

Support workers

Festival to honor Immokalee workers
PAGE 2A



Heroes honored

HCSO recognizes those who went above and beyond
PAGE 2A



Putting up a fight

Streaks battle, but fall to DeSoto
1B

Room by room

Fire safety for your entire home
PAGE 12B



Friday-Saturday, October 21-22, 2011

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Volume 92/Number 124 | 50 cents

Forecast



Mostly sunny and pleasant

High **74** Low **52**

Complete Forecast
PAGE 12A

Online



Question:

Will the rise in the minimum wage hurt job creation?

Yes **40.4%**

No **59.6%**

Total votes: 99

Next question: Should the state reject a federal early learning grant if there are strings attached? (story page 5A)

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Their business is



TERROR

... and business is good

Terror Trail

When: Friday and Saturday nights through October
Hours: Tickets sold from dark until 10 p.m. Trails stay open until the last visitor is done.
Where: The Humane Society of Highlands County, 7321 Haywood Taylor Blvd., Sebring (655-1522).
Cost: One trail, \$7, glowstick \$1; Two trails \$11, glowstick \$1; Super ticket (all three trails plus the glow stick), \$15.

By CHRISTOPHER TUFFLEY
christopher.tuffley@newssun.com

SEBRING

The Humane Society of Highlands County's Terror Trails weren't even open and already eerie cries drifted out from the sinister woods around its animal shelter. It was enough to make a visitor's hair stand on end — and there was still plenty of daylight.

Hidden behind a fence and storage containers, 85 teens and adults got into costume and painted on blood, preparing to terrorize the good folks who pay \$15 for the privilege of being scared. The month-long Terror Trail event — open every Friday and Saturday in October come dark — is a fundraiser benefiting the 65 dogs and 72 cats waiting for adoption.

"I need three wolves for the campsite," Humane Society

See TERROR, page 6A

News-Sun photos by CHRISTOPHER TUFFLEY (Top photo, from left) Cameron Hunt, Zackery Boyd, Matthew Brewer, and Jessy Mitchell await Terror Trail walkers. You can call veteran Dan Alley (right) the entrail guy. He'll be found in the morgue.



City fires Rowan

After chief withdraws settlement agreement

By CHRISTOPHER TUFFLEY
christopher.tuffley@newssun.com

AVON PARK — City manager Julian Deleon confirmed Thursday morning the city has terminated former police chief Michael Rowan. Deleon declined further comment until the special city council meeting scheduled for Thursday evening, explaining he would review the situation at that time.

The action was taken after Rowan rescinded his approval of a separation agreement with the city Wednesday. The proposal allowed him seven days to change his mind after signing.



Rowan

In a letter dated Oct. 18 and addressed to Deleon Rowan wrote, "I have received new information which bears further investigation by me. Also we have not reached a full agreement on the questions raised by Councilor (Parke) Sutherland concerning deductions, pursuant to Paragraph 20 of the proposal dated and signed by me on October 12, 2011, I hereby revoke and rescind the offer.

"I remain open to further negotiation, but due to the

See ROWAN, page 8A

Council supports keeping Sheriff's HQ downtown

By SAMANTHA GHOLAR
sgholar@newssun.com

SEBRING — Council members discussed the future of the Highlands County Sheriff's Office location at the end of Tuesday night's second monthly meeting.

Jimmy Wohl, of Heartland Real Estate Corp, presented a request for the council's support in the effort to keep the HCSO headquarters in downtown Sebring.

Wohl presented an agenda item from the Oct. 4 Highlands County Board of County Commissioners meeting. The item informed the council and the public of the approval by the board to review requests for proposals (RFP) for alternative locations for the HCSO, which has outgrown its current location on Fernleaf Ave.

According to Wohl, a proposal from Architects Design Group (ADG) to update a

See COUNCIL, page 8A



News-Sun photos by KATARA SIMMONS The former SunTrust Bank on Center Avenue (top) and the former Bank of America on Ridgewood Drive are two locations proposed for the new home of the Highlands County Sheriffs Office.

Minimum wage increase draws mixed reaction

By ED BALDRIDGE
ed.baldridge@newssun.com

SEBRING — The Florida Department of Economic Opportunity announced on Saturday that the minimum wage will be raised to \$7.67 per hour effective Jan. 1 2012.

The current minimum wage rate is \$7.31 per hour set on June 1, 2011.

Community leaders have mixed feelings about the increase in pay and how it will impact the economic outlook in Highlands County.

"For someone who is making minimum wage, this is a boon. Thirty-six cents per hour is a large jump if you are making the minimum. Small business, on the other hand, may have to lay off employees to make up the difference," said Roger Hood,

See MINIMUM, page 8A

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Three charged in tire dumping

Siblings facing felony charges

By ED BALDRIDGE
ed.baldrige@newssun.com

AVON PARK — Three Avon Park residents were charged this week with dumping 480 pounds of tires along State Road 64. Carmen Oneida Lizardo, 54, Sardis Noemi Acostas, 44 and Aldolfo Garcia, 50, were charged with dumping a hazardous commercial material, a third-degree felony, according to Nell Hays, public information officer for the Highlands County Sheriff's Office.

The three are siblings, the HCSO report states, and Acosta and Garcia live on North Bennett Road while Lizardo lives on West Nautilus Road in Avon Parks Lakes area.

The report alleges that the three were dumping tires from their red Chevy S-10 on Oct. 6 near the intersection of North Oleander Drive and S.R. 64, according to Deputy Steven D. Ritenour.

Ritenour served the three warrants on Monday.

Ritenour's report states that the three were seen by individuals in the neighborhood throwing the tires from their truck.

A call to the HCSO prompted Ritenour to respond to the area where he spotted the truck that matched the description of the complaint.

Ritenour states that the truck had several tires in the bed and was backed into a driveway at 157 N. Oleander Dr.

Ritenour's traffic stop resulted in the three admitting that they were told they could dump the tires at the intersection from someone in church.

Acosta stated that she was in the process of being foreclosed on at her residence and that her bank offered her financial assistance on the condition that she clean the residence, Ritenour wrote.

Ritenour additionally stated that the amount of tires in the back of the Chevy S-10 were "two or three times the number initially dumped" by the three.

Ritenour alleges that the three were trying to avoid landfill fees and therefore had "financial gain" from dumping the tires illegally.

Lizardo was released later on Monday on \$1,000 bond. The HCSO website is not booking records for Acostas and Garcia.

The intersection has been a problem spot for tire dumping for some time, to the point where the HCSO put it under video surveillance in August.

The problem is believed to have started when the area was used as a temporary drop-off point for tires during an isolated Adopt-A-Road event, leading to the impression that it was OK to dump tires there.

In August, county crews collected around 70 tires that had been dumped underneath a "Keep Highlands County Beautiful" sign and several "No Dumping" signs that had been placed in the area.



News-Sun photo by CHRISTOPHER TUFFLEY
Eleven-year-old Kevin Taylor receives a certificate of heroism for Sheriff Susan Benton. Kevin saved an adult from drowning on July 4 at Bishop Park in Lake Placid.

Stories of bravery, loyalty and going the full distance

HCSO honors employees, civilian heroes

By CHRISTOPHER TUFFLEY
christopher.tuffley@newssun.com

SEBRING — Highlands County Sheriff Susan Benton welcomed a standing-room-only crowd for a recognition ceremony at the courthouse Wednesday afternoon. The occasion was, in her words, to honor law enforcement officers who do "tremendous, outstanding work."

Civilians were also recognized, three in particular for bravery and quick thinking under pressure. Benton said, "Very often officers are not the first on the scene, civilians are there first."

On Sept. 8, 2011 Sheriff's deputies, Sgt. Kyle Albritton and Michael Helms joined with civilians Donald Rowe and Leslie Novak to save an elderly woman from a burning car. A third civilian helped in the rescue, but has not been identified.

The woman driver, who was alone in the

vehicle, crashed into a tree while traveling on U. S. 98 in Spring Lake. Rowe and Novak happened to see the accident occur and stopped to help. The woman was unconscious and trapped in the car, which began to fill with smoke as the engine caught fire.

When the deputies arrived a few minutes later, Rowe was still attempting to remove the woman from her seat, having broken a window to reach her, and cutting her seat belt with a pocket knife. The door itself would not open, seriously hampering their efforts.

Albritton and Helms both attempted to put out the fire, without success. The fire began to spread into the car's compartment.

Helms continued to fight the fire while Albritton and Rowe worked at extricating the woman. Novak, in the meantime, pre-

See HCSO, page 8A

Fall Festival to support Immokalee Workers

By CHRISTOPHER TUFFLEY
christopher.tuffley@newssun.com

SEBRING — Supporters of the Coalition of Immokalee Workers hope people stop by the Democratic Party Headquarters at 4216 Sebring Parkway Saturday for the annual Fall Festival benefiting the coalition. This is a non-partisan event, everyone is most welcome. Ten dollars gains entrance to a buffet of homemade chili, fresh salad, bread and dessert. None of the proceeds go to the Democratic party, it is the Democratic Women's Club that is hosting the event.

As an agricultural community, residents of Highlands County have a good idea of the hard work migrant field workers perform, and how essential that work is. No farmers no food is a truism; so is no migrant workers, no harvest.

Less known is what the life of a migrant worker is like and the problems they face. Part of the problem is the difficulty in gathering information.

Most migrant workers follow harvests from state to state, staying at various work sites along the way. This makes accurate census taking a challenge. In addition, there are language barriers and a mistrust of authority. Because of these hurdles many of the studies used as data bases are older and outdated.

There is general agreement, however, among experts in several areas: Migrant workers live in extreme poverty and are in generally poor health.

The work is hazardous. According to John Bowe's book "Nobodies" (2008

Random House Trade Paperback edition) injuries are common and picking often done in fields still wet with pesticides.

In 2001, national agriculture brought in \$28 billion. A 2005 study by the Kaiser Foundation and George Washington University shows that in 2000 the median income for a migrant worker was \$6,250, while the median national income was \$42,000.

Approximately 94 percent of migrant workers are foreign born; 92 percent of them are born in Mexico; 82 percent little or no English; and a significant number of those who do not speak English, cannot speak Spanish either (most workers from southern Mexico speak regional Indian languages).

There is an even darker aspect to working in the fields — undocumented workers have been trapped into slavery, forced to work and pay inflated prices for sub-standard housing, food and denied medical care.

Two famous cases, involving murder and workers trying to flee confinement, occurred in Lake Placid in 1998 and 2001.

The coalition was formed to help farm workers help themselves. They conduct classes, have a store with fair market prices, and help individuals who have been threatened. As a voice for those without power or options they have saved lives and improved living conditions.

A traveling museum telling the story slavery in the fields will be a part of the event, and guest speakers will make presentations. Maureen McKenna, president of the Democratic Women's Club

COMMUNITY BRIEFS

'What's Up Main Street?' walking tour on Nov. 1

AVON PARK — The Avon Park Community Redevelopment Agency (CRA) Main Street District will host its next "What's Up Main Street?" meeting on Tuesday, Nov. 1 at 5 p.m. at the Community Center (310 W. Main St.).

The meeting will begin with a brief overview of the city's history, which will be followed by the inaugural Historic Walking Tour immediately after the presentation. The meeting is free and open to anyone who would like to attend. Refreshments will be served after the tour.

For more information and to RSVP, contact Casey Wohl at Casey.Wohl@Yahoo.com or by phone at (863) 224-6326. For more information about the Avon Park CRA, visit www.AvonParkCRA.com/.

Ballroom dancing tonight

SEBRING — The Highlands Social Dance Club will host ballroom dancing tonight at the Senior Center on Sebring Parkway from 7-9:30 p.m.

Dance the night away to music of the Golden Era Big Band. All club dances are open to the public. Appropriate dress required. Snack bar opens at 6 p.m. Admission is \$5 for members and \$7 for non-members.

For more information, call 471-0559

Storytime at LP Library

LAKE PLACID — The Lake Placid Memorial Library will start the fall introduction of books to young children and their families during its free Storytime for 3 to 5-year olds every Thursday at 10 a.m. Lapsits for infants and toddlers through age 3 will take place the first and third Thursday of the month at 10:30 a.m.

The monthly theme for the November after-school program will focus on Thanksgiving Day tradi-

tions and celebrations. This program for school-aged participants will be offered Wednesday, Nov. 3, at 3:30 pm.

For additional information call 699-3705 or visit the library at 205 W Interlake Blvd.

Hydrilla management meeting rescheduled

LAKE PLACID — There will be a meeting to discuss plans for hydrilla management on Lake Istokpoga, Wednesday at 10a.m. in the H.L. Bishop Park Clubhouse located at 10 Clubhouse Rd.

The meeting was moved from Oct. 19. The public is invited to attend.

Woman's Club accepting flea market donations

SEBRING — The GFWC Woman's Club of Sebring at 4260 Lakeview Drive is accepting flea market donations today and Saturday, as well as next Friday and Saturday, from 9 to 11 a.m.

The flea market will be held on Friday, Nov. 4 and Saturday, Nov. 5 from 8 a.m. until noon. Call 382-0706 for additional details.

Ransom Band playing at Duffers

AVON PARK — The popular Longshot Band returns to do its first show at the new Duffers from 6-9 p.m. tonight This local four-piece band plays a variety of country and original music. J & B Karaoke will also provide music from 9 p.m. to 1 a.m., Friday.

The Ransom Band will be playing at Duffers Sports Grille from 9 p.m. to 1 a.m., Saturday. This four-piece local band plays a variety of rock and Top 40 dance music. There is no cover charge.

Bob Weed Live is from 6-9 p.m. every Tuesday. He provides the best country and oldies music mixed in with some trivia questions. Free line dancing lessons are offered from 6-8 p.m.

Continued on page 5A

	Lottery Center	Oct. 19 1 7 17 32 33 34 x:5 <i>Next jackpot \$17 million</i>
		Oct. 15 3 9 36 41 42 44 x:3 Oct. 12 8 9 25 38 50 52 x:3
		Oct. 19 (n) 7 6 1 0 Oct. 19 (d) 0 5 4 8 Oct. 18 (n) 0 0 6 9 Oct. 18 (d) 8 7 5 0
	Oct. 19 1 9 23 26 36 Oct. 18 2 9 23 25 36 Oct. 17 6 9 10 11 21 Oct. 16 1 21 24 28 30	
	Oct. 18 15 16 25 31 7 Oct. 14 4 10 25 44 3 Oct. 11 11 20 28 42 2 Oct. 7 12 14 33 35 10	
	Oct. 19 16 26 35 52 58 PB: 2 PP: 4 <i>Next jackpot \$148 million</i>	
	Oct. 15 5 10 24 38 43 PB: 1 PP: 4 Oct. 12 10 12 23 43 47 PB: 18 PP: 3	

Note: Cash 3 and Play 4 drawings are twice per day: (d) is the daytime drawing, (n) is the nighttime drawing. PB: Power Ball PP: Power Play

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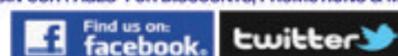
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EDITORIAL & OPINION

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NEWSROOM

ROMONA WASHINGTON

Publisher/Executive Editor
Ext. 515
editor@newssun.com

SCOTT DRESSEL

Editor
Ext. 516
scott.dressel@newssun.com

DAN HOEHNE

Sports Editor
Ext. 528
daniel.hoehne@newssun.com

ADVERTISING

VICKIE JONES

Ext. 518
vickie.jones@newssun.com

CIRCULATION

TONY MCCOWAN

Ext. 522
anthony.mccowan@newssun.com

BUSINESS OFFICE

JANET EMERSON

Ext. 596
legals@newssun.com

TODAY'S EDITORIAL

Is anybody there?

We hope Highland's County has just slipped Governor Scott's mind and that he's not just ignoring us on purpose.

It's possible. After all, we are only one of Florida's 67 counties. Look at the long list of their names and in terms of alphabetical order Highlands puts us somewhere near the middle, where we're surrounded by six other Hs: Hamilton, Hardee, Hendry, Hernando, Hillsborough and Holmes counties. One can see how we might blend into the background.

Of course, this is upsetting, even insulting, but it's a busy world and we're a rural county without the oomph of Palm Beach. We can even live with the reality of being a country cousin, just as long as it does us no harm.

But we are being harmed. Some truly important problems have to be addressed — starting with being one county commissioner shy of a fair meeting.

In a happy coincidence, this is just the kind of a problem a governor can fix, although obviously not quickly — District 3 has not been represented on the Board of County Commissioners since Jeff Carlson was suspended from it on Nov. 29, 2010.

We thank Commissioner Greg Harris who made it clear at Tuesday's BCC meeting that he and his colleagues want to step up to the plate and listen to anything a disenfranchised resident in District 3 needs to say. Unfortunately then he added he thinks District 3 will be fine as it is until the 2012 elections.

But he misses the most important point — providing an ear is not the same thing as providing a voice.

The even number of commissioners now sitting on the dais leaves the board vulnerable to tie votes. A tie vote is the equivalent of a defeat, which is another way of saying county policies have been affected — just ask anyone who wanted to sunset the tourism tax.

To tell you the truth we find it, at the least, frustrating that our men and women are being killed bringing democracy to Afghanistan and Iraq, while our governor here at home doesn't seem to care about the basic democratic concepts they die for.

It's not just Gov. Scott, however. Our local officials have become culpable by remaining complacent and silent for so long.

Why hasn't our legislative delegation applied pressure, or the chair of the county commission complained, or Harris himself. Why haven't any of these individuals at least spoken up?

When it comes down to it, where is the Tea Party when it's needed? Isn't representation what the American Revolution was all about? Why hasn't it been raising a fuss?

And, while we're at it, why hasn't the Republican Party done something? The seat was held by one of their own. It seems even self interest hasn't made a difference.

Is anybody there?

Does anybody care?

Is democracy in such danger from citizen apathy that we willingly leave elected offices vacant? Is that what we mean by smaller government?

Or have our Founding Fathers' values just slipped our minds?



TODAY'S LETTERS

Protesters deserve attention

Editor:

I am writing in response to Michael Reagan's editorial which you published in your October 19, 2011 edition; (Pampered Protesters). Mr. Reagan referred to the Occupy Wall Street people as "spoiled brats," "malcontents," "so-called protesters," "these kids" and "wayward brats."

I would suggest to Mr. Reagan and others that we might want to take these people a little more seriously. They started out only one month ago and are already being supported by people in 900 cities in 82 countries around the world. I don't think they are entirely made up of young, unemployed, uninsured, uneducated street people. I would suggest that they are a lot more like you and me than you may want to believe.

The media is blowing them off because they don't have any leaders or clear goals or objectives. It is my opinion that they don't yet have a coherent message because they don't really know why they are so angry; they just know they are mad as hell and aren't going to take it anymore. I think they are angry for the same reasons the rest of us are angry, and they want what we should all want and deserve: Better Government.

I believe that in their midst you will find what's left of middle-class America; Americans who love their country but fear for its future; Americans who saw a President and Vice-President trick us into a costly, unnecessary war against a country which had done nothing to us; Americans who have seen their Congress run-up a monstrous federal debt which we will never be able to repay; Americans who have watched the rich grow richer while they remain unemployed with no health care; Americans who have seen their friends and neighbors lose their jobs and businesses and homes and belongings; Americans who have cried as their pension and retirement plans evaporated practically overnight; Americans who have watched corporate and bank profits soar while our economy crashed and burned; Americans who witnessed the Wall Street puppets at the Treasury and Federal Reserve scheme-up a plan to bail out the richest bankers, investors and hedge-fund managers, then walk it through Congress in a matter of days; Americans who can no longer trust their elected representatives to agree on even the simplest of measures; Americans who saw their country's credit rating downgraded for the first time in our nation's history for no good reason; Americans who are suffocating under unnecessary bureaucratic rules, regulations and red-tape; Americans who have had it with fraud, corruption and outrageous government waste.

I think somebody better start listening to these people. They have moved



beyond Wall Street to make this an Occupy America movement. This has quickly become a delicate, even dangerous situation. It must be handled with great care, and I am not convinced that our government leaders know how to get us out of this situation which they created. I don't want to see overturned cars burning in the streets, but I fear that is where we are headed if this movement is not given a little more respect.

J.W. Whitehouse
Sebring

What a way to grieve

Editor:

My father died on June 8. He lived his last eight months with me and was in hospice care the last two. A long-time resident of Tomoka, thanks to Shellagh Byatt and Tomoka Realty for artfully crafting the sale of his home prior to his death. Thanks also to Danny McPhail's used cars for buying his car at a fair price.

I always thought it odd, given that he was a first-generation American of German descent, that as a World War II soldier he served in the European theatre and was present for the surrender of Berlin. He became a machinist on the G.I. bill at Western Electric, the manufacturing arm of the Bell system; one of the largest corporations at the time. Those of a certain age might remember when every telephone said property of Western Electric. Their equipment was guaranteed for 40 years.

In the late 1940s, he received the Vale medal, a national award for saving the life of a black co-worker in an industrial setting. A short time later, he was credited with saving the lives of two drowning victims. The Chicago Daily News said he was a hero. I believe it.

Many months prior to his death we went to the bank, a local branch of a

national company. We took in my mother's death certificate requesting that her name be taken off, his credit card be canceled and that my name be added to his accounts. The bank clerk typed on his screen asking if we wanted new checks printed with my name. I said no. The clerk rose, offered his hand, so I knew it was time to go. We were not given or offered a paper receipt.

Subsequent bank statements were addressed to both of us at my residence. As time went on, I was paying for more and more and then all of his expenses. He offered reimbursement, but I declined, saying that after his death I would have his aforementioned account so that it would come out the same.

My parents had named me as their primary health care provider and executor of their estate in numerous wills. Along the way I was also given two separate durable power of attorney, giving me complete power. No one told me, nor does the document state, that the power ends upon his death.

In an attempt to stay within the 400-word limit, the long and short of the matter is that the bank will not give me the proceeds, saying only that I need a court order. I called the Clerk of Courts who said that I need an attorney. The attorney says \$1,245 to get started. Keep in mind that the small CD in question pays .0015 percent. Mattresses never looked so good.

I feel mired in this hell of headaches, sleeplessness and cannot get it off my mind. What a way to grieve. Anyone with questions or comments, call me at 465-4937. On Oct. 30, he would have been 91. Closing your account or calling to complain would be greatly appreciated.

Michael Ruge
Lake Placid



EDITORIAL PAGE POLICY

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Courtesy photo
(From left) Dee Andrews, Dee's Place Restaurant; Michelle Saczynski, Chateau Elan; All Things Pumpkin Bake Off winner Debbie Mercure; Chef Mac, Palms of Sebring; and Mae Lee Gilroy, Mae Lee's Deli.

Downtown Sebring cooked up family fun at Halloween Bash

Special to the News-Sun
SEBRING – There was a lot cooking in Downtown Sebring on Oct. 14 as the Destination Downtown hosted its Halloween Bash, complete with costume contests, ghost stories, a pumpkin patch, games for kids, special meal deals and the Five Object Challenge at Highlands Art League's Yellow House.

A highlight of the evening was the 'All Things Pumpkin' Bake Off Contest, which was judged by local celebrity chefs Chef Mac, Palms of Sebring; Mae Lee Gilroy, Mae Lee's Deli; Michelle Saczynski, Chateau Elan; and Dee

Andrews, Dee's Place Restaurant. The overall winner was Debbie Mercure of Sebring who baked a Pumpkin Cheesecake.

She won a personalized Certificate of Award, \$20 cash, a \$20 gift card for Sav-A-Lot, and a \$20 gift certificate to Mona's Circle Salon.

In addition to the Halloween festivities, the Greater Sebring Chamber of Commerce held their annual Night Moves 5K Run/Walk.

For more about the Destination Downtown, visit www.DestinationDowntownSebring.com/

Scott will reject grant if strings attached

By BILL KACZOR
Associated Press
TALLAHASSEE — Florida will reject a federal early learning grant of up to \$100 million if it comes with strings attached including any requirement for state funding, Gov. Rick Scott said Wednesday.

Scott's warning coincided with the state's application for the grant offered through President Barack Obama's Race to the Top program.

It is part of the federal stimulus program that Scott has criticized in the past.

Florida is one of only four states eligible for the grants. The others are California, New York and Texas.

If approved, the state Office of Early Learning plans to use the funds to partner with private businesses in programs for high-risk children.

Scott, though, said state dollars cannot be used to continue those programs when the federal money runs out.

"To be clear, Florida will only accept these grant dollars if the award comes back with no strings attached," Scott said in a statement.

The Republican governor said Florida's application is "anchored on the bedrock conservative principles of smaller government and local solutions."

COMMUNITY BRIEFS

Continued from page 1A

every Monday. Maureen Hecox is the instructor. She teaches the steps and then applies it to some music. Her group is known as the Duffers Dancers.

All musical entertainment at Duffers is free. Duffers is now located at 2451 U.S. 27 South, Avon Park. For details, call 452-6339.

Scribe's Night Out is Sunday

SEBRING — Scribe's Night Out is a gathering of local writers who share readings of their work with the public at Brewster's Coffee House in Sebring. Sponsored by Heartland Cultural Alliance along with Bruce Rogers, proprietor of Brewster's, the event is held on the second and fourth Sundays of each month at 6:30 pm.

The featured author/reader for Sunday is poet Arthur Wright, a wandering troubadour who has settled in Sebring. He has been published in various literary magazines across the country. Wright has read on two occasions and has made a great impression on the local writers' community.

After the featured author, the microphone is open to anyone who wants to share their writing, whether published or not. Aspiring writers, especially students, are encouraged to attend and participate in the open mike session. To schedule a date to read as a featured author, contact Sherry Carlson by email or phone at sherryc@vistanet.net or 954-319-2140. Books by published authors will be available for purchase at each event.

Movie time at LP Library

LAKE PLACID — The Lake Placid Memorial Library will show "The Conspirator" (Rated PG) on Saturday and Evita (PG) on Oct. 29 for its Saturday matinee films.

Show time is 2 p.m. The public is invited to attend. Seating is limited.

Admission is free.

Grimsley to attend ABATE forum

LAKE PLACID — ABATE of Florida Inc. Inerstate Chapter and American Legion Post 25 hosts Representative Denise Grimsley, District 77 at 2 p.m. on Saturday at the American Legion, 1490 U.S. 27 North.

This is an open forum for motorcyclists to put forth their thoughts and to hear her stance on issues. (Rep. Grimsley is running for state senate).

For more information, call 452-6213 or 316-9516.

Tom Jones impersonator coming to Tanglewood

SEBRING — Harmik, a world famous Tom Jones impersonator comes to Tanglewood at 7 p.m. Saturday from his show in Las Vegas. Tom Jones is a legend and an icon in the entertainment world. His popularity has spanned nearly four decades and doesn't seem to be waning.

Harmik has become synonymous with Tom Jones. He is internationally recognized and praised as the No. 1 Jones look and sound alike in the world. An opening act will precede him.

Tickets at the door are \$10 or use Summer Pass. Doors open at 6:15 p.m., with full snack bar. Tanglewood is one-half mile north of Walmart on U.S. 27. For information, call 402-0763.

RSVP for Sebring Chamber luncheon

SEBRING — The deadline to RSVP for Tuesday's Sebring Chamber of Commerce luncheon is noon on Monday.

The luncheon is from 11:30 a.m. to 1 p.m. at the Island View Restaurant, 5226 Sun 'n Lake Blvd.

This month's sponsor is Progress Energy, with CEO Gerry Miller giving a presentation. There will also be a special presentation from

Florida Hospital in honor of Breast Cancer Awareness Month.

There will be prizes. Cost is \$10. RSVP to the Chamber at 863-385-8448, or email information@sebring.org/.

English High Tea

SEBRING — Temple Israel of Highlands invites the public to enjoy an English High Tea being hosted at the synagogue on Sunday, Nov. 6, from 3-5 pm.

You are invited to sample a variety of tea sandwiches, sweet treats, scones, etc., and 2 types of tea. All for a donation of \$8 per person.

For more information and reservations, call 382-7744. The phone number submitted in a previous press release was incorrect.

The synagogue is located at 1305 Temple Israel Drive in Sebring.

Events at local lodges, posts

AVON PARK — The American Legion Post 69 in Avon Park, will host the following events this week:

Today - Music by Mike Claxton (call for time).
Saturday - Tom McConnell's memorial service 4 p.m.
Call 453-4553.

AVON PARK — The Combat Veterans Memorial VFW Post 9853 in Avon Park, will host the following events:

Today - Music by Thomas McGannon from 5-7 p.m.
Saturday - Karaoke by Cowbells from 5-8 p.m.
Call 452-9853.

LAKE PLACID — The American Legion Placid Post 25 in Lake Placid, will host the following events:

Today - Larry Musgrave will perform from 6:30-9:30 p.m.
Saturday - Riders 2 p.m., guest speaker County.
On Tuesday, Oct. 25, a Casino trip is planned. Call Judy for details at 655-0232. For details, call 465-0975.

LAKE PLACID — The

Lake Placid Moose 2374, will host the following events:

Today - Music with BobKat from 6-9 p.m.
Saturday - Pavilion open (call for time). Halloween party, music with Written in Red (call for time).
For details, call 465-0131.

LAKE PLACID — The Lake Placid Elks 2661 will host the following events:

Today - The "Big Red Bus" will be at the lodge from 9 a.m. to 3 p.m. Previous donors will be called and given an appointment time. You may call the number below for a time or come as a "walk-in." Music by Frankie (call for time).
For more information, call 465-2661.

SEBRING — The Sebring Elks 1529 will host the following events:

Today - Octoberfest 5-7 p.m. Music by Too Smooth from 6:30-9:30 p.m.
Saturday - Guest speaker State Secretary Carl Seibert (call for time). Homecoming for our SWCD Vice President Jim Mason (see bulletin for details).
For details, call 471-3557.

SEBRING — The VFW Post 4300 in Sebring, will host the following events:

Today - Gary O. music from 6-9 p.m.
Saturday - Frank "E" music 6-9 p.m.
For details, call 385-8902.

York Rite Masons to meet

SEBRING — The Highlands Chapter Royal Arch Masons No. 64 and Heartland Council No. 43, Royal and Select Masons will hold their regular meeting at 7:30 p.m. Tuesday at the Sebring Masonic Temple. There will be no degree work. Social hour will be at Homer's Restaurant in Sebring at 5 p.m. All York Rite Masons and their ladies are invited to attend.

For more information on the social, or our other activities please call either Alvin Hill Sr. at 615-504-0109, or Steven Steele at 465-2720.

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News-Sun photo by CHRISTOPHER TUFFLEY
Kody Moran delights in playing a dead widow, husband killer. Be careful walking near Widow's Creek, she warned, as she swung the head of her last victim.

Terror Trail residents waiting to scare the pants off you

Continued from page 1A

president Judy Spigle was shouting, as crowds of attractive people took turns becoming really, really disgusting. A blood drive doesn't drip as much.

