

# NEWS-SUN

Highlands County's Hometown Newspaper Since 1927



### Flu fight

Your guide to vaccines  
**LIVING, 12B**



### Stepping down

SFSC's Stephens sets retirement date  
**PAGE 2A**

### Stunning Upset

Lady Streaks spoil Lake Placid senior night  
**SPORTS, 1B**



Friday-Saturday, October 19-20, 2012

www.newssun.com

Volume 93/Number 129 | 50 cents

### Inside



## SEBRING CENTENNIAL CELEBRATION

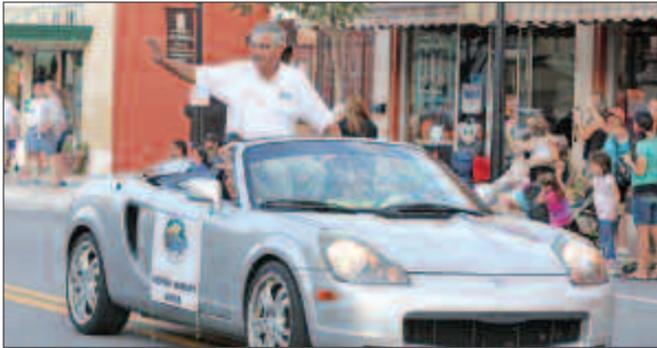
# Hensley has served City of Sebring for three decades

By CHRISTOPHER TUFFLEY  
christopher.tuffley@newssun.com

SEBRING — Mayor George Hensley may not have been born in Sebring, but he loves the city as much as those who were. Married to Nancy Heacock Hensley, the mayor's ties run deep.

"My wife's great-grandfather, C.F. Saunders, was the first clerk of the county. He came down from Sebring, Ohio and was close with Sebring family." Hensley had the pleasure of knowing H. Orville Sebring, George Sebring's son.

Hensley entered Sebring's history books himself when he was elected to the city council for the first time in 1980. Before that he had served as a volunteer on several committees and the Sebring Airport Authority Board.



News-Sun photo by KATARA SIMMONS  
Sebring Mayor George Hensley waves to the crowd as he rides in Monday's Centennial Parade.

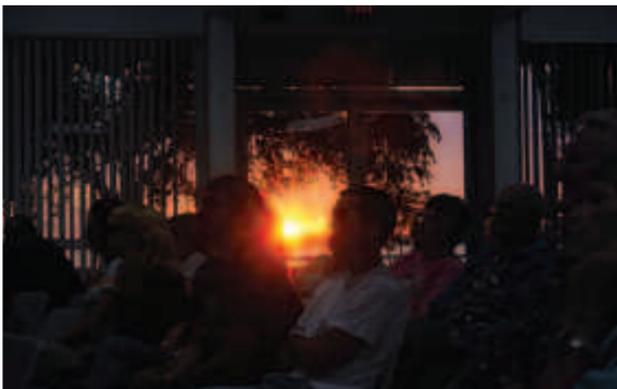
Except for a brief hiatus, he served on the council until elected mayor, an office he still holds after 14 years. By the end of his current term, he will have served the city for 30 years.

See HENSLEY, page 3A

## First council meeting re-enacted



News-Sun photo by SAMANTHA GHOLAR  
Audience members listen intently as the current Sebring City Council members, Mayor George Hensley and other city administrators re-enact the first ever Sebring council meeting Tuesday evening prior to the council's regular meeting.



News-Sun photo by BRIANA WASHINGTON  
The sun peeked through under the clouds just as it began to set Wednesday, beaming a bright light into the Centennial Community Church Service at the Jack Stroup Center for just a minute or two. It was the only sunshine of the day in Sebring.

## Unity, legacy are themes of church service

By ROMONA WASHINGTON  
romona.washington@newssun.com

SEBRING — The crowd was sparse, but the messages strong at the Centennial Community Church Service on Wednesday evening. The weather was a bit threatening, so the crowd moved inside to the Jack Stroup Center to hear inspirational music by the Baptist Church of Lake Josephine

See CHURCH, page 3A

### Ag-Venture

Students get hands-on lessons

### Forecast



Partly sunny and warm

High **88** Low **67**  
Complete Forecast  
PAGE 12A

### Online



#### Question:

Should the federal government fund public television?

Yes **30.7%**

No **69.3%**

Total votes: 114

#### Next question:

Who won the second presidential debate?

Make your voice heard at  
www.newssun.com

### Obituaries

Shirley Stokes of Sebring

Margaret Troutner Age 97, of Sebring

Obituaries, Page 5A

### Index

Classifieds	9A
Community Briefs	2A
Dear Abby	11B
Editorial & Opinion	4A
Healthy Living	5B
Lottery Numbers	2A
Movie Reviews/Times	11B
Religion	8B
Sports On TV	2B
Sudoku Puzzle	11B



Phone ... 385-6155 Fax ... 385-2453 Online: www.newssun.com

## Concerned About Reaching Your Financial Goals?

Call Denise Tomlinson today - (863) 386-6205



**Wauchula State Financial Services**  
Securities offered through  
Infinex Investments, Inc.  
Member FINRA/SIPC

Wauchula State Financial Services is a subsidiary of the bank. Infinex and the bank are not affiliated.



**TRICK OR TREAT!**

Trick-or-Treating in Avon Park, Lake Placid and Sebring will be Saturday, Oct. 27 from 6-9 p.m

# Rooney inspects Lake Jackson

By CHRISTOPHER TUFFLEY  
christopher.tuffley@newssun.com

SEBRING — Congressman Tom Rooney visited Lake Jackson Tuesday afternoon to see for himself the problems lakeside residents have as a result of the lake's historic low water levels.

Joined by state and county water experts and elected officials as well as private citizens, Rooney examined the U.S. 27 bridge over the channel connecting Lake Jackson with Little Lake Jackson and two of the dams in the canal leading south out of Little Lake Jackson.

The dams were constructed in the

See ROONEY, page 3A



News-Sun photo by CHRISTOPHER TUFFLEY  
County and state water management experts show Congressman Tom Rooney (center) and representatives for State Representative Denise Grimsley and State Senator J. D. Alexander the design of the flood control system coming out of Little Lake Jackson. They stand on a dam in the Jackson-Josephine canal.

# County straightens out TDC accounting

By BARRY FOSTER  
News-Sun correspondent

SEBRING — Highlands County commissioners Tuesday voted to amend the plan for allocating tourist tax dollars. The county's Tourist Development Commission has come under fire in recent years for not spending the money as promised in percentages that were held out as a tourist development plan when it was first offered to

## Plan reallocates tourism tax collections

the voters a decade ago. Marketed under the slogan "Summer Tourists Make Cents," the notion was that money taken from short-term stays at a wide range of facilities ranging from hotels and motels to fish camps and even private homes would be used during the summer months to help bolster the

sagging summertime economy. At Tuesday's meeting, attorney for the Highlands County Board of County Commission Ross Macbeth allowed that the percentages may not have been kept, but finding out how much had been misspent or misappropriated was virtually impos-

sible due to the labyrinth of different forms of administration and a total lack of accurate record keeping. In an effort to reconcile the spending, Macbeth explained a formula had been created and approved by the TDC to redistribute \$332,338.64 remaining in the TDC's account collected by different

means over the past nine years.

Under the so-called "Reallocation Plan," \$93,420.39 would be put in an account established to promote and advertise to attract tourists to Highlands County in the off-season. Another \$163,277.97 of the remaining fund balance would go to promote and

See TDC, page 5A

# SFSC's Stephens to retire in June

*Special to the News-Sun*  
**AVON PARK** — After 10 years of guiding the college through institutional growth and transformation, South Florida State College president Dr. Norman L. Stephens Jr. has announced that he will retire from the college's top post effective June 30, 2013. "This decision was made with considerable difficulty and not without second and third thoughts," Dr. Stephens said. "After 45 years in the community college world, I'm ready to join my wife Laurie in a new phase of our lives in active retirement." "In the 47 years of this



Stephens

great institution's existence, we have worked under the leadership of only three presidents, each outstanding," said Tami Cullens, chair of SFSC's District Board of

Trustees. "Such a feat is unheard of. As tough a decision as it was for Dr. Stephens to make, he is well-deserving of this time to write, travel, and just go out and 'play.' It is difficult to let go of a man as outstanding as Dr. Stephens, but as he moves on, so must we."

Since coming to SFSC on Sept. 3, 2002, Dr. Stephens has championed numerous changes for the college. In July 2012, South Florida Community College became South Florida State College.

This fall term, the college began offering a Bachelor of Applied Science degree in

Supervision and Management, which has laid the groundwork for future bachelor's degrees in nursing and elementary education.

Also on the horizon will be the Bioenergy Education Program in conjunction with BP-Highlands that launches in January 2013. During Dr. Stephens' tenure, the college saw the addition of programs in radiography, dental hygiene, dental assisting, paramedic certification, practical nursing at the Hardee Campus, and auto collision repair at the DeSoto Campus.

See STEPHENS, page 3A

## COMMUNITY BRIEFS

### Community Garage Sale continues Saturday

SEBRING — Bargain shoppers and browsers, stop by Downtown Sebring from 7 a.m. to 1 p.m. Saturday for the local monthly garage sales. For space or more information, call 382-2649 or visit [www.DestinationDowntownSebring.com](http://www.DestinationDowntownSebring.com).

### Hardee County Special STARS have fundraiser

WAUCHULA — Special STARS of Hardee County will host a bake sale and car wash from 9 a.m. to 1 p.m. today at the Arc Wauchula Resale Store. Enjoy some delicious baked goods, get the car washed and take advantage of the store-wide 50 percent off sale at the Wauchula Resale Store, 1010 S. 6th Ave.

Special STARS (Sports Training and Recreational Services) is a sports and recreational program for children and adults with mental and physical disabilities. Hardee County started its Special STARS program this year and all proceeds will benefit local athletes in this county.

Special STARS is affiliated with Ridge Area Arc but all funding is separate. The program operates strictly on volunteers and donations. This year special athletes competed in the Hardee County competition at Bowl of Fun Bowling Alley in Wauchula. The winners then traveled to Lake Placid to compete in the district competition against Highlands and Okeechobee County athletes. Special STARS also hosted a dance and are planning a track and field event for their next competition.

Support these athletes as they raise money to help fund the program and increase the number of sports and social events implemented throughout the year.

For more information contact the Hardee County Special STARS coordinator, Missy Zeigler. She can be reached by calling (863)

445-0407 or contact her at the Arc Resale Store at (863) 773-0140.

### Moose plan Octoberfest event

SEBRING — Scotty's Octoberfest is being held at the Moose Lodge 2259 on U.S. 98 from 5:30-8:30 p.m. Saturday.

Schnitzel, pork, red cabbage and so much more will be served. Dance to the music of Larry Musgrave from 6-10 p.m. and enjoy the games.

The lodge is open to members and qualified guests. Call 655-3920 for further information on events or check [lodge2259.moosepages.org](http://lodge2259.moosepages.org) on the Internet for the calendar.

### Groovus plays at Music in the Park Concert

SEBRING — Music in the Park Concert is set at Highlands Hammock State Park at 7 p.m. Saturday featuring Groovus.

Concert admission is \$5 per person, (accompanied children 12 and under admitted free of charge). Bring lawn chairs or blankets and flashlight. Concerts are outdoors in the picnic area. Proceeds benefit park improvements via the Friends of Highlands Hammock. Park admission of \$6 per vehicle (up to eight people per car) is waived after 6 p.m. on concert nights.

### Masonic Lodge to hold spaghetti dinner

LAKE PLACID — Placid Masonic Lodge No. 282, 102 N. Main St., will hold a spaghetti dinner from 4-7 p.m. Saturday. The dinner will include salad, garlic bread, drink and dessert. Cost is \$7 and carry out is available.

For information, call 465-8185.

### Tea Party will show 'Determinators'

SEBRING — "The Determinators" will be

Continued on page 5A

# Charlie wins 'Top Dog' at Wiener Dog Race

*Special to the News-Sun*  
**AVON PARK** — The wiener dog winners waddled their way to impressive speeds at the Ridge Area Arc fourth Annual Wiener Dog Race on Oct. 13.

The race consisted of roughly 50 dogs dispersed among four categories: puppy, senior/disabled, adult, and wiener wannabe. The coveted "Top Dog" title was open to all dog participants regardless of age.

Best Dressed Dog went to Bella, dressed as a cheerleader including bows and pom-poms with her owner Lori Coker. Best Dressed Team went to Dianne Kurek and her two dachshunds dressed as clowns. And the Best Float went to Craig Seniow and his two dogs, Charlie and Bailey, on the "Pawtoon." The "Pawtoon" was a miniature pontoon boat for some miniature dachshunds including a six-pack and radio tunes.

In first place for the puppy category was Josey and her owner Terrance Worline. According to Worline, this was her first race and was happy she made it out of the gate. In second was Oscar Meyer at 8 months old and his owner Danielle Plank.

Buttercup Truffles was the only senior dog in attendance at 10 years old. She raced against a few of the younger dogs for some friendly competition and gave them a run for their money. Owner Emily Burns and Buttercup Truffles went home with a much-deserved trophy.

The adult category made the line judges really focus. In first place was Bailey and owner Craig Seniow. Bailey looked experienced as he zoomed across the finish line time and time again. In a close second was Johnny



Lori Coker holds her little cheerleader Bella, dressed in bows and pom-poms. Bella was named Best Dressed Dog in Ridge Area Arc's fourth annual Wiener Dog Race last weekend.

Myers' young pup, Elcey.

Craig Seniow showed everyone how it's done in the "Top Dog" category with another dachshund of his, Charlie, taking first place. Lauren Johnson's dachshund, Callie, was right behind him bringing up a close second. The Wiener Wannabes

included a golden doodle, a cha-weenie and a schnauzer all with the urge to waddle like a Wiener Dog. Sunshine the schnauzer took first with an excited owner, Angela Miller. Erin Bonini's golden doodle, Sophie, was right on Sunshine's tail taking a close second.

# Harvest Festival on Main is Saturday

By SAMANTHA GHOLAR  
*sgholar@newssun.com*

**AVON PARK** — Avon Elementary and Park Elementary are once again working together to raise funds and bring fun to the students, parents and friends of the area with the second annual Harvest Festival on Main on Saturday.

Last year's inaugural Harvest Festival proved to be a huge success after two schools' Parent Teacher Organizations teamed up to deliver a family-friendly event that raised money for the schools.

Harvest Festival on Main is an "old fashioned fun" event that takes place in downtown Avon Park.

"It is a wonderful family event geared toward the ele-

mentary school aged kids," said Park Elementary PTO member Laura Barben.

The festival offers a number of activities and loads of fun highlighted by the upcoming Halloween holiday. The biggest concept of the festival is the costume parade. The parade kicks off the all-day event by giving kids up to age 11 the opportunity to strut their stuff in their Halloween best.

The costume parade is preceded by a costume contest. Children will be judged in their costumes beginning at 9:15 a.m.

The winners of the contest will lead the way during the parade down Lake Avenue and into Donaldson Park.

Other activities during the day include pony rides, train

rides, obstacle courses, slides, games, face painting, music, a bounce house, food and, of course, the ever-popular pumpkin patch.

The festival is open to the public and free admission.

Wrist bands will be sold for \$5 which will allow children to play all the games and most of the activities at the festival.

"All the money raised goes to the schools," said Shannon McCracken, a volunteer for the festival. "The money is split evenly between the two schools."

Harvest Festival on Main will be held Saturday from 10 a.m. until 2 p.m.

The costume contest and parade will begin at 9:15 a.m. Both events will take place on Main Street and

Donaldson Park.

For parade information and costume instructions, contact Park Elementary at 452-4373.



## Lottery Center



Oct. 17 2 9 16 18 34 46 x:3  
 Next jackpot \$12 million

Oct. 13 4 11 36 37 45 51 x:3  
 Oct. 10 11 19 29 31 37 50 x:4



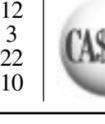
Oct. 17 2 9 11 29 35  
 Oct. 16 5 9 11 15 36  
 Oct. 15 9 14 16 23 26  
 Oct. 14 11 24 26 27 35



Oct. 17 (n) 1 8 1 9  
 Oct. 17 (d) 7 8 0 7  
 Oct. 16 (n) 6 1 9 3  
 Oct. 16 (d) 4 0 1 3



Oct. 16 15 23 32 33 12  
 Oct. 12 22 23 26 28 3  
 Oct. 9 17 37 41 44 22  
 Oct. 5 12 27 32 35 10



Oct. 17 (n) 4 2 6  
 Oct. 17 (d) 4 6 6  
 Oct. 16 (n) 1 3 6  
 Oct. 16 (d) 3 4 6



Oct. 17 1 7 10 23 42 PB: 35  
 Next jackpot \$80 million  
 Oct. 13 2 5 25 26 49 PB: 18  
 Oct. 10 18 26 29 35 43 PB: 28

Note: Cash 3 and Play 4 drawings are twice per day; (d) is the daytime drawing, (n) is the nighttime drawing. PB: Power Ball

# YMCA Spooktacular brings scares this weekend

By SAMANTHA GHOLAR  
*sgholar@newssun.com*

SEBRING — The Highlands County YMCA is getting all spooked out for its annual Halloween Spooktacular. For two days, attendees can take part in the fun and creepy nature of the long celebrated holiday. The past several years have brought back kids and families to the event to share in the festivities, all while helping to raise money for the organization.

The YMCA uses the money raised to help out with the Strong Kids Campaign. Proceeds also go to benefit Julie's Funds for Kids. The foundation was founded to help provide financial assistance to families with children who seek to participate in activities and memberships at the YMCA.

The Halloween Spooktacular has become one of the biggest events at the facility, according to Program Director Dave Scheck.

Spooktacular guests return year after year to get a few treats and frights in a family-friendly and safe environment.

Volunteers from the YMCA and local community provide plenty of activities for attendees. Everything from bounce houses to face painting are available for little super heroes and princesses. Spooktacular also features a haunted house full of creepy creatures that are sure to give brave guests a few scares.

For a \$2 donation upon entry, parents and kids can experience a classic, community-focused event that continues to give back. Spooktacular will serve snacks and refreshments such as popcorn and hot dogs throughout the event for additional costs.

And, of course, the candy will be flowing at each fun station for kids to collect.

The Highlands County YMCA Spooktacular will take place from 6-9 p.m. today and Saturday. Call 382-9622 for details.

Highlands County's Hometown Newspaper Since 1927

Published every Sunday, Wednesday & Friday at 2227 U.S. 27 South, Sebring, FL 33870

A HarborPoint Media Company

<p><b>Office:</b> 2227 US 27 S, Sebring, FL 33870</p> <p><b>Office Hours:</b> 8 a.m. - 5p.m., Mon-Fri</p> <p><b>Phone:</b> (863) 385-6155</p> <p><b>Main Fax:</b> (863) 385-1954</p> <p><b>Newsroom Fax:</b> (863) 385-2453</p>	<p><b>Postmaster:</b> Send address change to: News-Sun, 2227 U.S. 27 S., Sebring, FL 33870</p> <p><b>USPS - ISSN 0163-3988</b></p> <p>Periodical postage paid at Sebring, FL and additional entry office(s)</p>																
<p><b>Circulation, Sunday, Wednesday &amp; Friday Editions:</b></p> <p>If you do not receive your home delivered newspaper by 6 a.m., please phone the circulation department before 10 a.m. on Wednesday and Friday publications days, and before 11 a.m. on Sunday publication days. A replacement copy will be delivered to you. Subscribers who notify us after said times will be issued credit to their account.</p>	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th>SUBSCRIPTION RATES</th> <th>12MO.</th> <th>7% FL TAX</th> <th>TOTAL</th> </tr> </thead> <tbody> <tr> <td>HOME DELIVERY</td> <td>\$66.78</td> <td>\$4.81</td> <td>\$73.59</td> </tr> <tr> <td>IN FLORIDA MAIL</td> <td>\$102.13</td> <td>\$7.15</td> <td>\$109.28</td> </tr> <tr> <td>OUT OF FLORIDA MAIL</td> <td>\$116.58</td> <td>\$8.16</td> <td>\$124.74</td> </tr> </tbody> </table>	SUBSCRIPTION RATES	12MO.	7% FL TAX	TOTAL	HOME DELIVERY	\$66.78	\$4.81	\$73.59	IN FLORIDA MAIL	\$102.13	\$7.15	\$109.28	OUT OF FLORIDA MAIL	\$116.58	\$8.16	\$124.74
SUBSCRIPTION RATES	12MO.	7% FL TAX	TOTAL														
HOME DELIVERY	\$66.78	\$4.81	\$73.59														
IN FLORIDA MAIL	\$102.13	\$7.15	\$109.28														
OUT OF FLORIDA MAIL	\$116.58	\$8.16	\$124.74														
<p><b>Deadlines for subscription changes are noon on Tuesday for the Wednesday editions, noon Friday for the Friday and Sunday editions. Changes received after the times stated will be processed on the following publication date.</b></p> <p><b>Romona Washington - Publisher and Executive Editor</b>                  (863) 385-6155, ext. 515</p>																	



News-Sun photo by CHRISTOPHER TUFFLEY  
Clell Ford (right), county lake manager, points out problems under the U. S. 27 bridge to Congressman Tom Rooney.

## Rooney tours Lake Jackson

Continued from page 1A

1960s to control area flooding.

"This is a fact-finding trip to see whether there is a federal nexus," Rooney told the News-Sun, "and if there isn't a federal nexus, then what are the options. I'm here to meet the players and try to learn the issue better."

James Dean, a lakeside resident who has been in the forefront of seeking a solution, was on the tour. "It went well," he said. "We got the right people to come and see.

The first step was the meeting (with citizens and state and county experts in September). This was the second step."

No decisions have yet been made as to what actions should be taken or when. There are two reasons for that — the question of funding and the need to understand the scope of the problem in the context of the entire water system.

For example, Clell Ford, the county lakes manager, explained to the group that

filling in the canal between the two dams would cause flooding upstream.

The focus right now, Ford said, is building a cooperative effort between the various agencies and governments. The Florida Department of Transportation has agreed to get permits to clear the channel under the bridge and requests for funding are in process.

In the meantime, recent rains have raised lake levels.

## Hensley reflects on Sebring's past

Continued from page 1A

Asked to review the city's challenges and growth during those decades, Hensley spent an hour in a free flowing reminiscence, ticking off the events and decisions he thinks did the most to shape Sebring's recent history.

He insisted, time after time, that he should not be portrayed as the man responsible for the city's success. Sebring has always been about collaborative effort, he said, adding, "I was there, but did I make it happen? No."

In any case, he added, some of what he remembers dates from long before he ever held elected office.

The most important change for Sebring, Hensley said, was the expansion of U.S. 27 from two lanes to four. This happened beginning in 1965, while he was still a private citizen.

"Four lanes opened up the highway for development," he said. "Before there was nothing out here (on the western side of Lake Jackson). U. S. 27 was the biggest thing."

Hensley said the second most important development began in 1969 with plans to raise \$4 million for investment in Highlands County schools, especially establishing individual high schools in Sebring and Avon Park, which opened in 1971. "The new schools started the growth of the school district," he said, "and helped economic development."

*'We have so many people who have the city at heart. Groups cooperate and the community itself is unselfish and very, very giving. It always steps up.'*

GEORGE HENSLEY  
Sebring mayor

The third major event was the creation of the Community Redevelopment Agency, Hensley said. "That was a wonderful development that helped update downtown and Washington Heights. The CRA has done a great deal and is still very viable, providing grant funding for residents and businesses."

The Airport Authority — on whose board Hensley served for a time — is the fourth important development, he said. "The airport needed a lot of updating."

Among other improvements, the authority restored the neglected railroad siding, leading to the airport's industrial site. "We needed to develop rail service to bring in new business," he said. Since then the airport itself has become a success story of its own.

The fifth most important story in the city's history, Hensley said, is the long, sad tale of ill-fated Harder Hall.

Since it first opened in 1920s developer after developer failed in their attempts to make a success of the pink white elephant.

"We tried to make it work," Hensley said, "by signing on with a loan from the government." When the developer failed after putting \$4 million into the building, the city had to foreclose. It has been looking for a buyer ever since.

The Sebring Raceway, of course, was a major development in 1952, Hensley said, and sixth on his list. As important as the race itself is, however, the benefit from it came to Sebring primarily through the Firemen's Association Inc., Hensley said.

"It was the Firemen's Association that put together a race committee and volunteers. As a result of that, the Firemen got the receipts from all the concession stands and that's how they got their money in those years. Because of that money they could built the football and baseball fields and the fairgrounds."

Hensley made clear, however, that events were secondary to Sebring's growth and success, what really counts is the people.

"I can't say enough about our staff and employees," he said. "We have so many people who have the city at heart. Groups cooperate and the community itself is unselfish and very, very giving. It always steps up."

tri-county district attend SFSC. Dr. Stephens encouraged partnerships with local entities to enhance the educational experience of students, such as through the development of the Career Academy of South Florida State College in partnership with the Highlands County School District in August 2008.

The program allows 10th-12th graders to take required high school courses and select college technical courses, preparing them to enter the workforce and to continue their education. Remedial programs were established at SFSC, such as the Summer Bridge Program, helping at-risk high school students prepare to enter college and the workforce.

Of particular note are the accolades SFSC received as a result of Dr. Stephens' emphasis on excellence in education. Upon reviewing the college for its reaffirmation of its accreditation in November 2011, the visitation team from the Southern Association of Colleges and Schools Commission (SACS) on Colleges had no recommendations for the college. In other words, the college was found to be an educational institution of the highest standards.

As part of its reaffirmation of accreditation, SFSC created the Guide to Personal Success (GPS), a new and comprehensive student orientation, a First-Year

Experience seminar, and a Teaching Excellence Institute.

The SACS visitation team cited the GPS's development process as an educational best practice.

Further, SFSC was among 120 out of over 1,200 community colleges across the United States to be nominated for the prestigious Aspen Prize for Community College Excellence, not just once but two years in a row. SFSC's reputation, its outstanding faculty, and community support have made SFSC the college of first choice for Highlands, Hardee, and DeSoto county high school students. Four out of five, or 80 percent, of first-time college-bound graduates in its

## Church service draws crowd despite gloomy weather

Continued from page 1A

Praise and Worship Team and Joe Lewis, as well as the messages delivered by Wings of Faith Pastor Robert Shannon, The Salvation Army's Major Bruce Stefanik, and First United Methodist Church Pastor A.C. Bryant.

Unity, legacy, love and compassion resonated through the messages delivered by the various pastors.

Allen Altwater opened the service with other members of the First Baptist Church of Lake Josephine Praise and Worship Team. Between songs he said the crowd gathered "to celebrate how blessed we are to be living in the best place in the state." He encouraged everyone to think about the people God has given to us and taken away. He remembered Centennial Committee member Sandia Wehenkel, who passed away in June. He also reminded guests about Saturday's dedication of Kenilworth Boulevard to one of Sebring's favorite sons, Major Tommy McGuire.

Shannon told the crowd that it's important to understand that legacy has to do with unity. One cannot make that transition without unity and "the only way to have a legacy is to harvest yourself."

Everyone who was at the service was there "to celebrate God, who brought us here together in unity."

Unity, he said, helps us to recognize the differences in each other. "Unity applauds the greatness in each of us. Love has a propensity to



News-Sun photo by BRIANA WASHINGTON  
Shannon Cleveland (left), an instructor at Highlands UPrep, and one of her former students, Kayla Selander, signed 'Testify to Love' during the Centennial Community Church Service. Here they are signing the word Love, one of the themes for the night, at a moment when the only sunshine of the day peeked from under the clouds just before sunset.

forget the negative things and promote the positive things."

As he closed, Shannon pointed to Lake Jackson and said, "I couldn't swim out there until I was 14. I had to swim at Dinner Lake. Let's all pray for unity." Shannon, a black pastor, referenced a time in his childhood when he and his friends were not allowed to swim at Lake Jackson because of their color.

Bryant carried the message of love a little further. He said the Scripture is clear what love really is. "Love is not a feeling; it's a demonstration," he said as he quoted I Corinthians 14:3-8.

He told guests how a young Nancy Heacock would spend summers in North Carolina where she met a young George Hensley.

George eventually visited Sebring and Nancy just to discover that "her heart

would never leave Sebring. Today he is our mayor. God works in us to do a job. ... This city is what it is because of the men and women who God has willed to do not what they wanted it to be, but what God wants it to be."

The Centennial Celebration continues today and Saturday with the Blessing of the Business Luncheon at noon today, a Luau and Beach Party at City Pier at 7 p.m. and on Saturday the Sebring Chamber Major Thomas McGuire 5K at Highlands Hammock State Park at 7:30 a.m., the Sebring Historical Society lunch at noon, the Dedication of the Major Tommy McGuire Boulevard at 3 p.m. at the Sebring Regional Airport and the Grand Finale Birthday Bash at Lakeshore Mall at 5 p.m.

For more information on Centennial events, visit [www.sebring100.com](http://www.sebring100.com).

# Savings by the Bushel

## 43rd Annual Gene Scheck Rotary Apple Sale

### Lakeshore Mall

# November 8, 2012

## 8 AM TO NOON

ALL PROCEEDS GO TO SUPPORT LOCAL CHARITIES AND ROTARY INTERNATIONAL CHARITABLE PROJECTS

Variety Pack • ½ bushel • \$29 <sup>00</sup>	Red/Golden Mix • ½ bushel • \$29 <sup>00</sup>
Melrose, Winesap & Cameo	Red/Golden Mix • 10# bag • \$15 <sup>00</sup>
Fuji • ½ bushel • \$29 <sup>00</sup>	NEW - Melrose • ½ bushel • \$29 <sup>00</sup>
Fuji • 10# bag • \$15 <sup>00</sup>	NEW - Melrose • 10# bag • \$15 <sup>00</sup>
NEW - Cameo	Stayman Winesap
½ bushel • \$29 <sup>00</sup>	½ bushel • \$29 <sup>00</sup>
NEW - Cameo	Stayman Winesap
10# bag • \$15 <sup>00</sup>	10# bag • \$15 <sup>00</sup>

The Best Apples for eating, baking, saucing and salads.

ORDER ONLINE @ [www.sebringrotaryapples.com](http://www.sebringrotaryapples.com)  
or CALL 385-8538 or 446-2151 or 202-6926

# EDITORIAL & OPINION

## TODAY'S EDITORIAL

# Red Ribbon Week: teaching kids to say no to drugs

**R**ed Ribbon Week begins Wednesday. Focused on young people, it is the largest and oldest drug prevention campaign in the country.

The red ribbon symbol honors Enrique Camarena, an American Drug Enforcement Administration agent who was kidnapped and tortured to death while working undercover in Mexico in 1985.

The object of Red Ribbon Week is to educate teenagers and their families about the dangers of abusing drugs, how to recognize addiction and what to do when adolescents need help.

According to MedicineNet.com, substance abuse is caused by multiple factors rather than any one cause. Those factors include low parental supervision, family conflicts, inconsistent or

severe parental discipline and a family history of drug use.

At the individual level, those young people who have been physically or sexually abused, have learning or emotional problems, or have low impulse control, thrill-seeking behavior or the belief that drugs are not dangerous, are much more at risk.

According to the Florida Youth Substance Abuse Survey of 2010 Highlands County teen drug use is slightly higher than the state average.

For example, 32.1 percent of county adolescents reported using alcohol in the preceding 30 days, while the state percentage was 28.8.

There is a wider discrepancy in terms of cigarette smoking — 12.6 percent of county teens report having smoked within 30 days of the survey, versus 8.8 percent statewide.

There is good news regarding smoking, however. Use of tobacco is steadily trending downward. In 2000, for exam-

ple, nearly 20 percent of middle and high school students had smoked in a 30-day period.

As a community, however, it is not enough to simply track drug use.

From a loss of focus and shortened attention span, to unprotected sex and an increased risk of pregnancy or sexually transmitted diseases, to a higher risk of suicide — it is the consequences of drug use that ruins lives.

Just as the causes of addiction are complicated so are the remedies. It will take the community working together to break the cycles of self-destruction.

Consider two chilling statistics — 22 percent of drinking teens aged 15 to 17 acquired alcohol by asking someone over 21 years old to buy it, and 48 percent were given it outright.

Put another way, 70 percent of teens who drink are facilitated by adults.

As we enter Red Ribbon Week the best way to help our young people is to clearly, repeatedly, simply say no.

# NEWS-SUN

2227 U.S. 27 South • Sebring, FL 33870 • 863-385-6155

## NEWSROOM

**ROMONA WASHINGTON**

*Publisher/Executive Editor*  
Ext. 515  
editor@newssun.com

**SCOTT DRESSEL**

*Editor*  
Ext. 516  
scott.dressel@newssun.com

**DAN HOEHNE**

*Sports Editor*  
Ext. 528  
daniel.hoehne@newssun.com

## ADVERTISING

**VICKIE JONES**

Ext. 518  
vickie.jones@newssun.com

**MITCH COLLINS**

Ext. 507  
mcollins@newssun.com

## BUSINESS OFFICE

**JANET EMERSON**

Ext. 596  
legals@newssun.com

## EDITORIAL PAGE POLICY

Make sure to sign your letter and include your address and phone number. Anonymous letters will be automatically rejected. Please keep your letters to a maximum of 400 words.

Send your letter to 2227 U.S. 27 South, Sebring, FL 33870; drop it off at the same address; fax 385-1954; or e-mail [editor@newssun.com](mailto:editor@newssun.com).

## TODAY'S LETTERS

### YMCA presents Spooktacular

Editor:

The Highlands County Family YMCA is presenting two fun-filled days of Spooktacular, Oct. 19 and 20, from 6-9 p.m. each evening. Lots of games, candy, prizes, a bounce house and an awesome haunted house. Cost is \$2 per person and all proceeds go to benefit our Strong Kids Campaign.

Concession will be selling hot dogs, popcorn, snow cones, and drinks for an additional cost. Come dressed in costumes and enjoy a great night of fun.

