



P.M. storms
High 90
Low 70

Details, A10

NEWS-SUN

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Highlands County's Hometown Newspaper Since 1927

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Clipping out savings



Dragons drop Devils

Lake Placid edges rival Avon Park in battle of volleyball unbeaten Tuesday
SPORTS, B1



Katara Simmons/News-Sun

'I spend about 30 minutes a week clipping coupons,' Michelle Leicht said Thursday morning in Sebring.

Highlands Coupon Moms offer advice on how to save big bucks

By BARRY FOSTER

News-Sun correspondent

SEBRING — September is national coupon month, but a couple of local women have been celebrating the practice for years.

Michelle Leicht and Liz Epps have also started helping others to mine "newspaper gold" by clipping and redeeming coupons. The major vehicle they use to swap tips and information about money saving offers is a Facebook page called "Highlands Coupon Moms."

That group has 176 members. Although most are local, Leicht said there are some from out of the area as well, weighing in on different money-saving opportunities as well as asking questions about different store policies and coupon applications.

Leicht and Epps met through a parent-teacher organization at their kids' school.

The two later became friends and subsequently engaged in



Katara Simmons/News-Sun

Liz Epps (left) and Michelle Leicht find coupons in newspapers as well as online. They also take advantage of rewards cards issued by many stores.

the world of couponing.

"She would tell me what she was doing, then I started couponing and then we decided to share what we knew with others," Leicht said.

Earlier this month, the duo

held a couponing seminar in a meeting room at the Sebring's Church of Jesus Christ of Latter Day Saints. They first discussed the best way to obtain coupons,

See COUPON, A5

Two killed in S.R. 70 head-on crash

News-Sun staff

LAKE PLACID — Two women were killed and another was seriously injured in a head-on collision on State Road 70 on Wednesday.

Seminole Fire and Rescue workers pronounced Ruby Powell, 74, of West Palm Beach, and Mary L. Bell Miller, 79, of Delray Beach dead when they arrived on the scene of the crash at 5:40 p.m.

Christina Maria Kern, 37, of Ortonville, Mich., remains in serious condition at the Lawnwood Fort Pierce Hospital.

The Florida Highway

Patrol reported Kern "abruptly veered left into the westbound lane" into the path of the Toyota Scion being driven by Powell. The report said Powell veered right to avoid a collision, however Kern's 2002 Jeep Liberty collided head on with the Scion in the westbound lane of S.R. 70, just east of Kemper Terrace.

The Scion traveled north after the collision into a water-filled ditch, com to rest on the right side, the FHP report said.

All three were wearing seat belts, the FHP reported. It is unknown if alcohol played a role in the crash.

Lacey Hills says no to Avon Park annexation bid

By PHIL ATTINGER

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AVON PARK — In what was essentially a landslide vote, residents of the Lacey Hills neighborhood decided against joining the city of Avon Park.

The vote was 15-1 among the 16 voters who turned out between 7 a.m. and 7 p.m. Tuesday, said Supervisor of Elections Penny Ogg.

That was an 18 percent turnout at the South Florida State College library from the 86 registered voters in Lacey Hills, she said.

"We knew it would be a smaller election," Ogg said.

Presidential elections draw an average of 60 percent of registered voters, she said, while mid-term/gubernatorial elections draw 48 percent, on average.

Because the city chose to do the Lacey Hills annexation under Florida Statute 171, the residents only had to come to a majority decision.

"I am disappointed with the outcome of the election," City Manager Julian DeLeon said Wednesday in an email. "The statute says that majority rules, so Lacey Hills will

See LACEY, A5

Boy injured by mower

Woman backs over 2-year-old boy's leg in Lake Placid

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Medal of Honor Park gets cautious go-ahead for revovation plans

By BARRY FOSTER

News-Sun correspondent

SEBRING — Plans are under way to improve the Highlands County Medal of Honor Park. County commissioners Tuesday, by consensus, gave a conditional go-ahead to Medal of Honor Park Foundation members Harry Oakley and Don Laycock to continue development of a preliminary concept and enhancement plan that could see a new road built and the addition of new structures.

The proposal would expand the park on 72,000 square feet of property currently unused on the grounds that house the Highlands County Veterans Service Office and the Highlands County Health Department.



Katara Simmons/News-Sun

The plans to expand the Medal of Honor Park south of Sebring got the OK from the county commission Tuesday to move forward.

"What I think they're asking is a consensus from us that we will work with them on it," County Commissioner Ron Handley said. "It may not be 72,000 square feet by the time

we get done."

Commission Chair Jack Richie echoed those sentiments.

"I don't see any reason not to

See MEDAL, A6

Zwayer to take over tourist tax collection

By BARRY FOSTER

News-Sun correspondent

SEBRING — Earlier this year, Highlands County Tax Collector Eric Zwayer revealed his intention to take over collection of the county's tourist tax. Tuesday, it was announced that the Department of Revenue now will relinquish those duties to the local office.

It is one of a number of new functions Zwayer has assumed over the past several months. Those include the issuance of birth certificates and the administration of driver's licenses.

Zwayer will begin ramping up the new tax collection program with a number of



Zwayer

See TOURIST, A6

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Toddler run over by lawn mower

News-Sun staff

LAKE PLACID — A 2-year-old boy run over by a lawn mower on Wednesday is in critical but stable condition in the pediatrics unit at Tampa General Hospital and may require more surgery on his leg.

According to the Highlands County

Sheriff's Office, Maria Isabel Huerto Bello, 23, was mowing the yard at 445 Hayride Ave. in Lake Placid Wednesday morning while Anthony Meza was riding his bike.

Bello put the mower in reverse and ran over Meza's leg.

The child was brought in to Florida

Hospital Lake Placid's emergency room at 10 a.m. Wednesday with serious injuries to his leg.

According to officials at Tampa General Hospital, Meza may require further surgery on the leg, but a final determination had not yet been made by press time on Thursday.

Sebring elections staying in March

Proposal to move vote to fall denied

By SAMANTHA GHOLAR

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SEBRING — The City of Sebring elections will remain in the month of March after the council voted down a proposal to move the election date to November to coincide with gubernatorial and presidential elections.

The 3-2 vote came after a month of council meetings and tabled discussion weighing the pros and cons of moving the city elections to the fall. Scott Stanley, John Griffin and Bud Whitlock cast the no votes while Andrew Fells and John Clark cast yes votes.

The motion to move the election date died at the Sept. 3 council meeting due to a tie vote. Griffin, who was not present at the Sept. 3 meeting and won his seat in March by four votes, was Tuesday's tiebreaker on whether or not the members were even interested in adding the proposed election date change to an upcoming agenda.

Fells asked the members during the council members if any of the members would be interested in adding the proposed change to the next meeting agenda.

Fells and Clark have both been very vocal about disappointment in voter turnout over the past few years and argued that the proposed change is what the residents wanted, though Griffin disagreed.

"I'm not saying they're necessarily complaining John," Fells said to Griffin. "I'm just asking for this council to give them (voters) the opportunity to say if they want it or not."

"They're happy with the way things have been running," said Griffin. "(The) only thing you're going to get if you change it to a general election is your going to get more people going to the polls because it's a bigger election but they're going to have to go further into the ballot to get to that item. I don't see any sense in changing it."

"(There) doesn't seem to be a lot of interest, or people are basically satisfied, so they forget about it because it's not a high priority, but I think if you're there you're going to vote," said Mayor George Hensley, who doesn't have a vote.

Griffin stated that the exceptionally low voter turnout for the March city council elections was a result of little to no advertising in local publications or media outlets.

There are 5,501 registered voters in the Sebring city limits, but just 278 voted in the city council elections in March.



Courtesy photo Roberta Flowers, Historical Society of Avon Park board secretary, takes the inaugural walk on the completed ramp.

Ramps make it easier to access Silver Palm Dining Car

Special to the News-Sun

AVON PARK — Handicap access ramps are a common sight at public buildings, but for the Historical Society of Avon Park Depot Museum's Silver Palm Dining Car an access ramp only recently became a reality.

A number of years in the planning and soliciting funds and donations made the ramp possible.

The Depot Museum owes a huge gratitude of thanks to the following groups and organizations who devoted a week to the construction:

Avon Park Noon Rotary and

Highlands Habitat for Humanity for the overall planning and construction; Cool and Cobb Engineering for the design plans; the Avon Park Correctional Institution for providing working volunteers; Bagwell Lumber of Avon Park for providing the materials at a reduced cost; and last but not least, Norma Jean Jordan, vice president of the Avon Park Historical Society, for her untiring and relentless pursuit of bringing it all together.

The Silver Palm Dining Car is not open to the gener-

al public but is available for private functions by reservation only. A seating capacity of 40 makes it adequate for many functions. The dining car is in full compliance with Department of Health regulations and the volunteers that staff the events have completed the required hours for food handling to the public.

For reservations to schedule an event call the museum at 453-3525 and speak with Elaine Levey, museum director. Contact the Depot Museum at 453-3525 or 414-3316.

Tea Party sends boxes to troops

Special to the News-Sun

SEBRING — On Sept. 14, The Highlands Tea Party shipped approximately 190 pounds of goodies to the local men and women stationed in Afghanistan.

Included in the packages were: socks, assorted candies, beef jerky, Pop Tarts, Bond Powder, baby powder, body/hand lotions, aloe vera, razors, tooth brushes, tooth paste, soap-bars/liquid, shower gel, deodorant, eye drops, nose saline spray, Swizzles, peanut butter cracker snacks, combs, sunscreen, Chapstick, mouth wash, Pringles, Wet Ones, AA and AAA batteries, tuna lunch packs, pocket tissues, shampoo, conditioners, nut variety packs, various toiletries, various over-the-counter medications and bandage supplies, and a special request — four 12-ounce bottles of Tabasco sauce suggested by Representative Cary Pigman. Pigman told Tea Party members recently that food there is very bland and hot sauce would be very welcomed.

John Nelson, chair of the Highlands Tea Party, said, "I would also like to recognize and extend our appreciation to GoingPostal for including



Courtesy photo

Two students from Sebring High School help Karen and John Nelson, Highlands Tea Party chair, deliver about 190 pounds of goods to be sent to the troops overseas. The items were collected by the Party members.

many pre-paid phone cards for the unit.

"I want to express a special thanks to the young ladies from Sebring High School, Savannah and April, who volunteered to help inventory, pack, and complete the paper work to ship these items. They spent a busy four hours getting everything ready to ship. Their only reward was lunch on behalf of the Tea Party, and appreciation of their assistance in helping the men and women in the service from Highlands County."

Community Briefs

Local mystery writer to appear at Scribes Night Out

SEBRING — Suzanna Harvill, an Avon Park writer, will be the featured reader at Scribes Night Out at Brewster's Coffee House at 6 p.m. Sunday.

She'll be reading from her latest novel, "No Place Like Home," a bawdy tale of the misadventures that take place when a group of laid-off telephone employees open a house of ill repute. This book, like all her others, is a mystery. "I don't write poetry, science fiction, or memoirs," she says. "I just write mysteries."

In an unusual twist, the moderator for the evening will be Bruce Rogers, owner of the coffee house located just south of Home Depot.

He'll be introducing the featured speaker, along with those writers who have signed up for the open mike portion.

Rogers will also share his passion for art and culture and his mission to employ art as a tool in the fight against breast cancer.

The public is invited at no charge, although refreshments will be on sale.

For more information, call SNO Facilitator Art Lefkowitz at 385-1554.

Get old family Bibles documented

LAKE PLACID — Mike Flood of Highlands County GenWeb will be in the meeting room at Lake Placid Memorial Library from 10 a.m. until noon Saturday, Sept. 21 to photograph family information found in old family Bibles. The information collected will be put on the Highlands County GenWeb page to share with others searching for their family roots.

Anyone with a Bible containing family births, marriages and/or deaths is invited to come and bring their Bible. The family doesn't have to be a Highlands county or Florida family. All bible records, no matter where the family lived, are welcome. No person born in 1900 or later will have his or her informatoin put online, so there will be no privacy issue. This is a wonderful opportunity to have your priceless records preserved for future generations.

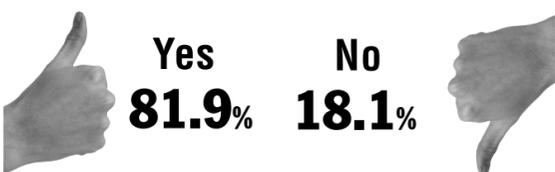
Highlands County GenWeb is a free site, part of the flgenweb.org project. The Highlands County Home page contains many links to other Florida records of interest to fami-

Continued on A6

Online



This week's question: Should the Department of Juvenile Justice or G4S, which runs the Avon Park Youth Academy, have to pay for the cost of controlling the Aug. 17 riot?



Total votes: 160

Poll open through Friday. Make your voice heard at

www.newssun.com

Lottery Center

FLORIDA LOTTO	Sept. 18	14 15 23 36 49 50 x:4	Next jackpot \$8 million
	Sept. 14	15 17 22 40 41 45 x:3	
	Sept. 11	3 26 36 37 43 44 x:5	
Play 4	Sept. 18 (n)	1 2 5 2	
	Sept. 18 (d)	1 2 1 8	
	Sept. 17 (n)	1 8 5 4	
	Sept. 17 (d)	6 2 9 7	
MEGA MONEY	Sept. 17	6 14 19 39 21	
	Sept. 13	4 20 30 39 20	
	Sept. 10	12 14 27 40 19	
	Sept. 6	1 18 30 37 2	
CASH 3	Sept. 18 (n)	7 8 8	
	Sept. 18 (d)	0 7 3	
	Sept. 17 (n)	8 8 3	
	Sept. 17 (d)	8 8 7	
FLORIDA POWERBALL	Sept. 18	7 10 22 32 35	PB: 19
	Sept. 14	1 17 25 37 44	PB: 20
	Sept. 11	11 19 33 42 52	PB: 33
MEGA MILLIONS	Sept. 13	6 15 27 31 39	MB: 25 x2
	Sept. 10	9 22 28 48 54	MB: 8 x4
	Sept. 6	2 12 18 54 56	MB: 1 x3



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Editorial & Opinion

ANOTHER VIEWPOINT

Citizens suffering as state resists the Affordable Care Act

Florida's leadership in an ill-fated quest to stop Obamacare in the courts was a legitimate effort that led to a landmark Supreme Court ruling.

The Legislature's attempt to amend Florida's Constitution to override Obamacare — an effort that, had it not been rejected by voters, would have been clearly unconstitutional — was just silly. The state's rejection of about \$5 billion in federal money to expand Medicaid to more than a million Floridians may prove to be terribly ill-advised.

But now, an order issued last week by the state Department of Health, prohibiting county health departments from allowing

so-called "navigators" to help low-income people sign up for subsidized health insurance, is simply mean spirited.

C. Meade Grigg, deputy secretary for statewide services at the Department of Health, told 60 local health department directors that they may accept materials from the navigators. "However, navigators will not conduct activities on the grounds of the health departments," he wrote.

Gov. Rick Scott and Florida Attorney General

Pam Bondi have said the navigators — counselors hired under the Affordable Care Act — could threaten the private information of people trying to get health insurance. In August, Gov. Scott said he wanted to know "how this information will be shared among federal agencies or if the federal government will also distribute it to outside groups."

If you already have health insurance, you know how confusing it can be to examine the many options each year and navigate the sign-up process. It will be that much harder for people who never have had health insurance to understand the health exchanges and other options under Obamacare.

Dr. Marc Yacht, retired director of the Pasco County Health Department and an occasional My View writer for the Democrat, called the order "cruel and irresponsible" and said it would "significantly compromise a multitude of needy Floridians from getting critical health care."

The mission of the Florida Department of Health is "To protect, promote and improve the health of all people in Florida." With about 3.8 million Floridians living without health insurance, the governor and Department of Health should reverse this directive immediately.

An editorial from the Tallahassee Democrat.

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Voters' message: consequences for sex scandals

So much for voters being poised to show that they don't care about sex scandals anymore.

Forget about former South Carolina governor Mark Sanford's surprise May election to the House of Representatives

despite the sex scandal stemming from his lie about hiking on the "Appalachian trail" rather than being in Latin America visiting his girlfriend. This year voters made humiliating examples of the Three Stooges of sex scandals — Bob Filner, Elliot Spitzer and Anthony Weiner — and politicians everywhere, beware.

Voters sent a strong message that said: "You can run again and we might give you a second look, but if you mess up again we won't want you and if we have someone who hasn't messed up before we'll probably pick them over you no matter what you say. Give it your best shot — but don't quit your day job."

At one point it seemed each of the three would survive, but their political storms proved to have been hurricanes, leaving shattered political dreams.

Sanford had indeed survived. He was seriously mentioned as a likely contender for the 2012 Republican Presidential nomination, had headed the Republican Governor's Association and had been praised by Republican National Committee Chairman Michael Steele as someone to watch. Sanford's extra marital affair ended the buzz, impeachment efforts failed, and he finished his term in disgrace in January 2011.

Still, his Appalachian trail fiasco left a narrow enough path for a comeback trail. Perhaps it's because his biblical and political sin was more accessible to many Americans: he seemed to clearly mean it when he said that Argentinian Mar a Bel ©n Chapu was the love of his life, and later confirmed it when he married her. His scandal wasn't terribly quirky, or shocking, or messy — like former North Carolina Senator John Edwards' affair while Edwards wife had terminal cancer.

Many voters wouldn't do what Sanford did, but they might understand how he felt, and why he did what he did.

Spitzer, Filner and Weiner weren't as lucky.

Until he lost the New York City Comptroller nom-

ination to Scott Stringer in early September in what The Huffington Post called "a stunning rebuke," Spitzer seemed destined to become the next Mark Sanford. Early polls showed the former governor who had resigned

in the face of a prostitution scandal had a 19 point lead. By election day polls narrowed: Stringer had hit him on the poor judgment shown by Spitzer's private stimulus program for pricy call girls, and his refusal to turn over his tax returns.

San Diego Mayor Bob Filner probably could have survived one allegation of sexual harassment and perhaps even a lawsuit litigated by Gloria Allred. But he couldn't survive the virtual parade of respected San Diego women stepping forward to accuse him in often graphic detail of being a serial sexual harasser. He became a major national punch line for comedians, viral satires, and target for bloggers taking cheap shots. (I'll NEVER do that even if he starts a rump roast company...). Polls showed voters, Democrats and Republicans wanting him out ASAP and he resigned.

But the worse humiliation was reserved for former Rep. Anthony Weiner whose "sexting" made his name branding in more ways one. He was ahead in his race for the Democratic mayoral nomination until it was revealed he had sexted again. After over-the-top behavior, verbal abuse from voters, and a shameful badgering interview by MSNBC's Lawrence O'Donnell seemingly doing a Bill O'Reilly impression, Weiner ended the race with just 5 percent — and gave the finger to a reporter as his exit gesture. Just as voters had given theirs to him.

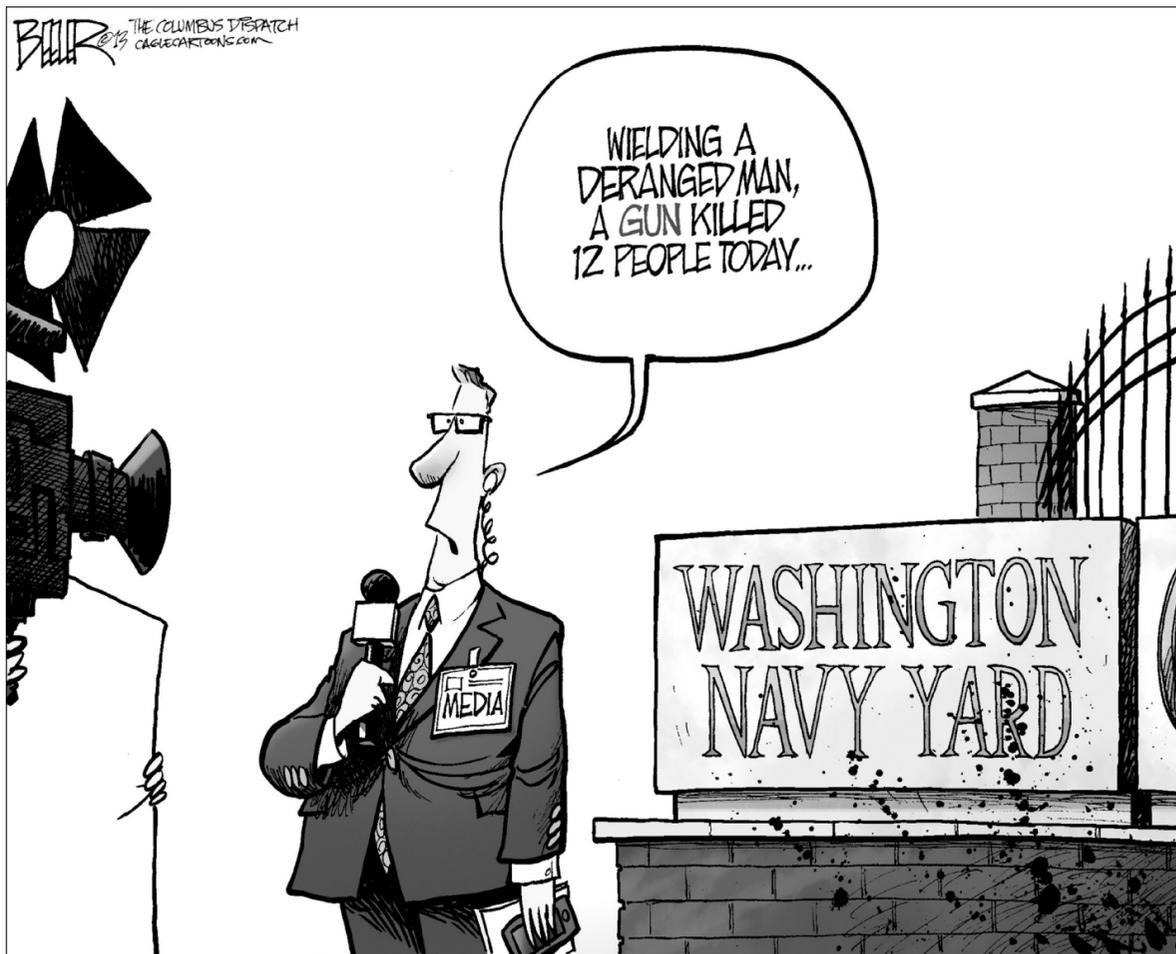
Filner, Spitzer and Weiner later earned an honor: they were listed in Shalom Life's Top 10 Jewish Scandals list.

The good news? 2013's voters signaled there are limits in American politics. And future politicians can — and will — ignore them. At their political careers' serious risk.

Joe Gandelman is a veteran journalist who wrote for newspapers overseas and in the United States. He can be reached at jgandelman@themoderatevoice.com and can be booked to speak at www.mavenproductions.com. Guest columns are the opinion of the writer, not necessarily those of the News-Sun staff.



Guest Column
Joe Gandelman



Media pulls trigger too soon on Navy Yard shootings

The Idiots Against Guns in the media and Congress overdid it this time.

Not wanting to miss a chance to politicize a shooting tragedy, the anti-gun nuts went berserk Monday when news broke that a man had gone on a rampage at a D.C. naval base and killed 12 people.

Long before the facts were known or clear, The Washington Post, The New York Times, CNN and their liberal cousins launched their latest gun-control jihad.

Seizing on an early report from the scene that Aaron Alexis used an AR-15 assault rifle, the Idiots Against Guns pulled out their hymnbooks and sang their favorite tune all day.

Forget the madman who pulled the trigger.

It was the evil AR-15 assault rifle that was responsible for his killing spree. And here was the latest proof that this demonic weapon of death should be banned by the federal government.

We now know the killer didn't buy an AR-15 in Virginia, legally or illegally.

We know he didn't pick up an AR-15 during his rampage.

And we now know the AR-15 never existed.

But the nonexistent AR-15 proved to be a godsend to the liberal media and the professional gun-grabbers in Congress.

Sens. Dianne Feinstein and Dick Durbin were at the top of their political game. They leaped in front of the TV cameras, blamed the slaughter on a "military assault rifle" and called for



Making Sense
Michael Reagan

invented a new weapon, the "AR-15 shotgun."

Meanwhile, Monday night's performance by Piers Morgan was pathetic.

CNN's prime-time hysteric was so irrational, so emotionally revved up about the AR-15 being to blame for yet another mass shooting, he could barely blather about America's need for greater gun control or interrupt his guests.

You'd think charter members of Idiots Against Guns like Morgan, Durbin and the editorial writers at The Washington Post would know by now to get the basic facts of a shooting straight before they begin politically exploiting these tragedies.

But that assumes they are interested in finding truth, not spreading propaganda. Facts and nuance and complexity mean nothing to the IAG crowd.

All mass shooting are the same to them. It's always the guns that are to blame, not the troubled humans who pull their triggers.

And their simplistic solution to stop future mass shootings is always to call

more gun control almost before the blood of the victims stopped flowing.

In the media, CNN won worst prize. It was so hung up on pushing the AR-15 angle that on Tuesday, after the FBI reported Alexis had used a shotgun to do his killing, CNN's "journalists"

invented a new weapon, the "AR-15 shotgun."

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And their simplistic solution to stop future mass shootings is always to call

for new laws to ban military-style guns like the AR-15.

But whatever we do, we'll never stop every mass shooting. I've said before, as one of my father's Secret Service men once told me, "You can't defend against the crazies."

Alexis in Navy Yard, as well as Holmes in Aurora, Harris at Columbine, and many other mass shooters, were crazies. They each had serious mental problems.

Did they turn violent because they were naturally psychotic, or were they twisted by the side effects of the powerful anti-depressant drugs they were taking?

Could their rampages have been prevented by better medical care, better ways to keep guns out of the hands of crazy people, more armed guards in public places, or by ending the gun-free zones that attract young men bent on mass murder?

I don't know if any of these common-sense methods would prevent or reduce future mass shootings. The Idiots Against Guns in government and the mainstream media obviously don't know, either.

But they don't want to find out. For them it's always the gun that's to blame — even when it doesn't exist.

Michael Reagan is the son of President Ronald Reagan, a political consultant, and the author of "The New Reagan Revolution" (St. Martin's Press). He is the founder of The Reagan Legacy Foundation. Send comments to Reagan@caglecartoons.com. Guest columns are the opinion of the writer, not necessarily those of the News-Sun staff.