Many of the volunteers have been a part of the macabre show for years, others for several weekends — a handful rookies in their debut performance. The vast majority are middle and high school students, but some are adults and there is the occasional family.

Most heard about the opportunity from teachers or friends. Rookie Charlotte Rivand pointed to her sister Nikki Rivand, a four-year veteran. "It's my birthday present to her," she said.

Alan Rivero, who studies psychology at South Florida Community College, said the goo and blood are only a part of the experience.

"It's not about the look, it's about the act," he explained, speaking as an actor. "You have to learn how to adapt, if you fall into a routine you'll mess up."

Rivero plays a priest marrying a corpse bride and groom, both delightfully decomposed. His job is to set up visitors for ... The Valley of Doom.

"I'm a community guy," Rivero said, letting his real personality peek out. "Anything like this that helps the community is an asset."

Rebecca Algren, who in a happy coincidence is studying to be an emergency medical technician at SFCC — and so might get some practice in the course of an evening — was there because she loves animals. "It's pretty amazing," she said. "You get a lot of screaming."

Teens Aaron Haidle and William Dresselt, both veterans, have other motivations.

"I'm just in the mood to scare people and act hyper," Haidle said. As killer clowns, their job is to run through The Tunnel scaring people at both ends. What they love best, however, is going to the Village Inn in make-up and costume after the show.

"They're so used to us now," said Haidle with some disappointment, "they don't even blink at us any more."

Of course, any terror trail has to have a Jason. This year, Rav Sookchand has the honor of the part. "I scared a lot of people," he said. "Some fell, some cried, but nobody's peed ... yet."

Frankie Hettich is a wanderer on Trail 1. That means he hides until somebody comes along. He starts walking behind them. "If I walk on the left, they move to the right," he said, explaining he's really setting them up. Just as he's making visitors



News-Sun photo by CHRISTOPHER TUFFLEY
Lindsay Clark primps into ghoulish mode getting ready to wander Terror Trail 2, where she jumps out screaming at passers-by. That's Meaghan Brothers, the blue haired Pixie, looking over Clark's shoulder.



News-Sun photo by CHRISTOPHER TUFFLEY
Humane Society Terror Trail veterans William Dresselt (left) and Aaron Haidle get into the mood to petrify the innocent. What they enjoy most is going to a restaurant, in make-up, after a show.

uncomfortable (he wears a hideous mask) and asking if they're scared yet, his partners in mayhem, brothers Joshua and Melvin Candelario, jump out unexpectedly — making sure that they are.

"When they start screaming, I just laugh," Hettich admitted.

"I love to scare people, it's fun." How do the ghouls, goblins, zombies and dismembered bodies know when people were coming their way? Every visitor is given a glow stick upon arrival. The light makes them easy targets.

By dusk the parking lot was beginning to fill.

Spigle, whose husband Jon is the demented genius who created the trails, called her cast together for one last

pep talk.

"No cell phones," she said sternly. "If I see a cell phone I'm throwing it in the lake. Remember, have fun, but this is a job. Understand that people are paying \$15 to come here, so make sure you give them \$15 worth of scare."

Then she had a second thought, "When someone is screaming you've done your job. Don't think you have to back someone into a corner and make them throw up."

She had her actors groan and scream, then had them do it louder.

"Remember, no cell phones," she reminded them. "You're about to be cut off from the rest of the world."

As, of course, are the visitors. So, hold those glow sticks high in the air — that is, if you dare.

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A story for us

Maria Simpson vividly recalls the day her oldest son, Abraham, first met his teenage cousin, Jonathan, who was visiting from Quebec. The adults were chatting downstairs at her family's Chino, Calif., home when they heard a small commotion above them.

"They were upstairs playing with the (toy) Army men," Maria told the Unknown Soldiers. "Jonathan had hidden snipers in the dog's fur."

Even as teenagers, the mutual respect the cousins shared for the military eclipsed all communication boundaries.

"Jonathan hardly spoke English at the time," Maria explained. "But they got along great."

When Jonathan, who became a dual U.S.-Canadian citizen on July 4, 2001, graduated from boot camp shortly after 9/11, Abe was there to congratulate him.

When Abe enlisted out of high school, his parents were not surprised. Maria's Navy husband, Jim, has always encouraged their three sons to serve.

"I knew he was going into the military since he was young," Maria said of Abe. "Everyone who knew him knew he was going to become a Marine."

As Jonathan navigated C-130 aircraft in Okinawa, Japan, Abe trained hard to make their shared dream of military service a reality. He graduated from basic training and began preparing for a deployment to Iraq.

"Abe seemed pretty focused," the Marine's mother said. "I don't think he was scared at all."

Before he left for Iraq, Lance Cpl. Abraham Simpson, 19, told his parents that if anyone in the 3rd Battalion, 1st Marine Regiment had to die in battle, he wanted to be the one to make the ultimate sacrifice. As a young man of deep faith who gave a portion of every dollar he earned to his church, Abe viewed death as a new beginning.

"He knew where he was going," Maria said. "He would have taken a bullet for another Marine."



From left to right, this March 8, 2002, photo shows David Simpson, Sgt. Jonathan Simpson, Cpl. Paul Simpson and Lance Cpl. Abraham Simpson. Photo courtesy the Simpson family.



On Nov. 9, 2004, Abe, who had just switched places with another Marine in a mortar line, was hit by a rocket-propelled grenade fired by terrorists in Iraq's Al Anbar Province. He died instantly.

The next morning, Maria, who knew Abe was in grave danger, was getting in her car when she saw a military van driving slowly down the street. The Marine mom knew the war had hit home.

"I thought, 'Oh my Gosh, Abe's in the battle of Fallujah,'" she said.

The van drove past her house, prompting Maria to worry that another family had lost a son or daughter. She had almost backed out of the driveway when the van turned around.

It was then that she knew Abe was in heaven.

Upon learning of his cousin's death, Sgt. Jonathan Simpson boarded a flight in Japan.

"Jonathan was a pallbearer at the funeral," Maria said. "At that time, he told me he would make the switch to infantry in order to honor Abe's service."

On Oct. 16, 2006, Jonathan, who once hid toy snipers in the fur of Abe's dog, died in the same Iraqi province as his cousin. He was killed by an enemy sniper's bullet.

"We had already done this and never wanted to do it again," Maria said while describing her 25-year-old nephew's Quebec funeral. "He was such a polite young man and very respectful."

Incredibly, Maria watched another son, Cpl. Paul Simpson, deploy to Afghanistan last year.

"We hadn't had a Simpson come back from combat alive," she said. "I was always looking at the door to see if someone was knocking."

The knock never came. Paul, 23, who served in the same Marine unit as his big brother, made it home safely. Maria's youngest son plans to join the military as well.

The loved ones Abe left behind aren't intimidated by death.

"Our protection is placing our situation in God's hands," Maria said.

"Nobody wants it to happen to them, but on the other hand, why should it happen to other people and not me?"

Seven years after losing Abe, Maria shares his story, as well as Jonathan's, so fellow Americans know what's been sacrificed for their freedom.

"He was our son, but at the moment he died, he became an American son," she said. "I think his story belongs to all of us."

To find out more about Tom Sileo or to read features by other Creators Syndicate writers, visit www.creators.com.

Lake Placid Relay kickoff a success

Special to the News-Sun

LAKE PLACID — Each year the American Cancer Society's Relay For Life program faces a new challenge. It is necessary to keep the program interesting by changing things around. Lake Placid's organizing committee decided to hold the big kickoff event in a different venue, which was very successful. The Lake Placid Camp & Conference Center was a nice change of pace, and 67 brave souls attended despite one of the heaviest rain storms in many weeks.

The party atmosphere encouraged everyone to realize that although the purpose of a Relay For Life event is to raise funds to fight cancer and help those who are already dealing with it, there is also plenty of fun to go around.

Some people misinterpret the name of the event and believe that it is a true relay — with folks running around a track and passing the baton. In a Relay For Life event, most participants actually just walk around the track. Since a Relay event has to be a minimum of 18 hours, it is an overnight event. Each team tries to have someone on the track at all times, because cancer never sleeps, and neither do we until we find a cure.

Lake Placid's 2012 event will have a theme of "Once Upon a Cure," so there were plenty of little story books on

each table at the kickoff. Each team will be selecting a favorite book to use for decorating their campsite.

Randy Gilde of Delray Plants was a guest speaker, and he shared his story about his own journey with cancer. It was interesting to hear that Gilde's cancer was discovered by his dentist during a routine visit. We are reminded that we can't dismiss the little signs our bodies give us that something is wrong.

Denise Benavides of the American Cancer Society explained the very special program that will be part of the 2012 event. It is called CPS3, and it is part of a Cancer Prevention Study.

The goal in Lake Placid this year is to have 25 teams on the field, according to Emma Reynolds, the event chairperson. There were already 13 teams that had pre-registered after the 2011 event, and four more stepped up and registered during the kickoff. There are several other teams that are almost ready to make a commitment. A short video titled "212 Degrees" was shown, which encouraged everyone to go that one extra little degree — just like water is only water at 211 degrees, but it becomes amazing and turns into steam at 212.

If anyone has questions they can contact Reynolds at emmaleeo@yahoo.com or Ginger Keimel at 465-7930.



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News-Sun photo by CHRISTOPHER TUFFLEY
Deputy Sheriffs Mike Helms (left) and Kyle Albritton receive awards for valor for their successful rescue of a woman from a burning car.

HCSO honors heroes

Continued from page 2A
pared a safe place to bring her.

Fighting thick smoke, intense heat and flames, the woman was finally pulled to safety in a team effort.

The victim was transported to the hospital where she continues to recover from her injuries.

On July 4, 11-year old Kevin Taylor was swimming at Bishop Park in Lake Placid.

Raymond Moore, an adult, began to struggle when he lost his footing in deeper water. He disappeared below the surface momentarily and became unresponsive.

Kevin reached him and pulled him to shore where Moore's friends performed CPR until he started breathing. He was transported by air to the hospital, and recovered from the incident.

As Kevin stepped forward to accept his certificate of heroism cameras began to flash all over the room and he was given a standing ovation. As the audience quieted Benton leaned down to him asking him if he was scared in front of all the people.

"A little," Kevin said, "there's a lot of cops here."

Deputies Wayne Gunn and Allison Smith, accompanied by Gunn's K-9 partner Sarge, apprehended two male suspects on June 22 whom they had to chase and hunt in the woods. The suspects had broken into a home where a 14-year-old girl was home alone. She had the presence of mind to hide in a closet and call for help. A neighbor arrived

scaring the intruders away, but it was the quick response, an alertness to clues and perseverance of the officers that led to the arrest.

In a case that included inter-departmental cooperation, Deputy Smith was recognized for a second incident. She and Deputy Jorge Martinez responded to a call of an attempted burglary on Sept. 9. The victim said she was awakened by sounds in the kitchen, saw one man climb out her window and a second man in her front yard.

A description was issued. Officer Daniel Cordero, of the Sebring Police Department, observed two male suspects matching the descriptions, detained them and notified the sheriff's office. The victim identified them and they were placed under arrest.

Smith and Martinez did not stop there. They applied for search warrants to search each man's residence, and discovered 11 stolen firearms.

Lt. Thomas Beiner and his team, officers Timothy Bailes, Michael Morse and Robin Sanders, responded to an inmate who had hung himself and stopped breathing. With back-up from Dustin Bennett, Lee Page, and Dale Vaughn the man was revived.

Beiner was also recognized for his rapid response in retrieving an inmate who escaped the jail and was seen walking down Kenilworth Avenue in his orange jumpsuit.

Deputy Sheriff Kenneth J. Jorgensen II received a

certificate of valor for an incident occurring when he was a trooper with Florida Highway Patrol. On June 16, 2010 Jorgensen arrived at the scene of an attempted murder. The victim's throat had been cut from ear to ear and she had a five-inch laceration on her face.

Jorgensen reached into the throat wound and stopped the bleeding. Medical responders credited him with saving the woman's life.

Benton said when her office discovered Jorgensen's act had never been recognized by the Highway Patrol, they wanted to be sure the oversight was corrected. Benton also said, with a wide smile, five months after the incident, Jorgensen became a deputy sheriff.

In addition to the outstanding acts of detection and heroism, officers were recognized for their time in service; Chief Deputy Mark Schrader, Major Booker Johnson and Capt. Tim Lethbridge were congratulated on their promotions; and 43 members of the sheriff's office were congratulated for their combined work in Operation Round Up, a two day anti-crime initiative that ended in the arrest of 60 suspects.

Civilians Edward Frawley, David Wyche Jr., Kathleen Campbell, Charles Campbell, James Willet and Lou Willis were thanked and recognized for contributions to the Florida Sheriff's Association over three decades.

Council wants to help effort to keep HCSO centered downtown

Continued from page 1A

45,000-square-foot building that will be located at George Boulevard in South Sebring cost the county more than \$1 million for construction drawings.

"If the county enters into a contract for \$5 million it'll probably end up being around \$7 million. They sort of have a track record of things like that," Wohl said.

Council members were asked by Wohl to show support of the HCSO staying in downtown Sebring.

According to Wohl, the HCSO has been considering new locations for the facility's headquarters. The headquarters has been located in downtown for decades. Currently, there are two downtown locations being considered for the facility.

"Two locations have been offered for relocation. That is the old SunTrust building on Center and the old Bank of America building on South Ridgewood. The Bank of America building is 32,000 square feet and the Suntrust is 28 or 29,000 (square feet). I think that is

enough space. It would allow all the administrative departments to be in one space under one roof," Wohl said.

Some administrative departments are currently in temporary facilities and not a part of the headquarters downtown.

Wohl feels that the relocation of the HCSO to a facility outside of downtown Sebring would not only take away jobs and business from downtown merchants and restaurants, but the relocation would become a financial burden for taxpayers in Highlands County.

Wohl stated in a recent letter addressed to the City of Sebring and council members that "my intent is not to advocate just one property, but to advocate occupancy of downtown Sebring's buildings."

Wohl stated that "proactive, positive and immediate action" should be taken in ensuring that the HCSO and the jobs remain within downtown Sebring and that unoccupied space in that area be filled.

"I think we need to sup-

port having the sheriff's office downtown," said Mayor George Hensley.

Councilmen John Griffin also agreed on the issue.

"I don't want to see it move out to George Boulevard," Griffin said.

Wohl requested that both the City Council and CRA send letters in support of keeping the HCSO downtown.

"I requested that staff (city council) monitor or be present at any county commission meetings regarding commission administrators discussing the relocation of the Sheriff's office," Wohl said.

The council agreed unanimously with Wohl's ideas and standings. A motion was made to support Wohl in keeping the Highlands County Sheriff's Office in downtown Sebring.

"This is a big problem. We are trying to revitalize downtown, but moving it (HCSO) would be detrimental to downtown," Wohl said.

Rowan terminated

Continued from page 1A

time constraints of the offer, I withdraw it at this time.

"As stated in the proposal, I adamantly deny any wrongdoing."

The special meeting called for Thursday night was to allow the city council to discuss the agreement. The council had to approve it before it could take effect.

Instead, DeLeon will explain how the termination affects Rowan and the city.

The city and Rowan have been in conflict for over a year regarding Rowan's investigation of complaints of sunshine law violations against city elected officials and staff.

In turn, the city asked the state attorney's office and the Polk County Sheriff's Office to investigate Rowan's investigation.

In all cases no wrongdoing was found.

A special meeting on Oct. 14 had been meant to settle the issues with the approval of the agreement. That meeting ended early without action due to confusion about whether it had been properly noticed.

Sutherland took the occasion to voice objections to some of the settlement's provisions.

For example, he wanted clarification regarding deductions from the money the city would give Rowan

for the time he was suspended without pay, particularly regarding pension contributions. He also had concerns that the agreement did not expressly prohibit all future discussion of the case — he worried it might come up in re-election campaigns — and he wanted all materials generated by the outside investigations of Rowan's investigation to become a part of Rowan's personnel file, instead of filed separately as an Internal Affairs case.

Rowan referred the News-Sun to his attorney, Robert H. Grizzard II. As of press time Grizzard had not responded to a voice mail message left at his office.

Minimum wage going up in 2012

Continued from page 1A

President and CEO of the Heartland Workforce in Sebring.

Hood oversees Region 19 (Highlands, Hardee, DeSoto counties) and works to help employers and workers meet.

"The biggest impact may be on the restaurant business. Those businesses are struggling right now and raising the their minimum (direct wage for tipped employees) rates from \$4.29 to \$4.65. That could have the biggest impact throughout the region," Hood said.

"The increase in pay is still way below the self-sufficiency rate, which is at \$12.34 an hour. That is the minimum a single person needs to cover the basics of housing, food, utilities and transportation. When it comes to average pay, we are often the lowest in the state. Our average yearly rate is

'The increase in pay is still way below the self-sufficiency rate, which is at \$12.34 an hour.'

ROGER HOOD
of Heartland Workforce

\$28,985 right now, that comes out to \$14.14 per hour, but a majority of those out there are not making that," Hood explained.

Other community leaders echoed Hood's concerns.

"It won't affect us directly, but it could cause some issues with smaller businesses," said David Greenslade, executive director of the Avon Park Chamber of Commerce.

"Will it cause unemployment to go up? I don't know. I am not sure it will affect a lot of business in this area, most folks getting minimum wage are part-time and a lot of business around here pay more than the minimum from the start," Greenslade said.

Sunshine Staffing's Jessy Irizarry had a similar opinion.

"It's won't affect our staff. We usually start out at \$8 per hour minimum," said Irizarry, a staffing consultant.

Sunshine employs between 60-70 temporary laborers at any given time, and are coming into the busy season, Irizarry said.

"We have everything from clerical to manufacturing right now. A lot of our clients have used us for two years or more and several of our available jobs are attempt-to-hire. We try to stay ahead of the minimum wage," Irizarry said.

SOUTH FLORIDA COMMUNITY COLLEGE Public Service Academy

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SFCC Corrections Academy
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by
Nov. 14

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- **Corrections to Law Enforcement** - State-certified correctional officers can become law enforcement officers

Call
by
Nov. 1



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www.southflorida.edu

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VISIT OUR WEBSITE AT: newssun.com 863-314-9876

Classified

Free ad is limited to a 4-line ad that runs for 3 consecutive issues. Must be a non-commercial item. Asking price is \$100 or less. We offer 2 ads per month and can rerun the same ad 2 times in 30 days, only if it's the same ad. The price is allowed to change. All ads placed under the "Bargain Buys" discount rate must have 1 item with 1 asking price. The customer can list a set for 1 price, i.e. Bedroom set ... \$100 is allowed; Chairs (2) ... \$20 each is NOT allowed. The customer can list the ads as Chairs (2) ... \$40 for both. To list an ad stating "Each," the ad must be charged at the non-discounted rate, using the "Open Rate" pricing. No commercial items are allowed to be placed under our "Bargain Buys" specials. Items must be common household items. Ads for Pets, stating "Free to Good Home," are allowed to be placed under the "Bargain Buy" category.

AD RATES

GARAGE SALE
6 lines - 2 days
\$11⁵⁰
3 days
\$14
(additional lines \$1 each)

MISCELLANEOUS
merchandise over \$100
5 lines - 6 pubs
\$17⁵⁰
(additional lines \$3 each)

REAL ESTATE
EMPLOYMENT
TRANSPORTATION
5 lines - 6 pubs
\$31⁵⁰
6 lines - 14 pubs
\$71



- ### Index
- 1000 Announcements
 - 2000 Employment
 - 3000 Financial
 - 4000 Real Estate
 - 5000 Mobile Homes
 - 6000 Rentals
 - 7000 Merchandise
 - 8000 Recreation
 - 9000 Transportation

ADD A BORDER - ATTENTION GETTER - LOGO
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DEADLINES

Publication Place by:
 Wednesday 4 p.m. Monday
 Friday 4 p.m. Wednesday
 Sunday 4 p.m. Friday
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Important: The publisher reserves the right to censor, reclassify, revise, edit or reject any classified advertisement not meeting our standards. We accept only standard abbreviations and required proper punctuation.

ADJUSTMENTS

- Please check your ad for errors the first day it appears since the News-Sun will not be responsible for incorrect ads after the first day of publication. If you find an error, call the classified department immediately at 314-9876.
- The publisher assumes no financial responsibility for errors or for omission of copy. Liability shall not exceed the cost of that portion of space occupied by such error.

Cancellations: When a cancellation is called in, a KILL number will be given to you. This number is very important and must be used if ad failed to cancel. All ads cancelled prior to scheduled expiration date will be billed for complete run unless a KILL number can be provided.

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA
 CASE NO.: 11-972-FCS
 IN THE MATTER OF THE ADOPTION OF ALEXIS JO-LICIA HELMS
 Adoptee

AMENDED NOTICE OF ACTION
 TO: JOHN EDWARD GREEN
 26 Ridgeway Road
 Kingston 19
 Jamaica, W.I.

YOU ARE HEREBY NOTIFIED that a Petition for Termination of Parental Rights Pending Adoption and Petition for Adoption has been filed and you are required to serve a copy of your answer or pleading of the petition to the Petitioner's attorney, TED A. LASSEIGNE, Post Office Box 2238, Haines City, Florida 33845-2238, and file the original answer or pleading in the office of the Clerk of the Circuit Court on or before November 17, 2011. If you fail to do so, judgment for adoption and for other relief prayed for in the Petition may be granted by default.

"If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator at 863-534-4690 at least 7 days before your scheduled court appearance, or immediately upon receiving this notification if the time before the schedule appearance is less than 7 days; if you are hearing or voice impaired, call 711."

DONE AND ORDERED at Sebring, Highlands County, Florida, this 17th day of October, 2011.
 (COURT SEAL) ROBERT W. GERMAINE
 Clerk of Circuit Court
 By: /s/ Lisa Tantillo
 October 21, 28; November 4, 11, 2011

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT OF FLORIDA, IN AND FOR HIGHLANDS COUNTY
 Case #: GCS 11-453
 Judge: J. David Langford
 BROWN & BROWN INVESTMENTS, LLC
 Plaintiff(s),
 -vs-
 FIRST FLORIDA LENDING CORP. A dissolved Florida Corporation, et al
 Defendant(s)

AMENDED NOTICE OF ACTION - PROPERTY
 TO: Michael A. Clein
 Last Known Address
 2105 W 76th St.
 Hialeah, FL 33016

James Price
 Last Known Address
 1400 S Waterview Dr.
 Inverness, FL 34450

Nancy D. Price
 Last Known Address
 1879 E Monopoly Loop
 Inverness, FL 34453

First Florida Lending
 James Price
 Registered Agent
 Last Known Address
 3903 SE 21st Place
 Cape Coral, FL 33904

or if any of the aforesaid persons is dead, then his or her unknown heirs, devisees, legatees or grantees; and any and all other persons or parties claiming by, through, under or against them; and all claimants, persons or parties, natural or corporate, or whose exact legal status, if known, claiming under any of the above named or interest in and to the lands hereinafter described.

YOU ARE HEREBY NOTIFIED that an Action to Quiet Title for the following described property, to wit:
 Lot 17, Block D, SILVER FOX RANCH, according to the plat thereof as recorded in Plat Book 10, Page 41, of the Public Records of Highlands County, Florida.
 Parcel ID Number C 22-35-28-020-00DD-0170
 has been filed against you and you are required to serve a copy of your written defenses, if any to it, on the Plaintiff(s) attorney, whose name and address is: David F. Lanier, Esq., P.O. Box 400, Avon Park, Florida 33826-0400, and file the original with the Clerk of the above styled Court on or before November 16, 2011, otherwise a judgment may be entered against you for the relief demanded in the Complaint.

WITNESS my hand and the seal of said Court on October 4, 2011.

ROBERT W. GERMAINE
 Clerk of said Circuit Court
 By: /s/ Annette E. Daff
 Deputy Clerk
 October 7, 14, 21, 28, 2011

1050 Legals

IN THE CIRCUIT COURT IN AND FOR HIGHLANDS COUNTY, FLORIDA
 CASE NO.: GC-11-000556
 TAYLOR BEAN & WHITAKER MORTGAGE CORP.
 Plaintiff,
 vs.
 KENNETH ANGERS; UNKNOWN SPOUSE OF KENNETH ANGERS; UNKNOWN TENANT I; UNKNOWN TENANT II, and any unknown heirs, devisees, grantees, creditors, and other unknown persons or unknown spouses claiming by, through and under any of the above-named Defendants,
 Defendants.

NOTICE OF ACTION
 TO: KENNETH ANGERS
 5601 CALIGULA AVENUE
 SEBRING, FL 33872

KENNETH ANGERS
 2705 MICHIGAN AVE.
 FORT MYERS, FL 33916

KENNETH ANGERS
 2110 DAVIS CT.
 FORT MYERS, FL 33916

UNKNOWN SPOUSE KENNETH ANGERS
 5601 CALIGULA AVENUE
 SEBRING, FL 33872

UNKNOWN SPOUSE KENNETH ANGERS
 2705 MICHIGAN AVE.
 FORT MEYERS, FL 33916

UNKNOWN SPOUSE OF KENNETH ANGERS
 2110 DAVIS CT.
 FORT MYERS, FL 33916

LAST KNOWN ADDRESS STATED, CURRENT RESIDENCE UNKNOWN

YOU ARE HEREBY NOTIFIED that an action to foreclose Mortgage covering the following real and personal property described as follows, to-wit:
 LOT 1 BLOCK 187, UNIT 11, SUN 'N LAKE ESTATES OF SEBRING, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 9, PAGE 69, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
 has been filed against you and you are required to serve a copy of your written defenses, if any, to it on Mark A. Buckles, Butler & Hosch, P.A., 3185 South Conway Road, Suite E, Orlando, Florida 32812 and file the original with the Clerk of the above-styled Court on or before 30 days from the first publication, otherwise a Judgment may be entered against you for the relief demanded in the Complaint.

WITNESS my hand and seal of said Court on the 13th day of October, 2011.

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator, (941)534-4690, within two (2) working days of your receipt of this notice; if you are hearing or voice impaired, call (TDD) (941)534-7777, or Florida Relay Service 800-955-8770.

CLERK OF THE CIRCUIT COURT
 By: /s/ Lisa Tantillo
 Deputy Clerk
 October 21, 28, 2011

1050 Legals

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA
 PROBATE DIVISION
 File No. PC 11-422
 Division Probate

IN RE: ESTATE OF SUE B. HOOD WOODRUFF
 Deceased.

NOTICE TO CREDITORS
 The administration of the estate of SUE B. HOOD WOODRUFF, deceased, whose date of death was September 13, 2011, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is Clerk of the Court, Highlands County Courthouse, 430 South Commerce Avenue, Sebring, Florida 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this notice is October 21, 2011.

Personal Representative:
 John S. Hood
 P.O. Box 1855
 Blue Ridge, Georgia 30513

Attorney for Personal Representative:
 John K. McClure
 Attorney for John S. Hood
 Florida Bar Number: 269598
 MCCLURE & LOBOZZO
 211 S. Ridgewood Drive
 Sebring, Florida 33870
 Telephone: (863) 402-1888
 Fax: (863) 402-0751
 E-Mail: kelly@mlaw.net

October 21, 28, 2011

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA
 CASE NUMBER: 11-000028 GCS
 J. H. MOORE MEMORIAL CHURCH OF THE BRETHREN OF SEBRING, INC., a Florida Not for Profit Corporation,
 Plaintiff,
 vs.
 ANY UNKNOWN PARTY WHO MAY CLAIM AS HEIR, DEVISEE, GRANTEE, ASSIGNEE, LIENOR, CREDITOR, TRUSTEE, OR OTHER CLAIMANT, BY THROUGH, UNDER OR AGAINST KARL E. LUHRING AND MAPLE H. LUHRING, husband and wife,
 Defendants.

NOTICE OF ACTION
 CONSTRUCTIVE SERVICE - PROPERTY
 TO: ANY UNKNOWN PARTY WHO MAY CLAIM AS HEIR, DEVISEE, GRANTEE, ASSIGNEE, LIENOR, CREDITOR, TRUSTEE, OR OTHER CLAIMANT, BY THROUGH, UNDER OR AGAINST KARL E. LUHRING AND MAPLE H. LUHRING, husband and wife,
 YOU ARE NOTIFIED that an action to Quiet Title and Reformation of a Deed on the following property in Highlands County, Florida:
 Lot 21, Block 81, SIXTH ADDITION TO THE ORIGINAL TOWN OF SEBRING, according to the plat thereof as recorded in Plat Book 2, Page 180, of the Public Records of DeSoto County, Florida (of which Highlands County was formerly a part) has been filed against you and you are required to serve a copy of your written defenses, if any, to it on JOHN K. MCCLURE, the Plaintiff's attorney, whose address is 211 South Ridgewood Drive, Sebring, FL 33870, on or before November 10, 2011, and file the original with the clerk of this court either before service on the Plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the complaint or petition.
 DATED ON September 28, 2011.

ROBERT W. GERMAINE
 CLERK OF THE CIRCUIT COURT
 By: /s/ Toni Kopp
 Deputy Clerk

In accordance with the Americans With Disabilities Act, persons with disabilities needing a special accommodation to participate in this proceeding should contact Court Administration at Highlands County Courthouse, 430 South Commerce Avenue, Sebring, Florida 33870; telephone (863)402-6591, not after than seven (7) days prior to the proceeding. If hearing impaired, (TDD) 1-800-955-8771, or Voice (V) 1-800-955-8770, via Florida Relay Service.

October 7, 14, 21, 28, 2011

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA
 CIVIL DIVISION
 CASE NO.: 282009CA001584A000XX
 BAN OF AMERICA, N.A.,
 Plaintiff,
 vs.
 MANUEL A. BARRIOS; UNKNOWN SPOUSE OF GUILLERMO DEL SOLAR; GUILLERMO DEL SOLAR; UNKNOWN TENANT(S); IN POSSESSION OF THE SUBJECT PROPERTY,
 Defendants.

NOTICE OF FORECLOSURE SALE
 NOTICE IS HEREBY GIVEN pursuant to Final Judgment of Foreclosure dated the 4th day of October, 2011, and entered in Case No. 282009CA001584A000XX, of the Circuit Court of the 10th Judicial Circuit in and for Highlands County, Florida, wherein BANK OF AMERICA, N.A. is the Plaintiff and MANUEL A. BARRIOS; UNKNOWN SPOUSE OF GUILLERMO DEL SOLAR; GUILLERMO DEL SOLAR; UNKNOWN TENANT(S); IN POSSESSION OF THE SUBJECT PROPERTY, are defendants. I will sell to the highest and best bidder for cash at the HIGHLANDS COUNTY COURTHOUSE, 430 SOUTH COMMERCE AVENUE, SEBRING, FL 33870 at the Highlands County Courthouse in Sebring, Florida, at 11:00 a.m. on the 8th day of November, 2011, the following described property as set forth in said Final Judgment, to wit:
 LOTS 8, 9, 10, 11, 13, 14, AND 15, BLOCK 6, HIGHLANDS PARK ESTATES SECTION B, ACCORDING TO THE PLAT THEREOF, RECORDED IN PLAT BOOK 4, PAGE 68, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
 ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE.
 Dated this 7th day of October, 2011.

