Franklin Roosevelt went on radio that night and delivered this King James-style Anglican prayer to the nation in perhaps his most touching "fireside chat."

"Almighty God: Our sons, pride of our Nation, this day have set upon a mighty endeavor, a struggle to preserve our Republic, our religion, and our civilization, and to set free a suffering humanity.

Lead them straight and true; give strength to their arms, stoutness to their hearts, steadfastness in their faith.

They will need Thy blessings. Their road will be long and hard. For the enemy is strong. He may hurl back our forces. Success may not come with rushing speed, but we shall return again and again; and we know that by Thy grace, and by the righteousness of our cause, our sons will triumph.

They will be sore tried, by night and by day, without rest-until the victory is won. The darkness will be rent by noise and flame. Men's souls will be shaken with the violences of war.

For these men are lately drawn from the ways of peace. They fight not for the lust of conquest. They fight to end conquest. They fight to liberate. They fight to let justice arise, and tolerance and good will among all Thy people. They yearn but for the end of battle, for their return to the haven of home.

Some will never return. Embrace these, Father, and receive them, Thy heroic servants, into Thy kingdom.

And for us at home — fathers, mothers, children, wives, sisters, and brothers of brave men overseas — whose thoughts and prayers are ever with them— help us, Almighty God, to rededicate ourselves in renewed faith in Thee in this hour of great sacrifice.

we shall prevail over the unholy forces of our enemy. Help us to conquer the apostles of greed and racial arrogancies. Lead us to the saving of our country, and with our sister Nations into a world unity that will spell a sure peace a peace invulnerable to the schemings of unworthy men. And a peace that will let all of men live in freedom, reaping the just rewards of their honest toil.

They will be done, Almighty God. Amen."

Today, it is hard to imagine any president, but especially this president, delivering such a prayer to the nation. Times have changed. Say what you will about Roosevelt's handling of the economy during the Great Depression, but he was a superb wartime leader.

It is especially poignant to remember FDR's words in an earlier age when the world was threatened far more than today and sacrifice was never greater. More than half of our nation's World War II casualties lay ahead in the final 15 months of fighting as the epic battles of Normandy, the Siegfried Line, Arnhem, Hertzgen Forest, and the Rhine and a dozen more costly campaigns in the Pacific lay ahead.

They risked so much. We are eternally thankful, lest we forget.

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Madison County From the Beginning traces the history of Madison County, Florida from the creation of the supercontinent of Pangea 1,000 million years ago through 1999.

Written and illustrated by native Madisonian Tommy Greene, this book provides fascinating reading for history buffs anywhere. (144 pages, soft cover)

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In LIFE! Tommy Greene shares a smattering of his personal thoughts on how best to enjoy a happy and successful life, as well as some of his favorite quotes on the subject from some of the people who have lived it — from Albert Einstein to Zig Zigler, and many in between.

LIFE! is a pocket-sized book intended to be carried and dipped into from time to time. A book to be enjoyed as a source of inspiration, as well as the occasional chuckle. (72 pages, soft cover)

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**DOUBLE TAKE**

DOUBLE TAKE is a book intended to fuel the imaginations of readers of all ages. This richly illustrated book is filled with words that, on first glance, have obvious meanings. As Tommy Greene demonstrates, though, these words can make the reader stop and do a "Double Take."

The true meaning of each "Double Take" word is explained in a short, informative essay and beautifully illustrated with a highly detailed painting. A cartoon by Tommy Greene also accompanies each word, showing the alternate meaning that might be conjured up in one's imagination. (64 pages, soft cover)

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# AROUND MADISON

## FSU Medical Students Tour Madison Hospital



Greene Publishing, Inc. Photo by Lynette Norris, June 1, 2012

David Abercrombie (far left, back to camera) addresses the group of medical students touring the Madison County Memorial Hospital.

By Lynette Norris  
Greene Publishing, Inc.

Faculty and students from the Florida State University, College of Medicine, toured several health care facilities in Madison County including the hospital, on Friday, June 1, to see some examples of healthcare in rural areas. Faculty included Dr. Alma Littles, Senior Associate Dean, Dr.

Chris Leadem, Associate Dean, and Dr. Rob Campbell, Ass't Dean. Littles and Campbell practice family medicine, and Campbell also treats patients in Madison. Also present for the tour was Philip Wilkerson, MPA, Executive Director of the North Florida Rural Healthcare Workforce Development Network, an organization devoted to facilitating training, recruitment and retention of healthcare professionals in rural communities.

David Abercrombie, CEO of the Madison County Memorial Hospital, addressed the group of 37 students about the need for healthcare professionals in a rural environment, answering their questions and speaking frankly at times about the sometimes huge gaps between need and availability for some healthcare services.

But where there was a need, he told the group, there was also great opportunity for careers in the healthcare field, where they could get help with their medical

student bills in return for a commitment to serve in Madison for a period of time.

"The good side is you'll have a two-minute commute to work," he said. "The bad side is you'll have to drive 35 miles to see a movie."

It was, however, a much better lifestyle. "Most of us have done time in hospitals in big cities," he said, and as a result, had come to love the community of Madison for the people and the quality of lifestyle it offered.

In speaking of the 1954 facility they were touring, he described how the explosive growth in medical technology during the last few years meant some rooms were crammed full of equipment that had not existed 50 years ago; however in about a year's time, construction would have begun on the new hospital, with room to house the necessities of 21st century critical care access facility. The new hospital would also function as a satellite program for treatment of stroke,

alongside a significant public education campaign that would teach people how to recognize the early symptoms of stroke. The earlier stroke victims are treated, the better their prognosis.

After leaving the hospital, the group went on to visit the Madison County Health Department to hear from Nita Fico, ARNP, and Candy Dolce from SSTRIDE

(Science Students Together Reaching Instructional Diversity and Excellence).

From there, it was on to Greenville to tour Tri County Family Health Care and hear from Center Manager Shawn Hamm, then a final stop at Honey Lake Plantation for luncheon provided by Abercrombie and the Economic Development Council of Madison. Public Health

Officer Kim Barnhill, Director of both the Madison and Jefferson County Public Health Departments was the final healthcare professional to address the group before they returned to FSU.

"Our focus is always on the patient," Abercrombie had told the group earlier that day. "We believe in families, not business as usual."

