



Short stay in S.C.

Heartland all-stars drop pair of close games at Dixie Majors World Series

SPORTS, B1

Deleon ethics investigation completed

Ruling expected in September

By CHRISTOPHER TUFFLEY
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AVON PARK — Florida's

Commission on Ethics has completed its preliminary investigation of City Councilman Garrett Anderson's complaint against City Manager Julian Deleon.

Because it is a preliminary investigation, the report does not draw conclusions. Deleon, as the respondent in the action, released the document to the public late Monday. The report will be used by the commission to reach a ruling in September as to whether or not Deleon's actions were a misuse of his public position.

The commission may dismiss the

See ETHICS, A6



Deleon



Anderson

Pedestrian killed trying to cross U.S. 27

News-Sun staff

SEBRING — A 74-year-old Sebring man was killed when he pushed his bike in front of a pickup truck on U.S. 27 early Monday morning.

According to a report from the Sebring Police Department, Richard David Kohler, who lived in an apartment on Village Grove Boulevard, was walking his bike when he crossed the highway into the path of a Ford F150 being driven by Joseph Michael Aldana of Lake Placid at 1:28 a.m.

Aldana told police he was going north on U.S. 27 approaching the intersection of Village Grove Boulevard, just south of Highlands Regional Medical Center,

when he saw Kohler walk the bike in front of him. Aldana said he tried to avoid the collision by using his brakes and steering to the left, but struck Kohler with the front right of his truck.

Aldana said he thought he was traveling in the far left lane and his Kohler as he crossed from the center lane into the left lane, but the markings on the roadway, according to the report, indicate that the truck may have been in the far right lane prior to the collision and the point of impact may have been along the broken line separating the far right lane from the center lane.

The damage to the truck was \$4,000. The investigation is still under way.



CHRISTOPHER TUFFLEY/ News-Sun

After nearly 25 inches of rain in June and July, a private dock on the west shore of Lake Sebring is nearly awash on July 26.

Lakes respond to rains

Yearly total still below historical average

By CHRISTOPHER TUFFLEY
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SEBRING — News for drought-parched Central Florida is good. Lakes are gaining ground. Some docks that were high and dry at the beginning of the year now have water lapping their edges. A few are underwater.

"There has been a tremendous amount of rain," said county lakes manager Clell Ford. "We've actually seen at least 150 percent of normal rainfall."

Ford said Lake Jackson has risen 1 foot and Lake Placid about 2 feet. Lake Istokpoga is right where it should be.

According to the Southwest Florida Water Management District, the historic rainfall average from January to July in Highlands County is 21.89 inches. During the same time this year, there have been 21.67 inches.

"This is good," Ford said, "but we can take more."

See LAKES, A4



CHRISTOPHER TUFFLEY/ News-Sun

A private dock on the east shore of Lake Sebring is awash after two months of heavy rain.

Finding kids a home, 1-1-1 at a time

Albritton's program uses churches to help kids in need

UNSUNG HEROES

By CHRISTOPHER TUFFLEY
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SEBRING — Malissa "Missy" Albritton, of Wauchula, is the News-Sun's unsung hero for July.

Albritton was selected for the honor because she works quietly behind the scenes, making a difference in individual children's lives.

A homemaker who home-schooled her children, Albritton understands the value of strong family ties. With a bachelor's degree in elementary education and a master's degree in guidance counseling, she volunteered to sit on Heartland for Children's

board of directors, where is she now vice-chair.

Heartland for Children is the lead local, non-profit, child welfare agency for Highlands, Hardee and Polk counties. In her position, Albritton saw first hand how many children need loving, stable adoptive and foster families. Instead of just wringing her hands, she resolved to find a practical solution.

As a dedicated Christian, Albritton thinks the church community can help, especially after she said she counted 700 churches in the area. Her vision is to connect congrega-

tions with foster children or orphans. The idea is that one family takes the child into its home, while the congregation provides support all kinds. Albritton calls the project 1-1-1 — One Child, One Family, One Congregation. The hope is to find safe and loving homes for every child in the county who has no family or home.

The program is really going well, Albritton said.

"A family has already been matched with a child, and quite a few

See ALBRITTON, A4



Courtesy photo

Missy Albritton founded the 1-1-1 project — 1 Child, 1 Family, 1 Congregation — as a way to help find loving foster and adoptive homes for children.



30% chance for T-storms
High 92 Low 74

Details, A10

Index

Celebrations	B6
Classifieds	A7
Clubs	B6
Crossword Puzzle	B9
Dear Abby	B9
Editorial & Opinion	A3
Friends & Neighbors	B7
Sudoku Puzzle	B9
What's Cooking	B10



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Cool off at Back to School Splash in Avon Park

By SAMANTHA GHOLAR
sgholar@newssun.com

AVON PARK — More than a dozen local sponsors have partnered together to create the Back to School Splash from noon to 6 p.m. Friday at the Avon Park Memorial Field and Recreation Center.

With the new school year only three short weeks away, local businesses and organizations such as the Avon Park Community Redevelopment Agency (CRA), Heartland National Bank, Publix, Mid-Florida Bank and Home Depot are

hoping to provide a fun-filled day. The Back to School Splash is a free event that provides fun and entertainment for the entire family, with water slides, bounce houses, door prizes and dunk tanks. A backpack giveaway will also be taking place during the event for school-aged students. There will be a drum circle and live music. The event is free. Food vendors will be on site serving hot dogs and burgers. Pizza Hut, Papa Johns and Little Caesar's have also signed on as sponsors and food vendors.



Courtesy photo

Outgoing board chair Tami Cullens accepts a plaque of appreciation from SFSC president Dr. Tom Leitzel (left) and new board chair Joe Wright (right). Cullens, who represents Highlands County, served as the 2012-13 board chair.

South Florida State College trustees elect new officers

Special to the News-Sun

AVON PARK — During its July 24 meeting, the South Florida State College District Board of Trustees elected Patrick "Joe" Wright as chair, Kenneth Lambert as vice chair, and re-elected Lana Puckorius as the board's liaison to the SFSC Foundation, Inc.

Wright, of Avon Park, was recently vice chair of the SFSC District Board of Trustees and succeeds Tami Cullens as chair. He has been a trustee since 2011 and represents Highlands County.

Wright has been the president of V&W Farms of Delray Beach since 1988 and president and board chairman of Southeast Milk Inc. since 1997. From 2007 to 2009, he served as a councilman for the city of Avon Park. A member of the board of directors of the National Milk Producers Federation since 1997, he

has been a member of the board of managers for Gustafson's L.L.C. and NAD L.L.C. since 2004 and 2005, respectively.

He was director and vice president of Florida Dairy Farmers from 1992 to 2010. Wright received a bachelor of science in business administration, master of business administration and a law degree from the University of Florida.

Lambert, of Wauchula, has been a trustee since 2011 and represents Hardee County. He is the vice president of enterprise solutions for Knowledge-Based Marketing Group. Previously, he was a senior vice president for Merrill Corporation from 2009 to 2011, a self-employed marketing services consultant from 2007 to 2009, senior vice president of Hart-Hanks Direct Marketing from 1989 to 2007, and vice president and officer

with First Union National Bank from 1983 to 1989.

Lambert served as a commissioner of the city of Wauchula from 2004 to 2009 and as mayor from 2000 to 2004. He received an associate degree from SFSC and a bachelor's degree from the University of Florida.

Puckorius, of Avon Park, has served as a trustee since 2011 and represents Highlands County. She is a retired Certified Financial Planner practitioner. Previously, she was president of Puckorius and Associates, Inc. from 1987 to 2009. For the SFSC Foundation, Inc., she has been a board member since 2005 and served as president from 2009 to 2011.

The SFSC District Board of Trustees is composed of eight members, all of whom are appointed by Florida's governor.

VWs and summer loving at 2nd annual Jubilee

By SAMANTHA GHOLAR
sgholar@newssun.com

SEBRING — Volkswagen lovers can unite this weekend as the second annual Summer of Love Volkswagen Jubilee returns to downtown Sebring.

Last year's event featured some colorful, fun VWs that were the highlight of the show. This year's event is extended over three days and will kick off Friday, Aug. 2 at 5 p.m. with pre-registration and a live band on stage at the downtown Circle.

"At 6 p.m., the Rebound Band will take the stage. There will be food vendors, ice cold Budweiser beer, and a \$100 prize for the Grooviest Hippie Contest," event creator Lora Todd stated. The party will continue on the circle until 10 p.m. Friday.

Three-day event starts Friday evening

Day two of the Jubilee begins Saturday at 9 a.m. Registration for VWs will continue through 2 p.m. Local favorites the Ransom Band will provide music throughout the day. Trophies and awards for VWs will take place beginning at 4 p.m. The Volkswagen Jubilee wraps up Sunday at the historic Sebring International Raceway. All registered cars will get an exclusive ride on the world famous 12 Hours of Sebring track.

"The Heartland VW Club are a great group and are very passionate about their VWs. We wanted to have fun and let the cars be the focal point of the event.

They are such an iconic piece of history and seem to bring a smile to many faces," Todd said.

Registration is off to a good start Todd said. Many registered vehicles are from out of town. Todd hopes to draw not only the out-of-towners but also local residents with a love of VWs. The first Jubilee brought in 48 registered VWs and Todd is hoping to exceed last year's count.

Lawn chairs and blankets are welcomed. Downtown merchants will be open for extended hours for shopping, vendors will be present with food and beverages. The family friendly event is open and free to the public.

For more information or to register a Volkswagen, visit www.summeroflovevw.com or call Todd at 381-6467.

Community Briefs

Bluebird closed for repair

LAKE PLACID — Highlands County Road and Bridge Department will close Bluebird Avenue from Western Boulevard to Fordham Street. This road will be closed until further notice.

For further information, contact Highlands County Road and Bridge Department at 402-6529.

Fundraiser for youth triathletes today

SEBRING — Ten members of Highlands & Hardee County's TriPOWER Youth Triathlon Team have qualified to race at IronKids National Championship in Des Moines, Iowa, and are raising money to get there. Meet the athletes at Beef 'O Brady's in Sebring from 6-8 p.m. today.

There will be raffle tickets for sale, and Beef's will donate a portion of your check to their efforts.

Supporters will also host a car wash from 9 a.m. to 1 p.m. Saturday at Dr. Steven Gueff's office, 601 U.S. 27 South.

Contact Stephanie White at 381-9024 for more information.

Tea Party hopes to book Lynch

SEBRING — National speaker, producer and director Dennis Michael Lynch will present his "Never Forget Tour 2013" in person at the new Circle Theater at 6:30 p.m. Wednesday, Aug. 7. Lynch, who has been seen on FOX's O'Reilly, Cavuto & Hannity, will give a 90-minute presentation from his two documentaries, "They Come to America I & II", in which he speaks about border security, terrorism, immigration reform, job creation, leadership and how to save America.

The Highlands Tea Party will give citizens the opportunity to become informed and educated about some of

the problems facing the country and to learn how the Department of Homeland Security is keeping much of it a secret.

The Party must commit to the sale of 200 tickets before Thursday.

Tickets are \$10 each, which includes a free DVD. For tickets, email LLAL1934@gmail.com or call 385-8274.

Aktion Club collects school items

AVON PARK — The Aktion Club of Highlands County is collecting back-to-school supplies for local children being helped by the Guardian ad Litem program at the Children's Advocacy Center.

Club members are collecting backpacks, glue sticks, crayons, pens, zipper bag pencil holders, small and large Ziploc bags, composition books, spiral notebooks and folders.

Drop off items to Cindy Marshall at Ridge Area Arc, 120 W. College Drive, by Friday.

Get Fit Day Camp set for Aug. 13

SEBRING — Highlands County 4-H will hold its Get Fit Day Camp from 9 a.m. to

12:30 p.m. Tuesday, Aug. 13. Youth ages 8-12 are welcome to attend this day camp for the cost of \$10. Activities will include making a healthy lunch, active field day games, obstacle course challenge, and even a yoga class.

The camp will be held at the Bert J. Harris Jr. Agriculture Center. Check in starts at 8:30 a.m.

Visit www.4hgetfitday-camp.eventbrite.com to register. Registration closes Friday.

For more information, contact Lauren Hrcirik, 4-H agent, or Kate Stewart, 4-H assistant, at 402-6540 or email hrncirik@ufl.edu or kate.stewart@ufl.edu.

Sponsors/donors needed for Salvation Army program

SEBRING — Sponsors and donors are needed for the children enrolled in The Salvation Army's Back to School Clothing Program.

Stop by the office at 3135 Kenilworth Blvd. to pick up a child's apple with all the information needed for shopping.

The deadline for returning the items back to The Salvation Army is Friday.

For more information, call 385-7548, ext. 100.

Online

This week's question:
Do you think congress will be able to come to an agreement in time to avoid a government shutdown?

Yes
38.4%

No
62.6%

Total votes: **73**

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Lottery Center	FLORIDA LOTTO	July 27	6 10 18 27 28 51 x:5
			<i>Next jackpot \$43 million</i>
		July 24	4 8 15 16 32 52 x:2
		July 20	8 21 22 27 40 44 x:3
	July 29	1 18 21 25 27	
	July 28	5 8 20 24 29	
	July 27	6 11 14 18 33	
	July 26	10 14 15 28 29	
	July 26	1 4 29 43 10	PB: 10
	July 23	5 14 17 21 6	PB: 6
	July 19	6 24 30 39 21	PB: 21
	July 16	7 8 29 42 12	PB: 12
	July 27	9 23 40 53 58	PB: 6
			<i>Next jackpot \$235 million</i>
	July 24	9 29 40 44 54	PB: 7
	July 20	14 25 27 38 58	PB: 6
	July 26	4 22 23 27 38	MB: 42 x:4
			<i>Next jackpot \$12 million</i>
	July 23	25 32 35 50 51	MB: 46 x:3
	July 19	16 20 24 39 42	MB: 46 x:3

Florida Lottery

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Deadlines for subscription changes are noon on Tuesday for the Wednesday editions, noon Friday for the Friday and Sunday editions. Changes received after the times stated will be processed on the following publication date.

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Editorial & Opinion

TODAY'S EDITORIAL

Battle against citrus greening may involve difficult choices

Citrus greening was first identified in China in the 1800s. It was called huanglongbing, or yellow dragon disease.

By 1937 it spread to South Africa, by the '40s to Indonesia, by the '60s to India, to Yemen in 1985 and to Brazil in 2004.

It was first seen in Florida in the late '90s. By 2005 it had become an epidemic.

Citrus greening now seriously threatens orange groves in 40 countries, and every orange producing state in the nation and it continues to spread.

Caused by a bacteria carried by the Asian citrus psyllid (a type of jumping plant lice), greening has proved impossible to control. Once a tree is infected it cannot be saved. A deceased tree must be destroyed before it affects an entire grove. A worldwide search has yet to find an orange tree of any variety that is resistant.

Worse, to date scientists have not found a way to control the psyllid, or even get it to live long enough in the lab to be able to study it.

Pesticides have been of limited use, and some psyllids have already developed a resistance.

In short, nothing yet has been found to cure the disease, and nothing has been found to affect the insects that spread the disease.

Lately greening and Florida oranges have been covered extensively in the press. The New Times, the Wall Street Journal, the New Yorker Magazine and CBS news have all published articles this year about greening and its perils. For example, greening is considered so dangerous worldwide that in 2005 it was classified as a bioterror tool.

According to the New Yorker, Florida — which produces 80 percent of America's orange juice — has gone from 850,000 acres of groves in 2002 to 520,000 today, a drop of about a third. The article quotes citrus experts saying the infestation is so serious

Florida groves may die out altogether if it isn't stopped.

The blow to growers, agricultural workers and the Highlands County economy would be catastrophic, not to mention the world wide loss of oranges altogether.

This leads us to a messy, gray, philosophical area. In this time of last resort, should we consider genetically modifying orange trees?

Opinion is deeply divided. There are those that object to any kind of genetically modified food products. Any decision will be extremely difficult.

Southern Gardens Citrus, a subsidiary of U.S. Sugar, has invested \$6 million in genetic engineering. The experiments are ongoing and not entirely encouraging — modified trees have yet to survive in groves. Still, genetic engineering may be the only hope to save the orange and county growers. We will soon have to make a choice. We need to do that rationally; now is the time the research the facts.

TODAY'S LETTERS

Commission's plan for higher millage is outrageous

Editor:

The story from the July 26 News-Sun regarding the Highlands County commission's tentative property tax millage increase is bad news for county taxpayers. Once again you have politicians who find many creative excuses to dig deeper into our wallets. In this case, they plan to take the millage rate from 7.1 mils to 8.3 mils. That, my friends, is approximately 17 percent!

Has the commission lost its collective mind? It is unconscionable that the commissioners would even consider an increase with so many people in the county struggling just to make ends meet, much less a 17 percent increase.

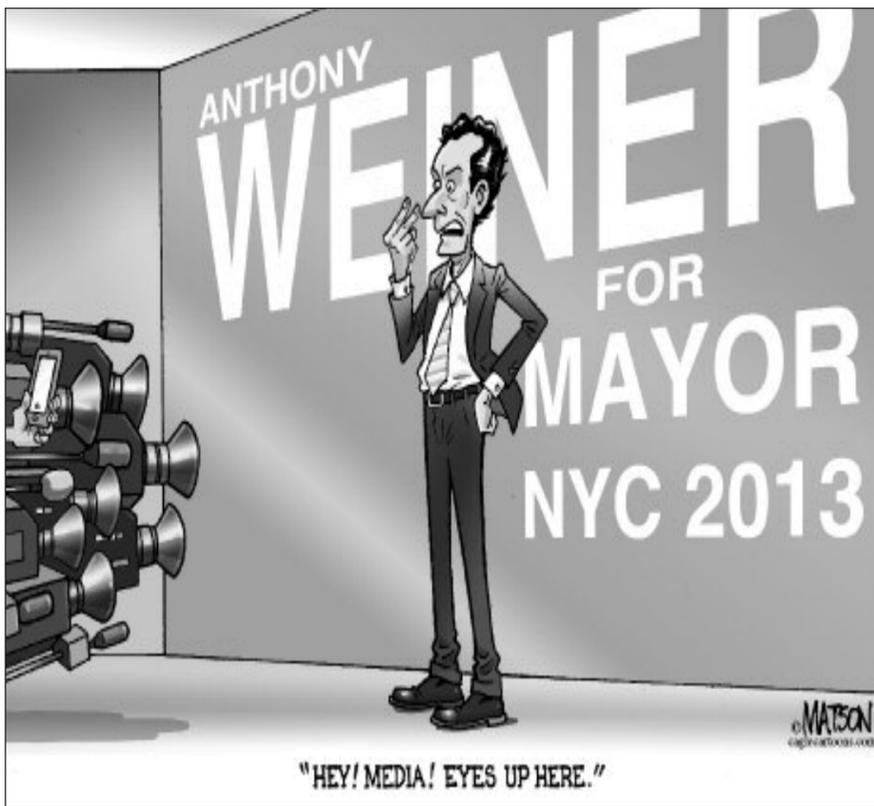
Commission Chairman Jack Richie complained the falling property values "hurt us dramatically" presumably by reducing the honey pot of taxpayer money they have to play with. Mr. Richie, how do you think homeowners feel with the pain of watching their home values plummet, no pay raises or pay cuts, and even job loss?

The News-Sun story went on to say that all the county departments had increased their budget requests for the upcoming year. Wow, what a surprise, government bureaucrats wanting more money, and to this the commissioners say why not, it's not our money.

Mr. Richie was even quoted as saying that he wanted at least 8 mils as a "safety valve" for spending. Where is the "safety valve" for homeowners, Mr. Richie? Can I ask my employer to just give me a little extra pay so I have a safety valve if I can't control my spending? Not likely. I just tighten my belt some more and move on.

With the economy still limping along, the only thing the commission should be considering is a property tax cut. Prioritize the budget just like the rest of us. Start by taking care of law enforcement, (public safety) code enforcement and roads. Then get creative with the rest.

