

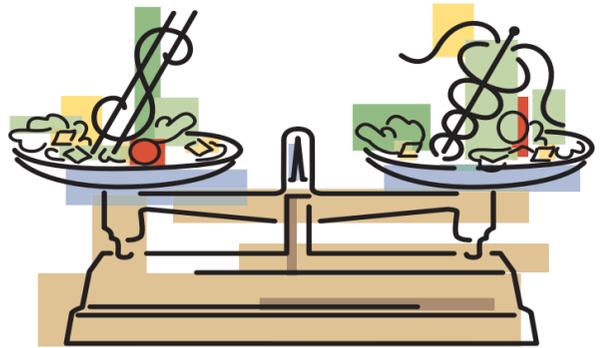
# NEWS-SUN

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Highlands County's Hometown Newspaper Since 1927

Sunday, August 18, 2013

Volume 94/Number 99 | 75 cents



## A balanced diet (and budget)

20 ways to pinch pennies and still eat healthy

LIVING, B12



Ready to rumble

Sebring volleyball, football teams ready to get fall seasons under way

SPORTS, B1



Katara Simmons/News-Sun

Landscape irrigation for the large lots at the Country Club of Sebring is the main culprit behind the overpumping of water that has Country Club Utilities, owned by County Commissioner Greg Harris, and the Southwest Florida Water Management District at odds.

## County to discuss Country Club water use dispute

### Water district warns of dire consequences

By BARRY FOSTER

News-Sun correspondent

SEBRING — The Southwest Florida Water Management District sent a letter to Country Club Utilities warning them of the consequences if a dispute between the district and Country Club Utilities over water usage is not resolved.

On Tuesday, Highlands County

commissioners will discuss a letter from SWFWMD Executive Director Blake Guillory that was sent to the board members, asking for their help in obtaining compliance on overpumping issues by Country Club Utilities, the firm is owned and operated by District 5 Commissioner and commission Vice-Chairman Greg Harris.

Water management officials reportedly are unhappy about a decade of overpumpage by customers on that system, something Harris has said he can do nothing about.

Commission Chairman Jack Richie said he had consulted with Highlands County Attorney Ross Macbeth on

See COUNTRY, A7

## District adds 122 new teachers

By SAMANTHA GHOLAR  
sgholar@newssun.com

SEBRING — Highlands County students will see a slew of new faces in the hallways and classrooms when they get on campus Monday for the first day of the 2013-2014 school year.

After a large amount of retirees bid farewell to their teaching days at the end of last school year, the Highlands County School District's Human Resources, Recruitment and Professional Development (HRRPD) department knew this recruitment year would be a big one.

Vivianne Waldron, HRRPD director, set a goal of hiring 130 new teachers for the district in June and has nearly completed the goal.

"We have 122 new teach-

ers to the district," said Waldron. "We had lots of vacancies at the end of the school year. Woodlawn and

Memorial specifically had several. The large majority of the vacancies were at the elementary level."

Compared to secondary schools, about 60 percent of the newly hired teachers will be working in the elementary schools this year.

Waldron and her team of recruiters and human resources personnel attended the Great Florida Teach-In in Tampa in early June. There, Waldron was able to make connections with a large

majority of the new instructors that will be in classrooms this year.

"We had the opportunity

See NEW, A4

The group we've hired this year are more experienced and capable than any group we've had recently. We just feel really confident about these teachers.

Vivianne Waldron  
hiring director

Index	
Business	A8
Classifieds	A9
Crossword Puzzle	B11
Dear Abby	B11
Editorial & Opinion	A3
Entertainment	B10
Horoscope	B11
Outdoors	B5
Sudoku Puzzle	B11



A shower or T-storm in the PM  
High 91 Low 75  
Details, A10



## Summer slump for jobs

### Unemployment rate up to 9%

By BARRY FOSTER  
News-Sun correspondent

SEBRING — It's the middle of the summer doldrums in the Heartland and July unemployment figures released by the Florida Department of Economic Opportunity on Friday reflect the time of year.

Of the 39,429 members listed as the county's workforce, there were 3,549 out of work here last month. That translated to a 9 percent joblessness figure. While it was up .7 percent from June numbers, it still was better than July 2012 when the county's unemployment rate was said to be 10.7 percent.

Highlands' rate was well above both the seasonally and non-seasonally adjusted average for the state of Florida, which were registered as 7.1 percent and 7.4 percent, respectively.

Statewide, officials of the U.S. Department of Labor's Bureau of Labor Statistics

See JOBLESS, A5



Courtesy photo

Former Avon Park Community Child Development Center Director Velma Lumpkin says that the state's education system for preschoolers is broken, but not hopeless.

## Lumpkin: Early education suffering in Florida

### Former Community Child Development Center says we may have to hit bottom before changes are made

By CHRISTOPHER TUFFLEY  
christopher.tuffley@newssun.com

AVON PARK — Although Velma Lumpkin has retired as the director of the Avon Park Community Child Development Center, she still has a lot to say about the state of education in Florida, especially regarding the youngest students.

Monday she sat down with the News-Sun and talked about her concerns.

"Something's wrong," she said.

"We're doing a terrible job with our children. Due to sequestration, early education is in real financial trouble."

For example, she said, "the old Volunteer Pre-Kindergarten program was a very good model, when Florida tried to get it right. But, they (the state legislature) just cut VPK last year, and again this year, so now it provides only three hours of instruction a day. There should be at least six hours a day.

See LUMPKIN, A5

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# Agriculturalists asked to help out in classroom

By BARRY FOSTER  
News-Sun correspondent

SEBRING – School will be back in session next week here in Highlands County. In addition to reading, writing and arithmetic, local agricultural educators reportedly are looking for help from ranchers, grove owners and others in the industry to help with their FFA chapters, as well as in their instructional programs.

Danielle Daum of Happiness Farms has sent out a letter to local agriculturalists in an effort to engender some local support from the industry.

“Our local middle and high school agriculture programs and FFA chapters are doing wonderful things for our youth,” said Megan Stein, recently elected president of Florida FFA Association.

“It is our hope that businesses and individuals in the county will rally together to help these programs prosper and thrive.”

The number of students involved in local agriculture and FFA programs reportedly is soaring due to early exposure through Ag Venture and Ag Literacy Day.

“That’s something we should be proud of,” Daum said. “The local teacher/advisors have been working hard to keep the students excited



and interested, but it takes having ‘hands-on’ activities to compliment classroom instruction.”

In addition to classes, instructors train FFA teams in numerous Career Development Events such as livestock and citrus judging, parliamentary procedure and public speaking programs travel with the youngsters to their competitions. They also incorporate new programs and activities.

“All of this is being done

on a shoestring budget,” Daum said.

In order for these programs to thrive they require materials beyond classroom supplies such as fertilizer, potting soil, herbicides, seeds and plants material/

Daum recently issued lists of needs for the various schools in the area, challenging agriculturalists, businesses and individuals to see if they can help fulfill the needs.

In Lake Placid, middle

school students have a school garden employing both raised beds and a greenhouse. They also are working on a number of aquarium projects as well as school beautification and landscaping.

Lake Placid High School students meanwhile have a citrus tree planting project and livestock projects with both cattle and hogs.

In Avon Park, middle school students have a greenhouse and a hydroponic garden while high schoolers in the have an irrigated shade-house and a land lab with citrus and a vegetable garden area.

In addition to raising livestock, Sebring students are adding a dog grooming component to their Veterinary Assisting program to complement their land lab activities. That includes greenhouses, vegetable garden, animal barns and agriculture mechanics.

Hill-Gustat Middle School students are looking to add varieties of citrus along with their greenhouse and animal barns on campus.

There are extensive lists available for each of the schools. Interested citizens can call Resource Teacher Gary Lee at 214-6748 or 471-5610 or by email at leeg@highlands.k12.fl.us.

## Community Briefs

### Highway Park plans annual Fun Day

LAKE PLACID – The 11th annual Highway Park Community Fun Day is set for 3 p.m. Sunday. This event is sponsored by Highway Park businessmen Frank Branch Jr. and Selvin McGahee, and Highway Park Community Star Center (Star Project/All Star Prevention for at-risk youth and their families).

There will be music, free hot-dogs and hamburgers, haircuts for boys for a \$2 donation, a park workshop to discuss upcoming events at and for the Star Center, as well as a school supply distribution during the Fun Day at the Highway Park Community Star Center Complex in Martin Luther King Jr. Park, 141 Josephine Ave.

Donations of school supplies will be accepted at the Star Center from 11 a.m. to 1 p.m. this week.

If you have supplies to drop off or want more information, call McGahee at 214-6276 or the Star Center at 465-8131. The Highway Park Community Star Program is a not-for-profit organization in existence since 1991 and incorporated since 1996.

### NARFE meets Tuesday

SEBRING – NARFE Chapter 288 of Highlands County will meet Tuesday

at Homer’s Buffet, Sebring Square. Lunch is at 11:30 a.m.

This is the final summer lunch-only meeting. There will not be a business meeting. Business/luncheon meetings will resume Sept. 17.

All meetings are open to active and retired federal employees and their spouses.

For information, call L.R. “Corky” Dabe, president, at 382-9447.

### Casey to speak to Tea Party

SEBRING — John Casey, editor of the Global Climate Status Report (GCSR) and author of “Cold Sun” will speak at Tuesday’s Highlands County Tea Party meeting.

The meeting is at 6 p.m. at Homer’s Restaurant, 1000 Sebring, Square. There is a buffet at 5 p.m.

### Events planned at lodges, posts

AVON PARK American Legion Post 69 will have karaoke by Bil-Di from 4-7 p.m. Wednesday. Ladies Auxiliary Philly’s dinner is from 4-6 p.m. Friday, with music by Todd Allen. Sons of American Legion breakfast is from 8-10 a.m. Saturday.

Legion Riders meet at 10:30 a.m. Roadkill fol-

Continued on A4

## Burns set for state park this week

Special to the News-Sun  
SEBRING — The Florida Department of Environmental Protection’s Highlands Hammock State Park will conduct a series of prescribed burns during the week of Aug. 19-23, weather permitting.

The prescribed burn will consist of approximately 100 acres of scrubby flatwoods on the south side of the Seven Lakes Property and approximately 200 acres of Mesic Flatwoods within Highlands Hammock State Park. Prescribed fires are only conducted when weather parameters are suitable. The final decision to burn is made daily, after reviewing the Predicted Fire Weather forecast for that particular day and after obtaining a burn authorization from the Florida Forest Service.

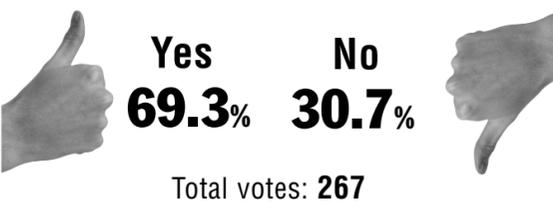
Prescribed burning mimics natural fire cycles to restore healthy forests and natural communities, reduce undergrowth that accumulates over time and decreases the potential for wildfire. Burned lands experience an increase in native wildflowers, birds and other wildlife.

For more information on Florida’s award-winning state parks, visit [www.FloridaStateParks.org](http://www.FloridaStateParks.org). To learn more about prescribed burning, visit [www.goodfires.org/](http://www.goodfires.org/).

**Online**

**YOUR VOICE**

**This week’s question:** Should the Avon Park City Council grant the request of several employees that City Manager Julian Deleon be placed on leave while his management style is investigated?



**Next question:** Should the City of Sebring be willing to take a loss on the sale of Harder Hall in order to get the property off its books?

Poll open through Friday. [www.newssun.com](http://www.newssun.com)  
Make your voice heard at

## Flushing for Jade event extended

News-Sun staff  
AVON PARK – Due to the popularity of the Flushing for Jade fundraiser, the event has been extended. The beneficiary of this fundraiser is the family of 14-year-old Jade Jackson who was diagnosed this summer with an ependymoma tumor, a type of brain cancer.



Jade Jackson

The Flushing fundraiser works simply. Anyone wishing to participate (donate money) calls 245-6877 and places an order for the toilet to be placed in a person’s yard. The person who placed the toilet order pays \$10. If the homeowner wants the potty removed from their yard, it will cost \$15. It will be \$20 to have

the toilet removed and placed in the yard of your choice and \$30 to buy insurance so it does not visit your yard again.

Look for purple toilets to place in yards across the county – especially in Avon Park and Sebring – in an effort to help the Jackson family.

ing lot.

Police tried to pull over driver Nicole Syphers. She stopped, but authorities say she quickly put the vehicle in reverse and struck one officer and narrowly missed hitting another.

Both officers fired at Syphers’ car. She was caught after she jumped out of the car and tried to flee.

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**Lottery Center**

<b>FLORIDA LOTTO</b>	Aug. 13	3 6 16 30 31 40 x:5	Next jackpot \$53 million
	Aug. 10	20 44 46 48 52 53 x:3	
	Aug. 7	29 33 46 48 49 52 x:2	
<b>FANTASY 5 with ezmatch</b>	Aug. 16	8 9 10 34 35	
	Aug. 15	6 13 14 15 26	
	Aug. 14	1 13 15 18 29	
	Aug. 13	1 5 23 29 33	
<b>MEGA MONEY</b>	Aug. 16	2 14 26 27 11	
	Aug. 13	2 32 35 38 15	
	Aug. 9	11 13 22 40 18	
	Aug. 6	10 31 33 38 16	
<b>FLORIDA POWERBALL</b>	Aug. 14	4 11 17 43 51 PB: 20	Next jackpot \$60 million
	Aug. 10	4 12 14 37 58 PB: 13	
	Aug. 7	5 25 30 58 59 PB: 32	
<b>MEGA MILLIONS</b>	Aug. 16	7 13 26 36 46 MB: 37 x4	Next jackpot \$51 million
	Aug. 13	2 31 32 37 41 MB: 40 x4	
	Aug. 9	11 20 30 34 38 MB: 12 x:3	

Florida Lottery

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**Romona Washington – Publisher and Executive Editor**  
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## Woman charged with hitting police officer with car

CLEARWATER (AP) — A 24-year-old southwest Florida woman is facing several charges after authorities say she fled the scene of a crash and intentionally struck one of the officers pursuing her.

Largo Police were looking for a silver Saturn involved in a hit and run in Clearwater on Friday. They say the car was also involved in a second hit and run at a gas station park-

## Editorial &amp; Opinion

## TODAY'S EDITORIAL

## Some things will never change

Another school year begins Monday. One day soon students will tuck their electronic tablets and electronic books into their back packs as they head out into new courses of study. There will be something missing when that happens, despite technology's obvious advantages.

Blank screens encased in plastic don't excite the sense of possibility and renewed hope that come with fresh notebooks, the pages still white and unwrinkled; or sharpened new pencils, their erasers pink and unchewed.

Sadly students who begin school in the coming technological era will never know what they have missed, having never experienced anything else.

All they will know of the analog, manual world will come second hand from listening to us.

As our grandparents used to say, "I had to walk a mile to school, up hill both ways," we'll be telling our grandchildren "We had to lug around 100 pounds of books everywhere, everywhere."

One thing, however, will not change: The butterfly stomach and sweaty

palms that come with the first day of school, especially for the youngest of students going to kindergarten for the first time.

For example — true story — there was a five year old boy who was so afraid his first day ever of school that he clung to his mother's skirt so tightly the fastener broke and it fell to her feet leaving her in her slip. But this mother simply stepped out of the skirt walked to her car and drove away.

Lo and behold, within a week her son was acclimated, enthusiastic and active.

That scene (or ones similar to it) will continue to repeat themselves throughout time.

The key is creating safe classrooms, where students are encouraged to try new things and think in new ways.

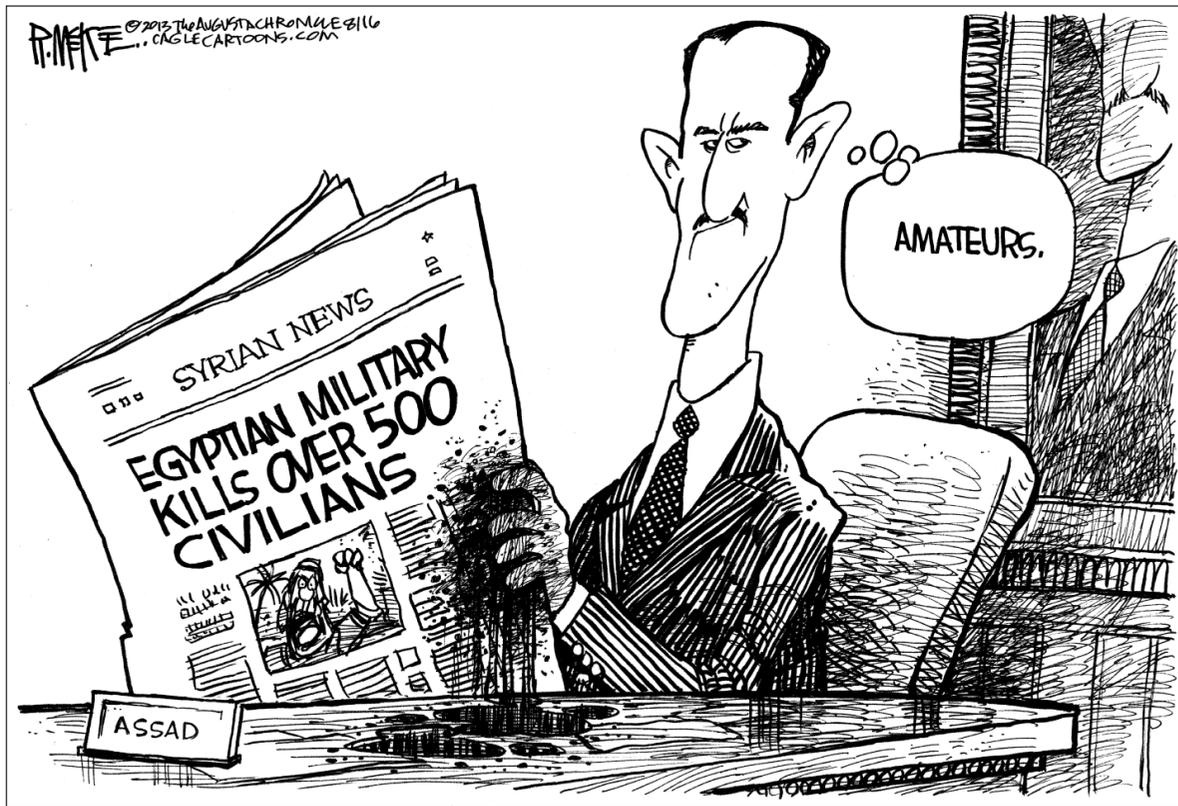
Engaged students look forward to going to school despite the challenges, or even better, because of the challenges.

For parents, these first days of school are the time to soothe nerves and praise effort; to create routines that include study time, exercise and plenty of sleep.

For teachers it is the time to get back into character, setting an example by being fair, working hard and dressing professionally.

For the rest of us it is the time to model community spirit by driving slowly on neighborhood roads and exercising patience when teen-agers pour out into the streets at the end of the day.

One last true story: A boy couldn't stop crying as his mother brought him kicking and screaming to his first day of school. The mother was distraught, but the school principal told her not to worry, he'd soon fit in. Sure enough, when the mother came to pick up her son that afternoon he didn't want to leave. He wouldn't stop crying and had to be dragged kicking and screaming to the car.



## Why I sometimes long for the Cold War



## Guest Column

Tom Purcell

I've been thinking about the sorry state of American culture, and that made me reminisce about the Cold War. You remember the Cold War. It brought us espionage, alliances with cheesy dictators and a devotion to making bombs. And throughout it all, we lived in constant fear that the Soviets were going to blow us up.

Ah, the good old days! The fear of nuclear holocaust had its upside. It drove us closer to our God and to our families. We paid our bills on time. We treated our fellow man with more respect. We did the things people are likely to do when they worry that, at any moment, they may be meeting their maker.

The economy wasn't bad, either. Thanks in part to the buildup of arms under President Reagan, everyone had a job, even my college buddy Faz. He graduated with the lowest mechanical engineering grade-point average in Penn State history, yet he got work designing shell casings for torpedoes at a Virginia plant.

Our love lives were better. During the Cold War, most women didn't want to be



shipped to faraway places to lie on their bellies and get shot at by communists. They wanted men to do that. And when President Reagan called the Soviet Union the "Evil Empire," American men were getting dates in unprecedented numbers.

Sure, the Cold War had a few drawbacks. The Bay of Pigs was no picnic. And most people got tired of letters to the editor from nutty guys who wrote: "Why don't we build a large pair of glasses and set them across our great nation? Then we can say to the Russians: You wouldn't fight a country with glasses, would you?"

For the most part, though, the Cold War was about a constant fear that kept us in check. But things took a bad turn in 1985 when Gorbachev turned the Soviets into a bunch of softies. He talked about freedom. His government stopped telling the press what to write. By 1989, the

Berlin Wall came tumbling down, and that ruined everything.

Without a great enemy to unite us, America turned its focus inward. We began to squabble among ourselves.

Environmentalists formed powerful organizations to make us feel guilty for driving our cars and heating our houses. Animal activists made us feel awful for eating dinner. Other groups told us we were racist anti-culturalists.

Women turned on men. Now, we never know — after we compliment a woman — whether we'll be greeted with a smile or a lawsuit.

Today, we are more divided politically and culturally than at any time in my 51 years. We have 24/7 media fanning the flames of our discord to gin up ratings and ad revenue. Nobody is getting along.

We're so blinded by our inwardness, we overlook the

fact that the Earth is still filled with evil forces, and we are still but one nuclear explosion away from utter chaos and worldwide unrest.

Free of such real worries, we've elevated matters of small importance into great affairs as we have downplayed matters of truly great importance — debt, deficits, spending and inability to address all three — that may soon be our undoing.

Were we a more thoughtful and reasonable people, we might make the intelligent decision to set aside petty matters and come together to focus on the real problems. That would take leadership, however, which we are badly lacking these days.

That's why, in these divided times, I long for the simplicity of the Cold War. How grand it was when worried children were taught to huddle under their desks and adults were kept honest by genuine worries.

Boy, we could use another Cold War about now.

Tom Purcell, author of "Misadventures of a 1970's Childhood" and "Comical Sense: A Lone Humorist Takes on a World Gone Nutty!" is a Pittsburgh Tribune-Review humor columnist and is nationally syndicated exclusively by Cagle Cartoons Inc. Send comments to Tom at Purcell@caglecartoons.com/. Guest columns are the opinion of the writer, not necessarily those of the News-Sun staff.

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## By any other name

I like my name. Yes, have a last name like Ware and you get all kinds of wits wanting you to name your kids Tupper and Under. And these are people who claim to love me. But I'm fine with my last name. I'm also pretty content with my first name, Laura. The nickname for it, Lori, isn't bad either, though my mom was the only person to call me that with any regularity.

When Don and I were expecting our kids, we thought very hard about what we wanted to name them. We tested initials, looked up meanings, referred to the Bible for inspiration. We came up with John David and James Michael, and if they don't like what they wound up with, they've kept it to themselves.

Naming the boys John and James has had unintended consequences, however. In the Bible, two of the apostles are brothers named John and James. Jesus nicknames them "Sons of Thunder." Recalling some of their fights, I find that nickname apt. I even refer to it in a book I dedicated to my sons last year.

Naming a child badly can have unfortunate consequences. Kids can be cruel. Also, if a name is hard to spell or pronounce, it can lead to difficulties later in life.

This is why I'm mystified that a mother and father actually wanted to name their child "Messiah." I am not kidding.

According to an article I linked to from the Drudge Report, Jaleesa Martin and the father of the 7-month old had agreed to name the child Messiah. However, they couldn't agree on a last name, so they went to a judge for a ruling.

The Tennessee judge ruled on the last name. And, above and beyond what was requested, she ordered the first name be changed as well.

Child Support Magistrate Lu Ann Ballew said, "The word Messiah is a title and it's a title that has only been earned by one person and that one person is Jesus Christ."

She ordered that the child's name be changed to

## Laura's Look

Laura Ware

"Martin DeShawn McCullough." Ballew also instructed the parents to change the name on the birth certificate.

According to the article, she said that the decision was best for the child, because having the name Messiah in a primarily Christian community could cause problems down the line.

Messiah's mom isn't buying it. She's appealing the decision. According to her, she thought the name was unique and sounded good alongside his siblings names, Micah and Mason.

According to www.wbir.com, the name Messiah is growing in popularity. In 2011, it was the 633rd most popular name in the United States. In 2012, it jumped to 387th. (Statistics taken from the Social Security Administration's annual list of the top 1000 baby names)

My first reaction to the story is that "Messiah" isn't the greatest choice for a first name. The jokes it will generate will be considerable. And what are the chances that the poor kid's nickname will be "Mess?" Unique is not always a good choice.

On the other hand, the judge was out of line. She wasn't asked to rule on the baby's first name. Her personal feelings aside, it really is the parents' choice.

And yes, parents have the right to do something stupid as long as it doesn't hurt the kid. If that were illegal, a lot more people would be in jail, myself included.

So while I agree that Messiah isn't the best choice of a name for a kid, the judge needs to back off. Jesus has big shoulders; He can handle His title being hung on a child.

Laura Ware is a Sebring resident. She can be contacted by e-mail at bookwormlady@embarqmail.com Visit her website at www.lauraware.com. Guest columns are the opinion of the writer, not necessarily those of the staff of the News-Sun.

## EDITORIAL PAGE POLICY

Make sure to sign your letter and include your address and phone number. Anonymous letters will be automatically rejected.

Please keep your letters to a maximum of 400 words. We have to make room for everybody. Letters of local concern take priority.

Send your letter to 2227 U.S. 27 South, Sebring, FL 33870; drop it off at the same address; fax 385-1954; or e-mail editor@newssun.com.

To make sure the editorial pages aren't dominated by the same writers, letters are limited to two per month and a guest column can be submitted once every three months.

# Community Briefs

Continued from A2

lows at 3 p.m. Call 453-4553.

### LAKE PLACID

American Legion Post 25 will serve a lasagna dinner from 5-7 p.m. today, followed by entertainment by Chrissy from 5-8 p.m. Family meeting is set for noon Wednesday. Pete Ruano will entertain from 5-8 p.m.

A fish/shrimp dinner will be served at 5 p.m. Friday, followed by entertainment with Frank E from 6-9 p.m. Call 465-0975.

VFW Post 3880 will serve Steak by the Ounce at 5:30 p.m. Friday.

Buddy Brooks will provide entertainment. Breakfast will be served from 8-11 a.m. Saturday. Call 699-5444.

Moose Lodge 2374 will have music by KJ Karaoke on Wednesday, by Frank E on Thursday and Friday. Steak by Oz dinner served Saturday. Music by Pregatory Band. Call 465-0131.

Save a life - give blood. The Big Red Bus blood drive will be in the parking lot of the Lake Placid Elks Lodge on Friday, Aug 23 from 9-3. Appointments call Peg 465-4707. Located on 621 behind the Winn Dixie

SEBRING  
AMVETS Post 21 will

have karaoke with MegaSoundz from 6-9 p.m. Saturday, Aug. 24. Pizza will be available.

Sebring Elks Lodge 1529 Wacky Wednesday meal includes cheeseburgers for \$6.50. Dance only for \$3. Music by Frank E. from 4:30-7:30 p.m. Friday buffet includes chicken pot pie for \$10. Dance only for \$3. Music by Don & Allen from 6:30-9:30 p.m. Call 471-3557.

Moose Lodge 2259 Women of the Moose meet at 7 p.m. Monday. Music by Gary & Shirley is set from 5-9 p.m. Wednesday.

The House Committee, Joint Officers and Loyal Order of the Moose have a business meeting at 5:30 p.m. Thursday, followed by a general meeting at 7 p.m. Music by Big Freddie Trio at 7 p.m. Friday, and by Big Freddie at 7 p.m. Saturday. Call 655-3920.

Sebring Masons Lodge No 249 will serve an all-you-can-eat barbecue chicken lunch from 11 a.m. to 2 p.m. Sunday for an \$8 donation.

The menu is chicken, cole slaw, baked beans, potato salad, dessert and beverage. The lodge is on the corner of Home Avenue and Sebring Parkway.

The public is invited; take-out orders are available.

## Back-to-school bash



Katara Simmons/News-Sun

Rock A Billy the clown makes balloon swords for Essence Williams, 7, and Torrie Spry, 9, on Saturday morning during the back to school event at the Boys & Girls Club in Sebring. The event provides more than 100 free backpacks full of school supplies, food and an afternoon of fun. The event was co-sponsored by the Florida Sportsmen's Association and the Washington Heights Concerned Citizens Group. Below, Romeshia Walker, 8, has her face painted Saturday by 'Pickles' the clown during the event.



## Ga. teen faces trial in killing of baby in stroller

BRUNSWICK, Ga. (AP) — It was a tiny bullet that took the short life of Antonio Santiago.

He had learned to walk, but not yet talk, when he was killed March 21, six weeks after his first birthday. He was strapped in his stroller, out for a walk with his mother a few blocks from their apartment near the Georgia coast, when someone shot the boy between the eyes with a .22-caliber bullet the size of a garden pea.

Because of public outrage and news coverage, a judge has moved 18-year-old De'Marquis Elkins' trial to the suburbs outside Atlanta. Jury selection starts Monday.

Police say the motive was as banal as the slaying of a toddler was shocking. Investigators concluded that Antonio was killed during an attempted street robbery as his mother, Sherry West, was strolling home with the child from the post office. West said a gunman demanding cash shot her baby in the face after she told him she had no money.

"He kept asking, and I just said 'I don't have it,'" West told The Associated Press the day after the slaying. "And he said, 'Do you want me to kill your baby?'" And I said, "No, don't kill my baby!"

West was shot in the leg, and another bullet grazed her ear. Witnesses called 911 and rushed to her aid. None saw the shooting, but they watched as West tried to revive her son using CPR.



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## Obituaries

### ANDREW PALONIS

Andrew H. Palonis, 61, of Sebring, Fla., died Aug. 12,

2013. Andy was born in St. Petersburg, Fla. and was a graduate of Proviso East, Maywood, Ill. He excelled as a left-handed pitcher and was an all-star player. The White Sox scouts sought him out, however he had joined the U.S. Army, serving during the Vietnam Conflict. Andy retired from Amerikan as a machinist. He was preceded in

death by his former wife, Victoria, and is survived by his parents, Evelyn and Mark Hufstetler; sister, Debra Palonis and fiancée, Bill Funk; daughters, Andrea Palonis of California and Cara Valdez of Indiana; granddaughter, Alicia Valdez; several nieces and nephews.

Visitation will be from 1-2 p.m. Monday with a service to follow at 2 p.m. at Morris Funeral Chapel. Military Honors will follow at Lakeview Memorial Gardens. morrisfuneralchapel.com

or Hamilton Square, N.J., Brian (Christie) Bralynski of Robinsville, N.J., Caryn (Jeffrey) Wilson of Burlington, N.J., Lydia (Tony) Morreale of Lawrenceville, N.J. and Raymond Bralynski of Yardley, Pa.; and 11 grandchildren.

A memorial service was held Saturday, Aug. 17, 2013 at 2 p.m. at Morris Funeral Chapel with Chaplain Harold Johnson officiating. The family received friends one hour prior to the service. Memorial contributions may be made to Victory Junction, 4500 Adam's Way, Randleman, NC 27317 or online at www.victoryjunction.org. Condolences may be expressed at www.morrisfuneralchapel.com.

