

NEWS-SUN

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Friday's Scores

Dunbar 44
 Avon Park 0
 Lake Placid . . . 16
 LaBelle 14
 Bartow 24
 Sebring 7



DETAILS IN SPORTS, 1B



FRIGHTFUL FILMS

PAGE 14B



He paved the way

Former CCC worker makes return to Highlands Hammock

PAGE 2A

Sunday, October 28, 2012

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Volume 93/Number 133 | 75 cents

Forecast



Sunny, breezy and cooler

High **80** Low **56**

Complete Forecast PAGE 14A

Online



Question:

Will you take part in early voting?



Total votes: 92

Next question: Are you still undecided about your vote for president?

Make your voice heard at www.newssun.com

Obituaries

Johnny Barnes

Age 72, of Avon Park

William Ebert Cribbs

Age 92, of Sebring

Janet Ellen Laidlaw

of Nashville

Obituaries, Page 5A

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Early voting under way in three locations

By BARRY FOSTER

News-Sun correspondent

SEBRING — It rolls around once every four years and the presidential elections are a very busy time at the Highlands County Supervisor of Elections office. This year's cycle might be the busiest yet during the career of outgoing elections supervisor Joe Campbell. He has predicted 70 percent of the

voters will cast their ballots locally.

"That's about what it runs," he said. "In 2008 people were predicting 90 percent turn out — but it turned out to be 68.8 percent."

Campbell said this year may be a bit higher — based on the fact that 9,800 absentee ballots went out in 2008



but as of Friday, his office already had processed more than 10,000 requests.

The absentee requests

started at the beginning of October with the overseas ballots being mailed out first. The pace has picked up rapidly with some 250-300 requests coming in each day as of last week.

"Of course the phones never stop ringing," he said.

Requests by mail will come to an end this coming Wednesday. Beginning

Thursday, voters will be able to come in and pick up absentee ballots for those that need them.

"Not just anybody can get them; they will need to bring a note from the person requesting the ballot and they will have to show us their identification before we can hand them a ballot,"

See EARLY, page 8A

A 100th birthday card for Sebring



New-Sun photo by KATARA SIMMONS

James R. Hahn and his wife, Kay, are painting a mural to honor Sebring's centennial at Magnolia Avenue and Ridgewood Drive.

Centennial mural to be finished in November

By CHRISTOPHER TUFFLEY
christopher.tuffley@newssun.com

SEBRING — Two artists and a group of citizens and businesses joined in creating a birthday card for the city.

Larger than life, a mural is taking shape on what had been a bare, boring, rectangular wall on the (roughly) northeast corner of the (roughly) Magnolia Avenue and Ridgewood Drive.

James R. Hahn and his wife, Kay, are the artists behind the

project. "The Centennial was coming up and we wanted to do something special," he said.

When Katie and Mike Eldridge offered a blank wall for a mural celebrating Sebring's 100 years, Hahn jumped at the chance. "It was a meeting of the minds," he said. "What better way to commemorate the city's birthday?" Sponsors stepped up to cover the costs and the city gave its blessing.

As of Saturday, the Hahns had

completed about half of the work, and the 40-foot-wide painting began to take shape.

Race cars pop out in the center, a checkered flag to one side, the state flag on the other. Just above the race cars, a sea plane comes in for a landing.

There's a twist with the plane. Look closely — the wall has a large exhaust fan sticking out of the side at the top.

See MURAL, page 6A

BP Oil calls off biofuel plant

\$300 million project scrapped

By BARRY FOSTER

News-Sun correspondent

LAKE PLACID — In an unforeseen move, BP Oil announced Thursday that their plans to build a \$300 million ethanol plant in Highlands County have been scrapped.

Officials from the Highlands County Economic Development Commission said they were blindsided when word came down that the project had been scuttled by the petroleum giant.

The announcement to build the 36-million gallon-per-year ethanol plant south of Lake Placid came with much fanfare back in 2009.

The deal was a partnership between BP and the Massachusetts-based Verenum Corporation.

The commercial facility was to have been the first in the state of Florida to use next-generation cellulosic ethanol technology, converting renewable grasses to fuel, rather than processing food crops.

In a statement issued by the compa-

See BP, page 8A

CANDIDATE PROFILE

Heston proud of Avon Park's recent progress

By CHRISTOPHER TUFFLEY
christopher.tuffley@newssun.com

AVON PARK — Terry Heston is running for re-election to the city council. He has served one three-year term.

Born and raised in Highlands County, Heston has lived in Avon Park for 28 years. He and his wife Michele raised three children here. They have two grandchildren and another two on

the way.

A businessman, Heston owned Benny's Menswear in Lake Placid for six years. Since 1984, he and John Sedlock have been co-owners and partners in Sedlock and Heston Construction Company.

Avon Park, Heston said, has faced major challenges in the last three years, including

See HESTON, page 8A



News-Sun photo by CHRISTOPHER TUFFLEY
Terry Heston is running for re-election to the AP city council.

SFSC Trustees name building for Stephens

Special to the News-Sun

AVON PARK — At its Oct. 24 meeting, the SFSC District Board of Trustees unanimously voted to rename the SFSC Health and Science Education Center effective immediately. The building is now known as the Dr. Norman L. Stephens Jr. Health and Science Education Center, in honor of

the college president.

"It is very common for a person who has made a significant contribution consistent with the college mission through outstanding service and a distinguished career," said Tami Cullens, board chair and representative of Highlands County.



Stephens

See STEPHENS, page 6A

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www.heartlandnb.com



CCC 'boy' Joe Matesic returns to Hammock ... 78 years later

By LARRY LEVEY

News-Sun correspondent

SEBRING – In 1934, Joe Matesic, 17, of Lackawanna, N.Y., enrolled in the Civilian Conservation Corps, the “New Deal,” a Depression-era program created by President Franklin Delano Roosevelt to rescue two of America’s most precious resources: its youth and its land.

That’s why in June of that year, Joe found himself in Sebring, assigned to the newly opened, 200-man, CCC Camp 262. Much of his six-month tour of duty was spent working on lands that later would become Highlands Hammock State Park.

And 78 years later, on Oct. 24, he found himself back on those same lands, reliving his CCC days, thanks to the loving efforts of both his family and the Highlands Hammock staff.

Yes, Joe is alive and kicking. While wheelchair-bound, he’s alert, friendly, funny, has surprisingly good health and a good memory, does some of his own cooking ... and lives by himself back in Lackawanna, although nearby family and friends, along with Meals on Wheels, keep him going.

Some months ago, as several family members were traveling in Florida, they twice wound up in Sebring where they visited Highlands Hammock. With the help of museum volunteer Margaret Stickley, they discovered that one of the photos of CCCers on display in the museum was that of Joe Matesic, now 95 years old.

When he was told about the CCC museum and the photograph, a family project was started to get him to Sebring. The project came to life on Oct. 24, when Joe, two of his sons and their fiancées met with park staff for a grand tour of the museum, followed by a narrated tram tour of the back regions of the park.

Had you been in the museum on Oct. 24, in addition to an excited Joe and his excited family, you would have seen an excited staff. It was as if



Joe Matesic (in the middle), from Lackawanna, N.Y., is surrounded by park personnel at the CCC Museum at Highlands Hammock State Park during an Oct. 24 visit arranged by staff and family. Matesic was among the first enrollees to be assigned to Sebring. It was 1934 and he was 17 or 18 at the time. From left, Dorothy Harris, park specialist; Darrel Smith, park volunteer and former park ranger and CCC museum archivist; Matesic; Steve Dale, park manager; and Brian Pinson, assistant park manager.

News-Sun photo by LARRY LEVEY

they had discovered a long-lost relative. Park Manager Steve Dale was all smiles as he wheeled Joe around the museum, stopping at each exhibit to ask questions, swap stories and share some laughs. Like the tale Joe told about someone sneaking into his barracks and stealing the \$5 that enrollees received monthly (with the balance of \$25 sent home to the family). Or like the time he felt something moving inside his trousers. He quickly opened his pants and out comes this snake.

On a more serious note, he also spoke of how much he enjoyed sending that money back home – and how much he appreciated what President Roosevelt did for this country. Assistant Park Manager Brian Pinson summed up the feelings shared by many of the rangers when he said, “So many of us that are in the profession owe so much to Joe for paving the way and making it possible.

“Most of us don’t meet anybody from the CCC, so any time we do, there’s an emotional bond with them. It’s very touching.”



Courtesy photo
In this photo taken in 1934 or 1935, when Joe Matesic of Lackawanna, N.Y., was 17 or 18, he was one of the first CCC ‘boys’ to arrive in Sebring. On Oct. 24, at age 95, he made a return visit to Highlands Hammock State Park with family members.

Toward the end of his visit, Joe said he wanted to tell the rangers he was “so happy that everybody gave me such a nice welcome.”

Good Shepherd Hospice to pay tribute to veterans

Special to the News-Sun

SEBRING – Good Shepherd Hospice staff and volunteers will honor patients who have served in branches of the United States Armed Forces with a special Veterans Day ceremony at 8 a.m. Monday, Nov. 12 at the Bud and Donna Somers Hospice House, 1110 Hammock Road. The event open to the public.

The ceremony will commence outside the facility with the raising of the

American flag. Jackie Graham, the acting Highlands County veterans’ service officer, will welcome guests and provide opening remarks. Doug Tait, a Good Shepherd Hospice volunteer and a member of the Tanglewood Veterans’ Association, will lead the Pledge of Allegiance. Becky McIntyre, Good Shepherd Hospice chief clinical officer, will sing the national anthem and then lead the assembled in singing “God Bless

America” following the pledge. Finally, Chaplain Jim Langham, Good Shepherd Hospice spiritual care consultant, will lead the benediction.

The ceremony will move inside for breakfast and honor pinning ceremonies for patients who are physically able to attend and take part. Good Shepherd Hospice team members will also conduct honor pinning ceremonies for home and facility patients throughout the day.

Deputies look for missing hog trap

Special to the News-Sun

SEBRING – The Highlands County Sheriff’s Office is requesting assistance from the public in an attempt to locate a hog trap. This trap was taken from a citrus grove in the area of Holmes Road between Sept. 22-23.

The trap was last seen in the area known as Tiki Hill.

Due to the size of the trap, it is believed suspects loaded the trap on to some type of trailer and towed it away, possibly even placing it in another hunting location.

The trap is approximately 10 feet long, 5 feet high and 5 feet wide. It has both a trap door and an access door on the same end of the trap.

The top edge of the trap is somewhat unique in that it is framed in cold rolled steel and square tubing.

If you know the whereabouts of this trap, contact Detective Fred Tagtmeier, Highlands County Sheriff’s Office Agricultural Crimes



Courtesy photo
Detectives at the Highlands County Sheriff’s Office are searching for this hog trap taken from a citrus grove in the area of Holmes Road between Sept. 22-23.

Unit at 402-7440 or 402-7250 or Heartland Crime Stoppers at 1-800-226-TIPS (8477) or www.heartlandcrimestoppers.com.

COMMUNITY BRIEFS

Lane closed Monday for construction

SEBRING – A portion of U.S. 27 southbound lane at 2815 U.S. 27 South will be down to two lanes as necessary from 9 a.m. to 4 p.m. Monday.

Excavation Point Inc. will be constructing U.S. 27 entrance for the new Checkers Restaurant.

Lane closure signs will be posted when the lane is closed.

For further information, contact Excavation Point Inc. at 471-1997.

Tourism officials to visit county

Representatives from Visit Florida’s Welcome Centers plan to tour and visit the county’s tourism assets for several days starting Tuesday.

Thirteen representatives from the centers at Interstate 95, 75 and 10, plus U.S. Highway 231 and the Welcome Center at the State Capital will be part of the tour.

“We are excited to be hosting and touring these very important representatives from Visit Florida,” said Highlands County Tourism Director John Scherlacher. “Welcome Center Representatives are an integral part of the Florida experience when visitors arrive by car to our state ...they are the front line.”

Scheduled stops in the county will include, but not limited to, Highlands Hammock State Park, South Florida State College’s Museum of

Florida Art and Culture including the Theatre for the Performing Arts, Sebring International Raceway and the Murals of Lake Placid. Driving tours through the downtown areas of Avon Park, Sebring and Lake Placid are also scheduled.

Street Revival planned for today

SEBRING – A Street Revival is set for 4-9 p.m. today at the four-way intersection of Martin Luther King Boulevard and Lemon Street. The revival is supported by Youth for Christ. The purpose of the event is to help bridge the community divide through revival.

Tayna Taylor will be one of the speakers as will be Pastor Royal Berry of Orlando and Prophetess Treasure Lee King of Fort Lauderdale. There will be soloists, instrumentalists and a community choir. A history of the Black Church in the Washington Heights area will also be given.

For more information, call Alphonso James at 835-3527.

Toastmasters to hold Speak-A-Thon

SEBRING – The Heartland Talk of the Town Toastmasters will host a Speak-A-Thon at 6 p.m. Tuesday at the Groves at Victoria Park, lasting approximately an hour. The event is open to the public and will showcase a variety of speeches along with

Continued on page 5A

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	Lottery Center	Oct. 24 8 11 21 26 28 38 x:5 <i>Next jackpot \$15 million</i>
		Oct. 20 16 25 26 27 40 53 x:3 Oct. 17 2 9 16 18 34 46 x:3
		Play4: Oct. 26 (n) 3 5 9 9 Oct. 26 (d) 0 9 0 0 Oct. 25 (n) 4 2 5 6 Oct. 25 (d) 9 2 0 9
	Oct. 26 27 30 37 40 15 Oct. 23 3 17 27 40 7 Oct. 19 20 26 30 40 9 Oct. 16 15 23 32 33 12	Oct. 26 (n) 8 0 9 Oct. 26 (d) 5 7 6 Oct. 25 (n) 2 4 6 Oct. 25 (d) 9 5 3
	Oct. 24 3 18 21 23 50 <i>Next jackpot \$100 million</i>	PB: 4
	Oct. 20 4 21 28 31 44 Oct. 17 1 7 10 23 42	PB: 10 PB: 35
	<i>Note: Cash 3 and Play 4 drawings are twice per day; (d) is the daytime drawing, (n) is the nighttime drawing. PB: Power Ball</i>	

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Deadlines for subscription changes are noon on Tuesday for the Wednesday editions, noon Friday, for the Friday and Sunday editions. Changes received after the times stated will be processed on the following publication date.

Romona Washington – Publisher and Executive Editor
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Church helps with Feeding America



News-Sun photos by KATARA SIMMONS
Nearly 50 volunteers spent Saturday morning handing out bags of food to people in need during the Feeding America event at the Church of the Nazarene in Sebring. The Church distributed hundreds of bags of food for the Heartland Food Reservoir and Feeding America. Church member Rebecca Noel (middle photo) gets information from people as they line up Saturday for free food during the Feeding America event in Sebring. Cars were lined up around the block by 7 a.m. for the 9 a.m. distribution. Church member Leroy Jones (bottom photo) hands a bag of food to Jill Snoke of Sebring on Saturday morning in Sebring. Food was handed out on a first come first serve basis and each bag contained canned goods, meat, bread and dessert.



Hahns' mural adds artistic flair to Centennial celebration

The Centennial Mural, just off The Circle at the corner of South Ridgewood and Magnolia, is bringing even more beauty to downtown Sebring. I'm surprised more people don't know artist James R. Hahn and his lovely wife, Kay, are in the process of creating a wonderful mural for our Centennial year.

I've had the opportunity to see its progress daily, and it has been a true delight. This week the race cars went on, as did the seaplane. The seaplane is very interesting since the artist chose to turn the existing fan from the building itself into an active propeller and the image takes on a 3-D effect.

James R. Hahn has created murals internationally, is the original muralist for the Cabbage Patch Kids, recently did the Champion for Children Circle Theater Marquee, and much more. He is a local artist and will be opening up a gallery here in Sebring within the next couple months.

For more information about James visit www.JamesRHahn.com

Take a few minutes to stop by, say 'Hi' and see this amazing work in progress. This is "The Centennial Mural" after all and weather permitting, they're usually there until about 2 p.m. weekdays. We are lucky to live in Sebring during this incredible time; please enjoy the changes that are taking place, be involved and embrace it all.



Centennial Notebook
 By Jen Brown

I'd like to recognize the people in our community that have stepped up to be a sponsor for the Centennial Mural, they include Gold Level - Heartland Living Magazine and the Sebring Family; Silver Sponsors are Essential Depot, Sebring U.S. Sport Aviation Expo, Aeromed, Taylor Rental of Sebring; and Bronze Sponsor is Jen Brown. Yes, I'm proud to announce that I am one of the newest sponsors for the Centennial Mural. Projects like this need funding, and it helps beautify our downtown.

This mural is a tribute to our beautiful City of Sebring and our 100-Year Celebration. I thank the Hahns for their vision to create such lovely public art, for creating the Centennial Mural - a mural that is formed from a blank wall on a building in the community, together with the community, for the people of the community and will be enjoyed for many years to come.

There are still sponsor opportunities available should you be interested. It comes complete with verbal recognition at the Centennial

Mural Dedication, a signed print of the finished mural and VIP party invitations. As a sponsor, you will be associated with a major contribution to art and culture and the history of this great city of Sebring.

There's also official Centennial Logo items remaining at discounted prices. Although most have been sold out, we still have a few T-shirts, bumper stickers, grocery tote bags and a Christmas ornaments. Stop by city hall and get one of them before they're all gone. The Historical Society has the commemorative coffee table book "100 Years of Sebring" still available as well and they make great holiday gifts.

If you have any centennial news, questions regarding celebration events, or know of someone that deserves recognition for doing something in honor of our Centennial year, please let me know. I'm available at 655-5554, or via email at JenBrown@email.com, and on Facebook at www.facebook.com/SebringCentennial

Thanks to the News-Sun for being a sponsor and the opportunity to keep everyone informed on Sebring's Centennial Celebration. Reference this article every Sunday for continued Celebration updates throughout the remainder of this year.

Jen Brown is a member of the Sebring Historical Society.

Kaye Bowers represents school district at leadership academy

By SAMANTHA GHOLAR
sgholar@newssun.com

SEBRING - Woodlawn Elementary School Principal Kaye Bowers has been named as one of the 2012 participants in the Commissioner's Leadership Academy. The prestigious, inaugural event brings together Florida's school district leaders to be amongst the best and brightest administrators in the state.

The participants were each nominated by instructional leaders; Bowers was nominated by Superintendent Wally Cox in late September.

Academy attendees, which are primarily principals, met two weeks ago to build upon their proven leadership skills in hopes of returning back to their districts to continue their good work. The attendees met with interim Commissioner of Education Pam Stewart and CEO of the Florida Superintendent Association Bill Monford.

"What we did was met with the Commissioner of Education and the CEO of the Florida Superintendent's Association. There are three points to the elite group they call it, but I don't know about that," Bowers chuckled.

The 25 administrators selected from all over the state focus on three things during the academy meetings, the first - designing and holding a principals forum.

"The focus of the forum is to concentrate on the implementation of the common core standards," Bowers explained.

The second point, is the mentoring of a colleague in their specific district. The colleague is chosen by the dis-

"The focus of the forum is to concentrate on the implementation of the common core standards"

KAYE BOWERS
 WES principal

trict superintendent.

"Our superintendent chose Lake Placid Elementary Principal Carrie Connor. She is in her first year as principal there and I meet with her and advise her and help her through her first year," Bowers said.

Finally, the last point of the academy is to connect with mentors of their own. The academy leaders are expected to gain more knowledge and skills from former and retired administrators from all around the state of Florida.

The intent of the entire academy is to lead the common core standards implementation for the state's cur-

rent and future administrators. The state of Florida will soon be "in line" with the majority of the country's curriculum standards, which makes education more fluid and equal at the elementary school level.

Bowers and her fellow academy leaders will meet a few more times during the remainder of the 2012-2013 school year.

Seminars are scheduled for mid-February and mid-May. The Commissioner's Leadership Academy wraps up in June, following the school year, with an evaluation of the experience by the 25 leaders.

"To me this says a lot about our school. We have been named one of the top 25 improvement schools in the state of Florida, which means we have one of the top 25 faculties in the state," Bowers said.

"It really is the school and the families partnering together, I just happen to be the principal. It is about the faculty; we have a great faculty and great partnership."



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EDITORIAL & OPINION

TODAY'S EDITORIAL

This election requires homework

Early voting begins Saturday. We urge every registered voter to follow through and cast in a ballot.

By this time, most prospective voters have made up their minds as to the candidates they want to become leaders. Filling in the circles for them will be easy.

Come the section of the ballot listing proposed Florida constitutional amendments, however, and the going gets rough, unless you've studied before entering the polling place.

There are graphic problems — the print is small and difficult to read; and there are problems of understanding — the language is dense and filled with legal jargon.

Voters who think they can

decide 11 different issues, all with consequences, on a single reading while people wait in line, are — forgive us — overestimating their talent.

We've had trouble deciphering the amendments ourselves. In searching for unbiased translations we discovered the Collins Center for Public Policy, a nonpartisan think tank that focuses on Florida.

Here are brief summaries of the center prepared on each amendment. They only restate in clear language what the amendments say. There is no argument for or against.

Amendment 1 would add an amendment to the state constitution that attempts to prohibit the government from requiring individuals to purchase health insurance.

Amendment 2 would allow certain disabled veterans, who were Florida residents prior to entering military

service, to qualify for a discount on their property taxes.

Amendment 3 would set a state revenue limit each year based on a formula that considers population growth and inflation, instead of using the current method of calculating the revenue limit on personal income.

Amendment 4 would reduce the maximum annual increase in taxable value of non-homestead properties from 10 percent to 5 percent; provide an extra homestead exemption for first-time home buyers; and allow lawmakers to prohibit assessment increases for properties with decreasing market values.

Amendment 5 would provide for Senate confirmation of Florida Supreme Court justices; give lawmakers control over changes to the rules governing the court system; and direct the Judicial

Qualifications Commission, which investigates judicial misconduct, to make its files available to the Speaker of the Florida House of Representatives.

Amendment 6 would make the existing federal ban on public funding for most abortions part of the state constitution. It would narrow the scope of a state privacy law that is sometimes used in Florida to challenge abortion laws.

Amendment 7 had to be redrafted and was withdrawn. Upon revision, it was reinstated as Amendment 8.

Amendment 8 would remove the prohibition in Florida's constitution that prevents religious institutions from receiving taxpayer funding.

Amendment 9 would grant a full property tax exemption to the surviving spouses of military veterans who die

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2227 U.S. 27 South • Sebring, FL 33870 • 863-385-6155

NEWSROOM

ROMONA WASHINGTON
Publisher/Executive Editor
 Ext. 515
editor@newssun.com

SCOTT DRESSEL
Editor
 Ext. 516
scott.dressel@newssun.com

DAN HOEHNE
Sports Editor
 Ext. 528
daniel.hoehne@newssun.com

ADVERTISING

VICKIE JONES
 Ext. 518
vickie.jones@newssun.com

MITCH COLLINS
 Ext. 507
mcollins@newssun.com

BUSINESS OFFICE

JANET EMERSON
 Ext. 596
legals@newssun.com

while on active duty and to the surviving spouses of first responders who die in the line of duty.

Amendment 10 would double the tangible personal tax exemption and allows cities and counties to expand exemptions beyond that.

Amendment 11 would give an additional property tax

exemption to low-income seniors who have lived in their home for more than 25 years.

And Amendment 12 would change the way the state selects the student representative on the state university system's Board of Governors, which oversees the system.

TODAY'S LETTERS

Just a few words would mean a lot

Editor:

Sunday, Oct 28 is going to be a difficult day for my family. It would have been my son, Matty's, 8th birthday. Matty began to talk about his birthday months and months ago. He had big plans for his party, which we would've had on Saturday followed by a night of trick-or-treating. He really wanted a scooter this year.

On March 18th, Matty was struck and killed by a car in our neighborhood. The driver was the older brother of some girls who Matty was playing with that day. In fact, he was on his way back over to their house when their brother hit him and then left the scene.

I'll never know what happened.

Was he texting? Was he high on drugs? Does he feel remorse?

To this day, he has never told us he is sorry for the tragedy of Matty's death. He has not even been charged with any official crime. The only punishment he may receive is to have his license revoked for one year, but he's taken the time and financial resources to hire an attorney from Miami to fight even that "slap on the wrist."

When I leave my house each day, I can see his driveway. The vehicle that struck and killed my son now sits there with the damage still present on the right front end, a constant reminder of exactly what happened to my precious angel. Is it wrong to want something from the man who did this? An explanation? Just a few words saying he didn't mean to do this to my son and my family?

It is hard to begin taking the steps to forgiving him when he won't even look at us in court.

To all you drivers out there, slow down. Put your phones down. Look at the road. Don't put someone through the hell I live each day.

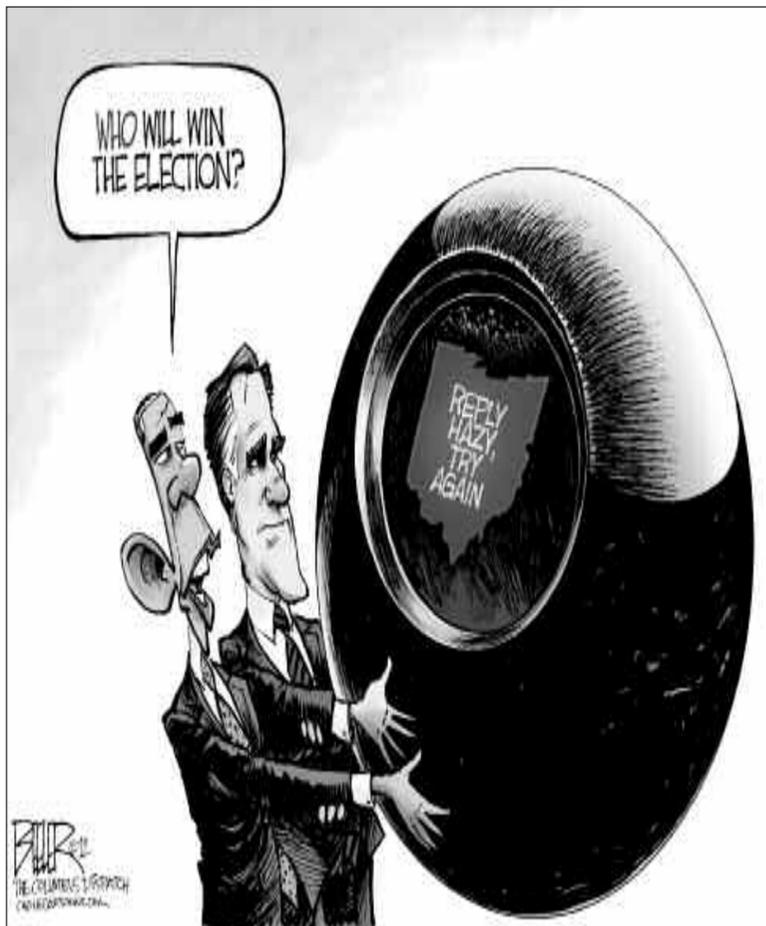
*Mandy Fisher
Avon Park*

Other places than PBS to cut

Editor:

I disagree with the editorial of the Oct. 21, 2012 - News-Sun. We need to keep PBS at all costs. I don't have much money, but I gladly contribute to PBS every month.

To save money, how about the politicians stop voting themselves huge raises every year, along with their free, taxpayer supported healthcare? Why did our government give \$1.3 billion of my tax dollars to Nissan, a Japanese car company? Only Ford and General Motors are the only two American car-makers left, everything else is foreign-owned, period. We need to take care of our own first. PBS could do a lot of good for 1.3 billion dollars.



At 62 years old, I am still working, saddled with cancer, yet I stand in the grocery check-out line and see well-fed people, a fraction of my age, using food stamps. So, I pay for my food and theirs too. Time to cut this out to save money.

It's also time to stop subsidizing parents with kids with taxpayer money. When you have kids, they are your responsibility and should not be a burden on the taxpayer's backs. I've never had children, so I guarantee my lifetime tax burden has been greater than that for any family. Any mature person should heavily consider their situation in life before they even think about the great responsibility of having children. We need to stop illegal aliens coming to our country to have free babies and then we end up paying the bill.

Let's get rid of NASA and the I.R.S. Anything NASA discovered could have been done in the private sector given tax break incentives. We all know how much the I.R.S. has been costing us lately with them doing nothing about tax fraud. Going to a flat tax would be fair for all and save billions in tax fraud.

Why do we give tax breaks to American companies who send jobs overseas? Apple comes to mind as the biggest offender of them all. Every bit of their products are made in China. These name products should be made here with the best American workers and materials, instead of the shoddy and expensive, overseas manufacturer.

I also believe we taxpayers should stop paying medical bills for people with self-inflicted medical problems. PBS is worth our tax money and is a drop in the bucket compared to other government spending.

*Jerry Nargelovic
Sebring*

Editor's note: The above letter is being reprinted due to typographical errors on the News-Sun's part. It is being reprinted in hopes that the original intent of the letter is relayed.

Bouquet

Many thanks for Centennial Celebration

Editor:

A great, big thank you to the News-Sun for keeping us informed of the Centennial events; to Jen Brown for writing the Centennial Notebook columns. The hard work of the Centennial Committee is so appreciated. A special thanks to Carol Goad for her enthusiasm and concern to get the "100 Years of Sebring" written and published, along with those who contributed pictures and articles.

George Hensley has been a great representative of Sebring in all the Centennial activities.

We should all be thankful we live in a great community - Sebring!

*Frances Brown
Sebring*

Less than two weeks to go

Laura's Look

Laura Ware

This week we saw the last debate between Barack Obama and Mitt Romney.

As I type this, we have less than two weeks to go before Election Day. It's almost over.

I saw three out of the four televised debates — the vice presidential one and two of the presidential confrontations. A workshop I was attending caused me to miss the first debate. While I'd have liked to have seen it, I doubt that it would have changed my mind. None of the debates did, to be honest.

As a friend reminded me, the debates are not for people like me, who have already decided how we're going to vote. They are for the undecided, those who are still weighing their options.

So why did I watch them at all, if my mind is made up? I learn things during the debates. Besides, I am a political junkie. The debates are part of our political process, and under the right circumstances are not a snooze.

If I read the polls after the debates correctly, Governor Romney has reason to be happy. The debates seem to have benefited him. Even the last debate, where I personally felt he wasn't as strong as he was in the others, he seems to have landed on his feet.

On the other hand, the President didn't seem to recover from his poor first showing. Even when people said he won a debate on "points" (whatever that means) he is losing in the polls, which appear to be swinging around to Romney's side.

I'm not saying that Romney is guaranteed to win the election. While it's less than two weeks to go before Election Day, that's a long time in politics. Things could change in a day. But right now Romney has to be happy with the current trend.

Having said that, let's move on to a question I find myself pondering as I watch this election season, filled

with rancor and divisiveness. No matter who wins, my question is the same: what happens after the election?

When I posed this question to a friend of mine, she answered that life would go on. Business would go on as usual. Same old, same old.

In a broad sense this is true. No matter who wins the election, I will wake up the day after the election and I will still be who I am. My family will still love me, the sun will still rise, and I will still need to lose weight. None of that will change.

But there are a few things that I hope will change. And the biggest thing I want to see change is how both sides see each other.

Will we continue to fight? Democrats and Republicans have made politics a blood sport. Cooperation is derided. Putting the country above the party? That isn't taken seriously. At least it doesn't seem to be.

And what about us, the citizens? I have friends who disagree with me politically. With some of them, I can conduct a rational debate. Others, we avoid the topic like the plague and I wind up skipping some of their Facebook posts so I don't get mad at them (as I'm sure they skip some of mine).

No matter who wins the election on Nov. 6, we need to remember afterwards we are still Americans. And we are still one nation. Let's pull together and do our best to work for the best of our country. That should be what the priority is, shouldn't it?

Laura Ware is a Sebring resident. She can be contacted by e-mail at bookwormlady@embarqmail.com Visit her website at www.laurahware.com. Guest columns are the opinion of the writer, not necessarily those of the staff of the News-Sun.

EDITORIAL

PAGE

POLICY

Make sure to sign your letter and include your address and phone number. Anonymous letters will be automatically rejected.

Please keep your letters to a maximum of 400 words. We have to make room for everybody. Letters of local concern take priority.

Send your letter to 2227 U.S. 27 South, Sebring, FL 33870; drop it off at the same address; fax 385-1954; or e-mail editor@newssun.com.