I would like to thank Commissioner Don Elwell; he was the only voice that spoke up for the people of Highlands County. He was clearly the adult in the room. The rest seemed more like a teenager with mom's credit card. We taxpayers are mom



in this case. We get the bill.

I urge the taxpayers of Highlands County to let the other commissioners know we don't appreciate their plan to dig 17 percent deeper into our already empty wallets. Please plan to attend the commission meeting on Sept. 5 and let these free-spending politicians know how we feel.

D.B. Orr
Avon Park

Rule of law must be preserved

Editor:

We should not put children of illegals ahead of American youth. We have rules of law on immigration. Part of that requires that there must be jobs before immigration is allowed.

America has destroyed middle class America with unfair trade deals. Our wage scale is at poverty level. Our cities are in decay. America's youth, a whole generation, has been destroyed by outsourcing America's jobs and insourcing illegals to take the jobs that are left.

The dream act violates the rule of law, the law that we all live by. If we violate the rule of law, we are no longer a nation of laws, and we have violated the rights of our own children and we cannot put the welfare of children of the world ahead of our own children.

The problem of illegal children has been created by our leadership of this nation. They, through unfair trade

claws, outsourcing jobs and leaving our southern border open to illegals to flood our nation with illegals, they have also flooded our job markets by green cards and visa's where when the visa was up they stayed, all for the interest of melt. National corporations to make huge profits by controlling the wage scale and destroying the ability of the American wage earner to pay for his home mortgage, destroying the housing industry.

This greed for profit has and is destroying America. The American politicians are not the American government. The American citizen is the government. We as Americans must change America's leadership of both parties. We must demand the unfair trade deals be destroyed ... The use of \$6.3 trillion to fight for illegal amnesty is also criminal.

The dream act and amnesty is a criminal act against all of America. It is all political.. It violates the rule of law that we all live by. The 1986 amnesty is unlawful because they, the Congress and Senate, did not follow the laws and close our borders to future illegal crossing. The 1986 amnesty act should be voided.

This unlawful entry to our nation is destroying America's youth, which is our future. Black American youth's unemployment rate is 44 percent. Their chance of imprisonment is one in three. White youth is 20 percent unemployment.

The outsourcing of jobs

and the open border with Mexico is the direct cause of America's financial collapse. The politicians of the last 50 years have destroyed America. ...

We as Americans must change America's corrupt leadership of both parties. We must demand the unfair trade laws be destroyed before the trade laws destroy America.

Billie E. Jewett
Sebring

Bouquet

Many help with first dance of season

Editor:

The Lake Placid Ballroom Dancers would like everyone to know how grateful, appreciative and honored that we are affiliated with the most gracious, generous, and loving town of Lake Placid.

We thank the following for their support: Don Sansoussi and the Lake Placid Elks, Lodge 2661; Bates Sons and Daughters, who supplied all the caladums for our Kick-Off Dance; Carol Smart and the Ladies of the Elks; Bob Smart, for the sign out front; Mat Delaney, editor of the Lake Placid Journal; Romona Washington, publisher of the News-Sun; Highlands Today; and the membership crew, including Sandy and Dave Allen, Lois and John Kloet.

But most of all, our returning dancers who filled the Elks Hall. Thank you all.

Susie Lee
Lake Placid

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Once a Weiner, always a Weiner

Guest Column

Doug Patton

The late-night comedians have not had this much material since Bill Clinton wagged his boney finger at the television cameras and declared, "I did not have sexual relations with that woman, Miss Lewinsky," and then sent Hillary out to declare that the whole thing was the work of a "vast right-wing conspiracy."

With Anthony Weiner now embarrassing even his fellow disgraced New Yorker, Elliot "Love Client #9" Spitzer, the jokes for Leno, Letterman, et al, are practically writing themselves.

There are two schools of disgraced politicians — those who know they are a disgrace and those who don't. None of these people, in either category, particularly seems to care one way or the other, but there is a distinction.

There is the Barney Frank/Mark Sanford/David Vitter school, wherein said politician simply refuses to resign — even after being caught red-handed.

(Clinton, of course, falls squarely into this camp.) U.S. Rep. Barney Frank, D-MA, the first openly homosexual member of Congress, was censured by his colleagues for his behavior, which included allowing his boyfriend to run a male prostitution ring out of the congressman's townhouse.

Sanford was serving as governor of South Carolina at the time of his scandal. A rising star in the Republican Party at the time, he told a whopper about a weekend spent hiking the Appalachian Trail, when in reality, he was in Argentina visiting his mistress. Sanford insisted on finishing his term as governor and saw his marriage disintegrate as he declined to break off the long-range relationship with his paramour.

In 2007, Vitter, a Republican senator from Louisiana, was identified as a client of a prostitution service during the infamous DC Madam scandal. Like Clinton, Frank and Sanford, Vitter thumbed his nose at those who called for him to resign.

Then there is the publicly contrite school, wherein each of these men (let's face it, it's always men) claims to take full responsibility for his actions but never does.

This would include people like former New Jersey Governor Jim McGreevy, former Speaker of the House Newt Gingrich, and the aforementioned Elliott Spitzer, former governor of New York.

McGreevy was a sleazy Democrat who resigned

after admitting he had been having tete-a-tetes with men in rest stops along the New Jersey Interstate.

Gingrich hit the door faster than his enemies could yell "evaporating speaking/writing/consulting fees" after his peccadillo with his current and third wife while still married to wife #2.

Spitzer resigned after being caught consorting with high priced hookers while allegedly engaged in state business.

And then there is former New York Congressman Anthony Weiner, who tweeted risque photos of himself to a woman not his wife. As is no doubt the first instinct with all these clowns, Weiner initially tried to go the Clinton/Sanford/Vitter route and hang in there. It didn't work. The pressure was too great, and he finally resigned from Congress. That was two years ago.

Incredibly, Weiner is back, and he is running for mayor of New York City. Not only that, polls show he stands a very good chance of actually being elected — or he did until it was revealed this week that he had continued for at least six months with the same lewd behavior that got him in trouble in the first place.

At a surreal news conference, with his wife at his side, Weiner brushed the new revelations aside as though they were old news. We'll see. The temptation is to believe that even caloused New Yorkers will see his actions as beyond the pale, but it's not like there isn't precedent for this of type of come-back.

Gingrich has made a fortune writing, consulting and speaking, and actually ran a credible presidential campaign last year. Spitzer is asking voters to elect him New York City Comptroller. Vitter has since been re-elected, and Mark Sanford was returned this year by the voters of South Carolina to the seat in Congress he occupied for a decade before his election as governor.

But Anthony Weiner? Really?

Doug Patton describes himself as a recovering political speechwriter who agrees with himself more often than not. Readers are encouraged to email Doug at dpatton@cagle.com and/or to follow him on Twitter at [@Doug_Patton](https://twitter.com/Doug_Patton). Doug Patton is the opinion of the writer, not necessarily those of the News-Sun staff.

Albritton's program helps find kids adoptive, foster homes

Continued from A1

families are in the process of taking children in. Enough families have expressed interest that a fostering class was held in Avon Park (recently). Another event is planned for the autumn. It's really cool, it really is," Albritton said. "We're making a difference."

"I could go on quite a while," said Terri Saunders, CEO of Heartland for Children, when asked about Albritton. "What makes her special is her huge heart for children, she just jumps in and takes action."

For example, Saunders said, Albritton has organized several professional photo shoots of young people waiting to be adopted. She gets them new clothes, sees they're groomed and styled for the photos. "That's been wonderful," Saunders said. "The kids come together, go out to the park and get photos to keep."

About the 1-1-1 project, Saunders said, "It's very exciting, it's launched and moving now. Missy is the spark. She carries this posi-

Missy is determined to ensure each child has a family they deserve.

Jeff Roth
director of Children's Advocacy Center

tive energy that's infectious. She gets you thinking, 'yeah, we can do this.'"

Jeff Roth, director of the Champion for Children Advocacy Center has worked with Albritton and knows her well. "God has sent us a visionary to tackle our community's most critical child protection need," he said. "Missy is determined to ensure each child has a family they deserve. I am a better person having known her."

There is no better compliment.

For more information about 1-1-1 and foster parent orientation call Heartland for Children at (863)519-8900 ext. 289, or contact 111projectsfl@gmail.com/.



Courtesy photo
Missy Albritton with her husband, Ben, who is the state representative for District 56.

Unsung Heroes award sponsored by the heroes at Agero.



CHRISTOPHER TUFFLEY/News-Sun
The culvert under Lakeview Drive connecting Lake Sebring with Lake Jackson, bone dry this spring, flows into Lake Jackson with a strong current July 26.

Lakes filling up

Continued from A1

Granville Kinsman, spokesman for the SWFWMD, expressed the same optimism.

"We've had a really, really good response," Kinsman said. "After 15 years of drought, we're looking good. The aquifers are stable and rivers above normal. Lake levels are the last thing to improve, and they are responding too — including Lake Jackson."

One sign of the improvement is the culvert connecting Lake Sebring and Lake Jackson. Dry at the beginning of the year, water now

flows with a strong current.

Kinsman explained decisions to move water through the system are made by SWFWMD's structure operations section, using guidelines set by the U.S. Army Corps of Engineers.

Aeromed gets new helicopter

By BARRY FOSTER
News-Sun correspondent

SEBRING — Beginning this week, there will be a new helicopter in Highlands County. It will be a new EC135 that will serve as the air ambulance serving Highlands County.

Aeromed officials say it is slightly newer than the one they have been flying. The major difference is that it will be supplied by Metro Aviation instead of Air Methods.

Highlands County commissioners last week issued a Certificate of Public Convenience and Necessity allowing Florida Health Science Center, the parent company for Tampa General Hospital, to continue operating the service

following a split with Air Methods, which had been their vendor for aircrafts.

The Aeromed crew will remain unchanged.

The business split between the two entities becomes effective today. To cover the two-day gap between the effective date of the certificate of need and the dissolution of the business agreement, commissioners also enacted an extension of the certificate.

State officials issued a permit for the new Metro-supplied helicopter last Thursday, certifying it to fly as an air ambulance.

Aeromed is in line for a state-of-the-art equipped Bell 407. That helicopter will be delivered sometime in September.

Heartland's BUSINESS SPOTLIGHT

<p>Your Ad Here! Call Terri at 863-386-5628</p>	<p>A boutique for 2 and 4 legged friends!</p> <ul style="list-style-type: none"> Local retailer of FROMM and Nutri-Sources Pet Art by Local Artists Spa products, clothing, toys, bedding, home decor items and more! We now offer Grooming Services! Call for appt. <p>ALL treats and food made in the USA M-F: 10am-5pm Sat: 10am-4pm 112 N. Ridgewood Dr. Sebring, District 56, FL 33902</p>	<p>Royce Supply</p> <p>When one thinks of Florida, one thinks of the outdoors, and here in Highlands County one of those synonymous names associated with the outdoors is the Royce family.</p> <p>In 2007, Steve Royce saw a need for many of the products now offered by Royce Supply in Lake Placid, which is owned by he and his wife, Michelle Royce. They moved to their current location at 830 U.S. 27 South in 2009.</p> <p>The Royces pride themselves on customer service of most all brands. "We know how important it is to be taken care of and to have someone you can trust." For commercial lawn care, Royce Supply offers Stihl, eXmark and Grasshopper products. For the homeowner, the store also offers Cub Cadet products.</p> <p>The experienced professionals in the parts department at Royce Supply want to make sure the right parts at a fair price are sold the first time. The team is happy to answer questions and will help the customer find the parts they need.</p> <p>The service department has factory-trained technicians on hand to service equipment quickly and at a fair price.</p> <p>For information on Royce Supply, stop by and visit them at 830 U.S. 27 South in Lake Placid or call 465-2160.</p>
<p>Your Ad Here! Call Terri at 863-386-5628</p>	<p>OUTDOOR POWER EQUIPMENT</p> <p>Service • Parts • Repairs</p> <p>Parts & Service for most brands: STIHL, Cub Cadet, John Deere</p> <p>Is it time for your mower to be serviced?</p> <p>Royce Supply 830 US 27 S. Lake Placid 863-465-2160</p>	<p>HAPPY OWL</p> <p>For all your Educational & Party Supplies</p> <p>Educational Resources Balloons • Party Supplies Lamination Services Gift Certificates</p> <p>327 N. Ridgewood Dr. NEW STORE HOURS: 863-385-4544 8-11:30am-7pm Sun: 10am-4pm</p>
<p>Your Ad Here! Call Terri at 863-386-5628</p>		

2013 WEIGHT LOSS CHALLENGE

The next 12 Week Body Transformation Challenge will begin on August 17th.

For further information regarding this class or any of the other classes offered at the school, please call Universal Center of Natural Martial Arts at: 863-382-0818.

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Universal Center of Natural Martial Arts
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863-382-0818

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<p>11.99</p> <p>Skol Vodka Or Gin, 1.75 L</p>	<p>26.99</p> <p>Grey Goose Vodka Selected Varieties, 750 ml</p>
<p>19.99</p> <p>Sauza Tequila Gold or Blanco, 1.75 L</p>	<p>16.99</p> <p>Camarena Tequila Reposado or Silver, 750 ml</p>
<p>21.99</p> <p>Disaronno Amaretto 750 ml</p>	<p>24.99</p> <p>Bulleit Bourbon 750 ml</p>
<p>35.99</p> <p>Jack Daniel's Tennessee Whiskey Or Tennessee Honey, 1.75 L</p>	<p>25.99</p> <p>Eagle Rare Single Barrel Bourbon 10 Year, 750 ml</p>
<p>17.99</p> <p>Old Smuggler Scotch 1.75 L</p>	<p>24.99</p> <p>Grant's Scotch 1.75 L</p>
<p>33.99</p> <p>Crown Royal Special Reserve 750 ml</p>	<p>15.99</p> <p>Canadian Hunter 1.75 L</p>

Prices effective Thursday, August 1 through Wednesday, August 7, 2013.
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Six communities set for National Night Out events on Tuesday

Special to the News-Sun
Six communities in Highlands County will participate in National Night Out on Tuesday. Also known as "America's Night Out Against Crime," this activity began in 1984 as a way to promote involvement in crime prevention activities, especially Neighborhood Watch.

According to the National Association of Town Watch, the organization behind this effort, National Night Out now involves more than 37 million people and 15,000 communities from all 50 states, U.S. Territories, Canadian cities and military bases worldwide.

Originally a "lights on" campaign with symbolic front porch vigils, the celebration, set for the first Tuesday of August, has turned into block parties, cookouts and crime prevention demonstrations of all proportions.

Here in Highlands County, members of the Sheriff's Office Command Staff will be hosting cookouts at six locations throughout the county. On the north end, Reflections on Silver Lake will start the celebrations with their cook out beginning at 5 p.m. Tanglewood will follow with their cook out beginning at 6 p.m.

Both of these locations

will have presentations from Sheriff's Office personnel along with visits from the K-9 Unit. Moving south, Veranda Breeze Apartments in Sebring will have representatives from the Masonic Lodge offering child fingerprint services along with Sheriff's Office and Sebring Police Department representatives cooking hot dogs and socializing with residents. A K-9 unit will also be making an appearance at this event, which will also begin at 6 p.m.

In Spring Lake, members of the recently re-organized Neighborhood Watch group will be joining Sheriff's Office personnel to cook hot

dogs at the Community Center. In Leisure Lakes, neighbors will meet at the fire house for their cookout where there are tentative plans for entertainment as well. Rounding out the celebrations is Tropical Harbor in Lake Placid where residents augment the hot dog cookout with pot luck dishes. All three of these events begin at 6 p.m. and include visits from K-9 deputies and their partners as well.

"This event has grown every year since we started over 15 years ago," said Sheriff Susan Benton. "We expect to have over 600 people interacting with our members at the six locations



combined.

"National Night Out is designed to celebrate our crime prevention successes and strengthen these programs for the upcoming year and we always enjoy this opportunity to interact with

the community because we are only there to visit, not answering a call for service."

For more information on National Night Out, please visit the National Organization of Town Watch website at www.natw.org/.

Ethics probe completed in Anderson-Deleon dispute

Continued from A1

complaint, order a public hearing based on finding sufficient evidence, or order a public report as a final disposition.

Anderson filed a complaint against Deleon early this year, saying Deleon had targeted his business, Anderson Arms, which manufactures ammunition, in retaliation to Anderson's negative vote against granting Deleon a time extension to sell his house in Lake Placid and move to Avon Park as required by the city charter.

In his complaint Anderson alleges Deleon threatened him in person, "saying that if he (Anderson) questioned him publicly again about his private business, his (Anderson's) private business would face serious consequences."

Soon after, Anderson alleges, Highlands County building official Sol Moseley Jr. came to inspect

his business. Anderson reportedly told investigators "they wanted him (Moseley) to find something not in compliance at Anderson Arms in order to shut the business and will be 'pissed off' if he does not."

Anderson also alleged that on the same day Captain David Cloud also conducted a fire inspection, although he had inspected the building one to two months earlier.

Anderson told the commission investigator that Cloud said he too had been threatened. That, "Deleon had ordered the inspection and he (Cloud) was afraid if he did not find a problem at Anderson Arms, 'they would be pissed off'." According to Anderson, Cloud did not find any violations.

Anderson said both officials spoke to him of Deleon's alleged threats when he was alone, so there are no witnesses to those conversations.

Anderson also claimed Deleon contacted the Bureau

of Alcohol Tobacco and Firearms asking for an inspection of his business.

The preliminary report states that the BATF did receive a complaint, not from Deleon, but an employee of the Highlands County Sheriff's Office alleging Anderson Arms was a fire hazard, selling illegal ammunition and storing too many explosives.

BATF stated an investigation was done that did not discover violations, except that the business address was not the same as the one on record with the Sheriff's Office. Changing addresses without notifying BATF is a violation and an order was issued to Anderson for that offense.

For his part, Deleon told the commission investigator that he had requested an inspection by Moseley of Anderson Arms because of a complaint by Kenny Long of Long's Air Conditioning regarding alleged faulty wiring improperly installed

without permits.

In November of 2012, Long and Anderson engaged in a dispute regarding \$200,000 in machine damage due to the interior wiring, which Anderson claimed Long installed in October of 2009. Long replied he had only installed the electrical line into the building, not any of the interior wiring. Deleon said that after inspecting the electrical work, Long told him (Deleon) the wiring constituted a fire hazard.

Long told the commission inspector he had contacted Cloud and Moseley to report the alleged fire hazard, not Deleon, and only spoke to the city manager after Cloud's inspection was done. Cloud also said he had not spoken to Deleon before the

inspection.

When reached Tuesday morning, Anderson said he had not received a copy of the report so he had nothing to say.

Deleon issued a release saying, "Because I opted to

waive my confidentially rights, this report is now considered a public record. I am obliged to bring these concerns forward in order to restore the damaged public trust and regain the city's operational focus."

Massive explosions rock Blue Rhino propane plant in Tavares

TAVARES (AP) — A series of explosions rocked a central Florida propane gas plant and sent "boom after boom" through the neighborhood around it. Eight people were injured, with at least four in critical condition.

John Herrell of the Lake County Sheriff's Office said early Tuesday that no one died despite massive blasts that ripped through the Blue Rhino propane plant late Monday night. Officials initially scrambled to find more than a dozen employees after the explosions.

"Management is comfortable saying all of those they knew were there tonight have been accounted for," he said.

Tavares Fire Chief Richard Keith said possible causes of the explosion may

be either equipment malfunction or possibly human error. Sabotage was not suspected.

One person injured in the explosion was listed in critical condition at University of Florida Health Shands Hospital and three others were listed in critical condition at Orlando Regional Medical Center. Herrell said some others drove themselves to area hospitals.

Tavares Battalion Commander Eric Wages said five workers walked up to a command center firefighters set up near the plant Monday night with skin hanging off their arms, torso and faces. He said their arms were outstretched and they were in complete shock.

The Blue Rhino plant refilled propane tanks typically used for barbecues and

other uses. There were some 53,000 20-gallon tanks at the plant on Monday.