Pink Army marches in Highlands, Hardee

Special to the News-Sun
Florida Hospital, with locations in Sebring, Lake Placid and Wauchula, is gearing up for the Pink Army Campaign to fight breast cancer. As the second most common form of cancer found in women, breast cancer is a formidable enemy, but one that can be beat.

The Pink Army is a statewide campaign to increase breast cancer awareness and raise mammography funds for women in need, all while having a fun time. When someone "enlists" in the Pink Army (which is free to join), they receive a set of specialty dog tags. They have the opportunity to move up the ranks through different missions, like enlisting additional soldiers, volunteering, and by attending events and hosting a Pink Party. As they complete missions, they move up the ranks and receive rewards like Swarovski necklaces, Vera Bradley wallets, drink tumblers, tee shirts, umbrellas and more. The dog tags are also good for discounts, specials or free gifts through local and statewide participating vendors.



Courtesy photo
Pink Army 2013 Ambassador and Vice President/North Sebring Branch Manager SunTrust Robin Scheck.

The Pink Army is also raising tax deductible donations. With the help of Samaritan's Touch Care Center and the Florida Hospital Heartland Mammography Fund, all money raised here will stay

here for Highlands and Hardee county residents that need mammograms they could not otherwise afford.

To join, donate or learn more about the Pink Army campaign, go to www.JoinThePinkArmy.com.

SFSC honors students tour Depot Museum



Courtesy photo
Dr. Charlotte Pressler, Director of the Honors Program at South Florida State College, and 17 honors students were guests recently of the Historical Society of Avon Park's Depot Museum. Jim Deal led a history discussion of Avon Park with group participation. At the end of the discussion the students were given a one question oral examination. The question was ... who was the founder of Avon Park? All students passed with flying colors. The group then boarded the Silver Palm Dining car for refreshments provided by Thetis Casey, board member and museum volunteer. To celebrate the occasion of Pressler's birthday, she was given a birthday cupcake with candle and the students sang happy birthday greetings to her.

Special meeting for solid waste issues, rates set

By SAMANTHA GHOLAR
sgholar@newssun.com
SEBRING — City Public Works Director Ken Fields requested the city council's input and direction regarding the long, drawn-out issue of the Solid Waste Department rates and other department issues during Tuesday evening's regular council meeting at City Hall.

Fields stated that the solid waste issues are time consuming, and he has gathered much information regarding the waste schedule and rates from neighboring cities, counties and other regions of the country in hopes of getting a clearer view of which direction the department should be headed.

"We'd like the council's guidance with working through this," Fields said. "We're requesting that council provide assistance through either a committee, a workshop or some sort of combination."

City staff wants to adjust the schedule to include bigger waste cans with fewer

pick-ups, which is the opposite of what is being encouraged by residents.

"The way it's currently structured, people are encouraged to get smaller containers with more frequent pick-ups and staff wants to do the exact opposite," said Fields. "During this process we've encountered some issues."

Council President Andrew Fells quickly suggested a workshop that would include council members.

"I think all of us may have different ideas of where we'd like to see this go, what'd we'd like to see done and what level of service solid waste should provide to the city. I would implore council to go with a workshop route so we could all be involved in this decision," Fells said.

Council member John Griffin disagreed slightly regarding the forming of a committee regarding the solid waste department and its issues.

"I don't think a workshop

is the way to go. Some of us know a little bit more than the other council members because we've gone through these committee meetings for the last nine or 10 months. I'd like to see a committee hold one or two meetings, then hold a workshop," Griffin stated.

After discussing more options, a suggestion was made to hold a special meeting.

A special meeting would provide the complete council the ability to take any action they deem necessary during the meeting, unlike at a workshop, where no action can be taken until the issues are placed on an agenda for a regular meeting.

Griffin made a motion to hold a special meeting to discuss solid waste commercial rates and other issues; the motion was approved unanimously by the full council. A date is in the works to be set for the solid waste special meeting.



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Census: Income stagnant in Fla.

By MIKE SCHNEIDER
Associated Press
ORLANDO— Household income remains stagnant in Florida almost five years from the depth of the recession as the state's largest cities rank at the bottom in income levels for the nation's most populous metro areas, according to U.S. Census figures released Thursday.

Florida's median household income in 2012 of over \$45,000 decreased slightly from the previous year, but the change was statistically insignificant. However, Florida's median household income is down more than 11 percent from when it was \$50,700 in 2000. Only seven other states had higher decreases in the past dozen years, the Census figures showed.

Nationally, the median household income was \$51,371 in 2012. Of the nation's 10 most populous states, Florida's median household income was the lowest.

Among the states hit hardest by the recession, Florida has yet to make up for lost ground and that is reflected in the household income, economists say.

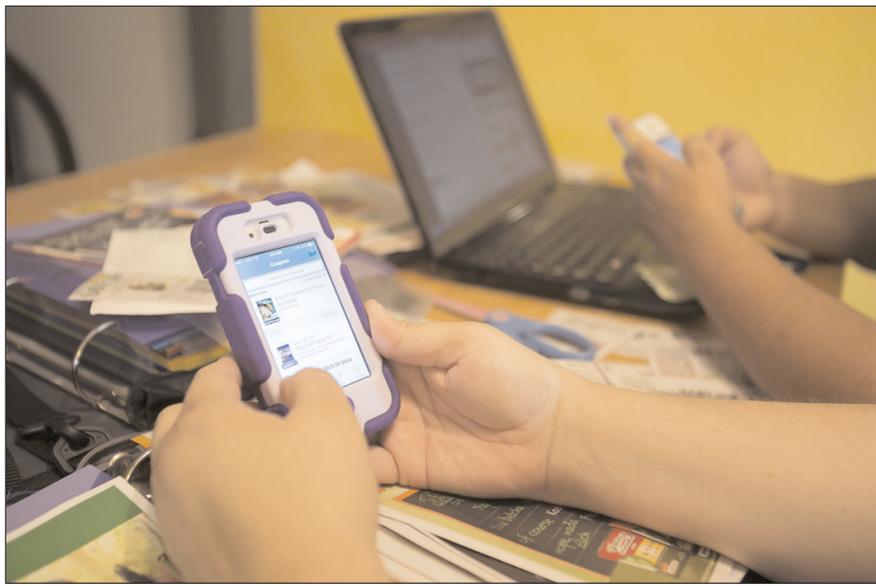
"This recovery is still a work in progress," said Sean Snaith, an economist at the University of Central Florida. "It may be four and a quarter years old, but in many ways it's still embryonic."

The slow recovery has created a cycle of consumer caution that helps tap down household income. Even though Florida had some of the nation's largest job gains in July, the unemployment rate was still 7.1 percent. The slack labor market creates little room to negotiate higher wages and consumers end up spending less money, Snaith said.

"You kind of keep moving long and waiting for some lift to come along but it doesn't appear to be along the near horizon," he said.

Three Florida metro areas ranked at the bottom of the list for household income in the nation's 25 most populous cities. The Tampa metro area was last with a median household income of about \$44,000 — half that of Washington, D.C., the city at the top of the list. Metro Orlando was the next lowest at \$46,000, followed by South Florida — made up of Miami, Fort Lauderdale and West Palm Beach — at \$46,600. Those figures were unchanged from the previous year.

Metro Tampa, which includes St. Petersburg and Clearwater, has a higher percentage of residents on Social Security than the national rate.



Katara Simmons/News-Sun

Some coupons can be downloaded and used via smart phones.

Coupon Moms use papers, internet to find big savings

Continued from A1

which transcends newspapers. There are sources ranging from online printouts to in-store sources such as tear-pads and dispensers known as "blinkies" because of the flashing red light on the box. Some stores also have special credit cards as well as the option of "electronic coupons" through the use of smart phone technology.

That information was followed by an instructional on the ways coupons may be used for maximum savings by matching them with store sales and other offers to get the lowest price.

Although they are not "extreme couponers," they did advocate stocking up on various kinds of merchandise to take further advantage of retailers' 12-week sale

cycles.

Leicht said the Facebook group has a constant stream of newcomers asking basic questions on the best way to apply their coupons at individual stores.

"The most important thing I can tell you is to be familiar with each store's couponing policy," she said. "Some of them actually will change from month to month."

She also recommended interested people could find additional information and tips on the Internet at such web sites as www.krazy-couponlady.com, www.rain-inghotcoupons.com and www.truecouponing.com

Their initial seminar was a great success, drawing nearly two dozen people. That surprised Leicht.

"I thought it would be mainly my friends from

church but we actually had more non-church members than church members," she said.

The pair now plan a second seminar and coupon swap. That will also be held at Sebring's Church of Jesus Christ of Latter Day Saints and will run from 1-3 p.m. on Sept. 28. That one will deal with how to cash in on register rewards, and extra cash back credits issued by local drug stores as part of their efforts to lure cost-conscious shoppers.

While some people charge to teach such classes, the local women dole out their information at no charge.

Leicht and Epps also appear the first Friday of each month at 9 a.m. on WWTK 730 AM, where they give out information and answer call-in questions.

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Lacey Hills annexation bid gets no from 15 out of 16 who voted

Continued from A1

not be annexed, and we respect that."

Deleon had hoped to annex the neighborhood and expand the city's water and sewer customer base.

He said he didn't know of any other municipality in Highlands County that had ever used the referendum process for a proposed annexation.

However, he said he was glad the city had used the law, not only because other local cities might use it but also because city staff gained some valuable experience.

"With initiative and chance taking, there is always a chance for success or failure," Deleon said.

"Being the first through the gate simply means that sometimes I can expect to take one right in the teeth."

He said the city paid less than \$2,000 to have the election, which he characterized

as a minimum cost. In the past two years, the city has annexed more than two square miles, the biggest addition being South Florida State College.

Deleon also said the city hopes to expand by considering approval of a proposed expansion of Tire Terminal on U.S. 27, across from the city's public works complex.

That vote is expected to come before the Avon Park City Council on Monday, Sept. 23.



Deleon

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After spending years driving a delivery truck for Hostess, Bill Green has set off on a venture. No longer is he delivering Hostess products to West Palm Beach, Fort Myers and Naples, or all over Highlands, Hardee and DeSoto counties. Now he is mowing yards and taking care of (lawn) business in Highlands and Hardee counties.

Green had been working as much as 16-hour days before Hostess filed for bankruptcy in January. Now his long days are spent taking care of commercial accounts, seasonal residents and year-round residents, working to keep their yards looking nice.

Green's Lawn Care was actually started three years ago as a family venture, something that can some day be turned over to his young sons.

They mow, trim trees, fix irrigation problems, provide pressure washing services and landscaping skills.

"After I retired, I got bored playing with the dogs. I had to do something to keep me busy," Green said.

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FWC urges safety while tubing

MIAMI (AP) — Tubing can be a dangerous water sport that leads to accidents on the water, the Florida Fish and Wildlife Conservation Commission said Tuesday in a message to boaters to be safe while towing passengers on the inflatable tubes.

The popular boating item — known as inner tubes, towables or inflatable tubes — has led to several recent accidents across the state, the commission said in a statement, adding that passengers on tubes have crashed into docks, channel markers or even other boats. Last year, five people were injured and two were killed in these types of accidents.

Boaters can take safety precautions to keep those tubing safe.

"When you are operating a boat that is towing passengers on a tube or something similar, their fate is in your hands," said Maj. Richard Moore, head of the commission's Boating and Waterways Section. "They are not able to steer themselves in a safe direction and must rely on you to keep them safe. The main

The main safety consideration is keeping them away from all other objects.

Maj. Richard Moore
FWC Boating & Waterways head

safety consideration is keeping them away from all other objects."

Although there isn't a required specific distance to keep away from fixed objects or other boats, the commission said operators should avoid pulling the tuber close enough to anything it can crash into.

One good rule of thumb is: "Twice the line should be fine," or keep the boat at least two lengths of the towline away from all objects.

Tubers should also wear a life jacket, but not the inflatable kinds. Another tip is for there to be a "spotter" on the boat, or another person besides the driver to monitor the tuber and alert the driver of any issues.

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Medal of Honor Park to get an upgrade

Continued from A1

proceed – just don't come to the county asking for any money," he said.

While expressing support for the idea, Commissioner Don Elwell cautioned the committee to take into consideration the possible future expansion of parking at the facility as well as the building itself.

"We don't want to paint ourselves into a corner," he said. "I think there are an awful lot of considerations here as this moves forward."

County Facilities Director David Flowers told commissioners currently there is no master plan for the property. In addition to the Health Department and Veterans Services operation, it has been suggested that the Highlands County Sheriff's Office could ultimately be headquartered there as well.

Moreover, Flowers said, while it would be a beautiful park and a wonderful tribute, as presented, there were no provisions for restrooms or for current or long-term maintenance of the grounds, walks or monuments.

"I am just trying to be realistic about this," he said. "We do not have the staff to maintain a park of this magnitude."



Katara Simmons/News-Sun

Proposed renovations would expand the Medal of Honor Park in Sebring to 72,000 feet.

Laycock, a certified general contractor, showed the commission plans the group had laid out with the assistance of an architect.

Laycock has done work on such projects as the Dollywood theme park.

Among other things, the pair asked that the current road coming into the facility be named Medal of Honor Drive, to signal entrance into the park and requested the placement of a "larger and bolder" sign.

There are 21 Florida veterans who have earned the Congressional Medal of Honor, dating back to the Indian Wars and extending up to the most recent recipient from the conflict in Iraq. Currently, all that is listed for those veterans at the county's facility are the name, the conflict, and dates served engraved on large granite stones.

"You don't get the feeling of what these men sac-

rificed their lives for," Laycock said.

The new proposal would change that, with each of the veteran's pictures added with a page-long description of the acts of valor performed by each of them. Those tributes would be enshrined in a gazebo, dubbed "The Hall of Citations."

A number of new flagpoles also have been suggested to carry flags depicting the three different incarnations of the medals of honor bestowed upon the servicemen over the years.

Landscaping, said Laycock, would be provided by the Florida Native Plant Society, which has indicated they would help with the plan.

Oakley told commissioners the local park is "one of a kind," being the only Medal of Honor Park that represents only those recipients from the state.

Tourist tax to be collected locally

Continued from A1

informational gatherings so those who rent lodgings for six months or less will be familiar with the statutes.

"We're going to start with an educational open house on Oct. 9 from 10 a.m. until 2 p.m.," he said. "That will be at the Bert J. Harris Jr. Agricultural Civic Center."

The idea is to bring together those who have been remitting the tax, as well as those who want to learn more about what the levy is and how it operates. In addition to Zwayer and his staff, Highlands County Tourist Development Commission Executive Director John Sherlacher will be in attendance along with some of the county's TDC board.

"We really want to explain it and let people know who is part of this tourist tax. There are a lot of folks who may rent their house out for those coming to the 12 Hours of Sebring for instance – and they need to know about the tax," he said.

There are others who may be exempt and not know it. One example is an RV park where more than 50 percent of the spaces are rented on a full-time basis. Owners of such facilities may be exempt from the tax when renting out remaining spaces on a short-term basis.

It was this past April that Zwayer announced plans to take over the collection of the tax – even though at first the cost collection might outweigh the revenue.

"At 3 percent of the total, we are only looking at about \$9,000 a year to the tax collector's office. That is based on the Tourist Development Commission's current figures," he said.

However, with local enforcement, Zwayer believes those numbers could increase – when all of

the field, Zwayer said a vast amount of the work could be accomplished simply by utilizing technology.

"I want to do as much as we can from the office. We can look at how things are listed through the property appraiser, send out information to folks and educate them."

In addition to surveying those advertising lodging facilities, the tax collector wanted to establish a complaint-driven program where residents or business owners might inform his office of those who may not be in compliance.

"If people have folks in their neighborhood renting something out maybe they could let us know about that," he said.

Zwayer's office also is looking closely at a practice where leases are set for six months and one day to escape the tax. Renters then may leave after only a few weeks, with the landlord then free to rent the property again.

"If we find they are doing that, and doing it multiple times, they are going to be subject to a penalty," he said.

We're going to start with an educational open house on Oct. 9 from 10 a.m. until 2 p.m. That will be at the Bert J. Harris Jr. Agricultural Civic Center.

Eric Zwayer
tax collector

the entities that should be paying the tax are assessed for it.

"It won't be a money generator for the county but it could be self-sustaining and it would be good for the county as a whole," he said.

Zwayer contended that by making certain of universal compliance, "a level playing field" would be created between competitors. He said there are professional lodging facilities that have told him that while they are remitting the tax, there may be some others who are not.

That, he said, represented an unfair advantage.

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Community Briefs

Continued from A2

ly historians. If you have any questions about the workshop or the website call Mike Flood at 471-6381.

Jeffries to speak at Democratic Women's Club Saturday

SEBRING – On Saturday, the Democratic Women's Club of Highlands County will meet at 9:30 a.m. at the Democratic Headquarters, 4216 Sebring Parkway (next to Ruby Tuesdays). Following a continental breakfast, Tara Jeffries from South Florida State College's Florida Farmworker Jobs and Education Program will be presenting. She will also bring SFSC students with her to share their stories with attendees.



Jeffries

Jeffries joined SFSC in June 2009. She graduated from SFSC with an AA and obtained her bachelor's degree from Hodges University.

Jeffries is responsible for the oversight of the Farmworker Program grant helping migrant and seasonal farmworkers and their dependents in Highlands, DeSoto, and Hardee counties receive technical training and develop working skills for a lucrative career. By participating in this program, migrant and seasonal farmworkers and their families can achieve economic self-sufficiency, better pay, and a stable employment future.

After the presentation, a general membership meeting will be held. All Democrats are welcome to attend.

Sale, market set for Saturday

SEBRING – Downtown Sebring will host its

Community Sidewalk Sale & Farmers Market from 7 a.m. to 1 p.m. Saturday.

To reserve a space, download an application at www.DestinationDowntownSebring.com or contact Linda Tucker at 382-2649.

Ballroom Dancers prepare for 'Terrible Two's'

LAKE PLACID – The Lake Placid Ballroom Dancers are celebrating their second anniversary with a "Terrible Two's, Double-Trouble" dance from 6:30-9 p.m. Saturday at the Elks Hall. Buddy Canova will be the featured musician. He is a multi-talented entertainer who plays the sax, flute, keyboard, and guitar and manages to sound like Elvis, Willie Nelson, Englebert and others of song.

The Ladies of the Elks will have their snack bar stocked with freshly made sandwiches and desserts. There will be a free dance lesson in the lounge from 5:30-6:30 p.m. with an instructional DVD provided by the Elks.

Admission is \$5 for LPBD members; \$7 for non-members. The Elks Hall is behind Winn-Dixie on County Road 621.

Realty Ranch prepares for Buckle Series

ZOLFO SPRINGS – Wild Cow Milking, Sorting, Team Roping & Branding, Mugging & Tying, and Ranch Bronc Riding are some of the events to be featured at the Realty Ranch Rodeo Buckle Series on Saturday, Sept. 28.

The grand finale will be a Bull Riding event for contestants 15 years old and up.

Realty Ranch is at 1980 State Road 66 in Zolfo Springs. The contractor producer for this event is Gethsemane Ranch,

Okeechobee. For information, call (772) 597-0380.

The Salvation Army helps with holidays

SEBRING – The Salvation Army Church will begin taking assistance applications for Christmas on Oct. 7.

Applications will be taken from 9-11:30 a.m. daily and 1-7 p.m. Monday, Oct. 7 and 14; and from 1-4 p.m. Tuesday through Friday. Applications will be taken from 9 a.m. to 1 p.m. only on Wednesdays.

Assistance will be given through toys for children 12 years old and under only. All family members count for food box.

For more information and details on what to bring, call 385-7548. Incomplete applications will not be accepted.

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REAL ESTATE EMPLOYMENT TRANSPORTATION
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 6 lines - 14 pubs
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1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA
 CIVIL ACTION
 CASE NO.: 28-2010-CA-000649
 DIVISION:
 DEUTSCHE BANK NATIONAL TRUST COMPANY, AS TRUSTEE FOR AMERICAN HOME MORTGAGE ASSETS TRUST 2006-5, MORTGAGE-BACKED PASS-THROUGH CERTIFICATES SERIES 2006-5, Plaintiff,
 vs.
 MICHELLE DIVEN FLYNN A/K/A MICHELLE DIVEN, et al, Defendant(s).

NOTICE OF RESCHEDULED SALE
 NOTICE IS HEREBY GIVEN Pursuant to an Order Rescheduling Foreclosure Sale dated September 17, 2013, and entered in Case No. 28-2010-CA-000649 of the Circuit Court of the Tenth Judicial Circuit in and for Highlands County, Florida in which DEUTSCHE BANK NATIONAL TRUST COMPANY A S TRUSTEE FOR AMERICAN HOME MORTGAGE ASSETS TRUST 2006-5 MORTGAGE-BACKED PASS-THROUGH CERTIFICATES SERIES 2006-5, is the Plaintiff and MICHELLE DIVEN FLYNN A/K/A MICHELLE DIVEN, STEPHEN FLYNN, AND LEISURE LAKES HOME OWNERS CIVIC ASSOCIATION, INC., are defendants, the Highlands County Clerk of the Circuit Court will sell to the highest and best bidder for cash in/on the Jury Assembly Room in the basement, Highlands County Courthouse, 430 South Commerce Avenue, Sebring, FL 33870, Highlands County, Florida at 11:00 AM on the 23rd day of October, 2013, the following described property as set forth in said Final Judgment of Foreclosure: LOT 131, BLOCK 3, OF LEISURE LAKES SECTION FOUR A, ACCORDING TO THE PLAT THEREOF, RECORDED IN PLAT BOOK 8, PAGE 80, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
 A/K/A 3024 ASH ST., LAKE PLACID, FL 33852-8465
 Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis Pendens must file a claim within 60 days after the sale.
 Dated in Highlands County, Florida this 17th day of September, 2013.

Clerk of the Circuit Court
 Highlands County, Florida
 By: /s/ Priscilla Michalak
 Deputy Clerk

Albertelli Law
 Attorney for Plaintiff
 P.O. Box 23028
 Tampa, FL 33623
 (813)221-4743
 10-42949
 If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator, (863) 534-4690, within two (2) working days of your receipt of this Notice of Rescheduled Sale; if you are hearing or voice impaired, call TDD (863) 534-7777 or Florida Relay Service 711. To file response please contact Highlands County Clerk of Court, 590 S. Commerce Ave., Sebring, FL 33870-3867, Tel. (863) 402-6591; Fax (863) 402-6664.
 The above is to be published in the News-Sun
 2227 US 27 South, Sebring, FL 33870
 September 20, 27, 2013

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT OF THE STATE OF FLORIDA, IN AND FOR HIGHLANDS COUNTY CIVIL DIVISION
 CASE NO. 2012CA000702GCA
 THE BANK OF NEW YORK MELLON AS SUCCESSOR BY MERGER TO THE BANK OF NEW YORK AS TRUSTEE FOR THE CERTIFICATEHOLDERS OF THE CWABS, INC., ASSET-BACKED CERTIFICATES, SERIES 2005-16, Plaintiff,
 vs.
 JOSE T. GAIPO; UNKNOWN SPOUSE OF JOSE T. GAIPO; ELLEN J. GAIPO; UNKNOWN SPOUSE OF ELLEN J. GAIPO; IF LIVING, INCLUDING ANY UNKNOWN SPOUSE OF SAID DEFENDANT(S), IF REMARRIED, AND IF DECEASED, THE RESPECTIVE UNKNOWN HEIRS, DEVISEES, GRANTEEES, ASSIGNEES, CREDITORS, LIENORS, AND TRUSTEES, AND ALL OTHER PERSONS CLAIMING BY, THROUGH, UNDER OR AGAINST THE NAMED DEFENDANT(S); SUN 'N LAKE IMPROVEMENT DISTRICT; WHETHER DISSOLVED OR PRESENTLY EXISTING, TOGETHER WITH ANY GRANTEEES, ASSIGNEES, CREDITORS, LIENORS, OR TRUSTEES OF SAID DEFENDANT(S) AND ALL OTHER PERSONS CLAIMING BY, THROUGH, UNDER, OR AGAINST DEFENDANT(S); UNKNOWN TENANT #1; UNKNOWN TENANT #2; Defendant(s)

NOTICE OF SALE
 Notice is hereby given that, pursuant to a Final Summary Judgment of Foreclosure entered in the above-styled cause, in the Circuit Court of HIGHLANDS County, Florida, I will sell the property situated in HIGHLANDS County, Florida, described as:
 LOT 89, BLOCK 19, SUN 'N LAKE ESTATES OF SEBRING UNIT 2, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 9, PAGE 48, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
 A/K/A -- 4104 Capri St, Sebring, FL 33872
 at public sale, to the highest and best bidder, for cash, in the Jury Assembly Room in the basement of Highlands County Courthouse located at 430 South Commerce Avenue, Sebring, Florida at 11:00 A.M. on October 16, 2013.
 Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis pendens, must file a claim within 60 days after the sale.
 Witness, my hand and seal of this court on the 13th day of September, 2013.

CLERK OF THE CIRCUIT COURT
 ROBERT W. GERMAINE, CLERK
 By: /s/ Priscilla Michalak
 Deputy Clerk

If you are a person with a disability who needs assistance in order to participate in a program or service of the State Courts System, you should contact the Office of the Court Administrator at (863) 534-4686 (voice), (863) 534-7777 (TDD) or (800) 955-8770 (Florida Relay Service), as much in advance of your court appearance or visit to the courthouse as possible. Please be prepared to explain your functional limitations and suggest an auxiliary aid or service that you believe will enable you to effectively participate in the court program or service.
 75584 dcs
 September 20, 27, 2013

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA
 CASE NO.: 28-2012-CA-000440
 SEC.:
 CITIMORTGAGE, INC., Plaintiff,
 v.
 LADONNA PAEDAE F/K/A LADONNA BURY N/K/A LADONNA RODRIGUEZ; ANY AND ALL UNKNOWN PARTIES CLAIMING BY, THROUGH, UNDER, AND AGAINST THE HEREIN NAMED INDIVIDUAL DEFENDANT(S) WHO ARE NOT KNOWN TO BE DEAD OR ALIVE, WHETHER SAID UNKNOWN PARTIES MAY CLAIM AN INTEREST AS SPOUSES, HEIRS, DEVISEES, GRANTEEES, OR OTHER CLAIMANTS; SUNTRUST BANK; HIGHLAND INDEPENDENT BANK. Defendant(s).

