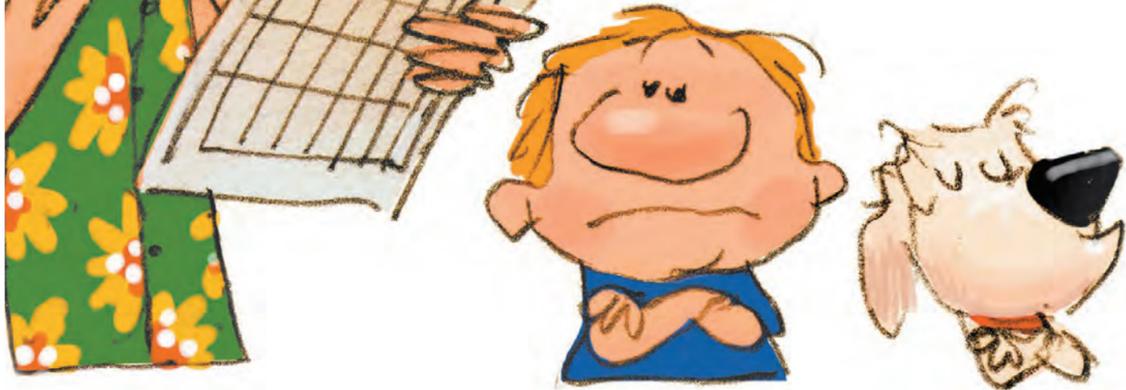




T-storms
Low 89
High 71
Details, A10



Boredom busters



Plenty of camps to keep kids busy over summer vacation

By SAMANTHA GHOLAR
sgholar@newssun.com
SEBRING — With the countdown to the last day of school in full effect, children are preparing for less rules and more fun for the next two and half months.
Summer is right around the corner and parents can get prepared early for these hot summer days by signing up young freedom lovers for one of the many summer camps throughout Highlands County.
— **Camp Sparta** is one of the most popular summer camps in the

county. This year, the Christian camp and conference center will hold two camps: The Ridge for campers entering grades third through sixth and The Edge for campers entering grades seventh through ninth.
Camps are being offered June 16-21 and June 23-28. A non-refundable \$75 deposit is needed to hold a spot for a camper. The camp costs \$289 for families or \$309 for single registration.
For more information visit www.campsparta.com or call 382-8696.

— **The Children's Museum of Highlands County Discovery Camp** 2013 kicks on June 10. The weekly camp will run through Aug. 2 and offers a variety of activities and learning experiences for campers in a fun-filled atmosphere. Parents may sign kids up for the full summer or specific weeks as needed.
Discovery Camp runs from 9 a.m. until 5 p.m. each day is \$75 per week. Non-members of the museum must pay a \$10 registration. Campers
See SUMMER, A5

Starting with a splash

Highlands Hurricanes, LP Aquatics do well at 1st meet
SPORTS, B1



New elections law won't lead to big changes here

By BARRY FOSTER
News-Sun correspondent
SEBRING — Earlier this month, Florida Governor Rick Scott signed off on a couple of bills that will impact voting in the Sunshine State. However, new
Highlands County Supervisor of Elections Penny Ogg said regular voters won't see much of a change in activities at her office as a result.
“A lot of those changes came because the ballot was so incredibly long in the 2012 general election,” she said. “We only had a two-page ballot here, but there were other places that had multiple page ballots and that slowed things down. We were pretty sure we were going to get some elections laws out of this legislature.”
Under provisions of

HB7013, the supervisor of elections must post information on elections staffing during the election on their website. They also must have tabulating equipment at voting locations and precincts to help speed returns.
Flexibility in early voting hours and locations also is part of the bill.
“They have given us the option of eight to 12 hours, depending upon the supervisor, with the ability to determine what days we want to have the polls open,” Ogg said.
Some things remain set in stone. Early voting will start the 10th day prior to the election and end on the third day prior to the election.
One of the most significant
See ELECTIONS, A6



TIME TO DINE Al Fresco!

Take advantage of the warm weather with exciting flavors and easy preparation for your outdoor meal
WHAT'S COOKING, B10

Book of Miracles: Payne pens Vietnam memories

By BARRY FOSTER
News-Sun correspondent
SEBRING — He may be best known locally as the head of the Toastmasters club, but Highlands County resident Mack Payne also is a budding author. He has recently penned an account of his tours of Vietnam.
Titled “A Vietnam Veteran's Memoirs; A Book of Miracles,” it chronicles two tours of duty in Southeast Asia — the first as an infantryman, the second as the pilot of a Cobra helicopter gunship.
Payne started the book last summer, after addressing an advanced Toastmaster's club in Lakeland.
“I spoke about one of my experiences flying a Cobra gunship



while I was there. One of the members was a publisher and she suggested that I expand on the subject and write my memoirs,” he said.
That night the idea was conceived, and nine months later, the book was published.
News-Sun photo by KATARINA SIMMONS
Mack Payne holds up a type of crossbow that he was given by natives in the mountains of Vietnam during his tour of duties with the U.S. Army.
See PAYNE, A6

Payne said it took some time. He first reflected over his memories of his tours of duty. Later, he looked up some of his old military buddies to go over the past and refresh his recollections. Payne also took time to read a number of books and articles about the Vietnam War era, to help flesh out his writing.
The title for the book came from his primary re-reading of the book.
“As I read through it I discovered there were numerous situations that could only be described as miracles,” he said.
One of the miracles came when Payne overcame his problems with eyesight to get into flight
See PAYNE, A6

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What's Cooking B10



Sebring in good financial shape, except for golf course

By BARRY FOSTER
News-Sun correspondent
SEBRING — With the exception of operations at the municipal golf course, it appears that the Orange Blossom City is in pretty good shape financially.
That was the word city council members got Tuesday night during their annual audit report
Representatives of Wicks, Brown, Williams and Company, who did the work, said the city's total net assets increased by more than \$4.5 million this past year while the total liabilities

Net assets up by \$4.5 million, but Muni showed loss of \$157,000
ties were down in excess of \$2.7 million.
The only downside appeared to be the Sebring Municipal Golf Course, which showed a loss of some \$157,000 last year.
Although expenses were up to a degree, it was a plunge in revenue at the course that appeared to be the problem. No reason was given for the apparent lack of players on the city's

links.
Also cited in the report was the city's ownership of Harder Hall, which registered as a \$3.9 million liability on the municipal ledger books.
Some good news came in the form of a ruling by the Florida Department of Environmental Protection in September 2012, approving a general permit for the city's yard trash landfill. That action lifted financial

requirements for the closing of the facility — freeing up hundreds of thousands of dollars in the city's coffers that previously had been set aside.
“Overall, the city is in excellent financial health, with reserves well in excess of recommended required minimums,” said John Davis, who narrated the PowerPoint presentation for the certified public accountant firm.
The report covered the last fiscal year, which wound up in September 2012.

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SFSC Foundation establishes Stephens Endowment

Special to the News-Sun

AVON PARK — The South Florida State College Foundation, Inc. recently created the Dr. Norman L. Stephens Jr. Endowment Fund as a tribute to the career of Dr. Norman L. Stephens Jr., president of SFSC, upon his retirement from the college on June 30.

The funds from the endowment will be used primarily for student scholarships. The first scholarship will be available to SFSC students beginning fall 2014, with special preference given to those who demonstrate financial need or merit

and meet a grade point average (GPA) of 2.5 or better on all previous academic work. Any SFSC student enrolled or accepted for enrollment is eligible to apply for the scholarship. The scholarship may be used for tuition, fees, books, or other purposes as determined by the college.

At the discretion of the SFSC Foundation Board of Directors, the annual budgeted proceeds from this endowment may be used for non-scholarship purposes that relate to identified institutional needs, such as equipment, the establishment of

teaching chairs, and support of mini-grants to faculty, staff, and programs.



Stephens

Appelquist is executive director of the Foundation.

The Foundation will continue to accrue contributions to the endowed scholarship in hopes that the corpus

will meet and exceed \$350,000. The endowment is funded by proceeds from the 29th Annual Meeting and President's Gala, numerous donations from local businesses, and caring residents. In addition, some of the gifts are being matched through a Title III Strengthening Institutions Grant from the United States Department of Education.

"Because Dr. Stephens has been a tremendous asset to our college, it's only fitting for our foundation board to honor him in this special way," said Appelquist.

The SFSC Foundation Inc.

accepts contributions in the form of cash donations, check, or credit card. SFSC employees may donate through voluntary payroll deductions. Donors' generous, tax-deductible contributions directly support students and educators, while helping ensure the continued growth of the college.

To learn more about monetary gifts to SFSC, contact Appelquist at 784-7181 or visit www.southflorida.edu/foundation/. Visit SFSC's Financial Aid Office or call 784-7254 for more details or to apply.



News-Sun photo by CHRISTOPHER TUFFLEY

Brooklyn Fuquay, 4, places a tennis ball by a display honoring service dogs. Dog biscuits were left too. Larry Roberts (center) gets to know a German shepherd who came, with his family, to pay respects.

AmVets remember service animals who died for their country

By CHRISTOPHER TUFFLEY

SEBRING — AmVets Post 21 held a special service Memorial Day for animals who worked with the military in war time, especially those killed in combat.

"We are here to show respect and commemorate all the fallen men and women ... who have paid the ultimate price so we can have the freedom that we have," said Larry Roberts, the AmVet member conducting the ceremony. "We are also going to show respect to the military animals: dogs, horses and even dolphins."

In fact, through the centuries many different animals have been used in war, from Hannibal's elephants; to Bedouin camels; to horses carrying armored knights; to Roman dogs used kill and intimidate; to dolphins used to protect naval vessels from enemy swimmers in

Vietnam.

According to the Military Working Dog Foundation, while dogs were used in World War I, it wasn't until World War II that their training and use became an organized mission.

Dogs worked for the most part as sentries, but they also were used as messengers and served in infantry platoons taking the point position and acting as scouts. They proved especially useful in the Pacific theater of WWII and again in the Vietnam War where they alerted troops to enemy soldiers hiding in lush vegetation and the semi-dark of a tropical forest.

Horses, of course, have been used in war the longest, about 4,000 years. Horse warriors like the Mongols and the Cossacks terrified their enemies. Armored knights could not fight without a horse. The American West was fought on horseback.

According to PBS.org, by the end of World War I horses remained a major source of transport. It was recognized, however, they were out of date on a battle field. In a 1918 cavalry attack only four horses survived out of field of 150.

As to the dolphins, in 1960 the United States began to study their and beluga whales' sonar systems. Dolphins were also used to detect explosives and enemy swimmers. They were used in Vietnam and in the Persian Gulf.

The program, which was always controversial, was greatly downsized in the 1990s due to budget cuts.

In 2000 President Bill Clinton signed Robby's Law protecting retired service animals and allowing for their adoption. Ninety-five percent of service dogs are adopted by their handlers.

A plan to return retired dolphins to the wild has had limited success.

Hit and run suspect's charges upgraded

By CHRISTOPHER TUFFLEY

SEBRING — Charges against Mitchell Rodriguez, accused of leaving the scene of a vehicle accident on DeSoto Road April 5, have been upgraded by the State Attorney's office.

Rodriguez is suspected of being the driver of the 1999

Dodge that struck Jonny "J.T." Tanner, a former DeSoto volunteer firefighter and Special STARS coach.

The charges were upgraded after Tanner died May 5. Initially charged with leaving the scene of an accident that resulted in injury, which is a third-degree felony, Rodriguez is now charged

with leaving the site of an accident resulting in death, a first-degree felony.

As of noon Tuesday, Rodriguez remained in the county jail under a \$26,750 bond.

The arraignment is scheduled for June 24, said Steve Houchin, assistant state attorney.

Highlands Hammock seeks volunteers

Highlands Hammock State Park is seeking volunteers for the following:

- Volunteers / birders to assist with Jay Watch from July 1 - July 15;
- Handyman to maintain and repair rental bicycles;
- Civilian Conservation Corps Museum docents;
- Seven Lakes water quality monitor with lightweight kayak or portable boat.
- Lake Placid residents to open and close Lake June-in-Winter Scrub State Park. Additional opportunities to assist with trail and facility maintenance are also available.

If interested in volunteering or to obtain more information, please call 471-5324

Online

YOUR VOICE

This week's question: Should armed drones ever be used in U.S. airspace?

Yes 45.3% **No 54.8%**

Total votes: **95**

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	May 22	21 24 33 37 43 46 x:5	
	May 18	1 11 19 33 37 49 x:4	
PLAY 4	May 27 (n)	5 8 9 9	
	May 27 (d)	6 9 5 2	
	May 26 (n)	2 2 7 7	
	May 26 (d)	7 0 1 8	
CASH 3	May 27 (n)	8 9 1	
	May 27 (d)	3 9 9	
	May 26 (n)	1 9 4	
	May 26 (d)	1 2 9	
POWERBALL	May 25	2 6 19 21 27 PB: 25	Next jackpot \$40 million
	May 22	9 31 35 41 57 PB: 26	
	May 18	10 13 14 22 52 PB: 11	
MEGA MILLIONS	May 24	4 5 16 18 53 MB: 28 x:4	Next jackpot \$23 million
	May 21	2 15 17 48 55 MB: 11 x:4	

Second generation Hurner is county's new citrus agent

By BARRY FOSTER

NEWS-SUN correspondent
SEBRING — The Highlands County Extension Office has a new citrus agent. Laurie Hurner has been tapped to fill that post.

She most recently served as the assistant director of Grower Affairs at Florida Citrus Mutual. In that capacity she was directly responsible for maintaining and enhancing

relationships between Citrus Mutual and growers in Highlands, Glades, Indian River, Martin, Okeechobee, Palm Beach, and St. Lucie counties.

Hurner is a graduate of Florida Southern College with a bachelor's degree in Business/Citrus and has a master's degree in Agriculture from the University of Florida. She also has served as an agri-

culture program manager and professor at what was then-South Florida Community College.

She is no stranger to the job. Her father, Tim Hurner, was a longtime employee of the Extension office in Highlands County, having started as the 4-H and citrus agent here back in 1965. He served for 30 years at the office, becoming the county agent in 1977.

NEWS-SUN
Highlands County's Hometown Newspaper Since 1927
Published every Sunday, Wednesday & Friday at 2227 U.S. 27 South, Sebring, FL 33870
A HarborPoint Media Company

Office: 2227 US 27 S, Sebring, FL 33870
Office Hours: 8 a.m. - 5 p.m., Mon-Fri
Phone: (863) 385-6155
Main Fax: (863) 385-1954
Newsroom Fax: (863) 385-2453

Postmaster: Send address change to: News-Sun, 2227 U.S. 27 S., Sebring, FL 33870
USPS - ISSN 0163-3988
Periodical postage paid at Sebring, FL and additional entry office(s)

Circulation, Sunday, Wednesday & Friday Editions:	SUBSCRIPTION RATES	12MO.	7% FL TAX	TOTAL
3 (you do not receive your funds returned) by 6 a.m., please send the circulation department below: U.S. in Wisconsin and other states \$10.00; U.S. in Florida \$11.00; U.S. in other states \$12.00. Any subscription order will be processed by you. Subscribers who notify us after our funds will be processed by you (no refund).	HOME DELIVERY	\$60.00	\$4.20	\$64.20
	IN FLORIDA MAIL	\$10.00	\$7.15	\$17.15
	OUT OF FLORIDA MAIL	\$16.50	\$8.15	\$24.65

Deadlines for subscription changes are noon on Tuesday for the Wednesday editions, noon Friday, for the Friday and Sunday editions. Changes received after the times stated will be processed on the following publication date.

Romona Washington - Publisher and Executive Editor
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Editorial & Opinion

ANOTHER VIEWPOINT

Toughen up on Medicare fraud

In the latest roundup of accused Medicare fraudsters, Miami is once again one of the main players. Literally.

One of the men indicted is local actor Roberto F. Marrero. The TV bit-player ("Miami Vice," "America's Most Wanted") and his wife, Sandra Fernandez Viera, are accused of submitting \$20 million in false claims to the taxpayer-funded federal Medicare program.

Miami has long had the sorry reputation for being the nation's leader in Medicare fraud, with seemingly just about anybody — from convicted felons to, well, actors — accused of cashing in on what's supposed to be a medical safety net for the country's elderly and disabled. How can this happen? And keep on happening? Where is

the federal safety net that weeds out the unqualified or corrupt from getting carte blanche to bilk the American public at a cost of untold millions?

The federal Medicare Fraud Strike Force has been diligently swooping in on fraudsters since 2010, commendably so. But another part of Medicare, the administration arm that certifies that caregivers who tap into Medicare reimbursements are actually qualified to do so and then verifies that they actually deliver the services they vouch for, must be much more diligent. ...

The two have also been accused of paying thousands

of dollars a month to a recruiter, Enrique Rodriguez, to supply them with patients possessing Medicare cards. Mr. Rodriguez is accused of bribing patients under the indictment.

In all, the indictment snagged 89 people from Miami, Detroit and Los Angeles, who together are charged with cheating Medicare of a total of \$223 million. Many of those indicted are health care workers — doctors, nurses, clinic operators and therapists.

That's to be — sad to say — expected. But how does a medical lay person get qualified to deal in Medicare-reimbursed health services?

Marrero and Viera are innocent until proven guilty, of course, but their indictment once again raises questions about how well Medicare vets individuals who apply for licenses to dispense health

care services in this country.

The federal strike force — set up in Miami and eight other regions believed to harbor legions of Medicare con artists — is doing a great job of ferreting out licensed fraudsters. This is the sixth national indictment of major Medicare fraud offenders in the last two years. It's no easy task, and it takes time and patience to build a credible case.

But this huge problem needs toughening up at the front end in order to stem a growing number of scammers. Much, much more needs to be done to weed out the would-be con artists before they are allowed to set up shop and start pillaging a vital federal health care program.

An editorial from the Miami Herald.

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The importance of privacy protections

Guest Column

Phil Kerpen

IRS apologists are furiously trying to change the subject from the outrageous targeting of political opponents by the IRS to a policy debate over forced disclosure of contributions to groups that engage in political speech. The story is that a deluge of applications forced the IRS to cut corners and the targeting scandal was an accidental result of mismanaging that flood. From there the apologists pivot to demanding a new crackdown on political speech, forced disclosure of donors, or both. But the story is a fairy tale and the "solutions" are unconstitutional.

The Inspector General's report actually shows applications were down when the targeting began. It shows that 1,735 groups applied for 501(c)(4) status in fiscal 2010, down from 1,751 the prior year. The fiscal year was in its fifth month, February 2010, when targeting began; we don't know what the standard was in February because it is redacted in the report. We do know the terms "tea party" and "patriot" were used starting in April 2010, more than halfway through the fiscal year. There is simply no way the IRS could have been flooded with applications that far into a year in which overall applications were down.

Still, the policy debate is an important one: Was the Supreme Court wrong when it found that the anonymity of group members engaging in controversial speech is protected by the Constitution? Considering the revelation in the Inspector General's report that the IRS looked for "statements in the case file criticize how the country is being run" to subject groups to additional scrutiny, the privacy question is more vital than ever.

"Inviolability of privacy in group association may in many circumstances be indispensable to preservation of freedom of association, particularly where a group espouses dissident beliefs," the Supreme Court ruled.

Many liberals disagree. They believe privacy protections are simply an effort to avoid public scrutiny and responsibility, and the consequences of engaging in political speech should include suffering the potential reputational and business damage that could come from adverse public reaction.

The template here is the organized campaign against the corporate members of the American Legislative Exchange Council (ALEC). ALEC is rare among public policy nonprofits — on the left or right — in that it generally discloses its

donors, who openly participate in a transparent process of developing model free-market legislation for state legislators.

For being so forthcoming, liberals launched a brutal attack on ALEC, led by Common Cause and the racial-grievance group Color of Change, which was founded by self-described avowed communist and disgraced former Obama green jobs czar Anthony K. "Van" Jones. Through boycotts, negative advertising, and other tools of community organizing, they have bullied dozens of companies into pulling their support for ALEC.

Do other organizations have a right to shield their supporters from that type of retribution? The Supreme Court says yes: "It is not sufficient to answer... that whatever repressive effect compulsory disclosure of names of petitioner's members may have... follows not from state action but from private community pressures. The crucial factor is the interplay of governmental and private action, for it is only after the initial exertion of state power represented by the production order that private action takes hold."

Does it surprise anyone that in the current environment conservative groups, in particular, would cherish the privacy of their members and bridle at intrusive information requests from the IRS? They've seen what happened to supporters of National Organization for Marriage, whose membership list was illegally leaked by the IRS to their principal political opponents. They know professional protesters stands ready to attack and intimidate their supporters.

What might surprise some liberals is that the quotes I've included from the Supreme Court came not from the Roberts Court in Citizens United, but from the Warren Court in NAACP v. Alabama. In that landmark 1958 decision, the Court unanimously found that free association often depends on privacy protection from a government that could use forced disclosure for retribution by itself or by "private community pressures." It's still true.

Phil Kerpen is the president of American Commitment and the author of "Democracy Denied." Kerpen can be reached at phil@american-commitment.org/. Guest columns are the opinion of the writer, not necessarily those of the News-Sun staff.



TODAY'S LETTERS

Grand Old Party is alive and well

Editor:

The letters decrying the Republican Party are humorous but so inaccurate. A party of "old fogies" doesn't cut it. Who says we're not catering to Hispanics, blacks, women? There is much to contradict this. The new senator from South Carolina is black, appointed by a white female Republican governor. Texans have just chosen a Mr. Cruz, a Republican, to be their senator.