To make sure the editorial pages aren't dominated by the same writers, letters are limited to two per month and a guest column can be submitted once every three months.

Opinions expressed in letters or columns are solely the opinion of that author and not necessarily the opinion of the staff or editors of the News-Sun.

COMMUNITY BRIEFS

Continued from page 2A

light refreshments.

If one of your goals is to become a better speaker and leader, membership in Toastmasters is one of the greatest investments you can make in yourself. At less than \$10 a month, it is also one of the most cost-effective skill-building tools available anywhere.

Heartland Talk of the Town Toastmasters Club meets the first and third Tuesday every month from 6:15-7:15 p.m. at Grace Brethren Church Community Room 101, 3626 Thunderbird Road. Guests are always welcome. For more information, call Erin Hess, 273-1437 or Linda Udall, 386-6495, or visit www.toastmasters.org on the Internet.

Shuffleboard tourney set

AVON PARK — A county shuffleboard tournament will be held Tuesday at 9 a.m. at the Avon Park Senior Center. There will be six games and cash to the top six players in both pro and amateur divisions.

Bring your own lunch.

Avon Park to host City Candidate Forum

AVON PARK — On Monday, the Avon Park Chamber of Commerce will host a candidate forum at the Avon Park City Council chambers for the five candidates running for the three available city council seats. Brenda Gray, Terry Heston and Paul Miller are running for re-election while Garrett Anderson and Jim Barnard are running for the first time.

The forum will be in a question format with a moderator. Each candidate will receive two minutes to answer questions, and every candidate will be asked the same five questions. Each candidate will have an opportunity to make a two-minute closing statement about their position as a councilman/woman.

The forum will begin at 6 p.m. and conclude at 7 p.m. The candidates will be on hand after the forum to answer questions.

Call the Avon Park Chamber of Commerce with any questions at 453-3350.

Rainbow Girls serve ham lunch

SEBRING — Sebring Assembly No. 148 International Order of the Rainbow for Girls will host a ham lunch from 11 a.m. to 2 p.m. today at the Masonic Lodge, 1809 Home Ave. The menu includes ham, sweet potatoes, green beans, apple sauce, dessert and beverage. Cost is \$7 each.

The event is open to the public; take out is available.

Herendeen concert benefits ACS

SEBRING — On Wednesday, Nov. 28, Todd Allen Herendeen will perform at the Tanglewood Clubhouse. Herendeen was born in Indiana and now makes the Florida Panhandle home. His mother and father live in Avon Park. Herendeen and his "Follow That Dream" Band have performed several times in the Sebring area. He says that more than a decade ago he came to try out at a Tanglewood Showcase, before he was ready for prime time. Now, after sev-

eral years of honing his skills, he is coming back to showcase his dynamic voice and excellent showmanship. Herendeen performs country and rock 'n roll. He will take guests on a musical journey through the life and times of Elvis and will also pay tribute to Roy Orbison, Johnny Cash and Buddy Holly. To close out the show, Herendeen is sure to perform his powerful, heart-stirring number one independent hit, "My Name is America". It is passionate, pointed and patriotic and will move everyone in the audience.

Those who have seen Herendeen perform know that this show will demonstrate his versatility and will have the crowd on its feet. For more information, visit his website at www.toddallenherendeen.com.

All proceeds from this performance for the Tanglewood Residents' Cancer Benefit will go to the American Cancer Society. The show is sponsored by NewsomEye.

Tickets are \$10 and can be purchased at the Tanglewood Clubhouse on Thursdays between 3 and 4 p.m. or at the door the night of the concert. Tickets go on sale to Tanglewood residents on Monday, Nov. 5 and to the general public on Thursday, Nov. 8. Tanglewood is on U.S. 27, one half mile north of the Sebring Walmart across from Denny's.

'What's Up' meeting is Tuesday

SEBRING — The Sebring Community Redevelopment Agency will host its next "What's Up Downtown Sebring?" meeting at 5:30 p.m. Tuesday at the Greater Sebring Chamber of Commerce's downtown office, 309 E. Circle Park Drive. Representatives from the Highlands Museum of the Arts will provide information and promotional materials for its upcoming Smithsonian Institution exhibit, Journey Stories, that will be in Downtown Sebring from Dec. 8 to Jan. 19.

For more information about the CRA and Downtown Sebring, visit www.DowntownSebring.org.

Social Circle plans Sausage Festival

LAKE PLACID — The Placid Lakes Social Circle will sponsor an International Sausage Festival on today at the Placid Lakes Town Hall from 3-5:30 p.m. Featured sausages will be from Portugal, Italy, Poland, Germany and the USA, carefully grilled by Joe and Joyce Briski. Sides, including potato salad, pasta salad, sauerkraut, baked beans, three-bean salad, fried peppers and onions, and more, plus desserts, beverages will be offered for a \$5 donation.

Danny Breese will supply the music, and a fruit basket will be given for a door prize.

October is a festive month, come and enjoy the food and fellowship offered in Placid Lakes.

Istokpoga Hydrilla Management meeting set

LAKE PLACID — There will be a meeting for Lake Istokpoga Hydrilla Management Plan at 10 a.m. Tuesday in the H.L. Bishop Park Clubhouse, 10 Clubhouse Road. The public is invited to attend.

Learn about Home School Classically

SEBRING — Classical Conversations is a nationwide classical, Christian community providing academic programs, events and services to home school communities, parents and educators. Home School Classically is a support service for home-schooling parents who wish to educate their children using Christian classical model from a biblical worldview.

Attend the information meeting to learn more about Classical Conversations and how to be encouraged and equipped in home-schooling efforts.

The group will meet at 6:30 p.m. Tuesday at Grace Bible Church, 4541 Thunderbird Road. Contact Heidi Katsanis at heidikatsanis@comcast.net or call 441-3879 for more information.

Events planned at lodges, posts

AVON PARK — The Combat Veterans Memorial VFW Post 9853 will have NASCAR on the screen at 1 p.m. today. Costume prizes start at 5 p.m. Wednesday. Music, food, fun and prizes. A yard sale will be held from 7 a.m. to 1 p.m. Saturday and Sunday, Nov. 3-4. Donations of items gladly accepted. For details, call 453-9853.

The American Legion Post 69 will host karaoke by Naomi at 4 p.m. today. Bring a dish for the monthly birthday party at 4 p.m. There will be Lounge Halloween party from 4-7 p.m. Wednesday with music by Frank E. For details, call 453-4553.

LAKE PLACID — The Lake Placid Moose Lodge 2374 will have NASCAR and football on the screen today. Karaoke with K.J.; call for times. Moose Riders meet at 7 p.m. Monday. Karaoke with Bama Jam on Wednesday; call for time. Call 465-0131.

SEBRING — The Sebring Elks Lodge will have a Halloween party Wednesday, with a costume contest from 5-6:30 p.m. Prizes will be awarded. Dinner will be served for \$6.50. Dance to music by Buddy Canova from 4:30-7:30 p.m. for \$3. Buffet prices will be raised to \$12. For details, call the lodge at 471-3557.

The Sebring Recreation Club, 333 Pomegranate Ave., will host the Amateur Shuffleboard Tournament, Draw Doubles and Shuffleboard Tournament/Pro Only, Draw Doubles, both at 9 a.m., Thursday. For more information, call 385-2966.

Florida voters up 6 percent from 2008 election; Democrats more numerous

Associated Press

TALLAHASSEE — Florida has nearly 12 million voters who will be eligible to vote in the crucial presidential election.

State officials early Saturday released new voter registration numbers that show that the number of active voters has grown 6 percent to a total of 11.94 million.

President Barack Obama carried Florida in 2008, but he is locked in a very tight race with GOP rival Mitt Romney in the swing

state that could decide the election.

The new registration numbers show the gap between Republicans and Democrats is smaller than it was in 2008.

There are nearly 536,000 more Democrats than Republicans.

There are 4.78 million Democrats and 4.24 million Republicans.

The number of voters not affiliated with any party, however, grew at a substantially faster rate than either major party.

OBITUARIES

JOHNNY A. BARNES

Johnny A. Barnes, age 72, passed away Friday, Oct. 26, 2012 in Sebring.

He was born in Quitman, Ga. to James W. and Helen (Williams) Barnes. Mr. Barnes was a salesman for the Coca-Cola Bottling Company; he was a member of the Avon Park Lakes Baptist Church and had been a lifelong resident of Avon Park.

He is survived by his wife, Robbie Barnes of Avon Park; sons Johnny Barnes, Jr. (Carla) of Avon Park; Ronnie Barnes (Kelly) of Avon Park and Bobby Barnes (Candy) of Zolfo Springs; brothers Randall Barnes of Winter Haven, Carl Barnes, David Barnes and Ralph Barnes all of Clewiston; sisters Virginia Bennett of Blairsville, Ga. and Polly Littles of Blairsville, Ga.; grandchildren Charissa, Chad, Dana, Heather, Heath, Chace, Billy and Ashley and four great grandchildren.

Visitation will be held Monday, Oct. 29, 2012 from 5-8 p.m. at the Stephenson-Nelson Funeral Home in Avon Park. Funeral services will be held Tuesday, Oct. 30, 2012 at 11 a.m. at Avon Park Lakes Baptist Church with Rev. George Hall officiating. Burial will in Bougainvillea Cemetery. Memorial contributions may be made to the Avon Park Lakes Baptist Church Youth Department or Dixie Youth Baseball.

Stephenson-Nelson Funeral Home
Avon Park, Florida 33825
stephensonnelsonfh.com

WILLIAM EBERT CRIBBS

William Ebert Cribbs, age 92, passed into the loving arms of Jesus at The Somers Hospice House in Sebring on Oct. 24, 2012. He was born Feb. 18, 1920, in Jacksonville and was the son of George Henry and Olin Frances Cribbs.

He was a proud veteran of World War II, serving in the European campaign. Ebert was in the caladium business, owner of the Shoe Box shoe store in Sebring and was a house painter for many years. Living in Sebring since the age of 18,

he was a lifelong member of the Sebring Church of Christ.

Ebert was the loving husband of Vera Tubbs Cribbs for 69 years, who preceded him in death Sept. 4, 2012. He is survived by his daughters, Sherry Trombley of Lake Placid, and Patricia (Paul) Diana of Atlanta, Mich. He is the beloved grandfather of Sharlyn Cruse, Ebert Weaver, Shawn (and Linda) Cruse, Jacques (and Tonya) Trombley, and five great-grandchildren: Jaclyn and Joseph Kerigan, Bailea and Shelby Cruse and Jordis Trombley. He is the uncle and great-uncle to many nieces and nephews.

The family will receive friends at 9:30 a.m. on Tuesday, Oct. 30, 2012, with services following at 10 a.m. in the Stephenson-Nelson Funeral Home Chapel in Sebring, with George Mason and Mike Tubbs officiating. Burial, with Military Honors, will follow at Lakeview Memorial Gardens, Avon Park.

In lieu of flowers, the family is requesting that donations in his name be made to the Lake Placid Church of Christ, P.O. Box 1440, Lake Placid, FL 33852 or Good Shepherd Hospice, 1110 Hammock Rd., Sebring, FL 33870. Arrangements were entrusted to:

Stephenson-Nelson Funeral Home
Sebring, Florida 33870
863-385-0125
stephensonnelsonfh.com

JANET ELLEN LAIDLAW
Janet Ellen (McLeese) Laidlaw, of Nashville, passed away peacefully on

Oct. 16, 2012.

She was predeceased by her husband of 43 years, John; brother, Donald McLeese; sister, Lois Frebault; granddaughter, Zenobia Laidlaw and nephew, Christopher Frebault.

She is survived by children, Brian (Jonna), Karen, Elizabeth, and Bruce; sister, Carolyn (Charles) McLeese; grandchildren Christopher Laidlaw, Zachery Laidlaw, Douglas Briggs, Kelsey Briggs, Daniel Johnson, Michelle Johnson, Yolanda Santana, Tabitha Turner, BJ Turner, Sally Laidlaw, Tyler Laidlaw, and Dylan Laidlaw; nine nieces and nephews and many life-long friends, including members of the Juliet Society.

Janet, born in Detroit, Mich., was a graduate of Sociology from Albion College (Michigan), and devoted volunteer to the Girl Scouts, Boy Scouts, The United Fund, Clintondale Schools, PTA, Church youth group adviser, FISH, Headstart, Meals on Wheels, Auburn (New York) Community Hospital, Volunteer reader to Children, the American Cancer Society and the American Legion. Memorial service will be at 3 p.m. on Saturday, Nov. 10 at Spring Hill Funeral Home Chapel. The family will receive friends from 1 until 3 p.m. prior to the service.

In lieu of flowers, donations may be sent to The Humane Society www.humanesociety.org/kinredspirits in her memory.

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News-Sun photo by KATARA SIMMONS
Kay and James R. Hahn work on their mural to honor the Sebring Centennial.

Mural honors Sebring Centennial

Continued from page 1A

"I love to incorporate the quirky," Hahn said, and was happy the fan was there. "By painting out two blades now it looks like the plane's propeller and actually turns in the wind," he said and laughed.

To one side there is a basket of citrus, and an ode to

Florida postcards which feature iconic Sebring scenes. As the town's founder, George E. Sebring will have a place of pride.

The painting has a hometown feel, Hahn said, with a picket fence along the bottom and gingerbread trim on the sides.

A grand opening will be scheduled in mid-November.

Hahn said nothing could have been done without the financial support of local sponsors, including several businesses.

He personally wanted to thank, among many, the Sebring family, Aeromed, Eldridge Carpet One, Essential Depot, Sebring U.S. Sport Aviation Expo, and Taylor Rental.

SFSC building named after Stephens

Continued from page 1A

"Dr. Stephens has made that kind of impact at South Florida State College."

"Dr. Stephens has done such a great job as president and has constantly moved the college forward," said Tim Backer, board member, representing DeSoto County. "I knew that the HSEC was near and dear to his heart when I first became a college trustee in 2009. He had taken me on a tour of the renovated performing arts center. Then he

said, 'Let me take you over to see the Health and Science Education Center.' You could tell that it was his building. He took me through it, and he really beamed."

The HSEC is on the SFSC Highlands Campus in Avon Park and was completed in 2007. It houses SFSC's nursing and radiography programs and contains classrooms and labs for the natural and biological sciences. Stephens, whose background is in the natural sciences, was

personally involved in planning and developing this building.

Dr. Jeff Hockaday of Sanford, N.C., has been hired as a consultant to guide the search for Stephens' replacement.

"Dr. Hockaday came highly recommend to us and is known nationally as an outstanding consultant," said Tami Cullens, board chair. "Dr. Stephens came to SFSC through Dr. Hockaday 10 years ago."



Avon Park Church of the Nazarene will have Dr. Michael Benson as a guest speaker for a weekend renewal November 2-4.

He has more than 20 years of local church ministry experience and has conducted 400+ revivals, retreats and camp meetings.

Benson has one published work, *Disciplines For the Inner Life* which was co-authored with his father, the late Bob Benson, former President of the Benson Company.

Dr. Benson has served as Chaplain to the University at Olivet Nazarene University and as the Director of Church and University Relations for Indiana.

Benson has returned to itinerant ministry and preaches more than 100 times annually around the country at churches, retreats, and motorcycle rallies.

All are welcome to attend!

Services are

Fri., Nov 2 & Sat., Nov 3 at 7 pm and Sunday at 10:45 am and 7 pm.

The church is located at
701 W Main Street, Avon Park.
Call 452-5165 for more information.

Randy Rupert is the host pastor.

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Walk to End Alzheimer's draws 100 walkers, raises \$8,847 in Sebring



Caregiver Penny Kocarek (left) stands near her patient Roland Harris as the two congratulate Walk to End Alzheimer's participants Saturday morning.

News-Sun photo by SAMANTHA GHOLAR One hundred participants line up at the starting line Saturday morning at Circle Park for the annual Walk to End Alzheimer's event. Participants walk to raise funds and show support of a loved one battling the disease, care givers, family and friends who died with the disease. The Sebring chapter of the Florida Gulf Coast Alzheimer's Association raised \$8,847 for the cause.



Roland Harris thanks participants Saturday morning during the Walk to End Alzheimer's event in Downtown Sebring. Harris, 78, is one of millions of Americans living with Alzheimer's disease. Harris holds a blue flower fan in his right hands that represents Alzheimer's patients.

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- Founding Member, Director Heartland National Bank - 13 years
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Heston running for re-election in AP

Continued from page 1A
several ongoing lawsuits against the city.
“We have made some tough calls that have led to increased litigation,” he said, “however, organizationally we are stronger, more efficient and on track.”

Heston added, that despite the problems, more progress has been made in the last three years than had been accomplished in the three decades before.

He credits City Manager Julian Deleon for making it all happen. “He’s done a good job,” Heston said. “The city is stronger for it.”

The biggest success, he said, is the annexation of South Florida State College. “This means,” Heston said, “that one of only 12 performing arts theaters in the state is now in Avon Park.”

He added that he expected growth to the south over the next 30 years. Annexing SFSC puts the city in the perfect place to move ahead with those plans, he said.

While gaining the college is huge, Heston said there was much other progress.

“We reduced our debt by 43 percent, and the 39 percent tax reduction on our business and residents speaks volumes,” he said.

“We have developed business-friendly policies, reduced the cost of utilities

and garbage collection and started a new recycling system, the first in the county. Using in-house resources, Heston said, the city brought water to 700 new customers and facilitated their connections with low-cost financing.

“We’ve also paved more than 20 miles of streets, rebuilt failed sidewalks and put in decorative streetlights.”

Heston added that the city “applied and received a grant for \$750,000 to implement a housing program for the most needy in the community.”

Regarding the current controversy of how to house the migrant farm workers who come to work every season, Heston said, “I believe in equal treatment, but the city has a responsibility to regulate zoning. I strongly disagree with unregulated and excessive crowding with some of the housing around Avon Park. Most of us, if not all of us, are well aware of the difficult living conditions for some city residents. I think the city and the landlords have a responsibility to correct this.”

Finally, Heston said he believed in small government. “You’ve got a wheel too big on the government side. You want people to be able to go into business for themselves.”

BP backs out of biofuel production in US

Continued from page 1A
ny last week, BP said it would end its pursuit of commercial ethanol production in the United States entirely and instead, refocus its U.S. biofuels strategy on research and development as well as licensing its technology.

“Given the large and growing portfolio of investment opportunities available to BP globally, we believe it is in the best interest of our shareholders to redeploy the considerable capital required to build this facility into other more attractive projects,” said Geoff Morrell, BP vice president of communications.

It is not the first such cancellation of biofuel manufacturing in the industry. Shell Oil recently announced its decision to back out of a similar commercial-scale plant in Canada.

That one was intended to make ethanol from straw and plant waste.

The decision comes as a blow to local job creation. Something desperately needed in Highlands County, which registered a September unemployment number of 9.2 percent.

“To say the least it was disappointing,” said Eva Cooper, interim executive director of the Highlands County Economic Development Commission. “We need skilled jobs and this was to bring in 150-plus.”

Cooper said the Thursday announcement came as a sur-

prise to the local BP leadership and local employees as well.

“They found out about the same time we did,” she said.

Paul McGehee, chairman of the EDC, similarly was shocked and stunned by the announcement.

“Naturally we are disappointed by this 11th hour decision. This one was so close, there was some basic infrastructure in the works and some engineering had been done.

“Our hearts go out to the employees and families that already are here.”

Cooper reported that even the BP officials and workers already in the county were caught off guard by the sudden announcement.

McGehee said it was his understanding that BP now is looking for potential investors to finish up the

project and pledged EDC cooperation.

“We need to find out what our role could be, such as giving area tours. We will be glad to do anything they need us to do,” he said.

Quite a bit of time, money and effort had been expended by Highlands County staff to help the company locate here.

In July of last year, the county received over \$1.6 million in grant funds.

That money was designed to start improvements on State Road 70 for truck traffic slated to be drawn by the plant. BP had applied for tax abatement for their project.

It appears that any new firm would have to start that process from scratch.

Lykes Brothers, a partner in the deal, also was slated to hire hundreds of harvesters to bring in as much as 400,000

tons of energy grasses and other material to fuel the plant.

The land where the crops are being grown reportedly is under a lease agreement and is being administrated through a company known as Highlands Ethanol.

BP’s decision was revealed just a week after Florida Governor Rick Scott called on U.S. officials to temporarily suspend ethanol requirements in gasoline, saying ethanol production was pushing up the price of corn and cattle feed prices.

Trade magazines also termed the pullout as another blow to the Obama administration, which sees advanced biofuels as a way of weaning the country off expensive oil imports.

Amid dire forecast, Sandy heads north

Associated Press

SHIP BOTTOM, N.J. — With much of the Eastern Seaboard in the path of a rare behemoth storm, residents of the nation’s most densely populated corridor contemplated whether to heed dire warnings of torrential rain, high winds and up to 2 feet of snow.

“You know how many times they tell you, ‘This is it, it’s really coming and it’s really the big one,’ and then it turns out not to be?” said Alice Stockton-Rossini as she packed up to leave her home a few hundred yards from the ocean in Ship Bottom, N.J.

“I’m afraid people will tune it out because of all the false alarms before, and the one time you need to take it seriously, you won’t. This one might be the one.”

Hurricane Sandy — upgraded again

Saturday just hours after forecasters said it had weakened to a tropical storm — was barreling north from the Caribbean and was expected to make landfall early Tuesday near the Delaware coast, then hit two winter weather systems as it moves inland, creating a hybrid monster storm.

Even if Sandy loses strength and makes landfall as something less than a hurricane, the combined storm was expected to bring misery to a huge section of the East.

An 800-mile wide swath of the country could see 50 mph winds regardless of Sandy’s strength.

Experts said the storm could be wider and stronger than Irene, which caused more than \$15 billion in damage, and could rival the worst East Coast storm on record.

Early voting under way

Continued from page 1A
Campbell explained.

Early voting also opened on Saturday and will run through next Saturday. The locations will be the same as always, in the city council chambers in Avon Park, at the Lake Placid Town Hall and at the Government Center in Sebring.

Some people have been coming in to Campbell’s offices in the Government Center to cast their ballots in person.

“They mostly want to make sure it goes into the machine,” Campbell explained. “There are some folks who think that we send our ballots out of the country to be counted and of course we don’t — we count them right here.”

There have not been many unusual incidents in this year’s elections, however, Campbell revealed that one of those official-looking letters informing certain voters that their citizenship may be in question has surfaced in Highlands County.

“It came in to the Avon Park area,” he said. “We got it Friday. Luckily the person saved all the paperwork, letter and all.”

Campbell urged anyone receiving such a missive to save it and call his office so it may be turned over to the Federal Bureau of Investigation

“We have steps to follow

so they need to call us,” he said.

The letter is written on what appears to be a replica of a supervisor of elections letterhead with a flag and eagle. It bears the name of the local supervisor of elections on it and says questions have arisen about the person’s eligibility to vote. There are instructions and warnings both in English and in Spanish

“The letters aren’t signed and that’s what looks fishy,” Campbell said.

He described it as “a scare tactic” but against who is not clear, as they apparently go to citizens of both parties. Investigators from the Florida Department of Law Enforcement, who also are working on the case said it appears at least some of the missives actually had been postmarked in Seattle, Wash.

“I had hoped we wouldn’t have any,” Campbell said

This will be Campbell’s last election after serving four terms in office. He was elected in 1996 when his then-boss Jimmy Whitehouse retired.

“I worked 11 years for Jimmy and another 11 years at the property appraiser’s office before that,” Campbell said. “I just figured it was time to retire.”

In any case, it appears that Campbell will go out with a bang. He described this year’s election as “a good one”. In addition to redistricting, there are lots of candidates and issues on the ballot including Florida constitutional amendments and merit retention for judges.

“I’ll be glad when this one’s over,” he said. “I’m hoping there won’t be a recount required.”



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Advanced Academics
HIGHLANDS COUNTY

Dear Supporters Of
Advanced Academics:

WALLY COX
Florida's 2012
Superintendent of the Year

This year two candidates are running for the position of Superintendent of Schools in Highlands County. The Highlands Advanced Academics Parent Network has established an excellent working relationship with Superintendent Wally Cox over the past several years, and we support his reelection in 2012 for several reasons:

- Servant leadership:** Superintendent Cox's management style has been consistent since we started working with him in 2004, and he promotes a philosophy of servant leadership in his administration. In every meeting with us Superintendent Cox has been responsive to our needs. He has listened carefully and asked questions until he fully understands our concerns. He is calm and clear about the process that must be followed to make changes, and explains how he intends to follow up on the topic being discussed. Without exception, he has done exactly what he said he would do, and this clarity of purpose has enabled us to become strong allies of the Highlands County school system rather than adversaries. We know of no other parent network in the state with as effective a partnership with their local school district, and it is crucial that we preserve that relationship as we grow and solidify advanced academic offerings in Highlands County.
- Openness to change:** Superintendent Cox doesn't allow bureaucracy to get in the way when policy changes are needed. Under his leadership, a pilot Advanced Academics was implemented within a year of our parent network's initial proposal and the program was expanded annually until it was established district-wide in grades 1-8. Superintendent Cox also responded quickly when community members questioned why our district's middle schools didn't participate in local or regional science fairs. Within a year all four middle schools had developed protocols for science fair participation and a dozen students participated in the regional science fair. Three of those students' projects qualified for state competition, a strong reflection on the advanced academic option now available in all our elementary and middle schools.
- Insistence on fiscal responsibility:** When a board room full of parents asked for the district to consider bringing the International Baccalaureate Diploma Programme to Highlands County, Superintendent Cox was open to the concept but made it clear we had to show we had the financial resources in the community to support the program. Under his leadership, we have created a strong public-private partnership and have raised over \$180,000 to support our new IB program even in these challenging economic times. We received substantial financial backing from the local community because of Superintendent Cox's reputation as a CEO who insists on fiscal responsibility and careful spending of limited resources. Highlands County is now the most rural school district in Florida to offer this rigorous, renowned academic program which will enable us to attract and retain high caliber physicians and other professionals to our area.

Wally Cox has not only overseen the successful launch of Advanced Academics and the IB Diploma Programme at Sebring High during his tenure as superintendent, he also carved out the funds needed to establish the Career Academy in partnership with South Florida State College. In recognition of his admirable accomplishments, Superintendent Cox was declared Florida's Superintendent of the Year in December, which is a tremendous honor for the superintendent of a rural school district.

Superintendent Cox's ability to establish a trusted working relationship with parents and other concerned community members has already resulted in greatly improved services for our district's most motivated students. While we recognize that more work needs to be done to bring our academic programs up to par for students of all ability levels, we believe it would be unwise to shuffle the entire top level management team at this time. Superintendent Cox's commitment to Advanced Academics, his experience and state-level recognitions, and his continued vision to work with all stakeholders to bring Highlands County to a high level of academic achievement are evident.

We enthusiastically support the reelection of Wally Cox for Superintendent of Schools in Highlands County.

Sincerely,

• Ms. Carol Blance • Mrs. Susan Bible • Reed Bowman, PhD • Mr. Jay Bushnell • Mrs. Lisa Collins • Mrs. Susan Donaldson • Ms. Patty Dumont • Ms. Lauran Gaines • Ms. Josanne Gaines • Ms. Nicola Gaines • Ms. Judy Galt • Mr. Donn A. Goodwin • Mrs. Judith L. Goodwin • Mrs. Laura Hare • Mr. Thomas Hare • Mrs. Brittany Hay • Mr. Jonathan Hay • Nancy High, MD • Mrs. Diane Juve • Mr. John Juve • Mrs. Sybil Leven • Mrs. Diane Lethbridge • Mr. Russ Lethbridge • Mrs. Barbara O'Brien • Ms. Heidi Stivender • Mr. Keith Sutermeister • Mrs. Stephanie Sutermeister • Mr. Dennis Thieme • Ms. Charlotte Wilson

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BUSINESS/MONEY

Have the 'good debt' vs. 'bad debt' rules changed?

Before the Great Recession of 2008 overturned many long-held financial beliefs, it wasn't uncommon for people to differentiate between "good debt" and "bad debt." The thinking was that certain kinds of debt were worth taking on because you come out ahead in the long run. Buying a home and financing a college education were two notable examples.

But when home values plummeted and the cost of a bachelor's degree soared into five or six digits, those once-safe investments in your future suddenly seemed risky or unattainable.

Now's a good time to step back and examine the concept of good debt vs. bad debt and why, in certain cases, acquiring debt may still make sense — provided you plan carefully and don't exceed what you can reasonably expect to repay.

This simple distinction still applies: Taking on so-called good debt can help boost your credit rating or allow you to buy something that will increase in value over time, whereas bad debt often fuels the purchase of items that are disposable, unnecessary or rapidly depreciable.

One of the best ways to build strong credit history is to show lenders you can pay off debt responsibly. You're more apt to qualify for a mortgage, car loan, or other large debt if you've demonstrated sound repayment behavior. Just remember: Carrying multiple loans or high-limit credit cards could harm your rating, since lenders might worry you're taking on more debt than you can repay.

Student loans. The average college graduate earns \$47,422 a year, compared to \$26,349 for high school graduates — a difference of \$21,073. Using simple math, some calculate the difference in total earnings over a 40-year work life as more than \$800,000.

However, such estimates don't factor in the crippling student loan debt many gradu-



Personal Finance

Jason Alderman

ates face or their inability to find work in a chosen field during difficult times. But still, the unemployment rate among college grads is roughly half that of high school grads — 4.5 percent vs. 8.4 percent. College is still a worthwhile investment for many people if they don't go overboard on loans and choose a degree with good earnings and employment potential.

Mortgages. Before the real estate crash, homeownership was considered good debt because historically, when someone finally paid off their mortgage, their home was usually worth much more than the purchase price. For many, this probably still will be true, unless they bought during the market upswing or are forced to sell before prices can recover. After all, mortgage interest rates are historically low and interest and mortgage points are still tax-deductible.

Just don't buy more house than you can afford. Factor in expenses like property tax, primary mortgage insurance, homeowners dues, utilities and repairs — and if you get an adjustable rate mortgage, calculate how high rates could climb.

Bad debt. What qualifies as bad debt hasn't changed since the recession, but budget-conscious consumers are paying more attention now. Meals out, excessive vacations, and unnecessary clothing or electronics — wants vs. needs — all qualify if you're spending beyond your means. Basically, if you can't pay the bill in full within a month or two, re-examine whether it's a worthwhile expense; particularly if you don't have at least six to nine month's pay stashed in an emergency fund or you're trying to save for a car or home.

Jason Alderman directs Visa's financial education programs. To follow Jason Alderman on Twitter visit www.twitter.com/PracticalMoney

Chip Boring named FREC chairman

Special to the News-Sun
ORLANDO — C.D. "Chip" Boring, broker-owner and president of Re/Max Realty Plus in Sebring and the 1999 president of Florida Realtors, has been named chairman of the Florida Real Estate Commission.

FREC is under the Real Estate Division of the Florida Department of Business and Professional Regulation.

FREC consists of seven members and meets monthly, usually on the third Wednesday of the month and the immediately preceding

Tuesday. The Commission administers and enforces the real estate license law, Chapter 475, Part I, Florida Statutes.

Boring currently serves as vice chair for FREC. His first meeting as chairman takes place in November. He was appointed to FREC by Gov. Charlie Crist in 2010; that appointment was confirmed by the Florida Senate.

A member of the Heartland Association of Realtors, Boring obtained his real estate license in

1979 and has been a dedicated real estate professional for 33 years. He also has earned the designations of Certified Residential Specialist and Graduate Realtor Institute.



Boring

He is active in his local Realtor association and with Florida Realtors as the state association.

In 2001, Florida Realtors named Boring as its Realtor of the Year in recognition of his dedication to his profession and to the community.

Boring also has served on

numerous committees of the National Association of Realtors, including as a regional vice president for Region 5 (Alabama, Florida, Georgia, Mississippi, Puerto Rico and the Virgin Islands).

Boring believes in giving back to his community. He volunteers his time and talents to many charitable organizations and worthwhile causes.

He recently served two consecutive years as president of his local Habitat for Humanity chapter, and was the 2011-2012 president of the Sebring-Sunrise Rotary Club.

Amid bumper crop, families could get PB&J price break

Associated Press

ATLANTA — Choosy moms and dads may be packing more PB&J in lunches this winter, when the cost of a jar of Jif or Skippy is expected to fall even as other grocery prices rise.

Peanut butter prices soared last year after a drought and high heat in the Southeast, where most peanuts are grown. This year, that region got a break while farmers in most of the rest of the United States suffered huge losses in the widest drought in decades.

