



STATE CHAMPS!

Heartland Dixie Majors earn trip to South Carolina with 6-1 win over Spring Hill

SPORTS, B1

Sebring budget up \$92K

By SAMANTHA GHOLAR
sgholar@newssun.com
SEBRING — The City of Sebring is looking financially sound, according to the tentative budget presented to city council members Tuesday.

City Finance Director Mike Eastman presented the council with the 44-page tentative general fund budget.

Eastman has set the budget for the upcoming 2013-14 fiscal year, which begins on Oct. 1, at \$9,480,191. That's a difference of just more than \$92,000 from last year's actual budget.

Eastman highlighted some of the budget's important points during the first budget workshop.

The city's health insurance cost remains the same for the upcoming fiscal year. There has been an increase in the Florida Retirement Services for regular participants from 5.18 percent to 6.95 percent, or \$53,044.

The two biggest city departments have seen definite changes this year. The police department's overall budget has increased a little

See SEBRING, A4

Passing it down



KATARA SIMMONS/News-Sun
Volunteers Jai Tirado, 12, and Skyla Strusz, 11, help New4U store owner Vanessa Carr organize clothing on Thursday morning in downtown Sebring. The new business will be giving away clothing to school-aged children in need to help prepare them for the school year.

Local shop's program helps needy kids get school clothes

By SAMANTHA GHOLAR
sgholar@newssun.com
SEBRING — Vanessa Carr, owner of the recently established New 4 U consignment shop in downtown Sebring, is using her business for much more than just income. She has also launched a local program to help give back to the community.

"Project: Pass it Down" is

Carr's way of helping underprivileged students return to school with confidence. The event was created to help students who may not be able to afford new school clothes for the upcoming school year.

"A lot of consignment shops have clothes for one or two dollars, cheap stuff that to most people is affordable, but if the family is truly needy they won't

be able to come up with even that much to buy new clothes," said Carr. "I thought, 'Well, why not just give it to them?'"

With an outpouring of support and donations by the community, Carr has managed to obtain several large tubs of clothing for youth in need.

Carr has even brought in

See PROJECT, A6

2 groups vying for county airspace

Aeromed faces competition from Air Methods

By CHRISTOPHER TUFFLEY
christopher.tuffley@newssun.com
SEBRING — Aeromed and Air Methods are partners providing the county's medical emergency air transportation service to trauma centers or larger hospitals. Aeromed provides the medical teams; Air Methods provides the helicopters and pilots.

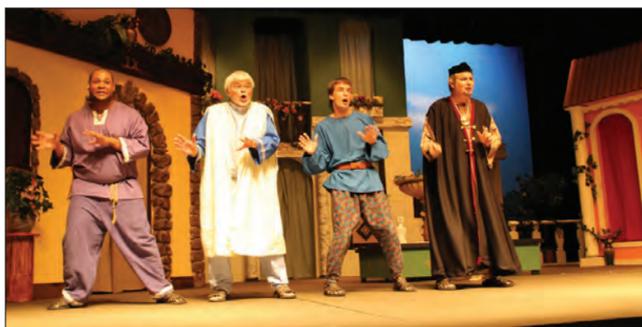
The companies, however, are dissolving their union as of July 31, the date before a new five-year contract with the county comes into force. Each wants to become the sole provider.

One reason for the break-up is because Tampa General canceled its contract with Air Methods, hiring Metro Transportation instead.

Air Methods, a nationwide, for-profit company, is taking the opportunity to train their own medical teams and provide both the medical service and transportation to communities. John See, the Air Methods vice-president in charge of the region, said. It wants to expand into

See COUNTY, A6

A funny thing is happening at Little Theatre



Rod Lewis/News-Sun
From left: Pseudolus (Josh McGee), Senex (Pete Pollard), Hysterium (Todd Coleman), and Marcus Lycus (Allan Grosman) sing a number during 'A Funny Thing Happened On The Way To The Forum' at Highlands Little Theatre.

By ROD LEWIS
News-Sun correspondent
SEBRING — Ancient Rome is the setting for The Highlands Little Theater's production "A Funny Thing Happened On The Way To The Forum."

The action takes place in front of the houses of Erronius, whose children were stolen in infancy from pirates; Marcus Lycus, who is the buyer and seller of flesh; and Senex, who is the father of Hero, and his slave, Pseudolus.

Pseudolus would give his own life for his freedom, and when Hero falls in love with a courtesan named Philia

from the house of Lycus, he sees his opportunity. He quickly bargains with Hero a trade, the courtesan for his freedom.

It is quickly revealed that this courtesan (a virgin) arrived only that morning and is already sold to the great general Miles Gloriosus.

Pseudolus quickly goes to work. He deceives, manipulates and lies his way into a web that causes his fight for freedom to become a fight for survival. He blackmails the house chief slave, Hysterium, to help him.

In order to make the plan work,

See HLT, A5



A few T-storms
High 90
Low 74

Details, A10

Index

Classifieds	A7
Community Briefs	A2
Dear Abby	B9
Editorial & Opinion	A3
Healthy Living	B5
Obituaries	A6
Puzzles	B9
Religion	B6



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Highlands citrus cop bolstered by rainy summer

By **BARRY FOSTER**
News-Sun correspondent

SEBRING – It appears that the groves in Highlands County have responded well to the precipitation that has occurred as of late, so says Highlands County Citrus Growers Association President Jim Snively in a recent report.

“There is a decent amount of flush and the fruit is starting to size up to where you can get some idea of what kind of crop may be out there for next year’s harvest,”

he said. “So far things look promising.”

However, said Snively, the new growth spurred by the rainfall has demonstrated stress on trees infected with the citrus greening disease. He said it makes for “a devastating effect.”

The full effect of tree decline and major fruit drop as seen last season won’t become clearer until the trees get closer to the early/mid harvest.

That won’t be until later this

summer or in early fall.

There had been the expectation that local crops would be down considerably locally and that the trees would be showing the decline and small fruit which are indicative of greening, Snively did not see as much of those issues as he’d expected during a recent trip to survey trees in Highlands and southern Polk counties..

“There were some groves where this was prevalent, but it was a minority to the healthy groves with

what looked to be a decent crop for next season,” he said. “This trend continued as we worked our way down through the Avon Park area.”

As Snively entered into Sebring, the conditions seemed to change. The trees looked a bit better than they had in the spring but seemed to be “less vivacious.”

“The crop definitely seems to be lighter in these areas,” he reported

Why there is a difference in these geographic locations when both areas were experiencing the

same type of tree decline and fruit drop in the fall, winter, and spring remains an open question – inasmuch as it seems both areas had received comparable rainfall over the past 45 to 60 days.

“There are many, many, questions to be answered,” he said.

Snively said he believes the industry will find the answers with continued research and hard work from the Citrus Research and Development Foundation and other such entities.

YMCA Strong Kids gets donations



Courtesy photo

Dr. Vinod Thakkar and Dr. Tarlika Thakkar present a \$10,000 check to the Highlands County Family YMCA Strong Kids Campaign. The Thakkars are very supportive of children throughout all of Highlands County and their contributions touch many, many lives. ‘We are grateful for their continued generosity,’ said CEO Greg Harris.



Courtesy photo

Cherie Starr, race director of the Heartland Triathlon of Highlands County, presents a \$2,500 check to Greg Harris, CEO of the Highlands County Family YMCA, for the Strong Kids Campaign. ‘The goal of the Y is to never turn anyone away due to their inability to pay,’ said Harris, ‘and this goes a long way in achieving that goal! We are very appreciative of the Heartland Tri Team.’

Community Briefs

Burke to speak to CGA group Friday

SEBRING – Private investigator Dan Burke will be giving a presentation on a number of different issues surrounding the Avon Park city administration when the Citizens for Government Accountability meets for a Friday night session at 6 p.m. at the Sebring Beef O’Brady’s restaurant.

After being pulled from an Avon Park city council agenda, Burke went public with many of his questions about a purported May 10 trip by DeLeon, the city’s Administrative Services Director Maria Sutherland and Administrative Services Coordinator Brenda Sliva to a Polk County Sam’s Club in a city-owned Dodge Durango.

“The records and facts speak for themselves and I’m glad to have the citizens look at the facts and reach their own conclusions,” he said

The group Citizens for Government Accountability originally was formed in questioning what they believed were inconsistencies and unfulfilled promises in the Highlands County

tourist tax. Since that time, the group has extended the opportunity to others who have found what they think are problematic actions and behaviors in other governmental entities to bring their information forward.

“I know there are several members of the local media who have asked to see exactly what Mr. Burke has,” said CFGA spokeswoman Mary Begnston.

Founder’s Day Bed Race seeking beds

SEBRING – The Mad Mattress Dash Bed Race scheduled for Saturday, Oct. 26 is now open for registration. The 10 a.m. bed race will take place on North Ridgewood Drive and costumes are encouraged.

There are no entry fees. All one must do is visit the Sebring Chamber of Commerce or Sebring City Hall to pick up an application, or go to Facebook.com/SebringHistory. Trophies will be awarded to the winner of the race and the best-decorated bed. Again, costumes are encouraged as this is Halloween Saturday in Sebring.

For more information, call

655-5554.

SFSC offers Safe Driving Accident Prevention Program

South Florida State College’s Community Education Department is offering a series of Safe Driving Accident Prevention Program (SDAPP) courses for drivers who have received a traffic citation, were court ordered to attend, or were involved in a traffic accident and issued a ticket.

The four-hour courses will be held from 5:30-9:30 p.m. Wednesday, Aug. 7 at the SFSC DeSoto Campus, 2252 N.E. Turner Ave., Arcadia; from 8:30 a.m. to 12:30 p.m. Saturday Aug. 17 at the Highlands Campus, 600 W. College Drive, Avon Park; and from 8:30 a.m. to 12:30 p.m. Saturday, Aug. 24 at the Hardee Campus, 2968 U.S. 17 N., Bowling Green.

Pre-registration is required. The fee is \$45 and may be paid by cash, check, or credit card. Participants may register in Building B on the Highlands Campus or at any SFSC campus or center.

For more information,

Continued on A6

Orientation dates set for upcoming school year

By **SAMANTHA GHOLAR**
sgholar@newssun.com

SEBRING – Highlands County School District students will be back at it in exactly one month for the first day of the 2013-2014 school year.

Schools are gearing up for the upcoming year with the annual orientations throughout each of the county’s schools.

The Highlands County School District orientation schedule is as follows:

Elementary schools

- Avon: 4-6 p.m. Thursday, Aug. 15
- Cracker Trail: 5-7 p.m. Monday, Aug. 12
- Fred Wild: 5-7 p.m. Tuesday, Aug. 13
- Kindergarten Learning Center: 3-6 p.m. Tuesday, Aug. 13
- Lake Country: 4-6 p.m. Tuesday, Aug. 13
- Lake Placid: 4:30-6:30 p.m. Thursday, Aug. 15
- Memorial: 5-7 p.m. Monday, Aug. 12
- Park: 4-6 p.m. Thursday, Aug. 15
- Sun ’N Lake: 4:30-6:30 p.m. Tuesday, Aug. 13
- Woodlawn : 4-6 p.m. Thursday, Aug. 15

Middle schools

- Avon Park: 5-7 p.m. Thursday, Aug. 15

First day of school for students is Aug. 19

- Hill-Gustat: 3:30-6 p.m. Thursday, Aug. 15
- Lake Placid: 4:30-7 p.m. Tuesday, Aug. 13
- Sebring: 3:30-6 p.m. Thursday, Aug. 15

High schools

- Avon Park: 6-8 p.m. Thursday, Aug. 15
- Lake Placid: 5-7 p.m. Thursday, Aug. 15
- Sebring (Freshman

Orientation): 9:30 a.m. to noon Saturday, Aug. 10 - Sebring (all grades): 4:30-6:30 p.m. Thursday, Aug. 15

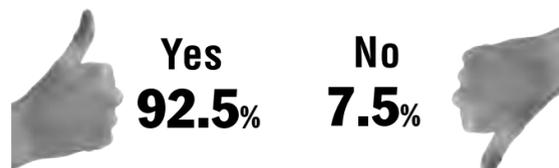
Orientation provides parents with the opportunity to meet teachers and faculty before the school year begins. Parents are also given a great deal of information regarding school schedules, after-school programs, curriculum and more.

Parents and students are invited to attend orientations on their scheduled dates and times to ask question or gain more information about the upcoming school year, which begins Monday, Aug. 19.

Online



This week’s question:
Do you think cable news channels have spent too much time talking about the Zimmerman case and not enough time covering other important issues?



Total votes: 227

Poll open through Friday. www.newssun.com
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FLORIDA LOTTO	July 17	1 3 4 12 15 38 x:4	Next jackpot \$38 million
	July 13	2 10 11 41 42 53 x:4	
	July 9	13 17 20 23 24 30 x:2	
Play4	July 17 (n)	8 4 0 7	
	July 17 (d)	9 9 1 5	
	July 16 (n)	1 0 8 7	
	July 16 (d)	5 8 5 8	
MEGA MILLIONS	July 16	7 8 29 42 12	
	July 12	2 19 37 43 13	
	July 9	12 18 28 39 22	
	July 5	6 17 39 41 15	
POWERBALL	July 17	1 22 34 38 42 PB: 17	Next jackpot \$141 million
	July 13	2 8 22 35 37 PB: 6	
	July 10	30 31 45 55 59 PB: 27	
MEGA MILLIONS	July 16	10 14 21 40 53 MB: 20 x:2	Next jackpot \$12 million
	July 12	4 5 25 27 51 MB: 10 x:3	
	July 9	3 21 43 45 48 MB: 14 x:2	



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Editorial & Opinion

ANOTHER VIEWPOINT

Verdict reached due to facts, law

In an enlightening post on his “Criminal Defense” blog, veteran criminal defense lawyer Brian Tannebaum cut to the chase about “The Embarrassment Of The George Zimmerman Verdict.”

He made some excellent points, which we will share in this editorial.

The Florida attorney began by stating that Trayvon Martin’s death was a tragedy, and that George Zimmerman didn’t have to shoot him. That said, Tannebaum emphasized that he wasn’t there.

“You weren’t there either,” Tannebaum wrote. “You don’t know what happened, exactly. As much as you want to believe you were there and know what happened, exactly, you weren’t, and you don’t.”

“Not knowing exactly what happened requires a not guilty verdict, no matter how angry or outraged you are.”

Tannebaum, who watched the trial

and knows lawyers on both sides, wrote that the jury reached its verdict because of the facts and Florida law.

The jurors — who heard everything; we didn’t — issued a reasonable verdict on the issue they had to decide: the criminal charge against Zimmerman.

Tannebaum argued the state didn’t have a great case, with no witnesses and a confusing tape recording.

“George Zimmerman is not guilty because the law says he’s not guilty,” the attorney wrote. “You don’t think it’s right that he killed Trayvon Martin, but that’s not what the law says in Florida where we like guns more than we like people. You have a problem with that, do something to change the

law other than complain on social media. I know, you’re busy, you won’t. That’s for others to do.”

In closing, Tannebaum criticized broadcast news coverage and suggested better vetting of TV pundits. Also, he urged the uninformed to quit criticizing the verdict and asked to put an end to misguided cries for an appeal.

We believe the verdict does not mean an endorsement of Zimmerman as a “good” guy, Martin as a bad guy “deserving” death, or many other non-criminal concerns that have come out in this case.

Racism still exists in our country. Teenagers say and do stupid things and sometimes criminal things. Adults sometimes say and do stupid things, too. But, Zimmerman did not murder Martin, so says the jury.

An editorial from the Enid (Okla.) News & Eagle.

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Guns get off again

Guest Column

Michael Stafford

Saturday’s verdict in the George Zimmerman trial has sparked national outrage, and rightfully so. And yet, with much of the focus on race, there is an accomplice to Trayvon Martin’s death that has, to a surprising degree, escaped scrutiny and a seat in the dock—guns, and our lenient, permissive approach to them. The fact that it’s a repeat offender makes matters even worse.

Although it wasn’t technically utilized by Zimmerman’s defense at the trial (they never filed the appropriate motion) Florida’s “stand your ground” law, which abrogates the traditional common-law rule that required individuals to attempt to retreat before using lethal force in self-defense, played a critical role in both the tragic events of Feb. 26, 2012, and in the legal case that followed.

The law is just one example of a successful national campaign to expand the rights of gun owners at the state level— an effort that has also involved statutes extending the range of locations where weapons can be permissibly carried, including schools, daycares, workplaces, bars, and athletic events. Indeed, several states, including Arkansas and South Carolina, now even permit gun owners to profane places of worship with their weapons.

Some would take matters even further. Last January, a lawmaker in Colorado introduced a bill that would have prohibited businesses open to the public from banning guns, unless they themselves provided armed security. Another measure, put forward in February in Missouri, tried to make it a felony for legislators there to introduce “a piece of legislation that further restricts the right of an individual to bear arms, as set forth under the second amendment of the Constitution of the United States,” presumably as interpreted by the National Rifle Association.

Supporters of legislation expanding gun rights typically deny that a link exists between our lax laws — the public policy choices we have made— and the epidemic of gun violence plaguing our nation. These arguments are made against a moral horizon that assumes widespread private gun ownership is a positive good for society.

Both are deadly wrong. Gun violence reaps a harvest of more than 30,000 souls, on average, every year in the United States. To put this number in perspective, that’s nearly equal to the total number of American combat fatalities in the entire Korean War. And there is a link between gun control and gun violence — as a recent study published online in JAMA Internal Medicine conclud-

ed, “[a] higher number of firearm laws in a state are associated with a lower rate of firearm fatalities in the state, overall and for suicides and homicides individually.” It’s a truth too many of our state legislators are either ignorant of, or simply choose to ignore. Regardless, this much is clear — lenient gun laws lead to more gun violence, and a higher body count.

Overall, “stand your ground” laws, in common with the range of other state measures seeking to expand gun rights, demonstrate contempt for human life and fetishize vigilantism and private violence. Vigilantism, in turn, actually makes society less secure. This point is amply demonstrated by the Zimmerman case — it’s a veritable study in the benefits of leaving public safety to the professionals.

But the Zimmerman case isn’t alone — Florida’s experience with its “stand your ground” statute provides many other examples. As the Tampa Bay Times has reported, the law has been used successfully by defendants in a number of cases involving shocking circumstances:

“One man killed two unarmed people and walked out of jail. Another shot a man as he lay on the ground. Others went free after shooting their victims in the back. In nearly a third of the cases the Times analyzed, defendants initiated the fight, shot an unarmed person or pursued their victim — and still went free.”

More broadly, is there any doubt that Martin would still be alive if Zimmerman hadn’t been armed on the night of the shooting? Or that the presence of a gun changed Zimmerman’s approach to their entire encounter, and the trajectories of both their lives?

In the end, this case illustrates why more guns, carried by more people, in a wider range of places, that can be used under more circumstances, makes us all more insecure.

If we want to prevent more tragic deaths like Trayvon Martin’s, then we need to turn some of our righteous anger against guns, and a system that places them all too easily into the hands of the George Zimmerman’s of the world. Would that we’d convict them.

Michael Stafford is a former Republican Party officer and the author of “An Upward Calling.” Email anupwardcalling@yahoo.com/. Guest columns are the opinion of the writer, not necessarily those of the News-Sun staff.



Rooting out government leakers



Guest Column

Tom Purcell

order to root out security violators within the federal government — people like Edward Snowden, our most recent leaker of government secrets.

The president ordered federal employees to report suspicious activities among their co-workers — any unusual behaviors, strange attitudes, financial troubles or unprecedented travel common to people who sell or leak secrets, the lousy rats.

I am the lead agent in charge of investigating such people.

My phone has been ringing off the hook.

My first call took me to the Department of Health and Human Services. The people there have been interpreting Obama’s massive 2,700 page health care law to write new regulations. It has ballooned to 20,000 pages of mandates and penalties that weigh 300 pounds and stand 7 feet tall.

“One of our employees read through every page and he’s been acting odd ever since,” a bureaucrat told me. “He worried that the new

rules will bankrupt the country.”

“He leak this information to anyone?”

“No,” said the bureaucrat. “When he tried to sneak the stack of regulations out the door, it fell on him, causing his unfortunate demise.”

“Serves him right,” I said, smiling.

Just as I settled the ObamaCare case, my phone rang. An employee was acting out of line at the IRS.

“She has been coming in early and staying late,” said the IRS bureaucrat. “We’ve never seen anything like it.”

“Has she been targeting, harassing and auditing conservatives?” I said.

“No.”

“Does she spend money lavishly on expensive conferences and silly training videos?”

“No,” said the bureaucrat. “That’s the problem. She refuses to do so. What a killjoy.”

“Sounds like someone who is planning to sing.”

“Unless someone makes it look like she was embezzling funds and her reputation is ruined?”

“I like how you think,” I said.

Just then my phone rang again. We had a potential rat at the Environmental Protection Agency.

“We’ve tried to keep it quiet,” said the EPA bureaucrat, “but we’re using every means possible to re-interpret existing laws to create new regulations.”

“Let me get this right,” I



said. “Since the president can’t pass the restrictive environmental laws he wants, his EPA is just making up new rules?”

“That’s right,” said the bureaucrat. “We issued a slew of new regulations to curb U.S. carbon dioxide emissions, which we believe contribute to global warming. Coal plants are shutting down left and right.”

“So what’s the problem?”

“We have an employee who is criticizing our lack of openness,” said the bureaucrat. “He says in a constitutional republic, new laws cannot be arbitrarily created in the executive branch — which is essentially what we are doing. He says we are being unconstitutional.”

“Good God,” I said. “You have been infiltrated by a conservative. He’ll surely contact the press and sing.”

“We expect not,” said the bureaucrat. “Since he was a conservative, it wasn’t too hard for a government psy-

chiatrist to diagnose him as mentally unfit. We put him on forced disability.”

“Nicely played,” I said.

Some argue that government leakers are not the real problem our country is facing. The real problem is that our government has gotten too big, powerful and intrusive.

They argue that the recent scandals are not isolated incidents — that the scandals are what big government looks like.

Maybe so, but that is not my concern.

My only concern is this: I am Agent Monday and I have an important job to do.

Tom Purcell is a Pittsburgh Tribune-Review humor columnist and is nationally syndicated exclusively by Cagle Cartoons Inc. Send comments to Tom at Purcell@caglecartoons.com/ Guest columns are the opinion of the writer, not necessarily those of the News-Sun staff.

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HLT visits ancient Rome in latest play

Continued from A1

Pseudolus plants all of the courtesans from the house of Lycus into Senex's house. Senex, who believes that the virgin is his new maid, must bathe to prepare for her. He is ushered into Erronius' house to bathe, and Philia is told to wait in Senex's house.

While the courtesan's are changing houses, the virgin is waiting, and Senex is bathing in the house of Erronius, Erronius returns from looking for his children stolen in infancy by pirates. Pseudolus convinces Erronius that his house is haunted when Erronius hears Senex singing in the bath. Pseudolus convinces Erronius that the house will no longer be haunted if he runs around the seven hills of Rome seven times.

The general arrives to claim his prize, but Pseudolus conceives a plan to deceive the general into thinking his virgin is dead.

The result is complete (and hilarious) chaos.

Forum is directed by Tammy Pollard, who mentioned after watching the



Hero (Anthony Toler) falls in love with courtesan Philia (Chabeli Ravelo Perez) in 'A Funny Thing Happened On The Way To The Forum,' which is on stage now at Highlands Little Theatre.

play one's cheeks may hurt from laughing and smiling so much. She also mentioned that the biggest challenge is the music for the play.

"It is difficult to find musicians, and musical arrangements are expensive," she said.