### GARY SCHINDEWOLF

Gary Frank Schindewolf, 74, of Sebring, passed away

Aug. 14, 2013. He was born in Trenton, N.J., son of the late Henry and Louise Schindewolf. He was a veteran of the U.S. Marine Corps. He married Marjorie on March 30, 1991 in Sebring, Fla. Gary worked for Local, and retired as a licensed plumbing inspector.

An avid fisherman, Gary was preceded in death by seven brothers and sisters, a son, Eric and a grandson, Anthony Morreale. He is survived by his wife, Marjorie; sons, David (Shelly) of Robinsville, N.J. and Steven of Sebring; step-children, Audrey (Warren) Maruca

## New teachers plentiful as bell rings on new school year

Continued from A1

to interview a lot of highly qualified teachers there. The group we've hired this year are more experienced and capable than any group we've had recently," Waldron said. "We just feel really confident about these teachers."

Almost all of the new hires are from out of county. Waldron and the HR department spearheaded a wide range of advertising to promote Highlands County as a destination where teachers can come and be a vital part of students' lives.

"Advertising was done in many places — online, teacher magazines, job boards, minority publications, just everywhere. We still have seven ads out there for a few positions, looking for a vision impaired instructor and a few other instructors," Waldron said.

The biggest challenge Waldron has had to face is recruiting minority professionals to the area. A large emphasis was placed this year on getting different ethnic groups to come to the county and instruct.

"We try more every year to get a larger representation of minority teachers. It's a challenge. It's hard to get minorities, specifically young minorities, to move here to teach. There's just not a lot of things for the

demographic to enjoy here. We need the qualified, minority teachers more and more and we are excited to say that this year we were successful in recruiting a larger number of Hispanic and African-American teachers," said Waldron.

The 2013-2014 school year has proven to be the second largest teacher recruitment in recent years — in 2007 the district added 160 teachers. Last school year, Waldron and the HR department hired just over 60 new instructors.

"I can't say for sure, but we are expecting the enrollment numbers to be up so

we definitely need the teachers in the classrooms this year. The superintendent will begin counting on Monday. The second week in October the numbers are reported to the DOE (Department of Education). Around mid-October, if class sizes are too large we then will have to recruit more instructors or place certified teacher's assistants in classrooms," said Waldron. "Having qualified, capable teachers in the classroom is the most important thing for these students."

The Highlands County School District has a total of 900 instructors.

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## 13-year-old charged with shooting teen

ST. PETERSBURG (AP) — A 13-year-old St. Petersburg teen has been charged with attempted murder after authorities say she shot another teen who taunted him.

The teen turned himself into police Friday and was booked into a juvenile detention center. The Associated Press is not identifying him because he's a minor.

St. Petersburg police say the teen was arguing with a group of teens Wednesday

when he pulled out a gun and fired multiple times at 15-year-old Dinarick Ford. Ford remains hospitalized with serious but non-life-threatening injuries.

It's unclear where the suspect got the gun. The Tampa Bay Times reports he declined an interview with detectives on the advice of his attorney.

Pinellas-Pasco Chief Assistant State Attorney Bruce Bartlett said prosecutors will consider seeking adult charges.

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# Lumpkin says early education in state is in serious trouble

Continued from A1

"Florida has to get serious about VPK or stop bragging. Right now the state's policy is a self-fulfilling failure. We will reap what we sow."

"Pre-school is not hopeless, but we may have to hit bottom before real changes can be made."

Lumpkin worries that early education is undervalued and misunderstood.

When pre-school students are plopped in front of a T.V., and then go home and plopped in front of the T.V. again, or play video games, nothing good happens.

"What do they learn?" Lumpkin asked. "Aggression, violence, not caring about the world around them, developing an attitude of, 'What's in it for me?' I think we as a society do damage that will rob us in the future."

These early years build the foundation for a healthy, fulfilling future, she said. "Children need a controlled environment with positive examples and consequences for actions."

"Research shows the high costs of remedial education. Early foundation reduces the need and lets children grow at their own pace. Children are not yet hardened criminals. They can be impacted in a positive way."

The current divide between rich and poor is another enormous problem, Lumpkin said. Poverty has a major impact on children, from diet to learning opportunities. This is made worse, she added, when people with money don't feel a connection with people who have none. "Republicans talk about their children and grandchildren as if they live alone in the world. They don't see that what affects me, affects you," Lumpkin said. "We can't have a throw-away society with throw-away kids."

When it comes to centralized political intervention, Lumpkin becomes angrier still. To politicians she has two things to say: Let us teach and recognize local communities.

"What works in Miami

## System is 'all make-believe'

By **CHRISTOPHER TUFFLEY**

christopher.tuffley@newssun.com

AVON PARK — Florida has to get real about its educational system, Velma Lumpkin said in an interview.

The first issue that must be addressed is attracting the best teachers, especially for pre-school and kindergarten, she said.

Until very recently, the state did not even require early education teachers to have a high school diploma.

Recognizing the need for better educated foundational teachers, legislation was passed mandating at least one individual with associate degree in every classroom by 2015.

By 2021 there will have to be an individual with a bachelor's degree in every classroom.

"The problem is," Lumpkin said, "there have been substantial financial cuts while requirements have been raised. This means salaries for early education teachers are

much too low, especially when the teachers must now have degrees.

"How can (pre-schools) provide a decent salary, health insurance and some kind of retirement when budgets are being cut? The Avon Park Community Child Development Center alone has lost \$25,000 two years in the row.

"The average teacher is not bad," she added. "What they need is more support."

The situation sometimes makes Lumpkin feel like a character in "Alice in Wonderland".

She described going to an educational conference at Disney World in Orlando.

"It was an all-expense paid trip in an elegant setting," she said, "complete with an inside waterfall. Then I noticed the liquid in the waterfall was (something synthetic) not water at all.

"I said to myself, 'no wonder (Florida's educational system) is all make-believe.'"

doesn't necessarily work in Sebring. Things that work in Sebring don't necessarily work in Avon Park, or Lake Placid," she said.

For example, she told a story from the days when she was a para-professional at Avon Elementary School, new to the classroom.

"I was working with five little boys in remedial reading," she said. "We read a story about a truck, and completed a worksheet about the story."

"The first question was what the story had been about. The boys were supposed to write the word truck next to a picture of one.

"One boy wrote the word goat instead. 'What was the story about?' I asked. 'A goat', he replied. 'No honey, it isn't a goat.' I asked the other boys to look at the picture.

"Oh yes, that's a goat," the boys agreed.

"I thought, whew, we had a lot of remediation ahead, until someone told me about the grove trucks called goats. I learned from that one. You just can't make a universal test.

"Every community should have a local group. We need to have a governing board made up of experienced instructors."

Saving her last words for politicians, Lumpkin said, "We don't need your experience. You have none. Give us the money and stop talking. Children, teachers and the community come first."

## Sidewalk Garage Sales continue



Katara Simmons/News-Sun

Marcus Gilroy, right, talks to shoppers Saturday morning during the sidewalk sale at downtown Sebring. Gilroy has participated as a vendor for the last three months and said he will continue to do it because 'I am doing really well, even in the slow months.' The Downtown Community Sidewalk Garage Sale is scheduled for the third Saturday of each month except in December, when it will take place the first Saturday. For more information about the event or to reserve vendor space, call Linda Tucker of Linda's Books at 382-2649.

## Jobless rate rises to 9 percent

Continued from A1

listed trade transportation and utilities as the source for most of the jobs in the Sunshine State while manufacturing and government jobs were reported as Florida's job losers.

Locally, it appears to be simply a lack of customers, with a number of businesses, mostly restaurants, closing up to take vacations. Several owners have intimated it is less expensive for them to close the doors for several weeks until business picks up again when the winter residents and seasonal tourists return.

"This is the time of year that this happens," said Donna Doubleday, chief executive officer of Heartland Workforce. "We expect those numbers to improve by the end of August or beginning of September."

She said the department's five-year trends showed that current numbers are "pretty much on target," pointing to the lull in agriculture and the departure of winter residents as prime factors for the seasonal dip.

"You know, the restaurants and stores cut back employment. Even the doc-

tor's offices don't have as many appointments," she said.

Highlands County was listed 12th in the state for July unemployment. Hendry County had the highest joblessness rate at 15.5 percent while Monroe and Walton counties tied for the lowest joblessness at 4.2 percent.

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## New revelations of NSA violations stir concerns

WASHINGTON (AP) — New revelations from leaker Edward Snowden that the National Security Agency has overstepped its authority thousands of times since 2008 are stirring renewed calls on Capitol Hill for serious changes to NSA spy programs, undermining White House hopes that President Barack Obama had quieted the controversy with his assurances of oversight.

An internal audit provided by Snowden to The Washington Post shows the agency has repeatedly broken privacy rules or exceeded its legal authority every year since Congress granted it broad new powers in 2008.

In one of the documents,

agency personnel are instructed to remove details and substitute more generic language in reports to the Justice Department and the Office of the Director of National Intelligence — reports used as the basis for informing Congress.

Obama has repeatedly said that Congress was thoroughly briefed on the programs revealed by Snowden in June, but some senior lawmakers said they had been unaware of the NSA audit until they read the news on Friday. The programs described earlier vacuum up vast amounts of metadata — such as telephone numbers called and called from, the time and duration of calls.

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Katara Simmons/News-Sun

The Southwest Florida Water Management District sent a letter to residents of The Country Club of Sebring on Aug. 13 asking for their help in reducing the amount of water used by Country Club Utilities.

## Country Club Utilities issue to be discussed by commissioners

Continued from A1

the issue to see what grounds the commission may have to take some kind of action.

"Ross has told me he will have some legal advice on the matter before Tuesday's meeting," Richie said.

The commission chairman indicated there are three elements involved in the issue. In addition to SWFWMD concerns, there reportedly also are issues involving the Florida Department of Environmental Protection as well as the Florida Public Service Commission.

"We have to do something, but we want to be fair about this," Richie said.

A letter, dated Aug. 13 and signed by Guillory, was sent to residents of the Country Club of Sebring, telling them that the district "currently is pursuing enforcement action" against the utilities system, including litigation. The missive informs customers of the system that if usage is not brought into compliance the utility's permit may be pulled.

Among the things district officials have asked the residents to do is:

- Encourage the utility to implement water conservation measures.

- Investigate ways in which you can individually implement or improve conservation efforts.

- Contact the utility and urge it to address the long-standing violations with the district.

- Contact the Public Service Commission and request that it consider the development of a water-conserving rate structure for the system.

Harris said the problem with over use has its roots in irrigation.

"These residents have big landscaping," he said. "I don't know that our customers can bring their usage down."

Harris said he has had "tons of meetings" with the residents and has told them in the past that someday

These residents have big landscaping. I don't know what our customers can do to bring their usage down.

**Greg Harris**  
Country Club Utilities owner

such an action might take place. He again reiterated that he has no control mechanism to force compliance.

"I am going to go to the Public Service Commission and the water management district to find out what I can do, to find out if I can disconnect people from my system," he said. "They may have to go to a private well instead."

Harris said the proposed restrictions on residents will be strict, with 150 gallons per person per day being the maximum allowable level.

Outdoor watering uses between 5 and 17 gallons per minute per zone, depending on sprinkler types.

He said the longevity of the problem stems back from the ability of people to pay for the water they use,

regardless of cost. However, water management officials have said that fines will be able to be passed along with residents seeing what were termed "substantial increases" in bills and perhaps interruption of service if the over usage did not cease.

While the overpumpage issue reportedly has been going on for a decade, Country Club Utilities has had other problems in the recent past as well.

In 2012, there was a well collapse and a series of problems with pumps and motors that kept residents at the Country Club of Sebring from drinking their tapwater for a time and at least one day where they had no service at all following yet another pump and motor malfunction.

Harris had offered the system to the city of Sebring in 2011 with a price tag of just over \$900,000 but was turned down. City officials at the time said they would have had to initiate a half-million dollar project to extend a water main that would connect the private operation to the municipal system.

A number of Country Club residents objected to that idea, saying they did not want city service to be a precursor to annexation.

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Business

# Lake Placid Health Care Center offers outpatient therapy

*Special to the News-Sun*  
LAKE PLACID – Gulf Coast Health Care, parent corporation of Lake Placid Health Care Center, asked each facility to develop a strategic plan for business development, resulting in the center’s addition of an outpatient therapy division. Lake Placid Health Care Center started outpatient therapy along with partners Halcyon Rehab, the center’s therapy contractor. “We feel very strongly that the skill level, programs and systems our therapy department has to offer will enhance the rehabilitation of existing patients in our facility as they transition to a lesser care level in assisted-living facilities or back home. There’s also an untapped market for outpa-

tient therapy for residents in the community who just need that strengthening after an illness or injury,” said Michelle Keim, LPHCC marketing director. The Lake Placid Health Care Center is also growing its Certified Nursing Assistant training program. “We had run a crash course in the past that would help people challenge for their CNA certification. What we found from doing this training in-house was an opportunity to grow our own nursing assistants, and potential future nurses. We can then mentor these new associates into the quality caregiver that will give us a better product in the end,” Keim said. “We feel very strongly that the experienced leader-



Courtesy photo  
**Lake Placid Health Care Center physical therapist Jennifer Katigbak (from left) stands with the center’s first outpatient therapy patient, Sharon Becan, and Gloria Morales, OT, therapy director.**

ship in this facility will pull together to make these two initiatives successful. In hard economic times as the one we are in, it is important for us to bring confidence to our

customers and services not readily available in our community.” For more information on either initiative, call 465-7200.

# US builders broke ground on more homes in July

WASHINGTON (AP) — U.S. developers broke ground on homes at a faster pace in July. But the rise was all due to apartment construction, which is typically volatile. By contrast, builders began work on fewer single-family homes — the bulk of the market — and sought fewer permits to build them. Friday’s report from the Commerce Department suggests that home building is maintaining its recovery but might be starting to be restrained by higher mortgage rates. Builders began work on houses and apartments at a seasonally adjusted annual rate of 896,000 in July, the department said. That was

up 6 percent from June, though below a recent peak of more than 1 million in March. Construction began on 26 percent more apartments but declined 2.2 percent for single-family houses. The dip in single-family starts comes after other measures of the housing market have flattened or declined. It may signal that higher loan rates have begun to weigh on housing, which has otherwise steadily recovered since earlier last year. Mortgage applications by potential homebuyers have fallen 15 percent since the end of April. Signed contracts to buy homes slipped in June after reaching a six-year high in May.

## Cornerstone opens new office



Courtesy photo  
Cornerstone Hospice and Palliative Care celebrated the opening of its new Sebring office at 209 North Ridgewood Drive with a ribbon cutting ceremony on Tuesday. Local dignitaries, volunteers and other members of the community joined in the celebration. The new location provides for a comfortable, secure space for Cornerstone’s interdisciplinary team to meet and address patient needs in Highlands and Hardee counties as well as to accommodate the growing number of volunteers that support a variety of hospice programs. Officiating at the Cornerstone Hospice ribbon-cutting ceremonies, standing (from left) Kevin Roberts, CEO Champion for Children Foundation; Penny Ogg, Supervisor of Elections; Eric Zway, Highlands County Tax Collector; Deborah Harley, Executive Director for Cornerstone Hospice Polk, Highlands, Hardee; Mandy Carlisle, Patient Care Supervisor for Highlands and Hardee counties; Dr. Percival Tamayo, Cornerstone Hospice Medical Director for Highlands and Hardee counties; Sebring Mayor George Hensley; Chuck Lee, President and CEO of Cornerstone Hospice. Bottom row (from left) Kelli Sullivan, Junior Miss Avon Park; and Jordan Wright, Miss Avon Park

## Maxons represent Sebring in Dallas National Mary Kay seminar

*Special to the News-Sun*  
DALLAS – Cindy and Scott Maxon of Sebring joined nearly 50,000 Mary Kay independent beauty consultants at the company’s annual seminar in Dallas from July 21-Aug. 7 at the Kay Bailey Hutchison Convention Center. Mary Kay Inc.’s annual seminar brings together independent beauty consultants from across the country and around the world to celebrate their business achievements, the company’s 50th anniversary, and provide education, motiva-

tion, and recognition. Cindy Maxon began her Mary Kay business in 1984 and is currently a senior independent beauty consultant. At seminar, she was recognized for her 28 years of service, Unit Queen of Sharing, and Unit Runner-up in Sales. “It is a truly rewarding experience to be a part of the company and receive recognition for your efforts and I hope to continue in passing on Mary Kay’s legacy of enriching women’s lives with quality products and a small busi-

ness opportunity for years to come,” Cindy said. This year, as part of the Mary Kay Foundation and Mary Kay Inc.’s longstanding commitment to prevent and end domestic violence, Mary Kay beauty consultants were encouraged to bring gently used professional attire to donate to domestic violence shelters as a part of the annual ‘Suits for Shelters’ program. Last year’s ‘Suits for Shelters’ effort resulted in the donation of more than 2,500 gently used outfits for domestic violence survivors seeking jobs.

## Crown Pointe opens new facility



Samantha Gholar/News-Sun  
Residents gather to watch (from left) Rosemary Loy, Renee Marley, Tina Thompson and Cory Johnson of Crown Pointe Assisted Living facility cut the ribbon in front of the facility Wednesday afternoon in Sun ‘N Lake. Crown Pointe recently was named a Limited Nurses Specialty facility after a year long application and procedure. Marley stated that the new LNS title sets Crown Pointe apart from other assisted living facilities and allows for a better understanding of care options and limitations of facility staff.

## Skepticism as North Korea shows home-grown smartphone

SEOUL, South Korea (AP) — North Korea’s announcement that it is mass producing a home-grown smartphone has been met with skepticism in the tech industry in South Korea and abroad. The North’s state media last week showed leader Kim Jong Un inspecting “Arirang” phones at a Pyongyang factory. The Korean Central News Agency’s Aug. 10 report said the factory began manufacturing smartphones “a few days ago” and they were already in high demand. North Korea has promoted the develop-

ment of science and technology as a means of improving its moribund economy. It says it developed a tablet computer last year and has its own Red Star operating system. But access to the global Internet is severely restricted and mobile phones used on the state-authorized network cannot make overseas calls. The North’s Intranet gives access to government sanctioned sites and works with its own browsers, search engine and email programs, according to South Korea’s Unification Ministry.

# 10

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(Even though there are 100's of reasons, we'll give you 10 to get your attention)

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# Classified

Free ad is limited to a 4-line ad that runs for 3 consecutive issues. Must be a non-commercial item. Asking price is \$100 or less. We offer 2 ads per month and can rerun the same ad 2 times in 30 days, only if it's the same ad. The price is allowed to change. All ads placed under the "Bargain Buys" discount rate must have 1 item with 1 asking price. The customer can list a set for 1 price, i.e. Bedroom set ... \$100 is allowed; Chairs (2) ... \$20 each is NOT allowed. The customer can list the ads as Chairs (2) ... \$40 for both. To list an ad stating "Each," the ad must be charged at the non-discounted rate, using the "Open Rate" pricing. No commercial items are allowed to be placed under our "Bargain Buys" specials. Items must be common household items. Ads for Pets, stating "Free to Good Home," are allowed to be placed under the "Bargain Buy" category.

## AD RATES

**GARAGE SALE**  
6 lines - 2 days  
**\$11<sup>50</sup>**

**3 days**  
**\$14**  
(additional lines \$1 each)

**MISCELLANEOUS merchandise over \$100**  
5 lines - 6 pubs  
**\$17<sup>50</sup>**  
(additional lines \$3 each)

**REAL ESTATE EMPLOYMENT TRANSPORTATION**  
5 lines - 6 pubs  
**\$31<sup>50</sup>**  
6 lines - 14 pubs  
**\$71**



- ### Index
- 1000 Announcements
  - 2000 Employment
  - 3000 Financial
  - 4000 Real Estate
  - 5000 Mobile Homes
  - 6000 Rentals
  - 7000 Merchandise
  - 8000 Recreation
  - 9000 Transportation

## ADD A BORDER - ATTENTION GETTER - LOGO

### For Just A Little More And Make Your Ad Pop!

**DEADLINES**

Publication Place by:  
 Wednesday . . . . . 4 p.m. Monday  
 Friday . . . . . 4 p.m. Wednesday  
 Sunday . . . . . 4 p.m. Friday  
 All fax deadlines are 1 hour earlier.

**ADJUSTMENTS**

- Please check your ad for errors the first day it appears since the News-Sun will not be responsible for incorrect ads after the first day of publication. If you find an error, call the classified department immediately at 314-9876.
- The publisher assumes no financial responsibility for errors or for omission of copy. Liability shall not exceed the cost of that portion of space occupied by such error.

**Cancellations:** When a cancellation is called in, a KILL number will be given to you. This number is very important and must be used if ad failed to cancel. All ads cancelled prior to scheduled expiration date will be billed for complete run unless a KILL number can be provided.

## Subscribe to the News-Sun

### Call 385-6155

## 1000 Announcements

- ### 1050 Legals
- NOTICE OF MEETING DATES SOUTH FLORIDA STATE COLLEGE DISTRICT BOARD OF TRUSTEES**
- The regular monthly meetings, planning workshop, and budget workshop of the South Florida State College District Board of Trustees will be held, with the general public invited, as listed below:
- Wednesday, August 28, 2013  
Board Meeting - 6:00 p.m.  
DeSoto Campus, 2251 NE Turner Ave., Arcadia, FL
  - Wednesday, September 25, 2013  
Board Meeting - 6:00 p.m.  
Hardee Campus, 2968 US Hwy 17 N., Bowling Green, FL
  - Wednesday, October 23, 2013  
Board Meeting - 6:00 p.m.  
Lake Placid Center, 500 Interlake Blvd., Lake Placid, FL
  - Wednesday, December 11, 2013  
Planning Workshop - 3:00 p.m.  
Highlands Campus  
600 W. College Dr., Avon Park, FL
  - Wednesday, December 11, 2013  
Board Meeting - 5:00 p.m.  
Highlands Campus  
600 W. College Dr., Avon Park, FL
  - Wednesday, January 22, 2014  
Board Meeting - 6:00 p.m.  
Highlands Campus, 600 W. College Dr., Avon Park, FL
  - Wednesday, February 26, 2014  
Board Meeting - 6:00 p.m.  
Hardee Campus, 2968 US Hwy 17 N., Bowling Green, FL
  - Wednesday, March 26, 2014  
Board Meeting - 6:00 p.m.  
Lake Placid Center, 500 Interlake Blvd., Lake Placid, FL
  - Wednesday, April 23, 2014  
Board Meeting - 6:00 p.m.  
Highlands Campus, 600 W. College Dr., Avon Park, FL
  - Wednesday, May 28, 2014  
Board Meeting - 6:00 p.m.  
Highlands Campus, 600 W. College Dr., Avon Park, FL

### 1050 Legals

Wednesday, May 28, 2014  
Board Meeting - 6:00 p.m.  
Highlands Campus, 600 W. College Dr., Avon Park, FL

Wednesday, June 25, 2014  
Board Meeting - 6:00 p.m.  
DeSoto Campus, 2251 NE Turner Ave., Arcadia, FL

Wednesday, July 23, 2014  
Board Meeting - 6:00 p.m.  
Highlands Campus, 600 W. College Dr., Avon Park, FL

General Subject Matter to Be Considered: Items of interest to the District Board of Trustees, including but not limited to, personnel matters, policy matters, business affairs, academic and student affairs, curriculum, grants, agreements, purchasing/construction, fee changes, monthly financial report, and other routine business. A copy of the Agenda may be obtained by contacting the President's office at (863) 784-7110.

IF A PERSON DECIDES TO APPEAL ANY DECISION MADE BY THE DISTRICT BOARD OF TRUSTEES WITH RESPECT TO ANY MATTER CONSIDERED AT THIS MEETING, THAT PERSON WILL NEED A RECORD OF THE PROCEEDINGS, AND MAY NEED TO ENSURE THAT A VERBATIM RECORD OF THE PROCEEDINGS IS MADE, WHICH RECORD INCLUDED THE TESTIMONY AND EVIDENCE UPON WHICH THE APPEAL IS TO BE BASED.

600 West College Drive,  
Avon Park, Florida 33825-9356  
863-453-6661

AN EQUAL ACCESS/EQUAL OPPORTUNITY INSTITUTION ACCREDITED BY THE SOUTHERN ASSOCIATION OF COLLEGES AND SCHOOLS

August 16, 18, 2013

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA  
PROBATE DIVISION  
FILE NO. 13-CP-268

IN RE: ESTATE OF CORAL GHYNETH WHITACRE  
Deceased.

NOTICE TO CREDITORS  
The administration of the estate of CORAL GHYNETH WHITACRE, deceased, whose date of death was September 25, 2012; File Number 13-CP-268, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 430 South Commerce Avenue, Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate, on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH ABOVE, IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIOD SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is August 11, 2013.

DONNA LEE RADAKEK  
Personal Representative  
6 Store Road  
Fairmount City, PA 16224

Derek B. Alvarez, Esquire - FBN: 114278  
dba@gendersalvarez.com  
Anthony F. Diecidue, Esquire - FBN: 146528  
afd@gendersalvarez.com  
GENDERS - ALVAREZ - DIECIDUE, P.A.  
2307 West Cleveland Street  
Tampa, Florida 33609  
Phone: (813)254-4744 Fax: (813)254-5222  
August 11, 18, 2013

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA  
CASE NO. 12-001006-GC

BANK OF AMERICA, N.A.  
Plaintiff,  
vs.  
SUSAN SMELTZER A/K/A SUSAN A. SMELTZER; SEBRING RIDGE PROPERTY OWNERS ASSOCIATION, INC.; UNKNOWN TENANT/OCCUPANT(S) N/K/A ASTLEY COX, JR.  
Defendants

NOTICE OF SALE  
NOTICE IS GIVEN that, in accordance with the Final Judgment of Foreclosure dated August 12, 2013, in the above-styled cause, I will sell to the highest and best bidder for cash beginning at 11:00 A.M. in the Jury Assembly Room in the

### 1050 Legals

basement of the Highlands County Courthouse, 430 South Commerce Avenue, Sebring, FL 33870 on September 12, 2013, the following described property:

LOT 586, SEBRING RIDGE SECTION "B", ACCORDING TO THE PLAT THEREOF RECORDED IN PLAT BOOK 7, PAGE 46, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.  
Property Address: 3008 Valerie Blvd., Sebring, FL 33870

ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE US PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE.

If you are a person with a disability who needs any accommodation to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator at (863)534-4686 at least 7 days before your scheduled court appearance, or immediately upon receiving this notification if the time before the scheduled appearance is less than 7 days; if you are hearing or voice impaired, call 711.

WITNESS my hand and the seal of this court on August 12, 2013.

ROBERT W. GERMAINE, CLERK  
/s/ Toni Kopp  
Deputy Clerk of Court  
(COURT SEAL)

MJU#12030713  
August 18, 25, 2013

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA  
CIVIL DIVISION  
CASE NO. 13000472GCAXMX  
Division No.  
GENERATION MORTGAGE COMPANY  
Plaintiff,  
vs.  
CHARLES M. DETORE, et al.  
Defendants/

NOTICE OF ACTION  
FORECLOSURE PROCEEDINGS-PROPERTY TO: JAMES SMITH ADDRESS UNKNOWN BUT WHOSE LAST KNOWN ADDRESS IS 2420 STATE ROAD 17 S, AVON PARK, FL 33825

BARBARA SMITH ADDRESS UNKNOWN BUT WHOSE LAST KNOWN ADDRESS IS 2420 STATE ROAD 17 S, AVON PARK, FL 33825

Residence unknown and if living, including any unknown spouse of the Defendant, if married and if said Defendant is dead, his/her respective unknown heirs, devisees, grantees, assignees, creditors, lienors, and trustees, and all other persons claiming by, through, under or against the named Defendant; and the aforementioned named Defendant and such of the aforementioned unknown Defendant and such of the unknown named Defendant as may be infants, incompetents or otherwise not sui juris.

YOU ARE HEREBY NOTIFIED that an action to foreclose a mortgage on the following described property, to-wit:

COMMENCE AT THE NORTHEASTERLY CORNER OF LOT 3, IN BLOCK 1, OF STUMP SUBDIVISION, AS RECORDED IN PLAT BOOK 4, PAGE 12, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA; THENCE RUN SOUTH 87 DEGREES 58 MINUTES 32 SECONDS WEST, 172.93 FEET FOR THE POINT OF BEGINNING; THENCE SOUTH 02 DEGREES 15 MINUTES 36 SECONDS EAST, 94.68 FEET; THENCE SOUTH 83 DEGREES 29 MINUTES 33 SECONDS EAST, 80.63 FEET TO A POINT ON THE ARC OF A CURVE CONCAVE TO THE NORTHWEST, SAID CURVE HAVING FOR ITS ELEMENTS A RADIUS OF 1025.92 FEET, AN INCLUDED ANGLE OF 4 DEGREES 15 MINUTES 14 SECONDS AND A CHORD WHICH BEARS SOUTH 06 DEGREES 12 MINUTES 08 SECONDS WEST; THENCE RUN SOUTHWESTERLY ALONG SAID CURVE AN ARC DISTANCE OF 76.17 FEET; THENCE SOUTH 81 DEGREES 54 MINUTES 29 SECONDS EAST, 87.00 FEET TO A POINT ON A CURVE CONCAVE TO THE NORTHWEST, SAID CURVE HAVING FOR ITS ELEMENTS A RADIUS OF 1112.92 FEET, AN INCLUDED ANGLE OF 4 DEGREES 38 MINUTES 26 SECONDS AND A CHORD WHICH BEARS SOUTH 10 DEGREES 37 MINUTES 51 SECONDS WEST; THENCE IN A SOUTHEASTERLY DIRECTION TO THE RIGHT, AN ARC LENGTH OF 90.14 FEET; THENCE NORTH 76 DEGREES 38 MINUTES 14 SECONDS WEST, 124.79 FEET; THENCE SOUTH 13 DEGREES 21 MINUTES 46 SECONDS WEST, 10.00 FEET; THENCE NORTH 76 DEGREES 38 MINUTES 14 SECONDS WEST 76 DEGREES 38 MINUTES 14 SECONDS WEST 225.21 FEET TO A POINT ON THE SHORE LINE OF LAKE LETTA; THENCE NORTH 03 DEGREES 08 MINUTES 45 SECONDS EAST ALONG SAID SHORELINE, 68.30 FEET; THENCE NORTH 17 DEGREES 26 MINUTES 59 SECONDS EAST ALONG SAID SHORELINE, 69.67 FEET; THENCE NORTH 01 DEGREE 38 MINUTES 49 SECONDS WEST ALONG SAID SHORELINE, 68.28 FEET; THENCE NORTH 87 DEGREES 58 MINUTES 32 SECONDS EAST, 175.14 FEET TO POINT OF BEGINNING.

more commonly known as 2420 State Road 17 S, Avon Park, Florida 33825

this action has been filed against you, and you

### 1050 Legals

are required to serve a copy of your written defense, if any, to it on Plaintiff's attorney, GILBERT GARCIA GROUP, P.A., whose address is 2005 Pan Am Circle, Suite 110, Tampa, Florida 33607, on or before 30 days after date of first publication and file the original with the Clerk of the Circuit Court either before service on Plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the Complaint.

