



## Sweet smell of success

PAGE 14B



## 'Power of Pink' is Thursday

PAGE 2A



Sunday, October 9, 2011

www.newssun.com

Volume 92/Number 119 | 75 cents

### Forecast



Variable clouds, t-storms, windy

High **87** Low **70**

Complete Forecast PAGE 14A

### Online



**Question:** Would opening more casinos in Florida be a good idea?



Total votes: **84**

**Next question:** Should the School Board privatize custodial duties?

Make your voice heard at [www.newssun.com](http://www.newssun.com)

### Obituaries

- Annette Dewel**  
Age 94, of Sebring
  - Evelyn Lohnes**  
Age 89, of Sebring
  - Mary Ann Ronk**  
Age 82, of Sebring
  - Rickey Roskelly**  
Age 55, of Sebring
- Obituaries, Page 5A

### Index

Arts & Entertainment	6B
Books	9B
Business	9A
Chalk Talk	12B
Classifieds	11A
Community Briefs	5A
Community Calendar	5B
Crossword Puzzle	13B
Dear Abby	13B
Editorial & Opinion	4A
Horoscopes	13B
Lottery Numbers	2A
Movie Times	13B
News from the Watershed	8B
Pause and Consider	13B
School Menus	11B
Senior Scene	10B
Sports On TV	2B



www.facebook.com/newssun



# More than a knee jerk reaction

By CHRISTOPHER TUFFLEY  
christopher.tuffley@newssun.com

SEBRING — It all began, Humberto Ramirez said, on a trip to Wauchula.

His godson, Santos de la Rosa, asked him what he thought about the plight of undocumented immigrant families being separated when parents are taken from their children, to be incarcerated, and then deported.

The issue is important to both men, who spent years picking oranges and vegetables, becoming activists over time. It is an issue, however, difficult to address.

Ramirez and de la Rosa didn't fool themselves. They understand a solution takes time, probably even generations, so education and raising awareness was essential for future success.

De la Rosa, who was born in this country, told Ramirez, "We've had marches and people still don't understand, but how can I stay home and say, well, it's up to Congress?"

Ramirez suggested marching on their knees, but "I was only joking," he said.

Which is why he was stunned when de la Rosa called him a few days later.

"We're going to have a 'knee-athon,'" Ramirez said de la Rosa told him, "We start next Saturday."

In the four weekends since — they march on Saturdays and Sundays — the group covered 10 miles, more than a mile a day.

Ramirez told the *News-Sun* Saturday morning — as the group of 15 individuals, carrying American flags and placards, walked north along U.S. 27, taking turns on their knees — the fast pace didn't surprise him. "We work on our knees, we're always on our knees. This is nothing new to us. We hope to draw attention; we hope it will make people think."

de la Rosa put it a different way, "You pray on your knees," he said. "We're praying to God that he can soften hard hearts. We're not demanding anything, we're only asking for help. We're begging for help."

There are many misconceptions about undocumented workers, both men said.

For example, no federal aid of any



A group of activists, drawing attention to the need for immigration reform, have only gratitude and respect for who see them as human beings, that is for the majority of Americans. By marching to Washington D.C. they hope to make more people think. One participant paraphrased the Bible, 'More blessed is he who hears the word and heeds it.'

kind is available to undocumented families. "You have to have a Social Security card to get food stamps," de la Rosa explained. "No Social Security card, no stamps. Undocumented workers do not have Social Security cards."

A young man taking part in the march told the *News-Sun* about undocumented young men and women brought into the country by their parents when they were infants or very young. Some of these young people don't even speak Spanish, the United States is truly their home, but college is frequently out of their reach, because, as with food stamps. They are not only ineligible for federal aid, they are also in danger of being deported to countries totally foreign to them. The young man knows this painful situation from personal experience. He arrived with his family so long ago he has no memory of anywhere else. He has studied engineering and earned an associate's degree, but still undocumented, he is now stuck in limbo.

Another participant said it was sad that America was fighting for human rights in other countries, like Iraq and



Members of an informal group, brought together by word of mouth, have begun a march to Washington D.C. to raise awareness about the need for immigration reform.

Afghanistan, but ignoring, or actually suppressing, human rights at home. "America used to mean something special," the marcher said. "It was the

See KNEES page 7A

## School board moves forward with privatization of custodians

By ED BALDRIDGE  
ed.baldrige@newssun.com

SEBRING — The School Board of Highlands County is looking closely at outsourcing their custodial needs and Supervisor Wally Cox wants to make sure that the district, taxpayers and employees all benefit from a possible transition.

Charlie Spencer, senior regional vice president of GCA Services Group, and sales director Liz Strunk were both on hand to answer questions and present their business model to the board on Tuesday.

Spencer and Strunk candidly explained how GCA could provide a variety of services to the school district and explained how economies of scale and weekly training would improve efficiency in the day-to-day custodial chores.

Spencer and Strunk informed the board and Cox that the decision to fully integrate or to try a pilot program as well as some hybrid of the two were all options.

"We can tailor the program to meet your needs," Spencer said.

"I would like to look at a transition plan," Cox explained to the board.

Cox pointed out that a lot of outsourcing was already in progress for the custodial staff in all of Highlands County, and suggested that almost two-thirds of the custodial staff were temporary workers provided by Sunshine Staffing.

"We are already on the path of privatizing our custodial staff," Cox said. See BOARD page 7A

## Dirty Dozen II will be a little bit filthier

By SAMANTHA GHOLAR  
sgholar@newssun.com

SEBRING — This year's Dirty Dozen Mud Run II competition is fast approaching and Highlands County residents are all invited to attend. The second Dirty Dozen is scheduled for Oct. 29.

The Dirty Dozen is a 12-part, two-mile obstacle course and endurance competition that is full of challenges and a lot of mud.

Sebring International Raceway project manager Lisa Celentano, event creator, first gave Highlands County a taste of the competition with the first DD in May. Dirty Dozen had approximately 150 registered participants. Celentano hopes to beat that number with Dirty Dozen II.

Topping DD I numbers

shouldn't be too hard with the new additions to the competition, the biggest being the Half Dozen.

"We've added a kids competition, the Half Dozen," Celentano said.

The Half Dozen is geared for competitive kids ages 7 to 12 and will be a scaled down version of its adult counterpart.

The Half Dozen will have only six obstacles and is only one mile of mud and fun.

Celentano is anxious about the upcoming event.

"We have a couple of new obstacles this time. We have a climbing wall, we've added barbed wire to the course. They will have to crawl under it through mud. We also have a rope bridge and competitors will have to balance across the water," Celentano said.



The Dirty Dozen Mud Run is scheduled to take place Oct. 29 at the Sebring International Raceway. The two mile fun run includes 12 muddy obstacles.

The biggest and most noticeable addition to the competition is the mud.

"Everyone kept saying 'We want to get dirtier' so we

added more mud. There will be a lot of mud," said Celentano.

The registered participants already are giving the first

Dirty Dozen a run for its money. Celentano reported Friday that the competition has 100 pre-registered participants. See DIRTY page 7A

Phone ... 385-6155

Fax ... 385-2453

Online: www.newssun.com



locally owned community minded

Avon Park  
800 West Main St.  
863.453.6000

Lake Placid  
600 U.S. Hwy 27 N.  
863.699.1300

Sebring  
327 U.S. Hwy 27 N.  
863.386.1300

Sun 'n Lake North  
5033 U.S. Hwy 27 N.  
863.386.1322



## POLICE BLOTTER

The News-Sun would like to remind the readers that the names listed below reflect those who have been charged with a crime, but they are all innocent until proven guilty by a court of law. If anyone listed here is acquitted or has charges dropped, they can bring in proof of such decision or mail a copy to the paper and the News-Sun will be happy to report that information. The News-Sun is at 2227 U.S. 27 South, Sebring, FL 33870.

The following people were booked into the Highlands County Jail on Thursday, Oct. 6:

◆ Lynn Wayne Allen, 42, of Avon Park, was charged with fraud-impersonation and driving while license suspended.

◆ Alfred Alexander Brown, 44, of West Palm Beach, was charged with two counts of violation of probation reference giving false name/identification to law enforcement officer and resisting arrest without violence, and withholding support.

◆ Oscar Lee Brown, 26, of Lake Placid, was charged with two counts of driving while license suspended.

◆ Jerry Lee Compton, 34, of Lake Placid, was charged with resisting an officer.

◆ Nina Claithier Dennard, 47, of Avon Park, was charged with failure to appear reference issue/obtain property with check, and fraud-insufficient funds.

◆ William Ray Freeman, 21, of Sebring, was charged with aggravated battery.

◆ Steven Milo Griffin, 21, of Sebring, was charged with violation of probation reference marijuana distribution/delivery within 1,000 feet of a specific area.

◆ Edward Lamar Hamilton, 29, of Lake Placid, was charged with loitering.

◆ Ashley Harris James, 20, of Avon Park, was charged with violation of probation reference grand theft.

◆ Hermino Torres Jaramillo, 36, of Lake Placid, was charged with violation of a municipal ordinance.

◆ Lakeisha Tameka Jones, 31, of Lakeland, was charged with operating a motor vehicle without a valid license.

◆ Linda Faye Moody, 54, of Avon Park, was charged with trespassing.

◆ Todd Bernard Packer, 51, of Avon Park, was charged with failure to appear reference possession of cannabis.

◆ Danyelle Denise Smith, 28, of Lake Placid, was charged with prostitution or assignation offer commit engage, and cruelty toward child act that could result in physical mental injury.

◆ Daniel Lee Summers, 51, of Sebring, was charged with battery.

◆ Heather Lee Warren, 23, of Sebring, was charged with three counts of violation of probation reference fraudulent use of a credit card and petit theft.



Annette Daneau and Larry Harbison are retiring this month from the Highlands County Sheriff's Office. Courtesy photo

## HCSO members retire

*Special to the News-Sun*  
SEBRING — The Highlands County Sheriff's Office said goodbye to two valued members this month.

Annette Daneau, administrative aide in the Detention Bureau, has been employed with the Highlands County Sheriff's Office since 1992 in various capacities. Most recently she was the administrative aide to Detention Bureau Commander Major David Paepfow and provided support for the entire jail staff. Daneau was also a member of the regional Jail Inspection Team, main-

tained the Detention Accounts Payable schedules, the Bondsmen's List and many other duties. She was also responsible for keeping up with all of the statistics within the jail, always ready with the numbers when needed for decision making.

Also retiring in October is Farm Manager Larry Harbison. Harbison joined the Highlands County Sheriff's Office in 2003 and for the majority of his time with the agency he managed the Inmate Farm Program. This program supplied food

consumed in the Detention Facility to include fresh vegetables, eggs and other products.

Many inmates worked with Harbison, learned farming skills and helped to keep up the farm.