Josh McGhee, who plays

Pseudolus, stated that his favorite part of the show was when Pseudolus and Hysterium are talking, and are going back and forth, "What happened... What hasn't happened? They are just two slaves knowing that they are stuck in the situation."

"A Funny Thing Happened

On The Way To The Forum" is playing at the Highlands Little Theater through July 28.

To make reservations or for more information call 382-2525 for the theater's box office or go online at www.highlandslittletheatre.org/.

Golden Corral land sale approved

Construction of new restaurant expected to begin in the fall

By SAMANTHA GHOLAR

sgholar@newssun.com

SEBRING — After months of red tape and formal procedures, the city council members gave the go-ahead for the Golden Corral contract during Tuesday evening's council meeting.

Following an appraisal that valued the piece of property located adjacent to the Sebring Fire Department's substation on U.S. 27 at \$348,000, council members Andrew Fells, John Griffin and Bud Whitlock voted in favor of selling the land to Golden Corral.

Council member Scott Stanley cast a dissenting vote and recommended that the city retain the property for possible future uses.

Griffin stated that the property has been owned by the city for decades without being put to good use.

After closing costs and

broker commission, the total amount of the Golden Corral sale will be \$368,800. Golden Corral has agreed to pay for the broker fees and commission.

Larry Weiland, director for Golden Corral real estate in Florida, has been anxious to get the deal closed with council members and break ground on the development.

Weiland stated that the Sebring Golden Corral will be one of the corporation's new buildings and will be nothing like the previous Sebring location.

"This is going to be a \$900,000 building. We will be spending \$700,000 on equipment for this restaurant. We're probably going to hire between 60 to 100 people," said Weiland.

Weiland expects to break ground in the fall and patrons could be enjoying buffet-style dining by early 2014.

Trayvon Martin's parents shocked by verdict

MIAMI (AP) — Trayvon Martin's parents made appearances on network morning shows Thursday, saying they are still shocked that jurors acquitted George Zimmerman in the 2012 shooting death of their 17-year-old son.

On NBC's "Today" show, Sybrina Fulton questioned whether jurors looked at the shooting from her son's point of view.

"He was a teenager. He was scared. He did run," Fulton said, who added that she believes the justice system failed her son.

"We didn't get the verdict we wanted because we wanted him to be (held)

accountable."

Martin's father, Tracy Martin, expressed disbelief in the verdict handed down Saturday by a six-woman jury following a three-week trial in central Florida.

"We felt in our hearts that we were going to get a conviction," Martin said. "We felt that the killer of our unarmed child was going to be convicted of the crime he committed."

On ABC's "Good Morning America," Tracy Martin said he felt the jury did not get a chance to get to know the teen. "They didn't know him as a human being," he said.

Martin's parents said they still believe Zimmerman, who identifies himself as Hispanic, racially profiled their son.

"Obviously, any time you have a person that makes an assumption that a person is up to no good, that's some kind of profiling," Martin said. "Was he racially profiled? I think if Trayvon had been white, this never would have happened."

Martin's parents said they support the federal government looking into the case. The Justice Department announced Sunday it plans to review the case to determine whether federal prosecutors should file criminal civil rights charges against Zimmerman.

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Project: Pass It Down helps kids get new school clothes

Continued from A1

some "quality control" volunteers to help inventory the items to make sure they are socially acceptable.

"I have some young volunteers, they're all between the ages of 12 and 16. They go through the clothes here and say whether or not they are okay. I don't want anyone being teased or bullied because of something they're wearing, so the volunteers tell me stuff like "Oh, this is to 'granny' or 'this is offensive,'" Carr said.

The vision to help local students grew from Carr's desire to have her own shop where customers were able to try on items before their purchases. Carr explained since she began her business in early February, she has struggled occasionally with sales due to the lack of space to try on clothing items.

"Customers can't try on clothes in a gas station parking lot. That's where the meeting point used to be, and I didn't want everyone in my home so I found this space and rented it," Carr said. "I'm happy now that I have a space specifically for these students to try on the clothes in privacy and not have to worry about feeling self-conscious or anything."

In the past few weeks Carr has acquired more than 1,000 items through donations from the community. Many items have never even been worn and

have tags still attached, while others are slightly used. Items such as jeans, blouses, tees, dresses, shorts and more have been donated for the project.

"We even have a few accessories here. We got a few purses and hats, some shoes. People have given a lot," Carr said.

"Project: Pass it Down" is free for participants. Any students wishing to get new back to school clothes may contact New 4 U to set up an appointment. Clothing for students ranges from sizes 4T to teenagers (18 and younger).

Participants must be present to try on and acquire clothing through the project, school and grade level must be given at the time of the appointment, children will be given a bag(s) of clothing depending on grade level and size of clothing and students are encouraged to shop for items on their own that will comply with school dress codes.

Appointments will be held before and after New 4 U business hours to protect privacy of the students.

The deadline for donations and appointments is July 31. Appointments will be held Aug. 1-10. Other items such as backpacks, socks, shoes and school supplies are also being accepted.

To make an appointment, contact Carr at 314-8559 between 10 a.m. and 5 p.m.



Katara Simmons/News-Sun

An Aeromed helicopter takes part in the Sebring Rotary Club's annual 'Touch A Truck, Touch A Plane' event at the Sebring Regional Airport last year. Aeromed is facing competition from Air Methods for the contract to provide medical air coverage for the county.

County to decide on medical helicopter coverage Tuesday

Continued from A1

the county.

Aeromed is just as determined to continue the service it began here in 1994.

In order to serve as a medical emergency air transport system, the provider must have a county issued Certificate Of Public Convenience and Necessity. The document permits medical helicopters to land in the county to transport patients. Aeromed and Air Methods are each asking for a COPCN. More than one certificate may be granted, but Emergency Medical Services director Harvey Craven told the News-Sun "the call vol-

ume only supports one company."

See said his company brings vast experience and many resources. "We have 400 aircraft nationally," he said, "and 19 other bases in Florida"

On the other hand, John Dunn, director of communications for Aeromed, said, "Our company is a non-profit and invested in the community. We are a local company. Many of our employees live here in the county."

Craven said, "My main point is I want to maintain air service in the county. I don't care about anything else — as long as we have service come Aug. 1."

The county commission will be making its decision at its regular meeting, 5 p.m. Tuesday. It may decide to let both companies compete, or choose one over the other.

Commission Chairman Jack Richie told the News-Sun the public is urged to come and give its opinion. "It will be a most interesting discussion. (Company representatives) can talk as long as they wish, and the public will have input — as long as they are civil.

"This is a licensing procedure," Richie added. "The most important thing is being fair, handling it correctly, with transparency."

Community Briefs

Continued from A2

contact the SFSC Community Education Department at 784-7388 or via email at CommunityEducation@southflorida.edu.

Register now for Get Fit Day Camp

SEBRING – Highlands County 4-H will have its Get Fit Day Camp from 9 a.m. to 12:30 p.m. Tuesday, Aug. 13. End the summer with a bang at the 4-H Get Fit Day Camp! Youth ages 8-12 are welcome to attend this day camp for the cost of \$10. Youth will learn how to have fun while being active.

Activities will include making a healthy lunch, active field day games, obstacle course challenge, and even a yoga class.

The camp will be held at the Bert J. Harris Jr. Agriculture Center; check-in starts at 8:30 a.m. Visit www.4hgetfitdaycamp.eventrite.com to register. Registration closes Aug. 2. For more information contact Lauren Hrcirik, 4-H agent, or Kate Stewart, 4-H assistant, at 402-6540, or email hrcirik@ufl.edu or kate.stewart@ufl.edu.

Commodities to be distributed

SEBRING – The Salvation Army will distribute commodities from 9 a.m. to noon today. Clients in vehicles with the 2013 commodities cards may use the drop off lane for their distribution. Clients without the cards must go inside to certify for the year. They will receive a new card and the distribution for the month at that time.

For more information, call 385-7546. The Salvation Army is at 3135 Kenilworth Blvd.

Ballroom Dancers host Caladium Kick-off Dance

LAKE PLACID – The Lake Placid Ballroom Dancers will be ushering in the Caladium Festival with a Caladium Kick-off Dance at the Elks Hall in Lake Placid on Saturday. The dance is from 6:30-9 p.m., and will feature the music of Uptown Country. There will be a snack bar provided by the Ladies of the Elks starting at 6 p.m.

Singles are welcome to join in for a social evening of music and friendship. Admission is \$5

for members and \$7 for non-members. Sandy Allen will be signing new members at the door.

The Lake Placid Ballroom Dancers have formed a partnership with the Lake Placid Elks Lodge and will be holding the once-a-month Saturday dances in the main hall of the lodge beginning with the Caladium Kick-Off Dance. The Ladies of the Elks will be offering light meals, desserts and coffee. These dances will be open to the public from 6:30-9 p.m.

Library presents 'Magical Creatures of the Underground Party'

SEBRING – At 1 p.m. Saturday, kids can celebrate mythical creatures of the underground with a costume party at Sebring Public Library. Come as fairies, hobbits, gnomes, elves, trolls, or anything else that lives underground.

There will be face painting, a Gnome scavenger hunt, Troll cakes and root beer. The day will end with a film, "The Spiderwick Chronicles" ©Paramount.

For more information, call 402-6716.

Sebring council gets first budget update

Continued from A1

less than \$200,000, due primarily to new vehicle purchases and upgrades, and the fire department's budget has decreased from last year's actual cost of \$2,406,897 to an estimated \$2,216,691.

"Most of the changes to the budget are small changes," said account Penny Robinson.

Two more budget workshops are scheduled for this month. The current millage rate is set at 4.99, and Eastman stated that the new

millage rate could be set at the July 24 budget workshop.

As a result of the pending sale of a piece of property to the Golden Corral corporation for its upcoming development in the city, council member Scott Stanley made a request that Eastman bring back numbers that millage rate if the property tax income was reduced by \$348,000.

The next budget workshop meeting is scheduled for July 22 at 5:30 p.m.

Deleon: AP water just fine

By CHRISTOPHER TUFFLEY

christopher.tuffley@newssun.com

AVON PARK — A drinking water warning notice was published Wednesday, per state statute.

City Manager Julian Deleon told the News-Sun this is not a boil water notice.

"Every month approximately 30 samples are taken from throughout the city's potable water system," he said.

One sample of the 30 taken in June, tested positive for coliforms — bacteria normally found in the environment and used as an indicator of other, potentially harmful bacteria.

The protocol, said Deleon is to re-test the water sample just downstream of where the positive sample was taken and again just upstream.

"Those (second) samples came back okay," Deleon said. "Everything is good."

"We're attributing procedural error as the most probable reason for the bad reading," he added. "Either one of our staff made a mistake collecting the sample, or a lab technician did while processing the sample. There are no issues with the water. It is safe to drink."

Penn State's Sandusky settlements hit \$60M so far

Associated Press

HARRISBURG, Pa. — A Penn State trustee says the tentative settlements reached by the university so far with men who claim to have been sexually abused by former assistant football coach Jerry Sandusky total about \$60 million.

Trustee Ted Brown told The Associated Press on Thursday that he was unsure of how many claims have been settled and how many remain in negotiations.

The trustees voted Friday to authorize members of a committee to approve settlements, without detailing how many accusers have settled, and how many might be involved.

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Texas educator charged with Fla. online soliciting

ARLINGTON, Texas (AP) — A 54-year-old elementary school principal in North Texas visiting family in Florida has been arrested in an online child sexual predator sting.

Palm Beach County jail records show Stephen Anthony Paulsen was being held Thursday on charges of using a computer to solicit and lure a child, traveling to meet or lure a

child and transmitting harmful information to a minor.

The principal at Morton Elementary School in Arlington resigned after Tuesday's arrest in Boynton Beach

Documents from Boynton Beach police indicate Paulsen began chatting online last week with someone he thought was a boy under age 16.

Obituaries

LACY EVERETT

Lacy Everett, 83, of Avon Park died July 13, 2013. She was born in Sanford, Fla. on Sept. 1, 1929. She was a custodian for the city of Avon Park and attended New Mt. Olive A.M.E. Church.

She is survived by her nephews, James Brown of Avon park, Fla., and Robert Brown of Nashville, Tenn.

Visitation will be from

5-7 p.m. Friday, July 19 at Marion's Community Funeral Chapel. A funeral service will be held at 11 a.m. Saturday, July 20, 2013 at Apostolic Church of Jesus with Bishop Stanley Smith Sr. officiating. Interment will be in Lincoln Gardens Cemetery.

Marion's Community Funeral Chapel, Avon Park is in charge of arrangements.

He is survived by his loving family: wife of 53 years, Connie Merenda; son, Frank Merenda Jr.; daughter, Beth Merenda; son-in-law, Colin Cunningham; sister-in-law, Flo Vitale; cousin, Frank Merenda; sister-in-law, Jean Piccuito; brother, Bob Merenda; sister-in-law, Marie Merenda; and many caring nieces and nephews.

A Memorial Mass will be held at noon on Friday, July 19, 2013, at St. Catherine Catholic Church, Sebring, with Father J. Peter Sheehan officiating. Arrangements have been entrusted to:

Stephenson-Nelson
Funeral Home
Sebring, Fla. 33870
(863) 385-0125

FRANCIS MERENDA

Francis ("Frank") Louis Merenda, age 75, of Sebring, Fla., passed away Saturday, June 29, 2013, in Orlando, Fla. He was born Nov. 20, 1937, to Louis and Elizabeth (Kuloszewski) Merenda in Jenkins Township, Pa. He was a driver and then manager in the trucking and rigging industry; was a veteran of the U.S. Navy and of the Catholic faith. He served as president on the Cormorant Point Homeowner's Association for 12 years and also was an active volunteer at Florida Hospital Heartland Medical Center for many years.



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- ### Index
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1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA
 CASE NO.: 13-DR-938
GILBERTO JARAMILLO-CURIEL
 Petitioner,
 vs.
MARIA DEL CARMEN RAMIREZ
 Respondent.
NOTICE OF ACTION FOR PETITION FOR PATERNITY, TIMESHARING, PARENTING PLAN AND OTHER RELIEF
MARIA DEL CARMEN RAMIREZ
 STATE OF FLORIDA
 YOU ARE NOTIFIED that an action for paternity, timesharing, parenting plan, and other relief has been filed against you, and you are required to serve a copy of your written defenses, if any, to it, on **BRIAN M. MONK, ESQ., SESSUMS LAW GROUP, P.A.**, attorney for petitioner, **GILBERTO JARAMILLO-CURIEL**, whose address is 559 South Commerce Avenue, Sebring, Florida 33870. Said written response should be served on or before the 19th day of August, 2013, and the original must be filed with the Clerk of Court for the Highlands County Courthouse, 430 South Commerce Avenue, Sebring, Florida 33870, either before service on the attorney for the Petitioner, or immediately thereafter. If you fail to do so, a default may be entered against you for the relief demanded in the petition.
 Copies of all Court documents in this case, including Orders, are available at the Clerk of the Circuit Court's office in Highlands County, Florida. You may review these documents upon request.
 You must keep the Clerk of the Circuit Court's office notified of your current address. (You may file Notice of Current Address, Florida Supreme Court Approved Family Law Form 12.915). Future papers in this lawsuit will be mailed to the address on record at the Clerk's office.
WARNING: Rule 12.285, Florida Family Law Rules of Procedure, requires certain automatic disclosure of documents and information. Failure to comply can result in sanctions, including dismissal of striking pleadings.
 DATED on the 15th day of July, 2013.
ROBERT GERMAINE, Clerk of Courts
 by: /s/ as Deputy Clerk
 July 19, 26; August 2, 9, 2013

1050 Legals

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA
 CASE NO.: 2013-CA-000409
 DIVISION:
UNC: 282013CA000409XXCICI
U.S. BANK, N.A., AS TRUSTEE ON BEHALF OF MID-STATE TRUST XI BY GREEN TREE SERVICING LLC, A FOREIGN LIMITED LIABILITY COMPANY AUTHORIZED TO DO BUSINESS IN THE STATE OF FLORIDA AS SERVICER WITH DELEGATED AUTHORITY
 Plaintiff,
 vs.
JESSICA N. VIDAL; RAUL VIDAL; CITIFINANCIAL, INC.;
 Defendant(s).
NOTICE OF ACTION TO THE FOLLOWING DEFENDANT(S):
JESSICA N. VIDAL
486 SERENADE TERR-LAKE PLACID, FL 33852
JESSICA N. VIDAL
489 SERENADE TERR-LAKE PLACID, FL 33852
JESSICA N. VIDAL
2431 NW 104TH TERR-MIAMI, FL 33147
RAUL VIDAL
486 SERENADE TERR-LAKE PLACID, FL 33852
RAUL VIDAL
489 SERENADE TERR-LAKE PLACID, FL 33852
 YOU ARE NOTIFIED that an action to foreclose a mortgage on the following property in HIGHLANDS County, Florida:
 LOT 21 BLOCK 141, SUN N LAKE ESATTES, SECTION 15, ACCORDING TO THE PLAT THEREOF RECORDED IN PLAT BOOK 8, PAGE 84, PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
 HAS BEEN FILED AGAINST YOU AND YOU ARE REQUIRED TO SERVE A COPY OF YOUR WRITTEN DEFENSES, IF ANY, TO IT ON THE ATTORNEY FOR THE PLAINTIFF:
VESCHIO LAW GROUP, LLC
 2001 W. KENNEDY BLVD.
 Tampa, FL 33606
 E-MAIL FOR THIS FILE:
FORECLOSURE@VLGFL.COM
 on or before August 7, 2013, or within 30 days of the first publication of this notice of action, and file the Original with the Clerk of this Court either before service on Plaintiff's attorneys or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the Complaint.
 DATED on July 8, 2013.
Clerk of the Circuit Court, HIGHLANDS COUNTY
430 SOUTH COMMERCE AVENUE
SEBRING, FL 33870-3701
 /s/ Priscilla Michalak
 Deputy Clerk

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA
 CIVIL ACTION
 CASE NO.: 28-2011-CA-000537
 DIVISION:
CAPITAL ONE, N.A.,
 Plaintiff,
 vs.
YOAN GUTIERREZ LOPEZ A/K/A JOAN GUTIERREZ, et al,
 Defendant(s).
NOTICE OF RESCHEDULED FORECLOSURE SALE
 NOTICE IS HEREBY GIVEN pursuant to an Order Rescheduling Foreclosure Sale dated July 8, 2013 and entered in Case No. 28-2011-CA-000537 of the Circuit Court of the Tenth Judicial Circuit in and for HIGHLANDS County, Florida wherein **CAPITAL ONE, N.A.** is the Plaintiff and **YOAN GUTIERREZ LOPEZ A/K/A JOAN GUTIERREZ; SARAY SIFONTE; ANGEL MARTINEZ; THE UNKNOWN SPOUSE OF ANGEL MARTINEZ N/A VIRGEN WALDE; SEBRING RIDGE PROPERTY OWNERS ASSOCIATION, INC.;** are the Defendants. The Clerk of the Court will sell to the highest and best bidder for cash at JURY ASSEMBLY ROOM IN THE BASEMENT OF THE HIGHLANDS COUNTY COURTHOUSE, 430 SOUTH COMMERCE AVENUE at 11:00 AM, on the 28th day of August, 2013, the following described property as set forth in said Final Judgment:
 LOT 10, BLOCK 1, SEBRING RIDGE-SECTION G, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 12, PAGE 28, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
A/K/A 4636 COD AVENUE, SEBRING, FL 33870
 Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis Pendens must file a claim within sixty (60) days after the sale.
WITNESS MY HAND and the seal of the Court on July 8, 2013.
ROBERT W. GERMAINE
 Clerk of the Circuit Court
 By: /s/ Priscilla Michalak
 Deputy Clerk

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA
 CASE NO.: 10000150GCS
HSBC BANK USA, NATIONAL ASSOCIATION,
 AS TRUSTEE, UNDER THE POOLING AND SERVICING AGREEMENT DATED FEBRUARY 1, 2004, FREMONT HOME LOAN TRUST 2004-A, MORTGAGE-BACKED CERTIFICATES, SERIES 2004-A,
 Plaintiff,
 v.
TERESE I. MAYO, UNKNOWN SPOUSE OF MICHAEL DEL POZO; DEAN RAMOS; UNKNOWN SPOUSE OF DEAN RAMOS; UNKNOWN TENANT #1; UNKNOWN TENANT #2,
 Defendant(s).
NOTICE OF SALE
 NOTICE IS HEREBY GIVEN pursuant to an Order on Plaintiff's Motion to Reschedule Foreclosure Sale dated July 8, 2013, entered in Civil Case No. 10000150GCS of the Circuit Court of the Tenth Judicial Circuit in and for Highlands County, Florida, wherein the Clerk of the Circuit Court will sell to the highest bidder for cash on 6th day of August, 2013, at 11:00 a.m. in the Jury Assembly Room, Courthouse Basement, 430 South Commerce Avenue, Sebring, Florida 33870, relative to the following described property as set forth in the Final Judgment, to wit: **LOT 10, BLOCK 1, LAKE AND RANCH CLUB, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 8, PAGE 29, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.**
 Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis Pendens must file a claim within 60 days after the sale.
ATTENTION: PERSONS WITH DISABILITIES
 If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled to no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator, 255 N. Broadway Avenue, Bartow, Florida 33830 Phone: (863) 534-4686, at least 7 days before your scheduled court appearance, or immediately upon receiving this notification if the time before the scheduled appearance is less than 7 days; if you are hearing or voice impaired, call 711.
 Office of the Court Administrator
 FL
 Phone: (863) 534-4686
 TDD: (863) 534-7777
 DATED AT SEBRING, FLORIDA THIS 8th DAY OF JULY, 2013.
 By: /s/ Priscilla Michalak, D.C.
ROBERT W. GERMAINE
 CLERK OF THE CIRCUIT COURT
 HIGHLANDS COUNTY, FLORIDA

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA
 CIVIL ACTION
 CASE NO.: 28 2012 CA 000283
 DIVISION:
SUNTRUST MORTGAGE, INC.,
 Plaintiff,
 vs.
JAMES CONNELLY , et al,
 Defendant(s).
NOTICE OF RESCHEDULED FORECLOSURE SALE
 NOTICE IS HEREBY GIVEN pursuant to an Order Rescheduling Foreclosure Sale dated July 11, 2013 and entered in Case No. 28 2012 CA 000283 of the Circuit Court of the Tenth Judicial Circuit in and for HIGHLANDS County, Florida wherein **SUNTRUST MORTGAGE, INC.** is the Plaintiff and **JAMES CONNELLY; SONDRA CONNELLY; SUNTRUST BANK;** are the Defendants. The Clerk of the Court will sell to the highest and best bidder for cash at JURY ASSEMBLY ROOM IN THE BASEMENT OF THE HIGHLANDS COUNTY COURTHOUSE, 430 SOUTH COMMERCE AVENUE at 11:00 AM, on the 7th day of August, 2013, the following described property as set forth in said Final Judgment:
THE WEST 6.14 FEET OF LOT 19 AND ALL OF LOT 20, IN BLOCK 2, OF LAKEVIEW SUBDIVISION FIRST ADDITION, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 7, PAGE 38, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
TOGETHER WITH: A 1/37TH INTEREST IN AND TO LOT 10, BLOCK 1, OF LAKEVIEW SUBDIVISION, AS PER PLAT THEREOF RECORDED IN PLAT BOOK 4, PAGE 6, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA, AS SET FORTH IN O.R. BOOK 363, PAGE 72, OF THE AFORESAID PLACED RECORDS.
A/K/A 5149 PLACID VIEW DRIVE, LAKE PLACID, FL 33852
 Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis Pendens must file a claim within sixty (60) days after the sale.
WITNESS MY HAND and the seal of the Court on July 15, 2013.
ROBERT W. GERMAINE
 Clerk of the Circuit Court
 By: /s/ Priscilla Michalak
 Deputy Clerk

1050 Legals

IN THE CIRCUIT COURT HIGHLANDS COUNTY, FLORIDA
 PROBATE DIVISION
 FILE NO. PC 13-303
 Division Probate
 IN RE: ESTATE OF
ELLA M. CASSELS,
 Deceased.
NOTICE TO CREDITORS
 The administration of the estate of **ELLA M. CASSELS**, deceased, whose date of death was January 22, 2013, and whose social security number is XXX-XX-4940, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 S. Commerce Avenue, Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.
 All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.
 All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.
 ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH ABOVE, IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.
 NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.
 The date of first publication of this Notice is July 19, 2013.
 Personal Representative:
 /s/ Hazel Cassels
 205 Amy Avenue
 Sebring, FL 33870
 Attorney for Personal Representative:
 /s/ Robert E. Livingston
 Florida Bar No. 0031259
 445 S. Commerce Avenue
 Sebring, Florida 33870
 Telephone: (863) 385-5156
 July 19, 26, 2013

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA PROBATE DIVISION FILE NO. PC 13-242

IN RE: ESTATE OF
DWAYNE SCRIVNOR Division: Probate
 Deceased.