Robert W. Germaine
 Clerk Of The Circuit Court
 By: /s/ Priscilla Michalak
 Deputy Clerk
 October 21, 28, 2011

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA
 PROBATE DIVISION
 File No. PC-11-415

IN RE: ESTATE OF DENNIS FRANK GAGER,
 Deceased.

NOTICE TO CREDITORS
 The administration of the estate of DENNIS FRANK GAGER, deceased, whose date of death was August 8, 2011; is pending in the Circuit Court for Highlands County, Florida, Probate Division; File Number PC-11-415; the address of which is 590 S. Commerce Avenue, Sebring, Florida 33870. The names and addresses of the Co-Personal Representatives and the Co-Personal Representatives' attorney are set forth below.

All creditors of the decedent and other persons, who have claims or demands against decedent's estate, including unmaturred, contingent or unliquidated claims, and who have been served a copy of this Note, must file their claims with this Court WITHIN THE LATER OF THREE (3) MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE OR THIRTY (30) DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons who have claims or demands against the decedent's estate, including unmaturred, contingent or unliquidated claims, must file their claims with this court, WITHIN THREE (3) MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT SO FILED WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

THE DATE OF FIRST PUBLICATION OF THIS NOTICE IS OCTOBER 14, 2011.
 Co-Personal Representatives:
 DAVID GAGER VICTORIA PARR
 5810 N.W. 61ST Court 1029 Dishman Loop
 Ocala, FL 34482 Oviado, FL 32765

Attorney for Co-Personal Representatives:
 R. WILLIAM FUTCH, P.A.
 610 S.E. 17TH Street
 Ocala, Florida 34471
 (352)732-8080
 Florida Bar No.: 0319856
 BY: /s/ R. William Futch
 October 14, 21, 2011

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA
 CIVIL DIVISION
 CASE NO.: 282009CA000877A000XX
 BAC HOME LOANS SERVICING, L.P. F/K/A COUNTRYWIDE HOME LOANS SERVICING, L.P.,
 Plaintiff,
 vs.
 TAYMI ZOLLNER; EDWARD L. ZOLLNER II; MORTGAGE ELECTRONIC REGISTRATION SYSTEMS INCORPORATED, AS A NOMINEE FOR COUNTRYWIDE BANK, N.A.; UNKNOWN TENANT(S); IN POSSESSION OF THE SUBJECT PROPERTY,
 Defendants.

NOTICE OF FORECLOSURE SALE
 NOTICE IS HEREBY GIVEN pursuant to Final Judgment of Foreclosure dated the 4th day of October, 2011, and entered in Case No. 282009CA000877A000XX, of the Circuit Court of the 10th Judicial Circuit in and for Highlands County, Florida, wherein BAC HOME LOANS SERVICING, L.P. F/K/A COUNTRYWIDE HOME LOANS SERVICING, L.P. is the Plaintiff and TAYMI ZOLLNER; EDWARD L. ZOLLNER II; MORTGAGE ELECTRONIC REGISTRATION SYSTEMS INCORPORATED, AS A NOMINEE FOR COUNTRYWIDE BANK, N.A.; UNKNOWN TENANT(S); IN POSSESSION OF THE SUBJECT PROPERTY, are defendants. I will sell to the highest and best bidder for cash at the HIGHLANDS COUNTY COURTHOUSE, 430 SOUTH COMMERCE AVENUE, SEBRING, FL 33870 at the Highlands County Courthouse in Sebring, Florida, at 11:00 a.m. on the 8th day of November, 2011, the following described property as set forth in said Final Judgment, to wit:
 LOT 9, BLOCK Q, SPRING LAKE VILLAGE III, ACCORDING TO THE PLAT THEREOF RECORDED IN PLAT BOOK 9, PAGE 54, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
 ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE.
 Dated this 7th day of October, 2011.

Robert W. Germaine
 Clerk Of The Circuit Court
 By: /s/ Priscilla Michalak
 Deputy Clerk
 October 21, 28, 2011

1050 Legals

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA
 PROBATE DIVISION
 File No. PC 11-422
 Division Probate

IN RE: ESTATE OF SUE B. HOOD WOODRUFF
 Deceased.

NOTICE TO CREDITORS
 The administration of the estate of SUE B. HOOD WOODRUFF, deceased, whose date of death was September 13, 2011, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is Clerk of the Court, Highlands County Courthouse, 430 South Commerce Avenue, Sebring, Florida 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this notice is October 21, 2011.

Personal Representative:
 John S. Hood
 P.O. Box 1855
 Blue Ridge, Georgia 30513

Attorney for Personal Representative:
 John K. McClure
 Attorney for John S. Hood
 Florida Bar Number: 269598
 MCCLURE & LOBOZZO
 211 S. Ridgewood Drive
 Sebring, Florida 33870
 Telephone: (863) 402-1888
 Fax: (863) 402-0751
 E-Mail: kelly@mlaw.net

October 21, 28, 2011

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA
 CASE NO. 09-1212GCS
 BAC HOME LOANS SERVICING, L.P. F/K/A COUNTRYWIDE HOME LOANS SERVICING, L.P.,
 Plaintiff,
 vs.
 JAMES E. HILL; JANE T. HILL A/K/A SERENA J. HILL, ET AL,
 Defendants

NOTICE OF FORECLOSURE SALE
 (Please publish in THE NEWS SUN)
 NOTICE IS HEREBY GIVEN pursuant to a Final Judgment of Foreclosure dated October 4, 2011, and entered in Case No. 09-1212GCS, of the Circuit Court of the Tenth Judicial Circuit in and for HIGHLANDS County, Florida. BANK OF AMERICA, N.A., SUCCESSOR BY MERGER TO BAC HOME LOANS SERVICING, LP. FKA COUNTRYWIDE HOME LOANS SERVICING LP (hereafter "Plaintiff"), is Plaintiff and JAMES E. HILL; JANE T. HILL A/K/A SERENA J. HILL; UNITED STATES OF AMERICA; HEARTLAND NATIONAL BANK are defendants. I will sell to the highest and best bidder for cash in the MAIN ENTRANCE of the Courthouse; 430 SOUTH COMMERCE AVENUE, SEBRING, at 11:00 a.m., on the 7th day of November, 2011, the following described property as set forth in said Final Judgment, to wit:
 THE EAST 1/2 OF LOT 13, LOT 14, LOT 15 AND LOT 16, BLOCK 2, LAKE RIDGE ESTATES, AS RECORDED IN PLAT BOOK 5, PAGE 26, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
 If you are a person with a disability who needs any accommodation in order to participate in an court proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of Court Administrator, (863)534-4690, within two (2) working days of your receipt of this Foreclosure Complaint; if you are hearing or voice impaired, call TDD (863)534-7777 or Florida Relay Service 711.
 Dated this 6th day of October, 2011.

ROBERT GERMAINE
 CLERK OF THE CIRCUIT COURT
 By: /s/ Annette E. Daff
 As Deputy Clerk
 October 14, 21, 2011

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA
 CIVIL DIVISION
 CASE NO.: 282009CA001195A000XX
 BAC HOME LOANS SERVICING, L.P. F/K/A COUNTRYWIDE HOME LOANS SERVICING L.P.,
 Plaintiff,
 vs.
 FRANCES M. OZYJOWSKI; CLERK OF THE COURT, HIGHLANDS COUNTY; STATE OF FLORIDA, DEPARTMENT OF REVENUE; UNKNOWN SPOUSE OF FRANCES M. OZYJOWSKI; UNKNOWN TENANT(S); IN POSSESSION OF THE SUBJECT PROPERTY,
 Defendants.

NOTICE OF FORECLOSURE SALE
 NOTICE IS HEREBY GIVEN pursuant to Final Judgment of Foreclosure dated the 4th day of October,

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA
 CIVIL DIVISION
 CASE NO.: 282009CA001584A000XX
 BAN OF AMERICA, N.A.,
 Plaintiff,
 vs.
 MANUEL A. BARRIOS; UNKNOWN SPOUSE OF GUILLERMO DEL SOLAR; GUILLERMO DEL SOLAR; UNKNOWN TENANT(S); IN POSSESSION OF THE SUBJECT PROPERTY,
 Defendants.

NOTICE OF FORECLOSURE SALE
 NOTICE IS HEREBY GIVEN pursuant to Final Judgment of Foreclosure dated the 4th day of October,

Having something to sell and not advertising is like winking in the dark. You know what you're doing, but no one else does. Call News-Sun classifieds today! 314-9876

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1050

Legals

2011, and entered in Case No. 282009CA001195A000XX, of the Circuit Court of the 10TH JUDICIAL CIRCUIT in and for Highlands County, Florida, wherein BAC HOME LOANS SERVICING, L.P. FKA COUNTRYWIDE HOME LOANS SERVICING, L.P. is the Plaintiff and FRANCES M. OZVJOWSKI; CLERK OF THE COURT, HIGHLANDS COUNTY; STATE OF FLORIDA, DEPARTMENT OF REVENUE; UNKNOWN SPOUSE OF FRANCES M. OZVJOWSKI; UNKNOWN TENANT(S); IN POSSESSION OF THE SUBJECT PROPERTY, are defendants. I will sell to the highest and best bidder for cash at the HIGHLANDS COUNTY COURTHOUSE, 430 SOUTH COMMERCE AVENUE, SEBRING, FL 33870 at the Highlands County Courthouse in Sebring, Florida, at 11:00 a.m. on the 8th day of November, 2011, the following described property as set forth in said Final Judgment, to wit:

LOT 17, BLOCK 153, SEBRING HIGHLANDS SUBDIVISION, A SUBDIVISION, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 1, PAGE 97, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE.

Dated this 7th day of October, 2011.

Robert W. Germaine

Clerk Of The Circuit Court

By: /s/ Priscilla Michalak

Deputy Clerk

October 21, 28, 2011

IN THE CIRCUIT COURT OF THE 10TH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA

CIVIL DIVISION

CASE NO.: 282010CA000073A000XX

BAC HOME LOANS SERVICING, L.P. FKA COUNTRYWIDE HOME LOANS SERVICING, L.P.,

Plaintiff,

vs.

DIPCHAND PANCHU; JANKI PANCHU; UNKNOWN TENANT(S); IN POSSESSION OF THE SUBJECT PROPERTY,

Defendants.

NOTICE OF FORECLOSURE SALE

NOTICE IS HEREBY GIVEN pursuant to Final Judgment of Foreclosure dated the 4th day of October, 2011, and entered in Case No. 282010CA000073A000XX, of the Circuit Court of the 10TH JUDICIAL CIRCUIT in and for Highlands County, Florida, wherein BAC HOME LOANS SERVICING, L.P. FKA COUNTRYWIDE HOME LOANS SERVICING, L.P. is the Plaintiff and DIP-

CHAND PANCHU, JANKI PANCHU and UNKNOWN TENANT(S) IN POSSESSION OF THE SUBJECT PROPERTY, are defendants. I will sell to the highest and best bidder for cash at the HIGHLANDS COUNTY COURTHOUSE, 430 SOUTH COMMERCE AVENUE, SEBRING, FL 33870 at the Highlands County Courthouse in Sebring, Florida, at 11:00 a.m. on the 8th day of November, 2011, the following described property as set forth in said Final Judgment, to wit:

LOT 15, BLOCK A, CLEARVIEW TERRACE SUBDIVISION, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 10, PAGE 42, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE.

Dated this 7th day of October, 2011.

Robert W. Germaine

Clerk Of The Circuit Court

By: /s/ Priscilla Michalak

Deputy Clerk

October 21, 28, 2011

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA

CIVIL DIVISION

Case No.: 11-000341-GCS

HIGHLANDS INDEPENDENT BANK,

Plaintiff,

vs.

MARY D. HOLMES, THE VILLAS AT PINE KEY, LLC, a Florida limited liability company, and THE VILLAS AT PINE KEY OWNERS ASSOCIATION, INC. a Florida non-profit corporation,

Defendants.

NOTICE OF SALE

NOTICE IS HEREBY GIVEN that pursuant to the "Final Judgment on Verified Complaint" (the "Final Judgment"), entered in the above-styled action on October 4, 2011, the Clerk of Highlands County will sell the property situated in Highlands County, Florida, as described below at a Public Sale, to the highest bidder, for cash, at 590 South Commerce Avenue, Sebring, Florida 33870, on November 2, 2011, at 11:00 a.m.:

Unit 8-D of THE VILLAS AT PINE KEY, according to the plat thereof recorded in Plat Book 16, Page 92, of the Public Records of Highlands County, Florida.

Property Address: 2300 Palm Key Court, Sebring, Florida 33870

Real Property tax identification number is S-23-34-28-110-0000-008D.

Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens must file a claim within 60 days after the sale.

BOB GERMAINE

Clerk of the Circuit Court

Highlands County, Florida

/s/ Priscilla Michalak

Deputy Clerk

October 14, 21, 2011

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA

GENERAL JURISDICTION DIVISION

CASE NO: 11-333 GCS

MICHAEL A. RIDER and

KRIS Y. RIDER, his wife

PLAINTIFFS,

vs.

SHALINA M. ORLOS, a/k/a

SHALINA CARRION

DEFENDANT.

NOTICE OF SALE

Notice is hereby given that pursuant to a final decree of foreclosure entered in the above-entitled cause in the Circuit Court of Highlands County, Florida, I will sell the property situated in HIGHLANDS County, Florida, described as:

Lot 8B, SYLVAN SHORES ESTATES, SECTION D, according to the plat thereof recorded in Plat Book 7, Page 13, of the Public Records of Highlands County, Florida.

at public sale, to the highest and best bidder for cash, at the Jury Assembly Room of the Highlands County Courthouse, in Sebring, Florida, at 11:00 a.m., on the 10th day of November, 2011.

Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens must file a claim within 60 days after the sale.

SIGNED this 17th day of October, 2011.

ROBERT W. GERMAINE

CLERK OF THE CIRCUIT COURT

BY: /s/ Annette E. Daff

Deputy Clerk

October 21, 28, 2011

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA

GENERAL JURISDICTION DIVISION

CASE NO: 11-348 GCS

SIMEON A. BRIDGEWATER and

GERTRUDE E. BRIDGEWATER, his wife

PLAINTIFFS,

vs.

PRECIOUS MAE DAVIS and

MARY DAVIS, and the Administrator

of the SMALL BUSINESS ADMINISTRATION,

an agency of the Government of the United States of America

DEFENDANTS.

NOTICE OF SALE

Notice is hereby given that pursuant to a final decree of foreclosure entered in the above-entitled cause in the Circuit Court of Highlands County, Florida, I will sell the property situated in HIGHLANDS County, Florida, described as:

SEE ATTACHED EXHIBIT A

EXHIBIT A

The North Half of Lot 8, Block E, SERENITY SUB-

PROFESSIONAL SERVICE DIRECTORY

Complete Lawn Maintenance
 -Landscaping- -Mowing- -Trimming-
 -Rocks- -Mulch- -Borders-
 Sod & Irrigation Installation
863-314-0969
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 No Job Too Small!

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20 Years experience
Excellent References
 Daily - Weekly - Biweekly - Monthly
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Sebring Paradise APARTMENTS
RENT STARTING FROM \$295/month!
AMENITIES INCLUDE:
 Cable & WiFi Included • Washers & Dryers • Water Included
 Large 1BR/1BA Located in A Quiet Park-Like Setting
 Central Air & Heat
 510 Grapefruit Avenue, Sebring
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NO DEPOSIT REQUIRED
Not valid with any other offer. EXPIRES 10/28/11
PLEASE CALL (863) 588-0303

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 TRIMMING • REMOVAL
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 Will Beat Any Written Estimate!
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 9 S. Main St.
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 3 Rooms Minimum
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Firemen's Field Fairgrounds
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For more information!

1050 Legals

DIVISION, according to the plat thereof recorded in Plat Book 12, Page 1, of the Public Records of Highlands County, Florida, more particularly described as follows:

BEGIN at the Northwest corner of said Lot 8; thence South 79 degrees 44'00" East along the Northernly line of said Lot 8 for a distance of 132.41 feet to the Northeast corner of said Lot 8; thence South 17 degrees 25'33" West for a distance of 37.82 feet to a point; thence North 79 degrees 59'12" West for a distance of 130.01 feet to a point on the Easterly right-of-way line of Grove Street; thence North 10 degrees 00'00" East along the Easterly right-of-way line of Grove Street for a distance of 14.33 feet to a point of curvature of a circular curve to the right having for its elements a radius of 114.78 feet and a central angle of 11 degrees 53'46"; thence along said curvature for an arc distance of 23.93 feet to the POINT OF BEGINNING.

at public sale, to the highest and best bidder for cash, at the Jury Assembly Room of the Highlands County Courthouse, in Sebring, Florida, at 11:00 a.m., on the 10th day of November, 2011.

Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens must file a claim within 60 days after the sale.

SIGNED this 17th day of October, 2011.

ROBERT W. GERMAINE
CLERK OF THE CIRCUIT COURT
BY: /s/ Annette E. Daff
Deputy Clerk
October 21, 28, 2011

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION Case No.: 10-000621-GCS SEACOAST NATIONAL BANK, Plaintiff, vs. JOSHUA DIEDRICH and ANGELA DAWN FAULKNER, Defendants.

NOTICE OF SALE NOTICE IS HEREBY GIVEN that pursuant to the "Final Summary Judgment" entered in the above-styled action, the property described below will be sold by the Clerk of this Court at public sale, at 11:00 a.m. on November 2, 2011, to the highest bidder, for cash, at 430 South Commerce Avenue, Sebring, Florida 33870-3867.

Lot 11, Block 10, of Highland Park Estates, Section H, according to the Plat thereof, as recorded in Plat Book 5, Page 24, of the Public Records of Highlands County, Florida.

Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens must file a claim within 60 days after the sale.

BOB GERMAINE
Clerk of the Circuit Court
Highlands County, Florida
/s/ Priscilla Michalak
Deputy Clerk
October 14, 21, 2011

STATE OF FLORIDA, DEPARTMENT OF MILITARY AFFAIRS PUBLIC ANNOUNCEMENT Invitation to Bid

The State of Florida, Department of Military Affairs (DMA), Construction & Facility Management Office (CFMO) requests bids from State of Florida registered, qualified and licensed Contractors for the following projects located at Avon Park National Guard Armory at 2500 US Highway 27 South, Avon Park, FL:

FOR COMPLETE INFORMATION AND SUBMISSION REQUIREMENTS YOU MUST GO TO THE MYFLORIDA.COM VENDOR BID SYSTEM AT HYPERLINK "http://vbs.dms.state.fl.us/vbs/main_menu" "http://vbs.dms.state.fl.us/vbs/main_menu" on or after October 21, 2011

PROJECT NUMBER: 206039
Avon Park National Guard Armory Renovation
MANDATORY SITE VISIT DATE: As stated in the advertisement on the Vendor Bid System.
BID OPENING DATE: As stated in the advertisement on the Vendor Bid System.

POINT OF CONTACT: Department of Military Affairs, Construction & Facility Management Office, Contract Management Branch (904) 823-0256 or 827-8544 or e-mail HYPERLINK "mailto:cfmocontracting@ing.army.mil" cfmocontracting@ing.army.mil

October 21, 2011

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October 21, 2011

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October 21, 2011

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NOW HIRING
For Certified Nursing Assistant (CNA) for non-medical home health. You must have a state certification, and pass a criminal & driving record check. Submit your application on line: ck381.ersp.biz/employment

OFFICE ASSISTANT Busy Doctor's Office has immediate full time position for someone with good work ethic, people skills & self motivated. Send resume to: P O Box 3679 Sebring 33871 or email to: newhire123@yahoo.com

SEBRING - Mature Male, with references, drivers license and car, to care for older son who cannot drive. A companion that likes cards, play pool, movie, etc. For additional info. Call 863-655-1068

SEEKING WELL Exp. Medical office help. Exc. billing/collection, communication, typing, computer skills & medical terminology are a MUST. Part-time. Fax resume to: 863-471-2565 or email to: medicalofficebilling@yahoo.com

2100 Help Wanted

SEND REPLY to Box 105, The News-Sun, 2227 U.S. 27 South, Sebring FL, 33870. 1243489

3000 Financial

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SEBRING - DUPLEX / CUTE! 2BR / 1BA, Screened porch, W/D hookup. Most pets OK. \$550 mo. & \$300 security. 1927 Theodore St. Call 863-446-7274

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AVON PARK - 1BR / 1BA, with Balcony Overlooking Lake Verona and City Park. 100 E. Main St. Laundry Facilities. SPECIAL: \$325/mo. 863-453-8598

AVON PARK - LEMONTREE APTS 1BR \$495 mo. + \$200 Sec. Deposit, available immediately. Washer/Dryer & WSG included. Call Alan 386-503-8953

6300 Unfurnished Houses

LAKE PLACID 3/2 997 Washington Blvd. 2 car garage. Screened back patio. \$700/mo. Call 305-804-5464

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PLACID LAKES 3/2 full baths. New House \$750/mo. + \$750 dep. Beautiful views, quiet & nice. All tile & new appl. 305-926-7987

REFLECTIONS / SILVER LAKE, Park Model, 2BR/ 1 BA / Kitchen, living & dining room, W & D hookup. Deck & Shed. No steps inside. \$45,000. Lot S39 Call 863-452-2217

AVON PARK AFFORDABLE RENT Ridgedale Apartments
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Central Location, water & trash included
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No Application Fee
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SEBRING - 1645 Hammock Rd. 3BR/ 2BA/ Kitchen, Living & Dining , W&D hookup, tiled floors, C/H/A, Screened porch. 2 car gar. No pets! \$950 mo. + 1st. sec. deposit. 407-459-6925

SEBRING 2/1 House, screened porch. Fenced back yard. Lawn care included. \$600/mo. + security. Call 863-253-1029 or 863-381-7967

SEBRING 3/2 Lakefront home w/pool. Many upgrades. Enjoy boating, fishing & swimming, right in your own back yard! \$1000 per mo 1st./last/Sec. 321-452-7090 or 863-446-0760

SEBRING IMMACULATE NEWER 3/2/1. All tile, new paint, dishwasher, W/D, email screened in porch, extra large shady lot plus lawn service. No smoke. \$860 + security. RENTED

6320 Seasonal Property

LAKE PLACID lakefront 2/1. Seasonal rental, October - March. Call 863-465-1354

6450 Roommates Wanted
ROOMMATE WANTED. Professional to share 3/2 in Gulf Community w/pool. Call 863-991-5159

7000 Merchandise

7260 Musical Merchandise
ORGAN - LOWRY FIESTA Tickle the ivories with this one! Includes padded storage bench for only \$2000. Call today! 863-453-8287

7300 Miscellaneous
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7310 Bargain Buys
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ANTENNA POLES - New/ from Radio Shack. 1-5ft pole & 1-10ft pole. 2- 12 in standoff brackets. \$40 863-382-1243

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DINING SET, Table & 4 Chairs, brown hammered finish legs/chairs, covered in green/beige fabric, table is done in Antique green. \$75 863-382-1370

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EDGER - MANTIS 21.2 cc Echo Engine. \$35. 863-655-0342

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FENCE PANELS (2) 6 x 8 sections of pressure treated board on board. Paid \$46 new. Asking \$50 for both. Call 863-385-2349

MEN'S SUITS 40,41,42 regular. Excel cond. \$30 Call 863-382-0972.

RECLINER LIGHT Brown. \$20 Call 863-655-9622

SEARS STEREO SYSTEM with SPEAKERS. \$35. 863-471-2256

SMALL KITCHEN APPLIANCES, Rival steamer, Gevalia 12 cup coffee maker, West Bend elec. skillet. Farberware elec. skillet \$24 Call 863-452-0903

SMALL ROLL TOP DESK Oak, 32x43x20. Good Cond. \$50 Call 863-386-4749.

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7320 Garage & Yard Sales


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AVON PARK - MOVING SALE! 209 E. Winthrop St., Fri & Sat Oct. 21 & 22, 8AM - 2PM. Furniture, lots of appliances, TV's, Household items. Too Much To List!!

AVON PARK Fri - Sat. 8 - ? 1378 Memorial Dr. Girls new & used sizes 1-4. Something for Everyone! Huge Multi-Family!

AVON PARK LAKES - Sat & Sun, Oct 22 & 23. 7am - ? 2150 W. Citrus Rd. Generator, air compressor, clothing, dishes, Halloween & Christmas items.

LAKE DAMON, Rivergreens. Collectibles, vintage sheet music, furn., bird cages, bird stand & more.

AVON PARK Sat. 8 - 1pm. 1027 W. Lake Damon, Rivergreens. Collectibles, vintage sheet music, furn., bird cages, bird stand & more.

AVON PARK Wed. - Fri. 7:30am - 4pm. 1955 N. Torrington Rd. Computer desk, dinner table, large ornate wall mirror, dressers, clothes, lots of misc.

GRAND OPENING OF THRIFTS N' GIFTS (FORMERLY BARGAIN BAY). SATURDAY, OCT. 22 AT 542 LEMON AVE., SEBRING. COME SEE US!

LAKE JUNE PT. Community Sale, Sat 10-29 8am-3pm. Furn., sports equip., household, boat trailer, clothing, crib, golf cart, compressor, plants, collectibles & more! US 27S to Interlake Blvd. West 2 miles. Lake June Pointe Sub. Lake Placid

LAKE PLACID Sat. 8 - 1pm. 2071 CR. 29. (Corner of 29 & 70). Household, dishes, clothes, furn., office supplies, home decor & tools.

SEBRING - 3415 Indiana Ave., Fri & Sat, Oct 21 & 22, 8am - 3pm. adult clothing, Household items. Too Much To List!

SEBRING - BIGGGGG YARD SALE! 2454 Lakeview Dr. Fri - Sat - Sun, Oct 21-22-23. Clean Under cover! Lots of Furn., knick knacks, Very nice Apts. size Elec. range & Like new Baldwin Classic Piano, set of drums & collectibles. Plus all in between. 8AM - 3PM!

7320 Garage & Yard Sales

AVON PARK - MULTI FAMILY SALE! 1467 W Silver Oak Dr., Sat Oct 22 8am - 2pm. Furniture, youth clothing, toys, bedding, custom made, costume jewelry Much More!

SEBRING - HUGE MULTI FAMILY SALE! 108 Sharon Ave. (Lake Josephine Area) Fri & Sat Oct 21 & 22, 8am-? Furniture, Household items. Lots of Miscellaneous !!

SEBRING FRI. - Sat. 8 - 2pm. 1231 Kerry Dr. Lots of Good Stuff! Something for everyone!

SEBRING FRI. 8 - 1pm. 1712 Evergreen St. Jackson Heights. Golf balls, craft & recipe books, kitchen items, clothes, paper shredders, baskets & misc.

SEBRING HILLS Sat. 8 - 1pm. 901 S. Egret St. Huge Multi-Family Yard/Estate Sale. Framed art, fine china, collectibles, lamps, household items, clothing, tools, jewelry, lots of good stuff.

SEBRING THURS. - Sat. Fairmont Estates 3232 New York Ave. Plants, VCR tapes, camera's & lots more!

7400 Lawn & Garden

HUSTLER SUPER Z 60" Commercial Lawn Mower. 1 yr. old. 233 hrs. Great cond. \$5900 obo. Call 863-257-0856

7520 Pets & Supplies

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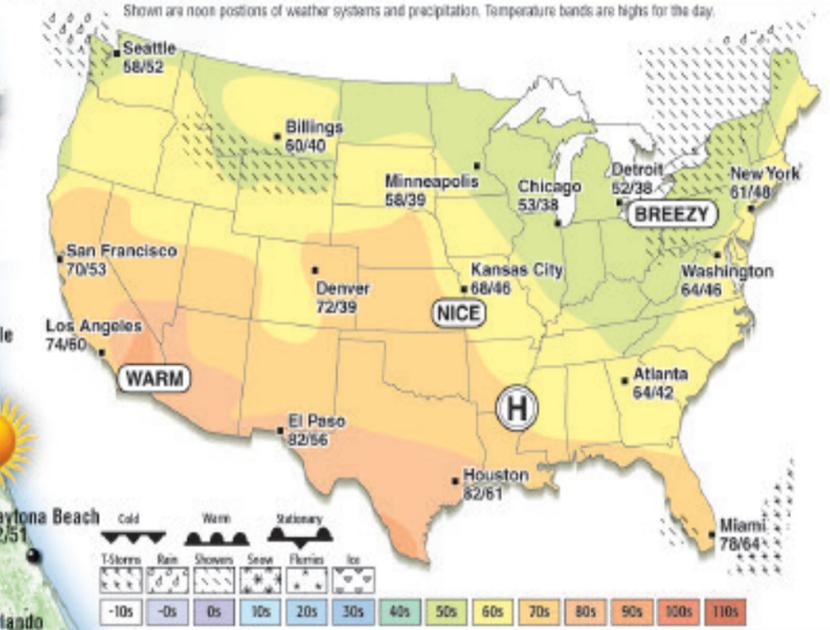



Highlands County's Hometown Newspaper Since 1927

Five-Day forecast for Highlands County

TODAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
Mostly sunny; pleasant in the p.m.	Mostly sunny	Partly sunny	Partly sunny and pleasant	Mostly sunny and nice
74° / 52°	76° / 56°	79° / 59°	82° / 60°	85° / 63°
Winds: NNE at 6-12 mph	Winds: NNE at 7-14 mph	Winds: N at 7-14 mph	Winds: NNE at 8-16 mph	Winds: NE at 10-20 mph

National Forecast for October 21



Almanac

Temperature
Readings at Archbold Biological Station in Lake Placid

High Sunday	84°
Low Sunday	70°
High Monday	78°
Low Monday	71°
High Tuesday	78°
Low Tuesday	73°
High Wednesday	84°
Low Wednesday	53°

Heat Index
For 3 p.m. today

Expected air temperature	72°
Makes it feel like	71°

Barometer

Monday	29.79
Tuesday	29.57
Wednesday	30.02

Precipitation

Monday	0.23"
Tuesday	2.16"
Wednesday	0.00"
Month to date	4.94"
Year to date	43.24"

Regional Summary

Mostly sunny today; pleasant during the afternoon. Mainly clear and cool tonight. Mostly sunny tomorrow. Sunday: partly sunny. Monday: partly sunny and pleasant. Tuesday: mostly sunny and nice.