Thank you to the following sponsors: Sebring Pizza Hut, Dr. Tina Thomas DMD, Fitness Together, Dr. Nasim Kahn, Bowyer Physical Therapy, Sommers Irrigation, ABC Appliance & TV, C & S Auctions, Henry's Country Motors, Papa John's Pizza, Party Monster, Dr. T.C. Lackey, Sun 'N Lake Improvement District, Air & Electrical Services, Dr. Kendra Hall, Gator Title, Palms of Sebring, M.E. Gose, Inc. Construction, Dr. David Guerra, RCH Vending, Sweetbay, Champion for Children Foundation, Parke C. Sutherland, P.A., Robert E. Livingston, P.A., Highlands Independent Bank, Delaney Photography, Carlson Accounting, Eric Zwyer, Positive Medical Transport, Bassett Electronics, Chicane Restaurant, La Quinta, AXA Advisors, Zeno's Pizza, Kennedy State Farm, Just Auto Ya'll, P.S. Signs, Bob Evans and Allbrite Professional Cleaning Services Inc.

If you would like more information, call the YMCA at 382-9622.

For youth development, for healthy living, for social responsibility,

*Dave Scheck  
Sebring  
YMCA Program Director*

### Amendments are difficult to change, void

Editor:

Today, Oct. 16, there were two good letters — one by Hal Graves on "term limits" and one by Bill Youngman on Constitutional Amendments.

One of the reasons our country is in such desperate shape today is due to people in Congress aging in office to the point they can't cope with the changing world and times. They have used taxpayer money to offer perks to their constituents to keep



themselves in office. This can be stopped by "term limits", which would prevent them from creating their dynasties. Some of these 80- to 90-year-old Senators don't know the time of day, let alone understand what is in the bills they are agreeing to and passing.

I think that eight amendments to the State Constitution is ridiculous. They might just as well come up with a new constitution. With all these changes being asked for, I can only think that the persons offering the amendments have an iron in the fire somewhere.

As for myself, I am going to vote No on every amendment change. Let them make these changes by state law, which can be repealed if necessary.

Amendments to a constitution are very difficult to change or void.

*Dick Ford  
Sebring*

### Look at your own glass house first

Editor:

George Hensley ... tsk, tsk, tsk. Those who live in glass houses should not throw stones. I find it amusing that our mayor would have issues with Ms. Fleck's example, that he goes on about in length in distaste, a letter to the editor Sept. 30, trying to sway future votes.

He has not said one word about current city council member Bud Whitlock running an unlicensed survey business for many years while a Sebring City Council member. (Whitlock) was fined by the Florida Department of Business Regulation in this wrong doing and would be a convicted felon if he did not have the Florida Statute of

Limitations save him from my complaint to the Department of Justice and State Attorney for my survey he did more than 20 years ago. Even though he is not scot-free as anyone who has had a survey done by Whitlock Land Surveying the past five years could still file a felony complaint with the State Attorney's office as the surveys are of no value and in error since it was an unlicensed business doing the work.

(Hensley) has not mentioned the ethic issues this brings about in (Whitlock) serving as a current city council during the mayor's term and on his watch. The mayor has said nothing nor filed any ethic complaints against this wrong-doer while being present to see Whitlock vote on more than one item at council meetings on issues he was directly involved with. This is how the mayor protects "We the People"?

This is just one issue of many I will bring to light. The truth will set you free and I have tried to keep a tight lip until after the city's 100-year anniversary so as to not sully the event until the mayor found it necessary to make a statement he knows will lean a vote simply based off of his word before Sebring's 100th anniversary and the voters who depend on and trust his word.

Not that I'm against free speech, because I'm not. However, you have big skeletons in your closet, George Hensley. I think it's time you addressed the bigger issues of bad example and ethic issues in your own glass house before judging others.

*Gingerlee Mitchellindo  
Sebring*

### Amendment will not promote religious freedom

Editor:

First of all, Florida Amendment 8 has nothing to do with more religious freedom. This title was chosen as many are to get the uninformed voters pointed in the direction to get this amendment pushed through. It deals with how your tax dollars will be spent.

The ballot issue reads, "Proposing an amendment to the State Constitution providing that no individual or entity may be denied, on the basis of religious identity or belief, governmental benefits, funding or other support, except as required by the First Amendment to the United States Constitution and deleting the prohibition against using revenues from the public treasury directly or indirectly in aid of any church, sect, or religious denomination or in aid of any sectarian institution."

If passed, this amendment will not promote religious freedom, it will do the opposite. It will open the door to silence religious organizations and their beliefs in order to receive government funding.

It will give the government the ability to promote religious activities through government funding, directly undermining the true principle of separation of Church and State. Keeping the government out of the church.

It will force the taxpayers to fund all religious activity, to include Islamic, Satanic and cult religious activity.

You notice it says no individual or entity may be denied, on the basis of religious identity or belief, governmental benefits, funding or other support. Wonder what other support means?

And where do you think the state will get the money to do this funding, another tax? No, you don't think they would do that, do you?

The way it is now is a long way from perfect and that is because the government is running it and I have a problem allowing the government the power to move into the church. I don't them running my health care or my church. Now the government has no say on how I serve my God. And you are not required to fund how I serve my God. You can fund any religion you please, as much as you please and the government has no say over it.

Look at the ones supporting this amendment and what they are looking to gain, if it passes. They will tell you, you can trust the government. Sorry, but I can't trust the government over God, because I know God will keep his Word until the end of time.

Vote "No" on Amendment 8.

*Bill Youngman  
Sebring*

### Johnson is the man for President

Editor:

Every four years, American voters choose the next occupant of the White House. We flail back and forth between the Republicans and the Democrats. Both parties try to convince us to not so much vote for them, but to vote against the other party.

Every election the voters do the same thing, a vote for the Democrat or the Republican. Then they wonder why nothing ever changes and things keep going downhill.

Isn't the definition of insanity "doing the same

thing over and over and expecting different results"? The two major political parties are counting on voter insanity to maintain their grip on the power and the purse strings. The only way to stop this incompetent and idiotic merry-go-round is to get rid of both major parties. They both are far more interested in staying in power than doing the right thing for the people.

I don't need a crystal ball to predict that nothing will improve until we stop this two party hegemony and vote independent or third party.

This year we have very viable choice for President who will be on your ballot. Gary Johnson, a former two-term governor of New Mexico. He is a real fiscal conservative and was very popular governor.

Please people, we have to try something different while we have a chance. The Republicans and the Democrats will drive this ship right into the rocks while fighting over who gets to steer. I am tired of the party power brokers laughing at us because we keep giving them the keys to the car and the liquor cabinet.

This is the time to show both parties we are tired of this idiocy. Vote for Gary Johnson for President.

*D.B. Orr  
Avon Park*

### Three election distractions to avoid

Editor:

I recently had a fellow professor say, "I live in a world of distractions." I am sure that many of us feel the same way as we go through our daily activities. A very important activity coming soon is the Nov. 6 election. This should not be a time when distractions keep us from choosing the most qualified candidate for an office.

The voting for the Office of Superintendent of Highlands County Schools is an important one for the students of our county. Voters need to avoid three "distractions" that could keep them from voting for the best candidate. Those distractions are political party affiliation, the "good old boy" mind set, and the need for improvement in the grades many of our county schools have received over the past years.

The first distraction is an all too familiar scenario. With our two-party political system, it is all too often that voters make a selection

Continued on page 8A

## COMMUNITY BRIEFS

Continued from page 1A

shown at 1 p.m. Saturday at Homer's Smorgasbord, Manatee meeting room. This film will be of particular interest to seniors.

There will be a meet and greet at noon prior to the film premier. After the film, a question and answer period will follow. There is no charge for admission.

Attendees will have the opportunity to personally meet Dr. C.L. Gray, with Physicians for Reform and the inspiration for the film.

"The Determinators" examines through interviews, objective analysis, and fact-checking from some of the nation's leading health care experts how the President's health care law will harm the nation.

### Historical Society hosts SHS Class Reunion

SEBRING — The Sebring Historical Society will celebrate the town's Centennial with a special quarterly luncheon meeting on Saturday at the Bert J. Harris Jr. Agri-Civic Center on U. S. 27 beginning at 11:30 a.m. In addition, combined Sebring High School Class Reunion attendees up to and including the Class of 1965 will be included in this event.

A chicken barbecue luncheon, prepared by Allen Altwater III and his assistant, Dave Zeiss, will be available for \$5. There will be no carry-in food at the event.

Following lunch, a concert featuring the Heartland Community Chorus Ensemble, directed by Susan Lewis, will be presented. Lewis is an accomplished musician well-known in the community for her musical expertise and accomplishment. The group will present a varied program of all-American

favorites, including a barbershop quartet. Singers are Arlene Batten, Ollie Prior, Betty McColgan, Denise Blondin, Marilyn Blair, Alison Popham, Steve Popham, Peg Whitehead and John McColgan. Featured in the quartet are Ernie Bourdeau, Stirling Snyder, Paul Willcox and Ralph Todino.

### Ballroom Dancers plan 'M&M' Dance

LAKE PLACID — The Lake Placid Ballroom Dancers will sponsor an "M&M" Dance from 6:30-9 p.m. Saturday, Nov. 3 at the fellowship hall, Eastside Christian Church. An optional ballroom dance lesson will be available from 5:30-6:30 for \$3 given by Shirley and Bill Ringo. Chrissy Harriman will be the featured musician and the Placid Lakes Breakaway Line Dancers will also entertain at intermission teaching a line dance to the group.

The admission for the dance will be a \$5 donation and a canned good or non-perishable item for the Manna Ministries food pantry in Lake Placid. Refreshments will be served at intermission, soda and water available throughout the evening. Everyone is welcome, and we have door-prizes, too.

The fellowship hall is 1.8 miles east on County Road 621 off U.S. 27.

### Masons will do child ID's

AVON PARK — Masonic District 25 will do child identifications for children up through 18 years of age from 10 a.m. to 2 p.m. Saturday at Donaldson Park (next to the Winter Guest Club).

This is free of charge. Participants get a CD with

your child's pictures, voice, fingerprints, emergency information and DNA.

For more information, call Ross Canright at 452-0346.

### V.F.W. Breast Cancer Awareness style show set

SEBRING — The Ladies Auxiliary at VFW Post 4300 Sebring will be having its first Breast Cancer Awareness Fundraiser at 12:30 p.m. Wednesday for a \$10 donation. Tickets are on sale now.

Florida Hospital Heartland Division will have a booth giving away information and their new "Pink Army" dog tags, this year's hospital promotion.

Miche purses will also be on display at the luncheon, with one given away at the silent auction among many other great gift items. The outpouring from the business community has been very heartwarming as are the stories told of people whose lives have been touched by this dreaded disease.

Dr. Marin Maxwell, dentist Pete Dillon and Eagle Pest Control are some of the early Corporate Sponsors; 100 percent of all sponsor money goes to help find a cure. Members of the VFW Honor Guard will escort the models for the day. The models are all breast cancer survivors.

To be a business or corporate sponsor call chairman Darlene Watkins at 314-9107. Poshe Day Salon will assist with the models make up and hair and fashions will be from Dress Barn. More than 35 door prizes will be given out and a few surprises will all make for a fun, enlightening day for those in attendance and hopefully help with the effort to "Find the Cure."

## TDC accounting cleared up

Continued from page 1A

advertise arts and culture events with \$75,640.27 pointed toward promoting and advertising local events.

What constitutes "off season" has been a moving target since the tourist tax passed by a 521-vote margin in 2002. Following the narrow approval by voters, the idea of "summer" tourists was enlarged to include what were termed "shoulder months," increasing the definition of "off-season" time from April through December. A requirement for verified overnight stays also was added for any event that wanted funding. Long-term events also were excluded for eligibility for funding.

During the discussion, Macbeth told commissioners that in prior years it was felt that the funds were being appropriately expended under the percentages as designated.

However, it has been shown that administrative expenses, including wage and benefit packages for TDC staff, exceeded the 29 percent figure that is part of the plan.

Macbeth told commissioners they could dispense with the intricacies of accounting for the monies simply by "authorizing the expenditure of funds for purposes that are authorized by the statute," explaining that the statute has expenditure provisions that are broader than the current TDC plan approved by voters.

That would take a supermajority, or four of the com-

mission's five votes.

Another suggested method to meet the percentages is raising the tourist tax assessment from 2 percent to 3 percent. A motion to that effect reportedly already has been passed by a majority vote of the TDC board. That is slated to come to the commission some time after the November general elections.

The TDC has been under the scrutiny of Florida's Joint Legislative Auditing Committee. However, during the meeting, interim County Administrator June Fisher produced an email from that board accepting the county's explanations and saying they had "no further questions at this time."

Citizen Bill Youngman asked commissioners to look at figures showing that revenue from the Tourist Development Commission had dwindled nearly each year since the inception of the tax. The numbers, based on taxes assessed against short-term stays, ranged from a high of \$462,280 to last year's total take of \$292,291. He suggested they consider farming out the TDC administration to the private sector.

Commissioner Don Elwell, who also sits as the chairman of the TDC, explained the only way to legally re-alloc-

cate the remaining funds was to amend the plan. Elwell maintained it was nothing more than trying to restore the funds remaining to the proper accounts rather than leaving any of it in administration/payroll/overhead. That account, he pointed out, has been overspent for nearly a decade.

Jack Nelson, the chairman of the Highlands Tea Party organization, told the commission the controversy over the matter was a great example of why the tourist tax should have a sunset provision. A number of commissioners have steadfastly opposed the idea of putting the tourist tax up for a vote of the people saying they feared it might be defeated.

Commissioners Barbara Stewart and Greg Harris solicited assurances from Macbeth that the TDC had not engaged in any misconduct or abuse, and had done nothing fraudulent or unlawful. Macbeth indicated they had not. He told commissioners the pending action would put the issue to rest.

Following the vote, Harris turned to Highlands County Tourist Development Commission Executive Director John Sherlacher, saying "John, step up here and I'll take that target off your back."

**LIFE SKILLS with a POSITIVE ATTITUDE!**  
(Best After School Program in Sebring)

- Get In Shape
- Learn Self Defense
- Make Better Grades
- Improve Self Esteem

**5 DAYS FOR \$30\***  
A WEEK

\*Some Restrictions Apply

**ENROLL NOW**  
(Located on Kenilworth Blvd., Sebring)  
**863.471.2467**

**A martial arts America THE FAMILY CLUB**  
Where Families Grow Strong Together

WE PICK UP FREE FROM:  
Kindergarten Learning Center  
Cracker Trail - San N Lakes  
Woodlawn - Fred Wild  
Memorial - Hill Gastat  
Sebring Middle

Get the paper



delivered to you!

NEWS-SUN • 385-6155

## OBITUARIES

### SHIRLEY STOKES

Shirley Y. Stokes, beloved wife and mother, went to be with her Lord on Oct. 14, 2012.

She was preceded in death by grandchildren, Cade Podwils and Don A. Podwils Jr; sister, June Morgan. She is survived by her husband of 64 years, Barney R. Stokes. She, also leaves to cherish her memory her children, Lynn (Don) Podwils, Vicki (Bob) Calder; her grandchildren, Logan Podwils, Emily Calder, Lucas Calder, Darlyne Montanero, Stephen Montanero and Summer Hovaldt; brothers, Harold Young, Leslie Young, Robyn Young and Deane Young; and a circle of many treasured in-laws and friends.

The family wishes to offer sincere thanks to Good Shepherd Hospice, who gave excellent support and care during her last days. A private service is planned under the direction of Morris Funeral Chapel, Sebring.

Morris Funeral Chapel  
307 S. Commerce Ave.  
Sebring, FL 33870

### MARGARET TROUTNER

Margaret J. Troutner, age 97, of Sebring, Fla., passed away on Tuesday, Oct. 16, 2012. She was born in Iselein County, Pa. on Nov. 23, 1914 and moved to Temperance, Mich., where she resided for most of her adult life. In 1968, she and her immediate

family moved to Fort Lauderdale, Fla. She had been a Florida resident for 44 years. She was a bookkeeper-secretary for Grofft Hosiery Company during her early years of marriage. She was an active member of Merrill United Methodist Church in Fort Lauderdale, Memorial United Methodist Church in Lake Placid, Fla. and St. John United Methodist Church in Sebring. Margaret was active in U.M.W. and Sunshine Circles and was a member of Eastern Star Chapter 126 and The Blue Heron National Camping Club.

She was preceded in death by her husband, Clifford J. Troutner, and is survived by her children, Marilyn McColgan of Sebring and Nancy Mirra of Danville, Calif.; Kara Gotkiewicz, her granddaughter; and her two great-grandchildren, Robert and James Gotkiewicz.

A Celebration of Life private service will be held. Contributions may be made in her memory to St. John United Methodist Church, 3214 Grand Prix Drive, Sebring, FL 33872. Arrangements have been made with:

Stephenson-Nelson  
Funeral Home  
Sebring, Fla. 33870  
(863) 385-0125

www.stephensonnelsonfh.com

## EXPAND YOUR LIVING AREA



Create a beautiful outdoor space to relax and enjoy with our wide selection of quality patio and outdoor furniture.

Aluminum • Cast Aluminum • Resin • Wicker • PVC  
Umbrellas • Fireplaces • And Much More!

SETS STARTING AT  
**\$299!**  
IN STOCK & READY TO GO!

THE BEST  
DEALS 100%  
GUARANTEED!



Family owned & operated since 1978

• Financing Available  
• 90 Days Same as Cash

Established 1974  
**Griffin's**  
CARPET MART, INC.

Chamber of  
Commerce Member

560 U.S. 27 North • Sebring • 385-4796 • www.CarpetPatioBlinds.com

In lieu of flowers, consider a gift to support Hospice care.

**Cornerstone HOSPICE & PALLIATIVE CARE**  
No. 5019096  
888-728-6234 Cornerstonehospice.org

GET YOUR LOCAL NEWS STRAIGHT FROM THE SOURCE... **NEWS-SUN**

**10 DEALERS!  
ONE LOCATION!**

**ALAN JAY**  
Automotive Network

# ROCKTOBER

## Sales Event

**3 DAYS LEFT!!**

HERE ARE JUST A FEW EXAMPLES OF THE TREMENDOUS SAVINGS!!

2005 FORD FREESTYLE SEL



**\$10,995**

2008 PONTIAC G6



**\$11,995**

2008 FORD ESCAPE XLT



**\$13,995**

2010 NISSAN SENTRA S TYPE



**\$14,449**

2011 CHEVY IMPALA LT



**\$15,495**

2010 TOYOTA CAMRY LE



**\$16,498**

2009 NISSAN ALTIMA



**\$16,998**

2011 BUICK REGAL



**\$21,798**

**SPECIAL PROGRAMS AVAILABLE**

**TO FIX YOUR CREDIT THIS WEEKEND ONLY!**

- **ROCK BOTTOM FINANCING -- AS LOW AS 0%!**
- **ROCK BOTTOM PRICING -- STARTING FROM ONLY \$5,995!**
- **ROCK BOTTOM PAYMENTS -- AS LOW AS \$99 PER MONTH!**

**SAVE UP TO 60% OFF NEW MSRP!**

**OVER 900 VEHICLES IN STOCK!**

*You Can Qualify For ...*

**\$0**

**DOWN PAYMENT!**

**\$0**

**PAYMENTS FOR 90 DAYS!**

**0%**

**INTEREST FINANCING!**

**No Reasonable Offer Refused!  
3 DAYS ONLY!**

**You'll NEVER Save More Than You Will These Four Days!!**

JOIN US FOR **FREE LUNCH** EVERY DAY! 11am - 2pm!



**ALL AT ONE LOCATION!! BETWEEN ALAN JAY GM SUPERSTORE & ALAN JAY NISSAN!**

**3 DAYS LEFT:**

**FRIDAY**  
OCT. 19<sup>TH</sup> • 9<sup>AM</sup>-9<sup>PM</sup>

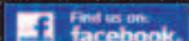
**SATURDAY**  
OCT. 20<sup>TH</sup> • 9<sup>AM</sup>-8<sup>PM</sup>

**SUNDAY**  
OCT. 21<sup>ST</sup> • 11<sup>AM</sup>-5<sup>PM</sup>

**ALANJAY.COM**

**441 US Hwy 27 N | Sebring, FL 33870**  
**Sales (863) 314-5370**

JOIN OUR PAGES FOR DISCOUNTS, PROMOTIONS & MORE!



Prices shown exclude taxes, tag & \$880 dealer fee. 0% financing and \$99 per month payment offers on select new & pre-owned vehicles, subject to credit approval. Stock photos; some vehicles may be different color. Dealer not responsible for typographical errors. Vehicles shown subject to prior sale - hurry in for best selection! See dealer for full details. Copyright 2012.

# Students get adventure in agriculture at Ag-Venture



News-Sun photo by KATARA SIMMONS

Cracker Trail Elementary School third graders get their hands dirty Thursday, while potting plants to take home during Ag-Venture in Sebring. Each class of students receive matching hats and goodies to take home. Students learn about animal and plant science through hands-on experience at 14 agriculture related stations.



News-Sun photo by KATARA SIMMONS  
Sun 'N Lake Elementary School third graders Dylan Zufall (from left) Adrita Ali and Serena Scaria get up-close and hands-on with a pair of calves Thursday morning during the dairy exhibit at Highlands County Ag-Venture in Sebring. Nearly 1,200 third grade students visited Ag-Venture to learn first hand about local agriculture.

# Health center welcomes customers to open house

By SAMANTHA GHOLAR  
sgholar@newssun.com

SEBRING — Florida Health and Therapy wellness center is holding a soft opening and open house from 10 a.m. until 2 p.m. today. The community is invited to take part in the newest wellness and health center in the area.

Partners George Henry, LMT and nutritionist/trainer Robert Viera revealed the purpose behind the establishment and what they and their fellow co-workers hope to bring to customers.

“We are trying to add something new to the community,” said Henry. “We are doing all thing health wise.”

Henry and Viera stated that the center has “the solution to help people with quality health care at a quality price.” The center aims to reach those who are unable to seek treatment or receive help due to lack of health insurance.

Florida Health and Therapy will soon open its doors to the public, but wants to give everyone an opportunity for a sneak peek today.

“We will be offering an open house to introduce ourselves and our services at no charge,” said Henry.

Interested individuals may stop in to ask questions about weight loss, therapy, massage therapy, detox, dependency, nutrition, training and a number of other services on site. Dr. Askrid Febre will be on site and work with the company.

“We are offering free samples of goodies to help improve your health,” Henry said.

Florida Health and Therapy is at 105 Medical Center Ave. behind Highlands Regional emergency room. Contact the center at 658-0599.



News-Sun photo by KATARA SIMMONS

Highlands County Extension Services Director Mike Jensen talks to Sun 'N Lake Elementary School students Thursday and uses an enviroscape watershed model to demonstrate the movement of water through a watershed during the last day of Ag-Venture in Sebring.



News-Sun photo by KATARA SIMMONS  
Cracker Trail Elementary School Haart students answer questions about the life cycle of plants Thursday morning at the Ornamental Horticulture station during Ag-Venture in Sebring. Students learn about plants and then pot their own plant to take home.

**BUSINESS  
CAN'T  
WAIT**

**ON OLD TECHNOLOGY  
FROM THE PHONE  
COMPANY.**

**INTERNET. VOICE. TV.**  
**\$94<sup>85</sup>**  
PER MONTH

Don't wait. Get fast Internet, better phone, and TV at our best price. Switch to Comcast Business Class today.

- Download speeds faster than T1 and DSL
- Unlimited local and nationwide calling
- TV with networks to keep customers entertained
- Low cost of ownership

Go to [business.comcast.com](http://business.comcast.com) or Call 800.501.6000

**Comcast  
BUSINESS CLASS**

Offer ends 12/31/12. Restrictions apply. Not available in all areas. Speed comparison between Comcast 12Mbps service and standard 1.5 DSL or T1 (downloads only). Actual speeds vary and are not guaranteed. Call for details. Comcast © 2012. All rights reserved.

Got something to buy, sell or trade? News-Sun classified ads get results! Call 314-9876

# EDITORIAL & OPINION

## TODAY'S LETTERS

Continued from page 4A

of the candidate based on their party affiliation. Many school districts in many states have the position of superintendent a non-partisan position. To select a candidate for any office, one should move beyond the party affiliation to evaluate the past history of the candidate and their qualifications.

In considering the two individuals running for this office, it is quite clear that Rebecca Fleck has the needed past experience both in the classroom and in administration to take the school system of Highlands County to a new level. From her initial classroom experience through various levels of administration to her current Assistant Superintendent of Curriculum position, she understands all levels and their challenges.

The second "distraction" is the on-going "good old boy" mind set that exists not only in Highlands County but in many parts of our great country. While it is always great to have friends and supporters as a result of community and family history, it should never be the basis upon which to select a candidate. A recent letter written to your paper is an obvious example of the "good old boy" system at work. This letter was written by one of the "good old boys" and had statements supporting Mr. Cox that clearly reflected little in depth analysis of the qualifications of Mrs. Fleck.

The most important "distraction" voters must avoid is the outward appearance that every thing is fine in our school system and "if it is not broke, don't fix it." One look at the grades many of our schools have received from the state over the past years would quickly show the voter that there are many parts of our school system that need "fixing." While Mr. Cox has faced many challenges during our economic down turn, many of our schools have made no advancements in their overall school grades.

This should be a wake up call for the citizens of Highlands County that the current "status quo" should not be the basis for our schools for the next four years. Rather than going along with the status quo, Mrs. Fleck, with her vast past experience, will take a new, fresh look at what is needed to bring our schools up from where they are to a grade level which will make all of us more proud of the Highlands County School system.

Voters, please do not let "distractions" keep you from considering the candidacy of Rebecca "Becky" Fleck for our Highlands County Superintendent of Schools.

*Lynn B. Mac Neill  
Professor, South Florida  
State College*

### Cox has proven his leadership

Editor:

Wally Cox has the balance of leadership, management, and business skills to lead our school system. He respects others' points of view and cares deeply about employees, students, parents, and the community. He is running this campaign with strong moral and ethical Christian values. His focus is on working with all stakeholders to continue to improve our Highlands County school system.

Mr. Cox has the necessary skills and experience to continue as your Superintendent of Schools. He has served as

president of the Florida Association of School Superintendents. This group honored him as the Superintendent of the Year for the entire state of Florida. Recently he was selected as one of seven superintendents to advise our governor on educational issues. Again this is a strong indication of his reputation and experience at the state level.

Linda Eldridge, a clinical professor at the University of Florida's Department of Educational Administration and Policy, said a business leader could run a school district. "It would depend on the skill set of the person who is running," Eldridge said. She said the person must be focused on putting together a talented team of administrators. "It's the team that builds a school district," she said. (Does level of education matter with superintendent candidates? By Joe Callahan, Staff writer, Ocala.com, Published: Monday, May 21, 2012 at 7:40 p.m.)

Wally Cox uses a talented team of administrators to accomplish the goals of our district. Mr. Cox is not only skilled, but he is also a visionary.

A recent news article told about new state legislation for advanced academics. Highlands County is in an excellent position regarding this legislation since Mr. Cox and his teams have been working on this for about 10 years. Under his leadership advanced academics has expanded to all grade levels from elementary HAART classes to advanced middle and high school courses, including the lauded International Baccalaureate program.

Vote Wally Cox – proven leadership, fiscally responsible, and a visionary for our children's future.

*Diane L. Lethbridge  
Retired Teacher and  
Administrator  
Lake Placid*

### Facts you didn't know about the boy with pink hair

Editor:

I want the public to know the true facts about this story and the outfall, which resulted in the printing/airing of an inaccurate story. This mother signed the Code of Conduct indicating she agreed to adhere to its rules, which included "no hair of unnatural color". This child was not in ISS all day. He was there for less than 10 minutes before being checked out. The child returned the next day with purple hair.

In a conversation with the mother, suspension was never mentioned and the mother admitted that her son's hair was now purple after dying it black twice. She even asked Mr. Doty to help her fix the problem. The mother didn't share these facts with reporters.

This mother embellished her side of the story on this very serious subject, because she knew it would touch the hearts of many thus causing a media frenzy. As a result of her inaccurate story, the school was inundated with hate calls and e-mails verbally attacking the principal, his staff and the school's policies. It even resulted in physical threats against Mr. Doty.

This is absurd and unacceptable.

Rules are a part of life, whether you're an adult or child. And when they are broken, there are consequences. Why should this case be any different? Where do you draw the line when

making "exceptions to the rules"? And what message are we sending our kids by allowing rules to be broken or overlooked?

Mr. Doty was portrayed to be an indifferent, heartless bully who was against anyone showing their support of Breast Cancer Awareness. Mr. Doty has witnessed this horrific disease in his own family, so he does support Breast Cancer Awareness. But more importantly, he supports the school's policies/procedures, enforces them and holds those who break the rules accountable for their actions, which is his job!

In closing, I hope people see this story in a different light. Let's keep it about supporting the cause and not about someone who was looking for some public attention.

*Cindy Hamilton  
Sebring*

### Mud bogs aren't so family-friendly

Editor:

Proposed mud bog Swamp Hammock is being advertised as a family-friendly, outdoor activity, but recent news stories from other mud parks around Florida reveal something else ...

- A teenager at a concert at Redneck Yacht Club in Punta Gorda found her car smashed by a monster mud truck, whose owner thought he had permission to destroy the car.

- A couple was arrested at the St. Lucie Mudjam in March for fighting while watching girls dance on stripper poles mounted (to) ATVs. Note that owners of this event did not bring in stripper poles (common at mudding events), guests did.

- A quick Internet search of Okeechobee Mudfest reveals photos and videos of girls with breasts bared. When a young man was critically injured in an ATV accident at Mudfest, it took over an hour for a medical helicopter to arrive to his aid amongst the chaos.

- A toddler was backed over and killed by his aunt last year at Hog Waller Mud Bog in Putnam County. A horrible accident amongst the chaos.

- A Pasco County teenager fatally stabbed a man at Horse Hole Creek as they argued over engine revving. His father was also involved in the fight.

The laws designed to keep intoxicated drivers off roads are not enforced in most mud bogging facilities. Swamp Hammock's "family friendly activities" aren't what families in Highlands County need. This community is still mourning the loss of a promising young man, just months ago, to the reckless group mentality that comes along with underage drinking at parties. Swamp Hammock is likely to foster that same sort of environment, even if that is not their intention. Thousands of people, alcohol vendors on site, open coolers, hundreds of vehicles being driven offroad, and hundreds of acres of space to disappear unsupervised on the property is a recipe for disaster.

It isn't a matter of if deaths will occur, it is a matter of when deaths will occur. When someone dies at Swamp Hammock, who is to blame? Is it the participants? Parents? Security? Land owners? County commissioners? Zoning officials? Or citizens of the community who knew it would happen eventually but encouraged it anyway?

*Ellie Skipper Kurz  
Sebring*

# Contact Us...



By Phone  
(863) 385-6155

## By Mail

2227 US Hwy 27S  
Sebring, FL 33870



## By E-Mail

[www.newssun.com/contact/](http://www.newssun.com/contact/)



[www.newssun.com](http://www.newssun.com)  
**NEWS-SUN**  
Highlands County's Hometown Newspaper Since 1927



VISIT OUR WEBSITE AT: newssun.com 863-314-9876

# Classified

Free ad is limited to a 4-line ad that runs for 3 consecutive issues. Must be a non-commercial item. Asking price is \$100 or less. We offer 2 ads per month and can rerun the same ad 2 times in 30 days, only if it's the same ad. The price is allowed to change. All ads placed under the "Bargain Buys" discount rate must have 1 item with 1 asking price. The customer can list a set for 1 price, i.e. Bedroom set ... \$100 is allowed; Chairs (2) ... \$20 each is NOT allowed. The customer can list the ads as Chairs (2) ... \$40 for both. To list an ad stating "Each," the ad must be charged at the non-discounted rate, using the "Open Rate" pricing. No commercial items are allowed to be placed under our "Bargain Buys" specials. Items must be common household items. Ads for Pets, stating "Free to Good Home," are allowed to be placed under the "Bargain Buy" category.

## AD RATES

**GARAGE SALE**  
6 lines - 2 days \$1150  
3 days \$14  
(additional lines \$1 each)

**MISCELLANEOUS merchandise over \$100**  
5 lines - 6 pubs \$1750  
(additional lines \$3 each)

**REAL ESTATE EMPLOYMENT TRANSPORTATION**  
5 lines - 6 pubs \$3150  
6 lines - 14 pubs \$71



- Index**
- 1000 Announcements**
- 2000 Employment**
- 3000 Financial**
- 4000 Real Estate**
- 5000 Mobile Homes**
- 6000 Rentals**
- 7000 Merchandise**
- 8000 Recreation**
- 9000 Transportation**

**ADD A BORDER - ATTENTION GETTER - LOGO**  
**For Just A Little More And Make Your Ad Pop!**

**DEADLINES**  
Publication Place by:  
Wednesday . . . . . 4 p.m. Monday  
Friday . . . . . 4 p.m. Wednesday  
Sunday . . . . . 4 p.m. Friday  
All fax deadlines are 1 hour earlier.

**ADJUSTMENTS**

- Please check your ad for errors the first day it appears since the News-Sun will not be responsible for incorrect ads after the first day of publication. If you find an error, call the classified department immediately at 314-9876.
- The publisher assumes no financial responsibility for errors or for omission of copy. Liability shall not exceed the cost of that portion of space occupied by such error.

**Cancellations:** When a cancellation is called in, a KILL number will be given to you. This number is very important and must be used if ad failed to cancel. All ads cancelled prior to scheduled expiration date will be billed for complete run unless a KILL number can be provided.

## 1050 Legals

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA PROBATE DIVISION FILE NO. PC 12-387 Division Probate

IN RE: ESTATE OF ELEANOR MILEY Deceased.

**NOTICE TO CREDITORS**  
(Summary Administration)  
TO ALL PERSONS HAVING CLAIMS OR DEMANDS AGAINST THE ABOVE ESTATE:

You are hereby notified that an Order of Summary Administration has been entered in the estate of Eleanor Miley deceased, File Number PC 12-387, by the Circuit Court for HIGHLANDS County, Florida, Probate Division, the address of which is 430 S. Commerce Avenue, Sebring, FL 33870; that the decedent's date of death was February 24th, 2012; that the total value of the estate is \$12,523.30 and that the names and addresses of those to whom it has been assigned by such order are:

Name Address  
Miley Family Trust Dated May 26, 1992  
121 Century Club Drive #702  
Lake Placid, FL 33852

ALL INTERESTED PERSONS ARE NOTIFIED THAT:

All creditors of the estate of the decedent and persons having claims or demands against the estate of the decedent other than those for whom provision for full payment was made in the Order of Summary Administration must file their claims with this court WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE.