NOTICE OF SALE
 NOTICE IS HEREBY GIVEN pursuant to an Order on Plaintiff's Motion to Reset Foreclosure Sale dated September 10, 2013, entered in Civil Case No. 28-2012-CA-000440 of the Circuit Court of the Tenth Judicial Circuit in and for Highlands County, Florida, wherein the Clerk of the Circuit Court will sell to the highest bidder for cash on 29th day of October, 2013, at 11:00 a.m. in the Jury Assembly Room, Courthouse Basement, 430 South Commerce Avenue, Sebring, Florida 33870, relative to the following described property as set forth in the Final Judgment, to wit:
 LOT 7, OF BLOCK 418, HIGHLAND TOWERS SUBDIVISION, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 2, PAGE 101, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA, AND ALSO THAT PART OF BLOCK "O", LAKE JACKSON BOULEVARD SUBDIVISION AS PER PLAT THEREOF RECORDED IN PLAT BOOK 3 PAGE 63, OF THE PUBLIC RECORDS OF DESOTO COUNTY, FLORIDA (OF WHICH HIGHLANDS COUNTY WAS FORMERLY A PART), LYING EAST OF THE RIGHT-OF-WAY OF LAKE JACKSON BOULEVARD AND WEST OF THE WATERS OF LAKE JACKSON AND WITHIN THE PROJECTED LOT LINE COMMON TO LOTS 7 AND 8, OF BLOCK 418, OF HIGHLANDS TOWERS SUBDIVISION, AND THE CONTINUATION OF THE LOT LINE COMMON TO LOT 7, BLOCK 418, AND THE RIGHT-OF-WAY LINE OF GATEWAY AVENUE OF HIGHLAND TOWERS SUBDIVISION AS PER PLAT THEREOF.
 Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis Pendens must file a claim within 60 days after the sale.
ATTENTION: PERSONS WITH DISABILITIES
 If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled at no cost to you, to the provision of certain assistance. Please contact:
 Office of the Court Administrator
 FL
 Phone: (863) 534-4686
 TDD: (863) 534-7777
 DATED AT SEBRING, FLORIDA THIS 10th DAY OF September, 2013.
 By: /s/ Toni Kopp, D.C.
 ROBERT W. GERMAINE
 CLERK OF THE CIRCUIT COURT
 HIGHLANDS COUNTY, FLORIDA
 September 20, 27, 2013

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA
 CASE NO. 2008CA000336GCS
 GOVERNMENT NATIONAL MORTGAGE ASSOCIATION, INC., PLAINTIFF,
 VS.
 SAMUEL WIGGINS, ET AL., DEFENDANT(S).

NOTICE OF FORECLOSURE SALE
 NOTICE IS HEREBY GIVEN pursuant to an Order of Final Summary Judgment of Foreclosure dated the 13th day of September, 2010, and entered in Case No. 2008CA000336GCS, of the Circuit Court of the Tenth Judicial Circuit in and for Highlands County, Florida. I will sell to the highest and best bidder for cash at the Highlands County Courthouse, Jury Assembly Room, 430 South Commerce Avenue, Sebring, FL 33870-3867 at 11:00 A.M. on the 16th day of October, 2013, the following described property as set forth in said Final Judgment, to wit:
 THE NORTH HALF (N1/2) OF LOTS 23 AND 24 OF BLOCK 88, ACCORDING TO THE PLAT THEREOF RECORDED IN CHANCERY ORDER BOOK NO. 3, AT PAGE 111, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA; MORE PARTICULARLY DESCRIBED AS FOLLOWS:
 BEGINNING AT THE NORTHEASTERLY CORNER OF LOT 24, RUN THENCE IN A SOUTHEASTERLY DIRECTION ALONG PERSIMMON AVENUE, A DISTANCE OF SEVENTY-FIVE FEET (75') TO A POINT, THENCE IN A SOUTHWESTERLY DIRECTION TO HIBISCUS STREET A DISTANCE OF ONE HUNDRED FEET (100') TO A POINT ON THE SOUTHWESTERLY BOUNDARY LINE OF LOT 23, THENCE NORTHWESTERLY ALONG SAID BOUNDARY LINE A DISTANCE OF SEVENTY-FIVE FEET (75') TO THE NORTHEASTERLY CORNER OF SAID LOT 23, THENCE NORTHEASTERLY ALONG THE NORTH-WESTERLY BOUNDARY OF LOTS 23 AND 24 A DISTANCE OF ONE HUNDRED FEET (100') TO THE POINT OF BEGINNING.
 Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis Pendens, must file a claim within 60 days after the sale.
 If you are a person with a disability who needs any accommodation to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator at (863) 534-4686, at least 7 days before your scheduled court appearance, or immediately upon receiving this notification if the time before the scheduled appearance is less than 7 days; if you are hearing or voice impaired, call 711.
 Dated this 10th day of September, 2013.
 ROBERT W. GERMAINE, CLERK
 Clerk of the Circuit Court
 Highlands County Clerk of Court
 By: /s/ Toni Kopp
 Deputy Clerk
 File #: C301.0079 (Circuit Court Seal)
 September 20, 27, 2013

IN RE: ESTATE OF MARY M. LUTZI Deceased.

NOTICE TO CREDITORS
 The administration of the estate of Mary M. Lutz, deceased, whose date of death was June 18, 2013, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 South Commerce Avenue, Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.
 All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.
 All other creditors of the decedent and persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.
 ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH ABOVE, IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.
 NOTWITHSTANDING THE TIME PERIOD SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.
 The date of first publication of this Notice is September 13, 2013.
 Personal Representative:
 Donald Krass
 2692 S. Country Club Drive
 Avon Park, FL 33825
 BREED & NUNNALLEE, P.A.
 Attorneys for Personal Representative
 325 NORTH COMMERCE AVENUE
 SEBRING, FL 33870
 By: /s/ E Mark Breed III
 E. MARK BREED III
 Florida Bar No. 338702
 Email Address: service@bnpalaw.com
 September 13, 20, 2013

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT OF THE STATE OF FLORIDA, IN AND FOR HIGHLANDS COUNTY CIVIL DIVISION
 CASE NO. 28-2012-CA-000005
 GREEN TREE SERVICING LLC, Plaintiff,
 vs.
 JOHN A. BISHOP, III; UNKNOWN SPOUSE OF JOHN A. BISHOP, III; SOLIMAR BISHOP; UNKNOWN SPOUSE OF SOLIMAR BISHOP; IF LIVING, INCLUDING ANY UNKNOWN SPOUSE OF SAID DEFENDANT(S), IF REMARRIED, AND IF DECEASED, THE RESPECTIVE UNKNOWN HEIRS, DEVISEES, GRANTEEES, ASSIGNEES, CREDITORS, LIENORS, AND TRUSTEES, AND ALL OTHER PERSONS CLAIMING BY, THROUGH, UNDER OR AGAINST THE NAMED DEFENDANT(S); UNKNOWN TENANT #1; UNKNOWN TENANT #2; Defendant(s)

NOTICE OF SALE
 Notice is hereby given that, pursuant to a Final Summary Judgment of Foreclosure entered in the above-styled cause, in the Circuit Court of HIGHLANDS County, Florida, I will sell the property situated in HIGHLANDS County, Florida, described as:
 LOT 7 AND THE SOUTH 1/2 OF LOT 8, BLOCK 54, LAKEWOOD TERRACES SHEET 3, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 2, PAGE 94, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
 A/K/A -- 4506 Sebring Ave. Sebring, FL 33875
 at public sale, to the highest and best bidder, for cash, in the Jury Assembly Room in the basement of Highlands County Courthouse located at 430 South Commerce Avenue, Sebring, Florida at 11:00 A.M. on October 16, 2013.
 Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis pendens, must file a claim within 60 days after the sale.
 Witness, my hand and seal of this court on the 10th day of September, 2013.

CLERK OF THE CIRCUIT COURT
 ROBERT W. GERMAINE, CLERK
 By: /s/ Toni Kopp
 Deputy Clerk
 September 20, 27, 2013

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA
 PROBATE DIVISION
 FILE NO. PC 13-359
 Division Probate

IN RE: ESTATE OF RUSSELL J. OLESON, Deceased.

NOTICE TO CREDITORS
 The administration of the estate of RUSSELL J. OLESON, deceased, whose date of death was July 28, 2013, and whose social security number is XXX-XX-5032, is pending in the Circuit Court of the Tenth Judicial Circuit in and for Highlands County, Florida, Probate Division, the address of which is 590 S. Commerce Avenue, Sebring, FL 33870. The names and addresses of the personal representatives and the personal representative's attorney are set forth below.
 All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.
 All other creditors of the decedent and persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.
 ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH ABOVE, IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.
 NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.
 The date of first publication of this Notice is September 13, 2013.
 Personal Representative:
 Richard Miller
 721 S.E. Turtles Turn
 Avon Park, FL 33825
 Attorney for Personal Representative:
 /s/ Robert E. Livingston
 Florida Bar No. 0031259
 445 S. Commerce Avenue
 Sebring, Florida 33870
 Telephone: (863) 385-5156
 Facsimile: (863) 385-1161
 Email: livingston@livingstonpa.com
 September 13, 20, 2013

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA
 PROBATE DIVISION
 FILE NO. PC 13-359
 Division Probate

IN RE: ESTATE OF RUSSELL J. OLESON, Deceased.

NOTICE TO CREDITORS
 The administration of the estate of RUSSELL J. OLESON, deceased, whose date of death was July 28, 2013, and whose social security number is XXX-XX-5032, is pending in the Circuit Court of the Tenth Judicial Circuit in and for Highlands County, Florida, Probate Division, the address of which is 590 S. Commerce Avenue, Sebring, FL 33870. The names and addresses of the personal representatives and the personal representative's attorney are set forth below.
 All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.
 All other creditors of the decedent and persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.
 ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH ABOVE, IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.
 NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.
 The date of first publication of this Notice is September 13, 2013.
 Personal Representative:
 Richard Miller
 721 S.E. Turtles Turn
 Avon Park, FL 33825
 Attorney for Personal Representative:
 /s/ Robert E. Livingston
 Florida Bar No. 0031259
 445 S. Commerce Avenue
 Sebring, Florida 33870
 Telephone: (863) 385-5156
 Facsimile: (863) 385-1161
 Email: livingston@livingstonpa.com
 September 13, 20, 2013

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA
 PROBATE DIVISION
 FILE NO. PC 13-367
 Division Probate

IN RE: ESTATE OF STANLEY TYLER JONES, Deceased.

NOTICE TO CREDITORS
 The administration of the estate of STANLEY TYLER JONES, deceased, whose date of death was November 4, 2012, and whose social security number is XXX-XX-2407, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 S. Commerce Avenue, Sebring, FL 33870. The names and addresses of the personal representatives and the personal representative's attorney are set forth below.
 All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.
 All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.
 ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH ABOVE, IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.
 NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.
 The date of first publication of this Notice is September 13, 2013.
 Personal Representative:
 /s/ Peggy Jones
 PEGGY V. JONES
 6929 Pioneer Road
 Sebring, FL 33870
 Attorney for Personal Representative:
 /s/ Robert E. Livingston
 Florida Bar No. 0031259
 445 S. Commerce Avenue
 Sebring, Florida 33870
 Telephone: (863) 385-5156
 September 13, 20, 2013

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA
 GENERAL JURISDICTION DIVISION
 CASE NO. 282009CA000045XXAMX
 DEUTSCHE BANK NATIONAL TRUST COMPANY, AS TRUSTEE FOR LONG BEACH MORTGAGE LOAN TRUST 2005-1, Plaintiff,
 vs.
 CAROL WELLER, et al, Defendant.

NOTICE OF FORECLOSURE SALE
 NOTICE IS HEREBY GIVEN pursuant to a Final Judgment of Foreclosure dated March 8, 2013, and entered in Case No. 282009CA000045XXAMX of the Circuit Court of the Tenth Judicial Circuit in and for Highlands County, Florida, wherein DEUTSCHE BANK NATIONAL TRUST COMPANY, AS TRUSTEE FOR LONG BEACH MORTGAGE LOAN TRUST 2005-1, is the Plaintiff and CAROL WELLER, the UNKNOWN SPOUSE OF CAROL A. WELLER; BANK OF AMERICA, N.A.; UNKNOWN TENANT #1; UNKNOWN TENANT #2 are the Defendant(s). Robert Germaine as the Clerk of the Circuit Court will sell to the highest and best bidder for cash at 430 S. COMMERCE AVENUE, SEBRING, FL 33870 AT 11:00 A.M. on October 23, 2013, the following described property as set forth in said Final Judgment, to wit:
 LOT 74, COUNTRY CLUB LAKE ESTATES, ACCORDING TO PLAT THEREOF RECORDED IN PLAT BOOK 8, PAGE 44, PUBLIC RECORDS OF HIGHLANDS COUNTY FLORIDA.
 Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis pendens must file a claim within 60 days after the sale.
 Dated this 17th day of September, 2013.
 Robert Germaine
 As Clerk of the Court
 By: /s/ Priscilla Michalak
 As Deputy Clerk

IMPORTANT
 If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator, (863) 534-4690, at least 7 days before your scheduled court appearance, or immediately upon receiving this notification if the time before the scheduled appearance is less than 7 days; Notice of Foreclosure Sale; if you are hearing or voice impaired, call TDD (863) 534-7777 or Florida Relay Service 711.
 13-08220
 September 20, 27, 2013

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1050

Legals

IN THE CIRCUIT COURT
FOR HIGHLANDS COUNTY, FLORIDA
PROBATE DIVISION
FILE NO. PC 13-373

IN RE: ESTATE OF
BEN F. HOOVER, JR. Division: Probate
Deceased.

NOTICE TO CREDITORS
The administration of the estate of Ben F. Hoover, Jr., deceased, whose date of death was July 29, 2013, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 S. Commerce Avenue, Sebring, Florida 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is September 13, 2013.

Personal Representative:
/s/ Steven R. Yoder
1850 US Hwy 17 S., Lot Q 11
Avon Park, Florida 33825-8938

Attorney for Personal Representative:
/s/ Charlotte Stone
Charlotte C. Stone, Esq.
Attorney for Steven R. Yoder
Florida Bar Number: 21297
STONE & WALDER, P.L.
3200 U.S. Hwy 27 S., Suite 307
Sebring, FL 33870
Telephone: (863)402-5424
Fax: (863)402-5425
E-Mail: Charlotte@StoneLawGroupFL.com
September 13, 20, 2013

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IN THE CIRCUIT COURT
OF THE TENTH JUDICIAL CIRCUIT
HIGHLANDS COUNTY, FLORIDA
PROBATE DIVISION
FILE NO. PC 13-388

IN RE: ESTATE OF
CAROL JEANETTE SECOR-CANON
Deceased.

NOTICE TO CREDITORS
The administration of the estate of CAROL JEANETTE SECOR-CANON, deceased, whose date of death was August 2, 2013, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 S. Commerce Ave., Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and persons having claims or demands against decedent's estate must file their claim with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT SO FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIOD SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is September 13, 2013.

Personal Representative:
/s/ Joyce L. Ricart
4622 Queen Palm Dr.
Sebring, Florida 33870

Attorney for Personal Representative:
CLIFFORD M. ABLES III, P.A.
551 SOUTH COMMERCE AVE.
SEBRING, Florida 33870
Telephone: (863) 385-0112
Fax: (863) 385-2584
E-mail: craig@cmablespa.net
Secondary E-Mail: cmables@cmablespa.net
/s/ Brandon S. Craig
Attorney for Joyce L. Ricart
Florida Bar Number: 0085800
September 13, 20, 2013

IN THE CIRCUIT COURT
OF THE 10TH JUDICIAL CIRCUIT
IN AND FOR HIGHLANDS COUNTY, FLORIDA
CASE NO. 28-2012-CA-000428
HSBC BANK USA, NATIONAL ASSOCIATION AS
TRUSTEE FOR DEUTSCHE ALT-A SECURITIES
MORTGAGE LOAN TRUST, SERIES 2005-1
Plaintiff,
vs.
DIMITRIOS LINARDATOS, et al.
Defendant(s)

NOTICE OF SALE
PURSUANT TO CHAPTER 45

NOTICE IS HEREBY given pursuant to an Order or Final Judgment of Foreclosure dated September 13, 2013, and entered in Case No. 28-2012-CA-000428 of the Circuit Court of the 10th Judicial Circuit in and for Highlands County, Florida, wherein HSBC BANK USA, NATIONAL ASSOCIATION AS TRUSTEE FOR DEUTSCHE ALT-A SECURITIES MORTGAGE LOAN TRUST, SERIES 2005-1, is the Plaintiff and DIMITRIOS LINARDATOS; UNKNOWN SPOUSE OF DIMITRIOS LINARDATOS; N/A JOYCE GODWIN; UNKNOWN TENANT(S) 1, N/A KIM HENDRICKS; AND HEARTLAND NATIONAL BANK, are the Defendants, the Clerk of Court will sell to the highest and best bidder for cash in the Jury Assembly Room, Basement, of the Highlands County Courthouse, 430 South Commerce Avenue, Sebring, FL 33870, at 11:00 a.m. Eastern Time, on October 16, 2013, the following described property set forth in said Order of Final Judgment, to wit:
Lot 17, in Block 251, of Sun 'N Lake Estates of Sebring, Unit 13, according to the plat thereof as

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Call Anita at: 863-385-6155 or
Email: amarsella@newssun.com

1050 Legals
 recorded in Plat Book 9, Page 71, of the Public Records of Highlands County, Florida.
 IF YOU ARE A PERSON CLAIMING A RIGHT TO FUNDS REMAINING AFTER THE SALE, YOU MUST FILE A CLAIM WITH THE CLERK OF COURT NO LATER THAN 60 DAYS AFTER THE SALE. IF YOU FAIL TO FILE A CLAIM, YOU WILL NOT BE ENTITLED TO ANY REMAINING FUNDS. AFTER 60 DAYS, ONLY THE OWNER OF RECORD AS OF THE DATE OF THE US PENDENS MAY CLAIM THE SURPLUS.
 If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator at (863) 534-4686 (Voice) or (863) 534-7777 (TDD) or (800) 955-8770 (Florida Relay Service), at least 7 days before your scheduled court appearance, or immediately upon receiving this notification if the time before the scheduled appearance is less than 7 days; if you are hearing or voice impaired, call 711.
 DATED at Highlands County, Florida, this 13th day of September, 2013.
 Robert W. Germaine, Clerk
 Highlands County, Florida
 By: /s/ Priscilla Michalak
 Deputy Clerk
 WWR #10082507
 September 20, 27, 2013

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DR'S OFFICE in Lake Placid seeking MEDICAL ASSISTANT.
 Send reply to Box 128, The News-Sun, 2227 U.S. 27 South, Sebring FL, 33870.

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SOUTH FLORIDA State College

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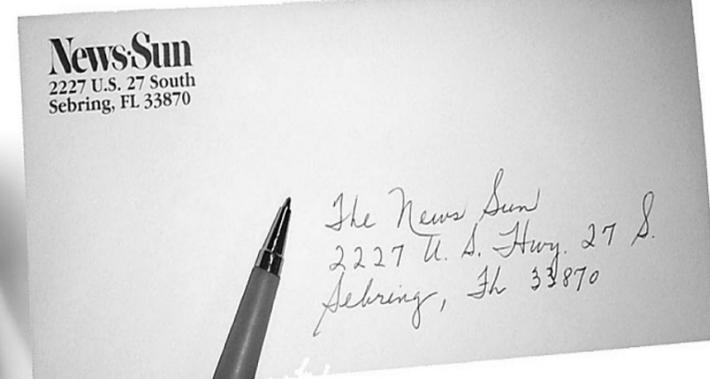
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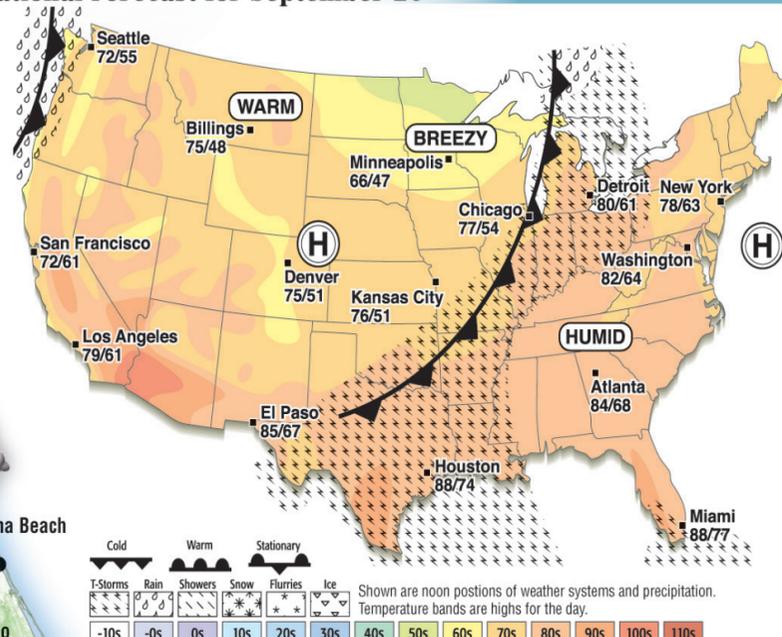


NEWS-SUN
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Five-Day forecast for Highlands County

TODAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
An afternoon thunderstorm in spots	Partly sunny, a t-storm in spots	Variable clouds, t-storms possible	Showers and a heavier thunderstorm	Cloudy, a couple of t-storms; humid
90° / 70°	91° / 75°	89° / 76°	86° / 75°	89° / 75°
Winds: E at 6-12 mph	Winds: SE at 4-8 mph	Winds: SW at 7-14 mph	Winds: E at 6-12 mph	Winds: SE at 4-8 mph

National Forecast for September 20



Almanac

Temperature
Readings at Archbold Biological Station in Lake Placid

High Sunday	90°
Low Sunday	70°
High Monday	87°
Low Monday	70°
High Tuesday	87°
Low Tuesday	71°
High Wednesday	86°
Low Wednesday	72°

Heat Index
For 3 p.m. today

Relative humidity	58%
Expected air temperature	87°
Makes it feel like	93°

Barometer

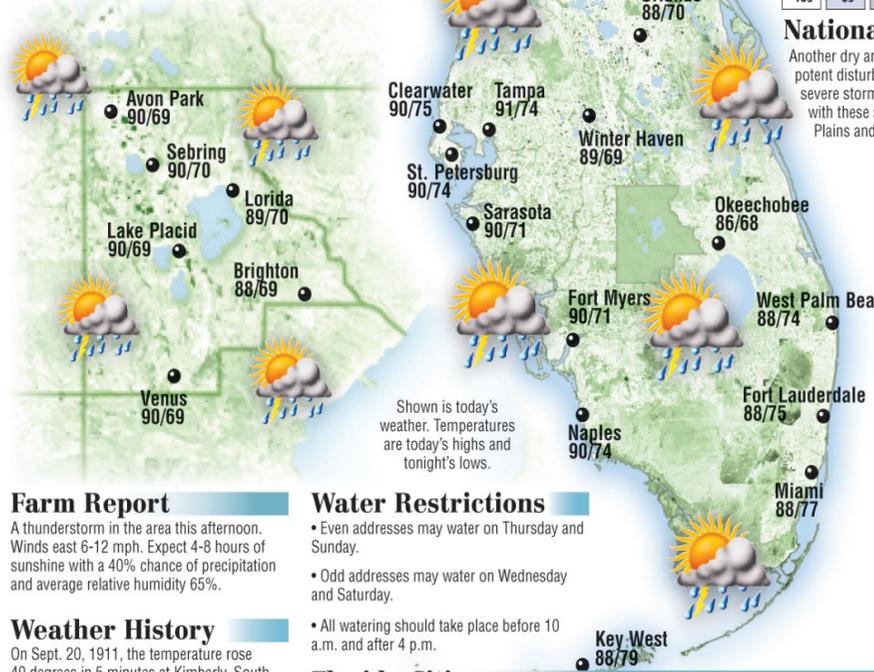
Monday	29.92
Tuesday	29.89
Wednesday	29.13

Precipitation

Monday	0.68"
Tuesday	0.17"
Wednesday	0.40"
Month to date	6.02"
Year to date	57.94"

Regional Summary

Times of sun and clouds today with a shower or thunderstorm in the area in the afternoon. Partly cloudy tonight. Partly sunny tomorrow with a shower or thunderstorm in the area.



Farm Report

A thunderstorm in the area this afternoon. Winds east 6-12 mph. Expect 4-8 hours of sunshine with a 40% chance of precipitation and average relative humidity 65%.

Water Restrictions

- Even addresses may water on Thursday and Sunday.
- Odd addresses may water on Wednesday and Saturday.
- All watering should take place before 10 a.m. and after 4 p.m.

Weather History

On Sept. 20, 1911, the temperature rose 40 degrees in 5 minutes at Kimberly, South Africa. Most thunderstorms bring cooler air. Sometimes a downdraft brings warm, dry air.

Florida Cities

City	Today	Sat.	Sun.
Cape Coral	90/71/pc	89/76/pc	87/77/t
Clearwater	90/75/pc	90/77/pc	86/77/r
Coral Springs	88/74/pc	88/75/pc	90/77/pc
Daytona Beach	84/69/pc	86/73/pc	87/74/c
Fl. Laud. Bch	88/75/pc	88/78/pc	89/79/pc
Fort Myers	90/71/pc	89/76/pc	87/76/t
Gainesville	86/65/pc	86/71/pc	84/72/r
Hollywood	88/74/pc	87/76/pc	89/78/pc
Homestead AFB	87/74/pc	87/75/pc	88/77/pc
Jacksonville	84/67/s	85/72/pc	85/71/t
Key West	88/79/pc	88/81/pc	88/82/pc

Sun and Moon

	Today	Saturday
Sunrise	7:14 a.m.	7:14 a.m.
Sunset	7:25 p.m.	7:23 p.m.
Moonrise	8:11 p.m.	8:52 p.m.
Moonset	8:16 a.m.	9:14 a.m.