Farmers are now expected to bring in two-thirds more peanuts than they did in 2011. That could mean a price drop at the grocery store.

"After last year's small crop, we saw peanut butter prices on average rise 30 percent or more," said Patrick Archer, president of the American Peanut Council. "With this year's excellent crop, the supply and demand should come back into balance and peanut butter prices should come back to a more normal level at the retail level."

A 10 percent decrease on a \$3 jar of peanut butter, for example, would translate to a savings of 30 cents. That may seem nominal, but the impact is greater for food banks and other big buyers.

Bill Bolling, founder and executive director of the Atlanta Community Food Bank, said food banks usually must buy protein-rich items like peanut butter, beans and meat. His organization buys anywhere from 200,000 to 400,000 pounds of peanut butter each year, depending on the price.

"If costs go down 10 percent or 20 percent, we can buy that much more product," Bolling said. A big supply also increases the possibility of donations.



MCT
A good peanut harvest could translate to a big drop in peanut butter prices

Bolling said peanut butter is one of the most popular products at the food bank because children like it, it's high in protein and it has a long shelf life.

Peanuts are already considered a staple of the American diet, with the average U.S. consumer eating about 6 pounds of peanut butter and other peanut products each year, according to estimates from the American Peanut Council, an industry trade group. But peanut butter could become even more attractive as strong global demand, high prices for livestock feed and a huge sell-off of cattle and other animals in drought keep pushing up meat prices.

U.S. farmers are expected to produce more than 3 million tons of peanuts in 2012, according to figures released

Oct. 11 by the U.S. Department of Agriculture. That's a 66 percent increase over 2011, when growers produced more than 1.8 million tons.

Experts say several factors created the perfect conditions for a banner year. High peanut prices after last year's small crop encouraged farmers to plant more; USDA figures show acreage was up nearly 50 percent in 2012 compared with a year earlier. Farmers in the Southeast also got a break in the weather. Spring came early, allowing them to plant sooner. Temperatures were generally milder, and thunderstorms in August and September provided some much-needed relief in the weeks before farmers began the peanut harvest, which is currently in full swing.

Experts also say a peanut variety developed in recent years is boosting the record yields, in part because it tends to be resistant to disease.

"In this south Georgia area, we probably had as good a growing season as I can remember in a long time, and maybe in my 26 years (as executive director)," said Don Koehler, executive director of the Georgia Peanut Commission.

Georgia by far produces more peanuts than any other state, though the legumes are grown in sandy soil from Mississippi to Florida and north to the Carolinas.

Most farmers sell a portion of their crop at a set price before they even plant, so they'll get the higher prices in effect last year for some of their product. Koehler said that should offset any losses they'll take on peanuts sold at today's lower prices, although farmers who didn't sell much in advance may have a tougher time.

Smartsources supporting Wounded Warrior Project

Special to the News-Sun

NEW YORK, NY — News America Marketing, a division of News Corporation, announced that the Nov. 4 issue of its widely distributed SmartSource Magazine coupon insert is dedicated to Wounded Warrior Project's Believe in Heroes® campaign. Believe in Heroes broadens awareness for the work today's veterans have done for our country. Fifty-six brands have pledged their support for this cause and are offering high value coupons in this special insert, with a total value over \$50.

The Nov. 4 SmartSource Magazine, which is circulated in the News-Sun, will feature a special Believe in Heroes insert that will be

distributed to more than 53 million households in honor of Veterans Day. The insert will feature coupons from dozens of favorite household brands. Consumers will be directed to woundedwarriorproject.org, where the 56 coupons will be available for printing. The site will also provide the opportunity to make a donation to Wounded Warrior Project, a great chance for shoppers to donate a portion of the available \$50 in savings back to the organization.

Conceived in 2010 by Acosta Sales & Marketing, the Believe in Heroes campaign has grown to bring dozens of major brands and retailers together in support of Wounded Warrior Project and the injured vet-

erans they serve. Last year the combined efforts of those participating in the Believe in Heroes campaign helped raise more than \$3.5 million for WWP. The goal this year is to raise more than \$4 million.

"The men and women of the United States military and their families sacrifice so much for the work they do," said Chris Mixson, president, News America Marketing. "To be able to honor the dedication, challenges, and triumphs our nation's military members and their families experience for the second year in a row is a great feeling. We strongly encourage all of our readers to visit woundedwarriorproject.org to take advantage of all the special Veterans Day savings offerings and

to make a donation to this worthy cause."

News America Marketing is a strong supporter of our country's service men and women. NAM has been a partner of the Believe in Heroes campaign since 2011, and for the past four years, the organization has sponsored an all-expense paid trip to the Super Bowl for two members of the US Marine Corps and their guests, and will do so again for the 2013 game. Additionally, News America Marketing holds annual fundraisers in its individual offices for the Wounded Warrior Project as well as supporting Operation Gratitude, an organization that annually sends 100,000 care packages to service members and their families.

"The Believe in Heroes campaign offers everyday consumers the ability to give back and enhance the lives of Wounded Warriors who sacrifice so much for the rest of us," said Adam Silva, chief development officer, WWP. "We really appreciate having the support of News America Marketing. Their network has helped us reach millions and we commend them for their commitment to our service men and women."

Wounded Warrior Project's vision is to foster the most successful, well-adjusted generation of injured service members in our nation's history. Thousands of Wounded Warriors and families receive support each year through programs designed to nurture the mind and body.

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BUSINESS/MONEY

Holiday gadgets: Microsoft phone, Google events planned

NEW YORK (AP) — It's been a big week for tech gadgets. Microsoft started selling its Windows 8 operating system and Surface tablet computer. Apple announced new iPads and Mac computers. Samsung launched a giant smartphone.

But there's more: Microsoft has an announcement Monday on its Windows phone system. Google has one on its Android system for mobile devices. The search company may use that event to announce new gadgets to complement its Nexus 7 tablet computer.

Later in the week, Barnes & Noble Inc. will start shipping new Nook devices, while Apple's new iPads, including a smaller one, will be out.

These are some of the gadgets to expect for the holidays:

Apple devices

Apple has done well selling its full-sized tablet computer, which has a screen that measures nearly 10 inches diagonally. But companies such as Amazon.com Inc. and Google Inc. have made inroads selling tablets with smaller, 7-inch screens and lower price tags.

To maintain its dominance, Apple will start shipping the iPad Mini next Friday. It will have a 7.9-inch screen, making it slightly larger than those smaller rivals but about two-thirds the size of a regular iPad.

The iPad Mini starts at \$329, well above the \$159 starting price for Amazon.com Inc.'s Kindle Fire and \$199 for Google Inc.'s Nexus 7. Both have 7-inch screens. The Mini will be just \$70 cheaper than the 2011 iPad 2, which is still available.

Unlike its rivals, Apple will make a version of the iPad Mini that can access cellular networks from AT&T, Verizon and Sprint. That version will start at

\$459, compared with \$629 for the full-sized cellular model.

Apple began taking advance orders Friday. The white version of the iPad Mini quickly sold out on Apple's website, with deliveries now expected in two weeks rather than one. As of Friday afternoon, the black iPad Mini was still available for next Friday.

Apple is also refreshing its full-sized iPad, giving it a faster processor and faster Wi-Fi capabilities. Advance orders started Friday as well, with shipments in a week.

Meanwhile, Apple has unveiled a 13-inch version of a MacBook Pro with sharper, "Retina" display, complementing the 15-inch version unveiled in June. Apple also updated its iMac line.

Last month, Apple began selling its iPhone 5. The new phone is bigger, but thinner than previous models and works with faster cellular networks known as 4G.

Phone rival

Apple's leading rival, Samsung Electronics Co., came out with a new version of its flagship phone, the Galaxy S III, months ago. But Samsung is known for releasing products throughout the year, each targeted at a different base of consumers.

For those who like to work with a stylus, the Galaxy Note II smartphone came out this week. T-Mobile, Sprint and U.S. Cellular are selling it now. Verizon and AT&T are taking advance orders for shipments in the coming weeks.

The Note comes on the heels of Samsung's campaign touting its Galaxy S III phone as its "next big thing." The Note is even bigger, with a 5.5 inch screen, compared with the S III's 4.8 inches and the iPhone 5's 4 inches, all measured diagonally.

The Note runs the latest version of Google's Android



MCT

Consumers will have plenty of choices when looking for tech toys this Christmas shopping season.

system, Jelly Bean.

Tablet rivals

Amazon's 7-inch Kindle Fire is one of the smaller tablets with decent sales. Last month, it started shipping an updated version with a faster processor, more memory and longer battery life. It also cut the price to \$159, from \$199, making it far cheaper than the iPad, which starts at \$399.

Amazon is also releasing higher-end models under the Kindle Fire HD line. A 7-inch one goes for \$199 and an 8.9-inch one for \$299. There's also a \$499 model that can use the 4G cellular networks that phone companies have been building. A data plan will cost an extra \$50 a year. The smaller HD model is already available, while the larger ones will be available Nov. 20.

Barnes and Noble Inc. is also updating its Nook tablets. The new Nook HD will come in two sizes, one at 7 inches (starting at \$199) and one at 9 inches (starting at \$269). They will be out Thursday.

In addition to the new HD

screen and a lighter body, Barnes & Noble is increasing the services the Nook offers. It's adding a video purchase and rental service, allowing users to maintain different profiles and making it easier to browse titles in its book and magazine stores.

Google has an event in New York on Monday. All the company is saying is that it has to do with Android. Google started selling the Nexus 7 over the summer and could use the event to announce an update.

Toys R Us, meanwhile, is making a 7-inch Tabeo tablet aimed at children. It goes for \$150.

Calling on Windows

Microsoft Corp. released a new version of the Windows operating system on Friday, one that's designed to work on both traditional computers and tablet devices. Desktops, laptops and tablet computers with Windows 8 started going on sale Friday.

Microsoft also released its own tablet computer, the Surface. It's new territory for Microsoft, which typical-

ly leaves it to others to make devices using its software. Now, it will be competing against its partners.

One model will run on the same type of lower-energy chips used in the iPad. It will start at \$499, also like the newest, full-sized iPads. A keyboard cover will cost another \$100. Sales started Friday.

A heavier, more expensive version will run on Intel chips and be capable of running standard Windows applications. Microsoft hasn't announced the date or price for that yet.

A new version of the Windows Phone system is coming out this fall as well. Once-dominant phone maker Nokia Corp. has been struggling in the shadow of Apple and Android, and it's counting on the new Windows system for a revival. Nokia and Microsoft have unveiled two new devices, but few details are available on when and where they would go on sale.

New Blackberry

A year ago, Research In Motion Ltd. disclosed that it was working on a next-generation phone system for the BlackBerry, which now

looks ancient next to the iPhone and Android devices. It was supposed to be out in time for this year's holiday season.

That won't happen.

In June, RIM pushed the release of BlackBerry 10 devices into early next year, saying it wasn't ready.

That means RIM will not only compete with the new iPhone and Android devices out this fall, but it will also have to contend with the new Windows devices.

Playing games

Nintendo's new Wii U game machine will go on sale in the U.S. on Nov. 18. A basic, white model will cost \$300. A deluxe black version for another \$50 comes with an extra game and more accessories.

The GamePad touchscreen controller for it will offer new ways to play.

In "New Super Mario Bros. U.," for example, players holding the old Wii controllers control Mario, Luigi and other characters.

The person with the GamePad can help them along by using a stylus to create stepping stones for the characters or stun enemies.

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Local commercial, agricultural real estate sales on rise

Special to the News-Sun

SEBRING — "Market trends are ever changing and increasingly going global. Staying current in marketing strategy allows our agents to remain in the top of their field of expertise. We are seeing an increase in every division, including residential, but our commercial and agricultural division has really taken an upturn. We have sold three large agricultural parcels in the last month. One sold for \$1,331,343.00, another for \$1,000,000 and on Oct. 24, we sold one for \$3,200,000," said Greg Karlson, broker and owner of ERA Advantage Realty.

Agriculture land expert Mark Lambert was the agent who closed on the 224.35 acres of agricultural land last month for \$1,000,000. He also was the agent who closed on the \$3,200,000 agricultural parcel.

"Hardee and Highlands counties are currently hot spots for the farming industry. Our global presence and knowing the local area are what brings the buyers to us. Our recent transactions include clients from Venezuela and Germany. The million dollar sale I closed on last month was exciting, but the \$3,200,000 closing this week was thrilling. I just listed a \$4,500,000 parcel this

week and have already had serious inquiries on this property," said Mark Lambert, Realtor with ERA Advantage Realty.

Commercial sales are also on the rise. Space Mart Strip Mall in Avon Park sold after being exclusively listed by ERA Advantage Realty in just 22 days on the market. The Mills Team listed the property and had offers just days later.

"We are definitely seeing an increase in real estate sales. We believe that dealing honestly and ethically is what makes us successful. With our satisfied client's testimonies, we keep getting more and more business," said Darrin Mills, broker associate with ERA Advantage Realty.

"It is exciting to see our area's market growth surge forward. While our ERA global marketing strategy positively gives us the advantage in the real estate industry, our home town client's testimonies are highly valued. By bringing the global marketing strategy together with our agent's local expertise, we're experiencing high volume sales," Karlson said.

To contact ERA Advantage, call 386-1111, email gregera236@gmail or visit their website at www.ERAHighlands.com.



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CLASSIFIEDS

1050 Legals

IN THE CIRCUIT COURT OF THE 10TH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION CASE NO.: 12-699-gcs

WELLS FARGO BANK, N.A., Plaintiff, vs. DENNIS C. HESTON, et al., Defendants.

NOTICE OF ACTION TO: DENNIS C. HESTON

Last Known Address: 1069 HYACINTH AVE, SEBRING, FL 33875 Also Attempted At: 1511 HYACINTH AVE, SEBRING, FL 33872 Also Attempted At: 2617 JASMINE WAY, SEBRING, FL 33872 Current Residence Unknown

BRENDA C. HESTON Last Known Address: 1069 HYACINTH AVE, SEBRING, FL 33875 Also Attempted At: 1511 HYACINTH AVE, SEBRING, FL 33872 Also Attempted At: 2617 JASMINE WAY, SEBRING, FL 33872 Current Residence Unknown

YOU ARE NOTIFIED that an action for Foreclosure of Mortgage on the following described property: LOT 13, IN BLOCK 6, OF ORANGE BLOSSOM ESTATES UNIT NO. 7, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 6, PAGE 26, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA, has been filed against you and you are required to serve a copy of your written defenses, if any, to it, on Marshall C. Watson, P.A., Attorney for Plaintiff, whose address is 1800 NW 49TH STREET, SUITE 120, FT. LAUDERDALE FL 33309 on or before November 30, 2012, a date which is within thirty (30) days after the first publication of this Notice in THE NEWS SUN and file the original with the Clerk of this Court either before service on Plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the complaint.

If you are a person with a disability who needs assistance in order to participate in a program or service of the State Courts System, you should contact the Office of the Court Administrator at (863)534-4686 (voice), (863)534-7777 (TDD) or (800)955-8770 (Florida Relay Service) as much in advance of your court appearance or visit to the courthouse as possible. Please be prepared to explain your functional limitations and suggest an auxiliary aid or service that you believe will enable you to effectively participate in the court program or service.

WITNESS my hand and the seal of this Court this 22nd day of October, 2012.

ROBERT W. GERMAINE As Clerk of the Court By: /s/ Toni Kopp As Deputy Clerk October 28, November 4, 2012

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION CASE NO.: 28-2012-CA-000823

JPMORGAN CHASE BANK, NATIONAL ASSOCIATION, Plaintiff, vs. PEDRO AGOSTO-BONILLA A/K/A PEDRO A. BONILLA, et al., Defendants.

NOTICE OF ACTION TO: Adriana Agosto-Bonilla A/K/A Adriana A. Bonilla

Last Known Residence: 1804 Destiny Blvd., #11-101, Kissimmee, FL 34741 TO: Unknown Spouse of Monti Ervin Last Known Residence: Unknown

Current residence unknown, and all persons claiming by, through, under or against the named Defendants.

YOU ARE HEREBY NOTIFIED that an action to foreclose a mortgage on the following property located in Highlands County, Florida:

LOT 9, BLOCK B, OF PINE HILL SUBDIVISION, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 4, PAGE 66, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

has been filed against you and you are required to serve a copy of your written defenses, if any, to it on Aldridge Connors, LLP, plaintiff's attorney, at 7000 West Palmtoe Park Road, Suite 307, Boca Raton, Florida 33433, (Phone Number: 561-392-6391), within 30 days of the first date of publication of this notice, and file the original with the clerk of this court either before November 30, 2012 on plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the complaint or petition.

Dated on October 23, 2012 Robert Germaine As Clerk of the Court By: /s/ Toni Kopp As Deputy Clerk October 28; November 4, 2012

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT OF FLORIDA IN AND FOR HIGHLANDS COUNTY CIVIL ACTION CASE NO. 2012CA732

UNITED STATES OF AMERICA, acting through the United States Department of Agriculture, Rural Development, f/k/a Farmers Home Administration, a/k/a Rural Housing Service Plaintiff, vs. NANCY WEAVER WIMPEY, et al., Defendants.

NOTICE OF ACTION

STATE OF FLORIDA COUNTY OF HIGHLANDS TO: Any and all unknown heirs, devisees, grantees, assignees, lienors, creditors, trustees, or other claimants claiming by, through, under or against the Estate of MARY G. WEAVER, A/K/A MARY GROVES WEAVER, Deceased.

YOU ARE NOTIFIED that an action to foreclose a mortgage regarding the following property in HIGHLANDS COUNTY, Florida:

Lot 7, Block 1, SEBRING VILLAS FIRST ADDITION, according to the map or plat thereof as recorded in Plat Book 4, page 83, Public Records of Highlands County, Florida.

has been filed against you and you are required to serve a copy of your written defenses, if any, to it on: FREDERICK J. MURPHY, JR., Esquire, Attorney for Plaintiff, Boswell & Dunlap LLP, 245 South Central Avenue, Post Office Drawer 30, Bartow, FL 33831, within thirty (30) days after the first publication of this Notice of Action, and file the original with the Clerk of this Court either before service on Plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the Complaint or Petition.

DATED on this 20th day of September, 2012.

ROBERT W. GERMAINE Clerk of Circuit Court 430 S. Commerce Avenue Sebring, FL 33870 BY: /s/ Toni Kopp Deputy Clerk October 21, 28, 2012

(SEAL)

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA CASE NO. 28-2012-CA-000646

WELLS FARGO BANK, N.A., Plaintiff, vs. THE UNKNOWN HEIRS, GRANTEEES, DEVISEES, LIENORS, TRUSTEES, AND CREDITORS OF SYLVIA HENDRICKSON, DECEASED, ET AL.

Defendants.

NOTICE OF ACTION

TO: THE UNKNOWN HEIRS, GRANTEEES, DEVISEES, LIENORS, TRUSTEES, AND CREDITORS OF SYLVIA HENDRICKSON, DECEASED, AND ALL CLAIMANTS, PERSONS OR PARTIES, NATURAL OR CORPORATE, AND WHOSE EXACT LEGAL STATUS IS UNKNOWN, CLAIMING BY, THROUGH, UNDER OR AGAINST SYLVIA HENDRICKSON, DECEASED, OR ANY OF THE HEREIN NAMED OR DESCRIBED DEFENDANTS OR PARTIES CLAIMING TO HAVE ANY RIGHT, TITLE OR INTEREST IN AND TO THE PROPERTY HEREIN DESCRIBED Current residence unknown, but whose last known address was: 2605 MONZA DRIVE, SEBRING, FL 33872

YOU ARE NOTIFIED that an action to foreclose a mortgage on the following property in Highlands County, Florida, to-wit:

LOT 22, BLOCK 265, SUN N LAKE ESTATES OF SEBRING, UNIT 13, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 9, AT PAGE 71, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA,

has been filed against you and you are required to serve a copy of your written defenses, if any, to it, on DOUGLAS C. ZAHM, P.A., Plaintiff's attorney, whose address is 12425 28th Street North, Suite 200, St. Petersburg, FL 33716, on or before November 27, 2012 or within thirty (30) days after the first publication of this Notice of Action, and file the original with the Clerk of this Court at 590 South Commerce Avenue, Sebring, FL 33870-3867, either before service on Plaintiff's attorney or immediately thereafter; otherwise, a default will be entered against you for the relief demanded in the complaint and petition.

WITNESS my hand and seal of the Court on this 11th day of October, 2012.

ROBERT GERMAINE Clerk of the Circuit Court By: /s/ Toni Kopp Deputy Clerk October 21, 28, 2012

IF YOU ARE A PERSON WITH A DISABILITY WHO NEEDS ANY ACCOMMODATION IN ORDER TO PARTICIPATE IN THIS PROCEEDING, YOU ARE ENTITLED, AT NO COST TO YOU, TO THE PROVISION OF CERTAIN ASSISTANCE. WITHIN TWO (2) WORKING DAYS OF YOUR RECEIPT OF THIS NOTICE, PLEASE CONTACT THE COURT ADMINISTRATION OFFICE AT (863)534-4690. IF YOU ARE HEARING OR VOICE IMPAIRED, CALL TDD 1-800-955-8771 OR 1-800-955-8770 (V), VIA FLORIDA RELAY SERVICE.

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION CASE NO.: 2009-CA-000703

BAC HOME LOANS SERVICING, L.P. F/K/A COUNTRYWIDE HOME LOANS SERVICING, L.P., Plaintiff, vs.-

RACHEL WELLER; UNKNOWN SPOUSE OF RACHEL WELLER IF ANY; ANY AND ALL UNKNOWN PARTIES CLAIMING BY, THROUGH, UNDER, AND AGAINST THE HEREIN NAMED INDIVIDUAL DEFENDANT(S) WHO ARE NOT KNOWN TO BE DEAD OR ALIVE, WHETHER SAID UNKNOWN PARTIES MAY CLAIM AN INTEREST AS SPOUSES, HEIRS, DEVISEES, GRANTEEES OR OTHER CLAIMANTS; JOHN DOE AND JANE DOE AS UNKNOWN TENANTS IN POSSESSION Defendant(s).

AMENDED NOTICE OF SALE

NOTICE IS HEREBY GIVEN pursuant to an Order resccheduling foreclosure sale dated July 9, 2012 entered in Civil Case No. 2009-CA-000703 of the Circuit Court of the 10th Judicial Circuit in and for Highlands County, Florida, wherein BAC HOME LOANS SERVICING, L.P. F/K/A COUNTRYWIDE HOME LOANS SERVICING, L.P., Plaintiff and RACHEL WELLER are defendant(s), I will sell to the highest and best bidder for cash, AT THE JURY ASSEMBLY ROOM IN THE BASEMENT OF THE HIGHLANDS COUNTY COURTHOUSE LOCATED AT 430 SOUTH COMMERCE AVENUE, SEBRING, FLORIDA AT 11:00 A.M., November 14, 2012, the following described property as set forth in said Final Judgment, to-wit:

BEING KNOWN AND DESIGNATED AS UNIT 14 IN AVALON PARK LAKES, A CONDOMINIUM, ACCORDING TO THE DECLARATION OF CONDOMINIUM FOR AVON PARK LAKES, A CONDOMINIUM, RECORDED IN THE HIGHLANDS COUNTY CLERK'S REGISTER'S OFFICE IN DEED/RECORDED BOOK 1781 PAGE 3, TOGETHER WITH AN UNDIVIDED INTEREST IN THE COMMON ELEMENTS APPURTENANT THERETO AS THE SAME MAY NOW OR HEREAFTER BE LAWFULLY AMENDED. ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE. DATED AT SEBRING, Florida, this 10th day of July, 2012.

ROBERT W. GERMAINE CLERK OF THE CIRCUIT COURT Highlands County, Florida By: /s/ Priscilla Michalak Deputy Clerk

ROBERT W. GERMAINE CLERK OF THE CIRCUIT COURT Highlands County, Florida October 21, 28, 2012

NOTICE OF LANDOWNERS MEETING AND THE ELECTION OF ONE SUPERVISOR FOR THE SPRING LAKE IMPROVEMENT DISTRICT

The Spring Lake Improvement District will conduct a Landowners Meeting on Wednesday, November 14, 2012, at 10:00 a.m. at the District Office, 115 Spring Lake Boulevard, Sebring, Florida 33876. An election shall be held for the purpose of electing ONE Supervisor to a Board of five Supervisors for a term expiring on the regular meeting date in November, 2015 in accordance with the Florida Statutes, Chapter 90-434. The Landowners may vote in person or by proxy, in writing; Proxies are available at the District Office. At said meeting each landowner shall be entitled to cast one vote per acre of land owned and located within the District. Fractions of an acre shall be treated as one acre, entitling the landowners to one vote with respect thereto. The person receiving the highest number of votes for the office of Supervisor shall be declared elected. In addition any other business relating to the Spring Lake Improvement District as may properly come before the meeting will be heard.

EACH PERSON WHO DECIDES TO APPEAL ANY DECISION MADE BY THE BOARD WITH RESPECT TO ANY MATTER CONSIDERED AT MEETINGS IS ADVISED THAT PERSON MAY NEED TO ENSURE THAT A VERBATIM RECORD OF THE PROCEEDINGS IS MADE, INCLUDING THE TESTIMONY AND EVIDENCE UPON WHICH SUCH APPEAL IS TO BE BASED.

Joseph DeCarbo District Manager October 21, 28, and November 4, 2012

Classified ads get fast results

1050 Legals

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA PROBATE DIVISION FILE NO. PC 12-404

IN RE: ESTATE OF BARBARA FRILEY JONES a/k/a BARBARA F. JONES Deceased.

NOTICE TO CREDITORS

The administration of the estate of BARBARA FRILEY JONES a/k/a BARBARA F. JONES, deceased, whose date of death was April 11, 2012, and whose social security number is 438-54-7331, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 South Commerce Avenue, Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and persons having claims or demands against decedent's estate must file their claim with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT SO FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIOD SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is October 21, 2012.

Personal Representative: Jonathan M. Jones 409 Sorrento Knolls Drive Blowing Rock, NC 28605

BREED & NUNNALLEE, P.A. Attorneys for Personal Representative 325 NORTH COMMERCE AVENUE SEBRING, FL 33870 Telephone: (863) 382-3154

By: /s/ E. Mark Breed III Florida Bar No. 338702 E-mail Address: service@bnpalaw.com October 21, 28, 2012

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA PROBATE DIVISION FILE NO. PC 12-424

IN RE: ESTATE OF Fern Joan M. Winter Deceased.

NOTICE TO CREDITORS The administration of the estate of Fern Joan M. Winter, deceased, whose date of death was July 7, 2012, and whose social security number is XXX-XX-XXXX, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 540 S. Commerce Avenue, Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is October 21, 2012.

Personal Representative: /s/ Margó W. Ostrowski 824 Geranium Drive Warrington, PA 18976

Attorney for Personal Representative: /s/ Susan T. Rhodes Florida Bar No. 321151 The Rhodes Law Firm, LLC 370 East Interlake Blvd. Lake Placid, FL 33852 Telephone: 863-465-2899

October 21, 28, 2012

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA PROBATE DIVISION FILE NO. PC-12-299

IN RE: ESTATE OF HENRY CLAY FEARS, JR., Division PROBATE Deceased.

NOTICE TO CREDITORS

The administration of the estate of HENRY CLAY FEARS, JR., deceased, whose date of death was November 26, 2011, and whose social security number is xxx-xx-7376, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 430 South Commerce Avenue, Sebring, Florida 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate, on whom a copy of this notice is required to be served, must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT SO FILED WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is October 28, 2012.

/s/ William C. Fears Personal Representative 1452 Course View Drive Fleming Island, Florida 32003

/s/ Rose Marie K. Preddy Attorney for Personal Representative Florida Bar No. 0105872 Law Office of Rose Marie K. Preddy, P.A. 12627 San Jose Boulevard, Suite 102 Jacksonville, Florida 32223 Telephone: (904) 665-0005

October 28; November 4, 2012

1050 Legals

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA PROBATE DIVISION FILE NO. PC 12-406

IN RE: ESTATE OF NORMAN JAMES ELLIOTT, Deceased.

NOTICE TO CREDITORS

The name of the decedent, the designation of the court in which the administration of this estate is pending, and the file number are indicated above. The address of the court is 430 S. Commerce Avenue, Sebring, FL 33870. The name and address of the personal representative and the personal representative's attorney are indicated below.

If you have been served with a copy of this notice and you have any claim against the decedent's estate, even if that claim is unmatured, contingent or unliquidated, you must file your claim with the court ON OR BEFORE THE LATER OF A DATE THAT IS 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER YOU RECEIVE A COPY OF THIS NOTICE.

All other creditors of the decedent and other persons who have claims or demands against decedent's estate, including unmatured, contingent or unliquidated claims, must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT SO FILED WILL BE FOREVER BARRED.

EVEN IF A CLAIM IS NOT BARRED BY THE LIMITATIONS DESCRIBED ABOVE, ALL CLAIMS WHICH HAVE NOT BEEN FILED WILL BE BARRED TWO YEARS AFTER DECEDENT'S DEATH.

The date of death of the decedent is November 7, 2011.

The date of first publication of this Notice is October 21, 2012.

Personal Representative: JOANNE WILLIS ELLIOTT 2720 N. Camden Road Avon Park, FL 33825

Attorney for Personal Representative: CLIFFORD R. RHOADES, P.A. Florida Bar No.: 308714 Clifford R. Rhoades, P.A. 2141 Lakeview Drive Sebring, Florida 33870 (863)385-0346

October 21, 28, 2012

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA CASE NUMBER: 11-935 GCS

STEVE COLTHARP and SARAH M. COLTHARP, Husband and Wife, Plaintiff, vs.

LUCIO CASIO LOPEZ, if alive and if not, the UNKNOWN SPOUSE, heirs, devisees, grantees, creditors, or other parties claiming by, through, under or against LUCIO CASIO LOPEZ and all claimants under any of such party; Defendants.

NOTICE OF SALE Notice is hereby given that pursuant to a final judgment of foreclosure entered in the above-titled cause in the Circuit Court of Highlands County, Florida, I will sell the property situated in Highlands County, Florida described as:

The Property: 1603 Golden Age Villas, Avon Park, FL 33825

Dwelling Unit No. 1603, Building F-1, GOLDEN AGE VILLAS, AVON PARK, Florida, being more particularly described as follows: Commence at the Southwest corner of Lot 20, Block 62, Avon Park, Section 22, Township 33 South, Range 28 East, Highlands County, Florida, as show by map or plat thereof recorded in the office of the Clerk of the Circuit court in and for DeSoto County, Florida (of which Highlands County was formerly a part) in Plat Book 1, Page 58; thence in a Southerly direction along the Easterly right of way line of DeSoto Avenue a distance of 60 feet to the North-west corner of a closed park; thence in an Easterly direction along the North boundary of a closed park, a distance of 99.61 feet to the Point of Beginning; thence continue along the North boundary of a closed park, a distance of 28.24 feet to a point; thence in a Southerly direction and parallel to DeSoto Avenue, through the center line of a partition wall and continue a distance of 70 feet to a point on the center line of a closed park; thence in a Westerly direction along the center line of a closed park a distance of 28.24 feet to a point; thence in a Northerly direction through the center line of a partition wall and continue a distance of 70 feet to the Point of Beginning, as per plat recorded in O.R. Book 277, Page 438 and 439, of the Public Records of Highlands County, Florida.

Real Property Tax I.D. # A-22-33-28-010-0601-6030 at public sale, to the highest and best bidder for cash, in the Jury Assembly Room in the basement of the Highlands County Courthouse located at 430 South Commerce Avenue, in Sebring, Florida at 11:00 A.M. on the 14th day of November, 2012.

SIGNED this 17th day of October, 2012. ROBERT W. GERMAINE CLERK OF THE CIRCUIT COURT By: /s/ Priscilla Michalak Deputy Clerk October 21, 28, 2012

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION CASE NO.: 28-2011-CA-000662

BANK OF AMERICA N.A., Plaintiff, vs. AROOJ AHMED; RAFAT AHMED; UNKNOWN TENANT; IN POSSESSION OF THE SUBJECT PROPERTY, Defendants.