NOTICE TO CREDITORS
 The administration of the estate of **Dwayne Scrivnor**, deceased, whose date of death was March 30, 2013, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 S. Commerce Ave., Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.
 All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.
 All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.
 ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.
 NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.
 The date of first publication of this Notice is July 12, 2013.
 Personal Representative:
 /s/ Susan L. Lucia
 16502 Avenida Florencia
 Poway, California 92064
 Attorney for Personal Representative:
 /s/ Charlotte Stone
 Charlotte C. Stone, Esq.
 Attorney for Susan L. Lucia
 Florida Bar Number: 21297
STONE & WALTER, P.L.C.
 3200 U.S. Hwy 27 S., Suite 307
 Sebring, FL 33870
 Telephone: (863)402-5424
 Fax: (863)402-5425
 E-Mail: Charlotte@Stonelawgroupfl.com
 July 12, 19, 2013

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA PROBATE DIVISION FILE NO. PC 13-249

IN RE: ESTATE OF
BARBARA L. PICKLESIMER
 Deceased.

NOTICE TO CREDITORS
 The administration of the estate of **BARBARA L. PICKLESIMER**, deceased, whose date of death was December 8, 2012, is pending in the Circuit Court for HIGHLANDS County, Florida, Probate Division, the address of which is Clerk of the Court, Highlands County Courthouse, 430 South Commerce Avenue, Sebring, Florida 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.
 All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.
 All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.
 ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.
 NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.
 The date of first publication of this Notice is July 19, 2013.
 Personal Representative:
 Steve Picklesimer
 905 Kerry Drive
 Sebring, Florida 33870
 Attorney for Personal Representative:
 John K. McClure
 Attorney for Steve Picklesimer
 Florida Bar Number: 286958
MCCLURE & LOBOZZO
 211 S. Ridgewood Drive
 Sebring, Florida 33870
 Telephone: (863) 402-1888
 Fax: (863) 402-2436
 E-Mail: jkmpleadings@mlaw.net
 Secondary E-Mail: johnkc@mlaw.net
 July 19, 26, 2013

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION CASE NO. 282011CA000745XXXXXX

WELLS FARGO BANK, N.A., AS TRUSTEE FOR THE CERTIFICATEHOLDERS OF BANC OF AMERICA ALTERNATIVE LOAN TRUST 2006-7, MORTGAGE PASS-THROUGH CERTIFICATES, SERIES 2006-7,
 Plaintiff,
 vs.
MICHAEL E. CROWE A/K/A MICHAEL EUGENE CROWE; DIMITRIOS VASSILAKOPOULOS; et al.,
 Defendants.
NOTICE OF ACTION
DIMITRIOS VASSILAKOPOULOS
 Last Known Address
 4530 Pebble Beach Drive
 Sebring, FL 33872
 Current Residence is Unknown
 YOU ARE NOTIFIED that an action to foreclose a mortgage on the following described property in Highlands County, Florida:
 LOT 5, BLOCK 341, OF SUN 'N LAKES ESTATES OF SEBRING, UNIT 16, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 10, PAGE 4, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
 HAS BEEN FILED AGAINST YOU AND YOU ARE REQUIRED TO SERVE A COPY OF YOUR WRITTEN DEFENSES, IF ANY, TO IT ON **SHD Legal Group P.A.**, Plaintiff's attorneys, whose address is PO BOX 11438 Fort Lauderdale, FL 33339-1438, (954)564-0071, answers@shdlegalgroup.com, within 30 days from first date of publication, and file the original with the Clerk of this Court either before service on Plaintiff's attorneys or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the complaint or petition.
 DATED on July 16, 2013.
ROBERT W. GERMAINE, CLERK
 As Clerk of the Court
 By: /s/ Priscilla Michalak
 As Deputy Clerk

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA PROBATE DIVISION FILE NO. PC 13-192

IN RE: ESTATE OF
MICHAEL D. DRAKE
 Deceased.

NOTICE TO CREDITORS
 The administration of the estate of **MICHAEL D. DRAKE**, deceased, whose date of death was March 10, 2013, is pending in the Circuit Court for HIGHLANDS County, Florida, Probate Division, the address of which is 590 S. Commerce Ave., Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.
 All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.
 All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.
 ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.
 NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.
 The date of first publication of this Notice is July 19, 2013.
 Personal Representative:
 /s/ Linda Toth
 2528 Gresham Street
 Sebring, Florida 33875
 Attorney for Personal Representative:
 /s/ Pamela T. Karison
 Florida Bar Number: 0017957
 301 Dal Hall Boulevard
 Lake Placid, FL 33852
 Telephone: (863)465-5033
 Fax: (863) 465-6022
 E-Mail: pam@karisonlaw.com
 July 19, 26, 2013

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA PROBATE DIVISION FILE NO. PC 13-299

IN RE: ESTATE OF
BARBARA L. PICKLESIMER
 Deceased.

NOTICE TO CREDITORS
 The administration of the estate of **BARBARA L. PICKLESIMER**, deceased, whose date of death was December 8, 2012, is pending in the Circuit Court for HIGHLANDS County, Florida, Probate Division, the address of which is Clerk of the Court, Highlands County Courthouse, 430 South Commerce Avenue, Sebring, Florida 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.
 All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.
 All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.
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 NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.
 The date of first publication of this Notice is July 19, 2013.
 Personal Representative:
 Steve Picklesimer
 905 Kerry Drive
 Sebring, Florida 33870
 Attorney for Personal Representative:
 John K. McClure
 Attorney for Steve Picklesimer
 Florida Bar Number: 286958
MCCLURE & LOBOZZO
 211 S. Ridgewood Drive
 Sebring, Florida 33870
 Telephone: (863) 402-1888
 Fax: (863) 402-2436
 E-Mail: jkmpleadings@mlaw.net
 Secondary E-Mail: johnkc@mlaw.net
 July 19, 26, 2013

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July 12, 19, 26; August 2, 2013

July 19, 26, 2013

July 19, 26, 2013

July 19, 26, 2013

1050 Legals

IN THE CIRCUIT COURT
FOR HIGHLANDS COUNTY, FLORIDA
PROBATE DIVISION
FILE NO. PC 13-214
Division

IN RE: ESTATE OF
GARY JAMES CHAUVENNE
Deceased.

NOTICE TO CREDITORS
The administration of the estate of GARY JAMES CHAUVENNE, deceased, whose date of death was April 5, 2013, is pending in the Circuit Court for HIGHLANDS County, Florida, Probate Division, the address of which is 590 S. Commerce Ave., Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is July 19, 2013.

Personal Representative:
/s/ Robert Chauvenne
10955 Hillboro Rd.
Platte City, Missouri 64079

Attorney for Personal Representative:
/s/ Pamela T. Karlson
Florida Bar Number: 0017957
301 Dal Hall Boulevard
Lake Placid, FL 33852
Telephone: (863)465-5033
Fax: (863) 465-6022
E-Mail: pam@karlsonlaw.com

July 19, 26, 2013

IN THE CIRCUIT COURT
HIGHLANDS COUNTY, FLORIDA
PROBATE DIVISION
FILE NO. PC 13-305
Division Probate

IN RE: ESTATE OF
ERVIN BILSKY,
Deceased.

NOTICE TO CREDITORS
The administration of the estate of ERVIN BILSKY, deceased, whose date of death was May 19, 2013, and whose social security number is XXX-XX-9851, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 S. Commerce Avenue, Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH ABOVE, IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is July 19, 2013.

Personal Representative:
/s/ Kenneth Bilsky
109 Kentucky Avenue
Williamstown, NJ 08094

Attorney for Personal Representative:
/s/ Robert E. Livingston
Florida Bar No. 0031259
445 S. Commerce Avenue
Sebring, Florida 33870
Telephone: (863) 385-5156

July 19, 26, 2013

IN THE CIRCUIT COURT
OF THE TENTH JUDICIAL CIRCUIT
HIGHLANDS COUNTY, FLORIDA
PROBATE DIVISION
FILE NO. PC 13-256

IN RE: ESTATE OF
H. IRENE FOX A/K/A HALINA
IRENE FOX
Deceased.

NOTICE TO CREDITORS
The administration of the estate of H. Irene Fox a/k/a Halina Irene Fox, deceased, whose date of death was May 15, 2013, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 S. Commerce Ave., Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and persons having claims or demands against decedent's estate must file their claim with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT SO FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIOD SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OF MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is July 12, 2013.

Personal Representative:
/s/ Judith I. Will
150 North Anoka Avenue
Avon Park, Florida 33825

Attorney for Personal Representative:
CLIFFORD M. ABLES III, P.A.
551 SOUTH COMMERCE AVE.
SEBRING, Florida 33870
Telephone: (863) 385-0112
Fax: (863) 385-1284
E-mail: cmables@cmablespa.net
Secondary E-Mail: craigb@cmablespa.net
/s/ Brandon S. Craig
Attorney for Judith I. Will
Florida Bar Number: 0085800

July 12, 19, 2013

1100 Announcements

CHECK YOUR AD

Please check your ad on the first day it runs to make sure it is correct. Sometimes instructions over the phone are misunderstood and an error can occur. If this happens to you, please call us the first day your ad appears and we will be happy to fix it as soon as we can.

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1150 **Personals**
BLONDE LADY I Talked with in Walmart in reference to Beautician. Found!

2000 **Employment**

2100 **Help Wanted**

BHF & Co -2 months experience needed- 48 Temporary workers needed in Pontotoc, MS from approximately Aug. 31, 2013 - Nov 3, 2013. Following Supervisors instructions the worker will be clearing ground of rocks sticks & roots by hand. General field & fence maintenance. Preparing the ground for planting. Covering potatoes with use of bedding machine & covering with plastic. Cut slips by hand with knife, place in boxes to load & unload onto trucks. Riding mechanical transplanter and loading slips in planting cups. Manually weeding fields by hand or using hand tools. Diving plants by hand. Use of mechanical digging equipment to dig potatoes. May also harvest potatoes by hand with use of buckets. Must be able to sort, grade & pack potatoes by size, quality or type. Load & unload boxes on trucks or trailers. Clean all hand tools and mechanical equipment (All tools will be provided at no cost to worker) Will also plant, cultivate & harvest purple hull peas. Will also plant, cultivate & harvest watermelons. Work in extreme weather conditions. Must be able to work with minimum supervision. Two months experience needed for hand cutting slips and use of mechanical transplanter & mechanical diggers.. Workers will be paid the highest of \$9.50 per hr or applicable piece rates depending on crop activity, &rac34; guarantee, 35 hrs per week, housing, equipment and transportation provided at no cost to workers who cannot reasonably return to their permanent residence at the end of each work day. Transportation and subsistence expenses to the worksite will be reimbursed upon completion of 50% of the work contract or earlier if appropriate. We participate in the E-Verify program and workers must have valid identification for I-9 preparation when they report to begin work. Apply for this job at the State Workforce/Job Center office in your area, please call for the nearest office in your area MS 662-842-2175, AL 256-259-1835, LA 318-676-7705, FL 863-385-3672, using job order MS 78191.

2100 **Help Wanted**
DAWG HOUSE PET RESORT - Has 2 p/t openings for "Kennel Assistant". Duties include feeding, walking, and general care of our pets. Successful candidate must have reliable transportation, enthusiastic attitude and ability to work with pets. Weekend and holiday hours will be expected. 25-30 hours per week minimum. \$9.00 p/h. Send resume to: finchmichael69@gmail.com

DIRECT SUPPORT PROFESSIONALS wanted for Avon Park Intermediate Care Facility serving disabled adults. HS diploma or 1 year associated experience, valid FL Drivers License and clean criminal background req. Please complete application at www.jobs.thementornetwork.com/florida 863-452-5141

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EXPERIENCE THE JOYS AND REWARDS OF Being A Comfort Keeper. If you have a passion for improving the quality of life for others while helping people live independently and happily in their own homes, you could be a Comfort Keeper! We are now hiring CNA, HHA and Homemaker Companion Positions in the Highlands County area. We offer flexible full-time or part-time hours. Contact us to learn more about how you can develop a rewarding career enriching the lives of others with Comfort Keepers. Apply online today at: http://ck381.ersp.biz/employment 863-385-9100

FLORIDA MENTOR is looking for an Area Director/Administrator for the Avon Park Intermediate Care Facility for the Developmentally Disabled. This 24-bed residential facility serves people with developmental disabilities with medically complex needs in a quiet park like setting. Candidates must have at a minimum a Bachelor's degree in Human Services, 5 years of Managerial experience, 1 year of experience working with people with developmental disabilities and knowledge of ICF/DD regulations is preferred. Florida MENTOR offers full benefits including health insurance, dental, vision, matching 401k, short/long term disability, life insurance and more. Please apply at http://jobs.thementornetwork.com/florida/healthcare-management/job-bid3776067-area-director-jobs EEO/AEE

2100 **Help Wanted**
CUTRALE
FARM SUPERVISOR with exp. & knowledge of running and operations of a Citrus Grove. Send resumes to tdurbin@cutrale.com

LOOKING FOR FEMALE ROOMMATE/BABYSITTER Home is in Florida. For more info call George at 863-261-5097.

LPN F/T 3-11 & PRN P/T Avon Park Intermediate Care Facility serving disabled adults is seeking nurses for all shifts. Casual work environment, benefit package and paid training. Call Melissa or Angelina 863-452-5141

PHYSICAL THERAPY DIRECTOR An opportunity for a strong therapist looking to run a rehab department in Avon Park, Fl.

This position requires a minimum of 1 year of SNF experience and management experience is preferred.

Ideal candidate will have strong interpersonal skills and a desire to grow with this department. Candidate also needs to have an understanding of the rules and regulations of medicare as they pertain to therapy.

If you are interested in this great opportunity, please send resume with salary requirements to hr@rcavonpark.com or apply in person at Royal Care of Avon Park, 1213 W. Stratford Rd., Avon Park, FL 33825 EOE/MF/DFWP

QC MANAGER needed for local precast hollowcore company. Experience with precast, quality control & concrete testing required. PCI Level I&II & ACI Certified REQUIRED. Email resume/salary requirements to jrmachia@spancrete.com, Fax: 863.655.1215

ROYAL CARE OF AVON PARK Is expanding its Rehab Department, With our New Rehab Building due to open in August

CURRENT POSITIONS AVAILABLE

Physical Therapist
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Come and be a part of an experienced and dynamic rehab team. SNF experience a plus! Competitive Salaries, benefits and flexible schedules.

Contact Maria Perez, HR Director (863) 453-6674 EOE/MF/DFWP

SEEKING WELL Exp. Medical office help. Exc. billing/collection, communication, typing, computer skills & medical terminology are a MUST. Fax resume to: 866-593-0635 or email to: medicalofficebilling@yahoo.com

TEACHERS NEEDED for a Christian School in Avon Park Pre-K & Elementary Classes avail. Certified & UN-Certified welcome to apply, F/T. 863-453-8687

3000 **Financial**

4000 **Real Estate**

4040 **Homes For Sale**
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6000 **Rentals**

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SUN-N-LAKES, L.P. 2/2 Duplex 226 Deerwalk Ave. Patio, tile floors, W/D, A/C, sm. dog ok, no cats. \$475 mo. + \$500 sec. Text 954-829-1641/email: tlb2go@aol.com to apply

6200 **Unfurnished Apartments**
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* SUMMER SPECIALS * 1BR & 2BR Avon Park / Lake Placid / Sebring \$375 and Up. Call For More Info 863-243-9191 or 863-244-2577 Or Visit www.mylakeplacid.com

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6300 **Unfurnished Houses**
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7320 **Garage & Yard Sales**
AVON PARK - Multi Family Sale! 2603 W. Rochester Rd. Sat - Sun 8am - ? Plants all sizes, clothes, shoes, weed eaters & much more.

HUGE ESTATE SALE... Saturday Sunday July 20 July 21 Starts at 9:00AM 2120 West Avon Blvd. Avon Park, FL 33825 Everything must go!!

SEBRING - 409 Grand Prix Dr., Sat. July 20, 8am-? Books, Household items, Clothes, Sm. appliances, Yard tools, Electronics. Too Much To List!

SEBRING BIG SALE! Thur. - Sat. 7 - ? No earlier please. 225 Swallow Ave. Bunk beds, household items, clothes & much more.

SEBRING ESTATE SALE
Fri. July 19th & Sat July 20th.

Twin Wicker bedrooms, 4 Curios, oak TV wall unit with fire place, Kitchen set, tables, couch & chair, vintage glassware, Wueen bedroom set,

Wicker patio furniture, patio glider, Danbury mint cars, Angel collection, Dolls, scads of vintage jewelry, lamps, collector plates, quilts. Some coins, Bavarian, Mikasa, Hall.

79 Buick Regal 2dr.
Way too much to list!!

Sale starts @ 8am to 2pm. Friday & Saturday.

4218 Wood Ave.
27 & Hammock Rd. West to left on Lockman across from the Golf Hammock entrance-go to the end then right on Wood Ave. Follow signs!

Sale being conducted by TRANSITIONS NOW LLC

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SEBRING MANY household items including kids toys and clothes, furniture, tools, kitchen items. Everything must go!!! Located at 2019 Clam Drive. Friday and Saturday from 7:30-2:00.

7320 **Garage & Yard Sales**
LAKE PLACID Fri. 7/19 & Sat. 7/20 8-2pm. 620 CR 29 Pier 1 Dining room table, decorator chest, plus additional furn., household items, treadmill, clothing & much more.

SEBRING SAT. 7/20 8 - ?. 319 Swallow Ave. Furn., clothing, misc items & more!

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7520 **Pets & Supplies**
NOTICE

Florida statute 585.195 states that all dogs and cats sold in Florida must be at least eight weeks old, have an official health certificate and proper shots and be free of intestinal and external parasites.

7560 **Medical Supplies & Equipment**
LIFT CHAIR
Tan, very good cond. \$350. Call 863-382-9289

8000 **Recreation**

8400 **Recreational Vehicles**
CAMPING TRAILER, 30' in excellent condition "Kingsport by Gulf Stream 2008. Location: Lake Placid, Fl. For more information call at: 863-840-2311 or 863-840-2209. Price: \$6,000.00

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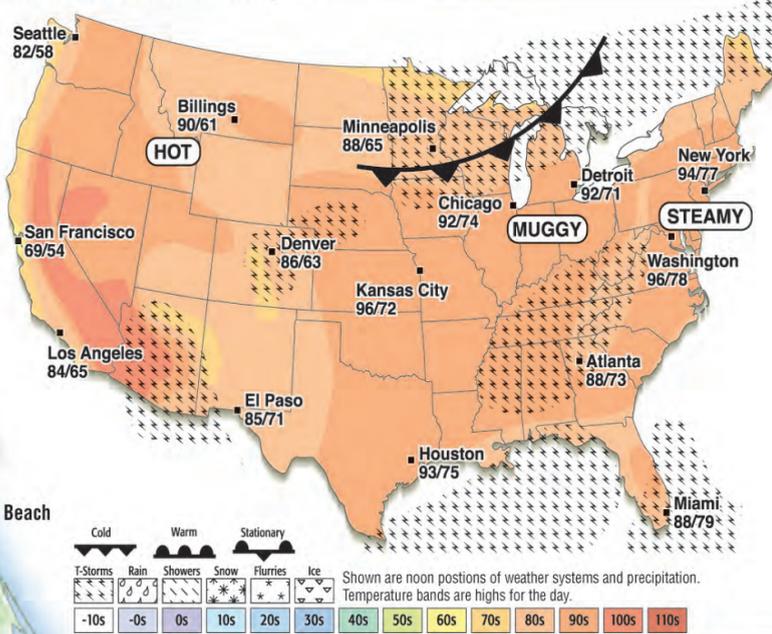
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Five-Day forecast for Highlands County

TODAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
Couple of thunderstorms	A p.m. shower or thunderstorm	A couple of afternoon thunderstorms	A t-storm around in the afternoon	An afternoon thunderstorm possible
90° / 74°	91° / 75°	90° / 75°	92° / 75°	91° / 74°
Winds: S at 6-12 mph	Winds: S at 4-8 mph	Winds: SSE at 3-6 mph	Winds: S at 3-6 mph	Winds: S at 3-6 mph

National Forecast for July 19



Almanac

Temperature
Readings at Archbold Biological Station in Lake Placid

High Sunday	87°
Low Sunday	69°
High Monday	88°
Low Monday	71°
High Tuesday	85°
Low Tuesday	71°
High Wednesday	86°
Low Wednesday	70°

Heat Index
For 3 p.m. today

Relative humidity	58%
Expected air temperature	89°
Makes it feel like	97°

Barometer

Monday	29.99
Tuesday	30.03
Wednesday	29.99

Precipitation

Monday	0.48"
Tuesday	0.14"
Wednesday	0.16"
Month to date	11.35"
Year to date	41.14"

Regional Summary

Intervals of clouds and sun today with a couple of showers and a thunderstorm, mainly later. A thunderstorm in the evening; otherwise, partly cloudy tonight. A shower or thunderstorm tomorrow.

Tides

Readings at St. Petersburg

High	1:24 a.m.
Low	4:02 a.m.
High	10:58 a.m.
Low	7:10 p.m.

Readings at Palm Beach

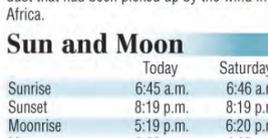
High	5:46 a.m.
Low	11:54 a.m.
High	6:42 p.m.
Low	none

Lake Levels

Readings as of 7 a.m. yesterday

Lake Jackson	78.36'
Lake Okeechobee	15.08'
Normal	14.51'

UV Index Today



Sun and Moon

	Today	Saturday
Sunrise	6:45 a.m.	6:46 a.m.
Sunset	8:19 p.m.	8:19 p.m.
Moonrise	5:19 p.m.	6:20 p.m.
Moonset	3:22 a.m.	4:22 a.m.

Farm Report

A couple of showers and a thunderstorm today, mainly later. Winds south 6-12 mph. Expect 3-6 hours of sunshine with a 60% chance of precipitation and average humidity 70%.

Weather History

Haze replaced the normal blue sky over Florida's east coast on July 19, 1984. Satellite imagery showed that the haze was actually dust that had been picked up by the wind in Africa.