### A NOTE FROM YOUR SUPERVISOR OF ELECTIONS

It's an exciting time at the Madison County Supervisor of Elections Office! This election year is off to a fast start. The citizens of Madison County are passionate about this great place in which we live and this is evidenced by the large number of candidates currently going through the qualifying process in order to run for the various local, elected positions. There are currently 33 individuals qualifying.

You will not be able to make your voice heard through the election process if you are not registered to vote. If you have not registered to vote yet, it's not too late. So far this year, voter registration drives have been held at Old Time Days in Lee, on site at North Florida Community College, Down Home Days, the 20th of May Jubilee Celebration and most recently at Project Graduation in an attempt to encourage our new graduates to get registered and participate in the democratic process. There will be more voter registration drives to come, so be on the look-out. Additionally, our staff is available to assist you with voter registration Monday- Friday from 7:30am to 5:30pm. Please stop by our

office or give us a call and give us the opportunity to assist you.

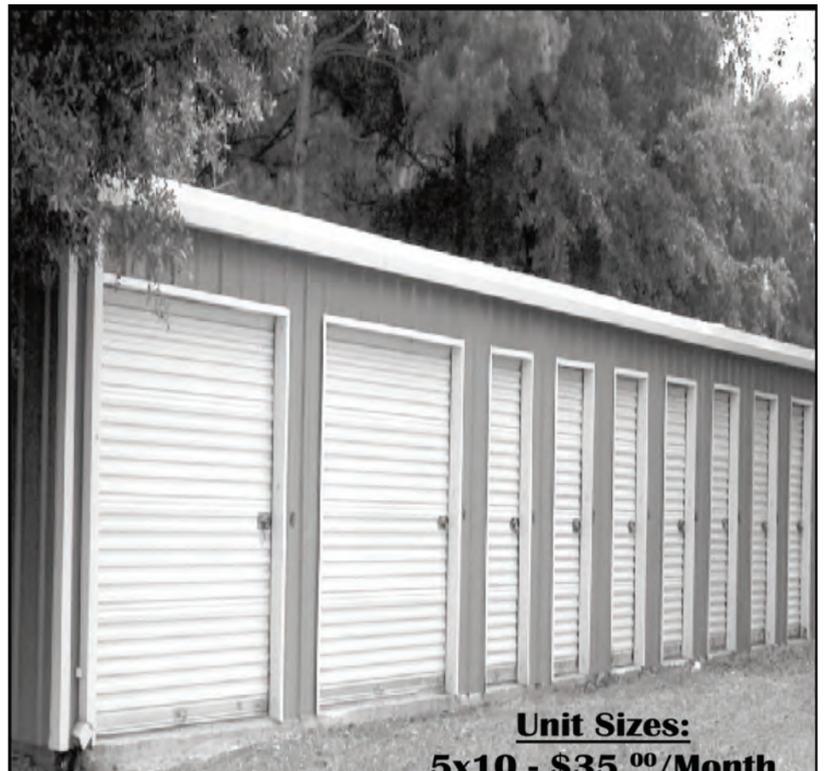
In addition to working to increase our voter roll, we are also looking to make your voting experience more convenient. Early voting will begin August 4th, 2012 and will end August 11th, 2012. During this time, early voting sites will be available in Greenville at the Senior Citizens Center, at Lee City Hall and your Madison County Supervisor of Elections Office. Any registered voter will be able to early vote at any of these sites, regardless of where you live in Madison County. Each site will be open to all voters that week, Monday through Friday from 9am to 5:30pm and Saturday and Sunday from 8am to 2pm.

I continue to remain excited about the changes taking place in this office. Please visit our website for up to date information related to this year's elections (www.votemadison.com). I will be speaking at the Madison County Library on June 16th and again at the Madison Senior Citizens Center on June 19th. Please join us to learn more about the work that is being done at your Supervisor of Elections Office.



Photo submitted by Philip Wilkerson

Kim Barnhill, Public Health Officer and Director of both the Madison and Jefferson County Health Departments, speaks to the same group of students later that day at the Honey Lake Conference Center.



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# AROUND MADISON COUNTY

## Obituary

### Blanche Hill Barfield

On the morning of Monday, May 21, 2012, God called our beloved mother home to rest. Blanche Hill Barfield was the oldest child of the late Henry Hill and the late Alberta Akins Hill. Blanche was born on November 12, 1927 in Madison. She attended the Madison County Public School System.



Blanche accepted Christ as her Savior at an early age and joined Cascade Missionary Baptist Church. Blanche was united in holy matrimony to Samuel Barfield, Sr. (deceased) and was a loving wife, homemaker and farmer. She leaves to cherish her memories: four daughters, Johnnie Mae Barfield of Sarasota, Dorothy Barfield of Madison, Deloris Barfield of Bradenton and Janie Barfield of Madison; three sons, Roosevelt Barfield of Madison, Sgt. Major (Ret.) Samuel (Bertha Mae) Barfield, Jr. of Harker Heights, Texas; Jimmie Lee Brown, Jr. of Las Vegas, Nev.; eight sisters, Edna Mae Blackshear (deceased) of Madison, Thelma Weston of St. Petersburg, Evelyn Hill of Madison, Rose Thompson, Alberta Smith, Geneva Jackson, Gloria Johnson and Ruby Humphrey, all of Sarasota and Charles Hill of Sarasota. She also leaves to mourn 16 grandchildren, 28 great-grandchildren; six great-great grandchildren, as well as a host of nieces, nephews, cousins and friends.

#### Thank You

We, the family of the late Blanche Barfield, would like to express our sincere appreciation for the many expressions of love, kindness and prayers that have served as a source of comfort, strength and consolation to us during our bereavement. Many thanks to the Cooks-Cooper Funeral Home staff.

May God continue bestowing his blessings up each of you.

The family

## Order of the Eastern Star Recognizes Karen FerDon



Photo submitted

The Order of the Eastern Star paid tribute to Karen FerDon for her selfless service to OES and the community as the 2011 District 5 Grand Instructor. Front row, left to right: Deborah D'Attila, Nancy Banks, Jennifer Stanley, Elizabeth Sawin, Karen FerDon, Edith Terry, Marcia Sawin, C.D. Agner. Second row, left to right: Homer Melgaard, Bert Banks, Mary Helen Studebaker, Richard Terry and Roy Hibbs.