NOTICE OF FORECLOSURE SALE

NOTICE IS HEREBY GIVEN pursuant to Final Judgment of Foreclosure dated the 11th day of July, 2012, and entered in Case No. 28-2011-CA-000662 of the Circuit Court of the 10th Judicial Circuit in and for Highlands County, Florida, wherein BANK OF AMERICA, N.A. is the Plaintiff and AROOJ AHMED; RAFAT AHMED and UNKNOWN TENANT IN POSSESSION OF THE SUBJECT PROPERTY are defendants. The Clerk of this Court will sell to the highest and best bidder for cash at the HIGHLANDS COUNTY COURTHOUSE, 430 SOUTH COMMERCE AVENUE, SEBRING, FL 33870, 11:00 AM on the 14th day of November, 2012, the following described property as set forth in said Final Judgment, to-wit:

LOT 8 LESS THE SOUTH HALF, BLOCK 42, AVON PARK ESTATES, ACCORDING TO THE PLAT THEREOF, RECORDED IN PLAT BOOK 10, PAGE 15, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE.

If you are a person with a disability who needs assistance in order to participate in a program or service of the State Courts System, you should contact the Office of the Court Administrator at (863)534-4686 (voice), (863)534-7777 (TDD) or (800)955-8770 (Florida Relay Service), as much in advance of your court appearance or visit to the courthouse as possible. Please be prepared to explain your functional limitations and suggest an auxiliary aid or service that you believe will enable you to effectively participate in the court program or service.

Dated this 11th day of July, 2012.

Robert W. Germaine Clerk Of The Circuit Court By: /s/ Priscilla Michalak Deputy Clerk October 21, 28, 2012

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION CASE NO.: 28-2011-CA-000662

BANK OF AMERICA N.A., Plaintiff, vs. AROOJ AHMED; RAFAT AHMED; UNKNOWN TENANT; IN POSSESSION OF THE SUBJECT PROPERTY, Defendants.

NOTICE OF FORECLOSURE SALE

NOTICE IS HEREBY GIVEN pursuant to Final Judgment of Foreclosure dated the 11th day of July, 2012, and entered in Case No. 28-2011-CA-000662 of the Circuit Court of the 10th Judicial Circuit in and for Highlands County, Florida, wherein BANK OF AMERICA, N.A. is the Plaintiff and AROOJ AHMED; RAFAT AHMED and UNKNOWN TENANT IN POSSESSION OF THE SUBJECT PROPERTY are defendants. The Clerk of this Court will sell to the highest and best bidder for cash at the HIGHLANDS COUNTY COURTHOUSE, 430 SOUTH COMMERCE AVENUE, SEBRING, FL 33870, 11:00 AM on the 14th day of November, 2012, the following described property as set forth in said Final Judgment, to-wit:

LOT 8 LESS THE SOUTH HALF, BLOCK 42, AVON PARK ESTATES, ACCORDING TO THE PLAT THEREOF, RECORDED IN PLAT BOOK 10, PAGE 15, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE.

If you are a person with a disability who needs assistance in order to participate in a program or service of the State Courts System, you should contact the Office of the Court Administrator at (863)534-4686 (voice), (863)534-7777 (TDD) or (800)955-8770 (Florida Relay Service), as much in advance of your court appearance or visit to the courthouse as possible. Please be prepared to explain your functional limitations and suggest an auxiliary aid or service that you believe will enable you to effectively participate in the court program or service.

Dated at Sebring, Florida, on October 9, 2012.

ROBERT W. GERMAINE As Clerk, Circuit Court By: /s/ Priscilla Michalak AS DEPUTY CLERK October 21, 28, 2012

1050 Legals

or service. Dated this 11th day of July, 2012.

Robert W. Germaine Clerk Of The Circuit Court By: /s/ Priscilla Michalak Deputy Clerk October 21, 28, 2012

1050

Legals

IN THE CIRCUIT COURT
OF THE 10TH JUDICIAL CIRCUIT,
IN AND FOR HIGHLANDS COUNTY, FLORIDA
CIVIL DIVISION
CASE NO.: 282010CA000110A000XX
CHASE HOME FINANCE, LLC,
Plaintiff,
vs.
JAMES B. PACK; CYNTHIA L. PACK; UNKNOWN
TENANT(S); IN POSSESSION OF THE SUBJECT
PROPERTY,
Defendants.

NOTICE OF FORECLOSURE SALE
NOTICE IS HEREBY GIVEN pursuant to a Final
Judgment of Foreclosure Sale dated the 5th day
of September, 2012, and entered in Case No.
282010CA000110A000XX, of the Circuit Court
of the 10TH Judicial Circuit in and for Highlands
County, Florida, wherein CHASE HOME FINANCE,
LLC is the Plaintiff and JAMES B. PACK; CYNTHIA
L. PACK and UNKNOWN TENANT(S) IN POSSES-
SION OF THE SUBJECT PROPERTY are defen-
dants. I will sell to the highest and best bidder for
cash at the HIGHLANDS COUNTY COURTHOUSE,
430 SOUTH COMMERCE AVENUE, SEBRING, FL
33870 at the Highlands County Courthouse in Se-
bring, Florida, at 11:00 a.m. on the 20th day of
November, 2012, the following described property
as set forth in said Final Judgment, to wit:
THE EAST 1/2 OF LOT 65 AND ALL OF LOT 66,
BLOCK 4, ERIN PARK SUBDIVISION, ACCORDING
TO THE PLAT THEREOF RECORDED IN PLAT
BOOK 5, PAGE 77, OF THE PUBLIC RECORDS OF
HIGHLANDS COUNTY, FLORIDA.

ANY PERSON CLAIMING AN INTEREST IN THE
SURPLUS FROM THE SALE, IF ANY, OTHER THAN
THE PROPERTY OWNER AS OF THE DATE OF THE
US PENDENS MUST FILE A CLAIM WITHIN 60
DAYS AFTER THE SALE.

If you are a person with a disability who needs as-
sistance in order to participate in a program or
service of the State Courts System, you should
contact the Office of the Court Administrator at
(863)534-4686 (voice), (863)534-7777 (TDD) or
(800)955-8770 (Florida Relay Service), as much
in advance of your court appearance or visit to the
courthouse as possible. Please be prepared to ex-
plain your functional limitations and suggest an
auxiliary aid or service that you believe will enable
you to effectively participate in the court program
or service.

Dated this 6th day of September, 2012.

Robert W. Germaine
Clerk Of The Circuit Court
By: /s/ Priscilla Michalak
Deputy Clerk
October 28; November 4, 2012

IN THE CIRCUIT COURT
OF THE 10TH JUDICIAL CIRCUIT OF FLORIDA
IN AND FOR HIGHLANDS COUNTY, FLORIDA
GENERAL JURISDICTION DIVISION
CASE NO.: 11-000921-GCS

REGIONS BANK
Plaintiff,
vs.

LARA GROUP, LLC., A-1 MACHINERY CORP.,
JULIO LARA, MELISSA LARA, CNH CAPITAL
AMERICA, LLC., US BANCORP, TEREX CON-
STRUCTION AMERICAS, A DIVISION OF TEREX
CORPORATION., UNKNOWN TENANT #1, AND
ALL OTHER PARTIES CLAIMING AN INTEREST BY,
THROUGH, UNDER OR AGAINST LARA GROUP,
LLC OR A-1 MACHINERY CORP.
Defendants.

NOTICE OF SALE

Notice is hereby given that, pursuant to the Fi-
nal Summary Judgment of Foreclosure entered in
this cause on May 16, 2012, the undersigned will
sell to the highest and best bidder for cash at
public sale in the Jury Assembly Room, in the
basement of the Highlands County Courthouse lo-
cated at 430 South Commerce Avenue, Sebring,
Florida, at 11:00 a.m. on the 20th day of Novem-
ber, 2012 the following described property, situ-
ated in Highlands County, Florida, as set forth in
the Final Summary Judgment of Foreclosure:

LEGAL DESCRIPTION
Commence at the Southwest (SW) corner of
Section 34, Township 33 South, Range 28 East,
Highlands County, Florida; thence run North 0 de-
grees 12'30" East along the Westerly line of said
Section 34 for a distance of 1684.35 feet to the
Point of Beginning; thence continue North 0 de-
grees 12'30" East along the last described
course for a distance of 274.00 feet to a point;
thence run North 86 degrees 11'40" East for a
distance of 294.17 feet to a point on the Westerly
right-of-way line of U.S. Highway 27; thence run
Southeasterly along said Westerly right-of-way
line, along a circular curve to the left having for its
elements a radius of 8662.37 feet, a central angle
of 1 degree 13'17" for an arc distance of 230.02
feet to the point of line for a distance of 78.05
feet to a point; thence run North 89 degrees 57'
30" West parallel to the South line of said Section
34 for a distance of 387.66 feet to the Point of
Beginning.

a/k/a 2400 US Highway 27 South, Avon Park,
FL 33825.

ANY PERSON CLAIMING AN INTEREST IN THE
SURPLUS FROM THE SALE, IF ANY, OTHER THAN
THE PROPERTY OWNER AS OF THE DATE OF THE
US PENDENS MUST FILE A CLAIM WITHIN 60
DAYS AFTER THE SALE.

WITNESS my hand and the seal of the court on
September 18, 2012.

By: /s/ Priscilla Michalak
Deputy Clerk
Clerk of Highlands County
October 28; November 4, 2012

SEBRING AIRPORT AUTHORITY
FINANCIAL SERVICES
Notice to Proposers/Request for Proposals
RFP #12-08

Sebring Airport Authority (hereafter referred to as "SAA"),
Highlands County, Sebring, Florida, requests written
sealed proposals for financial services. The services may
include (but not limited to) loans to specific projects as de-
scribed in more detail in the Request for Proposals (RFP).

GENERAL CONDITIONS
Copies of the RFP are on file and available for public in-
spection at the office of Beverly Glarner, Sebring Airport
Authority, 128 Authority Lane, Sebring, FL 33870 you
may reach Beverly Glarner at 863-655-6444 x 120 or
email at bev@sebring-airport.com or you may go to
www.sebring-airport.com and click on Projects to Bid. All
questions regarding this Notice to Proposers should be in
writing and directed to Beverly Glarner at
bev@sebring-airport.com (the words RFP #12-08 must be
in the subject line of email).

PROPOSALS: Sealed proposals must be received by SAA
on or before 2:00 p.m., local time, on the 19th day, No-
vember, 2012. Proposals must be sent to the following
address:

Sebring Airport Authority
Attn: Marcia Lee
128 Authority Lane
Sebring, FL 33870

Proposals will be promptly opened at 2:00 p.m. in the
Board Room of SAA at the above-mentioned address and
date and time.

EXECUTION OF PROPOSAL: Proposals must be typed or
printed in ink and contain an original signature of an in-
dividual authorized to bind the proposer. Submit three (3)
original and one (1) exact digitized copy in exact order of
proposal. (go to www.sebring-airport.com click on Projects
to Bid for example.

Those submitting proposals are requested to show their
names and address on the envelope as well as the follow-
ing:

FINANCIAL SERVICES
RFP #12-08
DO NOT OPEN UNTIL: 2:00 p.m.
November 19, 2012

Sebring Airport Authority
By: /s/ Mike Willingham, Executive Director
October 21, 28, 2012

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Lake Placid, FL 33852
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AQ5138017

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No Additional Costs

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Lake Placid: 863-441-2514

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If We can assist you, please call us:

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Classified ads get fast results

2000
Employment

2100 Help Wanted
EXPERIENCED TREE CLIMBER or Bucket Operator Needed. Call 863-414-2492

FROSTPROOF FARMS - 18 Temporary workers needed in Bartow FL from approximately Dec 1, 2012 - June 16, 2013 Following the Supervisors instructions, the worker will place a picking sack over their shoulder and carry an 18' to 22' ladder from the field truck to the particular area of the grove to be harvested. (Equipment/tools provided at no cost to worker) A fully loaded sack weighs between approximately 80 and 100 pounds, depending upon the size, condition and variety of fruit. Worker positions ladder against the tree and within reach of the fruit in a leaning position, taking care not to break limbs, damage the tree, knock off fruit or interfere with other workers, in a secure position to prevent slipping or falling and possible injury to themselves or other workers. Remove fruit from the tree and place into pick sack. When picking sack is full take full sack to fruit container located in the grove and drop fruit from pick sack into container. In order to perform this kind of work, worker must be able to work outside for at least 6 hours a day in all kinds of weather and be in possession of the requisite physical strength and endurance to repeat the picking process rapidly, working quickly and skillfully with their hands, and carrying a large number of sacks of fruit from the area in which the fruit is being harvested to the location of the container. Blueberry, Workers will receive a hooked belt and carry 2 - 1 gallon picking buckets to pick all ripe blueberries. Workers will prune berry bushes by hand using pruning shears and loppers. Load much material on trailers and move to fields, unload and spread mulch around plants as needed. Inspect the fields to maintain 3 to 5 foot weed strip between rows by removing weeds, grass, etc. using a hoe or pulling by hand. Workers may be required to perform miscellaneous grove clean-up work. These activities may include removing ladders, debris, boxes, discarded fruit from the fields to clean growing areas, pruning painting trees, repair and or replace irrigation equipment, may maintain fence lines. The highest of \$9.54 per hr. or applicable piece rates depending on the crop activity, 3/4 guarantee, 35 hrs per week, housing and transportation provided at no cost to workers who cannot reasonably return to their permanent residence at the end of each work day, must be 18 years or older. Transportation and subsistence expenses to the worksite will be reimbursed upon completion of 50% of the work contract or earlier if appropriate. We participate in the E-Verify program and workers must have valid identification for I-9 preparation when they report to begin work. Apply or send resume to the nearest local office of the State Workforce Agency in your area using job order #FL 9717165

2100 Help Wanted
FRONT DESK/RESERVATIONS For Hotel/Golf Resort. Experience preferred. Apply in person Monday-Friday 10-4pm. at 100 Clubhouse Ln. Sebring, 33876. Call for directions only 863-655-0900.

2100 Help Wanted
EXPERIENCED TREE CLIMBER or Bucket Operator Needed. Call 863-414-2492

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IMMEDIATE OPENING in a Medical Office should be computer literate, EMR experience preferred. Attractive benefits. Fax resume to (863) 471-9340 or E-mail: cfmsonni@gmail.com

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PEDIATRIC OFFICE looking for bilingual MA/LPN with Certification. Experience with Blood draws, giving shots, triaging patients required. Contact office at (863) 471-0235.

SALESPERSON - NEEDED For A Growing Used Car Business. Will provide training for a self motivated, energetic, bilingual person with basic computer skills. No phone calls please. Apply in person. **Macklin Auto Sales**, 1002 West Cornell St., Avon Park.

UNITED WAY OF CENTRAL FLORIDA seeks Director for Highlands County Division. Bachelor's degree preferred. Submit resume & salary requirements by Sunday Nov. 4th to United Way, POB 1357, Highland City FL 33846. Fax 863-648-1535 or email robi.cashbaugh@uwcf.org

2100 Help Wanted
LOCAL MARKETING COMPANY
Looking to engage 3 Sales Reps for Highlands County area. Must be professional & have reliable transportation Email resume to: jobs@verabay.com

2100 Help Wanted
WE ARE IN NEED OF A MECHANIC to work on Tractors & Heavy Equipment in our Okeechobee field. We need some help with repairs & maintenance. If interested please call David 352-281-0235 or 386-454-5688. Serious inquiries only.

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OUT OF STATE / Hartford, Indiana. 3BR, 2BA, 2CG, Storage bldg., Deck, Privacy fence, Waterfront view, All appliances, Vinyl windows, All window coverings. \$74,900. Call Barb Office 765-664-6923 - Cell 765-661-6934

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2 BR, 2 BA, Furnished: \$32,500
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LAKE PLACID - Placid Lakes, Unfurnished 2BR, 2BA. \$500/mo. + \$200 security. 863-699-0897 or 863-840-2013

SEBRING - 2BR, 1BA. Newly Remodeled. \$425. per mo. 1648 Penny Ave. Call for details. 863-381-0357 or 863-446-2838.

SEBRING 2BR/2 BA., 1 car garage, 2000sq.ft., \$650/mo. No pets, No smoke. 863-402-1142

6150 Furnished Apartments
1 BEDROOM FURN. APT. FOR RENT
AVON MOBILE HOME PARK
55 PLUS PARK. SORRY NO PETS.
863-453-3415 1350 N. LAKE AVE.

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Great Sunsets! Upper Apt. 1BR, 1BA, New carpet, Large porch. \$425/mo. + Sec. Includes W/S/G & Lawn care. No Pets! 863-273-2103

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1BR or Studios, on the circle. \$450-600. Some Utilities incl. Attn: Vets, Special programs for rentals, subsidized payments, call to see if you qualify. 863-386-9100.

6200 Unfurnished Apartments
RELAX AT Lake Isis Villas
** Luxurious ** 1 BR Apartment.
Clean & Quiet Setting.
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AVON PARK * LEMONTREE APTS *
1BR \$520 mo. + \$350 Sec. Deposit, available immediately. Washer/Dryer & WSG included. Pets OK! Call Alan 386-503-8953

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Great Sunsets! Lower Apt., 2BR w/ new carpet, 1BA, Tile floors. \$550 + Sec. Includes W/S/G & Lawn Care. No Pets! Close to Shopping. 863-273-2103

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SEBRING NICE, clean & quiet 2/1. \$375. Studio Apartment \$275. W/D hook ups. Lawn Maintenance incl. Maintenance free Oak & Palm Trees. Call 941-224-9756

6250 Furnished Houses
LAKE PLACID - Near Lake Placid Boat Ramp with lake access. Furnished 2/1, appliances, A/C. \$550/mo. + \$50 water. 863-465-1354.

LAKE PLACID 2 Small Houses on Lake June. A small 2BR/1BA. 1 outside shower w/lakeside porches inside & out, and a 3BR/2BA., large inside porch lakeside and small porch lakeside. Side by side for you and your friends. Both fully furnished, both have docks and 2BR. House has a boat lift. \$1300/mo. Located at 452 and 450 Lake June Rd. Right across from local restaurant/pub. Call or email for pics. 863-735-0905

6300 Unfurnished Houses
AVON PARK - 3BR, 1BA. All Appliances Included. Immediate occupancy. Close to US 27/WalMart. \$650 per mo. Call for Details. 863-449-0429 or 301-245-4619

AVON PARK, BEAUTIFUL 3/2 All appliances included. Immediate occupancy. 206 E. Thomas St. Close to Elementary, Middle & High School. \$800/mo. For details call 863-452-6112

AVON PARK
North Central Heights Homes, a new "Rent Restricted" single family home development in Avon Park. Rents average in the low to mid 500's & 600's! 2, 3 and 4 BR available!
DON'T DELAY APPLY TODAY! NO APPLICATION FEE!

CALL:
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863-452-4432
On-line Applications
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SEBRING - 2 STORY TOWN HOME
3 BR, 2 1/2 BA, 1 CG
\$800/Monthly
No Smoking, No pets.
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6320 Seasonal Property
LAKE PLACID Covered bridge. Beautiful 2/2. Sun Porch, 1 block to Club House, heated pool, fully equipped kitchen. Available Dec. 1st. \$1200/mo. Call 239-821-4730

6550 Warehouses for Rent
FAIRMOUNT SELF STORAGE UNITS FOR RENT. Behind Love Bugs & US. 27. Starting at \$45. 5 x 10/10 x 10. Call 863-386-9100

6750 Commercial Rental
DOWNTOWN SEBRING ON THE CIRCLE, STORE FRONT FOR RENT 1500 sq. ft. \$1,000/mo. Great for Thrift Store, Art Gallery, Antique store. Pieces of the Past Building, Circle 313. Call 863-386-9100

7000 Merchandise

7180 Furniture
LIVING ROOM SUIT 3 piece, reclining, LA-Z-BOY. Like new. Original price \$4000. \$1495. Call 717-682-2188

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All queen *995* all King *1295
Compare to any mattress gallery
Lamps *19, Barstools *39up,
Desks *297up,
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OVER 50 STYLES
Ent. Centers \$167up
Double Reclining Sofa \$587
HIGHPOINT FURNITURE
2346 U.S. 27 N, SEBRING
We are located across from The Home Depot

7300 Miscellaneous
GAS GRILL - A Commercial Infrared Char - Broil w/ cover, gas bottle & gas. Very Good Condition. Must See!! \$150. 863-453-7027

7300 Miscellaneous
HANDICAP RAMP 4' x 23'. Rubbermaid Storage Shed, 5'H x 2.5D x 4.4'W. \$550 obo. Call 574-780-0132

7310 Bargain Buys
AUTO TAG Hawaii souvenir. \$35. Call 863-446-0972.

BICYCLE / BOYS / 16 Inch / Has painted flames. Like New. \$15. 863-471-3456

BREAD MAKER Regal, used 2 times. \$35. Call 863-446-0972

CHAIR BLUE upholstery. Dark wood. Excel. \$15. Call 352-446-0972

COFFEE TABLE & Matching End Table Set.(w/ drawers) Light wood, Excell. Ashley Furniture. \$60. 863-471-3456

COPPERTONE / Electric Coffee Pot \$8. 863-471-0098

FOOTSTOOLS (2) Mushroom Style. Both for \$20. 863-471-3456

HUTCH GLASS. \$50. Call 863-257-1512

KITCHEN TABLE w/4 chairs on rollers. Call 863-257-1512

ROOM DIVIDER / Dark Wood / 3 Panels \$45. 863-471-3456

WIG-PAULA YOUNG, Short Gray Color, New / Never Worn, \$10. 863-471-0098

7320 Garage & Yard Sales
FROSTPROOF 748 S. Lake Reedy Blvd. Nov. 1 - 3rd. 7:30-3pm. Tools, fishing, collectibles, Tupperware, Depression glass, dining/serving, crafts, linens, electronics, media, appliances & clothing.

SEBRING - ** HUGE SALE! ** 6703 Old Oak Ave. Fri - Sat - Sun, Oct 26 27 & 28, 8 AM - ? Tools, Household items, VHS & DVD's. Too Much To List!!

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Five-Day forecast for Highlands County

TODAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Mostly sunny and breezy	Mostly sunny and nice	Bright sunshine and pleasant	Mostly sunny; nice in the afternoon	Mostly sunny, a t-storm possible
80° / 56°	72° / 47°	69° / 51°	76° / 59°	81° / 59°
Winds: WNW at 10-20 mph	Winds: NW at 10-20 mph	Winds: WNW at 7-14 mph	Winds: WSW at 6-12 mph	Winds: WSW at 7-14 mph

Almanac

Temperature
Readings at Archbold Biological Station in Lake Placid

High Tuesday	83°
Low Tuesday	68°
High Wednesday	86°
Low Wednesday	71°
High Thursday	80°
Low Thursday	68°

Heat Index
For 3 p.m. today

Relative humidity	48%
Expected air temperature	80°
Makes it feel like	81°

Barometer

Tuesday	29.91
Wednesday	29.81
Thursday	29.70

Precipitation

Tuesday	0.00"
Wednesday	0.02"
Thursday	0.67"
Month to date	3.59"
Year to date	55.27"

Tides
Readings at St. Petersburg

High	1:02 a.m.
Low	8:09 a.m.
High	2:51 p.m.
Low	7:28 p.m.

Readings at Palm Beach

High	0:23 a.m.
Low	1:48 a.m.
High	8:30 p.m.
Low	2:43 p.m.

Lake Levels
Readings as of 7 a.m. yesterday

Lake Jackson	78.30
Lake Okechobee	15.81
Normal	14.51

UV Index Today
The higher the AccuWeather.com UV Index™ number, the greater the need for eye and skin protection.

3	6	6	3
10 a.m.	Noon	2 p.m.	4 p.m.

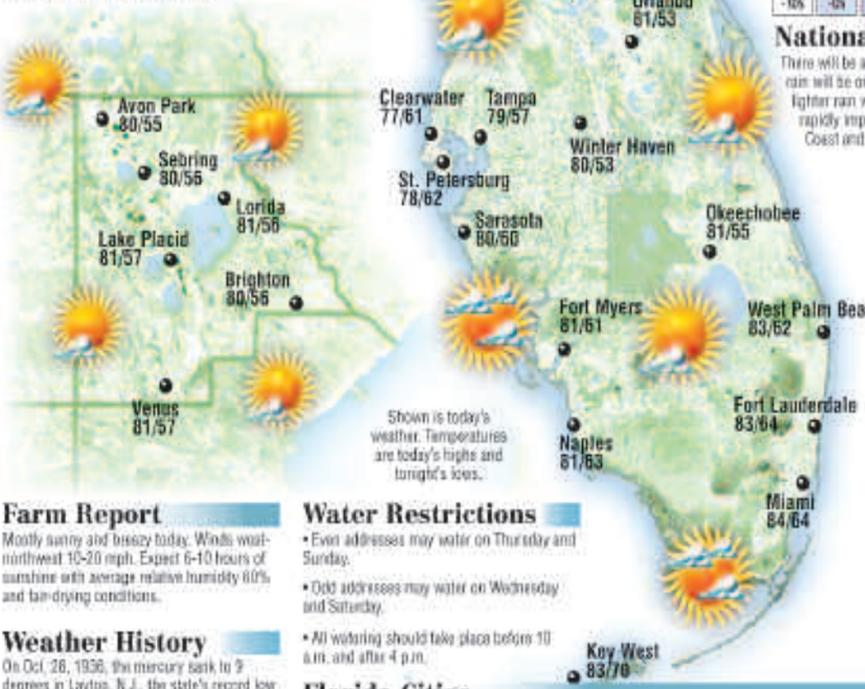
0-2 Low; 3-5 Moderate; 6-7 High; 8-10 Very High; 11+ Extreme

Forecasts and graphics provided by AccuWeather, Inc. ©2012

AccuWeather.com

Regional Summary

Mostly sunny and breezy today. A moonlit sky tonight. Mostly sunny and nice tomorrow and Tuesday. Wednesday, mostly sunny; nice in the afternoon. Thursday, mostly sunny with a thunderstorm possible.



Farm Report

Mostly sunny and breezy today. Winds west-northwest 10-20 mph. Expect 6-10 hours of sunshine with average relative humidity 60% and fast-drying conditions.

Weather History
On Oct. 28, 1936, the mercury sank to 9 degrees in Layton, N.J., the state's record low for October. Five inches of snow fell in the mountains of Georgia 37 years later.

Sun and Moon

	Today	Monday
Sunrise	7:32 a.m.	7:30 a.m.
Sunset	6:47 p.m.	6:46 p.m.
Moonrise	6:02 p.m.	6:41 p.m.
Moonset	6:27 a.m.	7:18 a.m.

Full Moon: Oct 29
Last Moon: Nov 6
New Moon: Nov 13
First Moon: Nov 20

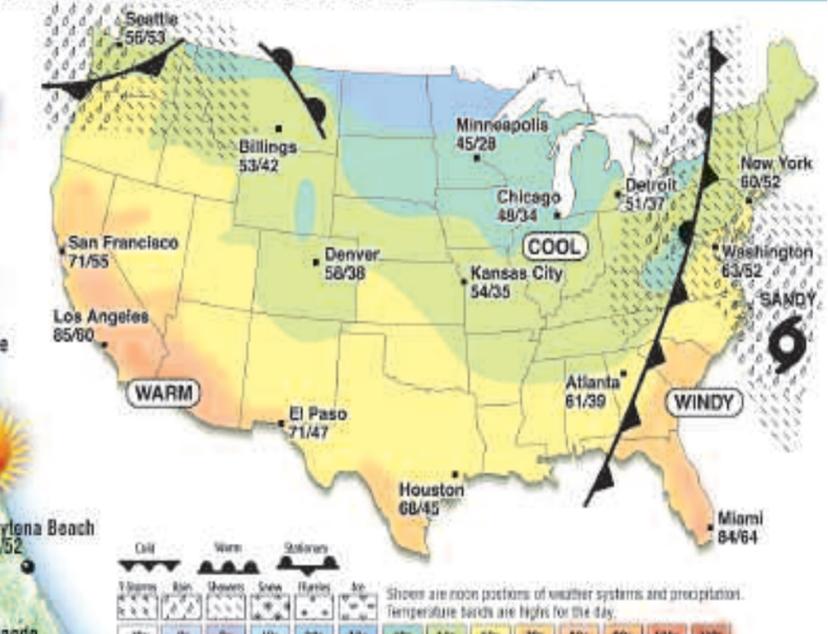
Water Restrictions

- Even addresses may water on Thursday and Sunday.
- Odd addresses may water on Wednesday and Saturday.
- All watering should take place before 10 a.m. and after 4 p.m.

Florida Cities

City	Today	Mon.	Tue.
Cape Coral	81/60pc	75/52s	71/55s
Clearwater	77/61pc	71/55s	69/58s
Daytona Beach	80/52s	70/46s	67/49s
Fort Myers	81/61pc	75/53s	71/54s
Gainesville	78/45s	67/40s	65/43s
Hollywood	84/62s	76/52s	72/54s
Homestead AFB	82/62s	75/52s	72/53s
Jacksonville	78/47s	65/37s	62/40s
Key West	83/70pc	78/67s	74/62pc

National Forecast for October 28



National Summary

There will be a day of clouds and increasing wind and rain today as Sandy begins to approach the Northeast. Heavy rain will be ongoing from the Outer Banks of North Carolina into eastern Virginia and the Delmarva region, while lighter rain will fall across Pennsylvania. Over the Southeast, it will remain on the windy side, but conditions will be rapidly improving as Sandy moves away. Cool air will spill in on blustery north winds even as far south as the Gulf Coast and into Florida.

U.S. Cities

City	Today	Mon.	Tue.
Albuquerque	65/44s	72/45s	68/44s
Albany	61/39pc	57/35s	57/41s
Baltimore	61/50s	58/44s	51/42s
Birmingham	59/36s	57/34s	62/39s
Boston	58/53s	64/58s	66/53s
Charlotte	68/42s	59/34pc	55/34pc
Cheyenne	59/38pc	62/40pc	62/40s
Chicago	49/34pc	48/34pc	49/30pc
Cleveland	49/41s	47/39s	45/39s
Columbus	51/38s	49/11s	43/24s
Dallas	65/36s	69/47s	73/54s
Denver	58/38pc	70/41pc	68/42s
Detroit	51/37pc	49/32s	47/37s
Harrodsburg	58/49s	55/42s	47/40s
Honolulu	84/73s	85/73s	85/72s
Houston	68/45pc	71/46s	75/57s
Indianapolis	51/32pc	51/32pc	49/32s
Jackson, MS	62/34s	62/34s	64/34s
Kansas City	64/32pc	58/35s	57/36s
Lexington	51/32pc	50/32pc	49/32s
Little Rock	59/37s	58/35s	65/40pc

World Cities

City	Today	Mon.	Tue.
Aspen	51/29s	52/24s	52/24s
Atlanta	75/70pc	79/61s	74/59s
Bahia	78/69s	82/72pc	84/72pc
Berlin	45/27s	43/26s	43/34s
Bermuda	80/75s	80/73s	79/72s
Calgary	42/26s	42/32pc	38/25s
Dublin	46/29s	47/36pc	48/43s
Edmonton	29/22s	31/17s	27/21s
Frederic	60/48s	75/44s	73/49pc
Ghana	38/19s	43/13pc	51/32pc
Havana	84/62pc	79/60pc	77/59s
Hong Kong	82/77s	85/76s	77/69s
Jerusalem	73/46s	78/37s	78/51s
Johannesburg	73/57s	75/57s	70/52s
Key	59/57s	65/39s	49/30s

State

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News-Sun

Sunday, October 28, 2012

Winds, Bartow batter Blue Streaks

By DAN HOEHNE

daniel.hoehne@newsun.com

SEBRING – The outer bands of Hurricane Sandy whipped up quite a windy night Friday, wreaking havoc with any and every high school football teams kicking and passing games.

But the visiting Bartow YellowJackets were able to overcome the elements, as well as the Blue Streaks, in a 24-7 win at Firemen's Field.

Bartow
24
Sebring
7

"We just couldn't get anything going on offense," Sebring head coach LaVaar Scott said afterward. "One way, we're going against the wind and couldn't pass, and then we really couldn't establish the run."

The Streaks moved the ball decently their opening drive, getting a 14-yard run from Davaris Faulk and eight yards on two carries from Ladante Harris.

But an illegal motion call

backed them up just enough to soon force a punt.

The defense held on the next possession and a bad snap forced Bartow back and punting from its' own 9-yard line – against the wind.

The resulting, stifled boot got the ball back to the Streaks at the YellowJacket 28.

