

# NEWS-SUN

Highlands County's Home Newspaper Since 1927

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## Here's the scoop

20 facts about summer's coldest, sweetest treat

LIVING, B10

## Title hopes dashed

Sebring, Avon Park Dixie Boys knocked out of state tourney

SPORTS, B1



# Property tax rate raised, at least for right now

Board could still lower millage if budget savings are found

By BARRY FOSTER  
News-Sun correspondent

SEBRING — Saying they didn't want to "box themselves in," Highlands County Commissioners Tuesday night voted to set a tentative millage rate at 8.3, or \$8.30 for each \$1,000 of taxable property valuation, indicating they could always roll it back as budget cuts were found.

It was not a unanimous decision. Commissioner Don Elwell was on the short end of the 4-1 vote. He had lobbied to leave the millage at the current rate of 7.1. That, he said, would force the county to "sharpen their pencils" and make budget cuts.

At the start of the discussion, Highlands County Administrator June Fisher gave commissioners a handout which explained how



Elwell

See COUNTY, A6

# Cautious council trims millage

By SAMANTHA GHOLAR  
sgholar@newssun.com

SEBRING — The city council lowered the millage rate Wednesday evening during the tentative general fund budget workshop at City Hall.

Council members agreed at a previous meeting that lowering the millage rate, or property tax, would be helpful to local residents. Last year's millage rate of 5.1644 was decreased by 3.377 percent. The majority of the council members were happy with the rate of 4.990 approved for the upcoming fiscal 2013-2014 year, but one member fought to get the rate lower.

Council member Scott Stanley's motion to lower the millage rate to 4.90 was not seconded by any member of the council.

Stanley felt that with the recent sale of the lot land for a Golden Corral restaurant would provide somewhat of a cushion for the city and also felt that with Monday's approval of merit pay and bonuses for city and staff employees, city residents deserved something as well.

"We've got to get the taxpayers a little break, too. If we're giving the employees and staff a raise we should give the taxpayers a break," Stanley said.

Bud Whitlock stated that the idea to give a break to the taxpayers was great, but the millage rate shouldn't be set based on the \$348,000 sale of the property.

See SEBRING, A5



Courtesy photo  
Country legend Charlie Daniels will be the star at the Florida Hospital Foundation Gala in November.

# Charlie Daniels Band to play at 2013 Gala

Legendary performer set for Nov. 14 show at South Florida State

By SAMANTHA GHOLAR  
sgholar@newssun.com

SEBRING — If the excitement during Thursday's press conference and enthusiasm from the celebrity guest are any indication of what the 19th annual Florida Hospital Foundation Gala will be, tickets will be going faster than normal this year.

Foundation board members and organizers announced Thursday that the Charlie Daniels Band will be the celebrity entertainment for the 2013 Foundation Gala on Nov. 14 at South Florida State College.

A world-renowned artist, Daniels has been making music for over six decades and CDB's most recognized recording, "The Devil Went



Down to Georgia," has become a county music icon, but he said Thursday that he wouldn't classify his music as just country.

"I've been called so doggone many things

See CHARLIE, A5

# County opts to stick with Aeromed

Two-year deal for air medical services set

By BARRY FOSTER  
News-Sun correspondent

SEBRING — At the end of a 90-minute public hearing Tuesday evening, Highlands County commissioners took the advice of one speaker, who advised "if it ain't broke, don't fix it."

At issue was which of two companies would provide air ambulance services here.

Commissioners issued a Certificate of Public Convenience and Necessity to Florida Health Sciences Center to continue to run the Aeromed helicopter in Highlands. The 4-1 vote reversed a staff recommendation from Emergency Medical Services Director Harvey Craven that would have awarded the certification to Rocky Mountain Holdings.

Commissioner Greg Harris cast the dissenting vote.

Florida Health Sciences Center is the company that operates Tampa General Hospital. Earlier this year, they decided to split with Rocky Mountain Holdings, the vendor that

See BOARD, A6



More rain likely  
High 91  
Low 75

Details, A10

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# Lethbridge ready to guide the county's elementary education

CHRISTOPHER TUFFLEY  
christopher.tuffley@newssun.com

SEBRING — While Andrew Lethbridge was born a New England Yankee, he moved to Highlands County as he was entering second grade. He has been here ever since.

In fact, the Lethbridge name is well known locally. His mother is Diane Lethbridge, recently retired principal of Sun 'N Lake Elementary School, and his brother is a lieutenant with the Highlands County Sheriff's Office.

After graduating from Sebring

High School, Lethbridge went to college, graduating from Warner-Southern.

Choosing education as his career field, Lethbridge began by teaching exceptional students at Woodlawn Elementary. He moved to Lake Placid and taught at Lake Placid Elementary School until he was transferred to Cracker Trail Elementary, where he served as dean and assistant-principal.

When the Kindergarten Learning Center opened in 2007, Lethbridge

See LETHBRIDGE, page A5



Katarina Simmons/News-Sun

Andrew Lethbridge, newly appointed director of elementary education works with Voluntary Pre-Kindergarten students at the Kindergarten Learning Center. Lethbridge had been the school's only principal until taking his new position.

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## Media blitz coming for health exchange

MIAMI (AP) — In less than three months, uninsured Floridians will be able to purchase medical insurance online under a new federal health law. Making sure average citizens understand how it works will be a Herculean task accompanied by a massive marketing blitz promoting the biggest expansion of the social safety net since Medicare.

Hundreds of thousands of Florida residents making less than \$48,000 a year will be eligible for federal money to help purchase their own insurance through online health exchanges under the Affordable Care Act. The new marketplaces, which are open for enrollment this October, will have the feel of an online travel site where individuals and families can compare different private insurance plans.

Health insurers will spend millions on ads pushing their plans and the federal government is also launching a multi-million dollar campaign, targeting libraries, gyms and concerts. Health clinics and non-profits will also be joining the advertising mix.

That means Florida residents are about to get hit with a ton of information designed to walk them through the enrollment process, but the feds and insurers must also find a way to package the information so it doesn't end up confusing residents even more.

"People are a little bit intimidated — not knowing what to expect, not knowing what the outcome will be — but the resource will hopefully allay some of the fears," said Renard Murray, a regional administrator with the Centers for Medicare and Medicaid Services.

The federal government's marketing strategy includes everything from door-to-door walks, working with churches, partnering with local mayors and a massive social media presence, including phone apps, Facebook, Twitter and Flickr campaigns.

Recently, Murray was wrapping up a presentation for students at Florida International University in Miami, one of nearly a dozen presentations he'd done over three days, along with a half dozen media interviews.

In Broward County, state Rep. Richard Stark is working with several other lawmakers on a campaign to help educate and enroll residents. Stark, who is also an insurance agent, is already getting calls from confused constituents and insurance clients.

"All these people started saying, 'I thought I didn't have to do anything, that I would just start getting Obamacare,'" said the Weston Democrat.

Seventy-eight percent of uninsured adults don't know about opportunities that will be available to them in 2014 under the Affordable Care Act, according to Enroll America, a nonprofit group sponsoring a national campaign that includes home visits and passing out brochures.



Howie Kubsch enjoys both the old and new in electric cars, owning both a CommutaCar made in Sebring back in the 1970s and a new Chevy Volt.

Rod Lewis/News-Sun

# A fan of electric cars, both old and new

By ROD LEWIS  
News-Sun correspondent

SEBRING — What do the 1974 Sebring-Vanguard CitiCar and the 1980 DeLorean DMC-12 have in common? They both made Bloomberg Business Week's list of the 50 Ugliest Cars Of The Past 50 years.

Most people are familiar with the DeLorean that was made famous by the "Back To The Future" trilogy. The futuristic look of the car made it a perfect fit for the movies. The CitiCar, made in the 1970s by Sebring-Vanguard, had much less publicity, but it and its variants had been the best-selling electric car until 2011 when the Tesla Roadster took the title.

The looks of the CitiCar seemed as rudimentary as the DeLorean seemed futuristic. The CitiCar was an electric car in infancy and was ahead of its time.

The CitiCar was built and produced in Sebring and was sold in all 50 states, as well as internationally, according to resident expert Howie Kubsch.

Kubsch was always interested in electricity. His dad was a union electrician for over 40 years. He was an aircraft instrument repairman in the air force and

went to Valparaiso Technical Institute where he learned about electrical circuits, motors and electronics.

When Kubsch retired from IBM, he moved to Sebring. It wasn't long before he started researching the cars that were made there, and in 2007 he purchased his first electric car, a 1980 CommutaVan made for the post office.

Then in 2009 he purchased another electric car. The car was a project car, however, and he put it aside. As his interest in the electric vehicles grew, he started looking at the newer electric cars. While researching the new breed of electric car, his fascination continued with the vintage electric car. In 2012, the historical society did not have enough room for their vintage ComutaCar, and it became Kubsch's.

Since Kubsch has owned the little car, it has been in many different venues in Sebring including the Sebring Rotary's Touch a Truck, Touch a Plane show at the Sebring Regional Airport.

It was at this event that a grandmother, whose grandson was in the car, mentioned to Kubsch that the child's grandfather worked at the plant. He said it was

interesting for him to talk with someone who had such a connection to the car.

Kubsch was still on a quest to "own a vehicle that has less impact on our environment and far less requirement for foreign oil and gasoline." After years of research and learning about the technology, he decided the Chevy Volt would meet his requirements of being a dual-usage vehicle — a short-range and totally electric vehicle for short trips and a vehicle that could be used for long trips.

Continuing his mission to reduce foreign oil and the environment, and his passion for electric cars, Kubsch continues to go to meetings and to explore the possibilities. He is planning on going to Crystal Lake, Ill., for an Aug. 2-4 meet at the Small Cars Wonder Micro Car Museum.

"It will be fun to be able to go electric and go long range with backup engine/generator," he said. "That's what makes my Volt a big home run with me, just what I wanted," he said.

## Community Briefs

### Red Cross helps three households in Lake Placid

LAKE PLACID — The American Red Cross Mid-Florida Region has been in contact with three families on Washington Boulevard in Lake Placid in response to flooding.

One family has responded that they do not need assistance, but the Red Cross continues to check in with them. Two other households were given three-night hotel stays and financial assistance with food while they coordinate with their insurance companies. One of the families also received assistance for infant supplies.

### Hair bows benefit Jade Jackson

WAUCHULA — The neighbor of Missy Sperry, a cousin of 14-year-old Jade Jackson, learned of Jade's diagnosis of brain cancer and treatment and wanted to do something to help. She has made what is now known as the Jade Jackson Bow.

These large red and white hair bows are \$5 with all proceeds going to Jade. Jade's favorite Bible verse, Philippians 4:13, is in the center and a ladybug is placed on one side to represent strength.

For more information or to place an order, contact

Sperry at (863) 773-3233 or (863) 245-6877. Shipping is at no extra charge.

### Taiko Drummers perform today

SEBRING — The Tampa Taiko Drummers will perform at the Sebring Civic Center today at 2 p.m., presented by the Sebring Public Library.

A workshop will follow and kids will get to play the enormous drums themselves.

For more information, call 402-6716.

### City of AP has online poll on sanitation

AVON PARK — The City Council of Avon Park is seeking input on the city's sanitation service delivery through a web-based polling system. The city is in the midst of budget development for 2014. The council is considering a sanitation rate reduction from \$18 per month to \$16 per month as long as services remain the same.

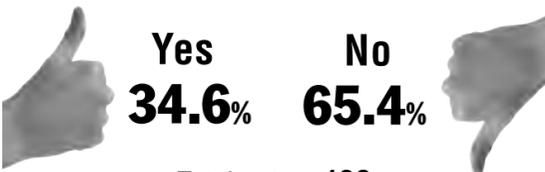
In order to achieve this, city officials would need to keep the sanitation service with once per week pickup for regular garbage, and once per week pickup for recycling. The city is recy-

Continued on A6

### Online



**This week's question:** Should the county raise the millage to the rollback rate to help make up the budget shortfall?



Total votes: 136

Poll open through Friday. [www.newssun.com](http://www.newssun.com)  
Make your voice heard at

## AP public safety employees getting extra training

By CHRISTOPHER TUFFLEY  
christopher.tuffley@newssun.com

AVON PARK — Public safety director Jason Lister says that the goal of having all the city's public service officers cross trained as fire fighters and emergency medical technicians will be fulfilled by mid-November. Lister is one of Avon Park officers currently in training for the additional certificates.

"Our goal is the complete integration of a higher level of service," he said.

The idea is not to replace other first responders, but to add "boots on the ground," Lister said. For example, he said, the city has 15 paid firefighters who serve in three man crews.

Lister explained that in most cases that provides enough coverage. However, in the case of a burning building that has to be entered the rule is for every two men inside there must be two men outside.

By having trained men immediately available "there's no waiting for anybody," Lister said, because the fourth man is right there.

When asked, both Lister and City Manager Julian

Our goal is the complete integration of a higher level of service.

Jason Lister  
AP public safety director

Deleon said this in no way affects the fire department, which is financed through a fire assessment. The department will not be cut, both said.

At the city council's regular meeting Monday night, the council approved the proposal to maintain the 2012-2013 fire assessment in 2013-2014. There will be a public hearing in August.

Assessment rates are determined by a formula that includes the size of the building, whether it is residential or commercial and how many estimated emergency calls would be generated. For example, the assessment for a warehouse of less than 2,000 square feet is \$50 a year. A nursing home of the same size pays an assessment of \$1,299.

## Lottery Center

<b>FLORIDA LOTTO</b>	July 24	4 8 15 16 32 52 x:2	Next jackpot \$41 million
	July 20	8 21 22 27 40 44 x:3	
	July 17	1 3 4 12 15 38 x:4	
<b>Play4</b>	July 24 (n)	1 9 8 5	
	July 24 (d)	3 1 8 7	
	July 23 (n)	1 3 1 9	
	July 23 (d)	5 1 0 8	
<b>MEGA MILLIONS</b>	July 23	5 14 17 21 6 6	
	July 19	6 24 30 39 21	
	July 16	7 8 29 42 12	
	July 12	2 19 37 43 13	
<b>POWERBALL</b>	July 24	9 29 40 44 54 PB: 7	Next jackpot \$196 million
	July 20	14 25 27 38 58 PB: 6	
	July 17	1 22 34 38 42 PB: 17	
<b>MEGA MILLIONS</b>	July 23	25 32 35 50 51 MB: 46 x:3	Next jackpot \$19 million
	July 19	16 20 24 39 42 MB: 46 x:3	
	July 16	10 14 21 40 53 MB: 20 x:2	



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# Obituaries

## NORMA D. CREWS

Norma D. Crews, 96, of Avon Park, passed away Wednesday July 24, 2013. She was born in Marianna on Oct. 6, 1916 to Addie Maude Davis (Godwin) and Joseph Claude Davis, Jr. She was a nurse for Dr. Roy Wandek in Marianna before meeting her husband of 59 years, C. Elton Crews, and moving to central Florida.

She has been an outstanding citizen of Highlands County for over 60 years. She enjoyed working in the family business, C. Elton Crews, Inc., raising her family and tending to anyone in need. Her strong sense of community led her to donate her time and financial support to various charities, churches, and local schools.

She is preceded in death by her husband, C. Elton Crews and is survived by her brother Franklin Davis, her three

children: Clifton E. Crews, Jr., Harriet M. Crews, and Robert C. Crews; her four grandchildren: Angela Crews, Lisa Crews McIlwain, Robert C. "Cruiser" Crews II and Chadwick E. Crews, and five great-grandchildren, Hunter Kemp, Tyler Kemp, Dara Kemp, Kinsley McIlwain and Cillian Crews.

Funeral Services will be held Saturday, July 27, 2013 at 10 a.m. at the Stephenson-Nelson Funeral Home with Rev. George Hall officiating. The family will receive friends beginning at 9 a.m. prior to the service. A private interment will be held in Hart Cemetery.

In lieu of flowers donations should be made to Good Shepherd Hospice or the South Florida State College Foundation.

Funeral Arrangements by: Stephenson-Nelson Funeral Home  
Avon Park, Florida

## JANELLE DENNISON

Sarah Janelle Dennison, age 47, of Sebring, passed away Monday, July 22, 2013. She was born on Dec. 10, 1965 in Miami to Kenneth and Sarah (Davis) Dennison. She was a clerk and typist specialist for the News Sun newspaper, member of the Lord's Sentinel Fellowship Church in Lake Placid, and a resident of Sebring since 1978, coming from Miami.



Dennison

She volunteered every place she could. She loved the Lord and her family with all her heart, serving the Lord as a faithful prayer warrior.

She is survived by her mother, Sarah Dennison of Sebring; brothers Frank Starling of Avon Park, Ricky Dennison (Faith) of Miami and Kenny Dennison Jr. of

Homestead; sisters Jewell Wilson of Sebring and Melinda Dennison of Homestead; nephews Brandon Dennison, Dolen Wilson Jr. and Jeremy Williams; and niece Misty Wilson. She was preceded in death by her father Kenneth Dennison and brothers Bruce

Camp, Randy Camp and Brent Dennison. Memorial Services will be held Monday, July 29, 2013 at 3 p.m. at the Lord's Sentinel Fellowship Church, 148 E. Interlake Blvd., Lake Placid, FL 33852.

Memorial contributions may be made to Samaritan's Touch Care Center, 3015 Herring Ave., Sebring, FL 33870. Arrangements by: Stephenson-Nelson Funeral Home  
Sebring, Florida

## ROBERT W. UZZELL

Robert W. Uzzell, 90, of Avon Park, died Thursday evening, July 18, 2013, at Florida Hospital Deland. A native of Kansas City, Mo., he had lived here since 1985, coming from Millington, Tenn.

He was retired Petty Officer of 30 years serving in the US Navy during World War II, the Korean War and the Vietnam War. He was a member at River Greens Golf Course. He is survived by his son and wife, Robert W. and Donna Uzzell II, of

Altamonte Springs; granddaughter, Dyan Schwartz, of Orlando; and two great grandchildren, Bradley and Bethany Schwartz, of Orlando.

Visitation was held on Thursday evening at Fountain Funeral Home. A funeral service will be held on Friday, July 26, 2013 at 1 p.m. at Fountain Funeral Home with interment in Bougainvillea Cemetery. Arrangements with Fountain Funeral Home.

Fountain Funeral Home  
507 US 27 N  
Avon Park, FL 33825  
(863) 453-3134

## Death notice

Rosalie A. Fogg, age 99, of Lake Placid, passed away on Saturday, July 20, 2013. Stephenson-Nelson Funeral Home, 385-0125.

## Lethbridge ready for new role

Continued from A1

was tapped to serve as its first principal.

This summer, Lethbridge was promoted to the position of director of elementary education. He also oversees the district's summer programs.

His primary responsibility, he said, is to provide support to principals and elementary teachers.

"We need to look at procedures and processes that we can streamline, and redundancies we can take off their plates," he said. "Principals and teachers work hard, we want to make their jobs easier."

For example, he said, "Dr. (Brenda) Longshore, assistant superintendent for curriculum and instruction, very much wants us out in the schools. We are meeting with all the principals to find out they require, but we're going out to them, not making them to come to us. That's helpful."

The support is important, he added, because "there has been a large shift as a result of the new core curriculum."

This means there will be major changes in the way teachers teach. Those changes have been gradual — the curriculum introduced at the kindergarten level have been in place for two complete school years. As students move up in grade, the curriculum advances with them.

Lethbridge is excited about the new direction. He said he has high expectations for a new elementary reading and math textbook series with the new more challenging emphasis.

"This is the first course that comes with resources for the common core curriculum," he said. "It looks at very specific standards in greater detail, so there are fewer standards altogether and less overlap between levels."

# Sebring council slightly trims millage rate

Continued from A1

"They have a 365-day due diligence time on that property and they can walk from it at any time," Whitlock said.

John Griffin argued that if Stanley's millage rate was accepted only a small percentage of Sebring residents would benefit from the reduction due to the homestead exemption.

"The only ones who would benefit are people who have houses over \$100,000," Griffin said. "If you have a \$75,000 house you only pay taxes on the \$25,000. Most of the people would only be saving \$5 or \$10. I'd rather take the \$348,000, which is an asset, and use it as an asset and put it into the general fund so we can use it

for other things."

Councilman John Clark, who classifies himself as "financially cautious," was open about his concerns that the city could be facing hard times in the near future.

"I appreciate Mr. Stanley's sentiment (but) this money (from Golden Corral) is not in hand. Maybe more importantly, this is a one-time capital transaction ... so messing with the tax rate for the exchange of the sale of an asset I think is a mistake on our part," said Stanley.

"This is a very worrisome budget for me. If and when we get this money I think it should go to the general fund. I'd love to see a reduction in the millage but I don't think that this is

the year to do it and I don't think those are the assets we would relegate towards doing it."

With the looming financial issues at the county, Sebring staff wants to continue to be conscious of spending to ensure the city remains in good financial standing.

"I, myself, don't want to get to a point sitting up here that we have to raise taxes, ever," said Council President Andrew Fells. "I would hope that this city doesn't ever find itself that the county is in. We're in much better shape than the county and I'd like to keep it that way."

Council approved the new millage rate of 4.9900 with a vote of 4-1, Stanley casting the dissenting vote.

# Charlie Daniels band to play Gala concert

Continued from A1

over the years. When people ask me what we play, I really don't put a specific genre on our music. I say we play American music, because you're going to hear some of all of it. If you come to a CDB show you will hear country, bluegrass, gospel, jazz, rock of three or four different kinds. I just do it and let people call it what they want to," said Daniels from the comfort of his home Thursday after a busy night of performing at the Grand Ole Opry House in Nashville Wednesday night.

The guitarist and fiddler stated that he usually does between 90 and 100 shows each year on top of 10 Grand Ole Opry appearances and charity functions. Though CDB hasn't been to Sebring in many years but was looking forward to performing for a function that helped raise money for the Adventist-based hospital foundation.

"I am an unabashed Christian. I salute you for the work you do. I have had reason to be very thankful for good medical care here in the last few years. I am very thankful for all things medical. Any medical cause, I'm very much in

favor of it because I've been in the care of folks that are doing what you folks are doing. You've got to start somewhere and I want to thank you," Daniels said.

A huge supporter of United States military troops and veterans, the 76-year-old performer was very vocal about his passion for helping and assisting veterans. Daniels has recorded many patriotic songs and gives many "freedom concerts" for active military members.

CDB has performed at a number of venues both small and large across the nation. The musician always strives to put on a good show no matter the venue.

"I just feel that everybody should get the same show, so we do the same show regardless if it's a festival or a theater, a small venue a large venue, whatever. We do the same songs and play with the same energy. I just love walking on stage and performing in front of people," Daniels said.

As far as song selection for the Gala, Daniels knows what attendees want to hear when he and his band get on any stage. He said that it isn't hard choosing what hits to play. Instead, the difficult part is determining what to leave out.

"That's why they come. They (people) come to hear those songs. We always put those songs in and kind of fill-in around them," said Daniels.

The 19th annual

Foundation Gala will be held at South Florida State College Thursday, Nov. 14 beginning at 6 p.m. Tickets will go on sale soon and can be purchased by visiting the Florida Hospital Heartland website at www.fhheartland.org/.

Other gala events including the golf tournament on Nov. 15 and a 5K and 10K race Nov. 17. Visit www.fhheartland.org/ for details to register for any of the gala events.

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# Community Briefs

Continued from A2

cling between 40 to 45 tons on a monthly basis.

Since the poll is on the City's sanitation service, it is only open to City residents and businesses. In order to vote, the street number, and location ID is needed from the monthly utility bill.

Visit [www.avonpark.cc](http://www.avonpark.cc) or <http://www.avonpark.cc/polls.php> to provide input.

## Elks plan Christmas in July

SEBRING — Sebring Elks 1529 will be having a "Christmas in July" dinner and dance today. The event is open to the public

This will be a complete turkey and ham dinner with all the trimmings. The buffet will be served from 5-6 p.m.. Music will be by Buddy Canova from 6:30-9:30 p.m. Mr. and Mrs. Santa Claus will attend.

Adult admission will be \$12 and children 12 years and younger \$6.50.

Please make dinner reservations by calling 471-3557. Feel free to dress accordingly.

## Natural Resources Advisory Commission is seeking applicants

The Highlands County Board of County Commissioners is currently seeking members to serve on the Natural Resources Advisory Commission (NRAC).

This advisory body speaks and advises county commissioners on matters of natural resource protection, environmental clearances and the stewardship of conservation efforts undertaken by, in, and for Highlands County.

The board is currently interested in applicants from the following disciplines:

Professional which represents occupations or sufficient educational credentials related to regional environmental issues, banking, finance, land planning, surveying, law, engineering, education, surveying development and real estate or professional experience in geology, hydrology or geography.

Environmental positions include expertise in environmental sciences, environmental consultancy, natural area land management, environmental research or education, environmental conservation/protection organizations or agencies.

Agriculture slots represent occupations or education related to commercial farm, forestry, fishery, agri-business, agri-sciences, agricultural research or education.

NRAC meets the last Wednesday of every month at 4 p.m. for approximately

## Unsung Hero award



Christopher Tuffley/News-Sun  
Dee Andrews, owner of Dee's Place restaurant in Sebring, is presented with a plaque by News-Sun editor Scott Dressel in recognition of Andrews being named a News-Sun Unsung Hero. The monthly series highlights people who make contributions to the community that may otherwise go unnoticed. The award is sponsored by Agero.

90 minutes.

If you are interested in serving in any of these capacities, please contact Corine Burgess at (863) 402-6545 or e-mail [cburgess@hcbcc.org](mailto:cburgess@hcbcc.org).

## Skipper to speak to historical society

SEBRING — John Skipper, well-known local teacher and rancher, will be the guest speaker at the quarterly luncheon meeting of the Sebring Historical Society on Saturday at noon at the Jack Stroup (Sebring) Civic Center at Lake Jackson.

Attendees of this carry-in luncheon are asked to bring a dish to share and \$2 per person, which includes table service and beverage. The public is welcome.

Skipper, well-known descendant of a central Florida pioneer family, is the son of the late J. Raab Skipper and Mrs. Marguerite S. Skipper.

He and his wife, Leesa, are the parents of two sons, Leighton and Raab.