Tides

Readings at St. Petersburg

High	2:42 a.m.
Low	9:12 a.m.
High	3:40 p.m.
Low	9:17 p.m.

Readings at Palm Beach

High	9:54 a.m.
Low	3:19 a.m.
High	10:09 p.m.
Low	3:44 p.m.

Lake Levels

Readings as of 7 a.m. yesterday

Lake Jackson	78.36'
Lake Okeechobee	15.54'
Normal	14.51'

UV Index Today

The higher the AccuWeather.com UV Index™ number, the greater the need for eye and skin protection.



0-2 Low; 3-5 Moderate; 6-7 High; 8-10 Very High; 11+ Extreme
Forecasts and graphics provided by AccuWeather, Inc. ©2013

U.S. Cities

City	Today	Sat.	Sun.
Albuquerque	78/60/pc	81/62/s	81/58/s
Atlanta	84/68/s	78/65/t	76/63/r
Baltimore	81/63/pc	81/63/t	76/60/pc
Birmingham	88/72/pc	79/63/r	80/61/t
Boston	77/59/s	75/64/pc	75/56/c
Charlotte	84/63/s	77/63/t	76/62/t
Cheyenne	68/45/s	79/51/s	77/46/pc
Chicago	77/54/t	69/51/s	67/51/s
Cleveland	82/65/t	70/54/t	64/51/pc
Columbus	84/67/t	75/55/t	69/53/pc
Dallas	82/70/r	87/62/pc	88/63/s
Denver	75/51/s	83/54/s	83/50/pc
Detroit	80/61/t	70/51/pc	65/50/pc
Harrisburg	78/60/pc	74/63/t	73/55/c
Honolulu	89/75/s	88/74/s	89/73/s
Houston	88/74/r	87/71/t	91/71/s
Indianapolis	80/60/t	74/52/pc	71/52/pc
Jackson, MS	88/72/t	84/63/r	83/59/pc
Kansas City	76/51/t	75/52/s	76/53/s
Lexington	84/64/t	73/55/t	70/54/pc
Little Rock	82/67/r	83/58/pc	81/58/s

World Cities

City	Today	Sat.	Sun.
Acapulco	88/74/t	88/76/t	87/77/t
Athens	84/68/sh	80/67/s	77/65/pc
Beirut	85/72/s	81/73/sh	81/73/pc
Berlin	63/49/sh	64/48/pc	64/52/c
Bermuda	82/73/c	82/75/t	84/75/t
Calgary	70/43/s	70/43/pc	65/41/pc
Dublin	57/50/s	71/58/pc	74/58/pc
Edmonton	70/40/s	73/43/c	69/39/pc
Freeport	86/74/t	85/76/pc	87/81/pc
Geneva	64/49/pc	68/46/pc	72/46/c
Havana	90/73/t	89/75/t	88/75/t
Hong Kong	91/82/s	91/80/s	82/78/r
Jerusalem	84/63/s	78/62/s	78/60/sh
Johannesburg	81/49/s	69/51/c	67/49/c
Kiev	55/51/r	56/48/r	58/47/c

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Friday Night Football

Sebring at LaBelle

Lake Placid at Golden Gate

Avon Park at Cardinal Mooney



7 p.m., Cowboy Stadium

Sebring – 2-1, lost to Hardee, 21-0.

LaBelle – 1-2, lost to Lemon Bay, 56-21.



7 p.m., Titan Stadium

Lake Placid – 1-1, lost 44-7 to Cardinal Mooney

Golden Gate – 1-2, lost to Barron Collier, 42-13.



7 p.m., Ed Smith Stadium

Avon Park – 0-3, lost 48-0 at Fort Meade

Cardinal Mooney – 3-0, beat Lake Placid 44-7.

Crappie Season is already here?

Well, here it is, the third week of September, and the beginning for many of us to start fishing for crappie, or as the locals call them, specks.

I've been getting reports for the last few weeks of good crappie catches in Lake Istokpoga and Lake June as well as a few of the smaller lakes.

Jigs, tipped with a minnow in 4-6' of water have been working well, particularly on the south end of the big lake near the spillway.

A couple of guys showed me pictures last week of a 15" crappie, as well as a number of 13" and 14" inch fish they'd taken on deer hair jigs and minnows earlier this month from Istokpoga.

Last year I started fishing for Crappie in mid-September at Lake Istokpoga and I was able to find good, quality fish all over the north end of the lake.

I like to fish with crappie rigs – two snelled, long shank hooks with a weight on the bottom, drifting with a couple of rods in 4-6' of water.

I was catching most of them during the day, from about 9 a.m. to Noon, although I'm sure the bite would have been better after dark.

I did fish into the evening a couple of nights in October but the bugs were so bad that even with a headgear made of mosquito netting, they'd drive me off the water.

The three lakes I fished for crappie last year and early this year were Lake Istokpoga, Lake Glenada and Lake Lotela.

I know there are strong crappie populations in many other lakes in Highlands County, but of these three lakes, the largest crappies I caught came out of Lake Istokpoga.

I fished there from September through the end of November and then switched over to Lake Glenada and Lake Lotela.

The fish weren't as large in Lotela and Glenada but they were much more plentiful.

Although to be fair, I fished these two lakes after dark.



Fishin' Around...

Don Norton

The bugs were bad a few nights, but if there was any wind at all, the bugs were manageable and after the first hour they'd pretty much settle down and leave you alone.

What was interesting is that in Lake Istokpoga I drift fished with crappie rigs in 4-6' of water while at Glenada and Lotela, I typically anchored in 22' - 24' of water and let the fish come to me.

Bob Scranton of Avon Park would often take his boat and meet me at Lotela, setting up between 4:30 p.m. and 5 p.m.

We'd fish fairly close to each other and typically catch a few before dark, but once the sun went down the real action would get started.

My depthfinder is set to beep when it scans a fish and by 6:30 p.m., it would be beeping like crazy as one school of crappies would swim by, followed by another and another.

We did catch a few really nice 13 inchers, but most were in the 10" to 12" range.

Fishing with the crappie rig is a lot of fun and it's not unusual to catch two crappies at the same time on the same rod.

If they're big ones it will feel like a real monster bringing them up from a 20+ depth.

So get out your light action spinning rods and pick up some minnows.

It's time to get out there and cash in on one of the best eating fish in Florida.

Wednesday, Sept. 11, Bass Tournament

We had seven boats show up for last Wednesday's bass tournament on Lake Jackson.

Everyone caught fish and most everyone weighed in their three-fish limit.

Lots of fish are being caught on this lake but most

See CRAPPIE, Page B3

Dragons edge past Devils

By HANNAH WALLER

News-Sun Correspondent

LAKE PLACID – The tension in Lake Placid High School's gym was so thick you could cut it with a knife as arch rivals Lake Placid and Avon Park stepped onto the volleyball court Tuesday night.

Both undefeated in district play, the two Highlands County volleyball teams have been close competitors on the volleyball court for years, but it was the Lake Placid Dragons who came out with a win of 3-1 over the Red Devils.

Lake Placid started off with service but the first point of the match went to Avon Park.

The Lady Dragons responded to that with a quick eight-point run, with Breaua Corley getting a spike and two blocks.

By the time the Dragons had 18 points, the Red Devils were trailing far behind with only 8.

Those numbers didn't seem to sit well with Avon Park, and it didn't take them long to shrink the gap from a 10-point gap to only a two-point lead for the Dragons, making the score now 18-16.

This impressive comeback forced the Lady Dragons to pick up their game, and the final score of the first set was 25-23.

The Red Devils were



Dan Hoehne/News-Sun files

Lake Placid's Bella Caraballo came up with some big hits in Tuesday's district showdown with Avon Park.

once again first to make it on the scoreboard, but after a kill by Corley, the scoreboard read 2-1 with Avon Park in the lead.

It seemed like a game of tag was occurring as points were traded back and forth between the two teams before reaching a score of 19-15, with Lake Placid ahead.

Kills by Corley and Bella Caraballo got the score up to 21-15.

But again, Avon Park wasted no time catching up

to the Dragons after a block by Avon Park's Marina Torres and a well-placed kill by Imani Tate, making the score 24-21.

The fact that it was set point didn't seem to faze the Red Devils, as an extremely long volley between the two teams was finally finished with a kill by Avon Park's Otaysha Smith.

Another point for Avon Park tied up the score, but a spike by Lake Placid's Jacalyn Baldwin and a

mishit by Avon Park finished the set 26-24.

A three-point run by Avon Park started out the third set, but was cut short with a spike by Corley.

Neither team seemed to be able to get a grasp of things as points flipped back and forth, with Avon Park's Torres and Lake Placid's Corley often at the front to finish the point off.

Lake Placid struggled to stay up with the Lady

See MATCH, Page B4



Dan Hoehne/News-Sun

Jada Spano of Brandon rises up for the Lady Panthers Tuesday night as South Florida gave Polk State all it could handle.

Lady Panthers are on the prowl

By BRITTANY WHITTINGTON

News-Sun correspondent

AVON PARK – Progress is surely being made and the results are beginning to show as the young South Florida volleyball squad is looking poised to make some noise.

The Lady Panthers were back in action at home Tuesday night against Polk State after a long two weeks on the road, which included a rare win over a perennially tough Daytona State College team.

Although they came up empty handed, they battled tooth and nail to the very end; and were even able to steal a set away from the Eagles.

It was a slow start for the Panthers with Polk starting off with a run, but back-to-back kills put them on the board trailing 7-3.

A nice assisted block between Evin Foster, from

Stuart, FL, and Madison Bitton, from Clinton, UT, added another score for South Florida.

In the blink of an eye, the Panthers were tied up at 10 with the Eagles after a kill from Houston Texan Jasmine Kelly.

Slowly, South Florida began to pull away from Polk and an ace by Abbey Rouch put the Panthers up 13-11, forcing the Eagles to call a timeout.

There was no stopping the persistent Panthers as they continued to put up points on the board with the score now 14-12, but Polk gained a little momentum and tied the score at 15, causing the Panthers to use their first timeout.

The momentum slowly shifted more and more towards the Eagles and they were able to take away the first set 25-18.

South Florida came out strong and looking for a win

in the second set.

An assisted block between Jada Spano, from Brandon, and Bitton put the Panthers up 3-2.

Multiple kills by Brianna Ballow, from Elkhart, IN, tied the score at 10.

After these consecutive points, South Florida began to slowly ease away and inch closer to taking the second set.

The Eagles took a timeout at 16-14 to try and slow the run, but were unsuccessful when South Florida retaliated with another assisted block between Foster and Kelly, making the score now 20-14.

Polk was able to score a few points to catch up, but a timeout called by head coach Kim Crawford stopped the run at 21-17.

South Florida was just two points away from victory when another timeout was called by Polk State at 23-

See SFSC, Page B4

THE SCOREBOARD



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FRIDAY

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3:30 p.m. Tennessee at Florida. CBS

3:30 p.m. Michigan State at Notre Dame. NBC

3:30 p.m. Purdue at Wisconsin. ABC

3:30 p.m. Arkansas at Rutgers. ESPN

3:30 p.m. Utah State at USC. ESPN2

7 p.m. Colorado State at Alabama. ESPN2

7:45 p.m. Auburn at LSU. ESPN

8 p.m. Kansas State at Texas. ABC

10:15 p.m. Utah at BYU. ESPN2

GOLF

FRIDAY

9 a.m. EuroPGA – BMW Italian Open. GOLF

1 p.m. PGA – The Tour Championship. GOLF

6:30 p.m. PGA – Pacific Links Championship. GOLF

SATURDAY

10 a.m. PGA – The Tour Championship. GOLF

Noon EuroPGA – BMW Italian Open. GOLF

Noon PGA – The Tour Championship. NBC

6:30 p.m. PGA – Pacific Links Championship. GOLF

MLB

FRIDAY

7 p.m. Baltimore at Tampa Bay. SUN

SATURDAY

1 p.m. Baltimore at Tampa Bay. FOX

4 p.m. Atlanta at Chicago Cubs. WGN

Times, games, channels all subject to change

Major League Baseball

AMERICAN LEAGUE

East Division

	W	L	Pct	GB
Boston	92	61	.601	—
Tampa Bay	83	68	.550	8
Baltimore	81	70	.536	10
New York	80	72	.526	11.5
Toronto	69	82	.457	22

Central Division

	W	L	Pct	GB
Detroit	88	64	.579	—
Cleveland	82	70	.539	6
Kansas City	80	72	.526	8
Minnesota	65	86	.430	22.5
Chicago	60	92	.395	28

West Division

	W	L	Pct	GB
Oakland	89	63	.586	—
Texas	82	69	.543	6.5
Los Angeles	74	78	.487	15
Seattle	67	85	.441	22
Houston	51	101	.336	38

Tuesday's Games

Toronto 2, N.Y. Yankees 0
 Detroit 6, Seattle 2
 Baltimore 3, Boston 2
 Texas 7, Tampa Bay 1
 Cincinnati 10, Houston 0
 Cleveland 5, Kansas City 3
 Chicago White Sox 4, Minnesota 3
 Oakland 2, L.A. Angels 1

Wednesday's Games

Minnesota 4, Chicago White Sox 3
 L.A. Angels 5, Oakland 4, 11 innings
 N.Y. Yankees 4, Toronto 3
 Seattle 8, Detroit 0
 Baltimore 5, Boston 3, 12 innings
 Tampa Bay 4, Texas 3, 12 innings
 Cincinnati 6, Houston 5, 13 innings
 Kansas City 7, Cleveland 2

Thursday's Games

Seattle at Detroit, late
 Houston at Cleveland, late
 N.Y. Yankees at Toronto, late
 Baltimore at Boston, late
 Texas at Tampa Bay, late
 Minnesota at Oakland, late

Friday's Games

Houston (Oberholzer 4-3) at Cleveland (McAllister 8-9), 7:05 p.m.
 San Francisco (Lincecum 10-13) at N.Y. Yankees (Sabathia 13-13), 7:05 p.m.
 Chicago White Sox (Rienzo 2-2) at Detroit (Scherzer 19-3), 7:08 p.m.
 Baltimore (Hammel 7-8) at Tampa Bay (Price 8-8), 7:10 p.m.
 Toronto (Rogers 5-7) at Boston (Lester 14-8), 7:10 p.m.
 Texas (M.Perez 9-5) at Kansas City (E.Santana 9-9), 8:10 p.m.
 Minnesota (A.Albers 2-3) at Oakland (Colon 16-6), 10:05 p.m.
 Seattle (E.Ramirez 5-2) at L.A. Angels (Weaver 10-8), 10:05 p.m.

LEAGUE LEADERS

BATTING

	AB	R	H	BA
Cabrera, DET	524	100	182	.347
Trout, LAA	561	108	185	.330
Mauer, MIN	445	62	144	.324
A. Beltré, TEX	587	81	186	.317
Cano, NYY	570	80	177	.311

HOME RUNS

Davis, BAL	51
Cabrera, DET	44
Encarnacion, TOR	36
Trumbo, LAA	34
Dunn, CHW	32

RUNS BATTED IN

Davis, BAL	134
Cabrera, DET	134
Encarnacion, TOR	104
Cano, NYY	104
Fielder, DET	102
Jones, BAL	102

WON-LOST

Scherzer, DET	19-3
Wilson, LAA	17-6
Colon, OAK	16-6
Tillman, BAL	16-6
Moore, TB	15-3

EARNED RUN AVERAGE

Sanchez, DET	2.51
Colon, OAK	2.73
Iwakuma, SEA	2.76
Darvish, TEX	2.79
Scherzer, DET	2.95

SAVES

J. Johnson, BAL	47
Rivera, NYY	44
Holland, K-C	43
Nathan, TEX	39
Balfour, OAK	38
Reed, CHW	38

NATIONAL LEAGUE

East Division

	W	L	Pct	GB
Atlanta	90	62	.592	—
Washington	81	71	.533	9
Philadelphia	71	81	.467	19
New York	68	83	.450	21.5
Miami	56	96	.368	34

Central Division

	W	L	Pct	GB
St. Louis	89	63	.586	—
Pittsburgh	87	65	.572	2
Cincinnati	87	66	.569	2.5
Milwaukee	68	83	.450	20.5
Chicago	63	89	.414	26

West Division

	W	L	Pct	GB
Los Angeles	87	65	.572	—
Arizona	77	74	.510	9.5
San Diego	71	80	.470	15.5
San Francisco	70	82	.461	17
Colorado	69	84	.451	18.5

Tuesday's Games

Washington 6, Atlanta 5, 1st game
 Washington 4, Atlanta 0, 2nd game
 Philadelphia 6, Miami 4
 San Diego 5, Pittsburgh 2
 San Francisco 8, N.Y. Mets 5
 Milwaukee 4, Chicago Cubs 3
 Cincinnati 10, Houston 0
 St. Louis 11, Colorado 4
 L.A. Dodgers 9, Arizona 3

Wednesday's Games

Atlanta 5, Washington 2
 Miami 4, Philadelphia 3, 10 innings
 San Diego 3, Pittsburgh 2
 N.Y. Mets 5, San Francisco 4
 Milwaukee 7, Chicago Cubs 0
 Cincinnati 6, Houston 5, 13 innings
 St. Louis 4, Colorado 3
 Arizona 9, L.A. Dodgers 4

Thursday's Games

San Diego at Pittsburgh, late
 San Francisco at N.Y. Mets, late
 Chicago Cubs at Milwaukee, late
 St. Louis at Colorado, late
 L.A. Dodgers at Arizona, late
 Miami at Washington, late

Friday's Games

Atlanta (Maholm 10-10) at Chicago Cubs (S.Baker 0-0), 2:20 p.m.
 Cincinnati (Latos 14-6) at Pittsburgh (Liriano 16-7), 7:05 p.m.
 Miami (Ja.Turner 3-7) at Washington (Zimmermann 18-8), 7:05 p.m.
 N.Y. Mets (Matsuzaka 1-3) at

LOCAL SCHEDULE



Avon Park

TODAY: Football at Cardinal Mooney, 7 p.m.
MONDAY: Girls Golf vs. Auburndale, 4 p.m.
TUESDAY: Volleyball vs. Mulberry, 6/7:30 p.m.; Swim at Lake Placid, 5:30 p.m.



Lake Placid

TODAY: Football at Golden Gate, 7 p.m.
TUESDAY: Volleyball vs. McKeel Academy, 6/7:30 p.m.; Swim vs. Avon Park, 5:30 p.m.; Boys Golf at DeSoto, Bluffs, 4 p.m.; Girls Golf vs. DeSoto, 4 p.m.; Cross Country hosts meet, 4:30 p.m.
THURSDAY: Volleyball at Hardee, 6/7:30 p.m.; Swim at All Saints, Winter Haven, 5:30 p.m.



Sebring

TODAY: Football at LaBelle, 7 p.m.
TUESDAY: Volleyball vs. DeSoto, 6/7:30 p.m.; Boys Golf at All Saints, 3:30 p.m.; Girls Golf at Jenkins, 4 p.m.; Swim at Lake Gibson, 5:30 p.m.
THURSDAY: JV Football at Frostproof, 7 p.m.; Boys Golf vs. Lake Gibson, Jenkins, 4 p.m.



SFSC

FRIDAY: Baseball hosts Tri-Weekend, vs. St. Petersburg, 11 a.m., vs. State College of Florida, 4 p.m.
SATURDAY: Softball hosts Tri-Weekend, vs. Panthers Clint, 11 a.m., vs. Palm Beach State College, 1 p.m.
TUESDAY: Volleyball at State College of Florida, 7 p.m.

SPORTS SNAPSHOTS

STR8 UP seeks help

LAKE PLACID – As STR8 UP Youth Ministry in Lake Placid celebrates its one-year anniversary as a ministry, they are looking for ways to enhance their programs in order to maintain and challenge the influx of teenagers that enter the ministry.

The youth currently play basketball on the back parking lot area and have long since outgrown it.

They need the challenge of a full court and higher goals.

William E. Lewis and Associates have donated the NBA-style fiberglass goals.

Bevis Construction and Concrete has once again partnered with the program to provide the labor for this considerable project.

STR8 UP is seeking to raise \$7,500 for 80 yards of concrete.

STR8 UP is asking for donations towards the goal – one quarter of a yard of concrete is \$25, half a yard is \$50, and one yard of concrete is \$100.

All donations are welcome. Please make checks payable to STR8 UP Youth Ministry P.O. Box 654 Lake Placid, FL 33862 or PayPal can be used from their website www.str8up.org.

Excel Volleyball Clinics

AVON PARK – South Florida State Volleyball coach Kim Crawford will be offering four clinics for beginner/intermediate boys and girls interested in learning fundamental volleyball skills, loco-motor movements, eye/hand coordination and team building skills.

Each clinic will meet one day for two hours, with a cost of \$50 per clinic.

The clinics will meet in the Panther Gym at SFSC on Saturday's Sept. 21 and Oct. 5 and 12, from 9-11 a.m. each day.

The clinic is perfect for middle-school athletes preparing for the school season.

Private, specialized training sessions with Coach Crawford will be available immediately following each clinic, from 11 a.m.-Noon, at \$20 per athlete.

For more information, contact Crawford at (863) 385-2377, or at crawford@xcelvolleyball.net.

Coz Youth Bowling

LAKE PLACID – Coz's Youth Bowling League of Lake Placid, for ages 7 and up, started its' new season on Saturday, Aug. 24.

New Bowlers are welcome with a \$25 sign-up fee which includes a shirt.

Bowling is Saturday mornings through Dec. 21, starting at 9 a.m. each day.

Weekly cost is \$11 and includes three games of bowling, shoes and prize fund. Pee Wees, ages 3-6, are also welcome and special rates apply.

All Youth League bowlers are eligible for reduced rate open bowling (some restrictions apply) and free bowling with instruction on Friday's from 4:30-6 p.m. – must be accompanied by an adult.

Come out for instruction and a good time.

Call Frank Peterson at 382-9541, or Donna Stanley at 441-4897 for more information.

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Philadelphia (Hamels 8-13), 7:05 p.m.
 San Francisco (Lincecum 10-13) at N.Y. Yankees (Sabathia 13-13), 7:05 p.m.
 Arizona (Delgado 5-6) at Colorado (Chacin 13-9), 8:10 p.m.
 St. Louis (S.Miller 14-9) at Milwaukee (Hollweg 1-4), 8:10 p.m.
 L.A. Dodgers (Volquez 9-11) at San Diego (Erlin 2-3), 10:10 p.m.

LEAGUE LEADERS

BATTING

	AB	R	H	BA
Cuddyer, COL	468	72	155	.331
C. Johnson, ATL	483	50	158	.327
McCutchen, PIT	551	93	180	.327
Carpenter, STL	586	119	190	.324
Werth, WAS	430	78	139	.323

HOME RUNS

Goldschmidt, ARI	34
Alvarez, PIT	33
Bruce, CIN	30
Brown, PHL	27
J. Upton, ATL	26
Gonzalez, COL	26

RUNS BATTED IN

Goldschmidt, ARI	118
Bruce, CIN	103
Phillips, CIN	101
Freeman, ATL	100
Gonzalez, LAD	98

WON-LOST

Zimmermann, WAS	18-8
Wainwright, STL	17-9
De La Rosa, COL	16-6
Liriano, PIT	16-7
Greinke, LAD	15-3

EARNED RUN AVERAGE

Kershaw, LAD	1.94
Fernandez, MIA	2.19
Harvey, NYM	2.27
Greinke, LAD	2.75
Bumgarner, SF	2.83

SAVES

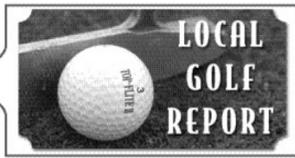
Kimbrel, ATL	48
Soriano, WAS	41
Mujica, STL	37
Chapman, CIN	37
Romo, SF	35

National Football League

AMERICAN CONFERENCE

East

	W	L	T	Pct	PF	PA
New England	2	0	0	1.000	36	31
Miami	2	0	0	1.000	47	30
Buffalo	1	1	0	.500	45	46
N.Y. Jets	1					

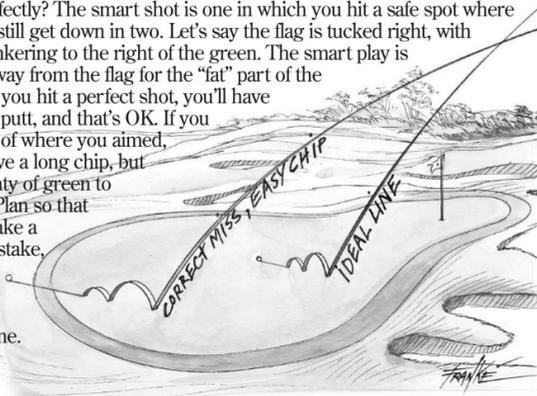


Today's Tip MASTER STROKES

Think Ahead—Miss Smartly

When you're up against a tough pin position, think one shot ahead. Sure, you want to "knock it stiff," but what price will you pay if you don't hit it perfectly? The smart shot is one in which you hit a safe spot where you can still get down in two. Let's say the flag is tucked right, with deep bunkering to the right of the green. The smart play is to aim away from the flag for the "fat" part of the green. If you hit a perfect shot, you'll have a 30-foot putt, and that's OK. If you miss left of where you aimed, you'll have a long chip, but with plenty of green to chip to. Plan so that if you make a small mistake, your next shot is a simple one.

By Jim McLean, owner, Jim McLean Golf School, author of the best-selling books "The Slot Swing" and "The 8-Step Swing," illustrated by Phil Franke



Lake June West

A Mixed Scramble was played on Thursday, Sept. 12.

The team of John and Gloria Huggett, Charlotte Mathew and Betty Billau came in first with a 56, while Dick Denhart, along with Larry and Chris Heath, teamed up for a 60 and second place.

Taking third, with a 64, was the team of Margaret Schultz, Joanne McGill, Don Boulton and John Ruffo.

In closest to the pin on the day, John Huggett got to 31-feet, 4-inches from No. 4 and to 14-feet, 10-inches from No. 2.

Margaret Schultz hit to 10-feet, 8-inches from No. 8.

The Men's League hit the course on Wednesday, Sept. 11 and saw Dick Denhart, Norm Grubbs, Fred Neer and Larry Heath score a 45 for the win.