Again Faulk broke off a 14-yard run and A.J. Gayle carried a slew of tacklers for an 11-yard

See SEBRING, Page 4B



News-Sun photo by DAN HOEHNE
The Sebring defense was, at most times, stalwart Friday, wrapping up Michael Walker here in the loss to Bartow.

Dragons come back on Cowboys

By DAN HOEHNE

daniel.hoehne@newsun.com

Too often, it is the big play and costly mistakes or turnovers that do the Dragons in.

Friday night at LaBelle, however, Lake Placid was the one making the big plays, forcing Cowboy turnovers and capitalizing on mistakes in a thrilling 16-14 District 6-4A win.

Trailing 7-0 in the first quarter, the Dragons forced a fumble and took over on the LaBelle 40.

One play later, the big strike tandem of Robert Walton Jr. to Ricky Miller sparked again on a 38-yard touch down pass, catch and run.

The attempt at the two-point conversion failed and Lake Placid trailed 6-0.

The Cowboys looked to take control with another score to go up 14-6, and after their defense held the Dragons at bay, were driving again.

But Marquavean Copeland stepped in front of a pass and picked it off at the Lake Placid five.

A penalty on the play, after the interception, backed the Dragons up to their own one, giving them both a long way to go and in a risky situation with little room to maneuver.

Trying a quick slant across the middle in an effort to create some breathing room, the Walton to Miller connection did just that – and a whole lot more.

Snaring the spiral at the five, Miller took it to the house, sprinting through and



News-Sun file photo by DAN HOEHNE

Ricky Miller scored both Lake Placid touchdowns Friday night, snaring passes from Robert Walton Jr. for big-play scores in the Dragon win at LaBelle.

past the LaBelle defenders the remaining 95 yards for, all-told, a 99-yard score.

Foster Walker took in the two-point conversion and just like that, it was all tied up at 14-14 at the half.

Both defenses locked in at the onset of the third, with neither offense able to gain much traction or yardage.

Then a Cowboy mistake gave Lake Placid the lead.

On fourth down from their own 30, LaBelled lined up for a punt.

The snap, however, sailed high over the punters head and rattled down toward, and into, the end zone.

With Dragon defenders in hot pursuit of the tumbling pigskin for a potential touchdown, the punter kicked it out of bounds for an automatic safety and a 16-14 Lake

Placid lead.

Into the fourth quarter it went and the minutes ticked by.

With 2:45 left to play, the Cowboys had one more shot to take the lead back and lined up for a 37-yard field goal.

But Chase Griffin burst up through the line to block the kick and all but secure the

See LP, Page 3B

Lake Placid makes splash at District

Special to the News-Sun

WINTER HAVEN – It was a busy day for the Green Dragon swim teams Wednesday, Oct. 24, as they represented Lake Placid in exemplary fashion getting team wins on both the boys and girls side of the District 5-1A meet at the Rowdy Gaines Pool in Winter Haven.

The boys totaled 461 points to stay well ahead of the 417 tallied by All Saint Academy, while Avon Park's gents finished third on the day.

It was between the Dragons and All Saints on the girls side as well, with the ladies in green getting a 391-358 edge for a fourth straight district team title.

And of course, a team title is built on strong individual performances, of

which there were a slew of the Dragons.

To advance from Districts to Regionals, individually, a top-eight finish must be swum.

For the relay teams, the first-place finish in each district is an automatic qualifier, while the rest of the field is selected from the best times from all the meets.

Similarly, just the top two divers from each district, with a minimum score of 280, secure a Regional spot, with the next best scores from across the Districts filling in the remaining 18 spots.

Lake Placid got one diver advancing automatically as Michelle Hunter placed second with a

See SWIM, Page 3B

Tigers too much for the Red Devils

By JAMIE WILLIAMS

Special to the News-Sun

AVON PARK – Despite gusty winds and darkened clouds pouring over Joe Franza Stadium, the rain did not show up.

Unfortunately for Avon Park, the Dunbar Tigers did show up.

Mother Nature kept the rain away, but the Red Devils could not keep the Tigers out of the end zone as Dunbar cruised to a 44-0 win.

"They are extremely athletic and obviously we use the term creating is their strength," said Avon Park head coach Lee Brown, "When you have everything accounted for, schematically, you cannot account for their

ability to create on broken plays, which is what happened tonight."

With the wind at their backs, Dunbar started its' first drive from the mid-field stripe.

Two plays later, they were on Avon Park's 13.

The Red Devil defense tightened up and forced Dunbar into a fourth-and-13 from the 16-yard line.

But the Tigers went for it and quarterback Daniel Cobb ran 16 yards

for the touchdown. Avon Park prevented the two-point conversion to keep the score at 6-0.

The next three plays netted two turnovers as

See AP, Page 4B

Dunbar
44
Avon Park
0

Lady Devils downed, prep for playoffs

By BRITTANY WHITTINGTON

News-Sun correspondent

LAKE PLACID – "When you come into districts, you've got to be on top of things," explained Avon Park head coach Stephanie Devlin.

The Lady Red Devils of Avon Park traveled down to Lake Placid to make an attempt to be District 10-4A champions against the DeSoto Bulldogs, but they were not successful.

The Bulldogs swept the Devils in three sets on Thursday night.

"During season we went four and five games," said Devlin. "Getting taken in three is not what I expected."

The Red Devils had a slow start in the first set, being down quickly 15-6.

Their serve receive wasn't at its best, which was a big factor in the loss.

The Bulldogs did not allow the Devils to score many more points before they finished the set 25-12.

The second set would start off differently than the first with the Devils coming out much stronger and taking an early lead at 8-5.

The Lady Devils serving was top notch throughout the second set.

But DeSoto gained a little momentum and took the lead by one at 11-10.

Avon Park was not about to just lay down and give up, however, as they stopped the Lady Bulldogs momentum with a six-point run.

A side out for the Bulldogs allowed them to make a fighting comeback and level the score a little bit, being down just 19-17.

But the Lady Bulldogs kept

See DEVILS, Page 3B



News-Sun photo by DAN HOEHNE

Otaysha Smith, left, and Kayla Wilson go for the block against DeSoto Thursday night in the District 10-4A Tournament championship.



News-Sun photo courtesy of JAMIE WILLIAMS
Red Devil tacklers Lauer Lewis, left, and Mason Jahna, behind, wrap up the Dunabr ball carrier.

THE SCOREBOARD



LIVE SPORTS ON TV

AUTO RACING SUNDAY

- 2 p.m. NASCAR – Tums Fast Relief 500 ESPN
- 4 p.m. NHRA – Big O Tires Nationals, Qual. . . ESPN2
- 8 p.m. NHRA – Big O Tires Nationals ESPN2

GOLF SUNDAY

- 9 a.m. EuroPGA – BMW Masters. GOLF
- 1 p.m. LPGA – Taiwan Championship. GOLF
- 3:30 p.m. PGA – Web.com: Tour Championship. . . GOLF
- 5:30 p.m. AT&T Championship GOLF
- 8 p.m. LPGA – CIMB Classic GOLF

MLB WORLD SERIES SUNDAY

- 8 p.m. San Francisco at Detroit, Game 4 FOX
- 8 p.m. San Francisco at Detroit, Game 5 FOX

MAJOR LEAGUE SOCCER SUNDAY

- 9 p.m. Seattle at Los Angeles ESPN

NBA TUESDAY

- 8 p.m. Boston at Miami. TNT
- 10:30 p.m. Dallas at L.A. Lakers TNT

NFL SUNDAY

- 1 p.m. Jacksonville at Green Bay CBS-6
- 1 p.m. Miami at N.Y. Jets CBS-10
- 1 p.m. Regional – Atlanta at Philadelphia, Carolina at Chicago or Washington at Pittsburgh. . . FOX
- 4 p.m. N.Y. Giants at Dallas. FOX
- 8:20 p.m. New Orleans at Denver NBC
- 8:30 p.m. San Francisco at Arizona ESPN

PREMIER LEAGUE SOCCER SUNDAY

- 9:25 a.m. Everton vs. Liverpool ESPN2

SKATING SUNDAY

- 2 p.m. ISU Grand Prix, Skate Canada. NBC

TENNIS SUNDAY

- 2 p.m. WTA – Teb-BNP Paribas Championship.ESPN2

WOMEN'S COLLEGE VOLLEYBALL SUNDAY

- 1 p.m. Alabama at Tennessee SUN
- Times, games, channels all subject to change*

New Orleans	4	4	500	1.5
Dallas	3	3	500	1.5
San Antonio	3	3	500	1.5
Memphis	3	4	429	2

Northwest Division

Minnesota	4	2	.667	—
Utah	5	3	.625	—
Oklahoma City	4	3	.571	.5
Denver	3	4	.429	1.5
Portland	3	4	.429	1.5

Pacific Division

Golden State	5	2	.714	—
Sacramento	5	2	.714	—
L.A. Clippers	5	3	.625	.5
Phoenix	4	3	.571	1
L.A. Lakers	0	8	.000	5.5

Thursday's Games

- Milwaukee 100, Charlotte 90
- Chicago 97, Portland 91
- Sacramento 94, L.A. Lakers 82
- L.A. Clippers 106, Denver 94

Friday's Games

- Houston 108, Orlando 92
- Chicago 97, Indiana 90
- Detroit 104, Atlanta 88
- Minnesota 100, Milwaukee 76
- Toronto 120, Memphis 106
- New Orleans 96, Miami 89
- Dallas 99, Charlotte 82
- San Antonio 100, Washington 85
- Phoenix 88, Denver 72

End of Preseason

Transactions

BASEBALL American League

BOSTON RED SOX—Named Torey Lovullo bench coach.
 CHICAGO WHITE SOX—Promoted Rick Hahn to senior vice president/general manager; Howard Pizer to senior executive vice president, and Ken Williams to executive vice president.
 KANSAS CITY ROYALS—Claimed RHP Chris Volstad off waivers from the Chicago Cubs.
 OAKLAND ATHLETICS—Named Darren Bush bullpen coach.

National League

HOUSTON ASTROS—Claimed OF Che-Hsuan Lin off waivers from the Boston Red Sox. Designated RHP Eneiro Del Rosario for assignment.
 SAN DIEGO PADRES—Announced RHP Dustin Moseley and RHP Tim Stauffer have become free agents after clearing outright waivers.

Eastern League

READING PHILLIES—Named Andrew Nelson fundraising manager and sales representative. Promoted Matt Hoffmaster to director of group sales,

Mike Robinson to director of community relations and Anthony Pignetti to assistant director of sales.

American Association

LINCOLN SALTDogs—Sent INF Wilberto Ortiz to Wichita to complete an earlier trade.

BASKETBALL

National Basketball Association
 NEW YORK KNICKS—Waived G Chris Smith.

SACRAMENTO KINGS—Waived F Tony Mitchell, F Willie Reed and C Hamady Ndiaye.

FOOTBALL

National Football League
 NFL—Fined the Baltimore Ravens \$20,000 for not listing S Ed Reed on the team's injury report with a torn labrum in his right shoulder, a violation of the league's procedures for reporting injury information.
 ATLANTA FALCONS—Activated DT Corey Peters from the reserve injured list.
 Waived CB Terrence Johnson.
 JACKSONVILLE JAGUARS—Signed CB Kevin Rutland. Placed LB Daryl Smith on injured reserve.
 MINNESOTA VIKINGS—Placed CB Chris Cook on the injured reserve/return list.
 NEW ENGLAND PATRIOTS—Placed CB Ras-I Dowling on injured reserve.
 TENNESSEE TITANS—Signed S Tracy Wilson from the practice squad. Placed RB Javon Ringer on injured reserve.

Arena Football League

ORLANDO PREDATORS—Announced WR Jarvis Williams was assigned to the team.
 SPOKANE SHOCK—Announced WR Steven Black was assigned to the team and agreed to terms on a one-year contract.

SOCCER

Major League Soccer
 MLS—Fined FC Dallas D Jair Benitez an undisclosed amount for his act of embellishment which brought the game into disrepute in the 65th minute of an Oct. 21 game against Seattle. Fined LA Galaxy MF Robbie Keane an undisclosed amount for public criticism of the officials after an Oct. 21 game against San Jose.

COLLEGE

IOWA STATE—Announced G Maurice Jones transferred from Southern Cal and will be eligible starting with the 2013-14 season.
 MISSOURI—Suspended men's basketball senior G Michael Dixon and men's basketball freshman G Dominique Bull, indefinitely for undisclosed violations of team rules.

LOCAL SCHEDULE



Avon Park

TUESDAY: Volleyball in Class 4A Regional Quarterfinals, at Berkeley Prep, 7 p.m.
 SATURDAY: Swimming at Region 2-2A Meet, at Indian River State College, 9 a.m.



Lake Placid

MONDAY: Bowling at Stuart, 8 a.m.
 TUESDAY: Cross Country at Districts, Tenoroc, 5 p.m.
 THURSDAY: Girls Soccer vs. Sebring, 6/7:30 p.m.
 SATURDAY: Swimming at Region 2-2A Meet, at Indian River State College, 9 a.m.



Sebring

WEDNESDAY: Cross Country at Districts, George Jenkins, 4:30 p.m.
 THURSDAY: Girls Soccer at Lake Placid, 6/7:30 p.m.
 FRIDAY: Football at Kathleen, 7 p.m.; Swimming at Region 3-2A Meet, at Dunedin, Diving, 12:30 p.m.
 SATURDAY: Swimming at Region 3-2A Meet, at Dunedin, Swimming, 9 a.m.

SPORTS SNAPSHOTS

Sebring Elks Golf Tournament

SEBRING – The Sebring Elks Lodge No. 1529 monthly golf outing will be held at Golf Hammock Golf and Country Club on Monday, Nov. 5, beginning at 8 a.m. Cost is \$30 which includes golf, cart, lunch and prize fund. To sign up contact Jack McLaughlin at jacknjudy33872@gmail.com or leave a message on 471-3295. Check in by 7:40 a.m. by the Pro Shop.

Turkey Trot 5K

SEBRING – The 20th Annual Turkey Trot 5K has been set for Thanksgiving Day, Thursday, Nov. 22, at Highlands Hammock State Park at 8 a.m.

The largest running event in Highlands County last year's Turkey Trot 5K drew a record field of 658 finishers. Entry fee is \$20 with checks payable to Friends of Highlands Hammock State Park and mailed to Chet Brojek, 3310 Par Road, Sebring, FL 33872 by the Friday, Nov. 16 early entry deadline. Race fees post November 16 will be \$25.

"We have a deluxe 20th edition dri-fit shirt and our unique custom awards for the 2012 Turkey Trot," said race director Chet Brojek. "Those entering after the November 16 date will not be guaranteed size or shirt if we run out." Those needing entry forms may contact Brojek at cbrojek@comcast.net or by calling him at 385-4736.

If sending your check without the form, you must include name, age and tee sizes of entrants. You would sign the waiver form on race morning.

Franza induction

AVON PARK – It's never too early to secure a spot to take in Joe Franza's induction into the Florida Athletic Coaches Association Hall of Fame.

Tickets are not available at the door. The 37th FACA Hall of Fame induction ceremonies will be on Saturday, Jan. 12, 2013 at the Hilton Daytona Beach Oceanfront Resort, beginning with a Noon luncheon.

The luncheon and induction are open to all friends and family, at \$35 per person if purchased prior to Friday, Dec. 21.

Tickets after this dates will be \$50 each, and no tickets will be sold after Friday, Jan. 4.

Luncheon tickets can be purchased by contacting FACA at (850) 727-8117, or PO Box 13805, Tallahassee, FL 32317. Tickets are not mailed, but held at the door for pick up.

Hotel reservations are available at (386) 254-8200 – Please request the FACA Group rate of \$99.

The Hall of Fame is the highest honor given by the FACA.

The award is designed to recognize FACA members for years of coaching tenure in Florida high schools, for dedication to the FACA and for outstanding coaching accomplishments.

Don't miss out on seeing one of Highlands County's own bestowed with this great honor.

Plenty going on at YMCA

SEBRING – The Highlands County Family YMCA is in need of donated bicycles and helmets for ages 5-12 in good condition for a bicycle safety class.

The Highlands County Family YMCA is signing up youth from ages 4-14 years for the Winter Basketball League.

Cost for embers is \$45 and non-members \$65.

The YMCA has partnered with the Champion for Children Foundation to offer Free Drowning Prevention classes for children and parents every Saturday morning from 9 a.m. to 10 p.m.

Pre registration required. The YMCA has not one, but two heated pools and a splash pad for your family to enjoy.

Pool Hours

- Mon.-Thur. – 6 a.m.-8 p.m.
- Friday – 6 a.m.-7:45 p.m.
- Saturday – 8 a.m.-4:45 p.m.
- Sunday – 11 a.m.-4:45 p.m.

Master Val Henry and Master Hank Henry, who are bringing authentic traditional martial arts Karate training to the YMCA.

Master Henry will be offering family martial arts training at the YMCA and classes will be on Tuesdays and Thursdays for both adults and children.

Come try a free martial art karate class at the YMCA.

The fee thereafter is only \$50 per month for YMCA members and \$60 per month for non members.

For questions contact the "Y" at 382-9622.

EXCEL Volleyball

SEBRING – Team XCEL, the Highlands County AAU travel volleyball squad, will be holding a parents meeting on Monday, Nov. 5 at 7 p.m. in the Sebring High School Smith Center.

The AAU Junior National Volleyball Program offers opportunities for boys and girls, ages 10 to 18, in all skill levels to participate in indoor and beach volleyball.

Events are held throughout the country, including local leagues, District Championships, Grand Prix tournaments, Super-Regionals and National Championships.

For more information, contact Venessa Sinness at 214-9633, or by email at vsinness@yahoo.com, or Kim Crawford at 835-2377, volley2befit@yahoo.com.

Horseshoe Club

SEBRING – The Highlands County Horseshoe Club league play is set to begin on Tuesday, Nov. 6, at the Lee Palmer Complex, 439 Pine St., in Sebring.

The league is open to all men and women who like to pitch horseshoes, with play getting underway at 9:30 a.m. For more information, call Irve Swihart at 452-6899.

Meals on Wheels Golf

SEBRING – The 13th Annual Meals on Wheels Golf Tournament will tee off at Harder Hall Country Club on Saturday, Dec. 1.

Benefiting the Sebring Meals on Wheels program, the tournament will be a Foursome Scramble format with an 8:30 shotgun start.

The entry fee of \$75 per person, \$300 per team, includes golf, continental breakfast, lunch and awards.

There will be a million dollar hole-in-one contest, \$20,000 putting contest, hole-in-one prizes on all par-3s, including car, trip and cash prizes.

For more information, call 402-1818, or email MOW@stratonet.net.

NEWS-SUN
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News-Sun file photo by DAN HOEHNE Robert Walton Jr. made the passes that Ricky Miller sprung free for two big scores in Friday's win at LaBelle. Walton has thrown 10 TD passes in the Dragons last five games.

LP gets wild win

Continued from 1B

Dragon win. The Dragons will have this week to enjoy the win, taking their bye, before getting set to finish the season on the road at Lemon Bay on Friday, Nov. 9.

Devils face Berkeley

Continued from 1B

up the pressure and would go on an 8-2 run to finish the set with a 25-21 win.

The Red Devils were put back on their heels quickly being down two sets to none and going into the third set it was crucial for them to dig themselves out of the hole they were buried in.

The third set started off similar to the second with Avon Park taking the lead at 4-1.

A quick momentum shift for DeSoto allowed them to tie the score at 4-4, then quickly pull ahead to a 10-5 lead.

The Lady Bulldogs kept

ings. The Devils were trailing 19-15 and their hopes for a district title were slowly melting away.

DeSoto finished the match and became the 2012 10-4A champions with the 25-16 final score.

By reaching the district title game, both teams earned berths in the Class 4A playoffs.

With the win, the Bulldogs will host Tampa Catholic Tuesday, while the Lady Red Devils must take to the road and take on defending state champion Berkeley Prep.

Swim secures slew of spots for Green Dragons, Red Devils

Continued from 1B

303.85 score.

Waiting to see how the rest of the scores break down, Marty Hickey and Lance Feagley finished sixth and seventh on the boys side.

They each topped the minimum score requirement, keeping them as possible qualifiers.

As far as the sure things, those whose tickets were stamped, the Dragons advanced a whopping 21 swimmers, with more than a few in multiple events.

Anne Weber-Callahan left no doubt in the 100 Backstroke, taking first and

breaking the Lake Placid school record set in 1996 by Kathryn Canter.

Weber-Callahan also finished second in the 200 Freestyle and along with Claire LeBlanc, Robbye Teal and Rachel Shattler will be waiting to hear the likely news they advanced in the 200 Medley Relay, with their second-place finish.

The boys 200 Medley Relay team were also awaiting word as Dalton Lambert, Josh Zahn, Clay Sapp and Efrain Herrera finished third.

LeBlanc, Teal and Shattler all qualified in individual events, as did Lambert, Zahn, Sapp and

Herrera.

Andrew Brown qualified in two events, getting a win in the 100 Breast and placing second in the 200 Individual Medley.

Andrew Miller, Hali Pollard, Shelby Allcorn, Travis Peebles, Kasey Williams and Brock Yates were all multiple-event qualifiers.

Also securing spots at Regionals were Lance Feagley, Eden Taylor, Travis Russell and Brandon Skeens.

Avon Park made a mark of its own, getting a 50 Freestyle win from Steven New to move on and Domonic Hutchins took sec-

ond in boys diving with a 363.05 score to secure a Regional spot.

Looking to get one as well in diving is Josh Gaidos, who was third with 360.45, while he also got an invite by taking sixth in the 500 Free.

New also qualified in the 100 Free, while the Devils got additional qualifying finishes from Koy McGrath, Mikaela Talley, Hannah Farr, Josh Williams and Gary Gergen.

The Region 2-1A meet takes place at Indian River State College in Ft. Pierce on Saturday, Nov. 3, beginning at 9 a.m.

Streaks honor senior swimmers

Courtesy photo

The Blue Streak swim team was busy up at the District 7-2A meet Thursday and Friday in Winter Haven, with results pending as to how many will move on to their Region 3-2A meet in Dunedin on Friday and Saturday, Nov. 2 and 3. But prior to that, the Blue Streaks honored their 17 graduating seniors at the Senior Night meet against Okeechobee on Thursday, Oct. 18. Prior to hitting the pool, the swimmers and divers were recognized for their years of dedication to the sport, school and team. Introduced with a short bio for each, Greg Rawlings, Emily Helterhoff, Robert Jennings, Meghan Knowles, Davis Stephens, Rachel Smit, Tony Karl, Olivia Hitt, Carlos Cardona, Emily Shoemaker, Wade Burger, Erika Cord, Talon Bullard, Kristen Reasoner, Eric Daff, Teaoni Coker and Austin Shurletff were called forward one-by-one. Each received a duffel bag embroidered with their initials, which also included gift cards, merchandise discounts and free offers from various local businesses - including Taco Bell, Love Bugg's Car Wash, Sebring Grand Prix Car Wash, Walgreens Lake Placid, Teen Pregnancy prevention alliance/Drug Free Highlands County, Pizzano's, EMCI-Wireless, Highlands Indoor Gun Range, Florida Shade, DQ Grill and Chill, Heartland Bowl, The Gate Station, Pizza Hut, Cue Time, Malibu Tan, Cindy's Nails, Nails by Gloria, BP Taylor Oil Company, Dairy Queen South, Alan Jay, Personal Rehab, Inc., Reasoner Family, Sew Special Embroidery and Mae Lee's International Deli and Bakery. The senior swimmers were very appreciative of the recognition and gifts received, just as the team and program appreciates all they've brought to make Sebring Swimming a success.



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A special thank you to our host committee members:

Sherry McGrath Kari Pritchett
Taryn Todd Staci Lemler

Tickets are \$25 or \$10 for children and will benefit Cornerstone Hospice services in Highlands county.

For tickets or more information, please contact Kathleen Border at 863-291-5571.



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Friday's Florida Prep Scores

Admiral Farragut 47, Northside Christian 13
 Alonso 17, Tampa Catholic 14
 Anclote 21, Wesley Chapel 14
 Auburndale 39, Fort Meade 0
 Bartow 24, Sebring 7
 Bayshore 21, DeSoto County 20
 Belleview 42, Santa Fe 7
 Bishop Moore 27, Lake Nona 26
 Bishop Snyder 35, Branford 0
 Bishop Verot 37, North Fort Myers 7
 Blountstown 51, Franklin County 0
 Boca Ciega 33, Tarpon Springs 20
 Bozeman School 49, Wewahatchka 12
 Calvary Christian 48, Bradenton Christian 28
 Cambridge Christian 7, Seffner Christian 6
 Cape Coral 48, Lehigh 42
 Carrollwood Day 28, Indian Rocks 22
 Chamberlain 19, Gaither 17
 Chipley 39, Freeport 13
 Citrus 63, Lake Weir 41
 Clay 26, Paxon 6
 Clearwater Central Catholic 23, Lemon Bay 0
 Columbia 21, Orange Park 0
 Community School of Naples 35, St. Stephen's Episcopal 14
 Cottondale 36, Sneads 21
 Countryside 23, Pinellas Park 7
 Crestview 39, Mosley 7
 Dixie County 34, Chiefland 7
 Dunbar 44, Avon Park 0
 Dunedin 17, Middleton 7
 Dunnellon 40, Crystal River 29
 Durant 28, East Bay 3
 Eagle's View 53, St. Francis 13
 East Gadsden 27, Florida 8
 East Lee County 55, Cypress Lake 16
 Estero 48, Mariner 35
 Eustis 51, Tavares 0
 Evangelical Christian 30, St. Petersburg Catholic 27
 First Baptist 46, Out-of-Door Academy 42
 Fort Myers 30, Ida S. Baker 27
 Frostproof 24, Tenoroc 8
 Gainesville 14, Madison County 9
 George Steinbrenner 48, Wiregrass Ranch 10
 Godby 64, Tate 28
 Golden Gate 28, Gulf Coast 10
 Graceville 28, Jay 14
 Gulf Breeze 35, Choctawhatchee 12
 Hamilton County 42, The Villages 14
 Harmony 15, Gateway 13
 Harvest Community School 68, Seacoast Christian 0
 Hawthorne 35, Bronson 0
 Hernando 14, Nature Coast Tech 7
 Hillsborough 43, King 7
 Hudson 30, Gulf 0
 Island Coast 31, Riverdale 14
 Jefferson 39, Leto 6
 Jesuit 21, Gibbs 13
 John Paul II Catholic 41, Rocky Bayou Christian 35
 Kissimmee Osceola 43, Liberty 6
 Lafayette 42, P.K. Yonge 14
 Lake Brantley 21, Lake Mary 17
 Lake Gibson 15, Kathleen 13
 Lake Howell 21, Winter Springs 14
 Lake Mary Prep 26, Agape Christian 24
 Lake Placid 16, LaBelle 14
 Lake Region 34, Haines City 29
 Lakeland Christian 45, Shorecrest Prep 3
 Land O'Lakes 31, Brooksville Central 14
 Landmark Christian 46, International Community 26
 Largo 38, Lakewood Ranch 0
 Leesburg 34, South Lake 27
 Leesburg The First Academy 36, Windermere Prep 30
 Lely 47, Palmetto Ridge 0
 Liberty County 48, South Walton 0
 Maclay 62, Munroe Day 0
 Manatee 62, Palmetto 0
 Milton 28, Pace 20
 Mount Dora 29, Bradford 18
 Navarre 44, Ft. Walton Beach 28
 Nease 37, Matanzas 14
 Newsome 42, Riverview 6
 North Florida Christian 48, Walton 24
 Northview 40, Vernon 0
 Oak Hall 35, St. Johns Country Day 0
 Oakleaf 39, Middleburg 13
 Ocala Trinity Catholic 32, Booker 0
 Ocala Vanguard 48, Lecanto 0
 Orlando The First Academy 56, Berkeley Prep 0
 Oviedo 16, Oak Ridge 14
 Oviedo Master's Academy 40, Peniel Baptist 8
 Pasco 45, Ridgewood 0
 Pensacola 50, Pensacola Washington 7
 Pine Forest 21, Escambia 3
 Plant City 22, Brandon 20
 Plant 20, Armwood 19, OT
 Ponte Vedra 20, Creekside 0
 Providence 27, West Nassau County 22
 Rickards 48, Fort White 17
 Ridge Community 36, George Jenkins 6
 Ridgeview 58, Leon 21
 Robinson 19, Lakewood 8
 Sanford Seminole 28, Hagerty 19
 Sarasota Riverview 28, Sarasota 24
 Seminole Osceola 55, Dixie Hollins 26
 Seven Rivers Christian 42, Central Florida Christian 35
 Sickles 31, Strawberry Crest 17
 South Fort Myers 28, Charlotte 27
 South Sumter 42, Keystone Heights 0
 Southeast 44, Hardee 10
 Spoto 13, Lennard 3
 Springstead 35, Mitchell 0
 St. Cloud 49, Celebration 0
 St. John Neumann 47, Southwest Florida Christian 6
 St. Petersburg Canterbury 21, Keswick Christian 0
 St. Petersburg Northeast 35, Seminole 0
 St. Petersburg 10, Clearwater 7
 Sunlake 35, River Ridge 9
 Tampa Bay Tech 37, Tampa Freedom 0
 Taylor County 28, Suwannee 20
 Temple Christian 34, Cedar Creek Christian 22
 Trenton 49, Hilliard 6
 Trinity Christian-Jacksonville 42, Yulee 22
 Trinity Prep 27, Santa Fe Catholic 0
 Umatilla 62, Montverde Academy 0
 Union County 33, Williston 12
 Venice 45, Chaminade-Madonna College Prep 29
 Vero Beach Master's Academy 61, Bishop McLaughlin 7
 Victory Christian 28, Foundation Academy 20
 Wakulla 56, Deltona Trinity Christian 0
 Warner Christian 12, St. John Lutheran 0
 Weeki Wachee 29, Interlachen 22
 West Florida 52, Arnold 21
 West Orange 21, Ocoee 0
 West Port 42, Chiles 33
 Wharton 38, Blake 7
 Winter Haven 27, Lake Wales 14
 Zephyrhills 35, Fivay 28

POSTPONEMENTS AND CANCELLATIONS

Mandarin vs. DeLand, ppd. to Oct 29.
 Ormond Beach Calvary Christian vs. Father Lopez Catholic, ppd. to Oct 29.
 Fleming Island vs. New Smyrna Beach, ccd.
 St. Joseph Academy vs. University Christian, ppd. to Oct 29.
 Mater Academy vs. Belen Jesuit, ccd.
 Sheridan Hills Christian vs. Dade Christian, ccd.
 Miami Springs vs. Hialeah, ccd.
 Miami Beach vs. Miami Coral Park, ccd.
 Western vs. Miramar, ppd. to Oct 29.
 Berean Christian vs. Northwest Christian, ppd.
 Boyd Anderson vs. Blanche Ely, ppd. to Oct 29.
 Moore Haven vs. Fort Lauderdale Calvary Christian, ppd. to Oct 29.
 Deerfield Beach vs. Coral Springs, ppd. to Oct 29.
 Coral Springs Charter vs. Nova, ccd.
 Hallandale vs. Pompano Beach, ppd. to Oct 29.
 Highlands Christian vs. Zion Christian, ccd.
 North Miami Beach vs. Naples, ppd. to Oct 27.
 North Broward vs. Lake Highland, ccd.
 University (Orange City) vs. Lyman, ppd. to Oct 29.
 Taylor vs. Orangewood Christian, ccd.
 Seminole Ridge vs. Boca Raton Community, ccd.
 Sebastian River vs. Forest Hill, ppd. to Oct 29.
 Summit Christian vs. Glades Day, ppd. to Oct 29.
 Boynton Beach vs. Inlet Grove, ccd.
 Village Academy vs. Jupiter Christian, ppd. to Oct 29.
 Dwyer vs. Lake Worth, ppd. to Oct 29.
 Palm Beach Lakes vs. Okeechobee, ppd. to Oct 29.
 South Fork vs. Olympic Heights, ppd. to Oct 29.
 Jupiter vs. Santaluces, ccd.
 Spanish River vs. West Boca Raton Community, ppd. to Oct 29.
 Suncoast vs. Fort Pierce Westwood, ppd. to Oct 29.
 Merritt Island vs. Space Coast, ppd. to Oct 27.
 Rockledge vs. Astronaut, ppd. to Oct 29.
 Viera vs. Melbourne Central Catholic, ppd.
 Satellite vs. Titusville, ppd. to Oct 29.
 Glades Central vs. Jensen Beach, ppd. to Oct 29.
 Fort Pierce Central vs. St. Lucie Centennial, ppd. to Oct 27.
 Wellington vs. Vero Beach, ppd.