A 1967 graduate of Sebring High School, Skipper continued his education at South Florida Junior College, where he earned an Associate in Arts Degree in education in 1969. He then was awarded a bachelor of arts degree in education in 1972 and a master's degree in education in 1979 from the University of South Florida.

After a long and distinguished teaching career, he

retired to manage the family cattle ranching business.

For further information, call 471-2522.

## Democratic Women meet Saturday

SEBRING — The Democratic Women's Club of Highlands County will have their general monthly meeting beginning at 9:30 a.m. Saturday at Democratic Party Headquarters, 4216 Sebring Parkway (next to Ruby Tuesdays).

A continental breakfast will be served. All like-minded individuals are welcome to attend.

This month, there will be a presentation on Florida's endangered waterways presented by Linda Bystrak. She taught biology for 22 years at the secondary and post-secondary level in Maryland and Michigan after earning two degrees from the University of Maryland.

She is a former board member of Florida Audubon Society and the Lake County Water Authority and a current board member of the Florida Springs Institute, and of the Lake County Soil and Water Conservation District. She is also current president of the Oklawaha Valley Audubon Society.

Bystrak, an avid kayaker, is a member of numerous conservation groups and the Lake County Democratic Women's Club.

For further information about the Democratic Women's Club of Highlands County, call 214-4680.

# County raises millage rate, but decision not final

Continued from A1

many dollars would be generated by various increases. She also explained to the commission that Tuesday night's action would be a tentative millage rate. The final action for the final millage will be taken at the commissioners' Sept. 5 meeting.

Commissioners still may roll the rate down to 8.1 or \$8.10 for each \$1,000 of taxable valuation. It cannot be increased from that figure without a notice to all Highlands County taxpayers. Such an action would cost \$61,000 in mailing fees alone.

Despite the fact that number may be changed, it is the figure that will be sent out to thousands of property tax notices over the next few weeks. Even so, commissioners were told that in any given budget year the county does not collect all the tax money.

"Historically, we have collected right around 96 to 97 percent," said Senior Director of the Office of Budget and Management Timothy Mechling.

As always, the budget is a tug-of-war between taxes and levels of service.

Commissioner Ron Handley commented that he had not heard of anybody willing to cut services, Chairman Jack Richie saying, "We're hav-

I would like to keep the millage rate low, which demands people to get as creative as they possibly can rather than simply to raise revenues at this point.

Don Elwell  
county commissioner

ing a hard enough time keeping services up now."

Also included in the overall budget for the upcoming fiscal year, along with operations run by the board of county commissioners, are budgets from the constitutional officers including the sheriff's office, the clerk of the courts, the property appraiser, the tax collector and the supervisor of elections.

All of those budget requests are up, topped by the sheriff's office, which is asking for more than \$1 million more this year.

Commissioner Jim Brooks harkened back to 2004 when an unprecedented three hurricanes ravaged central Florida over a matter of weeks, calling for contingency money in case disaster might strike again.

Elwell, however, continued to maintain that the budget this year could be balanced without raising taxes.

"I have gotten there a couple of different ways," he said. "I would like to keep the millage rate low, which demands people to get as creative as they possibly can rather than simply to raise revenues at this point."

He called on county department heads, as well as the constitutional officers, to take part in the exercise. Elwell then put forward the theory that, at least for this year, there would be one-time money the county could access to balance the budget for the 2013-14 fiscal year.

"Things have changed," said Richie. "We have lost a tremendous amount value in our property structure and this has hurt us dramatically."

Richie agreed with other commissioners say the roll-back rate would not "do any good," contending commissioners needed at least 8 mills as "safety valve" for spending.

It appeared that other commissioners were relying on Elwell to lead the way in budget cutting.

"We can set it high tonight and you can show us how to get back down," Harris said.

# Board picks Aeromed for air medical transport deal

Continued from A1

provides their helicopter and a number of other services. The two then each applied to run the operation here.

Rocky Mountain Holdings, also known as Air Methods, had made the application first on April 30.

Speaking to the commission, Tampa General Executive Vice President and Chief Operating Officer Deana Nelson said the reason their application came in a month after Air Methods was that the TGH staff was caught flat-footed when they found that Rocky Mountain Holdings already had applied to the county even before TGH had made a decision whether or not to continue the agreement.

Nelson alleged the action had been done in violation of the contract agreement between the two companies.

Although Air Methods had presented nearly 50 letters of support, some of those were called into question, with at least one speaker saying when he penned his missive he was under the impression that he had been supporting the effort by Tampa General Hospital.

Commissioners were greeted by a sea of blue, as uniformed Aeromed employees showed up en masse to demonstrate their support for TGH and the current operation.

Under the joint operating

agreement, Tampa General supplied the medical care via a flight nurses and flight medics, while Air Methods was responsible for the helicopter, medical supplies and equipment as well as living quarters for the crews.

The current contract between the county and Aeromed is not set to expire until March of next year, but the dissolution of the agreement between Tampa General and Air Methods could have brought service to a halt at the end of July.

Commissioner Don Elwell asked if both entities might be issued a certificate and the two groups could compete for business, allowing the consumers possibly to benefit through the free market. However, Craven assured him there were not sufficient calls to support more than one service locally for any appreciable amount of time.

The formal action to award the certificate was a cumbersome affair, with commissioners taking several steps to make certain there would be no gaps in service during a transition period. Because the two entities will end their agreement July 31 and the certificate will not become effective until Aug. 2, a two-day gap would ensue.

To ensure a seamless transition, commissioners approved an emergency certificate to cover the 48-hour gap. The final action was a technical one, comprising three different

motions with county attorney Ross Macbeth providing the language.

In the midst of that process, Craven advised the commission that as of Tuesday afternoon, the helicopter that is slated to be used in Highlands County had not been approved by the state of Florida to operate. However, he said a letter had been submitted indicating the state does intend to issue that permit.

The information caught Commission Chair Jack Richie by surprise and caused him to bristle.

"That was not in the back up material and it should have been, shouldn't it?" Richie asked the EMS Director.

Craven assured the commission that there should not be a problem. Richie responded that based upon the EMS director's guarantee, the commission would move forward. Elwell then included as a contingency in his motion that the machine have all necessary approvals.

Commissioner Jim Brooks expressed displeasure with the Macbeth over the way the approvals were handled.

"I would appreciate it if our attorney would advise us before we have a motion of this nature. If he knows there are certain conditions that have to be mentioned, that we have it prior to the meeting — or at least have an inkling of it — so we don't get up here and look like we don't know what we're doing," he said.

# Democrats target Scott with web ads, social media campaign

TALLAHASSEE (AP) — The Florida Democratic Party is beginning an online and social media campaign targeting Republican Gov. Rick Scott even though the party doesn't have a well-known, well-funded candidate to face him.

The party announced its plans Thursday. It has begun placing ads on newspaper and social media websites. It also created a website, [www.realrickscott.com](http://www.realrickscott.com), to criticize Scott's record as governor.

The campaign comes as Democrats wait for a strong candidate to emerge against Scott. The only credible candidate in the race right now is former state Sen. Nan Rich, who has struggled to raise the money needed for a successful statewide campaign.

Former Republican Gov. Charlie Crist is widely expected to enter the race. Crist became a Democrat last year.

And 2010 Democratic nominee Alex Sink is also considering a run.

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**Cancellations:** When a cancellation is called in, a KILL number will be given to you. This number is very important and must be used if ad failed to cancel. All ads cancelled prior to scheduled expiration date will be billed for complete run unless a KILL number can be provided.

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA  
CASE NO: 13-DR-938

GILBERTO JARAMILLO-CURIEL  
Petitioner,  
vs.  
MARIA DEL CARMEN RAMIREZ  
Respondent.

NOTICE OF ACTION FOR PETITION FOR PATERNITY, TIMESHARING, PARENTING PLAN AND OTHER RELIEF

TO: MARIA DEL CARMEN RAMIREZ  
STATE OF FLORIDA

YOU ARE NOTIFIED that an action for paternity, timesharing, parenting plan, and other relief has been filed against you, and you are required to serve a copy of your written defenses, if any, to it, on BRIAN M. MONK, ESQ., SESSUMS LAW GROUP, P.A., attorney for petitioner, GILBERTO JARAMILLO-CURIEL, whose address is 559 South Commerce Avenue, Sebring, Florida 33870. Said written response should be served on or before the 19th day of August, 2013, and the original must be filed with the Clerk of Court for the Highlands County Courthouse, 430 South Commerce Avenue, Sebring, Florida 33870, either before service on the attorney for the Petitioner, or immediately thereafter. If you fail to do so, a default may be entered against you for the relief demanded in the petition.

Copies of all Court documents in this case, including Orders, are available at the Clerk of the Circuit Court's office in Highlands County, Florida. You may review these documents upon request.

You must keep the Clerk of the Circuit Court's office notified of your current address. (You may file Notice of Current Address, Florida Supreme Court Approved Family Law Form 12.915). Future papers in this lawsuit will be mailed to the address on record at the Clerk's office.

WARNING: Rule 12.285, Florida Family Law Rules of Procedure, requires certain automatic disclosure of documents and information. Failure to comply can result in sanctions, including dismissal of striking pleadings.

DATED on the 15th day of July, 2013.

ROBERT GERMAINE, Clerk of Courts  
by: /s/ Lisa Osha  
as Deputy Clerk  
July 19, 26; August 2, 9, 2013

**1050 Legals**

IN THE CIRCUIT COURT IN AND FOR HIGHLANDS COUNTY, FLORIDA  
CASE NO. GC 13-471

JAMES P. BAIRD and JUDY BAIRD,  
husband and wife, and ROBERT L. BAIRD and BONNIE BAIRD, husband and wife,  
Plaintiffs,  
vs.  
NOEL Q. COWSERT a/k/a NOEL QUENTIN COWSERT and LAWANA J. COWSERT a/k/a LAWANDA J. HANCOCK, husband and wife, or if any of the aforesaid persons is dead, then his or her unknown heirs, devisees, legatees or grantees, and any and all other persons or parties claiming by, through, under or against them; and all claimants, persons or parties, natural or corporate, or whose exact legal status is unknown, claiming under any of the above named or described defendants or parties or claiming to have any right, title or interest in and to the lands hereafter described  
Defendants

NOTICE OF ACTION

TO: NOEL Q. COWSERT  
a/k/a NOEL QUENTIN COWSERT  
LAWANA J. COWSERT  
a/k/a LAWANDA J. HANCOCK  
Address Unknown

YOU ARE NOTIFIED that an action to foreclose a land installment contract on the following property in Highlands County, Florida:

Lot 8, Block D, CRESCENT VIEW, according to the plat thereof as recorded in Plat Book 2 Page 54, Public Records of Highlands County, Florida has been filed against you and you are required to serve a copy of your written defenses, if any, to it on E. MARK BREED III of BREED & NUNNALLEE, P.A., Plaintiff's attorney, whose address is 325 North Commerce Avenue, Sebring, FL 33870, on or before August 26, 2013, and file the original with the clerk of this court either before service on Plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the complaint or petition.

Dated this 19th day of July, 2013.

ROBERT W. GERMAINE  
As Clerk of the Court  
By: /s/ Priscilla Michalak  
Deputy Clerk

**1050 Legals**

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA  
PROBATE DIVISION  
FILE NO. PC 13-192  
Division

IN RE: ESTATE OF MICHAEL D. DRAKE  
Deceased.

NOTICE TO CREDITORS

The administration of the estate of MICHAEL D. DRAKE, deceased, whose date of death was March 10, 2013, is pending in the Circuit Court for HIGHLANDS County, Florida, Probate Division, the address of which is 590 S. Commerce Ave., Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is July 19, 2013.

Personal Representative:  
/s/ Linda Toth  
2528 Gresham Street  
Sebring, Florida 33875

Attorney for Personal Representative:  
/s/ Pamela T. Karlson  
Florida Bar Number: 0017957  
301 Dal Hall Boulevard  
Lake Placid, FL 33852  
Telephone: (863)465-5033  
Fax: (863) 465-6022  
E-Mail: pam@karlsonlaw.com

July 19, 26, 2013

**1050 Legals**

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA  
PROBATE DIVISION  
FILE NO. PC 13-299  
Division Probate

IN RE: ESTATE OF BARBARA L. PICKLESIMER  
Deceased.

NOTICE TO CREDITORS

The administration of the estate of BARBARA L. PICKLESIMER, deceased, whose date of death was December 8, 2012, is pending in the Circuit Court for HIGHLANDS County, Florida, Probate Division, the address of which is Clerk of the Court, Highlands County Courthouse, 430 South Commerce Avenue, Sebring, Florida 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is July 19, 2013.

Personal Representative:  
Steve Picklesimer  
905 Kerry Drive  
Sebring, Florida 33870

Attorney for Personal Representative:  
John K. McClure  
Attorney for Steve Picklesimer  
Florida Bar Number: 286958  
MCCLURE & LOBOZZO  
211 S. Ridgewood Drive  
Sebring, Florida 33870  
Telephone: (863) 402-1888  
Fax: (863) 402-2436  
E-Mail: jkmpleadings@mllaw.net  
Secondary E-Mail: johncmc@mllaw.net

July 19, 26, 2013

**1050 Legals**

IN THE CIRCUIT COURT HIGHLANDS COUNTY, FLORIDA  
PROBATE DIVISION  
FILE NO. PC 13-305  
Division Probate

IN RE: ESTATE OF ERVIN BILSKY,  
Deceased.

NOTICE TO CREDITORS

The administration of the estate of ERVIN BILSKY, deceased, whose date of death was May 19, 2013, and whose social security number is XXX-XX-9851, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 S. Commerce Avenue, Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH ABOVE, IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is July 19, 2013.

Personal Representative:  
/s/ Kenneth Bilsky  
109 Kentucky Avenue  
Williamstown, NJ 08094

Attorney for Personal Representative:  
/s/ Robert E. Livingston  
Florida Bar No. 0031259  
445 S. Commerce Avenue  
Sebring, Florida 33870  
Telephone: (863) 385-5156

July 19, 26, 2013

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA  
Case No: FC 13-831

ANA MERCEDES CLAROS,  
Petitioner  
and  
JESUS FREDDY CLAROS CAICEDO,  
Respondent.

NOTICE OF ACTION FOR DISSOLUTION OF MARRIAGE

TO: Jesus Freddy Claros Caicedo  
113 Whately Blvd., Sebring, Florida 33870.

YOU ARE NOTIFIED that an action has been filed against you and that you are required to serve a copy of your written defenses, if any, to it on Ana Mercedes Claros, whose address is 113 Whately Blvd., Sebring, Florida 33870, on or before July 29, 2013 and file the original with the clerk of this Court at 430 South Commerce Avenue, Sebring, Florida 33870, before service on Petitioner or immediately thereafter. If you fail to do so, a default may be entered against you for the relief demanded in the petition. Copies of all court documents in this case, including orders, are available at the Clerk of the Circuit Court's office. You may review these documents upon request. You must keep the Clerk of the Circuit Court's office notified of your current address. (You may file Notice of Current Address, Florida Supreme Court Approved Family Law Form 12.915.) Future papers in this lawsuit will be mailed to the address on record at the clerk's office. WARNING: Rule 12.285, Florida Family Law Rules of Procedure, requires certain automatic disclosure of documents and information. Failure to comply can result in sanctions, including dismissal or striking of pleadings.

DATED: June 24, 2013.

ROBERT W. GERMAINE, CLERK  
CLERK OF THE CIRCUIT COURT  
By: /s/ Edsel Kromholz  
Deputy Clerk

NOTICE OF INTENT OF THE SCHOOL BOARD OF HIGHLANDS COUNTY, FLORIDA TO CONSIDER ADOPTION OR AMENDMENT OF SCHOOL DISTRICT RULE 6.541 AND NOTICE OF POTENTIAL PUBLIC HEARING

NOTICE is hereby given that THE SCHOOL BOARD OF HIGHLANDS COUNTY intends to adopt Rule 6.541, Annual/Vacation Leave at a regular meeting of the Board on Tuesday, August 27, 2013, at 5:30 p.m. in the Board Meeting Room, George Douglass Administration Building, 426 School Street, Sebring, Florida. The proposed rule shall be effective upon adoption. Pursuant to Section 120.54, Florida Statutes, any affected person has twenty-one (21) days after publication of this notice to request the opportunity to present evidence and argument to the School Board of Highlands County, Florida regarding the proposed rule. Such hearing must be requested in writing and received by Wally Cox, Superintendent, 426 School Street, Sebring, FL 33870, within 21 days after publication of this notice. If such hearing is requested, it will be held Tuesday, August 27, 2013, at 5:45 p.m. Any person desiring to attend such a hearing is requested to call the Superintendent's office to verify whether such hearing has been requested. The purpose and effect of the proposed rule is to modify the adopted plan in accordance with requirements set forth in recent Florida legislation. A summary of the proposed rule or amendment is as follows: For Administrators and Mid-Management and Non-bargaining (confidential) Employees, the leave entitlement schedule language shall be changed as follows: Administrators - &hellip;when an administrator's annual leave credits earned are in excess of four hundred eighty (480) hours at the close of business on December 31 of each year, all such accrued annual leave in excess of four hundred eighty (480) hours on January 1 of each year shall be converted to sick leave and added to the Administrator's sick leave balance; Mid-Management and Non-bargaining (confidential) Employees - &hellip;when an administrator's annual leave credits earned are in excess of four hundred eighty (480) hours at the close of business on December 31 of each year, all such accrued annual leave in excess of four hundred eighty (480) hours on January 1 of each year shall be converted to sick leave and added to the Mid-Management and Non-bargaining (confidential) Employees' sick leave balance. The specific legal authority includes Article IX Section 4(b), Constitution of the State of Florida; Sections 1001.41, 1001.42, and 1001.32, Florida Statutes. The School District believes that the proposed rule or amendment will have no effect on small business. The School District believes that the proposed rule or amendment will not result in substantial increase in costs or prices paid by consumers, individual industries or state or local government agencies, and will not result in significant adverse effects on competition, employment, investment, productivity, innovation or international trade and/or alternative approaches to the regulatory objective either do not exist and/or are precluded by law. The cost to the School District of promulgating the proposed rule or amendment is estimated to be \$50.00. The estimated annual cost of implementing and enforcing the proposed rule or amendment is \$0.00. The text of the proposed rule or amendment can be obtained at the Superintendent's office (Attn. Marlene Welborn), George Douglass Administration Building, 426 School Street, Sebring, Florida between the hours of 8:00 a.m. and 4:30 p.m., Monday through Friday.

HIGHLANDS COUNTY SCHOOL BOARD,  
By: Wally Cox,  
Superintendent & ex officio secretary

July 26, 2013

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA  
CIVIL DIVISION  
CASE NO. 282011CA000745XXXXXX

WELLS FARGO BANK, N.A., AS TRUSTEE FOR THE CERTIFICATEHOLDERS OF BANC OF AMERICA ALTERNATIVE LOAN TRUST 2006-7, MORTGAGE PASS-THROUGH CERTIFICATES, SERIES 2006-7, Plaintiff,  
vs.  
MICHAEL E. CROWE A/K/A MICHAEL EUGENE CROWE; DIMITRIOS VASSILAKOPOULOS; et al., Defendants.

NOTICE OF ACTION

TO: DIMITRIOS VASSILAKOPOULOS  
Last Known Address  
4530 Pebble Beach Drive  
Sebring, FL 33872  
Current Residence is Unknown

YOU ARE NOTIFIED that an action to foreclose a mortgage on the following described property in Highlands County, Florida:

LOT 5, BLOCK 341, OF SUN 'N LAKES ESTATES OF SEBRING, UNIT 16, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 10, PAGE 4, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

has been filed against you and you are required to serve a copy of your written defenses, if any, to it on SHD Legal Group P.A., Plaintiff's attorneys, whose address is PO BOX 11438 Fort Lauderdale, FL 33339-1438, (954)564-0071, answers@shdlegalgroup.com, within 30 days from first date of publication, and file the original with the Clerk of this Court either before service on Plaintiff's attorneys or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the complaint or petition.

DATED on July 16, 2013.

ROBERT W. GERMAINE, CLERK  
As Clerk of the Court  
By: /s/ Priscilla Michalak  
As Deputy Clerk

In accordance with the Americans with Disabilities Act of 1990, persons needing special accommodation to participate in this proceedings should contact the Clerk of the Court not later than five business days prior to the proceeding at the Highlands County Courthouse. Telephone 863-386-6565 or 1-800-955-8770 via Florida Relay Service.  
1396-107739 LAC

July 19, 26, 2013

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA  
PROBATE DIVISION  
FILE NO. PC 13-281  
Division

IN RE: ESTATE OF DOROTHY M. CURTIS  
Deceased.

NOTICE TO CREDITORS

The administration of the estate of Dorothy M. Curtis, deceased, whose date of death was May 5, 2013, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 S. Commerce Avenue, Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIOD SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is July 26, 2013.

Personal Representative:  
Louise M. Crum  
1520 Corvette Avenue  
Sebring, FL 33872

BREED & NUNNALLEE, P.A.  
Attorneys for Personal Representative  
325 NORTH COMMERCE AVENUE  
SEBRING, FL 33870  
By: /s/ Thomas L. Nunnallee  
THOMAS L. NUNNALLEE  
Florida Bar No. 0062162  
Email Address: service@bnpalaw.com

July 26; August 2, 2013

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA  
PROBATE DIVISION  
FILE NO. PC 13-214  
Division

IN RE: ESTATE OF GARY JAMES CHAUVENNE  
Deceased.

NOTICE TO CREDITORS

The administration of the estate of GARY JAMES CHAUVENNE, deceased, whose date of death was April 5, 2013, is pending in the Circuit Court for HIGHLANDS County, Florida, Probate Division, the address of which is 590 S. Commerce Ave., Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is July 19, 2013.

Personal Representative:  
/s/ Robert Chauvenne  
10955 Hillsboro Rd.  
Platte City, Missouri 64079

Attorney for Personal Representative:  
/s/ Pamela T. Karlson  
Florida Bar Number: 0017957  
301 Dal Hall Boulevard  
Lake Placid, FL 33852  
Telephone: (863)465-5033  
Fax: (863) 465-6022  
E-Mail: pam@karlsonlaw.com

July 19, 26, 2013

IN THE CIRCUIT COURT HIGHLANDS COUNTY, FLORIDA  
PROBATE DIVISION  
FILE NO. PC 13-303  
Division Probate

IN RE: ESTATE OF ELLA M. CASSELS,  
Deceased.

NOTICE TO CREDITORS

The administration of the estate of ELLA M. CASSELS, deceased, whose date of death was January 22, 2013, and whose social security number is XXX-XX-4940, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 S. Commerce Avenue, Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is July 19, 2013.

Personal Representative:  
/s/ Hazel Cassels  
205 Amy Avenue  
Sebring, FL 33870

Attorney for Personal Representative:  
/s/ Robert E. Livingston  
Florida Bar No. 0031259  
445 S. Commerce Avenue  
Sebring, Florida 33870  
Telephone: (863) 385-5156

July 19, 26, 2013

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA  
PROBATE DIVISION  
FILE NO. PC 13-213  
Division

IN RE: ESTATE OF BETTY ANNE FARISS  
a/k/a BETTY A. FARISS  
a/k/a BETTY FARISS  
Deceased.

NOTICE TO CREDITORS

The administration of the estate of Betty Anne Fariss a/k/a Betty A. Fariss a/k/a Betty Fariss, deceased, whose date of death was April 13, 2013, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 South Commerce Avenue, Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claim with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT SO FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIOD SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is July 26, 2013.

Personal Representative:  
Anne Fariss Reed  
1247 Falls Blvd.  
Weston, FL 33327

BREED & NUNNALLEE, P.A.  
Attorneys for Personal Representative  
325 NORTH COMMERCE AVENUE  
SEBRING, FL 33870  
By: /s/ Thomas L. Nunnallee  
THOMAS L. NUNNALLEE  
Florida Bar No. 0062162  
Email Address: service@bnpalaw.com

July 26; August 2, 2013

NOTICE UNDER FICTITIOUS NAME LAW PURSUANT TO SECTION 865.09 FLORIDA STATUTES

NOTICE IS HEREBY GIVEN that the undersigned, desiring to engage business under the fictitious name of GREEN HAT LAWN AND LANDSCAPE located at 2650 N. Hewlett Road, P.O. Box 425, in the County of Highlands, in the City of Avon Park, Florida 33876, intends to register the said name with the Division of Corporations of the Florida Department of State, Tallahassee, Florida.

Dated at Sebring, Florida, this 23rd day of July, 2013.

Nancy G. Jones

July 26, 2013

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA  
PROBATE DIVISION  
FILE NO. PC 13-214  
Division

IN RE: ESTATE OF GARY JAMES CHAUVENNE  
Deceased.

NOTICE TO CREDITORS

The administration of the estate of GARY JAMES CHAUVENNE, deceased, whose date of death was April 5, 2013, is pending in the Circuit Court for HIGHLANDS County, Florida, Probate Division, the address of which is 590 S. Commerce Ave., Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIOD SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is July 19, 2013.

Personal Representative:  
/s/ Robert Chauvenne  
10955 Hillsboro Rd.  
Platte City, Missouri 64079

Attorney for Personal Representative:  
/s/ Pamela T. Karlson  
Florida Bar Number: 0017957  
301 Dal Hall Boulevard  
Lake Placid, FL 33852  
Telephone: (863)465-5033  
Fax: (863) 465-6022  
E-Mail: pam@karlsonlaw.com

July 19, 26, 2013

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA  
PROBATE DIVISION  
FILE NO. PC 13-214  
Division

IN RE: ESTATE OF GARY JAMES CHAUVENNE  
Deceased.

NOTICE TO CREDITORS

The administration of the estate of GARY JAMES CHAUVENNE, deceased, whose date of death was April 5, 2013, is pending in the Circuit Court for HIGHLANDS County, Florida, Probate Division, the address of which is 590 S. Commerce Ave., Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is July 19, 2013.