Most recently Harbison was called upon to help with building maintenance. While undergoing the current renovations it was necessary to have all hands on deck and Harbison displayed his "can do" attitude and worked as a maintenance technician until his retirement.



Got something to say? Call the News-Sun's Sound Off Line at 386-5621 and have your say anonymously. Just keep it clean and legal.

Sebring Rays fans are enjoying the team's efforts to overtake the Red Sox for a spot in the playoffs. I think the Yankees & the Red Sox upper echelon personnel (owners, GMs, et al) should be "red faced" with their unbelievable payrolls and the Rays with their paltry payroll are still hanging in there. Money buys a lot of players but brains can overcome some of the financial limitations.

Now Obama has lost \$70 billion he had sent to Afghanistan. You would think after they couldn't locate the first billion they would start an investigation immediately before they sent 60 more billion. Obama's administration is so full of idiots to let a tragedy like this happen to the American taxpayers money.

Then Obama has the nerve to say we may not get our

Social Security money. That money is in our Social Security trust fund.

Also our soldiers need their pay. Our grandson is a military police officer and he cannot go without his pay. This whole budget mess going on in Washington right now is Obama's fault because him and the other Democrats did not write up their budget for the last two years and now he's blaming everybody but himself.

Every day when I turn on the television there is another message giveaway of taxpayer money to union buddies, Solyndra, and then today a communications company. White House defense is this is political and, in my opinion, it sure is. The question is how much more of this money can be given away before the well goes dry. I think the only answer is impeach.

## 'Get in Touch with the Power of Pink' on Thursday

By ROMONA WASHINGTON  
editor@newssun.com

October brings heightened awareness to breast cancer and a small group of women are very much aware that some breast cancer goes undetected because many cannot afford mammograms. As a result, they have decided to team up and present Get in Touch with the Power of Pink, an evening of shopping and networking that will result in a free mammogram being given through Samaritan's Touch Care Center.

The event will be held from 5-9 p.m. Thursday at Grace Bible Church, 4452 Thunderbird Road.

Samaritan's Touch Care Center is a faith-based charitable medical center providing free primary and specialized health care to uninsured, financially struggling families in Highlands County.

Diana Walker, the coordinator of Get in Touch with the Power of Pink, said she has a group of friends, who are also independent consultants, who like to join together and do expos for their clients and other interested persons. This year, they wanted to do something to give back to the community and agreed that giving away a mammogram was the thing to do.

Rachel Nawrocki, executive director of Samaritan's Touch, said, "We are the only health care facility that offers free health care for those people who are at or below

poverty level, including those who are on Medicare and/or Medicaid ... those people who have fallen through the cracks and have nowhere else to turn."

Florida Hospital Heartland Medical Center, which does all of the breast screening for clients of Samaritan's Touch, has donated three mammograms to be given away during the Power of Pink event. Register for one of the free mammograms at the Samaritan's Touch Care Center table.

Stephanie Sherrae Salon & Spa is again doing the pink streaks in hairstyles for \$5 and this year is offering pink feathers for \$10.

Other businesses who will have booths set up include Kaptured by Katara, Brewster's, The Spa at Hammock Falls, Building Blocks Early Learning Center, Florida Hospital Breast Care Center, and Matt Christian of ReMax Realty.

Silent auction items will be offered by the independent consultants — including Avon, Biltmore Inspirations, Jewel Kade, Pampered Chef, Scentsy, Rodan & Fields Dermatology, Thirty One Gifts, Jenn's Jewels, Tupperware, Usana and Fortune Hi-Tech Market — as well as other area businesses.

All proceeds from the pink streaks and pink feathers, as well as silent auction, will go to Samaritan's Touch.

Winners of the silent auction items must be there to win.

**Kaylor & Kaylor P.A.**  
Personal Injury • Medical & Nursing Malpractice  
Workers Compensation • Wrongful Death  
Auto Accident • Social Security Disability  
**863-382-1900**  
205 S. Commerce Ave • Sebring, Florida

**Lottery Center**

<b>FLORIDA LOTTO</b>	Oct. 5	24 26 28 29 42 50 x:2	Next jackpot \$10 million
	Oct. 1	6 9 16 24 31 42 x:4	
	Sept. 28	8 10 15 34 39 45 x:4	
<b>Play 4</b>	Oct. 7 (n)	8 1 2 7	
	Oct. 7 (d)	9 7 3 3	
	Oct. 6 (n)	5 1 2 5	
	Oct. 6 (d)	9 4 7 2	
<b>CASH 3</b>	Oct. 7 (n)	5 4 5	
	Oct. 7 (d)	6 3 2	
	Oct. 6 (n)	4 0 8	
	Oct. 6 (d)	1 5 0	

**MEGA MONEY**

Oct. 7	12 14 33 35	10
Oct. 4	13 19 25 37	8
Sept. 30	4 10 22 42	3
Oct. 27	8 9 24 32	5

**POWERBALL**

Oct. 5	7 20 43 46 54	PB: 17	PP: 4
Next jackpot \$71 million			
Oct. 1	1 12 23 27 43	PB: 31	PP: 3
Sept. 28	30 41 50 51 53	PB: 8	PP: 2

Note: Cash 3 and Play 4 drawings are twice per day; (d) is the daytime drawing, (n) is the nighttime drawing.  
PB: Power Ball PP: Power Play

**Kaylor & Kaylor P.A.**  
Social Security Disability  
New Claims • Hearings by a Judge  
Reconsiderations • Appeals Court  
**863-382-1900**

**NEWS-SUN**  
Highlands County's Hometown Newspaper Since 1927

Published every Sunday, Wednesday & Friday at 2227 U.S. 27 South • Sebring, Florida 33870  
A Harbor Point Media Company

OFFICE: 2227 U.S. 27 South, Sebring, FL 33870  
OFFICE HOURS: 8 a.m.-5 p.m., Monday-Friday  
PHONE: 863-385-6155  
MAIN FAX NUMBER: 863-385-1954  
NEWSROOM FAX NUMBER: 863-385-2453

POSTMASTER: Send address change to:  
News-Sun, 2227 U.S. 27 S., Sebring, FL 33870  
USPS — ISSN 0163-3988  
Periodical postage paid at Sebring, FL and additional entry office(s)

<b>CIRCULATION</b>	<b>SUBSCRIPTION RATES</b>	12 mo.	7% FL tax	Total
SUNDAY, WEDNESDAY AND FRIDAY EDITIONS: If you do not receive your home delivered newspaper by 6 a.m., please phone the circulation department before 10 a.m. on Wednesday and Friday publication days, and before 11 a.m. on Sunday publication days and a replacement copy will be delivered to you. Subscribers who notify us after the times mentioned will receive credit to their account. Please call 385-6155.	HOME DELIVERY	\$63.50	\$4.59	\$70.09
	IN FLORIDA MAIL	\$97.27	\$6.81	\$104.08
	OUT OF FLORIDA MAIL	\$111.03	\$7.77	\$118.80

Deadlines for subscription changes are noon on Tuesday for the Wednesday edition, noon on Thursday for the Friday edition, and noon on Friday for the Sunday edition. Changes received after the times stated will be processed on the following publication date.

Romona Washington — Publisher and Executive Editor  
863-385-6155, ext. 515

## Behrens, others get ICMA Longevity Awards

*Special to the News-Sun*  
WASHINGTON, D.C.— Bruce C. Behrens, former city manager of Avon Park, recently received a 20-year service award from International City/County Management Association, the premier local government leadership and management organization. Behrens's achievement were celebrated at a special ceremony as part

of the 97th ICMA Annual Conference in Milwaukee in September.

ICMA Service Awards are based on the number of years of full-time employment in local government.

Behrens is qualified by 20 years of professional local government experience. Prior to his appointment in 2010 as city manager in Avon Park,

he served as town manager in Summerton, S.C. (2007-2009), city manager in Minneola (2005-2007), town manager in Bluffton, S.C. (1999-2004), and city manager in Orange City (1996-1999). Behrens also served as planning director for the city of Ocoee (1988-1994) and was assistant city manager for the city of Winter Park (1972).

# Helms cuts weekly reports to county commissioners

By ED BALDRIDGE  
ed.baldrige@newssun.com  
SEBRING — County Administrator Ricky Helms eliminated weekly reports to commissioners last month, raising concerns about government transparency.



Helms

In the one-on-one meetings, Helms explained, staff is very careful not to poll commissioners.

“We never ask them how they feel about an issue. Sometimes these are very complex issues so we are very careful how we present the information. But there is often a lot of details that we need to include,” Helms said.

“I don’t think we are diluting transparency. We will have individual meetings with commissioners and only provide documents that are public records and can be accessed by other means. There is no impact to the public by making this move,” Helms said. “No, the public cannot attend those one-on-one meetings. They are considered staff level only.”

Helms also used the reasoning that the reports took a significant time away from Helms and staff.

“Yes, those reports were

comprehensive and they took a lot of time to compile and edit for spelling and grammar and such. The information from the department heads was really raw and had to be put into a readable format,” said Helms. “They were a big consumer of time and we don’t have as many hands as we used to have.”

Helms did confirm that the commissioners were aware that the reports had ended, but stated that if the commissioners wanted, he would start doing them again.

“I work for the board. If they want the reports, I will start doing them again. I took it on myself to start and stop the reports, but if they still want them, I will provide them,” Helms said. “No one commissioner asked for the reports to stop, I took the initiative myself to do that.”

Commissioner Don Elwell confirmed that the reports had stopped, and stated that he wished they had not.

“I found them very informative,” Elwell said Monday.

# Digital Design delivery



Courtesy photo

Members of the Avon Park High School Digital Design class Juliana Jackson (top row, from left), Harley Shafer, Paola Santiago, Anthony Davis, and (lower row, from left) Baleigh Jackson, Teresa Devlin, Kelsie Jahna, and Tiffany Phillips collaborate on the logo they designed for the upcoming Harvest Festival On Main. The event is co-hosted by Avon and Park Elementary Schools and will be held from 10 a.m. to 2 p.m. Saturday, Oct. 22 on Main Street in Avon Park. It will feature a costume parade, inflatables, trains, pony rides, a pumpkin patch, games and much more. For more information, call Park Elementary School at 453-4373.

# COMMUNITY BRIEFS

## Would you like to travel to London, Paris and Berlin?

An exciting trip is planned for the summer of 2012 for any interested students and adults. For 15 days, the travelers will explore Britain, France, Austria, Czech Republic and Germany on an EF Educational Tour.