Photo submitted

Richard Terry, Worthy Patron, left, and Edith Terry, Worthy Matron, right, are shown with Karen FerDon, who served as Grand Instructor for District 5 in 2011.

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LEGAL NOTICE

# Deepwater Horizon Oil Spill

## Medical Benefits Settlement

### Providing Benefits to Clean-Up Workers and Certain Gulf Coast Residents

If you have a medical claim related to the Deepwater Horizon oil spill, you could get benefits from a class action settlement with BP Exploration & Production Inc. and BP America Production Company ("BP"). Go to [DeepwaterHorizonSettlements.com](http://DeepwaterHorizonSettlements.com) for more information, including information on how to file a claim.

#### WHO IS INCLUDED IN THE MEDICAL BENEFITS SETTLEMENT?

The Medical Class includes (1) clean-up workers and (2) certain people who resided in specific geographic areas in coastal and wetlands areas along the Gulf Coast during specific periods in 2010. The website [DeepwaterHorizonSettlements.com](http://DeepwaterHorizonSettlements.com) has detailed descriptions and maps to help you determine whether a geographic location may be included in one of these zones. Additionally, you can call 1-866-992-6174 or e-mail [info@DeepwaterHorizonMedicalSettlement.com](mailto:info@DeepwaterHorizonMedicalSettlement.com) to find out if a geographic location is included.

#### WHAT DOES THE MEDICAL BENEFITS SETTLEMENT PROVIDE?

The benefits of the Medical Benefits Settlement include: (1) payments to qualifying people for certain acute (short-term) and chronic (ongoing) medical conditions occurring after exposure to oil or chemical dispersants; (2) provision of periodic medical examinations to qualifying people; and (3) creation of a Gulf Region Health Outreach Program, consisting of projects to strengthen the healthcare system. Benefits (1) and (2) will be provided only after the Court grants final approval and any appeals are resolved.

#### HOW TO GET BENEFITS FROM THE MEDICAL BENEFITS SETTLEMENT

You need to submit a Claim Form to request benefits. You can get a copy of the Claim Form by visiting the website or by calling 1-866-992-6174. Claims can be

submitted by mail. If you have questions about how to file your claim, you should call the toll-free number for assistance.

The deadline for filing a Claim Form is one year after the Medical Benefits Settlement becomes effective (that is, after the Court grants "final approval" and any appeals are resolved). The exact date of the claim filing deadline will be posted on the website. It is highly recommended that Medical Class Members complete and submit their claim forms promptly. Please read the Economic and Property Damages Settlement notice because you may also be eligible for a payment from that settlement.

#### YOUR OTHER OPTIONS

If you do not want to be legally bound by the Medical Benefits Settlement, you must Opt Out or exclude yourself by **October 1, 2012** or you won't be able to sue BP over certain medical claims. If you stay in the Medical Benefits Settlement, you may object to it by **August 31, 2012**. The Detailed Notice explains how to exclude yourself or object.

The Court will hold a hearing on **November 8, 2012** to consider whether to approve the Medical Benefits Settlement. You or your own lawyer may ask to appear and speak at the hearing at your own cost. Class Counsel will ask the Court to consider an award of fees, costs, and expenses of 6% of the value of the benefits actually provided under the Medical Benefits Settlement Agreement. Class Counsel fees, costs, and expenses under the Medical Benefits Settlement Agreement and the Economic and Property Damages Settlement Agreement jointly cannot exceed \$600 million. Class members' payments will not be reduced if the Court approves the payment of Class Counsel fees, costs, and expenses because BP will separately pay these attorney fees, costs, and expenses.

## Economic and Property Damages Settlement

### Providing Money to Individuals and Businesses

If you have economic loss or property damage because of the Deepwater Horizon oil spill, you could get money from a class action settlement with BP Exploration & Production Inc. and BP America Production Company ("BP"). Go to [DeepwaterHorizonSettlements.com](http://DeepwaterHorizonSettlements.com) for more information, including information on how to file a claim.

#### WHO IS INCLUDED IN THE ECONOMIC & PROPERTY DAMAGES SETTLEMENT?

The Economic and Property Damages ("E&PD") Settlement Class includes people, businesses, and other entities in the states of Louisiana, Alabama and Mississippi, and certain counties in Texas and Florida, that were harmed by the oil spill. The website [DeepwaterHorizonSettlements.com](http://DeepwaterHorizonSettlements.com) has detailed descriptions and maps to help you determine whether a geographic location may be included in the E&PD Settlement. Additionally, you can call 1-866-992-6174 or e-mail [questions@DeepwaterHorizonEconomicSettlement.com](mailto:questions@DeepwaterHorizonEconomicSettlement.com) to find out if a geographic location is included.

#### WHAT DOES THE ECONOMIC & PROPERTY DAMAGES SETTLEMENT PROVIDE?

The E&PD Settlement makes payments for the following types of claims: (1) Seafood Compensation, (2) Economic Damage, (3) Loss of Subsistence, (4) Vessel Physical Damage, (5) Vessels of Opportunity Charter Payment, (6) Coastal Real Property Damage, (7) Wetlands Real Property Damage, and (8) Real Property Sales Damage. There is no limit on the total dollar amount of the E&PD Settlement; all qualified claims will be paid.

#### HOW TO GET BENEFITS FROM THE ECONOMIC & PROPERTY DAMAGES SETTLEMENT

You need to submit a Claim Form to request a payment. You can get a copy of the various Claim Forms by visiting the website or by calling 1-866-992-6174. Claims can be submitted online or by mail. If you have questions about how to file your claim, you should call the toll-free number for assistance.

The deadline to submit most E&PD claims will be April 22, 2014 or six months after the E&PD Settlement becomes effective (that is, after the Court grants "final approval" and any appeals are resolved), whichever is later. There will be an earlier deadline to submit E&PD Seafood Compensation claims. The earlier deadline to submit Seafood Compensation claims will be 30 days after final approval of the Settlement by the United States District Court for the Eastern District of Louisiana (regardless of appeals). Actual claim filing deadlines will be posted on the website as they become available. Valid claims will be paid as they are approved, beginning shortly after the Court-Supervised Settlement Program commences. It is highly recommended that E&PD Settlement Class Members complete and submit their claim forms promptly. Please read the Medical Benefits Settlement notice because you may also be eligible for benefits from that settlement.

