

Making a splash

Local swim teams do well at T-Bay Invitational
SPORTS, 1B



Writing awards

AP students honored for D.A.R.E. essays
SPORTS, 1B



BEWARE THE PERILS OF **SUMMER**



PAGE 12B

Friday-Saturday, July 6-7, 2012

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Forecast



Partly sunny with a T-storm in the P.M.

High **93** Low **74**

Complete Forecast PAGE 12A

Online



Question: Was the county commission wrong when it fired Ricky Helms on Tuesday?

Yes **86.6%**

No **13.4%**

Total votes: **134**

Next question: Will the Obama health care plan have a negative effect on small business?

Make your voice heard at www.newssun.com

Obituaries

Timothy Van White
Age 46, of Lake Placid

Ruth Wertenberg
Age 91, of Sebring
Obituaries, Page 5A

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Let freedom ring



News-Sun photo by KATARA SIMMONS
The skies over Lake Jackson lit up once again Wednesday as the city celebrated the Fourth of July with the annual fireworks show, which drew thousands of specators, many of whom took in the show from the water.

AP to look at lowering property tax

By CHRISTOPHER TUFFLEY
christopher.tuffley@newssun.com

AVON PARK — City Manager Julian Deleon told the News-Sun Thursday morning that he will be telling the council the city will be in a position to lower the millage rate for the coming fiscal year.

"The current millage rate is 5.8745. As a result of restructured operations, reduced operating costs, growth through annexations and utility revenues we have developed a proposed budget for 2013 which sets the preliminary millage rate at 3.95. Deleon said the move will save the

See AP, page 3A

County 'ready' for budget discussions

By ED BALDRIDGE
ed.baldrige@newssun.com

SEBRING — County commissioners felt confident Thursday that the county's budget would be done on time despite losing 38 years of budgeting experience when County Administrator Ricky Helms was fired on Tuesday.

The final numbers were not ready for public release on Thursday, according to Gloria



Helms

See BUDGET, page 3A

Tree plan for Circle changes

By SAMANTHA GHOLAR
sgholar@newssun.com

SEBRING — The discussion of Sebring's Circle Park was filled with opinions Tuesday evening during the city's council meeting.

The Circle Park improvement project was started last month with the removal of a few dead and old trees in a section of the park near the old Plum Tree. The vacant space was previously slated to be redone by adding two large oaks in to fill in the bare area.

As Tuesday's meeting approached, city staff was contacted via email by CRA Commissioner Laurie Smith regarding an idea that would likely improve the Circle's appearance.

"Will you please ask the council to consider not replacing the trees or bushes in the section in front of the old Plum Tree and just leave a nice grassy area? I



News-Sun photo by KATARA SIMMONS
The Sebring Community Redevelopment Agency suggests leaving space available to set-up a stage during community events rather than planting new trees at Circle Park in Sebring.

think this would be an excellent area to put the CRA stage for concerts," Smith stated in the email.

City council members discussed the suggestion in great detail before rendering a decision Tuesday evening.

"I think it was a great suggestion on Laurie's (Smith) part and I agree.

This will give more room for the stage and give people more room," said Council member Andrew Fells.

Council President John Griffin disagreed.

"I went out there Saturday afternoon and sat with Gene (Brenner) and it

See CIRCLE, page 3A

CANDIDATE PROFILE

Lewis wants more openness in school board

By CHRISTOPHER TUFFLEY
christopher.tuffley@newssun.com

SEBRING — MaryAnn Lewis, Ed.D is running for the District 3 seat on The School Board of Highlands County.

She is originally from Berwick, Pa., became a Navy wife, and settled in Miami raising two children after her husband separated from the service.

When she was young Lewis thought of medicine as a career, but after working six months in an ontological hospital she knew it wasn't for her.

That was when she discovered teaching.

"I found my passion," she



Courtesy photo

MaryAnn Lewis, Ed.D is running for the District 3 seat on The School Board of Highlands County.

said. "I just love teaching, sharing knowledge and my experience.

See LEWIS, page 3A

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Council discusses special events manual, proposed new park

By SAMANTHA GHOLAR
sgholar@newssun.com

SEBRING — Tuesday evening's brief Sebring City Council meeting covered a handful of topics, touching on parks and recreation to a scheduled shade meeting. City Administrator Scott Noethlich requested that council schedule an executive session (shade meeting) to discuss the status of the firefighter's union collective bargaining agreement. The unanimous vote set the meeting for July 17. The Community Redevelopment

Agency's Robin Hinote, along with landscape architect Chad Clouser, presented the council with a revised landscape design of Gateway Park. The park, on a lot between South Ridgewood Drive and Lakeview Drive, has been in the works for a few months now.

The CRA sought approval of an illuminated, electronic sign in the park to advertise downtown events. Council members John Clark and Andrew Fells immediately voiced their concerns regarding the CRA's plan for the sign.

"This council was adamant about not having a LED, lighted sign adjacent to residential property. That is the only problem that I have ... I don't think we should allow a lighted sign right there," Fells said.

Clark spoke in agreement with Fells. "I agree 100 percent ... Maybe the one exception of condition that I might consider is that it goes dark or off at night. Other than that, those kind of signs are

See COUNCIL, page 5A

COMMUNITY BRIEFS

HOA meets Monday

SEBRING — The monthly meeting of the Highlands County HOA will be held at 9 a.m. Monday at 3240 Grand Prix Drive (two blocks west of the Sebring Walmart store).

The meeting will feature a talk on emergency preparedness and the second part of the meeting will be a candidate forum with the three candidates for the State House of Representatives for District 55.

The public is welcome and we will have coffee, tea and donuts.

Ride to benefit Town Family

LAKE PLACID — American Legion Rider Chapter 25 will host the Heather Town Benefit Ride, a ride for the mother of three children who lost her life while clutching to her 3-year-old daughter (Anne Marie) in a tornado that spun off of Tropical Storm Debby. Vehicles of all types are welcome.

The ride will be Saturday, starting at the American Legion Post 25 in Lake Placid. Kick Stands Up at 10 a.m.

Cost is \$10 per hand for ride; \$10 each for steak dinner. Stops include Lake Placid Moose, Sebring Moose, American Legion Post 69 Avon Park, Wolf Pack Clubhouse and American Legion Post 25 Lake Placid.

Everyone is welcome. For more information, contact Kip "Yokip" Regnier, American Legion Post 25, phone 465-0975; cell (413) 887-8491; or e-mail: yokip@me.com.

All proceeds go to the girls (donations of food, clothing, etc., will be accepted and delivered). Placid Post 25 will host.

Aktion Club scrubs while duo entertains

AVON PARK — Those who come out to get their vehicles washed Saturday at Duffers Sports Grille can also enjoy entertainment at the Dockside Bar.

The Aktion Club will wash vehicles and sell

baked goods from 10 a.m. to 2 p.m. Saturday at Duffers Sports Grille. Lee Allcorn and Dave McDonald, members of the Longshot Band, will do a duet from 2-5 p.m. at Duffers Dockside Bar.

Come get your car washed at lunch time and then sit out on the dock to enjoy some country and original music.

The Aktion Club, sponsored by the Kiwanis Club of Sebring, is a civic group comprised of individuals with disabilities in Highlands County. The club raises money to help local needy children and families during the holidays and throughout the year.

Last year the club adopted 22 local needy children who have disabilities and purchased Christmas gifts for them.

The club also assembled Easter baskets for children at the Avon Park Community Child Development Center. Other projects include helping NuHope Elder Care Services with a mailing, cleaning roadsides for Keep Highlands County Beautiful and maintaining a garden at the Avon Park Depot Museum.

The public is encouraged to stop by with their dirty vehicles to be washed and enjoy a sweet treat. Duffers will be open for customers to sit down in the air conditioning to enjoy a snack or cold drink while they wait for their vehicle to be cleaned. All donations are appreciated. All funds raised go right back into the community.

Duffers is at 2451 U.S. 27 South. For more details, call 452-1295, ext. 124.

Ballroom dancers to be at Eastside

LAKE PLACID — Lake Placid ballroom dancers will be at Eastside Christian Church fellowship hall from 6:30-9 p.m. Saturday. Pete Ruano will present "Show Your Colors", a patriotic theme.

Eastside Christian Church is two miles east of County Road 621 off U.S. 27. Cost is a \$5 donation at the door.

HCSO unit had busy June

Special to the News-Sun

The Highlands County Sheriff's Office Special Investigations and Safe Neighborhoods Units stay very busy with cases, some more immediate in nature and others which require long-term investigations.

The month of June was particularly busy with numerous investigations during which detectives developed leads and sought out evidence that will support long-term investigations with state and federal partners.

In other cases detectives were able to develop sufficient evidence to support the application for and receipt of nine search warrants for drug related crimes at various locations throughout the county.

The search warrants resulted in our detectives locating and seizing

approximately 4 pounds of marijuana along with smaller amounts of methamphetamine and cocaine.

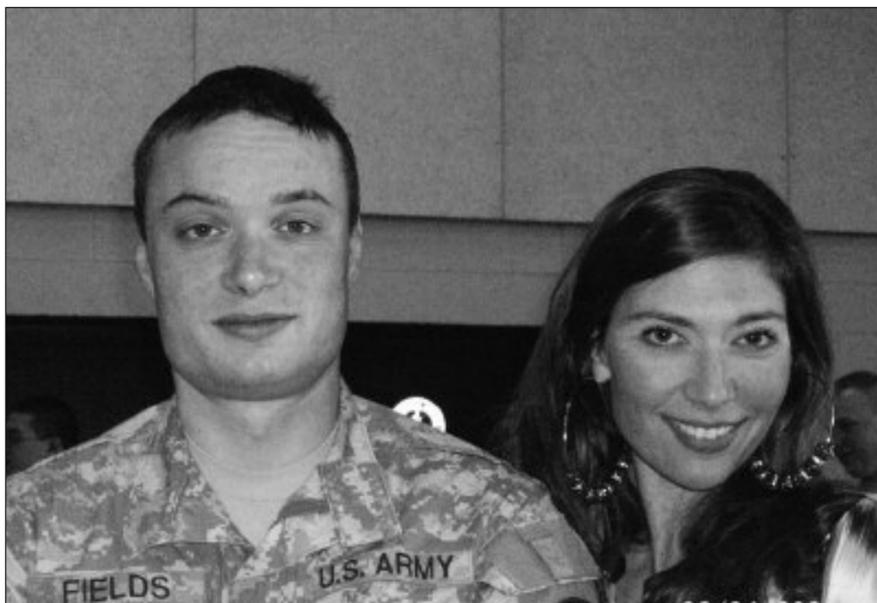
Ecstasy, Clonazepam, Diazepam and Alprazolam pills were also located in the possession of people who did not have a prescription for them.

"These drugs are killing our kids," Sheriff Susan Benton said. "Just pick up a statewide or national newspaper, go online, or watch the national news and you will see this is a crisis. The Florida Sheriffs even have a special task force with our state and federal partners, which we participate in, targeting the illegal sale and possession of pills."

The HCSO continues to recover as much property and cash as possible from offenders through the Florida Contraband Act. This law authorizes the seizure of personal property and cash that is identified through the investigation as items used to perpetrate crimes or the fruits of crimes.

In addition to the drugs that were seized, six handguns were taken from convicted felons and two stolen handguns were recovered. There also was one vehicle seized along with a total of \$5,499 in cash.

Benton's General Counsel will be working with detectives to evaluate these items and will move to have them forfeited to the Office of Sheriff. Over the past year, nearly



Spc. Arronn Fields and his older sister, Sgt. Cali Cavanary, smile before his January deployment to Afghanistan. Spc. Fields was killed in combat on May 21. Photo courtesy of Sgt. Cali Cavanary

Serving sister hopes to honor brother's memory

Even while Spc. Arronn Fields was in Afghanistan, he was working on his favorite project: restoring a 1969 Ford Mustang Mach 1. "He was ordering car parts to the U.S.," the soldier's older sister, Sgt. Cali Cavanary, told The Unknown Soldiers. "There were boxes from FedEx everywhere."

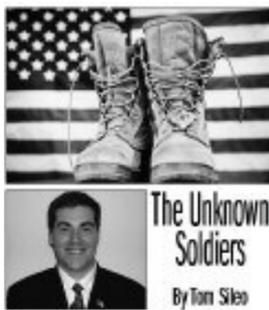
The Indiana native had an affinity for muscle cars, and almost nothing mattered more to him than making his prized Mustang whole again. But when Spc. Fields got the opportunity to deploy to Afghanistan, the soldier felt an obligation to serve, even though he'd already fought in Iraq.

"If I don't go, then someone married with kids will have to and that wouldn't be right," Sgt. Cavanary quoted her brother as saying before his January deployment.

Not surprisingly, Fields' job in Afghanistan was to drive military vehicles. And he treated U.S. Army property exactly like his precious Mustang: with reverence.

"He named his vehicle over in Afghanistan Mona," Cavanary said. "He detailed it and took pride in it."

Despite a substantial age gap, Fields and his big sister



shared a special bond since childhood.

"He was kind of like my little kid in a sense," Cavanary explained. "I was always constantly watching him ... being put into that kind of parental role of taking care of him."

When his older sister joined the Indiana National Guard, Fields was watching closely.

"I remember when I graduated from basic training in 2002, he came down to Fort Hood, Texas," she recalled. "He was really proud of me and had a big smile on his face."

Fields followed in his sister's footsteps a few years later. While Cavanary was worried to see her little brother deploy to Iraq, he made it home safely in December 2008.

"We didn't talk about Iraq

very much," she said. "Soldiers sometimes don't want to talk about it."

Back in Indiana, Fields would do his duty by day and work on his car by night. But as Fields continued to mature, particularly after his first deployment, Cavanary's admiration for her brother continued to grow.

"He was a better soldier than me, to be honest with you," Cavanary said.

When it came time to leave for Afghanistan, the soldier's sister had an

See SISTER, page 6A

Woman survives jump from Sunshine Skyway Bridge

ST. PETERSBURG (AP) — Authorities say a woman has survived a fall from the Sunshine Skyway bridge near St. Petersburg.

The Tampa Bay Times reports a traffic camera captured images of a woman stopping her vehicle near the center of the bridge and jumping off the side early Thursday morning.

A St. Petersburg fire Rescue crew found her in the water and took her to Bayfront Medical Center.

Authorities say the woman who appeared to be in her late 30s was listed in critical condition.

Further details were not immediately available.

4 charged with robbing woman 3 times in Lakeland

LAKELAND (AP) — Authorities say four people have been charged with robbing a central Florida woman three times. The Polk County Sheriff's Office says the victim had been a landlord of one of the suspects.

The sheriff's office says he first robbery happened June 2 while the 68-year-old woman was getting ready to show a Lakeland house to a potential tenant. Donna Stark then was robbed at gunpoint two times, on June 10 and on Sunday, while she was walking to church.

	<h3>Lottery Center</h3>	July 1 7 11 21 28 43 46 x:4 <i>Next jackpot \$3 million</i>
		June 30 13 26 50 51 52 53 x:4 June 27 2 7 18 29 35 44 x:4
		July 4 (n) 7 4 7 5 July 4 (d) 2 6 1 2 July 3 (n) 7 6 7 9 July 3 (d) 5 4 1 3
	July 4 (n) 5 8 6 July 4 (d) 7 9 8 July 3 (n) 6 1 6 July 3 (d) 3 0 9	
	July 3 6 31 33 44 11 June 29 25 28 33 34 11 June 26 9 21 28 35 5 June 22 11 23 31 44 6	CASH 3
	July 4 14 19 35 39 56 PB: 33 <i>Next jackpot \$70 million</i>	June 30 7 15 20 41 44 PB: 22 June 27 6 34 40 46 58 PB: 6

Note: Cash 3 and Play 4 drawings are twice per day: (d) is the daytime drawing, (n) is the nighttime drawing. PB: Power Ball

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Deadlines for subscription changes are noon on Tuesday for the Wednesday editions, noon Friday, for the Friday and Sunday editions. Changes received after the times stated will be processed on the following publication date.

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See HCSO, page 5A

Circle Park tree planting plan changed to leave open area

Continued from page 1A

was hot. It was brutal. We need trees there for the shade otherwise people aren't going to want to sit down there in that heat," Griffin said.

The second issue was the positioning of the stage. The current position allows little room for spectators to get a good view of entertainment and speakers during events. With Smith's suggestion, a second line of electricity and an alternate location for the stage could be used.

"The sun sets right there. The people will be standing and looking

'I went out there Saturday afternoon and sat with Gene (Brenner) and it was hot. It was brutal. We need trees there for the shade otherwise people aren't going to want to sit down there in that heat.'

JOHN GRIFFIN
city council member

right into the sun. Maybe we should plant a couple trees there to break up that sun," suggested Council member John Clark.

Fells was adamant that planting additional trees in the same spot would be a mistake and would have the Circle wind up in the same position it was when the project was

started.

"We're trying hard not to create the same issue we just had there," said Public Works Director Ken Fields in agreement with Fells.

After a bit of confusion and head-bumping about in which quadrant to plant trees, Fells clarified that the planting of trees is much easier than

the removal.

"It's easier to stick a tree in there than digging it up," Fells said.

Council member Scott Stanley thought the best bet would be to take the process slow.

"We can give it a try. Plant the one tree and then if it's too much sun or becomes a problem we can

always put in another tree," Stanley said.

Fells made a motion to continue the Circle Park improvements by planting one 25-foot live oak tree in one quadrant of the circle (the other planned tree will not be planted right away) and have the CRA fund the additional electrical outlet for the second stage location. The motion passed unanimously. Bids for tree will go out to in the upcoming weeks.

Council directed CRA to vote on the same issue and bring revisions and suggestions back to council before the final vote.

Budget process on schedule for county

Continued from page 1A

Rybinski, public information officer for the county, although budget meetings with commissioners are planned for today.

The majority of the work for the budget is finished, according to commissioners.

"They have not assembled their book yet," Rybinski said in response to a request for the budget work to date.

July 17 is the first day the public will get a look at the document, which is required to be finished and in balance on that date for commission approval by Florida Statute, according

to Rybinski.

"It has to be balanced and presented by July 17, which is our next meeting. That means we should have something by the

Thursday before, July 12, which is when the agenda packet is due to be finalized," Rybinski told the News-Sun on Thursday.

With an estimated \$2 million shortfall in the general fund predicted by former county administrator Ricky Helms in June, the board will be faced with some hard questions about services such as libraries, parks and recreation and public safety.

On Tuesday, Commissioner Don Elwell stressed his desire to postpone the termination of Helms' contract until after this budget season, expressing his desire to draw upon the 38 years of experience Helms had with budgets, but on Thursday Elwell said "we are ready" when asked about the budget process.

"The department heads have put their budgets together and presented them months ago. They are having meetings this week about putting it all together. We should have a good solid, balanced budget with some good options by the next meeting," Elwell said.

Elwell has called the upcoming fiscal year to "looking down a double-barreled shotgun."

"Everyone is working hard to make it happen. We are looking at an estimated \$2 million in cuts. That does not seem so much in an overall budget of \$114 million, but when you are looking at just the general fund of \$54 million with public safety taking about 50 percent, that could be a significant percentage," Elwell said Thursday.

Elwell explained that cuts were already in the works for some of the constitutional offices, like the Clerk of Courts.

"I think we may need about 1 percent from some of the constitutional budgets," Elwell said.

On the other side of the vote to terminate Helms, Commission Board Chairman Jack

Richie, who opened the discussion on firing Helms in June, was confident the budget was close to completion.

"I am scheduled to get a briefing tomorrow, and yeah, we are ready. Staff has done a good job getting the budget together and boiling it down," Richie said Thursday.

"They know and we know there will have to be some adjustments, but the directors got that message last year," Richie added.

"There are a lot of assumptions out there about shortfalls, but I don't think the number is as bad as it sounds. We went line item by line item last year, and we can do that again if we need to do so," Richie said about the projected \$2 million shortfall.

"We do have to be careful with the reserves. We need to make sure we have three to four months for reserves. We can get there, but we need to make sure we have a little more in the reserves in case we have a major hurricane," Richie said.

State officials urge cash donations for Debby victims

TALLAHASSEE (AP) — State officials are urging private citizens to help the victims of Tropical storm Debby with cash donations to established relief organizations.

In a release Thursday from the state's emergency response team, Gov. Rick Scott and emergency operations director Bryan Koon said financial gifts are the best way to provide immediate help. Anyone wanting to help should contact a local volunteer center for instructions on providing assistance.

Florida emergency management officials have already declared 11 Florida counties as disaster areas that are eligible for federal assistance. That assistance includes grants for temporary housing and home repairs and low-cost loans to cover uninsured property losses.

Other federal programs will help individuals and business owners recover from the flooding that resulted from the storm.

Disaster officials say Debby is responsible for eight deaths.



News-Sun photo by CHRISTOPHER TUFFLEY
Avon Park Public Safety Director John King presents Avon Elementary fifth-grader Keila Montelongo (above) and Ethan Helvey of Park Elementary with a plaque for their winning essays in a D.A.R.E. contest.



Helvey, Montelongo write winning D.A.R.E. essays

By CHRISTOPHER TUFFLEY
christopher.tuffley@newssun.com

AVON PARK — Two fifth graders, Ethan Helvey of Park Elementary School and Keila Montelongo of Avon Elementary School, were honored at the June 25 city council meeting. Both wrote winning pieces for the end-of-year D.A.R.E. essay contest.

"Each year the police department has a D.A.R.E. program (in the schools)," Public Safety Director John King told the council and audience. "At the conclusion of the program there is a celebration at (South Florida State College) for all the students.

"What I would say to those criticize the D.A.R.E. program as ineffectual is come to this celebration, providing their hearing can survive, so they can truly gauge the value of the program."

King explained that at the conclusion of the program each student writes an essay about what they have learned and how it affected them. A winning essay is chosen from every class.

"This year we thought we would take it one step better," King said, "and award a student overall best from each elementary school.

"The police department selected the two winners. It is quite an accomplish-

ment for all the winning students to be picked best of their class, (even more) for Ethan's and Keila's essays to be picked as winners representing their respective schools."

In addition to the certificate, the two students won a gift certificate from the Olympic Restaurant for a complimentary dinner.

"Plain and simple," said Jimmy Tsakalos, who with his wife Marie owns and operates the restaurant, "I think it's a good thing to do. We like to support the community whenever possible and this was a good thing."

AP to discuss lowering millage rate

Continued from page 1A

average resident \$1,925 per \$1,000 in taxable property value.

"Even at the lower millage rate," Deleon said, "the proposed budget also includes \$245,824 set aside in contingency funds."

The subject is on the agenda for the city council meeting scheduled for Monday.

Deleon emphasized that lowering the millage rate in no way reflects the projected savings if the council selects to close down the police department and use the Highlands County Sheriff's Office instead.

"The tax relief is due to more efficient operations," Deleon said, "it has nothing to



Deleon

do with the police. The \$2 million to cover the costs of the police department is still in the budget for the next fiscal year."

Deleon added that the city paid off 40 percent of its total debt in 2011-2012, reduced utility rates and garbage rates for all city residents.

It has also provided new

garbage carts for all city residents.

Deleon expects to continue residential annexations.

Once the millage rate has been advertised and submitted it cannot be raised, Deleon said, but it can be lowered. The rolled-back rate is 6.2419.

The rolled-back rate would increase the tax revenue by approximately \$515,417.

Lewis running for school board seat

Continued from page 1A

"I've taught every grade, fourth through adult education. I was an administrator for 15 years in Miami. I've volunteered in schools in Orlando, and at Hill-Gustat Middle School and the Kindergarten Center. I've been teaching a master student class at (South Florida State College).

"The reason I'm running is I think people should have a choice. I feel I have experience to offer having taught in different schools in different places. I've seen other ways of doing things."

Lewis understands a school board member's role is very limited. She also understands that at the moment there may be particulars she doesn't know about. This is why she wants to examine the school district's budget line by line. She feels each school board member has to remain constantly aware of the district's financial situation in order to make useful decisions.

She intends to be active.

"You need to look for solutions," she said. "We can't keep repeating 'there's a problem'. You have to find ways of solving them. Somehow we have to be more open."

To do that, "You have to involve all the shareholders," Lewis said. "They have to believe they're involved." She wants to see school board meetings televised.

Lewis has several areas of major concern.

She said the budget is a priority, but recruiting, retaining and replacing good teachers is just as important. "I'm really concerned we are losing more teachers than we are getting," Lewis said, adding, "I would volunteer to mentor every first-year teacher."

She feels the ongoing effort to evaluate teachers is a part of the retention problem. She wants to get more retired teachers involved and does not believe

principals should be a part of the process.

"The principals come from the top; that makes teachers insecure," she said, adding she believes every principal should teach one class every semester.

She also believes school board members have to work with and lobby the state legislature.

Lewis said one person can make a difference and points to County Commissioner Don Elwell. "He is kind of my role model," she said with a wide smile. "He's accomplished what he set out to do — insisting on open meetings and using email and Facebook he's showing us the way. If I can be a short, female Don Elwell, we'll move in that direction."

Ultimately, her top priority is the students.

"I'm excited," she said. "I really believe we can get the kids excited about learning."

EDITORIAL & OPINION

ANOTHER VIEWPOINT

Political courage required

The governor has reconvened the task force whose recommendations to bring deep reform to how assisted-living facilities treat their vulnerable clients died in the Legislature.

The recommendations died this year because (a) lawmakers caved in to big-money industry interests and (b) the governor, who swore that protecting the frail and elderly was his priority, failed to get out and push. Nor did he get out and lead.

In the meantime, the worst of the ALF operators are still operating unimpeded, and anyone unlucky enough to be in their "care" remains unprotected. The panel of industry experts represents

the best second chance to develop measures that will curb the types of mistreatment, abuse and bad — sometimes fatal — practices graphically recounted in The Miami Herald series Neglected to Death.

However, political courage is the only thing that will make a real difference.

In the most recent legislative session, a bill sponsored by Sen. Nan Rich was hailed as the most comprehensive in a generation. It got tough on

the worst offenders and gave ALF clients and their families more muscle. It would have stripped state regulators of the power to cut deals with ALFs in the cases of the most horrific deaths. Instead, their licenses could be immediately revoked.

These conditions should remain the bare minimum of this second round of study. Industry claims of overregulation are overheated. Protecting vulnerable ALF clients must be, first and always, the priority. Appeasing industry lobbyists to the point that new recommendations are defanged and ineffective cannot be an option. ...

This time around, the task force plans to address how to

better protect mental-health residents and how to better enforce what state regulations exist now. In response to The Herald series, the state toughened up its facility inspections. But that's barely enough. For Florida, where seniors once flocked to live out their golden years, to allow those same people to be neglected and abused because the state doesn't care enough, is a travesty.

It's a long slide that elected officials are responsible for braking. No matter how thoughtful any new task-force recommendations are, they will only be as good as the political will expended to make them a reality.

An editorial from the Miami Herald.

Justice John Roberts and America's political center



Independent's Eye

Joe Gandelman

You see few authentic political shockers anymore, and when Supreme Court Justice John Roberts sided with the court's liberals to uphold President Obama's health care reform law, that was one of them.

But, merits of the law aside, an underlying truth about the resulting shock is that there is utter disbelief in 21st century America that a partisan can truly change his mind and not do so out of Machiavellian calculation or an inability to resist "caving" to opposition political pressure.

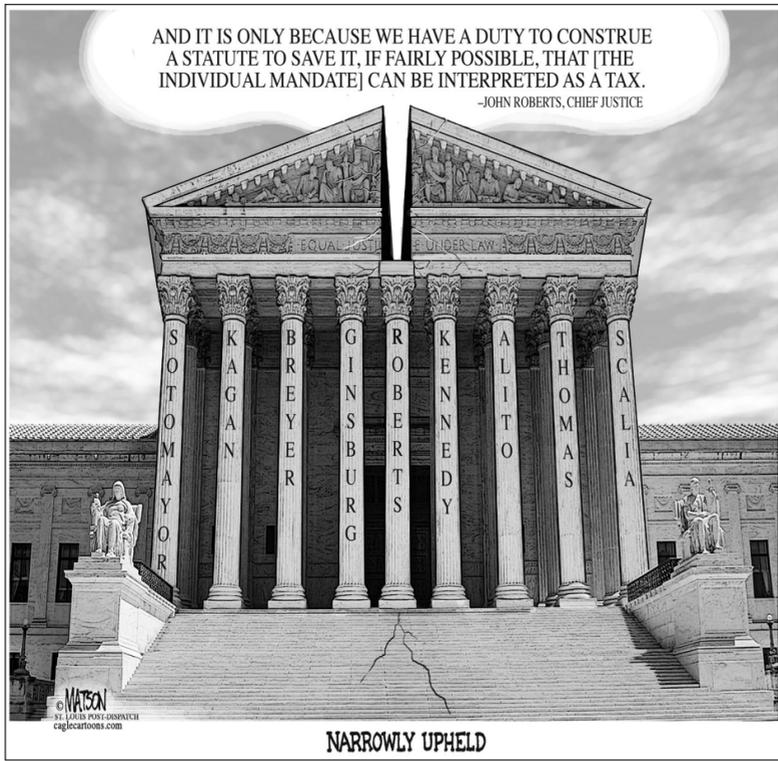
A second underlying truth that those who regard the center as mushy, wishy washy people who can't make up their minds — rather than people who may often wait a little longer to reach an informed conclusion — won't like to hear is this: for whatever reasons it came down as it did, the final ruling meant the country's fragile center prevailed.

A centrist and moderate may not be a declared centrist or moderate or even a centrist and moderate consistently. In his superb book "Leading from the Center: Why Moderates Make the Best Presidents," historian Gil Troy classifies Ronald Reagan as a moderate due to Reagan's willingness to work with and compromise with the opposition, rather than dig in his heels and take all-or-nothing positions.

In today's ever dogmatic Republican Party, Roberts' action provoked howls that were akin to Julius Caesar's "Et tu, Brute?"

Conservative news outlets such as the Wall Street Journal blasted Roberts ("swayed from (his) constitutional duties..."). Web powerhouse talker Glenn Beck labeled George W. Bush a "progressive" for picking Roberts and took pre-orders for a t-shirt with Roberts' picture on it with the word "Coward." Conservative politicians, talk-show hosts and bloggers dumped on Roberts so much that a new John Roberts Landfill may open soon.