Florida Cities

City	Today	Sat.	Sun.	City	Today	Sat.	Sun.
Cape Coral	89/75/t	88/75/t	89/75/t	Miami	88/79/pc	88/79/t	89/79/t
Clearwater	89/76/t	90/77/t	89/77/t	Okeechobee	88/73/t	87/73/t	87/72/t
Coral Springs	89/78/pc	88/77/t	88/77/t	Orlando	90/74/t	90/74/t	91/75/t
Daytona Beach	89/74/pc	89/73/t	90/74/t	Pembroke Pines	89/78/pc	90/77/t	89/77/t
Ft. Laud. Bch	88/79/pc	88/80/t	87/79/t	St. Augustine	87/73/pc	88/73/t	90/73/t
Fort Myers	90/75/t	89/75/t	89/75/t	St. Petersburg	90/76/t	90/76/t	89/77/t
Gainesville	88/72/t	91/73/t	92/74/t	Sarasota	90/74/t	90/75/t	89/74/t
Hollywood	89/79/pc	89/78/t	89/78/t	Tallahassee	88/72/t	91/72/t	91/73/t
Homestead AFB	87/78/pc	87/77/t	89/78/t	Tampa	89/75/t	90/75/t	89/76/t
Jacksonville	88/72/t	91/72/t	93/73/t	W. Palm Bch	88/78/pc	88/76/t	87/77/t
Key West	89/80/pc	89/82/t	89/82/pc	Winter Haven	88/74/t	90/75/t	90/74/t

Weather (W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice.

National Summary

Powerful thunderstorms will erupt today from Iowa into southern Wisconsin, Michigan and northern New York state into New England. These thunderstorms will be capable of producing damaging winds, large hail and flooding downpours. Showers and thunderstorms will also occur across the Southeast from Florida and Georgia into Alabama and Mississippi. Warm and dry weather will build across Texas, while more showers and thunderstorms blossom over the Southwest from western Texas into southern New Mexico.

U.S. Cities

City	Today	Sat.	Sun.	City	Today	Sat.	Sun.
Albuquerque	86/68/pc	87/67/t	86/69/t	Los Angeles	84/65/pc	84/64/pc	80/64/t
Atlanta	88/73/t	88/73/t	87/73/t	Louisville	92/75/t	91/73/t	88/71/pc
Baltimore	97/75/t	94/72/t	87/68/pc	Memphis	94/76/t	94/76/t	91/76/t
Birmingham	90/72/t	89/73/t	89/72/t	Milwaukee	88/70/t	80/62/pc	74/61/s
Boston	96/76/s	91/72/t	80/63/pc	Minneapolis	88/65/pc	80/60/s	78/63/pc
Charlotte	89/71/t	90/71/t	88/71/t	Nashville	90/74/t	92/74/t	90/73/t
Cheyenne	83/59/t	86/58/pc	89/59/s	New Orleans	89/75/pc	89/77/t	91/77/t
Chicago	92/74/t	85/62/pc	77/62/s	New York City	94/77/t	92/72/t	86/69/pc
Cleveland	90/74/pc	85/64/t	79/63/s	Norfolk	94/77/pc	94/77/pc	89/76/t
Columbus	92/74/pc	88/68/t	85/65/s	Oklahoma City	94/73/s	96/73/pc	93/74/pc
Dallas	96/75/s	97/78/s	97/78/pc	Philadelphia	98/76/t	94/72/t	87/70/pc
Denver	86/63/t	92/62/pc	93/64/s	Phoenix	104/87/t	103/79/t	97/86/t
Detroit	92/71/t	86/62/pc	79/60/s	Pittsburgh	91/71/t	84/66/t	81/60/s
Harrisburg	94/75/t	92/72/t	85/64/pc	Portland, ME	89/71/t	87/65/t	79/55/pc
Honolulu	87/73/s	87/72/s	87/71/s	Portland, OR	87/58/s	85/55/s	83/56/s
Houston	93/75/t	93/75/pc	95/75/t	Raleigh	93/73/t	91/73/pc	89/71/t
Indianapolis	90/73/s	87/66/t	85/68/s	Rochester	91/73/t	84/60/t	74/57/s
Jackson, MS	94/71/t	91/72/t	92/72/t	St. Louis	94/75/s	93/72/t	89/73/pc
Kansas City	96/72/s	89/70/pc	88/71/t	San Francisco	69/54/pc	69/56/pc	69/57/pc
Lexington	92/72/t	88/70/t	84/67/pc	Seattle	82/58/s	81/57/s	79/58/s
Little Rock	98/75/s	96/74/t	93/74/t	Wash., DC	96/78/t	93/76/t	85/74/pc

World Cities

City	Today	Sat.	Sun.	City	Today	Sat.	Sun.
Acapulco	91/78/t	91/77/t	91/77/t	London	82/57/pc	77/59/s	84/64/pc
Athens	82/72/s	92/72/s	93/73/s	Montreal	84/71/t	81/56/t	71/53/s
Beirut	83/73/s	85/75/s	86/74/s	Moscow	73/58/sh	67/54/r	68/53/r
Berlin	81/57/s	78/55/pc	80/59/s	Nice	80/70/r	82/71/pc	84/74/s
Bermuda	85/78/sh	85/79/t	86/79/s	Ottawa	87/67/t	80/55/t	71/51/s
Calgary	77/52/s	76/56/s	79/50/s	Quebec	80/66/t	77/49/t	71/45/s
Dublin	74/61/pc	72/60/pc	71/59/pc	Rio de Janeiro	80/69/s	87/74/pc	89/69/s
Edmonton	73/51/pc	80/57/c	84/54/s	Seoul	84/75/pc	84/75/t	81/75/r
Freeport	87/79/pc	85/80/t	86/80/t	Singapore	86/78/t	88/78/t	88/78/t
Geneva	74/58/t	82/57/t	84/58/s	Sydney	70/48/sh	67/42/sh	61/41/s
Havana	91/73/pc	88/74/t	92/73/s	Toronto	87/68/t	82/59/t	72/57/s
Hong Kong	88/82/t	87/82/t	88/82/t	Vancouver	74/58/s	76/57/pc	74/58/pc
Jerusalem	81/63/s	82/65/s	82/62/s	Vienna	83/65/pc	81/57/pc	79/60/s
Johannesburg	59/42/s	62/38/s	61/40/s	Warsaw	81/54/sh	71/50/pc	70/54/sh
Kiev	75/63/pc	73/53/sh	69/53/pc	Winnipeg	75/46/pc	68/45/s	73/58/pc

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Team Heartland takes Majors title

By DAN HOEHNE

daniel.hoehne@newsun.com

AVON PARK – Better late than never, one might say.

With more summer rains wreaking havoc on the Dixie Majors and Pre-Majors State Tournament schedules, Team Heartland would have to wait nearly 24 hours for their 6-1, title-game win over Spring Hill and be crowned State Champions.

Originally slated to take place at 7 p.m. Tuesday night, a soggy day saw games pushed back aplenty, with a Pre-Majors semifinal contest finally closing out nearly at midnight.

Thus, the Majors semifinal match-up between Spring Hill and Hernando got underway at 9 a.m. Wednesday, with the Pre-Majors title game between East Polk and Chipley slated for 11:30 and the Majors Championship to follow at 2 p.m.

Those first two games got in, with Spring Hill continuing their offensive onslaught with an 11-3 win over Hernando to put them in the Majors finale.

After Hernando had held them scoreless in Saturday's opening contest, Spring Hill saw their bats awaken to the tune of 35 runs in their next

three games, including a 12-1 win over Wahneta and a 12-2 win over Hendry.

And while the Pre-Majors title game finished in a timely manner, with East Polk eking out a 5-4 win over Chipley, Wednesday's afternoon downpour pushed the Majors championship contest back nearly three hours, with the rains halting and the field made playable shortly after 5 p.m.

Heartland**6****Spring Hill****1**

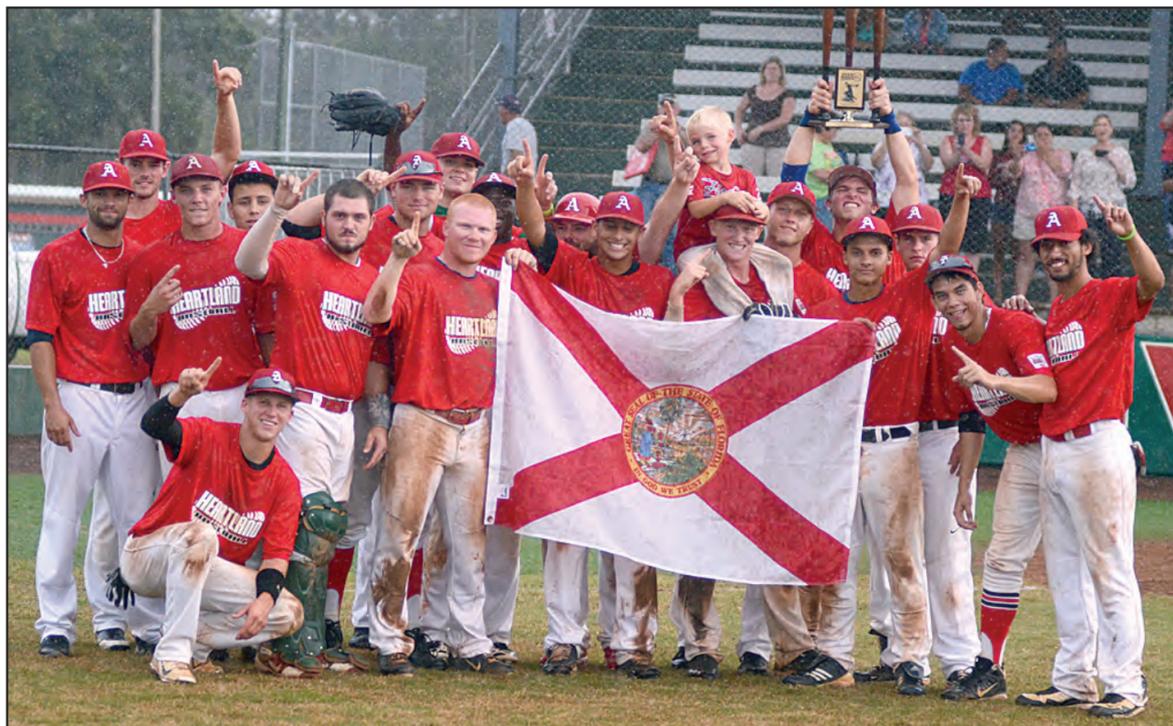
And whether it was the delay that quieted the Spring Hill bats in the climactic game, or a combination of the Heartland pitching and defense, they would find runs hard to come by as the game got under way and progressed.

Clayton Mason got the start and got through a dicey first inning.

After a single to left, two deep fly balls were tracked down by Heartland outfielders, though a hit-by-pitch followed.

But Mason got a grounder to short, where Lane Crosson fielded and flipped to Ricky Miller at second for the inning-ending fielder's choice.

The Heartland offense looked like it might have something going when Seth Abeln lead off the bottom of the first with a single back through the middle and was moved to second on a Josh



With the postgame rain serving as celebratory confetti, the Heartland All-Stars reveled in winning the Dixie Majors State Championship with Wednesday's 6-1 win over Spring Hill.

DAN HOEHNE /News-Sun

Townsend sacrifice bunt.

But Brandon Rhea's liner to center was snared by the Spring Hill pitcher, who caught Abeln in no-man's land and tossed to second to double him off and end the inning.

Mason then cruised through a perfect second, with a pop-out and ground-out sandwiching a knee-buckling curve for a called

third strike.

Team Heartland then snuck their way onto the board when, with one out, Josh Baber drew a walk and gave way to pinch runner Colton Brock.

Josh Gomez followed with a hit-by-pitch to put runners on first and second.

Trey Marley smashed a hard liner to center, though it was caught and didn't allow

the runners to move up.

But they would during Kyle Cunningham's at bat, as two wild pitches moved them to second and third and then to a score and third for a 1-0 lead.

Mason continued to cruise, retiring the side after a two-out walk in the top of the third, and his teammates would add to the lead in the bottom of the frame.

With one out, Abeln doubled on a line-drive to right and came in easily when Townsend rocketed one into the left-center field gap for an RBI triple.

Rhea then lashed a frozen rope to center that was caught, but deep enough to allow Townsend to tag and come in for a 3-0 lead after

See STATE, Page B4



Luis Martinez would not be able to quite reach home on this play at the plate against East Polk Tuesday in Dixie Pre-Majors State Tournament action at Head Field.

DAN HOEHNE/News-Sun

Pre-Majors fall short at State

By DAN HOEHNE

daniel.hoehne@newsun.com

AVON PARK – The goal of a state title came up short for the Team Heartland Pre-Majors squad under dark skies late Tuesday night.

After having stunned heated rival East Polk County in Saturday's opening round, Heartland enjoyed Sunday off and stopped Chipley by a 4-0 score Monday.

East Polk, meanwhile, was bent on revenge and would shut Hernando out, 5-0, in their early Monday game to set up a Tuesday rematch with the host boys in red.

Chippy from the start, Tuesday's contest saw a few instances of things getting a little overheated – on the field, in the stands and during a three-hour rain delay.

But it looked like Heartland again had Polk's number early on, taking a 1-0 lead in the bottom of the first.

Alfred "Red" Brown started it with a walk and Luis Martinez laid down a sacrifice that was mishandled and put runners on second and third.

One out later, Daniel Simons walked to load the

bases and with two outs, Heath Harris singled Brown home, though Martinez was cut down at the plate to retire the side.

Jacob Cram got through a sloppy top of the second with an error, walk and hit batter loading the bases before he would get a swinging strike for the final out with no runs scored.

Laine Daum then lead off the bottom of the second with a double down the left-field line, but would be left stranded.

Polk put runners on the corners in the third, but Cram got a glove on a shot up the middle, deflecting it just enough for Alex Gomez to snare it, step on second and throw to first for a double play.

But after a scoreless bottom of the third, Polk tied it in the top of the fourth.

A walk and single through the left side were followed by a strike out when a sacrifice bunt attempt with two strikes was poked foul.

But the following hitter successfully laid down a bunt, which was then thrown away, allowing the tying run to come around.

Heartland left two more on base in the bottom of the fourth, which was when the rains came and delayed the proceedings.

But when play did resume, Polk took over with three runs in the top of the fifth and five more in the sixth off a flurry of walks, three relievers and a bobbled attempt at a diving catch in the outfield.

Team Heartland scratched for one in the bottom of the sixth on an RBI ground out from Kyle Thompson, but Polk got that back and added another in the top of the seventh for an 11-2 lead.

Needing a huge, last-inning rally to get back into it, Heartland would load the bases with one out, but a ground-out RBI would be all they could muster and the final would stand at 11-3.

Through a quirk in the bracket, with Chipley, Heartland and Polk all now standing with one loss each, Chipley got the bye into the title game, which meant a third match-up between Heartland and Polk.

And so after waiting out the Majors semifinal game,

See DIXIE, Page B3

Summertime Bassin'

Summer became official a few weeks ago, and summertime bassin' is here for the next few months.

Hot, humid days, often becoming threatening with storm clouds by mid-afternoon, offer some of the year's best fishing if you can stand the heat.

Water temperatures are pretty much at or near the highest levels of the year and as a result, the bass are typically either in deep water or heavy vegetation.

Both situations offer exciting opportunities to catch a wallhanger.

With the heat of the day rapidly approaching 90 degrees by noon, summertime is the season to get up early and take advantage of the cooler temperatures the mornings offer.

Typically there's also less chance of rain early,

**Fishin' Around**

Don Norton

as most thunderstorms build during the day and occur anywhere from early to late afternoon.

First light, usually around 6am this time of the year, provides the shallow water angler with many more choices than later in the day.

With low light conditions, bass will move into the shallows to feed and a top water lures like a Zara Spook, Chug Bug or

Devil's Horse can provide some heart-stopping strikes.

Spinnerbaits, buzz baits and frogs can also be good early morning choices, particularly if you are fishing around vegetation or docks.

Slow-rolling the spinnerbaits or buzzing them on the surface work equally well.

With all the rain we've had, look for moving water, typically coming into the lake from small feeder creeks.

Bass will often stage at the mouth of these areas awaiting baitfish, worms, insects and whatever to be pushed along in the moving water.

A great example of this is the mouth of Arbuckle

See BASS, Page B3

LP Aquatics douses Hurricanes

Special to the News-Sun
LAKE PLACID – The Lake Placid Aquatics hosted the final local swim meet for the summer on Saturday, July 13, at the Lake Placid High School pool.

The three teams involved were the Highlands Hurricanes Swim Team (HHST), Lake Placid Aquatics (LPA) and the Hardee Swim Association (HSA).

There were 94 swimmers (HHST 32 swimmers, LPA 39 swimmers, HSA 23 swimmers) competing in the swim meet, ranging in age from 5 to 20.

The Lake Placid Aquatics girl's team won the swim meet with a score of 585 with the Highlands Hurricanes Swim Team



Caroline Dion swimming the 25-yard butterfly.

Courtesy photo

close behind at 578.

The Lake Placid Aquatics boy's team won their side of the swim meet with a score of 456 with the Highlands Hurricanes Swim Team a close second with 440.

The Hurricanes had their fair share of winning events, with multiple swimmers getting at least one win on the day.

Andrew Brown had a whopping four wins in the

Boys Open division, while Griffin Chynoweth had three firsts and a second in the Boys 13-14.

In the Girls Open division, Shannon Cummings had four wins, and Zach Geitner had three in the Boys 11-12.

Robert Swaine and Peyton Ming also earned four first places for the Hurricanes, while Anna

See SWIM, Page B3

THE SCOREBOARD

Major League Baseball

AMERICAN LEAGUE				
East Division				
	W	L	Pct	GB
Boston	58	39	.598	—
Tampa Bay	55	41	.573	2.5
Baltimore	53	43	.552	4.5
New York	51	44	.537	6
Toronto	45	49	.479	11.5
Central Division				
	W	L	Pct	GB
Detroit	52	42	.553	—
Cleveland	51	44	.537	1.5
Kansas City	43	49	.467	8
Minnesota	39	53	.424	12
Chicago	37	55	.402	14
West Division				
	W	L	Pct	GB
Oakland	56	39	.589	—
Texas	54	41	.568	2
Los Angeles	44	49	.473	11
Seattle	43	52	.453	13
Houston	33	61	.351	22.5

Tuesday's Games
AL All-Stars 3, NL All-Stars 0

Wednesday's Games
No games scheduled

Thursday's Games
No games scheduled

Friday's Games
Tampa Bay (Price 3-5) at Toronto (Rogers 3-4), 7:07 p.m.
N.Y. Yankees (Pettitte 7-6) at Boston (Doubront 6-3), 7:10 p.m.
Baltimore (W.Chen 4-3) at Texas (D.Holland 8-4), 8:05 p.m.
Atlanta (Hudson 6-7) at Chicago White Sox (Joh.Danks 2-6), 8:10 p.m.
Cleveland (Kazmir 5-4) at Minnesota (Pelfrey 4-7), 8:10 p.m.
Detroit (Ani.Sanchez 7-6) at Kansas City (E.Santana 5-6), 8:10 p.m.
Seattle (J.Saunders 8-8) at Houston (B.Norris 6-8), 8:10 p.m.
Oakland (Griffin 8-6) at L.A. Angels (Weaver 3-5), 10:05 p.m.

LEAGUE LEADERS

BATTING

	AB	R	H	BA
Cabrera, DET	362	73	132	.365
Trout, LAA	370	65	119	.322
Mauer, MIN	353	50	113	.320
Ortiz, BOS	287	49	91	.317
2 tied at				.316

HOME RUNS

Davis, BAL	37
Cabrera, DET	30
Encarnacion, TOR	25
2 tied at	24

RUNS BATTED IN

Cabrera, DET	95
Davis, BAL	93
Encarnacion, TOR	72
2 tied at	69

SLUGGING PERCENTAGE

Davis, BAL	.717
Cabrera, DET	.674
Ortiz, BOS	.606
Ibanez, SEA	.578
Trout, LAA	.565

ON-BASE PERCENTAGE

Cabrera, DET	.458
Mauer, MIN	.402
Ortiz, BOS	.402
Trout, LAA	.399
Pedroia, BOS	.396

WON-LOST

Scherzer, DET	13-1
Moore, TB	13-3
Tillon, OAK	12-3
Collman, BAL	11-3
Hernandez, SEA	10-4

EARNED RUN AVERAGE

Hernandez, SEA	2.53
Kuroda, NYY	2.65
Colon, OAK	2.70
Lackey, BOS	2.78
Sale, CHW	2.85

STRIKEOUTS

Darvish, TEX	157
Scherzer, DET	152
Hernandez, SEA	140
Masterson, CLE	137
Sale, CHW	131

SAVES

J. Johnson, BAL	33
Nathan, TEX	30
Rivera, NYY	30
Balfour, OAK	25
Reed, CHW	24

NATIONAL LEAGUE

East Division

	W	L	Pct	GB
Atlanta	54	41	.568	—
Washington	48	47	.505	6
Philadelphia	48	48	.500	6.5
New York	41	50	.451	11
Miami	35	58	.376	18

Central Division

	W	L	Pct	GB
St. Louis	57	36	.613	—
Pittsburgh	56	37	.602	1
Cincinnati	53	42	.558	5
Chicago	42	51	.452	15
Milwaukee	38	56	.404	19.5

West Division

	W	L	Pct	GB
Arizona	50	45	.526	—
Los Angeles	47	47	.500	2.5
Colorado	46	50	.479	4.5
San Francisco	43	51	.457	6.5
San Diego	42	54	.438	8.5

Tuesday's Games
AL All-Stars 3, NL All-Stars 0

Wednesday's Games
No games scheduled

Thursday's Games
No games scheduled

Friday's Games
L.A. Dodgers (Nolasco 6-9) at Washington (Strasburg 5-7), 7:05 p.m.
Philadelphia (K.Kendrick 8-6) at N.Y. Mets (Hefner 4-6), 7:10 p.m.
Pittsburgh (Liriano 9-3) at Cincinnati (Leake 8-4), 7:10 p.m.
Atlanta (Hudson 6-7) at Chicago White Sox (Joh.Danks 2-6), 8:10 p.m.
Miami (Ja.Turner 3-1) at Milwaukee (Lohse 5-7), 8:10 p.m.
San Diego (Marquis 9-4) at St. Louis (Westbrook 5-4), 8:15 p.m.
Chicago Cubs (Samardzija 5-9) at Colorado (J.De La Rosa 9-5), 8:40 p.m.
Arizona (Kennedy 3-6) at San Francisco (Gaudin 3-1), 10:15 p.m.

LEAGUE LEADERS

BATTING

	AB	R	H	BA
Molina, STL	323	40	110	.341
Craig, STL	348	50	116	.333
Cuddyer, COL	285	44	94	.330
Segura, MIL	372	54	121	.325
Posey, SF	323	38	105	.325

HOME RUNS

Gonzalez, COL	25
Alvarez, PIT	24
Brown, PHL	23
Goldschmidt, ARI	21
Runs Batted In	21
Goldschmidt, ARI	77

WESTERN CONFERENCE

Central Division

	W	L	T	Pct	PF	PA
Chicago	9	7	0	.563870840		
San Antonio	9	7	0	.563710779		
Iowa	6	10	0	.375741774		

West Division

	W	L	T	Pct	PF	PA
y-Arizona	14	2	0	.8751077758		
x-Spokane	12	4	0	.7501060823		
x-San Jose	12	4	0	.750925772		
Utah	5	11	0	.313793901		

AMERICAN CONFERENCE

South Division

	W	L	T	Pct	PF	PA
y-Jacksonville	10	6	0	.625831790		
Tampa Bay	7	9	0	.438878880		
Orlando	6	10	0	.375832925		
New Orleans	5	11	0	.313742940		

Eastern Division

	W	L	T	Pct	PF	PA
y-Philadelphia	11	5	0	.688959754		
Cleveland	3	13	0	.188736937		
Pittsburgh	3	13	0	.188635916		

AMERICAN CONFERENCE

Friday's Game
San Antonio at Spokane, 10 p.m.