#### YOUR OTHER OPTIONS

If you do not want to be legally bound by the E&PD Settlement, you must Opt Out or exclude yourself by **October 1, 2012** or you won't be able to sue BP over certain economic and property damage claims. If you stay in the E&PD Settlement, you may object to it by **August 31, 2012**. The Detailed Notice explains how to exclude yourself or object.

The Court will hold a hearing on **November 8, 2012** to consider whether to approve the E&PD Settlement. You or your own lawyer may ask to appear and speak at the hearing at your own cost. The Court will also consider Class Counsel fees, costs, and expenses including an interim payment of \$75 million and additional awards equal to 6% of class claims and benefits paid. Class Counsel fees, costs and expenses under the Economic and Property Damages Settlement Agreement and the Medical Benefits Settlement Agreement jointly cannot exceed \$600 million. Class members' payments will not be reduced if the Court approves the payment of Class Counsel fees, costs, and expenses because BP will separately pay these attorney fees, costs, and expenses.

# AROUND MADISON COUNTY

## Hurricane Readiness Event To Be Held At Studstill Lumber

By Lynette Norris  
Greene Publishing, Inc.

On the morning of June 1, the first day of hurricane season, a dark storm cloud was fast approaching from the east as Tom Cisco, Madison's Director of Emergency Services, talked about hurricane preparedness for Madison County.

Although national weather services have predicted a less busy hurricane season for 2012, the fact that there have already been two named storms so far this year (Alberto and Beryl) are reminders that the weather doesn't obey the calendar.

On the plus side, there is time to prepare for a hurricane. Unlike a tornado that can form and drop down out of a cloud within minutes, a hurricane forms slowly over warm ocean water and takes several days to grow. Its path can be predicted days in advance, giving people time to gather supplies and decide whether to stay and ride it out or evacuate to a safer location.

"I'd like everybody to just leave and go someplace safe," said Cisco. But no matter what they decide, stay or go, they will need enough supplies to last them several days.

In order to get people thinking about their "Hurricane Survival Kits," Madison EMS is holding a "Hurricane Awareness Day" Saturday, June 9, from 8 a.m. to 3 p.m. at Studstill Lumber Company, 702 S. Duval St. EMS will have a pavilion tent with free 2012 Hurricane Survival Guide booklets filled with information, listing everything needed and spelling out action plans for either staying put or evacuating. There will also be free hot dogs from 11 a.m. until 1 p.m. EMS personnel will be on hand to answer any questions you may have, and you can also take a look at the department's emergency vehicles and equipment.

Studstill's will be stocked up on all the items needed for putting together "hurricane survival kits," and Cisco emphasized that the best time to prepare was when there was no hurricane on the

horizon: when there is time to calmly shop and put together survival kits, organize important papers, talk to family members, plan escape routes and think about shelter arrangements should it become necessary to leave.

If it does come down to a mandatory evacuation, having survival kits ready, waiting and sitting on go means being able to load up quickly and get a head start on the traffic, clearing out of the region before the roads become clogged.

Waiting until the area is under a hurricane watch or warning to buy supplies runs the risk of those supplies being sold out; leaving at the last minute means not only dealing with heavy traffic, possibly in stormy conditions, but also increases the chances of an accident or other emergency.

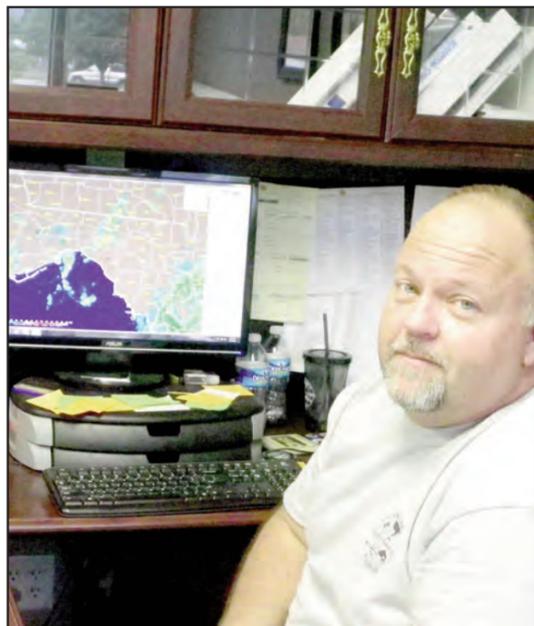
One thing to keep in mind is that once winds reach a sustained speed of 35 miles per hour, all first response emergency vehicles (EMS, sheriff, police, fire department, etc.) will be off the road and waiting out the storm.

The main evacuation routes out of Madison include SR 53, 145, I-10 and Hwy. 90, depending on which direction the storm is coming from. Also, if you are evacuating with pets, know which shelters allow pets. Locally, the shelter at Madison County Central School has a separate area where pets can stay, and the shelter in Suwannee County is also pet-friendly. If you plan on staying in a hotel, check to make sure it accepts pets and bring pet food and any medications your pets need.

Before you leave, or if you decide to stay, bring in or tie down any lawn furniture, lawn ornaments, potted plants, bird houses, bird feeders, barbecue grills, tools or other implements that could become flying missiles in storm winds.

For a complete list of everything you need to know and do to be ready, stop by the EMS tent at Studstill's Saturday, grab a hurricane guide and talk to the professionals.

There's no time like the present.



Greene Publishing, Inc. Photo By Lynette Norris, June 1, 2012

Tracking weather conditions from his computer, Director of EMS Tom Cisco talks about the importance of being ready for hurricane season.

## Men's Brotherhood Meeting To Be Held At Burnette Farms

By Bryant Thigpen  
Greene Publishing, Inc.

What began some time ago as just a mere thought was put into action and has been a great success for the men of Madison and Hamilton Counties. Every second Tuesday of each month, men gather from all around at the Burnette Farms to enjoy an evening of great fellowship, music and encouraging words.

Beginning at 6:30 p.m., people from all around begin together for a steak dinner with a

baked potato, salad and sweet tea. A donation is asked to help cover the expenses of the meal, but it's not required.

