



Clouds,
storms
High 91
Low 73

Details, A10

NEWS-SUN

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Elwell on budget: 'Our pockets are empty'

By CHRISTOPHER TUFFLEY
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SEBRING — More than 100 committed citizens attended Commissioner Don Elwell's fifth town hall-style meeting Tuesday night. Held at the Kenilworth Lodge, extra chairs had to be brought out in order to seat everyone.

"I wasn't representing county staff or the commission," Elwell said Wednesday. "This was my personal meeting to educate and be educated by those people I am lucky enough to represent."

He briefed the audience about the upcoming budget process and answered questions about various other issues.

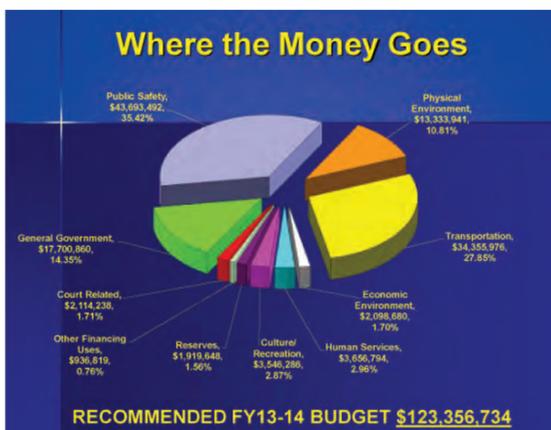
"The deficit for 2013-2014 is currently projected to be \$3.5 million, in addition to the \$6.6 million that we've budgeted this year. Because we've used the reserve fund in the past to balance the budget," Elwell said. "We're down to looking under couch cushions (for loose change). Our pockets are empty."

He warned the audience that "this is the most difficult budget we've experienced. It is also the first two-year

See ELWELL, A6



News-Sun photo by CHRISTOPHER TUFFLEY
Commissioner Don Elwell held his 5th town hall meeting Tuesday. After years of high revenues, shortfalls began to occur, he said, and the rainy day fund was used to balance the budget. This has little affect if done for one year only, but cannot continue, Elwell said. Two of the slides Elwell presented to the crowd showed where the county's budget money comes from and where it is spent (below)



Is Vitamin C a wonder drug?

HEALTHY LIVING, B5



Ready to play

Sebring's Zac Morris is eager for FIT football team to take the field for first game ever
SPORTS, B1

Cities on guard for any unrest after Zimmerman trial

By CURT ANDERSON and MIKE SCHNEIDER

Associated Press

MIAMI — Police and city leaders in Florida say they have taken precautionary steps for the possibility of mass protests or even civil unrest if George Zimmerman is acquitted in the killing of unarmed teen Trayvon Martin, particularly in African-American neighborhoods where passions run strongest over the case.

For months, officials in Sanford and South

Florida have been working with pastors, youth coaches, community activists and summer camp counselors to stress a non-violent approach if Zimmerman walks free. At the same time, police say they have quietly been making plans for dealing with any potential emotional flare-ups that could quickly turn into storefront-smashing, car-burning riots.

"It's all right to be vocal, but we don't want

See CITIES, A6

Caladium Festival to offer full slate of fun a month earlier this year

By ROD LEWIS
News-Sun correspondent

LAKE PLACID — The Caladium Capital of the World is preparing for its weekend of celebrating the plant that made the town famous.

The 2013 Caladium Festival will be Friday through Sunday, July 26-28. Most events will take place in Stuart Park, but activities will be in different places including Devane Park and along the streets.

The festival has traditionally been in August, but according to

Move forward an effort to avoid hurricanes

Lake Placid Chamber of Commerce President Eileen May, the date was moved forward in the hope of avoiding the height of hurricane season. "(This was) not a decision that we took lightly," she said. "This is a big deal for the vendors.

Last year they lost all of Sunday because of the hurricane that was swirling around out there."

There will be plenty to do during the Caladium Festival. There will be more than 100 vendors selling unique specialty items along the side streets. Food booths will provide satisfying fare for a fee. All of the vendors are not for profit.

One new addition to the Caladium Festival this year is the

See CALADIUM, page A5



News-Sun file photo
The annual Caladium Festival in Lake Placid, which has been moved forward a month to July 27-28, offers fun for all ages.

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News-Sun file photo
Gatorama in Palmdale will be offering the chance to get a hands-on experience with hatching baby alligators once again this year. Reservations will be taken starting Aug. 1.

Baby alligators are nearly ready to hatch at Gatorama

Special to the News-Sun
PALMDALE — Do your children think education is boring? It definitely does not have to be.

It is almost the time of year that chirping, grunting and snapping baby alligators emerge from their shells to meet the world. Gatorama will be marking this occasion with the 2013 Alligator

Hatching Festival. Allen and Patty Register are monitoring the eggs on a daily basis in order to determine exactly when the hatching will happen, but usually it is around the second or third week in August.

Reservations for the event will be taken starting Aug. 1.

Patty Register describes this as a great opportunity

for parents to teach their children about one of nature's fascinating life cycles.

For this two-week period, more than 3,000 alligators will be welcomed into the world at Gatorama and the public will have the opportunity to see these little baby

See HATCHING, A6

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Health Dept. posts survey results

Special to the News-Sun
SEBRING – In 2012, the Community Health Improvement Planning Committee (CHIP) and the health department conducted a community health survey to determine what the community thought were the most important health issues here in Highlands County.

The survey included questions about personal health, quality of health care services, access to health care, and quality of life in Highlands County. The survey is part of a broader effort to develop a community health improvement plan for Highlands County.

“We are appreciative of those who completed the survey,” said Barbara Turner, operations and management consultant.

“This survey will assist us in our efforts to improve the health of the community.”

The results of the survey can be found on our web page, www.healthy-highlands.com, by scrolling down to Highlands CHIP on the left hand side, then scroll down to Community Health Survey 2012 where you will find the results of the survey.

This is another way the health department is working to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

For more information you can call the Florida Department of Health in Highlands County at 386-6040.



Mowers are lined up awaiting the start of a race at the Avon Park Mowerplex. The facility is looking for a company to mow the grass at the raceway.

Courtesy photo

Mowers (with working blades) needed at Avon Park Mower-Plex

Facility searching for help with maintenance

By BARRY FOSTER

News-Sun correspondent

AVON PARK – Hundreds of fans turn out in the City of Charm each month from September through June to enjoy the pageantry and excitement that is lawnmower racing. Dozens of teams take on the 750-foot, dirt oval on the far west end of the Avon Park Airport in several different classes to see who has the fastest mower and the keenest driving skills.

To be eligible, contestants take the blades off their mowers, then soup them up under various guidelines to qualify for the different divisions.

It's the taking the blades off part that now has officials of the Florida Lawnracing Association in a bit of a quandary. They are looking for a business that wants to take on the task of keeping the facility mowed and edged.

The group is looking to strike a deal, offering signage and other amenities during the season as an enticement to finding an

I can tell you from experience that race fans are some of the most loyal fans anywhere. They support the businesses that support racing.

Wes Pyburn
FLA vice president

official groundskeeper for the nationally-known track.

“We really can offer them a lot,” said FLA Vice President Wes Pyburn. “We have a ton of local people who come to the races each month and I can tell you from experience that race fans are some of the most loyal fans anywhere. They support the businesses that support racing.”

The mowing, edging and spraying currently is handled by FLA members who come out periodically and keep the place trimmed, then make

certain it is ready before their monthly competitions.

“Really, the grass does not grow that bad out there,” Pyburn said.

He noted the members take care of the acre-plus facility about once every other week during the summer and about once a month during the regular race season. The 2013-2014 season will get back under way Sept. 7 with a full slate of classes and racing action.

Lawnmower racing began at the Avon Mower-Plex better than a decade ago, when enthusiasts got together and cleared an area which at one time had been a rodeo arena but had become a dump. A track was constructed and racing has continued ever since.

It is the first for-purpose lawnmower racing facility in the United States and has hosted several national events

Businesses interested in working with the FLA can get in touch with Pyburn at (863) 581-6381.

Community Briefs

Flushing for Jade is in August

AVON PARK – Fundraisers begin this weekend to help the family of Jade Jackson, the 14-year-old daughter of Greg and Jackie Jackson of Avon Park. Tonight's barbecue is sold out, however, there are numerous other opportunities to help support the family.

Missy Sperry, a cousin of Greg Jackson, is planning a fundraiser from Aug. 5-19 called Flushing for Jade, also the name of this fundraiser's Facebook page. A toilet can be placed in a person's yard by calling 245-6877. It will cost \$15 to have the toilet removed from your yard, \$20 to have the toilet placed in the yard of your choice and \$30 to buy insurance guaranteeing it does not visit your yard again. Plans can be made by contacting Sperry at (863) 773-3233 or (863) 245-6877.

Heather Howell has also designed a Jewel Kade charm that will have Jade's favorite Bible verse on it. Jade's favorite color is red. The Bible verse is Philippians 4:13 - "I can do all things through Christ who strengthens me." The charms will sell between \$30-\$58. Call Howell at (941) 544-7117 for details or place an order at

<https://heatherhowell.jew-elkade.com/Home>, and at checkout attach the order to "Jade Jackson Fundraiser."

California Toe Jam Band is planning a fundraiser concert Aug. 17 at Our Lady of Grace Grogan Center.

Can Koozies and key-chains are available for \$5 each at michaelshand-madegifts.com.

T-shirts with Jade's special design are also available for \$15 each through Autumm Brown-Ulm on Facebook. Jade's cousin, Lane Crosson, also has silicone bracelets at \$5 each with Jade's name and her favorite Bible verse on it. The T-shirts and bracelets will be available at many of the fundraising events.

All information on these and upcoming fundraisers can be found on the Journey for Jade page on Facebook.

Account set up for teen's family

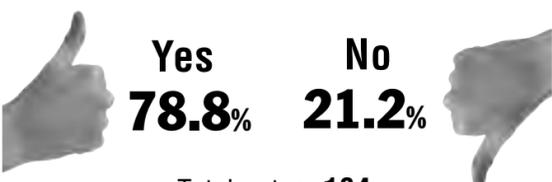
SEBRING – An account has been set up at Highlands Independent Bank to help the family of a graduated Avon Park High School Junior ROTC cadet who died June 27 in an accident in Orlando. Jorge Vicens, 19, graduated as deputy commander of

Continued on A6

Online



This week's question:
Do you think that the Obama Administration's decision to delay a major part of the 'Obamacare' system for a year is an attempt to influence the 2014 elections?



Total votes: 184

Poll open through Friday. www.newssun.com
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AC falls through roof of Bob Evans



News-Sun photo by KATARA SIMMONS

Highlands County Sheriffs Office Deputy William Gentry ropes off the area surrounding Bob Evans on Thursday morning after a roof-top air conditioner that was being worked on fell through the ceiling and damaged the structure in Sebring. Highlands County Fire Services, West Sebring Volunteer Fire Department, DeSoto City Volunteer Fire Department and EMS were on scene. According to HCSO Sgt. Anthony McGann, "the exact cause is still to be determined." The restaurant was evacuated and will be closed for an undetermined amount of time. Branch manager Steven Kelly was unsure of the extent of damage to the building, but said there were no injuries reported.

Supreme Court won't stop legal challenge of new legislative districts

TALLAHASSEE (AP) — The Florida Supreme Court is refusing to throw out a lawsuit that contends that state legislators ignored new standards while drawing up legislative districts.

The Republican-controlled Florida Legislature wanted the state high court to block a challenge to last year's new map for state Senate districts.

But a divided high court ruled Thursday that blocking the lawsuit would "undermine"

the will of voters who adopted new standards for redistricting in 2010. Justices split 5-2 on the decision. The Supreme Court last year initially rejected the Senate map — but then approved a revised version during a 30-day review period.

Legislative lawyers argued that the court's approval precluded any future lawsuits.

But Thursday's ruling states that the initial review was limited and did not include any facts or evidence.

Lottery Center

FLORIDA LOTTO	July 9	13 17 20 23 24 30 x:2	Next jackpot \$36 million
	July 6	1 7 35 39 43 47 x:3	
	July 3	3 13 42 47 52 53 x:4	
PLAY 4	July 10 (n)	9 9 4 1	
	July 10 (d)	1 3 5 7	
	July 9 (n)	5 4 8 7	
	July 9 (d)	3 3 5 1	
MEGA MONEY	July 9	12 18 28 39 22	22
	July 5	6 17 39 41 15	15
	July 2	19 23 24 43 2	2
	June 28	12 24 32 43 14	14
POWERBALL	July 10	30 31 45 55 59	PB: 27
		Next jackpot \$94 million	
	July 6	2 13 35 36 52	PB: 11
	July 3	3 6 29 40 51	PB: 4
MEGA MILLIONS	July 9	3 21 43 45 48	MB: 14 x:2
		Next jackpot \$13 million	
	July 5	2 23 41 47 54	MB: 42 x:4
	July 2	36 42 51 52 53	MB: 40 x:4



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Editorial & Opinion

ANOTHER VIEWPOINT

Low-wage workers getting gouged

Low-wage workers are often one broken-down car, one injury or one unexpected expense away from disaster.

But some large employers and big banks are making the financial lives of these workers even more precarious by charging them fees to access their pay. Sold as a convenience for employees and a money-saver for employers, payroll cards are unfairly eating into workers' wages. With the incentives of major banks and employers aligned, workers need federal and state regulators to step in and end the gouging.

Payroll cards are like debit cards and can be used to receive cash at ATM machines or to make purchases. Typically, lower-wage hourly workers are the ones who receive their pay this way, with Taco Bell and Walmart among the dozens of large employers that offer them, according to an investigation by the New York Times. Nearly 4 million households have someone paid through these prepaid cards, according to a 2011 survey by the Federal Deposit Insurance Corp. Employers like them because they can save thousands of dollars a year over the cost of producing paper paychecks.

The cards offer convenience, and for some employees without a bank account, they can be cheaper to use

than check-cashing services. But the cards are also another way to extract money from vulnerable workers. Fees are imposed for virtually every transaction, including making a cash withdrawal, making a purchase or checking a balance. Monthly fees can add up to \$40 or \$50, taking so much out of a paycheck that an employee may fall below the minimum wage. Employees say there is almost no way to avoid paying to access their money.

Some employees who are given the option to be paid in more traditional ways, through a paycheck or direct deposit, complain that the choice is illusory since they are automatically enrolled in the payroll card system...

Prepaid cards are a growing area of the financial sector because these products have largely escaped the new rules and regulations protecting financial consumers, and banks are looking to recoup the millions of dollars lost as a result of the new restrictions. For instance, there is a \$7 inactivity fee for infrequent use on payroll cards used by more than two dozen major retailers. The Federal Reserve has barred inactivity fees on credit and debit cards.

Employers who want to utilize this system for payroll should bear the cost for employees. The situation now, where workers have to pay to get paid, is unacceptable.

An editorial from The Tampa Bay Times.



Surrendering privacy from cradle to grave

"The right of the people to be secure in their persons, houses, papers, and effects, against unreasonable searches and seizures, shall not be violated, and no Warrants shall issue, but upon probable cause, supported by Oath or affirmation, and particularly describing the place to be searched, and the persons or things to be seized."

— Amendment IV, U.S. Constitution

When I started kindergarten in the fall of 1953, the administration of public schools was mostly a local matter. Other than a record of my birth five years earlier, little had probably been recorded about me at the state or federal level.

In 1964, when I was a sophomore in high school, several key events put me on the state and federal radar screen. Like all sixteen-year-olds, I got my driver's license, which was followed in short order by the purchase of my first car, which, of course, also had to be registered with the state.

That year I also secured my first paying job. The federal government immediately issued me a card with my very own nine-digit number on it. I was assured that it was not for identification purposes. It even said so right on the card. Soon, another branch of the government, the Internal Revenue Service, wanted to know exactly how much money I was making.

Two years later, I graduated from high school and headed off to college, with a federally guaranteed student

Guest Column

Doug Patton

loan and a Selective Service draft deferment. Two more files with my name on them.

In 1968, I decided to work for a semester and try to figure out what I really wanted to do with the rest of my life. Soon, Uncle Sam decided to help me with the decision. The letter stated that I had until April 3, 1969, to choose a branch of the U.S. Armed Forces or the choice would be made for me. I chose the Air Force, thereby creating another four-year federal file on myself. During that time, my wife and I were married. Another file, at all levels.

Honorably discharged in 1973, I returned to college on the G.I. Bill. Regular checks and another file, this time with the Veterans Administration.

Then came kids, car payments and a mortgage, all recorded in the annals of government at every level. When we declared our children on our first itemized income tax return, we were required to accept a nine-digit number for each of them as well.

As our finances became more sophisticated, we had to document all of our expenses for the IRS. The amount we give to charity is known. So is the kind of car I drove for business last year and how many miles I put on it. Of course, that was no secret, since it had to be licensed to be legal.

The government knows at least as much about my property as I do. They have all the information on my home, including its value, which they determine in order to charge me a fee called property taxes for the privilege of living there.

They know my race, gender, age, health problems, where I was born, where I live now, and, unfortunately, how many guns I own.

They know which church I attend, what candidates I support and how many credit cards I carry. Several years ago, when Bill Clinton was president and I was a state leader in the Christian Coalition, I suspect that an FBI file with my name on it was among those illegally stored on White House computers.

They even know which library books I'm reading.

I must deal with the reality that even my cell phone records, email messages and Internet searches are subject to scrutiny by these people. After all the privacy I have forfeited in the last 60 years, you wouldn't think that it would bother me anymore, would you? Well, it does.

Doug Patton describes himself as a recovering political speechwriter who agrees with himself more often than not. His weekly columns are distributed by Cagle Cartoons newspaper syndicate. Readers are encouraged to email comments to Doug at dpatton@cagle.com and/or to follow him on Twitter at @Doug_Patton/. Guest columns are the opinion of the writer, not necessarily those of the News-Sun staff.

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Sex scandal consequences ain't what they used to be



Guest Column

Joe Gandelman

New York City's politics has now gotten more titillating. First came news that Anthony Weiner, the Democrat whose crotch-shot sexting to a woman he never met led to his resignation from Congress, was running for mayor. Now comes the news that former New York Gov. Elliot Spitzer, who resigned due to his involvement in a prostitution scandal, is running for city Comptroller.

New Yorker satirist Andy Borowitz couldn't resist doing a fake news story about former Italian Prime Minister Silvio Berlusconi, who a Milan court sentenced to seven years after finding him guilty of paying for sex with an underage prostitute and abusing his office, with the headline: "BERLUSCONI MULLS NEW YORK CITY RACE."

Hey, the way things are going, it could happen.

Long gone are the days when then-New York Gov. Nelson Rockefeller's 1962 divorce from his wife and his remarriage shocked many, lost him droves of women-voter support and destroyed his early 1963 status as the front-runner for the 1964 Republican nomination. By the late 90s it was clear there had been a shift in American society and culture: despite the Monica Lewinsky scandal and impeachment. Bill Clinton rose in the polls, left office with the highest end-term rating (68 percent) of any President, and remains one of the country's most popular political figures.

Sex scandals are now becoming ongoing reality shows: the set up (the good career), the fall (the tearful apology), the short-term consequences (resignation) — and the resurrection (running for office again).

Much of the media was wrong earlier this year in predicting South Carolina's voters would tell Mark Sanford to take a hike when he ran for a House seat in a special elec-



tion. Sanford resigned as Governor when it turned out that when he was missing for six days in 2009 he wasn't hiking on the Appalachian Trail as he said, but visiting his girl friend in Argentina.

Critics and some in the media considered Sanford shameless in the way he framed his affair and trumpeted his happy life with his new wife, his Argentinean "soul mate." Endemol Productions couldn't produce as compelling a reality show — and The Mark Sanford Show got boffo ratings (he won).

Writes The Daily Beast's

Political Director John Avlon: "The sad fact is that in our celebrity-driven society, sex scandals guarantee that a politician will rise above the humdrum of campaigns full of earnest legislators. The press is eager to cover the soap opera, and the public seems eager to engage in the real-life telenovela. Now the clichéd old rule of Hollywood — there's no such thing as bad press — seems to apply to public service. What could possibly go wrong?"

The question is: so where does it end? Time's Mark Halperin on

MSNBC's "Morning Joe" asked Spitzer: "Are there any things people in elective office, a high office like governor of New York, could do, that involved law breaking, lying to the public, that you would consider as a voter disqualifying? Or nothing's disqualifying if a person comes back and says look at what I've done for the last five years, look at my great ideas?"

Spitzer basically replied that he'll leave that up for the public to decide. And many think he can win. Meanwhile, polls suggest Weiner is catching on and you just KNOW the New York tabloid headline you'll see if he does: "Weiner Rises Again." Weiner-Spitzer wins would be a sign of how impotent 20th century standards have become in today's seemingly shrugging, reality-show-loving 21st century world.

Joe Gandelman is a veteran journalist who wrote for newspapers overseas and in the United States. He can be reached at jgandelman@themoderatevoice.com. Guest columns are the opinion of the writer, not necessarily those of the News-Sun staff.



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News-Sun file photo

The Caladium Festival was moved forward by a month in the hope of finding better weather in July.

Caladium Festival is July 27-28

Continued from A1

availability of alcohol.

Although there has been wine tasting and samples at the Caladium Festival, this is the first year that alcohol sales will be available. "There will be a 'Bier Garten' that will be sponsored by the Jaycees," May said. "It has been sanctioned by the town. And the town recognizes that the chamber and the Jaycees are responsible."

What is a party without clowns? Not the Caladium Festival because Lake Placid will have many clowns entertaining during the festival.

As if there will not be enough to see in Lake Placid during the festival, there is an opportunity to see even more. There will be bus tours to see the murals, see the caladium fields, and even meet the growers. The bus tours depart from the Lake Placid Women's Club (10 N. Main Ave.), and are on a first-come, first-served basis and it is recommended to reserve a spot early. Contact the chamber for pricing and details.

The Caladium Festival will also offer an opportunity to see the plant in action. There will be a floral competition at the Caladium Coop on Interlake Boulevard. There will be caladium arrangements as well as art demonstrations. One may view the art competition as well as meet the artists.

For the running enthusiast there will be a 5K run. The Dr. Tom McDonald Caladium Festival 5K race will take place at 7:30 a.m. Saturday, July 27 in front of First Presbyterian Church, 118 N. Oak Ave. The first 200 registered will receive a free T-shirt. The run will benefit the Samaritan's Touch Care Center.

The 17th Annual Caladium Festival Car and Bike Show will also take place Saturday. "About 150 cars are expected," explains May. There are several classes of cars that will be there including antiques, modified cars, and cars 1984 to present. For more information about the car show, rules, and registering information, contact the Lake Placid chamber.

Saturday continues on through the night as the Caladium Festival Dance will take place at the Elks Lodge, 200 East County Road 621. Entertainment will be provided by the Shannon Reed Band.

Sunday will continue with the excitement as the second annual Airboat and Swamp Buggy Show will start at 9 a.m. and continue until 3 p.m. There is no registration fee for the event, however, all airboats must stay until the end of the show on Sunday. The News-Sun is proud to be the media sponsor for the event.

There will be entertainment every day for the festival from opening to closing. Friday the entertainment will start at 9:55 a.m. and continue until 4 p.m. The Master of Ceremony for the day will be Mari Capodiferro. The colors will be presented by the Lake Placid High School Junior ROTC under the command of retired Col. Warren Johnson. Local talent will be featured as well as the "Fire 'N Steel Band" from Walker Memorial Academy in Avon Park.

Saturday's entertainment will have Don Elwell as the Master of Ceremony. Featured will be the Lake Placid High School JV cheerleaders, Mountain Dew Cloggers, and the Lake Placid High School Band. The entertainment will start at 9:40 a.m. and continue until closing at 4 p.m..

Marlene Barger will act as

the Master of Ceremony on Sunday. The entertainment will consist of The New Floridians and Sherry White Ministries. The festival closes at 3 p.m. Sunday.

For a full list of the entertainers and the times, check out the Lake Placid chamber's website at www.lpfla.com, or contact the Lake Placid Chamber of Commerce at 465-4331.

May said that next year's festival is already being planned. The winner of the Caladium Festival Art Competition will be the featured art for next year's festival. The artwork must contain caladiums, and be entered at the Caladium Arts and Craft Co-op between the hours of 9 a.m. to 4 p.m. July 22-24. For more information on the artwork and the competition, call Margie Callas at 441-0585 or Joyce DeSmet at 644-9096.

Report: Youth homicide rate hits lowest mark in 30 years

Associated Press

ATLANTA — Health officials say the homicide rate for older children and young adults has hit its lowest point in at least three decades.

In 2010, the homicide rate for victims ages 10 to 24 was down more than half compared to 1993. That was during an explosion in crime tied to crack cocaine.

The government report released Thursday echoes earlier findings about a national decline in murders and other crimes in the last two decades. Youths account for about a third of homicide victims.

Researchers from the Centers for Disease Control

and Prevention went back to 1981 and found youth homicide rate declines across the board — in

males, females, whites, blacks and Hispanics.

However, declines have slowed in the last 10 years.

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Elwell gives updates in fifth town hall-style meeting

Continued from A1

budget. It means big changes for people. We have to shrink government."

This is partly because all allocations for one year are decided on the numbers from the preceding year, and Highlands County still lags behind the country's recovery and is still dealing with the recession and lower property values.

Elwell said revenues for 2013-2014 are \$1.55 million lower, and expenses \$1.95 million higher than 2012-2013 — a "gap" of \$3.5 million.

Why are expenses higher? Retirement contributions have higher premiums, health insurance is going up, the constitutional officers have gone five years without cost of living increases and the cost of fuel continues to fluctuate radically, Elwell said.

He presented figures to give the audience an idea of how things have changed.

For example, in the boom period of 2005-08 the county had plenty of revenue, he said. At the peak in 2008, with the millage rate at 7.1 percent, the county took in slightly more than \$42 million, on property valued at more than \$6 billion.

In 2013, on the other hand, property values had dropped to about \$4 billion. With the millage remaining at 7.1 percent, tax revenues are predicted to be about \$31 million, slightly less than the \$32 million collected in 2012.

Elwell said the bulk of the county's revenue (35 percent) goes to public safety, while 28 percent goes to transportation, 14 percent goes to general government and 11 percent



News-Sun photo by CHRISTOPHER TUFFLEY
More than 100 people turned out Tuesday night to listen to County Commissioner Don Elwell give an update on the budget process and other county concerns.

to the physical environment. The balance of allocations, each only 2 percent or less of the budget, go to human services, culture and recreation, economic environment, financing uses and court-related expenses.

Elwell was asked if the commission could cut the budgets of constitutional officers (the sheriff, the clerk of courts, the elections supervisor, the property appraiser and the tax collector), especially because the sheriff has asked for an additional \$1 million this year. "The commission cannot call specific cuts in constitutions," he said. "We do not have a line-by-line veto power." He also explained that the tax collector's office was funded through fees, not through the county's general fund.

Elwell was asked if the sheriff was asking for more money because of taking over law enforcement in Avon Park. Elwell said no, Avon Park pays for its own services. There is no fiscal impact on the county.