Saturday's Games
Jacksonville at New Orleans, 6 p.m.
Orlando at Cleveland, 7 p.m.
Pittsburgh at Tampa Bay, 7:30 p.m.
Utah at Iowa, 8:05 p.m.
Chicago at Arizona, 9 p.m.
Philadelphia at San Jose, 10:30 p.m.

WESTERN CONFERENCE

Central Division

	W	L	Pct	GB
Atlanta	10	4	.714	—

EASTERN CONFERENCE

	W	L	Pct	GB
Atlanta	10	4	.714	—



LIVE SPORTS ON TV

AUTO RACING SATURDAY

4:30 p.m. Global Rallycross Championship **ESPN**

10 p.m. NHRA – Mopar Mile-High Nationals. . . **ESPN2**

BOXING FRIDAY

10 p.m. Ishe Smith vs. Carlos Molina **SHOW**

10:30 p.m. Olusegun Ajose vs. Hank Lundy. **ESPN2**

CANADIAN FOOTBALL SATURDAY

7 p.m. Montreal at Calgary **ESPN2**

GOLF FRIDAY

2 p.m. LPGA – Marathon Classic **GOLF**

3 p.m. 2013 Open Championship **ESPN**

4 p.m. PGA – Sanderson Farms Championship. **GOLF**

SATURDAY

2 p.m. LPGA – Marathon Classic **GOLF**

3 p.m. American Century Championship **NBC**

3 p.m. 2013 Open Championship **ABC**

4 p.m. PGA – Sanderson Farms Championship. **GOLF**

MAJOR LEAGUE BASEBALL FRIDAY

7 p.m. Tampa Bay at Toronto **SUN**

8:30 p.m. Chicago Cubs at Colorado. **WGN**

SATURDAY

1 p.m. Tampa Bay at Toronto **SUN**

4 p.m. Regional – Atlanta at Chicago White Sox, or **FOX**

8 p.m. Chicago Cubs at Colorado. **WGN**

MEXICAN PREMIERE DIVISION SOCCER FRIDAY

8:25 p.m. Queretaro FC vs. Monarcas Morelia. . . **ESPN2**

NATIONAL PRO FASTPITCH SOFTBALL SATURDAY

2 p.m. USSSA Pride at NY/NJ Comets. **ESPN2**

Times, games, channels all subject to change

Phillips, CIN	74
Craig, STL	74
Brown, PHL	67
Bruce, CIN	66

SLUGGING PERCENTAGE

Gonzalez, COL	.610
Cuddyer, COL	.568
Goldschmidt, ARI	.557
Posey, SF	.536
Brown, PHL	.535

ON-BASE PERCENTAGE

Votto, CIN	.434
Choo, CIN	.425
Wright, NYM	.396
Posey, S-F	.395
Goldschmidt, ARI	.395

WON-LOST

Zimmermann, WAS	12-4
Wainwright, STL	12-5
Corbin, ARI	11-1
Lynn, STL	11-4
Lee, PHL	10-3

EARNED RUN AVERAGE

Kershaw, LAD	1.98
Locke, PIT	2.15
Corbin, ARI	2.35
Harvey, NYM	2.35
Wainwright, STL	2.45

STRIKEOUTS

Harvey, NYM	147
Kershaw, LAD	139
Wainwright, STL	130
Samardzija, CHC	128
Latos, CIN	127

SAVES

Grilli, PIT	29
Mujica, STL	26
Kimble, ATL	26
Soriano, WAS	25

Chicago	10	4	.714	—
Washington	8	7	.533	2.5
New York	6	8	.429	4
Indiana	5	8	.385	4.5
Connecticut	4	9	.308	5.5

WESTERN CONFERENCE

	W	L	Pct	GB
Minnesota	11	3	.786	—
Los Angeles	11	4	.733	.5
Phoenix	8	7	.533	3.5
Seattle	6	9	.400	5.5
San Antonio	4	11	.267	7.5
Tulsa	4	13	.235	8.5

Tuesday's Games
Washington 86, San Antonio 64

Wednesday's Games
Tulsa 86, Seattle 59
Los Angeles 77, Atlanta 73

Thursday's Games
Chicago at New York, late
Phoenix at Los Angeles, late

Friday's Games
Washington at Indiana, 7 p.m.
Minnesota at San Antonio, 8 p.m.
Connecticut at Tulsa, 8 p.m.

Transactions

BASEBALL American League

TEXAS RANGERS—Announced the resignation of president of business operations Rick George to become director of athletics at Colorado.

National League

SAN DIEGO PADRES—Named Mike Dee president and chief executive officer.

South Atlantic League

KANNAPOLIS INTIMIDATORS—Transferred C Angel Rosario to Bristol (Appalachian).

American Association

GARY SOUTHSORE
RAILCATS—Acquired INF Ryan Brockett from Schaumburg (FL) for future considerations.

KANSAS CITY T-BONES—Released INF Kody Hightower.

LAREDO LEMURS—Signed OF Daniel Poma.

Atlantic League

LONG ISLAND DUCKS—Signed C Anthony Armenio.

Can-Am League

QUEBEC CAPITALS—Released OF Marc Bourgeois.

BASKETBALL National Basketball Association

LOS ANGELES LAKERS—Signed G Jordan Farmer.

MILWAUKEE BUCKS—Signed G-F Carlos Delfino and C Zaza Puchulia.

TORONTO RAPTORS—Bought out the contract of C Marcus Camby and place him on waivers. Announced they were using their amnesty provision on F Linas Kleiza.

FOOTBALL National Football League

DALLAS COWBOYS—Waived OT J.B. Shugarts and QB Dalton Williams.

DETROIT LIONS—Released RB Jahvid Best.

TAMPA BAY BUCCANEERS—Signed K Lawrence Tynes.

HOCKEY National Hockey League

CHICAGO BLACKHAWKS—Agreed to terms with F Kyle Beach on a one-year contract.

NASHVILLE PREDATORS—Signed F Rich Clune to a two-year contract.

WNBA

EASTERN CONFERENCE

	W	L	Pct	GB
Atlanta	10	4	.714	—

SHS Swim

SEBRING – Sebring High School will be offering swimming lessons with three more sessions to choose from.

The first two sessions are complete with the third session July 8-July 19 and the fourth from July 22-August 2.

Registrations are being taken at the front office of Sebring High School during the day from 9 a.m.-2 p.m., where office secretaries can sign you up.

Emails can also be sent to catonp@highlands.k12.fl.us.

The Sebring High School pool is currently open Monday through Friday from 6-7:30 p.m. and Saturdays and Sundays from 1-3 p.m.

Additional hours will be added once school is out for the summer.

Cost is \$2 per swimmer, and family passes are available at \$50 for first family member and \$15 for each additional.

Water aerobics are also underway, meeting on Tuesday and Thursday evenings from 6:30-7:30 p.m. at \$2 per class.

Those with a summer pass can take the class for \$1 per.

Sebring Summer Swim Program

The Summer Swim Program will again offer four (4) instructional sessions.

Each will last two weeks and the swim class meets each weekday, Monday through Friday.

The Program will offer eight (8) types of instruction:

Adult Beginner: Adults Only. For the novice-no experience necessary.

Parent and Tot: Water Orientation. Mother/Father must participate with child. (6 months to 2 years of age.)

Level I: Introduction to Water Skills. Students first water orientation without Mother/Father.

Part A--Preschool Aquatics (2-4 years of age)

Part B-School Age (4-5 years of age)

Level II: Fundamental Aquatic Skills. Students do not need Mother/Father in pool. (4-5 years of age.)

Level III: Stroke Development. Students must be comfortable in water.

Level IV: Stroke Improvement. Students must be able to swim 10 yards, do a front dive, and float on their backs.

Level V: Stroke Refinement. Students must be able to swim 50 yards, tread water 30 seconds, and elementary back stroke 25 yards.

Level VI: Part A – Personal Water Safety/Diving Fundamentals. Students must be able to swim 100 yards, tread water for 3 minutes, backstroke 100 yards. Will learn basics of diving.

Part B – Fitness Swimmer/Diving Fundamentals. Students will learn necessary skills to make swimming part of their exercise program. Will learn basics of diving.

There will be a \$50 fee for the two-week session and students will be enrolled on a “first come, first served” basis.

For questions, call 471-5500, ext. 229, or 381-7092 and leave a message for Ms. Pat.

SFSC Sand Camp

AVON PARK –



DAN HOEHNE/News Sun

Kyle Thompson sends this pitch toward the outfield Tuesday as Team Heartland took the first of two losses on the day to East Polk, knocking them out of the Dixie Pre-Majors State Tournament.

Dixie title run ends for Heartland

Continued from B1

the two teams went at it again, stretching it until near midnight, with Polk winning a sloppy slugfest 16-10.

"They were playing aggressive and hard and trying to get us riled up," Simons would later say. "We let them get into our heads. We beat ourselves."

The highlight of the nightcap for Heartland was a grand-slam home run off the bat of Jacob Cram, but it would do little more than

make the final margin a little closer.

"Our pitching just ran out and our defense was not playing at its' best," Cram said. "We started hitting, but if we had played like we can defensively, we would have won."

Ironically, it was the first two teams that Heartland beat in the opening rounds that wound up meeting in the finale, with Polk taking the state title with a 5-4 win over Chipley.

Swim splashes on

Continued from B1

Sapp and Madeline Swaine had three each, Koy McGrath, Leila Henry, Megan Glisson and Clara Simpson all had two wins apiece.

Noah Roth, Hannah Farr and Gabriella Dion each got wins for Highlands.

The Hurricanes also took six relay wins on the day.

Megan Glisson, Brooke Moon, Sophia Kogelschatz and Patti Sapp won the 7-8 Girls 100 Free, Sanhitha Raghuvveera, Megan Bowers, Clara Simpson and Annie Silva won the 13-14 Girls Free and Gabriella Dion, Clara Simpson, Shannon Cummings and Isabel Vargas won the Senior Girls 100 Medley.

For the boys, Garrett Kogelschatz, Max Carlisle, Peyton Ming and Luke Swaine won the Boys 9-10 100 Medley, while the team of Zach Geitner, Peyton Ming, Seth Moon and Gavin Glisson won both the Boys 11-12 100 Free and Medley relays.

Lake Placid Aquatics, obviously, had plenty of winning swims as well.

Catherine Dye had the big day with four wins, with Ryan Hutzenlaub and Logan Million each winning three events.

Braden Million, Brice

Creel and Jackie Edgemon won two swim apiece, and James Baker, Megan Cooper, Chelsea LeBlanc, Chloe LeBlanc, Mason Million and Abigail Shoffner each came away with a win.

Next on the Highlands Hurricanes Swim Team schedule will be Peyton Ming participating at the Florida Age Group Championships, July 18 - 21 at the University of Florida.

He will be competing in the 50- and 100-meter backstroke, the 50-meter butterfly and the 200 Individual Medley in the 10 and under age group.

Andrew Brown will then be competing in the Florida Senior Championships, July 25-28 at the Indian River State College in Ft Pierce.

He will be competing in the 50-meter Freestyle, 100- and 200-meter Breaststroke, 100- and 200-meter Backstroke, and the 200-meter Individual Medley.

The rest of the team will swim in the Area 3/5 Championship Meet, Aug. 2-4 in St Petersburg.

For information on joining the Highlands Hurricanes Swim Team please contact Coach Marvin Wolfe at 863-382-9272.

Sebring says good-bye to State

By LAUREN WELBORN
News-Sun correspondent

It was a long, hard-fought battle indeed but, alas, the Sebring Ozone team was eliminated from the Dixie Youth State Tournament Wednesday night.

In earlier action, Sebring defeated Marianna 4-2 granting them a bye before beating Hardee 15-5 as they made their way through the bracket.

Tuesday night they took on West Seminole, a team with a winning history.

With this reputation, as well as the general ambiance of the State Tournament and adding the fact that both teams were undefeated at the time, the game was just that much more exciting.

Sebring held the lead in the early innings, with a home run from Luis Perez and an RBI

Golf Hammock

Last Monday, July 15, the Mezza Group played Individual Pro-Am Points at Golf Hammock Country Club.

Les Campbell scored 5 and came in first place in A group and Mike Anselm came in second place with plus 1.

In B group Doug Haire had a minus 3 and was in first place in B group with Joe Hynzy in second place at minus 4.

In C group Phil Raymond came in first place at plus 1 and there was a tie for second place between Pat Dell and Earl Bittaker at even.

Jack Stafford scored plus 8 to take first place in D group with Billy Parr in second place at plus 2.

Karl Mellor had a plus 1 that was good for first place in E group and Jerry Patterson in second place with minus 1.

Frank Branca shot a high of plus 9 for first place in F group with Bob Colandrea in second place at plus 6.

Next Monday the Mezza Group will play at Golf Hammock, beginning at 7:45 a.m.

For more information, call Pete at 382-1280.

Lake June West

A Scramble was played on Thursday, July 11, with the trio of Ken Rowen, Larry and Chris Heath getting the win with a 56.

Two shots back with a 58 were Joanne McGill, Margaret Schultz, Don Boulton and Norm Grubbs.



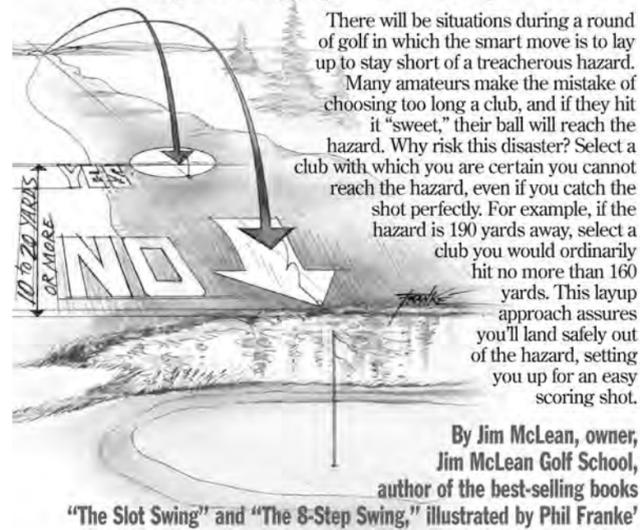
Coming in with a 60 for third place were Dick Denhart, Charlotte Mathew and John and Gloria Huggett.

In measuring out the closest to the pin for the day, Grubbs got to 20-feet, 1-inch from No. 4, John Huggett got to 14-feet, 2-inches from No. 2 and McGill to 13-feet, 4-inches from No. 8.

The Men's League played on Wednesday, July 10, and saw Dick Denhart, Norm Grubbs and Dick Reaney come in with a 44 for the win.

Taking second, with a 48, were Paul Martin, Bill Fowler and Jack Maginnis, while Joe Swartz, Mario Caaletti, Larry Heath

Today's Tip MASTER STROKES Simple Layup For Easy Score



There will be situations during a round of golf in which the smart move is to lay up to stay short of a treacherous hazard. Many amateurs make the mistake of choosing too long a club, and if they hit it "sweet," their ball will reach the hazard. Why risk this disaster? Select a club with which you are certain you cannot reach the hazard, even if you catch the shot perfectly. For example, if the hazard is 190 yards away, select a club you would ordinarily hit no more than 160 yards. This layup approach assures you'll land safely out of the hazard, setting you up for an easy scoring shot.

By Jim McLean, owner, Jim McLean Golf School, author of the best-selling books "The Slot Swing" and "The 8-Step Swing," illustrated by Phil Franke'

and Fred Neer were third with a 49.

Grubbs had all three closest to the pins on the day, getting to 17-feet, 8-inches from No. 2, 18-feet-even from No. 4 and 7-feet, 2-inches from No. 8.

Bass being caught aplenty at area lakes

Continued from B1

Creek where it enters Lake Istokpoga on the north end of the lake.

Nick DeSanta, a Sebring resident and frequent angler on the lake told me the fishing has never been better.

He said he recently caught his largest three fish stringer weighing over 20 pounds.

Other bass fishermen I've spoken with agree, the fishing has been extremely good not only at the mouths of the incoming creeks but literally all over the lake.

The same can be said for many of the area lakes.

Reports from Lake Okeechobee indicate it's been one of the best bass fishing seasons in years, and Lake Walk-in-Water is producing like it did back when the lake was filled with hydrilla.

Summertime bassin'.

The Bass Professor Doug Hannon, who recently passed away, was quoted many times as saying the chances of catching a truly big bass were greatest in the summertime.

Many fishermen challenged this concept since their feeling was bass should weigh the most during spawning season, due to the increase in their weight from carrying a bellyful of eggs, but Hannon said that was not true.

In fact, he went on to say that bass feed the heaviest during the warmer water in summer, and as a result, actually grow longer and gain more weight during this three month period of time than the other nine months of the year combined.

Lake Glenada continues to produce bass in the 6-8 pound range.

Josey Ervin caught a nice 6.13 pounder a couple of days ago, and I managed to



Courtesy photo

Josey Ervin shows off her 6-pound, 13-ounce bass caught on Lake Glenada.

find a fat 5-pounder looking for lunch in the reeds in front of the college.

Smaller bass in the 2-3 pound range have been harder to find this year.

In the past you could always catch a half dozen in the reeds, but not this year.

Most of the fish we're catching are coming out of 8-10 feet of water.

Lake Lotela and Lake Damon are producing good numbers of smaller bass, particularly on a spinnerbait.

I use a HART Spinnerbait that actually has two arms extending off the body with blades and it has proved to be deadly on both lakes.

Last week we held the first Wednesday morning tournament on Lake Jackson.

We didn't have very many boats show up, but the fishing was good and the boys were kind enough to let me and my partner, Burt Watkins of Avon Park win with three bass and a total weight of around 7 pounds.

Our biggest, a nice three-pounder caught near the bridge going into Little Lake

Jackson liked the looks of my Baby Brush Hog and proved to be the biggest fish of the day.

We'll be fishing again this week on Wednesday and I'd like to take the opportunity again to invite you all out to join in the fun.

We start at 7:30 a.m. and end at Noon.

Entry fee is \$20 per boat.

You can fish alone or with a partner but it's a three bass limit per boat and the fish must measure at least 14-inches.

My buddy, Bob Scranton of Avon Park had the opportunity to take his 14-year old grandson on his first saltwater trip last week.

I've wade-fished with Bob many times in Charlotte Harbor and we've always done very well.

On our last trip a few months ago, we limited out on sea trout and redbfish, and caught 5 snook that were just enormous.

Bob caught the biggest, a monster measuring over 40 inches.

Catching these fish on a 9-

foot spinning rod while free-lining a "greenie" is the ultimate battle.

According to Bob, his grandson had a great time, out-fishing grandpa and proving he's got fishing in his genes.

His first fish of the day was a 21-inch trout, which he landed like a pro.

He also caught a 15-inch founder, and when Bob hooked a big snook, he handed his grandson the rod and he had the opportunity to land a whopping 35 inch-er.

Not many 14-year olds can say they had a "Back Country Grand Slam" on their first saltwater trip!

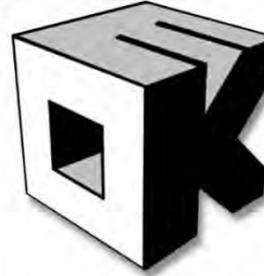
REDS II, my new fishing tackle store is coming along.

I'm still waiting on stock that should begin arriving soon.

I expect to be opening around the beginning of August.

I'll let you know through this column when we're open for business.

Don Norton is a professional tournament bass fisherman, bass fishing guide, and custom rod builder. He lives in the Golf Hammock area of Sebring with his wife Lexie, and is the owner of a custom rod building company appropriately named "The American Fisherman". He will soon be opening REDS II, a fishing tackle store in Sebring, FL. You can reach him at 863-273-4998 or by email at donorton13@gmail.com. Visit his American Fisherman Facebook page or his website at theamericfisherman.com.



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See OZONE, Page B4



DAN HOEHNE/News-Sun

Seth Abeln paced the Heartland offense with a 4-for-4 performance in Wednesday's title-clinching win.

State champs head to World Series in South Carolina

Continued from B1

three. But it looked as though the lead might dissipate in a hurry as Spring Hill loaded the bases with nobody out in the top of the fourth.

Mason and the Heartland defense, however, were up to the task.

A bouncer back to the mound was gloved by Mason and thrown home for the force, and then a hard grounder to short went Crosson to Miller to Marley for an inning-ending double play.

Buoyed by the turn of events, the offense then added three more to the lead.

Abeln lead off the bottom of the fourth with a blast over the wall in left for a solo home run, and Gomez beat out an infield single to start to set the table.

Marley followed with a sacrifice bunt that moved Gomez to second, and then Cunningham surprised the Spring Hill defense with a bunt along the third-base line for a hit that put runners on the corners.

Miller then hit one that looked destined for center field, but a diving stab at short stopped it and turned it into a force at second, though Gomez was able to score.

Looking to catch Miller and end the inning, the Spring Hill reliever saw Miller break a fraction too early and threw over to first.

But with his head down and no hesitation, Miller raced headstrong into second and beat the throw from first.

Which proved key as Abeln then followed with a single to bring Miller home and extend the lead to 6-0.

Mason would run out of gas in the fifth, walking the lead-off hitter and surrendering a single to left, which brought Nate Green on in relief.

But Green lost command of a curve and plunked his first batter to again load the bases with nobody out.

This time, Spring Hill would capitalize, though minimally, with a sacrifice fly to left bringing in their first run of the game.

But Green settled in and got a pop-out to first before striking out the next hitter to get out of it.

Heartland would threaten to build the lead even bigger in each of their next two at bats, loading the bases with two outs in the fifth and put-

ting two on with two outs in the sixth.

Each time they would be held scoreless, but after Green did his job, Crosson came on in the sixth and held Spring Hill scoreless.

By the time the top of the seventh came around, with just three outs needed to clinch the state title, the window of good weather to get this one in without delay was rapidly closing.

Storm clouds were steadily rolling in from the east and the first drops could be felt as Crosson got an opening pop-out to second.

A double into the right-center field gap followed, as the rains started to fall more steadily.

Crosson struck out the next batter but, perhaps with the increasingly wet ball becoming a factor, hit the

next batter to put runners at first and second.

As the intensity of the downpour increased, any more baserunners may have resulted in another delay.

But the final out was soon made on a fly ball to center, giving the Dixie Majors State Championship to the Heartland All-Stars for the second year in a row.

Last year, the team reached the Final Four of the World Series in Laurel, MS, before being edged by Paris, TX, 6-5.

And while they will savor this second straight state title, the team won't have too long to celebrate as they are off again to the Dixie Majors World Series in North Charleston, SC beginning Saturday, July 27, with a first-round match-up against Team Tennessee.

Ozone ousted at State Tourney

Continued from B3

saw themselves on the other end of a mercy rule, moving Hardee to the title game and sending Sebring home.

The policy of Dixie Youth Baseball is to "promote the development of strong charac-

ter, a right attitude, a sense of responsibility, and citizenship in youngsters, using the game of baseball as a vehicle."

While the journey to a State Championship title has ended for Sebring, they can take pride in knowing they have

more than embodied these elements.

Through their season, they have gained more knowledge and experience than ever and will carry on and learn even more as their baseball careers continue.