"We just want people to come out and have a great time," stated Timmy Dyke, pastor of Pleasant Grove Baptist Church in Madison.

Special music is provided by local singers and musicians prior to the guest speaker taking the platform. This month's speaker is Ward Holton. Holton is a native of Hamilton County who now serves as a

Highway Patrolman in the State of Georgia.

"This is a great event to bring people to who won't walk inside a church building," Dyke said. "We enjoy a great meal and have a great time, but the gospel is also presented at each gathering. It's an awesome way to reach our friends and family."

Burnette Farms can be found by traveling on Highway 6 toward Jasper. After crossing the Blue Springs bridge, take the first paved road to the right. Go approxi-

mately four miles and the farm is located on the left.

Those wishing to attend are encouraged to RSVP by calling Timmy Dyke at (850) 464-8107.

### Hurricane Awareness Day 2012

Don't Let Hurricane Season catch you off guard!  
Come Learn more about preparedness & pick up your 2012 Hurricane Survival Guides!

Saturday, June 9, 2012 • 8 a.m. - 3 p.m.  
Studstill Lumber Company  
702 S. Duval St • Madison, FL

Come Out Between 11 a.m. & 1 p.m. and Enjoy a Free Hot Dog When You Pick Up Your 2012 Survival Guide!

- EM Staff will be on hand to answer any questions •
  - Enter To Win a Survival Kit •
  - Shop Studstill's for your Preparedness Items •
- Presented By Madison County Emergency Management & Studstill Lumber Company

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Save	\$10	\$20	\$30	\$40	\$50	\$60	\$70	\$80	\$90	\$100

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# SCHOOL

## Covenant Bible College Celebrates 2012 Graduating Class

By Bryant Thigpen  
Greene Publishing, Inc.

Covenant Bible College and Seminary had its graduation ceremony on Tuesday, June 5, at 7 p.m. at the First Baptist Church of Madison. This year's guest speaker was Dr. William Morris, chancellor and founder of Covenant Bible College.

It's important for each person entering into the ministry to be equipped both practically and theologically. With many different degree programs to choose from, Covenant College is ready to prepare individuals for their future ministry, or ones who seek to grow spiritually through enhancing their biblical knowledge.

After the graduation ceremony, Student Application Packets and Information Booklets were available at the reception for those wishing to register for classes beginning early fall. Applications can still be obtained by emailing [cbcstoday@gmail.com](mailto:cbcstoday@gmail.com).



Photo submitted

Covenant Bible College will be holding its graduation ceremony on Tuesday, June 5, at the First Baptist Church of Madison. Pictured left to right are John Peterson, pastor of New Life Christian Church International; Dr. Connie Peterson, National and International Director of Campuses and Distant Learning; and Dr. William Morris, Founder and Chancellor.

**Congratulations to the 2012 class of Covenant Bible College and Seminary.**

**Diploma of Theology:**  
Cassandra Lee Newstead

**Associate of Science in Theology:**  
Timothy D. Blanton  
Barbara Elaine Brown  
Alfonso Frazier  
Josie M. Graham  
Phillip Maurice Jackson  
Edith D. Page  
Broderic Vadell Roberson  
Archie W. Strickland

**Advanced Associate of Science in Theology:**  
Kathleen M. Harvey  
Freddie Perry II  
Takisha Wyche  
Washington  
Darryl Graham Wright

**Bachelor of Science in Theology:**  
Madelinea C. Bass  
Ava Davis Curry  
Rickey L. Curry  
Lucrea A. Graham  
Inez Levingston-Williams

## MCCS Students Receive New Bicycles



Photo submitted

Alana Demps is seen with her new bike. She is joined by Mat and Patricia King, whom donated the bike.

By Kristin Finney  
Greene Publishing, Inc.

Students at Madison County Central School have been working hard this year for the chance to receive a new bicycle that was donated by Matt and Patricia King. Matt and Patricia donated the bicycles to the Central School to be given to the first elementary boy and girl at MCCS to reach 200 Accelerated Reader points. Students receive AR points by reading books and taking Accelerated Readers tests on what they have read.

The winners of the two bikes were Sam Stanley, third grade, and Alana Demps, second grade. Stanley is the son of Jason and Jennifer Stanley. He finished the year with 480 points. Alana is the daughter of Allen and Renee Demps. She finished the year with 550 points. Both Stanley and Demps reached the 200 point mark back in December.

Matt and Patricia have three children that attend MCCS: Matthew, 8th grade, Dylan, 7th grade, and Sonny, Kindergarten.

The students and staff at MCCS really appreciated these parents for donating the bicycles and helping to reward the students.



Photo submitted

Sam Stanley is seen with his new bike.

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# Classifieds.....

Deadline For Classifieds  
(850) 973-4141  
3:00 p.m. Every Monday

## SERVICES

I am a retired nurse; and want to do private duty work with the elderly. If you can use me, I am available for any shift. Excellent references. 464-7276 (Cell)

run, n/c

**Piano lessons** are being offered for individuals who are beginners or veteran players who wish to build or polish their skills. Lessons are one-on-one and reasonably priced! For more information, call (850) 464-0114 or (850) 973-4622.

6/18, run, n/c

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Complete Auto Painting, Body and Collision Repair, Replace Window Motors, Headlights Resurfaced, Dent and Ding Removal, Frame Straightening, and Bedliners. We Accept Insurance Repairs  
1524 S. SR 53, Madison.  
(850) 97-FIXIT  
(973-4948)

2/8 - run, n/c

## ACCEPTING BIDS

The Madison County Health Department is requesting bids for janitorial services for the main unit and the annex. The term will be July 1, 2012- June 30, 2013. Deadline for bids will be close of business June 8, 2012. Please inquire at the main health department.

6/6, c

## WANTED

**Wanted**  
Peacocks, guinea and turkeys. 1-850-661-6868.

4/18 - run, n/c

## YARD SALE

Yard Sale Friday & Sat. June 8th & 9th  
End tables, club chair, old quilt, tea leaf, crockery, wall pics, frames, clothes, books, computers, printers, ATV helmets, office table, jewelry, antiques, designer clothes and accessories, treasures and the house is for sale too.  
204 N. Washington Street.  
11 a.m. - 6 p.m. Friday.  
10 a.m. - 2 p.m. Saturday.