Tuesday morning, smoke still billowed from a storage container on the property, which consists of a couple of warehouses next to each other.

The parking lot was littered with thousands of blackened 20-gallon propane containers.

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Obituaries

DIANE ADAMS

Diane Lynn Adams, age 51, of Avon Park, Fla., passed away Monday, July 29, 2013 at her home. She was born June 11, 1962 in Meadville, Pa., and had been a resident of Avon Park since 2010, coming from St. Augustine, Fla. She was a Registered Nurse and attended Sunridge Baptist Church in Sebring. She enjoyed crafts, watching movies, traveling and spending time with her family and friends.

She is survived by her parents, James and Phyllis Adams of Avon Park; son,

Zachary Edwards of St. Augustine; sister, Cathy (David) Lewis of Avon Park; brother, Edward (Denette) Adams of Saegertown, Pa.; one niece and several nephews. She was preceded in death by a brother, Thomas Adams.

A memorial service will be held at 2:30 p.m. Sunday, Aug. 4, 2013 at Sunridge Baptist Church in Sebring. Arrangements have been entrusted to:

Stephenson-Nelson
Funeral Home
Avon Park, Fla. 33825
(863) 453-3101

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 (additional lines \$3 each)

REAL ESTATE EMPLOYMENT TRANSPORTATION
 5 lines - 6 pubs
\$3150
 6 lines - 14 pubs
\$71



- ### Index
- 1000 Announcements
 - 2000 Employment
 - 3000 Financial
 - 4000 Real Estate
 - 5000 Mobile Homes
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 - 8000 Recreation
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- The publisher assumes no financial responsibility for errors or for omission of copy. Liability shall not exceed the cost of that portion of space occupied by such error.

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1050 Legals

IN THE CIRCUIT COURT OF THE 10TH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA
 CASE NO. 09-385 GCS
 NATIONAL CITY BANK, SUCCESSOR BY MERGER TO NATIONAL CITY MORTGAGE CO.
 Plaintiff,
 vs.
 NORBY A. SOBALVARRO, et al.
 Defendant(s)

NOTICE OF SALE
 PURSUANT TO CHAPTER 45
 NOTICE IS HEREBY given pursuant to an Order or Final Judgment of Foreclosure dated July 25, 2013, and entered in Case No. 09-385 GCS of the Circuit Court of the 10th Judicial Circuit in and for Highlands County, Florida, wherein NATIONAL CITY BANK, SUCCESSOR BY MERGER TO NATIONAL CITY MORTGAGE CO., is the Plaintiff and NORBY A. SOBALVARRO; CONSUELO P. DIAZ; HIGHLANDS INDEPENDENT BANK; AND CURRENT TENANT(S), are the Defendants, the Clerk of Court will sell to the highest and best bidder for cash in the Jury Assembly Room, Basement, of the Highlands County Courthouse, 430 South Commerce Avenue, Sebring, FL 33870, at 11:00 a.m. Eastern Time, on August 29, 2013, the following described property set forth in said Order of Final Judgment, to wit:
 Lot 10, Block 496, Sebring Manor, according to the plat thereof as recorded in Plat Book 2, Page 57, Public Records of Highlands County, Florida.
 IF YOU ARE A PERSON CLAIMING A RIGHT TO FUNDS REMAINING AFTER THE SALE, YOU MUST FILE A CLAIM WITH THE CLERK OF COURT NO LATER THAN 60 DAYS AFTER THE SALE. IF YOU FAIL TO FILE A CLAIM, YOU WILL NOT BE ENTITLED TO ANY REMAINING FUNDS. AFTER 60 DAYS, ONLY THE OWNER OF RECORD AS OF THE DATE OF THE LIS PENDENS MAY CLAIM THE SURPLUS.
 If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator at (863) 534-4686 (Voice) or (863) 534-7777 (TDD) or (800) 955-8770 (Florida Relay Service), at least 7 days before your scheduled court appearance, or immediately upon receiving this notification if the time before the scheduled appearance is less than 7 days; if you are hearing or voice impaired, call 711.
 DATED at Highlands County, Florida, this 26th day of July, 2013.

Robert W. Germaine, Clerk
 Highlands County, Florida
 By: /s/ Toni Kopp
 Deputy Clerk

WWR #10055815
 July 31, August 7, 2013

1050 Legals

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA
 PROBATE DIVISION
 FILE NO. PC 13-283
 Division

IN RE: ESTATE OF LEONTINE ELAINE CARR a/k/a LEONTINE JONES CARR a/k/a LEONTINE J. CARR Deceased.

NOTICE TO CREDITORS
 The administration of the estate of Leontine Elaine Carr a/k/a Leontine Jones Carr a/k/a Leontine J. Carr, deceased, whose date of death was April 18, 2013, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 South Commerce Avenue, Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.
 All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.
 All other creditors of the decedent and persons having claims or demands against decedent's estate must file their claim with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.
 ALL CLAIMS NOT SO FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.
 NOTWITHSTANDING THE TIME PERIOD SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.
 The date of first publication of this Notice is July 31, 2013.

Personal Representative:
 Dabney J. Carr, IV
 3917 West Franklin Street
 Richmond, VA 23221

BREED & NUNNALLEE, P.A.
 Attorneys for Personal Representative
 325 NORTH COMMERCIE AVENUE
 SEBRING, FL 33870
 By: /s/ E Mark Breed III
 E. MARK BREED III
 Florida Bar No. 338702
 July 31; August 7, 2013

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA
 CIVIL ACTION
 CASE NO.: 28-2013-CA-000160
 DIVISION:

U.S. BANK NATIONAL ASSOCIATION, AS TRUSTEE FOR J.P. MORGAN MORTGAGETRUST 2006-S2
 Plaintiff,
 vs.
 DEBBIE HEARIN
 ALSO KNOWN AS DEBORAH J. HEARIN
 ALSO KNOWN AS DEBORAH HEARIN, et al.
 Defendant(s).

AMENDED NOTICE OF ACTION
 To: Debbie Hearin
 also known as Deborah J. Hearin
 also known as Deborah Hearin

The Unknown Spouse of Debbie Hearin
 also known as Deborah J. Hearin
 also known as Deborah Hearin
 Last Known Address: 4416 Medina Way,
 Sebring, FL 33875-5045
 Current Address: Unknown
 ANY AND ALL UNKNOWN PARTIES CLAIMING BY, THROUGH, UNDER, AND AGAINST THE HEREIN NAMED INDIVIDUAL DEFENDANT(S) WHO ARE NOT KNOWN TO BE DEAD OR ALIVE, WHETHER SAID UNKNOWN PARTIES MAY CLAIM AN INTEREST AS SPOUSES, HEIRS, DEVISEES, GRANTEEES, OR OTHER CLAIMANTS
 Last Known Address: Unknown
 Current Address: Unknown
 YOU ARE NOTIFIED that an action to foreclose a mortgage on the following property in Highlands County, Florida:
 LOT 9, LESS THE SOUTH 10 FEET THEREOF AND THE SOUTH 15 FEET OF LOT 10, SCENIC ESTATES, ACCORDING TO THE PLAT THEREOF RECORDED IN PLAT BOOK 9, PAGE 63, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
 A/K/A 108 Karola Dr, Sebring, FL 33870-1078 has been filed against you and you are required to serve a copy of your written defenses within 30 days after the first publication, if any, on Albertelli Law, Plaintiff's attorney, whose address is P.O. Box 23028, Tampa, FL 33623, and file the original with this Court either before August 20, 2013 service on Plaintiff's attorney, or immediately thereafter; otherwise, a default will be entered against you for the relief demanded in the Complaint or petition.
 This notice shall be published once a week for two consecutive weeks in the News-Sun.
 WITNESS my hand and the seal of this court on this 26th day of July, 2013.

ROBERT W. GERMAINE, CLERK
 Clerk of the Circuit Court
 By: /s/ Toni Kopp
 Deputy Clerk

Albertelli Law
 P.O. Box 23028
 Tampa, FL 33623
 016345F01
 **See the Americans with Disabilities Act
 if you a person with a disability who needs assistance in order to participate in a program or service of the State Courts System, you should contact the Office of the Court Administrator at (863)534-4686 (voice), (863) 534-7777 (TDD) or (800) 955-8770 (Florida Relay Service), as much in advance of your court appearance or visit to the courthouse as possible. Please be prepared to explain your functional limitations and suggest an auxiliary aid or service that you believe will enable you to effectively participate in the court program or service.
 July 31; August 7, 2013

1050 Legals

IN THE CIRCUIT COURT OF THE 10TH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA
 CIVIL DIVISION
 CASE NO.: 2011-CA-000843

The Bank of New York Mellon f/k/a The Bank of New York, as Trustee for the Certificateholders of CWABS, Inc., Asset-Backed Certificates, Series 2007-11
 Plaintiff,
 vs.-
 Arnold B. Toney and Mary Lee Toney a/k/a Mary L. Toney, Husband and Wife; Clerk of the Circuit Court of Highlands County, Florida; Unknown Parties in Possession #1, If living, and all Unknown Parties claiming by, through, under and against the above named Defendant(s) who are not known to be dead or alive, whether said Unknown Parties may claim an interest as Spouse, Heirs, Devisees, Grantees, or Other Claimants
 Defendant(s).

NOTICE OF SALE
 NOTICE IS HEREBY GIVEN pursuant to an Order dated July 25, 2013, entered in Civil Case No. 2011-CA-000843 of the Circuit Court of the 10th Judicial Circuit in and for Highlands County, Florida, wherein The Bank of New York Mellon f/k/a The Bank of New York, as Trustee for the Certificateholders of CWABS, Inc., Asset-Backed Certificates, Series 2007-11, Plaintiff and Arnold B. Toney and Mary Lee Toney a/k/a Mary L. Toney, Husband and Wife are defendant(s), I, Clerk of Court, ROBERT W. GERMAINE, will sell to the highest and best bidder for cash, AT THE JURY ASSEMBLY ROOM IN THE BASEMENT OF THE HIGHLANDS COUNTY COURTHOUSE LOCATED AT 430 SOUTH COMMERCIE AVENUE, SEBRING, FLORIDA AT 11:00 A.M., August 29, 2013, the following described property as set forth in said Final Judgment, to-wit:
 THE SOUTH 1/2 OF LOT 9 AND ALL OF LOT 10, BLOCK 427, OF SEBRING SUMMIT, ACCORDING TO THE PLAT THEREOF, RECORDED IN PLAT BOOK 2, PAGE 62, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
 ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE.
 If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact Court Administration at 430 S. Commerce Avenue, Sebring, Florida 33870, telephone (863) 534-4690, within two (2) working days of receipt of this Notice; if you are hearing or voice impaired, call 1-800-955-8771.

ROBERT W. GERMAINE
 CLERK OF THE CIRCUIT COURT
 Highlands County, Florida
 By: /s/ Toni Kopp
 Deputy Clerk of Court

ATTORNEY FOR PLAINTIFF:
 SHAPIRO, FISHMAN & GACHE, LLP
 2424 North Federal Highway, Suite 360
 Boca Raton, Florida 33431
 (561)998-6700
 (561) 998-6707
 11-229079 FC01 CWF
 July 31; August 7, 2013

1050 Legals

IN THE CIRCUIT COURT OF THE 10TH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA
 CIVIL DIVISION
 CASE NO.: 28-2013-CA-000493

FEDERAL NATIONAL MORTGAGE ASSOCIATION, Plaintiff,
 vs.
 BECKY S. CRUZ AND ERNESTO CRUZ JR., et al., Defendants.

NOTICE OF ACTION

TO:
 BECKY S. CRUZ
 Last Known Address: 258 CASPIAN TERN AVE,
 SEBRING, FL 33870
 Also Attempted At: 1820 6TH ST SE,
 WINTER HAVEN, FL 33880
 Also Attempted At: 930 BUTTERCUP DR,
 LAKELAND, FL 33801
 Other: P.O. BOX 983, SEBRING, FL 33871
 Current Residence Unknown

ERNESTO CRUZ JR.
 Last Known Address: 258 CASPIAN TERN AVE,
 SEBRING, FL 33870
 Also Attempted At: 1820 6TH ST SE,
 WINTER HAVEN, FL 33880
 Also Attempted At: 930 BUTTERCUP DR,
 LAKELAND, FL 33801
 Other: P.O. BOX 983, SEBRING, FL 33871
 Current Residence Unknown

YOU ARE NOTIFIED that an action for Foreclosure of Mortgage on the following described property:
 LOT 1, BLOCK 37, SEBRING HILLS SOUTH UNIT NO. 2, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 9, PAGE 7, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA,
 has been filed against you and you are required to serve a copy of your written defenses, if any, to it, on Choice Legal Group, P.A., Attorney for Plaintiff, whose address is 1800 NW 49TH STREET, SUITE 120, FT. LAUDERDALE FL 33309 on or before September 4, 2013, a date which is within thirty (30) days after the first publication of this Notice in THE NEWS SUN and file the original with the Clerk of this Court either before service on Plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the complaint.
 If you are a person with a disability who needs assistance in order to participate in a program or service of the State Courts System, you should contact the Office of the Court Administrator at (863)534-4686 (voice), (863)534-7777 (TDD) or (800)955-8770 (Florida Relay Service) as much in advance of your court appearance or visit to the courthouse as possible. Please be prepared to explain your functional limitations and suggest an auxiliary aid or service that you believe will enable you to effectively participate in the court program or service.
 WITNESS my hand and the seal of this Court this 25th day of July, 2013.

ROBERT W. GERMAINE
 As Clerk of the Court
 By: /s/ Priscilla Michalak
 As Deputy Clerk
 July 31; August 7, 2013

1050 Legals

IN THE CIRCUIT COURT IN AND FOR HIGHLANDS COUNTY, FLORIDA
 CASE NO.: 2010-CA-000769

BAC HOME LOANS SERVICING, LP FKA COUNTRYWIDE HOME LOANS SERVICING LP
 Plaintiff,
 vs.
 LUIS J. BARAJAS; SENDI BARAJAS, ET AL., Defendants.

NOTICE OF FORECLOSURE SALE
 NOTICE is hereby given that the undersigned Clerk of the Circuit Court of Highlands County, Florida, will on the 29th day of August, 2013, at 11:00 o'clock A.M. at the in the Jury Assembly Room in the basement of the Highlands County Courthouse located at 430 South Commerce Avenue, Sebring, Florida at 11:00 A.M., offer for sale and sell at public outcry to the highest and best bidder for cash, the following-described property situated in Highlands County, Florida:
 LOTS 6010, 6011 AND THE EAST HALF OF LOT 6012, AVON PARK LAKES UNIT NO. 19, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 5, PAGE 14, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA,
 pursuant to the Final Judgment entered in a case pending in said Court, the style of which is indicated above.
 Any person or entity claiming an interest in the surplus, if any, resulting from the foreclosure sale, other than the property owner as of the date of the Lis Pendens, must file a claim on same with the Clerk of Court within 60 days after the foreclosure sale.
 WITNESS my hand and official seal of said Court this 26th day of July, 2013.
 AMERICANS WITH DISABILITIES ACT. If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator, 255 N. Broadway Avenue, Bartow, Florida 33830, (863)534-4686, at least 7 days before your scheduled court appearance, or immediately upon receiving this notification if the time before the scheduled appearance is less than 7 days; if you are hearing or voice impaired, call 711.

CLERK OF THE CIRCUIT COURT
 ROBERT W. GERMAINE, CLERK
 By: /s/ Toni Kopp
 Deputy Clerk

(COURT SEAL)
 B&H #333332
 July 31; August 7, 2013

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA
 Case No: 13-544 FC

JOY L. CLEARY,
 Petitioner
 and
 RODNEY CLEARY JR.,
 Respondent.

NOTICE OF ACTION
 FOR DISSOLUTION OF MARRIAGE
 (NO CHILD OR FINANCIAL SUPPORT)

TO: RODNEY CLEARY JR.
 LAST KNOWN ADDRESS: 7600 boul Parent Trois Rivieres, district De Trois Rivieres Qc Canada G9A 5E1 YOU ARE NOTIFIED that an action for dissolution of marriage has been filed against you and that you are required to serve a copy of your written defenses, if any, to it on, Joy L. Cleary, whose address is 2247 Arbutuck Creek Rd., Sebring, FL 33870, on or before August 2, 2013 and file the original with the clerk of this Court at 590 S. Commerce Ave., Sebring, FL 33870, before service on Petitioner or immediately thereafter. If you fail to do so, a default may be entered against you for the relief demanded in the petition.
 The action is asking the court to decide how the following real or personal property should be divided. None. Copies of all court documents in this case, including orders, are available at the Clerk of the Circuit Court's office. You may review these documents upon request. You must keep the Clerk of the Circuit Court's office notified of your current address. (You may file Notice of Current Address, Florida Supreme Court Approved Family Law form 12.915.) Future papers in this lawsuit will be mailed to the address on record at the clerk's office. WARNING: Rule 12.285, Florida Family Law Rules of Procedure, requires certain automatic disclosure of documents and information. Failure to comply can result in sanctions, including dismissal or striking of pleadings.
 DATED: July 8, 2013. CLERK OF THE CIRCUIT COURT
 By: /s/ Alice Perez
 Deputy Clerk
 July 10, 17, 24, 31, 2013

1050 Legals

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA
 PROBATE DIVISION
 FILE NO. PC 13-308
 Division Probate

IN RE: ESTATE OF CLARA E. BAIR Deceased.

NOTICE TO CREDITORS
 The administration of the estate of Clara E. Bair, deceased, whose date of death was May 12, 2013, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 430 S. Commerce Avenue, Sebring, Florida 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.
 All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.
 All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.
 ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.
 NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.
 The date of first publication of this Notice is July 31, 2013.

Personal Representative:
 /s/ Joan T. Winger
 5128 Kay Lane
 Sebring, Florida 33875

Attorney for Person Giving Notice:
 James V. Lobo, Jr., Esq.
 Attorney for Joan T. Winger
 Florida Bar No. 274178
 211 S. Ridgewood Drive
 Sebring, Florida 33870
 Telephone: (863)402-1888
 Fax: (863) 471-0751
 E-Mail: jvpleadings@mllaw.net
 Secondary E-Mail: jlobozo@mllaw.net
 July 31; August 7, 2013

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA
 CIVIL ACTION
 CASE NO.: 28-2013-CA-000160
 DIVISION:

U.S. BANK NATIONAL ASSOCIATION, AS TRUSTEE FOR J.P. MORGAN MORTGAGETRUST 2006-S2
 Plaintiff,
 vs.
 DEBBIE HEARIN
 ALSO KNOWN AS DEBORAH J. HEARIN
 ALSO KNOWN AS DEBORAH HEARIN, et al.
 Defendant(s).

AMENDED NOTICE OF ACTION
 To: Debbie Hearin
 also known as Deborah J. Hearin
 also known as Deborah Hearin

The Unknown Spouse of Debbie Hearin
 also known as Deborah J. Hearin
 also known as Deborah Hearin
 Last Known Address: 4416 Medina Way,
 Sebring, FL 33875-5045
 Current Address: Unknown
 ANY AND ALL UNKNOWN PARTIES CLAIMING BY, THROUGH, UNDER, AND AGAINST THE HEREIN NAMED INDIVIDUAL DEFENDANT(S) WHO ARE NOT KNOWN TO BE DEAD OR ALIVE, WHETHER SAID UNKNOWN PARTIES MAY CLAIM AN INTEREST AS SPOUSES, HEIRS, DEVISEES, GRANTEEES, OR OTHER CLAIMANTS
 Last Known Address: Unknown
 Current Address: Unknown
 YOU ARE NOTIFIED that an action to foreclose a mortgage on the following property in Highlands County, Florida:
 LOT 9, LESS THE SOUTH 10 FEET THEREOF AND THE SOUTH 15 FEET OF LOT 10, SCENIC ESTATES, ACCORDING TO THE PLAT THEREOF RECORDED IN PLAT BOOK 9, PAGE 63, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
 A/K/A 108 Karola Dr, Sebring, FL 33870-1078 has been filed against you and you are required to serve a copy of your written defenses within 30 days after the first publication, if any, on Albertelli Law, Plaintiff's attorney, whose address is P.O. Box 23028, Tampa, FL 33623, and file the original with this Court either before August 20, 2013 service on Plaintiff's attorney, or immediately thereafter; otherwise, a default will be entered against you for the relief demanded in the Complaint or petition.
 This notice shall be published once a week for two consecutive weeks in the News-Sun.
 WITNESS my hand and the seal of this court on this 26th day of July, 2013.