The commissioner said volunteers being used to

save money is "a great idea," but it does have drawbacks. Volunteers are not as available as employees. For example, he said two volunteers at the Animal Control shelter have gone north for the summer and citizens have been very slow to volunteer for county and municipal advisory boards, many of which have more than one opening.

Elwell was asked if raising the homestead exception has hurt revenue collection. He said no.

"What are we doing to attract businesses to Highlands County?" he was asked.

"It will be slow growth," Elwell replied. "We don't have the workers for a big industry; look for smaller businesses." He added the county had to improve its technical infrastructure. "Look for businesses dealing with distribution, administration and light manufacturing."

The county commission will begin budget discussions at the next morning commission on Tuesday.

Hatching Festival nears

Continued from A1

alligators wiggle out of the eggs.

For guests that want a hands-on experience, ask for the "Hatch and Hold" package. This package allows you to actually hold an egg and let the baby alligator hatch in your hands. Depending on how many eggs are hatching that particular day, 20-30 eggs will be offered on a first come first served basis.

Other activities for kids include building their own gator tooth necklace and catching their own baby gators at the Baby Gator Round Up Pond.

This isn't a drive through instant experience, but remember the facility is totally dependent on Mother Nature and birthing babies takes time.

Visitors to Gatorama will also be able to learn about the history of the American alligator and how the populations have been protected through one of the most truly successful, sustainable-use management programs ever implemented. American alligators have been off the endangered species list since 1987 and populations are still growing. Alligator



News-Sun file photo
Gatorama's 'Hatch and Hold' program will allow you to hold an egg as a baby alligator breaks into the world.

farming is an important part of the program.

Gatorama is the largest captive breeder in North

America of the Acutus Crocodile. Visit www.Gatorama.com for more information.

Community Briefs

Continued from A2

the Junior ROTC squadron in 2012.

Jennifer Lipowski said the account has been established for those who would like to help the family. She said Jorge, his 12-year-old sister and mother were like the Three Musketeers — very close.

Donations can be made at any branch office, to MySchool Preschool or the Edge Cheer Center. Checks should be made to Diomendes Jimenez, Jorge's mother.

Red Hatters will meet for lunch

SEBRING — The monthly Red Hatters Bunco and Luncheon will be held at The Caddy Shack restaurant at 11:30 a.m. Friday. Lunch is "Dutch treat" and there is a \$2 donation to play Bunco with monies going for prizes. One does not need to know how to play, and all Red Hatters are welcome.

For information, call 382-9882.

Digging into the Past at library

AVON PARK — The fourth event of the Summer Reading Program, Digging into the Past, will take place at 11 a.m. Saturday at the Avon Park Public Library. Join special guest Anne Reynolds for this fascinating program.

Reynolds is a professional archaeologist who has participated in many digs in Florida. She discovered the Blueberry Site, a 60-acre site that was used by Native Americans over a 6,000-year period. Reynolds is the founder of the Kissimmee Valley Archaeological and Historical Conservancy, and helped establish the Museum of Florida Art and Culture at South Florida State College. She has contributed articles

to The Florida Anthropologist and other publications.

In this program, children will learn about Florida archaeology and what archaeologists do, and will see some of the artifacts from Reynolds' collection. This program is free and open to children and adults of all ages.

The Avon Park Public Library is at 100 N. Museum Ave. For more information contact the library at 452-3803, visit the library's website at www.myhlc.org, or visit the Summer Reading Program blog at myhlc.blogspot.com/.

Destination Downtown presents 'Celebrate Your Independents'

SEBRING — As we celebrate the nation's independence, small businesses are drawing attention to the importance of small-scale, local enterprise to preserve our economic freedom and local self-reliance, values that go back to the very beginning of this country. Tonight, Downtown Sebring merchants will celebrate summer and their independent spirit with special summertime savings and discounts.

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dozens of locally owned businesses, galleries, shops and boutiques in historic Downtown Sebring for a night of fun while strolling the Circle enjoying your Sip & Stroll from 5-9 p.m.

Saturday Night Cruise

SEBRING — Held the second Saturday of each month from 5-8 p.m., cruisers come from near and far to Sebring's Downtown Circle to see classic cars, listen to live entertainment and enjoy delicious food. Visit www.SebringCruise.com/.

Spanish Aglow meets Saturday

SEBRING — Spanish Sebring Aglow wishes to invite the public to its next meeting at 9 a.m. Saturday in the Spring Lake Activity Center. Join in for fellowship, praise and worship. Share your testimony.

Lunch will be served at 11:30 a.m. Door prizes are included. All denominations are welcome. Call 655-9123 for additional information.

Cities wary of potential unrest if Zimmerman is acquitted

Continued from A1

to be violent," said the Rev. Walter T. Richardson, a longtime pastor and chairman of Miami-Dade County's Community Relations Board, which has been holding town hall-style meetings about the case. "We've already lost one soul and we don't want to lose any more."

Martin, from the suburb of Miami Gardens, was 17 when he died. He was in Sanford visiting his father and father's fiancée when Zimmerman, a neighborhood watch volunteer, fatally shot him during a physical confrontation in a gated community in February 2012.

Martin's supporters portrayed the shooting as racially motivated, while Zimmerman, who identifies himself as Hispanic, claimed self-defense. Charged with second-degree murder, Zimmerman is pleading not guilty at the trial unfolding in a Sanford courthouse.

After police initially refused to arrest Zimmerman, there were many large but peaceful protests in both Sanford and the Miami area — as well



MCT
George Zimmerman enters the courtroom Thursday.

as in New York and other cities. Those demonstrations included a mass walk-out at nearly three dozen South Florida high schools.

Many in Sanford say they doubt the trial's outcome would spark local residents to take to the streets.

"The main focus was to get Zimmerman arrested and have him tried before a jury of his peers in a court of law," said Clayton Turner Jr., president of the Seminole County branch of the NAACP. "That was the main issue, not how we felt about whether he's innocent or guilty."

Not everyone is so certain.

Shantree Hall, 37, a lifelong Sanford resident who

is black, said a Zimmerman acquittal might anger many in the African-American community who already feel they are less likely to obtain justice. The protests that led to Zimmerman's arrest taught many people that was the only way to get things done, she added.

"With Trayvon, the noise was too loud for them. That's why they couldn't sweep it under the rug," she said.

Recent Miami-area high school graduate Jude Bruno, 18, said he doesn't sense from friends and peers that there is a powder keg in South Florida waiting to explode should Zimmerman be found innocent. Bruno is chairman of the Miami-Dade County Youth Commission, which has been working with local youth groups to stress a peaceful reaction.

"We want to be the example to the world because the whole world is watching us," Bruno said.

Bruno spoke after a Community Relations Board meeting this week that drew several hundred people to a Miami Gardens library auditorium, some of them wearing "Justice for Trayvon" T-shirts.

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Index

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IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA
CASE NO.: 10000150GCS

HSBC BANK USA, NATIONAL ASSOCIATION, AS TRUSTEE, UNDER THE POOLING AND SERVICING AGREEMENT DATED FEBRUARY 1, 2004, FREMONT HOME LOAN TRUST 2004-A, MORTGAGE-BACKED CERTIFICATES, SERIES 2004-A, Plaintiff,
vs.
TERESE I. MAYO; UNKNOWN SPOUSE OF MICHAEL DEL POZO; DEAN RAMOS; UNKNOWN SPOUSE OF DEAN RAMOS; UNKNOWN TENANT #1; UNKNOWN TENANT #2, Defendant(s).

NOTICE OF SALE

NOTICE IS HEREBY GIVEN pursuant to an Order on Plaintiff's Motion to Reschedule Foreclosure Sale dated July 8, 2013, entered in Civil Case No. 10000150GCS of the Circuit Court of the Tenth Judicial Circuit in and for Highlands County, Florida, wherein the Clerk of the Circuit Court will sell to the highest bidder for cash on 6th day of August, 2013, at 11:00 a.m. in the Jury Assembly Room, Courthouse Basement, 430 South Commerce Avenue, Sebring, Florida 33870, relative to the following described property as set forth in the Final Judgment, to wit: LOT 10, BLOCK 1, LAKE AND RANCH CLUB, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 8, PAGE 29, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis Pendens must file a claim within 60 days after the sale.

ATTENTION: PERSONS WITH DISABILITIES

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator, 255 N. Broadway Avenue, Bartow, Florida 33830 Phone: (863) 534-4686, at least 7 days before your scheduled court appearance, or immediately upon receiving this notification if the time before the scheduled appearance is less than 7 days; if you are hearing or voice impaired, call 711.

Office of the Court Administrator
FL
Phone: (863) 534-4686
TDD: (863) 534-7777
DATED AT SEBRING, FLORIDA THIS 8th DAY OF JULY, 2013.

By: /s/ Priscilla Michalak, D.C.
ROBERT W. GERMAINE
CLERK OF THE CIRCUIT COURT
HIGHLANDS COUNTY, FLORIDA
July 12, 19, 2013

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA
PROBATE DIVISION
FILE NO. PC 13-242

IN RE: ESTATE OF DWAYNE SCRIVNOR
Division: Probate
Deceased.

NOTICE TO CREDITORS

The administration of the estate of Dwayne Scrivnor, deceased, whose date of death was March 30, 2013, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 S. Commerce Ave., Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is July 12, 2013.

Personal Representative:
/s/ Susan L. Lucia
16502 Avenida Florencia
Poway, California 92064

Attorney for Personal Representative:
/s/ Charlotte Stone
Charlotte C. Stone, Esq.
Attorney for Susan L. Lucia
Florida Bar Number: 21297
STONE & WALDER, P.L.L.C.
3200 U.S. Hwy 27 S., Suite 307
Sebring, FL 33870
Telephone: (863)402-5424
Fax: (863)402-5425
E-Mail: Charlotte@Stonelawgroupfl.com
July 12, 19, 2013

1050

Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA
CIVIL DIVISION
Case No.: 28-2012-CA-000783
Division:
Section:

DEUTSCHE BANK NATIONAL TRUST COMPANY, AS TRUSTEE UNDER POOLING AND SERVICING AGREEMENT DATED AS OF APRIL 1, 2007, SECURITIZED ASSET BACKED RECEIVABLES LLC TRUST 2007-BR2, Plaintiff,
vs.
TIFFANY LYNN HARE; et al., Defendants,

NOTICE OF FORECLOSURE SALE

NOTICE IS HEREBY GIVEN pursuant to a Final Summary Judgment dated June 20, 2013, entered in Civil Case No.: 28-2012-CA-000783, of the Circuit Court of the Tenth Judicial Circuit in and for Highlands County, Florida, wherein DEUTSCHE BANK NATIONAL TRUST COMPANY, AS TRUSTEE UNDER POOLING AND SERVICING AGREEMENT DATED AS OF APRIL 1, 2007 SECURITIZED ASSET BACKED RECEIVABLES LLC TRUST 2007-BR2, is Plaintiff, and TIFFANY LYNN HARE, UNKNOWN SPOUSE OF TIFFANY LYNN HARE, UNKNOWN PERSON(S) IN POSSESSION OF THE SUBJECT PROPERTY, are Defendant(s).

ROBERT W. GERMAINE, the Clerk of Court shall sell to the highest bidder for cash at 11:00 a.m. in the Jury Assembly Room in the Basement of the Highlands County Courthouse, located at 430 South Commerce Avenue, Sebring, Florida, 33870 on the 21st day of August, 2013, the following described real property as set forth in said Final Summary Judgment, to wit:
LOT 47, LESS AND EXCEPT THE NORTHERLY ONE FOOT THEREOF, AND THE WESTERLY 27.05 FEET OF LOT 46, LESS AND EXCEPT THE NORTHERLY ONE FOOT THEREOF, SEBRING SHORES DEVELOPMENT SECTION 3, ACCORDING TO THE PLAT RECORDED IN PLAT BOOK 7, PAGE 55, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

The property is located at the Street address of: 100 SPRING GARDEN RD, SEBRING, FL 33870
If you are a person claiming a right to funds remaining after the sale, you must file a claim with the clerk no later than 60 days after the sale. If you fail to file a claim you will not be entitled to any remaining funds. After 60 days, only the owner of record as of the date of the lis pendens may claim the surplus.
WITNESS my hand and the seal of the court on June 20, 2013.

ROBERT W. GERMAINE
CLERK OF THE COURT
By: /s/ Toni Kopp
Deputy Clerk
(COURT SEAL)
Attorney for Plaintiff:
Elizabeth R. Wellborn, P.A.
350 Jim Moran Blvd, Suite 100
Deerfield Beach, FL 33442
Telephone: (954) 354-3544
Facsimile: (954) 354-3545
IN ACCORDANCE WITH THE AMERICANS WITH DISABILITIES ACT, if you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at not cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator, (863) 534-4690 within two (2) working days of your receipt of this notice; if you are hearing or voice impaired call TDD (863) 534-7777 or Florida Relay Service 711.
July 5, 12, 2013

1050

Legals

IN THE CIRCUIT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA
CIVIL DIVISION
CASE NO. 12-652-GCS
Division No.
Section:

ROSE ACCEPTANCE, INC. Plaintiff(s),
vs.
YVONNE LOFORTE, et al, Defendant(s)

RE-NOTICE OF SALE PURSUANT TO CHAPTER 45

NOTICE IS HEREBY GIVEN pursuant to an Order dated June 21, 2013, and entered in Case No. 12-652-GCS of the Circuit Court of the 10TH Judicial Circuit in and for HIGHLANDS County, Florida, wherein ROSE ACCEPTANCE, INC. is the Plaintiff and YVONNE SUAREZ A/K/A YVONNE LOFORTE; AMAURIS LOFORTE; AND UNKNOWN SPOUSE OF TAMMY L. LABRADOR, and UNKNOWN SPOUSE OF ALEJANDRA LABRADOR SR; AND UNKNOWN SPOUSE OF ALEJANDRA LABRADOR JR are the Defendants, I will sell to the highest and best bidder for cash at the main entrance of the Highlands County Courthouse, 430 South Commerce Avenue, Sebring, Florida, at 11:00 a.m. on the 23rd day of July, 2013, the following described property as set forth in said Order of Final Judgment, to wit:

LOT 7, BLOCK 7, SUN 'N LAKES ESTATES ACRES, SECTION 27, ACCORDING TO THE PLAT THEREOF RECORDED IN PLAT BOOK 8, PAGE 24, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
LESS AND EXCEPT A PORTION OF LOT 7, BLOCK 7, OF SUN 'N LAKES ESTATES ACRES, SECTION 27, AS RECORDED IN PLAT BOOK 8, PAGE 24, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA, BEING MORE PARTICULARLY DESCRIBED AS FOLLOWS: COMMENCE AT THE SOUTHWEST CORNER OF SAID LOT 7, THENCE NORTH 89 DEGREES 52'31" EAST ALONG THE NORTHERLY RIGHT OF WAY OF POLK STREET FOR A DISTANCE OF 165.624 FEET TO THE POINT OF BEGINNING, THENCE NORTH 00 DEGREES 07'54" EAST FOR A DISTANCE OF 264.004 FEET, THENCE NORTH 89 DEGREES 52'31" EAST FOR A DISTANCE OF 165 FEET TO A POINT ON THE WEST LINE OF SAID LOT 7, THENCE SOUTH 00 DEGREES 07'54" EAST ALONG THE WEST LINE OF SAID LOT 7 FOR A DISTANCE OF 264.004 FEET TO THE SOUTHEAST CORNER OF SAID LOT 7, THENCE SOUTH 89 DEGREES 52'31" WEST ALONG THE NORTHERLY RIGHT OF WAY OF POLK STREET FOR A DISTANCE OF 165.00 FEET TO THE POINT OF BEGINNING.

LESS AND EXCEPT A PORTION OF LOT 7, BLOCK 7, OF SUN 'N LAKES ESTATES ACRES, SECTION 27, AS RECORDED IN PLAT BOOK 8, PAGE 24, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA, BEING MORE PARTICULARLY DESCRIBED AS FOLLOWS: BEGIN AT THE SOUTHWEST CORNER OF SAID LOT 7, THENCE NORTH 00 DEGREES 07'18" EAST A DISTANCE OF 435.50 FEET, THENCE NORTH 89 DEGREES 55'50" EAST A DISTANCE OF 100.076 FEET, THENCE SOUTH 00 DEGREES 07'54" WEST A DISTANCE OF 435.50 FEET, THENCE SOUTH 89 DEGREES 52'31" WEST A DISTANCE OF 100.00 FEET TO THE POINT OF BEGINNING.
SUBJECT TO AND TOGETHER WITH A 25 FOOT EASEMENT OVER THE EAST 25.00 FEET AND THE SOUTH 35 FEET FOR ROAD ACCESS.
AND INCLUDES A 2001 LIMI MOBILE HOME, SERIAL NUMBER FLA14616038A & FLA14616038B
IF YOU ARE A PERSON CLAIMING A RIGHTS TO FUNDS REMAINING AFTER THE SALE, YOU MUST FILE A CLAIM WITH THE CLERK OF COURT NO LATER THAN 60 DAYS AFTER THE SALE. IF YOU FAIL TO FILE A CLAIM, YOU WILL NOT BE ENTITLED TO ANY REMAINING FUNDS. AFTER 60 DAYS, ONLY THE OWNER OF RECORDS OF THE DATE OF THE LIS PENDENS MAY CLAIM THE SURPLUS.
DATED AT HIGHLANDS County, Florida, this 21st day of June, 2013.

ROBERT W. GERMAINE, Clerk
HIGHLANDS County, Florida
By: /s/ Priscilla Michalak
Deputy Clerk
517333.000311
July 5, 12, 2013

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA
CASE NO.: 2013-CA-000409
DIVISION:
UNC: 282013CA000409XCICI

U.S. BANK, N.A., AS TRUSTEE ON BEHALF OF MID-STATE TRUST XI BY GREEN TREE SERVICING LLC, A FOREIGN LIMITED LIABILITY COMPANY AUTHORIZED TO DO BUSINESS IN THE STATE OF FLORIDA AS SERVICER WITH DELEGATED AUTHORITY Plaintiff,
vs.
JESSICA N. VIDAL; RAUL VIDAL; CITIFINANCIAL, INC.; Defendant(s).

NOTICE OF ACTION TO THE FOLLOWING DEFENDANT(S):

JESSICA N. VIDAL
486 SERENADE TERR-LAKE PLACID, FL 33852
JESSICA N. VIDAL
489 SERENADE TERR-LAKE PLACID, FL 33852
JESSICA N. VIDAL
2431 NW 104TH TERR-AMIAMI, FL 33147
RAUL VIDAL
486 SERENADE TERR-LAKE PLACID, FL 33852
RAUL VIDAL
489 SERENADE TERR-LAKE PLACID, FL 33852
YOU ARE NOTIFIED that an action to foreclose a mortgage on the following property in HIGHLANDS County, Florida:
LOT 21 BLOCK 141, SUN N LAKE ESATTES, SECTION 15, ACCORDING TO THE PLAT THEREOF RECORDED IN PLAT BOOK 8, PAGE 84, PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

has been filed against you and you are required to serve a copy of your written defenses, if any, to it on the attorney for the Plaintiff:
VESCHIO LAW GROUP, LLC
2001 W. KENNEDY BLVD.
Tampa, FL 33606
E-MAIL FOR THIS FILE:
FORECLOSURE@VGLGFL.COM

on or before August 7, 2013, or within 30 days of the first publication of this notice of action, and file the Original with the Clerk of this Court either before service on Plaintiff's attorneys or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the Complaint.
DATED on July 8, 2013.

Clerk of the Circuit Court, HIGHLANDS County
430 SOUTH COMMERCE AVENUE
SEBRING, FL 33870-3701
/s/ Priscilla Michalak
Deputy Clerk
IF YOU ARE A PERSON WITH A DISABILITY WHO NEEDS ANY ACCOMMODATION IN ORDER TO PARTICIPATE IN THIS PROCEEDING, YOU ARE ENTITLED, AT NO COST TO YOU, TO THE PROVISION OF CERTAIN ASSISTANCE. PLEASE CONTACT THE OFFICE OF THE COURT ADMINISTRATOR AT (863) 534-4686 AT LEAST SEVEN (7) DAYS BEFORE YOUR SCHEDULED COURT APPEARANCE, OR IMMEDIATELY UPON RECEIVING THIS NOTIFICATION IF THE TIME BEFORE THE SCHEDULED APPEARANCE IS LESS THAN SEVEN (7) DAYS; IF YOU ARE HEARING OR VOICE IMPAIRED, CALL 711.
July 12, 19, 2013

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA
Case No: FC 13-831
ANA MERCEDES CLAROS, Petitioner
and
JESUS FREDDY CLAROS CAICEDO, Respondent.

NOTICE OF ACTION FOR DISSOLUTION OF MARRIAGE

TO: Jesus Freddy Claros Caicedo
113 Whately Blvd., Sebring, Florida 33870.
YOU ARE NOTIFIED that an action has been filed against you and that you are required to serve a copy of your written defenses, if any, to it on Ana Mercedes Claros, whose address is 113 Whately Blvd., Sebring, Florida 33870, on or before July 29, 2013 and file the original with the clerk of this Court at 430 South Commerce Avenue, Sebring, Florida 33870, before service on Petitioner or immediately thereafter. If you fail to do so, a default may be entered against you for the relief demanded in the petition. Copies of all court documents in this case, including orders, are available at the Clerk of the Circuit Court's office. You may review these documents upon request. You must keep the Clerk of the Circuit Court's office notified of your current address. (You may file Notice of Current Address, Florida Supreme Court Approved Family Law Form 12.915.) Future papers in this lawsuit will be mailed to the address on record at the clerk's office. WARNING: Rule 12.285, Florida Family Law Rules of Procedure, requires certain automatic disclosure of documents and information. Failure to comply can result in sanctions, including dismissal or striking of pleadings.
DATED: June 24, 2013.
ROBERT W. GERMAINE, CLERK
CLERK OF THE CIRCUIT COURT
By: /s/ Edsel Kromholz
Deputy Clerk
July 12, 19, 26; August 2, 2013

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA
CASE NO. 28-2010-CA-001041

FLAGSTAR BANK, FSB, Plaintiff,
vs.
ARTHUR A. BRAND A/K/A ARTHUR A. BRAND, JR.; et al., Defendant(s).

AMENDED NOTICE OF FORECLOSURE SALE PURSUANT TO CHAPTER 45

NOTICE IS HEREBY GIVEN that Sale will be made pursuant to an Order of Final Summary Judgment. Final Judgment was awarded on June 3, 2013 in Civil Case No. 28-2010-CA-001041, of the Circuit Court of the Tenth Judicial Circuit in and for HIGHLANDS County, Florida, wherein FLAGSTAR BANK, FSB, is the Plaintiff and ARTHUR A. BRAND A/K/A ARTHUR A. BRAND, JR.; UNKNOWN SPOUSE OF ARTHUR A. BRAND A/K/A ARTHUR A. BRAND, JR.; AVON PARK LAKES ASSOCIATION; are Defendants.

The Clerk of the Court will sell to the highest and best bidder for cash in THE JURY ASSEMBLY ROOM, BASEMENT, 430 SOUTH COMMERCE AVENUE, SEBRING, FL 33870, at 11:00 A.M. on the 26th day of July, 2013, the following described real property as set forth in said Final Summary Judgment, to wit:
LOTS 7238, 7239 AND 7240, AVON PARK LAKES, UNIT NO. 23, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 5, PAGE 19, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
Property Address: 2350 N SHAMROCK RD, AVON PARK, FL 33825
ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE.
WITNESS my hand and the seal of the court on July 1, 2013.

IMPORTANT

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator, 255 N. Broadway Avenue, Bartow, Florida 33830, (863) 534-4686, at least 7 days before your scheduled court appearance, or immediately upon receiving this notification if the time before the scheduled appearance is less than 7 days; if you are hearing or voice impaired, call 711.

CLERK OF THE COURT
Robert Germaine
By: /s/ Priscilla Michalak
Deputy Clerk
July 5, 12, 2013
1091-1276

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT OF THE STATE OF FLORIDA, IN AND FOR HIGHLANDS COUNTY CIVIL DIVISION
CASE NO. 28-2011-CA-000006

OWEN LOAN SERVICING, LLC, Plaintiff,
vs.
KIMBERLY M. HALL; UNKNOWN SPOUSE OF KIMBERLY M. HALL; CAROL CATHCART; UNKNOWN SPOUSE OF CAROL CATHCART; IF LIVING, INCLUDING ANY UNKNOWN SPOUSE OF SAID DEFENDANT(S), IF REMARRIED, AND IF DECEASED, THE RESPECTIVE UNKNOWN HEIRS, DEVISEES, GRANTEES, ASSIGNEES, CREDITORS, LIENORS, AND TRUSTEES, AND ALL OTHER PERSONS CLAIMING BY, THROUGH, UNDER OR AGAINST THE NAMED DEFENDANT(S); PLACID LAKES HOME AND PROPERTY OWNERS ASSOCIATION, INC.; WHETHER DISSOLVED OR PRESENTLY EXISTING, TOGETHER WITH ANY GRANTEE, ASSIGNEE, CREDITORS, LIENORS, OR TRUSTEES OF SAID DEFENDANT(S) AND ALL OTHER PERSONS CLAIMING BY, THROUGH, UNDER, OR AGAINST DEFENDANT(S); UNKNOWN TENANT #1; UNKNOWN TENANT #2; Defendant(s)

NOTICE OF SALE

Notice is hereby given that, pursuant to a Final Summary Judgment of Foreclosure entered in the above-styled cause, in the Circuit Court of HIGHLANDS County, Florida, I will sell the property situated in HIGHLANDS County, Florida, described as:
LOT 5, BLOCK 99, PLACID LAKES SECTION 14, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 8, PAGE 19, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
A/K/A -- 552 Lake August Dr., Lake Placid, FL 33852
at public sale, to the highest and best bidder, for cash, in the Jury Assembly Room in the basement of Highlands County Courthouse located at 430 South Commerce Avenue, Sebring, Florida at 11:00 A.M. on August 21, 2013.
Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens, must file a claim within 60 days after the sale.
Witness, my hand and seal of this court on the 24th day of June, 2013.

CLERK OF THE CIRCUIT COURT
By: /s/ Priscilla Michalak
Deputy Clerk

If you are a person with a disability who needs assistance in order to participate in a program or service of the State Courts System, you should contact the Office of the Court Administrator at (863) 534-4686 (voice), (863) 534-7777 (TDD) or (800) 955-8770 (Florida Relay Service), as much in advance of your court appearance or visit to the courthouse as possible. Please be prepared to explain your functional limitations and suggest an auxiliary aid or service that you believe will enable you to effectively participate in the court program or service.
80178-1 dcs

IN THE CIRCUIT COURT IN AND FOR HIGHLANDS COUNTY, FLORIDA
CASE NO.: GC-12-000573
JPMORGAN CHASE BANK, N.A. AS SUCCESSOR BY MERGER TO CHASE HOME FINANCE, LLC Plaintiff,
vs.
GEORGE I. SANTOS; AMANDA SANTOS; UNKNOWN TENANT I; UNKNOWN TENANT II, and any unknown heirs, devisees, grantees, creditors, and other unknown persons or unknown spouses claiming by, through and under any of the above-named Defendants, Defendants.