Meanwhile, CBS's Jan Crawford did a report based on info from "two



sources with specific knowledge of the deliberations" detailing how Roberts changed his original position to vote with the liberals. Were her sources conservative justices' law clerks out to expose what they considered Roberts political heresy? If so, this unprecedented leak of Supreme Court deliberations would be yet another reflection of how in America's ideological wars, partisans try to discredit those who deviate from an ideological line.

Mind-changing no longer allowed? Writes The Moderate Voice's columnist Shaun Mullen: "I have come, however circuitously, to the view that the ability to change one's mind about things that matter is a mark of maturity — and sometimes greatness."

The Daily Beast's Michael Tomasky, citing parts of the CBS report about how conservative justices angrily refused to join Roberts in any of his positions at all once he switched from theirs, notes that conservative GOPers are playing a politically nonproductive zero sum game: "From the base to Congress to the members of the Supreme Court, it's the same mentality. Everything or nothing. Well folks, on health care, and on the stimulus, and on financial regulatory reform, and a handful of other things, you got nothing. When might you bother to stop and think about whether this strategy is paying off? You won't, because it's not a strategy. It's a primal instinct, driven by rage."

Rage rather than serious policy debate fuels early 21st century politics, much of it stemming from both parties' bases.

Liberal Democrats go hunting for DINO's (Democratic in Name Only), while conservative Republicans go hunting for RINO's (Republicans in Name Only).

They've got political heads to mount on their ideological walls, but in the process many Americans now consider them both PSINO's (Problem Solvers In Name Only).

Roberts is now attacked by the right, which has the attitude: "Oh, if only we had more great, objective, patriotic judges like Antonin Scalia and Clarence Thomas!" He's now attacked by the left, which fears his ruling was a mere charade or judge's version of a magician's misdirection. Neither side really trusts Roberts.

Hey, wait. This is deja vu for moderates, centrists and independents. Now I know what it is:

Mr. Roberts: welcome to being — for now, at least — a member of America's political center.

Joe Gandelman is a veteran journalist who wrote for newspapers overseas and in the United States. He has appeared on cable news show political panels and is Editor-in-Chief of The Moderate Voice, an Internet hub for independents, centrists and moderates. CNN's John Avlon named him as one of the top 25 Centrist Columnists and Commentators. He can be reached at jgandelman@themoderatevoice.com and can be booked to speak at your event at www.mavenproductions.com/. Guest columns are the opinion of the writer, not necessarily those of the News-Sun staff.

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TODAY'S LETTERS

Flowers has goals for office

Editor:
I'm supporting David Flowers for Supervisor of Elections as I think he is the best qualified for the job. He has a master's degree in public administration, has proved his leadership in several capacities in the county and city of Avon Park, as well as being a successful business owner and manager.

He has earned many professional and community service awards from the many community and service organizations he has served in. There are too many to be listed here.

He is very active in church activities. His goals are to increase voter education and participation, provide the best possible service to all citizens, and make sure that every vote counts.

I am even changing my registration from Democratic to Republican so I can vote for him in the primary election.

Georgia Mason
Avon Park

Bouquet

Benefit for Wauchula Moose lodge a huge success

Editor:
The Save the Moose Benefit at the Wauchula Moose Lodge was a huge success. Moose Riders came from many areas of Florida on June 16 to give the lodge a much needed boost. District 23, which consists of Sebring, Lake Placid, Arcadia, Highlands County and Wauchula Moose Lodges, came out in force also.

The Sebring Moose Riders donated the fish, fries and condiments. The cooking and serving was done by J.T. and Donna Tucker, Larry and Jeanette Meloche, with Bob Gardner and his boys,

Special thanks go out to Highlands County Moose Lodge and Riders, Sebring Moose Riders, Mary Nead, Dave and Mary Ann Mangold for their monetary donations. Also, Highlands County Moose Lodge, Arcadia, Sebring Moose Riders, Tom Downing, Roni Newsome, George and Geri Hollingsworth for bottle donations for the raffle. Lake Placid Moose Riders for the jello shots. Raffle tickets and 50/50 tickets were sold by Roni Newsome, Geri Hollingsworth, Marlene Kaye & Kathleen

Jordan. The winner of the 50/50 was Gerri O'Brien. She donated \$50 to the Wauchula lodge.

Highlands County Moose Riders provided the music by TJ and the Cruisers.

Everyone that attended the event had a great time.

The Wauchula Moose Lodge deeply appreciated the support of all the volunteers that worked the event and those that attended.

More donations are expected.

Mary Ann Mangold
Sebring

Don Jose's steps up for Big Brothers Big Sisters

Editor:
On behalf of the board of directors and staff of Big Brothers Big Sisters of the Sun Coast, I wanted to express my gratitude to Don Jose Mexican Restaurant for their support from their inaugural Beach Volleyball Blast held June 23, 2012, where a portion of the proceeds were donated to benefit our organization.

This first volleyball bash had an outstanding turnout with these seven co-ed teams present to battle it out for the top spot: Destroyers, Misfits, Locos Fritos, Dream Team, YMCA, Sandy Balls and Hangovers. Numerous spectators and patrons flanked the courts to witness this friendly competitive event, and in the end the YMCA team took home the top honors.

Even with the weekend's dismal weather, the event proved to be a great success. We are incredibly thankful to Don Jose Mexican Restaurant for their generosity, and to all who came out to play in support of our efforts within our community to provide children facing adversity in the Highlands and Hardee counties with strong and enduring, professionally supported one-to-one relationships in hopes of changing their lives forever for the better.

We at Big Brothers Big Sisters were honored to be the recipients from this event and are tremendously grateful to have been selected amidst countless other deserving organizations. We could not continue to make our mission a reality without the continued participation from this great community.

Kiko Vazquez
Community Resource Director
Big Brothers Big Sisters of the Sun Coast

EDITORIAL PAGE POLICY

Make sure to sign your letter and include your address and phone number. Anonymous letters will be automatically rejected. Please keep your letters to a maximum of 400 words. We have to make room for everybody. Letters of local concern take priority. Send your letter to 2227 U.S. 27 South, Sebring, FL 33870; drop it off at the same address; fax 385-1954; or e-mail editor@newssun.com.

To make sure the editorial pages aren't dominated by the same writers, letters are limited to two per month and a guest column can be submitted once every three months. Opinions expressed in letters or columns are solely the opinion of that author and not necessarily the opinion of the staff or editors of the News-Sun. All items will run on a first-come basis as space permits, although more timely ones could be moved up.

We believe your viewpoints are just as important as any community leader or government official, so consider this a personal invitation to get your two cents in.

Zimmerman's bail set at \$1 million

ORLANDO (AP) — The neighborhood watch volunteer who killed Trayvon Martin can be released from jail on \$1 million bond while he awaits trial on a second-degree murder charge, a judge ruled Thursday.

Circuit Judge Kenneth Lester granted bond to George Zimmerman for a second time. Lester had revoked Zimmerman's \$150,000 bond last month

after prosecutors told the judge Zimmerman and his wife misled the court about how much money they had during an April bond hearing.

Prosecutors said a website Zimmerman created for his legal defense had raised \$135,000 at the time of his first bond hearing. Zimmerman and his wife did not mention the money then, and Shellie Zimmerman even said the



George Zimmerman

couple had limited resources because she was a student and he wasn't working.

The judge made his decision after listening last week to Zimmerman's attorney and a forensic financial analyst explain why he wasn't more forthcoming.

Council wants more feedback on special events manual

Continued from page 1A

intrusive to neighbors," Clark said. "Where you're at is not commercial zoning."

"I've talked to two landowners who are close and they'd prefer it not to be on for that reason at night," Fells said.

The parcel of land where Gateway Park is located is currently zoned mixed use.

"At the end of the day, it's your property. You can put it on there if you want," City Attorney Bob Swaine said. Council advised the CRA to place a timer on the sign that shuts it off at a certain hour each night. Council approved the landscape design pending the sign condition.

Council also approved an amendment to the Lake Charlotte Ranch Development Agreement. The Lake Charlotte Ranch property, off of Sparta Road, will include three single-family residences and a barn of which the developer requested to modify to include a caretaker's apartment.

Council approved the request with the condition that Swaine's drafting of the amendment be paid for by the land owner.

The lengthy discussion of the Special Events Manual proved to be somewhat of a challenge.

The manual first was brought to council for approval several weeks ago. The council determined that more revisions were needed before approval could be given for the manual.

The manual, when introduced, will give guidance to individuals and organizations wishing to plan a special event in Downtown Sebring. City staff members — including city administrator, police and fire personnel and others — all gave input to create the manual.

It was determined that a Special Events coordinator would be needed as well as a Special Events application. The proposed manual lays out fees, insurance, road closures, licenses and other major steps in the event planning process.

Each city department chimed in on the discussion hoping to come to a happy medium regarding the issue.

"The more organized the process is, the better it is for me and my staff," Public Works Director Ken Fields said.

"I want to make it an easy process and not discourage the smaller events. The trick is balancing it so we don't discourage the smaller ones to step up to the plate with an event," Councilman Scott Stanley said.

After much discussion, the council determined that neither Noethlich nor Assistant City Administrator Bob Hoffman would be the best choice for the Special Events coordinator job.

"We are really the only two who have the authority to get all these entities together. Unless we give it to someone else and tell them to get the fire, police, public works together for meetings. I think one of us should be the ones

who do this," Noethlich said.

Council members agreed that a one-time \$25 application fee for events would be collected for events. Also, council members played with the idea of allowing events that will cost a total of \$500 or less (costs would include public works, fire, police assistance to set up, patrol or provide safety for the event) that the city would not collect money from the entity; anything more than \$500, the entity would pay for.

"So we're giving them a \$500 deductible," Mayor George Hensley joked.

The item was tabled to the Aug. 7 deeming more feedback and revisions.

The council and city staff also said goodbye to a long-time Public Works employee, Earnest Johnson. Johnson served the city for 33 years.

Police Chief Tom Dettman approached council with a suggestion to change the name of the CRA's Gateway Park to Centennial Park due to the completion of the park during the city's Centennial year.

Council approved the suggestion unanimously and will wait for input from CRA before officially changing the name.

HCSO unit arrests 13

Continued from page 1A

\$43,000 has been forfeited into the Federal/State Forfeiture Fund as a result of the diligent efforts of all of our members working as a team.

In all 13 arrests were made in the nine search warrant operations as follows:

— Alvin Ron Daye, 75, 168 EA Smith Ave., Lake Placid was harged with possession of cannabis with intent to sell within 1,000 feet of a church, possession of drug paraphernalia.

— Nichiren Shoshu Smith, 36, 1219 Citrus Terrace, Sebring, was charged with possession of cannabis with intent to sell within 1,000 feet of public housing, possession of cannabis more than 20 grams, possession of drug paraphernalia.

— Luther Trovian Jones, 39, 1030 S.R. 17, Sebring, was charged with possession of cannabis with intent to sell within 1,000 feet of a church, two counts of possession of a controlled substance with intent to sell within 1,000 feet of a church, possession of cannabis over 20 grams, possession of drug paraphernalia, violation of probation

— Nichiren Shoshu Smith, 36, 1219 Citrus Terrace, Sebring; and Alfred Alexander Brown, 45, 530

Grapefruit, Sebring, were both charged with possession of cannabis with intent to sell within 1000 feet of a Church, possession of cannabis more than 20 grams, possession of cannabis less than 20 grams, resisting an officer without violence, possession of drug paraphernalia.

— Pedro Matos III, 28, 2308 Wightman Ave., Sebring; Ginger Maria Paul, 24, 207 Atterbery, Sebring, were both charged with trespassing after warning, contributing to the delinquency of a minor (alcohol), possession of cannabis less than 20 grams, possession of drug paraphernalia

— Jacob Daniel Williams, 31, 903 Booker St., Sebring, was charged with possession of a short barrel rifle or machine gun, possession of a weapon or ammunition by a convicted felon, grand theft of a firearm, dealing in stolen property, possession of cocaine, possession of a controlled substance without a prescription, possession of cannabis less than 20 grams, possession of drug paraphernalia

— Casey Davarius Stukes, 24, 720 S. Fairview Terr. Apt. 710, Avon Park, was charged with child abuse, possession of a synthetic narcotic, trafficking in phenethylamines greater

than 10 grams, possession of drug paraphernalia

— John Marshall Rooks IV, 28, 1315 Bassage Rd., Sebring; David Lee Caudill Jr., 33, 1003 Wildflower St., Lake Placid; James Lamar Rimes, Sr., 61, 1533 Lake Josephine Dr., Sebring; Travis Bartlett Hurlbutt, 28, 610 Highlands Lake Dr., Lake Placid, were all charged with grand theft of a firearm, dealing in stolen property, two counts of resisting an officer without violence, possession of a controlled substance without a prescription, possession of drug paraphernalia.

— Johnnie KE Knight, 48, 1710 Wolfe St., Sebring, was charged with possession of ammunition by a convicted felon, possession of cocaine, possession of cannabis less than 20 grams, possession of drug paraphernalia.

Anyone with information on drug activity and who wants to remain anonymous and be eligible for a cash reward is asked to call Heartland Crime Stoppers at 1-800-226-TIPS(8477), or visit www.heartland-crimestoppers.com/.

OBITUARIES

TIMOTHY VAN WHITE

In loving memory of Timothy James Van White aka "Timo", 46, passed away June 28, 2012. We will miss the best son and brother and friend the world can ever know. Who is now with the greatest son - Jesus Christ and greatest father - the Lord God Almighty, through the Holy Ghost. May the Lord continue to keep and care for you. We know that in time we will meet you in the air and rejoice with you with Jesus Christ - our Lord. Amen.

A funeral service to be held Saturday, July 7, 2012 at Lake Placid Seventh Day Adventist Church, 24 E. Phoenix St., Lake Placid, FL 33852, with Pastor Rafael Fernandez officiating. Viewing will be from 10-11 a.m., and funeral following at 11 a.m. to 12 p.m. Luncheon will be from 12:15-1:30 p.m. Services entrusted to Coney Funeral Home, Lakeland, Fla.

RUTH WERTENBERG

Ruth J. Wertenberg, 91, of Sebring, Fla. passed away on Saturday, June 30, 2012. Born in Milwaukee, Wis. to parents Anton and Dorothy

Havlik in 1921, Ruth wed James Wertenberg in 1942. Retiring in 1986 from AT&T as an analyst/Corporate Services in Milwaukee, she and husband James became residents of Sebring. Ruth was a member of the Telephone Pioneers of America, Golf Hammock Country Club and Emmanuel United Church of Christ.

A loving mother, Ruth is survived by her daughter, Joann (William) Powell; brother, William (Patricia) Havlik; nieces, nephews, relatives and dear friends. Her husband, James, and daughter, Lynn, preceded her to Heaven.

A memorial service will be held at a later date. Contributions in Ruth's name made to Emmanuel United Church of Christ, 3115 Hope St., Sebring, FL 33875 or Good Shepherd Hospice, 1110 Hammock Road, Sebring, FL 33870 are appreciated. In the arms of the angels may you find comfort and peace; you are loved forever and will be missed eternally.

Arrangements have been entrusted to:

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Van White

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Sister to finish brother's special project

Continued from page 2A

uneasy feeling.

"I would tell him it was dangerous, and he would just laugh me off," she said.

Fields had a busy deployment with the 81st Troop Command of the Indiana National Guard, leaving him with barely enough time to correspond with family and friends.

"He called me one time when he was over there, and I missed the call," Cavanaugh said, adding that he left a voicemail.

Just after midnight on May 22, Fields' sister, who lives in Indianapolis, got a phone call from her mother, who was hysterical.

"She was crying and I couldn't understand her," Cavanaugh said. "I handed the phone to my husband."

There was a moment of silence before Cavanaugh tearfully recounted the painful moment when she found out that Spc. Arronn Fields, 27, was killed by enemy grenade fire on May 21 in Qal-ah-ye Mirza Jal, Afghanistan.

"I didn't think it could be true," the grieving sister said. "But then there was anger. ... Then I wanted to go to Afghanistan and kick some (butt)."

Western Indiana turned out in full force to honor its fallen hero, as residents put up signs on their homes and businesses to salute the hometown soldier's ultimate sacrifice.

"Since I'm in the military, sometimes I think we're taken for granted," she said. "But people do care."

Cavanaugh, whose deep faith in God has helped calm her initial anger, still wants to serve in Afghanistan.

"Even if I'm not on the front lines, I just want to go and do my part," Cavanaugh said.

Almost every night, Sgt. Cali Cavanaugh plays the last voicemail her younger brother left her. While she hopes to one day finish what he started on the battlefield, she's also determined to finish rebuilding his treasured 1969 Ford Mustang.

"He just really loved cars," she said. "That was his favorite thing."

Spc. Arronn Fields also loved America. As his bright, shiny Mustang someday travels down roads surrounded by Indiana's golden fields, the soldier's legacy will roar even louder than the car's powerful engine.

To find out more about Tom Sileo or to read features by other Creators Syndicate writers and cartoonists, visit the Creators Syndicate website at www.creators.com.

Attorney: Casey Anthony rejected early plea deal

By CURT ANDERSON
AP Legal Affairs Writer

MIAMI — Casey Anthony's attorney said he strongly considered early in the case whether she should plead guilty to a lesser charge to avoid the death penalty if convicted of murdering her 2-year-old daughter Caylee, but Anthony adamantly insisted she had nothing to do with the toddler's death.

In his just-published book "Presumed Guilty, Casey Anthony: The Inside Story," attorney Jose Baez said prosecutors offered in 2008 to allow Anthony to plead guilty to aggravated manslaughter of a child and serve up to 13 years in prison. Baez said in an interview with The Associated Press that in those early days he thought taking it might be in Anthony's best interest.

"There were times, difficult times, when the evidence didn't look good for Casey," Baez said, adding that it was his obligation as a lawyer to convey any such plea offers.

Anthony, he said, "would not entertain it for a second." As he became more familiar with the state's mostly circumstantial case, Baez said he grew convinced she would be acquitted by a jury — as she was a year ago Thursday of all charges except for four misdemeanors of lying to investigators.

"There was nothing in the trial that ever made me think Casey was guilty of anything as related to the murder," Baez said. "Every single piece of evidence favored us."

Prosecutors claimed Anthony suffocated Caylee with duct tape so she could spend time with her boyfriend and be free for Orlando's nightlife. Baez



Attorney Jose Baez sits next to Casey Anthony during her 2011 trial. MCT

said during the trial — repeated again in his book — that Caylee accidentally drowned in a family swimming pool and that her father, George Anthony, hid the body. Baez also claimed George Anthony sexually abused his daughter.

George Anthony denied both allegations, and there was little brought up about them during the trial. Baez said the defense wasn't required to put on any such evidence because proving the case is the prosecution's burden, not the other way around.

Evidence and testimony showed that Anthony was a habitual liar, even making up fake friends and pretending every day to go to a job she didn't have. Baez was asked whether Anthony's lies sur-

rounding her daughter's disappearance might be indicative that she was guilty.

"I don't think the lies are indicative of innocence or guilt," he said.

"The lies were there long before Caylee passed away." In the book, he says Anthony had built a "fantasy world," and her lies weren't evidence of guilt but signs of someone with "serious mental health issues."

Baez said one piece of prosecution evidence he was most concerned about was that police cadaver dogs had indicated a body may have been in the trunk of Anthony's car at one point and also that a body may have been in the backyard. None was discovered in the backyard and there was nothing but rotting bags of trash

in the trunk.

But, he said, people — and jurors — believe in dogs.

"That concerned me a little bit. Most people really think dogs can do magic," Baez said.

The prosecution's flaw, he added, was that regarding the car search the dog and handler were focused only on Anthony's vehicle and did not include others in a lineup to give the dog options.

Overall, Baez attributed the strong public backlash against the jury's verdict to a lack of understanding about the judicial system and because "a lot of people bought into the hype" that Anthony must have been guilty. He noted that jurors who gave media interviews after the trial said they waited for weeks for strong evidence

that never came.

"We need to talk about whether an actual murder occurred," he said. "That's where the focus should have been, and it never was."

Baez declined to comment on what Anthony is doing these days and on how often he talks to her.

He said he promised her confidentiality when she agreed that he could write his book, in which she did not participate.

Anthony is living in an undisclosed location in Florida serving probation for an unrelated conviction, which Baez said ends on Aug. 21.

"She's doing a lot better than she was in prison," Baez said, but then added: "She's a prisoner of her own freedom."

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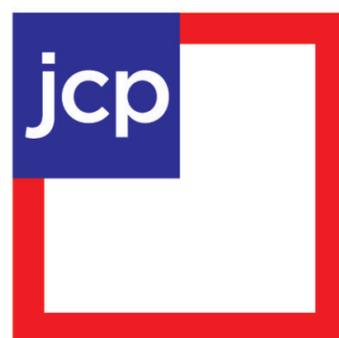
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unless noted, best price listings represent select styles, not entire categories.

thousands of items marked down!

shop now before the
goods are gone!

jcp.com/bestprice



The Newspaper

All Around Your World...

We celebrate how the newspaper has evolved to meet our changing needs without sacrificing the quality coverage you've come to expect. Day after day, anywhere you go, the newspaper delivers.

In the Classroom



- current events
- vocabulary
- geography

Family Time



- travel
- recreation
- family events

Whether in print or online, it brings us the latest headlines from across town and around the world, local events, lots of laughs, touching stories, money-saving offers and so much more.

Sunday Morning



- comics
- games
- puzzles

At the Office



- business news
- networking

Online



- local events
- email highlights
- 24-hour updates

Over Coffee



- garage sales
- local advertising
- community

Support your local newspaper and the continued tradition of quality journalism by renewing your subscription today, and we'll continue to deliver. Thanks, readers!

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Highlands County's Hometown Newspaper Since 1927





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Classified

Free ad is limited to a 4-line ad that runs for 3 consecutive issues. Must be a non-commercial item. Asking price is \$100 or less. We offer 2 ads per month and can rerun the same ad 2 times in 30 days, only if it's the same ad. The price is allowed to change. All ads placed under the "Bargain Buys" discount rate must have 1 item with 1 asking price. The customer can list a set for 1 price, i.e. Bedroom set ... \$100 is allowed; Chairs (2) ... \$20 each is NOT allowed. The customer can list the ads as Chairs (2) ... \$40 for both. To list an ad stating "Each," the ad must be charged at the non-discounted rate, using the "Open Rate" pricing. No commercial items are allowed to be placed under our "Bargain Buys" specials. Items must be common household items. Ads for Pets, stating "Free to Good Home," are allowed to be placed under the "Bargain Buy" category.

AD RATES

GARAGE SALE
6 lines - 2 days \$11⁵⁰
3 days \$14
(additional lines \$1 each)

MISCELLANEOUS merchandise over \$100
5 lines - 6 pubs \$17⁵⁰
(additional lines \$3 each)

REAL ESTATE EMPLOYMENT TRANSPORTATION
5 lines - 6 pubs \$31⁵⁰
6 lines - 14 pubs \$71



- Index**
- 1000 Announcements
- 2000 Employment
- 3000 Financial
- 4000 Real Estate
- 5000 Mobile Homes
- 6000 Rentals
- 7000 Merchandise
- 8000 Recreation
- 9000 Transportation

ADD A BORDER - ATTENTION GETTER - LOGO
For Just A Little More And Make Your Ad Pop!

DEADLINES

Publication Place by:
 Wednesday 4 p.m. Monday
 Friday 4 p.m. Wednesday
 Sunday 4 p.m. Friday
 All fax deadlines are 1 hour earlier.

ADJUSTMENTS

- Please check your ad for errors the first day it appears since the News-Sun will not be responsible for incorrect ads after the first day of publication. If you find an error, call the classified department immediately at 314-9876.
- The publisher assumes no financial responsibility for errors or for omission of copy. Liability shall not exceed the cost of that portion of space occupied by such error.

Cancellations: When a cancellation is called in, a KILL number will be given to you. This number is very important and must be used if ad failed to cancel. All ads cancelled prior to scheduled expiration date will be billed for complete run unless a KILL number can be provided.

1050 Legals

IN THE CIRCUIT COURT OF THE 10TH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA
Case No: GC12-255

C.P.A. RENTAL, Inc., Plaintiff,
vs.
KEVIN D'ESPES, individually; UNKNOWN SPOUSE OF KEVIN D'ESPES, individually; TRACEY E. ALFERO, individually; the UNITED STATES OF AMERICA; UNKNOWN PARTIES CLAIMING INTERESTS BY, THROUGH, UNDER AND AGAINST NAMED DEFENDANTS WHO ARE NOT KNOWN TO BE DEAD OR ALIVE, WHETHER SAME UNKNOWN PARTIES MAY CLAIM AN INTEREST AS SPOUSES, HEIRS, DEVISEES, GRANTEEES, OR OTHER CLAIMANTS; Defendants.

NOTICE OF ACTION

TO: UNKNOWN PARTIES CLAIMING INTERESTS BY, THROUGH, UNDER AND AGAINST NAMED DEFENDANTS WHO ARE NOT KNOWN TO BE DEAD OR ALIVE, WHETHER SAME UNKNOWN PARTIES MAY CLAIM AN INTEREST AS SPOUSES, HEIRS, DEVISEES, GRANTEEES, OR OTHER CLAIMANTS

YOU ARE NOTIFIED that a foreclosure action on the following property in Okeechobee County, Florida:

Lot 36, OAK ISLAND, according to the plat thereof as recorded in Plat Book 12, Page(s) 45, Public Records of Highlands County, Florida, has been filed against you, UNKNOWN PARTIES CLAIMING INTERESTS BY, THROUGH, UNDER AND AGAINST NAMED DEFENDANTS WHO ARE NOT KNOWN TO BE DEAD OR ALIVE, WHETHER SAME UNKNOWN PARTIES MAY CLAIM AN INTEREST AS SPOUSES, HEIRS, DEVISEES, GRANTEEES, OR OTHER CLAIMANTS; TRACEY E. ALFERO, individually; KEVIN D'ESPES, individually; UNKNOWN SPOUSE OF KEVIN D'ESPES, individually; and the UNITED STATES OF AMERICA; and you are required to serve a copy of your written defenses, if any, to it on Plaintiff's attorney below:

Wesley R. Harvin, II, Esq.
306 NW 4th Street
Okeechobee, FL 34972
Tel: 863.824.7179

On or before July 31st, 2012, and file the original with the clerk of this court either before service on Plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the complaint or petition.

BOB GERMAINE
As Clerk of the Court
By: /s/ Priscilla Michalak
Deputy Clerk
June 29, July 6, 2012

1050 Legals

IN THE CIRCUIT COURT HIGHLANDS COUNTY, FLORIDA PROBATE DIVISION FILE NO. PC 12-255

IN RE: ESTATE OF JOYCE E. WENTZ, Deceased.

NOTICE TO CREDITORS

The administration of the estate of JOYCE E. WENTZ, deceased, whose date of death was May 2, 2012, and whose social security number is 291-30-0027, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 S. Commerce Avenue, Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is June 29, 2012.

Personal Representative:
/s/ Bradley J. Stoll
7024 Spring Hill Road
Sebring, FL 33876

Attorney for Personal Representative:
/s/ Robert E. Livingston
Florida Bar No. 0031259
445 S. Commerce Avenue
Sebring, FL 33870
Telephone: (863)385-5156

1050 Legals

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY FLORIDA PROBATE DIVISION IN RE: Estate of LEONARD F. LANDREY a/k/a LEONARD FRANCIS LANDREY Deceased. File Number 12000243PCAXMX

NOTICE TO CREDITORS

The administration of the estate of LEONARD F. LANDREY a/k/a LEONARD FRANCIS LANDREY, deceased, whose date of death was April 24, 2012 and whose Social Security Number 349-12-6820 is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 South Commerce Avenue, Room 102, Sebring, Florida 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIOD SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this notice is June 29, 2012.

Personal Representative:
/s/ Daniel Landrey
815 Hawser Street, NE
Palm Bay, Florida 32907

Attorney for Personal Representative:
/s/ David F. Lanier
360 North Babcock Street, Suite 103
Melbourne, Florida 32935
(321) 728-4939

June 29; July 6, 2012

1050 Legals

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA PROBATE DIVISION FILE NO. PC 12-253

IN RE: ESTATE OF RHODA A. STRAW a.k.a. RHODA STRAW Division PROBATE Deceased.

NOTICE TO CREDITORS

The administration of the estate of RHODA A. STRAW a.k.a. RHODA STRAW, deceased, whose date of death was April 1, 2012, and whose social security number is xxx-xx-0293, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 430 S. Commerce Avenue, Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is June 29, 2012.

Personal Representative:
/s/ Kathy Lauger
9050 Kivans Road
Harrisburg, Pennsylvania 17112

Attorney for Personal Representative:
/s/ David F. Lanier
E-Mail Address: lanier30@embarqmail.com
Florida Bar No. 045399
DAVID F. LANIER
P.O. Box 400
Avon Park, Florida 33826-0400
Telephone: (863)453-4457

June 29; July 6, 2012

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA GENERAL JURISDICTION DIVISION CASE NO. 11000335GCS

WELLS FARGO BANK, N.A., AS TRUSTEE FOR OPTION ONE MORTGAGE LOAN TRUST 2007-2, ASSET-BACKED CERTIFICATES, SERIES 2007-2, Plaintiff,
vs.
EDDY BLAIN; YANICK BLAIN; CITY OF SEBRING. U.S. DEPARTMENT OF TREASURY - INTERNAL REVENUE SERVICE, et al. Defendant.