WITNESS my hand and seal of this Court on the 2nd day of July, 2013.

BOB GERMAINE  
HIGHLANDS COUNTY, Florida  
By: /s/ Toni Kopp  
Deputy Clerk

\*\*In accordance with the Americans With Disabilities Act, persons in need of a special accommodation to participate in this proceeding shall, within seven (7) days prior to any proceeding, contact the Administrative Office of the Court, Highlands County, 590 SOUTH COMMERCE AVE., SEBRING, FL 33870-3867, County Phone: (863) 402-6565 TDD 1-800-955-8771 or 1-800-955-8770 via Florida Relay Service".  
678280.5095/MC  
August 11, 18, 2013

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA  
CASE NO. 08-001705-GCS  
WELLS FARGO BANK, N.A.  
Plaintiff,  
v.  
DEBRA ROSE SIMON A/K/A DEBRA R. SIMON; SEBASTIAN F. SIMON A/K/A SEBASTIAN FABIAN SIMON; UNKNOWN SPOUSE OF DEBRA ROSE SIMON A/K/A DEBRA R. SIMON; UNKNOWN TENANT 1; UNKNOWN TENANT 2; AND ALL UNKNOWN PARTIES CLAIMING BY, THROUGH, UNDER OR AGAINST THE ABOVE NAMED DEFENDANT(S), WHO (S/ARE) NOT KNOWN TO BE DEAD OR ALIVE, WHETHER SAID UNKNOWN PARTIES CLAIM AS HEIRS, DEVISEES, GRANTEES, ASSIGNEES, LIENORS, CREDITORS, TRUSTEES, SPOUSES, OR OTHER CLAIMANTS; HIGHLANDS COUNTY, A POLITICAL SUBDIVISION OF THE STATE OF FLORIDA; HIGHLANDS PARK ESTATES ASSOCIATION, INC.  
Defendants.

NOTICE OF SALE  
Notice is hereby given that, pursuant to the Summary Final Judgment of Foreclosure entered on August 12, 2013, in this cause, in the Circuit Court of Highlands County, Florida, the clerk shall sell the property situated in HIGHLANDS County, Florida, described as:

LOT 13, IN BLOCK 14, OF HIGHLANDS PARK ESTATES SECTION N, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 6, PAGE 5, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.  
a/k/a 1425 Ivy Street, Lake Placid, FL 33852  
at public sale, to the highest and best bidder, for cash, at eleven o'clock a.m., in the Jury Assembly Room in the basement of the Highlands County Courthouse located at 430 South Commerce Avenue, Sebring, FL 33870-3867, on September 12, 2013.

Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens must file a claim within 60 days after the sale.

Dated at Sebring, Florida, this 12th day of August, 2013.

ROBERT W. GERMAINE, CLERK  
Clerk of the Circuit Court  
By: /s/ Toni Kopp  
Deputy Clerk

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Within two (2) working days of your receipt of this notice, please contact the Court Administration Office at (863) 534-4690. If you are hearing or voice impaired, call TDD 1-800-955-8771 or 1-800-955-8770 (V), via Florida Relay Service.  
August 18, 25, 2013

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT OF FLORIDA, IN AND FOR HIGHLANDS COUNTY GENERAL JURISDICTION DIVISION  
CASE NO. 13000600GCAXMX  
NORTONSTAR MORTGAGE LLC D/B/A CHAMPION MORTGAGE COMPANY  
Plaintiff,  
vs.  
THE UNKNOWN HEIRS, BENEFICIARIES, DEVISEES, GRANTEES, ASSIGNEES, LIENORS, CREDITORS, TRUSTEES AND ALL OTHERS WHO MAY CLAIM AN INTEREST IN ESTATE OF WILLIAM O. TIELERT, DECEASED, et. al.  
Defendants.

NOTICE OF ACTION - CONSTRUCTIVE SERVICE TO: UNKNOWN HEIRS, DEVISEES, GRANTEES, ASSIGNEES, LIENORS, CREDITORS, TRUSTEES

### 1050 Legals

AND ALL OTHER PARTIES CLAIMING AN INTEREST BY, THROUGH, UNDER OR AGAINST THE ESTATE OF WILLIAM O. TIELERT, DECEASED, whose residence is unknown if he/she/they be living, and if he/she/they be dead, the unknown defendants who may be spouses, heirs, devisees, grantees, assignees, lienors, creditors, trustees, and all parties claiming an interest by, through, under or against the Defendants, who are not known to be dead or alive, and all parties having or claiming to have any right, title or interest in the property described in the mortgage being foreclosed herein.

YOU ARE HEREBY NOTIFIED that an action to foreclose a mortgage on the following property: LOT 543, SEBRING RIDGE SECTION A, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 7, PAGE 45, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA, has been filed against you and you are required to serve a copy of your written defenses, if any, to it on counsel for Plaintiff, whose address is 6409 Congress Avenue, Suite 100, Boca Raton, Florida 33487 on or before September 10, 2013 (30 days from Date of First Publication of this Notice) and file the original with the clerk of this court either before service on Plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the complaint or petition filed herein.

WITNESS my hand and the seal of this Court at County, Florida, this 8th day of August, 2013.

CLERK OF THE CIRCUIT COURT  
BY: /s/ Toni Kopp  
DEPUTY CLERK

13-01216  
August 18, 25, 2013

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT OF FLORIDA, IN AND FOR HIGHLANDS COUNTY CIVIL DIVISION  
Case No. 28-2012-CA-001147  
Division  
JPMORGAN CHASE BANK, NATIONAL ASSOCIATION  
Plaintiff,  
vs.  
KATHLEEN A. JAHNKE, et al.  
Defendants.

NOTICE OF ACTION  
TO: UNKNOWN SPOUSE OF SALLY E. REEDY  
CURRENT RESIDENCE UNKNOWN  
LAST KNOWN ADDRESS  
5555 HARRELS NURSERY RD  
LAKELAND, FL 33812  
You are notified that an action to foreclose a mortgage on the following property in Highlands County, Florida:  
LOT 854, OF SEBRING HILLS, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 6, PAGE 2, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA, commonly known as 240 RAIL AVE, SEBRING, FL 33870 has been filed against you and you are required to serve a copy of your written defenses, if any, to it on Abxander J. Marqua of Kass Shuler, P.A., plaintiff's attorney, whose address is P.O. Box 800, Tampa, Florida 33601, (813)229-0900, on or before September 17, 2013, or 30 days from the first date of publication, whichever is later) and file the original with the Clerk of this Court either before service on the Plaintiff's attorney or immediately thereafter; otherwise, a default will be entered against you for the relief demanded in the Complaint.  
Dated: August 7, 2013.

CLERK OF THE COURT  
Honorable ROBERT W. GERMAINE  
590 S. Commerce Avenue  
Sebring, Florida 33870-3701  
/s/ Toni Kopp  
Deputy Clerk

(COURT SEAL)  
320400-1013347/dsb  
August 18, 25, 2013

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA  
PROBATE DIVISION  
FILE NO. PC 13-307  
Division Probate

IN RE: ESTATE OF BILLY E. SHANK  
Deceased.

NOTICE TO CREDITORS  
The administration of the estate of BILLY E. SHANK, deceased, whose date of death was March 27, 2013, is pending in the Circuit Court for HIGHLANDS County, Florida, Probate Division, the address of which is Clerk of the Court, Highlands County Courthouse, 430 South Commerce Avenue, Sebring, Florida 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER YOU RECEIVE A COPY OF THIS NOTICE.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

The date of first publication of this Notice is August 11, 2013.

Personal Representative:  
Kay E. Felker  
P.O. Box 512  
Hartland, WI 53029

Attorney for Personal Representative:  
Jackson M. Bruce, Jr.  
Florida Bar Number: 154895  
Denise B. Cazonon, Esq.  
Florida Bar Number: 71616  
DUNWOODY WHITE & LANDON, P.A.  
4001 Tamiami Trail North, Suite 200  
Naples, FL 34103  
Telephone: (239) 263-5885  
Fax: (239) 262-1442  
August 11, 18, 2013

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA  
PROBATE DIVISION  
FILE NO. PC 13-257

IN RE: ESTATE OF HAROLD A. DAVIS,  
Deceased.

NOTICE TO CREDITORS  
The name of the decedent, the designation of the court in which the administration of this estate is pending, and the file number are indicated above. The address of the court is 590 South Commerce Avenue, Sebring, FL 33870. The name and address of the personal representative and the personal representative's attorney are indicated below.

If you have been served with a copy of this notice and you have any claim against the decedent's estate, even if that claim is unmaturing, contingent or unliquidated, you must file your claim with the court ON OR BEFORE THE LATER OF A DATE THAT IS 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER YOU RECEIVE A COPY OF THIS NOTICE.

All other creditors of the decedent and other persons who have claims or demands against de-

### 1050 Legals

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is August 11, 2013.

Personal Representative:  
Victor L. Shank  
57424 Wilbur Hill Rd.  
Dowagiac, Michigan 49047

Attorney for Personal Representative:  
John K. McClure  
Attorney for Victor L. Shank  
Florida Bar Number: 286958  
MCCLURE & LOBOZZO  
211 S. Ridgewood Drive  
Sebring, Florida 33870  
Telephone: (863) 402-1888  
Fax: (863) 402-2436  
E-Mail: etfile@mllaw.net  
Secondary E-Mail: johncm@mllaw.net  
August 11, 18, 2013

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA  
PROBATE DIVISION  
File No. PC-13-327  
Division Probate

IN RE: ESTATE OF JUDITH DIETZ,  
Deceased.

NOTICE TO CREDITORS  
The administration of the estate of Judith Dietz, deceased, whose date of death was December 26, 2012, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 South Commerce Avenue, Room 102, Sebring, Florida 33870-3867. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH ABOVE, IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is August 11, 2013.

Personal Representative:  
Kay E. Felker  
P.O. Box 512  
Hartland, WI 53029

Attorney for Personal Representative:  
Jackson M. Bruce, Jr.  
Florida Bar Number: 154895  
Denise B. Cazonon, Esq.  
Florida Bar Number: 71616  
DUNWOODY WHITE & LANDON, P.A.  
4001 Tamiami Trail North, Suite 200  
Naples, FL 34103  
Telephone: (239) 263-5885  
Fax: (239) 262-1442  
August 11, 18, 2013

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA  
PROBATE DIVISION  
FILE NO. PC 13-257

IN RE: ESTATE OF HAROLD A. DAVIS,  
Deceased.

NOTICE TO CREDITORS  
The name of the decedent, the designation of the court in which the administration of this estate is pending, and the file number are indicated above. The address of the court is 590 South Commerce Avenue, Sebring, FL 33870. The name and address of the personal representative and the personal representative's attorney are indicated below.

If you have been served with a copy of this notice and you have any claim against the decedent's estate, even if that claim is unmaturing, contingent or unliquidated, you must file your claim with the court ON OR BEFORE THE LATER OF A DATE THAT IS 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER YOU RECEIVE A COPY OF THIS NOTICE.

All other creditors of the decedent and other persons who have claims or demands against de-

1050

Legals

cedent's estate, including unmatured, contingent or unliquidated claims, must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT SO FILED WILL BE FOREVER BARRED.

EVEN IF A CLAIM IS NOT BARRED BY THE LIMITATIONS DESCRIBED ABOVE, ALL CLAIMS WHICH HAVE NOT BEEN FILED WILL BE BARRED TWO YEARS AFTER DECEDENT'S DEATH.

The date of death of the decedent is January 26, 2013.

The date of first publication of this Notice is August 11, 2013.

Personal Representative:  
HAROLD E. DAVIS  
18779 Hilton Drive  
Southfield, MI 48075

Attorney for Personal Representative:

CLIFFORD R. RHOADES, P.A.  
Florida Bar No.: 308714  
Clifford R. Rhoades, P.A.  
2141 Lakeview Drive  
Sebring, Florida 33870  
(863)385-0346  
service@crpalaw.com  
cliff@crpalaw.com

August 11, 18, 2013

IN THE CIRCUIT COURT  
IN AND FOR HIGHLANDS COUNTY, FLORIDA  
PROBATE DIVISION  
FILE NO. PC 13-328

IN RE: The Estate of:  
MARY ELLEN CRAFT,  
Deceased.

NOTICE TO CREDITORS

The administration of the estate of Mary Ellen Craft, deceased, whose date of death was March 14, 2013, and the last four digits of whose social security number is 2732, is pending in the Circuit Court in and for Highlands County, Florida, Probate Division, the address of which is 590 S. Commerce Avenue, Sebring, Florida 33870. The name and address of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this Court WITHIN THE LATER OF THREE MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR THIRTY DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against the decedent's estate must file their claims with this Court WITHIN THREE MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH ABOVE, IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is August 18, 2013.

/s/ John Edward Craft,  
Personal Representative  
P.O. Box 8  
Alva, Florida 33920

GREEN SCHOENFELD & KYLE LLP  
Attorneys at Law  
Attorneys for Personal Representative  
1380 Royal Palm Square Blvd.  
Fort Myers, Florida 33919  
(239) 936-7200  
BY: /s/ Bruce D. Green  
BRUCE D. GREEN, ESQUIRE  
For the Firm  
Florida Bar No. 260533

August 18, 25, 2013

IN THE CIRCUIT COURT  
FOR HIGHLANDS COUNTY, FLORIDA  
PROBATE DIVISION  
FILE NO. PC 13-339

IN RE: ESTATE OF  
GEORGE C. LIND,  
Deceased.

NOTICE TO CREDITORS

The name of the decedent, the designation of the court in which the administration of this estate is pending, and the file number are indicated above. The address of the court is 590 S. Commerce Avenue, Sebring, FL 33870. The name and address of the personal representative and the personal representative's attorney are indicated below.

If you have been served with a copy of this notice and you have any claim against the decedent's estate, even if that claim is unmatured, contingent or unliquidated, you must file your claim with the court ON OR BEFORE THE LATER OF A DATE THAT IS 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER YOU RECEIVE A COPY OF THIS NOTICE.

All other creditors of the decedent and other persons who have claims or demands against decedent's estate, including unmatured, contingent or unliquidated claims, must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT SO FILED WILL BE FOREVER BARRED.

EVEN IF A CLAIM IS NOT BARRED BY THE LIMITATIONS DESCRIBED ABOVE, ALL CLAIMS WHICH HAVE NOT BEEN FILED WILL BE BARRED TWO YEARS AFTER DECEDENT'S DEATH.

The date of death of the decedent is June 9, 2013.

The date of first publication of this Notice is August 18, 2013.

Personal Representative:  
THOMAS R. PARKER  
212 Sportsman Ave.  
Sebring, FL 33875

Attorney for Personal Representative:  
CLIFFORD R. RHOADES, P.A.  
Florida Bar No.: 308714  
Clifford R. Rhoades, P.A.  
2141 Lakeview Drive  
Sebring, Florida 33870  
(863)385-0346  
service@crpalaw.com  
cliff@crpalaw.com

August 18, 25, 2013

PUBLIC AUCTION  
FOR TOWING & STORAGE  
2001 DODGE  
2B6HB11Z11K560159  
ON AUGUST 31ST 2013, AT 9:00am  
AT PRECISION AUTO BODY  
734 CR 621 EAST  
LAKE PLACID FL 33852

August 18, 2013

1055 Highlands County Legals

NOTICE OF BUDGET WORKSHOPS  
TOWN OF LAKE PLACID TOWN COUNCIL

Notice is hereby given that the Town of Lake Placid Town Council will hold two budget workshops on the following days and times:

Monday August 26, 2013 beginning at 6:00 pm  
Thursday August 29, 2013 beginning at 5:50 pm

at Town Hall, 311 W. Interlake Boulevard, Lake Placid, Florida.

If a person decides to appeal any decision made by the Council with respect to any matter considered at the meeting, that person will need a record of the proceedings, and he may need to ensure that a verbatim record of the proceedings is made, which record includes the testimony and evidence upon which the appeal is to be based.

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the office of the Town Clerk (863)699-3747 within two (2) working days of your receipt of this notice; if you are hearing or voice impaired, call TDD (863) 534-7777 or Florida Relay Service 1-800-955-8770.

DATED THIS 18th day of August 2013.

TOWN OF LAKE PLACID  
BY: /s/ L. McQueen Small  
L. McQueen Small, Town Clerk/August 18, 2013

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flooring, plumbing & more!  
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or  
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\*No Additional Costs\*

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Lake Placid: 863-441-2514




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863-465-4116 (home)  
rwstuccoandstone@gmail.com



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Email: amarsella@newssun.com

**1055 Highlands County Legals**

**NOTICE OF INTENT TO ADOPT ORDINANCE**  
Please take notice that Ordinance No. 1359 will be presented to the City Council for adoption upon its second and final reading at the City Council Chambers, 368 South Commerce Avenue, Sebring, Florida 33870, on the 3rd day of September, 2013, at 6:00 p.m. A copy of the proposed Ordinance can be obtained from the office of the City Clerk. Any person may appear and be heard with respect to the proposed Ordinance. The proposed Ordinance is entitled as follows:

**AN ORDINANCE VACATING THAT CERTAIN 50 FOOT WIDE EASEMENT LOCATED IN LOT 8, BLOCK A OF LAKE JACKSON BOULEVARD SUBDIVISION, SECTION 36, TOWNSHIP 34 SOUTH, RANGE 28 EAST, HIGHLANDS COUNTY, FLORIDA AND ESTABLISHING AN EFFECTIVE DATE.**

Pursuant to Section 286.0105 of the Florida Statutes, as amended, the City Council hereby advises that if any interested person decides to appeal any decision made by the City Council with respect to any matter considered at the proceedings, he will need a record of the proceeding and that, for such purpose, he may need to ensure that a verbatim record of the proceedings is made, which record includes the testimony and evidence upon which the appeal is to be based.

This notice shall be published on August 18, 2013.  
/s/ Kathy Haley  
Kathy Haley, City Clerk  
City of Sebring, Florida

Robert S. Swaine  
Swaine & Harris, P.A.  
425 South Commerce Ave.  
Sebring, FL 33870  
City Attorney

August 18, 2013

**NOTICE OF SPECIAL MEETING FOR THE TOWN OF LAKE PLACID TOWN COUNCIL**

The Lake Placid Town Council will hold a special meeting on Monday August 26, 2013 at 5:30 PM in Town Hall, 311 West Interlake Blvd., Lake Placid, Florida to discuss the following:  
\* RFP for Banking Services  
\* Interlake Water Retention Area

If a person decides to appeal any decision made by the Town Council with respect to any matter considered at the meeting, that person will need a record of the proceedings, and he may need to ensure that a verbatim record of the proceedings is made, which record includes the testimony and evidence upon which the appeal is to be based.

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the office of the Town Clerk (863)699-3747 within two (2) working days of your receipt of this notice; if you are hearing or voice impaired, call TDD (863) 534-7777 or Florida Relay Service 1-800-955-8770.

DATED THIS 18th day of August 2013.  
TOWN OF LAKE PLACID

BY: /s/ L McQueen Small  
L McQueen Small, Town Clerk

August 18, 2013

**1100 Announcements**

**CHECK YOUR AD**

Please check your ad on the first day it runs to make sure it is correct. Sometimes instructions over the phone are misunderstood and an error can occur. If this happens to you, please call us the first day your ad appears and we will be happy to fix it as soon as we can.

If We can assist you, please call us:

**314-9876 News-Sun Classified**

**2000 Employment**

**2100 Help Wanted**

**RETREAD TIRE Sales Rep:** full time position - sell tires to current and new customers; 5 years' experience in retread tire recapping sales. College Degree or combination of college and experience. Assigned annual sales objectives; directly manages Tire sales within Florida; prepare major customers analysis - target markets; track leads; work trade shows; identify alternative distribution opportunities; visit and educate customers; conduct scrap tire analysis, understand tire maintenance programs, weekly call reports and cold calling; must possess a valid FL driver's license; must pass background check; location: Avon Park. \$40,000 base + commission. E-mail resumes to [bwignall@pride-enterprises.org](mailto:bwignall@pride-enterprises.org)

**2100 Help Wanted**

**ROYAL CARE OF AVON PARK**  
Royal Care is expanding its Rehab Team. Come and be part of an experienced and dynamic Rehab team! We have FT, PT, and PRN positions available for Physical Therapist, and Physical Therapist Assistants, SNF experience a plus. Competitive salaries, benefits and flexible schedules. Contact Maria Perez, HR Directors at 863.453.6674.

**C.N.A. COORDINATOR**  
Royal Care of Avon Park currently has a new position available for a FT C.N.A. Coordinator. The candidate must have five plus years experience in long term care, must be accurate and be able to multi-task. Please apply in person at Royal Care of Avon Park, 1213 W. Stratford Rd., Avon Park, Fl. 33825. EOE, M/F, DFWP.

**CERTIFIED NURSING ASSISTANTS**  
Pride in your career..skilled in customer service..a warm smile and a compassionate heart. Does this describe your approach to your career in health care? If so, Royal Care of Avon Park has a place for you. We currently have FT C.N.A. positions available for 7-3 and 3-11 shifts. A minimum of three month's prior C.N.A. experience in long-term care preferred. Please apply in person at Royal Care of Avon Park, 1213 W. Stratford Rd., Avon Park. (863) 435-6674. M/F, DFWP.

**DIESEL MECHANIC** needed for local hollowcore precast company. Welding/Electrical skills required. Competitive benefit package. Email resume/salary requirements to [jmachia@spancrete.com](mailto:jmachia@spancrete.com) Fax:863.655.1215

**HANGIN TOUGH CONSTRUCTION**  
Seeking licensed Drywall Finisher. Call Smokey @ 863-441-5634 Lic # HC01814.

**LAKE WALES - MEDICAL ASSISTANT/CNA**  
Immediate opening for an experienced MA/CNA IN PEDIATRIC OFFICE. Computer literate, Phlebotomy plus Bilingual Preferred. Please call 863-382-0566. Fax resume to 863-471-9340 E-mail: [cfmsonni@gmail.com](mailto:cfmsonni@gmail.com)

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**2100 Help Wanted**

**LOCAL DRIVER WANTED F/T** for Parcel Delivery must have at least 1 year of verifiable driving experience (within the last 3 yrs. immediately preceding the date of hire). Must have experience in a 14,000 GWR to 26,000 GWR van or truck. Must have clean driving record and be able to pass background and drug screening, must be able to lift 70lbs., be dependable and 21 yrs. or older. Send resume or go to Heartland Workforce.

**MEDICAL ASSISTANT**  
20 - 25 hours per week for our Sebring Cardiology Office. Submit resumes to: [susancardioly@aol.com](mailto:susancardioly@aol.com)

**PATIENT CARE TECHNICIAN**  
Needed for dialysis clinic - Prefer certified, but will train right person with phlebotomy experience. Excellent benefits. Fax resumes to (863) 382-9242 Attn: Peggy or call (863) 382-9443

**QC MANAGER** needed for local precast hollowcore company. Experience with precast, quality control & concrete testing required. PCI Level I&II & ACI Certified REQUIRED. Email resume/salary requirements to [jmachia@spancrete.com](mailto:jmachia@spancrete.com) Fax:863.655.1215

**SEBRING NOW HIRING**  
Clerical/Administration. We are currently looking for an individual who is dependable, organized, self motivated and possesses great communication skills. Must be proficient in Word & Excel and Computer Literate. Duties include: office work, answering phones, filing, data entry & invoicing. Fax resumes Attn: Liz 863-382-1206 or Email: [eavans@tradewindspower.com](mailto:eavans@tradewindspower.com)

**THE RENAISSANCE DAY SPA**  
10 South Main Ave. Lake Placid is Seeking a licensed Massage Therapist. Accepting resumes Tues. - Fri. 9 - 5.

**3000 Financial**

**4000 Real Estate**

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863-381-0400  
[dawndell1@gmail.com](mailto:dawndell1@gmail.com)  
[www.heartlandhomesforsale.com](http://www.heartlandhomesforsale.com)  
3200 US 27 S. Suite 201, Sebring

**FROSTPROOF \* LAKE FRONT \***  
4BR, 2BA, Just Remodeled! Cuidesac. SELL / LEASE OPTION Owner Finance Available. \$117,500. 954-270-5242

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**4060 Homes for Sale Avon Park**

**SUN N LAKES \*SELL/LEASE OPTION\***  
3BR, 2BA. Just Remodeled! Large Corner Lot. \$137,500. Owner Will Finance if needed. 954-270-5242

**4120 Villas & Condos For Sale**

**AVON PARK 2/1 Single Story Villa,**  
1,000 sq. ft. All appliances stay. New Roof & A/C. \$45,000. Call 813-404-6131

**SEBRING 2/1 Villa,** 3018 Spinks Rd. \$535/mo. \$600 Security. No Pets. Call 863-385-3101

**4160 Commercial Prop. For Sale**

**SEBRING KENILWORTH BLVD.**  
Zoned C-1. 3224 sq. ft. Building. Good parking. Asking \$95,500. By Appt. Only. email: [OBFSBO@aol.com](mailto:OBFSBO@aol.com)

**5000 Mobile Homes**

**5050 Mobile Homes For Sale**

**PALM HARBOR Factory Liquidation Sale**  
6 models to choose from 1200 sq. ft...\$12K off!  
John Lyons @ 800-622-2832 ext 210

**6000 Rentals**

**6050 Duplexes for Rent**

**SEBRING - Furnished Efficiency** close to Downtown. Very clean, A/C, W/S/G, Lawn care included. You pay only electric. \$445./mo. Plus Sec. Dep. 941-773-7523

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**SEBRING CUTE 2/1 DUPLEX,**  
Screen porch, tile floors, W/D hook-up. Near Mall. Most Pets OK. 1928 Theodore. \$550/mo. + \$300 sec. 863-446-7274

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TTY 800-955-8771  
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**7000 Merchandise**

**7260 Musical Merchandise**

**PIANO, DIGITAL, Console.** Many instrumental sounds & percussion. Also has a Midi. Excel cond. \$1450. Call 712-209-6490

**7300 Miscellaneous**

**RYOBI 12" Precision surface planer** w/sturdy stand. \$250; **DEWALT DW 706 12" chop saw** 3 angle cut w/ \$100 folding stand. \$300; 10" Black & Decker table saw / stand w/retractable casters. \$250. Call 850-384-9687

**ELVIS PRESLEY COLLECTABLES**  
For sale, Sebring. Trading cards, magazines, a collectable coin, book. 1441 Whisper Lake Blvd. 863-471-0183.

**7310 Bargain Buys**

**BISSELL FEATHERLIGHT** Floor & Tile Electric Sweeper. \$5. 863-382-9022

**CARGO CARRIER**  
Thule, \$100. Call 863-991-1266

**COFFEE MAKER** Empire Supreme, model 2042, 18 cup Stainless steel. CALL 863-991-1266

**CRAFTSMAN FREE STANDING 5' DRILL PRESS**  
OLD BUT IT RUNS. \$75. CALL 863-414-1900.

**GEORGE FOREMAN GRILL**  
Counter Top. \$10. 863-382-9022

**LAWN MOWER** Quick Cut 42" Huskee, 7 sp. 12hp. Twin cylinder. First \$100 takes it. Call 863-465-4314. Leave Message.

**TV STAND** Black with 2 Doors. \$20. 863-382-9022

**UPRIGHT VACUUM - BAGLESS**  
Completely Reconditioned. 30 Day Guarantee! \$25. 863-402-2285

**7320 Garage & Yard Sales**

**SEBRING SAT.** Aug. 24th, 9 - ?. 3717 Peugeot St. Multi-Family Super Huge Sale! State of Florida Teacher & Music Minister raising money for Adoption. Clothes, electronics, furn., toys & more! Donations Welcome.

**7420 Heating & Air Conditioning**

**NEW CENTRAL AIR.**  
Still in Box. 10 year Warranty. \$1690. 863-451-6610

**7520 Pets & Supplies**

**NOTICE**

Florida statute 585.195 states that all dogs and cats sold in Florida must be at least eight weeks old, have an official health certificate and proper shots and be free of intestinal and external parasites.

**8000 Recreation**

**8050 Boats & Motors**

**MONARK 16 Foot / Evenrude Motor** 55 HP / NEW Trolling Motor. Trailer Included. \$1900. 863-273-3575

**8400 Recreational Vehicles**

**2006 TRAVEL TRAILER** 33 Foot. Needs Minor Work. No Title. Make Offer. 863-763-9998

**9000 Transportation**

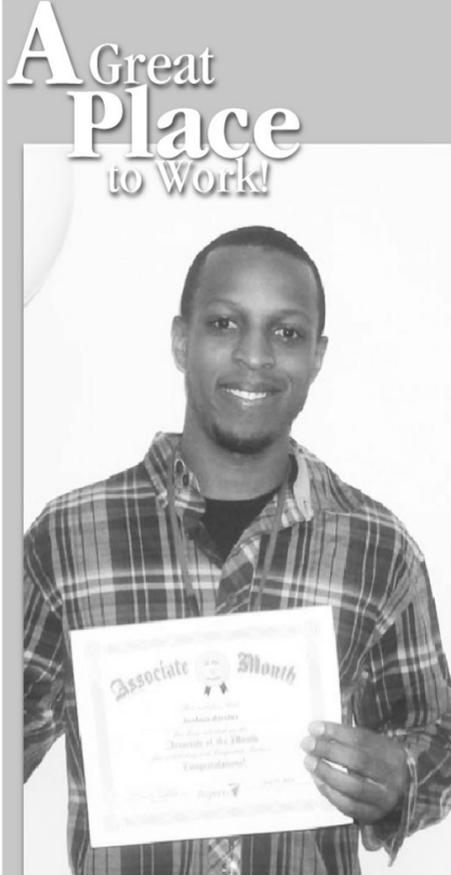
**9200 Trucks**

**FORD RANGER 1998.** Good cond. Priced to sell. \$2500 obo. 863-873-9058

**9450 Automotive for Sale**

**BUICK LUCERNE '08** Diamond Edition. 16K Original mi. \$16,000 obo. Loaded with Leather Seats. Call 863-257-1972.

**CHRYSLER CONCORDE 1999.** V-6, 4 door. 62K mi. Clean, cold Air. Very good cond. \$4250. Call 863-414-3589. 9am - 6pm.



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Associate of the Month

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For more information about Agero Services, we encourage you to visit our website at: [www.Agero.com](http://www.Agero.com)

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Five-Day forecast for Highlands County

TODAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
A p.m. shower or thunderstorm	A thunderstorm in the afternoon	Partly sunny, a t-storm in the p.m.	Clouds and sun with a thunderstorm	Partly sunny, a t-storm in spots
91° / 75°	94° / 74°	93° / 74°	92° / 74°	93° / 75°
Winds: ESE at 6-12 mph	Winds: E at 6-12 mph	Winds: E at 6-12 mph	Winds: E at 4-8 mph	Winds: ESE at 4-8 mph



Almanac

**Temperature**  
Readings at Archbold Biological Station in Lake Placid

High Tuesday	94°
Low Tuesday	68°
High Wednesday	96°
Low Wednesday	69°
High Thursday	91°
Low Thursday	72°

**Heat Index**  
For 3 p.m. today

Relative humidity	55%
Expected air temperature	91°
Makes it feel like	100°

**Barometer**

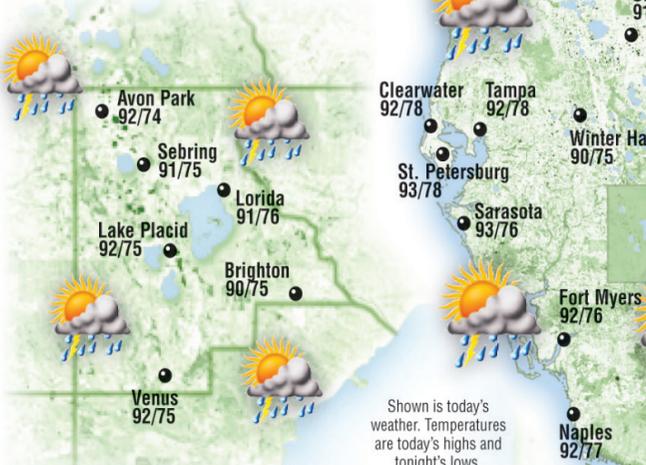
Tuesday	29.91
Wednesday	29.91
Thursday	29.94

**Precipitation**

Tuesday	0.00"
Wednesday	0.00"
Thursday	0.00"
Month to date	1.53"
Year to date	46.17"

Regional Summary

Clouds and sun today with a shower or thunderstorm during the afternoon. Partly cloudy tonight. Clouds and sun tomorrow and Tuesday with a thunderstorm in the afternoon.