Personal Representative:  
/s/ Robert Chauvenne  
10955 Hillsboro Rd.  
Platte City, Missouri 64079

Attorney for Personal Representative:  
/s/ Pamela T. Karlson  
Florida Bar Number: 0017957  
301 Dal Hall Boulevard  
Lake Placid, FL 33852  
Telephone: (863)465-5033  
Fax: (863) 465-6022  
E-Mail: pam@karlsonlaw.com

July 19, 26, 2013

IN THE CIRCUIT COURT HIGHLANDS COUNTY, FLORIDA  
PROBATE DIVISION  
FILE NO. PC 13-303  
Division Probate

IN RE: ESTATE OF ELLA M. CASSELS,  
Deceased.

NOTICE TO CREDITORS

The administration of the estate of ELLA M. CASSELS, deceased, whose date of death was January 22, 2013, and whose social security number is XXX-XX-4940, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 S. Commerce Avenue, Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is July 19, 2013.

Personal Representative:  
/s/ Hazel Cassels  
205 Amy Avenue  
Sebring, FL 33870

Attorney for Personal Representative:  
/s/ Robert E. Livingston  
Florida Bar No. 0031259  
445 S. Commerce Avenue  
Sebring, Florida 33870  
Telephone: (863) 385-5156

July 19, 26, 2013

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA  
PROBATE DIVISION  
FILE NO. PC 13-213  
Division

IN RE: ESTATE OF BETTY ANNE FARISS  
a/k/a BETTY A. FARISS  
a/k/a BETTY FARISS  
Deceased.

NOTICE TO CREDITORS

The administration of the estate of Betty Anne Fariss a/k/a Betty A. Fariss a/k/a Betty Fariss, deceased, whose date of death was April 13, 2013, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 South Commerce Avenue, Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claim with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT SO FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIOD SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is July 26, 2013.

Personal Representative:  
Anne Fariss Reed  
1247 Falls Blvd.  
Weston, FL 33327

BREED & NUNNALLEE, P.A.  
Attorneys for Personal Representative  
325 NORTH COMMERCE AVENUE  
SEBRING, FL 33870  
By: /s/ Thomas L. Nunnallee  
THOMAS L. NUNNALLEE  
Florida Bar No. 0062162  
Email Address: service@bnpalaw.com

July 26; August 2, 2013

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Legals

IN THE CIRCUIT COURT  
OF THE TENTH JUDICIAL CIRCUIT  
IN AND FOR HIGHLANDS COUNTY, FLORIDA  
CIVIL ACTION  
CASE NO.: 28 2012 CA 000283  
DIVISION:  
SUNTRUST MORTGAGE, INC.,  
Plaintiff,  
vs.  
JAMES CONNELLY, et al,  
Defendant(s).  
NOTICE OF RESCHEDULED FORECLOSURE SALE  
NOTICE IS HEREBY GIVEN pursuant to an Order Rescheduling Foreclosure Sale dated July 11, 2013 and entered in Case No. 28 2012 CA 000283 of the Circuit Court of the Tenth Judicial Circuit in and for HIGHLANDS County, Florida wherein SUNTRUST MORTGAGE, INC. is the Plaintiff and JAMES CONNELLY; SONDRÁ CONNELLY; SUNTRUST BANK; are the Defendants. The Clerk of the Court will sell to the highest and best bidder for cash at JURY ASSEMBLY ROOM IN THE BASEMENT OF THE HIGHLANDS COUNTY COURTHOUSE, 430 SOUTH COMMERCE AVENUE at 11:00 AM, on the 7th day of August, 2013, the following described property as set forth in said Final Judgment:  
THE WEST 6.14 FEET OF LOT 19 AND ALL OF LOT 20, IN BLOCK 2, OF LAKEVIEW SUBDIVISION FIRST ADDITION, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 7, PAGE 38, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.  
TOGETHER WITH: A 1/37TH INTEREST IN AND TO LOT 10, BLOCK 1, OF LAKEVIEW SUBDIVISION, AS PER PLAT THEREOF RECORDED IN PLAT BOOK 4, PAGE 6, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA, AS SET FORTH IN O.R. BOOK 363, PAGE 72, OF THE AFORESAID PUBLIC RECORDS.  
AK/A 5149 PLACID VIEW DRIVE, LAKE PLACID, FL 33852  
Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis Pendens must file a claim within sixty (60) days after the sale  
WITNESS MY HAND and the seal of the Court on July 15, 2013.  
ROBERT W. GERMAINE  
Clerk of the Circuit Court  
By: /s/ Priscilla Michalak  
Deputy Clerk

Ronald R Wolfe & Associates, P.L.  
P.O. Box 25018  
Tampa, Florida 33622-5018  
F11032795  
SUNTRUST-SPECFNMA-R-pschriber-Team 4 -  
F11032795  
\*\*See Americans with Disabilities Act  
In accordance with the Americans Disabilities Act, persons with disabilities needing a special accommodation to participate in this proceeding should contact the individual or agency sending the notice at Echevarria & Associates, P.A., P.O. Box 25018, Tampa, FL 33622-5018, telephone (813) 251-4766, not later than seven (7) days prior to the proceeding. If hearing impaired, (TDD) 1-800-955-8771, or voice (V) 1-800-955-8770, via Florida Relay Service.  
July 19, 26, 2013

NOTICE OF INTENT OF THE SCHOOL BOARD OF HIGHLANDS COUNTY, FLORIDA TO CONSIDER ADOPTION OR AMENDMENT OF SCHOOL DISTRICT RULE 6.912 AND NOTICE OF POTENTIAL PUBLIC HEARING  
NOTICE is hereby given that THE SCHOOL BOARD OF HIGHLANDS COUNTY intends to adopt Rule 6.912, Terminal Pay, at a regular meeting of the Board on Tuesday, August 27, 2013, at 5:30 p.m. in the Board Meeting Room, George Douglass Administration Building, 426 School Street, Sebring, Florida. The proposed new rule shall be effective upon adoption. Pursuant to Section 120.54, Florida Statutes, any affected person has twenty-one (21) days after publication of this notice to request the opportunity to present evidence and argument to the School Board of Highlands County, Florida regarding the proposed rule. Such hearing must be requested in writing and received by Wally Cox, Superintendent, 426 School Street, Sebring, FL 33870, within 21 days after publication of this notice. If such hearing is requested, it will be held Tuesday, August 27, 2013, at 5:45 p.m. Any person desiring to attend such a hearing is requested to call the Superintendent's office to verify whether such hearing has been requested. The purpose and effect of the proposed rule is to update in accordance with annual review and implement statutory changes and other corrective measures as deemed necessary. A summary of the proposed rule or amendment is as follows: Paragraph (1) shall be changed as follows: The School Board shall provide a 401(a) Qualified Retirement Plan that defers federal income tax and permanently avoids the payment of Social Security and Medicare tax on Terminal sick pay at "normal retirement" or "disability retirement" to a member of the instructional, professional administrative, or non-instructional staff or his/her beneficiary, if service is terminated by death according to the following schedule or not greater than provided by law&hellip;.Normal retirement is defined as 62 years of age or 30 years of service for employees hired before July 1, 2011. Normal retirement for employees hired after July 1, 2011, is defined as 65 years of age or 33 years of service; A new paragraph (3) shall be added to include payment provisions of Terminal pay under the 401(a) Qualified Retirement Plan for vacation benefits, Deferred Retirement Option Program (DROP) and withdrawals by Employees under (55) years of age. The specific legal authority includes Sections 1001.41, 1012.22 and 1012.23, Florida Statutes. The School District believes that the proposed rule or amendment will have no effect on small business. The School District believes that the proposed rule or amendment will not result in substantial increase in costs or prices paid by consumers, individual industries or state or local government agencies, and will not result in significant adverse effects on competition, employment, investment, productivity, innovation or international trade and/or alternative approaches to the regulatory objective either do not exist and/or are precluded by law. The cost to the School District of promulgating the proposed rule or amendment is estimated to be \$200. The estimated annual cost of implementing and enforcing the proposed rule or amendment is \$0. The text of the proposed rule or amendment can be obtained at the Superintendent's office (Attn: Marlene Welborn), George Douglass Administration Building, 426 School Street, Sebring, Florida between the hours of 8:00 a.m. and 4:30 p.m., Monday through Friday.  
HIGHLANDS COUNTY SCHOOL BOARD,  
BY: Wally Cox,  
Superintendent & ex officio secretary  
July 26, 2013

# PROFESSIONAL SERVICE DIRECTORY

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**ICS CREMATION**  
SERVING HIGHLANDS COUNTY & ALL OF FLORIDA  
\$895<sup>00</sup> | \$795<sup>00</sup>  
(Special Hospice Patient Price)  
Plus Cost of Death Certificates  
\*No Additional Costs\*  
Contact: Linda O'Neal  
Lake Placid: 863-441-2514

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CARPET CLEANING  
\$10<sup>25</sup> Per Room  
3 Rooms Minimum  
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• All Types of Flooring  
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**News-Sun**  
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**ALL AMERICAN TREE SERVICE, INC.**  
TRIMMING • REMOVAL  
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LOT CLEARING • PRESSURE CLEANING  
Will Beat Any Written Estimate!  
Peoples Choice Award  
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Licensed & Insured

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For all jobs. Large or small, done right!  
Homes, Business, Construction  
Parties and Events!  
**Diane Bell**  
Bonded and Insured  
Free Estimates  
863-465-7112  
863-633-8780  
120 Sandspur Lane,  
Lake Placid FL 33852

**Bell Fisheries Inc.**  
Farm Raised Catfish. We sell by the pound or you can come & catch yourself in our 3 acre pond! We have two large docks you can fish from. We also have large trophy Bass and Bream that we feed twice a day. Great fun for everyone, call or come by and see us!  
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120 Sandspur Lane,  
Lake Placid, FL 33852  
863-465-7112  
Florida Aquaculture Certification  
AQ5138017

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Email: amarsella@newssun.com

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# 1100 Announcements

## CHECK YOUR AD

Please check your ad on the first day it runs to make sure it is correct. Sometimes instructions over the phone are misunderstood and an error can occur. If this happens to you, please call us the first day your ad appears and we will be happy to fix it as soon as we can.

If We can assist you, please call us:

# 314-9876

## News-Sun Classified

# 1150 Personals

BLONDE LADY I Talked with in Walmart in reference to Beautician. Found!

# 2000 Employment

# 2100 Help Wanted

INTERVIEWERS WESTAT seeks motivated, detail-oriented individuals to work part time on an important study, the National Study of Health-Related Behaviors (NSHB). Interviewers will collect information from respondents about tobacco use and its effects on health. Interviewers will show respondents how to collect cheek cells and urine samples using a self-collection kit and coordinate appointments for a blood sample to be taken by a trained health professional. To learn more about this position and apply, go to [www.westat.com/fieldjobs](http://www.westat.com/fieldjobs) and enter Job ID 6345BR. WESTAT EOE



EXPERIENCE THE JOYS AND REWARDS Of Being A Comfort Keeper. If you have a passion for improving the quality of life for others while helping people live independently and happily in their own homes, you could be a Comfort Keeper! We are now hiring CNA, HHA and Homemaker Companion Positions in the Highlands County area. We offer flexible full-time or part-time hours. Contact us to learn more about how you can develop a rewarding career enriching the lives of others with Comfort Keepers. Apply online today at: <http://ck381.ersp.biz/employment> 863-385-9100

HBI HAS AN IMMEDIATE NEED for a full time Facilities Maintenance Instructor in Okeechobee. For information and to apply, visit [www.hbi.org](http://www.hbi.org) EOE/AA/MF/D/V

LOOKING FOR FEMALE ROOMMATE/BABYSITTER Home is in Lorida. For more info call George at 863-261-5097.

PHYSICAL THERAPY DIRECTOR An opportunity for a strong therapist looking to run a rehab department in Avon Park, FL.

This position requires a minimum of 1 year of SNF experience and management experience is preferred.

Ideal candidate will have strong interpersonal skills and a desire to grow with this department. Candidate also needs to have an understanding of the rules and regulations of medicare as they pertain to therapy.

If you are interested in this great opportunity, please send resume with salary requirements to [hr@rcavonpark.com](mailto:hr@rcavonpark.com) or apply in person at Royal Care of Avon Park, 1213 W. Stratford Rd., Avon Park, FL 33825 EOE/MF/DFWP

QC MANAGER needed for local precast hollowcore company. Experience with precast, quality control & concrete testing required. PCI Level I&II & ACI Certified REQUIRED. Email resume/salary requirements to [jmachia@spancrete.com](mailto:jmachia@spancrete.com). Fax: 863.655.1215

# 2100 Help Wanted

HOMEMAKER COMPANIONSHIP CO. In Home - Non Medical. Per Diem Must pass level 2 background check and have own transportation with proof of insurance. Send resume to: [info@davinci-helpinghands.com](mailto:info@davinci-helpinghands.com)

ROYAL CARE OF AVON PARK Is expanding its Rehab Department, With our New Rehab Building due to open in August

CURRENT POSITIONS AVAILABLE

Physical Therapist

Physical Therapist Assistant

Come and be a part of an experienced and dynamic rehab team. SNF experience a plus! Competitive Salaries, benefits and flexible schedules.

Contact Maria Perez, HR Director (863) 453-6674 EOE/MF/DFWP

SEEKING WELL Exp. Medical office help. Exc. billing/collection, communication, typing, computer skills & medical terminology are a MUST. Fax resume to: 866-593-0635 or email to: [medicalofficebilling@yahoo.com](mailto:medicalofficebilling@yahoo.com)

TEACHERS NEEDED for a Christian School in Avon Park Pre-K & Elementary Classes avail. Certified & UN-Certified welcome to apply, F/T. 863-453-8687

# 3000 Financial

# 4000 Real Estate

# 4040 Homes For Sale

IN 55+COMMUNITY-BEAUTIFUL 2 bedroom 2 bath home in Village Setting with all of the amenities and security for an active and serene senior lifestyle on the historic Suwannee RIVER. A few amenities are: \*Planned Activities, Social Clubs Church Groups \*Medical Pharmacy available \*Fitness and Wellness Center Nature Trail \*Village Square Shops and Services \*Conference Retreat Center \*Village Lodge/Other Guest Accommodations \*Artist Series Please visit [www.acfillage.net](http://www.acfillage.net) for a complete list of amenities. CALL TODAY! Hallmark Real Estate, Janet Creel @ 1-877-755-6600 or visit [www.hallmarklakecity.com](http://www.hallmarklakecity.com)

# 4060 Homes for Sale Avon Park

SUN N LAKES \* SELL / LEASE OPTION \* 3BR, 2BA. Just Remodeled! Large Corner Lot. \$137,500. Owner Will Finance if needed. 954-270-5242

# 4120 Villas & Condos For Sale

SEBRING 1/1 Completely Renovated, Furnished, 1st floor & parking at front door. Lg. Florida rm. & Dining area. Poolside w/gathering area. Located on Lake Sebring. 55+ Community. \$35,000. Call 615-631-7996 or 615-893-7809.

# 5000 Mobile Homes

# 6000 Rentals

# 6200 Unfurnished Apartments

\* SUMMER SPECIALS \* 1BR & 2BR Avon Park / Lake Placid / Sebring \$375 and Up. Call For More Info 863-243-9191 or 863-244-2577 Or Visit [www.mylakeplacid.com](http://www.mylakeplacid.com)

## AVON PARK RENT SUBSIDIZED

1,2,3, & 4 BR Apts in a Central Location, Separate Family & Elderly/Disabled properties; Ridgedale Apts, Lakeside Park & Delaney Hgts. Based on household income.

**No Application Fee!**

Please Call 863-452-4432 TTY 800-955-8771 **On-Line Applications!** [www.AvonParkHA.org](http://www.AvonParkHA.org)

# 6200 Unfurnished Apartments

AVON PARK \* LEMONTREE APTS \* 1BR \$520 mo. + \$350 Sec. Deposit, available immediately. Washer/Dryer & WSG included. Pets OK! Call Alan 386-503-8953

LAKE PLACID - \* Placid Lakes \* Nice, Lg. split plan, 2BR, 2BA, W/D hookup, Screen porch, Fenced yard. Near Golf. Water incl. \$550 mo. C/H/A. Excellent Cond. 954-695-8348

# 6300 Unfurnished Houses

## AVON PARK

North Central Heights Homes, a new "Rent Restricted" single family home development in Avon Park. Rents range from \$350 to \$550 per month. 2, 3 and 4 BR Available!

**DON'T DELAY APPLY TODAY! NO APPLICATION FEE!**



**CALL:**  
TTY 800-955-8771  
863-452-4432  
On-line Applications  
[www.avonparkha.org](http://www.avonparkha.org)

LOOKING FOR THAT SPECIAL HOME? Search the News-Sun Classifieds every Sunday, Wednesday and Friday.

# 6450 Roommates Wanted

LOOKING FOR FEMALE ROOMMATE/BABYSITTER Home is in Lorida. For more info call George at 863-261-5097.

# 7000 Merchandise

# 7310 Bargain Buys

3 TIRES P235 R60-16 EXCELLENT CONDITION, \$60 OBO PHONE 863-314-0330.

Classified ads get fast results

# 7310 Bargain Buys

COLEMAN LANTERNS (4) DUAL MANTLE. All 4 for \$40. Will separate. 863-402-2285

CHEVY CAMARO - CAR BRA NEW in BOX Fits 1994 - 1998. \$30 obo 863-314-0330

MODEL RAILROAD LAYOUT 4' X 8' HO-NW Coal theme. 3 tracks, U-Haul. No longer using \$1.00. 863-699-2796

UPRIGHT VACUUM - BAGLESS Completely Reconditioned. 30 Day Guarantee! \$25. 863-402-2285

VCR TAPES - Approx. 45 - Assorted! Suspense, Comedy, Horror etc. All Good. \$15. 863-402-2285

YMCA PUNCHCARD Good for 20 visits. Expires 12-31-13. \$50. 863-446-1766.

# 7320 Garage & Yard Sales

A P LAKES \* MOVING SALE \* 2797 N Farnum Rd, Fri & Sat 7/26 & 27, 8am-? Hide a bed, couch, end tables, lamp table, kit, chairs, bedroom set, washer & dryer, PVC patio tables & chairs. Clothes & Misc. No Early Sales

LAKE PLACID \* MOVING SALE !!! \* Fri. & Sat. July 26 & 27, 8am - 4pm. 431 Juipter Ave. NW - Placid Lakes. Furn., household items, tools, small appl., electronics, collectibles & More!

LAKE PLACID \*\*SUN 'N LAKES\*\* 113 Golfpoint Dr. Thur /Fri /Sat, Aug. 1-2-3, 8am - Dark. Tools, Toys, Trains, Household, Media, Furn., DVD's, CD's, VHS, electronics, Art & Much More!

SEBRING\* MULTI FAMILY SALE \* 5247 US Hwy 27 S, (near Raceway Filling Station) Sat. July 27, 8am - 12pm. Childrens clothing, Lots of Miscellaneous Items.

# 7320 Garage & Yard Sales

AVON PARK 2478 N Orangewood St., Fri & Sat, July 26 & 27, 8am - 4pm. Casio keyboard, Sewing machine, Furniture, Puzzles & Craft supplies.

# 7520 Pets & Supplies

## NOTICE

Florida statute 585.195 states that all dogs and cats sold in Florida must be at least eight weeks old, have an official health certificate and proper shots and be free of intestinal and external parasites.

# 7560 Medical Supplies & Equipment

LIFT CHAIR Tan, very good cond. \$350. Call 863-382-9289

SCOOTER WITH 17AH Battery Pack "GO-GO" ELITE TRAVELLER PLUS Like New (used 3 times), 3 Wheels. Disassembles easily to transport in trunk. \$600. 863-655-1630

# 8000 Recreation

# 9000 Transportation



Call 385-6155 and a Sales Representative will be glad to assist you!



# NEWS-SUN

Your Hometown Newspaper

## CITY OF SEBRING EMPLOYMENT OPPORTUNITY

The City of Sebring is recruiting for the following position(s):

Part-time/OPS Firefighter/EMT Closes: 7/26/13

For an application contact the City of Sebring, (863) 471-5100 or visit us on our website at [www.mysebring.com](http://www.mysebring.com)

Drug Free Work place, EOE, Vet Pref.

## CITY OF SEBRING EMPLOYMENT OPPORTUNITY

The City of Sebring is recruiting for the following position(s):

Full-time Firefighter/EMT Closes: 7/26/13  
Deputy Chief Closes: 7/26/13

For an application contact the City of Sebring, (863) 471-5100 or visit us on our website at [www.mysebring.com](http://www.mysebring.com)

Drug Free Work place, EOE, Vet Pref.

Five-Day forecast for Highlands County

TODAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
A couple of afternoon thunderstorms	An afternoon thunderstorm or two	T-storms possible in the afternoon	A stray afternoon thunderstorm	T-storms possible in the afternoon
91° / 75°	92° / 74°	91° / 73°	93° / 74°	93° / 73°
Winds: W at 6-12 mph	Winds: WNW at 3-6 mph	Winds: WSW at 3-6 mph	Winds: VAR at 3-6 mph	Winds: ESE at 3-6 mph

**Almanac**

**Temperature**  
 Readings at Archbold Biological Station in Lake Placid  
 High Sunday ..... 92°  
 Low Sunday ..... 70°  
 High Monday ..... 94°  
 Low Monday ..... 69°  
 High Tuesday ..... 93°  
 Low Tuesday ..... 70°  
 High Wednesday ..... 91°  
 Low Wednesday ..... 72°

**Heat Index**  
 For 3 p.m. today  
 Relative humidity ..... 55%  
 Expected air temperature ..... 91°  
 Makes it feel like ..... 100°

**Barometer**  
 Monday ..... 30.01  
 Tuesday ..... 29.01  
 Wednesday ..... 29.94

**Precipitation**  
 Monday ..... 0.38"  
 Tuesday ..... 0.00"  
 Wednesday ..... 0.00"  
 Month to date ..... 13.63"  
 Year to date ..... 43.42"

**Tides**  
 Readings at St. Petersburg  
 High ..... 5:36 a.m.  
 Low ..... 11:12 a.m.  
 High ..... 5:19 p.m.  
 Low ..... 11:54 p.m.

**Lake Levels**  
 Readings as of 7 a.m. yesterday  
 Lake Jackson ..... 78.36'  
 Lake Okeechobee ..... 15.57'  
 Normal ..... 14.51'

**UV Index Today**  
 The higher the AccuWeather.com UV Index® number, the greater the need for eye and skin protection.

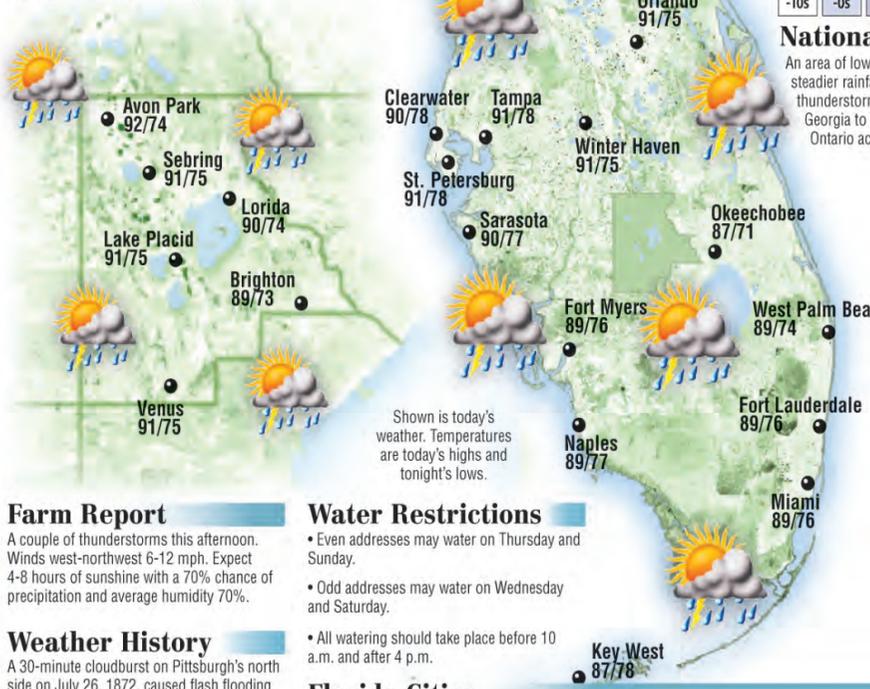


**Sun and Moon**

	Today	Saturday
Sunrise	6:49 a.m.	6:49 a.m.
Sunset	8:16 p.m.	8:15 p.m.
Moonrise	11:05 p.m.	11:44 p.m.
Moonset	10:52 a.m.	11:50 a.m.

**Regional Summary**

A couple of showers and a thunderstorm this afternoon. A shower or thunderstorm tonight. A couple of thunderstorms around tomorrow afternoon. Sunday, Monday and Tuesday: a few thunderstorms possible.



**Farm Report**

A couple of thunderstorms this afternoon. Winds west-northwest 6-12 mph. Expect 4-8 hours of sunshine with a 70% chance of precipitation and average humidity 70%.

**Weather History**

A 30-minute cloudburst on Pittsburgh's north side on July 26, 1872, caused flash flooding along Butcher's Run and Wood's Run, drowning 133 people.

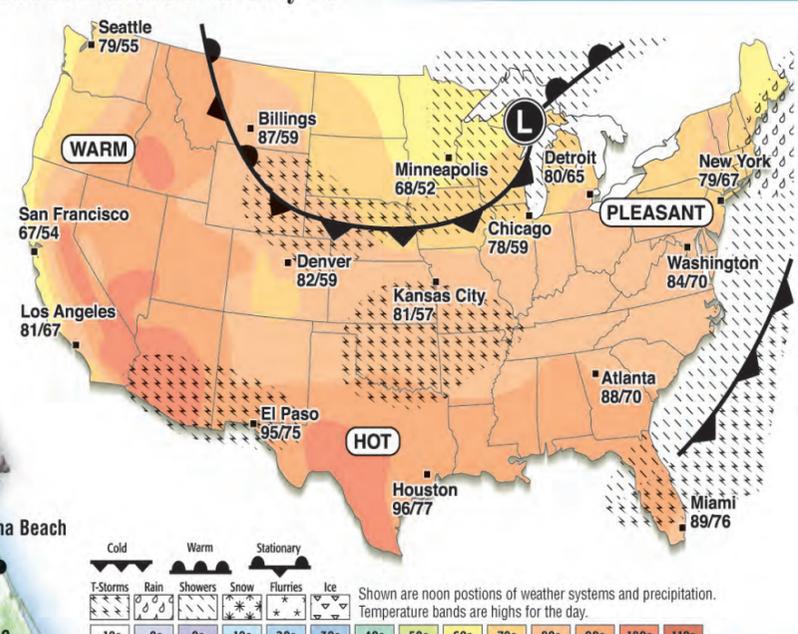
**Water Restrictions**

- Even addresses may water on Thursday and Sunday.
- Odd addresses may water on Wednesday and Saturday.
- All watering should take place before 10 a.m. and after 4 p.m.