NOTICE OF FORECLOSURE SALE

NOTICE IS HEREBY GIVEN pursuant to a Final Judgment of Foreclosure dated May 3, 2012, and entered in Case No. 11000335GCS of the Circuit Court of the TENTH Judicial Circuit in and for Highlands County, Florida, wherein WELLS FARGO BANK, N.A., AS TRUSTEE FOR OPTION ONE MORTGAGE LOAN TRUST 2007-2, ASSET-BACKED CERTIFICATES, SERIES 2007-2, is the Plaintiff and EDDY BLAIN; YANICK BLAIN; CITY OF SEBRING. U.S. DEPARTMENT OF TREASURY - INTERNAL REVENUE SERVICE are the Defendant(s). Robert Germaine as The Clerk of the Circuit Court will sell to the highest and best bidder for cash at 430 SOUTH COMMERCE AVENUE, SEBRING, FL 33870 AT 11:00 A.M. on August 3, 2012, the following described property as set forth in said Final Judgment, to wit:

THE SOUTH HALF OF LOT 7 AND ALL OF LOT 8, IN BLOCK 114 OF LAKEVIEW PLACE SUBDIVISION, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 1, AT PAGE 41, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA, SAID SOUTH HALF OF LOT 7, BEING MORE PARTICULARLY DESCRIBED AS FOLLOWS: BEGINNING AT THE POINT WHERE THE SOUTH BOUNDARY OF SAID LOT 7 INTERSECTS NANCESOWEE AVENUE; THENCE IN A NORTH-EASTERLY DIRECTION ALONG NANCESOWEE AVENUE A DISTANCE OF 25 FEET TO A POINT; THENCE SOUTHEASTERLY AND PARALLEL TO THE SOUTH BOUNDARY OF SAID LOT 7 TO THE REAR BOUNDARY OF SAID LOT 7 TO SOUTHEAST CORNER OF SAID LOT 7; THENCE NORTHWEST-ERLY ALONG THE COMMON BOUNDARY OF LOTS 7 AND 8 TO THE POINT OF BEGINNING. - A/k/a 1337 NANCESOWEE AVE., SEBRING, FL 33870.

Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens must file a claim within 60 days after the sale.

Dated this 4th day of May, 2012.

Robert Germaine
As Clerk of the Court
By: /s/ Priscilla Michalak
As Deputy Clerk
Dated this 4th day of May, 2012.

Important

In accordance with the Americans with Disabilities Act, if you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator, (863) 534-4690, at least 7 days before your scheduled court appearance, or immediately upon receiving this notification if the time before the scheduled appearance is less than 7 days; Notice of Foreclosure Sale; if you are hearing or voice impaired, call TDD (863) 534-7777 or Florida Relay Service 711.

July 6, 13, 2012

1050 Legals

IN THE CIRCUIT COURT OF THE 10TH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA GENERAL JURISDICTION DIVISION CASE NO. 11-000132-GCS

NOTICE OF ACTION - CONSTRUCTIVE SERVICE - PROPERTY 60904044 LAS PALMAS RESORT HOMEOWNERS ASSOCIATION, INC., a non-profit Florida corporation, Plaintiff, vs. CAMAY M. BROWN, et al.; Defendants).

TO: CAMAY M. BROWN RESIDENCE UNKNOWN if living, including any unknown spouse if either has remarried and if either or both of said Defendant is deceased, their respective unknown heirs, devisees, grantees, assignees, lienors, creditors, trustees, or other persons claiming by, through, under or against the named Defendant or if he is not known to be dead or alive, and whose residences are similarly unknown. YOU ARE NOTIFIED that an action to foreclose a Claim of Lien on the following property in HIGHLANDS COUNTY, Florida, to-wit:

Lot No. Block No. PLEASE SEE ATTACHED EXHIBIT A

LOT 638 EXHIBIT A

A PORTION OF LOT 12, BLOCK 4, TOWN OF AVON PARK, SECTION 23, TOWNSHIP 33 SOUTH, RANGE 28 EAST, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 1, PAGE 33, OF THE PUBLIC RECORDS OF DESOTO COUNTY, (OF WHICH HIGHLANDS COUNTY WAS FORMERLY A PART) FLORIDA, BEING MORE PARTICULARLY DESCRIBED AS FOLLOWS: COMMENCE AT THE SOUTHWEST CORNER OF SAID LOT 12; THENCE NORTH 89 DEGREES 59'48" EAST, ALONG THE SOUTH LINE OF SAID LOT 12, 160.16 FEET; THENCE NORTH 00 DEGREES 00'12" WEST, 47.94 FEET FOR THE POINT OF BEGINNING; THENCE NORTH 48 DEGREES 05'32" WEST, 26.70 FEET; THENCE NORTH 41 DEGREES 54'28" EAST, 58.00 FEET; THENCE SOUTH 48 DEGREES 05'32" EAST, 26.70 FEET; THENCE SOUTH 41 DEGREES 54'28" WEST, 58.00 FEET TO THE POINT OF BEGINNING. A/K/A 600 EAST CANFIELD STREET #638 AVON PARK FLORIDA 33825

has been filed against you and you are required to serve a copy of your written defenses, if any, to it on RENE M. RENJART, Plaintiff's attorney, whose address is: 201 Alhambra Circle, Suite 1200, Coral Gables, FL 33134, on or before August 7, 2012, and file the original with the Clerk of this Court either before service upon Plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the Complaint.

WITNESS my hand and the seal of this Court on this 26th day of June, 2012.

ROBERT GERMAINE,
as Clerk of the Court
By: /s/ Toni Kopp
Deputy Clerk
July 6, 13, 2012

1050 Legals

IN THE CIRCUIT COURT OF THE 10TH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION CASE NO.: 282011CA000110A000XX

CHASE HOME FINANCE, LLC, Plaintiff,
vs.
JAMES B. PACK; CYNTHIA L. PACK; UNKNOWN TENANT(S); IN POSSESSION OF THE SUBJECT PROPERTY, Defendants.

RE-NOTICE OF FORECLOSURE SALE

NOTICE IS HEREBY GIVEN pursuant to an Order Resetting Foreclosure Sale dated the 26th day of April, 2012, and entered in Case No. 282011CA000436A000XX, of the Circuit Court of the 10TH Judicial Circuit in and for Highlands County, Florida, wherein CHASE HOME FINANCE, LLC is the Plaintiff and JAMES B. PACK; CYNTHIA L. PACK and UNKNOWN TENANT(S) IN POSSESSION OF THE SUBJECT PROPERTY are defendants. I will sell to the highest and best bidder for cash at the HIGHLANDS COUNTY COURTHOUSE, 430 SOUTH COMMERCE AVENUE, SEBRING, FL 33870 at the Highlands County Courthouse in Sebring, Florida, at 11:00 a.m. on the 19th day of July, 2012, the following described property as set forth in said Final Judgment, to wit:

THE EAST 1/2 OF LOT 65 AND ALL OF LOT 66, BLOCK 4, ERIN PARK SUBDIVISION, ACCORDING TO THE PLAT THEREOF RECORDED IN PLAT BOOK 5, PAGE 77, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE.

If you are a person with a disability who needs assistance in order to participate in a program or service of the State Courts System, you should contact the Office of the Court Administrator at (863)534-4686 (voice), (863)534-7777 (TDD) or (800)955-8770 (Florida Relay Service), as much in advance of your court appearance or visit to the courthouse as possible. Please be prepared to explain your functional limitations and suggest an auxiliary aid or service that you believe will enable you to effectively participate in the court program or service.

Dated this 20th day of June, 2012.

Robert W. Germaine
Clerk Of The Circuit Court
By: /s/ Priscilla Michalak
Deputy Clerk
June 29; July 6, 2012

1050 Legals

IN THE CIRCUIT COURT OF THE 10TH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION CASE NO.: 282011CA000436A000XX

FINANCIAL FREEDOM ACQUISITION, LLC, Plaintiff,
vs.
MARIA ITURRIOZ; THE SECRETARY OF HOUSING AND URBAN DEVELOPMENT; BRITE MEYER; CORALINA MEYER; WALTER MEYER; DARIO A. RODRIGUEZ; CARLOS RODRIGUEZ, JR.; UNKNOWN TENANT; IN POSSESSION OF THE SUBJECT PROPERTY, Defendants.

RE-NOTICE OF FORECLOSURE SALE

NOTICE IS HEREBY GIVEN pursuant to an Order Resetting Foreclosure Sale dated the 26th day of April, 2012, and entered in Case No. 282011CA000436A000XX, of the Circuit Court of the 10TH Judicial Circuit in and for Highlands County, Florida, wherein FINANCIAL FREEDOM ACQUISITION, LLC is the Plaintiff and MARIA ITURRIOZ; THE SECRETARY OF HOUSING AND URBAN DEVELOPMENT; BRITE MEYER; CORALINA MEYER; WALTER MEYER; DARIO A. RODRIGUEZ; CARLOS RODRIGUEZ, JR.; UNKNOWN TENANT; IN POSSESSION OF THE SUBJECT PROPERTY, are defendants. I will sell to the highest and best bidder for cash at the HIGHLANDS COUNTY COURTHOUSE, 430 SOUTH COMMERCE AVENUE, SEBRING, FL 33870 at the Highlands County Courthouse in Sebring, Florida, at 11:00 a.m. on the 18th day of July, 2012, the following described property as set forth in said Final Judgment, to wit:

LOT 9, BLOCK 6, HILLSIDE LAKE ESTATES, ACCORDING TO THE PLAT THEREOF RECORDED IN PLAT BOOK 7, PAGE 27, PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE.

If you are a person with a disability who needs assistance in order to participate in a program or service of the State Courts System, you should contact the Office of the Court Administrator at (863)534-4686 (voice), (863)534-7777 (TDD) or (800)955-8770 (Florida Relay Service), as much in advance of your court appearance or visit to the courthouse as possible. Please be prepared to explain your functional limitations and suggest an auxiliary aid or service that you believe will enable you to effectively participate in the court program or service.

Dated this 20th day of June, 2012.

Robert W. Germaine
Clerk Of The Circuit Court
By: /s/ Priscilla Michalak
Deputy Clerk
June 29; July 6, 2012

1050 Legals

IN THE CIRCUIT COURT HIGHLANDS COUNTY, FLORIDA PROBATE DIVISION FILE NO. PC 12-262

IN RE: ESTATE OF ANNA MAE COFFING, Deceased.

NOTICE TO CREDITORS

The administration of the estate of ANNA MAE COFFING, deceased, whose date of death was March 10, 2012, and whose social security number is 311-34-4974, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 S. Commerce Avenue, Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is July 6, 2012.

Personal Representative:
/s/ Carla Ann Barnhart
947 S. Southland Drive
Lafayette, IN 47909

Attorney for Personal Representative:
/s/ Robert E. Livingston
Florida Bar No. 0031259
445 S. Commerce Avenue
Sebring, FL 33870
Telephone: (863)385-5156

July 6, 13, 2012

1050 Legals

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA PROBATE DIVISION FILE NO. PC 12-251

IN RE: ESTATE OF SHARON VERONICA WEHENKEL a/k/a S.V. WEHENKEL a/k/a SANDIA V. WEHENKEL Deceased.

NOTICE TO CREDITORS

The administration of the estate of Sharon Veronica Wehenkel a/k/a S.V. Wehenkel a/k/a Sandia V. Wehenkel, deceased, whose date of death was June 4, 2012, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 South Commerce Avenue, Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIOD SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is July 6, 2012.

Personal Representative:
Nancy Snider
4008 Santa Barbara Drive
Sebring, FL 33875

BREED & NUNNALLEE, P.A.
Attorneys for Personal Representative
325 NORTH COMMERCE AVENUE
SEBRING, FL 33870
Telephone: (863) 382-3154
By: /s/ E. Mark Breed III for
THOMAS L. NUNNALLEE
Florida Bar No. 0062162
E-mail Address: tnunnallee@bnpalaw.com

July 6, 13, 2012

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA GENERAL JURISDICTION DIVISION CASE NO. 11000335GCS

WELLS FARGO BANK, N.A., AS TRUSTEE FOR OPTION ONE MORTGAGE LOAN TRUST 2007-2, ASSET-BACKED CERTIFICATES, SERIES 2007-2, Plaintiff,
vs.
EDDY BLAIN; YANICK BLAIN; CITY OF SEBRING. U.S. DEPARTMENT OF TREASURY - INTERNAL REVENUE SERVICE, et al. Defendant.

NOTICE OF FORECLOSURE SALE

NOTICE IS HEREBY GIVEN pursuant to a Final Judgment of Foreclosure dated May 3, 2012, and entered in Case No. 11000335GCS of the Circuit Court of the TENTH Judicial Circuit in and for Highlands County, Florida, wherein WELLS FARGO BANK, N.A., AS TRUSTEE FOR OPTION ONE MORTGAGE LOAN TRUST 2007-2, ASSET-BACKED CERTIFICATES, SERIES 2007-2, is the Plaintiff and EDDY BLAIN; YANICK BLAIN; CITY OF SEBRING. U.S. DEPARTMENT OF TREASURY - INTERNAL REVENUE SERVICE are the Defendant(s). Robert Germaine as The Clerk of the Circuit Court will sell to the highest and best bidder for cash at 430 SOUTH COMMERCE AVENUE, SEBRING, FL 33870 AT 11:00 A.M. on August 3, 2012, the following described property as set forth in said Final Judgment, to wit:

THE SOUTH HALF OF LOT 7 AND ALL OF LOT 8, IN BLOCK 114 OF LAKEVIEW PLACE SUBDIVISION, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 1, AT PAGE 41, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA, SAID SOUTH HALF OF LOT 7, BEING MORE PARTICULARLY DESCRIBED AS FOLLOWS: BEGINNING AT THE POINT WHERE THE SOUTH BOUNDARY OF SAID LOT 7 INTERSECTS NANCESOWEE AVENUE; THENCE IN A NORTH-EASTERLY DIRECTION ALONG NANCESOWEE AVENUE A DISTANCE OF 25 FEET TO A POINT; THENCE SOUTHEASTERLY AND PARALLEL TO THE SOUTH BOUNDARY OF SAID LOT 7 TO THE REAR BOUNDARY OF SAID LOT 7 TO SOUTHEAST CORNER OF SAID LOT 7; THENCE NORTHWEST-ERLY ALONG THE COMMON BOUNDARY OF LOTS 7 AND 8 TO THE POINT OF BEGINNING. - A/k/a 1337 NANCESOWEE AVE., SEBRING, FL 33870.

Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens must file a claim within 60 days after the sale.

Dated this 4th day of May, 2012.

Robert Germaine
As Clerk of the Court
By: /s/ Priscilla Michalak
As Deputy Clerk
Dated this 4th day of May, 2012.

Important

In accordance with the Americans with Disabilities Act, if you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator, (863) 534-4690, at least 7 days before your scheduled court appearance, or immediately upon receiving this notification if the time before the scheduled appearance is less than 7 days; Notice of Foreclosure Sale; if you are hearing or voice impaired, call TDD (863) 534-7777 or Florida Relay Service 711.

July 6, 13, 2012

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA GENERAL JURISDICTION DIVISION CASE NO. 11000335GCS

WELLS FARGO BANK, N.A., AS TRUSTEE FOR OPTION ONE MORTGAGE LOAN TRUST 2007-2, ASSET-BACKED CERTIFICATES, SERIES 2007-2, Plaintiff,
vs.
EDDY BLAIN; YANICK BLAIN; CITY OF SEBRING. U.S. DEPARTMENT OF TREASURY - INTERNAL REVENUE SERVICE, et al. Defendant.

NOTICE OF FORECLOSURE SALE

NOTICE IS HEREBY GIVEN pursuant to a Final Judgment of Foreclosure dated May 3, 2012, and entered in Case No. 11000335GCS of the Circuit Court of the TENTH Judicial Circuit in and for Highlands County, Florida, wherein WELLS FARGO BANK, N.A., AS TRUSTEE FOR OPTION ONE MORTGAGE LOAN TRUST 2007-2, ASSET-BACKED CERTIFICATES, SERIES 2007-2, is the Plaintiff and EDDY BLAIN; YANICK BLAIN; CITY OF SEBRING. U.S. DEPARTMENT OF TREASURY - INTERNAL REVENUE SERVICE are the Defendant(s). Robert Germaine as The Clerk of the Circuit Court will sell to the highest and best bidder for cash at 430 SOUTH COMMERCE AVENUE, SEBRING, FL 33870 AT 11:00 A.M. on August 3, 2012, the following described property as set forth in said Final Judgment, to wit:

THE SOUTH HALF OF LOT 7 AND ALL OF LOT 8, IN BLOCK 114 OF LAKEVIEW PLACE SUBDIVISION, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 1, AT PAGE 41, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA, SAID SOUTH HALF OF LOT 7, BEING MORE PARTICULARLY DESCRIBED AS FOLLOWS: BEGINNING AT THE POINT WHERE THE SOUTH BOUNDARY OF SAID LOT 7 INTERSECTS NANCESOWEE AVENUE; THENCE IN A NORTH-EASTERLY DIRECTION ALONG NANCESOWEE AVENUE A DISTANCE OF 25 FEET TO A POINT; THENCE SOUTHEASTERLY AND PARALLEL TO THE SOUTH BOUNDARY OF SAID LOT 7 TO THE REAR BOUNDARY OF SAID LOT 7 TO SOUTHEAST CORNER OF SAID LOT 7; THENCE NORTHWEST-ERLY ALONG THE COMMON BOUNDARY OF LOTS 7 AND 8 TO THE POINT OF BEGINNING. - A/k/a 1337 NANCESOWEE AVE., SEBRING, FL 33870.

Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens must file a claim within 60 days after the sale.

Dated this 4th day of May, 2012.

Robert Germaine
As Clerk of the Court
By: /s/ Priscilla Michalak
As Deputy Clerk
Dated this 4th day of May, 2012.

Important

In accordance with the Americans with Disabilities Act, if you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator, (863) 534-4690, at least 7 days before your scheduled court appearance, or immediately upon receiving this notification if the time before the scheduled appearance is less than 7 days; Notice of Foreclosure Sale; if you are hearing or voice impaired, call TDD (863) 534-7777 or Florida Relay Service 711.

July 6, 13, 2012

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1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL ACTION CASE NO.: 28-2010-CA-000151 DIVISION:

SUNTRUST BANK, N.A., Plaintiff, vs. JOHN THOMAS, et al, Defendant(s).

NOTICE OF FORECLOSURE SALE NOTICE IS HEREBY GIVEN pursuant to a Final Judgment of Mortgage Foreclosure dated and entered in Case No. 28-2010-CA-000151 of the Circuit Court of the TENTH Judicial Circuit in and for HIGHLANDS County, Florida wherein SUNTRUST BANK, is the Plaintiff and JOHN THOMAS; ANILA J. THOMAS; are the Defendants, The Clerk of the Court will sell to the highest and best bidder for cash at JURY ASSEMBLY ROOM IN THE BASEMENT OF THE HIGHLANDS COUNTY COURTHOUSE, 430 SOUTH COMMERCE AVENUE at 11:00 AM, on the 17th day of July, 2012, the following described property as set forth in said Final Judgment:

LOT 8, BLOCK 4, SUN 'N LAKES ESTATES ACRES, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 8, PAGE 24, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

A/K/A LOT 8 BLOCK 4 S, SEBRING, FL 32936 Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis Pendens must file a claim within sixty (60) days after the sale

WITNESS MY HAND and the seal of the Court on June 21, 2012.

ROBERT W. GERMAINE Clerk of the Circuit Court By: /s/ Priscilla Michalak Deputy Clerk

Ronald R Wolfe & Associates, P.L. P.O. Box 25018 Tampa, Florida 33622-5018 F10006389 SUNTRUST-COMV--Team 6 - F10006389

**See Americans with Disabilities Act In accordance with the Americans Disabilities Act, persons with disabilities needing a special accommodation to participate in this proceeding should contact the individual or agency sending the notice at Echevarria & Associates, P.A., P.O. Box 25018, Tampa, FL 33622-5018, telephone (813) 251-4766, not later than seven (7) days prior to the proceeding. If hearing impaired, (TDD) 1-800-955-8771, or voice (V) 1-800-955-8770, via Florida Relay Service.

June 29, July 6, 2012

DWIGHT'S MINI STORAGE 1112 Persimmon Ave. Sebring, FL 33870

NOTICE OF SALE IS HEREBY GIVEN TO Grand Valvo that on 07/13/2012 at 11am at Dwight's Mini Storage at 1112 Persimmon Ave. Sebring, FL 33870. The personal property in Unit #19 of Grand Valvo will be sold or disposed of PURSUANT TO F.S. 83.806(4)

Dwight's Mini Storage Dwight Blankenship 941-773-7523 If any questions July 6, 11, 2012

DWIGHT'S MINI STORAGE 1112 Persimmon Ave. Sebring, FL 33870

NOTICE OF SALE IS HEREBY GIVEN TO

Markin Evans that on 07/13/2012 at 11am at Dwight's Mini Storage at 1112 Persimmon Ave. Sebring, FL 33870. The personal property in Unit #3 of Markin Evans will be sold or disposed of PURSUANT TO F.S. 83.806(4)

Dwight's Mini Storage Dwight Blankenship 941-773-7523 If any questions July 6, 11, 2012

1055 Highlands County Legals

HIGHLANDS COUNTY LEGAL NOTICES

The following legal notices are from the Highlands County Board of County Commissioners and are being published in the front, size, and leading as per their specifications.

The City of Sebring will receive sealed bids in the City Purchasing Department for the following annual bids:

- 13-001: CONTROL ELECTRICIAN
- 13-002: ELECTRICIAN SERVICES
- 13-003: JANITORIAL SERVICES
- 13-004: LOT CLEARING/BUSH HOGGING for Code Enforcement
- 13-005: LUBE, OIL, & FILTER SERVICE
- 13-006: PERC POND SCARIFICATION/BUSH HOGGING for WWTP
- 13-007: PEST CONTROL SERVICES
- 13-008: PLUMBING SERVICES
- 13-009: PUMP REPAIR FOR LIFT STATIONS
- 13-010: SMALL ENGINE REPAIR

Specifications & General Terms and Conditions may be obtained from our website at: mysebring.com, or by contacting Kirk Zimmerman, CPPB by phone 863-471-5110, Fax 863-471-5168, or email: kirkzimmerman@mysebring.com at the City purchasing office located at 368 South Commerce Ave - Sebring, FL 33870. If obtaining documents via the website, it shall be the bidders responsibility to check for amendments/changes made to the document.

Bid envelopes must be sealed and marked with the bid number and name as to identify the enclosed bid. Bids must be delivered to the City Of Sebring Purchasing Office Attn: Kirk Zimmerman so as to reach the said office no later than 10:00 AM, Thursday, August 2, 2012, of the official time clock in the purchasing office. Proposals received later than the date and time specified will be rejected. The City will not be responsible for the late delivery of any bids that are incorrectly addressed, delivered in person, by mail, of any other type of delivery service.

The submitting firm will be required to comply with all applicable laws, regulations, rules and ordinances of local, state and federal authorities having jurisdiction, including, but not limited to: all provisions of the Federal Government Equal Employment Opportunity clauses issued by the Secretary of Labor on May 21, 1968 and published in the Federal Register (41 CFR Part 60-1, 33 F.2.7894); all provisions of the Public Entity Crimes (Fla. Stat. §287.133, et seq, as amended) and the provisions in Fla. Stat. §287.134, et seq, as amended, regarding discrimination.

The Sebring City Council reserves the right to accept or reject any or all bids or any parts thereof; and the award; if an award is made, will be made to the most responsible bidder whose bid and qualifications indicate that the award will be in the best interest of the City of Sebring. The council reserves the right to waive irregularities in the bid.

Kirk Zimmerman, CPPB Purchasing Agent Sebring, Florida

Publication:Highlands Today & News-Sun Dates: July 6 & 13, 2012

1100 Announcements

CHECK YOUR AD

Please check your ad on the first day it runs to make sure it is correct. Sometimes instructions over the phone are misunderstood and an error can occur. If this happens to you, please call us the first day your ad appears and we will be happy to fix it as soon as we can. If We can assist you, please call us:

314-9876 News-Sun Classified

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- ★ Complete Bathroom Remodeling
- ★ Change Bathtub to Shower
- ★ Convert to HandyCap Bathroom
- ★ Shower Pan Leak Repair
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Mini Focant

4610 Sturgeon Dr.
Sebring, FL 33870

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Roger McCartney JR
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- License #HM01711

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\$10⁹⁵ Per Room
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\$45 Flat Rate
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Banyan Bay 2121
Lakeview Dr., Sebring

863-202-0152

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CITY OF SEBRING

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SAS • New Balance

Shoe Box

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Licensed Podiatrist

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shoeboxlady@hotmail.com

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flooring, plumbing & more!

Licensed & Insured
Lic# HM0096

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or
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Farm Raised Catfish. We sell by the pound or you can come & catch yourself in our 3 acre pond! We have two large docks you can fish from. We also have large trophy Bass and Bream that we feed twice a day. Great fun for everyone, call or come by and see us!

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Lake Placid, FL 33852
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Florida Aquaculture Certification
AQ5138017

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Roofing & Repairs • Quality Workmanship

Jeff Rentz - 863.381.1453
Sebring, Florida

Licensed & Insured #HC00855
Free Estimates

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SERVING HIGHLANDS COUNTY & ALL OF FLORIDA

\$895⁰⁰ | \$795⁰⁰
(Special Hospice Patient Price)

Plus Cost of Death Certificates

No Additional Costs

Contact: Linda O'Neal
Lake Placid: 863-441-2514

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Homes, Business, Construction
Parties and Events!

Diane Bell

Bonded and Insured
Free Estimates

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863-633-8780
120 Sandspur Lane,
Lake Placid FL 33852

Flea Market
Indoor & Outdoor

Sandy's Dollar Store
Becky's Avon 863-449-1298

Firemen's Field Fairgrounds
Kenilworth Blvd & Rt. 17
Fri-Sat • 8am-2pm Year Round

CURRENTS SALON
2924 Kenilworth Blvd., Sebring FL, 33870

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1200 Lost & Found

LOST / HIGHLANDS RIDGE 6/22/12 During Storm. 14 yr. old Shih-Tzu White w/ grey & black highlights. Thanks To All. He has returned home!!

LOST 6/23, Miniature Dachshund, Isabella, Chocolate & Tan has Gator collar on, lost in area of RT. 64 in Avon Park, last seen around Arbuckle & 64. If found, Please Call 863-399-1249 or 863-241-2698.

1400 Health Care Services

HOME CARE AGENCY SEEKING CNA's/HHA's for Avon Park and surrounding areas. Call 863-292-9060

Having something to sell and not advertising is like winking in the dark. You know what you're doing, but no one else does. Call News-Sun classifieds today! 314-9876

2000 Employment

2100 Help Wanted

CHEN DENTAL CENTER FOR MODERN DENTISTRY
Our general dental practice is growing and seeking outstanding individuals to provide extraordinary service for our patients in the areas of DENTAL ASSISTING, DENTAL HYGIENE, and ADMINISTRATIVE/Front Office. Dental/medical experience a plus but not mandatory. Learn more about these opportunities by calling 863-657-4618 where you'll hear a free recorded message from Dr. Chen with more details about the positions and instructions on how to apply.

EXPERIENCED MECHANIC to work on farm equipment, diesel and gasoline engines, fabrication and electrical. Computer exp. to shop for parts, input inventory and research parts a must. Florida driver's license required. DFWP. 863-465-2821 or Apply @ 109 Arron Dr., Lake Placid, 8am-11am & 1pm-4pm. Mon. - Fri.

FLORIDA MENTOR IS SEEKING RN's to provide medical services for individuals with Developmental Disabilities in our Avon Park facility.
(8:00pm - 8:00am)
(8:00am - 8:00pm)
863-452-5141

FT / PT ** FRONT DESK **
ASSOCIATE / AUDITOR. Experience preferred. No Phone Calls. Apply in person at 2165 US 27 S, Lake Placid, FL. 33852

LOOKING FOR F/T & P/T Nurses-LPN floor nurses for ALF w/specialty License. Exp. preferred. Inquire within @ 5005 Sun N Lake Blvd. Sebring, Fl. 33872

MATURE STYLIST/BEAUTICIAN Looking to get involved on the ground floor of an innovative idea in hairstyling. In Home Salon in Sebring is looking for an experienced Stylist to service our clients who cannot get out to get their hair done, shut-ins etc. Low overhead, no chair fees, vehicle supplied. Mobile work station supplied. All work 75% yours, plus tips. Must be licensed. Great personality. A Christian with a drive to succeed. Call Fairmont Services. Leave message, 863-382-6442

MECHANIC NEEDED - Citrus Company seeking experienced in gas/diesel motors, hydraulics, tires, trailer repair, welding/fabrication. Email resume to jgw@barbenfruit.com, mail to Barben Fruit Co. Inc., 21 East Pine St. Avon Park 33825 or call (863) 453-3659 ext. 103

MEDICAL BILLING AND COLLECTIONS Position for small Medical Office. Experience only. Computer, Reception, team player. Fax Resume to: 863-299-4352

MEDICAL RECORDS COORDINATOR Royal Care of Avon Park currently has a FT position for a Medical Records Coordinator. Strong working knowledge of long term care and documentation a plus. Must be accurate detail oriented, computer, medical terminology and ICD 9 coding experience. Salary based on experience. Apply in person at Royal Care of Avon Park, 1213 W. Stratford Rd. Avon Park. EOE, M/F, DFWP. (863) 453-6674

ROYAL CARE OF AVON PARK We currently have FT and PT C.N.A positions available for all shifts. If you want to become part of the Royal Care team call Maria Perez or Alvina Perry at 863-453-6674 of apply in person. EOE/MF/DFWP

SEEKING WELL Exp. Medical office help. Exc. billing/collection, communication, typing, computer skills & medical terminology are a MUST. Part-time. Fax resume to: 866-593-0635 or email to: medicalofficebilling@yahoo.com

TEACHERS NEEDED For Christian Pre-School in Avon Park. F.T. Exp. Preferred. P/T Art & Music Teacher positions also available. 863-443-2344 Leave Message.

2100 Help Wanted

INDUSTRIAL SANDBLASTING & SPRAY COATINGS APPLICATOR (potable water tanks) Exp. required. 863-699-1892 or 863-441-4680.

3000 Financial

4000 Real Estate

4080 Homes for Sale Sebring

LEASE / LEASE OPTION *SUN 'N LAKES* 3000 + sq. ft., 3/BR / 2BA, 2/C.G. Owner Will Finance up to 65% of selling price. For info on financing, Call 954-270-5242

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5050 Mobile Homes For Sale

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6000 Rentals

6050 Duplexes for Rent

SEBRING 2/1 Newly Remodeled. \$425/mo. Additional rental, 2/1, new A/C, senior discount, \$525. Call for details: 863-381-0357 or 863-446-2838.

6100 Villas & Condos For Rent

AVON PARK 2/1 Villa. Clean. Screened porch. Fenced Back Yard, pets ok. \$350 per month plus security. Available Immediately. Call 954-854-1938

6200 Unfurnished Apartments

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SEBRING - 1 & 2 BR, 1BA. Tile floors, fresh paint. Includes water. \$395 - \$600/mo. Gary Johnson, 863-381-1861.