Nationally, look at Republican leaders in Congress. Sen. Paul of Kentucky, Sen. Rubio of Florida, Rep. Ryan of Wisconsin, Rep. Bachman of Minnesota, Rep. Cantor of Virginia — all "young bucks." Of course, the old-timers are not to be scoffed at; their contributions are significant — Grassley of Iowa, McConnell of Kentucky, Alexander of Tennessee.

The "Gang of 8" is bi-partisan and they're leading the charge to change immigration legislation.

Nationally, the Democratic administration causes one to scratch his head. Early on, Pres. Obama appointed two distinguished people, one Republican, one Democrat, to come up with a solution to our economic problems. The Bowles-Simpson committee came up with their recommendations and Obama has ignored them, flat out. Where's the leadership when it's taken five years to get immigration on the agenda?

On the state level, Floridians prefer a Republican government. The current Speaker Pro Tempore of the Florida House is a woman — Marti Coley of Marianna. She has represented the people of her district for eight years. Denise Grimsley of Highlands County is an influential member of the Senate.

Republican women play a big part in the legislature. These women, along with many Hispanics and blacks, like the sound of Republican ideals.

At the local level, all but one of the offices are filled by Republicans. The local party is now headed by a woman, Kathy Rapp. And young people? There's a newly-formed Republican club at the State College, young men, young women. A sign of the times? The Grand Old Party of Abraham Lincoln is alive and well in the 21st century.

*Bob Hummel
Sebring*

Will Obama ever be to blame?

Editor:

After viewing the video of the Benghazi attack I do not understand why everyone is so confused. It did not start due to an impromptu gathering of offended persons reacting to a YouTube video made in America.

It was a planned attack on the 11th anniversary of 9/11. It lasted seven and a half hours, plenty of time to send help. Everyone was told to stand down.

Where was Obama during all this time? He wasn't in the "Situation Room" like he was during the Bin Laden raid where he ousted a highly secret Navy team that had been going about its business for years in complete obscurity... yes, Seal Team 6! Until then, unbeknownst to anyone. The bucketmouth and his minions couldn't say their name loud enough or often enough and then 17 of them were mysteriously blown up in an unprotected helicopter.

Hillary is just as much to blame. It was her job to make sure there was security for Ambassador Stevens. She

had sent the American Marines away and given him the Muslim Brotherhood for protection.

General Petraeus did not want to sign off on the video lie, so he was thrown under the bus for something that was so common to the Democrats (adultery) that it was laughable they would use it to derail his career.

Obama spoke before the United Nations and said the maker of the video would be arrested for the attack... and he was. Never have you heard any Democrat apologize to him or his family for the torture he went through.

Obama marched his UN ambassador out to no less than five Sunday news shows and she was so positive it was the fault of the video. Ambassador Pickering himself told the congressional hearings that he was appalled and so was the military commander who was ready to go to the aid of Americans in Benghazi when they were told to stand down. Ambassador Pickering was demoted for his efforts to get help to Benghazi.

As for "close scrutiny" by the IRS of the conservative groups applying for tax exempt status, I do think 13 to 27 months is a bit extreme especially when liberal groups gets it within three weeks. The liberal "Media Matters," I am sure, is very socially involved.

Last, but not least, the whole Senate and House voted for going into Iraq because everyone thought there were WMD's there.

This is the Obama Administration. Has been for five years. Will you ever blame him for anything he is doing on purpose that is ruining this country? Are you all that blind or are you all just low information people?

*Brenda Heigl
Avon Park*

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Man apparently kills self by walking in front of semi truck

Special to the News-Sun
AVON PARK – At approximately 1:30 p.m. Sunday, the Polk County Sheriff's Office received a call that a pedestrian had been struck on U.S. 27 just south of Bell Road near Frostproof. Upon arrival, deputies discovered a man had been struck by a semi-truck and trailer that was southbound on U.S. 27.

The pedestrian has been identified as 51-year-old Dennis Joseph O'Brien, 3924 Scenic Highway, Apt.2, Lake Wales. According to witnesses, O'Brien had parked his Chevy pickup on the right west shoulder of the (south-bound) roadway, got out of his vehicle and walked into the roadway for unknown reasons and was struck by the semi-truck and trailer. The semi-truck driven by

40-year-old Alexy Rodriguez of Miami attempted to take evasive action, but was unable to avoid striking O'Brien. O'Brien was taken to Florida Heartland Hospital in Sebring by Emergency Medical Services; he was pronounced deceased at the hospital. Separate from the fatal traffic crash investigation, PCSO received a call from friends of O'Brien reporting

that he had posted suicidal-type remarks on his Facebook page. A deputy responded to check on O'Brien's well-being at his residence. The deputy found the door to the residence open. When there was no response at the door, he checked the interior for the victim and found a handwritten note and the open Facebook site on a desktop computer monitor

with his posting – both indicating that he wanted to harm himself. Deputies are conducting an ongoing joint fatal crash and death investigation. At this point in the investigation, it

appears that O'Brien intentionally walked into an oncoming semi-tractor trailer travelling on U.S. 27. An autopsy will be completed by the Medical Examiner's Office.

Summer camps offer plenty of fun

Continued from A1
 must bring their own lunches. For more information or to register a child, visit www.childrensmuseumhighlands.com and download the registration form. Forms may be dropped off at the Children's Museum. Fees may be paid on the website. — **South Florida State College's Camp Adventure** kicks off June 10 with another activity filled summer for young students. The camp will focus on fun and interactive sessions, games and sports, technology and art and supervised recreation. Campers ages 6-12 are able to attend. Early drop-off will be available beginning at 7:30 a.m. at the Career Academy, Building L on the campus. Cost is \$100 per week for Monday through Thursday. Visit www.southflorida.edu/academic/commed/Camp-Adventure.aspx to register or for more information.



Summer campers are showered with cola last year during Discovery Camp at the Children's Museum of the Highlands in Sebring. News-Sun photo by KATARA SIMMONS

— **Camp Wakataka** (formally Camp Denton) has been giving kids a fun summer for the past five decades. This year's two session camps will be held July 15-19 and July 22-29. The five-day, one-night camp is an all-inclusive camp that features recreation, sports, activities, games and promotes spiritual growth. Students who have completed grades 1-5 are able to join the camp, but 75 children per session is the limit so early registration is vital. The costs is \$125 per week. For questions or registration matter call 441-2394 or email campwakataka@gmail.com. (Limited scholarships are available.)

— **The Highlands County YMCA** in Sebring opens its doors to campers on June 10. Camp runs 9 a.m. until 5 p.m., with before- and after-care available. YMCA Summer Camp plans activities for youth ages 5-12 and offers everything from weekly field trips to arts and crafts for campers. Camp fees are \$95 for members and \$125 for non-members weekly. A \$20 non-refundable deposit will be collected for registration. Swimming lessons and drowning prevention classes are being offered by the Highlands County YMCA separate from the summer camp. Swim lessons vary throughout the week on a daily basis for each swim level. The cost is \$35 members and \$45 for non-members. For more information and a list of weekly activities and other mini camps visit www.highlandsymca.org/ or call 382-9622.

week to week; cost ranges from \$50 per session to \$120 per session. To register or for more information visit highland-sartleague.org/creative_camp or call 385-5312. — The Lake Placid Caladium Cooperative will be offering a variety of

classes the weeks of June 17 and June 28. Classes include a number of art disciplines for different age groups and artistic levels. Costs vary by art class. For more information, visit www.caladiumarts.org or call 699-5940 to register.

— **Camp Wingmann** is back this summer with sessions running from June 9 through July 26. Students in grades 3-12 are able to attend the overnight weekly camps. The cost is \$320 per camper with a \$75 non-refundable deposit. The church camp offers a variety of activities and learning opportunities nestled on Trout Lake. For more information, call 1-866-526-3380 or e-mail campwingmannregistrar@gm

ail.com. — **Highlands Art League Creative Kids Camp** begins June 10 and runs through late July. A wide variety of art disciplines including water color, pottery and acrylic are being offered this year for children ages 7 and up. Camp times vary from

— **Highlands Art League Creative Kids Camp** begins June 10 and runs through late July. A wide variety of art disciplines including water color, pottery and acrylic are being offered this year for children ages 7 and up. Camp times vary from

Scott signs bill to pay for Everglades restoration

TALLAHASSEE (AP) — Gov. Rick Scott signed a bill Tuesday that will keep in place a tax on northern Everglades farmers and put it toward an \$880 million, long-term water-quality improvement plan for the River of Grass. "The Everglades are very important to our state, very important to our country and the world. It's a national, international treasure. We have to make sure that we increase the flow of water and the quality of the water," Scott said after signing the bill at Florida Atlantic University Pine Jog Environmental Education Center in West Palm Beach.

The new law will maintain an existing tax on farmers until the mid-2030s, although it calls for the tax rate to decrease starting in the mid-2020s. The money will be used for water quality restoration projects that are part of an \$880 million plan that was negotiated between Scott and the federal government. The law also calls for spending \$32 million a year for the next 10 years to build marshes that remove phosphorus. "This is not what I would have expected from this governor, but to his credit, he stepped up," said Eric Draper, executive director of Audubon Florida.

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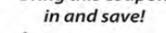
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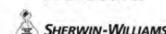




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<p>19.99</p> <p>Southern Comfort 1.75 L</p> 	<p>15.99</p> <p>Captain Morgan Long Island Iced Tea 1.75 L</p> 

Prices effective Thursday, May 30 through Wednesday, June 5, 2013. Liquor items are only available at Publix Liquors. Visit publix.com/store to find the store nearest you. Must be 21 years of age or older to purchase alcoholic beverages. Quantity limits per customer apply.

D:Lakeland/Jacksonville 4C-Thursday

Payne recalls Vietnam memories in book

Continued from A1

school to learn to become a helicopter pilot.

"I struggled for six years to get into flight school but couldn't pass the eye test," he said. "But surprisingly, when I took my physical at the end of my first tour of duty, my sight went from 20/40 to 20/15 and nobody could explain it."

In the book, Payne recounts other miracles, including his overcoming 44 rejections to get into flight school, his escape from being sent to prison and an incident where one of his fellow servicemen "came back from the dead."

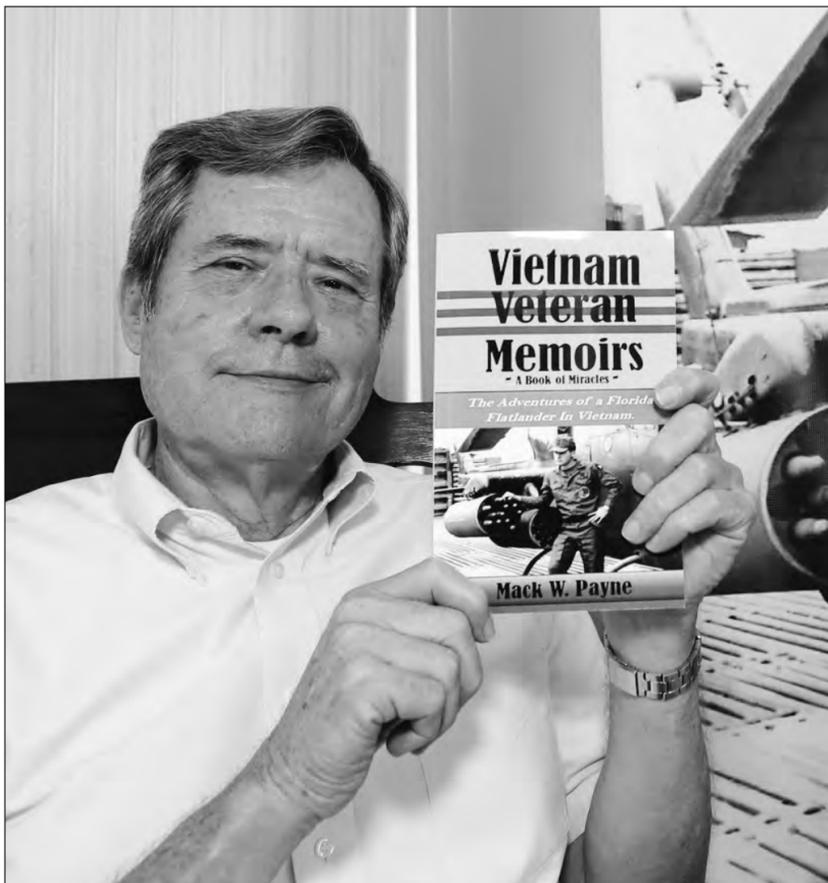
His first experience in Southeast Asia came with the Fourth Infantry Division where he got experience as one of America's "boots on the ground" serving with a support unit for a brigade. Payne said one of his most challenging times was when he was assigned to a highlands region.

"They sent me to the mountains and I'm a Florida flatlander. I wasn't used to that," he said.

After 18 months learning to fly and maneuver the Cobra gunship, Payne returned to Vietnam for a second tour of duty — this time with the 101st Airborne Division.

"We were organic to the artillery unit. We were generally on fire missions or landing zone preparation — that's highly intensive activity," he said. "We shot about 12,000 rockets; we saw a lot of action."

Payne said the focus of the war had changed significantly between his tours of



News-Sun photo by KATARA SIMMONS

Mack Payne served two tours of duties in Vietnam with the U.S. Army and has written a book, 'Vietnam Veteran Memoirs, A Book of Miracles' documenting his experiences.

duty, with more aggressive action by the military when he served in the infantry, to more of a withdrawal strategy by the time he re-entered the fray as a pilot.

Nevertheless, he spent time dodging enemy fire both from .50 caliber machine guns and 37mm anti aircraft guns. Although he never was wounded, Payne recounts an incident where he came close.

"I had a round hit a hose that looped up around my

head," he said.

One of Payne's fondest memories was an exchange of letters he had with NASCAR champion driver Richard Petty.

"I wrote him a letter and to my great surprise he answered me," Payne said. "It still inspires me to this day. It is so impressive that as busy as he was, he took the time to write me back."

More than a recounting of battle activities, Payne wrote the book as an inspi-

ration piece.

"I learned lessons — like how you have to overcome your obstacles, be persistent and never take no for an answer," he said.

"What I put in this book was things that help you get over things that bog you down in life and to keep on going."

Payne's book is available on Amazon, through his website at www.vietnam-copy.com or may be ordered through any book store.

FCAT writing scores released

By SAMANTHA GHOLAR
sgholar@newssun.com

SEBRING — The first wave of scores for the Florida Comprehensive Assessment Test (FCAT) were released Friday and Highlands County elementary schools are doing about average, according to the statistics.

Scores from the state's writing assessment portion of the FCAT were revealed and the results show that 57 percent of Florida's tested students are reading at or below grade level.

A tiny increase from last year's 56 percent has taken place over the course of a school term.

The FCAT 2.0 writing assessments were judged on predefined criteria: focus, organization, support, and conventions. Writing portions of the FCAT 2.0 are not used in the grading criteria for a student's passing score but are used when calculating school grades.

Overall scores for students can range from a 1 to a 5; any students scoring a 1 are at risk of being held back. The average score for students on the FCAT is a 3.

Many may believe that student performance has slipped as a result of the FCAT scores, which as a whole were much higher before the implementation of the 2.0 format two years ago, but that concept is not likely true.

After the state passed a law that required the passing score to be lowered for all students from a 4 to a 3 then changed again to a 3.5, more students were able to gain passing scores resulting in better passing percentages.

Approximately 58 percent of students in the state achieved the passing score of

3.5 this year. Students who fail the FCAT are not necessarily penalized, however failing scores directly affect the school grade.

Highlands County fourth-, eighth- and 10th-graders are just above average on the writing portion of the FCAT.

For fourth-graders, 58 percent scored at or above the required 3.5 score, 40 percent scored 4 and above and 2 percent scored at a 1.

Fifty-one percent of Highlands County eighth-graders scored the required 3.5 score, 28 percent scored at 4 or above and 2 percent scored at a 1.

Fifty-three percent of 10th-graders achieved the required 3.5 score, 29 percent scored at a 4 or above and 2 percent scored a 1 on the writing portion of the FCAT.

The open skepticism regarding the FCAT has continued to increase during the past few years causing worry among parents and administrators.

With the continued changes to the FCAT "satisfactory level", actual performance of students, as well as teachers, will remain difficult to determine.

Teacher evaluation is heavily based on student FCAT scores. Low performing students directly affect the school as a whole and have an adverse affect on a school's grade.

Schools that repeatedly perform poorly (schools receiving D's and F's) are at risk for administrative and teacher changes or losses and even school closures.

School letter grades will be released in July. Students individuals scores will be given out to parents in the coming weeks.

Elections law changes won't have much visible impact

Continued from A1

changes will involve people who move from one address to another, but do not change their address until they arrive at the voting booth. In the past, those individuals were required to cast a provisional ballot. Under the new law, they will be permitted to cast a ballot like any other voter.

"That was originally done to prevent voter fraud, stopping people from traveling from one place to another and casting multiple ballots. That has not been a huge problem, and casting a provisional ballot is an intense paperwork job," she said.

The process involves watching a single vote very closely; not only filling out special paperwork but also making certain the ballot does not get put into the tabulator.

"It became a huge burden on our precincts, especially on a general election day when it can get pretty busy in there," Ogg said.

She said most people don't realize it, but those provi-

sional ballots are being worked on throughout election day, with workers contacting other locations to determine if there were multiple ballots cast. Ogg said there has not been a problem in that regard to date.

Another change is that the new legislation will permit family members accompanying those who have returned from military deployment or activation to register to vote up through the Friday prior to the election.

Other changes in the law revolve around absentee ballots.

"It now will be a misdemeanor if you have more than two ballots that are not your own or an immediate family member to return to the supervisor's office," Ogg said.

The idea is to cut down on the ability of people to get excessive amounts of absentee ballots and process them. The measure also will require a written request to have an absentee ballot mailed to an address other than the one that is on file at the supervi-

A lot of those changes came because the ballot was so incredibly long in the 2012 general election. We only had a two-page ballot here, but there were other places that had multiple page ballots and that slowed things down

Penny Ogg

Highlands County Supervisor of Elections

son's office.

In the past there have been questions raised about residents of adult congregate living facilities who have been brought to a common area to fill out their ballots, allegedly assisted by aides there. Ogg said such activities now are more closely administrated by supervisor of elections personnel.

"Most our ACLF's have gone to what we call 'supervised voting.' That's where our workers go in and help with the absentee balloting process," she said.

The law also allows for automated audit operation for post election, however, Ogg

said that probably will not be exercised here.

"We've always done the manual audit. We pick a race, we pick a precinct and that count is all done by hand," she said. "I like the hands-on approach to make sure our machines are tabulating correctly."

In addition to voter issues, some elections have been moved. The primary election now has been set at 10 weeks prior to the general election. The primary in 2014, for instance, will be held Aug. 26 of next year.

The Presidential Preference Primary will be held on the first Tuesday

after the party rules provide the state delegation to be allotted in a winner-take-all manner. In the past, there was a Presidential Preference Primary Committee.

Another measure inked by Scott (HB569) deals more directly with candidates and electioneering groups. Under those new provisions, complaints about a candidate may not be filed or disclosed 30-days before a special, primary or general election unless it is based on personal information or something other than hearsay.

In another provision, so-called "committees of continuous existence" will be merged into the "political action committee" category.

"The committees of continuous existence were on a different reporting schedule and had some different rules," Ogg explained. "This now will push them more into a single category to streamline things and provide for greater accountability."

Additional campaign reporting will be required and contribution levels also

have been changed.

"Donations have gone to \$1,000 per person per election on a local level and \$3,000 per person per election for a statewide office or Supreme Court Justice," she said.

The most important thing for voters as well as candidates Ogg said, is to be educated about the election process and changes in the laws. The Highlands County Supervisor of Elections website is at www.votehighlands.com

The new laws will take effect Jan. 1, 2014.

Judge limits texts, photos in Trayvon Martin case

SANFORD — Attorneys won't be able to mention Trayvon Martin's drug use, suspension from school and past fighting during opening statements in the trial for the neighborhood watch volunteer who fatally shot the teen, a judge ruled Tuesday.

Circuit Judge Debra Nelson also refused to allow jurors to travel to the shooting scene during trial, and rejected a defense request to delay the trial set to begin

June 10.

The judge called the request to let jurors see the crime scene "a logistical nightmare."

The judge also ruled that some of the Martin's texts and other social media statements won't be allowed in opening statements, though some of the teen's personal history could be allowed later with a ruling from the judge depending on how the case progresses.