ALL CLAIMS AND DEMANDS NOT SO FILED WILL BE FOREVER BARRED.  
NOTWITHSTANDING ANY OTHER APPLICABLE TIME PERIOD, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is October 19th, 2012.

Person Giving Notice:  
Patricia Halpin  
John Halpin  
Patricia Crecelius

SHEEHAN & CELAYA, P.A.  
Attorneys for Person Giving Notice  
300 DAL HALL BLVD.  
LAKE PLACID, FL 33852  
Telephone: (863) 465-1551  
By: /s/ J. Timothy Sheehan  
J. TIMOTHY SHEEHAN  
Florida Bar No. 184165  
E-Mail Address: tim@scjuris.com

October 19, 26, 2012

IN THE CIRCUIT COURT IN AND FOR HIGHLANDS COUNTY, FLORIDA CASE NO.: GC-11-000547

TAYLOR BEAN & WHITAKER MORTGAGE CORP Plaintiff, vs.

CLARA LUCK A/K/A CLARA D. LUCK; UNKNOWN SPOUSE OF CLARA LUCK A/K/A CLARA D. LUCK; TAYLOR BEAN & WHITAKER MORTGAGE CORPORATION; HIGHLANDS COUNTY, A POLITICAL SUBDIVISION OF THE STATE OF FLORIDA, and any unknown heirs, devisees, grantees, creditors, and other unknown persons or unknown spouses claiming by, through and under any of the above-named Defendants, Defendants.

**NOTICE OF FORECLOSURE SALE**  
NOTICE is hereby given that the undersigned Clerk of the Circuit Court of Highlands County, Florida, will on the 7th day of November, 2012, at 11:00 o'clock A.M. at the in the Jury Assembly Room in the basement of the Highlands County Courthouse located at 430 South Commerce Avenue, Sebring, Florida at 11:00 A.M., offer for sale and sell at public outcry to the highest and best bidder for cash, the following-described property situated in Highlands County, Florida:

LOT 14, BLOCK 21, PLACID LAKES, SECTION 19, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 9, AT PAGE 14, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

pursuant to the Final Judgment entered in a case pending in said Court, the style of which is indicated above.

Any person or entity claiming an interest in the surplus, if any, resulting from the foreclosure sale, other than the property owner as of the date of the Lis Pendens, must file a claim on same with the Clerk of Court within 60 days after the foreclosure sale.

WITNESS my hand and official seal of said Court this day of, 2012.  
If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator, (941)534-4690, within seven (7) working days of your receipt of this notice; if you are hearing or voice impaired, call (TDD) (941) 534-7777, or Florida Relay Service 800-955-8770.

CLERK OF THE CIRCUIT COURT  
By: /s/ Priscilla Michalak  
Deputy Clerk  
October 19, 26, 2012

## 1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL ACTION CASE NO.: 28-2012-CA-000818 DIVISION:

JPMORGAN CHASE BANK, NATIONAL ASSOCIATION Plaintiff, vs. THERESA L. SPENCE, ET AL, Defendant(s).

**NOTICE OF ACTION**  
To: The Unknown Heirs, Devisees, Grantees, Assignees, Lienors, Creditors, Trustees, or other Claimants claiming by, through, under, or against, George H. Spence, deceased

Last Known Address: Publish and Appoint GAL Current Address: Unknown  
ANY AND ALL UNKNOWN PARTIES CLAIMING BY, THROUGH, UNDER, AND AGAINST THE HEREIN NAMED INDIVIDUAL DEFENDANT(S) WHO ARE NOT KNOWN TO BE DEAD OR ALIVE, WHETHER SAID UNKNOWN PARTIES MAY CLAIM AN INTEREST AS SPOUSES, HEIRS, DEVISEES, GRANTEES, OR OTHER CLAIMANTS

Last Known Address: Unknown Current Address: Unknown  
YOU ARE NOTIFIED that an action to foreclose a mortgage on the following property in Highlands County, Florida:

TRACT C, OF AVON PARK ESTATES, UNIT III, ACCORDING TO THE MAP OR PLAT THEREOF RECORDED IN PLAT BOOK 10, PAGE 43, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

TOGETHER WITH A MOBILE HOME LOCATED THEREON AS A PERMANENT FIXTURE AND APPURTENANCE THERETO, DESCRIBED AS A 1999 HICK DOUBLEWIDE MOBILE HOME BEARING IDENTIFICATION NUMBERS GAF LX35A16274HH21 AND GAF LX35B16274HH21 AND TITLE NUMBERS 008213809 AND 0082138137.

A/K/A 3333 W Munson Rd, Avon Park, FL 33825-7816  
has been filed against you and you are required to serve a copy of your written defenses within 30 days after the first publication, if any, on Albertelli Law, Plaintiff's attorney, whose address is P.O. Box 23028, Tampa, FL 33623, and file the original with this court either before service on Plaintiff's attorney, or immediately thereafter; otherwise, a default will be entered against you for the relief demanded in the Complaint or petition.

This notice shall be published once a week for two consecutive weeks in the News-Sun.  
WITNESS my hand and the seal of this court on this 8th day of October, 2012.

Clerk of the Circuit Court  
By: /s/ Toni Kopp  
Deputy Clerk

Albertelli Law  
P.O. Box 23028  
Tampa, FL 33623  
007907401

\*\*See the Americans with Disabilities Act

If you a person with a disability who needs assistance in order to participate in a program or service of the State Courts System, you should contact the Office of the Court Administrator at (863)534-4686 (voice), (863) 534-7777 (TDD) or (800) 955-8770 (Florida Relay Service), as much in advance of your court appearance or visit to the courthouse as possible. Please be prepared to explain your functional limitations and suggest an auxiliary aid or service that you believe will enable you to effectively participate in the court program or service.

October 19, 26, 2012

## 1050 Legals

IN THE CIRCUIT COURT OF THE 10TH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION CASE NO. 28-2012-CA-00670

THE BANK OF NEW YORK MELLON FKA THE BANK OF NEW YORK, AS TRUSTEE FOR THE CERTIFICATEHOLDERS OF CWABS INC., Plaintiff, vs. CHRISTOPHER GARZA-GALVAN A/K/A CHRISTOPHER GARZA A/K/A CHRIS GARZA, et al. Defendants.

**NOTICE OF ACTION**  
To the following Defendants:

CHRISTOPHER GARZA-GALVAN A/K/A CHRISTOPHER GARZA A/K/A CHRIS GARZA  
YOU ARE NOTIFIED that an action for Foreclosure of Mortgage on the following described property:

LOTS 123 AND 124, LAKESIDE HEIGHTS SUBDIVISION, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 2, PAGE 85, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

A/K/A 112 E. Viola Street, Avon Park, FL 33825

has been filed against you and you are required to serve a copy of your written defenses, if any, to, to, Heller & Zion, LLP, Attorney for Plaintiff, whose address is 1428 Brickell Avenue, Suite 700, Miami, Florida 33131 on or before November 20, 2012, a date which is within thirty (30) days after the first publication of this Notice in THE NEWS-SUN and file the original with the Clerk of this Court either before service on Plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the complaint.

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator, (863) 534-4690, within two (2) working days of your receipt of this Notice of Action; if you are hearing or voice impaired, call TDD (863) 534-7777 or Florida Relay Service 711.  
WITNESS my hand and the seal of this Court this 11th day of October, 2012.

ROBERT W. GERMAINE  
As Clerk of the Court  
By: /s/ Toni Kopp  
As Deputy Clerk  
October 19, 26, 2012

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL ACTION CASE NO.: 28-2010-CA-000932

WELLS FARGO BANK, NA, Plaintiff, vs. CAROL L. BUCHANAN, et al, Defendant(s).

**NOTICE OF RESCHEDULED FORECLOSURE SALE**

NOTICE IS HEREBY GIVEN pursuant to an Order Rescheduling Foreclosure Sale dated October 8, 2012 and entered in Case No. 28-2010-CA-000932 of the Circuit Court of the Tenth Judicial Circuit in and for HIGHLANDS County, Florida wherein WELLS FARGO BANK, NA is the Plaintiff and CAROL L. BUCHANAN; WELLS FARGO BANK, N.A.; are the Defendants, I will sell to the highest and best bidder for cash at JURY ASSEMBLY ROOM IN THE BASEMENT OF THE HIGHLANDS COUNTY COURTHOUSE, 430 SOUTH COMMERCE AVENUE at 11:00 AM, on the 2nd day of November, 2012, the following described property as set forth in said Final Judgment:

LOT THIRTEEN (13), BLOCK TWENTY NINE (29), OF SEBRING COUNTY ESTATES, SECTION 3, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 9, PAGE 6, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.  
A/K/A 618 LEMANS DRIVE, SEBRING, FL 33872

Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis Pendens must file a claim within sixty (60) days after the sale.

WITNESS MY HAND and the seal of the Court on October 8, 2012.

ROBERT W. GERMAINE  
Clerk of the Circuit Court  
By: /s/ Priscilla Michalak  
Deputy Clerk

Florida Default Law Group, P.L.  
P.O. Box 25018  
Tampa, Florida 33622-5018  
F10053875  
NMMC-SPEGHLMC-R-UNASSIGNED-Team 1 - F10053875  
\*\*See Americans with Disabilities Act  
In accordance with the Americans Disabilities Act, persons with disabilities needing a special accommodation to participate in this proceeding should contact the individual or agency sending the notice at Echevarria & Associates, P.A., P.O. Box 25018, Tampa, FL 33622-5018, telephone (813) 251-4766, not later than seven (7) days prior to the proceeding. If hearing impaired, (TDD) 1-800-955-8771, or voice (V) 1-800-955-8770, via Florida Relay Service.

October 17, 24, 2012

## 1050 Legals

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA PROBATE DIVISION FILE NO. PC 12-396

IN RE: ESTATE OF JEFFREY ALLEN NEWTON a/k/a JEFFREY ALLEN LAWRENCE NEWTON Deceased.

**NOTICE TO CREDITORS**  
The administration of the estate of Jeffrey Allen Newton a/k/a Jeffrey Allen Lawrence Newton, deceased, whose date of death was June 15, 2012, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 South Commerce Avenue, Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and persons having claims or demands against decedent's estate must file their claim with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.  
ALL CLAIMS NOT SO FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.  
NOTWITHSTANDING THE TIME PERIOD SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is October 19, 2012.

Personal Representative:  
Darlene J. Hodder  
7307 Derea Drive  
Windermere, FL 34786

BREED & NUNNALLEE, P.A.  
Attorneys for Personal Representative  
325 NORTH COMMERCE AVENUE  
SEBRING, FL 33870-3206  
Telephone: (863) 382-3154  
By: /s/ E. Mark Breed III  
Florida Bar No. 338702  
E-mail Address: service@bnpalaw.com

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA CASE NO. 28-2011-CA-000266

WELLS FARGO BANK, N.A. AS TRUSTEE FOR CARRINGTON MORTGAGE LOAN TRUST, SERIES 2006-NC3 ASSET-BACKED PASS-THROUGH CERTIFICATES Plaintiff(s), vs. WILLIAM H. HAUCK; et al., Defendant(s).

**NOTICE OF FORECLOSURE SALE PURSUANT TO CHAPTER 45**

NOTICE IS HEREBY GIVEN that Sale will be made pursuant to an Order or Final Summary Judgment. Final Judgment was awarded on April 24, 2012 in Civil Case No. 28-2011-CA-000266, of the Circuit Court of the Tenth Judicial Circuit in and for HIGHLANDS County, Florida, wherein WELLS FARGO BANK, N.A. AS TRUSTEE FOR CARRINGTON MORTGAGE LOAN TRUST, SERIES 2006-NC3 ASSET-BACKED PASS-THROUGH CERTIFICATES, is the Plaintiff and WILLIAM H. HAUCK; UNKNOWN SPOUSE OF WILLIAM H. HAUCK N/K/A MARY RAMOS HAUCK; UNKNOWN TENANT #1 N/K/A GLORIA URBANOWSKI; UNKNOWN TENANT #2 N/K/A RICHARD URBANOWSKI; AND UNKNOWN TENANT(S) IN POSSESSION are Defendants.

The Clerk of the Court will sell to the highest and best bidder for cash IN THE JURY ASSEMBLY ROOM, BASEMENT, 430 SOUTH COMMERCE AVENUE, SEBRING, FL 33870, at 11:00 A.M. on November 7, 2012, the following described real property as set forth in said Final Summary Judgment, to wit:

LOT 358, SEBRING RIDGE, SECTION A, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 7, PAGE 46, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.  
ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE.  
WITNESS my hand and the seal of the court on October 15, 2012.

**IMPORTANT**

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator, (863) 534-4690, within two (2) working days of your receipt of this (describe notice); if you are hearing or voice impaired, call TDD (863) 534-7777 or Florida Relay Service 711.

CLERK OF THE CIRCUIT COURT  
Robert W. Germaine  
By: /s/ Priscilla Michalak  
Deputy Clerk

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION CASE NO.: 12354GCS

BANK OF AMERICA, N.A. Plaintiff, vs. DEBORAH K. BUDHRAJ, et al Defendants.

**NOTICE OF FORECLOSURE SALE**

NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of Foreclosure dated September 21, 2012, and entered in Case No. 12000213GCS of the Circuit Court of the TENTH Judicial Circuit in and for HIGHLANDS COUNTY, Florida, wherein BANK OF AMERICA, N.A., is Plaintiff, and DEBORAH K. BUDHRAJ, et al are Defendants, I will sell to the highest and best bidder for cash, beginning at 11:00 a.m., in the JURY ASSEMBLY ROOM, BASEMENT, 430 S. Commerce Avenue, Sebring, FL 33870, in accordance with Chapter 45, Florida Statutes, on the 12th day of DECEMBER, 2012, the following described property as set forth in said Summary Final Judgment, to wit:

A parcel of land in Section 5, Township 33 South, Range 28 East, Highlands County, Florida, herein-after described: For a Point of Beginning commence at the Southwest corner of said Lot 1, WELLS ESTATES; thence run West a distance of 767.96 feet; thence run North 00 degrees 06 minutes 00 seconds West a distance of 569.30 feet; thence run South 89 degrees 43 minutes 30 seconds East a distance of 731.43 feet to the Northwest corner of Lot 3100, AVON PARK LAKES, Unit No. 10, as recorded in Plat Book 4, Page 101, of the Public Records of Highlands County, Florida; run thence South 174.07 feet; thence run East 37.53 feet to a point on the West right of way line of Jordan Road; thence run South a distance of 393.00 feet to the Point of Beginning.

Parcel Identification Number: C-05-33-28-A00-0030-0000 and all fixtures and personal property located therein or thereon, which are included as security in Plaintiff's mortgage.  
Any person claiming an interest in the surplus funds from the sale, if any, other than the property owner as of the date of the Lis pendens must file a claim within 60 days after the sale.

Dated at Sebring, HIGHLANDS COUNTY, Florida, this 21st day of September, 2012.

Robert W. Germaine  
Clerk of said Circuit Court  
By: /s/ Priscilla Michalak  
As Deputy Clerk

If you are a person with a disability who needs assistance in order to participate in a program or service of the State Courts System, you should contact the Office of the Court Administrator at (863)534-4686 (voice), (863)534-7777 (TDD) or (800)955-8770 (Florida Relay Service), as much in advance of your court appearance or visit to the courthouse as possible. Please be prepared to explain your functional limitations and suggest an auxiliary aid or service that you believe will enable you to effectively participate in the court program or service.

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION CASE NO.: 2009-CA-001673

BAC HOME LOANS SERVICING, L.P. f/k/a COUNTRYWIDE HOME LOANS SERVICING, L.P. Plaintiff, vs. CARMEN GALLARDO; MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INCORPORATED AS NOMINEE FOR FIRST MAGNUS FINANCIAL CORPORATION; LAWRENCE DEAN MORRIS A/K/A LAWRENCE D. MORRIS A/K/A LAWRENCE MORRIS Defendant(s).

**AMENDED NOTICE OF SALE**  
NOTICE IS HEREBY GIVEN pursuant to an Order rescheduling foreclosure sale dated October 2, 2012 entered in Civil Case No. 2009-CA-001673 of the Circuit Court of the 10th Judicial Circuit in and for Highlands County, Florida, wherein BAC HOME LOANS SERVICING, L.P. f/k/a COUNTRYWIDE HOME LOANS SERVICING, L.P., Plaintiff and CARMEN GALLARDO are defendant(s), I will sell to the highest and best bidder for cash, AT THE JURY ASSEMBLY ROOM IN THE BASEMENT OF THE HIGHLANDS COUNTY COURTHOUSE LOCATED AT 430 SOUTH COMMERCE AVENUE, SEBRING, FLORIDA AT 11:00 A.M., October 31, 2012, the following described property as set forth in said Final Judgment, to-wit:

LOT 59, IN BLOCK 5, OF ERIN PARK, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 5, AT PAGE 77, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.  
ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE.  
DATED AT SEBRING, Florida, this 3rd day of October, 2012.

ROBERT W. GERMAINE  
CLERK OF THE CIRCUIT COURT  
Highlands County, Florida  
By: /s/ Priscilla Michalak  
Deputy Clerk of Court

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA GENERAL JURISDICTION DIVISION CASE NO. 12354GCS

NATIONSTAR MORTGAGE LLC, Plaintiff, vs. CYNTHIA K. WALKER, et al. Defendant.

**NOTICE OF FORECLOSURE SALE**

NOTICE IS HEREBY GIVEN pursuant to a Final Judgment of Foreclosure dated October 4, 2012, and entered in Case No. 12354GCS of the Circuit Court of the TENTH Judicial Circuit in and for Highlands County, Florida, wherein NATIONSTAR MORTGAGE LLC, is the Plaintiff and CYNTHIA K. WALKER, UNKNOWN SPOUSE OF CYNTHIA K. WALKER; CAPITAL ONE BANK (USA) N.A. F/K/A CAPITAL ONE BANK; UNKNOWN TENANT(S) are the Defendant(s). Robert Germaine as The Clerk of the Circuit Court will sell to the highest and best bidder for cash at 430 S. COMMERCE AVENUE, SEBRING, FL 33870 AT 11:00 A.M. on October 31, 2012, the following described property as set forth in said Final Judgment, to wit:

LOT 7, BLOCK 20, OF ORANGE BLOSSOM ESTATES, UNIT 12, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 9, PAGE 65 OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA

Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis pendens must file a claim within 60 days after the sale.

Dated this 8th day of October, 2012.

Robert Germaine  
As Clerk of the Court  
By: /s/ Priscilla Michalak  
As Deputy Clerk

**IMPORTANT**

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator, (863) 534-4690, at least 7 days before your scheduled court appearance, or immediately upon receiving this notification if the time before the scheduled appearance is less than 7 days; Notice of Foreclosure Sale; if you are hearing or voice impaired, call TDD (863) 534-7777 or Florida Relay Service 711.

October 12, 19, 2012

IN THE CIRCUIT COURT OF THE 10TH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION CASE NO. 11000531GCS

THE BANK OF NEW YORK MELLON FKA THE BANK OF NEW YORK, AS TRUSTEE FOR THE CERTIFICATEHOLDERS OF THE CWABS INC., ASSET-BACKED CERTIFICATES, SERIES 2006-11 Plaintiff, vs. MICHAEL C. FRISELL; JAMIE M. FRISELL; UNKNOWN PERSON(S) IN POSSESSION OF THE SUBJECT PROPERTY; Defendants.

**RE-NOTICE OF FORECLOSURE SALE**  
NOTICE IS HEREBY GIVEN pursuant to an Order Rescheduling Foreclosure Sale dated October 2, 2012, and entered in Case No. 11000531GCS, of the Circuit Court of the 10th Judicial Circuit in and for HIGHLANDS County, Florida. THE BANK OF NEW YORK MELLON FKA THE BANK OF NEW YORK, AS TRUSTEE FOR THE CERTIFICATEHOLDERS OF THE CWABS INC., ASSET-BACKED CERTIFICATES, SERIES 2006-11 is Plaintiff and MICHAEL C. FRISELL; JAMIE M. FRISELL; UNKNOWN PERSON(S) IN POSSESSION OF THE SUBJECT PROPERTY; are defendants. I will sell to the highest and best bidder for cash IN THE JURY ASSEMBLY ROOM, IN THE BASEMENT OF THE HIGHLANDS COUNTY COURTHOUSE LOCATED AT 430 SOUTH COMMERCE AVENUE, SEBRING, FL, IN HIGHLANDS COUNTY, FLORIDA, at 11:00 a.m., on the 31st day of October, 2012, the following described property as set forth ins aid Final Judgment, to wit:

LOT 735, SEBRING HILLS, ACCORDING TO THE PLAT THEREOF, RECORDED IN PLAT BOOK 6, PAGE 2, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA  
A person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis pendens must file a claim within 60 days after the sale.

Dated this 3rd day of October, 2012.

ROBERT W. GERMAINE  
As Clerk of said Court  
By: /s/ Priscilla Michalak  
As Deputy Clerk

This notice is provided pursuant to Administrative Order No.2.065.

# 1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT OF THE STATE OF FLORIDA, IN AND FOR HIGHLANDS COUNTY CIVIL DIVISION CASE NO. 090017856GCS THE BANK OF NEW YORK MELLON AS SUCCESSOR BY MERGER TO THE BANK OF NEW YORK AS TRUSTEE FOR THE CERTIFICATEHOLDERS CWABS, INC., ASSET-BACKED CERTIFICATES, SERIES 2006-21, Plaintiff, vs. CHARLES E. ANDERSON; UNKNOWN SPOUSE OF CHARLES E. ANDERSON; JUDITH F. ANDERSON; UNKNOWN SPOUSE OF JUDITH F. ANDERSON; IF LIVING, INCLUDING ANY UNKNOWN SPOUSE OF SAID DEFENDANT(S), IF REMARRIED, AND IF DECEASED, THE RESPECTIVE UNKNOWN HEIRS, DEVISEES, GRANTEES, ASSIGNEES, CREDITORS, LIENORS, AND TRUSTEES, AND ALL OTHER PERSONS CLAIMING BY, THROUGH, UNDER OR AGAINST THE NAMED DEFENDANT(S); UNKNOWN TENANT #1; UNKNOWN TENANT #2; Defendant(s)

NOTICE OF SALE Notice is hereby given that, pursuant to a Final Summary Judgment of Foreclosure entered in the above-styled cause, in the Circuit Court of Highlands County, Florida, I will sell the property situate in Highlands County, Florida, described as: LOTS 7683, 7684, 7685, 7686 AND 7687 AVON PARK LAKES, UNIT NO. 24, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 5, PAGE 22, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA. at public sale, to the highest and best bidder, for cash, in the Jury Assembly Room in the basement of Highlands County Courthouse located at 430 South Commerce Avenue, Sebring, Florida at 11:00 A.M., on November 7, 2012. DATED THIS 11TH DAY OF OCTOBER, 2012.

Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens, must file a claim within 60 days after the sale. Witness, my hand and seal of this court on the 11th day of October, 2012. CLERK OF THE CIRCUIT COURT By: /s/ Priscilla Michalak Deputy Clerk

If you are a person with a disability who needs assistance in order to participate in a program or service of the State Courts System, you should contact the Office of the Court Administrator at (863) 534-4686 (voice), (863) 534-7777 (TDD) or (800) 955-8770 (Florida Relay Service), as much in advance of your court appearance or visit to the courthouse as possible. Please be prepared to explain your functional limitations and suggest an auxiliary aid or service that you believe will enable you to effectively participate in the court program or service. October 19, 26, 2012

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA GENERAL JURISDICTION DIVISION CASE NO.: 10-799 GCS CARRIE M. STOLPMANN; ESTATE OF ROBERT J. LEWISON, Deceased; and ROSE MARIE STOLPMANN, Plaintiffs, vs. LOUIS DE ANGELIS and CYNTHIA DE ANGELIS, his wife, and BOLLMAN'S ELECTRIC COMPANY, a Florida corporation, Defendants. NOTICE OF SALE PURSUANT TO CHAPTER 45 PLEASE PUBLISH IN "NEWS-SUN" NOTICE IS HEREBY GIVEN pursuant to the Final Judgment entered in this case now pending in said Court, the style of which is indicated above. I will sell to the highest and best bidder for cash in the Highlands County Courthouse, 430 South Commerce Avenue, Sebring, Florida, at 11:00 A.M. on the 31st day of October, 2012, the following described property as set forth in said Order or Final Judgment, to-wit: Lot 5, Block C, of PLACID PARK LAND FIRST ADDITION, according to the Plat thereof, as recorded in Plat Book 13, at Page 2, of the Public Records of Highlands County, Florida. a/k/a 12400 S. Jefferson Avenue, Lake Placid, Florida 33852 ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE. ORDERED at Sebring, Highlands County, Florida, this 8th day of October, 2012. BOB GERMAINE As Clerk of the Circuit Court By: /s/ Priscilla Michalak Deputy Clerk October 12, 19, 2012

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL ACTION CASE NO.: 28-2010-CA-000649 DIVISION: DEUTSCHE BANK NATIONAL TRUST COMPANY, AS TRUSTEE FOR AMERICAN HOME MORTGAGE ASSETS TRUST 2006-5, MORTGAGE-BACKED PASS-THROUGH CERTIFICATES SERIES 2006-5, Plaintiff, vs. MICHELLE DIVEN FLYNN A/K/A MICHELLE DIVEN, et al, Defendant(s).

NOTICE OF SALE PURSUANT TO CHAPTER 45 NOTICE IS HEREBY GIVEN Pursuant to a Final Judgment of Foreclosure dated October 2, 2012, and entered in Case No. 28-2010-CA-000649 of the Circuit Court of the Tenth Judicial Circuit in and for Highlands County, Florida in which Deutsche Bank National Trust Company, as Trustee for American Home Mortgage Assets Trust 2006-5, Mortgage-Backed, Pass-Through Certificates Series 2006-5, is the Plaintiff and Michelle Diven Flynn a/k/a Michelle Diven, Stephen Flynn, Leisure Lakes Home Owners Civic Association, Inc., Any And All Unknown Parties Claiming by, Through, Under, And Against The Herein named Individual Defendant(s) Who are not Known To Be Dead Or Alive, Whether Said Unknown Parties May Claim An Interest in Spouses, Heirs, Devisees, Grantees, Or Other Claimants are defendants, I will sell to the highest and best bidder for cash in/on the Jury Assembly Room in the basement, Highlands County Courthouse, 430 South Commerce Avenue, Sebring, FL 33870, Highlands County, Florida at 11:00 AM on the 31st day of October, 2012, the following described property as set forth in said Final Judgment of Foreclosure: LOT 131, BLOCK 3, OF LEISURE LAKES SECTION FOUR A, ACCORDING TO THE PLAT THEREOF, RECORDED IN PLAT BOOK 8, PAGE 80, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA. A/K/A 3024 ASH ST., LAKE PLACID, FL 33852-8465

Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis Pendens must file a claim within 60 days after the sale. Dated in Highlands County, Florida this 3rd day of October, 2012. Clerk of the Circuit Court Highlands County, Florida By: /s/ Priscilla Michalak Deputy Clerk

Albertelli Law Attorney for Plaintiff P.O. Box 23028 Tampa, FL 33623 (813)221-4743 LJ - 10-42949 If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator, (863) 534-4690, within two (2) working days of your receipt of this (describe notice); if you are hearing or voice impaired, call TDD (863) 534-7777 of Florida Relay Service 711. To file response please contact Highlands County Clerk of Court, 590 S. Commerce Ave., Sebring, FL 33870-3867, Tel: (863) 402-6591; Fax: (863) 402-6664. October 12, 19, 2012

# 1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION CASE NO.: 08-551 GCS THE QUINN GROUP, INC. A Florida corporation, Plaintiff(s), and CARLOS MATILLA and CARLOS MATILLA UNKNOWN SPOUSE, Defendant(s). NOTICE OF FORECLOSURE SALE NOTICE IS HEREBY GIVEN PURSUANT TO A Summary Final Judgment of Foreclosure dated October 10, 2012 entered in Civil Case No. 08-551 GCS of the Circuit Court of the 10th Judicial Circuit in and for Highlands County, Sebring, Florida, I will sell to the highest and best bidder for cash in the Jury Assembly Room, Basement, of the Highlands County Courthouse located at: 430 S. Commerce Ave., Sebring, FL, at 11:00 a.m. on the 7th day of November, 2012 the following described property as set forth in said Summary Final Judgment, to-wit: Lot 24, Block 273, SUN 'N LAKE ESTATES OF SEBRING UNIT 13, according to the Plat thereof, recorded in Plat Book 9, at Page 71 of the Public Records of Highlands County, Florida. Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens, must file a claim within 60 days after the sale. Dated this 11th day of October, 2012. (CIRCUIT COURT SEAL)

ROBERT W. GERMAINE, CLERK Clerk of the Circuit Court By: /s/ Priscilla Michalak Deputy Clerk October 19, 26, 2012

IN THE CIRCUIT CIVIL COURT OF THE TENTH JUDICIAL CIRCUIT OF FLORIDA, IN AND FOR HIGHLANDS COUNTY CIVIL DIVISION CASE NO.: 28-2010-CA-001364 Division NAVY FEDERAL CREDIT UNION Plaintiff, vs. UNKNOWN HEIRS, DEVISEES, GRANTEES, ASSIGNEES, LIENORS, CREDITORS, TRUSTEES OF BENJAMIN C. NEELY, DECEASED; COLLEEN GREENTREE AND UNKNOWN TENANTS/OWNERS, Defendants.

NOTICE OF SALE Notice is hereby given, pursuant to a Final Judgment of Foreclosure for Plaintiff entered in this cause on October 4, 2012, in the Circuit Court of HIGHLANDS County, Florida, I will sell the property situate in Highlands County, Florida described as: LOTS 986 AND 987, AVON PARK LAKES, UNIT 3, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 4, PAGE 90, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA. and commonly known as: 2120 WEST HIBISCUS R, AVON PARK, FL 33825; including the building, appurtenances, and fixtures located therein, at public sale, to the highest and best bidder, for cash, Sales are held in the Jury Assembly Room in the basement of the Highlands County Courthouse located at 430 S. Commerce Avenue, Sebring, Florida 33870, on November 7, 2012 at 11 a.m.

Any persons claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens must file a claim within 60 days after the sale. Dated this 9th day of October, 2012. Clerk of the Circuit Court By: /s/ Priscilla Michalak Deputy Clerk October 19, 26, 2012

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA CASE NO. 282010CA000373XXXXX WELLS FARGO BANK, N.A., AS TRUSTEE FOR THE CERTIFICATEHOLDERS OF BANC OF AMERICA ALTERNATIVELOAN TRUST2005-11,MORTGAGE PASS-THROUGH CERTIFICATES,SERIES 2005-11, Plaintiff, vs. AIDA LASTRA; MANUEL LASTRA; LAS PALMAS RESORT HOMEOWNERS ASSOCIATION,INC.; UNKNOWN TENANT NO. 1 et al., Defendants.

NOTICE OF SALE PURSUANT TO CHAPTER 45 NOTICE IS HEREBY GIVEN pursuant to an Order or Summary Final Judgment of foreclosure dated October 4, 2012, entered in Case No. 282010CA000373XXXXX of the Circuit Court of the Tenth Judicial Circuit in and for Highlands County, Florida, wherein WELLS FARGO BANK, N.A., AS TRUSTEE FOR THE CERTIFICATEHOLDERS OF BANC OF AMERICA ALTERNATIVE LOAN TRUST 2005-11,MORTGAGE PASS-THROUGH CERTIFICATES, SERIES 2005-11 is Plaintiff and AIDA LASTRA; MANUEL LASTRA; LAS PALMAS RESORT HOMEOWNERS ASSOCIATION, INC.; UNKNOWN TENANT NO. 1; UNKNOWN TENANT NO. 2; UNKNOWN TENANT NO. 3; UNKNOWN TENANT NO. 4; UNKNOWN TENANT NO. 5; UNKNOWN TENANT NO. 6; and ALL UNKNOWN PARTIES CLAIMING INTERESTS BY, THROUGH, UNDER OR AGAINST A NAMED DEFENDANT TO THIS ACTION, OR HAVING OR CLAIMING TO HAVE ANY RIGHT, TITLE OR INTEREST IN THE PROPERTY HEREIN DESCRIBED, are Defendants, I will sell to the highest and best bidder for cash at in the Jury Assembly Room in the basement of the Highlands County Courthouse, 430 S. Commerce Avenue, Sebring, FL 33870. at Highlands County, Florida, at 11:00 a.m. on the 31st day of October, 2012, the following described property as set forth in said Order or Final Judgment, to-wit: LOT 676 OF LAS PALMAS RESORT, ACCORDING TO THE DECLARATION OF COVENANTS, RESTRICTION AND EASEMENTS FOR LAS PALMAS RESORT, RECORDED IN OFFICIAL RECORDS BOOK 1830 AT PAGE 1392 OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA ALSO KNOWN AS: THE SOUTH HALF, MORE OR LESS, OF THE FOLLOWING DESCRIBED PROPERTY (THE DIVIDING LINE FOR THE PROPERTY BEING COEXTENSIVE WITH THE PARTY WALL WHICH DIVIDES THE DUPLEX LOCATED UPON THE PROPERTY) LEGALLY DESCRIBED AS: LOT 676 THE SOUTH HALF OF THE FOLLOWING DESCRIBED PROPERTY: A PORTION OF LOT 12, BLOCK 4, TOWN OF AVON PARK, SECTION 23, TOWNSHIP 33 SOUTH, RANGE 28 EAST, ACCORDING TO THE PLAT THEREOF RECORDED IN PLAT BOOK 1, PAGE 33 OF THE PUBLIC RECORDS OF DESOTO COUNTY (OF WHICH HIGHLANDS COUNTY WAS FORMERLY A PART), FLORIDA, BEING MORE PARTICULARLY DESCRIBED AS FOLLOWS: COMMENCE AT THE NORTHEAST CORNER OF LOT 12, BLOCK 4; THENCE RUN SOUTH 0 DEGREES 09 MINUTES 06 SECONDS WEST ALONG THE EAST LINE OF SAID LOT A DISTANCE OF 315.34 FEET; THENCE NORTH 89 DEGREES 50 MINUTES 54 SECONDS WEST A DISTANCE OF 31.20 FEET FOR POINT OF BEGINNING; THENCE NORTH 89 DEGREES 46 MINUTES 12 SECONDS WEST A DISTANCE OF 26.70 FEET; THENCE SOUTH 0 DEGREES 13 MINUTES 48 SECONDS WEST A DISTANCE OF 58.00 FEET; THENCE SOUTH 89 DEGREES 46 MINUTES 12 SECONDS EAST A DISTANCE OF 26.70 FEET; THENCE NORTH 0 DEGREES 13 MINUTES 48 SECONDS EAST A DISTANCE OF 58.00 FEET TO THE POINT OF BEGINNING.

ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE. In accordance with the Americans with Disabilities Act of 1990, persons needing special accommodation to participate in this proceeding should contact the Clerk of the Court not later than five business days prior to the proceeding at the Highlands County Courthouse. Telephone 863-386-6565 or 1-800-955-8770 via Florida Relay Service. DATED at Sebring, Florida, on October 8, 2012. ROBERT W. GERMAINE As Clerk, Circuit Court By: /s/ Priscilla Michalak AS DEPUTY CLERK October 12, 19, 2012

# 1050 Legals

Notice is hereby given that Downtown Mini Storage LLC will sell at public auction at 195 S. Railroad Ave., Avon Park, Florida 33825 at 1:00 P.M. Saturday 3rd November 2012 to the highest bidder. Items held for Daniel Teague, king bed, vacuum, washer, dryer, futon, fan, bike, fishing rods, cooler, toys, radio, dresser, boxes & bags of unknown contents. Items held for Jimmy Jackson, game consoles, couch, loveseat, painting, metal sculptures, tv, maglite, lantern, boxes of unknown contents. October 17, 19, 2012

NOTICE UNDER FICTITIOUS NAME LAW PURSUANT TO SECTION 865.09 FLORIDA STATUTES NOTICE IS HEREBY GIVEN that the undersigned, desiring to engage in business under the fictitious name of THREE SISTERS ANTIQUES located at 927 Grey Fox Avenue in the County of Highlands, in the City of Sebring, Florida 33875, intends to register the said name with the Division of Corporations of the Florida Department of State, Tallahassee, Florida. Dated at Sebring, Florida, this 17th day of October, 2012. Rebecca Rousch

# 1100 Announcements

October 19, 2012

# CHECK YOUR AD

Please check your ad on the first day it runs to make sure it is correct. Sometimes instructions over the phone are misunderstood and an error can occur. If this happens to you, please call us the first day your ad appears and we will be happy to fix it as soon as we can.

If We can assist you, please call us:

# 314-9876 News-Sun Classified

# 2000 Employment

# 2100 Help Wanted

NATURAL GAS Pipeline Technician Training, Uniforms, 401K, Paid vacations Sebring Gas System, Inc. 3515 US Hwy. 27 S. Sebring, FL 33870 POSITION FILLED! Drug Free Workplace

BUSY EYE CLINIC has openings in all positions, F/T & P/T. Send resume to: P.O. Box 991 Lake Placid FL 33852

CARPENTER W/ALUMINUM Exp. Minimum of 10 years & Construction laborers. F/T. Clean DL, DFWP. E-mail to: josh@stewart-construction.net

CUSTOMER SERVICE ASSOCIATES Full Time & Part Time \$9.00 per hour. \*Spanish and French Differential. AGERO A Great Place to Work Call 863-402-2786



EXPERIENCE THE JOYS AND REWARDS OF Being A Comfort Keeper If you have a passion for improving the quality of life for others while helping people live independently and happily in their own homes, you could be a Comfort Keeper! We are now hiring CNA, HHA and Home-maker Companion Positions in the Highlands County area. We offer flexible full-time or part-time hours. Contact us to learn more about how you can develop a rewarding career enriching the lives of others with Comfort Keepers. Apply online today at: <http://ck381.ersp.biz/employment> 863-385-9100

EXPERIENCED LANDSCAPE MAINTENANCE LABORER NEEDED Call 863-381-3570.

## Subscribe to the News-Sun Call 385-6155

# 2100 Help Wanted

EXPERIENCED PLOW FOREMAN 3 years plus a must. Experienced in plowing & locating telephone and fiber optics. Call 863-443-6250

EXPERIENCED TREE CLIMBER or Bucket Operator Needed. Call 863-414-2492

MEDICAL ASSISTANT NEEDED Immediately for Family Medical Practice. Experienced in taking patients history, medications, vitals, phlebotomy, EKG, and assisting Doctor or Nurse practitioner. F/T. Fax resume to: 863-382-3533.

PEDIATRIC OFFICE looking for bilingual MA/LPN with Certification. Experience with Blood draws, giving shots, triaging patients required. Contact office at (863) 471-0235.



STANLEY STEEMER Now accepting applications for CLEANING TECHNICIAN Good Driving Record / People Person 863-655-2158 For Instructions. Drug Free Work Place

# 2150 Part-time Employment



# 3000 Financial

# 4000 Real Estate

# 4080 Homes for Sale Sebring

SEBRING \*\* NEW LARGE HOME \*\* 3BR, 2BA, 2 1/2 CG, Family Room, Screened Lanai. Manor Hill 2728 Manor Dr. Open Daily 9AM - 4PM. \$194,900. 863-471-3207 Or 863-202-0785



# 5000 Mobile Homes

# 5050 Mobile Homes For Sale

PALM HARBOR HOMES New 2012...30x76 4bd/3ba \$0 DOWN, \$399/Month 800-622-2832 ext 210

# 5200 Mobile Home Lots for Rent



# 6000 Rentals

# 6050 Duplexes for Rent

SEBRING 2BR./2 BA., 1 car garage, 2000sq.ft., \$650/mo. No pets, No smoke. 863-402-1142

SEBRING \*\* GREAT LOCATION! \*\* Beautiful 2BR / 1BA/ 2CP Close to mall & US 27. W/D, screen porch, new carpet Appl's incl., ceiling fans. A/C, No Smoke. CALL 305-490-5399

# 6150 Furnished Apartments

SEBRING FURNISHED/UNFURNISHED 1BR or Studios, on the circle. \$450.-600. Some Utilities incl. Attn: Vets, Special programs for rentals, subsidized payments, call to see if you qualify. 863-386-9100.

# 6200 Unfurnished Apartments

RELAX AT Lake Isis Villas \*\* Luxurious \*\* 1 BR Apartment. Clean & Quiet Setting. 863-453-2669

SEBRING - 1 & 2 BR,1BA. Tile floors, fresh paint. Includes water. \$395 - \$600/mo. Gary Johnson, 863-381-1861.

AVON PARK \* LEMONTREE APTS \* 1BR \$520 mo. + \$350 Sec. Deposit, available immediately. Washer/Dryer & WSG included. Pets OK! Call Alan 386-503-8953

AVON PARK - NW - APARTMENTS 2/2 \$450 mo. New 1/1 \$395 mo. Plus 1st & Sec. Central Heat & Air. No Dogs Or Cats. 863-449-0195

AVON PARK Near City Hall 1/1, 2nd floor, \$300/mo. First \$300 security. No pets! Ready today. Call 863-443-0191

# 6250 Furnished Houses

AVON PARK 2BR/1BA. Country Living, on Lake. Newly renovated. Furnished. Washer/Dryer. \$600/mo. + deposit, first & last. Call 863-453-6469

LAKE PLACID - Near Lake Placid Boat Ramp with lake access. Furnished 2/1, appliances, A/C. \$550/mo. + \$50 water. 863-465-1354.



# 6300 Unfurnished Houses

AVON PARK - 3BR, 1BA. All Appliances Included. Immediate occupancy. Close to US 27/WalMart. \$650 per mo. Call for Details. 863-449-0429 or 301-245-4619

AVON PARK, BEAUTIFUL 3/2 All appliances included. Immediate occupancy. 206 E. Thomas St. Close to Elementary, Middle & High School. \$800/mo. For details call 863-452-6112

## AVON PARK

North Central Heights Homes, a new "Rent Restricted" single family home development in Avon Park. Rents average in the low to mid 500's & 600's! 2, 3 and 4 BR Available! **DON'T DELAY APPLY TODAY! NO APPLICATION FEE!**



**CALL!** TTY 800-955-8771 863-452-4432 On-line Applications [www.avonparkha.org](http://www.avonparkha.org)

# 6320 Seasonal Property

LAKE PLACID Covered bridge. Beautiful 2/2. Sun Porch, 1 block to Club House, heated pool, fully equipped kitchen. Available Dec. 1st. \$1200/mo. Call 239-821-4730

SEASONAL RENTAL FURNISHED, 1BR./1 BA., Living, Dining, Kitchen, walk in closet, utility room w/washer & dryer. All utilities include: electric, water, cable & internet. Nice neighborhood behind Harder Hall. Fenced in back yard. \$950/mo. Call 863-381-4213.

# 6550 Warehouses for Rent

FAIRMOUNT SELF STORAGE UNITS FOR RENT. Behind Love Bugs & US. 27. Starting at \$45. 5 x 10/10 x 10. Call 863-386-9100

# 6750 Commercial Rental

DOWNTOWN SEBRING ON THE CIRCLE, STORE FRONT FOR RENT 1500 sq. ft. \$1,000/mo. Great for Thrift Store, Art Gallery, Antique store. Pieces of the Past Building, Circle 313. Call 863-386-9100

# 7000 Merchandise

# 7040 Appliances

MAYTAG FREEZER -20 C.F. Upright . Work great \$250. obo / Lg. French door refrigerator 17.7C.F. Bottom freezer 7.3 C.F. Ice maker. Good condition \$800. Washer & Dryer (elec) Admiral oversize capacity. Top condition. \$250 pair. 863-386-4444



## PUMPKIN PATCH CONTEST

# WIN \$100 Gas Card

## CONTEST

Count the PUMPKINS or Place a Classified Ad and You Could WIN!

Count the correct number of Pumpkins and you will be entered in a random drawing to WIN a \$100 Gas Card!

Start counting Pumpkins in our Classified Section on October 17th thru October 21st. Either go online at [www.newssun.com](http://www.newssun.com) or fill out the form below with your guess. All forms must be submitted or postmarked by October 25, 2012. Drop off or mail your entries to: **News Sun, 2227 U.S. Highway 27 S., Sebring, FL 33870** You can submit up to 10 entries. No purchase necessary to win.

The Winner will be announced Wednesday, October 31, 2012 in the Main and Classified sections of the News Sun as well as on-line at [www.newssun.com](http://www.newssun.com).

Name \_\_\_\_\_ Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

Are you a full time resident? Yes \_\_\_\_\_ No \_\_\_\_\_

Are you a News Sun subscriber? Yes \_\_\_\_\_ No \_\_\_\_\_

Total Number of Pumpkins \_\_\_\_\_

**7040** Appliances



Classified ads get fast results

**7180** Furniture



**7300** Miscellaneous

MICROWAVE WHIRLPOOL Gold. new! Table 42" glass top & 4 Chairs. \$395. Call 717-682-2188.

SHED 8X12 Wooley Custom Built Shed. Has Shelves and 5000 BTU AC. New \$3400. Yours for \$1750. obo You Move. 863-386-4444

**7310** Bargain Buys

\*\* BIRD CAGE \*\* Large with Complete Contents. \$45. 863-214-1555

POLO SHIRTS Men's 11 size med. St John's Bay (J.C.Penny). Perfect cond. \$30. the lot. Call 863-453-3104

PRO - FORM Treadmill 835QT 10 SPS. Full read outs. Looks New \$65. 863-382-4137

TIRES 205 65 B15. \$40. Call 863-465-3266

WOODEN INTERIOR DOORS (10) with hardware. Two sizes. All for \$80. 863-655-5396

**7320** Garage & Yard Sales

AVON PARK - Sat. Oct. 20, 8 - 3pm. 12 Elder St. off Northlake Ave. Rain or Shine. No early Birds! Furn., Antique cars & truck collection, Clocks, Tools, Christmas items, Dishes. Lots of Misc.

AVON PARK LAKES 2265 N. Cochrane Rd., Sat. Oct. 20th, 7AM - ? Huge Oak Entertainment Center, Household items, Music CD's Pop - Country - Rock over 200. Too Much To List!

AVON PARK LAKES \* HUGE SALE \* 2132 N. Terrapin Rd. Thur. & Fri, Oct. 18 & 19, 7am - 5pm. Entertain. center, 2 water fountains, older car parts, grandfather clock (excl. cond.) & garden tools. Much More!

GIANT YARD SALE AT Storage Facility. SAT - SUN. 8-4PM. Household, furn., appliances, tools & some really nice jewelry. 1866 South Wilburn Dr. Located off US 27, across from College, towards Reflections.

LAKE JUNE PT. Community Sale, Sat 10-27, 8am-3pm. Furn., Tools, Sports/Inflatable, 10 PC. Teak Patio set, clothing, collectibles, generator, household & more. US 27S to Interlake Blvd. West 2 miles. Lake June Pointe Sub. Lake Placid

LORIDA - Church of God of Prophecy 1808 US HWY 98 Fri & Sat, Oct 19 & 20. 8am-? Sat. 11am serving BBQ Ribs & chicken plus swamp cabbage. Dinners \$7. Baked goods, homemade jellies, Knick Knacks & misc. More!

SEBRING \* Huge Carport / Yard Sale \* 2454 Lakeview Dr. Fri-Sat-Sun, 19-20-21 & Fri-Sat-Sun, Oct 26-27-28, 8am-3pm. Lots of unique & very nice items. Halloween, Valentine & Christmas decor., Power tools, metal frame head & foot boards, wicker head board, kids John Deer peddler w/ trailer, bikes to antiques and Much Much More!

SEBRING \*\* MOVING SALE \*\* 233 S. Corvette Ave., Fri. & Sat., Oct. 19th & 20th, 8AM - ? Furniture, Dishes, Lawn Equipment, TVs, Organ & MUCH MUCH MORE!!

SEBRING - 304 Memorial Dr., Fri & Sat, Oct 19 & 20, 10am - 3pm. Sewing machine, Household items, VHS tapes, Pictures, Linens. Too Much To List!

SEBRING - 3301 Bolide Ave. Thur. Fri & Sat, Oct 18, 19 & 20, 8am - ? Tools, Household items, Sm. appliances, Adult clothing, 1998 Dodge P/U. Too Much To List.

SEBRING - 417 Fabber Ct., Sat., Oct 20th, 7am - 3pm. Furn., Sm. Appliances, Household items, Clothing. Much More!

SEBRING - Fri., Sat., Sun. Oct. 19, 20, 21, 7am-?. 1310 Kerry Dr. Awakening Youth Fundraiser Sale! Lots of Stuff!

SEBRING SAT. 8 - 1pm. 3807 Kearly Ave. Video games, paintball set, camping equip., household items & Wave Runner.

SEBRING \*\*MOVING SALE\*\* Fri & Sat, Oct 19 & 20, 8am- 12pm. 2217 Arbuckle Creek Road. Appliances, Furniture, Tools. Model Trains. All Reasonable Offers Considered!

SEBRING - 1418 Osceola Ave., Sat. Oct. 20, 8am - 1 pm. Tools, Household items, New model cars (1-:18 metal), Clothing Furn., Sm. Appliances. Everything Must Go!

SPRING LAKE \*MULTI FAMILY SALE\* 117 Glen Mar Cir. (off Spring Lake Blvd.) Fri & Sat, Oct 19 & 20, 8am-2pm. Furn., BBQ grill, Children clothing, Girls quality dresses, Household items, garden tools. Too Much To List!

**9000** Transportation

**9200** Trucks

GMC SONOMA TRUCK 2001. 148K mi. Runs good, looks sporty, clean, economical, good cond. Has Extras! \$3800. obo. Call 863-763-0410 or 863-381-4942



# PROFESSIONAL SERVICE DIRECTORY

**Bell Cleaning Services**  
For all jobs. Large or small, done right!  
Homes, Business, Construction  
Parties and Events!

**Diane Bell**  
Bonded and Insured  
Free Estimates  
863-465-7112  
863-633-8780  
120 Sandspur Lane,  
Lake Placid FL 33852

**Computer Repair**  
**\$45 Flat Rate**  
No Hidden Charges  
Banyan Bay 2121  
Lakeview Dr., Sebring  
**863-202-0152**

**ARCHITECTURAL TRIM HANDYMAN**  
INSTALLING  
Doors • Windows • Cabinets  
Trim • Flooring • Moldings  
Repair Plumbing  
**FREE ESTIMATES!**  
Call 863-273-2083

**Roger's Handyman Services**  
**Roger McCartney JR**  
licensed and insured  
No job is too small. We can take care of all your home repairs and maintenance needs.  
• Small Flooring Jobs  
• License #HM01711  
**863-381-6677**  
Free Estimates

**Bell Fisheries Inc.**  
Farm Raised Catfish. We sell by the pound or you can come & catch yourself in our 3 acre pond! We have two large docks you can fish from. We also have large trophy Bass and Bream that we feed twice a day. Great fun for everyone, call or come by and see us!  
**James L Bell, Jr., Owner**  
120 Sandspur Lane,  
Lake Placid, FL 33852  
**863-465-7112**  
Florida Aquaculture Certification  
AQ5138017

**Tri Town Tree Service**  
Serving Lake Placid, Sebring & Avon Park  
Tree Trimming & Removal  
Stump Grinding  
Thomas Harton, Owner  
**863-471-0668**  
**863-414-7333**  
24 Hour Service  
Insured

**LIGHTSEY'S POWER WASH**  
Residential & Commercial Cleaning  
Pool Cages • Pool Decks • Patios  
Driveways • Homes • Docks  
Gazebos • Mobile Homes  
**DERREK LIGHTSEY**  
Owner/Insured  
**863-464-0112**  
FREE ESTIMATES  
QUALITY PRESSURE CLEANING AT A FAIR PRICE

**BIG GREEN Lawn Maintenance**  
Commercial & Residential  
Free Estimates  
Licensed & Insured  
Jason James  
**863-381-5699 863-245-8898**

**WILLIAMS JANITORIAL CARPET CLEANING**  
**\$10<sup>95</sup> Per Room**  
3 Rooms Minimum  
• Upholstery Cleaning  
• All Types of Flooring  
• Free Estimates  
Lic • Bonded • Ins  
**(863) 214-1940**

Diabetic Footwear • Custom Orthotics  
Work Shoes • Comfortable Shoes  
SAS • New Balance  
**Shoe Box**  
CELEBRATING 25 Years  
Phyllis Norris  
Board Certified  
Licensed Podiatrist  
1138 S. Parrot Ave • Oklawaha, FL 34974  
863-763-4401 • Fax 863-763-6335  
shoebxldy@hotmail.com

**HANDYMAN BOB**  
Install doors, windows, flooring, plumbing & more!  
Licensed & Insured  
Lic# HM0096  
Call 863-452-5201  
OR  
863-449-1744

Joe Johnson's  
**ALL AMERICAN TREE SERVICE, INC.**  
TRIMMING • REMOVAL  
SOD INSTALLATION • STUMP GRINDING  
LOT CLEARING • PRESSURE CLEANING  
Will Beat Any Written Estimate!  
Peoples Choice Award  
**863-465-7491** Free Estimates  
Licensed & Insured

**ICS CREMATION**  
SERVING HIGHLANDS COUNTY & ALL OF FLORIDA  
**FREE LUNCH & SEMINAR**  
October 24, 2012 • 10:00 am • Homers-Sebring Square  
**\$895<sup>00</sup> | \$795<sup>00</sup>** (Special Hospice Patient Price)  
Plus Cost of Death Certificates  
\*No Additional Costs\*  
Contact: Linda O'Neal  
Lake Placid: 863-441-2514

**Complete Lawn Maintenance**  
-Landscaping- -Mowing- -Trimming-  
-Rocks- -Mulch- -Weeding-  
Flower Beds & Sod  
**863-314-0969**  
Licensed & Insured  
**NO JOB TOO SMALL!**

Highlands County's Largest Indoor  
**Flea Market**  
Stop In and See  
**Sandy's Dollar Store**  
**Becky's Avon 863-449-1298**  
**Firemen's Field Fairgrounds**  
Kenilworth Blvd & Rt. 17  
Fri-Sat • 8am-2pm Year Round

**American Roofing Central, Inc.**  
Residential • Commercial  
Roofing & Repairs • Quality Workmanship  
**Jeff Rentz - 863.381.1453**  
Sebring, Florida  
Licensed & Insured #HC00855  
Free Estimates

# ADVERTISE YOUR BUSINESS ON THIS PAGE TODAY!

Call Anita at: 863-385-6155 or  
Email: amarsella@newssun.com

Five-Day forecast for Highlands County

TODAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
Partly sunny	Partly sunny, pleasant, less humid	Mostly sunny and beautiful	Sunny to partly cloudy and pleasant	Partly sunny
88° / 67°	86° / 59°	83° / 63°	85° / 65°	86° / 66°
Winds: SW at 4-8 mph	Winds: NW at 4-8 mph	Winds: NNE at 8-12 mph	Winds: NE at 8-15 mph	Winds: NE at 7-14 mph

### Almanac

Readings at Apalachicola Biological Station in Lake Placid

High Sunday: 89°  
Low Sunday: 66°  
High Monday: 89°  
Low Monday: 62°  
High Tuesday: 89°  
Low Tuesday: 62°  
High Wednesday: 85°  
Low Wednesday: 67°

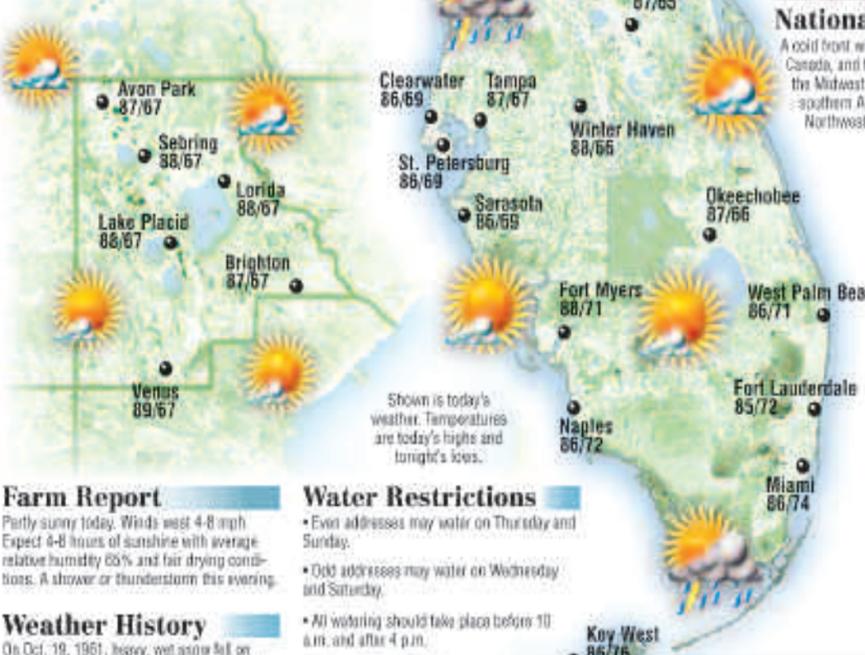
Heat Index  
For 3 p.m. today: 49°  
Expected air temperature: 86°  
Makes it feel like: 92°

Barometer  
Monday: 29.82  
Tuesday: 29.83  
Wednesday: 29.82

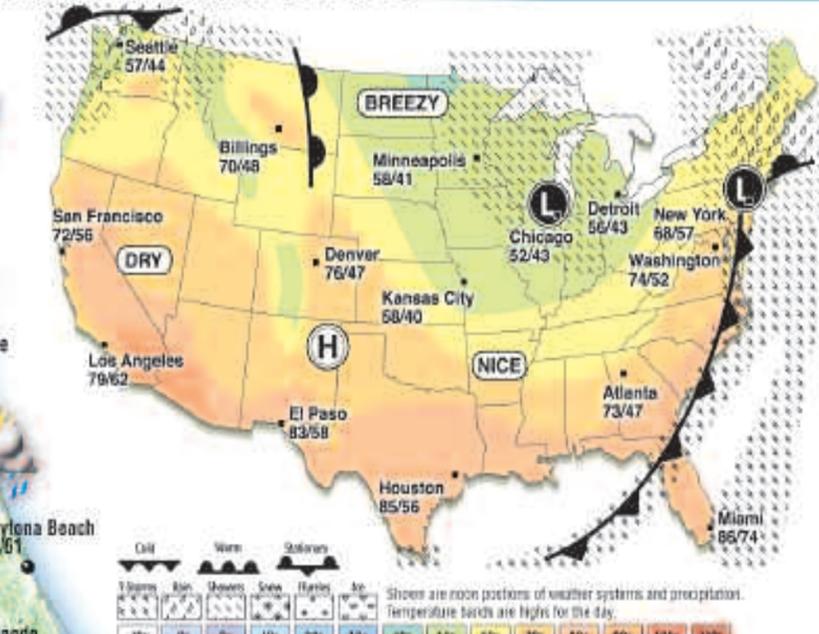
Precipitation  
Monday: 0.00"  
Tuesday: 0.00"  
Wednesday: 0.30"  
Month to date: 2.64"  
Year to date: 54.35"

### Regional Summary

Partly sunny today. A shower or thunderstorm during the evening, otherwise, partly cloudy tonight. Partly sunny, pleasant and less humid tomorrow. Sunday and Monday, sunny to partly cloudy and beautiful.



National Forecast for October 19



### National Summary

A cold front will shift showers and some thunderstorms into the Northeast for today. This front will extend up into Canada, and then west to a lingering low over the western Great Lakes. This low will allow showers to persist in the Midwest today. Behind the low, winds on the northern Plains will finally start to diminish. A low pressure over southern Alberta in Canada will extend a cold front west, providing 50% for showers to move farther inland in the Northwest.

### U.S. Cities

City	Today	Sat	Sun	City	Today	Sat	Sun
Albuquerque	74/45	77/50	76/45	Los Angeles	79/52	74/52	72/58
Albany	73/47	68/50	74/54	Louisville	58/45	62/45	71/55
Baltimore	72/50	68/48	64/50	Memphis	68/47	72/58	79/60
Birmingham	70/45	70/47	77/53	Minneapolis	54/44	57/46	63/50
Boston	66/51	71/53	62/49	Mississippi	64/41	61/47	67/48
Charlotte	75/42	68/43	71/45	Nashville	64/41	66/47	75/54
Cheyenne	68/44	73/45	64/57	New Orleans	82/67	79/59	82/65
Chicago	62/43	60/46	66/50	New York City	65/57	66/49	64/49
Cleveland	58/43	54/45	63/50	Portland	78/57	70/52	67/48
Columbus	58/43	65/44	66/51	Portland, OR	63/49	68/43	64/40
Dallas	80/58	84/59	86/71	Raleigh	77/45	70/45	72/45
Denver	76/47	80/46	79/57	Rochester	64/48	64/45	69/46
Detroit	58/43	58/44	64/51	St. Louis	58/43	66/53	70/61
Harrodsburg	68/47	61/43	64/41	San Francisco	72/56	69/55	67/51
Honolulu	86/73	85/73	85/73	Seattle	57/40	57/40	49/40
Houston	85/56	85/67	86/70	Wash., DC	74/52	69/47	66/48
Indianapolis	58/43	59/46	70/56				
Jackson, MS	76/44	77/52	83/56				
Kansas City	58/45	69/53	74/54				
Lexington	59/47	69/41	79/52				
Little Rock	68/44	77/54	79/60				

### World Cities

City	Today	Sat	Sun	City	Today	Sat	Sun
Aspen	30/70	30/70	30/75	London	61/50	61/45	60/56
Atlanta	75/55	79/53	75/60	Montreal	57/52	50/45	54/45
Bahia	87/73	86/73	84/75	Moscow	53/47	58/45	52/47
Berlin	65/53	68/51	64/48	Nice	68/53	73/46	76/55
Bermuda	80/74	81/73	81/73	Ottawa	58/44	58/41	59/42
Calgary	66/55	67/51	63/51	Quebec	55/42	57/45	52/43
Carlyle	54/43	55/46	57/48	Rio de Janeiro	78/70	85/71	89/71
Dublin	54/43	55/46	57/48	Seoul	64/45	68/52	70/53
Edmonton	46/32	50/23	34/17	Singapore	88/77	88/70	88/77
Frederic	66/77	84/74	85/74	Sydney	65/57	64/54	63/57
Ghana	66/51	72/50	75/52	Toronto	58/44	63/42	69/46
Havana	89/70	86/71	88/71	Vancouver	58/40	52/41	52/41
Hong Kong	81/73	82/73	83/74	Vienna	64/41	64/46	64/46
Jakarta	80/62	80/61	78/62	Warsaw	62/44	61/43	61/44
Johannesburg	82/50	76/54	88/51	Winnipeg	48/39	54/44	52/34
Kiev	64/46	61/46	62/43				

### Farm Report

Partly sunny today. Winds west 4-8 mph. Expect 4-8 hours of sunshine with average relative humidity 65% and fair drying conditions. A shower or thunderstorm this evening.

### Water Restrictions

- Even addresses may water on Thursday and Sunday.
- Odd addresses may water on Wednesday and Saturday.
- All watering should take place before 10 a.m. and after 4 p.m.

### Weather History

On Oct. 19, 1961, heavy wet snow fell on trees still in leaf in West Virginia. The snow broke millions of branches, causing the worst forest disaster since the fires of 1951.

### Sun and Moon

Event	Time
Sunrise	7:27 a.m.
Sunset	6:54 p.m.
Moonrise	11:58 a.m.
Moonset	10:50 p.m.

First Full Last New  
Oct 21 Oct 29 Nov 6 Nov 13

### Tides

Readings at St. Petersburg

High	3:56 a.m.
Low	12:08 p.m.
High	7:53 p.m.
Low	9:56 p.m.

### Readings at Palm Beach

High	12:27 p.m.
Low	5:42 a.m.
High	7:53 p.m.
Low	9:56 p.m.

### Lake Levels

Readings as of 7 a.m. yesterday

Lake Jackson	78.30
Lake Okeechobee	15.89
Normal	14.51

### UV Index Today

The higher the AccuWeather.com UV Index™ number, the greater the need for eye and skin protection.



10 a.m. Noon 2 p.m. 4 p.m.  
0-2 Low; 3-5 Moderate; 6-7 High; 8-10 Very High; 11+ Extreme

Forecasts and graphics provided by AccuWeather, Inc. ©2012

AccuWeather.com



**Cowpeke's Watering Hole**

FOOD - FUN - LIVE MUSIC - STEAKS  
SEAFOOD - BAR - KARAOKE & MORE!

6813 US 27 S. Sebring  
Phone: (863) 314-9459

Accepting All Major Credit Cards

Mon-Thurs...11am-9pm  
Fri-Sat...11am-2am  
Sunday...12pm-8pm

PLAN AHEAD!  
RESERVATIONS PLEASE  
CALL 314-9459

**CAN'T WAIT TO EAT?**

Starting Monday, October 8<sup>th</sup>  
Early Bird Specials  
Mon-Sat 4-6pm & Sunday all day

**MUSIC SCHEDULE AT THE HOLE!**

FRIDAY 10/19 & SATURDAY 10/20  
**SEBRING'S OWN REBOUND**  
SUNDAY 10/21  
**LEE ALLCORN'S LONGSHOT BAND**

Bucs Blackout Games Broadcasted at the Hole!

**FOOTBALL AT THE TIKI SPORTS BAR!**

FOOD & DRINK SPECIALS

FOR COLLEGE FOOTBALL STARTING SEPT. 1ST • 11AM-7PM  
& NFL FOOTBALL STARTING SEPT. 9TH • NOON-CLOSE

\$1.50 WINGS • \$1.50 TENDERS • \$1 SLIDERS  
\$1 BBQ PORK SLIDERS • \$10 BUCKETS  
\$1.50 DRAFTS • 2 FOR 1 WELLS

TIKI BAR ONLY

**Improve the air quality inside your home.**

Improve your home's health by enhancing the quality of the air inside. Carrier humidifiers help you control air moisture, ventilators bring fresh air into your home, air filters clean the air before it circulates, advanced ultraviolet lamps eliminate germs and bacteria, and carbon monoxide alarms measure and detect CO levels in the home.

**Carrier LONG'S AIR CONDITIONING, INC.**

800 U.S. Highway 27 N. • Avon Park - 453-7571 • Sebring - 385-1731 • Lake Placid - 465-7771

## Battle of the Eagles goes to Highlands

*Special to the News-Sun*  
PLANT CITY – The Highlands Youth Football and Cheer Organization (HYFC) took to the road this week to Plant City to take on another team of Eagles on Saturday, Oct. 13.

In honor of Breast Cancer Awareness Month, several of the teams have been wearing pink tape on their cleats, shoelaces, arm bands, mouthpieces, chin straps and bracelets and the Cheerleaders wearing pink ribbons in their hair on game days for the month of October.

Some of the Youth Football staff have family members that are battling breast cancer or are a survivor and is it a great tribute and support to see the players and cheerleaders proudly supporting this cause.

Going into final game of the season, the Highlands Eagles Football teams wrapped up the regular season with each team making the playoffs in the Sunshine

Police Athletic League (PAL) association.

The first game featured the Flag team which got going early when Fred Hankerson returned the opening kickoff 60 yards for a touchdown.

The offense quickly made its' presence known with 30-yard touchdown by John Alexander and Hankerson scoring his second kickoff return of the day.

But Plant City quickly responded with some scores of their own.

The defense stood strong in this dogfight, with key defensive plays by Keldrice Legree, Christian Edwards, Darian Peterson and Willie King.

Hankerson stole the show for the day, scoring another two touchdowns for four on the day, leading to a 31-25 Eagle win.

With the win, the Flag team's final record stood at 7-2, good for third place in the NFC division of the Sunshine PAL- Lakeland



Courtesy photo  
**Jalen Williams races toward the end zone for a touchdown in the Eagles JV win Saturday.**

League.

The next game featured the Mighty Mights.

The Eagles offense took the field but struggled and had a hard time getting refocused as they were concerned about their teammate Ronnie Roberts who was injured during the game with a broken wrist.

The defense fought hard with solid tacking by Xavier Mobley, Wheelock and Coston, holding Plant City to 14 points going late into the fourth quarter.