AVON PARK ** Highlands Apartments 1680 North Delaware Ave. 1BR, 1BA & 2BR, 2BA Available. Central Heat & Air. Extra insulation. 1st & Sec. Call 863-449-0195

AVON PARK - Apartment with Balcony Overlooking Lake Verona and City Park. 100 E. Main St. Laundry Facilities. SPECIAL: \$295 / mo. 863-453-8598

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AVON PARK North Central Heights Homes, a new "Rent Restricted" single family home development in Avon Park. Rents average in the low to mid 500's & 600's! 2, 3 and 4 BR Available!
DON'T DELAY APPLY TODAY! NO APPLICATION FEE!
EQUAL HOUSING OPPORTUNITY
CALL:
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863-452-4432
On-line Applications
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SEBRING - "Lake Josephine Heights" Large 4BR, 2BA, Living rm., Dining rm., Laundry rm., Mostly tiled floors throughout. Fenced yard. \$750 Monthly. 863-446-1861

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SEBRING ** COTTAGE ** 1BR / 1BA Private, Clean, Nice. Great Location! W/D hookup. Lawn service included. No Pets! Reasonably Priced. Call For Details 863-465-9100

6750 Commercial Rental

LARGE RETAIL / OFFICE SPACE Nice Downtown Location - Recently Updated. 100 E. Main St. Avon Park 863-295-9272

SEBRING AVAILABLE. 3922 Kenilworth Blvd, **3000 sq ft, \$1100/mo:** A/C office, BA, lg overhead doors, near Sebring High School. Call **Chip Boring**, 863-385-0077 or Cell 863-381-1298

7000 Merchandise

7300 Miscellaneous

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7310 Bargain Buys

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GAS MOWER, ELECTRIC EDGER. \$100 OBO. CALL 863-840-0018

GEORGE FOREMAN GRILL Used twice. \$12.00. Call 863-446-0972

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KENMORE ELITE DRYER Large Capacity Heavy Duty. Excel cond. \$100. Call 863-465-1952.

NEW BROTHERS PRINTER / DCP 7065 DN for Small Office. \$100. Call 863-382-9289

POLO SHIRTS Men's 11 Medium sizes. perfect cond. \$35 for all. 863-453-3104

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RIONET HEARING AIDS for behind right ear, w/15 extra batteries. \$50. SOLD!!!!

STOVE, GLASS top. Like new. Great cond. \$100 will trade for refrigerator. Call 863-451-6163

STOVE/OVEN. WORKS well. \$80 Call 863-272-9301

STROLLER - DOUBLE * Even Flo * Boy or Girl. Excellent Condition. \$45. 863-873-3801

SWIMSUITS MEN'S, 3 medium size. Perfect cond. \$15 for all. 863-453-3104

SWIVEL BAR STOOLS 2 Rattan. Very good cond. \$60. 863-273-1846

TABLE SAW 10" Craftsman. Brand new in box. \$95 obo. Must Sell! Call 863-449-0382.

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UP EASY CHAIRLIFT. Electric. Lifts you up out of any chair, just push lever down. \$60. Call 863-382-7469

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WET SAW FOR CUTTING TILE 10" 2X4 Tray for Water. \$95 obo. Must sell! Call 863-449-0382

7320 Garage & Yard Sales

AVON PARK Thur. - Fri. 8 - 5pm. Sun. 8 - 2pm. 1955 N. Torrington Rd. Living room set & much more.

7520 Pets & Supplies

AKC GERMAN SHEPHERD PUPPIES 3 Females. \$500. Please call 863-452-9096.

KITTENS 3 males. Free to good home. 2 orange, 1 black & white calico. Call 863-471-3074

NOTICE

Florida statute 585.195 states that all dogs and cats sold in Florida must be at least eight weeks old, have an official health certificate and proper shots and be free of intestinal and external parasites.

SHIH TZU PUPPIES FOR SALE
1 Boy & 3 girls, had their vaccines.
2 black & white and 2 brindle. \$300.
Home number 863-382-3808 or Cell 863-446-4218.

7560 Medical Supplies & Equipment

REGAL MERIT POWER WHEELCHAIR Model P3103. Blue/black & gray. Extra large tires. Almost new, very comfortable, battery plug in, used only 4-5 mo. \$600 obo. Call 863-382-7469

8000 Recreation

8400 Recreational Vehicles

POP UP CAMPER 1995 Coleman Yosemite, A/C, Heat, Potty. \$1800 obo. Call 863-443-2581

8500 Golf Carts

EZ GO GOLF CART \$1000 obo. Call 863-452-6439

9000 Transportation

9200 Trucks

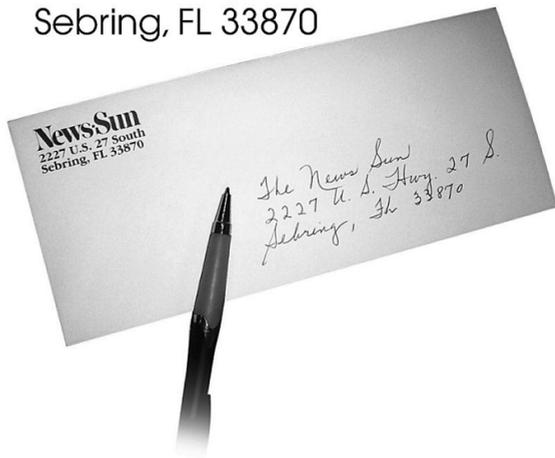
FORD F-150 2004. 92K mi. 4 door. New CD player, new tires & bumper w/lights, new transmission. Runs Great. \$19,000 863-382-0192 or 863-273-0665.

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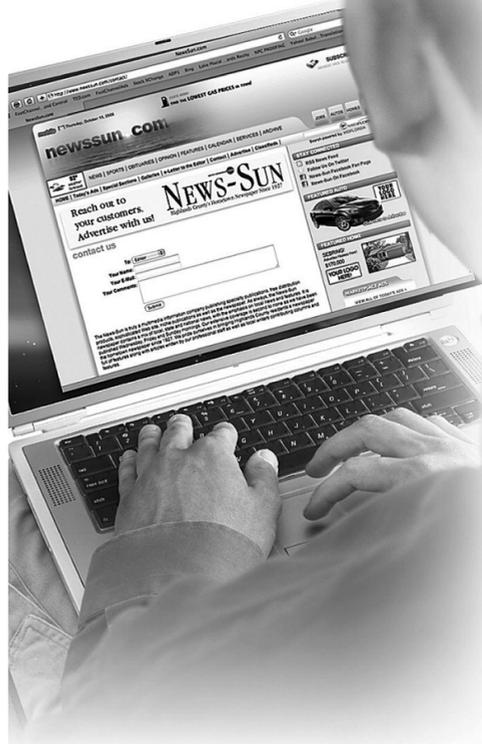


By Phone
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By Mail
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Sebring, FL 33870



By E-Mail
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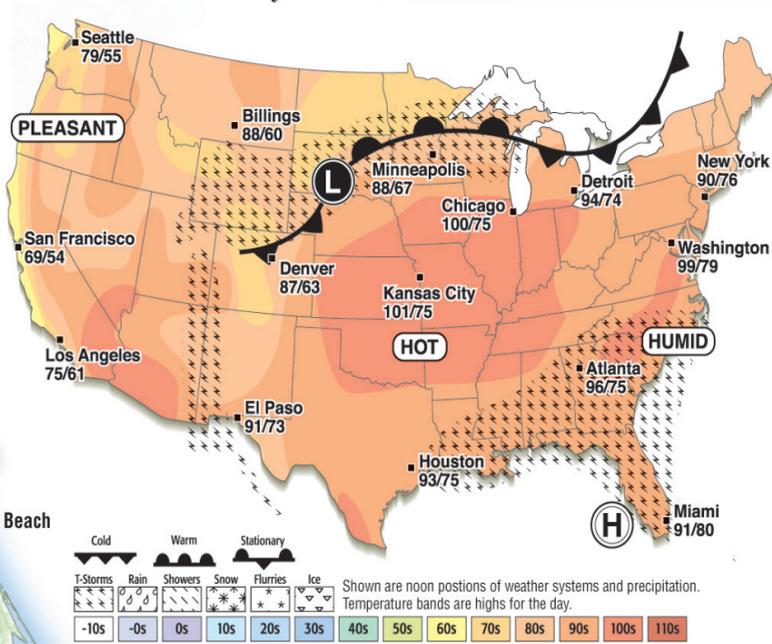


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Five-Day forecast for Highlands County

TODAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
Partly sunny, a t-storm in the p.m.	Partly sunny, a t-storm in the p.m.	A t-storm possible in the afternoon	An afternoon thunderstorm possible	T-storms possible in the afternoon
93° / 74°	93° / 73°	93° / 75°	91° / 73°	91° / 73°
Winds: ESE at 4-8 mph	Winds: E at 4-8 mph	Winds: E at 3-6 mph	Winds: SE at 3-6 mph	Winds: S at 4-8 mph

National Forecast for July 6



Almanac

Temperature
Readings at Archbold Biological Station in Lake Placid

High Sunday	95°
Low Sunday	67°
High Monday	97°
Low Monday	68°
High Tuesday	96°
Low Tuesday	68°
High Wednesday	94°
Low Wednesday	65°

Heat Index
For 3 p.m. today

Relative humidity	49%
Expected air temperature	93°
Makes it feel like	101°

Barometer

Monday	29.97
Tuesday	29.97
Wednesday	29.97

Precipitation

Monday	0.13"
Tuesday	0.44"
Wednesday	0.00"
Month to date	0.57"
Year to date	20.23"

Tides
Readings at St. Petersburg

High	5:41 a.m.
Low	9:42 a.m.
High	4:03 p.m.
Low	11:31 p.m.

Readings at Palm Beach

High	11:23 a.m.
Low	4:58 a.m.
High	11:50 p.m.
Low	5:18 p.m.

Regional Summary

Partly sunny today with a shower or thunderstorm in the afternoon. A shower or thunderstorm in spots this evening. A shower or thunderstorm around tomorrow afternoon.

Farm Report

A shower or thunderstorm this afternoon. Winds east becoming southeast 4-8 mph. Expect 8-12 hours of sunshine with a 55% chance of precipitation and average relative humidity 65%.

Weather History

On July 6, 1829, in Buffalo, N.Y., during a summer thunderstorm, a 13-inch-long herring fell on Main Street. The fish weighed more than a half of a pound.

Water Restrictions

- Even addresses may water on Thursday and Sunday.
- Odd addresses may water on Wednesday and Saturday.
- All watering should take place before 10 a.m. and after 4 p.m.

Florida Cities

City	Today	Sat.	Sun.	City	Today	Sat.	Sun.
	Hi/Lo/W	Hi/Lo/W	Hi/Lo/W		Hi/Lo/W	Hi/Lo/W	Hi/Lo/W
Cape Coral	93/74/t	94/75/t	92/73/pc	Miami	91/80/t	91/77/t	91/77/pc
Clearwater	92/77/t	93/77/t	92/76/pc	Okeechobee	88/73/t	89/71/t	89/71/pc
Coral Springs	90/78/t	91/77/t	91/75/pc	Orlando	92/74/t	92/74/t	94/74/pc
Daytona Beach	92/73/t	91/73/t	91/73/pc	Pembroke Pines	91/78/t	91/77/t	92/76/pc
Ft. Laud. Bch	90/80/t	90/77/t	90/78/pc	St. Augustine	90/73/t	90/74/t	91/74/pc
Fort Myers	93/75/t	93/76/t	92/75/pc	St. Petersburg	92/76/t	92/77/t	93/77/pc
Gainesville	93/71/t	93/72/t	95/70/pc	Sarasota	91/74/t	93/74/t	92/74/pc
Hollywood	91/78/t	91/77/t	91/76/pc	Tallahassee	94/71/t	96/70/t	91/71/pc
Homestead AFB	89/77/t	89/75/t	89/74/pc	Tampa	92/76/t	92/77/t	92/77/pc
Jacksonville	94/71/t	94/71/t	95/72/pc	W. Palm Bch	89/79/t	89/76/t	90/75/pc
Key West	90/80/t	89/82/t	88/81/pc	Winter Haven	92/74/t	94/73/t	93/73/pc

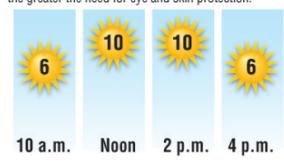
Sun and Moon

	Today	Saturday
Sunrise	6:40 a.m.	6:40 a.m.
Sunset	8:22 p.m.	8:22 p.m.
Moonrise	10:36 p.m.	11:13 p.m.
Moonset	9:36 a.m.	10:35 a.m.



UV Index Today

The higher the AccuWeather.com UV Index* number, the greater the need for eye and skin protection.



0-2 Low; 3-5 Moderate; 6-7 High; 8-10 Very High; 11+ Extreme
Forecasts and graphics provided by AccuWeather, Inc. ©2012

AccuWeather.com

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FROM LEFT TO RIGHT:
Roberto Carrillo, Bryan Hodge, Deborah Gomez, Santiago Gomez, David Hare, Andres Baez, Dustin Schilling, John Blondin, Luis R. Gomez, Theodore Evans

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Firecracker 5K kicks off the Fourth



Courtesy photo

American pride was on full display Wednesday morning as more than 250 runners came out to participate in the 18th Annual Firecracker 5K at Highlands Hammock State Park. Sebring 18-year old Renee Marin Gomez was the overall winner of the race that kicked off the day-long Independence Day celebration, finishing with a time of 17:16.9. See Page 3B for full results of the Firecracker 5K.

Swimmers make hay at T-Bay

By DAN HOEHNE

daniel.hoehne@newsun.com

It was a busy weekend and true test as the Highlands Hurricanes and Lake Placid Aquatics joined a 13-team T-Bay Invitational field at the Ed Gandy Pool Complex in Lakeland Saturday and Sunday, June 30 and July 1.

Among the nearly 500 swimmers at the two-day meet, ranging in age from 5 to 19, the Highlands girls placed 10th, with the Lake Placid ladies taking 11th.

The Hurricane boys finished 6th overall, with the male Aquatics placing 7th.

And while there were strong performances all around for the local swimmers, Andrew Brown had a day to behold.

A Lake Placid resident, swimming for the Hurricanes in the 13-14 Boys, Brown swam eight events, winning six and taking second in the other two.

And in so doing, he qualified for the Florida Age Group Championships in seven events and for the Florida Senior Championships in three.

Brown was also, not sur-



Courtesy photo

From left, Megan Glisson, Anna Sapp, Shayla Cox, Seth Moon, Griffin Chynoweth and Bud Cox, along with Highlands Hurricanes swim coach Marvin Wolfe, took part in last weekend's T-Bay Invitational in Lakeland among nearly 500 swimmers in the two-day meet.

prisingly, the overall points leader for his age group.

Fellow Hurricane Griffin Chynoweth, swimming in the 11-12 Boys, had eight top-10 finishes for the weekend, with a high mark of second in the 50-yard Breaststroke.

That placement qualified him for the Florida Age Group Championships in

that event.

Brian Miller also did some qualifying, for the Florida Senior Championships, with his fourth-place finish in the 100 Breaststroke, with a time of 1:07.24, in the Senior Boys division.

Miller also took thirds in both the 50- and 100-Free.

Also getting top-10 fin-

ishes for the Highlands squad were Bud Cox, three in 8-and-under Boys, Anna Freitas, in the 100-Breaststroke among the 15-18 Girls and Megan Glisson in the 8-under Girls 50-yard Backstroke.

Seth Moon had a 6th and 8th among the 11-12 Boys,

See CANES, Page 4B

Dixie State Tournaments on tap

News-Sun photo by DAN HOEHNE

Sebring AAA All-Star coach Anthony Gaines takes some swings during fielding practice Tuesday evening, as his squad prepares for this weekend's Dixie AAA State Tournament, beginning Saturday at the Max Long Recreational Complex. The tournament begins at 9 a.m. and will see Lake Placid face Bushnell at 11:30 a.m., while Sebring squares off with Mulberry at 2 p.m. The Dixie Ozone State Tournament also starts Saturday at Max Long, with Sebring playing South Walton at 3 p.m., Okeechobee facing West Volusia at 3 p.m. and Hardee meeting Wesley Chapel at 10 a.m. Action for both tournaments continues through the weekend and into next week.



Fishing in the 'dog days'

Fishing is getting tougher as we get into the "dog-days of summer."

I was out twice this past week and on the first trip to Lake Damon, I caught a few small bass but they were few and far between.

My second trip, a late afternoon, early evening visit to Lake Glenada was a little more successful.

I managed to catch 3 nice sized bass, but all of them came out of deep water.

I didn't get out on the water till around 6 p.m. and I started as I usually do, flipping the reeds only to find no takers.

After about an hour of no hits, I decided to try going deeper.

Water near the shoreline warms up pretty quick when the daytime temperatures are hitting 90 degrees, and the bass start moving deeper this time of the year.

I rarely ever troll, but I dug deep into my tacklebox and found a couple of "Spoonplugs" and tied one on.

Cutting my outboard back to it's lowest speed, I started trolling about 50 yards off shore in about eight feet of water.

I could feel the spoonplug digging into the soft sand/muck bottom, and after trolling half the lake and catching nothing but weeds and muck balls, I decided to



Fishin' Around

Don Norton

go to a larger size spoonplug, and going out deeper.

Almost immediately, I had a hit in 10-12 feet of water and brought up a nice three pound largemouth.

I shut the motor off and threw out a marker buoy.

Three or four casts with a leadhead jig, tipped with Uncle Josh pork frog, and I landed another bass just a little smaller than the first one.

I had two more hits in the same area but missed them both.

The sun was getting low on the horizon so I went back to trolling.

Soon enough, 500 yards from where I started, I hooked a good fish.

This was definitely bigger than the last two and fought like a wallhanger.

Everytime I raised my rod tip, it pulled me back down.

It was like trying to lift an anchor.

See FISH, Page 4B

Marlins get Lee from Astros

By CHRIS JENKINS

Associated Press

MILWAUKEE — Ozzie Guillen knows Carlos Lee from their time together with the Chicago White Sox.

Now Guillen hopes Lee can provide his typical brand of slugging on the field for the Miami Marlins, and give them some leadership off of it.

The Marlins acquired Lee from the Houston Astros in a trade on Wednesday, sending a pair of minor leaguers to Houston.

"It's a huge move, I think, the front office, showing people how much we want to win," Guillen said. "They show how much we care about winning this year, they showed the players that they're willing to do anything to help this ballclub."

The Astros acquired third baseman Matt Dominguez and left-handed pitcher Rob Rasmussen in the deal.

Marlins general manager Michael Hill said the club also received cash considerations from Houston.

"We felt like it was a good time to infuse a veteran, professional, experienced bat into the lineup," Hill said.

The 36-year-old Lee spent five-plus seasons with the Astros and is hitting .287 with five homers and 29 RBI.

Houston manager Brad Mills removed Lee in the seventh inning of a 6-4 loss to Pittsburgh on Wednesday.

Lee's locker was already empty by the time the clubhouse opened after the game.

The right-hander gives the Marlins a veteran hitter as they try to get back into the race in the NL East.

First base has been a problem for Miami this season,

where regular Gaby Sanchez came into Wednesday's game hitting .194 with two homers and 16 RBIs.

Sanchez hit his third homer in Wednesday's 7-6, 10-inning victory over the Milwaukee Brewers, but it wasn't enough.

Hill said Sanchez had been optioned to Triple-A New Orleans.

"Unfortunately, first base has not been a productive position for us, and we're looking to upgrade our offensive production at that position," Hill said.

Guillen provided a more harsh assessment of Sanchez's play.

"It's not easy, but that's our job," Guillen said. "I don't think he should be blaming anybody. He should blame himself. We gave Gaby a lot of opportunities. The reason they made this move (is) obvious. We've not had much production from him, and in Carlos, we hope we've got more production. People don't make moves just to make moves."

Hill said Lee did not have to approve the trade because the Marlins were not listed on his limited no-trade clause — he is expected to join the team in Milwaukee on Thursday.

"Still a dangerous hitter," Hill said. "He'll fit nicely in the middle of our lineup. He's a proven run producer, and we're expecting him to come in and do what he's done his entire career."

That's what Guillen will be counting on, especially with runners on base.

"He will bring those guys in," Guillen said. "He knows how to hit in an RBI situation."

THE SCOREBOARD

Major League Baseball

AMERICAN LEAGUE

East Division				
	W	L	Pct	GB
New York	49	32	.605	—
Baltimore	44	37	.543	5
Tampa Bay	43	39	.524	6½
Boston	42	40	.512	7½
Toronto	42	40	.512	7½
Central Division				
	W	L	Pct	GB
Chicago	44	37	.543	—
Cleveland	42	39	.519	2
Detroit	40	42	.488	4½
Kansas City	36	44	.450	7½
Minnesota	35	46	.432	9
West Division				
	W	L	Pct	GB
Texas	50	32	.610	—
Los Angeles	45	37	.549	5
Oakland	41	42	.494	9½
Seattle	35	49	.417	16

Tuesday's Games

Cleveland 9, L.A. Angels 5
 Minnesota 8, Detroit 6
 Toronto 6, Kansas City 3
 Tampa Bay 7, N.Y. Yankees 4
 Chicago White Sox 19, Texas 2
 Oakland 3, Boston 2
 Baltimore 5, Seattle 4

Wednesday's Games

N.Y. Yankees 4, Tampa Bay 3
 Oakland 3, Boston 2
 Cleveland 12, L.A. Angels 3
 Baltimore 4, Seattle 2
 Detroit 5, Minnesota 1
 Toronto 4, Kansas City 1
 Chicago White Sox 5, Texas 4, 10
 innings

Thursday's Games

Minnesota at Detroit, late
 Texas at Chicago White Sox, late
 Tampa Bay at Cleveland, late
 Kansas City at Toronto, late
 Baltimore at L.A. Angels, late

Friday's Games

Kansas City (J.Sanchez 1-4) at Detroit (Smyly 3-3), 7:05 p.m.
 Tampa Bay (Cobb 3-5) at Cleveland (Masterson 5-7), 7:05 p.m.
 N.Y. Yankees (Kuroda 8-7) at Boston (Beckett 4-7), 7:10 p.m.
 Minnesota (Liriano 2-7) at Texas (M.Perez 1-0), 8:05 p.m.
 Toronto (Laffey 0-0) at Chicago White Sox (Peavy 6-5), 8:10 p.m.
 Baltimore (Eveland 0-1) at L.A. Angels (C.Wilson 9-4), 10:05 p.m.
 Seattle (Millwood 3-6) at Oakland (Milone 8-6), 10:05 p.m.

LEAGUE LEADERS

BATTING

	AB	R	H	BA
Trout, LAA	245	52	84	.343
Konerko, CHW	270	39	90	.333
Jackson, DET	234	49	77	.329
Mauer, MIN	269	42	88	.327
Beltre, TEX	302	46	98	.325
Cabrera, DET	328	50	106	.323
Hamilton, TEX	286	53	91	.318
Rios, CHW	303	47	96	.317

HOME RUNS

Bautista, TOR	27
Hamilton, TEX	26
Dunn, CHW	25
Granderson, NYY	23
Ortiz, BOS	22
Encarnacion, TOR	22
3 tied with	20

RUNS BATTED IN

Hamilton, TEX	74
Cabrera, DET	68
Bautista, TOR	64
Dunn, CHW	60
Willingham, MIN	59
Encarnacion, TOR	56
3 tied with	55

STOLEN BASES

Trout, LAA	23
Kipnis, CLE	20
Davis, TOR	20
Revere, MIN	16
Andrus, TEX	16
Crisp, OAK	16
5 tied with	15

RUNS

Kinsler, TEX	61
Ortiz, BOS	60
Bautista, TOR	57
Granderson, NYY	56
De Aza, CHW	56
Cano, NYY	55
Choo, CLE	54
Jones, BAL	54

WON-LOST

Harrison, TEX	11-3
Price, TB	11-4
Sale, CHW	10-2
Darvish, TEX	10-5
Weaver, LAA	9-1
Nova, NYY	9-3
Sabathia, NYY	9-3

ERA

Weaver, LAA	2.13
Sale, CHW	2.19
C. Wilson, LAA	2.33
Verlander, DET	2.58
Price, TB	2.82
Peavy, CHW	2.96
Harrison, TEX	3.16

STRIKEOUTS

Verlander, DET	128
Hernandez, SEA	122
Darvish, TEX	117
Scherzer, DET	114
Sabathia, NYY	105
Price, TB	105
Shields, TB	104
Peavy, CHW	101

SAVES

J. Johnson, BAL	25
Rodney, TB	24
C. Perez, CLE	23
Broxton, KC	20
Soriano, NYY	19
Aceves, BOS	19
Nathan, TEX	18
Valverde, DET	15

NATIONAL LEAGUE

East Division				
	W	L	Pct	GB
Washington	47	32	.595	—
New York	44	38	.537	4½
Atlanta	42	39	.519	6
Miami	39	42	.481	9
Philadelphia	37	46	.446	12
Central Division				
	W	L	Pct	GB
Pittsburgh	45	36	.556	—
Cincinnati	44	37	.543	1
St. Louis	43	39	.524	2½
Milwaukee	38	43	.469	7
Houston	32	50	.390	13½
Chicago	31	50	.383	14
West Division				
	W	L	Pct	GB
Los Angeles	46	37	.554	—
San Francisco	45	37	.549	½
Arizona	39	42	.481	6
San Diego	33	50	.398	13
Colorado	31	50	.383	14



LIVE SPORTS ON TV

AUTO RACING

FRIDAY

2 p.m. NASCAR – Subway Jalapeno 250, Qual **ESPN2**
7:30 p.m. NASCAR – Subway Jalapeno 250, **ESPN**

SATURDAY

2 p.m. NHRA – Lucas Oil Series **ESPN2**
4 p.m. ALMS – Northeast Grand Prix **ESPN2**
6 p.m. NHRA – Summit Nationals **ESPN2**
7:30 p.m. NASCAR – Coke Zero 400 **TNT**

BOXING

FRIDAY

10 p.m. Orlando Cruz vs. Marvin Sonsona . . . **ESPN2**

SATURDAY

10 p.m. Nonito Donaire vs. Jeff Mathebula. **HBO**

COLLEGE BASEBALL

SATURDAY

2 p.m. TD Ameritrade Home Run Derby **CBS**

GOLF

FRIDAY

3 p.m. PGA – Greenbrier Classic **GOLF**
4 p.m. U.S. Women's Open Championship . . . **GOLF**
7:30 p.m. PGA – Nature Valley First Tee Open. . . **GOLF**

SATURDAY

3 p.m. PGA – Greenbrier Classic **CBS**
3 p.m. U.S. Women's Open Championship **NBC**
6:30 p.m. PGA – Nature Valley First Tee Open. . . **GOLF**

MAJOR LEAGUE BASEBALL

FRIDAY

7 p.m. Tampa Bay at Cleveland. **SUN**

SATURDAY

4 p.m. Chicago Cubs at N.Y. Mets **WGN**
7 p.m. Regional – Atlanta at Philadelphia or N.Y. . . **FOX**
 Yankees at Boston **FOX**

TENNIS

SATURDAY

9 a.m. Wimbledon – Women's Final **ESPN**

WNBA

SATURDAY

10 p.m. Seattle at Los Angeles **ESPN2**

Times, games, channels all subject to change

Tuesday's Games

Milwaukee 13, Miami 12, 10 innings
 Washington 9, San Francisco 3
 Pittsburgh 8, Houston 7
 Atlanta 10, Chicago Cubs 3
 N.Y. Mets 11, Philadelphia 1
 Colorado 3, St. Louis 2
 San Diego 9, Arizona 5
 L.A. Dodgers 3, Cincinnati 1

Wednesday's Games

Washington 9, San Francisco 4
 Philadelphia 9, N.Y. Mets 2
 Pittsburgh 6, Houston 4
 Miami 7, Milwaukee 6, 10 innings
 Chicago Cubs 5, Atlanta 1
 St. Louis 4, Colorado 1
 L.A. Dodgers 4, Cincinnati 1
 San Diego 8, Arizona 6

Thursday's Games

Miami at Milwaukee, late
 Houston at Pittsburgh, late
 San Francisco at Washington, late
 Chicago Cubs at Atlanta, late
 Philadelphia at N.Y. Mets, late
 Colorado at St. Louis, late
 L.A. Dodgers at Arizona, late
 Cincinnati at San Diego, late

Friday's Games

Atlanta (T.Hudson 6-4) at Philadelphia (K.Kendrick 2-8), 7:05 p.m.
 Colorado (D.Pomeranz 0-3) at Washington (Strasburg 9-3), 7:05 p.m.
 San Francisco (Zito 6-6) at Pittsburgh (Bedard 4-9), 7:05 p.m.
 Chicago Cubs (T.Wood 3-3) at N.Y. Mets (J.Santana 6-4), 7:10 p.m.
 Milwaukee (Gallardo 6-6) at Houston (Happ 6-8), 8:05 p.m.
 Miami (Nolasco 7-6) at St. Louis (Westbrook 7-6), 8:15 p.m.
 L.A. Dodgers (Kershaw 6-4) at Arizona (Collmenter 0-2), 9:40 p.m.
 Cincinnati (Arroyo 3-5) at San Diego (K.Wells 1-1), 10:05 p.m.