Farm Report

Mostly sunny today; pleasant during the afternoon. Winds north 7-14 mph. Expect 6-10 hours of sunshine with average relative humidity 50% and good drying conditions.

Water Restrictions

- Even addresses may water on Thursday and Sunday.
- Odd addresses may water on Wednesday and Saturday.
- All watering should take place before 10 a.m. and after 4 p.m.

Weather History

On Oct. 21, 1991, dry winds fanned a wildfire in the Oakland, Calif., area. A wet spring, then a windy, hot fall causes the highest fire danger on the West Coast.

Sun and Moon

	Today	Saturday
Sunrise	7:28 a.m.	7:28 a.m.
Sunset	6:53 p.m.	6:52 p.m.
Moonrise	1:50 a.m.	2:51 a.m.
Moonset	3:05 p.m.	3:45 p.m.

New Moon Oct 26
First Quarter Nov 2
Full Moon Nov 10
Last Quarter Nov 18

National Summary

The powerful storm slamming the Midwest yesterday will weaken and move northward through eastern Canada today, causing less wind to whip across the eastern third of the United States. Steady rain will also be gone, allowing dry weather to return to much of the Midwest. A few spottier showers, however, will linger across the Northeast's interior and central Appalachians. Cool air will filter from the Midwest to the South. Pleasantly warmer air will grace the Plains as a shower or two dots the northern Rockies.

U.S. Cities

City	Today	Sat.	Sun.	City	Today	Sat.	Sun.
Albuquerque	72/48	68/46	73/48	Los Angeles	74/60	67/63	66/62
Atlanta	64/42	65/45	69/49	Louisville	54/38	62/44	70/52
Baltimore	62/41	63/41	63/41	Memphis	64/44	71/50	74/57
Birmingham	64/29	69/43	72/49	Midwaukee	52/39	57/44	61/46
Boston	65/48	63/47	60/47	Minneapolis	58/39	58/44	61/41
Charlotte	64/37	64/39	69/42	Nashville	62/37	66/41	71/49
Cheyenne	64/34	63/38	66/40	New Orleans	72/52	76/54	77/58
Chicago	53/28	58/42	64/46	New York City	61/48	63/49	62/49
Cleveland	54/40	54/40	61/47	Norfolk	64/48	63/49	64/50
Columbus	54/39	58/41	64/43	Oklahoma City	74/50	78/52	77/53
Dallas	78/63	80/60	76/60	Philadelphia	63/46	63/46	60/46
Denver	72/39	72/42	76/44	Phoenix	89/67	92/67	92/67
Detroit	52/38	55/42	58/45	Pittsburgh	52/38	54/36	56/38
Harrisburg	58/41	58/38	61/42	Portland, ME	62/44	61/40	58/41
Honolulu	85/73	86/73	86/72	Portland, OR	64/49	65/51	64/46
Houston	82/61	83/63	84/62	Raleigh	65/40	65/43	63/46
Indianapolis	54/38	62/46	67/49	Rochester	56/49	56/41	58/43
Jackson, MS	70/41	74/44	77/50	St. Louis	60/44	68/50	73/52
Kansas City	68/46	72/48	74/50	San Francisco	70/53	75/44	74/55
Las Vegas	52/35	61/41	68/43	Seattle	55/52	57/52	57/41
Little Rock	68/46	71/49	73/54	Wash., DC	64/46	63/45	62/50

World Cities

City	Today	Sat.	Sun.	City	Today	Sat.	Sun.
Acapulco	88/74	88/75	89/74	London	57/46	58/50	63/54
Athens	70/59	68/57	66/55	Montreal	55/41	54/38	54/41
Bahut	80/71	82/68	78/67	Moscow	45/26	45/36	46/37
Berlin	46/25	51/40	55/41	Nice	64/50	64/50	65/52
Bermuda	81/75	79/73	81/73	Ottawa	50/39	52/35	54/39
Calgary	50/36	54/41	51/30	Quebec	54/41	59/36	59/37
Dublin	57/50	55/49	55/51	Rio de Janeiro	73/66	74/67	76/68
Edmonton	45/20	49/39	49/29	Seoul	72/52	68/50	66/48
Freeport	78/64	81/67	82/69	Singapore	84/77	86/77	86/75
Geneva	52/37	58/40	60/43	Sydney	82/59	82/59	84/59
Havana	79/65	81/67	82/69	Toronto	54/39	58/42	64/42
Hong Kong	82/73	81/73	82/73	Vancouver	55/50	58/48	54/42
Jerusalem	80/56	76/55	72/55	Vienna	46/34	48/40	49/43
Johannesburg	75/52	81/58	90/61	Warsaw	48/31	50/33	50/35
Kiev	50/30	48/29	48/29	Winnipeg	52/30	49/33	51/28

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Highlands County's Hometown Newspaper Since 1927

COME ON DOWN TO
COWPOKES WATERING HOLE

Be sure to check out the...
TAKI SPORT BAR
(See Below)

COWPOKES HALLOWEEN PARTY - OCT 29TH
Cowpokes Watering Hole will be hosting it's 1st annual Halloween Party on October 29th from 10pm until 2am. Costumes are required or a \$5 cover charge.
Cash awarded for top male, female & couples!

SOMETHING TO POKE AT!
Jalapeno Poppers.....\$5
Fried Mushrooms.....\$5
Zucchini Fries.....\$5
Loaded Potato Wedges.....\$5
Fried Pickles.....\$5

SANDWICHES
Hamburger.....\$7
Philly Beef Sandwich.....\$8
Philly Chicken Sandwich.....\$8
Chicken Sandwich.....\$7
Fish Sandwich.....\$7
BBQ Pork Sandwich.....\$7
Tuna or Chicken Salad Wrap.....\$8
Italian Sausage.....\$7
Add Cheese to any Sandwich......50c

WINGS
Chicken Wings (Breaded or Naked).....\$8
ASK FOR AVAILABLE WING SAUCES!
Additional dressing or celery......50c

SALADS
Garden Salad......85
Caesar Salad......85
Add Tuna or Chicken Salad......84
Add Grilled Chicken Breast......84

EXTRAS
Sweet Potato Fries......84
French Fries......83
Freshly Fried Potato Chips......82

HAPPY HOUR
BAR ONLY. 11AM-7PM.
BEER. BEER. BEER.
Drafts.....\$1
Well Drinks.....\$1.75
Pitchers......87
Domestic Bottles.....\$2.50
Buckets.....\$10
Buckets of Corona/Corona Light.....\$12

LUNCH - TUES - SAT - 11AM-3PM
DINNER - TUES - SAT - 4PM-10PM

FRIDAY & SATURDAY NIGHT:
The Chase Band

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And Another Thing...

Dan Hoehne

Covering the big three

Tumult in one, proposed disinterest in another and pretty exciting chaos in the third.

That's the current state of America's top three professional sports.

The NBA continues its' lockout amid often turbulent negotiating sessions.

The players say it's not their fault that the owners sign them to ridiculous deals, the owners want a system that better protects themselves from doing so.

Are the owners the dunderheads that such claims by the players infer?

Many say so, but these are predominantly very shrewd men who made hundreds of millions, if not billions, in some way, shape or form.

And it does seem more a systemic problem.

Enough loopholes exist so some teams can jack up their payroll.

Other teams, in response to that, to try to compete, end up having to overpay.

The owners want to change the system so it's a more equal playing ground and there will be less of that knee-jerk temptation to try and keep up.

Dwayne Wade was quoted as saying that there are always going to be bad teams.

But bad teams lose money, and given the state of our economy, there aren't exactly would-be owners lining up to buy one of those teams.

Would the players rather take less, though still obscene amounts of money, or lose a handful of teams and the number of jobs that would go along with them?

Put 100 players in a room and ask them that.

Would you all rather make a little less, or continue with what you're getting, but then 20 of your are out of a job?

A different way to look at it, but teams lost money, not all, but a few.

Teams continue to lose money under the system as is, and the owners will have to sell.

Prospective owners, what few are left, might not exactly scramble to be a part of a losing venture and thus the league very well may just end up contracting those teams.

Over in Major League Baseball, meanwhile, we're at World Series time and nobody seems to notice.

Pundits keep telling us that the ratings will be low, given that it's St. Louis and Texas – somewhat insinuating that

See NFL, Page 3B

Lady Panthers finish fall season



Above left: After making a diving stop on a smash toward right, Taylor Upchurch scrambles to her feet before making the throw to first for an out. Above right: Freshman shortstop Alexis Belardi hammers this pitch to left during the Panthers final outing of the fall practice season Wednesday evening.

News-Sun photos by DAN HOEHNE

PREGAME PRIMER

Your Quick Guide To This Week's Action



Avon Park vs. Booker

Records

Avon Park 3-3; Booker 2-4

Last Week

Avon Park: Powered past Lake Placid on the road, 40-3.

Booker: Shut out LaBelle with a 30-0 win.

Game Notes

■ Tonight's game sees Booker and Avon Park tied for third in District 6-4A.

■ Aside from the usual bumps and bruises, the Red Devils come into tonight's game relatively healthy.

Coach Speak

Avon Park's Andy Bonjokian: "Booker is a real good football team. But if we do what we're capable of, we match up real well. We'd like to have those long drives that take six to eight minutes off the clock and keep the ball out of their hands. But this is it, we have the opportunity to play for district position. We kind of happened into it last year, and now we have the chance to play for it."



Lake Placid at Clewiston

Records

Lake Placid 2-5; Clewiston 4-3

Last Week

Lake Placid: Moved the ball but couldn't finish in a 40-3 loss to Avon Park.

Clewiston: Fell to Dunbar, 36-14.

Game Notes

■ Though 1-3 in District 6-4A play, a win tonight for the Dragons would really cause a shift in the standings.

■ The Lake Placid defense is on par with the Tigers, giving up just three points per game more than Clewiston.

Coach Speak

Lake Placid's Jason Holden: "This is a big game for us. We need to get the program moving forward and to do that we have to put our previous games behind us. It's an important district game for us against a very strong team. We'll have to reach our goal of no turnovers in a game if we want to have any chance to beat Clewiston."



Sebring vs. Winter Haven

Records

Sebring 2-4; Winter Haven 6-0

Last Week

Sebring: Stopped George Jenkins on the road, 18-0.

Winter Haven: Stormed past Mulberry, 42-13.

Game Notes

■ Tonight is Homecoming Night for the Blue Streaks.

■ Sebring's defense was so stout last Friday that George Jenkins didn't get a first down until early in the third quarter.

Coach Speak

Sebring's LaVaar Scott: "It doesn't get any easier. Winter Haven isn't the type of team you really want to play on Homecoming, but there's not much you can do. Last week was a real nice boost of confidence for our guys and we hope to build on that and keep it going. Winter Haven is the top team in the district so this is our chance to really make a statement."

All games have 7:30 p.m. kickoffs unless otherwise noted

DeSoto downs Lady Streaks

By DAN HOEHNE

daniel.hoehne@newssun.com

Despite a valiant comeback Tuesday night, the heavy-hitting Lady Bulldogs of DeSoto held off Sebring 3-2 in non-district volleyball action.

After dropping the first two sets of the match, by identical 25-20 scores, the Blue Streaks bounced back to take the third set, 25-22, and then stretched the match with a stretched-out, 28-26 win in the fourth set.

But as is often the case when a team digs its' way back, there just wasn't enough left in the tank in the fifth-set clincher as the Bulldogs took it, 15-8.

"That was a very different team than we saw earlier in the year," head coach Vanessa Sinness said of the teams three-set sweep of DeSoto on Sept. 8. "They were missing one of their big hitters with

injury at that time."

That would be Tyshonna Riley who returned shortly after that contest and helped transform the team.

The loss at Sebring had the team at 2-2 but with Riley returning, the team has gone 9-5 in their regular season schedule and 7-1 in district play.

The 5-foot-10 sophomore was big this night too, piling up 24 kills, while Latavia Graham added 22 for the Bulldogs.

But even with the big hitters, the Streaks hung in and stepped up their game.

"We really played well and I have no complaints," Sinness said. "This is the kind of competition, the sort of match, that you want late in the season and are heading into districts.

"We had the momentum going into the fifth set, but a couple of errors, a serv-

See SEBRING, Page 4B



News-Sun file photo by DAN HOEHNE
Stephanie Struck and the Lady Streaks battled back from a 2-0 deficit, but it wasn't quite enough in Tuesday's five-set loss at DeSoto.

Highlands Eagles take on the Titans

Special to the News-Sun

LAKELAND – The Highlands Youth Football and Cheer Organization (HYFC) traveled to Tenorac High School on Saturday, Oct. 15 to take on the Polk County Titans.

It was going to be a day of battle between these teams as the Eagles were hoping to bring some more "W's" this week.

Going into week nine of the season, the Highlands Youth Football teams are nearing the end of the regular season.

Each team is looking at the stats and the talk of playoffs has them raring to go.

The Highlands Eagles Junior Varsity and Varsity teams have clinched their spot in the playoffs and the Pee Wee team is still in the hunt. Next week's results will finalize the playoff spots and the anticipation of what seat each team will take is widespread.

The first team to take the field was the Flag team, ages 5- and 6-years old and lead by head coach Bob Ford.

The team took the field with a strong Titan team.

The Titans started with a strong offensive drive to pull them to an early lead.



Eagles PeeWee kicker Kasey Hawthorne kicks off to start the game Saturday against the Polk County Titans.

Courtesy photo

The Eagles defense stood strong but was unable to thwart the Titans offense, ultimately resulting in a loss with a final score of 28-0, bringing their record to 4-5 for the season.

Next up were the Mighty Mite team, ages 7, 8 and 9, lead by head coach Willis McGuire.

The Eagles offense rallied together, but struggled to get past the Titans defensive to move the ball down the

field.

Costly mistakes caused the Eagles another devastating loss with a final score of 34-0, bringing their record to 3-6 for the season.

The Pee Wee team, ages 10 and 11, lead by head coach Tim Hooks, were eager and ready to take the field after last week's win against the Hurricanes.

The Eagles offense made strides,

moving the ball down the field, but fell just short.

The Titans quickly took control of the game, taking an early lead.

In the second half, the offense worked together as a team to make something happen when Marquis Hawthorne ran 50 yards to the end zone to score.

It was, however, the lone touch-

See EAGLES, Page 3B

THE SCOREBOARD



LIVE SPORTS ON TV

Major League Baseball

DIVISION SERIES
AMERICAN LEAGUE
 Detroit 3, New York 2
 Texas 3, Tampa Bay 1

NATIONAL LEAGUE
 St. Louis 3, Philadelphia 2
 Milwaukee 3, Arizona 2

LEAGUE CHAMPIONSHIP SERIES
 (Best-of-7; x-if necessary)
AMERICAN LEAGUE
 Texas 4, Detroit 2

NATIONAL LEAGUE
 St. Louis 4, Milwaukee 2

WORLD SERIES
 (Best-of-7; x-if necessary)
 St. Louis 1, Texas 0

Wednesday: St. Louis 3, Texas 2
 Thursday, Oct. 20: Texas (Lewis 14-10) at St. Louis (Garcia 13-7), late
 Saturday, Oct. 22: St. Louis (Jackson 12-9) at Texas (Holland 16-5), 8:05 p.m.
 Sunday, Oct. 23: St. Louis (Lohse 14-8) at Texas (Harrison 14-9), 8:05 p.m.
 x-Monday, Oct. 24: St. Louis at Texas, 8:05 p.m.
 x-Wednesday, Oct. 26: Texas at St. Louis, 8:05 p.m.
 x-Thursday, Oct. 27: Texas at St. Louis, 8:05 p.m.

National Football League

AMERICAN CONFERENCE

East

W	L	T	Pct	PF	PA
New England	5	1	0	.833	185/135
Buffalo	4	2	0	.667	188/147
N.Y. Jets	3	3	0	.500	145/131
Miami	0	5	0	.000	75/128

South

W	L	T	Pct	PF	PA
Tennessee	3	2	0	.600	105/94
Houston	3	3	0	.500	141/124
Jacksonville	1	5	0	.167	72/132
Indianapolis	0	6	0	.000	104/163

North

W	L	T	Pct	PF	PA
Baltimore	4	1	0	.800	148/71
Cincinnati	4	2	0	.667	137/111
Pittsburgh	4	2	0	.667	119/102
Cleveland	2	3	0	.400	91/117

West

W	L	T	Pct	PF	PA
San Diego	4	1	0	.800	120/109
Oakland	4	2	0	.667	160/150
Kansas City	2	3	0	.400	77/150
Denver	1	4	0	.200	105/140

NATIONAL CONFERENCE

East

W	L	T	Pct	PF	PA
N.Y. Giants	4	2	0	.667	154/147
Washington	3	2	0	.600	96/83
Dallas	2	3	0	.400	115/121
Philadelphia	2	4	0	.333	145/145

South

W	L	T	Pct	PF	PA
Tampa Bay	4	2	0	.667	113/145
New Orleans	4	2	0	.667	177/151
Atlanta	3	3	0	.500	135/147
Carolina	1	5	0	.167	133/163

North

W	L	T	Pct	PF	PA
Green Bay	6	0	0	1.000	197/114
Detroit	5	1	0	.833	178/114
Chicago	3	3	0	.500	146/132
Minnesota	1	5	0	.167	121/145

West

W	L	T	Pct	PF	PA
San Francisco	5	1	0	.833	167/97
Seattle	2	3	0	.400	94/122
Arizona	1	4	0	.200	96/121
St. Louis	0	5	0	.000	49/137

Sunday's Games
 Houston at Tennessee, 1 p.m.
 Washington at Carolina, 1 p.m.
 San Diego at N.Y. Jets, 1 p.m.
 Seattle at Cleveland, 1 p.m.
 Denver at Miami, 1 p.m.
 Atlanta at Detroit, 1 p.m.
 Chicago vs. Tampa Bay at London, 1 p.m.
 Kansas City at Oakland, 4:05 p.m.
 Pittsburgh at Arizona, 4:05 p.m.
 St. Louis at Dallas, 4:15 p.m.
 Green Bay at Minnesota, 4:15 p.m.
 Indianapolis at New Orleans, 8:20 p.m.
Open: Buffalo, Cincinnati, N.Y. Giants, New England, Philadelphia, San Francisco

Monday's Game
 Baltimore at Jacksonville, 8:30 p.m.

Sunday, Oct. 30
 Indianapolis at Tennessee, 1 p.m.
 New Orleans at St. Louis, 1 p.m.
 Jacksonville at Houston, 1 p.m.
 Miami at N.Y. Giants, 1 p.m.
 Minnesota at Carolina, 1 p.m.
 Arizona at Baltimore, 1 p.m.
 Detroit at Denver, 4 p.m.
 Washington vs. Buffalo at Toronto, 4 p.m.
 Cleveland at San Francisco, 4:15 p.m.
 Cincinnati at Seattle, 4:15 p.m.
 New England at Pittsburgh, 4:15 p.m.
 Dallas at Philadelphia, 8:20 p.m.
Open: Atlanta, Chicago, Green Bay, N.Y. Jets, Oakland, Tampa Bay

Monday, Oct. 31
 San Diego at Kansas City, 8:30 p.m.

National Hockey League

EASTERN CONFERENCE

Atlantic Division

W	L	OT	Pts	GF	GA	
Pittsburgh	4	2	2	10	23	20
Philadelphia	4	0	1	9	19	10
N.Y. Islanders	3	1	0	6	11	6
New Jersey	3	1	0	6	9	8
N.Y. Rangers	1	1	2	4	9	9

Northeast Division

W	L	OT	Pts	GF	GA	
Toronto	4	0	1	9	17	13
Buffalo	4	1	0	8	17	10
Boston	2	4	0	4	11	13
Montreal	1	3	1	3	12	16
Ottawa	1	5	0	2	16	30

Southeast Division

W	L	OT	Pts	GF	GA	
Washington	5	0	0	10	18	11
Carolina	3	2	1	7	17	19
Florida	3	2	0	6	14	13
Tampa Bay	1	3	2	4	18	26
Winnipeg	1	3	1	3	10	18

WESTERN CONFERENCE

Central Division

W	L	OT	Pts	GF	GA	
Detroit	4	0	0	8	13	5
Chicago	3	1	1	7	17	12
Nashville	2	2	1	5	12	15
St. Louis	2	4	0	4	15	20
Columbus	0	5	1	1	12	20

Northwest Division

W	L	OT	Pts	GF	GA	
Colorado	5	1	0	10	20	13
Minnesota	2	2	2	6	14	16

BOXING
FRIDAY
 11 p.m. Edwin Rodriguez vs. Will Rosinsky. . . . SHOW
SATURDAY
 10:30 p.m. Nonito Donaire vs. Omar Narvaez. . . . HBO

COLLEGE FOOTBALL
FRIDAY
 8 p.m. West Virginia at Syracuse. . . . ESPN
 8 p.m. Rutgers at Louisville. . . . ESPN2

SATURDAY
 Noon North Carolina at Clemson. . . . ESPN
 Noon Illinois at Purdue. . . . ESPN2
 Noon Oklahoma State at Missouri. . . . FX
 Noon Cincinnati at South Florida. . . . 28
 12:30 p.m. Arkansas at Ole Miss. . . . 44
 3 p.m. Boston College at Virginia Tech. . . . SUN
 3:30 p.m. Auburn at LSU. . . . CBS
 3:30 p.m. Nebraska at Minnesota. . . . ABC
 3:30 p.m. Georgia Tech at Miami. . . . ESPN
 3:30 p.m. Maryland at Florida State. . . . ESPN2
 3:30 p.m. Air Force at Boise State. . . . Versus
 7 p.m. Tennessee at Alabama. . . . ESPN2
 7:30 p.m. USC at Notre Dame. . . . NBC
 8 p.m. Texas Tech at Oklahoma. . . . ABC
 8 p.m. Wisconsin at Michigan State. . . . ESPN

GOLF
FRIDAY
 9 a.m. EuroPGA – Castello Masters. . . . GOLF
 2 p.m. PGA – Miracle Network Classic. . . . GOLF
 5 p.m. PGA – Winn Dixie Open. . . . GOLF
 7:30 p.m. LPGA – Taiwan Championship. . . . GOLF

SATURDAY
 2 p.m. PGA – Miracle Network Classic. . . . GOLF
 5 p.m. PGA – Winn Dixie Open. . . . GOLF
 7:30 p.m. LPGA – Taiwan Championship. . . . GOLF

MAJOR LEAGUE BASEBALL
SATURDAY
 7:30 p.m. St. Louis at Texas, Game 3. . . . FOX

NHL
SATURDAY
 7 p.m. Buffalo at Tampa Bay. . . . SUN

SKATING
SATURDAY
 3 p.m. ISU Grand Prix of Figure Skating. . . . NBC

Times, games, channels all subject to change

Edmonton 2 2 1 5 10 10
 Vancouver 2 3 1 5 14 20
 Calgary 2 3 0 4 13 15

Pacific Division

W	L	OT	Pts	GF	GA	
Dallas	5	1	0	10	16	13
Anaheim	4	1	0	8	11	9
Los Angeles	3	1	1	7	14	10
Phoenix	2	2	1	5	15	16
San Jose	1	3	0	2	10	11

NOTE: Two points for a win, one point for overtime loss.

Tuesday's Games
 Carolina 4, Boston 1
 Washington 3, Florida 0
 Dallas 3, Columbus 2
 Buffalo 3, Montreal 1
 Philadelphia 7, Ottawa 2
 Pittsburgh 4, Minnesota 2
 Calgary 2, Edmonton 1
 N.Y. Rangers 4, Vancouver 0
 Chicago 5, Phoenix 2
 Los Angeles 5, St. Louis 0

Wednesday's Games
 Toronto 4, Winnipeg 3, SO

Thursday's Games
 Toronto at Boston, late
 Washington at Philadelphia, late
 Montreal at Pittsburgh, late
 Winnipeg at Ottawa, late
 N.Y. Islanders at Tampa Bay, late
 Buffalo at Florida, late
 Chicago at Colorado, late
 N.Y. Rangers at Calgary, late
 Minnesota at Edmonton, late
 Nashville at Vancouver, late
 Los Angeles at Phoenix, late

Friday's Games
 San Jose at New Jersey, 7 p.m.
 Columbus at Detroit, 7:30 p.m.
 Carolina at St. Louis, 8 p.m.
 Dallas at Anaheim, 10 p.m.

Major League Soccer

EASTERN CONFERENCE

W	L	T	Pts	GF	GA	
x-Sporting KC	12	9	12	48	49	40
x-Philadelphia	11	7	15	48	44	35
Columbus	13	12	8	47	41	41
x-Houston	11	9	13	46	42	40
New York	9	8	16	43	49	44
Chicago	8	9	16	40	43	43
D.C.	9	12	12	39	49	51
Toronto FC	6	13	14	32	34	57
New England	5	16	12	27	36	56

WESTERN CONFERENCE

W	L	T	Pts	GF	GA	
y-Los Angeles	19	4	10	67	47	25
x-Seattle	17	7	9	60	53	36
x-Real Salt Lake	15	11	7	52	43	35
x-FC Dallas	15	11	7	52	40	35
x-Colorado	11	9	13	46	42	40
Portland	11	14	8	41	39	47
Chivas USA	8	13	12	36	40	40
San Jose	7	12	14	35	36	43
Vancouver	6	17	10	28	34	53

NOTE: Three points for victory, one point for tie.
 x- clinched playoff berth
 y- clinched conference

Wednesday's Games
 D.C. United 1, Portland 1, tie

Thursday's Games
 Philadelphia at New York, late

Saturday's Games
 New England at Toronto FC, 12:30 p.m.
 Colorado at Vancouver, 7 p.m.
 Sporting Kansas City at D.C. United, 7:30 p.m.
 Columbus at Chicago, 8:30 p.m.
 Portland at Real Salt Lake, 9 p.m.
 FC Dallas at San Jose, 10:30 p.m.
 Seattle FC at Chivas USA, 10:30 p.m.

Sunday's Games
 Los Angeles at Houston, 7 p.m.

Transactions

BASEBALL
American League
 NEW YORK YANKEES–Declined the option on LHP Damaso Marte, making him eligible for free agency.
National League
 NEW YORK METS–Announced the retirement of scout Harry Minor, effective Oct. 31.

Can-Am League
 BROCKTON ROX–Released LHP Brad Hertzler, INF Mike Torres, INF Phillip Cuadrado, INF Jeremy Hunt and RHP Jack Van Leur.
 ROCKLAND BOULDERS–Released RHP Justin Fry, RHP Casey Hodges, C Chase Weems, RHP Kent Worthington, RHP Jon Shepard, OF Ryde Rodriguez and LHP J. Brett Carroll.

FOOTBALL
National Football League
 CAROLINA PANTHERS–Placed OT Jeff Otah on injured reserve.
 MIAMI DOLPHINS–Signed S Gerald Alexander. Placed WR Roberto Wallace on injured reserve.
 NEW YORK JETS–Signed WR Eron Riley from Denver's practice squad.
 OAKLAND RAIDERS–Placed DE Matt Shaughnessy on injured reserve. Signed OL Zach Hurd to the practice squad.
 SEATTLE SEAHAWKS–Released RB Allen Bradford. Signed LB Heath Farwell.
 WASHINGTON REDSKINS–Signed G Maurice Hurt from the practice squad. Signed G John Malecki to the practice squad.

Canadian Football League
 CFL–Named Sara Moore vice president, marketing. Fined Edmonton LB Rod Davis an undisclosed amount for a helmet hit to Winnipeg QB Buck Pierce in an Oct. 15 game.

Arena Football League
 ARIZONA RATTLERS–Signed WR Maurice Purify.
 ORLANDO PREDATORS–Signed OL Terrance Carter.

COLLEGE
 NCAA–Reinstated Boise State sophomore DT Ricky Tjong-A-Tjoe after serving a six-game suspension for taking improper benefits worth \$13,600 before and after he enrolled at the university.
 MIAMI–Suspended senior DT Micanor Regis one game for punching North Carolina WR Dwight Jones in Oct. 15 game.

LOCAL SCHEDULE



TODAY: Football vs. Sarasota Booker, 7:30 p.m.
MONDAY: Volleyball at District Tournament, DeSoto, vs. Mulberry, 7 p.m.
TUESDAY: Volleyball at District Tournament, De Soto, vs. DeSoto, 7:30 p.m.



TODAY: Football at Clewiston, 7:30 p.m.
TUESDAY: Volleyball at District Tournament, DeSoto, vs. Frostproof, 5:30 p.m.



TODAY: Football vs. Winter Haven, Homecoming, 7 p.m.
MONDAY: Volleyball hosts District Tournament, Winter Haven vs. Kathleen, 7 p.m.
TUESDAY: Volleyball hosts District Tournament, Sebring vs. Lake Gibson, 7 p.m.
THURSDAY: Volleyball hosts District Tournament, Monday winner vs. Tuesday winner, 7 p.m.



TODAY: Volleyball at Lake Sumter Tournament, vs. Lake Sumter, Noon, vs. Palm Beach, 4 p.m.
SATURDAY: Volleyball at Lake Sumter Tournament, vs. Clearwater Christian, Noon, vs. St. Johns River, 4 p.m.

SPORTS SNAPSHOTS

Veterans Scramble

SEBRING – The Veterans Council of Highlands County is holding its' second annual Golf Scramble at Harder Hall Country Club on Saturday, Oct. 22 with a shotgun start at 8 a.m.
 Cost is \$55 per person, \$220 per four-some with a field limit of 144 golfers.
 Entry fee includes continental breakfast, golf and cart, lunch and prizes.
 There will also be a 50-ball putt-off prior to the Scramble at 7:30 a.m.
 Mulligans are available, and there will be a 50/50 drawing along with door prizes and a day of fun on the course.
 To register or become a hole sponsor, contact the Veterans Services office at 402-6623, or Harry Marsh, American Legion Post 74 at 655-1982.
 Platinum sponsorships are \$500, Gold are \$300, Silver are \$250 and Bronze are \$100.

Local golfers should find links active during the coming months with several tournaments scheduled.
 The Veterans Council Golf Tournament is scheduled for Saturday, Oct. 22, at Harder Hall.
 Proceeds from the 4-man team shotgun scramble, silent auction, and 50/50 will go to benefit the Veterans Assistance Fund.
 The Meals on Wheels Golf Tournament will be held on Saturday, Nov. 5, at Harder Hall.
 This tournament is usually sold out and its' proceeds assist in providing meals to the clients.
 On Sunday, Nov. 6, the Men's Golf Association of Sun 'n Lakes is sponsoring a golf tournament with proceeds to benefit the Veterans Assistance Fund.
 There will be an auction and several other fundraisers going on during this tournament.
 One field is sold out and another has been opened for this event.
 American Legion Post 25, Lake Placid, has slated May 8, 2012 in SpringLake for their annual Golf Tournament.
 If a Unit would like to help sponsor one or more of these events, please contact the sponsoring group.
 There is always a need for volunteers.
 Volunteers are needed at the registration table, the silent auction, raffle and watching for a "hole-in-one".