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IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION
 CASE NO.: 1000985GCS
 JPMORGAN CHASE BANK, N.A., Plaintiff,
 vs.
 YOEL R. PEREZ, et al Defendants.
NOTICE OF FORECLOSURE SALE
 NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of Foreclosure dated May 13, 2013, and entered in Case No. 1000985GCS of the Circuit Court of the TENTH Judicial Circuit in and for HIGHLANDS COUNTY, Florida, wherein JPMORGAN CHASE BANK, N.A., is Plaintiff, and YOEL R. PEREZ, et al are Defendants, I will sell to the highest and best bidder for cash, beginning at 11:00 a.m., in the JURY ASSEMBLY ROOM, BASEMENT, 430 S. Commerce Avenue, Sebring, FL 33870, in accordance with Chapter 45, Florida Statutes, on the 12th day of June, 2013, the following described property as set forth in said Summary Final Judgment, to-wit: LOT 3, BLOCK 60, SUN 'N LAKE ESTATES OF SEBRING, UNIT 5, ACCORDING TO THE PLAT THEREOF RECORDED IN PLAT BOOK 9, PAGE 51, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
 Parcel Identification Number: C043428-050-0600-0030
 and all fixtures and personal property located therein or thereon, which are included as security in Plaintiff's mortgage.
 Any person claiming an interest in the surplus funds from the sale, if any, other than the property owner as of the date of the lis pendens must file a claim within 60 days after the sale.
 Dated at Sebring, HIGHLANDS COUNTY, Florida, this 14th day of May, 2013.
 Robert W. Germaine
 Clerk of said Circuit Court
 By: /s/ Toni Kopp
 As Deputy Clerk

If you are a person with a disability who needs assistance in order to participate in a program or service of the State Courts System, you should contact the Office of the Court Administrator at (863)534-4686 (voice), (863)534-7777 (TDD) or (800)955-8770 (Florida Relay Service), as much in advance of your court appearance or visit to the courthouse as possible. Please be prepared to explain your functional limitations and suggest an auxiliary aid or service that you believe will enable you to effectively participate in the court program or service.
 May 22, 29, 2013

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION
 CASE NO.: 28-2009-CA-001809A000XX
 JPMORGAN CHASE BANK, N.A., Plaintiff,
 vs.
 MARY M. PAEDAE, et al., Defendants.
NOTICE OF SALE
 Notice is hereby given that pursuant to a Final Summary Judgment of Foreclosure and Order on Case Management Conference and Rescheduling Foreclosure Sale entered in the above-entitled cause in the Circuit Court of Highlands County, Florida, I will sell the property situated in Highlands County, described as:
 LOT 9, Block 418, of Highland Towers Subdivision, according to the plat thereof recorded in Plat book 2, page 101, of the public records of Highlands County, Florida, ALSO that portion of Block "O", of Lake Jackson Boulevard Subdivision, according to the plat thereof recorded in Plat Book 3, page 63, of the public records of Desoto County, Florida, of which Highlands County was formerly a part, lying East of the right of way of Lake Jackson Boulevard and West of the waters of Lake Jackson and within the projected line common to Lot 8 and 9 of Block 418 of Highland Towers Subdivision, and continuation of the lot line common to Lot 9 and 10, Block 418, Highland Towers Subdivision, as per above recorded plat.
 at public sale, to the highest and best bidder for cash, in Highlands County Courthouse, in the Jury Assembly Room, Basement Level, 430 S. Commerce Avenue, Sebring, Florida 33870, at 11:00 a.m. on the 11th day of June, 2013.
 ANY PARTY OTHER THAN THE PROPERTY OWNER CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, MUST FILE A CLAIM WITH THE CLERK OF COURT NO LATER THAN SIXTY (60) DAYS AFTER THE SALE. IF YOU FAIL TO FILE A CLAIM, YOU WILL NOT BE ENTITLED TO ANY REMAINING FUNDS.
 **In accordance with the Americans with Disabilities Act, persons with disabilities needing special accommodation to participate in this proceeding should contact Court Administration at the Highlands County Courthouse, Sebring, Florida, telephone (863)534-4690, not later than seven (7) days prior to the proceeding. If hearing impaired, (TDD) 1-800-955-8771 or Voice (V) 1-800-955-8770, via Florida Relay Service.
 Dated this 14th day of May, 2013.
 (Court Seal) BOB GERMAINE, CLERK OF COURTS
 By: /s/ Toni Kopp
 As Deputy Clerk
 May 22, 29, 2013

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION
 CASE NO.: 28-2013-CA-000223
 WELLS FARGO BANK, N.A., Plaintiff,
 vs.
 UNKNOWN HEIRS, BENEFICIARIES, AND DEVISEES OF THE ESTATE OF JULIA CRUZ; ELSIE HENDERSON; et al., Defendant(s).
NOTICE OF ACTION
 TO: UNKNOWN HEIRS, BENEFICIARIES, AND DEVISEES, OF THE ESTATE OF JULIA CRUZ
 Last Known Residence: Unknown
 Current residence Unknown and all persons claiming by, through, under or against the named Defendants.
 YOU ARE HEREBY NOTIFIED that an action to foreclose a mortgage on the following property in Highlands County, Florida:
 THE SOUTHEASTERLY QUARTER OF LOT 3, IN BLOCK C, OF CROSBYS SUBDIVISION, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 1, PAGE 74, OF THE PUBLIC RECORDS OF DESOTO COUNTY, AND TRANSCRIPT BOOK AT PAGE 27, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA,
 has been filed against you and you are required to serve a copy of your written defenses, if any, to it on Altridghe Connors, LLP, plaintiff's attorney, at 7000 West Palmetto Park Road, Suite 307, Boca Raton, Florida 33433, (Phone Number: 561-392-6391), within 30 days of the first date of publication of this notice, and file the original with the clerk of this court either before June 19, 2013 on Plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the complaint or petition.
 Dated on May 8, 2013.
 Robert Germaine
 As Clerk of the Court
 By: /s/ Priscilla Michalak
 As Deputy Clerk

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION
 CASE NO.: 282009CA000959A000XX
 BAC HOE LOANS SERVICING, L.P., FKA COUNTRYWIDE HOME LOANS SERVICING, L.P., Plaintiff,
 vs.
 MARIA PAGANI; UNKNOWN SPOUSE OF MARIA PAGANI; IN POSSESSION OF THE SUBJECT PROPERTY, Defendants.
RE-NOTICE OF FORECLOSURE SALE
 NOTICE IS HEREBY GIVEN pursuant to a Final Judgment of Foreclosure Sale dated the 29th day of April, 2013, and entered in Case No. 282009CA000959A000XX, of the Circuit Court of the 10TH Judicial Circuit in and for Highlands County, Florida, wherein BAC HOE LOANS SERVICING, L.P., FKA COUNTRYWIDE HOME LOANS SERVICING, L.P., is the Plaintiff and MARIA PAGANI and UNKNOWN SPOUSE OF MARIA PAGANI are the Defendant(s). I will sell to the highest and best bidder for cash at the HIGHLANDS COUNTY COURTHOUSE, 430 SOUTH COMMERCE AVENUE, SEBRING, FL 33870 at the Highlands County Courthouse in Sebring, Florida, at 11:00 a.m. on the 17th day of July, 2013, the following described property as set forth in said Final Judgment, to-wit:
 LOT 13, BLOCK 13, SEBRING RIDGE, SECTION G, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 12, PAGE 28, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
 ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE.
 If you are a person with a disability who needs assistance in order to participate in a program or service of the State Courts System, you should contact the Office of the Court Administrator at (863)534-4686 (voice), (863)534-7777 (TDD) or (800)955-8770 (Florida Relay Service), as much in advance of your court appearance or visit to the courthouse as possible. Please be prepared to explain your functional limitations and suggest an auxiliary aid or service that you believe will enable you to effectively participate in the court program or service.
 Dated this 2nd day of May, 2013.
 Robert W. Germaine
 Clerk Of The Circuit Court
 By: /s/ Toni Kopp
 May 24, 31, 2013

1050 Legals
 IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION
 CASE NO.: 282010CA000347XXXXXX
 BANK OF AMERICA, N.A., Plaintiff,
 vs.
 ALEJANDRO MORALES; ALEXANDRA MORALES; UNKNOWN TENANT NO. 1; UNKNOWN TENANT NO. 2; and ALL UNKNOWN PARTIES CLAIMING INTERESTS BY, THROUGH, UNDER OR AGAINST A NAMED DEFENDANT TO THIS ACTION, OR HAVING OR CLAIMING TO HAVE ANY RIGHT, TITLE OR INTEREST IN THE PROPERTY HEREIN DESCRIBED, Defendants.
NOTICE OF SALE
 PURSUANT TO CHAPTER 45
 NOTICE IS HEREBY GIVEN pursuant to an Order or Summary Final Judgment of foreclosure dated May 2, 2013, entered in Case No. 282010CA000347XXXXXX of the Circuit Court of the Tenth Judicial Circuit in and for Highlands County, Florida, wherein BANK OF AMERICA, N.A. is Plaintiff and ALEJANDRO MORALES; ALEXANDRA MORALES; UNKNOWN TENANT NO. 1; UNKNOWN TENANT NO. 2; and ALL UNKNOWN PARTIES CLAIMING INTERESTS BY, THROUGH, UNDER OR AGAINST A NAMED DEFENDANT TO THIS ACTION, OR HAVING OR CLAIMING TO HAVE ANY RIGHT, TITLE OR INTEREST IN THE PROPERTY HEREIN DESCRIBED,, are Defendants, I will sell to the highest and best bidder for cash at in the Jury Assembly Room in the basement of the Highlands County Courthouse, 430 S. Commerce Avenue, Sebring, FL 33870, at Highlands County, Florida, at 11:00 a.m. on the 3rd day of July, 2013, the following described property as set forth in said Order or Final Judgment, to-wit:
 LOT 17, BLOCK 25, SEBRING COUNTRY ESTATES, SECTION 3, AS RECORDED IN PLAT BOOK 8, PAGE 6, IN THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
 ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE.
 In accordance with the Americans with Disabilities Act of 1990, persons needing special accommodation to participate in this proceeding should contact the Clerk of the Court not later than five business days prior to the proceeding at the Highlands County Courthouse. Telephone 863-386-6565 or 1-800-955-8770 via Florida Relay Service.
 DATED at Sebring, Florida, on May 2, 2013.
 ROBERT W. GERMAINE
 As Clerk, Circuit Court
 By: /s/ Toni Kopp
 AS DEPUTY CLERK
 May 22, 29, 2013

1050 Legals
 IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION
 CASE NO.: 28-2010-CA-000260
 U.S. BANK, NATIONAL ASSOCIATION, AS TRUSTEE FOR TBW MORTGAGE-BACKED TRUST SERIES 2006-3, MORTGAGE-BACKED PASS-THROUGH CERTIFICATES, SERIES 2006-3 Plaintiff,
 vs.
 JOSEPH M. MESSANA, JR., AND DIANNE M. MESSANA, HUSBAND AND WIFE; HIGHLANDS INDEPENDENT BANK, Defendant(s).
NOTICE OF SALE
 NOTICE IS HEREBY GIVEN pursuant to an Order dated May 14, 2013 entered in Civil Case No. 28-2010-CA-000260 of the Circuit Court of the 10th Judicial Circuit in and for Highlands County, Florida, wherein U.S. BANK, NATIONAL ASSOCIATION, AS TRUSTEE FOR TBW MORTGAGE-BACKED TRUST SERIES 2006-3, MORTGAGE-BACKED PASS-THROUGH CERTIFICATES, SERIES 2006-3, Plaintiff and JOSEPH M. MESSANA, JR., AND DIANNE M. MESSANA, HUSBAND AND WIFE are defendant(s), I, Clerk of Court, ROBERT W. GERMAINE, will sell to the highest and best bidder for cash, AT THE JURY ASSEMBLY ROOM IN THE BASEMENT OF THE HIGHLANDS COUNTY COURTHOUSE LOCATED AT 430 SOUTH COMMERCE AVENUE, SEBRING, FLORIDA AT 11:00 A.M., July 9, 2013, the following described property as set forth in said Final Judgment, to-wit:
 LOT 15 AND THE EAST 1/2 OF LOT 16, HORTON'S LANDING ADDITION, ACCORDING TO THE MAP OR PLAT THEREOF, AS RECORDED IN PLAT BOOK 5, PAGE 21, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
 AND
 A PORTION OF SECTION 27, TOWNSHIP 36 SOUTH, RANGE 29 EAST, HIGHLANDS COUNTY, FLORIDA, BEING MORE PARTICULARLY DESCRIBED AS FOLLOWS: BEGIN AT THE NORTHEAST CORNER OF LOT 15, OF HORTON'S LANDING ADDITION, ACCORDING TO THE MAP OR PLAT THEREOF, AS RECORDED IN PLAT BOOK 5, PAGE 21, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA; THENCE SOUTH 67 DEGREES 34 MINUTES 00 SECONDS WEST, ALONG THE NORTH BOUNDARY OF LOTS 15 AND 16, A DISTANCE OF 153.30 FEET, TO A POINT ON THE CENTERLINE OF SAID LOT 16, OF SAID HORTON'S LANDING ADDITION; THENCE NORTH 00 DEGREES 00 MINUTES 00 SECONDS EAST, ALONG THE NORTHERLY EXTENSION OF THE SAID CENTERLINE, A DISTANCE OF 65.41 FEET; THENCE NORTH 89 DEGREES 42 MINUTES 21 SECONDS EAST, A DISTANCE OF 141.70 FEET, TO A POINT ON A LINE BEING THE NORTHERLY EXTENSION OF THE EAST LINE OF SAID LOT 15; THENCE SOUTH 00 DEGREES 00 MINUTES 00 SECONDS WEST, A DISTANCE OF 7.64 FEET TO THE POINT OF BEGINNING.
 ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE.
 If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact Court Administration at 430 S. Commerce Avenue, Sebring, Florida 33870, telephone (863) 534-4690, within two (2) working days of receipt of this Notice; if you are hearing or voice impaired, call 1-800-955-8771.

1050 Legals
 IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION
 CASE NO.: 28-2013-CA-000223
 WELLS FARGO BANK, N.A., Plaintiff,
 vs.
 UNKNOWN HEIRS, BENEFICIARIES, AND DEVISEES OF THE ESTATE OF JULIA CRUZ; ELSIE HENDERSON; et al., Defendant(s).
NOTICE OF ACTION
 TO: UNKNOWN HEIRS, BENEFICIARIES, AND DEVISEES, OF THE ESTATE OF JULIA CRUZ
 Last Known Residence: Unknown
 Current residence Unknown and all persons claiming by, through, under or against the named Defendants.
 YOU ARE HEREBY NOTIFIED that an action to foreclose a mortgage on the following property in Highlands County, Florida:
 THE SOUTHEASTERLY QUARTER OF LOT 3, IN BLOCK C, OF CROSBYS SUBDIVISION, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 1, PAGE 74, OF THE PUBLIC RECORDS OF DESOTO COUNTY, AND TRANSCRIPT BOOK AT PAGE 27, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA,
 has been filed against you and you are required to serve a copy of your written defenses, if any, to it on Altridghe Connors, LLP, plaintiff's attorney, at 7000 West Palmetto Park Road, Suite 307, Boca Raton, Florida 33433, (Phone Number: 561-392-6391), within 30 days of the first date of publication of this notice, and file the original with the clerk of this court either before June 19, 2013 on Plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the complaint or petition.
 Dated on May 8, 2013.
 Robert Germaine
 As Clerk of the Court
 By: /s/ Priscilla Michalak
 As Deputy Clerk

1050 Legals
 IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION
 CASE NO.: 28-2013-CA-000223
 WELLS FARGO BANK, N.A., Plaintiff,
 vs.
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NOTICE OF ACTION
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 Dated on May 8, 2013.
 Robert Germaine
 As Clerk of the Court
 By: /s/ Priscilla Michalak
 As Deputy Clerk

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NOTICE OF ACTION
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 Robert Germaine
 As Clerk of the Court
 By: /s/ Priscilla Michalak
 As Deputy Clerk

1050 Legals
 IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION
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NOTICE OF ACTION
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 As Clerk of the Court
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 As Deputy Clerk

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 As Clerk of the Court
 By: /s/ Priscilla Michalak
 As Deputy Clerk

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 As Clerk of the Court
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 As Deputy Clerk

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 As Clerk of the Court
 By: /s/ Priscilla Michalak
 As Deputy Clerk

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NOTICE OF ACTION
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 As Deputy Clerk

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 Dated on May 8, 2013.
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 As Clerk of the Court
 By: /s/ Priscilla Michalak
 As Deputy Clerk

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 WELLS FARGO BANK, N.A., Plaintiff,
 vs.
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NOTICE OF ACTION
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 Dated on May 8, 2013.
 Robert Germaine
 As Clerk of the Court
 By: /s/ Priscilla Michalak
 As Deputy Clerk

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 CASE NO.: 28-2013-CA-000223
 WELLS FARGO BANK, N.A., Plaintiff,
 vs.
 UNKNOWN HEIRS, BENEFICIARIES, AND DEVISEES OF THE ESTATE OF JULIA CRUZ; ELSIE HENDERSON; et al.,

1050 Legals

WANT NEW FURNITURE Need to sell the old furniture first? Call News-Sun classifieds 314-9876 Then shop till you drop!

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA PROBATE DIVISION FILE NO. PC 13-201 Division Probate

IN RE: ESTATE OF PAUL N. SWEET Deceased. NOTICE TO CREDITORS The administration of the estate of PAUL N. SWEET, deceased, whose date of death was April 2, 2013, is pending in the Circuit Court for HIGHLANDS County, Florida, Probate Division, the address of which is 590 S. Commerce Ave., Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM. ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is May 29, 2013. Personal Representative: /s/ David Neil Sweet DAVID NEIL SWEET Attorney for Personal Representative: /s/ Michael A. Rider MICHAEL A. RIDER Florida Bar Number: 175661 13 N Oak Avenue Lake Placid, FL 33852 Telephone: (863)465-1111 Fax: (863)465-8100 E-Mail: marider@mariderlaw.com

May 29, June 5, 2013

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA PROBATE DIVISION FILE NO.: PC 13-111

IN RE: ESTATE OF CARL ROULHAC Deceased.

NOTICE OF ADMINISTRATION The administration of the Estate of CARL ROULHAC, deceased, File Number PC 13-111 is pending in the Circuit Court for HIGHLANDS County, Florida, Probate Division, the address of which is 430 South Commerce Avenue, Sebring, Florida 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

ALL INTERESTED PERSONS ARE NOTIFIED THAT: All persons on whom this notice is served who have objections that challenge the validity of the will, the qualifications of the personal representative, venue, or jurisdiction of this Court are required to file their objections with the Court WITHIN THE LATER OF THREE MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE OR THIRTY DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is served within three months after the date of the first publication of this notice must file their claims with this Court WITHIN THE LATER OF THREE MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE OR THIRTY DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

ALL CLAIMS, DEMANDS AND OBJECTIONS NOT SO FILED WILL BE FOREVER BARRED.

The date of the first publication of this Notice is May 22, 2013. Personal Representative: /s/ Martha Roulhac 1130 Lemon Street Sebring, Florida 33870 (863) 314-0607

Attorney for Personal Representative: /s/ James W. Kelly FLA. BAR #206237 14 South Lake Avenue Avon Park, Florida 33825 (863) 453-7509

May 22, 29, 2013

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT HIGHLANDS COUNTY, FLORIDA PROBATE DIVISION FILE NO. PC 13-178

IN RE: ESTATE OF LAURA SIX BAKER, Deceased.

NOTICE TO CREDITORS The administration of the estate of LAURA SIX BAKER, deceased, whose date of death was January 10, 2013, is pending in the Circuit Court for Highlands Court, Florida, Probate Division, the address of which is 590 South Commerce Avenue, Sebring, Florida 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and persons having claims or demands against decedent's estate must file their claim with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT SO FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIOD SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is May

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WILLIAMS JANITORIAL CARPET CLEANING \$10.95 Per Room 3 Rooms Minimum Upholstery Cleaning All Types of Flooring Free Estimates Lic • Bonded • Ins (863) 214-1940

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ICS CREMATION SERVING HIGHLANDS COUNTY & ALL OF FLORIDA \$895.00 | \$795.00 (Special Hospice Patient Price) Plus Cost of Death Certificates *No Additional Costs* Contact: Linda O'Neal Lake Placid: 863-441-2514

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MONARCH PLUMBING INC. 4060 Commercial Dr. • Sebring, FL 33870 CERTIFIED M P I SERVICE DIVISION (863) 385-0517 10% Discount ON ALL REPAIRS & SERVICE CALLS THROUGH 12/31/2013 MONARCHPLUMB.COM EST. 1981

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Bell Fisheries Inc. Farm Raised Catfish. We sell by the pound or you can come & catch yourself in our 3 acre pond! We have two large docks you can fish from. We also have large trophy Bass and Bream that we feed twice a day. Great fun for everyone, call or come by and see us! James L Bell, Jr., Owner 120 Sandspur Lane, Lake Placid, FL 33852 863-465-7112 Florida Aquaculture Certification AQ5138017

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ADVERTISE ON THIS PAGE TODAY! Call Anita at: 863-385-6155 or Email: amarsella@newssun.com

1050 Legals
 22, 2013.
 Personal Representative:
 /s/ Clifford M. Ables III
 551 SOUTH COMMERCE AVENUE
 SEBRING, FL 33870
 Attorney for Personal Representative:
 CLIFFORD M. ABLES, P.A.
 551 SOUTH COMMERCE AVE.
 SEBRING, FL 33870
 Telephone: (863) 385-0112
 Fax: (863) 385-1284
 Email: cmables@cmablespa.net
 /s/ Clifford M. Ables III
 FLORIDA BAR NO. 178379

May 22, 29, 2013

1100 Announcements
CHECK YOUR AD

Please check your ad on the first day it runs to make sure it is correct. Sometimes instructions over the phone are misunderstood and an error can occur. If this happens to you, please call us the first day your ad appears and we will be happy to fix it as soon as we can.