ROBERT W. GERMAINE, CLERK
 Clerk of the Circuit Court
 By: /s/ Toni Kopp
 Deputy Clerk

Albertelli Law
 P.O. Box 23028
 Tampa, FL 33623
 016345F01
 **See the Americans with Disabilities Act
 if you a person with a disability who needs assistance in order to participate in a program or service of the State Courts System, you should contact the Office of the Court Administrator at (863)534-4686 (voice), (863) 534-7777 (TDD) or (800) 955-8770 (Florida Relay Service), as much in advance of your court appearance or visit to the courthouse as possible. Please be prepared to explain your functional limitations and suggest an auxiliary aid or service that you believe will enable you to effectively participate in the court program or service.
 July 31; August 7, 2013

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1050

Legals

PROFESSIONAL SERVICE DIRECTORY

NOTICE OF PUBLIC HEARING
SPRING LAKE IMPROVEMENT DISTRICT
 The Board of Supervisors of the Spring Lake Improvement District will hold a Public Hearing on Wednesday, August 14, 2013, at 10:00 a.m. at the Spring Lake Improvement District Office, 115 Spring Lake Blvd., Sebring, Florida, for the purpose of hearing comments from the public on the adoption of the proposed budgets for the Fiscal Year 2014, and to hear public comments of certain rates, fees, charges, and operating policies for the District's water utility system and lot mowing program. A copy of the budget is available at Spring Lake Improvement District Office, 115 Spring Lake Blvd., Sebring, Florida, as well as the District website at www.springlakefl.com. The Board will also consider any other business which may properly come before it.

EACH PERSON WHO DECIDES TO APPEAL ANY DECISION BY THE BOARD WITH RESPECT TO ANY MATTER CONSIDERED AT THE MEETING IS ADVISED THAT PERSON MAY NEED TO ENSURE THAT A VERBATIM RECORD OF THE PROCEEDINGS IS MADE INCLUDING THE TESTIMONY AND EVIDENCE UPON WHICH SUCH APPEAL IS TO BE BASED.

Joseph DeCarbo
 District Manager
 July 31; August 7, 2013

NOTICE OF DISPOSITION
 ACCORDING TO THE FLORIDA SELF STORAGE FACILITY ACT THE FOLLOWING STORAGE UNITS LOCATED AT THE STORAGE PLACE OF AVON PARK, 395 CR 17A WEST, AVON PARK, FL 33825 WILL BE DISPOSED OF ON AUGUST 19, 2013 AT 10:00 AM. ALL UNITS ARE SAID TO CONTAIN HOUSEHOLD GOODS UNLESS OTHERWISE STATED.

Names and unit numbers are as follows:
 NAME UNIT NUMBER
 Earl Getz 130
 Calvin Crowell II 339
 DISPOSITION BEING MADE TO SATISFY LANDLORD'S LIEN MANAGEMENT RESERVES ALL RIGHTS, UNDER FLORIDA LAW, ALL PAYMENTS MUST BE MADE IN CASH.

July 24, 31, 2013

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION
 CASE NO.: 2009-CA-001798
 BAC Home Loans Servicing, L.P. f/k/a Countrywide Home Loans Servicing, L.P. Plaintiff,
 -vs.-
 Miriam Santos Ortiz and Raymond Ortiz, Wife and Husband, Defendant(s).

NOTICE OF SALE
 NOTICE IS HEREBY GIVEN pursuant to an Order dated July 25, 2013, entered in Civil Case No. 2009-CA-001798 of the Circuit Court of the 10th Judicial Circuit in and for Highlands County, Florida, wherein BAC Home Loans Servicing, L.P. f/k/a Countrywide Home Loans Servicing, L.P., Plaintiff and Miriam Santos Ortiz and Raymond Ortiz Wife and Husband are defendant(s), I, Clerk of Court, ROBERT W. GERMAINE, will sell to the highest and best bidder for cash, AT THE JURY ASSEMBLY ROOM IN THE BASEMENT OF THE HIGHLANDS COUNTY COURTHOUSE LOCATED AT 430 SOUTH COMMERCE AVENUE, SEBRING, FLORIDA AT 11:00 A.M., August 29, 2013, the following described property as set forth in said Final Judgment, to-wit:

LOT 34, BLOCK 4, SEBRING RIDGE, SECTION G, ACCORDING TO THE MAP OR PLAT BOOK 12, PAGE 28, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
 ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE.

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact Court Administration at 430 S. Commerce Avenue, Sebring, Florida 33870, telephone (863) 924-4690, within two (2) working days of receipt of this Notice; if you are hearing or voice impaired, call 1-800-955-8771.

ROBERT W. GERMAINE
 CLERK OF THE CIRCUIT COURT
 Highlands County, Florida
 By: /s/ Toni Kopp
 Deputy Clerk of Court

ATTORNEY FOR PLAINTIFF:
 SHAPIRO, FISHMAN & GACHE, LLP
 2424 North Federal Highway, Suite 360
 Boca Raton, Florida 33431
 (561)998-6700
 (561)998-6707
 09-154367 FC01 CWF

July 31; August 7, 2013

NOTICE OF APPLICATION
 FOR TAX DEED 13000043TDS
 CHAPTER 197.512 F.S.

NOTICE IS HEREBY GIVEN, that A PERFORMANCE MAINTENANCE CO, the holder of the following certificate has filed said certificates for a tax deed to be issued thereon. The certificate number and year of issuance, the description of the property, and the names in which it was assessed are as follows:

Certificate No.: 14368
 Year of Issuance: 06-01-2011
 Tax ID: C-19-39-30-010-00E0-0010

Description of Property:
 A PORTION OF VENUS PARK PLAT NO. 2 ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 2 PAGE 32 OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA, AND A PORTION OF TOWN OF VENUS ACCORDING TO THE PLAT THEREOF AS RECORDED IN TRANSCRIPT BOOK 25 OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY.

Name in which assessed:
 VENUS CARIBBEAN GROUP LLC;
 All of said property being in the County of Highlands, State of Florida. Unless said certificate shall be redeemed according to law the property described in such certificate shall be sold to the highest bidder at Highlands County Government Center in the Board of County Commissioners Boardroom in accordance with Chapter 45, Florida Statutes at 10:00 A.M., or thereafter on 28th day of August, 2013.

Dated this 11th day of June, 2013.
 ROBERT W. GERMAINE
 Clerk of the Circuit Court of Highlands County, Florida
 Signature: /s/ Misty Blackburn
 MISTY BLACKBURN, Deputy Clerk

July 24, 31; August 7, 14, 2013

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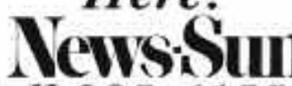
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 Email: **amarsella@newssun.com**

1100 Announcements
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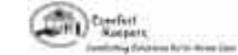
2000

Employment

2100

Help Wanted

INTERVIEWERS WESTAT seeks motivated, detail-oriented individuals to work part time on an important study, the National Study of Health-Related Behaviors (NSHB). Interviewers will collect information from respondents about tobacco use and its effects on health. Interviewers will show respondents how to collect cheek cells and urine samples using a self-collection kit and coordinate appointments for a blood sample to be taken by a trained health professional. To learn more about this position and apply, go to www.westat.com/fieldjobs and enter Job ID 6345BR. WESTAT EOE



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HBI HAS AN IMMEDIATE NEED for a full time Facilities Maintenance Instructor in Okeechobee. For information and to apply, visit www.hbi.org EOE/AA/M/F/D/V

HOMEMAKER COMPANIONSHIP CO. In Home - Non Medical. Per Diem Must pass level 2 background check and have own transportation with proof of insurance. Send resume to: info@davincl-helpinghands.com

LOCAL DRIVER WANTED F/T for Parcel Delivery must have at least 1 year of verifiable driving experience (within the last 3 yrs. immediately preceding the date of hire). Must have experience in a 14,000 GWR to 26,000 GWR van or truck. Must have clean driving record and be able to pass background and drug screening, must be able to lift 70lbs., be dependable and 21 yrs. or older. Send resume or go to Heartland Workforce.

LOOKING FOR FEMALE ROOMMATE/BABYSITTER Home is in Lorida. For more info call George at 863-261-5097.

3000

Financial

4000

Real Estate

4040

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IN 55+COMMUNITY-BEAUTIFUL 2 bedroom 2 bath home in Village Setting with all of the amenities and security for an active and serene senior lifestyle on the historic Suwannee RIVER. A few amenities are: *Planned Activities, Social Clubs Church Groups *Medical Pharmacy available *Fitness and Wellness Center Nature Trail *Village Square Shops and Services *Conference Retreat Center *Village Lodge/Other Guest Accommodations *Artist Series Please visit www.acfillage.net for a complete list of amenities. CALL TODAY! Hallmark Real Estate, Janet Creel @ 1-877-755-6600 or visit www.hallmarklakecity.com

4120

Villas & Condos For Sale

SEBRING 2/1 Villa, 3018 Spinks Rd. \$585/mo. \$600 Security. No Pets. Call 863-385-3101

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5000

Mobile Homes

6000

Rentals

6200

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6250

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SUN N LAKES SEBRING 2BR/2BA Home. \$675 w/Lawn Care. 3913 Palazzo Dr. Call 301-401-5615

6450

Roommates Wanted

LOOKING FOR FEMALE ROOMMATE/BABYSITTER Home is in Lorida. For more info call George at 863-261-5097.

7000

Merchandise

7310

Bargain Buys

3 TIRES P235 R60-16 EXCELLENT CONDITION, \$60 OBO PHONE 863-314-0330.

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DRAPES, VALANCES, sheers & scarf for a large picture window and one double paned window. Colors plum-beige, gold-white. Choice of set \$100. 863-381-9921.

LUMBER ASSORTED LENGTHS \$10. Must Take All. 463-655-0342

7320

Garage & Yard Sales

AVON PARK Estate Sale! Fri. - Sat. 8/2 & 8/3. 8 - ? 1002 N. Peniel Ave. Full House. Too Much to list. Must See!

AVON PARK Sat. 8 - 12pm. 2105 Lake Lotela. Lots of clothes, household items & more!

AVON PARK Three family yard sale. Misc. items. 1381 Talbott Cir (off Lake Lotela Dr) Avon Park. Fri Sat 08/2-3. 8AM - 2PM

AVON PARK * HUGE SALE * 1732 US Hwy. 27N Lake Brentwood Plaza, Sat. Aug. 3, 2013, 8AM - 2PM. Clothing, Furniture, Sm. Appliances, Toys, Household Items. Much More!

LAKE PLACID * * ESTATE SALE * * Aug. 2, 3 & 4 8AM-4PM 235 Cumquat Rd. NE 33852. From Hwy 27 take Interlake Blvd past Devane Park to end, turn left on Catfish Creek Rd., to left on Placid Lakes Blvd., & left again on Cumquat Rd.NE. From Hwy 70 take Placid Lakes Blvd and go right on Cumquat Rd. LA-Z-BOY adjustable pit style sofa bed & fainting couch which opens to a single bed. Curio cabinet, rocker, touchier lamp, colorful rattan sleep sofa and coffee table, tvs, Roll Top desk, rock albums, Contemporary BR sets with armories, mirrors & extra storage. Buyer will need to purchase their own mattresses. Nice collection of jewelery, Art Glass pieces, collectible dog plates. Wicker shelf, Rene' wig, Nautical artwork, shell dishes. Shimano rods & reels, lures, rod stand, lanterns and candles. King and Queen sheets & blankets. Fabulous designer clothing sizes two through Plus. Bob Mackie Wearable Art sweater jacket, dresses, belts, Leather, Jean and Satin jackets. Men's medium shirts, suits and jeans. Go-Go power chair NEW BATTERIES. brand new Weber Kettle Grill. Power tools, generator, jack stands, weed eater, chainsaw. Many more items not listed here! Sunday - all items 1/2 price!! Rain or Shine! View us on www.estatesales.net Donna Collins Estate Sale

LAKE PLACID **SUN 'N LAKES** 113 Golfpoint Dr, Thur /Fri /Sat, Aug. 1-2-3, 8am - Dark. Tools, Toys, Trains, Household, Media, Furn., DVD's, CD's, VHS, electronics, Art & Much More!

SEBRING SUN. 7/28, Wed. 7/31 & Fri. 8/2. 9 - 4pm. 1122 Jade Ave. Over 1200 Golf Clubs, some in sets, many name brands.

SEBRING * MOVING SALE * Rain or Shine 4127 NAVARRE AVE., Fri & Sat, Aug. 2 & 3, 7 AM - ? Furn., Exercise equip., Household Items, Infant clothes. Too Much To List!

7520

Pets & Supplies

NOTICE

Florida statute 585.195 states that all dogs and cats sold in Florida must be at least eight weeks old, have an official health certificate and proper shots and be free of intestinal and external parasites.

7560

Medical Supplies & Equipment

LIFT CHAIR Tan, very good cond. \$350. Call 863-382-9289

SCOOTER WITH 17AH Battery Pack "GO-GO" ELITE TRAVELLER PLUS Like New (used 3 times). 3 Wheels. Disassembles easily to transport in trunk. \$600. 863-655-1630

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NEWS-SUN

Highlands County's Hometown Newspaper Since 1927

Five-Day forecast for Highlands County

TODAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Partly sunny, a t-storm in the p.m.	A heavy afternoon thunderstorm	A couple of showers and a t-storm	A t-storm in spots in the afternoon	Clouds and sun with a thunderstorm
92° / 74°	89° / 74°	91° / 74°	94° / 75°	91° / 75°
Winds: ESE at 4-8 mph	Winds: E at 4-8 mph	Winds: E at 3-6 mph	Winds: SSE at 3-6 mph	Winds: WSW at 3-6 mph



Almanac

Temperature
Readings at Archivist Biological Station in Lake Placid

High Friday	92°
Low Friday	71°
High Saturday	90°
Low Saturday	70°
High Sunday	95°
Low Sunday	70°
High Monday	92°
Low Monday	70°

Heat Index
For 3 p.m. today

Relative humidity	52%
Expected air temperature	92°
Makes it feel like	101°

Borometer

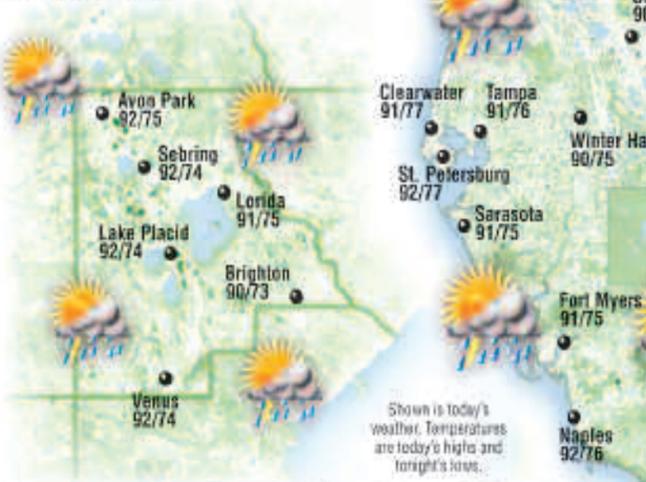
Saturday	N.A.
Sunday	29.95
Monday	29.99

Precipitation

Saturday	0.23"
Sunday	0.01"
Monday	0.00"
Month to date	14.85"
Year to date	44.84"

Regional Summary

A shower or thunderstorm this afternoon. A shower or thunderstorm this evening. A shower or heavy thunderstorm in the area tomorrow afternoon. Friday: a couple of showers and a thunderstorm.



Farm Report

A shower or thunderstorm this afternoon. Winds east-southeast 4-8 mph. Expect 4-8 hours of sunshine with a 55% chance of precipitation and average humidity 70%.

Water Restrictions

- Even addresses may water on Thursday and Sunday.
- Odd addresses may water on Wednesday and Saturday.
- All watering should take place before 10 a.m. and after 4 p.m.

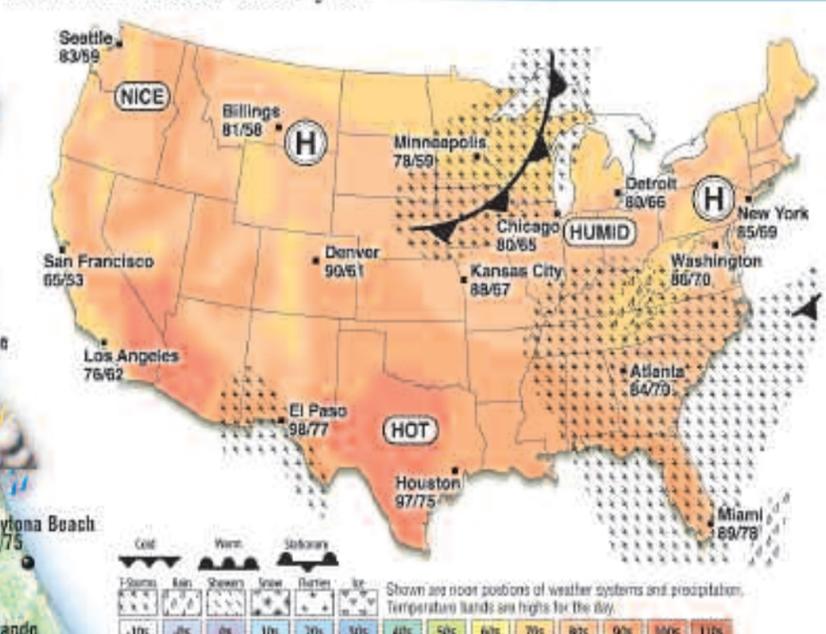
Florida Cities

City	Today	Thu.	Fri.
Dade Coral	91/75H	88/70A	90/70A
Clearwater	91/77H	88/71A	89/76A
Orlando	90/75A	88/71A	91/74A
Daytona Beach	88/75H	86/73A	90/73A
St. Petersburg	91/75H	88/71A	89/77A
Fort Myers	91/75H	88/71A	90/76A
Gainesville	90/73H	87/71A	91/71A
Hollywood	89/77H	87/75A	88/76A
Homestead AFB	88/77H	86/75A	88/76A
Jacksonville	88/73H	86/71A	88/73H
Key West	88/82H	88/81A	88/81H

Sun and Moon

	Today	Thursday
Sunrise	6:51 a.m.	6:52 a.m.
Sunset	8:13 p.m.	8:13 p.m.
Moonrise	1:46 a.m.	2:30 a.m.
Moonset	3:26 p.m.	4:16 p.m.

National Forecast for July 31



National Summary

Dry and comfortable weather will be found across a large part of New England today, but there will be some increasing clouds across western Pennsylvania and New York state. Numerous showers and thunderstorms will bloom from Florida and the Carolinas northward into the Tennessee River and Ohio River valleys. Showers and thunderstorms will also develop over the Great Lakes from Michigan to Minnesota. Hot and dry weather will be found across the southern Plains. Very warm weather will continue to grip the Southwest.