YMCA Youth Basketball

SEBRING – The Highlands County Family YMCA is currently signing up for our Youth Basketball Program for ages ranging from 4-14.
 The program is having an all boys age group, 12-14 years, and an all girls age group, 12-14 years, this year.
 Any questions call 382-9622

SEBRING – Head girls basketball coach Mike Lee will be running a basketball camp at Sebring High School for boys and girls from 2nd through 6th grade on Saturday, Nov 12, from 9 a.m.-Noon.
 The cost for the camp is \$10 and each camper will receive a Blue Streaks Basketball T-shirt.
 The camp is for boys and girls of all skill levels and experience.
 Registration forms can be picked up at Sebring High School or can be emailed.
 If you have any questions, please contact Coach Lee at 441-1221 or by email at leem@highlands.k12.fl.us.

Panther Hitting Camp

AVON PARK – The South Florida Community College Baseball program will be holding it's final Fall Hitting Camp Saturday, Oct. 29, for players aged 6-16.
 Registration will take place from 8-8:30 a.m., with hitting skill work to follow from 8:30-11:30 a.m.
 Cost is just \$25.
 Pre-register by calling 863-784-7036.
 Pre-register or sign-up Saturday morning.
 **This is the final clinic this fall. The Annual SFCF Christmas camp will be held in December.

Blue Streak Basketball Camp

Busy fall for local golfers

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By Jim McLean, owner, Jim McLean Golf School, author of the best-selling books "The Slot Swing" and "The 8-Step Swing," illustrated by Phil Franke

Senior Tip

Be Aggressive In A Rough Neighborhood

Here's a putting thought for end-of-the-season conditions and seniors who might already be a little too gentle with their putting stroke. It's also a good all-season approach if your local course is not in the best shape. Rugged green conditions are usually worst right around the hole, where most of the traffic is. That makes it tougher to sink putts by "dying" them into the hole. This is because a slow-rolling ball will be much more easily deflected off course by imperfections on the putting surface. So when you're attempting a short putt on rough greens, make a slightly firmer stroke than you would normally on a smooth green. To help you visualize the level of effort required, think of a putt speed that would go 12 to 18 inches past the hole if you missed. This more-aggressive speed is much more likely to stay on line. Also keep in mind that this faster-moving ball will not break as much as a softly hit putt.

Golf Hammock

Last Monday, Oct. 17, the Mezza Group played Individual Pro-Am Points at Golf Hammock Country Club.

Fred Lashaw scored a plus-8 and shot a 36 for first place in A group and Stan Griffis made plus-4 for second place.

In B group Joe Hyzny had a plus-3 for first place, Doug Haire had minus-1 for second place and in third place David Mulligan had a minus-3.

Sal Sbotto took first place with plus-3 in C group while Ed Northrup was even for second and Jack Shell in third place with minus-1.

Billy Ringo shot a plus-3 for first place in D group and Terry Yandle had plus-2 for second place.

Bob Colandrea took first place in E group with plus-4 while Pete Mezza made plus-3 for second place and Jerry Patterson made plus-2 for third place.

Next Monday, Oct. 24, the Mezza Group will play at Golf Hammock beginning at 7:45 a.m.

For more information, call 382-1280.

Lake June West

A mixed scramble was played Oct. 13.

Winning first place was the team of Ken Rowen, John and Shelly Byron and Margaret Schultz with 50; tying for second/third places were the teams of Frank Gallagher, Jeanne McGill, John and Gloria Huggett and Norma Colyer; Doyan Eades, Ott and Maxine Wegner and Don Boulton with 56 each.

Closest to the pin: (Ladies), No. 8, Joanne McGill, 7-feet-1-inch. (Men), No. 4, Doyan Eades, 9-feet-7-inches.

The men's association played a

Wednesday League event on Oct. 12.

Winning first place was the team of D. Colvin, M. Cappalletti, D. Boulton and J. Byron with 47; and second place, D. Eades, O. Wegner, J. Swartz and J. Ruffo with 48.

Closest to the pin: No. 8, D. Boulton, 19-foot-8-inches.

Placid Lakes

The Man's Association played a tournament on Wednesday, Oct. 19 and saw a tie for first place that was decided on a match of cards.

The -19 posted by the team of Bob McMillian, Russ Isaacs and Cody Coates wound up taking the win over the -19 of John Goble, Gene Ransom and David Raciti.

Ken Burnette, Marvin "Bud" Snyder and Howard Ticknor carded a -17 for third and Ed Bartusch, Frank Fisher, Jim Hays and Ray Deryckere had a -15 for fourth.

Bartusch had closest to the pin on the day, getting to 28-feet, 6-inches from No. 2.

River Greens

A Men's Pro-Am was played on Wednesday, Oct. 19 with Glenn Nelson, Don Ethan, Bob Streeter and Russ Rudd taking the round with +21

1/2.

Johnny Wehunt, Neil Purcell, Ken Koon and Cliff Steele were second with +14 for the team event.

Individually, Rudd won Flight A with +13, Koon took Flight B with +7 1/2, Purcell topped Flight C with +2 1/2 and Nelson lead D Flight with +5.

A Men's Day event was played on Saturday, Oct. 15.

Russ Rudd, Gil Heier and Don McDonald came in with a -18, which was matched by Al Farrell, Fred Evans, Neil Purcell and Keith Kincer.

Jim Cercy, Tim Thomas and Harold

Therrien, Donna Johnson, Helen Ochala and Jen Steven won with +3 and Betty Wallace, Pauline Bridge, Jackie Ethan and Karen Speaker were second at +1.

Individually, Johnson won the First Flight with +4, Bridge took the Second Flight with +3 and Pat Kincer topped the Third Flight with +2 1/2.

A Men's Pro-Am was played Wednesday, Oct. 12 with team and individual events.

Gary Riddle, Don Ethan, Don McDonald and Len Westdale won the team side with +16 1/2 and Gil Heier,

Plagens were next at -13.

Getting closest to the pin were Lefty St. Pierre at No. 3, Keith Kline at No. 5, Butch Smith at No. 12 and Purcell at No. 17.

A PM Scramble was played on Friday, Oct. 14 with Charlie Seralde, Chuck Bergman, Kevin Buck and Glenn Kutko winning with a 59.

The Morrison Group took to the course on Thursday, Oct. 13.

Remy Febre, Paul Johnson and Keith Kincer took first with a -31 while Kenneth Brunswick, Bob Streeter, Jim Cercy and Ken Koon were next with a -25.

A Ladies Pro-Am was played Thursday, Oct. 13.

On the team side of the event, Linda Therrien, Donna Johnson, Helen Ochala and Jen Steven won with +3 and Betty Wallace, Pauline Bridge, Jackie Ethan and Karen Speaker were second at +1.

Individually, Johnson won the First Flight with +4, Bridge took the Second Flight with +3 and Pat Kincer topped the Third Flight with +2 1/2.

A Men's Pro-Am was played Wednesday, Oct. 12 with team and individual events.

Gary Riddle, Don Ethan, Don McDonald and Len Westdale won the team side with +16 1/2 and Gil Heier,

Neil Purcell, Harold Kline and Romy Febre were second at +13 1/2.

On the individual side, Febre won Flight A with +5, McDonald lead Flight B with +6 1/2 and Gary Riddle took C Flight with +6.

The Golfettes played a round and counted putts on Tuesday, Oct. 11.

Pat Kincer had low putts with 30, followed by Peggy Wehunt and Sally Dworack at 31 apiece and Peggy Nicholson and Babe McDonald at 33 each.

The Morrison Group played an even on Tuesday, Oct. 11 and saw Lefty St. Pierre and Bob Stevens coming in with a 57, which was matched by Romy Febre and Joe Graf.

Butch Smith and Russ Rudd were one behind at 58.

The Morrison Group hit the course on Monday, Oct. 10.

Bob Stevens, Bob Streeter, J.R. Messier and Jim Cercy topped the day's event with a -44.

Tying for second, with a -34, were the teams of Keith Kincer, Cecil Lemons and Larry Roy and Butch Smith, Lefty St. Pierre, Cliff Steele and Gil Heier.

A Men's Day event was played on Saturday, Oct. 8, consisting of two-man teams and counting low net.

Three teams came in with identical 62s, with Lefty St. Pierre and Ken Koon being matched by the duo of Jim Cercy and Cliff Steele as well as Johnny Wehunt and J.R. Messier.

Getting closest to the pin were Kenny Brunswick, 3-feet, 1-inch from No. 3; Kincer, 12-feet from No. 5; St. Pierre, 3-feet from No. 12 and Lemons, 6-feet, 5-inches from No. 17.

Peter March, however, was closest of all and couldn't get any closer as he shot a hole in one on No. 9.

Eagles close regular season on Homecoming Saturday

Continued from 1B

down in an upsetting 33-6 loss, to bring the Pee Wee Eagles record to 5-4.

Following the Pee Wee game, the Junior Varsity team, ages 12 and 13 and managed by head coach Cliff Howell took the field with the Titans

The game started off with the Titans scoring on the first drive to take an early lead, 7-0.

The Eagles offense, lead by quarterback Sammy Smith, drove down the field in their first possession but was unable to find the red zone. The dominating Eagles defense, lead by Akem JnPierre, quickly showed the Titans what they were made of.

In the second quarter, the Eagles offense drove and Smith scored the touchdown but was not successful in obtaining the extra point.

The defense stood strong with key tackles made by Rafael Smith, Anthony Healy, Timothy Jordon, Davonya "Cricket" Hunter and Jalen Williams to take this game into halftime 7-6.

This was a defense battle of the Talons and Titans.

Going into the fourth quarter, the Titans were ahead 13-6 when the Eagles offense made several strides with Jalen Williams and Akem JnPierre making key yardage to get them into the red zone.

Williams then scored the touchdown to bring the score 13-12.

The Eagles were not successful in making the extra point, but in the kickoff recovered the ball and began



Eagles JV player Sammy Smith runs the ball during Saturday's game against the Polk County Titans.

Courtesy photo

driving down the field again. Time was running out and the Eagles were on the Titan 20-yard line.

Quarterback DJ Taylor threw a long pass but it was intercepted by the Titans as time ran out.

This ended the JVs four-game win streak and moved them to 6-3 on the season.

The last game of the day was the Varsity team, ages 13, 14 and 15 and lead by head coach John Bishop.

The Eagles took the field with an undefeated Titans team focused and ready for some football after last week's loss.

The Eagles offense came with Cole Kilgo leading the team, but struggled to get his team down the field.

The Titans quickly took

control of this game.

Key runs were made by Malik Taylor and Lane Hammond, with an interception made by Colton Williams, but the Eagles strides were unsuccessful.

The result was a disappointing loss, with a final score of 47-0, bringing their record to 4-5.

HYF would like to spotlight the Eagle Cheerleaders and say "Thank You".

The Cheerleaders never failed the players; they kept cheering and boosting team spirit on the sidelines.

All in all it was a hard-fought day of football.

The Eagles players and coaches faced many challenges during the game and HYF is proud that the Eagle players and fans showed

good sportsmanship and played a clean game of football.

The results of Saturday's game surely were not what were hoped for, but with every game, a new lesson is learned that makes the teams stronger and better prepared for the next game.

The Highlands Eagles will be hosting their Homecoming Game as the final game of the regular season at Avon Park High School to play the Lakeland Destroyers on Saturday, Oct. 22.

Games will begin at 9 a.m. and admission is \$4 for adults, \$3 for children.

Come on out to support the Highlands Youth Football and Cheer program.

NFL is the model

Continued from 1B

these are "smaller market" teams without much of a national rooting interest.

Last time I looked, which was just a few minutes ago, the Dallas metro area is the fourth largest in the country, at 6.3 million.

OK, so St. Louis is 18th, at 2.8 million, but the Cardinals are a storied franchise with deep roots among fans throughout the Midwest.

As much as the Cub fan in me hates writing those words, they are true.

And yet, it seems the ratings are down. But I wonder, is it lack of interest, or are we in an age that when the experts tell us the ratings will be low, we oblige?

Probably more the former, but I worry that the latter holds some water.

But things are moving right along in the behemoth of the bunch, the **National Football League**.

Sure, Peyton Manning is hurt, but Aaron Rodgers has stepped up to the helm of, perhaps, the top quarterback in the league.

After decades of obscurity,

here come the Detroit Lions roaring back to competitive life.

This was, of course, before an upstart 49er squad bounced them last week and nearly saw a free-for-all between the head coaches.

Jets fans are riddled with angst, Giants fans are getting red in the face and Cowboy Nation is either adoring or wanting to hog-tie Tony Romo, depending on the week.

Excitement, surprises, young teams on the rise in Buffalo and Tampa, the coming back to the pack of some of the regular contenders.

Granted, the once-a-week pace of the league is a built in excitement factor.

But it's the system that allows teams to turn it around quickly, to jump up from one season to the next, that really creates the anticipation from week to week, from season to season.

It's a system model that the NBA owners want.

Just something to consider.

Dan Hoehne is the Sports Editor for the News-Sun. He can be reached at daniel.hoehne@news-sun.com.

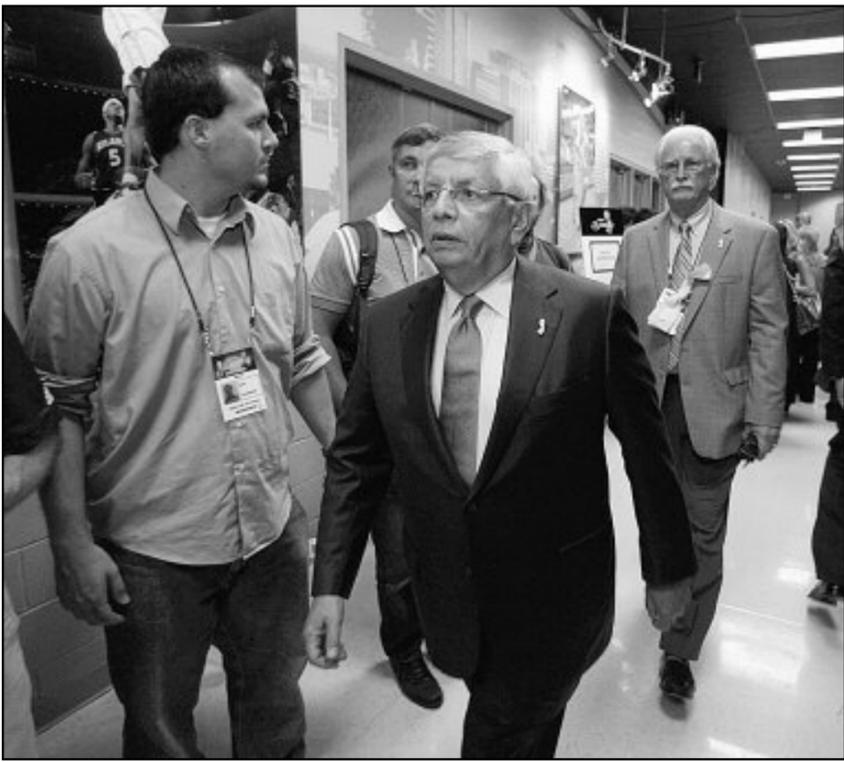


MCT photo

Lions head coach Jim Schwartz gets along with Lovie Smith of the Bears just fine. It's Jim Harbaugh he has a problem with.

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MCT photo

Whether he's shuffling between meetings or cancelling games of the regular season, David Stern is keeping busy during the NBA labor negotiations.

NBA owners, players plan 3rd straight day of talks

By BRIAN MAHONEY

Associated Press

NEW YORK — After another long day of negotiations, NBA players and owners left with nothing more than plans for another meeting.

That's not what Commissioner David Stern had in mind, but it's better than the game cancellations that could have come if talks had fallen through.

Both sides seemed to have plenty to say.

An eight-hour meeting Wednesday brought the talk total to 24 hours over two days, and federal mediator George Cohen said bargaining would resume Thursday afternoon.

"Everyone is extremely focused on the core issues, the difficult issues that confront them," Cohen said.

Talks broke for the night so owners could have separate meetings at another hotel.

Stern left negotiations after seven hours to join the owners for a presentation on revenue sharing.

The sides have been divided over two main issues — the division of revenues and the structure of the salary cap system.

League officials originally said they wouldn't be available for talks Wednesday or Thursday because of board meetings.

Stern wanted to bring a deal to them, at one point saying that if an agreement wasn't reached by Tuesday, Christmas games could be canceled.

Instead, the talks contin-

ue.

Owners will meet with players again Thursday after their board meeting, the first time during the 111-day lockout they will have bargained for three consecutive days.

"The discussions have been direct and constructive, and as far as we are concerned, we are here to continue to help assist the parties to endeavor to reach an agreement," Cohen said.

Cohen said players and owners met in a variety of settings during mediation, sometimes in subcommittees, other times in groups as large as 40 people.

Flanked by deputy mediator Scot Beckenbaugh, Cohen made his statement to reporters and did not take questions.

Neither side commented, honoring Cohen's request that the sides keep mum.

Without a deal this week, Stern might have to decide when a next round of cancellations would be necessary.

The season was supposed to begin Nov. 1, but all games through Nov. 14 — 100 in total — have been scrapped, costing players about \$170 million in salaries.

Talks resumed Wednesday morning, just eight hours after a 16-hour session.

And they continued even after Stern left with Celtics owner Wyc Grousbeck, the planning committee chairman, and NBA president of league and basketball operations Joel Litvin.

Stern has said owners will have an expanded revenue sharing package among teams once the collective bargaining agreement has been completed.

The union has pushed for it to be part of the CBA discussions, believing better sharing among teams would help owners address what they said was \$300 million in losses last season.

But Stern said recently he is confident players would approve the owners' new system.

Players believe owners' attempts to make the luxury tax more punitive and limit the use of spending exceptions will effectively create a hard salary cap, which they say they will refuse to accept.

Also, each side has formally proposed receiving 53 percent of basketball-related income after players were guaranteed 57 percent under the previous CBA.

They talked about a 50-50 split, but players rejected it and the league has said it won't go beyond that number.

Unable to make any real headway in recent weeks on either item, both sides welcomed the presence of Cohen, who also spent 16 days trying to resolve the NFL's labor dispute in February and March.

Their first day together produced a bargaining session that was more than twice as long as any previous one since owners locked out players when the old CBA expired June 30.

SEC teams shuffling QBs with mixed results

By BETH RUCKER

Associated Press

KNOXVILLE, Tenn. — SEC teams are getting pretty good at the quarterback shuffle, rotating between starting QBs because of injuries, suspensions and poor performances.

Ten of the 12 teams in the Southeastern Conference have relied on two or more quarterbacks to get through the first half of this season — with mixed results.

LSU has successfully played musical quarterbacks while strengthening its hold on the No. 1 ranking.

Nonetheless, Vanderbilt coach James Franklin said it's not an ideal situation.

"I think at the quarterback position you'd always like to get to the point where you just have one guy play," said Franklin, who has used senior Larry Smith and junior Jordan Rodgers in every game this season because of inefficient play.

Arkansas' Bobby Petrino agrees.

The 10th-ranked Razorbacks and No. 24 Georgia have been able to stick with one quarterback.

The Bulldogs have played their way into a tie for first place in the East Division thanks to consistent play from Aaron Murray and Arkansas finds itself at 5-1 largely because of the efficient passing of Tyler Wilson.

"It's always great to be able to play with the same guy and have the continuity and the ability to improve and get better," Petrino said.

But most SEC coaches haven't had that luxury for various reasons.

— QB injuries:

Florida lost three straight games and dropped out of the AP poll after senior John Brantley sprained his right ankle.

Coach Will Muschamp has used a combination of freshmen backups Jacoby Brissett and Jeff Driskel — who also was sidelined for a game by an ankle injury — and wild-cat packages with running back Chris Rainey and tight end Trey Burton to manage the load at quarterback.

Brissett played one half in Saturday's loss at Auburn, Driskel played the second half, and the Gators finished with just 194 yards of offense, the program's second lowest total since 1988.

Brantley is off his crutches and into a walking boot, and Florida hopes to have him back after its bye week for an Oct. 29 meeting with Georgia.

Tennessee lost sophomore Tyler Bray, who was leading the SEC in passing yards when he broke the thumb on his passing hand Oct. 8.

Senior Matt Simms, expected to start the next five games for the Vols, was 6 of 20 for 128 yards and two interceptions in a loss to LSU last week.



MCT file photo

Florida has struggled since QB Jeff Brantley injured his ankle, but the Gators are just one of a slew of SEC teams dealing with quarterback changes.

"We need better play out of us to compete against some good teams, and really that is to compete against anybody," Tennessee coach Derek Dooley said. "If you can't get good quarterback play you aren't going to beat anybody. You know there are a lot of examples out there on that."

— QB ineffectiveness:

Auburn coach Gene Chizik is replacing junior Barrett Trotter with sophomore Clint Moseley for Saturday's meeting with LSU.

Trotter was benched in the second half of the Tigers' 17-6 win against Florida.

He was 20 of 50 for 226 yards, three interceptions and two touchdowns over the course of two and a half games.

Moseley is 4 of 9 in his career with the Tigers, who currently rank 106th nationally in passing.

"We've been struggling offensively the last couple of weeks. I don't feel like that's a secret," Chizik said. "We need a spark there. I feel like in the second half of the Florida game, Clint came in and gave us somewhat of a spark when we needed it. I think he's earned the right for the opportunity to start."

Alabama coach Nick Saban tagged sophomore A.J. McCarron and freshman Phillip Sims as co-starters for three games before McCarron grew into the kind of efficient game manager Saban was looking for, earning him the top job.

McCarron has thrown 151 consecutive passes without an interception.

Mississippi ranks 109th in the nation in passing and is on its third starting quarterback, with junior Randall Mackey having started the past two games after Zack Stoudt and Barry Brunetti were ineffective in their four combined starts.

Mississippi State expected senior Chris Relf to be among the SEC's top quarterbacks this season, but Relf

was replaced last week after 19 straight starts by sophomore Tyler Russell.

The Rebels and Bulldogs are a combined 0-7 in conference games.

— QBs in trouble:

South Carolina coach Steve Spurrier had already benched senior Stephen Garcia for poor play, when he learned the fifth-year senior would be dismissed for failing an alcohol test.

Sophomore Connor Shaw threw for 311 yards and four touchdowns against a struggling Kentucky team but followed that up with 155 yards passing and one touchdown in last week's 14-12 victory over Mississippi State.

LSU's Jordan Jefferson missed the first four games of the season while police investigated his involvement in a bar fight.

Fellow senior Jarrett Lee had guided the Tigers to the top of the poll during his absence, and Jefferson returned to the team after his felony second-degree battery charge was reduced to a misdemeanor.

Coach Les Miles doesn't see his two-headed attack as a problem; he's the only coach happy with his two-quarterback arrangement.

Miles used Lee on 41 snaps in a 38-7 victory against Tennessee and Jefferson for 28.

Miles likes Lee's passing abilities and game management skills and Jefferson's running abilities.

"The diversity of attack with the two quarterbacks is what we want," Miles said. "It gives defensive coordinators something to prepare for. I know we're very fortunate to have two veteran starters who understand how to play when the game's tight. We enjoy our quarterback situation at this point."

AP Sports Writers Teresa M. Walker, Kurt Voigt, John Zenor, Mark Long, David Brandt and Brett Martel contributed to this story.

Sebring set to host Districts

Continued from 1B

ice error and a hitting error, and suddenly we were down 6-1," she continued. "I think we were still there physically, but at that point we may have mentally let down. But I have no complaints, the girls played well and there's

no reason to hang our heads."

Sebring closed out the regular season Thursday night as they faced Hardee on Senior Night.

The team then gets set to host the District 9-6A Tournament beginning Monday.

Winter Haven and Kathleen square off Monday night, with the Lady Streaks facing Lake Gibson Tuesday night, with the winner of each match meeting in the title game Thursday.

All matches start at 7 p.m. each night.

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COMMUNITY CALENDAR

The Community Calendar provides a brief listing of local clubs and organizations who meet on a regular basis. It is the responsibility of the group to update the *News-Sun* on any changes in this listing by calling 385-6155, ext. 516; send any changes by e-mail to editor@news-sun.com; or mail them to *News-Sun* Community Calendar, 2227 U.S. 27 South, Sebring, FL 33870.

FRIDAY

■ **Alcoholics Anonymous** One Day At A Time group meets for a closed discussion at 9:30 a.m. Monday and Friday at Covenant Presbyterian Church, 4500 Sun 'N Lakes Blvd., Sebring. For details, call 314-0891.

■ **American Legion Post 25** hosts a fish fry from 5-7 p.m. at the post, 1490 U.S. 27, Lake Placid. Cost is \$6. Shrimp also is available for same price. Open to the public. Tickets in the lounge on Friday night. Lounge hours are from 11 a.m. to 9 p.m. For details, call 465-7940.

■ **American Legion Post 74** has karaoke from 7 p.m. until final call at the post, 528 N. Pine St., Sebring. Post open at noon. Happy Hour from 4-6 p.m. Members and guests only. For details, call 471-1448.

■ **Avon Park Breakfast Rotary Club** meets 7 a.m., Rotary Club building.

■ **Bridge Club of Sebring** (American Contract Bridge Club) plays duplicate games at 12:30 p.m. at 347 Fernleaf Ave., Sebring. For details, call 385-8118.

■ **Buttonwood Bay Squares** meets first and third Friday in recreation hall, Sebring. Early rounds are from 7-7:30 p.m., alternate mainstream/plus/rounds are from 7:30-9:30 p.m. Everyone is welcome to attend. For details, call Larry Gow at 382-6995.

■ **Harmony Hoedowners Square Dance Club** offers a class in Lake Placid at the Sunshine RV Resort from 9-11 a.m. Friday. For more information, call Sam Dunn at 382-6792 or e-mail him at samdunn@samdunn.net.

■ **Highlands Social Dance Club** hosts ballroom dancing every Friday, October through March from 7-9:30 p.m. at the Senior Center on Sebring Parkway. Dance the night away to the music of the area's Big Bands. All club dances are open to the public. Appropriate dress required. Admission is \$5 for non-members and \$7 for members. Call 385-6671.

■ **Lake Placid Elks Lodge 2661** has lounge hours beginning at 1 p.m. There is a fish fry from 5-7 p.m. Cost is \$8.50 per person. The lodge is open to members and their guests. For details, call 465-2661.

■ **Lake Placid Moose** serves wings, fish and burgers at 6 p.m. Music provided from 7-11 p.m. Pool tournament is at 8 p.m. Open to members and qualified guests only.

■ **Loyal Order of Moose**, Highlands County Lodge No. 2494, 1318 W Bell St., Avon Park. Karaoke from 7-10 p.m. Lodge phone number 452-0579.

■ **Narcotics Anonymous New Day Group** meets at 6 p.m. at First Presbyterian Church, 319 Poinsettia Ave, Sebring. For information call Heartland area helpline (863) 683-0630. More information on other meetings and events at www.nafheartland.org.

■ **Sebring Bridge Club** has Bridge, ACBL Duplicate at the clubhouse, 347 N. Fernleaf, Sebring at 12:30 Fridays. For details or info on lessons, call 385-8118.

■ **Sebring Eagles Club 4240** serves chicken or fish baskets from 5-7 p.m. at the club, 12921 U.S. 98, Sebring, for a \$4 donation. Blind darts is played at 7 p.m. For details, call 655-

4007.

■ **Sebring Elks Lodge 1529** serving buffet dinner at 5-7 p.m. Elks and guests invited. Dance music in ballroom at 6:30 p.m. Dinner and dance is \$10 donation. For reservations, call 385-8647 or 471-3557. Smoke-free environment. Lounge is open from 1-10 p.m.

■ **Sebring Moose Lodge 2259** serves beef franks and Italian sausages served from 1 p.m. to closing at 11675 U.S. 98, Sebring. For details, call 655-3920.

■ **Sebring Recreation Club** plays bridge at 12:30 p.m. and table tennis at 4 p.m. at 333 Pomegranate Ave. For details, call 385-2966 or leave a name, number and message.

■ **Veterans of Foreign Wars Post 3880**, 1224 County Road 621 E., Lake Placid. Texas Hold 'em lessons, 2 p.m. For more details, call 699-5444.

■ **Veterans of Foreign Wars Post 4300** serves pizza from 5:30-7 p.m. and music is from 6-9 p.m. at the post, 2011 SE Lakeview Drive, Sebring. For details, call 385-8902.

■ **Volunteers of America of Florida** is a nonprofit organization in Sebring that specializes in assisting person's with mental illness. We are pleased to announce our Drop in Center is open to individuals with a mental illness 6 days a week from 11am to 3 pm. The center offers a welcoming environment where individuals are accepted and feel comfortable. For more information please contact Wendy at 863-382-2022.

SATURDAY

■ **American Legion Post 25** serves sirloin burgers from 11:30 a.m. to 1:30 p.m. at the post, 1490 U.S. 27, Lake Placid. Jam session is from 2-4 p.m. The lounge hours are 11 a.m. to 9 p.m. Members and guests invited. For details, call 465-7940.

■ **American Legion Post 69** in Avon Park serves dinner at 5 p.m. and music is from 6-9 p.m.

■ **American Legion Post 74** open noon to 8 p.m. Hot dogs served. Happy Hour 4-6 p.m. Call 471-1448.

■ **Avon Park Public Library** has a free Adult Film Series at noon. For details, call 452-3803.

■ **Citrus Ridge Decorative Artists** is a chapter of the Society of Decorative Painters. The chapter meets the fourth Saturday of the month at Waters Edge of Lake Wales, 10 Grove Ave. West in Lake Wales. Doors open at 9 a.m. and meeting begins at 10 a.m. Bring a bagged lunch with painting to follow. Guests are welcome to come and join the fun, meet the members and fellowship with the chapter. Call Vickie Alley, Frotproof area at (863) 632-1472, or Judy Nicewicz, Highlands County area at 273-1339.

■ **Heartland Horses & Handicapped Inc.** provides free assisted riding sessions for adults and children with special needs from 9-11 a.m. Wednesday, Thursday and Saturday at 118 W. College Drive, Avon Park. For details or to volunteer, call Mary McClelland, coordinator, 452-0006.

■ **Highlands County Democratic Women's Club** typically meets the fourth Saturday of each month unless there is a DWC event planned. Call 214-4680 to confirm the next meeting date. Meetings are from 9-11:30 a.m. at Democratic Headquarters, 4216 Sebring Parkway (beside Ruby Tuesdays). The morning includes a continental breakfast, a speaker, a political action discussion and the regular business meeting. Like-minded guests are welcome.

■ **Highlands County Housing Authority** meets 7

p.m., 3909 Kenilworth Blvd., Sebring.