Sebring solid on defense, offense struggles

Continued from 1B

gain. After an offside penalty brought it down inside the two, Gayle burst through at the 6:47 mark for a 7-0 Sebring lead.

But that would wind up being the lone score for the Streaks on the night.

The defense saw outstanding efforts and big plays from the likes of Ezell Gammage and Devon Durham, but Bartow, with a multi-faceted running attack, got enough big plays to soon tie it on a run with 1:10 left in the first.

The wind then had an effect on the ensuing kickoff, making like a virtual wall as the ball's arc suddenly changed and saw it falling straight down.

The onrushing returner couldn't corral it and Bartow got the ball right back at the Sebring 30.

The drive was progressing, but consecutive tackles for loss, one by Durham, made it fourth-and-18 from the 24.

But now into the second quarter, and with the wind at their back, the Jackets brought out kicker Alex Montes for a 45-yard field goal that sailed through the uprights for a 10-7 Bartow lead.

From there, through to halftime, the defenses held, keeping it a narrow deficit for the Streaks heading into the second half.

With the win again making its' presence known, the opening kickoff of the third



News-Sun photo by DAN HOEHNE
A.J. Gayle races around the right side on his way to Sebring's opening, and only, score Friday night.

was fumbled and Sebring had the ball right back.

But the offense was spinning its' wheels and couldn't take advantage.

Michael Walker then broke a 35-yard run to start the next YellowJacket drive, culminating in a QB keeper by Dimitri Leverett for a 17-7 lead at the 8:13 mark of the third.

The Streaks defense did their job the rest of the way, keeping Bartow off the board.

But it was the Jacket defense that provided the final score, with linebacker Freddie Stevenson picking off a pass and returning it for a score with 5:34 left to play

in the game.

"The first half, we were in it," Scott said. "The defense was stout and made a lot of stops in the red zone. Then in the second half, they got one long run, which lead to a score, and that was about it."

"We had a great week of practice and we held down a team that scores a lot of points," he continued. "We just have to keep playing, give these kids a chance to grow and experience football at the varsity level and get better."

It's back on the road next week as Sebring finishes out their District 10-6A schedule with a date at Kathleen on Friday.

AP clawed by Tiger attack

Continued from 1B

Avon Park first fumbled the ball over to Dunbar.

The Tigers then returned the favor by throwing an interception on the next play as Avon Park regained possession of the ball.

Forced to punt after three plays into the stiff wind, Dunbar rushed the punter, forcing him to punt the ball high and against the gust.

The result was, the ball never made it back to the line of scrimmage and actually lost 20 yard by the time it came back down to give the Tigers the ball on Avon Park's 11.

Dunbar scored two plays later on a 10-yard run by Cobb up the middle.

Cobb actually fumbled the ball after breaking through the line of scrimmage, but was able to pick the ball back up and continue the last five yards for the touchdown.

The two point conversion failed again and Dunbar extended their lead to 12-0.

Avon Park would be forced to punt again on their next possession after three plays

from their own 17 yard line.

The punter was unable to handle the snap and was tackled at the one-yard line.

This time the Red Devil defense kept the Tigers out of the end zone, instead settling for a 23-yard field goal to account for the 15-0 lead at the end of the first quarter, which is where it would also stay through to halftime.

Any chance Avon Park had of getting back into it quickly faded in the third quarter as Dunbar scored three times.

Marquise Bryant scored first for the Tigers on a 7-yard run to put Dunbar up 22-0.

Another snap was fumbled by the Avon Park punter and Dunbar's Tajze Battle scooped up the ball and ran 30 yards for the second score of the quarter.

With the two point conversion, the Tigers led 30-0.

Dunbar's Jailyn White scored the third touchdown of the quarter on a 24-yard reverse as Dunbar pushed the lead to 36-0.

Dunbar added one more score in the fourth quarter

when they returned a fumble 31 yards for a touchdown to provide for the final margin at 44-0.

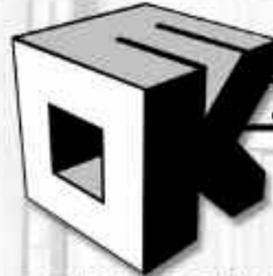
Losing Ryan Dick and David Sims to injury severely hurt the offense.

"When we had both Dick and Sims in the backfield or at least one of them," said Brown. "We had a puncher's chance. Once they both got hurt, so did our puncher's chance."

Coach Brown expressed high praise on another Brown, linebacker Dylan Brown.

"This week we had a package for him that was supposed to be a short yardage and specialty package," said Coach Brown. "We had to expand that because of the injuries. I thought he did a commendable job for a guy who is playing linebacker and ran the ball a little bit last year, to take that many reps against a team like that."

Avon Park is off this week and then will host their final game of the season against county rival Sebring on Friday, Nov. 9.



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CHALK TALK

SFSC Panther Youth Partners helps student find her calling

Special to the News-Sun
AVON PARK – South Florida State College student Angie Rodriguez has been looking out for others most of her life. “I try to defend people who need it, even if other people don’t like it.”

Growing up with an autistic younger brother who was bullied by some of the kids at school, Rodriguez often found herself sticking up for him. Because her father worked long hours and her mother didn’t speak English, Rodriguez would often miss her classes to talk to his teachers and counselors about what was happening. “It was hard sometimes,” Rodriguez said. “He wouldn’t say anything to our parents when he got picked on. Even though the other kids were mean to him, he didn’t want them to get in trouble, so he was more comfortable talking to me about it. I took care of him a lot.”

After a couple of her family members became ill and hospitalized, Rodriguez realized she had a desire to take care of people, and it extended out to others, not just to her family. “I wanted to help other people too, especially those who maybe needed a little extra.” But Rodriguez was never comfortable asking for help for herself when she needed it. “I was scared to ask. I was afraid people might think my questions were stupid.”

Then, when she was a junior in high school and a student in SFSC’s Career

Academy, she learned about SFSC’s Panther Youth Partners (PYP) program. “I didn’t really make good grades then,” Rodriguez said. “I wasn’t interested in studying. But it sounded like a good opportunity to learn job skills and help motivate me to do better in my classes.”

SFSC’s Panther Youth Partners is a federally funded workforce program that offers services to students ages 16-21 that help them gain skills to obtain employment. The services include academic support, financial aid and financial literacy advising, career development assistance, personal, academic and career counseling, job shadowing, and employability skills workshops. The program also works in conjunction with agencies like the health department, Drug-Free Highlands, the Teenage Pregnancy Prevention Alliance, Ridge Area Arc, and the Heartland Workforce to provide students instruction on topics such as health awareness, drug and pregnancy prevention, table etiquette, and job interviewing and resume skills, as well as volunteer and job shadowing opportunities. Students also travel to a Florida university every year, which for many is the only opportunity they have to visit a university and experience what college life is like.

“Many of our students have barriers,” said Eddie Cuencas, program specialist,



Courtesy photo
South Florida State College student Angie Rodriguez participates in the Panther Youth Partners, a federally funded workforce program that offers services to help students ages 16-21 gain skills to obtain employment.

Panther Youth Partners. “Some are economical, some are family related, but they are all things that have taken them off track. Panther Youth Partners provides resources these students otherwise might not get to help them set goals and focus on what it is they want to accomplish.”

With the help of a mentor, which every PYP student meets with once a week, Rodriguez learned how to set goals for herself to improve her grades, and the volunteering and job shadowing opportunities the program offered helped her decide what career path she wanted to focus on. “I didn’t know

what I wanted to do with my life, so my job shadowing was very beneficial,” she said. “You get to try different careers, and if you don’t like one, you can try something else. It helps to know if something is for you or not.” After completing her job shadowing at a general walk-in clinic where she assisted in taking patient’s vital signs, logging their chief complaints, and setting up the patient rooms for the nurse practitioner, Rodriguez realized she wanted to be a nurse.

Panther Youth Partners also presented Rodriguez with another opportunity she found invaluable. She wrote a speech about bullying, and during the program’s annual etiquette banquet, held at the Hotel Jacaranda, Rodriguez was able to give her speech to her peers as well as some school board members. “I was nervous but happy that PYP gave me the opportunity to bring some awareness and to talk to people, especially some school officials, about the subject of bullying and how it affects so many kids. I never would have had the opportunity or the confidence to do something like that before.”

Even after completing the program, Rodriguez continues to use many of the skills she acquired. “I applied what I learned through the resume and job interview workshops to the job I have now. I took notes in those workshops and then went job hunting. I

was surprised at how much of it was the same; they asked all of the same questions, and everything they told us to be prepared for was true. I also had a job interview where I had to have lunch with the interviewers, so I was grateful for all of the etiquette skills PYP taught me. It helped me make a better impression.”

Rodriguez is now a first-generation high school graduate, on her way to becoming a first-generation college graduate, and hopes to enroll in SFSC’s Associate Degree in Nursing program. “I was never really sure what I wanted to do. I never thought I would have the grades for the Associate Degree in Nursing program, but PYP motivated me to do better. It helped me set goals and reach them, and it helped me to not be afraid to ask others for help. Now I know that no question is stupid. I would tell anyone considering the program, ‘Whatever your situation is, take advantage of what’s at your doorstep.’”

For more information and eligibility requirements for the Panther Youth Partners program or to enroll in the program, visit www.southflorida.edu/pantherouth/ or call Cuencas at 784-7161 in Highlands County and Susan Cartwright, program specialist, in Hardee or Desoto counties, at 784-7431.

LP Woman’s Club donates supplies



Courtesy photo

School Supplies donated by GFWC Lake Placid Woman’s Club members were divided and distributed to four local schools on Oct. 25 for the Education Department/Community Service Program. Approximately \$400-\$500 worth of school supplies and at least 300 items. President Terry Reese, Kay Healey, Lourdes Barajas, co-chairman, and Sally Kinsey, chairman, spent two hours each unpacking, separating and dividing school supplies into boxes for Lake Placid Middle School, Lake Placid Elementary, Lake Country Elementary and RCMA South. Pictured (from left) are Barajas, Reese and Sally Kinsey.

PTK induction at SFSC



Courtesy photo

South Florida State College’s Phi Theta Kappa (PTK) chapter inducted 57 new members during a ceremony held Oct. 19. PTK is the national honor society of two-year colleges. Pictured are the new 2012-13 PTK officers. (from left) McHarry Ramos, public relations officer; Cristina Pinillos, secretary; Brian Jimenez, president; Cathrine Steiner, treasurer; Camille Renzoni, vice president; and Jacqueline Navarrete, enhanced member.

Inspirational Thoughts & Scriptures



Inspirational Thoughts
 by Patricia Valentine

Psalm 56:3-4, "What time I am afraid, I will trust in thee. In God I will praise his word, in God I have put my trust; I will not fear

what flesh can do unto me." It is in the midst of life's storm that God lets us glimpse Him and worship Him as we never can otherwise. We sometimes get in an emotional storm because God wants to hear us say what David said: "What time I am afraid, I will trust in thee. When you are in the shadows and you see no way out, you have been taken there for a purpose, and that purpose is entirely about your view of Him. It's only when you realize He's all you have that you discover He's all you need.

Be Blessed

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ARTS & LEISURE

Work by Nicewicz on display at HCA Galleria

Show opening Friday, Nov. 4



Courtesy art 'Celebrating the Art of Judy Nicewicz' is the next exhibit for the Heartland Cultural Alliance Galleria of art in the Sebring Airport. The Artist Reception is set for Friday, Nov. 4.

Special to the News-Sun
SEBRING – The Heartland Cultural Alliance is proud to present "Celebrating the Art of Judy Nicewicz" an exhibit of fine art opening Friday, Nov. 4 at the HCA Galleria of Art in the Sebring Airport. The Artist Reception will be from 4:30-6:30 p.m. Classical guitar music will be provided by Kenny Summers. There will be wine and goodies. The reception is open to the public and free.

Nicewicz is an accomplished artist and art teacher. She represented Grumbacher Paint Company in their Fine Arts Program and has taught at Michaels in Sebring, Davenport and Lakeland as well as A.C. Moore in Fort Myers. Nicewicz is certified in a variety of medium including acrylics, oils, clay, HD painting, fabric, glass, Onestroke painting, free style

and decorative painting. She is a member of TEAM (Teachers of Educational Art Materials) and has conducted classes for the Caladium Arts and Craft Co-op, Highlands Art League, Frostproof Art League and the Highlands County school system.

For more information contact Fred Leavitt, Heartland Cultural Alliance, at 402-8238, or by email at info@heartlandculturalalliance.org.

The alliance's website is www.heartlandculturalalliance.org.

Hartzell is Co-op Crafter of Month

Special to the News-Sun
LAKE PLACID – Jackie Hartzell, this month's Crafter of the Month at the Lake Placid Caladium Cooperative, was born in Brooklyn in 1934. After graduating from 12 years of Parochial schooling, she went to work for Chemical Bank & Trust Company in New York City and moved to Hollywood, Fla. in 1960, then to Plantation in 1973. She worked 33 years in the legal field and 11 years as an accountant.



Hartzell

Office in 2004 when she relocated to Lake Placid.

She raised four children, has nine grandchildren and four great-grandchildren.

In 1977 Hartzell obtained a pilot's license and she and her instructor, Hank Hartzell, opened South Florida Aviation at North Perry Airport in Pembroke Pines. The two have been together 32 years and were married in 1983.

She is writing a book, "So You Want to Fly Baby", which relates to experiences of being a Fixed Base Operator in aviation and all of the problems encountered.

She worked for the U.S. Attorney's Office in Miami and retired from Broward Sheriff's

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Ghostours
The Ghost of Job Taylor

Pumpkins are good for more than jack-o-lanterns



News From The Watershed

Corine Burgess

Pumpkins have been around for a long time. Seeds from the pumpkin family have been found in Mexico dating back to 7000 to 5500 B.C. Pumpkins have been referred to in various ways for many centuries. The name pumpkin originated from the Greek word *Pepōn*, which means large melon. From that, the word was changed again by the French, English and finally the Americans until it came to be known as pumpkin.

Perhaps one of the most widely known uses for the pumpkin is the carving of the jack-o-lantern for Halloween. These eerie looking globes are simply hallowed out pumpkins with a carving on the flesh allowing candle light to flow through. They have been named after the strange light that flickers over peat bogs, called *ignis fatuus* or will-o-the-wisp in English folklore or jack-o-

lantern as we know it today.

The tradition of the jack-o-lantern began in Scotland and Ireland. Originally these unique lanterns were carved from turnips. They were placed on the door steps on the eve of Halloween to ward off evil spirits. A treat would be offered to appease the roaming spirits so they would not play a trick on the residents or their livestock. Once the tradition came to the United States, pumpkins became the fruit of choice due to their availability and size.

Britain and Ireland have a long tradition of carving lanterns from vegetables. The term jack-o-lantern first appeared in 1837 to describe one of these vegetable lanterns. Later in 1866, the term became associated with the Halloween lantern.

But pumpkins have much more to offer than scary faces that glow. The seeds of the fruit, also known as pepitas, are edible. Most of the seeds are covered with a white husk and may be roasted for a popular treat. They are an excellent source of protein, zinc, copper and magnesium.

The oil from the pumpkin is produced from the seeds.



Pumpkins are traditionally used to make jack-o-lanterns, but other vegetables have also been used.

Because the flavor is very strong, it is generally mixed with other types of oil when used for cooking. In Europe, it is considered a delicacy and is used for making pumpkin soup, vanilla ice cream and potato salad. The pumpkin seed's oil contains oleic and alpha-linolenic acids.

The flesh of the pumpkin is very versatile and is also used in cooking. Most of us

have tasted pumpkin pie, which is one of the many dishes that can be created from the fruit. The flesh can be baked, boiled, steamed or roasted to make a variety of dishes. Canned pumpkin is recommended for some pets that have specific health problems. It is high in fiber and aids in the digestive process. Raw pumpkin is fed to poultry as a supplement to

their regular diet and it also helps maintain egg production in the winter months.

When still green, pumpkin is consumed much the same way as squash. The flower the plant produces is also edible. In Mexico and some parts of the U.S., these flowers are a popular staple. They can be used as a garnish or battered and fried in oil. Even the leaves are eaten in many

areas of the world.

With all these uses, it's no wonder that pumpkins are one of the most popular crops in the U.S. and 1.5 billion pounds are produced each year. They are a warm weather crop and are generally planted in July. Enjoy your pumpkin this fall season and maybe try some roasted seeds or pumpkin soup!

Pumpkin trivia

- Pumpkins range in size from less than a pound to over 1,000 pounds.

- The largest pumpkin pie ever made was over five feet in diameter and weighed over 350 pounds. It used 80 pounds of cooked pumpkin, 36 pounds of sugar, 12 dozen eggs and took six hours to bake.

- Pumpkins were once recommended for removing freckles and curing snake bites.

- The largest pumpkin ever weighed 1,140 pounds.

- Pumpkins are 90 percent water.

Corine Burgess is and Environmental Specialist for the Highlands County Parks and Natural Resources Department.

PLACES TO WORSHIP

Places to Worship is a paid advertisement in the *News-Sun* that is published Friday and Sunday. To find out more information on how to place a listing in this directory, call the *News-Sun* at 385-6155, ext. 502.

ASSEMBLY OF GOD

■ **Christ Fellowship Church (Assembly of God)**, 2935 New Life Way, Bearing His Name; Preaching His Doctrine; and Awaiting His Coming. "Worshipping God in Spirit and in Truth." Sunday School, 9 a.m.; Morning Worship, 10 a.m.; Evening Worship, 6 p.m. Wednesday: Worship, 7 p.m. Pastor Eugene Haas. Phone 471-0924.

■ **First Assembly of God**, 4301 Kenilworth Blvd., Sebring. The Rev. Wilmont McCrary, pastor. Sunday School, 10 a.m.; Morning Worship and KIDS Church, 11 a.m.; Evening Worship, 7 p.m. Wednesday Family Night, (Adult Bible Study), LIFE Youth Group, Royal Rangers, Missionettes, 7:30 p.m. Phone 385-6431.

BAPTIST

■ **Avon Park Lakes Baptist Church**, 2600 N. Highlands Blvd., Avon Park, FL 33825. George Hall, Pastor. Christ centered and biblically based. Sunday worship services, 8:30 a.m., 11 a.m. and 6 p.m. Nursery facilities are available. Bible studies at 9:45 a.m. Sunday and 7 p.m. Wednesday. Prayer Time 6:30 p.m. on Wednesday. Bible classes at 9:45 a.m. are centered for all ages. Choir practice at 5 p.m. Sunday. Church phone: 452-6556.

■ **Bethany Baptist Church (GARBC)** We are located at the corner of SR17 and C-17A (truck route) in Avon Park. Join us Sunday morning at 9:00 AM for coffee and doughnuts, followed with Sunday School for all ages at 9:30. Sunday morning worship service begins at 10:30 a.m., and evening worship service is at 6 p.m. On Wednesdays, the Word of Life teen ministry and the Catelyst class (20's+) begin at 6:30 PM. The adult Bible and Prayer Time begins at 7 p.m. For more information go to www.bethanybaptist.org or call the church office at 863-452-1136.

■ **Faith Missionary Baptist Church**, off State Road 17 North of Sebring at 1708 LaGrange Ave. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 6 p.m. Wednesday Service, 7 p.m. Deaf interpretation available. Ken Lambert, Pastor. Phone 386-5055.

■ **Fellowship Baptist Church**, 1000 Maxwell St., Avon Park, FL 33825. Sunday: Sunday School, 9:30 a.m.; Morning Worship, 10:45 a.m.; Wednesday: Evening Service, 7 p.m.; Children/Youth, 7 p.m. Telephone: 453-4256. Fax: 453-6986. E-mail: office@apfellowship.org; Web site, www.apfellowship.org.

■ **First Baptist Church of Avon Park**, 100 N. Lake Ave., Avon Park. Rev. Jon Beck, pastor; Charlie Parish, associate pastor/youth and families; Joy Loomis, music director; Rev. Johnattan Soltero, Hispanic pastor. Sunday – Sunday school, 9:30 a.m.; Worship, 10:45 a.m.; Children's Church, 10:45 a.m.; Youth 445, 4:45 p.m.; Evening Worship, 6 p.m. Wednesday - Wednesday Night Supper, 5:15 p.m.; Children's Choir, 6 p.m.; Youth Activities, 6:30 p.m.; Prayer Meeting/Bible Study, 6 p.m.; Worship Choir Practice, 6 p.m.; Mission Programs for Children, 6:45 p.m. Hispanic Services: Sunday school at 9:30 a.m., worship service at 11 a.m. Wednesday Bible study at 7 p.m. Sunday broadcast on Cable TV Channel 6. Call 453-6681 for details. "In the heart of Avon

Park, for the hearts of Avon Park."

■ **First Baptist Church of Lake Josephine**, 111 Lake Josephine Drive, Sebring (just off U.S. 27 midway between Sebring and Lake Placid). Your place for family, friends and faith. Sunday morning worship service is 11 a.m. Nursery is provided for both services with Children's Church at 11 a.m. Life changing Bible Study for all ages starts at 9:45 a.m. Associate Pastor Allen Altvater leads the youth in their quest to become more like Christ. Sunday night worship at 6 p.m. Wednesday Bible Study and Prayer meeting at 7 p.m. along with youth worship in the youth facility, and missions training for all children. Call the church at 655-1524.

■ **First Baptist Church of Lake Placid**, Knowing God's Heart and Sharing God's Hope, 119 E. Royal Palm St., Lake Placid, FL 33852 (863) 465-3721, Website: www.fbcpl.com. Email: information@fbcpl.com. Sunday services - Traditional Service 9 a.m., Contemporary Service 10:30 a.m. Link Groups at 9 and 10:30 a.m., Wednesday Activities: Family dinner at 5 p.m. (\$4 per person, reservations required). Prayer meeting, Youth Intersections, and MaxKidz Extreme meet at 6:15 p.m. The church is at 119 E. Royal Palm St., Lake Placid. For information, call 465-3721 or go to www.fbcpl.com.

■ **First Baptist Church of Lorida** located right on U.S. 98 in Lorida. Sunday School begins at 9:45 a.m. for all ages. Sunday worship services are at 11 a.m. and 6:30 p.m. Preschool care is provided at the 11 a.m. worship service. Wednesday evening Bible Study and Prayer meeting is at 6:30 p.m., followed by adult choir rehearsal. From September the AWANA groups meet. First Lorida is the "Place to discover God's love." For more information about the church or the ministries offered, call 655-1878.

■ **First Baptist Church, Sebring**, 200 E. Center Ave., Sebring, FL 33870. Telephone: 385-5154. Dr. David E. Richardson, senior pastor; and Rev. Nuno Norberto, associate pastor, minister of music and senior adults. Group Bible Studies, 9:15 a.m.; Blended Service, 10:30 a.m.; Mision Buatista Hispana, 2 p.m.; Sunday Evening Worship, 6 p.m. Wednesday night programs at the ROC begin 5:30 p.m., at church begin 6:30 p.m. Preschool and Mother's Day Out for children age 6 weeks to 5 years old. Call 385-4704.

■ **Florida Avenue Baptist Church**, 401 S. Florida Ave., Avon Park. Mailing address is 710 W. Bell St., Avon Park, FL 33825. Telephone, 453-5339. Rev. John D. Girdley, pastor. Sunday School, 9:45 a.m.; Sunday Worship, 11 a.m.; 11 a.m. Children's Church; Sunday Evening Worship, 6 p.m. Wednesday night programs for children, youth and adults at 7 p.m.

■ **Independent Baptist Church**, 5704 County Road 17 South, Sebring, FL 33876. Sunday School, 9:30 a.m. Sunday worship, 10:30 a.m. Sunday evening, 6 p.m. Wednesday service, 7 p.m. Fundamental, soul-winning, mission-minded, King James Bible Church. Larry Ruse, pastor. Phone 655-1899. Bus transportation.

■ **Leisure Lakes Baptist Church**, 808 Gardenia St., Lake Placid (just off of Miller at the west end of Lake June) "Where the old fashion gospel is preached." Sunday School begins at 9:30 a.m.; Sunday Worship service at 10:45 a.m.; Sunday Evening Service is at 6 p.m. Wednesday Prayer Meeting and Bible Study at 6 p.m. Call the church at 699-0671 for more information.

■ **Maranatha Baptist Church (GARBC)**, 35 Maranatha Blvd., Sebring, FL 33870 (A half mile east of Highlands Avenue on Arbuckle Creek Road.) Sunday School, 9 a.m.; Morning Worship, 10:15 a.m.;

Evening Service, 6 p.m. Mid-week service, Wednesday, 6 p.m. Daily Prayer and Bible Study, 8 a.m., Hamman Hall. Pastor Gerald Webber and Associate Pastors Don Messenger and Ted Ertle. Phone 382-4301.

■ **Parkway Free Will Baptist Church**, 3413 Sebring Parkway, Sebring, FL 33870. Welcome to the church where the "Son" always shines. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m.; and Wednesday Evening Worship, 7 p.m. End-of-the-Month-Sing at 6 p.m. on the last Sunday of each month. The Rev. J.S. Scaggs, pastor. Church phone: 382-3552. Home phone: 214-3025. Affiliated with the National Association of Free Will Baptists, Nashville, Tenn.

■ **Sparta Road Baptist Church, (SBC)** 4400 Sparta Road. Rev. Mark McDowell, Pastor. Sunday school, 9:45 a.m.; Sunday Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m. Wednesday: Prayer/Bible Study, 6 p.m. Nursery provided. For information, call 382-0869.

■ **Southside Baptist Church (GARBC)**, 379 S. Commerce Ave., Sebring. David C. Altman, Pastor. Sunday School for all ages, 9:30 a.m.; Morning Worship Service, 10:45 a.m.; Evening Worship, 6 p.m. Wednesday: Student ministry, 6:30 p.m.; Awana kindergarten through fifth grade, 6:30 p.m.; Adult Midweek Prayer and Bible Study, 7 p.m. A nursery for under age 3 is available at all services. Provisions for handicapped and hard-of-hearing. Office phone, 385-0752.

■ **Spring Lake Baptist Church**, "Where the Bible is Always Open." Pastor Richard Schermerhorn, 7408 Valencia Road; 655-2610. Assistant Pastor Ronald Smith, 386-1610. On U.S. 98 at the Spring Lake Village II entrance. Sunday School, 9:45 a.m. for all ages; Morning Worship, 10:45 a.m.; Sunday Evening Worship, 6 p.m. Wednesday Mid-week Bible Study and Prayer Service, 6:30 p.m. Nursery available for all services.

■ **Sunridge Baptist Church, (SBC)** 3704 Valerie Blvd. (U.S. 27 and Valerie, across from Florida Hospital), Sebring. Tim Finch, pastor. Sunday School, 9:30 a.m.; Sunday Morning Worship, 10:45 a.m.; and Sunday Evening Service, 6 p.m. Wednesday: Prayer, Bible Study, and Youth, 6:30 p.m. Nursery provided. For information, call 382-3695.

CATHOLIC

■ **Our Lady of Grace Catholic Church**, 595 East Main St., Avon Park, 453-4757. Father Nicholas McLoughlin, pastor. Saturday Vigil Mass is 4 p.m. in English and 7 p.m. in Spanish; Sunday mass 8 and 10:30 a.m. in English. Weekday mass at 8 a.m. Confessions are at 3:30 p.m. Saturday. Religious Education Classes are 9-10:20 a.m. Sunday for grades K through 8th. Confirmation class is from 6:30-8 p.m. Wednesday. Youth Nights grades 6th and up, 6:30-8 p.m. Wednesday.

■ **St. Catherine Catholic Church**, 820 Hickory St., Sebring. Mailing address: 882 Bay St., Sebring, FL 33870, 385-0049; fax, 385-5169; email, office@stcatholic.com; website, www.stcatholic.com. Very Rev. José González, V.F., frjose@stcatholic.com; Parochial Vicar, Rev. Victor Caviedes, 385-3993; Assisting Priest (retired), Rev. J. Peter Sheehan; Deacons, Rev. Mr. James R. McGarry and Rev. Mr. Max M. Severe. Parish office hours, 8:30 a.m. to 1:30 p.m. Monday-Friday. CONFESSIO: First Friday 7:15-7:45 a.m.; Saturday 3:345 p.m.; Or by appointment with any priest. WEEKEND MASS SCHEDULE: Saturday Vigil: 4 p.m.; Sunday: 8 and 10 a.m.; Sunday Spanish Mass: noon; Last Sunday of the month: 2 p.m. (Creole/French); Sunday Family Mass

5 p.m. (Holy Family Youth Center). DAILY MASS SCHEDULE: Monday through Friday: 8 a.m. and noon; Saturday: 9 a.m.

■ **St. James Catholic Church**, 3380 Placidview Drive, Lake Placid, 465-3215. Father Michael J. Cannon. Mass schedule: Summer (May 1 to Oct. 31) - Saturday Vigil, 4 p.m.; Sunday 8 a.m. and 9:30 a.m.; Weekdays, 9 a.m. December thru Easter - Saturday, 4 p.m.; Sunday, 8 a.m., 9:30 a.m. and 11 a.m.; Weekdays 9 a.m.; and Holy Days 8 a.m., 9:30 a.m. and 7 p.m., first Saturday at 9 a.m.

CHRISTIAN

■ **Cornerstone Christian Church**, (Saxon Hall) 1850 US 27 South, Avon Park, FL 33825. Love Christ - Love People. Bill Raymond, Preaching Minister. Jon Carter, Music Minister. Sunday, 9 a.m. Bible Study; 10 a.m. Worship; Communion available each week. Wednesday, 7 p.m. Home Fellowship Group. For more information call 453-8929 or 449-0203.

■ **Eastside Christian Church**, 101 Peace Ave., Lake Placid, FL 33852 (two miles east of U.S. 27 on County Road 621), 465-7065. Ray Culpepper, senior pastor. Sunday: Bible classes, 9 a.m.; Worship Celebration with the Lord's Supper each week 10:15 a.m. Thelma Hall, organist; and Pat Hjort, pianist. Wednesday: Praise and Prayer, 6:30 p.m.; "Building God's Kingdom for Everyone." "Jesus Christ, the Way, Truth and Life!" "Alive and Worth the Drive!"

■ **Sebring Christian Church**, 4514 Hammock Road, Sebring, FL 33872. Tod Schwingel, Preacher; David Etherton, Youth Pastor. Sunday Worship, 9:30 a.m.; Sunday School, 11 a.m.; Sunday Youth Service, 6 p.m.; Evening service at 6:30 p.m. Wednesday night meals, 5:30 p.m. followed by classes at 6:30 p.m. Changing Seasons, a men's grief support group, meets at 1:30 p.m. Wednesdays. Alzheimers Caregivers Support Group meets at 1 p.m. Thursdays. Office hours, 9 a.m. to 1 p.m. Monday-Friday. Phone 382-6676.

■ **First Christian Church (Disciples of Christ)**, 510 Poinsettia Avenue, (corner of Poinsettia and Eucalyptus), Sebring, FL 33870. Phone: 385-0358 or 385-3435. The Rev. Ronald Norton, Pastor; Sunday School, 9 a.m.; Praise Breakfast, 10 a.m., Morning Worship, 10:30 a.m.; Children's Church, 10:30 a.m. Thursday, Praise and Worship, 6:45 p.m. Youth Fellowship, 7:15 p.m.; Midweek Bible Study, 7:15 p.m.

CHRISTIAN & MISSIONARY ALLIANCE

■ **The Alliance Church of Sebring**, 4451 Sparta Road, Sebring, FL 33875. Call 382-1343. Rev. Steve Hagen, pastor. Sunday services: Sunday School meets at 9:30 a.m.; Sunday Morning Worship Service meets at 10:30 a.m.; Sunday Evening Bible Study meets at 6 p.m. (off site); Wednesday Prayer Gathering meets at 6 p.m.

CHRISTIAN SCIENCE

■ **Christian Science Church**, 146 N. Franklin St. Sunday: 10:30 a.m. morning worship and Sunday school. Testimonial meetings at 4 p.m. each second and fourth Wednesday. A free public reading room/bookstore, located in the church, is open before and after church services. The Bible and the Christian Science textbook, "Science and Health with Key to the Scriptures" by Mary Baker Eddy are our only preachers. All are welcome to come

and partake of the comfort, guidance, support and healing found in the lesson-sermons.