U.S. Cities

City	Today	Thu.	Fri.
Albuquerque	91/71H	91/71A	92/70H
Atlanta	84/70H	81/72A	85/82H
Baltimore	84/67C	80/66A	81/66A
Birmingham	90/72H	92/71H	91/68H
Boston	88/67H	88/64H	88/65H
Charlotte	80/68H	86/65H	84/65H
Chicago	83/66H	85/62H	85/60H
Cleveland	82/65H	80/62H	82/63H
Columbus	82/65H	82/60H	78/60H
Dallas	101/78H	103/81H	103/80H
Denver	90/61H	93/61H	91/63H
Detroit	85/66H	83/62H	79/60H
Harrisburg	84/67H	76/64H	82/61H
Houston	87/75H	88/75H	88/74H
Indianapolis	82/68H	82/63H	82/63H
Jackson, MS	95/73H	96/72H	97/74H
Kansas City	88/67H	87/66H	88/71H
Lexington	84/67H	84/61H	84/60H
Little Rock	96/74H	96/74H	95/74H

World Cities

City	Today	Thu.	Fri.
Acapulco	91/78H	93/77A	93/76H
Athens	91/79H	90/77A	90/77H
Bahia	88/75H	88/74H	87/74H
Berlin	75/57H	75/56H	84/63H
Buenos Aires	85/77H	85/76H	88/79H
Calgary	72/40H	70/30H	64/42H
Dublin	68/51H	70/48H	70/47H
Edmonton	70/45H	70/48H	73/47H
Freeport	88/78H	86/77H	87/76H
Geneva	81/54H	81/59H	82/58H
Havana	89/71H	88/71A	89/71H
Hong Kong	87/83H	88/80H	88/82H
Jakarta	84/65H	86/66H	86/67H
Johannesburg	80/35H	81/37H	82/36H
Kiev	82/62H	81/58H	73/57H

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Offer Expires 8/31/13

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Order by Phone 888-688-8335 - Add \$12 S&H

Women's: Sizes 4-12, S-XW

Men's: Sizes 6-15, S-XW

SAS for Men

LAKELAND Comfort Shoes

HAVE A COLD ONE

Offer starts **July 1st**
But only last til **August 31st!**

No interest if paid in full within 36 months. Plus a trade-in allowance up to \$1,250 on qualifying systems.

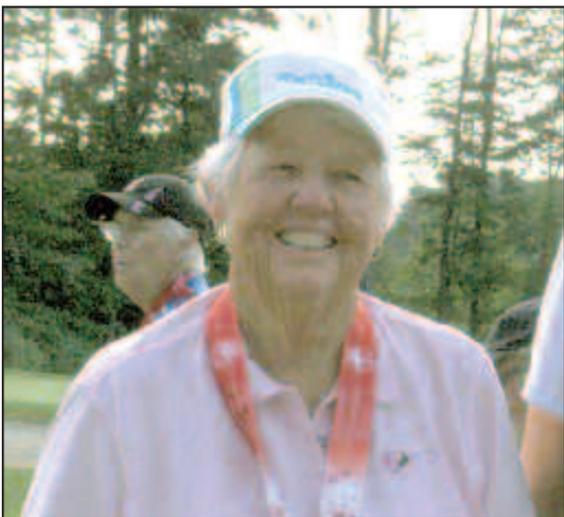
Up to \$300 Tax Credit Available on Qualifying Systems.

Get a trade-in cash allowance up to \$1,250 & No Interest if paid in full within 36 months!

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Courtesy photo

Gail Brown added some more hardware to her trophy case with a silver medal at this year's National Senior Games in Cleveland, Ohio.

Brown swings to silver at Senior Games

Special to the News-Sun CLEVELAND, Ohio – In round one of the National Senior Games golf held Wednesday, July 24, Tanglewood's Gail Brown shot a 94 that put her in fifth place in the field of 15 women aged 75 to 79.

This was certainly not Gail's usual fine score, most likely attributed to her lack of practice since breaking her wrist in May.

In round two, Gail found her groove and came in second with a much improved score of 84 moving her up

the leaderboard to fourth place in her division.

Gail's third round was her best with an 81, which proved to be the third best score carded during the three-day event.

Only gold medalist, Kay Griffel of Colorado, posted better scores with her opening round 77 and final round 73.

With a total of 263 for the tournament, Gail earned a silver medal which she can add to her collection of four golds earned in seven prior appearances in the Games.

Golf odyssey for Griffin

By DAN HOEHNE
daniel.hoehne@news-sun.com

Sebring golf wunderkind Kendall Griffin has really been working the fairways this summer, and she's just finished of a remarkable, long weekend.

The 14-year old freshman to be took part in the U.S. Kids Teen World Championship Thursday, Friday and Saturday at Pinehurst, NC, a tournament she tied for third in a year ago with a +7, and had held a three-stroke lead heading into Saturday's final round.

But after posting rounds of 73 and 71 to find herself at even par after the first two days, things went a bit awry Saturday and Griffin grinded her way through a round of 75.

Her closest competitor Kennedy Swann, of Austin, TX., meanwhile more than made up the three shots she trailed by carding a 70 in the final round to take the two-stroke tournament win.

Griffin actually had a chance to force a playoff, needing to hole out a chip shot to knot things up.

She went for it, but to no avail and Swann took the Girls 14 title.

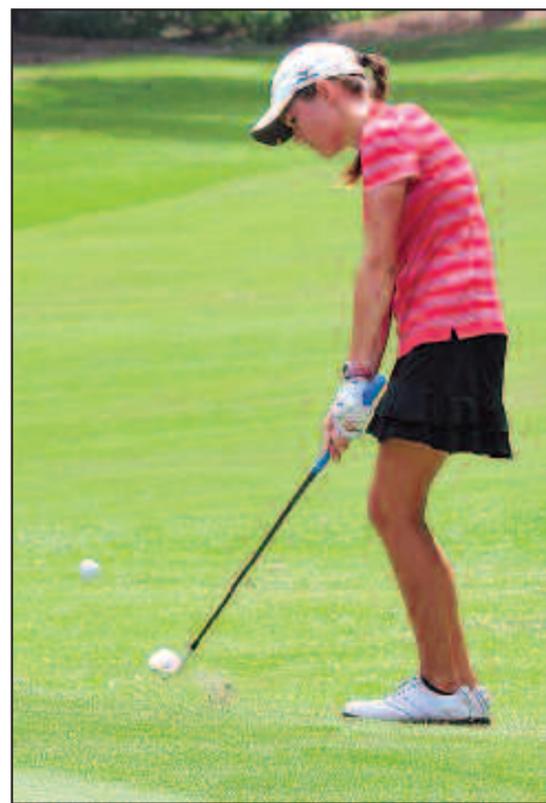
There was little time for any head hanging, however, as Griffin and Swann were teamed up the following day for the Teen World Cup event, pitting the U.S. contingent of players against the International field.

The pair won their match, posting an even-par 72 to win by four strokes over Gabriela Barrios of Peru and Chiara Arya of Indonesia, adding a point to the team total to help the U.S. team take the event win.

And just as their had been little time to dwell on Saturday's loss before getting back to competition Sunday, there was even less time to revel in Sunday's win as Griffin was quickly headed back to Florida for the Junior Florida Cup at Bent Pine Golf Club in Vero Beach, which was to get underway on Monday.

The event, a Ryder Cup style tournament, pits the North versus the South, with the dividing line, of all places, the northern border of Highlands County and the southern border of Polk.

Since 2006, when the North and South battled to a 20-20 tie at the Lake



Courtesy photo

Though she saw a four-stroke improvement from a year ago, Kendall Griffin had a tough day Saturday in taking second at the U.S. Kids Golf Teen World Championship at Pinehurst.

Nona Golf Club in the inaugural event, the North has dominated ever since, winning the next six years, often by lopsided scores –

such as last year's 21-11 win at The Old Collier Golf Club in Naples.

See GRIFFIN, Page B4

Team Heartland edged out of World Series

By DAN HOEHNE
daniel.hoehne@news-sun.com

Their trip was cut short Sunday as the Heartland All-Stars representing Florida at the Dixie Majors World Series in North Charleston, SC were edged in their elimination game.

After their bats were held in check in Saturday's 3-1, opening round loss to Tennessee, it was the pitching that faltered late Sunday that would spell the final doom.

The bats came to play as Josh Baber erased an early Arkansas 1-0 lead in the second with a solo home run, his second of the tournament.

Baber also won the Home

Run Derby during Saturday night's festivities.

The team from Pine Bluff then re-took the lead with a two-run top of the third, Florida rallied back to take the lead on a Lane Crosson, two RBI double, a run-scoring single from Baber and another scoring base-knock from Josh Gomez.

Another run came across in the bottom of the sixth to make it a 6-3 lead with three outs to go.

But Arkansas would explode for five runs before those three outs could be gotten, suddenly flipping the script with an 8-6 lead and needing just three outs of their own to clinch it.

And reliever Wyatt

Doggett got those three outs to oust Florida from the double-elimination World Series.

Two games lost by a total of four runs, both a frustration and consolation that the team was just that close from dramatically different results.

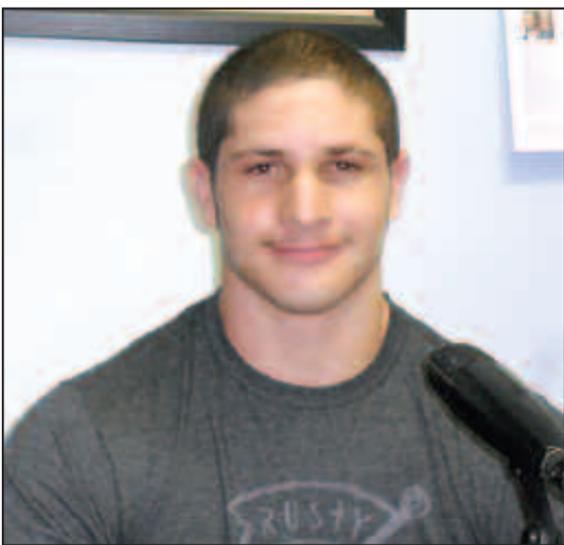
And with the core group of this squad having gone back-to-back with Majors World Series appearances, along with successes on the national level in recent years in various other age groups – it is just further evidence that as far as youth baseball is concerned, you can't do much better than in the Heartland.



Courtesy photo

Lane Crosson, from left, Trey Marley and Kyle Cunningham were part of Team Heartland's strong effort at the Dixie Majors World Series in South Carolina.

Miranda muscles up on 'Sports Talk'



Courtesy photo

Mark Anthony Miranda was a featured guest on Ed Lynch's "Sports Talk" show on Saturday, July 27. Miranda, a Sebring High School graduate, was a Blue Streak football player and won the 2013, 199-pound weight lifting state championship. The "Sports Talk" show airs Saturdays, immediately following the Noon News on WWTK 730-AM. Scheduled guests for the Aug. 3 broadcast are Steve Weed and several MMA fighters.

Tannehill has 3 TD passes in scrimmage

Associated Press MIAMI — Quarterback Ryan Tannehill threw three touchdown passes for the Miami Dolphins during an intrasquad scrimmage Monday night that attracted 22,876 at Sun Life Stadium.

It's believed to be the largest crowd to attend a Dolphins practice in at least 15 years.

Tannehill threw TD passes to tight ends Charles Clay (24 yards) and Dustin Keller (14), as well as running back Daniel Thomas (9).

Tannehill was 8 of 11 for 72 yards.

He has not thrown an interception in any practice since Tuesday.

Lamar Miller and Jonas Gray both scored on short touchdown runs.

"(The offense) did some good things," Coach Joe Philbin said. "We did some good things in the red

zone, some good things in the goal line and obviously we didn't get off to a great start, but it's good to see them (respond positively)."

Miami's two expected starting wide receivers, Mike Wallace and Brian Hartline, were held out of the scrimmage.

Hartline took part in drills early before going to the sideline and talking to a trainer.

Defensively, first-round pick Dion Jordan made his presence felt on the pass rush.

He had a "sack" — quarterbacks were not tackled — and was one of two players to get into the backfield on another passing play.

It was a good night for the Dolphins' 2013 draft picks.

Third-round pick Will Davis intercepted Pat Devlin in the end zone on third-and-goal from the 1

on the last play of the scrimmage.

Tight end Dion Sims, a fourth-round choice, had one catch for 6 yards.

Running back Mike Gillislee, a fifth-round selection, gained 20 yards on six carries and had two receptions for 21 yards, but did lose a fumble.

Safety Kelcie McCray, who missed all of last season because of a foot injury, had the biggest play on defense as he intercepted a Matt Moore pass and returned it 50 yards for a touchdown.

Moore finished 5-for-11 for 48 yards.

Safety Reshad Jones and defensive end Olivier Vernon each had two sacks, and rookie defensive tackle A.J. Francis had a sack and a pass batted down at the line of scrimmage.

Vernon had his left thigh wrapped after his second would-be sack, but

returned to the scrimmage.

Veteran Dan Carpenter, who is looking to hold off rookie fifth-round pick Caleb Sturgis to keep his kicking job, missed two field goal attempts from 49 yards and had an extra-point attempt blocked.

Carpenter hit from 50, 44 and 32 yards.

Sturgis sat out the scrimmage as he continues to nurse an undisclosed injury.

The Dolphins open the preseason Sunday night against the Dallas Cowboys in the Hall of Fame game in Canton, Ohio.

"Some guys stepped up and made plays," Philbin said. "Obviously there was some sloppiness. We have to be a lot better in six days. That's not surprising. We will take a look at the tape and make the corrections and we will play better on Sunday."

THE SCOREBOARD

Major League Baseball

AMERICAN LEAGUE

East Division				
	W	L	Pct	GB
Tampa Bay	63	43	.594	—
Boston	63	44	.589	.5
Baltimore	58	48	.547	5
New York	55	50	.524	7.5
Toronto	48	57	.457	14.5
Central Division				
	W	L	Pct	GB
Detroit	59	45	.567	—
Cleveland	57	48	.543	2.5
Kansas City	51	51	.500	7
Minnesota	45	57	.441	13
Chicago	40	63	.388	18.5
West Division				
	W	L	Pct	GB
Oakland	63	43	.594	—
Texas	57	49	.538	6
Seattle	50	55	.476	12.5
Los Angeles	48	56	.462	14
Houston	35	69	.337	27

Saturday's Games

Tampa Bay 1, N.Y. Yankees 0
Houston 8, Toronto 6
Oakland 3, L.A. Angels 1
Minnesota 4, Seattle 0
Boston 7, Baltimore 3
Cleveland 1, Texas 0
Detroit 10, Philadelphia 0
Kansas City 1, Chicago White Sox 0

Sunday's Games

N.Y. Yankees 6, Tampa Bay 5
Cleveland 6, Texas 0
Toronto 2, Houston 1
Detroit 12, Philadelphia 4
Boston 5, Baltimore 0
Kansas City 4, Chicago White Sox 2, 12 innings
Oakland 10, L.A. Angels 6
Seattle 6, Minnesota 4

Monday's Games

Tampa Bay 2, Boston 1
Cleveland 3, Chicago White Sox 2
Texas 4, L.A. Angels 3
Oakland 9, Toronto 4

Tuesday's Games

Chicago White Sox at Cleveland, late
Houston at Baltimore, late
Washington at Detroit, late
Arizona at Tampa Bay, late
Seattle at Boston, late
L.A. Angels at Texas, late
Kansas City at Minnesota, late
Toronto at Oakland, late
N.Y. Yankees at L.A. Dodgers, late

Wednesday's Games

Washington (G.Gonzalez 7-3) at Detroit (Verlander 10-8), 1:08 p.m.
Toronto (Dickey 8-11) at Oakland (Colon 14-3), 3:35 p.m.
Chicago White Sox (Quintana 5-3) at Cleveland (Kluber 7-5), 7:05 p.m.
Houston (Bedard 3-8) at Baltimore (Mig.Gonzalez 8-4), 7:05 p.m.
Arizona (Miley 7-8) at Tampa Bay (Hellickson 10-3), 7:10 p.m.
Seattle (Iwakuma 10-4) at Boston (Lackey 7-8), 7:10 p.m.
L.A. Angels (Williams 5-7) at Texas (M.Perez 3-3), 8:05 p.m.
Kansas City (Guthrie 10-7) at Minnesota (Correia 7-7), 8:10 p.m.
N.Y. Yankees (Kuroda 10-6) at L.A. Dodgers (Kershaw 10-6), 10:10 p.m.

LEAGUE LEADERS

BATTING

	AB	R	H	BA
Cabrera, DET	378	78	136	.360
Ortiz, BOS	322	53	106	.329
Trout, LAA	410	70	133	.324
Mauer, MIN	367	51	119	.324

HOME RUNS

Davis, BAL	37
Cabrera, DET	32
Encarnacion, TOR	29

RUNS BATTED IN

Cabrera, DET	99
Davis, BAL	97
Encarnacion, TOR	84

SLUGGING PERCENTAGE

Davis, BAL	.673
Cabrera, DET	.672
Ortiz, BOS	.606

ON-BASE PERCENTAGE

Cabrera, DET	.455
Ortiz, BOS	.414
Mauer, MIN	.407

WON-LOST

Scherzer, DET	15-1
Colon, OAK	14-3
Moore, TB	14-3

EARNED RUN AVERAGE

Hernandez, SEA	2.34
Kuroda, NYY	2.51
Colon, OAK	2.54

STRIKEOUTS

Darvish, TEX	172
Scherzer, DET	164
Hernandez, SEA	158

SAVES

J. Johnson, BAL	35
Rivera, NYY	33
Nathan, TEX	32

NATIONAL LEAGUE

East Division				
	W	L	Pct	GB
Atlanta	61	45	.575	—
Washington	52	54	.491	9
Philadelphia	49	56	.467	11.5
New York	47	56	.456	12.5
Miami	40	64	.385	20
Central Division				
	W	L	Pct	GB
St. Louis	62	41	.602	—
Pittsburgh	62	42	.596	.5
Cincinnati	59	48	.551	5
Chicago	48	56	.462	14.5
Milwaukee	44	61	.419	19
West Division				
	W	L	Pct	GB
Los Angeles	56	48	.538	—
Arizona	54	51	.514	2.5
Colorado	51	56	.477	6.5
San Diego	49	58	.458	8.5
San Francisco	46	58	.442	10

Saturday's Games

Washington 4, N.Y. Mets 1
Atlanta 2, St. Louis 0
Detroit 10, Philadelphia 0
Pittsburgh 7, Miami 4
Milwaukee 7, Colorado 5
San Diego 12, Arizona 3
Chicago Cubs 1, San Francisco 0
L.A. Dodgers 4, Cincinnati 1

Sunday's Games

Detroit 12, Philadelphia 4
Miami 3, Pittsburgh 2
Washington 14, N.Y. Mets 1
Chicago Cubs 2, San Francisco 1
L.A. Dodgers 1, Cincinnati 0, 11 innings
Colorado 6, Milwaukee 5
San Diego 1, Arizona 0
Atlanta 5, St. Louis 2

Monday's Games

Pittsburgh 9, St. Louis 2
Atlanta 9, Colorado 8, 10 innings
N.Y. Mets 6, Miami 5
Milwaukee 5, Chicago Cubs 0



LIVE SPORTS ON TV

AUDI CUP SOCCER

WEDNESDAY

Noon Manchester City vs. A.C. Milan ESPN2
2:15 p.m. FC Bayern Munich vs. Sao Paulo FC ESPN2

THURSDAY

Noon Third place match, Teams TBA ESPN2
2:15 p.m. Championship match, Teams TBA ESPN2

BIG LEAGUE BASEBALL

WEDNESDAY

6:30 p.m. Tournament Final, Teams TBA ESPN2

GOLF

THURSDAY

9 a.m. RICOH Women's British Open ESPN2
12:30 p.m. PGA - Mylan Classic GOLF
2 p.m. PGA - WGC Bridgestone Invitational GOLF
7 p.m. PGA - Reno-Tahoe Open GOLF

MAJOR LEAGUE BASEBALL

WEDNESDAY

7 p.m. St. Louis at Pittsburgh ESPN
7 p.m. Arizona at Tampa Bay SUN
8 p.m. Milwaukee at Chicago Cubs WGN

MAJOR LEAGUE SOCCER

WEDNESDAY

9 p.m. MLS All-Star Game ESPN2
Times, games, channels all subject to change

San Diego 2, Cincinnati 1
Tuesday's Games
Milwaukee at Chicago Cubs, 1st game, late

St. Louis at Pittsburgh, 1st game, late
San Francisco at Philadelphia, late
Washington at Detroit, late
Arizona at Tampa Bay, late
Colorado at Atlanta, late
N.Y. Mets at Miami, late
St. Louis at Pittsburgh, 2nd game, late
Milwaukee at Chicago Cubs, 2nd game, late
Cincinnati at San Diego, late
N.Y. Yankees at L.A. Dodgers, late

Wednesday's Games

Washington (G.Gonzalez 7-3) at Detroit (Verlander 10-8), 1:08 p.m.
Cincinnati (H.Bailey 5-10) at San Diego (Stults 8-9), 3:40 p.m.
San Francisco (Gaudin 4-2) at Philadelphia (K.Kendrick 9-7), 7:05 p.m.
St. Louis (Wainwright 13-6) at Pittsburgh (Locke 9-3), 7:05 p.m.
Arizona (Miley 7-8) at Tampa Bay (Hellickson 10-3), 7:10 p.m.
Colorado (Chatwood 7-3) at Atlanta (Minor 10-5), 7:10 p.m.
N.Y. Mets (Mejia 1-0) at Miami (H.Alvarez 1-1), 7:10 p.m.
Milwaukee (W.Peralta 7-10) at Chicago Cubs (E.Jackson 6-11), 8:05 p.m.
N.Y. Yankees (Kuroda 10-6) at L.A. Dodgers (Kershaw 10-6), 10:10 p.m.