Dick Reaney, Don Boulton, Jack Maginnis and John Ruffo combined for a 55 and second place.

Reaney hit to an even 27 feet from No. 2 and Maginnis to 5-feet, 6-inches from No. 8.

Placid Lakes

ted for fourth with +3.

Closest to the pin saw Don Lamb of the Country Club of Sebring win A Flight, Chuck Ford of Pinecrest top B Flight, Josef Curiel of Sebring Municipal win C Flight and Jerry Havener of Harder Hall take D Flight.

For longest drive, Mike Lingenfelder of the Municipal won A Flight, Keith Strickland of Pinecrest take B Flight, Jan Nigh of Golf Hammock top C Flight and Brad Milsap of Highlands Ridge win D Flight.

Golf Hammock

Last Monday, Sept. 16, the Mezza Group played Individual golf using Pro-Am Points.

Jim Gulick scored plus 6 in A group for first place and Travis Fore came in second place with plus 2.

In B group Doug Haire came in first place with plus 4 and Joe Hzyny in second place with plus 3.

There was a tie for first place in C group between Richard Lucas and Jim Daigneault at minus 2.

There was a three-way tie in D group at plus 3 between Jack Stafford, Pete Mezza and Joe Hamilton.

Tony Frances scored plus 3 to take first place in E group and Bob Hughes came in second place with plus 1.

In F group Dave Hankinson had plus 6 for first place and Ken Porter came in second place with plus 2.

In G group Larry Spry came in first place with plus 2 and Ron Geouque in second place at even.

Next week the Mezza Group will play at Golf Hammock beginning at 7:45 a.m.

For more information, call Pete at 382-1280.

Harder Hall

The Men's Interclub tournament took place on Monday, Sept. 9 and saw Harder Hall take top team honors with +30.

Golf Hammock was next at +24, followed by Sun 'N Lake at +22, Country Club of Sebring at +18, Pinecrest at +16, River Greens at +14, Sebring Municipal at +13, Bluffs at +12 and Highlands Ridge at +1.

Individually, in A Flight, George Beres of Sun 'N Lake took first with +10, followed by a tie for second between Sebring Municipal's Mike Lingenfelder and Sun 'N Lakes' Bill Norcross at +4.

Jim Corine, of the Muni, took fourth in the flight at +3.

In B Flight, Golf Hammock's Gar Galle was first with +9, while Pinecrest's Tom Hokenson was second with +7.

Chuck Ford, of the Country Club of Sebring, was third at +6, with John Scott of Sebring Municipal fourth at +4.

C Flight saw Bob Coleman of Harder Hall take first with +8, and another tie for second had Joe Hzyny of the Country Club and Chuck Rafatti of Sun 'N Lakes at +7 each.

Bob Trier of Golf Hammock was fourth at +5.

Gene Josey of Pinecrest won D Flight with a +6, followed closely by Highlands Ridge's Brad Milsap's +5 for second.

Pinecrest also took third in the flight, with Bill Ringo bringing in a +4, and Randy O'Neil of the Country Club, Ron Jenson of River Greens and Dennis Berard of Golf Hammock all

Crappie season coming, Bass Tournaments still going

Continued from B1

are in the 14-15" size range.

Nick DeSanta and Roy Clark won the event with three fish weighing 6.50 pounds, followed by Paul Tardiff with 6.32 pounds and Dwight Ameling and Bob Stanley with 5.76 pounds.

It was pretty tough fishing later in the morning with gale force winds and rain forcing most of us off the lake early as the storm hit hardest around 11:30 a.m.

I caught a lot of bass but just couldn't find any big fish.

Friday, Sept. 13, Bass Tournament

We had a few more boats join us on Friday the 13th at Lake Glenada.

Although one of my favorite big bass lakes, this lake has been tough over the last couple of months for me

and I was looking at trying a new strategy.

Burt Watkins of Avon Park was my partner for the day and I shared with him that unlike the past few tournaments when I'd fished a Bass Assassin or flipped the reeds with a Yum Dinger, today I'd be throwing a white spinner bait with oversized, silver willow-leaf blades.

On my fifth or sixth cast I was rewarded with a 4 3/4-lb largemouth, and a few minutes later, a chunky bass just under 3 pounds.

Just as I was congratulating myself with picking the right lure for the day, Burt hooked into a good fish weighing almost 4 1/2 lbs with my "go-to" bait, a Bass Assassin Silver Phantom.

So by 8 a.m., only 30 minutes into the tournament, we

figured we had about 11 pounds and even if we didn't add any weight, it would surely be enough to win.

Seeing as how it was my birthday, that seemed like a pretty good present.

Although we did catch quite a few more bass throughout the rest of the morning, we never added to our weight and with great confidence, we carried our fish up to the scales to weigh them in.

The total was 11.38 pounds, and then Dwight Ameling and Bob Stanley brought their fish to the scales and I knew as I looked into their bag, we were in trouble.

Dwight and Bob had a nice 5 pounder, one around 4 1/2 pounds and a third just over 3 pounds.

Their winning weight —

12.02 pounds.

The funny part to the story is they caught one of the larger fish at 11:30 a.m. and their biggest; the 5 pounder on what Dwight called his "last cast".

Nevertheless, it was a good tournament with some nice fish caught and released and everybody had a good time.

And it was still a pretty good birthday for me.

By the way, we're only fishing a couple more Friday tournaments on Lake Glenada.

Beginning on Friday, Oct. 4, we will be holding our Friday tournament on Dinner Lake.

Lake Placid Team Trail The Lake Placid Team Trail held its first tournament of the 2013-2014 season on Lake June, Sunday,

Sept. 15.

I fished the event with Paul Tardiff and we had a total of 15 boats fish the event.

The winning team of Converse and Frosour won with five bass weighing in at 18.82 pounds.

They also won big bass with a 6.99 lb lunger.

The team of Bennett and Moore came in second with 14.59 lbs and third place went to the team of George and Balog with 12.26 lbs.

Fishing was tough for us. Paul knows the lake well and we fished a number of tree piles all day but couldn't catch anything but small fish.

We weighed in five fish but we were a long way from the winning weight.

The guys did a great job of running a truly profes-

sional tournament.

I'd have gotten some pictures but a storm hit just as we were weighing in our fish and everybody scattered pretty quickly.

Don Norton is a professional tournament bass fisherman, bass fishing guide, and custom rod builder. He lives in the Golf Hammock area of Sebring with his wife Lexie, and is the owner of a custom rod building company appropriately named "The American Fisherman". He is also the owner of REDS II, a full-service fishing tackle store located at 3603 Sebring Parkway, in Sebring, FL. You can reach him at 863-273-4998 or by email at donorton13@gmail.com. Visit his American Fisherman Facebook page or his website at theamericanfisherman.com. or stop by the store to see him in person.

Goldson's suspension reduced to \$100,000 on appeal

By FRED GOODALL

Associated Press

TAMPA — Tampa Bay's Dashon Goldson is proud of his reputation as a hard-hitting safety, but concedes it bothers him that there's a growing perception that he's a dirty player.

"I'm an aggressive player, we all know that. My intention is to never to go out and hurt anybody," the seventh-year pro said Wednesday after the NFL reduced his one-game suspension for a helmet-to-helmet hit on Saints running back Darren Sproles to a \$100,000 fine.

"I try to keep my hits within the rules. That's what I'm going to do week in and week out," Goldson added. "I'm going to try to get guys on the ground. But at the same time, I've got to be careful."

The decision by Matt Birk, who handles appeals of discipline of on-field punishment for players for the league and NFL Players Association, allows Goldson to practice this week and play Sunday at New England.

"The appeal went OK. I

sat there and had a good argument, I felt," said Goldson, who suspended one game without pay Monday for flagrant and repeat violations of NFL safety rules prohibiting hits to the head and neck area of defenseless players.

"I explained my side, and they went and explained the rules. We met halfway on the deal pretty much," the two-time Pro Bowl selection said. "The good thing is I'm not suspended. I get to play this week, which was the most important thing."

Goldson was flagged for unnecessary roughness in last week's game against New Orleans for the hit, one of three helmet-to-helmet penalties called against the Buccaneers.

Defensive end Adrian Clayborn was called for a head shot on quarterback Drew Brees, and safety Ahmad Black drew a penalty for hitting tight end Jimmy Graham in the helmet.

The unnecessary roughness call on Goldson for hitting Sproles was the second against the safety in two weeks, and his fifth overall

since 2011.

"He's had a lot of those. He certainly has no regard for the rules in the middle. He's going after guys' heads. You can see it," Brees said. "Obviously, \$100,000 is a pretty hefty fine. And I'm sure if it continues to happen it'll be even greater punishment than that."

Brees also was critical of Black's hit on Graham, which came on an incomplete.

"I know it's tough playing the safety position in the middle. Things happen fast," Brees said. "But then again, there's some instances where you can see it was pretty obvious a guy was going at another guy's head. And that happened on at least two occasions in our game."

Since the start of the 2010 season, Goldson has drawn a league-high 15 major penalties, including three for unsportsmanlike conduct.

Birk upheld a \$30,000 fine for another Goldson hit two weeks ago against New York Jets tight end Jeff Cumberland.

"I've got to take my shots when they present them-

selves, but they've got to be clean. No launching, of course. No hats on hats, making sure I get the guy down and do it properly," Goldson said.

"I know there's going to be a lot of eyes on me from now on. And that's ok," he added. "I've just got to be smart. I'm not trying to hurt our team. I'm definitely not trying to hurt myself or another player."

Commissioner Roger Goodell said he had not yet seen Birk's decision, but noted that Goldson received a "substantial fine" that shows "a violation of the rule has consequences."

"Players are adapting to the rules and techniques," Goodell said, adding "the culture doesn't change overnight."

Goldson was an All-Pro last season with San Francisco, helping the 49ers reach the Super Bowl.

He joined Tampa Bay as a free agent, signing a five-year, \$41.25 million contract.

If the seventh-year pro's suspension had been upheld it would have cost Goldson

\$264,705 in salary.

Coach Greg Schiano welcomed the news that Goldson would be able to play Sunday.

"Dashon's become a big part of our defense, obviously. It's great that we have him back. We're fortunate," the coach said, adding the coaching staff will continue to work with players and make sure they adhere to the rules.

"I don't want to be in this position. I know he doesn't want to be in this position," Schiano said. "It's something

we've got to work very hard on. ... We've got to get it corrected because we can't afford to lose him, and we want to play the game within the rules."

The Bucs have committed a league-high 23 penalties for 220 yards in two games.

They've been flagged for six personal fouls — five for helmet-to-helmet contact and the other for a late hit on Jets quarterback Geno Smith.

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Dan Hoehne/News-Sun

Madison Bitton of Clinton, UT looks to tip this ball over the net in Tuesday's tough match with Polk.

SFSC starting to show signs

Continued from B1

17. Two kills were counted as the last two points for the Panthers with the first coming from Ballow at 24-17 and the final from Spano at 25-19.

The third set would be similar to the first with the Panthers trailing the Eagles early on.

The first timeout was used with the Eagles up 14-9, but South Florida still stayed on the tail of the Eagles.

A Bitton kill would keep the Lady Panthers alive still trailing 15-12.

Crawford called a timeout after Polk went on a 3-1 run in hopes to shift momentum.

Another Ballow kill added another points for the Panthers making the score 18-14.

The Panthers were slowly

creeping their way back up to the lead with a 6-2 run over the Eagles, forcing Polk to call a timeout at 22-20.

An assisted block by Spano and Kelly closed the gap by one making the score 22-21.

A kill from Spano would be counted as the last score for the Panthers with them down 25-23.

The fourth set would be an almost replica of the third with the Panthers trailing but battling back to make it a nail-biting finish with the score 26-24.

"With our starting libero out, Darby Jones (from Okechobee), we had to make some adjustments," said Crawford. "But we still played very well especially in defense, serve receive, and service."

Match goes to Lake Placid

Continued from B1

Devils, staying about four points behind a majority of the set, until it was 22-18, when Avon Park swept in and won the third set 25-18.

Since they couldn't finish it on the third set, the Lady Dragons were determined to finish the Red Devils on this fourth set.

Several spikes by Avon Park's Tate kept the Red Devils right up with the Dragons, but they still lagged behind 14-10.

There was a battle at the net as Caraballo spiked the ball, but a great block by Avon Park won them the point.

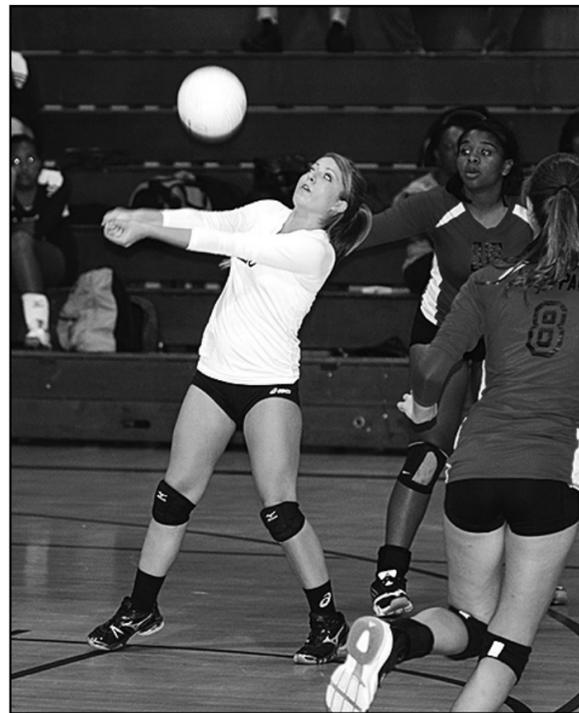
It was all downhill from there for the Lady Devils, however, as the Dragons cleaned up house 25-16.

"They were on fire," said Lake Placid head coach Charlotte Clanton-Bauder, who is proud of their 4-0 district record.

Though the loss was disappointing, Avon Park head coach Shane Wirries is confident in his team's abilities.

"We can beat them, they can beat us," he said. "Tonight was their night."

The Devils continued their district slate Thursday night with a trip to McKeel while the Dragons welcomed a non-district visit from DeSoto.



Dan Hoehne/News-Sun files

Maria Tataris and the Lady Devils fell short of Lake Placid Tuesday in a match between the top two district contenders.

Miracle League set to start anew Saturday

Special to the News-Sun

LAKE PLACID – On behalf of Miracle League for Highlands County I would like to extend an invitation to the opening day of our 2013 season on Saturday, Sept. 21.

Miracle League, in its seventh season of play here in Highlands County, is a baseball league for children and adults with physical and/or cognitive disabilities.

Currently the Miracle League field, located at the Lake June ball field complex in Lake Placid, sits quietly.

That will change at 9

a.m. this Saturday when the cry "Play ball" echoes through the air and a record number of players take the field for opening day festivities.

Miracle League is a non-competitive baseball league, where the goal is for the athletes to have fun while developing the skills to play baseball as independently as possible.

Each player works with a "buddy" for assistance.

These Angels in the Outfield, as Miracle League buddies are called, assist the players to whatever the degree necessary.

Some players require

more support than others while some are able to play with minimal help.

The games are played on a specialized field to ensure safety and accessibility for the players.

The field is the only one of its kind in our region, and has made an amazing difference with regard to the independence the athletes enjoy, as many use adaptive walkers or wheelchairs for mobility.

Opening Day ceremonies begin at 9 a.m., followed by two adult games and then a youth game.

During the season, games begin at 9 a.m., with two

adult games for varying ability levels, followed by a youth game at 11 a.m.

Fans and buddies are greatly appreciated throughout the season.

For more information you can contact John Varady at 863-840-0482, or direct your browser to www.ml4hc.com for updated information.

Also, find us on Facebook by searching for The Miracle League for Highlands County.

Join us on Saturday, Sept. 21, to cheer on the players as well as to treat yourself to a truly uplifting and positive experience.

Manziel, McCarron headline crop of quality SEC QBs

By DAVID BRANDT
Associated Press

OXFORD, Miss. — Texas A&M's Johnny Manziel has the Heisman Trophy. Alabama's A.J. McCarron has the national championships.

Those two are the Southeastern Conference's most famous quarterbacks, but they're just the main headliners — there's a host of talented signal-callers that have offenses rolling across the league.

Georgia's Aaron Murray, LSU's Zach Mettenberger, Mississippi's Bo Wallace and South Carolina's Connor Shaw are among the many quarterbacks who have had a good start this season.

Last week's Manziel-McCarron showdown, whose teams combined for 1,196 total yards in the Tide's 49-42 victory, demonstrated what a banner year this has been so far for SEC offenses.

The gaudy stats are popping up everywhere.

— Georgia's Murray threw for 323 yards against Clemson and 309 yards against South Carolina. He's on pace to become the only SEC quarterback in history to have four straight 3,000-yard passing seasons.

— Mississippi's Wallace threw for 177 yards and two touchdowns, and also ran for 57 yards and a touchdown, as the Rebels walloped Texas 44-23. Wallace hasn't thrown an interception this season.

— LSU's Mettenberger

needed just 18 pass attempts to throw for 264 yards and three touchdowns against Kent State on Saturday. He has the highest efficiency rating in the SEC so far this season, completing nearly 65 percent of his passes for 797 yards, nine touchdowns and no interceptions.

— South Carolina's Shaw picked apart Vanderbilt's defense, completing 21 of 29 passes for 284 yards and three touchdowns. He also rushed for 84 yards.

— Even the Mississippi State-Auburn game provided offensive fireworks.

Auburn's Nick Marshall threw for a career-high 339 yards and two touchdowns while Mississippi State's Dak Prescott countered with 213 passing yards, 133 rushing yards and two rushing touchdowns.

Quarterbacks will make this season awfully tough for proud, traditionally stout SEC defenses.

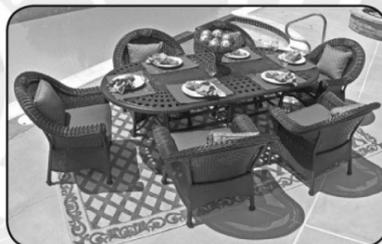
"What I've noticed the most is that quarterbacks now in the SEC are becoming more and more mobile as the years advance," Tennessee senior defensive end Corey Miller said. "I feel like these guys are now able to make plays not only with their arms but with their feet. They're able to get outside the pocket, prolong drives, prolong passing plays."

Seven SEC teams averaged at least 30 points per game in 2012. So far this season, 10 teams are above that threshold.



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Healthy Living

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Large incisions make big gateways for infection, disturb normal tissues and prolong healing from surgery. Small incisions can help minimize some of these problems.

Trying to diagnose and treat problems with little or no cutting dates back to Hippocrates, who examined hemorrhoids with a speculum. Laparoscopic trochars have been found in Roman ruins. Arab doctors in the 16th century used sunlight focused through flasks of water to examine nasal cavities. Their ideas were way ahead of the available technology.

In earlier times, there was no way to prevent injury to abdominal organs during blind insertion of trochars for "organoscopy", unreliable at-best light sources, cautery for controlling bleeding often caused thermal injury.

Infection before antibiotics was always a threat. Bozzini in 1806 used wax candles and mirrors to provide light to look in the bladder with an aluminum tube. Nitze in 1877 made cystoscopes with a light source to look in the bladder. Two years later he used the same system to examine a knee.

These systems and procedures were curiosities and not widely used. The real breakthrough came in 1954 when Lawrence Chutes showed that fine glass tubes could carry light. B. Horowitz in 1957 used this fiber optic light with a flexible scope to examine the esophagus and stomach.

GYN surgeons were among the first to take advantage by doing laparoscopic tubal ligations and ovarian biopsies.

When I was a general surgery resident, removing a gall bladder required a large incision, a multiple day hospital stay and no eating for several days until the colon started working again. Now a laparoscopic gall bladder removal can, in many cases, be done as an outpatient surgery through several small incisions.

A Japanese scientist called Takagi began using a cystoscope (developed to



Surgeons are constantly looking for ways to make procedures easier on their patients, and the use of laproscopic equipment has increased as a result. Metro

look in to bladders) to study knees, but the World Wars intervened and it was not until 1957 that one of his students, named Dr. Watanabe, published the first atlas of arthroscopy. In 1976, Dr. Robert Jackson, an American student of Dr. Watanabe, published the first English atlas of arthroscopy.

Two years later, when I was an orthopaedic resident, we were beginning to use this "arthroscope" to look in knees.

There were no special instruments then, so we used dental drill bits on our drills, spinal "biters" (for removing ruptured discs) and long-handled knives through small incisions to smooth damaged joint cartilage and remove torn menisci. We had to lean over to look through the scope while manipulating the instruments. When we got a camera to attach to the eyepiece of the scope we were thrilled. It weighed 10 pounds and hung from a hook in the ceiling. We could watch everything on the TV monitor.

The miniaturization for NASA projects brought us 2-ounce cameras with detailed pictures. New specialized knee instruments were developed. Knee sur-

gery is now outpatient, and healing times for some reconstructions have been shortened because the normal muscle and uninjured structures do not have to be cut to get in to the knee.

Scopes have been tried in almost all joints. In the shoulder, the outcome from arthroscopic repairs are nearly as good as those done with a very tiny open incision. Endoscopic carpal tunnels have not been as big an improvement as we would have hoped.

Even on joints that are difficult to operate on – such as hips, elbows and ankles – we have learned a lot about what causes the pain. This helps us to devise new, more effective treatments.

All of these advances cut down on complications, shorten hospital stays and get the patient back to healthy living, faster.

Dr. Diana D. Carr treats patients at The Hand & Shoulder Specialists offering specialty care close to home with a concentration on healing shoulder, elbow, wrist and hand problems. For more information, visit <http://hand-shoulder-specialist.com> or call 382-7777. This information is not intended to diagnose, treat or cure your condition.

Propolis is perfect for immunity, blood sugar

Dear Pharmacist: I take a dozen antibiotics per year due to frequent infections. What else can I take? Don't worry, I take probiotics, what I want is a natural antibiotic.

– M.W., Santa Barbara, Calif.

Answer: For millions of years, honeybees have protected themselves with a sticky substance called propolis to coat and clean their hives. Call it "bee glue" this compound has exceptional medicinal benefits just like other tree saps such as Frankincense and Myrrh.

Propolis has more than 200 active ingredients including cinnamic Acid derivatives that cause cancer cells inside you to kill themselves (even leukemia). It has antibacterial, antiviral, antiseptic, anti-fungal and antimicrobial effects.

I'm stocking up now before cough and cold season rolls in. The Brazilian species, as in Brazilian green propolis, has higher amounts of these healing compounds, sold at health food stores and online.

When combined with vitamin D, probiotics, Matcha tea, Maitake mushrooms and prescribed low-dose naltrexone (LDN about 4.5mg at night), I am confident you will ramp up your immune system. Talk to your doctor about these options.

Now, I'd like to focus on how propolis can rapidly clear the body of dangerous pathogens, improve blood sugar and cholesterol, all the



Dear Pharmacist
Suzy Cohen

while reducing pain-causing cytokines.

Artepillin C, a compound in propolis shuts down NFkB, a metabolic pathway in your body that churns inflammatory compounds that make you hurt. So propolis is an anti-inflammatory.

It supports healthy blood sugar levels, as well as blood lipids (like cholesterol). I've always been somewhat afraid of these critters, but after studying this, let's hear it for the bees.

As an antibiotic, propolis has been shown to kill H.

pylori is implicated in gastric ulcers and colitis; also MRSA, as in the potentially fatal bug "Methicillin-resistant Staphylococcus aureus." It acts on these pathogens without destroying your probiotic flora.

I'd still take probiotics, but it's good to know propolis doesn't harm your gut like conventional antibiotics. That means no diarrhea, cramping and bloating like you get from antibiotics.

As an anti-fungal, propolis has been shown to fight Candida strains of all sorts including C. albicans, C. glabrata and C. krusei. That last one is dangerous, and it occurs during production of chocolate and wine. A study compared natural propolis to the drug Nystatin, and they were equally effective. Propolis boosts your own macrophages to go and fight harder.

One of the most difficult to treat viruses known to man is influenza, another

one is herpes, and of course there's the infamous small pox. Would it shock you at this point if I told you various studies have shown antiviral capacity by propolis? Two separate studies have shown it work against HPV, or human papilloma virus, implicated in cervical cancer.

Whenever I see hype about injecting little kids with vaccines for HPV, I wonder why propolis doesn't even get honorable mention?

For enhanced immune benefits, you'll see high quality brands combine the Brazilian green propolis with probiotics, astaxanthin or other immune-boosting antioxidants.

Suzy Cohen is a registered pharmacist and the author of 'The 24-Hour Pharmacist' and 'Real Solutions.' For more information, visit www.dearpharmacist.com. This information is not intended to treat, diagnose or cure your condition.

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Community Outreach events

ACE Homecare community outreach activities for the coming week are:

- Monday – 9:30 a.m., Music and Motion at Rest Haven (Zolfo Springs).

- Tuesday – 10 a.m., Music and Motion at Change of Pace (Sebring).

- Thursday – 8:30 a.m., Music and Motion at New Concepts (Sebring); 10 a.m., Music and Motion at Highlands Mobile Village (formerly OHRT'S, Sebring); and 2:30 p.m., health fair at Castle Hill Apartments (Avon Park).

- Friday – 10 a.m., health fair/Music and Motion at Highlands Village (Sebring).

All programs are free of charge and are open to the public. Call ACE Homecare at 385-7058.

New Stroke Recovery Group meets

SEBRING – The Stroke Recovery Group, a new self-help group for people who have had a stroke and are living with the effects, will meet from 1-2:30 p.m. Tuesday, Oct. 1 at Sebring Christian Church, 4514 Hammock Road.

Karen Halvorsen, PharmD, CDE, CGP will conduct a Medication Management Program called "Be Medication Smart". During the presentation, she addresses the common problems that occur with medication use and safety, and focuses on medication effectiveness, side effects, drug interactions, and how to make the best treatment decisions.

Following the program, Halvorsen will be available to meet individually with participants.

The new Stroke Recovery Group is through H.A.L.L.O. (Handicapped Americans Love of Life Organization). To be on the email list for notification of the meetings and guest

speakers, call HALLO at 385-1196; email halloinc@embarqmail.com; or write H.A.L.L.O., P.O. Box 7082, Sebring, FL 33872.