Tides

Readings at St. Petersburg

High	2:06 a.m.
Low	5:19 a.m.
High	12:01 p.m.
Low	7:46 p.m.

Readings at Palm Beach

High	6:39 a.m.
Low	12:12 a.m.
High	7:22 p.m.
Low	12:39 p.m.

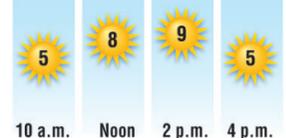
Lake Levels

Readings as of 7 a.m. yesterday

Lake Jackson	78.36'
Lake Okeechobee	15.97'
Normal	14.51'

UV Index Today

The higher the AccuWeather.com UV Index™ number, the greater the need for eye and skin protection.



0-2 Low; 3-5 Moderate; 6-7 High; 8-10 Very High; 11+ Extreme  
Forecasts and graphics provided by AccuWeather, Inc. ©2013

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Farm Report

A shower or thunderstorm this afternoon. Winds east-southeast 6-12 mph. Expect 4-8 hours of sunshine with a 55% chance of precipitation and average humidity 70%.

Weather History

Hurricane Bob was 45 miles south of Cape Hatteras, N.C., at 9 a.m. EDT on Aug. 18, 1991. It had sustained winds of 115 mph and gusts to 130 mph.

Sun and Moon

	Today	Monday
Sunrise	7:00 a.m.	7:00 a.m.
Sunset	7:59 p.m.	7:58 p.m.
Moonrise	5:57 p.m.	6:47 p.m.
Moonset	4:14 a.m.	5:20 a.m.



Water Restrictions

• Even addresses may water on Thursday and Sunday.  
• Odd addresses may water on Wednesday and Saturday.  
• All watering should take place before 10 a.m. and after 4 p.m.

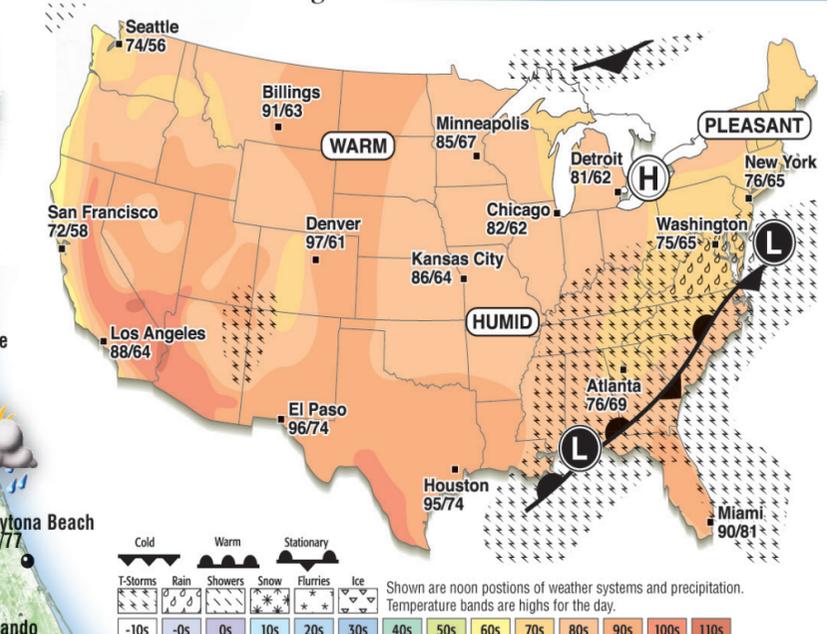
Florida Cities

City	Today	Mon.	Tue.
Cape Coral	91/76/t	93/75/t	92/76/t
Clearwater	92/78/t	94/78/t	93/78/t
Coral Springs	90/79/pc	90/79/t	90/79/pc
Daytona Beach	90/77/pc	90/75/t	90/75/t
Fl. Laud. Bch	89/79/pc	90/81/t	89/81/pc
Fort Myers	92/76/t	93/75/t	93/76/t
Gainesville	90/72/t	92/72/t	92/72/t
Hollywood	91/80/pc	91/79/t	90/78/pc
Homestead AFB	90/79/pc	88/79/t	90/79/pc
Jacksonville	89/74/t	91/73/t	90/73/t
Key West	89/82/pc	90/83/t	90/82/pc

World Cities

City	Today	Mon.	Tue.
Acapulco	91/77/t	91/77/t	91/77/t
Athens	92/75/s	93/75/s	93/75/s
Beirut	89/73/s	87/73/s	87/73/s
Berlin	82/61/pc	73/54/r	72/50/sh
Bermuda	86/77/s	84/76/s	84/75/s
Calgary	76/49/s	70/44/s	66/44/s
Dublin	64/48/pc	65/51/pc	66/56/pc
Edmonton	74/47/pc	70/45/pc	70/45/pc
Freeport	88/79/pc	90/76/pc	90/77/pc
Geneva	81/60/s	77/53/sh	78/48/s
Havana	90/74/t	92/73/t	90/73/t
Hong Kong	87/81/t	88/81/r	89/81/t
Jerusalem	87/64/s	85/63/s	85/64/s
Johannesburg	66/42/s	65/44/s	67/48/pc
Kiev	80/54/s	82/55/s	84/57/s

National Forecast for August 18



National Summary

Abundant moisture will continue to flow into the Southeast today. This along with a stalled front will aid in shower and thunderstorm development across the region. Some areas will have steadier rain especially across Virginia. Saturated soil left by recent rainfall could lead to flooding problems in some locations. The Northeast and Great Lakes will remain dry and seasonable as high pressure continues to dominate across this area. Farther west, spotty storms will ignite late in the day.

U.S. Cities

City	Today	Mon.	Tue.
Albuquerque	93/67/pc	92/68/pc	92/68/t
Los Angeles	88/64/pc	88/64/pc	82/65/pc
Louisville	85/66/pc	88/68/t	89/69/t
Memphis	86/68/pc	90/70/t	90/72/t
Milwaukee	78/62/s	82/65/s	86/68/pc
Minneapolis	85/67/s	87/71/t	93/71/s
Nashville	83/66/t	88/67/t	89/69/t
New Orleans	87/76/t	91/75/t	89/74/t
New York City	76/65/pc	80/68/pc	83/70/pc
Norfolk	77/67/t	78/72/t	86/71/t
Oklahoma City	89/66/s	92/69/s	93/69/s
Philadelphia	76/63/sh	81/68/c	86/70/pc
Phoenix	110/89/pc	109/88/pc	110/87/pc
Pittsburgh	79/62/c	81/61/t	85/63/pc
Portland, ME	78/56/pc	80/58/s	80/59/pc
Portland, OR	81/55/s	84/57/s	85/57/s
Raleigh	79/66/t	86/67/t	86/69/t
Rochester	81/59/pc	83/63/pc	84/65/pc
St. Louis	86/64/pc	90/69/pc	91/72/s
San Francisco	72/58/pc	68/57/s	71/55/pc
Seattle	74/56/s	76/55/s	78/55/t
Wash., DC	75/65/r	81/70/t	89/72/t



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- Corporate and Community Education

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Dan Hoehne/News-Sun

A young though experienced 2013 Blue Streak football squad looks to take the tests of last season and use them to their advantage this time around.

# Blue Streaks prepping for season battles

By DAVID DEGENARO

News-Sun correspondent

SEBRING – Firemen's

Field was filled with sounds of clashing pads and helmets as practice started up for the Sebring Blue Streaks last week, in preparation of the upcoming football season.

Donald Trump once said, "sometimes when you lose a battle, you find a new way to win the war."

Following what might be considered a season of lost battles, the Sebring Blue Streaks have come into practice this year with the mentality and determination to win the war.

"We lost some key sen-

Sebring 2013 Varsity Schedule	
8/23	vs. Mulberry
8/30	vs. Lake Highlands Prep at Okeechobee
9/6	vs. Hardee
9/13	vs. LaBelle
9/20	at Lake Region
10/4	vs. Lake Region
10/11	at Tenoroc
10/18	at Winter Haven
10/25	vs. Lely
11/1	vs. Lake Gibson
11/8	vs. Avon Park

\* All other games played at 7 p.m., Lake Gibson at 8 p.m.

iors last year; most of them were hurt a lot of the season anyway. Meaning this year we have some younger guys who already have more experience than usual," said third year head coach LaVaar Scott regard-

ing his young players, who are all looking to contribute in any way they can this season.

Last year was disappointing for the Streaks, posting two wins out of ten games for the season.

But it was through the trials, tribulations, injuries and rushed varsity duty, that valuable experience was gained, lessons learned with which to move ahead.

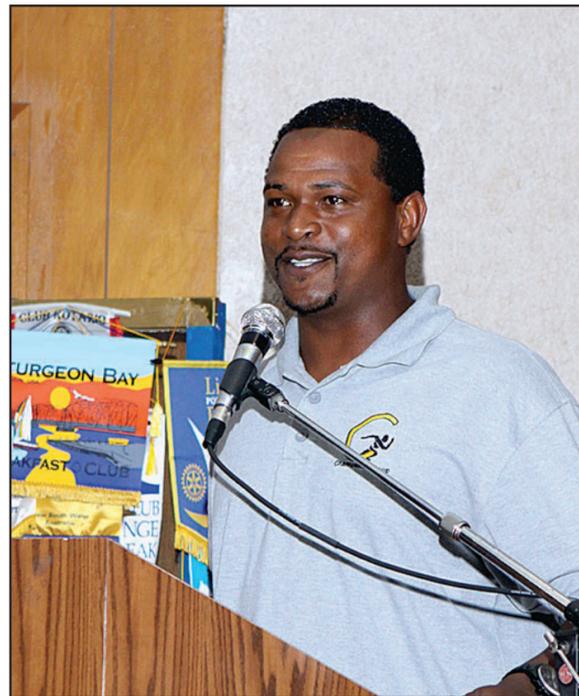
Now moving into the 2013 campaign with a slightly altered District 11-6A slate with Lake Gibson, Winter Haven and now Lake Region, the Blue Streaks are excited to get the season started.

"As a team we feel like we can compete with our division this year," Sebring junior Garret Zeegers said.

All of the teams in the district will be tough as both Winter Haven and Lake Gibson recorded 10 wins a year ago, and Lake Region will ably take the place of departed Kathleen.

The schedule also includes what should be some serious non-district battles, including visits from Lake Highlands Prep and Naples' Lely High, and trips to an always feisty LaBelle and ever-growing Tenoroc.

See STREAKS, Page B4



Courtesy photo

Reggie Knighten speaks to the Rotary Club of Avon Park this past Wednesday about the progress of the Champions Elite track and field team.

## Knighten speaks before Rotary

By JAMIE WILLIAMS

Special to the News-Sun

AVON PARK – The Rotary Club of Avon Park invited Reggie Knighten to speak to them during their noon meeting last Wednesday, Aug 14.

Knighten is the President of Champions Elite, a track and field club that he organized last year.

Though he is more recognized as the Mitey Mite coach in the Avon Park Youth Football League that has won the last three State Super Bowls, for the last two years he has been instrumental in training and sending kids to track and field competitions, to include the AAU Junior Olympics.

"I am very pleased to introduce the head track and field coach for Champions Elite," said past President of the Rotary Club Chet Brojek. "Reggie and his crew of coaches gives us some great young people and he is here to tell you about it."

Knighten thanked the Rotary Club for their help in the past, noting that they helped the Mitey Mites to go Atlanta, GA to compete for a National Championship a couple of years ago.

He also introduced Eltoro and Tymica Lewis, noting that they were part of the reason that Champions Elite is in existence.

It was because of them that he became part of Avon Park Youth Football which propelled him to do other things.

"Champions Elite started

last year when a group of us got together," said Knighten. "My sons and daughters run track and they have a club in Wauchula by Mark Anthony. We fell in love with it and there was a growing interest in the local area."

"The club in Wauchula did want to expand," continued Knighten. "And we wanted Highlands County to join together and we formed Champions Elite. We wanted to keep the names Avon Park and Sebring out of it, even though it is a big rivalry, we wanted the kids to grow together. We want the county to be represented."

Knighten explained that the main purpose is to expose kids to other sports.

With the main sports being football, baseball and basketball, a lot of the time other sports and opportunities are left out for local youth and when they get older they do not have the same opportunity to succeed and participate in those sports.

In addition to the track and field, they have also started a travel basketball team for fourth graders which finished second in the state tournament.

Knighten indicated that the first thing he as President of Champions Elite was to ask Chet Brojek to help him.

"I am not from Avon Park," admitted Knighten. "I moved here from Atlanta in 2004 and I coached at the high school for several years when I first got here. We

See ELITE, Page B4

## Lady Streaks ready to come out swinging

By DAN HOEHNE

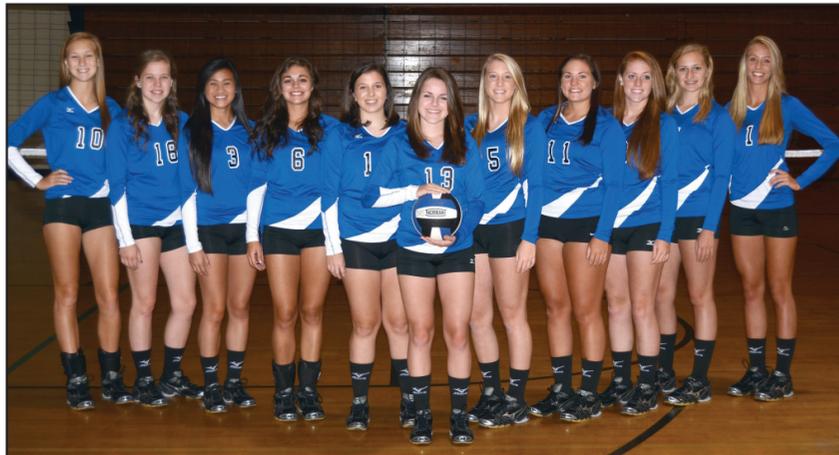
daniel.hoehne@newsun.com

SEBRING – As her 12th season at the helm of varsity Sebring volleyball, Venessa Sinness has built a tradition of routinely athletic, talented and competitive squads.

This season looks little different, with a mix of veteran leadership being added to with an influx of young talent that should make for an exciting year to come.

"We do have two very good leaders in our two seniors Jordan (Hinkle) and Lindsey (Whittington)," Sinness said. "And we've also got a lot of returning experience on the varsity level. We have a starter back at every position and some new players that will be learning from them and able to make their own contributions."

Having Whittington back as the center of the offense at setter will be a key fac-



Dan Hoehne/News-Sun

The 2013 Lady Blue Streaks, from left, Cadie O'Hern, Hannah Gotsch, Ansley Selander, Lindsey Whittington, Kylie Bowers, Susan Whitehead, Maci Harris, Jordan Hinkle, Samantha Allison, Hannah Tucker and Caylin Webb.

tor, both in her ability to get the offense started, as well as what she can do on her own.

"The benefit of having a setter with some height, like Lindsey, is that she can also attack and score," Sinness said. "Not to mention she helps us out defen-

sively at the net."

Hinkle will be bringing back her strong, southpaw swing as the right outside hitter, with Hannah Tucker, Maci Harris and Caylin Webb adding some returning length and strength along the front row.

"We've got a few mon-

sters in the front row that can kill the ball on every set," Hinkle said. "Even our new, not-so-little freshman is showing us what she's made of at the net."

That not-so-little newcomer is Cadie O'Hern, all 6-foot-1 of her, with an

See SEBRING, Page B3

## Can someone, anyone, please take down the SEC?

By PAUL NEWBERRY

Associated Press

ATLANTA — Can somebody — anybody! — please stand up to that bully down South.

The college football season hasn't even started yet, but we already feel like we know the outcome.

The SEC is up here.

Everyone else is down here.

Frankly, it's getting a little boring.

Sport requires drama, suspense, some degree of uncertainty to truly capture our attention.

In this sport, though, we've got the closest thing to a sure bet.

Come January, we all know there's likely to be another Southeastern Conference team standing in the middle of that confetti at the Rose Bowl, collecting the league's eighth straight national title.

Once again, the SEC has an embarrassment of riches: the best offensive player (Texas A&M quarterback and Heisman Trophy winner Johnny Manziel), the best defensive player (South Carolina end Jadeveon Clowney), the best coach (Alabama's Nick Saban), and — oh, yeah — the best team (Saban's mighty Crimson Tide, winner of three crowns in the last four years and

heavily favored to claim another). Yawn.

For the good of college football, somebody needs to end this reign of terror.

Sure, dynasties are a whole lot of fun for those on the right side of history, but they're not the best way to keep the rest of us engaged.

It is surely no coincidence that average attendance this past season was down 1.3 percent from 2005, the last time a team not from the SEC finished No. 1, and a more troubling 3.3 percent from its record high in 2008.

In fact, last year's turnout of 45,440 per game was the lowest for the NCAA's top division since 2001.

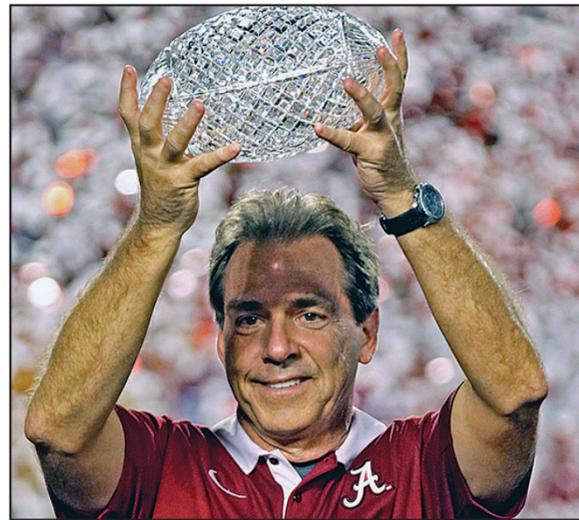
Even the folks in SEC country seem to have become a bit bored with all this winning, judging by a slight drop in average attendance each of the last two seasons and a more glaring number of no-shows at some big-time stadiums.

For now, look for more of the same.

The SEC could have as many as five teams (Alabama, Georgia, South Carolina, Texas A&M and Florida) in the top 10 when the first Associated Press poll of the season comes out on Saturday.

LSU is right in the mix, too.

See SEC, Page B4



MCT photo

Nick Saban didn't savor last season's BCS Championship for long, instead it was back to work in search of another.

# THE SCOREBOARD

## Major League Baseball

### AMERICAN LEAGUE

#### East Division

	W	L	Pct	GB
Boston	72	52	.581	—
Tampa Bay	69	51	.575	1
Baltimore	65	56	.537	5.5
New York	63	58	.521	7.5
Toronto	56	66	.459	15

#### Central Division

	W	L	Pct	GB
Detroit	71	51	.582	—
Cleveland	65	57	.533	6
Kansas City	64	57	.529	6.5
Minnesota	54	66	.450	16
Chicago	47	74	.388	23.5

#### West Division

	W	L	Pct	GB
Texas	70	52	.574	—
Oakland	69	52	.570	.5
Seattle	56	65	.463	13.5
Los Angeles	54	67	.446	15.5
Houston	40	81	.331	29.5

### Thursday's Games

L.A. Angels 8, N.Y. Yankees 4  
 Oakland 5, Houston 0  
 Toronto 2, Boston 1  
 Detroit 4, Kansas City 1  
 Tampa Bay 7, Seattle 1  
 Minnesota 4, Chicago White Sox 3

### Friday's Games

Kansas City 2, Detroit 1, 1st game  
 Colorado 6, Baltimore 3  
 Kansas City 3, Detroit 0, 2nd game  
 N.Y. Yankees 10, Boston 3  
 Tampa Bay 5, Toronto 4  
 Seattle 3, Texas 1  
 Chicago White Sox 5, Minnesota 2  
 Oakland 3, Cleveland 2  
 Houston 8, L.A. Angels 2

### Saturday's Games

N.Y. Yankees at Boston, late  
 Colorado at Baltimore, late  
 Kansas City at Detroit, late  
 Chicago White Sox at Minnesota, late  
 Toronto at Tampa Bay, late  
 Seattle at Texas, late  
 Cleveland at Oakland, late  
 Houston at L.A. Angels, late

### Sunday's Games

Kansas City (B.Chen 5-0) at Detroit (Scherzer 17-1), 1:08 p.m.  
 Colorado (Chacin 11-6) at Baltimore (Feldman 2-3), 1:35 p.m.  
 Toronto (Redmond 1-1) at Tampa Bay (Archer 6-5), 1:40 p.m.  
 Chicago White Sox (H.Santiago 3-7) at Minnesota (Deduno 7-6), 2:10 p.m.  
 Seattle (E.Ramirez 4-0) at Texas (Darvish 12-5), 3:05 p.m.  
 Houston (Oberholzer 2-1) at L.A. Angels (Vargas 6-5), 3:35 p.m.  
 Cleveland (Kazmir 7-5) at Oakland (Colon 14-5), 4:05 p.m.  
 N.Y. Yankees (Sabathia 10-10) at Boston (Dempster 6-8), 8:05 p.m.

### LEAGUE LEADERS

#### BATTING

	AB	R	H	BA
Cabrera, DET	429	87	154	.359
Trout, LAA	460	85	152	.330
Ortiz, BOS	386	59	125	.324
A. Beltre, TEX	475	69	153	.322

#### HOME RUNS

Davis, BAL	44
Cabrera, DET	38
Encarnacion, TOR	30
3 tied at	27

#### RUNS BATTED IN

Cabrera, DET	115
Davis, BAL	112
Encarnacion, TOR	89
Jones, BAL	85

#### WON-LOST

Scherzer, DET	17-1
Tillman, BAL	14-3
Moore, TB	14-3
Colon, OAK	14-5

#### SAVES

J. Johnson, BAL	39
Nathan, TEX	36
Rivera, NYY	35
Holland, KC	32

### NATIONAL LEAGUE

#### East Division

	W	L	Pct	GB
Atlanta	75	47	.615	—
Washington	59	62	.488	15.5
New York	56	64	.467	18
Philadelphia	53	68	.438	21.5
Miami	46	74	.383	28

#### Central Division

	W	L	Pct	GB
Pittsburgh	72	49	.595	—
St. Louis	69	52	.570	3
Cincinnati	69	53	.566	3.5
Chicago	53	68	.438	19
Milwaukee	53	69	.434	19.5

#### West Division

	W	L	Pct	GB
Los Angeles	71	50	.587	—
Arizona	62	58	.517	8.5
Colorado	58	65	.472	14
San Francisco	54	67	.446	17
San Diego	54	68	.443	17.5

### Thursday's Games

St. Louis 6, Pittsburgh 5, 12 innings  
 San Francisco 4, Washington 3  
 Cincinnati 2, Milwaukee 1  
 N.Y. Mets 4, San Diego 1

### Friday's Games

Chicago Cubs 7, St. Louis 0  
 Pittsburgh 6, Arizona 2  
 Colorado 6, Baltimore 3  
 L.A. Dodgers 4, Philadelphia 0  
 San Francisco 14, Miami 10  
 Atlanta 3, Washington 2, 10 innings  
 Milwaukee 7, Cincinnati 6  
 N.Y. Mets 5, San Diego 2

### Saturday's Games

Arizona at Pittsburgh, late  
 St. Louis at Chicago Cubs, late  
 Colorado at Baltimore, late  
 L.A. Dodgers at Philadelphia, late  
 Cincinnati at Milwaukee, late  
 San Francisco at Miami, late  
 Washington at Atlanta, late  
 N.Y. Mets at San Diego, late

### Sunday's Games

San Francisco (Bumgarner 11-7) at Miami (Koehler 3-8), 1:10 p.m.  
 Arizona (Miley 9-8) at Pittsburgh (Morton 4-3), 1:35 p.m.  
 Colorado (Chacin 11-6) at Baltimore (Feldman 2-3), 1:35 p.m.  
 L.A. Dodgers (Nolasco 9-9) at Philadelphia (Hamels 5-13), 1:35 p.m.  
 Washington (G.Gonzalez 7-5) at Atlanta (Teheran 9-6), 1:35 p.m.  
 Cincinnati (H.Bailey 7-10) at Milwaukee (W.Peralta 8-12), 2:10 p.m.  
 St. Louis (Wainwright 13-7) at Chicago Cubs (E.Jackson 7-12), 2:20 p.m.  
 N.Y. Mets (Harvey 9-4) at San Diego (Stults 8-10), 4:10 p.m.

### LEAGUE LEADERS

#### BATTING

	AB	R	H	BA
C. Johnson, ATL	371	44	125	.337
Molina, STL	366	46	119	.325



## LIVE SPORTS ON TV

### AUTO RACING

#### SUNDAY

1 p.m. NASCAR – Pure Michigan 400 . . . . . ESPN  
 9 p.m. NHRA – Lucas Oil Nationals . . . . . ESPN2

### BASEBALL

#### SUNDAY

10 a.m. Junior League Final, Teams TBA. . . . . ESPN2  
 Noon Little League World Series, Teams TBA.ESPN2  
 2 p.m. Little League World Series, Teams TBA. . ABC  
 2 p.m. Senior League Final, Teams TBA . . . . . ESPN2  
 5 p.m. Little League World Series, Teams TBA. ESPN  
 7 p.m. Little League World Series, Teams TBA ESPN2

#### MONDAY

Noon Little League World Series, Teams TBA.ESPN2  
 2 p.m. Little League World Series, Teams TBA. ESPN  
 4 p.m. Little League World Series, Teams TBA. ESPN  
 8 p.m. Little League World Series, Teams TBA ESPN2

1 p.m. Little League World Series, Teams TBA. ESPN  
 4 p.m. Little League World Series, Teams TBA. ESPN  
 8 p.m. Little League World Series, Teams TBA.ESPN2

### GOLF

#### SUNDAY

1 p.m. PGA – Wyndham Championship . . . . . GOLF  
 2 p.m. Solheim Cup, Final Day . . . . . GOLF  
 3 p.m. PGA – Wyndham Championship. . . . . CBS  
 4 p.m. U.S. Amateur, Finals . . . . . NBC  
 9 p.m. PGA – Dick's Sporting Goods Open . . . . GOLF

### GYMNASTICS

#### SUNDAY

1 p.m. U.S. Championships . . . . . NBC

### MLB

#### SUNDAY

1:30 p.m. Toronto at Tampa Bay . . . . . SUN  
 1:30 p.m. L.A. Dodgers at Philadelphia . . . . . TBS  
 2 p.m. St. Louis at Chicago Cubs . . . . . WGN  
 8 p.m. N.Y. Yankees at Boston. . . . . ESPN

7 p.m. Tampa Bay at Baltimore . . . . . SUN  
 7 p.m. Tampa Bay at Baltimore . . . . . SUN

### NFL PRESEASON

#### SUNDAY

7 p.m. Indianapolis at N.Y. Giants. . . . . FOX  
 8 p.m. Pittsburgh at Washington . . . . . ESPN

### TENNIS

#### SUNDAY

12:30 p.m. ATP – Western and Southern Open. . . . . CBS  
 4 p.m. ATP – Western and Southern Open . . . ESPN2

### WNBA

#### TUESDAY

10 p.m. Los Angeles at Seattle . . . . . ESPN2  
*Times, games, channels all subject to change*

	W	L	Pct	GB
Cuddyer, COL	358	57	116	.324
Votto, CIN	444	82	142	.320

#### HOME RUNS

Alvarez, PIT	29
Goldschmidt, ARI	29
Brown, PHL	27
Gonzalez, COL	26

#### RUNS BATTED IN

Goldschmidt, ARI	93
Phillips, CIN	90
Craig, STL	88
Bruce, CIN	80
Freeman, ATL	80

#### WON-LOST

Zimmermann, WAS	14-6
Liriano, PIT	13-5
Lynn, STL	13-6
Wainwright, STL	13-7

#### SAVES

Kimbrel, ATL	38
Soriano, WAS	31
Mujica, STL	31
2 tied at	30

### Arena Football Playoffs

#### FIRST ROUND

Thursday, Aug. 1  
 National Conference  
 Spokane 69, Chicago 47  
 Saturday, Aug. 3  
 American Conference  
 Philadelphia 59, Orlando 55  
 Jacksonville 69, Tampa Bay 62

#### Sunday, Aug. 4

National Conference  
 Arizona 59, San Jose 49

#### CONFERENCE CHAMPIONSHIPS

Saturday, Aug. 10  
 American  
 Philadelphia 75, Jacksonville 59  
 National  
 Arizona 65, Spokane 57

#### ARENA BOWL

at Orlando  
 Saturday, Aug. 17  
 Philadelphia vs. Arizona, late

### WNBA

	W	L	Pct	GB
Chicago	16	8	.667	—
Atlanta	12	9	.571	2.5
Washington	12	13	.480	4.5
Indiana	11	13	.458	5
New York	10	14	.417	6
Connecticut	7	16	.304	8.5

	W	L	Pct	GB
Chicago	16	8	.667	—
Atlanta	12	9	.571	2.5
Washington	12	13	.480	4.5
Indiana	11	13	.458	5
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Atlanta	12	9	.571	2.5
Washington	12	13	.480	4.5
Indiana	11	13	.458	5
New York	10	14	.417	6
Connecticut	7	16	.304	8.5

	W	L	Pct	GB
Chicago	16	8	.667	—
Atlanta	12	9	.571	2.5
Washington	12	13	.480	4.5
Indiana	11	13	.458	5
New York	10	14	.417	6
Connecticut	7	16	.304	8.5

	W	L	Pct	GB
Chicago	16	8	.667	—
Atlanta	12	9	.571	2.5
Washington	12	13	.480	4.5
Indiana	11	13	.458	5
New York	10	14	.417	6
Connecticut	7	16	.304	8.5

# LOCAL SCHEDULE



Avon Park

TUESDAY: Volleyball at Sebring Preseason Tournament, vs. Lake Placid, 6 p.m.  
 THURSDAY: Volleyball at Sebring Preseason Tournament, TBA  
 FRIDAY: Football at Tenoroc, Kickoff Classic, 7 p.m.