LEAGUE LEADERS

BATTING

	AB	R	H	BA
McCutchen, PIT	292	53	105	.360
Ruiz, PHL	241	40	86	.357
Cabrera, SF	322	54	114	.354
Votto, CIN	274	50	96	.350
Wright, NYM	286	54	100	.350
Gonzalez, COL	300	59	102	.340
Prado, ATL	307	46	99	.322

HOME RUNS

Braun, MIL	23
Beltran, STL	20
Stanton, MIA	19
Bruce, CIN	17
Gonzalez, COL	17
McCutchen, PIT	16
Hart, MIL	16
Pence, PHL	16
3 tied with	15

RUNS BATTED IN

Beltran, STL	63
Braun, MIL	59
Gonzalez, COL	58
Kubel, ARI	58
Wright, NYM	55
Ethier, LAD	55
3 tied with	54

STOLEN BASES

Gordon, LAD	30
Campana, CHC	25
Bourn, ATL	23
Pierre, PHL	20
Bonifacio, MIA	20
Victorino, PHA	19
Reyes, MIA	19
Schafer, HOU	19

RUNS

Gonzalez, COL	59
---------------	----

Bourn, ATL 57

Pence, PHL	56
Holliday, STL	55
Wright, NYM	54
Cabrera, SF	54
Furcal, STL	53
McCutchen, PIT	53

WON-LOST

Dickey, NYM	12-1
G. Gonzalez, WAS	11-3
Lynn, STL	10-4
Hamels, PHL	10-4
Bumgarner, SF	10-5
Burnett, PIT	9-2
Greinke, MIL	9-2
3 tied with	9-3

ERA

Beachy, ATL	2.00
Dempster, CHC	2.11
Dickey, NYM	2.15
Vogelsong, SF	2.26
Cueto, CIN	2.35
McDonald, PIT	2.45
Cain, SF	2.53

STRIKEOUTS

Strasburg, WAS	122
Dickey, NYM	116
Cain, SF	114
G. Gonzalez, WAS	112
Kershaw, LAD	112
Hamels, PHL	111
Greinke, MIL	106

SAVES

Kimbrel, ATL	23
Hanrahan, PIT	21
Casilla, SF	21
Francisco, NYM	18
Bell, MIA	18
Papelbon, PHL	18
Motte, STL	18

Transactions

BASEBALL

American League

BALTIMORE ORIOLOS—Optioned RHP Steve Johnson to Norfolk (IL) and RHP Chris Tillman to Bowie (EL). Recalled RHP Chris Tillman from Norfolk.
 BOSTON RED SOX—Optioned RHP Clayton Mortensen to Pawtucket (IL). Selected the contract of RHP Justin Germano from Pawtucket.
 CLEVELAND INDIANS—Activated DH Travis Hafner from the 15-day DL. Placed OF Shelley Duncan on the pater-nity list.

National League

ATLANTA BRAVES—Assigned RHP Ben Sheets to Mississippi (SL). RHP Ben Sheets assigned to Mississippi Braves from Atlanta Braves.
 COLORADO ROCKIES—Recalled RHP Carlos Torres from Colorado Springs (PCL). Optioned LHP Josh Outman to Tulsa (TL).
 LOS ANGELES DODGERS—Placed OF Andre Ethier on the 15-day DL, retroactive to June 28.
 Reinstated 2B Mark Ellis from the 15-day DL.

HOCKEY

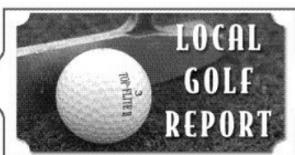
National Hockey League

MINNESOTA WILD—Agreed to terms with F Zach Parise and D Ryan Suter on 13-year contracts.
 NASHVILLE PREDATORS—Signed D Mike Moore to a one-year, two-way contract.
 PHOENIX COYOTES—Signed F Steve Sullivan to a one-year contract.
 TAMPA BAY LIGHTNING—Signed D Matt Carle to a six-year contract.

Free Tri Clinic at the YMCA

SEBRING – The Highlands County YMCA will host a free Triathlon Clinic on Saturday July 7, for two hours beginning at 8 a.m.

The clinic is for anyone ages 5-16. If you like to ride your bicycle, run or swim and have been curious about triathlon (a race combining all three of those events) but didn't know who to ask, this clinic is for you.



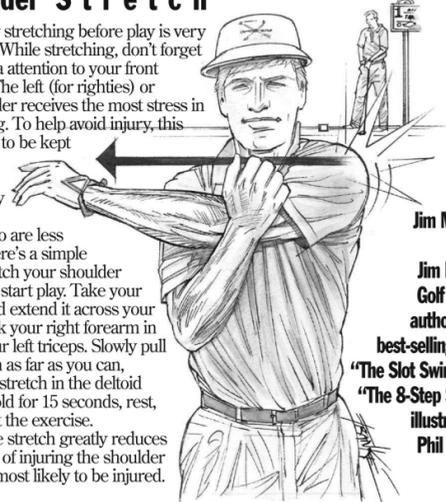
Senior Tip

MASTER STROKES

BY PHIL FRANKE WITH TOP 100 GOLF INSTRUCTORS

Shoulder Stretch

We know stretching before play is very important. While stretching, don't forget to pay extra attention to your front shoulder. The left (for righties) or lead shoulder receives the most stress in a golf swing. To help avoid injury, this joint needs to be kept supple and loose. This is especially critical for seniors who are less flexible. Here's a simple way to stretch your shoulder before you start play. Take your left arm and extend it across your chest. Hook your right forearm in front of your left triceps. Slowly pull the left arm as far as you can, feeling the stretch in the deltoid muscle. Hold for 15 seconds, rest, then repeat the exercise. This simple stretch greatly reduces the chance of injuring the shoulder that is the most likely to be injured.



By **Jim McLean**, owner, **Jim McLean Golf School**, author of the best-selling books "The Slot Swing" and "The 8-Step Swing," illustrated by **Phil Franke**

Lake June West

A Scramble was played on Thursday, June 28.

Winning first place was the team of Ron Hesson, Larry Heath, John and Sue Ruffo and Don Boulton with 51. Tying for second/third places were the teams of Ken Rowen, Dick Reaney, Mario Cappelletti and Margaret Schultz; Dick and Norma Denhart, John and Gloria Huggett with 56 each.

Closest to the pin: (Ladies), No. 2, Margaret Schultz, 6.5-feet and

Norma Denhart, 2-feet-4-inches; and (Men), None.

The Men's Association played a Men's League event on Wednesday, June 27.

Winning first place was the team of Dick Reaney, Norm Grubbs, Larry Heath and Don Boulton with 45; and second place, Dick Denhart, Mario Cappelletti and John Ruffo with 47.

Closest to the pin: No. 2, Mario Cappelletti, 22-feet-1-inch; and No. 8, Dick Denhart, 5-feet-2-inches.

NFLPA sues, calls Goodell 'biased'

By **BRETT MARTEL**
Associated Press

NEW ORLEANS — The NFL Players Association filed a lawsuit against the NFL on behalf of three players suspended in connection with the bounty investigation, calling Commissioner Roger Goodell "incurably and evidently biased."

The lawsuit, filed in federal court in New Orleans on Thursday, said Goodell violated the labor agreement by showing he had determined Will Smith, Anthony Hargrove and Scott Fujita participated in a bounty system before serving as an arbitrator at their hearing.

The NFL said the action is an "improper attempt to litigate" and said there is "no basis for asking a federal court to put its judgment in place of the procedures agreed upon with the NFLPA in collective bargaining."

"These procedures have been in place, and have served the game and players well, for many decades," NFL spokesman Greg Aiello said in an email to The Associated Press.

The lawsuit asks a judge to set aside earlier arbitration rulings and order a new arbitrator to preside over the matter.

The suit comes two days after Goodell denied appeals by four players.

The other player, Jonathan Vilma, has sued the NFL and Goodell separately.

Vilma is suspended for a season, Hargrove for eight games, Smith four and Fujita three.

"A seminal question for this court is whether the NFL collective bargaining agreement ... granted the commissioner, when serving as an arbitrator, the authority to disregard the essence of the parties' agreement, to conduct proceedings that are fundamentally unfair, and to act with evident bias and without jurisdiction," the lawsuit states. "The answer, under governing case law, is clearly 'no.'"

In the lawsuit, the players, as

they have in the past, "categorically" deny participating in any kind of "bounty" program designed to injure fellow players, adding the NFLPA would never defend such behavior.

"The investigation and arbitration process that the Commissioner's public relations machinery touted as 'thorough and fair' has, in reality, been a sham," the lawsuit stated.

The lawsuit said the NFL violated the labor agreement by refusing to provide the players with access to "critical documents or witnesses, or anything resembling the fairness mandated by the CBA and governing industrial due process law."

The suit also states that the players were subject to arbitration before an arbiter in Goodell, who had "launched a public campaign defending the punishments he intended to arbitrate, rendering him incurably and evidently biased."

The lawsuit also reiterates a claim that the CBA requires many of the "pay-for-performance" conduct outlined in the NFL's bounty investigation to be handled by a system arbitrator and not the commissioner, who has "improperly usurped" control over that process.

The NFL has argued that the bounty matter falls under conduct detrimental to the league, which the commissioner has authority to punish.

Two arbitration rulings so far have ruled in the NFL's favor on that matter, but the NFLPA lawsuit says the NFL's handling of the bounty matter amounts to a "rare case" in which the arbitrator's rulings should be set aside.



18th Annual Firecracker 5K Results

Male Overall Winner

Renee Marin Gomez 17:16.9

Female Overall Winner

Annette Bednosky 20:18.0

Male Masters Winner

Eddie NeSmith 18:19.4

Female Masters Winner

Laura Griffin 24:16.6

Male Senior Grand Masters Winner

Jerry Rossetti 24:30.8

Female Senior Grand Masters Winner

Jo Collier 28:11.6

Male 9 and under

Keegan White, 27:27.2; Trevin Graham, 30:47.4; Bud Cox, 34:03.2; Zander Durastanti, 34:29.1; Conor Delaney, 36:14.8.

Female 9 and under

Kinsley White, 32:01.8; Celeste Vega, 42:37.1; Nicole Beard, 48:13.8; Allie Collier, 48:16.4.

Male 10 to 14

Zack Durastanti, 24:50.5; Scottie Meeks, 25:21.1; Chandler Gowan, 25:51.5; Ben Tubbs, 27:51.8; Grant Forsee, 28:07.2; Jesse Bermudez, 31:56.1.

Female 10 to 14

Sophia Tauchen, 26:30.1; Savannah Oldfield, 26:32.6; Ashley White, 28:45.4; Kimber Harris, 34:41.4; Kylie Caputo, 45:21.3; Margaux Neal 46:58.9; Lexi Vega, 52:30.7.

Male 15 to 19

Donovan White, 20:21.6; Jacob Cook, 21:47.2; Nicholas Gregor, 22:04.8; Waylon Luke, 31:10.6; Mark Mercer, 40:21.2.

Female 15 to 19

Taylor Tubbs, 21:21.5; Allie Mann, 24:45.2; Olivia Burnett, 25:58.1; Katie Stoll, 27:43.6.

Male 20 to 24

Andrew Altvater, 18:58.0; Arturo Garcia, 25:25.4; Alex Ortiz, 30:32.2; Carlos Ortiz, 46:39.2.

Female 20 to 24

Ashley Waldon, 27:56.1; Emily Jones, 28:26.7; Katie Altvator, 29:36.6; MacKenzie Kirkland, 29:48.5; Samantha McClelland, 34:19.2; Ann Garcia, 45:55.7; Alyssa Purdy-Grimes, 47:55.3; Dana Barnes, 48:53.5.

Male 25 to 29

Aaron Sears, 23:09.7; Terry Hancock, 24:22.3; Nicholas Pavlinsky, 26:12.0; Jeremy Vincent, 26:56.5; Mark Nugent, 27:47.0; Leighton Skipper, 30:51.9; Mike Larson, 32:44.4; Marc Baugh, 33:06.8; Jeff Krull, 37:47.8.

Female 25 to 29

Angela Stuart, 26:47.0; Monica Scholl, 29:45.8; Shawn Bray, 30:14.9; Emily Hall, 31:03.8; Amy Garcia, 32:07.8; Melissa Olson, 32:11.4; Crystal Baugh, 34:18.8; Ashley Rice, 39:26.2; Kirstin Autrey, 43:50.5; Becky Poverud, 44:26.9; Emily Mielke, 46:26.1; Joann Lyons, 47:06.4; Sarah Brooker, 50:39.9.

Male 30 to 34

Adam Smehyl, 19:13.1; Grant Rowe, 22:10.1; Clayton Kimball, 23:55.7; Carlos Torres, 24:22.5; Lloyd Gulfam, 24:25.0; Jason Garcia, 25:36.9; Cory Lindsey, 27:05.0; Chad Williams, 27:26.5; Chris White, 27:29.7; Joshua Virkler, 29:14.2; Jeff Beard, 33:45.0; Jakunnie Basabe, 37:43.0.

Female 30 to 34

Lena Kimball, 25:22.8; Stephanie White, 25:37.7; Michelle Delaney, 26:27.5; Misty Forsee, 28:07.4; Olivia Minshew, 28:15.8; Stacy Smehyl, 28:25.0; Erin Stivender, 30:33.7; Kari Pritchett, 30:47.3; Ester Calcat, 31:39.4; Suzi Gustafson, 32:44.6; Bonny Revell, 32:50.1; Lacy Virkler, 34:20.4; Gabrielle Birnie, 36:10.5; Luciana Anderson, 36:11.4; Staci Braswell, 37:15.3; Jennifer Bryant, 37:22.9; Trisha Johnson, 37:46.9; Bianca Humphrey, 38:59.6; Ginny Cox, 39:05.6; Dorothy Carey, 39:15.8; Amanda Maghan, 39:27.3; Monica Manus, 41:33.5; Jessica Vega, 42:37.0; Erin Galimba, 44:27.0; Cynthia Cook, 48:53.4.

Male 35 to 39

Sean Brown, 20:19.6; Joshua Zahller, 21:16.3; James Alred, 21:38.9; Bob Starrett, 22:15.0; Bert Cox, 23:32.0; Joseph Scholl, 26:43.2; Chris Forsee, 27:01.7; Ralph Bacolod, 29:35.1; Jow Ortiz, 30:32.1; Bill Weindel, 37:19.4.

Female 35 to 39

Regan Davenport, 22:05.8; Tara Alred, 28:38.0; Sandy Meeks, 30:46.1; Jennifer Rowe, 33:13.8; Heather Mellow, 34:01.6; Noelle Stoll, 34:02.5; Gina Davis, 36:16.0; Gloria Mize, 36:53.0; Susan Patterson, 38:43.5; Julie Beard, 45:03.5; Blanch Gagatam, 48:07.3; Rhonda Darty, 48:08.7; Erin McCanta, 52:33.3.

Male 40 to 44

Rob Moulds, 20:36.7; Chris Doty, 20:43.3; Shannon Brown, 38:46.1; Timothy Darty, 42:49.4.

Female 40 to 44

Nancy Nowell, 25:33.2; Evelyn Colon, 26:03.7; Sonia Quejada, 31:30.3; Athesa Cardona, 31:34.2; Pamela Lanier, 32:19.6; Lisa Clark, 32:41.1; Michelle Tauchen, 33:47.3; Marsha May, 34:22.1; Dorothy Harris, 34:47.3; Pam Harris, 37:36.2; Michele Bednosky, 38:00.5; Maritza Williams, 38:28.9; Febie Basilla, 40:15.1; Pam Selph, 41:32.5.

Male 45 to 49

Slade Ward, 19:47.2; Tom Meade, 21:07.9; Nick Economidis, 23:10.3; Terry Elders, 25:21.7; Joseph Starr, 27:58.7; Jack Bailey, 28:26.7; Walter Kohl, 28:50.7; Lamonte Simpson, 28:57.0; Scott Harrington, 29:10.6; Steve Austin, 30:16.4; Javier Ortiz, 31:25.4; Tim Patterson, 39:03.0.

Female 45 to 49

Jennifer Glassburn, 25:12.5; Lorie Austin, 27:57.7; Mary Ann Andrews, 28:27.6; Pacqueline Colon, 28:55.8; Theresa Elders, 29:10.9; Cheryl Graham, 30:07.2; Debbie Leal, 31:33.0; Cathie Schaper, 32:59.7; Tina Grimes, 33:23.4; Deborah Witmer, 34:55.2; Donna Strickland, 36:40.1; Marci Burnett, 36:48.7; Laura Waldon, 37:50.7; Terry Coyle, 42:33.6; Rita Starr, 45:16.6; Ginger Mitchell, 45:23.3; Renee Kohl, 46:21.4; Beth Weldy, 50:40.3; Lynnetta Mann, 55:41.0; Lena Phelps, 57:28.9. 8:06/M

Male 50 to 54

Al Vigne, 22:04.4; Lawrence Luepschen, 22:45.4; Rick Lilyquist, 23:09.9; Paul Nowell, 23:29.4; Steve Scheck, 23:38.8; Mike Lee, 24:46.8; Bill Jarrett, 25:35.2; David Taylor, 27:15.1; John Shoop, 37:12.6; Cary Pigman, 37:26.6; Tony Littell, 37:27.6; Nelson Pacheco, 38:09.6; Tim Williams, 56:54.1.

Female 50 to 54

Darlene Celentano, 29:34.2; Jeannette Williams, 29:48.3; Deborah Hartzell, 32:15.4; Dawn Simpson, 32:42.3; Ellen Heleski, 37:07.3; Jan Shoop, 37:12.7; Darlene Pigman, 37:26.3; Tracy Littell, 39:11.8; Mary Lester, 40:43.2; Laura Melo, 48:33.8; Kim Ward, 52:49.9; Cathy Lewis, 57:32.9.

Male 55 to 59

Chuck Best, 21:26.1; Anthony DeRoatis, 23:32.5; Jim Griffin, 24:13.6; Virgil McInvale, 25:00.0; Wesley Mercer, 26:31.0; Richard Percy, 27:52.4; Randy Severn, 27:54.5; Charles Stuart, 28:56.5; Jeffrey Tuneberg, 30:35.0.

Female 55 to 59

Leesa Skipper, 31:41.1; Eleana Febre, 31:52.6; Lori Brown, 32:21.8; Martie Brooker, 32:52.3; Pat Caton, 33:17.9; Patricia Wilson, 40:45.4; Susan Cook, 43:51.7; Francis Stuart, 44:25.9; Rhonda Beckman, 44:51.5; Bonnie Potter, 47:28.4; Martie Merrill, 48:31.4; Barb Sheasley, 51:00.2; Jane Hancock, 51:07.6; Teresa McInvale, 53:08.5; Donna Klemm, 1:13:38.8; Penny Spiegel, 1:13:49.7.

Male 60 to 64

Charlie Potter, 25:59.8; Peter Lewia, 28:10.3; Gary Dressel, 34:46.6; Jim Brooks, 55:49.0.

Female 60 to 64

Peggy Essex-Klammer, 30:54.9; Crystal Vanderpool, 33:50.3; Virginia Okie, 34:17.2; Carol Rossetti, 35:59.4; Donna Patterson, 36:05.4; Laura Bowen, 39:55.4; Judy Mercer, 40:42.3; Ida Jackson, 46:57.6; Candice Stewart, 53:40.7; Mary Rucker, 54:19.1; Lorraine Sleeman, 57:33.3; Doreen Cooke, 1:03:20.3; Elaine White, 1:03:21.9.

Male 65 to 69

Rob Mason, 27:19.0; Richard Rucker, 28:12.5; Pep Hutchinson, 37:33.2.

Female 65 to 69

Bonnie Theall, 28:29.5; Mary Carol Plott, 39:58.1.

Male 70 to 74

Sam Starrett, 31:04.8; Dale Bargar, 36:42.9; Bob Ushka, 46:57.8; Eladio Lao, 1:07:58.6.

Female 70 to 74

Sandy Brosius, 36:45.4; Audrey Smith, 42:12.8.

Male 75 to 79

Harold Smith, 30:31.6.

Female 75 to 79

Jan Coyle, 44:45.6.

Male 80 to 84

Ken Filppula, 43:47.7; Bill Kramer, 52:17.3.

Male 85 and over

Eugene Nowell, 56:24.6.

Female 85 and over

Jeri McDonald, 48:42.4.

FRAMES and IMAGES

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Fish are suckers for Spoonplug

Continued from 1B

Finally, I brought it up only to find that I had snagged a metal fish basket with the remains of several dead panfish still inside.

These types of fish bags open like an accordion, which is what I must have felt as I lifted the bag and began to reel, only to have the bag fall again under its own weight.

Somewhat disappointed, I re-tied and went back to trolling.

I caught one more bass, about 2 pounds and tried working the area with a jig but didn't get any hits so I packed up and got off the water.

It's funny, but I've been fishing for 50-plus years and like many fishermen, I have lots of lures that I've put away and forgotten what useful tools they can be under the right conditions.

Jitterbugs, Hula Poppers, Johnson Spoons, Weedwings; they were all "hot" lures in their time, but most are sitting in old tackle boxes, rarely seeing the light of day.

But Spoonplugs should be an essential lure for every-one's tacklebox.

And not just for bass fishermen, but literally for all gamefish.

I first learned about Spoonplugs back in 1973, when Don Dickson, a professional fisherman who worked for Buck Perry hap-pened to stop in at my tackle

shop.

I owned a small retail store called the Tackle Shed back then and Don was out promoting the art of Spoonplugging.

I had just started a bass club back then, and as all you tournament bass fishermen know, you aren't allowed to troll in a tournament, so my initial reaction was feigning interest in the funny looking lures.

But Don persisted and eventually persuaded me to go out with him and see how they actually work.

We met at the boat ramp on Berlin Reservoir in NE Ohio and within minutes, I found myself holding a trolling rod and following Don's rapid-paced speech about the effectiveness of Spoonplugging to "locate" the fish.

It didn't take long before we landed a number of wall-eye, smallmouth and large-mouth bass and one muskie of 15 pounds.

Each time we caught a fish, we marked the spot and fished it thoroughly with a jig tipped with pork rind.

Most of the fish were taken in relatively deep water (8-15 feet), and most were caught on the jigs.

As Don explained, "the spoonplug is designed to locate the fish, once you've found them, they're pretty easy to catch on a jig or deep diving crank bait."

I was amazed.

Like many fishermen, I

primarily fished the shore-line, rarely fishing water deeper than six feet.

This was an incredible method of fishing, and I was hooked.

Don and his partner stayed in town for a couple of weeks, eventually doing a seminar at the local Holiday Inn.

He also took other non-believers out on the lake and demonstrated to them the effectiveness of Spoonplugging.

Needless to say, I started carrying the 5-pak of lures, and eventually the Spoonplugging rods and Penn reels they suggested.

I even bought one of the first Spoonplugging boats.

But, like the jitterbug and hula popper, I eventually put my Spoonplugs away and like many other bass fishermen, eagerly awaited the hot new bass fishing lures being promoted by lure companies and touring pro's.

Don Norton is a professional tournament bass fisherman, bass fishing guide, and custom rod builder. He has also taught a few fishing classes at the South Florida Community College. He lives in the Golf Hammock area of Sebring with his wife Lexie and is the owner of a custom rod building company appropriately named "The American Fisherman". He can be reached at 330-635-6682 or by email at donorton13@gmail.com. His website address is theamericanfisherman.com.

Max Long makeover



News-Sun photo by DAN HOEHNE

The teams aren't the only ones getting ready for the upcoming Dixie State Tournaments. The dugouts and bleachers at the Max Long Recreational Complex are also undergoing extensive work as four tournaments will be hosted over the next two weeks.

Suns have busy 4th in readying for life after Nash

By BOB BAUM

Associated Press

PHOENIX — The Phoenix Suns are off and running in their roster makeover to face life after Steve Nash.

On the same night the team sent their two-time MVP point guard to the Los Angeles Lakers for four draft picks in a sign-and-trade deal, they reacquired his former backup, Goran Dragic, and reached an agreement to sign forward Michael Beasley.

Dragic's deal is for \$30 million over four years and can rise to \$34 million with incentives.

The fourth year is a player option. Beasley gets \$18 million over three years.

The flurry of activity began Tuesday night when the Suns agreed with shooting guard Eric Gordon on a four-year, \$58 million offer sheet, although that move may never reach fruition because the New Orleans Hornets have vowed to match the deal.

The remodeling began when Phoenix selected point guard Kendall Hunter of North Carolina with the 13th pick in the draft.

Dragic's return is intriguing, because it was only slightly more than a year ago that the Suns gave up on him, sending him, along with a lottery-protected draft pick, at the trade deadline to the Houston Rockets for point guard Aaron Brooks.

But Brooks was erratic, then spent last season in China, although he remains a Phoenix restricted free agent.

The deals for Dragic and Beasley were confirmed by a person with knowledge of the situation who requested anonymity because contracts can't be signed until July 11.

Several teams had been courting Dragic, who drew increased interest when he moved in as starter for the Rockets after Kyle Lowry was sidelined with a bacterial infection.

Dragic was named Western Conference player of the week on April 8 after compiling 62 points and 25 assists in wins over Chicago, the Lakers and Sacramento.

Dragic has averaged 11.7 points and 5.3 assists in 28 minutes per game in his career, mostly as a backup.

The Slovenian, highly popular with Suns fans, was drafted in the second round in 2008, 45th overall, by San Antonio, then his draft rights were traded to the Suns.

His most famous day with Phoenix came on May 7, 2010, during Game 3 of the Western Conference semifinals at San Antonio, when he scored 23 of his 26 points in the fourth quarter, including 5 of 5 3-pointers, in a 110-96 victory.

Beasley was the second pick overall in the draft but has never reached his potential in two seasons with Miami and two with Minnesota, averaging 15.1 points per game in his four NBA seasons.

His best season was 2010-2011, when he averaged 19.2 points with the Timberwolves.

The agreement with

Beasley came hours after he visited the Suns' headquarters.

The Timberwolves declined an \$8 million option to keep Beasley.

Despite his obvious talents, his problems off the court have followed him.

Around 3 a.m. one night last June, he was ticketed for possessing marijuana and speeding in the Minneapolis suburb of Minnetonka.

While playing for the Heat, Beasley has acknowledged, he twice violated the NBA's drug policy and entered a treatment facility for a time in 2009.

Beasley had vowed to work hard in the offseason to improve his overall game, with former NBA player Norm Nixon as something of a mentor.

At 6-foot-9, Beasley fits the Suns' need for more athleticism and might have been the most purely talented player on the Timberwolves' roster.

Beasley also was bothered by injuries both of his seasons with Minnesota.

"Both years, and I told Michael this a couple times recently, it is a shame that he got hurt," Minnesota general manager David Kahn said. "His offensive game wasn't there at the start, but I at least thought he was trying defensively and just applying himself with more rigor than he had the year before with the previous staff, and I was at least hopeful that maybe there is something here. And he got hurt again, and again."

Canes, Aquatics keeping busy

Continued from 1B

Brian Ortiz a sixth in the 50-Free for the 15-18 Boys and Greg Rawlings a sixth in the 15-18 Boys 100 Breaststroke.

Anna Sapp, in the 10-under Girls, had two 9th places, in the 50- and 100-Back, while Annie Weber-Callahan had two sixths and a ninth among the 15-18 Girls.

For the Lake Placid Aquatics team, James Baker had the standout day, getting eight top-10 finishes in the 8-under Boys.

Among those were a 2nd in the 50-Free, a third in the 25-Free and a 4th in the 50-Fly.

In the 6-under Girls, Ashby Edgemon went 6th in the 25-Free and 10th in the 25-Back, while Braden Million went 2nd, 3rd and 6th in the 25 Back, Free and Breaststroke, respectively, in the 6-under Boys.

Two more Million's had top-10s, as Logan took 9th in the 50-Back among the 11-12 Boys and Mason placed 7th in the 200-Back in the 13-14 Boys.

Robbye Teal then took a 9th in the 100-Breaststroke in the 15-18 Girls.

The LPA relay team of Daniel Maulden, Tristan Davis, Braden Million and Tyler Baker placed second in



Courtesy photo

Andrew Brown, with coach Marvin Wolfe, had a banner weekend at the T-Bay Invitational in Lakeland.

the 8-under Boys 100 freestyle relay with a time of 1:26.67.

The HHST relay team of Andrew Brown, Steven New, Talon Bullard and Brian Ortiz placed second in the Senior Boys 200 yard Freestyle relay with a time of 1:39.81, while Brown, New, Ortiz and Brian Miller won the Senior Boys 200 Medley relay with a time of 1:52.66.

Next on the Highlands Hurricanes schedule will be the Lake Placid Aquatics

Invitational swim meet Saturday, July 14 in Lake Placid.

The Florida Age Group Championships, July 19-22, the Florida Senior Championships, July 26-29, and the Area 3/5 Championships, July 27-29, still remain on the summer schedule for the Hurricanes.

For information on joining the Highlands Hurricanes swim team, please contact Coach Marvin Wolfe at 382-9272.

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HEALTHY LIVING

Expert Q&A: wear and tear or osteoarthritis of the knee

ARA Content

More than 10 million Americans begin their day with their usual routine, only to discover the spring in their step has been replaced by a creak in their knees. "Wear and tear" disease or osteoarthritis (OA) of the knee is the most common form of arthritis and can be life-changing.

The associated pain and stiffness decreases an individual's ability to carry out routine day-to-day activities, such as climbing stairs or standing for a long period of time. It is estimated that women older than 50 years of age are more likely to develop OA of the knee than men.

Jeffrey E. Rosen, M.D., a leading osteoarthritis expert and Chairman of the Department of Orthopaedics & Rehabilitation at New York Hospital Queens, shares expert insights and advice that all osteoarthritis of the knee sufferers should know, including ways to maintain a healthy, active lifestyle and common disease misconceptions.

What is osteoarthritis?

Often referred to as "wear and tear," osteoarthritis is a chronic disease in which the cartilage, or cushioning tissue between the surfaces of joints, wears away. When cartilage surrounding the

joint breaks down, the joint has to bear more weight; this transmits across the joint possibly leading to changes in the underlying bone.

What are common misconceptions about osteoarthritis of the knee?

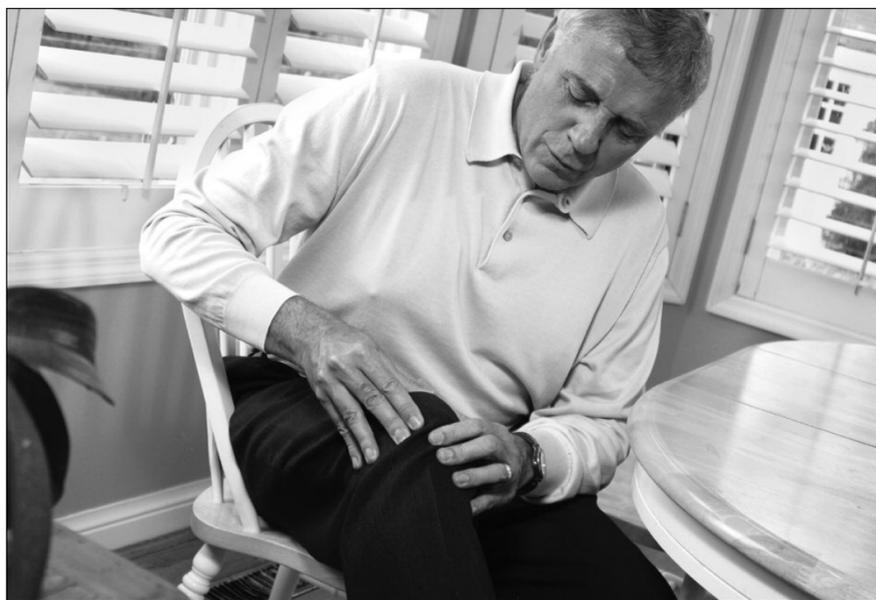
Osteoarthritis is often confused with osteoporosis, which is a disease that affects the makeup of the bone, as opposed to the joints and cartilage surrounding the bone. Another common misconception is that osteoarthritis of the knee only affects older people.