CHURCH OF BRETHREN

■ **Church of the Brethren**, 700 S. Pine St., Sebring, FL 33870. Sunday: Church School, 9 a.m.; Morning Worship, 10:15 a.m. Wednesday: Temple Choir, 7:30 p.m. Phone 385-1597.

CHURCH OF CHRIST

■ **Avon Park Church of Christ**, 200 S. Forest Ave., Avon Park, FL 33825. Minister: Don Smith. Sunday Worship Services, 10:30 a.m. and 6 p.m. Nursery facilities are available at every service. Bible Study: Sunday, 9:30 a.m. and Wednesday, 7 p.m. Bible centered classes for all ages. Church phone: 453-4692.

■ **Lake Placid Church of Christ**, 1069 Hwy 27 North, Lake Placid, FL 33852. Mailing address is P.O. Box 1440, Lake Placid, FL 33862. Sunday morning worship is at 10 a.m. Sunday evening worship is 6 p.m. Bible class 9 a.m. Sundays and Wednesday evenings at 7 p.m. All are invited to join us. For more information, call the church at 863-465-4636 or visit the website <http://www.thelordsway.com/lakeplacid-cofc/>.

■ **Sebring Parkway Church of Christ**, 3800 Sebring Parkway, Sebring, FL 33870; 385-7443. Minister: Kevin Patterson. Times of service are: Sunday Bible Class, 9 a.m.; Sunday Worship Service, 10 a.m.; Sunday Evening Service, 6 p.m.; Wednesday Bible Class, 7 p.m.

CHURCH OF NAZARENE

■ **First Church of the Nazarene of Avon Park**, P.O. Box 1118., Avon Park, FL 33825-1118. 707 W. Main St. Randall Rupert, Pastor. Sunday: Sunday school begins at 9:45 a.m. for all ages; morning worship at 10:45 a.m.; and evening service at 6 p.m. Wednesday evening service is at 7 p.m. with special services for children and adults. Special services once a month for seniors (Prime Time) and Ladies ministries. If you need any more information, call 453-4851.

■ **First Church of the Nazarene of Lake Placid**, 512 W. Interlake Blvd., Lake Placid, FL 33852. Sunday school, 9:30 a.m.; Morning worship, 10:45 a.m.; Evening service, 6 p.m. Wednesday evening, 7 p.m. Classes for adult children and youth. Call 465-6916. Pastor Tim Taylor.

CHURCHES OF CHRIST IN CHRISTIAN UNION

■ **Community Bible Church - Churches of Christ in Christian Union**, (Orange Blossom Conference Center) 1400 C-17A North (truck route), Avon Park. Presenting Jesus Christ as the answer for time and eternity. Sunday morning worship service, 10:30 a.m. Nursery provided. Junior Church activities at same time for K-6 grade. Sunday School Bible hour (all ages), 9:30 a.m. (Transportation available.) Sunday evening praise and worship service, 6 p.m. Wednesday evening prayer service, 7 p.m. Children and youth activities at 7 p.m. Wednesday. Everyone is welcome, please come worship with us. Tom Schwankweiler, Pastor. Phone 453-6052.

BOOKS

Publisher's Weekly

HARDCOVER FICTION

1. "The Panther" by Nelson DeMille (Grand Central)
2. "The Casual Vacancy" by J.K. Rowling (Little, Brown)
3. "The Bone Bed" by Patricia Cornwell (Putnam)
4. "The Twelve: Book Two of the Passage Trilogy" by Justin Cronin (Ballantine)
5. "NYPD Red" by James Patterson, Marshall Karp (Little, Brown)
6. "Winter of the World" by Ken Follett (Dutton)
7. "Gone Girl" by Gillian Flynn (Crown)
8. "The Time Keeper" by Mitch Albom (Hyperion)
9. "The Secret Keeper" by Kate Morton (Atria)
10. "Mad River" by John Sandford (Putnam)

HARDCOVER NONFICTION

1. "Killing Kennedy" by Bill O'Reilly (Henry Holt)

2. "No Easy Day" by Mark Owen (Dutton)
3. "America Again" by Stephen Colbert (Grand Central)
4. "Lidia's Favorite Recipes" by Lidia Matticchio Bastianich (Knopf)
5. "Guinness World Records 2013" by Guinness World Records (Guinness World Records)
6. "Who I Am" by Peter Townshend (Harper)
7. "God Loves You" by David Jeremiah (FaithWords)
8. "I Declare: 31 Promises to Speak" by Joel Osteen (FaithWords)
9. "True Food" by Andrew Weil (Little, Brown)
10. "Waging Heavy Peace" by Neil Young (Blue Rider Press)

Wall Street Journal

FICTION

1. "The Mark of Athena" by Rick Riordan (Hyperion Books)

BEST-SELLERS

2. "The Panther" by Nelson DeMille (Grand Central Publishing)
 3. "The Casual Vacancy" by J.K. Rowling (Little, Brown)
 4. "The Bone Bed" by Patricia Cornwell (Putnam)
 5. "The Twelve" by Justin Cronin (Ballantine Books)
 6. "Hidden" by P.C. Cast, Kristin Cast (St. Martin's Griffin)
 7. "NYPD Red" by James Patterson, Marshall Karp (Little, Brown)
 8. "Dork Diaries 5: Tales From a Not-So-Smart Miss Know-It-All" by Rachel Renee Russell (Aladdin)
 9. "Winter of the World" by Ken Follett (Dutton Books)
 10. "Gone Girl" by Gillian Flynn (Crown Publishing Group)
- ### NONFICTION
1. "Killing Kennedy" by Bill O'Reilly, Martin

- Dugard (Henry Holt & Co.)
2. "No Easy Day" by Mark Owen with Kevin Maurer (Dutton Books)
3. "Jesus Calling: Enjoying Peace in His Presence" by Sarah Young (Integrity Publishers)
4. "Killing Lincoln" by Bill O'Reilly, Martin Dugard (Henry Holt & Co.)
5. "America Again" by Stephen Colbert (Grand Central Publishing)
6. "Lidia's Favorite Recipes" by Lidia Matticchio Bastianich, Tanya Bastianich Manuali (Knopf)
7. "Guinness World Records 2013" by Guinness Book Records (Guinness Book Records)
8. "Who I Am" by Pete Townshend (Harper)
9. "God Loves You" by David Jeremiah (FaithWords)
10. "StrengthsFinder 2.0" by Tom Rath (Gallup Press)

FICTION E-BOOKS

1. "The Bone Bed" by Patricia Cornwell (Penguin Group)
2. "The Panther" by Nelson DeMille (Grand Central Publishing)
3. "The Twelve" by Justin Cronin (Random House)
4. "Reflected in You" by Sylvia Day (Penguin Group)
5. "Hidden" by P.C. Cast, Kristin Cast (St. Martin's Press)
6. "Gone Girl" by Gillian Flynn (Crown Publishing Group)
7. "NYPD Red" by James Patterson, Marshall Karp (Little, Brown)
8. "Fifty Shades Freed" by E.L. James (Vintage)
9. "Fifty Shades of Grey" by E.L. James (Vintage)
10. "Fifty Shades Darker" by E.L. James (Vintage)

NONFICTION E-BOOKS

1. "Killing Kennedy" by Bill O'Reilly, Martin Dugard (Henry Holt & Co.)

PLACES TO WORSHIP

EPISCOPAL

- **St. Agnes Episcopal Church**, 3840 Lakeview Drive, Sebring, FL 33870. Sunday Services: Holy Eucharist Rite I - 7:45 a.m., Holy Eucharist Rite II - 10 a.m. Midweek service on Wednesday at 6 p.m. Sunday School for all ages at 9 a.m. The nursery is open 8:45 a.m. until 15 minutes after the 10 a.m. service ends. Wednesday: Adult Bible study, 9:30 a.m. Visitors are always welcome. Church office 385-7649, for more information.
- **St. Francis of Assisi Anglican Episcopal Church**, 43 Lake June Road, Lake Placid, FL 33852. Phone: 465-0051. Rev. Elizabeth L. Nelson, Rector. Sunday Worship, 8 a.m., 10:30 a.m. and 6 p.m. Wednesday evening: Holy Communion with Healing Service, 6 p.m. Thursday: Holy Communion with healing service, 9 a.m. Child care available at the 8 a.m. and 10:30 a.m. Sunday service.

EVANGELICAL FREE CHURCH OF AMERICA

- **The Church of the Way EFCA**, 1005 N. Ridgewood Drive, Sebring. Sunday school and worship service at 9 a.m. and 10:30 a.m. Youth activities, 6:30 p.m. Wednesdays. The Way is a church family who gathers for contemporary worship, teaching of God's Word, prayer and fellowship. Come early and stay after for fellowship time. Child care and children's church are provided. Reinhold Buxbaum is pastor. The Way - A place for you. Office Phone: 471-6140, Church Cell Phone: 273-3674. Email: thewaychurch@hotmail.com. Web site: www.TheWayChurch.org

GRACE BRETHREN

- **Grace Brethren Church**, 3626 Thunderbird Road, (863) 835-0869. Dr. Randall Smith, senior pastor. Sunday services at 9 a.m., 10:45 a.m. and 6 p.m.; Wednesday services at 7 p.m. We offer "Kid City" Children's Ministry throughout all services, and there are various other classes for teens, married couples, "prime-timers," and Bible studies in Spanish. "Kid City" Day Care, Preschool and After-School Monday-Friday: 7 a.m.-6 p.m. (For registration call: 385-3111). Check us out on the Web at www.sebring-grace.org.

INDEPENDENT

- **First Christian Church**, 1016 W. Camphor St., Avon Park, FL 33825; (863) 453-5334; on the Web at www.firstchristianap.com. Our motto is "Jesus is First at First Christian Church." Greg Ratliff, Senior Minister; Bible School 9 a.m.; Worship 10 a.m.; Wednesday studies for all ages, 6 p.m. Nursery provided for all events.

INTERDENOMINATIONAL

- **World Harvest and Restoration Ministries**, (non-denominational) 2200 N. Avon Blvd., Avon Park, FL 33825. Phone: 452-9777 or 453-3771. Sunday service: Sunday School, 10 a.m. and worship, 11 a.m. Wednesday services: 7 p.m. prayer meeting/Bible study. Pastor: W.H. Rogers.

LUTHERAN

- **Atonement Lutheran Church (ELCA)**, 1178 S.E. Lakeview Drive., Sebring. David Thoresen, Deacon, Spiritual Leader, on first, third and fifth Sunday each month, and Rev. Jefferson Cox on the second and fourth Sunday of each month. Jim Helwig, organist/choir director. Worship service at 9:30 a.m.; Holy Eucharist is every Sunday. Coffee hour on the first and third Sunday of each month. Council meeting on the first Tuesday of month; Ladies Group WELCA meets at noon second Tuesday of month with lunch. Bring a dish to pass. Labyrinth Prayer Garden open seven days a week to congregation and community. Come grow with us. Phone 385-0797.

- **Christ Lutheran Church Avon Park - LCMS**, 1320 County Road 64, 1/2 mile east of Avon Park High School past the four-way stop sign. Sunday Divine Worship is at 10 a.m. Holy Communion is celebrated every week with traditional Lutheran Liturgy, hymns and songs of praise. Fellowship time with coffee and refreshments follows worship. For information call Pastor Scott McLean at (863) 471-2663 or see christlutheranavonpark.org.
- **Faith Lutheran Church - LCMS**, 2740 Lakeview Drive, Sebring. Reverend Robert Reinhardt, Pastor. Church phone: 385-7848, Faith Child Development Center, 385-3232. Sunday Traditional Worship Service, 8 a.m.; Sunday Praise Worship Service, 10:30 a.m. Communion is served the first, third and fifth Sunday of the month. Sunday school and Bible classes, 9:15 a.m. Worship service is broadcast at 8 a.m. on WITS 1340 AM each Sunday. Educational opportunities include weekly adult Bible studies. Faith's Closet Thrift Store (385-2782) is open from 10 a.m. to 2 p.m. Tuesday through Friday and 9 a.m. to noon Saturday. All are warmly welcome in the Family of Faith.

- **Good Shepherd Lutheran Church (AALC) American Association of Lutheran Churches**, 3240 Grand Prix Drive, Sebring, FL 33872. James Weed, pastor. Worship Service, 10:30 a.m. Sunday, Bible Study, 9 a.m. Nursery provided. Social activities: Choir, Missions, Evangelism. Phone 385-2346.

- **New Life Evangelical Lutheran Church**, 3725 Hammock Road, a Congregation of the Evangelical Lutheran Synod (ELS) in fellowship with the Wisconsin Evangelical Lutheran Synod (WELS). Sunday Worship at 10 a.m.; Bible Study, 9 a.m. For more information, call Pastor Brian Klebig at 385-2293 or visit the Web site at www.newlife.sebring.com.
- **Resurrection Lutheran Church - ELCA**, 324 E. Main St., Avon Park. Pastor: Rev. John C. Grodzinski. Sunday school at 8:30 a.m., Sunday worship at 9:30 a.m.. Coffee and fellowship hour follow the service. Midweek Fragrance Free Wednesday worship, (year round) 7 p.m. Office phone number is 453-6858.

- **Trinity Lutheran Church - LCMS**, 25 Lakeview St., Lake Placid, FL 33852; 465-5253. The Rev. Richard A. Norris, pastor; Susan C. Norris, Trinity Tots Pre-School director; and Noel Johnson, minister of youth and family life. Worship schedule after Easter through December: Worship service 10 a.m., and Education Hour, 8:45 a.m. Worship schedule for

January through Easter: Worship service, 8:30 and 11 a.m., Education Hour 9:45 a.m. Traditional Service with Holy Communion each first and third Sunday. Non-Traditional Service each second, fourth and fifth Sunday. Seasonal mid-week services Wednesday evenings during Lent and Advent. Call church office for additional Worship times and special holiday services. Other activities and groups include: Choirs; Ladies Guild and LWML; Men's Fellowship Group, Small Group Bible Studies as scheduled; Trinity Tots Pre-school, Youth Group activities (call for meeting times and dates). Visit us online at: www.Trinitylutheranlp.com.

NON-DENOMINATIONAL

- **Bible Fellowship Church**, 3750 Hammock Road, Sebring, FL 33872. Sunday: American Sign Language: First Worship sermon, songs signed first and second Worship services. First Worship service, 9 a.m.; Second Worship service, 10:45 a.m. Nursery (up to 2 years old) and Sunday school classes both hours. BFC Youth, 6 p.m.; Evening Service, 6 p.m. Wednesday: Children, ages 4 yrs through 5th grade, 6 p.m.; Youth, 6-7:30 p.m.; Prayer time, 6:15 p.m. Todd Patterson, pastor; Andy McQuaid, associate pastor. Web site www.bfcsebring.com. Church office 385-1024.
- **Calvary Church**, 1825 Hammock Road, Sebring, FL 33872; 386-4900. An independent community church. Sunday morning worship, 10 a.m.; Bible study, 11:15 a.m.; Sunday evening service, 6 p.m. Pastor Lester Osbeck. A small friendly church waiting for your visit.

- **Christian Training Ministries Inc.**, on Sebring Parkway. Enter off County Road 17 on Simpson Avenue. Sunday service is at 10 a.m.; Wednesday Bible study at 7 p.m. A nursery and children's church are provided. The church is part of Christian International Ministries Network, a full gospel, non-denominational ministry. Linda M. Downing, minister, lindadowning@live.com. Casey L. Downing, associate minister, caseydowning@hotmail.com. Church phone: 314-0482. Web site: www.ctmforme.com

- **Crossroads of Life**, 148 E. Interlake Blvd., Lake Placid, FL 33852; Tel. 863-655-9163. The place of your Divine appointment. We expect our supernatural God to transform our lives through His power and grace. Come, learn of His plan and destiny for you. With His plan we receive His provision along with His perfect timing and opportunity. What you have longed for, but have been missing, can now be received. The direction you have been thirsty for will suddenly quench your parched soul. Come to experience what you have been missing for so long - empowerment in every area of life. We teach, train and send forth to win souls. You don't speak English - no problem. We have a Spanish interpreter. We look forward to fellowship and worship with you at 7 p.m. every Wednesday. Pastors Gil and Rosa Benton (Faith Never Fails).

- **Grace Bible Church**, 4541 Thunderbird Road, (second church on left) Sebring, FL 33872. Phone. 382-1085. Andrew Katsanis, senior pastor. Saturday Worship, 6:30 p.m. Sunday, 9 and 11 a.m. Tuesday 6 p.m. Grace Bible Academy Adult Investigating Truth; first and third

Tuesday, Prayer Gathering, 7:15 p.m.; Wednesday, Children's & Youth Programs, 6 p.m.; Wednesday, 8:30 p.m., College Ministry. www.GBCconnected.org

- **Highlands Community Church**, a casual contemporary church, meets at 3005 New Life Way. Coffee at 9:30 a.m.; Worship at 10 a.m. Nursery and Kid's World classes. Small groups meet throughout the week. Church phone is 402-1684; Pastor Bruce A. Linhart.

- **The Lord's Sentinel Fellowship Church**, 148 E. Interlake Blvd., Lake Placid (at Lake Placid Christian School), Pastor Juanita Folsom. Sunday morning service, 10:30 a.m.; Monday, Sentinel School of Theology, 7 p.m.; Church service, Tuesday, 7 p.m. More information at www.juanitafolsomministries.com.

- **Union Church**, 106 N. Butler Ave., Avon Park, FL 33825. Contemporary worship service is at 6:30 p.m. Saturday with Pastor Tiger Gullett. Sunday traditional worship service is at 7:45 a.m. and 9 a.m. Contemporary Sunday worship service is at 10:45 a.m. Nursery and children's church on Saturday nights and 9 and 10:45 a.m. Sundays. Breakfast and lunch menus at Solid Grounds. Senior Pastor is Bill Breylinger. Office: 453-3345. Web page at www.weare-union.org.

- **Unity Life Enrichment Centre**, new location, 10417 Orange Blossom Blvd. S., Sebring, FL 33875; 471-1122; e-mail unity@vistanet.net. Web site, www.unityofsebring.org. 10:30 a.m. Sunday Celebration Service, Nursery and Children's Church. Weekly Classes, Christian Bookstore and Cafe, Prayer Ministry, Life Enrichment Groups. Rev. Andrew C. Conyer, senior minister transforming lives from ordinary to extraordinary.

PRESBYTERIAN

- **Covenant Presbyterian Church (PCA)**, 4500 Sun 'N Lake Blvd., Sebring, 33872-2113. A Congregation of the Presbyterian Church in America. Sunday morning worship: Traditional service, 10:30 a.m.; Sunday school, 9:15 a.m. Wednesday evening Prayer Meeting, 6 p.m.; Children's/Youth Group, 5:30-7 p.m.; choir practice, 7:15 p.m. Phone: 385-3234; Fax: 385-2759; e-mail: covpres@strato.net; Web site: www.cpcsebring.org. Office hours: 8:30-12:30 a.m. Monday-Friday.

- **First Presbyterian Church ARP**, 215 E. Circle St., (two entrances on LaGrande), Avon Park, FL 33825. Phone: 453-3242. The Rev. Robert Johnson is the pastor. Sunday School, 9:15 a.m.; Sunday Worship, 10:45 a.m.; Wednesday Bible study, 10:30 a.m.; Potluck dinner, 6 p.m. third Wednesday; choir practice, 6:30 p.m. each Wednesday; Mary Circle business meeting, 1 p.m. second Wednesday; Sarah Circle business meeting, 4 p.m. second Thursday; Women's Ministries Combined Bible study, 4 p.m. third Thursday. Be a part of a warm, caring church family with traditional services, following biblical truth.

- **First Presbyterian Church, ARP**, 319 Poinsettia Ave., Sebring, FL 33870. 385-0107. Email: faith@htn.net, Rev. Darrell A. Peer, pastor. Sunday School, all ages, 9:30 a.m.; Worship Service, 11 a.m. Youth Group (middle school and high school ages), 3:30-6:30 p.m. Tuesdays. Wednesday: Adult Bible Study, 10:30 a.m. Nursery available during worship. Call the church

office for more information and other classes.

- **First Presbyterian Church, ARP**, www.fpcp.com, 117 N. Oak Ave., Lake Placid, 465-2742. The Rev. Ray Cameron, senior pastor; the Rev. Drew Severance, associate pastor. Sunday - Traditional Worship 9 a.m., Contemporary Worship 11 a.m., Sunday School 10:10-10:50 a.m. Wednesday evenings: Adult Bible Study 7 p.m. (Nursery available), Youth Group - (middle and high school) 7 p.m., RockSolid (kindergarten through fifth grade) 7 p.m. Family Biblical Counseling available by appointment.

- **Spring Lake Presbyterian Church (USA)**, 5887 U.S. 98, Sebring, FL 33876. Sunday School, 9 a.m.; Worship Service, 10 a.m. Session meets at 6:30 p.m. the second Thursday of the month, September through June. Board of Deacons meet at 5:30 p.m. first Monday of the month. Choir rehearses at 7 p.m. each Wednesday, September through April. Presbyterian Women meet at 10 a.m. the third Thursday of the month. Organist: Richard Wedig. Choir Director: Suzan Wedig. Church phone, 655-0713; e-mail, springlakepc@embarqmail.com. Web site, <http://slpc.embarqspace.com>.

SEVENTH-DAY ADVENTIST

- **Avon Park Seventh-day Adventist Church**, 1410 West Avon Blvd., Avon Park. Phone: 453-6641 or e-mail: avonparksda@embarqmail.com, Sabbath School, 9:30 a.m. Saturday. Church Service 10:45 a.m. Saturday. Wednesday prayer meeting 7 p.m. Community Service hours on Tuesday and Thursday is from 9:00 a.m. till 2 p.m. A sale takes place the first Sunday of each month. Senior Pastor Paul Boling. Walker Memorial Academy Christian School offering education for kindergarten through 12th grades. ALL ARE WELCOME. Website is www.discoverjesus.org
- **Sebring Seventh-Day Adventist Church**, 2106 N. State Road 17, Sebring; 385-2438. Worship Services: 9:15 a.m. Worship hour, 11 a.m. Prayer meeting, Tuesday, 7:15 p.m. Community service: every Monday 9-11 a.m. Health Seminar with Dr. Seralde, every Friday, 10:00 a.m. Pastor Nathan Madrid.

THE CHURCH OF LATTER DAY SAINTS

- **The Church of Jesus Christ of Latter Day Saints**, 3235 Grand Prix Dr., Sebring, FL 33872; (863) 382-9092 Steve Austin, Bishop; Mark Swift, 1st Counselor; Del Murphy, 2nd Counselor. Family History Center (863) 382-1822. Sunday Services: Sacrament Meeting, 10-11:10 a.m.; Gospel Doctrine, 11:20 a.m. to noon; Priesthood/Relief Society, 12:10-1p.m.; Primary for children, 11:15 a.m. to 1 p.m.; Youth Activities: Wednesdays, 7-8:20 p.m. Scouts: first and third Wednesday, 7-8:20 p.m. Activity Days: 8-11 yr old Boys and Girls, second and fourth Wednesdays, 7-8:20 p.m.

THE SALVATION ARMY

- **The Salvation Army - Center**

2. "No Easy Day" by Mark Owen with Kevin Maurer (Penguin Group)
3. "The Last Lecture" by Randy Pausch with Jeffrey Zaslow (Hyperion)
4. "The Meaning of Marriage" by Timothy Keller with Kathy Keller (Penguin Group)
5. "Killing Lincoln" by Bill O'Reilly, Martin Dugard (Henry Holt & Co.)
6. "Leadership and Self-Deception" by Arbinger Institute (Berrett-Koehler Publishers)
7. "Six Days of War" by Michael B. Oren (RosettaBooks)
8. "The Master of Disguise" by Antonio J. Mendez (HarperCollins)
9. "The Finish" by Mark Bowden (Grove/Atlantic)
10. "A Funny Thing Happened on the Way to the Future" by Michael J. Fox (Hyperion)

for Worship. Sunday: Sunday School, 9:45 a.m.; Holiness meeting, 11 a.m.; and Praise meeting and lunch, noon. Tuesday: Bible study, 6:30 p.m.; and Women's Ministries, 7 p.m. Wednesday: Youth Ministries, 4 p.m. All meetings are at 120 N. Ridgewood Ave., Sebring. For more information, visit the Web site www.salvationarmysebring.com or call Major Bruce Stefanik at 385-7548, ext. 110.

UNITED METHODIST

- **First United Methodist Church**, 105 S. Pine St., Sebring, FL 33870. The Rev. A.C. Bryant, pastor. Traditional Worship Service at 8:10 and 10:50 a.m. in the sanctuary, Contemporary Worship in the FLC at 9:30 a.m. Sunday School at 9:30 and 10:30 a.m. Methodist Youth Fellowship at 5:30 p.m. Sundays with Rick Heilig, youth director. The 10:55 a.m. Sunday worship service is broadcast over WITS 1340 on AM dial. There is a nursery available at all services.

- **First United Methodist Church**, 200 S. Lake Ave., Avon Park, FL 33825. (863) 453-3759, Devon Jarrett, Pastor. Sunday School - 9 a.m., Worship - 10:30 a.m. Bible study every Wednesday at 6 p.m. Visit us at our church website: www.fumcap.org.

- **Memorial United Methodist Church**, 500 Kent Ave., (overlooking Lake Clay) Lake Placid, FL, 33852. The Rev. Fred Ball, pastor. Claude H.L. Burnett, pastoral assistant. Sunday schedule: Heritage Worship Service, 8:30 a.m.; Sunday School for all ages, 9:30 a.m.; Celebration Worship Service at 10:45 a.m.; New Song worship service at 10:45 a.m. Loving nursery care provided every Sunday morning. Middle School Youth, 4 p.m.; High School Youth, 5:30 p.m. We offer Christ-centered Sunday school classes, youth programs, Bible studies, book studies and Christian fellowship. Church office, 465-2422 or www.memorialumc.com. Lakeview Christian School, VPK to grade 5; 465-0313.

- **St. John United Methodist Church**, 3214 Grand Prix Drive, Sebring, FL 33872. The Rev. Ronald De Genaro Jr., Pastor. Sunday School, 9:30 a.m.; Adult Sunday School, 11 a.m.; Sunday Morning Worship, 8 a.m., 9:30 a.m. and 11 a.m. Nursery provided for all services. Phone 382-1736. www.stjohnsebring.org

- **Spring Lake United Methodist Church**, 8170 Cozumel Lane, (Hwy 98) Sebring. The Rev. Clyde Weaver Jr., Pastor. Worship service starts at 9:55 a.m. Bible Study meets at 10:00 a.m. on Tuesday. Choir Practice at 4:00 p.m. on Thursday. Church office phone: 655-0040.

UNITED CHURCH OF CHRIST

- **Emmanuel United Church of Christ**, Jesus didn't reject people, neither do we. Join us for worship every Sunday at 9:30 a.m. and you'll be embraced by a compassionate congregation that is all-inclusive. We're at the corner of Hammock and Hope. Choir and Bell Choir practice on Wednesday; Bible studies throughout the week. 471-1999; sebringemmanuelucc.com.

Can true solitude be found in a wired world?

By **MARTHA IRVINE**
AP National Writer

CHICAGO — When was the last time you were alone, and unwired? Really, truly by yourself. Just you and your thoughts — no cell phone, no tablet, no laptop.

Many of us crave that kind of solitude, though in an increasingly wired world, it's a rare commodity.

We check texts and emails, and update our online status, at any hour — when we're lying in bed or sitting at stop lights or on trains. Sometimes, we even do so when we're on the toilet.

We feel obligated, yes. But we're also fascinated with this connectedness, constantly tinkering and checking in — an obsession that's starting to get pushback from a small but growing legion of tech users who are feeling the need to unplug and get away.

"What might have felt like an obligation at first has become an addiction. It's almost as if we don't know how to be alone, or we are afraid of what we'll find when we are alone with ourselves," says Camille Preston, a tech and communication consultant based in Cambridge, Mass.

"It's easier to keep doing, than it is to be in stillness."

One could argue that, in this economy, it's wise to be constantly wired — to stay on top of things, to please the boss. Preston knows people who get up in the middle of the night to see if their boss has sent them an email.

But she and others also see more hints of limit-setting going on, this movement of solitude-seekers with roots in the technology industry, ironically enough.

"When I think about truly disconnecting, I look to my truly

techy friends," says Cathy Davidson, a Duke University professor who co-directs the school's PhD Lab in Digital Knowledge.

Those friends, she says, take long, unwired vacations and set "away messages" telling people to write back after they return. "And they stick to it," Davidson says, wishing she could do the same.

"They've come up with a socially acceptable convention for their own absence from the world of technology and everybody recognizes it."

One organization called Reboot has started the Sabbath Manifesto, a call to unplug one day a week to find solitude — or to simply take a day of rest with family and friends.

Bigger corporations, some outside the tech industry, are starting to catch on to this type of limit-setting.

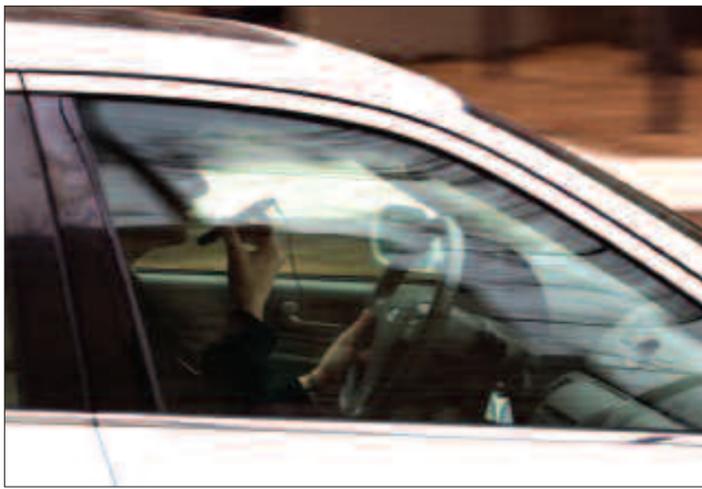
To encourage work-life balance, Volkswagen shuts off mobile email in Germany 30 minutes after employees' shifts end and turns it back on 30 minutes before their next shift starts.

Google, Nike and the Huffington Post, among others, provide space for employees to take naps, or to meditate. The idea is that employees who take time to themselves to reenergize will be more productive.

John Cacioppo, a University of Chicago psychologist, thinks there might just be something to that.

He has spent much of his career tackling the topic of loneliness and isolation, which researchers have proven can affect humans adversely, all the way down to gene expression.

"Feeling ignored sparks feelings of loneliness," says Cacioppo, director of the University of Chicago's Center for Cognitive and



Some people find it hard to break away from their cell phones.

MCT

Social Neuroscience.

But getting away, he says — "that's the opposite of being lonely."

It's time that you take by choice, Cacioppo says. So while the cognitive effects are still being studied, he says it's very likely that that type of solitude is good for the brain.

Dan Rollman had little doubt of that when he and a few others from Reboot, a group of Jewish "thought leaders," gathered in 2009. That's when they created the Sabbath Manifesto, inspired by the traditional Jewish sabbath, but aimed at people from any background who are encouraged to unplug one day — any day — of the week.

The idea came to Rollman when he found himself craving a simpler time, when stores closed on Sundays and life slowed down.

"I knew I wanted a day of rest," says Rollman, who is CEO of the

company RecordSetter.com.

The Manifesto — described as "a creative project designed to slow down lives in an increasingly hectic world" — has 10 principles. They are suggestions ranging from "avoid technology" and "connect with loved ones" to "get outside," "drink wine" and "find silence."

To help with this, the organization has created "The Undo List" — an email that arrives Friday afternoons "with ideas for conversation topics, readings, local outings and creative endeavors to ease the time away from technology and help make the day better." There also are specific activities for subscribers in New York, Los Angeles and San Francisco.

Rollman himself avoids doing work on Saturdays, whenever he can, and often unplugs altogether then — and encourages his employees to do the same.

"There's a huge sense of relief,"

Rollman says. "It is a liberating feeling to walk out of one's door and not have your cell phone in your pocket."

Leah Jones, a 35-year-old Chicagoan, hasn't gone quite that far.

But she has cut back, turning her cell phone to "silent" mode from 11:30 p.m. to 6 a.m. and putting it away when she goes out.

"I'm a better friend when I don't have my phone in my hand," says Jones, who is 35 and vice president of social and emerging media at Olson public relations.

For her, solitude might simply be sitting home and watching a few episodes of TV.