Get up close and personal with some of the important events of World War II with this “European Mosaic” tour. The adventure begins in London where you can wander along the Thames and experience the jewels of London. Then cross the English Channel by Eurostar train to Paris where the group will visit the Louvre, Notre Dame Cathedral and the Eiffel Tower. Your next stops will be Heidelberg, Germany where guests will visit the Heidelberg Castle then on to Munich to visit

Dachau Concentration Camp. Then it’s off to tour Salzburg and Vienna, Austria and Prague, Czech Republic. The final destination will be Berlin, Germany where the group will visit Checkpoint Charlie and Potsdam.

The current price is valid for anyone who enrolls by Oct. 31. The tour package includes round trip airfare, all ground transportation by

motorcoach and Eurostar train, hotel lodging, European breakfast and dinner daily, full time EF tour director, and sightseeing tours led by licensed local guides.

Tour price will increase after Oct. 31, so act now and take advantage of the current price. For more information contact Darrell or Lynn

Continued on page 5A

# Anthony to be deposed in civil case

Associated Press

ORLANDO — Casey Anthony is taking a videotaped deposition for a civil lawsuit in which she is accused of ruining another woman’s reputation.

Attorneys for Zenaida Gonzalez will use videoconferencing Saturday to question Anthony, who will be at

an undisclosed location in Florida.

Anthony told detectives in 2008 that her 2-year-old daughter, Caylee, was kidnapped by a nanny named Zenaida Gonzalez. Detectives said no such baby sitter existed.

A woman with that name sued Anthony, claiming her

reputation was ruined.

Anthony was acquitted of killing Caylee and released from jail in July. She is now serving probation on an unrelated charge at an undisclosed location in Florida.

Her whereabouts have been kept secret since she has received threats.

**LIFE SKILLS with a POSITIVE ATTITUDE!**  
(Best After School Program in Sebring)

- Get In Shape
- Learn Self Defense
- Make Better Grades
- Improve Self Esteem

**GET ON BOARD** with quality life care not day care!  
**WE PICK UP FREE FROM:** Kindergarten Learning Center, Cracker Trail - Sun N Lakes, Woodruff - Fred Wild, Memorial - Hill Country, Sebring Middle

**5 DAYS FOR \$30\***  
A WEEK

**ENROLL NOW**  
(Located on Royalworth Blvd., Sebring)  
**863.471.2467**

**Amartial arts America THE FAMILY CLUB**  
Where Families Grow Strong Together

**Fisher & Paykel DRYER**  
Model #DE60FA2  
27" Front Load Dryer, 6.0 Cu. Ft., 9 Drying Cycles, Automatic Cool-down, Auto Sensing, Wrinkle Guard

**\$349**  
CASH-N-CARRY

**Frigidaire WASHER/DRYER**  
Model #FAFW4011LW  
27" Front Load Washer, 7 Wash Cycles, Washsense Technology, Delay Start, Silent Design

**\$999**  
FOR THE PAIR

Model #FAQE7D11LW  
27" Electric Dryer, 6 Dry Cycles, DrySense Technology, Express-Select Controls, TimeWise Technology, Control Lock

**BUY 1 GET 1 FREE PEDS!**

**MAYTAG DISHWASHER**  
Model #MDB3601BW  
3 Wash Levels, Pots n Pans Cycle, Four Wash Cycles, Energy Star, 3 Hour Delay Wash Option

**\$199**  
CASH-N-CARRY

**LG H.D TV**  
Model #42PT350  
42" Slim-Plazma HDTV, PC Input, Energy Star, Swivel Stand, 600hz Sub Field Driving, Intelligent Sensor, Closed Caption Decoder

**\$599**

**Gary & Rick are having one HOWL of a Halloween Sale!**

**MAYTAG GAS DRYER**  
Model #MGDC400VW  
7 Cu. Ft. Gas Dryer, 7 Cycles, 3 Temperatures, Quiet Sense, SuperStore Capacity, Reversible Door, 90 Minute Wrinkle Prevent Option, Interior Light.

**\$329**  
WHILE THEY LAST!

**MAYTAG REFRIGERATOR**  
Model #MSD2572VEW  
25 Cu. Ft. Side by Side, Adjustable Spill Catcher Glass Shelves, Freshlock crispers, External Ice/Water Dispenser, Up Front Sliding Controls

**\$799**

**Frigidaire RANGE**  
Model #FFEF3018L  
30" Free Standing Electric Range, 4 Radiant Elements, Spacewise Expandable Element, Extra Large Element, 5.3 Cu Ft. Oven Capacity, Even Bake Technology, Store-More Storage Drawer

**\$499**

**Amana MICROWAVE**  
Model #AMV1160VAW  
1.6 Cu. Ft Over The Range Microwave, 1000 Watts, 10 Power Levels, 6 Auto Cook Options Turntable

**\$159**

**MUSSELMAN'S APPLIANCE & TV**

**WE ARE A FULL SERVICE TV REPAIR CENTER.**

Ask us about  **DirecTV**

**386-0898**

**4230 US 27 N Sebring, FL 33870**

Logos for Visa, MasterCard, Discover, Sony, GE, Frigidaire

# EDITORIAL & OPINION

## TODAY'S EDITORIAL

### Grading students fails the grade

Time was, far away and long ago, education was simply a matter of learning a set of skills.

For example, fathers taught their sons how to hunt; mothers taught their daughters how to weave baskets. Determining success was easy — the boy either hit his target, or didn't; the girl completed her basket, or didn't.

We live in a much more complicated world today. Ironically, in our effort to make life less demanding, we now need at least 12 years of education just to navigate our way through it.

As learning became more elaborate and involved, it became difficult to determine which students understood and retained what they learned. Then, as more children and adolescents became students, a shift in thinking evolved. Instead of measuring a student's progress by his improvement — like a runner competes against her own time — students were measured relative to each other — like figure skaters are measured against an ideal. The closer to the ideal a student's work was, the higher the

grade.

Hard work was rewarded; lack of effort was punished. At least that's the theory.

What happened, however, is that grades became judgments, then ends in themselves.

Inflation resulted. The idea of being average, which means a student adequately meets requirements and is doing just fine, is no longer enough to ensure self-esteem or satisfy parents.

In the meantime, research into human development brought deeper understanding. Work by Swiss psychologist Jean Piaget established that all children go through the same stages, in the same order, as they mature. Piaget discovered, however, that not all children take the same amount of time to pass through those stages.

Grading to an ideal does not take this into account. Nor does it factor in extenuating circumstances, like the students living in homes where drugs are in use, or no one else speaks English, or over-worked parents have too little time.

These complications mean some students lag behind the ideal, become discouraged, act out, give up, and finally drop out — which is why educators look for

ways to keep them engaged.

One such effort is the school district's policy to partially subsidize the grades of failing elementary and middle school students. The goal is not to pass a problem forward, or give an unfair advantage to a select few who don't make an effort, but to help students remain hopeful about the future. A child struggling in elementary school can blossom in the 10th grade.

In an imperfect world filled with hardship and stress, the News-Sun believes the student has to come first. Our goal should be ensuring the highest number of children and teens is adequately prepared to fulfill their potential.

Hopefully, the concept of grades will one day be replaced with something more accurate and humane.

While we wait, however, we trust the administrators and teachers in our school district. They are trained professionals, often holding graduate degrees. When they passionately warn us our current grading system works against students who carry burdens, or who are troubled, or who simply aren't as capable, we need to pay attention, and take their advice seriously. Right now, it's the best we can do.

**NEWS-SUN**  
Highlands County's Hometown Newspaper Since 1927

2227 U.S. 27 South • Sebring, FL 33870 • 863-385-6155

<b>NEWSROOM</b>	<b>ADVERTISING</b>
<b>ROMONA WASHINGTON</b> Publisher/Executive Editor Ext. 515 editor@newssun.com	<b>VICKIE JONES</b> Ext. 518 vickie.jones@newssun.com
<b>SCOTT DRESSEL</b> Editor Ext. 516 scott.dressel@newssun.com	<b>CIRCULATION</b>
<b>DAN HOEHNE</b> Sports Editor Ext. 528 daniel.hoehne@newssun.com	<b>TONY MCCOWAN</b> Ext. 522 anthony.mccowan@newssun.com
	<b>BUSINESS OFFICE</b>
	<b>JANET EMERSON</b> Ext. 596 legals@newssun.com

## RIP Steve Jobs

### Laura's Look

Laura Ware

At the outset of this column, I need to point out that I am not a total Apple geek.

I have never owned a Macintosh computer, nor have I ever considered one. I am one of those millions of people who stick with a standard PC and Windows in its various versions, some better than others.

I did flirt briefly with getting an iPhone when my Blackberry showed signs of death. But then Don and I were offered a great deal on Droid phones, so I went in that direction instead.

And I admit to playing with the Ipad when I've had a chance, either borrowing it from a friend or finding it on display in a store. But it's pricey, and I haven't been able to justify the expense given other things in the budget.

But I am totally in love with my iPod.

Technically, I have two iPods — an old one that is living out its last days in my clock radio, where it awakens me in the morning with whatever music/audio books that's still live on it, and my iPod Touch, which I am very attached to.

The iPod Touch is a great invention. Not only does it play the music I've downloaded over the years (thanks to iTunes, where I probably spend way too much money), but I can watch television episodes and movies on it. It also contains a number of fun games, which help pass the time when I'm sitting around somewhere waiting for someone or something.

I even have a Bible program on it that I use frequently at church, (and yes, those who see me using it at church, I am reading my Bible when I use it during services, and not playing Angry Birds. Really).

My iPod makes sitting in a dentist's chair bearable, keeps me company when I go walking, and helps me stay on exercise equipment longer than 10 seconds.

Because of all this, I count myself a fan of Steve Jobs and join others in mourning his passing at the young age of 56.

Steve Jobs is an example of someone who followed his dreams. He took chances and didn't let setbacks keep him from trying again. He not only pushed the people around him, he pushed himself.

The products he had a hand in have profoundly influenced tech in the world. And he never rested on his laurels. Instead of stopping with the iPod, he went on to develop the iPhone and Ipad. Who knows what would have come down the line had he lived?

I'd like to close this column with two quotes from Jobs' June 2005 Stanford commencement speech. I could have picked any number of them, but these two stood out for me as someone who is trying to follow a dream or two of her own:

"Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do what you believe is great work. And the only way to do great work is to love what you do. If you haven't found it yet, keep looking. Don't settle. As with all matters of the heart, you'll know when you find it. And, like any great relationship, it just gets better and better as the years roll on. So keep looking until you find it. Don't settle."

"Your time is limited, so don't waste it living someone else's life. Don't be trapped by dogma — which is living with the results of other people's thinking. Don't let the noise of others' opinions drown out your own inner voice. And most important, have the courage to follow your heart and intuition. They somehow already know what you truly want to become. Everything else is secondary."

Laura Ware is a Sebring resident. She can be contacted by e-mail at bookwormlady@embarqmail.com

## EDITORIAL PAGE POLICY

Make sure to sign your letter and include your address and phone number. Anonymous letters will be automatically rejected.