If We can assist you, please call us:

314-9876 News-Sun Classified

2000 Employment

2100 Help Wanted
ASSOCIATE REPS SUMMER WORK GREAT PAY
 Immediate FT/PT openings, Customer sales/services, no exp. necessary. Conditions apply. All ages 17+.
 Call 863-268-1275

FULL TIME STAFF ACCOUNTANT wanted by local CPA firm. Send Resume to Box #128 The News-Sun, 2227 US 27 S. Sebring, FL, 33870

IF YOU have a passion for improving the quality of life for others while helping people live independently and happily in their own homes, you could be a Comfort Keeper! We are now hiring CNA, HHA and Homemaker Companion positions in the Highlands County area. We offer flexible full-time or part-time hours. Contact us to learn more about how you can develop a rewarding career enriching the lives of others-with Comfort Keepers. Apply online today at: ck381.ersp.biz/employment.



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A/C SERVICE TECH needed for fast growing well established HVAC company. Great co-workers! 5+ years experience. Full benefits / bonuses. Apply in person with resume to 20 W. Interlake Blvd., Lake Placid, Phone 699-5455 for interview, fax resume to 699-9758 or email to mcair@millerscentralair.com

AUTO BODY TECHNICIAN Hourly Rate for Aircraft Painting. DFWP. POSITION FILLED!

DELIVERY TRUCK DRIVER - P/T For ORNAMENTAL NURSERY Apply: Peace River Growers, 3521 N. Nursery Road, Zolfo Springs, Florida 33890. EOE

DIRECT SUPPORT PROFESSIONALS wanted for Avon Park Intermediate Care Facility serving disabled adults. HS diploma or 2 year associated experience, valid FL Drivers License and clean criminal background req. Please complete application at www.jobs.thementornetwork.com/florida 863-452-5141

CITY OF SEBRING EMPLOYMENT OPPORTUNITY
 The City of Sebring is recruiting for the following position(s):
CRA Groundskeeper Closes: 5/31/13
School Crossing Guard Closes: 5/31/13
 For an application contact the City of Sebring, (863) 471-5100 or visit us on our website at www.mysebring.com
Drug Free Work place, EOE, Vet Pref.

CITY OF SEBRING EMPLOYMENT OPPORTUNITY
 The City of Sebring is recruiting for the following position(s):
Groundskeeper/Golf Course Closes: 5/31/13
 For an application contact the City of Sebring, (863) 471-5100 or visit us on our website at www.mysebring.com
Drug Free Work place, EOE, Vet Pref.

2100 Help Wanted
IMMEDIATE OPENING for Equipment Operator with Clean CDL License for Local Equipment Company. POSITION FILLED!!!!
 PRN/LPN WANTED
 Avon Park Intermediate Care Facility serving disabled adults is seeking nurses for all shifts. Casual work environment, benefit package and paid training. Call Melissa at 863-452-5141 or complete an application at www.jobs.thementornetwork.com/florida (Avon Park)

RN NEED FOR DIALYSIS UNIT. Experienced preferred, but will train the right person. Excellent Benefits and Salary. Contact Peggy at (863) 382-9443 or Fax resume to (863) 382-9242

EXPERIENCED ROOFERS NEED ONLY APPLY. DFWP 863-385-0351.

SEEKING WELL Exp. Medical office help. Exc. billing/collection, communication, typing, computer skills & medical terminology are a MUST. Part-time. Fax resume to: 866-593-0635 or email to: medicalofficebilling@yahoo.com

2300 Work Wanted
 FORMER TEACHER 10yrs. exp. SFCC ww Elders, mental stimulation and cognition. Seeks Employment as Senior Companion. Call 863-414-1055.

3000 Financial

4000 Real Estate

4120 Villas & Condos For Sale
 SEBRING 2/2/1 In Desirable 55+ Thunderbird Hill Villas. Fruit Trees, Tile throughout, Walk in Closet, Clubhouse, Pool. HOA \$55. Asking \$78,500. Call 863-458-0789

4180 Duplexes for Sale
 SEBRING DUPLEX for Sale By Owner. Great Investment Property. 2/1 each side, all tile, CHA, live in one side, rent the other. Asking \$115,000. Call 863-655-0982

5000 Mobile Homes

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PALM HARBOR HOMES
 Check us out at <http://www.palmharbor.com/model-center/plantcity/>
\$8500 off any Palm Harbor Home purchased
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SEBRING *MUST SEE* Corner Lot Doublewide, 55 + Community. 2br, 2ba, 2 C-port. Screen room, storage shed / work space w/ A/C, Lots of amenities, CAH. Owner Financed. Pets OK. Fully Furnished. 863-402-1959

6000 Rentals

6050 Duplexes for Rent
 LAKE PLACID Duplex, 2/2, screened patio, tile floors, yard, washer/dryer, central A/C, water & garbage included. \$500/mo. \$450 dep. No cats, small dog ok. 954-829-1641

SEBRING DUPLEX **MOVE IN READY** 2/1. Tile floors, washer/dryer hook up, CHA, no smoke/pets. Close to Highlands Hospital. \$500 per mo. + \$400 sec. Call 863-655-0982

6200 Unfurnished Apartments

AVON PARK RENT SUBSIDIZED
 1,2,3,& 4 BR Apts in a Central Location, Separate Family & Elderly/Disabled properties; Ridgedale Apts, Lakeside Park & Delaney Hgts. Based on household income.
No Application Fee!
 Please Call 863-452-4432
 TTY 800-955-8771
On-Line Applications!
www.AvonParkHA.org

6200 Unfurnished Apartments
 AVON PARK - NEW MGR'S SPECIAL 2/2 \$500, 1BR \$400, EFF. \$300 No Pets. Incl. WSG and W/D 863-449-0195
BEAUTIFUL APTS
 SEBRING- 2BR/1BA, tile floors, screen back porch, beautiful landscaping. \$595/mo. 863-446-1822
 AVON PARK * LEMONTREE APTS * 1BR \$520 mo. + \$350 Sec. Deposit, available immediately. Washer/Dryer & WSG included. Pets OK! Call Alan 386-503-8953

6250 Furnished Houses
 LAKE PLACID - Near Lake Placid Boat Ramp, with Lake Access. Very Nice 2BR,1BA, Appliances, A/C. \$550/mo. plus \$50 water. 863-465-1354.

6300 Unfurnished Houses
 AVON PARK LOVELY 2/2 on corner. School Bus stop, perfect for roommate situation. 1 car garage, screen porch. \$750 + deposit. Also For Sale. 863-453-4914 or 863-414-2871

LAKE PLACID 3/1 Remodeled home in Country Setting. Large fenced yard w/detached 20 x 20 metal building. \$795/mo. + \$500 deposit. Call 863-243-4580

AVON PARK
 North Central Heights Homes, a new "Rent Restricted" single family home development in Avon Park. Rents range from \$350 to \$550 per month. 2, 3 and 4 BR Available!
DON'T DELAY APPLY TODAY! NO APPLICATION FEE!

CALL:
 TTY 800-955-8771
 863-452-4432
 On-line Applications
www.avonparkha.org

7000 Merchandise

7300 Miscellaneous
 22 INCH CHROME RIMS & TIRES CHEVROLET. \$540. OBO 863-873-5433

7310 Bargain Buys
 BRACELET - Silver 1880's Egyptian Revival with Sea Rabs in original box. \$50. 863-402-2285

DISHES - NEW! White with Gold trim. Still in Box. \$25. 863-414-1953

FLOORING 6' X 9" For Bathroom. NEW. \$30. 863-414-1953

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LOVESEAT COUCH \$40. 863-314-9080

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UPRIGHT (BAGGED) VACUUM Completely reconditioned with a 30 Day Guarantee. \$20. 863-402-2285

VCR TAPES - 37 - Assorted - All Good. \$15. 863-402-2285

WICKER LOVESEAT \$40. 863-314-9080

WINGED BACK CHAIR - Burgundy & Tan, Good Condition. \$45. 863-414-1953

7320 Garage & Yard Sales
 AVON PARK * MULTI FAMILY SALE * 1025 S. Castle Hill Dr. (behind Save A Lot), Fri & Sat. May 31 & June 1, 8am - 2pm. Household items, Furn., clothing & Misc. Something For Everyone!

7520 Pets & Supplies
NOTICE
 Florida statute 585.195 states that all dogs and cats sold in Florida must be at least eight weeks old, have an official health certificate and proper shots and be free of intestinal and external parasites.

8000 Recreation

8350 Sporting Goods
 GREAT AMERICAN FOOSBALL TABLE. Excel cond. Commercial Quality Dimensions: 55-3/4"x28-1/4"x34-1/4". Weight 190lbs. Convenient ball return at opponents goal. High performance polypropylene figures for breakage resistance ABS injected legs with individual leg levelers. Easy set up with standard tools. Medium size handle grips with solid chrome rods 3/4" MDF and attractive oak veneer. Made in the USA located in Lake Placid, FL. Local pick up or buyer to make all arrangements for packing, pick up and shipping. Posted with eBay Mobile. 305-588-9303

9000 Transportation

9100 Motorcycles & ATVs
 2006 SUZUKI GSXR 600 18,600 MILES, Excellent Condition. All New Parts. \$3900 OBO Call For Details 863-835-0091

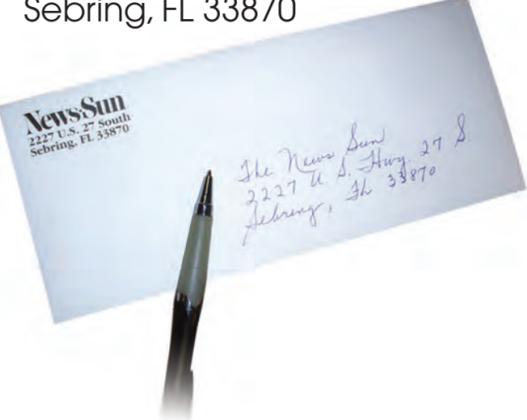
9400 Automotive Wanted
 WE BUY ALL AUTOS with or without Title. Any Condition Year / Make / Model. We will pay up to \$20,000. Free Towing. Call Cindy 813-505-6935

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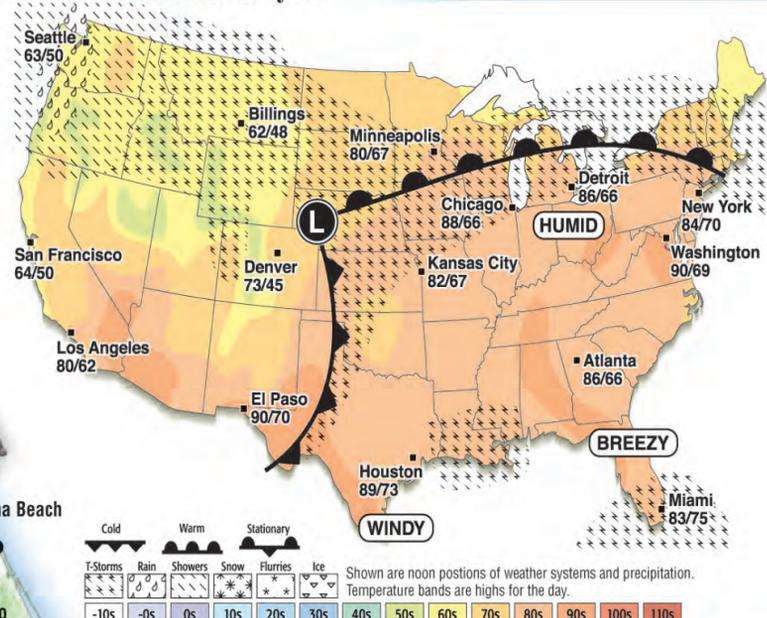


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Five-Day forecast for Highlands County

TODAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
An afternoon thunderstorm	A couple of afternoon thunderstorms	A t-storm or two in the afternoon	Partly sunny, a couple of t-storms	Some sun with a couple of t-storms
89° / 71°	88° / 71°	90° / 71°	91° / 71°	91° / 72°
Winds: E at 10-20 mph	Winds: E at 10-20 mph	Winds: ENE at 8-16 mph	Winds: ESE at 8-16 mph	Winds: E at 8-16 mph

National Forecast for May 29



Almanac

Readings at Archbold Biological Station in Lake Placid

High Friday	95°
Low Friday	64°
High Saturday	89°
Low Saturday	57°
High Sunday	88°
Low Sunday	62°
High Monday	89°
Low Monday	67°

Heat Index For 3 p.m. today

Relative humidity	50%
Expected air temperature	89°
Makes it feel like	94°

Barometer

Saturday	30.18
Sunday	30.02
Monday	30.03

Precipitation

Saturday	0.00"
Sunday	0.00"
Monday	0.00"
Month to date	3.80"
Year to date	12.08"

Regional Summary

Breezy today with clouds and sun; a thunderstorm in the afternoon. A thunderstorm during the evening; otherwise, mostly cloudy tonight. A few thunderstorms around tomorrow and Friday afternoon.

Tides

Readings at St. Petersburg

High	7:55 a.m.
Low	12:31 a.m.
High	5:22 p.m.
Low	10:56 a.m.

Readings at Palm Beach

High	12:38 a.m.
Low	6:33 a.m.
High	12:59 p.m.
Low	6:56 p.m.

Lake Levels

Readings as of 7 a.m. yesterday

Lake Jackson	78.36'
Lake Okeechobee	13.34'
Normal	14.51'

UV Index Today

The higher the AccuWeather.com UV Index® number, the greater the need for eye and skin protection.



Farm Report

Breezy today; an afternoon thunderstorm. Winds east 10-20 mph. Expect 3-6 hours of sunshine with a 55% chance of precipitation and average relative humidity 65%.

Water Restrictions

- Even addresses may water on Thursday and Sunday.
- Odd addresses may water on Wednesday and Saturday.
- All watering should take place before 10 a.m. and after 4 p.m.

Weather History

Severe sandstorms lasting two days hit Yuma, Ariz., on May 29, 1877. Such sandstorms have helped create the unique landscape in the Southwest.

Sun and Moon

	Today	Thursday
Sunrise	6:34 a.m.	6:34 a.m.
Sunset	8:13 p.m.	8:13 p.m.
Moonrise	none	12:33 a.m.
Moonsset	11:19 a.m.	12:20 p.m.

Florida Cities

City	Today	Thu.	Fri.
Cape Coral	88/71/t	88/72/t	90/72/t
Clearwater	90/74/t	89/74/t	90/75/t
Coral Springs	84/74/t	86/74/t	88/75/t
Daytona Beach	85/73/pc	85/73/t	86/73/pc
Fl. Laud. Bch	83/75/t	86/76/t	88/75/t
Fort Myers	87/71/t	88/72/t	91/72/t
Gainesville	89/66/t	89/69/t	90/70/pc
Hollywood	84/74/r	86/74/r	89/75/r
Homestead AFB	82/75/r	85/75/r	87/76/r
Jacksonville	85/68/pc	85/69/t	86/69/pc
Key West	84/76/r	86/79/r	87/79/r

National Summary

Showers and thunderstorms will make their way through New York state and New England today. Some the storms will have very heavy downpours. Warm and increasingly more humid air will be found across the Southeast into the Midwest. Showers and thunderstorms will blossom across South Florida as tropical moisture streams onshore. Showers and thunderstorms will also develop across the central and northern Plains, from western Texas northward into Oklahoma and the Dakotas.

U.S. Cities

City	Today	Thu.	Fri.	City	Today	Thu.	Fri.
Albuquerque	82/57/pc	85/55/s	89/57/s	Los Angeles	80/62/pc	81/61/pc	84/61/s
Atlanta	86/66/s	84/66/s	85/67/s	Louisville	88/70/s	89/71/s	86/72/pc
Baltimore	88/64/s	92/65/s	91/65/s	Memphis	88/72/s	88/72/s	89/73/pc
Birmingham	90/70/s	88/71/s	90/70/pc	Milwaukee	76/64/pc	81/63/t	83/64/t
Boston	72/66/r	86/71/pc	92/70/s	Minneapolis	80/67/t	83/64/t	81/60/t
Charlotte	87/61/pc	87/63/s	87/66/s	Nashville	90/68/s	88/70/s	87/69/pc
Cheyenne	68/44/t	68/41/pc	68/42/pc	New Orleans	84/74/t	86/74/t	86/74/pc
Chicago	88/66/pc	84/66/t	82/66/t	New York City	84/70/t	90/72/s	90/70/s
Cleveland	84/66/pc	86/67/pc	85/67/s	Norfolk	87/67/pc	87/66/s	87/68/pc
Columbus	88/65/pc	89/68/pc	86/68/pc	Oklahoma City	78/68/t	84/70/t	90/71/t
Dallas	84/72/pc	87/72/t	90/73/pc	Philadelphia	88/69/s	92/68/s	92/69/s
Denver	73/45/t	76/45/s	78/46/pc	Phoenix	97/78/s	99/78/s	102/80/s
Detroit	86/66/pc	88/67/pc	85/68/pc	Pittsburgh	88/63/pc	90/62/pc	90/63/s
Harrisburg	86/62/s	91/64/pc	93/63/s	Portland, ME	56/55/r	81/62/pc	86/63/pc
Honolulu	88/72/sh	87/73/s	88/75/s	Portland, OR	62/51/sh	63/44/c	70/47/pc
Houston	89/73/pc	91/74/pc	91/75/pc	Raleigh	89/64/pc	89/65/s	90/66/s
Indianapolis	86/67/pc	85/68/pc	82/70/pc	Rochester	79/65/t	87/65/pc	91/66/pc
Jackson, MS	85/68/t	86/68/t	88/71/pc	St. Louis	88/71/pc	85/67/t	86/70/t
Kansas City	82/67/pc	79/66/t	83/68/t	San Francisco	64/50/pc	66/50/s	73/56/s
Lexington	86/66/s	88/66/s	84/67/pc	Seattle	63/50/sh	62/48/c	66/46/pc
Little Rock	88/70/s	86/71/t	88/73/pc	Wash., DC	90/69/s	92/70/s	93/71/s

World Cities

City	Today	Thu.	Fri.	City	Today	Thu.	Fri.
Acapulco	91/79/t	90/77/t	91/78/t	London	61/46/r	63/46/sh	68/48/pc
Athens	84/68/s	88/68/s	87/63/s	Montreal	70/62/t	82/64/t	86/68/pc
Beirut	82/73/s	89/69/s	80/68/s	Moscow	72/50/sh	74/55/pc	79/57/pc
Berlin	63/53/r	71/59/r	72/56/c	Nice	68/53/sh	68/55/c	69/59/s
Bermuda	75/68/pc	75/68/pc	76/68/pc	Ottawa	68/57/t	83/64/t	88/62/pc
Calgary	61/45/t	59/44/r	57/41/sh	Quebec	65/55/sh	80/59/pc	82/54/pc
Dublin	56/49/pc	66/49/pc	65/43/pc	Rio de Janeiro	86/74/pc	81/72/t	78/72/r
Edmonton	67/45/t	71/49/r	70/47/pc	Seoul	68/59/t	77/57/s	81/63/s
Freepport	83/76/t	83/76/t	84/75/t	Singapore	88/77/t	88/77/t	88/77/t
Geneva	55/39/r	62/47/r	56/49/r	Sydney	72/54/s	72/54/c	73/55/pc
Havana	87/71/t	90/72/t	89/73/t	Toronto	78/62/pc	86/65/pc	86/64/pc
Hong Kong	90/81/t	90/81/s	90/81/t	Vancouver	59/51/sh	63/49/c	63/48/c
Jerusalem	86/72/s	89/61/s	80/65/s	Vienna	66/53/sh	60/51/r	63/50/s
Johannesburg	68/48/s	69/46/s	69/49/s	Warsaw	74/54/sh	75/51/t	71/59/c
Kiev	74/55/pc	81/59/s	84/60/pc	Winnipeg	73/56/t	72/55/r	60/43/r

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If you're ready to quit tobacco, we're ready to help with a six-session program. There is no charge for materials including free nicotine replacement therapy patches.



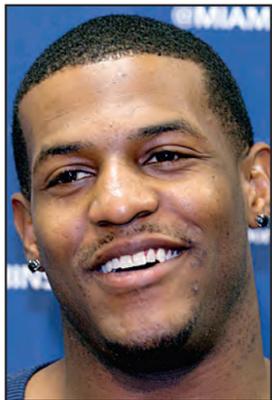
Contact us & learn more about programs across Highlands County 1-877-252-6094 or www.ahectobacco.com

This program is sponsored by the Florida AHEC Network and the Florida Department of Health.



News-Sun

Wednesday, May 29, 2013



MCT photo
Mike Wallace speaks to the media during a press conference in Davie this March. The Dolphins welcomed the wide receiver in a 5-year deal worth \$60 million.

New Dolphins receiver Wallace feels at home in Miami

By ADAM H. BEASLEY
The Miami Herald
(MCT)

MIAMI—Mike Wallace is putting down roots.

Or perhaps he's hoping to cash in on the latest real estate boom.

More likely, both are true. Either way . . .

"In Pittsburgh, I knew I was (in) a six-month lease every time, a furnished apartment," Wallace said last week. "I'd just bring my bag and be ready to go. Down here, I have to buy me a house, get settled in."

Wallace's words are telling for two reasons:

He yet again took a not-so-subtle shot at his old team and city (Wallace already has said he didn't feel at home in Pittsburgh, and Ryan Tannehill could be as good as Ben Roethlisberger).

He is all in on all things Miami; physically, emotionally — and financially.