Lake Placid

TUESDAY: Volleyball at Sebring Preseason Tournament, vs. Avon Park, 6 p.m.  
 THURSDAY: Volleyball at Sebring Preseason Tournament, TBA  
 FRIDAY: Football vs. Okeechobee, Kickoff Classic, 7 p.m.



Sebring

TUESDAY: Volleyball hosts Preseason Tournament, vs. Frostproof, 7:30 p.m.  
 THURSDAY: Volleyball hosts Preseason Tournament, TBA  
 FRIDAY: Football vs. Mulberry, Kickoff Classic, 7 p.m.



SFSC

MONDAY: Volleyball vs. Southeastern University, scrimmage, 5 p.m.  
 TUESDAY, Aug. 27: Volleyball vs. Warner University, 7 p.m.  
 FRIDAY, Aug. 30: Volleyball at Indian River Tri-Match, vs. Lake Sumter, 1 p.m., vs. Indian River, 3 p.m.

# SPORTS SNAPSHOTS

## YMCA Soccer

SEBRING – The Highlands County YMCA is currently taking registrations for Fall Youth Soccer ages 3-14. Questions please call 382-9622.

## STR8 UP seeks help

LAKE PLACID – As STR8 UP Youth Ministry in Lake Placid celebrates its one-year anniversary as a ministry, they are looking for ways to enhance their programs in order to maintain and challenge the influx of teenagers that enter the ministry.

The youth currently play basketball on the back parking lot area and have long since outgrown it.

They need the challenge of a full court and higher goals.

William E. Lewis and Associates have donated the NBA-style fiberglass goals. Bevis Construction and Concrete has once again partnered with the program to provide the labor for this considerable project.

STR8 UP is seeking to raise \$7,500 for 80 yards of concrete.

# Sebring sees new challenges ahead

Continued from B1

evident amount of agility, athleticism and ability.

"She's going to be someone to watch over the next few years," Sinness said.

Even with O'Hern on the scene, however, Sinness admits that the team is a bit smaller than last season, but also added that the team is quicker.

Not to mention, many of the girls have gained valuable experience playing club ball in the offseason.

"We've started playing out of good clubs like in Orlando and Winter Haven," Hinkle said. "So we've learned a lot and it definitely shows on the court. "At first I was a little worried about how we would mesh together, considering we have five new players.

"But we've been here before," she continued.

"When I was a sophomore,

we had lost seven players.

And we've started off great and played well during the summer league at SFSC. Our chemistry is very good and though it's early, I already

very athletic."

Sinness also mentioned the key roles newcomers Samantha Allison, Kylie Bowers, Susan Whitehead and Hannah Gotsch will

*'There are things that need to be tweaked, like our communication on the court. You'd think we would talk more, we're girls.'*

JORDAN HINKLE

Sebring senior

think we have a promising year ahead of us."

Though just a sophomore, Ansley Selander saw some time as a key backline player last year and takes over at Libero.

"She is a very strong defensive player for us and is a great athlete," Sinness said. "That's another thing about this team is that we're

bring to the varsity team, in their ability and versatility.

A dimension Hinkle made mention of.

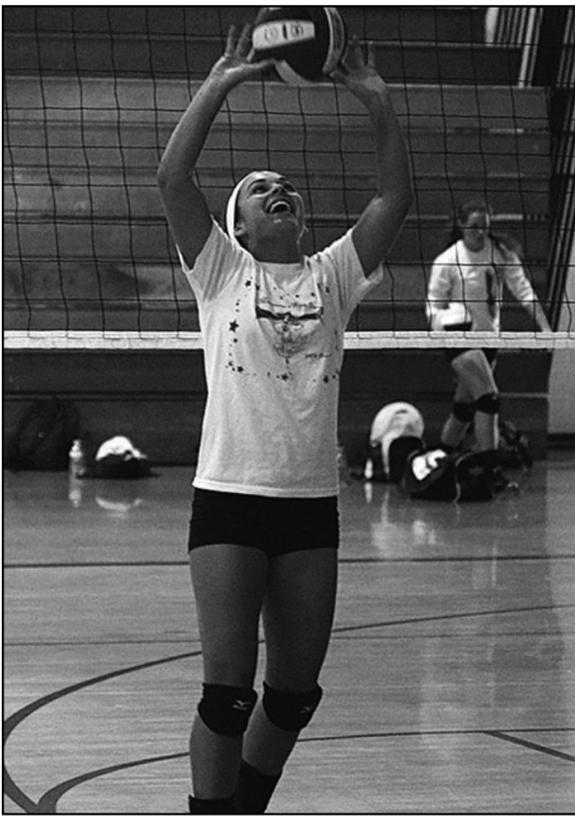
"There's not one of us that can't pass, there's also not one of us that can't hit," she said. "There are things that need to be tweaked, like our communication on the court. You'd think we would talk more, we're girls."

But such are the things to work on with this mix of players heading into the season, with an added new twist that is the lineup of District 11-5A, where the Streaks will be competing with DeSoto, Hardee and Lemon Bay.

"DeSoto is a traditionally strong program that has had some ups and downs recently, but looks good again," Sinness said. "Hardee has been improving the last few years and continues to. The big challenge will be Lemon Bay, who might be a top ten team."

But rest assured, if it's a Sinness lead team, whatever the challenge, they will be there to compete.

Their season begins Tuesday with the annual Preseason Classic, as the Streaks will host Frostproof at 7:30 p.m. this Tuesday, Aug. 20.



Dan Hoehne/News-Sun

Back for her senior year, Lindsey Whittington's play at setter will be a key to Sebring's season.

## Sertoma finale gets underway

By LAUREN WELBORN  
News-Sun correspondent

With the start of school just around the corner, the Sertoma Junior tour is going out with a bang as 60 young golfers took to the links at the Sun N' Lake Country Club on Friday.

The opening days events locked in the first round of scoring while also reseeding the competition for day two before the participants turned in their final cards for the season.

Leading the boys' 17-18 division after the first day

was Rhett Pooley's 71, followed by Dustin Baber's 74 and Will Bennett's 81.

Sarah Liles set the pace for the girls' 14-18 division with an 89, although Meghan Griffin and Chloe Nelson were not so far behind with a 91 and 93.

Sam Rogers' 79 set him up to lead the 15-16 boys, with Andrew Wally's 80 and Mathew Annan's 82 nipping at his heels.

In the girls' 11-13 category, Ashley Engle carded a 44 to round out just below Hannah Revell's 58 and

Alyssa Jordan's 65.

The 13-14 boys was led by brothers Seth and Scott Hamilton, who brought in scores of 49 and 55 before Julian Crozier would finish with a 76.

A close race kept things interesting in the 11-12 boys group as Beckham Donovan finished with a 56 and Will Redding and Jackson Griffin tying for second at 58.

Billy Carol led the 9-10 boys with a round of 49, followed by Clay Jacobs with a 49 and Zach Doorlag with a 53.

Another close battle in the 6-8 boys and girls division seeded Parker Griffin in first with a 26, just before Jackson Barben's 34 and Jack DuPriest's 35.

The kids teed off one last time for the summer Saturday morning to round off another successful Sertoma season.

See Wednesday's issue of the News-Sun for a recap of the final scores of the Tour Championship.

## HC Shooting Sports Club



Courtesy photo

This Highlands County Shooting Sports Club avid participates in a fundraising event involving some bow-shooting action on Saturday, Aug. 10 at the Bowhunters Club in Sebring. This is a non-profit club in its second year that focuses on objectives such as gun safety education, self-confidence, personal discipline, responsibility, leadership, sportsmanship and teamwork. To learn more and to come be a part of all the excitement, be sure to check them out at the 4-H Open House on Saturday, Aug. 24, from 10 a.m.-1 p.m.

## Sebring Kayak Tours – two more August outings

Special to the News-Sun

There are two remaining Saturdays in August and Sebring Kayak Tours has an outing scheduled for each one.

Sign up for one of them and go on the second one for 25-percent off.

**Aug. 24, Noon Hillsborough River**

We will meet and launch from John B Sargeant Park off of Hwy 301 in Tampa and paddling down to Trout Creek Wilderness Park.

We will make a stop halfway down at Morris Bridge Park for lunch.

Bring your (waterproof) cameras and be on the lookout for gators, turtles and birds – Oh my!

**Aug. 31, 10 a.m. Peace River**

We will meet and launch from Brownville Park north of Arcadia and paddle down to the public boat ramp off of Hwy 70.

This is a full day (4-5 hr) paddle downstream with a

fairly swift current.

Be prepared to stay in the kayak for the entire trip as high water levels may not allow us to get out.

Pack a lite lunch that you can eat while traveling.

All trips are \$39 per person (single or tandem kayak) and includes kayak, equipment, tour fee and shuttle

Cost is \$10 per person for those bringing their own kayak (except Lake Jackson trip) which includes tour fee and shuttle

All reservations must be confirmed via phone or email at least 24 hours prior to trip.

Kayaking is a water activity, you will get wet so dress appropriately.

Sebring Kayak Tours reserves the right to cancel any tours that do not meet the minimum amount of participants.

We do not typically cancel tours due to rain unless we encounter dangerous weather such as thunder/lightning.

## Brady's knee is OK, his arm is nearly perfect in win over Bucs

By HOWARD ULMAN

Associated Press

FOXBOROUGH, Mass. — Tom Brady's knee passed its first big test, his arm was as good as ever and his brain impressed his new top wide receiver.

"Tom's like a coach out there on the field," Danny Amendola said. "He knows every intricacy of the offense."

Brady completed his first 11 passes, six of them to Amendola, then missed on his last one in the New England Patriots' 25-21 exhibition win over the Tampa Bay Buccaneers on Friday night.

Just two days earlier, it seemed as if Brady might not play in the game — or in several of them — when he departed practice with a left knee injury.

But an MRI was negative and it turned out to be just a sprain.

"We're so far past that," Patriots coach Bill Belichick said of the injury. "We're way beyond that."

Here are five things we learned from the Patriots' victory over the Buccaneers:

### 1. BRADY STILL HAS IT

The two-time league MVP completed 11 of 12 passes for 107 yards just 13 days after his 36th birthday.

He connected on all eight of his passes in his first series against Tampa Bay's first-string defense, capped by a 26-yard touchdown to Amendola.

Then he tossed a 2-point conversion to rookie tight end Zach Sudfeld.

He completed three more passes on his other series then failed on a third-down throw to Amendola.

It was the only blemish on an otherwise perfect night.

"When you watch the way that guy practices, his being 11 for 11 doesn't surprise me," Bucs defensive end Da'Quan Bowers said. "He likes to get things done the right way."

Brady left without talking to waiting reporters.

### 2. TEBOW STILL DOESN'T HAVE IT

Patriots third-string quarterback Tim Tebow had a bad throwing night, completing just one of seven passes.

He would have gained more yards passing if they were all incomplete since the one that was caught resulted in a 1-yard loss.

And he overthrew a ball that was intercepted. But he did run six times for 30 yards, second-most for the Patriots.

In his other game, he completed 4 of 12 passes for 55 yards.

"It was definitely something I shouldn't have thrown," he said of Mason Robinson's inter-

ception that led to a field goal that made it 25-21. "You want to do your best and play to the best of your ability and have it all go right, and sometimes it doesn't. You just have to keep going."

### 3. THE BUCS CAN RUN

Tampa Bay had a strong ground game even though leading rusher Doug Martin left early with an apparent minor injury.

"He got hit in the head but he cleared really quickly," coach Greg Schiano said. "I saw him at half-time and he was fine. He was going to play one more play."

Martin ran just once for 4 yards, but Mike James added 81 yards on 15 carries and Peyton Hillis picked up 73 on 18.

"We just found our holes and tried to make our money where we

could," James said.

### 4. TAMPA BAY'S PASS PROTECTION NEEDS WORK

The Bucs allowed four sacks against the Patriots, all in the first half.

But their pass protection should improve once guards Carl Nicks and Davin Joseph return.

Nicks missed the last nine games last year and two exhibition games this year with a toe injury.

Joseph missed all last season following knee surgery and remains sidelined.

But both are expected back for the season opener.

"We didn't play as well as we wanted," offensive tackle Donald Penn said. "They have a good defense over there."

### 5. PATRIOTS HAVE TIGHT



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## Streaks kick off with Mulberry

Continued from B1

The Streaks are well aware of the road ahead.

All of the players are working hard, though, as with a roster of nearly 60 players, all of whom saw some time on varsity last year, no position is set and there are at least two or three players vying for each starting role.

"Everyone has been working very hard to get bigger, faster, and stronger, so we can be ready for the season," said sophomore quarterback hopeful Connor Cook.

"I feel we are definitely ahead of the game mentally, with the knowledge of our plays," coach Scott added.

*'I feel we are definitely ahead of the game mentally.'*

**LAVAAR SCOTT**  
Sebring head coach

"When you are mentally aware of what's going on, you can play faster and know what you are doing.

"Physically, we're not there yet, we're working through that," Scott continued. "But that's what the practice season is for. But it's a big thing to be where we are mentally."

The expectations are great for this Sebring Blue Streak squad, from the coaching staff and players alike, as they head into the 2013 season in their efforts to win the war.

The Blue Streaks get things started with a Kickoff Classic home battle against Mulberry at 7 p.m. on Friday, Aug. 23 at Firemen's Field.

## SEC, a league on cruise control

Continued from B1

There are those who choose to bury their head in the sand when it comes to the SEC.

A few weeks ago, Nebraska coach Bo Pelini took offense at anyone suggesting the SEC was head and shoulders above every other conference.

Alabama, for sure, but not the entire conference.

"I guarantee there are a lot of teams in the SEC that aren't Alabama that wish they were Nebraska, that wish they were Michigan, wish they were Ohio State," Pelini said, "so don't talk to me about the SEC."

That sort of denial isn't going to get it done.

Not when anyone can match up to the SEC in two crucial areas: quarterback and defense.

It starts with Manziel, the game's most dynamic player, assuming he isn't sidelined by an investigation into whether he got paid for doling out his autograph (the guess here is that Johnny Football beats the rap).

Alabama is led by AJ McCarron, who has done nothing but win championships since taking over as the Tide's QB.

Georgia has Aaron Murray, a fifth-year senior who surprisingly passed on the NFL draft after guiding the Bulldogs to the cusp of the national title game last season.

Clowney would surely be in the pros by now if he wasn't required to spend one more year in college.

If anyone needs a refresher on just how good this guy is, check in with former Michigan running back Vincent Smith, assuming he's finally coherent after taking the season's

most vicious hit in the Outback Bowl, one which sent both the ball and his helmet flying.

In a sense, Clowney is the exaggerated prototype for the kind of player that makes SEC defenses stand apart from everyone else.

In this league, it seems, everyone is just a few pounds bigger, a little bit stronger, a step quicker.

Manti Te'o might've been a stud at Notre Dame, but his performance in the national title game — most of it spent on his back as Alabama romped to a 42-14 victory — showed he would've been just another player in the SEC.

If there was any hope the Crimson Tide might back off the throttle just a bit, Saban shot that down just minutes after his team had finished its destruction of the Fighting Irish.

He said the celebration would last all of 24 hours, then he'd be back in the office getting ready to win another championship.

"Even though I really appreciate what this team accomplished and am very, very proud of what they accomplished, we need to prepare for the challenges of the new season very quickly with the team we have coming back," he said.

Saban sounded totally devoid of joy, just a man on an insatiable quest to knock down anyone in his path.

He is the perfect symbol for the SEC, which saps a little more joy from this game with each passing season, a league on cruise control while everyone else is struggling mightily just to get off the ground.

Please don't put us through that again.

Can you help us out, Ohio State?

The Buckeyes at least

have a coach, Urban Meyer, who knew how to win in the SEC and clearly doesn't mind cutting a few corners.

What about you, Louisville?

The Cardinals certainly have a championship-caliber quarterback, Teddy Bridgewater, and put quite a whippin' on Florida in the Sugar Bowl.

Oregon? Stanford? Somebody?

At this point, we'll take anybody.

*Paul Newberry is a national writer for The Associated Press. Write to him at [pnewberry@ap.org](mailto:pnewberry@ap.org) or [www.twitter.com/pnewberry1963](http://www.twitter.com/pnewberry1963)*

## Elite club giving kids rare opportunities

Continued from B1

always practiced on Chet Brojek track, you hear the stories and you know the history and I said I really need him to be successful."

This year they signed up 32 kids ranging in ages from 5 to 18 years old from throughout the county and Wauchula.

"We came together to form a wonderful club," said Knighten. "We competed throughout the year and in post season events. Out of 32 runners, we had 12 that qualified for the Junior Olympics. Of which, eight made the trip to East Michigan University near Detroit in our first year."

Track and field has become the quietest biggest sports event that occurs throughout the state.

It is not uncommon to have as many as 800-900 competitors will show up for these events.

They are usually held in cities or colleges that are capable of handling a large venue and also meet the strict requirement such as rubberized track and sophisticated timing systems.

"They treat the kids as though they are at the professional level," said Knighten. "At the same time they still treat them as kids. It is a wonderful experience."

He also noted that many recruiters for college attend these events as they can see large numbers of athletes at once instead of going to much smaller track and field events held at high schools and this is important to get kids exposure.

Knighten is not just looking at the present or next year, he is also focused on the future.

Noting that the opportunities and requirements for college is getting tougher and the grade point average is getting higher, this helps to put something on a kid's resume other than just going to school.

"They want to see if you can handle more than just academics," said Knighten. "Whether playing sports, getting a job or other pressures college can put on you."

"We are trying to groom these young kids not only in sports, but in academics as well."

The future goal of Champions Elite is not only to grow in number of sports, but to eventually establish a sports academy after school training program.

Where the student athletes will come after school to do their homework, then practice in their athletic training.

"We have certified teachers and tutors," said Knighten, "I am a teacher,

my wife is a teacher, we two other board members that are teachers and even more that will be willing volunteer."

Knighten noted that he was fortunate to earn a football scholarship and even more fortunate to have parents that could afford him to go to college if he did not have a scholarship.

"But there are a lot of kids not that fortunate," Knighten articulated. "So I feel that it is my responsibility along with so many people that do so much for this community, including the Rotary which helped Champions Elite get to Michigan, to give those kids an opportunity."

Champions Elite is more than track and field or sporting events.

It helps to broaden the lives of not just the kids, but also the parents and the community.

"As an educator," expressed Knighten. "You rarely hear or read about the athletes or young people that leave here and experience life outside of Avon Park. It was amazing when we went to Atlanta how many parents had never left the state of Florida. So for the kids to experience that at such a young age will help these kids become great lawyers, doctors and businessmen that will come back and help grow Highlands County."



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Outdoors

# Honeybees need our help and we need theirs

According to Jeff Pettis, research leader at the United States Department of Agriculture-Agriculture Research Service Bee Research Laboratory, "Our health relies on the wings of honeybees. The one-third of our diet that relies on bees' cross-pollination is the fruits, nuts and vegetables that enrich our diet and allow us to thrive."

Since 2006, honey bees have been mysteriously perishing. The event is termed Colony Collapse Disorder (CCD).

Honey bees have been going through these disappearing phases throughout history, but never in such great numbers. Theories for CCD range from cell phone usage to genetically modified crops.

Many researchers believe that the use of pesticides and fungicides used on various crops is the culprit. The assumption is that the pollen is tainted and when the bees take it back to the hive, it weakens their immune systems making them susceptible to infections from parasites.

Scientists continue to work on the mystery of CCD, but in the interim, there is plenty that you can do to help these bees in distress. All you have to do is a little gardening. Bees depend on many blooms for nectar and pollen.

Although you can't single handedly save the honey bee population, why not help the little buzzers out as much as you are able? The benefits are great. If vegetables and fruits are your thing, the bees will help pollinate them, increasing the quality and quantity of your bounty.

Bees depend on flowers in the early spring, late summer and fall. They must store enough nectar and pollen for the winter. So start your planting at any of these times and provide the much needed food source for these insects in distress.

Color is important in choosing flowers that attract



Courtesy photo

Bees depend on flowers in the early spring, late summer and fall. They must store enough nectar and pollen for the winter.

bees. Honey bees favor yellow, purple, orange and blue flowers. Some good choices include coneflower, coreopsis, Russian sage, bee balm, black-eyed Susan, cosmos, lavender, calendula, sunflowers and asters.

Shape is another significant factor in choosing the right plant. Keep in mind that bees don't have long tongues like butterflies and hummingbirds so they need flowers that they can obtain nectar and pollen from without that long reach.

Water sources are vital for honey bees. By installing a bird bath or other drinking areas, bees have a place to

stop and rehydrate when needed. But make sure the tiny creatures won't drown by providing a step for them such as some small, flat rocks, pebbles or other structures that give them a place to sit while slurping up the liquid. Also, make sure to keep the water fresh so it doesn't become a breeding ground for mosquitoes.

Avoid herbicides and pesticides, even if they claim to be "bee friendly". If you must treat your plants, try an insecticidal soap that should not harm bees. Make sure to spray early in the evening when the bees are done collecting nectar and pollen for

the day. Never spray anything directly on the bees.

The benefits of having bees visit your area are numerous. Honey bees are not usually aggressive unless disturbed or threatened. They pollinate flowers and other plants making them flourish and bloom more abundantly.

**Bee facts**

Honeybees represent a highly organized society, with various bees having very specific roles during their lifetime: e.g., nurses, guards, grocers, housekeepers, construction workers,

royal attendants, undertakers, foragers, etc.

The queen bee can live for several years. Worker bees live for six weeks during the busy summer, and for four to nine months during the winter months.

The practice of honey collection and beekeeping dates back to the stone-age, as evidenced by cave paintings.

The honeybee hive is perennial. Although quite inactive during the winter, the honeybee survives the winter months by clustering for warmth. By self-regulating the internal temperature of the cluster, the bees maintain 93 degrees Fahrenheit in the center of the winter cluster (regardless of the outside temperature).

There is only one queen per hive. The queen is the only bee with fully developed ovaries. A queen bee can live for three to five years and mates only once with several male (drone) bees, and will remain fertile for life.

She lays up to 2,000 eggs per day. Fertilized eggs become female (worker bees) and unfertilized eggs become male (drone bees).

When she dies or becomes unproductive, the other bees will "make" a new queen by selecting a young larva and feeding it a diet of "royal jelly". For queen bees, it takes 16 days from egg to emergence.

Nearly all of the bees in a hive are worker bees. The worker bee has a barbed stinger that results in her death following stinging, therefore, she can only sting once.

A hive consists of 20,000 - 30,000 bees in the winter, and over 60,000 - 80,000 bees in the summer.

Drones are male bees kept on standby during the summer for mating with a virgin queen.

There are only 300-3000 drones in a hive. The drone does not have a stinger. Because they are of no use in the winter, drones are expelled from the hive in the autumn.

*Corine Burgess is and Environmental Specialist for the Highlands County Parks and Natural Resources Department. Guest columns are the opinion of the writer, not necessarily those of the News-Sun.*



**News From The Watershed**

Corine Burgess

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- Jennifer A. Wolf P.A.-C.

**Inspirational THOUGHTS & SCRIPTURES**

By Patricia Valentine

Boast not thyself of tomorrow: For thou knowest not what a day may bring forth. Proverbs 27:1. Knowing that tomorrow is uncertain, the wise person will not put off what can be done today for tomorrow. We smile, yet we sense our own guilt of putting off until later what we know should be done now. Is there something you're putting off until a more convenient time? What if the opportunity you've been counting on never comes? Should apologies be offered? Or a word of witness? You may have even put off receiving Christ as your personal saviour.

Think about the man with the big plans in Jesus' parable of Luke 12. God said to him, "Thou fool, this night thy soul shall be required of thee." Do what you should, whatever it might be, and do it now. Avoid those dangerous delays. One of the devil's most successful wiles is "wait awhile". Keep this thought in mind, yesterday is in the past, tomorrow is not promised, so give today your very best! Be Blessed! Let me hear from you canjunprincess@yahoo.com.

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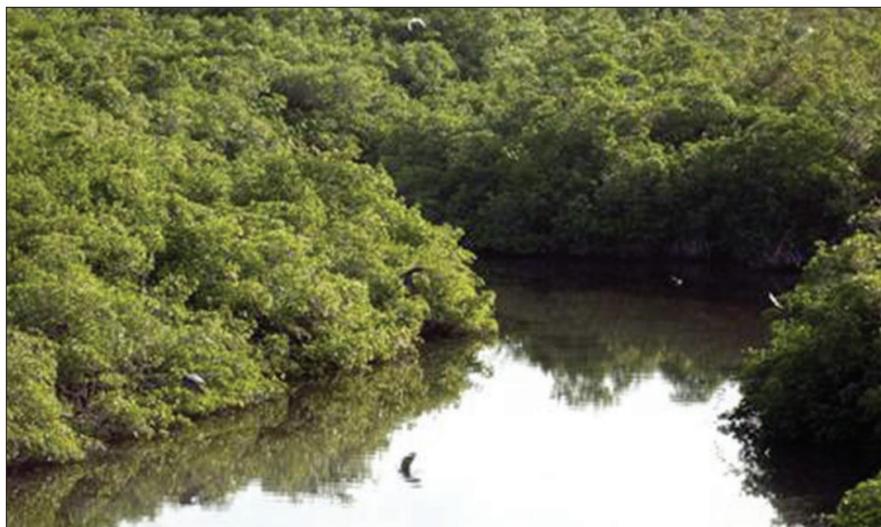
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Outdoors



Courtesy photo

The Central Everglades Planning Project will direct more water south into the heart of the Everglades.

## Central Everglades Planning Project moves forward

*Special to the News-Sun*  
WEST PALM BEACH — The South Florida Water Management District (SFWMD) Governing Board voted unanimously Thursday to move forward the Central Everglades Planning Project (CEPP) by supporting the release of a draft report for public and agency review by the U.S. Army Corps of Engineers.

This step signals the District's continued partnership with the Corps in developing plans for key restoration projects that will direct more water south into the heart of the Everglades. Thursday's action was the first formal vote by the SFWMD as the local sponsor of this planning effort.

"This is one of many steps, but it is an important one that comes after extensive public participation and technical work," said Dan O'Keefe, Chair of the

SFWMD Governing Board. The Governing Board's vote on CEPP is part of the federal process to deliver a technically sound plan, known as a Project Implementation Report, for a suite of restoration projects in the central Everglades to prepare for congressional authorization as required under the Comprehensive Everglades Restoration Plan (CERP). The vote today supported the release of the draft Project Implementation Report for public and agency review.

"Our shared commitment to completing a final report as expeditiously as possible is evident by the milestone we have reached today," said Col. Alan Dodd, U.S. Army Corps of Engineers Jacksonville District Commander. "I would like to applaud the District and our dedicated partners and stakeholders for remaining

engaged and flexible in the planning process. Thanks to your dedicated efforts, we now have a draft report that can be released to the public for review."

The Corps is scheduled to officially publish the draft on Aug. 30 through a federal process for public review.

CEPP is part of the long-term solution for moving water south away from the northern coastal estuaries and into the heart of the Everglades and Everglades National Park. When this project is completed, approximately 210,000 acre-feet of water on an average annual basis will be captured and directed south where it can provide ecological benefits.

The SFWMD is fully integrated in the technical process of the planning effort, which is led by the Corps.

For more, visit [www.evergladesplan.org](http://www.evergladesplan.org).

7th Annual  
Avon Park Historical Society

# COVERED DISH PICNIC REUNION

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Come One! Come All!*

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<b>Newborns, Children &amp; Adolescents</b>	<b>Newborns, Children &amp; Adolescents</b>	<b>Newborns, Children &amp; Adolescents</b>	<b>Newborns, Children &amp; Adolescents</b>
Rajeswari Sonni M.D., F.A.A.P.  Karen Mathis, P.A.-C.	Praveen Krishnadas, M.D., F.A.A.P.  Megan Ramirez, A.R.N.P.	Maria C. Perez, M.D.  Andrea VanDam, P.A.-C.	Maria B. Asis, M.D., F.A.A.P.  Amy Grimes, P.A.-C.
			Marcela Jativa, M.D., F.A.A.P.  Sujata Kumar, M.D., F.A.A.P.

## Is your child ready with physicals and Shots?

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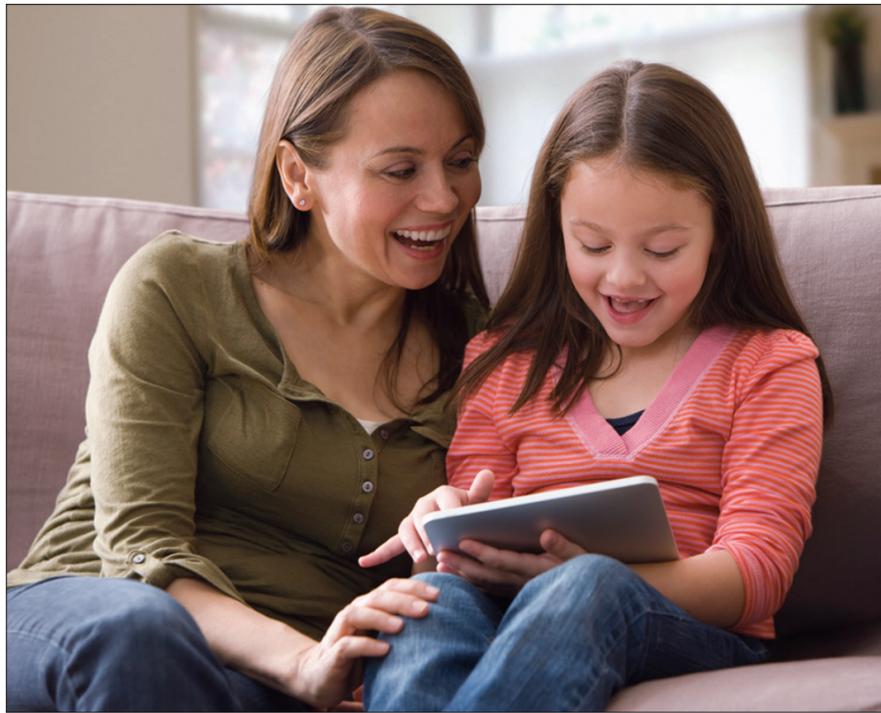
- Avon Park 8/13 & 8/14
- Lake Placid 8/13 & 8/16
- Sebring 8/14 & 8/16
- Wauchula 8/13 & 8/16
- Lake Wales 8/12, 8/15, & 8/16

Call the office nearest you for an immediate appointment!

- Avon Park 453-7337
- Lake Placid 699-1414
- Sebring 382-0770
- Wauchula 767-1616
- Lake Wales 679-8888



# Family Life



Family Features

Too much time staring at a screen can lead to eye fatigue, no matter your age.

## Protecting young eyes

### Family Features

Whether it's a tablet with an educational purpose or a big screen displaying the latest video game, the use of electronic technology is skyrocketing among kids. In fact, according to the Kaiser Family Foundation, children ages eight to 18 spend more than seven and a half hours with electronics every day.

Unfortunately, all of that screen time can cause eye fatigue, and ultimately have an impact on your child's overall vision and eye health.

Although there is no scientific evidence that computers and handheld electronic devices directly cause vision problems, using these devices wisely can help prevent eye fatigue and strain, as well as associated headaches, blurred vision and dry eyes.