LEAGUE LEADERS

BATTING

	AB	R	H	BA
C. Johnson, ATL	313	40	106	.339
Molina, STL	359	46	119	.331
Cuddyer, COL	322	52	106	.329

HOME RUNS

Alvarez, PIT	27
Gonzalez, COL	26
Brown, PHL	24

RUNS BATTED IN

Goldschmidt, ARI	85
Phillips, CIN	81
Craig, STL	79

SLUGGING PERCENTAGE

Gonzalez, COL	.602
Cuddyer, COL	.568
Gomez, MIL	.554

ON-BASE PERCENTAGE

Votto, CIN	.430
Choo, CIN	.421
Cuddyer, COL	.398

WON-LOST

Wainwright, STL	13-6
Corbin, ARI	12-2
Lynn, STL	12-5

EARNED RUN AVERAGE

Kershaw, LAD	1.96
Harvey, NYM	2.11
Locke, PIT	2.15

STRIKEOUTS

Harvey, NYM	164
Kershaw, LAD	156
Samardzija, CHC	146

SAVES

Kimbrel, ATL	31
Grilli, PIT	30
Mujica, STL	30

Arena Football

NATIONAL CONFERENCE

Central Division

	W	L	T	Pct	PF	PA
y-Chicago	10	8	0	.556	73	947
San Antonio	10	8	0	.556	72	884
Iowa	6	12	0	.333	82	913

West Division

	W	L	T	Pct	PF	PA
z-Arizona	15	3	0	.833	203	866
x-Spokane	14	4	0	.771	198	896
x-San Jose	13	5	0	.722	103	3877
Utah	7	11	0	.389	96	988

AMERICAN CONFERENCE

South Division

	W	L	T	Pct	PF	PA
z-Jacksonville	12	6	0	.667	105	2839
x-Tampa Bay	7	11	0	.389	95	980
x-Orlando	7	11	0	.389	95	1032
New Orleans	5	13	0	.278	83	31069

Eastern Division

	W	L	T	Pct	PF	PA
y-Philadelphia	12	6	0	.667	105	2839
Cleveland	4	14	0	.222	47	1047
Pittsburgh	4	14	0	.222	26	1014

x-clinched playoff spot
y-clinched division

Saturday's Games

Jacksonville 52, Tampa Bay 44
Orlando 71, New Orleans 42

Arizona 84, Iowa 45
Utah 48, Cleveland 46
San Antonio 42, Philadelphia 28
San Jose 65, Chicago 40

End of Regular Season

WNBA

EASTERN CONFERENCE

	W	L	Pct	GB
Chicago	12	5	.706	—
Atlanta	11	5	.688	.5
Washington	9	9	.500	3.5
Indiana	8	9	.471	4
New York	7	11	.389	5.5
Connecticut	4	12	.250	7.5

WESTERN CONFERENCE

	W	L	Pct	GB
Minnesota	14	3	.824	—
Los Angeles	12	6	.667	2.5
Phoenix	9	9	.500	5.5
Seattle	7	10	.412	7
San Antonio	6	12	.333	8.5
Tulsa	6	14	.300	9.5

Saturday's Games

West 102, East 98
Sunday's Games
No games scheduled

Monday's Games

No games scheduled
Tuesday's Games
No games scheduled

Wednesday's Game

New York at Washington, 7 p.m.

Transactions

BASEBALL

American League
DETROIT TIGERS—Sent LHP Darin Downs to Toledo for a rehab assignment.

MINNESOTA TWINS—Reinstated C Joe Mauer from the restricted list. Optioned C Drew Butera to Rochester (IL).

NEW YORK YANKEES—Optioned 3B David Adams to Scranton/Wilkes-Barre (IL). Agreed to terms with 3B Brady Steiger on a minor league contract.

SEATTLE MARINERS—Activated OF Michael Morse from the 15-day DL. Designated OF Jason Bay for assignment.

TAMPA BAY RAYS—Acquired RHP Jesse Crain from the Chicago White Sox for players to be named or cash. Transferred RHP Brandon Gomes to the 60-day DL.

National League

ATLANTA BRAVES—Activated RHP Brandon Beachy from the 15-day DL. Placed LHP Paul Maholm on the 15-day DL. Designated RHP Kameron Loe for assignment.

CHICAGO CUBS—

NASCAR THIS WEEK

QUESTIONS & ATTITUDE

Compelling questions ... and maybe a few actual answers



AP Photo/ROBERT BAKER

Newman will hit the bricks later, but first a smoothie.

How much horsepower is a pink slip worth?

They've yet to develop a dyno to measure such things, but apparently there's nothing that lights a fire under a racer like pending unemployment or, at least, the fear of losing that multiyear contract. Through the years, it's been common to see a racer find a burst of speed when he's rumored to be on thin ice or, in Ryan Newman's case, playing out the string on his current contract and hoping for another elsewhere.

Will Newman's Brickyard burst carry over to Pocono and beyond?

The best guess here: Don't bet on it. For whatever reason, his team found the combination to Indy, and Newman is obviously a capable driver who can cash in on such finds. But usually there's a reason a team has been underperforming all season, so don't look for long-range glory here. Meanwhile, let's assume Newman is heavily counting his primary sponsor - Quicken Loans - since both he and crew chief Matt Borland were quick to thank Quicken during post-victory TV interviews.

Biggest news of the week?

That Ricky Stenhouse is a boarder. He's a full-time Sprint Cup driver, and we learned last week that he rents a room at his accountant's house near Charlotte. Renting a room? Even an ARCA rookie would have his own place. But an ARCA rookie wouldn't have Danica Patrick rooming with him every now and then. And an ARCA rookie wouldn't have Danica's Chicago apartment as his other option.

Ken Willis has been covering NASCAR for The Daytona Beach News-Journal for 27 years. Reach him at ken.willis@news-jnl.com



FEUD OF THE WEEK



NEWMAN JOHNSON

Ryan Newman vs. Jimmie Johnson: These two have bumped heads since they were rookies in 2002. Newman got the best of it at Indy.

Godwin Kelly gives his take: "Beating Johnson at Indy was a super-sweet, satisfying moment for Newman."

WHAT'S ON TAP?

SPRINT CUP: GoBowling.com 400
SITE: Long Pond, Pa.
SCHEDULE: Friday, practice (Speed, same-day delay at 1 p.m.), qualifying (Speed, 3:10 p.m.), Saturday, practice (Speed, 11:30 a.m.), Sunday, race (ESPN, coverage begins at noon; green flag at 1:19 p.m.)
TRACK: Pocono Raceway (2.5-mile triangle-shaped)
RACE DISTANCE: 160 laps, 400 miles

NATIONWIDE: US Cellular 250
SITE: Newton, Iowa
SCHEDULE: Saturday, race (ESPN2, 8 p.m.)
TRACK: Iowa Speedway (.875-mile oval)
RACE DISTANCE: 250 laps, 218.8 miles

HOT TOPICS: 3 ISSUES GENERATING A BUZZ

Class of 2002

Every generation produces a special class of rookies who grow into champions. The previous top class was 1979 which included Harry Gant, Terry Labonte and Dale Earnhardt. They combined for nine NASCAR Cup Series championships and well over 100 victories.

Enter the Class of 2002, which is following a similar track. Jimmie Johnson and Ryan Newman entered the cage at the same time and have been toe-to-toe ever since.

Johnson had three wins his rookie year, while Newman nabbed one and the Rookie of the Year honors. Through the years, Johnson has seen greater success - five championships and 64 wins. Newman has finished top-10 in points six times and won 17 races.

Which is why winning Sunday's Samuel Deeds 400 at the Brickyard at Indianapolis was extra-special-sweet for Newman. Not only did he win on his "home" track - Newman was born and raised in Indiana - but he beat Johnson, who finished second. The margin of victory was basically the time difference in their last pit stops.

"There is definitely disappointment there, but this is racing, that stuff happens," Johnson said. "Ryan was fast all day long. I can't take anything away from him."

Fundamental four

Jeff Gordon, Jeff Burton, Mark Martin and Bobby Labonte have a special bond that has survived at least one more season. They are the only drivers who have started every Brickyard 400 since its 1994 inception.

Gordon stands out among this elite group with four victories and finished in the top-10 Sunday at Indianapolis. Labonte won it in 2000 but was 36th Sunday. Martin said his No. 55 Toyota was "ill" all day and finished 23rd. Burton, who was running at the finish, brought up the rear of the field.

Gordon and Burton will return based on their current driving contracts; not so sure about Martin and Labonte.

Indy oddities

Indianapolis is known for intense racing and weird stuff happening around the track. For instance, Jeff Burton's crew chief Luke Lambert monitored

Sunday's race from inside the team hauler. Matt McCall, a team engineer, sat on Burton's pit box during the race. The team said Lambert had an eye ailment that made him sensitive to light.

And then there was the garage stall of Jimmie Johnson's No. 48 Chevrolet. In somewhat of a first, the stock car could not be seen because it was surrounded by partitions. NASCAR, which has always had an "open garage" policy, allowed the No. 48 to keep the partitions up through the weekend.

Finally, Newman became the second "lame duck" driver to win this season. Newman was pink-slipped by Stewart-Haas Racing - when the 2013 season ends, Kevin Harvick is the other duck in the pond. He is leaving Richard Childress Racing at the end of '13. Where is he going? To take Newman's place on the Stewart-Haas driver roster.

SPEED FREAKS

A couple of questions we just had to ask - ourselves



Getty Images/CHRIS GRAYTHEM

Dirt roads are a fun diversion, but not where NASCAR will make its living.

Did the truck race at Eldora look like something NASCAR should try again?

GODSPEAK: I do believe the truck series has found a magic wand. Expect to see at least two dates on dirt in 2014. The other series will stay tied to asphalt.

KEN'S CALL: In a perfect world, yes, there'd be a couple of dirt races in every series. But the world isn't perfect.

Did Ryan Newman win a new contract with his victory at the Brickyard?

GODSPEAK: Newman is too good not to have a ride. Something will turn up and it will be good. When one window closes, another opens and all that kind of stuff.

KEN'S CALL: Not much chance of Ryan Newman being out of a job. But he might've just escaped a potential Plan B ride for next year.

ONLINE EXTRAS

news-journalonline.com/nascar

Do you have questions or comments about NASCAR This Week? Contact Godwin Kelly at godwin.kelly@news-jnl.com or Ken Willis at ken.willis@news-jnl.com

SPRINT CUP POINTS STANDINGS

(after the Brickyard, race 20 of 36)

Rank	Driver	Points
1	Jimmie Johnson	-
2	Clint Bowyer	-75
3	Carl Edwards	-85
4	Kevin Harvick	-92
5	Dale Earnhardt Jr.	-124
6	Matt Kenseth	-125
7	Kyle Busch	-130
8	Greg Biffle	-175
9	Kasey Kahne	-176
10	Jeff Gordon	-181
11	Tony Stewart	-182
12	Martin Truex Jr.	-186
13	Brad Keselowski	-187
14	Kurt Busch	-194
15	Jamie McMurray	-203
16	Ryan Newman	-206
17	Aric Almirola	-211
18	Joey Logano	-216
19	Paul Menard	-220
20	Jeff Burton	-241
21	Ricky Stenhouse Jr.	-245
22	Marco Ambrose	-272
23	Juan Montoya	-280
24	Casey Mears	-320
25	Denny Hamlin	-352
26	Danica Patrick	-376
27	David Gilliland	-377



AP Photo/AJ MAST He had the crown for a day, but Jimmie Johnson remains King of the Class of 2002.

GODWIN'S POCONO PICKS



Godwin Kelly is the Daytona Beach News-Journal's motorsports editor and has covered NASCAR for 30 years. Reach him at godwin.kelly@news-jnl.com

WINNER: Clint Bowyer
REST OF THE TOP FIVE: Tony Stewart, Martin Truex Jr., Denny Hamlin, Dale Earnhardt Jr.
BIGGEST DISAPPOINTMENT: Jimmie Johnson

DARK HORSE: Danica Patrick
FIRST ONE OUT: Michael McDowell
DON'T BE SURPRISED IF: Bowyer wins one of these next few Cup Series races in a big way.



WEEKLY DRIVER RANKINGS - BASED ON BEHAVIOR AND PERFORMANCE

1	2	3	4	5	6	7	8	9	10
JIMMIE JOHNSON Still giving sideways looks at crew	KEVIN HARVICK Hopes Newman leaves some horsepower	MATT KENSETH Loves that Pocono nightlife	CARL EDWARDS Finishes fourth at Pocono this week	CLINT BOWYER In a rare mini-slump	KYLE BUSCH Nod knowingly toward this week's Pocono winner	TONY STEWART Coming off big ownership week	JUNIOR EARNHARDT Lots of points, no trophies	RYAN NEWMAN Severance package included a brick	KASEY KAHNE The Cute One returns to our top 10

INDIANAPOLIS REWIND

Stewart loses race, but wins Indy

Tony Stewart, the driver, lost the Samuel Deeds 400 at the Brickyard, finishing fourth. Tony Stewart, the car owner, won the race with driver Ryan Newman at the wheel of the No. 39 Stewart-Haas Racing Chevrolet. After the race, Stewart talked to the media about wearing two hats at the track.

It's been quite a week for you.

"I don't know how you could ask for a better week on our side. The first half of the week was great. (Saturday), Ryan going out, last car out,

getting the pole, then being in the race today, watching the battle he and Jimmie (Johnson) had all day, just was impressive to watch. We were fortunate enough we were pretty much a top-five car all day, just weren't good enough to be up there with Jimmie and Ryan."

You said earlier this week, winning as an owner would be as good as winning as a driver. Is it?

"Yes."

Can you talk about how it feels different as an owner?

"It doesn't feel different. I'm ecstatic. Right there is a big reason why, too. Ryan is such a good friend. I didn't think it would feel this good as an owner. Because it's Ryan and a good friend of mine, that's the gratifying part. Seeing Greg (Newman's father), Ryan's mom, Krissie and the kids out there, just knowing we're a part of it with him, that's something that's pretty special to us."

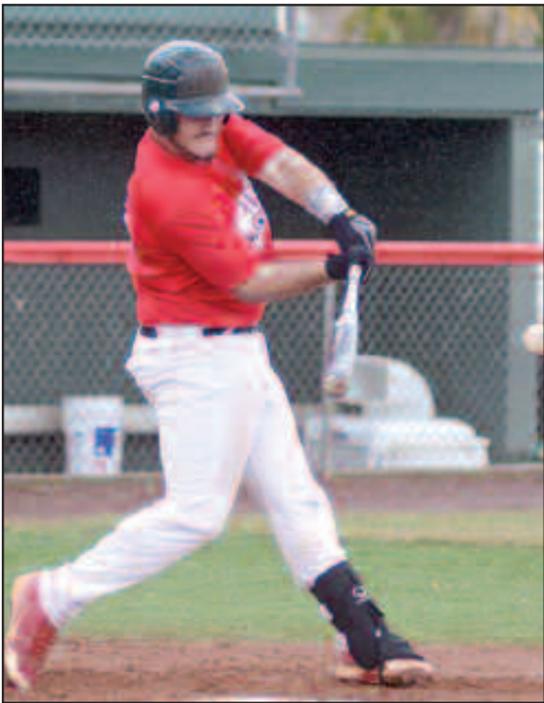
You've won this race twice. I wonder if

you ever had any conversations with Ryan where he shared with you that dream, "Man, I want this because."

"We've kind of swapped stories. I mean, I want to know what it was like to win a Daytona 500. The one that I lost, he went motorboating about five miles an hour faster than me with a push. He's wanted the same thing.

"Now I got questions for him about the differences between the two. I want to know what he feels like. I can't wait for that conversation."

Power to spare



DAN HOEHNE/News-Sun files

Josh Baber suffered no power outage over the weekend, belting two in-game home runs as well as winning the Home Run Derby at the Dixie Majors World Series.

Griffin relishes long weekend

Continued from B1

And while the hurried, and not too short, overnight travel might have had some effect on her game for the AM Four Ball match, Griffin and partner Emma Bradley of Naples came up just short, falling 2 and 1 to Latanna Stone of Valrico and Ansley Bowman of St. Augustine.

Later, however, in the PM Foursome match, Griffin teamed up with Bradenton's Philip Knowles to take a dominating, 7 and 6 win over Stone and Anthony Quintessenza of St. Petersburg.

After Monday's matches were settled, the South had a 10 1/2 to 5 1/2 lead on the North team and were headed into Tuesday's Individual matches, 16 in all, to decide

the final.

Griffin, who might well have been drained by the time of her match tee time of 8:10 a.m., sure wasn't worse for wear as she squared off with Lakeland's Amanda Gartrell.

She built up a 3-hole lead by the 12th, and took honors on the next two in a row to get the 5 and 4 win.

The South would follow her lead, winning 7 1/2 points to the North's 3 1/2 in the days early matches.

There were a few golfers still out as of press time, but with an 18-9 lead, the South had clinched its' first ever Junior Florida Cup.

Quite the six-day journey for Kendall Griffin.

"I'm glad I did it, it was a lot of fun and I played pretty well considering it was six straight days," she said via



Courtesy photo

Competitors one day, teammates the next. Kendall Griffin and Kennedy Swann combined their skills Sunday to take a win in the Teen World Cup in Pinehurst, NC.

phone after her round was over. "Now that it's over though, the tiredness is setting in. I think it's time for a chill session."

Rays acquire RHP Crain from White Sox

By JIMMY GOLEN
Associated Press

BOSTON — The Tampa Bay Rays acquired injured reliever Jesse Crain from the Chicago White Sox on Monday in an attempt to bolster their bullpen for the stretch run in the tough AL East.

The White Sox will receive players to be named or cash for Crain, a 32-year-old right-hander who is 2-3 with a 1.15 ERA in 38 appearances.

He was placed on the disabled list on July 3 with a right shoulder strain.

"Jesse has been one of the top relievers in the American League, not only this season but also throughout his entire tenure with the White Sox," Chicago general manager Rick Hahn said. "We cannot say enough about what Jesse has meant to our bullpen, and the positive impact he's had on our young relievers. We certainly think he has the ability to influence this year's pennant race very positively for the Rays."

The deal was announced before the Rays faced the division-leading Red Sox in Boston on Monday night.

Tampa Bay began the day just one-half game behind Boston in the AL East.

Crain was expected to fly straight to Tampa Bay, where the Rays open a two-game series against the Arizona Diamondbacks on Tuesday night.

Hahn said Crain's injury affected the market for him.

The team considered waiting until he is healthy, which could be in a few weeks, and trying to get him through waivers.