Since signing a \$60 million contract with the Dolphins on the first day of free agency, Wallace has had to acclimate himself to the area, his coaching staff and his teammates.

The on-the-field part might be the easiest.

Reporters got a sneak peek at the Dolphins' new-look offense last week.

Wallace joined Brian Hartline and Brandon Gibson in Miami's three-wide formations during Tuesday's organized team activities.

Hartline and Wallace worked predominantly on the outside, and Gibson was in the slot — taking the place of Davone Bess, who was traded to Cleveland during the NFL Draft.

Combined, they signed off-

season contracts worth in excess of \$100 million — with more \$40 million in guaranteed money.

The Dolphins had no choice but to open up the wallet.

They ranked in the bottom third of the league in average total yards (311.5), points (18) and passing yards (199) in 2012.

Coach Joe Philbin never could really run the offense he wanted in his first season.

Tannehill was too green, and the skill players around him were underwhelming .

These won't be excuses in 2013.

"I think the biggest things that we've talked about is being able to move the chains," Philbin said. "I think really (that's) the one deciding thing that gets you the opportunity to call more plays and play faster."

"The more weapons you have on offense, you've got to believe that helps your percentages of getting more first downs and creating that type of tempo."

And the centerpiece of

See WALLACE, Page B5

Hurricanes splash into season

By DAN HOEHNE

daniel.hoehne@newsun.com

It's starting to feel a lot like summer and the Highlands Hurricanes Swim Team (HHST) competed in its first swim meet of their summer season in Wauchula on Saturday, May 18, at the Hardee Swim Association Invitational.

But it was the Lake Placid Aquatics (LPA) team that saw their boys take a win, as well as the team overall.

With 115 swimmers overall on hand, ranging in age from 5 to 17, it was a full docket of events and a competitive field.

Hardee, boasting the most swimmers with 48, won the girls side of the meet and took second overall with the Highlands boys taking second.

The final team totals showing Lake Placid with 860 points, Hardee with 801 and the Hurricanes with 713.

HHST saw five of its' swimmers win each of the events they competed in.

Frank Brown, age 15 from Lake Placid, won the Boys 15-18 50 Free, 100 Individual Medley, 100 Breast and 100 Back.

Eight-year old Megan Glisson of Sebring won the Girls 8 and Under 25



Above: Caroline Dion swimming butterfly for the Highlands Hurricanes while competing in the girls 10 and Under 100-yard Individual Medley at the Saturday, May 18, season-opening Hardee Swim Association Invitational. Below: Griffin Chynoweth swimming the breaststroke on his way to winning the Boys 13-14 100-yard Individual Medley at Hardee.

Butterfly, 50 Free, 50 Back and 100 IM, while 10-year old Peyton Ming won the 10 and under 25 and 50 Free, 50 Butterfly and 50 Back.

Anna Sapp, 10 and from Lake Placid, won the Girls 10 and Under 25 Butterfly, 50 Free and Back and 100 IM.

Clara Simpson, 13 and from Sebring, won the Girls 13-14 50 Free, Breaststroke and Back, along with the 100 Breaststroke.

For Lake Placid Aquatics, 7-year old Tristan Davis won the Boys 8 and Under 25 Free, Breaststroke and Back as well as the 50 Free.

Four more Hurricanes won three events each with Griffin Chynoweth winning the Boys

See HHST, Page B5



A weekend with future stars



Above left: Lake Placid's Ricky Miller tries to check his swing on this ground-out Sunday against the South's Taylor Blatch of Jensen Beach. His East squad, however, bested the South, 2-0, on the final day of the FACA All-Star Baseball Classic. Miller did connect for a solid single through the right side Saturday, against hard-throwing Tyler Danish of Durant, listed as the 70th prep prospect in the country. "He was bringing it," Miller said. "He was throwing about 94 and I just got my bat on it and got a single to right." Above right: University of Florida signee Tyler Deel, a 6-foot-6 southpaw from Jacksonville-Fletcher, delivers in Sunday's nightcap of the FACA Baseball All-Star Classic at Firemen's Field.



News-Sun photos by DAN HOEHNE



Sitting down with Schroeder

Courtesy photo
Standout Blue Streak runner Hannah Schroeder was a featured guest on the Saturday, May 25, broadcast of "Sports Talk" with Ed Lynch. After a strong prep career in both cross country and track, Schroeder will continue to compete in both collegiately at Bryan College in Dayton, TN. "Sports Talk" airs each Saturday on WWTK 730-AM, immediately following the Noon News.

Price resumes playing catch

Associated Press

ST. PETERSBURG — AL Cy Young Award winner David Price has resumed playing catch as part of his rehab program for a strained left triceps.

The Tampa Bay Rays left-hander, who was put on the disabled list for the first time in his career May 16, made 35 throws in right field Monday's game against Miami.

"I felt really good ... it felt normal," Price said. "It was a very positive day. Feeling as good as I

did, it's a definitely a relief."

There is no timeline for when Price will return, but the injury is not expected to pose a long-term problem.

"I felt really good...it felt normal."

DAVID PRICE
Rays pitcher

"We don't want any setbacks," Price said. "I want to be able to come back and stay back, and that's what we're doing." Price is 1-4 with a 5.24 ERA after going 20-5 with a 2.56 ERA in 2012.

The Rays have lost seven of his nine starts after going 21-10 in his 31 starts last year.

Marlins put Sanabia on DL

Associated Press

ST. PETERSBURG — The Miami Marlins have put pitcher Alex Sanabia on the 15-day disabled list with a right groin injury and recalled left-hander Dan Jennings from Triple-A New Orleans.

The moves were announced before Monday's game at Tampa

Bay. Sanabia (3-7) lasted just four innings in Sunday's 5-3 loss to the Chicago White Sox.

It was first time Sanabia pitched since cameras caught him spitting on the ball during a start against Philadelphia last Monday.

He said he didn't know it was illegal.

THE SCOREBOARD

NBA Playoffs

CONFERENCE FINALS (Best-of-7)

(x-if necessary)

EASTERN CONFERENCE

Miami 2, Indiana 1

Miami 103, Indiana 102, OT
Friday: Indiana 97, Miami 93
Sunday: Miami 114, Indiana 96
Tuesday, May 28: Miami at Indiana, late
x-Thursday, May 30: Indiana at Miami, 8:30 p.m.
x-Saturday, June 1: Miami at Indiana, 8:30 p.m.
x-Monday, June 3: Indiana at Miami, 8:30 p.m.

WESTERN CONFERENCE

San Antonio 4, Memphis 0

San Antonio 105, Memphis 83
San Antonio 93, Memphis 89, OT
Saturday: San Antonio 104, Memphis 93, OT
Monday: San Antonio 93, Memphis 86

NHL Playoffs

CONFERENCE SEMIFINALS (Best-of-7)

(x-if necessary)

EASTERN CONFERENCE

Pittsburgh 4, Ottawa 1

Pittsburgh 4, Ottawa 1
Pittsburgh 4, Ottawa 3
Ottawa 2, Pittsburgh 1, 2OT
Pittsburgh 7, Ottawa 3
Pittsburgh 6, Ottawa 2
Boston 3, N.Y. Rangers 1
Boston 3, N.Y. Rangers 2, OT
Boston 5, N.Y. Rangers 2
Tuesday: Boston 2, N.Y. Rangers 1
Thursday: N.Y. Rangers 4, Boston 3, OT
Saturday: Boston 3, N.Y. Rangers 1

WESTERN CONFERENCE

Detroit 3, Chicago 3

Chicago 4, Detroit 1
Detroit 4, Chicago 1
Detroit 3, Chicago 1
Detroit 2, Chicago 0
Saturday: Chicago 4, Detroit 1
Monday: Chicago 4, Detroit 3
Wednesday: Detroit at Chicago, 8 p.m.
Los Angeles 3, San Jose 3

Los Angeles 2, San Jose 0
Los Angeles 4, San Jose 3
San Jose 2, Los Angeles 1, OT
San Jose 2, Los Angeles 1
Los Angeles 3, San Jose 0
Sunday: San Jose 2, Los Angeles 1
Tuesday: San Jose at Los Angeles, late

MLB

AMERICAN LEAGUE

East Division

	W	L	Pct	GB
Boston	32	20	.615	—
New York	30	20	.600	1
Baltimore	28	23	.549	3.5
Tampa Bay	26	24	.520	5
Toronto	22	29	.431	9.5

Central Division

	W	L	Pct	GB
Detroit	29	20	.592	—
Cleveland	27	23	.540	2.5
Chicago	24	25	.490	5
Kansas City	21	27	.438	7.5
Minnesota	20	28	.417	8.5

West Division

	W	L	Pct	GB
Texas	32	20	.615	—
Oakland	29	23	.558	3
Los Angeles	23	28	.451	8.5
Seattle	22	29	.431	9.5
Houston	15	36	.294	16.5

Sunday's Games

Toronto 6, Baltimore 5
Detroit 6, Minnesota 1
Boston 6, Cleveland 5
Tampa Bay 8, N.Y. Yankees 3
L.A. Angels 5, Kansas City 2
Chicago White Sox 5, Miami 3
Oakland 6, Houston 2
Seattle 4, Texas 3, 13 innings
Monday's Games
Baltimore 6, Washington 2
Detroit 6, Pittsburgh 5
Cincinnati 4, Cleveland 2
Houston 3, Colorado 2, 12 innings
Minnesota 6, Milwaukee 3
St. Louis 6, Kansas City 3
Tampa Bay 10, Miami 6
Arizona 5, Texas 3, 1st game
Oakland 4, San Francisco 1
Seattle 9, San Diego 0
Toronto 9, Atlanta 3
Chicago Cubs 7, Chicago White Sox 0
N.Y. Mets 2, N.Y. Yankees 1
Boston 9, Philadelphia 3
L.A. Dodgers 8, L.A. Angels 7
Arizona 5, Texas 4, 2nd game
Tuesday's Games
Atlanta at Toronto, late
Colorado at Houston, late
Baltimore at Washington, late
Pittsburgh at Detroit, late
Cleveland at Cincinnati, late
Miami at Tampa Bay, late
N.Y. Yankees at N.Y. Mets, late
Philadelphia at Boston, late
Chicago Cubs at Chi. White Sox, late
Minnesota at Milwaukee, late
St. Louis at Kansas City, late
San Francisco at Oakland, late
L.A. Angels at L.A. Dodgers, late
San Diego at Seattle, late
Wednesday's Games
Chicago White Sox (Joh.Danks 0-0) at Chicago Cubs (Feldman 4-4), 2:20 p.m.
Boston (Lackey 3-4) at Philadelphia (K.Kendrick 4-3), 7:05 p.m.
Cincinnati (Arroyo 5-4) at Cleveland (Masterson 7-3), 7:05 p.m.
Detroit (Ani.Sanchez 5-4) at Pittsburgh (A.J.Burnett 3-5), 7:05 p.m.
N.Y. Mets (Hefner 0-5) at N.Y. Yankees (D.Phelps 3-2), 7:05 p.m.
Washington (Zimmermann 8-2) at Baltimore (Tillman 4-2), 7:05 p.m.
Tampa Bay (Ro.Hernandez 2-5) at Miami (Koehler 0-2), 7:10 p.m.
Toronto (Rogers 1-2) at Atlanta (Medlen 1-5), 7:10 p.m.
Arizona (McCarthy 2-3) at Texas (Grimm 4-3), 8:05 p.m.
Milwaukee (Estrada 4-2) at Minnesota (Deduno 0-1), 8:10 p.m.
Kansas City (Mendoza 1-2) at St. Louis (Lynn 7-1), 8:15 p.m.
Houston (Bedard 0-2) at Colorado (Chatwood 3-0), 8:40 p.m.
L.A. Dodgers (Capuano 1-3) at L.A. Angels (Weaver 0-1), 10:05 p.m.
Seattle (J.Saunders 3-5) at San Diego (Stults 4-4), 10:10 p.m.
Oakland (Milone 4-5) at San Francisco (Lincecum 3-4), 10:15 p.m.

NATIONAL LEAGUE

East Division

	W	L	Pct	GB
Atlanta	30	20	.600	—
Washington	26	25	.510	4.5



LIVE SPORTS ON TV

GOLF

THURSDAY

9 a.m. EuroPGA – Nordea Masters GOLF
2:30 p.m. PGA – Memorial Tournament GOLF

MLB

WEDNESDAY

2:10 p.m. Chicago White Sox at Chicago Cubs WGN
7 p.m. Tampa Bay at Miami SUN
THURSDAY
2:10 p.m. Chicago White Sox at Chicago Cubs WGN

NBA PLAYOFFS

THURSDAY

8:30 p.m. Indiana at Miami TNT

SOCCER

WEDNESDAY

2:25 p.m. Germany vs. Ecuador ESPN2
8 p.m. United States vs. Belgium ESPN2

TENNIS

WEDNESDAY

9 a.m. French Open, Second Round ESPN2

THURSDAY

9 a.m. French Open, Second Round ESPN2

Times, games, channels all subject to change

Philadelphia	24	27	.471	6.5
New York	19	29	.396	10
Miami	13	38	.255	17.5

Central Division

	W	L	Pct	GB
St. Louis	33	17	.660	—
Cincinnati	32	19	.627	1.5
Pittsburgh	31	20	.608	2.5
Chicago	20	30	.400	13
Milwaukee	19	30	.388	13.5

West Division

	W	L	Pct	GB
Arizona	30	22	.577	—
San Francisco	28	23	.549	1.5
Colorado	27	24	.529	2.5
San Diego	22	28	.440	7
Los Angeles	21	28	.429	7.5

Sunday's Games

Chicago Cubs 5, Cincinnati 4, 10 innings
Washington 6, Philadelphia 1
Chicago White Sox 5, Miami 3
Pittsburgh 5, Milwaukee 4
San Francisco 7, Colorado 3
Arizona 6, San Diego 5
St. Louis 5, L.A. Dodgers 3
N.Y. Mets 4, Atlanta 2

Monday's Games

Baltimore 6, Washington 2
Detroit 6, Pittsburgh 5
Cincinnati 4, Cleveland 2
Houston 3, Colorado 2, 12 innings
Minnesota 6, Milwaukee 3
St. Louis 6, Kansas City 3
Tampa Bay 10, Miami 6
Arizona 5, Texas 3, 1st game
Oakland 4, San Francisco 1
Seattle 9, San Diego 0
Toronto 9, Atlanta 3
Chicago Cubs 7, Chicago White Sox 0
N.Y. Mets 2, N.Y. Yankees 1
Boston 9, Philadelphia 3
L.A. Dodgers 8, L.A. Angels 7
Arizona 5, Texas 4, 2nd game
Tuesday's Games
Atlanta at Toronto, late
Colorado at Houston, late
Baltimore at Washington, late
Pittsburgh at Detroit, late
Cleveland at Cincinnati, late
Miami at Tampa Bay, late
N.Y. Yankees at N.Y. Mets, late
Philadelphia at Boston, late
Chicago Cubs at Chi. White Sox, late
Minnesota at Milwaukee, late
St. Louis at Kansas City, late
San Francisco at Oakland, late
L.A. Angels at L.A. Dodgers, late
San Diego at Seattle, late
Wednesday's Games
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Toronto (Rogers 1-2) at Atlanta (Medlen 1-5), 7:10 p.m.
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Milwaukee (Estrada 4-2) at Minnesota (Deduno 0-1), 8:10 p.m.
Kansas City (Mendoza 1-2) at St. Louis (Lynn 7-1), 8:15 p.m.
Houston (Bedard 0-2) at Colorado (Chatwood 3-0), 8:40 p.m.
L.A. Dodgers (Capuano 1-3) at L.A. Angels (Weaver 0-1), 10:05 p.m.
Seattle (J.Saunders 3-5) at San Diego (Stults 4-4), 10:10 p.m.
Oakland (Milone 4-5) at San Francisco (Lincecum 3-4), 10:15 p.m.

Tuesday's Games

Atlanta at Toronto, late
Colorado at Houston, late
Baltimore at Washington, late
Pittsburgh at Detroit, late
Cleveland at Cincinnati, late
Miami at Tampa Bay, late
N.Y. Yankees at N.Y. Mets, late
Philadelphia at Boston, late
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Wednesday's Games

Atlanta at Toronto, late
Colorado at Houston, late
Baltimore at Washington, late
Pittsburgh at Detroit, late
Cleveland at Cincinnati, late
Miami at Tampa Bay, late
N.Y. Yankees at N.Y. Mets, late
Philadelphia at Boston, late
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Oakland (Milone 4-5) at San Francisco (Lincecum 3-4), 10:15 p.m.

Thursday's Games

Atlanta at Toronto, late
Colorado at Houston, late
Baltimore at Washington, late
Pittsburgh at Detroit, late
Cleveland at Cincinnati, late
Miami at Tampa Bay, late
N.Y. Yankees at N.Y. Mets, late
Philadelphia at Boston, late
Chicago Cubs at Chi. White Sox, late
Minnesota at Milwaukee, late
St. Louis at Kansas City, late
San Francisco at Oakland, late
L.A. Angels at L.A. Dodgers, late
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Seattle (J.Saunders 3-5) at San Diego (Stults 4-4), 10:10 p.m.
Oakland (Milone 4-5) at San Francisco (Lincecum 3-4), 10:15 p.m.

Friday's Games

Atlanta at Toronto, late
Colorado at Houston, late
Baltimore at Washington, late
Pittsburgh at Detroit, late
Cleveland at Cincinnati, late
Miami at Tampa Bay, late
N.Y. Yankees at N.Y. Mets, late
Philadelphia at Boston, late
Chicago Cubs at Chi. White Sox, late
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Seattle (J.Saunders 3-5) at San Diego (Stults 4-4), 10:10 p.m.
Oakland (Milone 4-5) at San Francisco (Lincecum 3-4), 10:15 p.m.

Saturday's Games

Jacksonville 44, Orlando 41
Pittsburgh 55, Cleveland 44
Philadelphia 73, Tampa Bay 55
Arizona 70, Iowa 26
Chicago 84, New Orleans 48
Saturday, June 1
Arizona at Philadelphia, 4:05 p.m.
Pittsburgh at Jacksonville, 7 p.m.
Chicago at Orlando, 7 p.m.
Cleveland at New Orleans, 8 p.m.
Tampa Bay at Iowa, 8:05 p.m.
San Jose at Spokane, 10 p.m.
Monday, June 3
Utah at San Antonio, 8:30 p.m.

Tampa Bay	6	4	0	.600574528
Orlando	2	7	0	.222444537
New Orleans	1	8	0	.111346546

Eastern Division

	W	L	T	Pct	PF	PA
Philadelphia	5	4	0	.56531461		
Pittsburgh	3	6	0	.333345461		
Cleveland	2	7	0	.222407534		

Saturday's Games

Jacksonville 44, Orlando 41
Pittsburgh 55, Cleveland 44
Philadelphia 73, Tampa Bay 55
Arizona 70, Iowa 26
Chicago 84, New Orleans 48
Saturday, June 1
Arizona at Philadelphia, 4:05 p.m.
Pittsburgh at Jacksonville, 7 p.m.
Chicago at Orlando, 7 p.m.
Cleveland at New Orleans, 8 p.m.
Tampa Bay at Iowa, 8:05 p.m.
San Jose at Spokane, 10 p.m.
Monday, June 3
Utah at San Antonio, 8:30 p.m.

Transactions

BASEBALL

American League

CLEVELAND INDIANS—Placed RHP Chris Perez on the 15-day DL. Recalled LHP Nick Hagadone from Columbus (IL).
MINNESOTA TWINS—Recalled C Chris Herrmann from Rochester (IL).
SEATTLE MARINERS—Assigned 2B Dustin Ackley to Tacoma (PCL). Selected the contract of 2B Nick Franklin from Tacoma. Optioned RHP Lucas Luetge to Tacoma. Recalled RHP Hector Noesi from Tacoma.

National League

CHICAGO CUBS—Claimed RHP Alex Burnett off waivers from Baltimore. Placed RHP Kyuji Fujikawa on the 15-day DL.
MIAMI MARLINS—Placed RHP Alex Sanabia on the 15-day DL. Recalled LHP Dan Jennings from New Orleans (PCL).
PITTSBURGH PIRATES—Sent RHP James McDonald to Altoona (EL) for a rehab assignment. Placed OF Jose Tabata on the 15-day DL. Recalled INF Josh Harrison from Indianapolis (IL). Purchased the contract of LHP Mike Zagurski from Indianapolis. Transferred RHP Jeff Karstens from the 15- to the 60-day DL. Optioned RHP Bryan Morris to Indianapolis.
SAN DIEGO PADRES—Reinstated LHP Clayton Richard from the 15-day DL. Optioned LHP Tommy Layne to Tucson (PCL).
ST. LOUIS CARDINALS—Optioned RHP Carlos Martinez to Memphis (PCL). Recalled RHP Victor Marte from Memphis.
WASHINGTON NATIONALS—Placed LHP Ross Detwiler on the 15-day DL, retroactive to May 16. Recalled LHP Xavier Cedeno from Syracuse (IL).

American Association

AMARILLO SOX—Released INF JB Brown, LHP Greg Miller and OF Dan Evtatt.
GRAND PRAIRIE AIR HOGS—Released RHP Drew Gagnier.
KANSAS CITY T-BONES—Released C Brandon Pearl.