"I might tweet while I watch it, but it's a perfectly acceptable way to spend an afternoon," she says.

Is that really solitude, though?

Davidson, at Duke, thinks it is. "For some people it's dancing and blasting rock music," she says. "We tend to think of it as solitude, which is sort of a lofty term, when in fact for many people, it's also about being joyful."

"The real issue is fun vs. work."

And often, she says, her students are better at it than she is.

"They seem very fine to go off on a bike ride and leave a cell phone," she says.

Renee Houston, an associate professor of communication studies at Puget Sound University in Washington state, also finds herself envying a colleague who regularly unplugs. "He will drive two hours to go to the coast just to step away, just have time to think," she says.

She's not there yet but is finding small ways to set limits. Her family has a rule, for instance — put cell phones away during dinner unless there's a crisis.

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Fallen British army dog joins list of animal war heroes

By JILL LAWLESS
Associated Press

LONDON — British soldiers and military dogs gathered at a British army barracks Thursday to honor a fallen hero with selfless courage, nerves of steel — and four legs.

Theo, a bomb-sniffing springer spaniel who died in Afghanistan on the day his soldier partner was killed, was posthumously honored with the Dickin Medal, Britain's highest award for bravery by animals.

Theo worked alongside Lance Cpl. Liam Tasker, searching for roadside bombs in Helmand province, a Taliban stronghold.

Tasker, 26, died in a fire-fight with insurgents in March 2011, and Theo suffered a fatal seizure hours later. Tasker's mother, Jane Duffy, says the pair were inseparable. She's convinced Theo died of a broken heart.

"They'll be watching us, and they'll be so proud," she said. "I just wish they were here to get it themselves."

Since 1943, the Dickin Medal has recognized gallantry by animals serving with the military, police or rescue services. Some of these animal heroes:

Canine commandos

Theo is the 28th dog to receive the medal, awarded by animal charity PDSA and named for its founder, Maria Dickin.

One of the earliest winners was Rip, a mongrel found abandoned in a bomb shelter and adopted by a London air raid warden. He was credited with finding more than 100 people trapped in rubble by German bombs during the 1940 Blitz.

Another World War II hero was Rob, a collie who joined British commandos in more than 20 parachute operations behind enemy lines in North Africa and Italy. His medal citation said that "his pres-

ence with these parties saved many of them from discovery and subsequent capture or destruction."

Dogs have also been honored for service in Bosnia, Iraq, Afghanistan and during terrorist attacks.

After the Sept. 11 attacks, Apollo, a New York Police Department German shepherd, received the medal on behalf of all search and rescue dogs at the sites in New York and Washington, "for tireless courage in the service of humanity."

Winged warriors

Pigeons' homing instinct makes them excellent messengers, and more than 200,000 served with British forces during World War II. Some 32 were awarded the Dickin Medal for carrying back vital information from behind enemy lines.

Feathered medal-winners include Gustav, a pigeon serving with the Royal Air Force, "for delivering the first message from the Normandy Beaches from a ship off the beach-head" on June 6, 1944, the day of the D-Day landings.

GI Joe, a member of the U.S. Army Pigeon Service, was honored for flying 20 miles (32 kilometers) in 20 minutes with a message that stopped U.S. planes bombing an Italian town occupied by British troops in October 1943, saving the lives of at least 100 Allied soldiers and many civilians.

Heroic horses

Upstart, a London police horse, is one of three equine recipients of the medal.

He was honored for a World War II incident in which a German flying bomb exploded 75 yards away, "showing both horse and rider with broken glass and debris."

Despite this, "Upstart was completely unperturbed and

remained quietly on duty with his rider," controlling traffic until calm was restored.

A fearless feline

Only one cat has ever received the Dickin Medal.

Simon, a Royal Navy ship's mascot, was honored for his service on HMS Amethyst, a ship shelled by Chinese Communist forces on the Yangtze River in 1949.

Despite being seriously wounded by shrapnel, Simon returned to his rat-killing duties aboard the damaged ship, which was trapped for months in Chinese waters.

"Throughout the incident his behavior was of the highest order," the citation said.

Simon and the ship's crew were greeted as heroes when they made it back to England, but the cat died weeks before he was due to receive his medal.



Soldiers take a break in Afghanistan to play frisbee with a bomb-sniffing dog.

MCT

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AVON PARK

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Nov 3..... Car Show

Nov 3..... One Year Anniversary at Eighteen East in Downtown Avon Park

Nov 7-10. Florida Flywheelers, come drive a tractor for the Chamber!

Nov 10..... Maxwell Groves - Open House

Nov 26..... Christmas Parade in Downtown Avon Park, starting at 7pm

SEBRING

Nov 3..... Sebring Elks Lodge Giant Yard Sale

Nov 3..... Highlands Hammock State Park Annual CCC Festival

Nov 4..... Cornerstone Hospice Mad Hatter Tea Party Fundraiser

Nov 7..... Highlands Little Theatre presents: Annie

Nov 9..... Destination Downtown Sebring

Nov 17..... Touch-A-Truck Touch-A-Plane

Nov 17..... Car Show at Home Depot

Nov 17..... Music in the Park Concert Series

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NY man accused of trying to cheat Facebook

Associated Press

NEW YORK — A businessman who claimed in a lawsuit that Facebook founder Mark Zuckerberg had promised him half ownership in the then-fledgling company when he was still at Harvard was arrested Friday on fraud charges.

Paul Ceglia, 39, was arrested at his Wellsville, N.Y., home on charges of mail and wire fraud after an investigation by the U.S. Postal Inspection Service. He was scheduled to appear in federal court in Buffalo later in the day.

Authorities said Ceglia doctored, fabricated and destroyed evidence to support the claims in a lawsuit he filed in Buffalo federal court in 2010.

In the lawsuit, Ceglia claimed that he and

Zuckerberg in 2003 signed a software development contract that included a provision entitling Ceglia to half ownership of Facebook in exchange for \$1,000 in start-up money for the budding company.

Investigators said in a release that Ceglia had replaced the first page of the real contract he signed with Zuckerberg with another page that was "doctored to make it appear as though Zuckerberg had agreed to provide Ceglia with an interest in Facebook."

A criminal complaint in the case said a search of Ceglia's computer hard drives uncovered the real April 28, 2003 contract, which Ceglia had emailed to an attorney in March 2004, years before his lawsuit against Facebook.

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MOVIES

Washington and Zemeckis take off in 'Flight'

By JAKE COYLE

AP Entertainment Writer

NEW YORK — You might think that Robert Zemeckis, having devoted himself to motion-capture animation for the last 12 years, would be thrilled to return to the unpredictability of live-action filmmaking — those moments of serendipity when the elements align for something surprising.

You would be wrong. "In my whole career I can count it on one hand," says the director, recalling headaches like having to cart in snow while shooting in Moscow and painting fall foliage in October Vermont. "Every time I've ever been in a situation where, for example, it's 'Oh my God, look at this sky! Look at this sunset!' — it never there in time. We always missed it. It's just heartbreaking."

"Flight" is Zemeckis' first live-action film since "Cast Away," after which he, more than any other filmmaker, advanced the technology of performance capture with movies like "The Polar Express," "Beowulf," and "A Christmas Carol."

Instead, "Flight" gets its movie magic principally through its performances, especially that of Denzel Washington, who stars as perhaps the most functional alcoholic in movie history. As Captain Whip Whitaker, Washington plays an airline pilot who, despite being hung-over, drunk and coked-up, manages to bring down a rapidly deteriorating plane in a daring emergency landing on what should have been a routine hop between Orlando, Fla., and Atlanta.

The crash sequence, a virtuoso set piece made with the digital artists from Zemeckis' animated films, features the unusual but effective maneuver of briefly flying the plane upside down. The thrilling crash, which essentially opens the film, is a kind of carrot for moviegoers who are then lured into a powerful character study of Whitaker as he

wrestles with his drinking problem while his heroics are called into question. He's a Captain Sully with demons.

"Can anything follow this plane crash?" asks Zemeckis. "But the real spectacle, of course, is Denzel's performance."

It's one that many expect will land Washington his sixth Oscar nomination. (He's won for "Glory" and "Training Day.") His performance is a full portrait of a man who believes he's in control when he isn't, whose alcoholism is propelled by an inability to be honest with himself and others.

"A liar's a liar, however you choose to lie or however you want to numb the pain," says Washington, describing Whitaker. "He made a particular choice to numb the pain."

Washington was drawn to the project by John Gatins' ("Real Steel") script, which Gatins had been working on since 1999. The screenplay surrounds Whitaker with an ensemble of characters who are either challenging him (Kelly Reilly as a recovering heroin addict, Melissa Leo as the crash investigator) or enabling him (Don Cheadle as a cocksure defense attorney, Bruce Greenwood as an old friend and fellow pilot, John Goodman as a drug dealer).

More than most protagonists, Whitaker often verges on unlikable.

"I've heard that from people, but that's what's good about a part in a movie," says Washington. "People say, 'What do you want me to get from it?' I'm like: It depends what you bring to it. So some may not like him."

It was that moral ambiguity that attracted Zemeckis, who constructs a story that poses questions for the audience about sympathy and acknowledging one's own failings.

There have been many films over the years about memorable alcoholics — Ray Milland in "The Lost



Robert Zemeckis (left) and Denzel Washington on the set of 'Flight.'

MCT

Weekend," Jack Lemmon in "Days of Wine and Roses" and Nicolas Cage in "Leaving Las Vegas." Asked if he consulted such films in making "Flight," Zemeckis replies, "Only in what not to do."

"If it's just about somebody with chemical dependency, it lets everybody off the hook," says Zemeckis. "It's not relatable. But the fact that everybody — if you really have the courage to be honest with yourself — is flawed, that's a universal theme. That's what I was going for."

That "Flight" soars rather than drowning in the heavy weight of alcoholism is a testament to Zemeckis' sure-handedness in rendering personal stories on a big canvas. (His earlier movies include the "Back to the Future" trilogy, the Oscar-winning "Forrest Gump" and "Contact.") It's an increasingly rare skillfulness, partly because R-rated adult dramas like "Flight" are rarely made in modern Hollywood.

"Flight," which Paramount Pictures will release Nov. 2 with hopes for both solid box office and Academy Awards attention, was made with a production budget of

\$31 million. That's a relatively small amount for such a film, something that was made possible partially by Zemeckis' digital know-how.

"The only movies worth doing are the ones that are risky," says Zemeckis. "This isn't risky in the budgetary sense, it's risky in whether the audience appreciate the roughness of it."

That "Flight" stars one of the few truly bankable, bona fide movie stars in Washington helps. The movie's poster boasts the handsome visage of the actor in a pilot uniform, surely an attractive fit for a star who has already known the distinctive look of a submarine commander, a train engineer and a Union soldier.

Simply the experience of being in a flight simulator aided Washington in finding his way into Whitaker.

"Just getting into the

cockpit, it was like, 'Wow. I'm not going to fly, but I feel like a pilot,'" says Washington.

The actor has little interest in detailing his process, which he self-deprecatingly says "is just acting. Really, it's not that hard." But Washington, a renowned hard worker, concedes: "You do the homework. ... We should all be that way."

Zemeckis calls Washington's performance "breathtaking" and "up there with the greats."

"There's no fooling around," the director says of Washington. "He is very serious and he does massive amounts of work, and I don't quite know the process because it's none of my business. He writes in rehearsal. I'll be saying something, he'll be writing. Another actor will be saying something, he'll be writing."

Cast defends timing of bin Laden raid movie

NEW YORK (AP) — The team behind "SEAL Team Six: The Raid on Osama bin Laden" is saying the television movie was not recut to give a starring role to President Barack Obama two days before the presidential election.

National Geographic Channels CEO David Lyle says the film was indeed recut — but to show less footage of the president than an earlier version of the film.

"I think the end titles run longer than Obama's time on screen," Lyle said.

The movie has been accused by conservatives of having a political agenda in part because of its Nov. 4 premiere date and its backing by Obama supporter Harvey Weinstein.

On Wednesday, The New York Times reported that a copy of the film provided to the paper showed that it had been recut to strengthen Obama's role.

Lyle called the notion that two minutes of screen time would affect the election laughable.

"People that haven't seen the movie have decided that it's a political event. Believe me, in 85 million homes, a movie from National Geographic is not going to change the outcome of the election in a country of 300 million," Lyle said.

'Chasing Mavericks' feels formulaic and safe

By CHRISTY LEMIRE

AP Movie Critic

By all accounts, Jay Moriarity was a lovely young man: a talented, dedicated surfer whose enthusiasm and optimism were infectious throughout the Santa Cruz, Calif., community where he was well known and loved.

But that doesn't exactly make him the most compelling figure to place at the center of a film, at least not in the one-note way in which he's depicted in "Chasing Mavericks."

This cloyingly family-friendly production tells the story of the late surfer (played by newcomer Jonny Weston) in 1994, when he's only 15 years old and dares to take on the dangerous and potentially deadly Mavericks surf break just up the coast from his home. Jay wants to conquer these waves ... well, because they're there. And he enlists a gruff, reluctant local legend, Frosty (Gerard Butler, struggling to hide his Scottish accent), to help him train.

This sets up a "Karate Kid"-style, mentor-student, father-son formula in which the plucky underdog awakens early each day to complete a series of arduous tasks in preparation for a once-in-a-decade, five-story-tall wall of water. Every step of the way is accompanied by the plain-



Movie Review

'Chasing Mavericks'

Rating: R (thematic elements and some perilous action)

Running time: 115 minutes

Review: ★ (of 4)

ly spelled-out reasons why it matters. Nothing is left to our imagination or interpretation.

Not a single character or moment rings true in the script from Kario Salem, based on a story by Jim Meenaghan and Brandon Hooper. No one feels like a fully fleshed-out human being, from Jay's alcoholic mother (Elisabeth Shue, doing the best she can with an underwritten role) to the pretty childhood friend who would become the love of his life (Leven Rambin) to the tough kid who arbitrarily bullies him. They are all coming-of-age-movie types.

But this is most troublingly the case with Jay himself who, in the hands of the

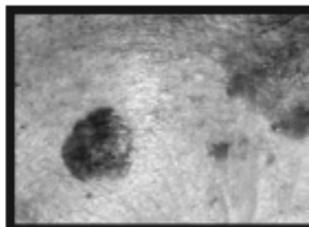
angelic Weston, comes off as singularly sweet and upbeat, without an ounce of complexity or even garden-variety teen angst. (Jay Moriarity died in 2001, the day before his 23rd birthday, in a free-diving accident in the Maldives.) With his curly blonde locks and big blue eyes, he's consistently eager and guileless and actually a little boring, as is the film itself.

"Chasing Mavericks" is credited to two longtime directors, Curtis Hanson and Michael Apted, because Apted had to step in to complete the picture when Hanson was suffering from some health issues. Some of the surfing footage is spectacular but the film as a whole lacks the kind of tonal and aesthetic imprimatur you'd want to see from a respected veteran, much less two.

The film features some well-known names from the world of surfing but that doesn't add much authenticity; despite the inherent peril involved in the sport, and in this particular location, everything feels very clean and safe. The surfer dudes don't go around spouting stereotypically idiotic bro slang to each other, but they don't feel like real people, either.

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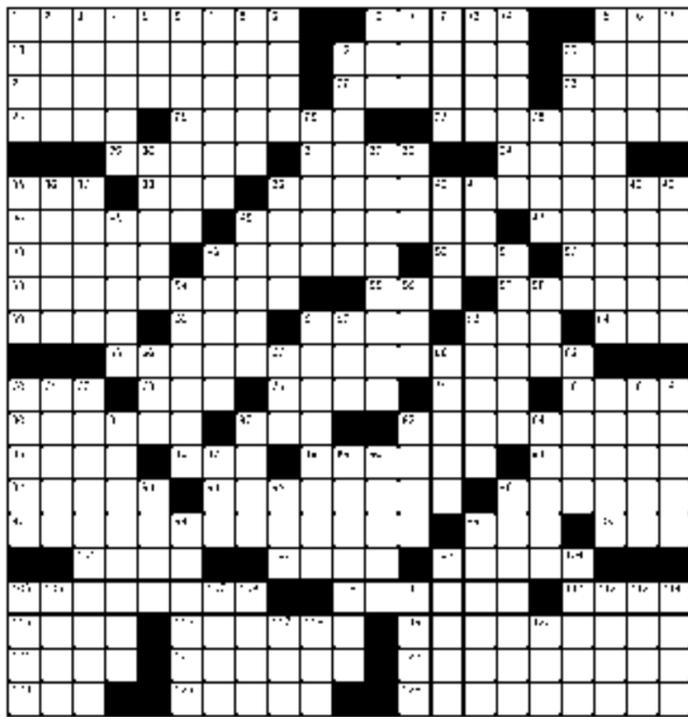


DIVERSIONS

HAVING THE LAST LAUGH

- ACROSS**
- 1 Islands with giant tortoises
 - 10 Annual report feature
 - 15 Big Ten sch.
 - 18 Drunk
 - 19 Blues legend Smith
 - 20 Bating material, perhaps
 - 21 Imposing WWI weapon
 - 22 Thing
 - 23 Football fan's channel
 - 24 In __: actually
 - 25 1985 Chevy Chase film
 - 27 Kim's "Sex and the City" role
 - 29 Step between stories
 - 31 Air balls miss them entirely
 - 34 Scraps for Lassie
 - 35 Hard-rock link
 - 38 Geographical suffix
 - 39 "The Impossible Dream" musical
 - 44 Sam who employed Diane and Carla
 - 46 Screwdriver, for one
 - 47 Part of Chagall's theater work
 - 48 Turner autobiography
 - 49 To a greater extent
 - 50 "Body of Proof" network
 - 52 Floor square
 - 53 Barista's chocolate creation
 - 55 U.K. defense gp.
 - 57 One having trouble with his sisters?
 - 59 IOC part: Abbr.
 - 60 Garden product word
 - 61 Give __: care
 - 63 __ in Juliet
 - 64 Explosive stick
 - 65 Bumbling fictional spies
 - 70 Otto's "Oh!"
 - 73 Chem class component
 - 74 Stable environment?
 - 75 Switch settings
 - 76 "Space Ghost" cartoonist Alex __
 - 80 Not on the level
 - 82 Purring pet
 - 83 "Righto!"
 - 85 Four: Pref.
 - 86 Half an attention-getter
 - 88 Leggy waders
 - 91 Modern data units
 - 92 5:1, e.g.
 - 94 Intervals between related events
 - 96 Go bananas
 - 97 Warren Buffett's nickname
 - 99 Time line period: Abbr.
 - 100 Square root of nove
 - 101 RAM units
 - 102 Haydn sobriquet
 - 103 Stock deal
 - 105 Longfellow hero
 - 109 "Not so fast!"
 - 111 Butter amt.
 - 115 Land in el mar
 - 116 Jet-setter's destination
 - 119 Lover of 105-Across
 - 121 Fishing spot
 - 122 Omits in speaking
 - 123 "The Accidental Tourist" author
 - 124 Flat sound
 - 125 Miata maker
 - 126 Sees the point of the discussion?
- DOWN**
- 1 Taunt
 - 2 Licorice-flavored liqueur
 - 3 Piano parts
 - 4 French clerics
 - 5 Beginning of school?
 - 6 Travelocity quote
 - 7 Larry of country
 - 8 Remaining
 - 9 Subway commuter's hope
 - 10 Mil. bigwig
 - 11 18 to 20 in a sequence
 - 12 Yard sale caveat
 - 13 Fillable bread
 - 14 Kid's attention getter
 - 15 One may follow a sign

By ELIZABETH C. GORSKI



Solution on page 11B

- nature
- 16 Junior-to-be
- 17 Forearm bone
- 19 Derrieres
- 20 Flipped
- 26 Leggy wader
- 28 Composer Khachaturian
- 30 Popular coffee hr.
- 32 Stop along the highway
- 33 Bay Area airport letters
- 35 Friends in Rome
- 36 Evil guy
- 37 "Need __?"
- 39 "The Social Network" actress Rooney __
- 40 Rye buy
- 41 Priest's robe
- 42 "Jump" band Van __
- 43 Wide-awake
- 45 Hamburger order, perhaps: Abbr.
- 46 Santa's favorite snack cakes?
- 49 Adam's favorite fast food sandwich?
- 51 Stock designation
- 54 Sweet Rosie of song
- 56 Turkish title
- 58 Boy chaser?
- 61 Cursed thing
- 62 Manhattan's __ Drive
- 63 Two-faced deity
- 66 Flamenco concert shout
- 67 Legal gp.
- 68 Bugs and Elmer, e.g.
- 69 67-Down mems.
- 70 Elroy Jetson's dog
- 71 See-through
- 72 "3 Alarm" candies
- 77 Large chamber music group
- 78 "A League of __ Own"
- 79 Speed
- 81 Mall battle
- 82 Salon creation
- 83 Stretching discipline
- 84 WWII saver's purchase
- 87 Plains Indian
- 89 Goes by
- 90 1986 Indy 500 winner Bobby
- 93 Big name in lingerie
- 95 Clean, in a way
- 96 Found out
- 98 Hold in high regard
- 99 Richard of "The Flamingo Kid"
- 103 Tie that binds
- 104 __ alcohol
- 105 Swinging joints?
- 106 Fertility goddess
- 107 Hilo dance
- 108 Painted Desert st.
- 110 Barbra's "Funny Girl" co-star
- 112 Tourist haven east of Java
- 113 "George of the Jungle" elephant
- 114 What many players shoot for
- 117 Unmatched
- 118 Stew veggie
- 120 UFO drivers, ostensibly

To say farewell

"Hi, Jan," the familiar voice of my friend said. "I wanted to let you know that we sold our house last night."

"Congratulations," I replied. I was genuinely excited for them. The Lord was granting them their heart's desire to live nearer to their family and nurture their grandchildren.

Yet, a sense of loss crept into that happiness. They would live in Texas ... too far to enjoy fun dinners in each other's homes anymore.

They had been with us from the inception of our new church some six years before. From first meeting in our pastor's home, other stops along the way; and finally to the renovation of our present building, they were there.

We led worship and served on various boards and committees together. Our lives intertwined with theirs ... so this farewell was bittersweet for both sides.

Many preparations went into making their farewell dinner a special event from the food, decorations and the gift of a special scrapbook of remembrances. There was excitement in putting this all together to honor and thank them for their service to the Lord Jesus Christ through our church; and, for their precious friendship.

And, yet, as we happily prepared our farewell, we continued to feel the impact that their loss



Pause And Consider
Jan Merop

would bring. How do we say farewell to those we wish would stay? How do we keep them back from what God is leading them to? Perhaps taking a look at the word 'farewell' may help.

According to Webster's Dictionary, farewell means, "May you fare well; Farewell, and may we meet again in happier times." It continues by saying that it is an expression of good wishes at parting.

And this was certainly in everyone's hearts. But, how does one reconcile the feelings of loss?

Perhaps, we don't. Parting is a part of life. Things don't stay the same. In this context, we allow God's plans to unfold in the heart's soil of another; and, help water and nourish it as a friend knowing that as God goes with them he stays with us.

The Apostle Paul's benediction in 2 Corinthians 13: 11, NKJV, is a great example in letting those we love go with God to their next destination.

"Finally, brethren, farewell. Become complete. Be of good comfort, be of one mind, live in peace; and the God of love and peace will be with you."

As Christians we have the added joy of being forever friends ... here on earth and in heaven. When smiles and tears comingle, embrace them both in fond farewell. Selah.

Jan Merop of Sebring is a News-Sun correspondent.

A little pregnancy prevention is worth a whole lot of cure

Dear Abby: What percentage of women's problems do you think could be avoided if, for the first year after beginning to date someone, they were to use birth control and not marry? Many of the women who write to you seem to be shocked that the men they're with do not have sterling characters. But I have never dated anyone who could hide his true colors longer than six months. I'm sure the same is true of women, too.

Much of your advice to these ladies entails seeking counseling or an attorney, but to the millions of women who haven't yet made this mistake, how about a shout-out for prevention? The heart is ungovernable, but people do have absolute power to use birth control and avoid rushing into marriage.

— Susan in Arizona

Dear Susan: Sometimes people marry before they really know themselves, let alone their partner. But I'm all for giving that shout-out for prevention of unplanned pregnancies. According to the Guttmacher Institute, 49 percent of the 6.7 million pregnancies each year fall into this category. While some result from carelessness or mistakes in using birth control, others stem from lack of assertiveness on the part of women because they are economically dependent or lack the self-esteem to insist their partner use a condom.

Your comment about rushing into marriage until you really know someone reminds me of the saying, "Act in haste, repent at leisure." Perhaps it should be



Dear Abby

amended to, "Act in haste, repent, repent, repent."

Dear Abby: I once read in your column a list of physical activities and how many calories are burned while performing each one. You included sexual relations. Would you please list those activities and the calories burned for each? Thanks!

— Looking to Lose

Dear Looking: You didn't see it in my column, but here

is the estimated number of calories burned per hour for several types of measured physical activity: slow walking, 115 to 200; dancing, 275 to 350; skating or swimming, 300 to 600; tennis, 350 to 700; gardening, 250 to 300; golfing (18 holes), 150 to 225.

There are no reliable figures on the number of calories burned during sex because the amount of exertion varies with the individual.

Dear Abby: With the holidays coming, I'd like to suggest something your readers can do with all the free address labels they will be receiving from charities.

Many of my elderly relatives have poor handwriting that has led to undeliverable mail from them to me. So I

started taking those labels and giving them out to my relatives. They now use them to address letters to me.

At the time I told them I was sending the labels because they showed my "official address," the one the post office is most likely to recognize. I haven't had any undelivered mail since, and my relatives like it so much that several have started sending me their labels, too.

This obviously doesn't solve the problem of getting the labels in the first place, but it does provide a way to put them to use instead of throwing them out.

— E.B. in Herndon, Va.

Dear E.B.: For anyone who corresponds with a relative who has fading vision or a tremor, that's a good suggestion. Thank you for offer-

ing it.

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Cancer should embrace their childish side this week

Special to the News-Sun

Aries (March 21-April 20) — Aries, you may have to put a little more effort into your relationship to really reap the rewards. It doesn't matter if you just met or have been together for years. Amp up your efforts.

Taurus (April 21-May 21) — There is turmoil in your financial sector, Taurus. But all it takes is some discipline and budgeting and you can be right back on track in no time at all.

Gemini (May 22-June 21) — It's time to get creative, Gemini. Maybe you are planning a party that can use an interesting theme or thinking ahead to holiday shopping. Think outside of the box.

Cancer (June 22-July 22) — Cancer, embrace your childish side and let loose. Sometimes it can feel great to shake off responsibility for the time being and just act like a kid

Horoscope

with no worries.

Leo (July 23-Aug. 23) — Leo, err on the side of caution this week; otherwise you may see too much money flying out of your wallet. Get into a saving mode instead of a spending one for the time being.

Virgo (Aug. 24-Sept. 22) — Virgo, now is not the time to make any big changes that could rock the boat. Enjoy the solid foundation that you have built for a few more weeks.

Libra (Sept. 23-Oct. 23) — Libra, the choices you are making may temporarily sever a few of your relationships. While this may hurt now, there's a good chance you will mend fences in the long run.

Scorpio (Oct. 24-Nov. 22) — Scorpio, no matter how hard you try, it is not in the stars for you to make a fortune on any get-rich-quick

scheme. Focus your energy on different ideas.

Sagittarius (Nov. 23-Dec. 21)

— Sagittarius, although you may be anxious about some presentation you need to make, it is necessary for advancement at your job. It will be over before you know it.

Capricorn (Dec. 22-Jan. 20) — Capricorn, get together with Leo and develop a plan that will get your finances in order. Until you sit down and view everything in black and white, things will be in flux.

Aquarius (Jan. 21-Feb. 18) — Aquarius, although work may be giving you headaches, stick with it

for the time being because there could be some major changes on the horizon that work to your advantage.

Pisces (Feb. 19-March 20) — Pisces, spend the early part of the week really buckling down to get things done and the latter part can be enjoyed any way you want.

Famous birthdays

- Oct. 28 - River Phoenix, actor, 38;
- Oct. 29 - Rufus Sewell, actor, 45;
- Oct. 30 - Matthew Morrison, actor, 34;
- Oct. 31 - Willow Smith, singer, 12;
- Nov. 1 - Jenny McCarthy, author, 40;
- Nov. 2 - k.d. Lang, musician, 51;
- Nov. 3 - Kate Capshaw, actress, 59.

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FEARFUL FILMS

A top 10 list of some of Hollywood's scariest movies

I've never been a fan of horror movies, and I hate slasher flicks. Hell, even *St. Louis Post-Dispatch* genre is nothing more than cinematically hiding behind a door, jumping out and screaming. Of course we'll jump and our hearts will race. Pure physical response. So what?

I prefer movies that slowly push you to the edge of the seat and gently twist your body tight with tension. Freddy, Jason, Leatherface and most zombies (except "28 Days Later") fail to do that for me. This list of scary movies, though, would still frighten me:

3 **Alien** (1979): Sigourney Weaver, Yaphet Kotto, Tom Skeritt, Harry Dean Stanton, Ian Holm and John Hurt star in Ridley Scott's classic about a stomach-shredding alien. The scenes in the ship's bowels, with the monster nothing but a blip on a screen, are tense.



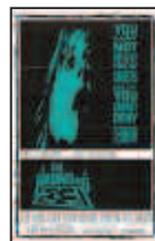
Sigourney Weaver in "Alien"

6 **Dark City** (1998): One of my favorites sci-fi flicks, a group of aliens — Watchers — who can change people and the earth to fit their whims. Rufus Sewell, Kiefer Sutherland, William Hurt and Jennifer Connelly star, along with Richard O'Brien, of "The Rocky Horror Picture Show" fame.



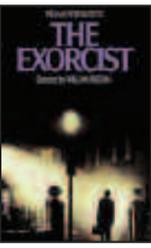
Kiefer Sutherland, right, in "Dark City"

9 **The Haunting** (1963): A classy, nongory thriller, starring Julie Harris and Claire Bloom, about a group of people who move into Hill House to prove that ghosts do not exist. As a young kid, this was one of the scary flicks I watched more than once.



Richard Johnson and Julie Harris in "The Haunting"

1 **Exorcist** (1973): Maybe it's my Catholic upbringing, but this movie still scares me. It may seem trite by today's buckets-of-blood standards, but it brought demonic possession to the forefront of tons of scary films. The vomiting and head-turning stuff may be funny now, but it wasn't then and Father Karras' mother still isn't.



Linda Blair in "The Exorcist"

2 **Psycho** (1960): Norman Bates and Mother are a seriously scary pair, and Alfred Hitchcock created the modern horror movie with this masterpiece. Sure, the shower scene is famous, but what about the "mother-son" dialogue, and the fact that Anthony Perkins looked just like someone you see on the street?



Anthony Perkins in "Psycho"

4 **The Silence of the Lambs** (1991): Not only is Hannibal Lecter (Anthony Hopkins) a creepy piece of work, but what about Buffalo Bill, the killer who does sewing with remains of his victims? The final chase, Clarisse and Buffalo Bill with the night vision goggles in the basement is classic.



Anthony Hopkins in "The Silence of the Lambs"

7 **The Shining** (1980): Jack Nicholson is scary as Jack Torrance, a troubled writer who goes a little funny in the isolation of a Colorado resort during the offseason. Stanley Kubrick directed so skillfully that the movie overcomes an annoying Shelley Duvall.



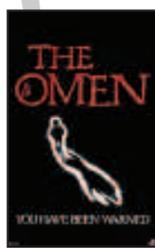
Shelley Duvall in "The Shining"

10 **"Dracula"** (1931): Vampires are the best of all ghouls, "Dracula" is the best of all vampire movies, and Bela Lugosi is the best Dracula. Other good "Count D." movies include the silent "Nosferatu" and the 1979 version with Frank Langella and Laurence Olivier.



Edward Van Sloan and Bela Lugosi in "Dracula"

5 **The Omen** (1975): Damien was a creepy little kid and the Revelations/666 stuff was pretty frightening psychological stuff. Gregory Peck was perfect as the father. Didn't care for the sequels, but the original's scene with the Rottweilers was top-notch.



Harvey Stephens in "The Omen"

8 **Dead Ringers** (1988): Jeremy Irons plays twin gynecologists, who are very, very connected. When one tries to break the bond, things get weird. The scene in which one brother displays gynecological equipment he designed may be the creepiest ever.



Jeffrey Irons plays twins in "Dead Ringers"