Unfortunately, it wasn't enough and the Eagles were dealt a tough 20-0 loss to

**See HYF, Page 3B**

## Saltwater and Freshwater Fishing

My son Chris, who lives in Jupiter, Florida, recently partnered with me to buy a 2004 Ranger 2300 Bay boat with a 250 hp Yamaha.

We had an opportunity to take it out last week and it performed well.

Although we didn't spend a great deal of time fishing, we both bought snook stamps "just in case" we were lucky enough to catch one in Jupiter Inlet.

Fishing with shrimp, we caught lots of fish; jacks, catfish, pinfish, sailers delight, hogfish and even a small manta ray.

Redfish, snook and seatrout, although touted to be all over Jupiter Inlet, were nowhere to be found.

But it was still allot of fun.

Cruising along the boat docks with the electric motor, we got pretty excited when a large school of jacks began hitting the surface.

Casting into the school, we both hooked up and had a great time landing a couple each before the school moved on.

They're an incredibly strong fish and lots of fun on light tackle.

Saturday and Sunday I decided to leave my bass fishing gear behind and try my luck on Lake Istokpoga for specks.

For anyone who was out last Saturday, you know it was an extremely windy day.

Launching the boat around 9 a.m., I was sur-



### Fishin' Around...

Don Norton

prised at the ferocity of the wind, and although I had targeted the north end of the lake, I was surprised to find myself all alone.

One thing I learned a long time ago, if the specks are hitting, just look for the high concentration of boats in one area and join in.

With no other boats in the vicinity, I began questioning whether I'd picked the right day for speck fishing.

Fishing in about 5-feet of water, my concern was vanquished pretty quickly as I dropped my first crappie rig into the water and before I could get my second rod rigged, a huge speck had nailed my bait.

Now maybe it's been awhile since I've caught some nice specks, but this one was a beauty.

I had to measure the fish and I was pleased to see it was just a tad over 15 inches in length.

Now that's a good sized speck.

The winds continued to blow and the waves got even

**See FISH, Page 4B**



Courtesy photo  
**Don Norton brought in a nice haul of crappie last weekend.**

## Lady Streaks flip script on Dragons

By DAN HOEHNE

*daniel.hoehne@newssun.com*  
LAKE PLACID – The Dragons got a dose of their own medicine Tuesday night.

After the Lake Placid football team had spoiled Avon Park's Homecoming game the previous Friday, the Lady Dragon volleyball squad saw its' Senior Night ruined in Sebring's stunning 3-2 win Tuesday.

It had been a tumultuous 12 days since Blue Streak setter Lindsey Whittington had gone down with an ankle injury on Sebring's own Senior Night on Thursday, Oct. 4.

Since then, it has been a rough adjustment for the Streaks and head coach Venessa Sinness.

"We haven't looked good," she said before Tuesday's contest. "We haven't been getting the contributions from some of the older girls that I had been expecting."

Even with Whittington gradually back in action this night, the lull of her absence was still evident as Lake Placid broke the first set open.

Up just 6-5 after kills from Whittington and Hannah Tucker kills, the Lady Dragons ran off the next seven points for a 13-5 advantage.

Sebring would make a mini-run later to pull to within 22-15, but a Breanna Corley kill and Jacalyn Baldwin ace paved the way to the 25-16 Lake Placid win.

But though the "five-set curse" of this rivalry had gone by the wayside the last two years, these county combatants never go down easy and it wasn't long before the Blue Streaks rejoined the fight.

The Dragons started the second set strong, holding a

**See SEBRING, Page 3B**



News-Sun photo by DAN HOEHNE  
**Paige Lewis does her "Air Jordan" pose in scoring this point in Sebring's come-from-behind win at Lake Placid Tuesday.**

## PREGAME PRIMER

Your Quick Guide To This Week's Action



**Avon Park**  
at  
**Booker**

#### Records

Avon Park 1-5; Booker 2-5

#### Last Week

**Avon Park:** Fell to county rival Lake Placid, 33-6.

**Booker:** Shut out LaBelle at home, 27-0.

#### Game Notes

■ The Devils were nipped in last year's match with the Tornados by a 36-34 score.

■ This marks Avon Park's last road game of the season as they finish with Dunbar and Sebring at home.



**Lake Placid**  
vs.  
**Clewiston**

#### Records

Lake Placid 2-5; Clewiston 2-5

#### Last Week

**Lake Placid:** Spoiled Avon Park's Homecoming with a 33-6 win.

**Clewiston:** Lost on the road at Dunbar, 40-30.

#### Game Notes

■ Last year, Clewiston handled the visiting Dragons with a 35-7 win.

■ This is Lake Placid's final home game of the season as they hit the road at LaBelle next week and finish at Lemon Bay on Nov. 9.



**Sebring**  
at  
**Winter Haven**

#### Records

Sebring 1-6; Winter Haven 5-1

#### Last Week

**Sebring:** Edged by George Jenkins at home, 17-14.

**Winter Haven:** Beat visiting Mulberry 45-13.

#### Game Notes

■ The Blue Streaks were bested by the Blue Devils a year ago, by a 45-7 score.

■ Sebring can still make some noise in the district with remaining contests with Bartow and Kathleen.

## Selander leaves her mark with Lady Pride

By BRITTANY WHITTINGTON

*News-Sun correspondent*

SEBRING – There is no better way for a high school senior to finish their athletic career in high school than with a win.

Kayla Selander, senior of Highlands University Preparatory School, had the final game of her high school career Tuesday night.

"I have never had an athlete like her," said head coach Shannon Cleveland. "To watch her grow over the past five years has been amazing."

Selander started her career in volleyball playing on varsity as an eighth grader, back when they were the Heartland Christian Crusaders, and stuck with it all the way to her senior year.

Being the only senior for the Lady Pride, Selander was expected to take on the



News-Sun photo by BRITTANY WHITTINGTON  
**Kayla Selander is celebrated by her team as the lone senior at UPreds Senior Night Tuesday.**

role as the leader and did so very well.

"She's just been an amazing leader," explained Cleveland.

Selander has a couple schools in prospect of where she might continue her career – Flagler College of St. Augustine and University of North Florida in Jacksonville.

"It's been a journey" said

Selander when asked about her career with the Lady Pride.

Selander explained her favorite part is helping out the younger girls to better their skill level.

"I'm hoping what I can teach them will better them in future years," she said.

Selander is a natural leader and will be greatly missed by the Lady Pride.

# THE SCOREBOARD

## MLB Playoffs

### LEAGUE CHAMPIONSHIP SERIES

(Best-of-7; x-if necessary)

American League  
Detroit 3, New York 0

Saturday: Detroit 6, New York 4, 12 innings  
Sunday: Detroit 3, New York 0  
Tuesday: Detroit 2, New York 1  
Wednesday, Oct. 17: New York at Detroit, ppd., rain  
Thursday, Oct. 18: New York (Sabathia 15-6) at Detroit (Scherzer 16-7), 4:07 p.m.  
x-Friday, Oct. 19, New York (Pettitte 5-4) at Detroit (Fister 10-10), TBA  
x-Saturday, Oct. 20: Detroit at New York, 8:07 p.m.  
x-Sunday, Oct. 21: Detroit at New York, 8:15 p.m.

### National League

St. Louis 1, San Francisco 1

Sunday: St. Louis 6, San Francisco 4  
Monday: San Francisco 7, St. Louis 1  
Wednesday, Oct. 17: St. Louis 3, San Francisco 1  
Thursday, Oct. 18: San Francisco at St. Louis, late  
x-Friday, Oct. 19: San Francisco at St. Louis, 8:07 p.m.  
x-Sunday, Oct. 21: St. Louis at San Francisco, 4:45 p.m.  
x-Monday, Oct. 22: St. Louis at San Francisco, 8:07 p.m.

## National Football League

### AMERICAN CONFERENCE

East						
	W	L	T	Pct	PF	PA
N.Y. Jets	3	3	0	.500	133	141
New England	3	3	0	.500	188	137
Miami	3	3	0	.500	120	117
Buffalo	3	3	0	.500	137	192

South						
	W	L	T	Pct	PF	PA
Houston	5	1	0	.833	173	115
Indianapolis	2	3	0	.400	100	145
Tennessee	2	4	0	.333	114	204
Jacksonville	1	4	0	.200	65	138

North						
	W	L	T	Pct	PF	PA
Baltimore	5	1	0	.833	161	118
Cincinnati	3	3	0	.500	149	163
Pittsburgh	2	3	0	.400	116	115
Cleveland	1	5	0	.167	134	163

West						
	W	L	T	Pct	PF	PA
Denver	3	3	0	.500	170	138
San Diego	3	3	0	.500	148	137
Oakland	1	4	0	.200	87	148
Kansas City	1	5	0	.167	104	183

### NATIONAL CONFERENCE

East						
	W	L	T	Pct	PF	PA
N.Y. Giants	4	2	0	.667	178	114
Philadelphia	3	3	0	.500	103	125
Washington	3	3	0	.500	178	173
Dallas	2	3	0	.400	94	119

South						
	W	L	T	Pct	PF	PA
Atlanta	6	0	0	1.000	171	113
Tampa Bay	2	3	0	.400	120	101
Carolina	1	4	0	.200	92	125
New Orleans	1	4	0	.200	141	154

North						
	W	L	T	Pct	PF	PA
Chicago	4	1	0	.800	149	71
Minnesota	4	2	0	.667	146	117
Green Bay	3	3	0	.500	154	135
Detroit	2	3	0	.400	126	137

West						
	W	L	T	Pct	PF	PA
Arizona	4	2	0	.667	110	97
San Francisco	4	2	0	.667	152	94
Seattle	4	2	0	.667	110	93
St. Louis	3	3	0	.500	110	111

### Thursday's Game

Seattle at San Francisco, late  
**Sunday's Games**  
Arizona at Minnesota, 1 p.m.  
Green Bay at St. Louis, 1 p.m.  
Baltimore at Houston, 1 p.m.  
Washington at N.Y. Giants, 1 p.m.  
Dallas at Carolina, 1 p.m.  
New Orleans at Tampa Bay, 1 p.m.  
Cleveland at Indianapolis, 1 p.m.  
Tennessee at Buffalo, 1 p.m.  
Jacksonville at Oakland, 4:25 p.m.  
N.Y. Jets at New England, 4:25 p.m.  
Pittsburgh at Cincinnati, 8:20 p.m.  
**Open:** Atlanta, Denver, Kansas City, Miami, Philadelphia, San Diego  
**Monday's Game**  
Detroit at Chicago, 8:30 p.m.

## Major League Soccer

### EASTERN CONFERENCE

	W	L	T	Pts	GF	GA
x-Sporting KC	17	7	8	59	40	26
x-Chicago	17	10	5	56	45	39
D.C.	16	10	6	54	49	40
New York	15	9	8	53	54	46
Houston	13	8	11	50	45	38
Columbus	14	11	7	49	40	40
Montreal	12	15	5	41	45	50
Philadelphia	10	15	6	36	35	37
New England	7	17	8	29	37	44
Toronto FC	5	20	7	22	35	60

### WESTERN CONFERENCE

	W	L	T	Pts	GF	GA
x-San Jose	19	6	7	64	69	40
x-Real Salt Lake	17	11	5	56	46	35
x-Seattle	14	7	11	53	48	31
x-Los Angeles	15	12	5	50	56	45
Vancouver	11	12	9	42	35	40
FC Dallas	9	12	11	38	39	42
Colorado	9	19	4	31	40	50
Portland	7	16	9	30	32	55
Chivas USA	7	17	8	29	22	54

NOTE: Three points for victory, one point for tie.  
x-clinched playoff berth

### Wednesday's Game

Seattle FC 0, Real Salt Lake 0, tie  
**Saturday's Games**  
Montreal at Toronto FC, 1:30 p.m.  
Sporting Kansas City at New York, 7 p.m.  
Columbus at D.C. United, 7:30 p.m.  
Chicago at New England, 7:30 p.m.  
Philadelphia at Houston, 7:30 p.m.  
Colorado at Chivas USA, 10:30 p.m.  
**Sunday's Games**  
Los Angeles at San Jose, 7 p.m.  
Portland at Vancouver, 7 p.m.  
FC Dallas at Seattle FC, 9 p.m.

## WNBA Playoffs

### CONFERENCE SEMIFINALS

EASTERN CONFERENCE		
Connecticut 2, New York 0		
Indiana 2, Atlanta 1		

### WESTERN CONFERENCE

Minnesota 2, Seattle 1		
------------------------	--	--



# LIVE SPORTS ON TV

## AUTO RACING

### FRIDAY

2 p.m. NASCAR - Kansas Lottery 300, Pract. . ESPN2  
3:30 p.m. NASCAR - Kansas Lottery 300, Pract. . ESPN2  
5 p.m. NASCAR - Hollywood Casino 400, Qual ESPN2

### SATURDAY

11 a.m. NASCAR - Hollywood Casion 400, Pract.ESPN2  
3:30 p.m. NASCAR - Kansas Lottery 300 . . . . . ESPN

## BOXING

### SATURDAY

8 p.m. Danny Garcia vs. Erik Morales . . . . . SHOW

## COLLEGE FOOTBALL

### FRIDAY

8 p.m. Connecticut at Syracuse . . . . . ESPN

### SATURDAY

Noon Virginia Tech at Clemson . . . . . ABC  
Noon LSU at Texas A&M . . . . . ESPN  
Noon Purdue at Ohio State . . . . . ESPN2  
Noon Iowa State at Oklahoma State. . . . . FX  
12:20 p.m. Auburn at Vanderbilt . . . . . 38  
3 p.m. Stanford at California . . . . . FOX  
3:30 p.m. South Carolina at Florida . . . . . CBS  
3:30 p.m. BYU at Notre Dame . . . . . NBC  
3:30 p.m. South Florida at Louisville . . . . . ABC  
3:30 p.m. Texas Tech at TCU . . . . . ESPN2  
7 p.m. Alabama at Tennessee . . . . . ESPN  
7 p.m. Kansas State at West Virginia . . . . . FOX  
7 p.m. Middle Tennessee at Mississippi State . . . . . ESPN2  
8 p.m. Florida State at Miami . . . . . ABC  
10:30 p.m. Utah at Oregon State . . . . . ESPN2

## COLLEGE SOCCER

### FRIDAY

6:30 p.m. Virginia Tech at Virginia . . . . . SUN

## GOLF

### FRIDAY

9:30 a.m. EuroPGA - Perth International. . . . . GOLF  
2p.m. PGA - McGladrey Classic . . . . . GOLF  
5 p.m. PGA - Winn Dixie Open . . . . . GOLF  
7:30 p.m. LPGA - KEB HanaBank Championship . . . . . GOLF

### SATURDAY

9:30 a.m. EuroPGA - Perth International. . . . . GOLF  
2p.m. PGA - McGladrey Classic . . . . . GOLF  
5 p.m. PGA - Winn Dixie Open . . . . . GOLF  
7:30 p.m. LPGA - KEB HanaBank Championship . . . . . GOLF

## MLB PLAYOFFS

### FRIDAY

8 p.m. San Francisco at St. Louis, Game 5 . . . . . FOX

### SATURDAY

4 p.m. Detroit at New York, Game 6, if nec. . . . . TBS

## WOMEN'S COLLEGE SOCCER

### SATURDAY

7:30 p.m. South Carolina at Kentucky . . . . . SUN

## WOMEN'S COLLEGE VOLLEYBALL

### FRIDAY

8:30 p.m. Florida State at Georgia Tech. . . . . SUN

### SATURDAY

9:30 p.m. Missouri at Mississippi. . . . . SUN

## WNBA FINALS

### FRIDAY

8 p.m. Minnesota at Indiana, Game 3. . . . . ESPN2

*Times, games, channels all subject to change*

## CONFERENCE FINALS

(Best-of-3)

### EASTERN CONFERENCE

### WESTERN CONFERENCE

### FINALS

(Best-of-5)

Indiana 1, Minnesota 1

Sunday: Indiana 76, Minnesota 70

Wednesday: Minnesota 83, Indiana 71

Friday, Oct. 19: Minnesota at Indiana, 8 p.m.

x-Sunday, Oct. 21: Minnesota at Indiana, 8 p.m.

x-Wednesday, Oct. 24: Indiana at Minnesota, 8 p.m.

## NBA Preseason

### EASTERN CONFERENCE

#### Atlantic Division

	W	L	Pct	GB
Brooklyn	3	0	1.000	—
New York	2	0	1.000	.5
Philadelphia	3	1	.750	.5
Toronto	2	1	.667	1
Boston	0	3	.000	3

#### Southeast Division

	W	L	Pct	GB
Miami	1	2	.333	—
Atlanta	1	3	.250	.5
Charlotte	1	3	.250	.5
Washington	1	4	.200	1
Orlando	0	4	.000	1.5

#### Central Division

	W	L	Pct	GB
Indiana	2	1	.667	—
Milwaukee	2	1	.667	—
Chicago	2	2	.500	.5
Detroit	2	2	.500	.5
Cleveland	2	3	.400	1

### WESTERN CONFERENCE

#### Southwest Division

	W	L	Pct	GB
New Orleans	3	1	.750	—
San Antonio	2	1	.667	.5
Houston	3	2	.600	.5
Dallas	1	1	.500	1
Memphis	1	2	.333	1.5

#### Northwest Division

	W	L	Pct	GB
Denver	3	1	.750	—
Minnesota	2	1	.667	.5
Utah	3	2	.600	.5
Portland	2	2	.500	1
Oklahoma City	1	2	.333	1.5

#### Pacific Division

	W	L	Pct	GB
Golden State	3	1	.750	—
Phoenix	2	1	.667	.5
Sacramento	2	1	.667	.5
L.A. Clippers	2	2	.500	1
L.A. Lakers	0	4	.000	3

### Wednesday's Games

Toronto 104, Washington 101  
Philadelphia 113, Cleveland 99  
Houston 109, Memphis 102  
Phoenix 100, Dallas 94  
Golden State 98, Sacramento 88  
Portland 97, Denver 80  
L.A. Clippers 96, Utah 94  
**Thursday's Games**  
New Orleans at Atlanta, late  
Detroit at Miami, late  
Memphis vs. Milwaukee, late  
Boston at Brooklyn, late  
**Friday's Games**  
New York vs. Toronto, 7 p.m.  
Indiana at Orlando, 7 p.m.  
Philadelphia at Brooklyn, 7:30 p.m.  
Minnesota at Chicago, 8 p.m.  
Phoenix vs. Oklahoma City, 8 p.m.  
Sacramento vs. L.A. Lakers, 10 p.m.  
Golden State at Portland, 10 p.m.

# LOCAL SCHEDULE



## Avon Park

**TODAY:** Football at Booker, 7 p.m.  
**TUESDAY:** Volleyball at District Tournament, at Lake Placid, vs. Lake Placid, 7:30 p.m.; Swimming at District Championships, Rowdy Gains Pool, Winter Haven, TBA  
**THURSDAY:** JV Football at LaBelle, 7 p.m.; Volleyball at District Tournament, at Lake Placid, Championship Game, if necessary, 7 p.m.



## Lake Placid

**TODAY:** Football vs. Clewiston, 7 p.m.; Bowling vs. Sebring, 3:30 p.m.  
**TUESDAY:** Volleyball hosts District Tournament, vs. Avon Park, 7:30 p.m.; Swimming at District Championships, Rowdy Gains Pool, Winter Haven, TBA  
**THURSDAY:** JV Football at Sebring, 7 p.m.; Volleyball hosts District Tournament, Championship Game, if necessary, 7 p.m.



## Sebring

**TODAY:** Football at Winter Haven, 7 p.m.; Bowling at Lake Placid, 3:30 p.m.  
**SATURDAY:** Cross Country hosts Blue Streak Invite, at SFSC, 8 a.m.  
**TUESDAY:** Volleyball at District Tournament, at Kathleen, vs. Lake Gibson, 7 p.m.  
**THURSDAY:** JV Football vs. Lake Placid, 7 p.m.; Volleyball at District Tournament, at Kathleen, Championship Game, if necessary; Swimming at Districts, Diving, TBA



## SFSC

**TODAY:** Volleyball at Lake Sumter Tournament, vs. Brevard, 3 p.m., vs. Palm Beach, 7 p.m.  
**SATURDAY:** Volleyball at Lake Sumter Tournament, vs. Clearwater Christian, 9 a.m.; vs. St. Johns River, 1 p.m.  
**TUESDAY:** Volleyball vs. Indian River, Dig Pink Night, 7 p.m.  
**THURSDAY:** Volleyball at Florida College, 7 p.m.

# SPORTS SNAPSHOTS

## Tennis "Rally for the Cure"

SEBRING — The Highlands County Tennis Association is hosting the third "Rally" tennis event at the Thakkar Tennis Center in the Country Club of Sebring, Saturday, Oct. 27.

This men's and women's doubles fun tennis event includes goodie bags, drawings, prizes and an annual subscription to a magazine of your choice with lunch provided by Chicane's.

Each eight-game match will be played with a different partner against different opponents.

This event is a great way for men and women of all ages and levels to enjoy their game, meet other tennis players and support the Susan G. Komen for the Cure Foundation, for a registration fee of \$25.

To register or for more information, call Lynda at 471-0389.

## Franza induction

AVON PARK — It's never too early to secure a spot to take in Joe Franza's induction into the Florida Athletic Coaches Association Hall of Fame.

Tickets are not available at the door. The 37th FACA Hall of Fame induction ceremonies will be on Saturday,





**Lake June West**

A Scramble was played Thursday, Oct. 11.

Winning first place was the team of John and Shelly Byron, John and Gloria Huggett with 55; and second place, Doyan and Donna Eades, Ott and Maxine Wegner with 56. Tying for third/fourth places were the teams of Joe and Joyce Swartz, John and Sue Ruffo and Mario Cappelletti; Dick and Norma Denhart, Margaret Schultz, Larry and Chris Heath with 58 each.

Closest to the pin: (Ladies), None. (Men), No. 4, Ott Wegner, 18-feet-5.5-inches.

The Men's Association played a Men's League event on Wednesday, Oct. 10.

Tying for first/second places were the teams of Doyan Eades, Mario Cappelletti, Dick Reaney, Jack Maginnis and Ott Wegner; Dick Denhart, John Byron, Bob Young, John Ruffo and Larry Heath with 42 each. Third place, Claude Cash, Norm Gruber, Joe Swartz, Fred Neer and Bill Brouhle with 43.

Closest to the pin: No. 4, Norm Grubbs, 1-foot-7-inches; and No. 8, Larry Heath, 10-feet-7-inches.

**Placid Lakes**

The Men's Association played a 1, 2, 3 Best Ball tournament on Wednesday, Oct. 17.

John Goble, Bob McMillian, Gene Ransom and Darrell Horney teamed to score a -18 for the win, with Jack Marceau, Frank Fisher and Russ Isaacs bringing in a -15 for second.

Tom Lacy, Lane Capp, Ed Bartusch and Bud Snyder carded a -12 for third.

The Women's Association played an Individual Points tournament on Tuesday, Oct. 16.

Bobbie Miller scored 41 points to win and Sue Mackey was two behind at

39 for second.

Karen Wallin and Pat Haas each came in with 37 points, with Wallin's taking third after a match of cards.

Miller was closest to the pin, getting to 7-feet, 3-inches at No. 13, while Barb Moriarity and Jeanne Ransom had chip-ins at No. 10 and No. 16, respectively.

**River Greens**

Women's Interactive results at the Bluffs, 2012:

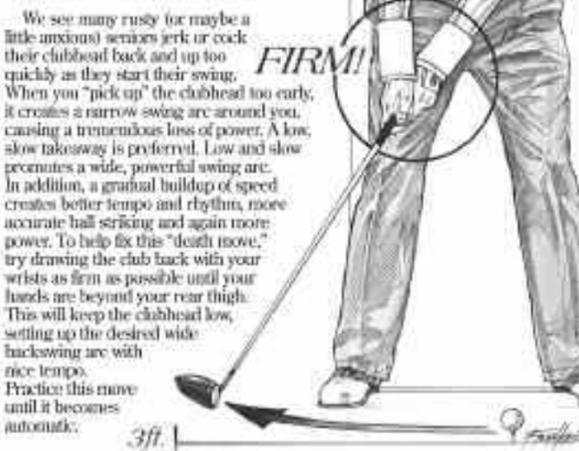
Team results - First place, Highlands Ridge N.; second place, River Greens; and third place, Golf Hammock.

Flight results - A Flight: First place, Carrie Eggbert (HH) with plus-8. Second place, Pam Webb (HRN) with plus-7. Third place, Joan Denstorff (SNLT) with plus-3. B Flight: First place, Dee Paul (RG) with plus-6. Tying for second/third places were Kate Lawson (HRS), Karen Jacobs (CCS) and Gail Whiting (SL) with plus-3. C Flight: First place, Rosie Foote (SL) with plus-5. Second place, Shirley Anthony (HRN) with plus 4. Tying for third/fourth/fifth/sixth/seventh places were Terri Halliman (HRS), Bonnie Nigh (GH), Donna Johnson (RG), Ruth Harris (GH) and Ginnie Kramer (SNLD) with plus-2 each. D Flight: First place, Karen Speaker (RG) with plus-6. Tying for second/third places were Joyce Stanley (GH), and Donna Koziol (BL) with plus-6 each.

Closest to the pin: A Flight, Carrie Eggbert (HH); B Flight, Jackie Christopher (HH); C Flight, No one; and D Flight, Ellie Aguiar (CCS).



**Low 'N' Slow = Wide 'N' Far**



By Jim McLean, owner, Jim McLean Golf School, author of the best-selling books "The Slot Swing" and "The 8-Step Swing," illustrated by Phil Franke

The Men's Association played a Men's Day event on Saturday, Oct. 13.

Tying for first/second places were the teams of Larry Roy, Butch Smith, Leo Persails and Lefty St. Pierre; B.C. Roberts, Johnny Wehunt, Don McDonald and Peter March with minus-16 each.

Closest to the pin: No. 3, Gary Ebeling, 4-feet-4-inches; No. 5, Cecil Lemons, 16-feet-7.5-inches; No. 12, Bill Mountford, 8-feet-6-inches; and No. 17, Ken Brunswick, 12-feet-6-inches.

The Morrison Group played a game Thursday, Oct. 11.

Front 9 - Winning first place were Joe Graf and Romy Febre with minus-7. Tying for second/third places were Jim Anderson, Butch Smith and Harold

Plagens with minus-6 each.

Back 9 - Tying for first/second places were Joe Graf and Harold Plagens; Jim Anderson and Butch Smith with minus-6 each.

The Ladies Association played a pro am tournament on Thursday, Oct. 11.

Tying for first/second places were the teams of with Bev Rudd, Linda Therrien and Karen Speaker; Carol Roy, Pat Gower, Betty Wallace and Jody Ethun plus-.5 each.

Individual winners were: First place, Linda Therrien with plus-3.5; and second place, Peggy Nicholson with plus-3.

The Men's Association played a men's pro am tournament on Wednesday, Oct. 10.

Winning first place was the team of B.C. Roberts, Gil Heier, Larry Roy and Harold Plagens with plus-12.5; second place, Cliff Steele, Tim Thomas, Don Ethun and Al Farrell with plus-7.5; and third place, Ken Koon, Jim Cery, Romy Febre and Jeff Bitcon with plus-5.5.

Individual winners were: A Flight (26-over): First place, Cliff Steele with plus-6. B Flight (24-25): Tying for first/second places, B.C. Roberts and Harold Plagens with plus-4 each. C Flight (21-23): First place, Gil Heier with plus-4.5. D Flight (20-under): First place, Jeff Bitcon with plus-3.

**SpringLake**

On Wednesday, Oct. 17, the women of the SpringLake Golf Association played a Low Gross/Low Net Flighted tournament on the Cougar Trail course.

The course was more enjoyable to play since we haven't had rain for a few days, therefore, the scores were much better.

We also welcome back our returning "snowbirds" and look forward to having many more return as the month progresses.

Low Gross winners were Judy Dunn (89) Flight 1, Linda Pflieger (88) Flight 2 and Donna Ryan (95) Flight 3.

The winners for Low Net were Debbie Delaney (67) in Flight 1, Rosie Foote (68) in Flight 2 and Jean Donahue (70) in Flight 3.

On Tuesday, Oct. 16, the SpringLake Men's Golf Association held an Individual Net Points - Flighted - competition, in which Eagles counted 6, Birdies counted 4, Pars counted 2, Bogeys counted 1 and Double Bogey up counted -1.

This was played on the Cougar Trail course.

Flight A (handicaps under 23) winner of first place was Gerry Esty, with 61 points.

Mr. Esty had one net Eagle and eleven net Birdies.

Second place in A Flight went to Richie Eastep with 59 points, including two net Eagles.

Third place went to Bob Hinde, whose 54 points included 2 net Eagles, 6 net Birdies, and 8 net Pars.

Winner of Flight B was Larry Colclasure with 64 points, including a net Double Eagle and 4 net Eagles.

Second place went to Dan Porter, who scored 63 points, while third place was awarded to John Schroeder, who had 59 points, including 2 net Eagles, and 8 net Birdies.

**Fish haul totaled 24 catches**

Continued from 1B

higher, but the "bite" was slow.

I'd catch one every 10 or 15 minutes, most in the 12-13" size, but the farther I got from the north end the rougher the water got.

Specks like a moving bait and the rough water certainly provided plenty of that.

I had to change the weight I was using three times just to get the minnows down near the bottom.

By 1 p.m. on Saturday, the bite stopped and I headed for home with 11 nice sized specks.

I'd only caught four undersize fish, so I was pleased to have a nice mess of filets.

Sunday morning I went out a little earlier, around 8 a.m. and the water was just about as rough.

I moved in closer to shore and found fish in 4-feet, 2-inches of water.

The drift, like Saturday,

was very fast, but I started catching specks within a few minutes in the shallower water.

Unlike the previous day, the first three or four specks I caught were all undersized.

Moving out to 5-feet, 4-inches of water, I started catching larger fish and even caught one double-header.

By noon the waves were just too much for me so I decided to call it a day.

When I arrived, there were three other boats in the vicinity, all apparently drift fishing or trolling for specks.

By the time I left, I was the only boat on the water.

None of the specks from Sunday were over 15" but a few were in the 14" range and with 11 specks on Saturday and the 13 from Sunday, I had 48 nice sized filets for future meals.

I'm not a big fish eater, but my wife and Mother-in-Law love fish, so I'll be

going back out to catch more before the season is over.

We really haven't had a "cold spell" yet in Highlands County, and I suspect when we do the speck fishing will be great.

Judging by the fish I caught over the weekend, catching a limit of these great eating fish is something every fisherman should be considering over the next month or two.

*Don Norton is a professional tournament bass fisherman, bass fishing guide, and custom rod builder. He has also taught a few fishing classes at the South Florida Community College. He lives in the Golf Hammock area of Sebring with his wife Lexie and is the owner of a custom rod building company appropriately named "The American Fisherman". He can be reached at 216-339-6571, 330-635-6682 or by email at donorton13@gmail.com. His website address is theamericanfisherman.com.*

**FT October activities**

**Saturday, Oct. 20**

Off-road Bike Ride or Trail Hike at the Gator Creek Reserve, US 98 north of Lakeland.

Proceed one mile past where US 98 changes from four lanes to two, entrance is on the right.

Part of the Green Swamp, one of Central Florida's most crucial natural resources. Despite the name, most of it is not underwater. Instead, it's a mosaic of cypress domes amid pine flatwoods, sandhills, and scrub, a recharge area for the Floridian Aquifer covering over 860 square miles to the north of Lakeland.

Bring walking shoes or hiking boots, water, sun and bug protection.

Contact: Bike: Brett Stoltz at 863-800-0743 or email [brett.stoltz@gmail.com](mailto:brett.stoltz@gmail.com).

Hike: Eileen Valachovic at 956-2145 for meet-up time

and other information.

**Sunday, Oct. 21**

Nature Walk at the Circle B Bar Preserve, SR 540 (Winter Lake Rd), Lakeland.

Approx. 3-mile walk to view birds and other wildlife at this scenic wildlife preserve which is home to an oak hammock, freshwater marsh, hardwood swamp and lake shore, a tremendous bird population, including a variety of wading birds, waterfowl, ospreys and bald eagles. Alligators inhabit Lake Hancock and may be observed from a distance. Pets are not allowed.

Bring walking or hiking shoes, water, snacks, sun and insect protection.

Contact: Liane Plumhoff at 646-2398 or [lplum@verizon.net](mailto:lplum@verizon.net).

**Saturday, Oct. 27**

Chapter Meeting, nature walk and potluck lunch at the Circle B Bar Reserve - Lakeland Area.

Entrance south side of SR 540 (Winter Lake Road) between US 98 and Thornhill Road

Description: Oak hammock, freshwater marsh, hardwood swamp and lake shore. Tremendous bird population, including a variety of wading birds, waterfowl, ospreys and bald eagles. Alligators inhabit Lake Hancock and may be observed from a distance.

Bring water, insect repellent sun protection, and a dish to based on last names beginning with A-H Dessert, I-Q Salad, R-Z Main Dish.

Contact: RSVP David Waldrop at 605-3587 for meet-up time and other details.

**PLEASE HELP!!!**

**HAVE YOU SEEN THIS?**

**IT KILLS ONE PERSON AN HOUR IN HIGHLANDS COUNTY.**

**YOUR COMMUNITY SPECIALIST SKIN DOCTOR.**

**DO NOT BE FOOLED BY IMITATIONS!!!**

**SAVE YOURSELF**

**CALL AMERICAN INSTITUTE OF DERMATOLOGY, P.A. FOR AN APPOINTMENT TODAY!**

**863-386-0786**

**GET YOUR LOCAL NEWS STRAIGHT FROM THE SOURCE... NEWS-SUN**

# HEALTHY LIVING

## Perkins joins Cornerstone Hospice in Sebring

*Special to the News-Sun*

SEBRING — Sebring resident Diana Perkins RN has joined the Cornerstone Hospice Highlands County office on Sparta Road.

Perkins came to Hospice via EDP College in San Sebastian and Good Samaritan Hospital in Aguadilla, Puerto Rico.

Perkins lives in Sebring with her husband Chris Perkins and their three children Carolina, Tania and Benjamin plus four step-children, Miguel, Brianna, Joan and Aaron. She comes from a sizable family herself with five sisters and one brother.