Can-Am League

NEW JERSEY JACKALS—Released C Kieran Bradford and OF Jaren Matthews.
QUEBEC CAPITALES—Released RHP Stosh Wawrzasek.
ROCKLAND BOULDERS—Released C Ricky Pacione. Signed RHP Jim Schult.

Frontier League

EVANSVILLE OTTERS—Released RHP Ricky Bowen.
GATEWAY GRIZZLIES—Signed RHP Clayton Hicks.
RIVER CITY RASCALS—Released RHP Cameron Bayne.
SOUTHERN ILLINOIS MINERS—Placed RHP Drew Bailey on the retired list. Released LHP Matt Royal.
WINDY CITY THUNDERBOLTS—Signed INF Michael Torres to a contract extension. Signed LHP Mark Kuzma. Released RHP Jared Christensen.

College

AUBURN—Fired baseball coach John Pawlowski.
MAINE—Named Dennis Gendron ice hockey coach.

SPORTS SNAPSHOTS

Sebring Football car wash

SEBRING – Blue Streak Football will be hosting a car wash and watermelon sale in three area locations Saturday, May 25, from 8 a.m. to 5 p.m.

In south Sebring, car washes and sales will be at the BP station in the Southgate Shopping Center and the Boys and Girls Club.

In north Sebring, they will be set up at the Eye Express.

Watermelon's will be going for \$4 for one, or two for \$6, with donations being accepted for a car wash.

Panther Softball Camp

AVON PARK – The 2013 SFSC Panther Softball Camp will take place Tuesday and Wednesday, May 28-29, from 9 a.m.-1 p.m.each day for players aged 6-18.

Cost of the camp is \$45, with registration and check-in at 8 a.m.

Pre-registration is not necessary and walk-ups are accepted.

The SFSC Panther Camps are designed to provide quality softball instruction, with emphasis on fundamentals and improvement in all areas of the game.

Each day, campers will have the opportunity to improve their skills and softball knowledge with the help of Panther head coach Carlos Falla, assistant coach Heather Barnes and members of the Lady Panther softball team.

To register, go to www.southflorida.edu/athletics/softball and print out the Admissions Application form.

Mail the form as indicated, or bring it to the camp.

For further information, call Coach Falla at the following campus phone numbers at extension 7038 – Avon Park/Sebring, (863) 784-7038; Lake Placid, (863) 465-5300; DeSoto, (863) 494-7500; Hardee, (863) 773-2252.

Coach Falla can also be reached via email at fallac@southflorida.edu.

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NASCAR THIS WEEK

QUESTIONS & ATTITUDE

Compelling questions ... and maybe a few actual answers



Getty Images for NASCAR/RAINIER EHRHARDT
When you hear "Busch had another good race" you may start thinking it's about Kurt again.

When did the bleachers become more dangerous than the cockpits?

It's been a strange evolution, and this season has produced an unwanted milestone. The season started with parts of a car crashing through the fence at Daytona, and now we see an overhead Fox TV cable break at Charlotte — several fans were injured, none seriously. Trouble from the track, trouble from overhead. Don't leave your rear flank unguarded, and keep an eye pointed down below, just in case.

Kurt Busch, a hot commodity?

To hear him tell it, yes. But you never really know. As Kurt suggests in Hot Topics (next door on this page), his overachievements this season — including another near-miss at Charlotte — will pay off with another chance in a top-tier team. He indicates that his phone has been ringing and the opportunity is inevitable. Word of reality here: Drivers have been saying such things since the days when Barney Oldfield would run back from the telegraph station and proclaim, "Got another offer!" But then again, few drivers have had Kurt's potential (both kinds of potential), so this one will be more interesting than most.

Next in the Hall of Fame?

Your guess is as good as anyone's. We told you, if they insist on putting in five each year, it wouldn't be long before it became the "Hall of Good." Let's say it again: There should be a separate showcase room for the true greats.

Ken Willis has been covering NASCAR for The Daytona Beach News-Journal for 27 years. Reach him at ken.willis@news-jrnl.com



FEUD OF THE WEEK



SMITH



FRANCE

Bruton Smith vs. Brian France: Smith hinted at moving a Charlotte race to Las Vegas and France said not so fast.

Godwin Kelly gives his take: "The amazing fact here is that Smith is butting heads with the third generation of the France family."

WHAT'S ON TAP?

SPRINT CUP: FedEx 400 benefiting Autism Speaks 400
SITE: Dover, Del.
SCHEDULE: Friday, practice (Speed, 11 a.m.); qualifying (Speed, 3:15 p.m.). Saturday, practice (Speed, 10 a.m. and 12:50 p.m.). Sunday, race (Fox, coverage begins at 12:30; green flag at 1:15 p.m.)
TRACK: Dover International Speedway (1-mile oval)
RACE DISTANCE: 400 laps, 400 miles

NATIONWIDE: 5-Hour Energy 200
SITE: Dover, Del.
SCHEDULE: Saturday, race (ESPN, 2 p.m.)
TRACK: Dover International Speedway (1-mile oval)
RACE DISTANCE: 200 laps, 200 miles

HOT TOPICS: 3 ISSUES GENERATING A BUZZ

Wood Brothers Racing celebrates 1,400th start

Wood Brothers Racing reached another racing milestone by making its 1,400th NASCAR Sprint Cup Series start in Sunday's Coca-Cola 600 at Charlotte Motor Speedway.

In the connect-the-dots category, team founder Glen Wood made the race team's first series start in a 1953 Lincoln at Martinsville Speedway on May 17, 1953. The Cup Series started in 1949. Fast forward to May 26, 2013 and the No. 21 Ford was back on the track with young Trevor Bayne at the wheel.

The team is now co-owned by Glen Wood's sons, Eddie and Len, who get all sorts of technical help from Roush Fenway Racing and the engineers at Ford Racing. Way back when, Glen drove the car and his brother Leonard was the crew chief and that was pretty much the race team. Glen and Leonard are in the NASCAR Hall of Fame.

"To have that many starts is pretty amazing," Eddie Wood said. "I'm proud to still be here."

Eddie and Len grew up as garage rats and when the time was right, took the business over from their father, who still shows up at the track here and there. Glen was present to watch the No. 21 win the 2011 Daytona 500 with Bayne at the wheel.

"When I was a kid, daddy would leave and late Sunday night he would come back and I was always asking, 'What's he doing?'" Eddie said. "And then before long we started working in the shop and traveling and getting into that same routine and it just became part of our lives and it still is to this day."

Asked about the secret to the team's longevity, Eddie Wood was hard-pressed to find an answer.

"I really don't know," he said. "It's just worked out that way and I guess it's because that's what you want to do,

and that's really what you have to do. You don't really have a choice. I'm too old to change routes in life so far as doing something different because I don't really know a lot about anything other than racing."

Ringling phones for Busch

Kurt Busch indicated his racing comeback strategy is working. If you recall, Busch was dismissed by car owner Roger Penske after cursing at an ESPN reporter after his car made an early exit from the 2011 season finale at Homestead.

He drove most of the 2012 season for James Finch and moved up a notch in 2013 at Furniture Row Racing, which poured more money into its one-car operation to be more competitive. Busch has three Top-10 finishes this season.

"It's been a great year," he said. "It's been a year of opportunities. And when you have the phone ringing like it is, and you're on a one-year deal, you're exploring all types of options."

Pillow talk

Trevor Bayne may have the most unusual sponsor in NASCAR right now. His Nationwide team signed a multi-race deal with a company that makes Pillow Pets. Is it a pillow? Is it a pet? It's Pillow Pet, product geared to children 12 and under.

"I know the kids love it and it's neat for me because we have a lot of young fans in NASCAR and sometimes it's hard for them to connect to what the sponsor is," Bayne said.

SPEED FREAKS

A couple of questions we just had to ask — ourselves



AP/BOB JORDAN

Ricky Stenhouse Jr. caused girlfriend Danica Patrick to wreck Sunday night — guess who picks the movie this week?

Will Danica and Ricky survive the Charlotte bump-and-grind?

GODSPEAK: Even true love has its limits.

KEN'S CALL: How strange that the "third party," Brad Keselowski, was playing the "It's not you/It's me" card?

Is it safe to sit anywhere at a race track these days?

GODSPEAK: I'm thinking the next big thing at race tracks will be underground bunker seats.

KEN'S CALL: What's the world coming to when the infield is the safest place at the track? Either that or a suite. For most, I'm guessing infield.

ONLINE EXTRAS

NI news-journalonline.com/nascar

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Do you have questions or comments about NASCAR This Week? Contact Godwin Kelly at godwin.kelly@news-jrnl.com or Ken Willis at ken.willis@news-jrnl.com

SPRINT CUP POINTS STANDINGS

(after Charlotte, race 13 of 36)

Rank	Driver	Points
1.	Jimmie Johnson	---
2.	Carl Edwards	-32
3.	Matt Kenseth	-51
4.	Clint Bowyer	-60
5.	Kasey Kahne	-75
6.	Dale Earnhardt Jr.	-81
7.	Kevin Harvick	-83
8.	Paul Menard	-98
9.	Martin Truex Jr.	-109
10.	Brad Keselowski	-110
11.	Kyle Busch	-113
12.	Aric Almirola	-117
13.	Greg Biffle	-121
14.	Jamie McMurray	-124
15.	Jeff Gordon	-125
16.	Ryan Newman	-130
17.	Ricky Stenhouse Jr.	-133
18.	Kurt Busch	-141
19.	Joey Logano	-147
20.	Tony Stewart	-154
21.	Jeff Burton	-155
22.	Marcos Ambrose	-176
23.	Juan Montoya	-181
24.	Denny Hamlin	-207
25.	Mark Martin	-209
26.	Casey Mears	-214
27.	David Ragan	-229



Daytona Beach News-Journal/DAVID TUCKER
From left, Len Wood, Eddie Wood, Daytona International Speedway president Joie Chitwood and driver of the no. 21 Woods Brothers Ford, Trevor Bayne talk with fans and the media on Daytona Beach before Speedweeks 2012.

GODWIN'S DOVER PICKS



Godwin Kelly is the Daytona Beach News-Journal's motorsports editor and has covered NASCAR for 30 years. Reach him at godwin.kelly@news-jrnl.com

WINNER: Martin Truex Jr.
REST OF THE TOP FIVE: Brad Keselowski, Jimmie Johnson, Matt Kenseth, Greg Biffle
DARK HORSE: Kurt Busch
FIRST ONE OUT: Michael McDowell

BIGGEST DISAPPOINTMENT: Tony Stewart
DON'T BE SURPRISED IF: Truex gets his second career win at the track that produced his only career win.



WEEKLY DRIVER RANKINGS — BASED ON BEHAVIOR AND PERFORMANCE

1	2	3	4	5	6	7	8	9	10
MATT KENSETH Still looked like best car at Charlotte	JIMMIE JOHNSON Charlotte mojo doesn't survive wrecks	CARL EDWARDS Finishes third at Dover this weekend	KEVIN HARVICK Finally storms back into our rankings	CLINT BOWYER Mr. Fun is also Mr. Steady	KASEY KAHNE Improves one spot, wins Dover	KURT BUSCH Jumper cables aren't that expensive	JUNIOR EARNHARDT Mini-rally derailed at Charlotte	DENNY HAMLIN Playing hurt, playing well	TONY KANAAN Everybody is happy for Tony

CHARLOTTE REWIND

Gordon used Charlotte as a career springboard

When Jeff Gordon first got into the NASCAR Sprint Cup Series, he became known as "Wonder Boy" for achieving so many accomplishments at such a young age.

Twenty years later, Gordon has made more than 700 Cup Series starts on his way to 87 career wins, which puts him third on the all-time list. Gordon says he owes much of his early, early success to Charlotte Motor Speedway, where he became an impact driver rather than a driver impacting the wall.

As a rookie in 1993, Gordon finished second to Dale Earnhardt in the 600 after crashing in several other races leading up to NASCAR's Memorial Day

Weekend marathon run.

"I forgot I ran well in that race," the 41-year-old Gordon says now. "And I'm actually surprised I made it to the end. We must have hit on something that night. Actually, I probably just stopped hitting things."

Charlotte has been the site of several "firsts" for Gordon, including his first pole position (October 1993) and first victory (May 1994). Overall, the four-time Cup Series champion has five wins, eight poles, 16 Top-5s and 21 Top-10 finishes at the 1.5-mile track. But the 600-mile event here is like no other.

"The race starts during the day and the track

changes a lot when the sun goes down," Gordon said. "You have to be ready to stay on top of the adjustments — almost get ahead of them instead of getting behind on them. It's a very long race, and I like long races because it suits my style. But the car has to be right."

TV contract update

NASCAR chairman and CEO Brian France was asked for an update on negotiations for the next television contract. The current contract with ESPN and TNT expires at the end of the 2014 season.

Fox signed an extension earlier this season. ESPN and NBC Sports, which is on the prowl for content, are the primary bidders for the next contract cycle.

"We're getting down to the last bit of it," France said. "There's a lot of interest. That's a very good thing. There's a lot of interest for all premium sports programming, obviously not just us."

"I have said, and my hope is to renew with the incumbents. We were very pleased to have extended Fox already, be part of Fox Sports 1 (now Speed). My hope is to remain where we are. But that's why you have negotiations and discussions. We'll have to see how that plays out."



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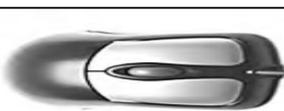


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NEWS-SUN

HHST season continues with home meet, June 8

Continued from B1

13-14 50 Free and Breaststroke and the 100 IM.

He also took second in the 100 Breaststroke.

Gabriella Dion took first in the Girls 15-18 50 Breaststroke, 50 Back and 100 Back while also taking second in the 100 Breaststroke.

Jackie Edgemon won the Boys 13-14 50 Fly, 100 Free and 200 IM, while taking third in the 100 Breast and Zachary Geitner was first in the Boys 11-12 50 Free, 50 Back and 100 IM and took third in the 50 Breast.

Brice Creel, of LPA, won the Girls 11-12 50 Free, 50 Fly and 100 IM while placing third in the 100 Free.

The Hurricanes also had a few wins in the relays as Megan Glisson, Caroline Dion, Mackenzie Moore and Anna Sapp won the 10 and Under Girls 200 Medley relay with a time of 3:24.82.

The HHST relay team of Garrett Kogelschatz, Zach Geitner, Seth Moon and Gavin Glisson won both the



Courtesy photo

Some of the 2013 Highlands Hurricanes. Front row: Seth Moon, Zach Geitner, Clara Simpson, Annie Silva, Gavin Glisson, Megan Bower, Gabriella Dion, Jack Edgemon, Mary Patterson. Second Row: Assistant Coach Megan Wolfe, Assistant Coach Quinlan Wolfe, Griffin Chynoweth, Head Coach Marvin Wolfe, Andrew Brown, Steven New, Lexi Bullard.

11-12 Boys 100 Freestyle relay with a time of 1:16.09 and the 11-12 Boys 100 Medley relay with a time of 1:28.31.

Lexi Bullard, Gabriella Dion, Clara Simpson and Annie Silva won the Senior Girls 200 Freestyle Relay with a time of 2:17.13, while the team of Mary Patterson,

Gabriella Dion, Clara Simpson and Annie Silva won the Senior Girls 200 Medley Relay with a time of 2:27.94.

Finally, the team of Andrew Brown, Jack Edgemon, Griffin Chynoweth and Steven New won both the Senior Boys 200 Freestyle relay with a

time of 1:46.78 and the 200 Medley relay with a time of 1:57.84.

Next on the Highlands Hurricanes Swim Team schedule will be an invitational swim meet they will be hosting Saturday, June 8 at the Highlands County Family YMCA in Sebring.

For information on joining

the Highlands Hurricanes Coach Marvin Wolfe at 863-Swim Team please contact 382-9272.

Wallace centerpiece of Dolphins plans

Continued from B1

those plans is Wallace, the speedster who had more than twice as many touchdowns last season than the entire Dolphins group of receivers combined.

When asked of the potential of Miami's offense – which is expected to include Lamar Miller at running back and Dustin Keller at tight end – Wallace said, "The sky's the limit."

"You can do everything," he added. "Anything you go out there and work for."

Other Wallace musings:

On new teammates Keller and Gibson: "They look a lot better on the field than in our offseason drills. They kind of looked a little slow out there, and then when they get on the field, they're a lot faster than workouts."

On Miami's offensive system: "It's so up-tempo, so fast-paced. You've just got to get used to it. Catch your breath and stay locked in."

On the vibe surrounding the team: "Everybody has a college mentality around here. It's a lot different than where I came from. Everybody's hungry. Everybody wants to get better, get to where we need to be – that's a winning record."

Wallace, 26, is lot like a college kid in one respect:

He's having his mother Sonjia brought in by plane to

help him shop for furniture.

As of Tuesday, all he owned was a bed.

"I just started to move into my place," Wallace said. "I still have a couple of things to

work on."

The same can be said for his new team.

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N.C. top seed for NCAA

By ERIC OLSON

Associated Press
OMAHA, Neb. — North Carolina is the No. 1 seed in the NCAA baseball tournament.

The Division I selection committee on Monday rewarded the Tar Heels (52-8) for a strong body of work that included an exhausting run to the Atlantic Coast Conference tournament championship.

The 64-team tournament opens Friday with 16 four-team, double-elimination regionals.

Best-of-three super regionals will be held next week, with those winners moving to the College World Series in Omaha, Neb.

The other national seeds, in order, are: Vanderbilt, Oregon State, LSU, Cal State Fullerton, Virginia, Florida State and Oregon.

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Clubs & Organizations

Concert to benefit Samaritan's Touch

Special to the News-Sun
LAKE PLACID – Doug Andrews, South Florida State College Performing Arts coordinator, and Faye Shirley, LPN for Samaritan's Touch Care Center, were the guest speakers at the Lake Placid Noon Rotary Club luncheon on May 23.

Andrews spoke to the Rotarians about the performing arts at South Florida State College. There will be a concert at 7:30 p.m. Saturday, June 29 at SFSC in Avon Park. Proceeds will benefit Samaritan's Touch Care Center. The smokin' Bill Joel tribute band from the smash hit Broadway musical, "Movin' Out," will include several members of Billy Joel's own band and is fronted by the incredibly talented

pianist and vocalist Wade Preston, the original 'Piano Man' in the hit musical, hand-selected by Billy Joel himself.

The Movin' Out Band rocks a huge selection of Billy Joel's biggest hits. Tickets range from \$20-\$30.

Andrews also spoke about the benefits of sponsorship. As a sponsor of a performance or series, you will help SFSC keep the arts and culture vibrant in the area while receiving recognition for the gift. Sponsorships start at as little as \$250 and are tax deductible.

To be a sponsor, contact Andrews at 784-7177 or email andrewsd@southflorida.edu.

Shirley spoke about Samaritan's Touch Care



Courtesy photo
C.B. Brewer, ERA Realty and president-elect for the Lake Placid Noon Rotary Club, introduced guests Faye Shirley, LPN, Samaritan's Touch, and Doug Andrews (right), South Florida State College Performing Arts, at the recent meeting of the Lake Placid Noon Rotary Club.

Center in Lake Placid. She is a Licensed Practical Nurse.

Samaritan's Touch is a faith-based charitable health care center offering free primary and specialized medical care to uninsured financially

struggling families in Highlands County.

The Lake Placid office is at 300 W. Interlake Blvd. and can be reached at 659-1137 or by email at wecare@samaritanstouch.org

Hibiscus Garden Club

AVON PARK – The Hibiscus Garden Club met May 9 with Connie Ewell.

President Nina Seibold welcomed members to the 2012-13 final meeting. The first order of business is plans for new year. Members discussed their interest in programs and committed to host a meeting.

The club voted to make a generous contribution to the local Church Service Center to assist the needy of the community.

The program, "Repotting orchids", was given by Ewell.

Orchids require a special pot that allows air circulation and drains freely. Some plants need very coarse bark and others finer medium. The pot and filler should first be soaked in water. Fill the pot by a third, arrange roots carefully and finish filling pot. The plant should rest on top of bark. Use pins to secure it in the pot.

Orchids require little care. Water well, feed it monthly and place it in dapple shade, never in full sun. Ewell answered the questions.

This is the plant exchange meeting. Members are allowed to trade it if they

Snapshots

like.

One member brought a cacti that drew lots of interest. No name yet but we're working on it. It is smooth, tubular and will bloom red or white at one year old.

Members enjoyed delightful refreshments and fellowship and toured Ewells lovely gardens.

Meeting adjourned until September.

Women of the Moose 873

SEBRING – The Women of the Moose Chapter 873, Lodge 2259 at U.S. 98 ended their successful chapter year 2012-2013 by donating to six local charities. \$500 was given to each of the following local organizations, Champions for Children, Sheriff's Canine Corp, New Testament, Ridge Arc, Good Shepard Hospice, and Mothers for TBI.

It is the hope to continue this success in the 2013-14 chapter year. The WOTM would like to thank the members of Lodge 2259 for their support of the fundraisers to make these donations possible.

Elks participate in 'Hometown Sebring'



Courtesy photo
Sebring Elks 1529 participated in the 'Hometown Sebring' produced by Fox News, Channel 13 from Tampa on May 17. The Drug Awareness chairperson, Judy Hanson, set up a table where bags of Drug Awareness information was displayed as well as membership applications and other Elks brochures. Pictured are Trustee Heide Stover (from left), member Darlene Quel, and Trustee George Quel.