Who is at risk of developing osteoarthritis?

There are certain factors that can increase a person's risk including weight, age, gender and injury or trauma to the knee joint. Those who have had repeated trauma to the knee joints, also referred to as "micro-traumas," are at higher risk, and women are affected more than men. Approximately 60 percent of the nearly 27 million people affected by osteoarthritis of the knee are women.

What are the symptoms?

General osteoarthritis of the knee symptoms include



General osteoarthritis of the knee symptoms include stiffness, particularly when getting up in the morning, aching in the joints and pain while walking up and down stairs.

stiffness, particularly when getting up in the morning, aching in the joints and pain while walking up and down stairs. Patients will normally use over-the-counter medications to treat the symptoms. However, if symptoms progress over time or you start to feel a "crunching" sensation from inside the joint, this may be a sign that it is time to schedule an appointment with your doctor.

Also, consult your doctor when pain, stiffness or swelling becomes too persistent or starts to affect your stability when standing.

Another sure sign to seek medical attention is when symptoms cannot be alleviated with an anti-inflammatory or an over-the-counter medication, such as acetaminophen. The key to a better outcome is seeking support early and before the problem progresses too far.

How is osteoarthritis knee pain treated?

Traditionally, physicians have approached treating osteoarthritis in a step-wise fashion, beginning with improving diet as well as a modified exercise program,

then moving towards pharmacological intervention as needed. However, now physicians are starting to try different treatment approaches to help get the best result possible for patients as quickly as possible. My preference is to use multi-modal strategies where I can combine treatments and therapy strategies.

What type of questions should people with osteoarthritis ask?

I tell my patients the importance of being

informed.

Ask your doctor about ways to maintain proper body weight and an exercise program that is appropriate for you.

It is also important to keep an open dialogue with your doctor about worsening symptoms so treatment can be adjusted as necessary.

What are three things you would recommend?

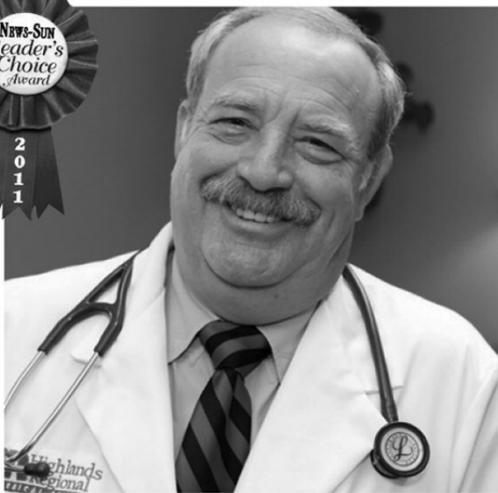
Maintain a healthy body weight. It is essential to maintain a healthy body weight. In fact, every 10 pounds, either lost or gained, is magnified by four times depending on the physical activity being done by the individual.

Stay active and exercise. Keep up an active lifestyle and make sure this includes a stretching and exercise program.

A common misstep is to focus on cardiovascular training only or weight training only, whereas a combination of the two is ideal. Stronger muscles can act like shock absorbers to joints, so a strength training program is beneficial.

Educate yourself about your disease. Finally, it is imperative to be educated about your condition and aware of the contributing factors so you know when it is the right time to see your doctor.

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HEALTHY LIVING



MCT

The amount of herbal supplements available today can be overwhelming.

How to make an herbal first aid kit

Dear Pharmacist: Help me make an herbal medicine cabinet since you have such a good understanding of plants that act like drugs.

— B.M., Tulsa, Oklahoma

Answer: Sure, this will be great because herbal remedies are usually very inexpensive and they come with fewer side effects than most prescribed medicines. Here are the must-haves:

Eucalyptus essential oil: Purifies the air, and may relieve sinus and lung congestion. I keep a tiny bottle (similar to the sort that department stores sample perfumes) and it's filled with pure eucalyptus oil. I sniff it before boarding, especially if people are sick around me, and I've never gotten sick during or after a flight. You inhale it, do not ingest it. Dilute with a little oil and rub on your sore muscles.

Lavender essential oil: Another must have, that you apply to your skin for minor burns, bites, stings, rashes, abrasions, pimples and so forth. You can take a few deep inhalations of this oil for instant relaxation, or to



Dear Pharmacist
Suzy Cohen

help you sleep. Rub on pulse points.

Tea tree essential oil: A powerful anti-fungal and antiseptic. Clean cuts/scrapes with it and apply to discolored fingernails and toenails twice daily. Can dab lightly on pimples. Do not ingest.

Neutralizing cordial: Take this tincture by mouth, it's great for stomach aches, gas, diarrhea, constipation, heartburn or acid reflux. I like Gaia's brand for this.

Echinacea: Boost immunity and enhance the production of white blood cells; great to ward off colds, minimize allergies, prevent infections, and protect from toxins from spider/scorpion

or jellyfish bites. Don't take if you're allergic to ragweed.

Usnea: Never heard of that I bet! Usnea tincture is an antibacterial, anti-viral, anti-fungal and anti-amoebic. It kills everything so I'd suggest this for people with serious lung, staph, strep or bladder infections. Of course, do not delay medical treatment if you really need it.

Bentonite clay: Always in my house. When taken internally it binds toxins, but too much can cause constipation. Suggest 1/8 or 1/4 teaspoon mixed in water daily, but do not take within 4 hours of important medications because it will inactivate them. Clay can be applied to the skin to draw out poison from stings and bites, and to dry up pimples.

Bach Rescue Remedy: An energetic remedy; you take a few drops by mouth. It's a brilliant combination of flower essences and affects the emotional and spiritual layer of our body. People use it to help manage trauma or shock, convulsions, fainting and even severe stress like a

car crash, animal attack, or witnessing death. Interesting huh, I suspect you want more information so visit www.nelsonsnaturalworld.com/.

White Willow Bark or California Poppy: These are used in the same way that you might use ibuprofen, aspirin or tylenol. I recommend them as herbal tinctures.

There's a whole world out there on herbal medicine (the way it used to be!) and if you'd like more information just visit the American Botanical Council's website at www.herbalgram.org/.

Suzy Cohen is a registered pharmacist and the author of 'The 24-Hour Pharmacist' and 'Real Solutions.' For more information, visit www.DearPharmacist.com. This information is not intended to treat, diagnose or cure your condition.

Core exercises more popular

Metro Services

Fitness-conscious men and women have no doubt noticed the growing popularity of core exercises. Core exercises are those that focus on the body's core muscles, or those around the trunk and pelvis.

These exercises are a focus of fitness center programs and have even been integrated into the workout regimens of professional athletes in all sports.

But those unfamiliar with core exercises might not understand why they have become so popular, or why they have proven so effective.

The following are some of the reasons core exercises have become such a significant part of many training regimens.

— **Core exercises help improve balance and stability.** Core exercises require the core muscles, including the abdominals, hips, lower back, and pelvis, to work together.

When muscles work together, the result is improved balance and stability, which helps athletes perform better and non-athletes better cope with the physical demands of everyday life.

— **Core exercises improve the appearance of abdominals.** While it might not be the best reason to workout, physical appearance is a significant reason many people have

such a strong commitment to exercise.

Core exercises strengthen and tone the underlying muscles of the abdominals.

When coupled with aerobic activity that burns abdominal fat, core exercises help turn flabby abdominals into the envy of fellow fitness enthusiasts.

— **Core exercises impact everyday life.** Another reason many people commit to working their core muscles is the impact such activity has on everyday life.

Core exercises help improve posture, which can reduce, if not eliminate, lower back pain and other muscle injuries.

Eliminating that pain can greatly improve quality of life.

In addition, core exercises can make it easier to excel in sports such as golf, a benefit that, to golfers, is worth its weight in gold.

— **Core exercises are free.** Core exercises can be done without any costly machinery, and men and women can do them at home without having to pay for a monthly gym membership.

However, it helps to get some instruction before beginning a core exercise regimen, as the exercises are not easy and the risk of injury is high for the inexperienced who don't have anyone to show them what to do.



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FDA approves first rapid, take home HIV test

WASHINGTON (AP) — The Food and Drug Administration has approved the first over-the-counter HIV test, allowing Americans to test themselves for the virus that causes AIDS in the privacy of their homes.

The OraQuick test detects the presence of HIV in saliva collected using a mouth swab. The test is designed to return a result within 20 to 40 minutes.

Government officials estimate one-fifth, or about 240,000 people, of the 1.2 million HIV carriers in the

U.S. are not aware they are infected. Testing is one of the chief means of slowing new infections, which have held steady at about 50,000 per year for two decades.

FDA officials said the test is aimed at people who might not otherwise get tested.

"The availability of a home-use HIV test kit provides another option for individuals to get tested so that they can seek medical care, if appropriate," said Dr. Karen Midthun, director of the FDA's Center for Biologics Evaluation and Research.

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Do you have a story and photo you'd like to share about your military past or would you like to share a story or photo of a loved one who is currently serving in the military?

If so, send your story and photo into the News-Sun by email at editor@newssun.com, or by mailing to Celebrate Freedom, News-Sun, 2227 U.S. 27 South, Sebring, FL 33870 We'll publish as many of the stories as we can in Celebrate Freedom, an upcoming special section to publish July 29th.

Deadline for entries is Monday, July 13th. Photos will be returned. Please be sure to include your name, address and phone in case we need to contact you.

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HEALTHY LIVING

With boomers coming, hospice industry diversifies

By HOLLY RAMER

Associated Press

CONCORD, N.H. —

Forget that image of a hospice worker sitting next to a hospital bed in a dimly lit room. Today, hospice care is delivered everywhere from the golf course to the casino.

As they brace for the eventual needs of the aging baby boom generation, hospice providers are working to diversify their services and dispel misconceptions about what they do.

Chief among those myths is the notion that hospice consists of friendly visitors who sit in a darkened room and hold Grandma's hand while she dies, says Robin Stawasz, family services director at Southern Tier Hospice and Palliative Care in upstate New York.

"It's just not what we do. We come in and help people go golfing or go snowbird down to Florida, or go out to dinner several nights a week. We help them get to the casinos on weekends," she said. "This is not getting ready to die. This is living — living now, living tomorrow, making the best possible life with what you have."

According to the National Hospice and Palliative Care Organization, an estimated 1.58 million patients received hospice care from more than 5,000 programs nationwide in 2010, more than double the number of patients served a decade earlier. More than 40 percent of all deaths in the United States that year were under the care of hospice, which provides medical care, pain management, and emotional and spiritual support to patients with terminal illnesses.

Both figures have grown steadily and are expected to rise as baby boomers — the 78 million Americans born between 1946 and 1964 — get older.

"It's a complicated time and an exciting time, but it's also, in many ways, going to be a very daunting time for hospices to try to find ways to take care of all these people," said Donald Schumacher, president and CEO of the national hospice group.

For the vast majority of patients, hospice means periodic visits at home from a team of hospice workers. A much smaller percentage receives continuous nursing care at home or inpatient care at a hospice house.

Hospice is covered under Medicare, Medicaid, and most private health insurance plans. According to the National Hospice and Palliative Care Organization, 84 percent of patients receiving hospice care in 2010 were covered by Medicare. The vast majority of those patients received routine home care — visits from



Today's hospice care involves more than just comforting those who are confined to their deathbeds.

hospice workers as opposed to around-the-clock nursing care or inpatient care — and at that level of care, the Medicare reimbursement was about \$126 per day, according to the organization.

Medicare covers hospice care if a doctor determines someone has less than six months to live and if the patient forgoes any further life-prolonging treatment, though under the new federal health care overhaul law, it will experiment with covering both curative and supportive care at a number of test sites nationwide.

In the meantime, hospice programs are growing in number and scope. Recognizing that people are living longer and with complex illnesses, they've been branching out into other "pre-hospice" areas for patients who are not terminally ill. For example, some centers have become certified as so-called PACE providers, an acronym that stands for "program of all-inclusive care for the elderly."

"Hospices are trying to throw a broader net out to provide services to people before they become eligible for hospice," Schumacher said.

Another trend is focusing on patients with specific diagnoses. While hospices for decades overwhelmingly cared for people with cancer, by 2010, cancer diagnoses had dropped to 36 percent of patients served, prompting some centers to develop programs geared toward heart disease, dementia and other diagnoses.

"We are realizing that while our roots were really in oncology, that model is not the best response for all patients," Stawasz said. "We needed to really look again at how we were doing things. It is not a one-size-fits-all kind of treatment

plan," she said.

After working with providers and patients to figure out where traditional hospice had been missing the mark, Stawasz's agency launched its specialized program for patients who have suffered heart failure in 2009. While there's usually a clear line between medical treatment and comfort care for cancer patients, things get blurry with other conditions, she said. So the agency started focusing on the reason behind each service, rather than the service itself.

"If the real focus is to help someone stay comfortable, then that's hospice, even if it's traditionally something a little bit more aggressive, such as IV antibiotics or IV diuretics or that sort of thing, or hospitalizations," she said. "So if the goal is for comfort and the treatment has a reasonable expectation to provide meaningful comfort, then that's hospice."

Though he praises such programs, one expert in end-of-life issues says the hospice industry and American society as a whole are far from ready for the aging baby boom generation. Unless caring for people at the end of life becomes a larger part of the national agenda, the rising tide of elders is bound to result in a flood of unmet needs, said Dr. Ira Byock, director of palliative medicine at New Hampshire's Dartmouth-Hitchcock Medical Center.

He points out that while the number of people using hospice has grown, the average length of stay actually dipped slightly in 2010 compared with the previous year, raising concerns that providers aren't reaching patients and their family caregivers in a timely manner.

"We often quip that in

hospice care these days, we're doing brink-of-death care rather than end-of-life care," Byock said.

When it comes to illness, dying, and death, the American mindset is "I don't want to think about it." But Byock hopes baby boomers will "take back" the end of life in the same way they took charge of the beginning by pushing for the natural childbirth movement and efforts to bring fathers into

the delivery room.

"It was driven by the boomers as citizens and consumers; it was an advocacy movement. A very similar thing needs to happen now," he said.

Hospice workers say they are more ready than other health care providers to deal with baby boomers and whatever changes health care reform brings because they've been working with limited budgets for years.

"We've been meeting that triple threat of providing better care with higher patient satisfaction for less money," Stawasz said.

"I think hospice is perhaps standing as a model for others as we are dealing with the challenges of the increased needs that baby boomers represent."

Laurie Farmer of the Concord Regional Visiting Nurse Association agrees. And she adds that hospice is all about providing individualized care, something that baby boomers likely will demand.

"The baby boom generation comes as very educated consumers, and so we are feeling that we have been meeting that challenge," she said.

At age 70, Liz Murphy, of Deerfield, N.H., is a few years older than the oldest baby boomers. But like many of the baby boomers

served by the Concord hospice program, she did her homework before deciding several weeks ago to move into the program's hospice house.

Murphy, a longtime Statehouse lobbyist, was found several years ago to have an extremely rare cancer of the connective tissue that settled mainly in her bones but also has spread to her brain, liver and other organs. She started considering hospice after a spate of surgeries just weeks apart resulted in no improvements.

Murphy said she knew where the hospice house was, but beyond that, knew little about it before she started looking into it. But once she did, she made her decision quickly.

"I talked it through with my husband and my children and anybody else who I thought would have an interest in it, and I feel as though I got information from as many people as I needed. I came and looked at it, and I'm very happy with it," she said.

"It's been great. I love the place. I've been very fortunate that the people who are here are people who are happy to work with me, and are interested in working together with my family, my husband and me to give us the program we're interested in."

CONTEST! FOR THE KIDS!

With the 4th of July holiday coming up, the News-Sun has a fun challenge for the children. We would like to ask the children to do a short essay for us telling us what "Freedom" means to them. We want to print these essays in the newspaper and we will ask the VFW to vote on the essays. The winner will have a prize as a token of our appreciation for putting so much thought and hard work into each essay.

Submit all essays by July 15th to tle@newssun.com or drop them off at our office. Attention: Terri Lee at 2227 U.S. Highway 27 S., Sebring, FL 33870



MCT

Joseph Luciano, right, and his wife Adriana play with their dogs May 2 in Clermont. Cornerstone launched its "Pet Peace of Mind" program a few months ago. Hospice volunteers are stepping in more and more to care for the pets of dying patients.

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RELIGION

Atonement Lutheran Church - ELCA

SEBRING — This is the sixth Sunday after Pentecost. Worship service with (open) Holy Communion will be led by Deacon David Thoresen. Sermon will be based on the gospel reading of Mark 6:1-13.

The Labyrinth Prayer Garden is in memory of a former member-Kaitlyn Gossett. Bushes and flowers decorating the garden were planted in memory of Scott Duncan Koch.

The Labyrinth Prayer Garden is open to the public, as well as church members seven days a week.

Christ Lutheran Church - LCMS

AVON PARK — Pastor Scott McLean will be preaching a sermon entitled "The Measure of Success."

The church is at 1320 C.R. 64, east of the Avon Park High School. For more information, call 471-2663 or visit www.christluther-anavonpark.org/.

Christian Science Church

SEBRING — The lesson sermon

RELIGION GUIDELINES: The *News-Sun* publishes religion news on Fridays.

The submission deadline is 5 p.m. Monday to be considered for publication in the following Friday's paper.

Submit items to the *News-Sun's* from 8 a.m. to 5 p.m. weekdays; fax to 385-2453; send e-mail to editor@newssun.com; or mail to Lifestyle Editor, *News-Sun*, 2227 U.S. 27 South, Sebring, FL 33870. For information, call 385-6155, ext. 516.

on Sunday morning is titled "Sacrament." The keynote is from I Chronicles 16:29, "Give unto the Lord the glory due unto his name: bring an offering, and come before him: worship the Lord in the beauty of holiness."

Our church is at 146 N. Franklin Street.

Christian Training Church

SEBRING — Associate Minister Casey L. Downing will bring the message titled "Living Daily" at the Sunday morning service. The Wednesday night Bible study is studying the Gospel of John.

Church of Buttonwood Bay

SEBRING — The Church of Buttonwood Bay meets each Sunday in the clubhouse.

Pastor Hess will recall the origin

of some of our favorite hymns with the subject of "A Hymn is Born and You Are There."

The service is non-denominational and open to all. Location is U.S. 27, four miles south of Highlands Regional Medical Center. Call 382-1737 for more information.

Eastside Christian Church

LAKE PLACID — Mid-Week Bible Study will be canceled for this Wednesday due to the holiday and will resume on the following Wednesday, July 11.

Sunday morning Worship Celebration is a blend of contemporary and traditional styles of worship music. Communion is offered weekly. The Agape Cafe is open for coffee and snacks from 9:45-10:15 a.m.

Eastside Christian Church is at 101 Peace Ave. in Lake Placid, two

miles east of U.S. 27 on C.R. 621. Call 465-7065.

Emmanuel United Church of Christ

SEBRING — The Rev. George Miller will deliver the Sunday morning sermon, "Baggage," with Scripture taken from Mark 6:1-13.

The church is 1.7 miles west of U.S. 27 on County Road 634 (Hammock Road). Call 471-1999 or visit sebringemmanuelucc.com.

Faith Lutheran Church

SEBRING — This Sunday morning, the church celebrates the sixth Sunday after Pentecost. New pastor Rev. Robert C. Reinhardt will deliver his sermon based on a medley of the readings of the day from Ezekiel 2:1-5, Psalm 123, II Corinthians 12:1-10 and Mark 6:1-13.

The Installation Service for Rev.

Reinhardt as Faith's Intentional Interim Minister will be July 8 at 3 p.m., followed by a fellowship welcome meal downstairs.

Faith Child Development Center is open for Summer Camp. Please call 385-3232 for more information. Summer Camp for ages 3-5 is only \$2 per hour and includes breakfast and lunch.

Faith's Closet/Thrift Shop hours are: Tuesday to Friday, from 10 a.m. to 2 p.m.; and Saturday, from 10 a.m. to 1 p.m.; phone 385-2782 (direct to Faith's Closet).

First Baptist Church, Avon Park

AVON PARK — Rev. Jon Beck is senior pastor.

The church is at 100 N. Lake Ave. For more information, call 453-6681 or e-mail info@fbcap.net/.

First Christian Church of Avon Park

AVON PARK — Wednesday evening regular Bible study is currently studying the Gospel of John.

First Christian Church of Avon Park's is at 1016 W. Camphor St.

Continued on page 9B

PLACES TO WORSHIP

Places to Worship is a paid advertisement in the *News-Sun* that is published Friday and Sunday. To find out more information on how to place a listing in this directory, call the *News-Sun* at 385-6155, ext. 502.

APOSTOLIC

■ **Greater Faith Apostolic Church**, 24 Rainer Drive, Lake Placid, FL 33852. invites you to come worship with us in spirit and truth at 10:30 a.m. and 1 p.m. Sunday, and at 7:30 p.m. Thursday. For information contact (239) 671-0390. Pastor Travis Vanderford.

ASSEMBLY OF GOD

■ **Christ Fellowship Church (Assembly of God)**, 2935 New Life Way. Bearing His Name; Preaching His Doctrine; and Awaiting His Coming. "Worshipping God in Spirit and in Truth." Sunday School, 9 a.m.; Morning Worship, 10 a.m.; Evening Worship, 6 p.m. Wednesday: Worship, 7 p.m. Pastor Eugene Haas. Phone 471-0924.

■ **First Assembly of God**, 4301 Kenilworth Blvd., Sebring. The Rev. Wilmont McCrary, pastor. Sunday School, 10 a.m.; Morning Worship and KIDS Church, 11 a.m.; Evening Worship, 7 p.m. Wednesday Family Night, (Adult Bible Study), LIFE Youth Group, Royal Rangers, Missionettes, 7:30 p.m. Phone 385-6431.

BAPTIST

■ **Avon Park Lakes Baptist Church**, 2600 N. Highlands Blvd., Avon Park, FL 33825. George Hall, Pastor. Christ centered and biblically based. Sunday worship services, 8:30 a.m., 11 a.m. and 6 p.m. Nursery facilities are available. Bible studies at 9:45 a.m. Sunday and 7 p.m. Wednesday. Prayer Time 6:30 p.m. on Wednesday. Bible classes at 9:45 a.m. are centered for all ages. Choir practice at 5 p.m. Sunday. Church phone: 452-6556.

■ **Bethany Baptist Church (GARBC)** We are located at the corner of SR17 and C-17A (truck route) in Avon Park. Join us Sunday morning at 9:00 AM for coffee and doughnuts, followed with Sunday School for all ages at 9:30. Sunday morning worship service begins at 10:30 a.m., and evening worship service is at 6 p.m. On Wednesdays, the Word of Life teen ministry and the Catelyst class (20's+) begin at 6:30 PM. The adult Bible and Prayer Time begins at 7 p.m. For more information go to www.bethanybaptistap.com or call the church office at 863-452-1136.

■ **Faith Missionary Baptist Church**, off State Road 17 North of Sebring at 1708 LaGrange Ave. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 6 p.m. Wednesday Service, 7 p.m. Deaf interpretation available. Ken Lambert, Pastor. Phone 386-5055.

■ **Fellowship Baptist Church**, 1000 Maxwell St., Avon Park, FL 33825. Sunday: Sunday School, 9:30 a.m.; Morning Worship, 10:45 a.m.; Wednesday: Evening Service, 7 p.m.; Children/Youth, 7 p.m. Telephone: 453-4256. Fax: 453-6986. E-mail: office@apfellowship.org; Web site, www.apfellowship.org.

■ **First Baptist Church of Avon Park**, 100 N. Lake Ave., Avon Park. Rev. Jon Beck, pastor; Charlie Parish, associate pastor/youth and families; Joy Loomis, music director; Rev. Johnnattan Soltero, Hispanic pastor. Regular Sunday schedule: 8:30 a.m. orchestra rehearsal; 9 a.m. Library open; 9:30 a.m. Sunday School; 11 a.m. Morning Worship; 11 a.m. Children's Church; 6 p.m. evening worship. Wednesday schedule: 5:15 p.m. supper; 6 p.m. Bible Study and Prayer; 6:30 p.m. Adult Choir Practice; 6 p.m. children's choir

rehearsals; 7 p.m. mission programs. Hispanic Services: Sunday school at 9:30 a.m.; worship service at 11 a.m. and evening worship at 7 p.m. Wednesday Bible study at 7 p.m. Call 453-6681 for details.

■ **First Baptist Church of Lake Josephine**, 111 Lake Josephine Drive, Sebring (just off U.S. 27 midway between Sebring and Lake Placid). Your place for family, friends and faith. Sunday morning worship service is 11 a.m. Nursery is provided for both services with Children's Church at 11 a.m. Life changing Bible Study for all ages starts at 9:45 a.m. Associate Pastor Allen Altvater leads the youth in their quest to become more like Christ. Sunday night worship at 6 p.m. Wednesday Bible Study and Prayer meeting at 7 p.m. along with youth worship in the youth facility, and missions training for all children. Call the church at 655-1524.

■ **First Baptist Church of Lake Placid**, Knowing God's Heart and Sharing God's Hope, 119 E. Royal Palm St., Lake Placid, FL 33852 (863) 465-3721, Website: www.fbclp.com. Email: information@fbclp.com. Sunday services - Traditional Service 9 a.m., Contemporary Service 10:30 a.m. Link Groups at 9 and 10:30 a.m., Senior Sunday Night at 6 p.m. Wednesday Activities: Family dinner at 5 p.m. (\$4 per person, reservations required). Prayer meeting, Youth Intersections, and MaxKidz Extreme meet at 6:15 p.m. The church is at 119 E. Royal Palm St., Lake Placid. For information, call 465-3721 or go to www.fbclp.com.

■ **First Baptist Church of Lorida** located right on U.S. 98 in Lorida. Sunday School begins at 9:45 a.m. for all ages. Sunday worship services are at 11 a.m. and 6:30 p.m. Preschool care is provided at the 11 a.m. worship service. Wednesday evening Bible Study and Prayer meeting is at 6:30 p.m., followed by adult choir rehearsal. From September the AWANA groups meet. First Lorida is the "Place to discover God's love." For more information about the church or the ministries offered, call 655-1878.

■ **First Baptist Church, Sebring**, 200 E. Center Ave., Sebring, FL 33870. Telephone: 385-5154. Dr. David E. Richardson, senior pastor; Rev. Joe Delph, associate pastor, minister of youth and activities; and Rev. Nuno Norberto, associate pastor, minister of music and senior adults. Group Bible Studies, 9:15 a.m.; Blended Service, 10:30 a.m.; Mision Buatista Hispana, 2 p.m.; Sunday Evening Worship, 6 p.m. Wednesday night programs at the ROC begin 5:30 p.m., at church begin 6:30 p.m. Preschool and Mother's Day Out for children age 6 weeks to 5 years old. Becky Gotsch, director. Call 385-4704.

■ **Florida Avenue Baptist Church**, 401 S. Florida Ave., Avon Park. Mailing address is 710 W. Bell St., Avon Park, FL 33825. Telephone, 453-5339. Rev. John D. Girdley, pastor. Sunday School, 9:45 a.m.; Sunday Worship, 11 a.m.; 11 a.m. Children's Church; Sunday Evening Worship, 6 p.m. Wednesday night programs for children, youth and adults at 7 p.m.

■ **Independent Baptist Church**, 5704 County Road 17 South, Sebring, FL 33876. Sunday School, 9:30 a.m. Sunday worship, 10:30 a.m. Sunday evening, 6 p.m. Wednesday service, 7 p.m. Fundamental, soul-winning, mission-minded, King James Bible Church. Larry Ruse, pastor. Phone 655-1899. Bus transportation.

■ **Leisure Lakes Baptist Church**, 808 Gardenia St., Lake Placid (just off of Miller at the west end of Lake June) "Where the old fashion gospel is preached." Sunday School begins at 9:30 a.m.; Sunday Evening service at 10:45 a.m.; Sunday Worship Service is at 6 p.m. Wednesday Prayer Meeting and Bible Study at 6 p.m. Call the church at 699-0671 for more information.

■ **Maranatha Baptist Church (GARBC)**, 35 Maranatha Blvd., Sebring, FL 33870 (A

half mile east of Highlands Avenue on Ar buckle Creek Road.) Sunday School, 9 a.m.; Morning Worship, 10:15 a.m.; Evening Service, 6 p.m. Mid-week service, Wednesday, 6 p.m. Daily Prayer and Bible Study, 8 a.m., Hamman Hall. Pastor Gerald Webber and Associate Pastors Don Messenger and Ted Ertle. Phone 382-4301.

■ **Parkway Free Will Baptist Church**, 3413 Sebring Parkway, Sebring, FL 33870. Welcome to the church where the "Son" always shines. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m.; and Wednesday Evening Worship, 7 p.m. End-of-the-Month-Sing at 6 p.m. on the last Sunday of each month. The Rev. J.S. Scaggs, pastor. Church phone: 382-3552. Home phone: 214-3025. Affiliated with the National Association of Free Will Baptists, Nashville, Tenn.

■ **Sparta Road Baptist Church, (SBC)** 4400 Sparta Road. Sunday school, 9:45 a.m.; Sunday Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m. Wednesday: Prayer/Bible Study, 6 p.m. Nursery provided. For information, call 382-0869.

■ **Southside Baptist Church (GARBC)**, 379 S. Commerce Ave., Sebring. David C. Altman, Pastor. Sunday School for all ages, 9:30 a.m.; Morning Worship Service, 10:45 a.m.; Evening Worship, 6 p.m. Wednesday: Student ministry, 6:30 p.m.; Awana kindergarten through fifth grade, 6:30 p.m.; Adult Midweek Prayer and Bible Study, 7 p.m. A nursery for under age 3 is available at all services. Provisions for handicapped and hard-of-hearing. Office phone, 385-0752.