NOTICE OF FORECLOSURE SALE

NOTICE is hereby given that the undersigned Clerk of the Circuit Court of Highlands County, Florida, will on the 21st day of August, 2013, at 11:00 o'clock A.M. at the in the Jury Assembly Room in the basement of the Highlands County Courthouse located at 430 South Commerce Avenue, Sebring, Florida at 11:00 A.M., offer for sale and sell at public outcry to the highest and best bidder for cash, the following-described property situate in Highlands County, Florida:
LOT 32, BLOCK 50, SEBRING COUNTRY ESTATES SECOND TWO, ACCORDING TO THE MAP OR PLAT THEREOF AS RECORDED IN PLAT BOOK 7, PAGE 34, PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
pursuant to the Final Judgment entered in a case pending in said Court, the style of which is indicated above.

Any person or entity claiming an interest in the surplus, if any, resulting from the foreclosure sale, other than the property owner as of the date of the Lis Pendens, must file a claim on same with the Clerk of Court within 60 days after the foreclosure sale.
WITNESS my hand and official seal of said Court this 24th day of June, 2013.

AMERICANS WITH DISABILITIES ACT. If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator, 255 N. Broadway Avenue, Bartow, Florida 33830, (863)534-4686, at least 7 days before your scheduled court appearance, or immediately upon receiving this notification if the time before the scheduled appearance is less than 7 days; if you are hearing or voice impaired, call 711.

CLERK OF THE CIRCUIT COURT
By: /s/ Priscilla Michalak
Deputy Clerk
(COURT SEAL)
B&H #294683

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT OF FLORIDA IN AND FOR HIGHLANDS COUNTY GENERAL JURISDICTION DIVISION CASE NO. 28-2012-CA-000939
OWEN LOAN SERVICING, LLC, Plaintiff,
vs.
JAY E. STAMBEK A/K/A JAY STAMBEK, DISCOVER BANK, HIGHLANDS INDEPENDENT BANK, UNKNOWN TENANT IN POSSESSION 1, UNKNOWN TENANT IN POSSESSION 2, UNKNOWN SPOUSE OF JAY E. STAMBEK A/K/A JAY STAMBEK Defendants.

NOTICE OF FORECLOSURE SALE

NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of Foreclosure filed June 20, 2013 entered in Civil Case No. 28-2012-CA-000939 of the Circuit Court of the TENTH Judicial Circuit in and for Highlands County, Florida, the Clerk will sell to the highest and best bidder for cash at the Jury Assembly Room in the Highlands County Courthouse, 430 South Commerce Avenue, Sebring, FL 33870 in accordance with Chapter 45, Florida Statutes on the 23rd day of July, 2013 at 11:00 AM on the following described property as set forth in said Summary Final Judgment, to-wit:
Lot 20, Block 48, SEBRING COUNTRY ESTATES SECTION TWO, according to the plat thereof recorded in Plat Book 7, Page 34, Public Records of Highlands County, Florida.
Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens, must file a claim within 60 days after the sale.
DATED this 25th day of June, 2013.
ROBERT W. GERMAINE, CLERK
CLERK OF THE CIRCUIT COURT
By: /s/ Priscilla Michalak
DEPUTY CLERK
1557291 12-01779-1
July 5, 12, 2013

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Legals

IN THE CIRCUIT COURT
OF THE TENTH JUDICIAL CIRCUIT
OF FLORIDA, IN AND FOR HIGHLANDS COUNTY
Case #: GC 13-68
Judge:

ELIZABETH WILLIAMS
Petitioner
ELIJAH FOGLE, THERESA JOHNSON, CARETHA
WASHINGTON FOGLE, CORELL BYRD, JEREMIAH
FOGLE, HAZIKIAH FOGLE, MALACHI FOGLE, SY-
VALIEN MATHEWS, MARY PERRY, ELICLAY FOGLE
and DELORIS ANDERSON
Respondents

NOTICE OF ACTION - PROPERTY
TO: Caretha Washington
1309 S. Verona Blvd.
Avon Park, FL 33825

Theresa Johnson
P.O. Box 151332
Ely, NV 89315

Elijah Fogle
9403 Waldstrasse Ct.
Orlando, FL 32825

Mary Perry
203 S. Wells Ave.
Dundee, FL 33838

or if any of the aforesaid persons is dead, then his
or her unknown heirs, devisees, legatees or grant-
ees; and any and all other persons or parties
claiming by, through, under or against them; and
all claimants, persons or parties, natural or corpo-
rate, or whose exact legal status, if known, claim-
ing under any of the above named or interest in
and to the lands hereinafter described.

YOU ARE HEREBY NOTIFIED that an Action to
Cancel a Mortgage for the following described
property in Highlands County, Florida, to wit:
Lot 24, Block 4, Hatchell's Subdivision, according
to the plat thereof recorded in Transcript Book,
Page 19, Public Records of Highlands County,
Florida.

has been filed against you and you are required to
serve a copy of your written defenses, if any to it,
on the Plaintiff(s) attorney, whose name and ad-
dress is: David F. Lanier, Esq., P.O. Box 400,
Avon Park, Florida 33826-0400, and file the origi-
nal with the Clerk of the above styled Court on or
before July 24th, 2013, otherwise a judgment
may be entered against you for the relief de-
manded in the Complaint.

WITNESS my hand and the seal of said Court
on June 10, 2013.

ROBERT W. GERMAINE
Clerk of said Circuit Court
By: /s/ Priscilla Michalak
Deputy Clerk
June 21, 28; July 5, 12, 2013

IN THE CIRCUIT COURT
OF THE TENTH JUDICIAL CIRCUIT,
IN AND FOR HIGHLANDS COUNTY, FLORIDA
CASE NO. 100009176CAXSX

DEUTSCHE BANK NATIONAL TRUST COMPANY,
AS TRUSTEE FOR AMERIQUEST MORTGAGE
SECURITIES INC., ASSET-BACKED PASS-
THROUGH CERTIFICATES, SERIES 2005-R8
PLAINTIFF,

VS.
CAROL A. SALTSGIVER, ET AL.,
DEFENDANT(S).

NOTICE OF FORECLOSURE SALE
NOTICE IS HEREBY GIVEN pursuant to an Order of
Final Summary Judgment of Foreclosure dated
the 26th day of June, 2013, and entered in Case
No. 100009176CAXSX, of the Circuit Court of the
Tenth Judicial Circuit in and for Highlands County,
Florida. I will sell to the highest and best bidder for
cash at the Highlands County Courthouse, Jury
Assembly Room, 590 South Commerce Avenue,
Sebring, FL 33870-3867 at 11:00 A.M. on the
23rd day of July, 2013, the following described
property as set forth in said Final Judgment, to
wit:

THE LAND REFERRED TO IN THIS EXHIBIT IS LO-
CATED IN THE COUNTY OF HIGHLANDS AND THE
STATE OF FLORIDA IN DEED BOOK 1682 AT
PAGE 490 AND DESCRIBED AS FOLLOWS:

LOT 8, OF SUNVIEW ACRES, ACCORDING TO THE
PLAT THEREOF RECORDED IN PLAT BOOK 12,
PAGE 15, OF THE PUBLIC RECORDS OF HIGH-
LANDS COUNTY, FLORIDA.

Any person claiming an interest in the surplus
from the sale, if any, other than the property
owner as of the date of the Lis Pendens, must file
a claim within 60 days after the sale.

If you are a person with a disability who needs any
accommodation to participate in this proceeding,
you are entitled, at no cost to you, to the provision
of certain assistance. Please contact the Office of
the Court Administrator at (863) 534-4686, at
least 7 days before your scheduled court appear-
ance, or immediately upon receiving this notifica-
tion if the time before the scheduled appearance
is less than 7 days; if you are hearing or voice im-
paired, call 711.

Dated this 27th day of June, 2013.

ROBERT W. GERMAINE, CLERK
Clerk of the Circuit Court
Robert W. Germaine
By: /s/ Priscilla Michalak
Deputy Clerk
File #: C27-0921 (Circuit Court Seal)
July 5, 12, 2013

IN THE CIRCUIT COURT
OF THE TENTH JUDICIAL CIRCUIT
IN AND FOR HIGHLANDS COUNTY, FLORIDA
CIVIL ACTION
CASE NO.: 28-2011-CA-000537
DIVISION:

CAPITAL ONE, N.A.,
Plaintiff,
vs.
YOAN GUTIERREZ LOPEZ A/K/A JOAN
GUTIERREZ, et al,
Defendant(s).

NOTICE OF RESCHEDULED FORECLOSURE SALE
NOTICE IS HEREBY GIVEN pursuant to an Or-
der Rescheduling Foreclosure Sale dated July 8,
2013 and entered in Case No.
28-2011-CA-000537 of the Circuit Court of the
TENTH Judicial Circuit in and for HIGHLANDS
County, Florida wherein CAPITAL ONE, N.A. is the
Plaintiff and YOAN GUTIERREZ LOPEZ A/K/A JOAN
GUTIERREZ; SARAY SIFONTE; ANGEL MARTINEZ;
THE UNKNOWN SPOUSE OF ANGEL MARTINEZ
N/K/A VIRGEN WALDE; SEBRING RIDGE PROP-
ERTY OWNERS ASSOCIATION, INC.; are the De-
fendants. The Clerk of the Court will sell to the
highest and best bidder for cash at JURY ASSEM-
BLY ROOM IN THE BASEMENT OF THE HIGH-
LANDS COUNTY COURTHOUSE, 430 SOUTH
COMMERCE AVENUE at 11:00 AM, on the 28th
day of August, 2013, the following described
property as set forth in said Final Judgment:

LOT 10, BLOCK 1, SEBRING RIDGE-SECTION
G, ACCORDING TO THE PLAT THEREOF, AS RE-
CORDED IN PLAT BOOK 12, PAGE 28, OF THE
PUBLIC RECORDS OF HIGHLANDS COUNTY,
FLORIDA.
A/K/A 4636 COD AVENUE, SEBRING, FL
33870

Any person claiming an interest in the surplus
from the sale, if any, other than the property
owner as of the date of the Lis Pendens must file
a claim within sixty (60) days after the sale

WITNESS MY HAND and the seal of the Court
on July 8, 2013.

ROBERT W. GERMAINE
Clerk of the Circuit Court
By: /s/ Priscilla Michalak
Deputy Clerk

Ronald R Wolfe & Associates, P.L.
P.O. Box 25018
Tampa, Florida 33622-5018
F11015857 CHEVYCHASE-SPECFNMA-R-Job-
stein-Team 4-F11015857

**See Americans with Disabilities Act
In accordance with the Americans Disabilities Act,
persons with disabilities needing a special accom-
modation to participate in this proceeding should
contact the individual or agency sending the notice
at Echevarria & Associates, P.A., P.O. Box
25018, Tampa, FL 33622-5018, telephone (813)
251-4766, not later than seven (7) days prior to
the proceeding. If hearing impaired, (TDD)
1-800-955-8771, or voice (V) 1-800-955-8770,
via Florida Relay Service.

July 12, 19, 2013

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Lake Placid FL 33852

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Email: amarsella@newssun.com**

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT HIGHLANDS COUNTY, FLORIDA PROBATE DIVISION FILE NO. PC 13-256

IN RE: ESTATE OF H. IRENE FOX A/K/A HALINA IRENE FOX Deceased.

NOTICE TO CREDITORS

The administration of the estate of H. Irene Fox a/k/a Halina Irene Fox, deceased, whose date of death was May 15, 2013, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 S. Commerce Ave., Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and persons having claims or demands against decedent's estate must file their claim with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT SO FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIOD SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is July 12, 2013.

Personal Representative: /s/ Judith I. Will
150 North Anoka Avenue
Avon Park, Florida 33825

Attorney for Personal Representative:
CLIFFORD M. ABLES III, P.A.
551 SOUTH COMMERCE AVE.
SEBRING, Florida 33870
Telephone: (863) 385-0112
Fax: (863) 385-1284
E-mail: cmaables@cmablespa.net
Secondary E-Mail: craigh@cmablespa.net
/s/ Brandon S. Craig
Attorney for Judith I. Will
Florida Bar Number: 0085800

1050 Legals

Insight Auctioneers
5000 State Rd 66, Sebring FL 33875
SURPLUS PUBLIC AUCTION - Vehicle, Equip, Misc For the Highlands county sheriff's office and Sun N' Lakes
Saturday, July 13th, 2013

July 7, 10, 12, 2013

MEETING LOCATION CHANGE
SOUTH FLORIDA STATE COLLEGE DISTRICT BOARD OF TRUSTEES

The regular meeting of the District Board of Trustees scheduled for Wednesday, July 24, 2013 at 6:00 p.m. at the DeSoto Campus, will be held at the **SFSC Highlands Campus at 600 W. College Drive, Avon Park, FL 33825**. The public is invited. For additional information, interested parties may visit the college website at www.southflorida.edu or contact the Office of the President, South Florida State College at 600 West College Drive, Avon Park, FL 33825.

IF A PERSON DECIDES TO APPEAL ANY DECISION MADE BY THE DISTRICT BOARD OF TRUSTEES WITH RESPECT TO ANY MATTER CONSIDERED AT THIS MEETING, THAT PERSON WILL NEED A RECORD OF THE PROCEEDINGS, AND MAY NEED TO ENSURE THAT A VERBATIM RECORD OF THE PROCEEDINGS IS MADE, WHICH RECORD INCLUDES THE TESTIMONY AND EVIDENCE UPON WHICH THE APPEAL IS TO BE BASED.

600 West College Drive,
Avon Park, Florida 33825-9356
863-453-6661

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July 10, 12, 2013

2100 Help Wanted

CAREGIVER NEEDED
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INTERVIEWERS WESTAT seeks motivated, detail-oriented individuals to work part time on an important study, the National Study of Health-Related Behaviors (NSHB). Interviewers will collect information from respondents about tobacco use and its effects on health. Interviewers will show respondents how to collect cheek cells and urine samples using a self-collection kit and coordinate appointments for a blood sample to be taken by a trained health professional. To learn more about this position and apply, go to www.westat.com/fieldjobs and enter Job ID 6345BR. WESTAT EOE

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SUN-N-LAKES, L.P. 2/2 Duplex 226 Deerwalk Ave, Patio, tile floors, W/D, A/C, sm. dog ok, no cats. \$475 mo. + \$500 sec. Text 954-829-1641/email: tlb2go@aol.com to apply

7320 Garage & Yard Sales

AVON PARK Fri. - Sun. 8 - 3pm. 2656 N. Labelle Rd. Clothes, girls & women, housewares, electronics, DVD's, movies, Wii games, DS games, collectibles, TV & toys. Too much to list!

AVON PARK Warehouse Sale! Fri. 7/12 & Sat. 7/13, 8 - 3pm. South off Main St. at 222 Forest Ave. High quality items, Office Furnishings, fishing gear, art, toys, tools, lots of computer & networking, many others.

SEBRING ** ESTATE SALE **
1709 Valencia Ave, Sebring, FL 33870
July 12, 13 & 14 8AM-4PM Rain or Shine! Sun. 1/2 price Wheelchair lift (needs repair), garage items, gray storage shelving, very large collection of vintage high power CB equipment and antennae, lovely glassware, lots of king sized sheets, blue and white Bavarian service for twelve dishes. Visit our 50 cent table! King bed/ headboard (Sears-a-Pedic), chest & bureau. Frigidaire dryer, recliner black metal rocker, double pedestal mahogany table with fold-away leaf, matching china cupboard and large sideboard, nice collection Vision Ware, 2pc. Cut glass compote, coin glass, 2 motorized chairs sold AS IS. Miniature dogs, miniature Toby's (2), doll clothes, vintage lunchbox, girl scout uniform, baby doll anatomically correct, lg. souvenir dolls, lots of yarn, electric, balance scale clock, Forestville domed clock w/ china face, electric blankets & elec. mattress pads in exc. cond. Betty Boop bedcover, Betty Boop cookie jar, toaster oven, blender glass jar, electric meat slicer, pots, pans, chenille King bedspread, flatware, Twin mattress & spring (no frame), Baldwin Spinet organ, Spinet Piano. Round 3-legged table w/ claw feet, tension pole lamp, table lamps, cleaners, stereo, Vtg. record player & AM radio, large area rug; dark floral. Sterling chain and setting with gorgeous period, and more not listed. No Early Bird Sales!
www.estatesies.net
Donna Collins Estate Sales

SPRING LAKE * MOVING SALE *
417 Duane Palmer Blvd., Thur, Fri & Sat, July 11, 12 & 13, 8AM-2PM. Tools, Furn., Sm. Appli., Linens & Towels, Household Items. Too Much To List!

7320 Garage & Yard Sales

SUN-N-LAKES LAKE PLACID MOVING SALE! Fri & Sat. 7/12 & 7/13. 8 - 3pm. 211 Twilight Dr. Clothes, furn, tools, household & more!

7520 Pets & Supplies

NOTICE

Florida statute 585.195 states that all dogs and cats sold in Florida must be at least eight weeks old, have an official health certificate and proper shots and be free of intestinal and external parasites.

8000 Recreation

8400 Recreational Vehicles

CAMPING TRAILER, 30' in excellent condition "Kingsport by Gulf Stream 2008. Location: Lake Placid, FL. For more information call at: 863-840-2311 or 863-840-2209. Price: \$6,000.00

9000 Transportation

9100 Motorcycles & ATVs

2011 KAWASAKI 900 CLASSIC LT LIKE NEW! 4,200 miles. LOADED WITH EVERYTHING. \$5850. obo
863-202-6394

9450 Automotive for Sale

1997 ESCORT WAGON 5 Speed 90K miles. New Tires and Other Parts. A Must See! \$2200. obo
863-202-6394

1100 Announcements

CHECK YOUR AD

Please check your ad on the first day it runs to make sure it is correct. Sometimes instructions over the phone are misunderstood and an error can occur. If this happens to you, please call us the first day your ad appears and we will be happy to fix it as soon as we can.

If We can assist you, please call us:

July 12, 19, 2013

NOTICE OF DISPOSITION
ACCORDING TO THE FLORIDA SELF STORAGE FACILITY ACT THE FOLLOWING STORAGE UNITS LOCATED AT THE STORAGE PLACE OF AVON PARK, 395 CR 17A WEST, AVON PARK, FL 33825 WILL BE DISPOSED OF ON JULY 23, 2013 AT 10:00 AM. ALL UNITS ARE SAID TO CONTAIN HOUSEHOLD GOODS UNLESS OTHERWISE STATED. Names and unit numbers are as follows:

NAME	UNIT NUMBER
Leo Harris Adams	342

DISPOSITION BEING MADE TO SATISFY LANDLORD'S LIEN MANAGEMENT RESERVES ALL RIGHTS, UNDER FLORIDA LAW, ALL PAYMENTS MUST BE MADE IN CASH.

July 5, 12, 2013

NOTICE OF SALE
The following vehicle will be sold at public sale or auction to satisfy lien pursuant to Chapter 713.78(2) of the Florida Statutes at 10:00 a.m. on at 1118 WEIGLE AVE., Sebring, Florida 33870.

SALE DATE 7/30/13

2001 FORD	1FTR15U21TA33368
2005 DODGE	1B3EL6R25N629499

SALE DATE 8/8/13

1997 CADILLAC
1G6KD54Y2U290075

July 12, 2013

NOTICE OF PROPOSED RULE DEVELOPMENT OF THE SCHOOL BOARD OF HIGHLANDS COUNTY, FLORIDA TO CONSIDER NEW SCHOOL DISTRICT RULE 5.14 AND NOTICE OF POTENTIAL PUBLIC HEARING

NOTICE is hereby given that the School Board of Highlands County is developing an amendment to Rule 5.14, Homeless Students. The Board will discuss/approve future plans to develop the rule at a regular meeting of the Board on Tuesday, August 13, 2013, at 5:30 p.m. in the Board Meeting Room, George Douglass Administration Building, 426 School Street, Sebring, Florida. If requested by an affected person in writing within 14 days of the date of this notice, a rule development workshop will be noticed in a local newspaper. The request must be submitted to Wally Cox, Superintendent, 426 School Street, Sebring, FL 33870. The purpose and effect of the proposed amendment is to amend the rule to specify the procedure to include revisions as set forth in recent legislation. A summary of the proposed rule or amendment is as follows: A new paragraph shall be added as follows: II. Definitions, A. Homeless Child, 6. C. Certified Homeless Youth - A minor, homeless child or youth, including an unaccompanied youth, who has been certified as homeless or unaccompanied by a school district homeless liaison, the director of an emergency shelter program funded by the U.S. Department of Housing and Urban Development or designee, or the director of a runaway or homeless youth basic center or transitional living program funded by the U.S. Department of Health. The specific legal authority includes Sections 1001.41, 1001.42, and 1003.21, Florida Statutes. The School District believes that the proposed rule or amendment will have no effect on small business. The School District believes that the proposed rule or amendment will not result in substantial increase in costs or prices paid by consumers, individual industries or state or local government agencies, and will not result in significant adverse effects on competition, employment, investment, productivity, innovation or international trade and/or alternative approaches to the regulatory objective either do not exist and/or are precluded by law. The cost to the School District of promulgating the proposed rule or amendment is estimated to be \$200. The estimated annual cost of implementing and enforcing the proposed rule or amendment is \$0. The text of the proposed rule or amendment can be obtained at the Superintendent's office, George Douglass Administration Building (Attn: Marlene Welborn), 426 School Street, Sebring, Florida between the hours of 8:00 a.m. and 4:30 p.m., Monday through Friday.

THE SCHOOL BOARD OF HIGHLANDS COUNTY, BY: Wally Cox
Superintendent & ex officio secretary

July 12, 2013

CUTRALE

FARM SUPERVISOR with exp. & knowledge of running and operations of a Citrus Grove. Send resumes to tdurbin@cutrale.com

FLORIDA MENTOR is looking for an Area Director/Administrator for the Avon Park Intermediate Care Facility for the Developmentally Disabled. This 24-bed residential facility serves people with developmental disabilities with medically complex needs in a quiet park like setting. Candidates must have at a minimum a Bachelor's degree in Human Services, 5 years of Managerial experience, 1 year of experience working with people with developmental disabilities and knowledge of ICF/DD regulations is preferred. Florida MENTOR offers full benefits including health insurance, dental, vision, matching 401k, short/long term disability, life insurance and more. Please apply at <http://jobs.thementornetwork.com/florida/healthcare-management/job-id3776067-area-director-jobs> EEO/AAE

LAWN MAINTENANCE workers needed to run mowers & trimmers. 863-385-6768

LIL WIZARDS ACADEMY Is Looking for Childcare Director or VPK Teachers.

POSITION FILLED!

LPN F/T 3-11 & PRN P/T Avon Park Intermediate Care Facility serving disabled adults is seeking nurses for all shifts. Casual work environment, benefit package and paid training. Call Melissa or Angelina 863-452-5141

P/T DRIVER Wanted for local deliveries with small dump truck, also, some lifting and use of small loader. Must have clean driving record. Apply at Butwell Stone & Soil Inc. 300 W. Lake Isis Ave. Avon Park, FL. 33825

SEBRING HALOS HAIR DESIGNS has moved to a Big Beautiful New Salon. Needs Stylist. Booth Rental \$120 per week. Call 863-385-2728 or 863-414-6903

3000 Financial

4000 Real Estate

4040 Homes For Sale

IN 55+COMMUNITY-BEAUTIFUL 2 bedroom 2 bath home in Village Setting with all of the amenities and security for an active and serene senior lifestyle on the historic Suwannee RIVER. A few amenities are: *Planned Activities, Social Clubs Church Groups *Medical Pharmacy available *Fitness and Wellness Center Nature Trail *Village Square Shops and Services *Conference Retreat Center *Village Lodge/Other Guest Accommodations *Artist Series Please visit www.acfillage.net for a complete list of amenities. CALL TODAY! Hallmark Real Estate, Janet Creel @ 1-877-755-6600 or visit www.hallmarklakacity.com

SPRING LAKE 2/2 Villa Central Air/Heat, Washer Dryer Hook Up, Dish-washer, Fridge w/ice maker, Range & Cable incl. in rent. 863-381-8069.

AVON PARK RENT SUBSIDIZED

1,2,3,& 4 BR Apts in a Central Location, Separate Family & Elderly/Disabled properties; Ridgedale Apts, Lakeside Park & Delaney Hgts. Based on household income.

No Application Fee!

Please Call 863-452-4432 TTY 800-955-8771 On-Line Applications! www.AvonParkHA.org

SEBRING - DINNER LAKE AREA 1BR, 1BA Apartments for Rent. \$425.00 mo. Includes water. Large rooms, fresh paint & tile floors. Call Gary Johnson @ 863-381-1861.

6300 Unfurnished Houses

LAKE PLACID 3/2 131 Loquat Rd. Screened patio. \$700/mo. + \$1,000. security. Call 305-804-5464

LAKE PLACID 2bdrm., 1.5 bath, Screen room, Family room, 1 car garage. Very clean. No pets, no smoking inside. \$650/mo., + utilities. 1st., last & security. 863-441-4899

LAKE PLACID Townhouse, 2/2, washer/dryer, screen room, remodeled, close to town. No pets, no smoking inside. \$650/mo., + utilities. 1st., last & security. 863-441-4899.

AVON PARK

North Central Heights Homes, a new "Rent Restricted" single family home development in Avon Park. Rents range from \$350 to \$550 per month. 2, 3 and 4 BR Available! **DON'T DELAY APPLY TODAY! NO APPLICATION FEE!**

EQUAL HOUSING OPPORTUNITY

CALL: TTY 800-955-8771 863-452-4432 On-line Applications www.avonparkha.org

SEBRING ** COTTAGE ** 1BR / 1BA, W/ Carport, Nice, Private. Woodlawn area. Air & Heat, W/D hookup. No Pets. Lawn Service included. \$375/mo. plus \$250 Security Deposit. Call 863-465-9100

SEBRING 3 BR/2BA Lakefront home w/pool. Many upgrades. Nice yard. Boating, fishing & swimming, in your back yard! \$1100 per mo 1st./2mo. sec. 863-446-1861 or 321-452-7090

7000 Merchandise

7300 Miscellaneous

QUEEN SIZE BED Complete with Frame, Mattresses White Headboard. Also, Mattress cover, Coverlet in Tan Design with 3 Decorative Pillows. \$200. 863-382-9289

TOOLS - Sm. Compressor, New Victor torch set-in pkg., Tanks etc., New 5HP Lawnmower-push, New Snapper 4 stroke, Weedeater, Black & Decker 18 volt tools. Many-Must See Golf Clubs Name Brands! 863-202-6394

7310 Bargain Buys

COLEMAN LANTERNS (4) DUAL MANTLE. All 4 for \$40. Will separate. 863-402-2285

MOUNTAIN BIKE / Men's 26 Inch 15 Speed / (needs rear brakes) otherwise. Good Condition. \$30. 863-402-2285

SLEEPER SOFA Good cond. \$100. obo. Call 863-465-7173

SONY CD CHANGER Holds 200 CD's includes manual, remote, hooks to your stereo. 863-441-2443

UPRIGHT VACUUM - BAGLESS Completely Reconditioned. 30 Day Guarantee! \$25. 863-402-2285

VCR TAPES - Approx. 45 - Assorted! Suspense, Comedy, Horror etc. All Good. \$15. 863-402-2285

7320 Garage & Yard Sales

AVON PARK * MOVING SALE * 1804 Holly Hurst Dr. (Memorial Dr. to Pinecrest Golf) Sat 7/13, 8am - 3pm. Furn., golf clubs, King bedding (many sets to choose), patio furn., kitchen misc, glassware, books, records, antique radios, sec. desk, pictures ECT.