When Perkins was 13, her mom and dad decided to return to Puerto Rico.

It was a cultural shock to Diana who did not speak, read or write Spanish.

After graduating high school in Puerto Rico, Perkins had aspirations to become a doctor, but lacking required resources, she attended the nursing program at EDP College in San Sebastian, where she eventually received an associate's degree in nursing, graduating magna cum laude.

After working three years in the ER at Good Samaritan Hospital in Aguadilla, Perkins decided to move to Highlands County, where she worked at Highlands Regional Medical Center six years.

In due course, she learned Cornerstone Hospice was in search of a bilingual nurse to facilitate communications with the many Spanish-speaking patients and families residing in Highlands county in need of hospice care.

Yvonne Cannon, RN and patient care



Courtesy photo  
Sebring resident Diana Perkins RN has joined Cornerstone Hospice.

supervisor at the Cornerstone Hospice office on Sparta Road, said "we are elated at having a registered nurse of Diana's caliber join Cornerstone Hospice not merely for her bilingual ability, but because she has a track record of great nursing work in Puerto Rico as well as at Highlands Regional Medical Center. We have great expectations from her."

Cornerstone Hospice may be reached locally in Hardee and Highlands counties at (863) 382-4563 or toll-free (800) 503-5756, or [www.cornerstonehospice.org](http://www.cornerstonehospice.org) and also [www.SeriousIllness.org/Cornerstone](http://www.SeriousIllness.org/Cornerstone).

The Cornerstone Hospice office is at 2906 Sparta Rd. in Sebring.

## Pfizer: Kidney cancer drug narrowly misses study goal

NEW YORK (AP) — Pfizer Inc.'s advanced kidney cancer treatment Inlyta missed its main late-stage study goal when compared to another drug in patients who had not been treated for the disease.

The New York drugmaker said Wednesday that patients taking Inlyta had a median progression-free survival that exceeded that of patients taking the drug sorafenib, but the difference was not statistically significant. Progression-free survival measures the time from the start of treatment until a patient's cancer

begins advancing again or the patient dies.

A Pfizer official said in a statement the drug narrowly missed the goal, and the company would analyze the findings to figure out whether it should study Inlyta in subpopulations of so-called treatment-naive patients.

Inlyta, known chemically as axitinib, is a pill that's part of a promising new generation of targeted cancer drugs from Pfizer, the world's largest drugmaker. It targets proteins that affect the growth and spread of tumors and the development

of new blood vessels to feed those tumors.

It has already received approval in Europe, the United States and several other countries to treat adult patients with renal cell carcinoma who have been treated unsuccessfully with other drugs.

Renal cell carcinoma is the sixth-leading cause of cancer deaths. About a third of patients are not diagnosed until the cancer has spread to multiple body parts, limiting chances of survival.

## Medical marijuana advocates want drug reclassified

WASHINGTON (AP) — A federal appeals court in Washington is considering whether marijuana should be reclassified from its current status as a dangerous drug with no accepted medical use.

Last year, the Drug Enforcement Administration rejected a petition by medical marijuana advocates to change the classification, which kept marijuana in the same category as drugs such as heroin. The DEA con-

cluded that there wasn't a consensus opinion among experts on using marijuana for medical purposes. The petition had been filed in 2002.

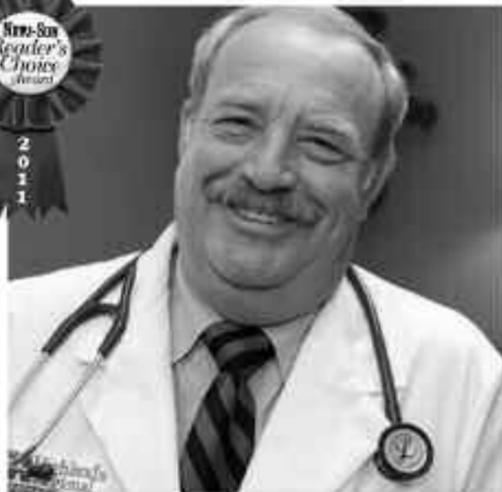
A medical marijuana group, Americans for Safe Access, want the U.S. Court of Appeals for the District of Columbia Circuit to force the agency to hold a hearing and conduct findings based on the scientific record.

The group's lawyer, Joe Elford, said that the DEA

had misapplied the law. He added there are numerous studies that show marijuana is effective as a medical treatment. The group's legal brief said marijuana could help people with chronic pain and the negative side effects of chemotherapy, among other things.

Marijuana is classified under "Schedule I" of controlled substances, meaning it has a high potential for abuse and no currently accepted medical use.

# Looking For A Primary Care Physician?



**Vernon Murphy, M.D.**  
Internal Medicine | Voted Best Doctor!  
3323 Medical Hill Road  
Sebring, Florida 33870  
863-471-9000



**Donald Ware, D.O.**  
Family Practice  
2341 US Hwy 27 S.  
Sebring, Florida 33870  
863-471-3500



**Robert Midence, M.D.**  
Internal Medicine  
3700 Emergency Lane  
Sebring, Florida 33870  
863-386-4302



**Euclides Marmolejos-Baez M.D.**  
Internal Medicine  
3700 Emergency Lane  
Sebring, Florida 33870  
863-386-4302  
401 West Interlake Blvd.  
Lake Placid, Florida 33852  
863-465-1725



**Natalia Rodriguez, M.D.**  
Internal Medicine  
3319 Medical Hill Road  
Sebring, Florida 33870  
863-382-2429  
401 West Interlake Blvd.  
Lake Placid, Florida 33852  
863-465-1725



**Yohanna Olivio, M.D.**  
Internal Medicine  
3319 Medical Hill Road  
Sebring, Florida 33870  
863-382-2429  
401 West Interlake Blvd.  
Lake Placid, Florida 33852  
863-465-1725



**MORE LOCATIONS.  
MORE CHOICES.**



Find us on Facebook!  
Highlands Medical Group

# HEALTHY LIVING

## Which cinnamon do you sprinkle?



**Dear Pharmacist**  
Suzy Cohen

**Dear Pharmacist:** I heard that cinnamon might lower blood sugar, is this true? Can I use cinnamon spice to lower my blood sugar if I'm taking metformin? Does cinnamon have other health benefits?

— E.G., Decatur, Ill.

**Answer:** There are different kinds of cinnamon, and the spice that you sprinkle on your oatmeal is not the best one in terms of health benefits. Yeah for real, didn't you know there were varieties of cinnamon? Hang on.

I think it's alright to combine cinnamon spice with metformin, but if you consume commercial supplements along with your medications, I suggest you track your blood sugar routinely and gain your physician's blessings. Remember, taking two anti-diabetic agents will enhance the blood sugar-lowering effect, and if it plunges too low, you get hypoglycemia. If you consume authentic, high-quality brands of cinnamon, this could actually happen to you. Symptoms of hypoglycemia include nausea, sweating, palpitations, weakness, fainting and anxiety.

Does cinnamon work? Several studies that have established health benefits for the warming, aromatic spice of autumn. Researchers

who conducted a meta-analysis concluded that cinnamon extract could reduce fasting blood sugar. That's great because it's well established that elevated fasting blood sugars are a risk factor for diabetes and heart disease.

The glycemic action of cinnamon is almost comparable to your medication but don't take that as an invitation to stop your metformin. My point is that cinnamon has some merits that need to be further elucidated. Here's one reference: Davis PA, Yokoyama W. Cinnamon intake lowers fasting blood glucose. *J Med Food*. April 2011.

Another study found that daily intake of cinnamon (for about two months) could significantly lower the fasting blood glucose, weight, and body fat mass in a patient with Type 2 diabetes, as compared to a control group. Scientists are trying to tease out whether cinnamon helps with colorectal cancer now. Just outstanding, but wait.

As I mentioned earlier, there are different varieties of cinnamon. The most popular kind is called Cassia and it's found in grocery stores, and served at coffee shops and restaurants. It's everywhere.

Genuine cinnamon, the kind I strongly recommend is called Ceylon, and you must buy it from nice spice shops, some herbal apothecaries or online.

Cassia and Ceylon cinnamon come from two different species.

Cassia, while tasty and used by millions of us, has a stronger, harsher tasted com-



**Cinnamon can have several health benefits, but you have to make sure you use the right form of the spice.**

pared to Ceylon. Cassia is actually known to contain a small amount of a moderately toxic component called coumarin. You don't have to worry about this, but hypothetically, if you took a ginormous dose, it could cause liver and kidney damage; it's also known to thin blood, considered a good thing but those of you on anti-coagulant drugs need to know.

Ceylon has a fine texture, tastes lovely, and contains a lot of health-promoting com-

pounds.

As we head into fall, sprinkle it on everything because Ceylon cinnamon contains eugenol and terpenoids, which are strong antiviral agents.

*Suzy Cohen is a registered pharmacist and the author of 'The 24-Hour Pharmacist' and 'Real Solutions.' For more information, visit www.DearPharmacist.com. This information is not intended to treat, diagnose or cure your condition.*

## Community outreach events planned through end of month

*Special to the News-Sun*  
Ace Homecare plans the following community outreach events through the end of October:

- Today - 9 a.m., Health Fair, Highlands Village, Villa Road, Sebring.

- Monday - 9 a.m., Coping with Transitions, Resthaven Assisted Living facility off State Road 64, Resthaven Road, Zolfo Springs; 10 a.m., Health Fair, Chatham Pointe, Stenstom Road, Wauchula; and 1 p.m., Caregivers Support Group, Crown Pointe Assisted Living Community, Sun 'N Lake Boulevard, Sebring.

- Tuesday - 9 a.m., Health Fair, Groves, behind Sebring Diner, U.S. Sebring; and 10:30 a.m., Health Fair, Lake Placid

Meal Site, Interlake

Boulevard, Lake Placid, - Wednesday - 9 a.m., Health Fair, Avon Park Meal Site, Main Street, Avon Park; and 1 p.m., Health Fair, Tanglewood, U.S. 27 Sebring.

- Monday, Oct. 29 - 9 a.m., Coping with Transitions, Resthaven Assisted Living facility off State Road 64, Resthaven Road, Zolfo Springs; and 1 p.m., Caregivers Support Group, Crown Pointe Assisted Living Community, Sun 'N Lake Boulevard, Sebring.

- Tuesday, Oct. 30 - 9 a.m., Health Fair, Groves, behind Sebring Diner, U.S. 27 Sebring; and 9 a.m., Health Fair, Avon Park Meal Site, Main Street, Avon Park.



**POSITIVE MEDICAL**

**Serving Highlands County for over 5 years!**

Let our professional staff of Paramedics, EMT's and Transport Certified Drivers transport you or a loved one in any scenario. Whether it be a wheelchair van ride to the store, or a life saving trip to a specialized care facility, Positive Medical Transport can take you there!

Wheelchair Services • Basic & Advanced Life Support • Special Events  
Bariatric Support & much more!

**863-655-0030**  
**1-877-605-3204**  
201 Commercial Court  
Sebring, FL 33876



**Follow the News-Sun online on** 

[www.twitter.com/thenewssun](http://www.twitter.com/thenewssun)

# HAPPY BIRTHDAY!



# SEBRING!

## THE CELEBRATION CONTINUES THIS WEEKEND!

### Friday October 19 • 7 p.m.

### Pier Beach Luau Party Tonight!

Wear your Wildest Most Colorful Tropical Attire....

\$50 Gas Cards for winners!

Limbo Contest, winner gets \$50 Publix Card!

Hula Hoop Contest, winner gets \$50 Publix Card!

DJ Rooter, various food vendors, Prizes!

Don Jose cash bar with Maragarita, Pina' Colada, Sangria, beer & wine!

Electric CitiCar Show, cars built in Sebring during the 70's!

### Saturday, October 20 • 5 p.m.

### GRAND FINALE BIRTHDAY BASH at Lakeshore Mall

See the biggest cake in Sebring, it's a replica of the downtown circle!

Soundworkz Barbershop Quartet

Live Band Long Shot

Prizes: Dinners for 2! \$50 Free play at Casinos! Kindle Fire! Much, Much, More!



Prizes including \$1,000 shopping spree!

2 night stay Hard Rock Hotel & Casino!



[www.Sebring100.com](http://www.Sebring100.com) • 863-655-5554 • [events@Sebring100.com](mailto:events@Sebring100.com)

# HEALTHY LIVING



## Top 10 tech tips for a healthier heart

### Family Features

The message that a healthy lifestyle helps protect your heart isn't new.

If you'd like to do more to take care of your heart, here are 10 ways technology can make that easier.

1. Stop smoking: Apps such as Smoke Reducer for Android, and iQuit for iPhone can help you wean off tobacco. You can also use the Firefox add-on Quitozilla, which shows you how much money you save by not smoking, the number of cigarettes not smoked, and the overall time since your last smoke.

2. Stay within a healthy weight range: Make it easier to monitor your weight-loss progress with the iHealth Wireless Scale. You can track your weight over time, and see results in relation to daily activity, time of day, diet, exercise, and more. The scale lets you set a milestone and share your results with doctors, fitness buddies and family. The free companion iHealth Scale app works with iPod touch, iPhone and iPad.

Learn more at [www.ihealth99.com](http://www.ihealth99.com).

3. Limit alcohol and caffeine: Keep track of how much you're drinking with the DrinkControl or Alcohol Monitor apps for iPhone, or the SoberApp for Android. They estimate your blood alcohol content and let you know whether or not you should drive. To monitor your caffeine intake, try the Caffeine Zone 2 for iPhone and iPad, or the Caffeine Monitor app for Android.

4. Take care of your teeth: Research suggests that there may be a link between periodontal disease and heart disease. Go online and check the American Dental Association's database at [www.ADA.org](http://www.ADA.org) to find oral health care products that have the ADA seal of approval. At the ADA website, you can also watch videos on a variety of oral health care topics.

5. Keep tabs on your blood pressure: The Mayo Clinic recommends you monitor your blood pressure at home and visit your doctor regularly. With the iHealth Blood Pressure Dock, ([www.ihealth99.com](http://www.ihealth99.com)), you can accurately measure your blood pressure, track your readings over time, and share that information with healthcare providers, friends and family members. The Dock comes with a blood pressure arm cuff and doubles as a charging station for your iPod touch, iPhone and iPad. The companion iHealth app is available for free.

6. Reduce stress: Try a portable biofeedback device, like the StressEraser, to help you relax by synchronizing your breathing and your heart rate. If having too much on your plate and too many interruptions causes you stress, try Quiet Hours. It

lets you shut down your computer's communication apps, like instant messaging, for a specified period of time.

7. Exercise regularly: The Online Activity Tracker from the American Heart Health Association lets you create a personalized walking plan, log time or distance traveled, plot and save walking routes, and more. Check it out at [www.start-walkingnow.org](http://www.start-walkingnow.org). You can also use the AHA Walking Paths app for Android and iPhone.

8. Eat right: Tracking the foods you consume helps you better understand your caloric and nutritional intake. The Lose It! app for the iPhone allows you to enter and track your meals and snacks, and keep track of your weight loss progress and goals via the app, as well as access your account online. Visit [www.loseit.com](http://www.loseit.com) for more information. Offering many of the same capabilities, Android phone users can use the Diet Assistant app at [dietaassistantapp.com](http://dietaassistantapp.com).

9. Make sleep a priority: Not getting enough sleep can raise your blood pressure and make it more likely you'll have a stroke or heart attack. Learn more about your sleep patterns with a sleep monitor. You can try a headband monitor, such as the Zeo, ([www.myzeo.com](http://www.myzeo.com)), or an armband monitor such as the SleepTracker, ([www.sleeptracker.com](http://www.sleeptracker.com)). Each keeps track of your sleep cycle and helps you wake up at the optimal time.

10. Know your family history: Knowing your family's medical history can help you identify patterns that might be relevant to your own heart health. There are a number of online tools such as My Family Health Portrait at <https://FamilyHistory.hhs.gov> to help you gather and store that information.

## Keeping kids and teens tobacco-free

### Family Features

The teen years bring plenty of changes for students, as well as new worries for parents. Smoking is at the top of that list for many parents. Every day in the U.S., approximately 3,600 children between the ages of 12 and 17 start smoking cigarettes, according to the Centers for Disease Control (CDC). That number has plenty of parents looking for ways to help keep their children from starting, too.

There are a number of influences that get young people to start smoking, including:

- Having friends, peers or parents who use tobacco.
- Linking smoking with a positive social image and bonding with a peer group.
- Seeing tobacco use as a transition to adulthood.
- Underestimating the health consequences of tobacco use.

— Not understanding that the nicotine in tobacco is addictive.

— Low self-esteem.

— Lacking skills to resist influences.

What keeps kids and teens from smoking? One of the biggest influencers is having strong parental support. Having conversations about the issue really does have an impact on teens' decisions about tobacco use. Here are some tips for talking to your teen:

Keep the lines of communication open. Talk on a regular basis. The more you talk about a wide range of issues with your child, the easier it is to talk about specific topics such as tobacco. In general conversation, emphasize all the things your child does well rather than things they don't do well. And demonstrate respect for your child's opinions. Show you're listening and ask follow-up questions.

Talk, don't lecture. Discussions will be received far better than a monologue from you. Here are some conversation starters:

— "I understand you've been talking in school about peer pressure and the health consequences of tobacco use. Tell me about some of the things you've learned."

— If you see smoking portrayed in the media, say "I wonder why the director had that guy light up a cigarette in the last scene. What do you think?"

— If you and your child see a young person smoking, use it as an opening by saying something like, "How much tobacco use are you seeing in your school? I wonder if it's the same as when I was your age."

Talk about health consequences. They need to know



Family Features

When it comes to talking with your kids about tobacco, talk with them instead of giving a lecture.

what can happen to them.

— Tobacco smoke contains more than 4,000 chemicals. According to the National Institute on Drug Abuse (NIDA), the most dangerous chemicals in cigarette smoke, besides nicotine, are tar and carbon monoxide. NIDA also states that tar causes lung cancer, emphysema, and bronchial diseases, and that carbon monoxide causes heart problems.

— According to NIDA, health risks can be immediate, affecting breathing, for example. And addiction can occur after smoking as few as 100 cigarettes, according to the Centers for Disease Control and Prevention.

Another influencer for adolescents is having a school program that teaches them to identify the social

influences of tobacco use, and that teaches them refusal skills. That's why many middle schools use the free supplemental teaching materials known as Right Decisions Right Now (RDRN), a program sponsored by R. J. Reynolds.

RDRN helps educate students about the risk of using tobacco products, helps them build good decision-making

skills, and gives them ways to handle peer pressure. The program is available in an easy-to-use, digital format, which lets educators, community youth groups, and anyone concerned about reducing youth tobacco use utilize the free materials.

Learn more about the program, and find more parent resources, at [www.rightdecisionsrightnow.com](http://www.rightdecisionsrightnow.com).

**Today is the day.**

You can start making healthier choices.

Stop in to see our huge selection of vitamins, herbs, cleansers, health, beauty products & more to help you to a healthier lifestyle. We are your one stop shop for all of your healthy lifestyle needs.

**Apple A Day**

Vitamins & Health Foods

863-386-0110 • 2938 US 27 S., Sebring  
Mon-Fri 9-5pm • Sat 9-2pm

**DERMATOLOGY**

- Growths • Warts •
- Acne • Rashes •
- Skin Discoloration •
- Skin Cancer •

Most insurances accepted including Medicare, Aetna, BCBS Options, Cigna, United Healthcare

Appointments available now!  
Call 863-386-0786

Darrin A. Rotman M.D.  
Julie L. Iellimo P.A.-C.  
Jennifer A. Wolf P.A.-C.

The Groves at VICTORIA PARK  
Live your Golden Years here!

Seniors, 55 & up beautiful 1 & 2 bedroom apartments waiting for you!

- 5 Story Bldg.
- Elevators
- Small Pet Friendly
- Emergency Cords (that work to your apt)
- Swimming Pool
- Shuffleboard
- Computer Room
- Laundry Site
- Activity Room

Come visit & see your future Lifestyle!  
863-385-8460

**ALERT!**

The company soliciting door-to-door is NOT affiliated with

**CENTRAL SECURITY**  
ALARM SYSTEMS

- We have been local since 1988 and have no affiliates.
- We do not solicit door-to-door.
- Our vehicles are yellow & clearly marked.
- Employees always have the company logo on their shirts.

CALL US FOR HONEST ANSWERS TO ALL OF YOUR SECURITY AND CAMERA QUESTIONS!

LIC# EF1000229

382.3662 • 465.3352 [www.CentralSec.com](http://www.CentralSec.com)

**It's Hot**

Don't Sweat it any longer!

**5.9% APR OR**

**0% APR with payment in Full in 36 months**

**OR Up to \$1250 Rebate!**

On Qualifying Systems.

August 15, 2012 - Oct 31, 2012

**MILLER'S**  
**CENTRAL AIR, INC.**

699-5455  
382-8488

COMFORT SPECIALIST

Think Miller's  
Think Cool

CAC058675

See your independent Trane dealer for complete program eligibility, dates, details and restrictions. Special financing offers OR instant rebate from \$100 up to \$1,250 valid on qualifying systems only. All sales must be to homeowners in the United States. Void where prohibited. The Home Projects® Visa® card is issued by Wells Fargo Financial National Bank. Special terms apply to qualifying purchases charged with approved credit at participating merchants. The special terms APR will continue to apply until all qualifying purchases are paid in full. Reduced Rate APR: Monthly payments of at least 1.75% of the purchase balance are required during the special terms period. 0% APR: The minimum monthly payment will be the amount that will pay for the purchase in full in equal payments during the special terms period. For newly opened accounts, the regular APR is 27.99%. The APR will vary with the market based on the U.S. Prime Rate. The regular APR is given as of 1/10/2012. If you are charged interest in any billing cycle, the minimum interest charge will be \$1.00. The regular APR will apply to certain fees such as a late payment fee or if you use the card for other transactions. If you use the card for cash advances, the cash advance fee is 5.0% of the amount of the cash advance, but not less than \$10.00.

# RELIGION

## Atonement Lutheran Church - ELCA

SEBRING — This is the 21st Sunday after Pentecost. Rev. Jefferson Cox's sermon Sunday will be based on the gospel reading of Mark 10:35-45.

Thursday Bible study is on the gospel of John with Sharon Palmer as leader. Saturday will be work day - spreading the mulch. Come if you can help at 9 a.m.

## Christ Lutheran Church

AVON PARK — Pastor Scott McLean will preach a sermon titled "The Meaning of Life."

The church is at 1320 County Road 64.

Men's Fraternity on Thursday is "The Quest for Genuine Manhood."

Call 471-2663 or search online at christlutheranavonpark.org.

## Christian Training

SEBRING — Associate Minister Casey L. Downing will bring the message titled "Cutting Edge" at the Sunday morning service. The Wednesday night Bible study is the Gospel of John.

## Emmanuel United Church of Christ

SEBRING — Rev. George Miller will deliver the Sunday morning sermon, "Centennial

Satisfaction," with Scripture taken from Psalm 91:9-16.

The church is 1.7 miles west of U.S. 27 on County Road 634 (Hammock Road). Call 471-1999 or visit sebringemmanuelucc.com.

## Faith Lutheran Church

SEBRING — Sunday morning, the church celebrates the Mission Month. Visiting missionary Fred Reinhardt will deliver his sermon, "God Is Sending Workers into His Harvest," from lessons of the day from Luke 10:1-3 and II Corinthians 5:18-19. There will be a potluck after the worship service; all are welcome.

Tuesday Bible study is from the Book of Nehemiah in the downstairs of the church.

Beth Moore Bible Study enters its fourth week today.

## First Christian Church-Avon Park

AVON PARK — The Wednesday evening Bible study is from the book of I Peter.

First Christian Church of Avon Park is at 1016 W. Camphor (behind the Wells Fargo Bank). Call 453-5334 or e-mail firstchristianap@embarqmail.com with any questions or to request information. The church website is www.firstchristianap.com.

## Revival today



Courtesy photo

**The second annual Revival Clamor for Avon Park will be from 6:30-9:30 p.m. today and Saturday at the Gazebo on Main Street in the city of Avon Park featuring evangelist Randy Island. Bi-lingual preaching in Spanish to English. This event is sponsored by the Hispanic Christian Church Mount Zion 'Iglesia Cristiana Monte Zion.' For more information, call the church at 453-4343.**

## First Christian Church (Disciples of Christ)

SEBRING — At the Lord's Table on Sunday morning will be Anna Coley and Linda Ellis. Communion will be served by Carol Chandler, Fran Goff, Sandra Laufer and Effie Simmonds.

Greeting the congregation will be Linda Johnson. The acolyte for the day is Daniel Thibodeau.

The pastor's sermon is titled "Love and Faith," taken from Colossians 1:5-9.

For any additional information, call the church office at 385-0352. The church is at 510 Poinsettia Ave.

## First Presbyterian Church of Avon Park

AVON PARK — The pastor's sermon Sunday is titled "Not Our Job", based on John 1:1-13.

In the adult Sunday school class, the pastor leads the class in a video series titled "The Life and Ministry of the Messiah," sponsored by Focus on the Family. The lessons are filmed on location in Israel and narrated by historian/teacher Ray Vander Laan. Sunday's film is titled "Jerusalem - City of the Great King."

The Youth Group will take a field trip Sunday afternoon to Hunstader Farms, leaving the church at 12:30 p.m., after worship service. Admission of \$8 will be paid for by the youth fund. Please bring money for lunch and spending money. Bring water and wear sunscreen. The group will return to the church by 6 p.m. Families are welcome and there will be car pooling. Let the youth leader know you plan to go.

Sunday is the last day for donations for Noah's Fall Festival, which is being held again at the

Avon Park High School from 5-9 p.m. Saturday, Oct. 27.

On Tuesday, the Florida Presbytery (men's group) will hold its annual meeting at Lake Wales.

Wednesday Bible study will be led by the pastor teaching "How Do We Glorify God?"

On Saturday, Oct. 27 at 8 a.m., church members will set up for Noah's Fall Festival at Avon Park High School.

The church is at 215 E. Circle St. (with two entrances on Lagrande Street). Call 453-3242.

## First Presbyterian Church of Sebring

SEBRING — "The Paradox of God's Presence" is the title of Sunday morning's sermon, given by guest speaker Rev. Tom Schneider.

Wednesday is the Jubilee Birthday covered dish supper at 6:30 p.m. Bring a covered dish to share, beverages and dessert provided. Men's Prayer Breakfast is at 8 a.m. Thursday at Sandy's Restaurant.

## First United Methodist Church of Sebring

SEBRING — Rev. A.C. Bryant's sermon will be "The Unknown God" with Scripture taken from

Continued on page 9B

# PLACES TO WORSHIP

Places to Worship is a paid advertisement in the *News-Sun* that is published Friday and Sunday. To find out more information on how to place a listing in this directory, call the *News-Sun* at 385-6155, ext. 502.

## ASSEMBLY OF GOD

■ **Christ Fellowship Church (Assembly of God)**, 2935 New Life Way, Bearing His Name; Preaching His Doctrine; and Awaiting His Coming. "Worshipping God in Spirit and in Truth." Sunday School, 9 a.m.; Morning Worship, 10 a.m.; Evening Worship, 6 p.m. Wednesday: Worship, 7 p.m. Pastor Eugene Haas. Phone 471-0924.

■ **First Assembly of God**, 4301 Kenilworth Blvd., Sebring. The Rev. Wilmont McCrary, pastor. Sunday School, 10 a.m.; Morning Worship and KIDS Church, 11 a.m.; Evening Worship, 7 p.m. Wednesday Family Night, (Adult Bible Study), LIFE Youth Group, Royal Rangers, Missionettes, 7:30 p.m. Phone 385-6431.

## BAPTIST

■ **Avon Park Lakes Baptist Church**, 2600 N. Highlands Blvd., Avon Park, FL 33825. George Hall, Pastor. Christ centered and biblically based. Sunday worship services, 8:30 a.m., 11 a.m. and 6 p.m. Nursery facilities are available. Bible studies at 9:45 a.m. Sunday and 7 p.m. Wednesday. Prayer Time 6:30 p.m. on Wednesday. Bible classes at 9:45 a.m. are centered for all ages. Choir practice at 5 p.m. Sunday. Church phone: 452-6656.

■ **Bethany Baptist Church (GARBC)** We are located at the corner of SR17 and C-17A (truck route) in Avon Park. Join us Sunday morning at 9:00 AM for coffee and doughnuts, followed with Sunday School for all ages at 9:30. Sunday morning worship service begins at 10:30 a.m., and evening worship service is at 6 p.m. On Wednesdays, the Word of Life teen ministry and the Catelyst class (20's+) begin at 6:30 PM. The adult Bible and Prayer Time begins at 7 p.m. For more information go to www.bethanybaptistap.com or call the church office at 863-452-1136.

■ **Faith Missionary Baptist Church**, off State Road 17 North of Sebring at 1708 LaGrange Ave. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 6 p.m. Wednesday Service, 7 p.m. Deaf interpretation available. Ken Lambert, Pastor. Phone 386-5055.

■ **Fellowship Baptist Church**, 1000 Maxwell St., Avon Park, FL 33825. Sunday: Sunday School, 9:30 a.m.; Morning Worship, 10:45 a.m.; Wednesday: Evening Service, 7 p.m.; Children/Youth, 7 p.m. Telephone: 453-4256. Fax: 453-6986. E-mail: [office@apfellowship.org](mailto:office@apfellowship.org); Web site, [www.apfellowship.org](http://www.apfellowship.org).

■ **First Baptist Church of Avon Park**, 100 N. Lake Ave., Avon Park. Rev. Jon Beck, pastor; Charlie Parish, associate pastor/youth and families; Joy Loomis, music director; Rev. Johnattan Soltero, Hispanic pastor. Sunday — Sunday school, 9:30 a.m.; Worship, 10:45 a.m.; Children's Church, 10:45 a.m.; Youth 445, 4:45 p.m.; Evening Worship, 6 p.m. Wednesday - Wednesday Night Supper, 5:15 p.m.; Children's Choir, 6 p.m.; Youth Activities, 6:30 p.m.; Prayer Meeting/Bible Study, 6 p.m.; Worship Choir Practice, 6 p.m.; Mission Programs for Children, 6:45 p.m. Hispanic Services: Sunday school at 9:30 a.m., worship service at 11 a.m. Wednesday Bible study at 7 p.m. Sunday broadcast on Cable TV Channel 6. Call 453-6681 for details. "In the heart of Avon

Park, for the hearts of Avon Park."

■ **First Baptist Church of Lake Josephine**, 111 Lake Josephine Drive, Sebring (just off U.S. 27 midway between Sebring and Lake Placid). Your place for family, friends and faith. Sunday morning worship service is 11 a.m. Nursery is provided for both services with Children's Church at 11 a.m. Life changing Bible Study for all ages starts at 9:45 a.m. Associate Pastor Allen Altwater leads the youth in their quest to become more like Christ. Sunday night worship at 6 p.m. Wednesday Bible Study and Prayer meeting at 7 p.m. along with youth worship in the youth facility, and missions training for all children. Call the church at 655-1524.

■ **First Baptist Church of Lake Placid**, Knowing God's Heart and Sharing God's Hope, 119 E. Royal Palm St., Lake Placid, FL 33852 (863) 465-3721, Website: [www.fbclp.com](http://www.fbclp.com). Email: [information@fbclp.com](mailto:information@fbclp.com). Sunday services - Traditional Service 9 a.m., Contemporary Service 10:30 a.m. Link Groups at 9 and 10:30 a.m., Wednesday Activities: Family dinner at 5 p.m. (\$4 per person, reservations required). Prayer meeting, Youth Intersections, and MaxKidz Extreme meet at 6:15 p.m. The church is at 119 E. Royal Palm St., Lake Placid. For information, call 465-3721 or go to [www.fbclp.com](http://www.fbclp.com).

■ **First Baptist Church of Lorida** located right on U.S. 98 in Lorida. Sunday School begins at 9:45 a.m. for all ages. Sunday worship services are at 11 a.m. and 6:30 p.m. Preschool care is provided at the 11 a.m. worship service. Wednesday evening Bible Study and Prayer meeting is at 6:30 p.m., followed by adult choir rehearsal. From September the AWANA groups meet. First Lorida is the "Place to discover God's love." For more information about the church or the ministries offered, call 655-1878.

■ **First Baptist Church, Sebring**, 200 E. Center Ave., Sebring, FL 33870. Telephone: 385-5154. Dr. David E. Richardson, senior pastor; and Rev. Nuno Norberto, associate pastor, minister of music and senior adults. Group Bible Studies, 9:15 a.m.; Blended Service, 10:30 a.m.; Mision Buatista Hispana, 2 p.m.; Sunday Evening Worship, 6 p.m. Wednesday night programs at the ROC begin 5:30 p.m., at church begin 6:30 p.m. Preschool and Mother's Day Out for children age 6 weeks to 5 years old. Call 385-4704.

■ **Florida Avenue Baptist Church**, 401 S. Florida Ave., Avon Park. Mailing address is 710 W. Bell St., Avon Park, FL 33825. Telephone, 453-5339. Rev. John D. Girdley, pastor. Sunday School, 9:45 a.m.; Sunday Worship, 11 a.m.; 11 a.m. Children's Church; Sunday Evening Worship, 6 p.m. Wednesday night programs for children, youth and adults at 7 p.m.

■ **Independent Baptist Church**, 5704 County Road 17 South, Sebring, FL 33876. Sunday School, 9:30 a.m. Sunday worship, 10:30 a.m. Sunday evening, 6 p.m. Wednesday service, 7 p.m. Fundamental, soul-winning, mission-minded, King James Bible Church. Larry Ruse, pastor. Phone 655-1899. Bus transportation.

■ **Leisure Lakes Baptist Church**, 808 Gardenia St., Lake Placid (just off of Miller at the west end of Lake June) "Where the old fashion gospel is preached." Sunday School begins at 9:30 a.m.; Sunday Worship service at 10:45 a.m.; Sunday Evening Service is at 6 p.m. Wednesday Prayer Meeting and Bible Study at 6 p.m. Call the church at 699-0671 for more information.