Please keep your letters to a maximum of 400 words. We have to make room for everybody. Letters of local concern take priority.

Send your letter to 2227 U.S. 27 South, Sebring, FL 33870; drop it off at the same address; fax 385-1954; or e-mail editor@newssun.com.

To make sure the editorial pages aren't dominated by the same writers, letters are limited to two per month and a guest column can be submitted once every three months.

Opinions expressed in letters or columns are solely the opinion of that author and not necessarily the opinion of the staff or editors of the News-Sun.

All items will run on a first-come basis as space permits, although more timely ones could be moved up.

We believe your viewpoints are just as important as any community leader or government official, so consider this a personal invitation to get your two cents in.



## Perry's failure to learn from history cost him GOP support

If Rick Perry were more in tune with the nation's sentiments about immigration, he might have been clever enough to blame it on another Texas politician, Lyndon Baines Johnson. After finger pointing at the former president, Perry could have tempered his enthusiasm to appeal to middle America's hesitancy about more immigration. Instead, Perry waved the red flag by promoting the DREAM Act and insisting that anyone who disagrees with him is "heartless."

Johnson would have been a perfect target. After all, Johnson was instrumental in setting off nearly a half century of contentious immigration debating. In 1965, Johnson signed the Immigration and Naturalization Act that changed America forever. The legislation marked a radical break with previous immigration policy and eventually led to profound changes in America.

At the time Congress — and specifically Ted Kennedy, the Immigration Act's most vocal proponent — promised Americans that the new law would not produce significant changes in the nation's demographic makeup. Johnson signed the bill at the height of the Civil Rights movement and during a period when considerable resistance had built up to the existing system of deciding which foreign-born individuals came to America.

In his Congressional testimony, Secretary of State Dean Rusk joined other proponents when he repeatedly insisted that the numbers of new immigrants would not "skyrocket."

Finally, on Ellis Island at the signing ceremony, Johnson reassuringly said:

### Guest Column

Joe Guzzardi

"This bill that we will sign today is not a revolutionary bill. It does not affect the lives of millions. It will not reshape the structure of our daily lives or add importantly to either our wealth or our power."

But Johnson, Rusk and other advocates were 100 percent wrong. Whether they lied or were uninformed is still debated today. Whatever their reasoning, the immigrant population soared over the ensuing decades mostly because of family reunification. Today, according to Census Bureau data, the foreign-born population is nearly 40 million.

Perry can't be blamed for history — in 1965, he was a high school sophomore. His problem is that voters perceive him as a candidate who wants to add to the entitlements illegal immigrants have benefited from during the last half century. Whatever sympathy Americans may have once had toward the immigration movement has slowly but surely eroded over the last 50 years.

Shortly after the Johnson signed the new law internal enforcement, which had been vigorously pursued under President Eisenhower, all but vanished. Border security became more lax. Schools and hospitals strained under the pressure of providing for more immigrants.

Gradually, Washington, D.C.-based ethnic identity lobbyists grew more

vocal and more powerful. Soon, commercial banks and state governments accepted the bogus matricula consular card as valid identification. Some states issued aliens driver's licenses. Anyone who objected to an increasingly liberalized immigration policy was quickly shouted down as a racist.

Then came what turned out to be the last straw for Americans determined to end illegal immigrant hand outs: the DREAM Act that would allow alien students to attend college and pay a lower, in-state tuition fee.

In 2001, Texas passed the first DREAM Act. Since then, after fierce Congressional battles, a national version of the DREAM Act has been beaten back more than 10 times. Perry should have realized that what worked in Texas wouldn't fly during the prime time candidates' debates.

As a result of his obtuseness, Perry will soon become a minor footnote in presidential politics — not that anyone will miss him.

The lesson for the other presidential hopefuls is a campaign that includes a sensible immigration platform, especially in this period of high unemployment, is a winner.

Joe Guzzardi has written editorial columns, mostly about immigration and related social issues, since 1986. He is a Senior Writing Fellow for Californians for Population Stabilization (CAPS) and his columns are syndicated in various U.S. newspapers. Contact him at JoeGuzzardi@CAPSweb.org. This column has been edited by the author. Representations of fact and opinions are solely those of the author.

### COMMUNITY BRIEFS

#### Continued from page 3A

Cloud at 382-4487 or visit [eftours.com/enroll](http://eftours.com/enroll) and type in the tour number 1113378 to find out more about this exciting trip and to enroll.

#### Avon Park Legion and Belk's team up for Breast Cancer Awareness

The Avon Park American Legion Post 69 and Avon Park American Legion Auxiliary Unit 69 have teamed up with Belk's Clinique for Breast Cancer Awareness by holding a special event at Belk's Department store from 10:30 a.m. to 2:30 p.m. Saturday, Oct. 15.

Dr. Thomas Hudson, MD will be featured with a book signing on his new book "Journey to Hope". The American Legion and Auxiliary will be giving out many breast cancer awareness items, as well as several autographed copies of Hudson's book. Lots of giveaways as well as a \$400 gift basket raffle of Clinique products by Candy Clements, Clinique counter manager. All proceeds from the raffle go to the Susan G. Komen foundation for a cure.

Tara Jones, owner of Starz Salon, will have staff there doing pink hair extensions for a donation to the cure as well.

#### Tea Party plans flag wave, meeting

SEBRING – The Highlands Tea Party will have a flag wave from 11 a.m. to 1 p.m. Monday at U.S. 27 and Bayview Street (across from Aldi's Grocery Store). This wave is to honor the veterans and the troops serving the United States.

The group will also meet at 6 p.m. Tuesday at Homer's Restaurant to hear from Highlands County Supervisor of Elections Joe Campbell. The buffet can be enjoyed before or after the meeting.

#### County Homeowners meet Monday

SEBRING — Monthly meetings of the Highlands County Homeowners Association are held the second Monday of each month at the Sebring Country Estates Clubhouse, 3240 Grand Prix Ave. This week's meeting is open to the public and will be held from 9-11 a.m. Free coffee, hot tea and doughnuts are provided.

James Harris, Highlands County Fire Services supervisor, will present a program on fire safety inside the home. Harris will discuss home electrical safety, the safe use of candles, holiday fire safety, fire escape planning and other topics that will help keep us safe in our homes.

Cooking is the leading cause of home structure fires and home fire injuries. In 2010, U.S. fire departments responded to 369,500 home structure fires. These fires caused 13,350 civilian injuries, 2,640 civilian deaths and \$6.9 billion in direct damage.

Melissa Yunas, wildfire mitigation specialist, Florida Forest Services, will present a program on fire safety outside the home. Yunas will present a new program, Ready, Set, Go!, that will instruct homeowners on subjects such as creating a defensible space, fire-safe construction and fire-resistant landscaping. She will also explain the importance of emergency supplies, planned evacuation routes

and evacuation checklists as part of a Wildfire Action Plan.

As of Sept. 25 of this year, Florida has had 4,442 wildfires with 216, 935 acres burned. With an extremely long dry season Highlands County residents are at risk from a wildfire almost constantly and need to protect their homes outside from these threats.

Attend this meeting so you can share this valuable information with your Homeowners Association at a future meeting.

Call Chairman Rick Ingler for any additional information at 273-5182.

#### Parkinson's support group meets Monday

SEBRING — The Parkinson's disease support group for the Highlands County area will meet Monday at First Baptist Church of Sebring (corner of Lemon and Pine Street).

The program this month will be speaker Jeanna Csuy with the topic of Balance, Gait and Exercise: Concerns in Parkinson's disease.

This unique presentation will help people living with Parkinson's understand how the cardinal symptoms of Parkinson's contribute to mobility issues including postural changes, balance and falls issues. Family caregivers will learn cues to assist the person living with Parkinson's in maintaining safety during mobility.

For more information, call 453-6589 or 453-6419.

The Highlands County Parkinson's Support Group is part of the national network of support groups affiliated with the American Parkinson's Disease Association. More than one million Americans have Parkinson's Disease. Today

people with Parkinson's disease and their families can find help with information from their local support group.

#### Events planned at lodges, posts

AVON PARK  
The Combat Veterans Memorial VFW Post 9853 will have NASCAR on the screen at 2 p.m. today. For more information, call 452-9853.

The American Legion Post 69 will host karaoke by Naomi today. Call for time. The Legion/Auxiliary meetings are set for 7 p.m. Monday. For more information, call 453-4553.

LAKE PLACID  
The American Legion Placid Post 25 will host music with Steve and Peggy from 5-8 p.m. today. The Legion E-Board meetings at 6 p.m. Monday. The Legion General and Auxiliary E-Board meets at 6:30 p.m. Auxiliary General meets at 7 p.m. For details, call 465-0975.

The Lake Placid Moose 2374 will have NASCAR on the screen and Karaoke with Fireman. Call for times. The Moose Legion meets at 6 p.m. Monday. For details, call 465-0131.

The Lake Placid Veterans of Foreign Wars 3880 Ladies Auxiliary will meet at 10 a.m. Tuesday. For details, call 699-5444.

The American Legion Placid Post 25 will host a casino trip on Tuesday, Oct. 25. Cost is \$25; receive \$30 free play and \$5 food voucher. Coffee and doughnuts will be served from 7:45-8:15 a.m. Bus leaves at 8:30 a.m. from the American Legion Post, 1490 U.S. 27 North. Sign up before Wednesday, Oct. 19. Non-

members welcome. For details, call 655-0232.

SEBRING  
The VFW Post 4300 will have karaoke from 5-8 p.m. today with BiDi. The Men's Auxiliary will meet at 7 p.m. Monday. Frank "E" will have music from 6-9 p.m. Tuesday. For details, call 385-8902.

#### Lake Placid's Got Talent! planned

LAKE PLACID — A talent program will be held at 7 p.m. Friday, Nov. 4 at the Lake Placid High School Commons. Cost is \$5 admission.

Do you have a talent? Show it off. Open to people of all ages. Acts limited to 2.5-3 minutes.

Auditions being held on Saturday, Oct. 22 beginning at 9:30 a.m. in the Lake Placid High School Commons.

You must pre-register to audition. Registration deadline is 3 p.m. Friday, Oct. 21. Registration forms available at LPHS office or from any LPHS cheerleader. Cost is \$10 registration fee per act.

For more information and rules, contact Cindy Rivers at 699-5010 or 441-5010.

Sponsored by the Lake Placid High School Cheerleaders. All proceeds

to benefit the cheerleading program at Lake Placid High School.

#### Gem and Mineral Club meets Tuesday

SEBRING — Tuesday is the date to remember for the first meeting of the Highlands Gem and Mineral Club's new year meeting and will take place at 7 p.m. at Church of Christ, 3800 Sebring Parkway, rear fellowship hall.