The group meets twice a month on the first and third Tuesdays. The first Tuesday will be dedicated to a guest speaker who will facilitate the meeting.

Printed information from the National Stroke Association will be distributed.

The third Tuesdays will be reserved for "movement therapy". Therapists adapted to working with people affected from stroke will take the group through different techniques of exercises depending on their ability to participate. Also on the third Tuesdays, students from Azure College will be taking blood pressure readings and pulse rates for those interested.

Elder Affairs SHINE seeks volunteers

TAMPA – The Florida Department of Elder Affairs, along with the West Central Florida Area Agency on Aging, invites you to join the award-winning SHINE team of volunteers. This program helps elders make informed decisions about Medicare, health insurance and prescription drug plans.

SHINE volunteers provide individual counseling and assistance to elders and their caregivers about Medicare, Medicaid, Medicare plan choices, long-term care planning and prescription discount drug programs.

Volunteers may also make educational presentations to community groups and participate in local health fairs, senior fairs and other outreach and educational events.

Call the West Central Florida Area Agency on Aging at (813) 740-3888, ext. 5593.

Snapshots

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(Located in the Lakeview Plaza)

Religion

Christ Lutheran Church

SEBRING – Pastor Scott McLean will preach a sermon titled “On the Edge of Disaster.”

The church is at 1320 County Road 64, east of the Avon Park High School past the four-way stop sign. For more information call 471-2663 or search online at christlutheranavonpark.org.

Christian Science Church

SEBRING – The lesson sermon on Sunday morning is titled “Matter”. The keynote is from I Corinthians 8:4 we, “. . . we know that an idol stands for something that does not really exist; we know that there is only the one God.”

The church is at 154 N. Franklin St.

Christian Training Church

SEBRING – Rev. Linda M. Downing will bring the message titled “God’s Way” at the Sunday morning service. The Wednesday night Bible study is the book of John.

Church of the Brethren

SEBRING – Pastor Dave Smalley will preach from I Corinthians 9:19-23 on Sunday. The title of his sermon will be “To Reach Them – Be Them.”

The theme for Sunday Bible study is “Becoming God’s People”, looking at the scripture of Deuteronomy 29:1-29.

For information, call 385-1597.

Emmanuel United Church of Christ

SEBRING – Rev. George Miller will deliver the sermon, “Say What?!” on Sunday with scripture from I Timothy 2:1-15.

The church is 1.7 miles west of U.S. 27 on County Road 634 (Hammock Road). Call 471-1999 or visit sebringemmanuelucc.com.

Faith Baptist Church of Lake Placid

LAKE PLACID – Eddie Gilley, Baptist Campus minister, of University of Florida, will speak Sunday morning. Gilley is the director of the Collegiate Ministries Team and will share

RELIGION GUIDELINES: The *News-Sun* publishes religion news on Fridays.

The submission deadline is 5 p.m. Monday to be considered for publication in the following Friday’s paper.

Submit items to the *News-Sun*’s from 8 a.m. to 5 p.m. weekdays; fax to 385-2453; send e-mail to editor@newssun.com; or mail to Lifestyle Editor, *News-Sun*, 2227 U.S. 27 South, Sebring, FL 33870. For information, call 385-6155, ext. 516.

how this team coordinates a ministry to Florida’s college and university students.

Sunday evening’s message will be “Seeking Jesus for the Wrong Reasons” from John 6.

For further information about activities of the Faith Baptist, call the church office at 465-0060 or check out the website at www.faithbaptistchurchLP.com. The church is at 660 Holmes Ave.

Faith Lutheran Church

SEBRING – This Sunday, the church celebrates the 18th Sunday after Pentecost. Guest Pastor Tony Douches will deliver his sermon, “Outsmarting The World – Commitment To Christ.”

Dave Ramsey’s Financial Peace University will start at 6 p.m.

Tuesday. Call the church for more information at 385-7848, ask for Traci. This is a nine-week class. For more information check online at www.daveramsey.com/fpu/locations/org.

First Baptist Church of Avon Park

AVON PARK – The Sunday morning message delivered by Rev. Jon Beck will be from Acts 25.

The church is at 100 N. Lake Ave. For more information call 453-6681 or email info@fbcap.net.

First Baptist Church of Placid Lakes

LAKE PLACID – On Sunday, Pastor Jeff Taylor will speak on

“One Another”. The church group OASIS (Older adults Sharing in Service) meets every Tuesday and Thursday from 1-3 p.m. in the fellowship hall.

The church is at the corner of Washington and Kemper avenues in Placid Lakes. For more information, call 465-5126 from 8:30 a.m. to 1 p.m. Monday through Thursday.

First Christian Church - Avon Park

AVON PARK – Looking ahead to Sunday, Sept. 29 the church will have its Salads, Soups & Subs evening. It will be topped off with a family game time.

First Christian Church of Avon Park is at 1016 W. Camphor (behind the Wells Fargo Bank). Call 453-5334 or email firstchristianap@embarqmail.com. The church website is www.firstchristianap.com.

First Christian Church

SEBRING – The pastor’s sermon on Sunday is “Nathan Rebukes David” from II Samuel 12:7-10.

Continued on B7

PLACES TO WORSHIP

Places to Worship is a paid advertisement in the *News-Sun* that is published Friday and Sunday. To find out more information on how to place a listing in this directory, call the *News-Sun* at 385-6155, ext. 596.

ANGLICAN

◆ **New Life Anglican Fellowship**, 10 N. Main Ave. (Woman’s Club), Lake Placid, FL 33852. Rev. Susan Rhodes, Deacon in Charge, (863) 243-3191; srhodes1020@yahoo.com. Sunday Worship, 10 a.m. Teaching, Holy Communion, Music, Fellowship, Healing Prayer. “Pastoral and Spiritual”.

ASSEMBLY OF GOD

◆ **Christ Fellowship Church (Assembly of God)**, 2935 New Life Way. Bearing His Name; Preaching His Doctrine; and Awaiting His Coming. “Worshipping God in Spirit and in Truth.” Sunday School, 9 a.m.; Morning Worship, 10 a.m.; Evening Worship, 6 p.m. Wednesday: Worship, 7 p.m. Pastor Eugene Haas. Phone 471-0924.

◆ **First Assembly of God**, 4301 Kenilworth Blvd., Sebring. The Rev. Wilmont McCrary, pastor. Sunday School, 10 a.m.; Morning Worship and KIDS Church, 11 a.m.; Evening Worship, 7 p.m. Wednesday Family Night, (Adult Bible Study), LIFE Youth Group, Royal Rangers, Missionettes, 7:30 p.m. Phone 385-6431.

BAPTIST

◆ **Avon Park Lakes Baptist Church**, 2600 N. Highlands Blvd., Avon Park, FL 33825. George Hall, Pastor. Christ centered and biblically based. Sunday worship services, 8:30 a.m., 11 a.m. and 6 p.m. Nursery facilities are available. Bible studies at 9:45 a.m. Sunday and 7 p.m. Wednesday. Prayer Time 6:30 p.m. on Wednesday. Bible classes at 9:45 a.m. are centered for all ages. Choir practice at 5 p.m. Sunday. Church phone: 452-6556.

◆ **Bethany Baptist Church (GARBC)** We are located at the corner of SR17 and C-17A (truck route) in Avon Park. Join us Sunday morning at 9:00 AM for coffee and doughnuts, followed with Sunday School for all ages at 9:30. Sunday morning worship service begins at 10:30 a.m., and evening worship service is at 6 p.m. On Wednesdays, the Word of Life teen ministry and the Catylist class (20’s+) begin at 6:30 PM. The adult Bible and Prayer Time begins at 7 p.m. For more information go to www.bethanybaptistap.com or call the church office at 863-452-1136.

◆ **Faith Missionary Baptist Church**, off State Road 17 North of Sebring at 1708 LaGrange Ave. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 6 p.m. Wednesday Service, 7 p.m. Deaf interpretation available. Ken Lambert, Pastor. Phone 386-5055.

◆ **Fellowship Baptist Church**, 1000 Maxwell St., Avon Park, FL 33825. Sunday: Sunday School, 9:30 a.m.; Morning Worship, 10:45 a.m.; Wednesday: Evening Service, 7 p.m.; Children/Youth, 7 p.m. Telephone: 453-4256. Fax: 453-6986. E-mail: office@apfel-lowship.org; Web site, www.apfellowship.org.

◆ **First Baptist Church of Avon Park**, 100 N. Lake Ave., Avon Park, FL - 453-6681. Rev. Jon Beck, pastor; Rev. Johnattan Soltero, Hispanic pastor; Joy Loomis, director of music. Sunday – Sunday school, 9:30 a.m.; Worship, 10:45 a.m.; Children’s Church, 10:45 a.m.; Youth Choir, 4:30 p.m.; Evening Worship, 6 p.m. Nursery provided for both services. Wednesday - Wednesday Night Supper, 5:15 p.m.; Children’s Choir, 5:45 p.m.; Youth Activities, 6 p.m.; Prayer

Meeting/Bible Study, 6 p.m.; Worship Choir Practice, 6 p.m.; Mission Programs for Children, 6:45 p.m. Hispanic Services: Sunday school at 9:30 a.m., worship service at 11 a.m. Wednesday Bible study at 7 p.m. To watch services online, go to the website at www.fbcap.net. “In the heart of Avon Park, for the hearts of Avon Park.”

◆ **First Baptist Church of Lake Josephine**, 111 Lake Josephine Drive, Sebring (just off U.S. 27 midway between Sebring and Lake Placid). Your place for family, friends and faith. Sunday morning worship service is 11 a.m. Nursery is provided for both services with Children’s Church at 11 a.m. Life changing Bible Study for all ages starts at 9:45 a.m. Sunday night worship at 6 p.m. Wednesday Bible Study and Prayer meeting at 7 p.m. along with youth worship in the youth facility, and missions training for all children. Call the church at 655-1524.

◆ **First Baptist Church of Lake Placid**, Knowing God’s Heart and Sharing God’s Hope, 119 E. Royal Palm St., Lake Placid, FL 33852 (863) 465-3721, Website: www.fbclp.com. Email: information@fbclp.com. Sunday services - Traditional Service 9 a.m., Contemporary Service 10:30 a.m. Link Groups at 9 and 10:30 a.m., Wednesday Activities: Family dinner at 5 p.m. (\$4 per person, reservations required). Prayer meeting, Youth Intersections, and MaxKidz Extreme meet at 6:15 p.m. The church is at 119 E. Royal Palm St., Lake Placid. For information, call 465-3721 or go to www.fbclp.com.

◆ **First Baptist Church of Lorida** located right on U.S. 98 in Lorida. Sunday School begins at 9:45 a.m. for all ages. Sunday worship services are at 11 a.m. and 6:30 p.m. Preschool care is provided at the 11 a.m. worship service. Wednesday evening Bible Study and Prayer meeting is at 6:30 p.m., followed by adult choir rehearsal. From September the AWANA groups meet. First Lorida is the “Place to discover God’s love.” For more information about the church or the ministries offered, call 655-1878.

◆ **First Baptist Church, Sebring**, 200 E. Center Ave., Sebring, FL 33870. Telephone: 385-5154. Rev. Matthew D. Crawford, senior pastor; Rev. Nuno Norberto, associate pastor, minister of music and senior adults; and Dixie Kreulen, preschool director. Group Bible Studies, 9:15 a.m.; Blended Service, 10:30 a.m.; Mision Buatista Hispana, 2 p.m.; Sunday Evening Worship, 6 p.m. Wednesday night programs at the ROC begin 5:30 p.m., at church begin 6:30 p.m. Preschool and Mother’s Day Out for children age 6 weeks to 5 years old. Call 385-4704. Website www.fbsebring.com

◆ **Florida Avenue Baptist Church**, 401 S. Florida Ave., Avon Park. Mailing address is 710 W. Bell St., Avon Park, FL 33825. Telephone, 453-5339. Rev. John D. Girdley, pastor. Sunday School, 9:45 a.m.; Sunday Worship, 11 a.m.; 11 a.m. Children’s Church; Sunday Evening Worship, 6 p.m. Wednesday night programs for children, youth and adults at 7 p.m.

◆ **Independent Baptist Church**, 5704 County Road 17 South, Sebring, FL 33876. Sunday School, 9:30 a.m. Sunday worship, 10:30 a.m. Sunday evening, 6 p.m. Wednesday service, 7 p.m. Fundamental, soul-winning, mission-minded, King James Bible Church. Larry Ruse, pastor. Phone 655-1899. Bus transportation.

◆ **Leisure Lakes Baptist Church**, 808 Gardenia St., Lake Placid (just off of Miller at the west end of Lake June) “Where the old fashion gospel is preached.” Sunday School begins at 9:30 a.m.; Sunday Worship service at 10:45 a.m.; Sunday Evening Service is at 6 p.m. Wednesday Prayer Meeting and Bible Study at 6 p.m. Call the church at 699-0671 for more information.

◆ **Maranatha Baptist Church (GARBC)**, 35 Maranatha Blvd., Sebring, FL 33870 (A half mile east of Highlands Avenue on Arbutle Creek Road.) Sunday School, 9

a.m.; Morning Worship, 10:15 a.m.; Evening Service, 6 p.m. Mid-week service, Wednesday, 6 p.m. Daily Prayer and Bible Study, 8 a.m., Hamman Hall. Pastor Gerald Webber and Associate Pastors Don Messenger and Ted Ertle. Phone 382-4301.

◆ **Parkway Free Will Baptist Church**, 3413 Sebring Parkway, Sebring, FL 33870. Welcome to the church where the “Son” always shines. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m.; and Wednesday Evening Worship, 7 p.m. End-of-the-Month-Sing at 6 p.m. on the last Sunday of each month. The Rev. J.S. Scaggs, pastor. Church phone: 382-3552. Home phone: 214-3025. Affiliated with the National Association of Free Will Baptists, Nashville, Tenn.

◆ **Sparta Road Baptist Church, (SBC)** 4400 Sparta Road. Rev. Mark McDowell, Pastor. Sunday school, 9:45 a.m.; Sunday Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m. Wednesday: Prayer/Bible Study, 6 p.m. Nursery provided. For information, call 382-0869.

◆ **Southside Baptist Church (GARBC)**, 379 S. Commerce Ave., Sebring. David C. Altman, Pastor. Sunday School for all ages, 9:30 a.m.; Morning Worship Service, 10:45 a.m.; Evening Worship, 6 p.m. Wednesday: Student ministry, 6:30 p.m.; Awana kindergarten through fifth grade, 6:30 p.m.; Adult Midweek Prayer and Bible Study, 7 p.m. A nursery for under age 3 is available at all services. Provisions for handicapped and hard-of-hearing. Office phone, 385-0752.

◆ **Spring Lake Baptist Church**, “Where the Bible is Always Open.” Pastor Richard Schermerhorn, 7408 Valencia Road; 655-2610. Assistant Pastor Ronald Smith, 386-1610. On U.S. 98 at the Spring Lake Village II entrance. Sunday School, 9:45 a.m. for all ages; Morning Worship, 10:45 a.m.; Sunday Evening Worship, 6 p.m. Wednesday Mid-week Bible Study and Prayer Service, 6:30 p.m. Nursery available for all services.

◆ **Sunridge Baptist Church, (SBC)** 3704 Valerie Blvd. (U.S. 27 and Valerie, across from Florida Hospital), Sebring. Tim Finch, pastor. Sunday School, 9:30 a.m.; Sunday Morning Worship, 10:45 a.m.; and Sunday Evening Service, 6 p.m. Wednesday: Prayer, Bible Study, and Youth, 6:30 p.m. Nursery provided. For information, call 382-3695.

CATHOLIC

◆ **Our Lady of Grace Catholic Church**, 595 E. Main St., Avon Park, 453-4757. Father Nicholas McLoughlin, pastor. Saturday Vigil Mass is 4 p.m. in English and 7 p.m. in Spanish; Sunday mass 8 and 10:30 a.m. in English. Weekday mass at 8 a.m. Confessions are at 3:30 p.m. Saturday. Religious Education Classes (September to May) are 9-10:20 a.m. Sunday for grades K through 5th. Grades 6th through Youth Bible Study are from 6:30-8:30 p.m. Wednesday. Youth Nights grades 9th and up, 6:30-8:30 p.m. Wednesday.

◆ **St. Catherine Catholic Church**, 820 Hickory St., Sebring. Parrish office/mailling address: 882 Bay St., Sebring, FL 33870, 385-0049, 385-6762 (Spanish); fax, 385-5169; email, office@stcath.com; website, www.stcath.com. School Office/Mailing, Principal Dr. Anna V. Adam, 747 S. Franklin St., Sebring, FL 33870; 385-7300; fax, 385-7310; email school@stcath.com. School office hours 7:30 a.m. to 3:30 p.m. Monday-Friday. Clergy: Very Rev. José González, V.F., frjose@stcath.com or 385-0049; Parochial Vicar, Rev. Victor Caviedes, 385-3993; Assisting Priest (retired), Rev. J. Peter Sheehan; Decons, Rev. Mr. James R. McGarry and Rev. Mr. MAX M. Severe. WEEKEND MASS SCHEDULE: Saturday: - 4 p.m.; Sunday - 8 and 10 a.m., 12 p.m. (Spanish), 5 p.m. (Holy Family Youth Center), every third Sunday of the month

at 2 p.m. (French Mass). Daily Mass: Monday-Friday, 8 a.m. and 12 p.m. Saturday at 9 a.m. Sacrament of Reconciliation: 7:15-7:45 a.m. first Friday, 2:30-3:15 p.m. Saturday and 9-9:45 a.m. Sunday. Office Hours: 8:30 a.m. to 1:30 p.m. Monday-Friday.

◆ **St. James Catholic Church**, 3380 Placidview Drive, Lake Placid, 465-3215. Father Michael J. Cannon. Mass schedule: Summer (May 1 to Oct. 31) - Saturday Vigil, 4 p.m.; Sunday 8 a.m. and 9:30 a.m.; Weekdays, 9 a.m. December thru Easter - Saturday, 4 p.m.; Sunday, 8 a.m., 9:30 a.m. and 11 a.m.; Weekdays 9 a.m.; and Holy Days 8 a.m., 9:30 a.m. and 7 p.m., first Saturday at 9 a.m.

CHRISTIAN

◆ **Cornerstone Christian Church**, (Saxon Hall) 1850 US 27 South, Avon Park, FL 33825. Love Christ - Love People. Bill Raymond, Preaching Minister. Jon Carter, Music Minister. Sunday, 9 a.m. Bible Study; 10 a.m. Worship; Communion available each week. Wednesday, 7 p.m. Home Fellowship Group. For more information call 453-8929 or 449-0203.

◆ **Eastside Christian Church**, 101 Peace Ave., Lake Placid, FL 33852 (two miles east of U.S. 27 on County Road 621), 465-7065. Ray Culpepper, senior pastor. Sunday: Bible classes, 9 a.m.; Worship Celebration with the Lord’s Supper each week 10:15 a.m. Thelma Hall, pianist; and John Thomas, organist. Wednesday: Praise and Prayer, 6:30 p.m.; “Building God’s Kingdom for Everyone.” “Jesus Christ, the Way, Truth and Life!” “Alive and Worth the Drive!”

◆ **Sebring Christian Church**, 4514 Hammock Road, Sebring, FL 33872. Tod Schwingel, Preacher; Josh Knabel (812-618-7118), Youth Pastor. Sunday Worship, 9:30 a.m.; Sunday School, 11 a.m.; Sunday Youth Service, 6 p.m.; Evening service at 6:30 p.m. Wednesday night meals, 5:30 p.m. followed by classes at 6:30 p.m. Changing Seasons, a men’s grief support group, meets at 1:30 p.m. Wednesdays. Alzheimers Caregivers Support Group meets at 1 p.m. Thursdays. Office hours, 9 a.m. to 1 p.m. Monday-Friday. Phone 382-6676.

◆ **First Christian Church (Disciples of Christ)**, 510 Poinsettia Avenue, (corner of Poinsettia and Eucalyptus), Sebring, FL 33870. Phone: 385-0358 or 385-3435. The Rev. Ronald Norton, Pastor; Sunday School, 9 a.m.; Praise Breakfast, 10 a.m.; Morning Worship, 10:30 a.m.; Children’s Church, 10:30 a.m. Thursday, Praise and Worship, 6:45 p.m. Youth Fellowship, 7:15 p.m.; Midweek Bible Study, 7:15 p.m.

CHRISTIAN & MISSIONARY ALLIANCE

◆ **The Alliance Church of Sebring**, 4451 Sparta Road, Sebring, FL 33875. Call 382-1343. Rev. Steve Hagen, pastor. Sunday services: Sunday School meets at 9:30 a.m.; Sunday Morning Worship Service meets at 10:30 a.m.; Sunday Evening Bible Study meets at 6 p.m. (off site); Wednesday Prayer Gathering meets at 6 p.m.

CHRISTIAN SCIENCE

◆ **Christian Science Church**, 154 N. Franklin St. Sunday: 10:30 a.m. morning worship and Sunday school. Testimony meetings at 4 p.m. each second and fourth Wednesday. A free public reading room/bookstore, located in the church, is open before and after church services. The Bible and the Christian Science textbook, ‘Science and Health with Key to the Scriptures’ by Mary Baker Eddy are our only preachers. All are welcome to come

and partake of the comfort, guidance, support and healing found in the lesson-sermons.

CHURCH OF BRETHREN

◆ **Church of the Brethren**, 700 S. Pine St., Sebring, FL 33870. Sunday: Church School, 9 a.m.; Morning Worship, 10:15 a.m. Wednesday: Temple Choir, 7:30 p.m. Phone 385-1597.

CHURCH OF CHRIST

◆ **Avon Park Church of Christ**, 200 S. Forest Ave., Avon Park, FL 33825. Minister: Don Smith. Sunday Worship Services, 10:30 a.m. and 6 p.m. Nursery facilities are available at every service. Bible Study: Sunday, 9:30 a.m. and Wednesday, 7 p.m. Bible centered classes for all ages. Church phone: 453-4692.

◆ **Lake Placid Church of Christ**, 1069 Hwy 27 North, Lake Placid, FL 33852. Mailing address is P.O. Box 1440, Lake Placid, FL 33862. Sunday morning worship is at 10 a.m. Sunday evening worship is 6 p.m. Bible class 9 a.m. Sundays and Wednesday evenings at 7 p.m. All are invited to join us. For more information, call the church at 863-465-4636 or visit the website www.thelordsway.com/lakeplacidcofc/.

◆ **Sebring Parkway Church of Christ**, 3800 Sebring Parkway, Sebring, FL 33870; 385-7443. Minister: Kevin Patterson. Times of service are: Sunday Bible Class, 9 a.m.; Sunday Worship Service, 10 a.m.; Sunday Evening Service, 6 p.m.; Wednesday Bible Class, 7 p.m.

CHURCH OF GOD

◆ **Church on the Ridge**, Church of God, Anderson, Ind.; 1130 State Road 17 North, Sebring, FL 33870. Worship Service Sunday, 10 a.m.; Bible Study and Prayer, Wednesday, 7 p.m. Pastor Dr. Collet Varner, (863) 382-0773.

CHURCH OF NAZARENE

◆ **First Church of the Nazarene of Avon Park**, P.O. Box 1118., Avon Park, FL 33825-1118. 707 W. Main St. Randall Rupert, Pastor. Sunday: Sunday school begins at 9:45 a.m. for all ages; morning worship at 10:45 a.m.; and evening service at 6 p.m. Wednesday evening service is at 7 p.m. with special services for children and adults. Special services once a month for seniors (Prime Time) and Ladies ministries. If you need any more information, call 453-4851.

◆ **Lake Placid Church of the Nazarene of Lake Placid**, 512 W. Interlake Blvd., Lake Placid, FL 33852. Adult Sunday school, 9:30 a.m.; Morning worship, 10:45 a.m.; Wednesday evening: All church meal, 6 p.m.; Christian Life Study, 6:45 p.m. Winter Life groups pending. Call 446-1339. Pastor Tim Taylor.

CHURCHES OF CHRIST IN CHRISTIAN UNION

◆ **Community Bible Church - Churches of Christ in Christian Union**, (Orange Blossom Conference Center) 1400 C-17A North (truck route), Avon Park. Presenting Jesus Christ as the answer for time and eternity. Sunday morning worship service, 10:30 a.m. Nursery provided. Junior Church activities at same time for K-6 grade. Sunday School Bible hour (all ages), 9:30 a.m. (Transportation available.) Sunday evening praise and worship service, 6 p.m. Wednesday evening prayer service, 7 p.m. Children and youth activities at 7 p.m. Wednesday. Everyone is welcome, please come worship with us. Tom Schwankweiler, Pastor. Phone 453-6052.

Religion

Continued from B6

Assisting during the Communion service will be Elders Sandra Laufer and Linda Ellis. Deacons for the day are Chris Baker and Catherine Baker. Deacons serving will be Michael Graves and Carol Graves. Greeting the congregation will be Tim Wheaton.

First Presbyterian Church of Avon Park

AVON PARK – On Sunday, Pastor Bob Johnson's sermon is titled "To Encourage and Warn" based on Proverbs 1:8-19.

The choir's introit will be "Come into His Presence" and the anthem is "Before the Throne of God Above."

There will be no Bible study on Wednesday.

Saturday, Sept. 28 is church work day from 8 a.m. until noon. Both men and women are asked to participate in both indoor and outdoor cleanup projects.

The church is at 215 E. Circle St. (with two entrances on Lagrand Street). For questions, call 453-3242 or check the website at avonparkapchurch.com or on the Avon Park Chamber of Commerce website, www.avonparkchamber.com. Click on the "Chamber for Good" logo or tab.

First Presbyterian Church

SEBRING – Rev. Darrell A. Peer's sermon on Sunday will be "Can You Hear Me Now?".

There will be a covered dish supper at 6:30 p.m. Wednesday in the fellowship hall. Beverages will be provided.

The church is at 319 Poinsettia Ave. Call 385-0107 for information.

First United Methodist Church of Sebring

SEBRING – Guest speaker for all three services on Sunday will be Joann Springer.

The church is downtown at 126 S. Pine St. Call the church office for information at 385-5184.