■ **Highlands Shrine Club**, 2606 State Road 17 South, Avon Park (between Avon Park and Sebring) has a flea market from 8 a.m. to 2 p.m., country store open from 8 a.m. to noon and pancake breakfast served from 7:30 a.m. to 10:30 a.m. Vendors are welcome. No setup fee is charged for the summer months. Plenty of off road parking. For details, call 382-2208.

■ **Lake Placid Art League** has a class in Pastels/Acrylics taught by Llewellyn Rinald from 9 a.m. to noon at the Cultural Center, 127 Dal Hall Blvd. For information call Dan Daszek at 465-7730.

■ **Lake Placid Elks Lodge 2661** opens the lounge at 1 p.m. Card games are played at 1 p.m., and Bar Bingo is at 1:30 p.m. The lodge is open to members and their guests. For details, call 465-2661.

■ **Narcotics Anonymous New Day Group** meets at 7 p.m. at First Presbyterian Church, 319 Poinsettia Ave, Sebring. For information call Heartland area helpline (863) 683-0630. More information on other meetings and events at www.nafheartland.org.

■ **Overeaters Anonymous** meets at 10:30 a.m. at First Presbyterian Church, Oak Street, Lake Placid. For more details, call 382-1821.

■ **Sebring Eagles Club 4240** serves dinner from 5-7 p.m. at the club, 12921 U.S. 98, Sebring. Music is from 7-10 p.m. Call 655-4007.

■ **Veterans of Foreign Wars Post 3800** serves breakfast from 8-11 a.m. and horse raicing at 5:30 p.m. every second and fourth Saturday at the post, 1224 County Road 621 East, Lake Placid. For more details, call 699-5444.

■ **Veterans of Foreign Wars Post 4300** serves a meal for \$6 from 5:30-7 p.m. and music is from 6-9 p.m. at the post, 2011 SE Lakeview Drive, Sebring. For details, call 385-8902.

RELIGION

Operation Christmas Child under way

SEBRING — Operation Christmas Child has come to First Baptist Church. The goal is 400 shoe boxes. Anyone wishing to participate can donate toys and supplies to put in boxes. Fill a shoe box and the church young people will wrap it, or bring a shoe box filled and wrapped (top wrapped separately).

A list of suggested items and labels for the boxes are available at the church office on Pine Street, or call the office for more information at 385-5154.

The Wine Family Singers coming to Leisure Lakes

LAKE PLACID — The Wine Family Singers will be ministering in music and song this Sunday at the 11 a.m. service at the Leisure Lakes Baptist Church of Lake Placid.

The Wine Family, from Lake Wales, has been delighting churches all over Highlands County with uplifting old fashioned songs of praise and faith. Their country gospel style is enjoyed by all ages.

Following the morning performance, all are invited to stay for dinner on the grounds in the church fellowship hall.

The church is located at the western end of Lake June. From U.S. 27, take Lake June Road to Miller, turning north on Wildflower. Call 699-0671.

Trunk or Treat?

SEBRING — The Life Youth Group of First Assembly of God, 4301 Kenilworth Blvd., is hosting a "Trunk or Treat?" celebration for Halloween

from 5:30-7:30 p.m., Saturday, Oct. 29.

Adults and children alike are welcomed to enjoy the free treats and wiener roast with hot dogs and chips, chili and drinks. Roast your own hot dog and marshmallow. Music and entertainment will also be provided. Call 385-6431.

TROW coming to Southridge

SEBRING — The Sunridge Baptist Church announces "T.R.O.W." Community Outreach, on Saturday, Oct. 29, from 6-9 p.m.

"T.R.O.W." stands for "Through the Roof and Out the Window" because four men in the New Testament brought a sick friend for Jesus to heal. However, the only way they could get him to Jesus was by tearing a hole in (through) "the roof" of the house where Jesus was and letting him down on a mat in front of Jesus.

In addition, the Christian English-Hispanic radio station, WVDV, will be holding a Share-A-Thon Oct. 27-29, so music will be "out the window." This event is planned for children, along with their parents, to come by to get Halloween candy, meet church people and enjoy refreshments and music. It will be a fun time for all ages and an opportunity to get acquainted with our neighbors in the community.

Sunridge Baptist Church is at 3704 Valerie Blvd. directly across U.S. 27 from Florida Hospital, Heartland Division. The Christian English-Hispanic radio station, WVDV, is located across the side street from the church building. Call 382-3695.

Harvest Home Craft Festival date set

SEBRING — On Saturday, Nov. 5, Emmanuel United Church of Christ, 3115 Hope St., will hold its 21st annual Harvest Home Craft Festival from 8 a.m. to 1 p.m.

Artists, crafters, collectors, decorators, knitters, sewers, bakers, confectioners, cooks, musicians and entertainers have planned another five hours of fun-filled festivities for young and old alike. Raffle items include original art works and designer jewelry.

A silent auction will offer many unique gifts and services. Booths are being set up for home decor, kitchen items, holiday decorations, vintage jewelry, baked goods, candies, jams, jellies, soups and noodles. Coffee and doughnuts will be available for early birds. At 10 a.m., Cafe Emmanuel will begin serving its famous homemade chicken noodle soup with pie for dessert, accompanied by piano favorites.

The church is located 1.8 miles west of U.S. 27 on Hammock Road. Ample parking provided. Call 471-1999.

High Tea planned

SEBRING — Temple Israel of Highlands invites the public to enjoy an English High Tea being hosted at the synagogue on Sunday, Nov. 6, from 3-5 p.m. You are invited to sample a variety of tea sandwiches, sweet treats, scones, etc. and two types of tea, all for a donation of \$8 per person.

Call 383-7744 for information or reservations.

The synagogue is located at 1305 Temple Israel Drive in Sebring.

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RELIGION

Atonement Lutheran Church, ELCA

SEBRING — This 19th Sunday after Pentecost celebration with Holy Eucharist will be led by the Rev. Jefferson Cox.

Lector/Assistant is Ron Fitzpatrick.

Bible reading and discussion every Thursday with leaders Sharon Palmer and Barbara Donovan. Members and non-members of the church are welcome to come and learn more about God as we read His book. Coffee provided.

On Sunday, there will be a carpool to Grace Lutheran Church for the ELCA Lake Conference meeting. Please call Ron Fitzpatrick at 382-6343 to sign up and for more information.

On Oct. 30, Reformation Sunday, the church will be accepting new members.

The church is accepting "donations and non-perishable foods" to be distributed to local food banks in lieu of Thanksgiving Meal served at the church this year. In these hard economic times, more people are in need of basic food essentials throughout the month; thus, causing a food shortage at the food banks.

Avon Park Church of Christ

AVON PARK — "What We All Need" (Acts 4:12) will be the Sunday morning message presented by Larry Roberts. The Lord's Supper is served every Sunday.

Avon Park Church of Christ is at 200 S. Forest Ave. Call 453-4692.

Christ Lutheran Church LCMS

AVON PARK — This Sunday, Pastor Scott McLean will be preaching a sermon entitled "Oh, My! It's YOU!"

The church is at 1320 C.R. 64, east the Avon Park High School. Call 471-2663 or visit www.christlutheranavonpark.org/. This is an LCMS congregation.

Christian Science Church

SEBRING — The lesson sermon on Sunday morning is titled "Probation After Death." The keynote is from Hebrews 12:1, "... let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us."

The church is at 146 N. Franklin St.

Christian Training Church

SEBRING — Rev. Linda M. Downing will bring the message titled "Pause Before Third Woe: Part 2" at the Sunday morning service. The Wednesday night Bible study will continue the book of Hebrews.

Eastside Christian Church

LAKE PLACID — Wednesday evening's our mid-week Bible study and discussion time is an informal setting with open discussion.

Communion is offered weekly. The Agape Cafe is open for coffee and snacks between Sunday school and worship services.

Eastside Christian Church is at 101 Peace Avenue in Lake Placid, two miles east of U.S. 27 on C.R. 621. Call 465-7065.

Emmanuel United Church of Christ

SEBRING — The Rev. Tracy Miller will deliver the

CHURCH NEWS

Sunday morning sermon, "The Chicken and the Egg," with Scripture taken from John 3:13-23.

The church is 1.7 miles west of U.S. 27 on County Road 634 (Hammock Road). Call 471-1999 or visit www.sebringemmanuelucc.com/.

Faith Lutheran Church

SEBRING — Pastor Gary Kindle's will be delivering his sermon entitled "Do Not" from Leviticus 19:1-2, 15-18 on Sunday.

The Heartland Circuit Reformation Service will be held at Faith on Oct. 30 at 4 p.m. Praise teams from the different churches of the Heartland Circuit will begin singing at 3:30 p.m. with a communion worship service beginning at 4 p.m.

There will be supper served after the service that will consist of brats, German potato salad, sauerkraut, drink, and desert. The cost for the meal will be \$5.

Please call the church Monday to Thursday from 9 a.m. to 2 p.m. at 385-7848 or email faithlutheransebring@embarq.com or contact the church on Facebook to give organizers an idea of how many people may be joining fellowship after the service.

The church will again be hosting a free Thanksgiving dinner on Thanksgiving Day. This meal is for those of any age group, singles, couples and families, that were alone or in need. Meals can also be delivered to shut-ins. No monetary donations will be accepted on Thanksgiving Day from those who are eating. This is not a fundraiser.

There is only one requirement to qualify for the church dinner — call the church and let them know how many will be attending or how many meals you will need delivered. Dinner will be served from noon until 3 p.m.

First Baptist Church of Avon Park

AVON PARK — The Rev. Jon Beck will be speaking at the morning service and the evening service.

Wednesday services include prayer meeting/Bible study as well as children and youth activities.

Spanish Church, led by the Rev. Jonathan Soltero, meets Sunday and Wednesday.

The church is at 100 N. Lake Ave. For more information, call 453-6681 or e-mail info@fbcap.net/.

First Baptist Church of Placid Lakes

LAKE PLACID — On Sunday, Pastor Darryl George will preach the sermon entitled "The Lamps' Revealing Power!" with regards to Luke 8:16-18.

The church is at the corner of Washington and Kemper Avenues in Placid Lakes. For more information, call 465-5126 from 8 a.m. to noon, Monday through Thursday or email the church at placid-lakes@hotmail.com/.

First Christian Church of Avon Park

AVON PARK — "Velcro Church, Part 2" is the sermon Pastor Greg, in which he will encourage the church to live according to Hebrews 10:23-25: "Let us hold unwaveringly to the hope we profess, for he who promised is faithful. And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some

are in the habit of doing, but encouraging one another and all the more as you see the Day approaching."

The annual Fall Festival will be Sunday, Oct. 30 at 4 p.m. This Fall Festival will be a time of games, fun and fellowship.

First Christian Church of Avon Park is at 1016 W. Camphor St. (behind the Wachovia Bank). Call 453-5334 or email firstchristianap@embarqmail.com with any questions or to request information. The church website is www.firstchristianap.com/.

First Christian Church (Disciples of Christ)

SEBRING — At the Lord's Table this Sunday morning will be Walter and Anna Coley. Communion will be served by Catherine Baker, Sandra Laufer, Mike and Carol Graves.

Jayne Weldy will be the greeter this Sunday. Serving as acolyte for the month of October is Daniel Thibodeau.

Noel and Juanita Roberts will be working with Children's Church the whole month of October.

Pastor Ron's sermon is titled "The Widow's Oil" taken from II Kings 4:1-7.

The church is at 510 Poinsettia Ave. Call 385-0352 for more information.

First Presbyterian Church of Avon Park

AVON PARK — On Sunday morning, Pastor Bob Johnson's sermon is entitled "Proper Judgment" based on I Corinthians 5:1-13.

Special music will be Bev Rudd singing "More About Jesus."

Sunday school is available for all ages. The adult Sunday school class is continuing the study of David in II Samuel 16 in which Absalom enters Jerusalem. Wendy Garcia is teaching the youth class and their lessons discuss how the Bible applies to life today.

On Wednesday, Bible study, entitled "The Basics of the Faith," will be led by Pastor Bob Johnson.

The church is at 215 E. Circle Street (with two entrances on Lagrande Street). Call the church office at 453-3242.

First Presbyterian Church of Sebring

SEBRING — "What Kind of Freedom?" will be the title of Sunday morning's sermon given by the Rev. Darrell A. Peer.

Wednesday, the Jubilee Birthday Covered Dish Supper will be at 6:30 p.m. in fellowship hall. Bring a favorite dish to share. Beverages and dessert will be provided.

Grace Pointe Church

SEBRING — Grace Pointe Church is at 200 Lark Ave. in the Sebring Hill Association Clubhouse.

Tuesday's home Bible study is on "The Future Revealed, Here Comes the King" in Revelation 20. For the kids, there will be Bible study and crafts.

Sunday, Pastor Ron Zimmer continues the river renewal sermon series "Making the Wilderness a Pasture." What can we do when we find ourselves in the wilderness? Is it possible to find nourishment and shelter in the wilderness? Is the Shepherd there?

At 6 p.m., the Women of Grace celebrate Leaves of Gold. All ladies are invited to an evening of fellowship, fun and worship. Call 385-1671 for information.

Continued on page 8B

RELIGION NEWS GUIDELINES: The *News-Sun* publishes religion news on Fridays.

The submission deadline is 5 p.m. Monday to be considered for publication in the following Friday's paper.

Submit items to the *News-Sun's* from 8 a.m. to 5 p.m. weekdays; fax to 385-2453; send e-mail to editor@newssun.com; or mail to Lifestyle Editor, *News-Sun*, 2227 U.S. 27 South, Sebring, FL 33870. For information, call 385-6155, ext. 516.

Jesus: The Messiah-servant

Jesus said many startling things during His earthly ministry. However, what was equally startling was how He challenged the world's standard of greatness. When we think of Jesus, the Christ, we most often reflect on the great sacrifice on the cross but let's turn our attention to the Messiah-Servant.

Among paganism, heathenism, idolatry and superstition, a gentleman was one who never worked, yet Jesus said "I am among you as the One who serves." (Luke 22:27) It is interesting to note that His Father was not ashamed to direct the attention of man to His Son, the Christ as a servant.

In fact, this was in the Eternal plan: "But made Himself of no reputation, taking the form of a servant, and coming in the likeness of men." (Philippians 2:7) Jesus, in setting an example to the Twelve, stated in Matthew 20:27,28 "And whoever desires to be first among you, let him be your slave, just as the Son of man did not come to be served, but to serve, and to give His life a ransom for many."

The Messiah not only taught about being a slave, but manifested it in action such as recorded in John 13. Luke (22:24) records the attitude of the apostles

Guest Column

Frank Parker

in the upper room: "But there was also rivalry among them, as to which of them should be considered the greatest." On the eve of His cruel death, fully conscious of His Deity and His glory, like a common Oriental slave, Christ girded Himself with a towel and washed the disciples' feet. Jesus did not institute "feet washing" as an ordinance but used an age old custom to teach humility and servitude.

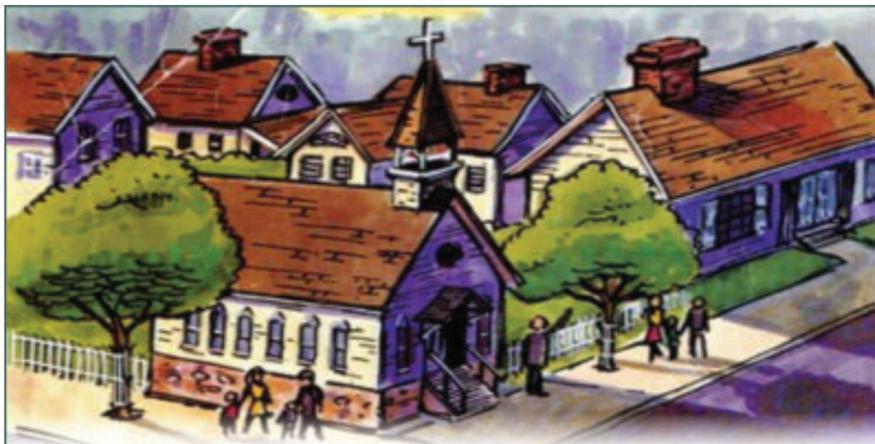
Jesus set the model/example that is to be carried out in His spiritual body, the church. The "sons of Zebedee" (Matthew 20:20-25) did not get the message and their "heirs" today have also failed to see there is no hierarchy in the Lord's kingdom...all are servants. This fact is also made very clear in Jesus' teaching to the Pharisees and scribes in Matthew 23:5-12. This same mindset is stated by the apostle Peter as he speaks to elders of the church: "Shepherd the flock of God which is among you, serving as overseers, not by constraint but willingly, not for dishonest gain but eagerly; nor as being lords over those

entrusted to you, but being examples to the flock." (First Peter 5:2,3)

Think upon this statement by the Messiah-Servant: "A disciple is not above his teacher, but everyone who is perfectly trained will be like his teacher." (Luke 6:40) When these truths are implanted into one's soul (James 1:21), there will be no place for such manmade distinctions as "clergy" and "laity" or manmade titles as "Reverend", "Father", "Priest", "Cardinal", "Pastor", etc.

What a new concept the Messiah brings to the world. Old traditions tottered on their thrones and received their death sentence, for the Greatest stooped to become the lowest. And in this act of condescension, there was grace, the shining glory of the mercy of God. All through the life of Jesus can be felt the throbbing pulse—the Highest has stooped to serve; the Purest of all has stooped as a servant to bear the sins of the vile and rebellious. Amen.

Frank Parker is a Sebring resident and can be contacted at frankparker27@yahoo.com/. Guest columns are the opinion of the writer, not necessarily those of the News-Sun.



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RELIGION

Continued from page 6B

The kids have decided to participate in the Angel Tree ministry this year.

Check out Grace Pointe on Facebook. Ustream available (live or 24/7) of all services in Sebring. Log on to ustream.tv and then grace-pointetv in the search box.

Heartland Christian Church

SEBRING — Pastor Ted Moore's sermon this Sunday will be: "When God Gives Up!" Scripture will be taken from Romans 1:19-32.

The service will also include Roland Bates singing "Super Time" and Darlene Gardner singing "My Tribute."

Adult Sunday school is led by Fran VanHooreweghe.

Tuesday night adult Bible Study, will be taught by Pastor Ted Moore. Come early for snacks.

Wednesday night's young adult and children's programs are taught by George Kelly, Amanda and Jon Armentrout and Toby Cribbs. It features a free meal.

Don't forget Trunk or Treat on Wednesday, at 6:45 p.m.

Movie night is on Sunday Oct. 30, at 6 p.m.

The church is at 2705 Alternate Route 17 South in Sebring (behind Publix). Look for the lighthouse. Call 314-9693.

Memorial United Methodist Church

LAKE PLACID — Pastor Fred Ball will preach at the Heritage (traditional) Worship Service and the Celebration (blended) Worship Service a stewardship message entitled "Cultivating Contentment."

Pastor Claude Burnett will preach at the New Song contemporary service in Rob Reynolds Hall.

The Youth will meet at the church office for a service project from 3-5 p.m. for "Operation Christmas Child."

The annual church conference will take place at 6 p.m. in Rob Reynolds Hall. The Rev. Dr. Rinaldo Hernandez, district superintendent, will lead in worship,

CHURCH NEWS

praise, testimonies, and explain the course for the 2012 ministry year. Every church member is invited to attend. Refreshments will be served.

The Church is at 500 Kent Ave. The church office phone is 465-2422.

Parkway Free Will Baptist Church

SEBRING — The Sunday morning Bible lesson, "Tradition and Love" is taken from the Song of Solomon 4 (King James Version). Pastor Jim Scaggs will bring the messages in the Sunday morning and evening services. The Wednesday evening service will be praise, prayer and Bible study.

St. John United Methodist Church

SEBRING — "Samuel" will be the topic for Sunday's sermon. I Samuel 3 the Biblical reference. Boy Scouts meet at 7 p.m.,

Monday. Choir is at 7 p.m. Wednesday. Over Eaters Anonymous meets Thursday at 7 p.m. Nursery is provided at all three services.

Sebring Church of the Brethren

SEBRING — This Sunday morning, Pastor Keith Simmons will have a sermon titled "Seeking God's Will," with Scripture taken from Romans 12:1-3.

Sunday school meets in the Fidelis Room. They will be studying "Transformed to Witness to the Community," from the Scripture Acts 9:1-31.

Southside Baptist Church

SEBRING — In the Sunday morning worship service, the Rev. David Altman will speak on "Jesus and the Angels." Children's church and a nursery are available. The evening service will focus on prayer for all nations.

Sunshine Baptist Fellowship of Churches will meet at 7 p.m. Monday and Tuesday with guest speaker, Dr. John Greening, National Representative of the GARBC. The theme is "Developing Godliness In the Church."

Wednesday services: Awana clubs and student ministry meet Wednesday. In the adult Bible study and prayer meeting, Ron Frazee will be speaking from the Psalms.

The church is at 379 S. Commerce Ave. For information, call 385-0752.

Spring Lake United Methodist Church

SEBRING – Spring Lake United Methodist Church is at 8170 Cozumel Lane. The pastor's sermon on Sunday will be "Basic Beliefs of Protestantism". Fellowship follows the service.

The Way Church

SEBRING — Youth Leader Zac Tsai will be preaching on Sunday. His message is "The Difference Maker" with Scripture from

Phillipians 1:12-14.

On Oct. 30, author Bill Myers will be speaking both in adult Sunday school and the worship service. He writes for children, teens and adults often in allegory style. For children, he writes The McGee and Me Series. One for kids is "My Life as a Computer Cockroach." For adults there are books such as "The Judas Gospel" and the "God Hater."

"Regardless of the age I write for or whether it's comedy, thrillers, fiction, or non-fiction, my purpose is always the same... to draw the reader closer to the heart of God (and maybe do some thinking and enjoy some entertainment along the way)" Myers said. "I hope you find this to be the case."

The "J" Unit meets Sunday and Wednesday evenings.

The Way Church is at 1005 North Ridgewood Drive. The church phone is 471-6140 and the pastor's cell phone is 273-3674. For church information and the pastor's messages go to www.thewaychurch.org/.

PLACES TO WORSHIP

Places to Worship is a paid advertisement in the News-Sun that is published Friday and Sunday. To find out more information on how to place a listing in this directory, call the News-Sun at 385-6155, ext. 502.

APOSTOLIC

■ **Greater Faith Apostolic Church**, 24 Rainer Drive, Lake Placid, FL 33852. invites you to come worship with us in spirit and truth at 10:30 a.m. and 3 p.m. Sunday, and at 7:30 p.m. Thursday. For information contact (239) 671-0390. Pastor Travis Vanderford.

ASSEMBLY OF GOD

■ **Christ Fellowship Church (Assembly of God)**, 2935 New Life Way. Bearing His Name; Preaching His Doctrine; and Awaiting His Coming. "Worshipping God in Spirit and in Truth." Sunday School, 9 a.m.; Morning Worship, 10 a.m.; Evening Worship, 5 p.m. Wednesday: Worship, 7 p.m. Pastor Eugene Haas. Phone 471-0924.

■ **First Assembly of God**, 4301 Kenilworth Blvd., Sebring. The Rev. Wilmont McCrary, pastor. Sunday School, 10 a.m.; Morning Worship and KIDS Church, 11 a.m.; Evening Worship, 7 p.m. Wednesday Family Night, (Adult Bible Study), LIFE Youth Group, Royal Rangers, Missionettes, 7:30 p.m. Phone 385-6431.

BAPTIST

■ **Avon Park Lakes Baptist Church**, 2600 N. Highlands Blvd., Avon Park, FL 33825. George Hall, Pastor. Christ centered and biblically based. Sunday worship services, 8:30 a.m., 11 a.m. and 6 p.m. Nursery facilities are available. Bible studies at 9:45 a.m. Sunday and 7 p.m. Wednesday. Prayer Time 6:30 p.m. on Wednesday. Bible classes at 9:45 a.m. are centered for all ages. Choir practice at 5 p.m. Sunday. Church phone: 452-6556.

■ **Bethany Baptist Church (GARBC)** We are located at the corner of SR17 and C-17A (truck route) in Avon Park. Join us Sunday morning at 9:00 AM for coffee and doughnuts, followed with Sunday School for all ages at 9:30. Sunday morning worship service begins at 10:30 a.m., and evening worship service is at 6 p.m. On Wednesdays, the Word of Life teen ministry and the Catylish class (20's+) begin at 6:30 PM. The adult Bible and Prayer Time begins at 7 p.m. For more information go to www.bethanybaptistap.com or call the church office at 863-452-1136.

■ **Faith Missionary Baptist Church**, off State Road 17 North of Sebring at 1708 LaGrange Ave. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 6 p.m. Wednesday Service, 7 p.m. Deaf interpretation available. Ken Lambert, Pastor. Phone 386-5055.

■ **Fellowship Baptist Church**, 1000 Maxwell St., Avon Park, FL 33825. Sunday: Sunday School, 9:30 a.m.; Morning Worship, 10:45 a.m.; Wednesday: Evening Service, 7 p.m.; Children/Youth, 7 p.m. Telephone: 453-4256. Fax:

453-6986. E-mail: office@apfellowship.org; Web site, www.apfellowship.org.

■ **First Baptist Church of Avon Park**, 100 N. Lake Ave., Avon Park. Rev. Jon Beck, senior pastor; Scott King, interim youth minister; Joy Loomis, music director; and Rev. Johnattan Soltero, Primera Mision Bautista pastor. Regular Sunday schedule: 9 a.m. Library open; 9:30 a.m. Sunday School; 10:45 a.m. Morning Worship; 10:45 a.m. Children's Church; 6 p.m. Evening Service. Nursery provided for Sunday morning service. Regular Wednesday schedule: 6 p.m. Prayer Meeting; 6 p.m. children's choirs; 6 p.m. youth activities; 6:30 p.m. Adult Choir Rehearsal; 7 p.m. Mission Programs. Call 453-6681 for details. Spanish Sunday services: 9:30 a.m. Sunday school; 11 a.m. Sunday worship; 7 p.m. evening worship. Spanish Wednesday Service: 7 p.m. Bible study. Spanish Friday Meeting: 7 p.m. Family Night Visitation. "In the heart of Avon Park. For the hearts of Avon Park."

■ **First Baptist Church of Lake Josephine**, 111 Lake Josephine Drive, Sebring (just off U.S. 27 mid-way between Sebring and Lake Placid). Your place for family, friends and faith. Sunday morning worship service is 11 a.m. Nursery is provided for both services with Children's Church at 11 a.m. Life changing Bible Study for all ages starts at 9:45 a.m. Associate Pastor Allen Altwater leads the youth in their quest to become more like Christ. Sunday night worship at 6 p.m. Wednesday Bible Study and Prayer meeting at 7 p.m. along with youth worship in the youth facility, and missions training for all children. Call the church at 655-1524.

■ **First Baptist Church of Lake Placid**, Knowing God's Heart and Sharing God's Hope, 119 E. Royal Palm Street. (2 blocks south of Interlake Blvd) Lake Placid, FL 33852 (863) 465-3721, Email: www.fbclp.com. Pastor Brett Morey, senior pastor. Sunday services - Traditional Service 9 a.m., Contemporary Service 10:30 a.m. Link Groups at 9 and 10:30 a.m., Senior Sunday Night and Sunday Evening Bible study at 6 p.m. Wednesday Activities: Family dinner at 5 p.m. (\$4 per person, reservations required). Adult-LifeSource classes, prayer meeting, Youth Intersections, and Kids K-5-MaxKidz Extreme meet at 6:15 p.m. Men meet at 8 a.m. every Tuesday for prayer breakfast and women's prayer breakfast is at 8 a.m. every Wednesday, both at the Family Restaurant.

■ **First Baptist Church of Lorida** located right on U.S. 98 in Lorida. Sunday School begins at 9:45 a.m. for all ages. Sunday worship services are at 11 a.m. and 6:30 p.m. Preschool care is provided at the 11 a.m. worship service. Wednesday evening Bible Study and Prayer meeting is at 6:30 p.m., followed by adult choir rehearsal. From September the AWANA groups meet. First Lorida's is "Place to discover God's love." For more information about the church or the ministries offered, call 655-1878.

■ **First Baptist Church, Sebring**, 200 E. Center Ave., Sebring, FL 33870. Telephone: 385-5154. Dr. David E. Richardson, senior pastor; Rev. Joe Delph, associate pas-

tor, minister of youth and activities; and Rev. Nuno Norberto, associate pastor, minister of music and senior adults. Group Bible Studies, 9:15 a.m.; Blended Service, 10:30 a.m.; Mision Buatista Hispana, 2 p.m.; Sunday Evening Worship, 6 p.m. Wednesday night programs at the ROC begin 5:30 p.m., at church begin 6:30 p.m. Preschool and Mother's Day Out for children age 6 weeks to 5 years old. Becky Gotsch, director. Call 385-4704.

■ **Florida Avenue Baptist Church**, 401 S. Florida Ave., Avon Park. Mailing address is 710 W. Bell St., Avon Park, FL 33825. Telephone, 453-5339. Rev. John D. Girdley, pastor. Sunday School, 9:45 a.m.; Sunday Worship, 11 a.m.; 11 a.m. Children's Church; Sunday Evening Worship, 6 p.m. Wednesday night programs for children, youth and adults at 7 p.m.

■ **Independent Baptist Church**, 5704 County Road 17 South, Sebring, FL 33876. Sunday School, 9:30 a.m. Sunday worship, 10:30 a.m. Sunday evening, 6 p.m. Wednesday service, 7 p.m. Fundamental, soul-winning, mission-minded, King James Bible Church. Larry Ruse, pastor. Phone 655-1899. Bus transportation.

■ **Leisure Lakes Baptist Church**, 808 Gardenia St., Lake Placid (just off of Miller at the west end of Lake June) "Where the old fashion gospel is preached." Sunday School begins at 9:45 a.m.; Sunday Worship service at 11 a.m.; Sunday Evening Service is at 6 p.m. Wednesday Prayer Meeting and Bible Study at 7 p.m. Call the church at 699-0671 for more information.

■ **Maranatha Baptist Church (GARBC)**, 35 Maranatha Blvd., Sebring, FL 33870 (A half mile east of Highlands Avenue on Ar buckle Creek Road.) Sunday School, 9 a.m.; Morning Worship, 10:15 a.m.; Evening Service, 6 p.m. Mid-week service, Wednesday, 6 p.m. Daily Prayer and Bible Study, 8 a.m., Hamman Hall. Pastor Gerald Webber and Associate Pastors Don Messenger and Ted Ertle. Phone 382-4301.

■ **Parkway Free Will Baptist Church**, 3413 Sebring Parkway, Sebring, FL 33870. Welcome to the church where the "Son" always shines. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m.; and Wednesday Evening Worship, 7 p.m. End-of-the-Month-Sing at 6 p.m. on the last Sunday of each month. The Rev. J.S. Scaggs, pastor. Church phone: 382-3552. Home phone: 214-3025. Affiliated with the National Association of Free Will Baptists, Nashville, Tenn.