314-9876 News-Sun Classified

2000 Employment

2100 Help Wanted

DAWG HOUSE PET RESORT - Has 2 p/t openings for "Kennel Assistant". Duties include feeding, walking, and general care of our pets. Successful candidate must have reliable transportation, enthusiastic attitude and ability to work with pets. Weekend and holiday hours will be expected. 25-30 hours per week minimum. \$9.00 p/h. Send resume to: finchmichael69@gmail.com

DIRECT SUPPORT PROFESSIONALS wanted for Avon Park Intermediate Care Facility serving disabled adults. HS diploma or 1 year associated experience, valid FL Drivers License and clean criminal background req. Please complete application at www.jobs.thementornetwork.com/florida 863-452-5141

3000 Financial

4000 Real Estate

4040 Homes For Sale

IN 55+COMMUNITY-BEAUTIFUL 2 bedroom 2 bath home in Village Setting with all of the amenities and security for an active and serene senior lifestyle on the historic Suwannee RIVER. A few amenities are: *Planned Activities, Social Clubs Church Groups *Medical Pharmacy available *Fitness and Wellness Center Nature Trail *Village Square Shops and Services *Conference Retreat Center *Village Lodge/Other Guest Accommodations *Artist Series Please visit www.acfillage.net for a complete list of amenities. CALL TODAY! Hallmark Real Estate, Janet Creel @ 1-877-755-6600 or visit www.hallmarklakacity.com

5000 Mobile Homes

5050 Mobile Homes For Sale

MOBILE HOMES FOR SALE AFFORDABLE LOT RENT AVON MOBILE HOME PARK 55 PLUS PARK SORRY NO PETS 863-453-3415

NEW PALM FACTORY LIQUIDATION SALE TEXT STORE 126A TO: 313131 Call John Lyons @ 800-622-2832 ext 210 for details

4120 Villas & Condos For Sale

SPRING LAKE 2/2 Villa Central Air/Heat, Washer Dryer Hook Up, Dish-washer, Fridge w/ice maker, Range & Cable incl. in rent. 863-381-8069.

5000 Mobile Homes

5050 Mobile Homes For Sale

MOBILE HOMES FOR SALE AFFORDABLE LOT RENT AVON MOBILE HOME PARK 55 PLUS PARK SORRY NO PETS 863-453-3415

NEW PALM FACTORY LIQUIDATION SALE TEXT STORE 126A TO: 313131 Call John Lyons @ 800-622-2832 ext 210 for details

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By Mail
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Sebring, FL 33870

By E-Mail
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Highlands County's Hometown Newspaper Since 1927

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Sheriff Susan Benton
434 Fernleaf Avenue • Sebring, FL 33870
863-402-7200 • www.highlandssheriff.org

PART-TIME DEPUTY SHERIFF BAILIFF (STATE OF FLORIDA CERTIFIED)

- Base salary \$14.22-\$17.99 hourly based upon experience
- Hours vary As Needed between Monday-Friday, 8am to 5pm
- Flexible hours

REQUIRED:

- Sworn Law Enforcement Experience
- Active Florida State Law Enforcement Certification
- High School Diploma/G.E.D.

A Pre-Employment Application may be downloaded from our website at www.highlandssheriff.org and returned to: 434 Fernleaf Ave., Sebring, FL 33870 or call (863) 402-7218

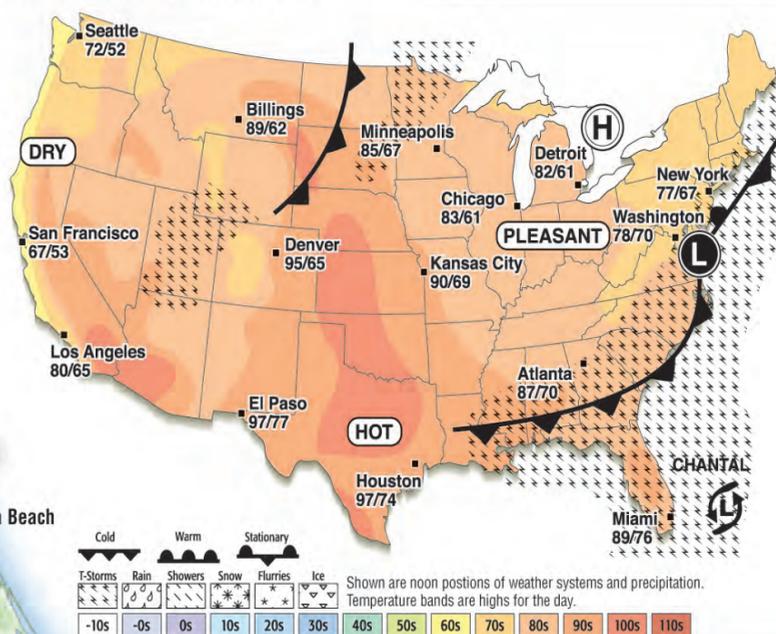
Drug Free Workplace/E.O.E./A.D.E.A./Veterans Preference. BACKGROUND CHECKS WILL BE CONDUCTED.

NEWS-SUN
Highlands County's Hometown Newspaper Since 1927

Five-Day forecast for Highlands County

TODAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
Variable clouds, a t-storm in spots	A couple of afternoon thunderstorms	Partly sunny, a couple of t-storms	Some sun with t-storms possible	T-storms possible in the afternoon
91° / 72°	91° / 72°	90° / 71°	90° / 72°	90° / 72°
Winds: SW at 3-6 mph	Winds: SSW at 4-8 mph	Winds: E at 6-12 mph	Winds: E at 6-12 mph	Winds: E at 6-12 mph

National Forecast for July 12



Almanac

Temperature
Readings at Archbold Biological Station in Lake Placid

High Sunday	92°
Low Sunday	72°
High Monday	92°
Low Monday	69°
High Tuesday	88°
Low Tuesday	68°
High Wednesday	89°
Low Wednesday	70°

Heat Index
For 3 p.m. today

Relative humidity	52%
Expected air temperature	91°
Makes it feel like	98°

Barometer

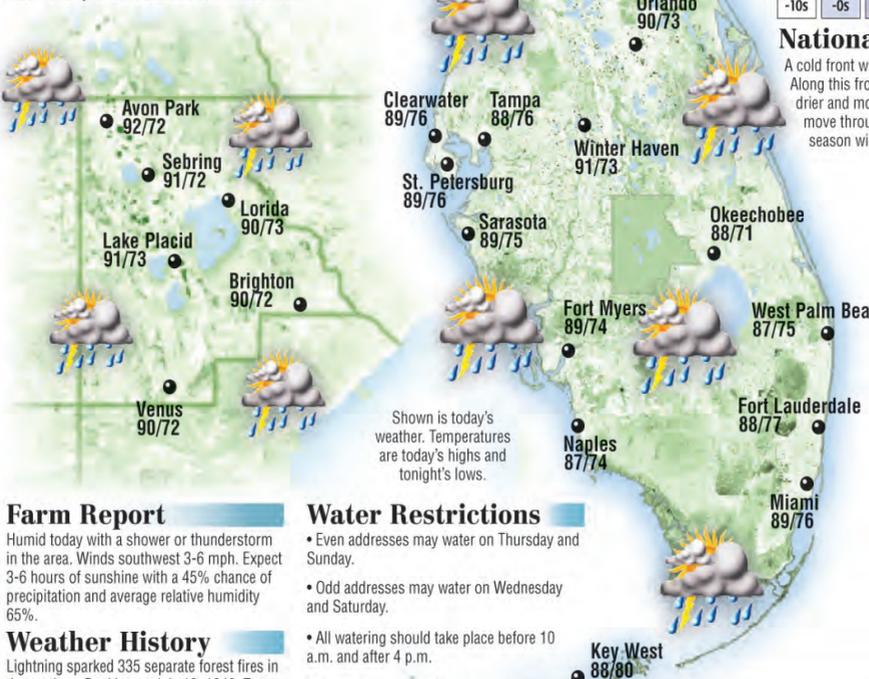
Monday	30.04
Tuesday	29.99
Wednesday	29.93

Precipitation

Monday	0.03"
Tuesday	0.93"
Wednesday	0.61"
Month to date	8.11"
Year to date	37.90"

Regional Summary

Mostly cloudy and humid today with a thunderstorm in spots. A couple of thunderstorms tonight, mainly early. A couple of showers and a thunderstorm tomorrow afternoon. Sunday: a few showers and a thunderstorm.



Tides

Readings at St. Petersburg

High	5:43 a.m.
Low	10:51 a.m.
High	4:50 p.m.
Low	11:53 p.m.

Readings at Palm Beach

High	12:06 p.m.
Low	5:36 a.m.
High	none
Low	5:48 p.m.

Lake Levels

Readings as of 7 a.m. yesterday

Lake Jackson	78.36'
Lake Okeechobee	14.77'
Normal	14.51'

UV Index Today

The higher the AccuWeather.com UV Index™ number, the greater the need for eye and skin protection.



0-2 Low; 3-5 Moderate; 6-7 High; 8-10 Very High; 11+ Extreme

Forecasts and graphics provided by AccuWeather, Inc. ©2013

AccuWeather.com

Farm Report

Humid today with a shower or thunderstorm in the area. Winds southwest 3-6 mph. Expect 3-6 hours of sunshine with a 45% chance of precipitation and average relative humidity 65%.

Weather History

Lightning sparked 335 separate forest fires in the northern Rockies on July 12, 1940. Too often, western thunderstorms contain little or no rain, and the fires quickly spread.

Sun and Moon

	Today	Saturday
Sunrise	6:42 a.m.	6:42 a.m.
Sunset	8:21 p.m.	8:21 p.m.
Moonrise	10:29 a.m.	11:22 a.m.
Moonset	11:02 p.m.	11:38 p.m.

	First	Full	Last	New
	July 15	July 22	July 29	Aug 6

Water Restrictions

- Even addresses may water on Thursday and Sunday.
- Odd addresses may water on Wednesday and Saturday.
- All watering should take place before 10 a.m. and after 4 p.m.

Florida Cities

City	Today	Sat.	Sun.	City	Today	Sat.	Sun.
Cape Coral	89/74/c	90/75/t	90/73/t	Miami	89/76/t	87/78/t	89/78/t
Clearwater	89/76/t	90/76/t	90/76/t	Okeechobee	88/71/t	89/72/t	86/71/t
Coral Springs	89/75/t	88/75/t	89/75/t	Orlando	90/73/t	90/73/t	90/73/t
Daytona Beach	88/73/t	89/74/t	87/74/t	Pembroke Pines	89/75/t	89/76/t	90/76/t
Ft. Laud. Bch	88/77/t	88/77/t	88/78/t	St. Augustine	86/73/t	87/74/t	86/74/t
Fort Myers	89/74/c	90/75/t	90/73/t	St. Petersburg	89/76/t	90/76/t	90/77/t
Gainesville	88/71/t	89/71/t	89/71/t	Sarasota	89/75/t	90/74/t	90/74/t
Hollywood	89/76/t	89/76/t	89/76/t	Tallahassee	87/71/t	89/71/t	92/72/t
Homestead AFB	87/75/t	88/76/t	88/77/t	Tampa	88/76/t	90/76/t	90/76/t
Jacksonville	88/71/t	89/72/t	86/72/t	W. Palm Bch	87/75/t	88/78/t	88/78/t
Key West	88/80/t	88/80/t	89/80/t	Winter Haven	91/73/t	91/73/t	90/72/t

Weather (W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice.

National Summary

A cold front will linger from just off the coast of New England through the Carolinas and into the Southeast today. Along this front, showers and storms will again become more intermittent inland. Behind the storms, an air mass of drier and more comfortable air will move into the Great Lakes and slowly pushing eastward. A wave of energy will move through the Dakotas and into Minnesota today, bringing some heavy showers and thunderstorms. Monsoon season will be in full swing across Arizona, New Mexico and Utah.

U.S. Cities

City	Today	Sat.	Sun.	City	Today	Sat.	Sun.
Albuquerque	92/70/t	94/71/pc	95/72/pc	Los Angeles	80/65/pc	80/62/pc	85/61/s
Atlanta	87/70/pc	84/72/t	82/72/t	Louisville	84/64/s	88/69/s	90/70/t
Baltimore	79/68/t	85/67/t	87/69/pc	Memphis	86/67/pc	90/72/s	92/74/t
Birmingham	88/70/t	89/71/t	86/71/t	Milwaukee	76/62/s	79/65/pc	82/69/pc
Boston	74/66/c	78/67/t	87/70/pc	Minneapolis	85/67/t	82/66/t	83/68/t
Charlotte	82/69/t	82/70/t	84/69/t	Nashville	86/61/pc	90/68/pc	90/70/t
Cheyenne	90/62/t	90/64/t	92/62/t	New Orleans	90/75/t	89/74/t	89/74/t
Chicago	83/61/s	84/64/pc	88/67/pc	New York City	77/67/t	82/69/t	84/71/pc
Cleveland	78/60/s	83/65/s	87/68/pc	Norfolk	82/71/t	76/63/t	84/66/pc
Columbus	82/61/s	85/67/pc	89/70/pc	Oklahoma City	104/73/s	99/67/s	93/69/pc
Dallas	102/76/t	99/73/s	97/75/s	Philadelphia	79/68/t	85/70/t	87/70/pc
Denver	95/65/t	95/69/pc	96/65/pc	Phoenix	103/89/t	108/89/pc	112/91/s
Detroit	82/61/s	84/62/s	87/67/s	Pittsburgh	80/58/s	83/65/t	88/67/pc
Harrisburg	79/65/t	84/67/t	89/69/pc	Portland, ME	77/65/c	76/63/t	84/66/pc
Honolulu	88/73/pc	88/72/s	88/72/pc	Portland, OR	75/54/s	78/55/s	81/56/pc
Houston	97/74/pc	97/76/pc	94/74/pc	Raleigh	81/68/t	84/68/t	88/68/t
Indianapolis	82/62/s	83/66/s	86/65/s	Rochester	76/59/pc	82/63/pc	87/65/pc
Jackson, MS	92/67/pc	92/70/pc	90/71/t	St. Louis	86/65/s	87/68/s	88/72/s
Kansas City	90/69/s	90/68/pc	86/66/pc	San Francisco	67/53/s	68/55/pc	68/55/pc
Lexington	81/60/s	86/64/s	89/66/t	Seattle	72/52/s	75/55/s	77/56/pc
Little Rock	90/65/pc	91/69/s	92/71/t	Wash., DC	78/70/t	84/73/t	90/72/pc

World Cities

City	Today	Sat.	Sun.	City	Today	Sat.	Sun.
Acapulco	88/77/t	90/76/t	90/75/t	London	79/57/pc	86/62/sh	78/58/pc
Athens	92/74/s	93/73/s	93/73/s	Montreal	79/63/pc	82/64/pc	82/66/pc
Beirut	86/76/s	87/76/s	87/76/s	Moscow	81/58/pc	77/59/pc	78/61/pc
Berlin	75/53/pc	77/57/c	70/51/c	Nice	80/68/t	81/68/s	80/68/pc
Bermuda	84/78/s	84/79/s	85/79/s	Ottawa	77/57/pc	81/59/pc	85/62/pc
Calgary	67/44/pc	64/45/t	61/45/pc	Quebec	75/59/pc	81/63/pc	84/63/pc
Dublin	73/53/pc	70/50/pc	71/49/pc	Rio de Janeiro	79/66/s	81/68/s	82/68/s
Edmonton	64/43/s	65/46/pc	67/42/pc	Seoul	79/73/r	80/75/r	80/75/r
Freeport	85/79/t	85/78/t	85/77/t	Singapore	89/78/t	89/78/t	88/78/t
Geneva	81/52/s	80/52/s	81/50/s	Sydney	66/43/pc	67/43/s	66/48/pc
Havana	88/72/t	87/72/t	91/73/pc	Toronto	74/61/pc	80/61/s	84/66/pc
Hong Kong	92/83/pc	91/82/pc	88/81/t	Vancouver	69/51/pc	71/52/c	73/60/pc
Jerusalem	82/64/s	84/66/s	85/65/s	Vienna	74/58/pc	78/59/pc	79/60/pc
Johannesburg	59/42/s	61/42/s	62/41/s	Warsaw	71/55/r	65/56/r	72/50/t
Kiev	81/64/sh	77/57/t	73/59/pc	Winnipeg	86/61/c	82/62/pc	82/60/t

Gospel Concert



The Reflectsons

Where: First Assembly of God
4301 Kenilworth
Sebring, FL

When: Sunday, July 14, 2013

Time: 11am & 7pm

Phone: 863-385-6431

“Reflecting the Son of God”

Cowpoke's Watering Hole

**FOOD • FUN • LIVE MUSIC • STEAKS
SEAFOOD • BAR • KARAOKE & MORE!**



MUSIC SCHEDULE AT THE HOLE

**FRIDAY & SATURDAY
JULY 12 & JULY 13
RED HOT ROOSTER**

**SUNDAY: JULY 14
New Time: 4-7pm
CLAPS FOR PAPPY**

SUMMER Specials!

Sundays & Mondays:
15% OFF all food ALL DAY!

Tuesday: Buy 1 Get 1 at Equal or Lesser Value on Select Steaks, Seafood, and All Pastas

Wednesday: \$10 All You Can Eat Fish, Chips, and Coleslaw

Thursday: \$12 10oz. Prime Rib with a Choice of Potato and our Endless Salad

All specials must include the purchase of a beverage per person. Not valid with any other offer. Dine-in only. Specials are available from open to close on their given day.

Plan ahead! Reservations please.
**6813 US 27 S. SEBRING
PHONE: 863-314-9459**

Mon-Thurs: 11am-9pm
Fri-Sat: 11am-2am
Sunday: 12pm-8pm

Accepting All Major Credit Cards

Morris prospers as a Panther, preps for first official season

By LAUREN WELBORN
News-Sun correspondent

If you are a regular attendant of Sebring High School football games, you are sure to know the name Zac Morris or, as he is often called by classmates, ZacMo.

A 2011 graduate, Morris made the journey over to Melbourne to attend Florida Institute of Technology pursuing a degree in Business Administration.

Now preparing for his junior year, he will also be preparing for his first official game as a college athlete.

"2013 is our inaugural season," Morris explained, "So we have not yet had any official games. This past year we did have four official intra-squad scrimmages in front of the community."

In the upcoming season, Morris will be a part of an NCAA Division II ranked team in the Gulf South Conference.

That is not to say that the last two years have gone to the wayside, however.

Scrimmage games persisted in order to continually build up the team.

For Morris, this included one cherished memory of a triple-overtime win in the third official scrimmage of the season.

"The fun part was, due to team injuries, I even had the chance to play three

series as linebacker, which reminded me of my Sebring High School days."

In his senior season as a Streak, Morris set a single-season record for most tackles with a total of 140 as well as having one interception that was returned for a touchdown.

This pace was set even in his previous year, when he recorded 99 tackles, five forced fumbles, five fumbles recovered and one safety as a junior.

Named his team's



defensive MVP twice and defensive MVP of Highlands County his junior year, Morris always proved to be a force to be reckoned with.

As he has grown with his new Florida Tech team, so have his skills as a free safety.

"The most improved aspect of my game would be my mental aspect—just the amount of knowledge learned from the coaching staff, as well as constant film studies has improved my game."

With this improvement came a need for adjustment and transition, naturally, as he began his first years of college.

"The transition to collegiate football was tough and fast. Literally," he shared.

"Everything speeds up: from the pace of practice, the athletes you are playing against, and even inside the classroom.

"The change comes fast, but to be in the position to continue doing what I love is well worth it."

When asked how he is able to manage his time on and off the field, Morris summed it up in one word: focus.

"It's all about focus. I attended college to receive an education to provide myself a future. That has helped me set my priori-

See MORRIS, Page B3



Courtesy photo
Debra Doud, left, and Kristina Jones joined Don for an early morning fishing trip on the 4th of July.

REDS II – a re-opening

Well, I've been officially retired for two months, and although retirement provides unlimited opportunities to relax, do a little reading, work around the house and yard and most importantly go fishing whenever I want, my dream has always been to own a fishing tackle store.

Kind of a "Man-Cave" sort of thing.

Back in December, 2004, I opened REDS Fishing Tackle in Avon Park.

It was a pretty big store and for the first few months we were open, we did relatively well.

But by mid-April, business began to fall off and by June, we were lucky to have more than an occasional shopper stop by.

I named the store for my father, a big burley redhead who loved fishing and hunting, and always said he'd love to own a fishing tackle store when he retired.

He died at the age of 54 and never had that opportunity.

We closed REDS in early 2006, and it was one of the biggest disappointments in my life.

In hindsight, I think it was just too big and with the over-stocked inventory I tried to carry, daily sales just couldn't support the overhead.

So I've decided to try again, on a much smaller scale.

REDS II, located at 3603 Sebring Parkway, in Sebring, Florida will open in August, 2013.

Unlike the original REDS, I'm not planning a big grand opening such as we had back in January 2005, no fan-fare, we'll just open the doors to the public.

REDS II is relatively small, 600 square feet, and will likely be crammed, floor to ceiling with all the latest and greatest fishing tackle that fishing tackle stores typically carry.

Walking distance from Lake Jackson will be a plus, and our plan is to carry plenty of live bait.

I hired a couple of guys to do the buildout for me and they did a great job.

Bob Mysliwy, owner of RM Home Repairs, LLC, (863-840-0991) along with Richard Neely have done work for me in the past, replacing sinks, repairing toilets, painting and building my fishing dock and you couldn't find a harder working couple of guys who are



Fishin' Around...

Don Norton

also avid bass fishermen.

I have to leave them alone to get any work done though, since they both love to swap fishin' stories.

I highly recommend them. Now that I have the sign up on the store, and the built out is complete, I wanted to mention it in my column since a few folks have asked me when we'd be opening.

Right now, my plan is to open sometime in August, but it will depend on when I get my orders filled, priced and up on the pegboard.

By the way, I don't really plan on working there as much as just hanging out.

My daughter Amy will likely manage the store and I'll be in and out between fishing trips.

Once we firm up an opening date, I'll let everyone know in my column.

I hope you'll stop by and do a little shopping.

FISHIN' GALS

I got an email from Debra Doud, a Cardiologist at Florida Hospital last week about fishing on the 4th of July.

You may recall from one of my previous columns, I took Debra on a trip to Lake Istokpoga a few months ago and we caught a dozen bass flippin' the reeds.

A patient of hers had shown her a square billed crankbait that he swore was the hottest lure ever made and she was anxious to give it a try.

I typically don't fish on holidays, particularly the 4th of July, since jet skiers, water skiers, tubers and the like tend to take over the water and the boat ramps can be a mess.

But she wanted to go early so we agreed to meet at 6 a.m. on the 4th.

Right on time, Debra brought a friend of hers, Kristina Jones, a Sebring resident and we dropped the boat in Lake Jackson a few minutes after 6, just as the sun was starting to rise.

The wind was blowing

See FISHIN', Page B3

To Serve Country and Community

By JAMIE WILLIAMS

Special to the News-Sun

AVON PARK - Being a member of the Florida Army National Guard for the past 16 years and currently a technician for the Florida Army National Guard and is a Member of 3116 Forward Support Company HIMARS located in Lake Wales, Sergeant First Class Eltoro Lewis knows the commitment necessary to serve our country.

Last year he found out that serving the community as Avon Park's Youth Football and Cheer (APYFC) President was just as demanding.

Lewis has been part of the Mid-Florida Football and Cheer Conference (MFFCC) since 2009 and has been part of all three Mitey Mite championship teams.

When then president of the APYFC, Richard Dick, decided to step down after the 2011 season, Lewis stepped up into the leadership role.

"Richard (Dick) did a great job in getting the organization to where it needed to be," said Lewis, "When I came in, I was just trying to maintain what they built and get the organization to grow from there."

In his first year, Lewis was instrumental in getting the clubhouse rebuilt.

Lewis found out later that it was in such disrepair that it was actually slated to demolition a few years ago.

Lewis went to the city, which in turn went to the



Courtesy photo
No perks for the president as Eltoro Lewis fertilizes the grass at Memorial Field to get it ready for the upcoming football season.

county and got approved for a grant to fix the clubhouse, both inside and out, at no cost to the football league.

"We have a new roof, working toilets, working urinals, storage space for the equipment," said Lewis as he gave a quick tour of the facility, "and an office to actually work out of. Some of the work the contractors did without even charging us."

Lewis noted that that roof was contracted to be silver, but Marley's roofing upgraded, at no cost, to a green roof so it would match the surrounding

buildings.

The soffett was installed by Bobby Lee Aluminum.

"These businesses recognized what the organization stood for and was willing to go the extra mile to help" said Lewis.

He was especially proud of two trophy cases that were built and donated by the building contractor, Watts Construction from Haines City.

"We had no place to put everything," said Lewis, "they were just sitting around all over the place. Watts Construction built these two cases so we could store and display our

trophies. I can't say enough for what they did."

"Now that parents are seeing improvements in the facilities questions are being asked when will the Memorial Field Stadium get the much needed repairs done such as the press box needs to be restabilize which the coaches keep bringing to my attention, the stadium needs to be pressure washed and painted are just some of the current issues" said Lewis.

Though Lewis is proud of what they accomplished in his first year, he notes

See LEWIS, Page B4

THE SCOREBOARD

Major League Baseball

AMERICAN LEAGUE

East Division				
	W	L	Pct	GB
Boston	56	37	.602	—
Tampa Bay	52	40	.565	3.5
Baltimore	50	42	.543	5.5
New York	49	42	.538	6
Toronto	44	46	.489	10.5
Central Division				
	W	L	Pct	GB
Detroit	50	40	.556	—
Cleveland	47	44	.516	3.5
Kansas City	43	45	.489	6
Minnesota	37	51	.420	12
Chicago	35	53	.398	14
West Division				
	W	L	Pct	GB
Oakland	54	38	.587	—
Texas	53	38	.582	.5
Los Angeles	44	46	.489	9
Seattle	40	51	.440	13.5
Houston	32	59	.352	21.5

Tuesday's Games

Kansas City 3, N.Y. Yankees 1
 Oakland 2, Pittsburgh 1
 Texas 8, Baltimore 4
 Cleveland 3, Toronto 0
 Chicago White Sox 11, Detroit 4
 Tampa Bay 4, Minnesota 1
 Chicago Cubs 7, L.A. Angels 2
 St. Louis 9, Houston 5
 Boston 11, Seattle 8

Wednesday's Games

N.Y. Yankees 8, Kansas City 1
 Pittsburgh 5, Oakland 0
 Baltimore 6, Texas 1
 Toronto 5, Cleveland 4
 Detroit 8, Chicago White Sox 5
 Tampa Bay 4, Minnesota 3, 13 innings
 L.A. Angels 13, Chicago Cubs 2
 St. Louis 5, Houston 4
 Boston 11, Seattle 4

Thursday's Games

Toronto at Cleveland, late
 Minnesota at Tampa Bay, late
 Kansas City at N.Y. Yankees, late
 Chicago White Sox at Detroit, late
 Boston at Seattle, late
 Texas at Baltimore, late

Friday's Games

Chicago White Sox (Joh.Danks 2-6) at Philadelphia (Pettibone 5-3), 7:05 p.m.
 Kansas City (B.Chen 3-0) at Cleveland (Kluber 6-5), 7:05 p.m.
 Minnesota (Diamond 5-8) at N.Y. Yankees (Kuroda 7-6), 7:05 p.m.
 Toronto (Buehrle 5-5) at Baltimore (Tillman 10-3), 7:05 p.m.
 Texas (Grimm 7-6) at Detroit (Fister 6-5), 7:08 p.m.
 Houston (Keuchel 4-5) at Tampa Bay (Price 3-4), 7:10 p.m.
 Boston (Lackey 6-6) at Oakland (J.Parker 6-6), 10:05 p.m.
 L.A. Angels (Williams 5-4) at Seattle (J.Saunders 7-8), 10:10 p.m.