Heartland Christian Church

SEBRING – Pastor Ted

Moore's sermon this week will be "Chosen In Christ" with scripture from Ephesians 1:3-4. The service will include Allen Warchak singing "Room at the Cross".

Tuesday's adult Bible study lesson will be "Fallacies of the New Age Movement".

The church is at 2705 Alternate Route 17 South (behind Publix). Call 314-9693.

Memorial United Methodist Church

LAKE PLACID – Pastor Tim Haas will preach on the subject, "Making Friends and Influencing People", on Sunday. The Scripture lesson will be from Luke 16:1-13.

The church is at 500 Kent

Ave. For information, 465-2422.

New Beginnings Church

SEBRING – On Sunday, the pastor's sermon is titled "You Cannot Serve God and Money", based on Luke 16:1-15.

The church's present location is The Morris Chapel, 307 S. Commerce Ave. For more information, call 835-2405.

Parkway Free Will Baptist Church

SEBRING – The Sunday morning Bible lesson will be "An Everlasting Covenant" from Genesis 9 (KJV) by Pastor Jim Scaggs.

The Sept. 29 night service

will be the end-of-the-month sing.

The church is at 3413 Sebring Parkway. Call 382-3552 for information.

St. John United Methodist Church

SEBRING – On Sunday, the Rev. Ronald De Genaro's message will be "What Captivates Your Heart?" Biblical reference is from Romans 6:15-23.

Coupon Group will meet at 6 p.m. Monday.

Spring Lake United Methodist Church

SEBRING – The pastor's sermon on Sunday will be "Outfit Yourself With God's Word". The church is at 8170 Cozumel Lane.

PLACES TO WORSHIP

EPISCOPAL

♦ **St. Agnes Episcopal Church**, 3840 Lakeview Drive, Sebring, FL 33870. Father Scott Walker. Sunday Services: Holy Eucharist Rite I - 7:45 a.m., Holy Eucharist Rite II - 10 a.m. Midweek service on Wednesday at 6 p.m. Sunday School for all ages at 9 a.m. The nursery is open 8:45 a.m. until 15 minutes after the 10 a.m. service ends. Wednesday: Adult Bible study, 9:30 a.m. Visitors are always welcome. Church office 385-7649, for more information.

♦ **St. Francis of Assisi Anglican Episcopal Church**, 43 Lake June Road, Lake Placid, FL 33852. Phone: 465-0051. Rev. Elizabeth L. Nelson, Rector. Worship: Sunday, 8 a.m., 10:30 a.m. and 6 p.m. Sunday Bible study at 9:15 a.m. Sunday School at 10:30 a.m. Wednesday Worship 6 p.m. and Thursday 9 a.m. Holy Communion with Healing. Call the thrift store for hours open - 699-0221.

EVANGELICAL FREE CHURCH OF AMERICA

♦ **The Church of the Way EFCA**, 1005 N. Ridgewood Drive, Sebring. Sunday school and worship service at 9 a.m. and 10:30 a.m. Youth activities, 6:30 p.m. Wednesdays. The Way is a church family who gathers for contemporary worship, teaching of God's Word, prayer and fellowship. Come early and stay after for fellowship time. Child care and children's church are provided. Reinhold Buxbaum is pastor. The Way – A place for you. Office Phone: 471-6140, Church Cell Phone: 273-3674. Email: thewaychurch@hotmail.com. Web site: www.TheWayChurch.org

GRACE BRETHREN

♦ **Grace Brethren Church**, 3626 Thunderbird Road, (863) 835-0869. Dr. Randall Smith, senior pastor. Sunday services at 9 a.m., 10:45 a.m. and 6 p.m.; Wednesday services at 7 p.m. We offer "Kid City" Children's Ministry throughout all services, and there are various other classes for teens, married couples, "primitimers," and Bible studies in Spanish. "Kid City" Day Care, Preschool and After-School Monday-Friday: 7 a.m.-6 p.m. (For registration call: 385-3111). Check us out on the Web at www.sebringgrace.org.

INDEPENDENT

♦ **First Christian Church**, 1016 W. Camphor St., Avon Park, FL 33825; (863) 453-5334; on the Web at www.firstchristianap.com. Our motto is "Jesus is First at First Christian Church." Greg Ratliff, Senior Minister; Bible School 9 a.m.; Worship 10 a.m.; Wednesday studies for all ages, 6 p.m. Nursery provided for all events.

INTERDENOMINATIONAL

♦ **World Harvest and Restoration Ministries**, (non-denominational) 2200 N. Avon Blvd., Avon Park, FL 33825. Phone: 452-9777 or 453-3771. Sunday service: Sunday School, 10 a.m. and worship, 11 a.m. Wednesday services: 7 p.m. prayer meeting/Bible study. Pastor: W.H. Rogers.

LUTHERAN

♦ **Atonement Lutheran Church (ELCA)**, 1178 S.E. Lakeview Drive., Sebring. David Thoresen will be the Spiritual Leader every Sunday for the next two months. Jim Helwig, organist. Worship service with the Holy Eucharist is at 9:30 a.m. every Sunday. Birthday Sunday is the first Sunday of each month after the service. Council meeting is on the first Tuesday of each month. WELCA meets at noon second Tuesday of the month with a light lunch. Labyrinth Prayer Garden is open to the public 24 hours a day, seven days a week. When in need of prayers or to talk to God, come to the Garden. Come and grow with us; we would love to meet you and your family. Don't worry about how you look. Jesus went to the temple in a

robe and sandals. Quilting classes every Monday at 6 p.m. Looking for quilters or people willing to learn. Call 840-3303.

♦ **Christ Lutheran Church Avon Park – LCMS**, 1320 County Road 64, 1/2 mile east of Avon Park High School past the four-way stop sign. Sunday Divine Worship is at 10 a.m. Holy Communion is celebrated every week with traditional Lutheran Liturgy, hymns and songs of praise. Fellowship time with coffee and refreshments follows worship. Come worship and fellowship with us. For information call Pastor Scott McLean at (863) 471-2663 or see christlutheranavonpark.org.

♦ **Faith Lutheran Church – LCMS**, 2740 Lakeview Dr, Sebring Church phone: 385-7848 Faith Child Development Center: 385-3232. Summer Sunday Worship Service: 10 a.m. Communion served 1st, 3rd & 5th Sunday. Sunday School & Bible Classes: 9:00 a.m. Worship Svc. Broadcast at 10 a.m. on WITS 1340AM each Sunday. Educational opportunities include weekly adult Bible studies, Faith's Closet Thrift Store (385-2782) is open from 10 a.m.-2 p.m. Tuesday-Friday and 10 a.m.-1 p.m. Saturday. All are warmly welcome in the Family of Faith.

♦ **Good Shepherd Lutheran Church (AALC) American Association of Lutheran Churches**, 3240 Grand Prix Drive, Sebring, FL 33872. James Weed, pastor. Worship Service, 10:30 a.m. Sunday. Bible Study, 9 a.m. Nursery provided. Social activities: Choir, Missions, Evangelism. Phone 385-2346.

♦ **New Life Evangelical Lutheran Church**, 3725 Hammock Road, a Congregation of the Evangelical Lutheran Synod (ELS) in fellowship with the Wisconsin Evangelical Lutheran Synod (WELS). Sunday Worship at 10 a.m.; Bible Study, 9 a.m. For more information, call Pastor Luke Willitz at 385-2293 or visit the Web site at www.newlifesebring.com.

♦ **Resurrection Lutheran Church - ELCA**, 324 E. Main St., at Memorial Drive, Avon Park. Pastor Rev. John C. Grodzinski. Sunday worship at 9:30 a.m.; Sunday School at 8:30 a.m. Fragrance Free Service Wednesdays at 7 p.m. Open Communion celebrated at all services. "God's Work, Our Hands."

♦ **Trinity Lutheran Church - LCMS**, 25 Lakeview St., Lake Placid, FL 33852; 465-5253. The Rev. Richard A. Norris, pastor; Susan C. Norris, Trinity Tots Pre-School director; and Noel Johnson, minister of youth and family life. Worship schedule after Easter through December: Worship service 10 a.m., and Education Hour, 8:45 a.m. Worship schedule for January through Easter: Worship service, 8:30 and 11 a.m., Education Hour 9:45 a.m. Traditional Service with Holy Communion each first and third Sunday. Non-Traditional Service each second, fourth and fifth Sunday. Seasonal mid-week services Wednesday evenings during Lent and Advent. Call church office for additional Worship times and special holiday services. Other activities and groups include: Choirs; Ladies Guild and LWML; Men's Fellowship Group, Small Group Bible Studies as scheduled; Trinity Tots Preschool, Youth Group activities (call for meeting times and dates). Visit us online at: www.Trinitylutheranlp.com.

NON-DENOMINATIONAL

♦ **Bible Fellowship Church**, 3750 Hammock Road, Sebring, FL 33872. Sunday: American Sign Language: First Worship sermon, songs signed first and second Worship services. First Worship service, 9 a.m.; Second Worship service, 10:45 a.m. Nursery (up to 2 years old) and Sunday school classes both hours. BFC Youth, 6 p.m.; Evening Service, 6 p.m. Wednesday: Children, ages 4 yrs through 5th grade, 6 p.m.; Youth, 6-7:30 p.m.; Prayer time, 6:15 p.m. Todd Patterson, pastor; Andy McQuaid, associate pastor. Web site www.bfcsebring.com. Church office 385-1024.

♦ **Calvary Church**, 1825 Hammock Road, Sebring, FL 33872; 386-4900. An independent community church. Sunday morning worship, 10 a.m.; Bible study, 11:15 a.m.; Sunday evening service, 6 p.m. Pastor Lester Osbeck. A small friendly church waiting for your visit.

♦ **Christian Training Ministries Inc.**, on Sebring Parkway. Enter off County Road 17 on Simpson Avenue. Sunday service is at 10 a.m.; Wednesday Bible study at 7 p.m. A nursery and children's church are provided. The church is part of Christian International Ministries Network, a full gospel, non-denominational ministry. Linda M. Downing, minister, lindadowning@live.com. Casey L. Downing, associate minister, caseydowning@hotmail.com. Church phone: 314-0482. Web site: www.ctmforme.com

♦ **Crossroads of Life**, 148 E. Interlake Blvd., Lake Placid, FL 33852; Tel. 863-655-9163. The place of your Divine appointment. We expect our supernatural God to transform our lives through His power and grace. Come, learn of His plan and destiny for you. With His plan we receive His provision along with His perfect timing and opportunity. What you have longed for, but have been missing, can now be received. The direction you have been thirsty for will suddenly quench your parched soul. Come to experience what you have been missing for so long – empowerment in every area of life. We teach, train and send forth to win souls. You don't speak English – no problema. We have a Spanish interpreter. We look forward to fellowship and worship with you at 7 p.m. every Wednesday. Pastors Gil and Rosa Benton (Faith Never Fails).

♦ **Grace Bible Church**, 4541 Thunderbird Road, (second church on left) Sebring, FL 33872. Phone, 382-1085. Dustin Woods, lead pastor. Saturday Worship, 6:30 p.m. Sunday, 9 and 11 a.m. Monday, 5:30-7:30 p.m.; Wednesday, Children's & Youth Programs, 6 p.m.; Wednesday, 8:30 p.m., College Ministry. www.GBCconnected.org

♦ **Faith Center West Ministry**, "Restoring Lives, Families & Communities." In the Banyan Plaza at 2349 U.S. 27 South, Sebring, FL 33870. Pastors Leroy and JoAnn Taylor the public to worship on Sundays at 11 a.m. for Praise & Worship and on Wednesdays at 7 p.m. for Bible study and prayer. Children classes are available for all services. Ministries for youth, men and women are held throughout the month. Please attend these Spirit-filled services. "Moving Forward in Unity". Church office, 385-1800 or 655-2748.

♦ **Highlands Community Church**, a casual contemporary church, meets at 3005 New Life Way. Coffee at 9:30 a.m.; Worship at 10 a.m. Nursery and Kid's World classes. Small groups meet throughout the week. Church phone is 402-1684; Pastor Bruce A. Linhart.

♦ **New Beginnings Church of Sebring**, worshipping at The Morris Chapel, 307 S. Commerce Ave., Sebring, FL 33870. Pastor Gary Kindle. Bible study every Sunday, 9 a.m. Blended Church Service, 10:15 a.m. Phone (863) 835-2405. [newbeginningschurchofsebring.com](http://www.newbeginningschurchofsebring.com) Begin your week with us.

♦ **The Lord's Sentinel Fellowship Church**, 148 E. Interlake Blvd., Lake Placid (at Lake Placid Christian School), Pastor Juanita Folsom. Sunday morning service, 10:30 a.m.; Monday, Sentinel School of Theology, 7 p.m.; Church service, Tuesday, 7 p.m. More information at www.juanitafolsomministries.com.

♦ **Union Church**, 106 N. Butler Ave., Avon Park, FL 33825. Sunday traditional worship service is at 7:45 a.m. (October through Easter) and 9 a.m. Contemporary Sunday worship service is at 10:45 a.m. Nursery and children's church available. Wednesday night worship with Pastor Tiger Gullett and CrossTalk with Pastor Bill Breylinger at 6 p.m. Breakfast and lunch menus at Solid Grounds. Senior Pastor is Bill Breylinger. Office: 453-3345. Web page at www.weareunion.org.

♦ **Unity Life Enrichment Centre**, new location, 10417 Orange Blossom Blvd. S., Sebring, FL 33875; 471-1122; e-mail unity@vistanet.net. Web site, www.unity-ofsebring.org. 10:30 a.m. Sunday Celebration Service, Nursery and Children's Church. Weekly Classes, Christian Bookstore and Cafe, Prayer Ministry, Life Enrichment Groups. Rev. Andrew C. Conyer, senior minister transforming lives from ordinary to extraordinary.

PRESBYTERIAN

♦ **Covenant Presbyterian Church (PCA)**,

4500 Sun 'N Lake Blvd., Sebring, 33872-2113. Pastor Tom Schneider. A Congregation of the Presbyterian Church in America. Sunday morning worship: Traditional service, 10:30 a.m.; Sunday school, 9:15 a.m. Wednesday evening Prayer Meeting, 6 p.m.; Children's/Youth Group, 5:30-7 p.m.; choir practice, 7:15 p.m. Phone: 385-3234; Fax: 385-2759; e-mail: covpres@strato.net; Web site: www.cpc-sebring.org. Office hours: 8:30-12:30 a.m. Monday-Friday.

♦ **First Presbyterian Church ARP**, 215 E. Circle St., (two entrances on LaGrande), Avon Park, FL 33825. Phone: 453-3242. The Rev. Robert Johnson is the pastor. Sunday School, 9:15 a.m.; Sunday Worship, 10:45 a.m.; Wednesday Bible study, 10:30 a.m.; Potluck dinner, 6 p.m. third Wednesday; choir practice, 6:30 p.m. each Wednesday; Children Ministry and Youth Group, 6 p.m. each Friday; Mary Circle business meeting, 1 p.m. second Wednesday; Sarah Circle business meeting, 4 p.m. second Thursday; Women's Ministries Combined Bible study, 4 p.m. third Thursday. Be a part of a warm, caring church family with traditional services, following biblical truth.

♦ **First Presbyterian Church, ARP**, 319 Poinsettia Ave., Sebring, FL 33870. 385-0107. Email: faith@strato.net, Rev. Darrell A. Peer, pastor. Sunday School, all ages, 9:30 a.m.; Worship Service, 11 a.m. Youth Group (middle school and high school age), 3:30-6:30 p.m. Tuesdays. Wednesday: Adult Bible Study, 10:30 a.m. Nursery available during worship. Call the church office for more information and other classes.

♦ **First Presbyterian Church, ARP**, www.fpcp.com, 117 N. Oak Ave., Lake Placid, 465-2742. The Rev. Ray Cameron, senior pastor; the Rev. Drew Severance, associate pastor. Sunday Traditional Worship, 9 a.m.; Contemporary Worship, 11 a.m.; Sunday School, 10:10 a.m. Wednesday evenings: Adult small group Bible Study 7 p.m. (Nursery available), Youth Group – 6-12th grades) 7 p.m., nursery and children's ministry, 7 p.m. Family Biblical Counseling available by appointment.

♦ **Spring Lake Presbyterian Church (USA)**, 5887 U.S. 98, Sebring, FL 33876. Sunday School, 9 a.m.; Worship Service, 10 a.m. Session meets at 6:30 p.m. the second Thursday of the month, September through June. Board of Deacon's meet at 5:30 p.m. first Monday of the month. Choir rehearses at 7 p.m. each Wednesday, September through April. Presbyterian Women meet at 10 a.m. the third Thursday of the month. Organist: Richard Wedig. Choir Director: Suzan Wedig. Church phone, 655-0713; e-mail, springlakepc@embarqmail.com, Web site, <http://slpc.embarqspace.com>.

SEVENTH-DAY ADVENTIST

♦ **Avon Park Seventh-day Adventist Church**, 1410 West Avon Blvd., Avon Park. Phone: 453-6641 or e-mail: avon-parksda@embarqmail.com, Sabbath School, 9:30 a.m. Saturday. Church Service 10:45 a.m. Saturday. Wednesday prayer meeting 7 p.m. Community Service hours on Tuesday and Thursday is from 9:00 a.m. till 2 p.m. A sale takes place the first Sunday of each month. Senior Pastor Frank Gonzalez. Walker Memorial Academy Christian School offering education for kindergarten through 12th grades. ALL ARE WELCOME. Associate Pastor is Ryan Amos. Website is www.discoverjesus.org

♦ **Sebring Seventh-Day Adventist Church**, 2106 N. State Road 17, Sebring; 385-2438. Worship Services: 9:15 a.m. Worship hour, 11 a.m. Prayer meeting, Tuesday, 7:15 p.m. Community service: every Monday 9-11 a.m. Health Seminar with Dr. Seralde, every Friday, 10:00 a.m. Pastor Nathan Madrid.

THE CHURCH OF LATTER DAY SAINTS

♦ **The Church of Jesus Christ of Latter Day Saints**, 3235 Grand Prix Dr., Sebring, FL 33872; (863) 382-9092 Steve Austin,

Bishop; Mark Swift, 1st Counselor; Del Murphy, 2nd Counselor. Family History Center (863) 382-1822. Sunday Services: Sacrament Meeting, 10-11:10 a.m.; Gospel Doctrine, 11:20 a.m. to noon; Priesthood/Relief Society, 12:10-1p.m.; Primary for children, 11:15 a.m. to 1 p.m.; Youth Activities: Wednesdays, 7-8:20 p.m. Scouts: first and third Wednesday, 7-8:20 p.m. Activity Days: 8-11 yr old Boys and Girls, second and fourth Wednesdays, 7-8:20 p.m.

THE SALVATION ARMY

♦ **The Salvation Army – Center for Worship**. Sunday: Sunday School, 9:45 a.m.; Holiness meeting, 11 a.m.; and Praise meeting and lunch, noon. Tuesday: Bible study, 6:30 p.m.; and Women's Ministries, 7 p.m. Wednesday: Youth Ministries, 4 p.m. All meetings are at 120 N. Ridgewood Ave., Sebring. For more information, visit the Web site www.salvationarmysebring.com or call Major Bruce Stefanik at 385-7548, ext. 110.

UNITED METHODIST

♦ **First United Methodist Church**, 105 S. Pine St., Sebring, FL 33870. The Rev. A.C. Bryant, pastor. Traditional Worship Service at 8:10 and 10:50 a.m. in the sanctuary, Contemporary Worship in the FLC at 9:30 a.m. Sunday School at 9:30 and 10:30 a.m. Methodist Youth Fellowship at 5:30 p.m. Sundays with Rick Heilig, youth director. The 10:55 a.m. Sunday worship service is broadcast over WITS 1340 on AM dial. There is a nursery available at all services.

♦ **First United Methodist Church**, 200 S. Lake Ave., Avon Park, FL 33825. (863) 453-3759, Rev. John Bryant, Pastor. Sunday School - 9 a.m., Worship - 10:30 a.m. Bible study every Wednesday at 6 p.m. Visit us at our church website: www.fumcap.org.

♦ **Memorial United Methodist Church**, 500 Kent Ave., (overlooking Lake Clay) Lake Placid, FL, 33852. Rev. Tim Haas, pastor. Rev. Claude H.L. Burnett, pastoral assistant. Rev. Jerry McCauley, visitation pastor. Sunday worship services: Worship Service, 8:30 a.m. and 10:45 a.m. Sunday School, 9:30 a.m. Loving nursery care provided every Sunday morning. Youth Fellowship, 5 p.m. We offer Christ-centered Sunday school classes, youth programs, Bible studies, book studies and Christian fellowship. We are a congregation that wants to know Christ and make Him known. Check out our church website at www.memorialumc.com or call the church office at 465-2422. Lakeview Christian School, VPK to Grade 5, 465-0313.

♦ **St. John United Methodist Church**, 3214 Grand Prix Drive, Sebring, FL 33872. The Rev. Ronald De Genaro Jr., Pastor. Sunday School, 9:30 a.m.; Adult Sunday School, 11 a.m.; Sunday Morning Worship, 8 a.m., 9:30 a.m. and 11 a.m. Nursery provided for all services. Phone 382-1736. www.stjohnsebring.org

♦ **Spring Lake United Methodist Church**, 8170 Cozumel Lane, (Hwy 98) Sebring. The Rev. Clyde Weaver Jr., Pastor. Worship service starts at 9:55 a.m. Bible Study meets at 10:00 a.m. on Tuesday. Choir Practice at 4:00 p.m. on Thursday. Church office phone: 655-0040.

UNITED CHURCH OF CHRIST

♦ **Emmanuel United Church of Christ**, Jesus didn't reject people, neither do we. Join us for worship every Sunday at 9:30 a.m. and you'll be embraced by a compassionate congregation that is all-inclusive. We're at the corner of Hammock and Hope. Choir and Bell Choir practice on Wednesday; Bible studies throughout the week. 471-1999; sebringemmanuelucc.com.

Religion

Artist Bob Sima to perform at Unity Centre

Special to the News-Sun
SEBRING – Friday, Sept. 27 Unity Life Enrichment Centre will once again open its doors to the community by presenting Bob Sima live in concert. Those who love the musical stylings of Dave Mathews, Martin Sexton, David Grey, Jack Johnson and James Taylor, are in for a treat.

When Bob Sima (pronounced sEYE-ma) opens his mouth to sing what comes out is far beyond the human sounds of a warm and soulful voice. Beyond the songs, beyond the voice, beyond the stories. Sima evokes soulful lessons, nudged from life, shares reminders of the simple splendors we all share. His gift of music is a magnifying glass to the soul, each song sincere and worth repeating for a lifetime. The seemingly casual fashion that Sima makes his guitar speak is not coincidentally right in rhythm with all of the toes tapping, tears dripping, and

hands clapping in the room. Sima truly moves his audiences – physically, emotionally, and spiritually. He is a different kind of musician and songwriter, with distinctive dreams and aspirations for his audience.

To learn more about Bob Sima music, visit www.bob-sima.com. To download free Bob Sima music, visit www.noisetrade.com/bo_bsimamusic

Doors open at 6 p.m. Enjoy “The Most Amazing All American Hot Dog Bar.” The Unity Teen Group will be raising funds for an upcoming rally by offering refreshments including all kinds of hot dogs, (pork, all-beef, turkey, chicken, veggie) and a huge variety of toppings, chips, sodas and desserts. All items offered ala-cart.

The POSI Musicians will provide the opening act starting at 6:30 p.m. Do not miss the concert.

Tickets are available for a \$15 donation (however no



Bob Sima will be live in concert Friday, Sept. 27 at Unity Life Enrichment Centre.

one will be turned away) and are available by calling the Centre at 471-1122 or by email Unity@vistanet.net.

Community ticket outlet locations include Alligator Pack and Ship on the corner of the Sebring Parkway and Memorial Drive; the Sebring Chamber of Commerce in Fountain View Plaza; Halo’s Hair Designs, at the corner of U.S. 27 and Sparta Road; Beads (formally known as The Wild Artist Jewelry and

Beads) across the street from Dee’s Restaurant, just off the Circle in Downtown Sebring; and Positive Outlooks Books and Gifts, within the Centre.

The concert will be held at Unity Life Enrichment Centre, 10417 S. Orange Blossom Blvd., between State Road 66 and Lake Josephine Road. For more information contact Tena Conyer at 471-1122 or email Unity@Vistanet.net.

Courtesy photo

Is God’s word good enough for you?

The fictional story is told of a group of scientists who got together and decided that mankind had come far enough on its own that it no longer needed God.

So, they picked a representative from among their number to go and inform God that they finally were through with Him.

The scientist walked up and said, “God, we’ve decided that we no longer need You. We’re to the point that we can clone people and do many amazing things by ourselves, so why don’t You just go off and leave us alone.”

God listened very patiently to the scientist, and when he finished talking, God said, “You believe that you do not need Me. I believe that you need Me. So, let us resolve this dilemma the old-fashioned way. Let us have a man-making contest.” The scientist replied, “That sounds great!” “But,” God quickly added, “We’re going to do this just like I did it back in the days of Adam. We will make a man from the dust of the Earth.” The scientist agreed, bent down, and grabbed a handful of dirt from the ground. God looked at him and said, “No, no! That will not



Kevin’s Komment

Kevin Patterson

work at all. You are going to have to create your own dirt!”

Genesis 1:1 reads, “In the beginning God created the heavens and the earth.” Therefore, we know that God is the Creator of all things.

Exodus 20:11 reads, “For in six days the LORD made the heavens and the earth, the sea and all that is in them, and rested on the seventh day ...” Therefore, we know that God created all things in six days.

Jesus said of mankind in Matthew 19:4, “And He answered and said, “Have you not read that He who created them from the beginning made them

male and female.” Therefore, we know that humanity has existed from the beginning.

Romans 1:20 reads, “For since the creation of the world His invisible attributes, His eternal power and divine nature, have been clearly seen, being understood through what has been made, so that they are without excuse.” God’s omnipotence (all-powerful nature) has been seen and understood by man since the creation of the world. It is so clearly evident that we are without excuse to believe anything else.

My question is simple: Why would anyone want to believe anything else? If God tells me what He did (created everything) and how long He took to do it (six days), then that is good enough for me. Is God’s word good enough for you?