The public is welcome and there are no dues or membership fees. An interest in any aspect of geology, mineralogy, or lapidary will allow attendees to enjoy and learn about the interesting hobby of rockhounding and collecting and turning minerals, crystals and ores into works of art.

Attendees will also have the opportunity to purchase and increase personal collections and learn how to look for certain types of rocks or minerals, whether in the field, at rock shops, shows or even yard sales.

Since the birthstones for October are Opal and Tourmaline, attendees are encouraged to display, wear or show their personal specimens or jewelry. Discussion on these gemstones will follow.

For more information, call 453-7054.

## Week of the Family being organized

Special to the News-Sun

SEBRING – On Oct. 4, Highlands County commissioners issued a proclamation declaring Nov. 5-12 Highlands County Week of the Family. This is the second year that the commissioners have set aside a week for organizations and the community to honor children, parents and families.

Impetus for the proclamation came from Bette Prine, who chairs the Highlands County Week of the Family organization. Prine started Highlands County Week of the Family in 2010, after seeing it successfully implemented in other Florida counties.

"Our goal is to strengthen families by offering a week of family-centered and uplifting activities that bring children, parents and families together and encourages them to spend more time with one another," Prine said.

Planning for this year's

event is ongoing. For each day in the week, Highlands County Week of the Family will offer suggestions for activities the family can do together in the home or outside the home.

Week of the Family also has partnered with festivals that fall within the dates of the Week of the Family. Families are encouraged to attend the 26th Annual Civilian Conservation Corps Festival at Highlands Hammock State Park and the Highlands Art League Fine Arts and Crafts Festival in downtown Sebring. Both events take place on Saturday, Nov. 5.

As a tribute to Week of the Family, the Art League will sponsor a Children's Art Contest, for children up to 6 years of age.

Also on Nov. 5 is a Teen Summit for middle school students and parents at South Florida State College's (formerly SFCC) University Center, sponsored by Drug Free

Highlands and the Teen Pregnancy Prevention Alliance.

All these events are free with the exception of the Highlands Hammock State Park admission fee, which is \$6 per vehicle with up to eight people per car load.

Week of the Family participants also will be able to use the YMCA for free on Sunday, Nov. 6 from 11 a.m. to 5 p.m. The Children's Museum will offer a half-price admission fee to families on Thursday, Nov. 10 from 5-8 p.m. and Royal Palms Bowling of Lake Placid and Kegel Bowling of Sebring will provide family discount packages on Friday, Nov. 11. Highlands Little Theatre will offer two children's tickets at half price to those purchasing one adult ticket at full price

See FAMILY page 7A

#### Death notices

Annette B. Dewel, 94, of Sebring passed away on Oct. 6, 2011 in Sebring.

Stephenson-Nelson Funeral Home, Sebring, is in charge of arrangements.

Evelyn S. Lohnes, 89, of Sebring died Oct. 2, 2011.

Arrangements were handled by Stephenson-Nelson Funeral Home, Sebring.

Mary Ann Ronk, 82, of Sebring died Oct. 3, 2011.

Arrangements were handled by Stephenson-Nelson Funeral Home, Sebring.

Rickey Wade Roskelly, 55, of Sebring died Oct. 4, 2011.

Arrangements were handled by Stephenson-Nelson Funeral Home, Sebring.

In lieu of flowers, consider a gift to support Hospice care.



888-728-6234 [Cornerstonehospice.org](http://Cornerstonehospice.org)

- Storm/Water Damage Repair
- Interior/Exterior Painting
- Additions • Remodels
- Custom Homes

## FREE ESTIMATES

**G&N DEVELOPERS, INC.**  
(863) 441-4023  
Lake Placid, Florida  
GGC1510712 Licensed Insured  
[gandndevelopers.com](http://gandndevelopers.com)

# "Would Dad have wanted it that way?"

Preplanning a funeral is not something you do for yourself... It's something you do for your *family*. It spares them from making emotional decisions – decisions that may not be consistent with your own wishes. We specialize in prearrangements... for your family's sake.

## Stephenson-Nelson Funeral Home & Crematory

Sebring, FL 33870      Proud to serve      Avon Park, FL 33825  
385-0125      Sebring, Lake Placid & Avon Park      453-3101

Serving our community since 1925. Locally owned & operated.  
[www.stephensonnelsonfh.com](http://www.stephensonnelsonfh.com)



## AFFORDABLE DENTURES

a good reason to smile

### \*ECONOMY ROLLBACK!

Full Set (D5110, D5120)	\$360
A SAVINGS OF \$15	
Full Upper or Lower Denture (D5110, D5120)	\$260 each
A SAVINGS OF \$15 per arch	
Upper or Lower Partial Denture (D6211, D6212)	\$260 each
A SAVINGS OF \$15 per partial	

Fees effective January 10, 2011

### Affordable Dentures - Avon Park, P.A.

1036 US 27 South  
Highlands Plaza  
Avon Park, FL 33825  
(863) 784-0463

General Dentist  
Marc A. Sander, DDS, FAGD  
Fellow of the Academy of General Dentistry

Custom Full Set Dentures (D5110, D5120)	\$625
Custom Upper or Lower Denture (D5110, D5120)	\$365
Premium Full Set Dentures (D5110, D5120)	\$945
Ultra Full Set Dentures (D5110, D5120)	\$1,275
Reline (each) (D5710, D5711)	\$130
Simple Extraction (each) (D7140)	\$75
Full-mouth X-ray (required for extractions) (D330)	\$70

NOW ACCEPTING APPOINTMENTS      \*SAME DAY SERVICE IF IN BEFORE 9 A.M.

DENTURE REPAIR SERVICES      AFFORDABLE IMPLANTS

VALUABLE COUPON

4 WAYS TO SAVE EVEN MORE!

SAVE \$100 OFF AFFORDABLE IMPLANTS (D6211, D6212)	SAVE \$75 OFF ULTRA COMPLETE OR PARTIAL DENTURE (D5110, D5120)	SAVE \$50 OFF PREMIUM COMPLETE OR PARTIAL DENTURE (D5110, D5120)	SAVE \$25 OFF CUSTOM COMPLETE OR PARTIAL DENTURE (D5110, D5120)
---	--	--	---

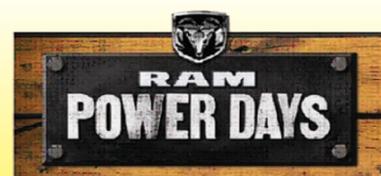
Coupon must be presented when services are provided. Expires 08/31/11

We gladly accept Cash, Checks with ID, Visa, Mastercard and Discover as payment for our services.

FOR MORE INFORMATION, PLEASE CALL 1-800-DENTURE OR VISIT OUR WEBSITE AT [www.affordabledentures.com](http://www.affordabledentures.com)



**WELLS**  
MOTOR COMPANY



# OCTOBER SALE-A-BRATION



With EVERY test drive in October, register to win a 50" High Def Flat Screen TV

**CONGRATULATIONS!!! To Last Sale Event Winners!!!**



**Pamela Yamesky**  
\$100 Gift Card



**Charlie Haynes**  
Flat Screen TV



**John Cuni**  
\$500 Gift Card

## BEST DEALS OF THE YEAR!

**YOUR TRADE HAS NEVER BEEN WORTH MORE!**



**Kelley Blue Book**  
THE TRUSTED RESOURCE

**\$1,000 OVER KBB TRADE-ON IN STOCK VEHICLES\***

### Jeep

#### NEW 2011 JEEP PATRIOT



\$19,230  
-\$1,000 CONSUMER CASH  
-\$1,000 WELLS DISCOUNT

**\$17,230**

#### NEW 2011 JEEP COMPASS



\$23,210  
-\$1,000 CONSUMER CASH  
-\$1,000 WELLS DISCOUNT

**\$21,210**

#### NEW 2011 JEEP WRANGLER



\$31,380  
-\$1,000 CONSUMER CASH  
-\$1,500 WELLS DISCOUNT

**\$28,880**

### CHRYSLER



#### NEW 2011 CHRYSLER 200 TOURING



\$24,840  
-\$2,250 CONSUMER CASH  
-\$1,000 WELLS DISCOUNT

**\$21,590**

#### NEW 2011 CHRYSLER 300 LIMITED



\$33,335  
-\$2,000 CONSUMER CASH  
-\$1,500 WELLS DISCOUNT

**\$29,835**

#### NEW 2011 CHRYSLER 200 LIMITED



\$34,900  
-\$1,500 CONSUMER CASH  
-\$1,500 WELLS DISCOUNT

**\$31,900**



### RAM

#### NEW 2011 RAM 1500 QUAD CAB SLT



\$34,190  
-\$2,750 CONSUMER CASH  
-\$1,000 ENGINE BONUS  
-\$1,000 SLT BONUS CASH  
-\$2,441 WELLS DISCOUNT

**\$26,999**

#### NEW 2011 RAM 3500 CAB CHASSIS 4X4 WITH FLAT BED



\$44,175  
-\$1,500 CONSUMER CASH  
-\$1,000 ENGINE BONUS  
-\$1,000 UP FIT  
-\$3,676 WELLS DISCOUNT

**\$36,999**

#### NEW 2011 RAM 3500 SLT



\$51,105  
-\$3,500 CONSUMER CASH  
-\$1,000 ENGINE BONUS  
-\$3,606 WELLS DISCOUNT

**\$42,999**

### DODGE

#### NEW 2011 DODGE CHALLENGER



\$27,945  
-\$2,000 CONSUMER CASH  
-\$1,500 WELLS DISCOUNT

**\$24,445**

#### NEW 2011 DODGE CALIBER



\$21,675  
-\$1,500 CONSUMER CASH  
-\$1,500 WELLS DISCOUNT

**\$18,675**

#### NEW 2011 DODGE AVENGER



\$26,195  
-\$2,500 CONSUMER CASH  
-\$1,500 WELLS DISCOUNT

**\$22,195**

**WELLS**  
MOTOR COMPANY  
www.WellsMC.com



Jeep



RAM

No Dealer Fee, Plus Tax & Tag, State Fee. APR W.A.C. from Ally. See Dealer For Lease Details. Exp. 10/10/11

MIDFLORIDA  
What A Bank Should Be

AVON PARK & SEBRING 453-6644 - LAKE PLACID & OTHER CITIES TOLL FREE 1-888-453-6644

## Knees taking group to Washington, D.C.

**Continued from page 1A**  
land of the free and represented all people. It's what America stands for,"

"We are not demanding amnesty, or an open border policy," said de la Rosa. "We just want a fair chance. Right now there is no avenue open, no line to get in."

Every member of the group, which has grown week to week, love the United States and is grateful to the American people who understand. "Ninety-nine percent of Americans are good people," de la Rosa said.