LEAGUE LEADERS

BATTING				
	AB	R	H	BA
Cabrera, DET	352	70	129	.366
Ortiz, BOS	272	47	90	.331
Trout, LAA	359	63	115	.320
Pedroia, BOS	358	56	114	.318
A. Beltre, TEX	358	53	114	.318
Machado, BAL	396	55	126	.318

HOME RUNS				
Davis, BAL	33			
Cabrera, DET	29			
Dunn, CHW	24			
Encarnacion, TOR	23			
Ibanez, SEA	22			
Cruz, TEX	22			

RUNS BATTED IN				
Cabrera, DET	93			
Davis, BAL	85			
Fielder, DET	69			
Encarnacion, TOR	68			
Cruz, TEX	68			

WON-LOST				
Scherzer, DET	13-0			
Moore, TB	12-3			
Colson, OAK	12-3			
Tillman, BAL	10-3			
Masterson, CLE	10-7			

STRIKEOUTS				
Darvish, TEX	157			
Scherzer, DET	146			
Masterson, CLE	137			
Hernandez, SEA	136			
Sale, CHW	123			

SAVES				
J. Johnson, BAL	30			
Nathan, TEX	30			
Rivera, NYY	29			
Balfour, OAK	24			
Reed, CHW	22			
Frieri, LAA	22			
Holland, KC	22			

NATIONAL LEAGUE

East Division				
	W	L	Pct	GB
Atlanta	52	39	.571	—
Washington	47	44	.516	5
Philadelphia	45	47	.489	7.5
New York	40	48	.455	10.5
Miami	33	57	.367	18.5
Central Division				
	W	L	Pct	GB
St. Louis	55	34	.618	—
Pittsburgh	54	36	.600	1.5
Cincinnati	51	40	.560	5
Chicago	40	49	.449	15
Milwaukee	37	53	.411	18.5
West Division				
	W	L	Pct	GB
Arizona	47	44	.516	—
Los Angeles	45	45	.500	1.5
Colorado	44	48	.478	3.5
San Diego	41	51	.446	6.5

Tuesday's Games

Oakland 2, Pittsburgh 1
 Philadelphia 4, Washington 2
 Atlanta 6, Miami 4
 Chicago Cubs 7, L.A. Angels 2
 Milwaukee 2, Cincinnati 0
 St. Louis 9, Houston 5
 L.A. Dodgers 6, Arizona 1
 San Diego 2, Colorado 1
 N.Y. Mets 10, San Francisco 6

Wednesday's Games

Miami 6, Atlanta 2
 Cincinnati 6, Milwaukee 2
 N.Y. Mets 7, San Francisco 2
 Pittsburgh 5, Oakland 0
 Washington 5, Philadelphia 1
 L.A. Angels 13, Chicago Cubs 2
 St. Louis 5, Houston 4
 L.A. Dodgers 7, Arizona 5, 14 innings
 Colorado 5, San Diego 4

Thursday's Games

Washington at Philadelphia, late
 Cincinnati at Atlanta, late
 St. Louis at Chicago Cubs, late
 Milwaukee at Arizona, late
 Colorado at L.A. Dodgers, late
 San Francisco at San Diego, late

Friday's Games

St. Louis (J.Kelly 0-3) at Chicago Cubs (Villanueva 2-4), 4:05 p.m.



LIVE SPORTS ON TV

AUTO RACING SATURDAY

10 a.m. NASCAR – New England 200, Qual. . . . ESPN2
 3:30 p.m. NASCAR – New England 200 ABC
 7:30 p.m. Global Rallycross Championship ESPN

BOXING FRIDAY

10 p.m. Chris Avalos vs. Drian Francisco ESPN2

CANADIAN FOOTBALL SATURDAY

9:30 p.m. BC Lions at Edmonton Eskimos ESPN2

GOLF FRIDAY

12:30 p.m. LPGA – Manulife Financial Classic GOLF
 3 p.m. PGA – John Deere Classic GOLF
 4 p.m. U.S. Senior Open Championship ESPN2
 6 p.m. PGA – Utah Championship GOLF

9:30 a.m. EuroPGA – Scottish Open GOLF
 Noon EuroPGA – Scottish Open NBC
 1 p.m. PGA – John Deere Classic GOLF
 2:30 p.m. LPGA – Manulife Financial Classic GOLF
 3 p.m. PGA – John Deere Classic CBS
 3 p.m. U.S. Senior Open Championship NBC
 6:30 p.m. PGA – Utah Championship GOLF

MAJOR LEAGUE BASEBALL FRIDAY

4 p.m. St. Louis at Chicago Cubs WGN
 7 p.m. Houston at Tampa Bay SUN

4 p.m. Houston at Tampa Bay SUN
 7 p.m. Washington at Miami FOX

MAJOR LEAGUE LACROSSE SATURDAY

7 p.m. MLL All-Star Game ESPN2

MAJOR LEAGUE SOCCER FRIDAY

8 p.m. Club Deportivo at Philadelphia ESPN2

SOCCER SATURDAY

1:45 p.m. FIFA U-20 World Cup Final ESPN
 3 p.m. CONCACAF Gold Cup – USA vs. Cuba FOX

Times, games, channels all subject to change

Chicago White Sox (Joh.Danks 2-6) at Philadelphia (Pettibone 5-3), 7:05 p.m.				
N.Y. Mets (Hefner 4-6) at Pittsburgh (Morton 1-2), 7:05 p.m.				
Washington (Strasburg 5-6) at Miami (Eovaldi 1-0), 7:10 p.m.				
Cincinnati (Arroyo 7-7) at Atlanta (Medlen 6-8), 7:30 p.m.				
Milwaukee (Gorzelanny 1-2) at Arizona (Corbin 10-1), 9:40 p.m.				
Colorado (Nicasio 4-4) at L.A. Dodgers (Kershaw 8-5), 10:10 p.m.				
San Francisco (Gaudin 2-1) at San Diego (O'Sullivan 0-0), 10:10 p.m.				

LEAGUE LEADERS

BATTING				
	AB	R	H	BA
Molina, STL	309	37	106	.343
Cuddyer, COL	273	43	92	.337
Craig, STL	330	48	108	.327
Carpenter, STL	342	70	110	.322
Segura, MIL	357	50	114	.319

HOME RUNS				
Gonzalez, COL	24			
Alvarez, PIT	23			
Brown, PHL	23			
Goldschmidt, ARI	21			
Beltran, STL	19			

RUNS BATTED IN				
Goldschmidt, ARI	76			
Craig, STL	71			
Phillips, CIN	67			
Brown, PHL	64			
Gonzalez, COL	63			

WON-LOST				
Zimmermann, WAS	12-3			
Wainwright, STL	12-5			
Lynn, STL	11-3			
Corbin, ARI	10-1			
Lee, PHL	10-3			

STRIKEOUTS				
Harvey, NYM	147			
Kershaw, LAD	129			
Samardzija, CHC	128			
Wainwright, STL	126			
Lee, PHL	125			

SAVES				
Grilli, PIT	28			
Mujica, STL	25			
Kimbrel, ATL	24			
Soriano, WAS	24			
Chapman, CIN	20			
Romo, SF	20			

Arena Football

NATIONAL CONFERENCE				
Central Division				
	W	L	T	Pct
Chicago	8	7	0	.533
San Antonio	8	7	0	.533
Iowa	6	9	0	.400
West Division				
	W	L	T	Pct
x-Arizona	13	2	0	.867
Spokane	11	4	0	.733
San Jose	11	4	0	.733
Utah	5	10	0	.333

AMERICAN CONFERENCE				
South Division				
	W	L	T	Pct
x-Jacksonville	10	5	0	.667
Tampa Bay	7	8	0	.467

New Orleans	5	10	0	.333
Orlando	5	10	0	.333

Eastern Division

	W	L	T	Pct	PF	PA
y-Philadelphia	10	5	0	.667	890	715
Cleveland	3	12	0	.200	4869	869
Pittsburgh	3	12	0	.200	615	838

x-clinched playoff spot
 y-clinched division

Friday's Game

Utah at Philadelphia, 7:35 p.m.

Saturday's Games

Spokane at Jacksonville, 7 p.m.
 Iowa at Orlando, 7 p.m.
 San Jose at Pittsburgh, 7 p.m.
 Cleveland at Chicago, 8 p.m.
 Tampa Bay at San Antonio, 8:30 p.m.
 New Orleans at Arizona, 9 p.m.

WNBA

EASTERN CONFERENCE				
	W	L	Pct	GB
Atlanta	10	2	.833	—
Chicago	9	4	.692	1.5
New York	6	7	.462	4.5
Washington	6	7	.462	4.5
Indiana	4	7	.364	5.5
Connecticut	3	8	.273	6.5

WESTERN CONFERENCE				
	W	L	Pct	GB
Minnesota	9	3	.750	—
Los Angeles	8	4	.667	1
Phoenix	8	6	.571	2
Seattle	5	8	.385	4.5
San Antonio	4	8	.333	5
Tulsa	3	11	.214	7

Tuesday's Games

New York 66, Seattle 57
 Minnesota 94, Atlanta 72

Wednesday's Games

Chicago 89, Washington 85
 San Antonio 88, Phoenix 80

Thursday's Games

Minnesota at Indiana, late
 Los Angeles at Tulsa, late

Friday's Games

Chicago at Connecticut, 7 p.m.
 Washington at San Antonio, 8 p.m.

Transactions

BASEBALL
American League
 BALTIMORE ORIOLES—Reinstated LHP Wei-Yin Chen from the 15-day DL.
 Recalled RHP Josh Stinson from Norfolk (IL).
 BOSTON RED SOX—Optioned RHP Allen Webster and RHP Alfredo Aceves to Pawtucket (IL). Recalled RHP Steven Wright and RHP Pedro Beato from Pawtucket.
 OAKLAND ATHLETICS—Selected the contract of RHP Sonny Gray from Sacramento (PCL).
 Optioned RHP Dan Straily to Sacramento.
 TEXAS RANGERS—Placed RHP Yu Darvish on the 15-day DL, retroactive to July 6.

SHS Swim

SEBRING – Sebring High School will be offering swimming lessons with three more sessions to choose from.

The first two sessions are complete with the third session July 8-July 19 and the fourth from July 22-August 2.

Registrations are being taken at the front office of Sebring High School during the day from 9 a.m.-2 p.m., where office secretaries can sign you up.

Emails can also be sent to catonp@highlands.k12.fl.us.

The Sebring High School pool is currently open Monday through Friday from 6-7:30 p.m. and Saturdays and Sundays from 1-3 p.m.

Additional hours will be added once school is out for the summer.

Cost is \$2 per swimmer, and family passes are available at \$50 for first family member and \$15 for each additional.

Water aerobics are also underway, meeting on Tuesday and Thursday evenings from 6:30-7:30 p.m. at \$2 per class.

Those with a summer pass can take the class for \$1 per.

Sebring Summer Swim Program
 The Summer Swim Program will again offer four (4) instructional sessions.

Each will last two weeks and the swim class meets each weekday, Monday through Friday.

The Program will offer eight (8) types of instruction:

Adult Beginner: Adults Only. For the novice-no experience necessary.

Parent and Tot: Water Orientation. Mother/Father must participate with child. (6 months to 2 years of age.)

Level I: Introduction to Water Skills. Students



Golf Hammock

Last Monday July 8, the Mezza Group played Individual Pro-Am points at Golf Hammock Country Club.

In A group Johnny McEachren was even that was good for first place and there was a three way tie between Rod Bently, David Mulligan and Doug Haire at minus 1.

In B group Pete Mezza came in first place at plus 3 and Terry Yandle came in second place at even.

Karl Mellor had a plus 7 in C group for first place and Jerry Patterson came in second place with Plus 5.

Next Monday the Mezza Group will play at Golf Hammock beginning at 7:45 a.m.

For more information, call Pete at 382-1280.

Lake June West

A Scramble was played on Thursday, July 4, with the team of Ken Rowen, John Huggett, Gloria Huggett and Mario Cappelletti getting the win with a 52.

Just two strokes back, Joanne McGill, Charlotte Mathew, Norm Grubbs and Don Boulton were second with their 54, and Dick Denhart, Betty Billau and Larry

and Chic Heath took third with a 56.

Denhart hit to within 28-feet on No. 4 to get closest to the pin for the men, while Chic Heath got to 12-feet, 4-inches from No. 2 and McGill hit to 9-feet, 2-inches from No. 8.

The Men's League played a round on Wednesday, July 3.

Joe Swartz, Norm Grubbs and Larry Heath came in with a 44, only to see the four-some of Paul Martin, Bill Fowler, Don Boulton and Jack Maginnis bring in a 44 as well.

After a match of cards, the former group got the nod for top billing.

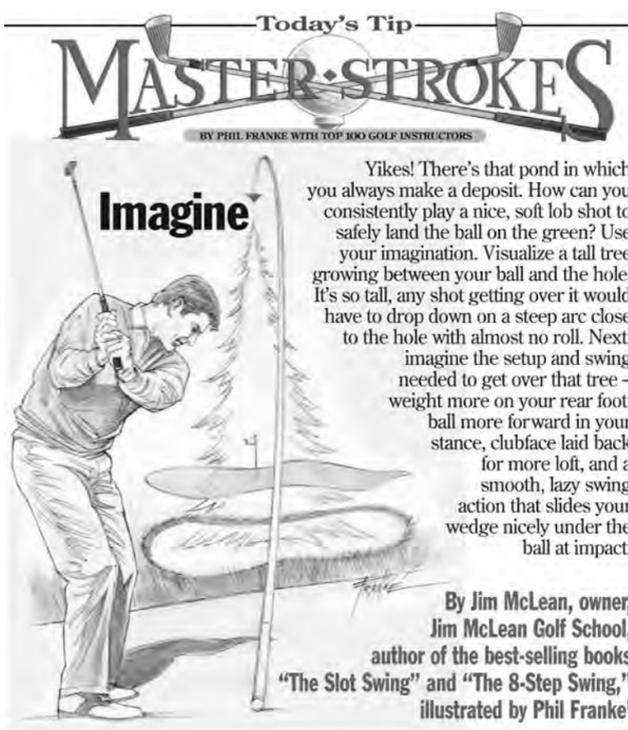
Dick Denhart, Mario Cappelletti and Fred Neer were third with a 46.

In closest to the pin results for the day, Paul Martin got to 17-feet, 3-inches from No. 8, Fowler to 15-feet, 3-inches from No. 4, and Cappelletti to a mere 1-foot, 10-inches from No. 2.

Placid Lakes

An Independence Day Scramble saw 40 players take to the course on Thursday, July 4.

Jack Hoerner, Sue Mackey, Gail Ladig and Ray Deryckere



took first with a 51.9, followed by the 52.4 brought in by Bob McMillian, Bobbie Miller and Rich Tufts.

Placing third, with a 53.8, were Jeff Harstine, Floyd Beers and Barb Moriarity, while Bud Dye, Dave Thomas, Kelly Cramer

Yikes! There's that pond in which you always make a deposit. How can you consistently play a nice, soft lob shot to safely land the ball on the green? Use your imagination. Visualize a tall tree growing between your ball and the hole. It's so tall, any shot getting over it would have to drop down on a steep arc close to the hole with almost no roll. Next, imagine the setup and swing needed to get over that tree - weight more on your rear foot, ball more forward in your stance, clubface laid back for more loft, and a smooth, lazy swing action that slides your wedge nicely under the ball at impact.

By Jim McLean, owner, Jim McLean Golf School, author of the best-selling books "The Slot Swing" and "The 8-Step Swing," illustrated by Phil Franke'

and Jeanne Ransom carded a 54.6 for fourth.

Bobbie Miller was closest to the pin among the women, getting to 7-feet, 4-inches from No. 11, and Gene Ransom did so for the men, hitting to 4-feet, 2-inches from No. 13.

Morris anxious for Panther debut

Continued from B1 ties.

"Between the balance of school and practice there isn't much time for anything else and that's the key to staying on top of them both. If it is not school-related it's football-related and vice versa. I've had to learn to manage time wisely and make sure nothing is wasted."

Of course, Melbourne's prime location does offer some benefits.

"I enjoy Florida Tech and living in the Melbourne area. The location is good and living ten minutes from the beach helps relieve the stresses of college. Also, to be able to play in front of my family and loved ones makes it an enjoyable experience."

His attitude towards his schoolwork reflects as he offers some words of wisdom to younger athletes as well.

"Stay focused on your grades," he advised. "Athletics can only get you so far, but academics can get you past that. Always go above and beyond what people ask and expect of you."

Morris is a key example of leadership on and off of the field, and this is one of the aspects he is working on improving for the big season.

"As a potential starter on new team, I find myself in a position to be able to lead, not only by example, but vocally. I feel this is one area I must improve to help the team."

He explained that vocal leadership includes up making sure players are playing at full potential, being prepared to address and work with those who are not, as well as getting people together to do the right things.

Morris is grateful for his opportunities as a Florida Tech Panther.

"My favorite thing about being a college athlete at Florida Tech is the ability to receive a quality degree while doing something I love. It provides me a sense of solitude, escape, and has blessed me with a group of friends for a lifetime.

"The life a college athlete

is hard. Aches, bruises, extreme time-management tests, late nights, early mornings, naps and unparalleled excitement all are included in my life as a college athlete."

Morris has some pretty great fans he is thankful for as well-fans he considers his greatest support group and that he credits for his success.

"My mom, for a friendship only a mother could bear. My dad for his efforts to provide and support me no matter what. My older brother who is my first coach, my biggest fan, and my foundation of football.

"My sister, for the smiles when I am having a rough day, my little brother who provides me the opportunity to be a role model for someone, and my granny for her prayers and constant reminder to have faith.

"Without my family, I wouldn't be the position I am today."

Morris also wanted to recognize Sebring High School

coach LaVaar Scott.

"His efforts during my days as a Blue Streak have molded me in becoming a successful in college athlete. The discipline, dedication and perseverance he not only displayed but developed in me have allowed me to succeed at Florida Tech. He is a true role model for the youth of Highlands County."

Now, with the strong and ongoing support of him family, the experiences he had as a Blue Streak, and the preparations he has taken as a Panther Morris is looking with this hopeful blue eyes into this first season for Florida Tech.

"Next year is when it all begins. Next year will be our first ever season at Florida Tech and will begin September 7 at 7 p.m. against Stetson."

Morris shared that the conference his team will be playing in will put them against National Division II Champion Valdosta State.

"I am looking forward to everything. The competition, the challenge, and the reward of playing collegiate football have me eager to return."

'The life of a college athlete is hard.'

ZAC MORRIS
Florida Tech safety

Fishin' in the wind

Continued from B1

right into the ramp, and for considering how early it was, I knew it would be a tough day fighting the wind.

The gals didn't seem to mind the rough water as they tossed crankbaits and worms in and around the underwater structure all morning.

Locating the brushpiles and sunken boats was the easy part.

Trying to keep the boat positioned over or near the structure was the challenge.

Southwest winds of 10-15 mph made it near impossible to hold a position in the vast openness of Lake Jackson.

At one point, Debra hooked two bass on two casts, only to see them perform their acrobatic jumps and spit the hook.

It was a tough day on the water as we motored in when I suggested to Debra that she might want to drive the boat.

Although hesitant at first to take the wheel, she had the Ranger running full bore and crashing into the waves in a matter of minutes.

I think she was surprised at how fast a bass boat can run.

LAKE JACKSON

I had the opportunity to fish again with Paul Tardiff on Lake Jackson last Tuesday.

He truly knows that lake and although we didn't "kill em", we did manage to catch 7 bass in water between 12 and 22 feet deep.

Paul is an incredible fisherman, and he's

armed himself with equipment that assists him like a remote controlled electric motor that he can set to keep him over a structure, as well as a side reading depthfinder.

I've never fished Lake Jackson that much, always preferring to fish lakes like Istokpoga, Okeechobee and Walk-in-Water that offers heavy vegetation and lots of opportunities for flipping and topwater.

Like most fishermen, deep water structure fishing is not my strong suit. But it's definitely Pauls.

Fishermen can be a strange lot.

I've fished tournaments with guys that actually tried to hide their baits from me.

And most fishermen would never share their hotspots.

But Paul is more of a teacher, as well as a gentleman bass fisherman and his willingness to share his secret spots with me is an indication of what a truly great sportsman he is.

Don Norton is a professional tournament bass fisherman, bass fishing guide, and custom rod builder. He lives in the Golf Hammock area of Sebring with his wife Lexie, and is the owner of a custom rod building company appropriately named "The American Fisherman" He will soon be opening REDS II, a fishing tackle store in Sebring. You can reach him at 863-273-4998 or by email at donorton13@gmail.com. Visit his American Fisherman Facebook page or his website at theamericanfisherman.com.

Beach VB Tourney

Special to the News-Sun

The Highlands County Family YMCA will be hosting a 4-vs-4 Beach Volleyball Tournament Saturday, July 13.

The tournament will be held at 10 a.m. at Don Jose's Mexican Restaurant.

Any questions call 382-9622.

AL 25 baseball trip

Special to the News-Sun

SEBRING - American Legion Post 25 will be hosting its' 5th Annual Baseball Trip on Sunday, Aug. 25, to Tropicana Field to see the Rays vs. Yankees.

Cost is \$45 per person

for tickets and bus trip, with money due by Wednesday, July 24.

For more information, call Robert at the American Legion between 10 a.m.-1 p.m. at 465-0975.

Sebring seniors to compete in Senior Games

Special to the News-Sun

TALLAHASSEE - The State of Florida will be well represented at the 2013 National Senior Games in Cleveland, Ohio in July as 568 Florida Senior Athletes have registered to compete in the 19 sports of the Games.

Of the more than 500 athletes, seven are from Sebring.

The Florida athletes traveling to Cleveland qualified for the National Senior Games at the 2012 Florida International Senior Games and State Championships last December in Polk County.

The 2013 National Senior Games will be contested from July 21 through August 1 with more than 10,000 athletes, age 50 and over, competing in 19 sports.

Sebring athletes competing in the 2013 National Senior Games will be Anna Smith in Archery and Track and Field, Lillian Webb in Bowling and Track and Field, Gail Brown in Golf and Pickleball, Jerry McClain in Golf, James Maynard in Pickleball, Diane Reynolds in Pickleball, and Tom Stadler in Pickleball as well.

Notable accomplishments of the

Sebring athletes competing include, 98-year old Sebring resident Lillian Webb, competing in bowling and track and field.

Webb, the 2004 Florida Senior Games State Championships Female Athlete of the Year, is the women's singles bowling record holder in the 90-94 and 95-99 age group and holds 12 track and field records in the 985-89, 90-94 and 95-99 age groups.

Besides Webb, two other Sebring athletes will compete in two sports.

Gail Brown will compete in golf and pickleball in the 75-79 age group.

She won a gold medal in golf at the 2012 Games with a score of 85 and won a women's doubles pickleball gold medal.

Anna Smith will be in archery and track and field events in the 70-74 age group.

Once again, the state of Florida is among the top five traveling contingents of the biennial Games.

Since 2001, over 3,000 Florida athletes have travelled to the National Senior Games, which is held in odd numbered years.

The most Florida athletes to trav-

el to the National Senior Games came in 2007 when 645 athletes represented the Sunshine State in Louisville, Ky.

Among the most popular sports for the Florida contingent is softball with 86 athletes competing, track and field has 70 Florida participants and tennis will have 53 Floridians on the courts.

The 568 athletes in Cleveland will have a tough act to follow.

At the 2011 National Senior Games, in Houston, Texas, the Florida contingent of 496 senior athletes collected 243 overall medals (101 gold, 80 silver and 62 bronze), the second highest total of all states, behind only the host state of Texas.

In six National Senior Games

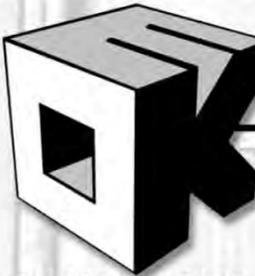
events between 2001 and 2011, Florida athletes won 1,119 medals.

Follow the Florida athletes during the 2013 National Senior Games at www.flasports.com.

The 2013 Florida International Senior Games and State

Championships, presented annually

by the Florida Sports Foundation, will be held December 7-15 in Lee County and eight local qualifying events will be held between late-September and November.



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Lewis making a difference through Avon Park Youth Football

Continued from B1

that volunteers are the backbone and everything they do is first and foremost for the kids, both in football and cheer.

"We are trying to build good young men and women and make them good citizens," said Lewis, "Football is a way to get to the next level, help them get a better education, help them pay for college."

Lewis noted that it unrealistic to think that everyone is going to make it to the NFL, but the kids to use this as a tool.

"Playing sports helps to build character," stated Lewis, "it helps teach kids how to get along. We all get mad in the heat of a situation, but you have to control your emotions and that is what we do with the kids."

Lewis also believes that football is not the sole answer.

"We encourage the kids to play other sports," he continued. "Whether it is baseball, basketball, soccer, track and field, badminton, as long as they participate in other sports. At the end of the day it gives you more opportunity and more to fall back on."

Lewis remarked that by playing different sports, you

get to interact with different people and experience different coaching styles.

Lewis highlighted three areas on why he believes the APYFC has been successful and feels that it builds a foundation of future successes of their kids.

"Discipline, respect, integrity," cited Lewis. "With those three it is a recipe for success for our kids. It is fine they can come out here and be an all-star, but what are you doing in the classroom."

Lewis noted that when school starts, they start checking on their grades and behavior reports from school.

From flag, to include the cheerleaders, all the way to the seniors, they want to make sure they are doing what they are supposed to do both on and off the field.