■ **Sparta Road Baptist Church, (SBC)** 4400 Sparta Road. Rev. Ken Geren, interim pastor. Sunday school, 9:45 a.m.; Sunday Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m. Wednesday: Prayer/Bible Study, 6 p.m. Nursery provided. For information, call 382-0869.

■ **Southside Baptist Church (GARBC)**, 379 S. Commerce Ave., Sebring, David C. Altman, Pastor. Sunday School for all ages, 9:30 a.m.; Morning Worship Service, 10:45 a.m.; Evening Worship, 6 p.m. Wednesday: Student ministry, 6:30 p.m.; Awana kindergarten through fifth grade, 6:30 p.m.; Adult Midweek Prayer and Bible Study, 7 p.m. A nursery for under

age 3 is available at all services. Provisions for handicapped and hard-of-hearing. Office phone, 385-0752.

■ **Spring Lake Baptist Church**, "Where the Bible is Always Open." Pastor Richard Schermerhorn, 7408 Valencia Road; 655-2610. The Rev. Ronald Smith, assistant pastor, 386-1610. On U.S. 98 at the Spring Lake Village II entrance. Sunday School, 9:45 a.m. for all ages; Morning Worship, 10:45 a.m.; Sunday Evening Worship, 6 p.m. Wednesday Mid-week Bible Study and Prayer Service, 6:30 p.m. Nursery available for all services.

■ **Sunridge Baptist Church, (SBC)** 3704 Valerie Blvd. (U.S. 27 and Valerie, across from Florida Hospital), Sebring. Tim Finch, pastor. Sunday School, 9:30 a.m.; Sunday Morning Worship, 10:45 a.m.; and Sunday Evening Service, 6 p.m. Wednesday: Prayer, Bible Study, and Youth, 6:30 p.m. Nursery provided. For information, call 382-3695.

CATHOLIC

■ **Our Lady of Grace Catholic Church**, 595 East Main St., Avon Park, 453-4757. Father Nicholas McLoughlin, pastor. Saturday Vigil Mass is 4 p.m. in English and 7 p.m. in Spanish; Sunday mass 8 and 10:30 a.m. in English. Weekday mass at 8 a.m. Confessions are at 3:30 p.m. Saturday. Religious Education Classes are 9-10:20 a.m. Sunday for grades K through 8th. Confirmation class is from 6:30-8 p.m. Wednesday. Youth Nights grades 6th and up, 6:30-8 p.m. Wednesday.

■ **St. Catherine Catholic Church**, 820 Hickory St., Sebring. Mailing address: 882 Bay St., Sebring, FL 33870, 385-0049; fax, 385-5169; email, office@stcath.com; website, www.stcath.com. Very Rev. José González, V.F., frjose@stcath.com; Parochial Vicar, Rev. Victor Caviedes, 385-3993; Assisting Priest (retired), Rev. J. Peter Sheehan; Deacons, Rev. Mr. James R. McGarry and Rev. Mr. Max M. Severe. Parish office hours, 8:30 a.m. to 1:30 p.m. Monday-Friday. Masses – Daily Masses 8 a.m. and noon Monday-Friday; 9 a.m. Saturday. Weekend Masses 4 and 5 p.m. Saturday, 5 p.m. Saturday Spanish Mass (Holy Family Youth Center), 8 and 10:30 a.m. Sunday, noon Sunday Spanish Mass; 5 p.m. Sunday English Family Mass (Holy Family Youth Center). Confession: every Saturday 3-3:45 p.m. or first Friday of the month 7:15-7:45 a.m., or by appointment with any priest.

■ **St. James Catholic Church**, 3380 Placidview Drive, Lake Placid, 465-3215. Father Michael J. Cannon. Mass schedule: Summer (May 1 to Oct. 31) - Saturday Vigil, 4 p.m.; Sunday, 8 a.m. and 9:30 a.m.; Weekdays, 9 a.m. December thru Easter - Saturday, 4 p.m.; Sunday, 8 a.m., 9:30 a.m. and 11 a.m.; Weekdays, 9 a.m. and Holy Days 8 a.m., 9:30 a.m. and 7 p.m., first Saturday at 9 a.m.

CHRISTIAN

■ **Eastside Christian Church**,

101 Peace Ave., Lake Placid, FL 33852 (two miles east of U.S. 27 on County Road 621), 465-7065. Ray Culpepper, senior pastor. Sunday: Bible classes, 9 a.m.; Worship Celebration with the Lord's Supper each week 10:15 a.m. Thelma Hall, organist; and Pat Hjort, pianist. Wednesday: Praise and Prayer, 6:30 p.m.; "Building God's Kingdom for Everyone." "Jesus Christ, the Way, Truth and Life!" "Alive and Worth the Drive!"

■ **Sebring Christian Church**, 4514 Hammock Road, Sebring, FL 33872. Tod Schwingel, Preacher; Marco Gallardo, Youth Pastor. Sunday Worship, 9:30 a.m.; Sunday School, 11 a.m.; Sunday Youth Service, 6 p.m.; Evening service at 6:30 p.m. Wednesday night meals, 5:30 p.m. followed by classes at 6:30 p.m. Changing Seasons, a men's grief support group, meets at 1 p.m. Wednesdays. Alzheimers Caregivers Support Group meets at 1 p.m. Thursdays. Office hours, 9 a.m. to 1 p.m. Monday-Friday. Phone 382-6676.

■ **First Christian Church**, 1016 W. Camphor St., Avon Park, FL 33825; (863) 453-5334; on the Web at www.firstchristianap.com. Our motto is "Jesus is First at First Christian Church." Greg Ratliff, Senior Minister; Jon Carter, Music Director. Bible School 9 a.m.; Worship 10 a.m.; Wednesday studies for all ages, 6 p.m. Nursery provided for all events.

■ **First Christian Church (Disciples of Christ)**, 510 Poinsettia Avenue, (corner of Poinsettia and Eucalyptus), Sebring, FL 33870. Phone: 385-0358 or 385-3435. The Rev. Ronald Norton, Pastor; Sunday School, 9 a.m.; Praise Breakfast, 10 a.m., Morning Worship, 10:30 a.m.; Children's Church, 10:30 a.m. Thursday, Praise and Worship, 6:45 p.m. Youth Fellowship, 7:15 p.m.; Midweek Bible Study, 7:15 p.m.

CHRISTIAN & MISSIONARY ALLIANCE

■ The **Alliance Church of Sebring**, 4451 Sparta Road, Sebring, FL 33875. Call 382-1343. Rev. Steve Hagen, pastor. Sunday services: Sunday School meets at 9:30 a.m.; Sunday Morning Worship Service meets at 10:30 a.m.; Sunday Evening Bible Study meets at 6 p.m. (off site); Wednesday Prayer Gathering meets at 6 p.m.

CHRISTIAN SCIENCE

■ **Christian Science Church**, 146 N. Franklin St. Sunday: 10:30 a.m. morning worship and Sunday school. Testimonial meetings at 4 p.m. each second and fourth Wednesday. A free public reading room/bookstore, located in the church, is open before and after church services. The Bible and the Christian Science textbook, 'Science and Health with Key to the Scriptures' by Mary Baker Eddy are our only preachers. All are welcome to come and partake of the comfort, guidance, support and healing found in the lesson-sermons.

CHURCH OF BRETHREN

■ **Church of the Brethren**, 700 S. Pine St., Sebring, FL 33870. Sunday: Church School, 9 a.m.; Morning Worship, 10:15 a.m. Wednesday: Temple Choir, 7:30 p.m. Phone 385-1597.

CHURCH OF CHRIST

■ **Avon Park Church of Christ**, 200 S. Forest Ave., Avon Park, FL 33825. Minister: Larry Roberts. Sunday Worship Services, 10:30 a.m. and 6 p.m. Nursery facilities are available at every service. Bible Study: Sunday, 9:30 a.m. and Wednesday, 7 p.m. Bible centered classes for all ages. Church phone: 453-4692.

■ **Sebring Parkway Church of Christ**, 3800 Sebring Parkway, Sebring, FL 33870; 385-7443. We would like to extend an invitation for you and your family to visit with us here at Sebring Parkway. Our hours of service are: Sunday Bible Class, 9 a.m.; Sunday Worship Service, 10 a.m.; Sunday Evening Service, 6 p.m.; Wednesday Service, 7 p.m.

CHURCH OF NAZARENE

■ **First Church of the Nazarene of Avon Park**, P.O. Box 1118., Avon Park, FL 33825-1118. 707 W. Main St. Randall Rupert, Pastor. Sunday: Sunday school begins at 9:45 a.m. for all ages; morning worship at 10:45 a.m.; and evening service at 6 p.m. Wednesday evening service is at 7 p.m. with special services for children and adults. Special services once a month for seniors (Prime Time) and Ladies ministries. If you need any more information, call 453-4851.

■ **First Church of the Nazarene of Lake Placid**, 512 W. Interlake Blvd., Lake Placid, FL 33852. Sunday school, 9:30 a.m.; Morning worship, 10:45 a.m.; Evening service, 6 p.m. Wednesday evening, 7 p.m. Classes for adult children and youth. Call 465-6916. Pastor Tim Taylor.

CHURCHES OF CHRIST IN CHRISTIAN UNION

■ **Community Bible Church - Churches of Christ in Christian Union**, (Orange Blossom Conference Center) 1400 C-17A North (truck route), Avon Park. Presenting Jesus Christ as the answer for time and eternity. Sunday morning worship service, 10:30 a.m. Nursery provided. Junior Church activities at same time for K-6 grade. Sunday School Bible hour (all ages), 9:30 a.m. (Transportation available.) Sunday evening praise and worship service, 6 p.m. Wednesday evening prayer service, 7 p.m. Children and youth activities at 7 p.m. Wednesday. Everyone is welcome, please come worship with us. Don Seymour, Senior Pastor. Phone 452-0088.

RELIGION

Cultivating the fine art of casual loafing

Storm clouds were brewing like fresh morning coffee in the normally placid parsonage this past week. I will not say that things got out of hand, which is not to say they did not. I just will not say.

I sensed a growing controversy between my wife and myself. Its genesis came about because of some silly mix-up, I assure you. Usually, mix-ups come about because of some misunderstanding and boy, do I sure miss my understanding. I have misplaced mine for so long I honestly cannot remember when I had it last.

If my memory serves me, and it has not to date, the last time I had a glimpse of my understanding, I was standing at some altar repeating the words, "I do." After that, life has been a glorious blur.

The faux pas between us simply was a matter of attitude. My better half took the high road and I, per usual, took the low road. The reason I take the low road is simply that when I fall, and falling for me is inevitable, I do not have far to plummet.

Regrettably, this past week we experienced a clash of attitudes.

I can sum up my attitude in life quite nicely: Never do today what can be put off until tomorrow. Who knows? I may forget the whole thing by then, something I am renowned for around the parsonage, if you know what I mean.

On the other hand, my life's companion firmly believes in doing things ahead of time.

She has a wonderful knack for planning. What I want to know is how does she know if I am going to be naughty or nice?

Usually, I give in to my better half. After all, that is what a great marriage is all about; give and take. As a dutiful husband, I take everything she gives me.

This time, however, an important principle was at stake. Some things in life are worth fighting for and this represented one of those times.

For years, I have suffered from a condition known as Afternoon Siesta Syndrome. Each afternoon I stretch out for an hour of rest. In that hour, I meditate on some of the more important issues of life.

I cannot tell you how many significant problems I have resolved during my afternoon 40 winks.

Guest Column

Rev. James L. Snyder

All I know is that somewhere in the recesses of my mind are wonderful resolutions to some of the most intricate problems facing our world today. In this regard, I do not know how often my wife has said to me, "You need to see a psychiatrist."

This leads me to the subject of our difference this past week. I am a firm believer in the "Art of Casual Loafing."

Loafing gets such a bad rap because so many amateurs try their hand at it. Let me say right here that loafing is definitely not for the inexperienced. A level of skill and expertise that only comes from diligent practice.

Personally, I have invested over 50 years in the Art of Casual Loafing, which qualifies me as some sort of an expert on the subject. I am a proud, card-carrying member of the ACL union. I could have been elected president but we have not got around to elections yet. Many, and when I say many, I am

especially including my companion, take loafing as something that comes rather easy.

Oh, quite contraire, Mon Frère. Nothing could be further from the truth.

My spouse thinks loafing is a tragic waste of time. She thinks things need doing in a timely fashion, like "right now."

The garbage must be taken out "right now."

The backyard needs mowing "right now."

The groceries in the back of the car need brought in "right now."

A person can take this "right now" business too far, if you ask me. I like to take things a little more casual than that.

This "right now" hang-up can create some serious stress in relationships; especially between hers and mine.

"There's no time like the present," my wife often tells me with a look in her eye defying me not to do what she just requested. To her, "right now" is very important.

When I want to resolve a difficulty, I resort to the Bible. This was no exception.

Much to my amazement, the word "now" occurs in the Bible 1,356 times, which is rather impressive. I never thought of it before.

What I discovered startled me. I had to admit that in certain things my dear wife is correct. Some things must be done right now.

Two Bible verses emphasize the importance of right now.

In the book of Isaiah, "Come now, and let us reason together, saith the Lord: though your sins be as scarlet, they shall be as white as snow; though they be red like crimson, they shall be as wool" (Isaiah 1:18 KJV). Then, in the New Testament "... behold, now is the accepted time; behold, now is the day of salvation" (2 Corinthians 6:2 KJV).

"Right now" is the best time to address your relationship with Jesus Christ.

The Rev. James L. Snyder is pastor of the Family of God Fellowship in Ocala. Call him at 352-687-4240 or e-mail jamesnyder2@att.net. Guest columns are the opinion of the writer, not necessarily those of the News-Sun staff.

PLACES TO WORSHIP

EPISCOPAL

■ **The Episcopal Church of the Redeemer.** Service time is 9:30 with Holy Communion. Coffee hour following services. Newcomers welcome. Call 453-5664 or e-mail redemer1895@aol.com Web site: redeemeravon.com. The church is at 839 Howe's Way, Avon Park (two miles north of Sun 'N Lake Boulevard, across from Wells Dodge.)

■ **St. Agnes Episcopal Church,** 3840 Lakeview Drive, Sebring, FL 33870. Sunday Services: Holy Eucharist Rite I - 7:45 a.m., Holy Eucharist Rite II - 10 a.m. Midweek service on Wednesday at 6 p.m. Sunday School for all ages at 9 a.m. The nursery is open 8:45 a.m. until 15 minutes after the 10 a.m. service ends. Wednesday: Adult Bible study, 9:30 a.m. Visitors are always welcome. The Rev. Jim Kurtz, rector. Church office 385-7649, for more information.

■ **St. Francis of Assisi Episcopal Church,** 43 Lake June Road, Lake Placid, FL 33852. Phone: 465-0051. Rev. Elizabeth L. Nelson, Rector. Sunday Worship, 8 a.m., 10:30 a.m. and 6 p.m. Wednesday evening: Holy Communion with Healing Service, 6 p.m. Child care available at the 8 a.m. and 10:30 a.m. Sunday service. Come see what makes us different.

GRACE BRETHREN

■ **Grace Brethren Church,** 3626 Thunderbird Road, (863) 835-0869. Dr. Randall Smith, senior pastor. Sunday services at 9 a.m., 10:45 a.m. and 6 p.m.; Wednesday services at 7 p.m. We offer "Kid City" Children's Ministry throughout all services, and there are various other classes for teens, married couples, "prime-timers," and Bible studies in Spanish. "Kid City" Day Care, Preschool and After-School Monday-Friday: 7 a.m.-6 p.m. (For registration call: 385-3111). Check us out on the Web at www.sebring-grace.org.

INTERDENOMINATIONAL

■ **World Harvest and Restoration Ministries,** (non-denominational) 2200 N. Avon Blvd., Avon Park, FL 33825. Phone: 452-9777 or 453-3771. Sunday service: Sunday School, 10 a.m. and worship, 11 a.m. Wednesday services: 7 p.m. prayer meeting/Bible study. Pastor: W.H. Rogers.

LUTHERAN

■ **Atonement Lutheran Church (ELCA),** 1178 S.E. Lakeview Drive., Sebring. David Thoresen, Deacon, Spiritual Leader, on first, third and fifth Sunday each month, and Rev. Jefferson Cox on the second and fourth Sunday of each month. Jim Helwig, organist/choir director. Worship service at 9:30 a.m.; Holy Eucharist is every Sunday. Coffee hour on the first and third Sunday of each month. Council meeting on the first Monday of month; Ladies Group WELCA meets at noon second Monday of month with lunch. Bring a dish to pass. Church Vegetable Garden Club meets as needed. Labyrinth Prayer Garden open seven days a week to congregation and community. Like to sing?

Come join the choir. Visitors always welcome. Come grow with us. Phone 385-0797.

■ **Christ Lutheran Church Avon Park - LCMS,** 1320 County Road 64, 1/2 mile east of Avon Park High School. Sunday Divine Worship is at 10 a.m. Holy Communion is celebrated every week with traditional Lutheran Liturgy, hymns and songs of praise. Fellowship time with coffee and refreshments follows worship. Come worship and fellowship with us. For information call Pastor Scott McLean at 471-2663 or see christlutheranavonpark.org.

■ **Faith Lutheran Church - LCMS,** 2740 Lakeview Drive, Sebring. Church phone: 385-7848, Faith Child Development Center, 385-3232. Rev. Gary Kindle, pastor. Traditional Worship service, 8 a.m. Sunday; Sunday Praise Worship Service, 10:30 a.m. Communion is served the first, third and fifth Sunday of the month. Sunday school and Bible classes: 9:15 a.m. Sunday. Worship service is broadcast at 8 a.m. on WITS 1340 AM each Sunday. Educational opportunities include weekly adult Bible studies. Faith's Closet Thrift Store (385-2782) is open from 10 a.m. to 2 p.m. Tuesday through Friday and 9 a.m. to noon Saturday. All are warmly welcome in the Family of Faith.

■ **Good Shepherd Lutheran Church (AALC) American Association of Lutheran Churches,** 4348 Schumacher Road, Sebring, one mile west of Wal-Mart. James Weed, pastor. Worship Service, 10:30 a.m. Sunday, Bible Study, 9 a.m. Nursery provided. Social activities: Choir, Missions, Evangelism. Phone 385-1163.

■ **New Life Evangelical Lutheran Church,** 3725 Hammock Road, a Congregation of the Evangelical Lutheran Synod (ELS) in fellowship with the Wisconsin Evangelical Lutheran Synod (WELS). Sunday Worship at 10 a.m.; Bible Study, 9 a.m. For more information, call Pastor Brian Klebig at 385-2293 or visit the Web site at www.newlife-sebring.com.

■ **Resurrection Lutheran Church - ELCA,** 324 E. Main St., Avon Park. Pastor: Rev. John C. Grodzinski. Sunday service at 9:30 a.m. Sunday school will resume in the fall. Coffee and fellowship hour follow the service. Midweek Fragrance Free Wednesday worship, (year round) 7 p.m. Office phone number is 453-6858.

■ **Trinity Lutheran Church - LCMS,** 25 Lakeview St., Lake Placid, FL 33852; 465-5253. The Rev. Richard A. Norris, pastor; Susan C. Norris, Trinity Tots Pre-School director; and Noel Johnson, minister of youth and family life. Worship schedule after Easter through December: Worship service 10 a.m., and Education Hour, 8:45 a.m. Worship schedule for January through Easter: Worship service, 8:30 and 11 a.m., Education Hour 9:45 a.m. Traditional Service with Holy Communion each first and third Sunday. Non-Traditional Service each second, fourth and fifth Sunday. Seasonal mid-week services Wednesday evenings during Lent and Advent. Call church office for additional Worship times and special holiday services. Other activities and groups include: Choirs; Ladies Guild and LWML; Men's Fellowship Group, Small Group Bible Studies as scheduled; Trinity Tots Pre-school, Youth Group activities (call for meeting times and

dates). Visit us online at: www.Trinitylutheranlp.com.

NON-DENOMINATIONAL

■ **Bible Fellowship Church,** 3750 Hammock Road, Sebring, FL 33872. Sunday: American Sign Language: First Worship sermon, songs signed first and second Worship services. First Worship service, 9 a.m.; Second Worship service, 10:45 a.m. Nursery (up to 2 years old) and Sunday school classes both hours. BFC Youth, 6 p.m.; Evening Service, 6:30 p.m. Wednesday: Children ages 4 years through fifth grade, 6 p.m.; Youth, 6-7:30 p.m.; Prayer time, 6:15 p.m. Todd Patterson, pastor; Andy McQuaid, associate pastor. Web site www.bfcspring.com. Church office 385-1024.

■ **Calvary Church,** 1825 Hammock Road, Sebring, FL 33872; 386-4900. An independent community church. Sunday morning worship, 10 a.m.; Bible study, 11:15 a.m.; Sunday evening service, 6 p.m.; Wednesday Prayer and Bible Study, 6:30 p.m. Pastor Lester Osbeck. A small friendly church waiting for your visit.

■ **Christian Training Ministries Inc.,** on Sebring Parkway. Enter off County Road 17 on Simpson Avenue. Sunday service is at 10 a.m.; Wednesday Bible study at 7 p.m. A nursery and children's church are provided. The church is part of Christian International Ministries Network, a full gospel, non-denominational ministry. Linda M. Downing, minister: Phone, 314-0482, lindadowning@live.com. Casey L. Downing, associate minister: Phone, 385-8171, caseydowning@hotmail.com. Web site is www.ctmforme.com

■ **Grace Bible Church,** 4541 Thunderbird Road, (second church on left) Sebring, FL 33872. Phone, 382-1085. Andrew Katsanis, senior pastor. Saturday Worship, 6:30 p.m. Sunday, 9 and 11 a.m. Tuesday 6 p.m. Grace Bible Academy Adult Investigating Truth; first and third Tuesday, Prayer Gathering, 7:15 p.m.; Wednesday, Children's & Youth Programs, 6 p.m.; Wednesday, 8:30 p.m., College Ministry. www.GBCconnected.org

■ **Highlands Community Church,** a casual contemporary church, meets at 3005 New Life Way. Coffee at 9:30 a.m.; Worship at 10 a.m. Nursery and Kid's World classes. Small groups meet throughout the week. Church phone is 402-1684; Pastor Bruce A. Linhart.

■ **The Lord's Sentinel Fellowship Church,** 148 E. Interlake Blvd., Lake Placid (at Lake Placid Christian School), Pastor Juanita Folsom. Sunday morning service, 10:30 a.m.; Monday, Sentinel School of Theology, 7 p.m.; Church service, Tuesday, 7 p.m. More information at www.juanitafolsomministries.com.

■ **Union Congregational Church,** 106 N. Butler Ave., Avon Park, FL 33825. Sunday worship services are at 8:45 a.m. and 10:45 a.m. in the Millennium Church. Sunday school for all ages is at 9:15 a.m. We also offer a Saturday service at 6 p.m. with Pastor Tiger Gullett in the Millennium Church. Nursery/child care is available for all services. Senior Pastor is Bill Breylinger. Office: 453-3345. Web page at www.weareunion.org. All teachings are taken from the Manufacturer's Handbook - The Holy Bible. Come

join us.

■ **Unity Life Enrichment Centre,** new location, 10417 Orange Blossom Blvd. S., Sebring, FL 33875; 471-1122; e-mail unity@vistanet.net. Web site, www.unityofsebring.org. 10:30 a.m. Sunday Celebration Service, Nursery and Children's Church. Weekly Classes, Christian Bookstore and Cafe, Prayer Ministry, Life Enrichment Groups. Rev. Andrew C. Conyer, senior minister transforming lives from ordinary to extraordinary.

■ **The Way Church,** 1005 N. Ridgewood Drive, Sebring. Sunday school and worship service at 9 a.m. and 10:30 a.m. Youth activities, 6:30 p.m. Wednesdays. The Way is a church family who gathers for contemporary worship, teaching of God's Word, prayer and fellowship. Come early and stay after for fellowship time. Child care and children's church are provided. Reinhold Buxbaum is pastor. The Way - A place for you. Office Phone: 471-6140, Church Cell Phone: 381-6190. Email: thewaychurch@hotmail.com. Web site: www.TheWayChurch.org

PRESBYTERIAN

■ **Covenant Presbyterian Church (PCA),** 4500 Sun 'N Lake Blvd., Sebring, 33872-2113. A Congregation of the Presbyterian Church in America. Sunday morning worship: Informal service, 8 a.m.; traditional service, 10:30 a.m.; Sunday school, 9:15 a.m.; evening service, 6:30 p.m. Wednesday evening Prayer Meeting, 6 p.m.; Children's/Youth Group, 5:30-7 p.m.; choir practice, 7:15 p.m. Phone: 385-3234; Fax: 385-2759; e-mail: covpres@strato.net; Web site: www.cpcsebring.org. Rev. W. Darrell Arnold, pastor. Office hours: 8:30-12:30 a.m. Monday-Friday.

■ **First Presbyterian Church ARP,** 215 E. Circle St., (two entrances on LaGrande), Avon Park, FL 33825. Phone: 453-3242. The Rev. Robert Johnson is the pastor. Sunday School, 9:15 a.m.; Sunday Worship, 10:45 a.m.; Wednesday Bible study, 10:30 a.m.; Potluck dinner, 6 p.m. third Wednesday; choir practice, 6:30 p.m. each Wednesday; Mary Circle business meeting, 1 p.m. second Wednesday; Sarah Circle business meeting, 4 p.m. second Thursday; Women's Ministries Combined Bible study, 4 p.m. third Thursday. Be a part of a warm, caring church family with traditional services, following biblical truth.

■ **First Presbyterian Church, ARP,** 319 Poinsettia Ave., Sebring, FL 33870. 385-0107. Sunday School, all ages, 9:30 a.m.; Worship Service, 11 a.m.; Tuesday: Grief Support Group, 1 p.m.; Youth Group (middle and high school), 3:30-6:30 p.m.; Wednesday: Adult Bible Study, 10:30 a.m.; Choir Rehearsal, 5:30 p.m. Nursery available during worship. Call the church office for more information and other classes. Rev. Darrell A. Peer, pastor.

■ **First Presbyterian Church, ARP,** www.fpclp.com, 118 N. Oak Ave., Lake Placid, 465-2742. The Rev. Ray Cameron, senior pastor; the Rev. Drew Severance, associate pastor. Sunday morning traditional worship is at 9-10 a.m. in the sanctuary; contemporary worship is from 11 a.m. to noon. Sunday school classes for adults and children will be 10:10-10:50 a.m. in the educational building. Call the church office for more information about the

classes offered. Nursery is provided for babies and toddlers; while young children up to second grade have a special Children's Church offered during the worship service to help them grow in their spiritual knowledge.

■ **Spring Lake Presbyterian Church (USA),** 5887 U.S. 98, Sebring, FL 33876. Sunday School, 9 a.m.; Worship Service, 10 a.m. Session meets at 6:30 p.m. the second Thursday of the month, September through June. Board of Deacon's meet at 5:30 p.m. first Monday of the month. Choir rehearses at 7 p.m. each Wednesday, September through April. Presbyterian Women meet at 10 a.m. the third Thursday of the month. Organist: Richard Wedig. Choir Director: Suzan Wedig. Church phone, 655-0713; e-mail, springlakepc@embarqmail.com, Web site, <http://slpc.embarqspace.com>.

SEVENTH-DAY ADVENTIST

■ **Avon Park Seventh-day Adventist Church,** 1410 West Avon Blvd., Avon Park. Phone: 453-6641 or e-mail: avonparksda@embarqmail.com, Sabbath School, 9:30 a.m. Saturday. Church Service 10:45 a.m. Saturday. Wednesday prayer meeting 7 p.m. Community Service hours on Tuesday and Thursday is from 9:00 a.m. till 2 p.m. A sale takes place the first Sunday of each month. Senior Pastor Paul Boling. Walker Memorial Academy Christian School offering education for kindergarten through 12th grades. ALL ARE WELCOME. Website is www.discoverjesus.org

■ **Sebring Seventh-Day Adventist Church,** 2106 N. State Road 17, Sebring; 385-2438. Worship Services: 9:15 a.m. Worship hour, 11 a.m. Prayer meeting, Tuesday, 7:15 p.m. Community service: every Monday 9-11 a.m. Health Seminar with Dr. Seralde, every Friday, 10:00 a.m. Pastor Amado Luzbet.

THE CHURCH OF LATTER DAY SAINTS

■ **The Church of Jesus Christ of Latter Day Saints,** 3235 Grand Prix Dr., Sebring, FL 33872; (863) 382-9092 Steve Austin, Bishop; Mark Swift, 1st Counselor; Del Murphy, 2nd Counselor. Family History Center (863) 382-1822. Sunday Services: Sacrament Meeting, 10-11:10 a.m.; Gospel Doctrine, 11:20 a.m. to noon; Priesthood/Relief Society, 12:10-1p.m.; Primary for children, 11:15 a.m. to 1 p.m.; Youth Activities: Wednesdays, 7-8:20 p.m. Scouts: first and third Wednesday, 7-8:20 p.m. Activity Days: 8-11 yr old Boys and Girls, second and fourth Wednesdays, 7-8:20 p.m.

THE SALVATION ARMY

■ **The Salvation Army - Center for Worship.** Sunday: Sunday School, 9:45 a.m.; Holiness meeting, 11 a.m.; and Praise meeting and lunch, noon. Tuesday: Bible study, 6:30 p.m.; and Women's Ministries, 7 p.m. Wednesday: Youth Ministries, 4 p.m. All meetings are at 120 N. Ridgewood Ave.,

Sebring. For more information, visit the Web site www.salvationarmysebring.com or call Major Bruce Stefanik at 385-7548, ext. 110.

UNITED METHODIST

■ **First United Methodist Church,** 105 S. Pine St., Sebring, FL 33870. The Rev. A.C. Bryant, pastor. Traditional Worship Service at 8:10 and 10:50 a.m. in the sanctuary, Contemporary Worship in the FLC at 9:30 a.m. Sunday School at 9:30 and 10:30 a.m. Methodist Youth Fellowship at 5:30 p.m. Sundays with Rick Heilig, youth director. The 10:55 a.m. Sunday worship service is broadcast over WITS 1340 on AM dial. There is a nursery available at all services.

■ **First United Methodist Church,** 200 South Lake Avenue, Avon Park, FL 33825. (863) 453-3759, R. James Weiss, Pastor, Sunday School - 9 a.m., Worship - 10:30 a.m. Bible study third Tuesday of every month at 6 p.m. Prayer Shawl Ministry on the second and fourth Friday of the month at 2 p.m. for women who love God and crocheting. Visit us at our church Web site: www.fumcap.org.