To help protect your child's vision, consider these tips from Ameritas, a leading provider of dental, vision and hearing care plans:

- Know that prolonged use of electronic devices can exacerbate underlying eye conditions, so electronics should be used in moderation. Limit screen time to two hours or less a day (including watching TV, playing video games and using mobile phones).

- Encourage intentional blinking while electronic devices are in use to help refresh eyes with natural moisture that helps prevent bacterial infections, dry spots and corneal breakdown.

- Reduce additional eye strain by managing glare from windows and using low-watt bulbs in light fixtures.

- Keep computer screens 20 to 28 inches away from the face.

- Practice a rule of 20s to give eyes a rest. Every 20 minutes, ask your child to look at least 20 feet away for 20 seconds before refocusing attention up close again.

- Move around and change positions periodically

while using a device.

- Watch for signs of eye-strain while electronic devices are in use, such as squinting, frowning at the screen or rubbing eyes.

- If vision problems or discomfort arise, schedule an appointment with an eye doctor.

When taking into account time at the office in front of a computer screen, many adults regularly use electronic devices for as long as, or even longer than, their children. Following the same advice not only sets a good example, but it can help protect your own eye health.

For more, visit [www.ameritasinsight.com](http://www.ameritasinsight.com).

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## Heartland's

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When one thinks of Florida, one thinks of the outdoors, and here in Highlands County one of those synonymous names associated with the outdoors is the Royce family.

In 2007, Steve Royce saw a need for many of the products now offered by Royce Supply in Lake Placid, which is owned by he and his wife, Michelle Royce. They moved to their current location at 830 U.S. 27 South in 2009.

The Royces pride themselves on customer service of most all brands. "We know how important it is to be taken care of and to have someone you can trust." For commercial lawn care, Royce Supply offers Stihl, eXmark and Grasshopper products. For the homeowner, the store also offers Cub Cadet products.

The experienced professionals in the parts department at Royce Supply want to make sure the right parts at a fair price are sold the first time. The team is happy to answer questions and will help the customer find the parts they need.

The service department has factory-trained technicians on hand to service equipment quickly and at a fair price.

For information on Royce Supply, stop by and visit them at 830 U.S. 27 South in Lake Placid or call 465-2160.

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Call Terri at  
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## Founder's Day Celebration

**Call for details: 863-655-5554**

Kicks off at 10:00am  
 Saturday, Oct. 26, 2013

## The Lists

## Spotify

**Most streamed tracks**

1. Robin Thicke, "Blurred Lines" (Star Trak LLC/Interscope)
2. Jay-Z, "Holy Grail" (Roc Nation)
3. Miley Cyrus, "We Can't Stop" (RCA Records)
4. Imagine Dragons, "Radioactive" (KIDinaKORNER/Interscope Records)
5. Avicii, "Wake Me Up" (Universal)
6. Macklemore & Ryan Lewis feat. Ray Dalton, "Can't Hold Us" (Macklemore)
7. Bruno Mars, "Treasure" (Atlantic Records)
8. Lorde, "Royals" (Republic Records)
9. Jay-Z, "(Expletive)with-meyouknowgotit" (Roc Nation)
10. Jay-Z, "Tom Ford" (Roc Nation)

**Most viral tracks**

1. Lorde, "Royals" (Lava Music/Republic Records)
2. Prince Royce, "Darte un



Beso" (Sony Music Latin)

3. Five Finger Death Punch, "Mama Said Knock You Out" (Prospect Park)
4. Romeo Santos, "Propuesta Indecente" (Sony Music Latin)
5. Vance Joy, "Riptide" (Atlantic)
6. R. Kelly, "My Story" (RCA Records)
7. Phosphorescent, "Song for Zula" (Dead Oceans)
8. Bastille, "Pompeii" (Virgin)
9. Regina Spektor, "You've Got Time" (Sire)
10. Pharrell, "Happy" (Back Lot Music)

## iTunes

**Top songs**

1. "Blurred Lines (feat. T.I. & Pharrell)," Robin Thicke
2. "Holy Grail (feat. Justin Timberlake)," JAY Z
3. "We Can't Stop," Miley Cyrus
4. "Radioactive," Imagine Dragons
5. "Wake Me Up," Avicii
6. "Hold On, We're Going Home (feat. Majid Jordan)," Drake
7. "Get Lucky (feat. Pharrell Williams)," Daft Punk
8. "Cups (Pitch Perfect's "When I'm Gone") (Pop Version)," Anna Kendrick
9. "Safe and Sound," Capital Cities
10. "Same Love (feat. Mary Lambert)," Macklemore & Ryan Lewis

**Top albums**

1. "The Civil Wars," The Civil Wars
2. "Night Visions," Imagine Dragons
3. "Magna Carta ... Holy



Grail," JAY Z

4. "Crash My Party," Luke Bryan
5. "Teen Beach Movie (Soundtrack)," Various Artists
6. "Greater Than," Tye Tribbett
7. "Blurred Lines," Robin Thicke
8. "Yours Truly," Ariana Grande
9. "NOW That's What I Call Music, Vol. 47," Various Artists
10. "From Death To Destiny," Asking Alexandria

## iPhone &amp; iPad

**Top Paid iPhone Apps**

1. Words With Friends (Zynga Inc.)
2. Minecraft-Pocket Edition (Mojang)
3. Heads Up! (Warner Bros.)
4. AfterLight (Simon Filip)
5. Pixlgun 3D - Block World Pocket Survival Shooter with Skins Maker for minecraft (PC edition) & Multiplayer (Alex Krasnov)
6. Smart Alarm Clock: sleep cycles & noise recording (Plus Sports)
7. Pimp Your Screen (Apolon)
8. Where's My Mickey? (Disney)
9. Plants vs. Zombies (PopCap)
10. iTheme-Themes for iPhone, iPad and iPod Touch (novitap GmbH)

**Top Free iPhone Apps**

1. 4 Pics 1 Song (Game Circus LLC)
2. Candy Crush Saga (King.com Limited)
3. Despicable Me: Minion Rush (Gameloft)
4. Rise Alarm Clock (Kellen Styler)



5. High School Story (Pixelberry Studios)

6. Vine (Vine Labs Inc.)
7. YouTube (Google Inc.)
8. Bad Piggies (Rovio Entertainment Ltd)
9. Instagram (Burbn Inc.)
10. Snapchat (Snapchat Inc.)

**Top Paid iPad Apps**

1. Minecraft-Pocket Edition (Mojang)
2. Words With Friends HD (Zynga Inc.)
3. Plants vs. Zombies HD (PopCap)
4. Pages (Apple)

**Top Free iPad Apps**

1. Baby Home Adventure-Mommy's Little Helper (Kids Fun Club by TabTale)
2. Candy Crush Saga (King.com Limited)
3. Despicable Me: Minion Rush (Gameloft)
4. Bad Piggies HD (Rovio)

## PLACES TO WORSHIP

**Places to Worship is a paid advertisement in the News-Sun that is published Friday and Sunday. To find out more information on how to place a listing in this directory, call the News-Sun at 385-6155, ext. 596.**

## ANGLICAN

♦ **New Life Anglican Fellowship**, 10 N. Main Ave. (Woman's Club), Lake Placid, FL 33852. Rev. Susan Rhodes, Deacon in Charge, (863) 243-3191; strhodes1020@yahoo.com. Sunday Worship, 10 a.m. Teaching, Holy Communion, Music, Fellowship, Healing Prayer. "Pastoral and Spiritual".

## ASSEMBLY OF GOD

♦ **Christ Fellowship Church (Assembly of God)**, 2935 New Life Way. Bearing His Name; Preaching His Doctrine; and Awaiting His Coming. "Worshipping God in Spirit and in Truth." Sunday School, 9 a.m.; Morning Worship, 10 a.m.; Evening Worship, 6 p.m. Wednesday: Worship, 7 p.m. Pastor Eugene Haas. Phone 471-0924.

♦ **First Assembly of God**, 4301 Kenilworth Blvd., Sebring. The Rev. Wilmont McCrary, pastor. Sunday School, 10 a.m.; Morning Worship and KIDS Church, 11 a.m.; Evening Worship, 7 p.m. Wednesday Family Night, (Adult Bible Study), LIFE Youth Group, Royal Rangers, Missionettes, 7:30 p.m. Phone 385-6431.

## BAPTIST

♦ **Avon Park Lakes Baptist Church**, 2600 N. Highlands Blvd., Avon Park, FL 33825. George Hall, Pastor. Christ centered and biblically based. Sunday worship services, 8:30 a.m., 11 a.m. and 6 p.m. Nursery facilities are available. Bible studies at 9:45 a.m. Sunday and 7 p.m. Wednesday. Prayer Time 6:30 p.m. on Wednesday. Bible classes at 9:45 a.m. are centered for all ages. Choir practice at 5 p.m. Sunday. Church phone: 452-6556.

♦ **Bethany Baptist Church (GARBC)** We are located at the corner of SR17 and C-17A (truck route) in Avon Park. Join us Sunday morning at 9:00 AM for coffee and doughnuts, followed with Sunday School for all ages at 9:30. Sunday morning worship service begins at 10:30 a.m., and evening worship service is at 6 p.m. On Wednesdays, the Word of Life teen ministry and the Catylist class (20's+) begin at 6:30 PM. The adult Bible and Prayer Time begins at 7 p.m. For more information go to www.bethanybaptist.com or call the church office at 863-452-1136.

♦ **Faith Missionary Baptist Church**, off State Road 17 North of Sebring at 1708 LaGrange Ave. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 6 p.m. Wednesday Service, 7 p.m. Deaf interpretation available. Ken Lambert, Pastor. Phone 386-5055.

♦ **Fellowship Baptist Church**, 1000 Maxwell St., Avon Park, FL 33825. Sunday: Sunday School, 9:30 a.m.; Morning Worship, 10:45 a.m.; Wednesday: Evening Service, 7 p.m.; Children/Youth, 7 p.m. Telephone: 453-4256. Fax: 453-6986. E-mail: [office@apfelship.org](mailto:office@apfelship.org); Web site, [www.apfellowship.org](http://www.apfellowship.org).

♦ **First Baptist Church of Avon Park**, 100 N. Lake Ave., Avon Park. Rev. Jon Beck, pastor; Charlie Parish, associate pastor/youth and families; Joy Loomis, music director; Rev. Johnattan Soltero, Hispanic pastor. Sunday - Sunday school, 9:30 a.m.; Worship, 10:45 a.m.; Children's Church, 10:45 a.m.; Youth, 4:45 p.m.; Evening Worship, 6 p.m. Wednesday - Wednesday Night Supper, 5:15 p.m.; Children's Choir, 6 p.m.; Youth Activities, 6-7:30 p.m.; Prayer

Meeting/Bible Study, 6 p.m.; Worship Choir Practice, 6 p.m.; Mission Programs for Children, 6:45 p.m. Hispanic Services: Sunday school at 9:30 a.m., worship service at 11 a.m. Wednesday Bible study at 7 p.m. Morning and evening services available at [www.fbcap.net](http://www.fbcap.net). Select Media, select Sermon Library, select Date. Call 453-6681 for details. "In the heart of Avon Park, for the hearts of Avon Park."

♦ **First Baptist Church of Lake Josephine**, 111 Lake Josephine Drive, Sebring (just off U.S. 27 midway between Sebring and Lake Placid). Your place for family, friends and faith. Sunday morning worship service is 11 a.m. Nursery is provided for both services with Children's Church at 11 a.m. Life changing Bible Study for all ages starts at 9:45 a.m. Sunday night worship at 6 p.m. Wednesday Bible Study and Prayer meeting at 7 p.m. along with youth worship in the youth facility, and missions training for all children. Call the church at 655-1524.

♦ **First Baptist Church of Lake Placid**, Knowing God's Heart and Sharing God's Hope, 119 E. Royal Palm St., Lake Placid, FL 33852 (863) 465-3721, Website: [www.fbclp.com](http://www.fbclp.com). Email: [information@fbclp.com](mailto:information@fbclp.com). Sunday services - Traditional Service 9 a.m., Contemporary Service 10:30 a.m. Link Groups at 9 and 10:30 a.m., Wednesday Activities: Family dinner at 5 p.m. (\$4 per person, reservations required). Prayer meeting, Youth Intersections, and MaxKidz Extreme meet at 6:15 p.m. The church is at 119 E. Royal Palm St., Lake Placid. For information, call 465-3721 or go to [www.fbclp.com](http://www.fbclp.com).

♦ **First Baptist Church of Lorida** located right on U.S. 98 in Lorida. Sunday School begins at 9:45 a.m. for all ages. Sunday worship services are at 11 a.m. and 6:30 p.m. Preschool care is provided at the 11 a.m. worship service. Wednesday evening Bible Study and Prayer meeting is at 6:30 p.m., followed by adult choir rehearsal. From September the AWANA groups meet. First Lorida is the "Place to discover God's love." For more information about the church or the ministries offered, call 655-1878.

♦ **First Baptist Church, Sebring**, 200 E. Center Ave., Sebring, FL 33870. Telephone: 385-5154. Rev. Matthew D. Crawford, senior pastor; Rev. Nuno Norberto, associate pastor, minister of music and senior adults; and Dixie Kreulen, preschool director. Group Bible Studies, 9:15 a.m.; Blended Service, 10:30 a.m.; Mision Buatista Hispana, 2 p.m.; Sunday Evening Worship, 6 p.m. Wednesday night programs at the ROC begin 5:30 p.m., at church begin 6:30 p.m. Preschool and Mother's Day Out for children age 6 weeks to 5 years old. Call 385-4704. Website [www.fbsebring.com](http://www.fbsebring.com)

♦ **Florida Avenue Baptist Church**, 401 S. Florida Ave., Avon Park. Mailing address is 710 W. Bell St., Avon Park, FL 33825. Telephone, 453-5339. Rev. John D. Girdley, pastor. Sunday School, 9:45 a.m.; Sunday Worship, 11 a.m.; 11 a.m. Children's Church; Sunday Evening Worship, 6 p.m. Wednesday night programs for children, youth and adults at 7 p.m.

♦ **Independent Baptist Church**, 5704 County Road 17 South, Sebring, FL 33876. Sunday School, 9:30 a.m. Sunday worship, 10:30 a.m. Sunday evening, 6 p.m. Wednesday service, 7 p.m. Fundamental, soul-winning, mission-minded, King James Bible Church. Larry Ruse, pastor. Phone 655-1899. Bus transportation.

♦ **Leisure Lakes Baptist Church**, 808 Gardenia St., Lake Placid (just off of Miller at the west end of Lake June) "Where the old fashion gospel is preached." Sunday School begins at 9:30 a.m.; Sunday Worship service at 10:45 a.m.; Sunday Evening Service is at 6 p.m. Wednesday Prayer Meeting and Bible Study at 6 p.m. Call the church at 699-0671 for more information.

♦ **Maranatha Baptist Church (GARBC)**, 35 Maranatha Blvd., Sebring, FL 33870

(A half mile east of Highlands Avenue on Ar buckle Creek Road.) Sunday School, 9 a.m.; Morning Worship, 10:15 a.m.; Evening Service, 6 p.m. Mid-week service, Wednesday, 6 p.m. Daily Prayer and Bible Study, 8 a.m., Hamman Hall. Pastor Gerald Webber and Associate Pastors Don Messenger and Ted Ertle. Phone 382-4301.

♦ **Parkway Free Will Baptist Church**, 3413 Sebring Parkway, Sebring, FL 33870. Welcome to the church where the "Son" always shines. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m.; and Wednesday Evening Worship, 7 p.m. End-of-the-Month-Sing at 6 p.m. on the last Sunday of each month. The Rev. J.S. Scaggs, pastor. Church phone: 382-3552. Home phone: 214-3025. Affiliated with the National Association of Free Will Baptists, Nashville, Tenn.

♦ **Sparta Road Baptist Church, (SBC)** 4400 Sparta Road. Rev. Mark McDowell, Pastor. Sunday school, 9:45 a.m.; Sunday Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m. Wednesday: Prayer/Bible Study, 6 p.m. Nursery provided. For information, call 382-0869.

♦ **Southside Baptist Church (GARBC)**, 379 S. Commerce Ave., Sebring. David C. Altman, Pastor. Sunday School for all ages, 9:30 a.m.; Morning Worship Service, 10:45 a.m.; Evening Worship, 6 p.m. Wednesday: Student ministry, 6:30 p.m.; Awana kindergarten through fifth grade, 6:30 p.m.; Adult Midweek Prayer and Bible Study, 7 p.m. A nursery for under age 3 is available at all services. Provisions for handicapped and hard-of-hearing. Office phone, 385-0752.

♦ **Spring Lake Baptist Church**, "Where the Bible is Always Open." Pastor Richard Schermerhorn, 7408 Valencia Road; 655-2610. Assistant Pastor Ronald Smith, 386-1610. On U.S. 98 at the Spring Lake Village II entrance. Sunday School, 9:45 a.m. for all ages; Morning Worship, 10:45 a.m.; Sunday Evening Worship, 6 p.m. Wednesday Mid-week Bible Study and Prayer Service, 6:30 p.m. Nursery available for all services.

♦ **Sunridge Baptist Church, (SBC)** 3704 Valerie Blvd. (U.S. 27 and Valerie, across from Florida Hospital), Sebring. Tim Finch, pastor. Sunday School, 9:30 a.m.; Sunday Morning Worship, 10:45 a.m.; and Sunday Evening Service, 6 p.m. Wednesday: Prayer, Bible Study, and Youth, 6:30 p.m. Nursery provided. For information, call 382-3695.

## CATHOLIC

♦ **Our Lady of Grace Catholic Church**, 595 E. Main St., Avon Park, 453-4757. Father Nicholas McLoughlin, pastor. Saturday Vigil Mass is 4 p.m. in English and 7 p.m. in Spanish; Sunday mass 8 and 10:30 a.m. in English. Weekday mass at 8 a.m. Confessions are at 3:30 p.m. Saturday. Religious Education Classes (September to May) are 9-10:20 a.m. Sunday for grades K through 5th. Grades 6th through Youth Bible Study are from 6:30-8:30 p.m. Wednesday. Youth Nights grades 9th and up, 6:30-8:30 p.m. Wednesday.

♦ **St. Catherine Catholic Church**, 820 Hickory St., Sebring. Parrish office/ mailing address: 882 Bay St., Sebring, FL 33870, 385-0049, 385-6762 (Spanish); fax, 385-5169; email, [office@stcath.com](mailto:office@stcath.com); website, [www.stcath.com](http://www.stcath.com). School Office/Mailing, Principal Dr. Anna V. Adam, 747 S. Franklin St., Sebring, FL 33870; 385-7300; fax, 385-7310; email [school@stcath.com](mailto:school@stcath.com). School office hours 7:30 a.m. to 3:30 p.m. Monday-Friday. Clergy: Very Rev. José González, V.F., [fjose@stcath.com](mailto:fjose@stcath.com) or 385-0049; Parochial Vicar, Rev. Victor Caviedes, 385-3993; Assisting Priest (retired), Rev. J. Peter Sheehan; Deacons, Rev. Mr. James R. McGarry and Rev. Mr. Max M. Severe. WEEKEND MASS SCHEDULE: Saturday: - 4 p.m.; Sunday - 8 and 10 a.m., 12 p.m.

(Spanish), 5 p.m. (Holy Family Youth Center), every third Sunday of the month at 2 p.m. (French Mass). Daily Mass: Monday-Friday, 8 a.m. and 12 p.m. Saturday at 9 a.m. Sacrament of Reconciliation: 7:15-7:45 a.m. first Friday, 2:30-3:15 p.m. Saturday and 9-9:45 a.m. Sunday. Office Hours: 8:30 a.m. to 1:30 p.m. Monday-Friday.

♦ **St. James Catholic Church**, 3380 Placidview Drive, Lake Placid, 465-3215. Father Michael J. Cannon. Mass schedule: Summer (May 1 to Oct. 31) - Saturday Vigil, 4 p.m.; Sunday 8 a.m. and 9:30 a.m.; Weekdays, 9 a.m. December thru Easter - Saturday, 4 p.m.; Sunday, 8 a.m., 9:30 a.m. and 11 a.m.; Weekdays 9 a.m.; and Holy Days 8 a.m., 9:30 a.m. and 7 p.m., first Saturday at 9 a.m.

## CHRISTIAN

♦ **Cornerstone Christian Church**, (Saxon Hall) 1850 US 27 South, Avon Park, FL 33825. Love Christ - Love People. Bill Raymond, Preaching Minister. Jon Carter, Music Minister. Sunday, 9 a.m. Bible Study; 10 a.m. Worship; Communion available each week. Wednesday, 7 p.m. Home Fellowship Group. For more information call 453-8929 or 449-0203.

♦ **Eastside Christian Church**, 101 Peace Ave., Lake Placid, FL 33852 (two miles east of U.S. 27 on County Road 621), 465-7065. Ray Culpepper, senior pastor. Sunday: Bible classes, 9 a.m.; Worship Celebration with the Lord's Supper each week 10:15 a.m. Thelma Hall, organist; and Pat Hjort, pianist. Wednesday: Praise and Prayer, 6:30 p.m.; "Building God's Kingdom for Everyone." "Jesus Christ, the Way, Truth and Life!" "Alive and Worth the Drive!"

♦ **Sebring Christian Church**, 4514 Hammock Road, Sebring, FL 33872. Tod Schwingel, Preacher; Josh Knabel (812-618-7118), Youth Pastor. Sunday Worship, 9:30 a.m.; Sunday School, 11 a.m.; Sunday Youth Service, 6 p.m.; Evening service at 6:30 p.m. Wednesday night meals, 5:30 p.m. followed by classes at 6:30 p.m. Changing Seasons, a men's grief support group, meets at 1:30 p.m. Wednesdays. Alzheimer's Caregivers Support Group meets at 1 p.m. Thursdays. Office hours, 9 a.m. to 1 p.m. Monday-Friday. Phone 382-6676.

♦ **First Christian Church (Disciples of Christ)**, 510 Poinsettia Avenue, (corner of Poinsettia and Eucalyptus), Sebring, FL 33870. Phone: 385-0358 or 385-3435. The Rev. Ronald Norton, Pastor; Sunday School, 9 a.m.; Praise Breakfast, 10 a.m.; Morning Worship, 10:30 a.m.; Children's Church, 10:30 a.m. Thursday, Praise and Worship, 6:45 p.m. Youth Fellowship, 7:15 p.m.; Midweek Bible Study, 7:15 p.m.

## CHRISTIAN &amp; MISSIONARY ALLIANCE

♦ **The Alliance Church of Sebring**, 4451 Sparta Road, Sebring, FL 33875. Call 382-1343. Rev. Steve Hagen, pastor. Sunday services: Sunday School meets at 9:30 a.m.; Sunday Morning Worship Service meets at 10:30 a.m.; Sunday Evening Bible Study meets at 6 p.m. (off site); Wednesday Prayer Gathering meets at 6 p.m.

## CHRISTIAN SCIENCE

♦ **Christian Science Church**, 154 N. Franklin St. Sunday: 10:30 a.m. morning worship and Sunday school. Testimonial meetings at 4 p.m. each second and fourth Wednesday. A free public reading room/bookstore, located in the church, is open before and after church services. The Bible and the Christian Science textbook, 'Science and Health with Key to the

Scriptures' by Mary Baker Eddy are our only preachers. All are welcome to come and partake of the comfort, guidance, support and healing found in the lesson-sermons.

## CHURCH OF BRETHREN

♦ **Church of the Brethren**, 700 S. Pine St., Sebring, FL 33870. Sunday: Church School, 9 a.m.; Morning Worship, 10:15 a.m. Wednesday: Temple Choir, 7:30 p.m. Phone 385-1597.

## CHURCH OF CHRIST

♦ **Avon Park Church of Christ**, 200 S. Forest Ave., Avon Park, FL 33825. Minister: Don Smith. Sunday Worship Services, 10:30 a.m. and 6 p.m. Nursery facilities are available at every service. Bible Study: Sunday, 9:30 a.m. and Wednesday, 7 p.m. Bible centered classes for all ages. Church phone: 453-4692.

♦ **Lake Placid Church of Christ**, 1069 Hwy 27 North, Lake Placid, FL 33852. Mailing address is P.O. Box 1440, Lake Placid, FL 33862. Sunday morning worship is at 10 a.m. Sunday evening worship is 6 p.m. Bible class 9 a.m. Sundays and Wednesday evenings at 7 p.m. All are invited to join us. For more information, call the church at 863-465-4636 or visit the website [www.thelordsway.com/lakeplacidcofc/](http://www.thelordsway.com/lakeplacidcofc/).

♦ **Sebring Parkway Church of Christ**, 3800 Sebring Parkway, Sebring, FL 33870; 385-7443. Minister: Kevin Patterson. Times of service are: Sunday Bible Class, 9 a.m.; Sunday Worship Service, 10 a.m.; Sunday Evening Service, 6 p.m.; Wednesday Bible Class, 7 p.m.

## CHURCH OF GOD

♦ **Church on the Ridge**, Church of God, Anderson, Ind.; 1130 State Road 17 North, Sebring, FL 33870. Worship Service Sunday, 10 a.m.; Bible Study and Prayer, Wednesday, 7 p.m. Pastor Dr. Collet Varner, (863) 382-0773.

## CHURCH OF NAZARENE

♦ **First Church of the Nazarene of Avon Park**, P.O. Box 1118., Avon Park, FL 33825-1118. 707 W. Main St. Randall Rupert, Pastor. Sunday: Sunday school begins at 9:45 a.m. for all ages; morning worship at 10:45 a.m.; and evening service at 6 p.m. Wednesday evening service is at 7 p.m. with special services for children and adults. Special services once a month for seniors (Prime Time) and Ladies ministries. If you need any more information, call 453-4851.

♦ **First Church of the Nazarene of Lake Placid**, 512 W. Interlake Blvd., Lake Placid, FL 33852. Sunday school, 9:30 a.m.; Morning worship, 10:45 a.m.; Evening service, 6 p.m. Wednesday evening, 7 p.m. Classes for adult children and youth. Call 465-6916. Pastor Tim Taylor.

## CHURCHES OF CHRIST IN CHRISTIAN UNION

♦ **Community Bible Church - Churches of Christ in Christian Union**, (Orange Blossom Conference Center) 1400 C-17A North (truck route), Avon Park. Presenting Jesus Christ as the answer for time and eternity. Sunday morning worship service, 10:30 a.m. Nursery provided. Junior Church activities at same time for K-6 grade. Sunday School Bible hour (all ages), 9:30 a.m. (Transportation available.) Sunday evening praise and worship service, 6 p.m. Wednesday evening prayer service, 7 p.m. Children and youth activities at 7 p.m. Wednesday. Everyone is welcome, please come worship with us. Tom Schwankweiler, Pastor. Phone 453-6052.

# The Lists

## Concerts

### Pollstar's top tours

Ranks artists by average box office gross per city and includes the average ticket price for shows in North America. The previous week's ranking is in parentheses.

1. (1) The Rolling Stones; \$7,772,849; \$345.49.	9. (8) Bruno Mars; \$1,029,608; \$71.36.
2. (New) Paul McCartney; \$3,620,049; \$131.27.	10. (9) New Kids On The Block; \$830,439; \$65.06.
3. (2) Taylor Swift; \$3,021,717; \$86.51.	11. (New) Blake Shelton; \$672,657; \$32.24.
4. (3) Kenny Chesney; \$2,246,701; \$75.53.	12. (10) Tim McGraw; \$586,428; \$38.25.
5. (4) Fleetwood Mac; \$1,427,403; \$110.90.	13. (11) Brad Paisley; \$569,683; \$36.13.
6. (New) Phish; \$1,391,413; \$48.76.	14. (New) Rascal Flatts; \$567,025; \$40.02.
7. (5) Justin Bieber; \$1,267,409; \$80.71.	15. (12) Carrie Underwood; \$527,808; \$70.00.
8. (6) Dave Matthews Band; \$1,134,333;	



## Best-Sellers

### Wall Street Journal FICTION

- "Mistress" by James Patterson, David Ellis (Little, Brown)
- "The Cuckoo's Calling" by Robert Galbraith (J.K. Rowling)
- "Inferno" by Dan Brown (Doubleday)
- "The Surprise Attack of Jabba the Puppet" by Tom Angleberger (Amulet Books)
- "Hotshot" by Julie Garwood (Dutton Books)
- "And the Mountain Echoed" by Khaled Hosseini (Riverhead)
- "The Fault in Our Stars" by John Green (Dutton Books)
- "Pete the Cat" by James Dean (HarperCollins)
- "First Sight" by Danielle Steel (Delacorte Press)
- "The Last Witness" by W.E.B. Griffin, William E. Butterworth (Putnam Adult)

## NONFICTION

- "Zealot" by Reza Aslan (Random House)
- "Happy, Happy, Happy: My Life and Legacy as the Duck Commander" by Phil Robertson and Mark Schlabach (Howard Books)
- "Jesus Calling: Enjoy Peace in His Presence" by Sarah Young (Thomas Nelson Publishers)
- "StrengthsFinder 2.0" by Tom Rath (Gallup Press)
- "Lean In" by Sheryl Sandberg (Knopf)
- "This Town" by Mark Leibovich (Blue Rider Press)
- "The Duck Commander Family" by Willie Robertson (Howard Books)
- "Jerusalem: A Cookbook" by Yotam Ottolenghi and Sami Tamimi (Ten Speed Press)
- "Life Code" by Phil McGraw (Bird Street Books)
- "Lawrence in Arabia" by Scott Anderson (Doubleday)



## FICTION E-BOOKS

- "Burn" by Maya Banks (Penguin Group)
- "Mistress" by James Patterson, David Ellis (Little, Brown)
- "High Heat" by Lee Child (Random House)
- "The Cuckoo's Calling" by Robert Galbraith (Little Brown)
- "Hotshot" by Julie Garwood (Penguin Group)
- "The Husband's Secret" by Liane Moriarty (Penguin Group)
- "Jane's Melody" by Ryan Winfield (Ryan Winfield)
- "Inferno" by Dan Brown (Doubleday)
- "The English Girl" by Daniel Silva (HarperCollins)
- "The Sky Unwashed" by Irene Zabytko (Algonquin Books)

Daniel Silva (HarperCollins)  
10. "The Sky Unwashed" by Irene Zabytko (Algonquin Books)

## NONFICTION E-BOOKS

- "Zealot" by Reza Aslan (Random House)
- "Orange Is the New Black" by Piper Kerman (Random House)
- "The Art of Loving" by Erich Fromm (Open Road Media)
- "The Good Soldiers" by David Finkel (Farrar, Straus and Giroux)
- "Merle's Door" by Ted Kerasote (Houghton Mifflin)
- "This Town" by Mark Leibovich (Penguin Group)
- "Proof of Heaven" by Eben Alexander (Simon & Schuster)
- "The Butler" by Wil Haygood (Atria)
- "Three Few Precious Days" by Christopher Andersen (Gallery Books)
- "Collision 2012" by Dan Balz (Penguin Group)

# PLACES TO WORSHIP

## EPISCOPAL

♦ **St. Agnes Episcopal Church**, 3840 Lakeview Drive, Sebring, FL 33870. Father Scott Walker. Sunday Services: Holy Eucharist Rite I - 7:45 a.m., Holy Eucharist Rite II - 10 a.m. Midweek service on Wednesday at 6 p.m. Sunday School for all ages at 9 a.m. The nursery is open 8:45 a.m. until 15 minutes after the 10 a.m. service ends. Wednesday: Adult Bible study, 9:30 a.m. Visitors are always welcome. Church office 385-7649, for more information.