**Florida Cities**

City	Today	Sat.	Sun.	City	Today	Sat.	Sun.
Cape Coral	89/76/t	90/74/pc	89/73/pc	Miami	89/76/t	88/75/t	89/76/t
Clearwater	90/78/t	91/77/pc	90/77/t	Okeechobee	87/71/t	88/72/t	88/71/t
Coral Springs	90/75/t	89/75/t	89/76/t	Orlando	91/75/t	91/74/t	92/73/t
Daytona Beach	90/73/t	89/73/t	90/73/t	Pembroke Pines	89/75/t	90/74/t	90/75/t
Ft. Laud. Bch	89/76/t	88/76/t	87/77/t	St. Augustine	88/73/t	88/73/t	89/72/t
Fort Myers	89/76/t	91/74/pc	89/73/pc	St. Petersburg	91/78/t	91/76/pc	90/76/t
Gainesville	92/71/t	91/72/t	91/71/t	Sarasota	90/77/t	90/76/pc	89/74/t
Hollywood	89/75/t	89/75/t	89/76/t	Tallahassee	94/72/t	93/71/t	91/71/t
Homestead AFB	89/74/t	87/73/t	88/74/t	Tampa	91/78/t	91/76/t	89/76/t
Jacksonville	90/72/t	91/72/t	90/72/t	W. Palm Bch	89/74/t	88/75/t	89/76/t
Key West	87/78/pc	88/76/s	88/78/pc	Winter Haven	91/75/t	92/74/t	90/73/t

National Forecast for July 26



**National Summary**

An area of low pressure moving up the Northeast coast will spread showers from New Jersey to Maine today with steadier rainfall along the coast. The remainder of the East will stay dry with the exception of a few showers and thunderstorms across Florida. Afternoon showers and thunderstorms will also dot the Appalachian Mountains from Georgia to West Virginia. A low pressure system over the Great Lakes will bring showers and thunderstorms from Ontario across the Plains.

**U.S. Cities**

City	Today	Sat.	Sun.	City	Today	Sat.	Sun.
Albuquerque	89/69/t	91/69/t	91/69/t	Los Angeles	81/67/pc	79/63/pc	76/59/pc
Atlanta	88/70/pc	85/69/t	88/68/t	Louisville	84/67/s	84/59/t	80/61/s
Baltimore	82/68/pc	85/68/t	85/67/t	Memphis	88/70/s	89/68/t	88/69/s
Birmingham	88/70/s	88/69/t	90/67/t	Milwaukee	79/59/t	70/57/pc	74/61/pc
Boston	72/66/r	85/68/pc	81/69/t	Minneapolis	68/52/pc	72/51/pc	75/59/pc
Charlotte	86/67/pc	85/69/t	85/67/t	Nashville	87/66/s	87/63/pc	85/59/s
Cheyenne	77/54/t	82/57/t	84/57/pc	New Orleans	92/77/t	89/75/t	89/75/t
Chicago	78/59/t	72/56/pc	75/60/pc	New York City	79/67/c	82/71/pc	83/70/t
Cleveland	80/64/pc	79/60/t	73/59/s	Norfolk	82/69/pc	86/73/pc	87/73/t
Columbus	82/63/pc	81/58/t	75/55/s	Oklahoma City	88/65/r	89/68/s	91/71/pc
Dallas	96/75/t	90/75/pc	95/78/s	Philadelphia	82/67/c	84/71/pc	86/71/t
Denver	82/59/t	89/63/t	86/62/pc	Phoenix	104/88/s	106/87/pc	105/87/s
Detroit	80/65/pc	77/58/t	73/59/s	Pittsburgh	80/63/s	80/61/t	76/55/s
Harrisburg	80/65/pc	82/68/t	83/62/t	Portland, ME	69/60/r	81/64/pc	79/64/t
Honolulu	88/74/s	87/75/s	88/74/sh	Portland, OR	85/55/s	79/53/pc	75/54/pc
Houston	96/77/s	95/74/t	95/76/s	Raleigh	88/67/pc	91/71/t	86/70/t
Indianapolis	80/64/pc	76/56/t	75/55/s	Rochester	78/58/s	81/64/t	77/58/pc
Jackson, MS	94/71/pc	87/69/t	92/70/t	St. Louis	80/66/t	79/57/pc	80/63/s
Kansas City	81/57/t	79/57/pc	82/65/pc	San Francisco	67/54/pc	66/55/pc	66/53/pc
Lexington	84/65/s	83/57/t	78/55/s	Seattle	79/55/s	76/53/s	74/53/pc
Little Rock	84/67/t	89/67/pc	91/69/s	Wash., DC	84/70/pc	85/72/t	84/68/t

**World Cities**

City	Today	Sat.	Sun.	City	Today	Sat.	Sun.
Acapulco	91/77/t	91/76/t	92/76/t	London	79/59/pc	80/60/sh	78/60/pc
Athens	93/78/s	95/78/s	95/79/s	Montreal	77/59/s	81/64/t	79/66/t
Beirut	87/73/s	86/71/s	87/74/s	Moscow	72/53/sh	69/56/sh	71/56/sh
Berlin	85/68/pc	91/70/pc	97/73/t	Nice	84/71/s	87/72/s	88/73/s
Bermuda	84/79/r	85/80/t	86/79/s	Ottawa	78/58/s	81/62/t	79/57/c
Calgary	78/54/pc	65/44/t	65/46/pc	Quebec	77/57/pc	73/61/pc	78/61/t
Dublin	70/55/sh	70/56/r	70/57/sh	Rio de Janeiro	71/62/pc	74/62/pc	74/61/pc
Edmonton	74/52/s	64/44/sh	66/48/r	Seoul	84/70/s	82/73/r	87/73/r
Freepoint	86/79/t	85/79/pc	86/78/pc	Singapore	87/78/t	87/78/t	87/78/t
Geneva	84/60/s	90/61/s	90/65/s	Sydney	66/39/pc	66/43/s	68/48/pc
Havana	92/68/s	91/72/s	91/72/s	Toronto	74/64/s	76/62/t	74/58/sh
Hong Kong	87/82/r	88/82/r	89/82/t	Vancouver	73/56/s	73/52/pc	73/55/pc
Jerusalem	85/84/s	86/87/s	89/68/s	Vienna	84/70/s	94/73/s	98/77/s
Johannesburg	67/44/c	68/45/s	67/36/s	Warsaw	81/60/s	83/65/pc	87/65/s
Kiev	74/60/sh	78/60/pc	81/61/pc	Winnipeg	68/45/s	69/45/s	72/53/pc

Highlands Little Theatre presents...

July 17-28, 2013  
 Adults \$20 • Youth \$10



Music by Stephen Sondheim  
 Book by Burt Shrevelove & Larry Gelbart  
 Presented by arrangement with Music Theater International



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2 Hilarious Comedies, 1 Special Price!

Buy tickets to both shows and save \$4!

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MUSIC SCHEDULE AT THE HOLE

FRIDAY & SATURDAY  
 JULY 26 & JULY 27  
 CORY GREENWAY  
 AND TOM JACKSON

SUNDAY: JULY 28  
 \*New Time: 4-7pm\*  
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SUMMER Specials!

Sundays & Mondays:  
 15% OFF all food ALL DAY!  
 Tuesday: Buy 1 Get 1 at Equal or Lesser Value on Select Steaks, Seafood, and All Pastas  
 Wednesday: \$10 All You Can Eat Fish, Chips, and Coleslaw  
 Thursday: \$12 10oz. Prime Rib with a Choice of Potato and our Endless Salad

All specials must include the purchase of a beverage per person. Not valid with any other offer. Dine-in only. Specials are available from open to close on their given day.

Plan ahead! Reservations please.  
 6813 US 27 S. SEBRING  
 PHONE: 863-314-9459

Mon-Thurs: 11am-9pm  
 Fri-Sat: 11am-2am  
 Sunday: 12pm-8pm





Courtesy photo  
Don holding up a 5.2 bass he caught on Lake Jackson during his weekly tournament.

## Fishin' Poles – a tutorial

It used to be, years ago, fisherman had only one 'pole' for fishing, often made of bamboo, steel or fiberglass and they used it their whole lives.

Less fortunate fishermen often resorted to cutting a small branch from a tree.

According to my grandfather it didn't keep them from catching fish and enjoying the great outdoors.

But in our high tech world today, 'fishin poles' have become fishing rods and they are available in all shapes and sizes.

Most manufactured rods today are made of graphite, although fiberglass and bamboo rods are still around.

For years, fiberglass - both solid and hollow tubes - were



**Fishin' Around...**

Don Norton

the mainstay of all fishermen.

They could be purchased from 4 1/2-feet in length to as long as 13 feet.

Most were hollow tubes with ratings from light to medium, to heavy and mag-heavy.

Solid fiberglass rods were typically used for saltwater fishing and generally

weighed much more than the hollow, freshwater rods.

Then along came graphite! Lighter and far more sensitive than fiberglass the early boron graphite rods were met with much favor, however it turned out that they were also much more brittle and didn't just break, but rather they exploded.

Further research and development by companies like G Loomis perfected the graphite mix and eventually created the graphite composition used in most rods today.

Our grandfathers would be impressed.

They'd probably also have a heart attack when they saw the prices of many of these high tech rods.

G Loomis and Sage offer

spinning and casting rods ranging in price from \$240 to \$850.

Other manufacturers, attempting to capture the mid-range rod buyer price their rods at a more reasonable price of \$125 to \$250.

But the real question – are they worth it?

Fishing all day or more correctly stated "casting" all day can wear out even the most physically fit fisherman.

Using a lighter rod, even if it's only a matter of ounces, can save a shoulder, elbow or wrist and make casting lures a real pleasure.

In many cases, a good graphite rod can weigh as much as half the weight of a

See POLES, Page B3

## Run ends for AP All-Stars

By DAN HOEHNE

daniel.hoehne@newsun.com

SEBRING – A group of young men came into their own this week as the Avon Park All-Stars made a deep run in the Dixie Boys State Tournament, before being turned back in the semifinals, 12-4, by a powerful Spring Hill squad Tuesday night.

After a Sunday loss to county rival Sebring on Sunday, the li'l Devils rebounded in dominant fashion, trouncing Havana 18-5 Monday and serving up a 14-4 mercy-rule win over Wildwood early Tuesday afternoon to set up a showdown with the presumptive favorite Spring Hill.

Too long a perennial runner up during this stretch of Sebring dominance at the state level, Spring Hill had come to town loaded for bear and was tossing teams aside on its march.

The heavyweights from Hernando County achieved their initial goal with a 10-0 win over Sebring earlier Tuesday and looked to continue their run against Avon Park later in the evening.

But while loading up to match the power of Sebring, would the speed and aggressiveness of the AP All-Stars, a group of 13- and 14-year olds who had won a 16-under tournament two weeks prior, prove to be a match-up



DAN HOEHNE/News-Sun  
Luis Cervera delivers a pitch in Tuesday night's final game for the Avon Park All-Stars in the Dixie Boys State Tournament.

Spring Hill wasn't ready for?

Not quite, as it turned out.

For Avon Park to utilize their team speed, they needed runners on base, and the Spring Hill pitching staff was being rather stingy in allowing base runners.

Derrick Hawthorne would be the first Red

Devil to reach base, on an infield single, but that was with two outs in the second inning, and he would be left stranded when the next batter grounded out.

And by this time, Spring Hill's powerful offense had built up a 7-0 lead.

Four had come around in the first inning, two on a Robert Bunyan single, and three more in the second,

including a two-run blast over the center-field fence by Noah Siem.

Anthony Torres, on in relief, held Spring Hill scoreless in the top of the third and Avon Park finally scratched the board in the bottom of the frame.

With two on and two out, Torres lined one that

See AP, Page B4

## Area athletes represent at National Senior Games

Special to the News-Sun

The National Senior Games are taking place in Cleveland, Ohio from July 19 to August 1. The Tanglewood Pickleball Club is thrilled to be represented at the games by five competitors.

Diane Reynolds was a high school teacher for 36 years in Pennsylvania, Delaware and California where she coached the sports she had played at the high school and college level; basketball, lacrosse and field hockey.

Having very little experience with racquet sports, Diane learned to play pickleball soon after arriving in Tanglewood and, as in all of her pursuits, focused on improving her skills.

Now, after just three and a half years playing the game, she has risen to the top to represent Florida in the National Senior Games this summer.

Diane loved pickleball as soon as she tried it.

In her short pickleball career, Diane has scaled heights few will ever achieve, playing at state and national competitions.

She has now competed in 16 states as well as in Canada.

Diane believes that pickleball has only just begun.

She would like to see the sport spread.

In the Sebring area it tends to be focused in adult lifestyle communities such as Tanglewood, Highlands Ridge and Sebring Village.

She'd like to see community tennis courts lined for pickleball use for young and old.

Diane sees pickleball as a great sport for retirees who played sports when they were younger.

Players can adapt quickly to the new sport, play it well and truly feel alive.

Gail Brown, a seventy five year old, is no stranger to competing at the national level.

She has golfed in the National Senior Games seven times over the past twenty years, winning her age group four times.

She has also been to the nationals in basketball and table tennis. This year she will represent Florida in both golf and pickleball.

She has played in the prestigious Harder Hall Women's Invitational for 23 years and has a second and third place finish to her credit.

During this year's warm up round for the Invitational, Gail had her first ever hole-in-one.

Gail is disappointed that, with all of the golfers in the state, so few attempt to qualify for the Senior Games.

In 2008, Gail bought a house in Tanglewood, sight unseen, so that she could take up the sport which she modestly says she could play "half decently" at her age.

As with all of her sporting activities, Gail is more than a half decent pickleball player.

Gail sees pickleball as a booming sport (the fastest growing sport in America) that is contagious.

She sees people of all skill levels picking up the game and loving it. She knows that young people will take to the

See SENIORS, Page B3

## Sebring Boys stopped short

By LAUREN WELBORN

News-Sun correspondent

SEBRING – It was a long Tuesday for the Sebring Boys All-Star team as one of their games was postponed from the night before due to rain and rescheduled for the next afternoon.

In the blistering heat of the day, Sebring took on Spring Hill in the hopes of staying in the winners' bracket and to later see themselves in the championship.

Sebring had been undefeated in the tournament until Tuesday's action, with double elimination sending other teams home.

Unfortunately, Sebring would record both of their losses in one day, stopping short their shot at the finals.

A 10-0 loss to Spring Hill earlier in the day pinned Sebring against West Seminole in the short house that followed.

Sebring had just over two hours to recoup and resettle in order to stay alive in the tournament.

While the fight was much closer in the second game, in the end it was West Seminole who came out on top with a 5-4 win over the boys in blue.

West Seminole started things off with the first

See DIXIE, Page B4



LAUREN WELBORN/News-Sun  
Justin Bickman is greeted after his home run by Hunter Martinez, No. 15, and Kyle Helms Tuesday in Sebring's 5-4, Dixie Boys State Tournament loss to West Seminole.



Courtesy photo  
Diane Reynolds pickleball career might be relatively young, but she has progressed well enough to take her game to the National Senior Games.

# THE SCOREBOARD

## Major League Baseball

### AMERICAN LEAGUE

East Division				
	W	L	Pct	GB
Boston	61	42	.592	—
Tampa Bay	60	42	.588	.5
Baltimore	57	45	.559	3.5
New York	53	48	.525	7
Toronto	45	55	.450	14.5
Central Division				
	W	L	Pct	GB
Detroit	56	44	.560	—
Cleveland	53	48	.525	3.5
Kansas City	47	51	.480	8
Minnesota	43	55	.439	12
Chicago	39	59	.398	16
West Division				
	W	L	Pct	GB
Oakland	59	42	.584	—
Texas	56	45	.554	3
Seattle	48	53	.475	11
Los Angeles	47	52	.475	11
Houston	34	66	.340	24.5

### Tuesday's Games

L.A. Dodgers 10, Toronto 9  
 Boston 6, Tampa Bay 2  
 N.Y. Yankees 5, Texas 4  
 Kansas City 3, Baltimore 2  
 Detroit 6, Chicago White Sox 2  
 Houston 5, Oakland 4  
 Minnesota 10, L.A. Angels 3, 10 innings  
 Seattle 4, Cleveland 3

### Wednesday's Games

Oakland 4, Houston 3  
 L.A. Angels 1, Minnesota 0  
 Cleveland 10, Seattle 1  
 L.A. Dodgers 8, Toronto 3, 10 innings  
 Tampa Bay 5, Boston 1  
 Texas 3, N.Y. Yankees 1  
 Kansas City 4, Baltimore 3  
 Detroit 6, Chicago White Sox 2

### Thursday's Games

N.Y. Yankees at Texas, late  
 Detroit at Chicago White Sox, late  
 Houston at Toronto, late  
 Tampa Bay at Boston, late  
 Baltimore at Kansas City, late  
 L.A. Angels at Oakland, late  
 Minnesota at Seattle, late

### Friday's Games

Boston (Dempster 5-8) at Baltimore (Tillman 12-3), 7:05 p.m.  
 Tampa Bay (Archer 5-3) at N.Y. Yankees (Sabathia 9-8), 7:05 p.m.  
 Texas (M.Perez 3-3) at Cleveland (Kluber 7-5), 7:05 p.m.  
 Houston (Lyles 4-4) at Toronto (Dickey 8-11), 7:07 p.m.  
 Philadelphia (Hamels 4-12) at Detroit (Fister 8-5), 7:08 p.m.  
 Kansas City (Shields 4-7) at Chicago White Sox (Quintana 5-2), 8:10 p.m.  
 L.A. Angels (Williams 5-6) at Oakland (Colon 13-3), 10:05 p.m.  
 Minnesota (Diamond 5-9) at Seattle (F.Hernandez 11-4), 10:10 p.m.

### LEAGUE LEADERS

BATTING				
	AB	R	H	BA
Cabrera, DET	374	76	134	.358
Mauer, MIN	367	51	119	.324
Ortiz, BOS	310	51	100	.323
HOME RUNS				
Davis, BAL		37		
Cabrera, DET		31		
Encarnacion, TOR		26		
RUNS BATTED IN				
Davis, BAL		97		
Cabrera, DET		96		
Fielder, DET		74		
Encarnacion, TOR		74		
SLUGGING PERCENTAGE				
Davis, BAL		.695		
Cabrera, DET		.666		
Ortiz, BOS		.597		
ON-BASE PERCENTAGE				
Cabrera, DET		.454		
Mauer, MIN		.407		
Ortiz, BOS		.404		
WON-LOST				
Scherzer, DET		14-1		
Moore, TB		14-3		
Colon, OAK		13-3		
EARNED RUN AVERAGE				
Hernandez, SEA		2.43		
Colon, OAK		2.52		
Kuroda, NYY		2.65		
STRIKEOUTS				
Darvish, TEX		161		
Scherzer, DET		157		
Hernandez, SEA		147		
SAVES				
J. Johnson, BAL		35		
Nathan, TEX		32		
Rivera, NYY		32		

### NATIONAL LEAGUE

East Division				
	W	L	Pct	GB
Atlanta	57	44	.564	—
Philadelphia	49	52	.485	8
Washington	48	53	.475	9
New York	44	53	.454	11
Miami	37	62	.374	19
Central Division				
	W	L	Pct	GB
St. Louis	61	37	.622	—
Pittsburgh	60	39	.606	1.5
Cincinnati	58	44	.569	5
Chicago	45	54	.456	16.5
Milwaukee	42	58	.420	20
West Division				
	W	L	Pct	GB
Los Angeles	53	47	.530	—
Arizona	52	49	.515	1.5
Colorado	49	53	.480	5
San Francisco	46	55	.455	7.5
San Diego	45	57	.441	9

### Tuesday's Games

Cincinnati 9, San Francisco 3, 1st game  
 Pittsburgh 5, Washington 1  
 L.A. Dodgers 10, Toronto 9  
 N.Y. Mets 4, Atlanta 1  
 San Diego 6, Milwaukee 2  
 St. Louis 4, Philadelphia 1  
 Miami 4, Colorado 2  
 Arizona 10, Chicago Cubs 4  
 San Francisco 5, Cincinnati 3, 2nd game

### Wednesday's Games

Pittsburgh 4, Washington 2  
 L.A. Dodgers 8, Toronto 3, 10 innings  
 Atlanta 8, N.Y. Mets 2  
 Milwaukee 3, San Diego 1  
 St. Louis 11, Philadelphia 3  
 Colorado 2, Miami 1  
 Chicago Cubs 7, Arizona 6, 12 innings  
 Cincinnati 8, San Francisco 3

### Thursday's Games

Atlanta at N.Y. Mets, late  
 Pittsburgh at Washington, late  
 San Diego at Milwaukee, late  
 Miami at Colorado, late  
 Philadelphia at St. Louis, late  
 Chicago Cubs at Arizona, late  
 Cincinnati at L.A. Dodgers, late

### Friday's Games

N.Y. Mets (Undecided) at Washington (Undecided), 1:35 p.m., 1st game  
 N.Y. Mets (Harvey 8-2) at Washington (Zimmerman 12-5), 7:05 p.m., 2nd



## LIVE SPORTS ON TV

### AUTO RACING

#### SATURDAY

9 a.m. NASCAR – 400 at the Brickyard, Prtc.. ESPN2  
 2 p.m. Lucas Oil Off Road Racing..... CBS  
 2 p.m. NASCAR – 400 at the Brickyard, Qual .. ESPN  
 4:30 p.m. NASCAR – Indiana 250 ..... ESPN  
 7 p.m. NHRA – Sonoma Nationals, Qual ..... ESPN

### GOLF

#### FRIDAY

Noon Senior Open Championship ..... GOLF  
 1 p.m. U.S. Junior Amateur, Day 5 ..... GOLF  
 3 p.m. PGA – RBC Canadian Open ..... GOLF  
 6:30 p.m. PGA – Albertsons Boise Open..... GOLF

SATURDAY

Noon Senior Open Championship ..... GOLF  
 1 p.m. PGA – RBC Canadian Open ..... GOLF  
 3 p.m. PGA – RBC Canadian Open..... CBS  
 4 p.m. U.S. Junior Amateur, Final Round .... GOLF  
 6:30 p.m. PGA – Albertsons Boise Open..... GOLF

### MAJOR LEAGUE BASEBALL

#### FRIDAY

7 p.m. Tampa Bay at N.Y. Yankees ..... SUN  
 10 p.m. Chicago Cubs at San Francisco..... WGN

SATURDAY

1 p.m. Tampa Bay at N.Y. Yankees ..... SUN  
 3 p.m. Regional – N.Y. Mets at Washington or St. . . .  
 Louis at Atlanta ..... FOX  
 7 p.m. Kansas City at Chicago White Sox ..... WGN

### MAJOR LEAGUE LACROSSE

#### SATURDAY

2 p.m. Chesapeake at Denver ..... ESPN2

### MAJOR LEAGUE SOCCER

#### SATURDAY

7 p.m. Los Angeles at Colorado ..... ESPN2

### MOTORCYCLE RACING

#### SATURDAY

3 p.m. AMA Motocross Series ..... NBC

### TENNIS

#### FRIDAY

4 p.m. ATP – BB&T Atlanta Open ..... ESPN2  
 7 p.m. ATP – BB&T Atlanta Open ..... ESPN2  
 11 p.m. WTA – Bank of the West Classic..... ESPN2

SATURDAY

4 p.m. ATP – BB&T Atlanta Open ..... ESPN2  
 10 p.m. WTA – Bank of the West Classic..... ESPN2

### WNBA

#### SATURDAY

3:30 p.m. WNBA All-Star Game ..... ABC

Times, games, channels all subject to change

game  
 Philadelphia (Hamels 4-12) at Detroit (Fister 8-5), 7:08 p.m.  
 Pittsburgh (Locke 9-2) at Miami (H.Alvarez 0-1), 7:10 p.m.  
 St. Louis (Wainwright 13-5) at Atlanta (Minor 9-5), 7:30 p.m.  
 Milwaukee (W.Peralta 7-9) at Colorado (Chatwood 6-3), 8:40 p.m.  
 San Diego (Stults 8-8) at Arizona (Delgado 2-3), 9:40 p.m.  
 Cincinnati (H.Bailey 5-9) at L.A. Dodgers (Kershaw 9-6), 10:10 p.m.  
 Chicago Cubs (E.Jackson 6-11) at San Francisco (M.Cain 6-6), 10:15 p.m.