■ **Memorial United Methodist Church,** 500 Kent Ave., (overlooking Lake Clay) Lake Placid, FL, 33852. The Rev. Fred Ball, pastor. Claude H.L. Burnett, pastoral assistant. Sunday schedule: Heritage Worship Service, 8:30 a.m.; Sunday School for all ages, 9:30 a.m.; Celebration Worship Service at 10:45 a.m.; New Song worship service at 10:45 a.m. Loving nursery care provided every Sunday morning. Youth Fellowship, 5 p.m. Bible Fellowship Class, 6 p.m. (October-May only). We offer Christ-centered Sunday school classes, youth programs, Bible studies, book studies and Christian fellowship. We are a congregation that want to know Christ and make Him known. Call the church office at 465-2422 or check out our church Web site at www.memorialumc.com.

■ **St. John United Methodist Church,** 3214 Grand Prix Drive, Sebring, FL 33872. The Rev. Ronald De Genaro Jr., Pastor. Sunday School, 9:30 a.m.; Sunday Morning Worship, 8 a.m., 9:30 a.m. and 11 a.m. Nursery provided for all services. Phone 382-1736. www.stjohnsebring.org

■ **Spring Lake United Methodist Church,** 8170 Cozumel Lane, (Hwy 98) Sebring. The Rev. Clyde Weaver Jr., Pastor. Worship service starts at 9:55 a.m. Bible Study meets at 10:00 a.m. on Tuesday. Choir Practice at 4:00 p.m. on Thursday. Church office phone: 655-0040.

UNITED CHURCH OF CHRIST

■ **Emmanuel United Church of Christ,** where God is still speaking. 3115 Hope Street, Sebring, FL 33875 (1.8 miles west of U.S. 27 and Hammock Road). Sunday worship, 9:30 a.m.; Communion with worship first Sunday of month; Chapel Communion, 8:45 a.m. all other Sundays. All are welcome to receive the sacrament. For more information, call the church office at 471-1999 or e-mail eucc@earthlink.net or check the Web site sebringemmanuelucc.com. No matter who you are or where you are on life's journey, you're welcome here.

HEALTHY LIVING

Diabetics need to be aware of potential eye problems

Diabetes now affects roughly 26 million Americans, with up to one third of cases remaining undiagnosed. Seventy-nine million more Americans have pre-diabetes and, without help, are at significant risk for developing type II diabetes. Vascular and neurologic health are both affected by diabetes.

Ocular complications rarely occur in isolation, rather, representing end-organ damage caused by a systemic disease affecting all organ systems. In today's day and age, it has become easier to manage diabetes; however, it still deserves much respect, as it remains one of the leading causes of blindness in America to date.

Let's review some basics: 90 percent of diabetics have the non-insulin dependent type of the disease (Type II), while the other 10 percent have the insulin dependent type (Type I). Type II diabetes is most often observed in grossly overweight adults (although we are starting to see it more and more in our younger populations) and usually does not require insulin treatment. Type I diabetes usually occurs in people younger than 30, and does require regular insulin injections to live.

Both types of diabetes can affect a person's vision on many different levels, with the most common complication being retinopathy (bleeding within or leakage of fluid within the retinal tissue). The earliest signs of retinopathy are observed when structural changes take place in the capillaries, thereby preventing the flow of nutrients into the retina.

This lack of flow of nutrients and oxygen to the retina results in damage to the retinal tissue. Many diabetic patients have little to no visual signs or symptoms in the early stages of diabetic retinopathy, which is why it's so important to have regular, dilated eye exams every year.

Swelling of the optic nerve may occur in one or both eyes of a diabetic, and will usually manifest with mild visual loss. This condi-



Focal Point

Dr. Valerie Moulds

tion does not necessarily correlate with the severity of any diabetic retinopathy, and can only be observed with a dilated eye exam.

Diabetes can also affect the clear dome covering the front of the eye, also known as the cornea. Corneal swelling can reduce vision, sometimes dramatically, and decreased corneal sensation has also been noted in patients with this disease.

The risk of cataract is two to four times greater in diabetics as compared to those without the disease, and in Type I diabetics the risk is 15 to 20 times greater. Cataracts also seem to grow at a faster rate in diabetics compared to those without diabetes. Results of cataract surgery are very good for patients who have no retinopathy; however, there seems to be a slightly higher risk of retinal tissue swelling after surgery in diabetics.

Temporary paralysis of the isolated muscles around the eye may occur in diabetics, and is frequently the clue to a hidden diabetic condition. Often, the patient will complain of "seeing double" and as irritating as that may be, a temporary solution (such as patching an eye) is sought since this condition usually resolves on its own in one to three months.

Patients with diabetes are at an increased risk for open-angle glaucoma as well. Additional caution must be used in monitoring for side-effects if the patient is being treated with a beta-blocker. These medications can mask the warning signs of hypoglycemia (i.e. shaking, nightmares, sweating, etc.).

A sudden change in visual acuity may also occur in dia-

betics, causing blurred vision. In most cases, until a patient's blood sugar has been stable for at least three months, glasses should not be changed or prescribed.

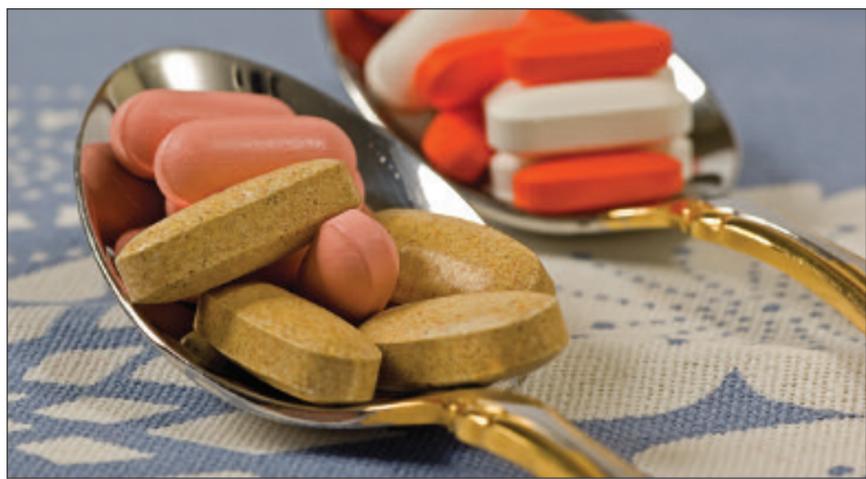
Diabetes also seems to be related to dry eye syndrome as well. All diabetic patients should be screened for evidence of dry eye syndrome, and treated accordingly to reduce the symptoms of burning, foreign body sensation, and fluctuating vision.

The first key in protecting your vision from the ravages of diabetes is in close monitoring of your blood sugar. The Diabetes Control and Complications Trial (DCCT) determined that control of a patient's blood sugar is critical in reducing the rate as well as progression of retinopathy. Diet and exercise are also essential components in maintaining tight control of your blood sugar. Your endocrinologist or internist should be able to help you design a regimen that works the best for you.

The second element in safeguarding your vision is to get annual dilated eye exams with your optometrist. As mentioned previously, early diabetic changes may not cause you any visual symptoms initially, but they still need to be closely monitored. Your optometrist is skilled in detecting any early diabetic changes in the eye, monitoring these changes, and referring you to a retinal specialist when necessary.

If you're diabetic and haven't seen your eye doctor within the last year, make an appointment today. Life is much more enjoyable when you know that you've taken charge of your health and your vision.

Valerie Moulds is a board certified optometric physician practicing in Sebring and is Arizona and Florida certified in diagnostics and therapeutics. She is a member of the American Optometric Association, Arizona Optometric Association and Florida Optometric Association. This information is not intended to diagnose, treat or cure your condition.



Metro Services

A recent study about the effect of vitamins was seriously flawed.

Are your vitamins helping or hurting you?

Dear Pharmacist: I see on the news that taking vitamins can be dangerous for my health. Since I read your column weekly, I know that you like vitamins, and that they help reduce side effects in some cases. Does this study change your position?

— T.C., Gainesville

Answer: No, it just annoys me that snippets about the Archives of Internal Medicine study get any media coverage at all. The news that multivitamins, vitamin B6, folic acid, iron, magnesium, zinc and copper might hasten our death is just ridiculous. Do you really think vitamins and minerals are suddenly bad for you? By that token, you would have to believe that eating vegetables, fruits, and nuts are bad too, because they contain the same nutrients as those proposed to be deadly in this study! C'mon people!

It's sad when Mother Nature is questioned, and vitamins are condemned based on weak and inconclusive statistics, yet other therapies that literally include "myocardial infarction" as a side effect remain on the market. This scary fact doesn't get any airtime. Let's take a closer look:

Point 1: The conclusions drawn, were not based upon an actual clinical trial that offered a double-blind, placebo controlled analysis. The conclusion was drawn from data that tracked 38,722 older women who said they took vitamins for 20 years. Key word "said."

Point 2: The University of Minnesota researchers had women fill out questionnaires. The women "said" they took vitamins. That's it! Should scientists draw sweeping conclusions about mortality based on questionnaires? The death rate could be due to any number of factors.

Point 3: Supplement takers experienced an average of 2.4 percent increased risk of dying over the course of two decades, compared with women who didn't take supplements; adjustments were made for age and caloric intake. I'll spare you the number details here, but



Dear Pharmacist

Suzy Cohen

there was only a one percent difference between death rates for the two groups. You can scare more people by manipulating statistics and hyping a "2.4 percent increase in death." Boo!

Point 4: What was their health status? What was the baseline health status? Remember their beginning age back in 1986 was 62 years old. I'm sure some of them were virtual crock pots of disease. What if these ladies failed to take vitamins in their youthful years, or took poor quality ones? Did they exercise in their youth? What was their cholesterol, insulin, Lp(a) and CRP levels? Who knows? Well-informed scientists would never assign sole blame to vitamins when the data is being extracting seniors who almost always have multiple health concerns and take numerous prescription drugs. There's no linear connection, do you see how silly this all is?

Point 5: Nutritional status was never objectively evaluated. How did they eat? Did they smoke? For all we know they were taking dietary supplements in-between cheeseburgers and fries, rather than part of a

healthy well-balanced diet.

Point 6: What was their medication profile like? I suspect the was a lot of drug mugging going on! These ladies could very well have been so nutritionally depleted that they died of some other reason? Not one of the participants was ever given a Cardio-ION, Genova or SpectraCell blood test to determine baseline micronutrient status? Ever. Let's focus on vitamin B6 deficiency for example. Over 150 drugs rob your body of that. Run low of B6 and you're levels of toxic homocysteine will climb, raising risk for hypertension, heart attack and stroke! So how did these scientists sort out whether these elderly women were dreadfully deficient of a particular vitamin, or died from taking one? They didn't.

One more point. I firmly believe that it's best to get nutrients from eating living plant-based foods, and juicing every day... using dietary supplements to fill the gaps. Dietary supplements are regulated by the DSHEA Act of 1994, through the FDA, and they are intended to support adequate nutrition, not to prevent disease. Ask your health care provider what is right for you based on your activities, age, gender, medication profile and dietary habits.

Suzy Cohen is a registered pharmacist. For more information, visit www.DearPharmacist.com. This information is not intended to treat, diagnose or cure your condition.

SNAPSHOTS

Outreach schedule

Ace Homecare will host the following community outreach events in the coming week:

— Today, 9 a.m., Health Fair, Highlands Village, Villa Road, Sebring

— Monday, 9 a.m., Coping with Transitions, Resthaven Assisted Living facility, off RT 64, Resthaven Road, Zolfo Springs; 1 p.m., Caregivers Support Group, Crown Pointe Assisted Living Community, Sun 'n Lake Boulevard, Sebring.

— Tuesday, 9 a.m., Doctors panel, Groves, behind Sebring Diner, U.S. 27 Sebring; 10:30 a.m., Health Fair, Lake Placid Meal Site, Interlake Boulevard, Lake Placid

— Wednesday, 9 a.m., Health Fair, Avon Park Meal Site, Main Street, Avon Park; 1 p.m., Health Fair,

Tanglewood, U.S. 27 Sebring.

Better Breathers Support Group at Florida Hospital

The American Lung Association's Better Breathers Club is a Lung Health Support Club for adults with lung disease, and their families and friends. The club offers educational information on COPD, chronic bronchitis, emphysema, asthma, sleep apnea, and other lung diseases. It features different speakers each

meeting on topics ranging from living with lung diseases, equipment use, managing and coping with your disease, and more.

The next meeting is Friday, Oct. 28 at noon in Conference Room 3, upstairs at Florida Hospital Heartland Medical Center in Sebring. The speaker will be the respiratory therapist from Good Shepherd Hospice and the topic will be COPD and Hospice. A healthy snack and beverage will be provided. For more information about the support group call Mike Napper at 402-3450.

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DIVERSIONS

Bette to Gaga: Take my clothes

By ALICIA QUARLES
AP Entertainment Writer
NEW YORK — It wasn't long ago that Bette Midler blasted Lady Gaga on Twitter for appearing in a costume that was similar to Midler's famous mermaid-in-a-wheelchair get-up. Now the Divine Miss M is extending an olive branch by suggesting Gaga buy some of her originals. "I think she should go for a real wheelchair and a real fishtail because these are really beautiful. They are decorated and hand-beaded," Midler said in an interview Tuesday.

Gaga and the rest of the world will soon be able to bid on that costume and more, as Midler is selling some of her most iconic outfits through Julien's Auctions in Beverly Hills, Calif., on Nov. 12, with some of the proceeds benefiting her charity, the New York Restoration Project.

The Associated Press: Was it crazy to go through and look at all of those costumes, sizes and styles?

Midler: It was my weight. It was my height. It was the fashion. It was what color my hair was. It was who I was living with, or who I was in love with. It is very, very moving, but it is also time to spin that stuff out into the world. You get to a certain point in life and you say, "Do I really want my daughter to have to deal with this when I am gone?" It is just so massive and you don't. You really don't. You want people to have the joy of it while you are still alive.

AP: How did you decide what to auction?

Midler: The Julien's people came down to my warehouses and we looked through the stuff. Some of the stuff is so well known and iconic, they kind of cherry-picked what they thought was the stuff that the fans and interested parties would respond to the most, and that is what they chose. I took some of the things out of the auction. Some of it is so sentimental, has great sentimental value for me.

Honestly, almost every part of my career is represented in this particular auction. It is really stunning. There are over 300 items — stuff from the movies, stuff from the live show, stuff from my television shows, stuff from record covers. You name it, it is all in there.

AP: What are some of the items that you could not part with?

Midler: The dress that I wore to the red carpet for the opening of "The Rose." I kept that back. That was the dress that made me cry because it was such a wonderful time in my life and I was surrounded by friends and I was so thin.

AP: You are selling the iconic mermaid costume?

Midler: Not just one. Some of my best ones are up for auction, and some of my chorus girls are up for auction, and I am waiting for Gaga to get in there and grab hers. Some of the wheelchairs are up for auction. I mean, there is a selection from everything.

AP: What if Gaga buys your entire collection?

Midler: I would be thrilled. I hope she buys at least a little bit. It would be fun. There are so many wonderful ideas and so much of it. So much of it is so funny.



Kevin Spacey stars as the character Sam Rogers in "Margin Call," written and directed by J.C. Chandor.

'Margin Call' depicts collapse with intensity

By CHRISTY LEMIRE
AP Movie Critic

Several movies in the past year or so have tried to get their arms around the unwieldy topic of the 2008 economic collapse. It's a subject that's incredibly complicated and, even more challenging for filmmakers, not one that's inherently cinematic.

The documentary "Inside Job" did an excellent job of spelling out what happened in a clear, concise way without ever condescending to its audience, and it earned an Academy Award in the process. Several feature films, including the hit-and-miss "The Company Men" and the operatic "Wall Street: Money Never Sleeps," have tried to put a human face on the subject with mixed results.

Now we have "Margin Call," which recreates the earliest moments of the crisis with the tight time frame and claustrophobic setting of a play — a David Mamet play, to be specific. First-time writer-director J.C. Chandor depicts this devastating moment of volatility with a patter that's reminiscent of Mamet: profane and masculine, with rhythmic repetition of certain key phrases that we, unfortunately, can't repeat here ourselves. It's a fitting approach given the swagger of the characters in this cruel and competitive world, as well as the pressure they feel once they realize how much trouble they, and the rest of the world, are in.

Chandor's father worked for Merrill Lynch for nearly 40 years, so this is a realm — and a personality type — he knows well. He also knows well enough to stand back and let the excellent cast of actors he's amassed do what they do best. He depicts these dramatic developments without any melodrama, but rather offers



Movie Review 'Margin Call'

Rating: R (language)
Running time: 107 minutes
Review: ★★★ (of 4)

a steady drumbeat as one person after another comes to the chilling realization that we're all screwed.

"Margin Call" takes place over a 24-hour period, beginning with some slash-and-burn layoffs at a major financial firm. Among the casualties is risk analyst Eric Dale (Stanley Tucci), who passes along to one of his underlings, Peter Sullivan (Zachary Quinto, who's also a producer), some figures he was studying on his way out the door. His warning: "Be careful."

Peter — who literally is a rocket scientist with a doctorate from MIT — digs a little deeper later that night while the firm's bad boys are out partying. His realization that Eric was onto something, that the firm is in way over its head and is about to find out its assets are essentially worthless, spreads across his face with a quiet horror. It's a reaction that we'll see again and again as this discovery gets kicked up the chain of command.

Next up is Peter's new boss, the charismatic Will Emerson (Paul Bettany), and then his boss, the 34-year veteran Sam Rogers (Kevin Spacey). Then come the people who run the risk management department (Demi Moore and Aasif Mandvi) — whose warnings of trouble a

month earlier went unheeded — and then the firm's young, soulless head honcho (Simon Baker), until finally the creepily calm CEO (Jeremy Irons) drops down from the sky in his helicopter in the middle of the night.

"Margin Call" unfolds in a series of quietly intense and increasingly distressing meetings between the various figures— Quinto and Spacey, Spacey and Irons, Irons and Moore, Moore and Tucci, and so on. There are no histrionics, just the intermittent hum of Nathan Larson's score to keep us on edge, and the lights of the Manhattan skyline glittering throughout this all-nighter to remind us of the wealth and power that drove these people in the first place.

Perhaps it's all a bit too actorly, a bit too stagey in its structure. But strong performances abound, which is evident given Chandor's intimate approach, and that makes "Margin Call" consistently compelling. Bettany and Baker tear it up in big, showy roles, and Tucci is withering in just a glance as the film's disillusioned voice of reason. But Spacey does some of the best work we've seen from him in a while as a once-confident man who's now questioning everything upon which he built his cushy life. A subplot involving his beloved dog may seem like a maudlin metaphor for his fate — and the nation's — but it sure is apt.

Rules change between daughter and dad as little girl grows up

Dear Abby: My preteen daughter, "Avery," has started developing a more mature figure. She recently told me privately that one night while I was in class, her father smacked her on the bottom and started playing with the back pockets on her jeans. It made her very uncomfortable. When Avery asked him to stop, he told her that she's his "baby girl" and he could smack her "cute little butt" if he wants to.



Dear Abby

I think my husband truly believed it was OK and didn't mean (at least consciously) to touch her inappropriately. But if it bothered Avery, it can't continue.

I'm afraid I'll overreact if I try to discuss this with him. I was sexually abused by a relative when I was a young teenager. This relative also said that because he was related to me he could touch me in whatever way he wanted. To further complicate matters, my husband refuses me in bed.

If there's trouble brewing, I want to stop it now, but I don't want to come off as a freaked-out, paranoid former victim seeing abuse where it may be total innocence. Any suggestions?

— *Uneasy in Indiana*

Dear Uneasy: Yes. Listen to your gut. Tell your daughter you're glad she told you what happened, and you want her to come to you anytime ANYONE makes her feel uncomfortable. No one has the right to touch her if she doesn't want to be. And because what her father did made her uncomfortable, her "cute little butt" is off limits.

If your husband gives you an argument, insist on professional counseling for the two of you. He may be slow to realize that his little girl is growing up and the rules have changed. A licensed counselor will not come off as a "freaked-out, paranoid former victim" and can help him to understand that his behavior should not be repeated. And while you're at it, raise the issue of your sex life so you will have a clearer understanding of why it is the way it is.

Dear Abby: Because ADHD (Attention Deficit Hyperactivity Disorder) affects so many people, my letter may interest many of your readers. An estimated 4.4 million children between the ages of 4 and 17 have this diagnosis. Half of them receive some form of medication for it.

This disorder is also present in adults. According to an April 2006 study funded by the National Institute of Mental Health, an estimated 4.4 percent of adults 18 to 44 experience some symptoms from it.

Thanks to ongoing research and improved treatment, adults with ADHD can live more successful lives. The largest study on childhood ADHD also shows effective treatments are available.

CHADD (Children and Adults with Attention Deficit/Hyperactivity Disorder), the largest family-based organization advocating for people with the disorder, provides information, advocacy and support. Our website (CHADD.org) and publications contain science-based information. It includes available parent and teacher training programs as well as support groups in 200 locations.

Thank you for printing this and the advice and wisdom you have shared so consistently over the years.

— *Marie S. Paxson, past president, CHADD Organization*

Dear Marie: I'm pleased to spread the word that effective treatment for ADHD — which can be inherited — is becoming more accessible to families affected by it. Treatment for this disorder includes parent training, behavioral intervention, educational adaptations, parent-child education on ADHD and medication. If a child you know has been diagnosed with this disorder, CHADD can be a helpful resource.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillip. Write Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

Police: NY crew took tricks from heist film 'Town'

Associated Press
NEW YORK — Police say a prolific burglary crew in New York City has taken cues from the bank heist drama "The Town," splashing bleach on ATMs and cash drawers to destroy DNA evidence.

A New York Police Department spokesman said Tuesday several burglary suspects told detectives they'd watched the bad guys in the Ben Affleck-directed film do the same thing. The suspects were arrested over the weekend.

The 2010 movie stars Affleck as leader of a crew responsible for a string of Boston bank and armored-truck holdups. Jon Hamm portrays an FBI agent pursuing them.

The real bandits are suspected in 62 burglaries at delis, discount stores and pizzerias in Brooklyn and Queens. Police say they made off with \$217,000.

Four suspects are awaiting arraignment.

A fifth is already behind bars on an unrelated weapons charge.

SUDOKU

6			7			1		
		3	1		5			
					6	9		
	2			3		8		
	4					7		
		9					4	
		1	2	6		3		
	9	5	3	1				
		2						9

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

1	6	4	8	7	5	2	9	3
7	9	2	4	1	6	3	8	5
5	8	3	6	9	2	1	7	4
2	5	4	7	8	6	9	3	1
9	3	8	7	2	5	6	8	4
6	1	8	7	3	4	9	2	5
3	5	6	9	4	7	1	7	2
4	6	9	6	7	4	8	3	1
8	7	3	1	2	5	6	7	4

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FIRE SAFETY

ROOM BY ROOM

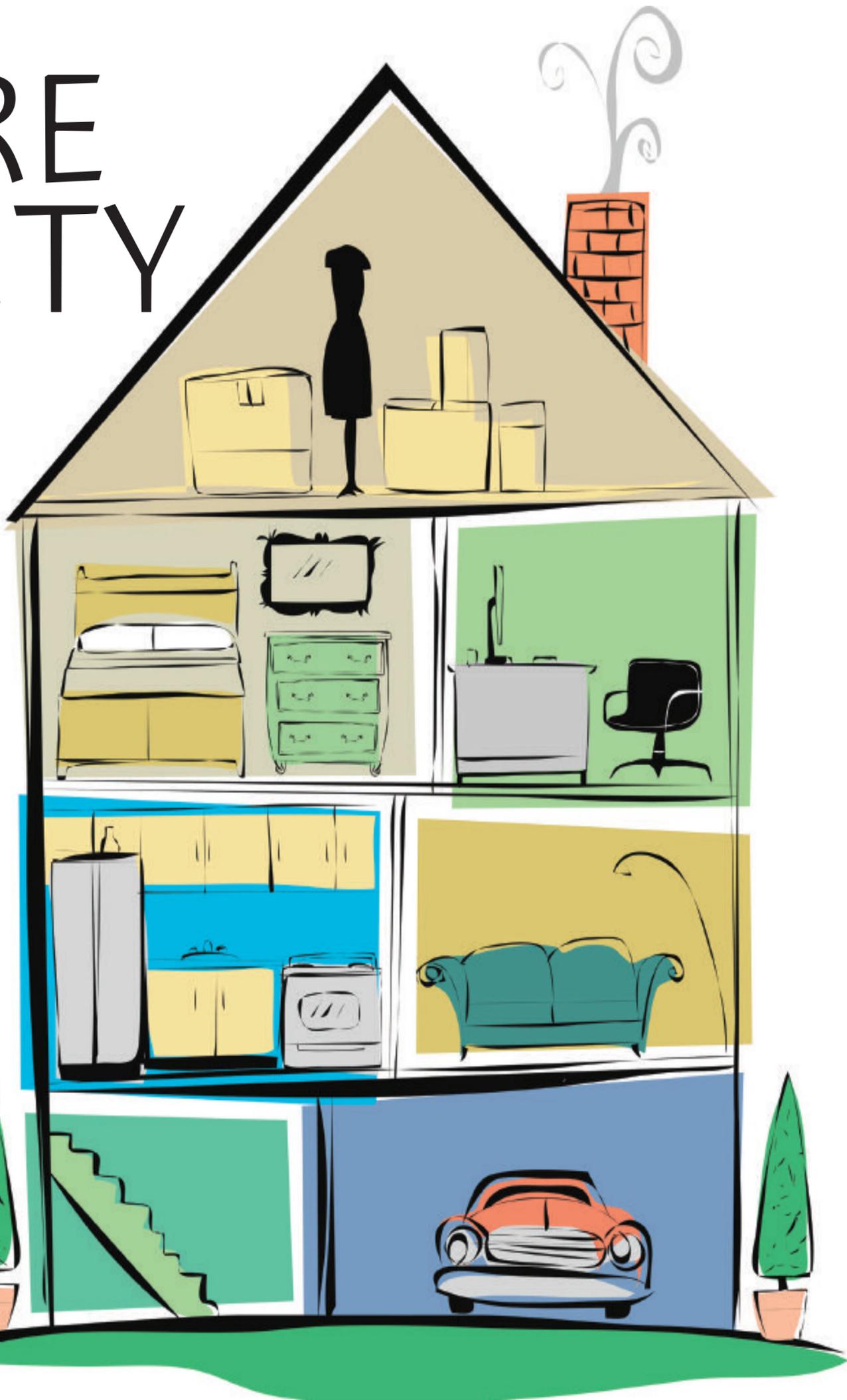


Illustration courtesy of Getty Images

FAMILY FEATURES

Home fires may seem like the kind of event that happens to someone else, but the reality is, it could easily happen to you.

Approximately every three hours a home fire death occurs somewhere in the nation, according to the International Association of Fire Chiefs (IAFC). Take action now to make sure your home is safer, and that your family knows what to do in case a fire does break out. And don't stop there — share some positivity in your community by reminding family and friends to change the batteries in their smoke alarms when they change their clocks this fall.

Make a Plan

When a home fire occurs, you have very little time to get out. Having an escape plan that everyone is familiar with is a critical part of saving lives. Yet only 23 percent of U.S. families have developed and practiced a home fire escape plan to ensure they could escape quickly and safely.

- Draw a floor plan of your home and find two ways out of every room. Sketch the exit routes clearly on the floor plan.
- If an upstairs window is one of the escape options, make sure you have a fire escape ladder long enough to reach the ground. Make sure every adult knows how to use it. Adults should be responsible for helping younger children.
- Assign an outside meeting place, so that if the family escapes from different routes, you can quickly locate each other.

Room by Room

Bedrooms

The peak time for home fire fatalities is between 10 p.m. and 6 a.m., when most families are asleep.

- Do not trap electrical cords against walls. Heat can build up, posing a fire hazard.
- Use only lab-approved electric blankets and warmers. Make sure cords are not worn or coming apart. Do not leave electric blankets switched on all night unless they are marked "suitable for all night use."
- Keep bedding, curtains and other combustible items at least three feet away from space heaters.
- Never smoke in bed.
- Replace mattresses made before the 2007 Federal Mattress Flammability Standard. By law, mattresses made since then are required to be safer.
- Have a working smoke alarm in every bedroom and outside each sleeping area.

Living Room

- Do not overload electrical outlets.
- Never run electrical cords under carpets.
- Check all electrical cords for fraying or other signs of damage.
- Only light decorative candles when adults are in the room. Use stable candle holders that will not catch fire. Blow candles out when you leave.
- During a power failure, do not use candles or oil lamps for light. Keep battery operated flashlights and lanterns in easily accessible places. Candles used for light in the absence of electrical power cause one-third of fatal home candle fires.
- Make sure you have a working smoke alarm in each room, including the living room.

Kitchen

Cooking equipment is the leading cause of reported home fires and home fire injuries in the United States, according to the U.S. Fire Administration.

- Never use extension cords to plug in cooking appliances. They can overload the circuit and start a fire.
- Stay in the kitchen when you are frying, grilling, or broiling food. If you leave the kitchen for even a short period of time, turn off the stove.



Change Your Clock, Change Your Battery®

Daylight saving time ends Sunday, Nov. 6, 2011 and marks the 24th anniversary of the Change Your Clock Change Your Battery® program, created by Energizer and the International Association of Fire Chiefs (IAFC). This program reminds people to check and change the batteries in their smoke alarms and carbon monoxide detectors during the fall time change.

Installing smoke alarms on every level of the home can give your family precious minutes to get out and get to safety.

- Teach children what smoke alarms sound like and what to do when they hear one.
- Once a month, check whether each alarm in the home is working properly by pushing the test button.
- Replace batteries in smoke alarms at least once a year. Immediately install a new battery if an alarm chirps, warning the battery is low.
- Smoke alarms should be replaced every 10 years. Never disable smoke or carbon monoxide alarms.
- Carbon monoxide alarms are not substitutes for smoke alarms. Know the difference between the sound of smoke alarms and carbon monoxide alarms.

Garage

- Keep anything that can catch fire away from the cooktop. This includes potholders, oven mitts, wooden utensils, paper or plastic bags, food packaging, towels and curtains.
- Keep the cooktop, burners and oven clean.
- Loose clothing can dangle onto stove burners and catch fire. Wear short, close-fitting clothing or tightly rolled sleeves when cooking.

- Store all combustible materials in their proper containers and be sure they are clearly marked.
- Keeping the garage tidy can also help keep it safe. Get rid of stacked boxes, newspapers, recycling and trash. They can be instant fuel for a fire.

For more tips, visit www.Energizer.com.