Heartland's BUSINESS SPOTLIGHT

<p style="text-align: center; font-size: 1.2em;">Your Ad Here!</p> <p style="text-align: center;">Call Terri at 863-386-5628</p>	<div style="text-align: center;"> <p style="font-size: 0.8em;">A boutique for 2 and 4 legged friends!</p> <ul style="list-style-type: none"> • Local retailer of FROMM and Nutri-Source • Pet Art by Local Artists • Spa products, clothing, toys, bedding, home decor items and more! • We now offer Grooming Services! Call for appt. <p style="font-size: 0.7em;">ALL treats and food made in the USA</p> <p style="font-size: 0.6em;">M-F: 10am-5:30pm Sat: 9am-3pm 112 N. Ridgewood Dr. in Historic Downtown Sebring (863) 402-0083</p> </div>	<div style="text-align: center;"> <p style="font-size: 0.8em;">Educational • Art & Party Supplies</p> </div> <p style="font-size: 0.7em;">Diana Elders became the new owner of The Happy Owl at 277 N. Ridgewood Drive in April 2013. The store is an educational resource for both teachers and parents.</p> <p style="font-size: 0.7em;">There is everything for the classroom – bulletin boards, pocket charts, flip charts, educational signs and posters, wall maps, workbooks, play money, math manipulatives, magnifying glasses and magnets, all kinds of puzzles. If they don't have it, they'll order it. The items are not just geared toward the school-aged child, but also toward toddlers. All of the toys are educational, and there is even games for adults.</p> <p style="font-size: 0.7em;">The Happy Owl plans on expanding in the near future to include a Christian gift, apparel and supply store to help meet the needs of churches and folks in their community.</p> <p style="font-size: 0.7em;">A party supply room has already been added where one can find everything needed to decorate a special event – whether it's a birthday, wedding, or funeral.</p> <p style="font-size: 0.7em;">The Happy Owl is open from 12 to 7pm Mon-Fri and 10-3pm on Saturdays. The phone number is 385-4544 and the website address is: happyowlonline.com</p>
<p style="text-align: center; font-size: 1.2em;">Your Ad Here!</p> <p style="text-align: center;">Call Terri at 863-386-5628</p>	<div style="text-align: center;"> <p style="font-size: 0.8em;">Service • Parts • Repairs</p> <p style="font-size: 0.7em;">Parts & Service for Most Brands</p> <p style="font-size: 0.7em;">Xmark STIHL Cub Cadet</p> <p style="font-size: 0.7em;">Is it time for your mower to be serviced?</p> <p style="font-size: 0.7em;">Royce Supply 830 US 27 S. Lake Placid 863-465-2160</p> </div>	<div style="text-align: center;"> <p style="font-size: 0.8em;">Educational • Art & Party Supplies</p> <p style="font-size: 0.7em;">For all your Education & Party Needs!</p> <p style="font-size: 0.7em;">Educational Resources Balloons • Party Supplies Lamination Services Gift Certificates</p> <p style="font-size: 0.6em;">227 N. Ridgewood Dr. NEW STORE HOURS: 863-385-4544 M-F: 12noon-7pm Sat: 10am-3pm</p> </div>

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Healthy Living

Snapshots

Taylor joins Cornerstone Hospice

After a 22-year career in the media, marketing and advertising industry, Angelina "Angi" Taylor believes her new role as clinical liaison for Cornerstone Hospice and Palliative Care will provide reward beyond a paycheck.

"My mother was in Cornerstone Hospice's care for two months and passed away in her home," Taylor said. "My new role enables me to use my professional skills while making a difference in someone else's life just as Cornerstone made such a difference for Mom and our family."

As a clinical liaison in Hardee and Highlands counties, Taylor will foster relationships on behalf of Cornerstone with assisted living facilities and nursing homes. She will educate facility staff, patients and families about the benefits of hospice care for people facing life-limiting illnesses. Taylor's efforts will also extend to civic organizations and community groups.

In addition to her years of professional experience, Taylor is a long-time resident of Highlands County and has been involved in several community and civic organizations. She resides in Sebring with her 14-year-old son and 12-year-old daughter.

Free classes offered

SEBRING – The Florida Department of Health in Highlands County is offering Diabetes Self-Management Education classes as part of its Wellness and Diabetes Education Program. This program serves Highlands County residents of all ages, especially those with diabetes or at risk for developing diabetes. Education is the key to success for diabetes control and for the prevention of complications. These classes are free of charge and provided by Margaret Pierce, RN and Aleyda Oliveros, nutritionist.

Classes in English are scheduled in Sebring from 5:30-8:30 p.m. Aug. 12-14 and from 8:30-11:30 a.m. Aug. 26-28 at the Florida Department of Health in Highlands County, 7205 S. George Blvd., Conference Room A. Enrollment is limited and registration is required.

Contact the Florida Department of Health in Highlands County Wellness and Diabetes Education Program at 382-7294.

Health fair on tap

SEBRING – Comprehensive Homecare plans a community outreach event in the way of a health fair at 12:30 p.m. Tuesday at Groves, behind Sebring Diner, U.S. 27.



Metro

As many as 12 million people may suffer from sleep apnea. Sleep apnea symptoms also may appear during the daytime and include morning headaches, excessive sleepiness, trouble concentrating, memory or learning problems and general moodiness.

Is your drowsiness a sign of danger?

BPT

Despite common misconceptions, anyone — regardless of gender, weight or fitness level — can develop obstructive sleep apnea, a life-threatening condition characterized by episodes of complete or partial airway obstruction during sleep.

As many as 12 million to 18 million American adults have untreated sleep apnea, and the experts at the American Academy of Sleep Medicine are recommending the following steps for diagnosis and treatment to significantly improve overall health, mood and productivity.

Be aware of the risk factors

Your risk of sleep apnea increases between middle and older age and with the amount of excess body weight you carry. In general, men have a greater likelihood of developing the disease. However, menopause is a risk factor for sleep apnea in women. Your risk is also higher if family members have been diagnosed with sleep apnea. Smoking is another significant risk factor, as well as being a detriment to your overall health.

In addition to these more commonly known risk factors, many people don't realize that they're in greater danger of developing sleep apnea if they already suffer from other common diseases.

"Seven in 10 Type 2 diabetics and 30 to 40 percent of adults with hypertension also have obstructive sleep apnea," says Dr. M. Safwan Badr, president of the American Academy of Sleep Medicine. "As a result, patients with these conditions should pay close attention for potential symptoms and then seek necessary

Anyone can develop sleep apnea

treatment."

Watch for symptoms

While the symptom most commonly associated with sleep apnea is snoring, not everyone who snores has the disease. However, when snoring is paired with choking, gasping or pauses in breathing during sleep, it's a more likely indicator of sleep apnea.

Sleep apnea symptoms also may appear during the daytime and include morning headaches, excessive sleepiness, trouble concentrating, memory or learning problems and general moodiness, irritability or depression.

"Sleep apnea can make you wake up in the morning feeling tired, even though you believe you've had a full night of sleep," says Badr. "During the day, you may feel incredibly fatigued because you're actually waking up numerous times throughout the night and your body isn't getting the rest it needs."

Get evaluated and treated

If you suspect that you have the risk factors and symptoms of sleep apnea, it's important that you are evaluated by a board-certified sleep medicine physician right away. Left untreated, sleep apnea may have a serious impact on your overall health, even increasing your risk of death.

The sleep medicine physician will have the training and expertise to diagnose

your condition. He or she will conduct a thorough physical examination and sleep evaluation, asking questions like whether or not symptoms began when you gained weight or stopped exercising — and whether your partner or roommate has complained that you snore or make choking noises in your sleep. If the sleep physician determines that you are at risk for obstructive sleep apnea, then you will be scheduled for a sleep study. Objective sleep testing will provide the data that will enable the sleep physician to make an accurate diagnosis.

Once diagnosed, the recommended treatment for sleep apnea is continuous positive airway pressure (CPAP) therapy, which provides a steady stream of air through a mask to gently keep your airway open throughout the night — making it easier to breathe. In patients with moderate or severe sleep apnea, it's estimated that CPAP therapy reduces the 10-year risk of heart attack by 49 percent and stroke by 31 percent.

"Treating sleep apnea provides all the benefits of improved sleep, including increased alertness during the day and improved memory and cognitive function," says Badr. "Clinical evidence also shows that sleep apnea treatment lowers blood pressure — decreasing your risk of cardiovascular disease — and improves nighttime glucose levels and insulin sensitivity among Type 2 diabetics."

To find a sleep specialist or accredited sleep center in your area, visit www.sleepeducation.com/.

This information is not intended to diagnose, treat or cure your condition.

Methylation problems lead to many diseases

Dear Pharmacist: I met you at a book-signing and you said something that stuck. You told me that if I have allergies, fatigue and multiple chemical sensitivities that I may have a "methylation" difficulty. You also told me not to take green coffee bean extract. Can you please tell me more?



Dear Pharmacist
Suzy Cohen

– S.J., Vail, Colo.

Answer: Methylation, it's a big word that you probably don't think applies to you, however, read on because knowing about methylation could improve or save your life.

Just look at the list of people who might have a methylation problem: Children with autism, anyone with a seizure disorder, neurological condition, Alzheimer's disease, cancer, severe Lyme disease, chronic infections, diabetes, allergies, fertility issues, miscarriages, cardiovascular disease, chronic fatigue, anxiety or any psychiatric illness. That's the short list. Oh, and if you are extremely sensitive to medicine, or to nitrous gas (given by the dentist) you might have a methylation problem too.

You see, as humans, we all have an enzymatic pathway going on in our body at all times called "methylation." It has numerous life-sustaining functions. One of its primary purposes is to convert folate from your meals into glutathione, a potent antioxidant that neutralizes poisons. A problem anywhere along this metabolic pathway spells illness. My concern is that your symptoms are being heavily medicated when it's just a problem of methylation that can be addressed by a physician in-the-know.

Methylation snps (pronounced snips) are genetic problems but it's not always a genetic problem. About 45 percent of people have a genetic issue, but blockages in this pathway can happen if you take certain medications or have certain nutrient deficiencies. Green coffee bean extract is incredibly high in catechols and those

block methylation. Same deal with potatoes (regular or sweet), tea and coffee.

Testing for methylation is often covered by insurance. Because people with a methylation difficulty have trouble eliminating poisons, they build up in the body and that's what causes all the health concerns. Opening up the road block helps clear your body of poisons and that should reduce symptoms.

If you can't methylate properly, you cannot produce CoQ10, carnitine, creatine or ATP (energy). You will also have nerve pain. That's because the methylation process helps make the protective wrapping around your nerves. Some medications are what I call "drug muggers" of nutrients, which are needed for the methylation process. Among them are methotrexate, metformin, antacids, acid blockers, estrogen-containing drugs, and nitrous oxide. Drinking alcohol will pretty much shut down your methylation.

I'm out of space here, so if you'd like more information about testing and supportive supplements, sign up for my free newsletter and I'll send you details.

By the way, some doctors recommend high dose folic acid and vitamin B12 but this is not always helpful, and can, in fact, be harmful. Details will be sent via my newsletter and if you've signed up for it in the past, you don't need to do so again.

Suzy Cohen is a registered pharmacist and the author of 'The 24-Hour Pharmacist' and 'Real Solutions.' For more information, visit www.DearPharmacist.com. This information is not intended to treat, diagnose or cure your condition.

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Religion

Christ Lutheran Church - LCMS

AVON PARK – Pastor Scott McLean will preaching a sermon titled “One Thing Is Necessary.”

The church is at 1320 County Road 64, east of the Avon Park High School past the four-way stop sign. For more information call 471-2663 or search online at christlutheranavonpark.org.

Christian Training Church

SEBRING – Rev. Linda M. Downing will bring the message titled “Second Coming: Part 2” at the Sunday morning service. The Wednesday night Bible study will not meet in July.

Church of Buttonwood Bay

SEBRING – Pastor Cecil Hess will preach Sunday on “Lord, Is it I?”

The service is non-denominational, and open to all. It

meets on U.S. 27, four miles south of Highlands Regional Medical Center. For information, call 382-1737.

Emmanuel United Church of Christ

SEBRING – Rev. George Miller will deliver the sermon, “Saved From Distractions,” on Sunday. He will use scriptures from Luke 10: 38-42.

The church is 1.7 miles west of U.S. 27 on County Road 634 (Hammock Road). Call 471-1999 or visit sebringemmanuelucc.com.

Faith Baptist Church of Lake Placid

LAKE PLACID – Pastor Bill Cole will preach “The Reason for Our Situation” from Romans 1:18-32 continuing in his series “Paul’s Message to the USA”. Sunday evening he will preach “The Products of Doubt and Faith” from John 4:43-52 from his series “The

Church News

Other Gospel”.

The church’s website is at www.faithbaptistchurchLP.com. Call the church office at 465-0060. The church is at 660 Holmes Ave.

Faith Lutheran Church

SEBRING – Guest Pastor Tony Douches will deliver his sermon titled, “Don’t Just Do Something – Sit Here!,” based on Luke 10: 38-42.

Faith Child Development Center is registering for VPK for fall classes; classes run with the Highlands County School Calendar. Parents interested in the VPK program should contact the Early Learning Coalition of Florida’s Heartland at 314-9213 for more information.

A new Bible study class will be starting at 1 p.m. Wednesdays – “Breaking Free: The Journey, The Stories” (Updated Edition). In “Breaking Free,” Beth Moore looks at the Book of

Isaiah through the lives of the kings who ruled during the prophet’s ministry. These kings exemplify many of the obstacles to freedom with which we must deal.

This study is open to all women, regardless of church affiliation. Fellowship and learning are the main focus of the group. This 11-week study started July 17, but it is not too late to join. Call the church or join in the Multi-Purpose Room (class will not be held July 31). Newcomers are always welcome.

First Baptist Church

AVON PARK – The Sunday morning message, “A Former Life,” will be delivered by Rev. Charlie Parish.

The church is at 100 N. Lake Ave. Call 453-6681 or email info@fbcap.net.

First Christian Church - Avon Park

AVON PARK – Sunday afternoon members will have an ice cream social at 4 p.m. Bring ice cream to share, top-

pings, cookies, brownies, etc.

The church has begun a “Pay It Forward” program where members are collecting new and like new items, and will do so for the month of July and August. Donate during weekdays from 9 a.m. until noon. The church is collecting furniture, appliances (large and small), household items and clothing. All items must be either new or like new.

July 31, the Big Red Bus will be at the church for a blood drive from 9 a.m. to noon. Appointment times are available through the church office.

The church is at 1016 W. Camphor St. Call 453-5334 or email firstchristianap@embarq-mail.com/. The church website is www.firstchristianap.com.

First Christian Church (Disciples of Christ)

SEBRING – The pastor will be back in the pulpit

Sunday. His sermon is titled “Is Jesus Calling You to Walk on Water?” from Matthew 14:27-29.

Assisting during the Communion service will be Elders Teresa Williams and Linda Ellis. Deacons for the day are Franny Goff and Chris Baker. Servers are Charles Thomas and Mike Graves. Greeting the congregation will be Robert and Peggy Pluymsers. Acolyte for the day is Britannia White.

The church is at 510 Poinsettia Ave.

First Prebyterian Church of Avon Park

AVON PARK – On Sunday, Pastor Bob Johnson’s sermon is titled “Baptism”, based on Acts 2:36-39.

Special music will be provided by Bob and Maxine Johnson.

The adult Sunday School class has been viewing videos sponsored by Focus

Continued on B7

PLACES TO WORSHIP

Places to Worship is a paid advertisement in the News-Sun that is published Friday and Sunday. To find out more information on how to place a listing in this directory, call the News-Sun at 385-6155, ext. 596.

ANGLICAN

◆ **New Life Anglican Fellowship**, 10 N. Main Ave. (Woman’s Club), Lake Placid, FL 33852. Rev. Susan Rhodes, Deacon in Charge, (863) 243-3191; strhodes1020@yahoo.com. Sunday Worship, 10 a.m. Teaching, Holy Communion, Music, Fellowship, Healing Prayer. “Pastoral and Spiritual”.

ASSEMBLY OF GOD

◆ **Christ Fellowship Church (Assembly of God)**, 2935 New Life Way. Bearing His Name; Preaching His Doctrine; and Awaiting His Coming. “Worshipping God in Spirit and in Truth.” Sunday School, 9 a.m.; Morning Worship, 10 a.m.; Evening Worship, 6 p.m. Wednesday: Worship, 7 p.m. Pastor Eugene Haas. Phone 471-0924.

◆ **First Assembly of God**, 4301 Kenilworth Blvd., Sebring. The Rev. Wilmont McCrary, pastor. Sunday School, 10 a.m.; Morning Worship and KIDS Church, 11 a.m.; Evening Worship, 7 p.m. Wednesday Family Night, (Adult Bible Study), LIFE Youth Group, Royal Rangers, Missionettes, 7:30 p.m. Phone 385-6431.

BAPTIST

◆ **Avon Park Lakes Baptist Church**, 2600 N. Highlands Blvd., Avon Park, FL 33825. George Hall, Pastor. Christ centered and biblically based. Sunday worship services, 8:30 a.m., 11 a.m. and 6 p.m. Nursery facilities are available. Bible studies at 9:45 a.m. Sunday and 7 p.m. Wednesday. Prayer Time 6:30 p.m. on Wednesday. Bible classes at 9:45 a.m. are centered for all ages. Choir practice at 5 p.m. Sunday. Church phone: 452-6556.

◆ **Bethany Baptist Church (GARBC)** We are located at the corner of SR17 and C-17A (truck route) in Avon Park. Join us Sunday morning at 9:00 AM for coffee and doughnuts, followed with Sunday School for all ages at 9:30. Sunday morning worship service begins at 10:30 a.m., and evening worship service is at 6 p.m. On Wednesdays, the Word of Life teen ministry and the Catylist class (20’s+) begin at 6:30 PM. The adult Bible and Prayer Time begins at 7 p.m. For more information go to www.bethanybaptist.com or call the church office at 863-452-1136.

◆ **Faith Missionary Baptist Church**, off State Road 17 North of Sebring at 1708 LaGrange Ave. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 6 p.m. Wednesday Service, 7 p.m. Deaf interpretation available. Ken Lambert, Pastor. Phone 386-5055.

◆ **Fellowship Baptist Church**, 1000 Maxwell St., Avon Park, FL 33825. Sunday: Sunday School, 9:30 a.m.; Morning Worship, 10:45 a.m.; Wednesday: Evening Service, 7 p.m.; Children/Youth, 7 p.m. Telephone: 453-4256. Fax: 453-6986. E-mail: office@apfelship.org; Web site, www.apfellowship.org.

◆ **First Baptist Church of Avon Park**, 100 N. Lake Ave., Avon Park. Rev. Jon Beck, pastor; Charlie Parish, associate pastor/young families; Joy Loomis, music director; Rev. Johnattan Soltero, Hispanic pastor. Sunday – Sunday school, 9:30 a.m.; Worship, 10:45 a.m.; Children’s Church, 10:45 a.m.; Youth, 4:45 p.m.; Evening Worship, 6 p.m. Wednesday – Wednesday Night Supper, 5:15 p.m.; Children’s Choir, 6 p.m.; Youth Activities, 6-7:30 p.m.; Prayer

Meeting/Bible Study, 6 p.m.; Worship Choir Practice, 6 p.m.; Mission Programs for Children, 6:45 p.m. Hispanic Services: Sunday school at 9:30 a.m., worship service at 11 a.m. Wednesday Bible study at 7 p.m. Morning and evening services available at www.fbcap.net. Select Media, select Sermon Library, select Date. Call 453-6681 for details. “In the heart of Avon Park, for the hearts of Avon Park.”

◆ **First Baptist Church of Lake Josephine**, 111 Lake Josephine Drive, Sebring (just off U.S. 27 midway between Sebring and Lake Placid). Your place for family, friends and faith. Sunday morning worship service is 11 a.m. Nursery is provided for both services with Children’s Church at 11 a.m. Life changing Bible Study for all ages starts at 9:45 a.m. Sunday night worship at 6 p.m. Wednesday Bible Study and Prayer meeting at 7 p.m. along with youth worship in the youth facility, and missions training for all children. Call the church at 655-1524.

◆ **First Baptist Church of Lake Placid**, Knowing God’s Heart and Sharing God’s Hope, 119 E. Royal Palm St., Lake Placid, FL 33852 (863) 465-3721, Website: www.fbcpl.com. Email: information@fbcpl.com. Sunday services - Traditional Service 9 a.m., Contemporary Service 10:30 a.m. Link Groups at 9 and 10:30 a.m., Wednesday Activities: Family dinner at 5 p.m. (\$4 per person, reservations required). Prayer meeting, Youth Intersections, and MaxKidz Extreme meet at 6:15 p.m. The church is at 119 E. Royal Palm St., Lake Placid. For information, call 465-3721 or go to www.fbcpl.com.

◆ **First Baptist Church of Lorida** located right on U.S. 98 in Lorida. Sunday School begins at 9:45 a.m. for all ages. Sunday worship services are at 11 a.m. and 6:30 p.m. Preschool care is provided at the 11 a.m. worship service. Wednesday evening Bible Study and Prayer meeting is at 6:30 p.m., followed by adult choir rehearsal. From September the AWANA groups meet. First Lorida is the “Place to discover God’s love.” For more information about the church or the ministries offered, call 655-1878.

◆ **First Baptist Church, Sebring**, 200 E. Center Ave., Sebring, FL 33870. Telephone: 385-5154. Rev. Matthew D. Crawford, senior pastor; Rev. Nuno Norberto, associate pastor, minister of music and senior adults; and Dixie Kreulen, preschool director. Group Bible Studies, 9:15 a.m.; Blended Service, 10:30 a.m.; Mision Buatista Hispana, 2 p.m.; Sunday Evening Worship, 6 p.m. Wednesday night programs at the ROC begin 5:30 p.m., at church begin 6:30 p.m. Preschool and Mother’s Day Out for children age 6 weeks to 5 years old. Call 385-4704. Website www.fbsebring.com

◆ **Florida Avenue Baptist Church**, 401 S. Florida Ave., Avon Park. Mailing address is 710 W. Bell St., Avon Park, FL 33825. Telephone, 453-5339. Rev. John D. Girdley, pastor. Sunday School, 9:45 a.m.; Sunday Worship, 11 a.m.; 11 a.m. Children’s Church; Sunday Evening Worship, 6 p.m. Wednesday night programs for children, youth and adults at 7 p.m.

◆ **Independent Baptist Church**, 5704 County Road 17 South, Sebring, FL 33876. Sunday School, 9:30 a.m. Sunday worship, 10:30 a.m. Sunday evening, 6 p.m. Wednesday service, 7 p.m. Fundamental, soul-winning, mission-minded, King James Bible Church. Larry Ruse, pastor. Phone 655-1899. Bus transportation.

◆ **Leisure Lakes Baptist Church**, 808 Gardenia St., Lake Placid (just off of Miller at the west end of Lake June) “Where the old fashion gospel is preached.” Sunday School begins at 9:30 a.m.; Sunday Worship service at 10:45 a.m.; Sunday Evening Service is at 6 p.m. Wednesday Prayer Meeting and Bible Study at 6 p.m. Call the church at 699-0671 for more information.

◆ **Maranatha Baptist Church (GARBC)**, 35 Maranatha Blvd., Sebring, FL 33870

(A half mile east of Highlands Avenue on Ar buckle Creek Road.) Sunday School, 9 a.m.; Morning Worship, 10:15 a.m.; Evening Service, 6 p.m. Mid-week service, Wednesday, 6 p.m. Daily Prayer and Bible Study, 8 a.m., Hamman Hall. Pastor Gerald Webber and Associate Pastors Don Messenger and Ted Ertle. Phone 382-4301.