### LEAGUE LEADERS

BATTING				
	AB	R	H	BA
Molina, STL	342	45	116	.339
Craig, STL	368	55	124	.337
Cuddyer, COL	305	46	100	.328
HOME RUNS				
Gonzalez, COL		26		
Alvarez, PIT		26		
Brown, PHL		24		
RUNS BATTED IN				
Goldschmidt, ARI		83		
Phillips, CIN		81		
Craig, STL		79		
SLUGGING PERCENTAGE				
Gonzalez, COL		.598		
Goldschmidt, ARI		.559		
Cuddyer, COL		.557		
ON-BASE PERCENTAGE				
Votto, CIN		.434		
Choo, CIN		.425		
Goldschmidt, ARI		.403		
WON-LOST				
Wainwright, STL		13-5		
Corbin, ARI		12-1		
Zimmermann, WAS		12-5		
EARNED RUN AVERAGE				
Kershaw, LAD		2.01		
Locke, PIT		2.11		
Harvey, NYM		2.23		
STRIKEOUTS				
Harvey, NYM		157		
Kershaw, LAD		148		
Samardzija, CHC		139		
SAVES				
Grilli, PIT		30		
Mujica, STL		29		
Kimbrel, ATL		28		

### Arena Football

#### NATIONAL CONFERENCE

Central Division					
	W	L	T	Pct	PF PA
y-Chicago	10	7	0	.589	333 282
San Antonio	9	8	0	.529	274 856
Iowa	6	11	0	.353	782 829
West Division					
	W	L	T	Pct	PF PA
y-Arizona	14	3	0	.824	1198 21
x-Spokane	13	4	0	.765	1137 853

x-San Jose 12 5 0 .706 968 837  
 Utah 6 11 0 .353 848 942

### AMERICAN CONFERENCE

South Division					
	W	L	T	Pct	PF PA
y-Jacksonville	11	6	0	.647	899 839
Tampa Bay	7	10	0	.412	915 928
Orlando	6	11	0	.353	894 990
New Orleans	5	12	0	.294	791 998
Eastern Division					
	W	L	T	Pct	PF PA
y-Philadelphia	12	5	0	.706	1024 797
Cleveland	4	13	0	.235	801 999
Pittsburgh	4	13	0	.235	683 953

x-clinched playoff spot  
 y-clinched division

### Friday's Game

Pittsburgh at Spokane, 10 p.m.

### Saturday's Games

Tampa Bay at Jacksonville, 7 p.m.  
 New Orleans at Orlando, 7 p.m.  
 Arizona at Iowa, 8:05 p.m.  
 Cleveland at Utah, 9 p.m.  
 Philadelphia at San Antonio, 9 p.m.  
 Chicago at San Jose, 10:30 p.m.

### WNBA

#### EASTERN CONFERENCE

	W	L	Pct	GB
Chicago	12	5	.706	—
Atlanta	11	5	.688	.5
Washington	9	9	.500	3.5
Indiana	7	9	.438	4.5
New York	7	10	.412	5
Connecticut	4	12	.250	7.5

#### WESTERN CONFERENCE

	W	L	Pct	GB
Minnesota	14	3	.824	—
Los Angeles	12	5	.706	2
Phoenix	9	9	.500	5.5
Seattle	6	10	.375	7.5
Tulsa	6	13	.316	9
San Antonio	5	12	.294	9

### Tuesday's Games

New York 77, Indiana 72

### Wednesday's Games

Washington 82, Chicago 78  
 Minnesota 81, Phoenix 69

### Thursday's Games

New York at San Antonio, late  
 Indiana at Tulsa, late  
 Seattle at Los Angeles, late

### Transactions

#### FOOTBALL

National Football League  
 TAMPA BAY BUCCANEERS—Signed WR Mike Williams to a six-year contract. Placed RB Jeff Demps on the reserve/did not report list.

# SPORTS SNAPSHOTS

## SHS Swim

SEBRING – Sebring High School will be offering swimming lessons with three more sessions to choose from.

The first three sessions are complete with the fourth session meeting from July 22-August 2.

Registrations are being taken at the front office of Sebring High School during the day from 9 a.m.-2 p.m., where office secretaries can sign you up.

Emails can also be sent to [catonp@highlands.k12.fl.us](mailto:catonp@highlands.k12.fl.us).

The Sebring High School pool is currently open Monday through Friday from 6-7:30 p.m. and Saturdays and Sundays from 1-3 p.m.

Additional hours will be added once school is out for the summer.

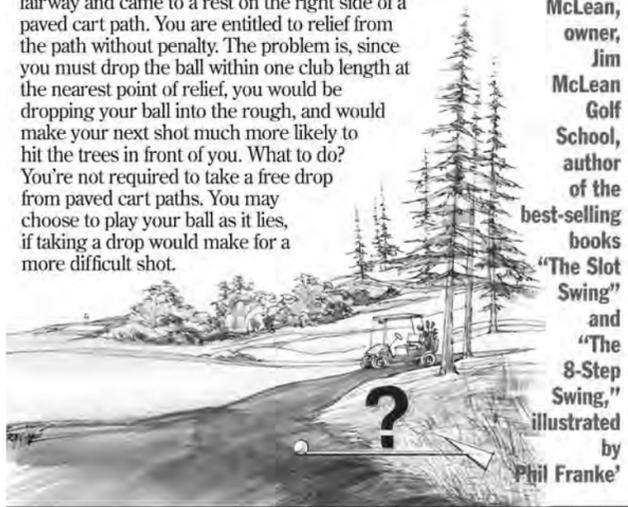
Cost is \$2 per swimmer, and family passes are available at \$50 for first family member and \$15 for each additional.



## Today's Tip MASTER STROKES

### Cart-Path Choice?

Your tee shot rolled off the right side of the fairway and came to a rest on the right side of a paved cart path. You are entitled to relief from the path without penalty. The problem is, since you must drop the ball within one club length at the nearest point of relief, you would be dropping your ball into the rough, and would make your next shot much more likely to hit the trees in front of you. What to do? You're not required to take a free drop from paved cart paths. You may choose to play your ball as it lies, if taking a drop would make for a more difficult shot.



By Jim McLean, owner, Jim McLean Golf School, author of the best-selling books "The Slot Swing" and "The 8-Step Swing," illustrated by Phil Franke

Joe Swartz, Norm Grubbs, Don

Boulton and Al Welsh were three shots back at 46 for second.

Taking third, just one more back with 47, were Paul Martin, Mario Cappelletti, Bill Fowler and Woody Cook.

In closest to the pin for the day, Martin got to 27-feet, 4-inches from No. 2, Denhart to 24-feet, 6-inches from No. 4 and Heath to 16-feet, 2-inches from No. 8.

### Placid Lakes

The Men's Golf Association played an Individual Points tournament on Wednesday, July 17.

Topping the leaderboard with 58 points was Jack Marceau, followed by Bob McMillian's 56 for second and Jack Hoerner's 55 for third.

Wayne Wood took fourth with 49 points and John Millerick was fifth with 46.

### River Greens

A Men's Day event was played on Saturday, July 20, with Fred Evans, Jim Cercy, Peter March and Ron Jensen teaming up for the win.

Closest to the pin on the day were Don McDonald, 26-feet, 5-inches from No. 3; Larry Roy, 5-feet, 3-inches from No. 5; Harold Plagens, 11-feet, 4-inches from No. 12 and Fred Evans, 2-feet, 1/2-inch from No. 17.

The Morrison Group got a round in between the rains of the week on Thursday, July 18.

Don McDonald and Tim Thomas teamed up for a 133 total to take the win, while Harold Plagens and Butch Smith were second with a 140.

There was a Ladies Pro-Am played on Thursday, July 18, with the team of Kay Corkle, Jane Auman, Janella Forcier and Patricia Gower totaling a +2 for the team win.

Individually, Carol Roy scored +2 1/2 to win, with Linda Therrien and Pat Kincer tying for second with a +2 apiece.

### Golf Hammock

Last Monday, July 22, the Mezza Group played Pro-Am Points at Golf Hammock Country Club.

There was a tie for first place in A group between Jim Gulick and David Mulligan both scoring minus 1.

Jack Stafford came in first place in B group with plus 1 and Pat Dell came in second place at minus 1.

Terry Yandle scored plus 6 that was good for first place in C group and Ken Porter came in second place with plus 1.

Ralph Pickering had a great day by scoring a plus 12 that was good for first place in D group and Karl Mellor had a plus 5 for second place.

Next Monday the Mezza Group will play at Golf Hammock beginning at 7:45 a.m.

Keep the date of Monday, August 26, open.

There will be more information at a later date for a free luncheon.

For more information, call Pete at 382-1280.

### Lake June West

A Mixed Scramble was played on

Thursday, July 18, and saw the team of Ken Rowen, John and Gloria Huggett and Bill and Linda Curtis get the win with a 51.

Three shots back, at 54, were Dick Denhart, Larry and Chris Heath and Margaret Schultz.

Taking third, with a 59, were Dick Reaney, Don Boulton, Charlotte Mathew and Betty Billau.

For closest to the pin, Chris Heath hit to 10-feet, 1-inch from No. 2, Mathew to 22-feet, 8-inches from No. 8, and Denhart to 12-feet, 3-inches from No. 4.

The Men's League played on Wednesday, July 17.

The team of Dick Denhart, Jack Maginnis, Dick Reaney and Larry Heath took first with a 43, while

# Seniors take on nation at Senior Games in Cleveland

## Continued from B1

sport as well.

This month, Gail will be one of about 13,000 seniors gathering in Cleveland to celebrate an active senior life style as they compete in 19 sports.

Gail will be busy watching track and field and other sports then she'll take to the golf course for the three day tournament on July 24, 25 and 26.

On the 28th she'll play women's doubles pickleball followed by mixed doubles on the 31st.

When Jimmy Maynard was invited by his Tanglewood neighbor to try pickleball, he accepted the challenge, became one of the early supporters of the game and has been a devotee of the sport ever since.

Jimmy came by his love of sports honestly.

His Dad was a coach at the college and high school levels and Jimmy followed in his footsteps.

As a young boy, this spry 75-year old excelled in hockey.

He played basketball and

baseball and did a little wrestling in high school but hockey was his passion.

Although he'd never played any racquet sports, it didn't take long for Jimmy to be a pickleball champion.

He partnered with Tanglewood teammates Gloria Soltes for the mixed doubles gold and Al Goldberg for the men's doubles gold in the 2007 Heartland Games.

This winter, he won a gold medal with Wayne Buck against much younger opponents in a night game at LaBelle.

He teamed up with Steve Arlen of Solivita to qualify for men's 70-75 age group and with Tanglewood's Gail Brown in the 75-79 year old mixed doubles for this week's National Senior Games.

Together, he and Gail Brown have won all but one tournament in which they've competed together.

Jimmy likes the competitiveness of pickleball and meeting such great people with whom he has forged some excellent friendships.

As well, pickleball helps



Courtesy photo

Wisconsin native Tom Stadler returns up north, though not quite so far, to represent Florida in the National Senior Games in Cleveland.

him to stay in great shape.

Roger Binette describes himself as an intense, competitive, yet sensitive guy.

These traits will serve him well when he represents Florida in the men's and mixed doubles pickleball competition at the National Senior Games in Cleveland.

Roger has the distinction of having qualified for this

year's nationals in three states; New Hampshire, Maine and Florida.

He has chosen to represent Florida as he is so fond of his Tanglewood playing partners, Tom Stadler and Diane Reynolds.

Born and raised in New Hampshire, Roger played baseball in school and competitive softball into his late

forties as well as recreational tennis.

Unlike many in Tanglewood, Roger had played pickleball before arriving in Sebring.

A friend suggested the game as a great alternative to tennis.

Roger really likes tournament play with the chance to meet new people and study the styles of play his opponents use.

Roger is excited to be going to the Nationals where he feels that he and his partners, Tom Stadler and Diane Reynolds, will do well.

He thinks that part of the strength of these partnerships is the mutual respect for one another and the fact that they have fun both on and off the court.

Tom Stadler grew up on a small farm 25 miles south of Green Bay.

One of six children, the family never had much money and chores left Tom little time for participating in school sports.

What the Stadlers did have was a competitive spirit and a zest for life which is evident anytime the Stadlers get

together.

Tom's sports background was limited to some basketball in his tiny elementary school and lots of baseball in the yard with his siblings and neighbors.

As an adult, Tom did play quite a bit of tennis.

On a one week visit to his sister's place in Tanglewood, he was exposed to pickleball and loved it immediately.

One of Tom's pickleball highlights was playing in his first tournament with his sister, Betty.

Tom was thrilled to make it to the finals in their age group of the Heartland Games.

As he entered the court, a nervous wreck, one of his opponents asked if he was ready to take a drubbing.

Needless to say, Tom was ecstatic to walk off the court with the gold medal.

Another triumphant moment came when he and partner Roger Binette qualified for this year's National Senior Games by placing second in the 65-69 age bracket at the Florida State Games held in Polk County this past December.

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Needless to say, Tom was ecstatic to walk off the court with the gold medal.

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# Poles, the extensions of a fisherman's arm

## Continued from B1

fiberglass rod of the same length.

But the real difference between graphite and fiberglass is in the sensitivity or "feel".

In some cases, casting a topwater lure, buzz bait or spinnerbait sensitivity is not an issue.

But fishing a plastic worm, jig or even a crankbait, sensitivity can make all the difference in the world.

Bass can hit a lure so lightly that on fiberglass rods, the fisherman never feels the hit.

But with graphite, you feel everything.

With the right rod, not only will you feel more hits, but with practice, you'll actually learn what different bottom types feel like and whether your bait is working properly.

Finally, looking at price, a fisherman needs to consider that the top end graphite rods typically come with a full warranty.

This means if you break the rod, the company will replace it for a shipping charge or nominal fee.

So ultimately, buying a high end graphite rod may well be the last fishing rod you need.

That last statement kind of

flies in the face of today's choices.

In the past, fishermen had one or two fishing rods which they used for all types of fishing.

Today, there is a different rod for virtually every type of fishing and lure you choose to fish with.

The choices are mind boggling and the question becomes, "do I really need all these different types of rods?"

For the average fisherman, probably not.

However, for tournament bass fishermen, fishing guides and fishermen who can afford and only want the best, high-end graphite rods are a way of life.

As a custom rod builder, I'm frequently asked what the advantage of a custom rod is over a factory built rod.

I use the same rod blanks that manufacturers use to build their rods, but the difference is I can customize the rod to your specific needs.

Want a 6-foot, 4-inch rod? Or maybe a 6-foot-8 or even a 7-foot-9?

No problem.

Custom rod building is an art, and using thread wrap-pings to match your favorite

sports team, the colors of your boat, or just your favorite colors are something you can't get with a factory rod.

Longer or shorter cork or foam handles, different colored guides, logo's for sports teams, decals of leaping fish or the American Flag are all options.

And finally, a printed inscription, a bible passage, a birthday or holiday greeting with your name and a date are all possibilities.

I've been building rods for over 35 years and I've built thousands of them.

Spinning, casting, trolling, flipping, pitching, as well as flyrods are all part of my acumen.

I also offer a full life-time warranty on every rod I build.

But for the record, the life-time warranty is on my life, not the customers.

Stop by REDS II in August to see some of my work.

I'll have about 75 custom-built rods on display in the store.

Wednesday Tournament

We're still not getting very many boats to turn out for our weekly Lake Jackson tournament.

The tournament is every

Wednesday from 7:30 a.m. to Noon, with an entry fee of only \$20 per boat (one or two anglers) and a three fish limit.

We'd sure like to see a few more folks show up.

Last week, I fished with Burt Watkins of Avon Park and we won again.

We had three fish, the biggest a 5.2 pound brute that inhaled my black/blue Baby Brush Hog.

Burt hooked into a monster bass and fought the fish for

what seemed an eternity until he brought the fish boatside and it got away.

It never jumped but I got a good look at its back and it looked like a solid 8 - 10 pounder.

The big ones always get away.

REDS II is coming along and we should be ready to open around the first weekend in August.

I'll keep you posted.

Don Norton is a professional



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DAN HOEHNE/News-Sun

Jacques Gordon laces one to left-center in Avon Park's 14-4 win over Wildwood Tuesday afternoon.

## AP gives glimpse of bright future

Continued from B1

looked destined for center field.

A diving stab by the shortstop looked like it might end the inning, but the ball popped out and Deont'a Kerney came in.

Torres then rolled through the fourth with two strike outs and the Devil offense looked like it might start clicking when A'darius Council lead off the bottom of the inning with a rocket deep into the left-field corner for a double.

Hawthorne's bid for a bunt single wasn't successful at him reaching base, but it did move Council to third.

But the next two batters were retired with Council still perched on third, and Spring Hill soon extended the lead.

Paul Coumoulos got the fifth started with a home run and two more would later score to push the margin to 10-1.

Over the final two innings, Avon Park would score three more times,

though Spring Hill added two more to stay comfortably ahead and secure the win.

But as head coach Abe Cervera said about his team afterward, there certainly was nothing to be down about as this group of young men made its' furthest push yet in Dixie competition – and lost to the eventual state champs.

And with many of these players soon headed into the high school ranks, Avon Park got a glimpse of great things to come for Red Devil baseball.

Spring Hill would finish off its' undefeated run to the title in dramatic fashion Wednesday.

Down 5-2 against West Seminole going into their last at bat, Spring Hill rallied for one run to cut the deficit to two and then proceeded to load the bases.

Coumoulos came up big again, going yard for a walk-off grand slam to send Spring Hill to the Dixie World Series in Seneca, SC as Team Florida.

## Dixie title out of Sebring's reach

Continued from B1

run of the night as one player's double reached home on a passed ball.

It was not until the bottom of the third that the next run would creep past either team's defense.

Sebring's Jay Bible started the rally with his seeing-eye fly that fell short of the left fielder and beyond the reach of the shortstop to put himself on first before advancing to second on a passed ball.

After the West Seminole pitcher tuned away the next batter, Justin Bickman drilled a grounder to the shortstop.

As he should, the player looked to Bible to see if he could snag the lead runner.

Perhaps he looked too long, however, as he hurled the ball over the first baseman's head to put two Sebring runners in scoring position.

This was a prime time to wake up the bats, and Gabe Gomez stepped up to the plate for Sebring both literally and figuratively.

Ripping the ball through the five-six hole, Gomez managed a two-RBI double to give Sebring their first lead of the night – and day,



LAUREN WELBORN/News-Sun

Brendan Doty makes the throw to first from his knees Tuesday, though Sebring was edged by West Seminole in Dixie Boys State Tournament action.

for that matter..

West Seminole was quick to respond, a key to their success for the night, as a solo home run tied the game in the top of the fourth.

Kyle Helms led off for Sebring in the bottom of the fifth with his single breaking through the infield.

A called balk would advance Helms to scoring

position as Bickman returned to the box.

Proving that Sebring could come through in the clutch as well, Bickman blasted a two-run home run over the left-center fence to earn Sebring another lead.

As West Seminole approached their sixth at-bat, they saw themselves down 4-2.

Managing some well-placed singles, the West Seminole offense tacked three more RBIs to their stats and to the board, which now saw 5-4 in their favor.

After a scoreless seventh inning, Sebring was sent home and West Seminole advanced in the tournament.

"The kids fought hard," said head coach Andrew Bible. "It just was not our day.

"We had a few opportunities, we just could not make it happen."

Of course, this is not the end for the Dixie Boys.

Some will still be eligible to play again next year, while others will work their way up the ranks.

Bible also took time to praise the kids on the team for their hard work and dedication throughout the season.

Bible added how he looks forward to seeing the progress of the players as they go on and continue playing.

"I am proud of them," he shared. "It has been fun coaching them; they are a great group of kids and they play well together. They represented Sebring well."

## Rookie helps family from burning car

By TERESA M. WALKER

Associated Press

NASHVILLE, Tenn. — Titans linebacker Jonathan "Tig" Willard says he helped rescue a family from a burning vehicle on his way to Tennessee training camp.

The rookie was driving on Interstate 40 Tuesday near Oak Ridge when he noticed a sports utility vehicle smoking.

He first told TigerNet.com

that he flashed his lights and honked his horn to get the driver to pull over when he saw flames shoot out the back.

"As soon as I got to the car, I saw three small kids in the back seat and a dog," Willard said Wednesday at the Titans' headquarters. "So for me, I'm thinking, 'Hurry up and get the kids. Hurry up and get everybody out and get them away from the

car.' You could see probably up under the engine, all that was still on fire. So I'm thinking that the car might go up anytime."

Willard said Wednesday he handed an infant to the woman before pulling out another child.

A second man rescued a third child and the family's dog with the SUV exploding into flames a couple minutes later.

A Tennessee Highway Patrol report shows the SUV of Cheri Hubbard of South Daytona, Fla., caught fire and burned Tuesday afternoon.

Willard is an undrafted free agent with Tennessee and was driving from Myrtle Beach, S.C., to report for training camp when he spotted the smoking vehicle.

## This date in Baseball

July 26

1928 — Bob Meusel of the New York Yankees hit for the cycle for the third time in his career. The Yankees scored 11 runs in the top of the 12th to beat the Detroit Tigers, 12-1, in 12 innings.

1939 — The New York Yankees tied a major league record by scoring in every inning against the St. Louis Browns. Bill Dickey hit three home runs in the 14-1 win.

1962 — Warren Spahn of the Milwaukee Braves set the National League record for home runs by a pitcher when he hit his 31st off New York's Craig Anderson.

1970 — Johnny Bench of the Cincinnati Reds hit three straight homers off Steve Carlton of the St. Louis Cardinals. On the same day, Orlando Cepeda of the Atlanta Braves connected for three consecutive homers in an 8-3 victory over the Chicago Cubs.

1984 — Pete Rose of the Montreal Expos tied Ty Cobb on the all-time career singles list, No. 3,052, with a base hit in the eighth inning in a 5-4 victory over the Pittsburgh Pirates.

1991 — Montreal's Mark Gardner became the first to pitch nine no-hit innings against a Dodger home team since Johnny Vander Meer beat Brooklyn at Ebbets Field on June 15, 1938. But the Dodgers won in the 10th on two singles off Gardner and Darryl Strawberry's RBI single off Jeff Fassero.

1998 — Trevor Hoffman's bid to set a major league record with 42 straight saves ended when the San Diego closer gave up a home run to Moises Alou on his first delivery in the ninth inning, tying the game. The Padres wound up beating Houston 5-4 in the 10th, but Hoffman blew his chance at history.

2005 — Greg Maddux recorded his 3,000th career strikeout against San Francisco, striking out Omar Vizquel in the third inning of a 3-2, 11-inning victory for the Giants.

2008 — Skip Schumaker went 6-for-7 to help St. Louis beat the New York Mets 10-8 in 14 innings. He became the first Cardinals player to have six hits in a game since Sept. 5, 1935.

2008 — Trevor Hoffman recorded his record 544th save, retiring the only batter he faced after Jose Bautista hit a solo homer with two outs in the ninth inning of San Diego's 9-6 win at Pittsburgh. It also gave Hoffman his 14th season with at least 20 saves, the most in major league history. Lee Smith previously was the only pitcher with at least 20 saves in 13 seasons.

2010 — Matt Garza pitched the first no-hitter in Tampa Bay Rays history and the fifth in the major leagues this season, beating the Detroit Tigers 5-0. Garza faced the minimum 27 batters, allowing only a second-inning walk. The Rays had been held hitless three times since last July, including a pair of perfect games that were thrown against them.

2011 — The Seattle Mariners flailed helplessly against CC Sabathia in their 17th straight loss, managing only one hit and striking out 18 times overall in a 4-1 loss to the New York Yankees. Sabathia did not allow a baserunner until Brendan Ryan singled with one out in the seventh inning. He struck out 14 of the 25 batters he faced, seven in a row at one point.

2011 — Julio Lugo scored from third base on a contested play at the plate, giving the Atlanta Braves a 4-3 win in 19 innings over the Pittsburgh Pirates. Lugo took off on Scott Proctor's grounder to third baseman Pedro Alvarez, whose throw to catcher Michael McKenry easily beat Lugo to the plate. Lugo tried to avoid McKenry's tag with a pop-up slide. Replays indicated McKenry made the tag, but home plate umpire Jerry Meals called Lugo safe.



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Healthy Living

# Drug muggers cause cramps, palpitations

**Dear Pharmacist:** I take a reflux medication daily as well as a chewable antacid. In the last two months, I've dealt with severe "Charlie horses," toe tingling and occasional heartbeat skips or runs.

My doctor prescribed leg cramp medication and referred me to a cardiologist. I know you're a columnist, but I intuitively feel you can help me. I've been fine for eight months.

— G.W., Peoria, Illinois

**Answer:** My 23 years as a pharmacist (plus six years of schooling) comes in handy sometimes! Let me first say, do everything your doctor suggests because I'm not advising, just educating you in my opinion column.

The scientific literature proves your medication depletes nutrients needed to make your leg muscles and heart muscle perform perfectly.

Scientifically termed "drug-nutrient depletion," it's what I call the "drug mugging" effect because drugs mug your body of essential nutrients.

If you need these medications, nutrient restoration is critical.

A failure to understand or accept the drug mugging effect costs you because you will get diagnosed with a "disease" you don't have, take unnecessary medications and get sent away for expensive or invasive tests.

I'm so passionate about this, that's why I wrote the book on it. "Drug Muggers" is really a life-saving book and it helps you stay off the medication merry-go-round.

Acid blockers block acid, that's their job. When acid goes down, gastric pH rises. This blocks your ability to digest food and absorb nutrients.

Common sense right? Medications that suppress acid include "PPIs" or proton pump inhibitors, H2 antagonists and simple antacids.

Those categories include every acid blocking drug sold by your local pharmacy.

The problem is that the human body runs on nutrients. Don't let drug commercials convince you otherwise. It's vitamins and minerals that drive metabol-



**Dear Pharmacist**  
Suzy Cohen

ic reactions which support muscle and cardiac health.

Momentarily I'll share key nutrients mugged by your medications.

There are more than I can list here, so to receive the expanded version of my article (and natural heartburn pain relief options), just sign up for my free newsletter at [www.DearPharmacist.com/](http://www.DearPharmacist.com/). I'll email it later this month. Now, let me show you drug mugging at it's best, and how it leads to leg cramps, neuropathy and heart rhythm glitches.

**Folic acid and B12:** Acid blockers change pH in your gut so you can't absorb these B vitamins.

Deficiencies absolutely cause nerve tingling or numbness, muscle weakness, leg cramps, confusion, memory loss, depression, cardiac palpitations and fatigue.

**Magnesium:** Magnesium is so critical to the heart that ER doctors give it to heart attack victims. Shocker, but certain acid blockers are strong drug muggers of mag! The FDA knows and insists on the strongest "black box" warning for PPIs because of the magnesium steal.

Severe magnesium deficiency is associated with seizures, muscle spasms, arrhythmias, hypoparathyroidism and depression.

Please show your clinician immediately and relax. Restoring nutrients is much simpler than taking medications and installing pacemakers; it's certainly worth a try before invasive costly procedures.