Celebrations

Births

Brianna Adhin

Bhojwattie and Narendranauth Adhin of Sebring announce the birth of a daughter, Brianna Mia, at 10:24 a.m. on April 17, 2013 at Florida Hospital Heartland Division, Sebring.

Brianna weighed 7 pounds, 15 ounces and measured 19.5 inches in length.

Henzlie Chavis

Heather Layport and Joshua Chavis of Sebring announce the birth of a daughter, Henzlie Renee, at 10:08 a.m. on May 25, 2013 at Highlands Regional Medical Center, Sebring.

Henzlie weighed 6 pounds, 14 ounces and measured 19.75 inches in length.

Maternal grandparents are Wendy and Jeff Layport.

Paternal grandparents are Wendy and Scott Chavis.

Justin Guerrero

Maria Guerrero and Juan Mariche of Avon Park announce the birth of a son, Justin Noyola, at 1:06 p.m. on May 14, 2013 at Highlands Regional Medical Center, Sebring.

Justin weighed 7 pounds, 8 ounces.

Zion Hernandez

Michele Pintello and Emilio Hernandez of Wauchula announce the birth of a son, Zion Emiliano Prosper, at 7:56 a.m. on April 1, 2013 at Florida Hospital Heartland Division, Sebring.

Zion weighed 8 pounds, 10 ounces and measured 20.5 inches in length.

Maternal grandparents are Carol and Richard Pintello of Jacksonville.

Jace Landers

Courtney Godbold and Robert Landers of Sebring announce the birth of a son, Jace Carlial, at 2:51 p.m. on May 17, 2013 at Highlands Regional Medical Center, Sebring.

Jace weighed 6 pounds and measured 20 inches in length.

Joc'Kevious Moore

Lashawn Dorval of Lake Placid announces the birth of a son, Joc'Kevious Amir, at 6:27 p.m. on May 21, 2013 at Highlands Regional Medical Center, Sebring.

Joc'Kevious weighed 6 pounds, 14 ounces and measured 20 inches.

Edward Palmer

Lisa and Ben Palmer of Sebring announce the birth of a son, Edward Jackson, at 8:17 p.m. on May 14, 2013 at Highlands Regional Medical Center, Sebring.

Edward weighed 8 pounds, 3 ounces and measured 21 inches in length.

Maternal grandparents are Frances John.

Paternal grandparents are Lilli and Robert Palmer.

Ida Santiesteban

Martha L. Velasquez and Hubert Santiesteban of Sebring announce the birth of a daughter, Ida Isabel, at 11:40 p.m. on April 14, 2013 at Florida Hospital Heartland Division, Sebring.

Ida weighed 5 pounds, 6 ounces and measured 19 inches in length.

Maternal grandparents are Maria D. Darrasco of Honduras and German Velasquez of Louisiana.

Paternal grandparents are Ida Machado of Las Tunas and Hector Santiesteban of Cuba.

Our Lady of Grace Church donates to Boys & Girls Club



Photo by Mountain Top

Father Nicholas McLoughlin (center) of Our Lady of Grace Catholic Church in Avon Park presents a \$5,000 check to Woodraun Wright (right) and Wally Randall of the Boys & Girls Club. 'Our Lady of Grace has been so good to our kids,' said Wright.

CLUBS & ORGANIZATIONS GUIDELINES: The News-Sun publishes announcements about clubs and organizations on Wednesdays.

Photos are accepted and are returned when accompanied by a self-addressed stamped envelope. Forms are available at the News-Sun.

The submission deadline is noon Friday to be considered for publication in the following Wednesday's paper.

Submit items to the News-Sun from 8 a.m. to 5 p.m. weekdays; fax to 385-2453; send e-mail to editor@newssun.com; or mail to Lifestyle Editor, News-Sun, 2227 U.S. 27 South, Sebring, FL 33870. For information, call 385-6155, ext. 516.

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Clubs & Organizations



Courtesy photo
Natoy Baker-Robinson (left), BS, HCM, program coordinator and Alixa Gutierrez, community health worker, Heartland Rural Health Network speak to the Lake Placid Noon Rotary Club about diabetes.

Rotary members learn about diabetes

Special to the News-Sun
LAKE PLACID – Natoy Baker-Robinson gave a presentation on diabetes and its diet on May 16 to the Lake Placid Noon Rotary Club along with Alexis Gutierrez.

Baker-Robinson is the program coordinator for the Heartland Rural Health Network. She is also a member of the diabetes master clinician program and community health program. Gutierrez is the community health worker for Heartland Rural Health Network.

Diabetes often goes undiagnosed because many of its symptoms seem so harmless. Recent studies indicate that the early detection of diabetes symptoms and treatment can decrease the chance of developing the complications of diabetes.

Here are some of the most common symptoms:

- Frequent urination
- Unusual thirst
- Extreme hunger
- Unusual weight loss
- Extreme fatigue and Irritability
- Frequent infections
- Blurred vision
- Cuts/bruises that are slow to heal
- Tingling/numbness in the hands/feet
- Recurring skin, gum, or

bladder infections

If you have one or more of these diabetes symptoms, see your doctor right away.

No symptoms? You may still have diabetes.

One of the things to do if you are a diabetic is eating properly. You should eat six meals a day. Breakfast should be a hot breakfast, if at all possible, and it is the most important meal of the day. Limit eating foods that are high in sugar content. The first three to five items listed under ingredients make up 70 percent of the product. Eat smaller portions and spread them out six times through out the day. Eat a variety of fruit and vegetables. Use less salt.

Did you know that if you drink one can of soda it takes you 30 minutes of exercise to burn it off?

If your business, agency or organization is interested in hosting a free interactive fun and educational six week class on healthy nutrition for your staff or clients please contact Baker-Robinson at 452-6530, ext. 301 or email natoy.baker@hrhn.org. The suggested class size is 8-15 participants. Classes are conducted on site and include a healthy snack demonstration at each class.

Palmerton, Stein receive Garden Club of Sebring scholarships

Special to the News-Sun
SEBRING – Once again the Garden Club of Sebring was privileged to present scholarships to local students attending Sebring High School.

Due to the high level of requirements met by the applicants, it was difficult for the scholarship committee to pick just one student. Therefore, the Garden Club awarded a \$500 scholarship each to Megan Stein and Brittany Palmerton. Both of these young ladies are planning to further their education in the field of agriculture.

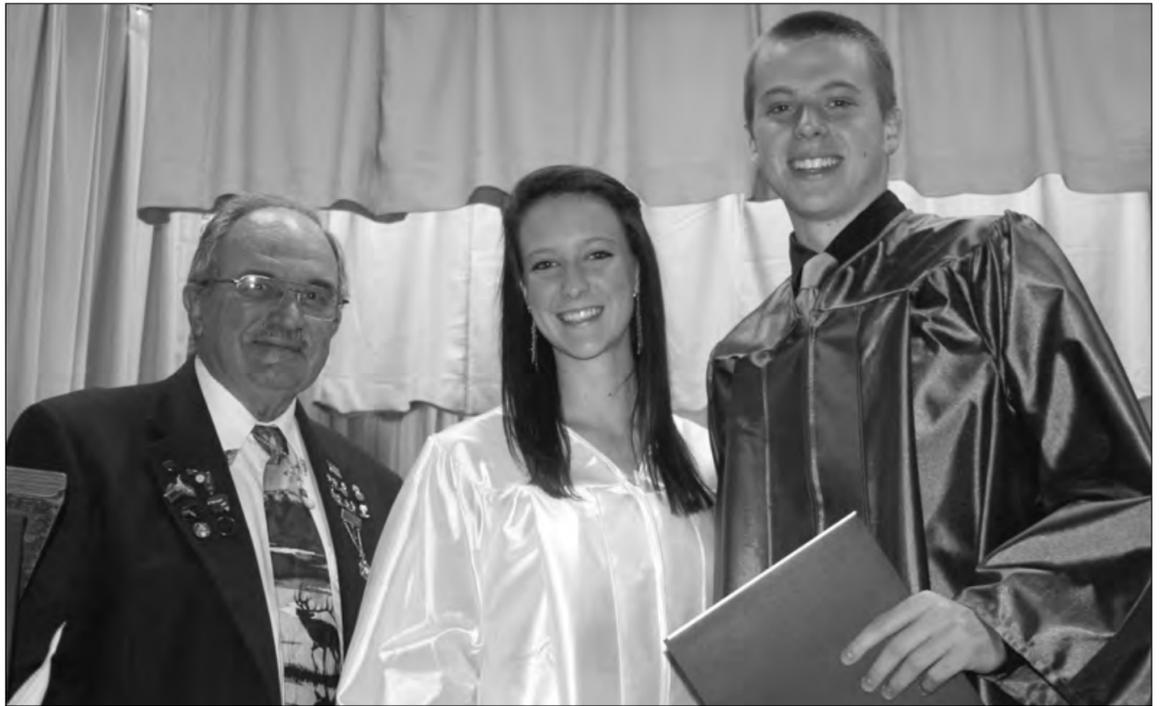
Megan plans to attend University of Florida and will major in Agricultural Communications.

Brittany will attend classes at Abraham Baldwin College in Georgia, transferring to University of Florida after two years. Brittany also plans to major in Agricultural Communications.



Courtesy photo
The Garden Club of Sebring presented one \$500 scholarship to each Megan Stein and Brittany Palmerton (left). Scholarship Committee chairperson Carolyn 'CeCe' Crane (center) introduced the young ladies.

Lake Placid Elks award scholarships



Courtesy photo
Lake Placid Elk's Committee Chairperson Susan Pfister and her committee reviewed the Lake Placid High School applicants for scholarship awards. These applicants were chosen not only for their excellent scholastics but leadership and community service. Bob Moran, PER presents awards to Elisabeth Severance and Jonah Brown.



Courtesy photo
Ruth Harrison (left), treasurer, Chapter 288, joins Ken Thomas, president NARFE Fla Inc., and Jane Lemley, executive vice president NARFE Fla Inc. in celebrating the chapter's 60th anniversary.

Local NARFE chapter celebrates 60th anniversary

Special to the News-Sun
SEBRING – NARFE Chapter 288, Highlands County recently celebrated the 60th anniversary of the forming of Chapter 288. Special guests on hand to help celebrate and bring greetings from Joseph A. Beaudoin, NARFE national president, and Regional III Vice President Donald Stewart were Ken and Arleta Thomas, president NARFE Fla. Inc., and Jane and Robert Lemley, executive vice presi-

dent, NARFE Fla. Inc. National Active and Retired Federal Employees works to support these people. The local chapter meets the third Tuesday of each month at 11 a.m. at Homer's for lunch with the meeting and speaker at noon. (September through May). Local officers are L.R. Dabe, president, (382-91447); Patrick Hogan and Thomas Singletary, vice presidents; Marge Eagan, secretary; and Ruth Harrison, treasurer.

New Elks



Courtesy photo
Lake Placid Elks Lodge welcomes new members John Pianowski, John Corcoran, Raymond Tobias and Cary Harwood.

Lady Elk of the Month



Courtesy photo
Lady Elk of the Month goes to a woman that always has a smile and a very pleasant attitude. Kip Dixon has helped with the Strawberry Short Cake Book. She works the Monday night hamburgers and the Friday night fish fry. Dixon came in as a new member and saw a problem that needed solving so she started the 'volunteer hotline'. This is a program where a chair-lady can call her and together they can find a volunteer for her specific activity.

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Courtesy photo
Ridge Area Arc consumer Ricky Marino gets behind the wheel of the golf cart to demonstrate his driving skills on May 22 while Arc staff member Chris Perkins provides instructions. Marino's love for NASCAR drove him to want to learn how to drive.

Arc graduates first class from Golf Cart Program

Special to the News-Sun

AVON PARK – After one year of training in Ridge Area Arc's Golf Cart Program, 60 graduates received certificates on May 22 during its first graduation ceremony on the main campus.

The Golf Cart Program kicked off in February 2012 with 39 adult students with intellectual disabilities enrolled for their first driving experience. It grew to 60 students rapidly once everyone witnessed how easy it was for people with disabilities to participate. Students range in ages from 20 to 77.

The graduation ceremony was designed to honor those students for their accomplishments this past year, but it was also set up for families and caregivers to see them in action. The students put on a demonstration of their driving skills prior to the formal graduation ceremony.

Andrea Willingham, of Sebring, recently joined the driving program and her mom Jill was present during the ceremony. She expressed her appreciation for the hard work the staff was doing to help her daughter to become independent.

"I just wanted to thank you so much for a very special day at the Golf Cart demonstration and awards. I came back smiling for the happy faces and accomplishments that you helped each one achieve," Willingham said.

Jeffrey and Lisa Crews' father John drove all the way from Fort Meade to witness his children participating in the program. "The graduation event was phenomenal and it was thoughtful that every aspect of inclusion was covered even for those who just wanted to ride," John Crews said.

It was one consumer's desire to learn how to drive that pushed the agency to pursue an opportunity to offer a driving program on the campus. Angie Luft, of Avon Park, continuously told staff that she wanted to learn how to drive. She lives independently in her own apartment and wants to be able to go places on her own.

"I want to be able to see my family in Homestead and go out and do things on my own like shopping at the mall," Luft said. "The Golf Cart Program has helped me to learn how to get my driver's license. It's been fun."

A few individuals with

disabilities have successfully received their driver's license and they serve as good role models for these students.

This unique program was developed at Ridge Area Arc after SpringLake Golf Course in Sebring made a donation of the golf cart that was equipped like a car. It came with seat belts, lights, turn signal, mirrors, etc. Students were able to drive the golf cart around a wide open track on the main campus. The golf cart doesn't go over 25 miles per hour.

After getting comfortable with the basic fundamentals of driving, a road course was designed on the track for some of the more advanced students. The road course was complete with lines, signs and parking spots.

There are four phases of the Golf Cart Program. There are students who just wanted to ride in the golf cart while staff drove. This level was appropriate for individuals with severe to moderate learning disabilities. For those wishing to learn to drive, there are three levels – Staying On The Road, Beginners and Advanced. All three require a staff member to ride along.

The Staying On The Road students mostly focus on keeping the golf cart on the track and learning to use the gas and brake appropriately. Beginners took it a step further by learning how to pass a vehicle, railroad crossings, pedestrian crosswalks, signs and staying in their lane.

Advanced drivers did the same as beginners but learned techniques similar to driving a car such as backing up, vertical parking, three-point turnaround, U-turns and even parallel parking.

Students learned much more than driving. They learned to also respect others who are driving, focus on an activity and proper safety in a vehicle. Even if they may choose to not drive a vehicle, the program teaches them how to drive equipment such as a riding lawnmower which could help them in employment opportunities.

"I love NASCAR," Golf Cart graduate Ricky Marino said. "I want to learn how to drive like my favorite driver Dale Jr." Marino is on the road to learning especially after he scored 92 out of 100, which put him in the top 10 of his class.

Road tests were developed to be similar to the checklist that they would have if they went to take their driver's test for a vehicle. Those tests were administered on May 14-15. They had to score 75 percent to pass.

The advanced level test had 100 points on the test and two students scored 99. Katie Gibson and Austin DelGrosso, both students in the Highlands County School District who receive vocational training at Ridge Area Arc. Gibson chose to write a speech to address her fellow students at the graduation ceremony.

"For the past few weeks, we have been coming together to learn golf cart driving skills. There have been many different things we have learned in these past few weeks that will help us become better drivers in the years to come," Gibson said during her speech. "Some of those awesome things are learning how to read street signs, putting on the brakes, using our hand signals, and how much fun it can be to come together with friends to learn new skills that will help us in the future."

She further addressed her fellow graduates by saying, "These last few weeks have taught me many valuable lessons. One of the lessons I have learned is how to stick to a single task. Another lesson I have learned is how hard it can be to achieve goals that can help us become more independent in the coming years. How do you think the past few weeks in training will help you in the years to come?"

The top beginner students were Leon Gordon of Lake Placid and Carlita Hawkins of Avon Park, who both scored 42 out of 47 possible points on their final test. In the Stay On The Road level, Joshua Croston of Avon Park scored 20 out of 27 to become the top beginner in his class. Each of the top students received a plaque.

Only a few of the students will advance to the next level of studying the Rules of the Road book to focus on obtaining their Learner's Permit to become drivers. Others will move up to different levels of learning. Although not everyone passed the course, they will continue practicing their skills so they can retake the test next year. New students have already begun to enroll.

Friends & Neighbors

Placid Lakes Party Line

By Susie Lee

We're starting Christmas collecting already for the youngsters in Lake Placid. Bonnie Bailey has already started the PJ collection for the kids, and is looking for new PJ's any size from infant to 11 years old. They will be turned over to Manna Ministries for distribution.

The Fourth of July Dinner Cruise, sponsored by Placid Lakes Social Circle, will leave by a chartered bus from Town Hall on Placid Lakes Boulard at 1 p.m. A "brown bag lunch" is included from noon to 1 p.m. A meeting will be held on June 11 at Coz Bowling on U.S. 27. Itineraries, "boarding passes" will be issued. All reservations must be paid in full by June 18. Call 699-6331, 699-0886 or 699-0245 for information.

The "Kingbirds" said goodbye this week, and took along their new families. We're not sure, but it looked like they were cleaning the apartment before they left. Speaks well for the bird-world; humans take note.

Continuing through the summer: Bridge on Tuesday and every other Thursday, Line Dancing on Wednesdays only, Crochet Club on Friday. The office at town hall will be closed the month of July.

Tropical Harbor Estates

By Arlene Clouston

What an honor! Brnda Knoche became the recipient of the 2013 Community Leadership in Aging

Services Award in the service category. The award was presented to her by Ingra Gardner, executive director of Nu-Hope Elder Care Services Inc. Brenda was selected for this award due to her years of community service. We Nu-Hope ladies know how dedicated she is to our Wednesday afternoon sewing group and our Sunday afternoon Matinee Movie. This award was presented to Brenda Knoche at the Community Leadership in Aging Services Gala and Awards Dinner on Friday, May 17 at the Island View Restaurant of Sun 'N Lakes in Sebring. Congratulations!

Monday morning coffee was made and hosted by Derek and Marysue Willeke. They served raised and frosted doughnuts in honor of their 53rd wedding anniversary. Peggy Sue Teague was the emcee. She called on Jodi Susco, our manager, for her comments on the park. Jodi always ends her comments by wishing everyone a great week.

Our sunshine person, Carol Noel, told that two people have been hospitalized – Kendall Kilbride and Louise Howard. We wish you will. Peggy Sue read the birthdays and anniversaries for the week. No birthday people were present but the couples present for their anniversary were Luann and James Steffen and Derek and Marysue Willeke so we sang to them with Marilyn Cromers accompaniment on the piano.

Have you read your Tropical Estates Tropical Topics, May issue from cover to cover? Did you read the Tropical Harbor Hurricane/Neighborhood Watch article? Do you know

who your zone captain is? Any suspicious activity going on in the park, day or night, call the non-emergency number, 402-7200. Be informed.

Today is Wednesday, which means that Mike from McCracken Farms is set up at the laundry with fresh vegetable and fruits for sale from 10 a.m. to noon. Try the produce; you'll be glad that you did and the canned things look very good too.

The first activity in the month of June is the Men's Pancake Breakfast on June 1. June 1 is also the first day of the Hurricane Season 2013. Good luck to everyone.

Lakies Coffee is every Tuesday morning at 9:30. All ladies are welcome. Our meetings are informal but informative. The coffee for May 21 was made by Marilyn Cromer and she also led the meeting. We discussed the activities for June. However, the pool party takes place every Thursday at 5 p.m. in the screen room, so bring a snack and drink, have a swim and join the fun.

The ladies had a most delightful luncheon at the Garden Cafe at McLane's Country Garden in Sebring. The hostesses were Marysue Willeke and Carol Noel. Our waitress was so personable and the food was tasty. We also enjoyed walking the paths around the flowers.

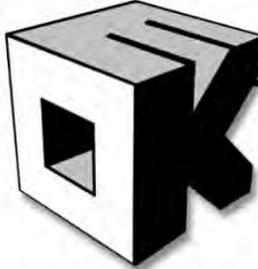
The men, the Mustangs, went to the Caddy Shack Bar and Grill in Sebring. Derek Willeke made the arrangements. I'm sure that the men enjoyed the food and the conversation.

"To help someone in need is the surest way to touch God's hand."

Preparing for Scrub Jay Watch



Courtesy photo
Volunteer Ridge Rangers prepare habitat at Highlands Hammock State Park for the rare scrub jays and two scrub jays at Avon Park Bombing Range. Highlands County training for Volunteer Jay Watch Citizen Scientists will be held June 5 at Flamingo Villas for monitoring the rare scrub jay. Contact Jay Watch Coordinator Marianne Korosy with Audobon at (727) 742-1683, or email mkorosy@audobon.org for information.