One young woman, with calloused hands and a deep tan, said in broken, but understandable English, "I thank God for bringing me

here, and thank you United States."

The marchers hope to reach Washington D.C., but are taking the experience one day at a time. "The farther we go, the harder it gets," Ramirez said.

"I was raised as much by my teachers and coaches as I was by my parents," de la Rosa said. "They taught me the American way — don't be a bully, be nice, play hard, get up when you're knocked down, and don't walk over your fellow man to get ahead. We're all immigrants in this world," he added with a sad smile, "we're all just passing through. Let those whose families who were never immigrants cast the first stone."

## Dirty Dozen II field of competitors grows

**Continued from page 1A**

ipants. The Dirty Dozen II also partnered up with The School Board of Highlands County for this competition.

"We just got approved by the school board to create groups. The groups are teams of 10 and can be a combination of students, parents, teachers, and coaches," Celentano said.

Celentano hopes to raise funds from the DD II and donate them to a notable cause, just as she did with the last one.

"Every time we do these events we give to one military agency. With the first Dirty Dozen we gave funds to Wounded Warriors. We also gave to Ducks Unlimited and the VFW this year," Celentano said.

Celentano has her eye on an organization called Folds of Honor for the Dirty Dozen's donation.

With only three weeks left until the big event, Celentano hopes that all the new additions, as well as the worthy cause, motivates people to participate.

"We are also having a Hot Body contest. It's cool because we aren't making anyone get on a stage and be looked at. We will have "judges" walking around and whichever male and female get the most nods then they will win. It's all about choosing a person who is a representative of hard work. It is a fitness competition and we want to recognize the hard work on their body," Celentano said.

The participants won't see those cute little duckies hidden throughout the course again but if they're lucky they'll snag a ghoulish little

pumpkin hiding out in the mud.

"We have 12 pumpkins, we only had eight ducks last time. They will be numbered so that we know who the winners are and no one tries to pull a fast one," Celentano said.

There will also be a costume contest as well as plenty of beer, food, music and fun. The prizes include cash, 60th anniversary 12 Hours of Sebring race tickets, clothing, and packages from Budweiser.

Adult registration is currently \$50 per person. Children ages 7-12 are \$35. Small adult groups of four are \$180 per group and the school groups of 10 are \$250.

Entry forms can be picked up at several locations including the Sebring International Raceway, YMCA, Gold's Gym, Sebring Chamber of Commerce, and Highlands

Independent Bank. Entry forms can also be printed off of the Dirty Dozen website. Spectators for the event are free, however there will be a \$5 parking fee at the Raceway.

The deadline for pre-registration forms is Oct. 25. The entry fees include a Dirty Dozen T-shirt, beer and beverages, and lots of mud. Forms should be returned or mailed to the Sebring International Raceway.

Registration will also be held the morning of the competition.

"We are trying to push fitness and racing. This is a fun, great event and we are all excited about it," Celentano said.

Visit [ddozen.com](http://ddozen.com) or contact Celentano at the Raceway 655-1442 ext. 213. Entry forms and fees can be dropped off at the Raceway or mailed to 113 Midway Drive Sebring, FL 33870.

## Family is focus during special week

**Continued from page 5A**  
for its production of "The Drowsy Chaperone," which runs from Nov. 4-20.

Week of the Family is also organizing its own Celebration of the Family, a special event which will take place on Saturday, Nov. 12 from 10 a.m. to 2 p.m., at the Bert J. Harris Jr. Agricultural Center at U.S. 27 South and George Boulevard.

"Celebration of the Family was very successful in 2010. We had approximately 400 attendees and 32 vendors. The Palms of Sebring very generously provided lunch at no charge to participants and has offered to do so again this year," Prine said.

Opening ceremonies for this year's event will be performed by the Avon Park High School Junior ROTC Color Guard and soloist

Mark Swift. A welcome will be given by County Commissioner Barbara Stewart. Live entertainment will follow with half-hour performances by Stepz Dance Studio, The Mountain Dew Cloggers, Music and Song by Tony Suazo, Val Henry's Martial Arts America and Magic by Nelson.

Booths will be located inside and outside the building. Each vendor and exhibitor is being asked to provide educational, hands-on activities or a door prize. No selling will be permitted.

Week of the Family welcomes contributions from all organizations, businesses and individuals who want to help make the event a success. Ways to contribute include making a monetary or an in-kind gift; setting up a booth; volunteering to help with

planning, organizing and staffing Celebration of the Family; donating door prizes and offering free or discounted services.

Week of the Family is a 501(c)(3) organization. Visit the website at [www.highlandscountyweekofthefamily.org](http://www.highlandscountyweekofthefamily.org) for information on how sponsors will be recognized. A schedule of suggested daily activities for families to do together is also listed on the website.

Those who wish to have a booth at Celebration of the Family may copy an application from the website or contact Debra Caruso at 382-7228 or by e-mail at [debra\\_caruso@doh.state.fl.us](mailto:debra_caruso@doh.state.fl.us).

For further information, call Prine at 386-1791 or e-mail her at [blp1802@aol.com](mailto:blp1802@aol.com).

## Board considers privatizing custodians

**Continued from page 1A**

dial work, but these folks bring a possible savings to the budget," Cox said.

Spencer informed the school board that if his company were to take over the complete job of custodial work, the district could see upwards to a 25 percent savings.

Some of the savings would come from bulk chemical purchases through GCA, but the majority would come from labor costs.

"Your biggest cost is in labor, and if you keep a hybrid model, then we will not realize as much as a savings, but if you allow us to provide the labor, then mar-

ket values will dictate the final numbers," Spencer said.

The employee union as well as some of the custodial staff had a lot of questions about the possible privatization, including current jobs.

"Yes, we retain as much as 80 percent of the employees when we take over a district. We give all the employees an option. We provide weekly training and have good benefits. We are also willing to negotiate with any union for a contract, but that happens after the school board makes a decision with us," Spencer pointed out.

Spencer was very candid about employee feelings

concerning the privatization.

"I would imagine they won't like it. There is a lot of fear, and there is change. We stress background tests and everyone has to reapply through our company to become an employee," Spencer said.

"We have stricter rules for some things. We randomly conduct inspections on work and we handle employees differently than the school district. We stress efficiency," Spencer pointed out.

Cox received a consensus from the board to look at some sort of cost estimates and was directed to prepare an request for proposal as the next step in the information gathering stage.



# GRAND OPENING!

2, 3 and 4 Bedrooms

Income Restrictions Apply

LEASING NOW!

Veranda Breeze

HURRY IN!

APARTMENTS & TOWNHOMES

Ceramic Tile - Solid Wood Cabinetry - Ample Parking

Fully Equipped Kitchens with Pantry - Programmable Thermostat

Cable and Internet Ready - Private Patios and Balconies



## 863-382-0044

www.verandabreezeapartments.com

2308 Wightman Ave Sebring, FL 33870



## Mixon receives 'Master Pilot' award

Special to the News-Sun

SEBRING – Rob Mixon of Sebring was recently recognized by the Federal Aviation Administration when it presented him with the coveted Wright Brothers Master Pilot Award. This prestigious award is earned by pilots who have flown for 50 years without an accident or rule violation.

Mixon has flown air shows, aerobatic competition, and even survived an epileptic student who became rigid on the airplane's controls during the student's flight training. With the controls "frozen" Mixon turned off the engine to go down, and turned it on to go up. Remembering that situation Mixon said, "The old movie



Courtesy photo  
Rob Mixon recently received the Wright Brothers Master Pilot Award from the Federal Aviation Administration.

'God Is My Co-Pilot' came to mind."

Mixon has a total of

20,000 hours of flight time and specializes in teaching basic aerobatics, tail wheel, and beginning students to fly at Placid Lakes Airport, Lake Placid (www.betterpilot.com). His articles and aviation poetry has been published in *Aviation Historian*, *Sport Aviation*, *Sport Aerobatics*, *Ballooning Magazine*, and elsewhere. He has taught aviation subjects, as an adjunct professor, at Miami-Dade Community College.

Among the noteworthy fliers who have been recognized are Arnold Palmer, PGA golf professional, Neil Armstrong, NASA astronaut, and Francis Gobrenski, World War II Ace.

## Spanish is the second language

By SUSAN HARRIS

Special to the News-Sun

During National Hispanic Heritage Month, which runs from Sept. 15 to Oct. 15, Social Security offices across the country will join in recognizing the many contributions of Hispanic Americans to the United States, and in celebrating Hispanic heritage and culture.

The website is recognized as being at the forefront for providing information and services in Spanish. Find out why by visiting www.segurosocial.gov. The popular Spanish-language website offers a vast amount of information that is useful to people whose first language is Spanish.

The www.segurosocial.gov website features more than 100 Spanish public information pamphlets, leaflets, and fact sheets. The website also lets visitors use benefit cal-

culators, sign-up for direct deposit, and locate their nearest Social Security office.

But one of the best features of the site is the new Spanish-language Retirement Estimator at www.segurosocial.gov/calculador. The Retirement Estimator allows visitors to receive an instant, personalized estimate of future retirement benefits. And what's better, visitors can try out different scenarios to see how they would change future benefits, like changing future wage estimates or retirement dates. It's a great tool for planning for the future.

If you want to visit an office and speak with someone in Spanish, interpreter services are available in the event that there is not a Spanish-speaking representative working in the office. To learn about interpreter services, visit

www.socialsecurity.gov/espanol/interpreter.htm.

In addition, the national toll-free number (1-800-772-1213) provides automated prompts in Spanish for all callers. Toward the beginning of the call, the caller will be asked to continue in English or Spanish; it's as easy as that to get service in the preferred language.

So whether it is via the Internet, through face-to-face office visits, or over our national 800 number, Social Security remains committed to providing quality service to an increasingly more diverse American public.

This National Hispanic Heritage Month, visit www.segurosocial.gov to learn about Social Security in Spanish.

Susan Harris is the temporary manager of the Social Security branch in Sebring.

## THE SMELL TELLS

Natural gas is odorless in its natural state. We add this disagreeable smell to alert you if any gas should escape. Gas leakage may occur from faulty appliances, loose connections, service lines outside your home or from gas mains. Leaks can be dangerous and should be dealt with promptly by experts.

## IF YOU EVER SMELL GAS

Even if you don't have gas in your home take these precautions.

1. Call Sebring Gas System, Inc. at 863-385-0194.
2. If the odor is very strong and you are indoors, open doors and windows to ventilate. Go outdoors. Call us from a neighbor's house.
3. Do not turn any electrical switches on or off.
4. Do not light matches, smoke cigarettes, or create any source of ignition.

However slim the chances of danger, it does not pay to take needless risks. At the first sniff of gas, play it safe.