■ **Spring Lake Baptist Church**, "Where the Bible is Always Open." Pastor Richard Schermerhorn, 7408 Valencia Road; 655-2610. Assistant Pastor Ronald Smith, 386-1610. On U.S. 98 at the Spring Lake Village II entrance. Sunday School, 9:45 a.m. for all ages; Morning Worship, 10:45 a.m.; Sunday Evening Worship, 6 p.m. Wednesday Mid-week Bible Study and Prayer Service, 6:30 p.m. Nursery available for all services.

■ **Sunridge Baptist Church, (SBC)** 3704 Valerie Blvd. (U.S. 27 and Valerie, across from Florida Hospital), Sebring. Tim Finch, pastor. Sunday School, 9:30 a.m.; Sunday Morning Worship, 10:45 a.m.; and Sunday Evening Service, 6 p.m. Wednesday: Prayer, Bible Study, and Youth, 6:30 p.m. Nursery provided. For information, call 382-3695.

CATHOLIC

■ **Our Lady of Grace Catholic Church**, 595 East Main St., Avon Park, 453-4757. Father Nicholas McLoughlin, pastor. Saturday Vigil Mass is 4 p.m. in English and 7 p.m. in Spanish; Sunday mass 8 and 10:30 a.m. in English. Weekday mass at 8 a.m. Confessions are at 3:30 p.m. Saturday. Religious Education Classes are 9-10:20 a.m. Sunday for grades K through 8th. Confirmation class is from 6:30-8 p.m. Wednesday. Youth Nights grades 6th and up, 6:30-8 p.m. Wednesday.

■ **St. Catherine Catholic Church**, 820 Hickory St., Sebring. Mailing address: 882 Bay St., Sebring, FL 33870, 385-0049; fax, 385-5169; email, office@stcatho.com; website, www.stcatho.com. Very Rev. José González, V.F., frjose@stcatho.com; Parochial Vicar, Rev. Victor Caviedes, 385-3993; Assisting Priest (retired), Rev. J. Peter Sheehan; Deacons, Rev. Mr. James R. McGarry and Rev. Mr. Max M. Severe. Parish office hours, 8:30 a.m. to 1:30 p.m. Monday-Friday. CONFESSIO: First Friday 7:15-7:45 a.m.; Saturday 3-3:45 p.m.; Or by appointment with any priest. WEEKEND MASS SCHEDULE: Saturday Vigil: 4 p.m.; Sunday: 8 and 10 a.m.; Sunday Spanish Mass: noon; Last Sunday of the month: 2 p.m. (Creole/French); Sunday Family Mass 5 p.m. (Holy Family Youth Center). DAILY MASS SCHEDULE: Monday through

Friday: 8 a.m. and noon; Saturday: 9 a.m.

■ **St. James Catholic Church**, 3380 Placidview Drive, Lake Placid, 465-3215. Father Michael J. Cannon. Mass schedule: Summer (May 1 to Oct. 31) - Saturday Vigil, 4 p.m.; Sunday 8 a.m. and 9:30 a.m.; Weekdays, 9 a.m. December thru Easter - Saturday, 4 p.m.; Sunday, 8 a.m., 9:30 a.m. and 11 a.m.; Weekdays 9 a.m.; and Holy Days 8 a.m., 9:30 a.m. and 7 p.m., first Saturday at 9 a.m.

CHRISTIAN

■ **Cornerstone Christian Church**, 1850 US 27 South, Avon Park, FL 33825 (Saxon Hall in Reflection Community). Bill Raymond, Minister. Sunday, 10 a.m. Worship; Communion is available each week. Thursday, 7 p.m. Home Fellowship Group. Our goal is: Love Christ - Love People. For more information call 453-7679 or 453-8929.

■ **Eastside Christian Church**, 101 Peace Ave., Lake Placid, FL 33852 (two miles east of U.S. 27 on County Road 621), 465-7065. Ray Culpepper, senior pastor. Sunday: Bible classes, 9 a.m.; Worship Celebration with the Lord's Supper each week 10:15 a.m. Thelma Hall, organist; and Pat Hjort, pianist. Wednesday: Praise and Prayer, 6:30 p.m.; "Building God's Kingdom for Everyone." "Jesus Christ, the Way, Truth and Life!" "Alive and Worth the Drive!"

■ **Sebring Christian Church**, 4514 Hammock Road, Sebring, FL 33872. Tod Schwingel, Preacher; David Etherton, Youth Pastor. Sunday Worship, 9:30 a.m.; Sunday School, 11 a.m.; Sunday Youth Service, 6 p.m.; Evening service at 6:30 p.m. Wednesday night meals, 5:30 p.m. followed by classes at 6:30 p.m. Changing Seasons, a men's grief support group, meets at 1:30 p.m. Wednesdays. Alzheimers Caregivers Support Group meets at 1 p.m. Thursdays. Office hours, 9 a.m. to 1 p.m. Monday-Friday. Phone 382-6676.

■ **First Christian Church**, 1016 W. Camphor St., Avon Park, FL 33825; (863) 453-5334; on the Web at www.firstchristianap.com. Our motto is "Jesus is First at First Christian Church." Greg Ratliff, Senior Minister; Bible School 9 a.m.; Worship 10 a.m.; Wednesday studies for all ages, 6 p.m. Nursery provided for all events.

■ **First Christian Church (Disciples of Christ)**, 510 Poinsettia Avenue, (corner of Poinsettia and Eucalyptus), Sebring, FL 33870. Phone: 385-0358 or 385-3435. The Rev. Ronald Norton, Pastor; Sunday School, 9 a.m.; Praise Breakfast, 10 a.m., Morning Worship, 10:30 a.m.; Children's Church, 10:30 a.m. Thursday, Praise and Worship, 6:45 p.m. Youth Fellowship, 7:15 p.m.; Midweek Bible Study, 7:15 p.m.

CHRISTIAN & MISSIONARY ALLIANCE

■ **The Alliance Church of Sebring**, 4451 Sparta Road, Sebring, FL 33875. Call 382-1343. Rev. Steve Hagen, pastor. Sunday services: Sunday School meets at 9:30 a.m.; Sunday Morning Worship Service meets at 10:30 a.m.; Sunday Evening Bible Study meets at 6 p.m. (off site); Wednesday Prayer Gathering meets at 6 p.m.

CHRISTIAN SCIENCE

■ **Christian Science Church**, 146 N. Franklin St. Sunday: 10:30 a.m. morning worship and Sunday school. Testimonial meetings at 4 p.m. each second and fourth Wednesday. A free public reading room/bookstore, located in the church, is open before and after church services. The Bible and the Christian Science textbook, 'Science and

Health with Key to the Scriptures' by Mary Baker Eddy are our only preachers. All are welcome to come and partake of the comfort, guidance, support and healing found in the lesson-sermons.

CHURCH OF BRETHREN

■ **Church of the Brethren**, 700 S. Pine St., Sebring, FL 33870. Sunday: Church School, 9 a.m.; Morning Worship, 10:15 a.m. Wednesday: Temple Choir, 7:30 p.m. Phone 385-1597.

CHURCH OF CHRIST

■ **Avon Park Church of Christ**, 200 S. Forest Ave., Avon Park, FL 33825. Minister: Don Smith. Sunday Worship Services, 10:30 a.m. and 6 p.m. Nursery facilities are available at every service. Bible Study: Sunday, 9:30 a.m. and Wednesday, 7 p.m. Bible centered classes for all ages. Church phone: 453-4692.

■ **Lake Placid Church of Christ**, 1069 Hwy 27 North, Lake Placid, FL 33852. Mailing address is P.O. Box 1440, Lake Placid, FL 33862. Jimmy Goins, pastor. Sunday morning worship is at 10 a.m. Sunday evening worship is 6 p.m. Bible class 9 a.m. Sundays and Wednesday evenings at 7 p.m. All are invited to join us. For more information, call the church at 863-465-4636 or visit the website <http://www.thelordsway.com/lakeplacid-cofc/>.

■ **Sebring Parkway Church of Christ**, 3800 Sebring Parkway, Sebring, FL 33870; 385-7443. Minister: Kevin Patterson. Times of service are: Sunday Bible Class, 9 a.m.; Sunday Worship Service, 10 a.m.; Sunday Evening Service, 6 p.m.; Wednesday Bible Class, 7 p.m.

CHURCH OF NAZARENE

■ **First Church of the Nazarene of Avon Park**, P.O. Box 1118., Avon Park, FL 33825-1118. 707 W. Main St. Randall Rupert, Pastor. Sunday: Sunday school begins at 9:45 a.m. for all ages; morning worship at 10:45 a.m.; and evening service at 6 p.m. Wednesday evening service is at 7 p.m. with special services for children and adults. Special services once a month for seniors (Prime Time) and Ladies ministries. If you need any more information, call 453-4851.

■ **First Church of the Nazarene of Lake Placid**, 512 W. Interlake Blvd., Lake Placid, FL 33852. Sunday school, 9:30 a.m.; Morning worship, 10:45 a.m.; Evening service, 6 p.m. Wednesday evening, 7 p.m. Classes for adult children and youth. Call 465-6916. Pastor Tim Taylor.

CHURCHES OF CHRIST IN CHRISTIAN UNION

■ **Community Bible Church - Churches of Christ in Christian Union**, (Orange Blossom Conference Center) 1400 C-17A North (truck route), Avon Park. Presenting Jesus Christ as the answer for time and eternity. Sunday morning worship service, 10:30 a.m. Nursery provided. Junior Church activities at same time for K-6 grade. Sunday School Bible hour (all ages), 9:30 a.m. (Transportation available.) Sunday evening praise and worship service, 6 p.m. Wednesday evening prayer service, 7 p.m. Children and youth activities at 7 p.m. Wednesday. Everyone is welcome, please come worship with us. Tom Schwankweiler, Pastor. Phone 452-0088.

RELIGION

Continued from page 8B

(behind the Wachovia Bank). Call 453-5334 or e-mail us at firstchristianap@embarqmail.com/. The church website is www.firstchristianap.com/.

First Christian Church

SEBRING — At the Lord's Table this Sunday morning will be Anna Coley and Betty Harcourt. Communion will be served by Carol Chandler, Sandra Laufer, Chris Baker and Catherine Baker.

Pastor Ron's Sunday morning sermon is titled, "The Story of Joseph," is taken from Genesis 37:5-8.

Call the church office at 385-0352. The church is at 510 Poinsettia Ave.

First Presbyterian Church of Avon Park

AVON PARK — On Sunday morning, Pastor Bob Johnson's sermon is entitled "Will We Return to God?" based on Amos 4:6-13.

Sunday school is available for all ages. The adult class will continue their series entitled "Faith Lessons on the Promised Land" sponsored by Focus on the Family. These lessons are filmed on location in

Israel and narrated by Historian/Teacher Ray Vander Laan. Sunday's lesson is entitled "Iron of Culture." Wendy Garcia teaches the youth class and they discuss how the Bible applies to issues today.

Special music will be provided by Wendy Garcia.

The church is at 215 E. Circle St. (with two entrances on Lagrande Street). Call 453-3242.

First Presbyterian Church of Sebring

SEBRING — "I Don't Know the Answer" is the title of the Sunday morning service, given by guest speaker, Rev. Cecil Hess.

Summer Camp for sixth through eighth graders (registration required) will run Monday through Friday, from 8 a.m. to 3 p.m.

On Tuesday, July 10, Women's Ministries Summer Study is 9:30 a.m. in the adult classroom.

First United Methodist Church of Sebring

SEBRING — The Rev. A.C. Bryant will bring the sermon "Blessing and Conflict at Antioch" with the Scripture reading from Acts 13:42-47. The service of Holy

Church News

Communion will be observed.

The Sunday evening program for the youth will be "The Gospel According to Krispy Kreme," a teaching series by Louie Giglio.

Wednesday is Family Night with food, fun and Bible study.

Call the church office for information at 385-5184. The church is downtown at 126 South Pine St. Visit www.sebringfirstumc.com/.

Heartland Christian

SEBRING — Pastor Ted Moore's sermon this Sunday will be "Does Your Bag Have Holes?" Scripture will be from Haggai 1:1-15. Communion is offered during the service weekly.

The service will also include Eleanor Rayfield and Ron Pridgeon singing "Soften Your Heart."

The North American Christian Convention at the Orlando Marriott is Tuesday through Friday, July 10-13.

Vacation Bible School will be Monday through Friday, Aug. 6-10, from 5-8 p.m. Public is welcome.

The church is at 2705 Alternate Route 17 South in Sebring (behind Publix). Call 314-9693.

Memorial United Methodist Church

LAKE PLACID — Rev. John Bryant will preach at the Heritage Worship Service and the celebration Worship Service.

Pastor Claude Burnett will preach at the New Song contemporary Service in Rob Reynolds Hall, with the worship band leading the service.

Rev. Dale Schanely will lead the worship service at the Lake Placid Health Care Center.

The Church is at 500 Kent Ave. Call 465-2422.

Parkway Free Will Baptist Church

SEBRING — The Sunday morning Bible lesson "Embodying God's Justice" is taken from II Samuel 23 and I Chronicles 18. Pastor Jim Scaggs will bring the Sunday morning and evening messages. The Wednesday evening service will be praise, prayer and Bible study.

St. John United Methodist Church

SEBRING — Sunday, the Rev. Ronald De Genaro Jr., will bring

the message, "Mission Possible!" The Biblical reference is from Mark 6:1-13. Nursery is provided at all services.

Sebring Church of the Brethren

SEBRING — This Sunday morning, the service will be coming from St. Louis, Mo., with the annual conference brought to us by Skype on the big screen.

Sunday school will meet in the Fidelis Room. They will be studying "Suffering Unto Death," looking at the Scripture from Luke 23:32-46. Call 385-1597.

The Church of the Way - EFCA

SEBRING — Youth Leader Zac Tsai will be preaching his final message at The Church of the Way before leaving for Seminary.

Difference Makers Youth meet Wednesday evenings.

The Church of the Way - EFCA is at 1005 North Ridgewood Drive, Sebring. Pastor is Reinhold Buxbaum. Church phone is 471-6140 and the pastor's cell is 273-3674. For church information and the pastor's messages, go to www.thewaychurch.org/.

PLACES TO WORSHIP

EPISCOPAL

■ **St. Agnes Episcopal Church**, 3840 Lakeview Drive, Sebring, FL 33870. Sunday Services: Holy Eucharist Rite I - 7:45 a.m., Holy Eucharist Rite II - 10 a.m. Midweek service on Wednesday at 6 p.m. Sunday School for all ages at 9 a.m. The nursery is open 8:45 a.m. until 15 minutes after the 10 a.m. service ends. Wednesday: Adult Bible study, 9:30 a.m. Visitors are always welcome. Church office 385-7649, for more information.

■ **St. Francis of Assisi Anglican Episcopal Church**, 43 Lake June Road, Lake Placid, FL 33852. Phone: 465-0051. Rev. Elizabeth L. Nelson, Rector. Sunday Worship, 8 a.m., 10:30 a.m. and 6 p.m. Wednesday evening: Holy Communion with Healing Service, 6 p.m. Thursday: Holy Communion with healing service, 9 a.m. Child care available at the 8 a.m. and 10:30 a.m. Sunday service.

EVANGELICAL FREE CHURCH OF AMERICA

■ **The Church of the Way EFCA**, 1005 N. Ridgewood Drive, Sebring. Sunday school and worship service at 9 a.m. and 10:30 a.m. Youth activities, 6:30 p.m. Wednesdays. The Way is a church family who gathers for contemporary worship, teaching of God's Word, prayer and fellowship. Come early and stay after for fellowship time. Child care and children's church are provided. Reinhold Buxbaum is pastor. The Way - A place for you. Office Phone: 471-6140, Church Cell Phone: 273-3674. Email: thewaychurch@hotmail.com. Web site: www.TheWayChurch.org

GRACE BRETHREN

■ **Grace Brethren Church**, 3626 Thunderbird Road, (863) 835-0869. Dr. Randall Smith, senior pastor. Sunday services at 9 a.m., 10:45 a.m. and 6 p.m.; Wednesday services at 7 p.m. We offer "Kid City" Children's Ministry throughout all services, and there are various other classes for teens, married couples, "prime-timers," and Bible studies in Spanish. "Kid City" Day Care, Preschool and After-School Monday-Friday: 7 a.m.-6 p.m. (For registration call: 385-3111). Check us out on the Web at www.sebring-grace.org.

INTERDENOMINATIONAL

■ **World Harvest and Restoration Ministries**, (non-denominational) 2200 N. Avon Blvd., Avon Park, FL 33825. Phone: 452-9777 or 453-3771. Sunday service: Sunday School, 10 a.m. and worship, 11 a.m. Wednesday services: 7 p.m. prayer meeting/Bible study. Pastor: W.H. Rogers.

LUTHERAN

■ **Atonement Lutheran Church (ELCA)**, 1178 S.E. Lakeview Drive., Sebring. David Thoresen, Deacon, Spiritual Leader, on first, third and fifth Sunday each month, and Rev. Jefferson Cox on the second and fourth Sunday of each month. Jim Helwig, organist/choir

director. Worship service at 9:30 a.m.; Holy Eucharist is every Sunday. Coffee hour on the first and third Sunday of each month. Council meeting on the first Monday of month; Ladies Group WELCA meets at noon second Monday of month with lunch. Bring a dish to pass. Church Vegetable Garden Club meets as needed. Labyrinth Prayer Garden open seven days a week to congregation and community. Like to sing? Come join the choir. Visitors always welcome. Come grow with us. Phone 385-0797.

■ **Christ Lutheran Church Avon Park - LCMS**, 1320 County Road 64, 1/2 mile east of Avon Park High School. Sunday Divine Worship is at 10 a.m. Holy Communion is celebrated every week with traditional Lutheran Liturgy, hymns and songs of praise. Fellowship time with coffee and refreshments follows worship. Come worship and fellowship with us. For information call Pastor Scott McLean at 471-2663 or see christlutheranavonpark.org.

■ **Faith Lutheran Church - LCMS**, 2740 Lakeview Drive, Sebring. Reverend Robert Reinhardt, Pastor. Church phone: 385-7848, Faith Child Development Center, 385-3232. Summer Sunday Worship Service, 10 a.m. Communion is served the first, third and fifth Sunday of the month. Sunday school and Bible classes, 9 a.m. Sunday. Worship service is broadcast at 10 a.m. on WITS 1340 AM each Sunday. Educational opportunities include weekly adult Bible studies. Faith's Closet Thrift Store (385-2782) is open from 10 a.m. to 2 p.m. Tuesday through Friday and 10 a.m. to 1 p.m. Saturday. All are warmly welcome in the Family of Faith.

■ **Good Shepherd Lutheran Church (AALC) American Association of Lutheran Churches**, 3240 Grand Prix Drive, Sebring, FL 33872. James Weed, pastor. Worship Service, 10:30 a.m. Sunday. Bible Study, 9 a.m. Nursery provided. Social activities: Choir, Missions, Evangelism. Phone 385-2346.

■ **New Life Evangelical Lutheran Church**, 3725 Hammock Road, a Congregation of the Evangelical Lutheran Synod (ELS) in fellowship with the Wisconsin Evangelical Lutheran Synod (WELS). Sunday Worship at 10 a.m.; Bible Study, 9 a.m. For more information, call Pastor Brian Klebig at 385-2293 or visit the Web site at www.newlife-sebring.com.

■ **Resurrection Lutheran Church - ELCA**, 324 E. Main St., Avon Park. Pastor: Rev. John C. Grodzinski. Sunday school at 8:30 a.m., Sunday worship at 9:30 a.m.. Coffee and fellowship hour follow the service. Midweek Fragrance Free Wednesday worship, (year round) 7 p.m. Office phone number is 453-6858.

■ **Trinity Lutheran Church - LCMS**, 25 Lakeview St., Lake Placid, FL 33852; 465-5253. The Rev. Richard A. Norris, pastor; Susan C. Norris, Trinity Tots Pre-School director; and Noel Johnson, minister of youth and family life. Worship schedule after Easter through December: Worship service 10 a.m., and Education Hour, 8:45 a.m. Worship schedule for January through Easter: Worship service, 8:30 and 11 a.m., Education Hour 9:45 a.m. Traditional Service with Holy Communion each first and third

Sunday. Non-Traditional Service each second, fourth and fifth Sunday. Seasonal mid-week services Wednesday evenings during Lent and Advent. Call church office for additional Worship times and special holiday services. Other activities and groups include: Choirs; Ladies Guild and LWML; Men's Fellowship Group, Small Group Bible Studies as scheduled; Trinity Tots Pre-school, Youth Group activities (call for meeting times and dates). Visit us online at: www.Trinitylutheranlp.com.

NON-DENOMINATIONAL

■ **Bible Fellowship Church**, 3750 Hammock Road, Sebring, FL 33872. Sunday: American Sign Language: First Worship sermon, songs signed first and second Worship services. First Worship service, 9 a.m.; Second Worship service, 10:45 a.m. Nursery (up to 2 years old) and Sunday school classes both hours. BFC Youth, 6 p.m.; Evening Service, 6 p.m. Wednesday: Youth, 6-7:30 p.m.; Prayer time, 6:30 p.m. Todd Patterson, pastor; Andy McQuaid, associate pastor. Web site www.bfcsebring.com. Church office 385-1024.

■ **Calvary Church**, 1825 Hammock Road, Sebring, FL 33872; 386-4900. An independent community church. Sunday morning worship, 10 a.m.; Bible study, 11:15 a.m.; Sunday evening service, 6 p.m. Pastor Lester Osbeck. A small friendly church waiting for your visit.

■ **Christian Training Ministries Inc.**, on Sebring Parkway. Enter off County Road 17 on Simpson Avenue. Sunday service is at 10 a.m.; Wednesday Bible study at 7 p.m. A nursery and children's church are provided. The church is part of Christian International Ministries Network, a full gospel, non-denominational ministry. Linda M. Downing, minister, lindadowning@live.com. Casey L. Downing, associate minister, caseydowning@hotmail.com. Church phone: 314-0482. Web site: www.ctmforme.com

■ **Grace Bible Church**, 4541 Thunderbird Road, (second church on left) Sebring, FL 33872. Phone, 382-1085. Andrew Katsanis, senior pastor. Saturday Worship, 6:30 p.m. Sunday, 9 and 11 a.m. Tuesday 6 p.m. Grace Bible Academy Adult Investigating Truth; first and third Tuesday, Prayer Gathering, 7:15 p.m.; Wednesday, Children's & Youth Programs, 6 p.m.; Wednesday, 8:30 p.m., College Ministry. www.GBCconnected.org

■ **Highlands Community Church**, a casual contemporary church, meets at 3005 New Life Way. Coffee at 9:30 a.m.; Worship at 10 a.m. Nursery and Kid's World classes. Small groups meet throughout the week. Church phone is 402-1684; Pastor Bruce A. Linhart.

■ **The Lord's Sentinel Fellowship Church**, 148 E. Interlake Blvd., Lake Placid (at Lake Placid Christian School), Pastor Juanita Folsom. Sunday morning service, 10:30 a.m.; Monday, Sentinel School of Theology, 7 p.m.; Church service, Tuesday, 7 p.m. More information at www.juanitafolsomministries.com.

■ **Union Church**, 106 N. Butler Ave., Avon Park, FL 33825. Contemporary worship service is at 6:30 p.m. Saturday with Pastor

Tiger Gullett. Sunday traditional worship service is at 7:45 a.m. and 9 a.m. Contemporary Sunday worship service is at 10:45 a.m. Nursery and children's church on Saturday night and 9 and 10:45 a.m. Sundays. Breakfast and lunch menus at Solid Grounds. Senior Pastor is Bill Breylinger. Office: 453-3345. Web page at www.weare-union.org.

■ **Unity Life Enrichment Centre**, new location, 10417 Orange Blossom Blvd. S., Sebring, FL 33875; 471-1122; e-mail unity@visitanet.net. Web site, www.unityofsebring.org. 10:30 a.m. Sunday Celebration Service, Nursery and Children's Church. Weekly Classes, Christian Bookstore and Cafe, Prayer Ministry, Life Enrichment Groups. Rev. Andrew C. Conyer, senior minister transforming lives from ordinary to extraordinary.

PRESBYTERIAN

■ **Covenant Presbyterian Church (PCA)**, 4500 Sun 'N Lake Blvd., Sebring, 33872-2113. A Congregation of the Presbyterian Church in America. Sunday morning worship: Informal service, 8 a.m.; traditional service, 10:30 a.m.; Sunday school, 9:15 a.m.; evening service, 6 p.m. Wednesday evening Prayer Meeting, 6 p.m.; Children's/Youth Group, 5:30-7 p.m.; choir practice, 7:15 p.m. Phone: 385-3234; Fax: 385-2759; e-mail: covpres@strato.net; Web site: www.cpcsebring.org. Rev. W. Darrell Arnold, pastor. Office hours: 8:30-12:30 a.m. Monday-Friday.

■ **First Presbyterian Church ARP**, 215 E. Circle St., (two entrances on LaGrande), Avon Park, FL 33825. Phone: 453-3242. The Rev. Robert Johnson is the pastor. Sunday School, 9:15 a.m.; Sunday Worship, 10:45 a.m.; Wednesday Bible study, 10:30 a.m.; Potluck dinner, 6 p.m. third Wednesday; choir practice, 6:30 p.m. each Wednesday; Mary Circle business meeting, 1 p.m. second Wednesday; Sarah Circle business meeting, 4 p.m. second Thursday; Women's Ministries Combined Bible study, 4 p.m. third Thursday. Be a part of a warm, caring church family with traditional services, following biblical truth.

■ **First Presbyterian Church, ARP**, 319 Poinsettia Ave., Sebring, FL 33870. 385-0107. Email: faith@htn.net, Rev. Darrell A. Peer, pastor. Sunday School, all ages, 9:30 a.m.; Worship Service, 11 a.m. Summer Camp (middle school), 8 a.m. to 3 p.m. daily. Wednesday: Adult Bible Study, 10:30 a.m. Nursery available during worship. Call the church office for more information and other classes.

■ **First Presbyterian Church, ARP**, www.fpcp.com, 118 N. Oak Ave., Lake Placid, 465-2742. The Rev. Ray Cameron, senior pastor; the Rev. Drew Severance, associate pastor. Traditional Worship 9 a.m., Contemporary Worship 11 a.m., Sunday School for adults to grade school will be from 10:10-10:50 a.m. Wednesday evenings: Adult Bible Study (7 p.m.), Youth Group - (Middle and High School), (7 p.m.), RockSolid (Kindergarten through fifth grade) 7 p.m. Bible Counseling available by appointment, 699-0132. Call the church office for more information about the classes offered. Nursery is provided for babies and toddlers; while young children up to second grade

have a special Children's Church offered during the worship service to help them grow in their spiritual knowledge.

■ **Spring Lake Presbyterian Church (USA)**, 5887 U.S. 98, Sebring, FL 33876. Sunday School, 9 a.m.; Worship Service, 10 a.m. Session meets at 6:30 p.m. the second Thursday of the month, September through June. Board of Deacon's meet at 5:30 p.m. first Monday of the month. Choir rehearses at 7 p.m. each Wednesday, September through April. Presbyterian Women meet at 10 a.m. the third Thursday of the month. Organist: Richard Wedig. Choir Director: Suzan Wedig. Church phone, 655-0713; e-mail, springlakepc@embarqmail.com. Web site, <http://slpc.embarqspace.com>.

SEVENTH-DAY ADVENTIST

■ **Avon Park Seventh-day Adventist Church**, 1410 West Avon Blvd., Avon Park. Phone: 453-6641 or e-mail: avonparksda@embarqmail.com, Sabbath School, 9:30 a.m. Saturday. Church Service 10:45 a.m. Saturday. Wednesday prayer meeting 7 p.m. Community Service hours on Tuesday and Thursday is from 9:00 a.m. till 2 p.m. A sale takes place the first Sunday of each month. Senior Pastor Paul Boling. Walker Memorial Academy Christian School offering education for kindergarten through 12th grades. ALL ARE WELCOME. Website is www.discoverjesus.org

■ **Sebring Seventh-Day Adventist Church**, 2106 N. State Road 17, Sebring; 385-2438. Worship Services: 9:15 a.m. Worship hour, 11 a.m. Prayer meeting, Tuesday, 7:15 p.m. Community service: every Monday 9-11 a.m. Health Seminar with Dr. Seralde, every Friday, 10:00 a.m. Pastor Amado Luzbet.

THE CHURCH OF LATTER DAY SAINTS

■ **The Church of Jesus Christ of Latter Day Saints**, 3235 Grand Prix Dr., Sebring, FL 33872; (863) 382-9092 Steve Austin, Bishop; Mark Swift, 1st Counselor; Del Murphy, 2nd Counselor. Family History Center (863) 382-1822. Sunday Services: Sacrament Meeting, 10-11:10 a.m.; Gospel Doctrine, 11:20 a.m. to noon; Priesthood/Relief Society, 12:10-1p.m.; Primary for children, 11:15 a.m. to 1 p.m.; Youth Activities: Wednesdays, 7-8:20 p.m. Scouts: first and third Wednesday, 7-8:20 p.m. Activity Days: 8-11 yr old Boys and Girls, second and fourth Wednesdays, 7-8:20 p.m.

THE SALVATION ARMY

■ **The Salvation Army - Center for Worship**. Sunday: Sunday School, 9:45 a.m.; Holiness meeting, 11 a.m.; and Praise meeting and lunch, noon. Tuesday: Bible study, 6:30 p.m.; and Women's Ministries, 7 p.m. Wednesday: Youth Ministries, 4 p.m. All meetings are at 120 N. Ridgewood Ave., Sebring. For more information, visit the Web site www.salvationarmy-se

bring.com or call Major Bruce Stefanik at 385-7548, ext. 110.

UNITED METHODIST

■ **First United Methodist Church**, 105 S. Pine St., Sebring, FL 33870. The Rev. A.C. Bryant, pastor. Traditional Worship Service at 8:10 and 10:50 a.m. in the sanctuary, Contemporary Worship in the FLC at 9:30 a.m. Sunday School at 9:30 and 10:30 a.m. Methodist Youth Fellowship at 5:30 p.m. Sundays with Rick Heilig, youth director. The 10:55 a.m. Sunday worship service is broadcast over WITS 1340 on AM dial. There is a nursery available at all services.

■ **First United Methodist Church**, 200 S. Lake Ave., Avon Park, FL 33825. (863) 453-3759, Devon Jarrett, Pastor. Sunday School - 9 a.m., Worship - 10:30 a.m. Bible study third Tuesday of every month at 6 p.m. Prayer Shawl Ministry on the second and fourth Friday of the month at 2 p.m. for women who love God and crocheting. Visit us at our church website: www.fumcap.org.