◆ **Parkway Free Will Baptist Church**, 3413 Sebring Parkway, Sebring, FL 33870. Welcome to the church where the “Son” always shines. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m.; and Wednesday Evening Worship, 7 p.m. End-of-the-Month-Sing at 6 p.m. on the last Sunday of each month. The Rev. J.S. Scaggs, pastor. Church phone: 382-3552. Home phone: 214-3025. Affiliated with the National Association of Free Will Baptists, Nashville, Tenn.

◆ **Sparta Road Baptist Church, (SBC)** 4400 Sparta Road. Rev. Mark McDowell, Pastor. Sunday school, 9:45 a.m.; Sunday Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m. Wednesday: Prayer/Bible Study, 6 p.m. Nursery provided. For information, call 382-0869.

◆ **Southside Baptist Church (GARBC)**, 379 S. Commerce Ave., Sebring. David C. Altman, Pastor. Sunday School for all ages, 9:30 a.m.; Morning Worship Service, 10:45 a.m.; Evening Worship, 6 p.m. Wednesday: Student ministry, 6:30 p.m.; Awana kindergarten through fifth grade, 6:30 p.m.; Adult Midweek Prayer and Bible Study, 7 p.m. A nursery for under age 3 is available at all services. Provisions for handicapped and hard-of-hearing. Office phone, 385-0752.

◆ **Spring Lake Baptist Church**, “Where the Bible is Always Open.” Pastor Richard Schermerhorn, 7408 Valencia Road; 655-2610. Assistant Pastor Ronald Smith, 386-1610. On U.S. 98 at the Spring Lake Village II entrance. Sunday School, 9:45 a.m. for all ages; Morning Worship, 10:45 a.m.; Sunday Evening Worship, 6 p.m. Wednesday Mid-week Bible Study and Prayer Service, 6:30 p.m. Nursery available for all services.

◆ **Sunridge Baptist Church, (SBC)** 3704 Valerie Blvd. (U.S. 27 and Valerie, across from Florida Hospital), Sebring. Tim Finch, pastor. Sunday School, 9:30 a.m.; Sunday Morning Worship, 10:45 a.m.; and Sunday Evening Service, 6 p.m. Wednesday: Prayer, Bible Study, and Youth, 6:30 p.m. Nursery provided. For information, call 382-3695.

CATHOLIC

◆ **Our Lady of Grace Catholic Church**, 595 E. Main St., Avon Park, 453-4757. Father Nicholas McLoughlin, pastor. Saturday Vigil Mass is 4 p.m. in English and 7 p.m. in Spanish; Sunday mass 8 and 10:30 a.m. in English. Weekday mass at 8 a.m. Confessions are at 3:30 p.m. Saturday. Religious Education Classes (September to May) are 9-10:20 a.m. Sunday for grades K through 5th. Grades 6th through Youth Bible Study are from 6:30-8:30 p.m. Wednesday. Youth Nights grades 9th and up, 6:30-8:30 p.m. Wednesday.

◆ **St. Catherine Catholic Church**, 820 Hickory St., Sebring. Parrish office/ mailing address: 882 Bay St., Sebring, FL 33870, 385-0049, 385-6762 (Spanish); fax, 385-5169; email, office@stcath.com; website, www.stcath.com. School Office/Mailing, Principal Dr. Anna V. Adam, 747 S. Franklin St., Sebring, FL 33870; 385-7300; fax, 385-7310; email school@stcath.com. School office hours 7:30 a.m. to 3:30 p.m. Monday-Friday. Clergy: Very Rev. José González, V.F., fjose@stcath.com or 385-0049; Parochial Vicar, Rev. Victor Caviedes, 385-3993; Assisting Priest (retired), Rev. J. Peter Sheehan; Deacons, Rev. Mr. James R. McGarry and Rev. Mr. Max M. Severe. WEEKEND MASS SCHEDULE: Saturday: - 4 p.m.; Sunday - 8 and 10 a.m., 12 p.m.

(Spanish), 5 p.m. (Holy Family Youth Center), every third Sunday of the month at 2 p.m. (French Mass). Daily Mass: Monday-Friday, 8 a.m. and 12 p.m. Saturday at 9 a.m. Sacrament of Reconciliation: 7:15-7:45 a.m. first Friday, 2:30-3:15 p.m. Saturday and 9-9:45 a.m. Sunday. Office Hours: 8:30 a.m. to 1:30 p.m. Monday-Friday.

◆ **St. James Catholic Church**, 3380 Placidview Drive, Lake Placid, 465-3215. Father Michael J. Cannon. Mass schedule: Summer (May 1 to Oct. 31) - Saturday Vigil, 4 p.m.; Sunday 8 a.m. and 9:30 a.m.; Weekdays, 9 a.m. December thru Easter - Saturday, 4 p.m.; Sunday, 8 a.m., 9:30 a.m. and 11 a.m.; Weekdays 9 a.m.; and Holy Days 8 a.m., 9:30 a.m. and 7 p.m., first Saturday at 9 a.m.

CHRISTIAN

◆ **Cornerstone Christian Church**, (Saxon Hall) 1850 US 27 South, Avon Park, FL 33825. Love Christ - Love People. Bill Raymond, Preaching Minister. Jon Carter, Music Minister. Sunday, 9 a.m. Bible Study; 10 a.m. Worship; Communion available each week. Wednesday, 7 p.m. Home Fellowship Group. For more information call 453-8929 or 449-0203.

◆ **Eastside Christian Church**, 101 Peace Ave., Lake Placid, FL 33852 (two miles east of U.S. 27 on County Road 621), 465-7065. Ray Culpepper, senior pastor. Sunday: Bible classes, 9 a.m.; Worship Celebration with the Lord’s Supper each week 10:15 a.m. Thelma Hall, organist; and Pat Hjort, pianist. Wednesday: Praise and Prayer, 6:30 p.m.; “Building God’s Kingdom for Everyone.” “Jesus Christ, the Way, Truth and Life!” “Alive and Worth the Drive!”

◆ **Sebring Christian Church**, 4514 Hammock Road, Sebring, FL 33872. Tod Schwingel, Preacher; Josh Knabel (812-618-7118), Youth Pastor. Sunday Worship, 9:30 a.m.; Sunday School, 11 a.m.; Sunday Youth Service, 6 p.m.; Evening service at 6:30 p.m. Wednesday night meals, 5:30 p.m. followed by classes at 6:30 p.m. Changing Seasons, a men’s grief support group, meets at 1:30 p.m. Wednesdays. Alzheimers Caregivers Support Group meets at 1 p.m. Thursdays. Office hours, 9 a.m. to 1 p.m. Monday-Friday. Phone 382-6676.

◆ **First Christian Church (Disciples of Christ)**, 510 Poinsettia Avenue, (corner of Poinsettia and Eucalyptus), Sebring, FL 33870. Phone: 385-0358 or 385-3435. The Rev. Ronald Norton, Pastor; Sunday School, 9 a.m.; Praise Breakfast, 10 a.m., Morning Worship, 10:30 a.m.; Children’s Church, 10:30 a.m. Thursday, Praise and Worship, 6:45 p.m. Youth Fellowship, 7:15 p.m.; Midweek Bible Study, 7:15 p.m.

CHRISTIAN & MISSIONARY ALLIANCE

◆ **The Alliance Church of Sebring**, 4451 Sparta Road, Sebring, FL 33875. Call 382-1343. Rev. Steve Hagen, pastor. Sunday services: Sunday School meets at 9:30 a.m.; Sunday Morning Worship Service meets at 10:30 a.m.; Sunday Evening Bible Study meets at 6 p.m. (off site); Wednesday Prayer Gathering meets at 6 p.m.

CHRISTIAN SCIENCE

◆ **Christian Science Church**, 154 N. Franklin St. Sunday: 10:30 a.m. morning worship and Sunday school. Testimonial meetings at 4 p.m. each second and fourth Wednesday. A free public reading room/bookstore, located in the church, is open before and after church services. The Bible and the Christian Science textbook, ‘Science and Health with Key to the

Scriptures’ by Mary Baker Eddy are our only preachers. All are welcome to come and partake of the comfort, guidance, support and healing found in the lesson-sermons.

CHURCH OF BRETHREN

◆ **Church of the Brethren**, 700 S. Pine St., Sebring, FL 33870. Sunday: Church School, 9 a.m.; Morning Worship, 10:15 a.m. Wednesday: Temple Choir, 7:30 p.m. Phone 385-1597.

CHURCH OF CHRIST

◆ **Avon Park Church of Christ**, 200 S. Forest Ave., Avon Park, FL 33825. Minister: Don Smith. Sunday Worship Services, 10:30 a.m. and 6 p.m. Nursery facilities are available at every service. Bible Study: Sunday, 9:30 a.m. and Wednesday, 7 p.m. Bible centered classes for all ages. Church phone: 453-4692.

◆ **Lake Placid Church of Christ**, 1069 Hwy 27 North, Lake Placid, FL 33852. Mailing address is P.O. Box 1440, Lake Placid, FL 33862. Sunday morning worship is at 10 a.m. Sunday evening worship is 6 p.m. Bible class 9 a.m. Sundays and Wednesday evenings at 7 p.m. All are invited to join us. For more information, call the church at 863-465-4636 or visit the website www.thelordsway.com/lake-placidcofc/.

◆ **Sebring Parkway Church of Christ**, 3800 Sebring Parkway, Sebring, FL 33870; 385-7443. Minister: Kevin Patterson. Times of service are: Sunday Bible Class, 9 a.m.; Sunday Worship Service, 10 a.m.; Sunday Evening Service, 6 p.m.; Wednesday Bible Class, 7 p.m.

CHURCH OF GOD

◆ **Church on the Ridge**, Church of God, Anderson, Ind.; 1130 State Road 17 North, Sebring, FL 33870. Worship Service Sunday, 10 a.m.; Bible Study and Prayer, Wednesday, 7 p.m. Pastor Dr. Collet Varner, (863) 382-0773.

CHURCH OF NAZARENE

◆ **First Church of the Nazarene of Avon Park**, P.O. Box 1118., Avon Park, FL 33825-1118. 707 W. Main St. Randall Rupert, Pastor. Sunday: Sunday school begins at 9:45 a.m. for all ages; morning worship at 10:45 a.m.; and evening service at 6 p.m. Wednesday evening service is at 7 p.m. with special services for children and adults. Special services once a month for seniors (Prime Time) and Ladies ministries. If you need any more information, call 453-4851.

◆ **First Church of the Nazarene of Lake Placid**, 512 W. Interlake Blvd., Lake Placid, FL 33852. Sunday school, 9:30 a.m.; Morning worship, 10:45 a.m.; Evening service, 6 p.m. Wednesday evening, 7 p.m. Classes for adult children and youth. Call 465-6916. Pastor Tim Taylor.

CHURCHES OF CHRIST IN CHRISTIAN UNION

◆ **Community Bible Church - Churches of Christ in Christian Union**, (Orange Blossom Conference Center) 1400 C-17A North (truck route), Avon Park. Presenting Jesus Christ as the answer for time and eternity. Sunday morning worship service, 10:30 a.m. Nursery provided. Junior Church activities at same time for K-6 grade. Sunday School Bible hour (all ages), 9:30 a.m. (Transportation available.) Sunday evening praise and worship service, 6 p.m. Wednesday evening prayer service, 7 p.m. Children and youth activities at 7 p.m. Wednesday. Everyone is welcome, please come worship with us. Tom Schwankweiler, Pastor. Phone 453-6052.

Religion

Continued from B6

on the Family. These videos are narrated by Ray Vander Laan, historian and teacher, and are filmed on location. Sunday's video is titled "Into the Desert to Be Tested" and was filmed in En Gedi.

Eilish Mary Sboto, daughter of Matt and Dena Sboto, will be baptized during the morning worship service. A reception will follow worship service in the fellowship hall.

Vacation Bible School will be from 6-8 p.m. Monday-Friday, July 22-26 with the theme "Kingdom Chronicles." Classes are for children in first through sixth grades. Pre-register by going to <http://answersvbs.com/vbs/FPCAP> or call the church to register a child.

The church is at 215 E. Circle St. (with two entrances on Lagrand Street). For questions, call 453-3242 or check the website, avonparkchamber.com, or on the new Avon Park Chamber of Commerce website,

www.avonparkchamber.com. Click on the "Chamber for Good" logo for that page.

First Presbyterian Church - Sebring

SEBRING – Rev. Darrell A. Peer's sermon on Sunday is "Truth or Consequences."

Youth Summer Camp for grades sixth through eighth will be from 8 a.m. to 3 p.m. Monday-Friday, July 22-26. Reid Thayer, director of Christian Education, will be in charge.

The church is at 319 Poinsettia Ave. Call 385-0107 for information.

First United Methodist Church of Sebring

SEBRING – Rev. A.C. Bryant will bring the message "Speak Boldly and Persuade" with scripture reading Acts 19:7-12.

Wednesday potluck begins at 5:45 p.m.

Call the church office for information at 385-5184. The church is downtown at 126 S. Pine St.

Grace Pointe Ministries

SEBRING – Tuesday home Bible study series continues with "Messiah: Shadow To Image." For directions call (863) 658-2534.

Sunday morning worship is a new sermon series, "What Comes After the Anointing". There is a dimension in God that goes beyond what is commonly called "The Anointing". Find out how to live and flow in that dimension.

Visit www.gracepointecog.com-cast.net.

Heartland Christian Church

SEBRING – Pastor Ted Moore's sermon Sunday will be "Shout for Joy" with scripture from Psalm 100:1-5. The service will include a reading by Val Ingler, "My Joy Cannot Squish". Darlene Gardner,

Mary VanHooreweghe, and Flossi Moore will sing "Joy Unspeakable".

Vacation Bible School will be July 29-Aug. 2.

The church is at 2705 Alternate Route 17 South (behind Publix). Call 314-9693.

Memorial United Methodist Church

LAKE PLACID – Senior Pastor Tim Haas a sermon titled "Sitting at His Feet," using Luke 10:38-42.

The church is behind the Tower at 500 Kent Ave.

Parkway Free Will Baptist Church

SEBRING – The Sunday morning Bible lesson, "Fasting and Praying," is taken from Ezra 8. Pastor Jim Scaggs will bring the worship services.

Parkway Free Will Baptist Church is at 3413 Sebring Parkway. Call 382-3552 for information.

Sebring Church of the Brethren SEBRING – Pastor Dave Smalley will preach from Luke 10: 38-42 on Sunday. The title of his sermon will be "Importance of Friendship."

Wendell Bohrer will teach Sunday school on "Christ as Servant," looking at scripture of John 13: 1-20.

For information, call 385-1597.

Spring Lake United Methodist Church

SEBRING – The pastor's sermon on Sunday will be "Honor Parents – No Murder or Adultery."

The church meets at 8170 Cozumel Lane.

St. John United Methodist Church

SEBRING – On Sunday, the Rev. Ronald De Genaro's message will be "What Distracts You?" Biblical reference is from Luke 10:38-42.

PLACES TO WORSHIP

EPISCOPAL

♦ **St. Agnes Episcopal Church**, 3840 Lakeview Drive, Sebring, FL 33870. Sunday Services: Holy Eucharist Rite I - 7:45 a.m., Holy Eucharist Rite II - 10 a.m. Midweek service on Wednesday at 6 p.m. Sunday School for all ages at 9 a.m. The nursery is open 8:45 a.m. until 15 minutes after the 10 a.m. service ends. Wednesday: Adult Bible study, 9:30 a.m. Visitors are always welcome. Church office 385-7649, for more information. ♦ **St. Francis of Assisi Anglican Episcopal Church**, 43 Lake June Road, Lake Placid, FL 33852. Phone: 465-0051. Rev. Elizabeth L. Nelson, Rector. Summer Sunday schedule, 9 a.m. and 6 p.m., June 2-Sept. 1, 10 a.m. Bible study, 6 p.m. Wednesday: Holy Communion with healing service, 9 a.m. Thursday: St. Francis Thrift Shop, 9 a.m.-4 p.m. Monday-Friday, and 10 a.m.-4 p.m. Saturday. (863) 840-3715.

EVANGELICAL FREE CHURCH OF AMERICA

♦ **The Church of the Way EFCA**, 1005 N. Ridgewood Drive, Sebring. Sunday school and worship service at 9 a.m. and 10:30 a.m. Youth activities, 6:30 p.m. Wednesdays. The Way is a church family who gathers for contemporary worship, teaching of God's Word, prayer and fellowship. Come early and stay after for fellowship time. Child care and children's church are provided. Reinhold Buxbaum is pastor. The Way – A place for you. Office Phone: 471-6140, Church Cell Phone: 273-3674. Email: thewaychurch@hotmail.com. Web site: www.TheWayChurch.org

GRACE BRETHREN

♦ **Grace Brethren Church**, 3626 Thunderbird Road, (863) 835-0869. Dr. Randall Smith, senior pastor. Sunday services at 9 a.m., 10:45 a.m. and 6 p.m.; Wednesday services at 7 p.m. We offer "Kid City" Children's Ministry throughout all services, and there are various other classes for teens, married couples, "primitimers," and Bible studies in Spanish. "Kid City" Day Care, Preschool and After-School Monday-Friday: 7 a.m.-6 p.m. (For registration call: 385-3111). Check us out on the Web at www.sebringrace.org.

INDEPENDENT

♦ **First Christian Church**, 1016 W. Camphor St., Avon Park, FL 33825; (863) 453-5334; on the Web at www.firstchristianap.com. Our motto is "Jesus is First at First Christian Church." Greg Ratliff, Senior Minister; Bible School 9 a.m.; Worship 10 a.m.; Wednesday studies for all ages, 6 p.m. Nursery provided for all events.

INTERDENOMINATIONAL

♦ **World Harvest and Restoration Ministries**, (non-denominational) 2200 N. Avon Blvd., Avon Park, FL 33825. Phone: 452-9777 or 453-3771. Sunday service: Sunday School, 10 a.m. and worship, 11 a.m. Wednesday services: 7 p.m. prayer meeting/Bible study. Pastor: W.H. Rogers.

LUTHERAN

♦ **Atonement Lutheran Church (ELCA)**, 1178 S.E. Lakeview Drive., Sebring. David Thoresen, Deacon, Spiritual Leader, on first, third and fifth Sunday each month, and Rev. Jefferson Cox on the second and fourth Sunday of each month. Jim Helwig, organist/choir director. Worship service at 9:30 a.m.; Holy Eucharist is every Sunday. Coffee hour on the first and third Sunday of each month. Council meeting on the first Tuesday of month; Ladies Group WELCA meets at noon second Tuesday of month with lunch. Bring a dish to pass. Labyrinth Prayer Garden open seven days a week to congregation and community. Come grow with us. Phone 385-0797. ♦ **Christ Lutheran Church Avon Park** –

LCMS, 1320 County Road 64, 1/2 mile east of Avon Park High School past the four-way stop sign. Sunday Divine Worship is at 10 a.m. Holy Communion is celebrated every week with traditional Lutheran Liturgy, hymns and songs of praise. Fellowship time with coffee and refreshments follows worship. Come worship and fellowship with us. For information call Pastor Scott McLean at (863) 471-2663 or see christlutheranavonpark.org. ♦ **Faith Lutheran Church – LCMS**, 2740 Lakeview Dr, Sebring Church phone: 385-7848 Faith Child Development Center: 385-3232. Summer Sunday Worship Service: 10 a.m. Communion served 1st, 3rd & 5th Sunday. Sunday School & Bible Classes: 9:00 a.m. Worship Svc. Broadcast at 10 a.m. on WITS 1340AM each Sunday. Educational opportunities include weekly adult Bible studies, Faith's Closet Thrift Store (385-2782) is open from 10 a.m.-2 p.m. Tuesday-Friday and 10 a.m.-1 p.m. Saturday. All are warmly welcome in the Family of Faith.

♦ **Good Shepherd Lutheran Church (AALC) American Association of Lutheran Churches**, 3240 Grand Prix Drive, Sebring, FL 33872. James Weed, pastor. Worship Service, 10:30 a.m. Sunday. Bible Study, 9 a.m. Nursery provided. Social activities: Choir, Missions, Evangelism. Phone 385-2346.

♦ **New Life Evangelical Lutheran Church**, 3725 Hammock Road, a Congregation of the Evangelical Lutheran Synod (ELS) in fellowship with the Wisconsin Evangelical Lutheran Synod (WELS). Sunday Worship at 10 a.m.; Bible Study, 9 a.m. For more information, call Pastor Luke Willitz at 385-2293 or visit the Web site at www.newlifesebring.com.

♦ **Resurrection Lutheran Church - ELCA**, 324 E. Main St., at Memorial Drive, Avon Park. Pastor Rev. John C. Grodzinski. Sunday worship at 8 and 10:30 a.m.; Sunday School at 9:15 a.m. Fragrance Free Service Wednesdays at 7 p.m. Open Communion celebrated at all services. "God's Work, Our Hands."

♦ **Trinity Lutheran Church - LCMS**, 25 Lakeview St., Lake Placid, FL 33852; 465-5253. The Rev. Richard A. Norris, pastor; Susan C. Norris, Trinity Tots Pre-School director; and Noel Johnson, minister of youth and family life. Worship schedule after Easter through December: Worship service 10 a.m., and Education Hour, 8:45 a.m. Worship schedule for January through Easter: Worship service, 8:30 and 11 a.m., Education Hour 9:45 a.m. Traditional Service with Holy Communion each first and third Sunday. Non-Traditional Service each second, fourth and fifth Sunday. Seasonal mid-week services Wednesday evenings during Lent and Advent. Call church office for additional Worship times and special holiday services. Other activities and groups include: Choirs; Ladies Guild and LWML; Men's Fellowship Group, Small Group Bible Studies as scheduled; Trinity Tots Pre-school, Youth Group activities (call for meeting times and dates). Visit us online at: www.Trinitylutheranlp.com.

NON-DENOMINATIONAL

♦ **Bible Fellowship Church**, 3750 Hammock Road, Sebring, FL 33872. Sunday: American Sign Language: First Worship sermon, songs signed first and second Worship services. First Worship service, 9 a.m.; Second Worship service, 10:45 a.m. Nursery (up to 2 years old) and Sunday school classes both hours. BFC Youth, 6 p.m.; Evening Service, 6 p.m. Wednesday: Children, ages 4 yrs through 5th grade, 6 p.m.; Youth, 6-7:30 p.m.; Prayer time, 6:15 p.m. Todd Patterson, pastor; Andy McQuaid, associate pastor. Web site www.bfcsebring.com. Church office 385-1024.

♦ **Calvary Church**, 1825 Hammock Road, Sebring, FL 33872; 386-4900. An independent community church. Sunday morning worship, 10 a.m.; Bible study, 11:15 a.m.; Sunday evening service, 6 p.m. Pastor Lester Osbeck. A small friendly church waiting for your visit.

♦ **Christian Training Ministries Inc.**, on Sebring Parkway. Enter off County Road 17 on Simpson Avenue. Sunday service is at 10 a.m.; Wednesday Bible study at 7

p.m. A nursery and children's church are provided. The church is part of Christian International Ministries Network, a full gospel, non-denominational ministry. Linda M. Downing, minister, lindadowning@live.com. Casey L. Downing, associate minister, caseydowning@hotmail.com. Church phone: 314-0482. Web site: www.ctmforme.com.