6/6, c

## FOR SALE

2003 Mobile Home 2 BD 2 BA 14x70, good condition. You move. Call 971-4156.

6/6, 6/13, pd

**New crop**  
Coastal Bermuda Hay. Round rolls and square bales. Call (home) 850-971-5517 or (cell) 850-869-9299.

6/6 - 6/27, c

## HOUSES FOR SALE

2 bedroom, 2 bath frame house on 3/4 acre lot with 2 out. Building for sale by owner. Down town Lee, FL. 386-719-0421. City water. Tax parcel I.D. # is 03-1S-10-1057-000-000. \$59,000 price firm.

8/3 - run, n/c

2 bedroom, 1 bath frame house fully furnished located at the mouth of the Suwannee, where the land, sea and sky meet. Yard has fruit trees and is fenced. Tax parcel I.D. # is 191312-3285000K-0030. Has city water, sewer and cable available. 386-719-0421. \$68,000.

8/3 - run, n/c

## MOBILE HOMES FOR SALE

\$15,000. Discounts on doublewides. Must go. Call Mitch at (386)-288-0109.

10/26, run, c

Cash in a flash for your used mobile home. Will come look and make you an offer. Call Lynn at (386)-365-4774.

10/26, run, c

6 acres and 28x.80. 4 BR, fenced & cross fenced. Country living at its best. Call Mitch at (386)-288-0109.

10/26, run, c

Money to lend for doublewides & singlewides with or without property. Call Mitch at (386)-288-0109.

10/26, run, c

## MOBILE HOMES FOR SALE

Mobile home financing available for everyone. New and used. Call Mitch and let M.H.M work for you. (386)-288-0109.

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## LAND FOR SALE

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• Cayenne Rd. 10ac \$27,995 rolling hills, woods \$2000 down 250/mo  
• Cayenne Rd. 3ac \$14,995 rolling hills, woods \$1000 down 150/mo  
• Hwy 90 East 3.8ac \$19,995 wooded \$2000 down 200/mo  
• Hwy 90 East 10ac \$39,995 wooded \$3000 down 385/mo  
• Cactus Rd. 8.5ac \$44,995 wooded and fields \$3000 down 425/mo  
**Pinetta**  
• Oak Hills Rd 5ac \$27,995 \$2000 down 250/mo  
• Persimmon Dr. 5ac \$27,995 \$2000 down 250/mo  
Larger Farms and Commercial  
CALL CHIP BEGGS  
850-973-4116.  
chipbeggs@embarqmail.com

5/23 - run, c

## FOR RENT

**2 BD Trailer For Rent**  
869-0916.

2/8 - run, c

House for Rent in Lee. 2 BD 1 BA. 400/month, 300/deposit. No pets. Call (850)-971-5809.

6/6, pd

Trailer for Rent  
2 BD and 3 BD for rent. Water furnished. No calls after 8 p.m. (850)-973-6735. 1/4 mile out of city limits.

6/6, pd

**FOR RENT**  
**Condo at Keaton Beach Landing.**  
2 BR, 2 1/2 Bath.  
Website: VRBO #345794.  
1-850-971-2811 (Office)  
1-850-838-5660 (Cell)  
hlrbjr@gmail.com

4/18-6/27, c

**Renovated 2-story, 3BR/2BATH house.**  
Excellent located at 205 Shelby Street. Stucco Exterior. Convenient off-street parking. Free lawn maintenance. \$700.00. Dixie Properties (850) 656-6340.

12/7 - run, c

Super, newly furnished **1BR apartment.** Twin beds included, washer/dryer. Owner maintains lawn. Great neighborhood. Located at 193 Shelby Street. Off-street parking. \$500.00. Dixie Properties (850) 656-6340.

6/29 - run, c

**3 BD 2 BA Mobile Home** on lake. Central Heat and Air. 1 year lease. No pets. \$550 rent/\$600 deposit. (850)-929-4333.

**1 BD 1 BA on lake.**  
1 year lease. No pets. \$400 rent/\$400 deposit. (850)-929-4333.

5/2 - run, c

**Madison Heights Apartments**  
1,2,3 & 4 bedroom apts. Section 8 Housing designed for low income families 150 SW Bumgardner Dr. Madison, FL  
**Phone 850-973-4290**  
**TDD 711**  
Equal Housing Opportunity

6/22, run, c

## Greenville Pointe Apartments

**\$199 Move-In Special!!**  
**1, 2 & 3 BR HC & non-HC accessible apts.** Rental assistance may be available. HUD vouchers accepted. Call **850-948-3056. TDD/TTY 711. 192 NWB Greenville Pointe Trail, Greenville, FL 32331.**  
**Equal Housing Opportunity**

run, c

**To Place Your Classified**  
Call 973-4141

## FOR RENT

Mobile Home for rent. 3 BD 2 BA, central heat and air. Located in the Blue Springs area. Call (home) (850)-971-5517 or (cell) (850)-869-9299.

6/6 - 6/27, c

## Southern Villas of Madison Apartments

Rental assistance may be available. HUD vouchers accepted. 1, 2, & 3 BR HC & non-HC accessible apts. Call 850-973-8582, TDD/TTY 711. 315 SW Lawson Circle, Madison, FL 32340. Equal Housing Opportunity. "In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, age, disability, religion, sex, and familial status. (Not all prohibited bases apply to all programs.) To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW., Washington, D.C. 20250-9410 or call (800)-795-3272 (voice) or (202)-720-6382 (TDD)." "This institution is an equal opportunity provider and employer." TDD phone number



## Cambridge Manor Apartments

404 Sumatra Avenue Office 102  
"A Community Reserved For Elderly And Disabled"  
1+2 bedroom apartments handicap+non handicap HUD vouchers accepted central heat & air, carpet, electric stoves and refrigerators, on site manager, laundry facilities and a community room. Call (850)-973-3786. TDD 711. Rental Office on site. Equal housing opportunity. "In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, age, disability, religion, sex, and familial status. (Not all prohibited bases apply to all programs.) To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW., Washington, D.C. 20250-9410 or call (800)-795-3272 (voice) or (202)-720-6382 (TDD)." "This institution is an equal opportunity provider and employer." TDD phone number



## HELP WANTED

**You Can Be A CNA**  
Quest training offering CNA prep classes. No GED or HS diploma required if age 18. Registered nurse instructor. Day and evening classes. 386-362-1065.