♦ **St. Francis of Assisi Anglican Episcopal Church**, 43 Lake June Road, Lake Placid, FL 33852. Phone: 465-0051. Rev. Elizabeth L. Nelson, Rector. Summer Sunday schedule, 9 a.m. and 6 p.m., June 2-Sept. 1, 10 a.m. Bible study, 6 p.m. Wednesday: Holy Communion with healing service, 9 a.m. Thursday. St. Francis Thrift Shop, 9 a.m.-4 p.m. Monday-Friday, and 10 a.m.-4 p.m. Saturday. (863) 840-3715.

## EVANGELICAL FREE CHURCH OF AMERICA

♦ **The Church of the Way EFCA**, 1005 N. Ridgewood Drive, Sebring. Sunday school and worship service at 9 a.m. and 10:30 a.m. Youth activities, 6:30 p.m. Wednesdays. The Way is a church family who gathers for contemporary worship, teaching of God's Word, prayer and fellowship. Come early and stay after for fellowship time. Child care and children's church are provided. Reinhold Buxbaum is pastor. The Way - A place for you. Office Phone: 471-6140, Church Cell Phone: 273-3674. Email: [thewaychurch@hotmail.com](mailto:thewaychurch@hotmail.com). Web site: [www.TheWayChurch.org](http://www.TheWayChurch.org)

## GRACE BRETHREN

♦ **Grace Brethren Church**, 3626 Thunderbird Road, (863) 835-0869. Dr. Randall Smith, senior pastor. Sunday services at 9 a.m., 10:45 a.m. and 6 p.m.; Wednesday services at 7 p.m. We offer "Kid City" Children's Ministry throughout all services, and there are various other classes for teens, married couples, "primitimers," and Bible studies in Spanish. "Kid City" Day Care, Preschool and After-School Monday-Friday: 7 a.m.-6 p.m. (For registration call: 385-3111). Check us out on the Web at [www.sebringgrace.org](http://www.sebringgrace.org).

## INDEPENDENT

♦ **First Christian Church**, 1016 W. Camphor St., Avon Park, FL 33825; (863) 453-5334; on the Web at [www.firstchristianap.com](http://www.firstchristianap.com). Our motto is "Jesus is First at First Christian Church." Greg Ratliff, Senior Minister; Bible School 9 a.m.; Worship 10 a.m.; Wednesday studies for all ages, 6 p.m. Nursery provided for all events.

## INTERDENOMINATIONAL

♦ **World Harvest and Restoration Ministries**, (non-denominational) 2200 N. Avon Blvd., Avon Park, FL 33825. Phone: 452-9777 or 453-3771. Sunday service: Sunday School, 10 a.m. and worship, 11 a.m. Wednesday services: 7 p.m. prayer meeting/Bible study. Pastor: W.H. Rogers.

## LUTHERAN

♦ **Atonement Lutheran Church (ELCA)**, 1178 S.E. Lakeview Drive., Sebring. David Thoresen, Deacon, Spiritual Leader, on first, third and fifth Sunday each month, and Rev. Jefferson Cox on the second and fourth Sunday of each month. Jim Helwig, organist/choir director. Worship service at 9:30 a.m.; Holy Eucharist is every Sunday. Coffee hour on the first and third Sunday of each month. Council meeting on the first Tuesday of month; Ladies Group WELCA meets at noon second Tuesday of month with lunch. Bring a dish to pass. Labyrinth Prayer Garden open seven days a week to congregation and community. Come grow with us. Phone 385-0797.

♦ **Christ Lutheran Church Avon Park - LCMS**, 1320 County Road 64, 1/2 mile east of Avon Park High School past the four-way stop sign. Sunday Divine Worship is at 10 a.m. Holy Communion is celebrated every week with traditional Lutheran Liturgy, hymns and songs of praise. Fellowship time with coffee and refreshments follows worship. Come worship and fellowship with us. For information call Pastor Scott McLean at (863) 471-2663 or see [christlutheranavonpark.org](http://christlutheranavonpark.org).

♦ **Faith Lutheran Church - LCMS**, 2740 Lakeview Dr, Sebring Church phone: 385-7848 Faith Child Development Center: 385-3232. Summer Sunday Worship Service: 10 a.m. Communion served 1st, 3rd & 5th Sunday. Sunday School & Bible Classes: 9:00 a.m. Worship Svc. Broadcast at 10 a.m. on WITS 1340AM each Sunday. Educational opportunities include weekly adult Bible studies, Faith's Closet Thrift Store (385-2782) is open from 10 a.m.-2 p.m. Tuesday-Friday and 10 a.m.-1 p.m. Saturday. All are warmly welcome in the Family of Faith.

♦ **Good Shepherd Lutheran Church (AALC) American Association of Lutheran Churches**, 3240 Grand Prix Drive, Sebring, FL 33872. James Weed, pastor. Worship Service, 10:30 a.m. Sunday. Bible Study, 9 a.m. Nursery provided. Social activities: Choir, Missions, Evangelism. Phone 385-2346.

♦ **New Life Evangelical Lutheran Church**, 3725 Hammock Road, a Congregation of the Evangelical Lutheran Synod (ELS) in fellowship with the Wisconsin Evangelical Lutheran Synod (WELS). Sunday Worship at 10 a.m.; Bible Study, 9 a.m. For more information, call Pastor Luke Willitz at 385-2293 or visit the Web site at [www.newlifesebring.com](http://www.newlifesebring.com).

♦ **Resurrection Lutheran Church - ELCA**, 324 E. Main St., at Memorial Drive, Avon Park. Pastor Rev. John C. Grodzinski. Sunday worship at 8 and 10:30 a.m.; Sunday School at 9:15 a.m. Fragrance Free Service Wednesdays at 7 p.m. Open Communion celebrated at all services. "God's Work, Our Hands."

♦ **Trinity Lutheran Church - LCMS**, 25 Lakeview St., Lake Placid, FL 33852; 465-5253. The Rev. Richard A. Norris, pastor; Susan C. Norris, Trinity Tots Pre-School director; and Noel Johnson, minister of youth and family life. Worship schedule after Easter through December: Worship service 10 a.m., and Education Hour, 8:45 a.m. Worship schedule for January through Easter: Worship service, 8:30 and 11 a.m., Education Hour 9:45 a.m. Traditional Service with Holy Communion each first and third Sunday. Non-Traditional Service each second, fourth and fifth Sunday. Seasonal mid-week services Wednesday evenings during Lent and Advent. Call church office for additional Worship times and special holiday services. Other activities and groups include: Choirs; Ladies Guild and LWML; Men's Fellowship Group, Small Group Bible Studies as scheduled; Trinity Tots Pre-school, Youth Group activities (call for meeting times and dates). Visit us online at: [www.Trinitylutheranlp.com](http://www.Trinitylutheranlp.com).

## NON-DENOMINATIONAL

♦ **Bible Fellowship Church**, 3750 Hammock Road, Sebring, FL 33872. Sunday: American Sign Language: First Worship sermon, songs signed first and second Worship services. First Worship service, 9 a.m.; Second Worship service, 10:45 a.m. Nursery (up to 2 years old) and Sunday school classes both hours. BFC Youth, 6 p.m.; Evening Service, 6 p.m. Wednesday: Children, ages 4 yrs through 5th grade, 6 p.m.; Youth, 6-7:30 p.m.; Prayer time, 6:15 p.m. Todd Patterson, pastor; Andy McQuaid, associate pastor. Web site [www.bfcsebring.com](http://www.bfcsebring.com). Church office 385-1024.

♦ **Calvary Church**, 1825 Hammock Road, Sebring, FL 33872; 386-4900. An independent community church. Sunday morning worship, 10 a.m.; Bible study, 11:15 a.m.; Sunday evening service, 6 p.m. Pastor Lester Osbeck. A small friendly church waiting for your visit.

♦ **Christian Training Ministries Inc.**, on Sebring Parkway. Enter off County Road 17 on Simpson Avenue. Sunday service is

at 10 a.m.; Wednesday Bible study at 7 p.m. A nursery and children's church are provided. The church is part of Christian International Ministries Network, a full gospel, non-denominational ministry. Linda M. Downing, minister, [lindadowning@live.com](mailto:lindadowning@live.com). Casey L. Downing, associate minister, [caseydowning@hotmail.com](mailto:caseydowning@hotmail.com). Church phone: 314-0482. Web site: [www.ctmforme.com](http://www.ctmforme.com)

♦ **Crossroads of Life**, 148 E. Interlake Blvd., Lake Placid, FL 33852; Tel. 863-655-9163. The place of your Divine appointment. We expect our supernatural God to transform our lives through His power and grace. Come, learn of His plan and destiny for you. With His plan we receive His provision along with His perfect timing and opportunity. What you have longed for, but have been missing, can now be received. The direction you have been thirsty for will suddenly quench your parched soul. Come to experience what you have been missing for so long - empowerment in every area of life. We teach, train and send forth to win souls. You don't speak English - no problema. We have a Spanish interpreter. We look forward to fellowship and worship with you at 7 p.m. every Wednesday. Pastors Gil and Rosa Benton (Faith Never Fails).

♦ **Grace Bible Church**, 4541 Thunderbird Road, (second church on left) Sebring, FL 33872. Phone, 382-1085. Dustin Woods, lead pastor. Saturday Worship, 6:30 p.m. Sunday, 9 and 11 a.m. Monday, 5:30-7:30 p.m.; Wednesday, Children's & Youth Programs, 6 p.m.; Wednesday, 8:30 p.m., College Ministry. [www.GBCconnected.org](http://www.GBCconnected.org)

♦ **Faith Center West Ministry**, "Restoring Lives, Families & Communities." In the Banyan Plaza at 2349 U.S. 27 South, Sebring, FL 33870. Pastors Leroy and JoAnn Taylor the public to worship on Sundays at 11 a.m. for Praise & Worship and on Wednesdays at 7 p.m. for Bible study and prayer. Children classes are available for all services. Ministries for youth, men and women are held throughout the month. Please attend these Spirit-filled services. "Moving Forward in Unity". Church office, 385-1800 or 655-2748.

♦ **Highlands Community Church**, a casual contemporary church, meets at 3005 New Life Way. Coffee at 9:30 a.m.; Worship at 10 a.m. Nursery and Kid's World classes. Small groups meet throughout the week. Church phone is 402-1684; Pastor Bruce A. Linhart.

♦ **New Beginnings Church of Sebring**, worshipping at The Morris Chapel, 307 S. Commerce Ave., Sebring, FL 33870. Pastor Gary Kindle. Bible study every Sunday, 9 a.m. Blended Church Service, 10:15 a.m. Phone (863) 835-2405. [newbeginningschurchofsebring.com](http://newbeginningschurchofsebring.com) Begin your week with us.

♦ **The Lord's Sentinel Fellowship Church**, 148 E. Interlake Blvd., Lake Placid (at Lake Placid Christian School), Pastor Juanita Folsom. Sunday morning service, 10:30 a.m.; Monday, Sentinel School of Theology, 7 p.m.; Church service, Tuesday, 7 p.m. More information at [www.juanitafolsomministries.com](http://www.juanitafolsomministries.com).

♦ **Union Church**, 106 N. Butler Ave., Avon Park, FL 33825. Contemporary worship service is at 6:30 p.m. Saturday with Pastor Tiger Gullett. Sunday traditional worship service is at 7:45 a.m. and 9 a.m. Contemporary Sunday worship service is at 10:45 a.m. Nursery and children's church on Saturday nights and 9 and 10:45 a.m. Sundays. Breakfast and lunch menus at Solid Grounds. Senior Pastor is Bill Breylinger. Office: 453-3345. Web page at [www.wearunion.org](http://www.wearunion.org).

♦ **Unity Life Enrichment Centre**, new location, 10417 Orange Blossom Blvd. S., Sebring, FL 33875; 471-1122; e-mail [unity@vistanet.net](mailto:unity@vistanet.net). Web site, [www.unity-ofsebring.org](http://www.unity-ofsebring.org). 10:30 a.m. Sunday Celebration Service, Nursery and Children's Church, Weekly Classes, Christian Bookstore and Cafe, Prayer Ministry, Life Enrichment Groups. Rev. Andrew C. Conyer, senior minister transforming lives from ordinary to extraordinary.

## PRESBYTERIAN

♦ **Covenant Presbyterian Church (PCA)**, 4500 Sun 'N Lake Blvd., Sebring, 33872-2113. Pastor Tom Schneider. A Congregation of the Presbyterian Church

in America. Sunday morning worship: Traditional service, 10:30 a.m.; Sunday school, 9:15 a.m. Wednesday evening Prayer Meeting, 6 p.m.; Children's/Youth Group, 5:30-7 p.m.; choir practice, 7:15 p.m. Phone: 385-3234; Fax: 385-2759; e-mail: [covpres@strato.net](mailto:covpres@strato.net); Web site: [www.cpc-sebring.org](http://www.cpc-sebring.org). Office hours: 8:30-12:30 a.m. Monday-Friday.

♦ **First Presbyterian Church ARP**, 215 E. Circle St., (two entrances on LaGrande), Avon Park, FL 33825. Phone: 453-3242. The Rev. Robert Johnson is the pastor. Sunday School, 9:15 a.m.; Sunday Worship, 10:45 a.m.; Wednesday Bible study, 10:30 a.m.; Potluck dinner, 6 p.m. third Wednesday; choir practice, 6:30 p.m. each Wednesday; Children Ministry and Youth Group, 6 p.m. each Friday; Mary Circle business meeting, 1 p.m. second Wednesday; Sarah Circle business meeting, 4 p.m. second Thursday; Women's Ministries Combined Bible study, 4 p.m. third Thursday. Be a part of a warm, caring church family with traditional services, following biblical truth.

♦ **First Presbyterian Church, ARP**, 319 Poinsettia Ave., Sebring, FL 33870. 385-0107. Email: [faith@strato.net](mailto:faith@strato.net), Rev. Darrell A. Peer, pastor. Sunday School, all ages, 9:30 a.m.; Worship Service, 11 a.m. Youth Group (middle school and high school age), 3:30-6:30 p.m. Tuesdays. Wednesday: Adult Bible Study, 10:30 a.m. Nursery available during worship. Call the church office for more information and other classes.

♦ **First Presbyterian Church, ARP**, [www.fpcpl.com](http://www.fpcpl.com), 117 N. Oak Ave., Lake Placid, 465-2742. The Rev. Ray Cameron, senior pastor; the Rev. Drew Severance, associate pastor. Sunday Traditional Worship, 9 a.m.; Contemporary Worship, 11 a.m.; Sunday School, 10:10 a.m. Wednesday evenings: Adult small group Bible Study 7 p.m. (Nursery available), Youth Group - 6-12th grades) 7 p.m., nursery and children's ministry, 7 p.m. Family Biblical Counseling available by appointment.

♦ **Spring Lake Presbyterian Church (USA)**, 5887 U.S. 98, Sebring, FL 33876. Sunday School, 9 a.m.; Worship Service, 10 a.m. Session meets at 6:30 p.m. the second Thursday of the month, September through June. Board of Deacon's meet at 5:30 p.m. first Monday of the month. Choir rehearses at 7 p.m. each Wednesday, September through April. Presbyterian Women meet at 10 a.m. the third Thursday of the month. Organist: Richard Wedig. Choir Director: Suzan Wedig. Church phone, 655-0713; e-mail, [springlakepc@embarqmail.com](mailto:springlakepc@embarqmail.com), Web site, <http://slpc.embarqspace.com>.

## SEVENTH-DAY ADVENTIST

♦ **Avon Park Seventh-day Adventist Church**, 1410 West Avon Blvd., Avon Park. Phone: 453-6641 or e-mail: [avon-parksda@embarqmail.com](mailto:avon-parksda@embarqmail.com), Sabbath School, 9:30 a.m. Saturday. Church Service 10:45 a.m. Saturday. Wednesday prayer meeting 7 p.m. Community Service hours on Tuesday and Thursday is from 9:00 a.m. till 2 p.m. A sale takes place the first Sunday of each month. Senior Pastor Frank Gonzalez. Walker Memorial Academy Christian School offering education for kindergarten through 12th grades. ALL ARE WELCOME. Associate Pastor is Ryan Amos. Website is [www.discoverjesus.org](http://www.discoverjesus.org)

♦ **Sebring Seventh-Day Adventist Church**, 2106 N. State Road 17, Sebring; 385-2438. Worship Services: 9:15 a.m. Worship hour, 11 a.m. Prayer meeting, Tuesday, 7:15 p.m. Community service: every Monday 9-11 a.m. Health Seminar with Dr. Seralde, every Friday, 10:00 a.m. Pastor Nathan Madrid.

## THE CHURCH OF LATTER DAY SAINTS

♦ **The Church of Jesus Christ of Latter Day Saints**, 3235 Grand Prix Dr., Sebring, FL 33872; (863) 382-9092 Steve Austin, Bishop; Mark Swift, 1st Counselor; Del Murphy, 2nd Counselor. Family History Center (863) 382-1822. Sunday Services:

Sacrament Meeting, 10-11:10 a.m.; Gospel Doctrine, 11:20 a.m. to noon; Priesthood/Relief Society, 12:10-1p.m.; Primary for children, 11:15 a.m. to 1 p.m.; Youth Activities: Wednesdays, 7-8:20 p.m. Scouts: first and third Wednesday, 7-8:20 p.m. Activity Days: 8-11 yr old Boys and Girls, second and fourth Wednesdays, 7-8:20 p.m.

## THE SALVATION ARMY

♦ **The Salvation Army - Center for Worship**. Sunday: Sunday School, 9:45 a.m.; Holiness meeting, 11 a.m.; and Praise meeting and lunch, noon. Tuesday: Bible study, 6:30 p.m.; and Women's Ministries, 7 p.m. Wednesday: Youth Ministries, 4 p.m. All meetings are at 120 N. Ridgewood Ave., Sebring. For more information, visit the Web site [www.salvationarmysebring.com](http://www.salvationarmysebring.com) or call Major Bruce Stefanik at 385-7548, ext. 110.

## UNITED METHODIST

♦ **First United Methodist Church**, 105 S. Pine St., Sebring, FL 33870. The Rev. A.C. Bryant, pastor. Traditional Worship Service at 8:10 and 10:50 a.m. in the sanctuary, Contemporary Worship in the FLC at 9:30 a.m. Sunday School at 9:30 and 10:30 a.m. Methodist Youth Fellowship at 5:30 p.m. Sundays with Rick Heilig, youth director. The 10:55 a.m. Sunday worship service is broadcast over WITS 1340 on AM dial. There is a nursery available at all services.

♦ **First United Methodist Church**, 200 S. Lake Ave., Avon Park, FL 33825. (863) 453-3759, Devon Jarrett, Pastor. Sunday School - 9 a.m., Worship - 10:30 a.m. Bible study every Wednesday at 6 p.m. Visit us at our church website: [www.fum-cap.org](http://www.fum-cap.org).

♦ **Memorial United Methodist Church**, 500 Kent Ave., (overlooking Lake Clay) Lake Placid, FL, 33852. Rev. Tim Haas, pastor. Rev. Claude H.L. Burnett, pastoral assistant. Rev. Jerry McCauley, visitation pastor. Sunday worship services: Worship Service, 8:30 a.m. and 10:45 a.m. Sunday School, 9:30 a.m. Loving nursery care provided every Sunday morning. Youth Fellowship, 5 p.m. We offer Christ-centered Sunday school classes, youth programs, Bible studies, book studies and Christian fellowship. We are a congregation that wants to know Christ and make Him known. Check out our church website at [www.memorialumc.com](http://www.memorialumc.com) or call the church office at 465-2422. Lakeview Christian School, VPK to Grade 5, 465-0313.

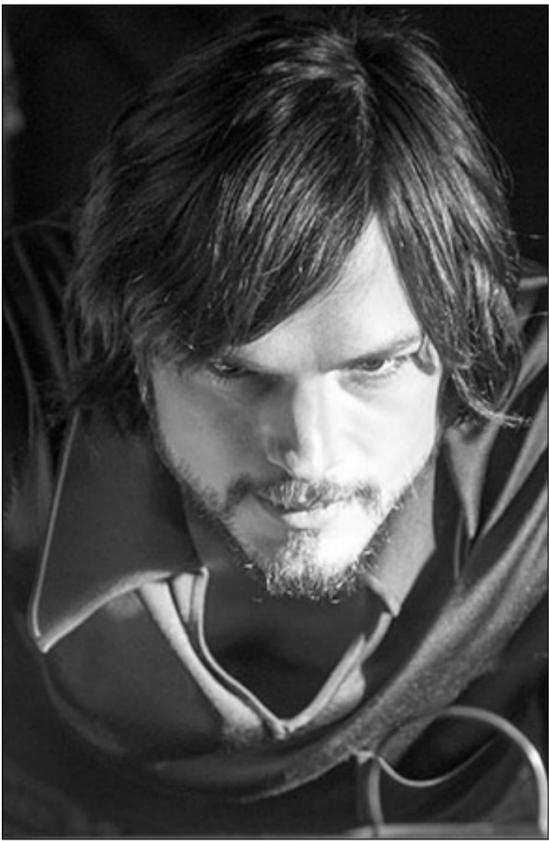
♦ **St. John United Methodist Church**, 3214 Grand Prix Drive, Sebring, FL 33872. The Rev. Ronald De Genaro Jr., Pastor. Sunday School, 9:30 a.m.; Adult Sunday School, 11 a.m.; Sunday Morning Worship, 8 a.m., 9:30 a.m. and 11 a.m. Nursery provided for all services. Phone 382-1736. [www.stjohnsebring.org](http://www.stjohnsebring.org)

♦ **Spring Lake United Methodist Church**, 8170 Cozumel Lane, (Hwy 98) Sebring. The Rev. Clyde Weaver Jr., Pastor. Worship service starts at 9:55 a.m. Bible Study meets at 10:00 a.m. on Tuesday. Choir Practice at 4:00 p.m. on Thursday. Church office phone: 655-0040.

## UNITED CHURCH OF CHRIST

♦ **Emmanuel United Church of Christ**, Jesus didn't reject people, neither do we. Join us for worship every Sunday at 9:30 a.m. and you'll be embraced by a compassionate congregation that is all-inclusive. We're at the corner of Hammock and Hope. Choir and Bell Choir practice on Wednesday; Bible studies throughout the week. 471-1999; [sebringemmanuelucc.com](http://sebringemmanuelucc.com).

## Entertainment



MCT  
Ashton Kutcher plays Steve Jobs in the new biopic about the iconic Apple founder.

## ‘Jobs’ is about Apple more than the man

By SANDY COHEN

AP Entertainment Writer

A better title for this film might have been “The History of Apple Computers.”

“Jobs” aims to be the first biopic about tech giant Steve Jobs (Sony’s Aaron Sorkin project is next), but instead of offering insight into the man, it’s a chronology of Apple and the advent of personal computers.

Ashton Kutcher plays Jobs convincingly enough. The “Two and a Half Men” star looks uncannily like the Apple co-founder, right down to the lumbering gait, and there’s no trace of Kutcher’s kooky-character past here. But with a script by first-time screenwriter Matt Whitely that focuses more on corporate events than characters, there’s no chance to look deeper into the man behind the Mac.

Directed by Joshua Michael Stern (“Swing Vote”), “Jobs” opens with the Apple chief introducing the first iPod in 2001. Then it jumps back almost 30 years, when Jobs was a scruffy, barefoot, Reed College dropout on campus just for kicks. (James Woods appears briefly as a concerned school administrator, but is never seen again.) Jobs hallucinates in a field, travels to India, and suddenly it’s 1976, and he’s struggling in his job at Atari. Prone to outbursts and, apparently, body odor, he turns to his friend, Steve “Woz” Wozniak (Josh Gad), for help. Jobs discovers a computer prototype Woz built, and a few months later, Apple Computers is born.

Gad is the heart of the film. Though his character, like the others, is weakly developed, Gad’s vulnerability as Wozniak makes him the most relatable. There’s also heart in the soundtrack, a romp through the 1960s and 70s that includes songs by Cat Stevens, Joe Walsh and Bob Dylan.

Jobs, on the other hand, could be a real jerk. He dismisses his pregnant girlfriend (Ahna O’Reilly) and denies paternity of their daughter. He withholds stock benefits from founding members of his team. If a colleague doesn’t share his vision, he fires them on



### Movie Review

#### ‘Jobs’

**Rating:** PG-13 (some drug content and brief strong language)

**Running time:** 127 minutes

**Review:** ★★★ (of 4)

the spot. Loudly. The one scene where Jobs cries isn’t enough to make you like the guy.

After he and Woz make a deal with investor Mike Markkula (Dermot Mulroney), the film spends a lot of time at Apple headquarters, where Jobs is a hot-tempered perfectionist. His insistence on quality and innovation above all doesn’t sit well with board director Arthur Rock (a sadly bland J.K. Simmons), who unites with newly appointed CEO John Sculley (Matthew Modine) to remove the company co-founder from his post.

The decade the film skips — when an ousted Jobs created his software company NeXT, which he eventually sold to Apple — seems like a lost chapter that could have illuminated it subject. How does such a driven man survive after being driven out? Instead, the film picks up in 1996, when Jobs inexplicably has a new wife and young son; his now college-age daughter snoozing on the living-room couch.

He’s lured back to Apple and transforms it into the most profitable company in the world. (That’s not a spoiler, it’s history — you can check it on your iPhone.)

And that’s the problem with “Jobs.” While it’s interesting to see the history of Apple and how Jobs’ singular determination was crucial to its success, the history of a company isn’t as compelling as the history of a person, especially one as complex, innovative and influential as Steve Jobs.

# Digital era threatens tenuous future of drive-ins

By MITCH STACY

Associated Press

LANCASTER, Ohio — Through 80 summers, drive-in theaters have managed to remain a part of the American fabric, surviving technological advances and changing tastes that put thousands out of business. Now the industry says a good chunk of the 350 or so left could be forced to turn out the lights because they can’t afford to adapt to the digital age.

Movie studios are phasing out 35 mm film prints, and the switch to an eventually all-digital distribution system is pushing the outdoor theaters to make the expensive change to digital projectors.

The \$70,000-plus investment required per screen is significant, especially for what is in most places a summertime business kept alive by mom-and-pop operators. Paying for the switch would suck up most owners’ profits for years to come.

The United Drive-In Theatre Owners Association figures 50 to 60 theaters have already converted. At least one operator decided to close instead of switch, but it’s not clear how many more might bite the dust.

“Everyone knows eventually that you’ll be digital or you’ll close your doors,” says Walt Effinger, whose Skyvue Drive-In in the central Ohio town of Lancaster has been showing movies on an 80-foot screen since 1948.

“Some will. If you’re not doing enough business to justify the expense, you’re just going to have to close up.”

Effinger worked at the Skyvue off and on for 30 years before he and his wife, Cathie, bought it two decades ago. They converted to digital last year, the first of the state’s 29 drive-ins to do so. Because the films now come on a device the size of a portable hard drive and are downloaded to his projector, it’s less hassle for him on movie nights and gives viewers a stunningly brighter, clearer image.

Think of the picture on a flat-screen digital TV, compared with the old tube set.

The digital transformation has been underway in the film industry for more than a decade because of the better picture and sound quality and the ease of delivery — no more huge reels of film. The time frame isn’t clear, but production companies are already phasing out traditional 35 mm film, and it’s expected to disappear completely over the next few years.

“We know fewer and fewer prints are being struck,” says D. Edward Vogel, who runs the historic Bengies Drive-In in Baltimore and is spokesman for the United Drive-In Theatre Owners Association.

An industry incentive program will reimburse theater owners 80 percent of the cost of conversion over time, Vogel says, but because most drive-ins are small, family-run businesses, it’s hard for many to find the money, period. And the reimbursement doesn’t cover the tens of thousands of dollars more that many will have to spend renovating projection rooms to create the climate-controlled conditions needed for the high-tech equipment.

It’s a dilemma also faced by the nation’s small independent theaters, many of them struggling to pay for



Chuck Berman/Chicago Tribune/MCT

The Cascade Drive In outdoor movie theater in West Chicago was converted from 35mm film to a digital projection system this year. The upgrade includes digital sound, which will improve sound from these car speakers.

conversion to digital years after corporate-owned multiplexes already did it.

Darci and Bill Wemple, owners of two drive-ins in upstate New York, hope an online competition will help them with the \$225,000 to \$250,000 they figure it will cost to switch their three screens.

The American Honda Motor Co. is compiling online votes for the nation’s favorite drive-ins and is going to pay the digital conversion costs for the top five vote-getters. The Wemples say that if they don’t get help, they’ll have to consider

closing up.

“To make this kind of conversion with three screens is like trying to buy another drive-in all over again,” says Darci Wemple, whose El Rancho theater in Palatine Bridge is among dozens of drive-ins featured in the Honda ad promotion.

The number of drive-ins peaked at more than 4,000 in the late 1950s. Now there are 357.

Robyn Deal and Dave Foraker have been going to the Skyvue in Lancaster since they were both in school in the 1960s and early ’70s. On a recent weekend

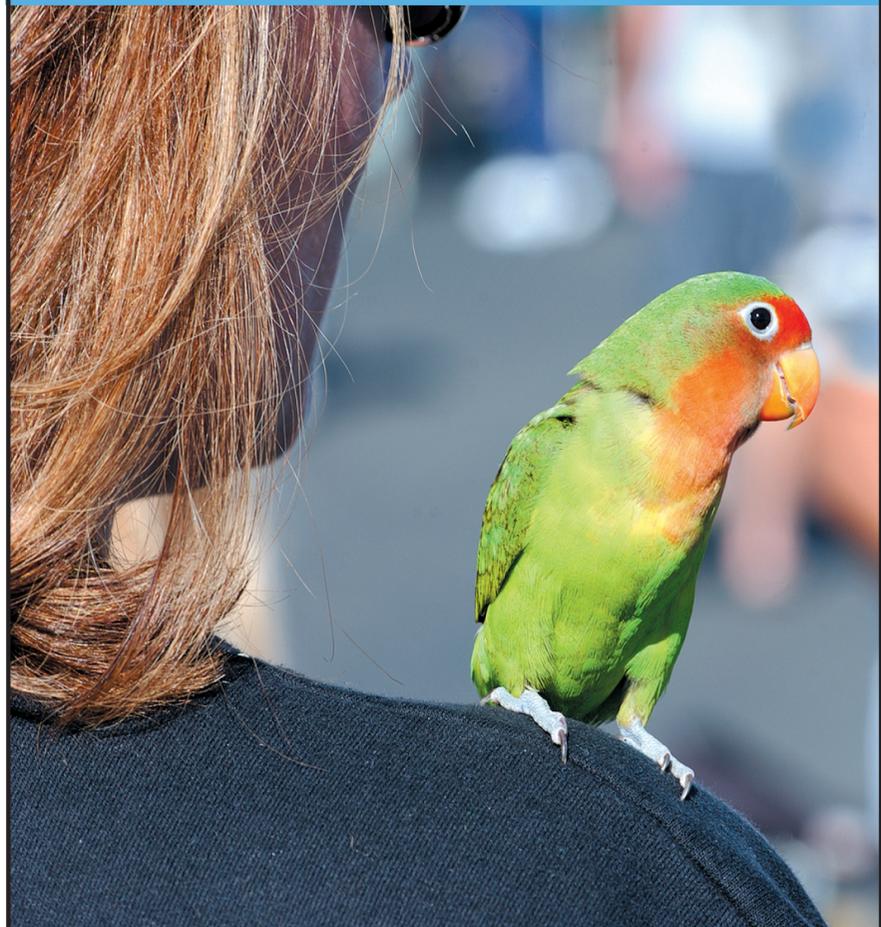
night, they sat together in folding chairs outside their car, blankets on their laps and their 12-year-old dachshund, Wilson, getting lots of attention just before a double feature of “Turbo” and “The Wolverine.”