"I am a firm believer in discipline. We do corrective behavior, if they bring in a bad report; we make them do extra runs and such as a consequence and to help build character. This is what you did wrong and this is the repercussions of that, at the same time, we are not going to let a child leave feeling defeated. We have to hold them responsible for their



Courtesy photo
Avon Park Football League President Eltoro Lewis with his wife Tymica Lewis and Jamie Beck. All three just completed seeding and fertilizing Memorial Field. Tymica runs the concession stand on Saturday home games and Beck handles the registrations for the league and helps in concessions during the season.

actions. We are not going to hold their hand, but we will lead the way for them."

Both parent and kids alike have bought into the pro-

gram.

Several parents had cited that their child will make them go home before practice just to bring their school

reports in, knowing that there are consequences if they do not bring them.

Lewis is a firm believer that if a kid is in high school, they should be playing Junior Varsity or Varsity and not youth leagues.

"A lot of the kids want to stay in the youth leagues because that is what they know," said Lewis. "We let them know that you have to step out of that comfort zone. You can't always choose your coaches, so you have to step up and try new things."

Running the league is a lot of responsibility and time consuming.

Lewis noted that there is always a need for volunteers, especially during home games.

His wife, Tymica Lewis, is the concession manager and supports him to the upmost in all areas of the Organization.

Jamie Beck handles registration for about 120 kids in the organization.

From the start of a home game on Saturdays, Lewis and board members may spend up to 15 hours at the football field in getting the field and concession stand ready as well as cleaning afterwards.

"There are actually people out there that are willing to help the organization and like any other organization, we need volunteers," expressed Lewis. "When the same people keep helping out, they get burned out. I just like working with people. When you treat people with dignity and respect, you get more out of it."

Safety, especially concussions, has been in the forefront for the past several years and even though Lewis has several items on his agenda, this is on the top of the list.

The league will be holding fundraisers and seeking donations to refurbish or replace older helmets, shoulder pads and uniforms.

All donations can be sent to APYFC PO Box 218 Avon Park FL 33826.

Because of the success of the league, they were invited and sponsored by Heads Up Football to attend a clinic on concussions, in which Vice President of the APYFC Dale LaFlamboy is going to represent the league.

"We do not just want success locally," concluded Lewis. "We want success all over. Everyone knows who Avon Park is. We are a small city with a big name."

A-Rod off Friday, free to meet with MLB

By MARK DITLER
Associated Press

TAMPA — Alex Rodriguez says he'll have a day off from his injury rehab assignment Friday — leaving him free for a possible meeting with Major League Baseball investigators.

The New York Yankees third baseman is scheduled for the interview as part of baseball's probe of the closed anti-aging clinic Biogenesis, which is accused of distributing banned performance-enhancing drugs.

Rodriguez has said he used PEDs while with Texas from 2001-03 but has denied using them since.

Rodriguez says he has been told not to discuss the probe.

While it may take a long time for MLB to sort out

whether A-Rod and others will be suspended, his short-term focus is on his comeback from hip surgery last winter.

He was 1 for 3 with a line-drive RBI single for Class A Tampa on Wednesday, leaving him 2 for 15 during his rehabilitation assignment.

It was his first RBI in six minor league games.

"I was happy with all three at-bats,"

Rodriguez said. "Two balls right on the nose. This process, there's going to be some good days and some bad days, but it was a good day."

Rodriguez grounded out against injured Toronto reliever Sergio Santos, who

pitched one inning for the Dunedin Blue Jays.

Rodriguez had an extensive defensive session on a back field after the game.

"I'm trying to replicate my spring training routine as much as possible," Rodriguez said.

Rodriguez said he will play third base on Thursday with Tampa.

Rodriguez has been working the past couple

days with Hall of Famer Reggie Jackson, who was part of a postgame batting practice session Tuesday and watched the game Wednesday from the dugout.

Jackson is a Yankees adviser.

"Like he told us, he has 45

years of major league experience. He reminded us of that," Rodriguez said with a smile. "Reggie is great. Reggie is fun to have around. He was very helpful after the game yesterday."

Rodriguez has played a maximum of five innings at third base in any minor league game and he would not be surprised in the next few days to increase his time at third to seven innings.

When asked whether could rejoin the Yankees at first as a DH, Rodriguez said manager Joe Girardi puts up the lineup and "whatever he wants me to do I'm going to do."

"I'm just anxious to get up there and help the team win," Rodriguez said.

Sertoma hits Hammock



News-Sun photo by LAUREN WELBORN
Will Redding watches his approach shot Thursday morning as the Sertoma Junior Tour took on Golf Hammock. See Sunday's News-Sun for results.

Do you have a story and photo you'd like to share about your military past or would you like to share a story or photo of a loved one who is currently serving in the military?

If so, send your story and photo into the News-Sun by email at editor@newssun.com, or by mailing to Celebrate Freedom, News-Sun, 2227 U.S. 27 South, Sebring, FL 33870 We'll publish as many of the stories as we can in Celebrate Freedom, an upcoming special section to publish July 24.

Deadline for entries is Friday, July 12. Photos will be returned. Please be sure to include your name, address and phone in case we need to contact you.

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Healthy Living



Benefits of taking a coffee break ... in the bathroom

Dear Pharmacist: I see a naturopathic doctor for chronic fatigue and fibromyalgia. She recommended coffee enemas. Suzy, I'm a faithful reader, do you think this is safe?

— V.A., Seattle, Wash.

Answer: Yes. Coffee enemas are used by holistic physicians for all sorts of conditions including cancer. Lots of people find help with constipation, fatigue and liver detoxification concerns.

I know this sounds bizarre because you prefer to taste your coffee, not insert it rectally! Agreed.

You may be hearing about coffee enemas today, but they are nothing new and complications from coffee enemas are highly unusual. Hey, I just thought of a new franchise concept called Starbutts ... entrance in the rear.

Seriously, coffee enemas may help relieve constipation, insomnia and cognitive problems; they may eliminate (or control) parasites, candida and other pathogens (without disrupting intestinal flora). Coffee enemas are frequently used in natural cancer protocols such as the Gerson Therapy (www.gerson.org).

Coffee enemas were outlined as a treatment in the revered "Merck Manual," a thick book that physicians used as their primary reference for decades, until the mid 1970's.

It's not the enema as



Dear Pharmacist
Suzy Cohen

much as it is the coffee that helps. You are exposed to a barrage of toxic compounds in your life; you can easily become overloaded. Some of you cannot detoxify properly. Coffee enemas help you make glutathione, an antioxidant, and that sends poisons packing. More on that momentarily.

Coffee enemas can be done at home inexpensively. You just need a comfortable spot on the floor of your bathroom, or bathtub. As the coffee is retained in your bowel, the fluid goes through your intestinal wall, through the portal vein to your liver. The stimulating effects and healing compounds of coffee jumpstart your liver and gallbladder. Bile flows.

There are compounds in coffee like kahweol and cafestol that spark production of glutathione, and that is a strong cleansing compound in your body — one that consumers pay good money for when they buy glutathione as a dietary supplement, or get IV injections of it. To make more glutathione naturally (by using

a coffee enema) is awesome.

These enemas may allow for relaxation, a better mood, more energy, refreshing sleep and greater mental clarity. If you do too many enemas per week, you may experience electrolyte imbalances. Restoring your electrolytes is crucial, as coffee is a potent drug mugger of minerals. While the controversial cancer specialist Dr. Max Gerson suggested up to six per day, I think that is way too much for the average person. Doing a coffee enema weekly (even daily for awhile) is probably OK for most, but always follow your doctor's recommendation.

The recipe for a coffee enema is different than the beverage. I've written an extended version of this column to teach you more about coffee enemas, the terrific health benefits, as well as the best coffee, enema equipment and safety concerns.

To receive the article, go to my website www.DearPharmacist.com and sign up for your free newsletter. Your information is kept private.

Suzy Cohen is a registered pharmacist and the author of 'The 24-Hour Pharmacist' and 'Real Solutions.' For more information, visit www.DearPharmacist.com. This information is not intended to treat, diagnose or cure your condition.

Getting enough Vitamin C is crucial to good health.

Metro

Vitamin C: A wonder drug?

The uses of Vitamin C have been recognized for centuries. British sailors were known as Limeys because of the use of limes to prevent scurvy on long sea voyages. Jason and the Argonauts' magical "golden apples" were probably oranges. Linus Pauling, the only winner of two unshared Nobel prizes (Chemistry and Peace), thought that Vitamin C in high doses was the cure for everything from cancer to the common cold. He was ridiculed by many, but now 20 years after his death he may be getting the last laugh.

More and more "curative powers" are being attributed to Vitamin C. Vitamin C is an anti-oxidant fighting the free radicals that cause aging and some cancers. It is needed for the connective tissue that forms the framework of our bodies from eyes and skin to bones.

Using data from the Framingham study (a long-term health study that initially looked for links between lifestyle and heart disease); Vitamin C was linked to thicker knee cartilage and less arthritis. A new study shows that it helps with complex regional pain syndrome, a very painful disorder occurring after some hand and foot injuries or surgeries.

Vitamin C deficits are



Guest Column
Dr. Diana Carr

in the arteries and there appears to be a beneficial interaction with LDL cholesterol. Smoking decreases the levels of Vitamin C adding to its deleterious effects on lungs, hearts and healing in general.

Vitamin C does not, unfortunately, cure the common cold, but there is evidence that people who take it regularly may have fewer colds of shorter duration. There definitely is a beneficial effect on the immune system. It helps with exercise induced asthma and may help with other allergies and asthma.

There is good evidence that with Zinc and Vitamin E, Vitamin C helps against macular degeneration.

Why aren't we hearing about more studies? First there is no money to be made on a vitamin, no matter how wonderful. There is less money for research than there are projects. Vitamin C is difficult to

associated with increased blood pressure, stroke and heart disease. There is a direct effect on the formation of plaques

study because it occurs in so many foods and is variably absorbed making it hard to standardize.

What should you do? There is agreement that the best source is naturally occurring. So eat more vegetables such as spinach, broccoli, tomatoes and brussel sprouts. Citrus fruits so plentiful here in Florida are also good sources of Vitamin C.

If you are concerned, you can take a supplement but probably do not need more than 500 to 1000mg a day. Vitamin C is a water-based vitamin so it is difficult to overdose, but excess will not be stored. So help our local economy and give your taste buds a treat with lots of fresh vegetable and citrus.

Dr. Diana D. Carr treats patients at The Hand & Shoulder Specialists offering specialty care close to home with a concentration on healing shoulder, elbow, wrist and hand problems. She is certified by the American Board of Orthopaedic Surgery and a Fellow of the American Academy of Orthopaedic Surgeons and is an orthopaedic surgeon certified as a hand specialist. For more information, visit hand-shoulder-specialist.com or call 382-7777. This information is not intended to diagnose, treat or cure your condition.

Outreach events planned

Comprehensive Homecare plans the following community outreach events for the coming week:

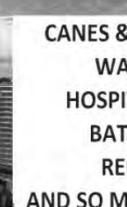
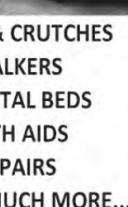
- Monday – 10 a.m., health fair, Chatham Pointe, Stenstom Road, Wauchula.
- Tuesday – 8 a.m., health fair, Sebring Bluffs, U.S. 27, Sebring; 12:30 p.m., health fair, Groves, behind Sebring Diner, U.S. 27, Sebring.
- Wednesday – 9 a.m., Marantha Village, Arbuckle Creek Road, Sebring; 10:30 a.m., caregivers support group, Balmoral Assisted Living Facility, 93 Balmoral Road, County Road 621, Lake Placid; 1 p.m., caregivers support group, Crown Pointe Assisted Living Community, Sun 'N Lake Boulevard, Sebring.
- Thursday: 8 a.m., Visions, U.S. 27, Sebring; 10 a.m., health fair, Highlands Village, Villa Road, Sebring.

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Religion

Atonement Lutheran Church

SEBRING – Rev. Jefferson Cox’s sermon on Sunday will be based on Luke 10:25-37. The church is at 1178 S.E. Lakeview Drive. Call 385-0797 for details.

Christ Lutheran Church - LCMS

AVON PARK – Pastor Scott McLean will preach Sunday a sermon titled “What’s Your Identity? Holy Christ!”

The church is at 1320 County Road 64, east of the Avon Park High School past the four-way stop sign. For more information call 471-2663 or search online at christlutheranavonpark.org.

Christian Training Church

SEBRING – Rev. Linda M. Downing will bring the message titled “Second Coming” at the Sunday morning service. The

Wednesday night Bible study will not meet in July.

Church of Buttonwood Bay

SEBRING – Pastor Cecil Hess is preaching on “What Must I Do to Be Saved?” on Sunday. The service is non-denominational and open to all.

The church meets on U.S. 27, four miles south of Highlands Regional Medical Center. Call 382-1731 for details.

Emmanuel United Church of Christ

SEBRING – Rev. George Miller will deliver the sermon, “Text of Terror II: Though Hope is Frail,” using scripture from II Kings 6:24 to 7:2.

The church is 1.7 miles west of U.S. 27 on County Road 634 (Hammock Road). Call 471-1999 or visit sebringemmanuelucc.com for information.

Faith Baptist Church of Lake Placid

LAKE PLACID – Pastor Bill Cole will be preaching “Why?” from Romans 1:1-17 beginning a new series “Paul’s Message to the USA”. Sunday evening, he will preach “The Diet of a Healthy Christian” from John 4:27-42 from his series “The Other Gospel”.

For further information about activities of the Faith Baptist, 660 Holmes Ave., call the church office at 465-0060 or check out the website, www.faithbaptistchurchLP.com.

Faith Lutheran Church

SEBRING – Guest Pastor Tony Douches will deliver his sermon titled “Jesus, Our Good Samaritan,” based on the Holy Gospel for the day Luke 10:25-37.

Faith Child Development Center is registering for VPK for fall classes. Classes run with the Highlands

Church News

County school calendar. Parents interested in the VPK program should contact the Early Learning Coalition of Florida’s Heartland office at 314-9213 for more information.

A new Bible study class will be starting at 1 p.m. Wednesdays. In “Breaking Free: The Journey, The Stories (Updated Edition),” Beth Moore looks at the Book of Isaiah through the lives of the kings who ruled during the prophet’s ministry. These kings exemplify many of the obstacles to freedom with which one must deal. Using Scripture to help identify spiritual strongholds in your life, no matter how big or small, Moore explains that anything that hinders one from the benefits of knowing God is bondage.

This study is open to all women, regardless of church affiliation. This is a 12-week study starting Wednesday.

First Baptist Church Avon Park

AVON PARK – Rev. Jon Beck’s Sunday morning message will be “Facing Fear, Trusting God”, from 2 Timothy 1:7.

The church is at 100 N. Lake Ave. For more information, call 453-6681 or email info@fbcap.net.

First Baptist Church of Placid Lakes

LAKE PLACID – Pastor Jeff Taylor will continue on Sunday the message titled “The Evidence of Fear”.

The church is at the corner of Washington and Kemper avenues. For information, call 465-5126.

First Christian Church

SEBRING – Guest speaker for Sunday will be the Rev. Dr. Desmond Walker, whose sermon is titled “Courage to Carry On”, using verses from II Kings 2:1-2 and 6-14.

Assisting during the Communion service will be Elders Marla Null and Teresa Williams. Deacons for the day are Carol and Michael Graves. Servers are Todd and Robin Martin. Greeting the congregation will be Wanda Gordon. Acolyte for the day is Britannia White.

First Presbyterian Church

SEBRING – Rev. Darrell A. Peer’s sermon on Sunday is titled “Legitimate Gains.”

Youth Summer Camp for grades sixth through eighth will be from 8 a.m. to 3 p.m. Monday-Friday. Reid Thayer, director of christian education, will be the leader.

The church is at 319 Poinsettia Ave. For information, call 385-0107.

First Prebyterian Church of Avon Park

AVON PARK – On

Continued on B7

PLACES TO WORSHIP

Places to Worship is a paid advertisement in the News-Sun that is published Friday and Sunday. To find out more information on how to place a listing in this directory, call the News-Sun at 385-6155, ext. 596.

ANGLICAN

◆ **New Life Anglican Fellowship**, 10 N. Main Ave. (Woman’s Club), Lake Placid, FL 33852. Rev. Susan Rhodes, Deacon in Charge, (863) 243-3191; strhodes1020@yahoo.com. Sunday Worship, 10 a.m. Teaching, Holy Communion, Music, Fellowship, Healing Prayer. “Pastoral and Spiritual”.

ASSEMBLY OF GOD

◆ **Christ Fellowship Church (Assembly of God)**, 2935 New Life Way. Bearing His Name; Preaching His Doctrine; and Awaiting His Coming. “Worshiping God in Spirit and in Truth.” Sunday School, 9 a.m.; Morning Worship, 10 a.m.; Evening Worship, 6 p.m. Wednesday: Worship, 7 p.m. Pastor Eugene Haas. Phone 471-0924.

◆ **First Assembly of God**, 4301 Kenilworth Blvd., Sebring. The Rev. Willmont McCrary, pastor. Sunday School, 10 a.m.; Morning Worship and KIDS Church, 11 a.m.; Evening Worship, 7 p.m. Wednesday Family Night, (Adult Bible Study), LIFE Youth Group, Royal Rangers, Missionettes, 7:30 p.m. Phone 385-6431.

BAPTIST

◆ **Avon Park Lakes Baptist Church**, 2600 N. Highlands Blvd., Avon Park, FL 33825. George Hall, Pastor. Christ centered and biblically based. Sunday worship services, 8:30 a.m., 11 a.m. and 6 p.m. Nursery facilities are available. Bible studies at 9:45 a.m. Sunday and 7 p.m. Wednesday. Prayer Time 6:30 p.m. on Wednesday. Bible classes at 9:45 a.m. are centered for all ages. Choir practice at 5 p.m. Sunday. Church phone: 452-6556.

◆ **Bethany Baptist Church (GARBC)** We are located at the corner of SR17 and C-17A (truck route) in Avon Park. Join us Sunday morning at 9:00 AM for coffee and doughnuts, followed with Sunday School for all ages at 9:30. Sunday morning worship service begins at 10:30 a.m., and evening worship service is at 6 p.m. On Wednesdays, the Word of Life teen ministry and the Catylist class (20’s+) begin at 6:30 PM. The adult Bible and Prayer Time begins at 7 p.m. For more information go to www.bethanybaptistap.com or call the church office at 863-452-1136.

◆ **Faith Missionary Baptist Church**, off State Road 17 North of Sebring at 1708 LaGrange Ave. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 6 p.m. Wednesday Service, 7 p.m. Deaf interpretation available. Ken Lambert, Pastor. Phone 386-5055.

◆ **Fellowship Baptist Church**, 1000 Maxwell St., Avon Park, FL 33825. Sunday: Sunday School, 9:30 a.m.; Morning Worship, 10:45 a.m.; Wednesday: Evening Service, 7 p.m.; Children/Youth, 7 p.m. Telephone: 453-4256. Fax: 453-6986. E-mail: office@apfellowship.org; Web site, www.apfellowship.org.

◆ **First Baptist Church of Avon Park**, 100 N. Lake Ave., Avon Park. Rev. Jon Beck, pastor; Charlie Parish, associate pastor/young and families; Joy Loomis, music director; Rev. Johnattan Soltero, Hispanic pastor. Sunday – Sunday school, 9:30 a.m.; Worship, 10:45 a.m.; Children’s Church, 10:45 a.m.; Youth, 4:45 p.m.; Evening Worship, 6 p.m. Wednesday – Wednesday Night Supper, 5:15 p.m.; Children’s Choir, 6 p.m.; Youth Activities, 6-7:30 p.m.; Prayer

Meeting/Bible Study, 6 p.m.; Worship Choir Practice, 6 p.m.; Mission Programs for Children, 6:45 p.m. Hispanic Services: Sunday school at 9:30 a.m., worship service at 11 a.m. Wednesday Bible study at 7 p.m. Morning and evening services available at www.fbcap.net. Select Media, select Sermon Library, select Date. Call 453-6681 for details. “In the heart of Avon Park, for the hearts of Avon Park.”

◆ **First Baptist Church of Lake Josephine**, 111 Lake Josephine Drive, Sebring (just off U.S. 27 midway between Sebring and Lake Placid). Your place for family, friends and faith. Sunday morning worship service is 11 a.m. Nursery is provided for both services with Children’s Church at 11 a.m. Life changing Bible Study for all ages starts at 9:45 a.m. Sunday night worship at 6 p.m. Wednesday Bible Study and Prayer meeting at 7 p.m. along with youth worship in the youth facility, and missions training for all children. Call the church at 655-1524.

◆ **First Baptist Church of Lake Placid**, Knowing God’s Heart and Sharing God’s Hope, 119 E. Royal Palm St., Lake Placid, FL 33852 (863) 465-3721, Website: www.fbcpl.com. Email: information@fbcpl.com. Sunday services - Traditional Service 9 a.m., Contemporary Service 10:30 a.m. Link Groups at 9 and 10:30 a.m., Wednesday Activities: Family dinner at 5 p.m. (\$4 per person, reservations required). Prayer meeting, Youth Intersections, and MaxKidz Extreme meet at 6:15 p.m. The church is at 119 E. Royal Palm St., Lake Placid. For information, call 465-3721 or go to www.fbcpl.com.

◆ **First Baptist Church of Lorida** located right on U.S. 98 in Lorida. Sunday School begins at 9:45 a.m. for all ages. Sunday worship services are at 11 a.m. and 6:30 p.m. Preschool care is provided at the 11 a.m. worship service. Wednesday evening Bible Study and Prayer meeting is at 6:30 p.m., followed by adult choir rehearsal. From September the AWANA groups meet. First Lorida is the “Place to discover God’s love.” For more information about the church or the ministries offered, call 655-1878.

◆ **First Baptist Church, Sebring**, 200 E. Center Ave., Sebring, FL 33870. Telephone: 385-5154. Rev. Matthew D. Crawford, senior pastor; Rev. Nuno Norberto, associate pastor, minister of music and senior adults; and Dixie Kreulen, preschool director. Group Bible Studies, 9:15 a.m.; Blended Service, 10:30 a.m.; Mision Buatista Hispana, 2 p.m.; Sunday Evening Worship, 6 p.m. Wednesday night programs at the ROC begin 5:30 p.m., at church begin 6:30 p.m. Preschool and Mother’s Day Out for children age 6 weeks to 5 years old. Call 385-4704. Website www.fsebring.com

◆ **Florida Avenue Baptist Church**, 401 S. Florida Ave., Avon Park. Mailing address is 710 W. Bell St., Avon Park, FL 33825. Telephone, 453-5339. Rev. John D. Girdley, pastor. Sunday School, 9:45 a.m.; Sunday Worship, 11 a.m.; 11 a.m. Children’s Church; Sunday Evening Worship, 6 p.m. Wednesday night programs for children, youth and adults at 7 p.m.

◆ **Independent Baptist Church**, 5704 County Road 17 South, Sebring, FL 33876. Sunday School, 9:30 a.m. Sunday worship, 10:30 a.m. Sunday evening, 6 p.m. Wednesday service, 7 p.m. Fundamental, soul-winning, mission-minded, King James Bible Church. Larry Ruse, pastor. Phone 655-1899. Bus transportation.

◆ **Leisure Lakes Baptist Church**, 808 Gardenia St., Lake Placid (just off of Miller at the west end of Lake June) “Where the old fashion gospel is preached.” Sunday School begins at 9:30 a.m.; Sunday Worship service at 10:45 a.m.; Sunday Evening Service is at 6 p.m. Wednesday Prayer Meeting and Bible Study at 6 p.m. Call the church at 699-0671 for more information.

◆ **Maranatha Baptist Church (GARBC)**, 35 Maranatha Blvd., Sebring, FL 33870

(A half mile east of Highlands Avenue on Ar buckle Creek Road.) Sunday School, 9 a.m.; Morning Worship, 10:15 a.m.; Evening Service, 6 p.m. Mid-week service, Wednesday, 6 p.m. Daily Prayer and Bible Study, 8 a.m., Hamman Hall. Pastor Gerald Webber and Associate Pastors Don Messenger and Ted Ertle. Phone 382-4301.

◆ **Parkway Free Will Baptist Church**, 3413 Sebring Parkway, Sebring, FL 33870. Welcome to the church where the “Son” always shines. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m.; and Wednesday Evening Worship, 7 p.m. End-of-the-Month-Sing at 6 p.m. on the last Sunday of each month. The Rev. J.S. Scaggs, pastor. Church phone: 382-3552. Home phone: 214-3025. Affiliated with the National Association of Free Will Baptists, Nashville, Tenn.

◆ **Sparta Road Baptist Church, (SBC)** 4400 Sparta Road. Rev. Mark McDowell, Pastor. Sunday school, 9:45 a.m.; Sunday Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m. Wednesday: Prayer/Bible Study, 6 p.m. Nursery provided. For information, call 382-0869.

◆ **Southside Baptist Church (GARBC)**, 379 S. Commerce Ave., Sebring. David C. Altman, Pastor. Sunday School for all ages, 9:30 a.m.; Morning Worship Service, 10:45 a.m.; Evening Worship, 6 p.m. Wednesday: Student ministry, 6:30 p.m.; Awana kindergarten through fifth grade, 6:30 p.m.; Adult Midweek Prayer and Bible Study, 7 p.m. A nursery for under age 3 is available at all services. Provisions for handicapped and hard-of-hearing. Office phone, 385-0752.

◆ **Spring Lake Baptist Church**, “Where the Bible is Always Open.” Pastor Richard Schermerhorn, 7408 Valencia Road; 655-2610. Assistant Pastor Ronald Smith, 386-1610. On U.S. 98 at the Spring Lake Village II entrance. Sunday School, 9:45 a.m. for all ages; Morning Worship, 10:45 a.m.; Sunday Evening Worship, 6 p.m. Wednesday Mid-week Bible Study and Prayer Service, 6:30 p.m. Nursery available for all services.

◆ **Sunridge Baptist Church, (SBC)** 3704 Valerie Blvd. (U.S. 27 and Valerie, across from Florida Hospital), Sebring. Tim Finch, pastor. Sunday School, 9:30 a.m.; Sunday Morning Worship, 10:45 a.m.; and Sunday Evening Service, 6 p.m. Wednesday: Prayer, Bible Study, and Youth, 6:30 p.m. Nursery provided. For information, call 382-3695.

CATHOLIC

◆ **Our Lady of Grace Catholic Church**, 595 E. Main St., Avon Park, 453-4757. Father Nicholas McLoughlin, pastor. Saturday Vigil Mass is 4 p.m. in English and 7 p.m. in Spanish; Sunday mass 8 and 10:30 a.m. in English. Weekday mass at 8 a.m. Confessions are at 3:30 p.m. Saturday. Religious Education Classes (September to May) are 9-10:20 a.m. Sunday for grades K through 5th. Grades 6th through Youth Bible Study are from 6:30-8:30 p.m. Wednesday. Youth Nights grades 9th and up, 6:30-8:30 p.m. Wednesday.