6/6 - 6/27, pd

**BCBS Insurance Specialist**  
Billing experience required  
**C.N.A./Clinic Referral Clk**  
**Home Health RN**  
DMH, Perry, FL.  
Email: dianam@doc-torsmemorial.com  
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6/6, c

**North Florida Child Development, Inc.**  
Is seeking **Preschool Teacher** for our Madison County Head Start Center Must have BS/BA degree in Early Childhood Education And required 45-Hours DCF training. Closing: June 15, 2012 Please call Sebrina @ 639-5080 ext 10 Or Curtis @ 464-7248 applications are located at www.floridachildren.org Or send resumes to smcgill@floridachildren.org DFWP/M-F/7-3/EOE.

5/30, 6/6, c

## HELP WANTED

**Office Manager/ Administrative Assistant**  
Local CPA firm seeking highly responsible person. Excellent opportunity, candidate must possess strong people and computer skills, accounting and payroll background most helpful, send resume to Buescher & Ruff, CPAs, P. O. Box 570, Madison, FL 32341.

6/1, 6/6, c

**Help Wanted - Family Case Manager.**  
North Florida Child Development, Inc.'s Greenville Head Start Center is seeking a full time Family Case Manager. This position will establish partnerships with families to ensure high quality comprehensive services. Must have a Bachelor's degree in social work or related field and two years of experience. NFCD offers an attractive benefit package (health, dental, life, disability, sick leave, etc.). Send resumes to NFCD, Human Resources, PO Box 38, Wewahatchka FL 32465 or fax (850) 639-6167 or smcgill@floridachildren.org Closing Date: June 20, 2012 EOE/M/F/DFWP

5/2 - run, c

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# Legals

Notice Under Fictitious Name Law Pursuant to Section 865.09, Florida Statutes Roderick K Shaw III, DMD, P.A. located at 255 N.E. Duval Avenue, in the county of Madison, in the City of Madison, Florida intends to register the name "Shaw Dental" with the Division of Corporations of the Florida Department of State, Tallahassee, Florida dated at Madison, Florida, this first Day of June 2012.

6/6, 6/8, 6/13, 6/15

**LEGAL NOTICE**  
The Suwannee River Economic Council, Inc. Board of Directors will hold a Finance & Audit Committee Meeting on **Wednesday, June 20, 2012, 9:00 A.M.** at Suwannee River Economic Council, Inc. Administration Office located in Live Oak, Florida.

6/6

**LEGAL NOTICE**  
**SUWANNEE RIVER WATER MANAGEMENT DISTRICT MODIFIED PHASE III WATER SHORTAGE ORDER NUMBER 12-0005 EFFECTIVE JUNE 13, 2012**

The Suwannee River Water Management District's Governing Board has declared a Modified Phase III Water Shortage pursuant to the provisions of 40B-21, Florida Administrative Code (F.A.C.)

**ORDERED**

Based on Findings of Fact and Conclusions of Law, it is hereby ORDERED:

- A Modified Phase III Water Shortage is declared for all ground and surface waters within the District's fifteen-county area.
- County and city officials and all law enforcement authorities shall enforce this Order when requested, pursuant to the Plan and Section 373.608, F.S. Penalties subject to 373.613, F.S.
- Water shortage restrictions enacted by county and city officials affecting their local jurisdictions ("Local Action") that are as restrictive as this Modified Phase III Water Shortage Order are hereby nullified and authorized to continue in effect. In the event that a Local Action is less restrictive than this Order, this Order shall supersede the Local Action, unless the county or city officials obtain a variance or waiver from this Order.
- This order shall remain in effect from June 13, 2012, until September 30, 2012, unless otherwise modified, revoked, or rescinded by the Governing Board.

**ALL WATER USERS:**  
Lawn and landscape watering is limited to the hours of 10 p.m. to 6 a.m. once per week as follows:

Addresses with House Numbers:	May only irrigate on:
Ending in 0 or 1	Monday
Ending in 2 or 3	Tuesday
Ending in 4 or 5	Wednesday
Ending in 6 or 7	Thursday
Ending in 8 or 9	Friday
No address (community common areas, etc.)	Friday

**CAR WASHING**

- Car washing by individuals and businesses shall be limited to once per week on the designated watering day for the location.
- Fundraising and commercial car washes, including mobile detail businesses may operate on any day.
- Emergency and other responder vehicles may be washed on any day as needed.

**WATER UTILITIES:**

- To the greatest extent practicable, utilities shall institute conservation measures such as improving and accelerating leak detection surveys and repair programs, installing and calibrating meters, and stabilizing and equalizing system pressures.
- New water line flushing and disinfection shall be limited to minimum requirements.

**QUESTIONS:**  
Please call 386.362.1001 or 800.226.1066 (Florida only) or visit our website at [www.srwm.com](http://www.srwm.com)

This notice is only a summary of the Suwannee River Water Management District Water Shortage Order Number 12-0005. For complete information, please visit the District's website.

Pursuant to the provisions of the Americans with Disabilities Act, any person requiring special accommodations is asked to advise the District by calling (386) 362-1001 or (800) 226-1066 (Florida Only). If you are hearing or speech impaired, please contact the agency using the Florida Relay Service, (1-800-955-8770) (TDD) or (1-800-955-8770) (Voice).

6/6

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**SUNTRUST MORTGAGE, INC.**  
Plaintiff,

vs.

S.W. ELLIS; PAUL ELLIS JR.; UNKNOWN TENANT (S); IN POSSESSION OF THE SUBJECT PROPERTY.  
Defendants.