■ **Maranatha Baptist Church (GARBC)**, 35 Maranatha Blvd., Sebring, FL 33870 (A half mile east of Highlands Avenue on Arbuckle Creek Road.) Sunday School, 9 a.m.; Morning Worship, 10:15 a.m.;

Evening Service, 6 p.m. Mid-week service, Wednesday, 6 p.m. Daily Prayer and Bible Study, 8 a.m., Hamman Hall. Pastor Gerald Webber and Associate Pastors Don Messenger and Ted Ertle. Phone 382-4301.

■ **Parkway Free Will Baptist Church**, 3413 Sebring Parkway, Sebring, FL 33870. Welcome to the church where the "Son" always shines. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m.; and Wednesday Evening Worship, 7 p.m. End-of-the-Month-Sing at 6 p.m. on the last Sunday of each month. The Rev. J.S. Scaggs, pastor. Church phone: 382-3552. Home phone: 214-3025. Affiliated with the National Association of Free Will Baptists, Nashville, Tenn.

■ **Sparta Road Baptist Church, (SBC)** 4400 Sparta Road. Rev. Mark McDowell, Pastor. Sunday school, 9:45 a.m.; Sunday Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m. Wednesday: Prayer/Bible Study, 6 p.m. Nursery provided. For information, call 382-0869.

■ **Southside Baptist Church (GARBC)**, 379 S. Commerce Ave., Sebring. David C. Altman, Pastor. Sunday School for all ages, 9:30 a.m.; Morning Worship Service, 10:45 a.m.; Evening Worship, 6 p.m. Wednesday: Student ministry, 6:30 p.m.; Awana kindergarten through fifth grade, 6:30 p.m.; Adult Midweek Prayer and Bible Study, 7 p.m. A nursery for under age 3 is available at all services. Provisions for handicapped and hard-of-hearing. Office phone, 385-0752.

■ **Spring Lake Baptist Church**, "Where the Bible is Always Open." Pastor Richard Schermerhorn, 7408 Valencia Road; 655-2610. Assistant Pastor Ronald Smith, 386-1610. On U.S. 98 at the Spring Lake Village II entrance. Sunday School, 9:45 a.m. for all ages; Morning Worship, 10:45 a.m.; Sunday Evening Worship, 6 p.m. Wednesday Mid-week Bible Study and Prayer Service, 6:30 p.m. Nursery available for all services.

■ **Sunridge Baptist Church, (SBC)** 3704 Valerie Blvd. (U.S. 27 and Valerie, across from Florida Hospital), Sebring. Tim Finch, pastor. Sunday School, 9:30 a.m.; Sunday Morning Worship, 10:45 a.m.; and Sunday Evening Service, 6 p.m. Wednesday: Prayer, Bible Study, and Youth, 6:30 p.m. Nursery provided. For information, call 382-3695.

## CATHOLIC

■ **Our Lady of Grace Catholic Church**, 595 East Main St., Avon Park, 453-4757. Father Nicholas McLoughlin, pastor. Saturday Vigil Mass is 4 p.m. in English and 7 p.m. in Spanish; Sunday mass 8 and 10:30 a.m. in English. Weekday mass at 8 a.m. Confessions are at 3:30 p.m. Saturday. Religious Education Classes are 9-10:20 a.m. Sunday for grades K through 8th. Confirmation class is from 6:30-8 p.m. Wednesday. Youth Nights grades 6th and up, 6:30-8 p.m. Wednesday.

■ **St. Catherine Catholic Church**, 820 Hickory St., Sebring. Mailing address: 882 Bay St., Sebring, FL 33870, 385-0049; fax, 385-5169; email, [office@stcatho.com](mailto:office@stcatho.com); website, [www.stcatho.com](http://www.stcatho.com). Very Rev. José González, V.F., [frjose@stcatho.com](mailto:frjose@stcatho.com); Parochial Vicar, Rev. Victor Caviedes, 385-3993; Assisting Priest (retired), Rev. J. Peter Sheehan; Deacons, Rev. Mr. James R. McGarry and Rev. Mr. Max M. Severe. Parish office hours, 8:30 a.m. to 1:30 p.m. Monday-Friday. CONFESSIO: First Friday 7:15-7:45 a.m.; Saturday 3-3:45 p.m.; Or by appointment with any priest. WEEKEND MASS SCHEDULE: Saturday Vigil: 4 p.m.; Sunday: 8 and 10 a.m.; Sunday Spanish Mass: noon; Last Sunday of the month: 2 p.m. (Creole/French); Sunday Family Mass

5 p.m. (Holy Family Youth Center). DAILY MASS SCHEDULE: Monday through Friday: 8 a.m. and noon; Saturday: 9 a.m.

■ **St. James Catholic Church**, 3380 Placidview Drive, Lake Placid, 465-3215. Father Michael J. Cannon. Mass schedule: Summer (May 1 to Oct. 31) - Saturday Vigil, 4 p.m.; Sunday 8 a.m. and 9:30 a.m.; Weekdays, 9 a.m. December thru Easter - Saturday, 4 p.m.; Sunday, 8 a.m., 9:30 a.m. and 11 a.m.; Weekdays 9 a.m.; and Holy Days 8 a.m., 9:30 a.m. and 7 p.m., first Saturday at 9 a.m.

## CHRISTIAN

■ **Cornerstone Christian Church**, (Saxon Hall) 1850 US 27 South, Avon Park, FL 33825. Love Christ - Love People. Bill Raymond, Preaching Minister. Jon Carter, Music Minister. Sunday, 9 a.m. Bible Study; 10 a.m. Worship; Communion available each week. Wednesday, 7 p.m. Home Fellowship Group. For more information call 453-8929 or 449-0203.

■ **Eastside Christian Church**, 101 Peace Ave., Lake Placid, FL 33852 (two miles east of U.S. 27 on County Road 621), 465-7065. Ray Culpepper, senior pastor. Sunday: Bible classes, 9 a.m.; Worship Celebration with the Lord's Supper each week 10:15 a.m. Thelma Hall, organist; and Pat Hjort, pianist. Wednesday: Praise and Prayer, 6:30 p.m.; "Building God's Kingdom for Everyone." "Jesus Christ, the Way, Truth and Life!" "Alive and Worth the Drive!"

■ **Sebring Christian Church**, 4514 Hammock Road, Sebring, FL 33872. Tod Schwingel, Preacher; David Etherton, Youth Pastor. Sunday Worship, 9:30 a.m.; Sunday School, 11 a.m.; Sunday Youth Service, 6 p.m.; Evening service at 6:30 p.m. Wednesday night meals, 5:30 p.m. followed by classes at 6:30 p.m. Changing Seasons, a men's grief support group, meets at 1:30 p.m. Wednesdays. Alzheimers Caregivers Support Group meets at 1 p.m. Thursdays. Office hours, 9 a.m. to 1 p.m. Monday-Friday. Phone 382-6676.

■ **First Christian Church (Disciples of Christ)**, 510 Poinsettia Avenue, (corner of Poinsettia and Eucalyptus), Sebring, FL 33870. Phone: 385-0358 or 385-3435. The Rev. Ronald Norton, Pastor; Sunday School, 9 a.m.; Praise Breakfast, 10 a.m., Morning Worship, 10:30 a.m.; Children's Church, 10:30 a.m. Thursday, Praise and Worship, 6:45 p.m. Youth Fellowship, 7:15 p.m.; Midweek Bible Study, 7:15 p.m.

## CHRISTIAN & MISSIONARY ALLIANCE

■ **The Alliance Church of Sebring**, 4451 Sparta Road, Sebring, FL 33875. Call 382-1343. Rev. Steve Hagen, pastor. Sunday services: Sunday School meets at 9:30 a.m.; Sunday Morning Worship Service meets at 10:30 a.m.; Sunday Evening Bible Study meets at 6 p.m. (off site); Wednesday Prayer Gathering meets at 6 p.m.

## CHRISTIAN SCIENCE

■ **Christian Science Church**, 146 N. Franklin St. Sunday: 10:30 a.m. morning worship and Sunday school. Testimonial meetings at 4 p.m. each second and fourth Wednesday. A free public reading room/bookstore, located in the church, is open before and after church services. The Bible and the Christian Science textbook, "Science and Health with Key to the Scriptures" by Mary Baker Eddy are our only preachers. All are welcome to come

and partake of the comfort, guidance, support and healing found in the lesson-sermons.

## CHURCH OF BRETHREN

■ **Church of the Brethren**, 700 S. Pine St., Sebring, FL 33870. Sunday: Church School, 9 a.m.; Morning Worship, 10:15 a.m. Wednesday: Temple Choir, 7:30 p.m. Phone 385-1597.

## CHURCH OF CHRIST

■ **Avon Park Church of Christ**, 200 S. Forest Ave., Avon Park, FL 33825. Minister: Don Smith. Sunday Worship Services, 10:30 a.m. and 6 p.m. Nursery facilities are available at every service. Bible Study: Sunday, 9:30 a.m. and Wednesday, 7 p.m. Bible centered classes for all ages. Church phone: 453-4692.

■ **Lake Placid Church of Christ**, 1069 Hwy 27 North, Lake Placid, FL 33852. Mailing address is P.O. Box 1440, Lake Placid, FL 33862. Sunday morning worship is at 10 a.m. Sunday evening worship is 6 p.m. Bible class 9 a.m. Sundays and Wednesday evenings at 7 p.m. All are invited to join us. For more information, call the church at 863-465-4636 or visit the website <http://www.thelordsway.com/lakeplacid-cofc/>.

■ **Sebring Parkway Church of Christ**, 3800 Sebring Parkway, Sebring, FL 33870; 385-7443. Minister: Kevin Patterson. Times of service are: Sunday Bible Class, 9 a.m.; Sunday Worship Service, 10 a.m.; Sunday Evening Service, 6 p.m.; Wednesday Bible Class, 7 p.m.

## CHURCH OF NAZARENE

■ **First Church of the Nazarene of Avon Park**, P.O. Box 1118., Avon Park, FL 33825-1118. 707 W. Main St. Randall Rupert, Pastor. Sunday: Sunday school begins at 9:45 a.m. for all ages; morning worship at 10:45 a.m.; and evening service at 6 p.m. Wednesday evening service is at 7 p.m. with special services for children and adults. Special services once a month for seniors (Prime Time) and Ladies ministries. If you need any more information, call 453-4851.

■ **First Church of the Nazarene of Lake Placid**, 512 W. Interlake Blvd., Lake Placid, FL 33852. Sunday school, 9:30 a.m.; Morning worship, 10:45 a.m.; Evening service, 6 p.m. Wednesday evening, 7 p.m. Classes for adult children and youth. Call 465-6916. Pastor Tim Taylor.

## CHURCHES OF CHRIST IN CHRISTIAN UNION

■ **Community Bible Church - Churches of Christ in Christian Union**, (Orange Blossom Conference Center) 1400 C-17A North (truck route), Avon Park. Presenting Jesus Christ as the answer for time and eternity. Sunday morning worship service, 10:30 a.m. Nursery provided. Junior Church activities at same time for K-6 grade. Sunday School Bible hour (all ages), 9:30 a.m. (Transportation available.) Sunday evening praise and worship service, 6 p.m. Wednesday evening prayer service, 7 p.m. Children and youth activities at 7 p.m. Wednesday. Everyone is welcome, please come worship with us. Tom Schwankweiler, Pastor. Phone 453-6052.

# RELIGION

Continued from page 8B

Acts 17:16-34. The youth will provide the special music.

Family Movie Night at 6 p.m. Saturday is showing "Seven Days in Utopia" in the Family Life Center, second floor.

The pastor's Wednesday Bible study is "Receive God's Blessings" in the library. The Sunday evening family session begins with dinner.

The Family Fall Festival will be from 4:30-7 p.m. Friday Oct. 26 and includes a chili cook-off, games and "Trunk or Treat."

The church is downtown at 126 S. Pine St. Visit the website at [www.sebringfirstumc.com](http://www.sebringfirstumc.com). Call the church office for information at 385-5184.

## Heartland Christian Church

SEBRING — Pastor Ted Moore's sermon Sunday will be "Do the Dew!" with Scripture from Hosea 14:4-5.

The service will include Allen Warchak singing "He;" and Roland Bates singing "I've Never Been This Homesick Before."

The church is at 2705 Alternate Route 17 South (behind Publix); phone number is 314-9693.

## Memorial United Methodist Church

LAKE PLACID — Pastor Claude Burnett will preach at the Heritage Worship Service in the Sanctuary and the New Song Contemporary Service in Rob Reynolds Hall on the subject "Favorite Stories of the Bible" with the Scripture lesson from Acts 19:13-16.

Pastor Jerry R. McCauley will preach at the Celebration Worship Service on the subject "Forward March" with Scripture lessons from Exodus 17 and Philippians 3.

The church is at 500 Kent Ave. For information, call 465-2422.

## Parkway Free Will Baptist Church

SEBRING — The Sunday morning Bible lesson, "Remaining Incorruptible," is taken from Acts 8. Pastor Jim Scaggs will bring the message.

## St. John United Methodist Church

SEBRING — Sunday, the Rev. Ronald De Genaro Jr.'s message will be "Our High Priest." Biblical reference is from Hebrews 7:23-28.

## Sebring Church of the Brethren

SEBRING — This Sunday morning, the pastor will preach on "God Has The Blueprint, Do I Have a Plan?"

Sunday school will be studying "God is in Charge," looking at the Scripture from Psalm 47.

For more information, call 385-1597.

## Spring Lake United Methodist Church

SEBRING — Spring Lake United Methodist Church is at 8170 Cozumel Lane. Rev. Clyde Weaver's sermon on Sunday is "With Him or Against Him." Potluck follows the service. A Memorial Service will be held for Floyd Baker at 1 p.m. Sunday.

## Harvest Home Craft Festival date slated

SEBRING — On Saturday, Nov. 3, Emmanuel United Church of Christ, 3115 Hope St., will hold its 22nd annual Harvest Home Craft Festival from 8 a.m. to 1 p.m.

Artists, crafters, collectors, decorators, knitters, sewers, bakers, confectioners, cooks, musicians and entertainers have planned another five hours of fun-filled festivities for young and old alike. Raffle items include original art works and designer jewelry. A silent auction will offer many unique gifts and services. Booths are being set up for home decor, kitchen items, holiday decorations, vintage jewelry, baked goods, candies, jams, jellies, soups and noodles. Coffee and doughnuts will be available for early birds. At 10 a.m., Cafe Emmanuel will begin serving its famous homemade chicken noodle soup with pie for dessert, accompanied by piano favorites.

The church is 1.8 miles west of U. S. 27 on Hammock Road. Ample parking is provided.

## Snapshots

Wheelchair accessible; call 471-1999 for information.

## Missionary from Kenya to visit Faith Lutheran

SEBRING — Join Faith Lutheran on Sunday at both services and Sunday School hour to hear from guest missionary Rev. Frederick Reinhardt. He will also be present for the potluck dinner.

Reinhardt is based out of Nairobi, Kenya, where he serves as the area facilitator for French-speaking Central and East Africa. In this role, Reinhardt works with the African leadership of the various French-speaking Lutheran church bodies. He also coordinates contact with emerging Lutheran groups that are interested in partnership with the LCMS.

Reinhardt's home congregation is Immanuel Lutheran Church in Pensacola. He is a second-career pastor and missionary, having enjoyed 21-year career in the civil and foreign service before going to Concordia Seminary in 1997.

# PLACES TO WORSHIP

## EPISCOPAL

■ **St. Agnes Episcopal Church**, 3840 Lakeview Drive, Sebring, FL 33870. Sunday Services: Holy Eucharist Rite I - 7:45 a.m., Holy Eucharist Rite II - 10 a.m. Midweek service on Wednesday at 6 p.m. Sunday School for all ages at 9 a.m. The nursery is open 8:45 a.m. until 15 minutes after the 10 a.m. service ends. Wednesday: Adult Bible study, 9:30 a.m. Visitors are always welcome. Church office 385-7649, for more information.

■ **St. Francis of Assisi Anglican Episcopal Church**, 43 Lake June Road, Lake Placid, FL 33852. Phone: 465-0051. Rev. Elizabeth L. Nelson, Rector. Sunday Worship, 8 a.m., 10:30 a.m. and 6 p.m. Wednesday evening: Holy Communion with Healing Service, 6 p.m. Thursday: Holy Communion with healing service, 9 a.m. Child care available at the 8 a.m. and 10:30 a.m. Sunday service.

## EVANGELICAL FREE CHURCH OF AMERICA

■ **The Church of the Way EFCA**, 1005 N. Ridgewood Drive, Sebring. Sunday school and worship service at 9 a.m. and 10:30 a.m. Youth activities, 6:30 p.m. Wednesdays. The Way is a church family who gathers for contemporary worship, teaching of God's Word, prayer and fellowship. Come early and stay after for fellowship time. Child care and children's church are provided. Reinhold Buxbaum is pastor. The Way - A place for you. Office Phone: 471-6140, Church Cell Phone: 273-3674. Email: [thewaychurch@hotmail.com](mailto:thewaychurch@hotmail.com). Web site: [www.TheWayChurch.org](http://www.TheWayChurch.org)

## GRACE BRETHREN

■ **Grace Brethren Church**, 3626 Thunderbird Road, (863) 835-0869. Dr. Randall Smith, senior pastor. Sunday services at 9 a.m., 10:45 a.m. and 6 p.m.; Wednesday services at 7 p.m. We offer "Kid City" Children's Ministry throughout all services, and there are various other classes for teens, married couples, "prime-timers," and Bible studies in Spanish. "Kid City" Day Care, Preschool and After-School Monday-Friday: 7 a.m.-6 p.m. (For registration call: 385-3111). Check us out on the Web at [www.sebring-grace.org](http://www.sebring-grace.org).

## INDEPENDENT

■ **First Christian Church**, 1016 W. Camphor St., Avon Park, FL 33825; (863) 453-5334; on the Web at [www.firstchristianap.com](http://www.firstchristianap.com). Our motto is "Jesus is First at First Christian Church." Greg Ratliff, Senior Minister; Bible School 9 a.m.; Worship 10 a.m.; Wednesday studies for all ages, 6 p.m. Nursery provided for all events.

## INTERDENOMINATIONAL

■ **World Harvest and Restoration Ministries**, (non-denominational) 2200 N. Avon Blvd., Avon Park, FL 33825. Phone: 452-9777 or 453-3771. Sunday service: Sunday School, 10 a.m. and worship, 11 a.m. Wednesday services: 7 p.m. prayer meeting/Bible study. Pastor: W.H. Rogers.

## LUTHERAN

■ **Atonement Lutheran Church (ELCA)**, 1178 S.E. Lakeview Drive., Sebring. David Thoresen, Deacon, Spiritual Leader, on first, third and fifth Sunday each month, and Rev. Jefferson Cox on the second and fourth Sunday of each month. Jim Helwig, organist/choir director. Worship service at 9:30 a.m.; Holy Eucharist is every Sunday. Coffee hour on the first and third Sunday of each month. Council meeting on the first Tuesday of month; Ladies Group WELCA meets at noon second Tuesday of month with lunch. Bring a dish to pass. Labyrinth Prayer Garden open seven days a week to congregation and community. Come grow with us. Phone 385-0797.

■ **Christ Lutheran Church Avon Park - LCMS**, 1320 County Road 64, 1/2 mile east of Avon Park High School past the four-way stop sign. Sunday Divine Worship is at 10 a.m. Holy Communion is celebrated every week with traditional Lutheran Liturgy, hymns and songs of praise. Fellowship time with coffee and refreshments follows worship. For information call Pastor Scott McLean at (863) 471-2663 or see [christlutheranavonpark.org](http://christlutheranavonpark.org).

■ **Faith Lutheran Church - LCMS**, 2740 Lakeview Drive, Sebring. Reverend Robert Reinhardt, Pastor. Church phone: 385-7848, Faith Child Development Center, 385-3232. Sunday Traditional Worship Service, 8 a.m.; Sunday Praise Worship Service, 10:30 a.m. Communion is served the first, third and fifth Sunday of the month. Sunday school and Bible classes, 9:15 a.m. Worship service is broadcast at 8 a.m. on WITS 1340 AM each Sunday. Educational opportunities include weekly adult Bible studies. Faith's Closet Thrift Store (385-2782) is open from 10 a.m. to 2 p.m. Tuesday through Friday and 9 a.m. to noon Saturday. All are warmly welcome in the Family of Faith.

■ **Good Shepherd Lutheran Church (AALC) American Association of Lutheran Churches**, 3240 Grand Prix Drive, Sebring, FL 33872. James Weed, pastor. Worship Service, 10:30 a.m. Sunday, Bible Study, 9 a.m. Nursery provided. Social activities: Choir, Missions, Evangelism. Phone 385-2346.

■ **New Life Evangelical Lutheran Church**, 3725 Hammock Road, a Congregation of the Evangelical Lutheran Synod (ELS) in fellowship with the Wisconsin Evangelical Lutheran Synod (WELS). Sunday Worship at 10 a.m.; Bible Study, 9 a.m. For more information, call Pastor Brian Klebig at 385-2293 or visit the Web site at [www.newlife.sebring.com](http://www.newlife.sebring.com).

■ **Resurrection Lutheran Church - ELCA**, 324 E. Main St., Avon Park. Pastor: Rev. John C. Grodzinski. Sunday school at 8:30 a.m., Sunday worship at 9:30 a.m.. Coffee and fellowship hour follow the service. Midweek Fragrance Free Wednesday worship, (year round) 7 p.m. Office phone number is 453-6858.

■ **Trinity Lutheran Church - LCMS**, 25 Lakeview St., Lake Placid, FL 33852; 465-5253. The Rev. Richard A. Norris, pastor; Susan C. Norris, Trinity Tots Pre-School director; and Noel Johnson, minister of youth and family life. Worship schedule after Easter through December: Worship service 10 a.m., and Education Hour, 8:45 a.m. Worship schedule for

January through Easter: Worship service, 8:30 and 11 a.m., Education Hour 9:45 a.m. Traditional Service with Holy Communion each first and third Sunday. Non-Traditional Service each second, fourth and fifth Sunday. Seasonal mid-week services Wednesday evenings during Lent and Advent. Call church office for additional Worship times and special holiday services. Other activities and groups include: Choirs; Ladies Guild and LWML; Men's Fellowship Group, Small Group Bible Studies as scheduled; Trinity Tots Pre-school, Youth Group activities (call for meeting times and dates). Visit us online at: [www.Trinitylutheranlp.com](http://www.Trinitylutheranlp.com).

## NON-DENOMINATIONAL

■ **Bible Fellowship Church**, 3750 Hammock Road, Sebring, FL 33872. Sunday: American Sign Language: First Worship sermon, songs signed first and second Worship services. First Worship service, 9 a.m.; Second Worship service, 10:45 a.m. Nursery (up to 2 years old) and Sunday school classes both hours. BFC Youth, 6 p.m.; Evening Service, 6 p.m. Wednesday: Children, ages 4 yrs through 5th grade, 6 p.m.; Youth, 6-7:30 p.m.; Prayer time, 6:15 p.m. Todd Patterson, pastor; Andy McQuaid, associate pastor. Web site [www.bfcsebring.com](http://www.bfcsebring.com). Church office 385-1024.

■ **Calvary Church**, 1825 Hammock Road, Sebring, FL 33872; 386-4900. An independent community church. Sunday morning worship, 10 a.m.; Bible study, 11:15 a.m.; Sunday evening service, 6 p.m. Pastor Lester Osbeck. A small friendly church waiting for your visit.

■ **Christian Training Ministries Inc.**, on Sebring Parkway. Enter off County Road 17 on Simpson Avenue. Sunday service is at 10 a.m.; Wednesday Bible study at 7 p.m. A nursery and children's church are provided. The church is part of Christian International Ministries Network, a full gospel, non-denominational ministry. Linda M. Downing, minister, [lindadowning@live.com](mailto:lindadowning@live.com). Casey L. Downing, associate minister, [caseydowning@hotmail.com](mailto:caseydowning@hotmail.com). Church phone: 314-0482. Web site: [www.ctmforme.com](http://www.ctmforme.com)

■ **Crossroads of Life**, 148 E. Interlake Blvd., Lake Placid, FL 33852; Tel. 863-655-9163. The place of your Divine appointment. We expect our supernatural God to transform our lives through His power and grace. Come, learn of His plan and destiny for you. With His plan we receive His provision along with His perfect timing and opportunity. What you have longed for, but have been missing, can now be received. The direction you have been thirsty for will suddenly quench your parched soul. Come to experience what you have been missing for so long - empowerment in every area of life. We teach, train and send forth to win souls. You don't speak English - no problem. We have a Spanish interpreter. We look forward to fellowship and worship with you at 7 p.m. every Wednesday. Pastors Gil and Rosa Benton (Faith Never Fails).

■ **Grace Bible Church**, 4541 Thunderbird Road, (second church on left) Sebring, FL 33872. Phone. 382-1085. Andrew Katsanis, senior pastor. Saturday Worship, 6:30 p.m. Sunday, 9 and 11 a.m. Tuesday 6 p.m. Grace Bible Academy Adult Investigating Truth; first and third

Tuesday, Prayer Gathering, 7:15 p.m.; Wednesday, Children's & Youth Programs, 6 p.m.; Wednesday, 8:30 p.m., College Ministry. [www.GBCconnected.org](http://www.GBCconnected.org)

■ **Highlands Community Church**, a casual contemporary church, meets at 3005 New Life Way. Coffee at 9:30 a.m.; Worship at 10 a.m. Nursery and Kid's World classes. Small groups meet throughout the week. Church phone is 402-1684; Pastor Bruce A. Linhart.

■ **The Lord's Sentinel Fellowship Church**, 148 E. Interlake Blvd., Lake Placid (at Lake Placid Christian School), Pastor Juanita Folsom. Sunday morning service, 10:30 a.m.; Monday, Sentinel School of Theology, 7 p.m.; Church service, Tuesday, 7 p.m. More information at [www.juanitafolsomministries.com](http://www.juanitafolsomministries.com).

■ **Union Church**, 106 N. Butler Ave., Avon Park, FL 33825. Contemporary worship service is at 6:30 p.m. Saturday with Pastor Tiger Gullett. Sunday traditional worship service is at 7:45 a.m. and 9 a.m. Contemporary Sunday worship service is at 10:45 a.m. Nursery and children's church on Saturday nights and 9 and 10:45 a.m. Sundays. Breakfast and lunch menus at Solid Grounds. Senior Pastor is Bill Breylinger. Office: 453-3345. Web page at [www.weare-union.org](http://www.weare-union.org).

■ **Unity Life Enrichment Centre**, new location, 10417 Orange Blossom Blvd. S., Sebring, FL 33875; 471-1122; e-mail [unity@vistanet.net](mailto:unity@vistanet.net). Web site, [www.unityofsebring.org](http://www.unityofsebring.org). 10:30 a.m. Sunday Celebration Service, Nursery and Children's Church. Weekly Classes, Christian Bookstore and Cafe, Prayer Ministry, Life Enrichment Groups. Rev. Andrew C. Conyer, senior minister transforming lives from ordinary to extraordinary.

## PRESBYTERIAN

■ **Covenant Presbyterian Church (PCA)**, 4500 Sun 'N Lake Blvd., Sebring, 33872-2113. A Congregation of the Presbyterian Church in America. Sunday morning worship: Traditional service, 10:30 a.m.; Sunday school, 9:15 a.m. Wednesday evening Prayer Meeting, 6 p.m.; Children's/Youth Group, 5:30-7 p.m.; choir practice, 7:15 p.m. Phone: 385-3234; Fax: 385-2759; e-mail: [covpres@strato.net](mailto:covpres@strato.net); Web site: [www.cpcsebring.org](http://www.cpcsebring.org). Office hours: 8:30-12:30 a.m. Monday-Friday.

■ **First Presbyterian Church ARP**, 215 E. Circle St., (two entrances on LaGrande), Avon Park, FL 33825. Phone: 453-3242. The Rev. Robert Johnson is the pastor. Sunday School, 9:15 a.m.; Sunday Worship, 10:45 a.m.; Wednesday Bible study, 10:30 a.m.; Potluck dinner, 6 p.m. third Wednesday; choir practice, 6:30 p.m. each Wednesday; Mary Circle business meeting, 1 p.m. second Wednesday; Sarah Circle business meeting, 4 p.m. second Thursday; Women's Ministries Combined Bible study, 4 p.m. third Thursday. Be a part of a warm, caring church family with traditional services, following biblical truth.

■ **First Presbyterian Church, ARP**, 319 Poinsettia Ave., Sebring, FL 33870. 385-0107. Email: [faith@htn.net](mailto:faith@htn.net). Rev. Darrell A. Peer, pastor. Sunday School, all ages, 9:30 a.m.; Worship Service, 11 a.m. Youth Group (middle school and high school age), 3:30-6:30 p.m. Tuesdays. Wednesday: Adult Bible Study, 10:30 a.m. Nursery available during worship. Call the church

office for more information and other classes.

■ **First Presbyterian Church, ARP**, [www.fpcip.com](http://www.fpcip.com), 117 N. Oak Ave., Lake Placid, 465-2742. The Rev. Ray Cameron, senior pastor; the Rev. Drew Severance, associate pastor. Sunday - Traditional Worship 9 a.m., Contemporary Worship 11 a.m., Sunday School 10:10-10:50 a.m. Wednesday evenings: Adult Bible Study 7 p.m. (Nursery available), Youth Group - (middle and high school) 7 p.m., RockSolid (kindergarten through fifth grade) 7 p.m. Family Biblical Counseling available by appointment.

■ **Spring Lake Presbyterian Church (USA)**, 5887 U.S. 98, Sebring, FL 33876. Sunday School, 9 a.m.; Worship Service, 10 a.m. Session meets at 6:30 p.m. the second Thursday of the month, September through June. Board of Deacons meet at 5:30 p.m. first Monday of the month. Choir rehearses at 7 p.m. each Wednesday, September through April. Presbyterian Women meet at 10 a.m. the third Thursday of the month. Organist: Richard Wedig. Choir Director: Suzan Wedig. Church phone, 655-0713; e-mail, [springlakepc@embarqmail.com](mailto:springlakepc@embarqmail.com). Web site, <http://slpc.embarqspace.com>.

## SEVENTH-DAY ADVENTIST

■ **Avon Park Seventh-day Adventist Church**, 1410 West Avon Blvd., Avon Park. Phone: 453-6641 or e-mail: [avonparksda@embarqmail.com](mailto:avonparksda@embarqmail.com), Sabbath School, 9:30 a.m. Saturday. Church Service 10:45 a.m. Saturday. Wednesday prayer meeting 7 p.m. Community Service hours on Tuesday and Thursday is from 9:00 a.m. till 2 p.m. A sale takes place the first Sunday of each month. Senior Pastor Paul Boling. Walker Memorial Academy Christian School offering education for kindergarten through 12th grades. ALL ARE WELCOME. Website is [www.discoverjesus.org](http://www.discoverjesus.org)

■ **Sebring Seventh-Day Adventist Church**, 2106 N. State Road 17, Sebring; 385-2438. Worship Services: 9:15 a.m. Worship hour, 11 a.m. Prayer meeting, Tuesday, 7:15 p.m. Community service: every Monday 9-11 a.m. Health Seminar with Dr. Seralde, every Friday, 10:00 a.m. Pastor Nathan Madrid.

## THE CHURCH OF LATTER DAY SAINTS

■ **The Church of Jesus Christ of Latter Day Saints**, 3235 Grand Prix Dr., Sebring, FL 33872; (863) 382-9092 Steve Austin, Bishop; Mark Swift, 1st Counselor; Del Murphy, 2nd Counselor. Family History Center (863) 382-1822. Sunday Services: Sacrament Meeting, 10-11:10 a.m.; Gospel Doctrine, 11:20 a.m. to noon; Priesthood/Relief Society, 12:10-1p.m.; Primary for children, 11:15 a.m. to 1 p.m.; Youth Activities: Wednesdays, 7-8:20 p.m. Scouts: first and third Wednesday, 7-8:20 p.m. Activity Days: 8-11 yr old Boys and Girls, second and fourth Wednesdays, 7-8:20 p.m.

## THE SALVATION ARMY

■ **The Salvation Army - Center**

for Worship. Sunday: Sunday School, 9:45 a.m.; Holiness meeting, 11 a.m.; and Praise meeting and lunch, noon. Tuesday: Bible study, 6:30 p.m.; and Women's Ministries, 7 p.m. Wednesday: Youth Ministries, 4 p.m. All meetings are at 120 N. Ridgewood Ave., Sebring. For more information, visit the Web site [www.salvationarmysebring.com](http://www.salvationarmysebring.com) or call Major Bruce Stefanik at 385-7548, ext. 110.

## UNITED METHODIST

■ **First United Methodist Church**, 105 S. Pine St., Sebring, FL 33870. The Rev. A.C. Bryant, pastor. Traditional Worship Service at 8:10 and 10:50 a.m. in the sanctuary, Contemporary Worship in the FLC at 9:30 a.m. Sunday School at 9:30 a.m. and 10:30 a.m. Methodist Youth Fellowship at 5:30 p.m. Sundays with Rick Heilig, youth director. The 10:55 a.m. Sunday worship service is broadcast over WITS 1340 on AM dial. There is a nursery available at all services.

■ **First United Methodist Church**, 200 S. Lake Ave., Avon Park, FL 33825. (863) 453-3759, Devon Jarrett, Pastor. Sunday School - 9 a.m., Worship - 10:30 a.m. Bible study every Wednesday at 6 p.m. Visit us at our church website: [www.fumcap.org](http://www.fumcap.org).

■ **Memorial United Methodist Church**, 500 Kent Ave., (overlooking Lake Clay) Lake Placid, FL, 33852. The Rev. Fred Ball, pastor. Claude H.L. Burnett, pastoral assistant. Sunday schedule: Heritage Worship Service, 8:30 a.m.; Sunday School for all ages, 9:30 a.m.; Celebration Worship Service at 10:45 a.m.; New Song worship service at 10:45 a.m. Loving nursery care provided every Sunday morning. Middle School Youth, 4 p.m.; High School Youth, 5:30 p.m. We offer Christ-centered Sunday school classes, youth programs, Bible studies, book studies and Christian fellowship. Church office, 465-2422 or [www.memorialumc.com](http://www.memorialumc.com). Lakeview Christian School, VPK to grade 5; 465-0313.