"The very, very high likelihood would be that he would be claimed off waivers," Hahn said. "So that obviously was not a very appealing alternative when compared with negotiating a deal now prior to the deadline, even with the complexities involved in trying to figure out what's fair compensation for a guy currently on the DL. If he had been healthy for the month of July and healthy right now, it probably would have been a very different dynamic."

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THANK YOU FOR READING THE NEWS-SUN!

Clubs & Organizations



Lake Placid Ballroom Dance members Roger and Ruth Jimenez at polka-time. The next dance is Aug. 17. Courtesy photo

Lake Placid Ballroom dancers start their season

Special to the News-Sun
LAKE PLACID – The Lake Placid Ballroom Dancers filled the Elks Hall recently with their first dance of the season, appropriately called “Caladium Kick-Off” ushering in the big week of the Caladium Festival, July 26-28. Caladiums were everywhere, lovely centerpieces on all the tables, and many lucky dancers won a take-home plant. Bates Sons and Daughters donated all the

caladiums. The Ladies of the Elks provided a delicious snack bar with freshly made sandwiches, chips and desserts. Uptown Country played many favorites including cha-chas, rumbas, waltzes and foxtrots and, of course, a couple of polkas. It was a “winter” crowd in the summer. The next dance is Aug. 17 and will be a Hawaiian luau complete with a “Limbo” contest, and “a lover-ly

bunch of coconuts”. There will be free ballroom dance lesson from 5:30-6:30 p.m. in the Elks Lounge. This will be a video instruction format geared to basics only, and while fresh in your mind, can be practiced from 6:30-9 p.m. in the big ballroom in the main hall. This is a chance for all singles, men and women, to come and get acquainted with the basics, and then dance the night away. Everyone is welcome.

Olivia Hitt receives Sweet Adelines scholarship

Special to the News-Sun
AVON PARK – Heart of Highland, Sweet Adelines, Show Chorus recently gave \$500 scholarship awards to each of three Sebring High School graduates. Olivia Rose Hitt, one of the recipients, has a GPA of 4.32. Olivia will attend South Florida State College to major in Music Therapy and then continue her studies at University of Florida to obtain a degree in Music Therapy. Her goal is to work with autistic children and the elderly who suffer from strokes and Alzheimer’s, using music therapy. Olivia said, “Music is the gateway to communication.” Katelyn Vickers, with a GPA of 4.29, will attend University of South Florida, with a major in Psychology and a minor in Music. She plans on getting a doctorate in Psychology, while studying and performing music. The final recipient,

Rachel LaVo, with a GPA of 3.4, will attend Florida Southern College in Lakeland. She plans to study Vocal Performance and Music Therapy. Heart of Highland, Sweet Adelines, has two scholarship fundraisers a year. A fashion show and luncheon will be held at the Lake Placid Elks Lodge on Saturday, Nov. 23. Tickets are available, and the chorus’ major fundraiser is scheduled for Saturday, Feb. 15, 2014. The Sweet Adelines will again perform (after a long absence) in the new Performing Arts Center of South Florida State College in Avon Park. A very exciting and entertaining Broadway-themed show is planned. Sweet Adelines invites females of all ages, who would like to learn the art of Barbershop-style singing, to visit them at 7 p.m. on any Thursday at the Avon

Park Rotary, 20 S. Verona Ave. For information call 452-1927, 414-4914, or 699-0743.



Olivia Rose Hitt (center) received a \$500 scholarship from Heart of Highland, Sweet Adelines, Show Chorus. With her are chorus director Betty Meinholz (left) and scholarship chairperson Michele McCormick. Courtesy photo

Free ballroom dance lessons planned

LAKE PLACID — The Lake Placid Ballroom Dancers are pleased to announce that beginning with their Aug. 17 dance there will be free ballroom dance lessons from 5:30-6:30 p.m. in the Elks Lounge.

This will be a video instruction format geared to basics only, and while fresh in your mind, can be practiced from 6:30-9 p.m. in the big ballroom in the main hall. Everyone is welcome, singles and couples.

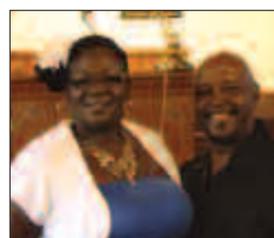
Celebrations



Jerome and Lisa Lowe



Ronnie and Trice Laboo



Al and Sharon Donaldson

Couples renew vows at Zion Missionary

Special to the News-Sun
SEBRING — Zion Missionary Baptist Church Pastor Al Donaldson held a wedding vow renewal banquet on Saturday. Ten couples renewed their vows. Prizes were awarded to the

couple who had been married the longest (43 years) and the shortest (nine months). The church would like to thank Andrea Wilson-Litchmore for the decorations.



Donald Roy and Johnethia Williamson



Nate and DeLouis Clarke



Wellington & Lequida Clarke



Frank and Becky Brown



Learn how to clown around in Lake Placid

Courtesy photo
A mystery tour bus of 30-plus adults visited the clown museum July 20 for a clown show with magic, skits, balloons and lots of laughter. The clowns in attendance put on a great show. The next clown school will be Aug. 2-4 as well as another class Nov. 8-10. If interested, call 465-2920 or Big Al at 243-9473.

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Friends & Neighbors

Red Hat Belles visit American Clown Museum



Courtesy photo

Queen Mary Lille's Red Hat Belles recently visited the American Clown Museum and School in Lake Placid. Big Al was the tour director. He performed an amusing magic show with audience participation. He told about the huge clown memorabilia including circus art work, clothing and the large collection of clown figurines, etc. The museum is a treasure-trove of lively items, and a magnificent place to visit. The fun day ended with lunch.

Placid Lakes Party Line

By Susie Lee

LAKE PLACID – The Dalton Gang will have its membership meeting at Beef O'Brady's on Tuesday, Aug. 6 at 5:30 p.m. We have two important issues that need your vote, and there will be sign-up sheets for the many upcoming fall activities. Sioux Hurlley is our contact for the March 2, 2014 cruise on the Norwegian Dawn out of Tampa. Her number is (941) 484-0728. If we get a lot of dancers, she will make special arrangements with the cruise line for dancing spots.

The Aug. 12 "Hand and Foot" card night starts at 6:30 p.m. We are close to being a "full house", check with Joyce Briski at 699-6331 or Bonnie Bailey at 464-4888 (town hall) if space is still available.

Although we didn't win the caladium contest, we sure look pretty at 2010 Placid Lakes Boulevard, and Barbara Mason's bench across the street looks spiffy, too. And speaking of gardens, we have to mention Effie Voltz's display on Catfish Creek. Her caladiums, Angel Trumpets (every color there is), gladioli, and just about every flower imaginable surround the house and are a spectacular sight to behold. Talk about a green thumb, hat's off to you, Effie. You have a colossal display.

Another garden just recently cropped up here in Placid Lakes, it's called "Olive's Garden". You've heard of house-sitters, dog-sitters, etc., this is "plant-sitters", and while their "Plant Mama" is away, they are being kept cozy, fed and watered by our favorite yard-man on Coolidge Avenue.

Joanne Croniser gave us a scare, but all's well. She and Rusty were at their "post" at the Caladium Kick-Off Dance as the Lake Placid Ballroom Dancers filled the Elks Hall for their first dance of the season. Placid Lakes was well represented, as well as Lake Placid, Sebring, and Avon Park.

The second International Sausage Festival will be on Sunday, Sept. 15 from 1-4 p.m. There will be at least four kinds of sausage with all the fixin's, plus beans, cole slaw, pickles, sauerkraut and more. There will be coffee, iced tea and plenty of desserts. This will be held at the Placid Lakes Town Hall. Really think the "Snowbirds" are missing our "cool" weather here in Florida as they bask in the high 90s and 100s up in the northern states. Hurry back, we miss you.

Tropical Harbor Estates

By Arlene Clouston

LAKE PLACID – July 22 was a Monday morning without rain after the rainy weekend we had, so the sunshine was great to see. Carolyn Reece was the emcee. Walter and Patricia Gerano made the coffee and served choice doughnuts in honor of Pat's birthday. We sang Happy Birthday to Pat and Shirley Clark as Marilyn Cromer played the piano.

Rick Knoche asked summer residents to please have their pictures taken now for the photo phone directory before the snowbirds start to come back. Rick is so accommodating; just call him and make an appointment. We all would like this directory to be as close to 100 percent as possible. It's

so nice to be able to see everyone in the directory.

August activities start out with the Men's Pancake Breakfast on Aug. 3 at 8 a.m. Please remember to bring your table service. Then the men go out for their breakfast at the Truck Stop on the morning of Aug. 6 with the arrangements made by Charlie Price.

The evening of Aug. 6 is also the National Night Out Against Crime. The National Association of Town Watch is a nonprofit organization that focuses on crime prevention coordinating neighborhood watch and law enforcement. The Highlands County Sheriff's Office Crime Prevention Specialist Nell Hayes and Marilyn Cromer make the arrangements. The local law enforcement furnish and cook the hot-dogs. Everyone is asked to bring a dish to pass and your own table service.

The Red Hats from the park will be going out to eat lunch on Aug. 8 at Chicanes with our Queen Mom, Peggy Sue Teague.

The ladies coffee was Tuesday morning at 9:30 with Carolyn Reece taking care of business. We were glad to see that Fran Buero was back from her vacation. It was nice of her to bring cookies, short bread, for the coffee. There are two ladies, gone for the summer, that have had surgery, Diane Bennett and Joanne Fox. We wish you a quick recovery.

The usual noon carry-in will be Aug. 13. Take a break to eat, bring your casserole to the clubhouse and share it with the casserole your friends brought. It's a meal young friends.

The Ladies Lunch Out will be Aug. 20. Barbara Meyer and her daughter,

Susan, have made the arrangements for us to go to the airport to J.R.'s Runway Cafe. I'm sure we'll be watching the airplanes take off and come in.

McCracken Farms still comes into our park every week on Wednesdays at 10 a.m. until noon. Jim sets up on Bearwoods Avenue. He is ready to help you with your selection. Everything is fresh farm produce and it all looks so good. They don't just come during the winter months; they serve us the year round. Come look, buy and be pleased.

"If you're going to the chapel, ring the bell."

Register now for Oct. 26 Founder's Day Bed Race

SEBRING – The Mad Mattress Dash Bed Race scheduled for Saturday, Oct. 26 is now open for registration. The 10 a.m. bed race will take place on North Ridgewood Drive and costumes are encouraged.

There are no entry fees. All one must do is visit the Sebring Chamber of

Commerce or Sebring City Hall to pick up an application, or go to Facebook.com/SebringHistory. Trophies will be awarded to the winner of the race and the best-decorated bed. Again, costumes are encouraged as this is Halloween Saturday in Sebring. For more information, call 655-5554.

Fansler speaks to Lake Placid Rotary Club



Courtesy photo

When speaking to the Rotary Club of Lake Placid recently, Chief James Fansler of the Lake Placid Police Department mentioned several programs the department spearheads. Among these, Operation Medicine Cabinet and the Annual Bike Rodeo are community favorites. LPPD will kick off its Infant Car Seat Program in a few months. With eight active officers, the town of Lake Placid enjoys a low crime rate and a high rate of solved crimes. LPPD works closely with the Highlands County Sheriff's Office.

Do you or someone you know suffer from constant "ringing in the ears?"

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Tinnitus ("TIN-a-tus" or "Tin-EYE-tus") is the medical term for the sensation of hearing sound in your ears or head when no external sound is present.

The important thing to know is that tinnitus is not a condition or a disease. Instead, it's a symptom – typically of something bigger, like an ear infection, high blood pressure or, most common, hearing loss.

Quick Tinnitus Facts

- Some 50 million American adults suffer from tinnitus (1 in 5)
- Tinnitus is the #1 disability for military veterans
- Tinnitus can occur at any age, and may begin suddenly or progress gradually
- The most common causes of tinnitus are:
 - Noise exposure (e.g. from shooting or machines at work)
 - Aging
 - Head injury
 - Side effects from medication

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Did You KNOW?

In Florida, the bicycle is legally defined as a vehicle. Bicyclists using a public roadway are considered operators of motor vehicles and are responsible for observing all traffic laws. With few exceptions, there is only one road and it is up to motorists and bicyclists to treat each other with care and respect. Adherence to the law is the foundation of respect.

Sharing a birthday with the little prince

Most of 360,000 others born on that day won't have it so good

By ADAM GELLER
AP National Writer

Even before the wooden double doors of St. Mary's Hospital swung open and the new parents emerged into the London summer, babe in arms, it was clear whole chapters of the day-old's life story had already been written.

Hundreds of news photographers clicked off thousands of images of the soon-to-be-named George, just as they had of his father on the very same steps 31 years before. Networks broke into their regular programming to bring viewers to the scene. An immense crowd wrapped the newborn, his beaming mother and father in a blanket of cheers and applause and, later, as prescribed by custom, bells tolled and cannons fired to herald his arrival.

For any family, even the most royal, the birth of a child is a moment to celebrate not just new life, but new potential. It is an occasion of the greatest hopes, but also often understandable fears. A newborn offers the promise of all that is to come — and the trepidation of not knowing just what that will be.

When the new heir to the British throne was born last Monday, three other babies were likely born somewhere in the world in the very same second, statistics show: 254 others within a minute; 360,000 others before the Earth had completed a single turn on its axis. Few, if any, of course, are destined to become a monarch. But, as their parents know, all are endowed with a birthright of untold possibility.

And so we greet five of George's far-flung peers, all born within hours of the young prince. Their stories begin here.

'This ugly desert'

ZAATARI, Jordan — Before they left Syria, six months ago, Ali and Walaa Shteivi spent weeks sounding out friends and relatives on a name for the child Walaa carried. They decided to call her Shymaa — a beautiful name, meaning good traits.

But now they live in the bleak world of a Jordanian refugee camp, fenced in amid tens of thousands of others. And when their baby was born Monday, they named her Taymaa — Arabic for a desert, huge and arid.

"This ugly desert was the only thing I could think of when I named my daughter so it would remain a stark reminder of the dark times we're living," said Ali, 39.

They are there because they fled the war between rebels and the forces of Syrian President Bashar Assad. Ali has no job; the family depends on U.N. food donations.

Ali had to wait under the sun for six hours with his newborn on his hand to have her registered with the United Nations refugee agency. When an AP reporter



The royal baby got the headlines last Monday, but many others will share that day as their birthday. Like the young prince, they all have unknown futures ahead, but some have a better place to start than others.

arrived at the site, the baby was weak and the frustrated father was weeping. She was admitted briefly into a Moroccan field hospital, where a pediatrician said she was showing signs of dehydration.

"I wish I remained back home and lived under Bashar's air strikes and destruction. But I feared for my wife's life and that of my expected daughter. But here, my daughter will have no life. She will die in the heat. My little, poor thing. ...

—By Jamal Halaby

'I just pray to God that he will live'

LAGOS, Nigeria — Naimot Alabi could not stop grinning as she cradled her fourth child.

"I just pray to God that he will live," she said, rubbing a finger over the swaddled infant's chapped upper lip.

All three of Alabi's other children have died and even in a country where UNICEF reports one in seven perish before turning 5, the 36-year-old mother's case is out of the ordinary.

Alabi gave birth by cesarean section about 4 p.m. Monday at Lagos Island Maternity Hospital in the Nigerian capital of 20 million, with husband Abdul Rasheed Alabi by her side. In the 1990s, Island Maternity saw 100 births a day and many newborns were lost. But as the government has built more hospitals with maternity wards, the number of births here has declined to about 300 a month and for the past two years they have arrived to 24-hour electricity, provided by a private company using diesel generators.

"I wish I had a better home to take him to," she says. "Where we live there are so many vendors and churches and they all make a noise, every day, whether it's morning or night. I worry he won't sleep. ... "The very first thing I bought him is a mosquito net because everyone gets malaria from the open canals (drains) which are very smelly (and where mosquitoes breed). I had malaria when I was three months' pregnant."

—By Michelle Faul

'A citizen of the world'

MEXICO CITY — Malu Millet and husband Alejandro Galvan welcomed their third child into the world Monday in auspicious surroundings. Little Lucia Galvan Millet was born at Mexico City's ABC Hospital, a private institution located among high rises in one of the metropolis' most exclusive districts. At home, a jungle-themed nursery awaited.

Millet, 33, is an executive with Dutch consumer goods company Unilever. Galvan, 37, is an industrial engineer for a Mexican conglomerate. Both were educated in private schools and grew up speaking at least two languages. They envision a similar childhood for Lucia, and have great dreams for her, but also very real concerns.

"My daughter will be a citizen of the world," Alejandro said. "One day she will decide to go study abroad and maybe she will decide to live abroad. She could decide her calling in this life is to make ice cream but she doesn't have to stay in Mexico for that, she can go to Holland if she wants. That's the main difference I see with her upbringing. She will have so many more options, so much more information than what I had."

"What I fear the most is the insecurity she will grow up in. I had a really beautiful childhood. I had a lot of freedom. I could play on the street with my friends. I could ride my bike around the block...There weren't so many threats like now. ... In Mexico we have a lot of insecurity. There are drugs now. I was never offered drugs growing up. Maybe I was living a sheltered life but I was never in an environment where there were drugs. She surely will have the opportunity to try drugs and maybe she will try them. That's why we will flood her with love and with values at home."

—By Olga R. Rodriguez

A loving, but small family

BEIJING — The daughter of Liang Chen and Fan Lina

and is having only children of their own who are born into unprecedented wealth. Liang and Fan were only children; their daughter almost certainly will not have a brother or sister.

Liang said he hopes his daughter "will grow up healthy, and I won't put too much pressure on her. Our parents wanted us to complete school and have a job that can support ourselves. It is as simple as that, and we have the same wish for our offspring. She will study music.

"As for school, I will let her study at her own pace, but music is a must. It will teach her how to persevere.

"When she grows up, she will go wherever she wants to go for college, as long as we have the ability.

"It will be all right if she can proudly say she is a Chinese citizen by the time she goes abroad."

—By Didi Tang

'I just want him to be happy'

WATERBURY, Conn. — Many times in recent months, Tori Iacoviello says, she has been racked by fits of worry. But when her son, Antonio David Vernovai Jr., was born at 8:12 p.m.

Monday at Waterbury's own St. Mary's Hospital, she felt almost as if the world around her and its many concerns had vanished.

"He's a very calm baby and he calms me. It's only been a couple of days, but he's teaching me patience and I'm not a very patient person," she said.

Iacoviello, 20, is a single mother in a city that was once a center for manufacturing brass and clocks, but is now plagued by deteriorated housing and 10.8 percent unemployment.

She also lives less than a 30-minute drive from the Newtown, Conn., school where a gunman killed 20 students and six adults in December.

"I worry about even putting my kid in elementary school, never mind going to high school," she said. "It's just a worry ... seeing it on the news and then I'm pregnant through all of this and thinking: 'Is this really what my son is coming into? ...

"I just want him to be happy. I want him happy whatever his choices are ... and for him to know that I've always loved him from the moment he was born and nothing will ever change that. I want him to go far in life."