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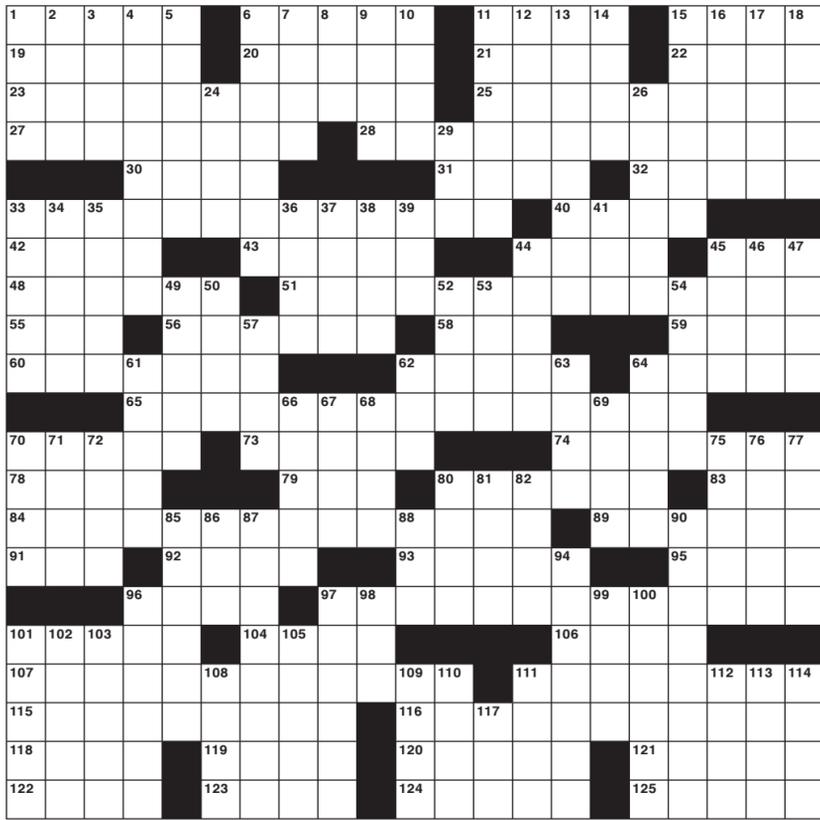
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Diversions/Puzzles

BEFITTING

By JEAN O'CONOR



Solution on page B7

ACROSS

- 1 Canine woe
- 6 Decorates nicely
- 11 Actress Hayworth
- 15 Evian Championship org.
- 19 Fundamental truth
- 20 "Coffee ___?"
- 21 Give ___ (yank)
- 22 Some bookmarks, for short
- 23 Ana Ivanovic and Novak Djokovic?
- 25 Hyperbolically large
- 27 Like steppes
- 28 Tour guide's comment at the primate house?
- 30 Done, in Verdun
- 31 Twiggy's look in '60s fashion
- 32 Wintry temps
- 33 Sign for tourists visiting the Bolshoi?
- 40 Construction support
- 42 Swimming pool shade
- 43 M.I.T.'s ___ School of Management
- 44 Operator
- 45 Cry before "Open up!"
- 48 Yak
- 51 Tropical paradise for Barbie and Ken?
- 55 '60s White House name
- 56 Smear
- 58 The Indians, on scoreboards
- 59 Dickens's Uriah ___
- 60 Common potluck dish
- 62 On the button
- 64 Pops
- 65 Let Justin take care of everything?
- 70 Hands out hands
- 73 Some horns
- 74 Like Nasser's vision
- 78 Prefix with phobia
- 79 Vientiane native
- 80 Response to "Look over there!"
- 83 What often follows you
- 84 Passed security at the troubadours' convention?
- 89 Like "South Park" vis-à-vis "The Simpsons"
- 91 Mortar trough
- 92 NASA spacewalks, in brief
- 93 One of three Canadian aboriginal groups

DOWN

- 95 German article
- 96 Detroit pioneer
- 97 Prepare to go canoeing?
- 101 Place for a massage
- 104 Ghostbuster Spengler
- 106 Seniors' org.
- 107 Stadium binge?
- 111 Displayed an "Oh, my God" reaction
- 115 Judge
- 116 Fortunetellers' protest demand?
- 118 Fields
- 119 Banned orchard spray
- 120 Close call
- 121 Sweet, once
- 122 Wood strip
- 123 Lunch counter orders
- 124 Something hilarious
- 125 ___ Park

- 44 Early development centers
- 45 Ran
- 46 Ran
- 47 Children's game with letters
- 49 Noses
- 50 Soap actress Sofer
- 52 ___ Rios, Jamaica
- 53 Workout target
- 54 "BUTTERFIELD 8" novelist
- 57 Kind of bean
- 61 Let happen
- 62 Urban grid: Abbr.
- 63 José, to friends
- 64 AI ___
- 66 Greek name for Greece
- 67 Font option: Abbr.
- 68 Plane, e.g.
- 69 Something it's against the law to jump
- 70 Little bit
- 71 Imitate
- 72 Longtime Yankee nickname
- 75 It has buttons but no buttonholes
- 76 Big concert site
- 77 Top of the military?
- 80 Logical beginning?
- 81 In ___ (archaeologist's phrase)
- 82 Cut a column, say
- 85 Fish trap
- 86 Rental item
- 87 Game of tag?
- 88 Gal., e.g.
- 90 Google hit units
- 94 Up-and-coming actress
- 96 Getting up there
- 97 Doomed ones
- 98 Wrap up
- 99 Locks
- 100 Royal robe trim
- 101 Definitely will
- 102 Chick of jazz
- 103 Up, in 87-Down
- 105 Suggest
- 108 Take in a hurry
- 109 She, in Salerno
- 110 Laughable
- 111 Taverna offering
- 112 Converse
- 113 Suffix with luncheon
- 114 British mil. decorations
- 117 Chinese steamed bun

When school's out for summer, start teaching about food

Pop quiz: How do you get kids to eat just about anything?

Answer: You get them involved in the kitchen.

There's no surefire guarantee that your kids will eat something they have had a hand in preparing, but it absolutely increases the odds of them trying and liking a dish.

Get your kids right in there helping in the entire meal preparation process, right from meal planning to the clean up. Cooking is an essential life skill and it's never too early to get the children at the kitchen counter next to you. You'll be surprised at how helpful they can be once they get a hang of things! And with summer break around the corner, dinner time is about to get a lot more casual and a lot less rushed making it the perfect time to get those kids in the kitchen.

Here are some ways you can get your kids cooking this summer:

Get planting

Give your children a good clear understanding of how much it takes to get food onto their plates by growing some fruits and vegetables together. Let the kids pick out a packet of organic seeds and involve them through each and every step from the soaking of the seeds to the transplanting the seedlings into a larger container. Show them how much responsibility is required to get those peas onto the plate. This will give them a new respect for the food that they see in the market and on the dinner table.

Harvest together

If you have a food garden, get the kids out there with you pulling the weeds and harvesting the crop. Show them how wonderful it is to snip your salad greens from the earth rather than taking them out of a plastic bag in the fridge. Let them experience the joy of pulling a carrot from the dirt and rinsing it under the garden hose before gobbling it up. Teaching your children where food comes from is one of the most valuable lessons you can teach them.

Ask for input

When you sit down to plan your menu for the week, ask everyone in your family what meal they would like to include. If



Metro
Getting kids involved in making dinner is a good way to teach them about food.



Dinner Diva

Leanne Ely

your 5-year-old suggests hamburgers, ask her what toppings you should have and what side dishes you should serve. If your teenager says they want that casserole they recently learned how to make, ask him what ingredients he needs and that you'll pick them up so he can make it again. Everyone can't have their way all of the time, but we all like to feel like we have some say in what goes on in our home 'empower those little ones to make some of the decisions!

Take them shopping

When your kids are off for the summer, you may have to bring them with you to do the grocery shopping more often and that is wonderful. Use it as a learning opportunity. Let your 5-year-old pick out the toppings that will go on those burgers she wants.

Tell her why you're buying the local, grass-fed beef to make them with. Show the children the nutritional labels of the products you buy and the products you don't, so they can get familiar with how to make better choices. Explain why you choose the organic celery over the non-organic celery

even though it costs more. Let the kids take turns choosing a new fruit or vegetable to try that week. Kids are little sponges and they are 'eating' all of this up!

Get help with the putting away

Tell your child why you're asking them to put the celery in the crisper drawer. Talk a little bit about the vitamins and nutrients that are in that kale as you put it away. Explain that the tomatoes are going on the window sill so that they'll ripen a little faster. So many opportunities for teaching in the kitchen!

Get them prepping

The 5-year-old who wants the burgers? Get those little hands washed up and have her help you mix the meat and form it into patties. Buy safety knives for your older children and let them chop the veggies for the evening salad.

Have them thread the meat and veggies onto skewers for the BBQ and explain why they should put the veggies and meats on separate skewers if they want them to cook evenly.

Make your kids feel welcome in the kitchen

It's okay to shoe them out every now and then when you're trying to get something done, but more often than not, let them make a mess as they learn something new, and have them help you clean it up afterwards!

Learn how to cook great and save significant money with the *Dinner Diva's menus, recipes and shopping lists at www.savingindinner.com.*

Confused teen regrets having sex with boyfriend

Dear Abby: I'm a 14-year-old girl who recently had sex with my boyfriend. It was the first time for both of us. A week and a half later, we had a big fight.

Another problem is I am having a lot of feelings for his best friend, and he has feelings for me, too. I don't want to tell my boyfriend because I love him and don't want to lose him. I also don't want to ruin his friendship with the other guy.

My boyfriend wants to have sex again, but I don't. I wish I could take it back. What can I do?

— *Lost and Confused*

Dear Lost: Because you had sex once does not mean you are compelled to do it again. Feeling as you do about the best friend is a strong sign that as much as you care for your boyfriend, you are not in love with him.

If you are being pressured to have sex, it's important for YOUR sake that you tell your boyfriend you feel it happened too soon, you're sorry you did it, and you have decided to wait until you are older to start again. It would be an intelligent move for you because your affections appear to be all over the map right now.



Dear Abby

girl CAN get pregnant the first time.) In fact, there's a word for teens who have sex on the spur of the moment and don't use birth control: It's PARENTS.

Dear Abby: My friend is a compulsive talker. "Chatty Cathy" draws detailed descriptions of people I don't know and don't care about and lingers over past and current tribulations. I tolerate her behavior because she's a kind person, but she is oblivious to how much she dominates a conversation. It's like something compels her to fill every silence with monologue.

Her personal and work relationships suffer because of it.

It's hard for her to hold a job, and she often becomes upset over this co-worker's or that family member's

I am also concerned because you didn't mention whether you both used birth control. It's a sign of maturity when couples plan ahead and take precautions to avoid an unwanted pregnancy. (And yes, a

behavior. It is always the other person's failure, yet she is always in the center of the commotion.

She has had a tough life, partly of her own making. If I try to send subtle cues of uninterest, she doesn't pick up on them and keeps talking and talking. I feel sorry for her.

Is there anything I can do to help her, without seeming critical?

— *Exhausted Listener in Hawaii*

Dear Exhausted: Not knowing your friend, I can only guess what drives her to talk compulsively. Some people do it because they feel the need to prove to others how smart they are. Others do it out of nervousness or insecurity because they are uncomfortable with silence — even if it is a momentary pause in conversation.

Because her behavior has had a negative impact on her employability, the next time she mentions problems at work, it would be a kindness to suggest to her that, because it's happening repeatedly, she discuss it with a psychologist. That's not hurtful; it's helpful.

Write Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

SUDOKU

1			3	7				
			5	9		4	1	
3	7		1				4	
			8				9	
					3	9		6
			3	5		2		7
			9					
							7	5
	8			4		2		

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

1	2	3	4	5	6	7	8	9
4	3	1	2	7	8	7	8	7
4	4	4	4	4	4	4	4	4
8	1	3	5	6	5	9	1	3
6	7	2	1	8	7	2	3	3
3	7	2	1	8	7	2	3	3
4	9	4	9	4	9	4	9	4
8	6	5	6	5	6	5	6	5
1	9	4	3	7	6	8	5	2

ANSWER:

What's Cooking



Chef's Corner

Tim Spain

Serve up some short ribs

Hope your holiday weekend was fun. I had a great time on the links with my golfing buddies. Today we are back at work planning for our remodel of the Sebring campus café. It's almost like Christmas in May for a chef because we keep receiving small wares and equipment we will be using after the remodel is complete.

I am looking forward to all the new stations that will be in the café, like the panini station and the themed salad station. We also will be offering made-to-order items from the grill as well as two different vegetarian entrees daily.

The new menu is designed with the creation health ideas behind it, so there is something for everyone. You could come it and have anything from a slice of pizza to house-made zucchini cakes with feta cheese and red quinoa. Of course, we will still have old favorites like fried chicken and pot roast.

The cafes in Lake Placid and Wauchula campuses are back open and ready to fill some bellies, so stop by and check out what they have to choose from. In Wauchula, go see Marie and C.J. and I'm sure they can make you something good. In Lake Placid, go see what Brian and Phyllis have going on in their café.

This week, I have a short rib recipe for you. It has a few steps to it, however it is worth the time and effort it takes to make this dish. If done right, short ribs can be an outstanding meal. It my eyes the best cooks are the ones who and prepare dishes like this. Cheers, Chef.

Short ribs

- 14-1/2 ounce Beef, Short ribs
- 1/8 tsp. Salt, Kosher
- 1/8 tsp. Spice, Pepper, Black, Cracked
- 3/8 each Onions, Yellow, Fresh, Quartered
- 3/4 ounce Carrots, Fresh, Diced, 3/4"
- 3/4 each Garlic Cloves, Peeled, Fresh
- 3/8 cup Sauce, Tomato, Canned
- 2-7/8 tbs. Sauce, Barbecue
- 1/2 tsp. Base, Beef
- 1/2 cup Water, Cold

1. Preheat an oven to 425 degrees. Sprinkle ribs with salt and pepper. Place on sheet pan. Roast in oven for 20 minutes or until browned.

2. Remove from oven. Reduce oven temperature to 325 degrees. Save pan to remove pan drippings.

3. Add onions, garlic and carrot to a braising pan and place over medium heat.

4. Mix the water and beef base. Pour over sheet pan (that the beef was on) to remove the pan drippings from the pan. Scrape bits into braising pan.

5. Add tomato sauce, barbecue sauce, with the onion, garlic and carrots. Then place the shorts in the mixture. Place in oven for about 45 minutes or until fork tender.

6. Once at desired tenderness, remove and let rest for about five minutes. While meat is resting, strain braising liquid into a small pot and reduce until reduced by half. Internal temperature must reach 155 degrees.

Serve with reduced liquid drizzled over the meat.

Tim Spain is System Executive Chef with Florida Hospital Heartland Medical Center and Morrison Healthcare Food Service. He can be reached at tim.spain@ahss.org/. Guest columns are the opinion of the writer, not necessarily those of the News-Sun staff.



TIME TO DINE Al Fresco!

Bean & Vegetable Salad and Beef & Horseradish Wraps

FAMILY FEATURES

Warm weather is welcome for a variety of reasons, but for many of us it signals the season for dining al fresco. Whether stepping out back onto a porch or patio, or planning a picnic at the beach or park, the food is the star.

These recipes showcase exciting flavors and easy preparation. One way to liven up outdoor menus is with unexpected ingredients, such as pickled beets. They add flavor, color and nutrition to a variety of dishes. Aunt Nellie's line of pickled beets tastes homemade — only the peeling and pickling are done for you. Just open the jar and you're on your way to fabulous appetizers, main dish wraps and, even, dessert. For a colorful vegetable side, a can of READ 3 or 4 Bean Salad is the perfect base. Just add fresh vegetables cut into thin strips and toss with a quick dressing. Dine al fresco — cheers to fresh air and fabulous food.

For more delicious recipes made with Aunt Nellie's products, visit www.AuntNellies.com. Additional ideas for READ salads can be found at www.ReadSalads.com.

Herbed Eggplant & Beet Dip

Makes 8 servings (approx. 1/4 cup each)
Preparation Time: 30 minutes
Cook Time: 15 minutes

- 1 jar (16 ounces) Aunt Nellie's Sliced Pickled Beets, drained
- 2 tablespoons olive or canola oil
- 1 medium eggplant (about 1 pound), cut into 1-inch pieces
- 1 cup chopped onion
- 3 cloves garlic, sliced
- Salt
- Coarse ground black pepper
- 1/2 cup plain nonfat yogurt (Greek or traditional), optional
- 1/4 cup thinly sliced fresh basil
- 1 to 2 teaspoons chopped fresh thyme leaves
- Pita chips, fresh vegetables

Coarsely chop beets.

In large nonstick skillet heat oil over medium heat until hot. Add eggplant, onion and garlic; cook 15 minutes or until vegetables are tender, stirring frequently. Add water, 1 tablespoon at a time, if mixture seems too dry or begins to stick. Salt and pepper, as desired.

Place eggplant mixture in bowl of food processor; process until mixture is chopped and combined. Measure out 1/2 cup chopped beets; set aside. Add remaining chopped beets to eggplant mixture. Process until dip is desired consistency.

Transfer dip to serving bowl. Stir in yogurt, if desired. Stir in herbs and reserved 1/2 cup chopped beets just before serving. Serve with pita chips and vegetables for dipping. If not served immediately, cover and refrigerate up to 6 hours. Allow to stand about 15 minutes before serving if chilled.

Spicy Beet, Fruit & Nut Bars

Makes 28 bars
Preparation Time: 25 minutes
Bake Time: 20 minutes

- 1 jar (15.5 ounces) Aunt Nellie's Harvard Beets
- 1 package (15.25 ounces) spice cake mix
- 1 cup packed light brown sugar
- 1/4 cup canola or vegetable oil
- 1 large egg
- 1 cup dried mixed fruits, chopped if necessary
- 1/2 cup chopped walnuts, pecans or almonds (or a combination), toasted
- Confectioners' sugar

Preheat oven to 350°F. Drain beets. Puree beets in food processor or blender until smooth; set aside. Line 15 x 10 x 1-inch baking pan with aluminum foil. Spray lightly with nonstick cooking spray.

Place cake mix in large bowl. Add pureed beets, brown sugar, oil and egg. Beat on low speed of electric mixer 2 minutes or until completely combined, scraping bowl as necessary. Stir in fruits and nuts.

Spread dough evenly in prepared pan. Bake 20 minutes or until pick inserted in center comes out clean. Cool completely. Sprinkle with confectioners' sugar. Cut into bars.

Beef & Horseradish Wraps

Makes 4 servings
Preparation Time: 30 minutes

- 1 jar (16 ounces) Aunt Nellie's Sliced Pickled Beets
- 1/2 cup shredded carrots
- 1 tablespoon prepared horseradish
- 1/2 cup spreadable cheese (such as goat cheese or herb/garlic soft cheese)
- 2 large soft flour tortillas (about 10- to 12-inch diameter)
- 10 green onions (green part only)
- 10 thin slices deli roast beef

Drain beets; chop. Discard beet liquid. In medium bowl, combine beets, carrots and horseradish.

Spread 1/4 cup cheese evenly over each tortilla, leaving 1-inch border. Arrange 5 green onions (do not chop) on each; press lightly into cheese. Place 5 slices beef on each tortilla covering green onions, then sprinkle beet mixture evenly over beef.

Roll up in parallel direction of the green onions. Wrap each roll tightly in plastic wrap. Refrigerate up to 4 hours.

To serve, remove plastic wrap; cut each tortilla into 2 pieces.



Baby Beets & Olives

Baby Beets & Olives

Makes 6 servings
Preparation Time: 15 minutes

- 1 16-ounce jar Aunt Nellie's Whole Baby Pickled Beets, drained
- 3/4 cup assorted pitted olives
- 1 to 2 tablespoons orange zest
- 1 clove garlic, minced
- 1/2 teaspoon cracked black pepper

Combine all ingredients in medium bowl. Serve at room temperature or chilled.

Bean & Vegetable Salad

Makes 4 servings
Preparation Time: 30 minutes

- 1 can (15 ounces) READ 3 or 4 Bean Salad
- 2 cups vegetables, cut into thin strips*
- 1/4 cup very thinly sliced red onion, optional
- Cracked black pepper
- Chopped parsley, optional

Dressing:

- 2 tablespoons reserved bean salad liquid
- 1 tablespoon apple cider or wine vinegar
- 1 tablespoon olive oil
- 1 large clove garlic, minced

Drain bean salad; reserve 2 tablespoons liquid.

For dressing, combine reserved bean salad liquid, vinegar, oil and garlic. Whisk until combined.

In large bowl, toss together drained bean salad, vegetables and onion, if desired. Toss with dressing. Season with black pepper and stir in chopped parsley, if desired. Serve at room temperature or chilled.

*Cut vegetables into thin strips about 2 x 1/4 inch. Vegetables can be one or a combination of: carrot, celery, bell pepper, cucumber, zucchini, yellow squash, or other favorite vegetable.

Smoked Salmon & Beet Wraps

Makes 4 servings
Preparation Time: 30 minutes

- 1 jar (16 ounces) Aunt Nellie's Sliced Pickled Beets
- 2 tablespoons finely chopped red onion
- 1 to 2 tablespoons capers
- 1 to 2 teaspoons lemon zest
- 1/2 cup spreadable chive cream cheese
- 2 large soft flour tortillas (10- to 12-inch diameter)
- 8 slices smoked salmon
- 1/2 cup baby spinach leaves

Drain beets; chop. Discard beet liquid. In medium bowl, combine beets, onion, capers and lemon zest.

Spread 1/4 cup cream cheese evenly over each tortilla, leaving 1-inch border. Place 4 salmon slices over cream cheese; press lightly. Top each with spinach. Sprinkle beet mixture evenly over spinach.

Roll up. Wrap each roll tightly in plastic wrap. Refrigerate up to 4 hours.

To serve, remove plastic wrap; cut each tortilla into 2 pieces.



Herbed Eggplant & Beet Dip



Spicy Beet, Fruit & Nut Bars