**RE-NOTICE OF FORECLOSURE SALE**  
(Please publish in MADISON COUNTY COURIER)

NOTICE IS HEREBY GIVEN pursuant to an Order Resetting Foreclosure Sale dated the 31 day of May, 2012, and entered in Case No. 40-2009-CA-000423, of the Circuit Court of the 3rd Judicial Circuit in and for Madison County, Florida, wherein SUNTRUST MORTGAGE, INC. is the Plaintiff and S.W. ELLIS, PAUL ELLIS JR and UNKNOWN TENANT (S) IN POSSESSION OF THE SUBJECT PROPERTY are defendants. The Clerk of this Court shall sell to the highest and best bidder for cash at the FRONT DOOR OF THE MADISON COUNTY COURTHOUSE, 125 W. RANGEL, MADISON, FL 32340, 11:00 AM on the 14 day of June, 2012, the following described property as set forth in said Final Judgment, to wit:

THE WEST HALF OF THE SOUTHWEST QUARTER OF THE NORTHEAST QUARTER OF SECTION 18, TOWNSHIP 2 SOUTH, RANGE 7 EAST, MADISON COUNTY, FLORIDA, AND THE EAST HALF OF THE SOUTHEAST QUARTER OF THE NORTHWEST QUARTER OF SECTION 18, TOWNSHIP 2 SOUTH, RANGE 7 EAST, MADISON COUNTY, FLORIDA.

ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE.

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Individuals with a disability who require special accommodations in order to participate in a court proceeding should contact the ADA Coordinator, 173 N.E. Hernando Avenue, Room 408, Lake City, FL 32055, (386) 719-7428, within two (2) business days of receipt of this notice to appear. Individuals who are hearing impaired should call (800) 955-8771. Individuals who are voice impaired should call (800) 955-8770.

Dated this 7 day of June, 2012.

TIM SANDERS  
Clerk Of The Circuit Court  
By: *Jamison Dickerson*  
Deputy Clerk

6/6, 6/13

**All Legals are posted on line at [www.greenepublishing.com](http://www.greenepublishing.com)**



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**Deadline for Legals! Every Monday and Wednesday 3 p.m.**

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# HEALTH & NUTRITION

## Tips To Beat The Heat

(NAPS)—Here's eye-opening information: Whether you get enough sleep can affect your mood, your weight, even your heart health. Fortunately, there are things you can do to improve your chances of getting a good night's sleep.

Summer heat and additional hours of sunlight can take a toll on our sleep quality. In fact, a recent Sleep Number survey revealed that 37 percent of people struggle to catch restorative sleep during the summer months—more than any other season.

"For example," said Pete Bils, Vice President of Sleep Innovation and Research at Sleep Number, "in order to fall asleep, the normal sleep cycle requires our body temperature to drop, and the excess body heat we release is absorbed by our bedroom and mattress. If the room is too hot or the bedding isn't breathable, the heat will be trapped next to us—making it difficult to get quality sleep."

Bils offers the following tips to help people get great sleep:

- Excessive temperatures and humidity disrupt sleep
- The optimal sleeping temperature is 65 degrees Fahrenheit with 65 percent humidity. So use a fan or a lightweight blanket during the summer, or adjust your thermostat to maintain a more comfortable sleeping temperature.
- Body heat is released through your feet, head and hands, so keep them uncovered.
- Go to bed with damp hair. As the water evaporates, it creates a cooling effect.
- Light is the most powerful influence on your sleep schedule
- The increase in daylight hours tends to delay bedtime, pushing people to get less shut-eye than they need. Use light-blocking blinds or curtains or wear an eye mask at night to help you fall asleep.
- About an hour before bed, don't expose yourself to bright lights or screens (overhead lighting, television, phone, etc.). The natural sleep process, the secretion of melatonin, begins when exposed to dim light.

Maintain constant sleep and workout sched-



Keep your room cool and the lights dim around bedtime for a better chance of sleep.

ules

- Avoid the tendency to stay up late and sleep in during vacation. Altering your sleep schedule midweek actually creates jet lag-like symptoms, which impact your motor skills, concentration, mood and health. Do your best to maintain a consistent sleep schedule, even while traveling, seven days a week.
- Don't exercise too late in the evening in order to allow enough time for the body temperature to cool down before bedtime.
- Find bedding that works for couples who can't agree on warmth. Check out Sleep Number's exclusive In Balance bedding collection items, featuring Outlast temperature-balancing material, proven to wick moisture and draw excess heat away from the body so sleepers stay at a comfortable temperature all night long. Sleep Number utilizes the material, originally developed for NASA, in a variety of bedding products including sheets, blankets, duvets, comfort layers, mattress pads and its Innovation-series line of beds.

For additional summer-sleep tips and more information about Sleep Number's exclusive In Balance bedding collection items, visit [www.sleepnumber.com](http://www.sleepnumber.com) to find a Sleep Number store.

## EATING FISH MAY HELP PROTECT THE BRAIN

Studies show there may be a link between brain health, cardiovascular health and eating foods, such as brisling sardines, that are rich in omega-3 fatty acids.



(NAPS)—A new and large-scale study says that enjoying a diet that includes fish and other foods that are rich in omega-3 fatty acids can be a bright idea. That's because research indicates these fatty acids can help to protect the brain against the effects of aging.

Dr. Zaldy Tan, a researcher at UCLA and the lead author of a study on the effects of omega-3s on cognitive functions, said that even after controlling for participants' age, gender, education, body mass index and smoking, "The relationship was still there."

Tan and others believe fish oil provides the greatest concentration of dietary omega-3 fatty acids. The types of fish that provide the highest concentration of the fatty acids are mackerel, lake trout, herring and sardines, such as the type sold under the King Oscar brand.

Dr. Brian Appleby of the Cleveland Clinic thinks the findings provide an important link between brain health and cardiovascular health.

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I have had a great deal of experience with Motrin (Advil/Ibuprofen). I have had so many patients say that it doesn't work which is occasionally true. But under the right circumstances it is my favorite. Let me explain, I like to divide pain pills into two classes; Pain relievers and Pain preventers. When you hit your thumb with a hammer you definitely want a pain reliever. Good pain relievers are hydrocodone, codeine, oxycodone, and morphine. The trouble is once you take them you will likely go to sleep and not be able to function.

But when you are spending the weekend pulling weeds in the garden, you are better with a pain preventer. Pain preventers are the COX2 & COX3 enzyme blockers such as Motrin and Tylenol. They work like an ounce of prevention. They work best if taken before the pain ever starts. I have so many patients that are agghast when they have virtually no pain following an extraction. I have them take a Motrin in the office before we start. Then they take the pill every 6-8 hours whether they need it or not to prevent the pain. It is truly amazing how well this medicine can work.

Try it for yourself, the next time you notice you have gotten a sunburn or worked too hard in the garden; take some Advil before the pain starts. I think you will be amazed.

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