♦ **Crossroads of Life**, 148 E. Interlake Blvd., Lake Placid, FL 33852; Tel. 863-655-9163. The place of your Divine appointment. We expect our supernatural God to transform our lives through His power and grace. Come, learn of His plan and destiny for you. With His plan we receive His provision along with His perfect timing and opportunity. What you have longed for, but have been missing, can now be received. The direction you have been thirsty for will suddenly quench your parched soul. Come to experience what you have been missing for so long – empowerment in every area of life. We teach, train and send forth to win souls. You don't speak English – no problema. We have a Spanish interpreter. We look forward to fellowship and worship with you at 7 p.m. every Wednesday. Pastors Gil and Rosa Benton (Faith Never Fails).

♦ **Grace Bible Church**, 4541 Thunderbird Road, (second church on left) Sebring, FL 33872. Phone, 382-1085. Dustin Woods, lead pastor. Saturday Worship, 6:30 p.m. Sunday, 9 and 11 a.m. Tuesday 6 p.m. Grace Bible Academy Adult Investigating Truth; first and third Tuesday, Prayer Gathering, 7:15 p.m.; Wednesday, Children's & Youth Programs, 6 p.m.; Wednesday, 8:30 p.m., College Ministry. www.GBCconnected.org.

♦ **Faith Center West Ministry**, "Restoring Lives, Families & Communities." In the Banyan Plaza at 2349 U.S. 27 South, Sebring, FL 33870. Pastors Leroy and JoAnn Taylor the public to worship on Sundays at 11 a.m. for Praise & Worship and on Wednesdays at 7 p.m. for Bible study and prayer. Children classes are available for all services. Ministries for youth, men and women are held throughout the month. Please attend these Spirit-filled services. "Moving Forward in Unity". Church office, 385-1800 or 655-2748.

♦ **Highlands Community Church**, a casual contemporary church, meets at 3005 New Life Way. Coffee at 9:30 a.m.; Worship at 10 a.m. Nursery and Kid's World classes. Small groups meet throughout the week. Church phone is 402-1684; Pastor Bruce A. Linhart. ♦ **New Beginnings Church of Sebring**, meeting at The Morris Chapel, 307 S. Commerce Ave., Sebring, FL 33870. Pastor Gary Kindel. Bible study every Sunday, 9 a.m. Blended Church Service, 10:15 a.m. Phone (863) 835-2405. newbeginningschurchofsebring.com Begin your week with us.

♦ **The Lord's Sentinel Fellowship Church**, 148 E. Interlake Blvd., Lake Placid (at Lake Placid Christian School), Pastor Juanita Folsom. Sunday morning service, 10:30 a.m.; Monday, Sentinel School of Theology, 7 p.m.; Church service, Tuesday, 7 p.m. More information at www.juanitafolsomministries.com.

♦ **Union Church**, 106 N. Butler Ave., Avon Park, FL 33825. Contemporary worship service is at 6:30 p.m. Saturday with Pastor Tiger Gullett. Sunday traditional worship service is at 7:45 a.m. and 9 a.m. Contemporary Sunday worship service is at 10:45 a.m. Nursery and children's church on Saturday nightes and 9 and 10:45 a.m. Sundays. Breakfast and lunch menus at Solid Grounds. Senior Pastor is Bill Breylinger. Office: 453-3345. Web page at www.weareunion.org.

♦ **Unity Life Enrichment Centre**, new location, 10417 Orange Blossom Blvd. S., Sebring, FL 33875; 471-1122; e-mail unity@vistanet.net. Web site, www.unity-ofsebring.org. 10:30 a.m. Sunday Celebration Service, Nursery and Children's Church. Weekly Classes, Christian Bookstore and Cafe, Prayer Ministry, Life Enrichment Groups. Rev. Andrew C. Conyer, senior minister transforming lives from ordinary to extraordinary.

PRESBYTERIAN

♦ **Covenant Presbyterian Church (PCA)**,

4500 Sun 'N Lake Blvd., Sebring, 33872-2113. Pastor Tom Schneider. A Congregation of the Presbyterian Church in America. Sunday morning worship: Traditional service, 10:30 a.m.; Sunday school, 9:15 a.m. Wednesday evening Prayer Meeting, 6 p.m.; Children's/Youth Group, 5:30-7 p.m.; choir practice, 7:15 p.m. Phone: 385-3234; Fax: 385-2759; e-mail: covpres@strato.net; Web site: www.cpc-sebring.org. Office hours: 8:30-12:30 a.m. Monday-Friday.

♦ **First Presbyterian Church ARP**, 215 E. Circle St., (two entrances on LaGrande), Avon Park, FL 33825. Phone: 453-3242. The Rev. Robert Johnson is the pastor. Sunday School, 9:15 a.m.; Sunday Worship, 10:45 a.m.; Wednesday Bible study, 10:30 a.m.; Potluck dinner, 6 p.m. third Wednesday; choir practice, 6:30 p.m. each Wednesday; Mary Circle business meeting, 1 p.m. second Wednesday; Sarah Circle business meeting, 4 p.m. second Thursday; Women's Ministries Combined Bible study, 4 p.m. third Thursday. Be a part of a warm, caring church family with traditional services, following biblical truth.

♦ **First Presbyterian Church, ARP**, 319 Poinsettia Ave., Sebring, FL 33870. 385-0107. Email: faith@strato.net, Rev. Darrell A. Peer, pastor. Sunday School, all ages, 9:30 a.m.; Worship Service, 11 a.m. Youth Group (middle school and high school age), 3:30-6:30 p.m. Tuesdays. Wednesday: Adult Bible Study, 10:30 a.m. Nursery available during worship. Call the church office for more information and other classes.

♦ **First Presbyterian Church, ARP**, www.fjcp.com, 117 N. Oak Ave., Lake Placid, 465-2742. The Rev. Ray Cameron, senior pastor; the Rev. Drew Severance, associate pastor. Sunday Traditional Worship, 9 a.m.; Contemporary Worship, 11 a.m.; Sunday School, 10:10 a.m. Wednesday evenings: Adult small group Bible Study 7 p.m. (Nursery available), Youth Group – 6-12th grades) 7 p.m., nursery and children's ministry, 7 p.m. Family Biblical Counseling available by appointment.

♦ **Spring Lake Presbyterian Church (USA)**, 5887 U.S. 98, Sebring, FL 33876. Sunday School, 9 a.m.; Worship Service, 10 a.m. Session meets at 6:30 p.m. the second Thursday of the month, September through June. Board of Deacon's meet at 5:30 p.m. first Monday of the month. Choir rehearses at 7 p.m. each Wednesday, September through April. Presbyterian Women meet at 10 a.m. the third Thursday of the month. Organist: Richard Wedg. Choir Director: Suzan Wedg. Church phone, 655-0713; e-mail, springlakepc@embarqmail.com, Web site, <http://slpc.embarqspace.com>.

SEVENTH-DAY ADVENTIST

♦ **Avon Park Seventh-day Adventist Church**, 1410 West Avon Blvd., Avon Park. Phone: 453-6641 or e-mail: avon-parksda@embarqmail.com, Sabbath School, 9:30 a.m. Saturday. Church Service 10:45 a.m. Saturday. Wednesday prayer meeting 7 p.m. Community Service hours on Tuesday and Thursday is from 9:00 a.m. till 2 p.m. A sale takes place the first Sunday of each month. Senior Pastor Frank Gonzalez. Walker Memorial Academy Christian School offering education for kindergarten through 12th grades. ALL ARE WELCOME. Associate Pastor is Ryan Amos. Website is www.discoverjesus.org.

♦ **Sebring Seventh-Day Adventist Church**, 2106 N. State Road 17, Sebring; 385-2438. Worship Services: 9:15 a.m. Worship hour, 11 a.m. Prayer meeting, Tuesday, 7:15 p.m. Community service: every Monday 9-11 a.m. Health Seminar with Dr. Seralde, every Friday, 10:00 a.m. Pastor Nathan Madrid.

THE CHURCH OF LATTER DAY SAINTS

♦ **The Church of Jesus Christ of Latter Day Saints**, 3235 Grand Prix Dr., Sebring, FL 33872; (863) 382-9092 Steve Austin, Bishop; Mark Swift, 1st Counselor; Del

Murphy, 2nd Counselor. Family History Center (863) 382-1822. Sunday Services: Sacrament Meeting, 10-11:10 a.m.; Gospel Doctrine, 11:20 a.m. to noon; Priesthood/Relief Society, 12:10-1p.m.; Primary for children, 11:15 a.m. to 1 p.m.; Youth Activities: Wednesdays, 7-8:20 p.m. Scouts: first and third Wednesday, 7-8:20 p.m. Activity Days: 8-11 yr old Boys and Girls, second and fourth Wednesdays, 7-8:20 p.m.

THE SALVATION ARMY

♦ **The Salvation Army – Center for Worship**. Sunday: Sunday School, 9:45 a.m.; Holiness meeting, 11 a.m.; and Praise meeting and lunch, noon. Tuesday: Bible study, 6:30 p.m.; and Women's Ministries, 7 p.m. Wednesday: Youth Ministries, 4 p.m. All meetings are at 120 N. Ridgewood Ave., Sebring. For more information, visit the Web site www.salvationarmysebring.com or call Major Bruce Stefanik at 385-7548, ext. 110.

UNITED METHODIST

♦ **First United Methodist Church**, 105 S. Pine St., Sebring, FL 33870. The Rev. A.C. Bryant, pastor. Traditional Worship Service at 8:10 and 10:50 a.m. in the sanctuary, Contemporary Worship in the FLC at 9:30 a.m. Sunday School at 9:30 and 10:30 a.m. Methodist Youth Fellowship at 5:30 p.m. Sundays with Rick Heilig, youth director. The 10:55 a.m. Sunday worship service is broadcast over WITS 1340 on AM dial. There is a nursery available at all services.

♦ **First United Methodist Church**, 200 S. Lake Ave., Avon Park, FL 33825. (863) 453-3759, Devon Jarrett, Pastor. Sunday School - 9 a.m., Worship - 10:30 a.m. Bible study every Wednesday at 6 p.m. Visit us at our church website: www.fum-cap.org.

♦ **Memorial United Methodist Church**, 500 Kent Ave., (overlooking Lake Clay) Lake Placid, FL 33852. Rev. Tim Haas, pastor. Rev. Claude H.L. Burnett, pastoral assistant. Rev. Jerry McCauley, visitation pastor. Sunday worship services: Worship Service, 8:30 a.m. and 10:45 a.m. Sunday School, 9:30 a.m. Loving nursery care provided every Sunday morning. Youth Fellowship, 5 p.m. We offer Christ-centered Sunday school classes, youth programs, Bible studies, book studies and Christian fellowship. We are a congregation that wants to know Christ and make Him known. Check out our church website at www.memorialumc.com or call the church office at 465-2422. Lakeview Christian School, VPK to Grade 5, 465-0313.

♦ **St. John United Methodist Church**, 3214 Grand Prix Drive, Sebring, FL 33872. The Rev. Ronald De Genaro Jr., Pastor. Sunday School, 9:30 a.m.; Adult Sunday School, 11 a.m.; Sunday Morning Worship, 8 a.m., 9:30 a.m. and 11 a.m. Nursery provided for all services. Phone 382-1736. www.stjohnsebring.org

♦ **Spring Lake United Methodist Church**, 8170 Cozumel Lane, (Hwy 98) Sebring. The Rev. Clyde Weaver Jr., Pastor. Worship service starts at 9:55 a.m. Bible Study meets at 10:00 a.m. on Tuesday. Choir Practice at 4:00 p.m. on Thursday. Church office phone: 655-0040.

UNITED CHURCH OF CHRIST

♦ **Emmanuel United Church of Christ**, Jesus didn't reject people, neither do we. Join us for worship every Sunday at 9:30 a.m. and you'll be embraced by a compassionate congregation that is all-inclusive. We're at the corner of Hammock and Hope. Choir and Bell Choir practice on Wednesday; Bible studies throughout the week. 471-1999; sebringemmanuelucc.com.

Religion

Community Christian Academy to re-open doors for 2013-14

Special to the News-Sun
AVON PARK – Sr. Pastor Tom Schankweiler of the Community Bible Church is excited to announce the unanimous decision of the church board to re-open the doors of the Community Christian Academy for the 2013-14 academic year. CCA began with 12 students up to fifth grade in 1993. Within a few years, CCA had a pre-school/day-care center and a school from K-4 through grade 12 with approximately 120 students. The former graduates of Community Christian Academy have gone on today to become successful members of the community including pastors, mission-

aries, first responders, civil servants, military personnel, teachers, administrators, healthcare professionals, and more. According to Hannah Okwengu, CCA administrative assistant, "We are dedicated to a definite Christian philosophy of education. Community Christian Academy exists to afford parents the opportunity to fulfill their God-given obligation to 'train up a child in the way he should go.'" "We purpose to provide a Christ-centered education with a Biblical worldview which will prepare the student with academic excellence and lay the foundation for further learning and Christ-like living."

CCA exclusively uses the A-Beka curriculum which has equipped thousands of students with an excellent Christian education for a life of service to God. Christian character-building textbooks from A-Beka Book are used with the video instruction for a complete, well-rounded education. CCA is seeking students with a desire to excel, a willingness to learn, and an obedient heart. Enrollment is now being accepted for kindergarten through seventh grade. For more information, call 452-0644 or visit the website at www.avonparkcca.org.

Snapshots

64 To Grayson in concert tonight

SEBRING – Zach Shelton, a former American Idol contestant, is lead singer for 64 To Grayson, which will be in concert at 6:30 p.m. tonight at Sebring Christian Church, 4514 Hammock Road.

This talented young group delivers a wonderful alternative country sound that all are sure to enjoy. The band will gratefully accept an offering.

For information, call 382-6676.

Youth Humanitarian Service is Saturday

SEBRING – Saturday, the youth of The Church of Jesus Christ of Latter-day Saints will meet at the church at 6 a.m. to car-pool to the church Store House in Plant City where they will do humanitarian service by filling food orders for the needy.

After a morning of work, they will have a bag-lunch picnic in one of the local parks before returning to Sebring.

Spaghetti dinner benefits academy

AVON PARK – A spaghetti dinner will be served from 4-7 p.m. Saturday at Community Bible Church fellowship hall, 1400 County Road 17-A North. Tickets are \$6 in advance (call 446-2679) or \$7 at the door. Children ages 12 and under can eat for \$4. All prospective parents and students of Community Christian Academy eat free.

For more information, call 452-0644. All proceeds go to the reopening of Community Christian Academy.

Study: Dead stars colliding forged gold on Earth

Associated Press
 LOS ANGELES — A strange glow in space has provided fresh evidence that all the gold on Earth was forged from ancient collisions of dead stars, researchers reported Wednesday.

Astronomers have long known that fusion reactions in the cores of stars create lighter elements such as carbon and oxygen, but such reactions can't produce heavier elements like gold.

Instead, it was long thought that gold was created in a type of stellar explosion known as a supernova. But that doesn't fully explain the amount of the precious metal in the solar system.

About a decade ago, a team from Europe using supercomputers suggested that gold, platinum and other heavy metals could be formed when two exotic stars — neutron stars — crash and merge. Neutron stars are essentially stellar relics — collapsed cores of massive stars.

Now telescopes have detected such an explosion, and the observation bolsters the notion that gold in our jewelry was made in such rare and violent collisions long before the birth of the solar system about 4 1/2 billion years ago.

People "walk around with a little tiny piece of the universe," said lead researcher Edo Berger of the Harvard-Smithsonian Center for Astrophysics.

NASA's Swift telescope last month observed a gamma-ray burst that resulted from the crash of dead stars. The burst, in a

distant galaxy, was some 3.9 billion light-years away. Each light-year is about 6 trillion miles.

The burst lasted only a fraction of a second. Using ground telescopes and the Hubble Space Telescope, Berger's team noticed an odd glow that lasted for days. Infrared light in the glow could be evidence that heavy elements like gold had spewed out of the cosmic crash, the researchers said.

The new work, which will appear in a future issue of *Astrophysical Journal Letters*, suggests gold was produced in a similar fashion in the Milky Way. It doesn't delve into how Earth was sprinkled with riches, but previous studies have suggested that a meteor shower may have delivered gold and other precious metals to the planet.

If the new study's interpretation is correct, "this would be truly very exciting news," said Stockholm University astrophysicist Stephan Rosswog, who led the earlier supercomputing effort but didn't have a role in the latest study.

More observations of gamma-ray bursts are needed, but it's looking more likely that mergers of neutron stars are "a major cauldron in which elements like gold are forged," Rosswog said.

Such flashes are thought to occur in the Milky Way about once every 100,000 years. Berger said it's unlikely another will happen in our galaxy in our lifetime. But satellites can often detect such eruptions in distant galaxies about once a month.

Your questions - God's answers

A teacher was giving a lesson on the circulation of blood. Trying to clarify her point, she asked, "Children, do you understand that if I stand on my head, the blood will run into it, and my face will turn red?"

"Yes, Ma'am," the children said.

With that response, the teacher quickly asked, "Then why is it that while I am standing upright on my legs the blood doesn't run into my feet?"

A little boy shouted, "Cause your feet ain't empty!"

In this modern age, we are constantly bombarded with new types of information. That new knowledge brings about even more new questions. The pursuit of those questions often reveals new answers that better help us understand the world around us.

Each week with this article, I try to answer questions that have been posed to me concerning matters of biblical significance. I do so to help others (and myself!)



Kevin's
Komments
Kevin Patterson

better understand God and His will for mankind. These questions are asked of me in person, by telephone, through the mail, and over email. Sometimes, the questions even come from my personal studies, as I attempt to search the scriptures for answers in my own life.

With this week's article, I want to invite and encourage each of you to send your Bible questions to the physical address or email address listed below. As always, any questions published in this article will be done so anonymously. And together, we will examine

God's word and attempt to find His answers for our lives.

The apostle Peter wrote 1 Peter 3:15, "But sanctify the Lord God in your hearts: and be ready always to give an answer to every man that asketh you a reason of the hope that is in you with meekness and fear." (KJV) Let us each prepare by studying to give good answers to the questions that are posed to us.

Kevin's Komments, by Kevin Patterson, is presented by the Sebring Parkway church of Christ, assembling at 3800 Sebring Parkway. Find the church on the internet at www.sebringcoc.com, or e-mail sebringparkway@sebringcoc.com. Guest columns are the opinion of the writer, not necessarily those of the News-Sun staff.

RELIGION GUIDELINES: The *News-Sun* publishes religion news on Fridays.

The submission deadline is 5 p.m. Monday to be considered for publication in the following Friday's paper.

Submit items to the *News-Sun's* from 8 a.m. to 5 p.m. weekdays; fax to 385-2453; send e-mail to editor@newssun.com; or mail to Lifestyle Editor, *News-Sun*, 2227 U.S. 27 South, Sebring, FL 33870. For information, call 385-6155, ext. 516.

PUZZLE SOLUTION

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Living

Smart & safe

Parents play an important role in teaching children how to protect themselves. Here are more than 40 tips to teach your child.

COMPILED BY KAREN UHLENHUTH, ILLUSTRATION BY L. ERIC CRAVEN
McClatchy Newspapers

CHILDREN ON THEIR OWN

- ◆ Never walk alone, especially after dark.
- ◆ Never take a shortcut home.
- ◆ Tell a parent where you are going, especially if you change locations or will be late.
- ◆ Carry your house key so that it is hidden from view.
- ◆ Don't wear your name on clothing or a backpack, where it would be visible to others.

ALONE AT HOME

- ◆ Always keep the doors locked when you're home alone.
- ◆ Don't open the door if the doorbell rings. Ask who it is with the door shut and locked.
- ◆ If it's a stranger, say, "Come back later." Don't tell the stranger no adults are home. Say Mom's in the shower or Dad's taking a nap.
- ◆ Don't ignore the door. Sometimes burglars will ring the doorbell to see if anyone's home.
- ◆ Keep handy a list of phone numbers to call for help — 911, parents' work, police and fire departments, a nearby friend.

SCHOOL SAFETY

- ◆ If you see a weapon or hear someone make a threat, tell an adult immediately.
- ◆ Alert a teacher to students who are depressed or angry, or who talk about wanting to get even or hurt someone.
- ◆ Check out your school's safety procedures, especially before and after school.
- ◆ Don't prop open doors that should be locked.

CAMPUS SAFETY

- ◆ Study the routes you'll be taking to class. Know where the emergency phones are.
- ◆ Share your schedule with your parents and a network of friends. Have those people exchange phone numbers.
- ◆ Don't travel alone, especially at night. Use a shuttle service after dark. Avoid shortcuts.
- ◆ Don't leave identification, money and other valuables visible.
- ◆ Don't hesitate to report illegal activities and suspicious loitering.
- ◆ Always lock your door and first- and second-floor windows at night.

TRAVELING

- ◆ Agree on a place to meet in case people get separated.
- ◆ Each time you set out, make sure everyone knows the plan for the day.

ON THE INTERNET: PARENTS

- ◆ Spend time with your child when he is online.
- ◆ Put the computer in a public place in your home, like the family room.
- ◆ Ask questions if your child uses the Internet a lot, especially at night.
- ◆ Consider sharing an e-mail account with your child.
- ◆ Monitor files your child downloads.

ON THE INTERNET: CHILDREN

- ◆ Remember that anyone or anything you encounter could be a lie.
- ◆ Never give personal information or photos to a chat room or sites open to the public. Use a made-up name.
- ◆ If you want to meet an online friend in person, take a parent with you and meet in a public place.
- ◆ Never respond to a threatening or unsettling message. Alert a parent and your Internet service provider.
- ◆ Get to know your child's online acquaintances by monitoring the places he or she visits online.
- ◆ Consider buying a filter that would limit your child's computer access.

IN AN EMERGENCY

- ◆ Know the person your parents would send to get you in an emergency.
- ◆ Ask that person for the "code word" you and your parents have agreed upon.
- ◆ **PARENT:** Choose a code word that's unusual, not something a stranger might guess by chatting with your child.

WHEN A CAR APPROACHES

- ◆ Stay more than an arm's length away from the car.
- ◆ Never get into a stranger's car, no matter what.
- ◆ If a stranger approaches and says something is wrong with Mom or Dad, find someone you know or call the police.

WHEN A STRANGER APPROACHES

- ◆ Never go anywhere with someone you don't know, no matter how nice the person seems.
- ◆ Never accept candy, toys or money.
- ◆ Never tell a stranger where you live.
- ◆ If a stranger touches or grabs you, scream or yell **FIRE, FIRE, FIRE** or **STRANGER!** Anything to get attention. Try to run for help.
- ◆ Stay more than an arm's length from strangers.

ON THE PHONE

- ◆ Don't let callers know you're home without an adult.
- ◆ Take a message or tell the caller to call back later.
- ◆ If you have an answering machine, screen your calls.

PARENTS: MAKE A CHILD ID KIT

- ◆ Write a brief description of your child. Include height, weight, eye and hair color.
- ◆ Include a current photograph. Be sure it's up to date.
- ◆ Note whether your child wears glasses or has any distinguishing characteristics such as scars or birthmarks.
- ◆ Make a copy of your child's fingerprints. Roll your child's thumb and fingers on an ink pad, then roll on a piece of paper. Store the prints in a plastic sleeve or envelope.
- ◆ For more information, visit the Web site of the National Center for Missing & Exploited Children, www.missingkids.com.

CHILDREN'S RIGHTS

- ◆ **You have a right to body privacy.** Ask your parents not to make you hug or kiss friends and relatives against your will. No one should ask to see or touch your private parts.
- ◆ **You have a right to protect yourself** by screaming, running away and reporting whatever took place to someone you trust.
- ◆ **You have a right to be rude** if you think someone might want to harm you.