Suzy Cohen is a registered pharmacist and the author of 'The 24-Hour Pharmacist' and 'Real Solutions.' For more information, visit [www.DearPharmacist.com](http://www.DearPharmacist.com). This information is not intended to treat, diagnose or cure your condition.



Many medical advances have come due to treatment of war injuries.

## War and medicine are strange allies

Trying to save as many as possible from the destruction of war often forces medicine to advance quickly. These changes often save civilian lives.

One of the longest lasting was the Thomas splint, first used in 1885. Sir Hugh Owen Thomas thought that a joint infected with tuberculosis could be treated with rest rather than the more common amputation. He made many different splints and successfully saved limbs. Because he worked in the slums of Liverpool, the splint never caught on in England until World War I.

His nephew, Sir Robert Jones (not the golfer), used it to stabilize open thigh bone fractures. The mortality for this injury dropped from 80 percent in 1916 to 8 percent in 1918. This splint was used for traction when I was a resident and is still used today for stabilizing thigh and hip fractures for transport.

Triage, selecting those patients who need help first and those who can safely wait, was started during the Napoleonic wars by a French surgeon Baron Dominique Jean Larrey. He was also responsible for rapid transport of the wounded to the forward medical stations.

The English were not so organized. In the Crimean War most of the deaths were not due to war, but disease.

Due to public outrage, Florence Nightingale went to the Crimea. She changed the face of nursing from "slatterns" to a professional group with training in modern sanitation and patient care. Becoming nurses became an acceptable job

for young educated women of good families.

World War II brought us a new specialty — hand surgery. There were many crippling

hand injuries in returning soldiers. Plastic surgeons, orthopaedic surgeons and general surgeons each did some surgery on the hand, but there was no organized study.

Dr. Bunnell, an English surgeon, published his surgery text outlining the principles of tendon repair,

nerve repair and rehabilitation that we still use today. Skin flaps for coverage were also studied and described.

A German doctor, Gerhard Kuntscher, developed an intramedullary rod for thigh bone fractures that allowed him to repair the soldiers and return them to the battlefield within a few weeks instead of the months that traction took.

Now almost all thigh fractures are treated with more modern versions, shortening

hospital stays from months to days.

More modern wars have brought more knowledge, but that is for a later column.

*Dr. Diana D. Carr treats patients at The Hand & Shoulder Specialists. For more information, please visit <http://hand-shoulder-specialist.com> or call (863) 382-7777. This information is not intended to diagnose, treat or cure your condition.*



**Guest Column**  
Dr. Diana Carr

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**HAPPY OWL**  
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Diana Elders became the new owner of The Happy Owl at 277 N. Ridgewood Drive in April 2013. The store is an educational resource for both teachers and parents.

There is everything for the classroom — bulletin boards, pocket charts, flip charts, educational signs and posters, wall maps, workbooks, play money, math manipulatives, magnifying glasses and magnets, all kinds of puzzles. If they don't have it, they'll order it. The items are not just geared toward the school-aged child, but also toward toddlers. All of the toys are educational, and there is even games for adults.

The Happy Owl plans on expanding in the near future to include a Christian gift, apparel and supply store to help meet the needs of churches and folks in their community.

A party supply room has already been added where one can find everything needed to decorate a special event — whether it's a birthday, wedding, or funeral.

The Happy Owl is open from 12 to 7pm Mon-Fri and 10-3pm on Saturdays. The phone number is 385-4544 and the website address is: [happyowlonline.com](http://happyowlonline.com)

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**NEWS-SUN**

# Religion

## Christian Training Church

SEBRING — Rev. Linda M. Downing will bring the message titled “Arrow of Deliverance” at the Sunday morning service. The Wednesday night Bible study will not meet in July.

## Church of Buttonwood Bay

SEBRING — The Church of Buttonwood Bay meets at 9 a.m. in the recreation hall. Pastor Cecil Hess is preaching on “Do You Want To Be Made Well” on Sunday. Buttonwood Bay is on U.S. 27, four miles south of Highlands Regional Medical Center. Call 382-1737.

## Faith Baptist Church

LAKE PLACID — On Sunday, Pastor Bill Cole will be preaching “Here Comes the Judge” from Romans 2:1-16 continuing in his series “Paul’s Message to the USA.” Sunday evening, Pastor Bill will be preaching “Jesus, Outside the Box” from John 5:1-16

from his series “The Other Gospel.”

Pastor Bill’s sermons are now online at [www.faithbaptistchurchLP.com/](http://www.faithbaptistchurchLP.com/). Call the church office at 465-0060. The church is at 660 Holmes Ave.

## First Baptist Church of Avon Park

AVON PARK — Sunday morning’s message, delivered by Rev. Charlie Parish, will be “The Diagnostic of the Law”.

Nursery is available for the morning and evening services.

Bible study, prayer meeting and youth activities are planned on Wednesday.

The church is at 100 N. Lake Ave. For more information call 453-6681 or email [info@fbcap.net/](mailto:info@fbcap.net/).

## First Christian Church of Avon Park

AVON PARK — If you missed last Sunday’s message. check the church website. You can listen to either a snippet or in its entirety. You will need a password to listen to the complete, just give the

church office a call for the code.

The church has begun a “Pay It Forward” program where members are collecting new and like new items, and will do so for the month of July and August. If you have items that you would like to donate you may do so during the week days from 9 a.m. until noon. The church is collecting furniture, appliances (large and small), household items and clothing. All items must be either new or like new. A date for future dispersal will be set in the near future.

The church will host the Big Red Bus for a blood drive from 9 a.m. to noon on July 31. Appointment times are available through the church office.

Caregivers Support Group meets Wednesday afternoons

First Christian Church is at 1016 W. Camphor (behind the Wells Fargo Bank). Call 453-5334 or email [firstchristianap@embarq-mail.com/](mailto:firstchristianap@embarq-mail.com/). The church website is [www.firstchristianap.com/](http://www.firstchristianap.com/).

## First Christian Church (Disciples of Christ)

SEBRING — Pastor Ron’s sermon for Sunday is “Jesus Is

## Church News

Transfigured On The Mountain” from Matthew 17:1-4.

Assisting the pastor during the communion service will be elders Sandra Laufer and Teresa Williams. Deacons for the day are Franny Goff and Carol Graves. Servers are Charles Thomas and Michele Hare. Greeting the congregation will be Nelson and Michele Hare. Acolyte for the day is Brittanita White.

The church is at 510 Poinesttia Ave.

## First Presbyterian Church of Avon Park

AVON PARK — On Sunday, Rev. Pat Williams from Orlando will be preaching on Sunday. His sermon is entitled “Bookends, Part 2: The Tree We Need” based on Rev. 21:1-22:6.

Special music will be provided by Merl and Ruth Mann singing “Great is Thy Faithfulness.”

The adult Sunday School class has been viewing videos sponsored by Focus on the Family. These videos are narrated by Ray Vander Laan, historian and teacher, and are

filmed on location. Sunday’s video is entitled “The Last Passover” filmed in Jerusalem.

Family Bible Conference at Bonclarken in Flat Rock, N.C. will be held this week and will be attended by Rev. and Mrs. Johnson.

The church is at 215 E. Circle Street (with two entrances on Lagrand St.). Call 453-3242 or visit [www.avonparkapchurch.com/](http://www.avonparkapchurch.com/). You may also find the church on the new Avon Park Chamber of Commerce website at [www.avonparkchamber.com/](http://www.avonparkchamber.com/). Click on the “Chamber for Good” logo or tab and it will take you to that page.

## First Presbyterian Church of Sebring

SEBRING — Rev. Don Davis will be the guest speaker on Sunday.

Monday through Friday will be the youth summer camp for grades 6-8. Lunch and snacks will be provided. Campers meet in fellowship hall for devotions, crafts and sports. A field trip will be taken on Friday. Registration is required. Contact Reid Thayer, director of

Continued on B7

# PLACES TO WORSHIP

**Places to Worship is a paid advertisement in the News-Sun that is published Friday and Sunday. To find out more information on how to place a listing in this directory, call the News-Sun at 385-6155, ext. 596.**

## ANGLICAN

♦ **New Life Anglican Fellowship**, 10 N. Main Ave. (Woman’s Club), Lake Placid, FL 33852. Rev. Susan Rhodes, Deacon in Charge, (863) 243-3191; [srhodes1020@yahoo.com](mailto:srhodes1020@yahoo.com). Sunday Worship, 10 a.m. Teaching, Holy Communion, Music, Fellowship, Healing Prayer. “Pastoral and Spiritual”.

## ASSEMBLY OF GOD

♦ **Christ Fellowship Church (Assembly of God)**, 2935 New Life Way. Bearing His Name; Preaching His Doctrine; and Awaiting His Coming. “Worshipping God in Spirit and in Truth.” Sunday School, 9 a.m.; Morning Worship, 10 a.m.; Evening Worship, 6 p.m. Wednesday: Worship, 7 p.m. Pastor Eugene Haas. Phone 471-0924.

♦ **First Assembly of God**, 4301 Kenilworth Blvd., Sebring. The Rev. Wilmont McCrary, pastor. Sunday School, 10 a.m.; Morning Worship and KIDS Church, 11 a.m.; Evening Worship, 7 p.m. Wednesday Family Night, (Adult Bible Study), LIFE Youth Group, Royal Rangers, Missionettes, 7:30 p.m. Phone 385-6431.

## BAPTIST

♦ **Avon Park Lakes Baptist Church**, 2600 N. Highlands Blvd., Avon Park, FL 33825. George Hall, Pastor. Christ centered and biblically based. Sunday worship services, 8:30 a.m., 11 a.m. and 6 p.m. Nursery facilities are available. Bible studies at 9:45 a.m. Sunday and 7 p.m. Wednesday. Prayer Time 6:30 p.m. on Wednesday. Bible classes at 9:45 a.m. are centered for all ages. Choir practice at 5 p.m. Sunday. Church phone: 452-6556.

♦ **Bethany Baptist Church (GARBC)** We are located at the corner of SR17 and C-17A (truck route) in Avon Park. Join us Sunday morning at 9:00 AM for coffee and doughnuts, followed with Sunday School for all ages at 9:30. Sunday morning worship service begins at 10:30 a.m., and evening worship service is at 6 p.m. On Wednesdays, the Word of Life teen ministry and the Catylist class (20’s+) begin at 6:30 PM. The adult Bible and Prayer Time begins at 7 p.m. For more information go to [www.bethanybaptistap.com](http://www.bethanybaptistap.com) or call the church office at 863-452-1136.

♦ **Faith Missionary Baptist Church**, off State Road 17 North of Sebring at 1708 LaGrange Ave. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 6 p.m. Wednesday Service, 7 p.m. Deaf interpretation available. Ken Lambert, Pastor. Phone 386-5055.

♦ **Fellowship Baptist Church**, 1000 Maxwell St., Avon Park, FL 33825. Sunday: Sunday School, 9:30 a.m.; Morning Worship, 10:45 a.m.; Wednesday: Evening Service, 7 p.m.; Children/Youth, 7 p.m. Telephone: 453-4256. Fax: 453-6986. E-mail: [office@apfel-lowship.org](mailto:office@apfel-lowship.org); Web site, [www.apfellowship.org](http://www.apfellowship.org).

♦ **First Baptist Church of Avon Park**, 100 N. Lake Ave., Avon Park. Rev. Jon Beck, pastor; Charlie Parish, associate pastor/youth and families; Joy Loomis, music director; Rev. Johnattan Soltero, Hispanic pastor. Sunday – Sunday school, 9:30 a.m.; Worship, 10:45 a.m.; Children’s Church, 10:45 a.m.; Youth, 4:45 p.m.; Evening Worship, 6 p.m. Wednesday - Wednesday Night Supper, 5:15 p.m.; Children’s Choir, 6 p.m.; Youth Activities, 6-7:30 p.m.; Prayer

Meeting/Bible Study, 6 p.m.; Worship Choir Practice, 6 p.m.; Mission Programs for Children, 6:45 p.m. Hispanic Services: Sunday school at 9:30 a.m., worship service at 11 a.m. Wednesday Bible study at 7 p.m. Morning and evening services available at [www.fbcap.net](http://www.fbcap.net). Select Media, select Sermon Library, select Date. Call 453-6681 for details. “In the heart of Avon Park, for the hearts of Avon Park.”

♦ **First Baptist Church of Lake Josephine**, 111 Lake Josephine Drive, Sebring (just off U.S. 27 midway between Sebring and Lake Placid). Your place for family, friends and faith. Sunday morning worship service is 11 a.m. Nursery is provided for both services with Children’s Church at 11 a.m. Life changing Bible Study for all ages starts at 9:45 a.m. Sunday night worship at 6 p.m. Wednesday Bible Study and Prayer meeting at 7 p.m. along with youth worship in the youth facility, and missions training for all children. Call the church at 655-1524.

♦ **First Baptist Church of Lake Placid**, Knowing God’s Heart and Sharing God’s Hope, 119 E. Royal Palm St., Lake Placid, FL 33852 (863) 465-3721, Website: [www.fbcpl.com](http://www.fbcpl.com). Email: [information@fbcpl.com](mailto:information@fbcpl.com). Sunday services - Traditional Service 9 a.m., Contemporary Service 10:30 a.m. Link Groups at 9 and 10:30 a.m., Wednesday Activities: Family dinner at 5 p.m. (\$4 per person, reservations required). Prayer meeting, Youth Intersections, and MaxKidz Extreme meet at 6:15 p.m. The church is at 119 E. Royal Palm St., Lake Placid. For information, call 465-3721 or go to [www.fbcpl.com](http://www.fbcpl.com).

♦ **First Baptist Church of Lorida** located right on U.S. 98 in Lorida. Sunday School begins at 9:45 a.m. for all ages. Sunday worship services are at 11 a.m. and 6:30 p.m. Preschool care is provided at the 11 a.m. worship service. Wednesday evening Bible Study and Prayer meeting is at 6:30 p.m., followed by adult choir rehearsal. From September the AWANA groups meet. First Lorida is the “Place to discover God’s love.” For more information about the church or the ministries offered, call 655-1878.

♦ **First Baptist Church, Sebring**, 200 E. Center Ave., Sebring, FL 33870. Telephone: 385-5154. Rev. Matthew D. Crawford, senior pastor; Rev. Nuno Norberto, associate pastor, minister of music and senior adults; and Dixie Kreulen, preschool director. Group Bible Studies, 9:15 a.m.; Blended Service, 10:30 a.m.; Mision Buatista Hispana, 2 p.m.; Sunday Evening Worship, 6 p.m. Wednesday night programs at the ROC begin 5:30 p.m., at church begin 6:30 p.m. Preschool and Mother’s Day Out for children age 6 weeks to 5 years old. Call 385-4704. Website [www.fbsebring.com](http://www.fbsebring.com)

♦ **Florida Avenue Baptist Church**, 401 S. Florida Ave., Avon Park. Mailing address is 710 W. Bell St., Avon Park, FL 33825. Telephone, 453-5339. Rev. John D. Girdley, pastor. Sunday School, 9:45 a.m.; Sunday Worship, 11 a.m.; 11 a.m. Children’s Church; Sunday Evening Worship, 6 p.m. Wednesday night programs for children, youth and adults at 7 p.m.

♦ **Independent Baptist Church**, 5704 County Road 17 South, Sebring, FL 33876. Sunday School, 9:30 a.m. Sunday worship, 10:30 a.m. Sunday evening, 6 p.m. Wednesday service, 7 p.m. Fundamental, soul-winning, mission-minded, King James Bible Church. Larry Ruse, pastor. Phone 655-1899. Bus transportation.

♦ **Leisure Lakes Baptist Church**, 808 Gardenia St., Lake Placid (just off of Miller at the west end of Lake June) “Where the old fashion gospel is preached.” Sunday School begins at 9:30 a.m.; Sunday Worship service at 10:45 a.m.; Sunday Evening Service is at 6 p.m. Wednesday Prayer Meeting and Bible Study at 6 p.m. Call the church at 699-0671 for more information.

♦ **Maranatha Baptist Church (GARBC)**, 35 Maranatha Blvd., Sebring, FL 33870

(A half mile east of Highlands Avenue on Ar buckle Creek Road.) Sunday School, 9 a.m.; Morning Worship, 10:15 a.m.; Evening Service, 6 p.m. Mid-week service, Wednesday, 6 p.m. Daily Prayer and Bible Study, 8 a.m., Hamman Hall. Pastor Gerald Webber and Associate Pastors Don Messenger and Ted Ertle. Phone 382-4301.

♦ **Parkway Free Will Baptist Church**, 3413 Sebring Parkway, Sebring, FL 33870. Welcome to the church where the “Son” always shines. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m.; and Wednesday Evening Worship, 7 p.m. End-of-the-Month-Sing at 6 p.m. on the last Sunday of each month. The Rev. J.S. Scaggs, pastor. Church phone: 382-3552. Home phone: 214-3025. Affiliated with the National Association of Free Will Baptists, Nashville, Tenn.

♦ **Sparta Road Baptist Church, (SBC)** 4400 Sparta Road. Rev. Mark McDowell, Pastor. Sunday school, 9:45 a.m.; Sunday Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m. Wednesday: Prayer/Bible Study, 6 p.m. Nursery provided. For information, call 382-0869.

♦ **Southside Baptist Church (GARBC)**, 379 S. Commerce Ave., Sebring. David C. Altman, Pastor. Sunday School for all ages, 9:30 a.m.; Morning Worship Service, 10:45 a.m.; Evening Worship, 6 p.m. Wednesday: Student ministry, 6:30 p.m.; Awana kindergarten through fifth grade, 6:30 p.m.; Adult Midweek Prayer and Bible Study, 7 p.m. A nursery for under age 3 is available at all services. Provisions for handicapped and hard-of-hearing. Office phone, 385-0752.

♦ **Spring Lake Baptist Church**, “Where the Bible is Always Open.” Pastor Richard Schermerhorn, 7408 Valencia Road; 655-2610. Assistant Pastor Ronald Smith, 386-1610. On U.S. 98 at the Spring Lake Village II entrance. Sunday School, 9:45 a.m. for all ages; Morning Worship, 10:45 a.m.; Sunday Evening Worship, 6 p.m. Wednesday Mid-week Bible Study and Prayer Service, 6:30 p.m. Nursery available for all services.

♦ **Sunridge Baptist Church, (SBC)** 3704 Valerie Blvd. (U.S. 27 and Valerie, across from Florida Hospital), Sebring. Tim Finch, pastor. Sunday School, 9:30 a.m.; Sunday Morning Worship, 10:45 a.m.; and Sunday Evening Service, 6 p.m. Wednesday: Prayer, Bible Study, and Youth, 6:30 p.m. Nursery provided. For information, call 382-3695.

## CATHOLIC

♦ **Our Lady of Grace Catholic Church**, 595 E. Main St., Avon Park, 453-4757. Father Nicholas McLoughlin, pastor. Saturday Vigil Mass is 4 p.m. in English and 7 p.m. in Spanish; Sunday mass 8 and 10:30 a.m. in English. Weekday mass at 8 a.m. Confessions are at 3:30 p.m. Saturday. Religious Education Classes (September to May) are 9-10:20 a.m. Sunday for grades K through 5th. Grades 6th through Youth Bible Study are from 6:30-8:30 p.m. Wednesday. Youth Nights grades 9th and up, 6:30-8:30 p.m. Wednesday.

♦ **St. Catherine Catholic Church**, 820 Hickory St., Sebring. Parrish office/ mailing address: 882 Bay St., Sebring, FL 33870, 385-0049, 385-6762 (Spanish); fax, 385-5169; email, [office@stcath.com](mailto:office@stcath.com); website, [www.stcath.com](http://www.stcath.com). School Office/Mailing, Principal Dr. Anna V. Adam, 747 S. Franklin St., Sebring, FL 33870; 385-7300; fax, 385-7310; email [school@stcath.com](mailto:school@stcath.com). School office hours 7:30 a.m. to 3:30 p.m. Monday-Friday. Clergy: Very Rev. José González, V.F., [fjose@stcath.com](mailto:fjose@stcath.com) or 385-0049; Parochial Vicar, Rev. Victor Caviedes, 385-3993; Assisting Priest (retired), Rev. J. Peter Sheehan; Deacons, Rev. Mr. James R. McGarry and Rev. Mr. Max M. Severe. WEEKEND MASS SCHEDULE: Saturday: - 4 p.m.; Sunday - 8 and 10 a.m., 12 p.m.

(Spanish), 5 p.m. (Holy Family Youth Center), every third Sunday of the month at 2 p.m. (French Mass). Daily Mass: Monday-Friday, 8 a.m. and 12 p.m. Saturday at 9 a.m. Sacrament of Reconciliation: 7:15-7:45 a.m. first Friday, 2:30-3:15 p.m. Saturday and 9-9:45 a.m. Sunday. Office Hours: 8:30 a.m. to 1:30 p.m. Monday-Friday.

♦ **St. James Catholic Church**, 3380 Placidview Drive, Lake Placid, 465-3215. Father Michael J. Cannon. Mass schedule: Summer (May 1 to Oct. 31) - Saturday Vigil, 4 p.m.; Sunday 8 a.m. and 9:30 a.m.; Weekdays, 9 a.m. December thru Easter - Saturday, 4 p.m.; Sunday, 8 a.m., 9:30 a.m. and 11 a.m.; Weekdays 9 a.m.; and Holy Days 8 a.m., 9:30 a.m. and 7 p.m., first Saturday at 9 a.m.

## CHRISTIAN

♦ **Cornerstone Christian Church**, (Saxon Hall) 1850 US 27 South, Avon Park, FL 33825. Love Christ - Love People. Bill Raymond, Preaching Minister. Jon Carter, Music Minister. Sunday, 9 a.m. Bible Study; 10 a.m. Worship; Communion available each week. Wednesday, 7 p.m. Home Fellowship Group. For more information call 453-8929 or 449-0203.

♦ **Eastside Christian Church**, 101 Peace Ave., Lake Placid, FL 33852 (two miles east of U.S. 27 on County Road 621), 465-7065. Ray Culpepper, senior pastor. Sunday: Bible classes, 9 a.m.; Worship Celebration with the Lord’s Supper each week 10:15 a.m. Thelma Hall, organist; and Pat Hjort, pianist. Wednesday: Praise and Prayer, 6:30 p.m.; “Building God’s Kingdom for Everyone.” “Jesus Christ, the Way, Truth and Life!” “Alive and Worth the Drive!”

♦ **Sebring Christian Church**, 4514 Hammock Road, Sebring, FL 33872. Tod Schwingel, Preacher; Josh Knabel (812-618-7118), Youth Pastor. Sunday Worship, 9:30 a.m.; Sunday School, 11 a.m.; Sunday Youth Service, 6 p.m.; Evening service at 6:30 p.m. Wednesday night meals, 5:30 p.m. followed by classes at 6:30 p.m. Changing Seasons, a men’s grief support group, meets at 1:30 p.m. Wednesdays. Alzheimers Caregivers Support Group meets at 1 p.m. Thursdays. Office hours, 9 a.m. to 1 p.m. Monday-Friday. Phone 382-6676.

♦ **First Christian Church (Disciples of Christ)**, 510 Poinsettia Avenue, (corner of Poinsettia and Eucalyptus), Sebring, FL 33870. Phone: 385-0358 or 385-3435. The Rev. Ronald Norton, Pastor; Sunday School, 9 a.m.; Praise Breakfast, 10 a.m., Morning Worship, 10:30 a.m.; Children’s Church, 10:30 a.m. Thursday, Praise and Worship, 6:45 p.m. Youth Fellowship, 7:15 p.m.; Midweek Bible Study, 7:15 p.m.

## CHRISTIAN & MISSIONARY ALLIANCE

♦ **The Alliance Church of Sebring**, 4451 Sparta Road, Sebring, FL 33875. Call 382-1343. Rev. Steve Hagen, pastor. Sunday services: Sunday School meets at 9:30 a.m.; Sunday Morning Worship Service meets at 10:30 a.m.; Sunday Evening Bible Study meets at 6 p.m. (off site); Wednesday Prayer Gathering meets at 6 p.m.

## CHRISTIAN SCIENCE

♦ **Christian Science Church**, 154 N. Franklin St. Sunday: 10:30 a.m. morning worship and Sunday school. Testimonial meetings at 4 p.m. each second and fourth Wednesdays. A free public reading room/bookstore, located in the church, is open before and after church services. The Bible and the Christian Science textbook, ‘Science and Health with Key to the

Scriptures’ by Mary Baker Eddy are our only preachers. All are welcome to come and partake of the comfort, guidance, support and healing found in the lesson-sermons.

## CHURCH OF BRETHREN

♦ **Church of the Brethren**, 700 S. Pine St., Sebring, FL 33870. Sunday: Church School, 9 a.m.; Morning Worship, 10:15 a.m. Wednesday: Temple Choir, 7:30 p.m. Phone 385-1597.

## CHURCH OF CHRIST

♦ **Avon Park Church of Christ**, 200 S. Forest Ave., Avon Park, FL 33825. Minister: Don Smith. Sunday Worship Services, 10:30 a.m. and 6 p.m. Nursery facilities are available at every service. Bible Study: Sunday, 9:30 a.m. and Wednesday, 7 p.m. Bible centered classes for all ages. Church phone: 453-4692.

♦ **Lake Placid Church of Christ**, 1069 Hwy 27 North, Lake Placid, FL 33852. Mailing address is P.O. Box 1440, Lake Placid, FL 33862. Sunday morning worship is at 10 a.m. Sunday evening worship is 6 p.m. Bible class 9 a.m. Sundays and Wednesday evenings at 7 p.m. All are invited to join us. For more information, call the church at 863-465-4636 or visit the website [www.thelordsway.com/lake-placidcofc/](http://www.thelordsway.com/lake-placidcofc/).

♦ **Sebring Parkway Church of Christ**, 3800 Sebring Parkway, Sebring, FL 33870; 385-7443. Minister: Kevin Patterson. Times of service are: Sunday Bible Class, 9 a.m.; Sunday Worship Service, 10 a.m.; Sunday Evening Service, 6 p.m.; Wednesday Bible Class, 7 p.m.