—By Adam Geller



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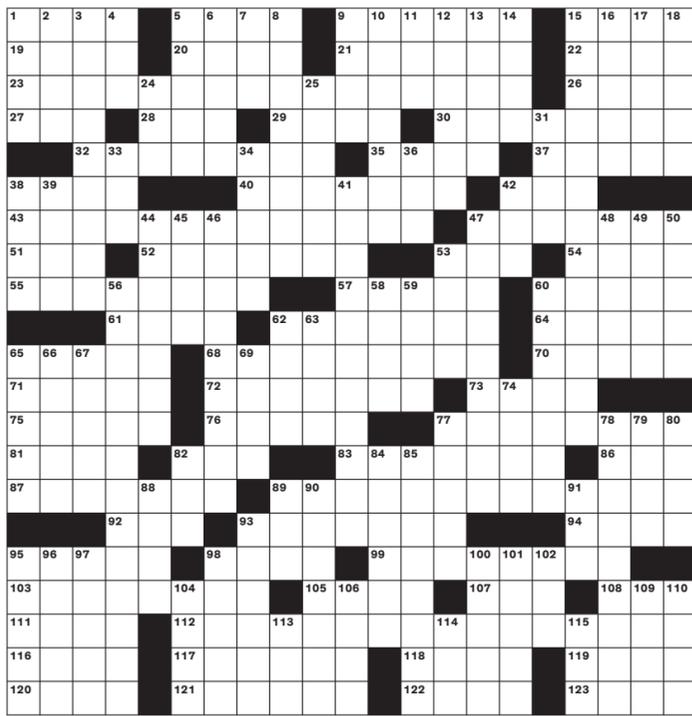
ARTFUL THINKING

ACROSS

- 1 Whammy
- 5 Where les enfants might play
- 9 Rendered speechless
- 15 Female lobsters
- 19 Every which way
- 20 Subject for a mariachi band
- 21 Insubstantial
- 22 Like Voldemort
- 23 Artist's favorite spiritual?
- 26 Ablution, e.g.
- 27 Firefighter's need, maybe
- 28 Summer Olympics host after London
- 29 ___vu
- 30 Food item a cook might flip
- 32 Prescription pain medication
- 35 Nos. in a directory
- 37 Look for
- 38 Several, in Seville
- 40 Cool with what others are doing
- 42 Go (for)
- 43 Christmas song line from an artist?
- 47 Batman villain
- 51 What Mississippi cheerleaders ask for a lot
- 52 How you might do something gross
- 53 Cagney or Lacey: Abbr.
- 54 Daughter of James II
- 55 Where there's Wi-Fi availability
- 57 Get ready to drive
- 60 Former six-term senator from Indiana
- 61 More yang than yin: Abbr.
- 62 Monetary bribes, in slang
- 64 What a star probably has
- 65 N.R.A. piece?: Abbr.
- 68 Artist's favorite Broadway musical?
- 70 Revival meeting miracles
- 71 ___ Zulu (warrior dubbed Africa's Napoleon)
- 72 Atlantean superhero of DC Comics
- 73 ___ Field
- 75 Defrocked villain on "Buffy the Vampire

DOWN

- 1 Slayer
- 76 Vista opener?
- 77 Roman of film
- 81 Michigan college
- 82 ___ generis
- 83 Part of an umpire's count
- 86 Put in writing
- 87 Parts of an orrery
- 89 Artist's expression for "Such is life"?
- 92 Easter purchase
- 93 Worth all the hype, as a film
- 94 Snorkeling aids
- 95 "Tsk!"
- 98 Finger
- 99 Cuts some slack
- 103 "Zero Dark Thirty" locale
- 105 Castaway's construction
- 107 Rough position?
- 108 Sedona maker
- 111 The Roman way
- 112 How the expert artist passed her exam?
- 116 "The Cosby Show" boy
- 117 Last word in the Torah
- 118 Rain man?
- 119 Inclination
- 120 ___ Club
- 121 River that "sweats oil and tar" in T. S. Eliot's "The Waste Land"
- 122 Predoctoral tests, for short
- 123 Approximately



By TRACY BENNETT

Solution on page B7

- 16 "On This Night of a Thousand Stars" musical
- 17 Capone's top henchman
- 18 Wintry mix
- 24 Flawed, as mdse.
- 25 Party host's convenience
- 31 Reposed
- 33 "Laborare ___ orare" (Freemasons' motto)
- 34 What Morehouse College lacks
- 36 Before, poetically
- 38 Home of Kings Peak
- 39 Little muchacho
- 41 What the tipsy artist had at the bar?
- 42 Liz of "Garfield," e.g.
- 44 Pay to cross town, maybe
- 45 First chimp to orbit Earth
- 46 Pay to cross town, maybe
- 47 Pop icon?
- 48 "The Odd Couple" role
- 49 Daft
- 50 "Phooey!"
- 53 Gauntlet thrower's challenge
- 56 What the artist confused people with?
- 58 Norse source for Loki lore
- 59 Dash
- 60 Dairy consumer's enzyme
- 62 Erotic
- 63 Good wife in "The Good Earth"
- 65 Org. protecting music copyrights
- 66 "Congress ___ make no law ..."
- 67 Actress Hayek
- 69 Prefix with poise
- 74 Pain and suffering
- 77 "Gay" capital
- 78 Summer lawn sight
- 79 New Jersey's ___ University
- 80 QB mistakes: Abbr.
- 82 Holy mlle.
- 84 Turn to bone
- 85 Apiarist's woe
- 88 Watchful ones?
- 89 Holy city of Iran
- 90 Access charge, of a network
- 91 Debatable sighting
- 93 Words to live by
- 95 Blurts (out)
- 96 ___ yoga
- 97 Arabic name meaning "wise"
- 98 J. Carrol ___, Oscar nominee for "Sahara"
- 100 Phycologist's study
- 101 Some templegoers
- 102 Pro vote
- 104 Birdbrain
- 106 "___ fair ..."
- 109 Discoveries of Michael Faraday
- 110 Regarding
- 113 Easter purchase
- 114 ___'easter
- 115 "Boardwalk Empire"

Lessons from a spider

This morning while I was taking my bath I noticed a little feathery spider crawling across my ceiling. I have been watching this spider since last fall. It is a happy living thing and I have become protective of it.



FLY Lady

Leanne Ely

For many months it lived in the corner over my tub. When I first noticed the spider, I thought it was dead. When I started to clear the cobweb, it moved. I was shocked. I had no idea that it was alive. What was it eating?

One evening I started my bathwater and notice it was in the bottom of the tub; I rescued it and put it behind a basket. That brings me to this morning. I had been gone for a week and had forgotten about the spider. Then I look up and see her. I like to think of the spider as a she.

I watched her crawl across the ceiling toward the light over the sink; I saw her fall every few steps. I was standing ready to catch her if she fell into my bath water, but she did not fall very far.

She had built herself a safety net. Every few steps she would anchor her web. Then if she slipped she would only fall a few inches. This was how she could defy gravity. Her web gave her sure footing and security if she did fall.

I pondered this while I was meditating in the tub. What lessons could I learn from watching her?

Build yourself a safety net was the first one I thought of. I do this in lots of ways.

- I have a \$20 bill on my key ring in a capsule.
- I have a hand bar to help me get out of the tub.
- I have an emergency kit in my truck.
- I have friends I can call.
- I have backup chargers and wifi.
- I have my keys on a lanyard so they don't get lost.
- I put my purse in the same place when I get home.

- I have my routines. The second lesson that came to mind was her patience. She did not get in a hurry. Each step was slow and steady. So many times we miss out on the fun because we are too rushed to stop and be in the moment. I have enjoyed living in peace for many years. I was in no rush to get out of the tub. The time I spent watching her journey sparked this essay.

The third lesson I saw was to follow your instincts. She already knew how to spin her web. She was true to who she was. She was a spider, doing what spiders do best! Many times we get caught trying to be who everyone else thinks we should be and we don't follow our own path.

Our routines become our safety nets; they allow us to take babysteps to get our homes in order and then they free us to be who we were meant to be.

Are you ready to FLY?

For more help getting rid of your clutter and CHAOS, check out her website and join her free mentoring group at www.FlyLady.net or read her book, "Sink Reflections" published by Random House. Help build a Habitat Home this year. Learn more at www.share.habitat.org/flylady-buildproject. Bless others with your clutter by donating it to a Habitat for Humanity Restore. Copyright 2013 Marla Cilley. Used by permission in this publication.

Cyrus: Wild child days just part of growing up

By ADAM EGAN

Associated Press

LONDON — Miley

Cyrus' transformation from a sweet-faced child star into a twerking, wild-child sensation has garnered plenty of debate, but she says it's not really all that deep — she just grew up, y'all.

"I think people forget what it feels like to be 20," she said in a recent interview. "People just evolve and that's all that's happened to me. But people think a mad scientist somehow cooked up this potion and turned me in to a different human, which it wasn't. All I did was get a haircut and buy some clothes and everyone thinks that I am made into a robot that changes with what's popular every 10 years."

Cyrus has raised eyebrows as she continues to distance herself from her former life as the star of the Disney show "Hannah Montana." Now engaged to actor Liam Hemsworth, Cyrus is concentrating on her musical career and due to release an album in the fall.

Cyrus has one of the summer's biggest hits with "We Can't Stop"; it's now No. 2 on Billboard's Hot 100 chart. In the song's video, which has reached 100 million views on YouTube, Cyrus dances suggestively amid bizarre imagery, including a skull made of french fries. Cyrus says the video was inspired by her own life and the wild parties she's been at.

Young couple's intimacy is risky without birth control

Dear Abby: My girlfriend, "Allison," and I have been in a relationship for two years. We met in our sophomore year of high school and have been dating ever since. We have an incredible relationship.

We were virgins when we started dating, but decided we would lose our virginity to each other. We have always used birth control pills and condoms to ensure we wouldn't be having any children.

Earlier this month we had a pregnancy scare. Allison had failed to tell me she stopped taking her birth control pills three months ago. My trust was broken, but most of all I was scared she might be pregnant. It turned out she wasn't, but because of the incident I have been skeptical about making love to her. She says this frustrates her, but I have told her the reason I won't is because she refuses to take the pill.

Abby, we are way too young to have a child and are totally unprepared. I'd still like to be intimate with Allison, but I'm afraid. What should I do?

- Betrayed in Bangor, Maine

Dear Betrayed: You appear to be an intelligent and responsible young man. The first thing you should do is thank your higher power that there wasn't an "accident" and your girlfriend didn't become pregnant.

The next thing you should do is find out why Allison would stop taking her birth control pills with-



Dear Abby

out telling you. If there was a medical reason, there are other methods she could have used in their place. (If you are planning to attend college, she may have been thinking a baby would "anchor" you to her.)

And last, recognize that if you resume having sex with her — which I emphatically don't recommend — that you won't be able to trust her as far as birth control is concerned, and you will be the one totally responsible for preventing a pregnancy.

The saying, "Fool me once, shame on you; fool me twice, shame on ME," applies here.

Dear Abby: I would like your opinion on the relatively new craze of trashing the wedding dress. I think it's a deplorable waste. I'm sorry I kept mine and watched it yellow over the years, but I haven't heard a reasonable argument for destroying the gown.

Some women say if they have a daughter, she wouldn't want a dated dress. But if the dress is currently in style, I'm sure some less fortunate girl would love to have it. Rather than trash it, I say why not donate the dress or sell it and send the

money to a woman's charity?

- Sensible in the Sunshine State

Dear Sensible: The only rational reason I can think of for "trashing" a wedding dress would be if the marriage was a disaster and the bride was doing it as a way of venting her anger. I can't speak for all young women, but I am willing to bet that many would be thrilled to wear the gown their mother wore. And for those who aren't interested or can't fit into it, your idea of recycling is compassionate, generous and sensible.

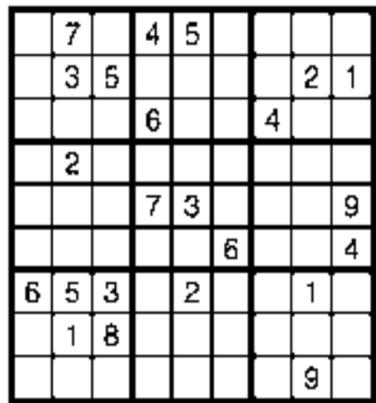
Dear Abby: My husband refuses to cover his mouth when he sneezes. He thinks that by "stifling" his sneeze he doesn't expel any particles. Besides being unhealthy, I feel it is gross for the rest of us. Is it possible to sneeze and not spray?

- Ducking For Shelter in Ohio

Dear Ducking: No. Some sneezes can travel up to a distance of 5 feet, expelling thousands of droplets into the air and onto surfaces. "Stifle" or not, your husband should cover his mouth.

Write Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069. To receive a collection of Abby's most memorable poems and essays, send your name and mailing address, plus check or money order for \$7 (U.S. funds) to: Dear Abby - Keepers Booklet, P.O. Box 447, Mount Morris, IL 61054-0447.

SUDOKU



Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off. So sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numbers already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



ANSWER:

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What's Cooking

SPICY, SWEET OR ZESTY

New Pickle Flavors to Preserve

FAMILY FEATURES

Spicy, sweet or zesty, it's never been easier to enjoy the crisp, tangy taste of homemade pickles. And with recipes like these you can preserve perfect pickles for any palate.

Here are a few tips from the pickling pros at Mrs. Wages to help you give your cukes a kick of great homemade flavor:

- Choose pickling cucumbers, not slicing cucumbers. Pickling cucumbers are short and blocky — about 4 inches long. They should be firm and green in color with no blemishes.
- For pickles, you must cut off 1/16 inch from the blossom end to help prevent soft mushy pickles. The blossom end contains an enzyme that will cause softening.
- Keep the cukes cool in the refrigerator until you have enough to make a batch, but do not hold them too long or you will end up with shriveled pickles.
- Use real canning jars. Don't use jars that once contained peanut butter, pickles, mayo, etc. Clear canning jars are what you need. Use flat lids (called either lid or flat) and a ring to seal the jar. Also check for nicks and cracks — these may cause seal failure.

Find more tips, canning recipes and the *Mrs. Wages Canning Guide* at www.mrswages.com.

Spicy Pickles

Yield: 7 quarts

- 9 to 11 lbs pickling cucumbers (about 50 — 3 to 4 inches)
- 3 1/3 cups Mrs. Wages White Distilled Vinegar (5% acidity)
- 7 1/3 cups water
- 1 pouch Mrs. Wages Spicy Pickles Mix (Medium or Hot)

Prepare and process home canning jars and lids according to manufacturer's instructions for sterilized jars.

Wash cucumbers and remove blossom ends; drain. Leave whole, cut into spears or slice.

Combine vinegar and water into a large non-reactive pot. Do not use aluminum. Bring mixture just to a boil over medium heat. Remove from heat, add pickle mix and stir until dissolved.

Pack cucumbers into sterilized jars, leaving 1/2 inch of headspace. Evenly divide hot pickling liquid among the packed jars, leaving 1/2 inch of headspace. Remove air bubbles and cap each jar as it is filled. If more liquid is needed for proper headspace, add a mix of 1 part vinegar and 2 parts water (this mixture should be boiling hot).

Process pints 5 minutes, quarts 10 minutes, in a boiling water bath canner. Test jars for airtight seals according to manufacturer's directions. If jars do not completely seal, refrigerate and consume within one week.

Product is ready to eat after 24 hours. Before serving, chill to enhance flavor and crispness.

Note: Processing times are for altitudes less than 1000 feet. At altitudes of 1000 feet or more increase processing time 1 minute for each 1000 feet of altitude.

Sweet Pickle Relish

Yield: 5 pints

- 6 to 8 lbs pickling cucumbers (about 25 — 3 to 4 inches)
- 1/2 cup Mrs. Wages Canning and Pickling Salt
- 1 pouch Mrs. Wages Sweet Pickle Relish Seasoning
- 2 1/2 cups Mrs. Wages White Distilled Vinegar (5% acidity)
- 2 cups sugar

Prepare and process home canning jars and lids according to manufacturer's instructions for sterilized jars.

Wash cucumbers and remove blossoms; drain. Cut into 1-inch pieces and place in a food processor. Process into small pieces (1/8 inch or smaller is best) and place into a bowl. Stir in salt and mix well. Cover and let sit for 2 hours. Drain out excess juice by placing in a fine strainer.

Combine pickle relish seasoning, vinegar and sugar into a large non-reactive pot. Do not use aluminum. Bring mixture just to a boil over medium heat, stirring constantly. Add prepared cucumbers and simmer 10 minutes, uncovered, stirring occasionally.

Evenly divide hot relish into sterilized jars, leaving 1/2 inch of headspace. Remove air bubbles, wipe rim and cap each jar as it is filled.

Process pints 15 minutes in boiling water bath canner. Test jars for airtight seals according to manufacturer's directions. If jars do not completely seal, refrigerate and consume within one week.

Product is ready to eat after 24 hours. Before serving, chill to enhance flavor.

Note: Processing times are for altitudes less than 1000 feet. At altitudes of 1000 feet or more increase processing time 1 minute for each 1000 feet of altitude.



Zesty Bread and Butter Pickles

Yield: 7 quarts

- 9 to 11 lbs pickling cucumbers (about 50 — 3 to 4 inches)
- 1 pouch Mrs. Wages Zesty Bread & Butter Pickles Mix
- 8 3/4 cups Mrs. Wages White Distilled Vinegar (5% acidity)
- 7 cups sugar

Prepare and process home canning jars and lids according to manufacturer's instructions for sterilized jars.

Wash cucumbers and remove blossoms; drain. Cut into thin slices. Whole cucumbers are not recommended.

Combine mix, vinegar and sugar into a large non-reactive pot. Do not use aluminum. Bring mixture just to boil over medium heat, stirring constantly until mixture dissolves.

Pack cucumbers into sterilized jars, leaving 1/2 inch of headspace. Evenly divide hot pickling liquid among the packed jars, leaving 1/2 inch of headspace. Remove air bubbles and cap each jar as it is filled. If more liquid is needed for proper headspace, add hot vinegar.

Process pints 5 minutes, quarts 10 minutes, in a boiling water bath canner. Test jars for airtight seals according to manufacturer's directions. If jars do not completely seal, refrigerate and consume within one week.

Product is ready to eat after 24 hours. Before serving, chill to enhance flavor and crispness.

Note: Processing times are for altitudes less than 1000 feet. At altitudes of 1000 feet or more increase processing time 1 minute for each 1000 feet of altitude.



Chef's Corner

Tim Spain

Jamaican style

Today, my Corporate Executive Chef Fred Scherger is here conducting a culinary review of all three the hospitals. The review happens annually and I am excited to see how we do and what areas we can improve on.

The review will cover all aspects of the culinary operations. It starts with profitability and production then moves on to purchasing followed by recipe accuracy, personnel and safety and finishes with reviewing the HACCP logs.

I feel confident that we will do well as we have worked very hard to maintain compliance and my sure we are adhering to all the standards put in place by Compass Group and Florida Hospital.

I think these reviews are a great tool for unit executive chefs because it allows you to have senior leadership help find out what they might need to improve on and the leadership provides the plan to make the improvement successful.

This week I am doing a Jamaican-themed luncheon for the physicians here in Sebring and I met with Dr. Paul Ebanks, who is from Jamaica. He brought me a cook book from Jamaica that belongs to his wife and we picked a few recipes out of it to prepare today.

One of the favorites down there is callaloo, which is what we call chard, and if prepared right it is wonderful. So I have a recipe for Jamaican-style callaloo. Hope you enjoy.

Cheers, Chef.

Callaloo

- 2 quart Swiss Chard, Green, Fresh
- 1/2 cup Water
- 1 cup Onions, Yellow, Fresh, Chopped
- 2 cup Tomatoes, Fresh, Diced
- 2 each Garlic Cloves, Peeled, Fresh, Minced
- 1/2 tsp. Thyme, Fresh, Minced
- 1/4 tsp. Salt, Kosher
- 2 tbs. Oil, Olive/Canola
- Oil 25/75 Blend
- 2 tbs. Margarine, Liquid
- Oleo, ZTF

Wash the Swiss chard to remove any debris and dirt. Chop the chard and cover with cold water. Dissolve half of a teaspoon of salt into the water and let sit for 30 minutes to an hour. Discard the water and rinse the chard.

In a large pot add oil, margarine and water. Place firmly packed chopped chard on top. Add the remaining seasonings on top of the chard. Put a lid on the pot. Cook over medium heat for roughly 10 minutes or until the chard stalks are tender. The chard should be bright green. Do not overcook. Internal temperature must reach 140 degrees.

Place half-cup of greens on each serving plate.

Tim Spain is System Executive Chef with Florida Hospital Heartland Medical Center and Morrison Healthcare Food Service. He can be reached at tim.spain@ahss.org/. Guest columns are the opinion of the writer, not necessarily those of the News-Sun staff.