## Sebring Gas System, Inc.

3515 US Hwy 27 South  
Sebring, FL 33870

863-385-0194

Serving Natural Gas Customers in the Sebring Area

The Avon Park Main Street CRA and Chamber of Commerce present:

# Oktoberfest 2011

www.apoktoberfest.com

## Food, Sun & Chrome!

October 15<sup>th</sup>  
10am - 7pm  
on Museum Avenue

Avon Park

Childrens Activities

# Car Show

Trophies • Best of Show • Late Models & Antiques

Dunk Tank with local politicians!

Weiner Dog Race!

# Eat, Drink & Be Merry!

Call 863-453-3350 for more info • Rain or Shine



# BUSINESS

## Brides-to-be enjoy Central Florida Bridal Gala at Kenilworth Lodge

Special to the News-Sun

SEBRING — More than 40 brides and their friends were delighted with the choices presented at the gala the seventh annual Central Florida Bridal Gala held at the Kenilworth Lodge last Monday evening. The gala is the central Florida region's largest bridal show featuring approximately thirty of the finest bridal service providers in the area.

Food, fashions, hair designs, photographers, flowers, reception décor and entertainment, registry services, a limo and a wedding dove release — all the essentials of a great wedding and some of the fun frills were showcased to brides. Delicious samples from Golden Palms Catering were passed throughout the evening. Wedding cake samples from Homemade Creations, Molly's Treats and the new 27 Degrees North Bakery were tasted by the attendees.

There was even a courtyard wedding set up by the Kenilworth Lodge and Taylor Rental.

The most popular elements



More than 40 brides visited the seventh annual Central Florida Bridal Gala at the Kenilworth Lodge last week where they were able to see the latest bridal fashions and register for prizes.

Courtesy photo

of the gala were the fashion show and door prizes. The fashion show had more than 25 models featuring styles and flowers for the entire wedding party. Elizabeth's Bridals featured gowns from Mary's and Christina Wu. Maxcy's Men's Wear presented the best in today's tuxedo styles. Affordable flowers provided bouquets

and Stephanie Sherrae Salon and Creative Hair Designs featured hair and make-up styles.

Prizes awarded included general door prizes such as free tuxedos, spa certificates, jewelry, photography packages, flowers and more from the exhibitors.

Bride's Grand Prize winners were Leahann Hodge,

winner of an all-inclusive honeymoon package at Sandals Resorts, and Cara Connelly, winner of the Delaney Photography package.

The Central Florida Bridal Gala is held the first Monday in October each year.

For more information contact the Kenilworth Lodge 385-0111.

## Flexible spending accounts slash

Admit it: You probably spend more time comparison shopping online than reviewing your annual benefits enrollment materials. That's a big mistake because the money you could save by choosing the right employee benefits package probably far exceeds any savings you could get on a big-screen TV.

For example, many people don't sign up for an extremely valuable benefit — flexible spending accounts (FSAs). If your employer offers them, FSAs let you pay for eligible out-of-pocket health care and/or dependent care expenses on a pre-tax basis — that is, before federal, state and Social Security taxes are deducted from your paycheck. Using an FSA to cover expenses you would have paid for anyway reduces your taxable income by that amount, which in turn lowers your taxes.

Here's how it works: Say you earn \$40,000 a year and are in a 25 percent tax bracket. If you contribute \$1,000 to the health care FSA and \$3,000 for dependent care, your taxable income would be \$36,000 — about a \$1,000 reduction in federal taxes alone, depending on your marital status, withholding

deductions and other factors. (Use the calculator at [www.dinky-town.net](http://www.dinky-town.net) to evaluate your situation.)



Personal Finance

Jason Alderman

Health Care FSAs let you pay for IRS-allowed medical expenses not covered by medical, dental or vision insurance,

including deductibles, copayments, orthodontia, glasses and contact lenses, prescriptions, chiropractic, smoking cessation programs and many more. Check IRS Publication 502 at [www.irs.gov](http://www.irs.gov) for a list of allowable expenses.

Dependent Care FSAs let you use pre-tax dollars to pay for expenses related to care for your children, disabled spouse, parent, or other dependent incapable of self-care, including:

- Licensed day care or adult care facility fees.

- Services provided in or outside your home (including babysitter, nursery school or summer day camp) so that you and your spouse can work, look for work, or attend school full-time.

- Before- and after-school programs for dependents under age 13.

- Babysitting by relatives over age 19 who aren't your dependent.

For some lower-income families, using the federal

See FLEXIBLE, page 10A

## Dygert, Lyons join Ridge Real Estate staff

Special to the News-Sun

SEBRING — Two new agents have joined the staff at Ridge Real Estate.

Bob Dygert has had an extensive Florida lifestyle experience. He and his wife Shirley (and five little ones) arrived in Florida in 1956. He has been involved in Florida real estate ever since.

The Dygerts moved to Sebring in 2001 and he has been a Realtor for

almost seven years specializing in home, condominium and property sales. Dygert has been active in his life as president of his chamber of commerce, president of his Rotary Club, chairman of his district for Boy Scouts and has participated in city and county committees.

Chuck Lyons and his wife moved to Sebring eight years ago from Massachusetts. He presently holds a

builder's construction license, a Florida real estate license and a Florida Community Manager's license.

Lyons' objective is to provide his clients with personal, professional service.

Ridge Real Estate is at 4119 Sun 'N Lake Blvd. (directly across from Florida Hospital).

Call 385-7799 or visit their website at [www.ridgefl.com](http://www.ridgefl.com).



BRIGHTON  
It's Your Thing!

# CATCH A FREE RIDE ON THE CASINO BUS!

THE BUS PICKS UP AT:

TUESDAYS

2:30PM • AVON PARK      3:00PM • SEBRING

WALMART - 1041 US HWY 27      WALMART - 3525 US 27N

3:30PM • LAKE PLACID

HOLIDAY INN EXPRESS - 608 S. LAKEVIEW RD

RECEIVE A FREE RIDE, \$20 SLOT FREE PLAY\*, AND A \$3 OFF COUPON FOR JOSIAH'S RESTAURANT\*

THURSDAYS

1:30PM • HAINES CITY      2:00PM • LAKE WALES

WALMART - US HWY 27      IHOP - US HWY 60

2:30PM • AVON PARK      3:00PM • SEBRING

WALMART - 1041 US HWY 27      WALMART - 3525 US 27N

3:30PM • LAKE PLACID

HOLIDAY INN EXPRESS - 608 S. LAKEVIEW RD

RECEIVE A FREE RIDE, \$20 SLOT FREE PLAY\*, \$10 OFF BINGO COUPON\*\* AND A \$3 FOOD OFFER\*

NO RESERVATIONS REQUIRED. FIRST COME, FIRST SERVED.

CASINO DEPARTURE: 10:30PM

17735 Reservation Road  
Okeechobee, FL 34974

1.800.360.9875

[seminolebrightoncasino.com](http://seminolebrightoncasino.com)

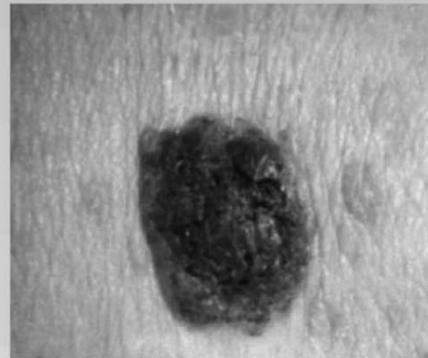
Highway 721 west of Lake Okeechobee on the Brighton Seminole Indian Reservation



\*\*Valid only on a \$55 Bingo Pack. \*Offers cannot be combined with new member offers. No reservations required. Seating is first come, first serve. Arrival and departure times are estimated and subject to change based on travel conditions. Limited Space Available. Details at Seminole Player's Club. Management reserves the right to change or cancel at any time. If you or someone you know has a gambling problem, please call 1.888.ADMIT.IT.



## MELANOMA PREVENTION



Looks Harmless...BUT IT KILLS  
GET YOUR SKIN CHECKED!  
**TODAY!**

FACT: One out of 59 persons will have a life threatening Melanoma

American Institute of Dermatology P.A. - Serving the community for 13 years



We treat  
all skin  
conditions.



Darrin A. Rotman M.D.

863-386-0786 | 3109 Medical Way, Sebring

# BUSINESS



Courtesy photo

Two local businesses were recently featured on WTSP Channel 10's (Tampa Bay) Studio 10 program in a segment titled 'A Green Partnership'. Hosts Jerome Ritchie and Holly Sinn (from left) are with Richard Ghent, director of Community Affairs, CF Industries; Brett Belknap, superintendent of Instrument and Electrical at CF Industries Plant City Phosphate Complex; and Bill Mulcay, CEO Peace River Electric Cooperative.

## Area businesses featured on Studio 10 television program

*Special to the News-Sun*  
Area businesses CF Industries and Peace River Electric Cooperative were interviewed by WTSP's Channel 10's Studio 10 hosts Jerome Ritchie and Holly Sinn sat down recently with Bill Mulcay, CEO of Peace River Electric Cooperative; Richard Ghent, director of Community Affairs for Phosphate Operations; and Brett Belknap, superintendent of Instrument and Electrical at CF Industries Plant City Phosphate Complex represented the Central Florida fertilizer producer.

in which businesses – including PRECO and CF Industries – are working to reduce their energy consumption through “cogeneration” and other practices, and why this is important for the community as a whole.

During the segment, Mulcay discussed Peace River Electric Cooperative's portfolio of green energy programs available to its members.

Peace River Electric Cooperative (PRECO) is one of 10 electric cooperatives who own and receive power from Seminole Electric Cooperative, headquartered in Tampa. Seminole provides

6 percent of its power supply to its members in the form of renewable energy. On the Studio 10 feature,

PRECO highlighted the Cooperative's new headquarters in Wauchula, which was awarded LEED “Silver Certification” as an energy-efficient green building.

Mulcay's personal goal is to educate the Cooperative's members on the best way to take control of power bills — read the electric meter daily.

Comparing the day-to-day readings helps consumers learn what activities and electronic devices in the home have the most impact.

## Mild to Wild Salon raises funds for Susan G. Komen for the Cure

*Special to the News-Sun*

AVON PARK — Mild to Wild Hair Salon, 750 U.S. 27 North, is teaming up with Susan G. Komen For the Cure to raise money to fight breast cancer during the month of October.

For a \$1 donation, get a chance to win a gift basket full of hair and skin products, tools and accessories valued at more than \$200. Purchase as many chances as wished. The winner will be selected by Monday, Oct.

31.

For a \$10 donation, receive a “pink” hair extension to show support for the cause all month long and 10 percent of all sales of specially marked “pink” products will also be donated to the cause.