## CHURCH OF GOD

♦ **Church on the Ridge**, Church of God, Anderson, Ind.; 1130 State Road 17 North, Sebring, FL 33870. Worship Service Sunday, 10 a.m.; Bible Study and Prayer, Wednesday, 7 p.m. Pastor Dr. Collet Varner, (863) 382-0773.

## CHURCH OF NAZARENE

♦ **First Church of the Nazarene of Avon Park**, P.O. Box 1118., Avon Park, FL 33825-1118. 707 W. Main St. Randall Rupert, Pastor. Sunday: Sunday school begins at 9:45 a.m. for all ages; morning worship at 10:45 a.m.; and evening service at 6 p.m. Wednesday evening service is at 7 p.m. with special services for children and adults. Special services once a month for seniors (Prime Time) and Ladies ministries. If you need any more information, call 453-4851.

♦ **First Church of the Nazarene of Lake Placid**, 512 W. Interlake Blvd., Lake Placid, FL 33852. Sunday school, 9:30 a.m.; Morning worship, 10:45 a.m.; Evening service, 6 p.m. Wednesday evening, 7 p.m. Classes for adult children and youth. Call 465-6916. Pastor Tim Taylor.

## CHURCHES OF CHRIST IN CHRISTIAN UNION

♦ **Community Bible Church - Churches of Christ in Christian Union**, (Orange Blossom Conference Center) 1400 C-17A North (truck route), Avon Park. Presenting Jesus Christ as the answer for time and eternity. Sunday morning worship service, 10:30 a.m. Nursery provided. Junior Church activities at same time for K-6 grade. Sunday School Bible hour (all ages), 9:30 a.m. (Transportation available.) Sunday evening praise and worship service, 6 p.m. Wednesday evening prayer service, 7 p.m. Children and youth activities at 7 p.m. Wednesday. Everyone is welcome, please come worship with us. Tom Schwankweiler, Pastor. Phone 453-6052.

# Religion

## Church News

### Continued from B6

Christian education.

The church is at 319 Poinsettia Ave. Call 385-0107 for more information.

## Grace Pointe Ministries

SEBRING — Grace Pointe meets at 200 Lark Ave. in the Sebring Hills Association Clubhouse

Tuesday home Bible study continues the series “Messiah: Shadow To Image.” Call 863-658-2534 for directions. For the kids, Bible study and crafts.

Sunday’s sermon will continue in the series “What Comes After the Anointing.” There is dimension in God that goes beyond what is commonly called “The Anointing.” Find out how you can live and flow in that dimension.

Let the pastor know if you would like to participate in Friday

night Bible study with GoToMeeting at [www.grace-pointecog@comcast.net](http://www.grace-pointecog@comcast.net) and he will send you the link. Ustream available (live 24/7) of all services in Sebring. Log on to [www.ustream.tv/](http://www.ustream.tv/), and then enter gracepointetv in the search box.

Visit [www.gracepointeministries.net/](http://www.gracepointeministries.net/) upcoming events. Pastor Zimmer has started a blog at [ww.ron-gracepointes.blogspot.com/](http://ww.ron-gracepointes.blogspot.com/).

WOW Radio Jesus Moments can be heard every day. Log on at [wowradionetwork.com](http://wowradionetwork.com) and then click the Praise Him tab.

Contact Myrna 385-1671 for more information.

## Heartland Christian Church

SEBRING — Pastor Ted Moore’s sermon this week will be “The Man Who Compromised!” with scripture from: Genesis 13:1-

13 and II Peter 2:7-8. Communion is offered during the service this week.

The service will include Richard Swenson singing “Till the Storm Passes By” and Ruth Rayburn singing “If God is Dead.”

Vacation Bible School will be held Monday, July 29 through Friday, Aug. 2 from 5-8 p.m. each day. There will be good food, good classes, good games and crafts and good teachers.

All children ages kindergarten through age 12 are welcome.

The church is at 2705 Alternate Route 17 South in Sebring (behind Publix). Call 314-9693.

## Memorial United Methodist Church

LAKE PLACID — Senior Pastor Tim Haas will preach at both the Sunday services in the sanctuary. His sermon “Charging Our Battery” will use Luke 11:1-13.

Daily devotions to prepare your heart for the sermon are available at [www.memorialumc.com/](http://www.memorialumc.com/).

No youth activities will be held this Sunday.

A men’s prayer group meets on Wednesday mornings in the men’s Bible classroom. Anyone is invited to these opportunities.

The church is behind the Tower at 500 Kent Ave. in Lake Placid.

## New Beginnings Church

SEBRING — On Sunday, Pastor Gary Kindle’s sermon is titled “The Lord’s Prayer” based on Luke 11:1-13.

New Beginnings Church of Sebring is a Bible-oriented non-denominational church led by Pastor Gary Kindle. There is a blended service with contemporary and traditional music.

Holy Communion is celebrated monthly and is open to all who believe the bread and wine are the true body and blood of the Lord

and Savior Jesus Christ given and shed for the forgiveness of sins.

The church’s present location is The Morris Chapel, 307 S. Commerce Ave. For more information, call 835-2405.

## Parkway Free Will Baptist Church

SEBRING — Sunday’s Bible lesson is “Gifts For The Temple” and is taken from Ezra 8:24-30 (KJV). Pastor Jimm Scaggs will bring the message in the worship service.

The Sunday evening service will be the end-of-the-month sing followed by fellowship time. Wednesday will be a time of prayer, praise and Bible study.

The church is at 3413 Sebring Parkway and is affiliated with the Central Florida Association of Free Will Baptists and the National Association of Free Will Baptists.

Continued on B8

# PLACES TO WORSHIP

## EPISCOPAL

◆ **St. Agnes Episcopal Church**, 3840 Lakeview Drive, Sebring, FL 33870. Father Scott Walker. Sunday Services: Holy Eucharist Rite I - 7:45 a.m., Holy Eucharist Rite II - 10 a.m. Midweek service on Wednesday at 6 p.m. Sunday School for all ages at 9 a.m. The nursery is open 8:45 a.m. until 15 minutes after the 10 a.m. service ends. Wednesday: Adult Bible study, 9:30 a.m. Visitors are always welcome. Church office 385-7649, for more information.

◆ **St. Francis of Assisi Anglican Episcopal Church**, 43 Lake June Road, Lake Placid, FL 33852. Phone: 465-0051. Rev. Elizabeth L. Nelson, Rector. Summer Sunday schedule, 9 a.m. and 6 p.m., June 2-Sept. 1, 10 a.m. Bible study, 6 p.m. Wednesday: Holy Communion with healing service, 9 a.m. Thursday. St. Francis Thrift Shop, 9 a.m.-4 p.m. Monday-Friday, and 10 a.m.-4 p.m. Saturday. (863) 840-3715.

## EVANGELICAL FREE CHURCH OF AMERICA

◆ **The Church of the Way EFCA**, 1005 N. Ridgewood Drive, Sebring. Sunday school and worship service at 9 a.m. and 10:30 a.m. Youth activities, 6:30 p.m. Wednesdays. The Way is a church family who gathers for contemporary worship, teaching of God’s Word, prayer and fellowship. Come early and stay after for fellowship time. Child care and children’s church are provided. Reinhold Buxbaum is pastor. The Way – A place for you. Office Phone: 471-6140, Church Cell Phone: 273-3674. Email: [thewaychurch@hotmail.com](mailto:thewaychurch@hotmail.com). Web site: [www.TheWayChurch.org](http://www.TheWayChurch.org)

## GRACE BRETHREN

◆ **Grace Brethren Church**, 3626 Thunderbird Road, (863) 835-0869. Dr. Randall Smith, senior pastor. Sunday services at 9 a.m., 10:45 a.m. and 6 p.m.; Wednesday services at 7 p.m. We offer “Kid City” Children’s Ministry throughout all services, and there are various other classes for teens, married couples, “primitimers,” and Bible studies in Spanish. “Kid City” Day Care, Preschool and After-School Monday-Friday: 7 a.m.-6 p.m. (For registration call: 385-3111). Check us out on the Web at [www.sebringgrace.org](http://www.sebringgrace.org).

## INDEPENDENT

◆ **First Christian Church**, 1016 W. Camphor St., Avon Park, FL 33825; (863) 453-5334; on the Web at [www.firstchristianap.com](http://www.firstchristianap.com). Our motto is “Jesus is First at First Christian Church.” Greg Ratliff, Senior Minister; Bible School 9 a.m.; Worship 10 a.m.; Wednesday studies for all ages, 6 p.m. Nursery provided for all events.

## INTERDENOMINATIONAL

◆ **World Harvest and Restoration Ministries**, (non-denominational) 2200 N. Avon Blvd., Avon Park, FL 33825. Phone: 452-9777 or 453-3771. Sunday service: Sunday School, 10 a.m. and worship, 11 a.m. Wednesday services: 7 p.m. prayer meeting/Bible study. Pastor: W.H. Rogers.

## LUTHERAN

◆ **Atonement Lutheran Church (ELCA)**, 1178 S.E. Lakeview Drive., Sebring. David Thoresen, Deacon, Spiritual Leader, on first, third and fifth Sunday each month, and Rev. Jefferson Cox on the second and fourth Sunday of each month. Jim Helwig, organist/choir director. Worship service at 9:30 a.m.; Holy Eucharist is every Sunday. Coffee hour on the first and third Sunday of each month. Council meeting on the first Tuesday of month; Ladies Group WELCA meets at noon second Tuesday of month with lunch. Bring a dish to pass. Labyrinth Prayer Garden open seven days a week to congregation and community. Come grow with us. Phone 385-0797.

◆ **Christ Lutheran Church Avon Park – LCMS**, 1320 County Road 64, 1/2 mile east of Avon Park High School past the four-way stop sign. Sunday Divine Worship is at 10 a.m. Holy Communion is celebrated every week with traditional Lutheran Liturgy, hymns and songs of praise. Fellowship time with coffee and refreshments follows worship. Come worship and fellowship with us. For information call Pastor Scott McLean at (863) 471-2663 or see [christlutheranavonpark.org](http://christlutheranavonpark.org).

◆ **Faith Lutheran Church – LCMS**, 2740 Lakeview Dr, Sebring Church phone: 385-7848 Faith Child Development Center: 385-3232. Summer Sunday Worship Service: 10 a.m. Communion served 1st, 3rd & 5th Sunday. Sunday School & Bible Classes: 9:00 a.m. Worship Svc. Broadcast at 10 a.m. on WITS 1340AM each Sunday. Educational opportunities include weekly adult Bible studies, Faith’s Closet Thrift Store (385-2782) is open from 10 a.m.-2 p.m. Tuesday-Friday and 10 a.m.-1 p.m. Saturday. All are warmly welcome in the Family of Faith.

◆ **Good Shepherd Lutheran Church (AALC) American Association of Lutheran Churches**, 3240 Grand Prix Drive, Sebring, FL 33872. James Weed, pastor. Worship Service, 10:30 a.m. Sunday. Bible Study, 9 a.m. Nursery provided. Social activities: Choir, Missions, Evangelism. Phone 385-2346.

◆ **New Life Evangelical Lutheran Church**, 3725 Hammock Road, a Congregation of the Evangelical Lutheran Synod (ELS) in fellowship with the Wisconsin Evangelical Lutheran Synod (WELS). Sunday Worship at 10 a.m.; Bible Study, 9 a.m. For more information, call Pastor Luke Willitz at 385-2293 or visit the Web site at [www.newlifesebring.com](http://www.newlifesebring.com).

◆ **Resurrection Lutheran Church - ELCA**, 324 E. Main St., at Memorial Drive, Avon Park. Pastor Rev. John C. Grodzinski. Sunday worship at 8 and 10:30 a.m.; Sunday School at 9:15 a.m. Fragrance Free Service Wednesdays at 7 p.m. Open Communion celebrated at all services. “God’s Work, Our Hands.”

◆ **Trinity Lutheran Church - LCMS**, 25 Lakeview St., Lake Placid, FL 33852; 465-5253. The Rev. Richard A. Norris, pastor; Susan C. Norris, Trinity Tots Pre-School director; and Noel Johnson, minister of youth and family life. Worship schedule after Easter through December: Worship service 10 a.m., and Education Hour, 8:45 a.m. Worship schedule for January through Easter: Worship service, 8:30 and 11 a.m., Education Hour 9:45 a.m. Traditional Service with Holy Communion each first and third Sunday. Non-Traditional Service each second, fourth and fifth Sunday. Seasonal mid-week services Wednesday evenings during Lent and Advent. Call church office for additional Worship times and special holiday services. Other activities and groups include: Choirs; Ladies Guild and LWML; Men’s Fellowship Group, Small Group Bible Studies as scheduled; Trinity Tots Pre-school, Youth Group activities (call for meeting times and dates). Visit us online at: [www.Trinitylutheranlp.com](http://www.Trinitylutheranlp.com).

## NON-DENOMINATIONAL

◆ **Bible Fellowship Church**, 3750 Hammock Road, Sebring, FL 33872. Sunday: American Sign Language: First Worship sermon, songs signed first and second Worship services. First Worship service, 9 a.m.; Second Worship service, 10:45 a.m. Nursery (up to 2 years old) and Sunday school classes both hours. BFC Youth, 6 p.m.; Evening Service, 6 p.m. Wednesday: Children, ages 4 yrs through 5th grade, 6 p.m.; Youth, 6-7:30 p.m.; Prayer time, 6:15 p.m. Todd Patterson, pastor; Andy McQuaid, associate pastor. Web site [www.bfcsebring.com](http://www.bfcsebring.com). Church office 385-1024.

◆ **Calvary Church**, 1825 Hammock Road, Sebring, FL 33872; 386-4900. An independent community church. Sunday morning worship, 10 a.m.; Bible study, 11:15 a.m.; Sunday evening service, 6 p.m. Pastor Lester Osbeck. A small friendly church waiting for your visit.

◆ **Christian Training Ministries Inc.**, on Sebring Parkway. Enter off County Road 17 on Simpson Avenue. Sunday service is

at 10 a.m.; Wednesday Bible study at 7 p.m. A nursery and children’s church are provided. The church is part of Christian International Ministries Network, a full gospel, non-denominational ministry. Linda M. Downing, minister, [lindadowning@live.com](mailto:lindadowning@live.com). Casey L. Downing, associate minister, [caseydowning@hotmail.com](mailto:caseydowning@hotmail.com). Church phone: 314-0482. Web site: [www.ctmforme.com](http://www.ctmforme.com)

◆ **Crossroads of Life**, 148 E. Interlake Blvd., Lake Placid, FL 33852; Tel. 863-655-9163. The place of your Divine appointment. We expect our supernatural God to transform our lives through His power and grace. Come, learn of His plan and destiny for you. With His plan we receive His provision along with His perfect timing and opportunity. What you have longed for, but have been missing, can now be received. The direction you have been thirsty for will suddenly quench your parched soul. Come to experience what you have been missing for so long – empowerment in every area of life. We teach, train and send forth to win souls. You don’t speak English – no problema. We have a Spanish interpreter. We look forward to fellowship and worship with you at 7 p.m. every Wednesday. Pastors Gil and Rosa Benton (Faith Never Fails).

◆ **Grace Bible Church**, 4541 Thunderbird Road, (second church on left) Sebring, FL 33872. Phone, 382-1085. Dustin Woods, lead pastor. Saturday Worship, 6:30 p.m. Sunday, 9 and 11 a.m. Tuesday 6 p.m. Grace Bible Academy Adult Investigating Truth; first and third Tuesday, Prayer Gathering, 7:15 p.m.; Wednesday, Children’s & Youth Programs, 6 p.m.; Wednesday, 8:30 p.m., College Ministry. [www.GBCconnected.org](http://www.GBCconnected.org)

◆ **Faith Center West Ministry**, “Restoring Lives, Families & Communities.” In the Banyan Plaza at 2349 U.S. 27 South, Sebring, FL 33870. Pastors Leroy and JoAnn Taylor the public to worship on Sunday at 11 a.m. for Praise & Worship and on Wednesdays at 7 p.m. for Bible study and prayer. Children classes are available for all services. Ministries for youth, men and women are held throughout the month. Please attend these Spirit-filled services. “Moving Forward in Unity”. Church office, 385-1800 or 655-2748.

◆ **Highlands Community Church**, a casual contemporary church, meets at 3005 New Life Way. Coffee at 9:30 a.m.; Worship at 10 a.m. Nursery and Kid’s World classes. Small groups meet throughout the week. Church phone is 402-1684; Pastor Bruce A. Linhart.

◆ **New Beginnings Church of Sebring**, meeting at The Morris Chapel, 307 S. Commerce Ave., Sebring, FL 33870. Pastor Gary Kindle. Bible study every Sunday, 9 a.m. Blended Church Service, 10:15 a.m. Phone (863) 835-2405. [newbeginningschurchofsebring.com](http://newbeginningschurchofsebring.com) Begin your week with us.

◆ **The Lord’s Sentinel Fellowship Church**, 148 E. Interlake Blvd., Lake Placid (at Lake Placid Christian School), Pastor Juanita Folsom. Sunday morning service, 10:30 a.m.; Monday, Sentinel School of Theology, 7 p.m.; Church service, Tuesday, 7 p.m. More information at [www.juanitafolsomministries.com](http://www.juanitafolsomministries.com).

◆ **Union Church**, 106 N. Butler Ave., Avon Park, FL 33825. Contemporary worship service is at 6:30 p.m. Saturday with Pastor Tiger Gullett. Sunday traditional worship service is at 7:45 a.m. and 9 a.m. Contemporary Sunday worship service is at 10:45 a.m. Nursery and children’s church on Saturday nights and 9 and 10:45 a.m. Sundays. Breakfast and lunch menus at Solid Grounds. Senior Pastor is Bill Breylinger. Office: 453-3345. Web page at [www.wearunion.org](http://www.wearunion.org).

◆ **Unity Life Enrichment Centre**, new location, 10417 Orange Blossom Blvd. S., Sebring, FL 33875; 471-1122; e-mail [unity@vistanet.net](mailto:unity@vistanet.net). Web site, [www.unity-ofsebring.org](http://www.unity-ofsebring.org). 10:30 a.m. Sunday Celebration Service, Nursery and Children’s Church. Weekly Classes, Christian Bookstore and Cafe, Prayer Ministry, Life Enrichment Groups. Rev. Andrew C. Conyer, senior minister transforming lives from ordinary to extraordinary.

## PRESBYTERIAN

◆ **Covenant Presbyterian Church (PCA)**,

4500 Sun ‘N Lake Blvd., Sebring, 33872-2113. Pastor Tom Schneider. A Congregation of the Presbyterian Church in America. Sunday morning worship: Traditional service, 10:30 a.m.; Sunday school, 9:15 a.m. Wednesday evening Prayer Meeting, 6 p.m.; Children’s/Youth Group, 5:30-7 p.m.; choir practice, 7:15 p.m. Phone: 385-3234; Fax: 385-2759; e-mail: [covpres@strato.net](mailto:covpres@strato.net); Web site: [www.cpc-sebring.org](http://www.cpc-sebring.org). Office hours: 8:30-12:30 a.m. Monday-Friday.

◆ **First Presbyterian Church ARP**, 215 E. Circle St., (two entrances on LaGrande), Avon Park, FL 33825. Phone: 453-3242. The Rev. Robert Johnson is the pastor. Sunday School, 9:15 a.m.; Sunday Worship, 10:45 a.m.; Wednesday Bible study, 10:30 a.m.; Potluck dinner, 6 p.m. third Wednesday; choir practice, 6:30 p.m. each Wednesday; Mary Circle business meeting, 1 p.m. second Wednesday; Sarah Circle business meeting, 4 p.m. second Thursday; Women’s Ministries Combined Bible study, 4 p.m. third Thursday. Be a part of a warm, caring church family with traditional services, following biblical truth.

◆ **First Presbyterian Church, ARP**, 319 Poinsettia Ave., Sebring, FL 33870. 385-0107. Email: [faith@strato.net](mailto:faith@strato.net). Darrell A. Peer, pastor. Sunday School, all ages, 9:30 a.m.; Worship Service, 11 a.m. Youth Group (middle school and high school age), 3:30-6:30 p.m. Tuesdays. Wednesday: Adult Bible Study, 10:30 a.m. Nursery available during worship. Call the church office for more information and other classes.

◆ **First Presbyterian Church, ARP**, [www.fpcpl.com](http://www.fpcpl.com), 117 N. Oak Ave., Lake Placid, 465-2742. The Rev. Ray Cameron, senior pastor; the Rev. Drew Severance, associate pastor. Sunday Traditional Worship, 9 a.m.; Contemporary Worship, 11 a.m.; Sunday School, 10:10 a.m. Wednesday evenings: Adult small group Bible Sstudy 7 p.m. (Nursery available), Youth Group – 6-12th grades) 7 p.m., nursery and children’s ministry, 7 p.m. Family Biblical Counseling available by appointment.

◆ **Spring Lake Presbyterian Church (USA)**, 5887 U.S. 98, Sebring, FL 33876. Sunday School, 9 a.m.; Worship Service, 10 a.m. Session meets at 6:30 p.m. the second Thursday of the month, September through June. Board of Deacon’s meet at 5:30 p.m. first Monday of the month. Choir rehearses at 7 p.m. each Wednesday, September through April. Presbyterian Women meet at 10 a.m. the third Thursday of the month. Organist: Richard Wedig. Choir Director: Suzan Wedig. Church phone, 655-0713; e-mail, [springlakepc@embarqmail.com](mailto:springlakepc@embarqmail.com), Web site, <http://slpc.embarqspace.com>.

## SEVENTH-DAY ADVENTIST

◆ **Avon Park Seventh-day Adventist Church**, 1410 West Avon Blvd., Avon Park. Phone: 453-6641 or e-mail: [avon-parksda@embarqmail.com](mailto:avon-parksda@embarqmail.com), Sabbath School, 9:30 a.m. Saturday. Church Service 10:45 a.m. Saturday. Wednesday prayer meeting 7 p.m. Community Service hours on Tuesday and Thursday is from 9:00 a.m. till 2 p.m. A sale takes place the first Sunday of each month. Senior Pastor Frank Gonzalez. Walker Memorial Academy Christian School offering education for kindergarten through 12th grades. ALL ARE WELCOME. Associate Pastor is Ryan Amos. Website is [www.discoverjesus.org](http://www.discoverjesus.org)

◆ **Sebring Seventh-Day Adventist Church**, 2106 N. State Road 17, Sebring; 385-2438. Worship Services: 9:15 a.m. Worship hour, 11 a.m. Prayer meeting, Tuesday, 7:15 p.m. Community service: every Monday 9-11 a.m. Health Seminar with Dr. Seralde, every Friday, 10:00 a.m. Pastor Nathan Madrid.

## THE CHURCH OF LATTER DAY SAINTS

◆ **The Church of Jesus Christ of Latter Day Saints**, 3235 Grand Prix Dr., Sebring, FL 33872; (863) 382-9092 Steve Austin, Bishop; Mark Swift, 1st Counselor; Del

Murphy, 2nd Counselor. Family History Center (863) 382-1822. Sunday Services: Sacrament Meeting, 10-11:10 a.m.; Gospel Doctrine, 11:20 a.m. to noon; Priesthood/Relief Society, 12:10-1p.m.; Primary for children, 11:15 a.m. to 1 p.m.; Youth Activities: Wednesdays, 7-8:20 p.m. Scouts: first and third Wednesday, 7-8:20 p.m. Activity Days: 8-11 yr old Boys and Girls, second and fourth Wednesdays, 7-8:20 p.m.

## THE SALVATION ARMY

◆ **The Salvation Army – Center for Worship**. Sunday: Sunday School, 9:45 a.m.; Holiness meeting, 11 a.m.; and Praise meeting and lunch, noon. Tuesday: Bible study, 6:30 p.m.; and Women’s Ministries, 7 p.m. Wednesday: Youth Ministries, 4 p.m. All meetings are at 120 N. Ridgewood Ave., Sebring. For more information, visit the Web site [www.salvationarmysebring.com](http://www.salvationarmysebring.com) or call Major Bruce Stefanik at 385-7548, ext. 110.

## UNITED METHODIST

◆ **First United Methodist Church**, 105 S. Pine St., Sebring, FL 33870. The Rev. A.C. Bryant, pastor. Traditional Worship service at 8:10 and 10:50 a.m. in the sanctuary, Contemporary Worship in the FLC at 9:30 a.m. Sunday School at 9:30 and 10:30 a.m. Methodist Youth Fellowship at 5:30 p.m. Sundays with Rick Heilig, youth director. The 10:55 a.m. Sunday worship service is broadcast over WITS 1340 on AM dial. There is a nursery available at all services.

◆ **First United Methodist Church**, 200 S. Lake Ave., Avon Park, FL 33825. (863) 453-3759, Devon Jarrett, Pastor. Sunday School - 9 a.m., Worship - 10:30 a.m. Bible study every Wednesday at 6 p.m. Visit us at our church website: [www.fum-cap.org](http://www.fum-cap.org).

◆ **Memorial United Methodist Church**, 500 Kent Ave., (overlooking Lake Clay) Lake Placid, FL, 33852. Rev. Tim Haas, pastor. Rev. Claude H.L. Burnett, pastoral assistant. Rev. Jerry McCauley, visitation pastor. Sunday worship services: Worship Service, 8:30 a.m. and 10:45 a.m. Sunday School, 9:30 a.m. Loving nursery care provided every Sunday morning. Youth Fellowship, 5 p.m. We offer Christ-centered Sunday school classes, youth programs, Bible studies, book studies and Christian fellowship. We are a congregation that wants to know Christ and make Him known. Check out our church website at [www.memorialumc.com](http://www.memorialumc.com) or call the church office at 465-2422. Lakeview Christian School, VPK to Grade 5, 465-0313.

◆ **St. John United Methodist Church**, 3214 Grand Prix Drive, Sebring, FL 33872. The Rev. Ronald De Genaro Jr., Pastor. Sunday School, 9:30 a.m.; Adult Sunday School, 11 a.m.; Sunday Morning Worship, 8 a.m., 9:30 a.m. and 11 a.m. Nursery provided for all services. Phone 382-1736. [www.stjohnsebring.org](http://www.stjohnsebring.org)

◆ **Spring Lake United Methodist Church**, 8170 Cozumel Lane, (Hwy 98) Sebring. The Rev. Clyde Weaver Jr., Pastor. Worship service starts at 9:55 a.m. Bible Study meets at 10:00 a.m. on Tuesday. Choir Practice at 4:00 p.m. on Thursday. Church office phone: 655-0040.