“So much of our heritage is going away, and this is one of them,” said the 60-year-old Foraker, who figures his first movie at the Skyvue was “Who’s Afraid of Virginia Woolf?” around 1966.

“A lot of the things I did when I was kid are gone,” he said. “I think they’re trying to keep what’s left.”

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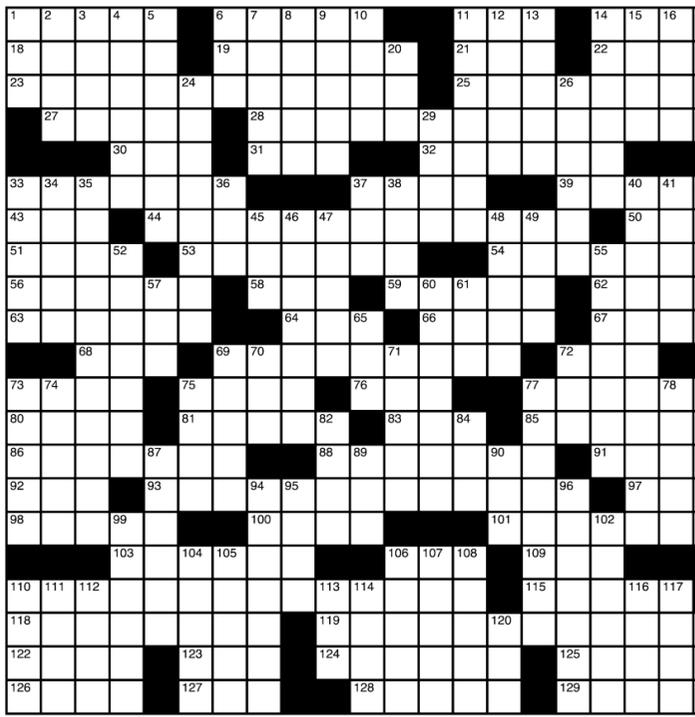
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# Diversions/Puzzles

## EXTRA! EXTRA!

- ACROSS**
- 1 Gelatin garnish
  - 6 Engaged in battle
  - 11 99 on tags, often: Abbr.
  - 14 \_\_\_ and Buster Bunny: "Tiny Toons" stars
  - 18 Disco era star
  - 19 Buzzed
  - 21 Scoot
  - 22 Zeno's town
  - 23 Newspaper for visionaries?
  - 25 Said over
  - 27 Golfer Watson
  - 28 Newspaper for convicts?
  - 30 Shirt part
  - 31 \_\_\_ candy
  - 32 Gp. with a Creative Cities Network project
  - 33 Attribute
  - 37 What some lie in
  - 39 Open, as a vitamin bottle
  - 43 Classic roadster
  - 44 Newspaper for settlers?
  - 50 Harem chamber
  - 51 Jack-in-the-pulpit family
  - 53 1982 Grammy winner for Record of the Year
  - 54 "Cool!"
  - 56 Kindle
  - 58 911 respondent
  - 59 In again
  - 62 Barely manages, with "out"
  - 63 Chose not to pursue, as an issue
  - 64 Morning deity
  - 66 Oil filter accumulation
  - 67 Golfer's back
  - 68 Dietary no.
  - 69 Newspaper for skiers?
  - 72 "The Bells" poet
  - 73 Country poem
  - 75 Ready for business
  - 76 Tyke
  - 77 Twisted
  - 80 Jazzman Allison
  - 81 Order to a boxer
  - 83 Old PC monitor
- DOWN**
- 1 Put in
  - 2 Ending for ab or ad
  - 3 Tire, in Toulouse
  - 4 Where many jokes are set
  - 5 Fabric used in lace
  - 6 "Without further \_\_\_ ..."
  - 7 Start of a postwar period
  - 8 Fret
  - 9 Potts of "Designing Women"
  - 10 Paper unit
  - 11 Italian red
  - 12 Best-seller list datum
  - 13 Tarot readers
  - 14 Major Boston street
  - 15 Like some saxes
  - 16 Craft \_\_\_
- 85 Pied-\_\_\_: temporary home
- 86 Eccentric
- 88 Museum offering
- 91 Blacken
- 92 Baja bear
- 93 Newspaper for hams?
- 97 Complex bus. office
- 98 Not inclined to go on
- 100 1990s game console release, initially
- 101 "No sweat"
- 103 Heckle
- 106 "Have You Seen \_\_\_": 1971 hit
- 109 Old cosmonauts' destination
- 110 Newspaper for demons?
- 115 Greet the day
- 118 Tiramisu flavoring, perhaps
- 119 Newspaper for wedding planners?
- 122 Scrabble piece
- 123 Canal site
- 124 Dieter's statistic
- 125 Extract with a solvent
- 126 Belligerent Olympian
- 127 Cape Town's country: Abbr.
- 128 Ring leader?
- 129 Painter Neiman

By AMY JOHNSON



Solution on page B5

- 17 DUI-fighting org.
- 20 Sixth-century year
- 24 Big Scouts meeting
- 26 Dismiss, as a potential juror
- 29 Jour's opposite
- 33 Thin as \_\_\_
- 34 Suit material
- 35 Newspaper for bumpkins?
- 36 "Evil Woman" rockers, familiarly
- 37 Colorless
- 38 Banned fruit spray
- 40 Newspaper for bakers?
- 41 Jingle writers
- 42 Bel \_\_\_: creamy cheese
- 45 Suffix with lact-
- 46 "I bet you don't know any!"
- 47 Being pulled
- 48 River to the Seine
- 49 Dweller on the forest moon of Endor
- 52 Good note for beginners to start on
- 55 Three amigos, e.g.
- 57 Aunt, to 55-Down
- 60 Voyage taken alone?
- 61 Place for a soak
- 65 Pvt.'s boss
- 69 Saw
- 70 Tokyo-based electronics giant
- 71 Rannoch and Tummel
- 72 Square in a breadbasket
- 73 "\_\_\_ making this up"
- 74 Put out
- 75 Greek mount
- 77 Guard
- 78 Pindar's Muse
- 79 Two-time Olivier Award winner Jacobi
- 82 Ancient Persian
- 84 "We really don't know yet," on a sched.
- 87 Ring of color
- 89 Omicron preceders
- 90 Addams family member
- 94 Dancing Duncan
- 95 Being broadcast
- 96 Stylist's supply
- 99 British counties
- 102 Hit that clears the bases
- 104 Blender brand
- 105 Casual good-byes
- 106 Come out of one's shell
- 107 \_\_\_ Sketch
- 108 Adjust the length of
- 110 Much input
- 111 Kuwaiti ruler
- 112 Depressed area
- 113 "\_\_\_ just can't wait to be king": "The Lion King" lyric
- 114 Prez's title
- 116 Whiskey drink
- 117 This, to 55-Down
- 120 www access
- 121 Mystery writer Josephine

# Singing out LOUD!



## Pause And Consider

Jan Merop

Driving along in the car with our two grandchildren, they immediately asked for music. So I put in a CD of children's songs that they are familiar with. We all joined in singing along with the kids on the CD.

Then I said, "Let's really sing out loud to praise God, O.K.?"

Their response was to do just that. But, our little 4 1/2-year-old granddaughter took it to another level. She sang so LOUD that she drowned out everyone.

Sometimes when you ask children to sing loud, they simply shout and there really isn't any music coming from them. Not so with Hayley. She never got off key or lost the melody.

When I looked back at her, she was smiling and moving her arms and legs probably wishing she could get out of her seat and dance. Such contagious joy was being expressed that I wished I could bottle it.

Psalm 147:1, NKJV, says, "Praise the Lord! For it is good to sing praises to our God; for it is pleasant, and praise is beautiful."

Music is a gift. This gift from God is not only in the sound and beauty of it, but is a grateful expression to the Lord. By singing or playing an instrument, we are able to release our devotion to God and ascribe to him the worth he

deserves.

When we sing, it's like we become an instrument of praise. When we play an instrument, our praise flows from our hearts through our fingers to lift the sound to a higher level.

When children love to sing and display an aptitude for it, we should encourage it with all the enthusiasm we possess.

From an early age, I loved to sing. I may have been shaking in my shoes each time my cousins and I sang duets and trios or when I did an occasional solo, but I couldn't deny the desire to express myself through music.

That love for music and the avenue to express God's truth through song was like a precious accompaniment of my love for song and words. Then when I met my husband Ken and we discovered that our voices blended, it was as if God had written his signature in a special way across our marriage. We enjoyed thinking of ourselves as 'musicians' spreading God's Word in song.

Let's sing out LOUD for the entire world to hear and express our love for God in this beautiful way. Selah

Jan Merop of Sebring is a correspondent for the News-Sun.

# Virgo should be careful choosing their friends

Metro News Service

**Aries (March 21-April 20)** – Now is a great time to explore new culinary horizons, Aries. You just may find a new type of cuisine that you never would have anticipated liking.

**Taurus (April 21-May 21)** – Taurus, if you feel like there haven't been too many opportunities to socialize with friends, host your own gathering of friends and family. Start planning now.

**Gemini (May 22-June 21)** – Gemini, sometimes forgetting responsibilities and acting like a child for a day can be good for the spirit. Take a mental health day and don't let worries get you down for a few hours.

**Cancer (June 22-July 22)** – Cancer, make travel plans before the summer passes you by. There has never been a better time to get out for a road trip or book a weekend jaunt to somewhere special.

**Leo (July 23-Aug. 23)** – Leo, it can be difficult to upstage you, but someone else steps into the spotlight at work and it has you reeling for a little while. Be the bigger person and offer congrats.

**Virgo (Aug. 24-Sept. 22)** – Virgo, you might be ultra careful when choosing friends, but keep in mind those closest to you have been there through thick and thin. Remember that this week.

**Libra (Sept. 23-Oct. 23)** – Libra, despite the many changes you have made, you still don't feel completely satisfied. You can't put your finger on what is off, but

## Horoscope

you will get to it eventually.

**Scorpio (Oct. 24-Nov. 22)** – Scorpio, you have heard the saying that you catch more flies with honey. Be prepared to lay the honey on especially thick this week. Have fun with it.

**Sagittarius (Nov. 23-Dec. 21)** – Sagittarius, it's hard to smile when you are feeling upset. This is not the week to let your true feelings show, though. Get through your obligations first.

**Capricorn (Dec. 22-Jan. 20)** – Capricorn, if you have been thinking about getting active to shed a few pounds, then try something fun like playing a sport. Exercise doesn't have to mean time in the gym.

**Aquarius (Jan. 21-Feb. 18)** – Certain aspects of your life are a work in progress, Aquarius. Other things you have under control. This week, focus on the things that may be holding you back.

**Pisces (Feb. 19-March 20)** – Pisces, while creative pursuits tickle your fancy this week, some more mundane tasks require your immediate attention.

## Famous birthdays

- Aug. 18 – Edward Norton, actor (44); Aug. 19 – John Stamos, actor (50); Aug. 20 – Robert Plant, singer (65); Aug. 21 – Hayden Panettiere, actress (24); Aug. 22 – Tori Amos, singer (50); Aug. 23 – Ray Park, actor (39); and Aug. 24 – Anze Kopitar, athlete (26).

# Nanny's bad habits threaten to outweigh her good ones

**Dear Abby:** My children's nanny, "Daisy," has been with us for more than two years. She's not the best, but I know I could do a lot worse. The most important thing is my children adore her and she is used to our routine. By and large, I'm happy to have her. However, I have two pet peeves I don't know how to address.



## Dear Abby

Daisy is always late. Not by much, mind you – but it is consistent. She's at least five minutes late every single day. Maybe it shouldn't bother me so much, but it does.

I never dock her pay for tardiness, and I always pay her on time.

To me, it's a reflection of how important she views her job. I feel it is disrespectful. The kicker is, Daisy is studying to be a nurse. I have told her unless she breaks this bad habit, she'll be fired from a future nursing job.

The second thing is, on hot, humid days, Daisy has the worst body odor imaginable. When the weather is cool, she doesn't smell, but once sticky weather arrives, the wall of stench is enough to make my nose hairs curl. One day it made me physically ill and I had to excuse her for the day without explaining why.

How should I address these problems? Or am I making too big a deal out of this?

– Having Issues in Virginia

## Dear Having Issues:

Daisy may not be the best employee, but a good employer makes clear what the ground rules are when

someone is hired. Because you're a stickler for punctuality, remind Daisy about what her hours are and stress that you expect her to be on time or risk having her pay docked. (If she uses public transportation, there should be some flexibility, but because she's late every day she should be told she needs to leave home a few minutes earlier.)

As to her personal hygiene issue, address it directly. Tell her you expect her to have showered, used deodorant and put on fresh clothes before coming to work – especially in the summer.

Helpful hint: When you hire someone, have a list of written rules prepared for the individual to read and sign so there will be no misunderstandings.

Doing that is being an effective boss.

**Dear Abby:** I am going to a concert by a popular band. My brother and my cousin always make fun of this band. People commenting online also post mean things about them.

I know they have a right to their own opinions, but I don't get the same reactions when I talk about or listen to other popular music.

Did people do this 10 or 20 years ago? Do they think

it's cool to express hatred about mainstream musicians? Maybe the more popular something is, the more people there are having negative feelings toward it.

– Free to Listen at 13

## Dear Free to Listen:

There is always a degree of backlash against hugely popular entertainers because some people think it's more "cool" to be a fan of a new, upcoming band.

Years ago, some people loved the Beatles and hated the Rolling Stones, and vice versa. The behavior you

describe has been going on ever since the music business began.

Write Dear Abby at [www.DearAbby.com](http://www.DearAbby.com) or P.O. Box 69440, Los Angeles, CA 90069. For an excellent guide to becoming a better conversationalist and a more sociable person, order 'How to Be Popular' Send your name and mailing address, plus check or money order for \$7 (U.S. funds) to: Dear Abby, Popularity Booklet, P.O. Box 447, Mount Morris, IL 61054-0447. (Shipping and handling are included in the price.)

# SUDOKU

		7		6				2	
6			8	4	1			9	
			7		2				
1	5		6					3	
								1	
							1	9	8
3			9	5					7
		6		7		3			

## Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Advanced

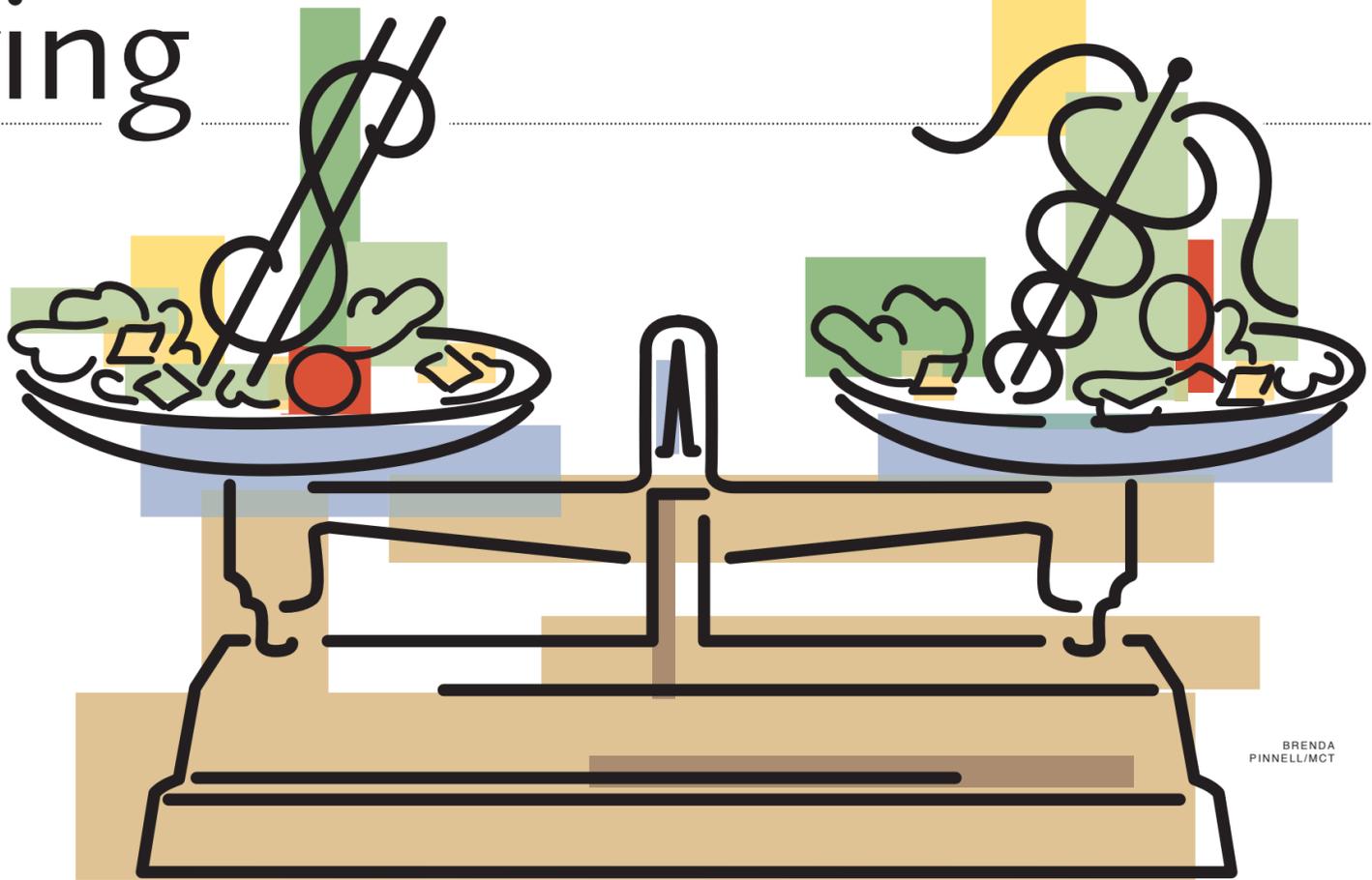
## Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

4	5	3	8	7	1	7	9	6	2
9	2	6	7	5	4	2	8	1	3
8	7	6	1	9	3	2	4	5	8
1	8	1	5	6	3	8	2	7	9
2	3	2	4	6	9	6	7	5	1
6	9	7	1	2	7	4	2	8	5
5	6	8	3	9	7	7	1	4	6
9	8	3	8	4	1	5	7	2	9
6	1	7	5	6	3	8	3	2	4
3	4	8	2	9	7	6	1	5	3

ANSWER:

# Living



BRENDA PINNELL/MCT

## A balanced diet (and budget)

By JILL WENDHOLT SILVA  
McClatchy Newspapers

Have you tried organic goji berries from the Himalayas?

An acquired taste, the antioxidant-rich jewels look a lot like red raisins. You can buy a bag at health food stores, but at \$14 to \$18 a pound, they aren't considered cheap eats.

But trying to trim your food budget doesn't mean you should give up on making healthy choices.

Here is a list of 20 easy ways (and a few recipes) to help keep your food budget and your waistline trim.

**1.** Kiss food fads goodbye. Sure, pomegranate juice is yummy and good for you. But you can approximate the same flavor in drinks, cocktails or smoothies by adding less expensive cranberry juice and still get that antioxidant burst. An even less expensive substitution: 1 cup red grape juice (still high in antioxidants) and 1 teaspoon lemon juice.

**2.** Save more with savvy recipe substitutions. If a recipe calls for a high-fat ingredient such as sour cream, consider using plain yogurt instead. If the recipe calls for an exotic ingredient, swap a less expensive one. From abalone to zwieback, "The Food Substitution Bible" (Robert Rose) by David Joachim is one of the best resources on the subject.

Case in point: While testing a recipe a few weeks ago, I needed eight Szechuan peppercorns. After two trips to the Asian market, I wound up buying a lifetime supply. Wow, I could have substituted 2 teaspoons black peppercorns plus 1 teaspoon lemon zest or 1 tablespoon salt-free lemon pepper seasoning.

A more compact substitution guide is available free at [www.oznet.ksu.edu/humannutrition/INGSUB.htm](http://www.oznet.ksu.edu/humannutrition/INGSUB.htm).

**3.** Bag your own lettuce. Salads may be a dieter's delight, but bagged salad mixes are rarely a bargain. Buy lettuce and other greens by the head. Wash and chop leaves yourself, then store in a zipper-top bag. Want an even bigger bang for your buck? Buy a super-large quantity of salad mix at a warehouse store and split it with a friend.

**4.** Bulk up on spices. Spices are loaded with antioxidants. To save money, buy from bulk bins. Although it may sound counterintuitive, buying spices this way allows you to buy only the amount called for in a recipe, so there's no waste.

Keep in mind whole spices are the best value and last longer, up to two years. Powdered red spices, such as paprika, chili powder and

### 20 ways to pinch pennies and still eat healthy

cayenne, which typically have a one-year shelf life, last longer when stored in the refrigerator.

**5.** Munch money. Popcorn is a budget-friendly snack food. And it's a whole grain. Keep in mind the kernels need not be oozing butter to taste utterly delicious. You can easily transform plain popcorn with a dab of your favorite seasoning blend, a sprinkling of fresh herbs or a shaving of Parmesan cheese.

**6.** DIY dressings. Bottled salad dressings are pricey and usually loaded with preservatives. Instead, use oil and vinegar at a ratio of 3-to-1. Resist the urge to buy olive oil in bulk since it goes bad in as little as three months once it's opened. And don't you dare pitch that vinegar lurking in the back of the pantry. Cook's Illustrated reports commercial brands contain 5 percent acetic acid and have been pasteurized for a long, long shelf life. If there is sediment at the bottom, simply filter the clouds away with a coffee filter.

**7.** Down-size dinner — and dessert. Americans have grown used to bagels the size of hubcaps. So when meal-planning, keep in mind a serving of meat should be no larger than a deck of cards, an ounce of cheese is about the size of Monopoly dice, and a medium piece of fruit the size of a tennis ball.

But don't skip dessert just because you're keeping tabs on portion distortion. In tough times dessert is good for your psyche — and it's easy to downsize with mini-muffin or tiny tart pans.

**8.** Save with speedy grains. Quick-cooking grains like barley, couscous and quinoa are economical and quick to fix.

But if you want to add more grains to your diet, there is a world of others including sorghum and spelt.

**9.** A big return on investment. Most nuts and seeds are pricey but well worth the investment healthwise since they're loaded with hearty-healthy omega-3 fatty acids. Studies show that nuts and seeds also help you to feel full longer throughout the day. To keep nuts and seeds from turning rancid quickly, be sure to store in the freezer.

**10.** A cereal two-fer. No need to promenade down the pricey, presweetened cereals aisle. Just keep walking right past those breakfast

bars and boutique granolas. Grab a barrel of old-fashioned rolled oats and you're doing your heart — and wallet — a favor.

A versatile staple, you can use rolled oats to make oatmeal or to make your own granola. To avoid boredom, experiment with different natural sweeteners (maple syrup, honey, molasses, agave and so forth) and vary the dried fruit and nut combinations you choose.

**11.** Get more bang for your organic buck. "The Organic Food Shopper's Guide" (Wiley) lists 20 foods that might be worth paying more for if you are concerned about pesticide residue: apples, beef, bell peppers, carrots, celery, cherries, chicken, citrus, coffee, corn, eggs, imported grapes, milk, nectarines, peaches, pears, potatoes, red raspberries, spinach and strawberries.

**12.** Snack attack. Nearly every snack chip, cookie or bar is available in 100-calorie snack packs, but do you really want to pay a premium to have someone else throw a few cheese crackers in a sandwich baggie?

Buy in bulk and take a few minutes to portion them into your own reusable containers. Not sure what 100 calories looks like? With most snacks, it's about a handful, but check the nutrition labels.

**13.** Budget beef. Like butter and eggs, beef is no longer considered a nutritional bad boy. Red meat provides protein, vitamin B-12 and iron. Still, steak is pricey even in the best of times, so choose lean beef cuts that are more moderately priced.

Consider recipes that call for bottom round steak, hanger steak, tri-tip, shoulder tender or shoulder center steak. Remember to eat a moderate amount of meat in your overall diet.

**14.** Fizz for less. Instead of buying pricey carbonated juice drinks containing high-fructose corn syrup and other artificial sweeteners, make your own thirst-quenching spritzer using sparkling water and just a splash of 100 percent fruit juice.

Take a long sip and feel the jingle in your pocket. That extra change used to help pay all those superstar spokesmodels to advertise those pricey soda and juice drinks. Now it's yours.

**15.** Save a penny. Bakery cakes, cupcakes and pies are pricier than baking from scratch. And to extend the shelf life, most contain hydrogenated oils, also known as trans fats. When you bake it yourself, you control the kinds of fats, sugar and flours you use.

**16.** Trickle-down economics. Drink more tap water. It's good for you. It fills you up. It's free.

**17.** Pint-size purees. Making your own purees for baby keeps the ingredient list as simple to decipher as ABC.

But it's also downright trendy, judging from all the baby food cookbooks and specialized gadgets, including the Williams-Sonoma "Beaba Babycook," a food processor that retails for \$150.

All you really need is a decent food processor or an inexpensive food mill. Plan on pureeing the family dinner, and keep an eye out for produce on sale.

Use freezer trays to freeze the food, then pop the cubes into a zip-top freezer bag for storage.

**18.** Bargain-basement beans. How low can you go? Beans are one of the most inexpensive staples you can add to your shopping list. Loaded with protein, fiber and folates, they're also one of the most nutritious.

Slow cookers are a great way to speed up the cooking time. Canned beans cost a little more, but are still healthy if you rinse and drain to remove the sodium they're processed with.

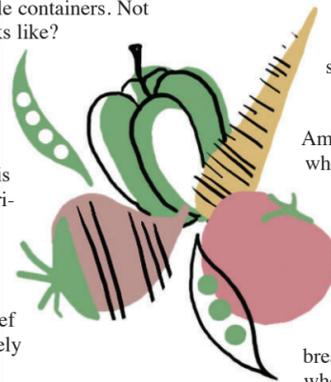
**19.** Waste less food. Americans are reported to waste anywhere between 15 percent and 30 percent of all food they buy.

Guilty? Make your own vegetable stock from vegetable remnants. Roast a whole chicken, and find clever ways to sneak leftovers into the menu.

Turn a stale heel of bread into breadcrumbs. Save the yolk, even when the recipe only calls for egg whites.

Just keep in mind you can take frugality too far. The Partnership for Food Safety Education reminds consumers there are limits to safe leftovers. For more info, go to [www.befoodsafe.org](http://www.befoodsafe.org).

**20.** Luxurious leftovers. Take what lurks in the shadows of the refrigerator and make it into a sumptuous meal or snack. For instance, you can turn a lowly head of cabbage into something fit for the deli with the addition of a curry dressing, blue cheese crumbles or a handful of nuts and dried cranberries.



#### BLUEBERRY CASHEW GRANOLA

##### INGREDIENTS

- 2 1/2 cups old-fashioned rolled oats
- 2/3 cup unsalted cashew halves
- 1/2 cup wheat germ
- 1/3 cup unsalted sunflower seeds
- 1/3 cup molasses
- 1/3 cup honey
- 1 tablespoon canola oil
- 1 1/2 teaspoons cinnamon
- 1/2 teaspoon nutmeg
- 1 cup dried blueberries

Preheat oven to 275 degrees. Line a baking sheet with aluminum foil and spray with non-stick vegetable cooking spray.

Combine the oats, cashews, wheat germ and sunflower seeds in a large bowl. In a separate bowl, combine the molasses,

honey, oil, cinnamon and nutmeg. Pour molasses mixture over oat mixture and stir well to combine. Spread evenly in prepared pan.

Bake 30 minutes or until golden, stirring after 15 minutes and frequently after that. Remove from oven and cool completely. Stir blueberries into granola mixture.

Per (1/2-cup) serving: 317 calories (27 percent from fat), 10 grams total fat (2 grams saturated), no cholesterol, 52 grams carbohydrates, 8 grams protein, 8 milligrams sodium, 6 grams dietary fiber. *Makes 10 servings*

##### KEY LIME TARTLETS

- 12 crisp gingersnap cookies
- 3 eggs, at room temperature

- 1 (14-ounce) can fat-free sweetened condensed milk
- 3/4 cup freshly squeezed lime juice plus grated lime zest from

all limes (about 6 to 7 Persian limes or 12 to 14 Key limes)

- 1 teaspoon vanilla
- 1/3 cup heavy whipping cream, whipped

Preheat oven to 325 degrees. Line 12 muffin cups with paper liners. Spray each paper liner with nonstick spray coating. Place a cookie in each paper liner.

Whisk together eggs, milk, lime juice, lime zest and vanilla until well-blended. Pour a scant 1/4 cup lime mixture into each cup. Bake 16 to 19 minutes or until firm; do not overbake. Allow hot tarts to set in pan

about 10 minutes. Carefully lift each tart from the pan and place on a tray. Cool completely, then refrigerate several hours or overnight. Dollop with 1 tablespoon whipped cream.

Per serving: 151 calories (19 percent from fat), 3 grams total fat (2 grams saturated), 9 milligrams cholesterol, 28 grams carbohydrates, 3 grams protein, 82 milligrams sodium, trace dietary fiber. *Makes 12 servings*

#### RASPBERRY GREEN TEA COOLER

##### INGREDIENTS

- 2 raspberry green tea bags
- 1 cup light cranberry juice cocktail
- 2 cups 0-calorie raspberry sparkling water
- Fresh raspberries, for garnish

- Slice of lime, for garnish

Heat 1 cup water to a boil. Add tea bags and allow to steep 3 to 5 minutes. Pour into a pitcher and add 1 additional cup of water. Add cranberry juice and raspberry sparkling water. Serve with ice and, if desired, float a few fresh raspberries in glass as a garnish. Serve with a wedge of lime if desired.

Per (1 1/4-cup) serving: 18 calories (none from fat), no fat, no cholesterol, 4 grams carbohydrates, trace protein, 5 milligrams sodium, no dietary fiber. *Makes 4 servings*

#### QUICK COOKING GRAINS

If the time commitment of whole grains trips you up, try cooking grains in the pressure

cooker. Here is a cooking guide.

- Barley, pearl:** 18 minutes
- Barley, hulled and hull-less:** 18 minutes
- Hominy:** 45 minutes
- Oat groats (whole oats):** 30 minutes
- Rice, brown basmati, medium- and long-grain:** 15 minutes
- Rice, whole-grain blends that call for 45 minutes cooking time:** 15 minutes
- Rye berries:** 25 minutes
- Sorghum, whole:** 28 minutes
- Wheat berries:** 35 minutes
- Spelt:** 35 minutes
- Wild rice:** 25 minutes

SOURCE: "WHOLE GRAINS EVERY DAY, EVERY WAY" BY LORNA SASS (CLARKSON POTTER)