◆ **St. Catherine Catholic Church**, 820 Hickory St., Sebring. Parrish office/ mailing address: 882 Bay St., Sebring, FL 33870, 385-0049, 385-6762 (Spanish); fax, 385-5169; email, office@stcath.com; website, www.stcath.com. School Office/Mailing, Principal Dr. Anna V. Adam, 747 S. Franklin St., Sebring, FL 33870; 385-7300; fax, 385-7310; email school@stcath.com. School office hours 7:30 a.m. to 3:30 p.m. Monday-Friday. Clergy: Very Rev. José González, V.F., fjose@stcath.com or 385-0049; Parochial Vicar, Rev. Victor Caviedes, 385-3993; Assisting Priest (retired), Rev. J. Peter Sheehan; Deacons, Rev. Mr. James R. McGary and Rev. Mr. Max M. Severe. WEEKEND MASS SCHEDULE: Saturday: - 4 p.m.; Sunday - 8 and 10 a.m., 12 p.m.

(Spanish), 5 p.m. (Holy Family Youth Center), every third Sunday of the month at 2 p.m. (French Mass). Daily Mass: Monday-Friday, 8 a.m. and 12 p.m. Saturday at 9 a.m. Sacrament of Reconciliation: 7:15-7:45 a.m. first Friday, 2:30-3:15 p.m. Saturday and 9-9:45 a.m. Sunday. Office Hours: 8:30 a.m. to 1:30 p.m. Monday-Friday.

◆ **St. James Catholic Church**, 3380 Placidview Drive, Lake Placid, 465-3215. Father Michael J. Cannon. Mass schedule: Summer (May 1 to Oct. 31) - Saturday Vigil, 4 p.m.; Sunday 8 a.m. and 9:30 a.m.; Weekdays, 9 a.m. December thru Easter - Saturday, 4 p.m.; Sunday, 8 a.m., 9:30 a.m. and 11 a.m.; Weekdays 9 a.m.; and Holy Days 8 a.m., 9:30 a.m. and 7 p.m., first Saturday at 9 a.m.

CHRISTIAN

◆ **Cornerstone Christian Church**, (Saxon Hall) 1850 US 27 South, Avon Park, FL 33825. Love Christ - Love People. Bill Raymond, Preaching Minister. Jon Carter, Music Minister. Sunday, 9 a.m. Bible Study; 10 a.m. Worship; Communion available each week. Wednesday, 7 p.m. Home Fellowship Group. For more information call 453-8929 or 449-0203.

◆ **Eastside Christian Church**, 101 Peace Ave., Lake Placid, FL 33852 (two miles east of U.S. 27 on County Road 621), 465-7065. Ray Culpepper, senior pastor. Sunday: Bible classes, 9 a.m.; Worship Celebration with the Lord’s Supper each week 10:15 a.m. Thelma Hall, organist; and Pat Hjort, pianist. Wednesday: Praise and Prayer, 6:30 p.m.; “Building God’s Kingdom for Everyone.” “Jesus Christ, the Way, Truth and Life!” “Alive and Worth the Drive!”

◆ **Sebring Christian Church**, 4514 Hammock Road, Sebring, FL 33872. Tod Schwingel, Preacher; Josh Knabel (812-618-7118), Youth Pastor. Sunday Worship, 9:30 a.m.; Sunday School, 11 a.m.; Sunday Youth Service, 6 p.m.; Evening service at 6:30 p.m. Wednesday night meals, 5:30 p.m. followed by classes at 6:30 p.m. Changing Seasons, a men’s grief support group, meets at 1:30 p.m. Wednesdays. Alzheimers Caregivers Support Group meets at 1 p.m. Thursdays. Office hours, 9 a.m. to 1 p.m. Monday-Friday. Phone 382-6676.

◆ **First Christian Church (Disciples of Christ)**, 510 Poinsettia Avenue, (corner of Poinsettia and Eucalyptus), Sebring, FL 33870. Phone: 385-0358 or 385-3435. The Rev. Ronald Norton, Pastor; Sunday School, 9 a.m.; Praise Breakfast, 10 a.m., Morning Worship, 10:30 a.m.; Children’s Church, 10:30 a.m. Thursday, Praise and Worship, 6:45 p.m. Youth Fellowship, 7:15 p.m.; Midweek Bible Study, 7:15 p.m.

CHRISTIAN & MISSIONARY ALLIANCE

◆ **The Alliance Church of Sebring**, 4451 Sparta Road, Sebring, FL 33875. Call 382-1343. Rev. Steve Hagen, pastor. Sunday services: Sunday School meets at 9:30 a.m.; Sunday Morning Worship Service meets at 10:30 a.m.; Sunday Evening Bible Study meets at 6 p.m. (off site); Wednesday Prayer Gathering meets at 6 p.m.

CHRISTIAN SCIENCE

◆ **Christian Science Church**, 154 N. Franklin St. Sunday: 10:30 a.m. morning worship and Sunday school. Testimonial meetings at 4 p.m. each second and fourth Wednesday. A free public reading room/bookstore, located in the church, is open before and after church services. The Bible and the Christian Science textbook, ‘Science and Health with Key to the

Scriptures’ by Mary Baker Eddy are our only preachers. All are welcome to come and partake of the comfort, guidance, support and healing found in the lesson-sermons.

CHURCH OF BRETHREN

◆ **Church of the Brethren**, 700 S. Pine St., Sebring, FL 33870. Sunday: Church School, 9 a.m.; Morning Worship, 10:15 a.m. Wednesday: Temple Choir, 7:30 p.m. Phone 385-1597.

CHURCH OF CHRIST

◆ **Avon Park Church of Christ**, 200 S. Forest Ave., Avon Park, FL 33825. Minister: Don Smith. Sunday Worship Services, 10:30 a.m. and 6 p.m. Nursery facilities are available at every service. Bible Study: Sunday, 9:30 a.m. and Wednesday, 7 p.m. Bible centered classes for all ages. Church phone: 453-4692.

◆ **Lake Placid Church of Christ**, 1069 Hwy 27 North, Lake Placid, FL 33852. Mailing address is P.O. Box 1440, Lake Placid, FL 33862. Sunday morning worship is at 10 a.m. Sunday evening worship is 6 p.m. Bible class 9 a.m. Sundays and Wednesday evenings at 7 p.m. All are invited to join us. For more information, call the church at 863-465-4636 or visit the website www.thelordsway.com/lake-placidcofc/.

◆ **Sebring Parkway Church of Christ**, 3800 Sebring Parkway, Sebring, FL 33870; 385-7443. Minister: Kevin Patterson. Times of service are: Sunday Bible Class, 9 a.m.; Sunday Worship Service, 10 a.m.; Sunday Evening Service, 6 p.m.; Wednesday Bible Class, 7 p.m.

CHURCH OF GOD

◆ **Church on the Ridge**, Church of God, Anderson, Ind.; 1130 State Road 17 North, Sebring, FL 33870. Worship Service Sunday, 10 a.m.; Bible Study and Prayer, Wednesday, 7 p.m. Pastor Dr. Collet Varner, (863) 382-0773.

CHURCH OF NAZARENE

◆ **First Church of the Nazarene of Avon Park**, P.O. Box 1118., Avon Park, FL 33825-1118. 707 W. Main St. Randall Rupert, Pastor. Sunday: Sunday school begins at 9:45 a.m. for all ages; morning worship at 10:45 a.m.; and evening service at 6 p.m. Wednesday evening service is at 7 p.m. with special services for children and adults. Special services once a month for seniors (Prime Time) and Ladies ministries. If you need any more information, call 453-4851.

◆ **First Church of the Nazarene of Lake Placid**, 512 W. Interlake Blvd., Lake Placid, FL 33852. Sunday school, 9:30 a.m.; Morning worship, 10:45 a.m.; Evening service, 6 p.m. Wednesday evening, 7 p.m. Classes for adult children and youth. Call 465-6916. Pastor Tim Taylor.

CHURCHES OF CHRIST IN CHRISTIAN UNION

◆ **Community Bible Church - Churches of Christ in Christian Union**, (Orange Blossom Conference Center) 1400 C-17A North (truck route), Avon Park. Presenting Jesus Christ as the answer for time and eternity. Sunday morning worship service, 10:30 a.m. Nursery provided. Junior Church activities at same time for K-6 grade. Sunday School Bible hour (all ages), 9:30 a.m. (Transportation available.) Sunday evening praise and worship service, 6 p.m. Wednesday evening prayer service, 7 p.m. Children and youth activities at 7 p.m. Wednesday. Everyone is welcome, please come worship with us. Tom Schwankweiler, Pastor. Phone 453-6052.

Religion

Church News

Continued from B6

Sunday, Pastor Bob Johnson's sermon is titled "Right Understanding" based on Job 42:1-6.

The adult Sunday School class has been viewing videos sponsored by Focus on the Family. These videos are narrated by Ray Vander Laan and filmed on location. Sunday's video is titled "The Way of John the Baptist" filmed in Machaerus.

Special music will be provided by Beth Helms singing "More Than Wonderful."

On Tuesday, the Session meets at 6 p.m.

The church will be having Vacation Bible School from 6-8 p.m. July 22-26. The theme is "Kingdom Chronicles." Students should

be ready to charge back to a time filled with knights, maidens, kingdoms, castles, and fire-breathing dragons. First- through sixth-graders are welcome. Pre-register by going on answersvbs.com/vbs/FPCAP.

The church is at 215 E. Circle St. (with two entrances on Lagrand Street). For questions, call 453-3242 or check the website, avonparkapchurch.com.

Heartland Christian Church

SEBRING – Pastor Ted Moore's sermon on Sunday will be "Feet on Solid Ground", with scripture from Matthew 5:1-6.

The service will include music by George Kelly and Robert Whiter.

Vacation Bible School will be from July 29-Aug. 2.

The church is at 2705 Alternate Route 17 South (behind Publix). Call 314-9693.

Memorial United Methodist Church

LAKE PLACID – Rev. Tim Haas, senior pastor, will preach Sunday on the subject of "Boot Camp Training", with the scripture lesson from Luke 10: 25-28.

A potluck dinner to welcome the new pastor and his wife, Rev. Tim and Phyllis Haas, will be held in Rob Reynolds Hall following the worship service.

The church is at 500 Kent Ave. For information, phone 465-2422.

EPISCOPAL

◆ **St. Agnes Episcopal Church**, 3840 Lakeview Drive, Sebring, FL 33870. Sunday Services: Holy Eucharist Rite I - 7:45 a.m., Holy Eucharist Rite II - 10 a.m. Midweek service on Wednesday at 6 p.m. Sunday School for all ages at 9 a.m. The nursery is open 8:45 a.m. until 15 minutes after the 10 a.m. service ends. Wednesday: Adult Bible study, 9:30 a.m. Visitors are always welcome. Church office 385-7649, for more information. ◆ **St. Francis of Assisi Anglican Episcopal Church**, 43 Lake June Road, Lake Placid, FL 33852. Phone: 465-0051. Rev. Elizabeth L. Nelson, Rector. Summer Sunday schedule, 9 a.m. and 6 p.m., June 2-Sept. 1, 10 a.m. Bible study, 6 p.m. Wednesday: Holy Communion with healing service, 9 a.m. Thursday. St. Francis Thrift Shop, 9 a.m.-4 p.m. Monday-Friday, and 10 a.m.-4 p.m. Saturday. (863) 840-3715.

EVANGELICAL FREE CHURCH OF AMERICA

◆ **The Church of the Way EFCA**, 1005 N. Ridgewood Drive, Sebring. Sunday school and worship service at 9 a.m. and 10:30 a.m. Youth activities, 6:30 p.m. Wednesdays. The Way is a church family who gathers for contemporary worship, teaching of God's Word, prayer and fellowship. Come early and stay after for fellowship time. Child care and children's church are provided. Reinhold Buxbaum is pastor. The Way – A place for you. Office Phone: 471-6140. Church Cell Phone: 273-3674. Email: thewaychurch@hotmail.com. Web site: www.TheWayChurch.org

GRACE BRETHREN

◆ **Grace Brethren Church**, 3626 Thunderbird Road, (863) 835-0869. Dr. Randall Smith, senior pastor. Sunday services at 9 a.m., 10:45 a.m. and 6 p.m.; Wednesday services at 7 p.m. We offer "Kid City" Children's Ministry throughout all services, and there are various other classes for teens, married couples, "prime-timers," and Bible studies in Spanish. "Kid City" Day Care, Preschool and After-School Monday-Friday: 7 a.m.-6 p.m. (For registration call: 385-3111). Check us out on the Web at www.sebringgrace.org.

INDEPENDENT

◆ **First Christian Church**, 1016 W. Camphor St., Avon Park, FL 33825; (863) 453-5334; on the Web at www.firstchristianap.com. Our motto is "Jesus is First at First Christian Church." Greg Ratliff, Senior Minister; Bible School 9 a.m.; Worship 10 a.m.; Wednesday studies for all ages, 6 p.m. Nursery provided for all events.

INTERDENOMINATIONAL

◆ **World Harvest and Restoration Ministries**, (non-denominational) 2200 N. Avon Blvd., Avon Park, FL 33825. Phone: 452-9777 or 453-3771. Sunday service: Sunday School, 10 a.m. and worship, 11 a.m. Wednesday services: 7 p.m. prayer meeting/Bible study. Pastor: W.H. Rogers.

LUTHERAN

◆ **Atonement Lutheran Church (ELCA)**, 1178 S.E. Lakeview Drive., Sebring. David Thoresen, Deacon, Spiritual Leader, on first, third and fifth Sunday each month, and Rev. Jefferson Cox on the second and fourth Sunday of each month. Jim Helwig, organist/choir director. Worship service at 9:30 a.m.; Holy Eucharist is every Sunday. Coffee hour on the first and third Sunday of each month. Council meeting on the first Tuesday of month; Ladies Group WELCA meets at noon second Tuesday of month with lunch. Bring a dish to pass. Labyrinth Prayer Garden open seven days a week to congregation and community. Come grow with us. Phone 385-0797. ◆ **Christ Lutheran Church Avon Park – LCMS**, 1320 County Road 64, 1/2 mile east of Avon Park High School past the

four-way stop sign. Sunday Divine Worship is at 10 a.m. Holy Communion is celebrated every week with traditional Lutheran Liturgy, hymns and songs of praise. Fellowship time with coffee and refreshments follows worship. Come worship and fellowship with us. For information call Pastor Scott McLean at (863) 471-2663 or see christlutheranavonpark.org.

◆ **Faith Lutheran Church – LCMS**, 2740 Lakeview Dr, Sebring Church phone: 385-7848 Faith Child Development Center: 385-3232. Summer Sunday Worship Service: 10 a.m. Communion served 1st, 3rd & 5th Sunday. Sunday School & Bible Classes: 9:00 a.m. Worship Svc. Broadcast at 10 a.m. on WITS 1340AM each Sunday. Educational opportunities include weekly adult Bible studies, Faith's Closet Thrift Store (385-2782) is open from 10 a.m.-2 p.m. Tuesday-Friday and 10 a.m.-1 p.m. Saturday. All are warmly welcome in the Family of Faith.

◆ **Good Shepherd Lutheran Church (AALC) American Association of Lutheran Churches**, 3240 Grand Prix Drive, Sebring, FL 33872. James Weed, pastor. Worship Service, 10:30 a.m. Sunday. Bible Study, 9 a.m. Nursery provided. Social activities: Choir, Missions, Evangelism. Phone 385-2346. ◆ **New Life Evangelical Lutheran Church**, 3725 Hammock Road, a Congregation of the Evangelical Lutheran Synod (ELS) in fellowship with the Wisconsin Evangelical Lutheran Synod (WELS). Sunday Worship at 10 a.m.; Bible Study, 9 a.m. For more information, call Pastor Luke Willitz at 385-2293 or visit the Web site at www.newlifesebring.com.

◆ **Resurrection Lutheran Church – ELCA**, 324 E. Main St., at Memorial Drive, Avon Park. Pastor Rev. John C. Grodzinski. Sunday worship at 8 and 10:30 a.m.; Sunday School at 9:15 a.m. Fragrance Free Service Wednesdays at 7 p.m. Open Communion celebrated at all services. "God's Work, Our Hands."

◆ **Trinity Lutheran Church – LCMS**, 25 Lakeview St., Lake Placid, FL 33852; 465-5253. The Rev. Richard A. Norris, pastor; Susan C. Norris, Trinity Tots Pre-school director; and Noel Johnson, minister of youth and family life. Worship schedule after Easter through December: Worship service 10 a.m., and Education Hour, 8:45 a.m. Worship schedule for January through Easter: Worship service, 8:30 and 11 a.m., Education Hour 9:45 a.m. Traditional Service with Holy Communion each first and third Sunday. Non-Traditional Service each second, fourth and fifth Sunday. Seasonal mid-week services Wednesday evenings during Lent and Advent. Call church office for additional Worship times and special holiday services. Other activities and groups include: Choirs; Ladies Guild and LWML; Men's Fellowship Group, Small Group Bible Studies as scheduled; Trinity Tots Pre-school, Youth Group activities (call for meeting times and dates). Visit us online at: www.Trinitylutheranlp.com.

NON-DENOMINATIONAL

◆ **Bible Fellowship Church**, 3750 Hammock Road, Sebring, FL 33872. Sunday: American Sign Language: First Worship sermon, songs signed first and second Worship services. First Worship service, 9 a.m.; Second Worship service, 10:45 a.m. Nursery (up to 2 years old) and Sunday school classes both hours. BFC Youth, 6 p.m.; Evening Service, 6 p.m. Wednesday: Children, ages 4 yrs through 5th grade, 6 p.m.; Youth, 6-7:30 p.m.; Prayer time, 6:15 p.m. Todd Patterson, pastor; Andy McQuaid, associate pastor. Web site www.bfcsebring.com. Church office 385-1024.

◆ **Calvary Church**, 1825 Hammock Road, Sebring, FL 33872; 386-4900. An independent community church. Sunday morning worship, 10 a.m.; Bible study, 11:15 a.m.; Sunday evening service, 6 p.m. Pastor Lester Osbeck. A small friendly church waiting for your visit.

◆ **Christian Training Ministries Inc.**, on Sebring Parkway. Enter off County Road 17 on Simpson Avenue. Sunday service is at 10 a.m.; Wednesday Bible study at 7 p.m. A nursery and children's church are provided. The church is part of Christian International Ministries Network, a full gospel, non-denominational ministry. Linda M. Downing, minister, lindadowning@live.com.

ing@live.com. Casey L. Downing, associate minister, caseydowning@hotmail.com. Church phone: 314-0482. Web site: www.ctmforme.com

◆ **Crossroads of Life**, 148 E. Interlake Blvd., Lake Placid, FL 33852; Tel. 863-655-9163. The place of your Divine appointment. We expect our supernatural God to transform our lives through His power and grace. Come, learn of His plan and destiny for you. With His plan we receive His provision along with His perfect timing and opportunity. What you have longed for, but have been missing, can now be received. The direction you have been thirsty for will suddenly quench your parched soul. Come to experience what you have been missing for so long – empowerment in every area of life. We teach, train and send forth to win souls. You don't speak English – no problema. We have a Spanish interpreter. We look forward to fellowship and worship with you at 7 p.m. every Wednesday. Pastors Gil and Rosa Benton (Faith Never Fails).

◆ **Grace Bible Church**, 4541 Thunderbird Road, (second church on left) Sebring, FL 33872. Phone, 382-1085. Dustin Woods, lead pastor. Saturday Worship, 6:30 p.m. Sunday, 9 and 11 a.m. Tuesday 6 p.m. Grace Bible Academy Adult Investigating Truth; first and third Tuesday, Prayer Gathering, 7:15 p.m.; Wednesday, Children's & Youth Programs, 6 p.m.; Wednesday, 8:30 p.m., College Ministry. www.GBCconnected.org

◆ **Faith Center West Ministry**, "Restoring Lives, Families & Communities." In the Banyan Plaza at 2349 U.S. 27 South, Sebring, FL 33870. Pastors Leroy and JoAnn Taylor the public to worship on Sundays at 11 a.m. for Praise & Worship and on Wednesdays at 7 p.m. for Bible study and prayer. Children classes are available for all services. Ministries for youth, men and women are held throughout the month. Please attend these Spirit-filled services. "Moving Forward in Unity". Church office, 385-1800 or 655-2748.

◆ **Highlands Community Church**, a casual contemporary church, meets at 3005 New Life Way. Coffee at 9:30 a.m.; Worship at 10 a.m. Nursery and Kid's World classes. Small groups meet throughout the week. Church phone is 402-1684; Pastor Bruce A. Linhart.

◆ **New Beginnings Church of Sebring**, meeting at The Morris Chapel, 307 S. Commerce Ave., Sebring, FL 33870. Pastor Gary Kindle. Bible study every Sunday, 9 a.m. Blended Church Service, 10:15 a.m. Phone (863) 835-2405. www.newbeginningschurchofsebring.com Begin your week with us.

◆ **The Lord's Sentinel Fellowship Church**, 148 E. Interlake Blvd., Lake Placid (at Lake Placid Christian School), Pastor Juanita Folsom. Sunday morning service, 10:30 a.m.; Monday, Sentinel School of Theology, 7 p.m.; Church service, Tuesday, 7 p.m. More information at www.juanitafolsomministries.com.

◆ **Union Church**, 106 N. Butler Ave., Avon Park, FL 33825. Contemporary worship service is at 6:30 p.m. Saturday with Pastor Tiger Gullett. Sunday traditional worship service is at 7:45 a.m. and 9 a.m. Contemporary Sunday worship service is at 10:45 a.m. Nursery and children's church on Saturday nightes and 9 and 10:45 a.m. Sundays. Breakfast and lunch menus at Solid Grounds. Senior Pastor is Bill Breylinger. Office: 453-3345. Web page at www.wearunion.org.

◆ **Unity Life Enrichment Center**, new location, 10417 Orange Blossom Blvd. S., Sebring, FL 33875; 471-1122; e-mail unity@vistanet.net. Web site, www.unity-ofsebring.org. 10:30 a.m. Sunday Celebration Service, Nursery and Children's Church. Weekly Classes, Christian Bookstore and Cafe, Prayer Ministry, Life Enrichment Groups. Rev. Andrew C. Conyer, senior minister transforming lives from ordinary to extraordinary.

PRESBYTERIAN

◆ **Covenant Presbyterian Church (PCA)**, 4500 Sun 'N Lake Blvd., Sebring, 33872-2113. Pastor Tom Schneider. A Congregation of the Presbyterian Church in America. Sunday morning worship: Traditional service, 10:30 a.m.; Sunday school, 9:15 a.m. Wednesday evening Prayer Meeting, 6 p.m.; Children's/Youth Group, 5:30-7 p.m.; choir practice, 7:15

RELIGION GUIDELINES: The *News-Sun* publishes religion news on Fridays.

The submission deadline is 5 p.m. Monday to be considered for publication in the following Friday's paper.

Submit items to the *News-Sun's* from 8 a.m. to 5 p.m. weekdays; fax to 385-2453; send e-mail to editor@newssun.com; or mail to Lifestyle Editor, *News-Sun*, 2227 U.S. 27 South, Sebring, FL 33870. For information, call 385-6155, ext. 516.

Parkway Free Will Baptist Church

SEBRING – The Sunday morning Bible lesson, "Celebrating With Joy," is taken from Ezra 6. Pastor Jim Scaggs will bring the worship services.

Wednesday evening service will be a time of praise, prayer and Bible study in the book of Romans.

Parkway Free Will Baptist

Church is at 3413 Sebring Parkway. For information, call 382-3552.

Sebring Church of the Brethren

SEBRING – This Sunday, Pastor Dave Smalley will preach from Luke 10:25-37 and the title of his sermon will be "A Different Kind of Neighbor".

Sunday school will be taught by Wendell Bohrer and the theme will be "Christ as Healer," using scripture from Mark 1:29-45.

The church is at 700 S. Pine St. Call 385-1597.

Spring Lake United Methodist Church

SEBRING – Spring Lake United Methodist Church is at 8170 Cozumel Lane. The pastor's sermon is "No Images or Blasphemy! Keep Sabbath".

St. John United Methodist Church

SEBRING – On Sunday, the Rev. Ronald De Genaro's message will be "The Good Samaritan." Biblical reference is from Luke 10:25-37.

fourth Wednesdays, 7-8:20 p.m.

THE SALVATION ARMY

◆ **The Salvation Army – Center for Worship**. Sunday: Sunday School, 9:45 a.m.; Holiness meeting, 11 a.m.; and Praise meeting and lunch, noon. Tuesday: Bible study, 6:30 p.m.; and Women's Ministries, 7 p.m. Wednesday: Youth Ministries, 4 p.m. All meetings are at 120 N. Ridgewood Ave., Sebring. For more information, visit the Web site www.salvationarmysebring.com or call Major Bruce Stefanik at 385-7548, ext. 110.

UNITED METHODIST

◆ **First United Methodist Church**, 105 S. Pine St., Sebring, FL 33870. The Rev. A.C. Bryant, pastor. Traditional Worship Service at 8:10 and 10:50 a.m. in the sanctuary, Contemporary Worship in the FLC at 9:30 a.m. Sunday School at 9:30 and 10:30 a.m. Methodist Youth Fellowship at 5:30 p.m. Sundays with Rick Heilig, youth director. The 10:55 a.m. Sunday worship service is broadcast over WITS 1340 on AM dial. There is a nursery available at all services.

◆ **First United Methodist Church**, 200 S. Lake Ave., Avon Park, FL 33825. (863) 453-3759, Devon Jarrett, Pastor. Sunday School - 9 a.m., Worship - 10:30 a.m. Bible study every Wednesday at 6 p.m. Visit us at our church website: www.fum-cap.org.

◆ **Memorial United Methodist Church**, 500 Kent Ave., (overlooking Lake Clay) Lake Placid, FL, 33852. Rev. Tim Haas, pastor. Rev. Claude H.L. Burnett, pastoral assistant. Rev. Jerry McCauley, visitation pastor. Sunday worship services: Worship Service, 8:30 a.m. and 10:45 a.m. Sunday School, 9:30 a.m. Loving nursery care provided every Sunday morning. Youth Fellowship, 5 p.m. We offer Christ-centered Sunday school classes, youth programs, Bible studies, book studies and Christian fellowship. We are a congregation that wants to know Christ and make Him known. Check out our church website at www.memorialumc.com or call the church office at 465-2422. Lakeview Christian School, VPK to Grade 5, 465-0313.

◆ **St. John United Methodist Church**, 3214 Grand Prix Drive, Sebring, FL 33872. The Rev. Ronald De Genaro Jr., Pastor. Sunday School, 9:30 a.m.; Adult Sunday School, 11 a.m.; Sunday Morning Worship, 8 a.m., 9:30 a.m. and 11 a.m. Nursery provided for all services. Phone 382-1736. www.stjohnsebring.org

◆ **Spring Lake United Methodist Church**, 8170 Cozumel Lane, (Hwy 98) Sebring. The Rev. Clyde Weaver Jr., Pastor. Worship service starts at 9:55 a.m. Bible Study meets at 10:00 a.m. on Tuesday. Choir Practice at 4:00 p.m. on Thursday. Church office phone: 655-0040.

UNITED CHURCH OF CHRIST

◆ **Emmanuel United Church of Christ**, Jesus didn't reject people, neither do we. Join us for worship every Sunday at 9:30 a.m. and you'll be embraced by a compassionate congregation that is all-inclusive. We're at the corner of Hammock and Hope. Choir and Bell Choir practice on Wednesday; Bible studies throughout the week. 471-1999; sebringemmanuelucc.com.

p.m. Phone: 385-3234; Fax: 385-2759; e-mail: covpres@strato.net; Web site: www.cpc-sebring.org. Office hours: 8:30-12:30 p.m. Monday-Friday.