■ **Memorial United Methodist Church**, 500 Kent Ave., (overlooking Lake Clay) Lake Placid, FL, 33852. The Rev. Fred Ball, pastor. Claude H.L. Burnett, pastoral assistant. Sunday schedule: Heritage Worship Service, 8:30 a.m.; Sunday School for all ages, 9:30 a.m.; Celebration Worship Service at 10:45 a.m.; New Song worship service at 10:45 a.m. Loving nursery care provided every Sunday morning. Middle School Youth, 4 p.m.; High School Youth, 5:30 p.m. We offer Christ-centered Sunday school classes, youth programs, Bible studies, book studies and Christian fellowship. Church office, 465-2422 or www.memorialumc.com. Lakeview Christian School, VPK to grade 5; 465-0313.

■ **St. John United Methodist Church**, 3214 Grand Prix Drive, Sebring, FL 33872. The Rev. Ronald De Genaro Jr., Pastor. Sunday School, 9:30 a.m.; Adult Sunday School, 11 a.m.; Sunday Morning Worship, 8 a.m., 9:30 a.m. and 11 a.m. Nursery provided for all services. Phone 382-1736. www.stjohnsebring.org

■ **Spring Lake United Methodist Church**, 8170 Cozumel Lane, (Hwy 98) Sebring. The Rev. Clyde Weaver Jr., Pastor. Worship service starts at 9:55 a.m. Bible study meets at 10:00 a.m. on Tuesday. Choir Practice at 4:00 p.m. on Thursday. Church office phone: 655-0040.

UNITED CHURCH OF CHRIST

■ **Emmanuel United Church of Christ**, Jesus didn't reject people, neither do we. Join us for worship every Sunday at 9:30 a.m. and you'll be embraced by a compassionate congregation that is all-inclusive. We're at the corner of Hammock and Hope. Choir and Bell Choir practice on Wednesday; Bible studies throughout the week. 471-1999; sebringemmanuelucc.com.

RELIGION

His Willing Vessels to perform



Courtesy photo

First Assembly of God features His Willing Vessels for an evening of good ole southern Gospel music on Sunday beginning at 6 p.m. His Willing Vessels are known throughout our county and state and have proven to be a tremendous blessing. They have recently come out with a new CD 'Canaan Land Is Just In Sight.' First Assembly is at 327 Plumosa St., Lake Placid.

Primitimers plan covered dish lunch

LAKE PLACID — The Primitimers of First Baptist Church of Lake Placid will host a covered dish luncheon at noon Monday in the fellowship hall. Bring a cover dish to share and friend. Steve Shattler with Florida Game and Fish will speak on Florida flora and fauna.

The church is at 119 E. Royal Palm St.; phone number 465-3721.

Spanish Aglow International meets July 14

SEBRING — Spanish Aglow International invite the public to its regular meeting each

Snapshots

second Saturday of every month at the new location of Spring Lake Community Center (209 Spring Lake Blvd. B Spring Lake). Take U.S. 27 to U.S. 98 (east), go five miles and then turn left onto Spring Lake Boulevard.

The Community Center is on the right side.

This meeting this month will be at 9 a.m. Saturday, July 14.

Breakfast will be served (donations welcomed); the meeting will be afterwards (with singing, sharing and surprises).

All are welcome. For more information, call Rosa Gutierrez Benton at 655-9163.

Reinhardt to pastor at Faith Lutheran Sebring

Special to the News-Sun

SEBRING — Faith Lutheran Sebring announces the installation of Reverend Robert Reinhardt, pastor. Reinhardt is trained in Intentional Interim Ministry, which is set up to help the local church restore congregational health by offering a safe bridge between challenging times and the selection of the next permanent pastor. Reinhardt brings much experience and knowledge and Faith is excited to welcome Reinhardt for the next year of service or so.

Before retiring, Reinhardt served six churches in Michigan, Wisconsin and

Ohio. After retirement in 2001, he and his wife, JoAnne, have served six churches — two as “vacancy” and four as Intentional Interim Pastorates. Memberships in all churches they served ranged from 50 to 2,400.

JoAnne is retired Registered Nurse. She trained at Milwaukee Hospital School of Nursing and has a master’s degree in Health Administration. When the Reinhardts moved from city to city, she seemed to have a different nursing opportunity. Her longest nursing experience was as an oncology nurse and in the lat-

ter years of her career she worked in home health care.

Bob Reinhardt is currently serving on the Synod-wide Interim Ministry Conference Board of Directors. He was elected to serve as board chairman about three weeks ago at the National Association of Lutheran Interim Pastors conference in Buffalo.

Reinhardt’s installation service will be at 3 p.m. Sunday at Faith Lutheran Church as Faith’s intentional interim minister. The installation service will be followed by a fellowship welcome meal downstairs.

ENTERTAINMENT

A few ways to enjoy and celebrate Andy Griffith

By FRAZIER MOORE

AP Television Writer

NEW YORK (AP) —

Through his decades-long career, Andy Griffith was beloved, yet somehow taken for granted. He early on gained immortality as Sheriff Andy Taylor. But his skill at playing cornpone decency blinded fans to his ability to master other roles.

It simply seemed that, as a denizen of make-believe Mayberry, N.C., Griffith, with his wide grin and gentle drawl, wasn’t acting, but instead a natural. (Note that Griffith was overlooked for so much as an Emmy nomination for “The Andy Griffith Show,” while his comical co-star, Don Knotts, bagged five trophies as Deputy Barney Fife.)

Sure, being Andy Taylor would’ve been plenty. But for Griffith, who died Tuesday at age 86, there was more to the act.

— As a reference point in understanding Griffith’s range, there’s no better place to start than with his first film, “A Face in the Crowd.” Released in 1957, it would be notable for just the other names attached: director Elia Kazan, writer Budd Schulberg, co-stars Patricia Neal, Walter Matthau and Lee Remick. But the film belongs to Griffith as Larry “Lonesome” Rhodes, a drifter who becomes a power-mad media star with an evangelical streak. The film is a pioneering exploration of the corrupting influence of television in the wrong hands, and Griffith is riveting as a ruthless TV guru.

— A year later, Griffith showed his stuff as a comic actor in “No Time for Sergeants.” In this hit film he reprises his role from the Broadway play as Will Stockdale, a country lad whose simple-mindedness is matched by his eternal good cheer. No wonder he turns the military upside down when he is drafted into the Air Force. Griffith is able to keep the performance riotously broad, yet believable and appealing.

— The success of “Sergeants” helped pave the way for Griffith’s hit sitcom (as well as inspiring a spin-off, “Gomer Pyle, U.S.M.C.”). Serving as a pilot for his prospective



MCT

Evan Danals pats the back of Andy Griffith's statue with Ron Howard as their characters, Andy and Opie Taylor, from Griffith's television show at Pullen Park in Raleigh, N.C. on Tuesday, the day Griffith died at age 86

new series was an episode of a popular comedy, “The Danny Thomas Show,” in which Thomas’ character was stopped for speeding in a small town where Andy Taylor was not only the sheriff, but also justice of the peace and editor of the paper. Playing bumpkin-boss to the hilt, Griffith was an ideal foil for the city slicker Thomas, whose condescending attitude finally got him thrown in the clink. The episode was a success, and a few months later, in October 1960, “The Andy Griffith Show” premiered. In that series’ early episodes, Griffith’s sheriff retained its clownishness. But soon he realized he was surrounded by comic giants (particularly Knotts), so Andy Taylor claimed his role of down-home dignity amidst his eccentric fellow citizens. Sheriff Taylor still carried the show, but you couldn’t really tell — it rested light as a feather on Griffith’s shoulders.

— “Hearts of the West” is an amusing, if largely forgotten, comedy released in 1975 and starring a baby-faced Jeff Bridges as a 1930s writer of Wild West novels who heads to Hollywood, where he’s cast in B-movie westerns. In a supporting cast that also includes Blythe Danner and Alan Arkin, Griffith plays Billy Pueblo, a crusty western actor in a performance with as much grit as charm. After Bridges’ character has injured his privates by landing on a horse for a scene without wearing a cup, Billy exclaims with harsh compassion, “Didn’t anybody tell him?” Then he righteously lectures him on

how to deal with the powers-that-be: “Whenever they want something special, like that kind of a jump, you’ve got to wait ‘em out. You wait till the price gets high enough to make it worth your while.”

— “Matlock,” which ran nine years starting in 1986, was a pleasant, prolonged postscript to “The Andy Griffith Show” in the form of a light-hearted formulaic drama. A Southern lawyer instead of a Southern lawman, Matlock, with his slower gait and head of silver hair, could have been Andy Taylor at a later stage of life. Set in Atlanta, there was no sense of community on the show, as there was with mythical Mayberry, but Matlock, as a steadfast individual, embodied the same upright values and sense of order that helped make Sheriff Taylor so endearing.

— Griffith’s Ritz cracker commercials. Nearly every actor who can do commercials does them, even though, too often, these mini-performances trivialize substantial work they may have done in other spheres. Not so with Griffith and Ritz, for which he served as a spokesman in the 1970s. So memorable were those ads that, 20 years later, he would speak of fans still approaching him and echoing the tagline: “Gooood crackuh.” No wonder. The ads captured what people knew, or thought they know, about Griffith, and loved: the Andy Taylor in him. “Mmmm-mmmmm! Gooood crackuh!” Good guy.

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DIVERSIONS



Taylor Kitsch stars as Chon and Aaron Johnson stars as Ben in 'Savages.'

Universal Pictures

Stone back in bold form with 'Savages'

By CHRISTY LEMIRE
AP Movie Critic

The sun, in its various hues and levels of intensity, plays an important role in Oliver Stone's latest, "Savages."

In the beginning of this tale of sex, drugs, money and power, it illuminates an idyllic decadence. It warms everything in a glow that suggests anything is possible, in a way that's hazy and almost hallucinatory. But such a lifestyle can't be maintained forever — that's just the way these stories tend to go. And so eventually, especially in the film's bloody desert climax, the sun bakes everyone mercilessly, bleaching away the colors and revealing the characters' true natures.



Movie Review 'Savages'

Rating: R (strong brutal and grisly violence, some graphic sexuality, nudity, drug use and language throughout)
Running time: 129 minutes
Review: ★★ (Of 4)

Regardless of which side of the battle they're on, it's clear they've all become savages.

Sounds intense, and Stone's film is indeed a lurid, pulpy film noir but with an erotic, even dreamlike California beach vibe. It's an intriguing contrast, this mixture of a genre and an aesthetic that may not necessarily sound like they'd blend well together, but the result is the most explosively poppy film Stone has made in a long time.

"Savages" is darkly funny and stylishly violent but never reaches the overwhelming level of audiovisual assault of, say, "Natural Born Killers," for example. Directing from a script he co-wrote with Shane Salerno and Don Winslow (based on

share the affections of their mutual girlfriend, the gorgeous, blonde O (Blake Lively), a nouveau riche Orange County princess who benefits from this arrangement in every possible way. (And there is a whole lotta masculine, muscular nudity in this film, just FYI — nearly as much as there was last week in "Magic Mike.")

Everyone's happy until the leader of a Mexican cartel, the regal but ruthless Elena (a fantastic, scenery-chewing Salma Hayek) tries to expand her territory by taking over their business. First, she sends her trusted right-hand man (an elegant Demian Bechir) to approach them with a gentlemanly (if well-armed) proposition. When they politely decline, with phrasing that will come back to haunt them, she sends one of her heavies (Benicio Del Toro, amusingly cartoony) to make her point a little more clear.

Then things start to get really ugly for these beautiful people.

Kitsch is in one mode — he's the trigger-happy, intense muscle of the operation — but he's consistent and believable. Johnson fares better — his character has more shading — and he proves once again how versatile he is following roles as young John Lennon in "Nowhere Boy," the nerdy superhero of "Kick-Ass" and the handsome but illiterate boiler repair man in "Albert Nobbs."

Lively, meanwhile, contin-

ues to expand on the unexpected glimmers of strength she revealed in 2010's "The Town," in contrast to her glamorous persona on- and off-camera. She's called upon for more physical and emotional rigors than ever before and, for the most part, rises to Stone's challenge. As our guide through this shadowy world, she's also saddled with delivering the film's sometimes-smothering narration; some lines that perhaps read better on paper clang on the ear, like the one in which she states that she had orgasms while Kitsch's character had "wargasms."

Approaching such language (and the voiceover in general) from the perspective that it's intended as a fundamental piece of film noir-style filmmaking makes it more relevant, though not necessarily more tolerable.

Among the other colorful characters with something at stake in this increasingly are John Travolta as a DEA agent on the take and Emile Hirsch as the genius who finds complicated ways to hide the guys' money.

Stone clearly has a pro-drug message here — or at least an anti-war-on-drugs message: Everything falls apart once controls start being exerted. That's unsurprising, given the open way in which he's discussed drug use throughout his life. What is surprising is the fact that he's not beating us over the head with it. "Savages" is an enjoyably gratuitous romp, but with something to say.

Two-timing husband is sent packing for the second time



Dear Abby

Dear Abby: My husband, "Albert," divorced me three years ago. Afterward, I found out he was with a 28-year-old woman he had met in a bar. After she took him for what little money he had, he came crawling back to me. Like a fool, I stupidly took him back because I still had feelings for him.

Last week, I caught Albert on the Internet inviting a 23-year-old woman to play bingo over the weekend. Then I discovered another email indicating he had actually met her.

I kicked him out, of course. Albert never supported me; I always paid my own way. We were together for 22 years, Abby, and now I wish I had every one of them back. Why do old men search for young women to run around with, and why do young women think all old men have money?

— Used in the Midwest

Dear Used: Older men like young women because it helps them forget, for a little while, how old they really are. Also, young women tend to be more naive and less judgmental, assuming that gray temples are a sign of wisdom. They also assume that after decades in the workforce an older man has a sizable nest egg.

You are not the only woman who has listened to her heart and made the same mistake twice — or more. Consider yourself ahead of the game because you are not economically dependent on your husband.

Take the lessons you have learned, move on and have a happy life. You deserve it. You'll be fine without this compulsive two-timer. Trust me.

Dear Abby: Whatever happened to telephone etiquette?

We are a busy family and receive many calls from business associates and acquaintances. Abby, they feel free to call at any time, for the most trivial reasons. I guess it's a reflection of our open-24-hours-a-day society, but I consider it very rude.

One man, with whom my husband is on a committee, called at 11:30 p.m. When I politely asked him please not

to call after 9:30 p.m. in the future, he became indignant.

My daughter's soccer coach made practice-reminder calls at 6 a.m. When we didn't answer, she left a message on our voicemail, but called again at 6:30 and 6:45 "to be sure we got the message". I was brought up with the 9-to-9 rule — you shouldn't call anyone you don't know well before 9 a.m. or after 9 p.m.

Also, polite callers identify themselves upfront, as in, "Hi. This is Joe Smith. May I please speak to Jack?" People call for my husband from all over the country. When he's not in, they often demand to know when he'll be back, his work schedule, his travel schedule and his contact information without revealing who they are.

Abby, please remind these people that they are interrupting someone's life with a phone call, and a little courtesy would go a long way.

— Busy in New Hampshire

Dear Busy: I think you've done an excellent job of that yourself.

Your complaints reflect a general, regrettable decline in good manners and common sense. It's one of the reasons some people turn off their phones at night, or screen their calls with caller ID and voicemail.

Callers should always identify themselves. If they don't, before answering any questions, feel free to say, "May I ask who's calling?" Never reveal your husband's work schedule, travel schedule or contact information to anyone unless you know with whom you are speaking.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Write Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

Spidey relaunches with Tuesday record of \$35M

By DAVID GERMAIN
AP Movie Writer

LOS ANGELES — "The Amazing Spider-Man" has swung into action with \$35 million domestically in its first day — a record for a film opening on Tuesday.

The new launch for the Marvel Comics superhero outdid the previous best Tuesday debut of \$27.9 million for "Transformers," which also opened the day before the Fourth of July in 2007.

Box-office trackers had projected that "The Amazing Spider-Man" might earn around \$120 million in its first six days, through the end of Fourth of July weekend. But its strong start indicates it could do considerably more.

The original "Transformers" went on to do \$155.4 million domestically through Fourth of July weekend, which included receipts from Monday night previews before its official Tuesday debut.

"Transformers: Dark of the Moon" opened the week before the Fourth of July last

year and pulled in \$180.7 million in just over six days.

The opening-day records show the resilience of the Spider-Man brand, which set box-office records from 2002 to 2007 with the three films directed by Sam Raimi and starring Tobey Maguire as the web-slinging superhero.

After a falling out between Raimi and distributor Sony on a fourth film, the franchise started over, with Marc Webb directing and Andrew Garfield slipping into Spider-Man's red-and-blue suit.

"The Amazing Spider-Man" retells the story of how a bite from a radioactive spider endows gangly teen Peter Parker with super strength, agility and senses. The film co-stars Emma Stone, Rhys Ifans, Martin Sheen and Sally Field.

Some critics had argued that it was too soon to reboot the franchise, just five years after Raimi and Maguire's "Spider-Man 3." But good reviews for "The Amazing Spider-Man" and a solid box-office start should put

the carping to rest on the film, which also had a strong head-start overseas last week with about \$50 million in a handful of international markets.

Debuting on a Tuesday, "The Amazing Spider-Man" is far down the list of best opening days, since most movies premiere on Friday as the weekend kicks off.

Last summer's "Harry Potter" finale had the best single-day start ever with \$91.1 million. It's followed by last May's "The Avengers" with \$80.8 million on its way to a record \$207.4 million opening weekend.

"Spider-Man 3" opened on a Friday in May 2007, taking in \$59.8 million on day one and \$151.1 million for the weekend, which was a record at the time.

"The Amazing Spider-Man" is the middle chapter in Hollywood's superhero summer, which opened with Disney and Marvel's "The Avengers," whose worldwide receipts have climbed to \$1.45 billion.

On July 20, DC Comics

and Warner Bros. debut "The Dark Knight Rises," the third and final Batman movie from director Christopher Nolan, starring Christian Bale as the masked vigilante.

SUDOKU

		3				9	1	
			2			3		4
			5		1	6		
9					2	1		
	3				5		9	
				7				2
6		9	4			2	3	
			5	6				
						4		

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

9	5	4	7	1	6	8	2	3
6	8	7	3	2	8	5	6	9
1	3	2	8	5	4	7	6	9
2	4	7	5	6	7	3	9	8
7	6	8	9	6	1	2	3	4
3	9	1	2	4	8	7	5	6
8	2	9	1	3	5	2	6	7
4	1	6	3	7	4	5	8	1
5	4	9	1	5	2	6	3	7

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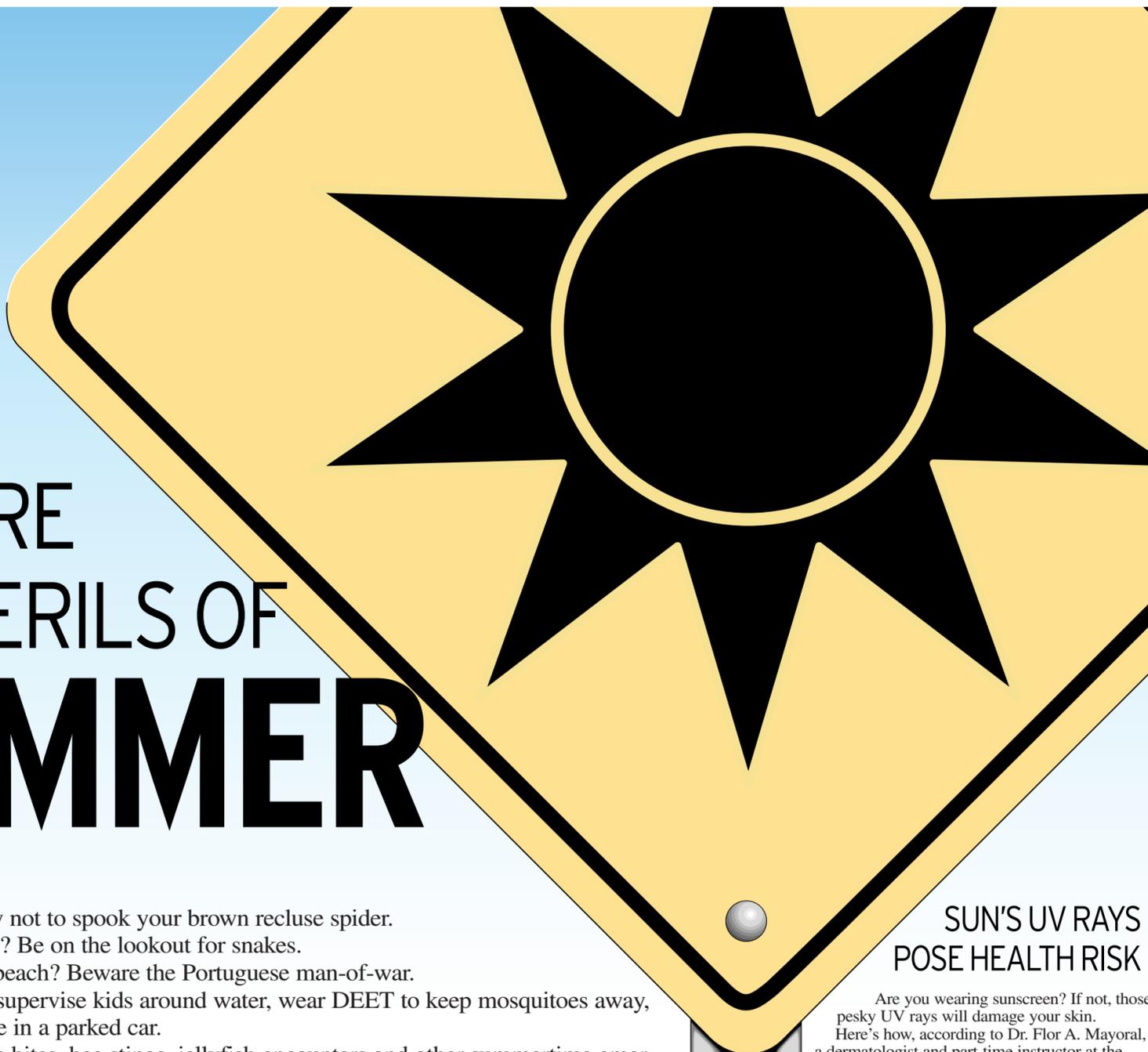
Seeking a Friend for the End of the World R
(Keira Knightley, Steve Carell)
2:15 • 4:15 • 7:15 • 9:15

The Best Exotic Marigold Hotel PG-13
(Bill Nighy, Maggie Smith)
2:00 • 4:30 • 7:00 • 9:30

Dark Shadows PG-13
(Johnny Depp, Helena Bonham Carter)
2:00 • 4:30 • 7:00 • 9:30

What To Expect When You're Expecting PG-13
(Cameron Diaz, Elizabeth Banks)
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BEWARE THE PERILS OF SUMMER

BY DESONTA HOLDER
McClatchy Newspapers

Cleaning up? Try not to spook your brown recluse spider. Going camping? Be on the lookout for snakes. Going to the beach? Beware the Portuguese man-of-war. You know to supervise kids around water, wear DEET to keep mosquitoes away, and never leave anyone in a parked car.

But how about snake bites, bee stings, jellyfish encounters and other summertime emergencies? You can prevent such calamities with a bit of advance knowledge.

Take a water scooter. "One rides in front of the other and the front (guy) falls off and the second guy hits him," says Dr. Carl Spengler, medical director of the emergency department at Hialeah Hospital in Hialeah, Fla. "It crushes ribs, it collapses lungs, it breaks arms."

The solution: Ski side by side or alone. "That's the worse summer injury I've seen," Spengler said. "I've seen poison ivy, snake bites, but the easily prevented one, the worse, that's the Jet Ski."

As the temperature rises and outdoor activities beckon, here are some more tips for a safe summer.

SUN'S UV RAYS POSE HEALTH RISK

Are you wearing sunscreen? If not, those pesky UV rays will damage your skin. Here's how, according to Dr. Flor A. Mayoral, a dermatologist and part-time instructor at the University of Miami's Miller School of Medicine:

■ When UV radiation hits the top layer of skin it damages cells, and the cells have to replace themselves.

■ If you do this over time, cells can become altered and precancerous. You can get skin cancer, especially if you have light skin, but darker skin is not immune.

■ UV radiation penetrates the skin and damages the collagen underneath. The body has to replace the collagen. As we age, the body has a hard time replacing collagen. Under a microscope, sun-damaged skin looks like a glob compared to the smoothness of undamaged skin.

"The architecture of sun-damaged skin is completely different," Mayoral says. "Skin in covered areas is just as old as the skin on your hands, but the appearance is different when there has been no exposure to UV radiation. The difference is the number of times outside without protecting your skin."

Here, then, are tips on protecting your skin:
Slather it on: Use sunscreen with an SPF of 30 or more, Mayoral advises. SPF 15 will do a nice job, she says, but people do not apply it as thickly and as often as they should, "so I always tell patients to use 30 SPF broad spectrum." Don't forget to use it on cloudy days or when you're in the car.

Protect your children: There's a higher incidence of skin cancer in people who had sunburn as children, Mayoral says. Make sure your children wear sunscreen to school. If PE class is outside at noon, you want them to be protected.

Skip the tan: "When the body gets a tan it's trying to protect itself from something that would otherwise burn it," Mayoral says. The body is making pigment to block UV rays, to protect itself from the injury you're inflicting. "Tanning is a horrible thing."

Know your risks: You are at increased risk for developing skin cancer if your body is unable to tan; you get sunburned, red and blistered; you have freckles, green eyes or red hair; you work outdoors; or you have a family history of melanoma, the most serious form of skin cancer.

Check yourself: You can get skin cancer anywhere on your body. Common areas are the face, back and back of your legs. Although unusual, it can also develop in the genital area. On the scalp, it can go undetected. If you have a mole or lesion that changes color, see a medical professional.

See a doctor: Melanoma is most easy to diagnose, Mayoral says. "Rarely do you see a melanoma that doesn't look like melanoma." See your doctor if you have a mole with: irregular borders that seem to fade into the rest of the skin; striking colors — black or purple in some areas, red or brown in other areas; and a diameter larger than a pencil eraser.

SUN SPOTS ON THE WEB

Visit www.mayoclinic.com/health/skin-cancer/DS00190/DSECTION=2 for information on skin cancer, including pictures of basal cell carcinoma, which is easily treated; squamous cell carcinoma, which is easily treated if detected early; and melanoma, the deadliest form of skin cancer.

SUN SAVVY?

To gauge your sun smarts, go to www.aad.org and take the "Rays Sun Grade" survey. After you complete it, you'll receive a personalized sun-smart profile with lifestyle tips.

SNAKES

Don't panic if a snake bites you. Try to determine whether it's poisonous because anti-venom can cause anaphylactic shock, a potentially fatal allergic reaction. Many poisonous snakes in America — water moccasins, rattlesnakes, copperheads — have vertical pupils. Nonpoisonous snakes usually have round pupils.

An exception is the coral snake, which has round pupils and broad bands colored red, yellow and black. Remember: If red touches yellow, it can kill a fellow.

If you have a club and can kill a snake that bites you, kill it, Spengler advises, "but don't endanger yourself. . . . No ER doctor's going to want to take a look at a live snake."

Relax, walk slowly to your car and drive to the nearest ER. Don't try to cut yourself and suck out the venom. The immediate fear isn't death; it's loss of limb. Venom can destroy arteries and nerves. A nonpoisonous bite is typically treated with a tetanus shot and antibiotics.

Prevention: If you see a snake, walk away. Some snakes that look nonpoisonous might be poisonous, and vice versa.

Statistics: There are 8,000 cases of venomous snake bites a year. Fifteen of them are fatal.

On the Web: www.cdc.gov (Search for snake bites.)

SPIDERS

Most spiders are not dangerous, but the brown recluse and the black widow are and will bite out of fear.

A black widow bite can cause severe nausea, vomiting, abdominal cramps and muscle cramps.

"Brown recluse bites pose a bigger threat. It has an enzyme that is poisonous. It destroys the tissue of the skin." A large incision is sometimes required to cut out the poison, but antibiotics usually will cure the problem, Spengler says.

Prevention: Be careful while cleaning your closet or garage.

Statistics: About four deaths a year result from spider bites.

On the Web: www.nlm.nih.gov (Search for spider bite.)



LAURIE SKRIVAN/ST. LOUIS POST-DISPATCH

Like many other poisonous snakes, rattlesnakes have vertical pupils.

BEEES

If you get stung by a bee, scrape the stinger off. Call 911 if you have chest pressure, your heart starts racing, you feel a tingling in the back of your throat, your hands and feet start tingling or you have shortness of breath.

"You're quickly moving into anaphylactic shock," Spengler says. "You could have an upper airway obstruction or complete vascular collapse."

If you know you're allergic, keep an EpiPen near you at all times.

Prevention: Stay out of their way. Bees don't hunt; we walk into them.

Statistics: Between 30 and 120 people die from bee stings yearly.

On the Web: www.webmd.com (Search for insect stings.)

PLANTS

After you weed your garden, you'll take a shower, but your shoes could still have poison ivy or poison sumac on them. A week or so later when you put those shoes back on, the resin still will be there.

"Steroids and antihistamines will take care of poison ivy and poison sumac," Spengler says. Other plants to

watch out for are cactus, sharp sawgrass and deadly mushrooms.

Prevention: Don't eat mushrooms found outdoors and learn how to identify poisonous plants. If you are exposed to them, wash your hands, shoes and clothing.

Statistics: Poison ivy causes 350,000 reported cases of human contact dermatitis annually.

On the Web: www.fda.gov (Search for poison ivy.)

PORTUGUESE MAN-OF-WAR

"When you get hit by man-of-war, don't try to rub it off," Spengler warns. "You will spread it all over and have a real disaster."

The antidote, he says, is warm ammonia, that is, something besides cleaning fluid that has ammonia in it. Apply it with a towel and then stand in the shower and let the ammonia wash off, or call 911.

The sting can cause headaches, nausea, palpitations.

Prevention: You're assuming a risk whenever you go into the ocean. Be very aware of your environment.

Statistics: Thousands of people are stung yearly, mostly during the summer.

On the Web: www.healthbanks.com (Search for Portuguese man-of-war.)