## UNITED CHURCH OF CHRIST

◆ **Emmanuel United Church of Christ**, Jesus didn’t reject people, neither do we. Join us for worship every Sunday at 9:30 a.m. and you’ll be embraced by a compassionate congregation that is all-inclusive. We’re at the corner of Hammock and Hope. Choir and Bell Choir practice on Wednesday; Bible studies throughout the week. 471-1999; [sebringemmanuelucc.com](http://sebringemmanuelucc.com).

# Religion

## Are you running with the rats?

A few years ago at the Seattle Special Olympics, nine contestants who were all either physically or mentally challenged assembled at the starting line for the 100-yard dash. As the gun sounded to start the race, they all headed for the finish line. They were not the swiftest or most agile runners one has ever seen, but they all ran with the fervent desire to do their best and finish the race.

Suddenly, one little boy stumbled on the asphalt, tumbled a few times, came to a stop, and began to cry. The other eight contestants heard the boy's cry and slowed down to look behind them. Then, something extraordinary occurred. Seeing the fallen runner, they all turned around and went back! Yes, every one of them ran back to help the little boy.

One runner, a girl with Down's Syndrome, bent down, kissed him, and said, "This will make it better." At that point, all nine linked arms and walked



**Kevin's  
Komments**  
*Kevin Patterson*

together to the finish line. Everyone in the stadium stood, and the cheering seemed to go on forever.

Paul wrote in Colossians 3:12-14, "So, as those who have been chosen of God, holy and beloved, put on a heart of compassion, kindness, humility, gentleness and patience; bearing with one another, and forgiving each other, whoever has a complaint against anyone;

just as the Lord forgave you, so also should you. Beyond all these things put on love, which is the perfect bond of unity."

I remember a poster hanging on my bedroom wall as a child. It read, "The only problem with the rat race is...the rats are winning!" Although the world focuses on itself, Jesus focused on us. In turn, He wants us to focus on one another. When we pay so much attention to ourselves that we fail to notice those around us, we may win in the race of life, but we will lose in the race of love. And, without love, the only thing you are left with is a bunch of rats! Think about it...and about others.

*Kevin's Komments, by Kevin Patterson, is presented by the Sebring Parkway church of Christ, assembling at 3800 Sebring Parkway. Find the church on the internet at www.sebringcoc.com, or e-mail sebring-parkway@sebringcoc.com/.*

### Snapshots

#### VBS at Crossroads

SEBRING — Vacation Bible School at Crossroads Fellowship is July 29-Aug. 2 from 9 a.m. to noon each day.

The theme is "Kingdom Rock: Where kids stand strong for God." At Kingdom Rock VBS, kids experience God's word in fun and unforgettable ways. Each day, leaders reinforce one simple Bible truth, which makes it super easy for kids to remember and apply to real life.

For more information or to sign up, call 655-0212 or e-mail mail@crossroadsfl.com/.

#### LDS Pioneer Celebration

SEBRING — The Church of Jesus Christ of Latter-day Saints will have a Pioneer Celebration picnic beginning at 11 a.m. on Saturday at Highlands Hammock State Park. Meat will be furnished by the church and attendees are asked to bring side dishes and desserts. There will be entertainment and games for children of all ages.

The celebration is in commemoration of early pioneer members who fled westward to escape religious persecution and extreme hardships. These courageous pioneers eventually settled in the great Salt Lake Valley of Utah.

## STR8 UP Youth Ministry set to welcome incoming 6th-graders

By **KIMBERLY LEATHERMAN**

*Special to the News-Sun*

LAKE PLACID — STR8 UP Youth Ministry is a non-denominational, faith-based community youth center designed for middle and high school students. It is a safe place emotionally, physically and socially for students to get academic help, enjoy athletics and learn about Jesus.

"Many of our kids have siblings that have wanted to be involved but were not quite old enough. The new sixth-graders can now be a part of the excitement," said President Sammy Telesco.

The ministry provides mentors and volunteer tutors as part of its programming. "The kids that come feel that we are part of an extended family. They want a place to belong and fit in; they feel that here," said mentor Aaron Jeffries.

"Summer is a great time to register. We have many of events planned," said President Sammy Telesco. Enrollment is free as well as the programs. A legal parent or guardian must bring a photo I.D. for notary purposes when registering. Youth will have the opportunity to play in sports, do arts and crafts, participate in service projects, learn music and do academic work as well. There is an annual field trip planned to wrap up the summer.

STR8 UP Youth Ministry is supported solely by donations. There are many

fundraisers for the youth and community to participate. Out Ministries will host a Lake Placid Youth Gathering Event on Saturday at 7 p.m. at Working Faith Ministries center. There will be dancers, singers and D.J. Mike Barker to perform a benefit for STR8 UP Youth Ministry.

The youth of Lake Placid will be busy this weekend. They will be helping to keep the parks clean during the Annual Caladium Festival. On Saturday, the ministry will be selling walking tacos, hot dogs and ham-

burgers. Want to know what a walking taco is? Visit their booth on Devane Circle to find out. Please come out and show your support for the youth of Lake Placid.

The office phone number is 699-1480 or contact them through their website at www.str8up.org/.

#### Garage sale Aug. 1-3

STR8 UP Youth Ministry will be holding a gigantic yard sale Aug. 1-3 from 8 a.m. until noon at the Youth House, 113 S. Main Ave. All proceeds will go directly

back into this worthy ministry.

The ministry will use the funds raised at this event to keep the doors open, programs fresh and for special projects. Please donate your items on Thursdays, Fridays, and Saturdays before the sale. All items are welcome — clothes, furniture, sports equipment, household goods and more.

"We always enjoy the yard sales because we can be a blessing to people by offering some great bargains while the ministry gets blessed also," said Telesco.

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### Church News

Continued from B7

Call 382-3552 or 273-9819.

#### St. John United Methodist Church

SEBRING — On Sunday, the Rev. Ronald De Genaro's message will be "How Should We Pray?" Biblical reference is from Luke 11:1-13.

Boy Scouts meet at Monday. Bible study is Tuesday. The men's prayer breakfast meets Wednesday morning and children/youth programs are Wednesday evenings. Nursery is provided at all services.

#### Spring Lake United Methodist Church

SEBRING — Spring Lake United Methodist Church is at 8170 Cozumel Lane.

Rev. Weaver's sermon for Sunday is "Don't Steal, Or Lie, Or Covet." Fellowship follows the service.

ElDorado National - Kansas  
First Member Mobility Division

Diversions/Puzzles

Only Jackman makes 'Wolverine' interesting

By JOCELYN NOVECK AP National Writer

Don't get us wrong. We don't mean to take anything away from the more substantial qualities of "The Wolverine," a fairly satisfying if not stellar installment in the saga of the famous mutant that Hugh Jackman's been playing since, wow, 2000. (For a little perspective, Bill Clinton was still president.)

But let's just point out that Jackman bares it all in a brief but memorable scene in a bathtub, and the studio would be wise to advertise this scene as much as possible. Because Wolverine is all about Jackman, and not only is the actor in amazing shape, but he's funny in the scene, too. So why not flaunt it?

Jackman's been in good movies and not-as-good movies, but one thing he's never lacked is charisma. Whether hoofing it in a Broadway musical or crooning as Jean Valjean in "Les Miserables," that charisma makes him always worth watching. And so, whether you're an X-Men fan or not, it's Jackman that makes "The Wolverine" worth watching, too.

Oh yes, the movie. Well, as we mentioned, it's fairly satisfying. On the plus side, we get to know the Wolverine, aka Logan, a little better. We also see him physically challenged, losing some of his mutant healing powers, which gives Jackman a nice chance to display weakness.

There are also some welcome funny moments in the



Steely bodyguard Yukio (Rila Fukushima) accompanies Logan (Hugh Jackman) to a sacred event in 'The Wolverine.'

script, many having to do with its Japan setting. When Logan and a young woman he's protecting want to hide, they enter a Japanese "love hotel" where, they're informed, their room options are: dungeon, nurse's office, or Mission to Mars. (They pick the latter). Also pay attention to Logan's great comeback after throwing a bad guy out a window into a swimming pool.

And director James Mangold sets one terrific action scene — the film's best — on a speeding bullet train, making great use of those bone claws.

On the minus side are some lackluster performances and an ending that, sorry to say, is simply not that exciting, or maybe we've all just run out of steam by then.

The film, Jackman's sixth



Movie Review 'The Wolverine'

Rating: PG-13 (intense sci-fi action and violence, some sexuality and language)

Running time: 126 minutes

Review: ★★ (of 4)

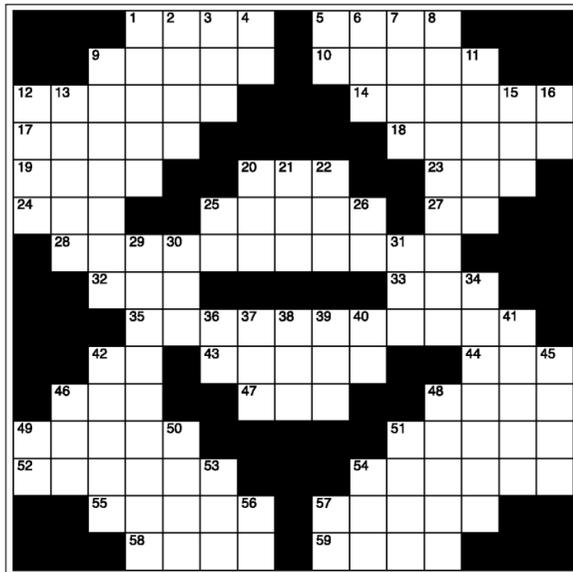
outing as Logan, finds him hiding out in the woods of the Yukon, his best friend a grizzly bear. He runs into Yukio (an appealing Rila Fukushima), who tells him he's needed in Japan.

There, Logan is brought to the dying tycoon Harada, who apparently wants to say goodbye. As we see in a flashback, Logan had saved Harada from the Nagasaki atomic bombing. Actually, Harada wants to transfer Logan's healing powers and immortality to himself. Logan doesn't like the plan.

Before escaping, though, he attends Harada's funeral, and finds himself fighting off mob thugs seeking to kidnap the man's granddaughter, Mariko.

Wounded, he manages to escape with Mariko onto a bullet train, where that great fight scene unfolds up on the roof.

Some quiet scenes follow, giving Jackman a chance to display a winning vulnerability. He makes us worry about Logan in a way we never did before.



CLUES ACROSS

- 1. English monk (Olde English)
5. Computer music standard
9. South African prime minister 1948-54
10. A column of vertebrae
12. Noisy kisses
14. Pairing
17. Taxi drivers
18. Jason's princess consort
19. Amu Darya river's old name
20. Founder of Babism
23. Confederate soldier
24. Lubricate
25. A woman of refinement
27. Mister
28. Make up something untrue
32. Mountainous region of Morocco
33. Mutual savings bank
35. Where angels fear to tread
42. Distance to top (abbr.)
43. Roman poet
44. Hebrew unit = 10 ephahs
46. Tai (var. sp.)
47. Bishop (abbr.)
48. Tropical Asian starlings
49. Performance of an action
51. Animal neck hairs
52. Manufacturers
54. Repeat a poem aloud
55. Consumers of services
57. Supernatural forces
58. Gulp from a bottle
59. Root of taro plant

Solution, B8

CLUES DOWN

- 1. Fronts opposite
2. Am. moose
3. Cony
4. Article
5. Manuscript (abbr.)
6. Inches per minute (abbr.)
7. Circle width (abbr.)
8. Entangle
9. Wet or dry eye degeneration
11. Best duck for down
12. Chase away
13. Saying or motto
15. Bird beak
16. 4th US state
20. Cry made by sheep
21. General's assistant (abbr.)
22. Ball striking club
25. Parkinson's spokesperson's initials
26. 12th Greek letter
29. A bang-up quality
30. Unidentified flying object
31. Root mean square (abbr.)
34. Small swimsuits
36. Sacred Hindu syllable
37. Workplace for scientific research
38. Schenectady County Airport
39. Fabric with a corded surface
40. Biblical Sumerian city
41. Composition for nine
42. 3 line Japanese verse
45. Tear down
46. Arrived extinct
48. Former Portuguese seaport in China
49. 1/10 meter (abbr.)
50. Increased in size
51. Sewing repair of a garment
53. \_\_\_ Lanka; island country
54. Radioactivity unit
56. Hollywood's Lone Wolf initials
57. Of I

Saving her sanity is right step for depressed mom

Dear Abby: I was a single mom for most of my teenagers' lives. We have never been financially stable, and lately things have hit an all-time low.

I am prone to bouts of depression. I remarried last year, and my husband unfortunately does not understand or tolerate the depressions. He feels I should just "get over" things. He also doesn't believe in anti-depressants. It got so bad I attempted suicide last weekend.

My husband said my doing that was abusive to HIM. Had the pills I took not made me throw up, I would have happily waited to die.

There are six people on my medical aid, and the available funds are more than half used up. For me to see a psychiatrist will take a huge chunk out of it. I am caught between a rock and a hard place. If I do it, my family will miss out on medical care should the need arise later in the year. Is it selfish to try to hang onto what is left of my sanity?

medications you need isn't selfish — it's SOUND THINKING. If not for your sake, please seek help now for theirs.

Dear Abby: I'm pregnant with my first child and live 800 miles from my parents, who are retired. We have a good relationship now, but growing up I had major emotional issues my parents didn't handle well. Years of therapy in my early adulthood helped to fix them.

My parents have just told me they have been approved to be foster parents and will be caring for an emotionally disturbed teenager soon. While I know I should be happy for them, I'm extremely upset. I feel they were ill-equipped to handle my emo-



Dear Abby

tional issues growing up, and they should be more concerned with their grandchildren in retirement than taking in strangers.

When I heard the news, I tried my best to sound supportive, but they could tell I was upset. How can I handle these feelings? Would it be beneficial to tell them how I feel?

— Mommy-To-Be in North Carolina

Dear Mommy-To-Be: A way to handle your feelings would be to view the situation from the perspective of an adult, not a jealous child. That your parents will foster this teenager doesn't mean they will love their grandchildren any less.

On some level they may be trying to make up for the

mistakes they made in your upbringing. Because they were ill-equipped to recognize your emotional problems does not mean they won't be wiser now. I suggest you wait to discuss this with them until you're feeling less resentful.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Write Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069. For an excellent guide to becoming a better conversationalist and a more sociable person, order "How to Be Popular." Send your name and mailing address, plus check or money order for \$7 (U.S. funds) to: Dear Abby, Popularity Booklet, P.O. Box 447, Mount Morris, IL 61054-0447. (Shipping and handling included in the price.)

EQUESTRIAN WORD SEARCH

W E L A D S E D Y L C B S C L M N H Y D
H E Y O T Y S Y N A G H S U H W F S D E
N S K C O H I A C G O N G R U L S H R E
D R A K I C I B K R N N A D E E K A K M
R U O Q G B Q H R A E I T T R H M B U F
E Q S F A N E Y L I M L R B S F T A Y O
S U D R S A E I C C N B D E L U L I B R
S Y A H L I Q N A B O D L D T A M S W E
A N B H E G U K N L L C L E A S N E M L
G D A A E L I H T U C O F E H S U H D O
E D G I E H N Y E C Q C O F D Y L U L O C
I G K G S B E T R W W B B D L Y B Y B K
B D N B F U D I T B K N E H S A B A H E
A Q E I A N L E G C Q T M S L S T B T B C
R K H G D R H A E C O O A N U I O I R O
N C K K E E R O D A A D F S O C T C E L
K B M A D N E E I N H C N I C R S H K T
D R T K A R A R L G A N H M D U I A H H
F U B S A B A M B Q B U C K S K I N B Y
U C T W N W B R E I R R A F W F R O G C

WORDS

- AGED
ALBINO
AMBLE
ANDALUSIAN
ARABIAN
BALD
BARN
BARREL
BASCULE
BELGIAN
BIT
BLISTERING
BLOODSTOCK
BREEDING
BRINDLE
BUCKSKIN
CANTER
CINCH
CLYDESDALE
COACH
COLT
CURB
DAM
DRESSAGE
EQUINE
FARRIER
FORELOCK
FROG
HEELS
HOCKS
IRONTS
MANEGE
MARE
MUSTANG
SADDLE
WITHERS

Find the words hidden vertically, horizontally & diagonally throughout the puzzle.

CRYPTO FUN
Determine the code to reveal the answer!

Solve the code to discover words related to farriers. Each number corresponds to a different letter. (Hint: 22 = o)
A. 26 22 10 2 17
Clue: Riding animal
B. 2 26 22 17 2
Clue: Covers feet
C. 26 22 22 1
Clue: Horny part of the foot
D. 3 10 22 9 17 12 9
Clue: Safeguard

SUDOKU
Fun By The Numbers
Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!
Here's How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

# Living

## Facts, tips and trivia about the tasty treat

By Becky Sher  
McClatchy-Tribune

# here's the SCOOP

### 1. How much ice cream do Americans eat each year?

The U.S. ice cream industry generates about \$10 billion in sales each year. About 1.53 billion gallons of ice cream and frozen desserts were produced in the United States in 2011 — that's more than 20 quarts per person!

### 2. Does ice cream get any official recognition?

It sure does — in 1984, President Reagan designated July as National Ice Cream Month and encouraged Americans to celebrate with “appropriate ceremonies and activities.” More specifically, the third Sunday of July is National Ice Cream Day.

### 3. What are Americans' favorite ice cream flavors?

According to a 2012 International Ice Cream Association company survey, vanilla is the most popular flavor for ice cream. Rounding out the top five are chocolate, cookies 'n cream, strawberry and chocolate chip mint.

### 4. What's the difference between ice cream, custard, sherbet and all the other things in the ice cream aisle?

Frozen desserts fall into many different categories:

- Ice cream: A mixture of dairy ingredients, sweetening and flavoring elements, such as fruits, nuts or chocolate. Federal law requires ice cream to contain at least 10 percent milk fat, and it must weigh at least 4 1/4 pounds per gallon.
- Frozen custard or French ice cream: Must contain at least 10 percent milk fat and at least 1.4 percent egg yolk solids.
- Sherbet: Milk fat is between 1 percent and 2 percent, with slightly more sweetener than ice cream. Must weigh at least 6 pounds per gallon.
- Gelato: Contains sweetener, milk, cream, egg yolks and flavoring, and is served in a semi-frozen state.
- Sorbet and water ice: Contains no dairy.
- Quiescently frozen confection: A frozen novelty on a stick.
- Frozen yogurt: Dairy ingredients such as milk and nonfat milk have been cultured.
- Novelties: Separately packaged single servings of a frozen dessert, with or without dairy ingredients.

### 5. So what does “light” ice cream really mean?

The FDA regulates the labeling of food products, including ice cream, so that consumers know what they're getting. Here's a guide to the labeling lingo:

- Ice cream: Contains at least 10 percent milk fat.
- “Reduced fat” ice cream: Contains at least 25 percent less total fat than the original product (either an average of leading brands, or the company's own brand).
- “Light” ice cream: Contains at least 50 percent less total fat or 33 percent fewer calories than the original product.
- “Lowfat” ice cream: Contains a maximum of 3 grams of total fat per serving (1/2 cup).
- “Nonfat” ice cream: Contains less than 0.5 grams of total fat per serving.

### 6. What's the best way to keep ice cream fresh? Follow these tips.

#### In the grocery store:

- Make ice cream the last thing you pick up before you check out.
- Be sure the ice cream isn't soft when you remove it from the supermarket's freezer — it should be thoroughly frozen and hard to the touch.
- If you're buying ice cream from an open-top freezer case, always choose items stored below the freezer line.
- Keep ice cream products together in a separate part of your grocery cart, or put them on top of other groceries.
- Ask the person packing your groceries to include a freezer bag or extra brown paper bag for insulation.
- Don't stop anywhere on your way home.

#### At home:

- Never allow ice cream to repeatedly soften and refreeze. This can form clumps.
- Set your freezer between -5 and 0 degrees. Ice cream should be served between 6 and 10 degrees.
- Don't store ice cream in the freezer door.
- Be sure to replace the ice cream's lid tightly before you return it to the freezer.
- Don't store ice cream near uncovered food — nearby odors may affect its flavor.

### 7. What kind of spoon is best for optimum ice cream tasting?

John Harrison, official ice cream taster at Dreyer's, uses a gold spoon. Unlike plastic or wood, it doesn't have an aftertaste.

### 8. How is commercial ice cream made?

The basic ingredients — dairy ingredients, sweeteners, stabilizers and emulsifiers — are blended in a mixing tank. The mixture then goes into a pasteurizer, where it is heated. Next, the hot mixture is shot through a homogenizer, where more than 2,000 pounds of pressure per square inch break down the milk fat into smaller pieces, ensuring a creamy consistency. The mix is then quick-cooled to 40 degrees and frozen. During freezing, rotating blades called “dashers” add air to the ice cream, which produces the consistency we know and love. Finally, flavorings like fruits and nuts are dropped in and the ice cream is packaged and hardened at sub-zero temperatures.

### 9. How much milk does it take to make a gallon of ice cream?

About 12 pounds of milk are used to make a single gallon of ice cream.

### 10. When was ice cream invented?

There is some debate about when ice cream first appeared, but there is evidence that Alexander the Great ate snow and ice flavored with honey and nectar. The Roman Empire's Nero Claudius Caesar also ate snow flavored with juice and fruit. “Cream ice” appeared in Europe in the 16th century but was mostly reserved for royalty. In 1660, the first publicly available ice cream was served at Café Procope, the first café in Paris.

### 11. When did ice cream arrive in the United States?

The first official mention of ice cream in the United States is in a 1700 letter written by a guest of the Maryland governor. The New York Gazette ran the first advertisement for the frozen treat in May 1777. And records from one New York merchant show that President George Washington spent \$200 on ice cream in the summer of 1790. Dolley Madison served a strawberry ice cream dessert at her husband's second inaugural banquet in 1812.

But ice cream didn't become regularly available to the American public until the 19th century, when technological innovations, such as steam power and mechanical refrigeration, made it more efficient.

### 12. Why a “sundae”?

Ice cream sodas became popular with the rise of soda fountains in the late 1800s. But in response to religious criticism for eating “sinfully” rich ice cream sodas on Sundays, merchants left out the carbonated water and created “Sundays.” Eventually the name was changed to “sundae.”

### 13. What causes “brain freeze”?

When something extremely cold touches the roof of your mouth, nerves can cause the blood vessels in your head to swell. That quick swelling causes the pounding and pain known as “ice cream headache.” Usually “brain freeze” lasts about a minute, and even though it's painful, it's not dangerous. To avoid the pain, eat ice cream slowly, or warm it up slightly in the front of your mouth before it hits your palate.

### 14. How many licks does it take to finish a single-scoop ice cream cone?

According to [www.icecream.com](http://www.icecream.com), it takes about 50 licks to finish a single cone.

### 15. Are there ice cream records?

Yes, several ice cream records are listed in “Guinness World Records”:

- Most ice cream eaten in 30 seconds with a teaspoon: 13.4 ounces, by American Patrick Bertoletti on “Live with Regis and Kelly” in 2006.
- Largest ice-cream scoop pyramid: 3,894 scoops of ice cream, created by Carvel in New York in 2002.
- Longest banana split: 4.55 miles, created by the residents of Selinsgrove, Pa., in 1988. The sundae required 24,000 bananas and 24,000 cherries.
- Largest milkshake: 6,000 gallons, made in New York in 2000.

### 16. Who invented ice cream cones?

Italian immigrant Italo Marchiony first produced the ice cream cone in New York in the late 1800s and was granted a patent in 1903. But around the same time, the cone made an appearance at the 1904 World's Fair in St. Louis. Ernest A. Hamwi was selling crisp, waffle-like pastries called “zalabis” from a stand next to an ice-cream vendor. When the ice-cream seller ran out of bowls, Hamwi rolled one of his waffles into a cone shape and let it cool.

### 17. How long have Good Humor trucks been around?

In 1920, Harry Burt, of Youngstown, Ohio, invented the Good Humor bar. He sent out 12 chauffeur-driven trucks, outfitted with bells. By 1961, Good Humor Corp. owned and operated 200 trucks.

### 18. Why do I use rock salt when I make ice cream at home?

According to [www.makeicecream.com](http://www.makeicecream.com), rock salt forces the ice surrounding the can of ice cream mix to melt. The resulting “brine solution” absorbs heat from the mixture of cream and sugar and gradually lowers the temperature until the ice cream begins to freeze. If there were no salt added to the ice, it would melt at 32 degrees Fahrenheit and eventually the ice water and mix would come to an equilibrium at 32 degrees. The ice cream mix, however, does not begin to freeze until its temperature falls below 27 degrees. So to freeze the mix, we need a salt concentration, or a ratio of 5 cups of ice to 1 cup of salt. At this concentration, the brine temperature should remain constant at 8 to 12 degrees. This allows the rapid cooling and freezing that is essential to making creamy ice cream.

### 19. I want to be a professional ice cream taster. Now what?

Taster John Harrison worked at his uncle's Memphis ice-cream company — his family has been in the dairy and ice cream industry for four generations. But he says a degree in dairy or food science is also a good start. Harrison also avoids spicy foods, such as peppers and garlic, and doesn't smoke, drink or wear strongly scented products like aftershave.

### 20. What are the lyrics to the “I scream, you scream” song?

*In the land of ice and snow  
Up among the Eskimo  
There's a college known as Oogie-wawa.  
You should hear those college boys  
Gee, they make an awful noise  
When they sing their Eskimo tra la la.  
They've got a leader, big cheer leader,  
oh what a guy!  
He's got a frozen face just like an Eskimo Pie.  
When he says, “Come on, let's go!”  
Though it's forty-five below  
Listen what those Eskimo all holler:  
I scream, you scream, we all scream  
for ice cream!”*

Visit [www.makeicecream.com](http://www.makeicecream.com) for more verses.