◆ **First Presbyterian Church ARP**, 215 E. Circle St., (two entrances on LaGrande), Avon Park, FL 33825. Phone: 453-3242. The Rev. Robert Johnson is the pastor. Sunday School, 9:15 a.m.; Sunday Worship, 10:45 a.m.; Wednesday Bible study, 10:30 a.m.; Potluck dinner, 6 p.m. third Wednesday; choir practice, 6:30 p.m. each Wednesday; Mary Circle business meeting, 1 p.m. second Wednesday; Sarah Circle business meeting, 4 p.m. second Thursday; Women's Ministries Combined Bible study, 4 p.m. third Thursday. Be a part of a warm, caring church family with traditional services, following biblical truth.

◆ **First Presbyterian Church, ARP**, 319 Poinsettia Ave., Sebring, FL 33870. 385-0107. Email: faith@strato.net, Rev. Darrell A. Peer, pastor. Sunday School, all ages, 9:30 a.m.; Worship Service, 11 a.m. Youth Group (middle school and high school age), 3:30-6:30 p.m. Tuesdays. Wednesday: Adult Bible Study, 10:30 a.m. Nursery available during worship. Call the church office for more information and other classes.

◆ **First Presbyterian Church, ARP**, www.fpcpl.com, 117 N. Oak Ave., Lake Placid, 465-2742. The Rev. Ray Cameron, senior pastor; the Rev. Drew Severance, associate pastor. Sunday Traditional Worship, 9 a.m.; Contemporary Worship, 11 a.m.; Sunday School, 10:10 a.m. Wednesday evenings: Adult small group Bible Study 7 p.m. (Nursery available), Youth Group – 6-12th grades) 7 p.m., nursery and children's ministry, 7 p.m. Family Biblical Counseling available by appointment.

◆ **Spring Lake Presbyterian Church (USA)**, 5887 U.S. 98, Sebring, FL 33876. Sunday School, 9 a.m.; Worship Service, 10 a.m. Session meets at 6:30 p.m. the second Thursday of the month, September through June. Board of Deacon's meet at 5:30 p.m. first Monday of the month. Choir rehearses at 7 p.m. each Wednesday, September through April. Presbyterian Women meet at 10 a.m. the third Thursday of the month. Organist: Richard Wedig. Choir Director: Suzan Wedig. Church phone, 655-0713; e-mail, springlakepc@embarqmail.com, Web site, <http://slpc.embarqspace.com>.

SEVENTH-DAY ADVENTIST

◆ **Avon Park Seventh-day Adventist Church**, 1410 West Avon Blvd., Avon Park. Phone: 453-6641 or e-mail: avon-parksda@embarqmail.com, Sabbath School, 9:30 a.m. Saturday. Church Service 10:45 a.m. Saturday. Wednesday prayer meeting 7 p.m. Community Service hours on Tuesday and Thursday is from 9:00 a.m. till 2 p.m. A sale takes place the first Sunday of each month. Senior Pastor Frank Gonzalez. Walker Memorial Academy Christian School offering education for kindergarten through 12th grades. ALL ARE WELCOME. Associate Pastor is Ryan Amos. Website is www.discoverjesus.org

◆ **Sebring Seventh-Day Adventist Church**, 2106 N. State Road 17, Sebring; 385-2438. Worship Services: 9:15 a.m.

Worship hour, 11 a.m. Prayer meeting, Tuesday, 7:15 p.m. Community service: every Monday 9-11 a.m. Health Seminar with Dr. Seralde, every Friday, 10:00 a.m. Pastor Nathan Madrid.

THE CHURCH OF LATTER DAY SAINTS

◆ **The Church of Jesus Christ of Latter Day Saints**, 3235 Grand Prix Dr., Sebring, FL 33872; (863) 382-9092 Steve Austin, Bishop; Mark Swift, 1st Counselor; Del Murphy, 2nd Counselor. Family History Center (863) 382-1822. Sunday Services: Sacrament Meeting, 10-11:10 a.m.; Gospel Doctrine, 11:20 a.m. to noon; Priesthood/Relief Society, 12:10-1p.m.; Primary for children, 11:15 a.m. to 1 p.m.; Youth Activities: Wednesdays, 7-8:20 p.m. Scouts: first and third Wednesday, 7-8:20 p.m. Activity Days: 8-11 yr old Boys and Girls, second and

Religion

Truth or consequences!

Last week, we began a discussion on the topic of lying. We noted that from the beginning, lying has always been against God's will. Whether one looks to the Old or New Testament, lying has always been wrong. We may live in a time when some people excuse lying for a variety of reasons, but God has never excused lying for any reason.



**Kevin's
Komments**
Kevin Patterson

Where did lying originate? Well, the first recorded lie took place in the garden of Eden. In Genesis 2: 16-17, God commanded the man, "From any tree of the garden you may eat freely; but from the tree of the knowledge of good and evil you shall not eat, for in the day that you eat from it you will surely die." However, in Genesis 3:4, the serpent (Satan) told the woman just the opposite. He said, "You surely will not die!" And, the rest is history. Adam and Eve fell for the lie, ate of the forbidden fruit, and were cast out of a paradise on earth because of their sin.

Jesus compared a group of people to Satan in John 8:44. He said, "You are of your father the devil, and you want to do the desires of

your father. He was a murderer from the beginning, and does not stand in the truth because there is no truth in him. Whenever he speaks a lie, he speaks from his own nature for he is a liar and the father of lies." On the other hand, Paul wrote in Titus 1:2 that God "cannot lie." So, when we lie, we are following in the footsteps of Satan, not God.

Because Satan represents the very essence of evil, he has always been at us to turn away from God and toward him. But, if we want to please God, we will seek the truth that comes only from Him and obey that truth. In 1 John 2: 4-5, we read, "The one who says, 'I have come to know Him,' and does not keep His commandments, is a liar, and the truth is not in

him; but whoever keeps His word, in him the love of God has truly been perfected. By this we know that we are in Him." Therefore, we must do more than just tell the truth to be pleasing to God. We must also live that truth.

Finally, what are the consequences of lying? They are the same as for any sin. Revelation 21: 8 reads, "But for the cowardly and unbelieving and abominable and murderers and immoral persons and sorcerers and idolaters and all liars, their part will be in the lake that burns with fire and brimstone, which is the second death."

The choice is ours: Live the truth and live with God, or live a lie and live with Satan. When you get right down to it, it is not much of a choice, is it? So, choose well now and live with God forever.

Kevin's Komments, by Kevin Patterson, is presented by the Sebring Parkway church of Christ, assembling at 3800 Sebring Parkway. Find the church on the internet at www.sebringcoc.com, or e-mail sebringparkway@sebringcoc.com /. Guest columns are the opinion of the writer, not necessarily those of the News-Sun staff.

Reflectsons in concert at First Assembly of God

SEBRING – The Reflectsons, one of Florida's premier gospel groups, will be in concert at 11 a.m. and 7 p.m. Sunday, July 14 at First Assembly of God, 4301 Kenilworth Blvd., as part of Homecoming 2013 and the pastor's 41st anniversary.

For more than 30 years, The Reflectsons have presented the gospel in song across the southeastern United States. They are a traditional southern gospel group, but also sing many of the more contemporary songs, providing ministry to all ages.

There is no charge for the concerts. An offering will be received. Call 385-6431 for information.

64 to Grayson in concert

SEBRING – 64 to Grayson will be in concert at 6:30 p.m. Friday, July 19 at Sebring Christian Church. Call 382-6676 for details.

First Christian collecting items

AVON PARK – The congregation at First Christian Church has begun a "Pay It Forward" program where they are collecting new and like new items, and will do so for the month of July and August.

If you have items that you would like to donate, do so during the weekdays from 9 a.m. to noon. They are collecting furniture, appliances (large and small), household items and clothing. All items must be either new

Snapshots

or like new; they reserve the right to refuse any items not falling into these criterias. A date for future dispersal will be set in the near future.

First Christian Church of Avon Park is at 1016 W. Camphor (behind the Wells Fargo Bank). Call 453-5334 or email us at firstchristianap@embarqmail.com with any questions or to request information. The church website is www.firstchristianap.com.

Men of Substance meets

SEBRING – George Washington's Presidential Inauguration Address is actually a covenant prayer with God to birth a christian nation, called "America." Men of Substance will meet at 9 a.m. Saturday at Crossroads Fellowship Church to break down and study the address to see how and if it lines up with Godly principles.

For more information on this or other Men of Substance meetings, call 655-0212.

New Beth Moore study begins

SEBRING – A new Bible study class will be starting at 1 p.m. Wednesday at Faith Lutheran Church. In "Breaking Free: The Journey, The Stories (Updated Edition)", Beth Moore looks at the Book of Isaiah through the lives of the kings who ruled during the prophet's ministry.

This in-depth women's Bible study draws parallels between the captive Israelites of the Old Testament and New Testament believers in Jesus as the Promised Messiah. These kings exemplify many of the obstacles to freedom

with which one must deal. Using Scripture to help identify spiritual strongholds in your life, no matter how big or small, Moore explains that anything that hinders us from the benefits of knowing God is bondage.

This study is open to all women, regardless of church affiliation. Fellowship and learning are the main focus of the group. This is a 12-week study, starting at 1 p.m. Wednesday. For more information on the study it can be looked up on the Internet at www.lifeway.com/n/Product-Family/Breaking-Free-(2009). Participants are responsible for their own books, which can be purchased online at the link listed above, or by calling the church at 385-7848 or Traci Roberts at 835-0141.

Cornerstone names Behers Spiritual Care Manager

TAVARES – During his 25 years in the pastorate, Rich Behers, DMin BCC always has been involved with hospice work for congregation members or as a chaplain in a local hospice house. As the new Spiritual Care Manager for Cornerstone Hospice and Palliative Care Behers says he enjoys having more one-on-one time with hospice patients.

Behers joined Cornerstone's team in Winter Haven in January 2013 as a chaplain and was named Spiritual Care Manager in April. He is responsible for a team of 14 chaplains who provide spiritual guidance and comfort to the more than 800 patients and families served by Cornerstone each day throughout the organization's seven Central Florida counties.

Messiah-Servant, a worthy example

Jesus said many startling things during His earthly ministry! However, what was equally startling was how he challenged the world's standard of greatness. When we think of Jesus, the Christ, we most often reflect on the great sacrifice on the cross but let's turn our attention to the Messiah-Servant.

Among paganism, heathenism, idolatry and superstition, a gentleman was one who never worked, yet Jesus said "I am among you as the One who serves" (Luke 22:27). It is interesting to note that His Father was not ashamed to direct the attention of man to His Son, the Christ as a servant. In fact, this was in the Eternal plan: "But made Himself of no reputation, taking the form of a servant, and coming in the likeness of men" (Philippians 2:7). Jesus, in setting an example to the Twelve, stated in Matthew 20: 27-28 "And whoever desires to be first among you, let him be your slave, just as the Son of man did not come to be served, but to serve, and to give His life a ransom for many."

The Messiah not only taught about being a slave, but manifested it in action such as recorded in John 13. Luke (22:24) records the attitude of the apostles in the upper room: "But there was also rivalry among them, as to which of them should be considered the greatest." On the eve of His cruel death, fully conscious of His Deity and His glory, like a common Oriental slave, Christ girded Himself with a towel and washed the disciples' feet. Jesus did not institute "feet washing" as an ordinance but used an age old custom to teach humility and servitude.

Jesus set the model/exam-

Guest Column

Frank Parker

ple that is to be carried out in His spiritual body, the church. The "sons of Zebedee" (Matthew 20: 20-25) did not get the message and their "heirs" today have also failed to see there is no hierarchy in the Lord's kingdom...all are servants. This fact is also made very clear in Jesus' teaching to the Pharisees and scribes in Matthew 23:5-12. This same mindset is stated by the apostle Peter as he speaks to elders/pastors of the church: "Shepherd the flock of God which is among you, serving as overseers, not by constraint but willingly, not for dishonest gain but eagerly; nor as being lords over those entrusted to you, but being examples to the flock" (First Peter 5:2,3).

Think upon this statement by the Messiah-Servant: "A disciple is not above his teacher, but everyone who is perfectly trained will be like his teacher" (Luke 6:40). When these truths are implanted into one's soul/spirit (James 1:21), there will be no place for such manmade distinctions as "clergy" and "laity" or manmade titles as "Reverend", "Father", "Priest", "Cardinal", "Pope", "Pastor", etc.

What a new concept the Messiah brings to the world. Old traditions tottered on their thrones and received their death sentence, for the Greatest stooped to become the lowest. And in this act of condescension, there was grace, the shining glory of the mercy of God. All through the life of Jesus can

be felt the throbbing pulse-the Highest has stooped to serve; the Purest of all has stooped as a servant to bear the sins of the vile and rebellious ... Messiah-Servant. Amen!

Frank Parker can be contacted at frankparker27@gmail.com /. Guest columns are the opinion of the writer, not necessarily those of the News-Sun.

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Diversions/Puzzles

Mega-budget 'Pacific Rim' is skillful — and very noisy

Review: 'Pacific Rim' is skillful — and very noisy
By JOCELYN NOVECK
AP National Writer

It's one of the saving graces of "Pacific Rim," Guillermo del Toro's new mega-budget monsters vs. robots extravaganza, that at a key juncture, it knows how to make fun of itself.

This welcome bit of comic relief amid all the crunching, smashing and groaning in 3-D comes just as the good guys — that would be the robots, or rather the humans operating the 25-story machines built to save humanity — have hit a snag. These massive, digitally controlled contraptions suddenly all fail at once.

But then — eureka! — someone points out that one rusty old robot is analog. And so, in a movie that has spent some \$200 million to boast the very best in state-of-the-art tradecraft, an analog machine saves the day, at least temporarily. Ha! Holy retro technology.

It's too bad that del Toro's film, a throwback to the Japanese Kaiju monster films made famous by "Godzilla," doesn't have many more such deft moments.

Though it's made by an obviously gifted director and will likely please devotees of the genre, it ultimately feels very short on character and long on noise, noise, noise.

Did we mention the crunching, smashing and groaning?

Happily, the plot is not convoluted (the script is by Travis Beacham and del Toro) and there's at least one really cool concept, called "The Drift." No, this doesn't



Charlie Hunnam, left, and Rinko Kikuchi star in 'Pacific Rim.'

involve land formations. It's the mind-melding that occurs between the two pilots of each Jaeger — that's what they call the mega-robots that humans have built to fight the monsters rising from the sea. Subjected to a pre-flight "neural handshake," the pilots are suddenly sharing brains, the better to command their robot.

This leads to amusing dialogue, such as: "You know what I'm thinking?" Beat. "I'm in your brain!" That's meant to be funny, but a later remark seems inadvertently so, when the hero balks at going back to battle: "I can't have anyone in my head again!"

The real action begins some seven years into the Kaiju offensive (and circa 2020.) The Jaeger program, once successful, is failing. Global defense authorities decide to drop it and go for a giant coastal wall. Didn't they see "World War Z?" Ask Brad Pitt: Walls don't



Movie Review 'Pacific Rim'

Rating: PG (intense sci-fi action and violence throughout, brief language)
Running time: 131 minutes
Review: ★★★ (of 4)

keep out zombies, and they won't keep Kaiju out, either. It's back to the Jaegers.

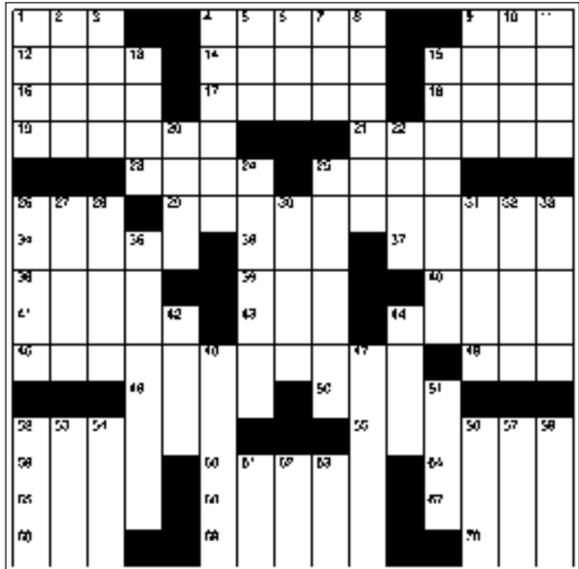
Enter jaded former pilot Raleigh Becket (a handsome but bland Charlie Hunnam). Raleigh lost his co-pilot and brother in a Jaeger fight, and is in no mind to share his, er, mind again. But humanity's at stake.

His new co-pilot is a

young Japanese woman named Mako (Rinko Kikuchi) with a serious beef against the Kaiju. Showy supporting parts are played by Idris Elba as the impressively named commander Stacker Pentecost; Charlie Day as a manic, nerdy scientist (but not as funny as he could be); and Ron Perlman as a shadowy Kaiju-parts dealer.

It takes a good hour for the real battle to get going. You're glad when it does, but mostly, you wish the mind-melding concept had been mined more fully, especially since the scenes inside people's minds show, too briefly, another, subtler side of del Toro's talents. One arresting flashback to Mako's youth almost seems to come from a different movie — like the director's powerful 2006 "Pan's Labyrinth."

Too bad del Toro doesn't share a bit more of that terrific side of his moviemaking mind with us here.



Solution, B8

- CLUES ACROSS
1. Big university town river
2. Was one of a media mogul
3. London tube station
4. First Lady, Maris
5. 24-hr. bank limit
6. A beetle that consumes dung
7. A laser, explosive device
8. Baseball stadium
9. Sweet sauce; temp
10. Next to
11. Spray-painted wife
12. Aerial entertainment
13. Half-chicken, no. am.
14. Childhood toy
15. Wood-boring bug
16. Digger than nails
17. Scum
18. Brand of napkins
19. Object with shape as a god
20. From midway between E and S
21. Inhabitant island
22. Affixes
23. A way to cook
24. North-based airline codes
25. Cakes to celebrate a child
26. U.S. former city H.L.
27. Purple commemorative sword
28. Vascular, reticular, fibrous tissue
29. A mud-bagging
30. Member of U.S. Navy
31. D.E. distance unit
32. Goes fish to house
33. Take a B.V.
34. Is an ant farm's workers
35. Former U.S. gold coin worth \$10
36. U.C. Bears' home field
37. Batters
38. The latest white
39. Negligible amounts
40. Impulse

- CLUES DOWN
1. By 'The Grapes of Wrath'
2. Aerial military force
3. Micro-encapsulated systems, like...
4. Kalamazoo
5. Aerial display
6. Supporting a road
7. Coarse, starchy mulch
8. Aerial balloon dance
9. Supports a shelf
10. Baseball's Ruth
11. Shearwater covered
12. First month of autumn
13. Hebrew letter
14. Swallow-trunked bird
15. Dishes
16. Napkin
17. Petroleum product
18. Impulse
19. Affixes by letter
20. Spouting flame jets
21. N.Y. state
22. Inhabitant island
23. Best reason 'Kawaii' is popular
24. Texas A.M. student group
25. Went out to dinner
26. Miles from light year
27. A.D. World
28. Aerial display
29. Made stronger
30. Nap
31. Thrusts brightly
32. Government's considered
33. Bleats
34. Aerial force
35. Center in Bangkok
36. Water travel device
37. A.D.
38. Latin's rotation direction
39. Fiddle
40. Honorable title, Fukuoka

CRYPTO FUN
Determine the code to reveal the answer!

Solve the code to discover words related to astrology. Each number corresponds to horoscopes. (Hint: 4 = i)
A. 8 7 1 19 4 15 26 4 14 21
Clue: Guess
B. 11 26 22 7 11
Clue: Bright lights in space
C. 9 4 7 26 20 19 22 2
Clue: Annual event
D. 22 19 13 4 15 1
Clue: Guidance

Transgender woman seeks rules of engagement on dating scene

Dear Abby: I am a 30-year-old transgender woman who has just started her journey. Feeling more comfortable in my skin, I have been going to some local hangouts with some friends from work and meeting straight men. My question is, when is it appropriate to disclose that I am a preoperative trans woman?

I have tried online dating on trans-friendly websites, as well as visited the local transgender bar, but those men tend only to be looking for sex, and I am looking for more than that. I would love your advice on the matter.

Dear Starting: For your safety, it is important that you disclose your status early, before there is any sex involved. If you don't, the straight man could react violently.

At this point, it would be a good idea to contact PFLAG (Parents, Families and Friends of Lesbians and Gays) because it can put you in touch with resources to help you through your journey. The largest increase in new individuals reaching out to PFLAG is now among people with "trans" issues — and this includes both trans individuals and their family members.

It is critically important to seek out a culturally competent therapist to help you with specific issues. To find referrals and a local chapter, visit pflag.org.

is in Afghanistan for a year. When he returns, I want to ask him to get tested for STDs before we have sex. I do not have any specific reason to think he would be having sex with someone while deployed, but let's face it. He's a man, and a year is a long time to abstain when there are females present.

How do I approach the subject in the most effective way? I know that when I do, he will be mad, but it's not the first time that STDs have been a problem in our relationship. Help!

Dear Thinking Of Your Health: One would think that a man who loves his

wife would want to be absolutely positive that he wouldn't give her a sexually transmitted infection.

However, because your husband has given you one before, it is perfectly logical that you tell him it is the reason you want him to be tested before resuming your marital relationship.

Dear Abby: I'm a single 32-year-old who lives across the country from my family. I have two sets of grandparents who both send me birthday and holiday cards containing checks.

The problem is, I earn close to six figures, which is far more than my grandpar-

ents' income in retirement, and I have only myself to support. I typically shred their checks when I receive them.

Should I continue to do this, or should I tell them that as much as I appreciate the sentiment, a simple card would be fine?

— Secretly Shredding in Seattle

Dear S.S. in S.: When a check isn't cashed, it is obvious to the check writer, and it can cause problems in balancing the person's checkbook. I think your solution to tell them you no longer need the checks is a good one.

Write Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

ASTROLOGY WORD SEARCH
WORDS: AQUARIUS, ARIES, BIRTHDAY, BULL, BUSINESS, CANCER, CAPRICORN, CAREER, DAILY, DATE, ENCOURAGEMENT, ENTERTAINMENT, FAMILY, FINANCES, GEMINI, HEALTH, HOROSCOPE, LIBRA, MAGAZINE, MONTHLY, NEWSPAPER, PISCES, RELATIONSHIPS, ROMANCE, SAGITTARIUS, SCORPIO, SIGN, STAR, SUN, TAURUS, TWINS, VIRGO, WATER, WEEKLY, LEO

SUDOKU
Fun By The Numbers
Use puzzle? Then you'll love sudoku! This mind-bending puzzle I have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!
Here's How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numbers already provided in the puzzle. The more numbers you name, the easier it gets to solve the puzzle!
ANSWERS:
8 0 3 7 2 1 9 5 4
5 1 7 9 4 7 2 0 8
2 5 1 0 6 0 6 1 0 2
7 3 1 0 9 0 6 7 1 4
4 9 4 0 1 7 0 0 0
1 0 0 2 9 0 3 0 0
0 2 4 1 0 5 7 2 0 0
0 0 0 0 1 0 0 0 0
0 0 0 0 0 0 0 0 0
5 1 4 2 0 3 0 0 0

Dear Abby: My husband

Living

Quick Fix Checklist

Short on time but looking to make a few quick and easy healthy home fixes? Complete each of these tasks in 20 minutes or less.

Hot water heaters

Set hot water heaters at 120 degrees Fahrenheit or below to avoid potential scalding.

Stove

Remove and wash stove grates, burners and coils with warm water and soap. Over time, grease can build up around the stove, increasing the chances of a fire.

Fire extinguishers

Check the expiration dates on your fire extinguishers. You should keep one on each floor of your home.

Cracks

Inspect the floor, walls and foundation of the home for cracks. Jot them down on your home to-do list, and fix them before they lead to deterioration and wood rot.



Regular cleaning isn't enough to help keep your home safe and healthy.

TAKE TIME TO TACKLE Home Maintenance

Follow the "SAFETY" Checklist from Trusted HGTV Contractor Mike Holmes

FAMILY FEATURES

Keeping a healthy home for your family means more than daily chores and the occasional deep cleaning. It's important to add routine inspections of often overlooked areas and regular maintenance to your list of tasks.

"Every home can have unhealthy, harmful, or even hazardous areas," said Mike Holmes, renowned contractor on HGTV and healthy home expert. "It's important to check them out, especially during regular maintenance. Addressing these 'hidden hazards' helps create a healthy home and keeps your family safe."

Holmes recommends following his "SAFETY" checklist to ensure your home is safer and healthier for your family.

S Seek out lead in the home.

If your home was built before 1978, it could contain lead. Your family could be exposed to it through the air, drinking water, contaminated soil, deteriorating paint and dust in and around the house. If you disturb any material that contains lead, tiny lead particles could become airborne at home. Talk to a professional to test the entire house, and take the necessary steps to ensure your family's safety.



Trusted contractor Mike Holmes advocates safe and healthy homes.

A Address indoor air quality and change your air filter.

According to the U.S. Environmental Protection Agency (EPA), indoor air pollution levels can be 2 to 5 times higher than outdoor levels — sometimes even 100 times higher. Your lungs shouldn't be cleaning the air inside your home. Use an electrostatically charged Filtrete Brand air filter to help capture odors and airborne particles, such as mold spores, dust mite debris, bacteria and viruses. Plus, changing your filter at the start of every season helps protect and maintain your system.

F Fix leaks to prevent mold and mildew.

Mold spores need moisture to grow and thrive in warm, humid conditions. When mold is disturbed, its spores can get into the air you breathe. Inspect your home for excess water and moisture build-up from leaky roofs, faucets, basement drains, dishwashers and washing machines, and fix them immediately. Also, reduce your indoor humidity to 30 to 60 percent, and use vents and exhaust fans whenever possible.

E Exercise caution around appliances.

Before using appliances such as space heaters and toaster ovens, make sure they are working properly. Never drape an electrical cord over a sink, as electricity should never come into contact with water or any other liquids. Also avoid overloading wiring or plugging too many appliances into a single wall socket because it can cause electrical sparks, leading to an electrical fire. Be sure to unplug appliances when they're not being used, and cover sockets with outlet protectors.

T Test for dangerous gases.

One out of every 15 homes in the U.S. has dangerous levels of radon, according to the EPA. You can purchase a short-term home radon test for less than \$20. Test the lowest lived-in level of your home, and if you have elevated levels of radon, call a qualified contractor immediately. Make sure they have plenty of experience dealing with radon. Also, test smoke and carbon monoxide detectors every month by pushing the test button on the unit. Remember to change the batteries every season, and replace the entire unit every 7 to 10 years.

Y Yield healthier results with regular upkeep.

Keep up with regular home maintenance to help keep your home healthy and your family safe. Fix small problems now to avoid big repairs later. Remember, big repairs come with big price tags and can lead to unhealthy and unsafe living conditions.