Kevin’s Komment is written by Kevin Patterson and presented by the Sebring Parkway church of Christ assembling at 3800 Sebring Parkway. On the Internet visit at www.sebringcoc.com, or e-mail sebring-parkway@sebringcoc.com/. Guest columns are the opinion of the writer, not necessarily those of the News-Sun staff.

Chapel broadcasts address from Salt Lake City

SEBRING – The women’s Relief Society General Conference address of The Church of Jesus Christ of Latter-Day Saints will be broadcast from Salt Lake City at 8 p.m. Saturday, Sept. 28 at the Sebring chapel.

Fellowship and refreshments will be shared at 7 p.m. in the Relief Society room before the broadcast. Dress casually.

United Youth present Night of Worship

LAKE PLACID – United Youth of Lake Placid presents its first Non-Denominational Youth Night of Worship from 7-9 p.m. Wednesday at First Assembly of God Lake Placid gym.

This is a night for youth across Lake Placid and Highlands County to come together and worship God and to see the chains of the enemy broken.

Nearly 200 youth from different denominations and ethnic backgrounds are expected to worship God and unite to make Lake Placid a

Snapshots

better place.

Sean Nugent, youth pastor at First Assembly of God, said, “This is a dream of mine coming true. I had envisioned this night many years ago and now you can be part of my dream becoming reality as we cast off denominational ties and come together unified for God.”

For more information, call (813) 928-6645.

Coupon exchange meetings set

LAKE PLACID – Michelle Leicht and Liz Epps, known as the “Coupon Moms,” are holding monthly meetings at The Church of Jesus Christ of Latter-day Saints to teach the ends-and-outs of how to make coupon clipping pay off in big ways. These are also coupon exchange meetings.

With today’s soaring food prices and rising costs of other needed products, many in the community are anxious to take full advantage of the opportunity coupon clipping affords.

The “Coupon Moms” meet with Barry Foster on his radio talk show on the first Friday of the month from 9-

10 a.m. at 730 AM Station. They present a world of information and tips that help make couponing easier for collecting and organizing.

The next meeting will be held from 1-3 p.m. Sept. 28. The Church of Jesus Christ of Latter-day Saints is at 3235 Grand Prix Drive (first street south of Walmart).

Get old family Bibles documented

LAKE PLACID – Mike Flood of Highlands County GenWeb will be in the meeting room at Lake Placid Memorial Library from 10 a.m. until noon Saturday, Sept. 21 to photograph family information found in old family Bibles.

The information collected will be put on the Highlands County GenWeb page to share with others searching for their family roots.

Anyone with a Bible containing family births, marriages and/or deaths is invited to come and bring their Bible.

The family doesn’t have to be a Highlands county or Florida family. All bible records, no matter where the family lived, are welcome. No person born in 1900 or later will have his or her

informatoin put online, so there will be no privacy issue.

This is a wonderful opportunity to have your priceless records preserved for future generations.

Highlands County GenWeb is a free site, part of the flgenweb.org project. The Highlands County Home page contains many links to other Florida records of interest to family historians.

If you have any questions about the workshop or the website call Mike Flood at 471-6381.

Entertainment

‘Enough Said’ a winning comic romance

By TODD McCARTHY
The Hollywood Reporter
LOS ANGELES —

Beholding the late James Gandolfini doing a lovely job in a change-of-pace role significantly intensifies the already funny/sad aspects of “Enough Said,” an engaging comic romance set amid the minefields that imperil starting up mid-life relationships. The title notwithstanding, writer-director Nicole Holofcener’s look at a 50-ish divorced mother with a daughter about to leave home is never at a loss for words, many of them quite amusing, making the film a leading contender for best girls’ night movie of the season. For their part, men will enjoy watching Gandolfini in a relaxed, regular guy performance.

Employing to her advantage a more traditional story structure than is her norm, Holofcener builds her snappy social comedy around a key piece of information that her heroine doesn’t know, that the guy she’s beginning to date is the much-disparaged ex of her new best friend. This sort of trick has provided the trigger for rich farcical doings going back at least as far as Shakespeare, and Holofcener uses it as a springboard to look at a raft of self-absorbed, often myopic LA Westside types who have it together in some ways but not in others.

Almost everyone here is divorced with an ex living nearby and one kid who’s about to fly the coop for college. Eva (Julia Louis-Dreyfus) is a massage therapist who lugs her portable table to her clients’ homes and is preparing emotionally for the looming moment when her smart daughter Ellen (Tracey Fairway) heads East for school. A crowded cocktail party provides a convenient way to start stirring the pot, as well as for the writer to show her knack for lively, acerbic banter, much of it coming from Eva, who early on decides that there’s no one



Movie Review

‘Enough Said’

Rating: PG-13 (crude & sexual content, comic violence, language, nudity)

Running time: 93 minutes

Review: ★★★ (of 4)

there she finds attractive. The man she’s just met, Albert (Gandolfini), agrees.

With her uncensored emotional expressiveness and ready humor, Eva is an instantly accessible protagonist, always ready to confide and/or make a joke about a situation or herself. No intellectual, she nonetheless strikes up a quick friendship with an odd bird, Marianne (Holofcener regular Catherine Keener), a divorced poet whose refined lifestyle Eva admires and who speaks very openly about the many shortcomings of her unnamed former husband.

The castoff, of course, is Albert, who, on a dinner date with Eva, proves to be spirited company. He is, admittedly, quite heavy (“I’m planning on losing some weight. I really need to,” says Gandolfini’s character, who has to work at not being a slob. But he’s got a daughter (Eve Hewson) heading for college as well, he and Eva laugh easily together and there are no awkward silences. Promising.

In what turns out to be his second-to-last film (“Animal Rescue” will be released next year), Gandolfini is quite wonderful playing a mensch with plenty of faults but an honest, relaxed, slyly funny guy who’s reassuring to be around.

PUZZLE SOLUTION

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Diversions/Puzzles

Father's continuing dalliance takes a toll on mom's health



Dear Abby: My father admitted to having an affair a few years ago. At the time, my mother was very upset and threatened to leave, but somehow they worked it out. However, he is still seeing this woman. They talk on the phone for hours, and he visits her house frequently, leaving my mother alone for extended periods of time. When I ask my mother why they are still in contact, she doesn't want to talk about it, and my father seems to think he isn't doing anything wrong. Normally I wouldn't get involved, but I'm worried about my mother's health, which wasn't quite great to begin with and has gone downhill since this all started. Is there anything I can do in this situation?

- Worried About Mom

Dear Worried: It appears your parents made a deal with each other - he would live his own life and they would remain married. Because it is affecting your mother's health, suggest that she discuss this with her physician and perhaps get a referral to a therapist who can provide her with emotional support during this difficult time. If she agrees, it could help her physically and emotionally because stress and depression have been known to make people sick.

Dear Abby: My partner, "Rob," and I are delighted we can finally marry in our home state of California. When we do, how do you suggest we answer the question that straight married couples often get, "How long have you two been married?"

Rob and I have been together for 17 years, and it's not our fault that we didn't get married many years ago.

Without having to make a political statement each time we're asked, should we simply tack on the number of years we've been together without the benefit of marriage? I'm proud of the time we've been a couple, and even prouder that I love Rob as much today as when we first fell for each other.

What should the answer be after we tie the knot? - Ken in the Golden State

Dear Ken: Congratulations on your forthcoming nuptials. The answer you should give is the most accurate one: "Rob and I have been married for (insert the number) years and together for 17 years before that."

To say that is not making a political statement; it's the unvarnished truth.

Write Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.



Chris Hemsworth stars as Englishman James Hunt in 'Rush,' Ron Howard's big-screen recreation of the 1970s Grand Prix rivalry between Hunt and Niki Lauda.

Opposites attract at high speeds in 'Rush'

By JAKE COYLE AP Film Writer

Maybe, just maybe, Ron Howard and screenwriter Peter Morgan are perfect opposites: one a swinging playboy, the other a cold calculator.

They have twice now collaborated on what you might call coin-flip films: movies about dueling, diametrically opposed forces. Their latest, the Formula One thriller "Rush," is a lot like their "Frost/Nixon," only on wheels.

Chris Hemsworth plays the English bouncer James Hunt, a dashing head of blond hair whose daring-do and high-class accent turn women into mush. Daniel Bruhl plays Niki Lauda, an analytical Austrian with pointy front teeth and a complete dearth of what you might call people skills.

Whereas Hunt is a classic, carousing, big-ego racer, Lauda is a methodical tactician. The film, based on the lives of the two famous racers, captures the climax of their collision in the 1976 world championship that came down to the final race and that also featured a crash that left Lauda's face terribly burned.

Just as "Frost/Nixon" marveled at the contrast of flashy TV newsman David Frost and the curmudgeonly Richard Nixon, "Rush" (also set in the '70s) toggles between Hunt and Lauda. Howard's film is propelled by the clash of styles that repels them from one another, even as their mutual dedication draws them closer.



Movie Review 'Rush'

Rating: R (sexual content, nudity, language, disturbing images and brief drug use)

Running time: 123 minutes

Review: ★★★★★ (of 4)

Racing films often speed inevitably toward clichés of fast-paced living catching up to the men behind the wheel. "Rush" has plenty of that - the adrenaline-fueled death dance required for the checkered flag. (Hunt describes his car as "a little coffin, really, surrounded by high-octane fuel.") But it veers toward something much sweeter: a simple ode to rivalry.

"Rush" makes for a terrific double feature with the superb 2010 documentary "Senna," about Brazilian Formula One racer Ayrton Senna, which Howard has said he studied in making "Rush." Formula One, which engenders far more passion in Europe than in the NASCAR-favored U.S., has otherwise seldom turned up in the movies. Most notably, there was the handsomely photographed "Grand Prix" (1966).

While "Rush" has plenty of exciting, highly saturated rac-

ing scenes as it makes pit stops through famous Formula One courses, Howard (whose directorial debut, 1977's "Grand Theft Auto," was a far less accomplished tale of car chases) is more concerned with the personality conflict, played out at high speed.

Without Thor's hammer in tow, Hemsworth looks particularly unburdened in a role perfectly suited to his talents and natural bravado. Bruhl, though, is even more compelling. The German-born actor (who also makes a strong impression in the upcoming WikiLeaks drama "The Fifth Estate"), makes Lauda, with a clipped Austrian accent, endearing in his obsessive pursuit.

Howard, with cinematographer Anthony Dod Mantle, frames both actors in close-up, letting the ping pong of their competition fill the movie. There are other good supporting performances (Olivia Wilde, Alexandra Maria Lara as the drivers' wives), but the film belongs to Hemsworth and Bruhl as they weave through a tumultuous racing season.

It's not only one of the better racing films, it's one of Howard's best. For Morgan, who also penned another distinct sports film, 2009's "The Damned United," it's yet another example of his great talent for taking seemingly minor true stories and expanding them operatically.

Whatever the nature of Howard and Morgan's collaboration, it seems to be pushing them - like Hunt and Lauda - to greater heights.

People picks Washington as best-dressed star

NEW YORK (AP) - "Scandal" star Kerry Washington is the world's best-dressed woman, according to People magazine.

Washington, 36, has proved a red-carpet risk-taker, wearing up-and-coming designers and making atypical choices - such as a crystal-covered coral Miu Miu gown for the Oscars. At Tuesday's pre-Emmy reception, she wore a hot-pink cocktail frock.

Unlike her character on ABC's "Scandal,"

Washington says she doesn't wear many power-broker pantsuits.

Washington, selected by the magazine editors, works with stylist Erin Walsh.

People then tapped other tastemakers to pick their favorites, including Jennifer Lawrence for her high-fashion style, Jessica Chastain specifically for her red-carpet looks, Kate Bosworth for street style and Zoe Saldana for her denim style.

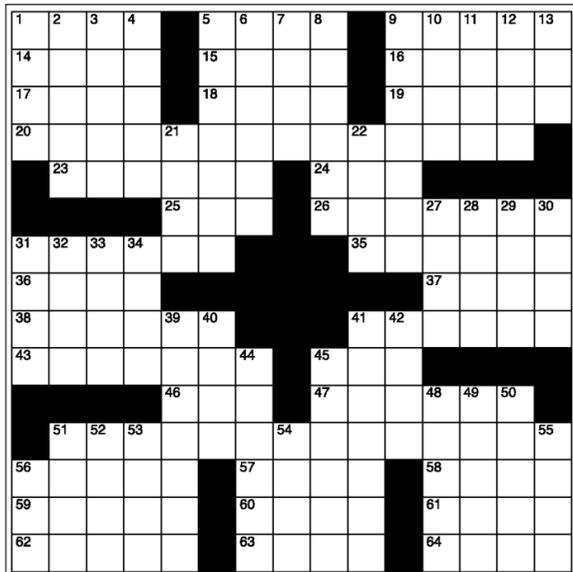
CLEANLINESS WORD SEARCH

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WORDS

AMMONIA MOP
BACTERIA ORGANIZE
BAKING REMOVE
BATHE RESIDUE
BLEACH SANITARY
CLEAN SCRUB
CLEANSER SHAMPOO
CLOUDY SOAKING
DEBRIS SOAPPS
DISSOLVE SORT
DUSTING SWEEP
FILTER TIDY
GARBAGE VACUUM
GROOM VINEGAR
MICROBIAL WASHING
MOLD WASTE

Find the words hidden vertically, horizontally & diagonally throughout the puzzle.



CLUES ACROSS

- 1. Peruvian province
5. Mama __, rock singer
9. Elephant's name
14. Yellow edible Indian fruit
15. Arabian Gulf
16. Lucci's Kane character
17. Minstrel poet
18. Huxley's fictional drug
19. Atom-bombed
20. Strangenesses
23. Mortar's crushing partner
24. Kilocalorie
25. Very efficient light source
26. Slow oozing
31. Corpses
35. Abounding in trees
36. Total destruction
37. About aviation
38. Reverses
41. Lymphatic throat tissue (1 of 2)
43. Monarch seats
45. Macaws
46. Icahn's airline
47. City railways
51. Able to be put out
56. Imitative
57. Conclusions
58. Grizzly, black or teddy
59. Bitstock
60. Six
61. The largest continent
62. Study or work tables
63. Young children
64. Large integers

CLUES DOWN

- 1. A French abbot
2. Civil Rights group
3. The third hour, about 9 a.m.
4. Am. ventilation corporation
5. A prince's fortified building
6. Felt deep affection for
7. A tractor-trailer
8. Noshes
9. British auto maker
10. Wild sheep of northern Africa
11. 2-wheeled transport
12. Breezes through
13. Radioactivity unit
21. Neocortical temporal lobe epilepsy (abbr.)
22. Frosts
27. A design or arrangement
28. The class of birds
29. Pickled ginger
30. Alkenes
31. A spoiled child
32. Arabic agarwood perfume
33. Christian __, designer
34. Japanese waist pouch
39. Lures with desire
40. Joined by stitching
41. Locks of hair
42. Solemn pledge
44. Most wise
45. Among
48. Capital of Morocco
49. Excessively fat
50. Murdered
51. Ireland
52. Yuletide
53. Sound of a clock or timer
54. Freshwater mussel genus
55. Amounts of time
56. Million barrels per day (abbr.)

Solution, B8

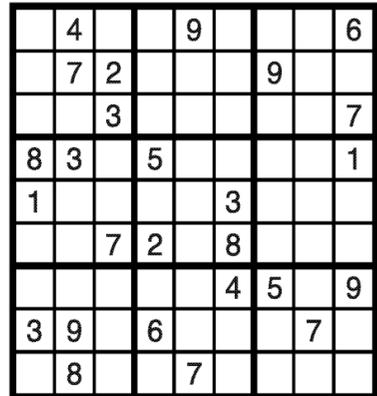
CRYPTO FUN

Solve the code to discover words related to cleaning. Each number corresponds to a different letter. (Hint: 20 = e)

- A. 2 15 23 21 3 21 10 20
Clue: Make hygienic
B. 25 1 20 15 23
Clue: Not dirty
C. 2 25 19 14 16
Clue: Brighten
D. 9 16 20 2 6 20 23
Clue: Make something cleaner

Answers: A. sanitize B. clean C. scour D. freshen

SUDOKU

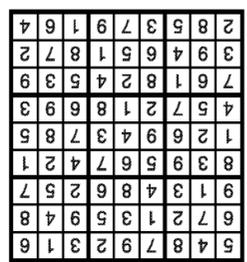


Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



ANSWER:

Living

The complex map of Syria politics

In the heart of the Middle East, a breakdown of the competing interests in the outcome of civil war

The world's attention is focused on Syria not only because of the use of chemical weapons in its brutal civil war, but also because of its location in the heart of the Middle East. Syria shares borders with five other key countries — Israel, Lebanon, Turkey, Iraq and Jordan — which stokes fears that its growing instability could cause further unrest in an already-turbulent region. Syria's fate will affect the foreign policy interests of countries throughout the Middle East and

around the globe, including the United States, Russia and China, which explains their varied responses to both Syria's civil war and the Syrian government's suspected use of chemical weapons against its own people.

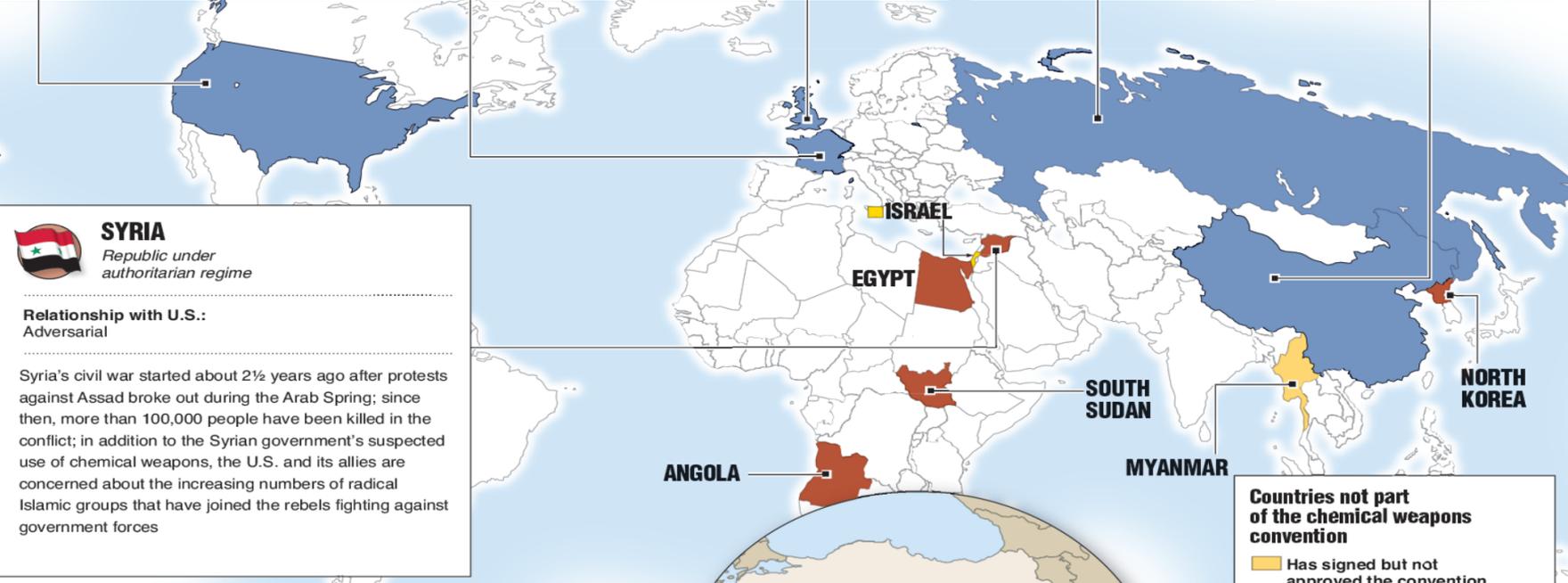
Like most issues in the Middle East, the reasons for the complex international response to the Syrian crisis are complicated and rooted in a range of other long-running political conflicts. The following summary of the positions of

several key countries toward Syria is based on Tribune Newspapers reporting and interviews with two experts on the Middle East: Salman Shaikh, director of the Brookings Institution's Doha Center, and Marwan Muasher, vice president for studies at the Carnegie Endowment for International Peace and director of the endowment's Middle East Program.

NOTE: Information on each country's government type is from the CIA World Factbook.

The five permanent members U.N. Security Council Can veto any potential U.N. action

 <p>UNITED STATES Government type: Federal republic</p> <p>United States wants to punish the Syrian government for its suspected use of chemical weapons last month, but the U.S. response is also motivated by concern over the potential effects of Syria's instability on the rest of the region; U.S. has key interests in all of the countries that share borders with Syria and fears that the rise of Islamic radicalism within the country could have ripple effects throughout the area; U.S. also worries that failing to hold Syria accountable for its suspected use of chemical weapons could embolden Iran, a strong ally of Syria, in its pursuit of nuclear weapons</p>	 <p>FRANCE Republic</p> <p>Relationship with U.S.: Ally</p> <p>France has spoken out strongly against chemical weapons attacks in Syria; France has also pushed for a binding U.N. Security Council resolution outlining the process by which Syria would turn over its chemical weapons for eventual disposal</p>	 <p>UNITED KINGDOM Constitutional monarchy</p> <p>Relationship with U.S.: Closest ally</p> <p>U.K. is also concerned about the effects that the Syrian civil war and Islamic radicalism could have on other countries in the area; British Prime Minister David Cameron supported U.S. efforts to launch missile attacks against Syria, but the British Parliament voted against an endorsement of military intervention, meaning the U.K. will not be involved in any potential strikes</p>	 <p>RUSSIA Federation</p> <p>Relationship with U.S.: Steady but complicated</p> <p>The alliance between Russia and Syria predates the fall of the Soviet Union in 1991; Syrian crisis has allowed Russia to reassert itself as a power broker in the Middle East; Russia also wants Syrian President Bashar Assad to stay in power to prevent Islamic radicalism from growing in Syria and possibly inflaming Islamic radicals already in Russia; Russia has used its veto power on the U.N. Security Council to block punitive measures against Syria</p>	 <p>CHINA Communist state</p> <p>Relationship with U.S.: Complicated</p> <p>Like Russia, China has used its veto power on the U.N. Security Council to protect Syria from international action; China is extremely dependent on Middle Eastern oil and is concerned about the potential effects that instability in Syria could have on global oil markets; China, often an ally of Russia, is also trying to check Western power in the Middle East</p>
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SYRIA
Republic under authoritarian regime

Relationship with U.S.: Adversarial

Syria's civil war started about 2½ years ago after protests against Assad broke out during the Arab Spring; since then, more than 100,000 people have been killed in the conflict; in addition to the Syrian government's suspected use of chemical weapons, the U.S. and its allies are concerned about the increasing numbers of radical Islamic groups that have joined the rebels fighting against government forces



TURKEY
Republican parliamentary democracy

Relationship with U.S.: Ally

Turkey, an important U.S. ally, wants Assad forced from power; most Turks are Sunni Muslims, as are most Syrians; (Assad is a member of the minority Alawite sect, an offshoot of Shiite Islam); Turkey could not be seen as supporting the regime of Assad, especially once his forces began killing Sunni Syrians; Turkey wants to make sure the same political and religious divides that are roiling the Syrian civil war do not spill over its borders



ISRAEL
Parliamentary democracy

Relationship with U.S.: Ally

Israel and Syria have had a tense but relatively stable relationship for years; however, Syria's civil war has threatened that stability, and Israel fears that violence from Syria's civil war could spill across the border; some experts have said Israel would prefer that Assad remain in power to avoid a more hostile regime taking over, but others have said Israel is more willing to see Assad toppled because his country's war is destabilizing the entire region; Israel has also expressed support for a U.S. cruise missile strike against Syria, in part to deter Iran from developing nuclear weapons;



Countries not part of the chemical weapons convention

-  Has signed but not approved the convention
-  Has not signed nor accepted the convention



LEBANON
Republic

Relationship with U.S.: Ally

Recent sectarian violence in Lebanon has stoked fears that Syria's violence is beginning to spread; country's population is polarized about the Syrian civil war. Both Syrian government forces and rebel fighters have recruited militiamen from Lebanon



JORDAN
Constitutional monarchy

Relationship with U.S.: Ally

Jordan has allowed support for Syrian rebels to flow across its borders, but its leaders have avoided speaking out too forcefully against Assad to avoid repercussions from Assad's allies



IRAQ
Parliamentary democracy

Relationship with U.S.: Complicated

Iraq opposes military intervention in Syria, in part because of the lingering effects of the U.S. war there

Syria's five neighbors

Other key regional players

 <p>EGYPT Republic</p> <p>Relationship with U.S.: Ally, though mixed since 2011 revolution</p> <p>Egypt has traditionally been an ally of Syria and has stated its opposition to military intervention there, but experts have said Egypt would probably like to see Assad weakened or forced from power through diplomacy</p>	 <p>IRAN Theocratic republic</p> <p>Relationship with U.S.: Adversarial</p> <p>Iran uses Syria as a conduit to funnel military and financial support to Hezbollah (in Lebanon) and Hamas (in the Gaza Strip); Syria and Iran have a long history of close ties and have often stood against U.S. interests in the Middle East; opponents of Iran fear that failure to hold Syria accountable for its suspected use of chemical weapons could undermine efforts to deter Iran from developing nuclear weapons</p>	 <p>SAUDI ARABIA Monarchy</p> <p>Relationship with U.S.: Ally</p> <p>Saudi Arabia wants Assad forced from power; Saudi Arabia and Qatar, both members of the Gulf Cooperation Council, have supported the Syrian rebels with weapons and funding; the other four members of the council — Bahrain, Oman, Kuwait and the United Arab Emirates — also oppose Assad, partially because of their opposition to Iran</p>
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Lasting impact of the Arab Spring

Four countries have seen regime changes due to uprisings that had roots in the Arab Spring: Tunisia, Libya, Egypt and Yemen; protests against Syria's regime that turned into the country's civil war began in 2011

 <p>TUNISIA Jan. President Zine El Abidine Ben Ali flees</p>	 <p>EGYPT Feb. President Hosni Mubarak steps down</p>	 <p>LIBYA Oct. 2012 President Moammar Gadhafi is killed</p>	 <p>YEMEN Nov. 2012 President Ali Abdullah Saleh hand over power</p>
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