■ **St. John United Methodist Church**, 3214 Grand Prix Drive, Sebring, FL 33872. The Rev. Ronald De Genaro Jr., Pastor. Sunday School, 9:30 a.m.; Adult Sunday School, 11 a.m.; Sunday Morning Worship, 8 a.m., 9:30 a.m. and 11 a.m. Nursery provided for all services. Phone 382-1736. [www.stjohnsebring.org](http://www.stjohnsebring.org)

■ **Spring Lake United Methodist Church**, 8170 Cozumel Lane, (Hwy 98) Sebring. The Rev. Clyde Weaver Jr., Pastor. Worship service starts at 9:55 a.m. Bible Study meets at 10:00 a.m. on Tuesday. Choir Practice at 4:00 p.m. on Thursday. Church office phone: 655-0040.

## UNITED CHURCH OF CHRIST

■ **Emmanuel United Church of Christ**, Jesus didn't reject people, neither do we. Join us for worship every Sunday at 9:30 a.m. and you'll be embraced by a compassionate congregation that is all-inclusive. We're at the corner of Hammock and Hope. Choir and Bell Choir practice on Wednesday; Bible studies throughout the week. 471-1999; [sebringemmanuelucc.com](mailto:sebringemmanuelucc.com).

## RELIGION

## Do I HAVE to go to church?

You have probably heard this story before, but it is one of my favorites for obvious reasons. The conversation ran something like this:

"Mom, I don't want to go to church!"

"You have to go, Son."

"But, I don't like to go."

"Why don't you like to go?"

"Mom, the sermons are boring, the worship is dull, and the people there don't like me."

"Well, Son, I know that, but you still have to go."

"Why do I have to go, Mom? Give me just one, good reason."

"I'll give you three, Son:

1. It's the right thing to do.

2. It will do you some good.

3. And, you're the preacher!"

Sure, it is sometimes tough to attend church services. In fact, one might even have to make plans to attend. However, one might also choose to skip church services altogether while reaching into that world-famous bag of excuses just to explain the absences. And, as much as a



**Kevin's Komments**  
Kevin Patterson

person might fool some people some of the time, he will never fool God any of the time. God knows where our hearts are and what we desire to do most (or least!) with our time. Worshiping God "in spirit and truth" (John 4:24) with others who wish to do the same is not only the right thing to do, but it does a lot of good for those who choose to attend.

Hebrews 10:23-25 reads, "Let us hold fast the confession of our hope without wavering, for He who promised is faithful; and let us consider how to stimulate one another to love and good deeds, not forsaking our own assembling together, as is the habit of some, but

encouraging one another; and all the more as you see the day drawing near." The Hebrews writer does not discount the importance of worshipping the Almighty when the church assembles, but he does impress upon the reader the need for God's family to gather together for the purpose of building each other up. And, you cannot build up or be built up if you are not there.

Encouragement and mutual edification from one another are some of the most important reasons for attending church services. Why? The answer is simple. It is truly a blessing to be in a place where you are surrounded by others who love the Lord and love you, too. Have you been to worship with the Lord's church lately? If not, give it a try. You will be glad you did.

*Kevin's Komments is presented by the Sebring Parkway church of Christ assembling at 3800 Sebring Parkway, Sebring, FL 33870. On the Internet go to [www.sebringcoc.com](http://www.sebringcoc.com), or e-mail [sebringparkway@sebringcoc.com](mailto:sebringparkway@sebringcoc.com).*

## Noah found grace through faith

Though we are not commanded to build a "tebah" i.e. ark, boat, vessel as Noah (Genesis 6), yet we can learn valuable lessons (Romans 15:4) from him and his faith and Jehovah's grace. Yes, indeed, "But Noah found grace in the eyes of the Lord" (Genesis 6:8).

First, we must understand what this grace/favor was to Noah. The grace/favor/gift of God to Noah was: 1) warning of the coming rain and flood; 2) the means to escape the flood by the instructions to build the boat. Now, Noah had to make a decision to act upon this grace and he did: "Thus Noah did; according to all that God commanded him, so he did" (Genesis 6:22). The Holy Spirit through Hebrews 11:7 gives us this information "By faith, Noah, being divinely warned of things not yet seen, moved with godly fear, prepared an ark for the saving of his household, by which he condemned the world and became heir of the righteousness, which is according to faith."

Thus, we have a combination of God's grace and Noah's faith and obedience. The three worked together to save Noah and his family. There was no "grace only" or "faith only" or "obedience only". After the ark was constructed, they then had to make the decision to enter the ark for "salvation" from the flood. They were saved in the ark. Yahweh did not take them by the "collar" and drop them into the boat but they made a choice to enter by the one door.

Let's suppose that Noah acknowledged God's clear warnings and instructions, but refused to obey ... what then? God's grace would have been in vain, useless to Noah and he would have perished in the flood. There are three things that work together for success: the giver, the gift and the receiver.

Now consider Romans 6:23 "For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord." Here we have the warning and escape ... God's

## Guest Column

Frank Parker

amazing grace ("charis") through the gift of Jesus, the Messiah. Please observe several important facts about this gift. The gift was in Jehovah's eternal plan before time began. (2 Timothy 1:9,10; Ephesians 1:3) Therefore, there is no way one can earn, deserve or merit this gift. This grace/favor makes salvation available to all people. (John 3:16; Titus 2:11; Hebrews 2:9) But, all people will not accept the gift of salvation. "Then Paul and Barnabas grew bold and said, 'It was necessary that the word of God should be spoken to you first; but since you reject it, and judge yourselves unworthy of everlasting life, behold, we turn to the Gentiles'" (Acts 13:46).

When we consider the whole counsel of God, we clearly see a balanced relationship between amazing grace and obedient faith. We have already observed this fact in the saving of Noah and his family from the flood. After Peter and the other apostles proclaimed the gift of salvation through Christ on Pentecost (Acts 2), the believers then asked, "Men and brethren, what shall we do?" What followed were clear instructions on how to obtain remission of sins and with many other words he testified and exhorted them "Be saved from this perverse generation." (Acts 2:40 NKJV) "Save yourselves from this corrupt generation." (NIV) "Saves yourselves from this ungodly generation." (KJV) "Save yourselves from this crooked generation." (ASV)

The apostles understood as well as those baptized this relationship between grace and faith. The 3,000 precious souls accepted the gift of salvation by an obedient, saving faith. The Hebrew

writer proclaims that Jesus is the author of eternal salvation to those who obey Him. (Hebrews 5:8,9) Obedience to Divine commands do not destroy or eliminate the grace of God, but rather activates it, i.e. Noah and the 3,000 on Pentecost. The inspired statement through the apostle Paul "work out your own salvation with fear and trembling" (Philippians 2:12) is in full agreement with amazing grace.

"Brethren, my heart's desire and prayer to God for Israel is that they may be saved. For I bear them witness that they have a zeal for God, but not according to knowledge. For they being ignorant of God's righteousness, and seeking to establish their own righteousness, have not submitted to the righteousness of God" (Romans 10:1-3). Herein is an age old problem that remains alive and well today. The saints in Roman and mankind in general had been informed (Romans 1:16) that the gospel of Christ is the power of God to salvation and the gift of salvation is in Christ Jesus. (Romans 6:23) Yet, Israel is not the only one who has gone about establishing their own system of righteousness. All we need to do is scan the religious world and see the many systems/works of men, i.e. sects and denominations. Obedience to Divine commands is not works of men.

"For I am not ashamed of the gospel of Christ, for it is the power of God to salvation for everyone who believes, for the Jew first and also for the Greek" (Romans 1:16). What a profound and simple statement of God's amazing grace and man's acceptance of that gift though an obedient/saving faith. This power is clearly manifested in the many accounts of conversions of precious souls in Acts.

Frank Parker can be contacted at [frankparker27@gmail.com](mailto:frankparker27@gmail.com).

**FRAMES and IMAGES** Gifts for any occasion!

100 Circle Park Dr., Sebring, FL 33870 • 863-382-6464 • 863-382-9124  
www.framesandimages.com

We offer customized gifts, awards, and more for birthdays, holidays, weddings & more! Come in to see what we can do for you!  
Awards • Gifts • Promotional & More!

## ENTERTAINMENT



The family gathering to watch a television show at its usual air time isn't nearly as common as it used to be. Now, a lot of people watch television using DVR systems or online (below) on their own schedule.

## DVRs, on demand, change the view on TV ratings

By DAVID BAUDER  
AP Television Writer

NEW YORK — In an earlier era, the 9.2 million viewers who watched NBC's "Revolution" in its regular time slot on television's premiere week wouldn't impress many television executives.

Now, that number is only part of the story.

Add in people who saw the show on DVR playback within the following seven days — numbers released by the Nielsen company on Monday — and the drama about a suddenly electricity-free world was seen by 14.2 million people.

That estimate also includes only a handful of the people who ordered the episode through an on-demand service or who saw it online.

People aren't watching television the way they used to, a transition that has accelerated markedly this fall, making it much harder to judge whether or not a show is successful.

"It's quite stunning," said Andy Durwitz, ABC's chief scheduling executive. "We're seeing all of the audience becoming much more sophisticated with the DVR and making their own schedules."

During the first two weeks of the season, digital video recorder usage is up 30 percent over last season, said David Poltrack, top research executive at CBS. That may settle down, he said.

Clearly, the DVR has become an essential tool for people interested in sampling many of the new series that come with a fall season, he said.

Now, when the overnight ratings come in, Poltrack cautions, "you can't read anything from them."

That's not entirely true. You can usually smell a hit pretty quickly, and the same is true of a dog. It's all those shows in between that are more of a mystery.

For the networks, it should teach patience. With extra data to sift through, it



MCT

may take executives more time to cancel series (only one, CBS' "Made in Jersey," has bit the dust so far this season) and decide whether to extend their initial episode orders, generally the first sign that a new show has a real future.

Some things about "Revolution" made NBC executives suspect it may get a big boost from DVRs, said Jeff Bader, NBC's top scheduling executive.

It appeals to men and science fiction fans, both relatively big DVR users. It's also new; given a choice between shows to watch live or later, a viewer will most likely focus on a familiar series first, he said.

Shows on ABC and CBS have increased their audiences by an average of 20 percent when adding in those who watched on tape within a week, said Nielsen, which measures TV audiences. Fox is up 18 percent and NBC 15 percent.

The shifts are even more noticeable among younger viewers: ABC's audience within the 18-to-49-year-old demographic increased by 32 percent and CBS' by 29 percent, Nielsen said.

The live audience for the Emmy-winning comedy "Modern Family" was 14.44 million on premiere week. The audience increased to 18.85 million with taped viewing factored in, Nielsen said. ABC's "Castle" increased its audience from 10.47 million to 13.84 million. Fox's "Glee" jumped from 5.18 million to 7.68 million.

The week's most time-

shifted shows were actually shown on cable. FX's episode of "Sons of Anarchy," for example, was seen live by 2.5 million people with its viewership jumping to nearly 6 million with DVR figures added in, Nielsen said.

Live or sports programming is the least affected by DVR usage.

For example, NBC's Sunday night football had a live audience of 22.76 million, only rising to 22.82 million with DVR added in.

Sometimes there is little science in predicting DVR success beyond popularity. CBS' "NCIS," usually TV's most-watched scripted series, had 20.48 million live viewers for its season premiere, increasing to 24.13 million with DVR usage added in.

The troubled comedy "Partners" had a small audience live (6.55 million) and didn't add much (7.25 million after seven days).

"The environment this year is quite different from the environment last year, which is quite different from the year before," Poltrack said.

"Every year when we go into the first two weeks, the whole world has changed."

**STANLEY STEEMER**

LIVING BRINGS IT IN. WE TAKE IT OUT.

AVON PARK... 407-5800  
SEBRING... 863-2190  
LAKE PLACID... 407-3530

**STANLEY STEEMER**

**E.O. Koch Construction**

1417 Swank Avenue • Sebring, FL 33870  
**(863) 385-8649**

**COMMERCIAL & RESIDENTIAL CONSTRUCTION**  
Let our highly qualified staff develop your commercial property, build your dream home, or do your remodeling.

- ENGINEERED STEEL BUILDINGS
- ALUMINUM ROOFING
- RESIDENTIAL & COMMERCIAL DESIGN
- SEAMLESS GUTTERS & DOWNSPOUTS
- REMODELING
- Carports, Patios, Siding, Fascia

"For all of your Aluminum, Steel, and Conventional construction needs"

Email: [kochcon@strato.net](mailto:kochcon@strato.net) State Certified License #CGC151338

# DIVERSIONS

## Tyler Perry's 'Alex Cross' a bust

By DAVID GERMAIN  
AP Movie Writer

James Patterson titled his 12th Alex Cross crime novel simply "Cross." The film-makers who adapted it expanded the title to "Alex Cross."

They might as well have gone for broke and called it "Tyler Perry's Madea's Stab at Expanding Her-His Hollywood Marketability as James Patterson's Alex Cross."

Perry's name will draw his fans in. Patterson's name will draw his fans in. There's no trace of Madea in director Rob Cohen's adaptation, yet the spirit of the sassy grandma inevitably hangs over the project for viewers curious to see Perry playing it straight and dramatic.

Alex Cross the man and "Alex Cross" the movie wind up suffering for it. It's perfectly reasonable for Perry to try to broaden his enormous popularity beyond the Madea lineage in his own raucous portraits of family life.

It's also perfectly reasonable to say that casting Perry as Cross was a bad idea, though it's not necessarily the worst in a movie built on bad ideas.

Perry has little allure as supposedly brilliant criminal profiler Cross. He looks the part of Patterson's big, athletic hero. And no one expects a Morgan Freeman, who played Cross in "Kiss the Girls" and "Along Came a Spider."

But Perry is low-key bordering on sleepwalker dull, and the standard-issue cop-vs.-serial-killer story presents Cross as more of a dopey psycho-babbler than a guy whose incisive mind cuts right to the heart of the case.

In this scenario, Cross is early on in his career, a star on the Detroit police depart-



Courtesy Sidney Baldwin/MCT

Tyler Perry stars in 'Alex Cross.'

ment along with partner and best pal Thomas Kane (Edward Burns). They're tracking a killer code-named Picasso (Matthew Fox) who's working his way up the food chain with murders and attempted murders of execs at an international conglomerate, with the big boss, Giles Mercier (Jean Reno), clearly the ultimate target.

It's unclear just how the showy crimes against underlings are going to get Picasso closer to his goal, rather than simply alerting authorities to put extra security on Mercier. But such is the hazy thinking of the twisted mind, and such is the hazier thinking of Hollywood hacks who don't care about making sense.

It made enough sense to Patterson, though, a producer on the movie.

Director Cohen ("The Fast and the Furious") and screenwriters Marc Moss and Kerry Williamson weave in as bland a home-life as imaginable for Cross, with his perfect wife (Carmen Ejogo), their perfect kids and his perfect live-in mom



### Movie Review 'Alex Cross'

**Rating:** PG-13 ( violence including disturbing images, sexual content, language, drug references and nudity)  
**Running time:** 102 minutes  
**Review:** ★↓ (of 4)

(Cicely Tyson). The film-makers offer a miserly personal life for Kane, who's feeling his way through a new romance with a fellow detective (Monica Ashe).

As the irascible police chief, John C. McGinley looks permanently constipated and wishing he could be anywhere but here.

Unlike Freeman's R-rated Alex Cross movies, the grisly crimes are only talking points, the images sanitized

to a Perry-friendly PG-13 level. Cohen's strong suit usually is action, but fights, chases and gunplay are mostly a jumble of quick cuts. An opening scene in which Cross literally dodges a bullet a second or more after it's fired kind of sums up the action trajectory, which eventually devolves from bad police procedural into a bad "Dirty Harry" copycat.

Fox plays Picasso like a drop-out from the Heath Ledger's Joker school of cackling villainy, repeatedly calling Cross on the phone to toss around dreary taunts.

Cross' profile technique amounts to "I don't have any concrete information about this perp so I'm going to spout vague generalities while frowning my brow." He blathers on about Picasso as a rogue sociopath, a narcissist out to make someone suffer, maybe his mom or his dad or himself or the whole world.

"Who the hell knows?" Cross says.

Tyler Perry's Alex Cross certainly doesn't. Neither does Tyler Perry.

## Healthy eating habits may have taken unhealthy turn

**Dear Abby:** I have recently developed what I consider to be a very healthy lifestyle. I exercise, eat lots of fruits and vegetables and mostly whole foods.



**Dear Abby**

want to have to resort to this. What would you advise?

— *Conflicted Out West*

**Dear Conflicted:** I would advise you to take your child and get out of

My problem is I think I may be becoming obsessed. It has become harder and harder to eat away from home. I constantly plan what I'm going to eat next. I'm still happy, but too much of my time is being spent on this.

Apparently, there's a disorder similar to anorexia known as orthorexia. It's the psychological obsession with eating healthy. I don't think I could be classified as an extreme case, but what should I do before I become one?

— *Obsessed in Boston*

**Dear Obsessed:** As with any obsessive disorder, the first step is realizing and admitting you may have one. Then discuss it with your physician and ask for a referral to a psychologist who specializes in eating disorders.

This is not to say that you have a disorder — but because more and more of your time is being devoted to thoughts of food, it would be a good idea to check. Too much of a good thing can be harmful if it is taken too far.

**Dear Abby:** I am 23 and have one child. I have been married for three years, and my husband has recently become physically abusive. He was prosecuted for his actions and pleaded guilty, but he still blames me entirely for the scenario and refuses to accept any responsibility.

I fear for the safety of myself and my daughter every day, and I want to leave him for good. Many of the shelters I have called require that I quit my job, which is something I feel is counterintuitive to establishing a life on my own, so I refuse. That said, I don't make much money, and the money I do make goes toward paying the fine my husband incurred for harming me.

Am I aiming too high? I feel the only way to break free from him entirely is to quit my job, but I don't

there before the next episode of domestic violence. And, if you truly want to break free entirely from your abuser, that you follow to the letter the instructions you receive from the people at the domestic violence shelter. And one more thing: Let the person who incurred the fine pay it himself!

**Dear Abby:** I have a question about office microwave etiquette. I work in a building with one kitchen for 40 people. Often there is a wait to use the microwave around lunchtime. Recently I needed to use it and found a warm packaged meal in there, and no owner around. I waited five minutes and came back. It was still there as if it had been forgotten.

I decided to place it on the counter with a napkin covering it so I could use the microwave. When I was finished, no one appeared to claim it, so I put it back in and went on my way.

Did I do the right thing? There was no way to know whose meal it was. What's proper in this situation? Should I have just waited?

— *Hungry in Ithaca, N.Y.*

**Dear Hungry:** You handled the situation appropriately. However, had it been me, I would have left the item on the counter so it wouldn't be touched by the other 38 hungry people in your office who also needed to use the microwave.

Write Dear Abby at [www.DearAbby.com](http://www.DearAbby.com) or P.O. Box 69440, Los Angeles, CA 90069. Good advice for everyone — teens to seniors — is in 'The Anger in All of Us and How to Deal With It.' To order, send your name and mailing address, plus check or money order for \$7 (U.S. funds) to: Dear Abby, Anger Booklet, P.O. Box 447, Mount Morris, IL 61054-0447. (Shipping and handling are included in the price.)

## 'Argo' good, but could have been great

BY BOB GARVER  
Special to the News-Sun

It's hard to believe that it wasn't so long ago that Ben Affleck's career was a joke. After his early success with "Good Will Hunting," he went on to become an increasingly bland leading man that critics seemed to enjoy picking apart. He was also a fixture in gossip magazines for his alcoholism and troubled relationship with Jennifer Lopez.

His professional and personal life collided badly in 2003's "Gigli," a film widely recognized as one of the worst of all time and was also blamed for his breakup with costar Lopez.

But he turned things around in 2007, reinventing himself as a director with the acclaimed kidnapping mystery "Gone Baby Gone." He proved this success was no fluke with 2010's also acclaimed "The Town."

Now comes "Argo," a film so respectable that it has garnered more Oscar buzz than perhaps any other film this season. I won't go so far as to say it deserves an Oscar, but it certainly solidifies Affleck's new-found reputation as a competent and compelling director.

The film takes place during the Iran hostage crisis of the 1970s. Iranian militants storm the American embassy in Tehran and overpower most of the building's employees. However, six people escape and hide out in the home of a nearby Canadian ambassador (Victor Garber). The CIA learns of the six escapees and brain-



### Movie Review 'Argo'

**Rating:** R (language, some violent images)  
**Running time:** 120 minutes  
**Review:** ★★↓ (of 5)

storms ideas for how to get them out of the country before they get killed.

Specialist Tony Mendez (Ben Affleck) shoots down poor strategies like having the fugitives pretend to be teachers or enabling them to flee the country on bicycles. He decides that it will be much more plausible to have the targets pretend to be part of the production team for a cheesy sci-fi movie. His boss (Bryan Cranston) assures CIA brass that this overcomplicated plan is "the best bad idea we have." The film is clearly trying to turn that particular line into a memorable and popular quote.

Mendez gets help from a movie-wise makeup artist (John Goodman) and a hustler producer (Alan Arkin). Together they set up a fake production company to half-way legitimize the phony credentials for the refugees. At this point the film detracts from the intense Iran storyline to allow the characters

to exchange smart-aleck comments about the film industry.

Many will say that these scenes add a refreshing levity to the otherwise serious tone of the film. I say they throw the film off balance, practically forgetting the urgency of the situation.

Eventually Mendez does fly out to Iran to rescue the refugees. They aren't especially eager to go along with the plan, but once again nobody can think of anything better. I think the objections and mistrust are only in the film for dramatic effect to add an obstacle to the story since the plan actually unfolds rather smoothly.

Everybody plays their parts coolly and the few snags are resolved quickly. The action comes down to Mendez and the refugees staying calm as they get through the various checkpoints while the Iranian bad guys recklessly rush after them trying and failing to catch up.

It would obviously be impractical for such a true-to-life film to include an explosive final showdown, but it's just not that thrilling when the characters do little more than run away.

To be sure, "Argo" is a well-made film, and Affleck deserves a lot of credit for his attention to detail in the dialogue and scenery. But I wouldn't have put so much focus on the Hollywood people or even the CIA agents.

To me, the most interesting aspect of the film is the escapees. I want to know how they coped with being

trapped in that house knowing that capture and probably death was waiting for them outside?

Sadly the film doesn't touch nearly enough on the subject. "Argo" wastes an opportunity that I think it should have taken, but admittedly it does very well with the storyline it chooses to pursue.

Contact Bob Garver at [rrg251@nyu.edu](mailto:rrg251@nyu.edu).

### SUDOKU

Fun By The Numbers

Like puzzles? Then you'll love sudoku! This nine-by-nine puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:  
Sudoku puzzles are formatted as a 9x9 grid, broken down into the 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fit each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numbers already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

6	1	2				5		
						9		
	9	7		4		1	2	
		8			2		9	
		1	7		6			
5						7		
			3					
3	2		9		1	8		

ANSWER:

9	5	8	1	7	6	2	3	4
6	4	2	8	5	9	3	7	1
1	3	7	4	9	2	8	6	5
2	8	7	9	6	1	4	5	3
4	6	9	6	1	4	8	9	7
7	1	9	6	8	7	9	2	6
8	2	1	6	7	9	4	6	8
8	9	6	2	1	9	8	7	
7	7	9	8	6	8	2	1	9

Fairmount Cinema 6  
3750 US 27 N. Sebring

**NEW DOLBY DIGITAL SOUND**  
\$8 ADULTS - \$6 MATINEE\*  
Matinee is by 6pm

*Now Showing*

**Looper** R  
(Bruce Willis, Joseph Gordon-Levitt)  
2:00 • 4:30 • 7:00 • 9:30

**Pitch Perfect** PG-13  
(Anna Kendrick, Skylar Astin)  
2:00 • 4:30 • 7:00 • 9:30

**Trouble With the Curve** PG-13  
(Clint Eastwood, Amy Adams)  
2:00 • 4:30 • 7:00 • 9:30

**The Master** R  
(Joaquin Phoenix, Philip Seymour Hoffman)  
2:00 • 5:00 • 8:00

**The Odd Life of Timothy Green** PG  
(Jennifer Garner, Joel Edgerton)  
2:00 • 4:30 • 7:00 • 9:30

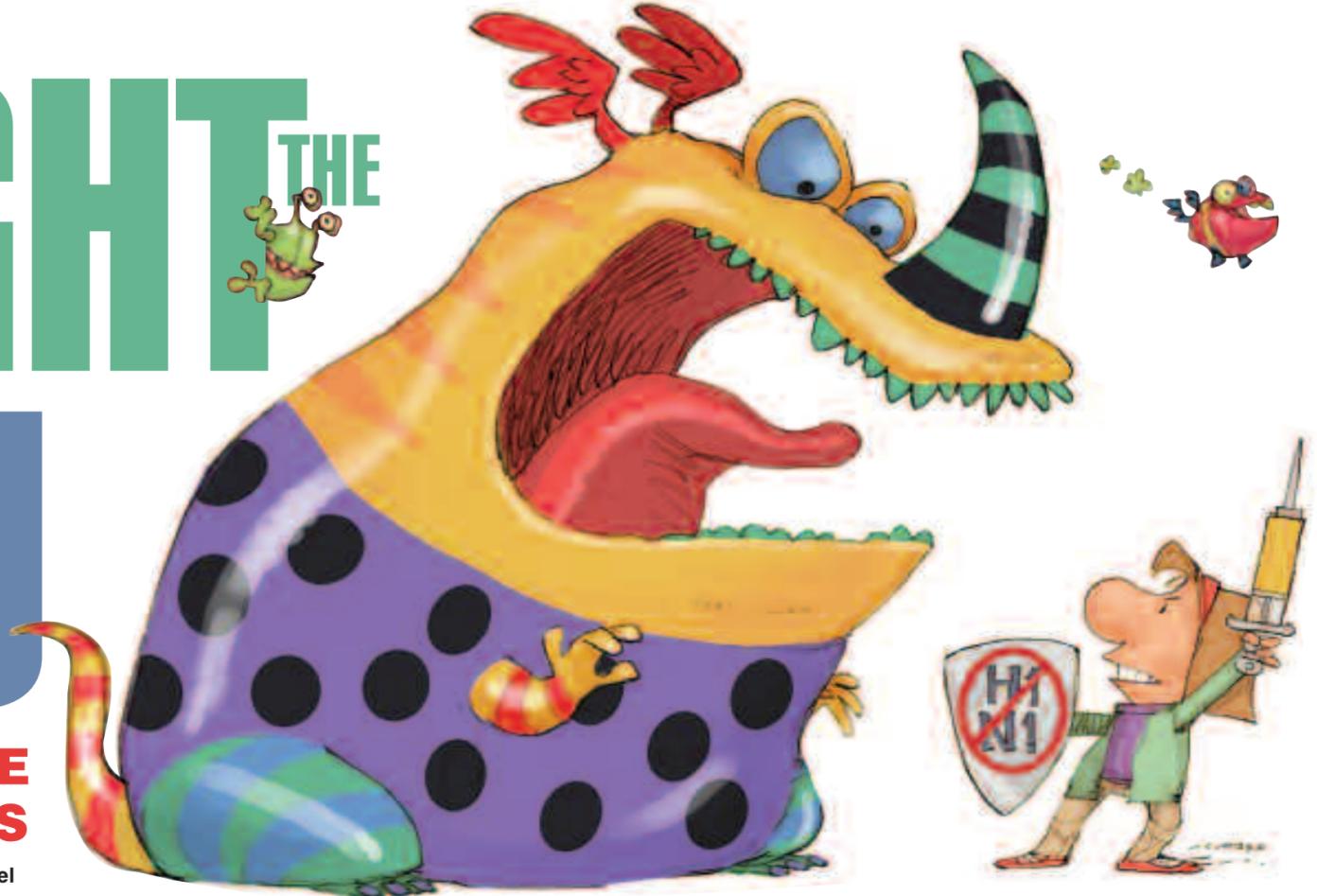
**Hope Springs** PG-13  
(Meryl Streep, Tommy Lee Jones)  
2:15 • 4:15 • 7:15 • 9:15

**Suick Cinemas**  
Information.....385-9980  
Office.....385-9908

# FIGHT THE FLU

## YOUR GUIDE TO VACCINES

By Diane C. Lade/Sun Sentinel



Flu season is officially here, and the “Flu shots today” signs are out in force at pharmacies, supermarkets and big-box discount stores.

Last year was one of the mildest flu seasons on record, said Dr. Lisa Grohskopf, a medical officer with the Centers for Disease Control and Prevention’s influenza division. But she says consumers shouldn’t get complacent; the CDC still recommends everyone older than 6 months be vaccinated.

“We know the flu is unpredictable, so we can’t say what this

season will be like,” Grohskopf said.

Federal statistics projected drug manufacturers would produce up to 149 million vaccines for this season. The CDC does not anticipate shortages. About 132 million immunizations were given in 2011-12, covering about 45 percent of adults.

More people are getting immunized at the same places where they buy their groceries and fill their prescriptions rather than doctor’s offices. Many say they like the convenience. Retailers usually are set up to process insurance billing on-site, so customers with coverage or

on Medicare pay nothing out of pocket.

A CDC report found that in the 2010-11 flu season about 18 percent of adults received their flu shots in stores, while 40 percent went to their doctor’s office.

States regulate how vaccines are given outside of medical settings, and the CDC has no recommendations about the best place to get a shot. “We think it’s fortunate you now can get a flu vaccine in a wide variety of places,” Grohskopf said.

Here are answers to the most commonly asked flu questions:

**Q: Do I need to be vaccinated against the flu?**

**A:** The Centers for Disease Control and Prevention recommends everyone age 6 months and older receive a flu vaccine. Those who most need immunization: seniors age 65 and older, pregnant women, patients with certain medical conditions, caregivers of patients who develop serious complications from contracting the flu.

**Q: How does a flu shot work?**

**A:** Seasonal influenza vaccines combine inactive strains of three flu viruses. The formula, when injected, encourages your immune system to build antibodies that fight infection. The vaccine works against the three most commonly circulating flu viruses: influenza B, the H1N1 A strain and the H3N2 A strain.

**Q: Do I really need a vaccine every year?**

**A:** Yes. That’s because public health officials annually look at which flu viruses will be most prevalent, then set a vaccine formula designed to thwart those particular strains. So the formula can change from year to year. In fact, the 2012-13 vaccine cocktail is different from last year’s, meaning you could be unprotected if you skip this year’s shot.

**Q: What about children?**

**A:** Some children 6 months through 8 years of age require 2 doses of influenza vaccine, according to the CDC. Children in this age group who are getting vaccinated for the first time will need two doses. Some children who have received influenza vaccine previously will also need two doses. Your child’s health care provider can tell you whether two doses are recommended for your child.

**Q: When does flu season start?**

**A:** It typically begins in October and can last through May, with the season peaking in February. But flu is unpredictable, and seasonal peaks vary by region.

**Q: Why should I get vaccinated?**

**A:** The CDC advises people to

be vaccinated as soon as shots are available, so they’ll be ready when flu season starts. Many providers began receiving vaccines as early as August, as manufacturers are shipping earlier. Shots given now should protect you through the season, and you won’t have to worry about supply shortages later. It takes your body two weeks following the vaccine to form flu-fighting antibodies. But even if it’s later, the CDC suggests you still go ahead and get a shot.

**Q: What about the new high-dose shot for seniors?**

**A:** The Fluzone High-Dose for people older than 65 first became available in 2010. It has four times the antigen of a standard shot to boost the immune response as the body loses the ability to produce antibodies as we age. More side effects have been reported with the high-dose vs. the regular shot. People who

have severe egg allergies or who had a serious reaction to a standard flu vaccine should not get the high dose.

**Q: What about the nasal spray vaccine?**

**A:** This vaccine is different from the shots in that it contains a live but weakened version of the flu virus. Healthy people ages 2 to 49 can use the spray. People with egg allergies and serious medical conditions or weakened immune systems — and their caregivers — should not use this vaccine or should check with a doctor first.

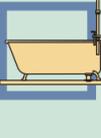
**Q: How much does it cost?**

**A:** Seasonal shots cost around \$25 to \$35. Prices may be higher for the high-dose and intradermal vaccines.



### HOW TO STRENGTHEN YOUR IMMUNE SYSTEM

A sound immune system makes it easier to fight infections during the current flu season:

 <p><b>OUTDOOR EXERCISE</b> Hiking, running or Nordic walking* stimulates immune system, blood circulation, lungs and improves mental balance <small>* Walking with poles</small></p>	 <p><b>FLUID</b> Support metabolism and immune system by drinking lots of water or herbal tea; mucous membranes in mouth and nose stay humid and don’t dry out</p>
 <p><b>MORE LIGHT</b> Enjoy daylight as long as possible; light affects brain, immune system and hormones such as endorphins</p>	 <p><b>SLEEP</b> During fall and winter the body needs more energy; a good night’s sleep regenerates the immune system</p>
 <p><b>WELLNESS</b> Take a warm bath; add thyme oil to help the respiratory tract; don’t bathe longer than 15 minutes</p>	 <p><b>SHOWER</b> Switch between warm and cold showers in the morning; this improves circulation and nervous system</p>
 <p><b>FOOD</b> Lots of fruit, vegetables; low-fat nutrition with lots of vitamins; low alcohol intake</p>	 <p><b>RELAX</b> Stress damages the immune system; relax by reading, listening to music</p>

Source: Reuters, Stern, health magazines

### WHAT DO YOU HAVE?

Symptoms to consider when making your own preliminary diagnosis:

**INFLUENZA**  
Antiviral medications can help people feel better if taken within 48 hours of onset of symptoms

- Headache
- High fever
- Dry cough
- Chest pains
- Chills
- Severe fatigue
- Severe aches

NOTE: H1N1 virus also causes some gastrointestinal distress

**COLD**  
Colds are caused by a different virus; symptoms are less severe — and they come on more gradually than flu

- Sneezing
- Stuffy nose
- Hacking cough
- Mild sore throat
- Mild fatigue

**STREP THROAT**  
A sore throat, but no stuffy nose, may mean it’s a streptococcal bacterial infection — antibiotics can help

- High fever
- Pus on tonsils
- Very sore throat

**STOMACH FLU**  
Virus enters via mouth and multiplies in small intestine; symptoms can appear in a few hours, but usually take a day; food poisoning typically is a bacterial infection, such as E. coli

- Headache
- Vomiting
- Fatigue
- Diarrhea

Source: U.S. Centers for Disease Control and Prevention