Saturday, Oct. 15, Mild to Wild will have a booth at the Avon Park Oktoberfest to further the cause. Information on breast cancer awareness and prevention and all of the salon fundraising efforts will be available along

## Flexible Spending Accounts smart

*Continued from page 9A*

income tax dependent care tax credit is more advantageous than an FSA so crunch the numbers or ask a tax expert which alternative is better for you. Just be aware that you cannot claim the same expenses under both tax breaks.

Your FSA contributions are deducted from paychecks throughout the year. As you incur eligible expenses, you submit receipts to the plan administrator for reimbursement. Also, many employers now offer prepaid health care cards, which let you draw on your account at the point of service to pay for qualified medical expenses, thereby eliminating the need

to pay cash up front and submit reimbursement forms.

Keep in mind these FSA restrictions:

- Maximum contribution amounts vary by employer, but commonly are \$2,000 to \$5,000 a year for health care and \$5,000 for dependent care FSAs.

- Health care and dependent care account contributions are not interchangeable.

- Estimate planned expenses carefully because you must forfeit unused account balances. Some employers offer a grace period of up to 2 months after the end of the plan year to incur expenses; but that's not mandatory, so review your

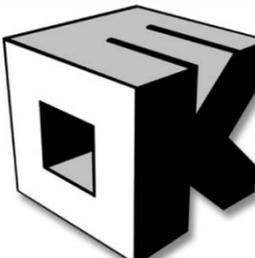
enrollment materials.

- You must re-enroll in FSAs each year – amounts don't carry over from year to year.

To learn more about how FSAs work, visit Practical Money Skills for Life, a free personal financial management program run by Visa Inc. ([www.practical-moneyskills.com/benefits](http://www.practical-moneyskills.com/benefits)).

*Jason Alderman directs Visa's financial education programs.*

*To follow on Twitter: [www.twitter.com/PracticalMoney](http://www.twitter.com/PracticalMoney).*



## E.O. Koch Construction

1417 Swank Avenue • Sebring, FL 33870

# (863) 385-8649

### COMMERCIAL & RESIDENTIAL CONSTRUCTION

*Let our highly qualified staff develop your commercial property, build your dream home, or do your remodeling.*

**SEAMLESS GUTTERS – Specials**

**5 INCH GUTTERS**

**\$2.99 PER LINEAR FOOT**

**6 INCH GUTTERS**

**\$3.99 PER LINEAR FOOT**

**Many Colors Available**

*“For all of your Aluminum, Steel, and Conventional construction needs”*

Email: [kochcon@strato.net](mailto:kochcon@strato.net) State Certified License #CGC1515338

get in TOUCH with the

# POWER of PINK



October 13th, 5-9pm at Grace Bible Church  
(4452 Thunderbird Rd.)

Join us in a fun & friendly fundraising venue of shopping, networking, live demonstrations, fabulous discounts, door prizes, silent auctions, Heartland Idol Entertainment & more!

Independent Consultants from:

Avon | Biltmore Inspirations | Jewel Kade | Pampered Chef | Scentsy Rodan & Fields Dermatology | Thirty One Gifts | Tupperware | Usana Fortune Hi-Tech Market

Local businesses that will have a booth:

Florida Hospital Breast Care Center | The Spa At Hammock Falls | Samaritan's Touch Building Blocks Early Learning Center | Matt Christian of ReMax Realty | Jenn's Jewels Kaptured by Katara | The Stephanie Sherrae Salon & Spa | Brewster's | Highlands Breast Imaging

**Stop by Samaritan's Touch table & register for one of 3 gift baskets with a FREE mammogram donated by:**



**Silent Auction items donated by the above mentioned vendors plus:**

ABC Appliance | Belks | Big T Tire | Caddy Shack | Cowpokes Watering Hole Cut N Up Frames & Images | Don Jose | Edible Arrangments | Highlands Breast Imaging Highlands Little Theatre | Hinkle Legal Document Preparation | Homer's | Jacaranda Hotel Lakeshore Car Wash | Lord's Farm & Nursery | Love Buggs | Mary Kay | Musselman's | Nawrocki Family Papa Johns | Pizzano's | Real Pro Nails | Sebring Florist | Simply Trish | Steve & Co. Sun 'N Lake Golf Course | The Depot | The Thai House | YMCA

**All proceeds from the silent auction are being donated to Samaritan's Touch:**



A faith-based charitable medical center providing FREE primary & specialized health care to uninsured, financially struggling families in Highlands County.

**This event is sponsored by:**







Classified ads get results! Call 314-9876

## SOMETHING GOOD FOR YOU AND YOUR FAMILY

### FOR YOU

- > Child Care while you work out
- > State of the art facility
- > An array of modern fitness classes
- > Personalized Training

### FOR THE FAMILY

- > 10 different Youth programs
- > Outdoor heated Pool
- > After School activities
- > Game room & covered Basketball courts

### TO BECOME A MEMBER

Call, stop by or check out our brand new website!  
[www.HighlandsYMCA.org](http://www.HighlandsYMCA.org)



**Highlands County Family**  
100 YMCA Lane • Sebring, FL 33875 • 863-382-9622

# Are the changes at your bank adding up?

Switch to Wauchula State Bank's FREE Checking!

Unlimited checking with no minimum balance.

- \$50 opening balance
- No monthly maintenance fee
- Unlimited check writing
- FREE VISA Check Card - with NO monthly fee\*
- FREE Online Banking
- FREE Bill Pay

Conveniently located throughout Highlands and Hardee County.

\*subject to approval



Member FDIC

 **Wauchula State Bank**

[www.wauchulastatebank.com](http://www.wauchulastatebank.com)

Established in 1929



VISIT OUR WEBSITE AT:  
**newssun.com**  
863-314-9876

# Classified

Free ad is limited to a 4-line ad that runs for 3 consecutive issues. Must be a non-commercial item. Asking price is \$100 or less. We offer 2 ads per month and can rerun the same ad 2 times in 30 days, only if it's the same ad. The price is allowed to change. All ads placed under the "Bargain Buys" discount rate must have 1 item with 1 asking price. The customer can list a set for 1 price, i.e. Bedroom set ... \$100 is allowed; Chairs (2) ... \$20 each is NOT allowed. The customer can list the ads as Chairs (2) ... \$40 for both. To list an ad stating "Each," the ad must be charged at the non-discounted rate, using the "Open Rate" pricing. No commercial items are allowed to be placed under our "Bargain Buys" specials. Items must be common household items. Ads for Pets, stating "Free to Good Home," are allowed to be placed under the "Bargain Buy" category.

## AD RATES

**GARAGE SALE**  
6 lines - 2 days  
**\$11<sup>50</sup>**

3 days  
**\$14**

(additional lines \$1 each)

**MISCELLANEOUS**  
merchandise over \$100  
5 lines - 6 pubs  
**\$17<sup>50</sup>**

(additional lines \$3 each)

**REAL ESTATE**  
**EMPLOYMENT**  
**TRANSPORTATION**  
5 lines - 6 pubs  
**\$31<sup>50</sup>**  
6 lines - 14 pubs  
**\$71**



- ### Index
- 1000 Announcements
  - 2000 Employment
  - 3000 Financial
  - 4000 Real Estate
  - 5000 Mobile Homes
  - 6000 Rentals
  - 7000 Merchandise
  - 8000 Recreation
  - 9000 Transportation

**ADD A BORDER - ATTENTION GETTER - LOGO**  
**For Just A Little More And Make Your Ad Pop!**

**DEADLINES**

Publication Place by:  
Wednesday . . . . . 4 p.m. Monday  
Friday . . . . . 4 p.m. Wednesday  
Sunday . . . . . 4 p.m. Friday  
All fax deadlines are 1 hour earlier.

**Important:** The publisher reserves the right to censor, reclassify, revise, edit or reject any classified advertisement not meeting our standards. We accept only standard abbreviations and required proper punctuation.

**ADJUSTMENTS**

- Please check your ad for errors the first day it appears since the News-Sun will not be responsible for incorrect ads after the first day of publication. If you find an error, call the classified department immediately at 314-9876.
- The publisher assumes no financial responsibility for errors or for omission of copy. Liability shall not exceed the cost of that portion of space occupied by such error.

**Cancellations:** When a cancellation is called in, a KILL number will be given to you. This number is very important and must be used if ad failed to cancel. All ads cancelled prior to scheduled expiration date will be billed for complete run unless a KILL number can be provided.

## 1050 Legals

IN THE CIRCUIT COURT OF THE 10TH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION  
CASE NO.: 11-512 GCS  
FANNIE MAE ("FEDERAL NATIONAL MORTGAGE ASSOCIATION"), Plaintiff,  
vs.  
TODD R. JOHNSON A/K/A TODD RAY JOHNSON, et al, Defendants.  
NOTICE OF ACTION  
TO: TODD R. JOHNSON A/K/A TODD RAY JOHNSON  
LAST KNOWN ADDRESS: 4760 Myrtle Beach Drive, Sebring, FL 33872  
ALSO ATTEMPTED AT: 684 W. Cottonwood Drive, Cedar City, UT 84721 and 512 S. Orleans Avenue, Unit 2, Tampa, FL 33606  
CURRENT RESIDENCE UNKNOWN  
YOU ARE NOTIFIED that an action for Foreclosure of Mortgage on the following described property:  
LOT 65, IN BLOCK 344 OF SUN 'N LAKE ESTATES OF SEBRING, UNIT 16, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 10 AT PAGE 4 OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.  
has been filed against you and you are required to serve a copy of your written defenses, if any, to it, on Marshall C. Watson, P.A., Attorney for Plaintiff, whose address is 1800 NW 49TH STREET, SUITE 120, FT. LAUDERDALE FL 33309 on or before November 17, 2011 a date which is within thirty (30) days after the first publication of this Notice in THE NEWS SUN and file the original with the Clerk of this Court either before service on Plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the complaint.  
If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator, 255 N. Broadway Avenue, Bartow, Florida 33830, (863) 534-4686, at least 7 days before your scheduled court appearance, or immediately upon receiving this notification if the time before the scheduled appearance is less than 7 days; if you are hearing or voice impaired, call 711.  
WITNESS my hand and the seal of the Court this 4th day of October, 2011.  
ROBERT W. GERMAINE  
As Clerk of the Court  
By: /s/ Toni Kopp  
As Deputy Clerk  
October 9, 16, 2011

## 1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA  
CASE NO.: FC11-932  
DIVISION: FAMILY  
BARBARA L. CALDWELL  
Petitioner  
and  
JEFFREY S. CALDWELL  
Respondent.  
NOTICE OF ACTION FOR DISSOLUTION OF MARRIAGE  
TO: Jeffrey S. Caldwell  
2759 Brantford Rd., Symrna, Delaware  
YOU ARE NOTIFIED that an action has been filed against you and that you are required to serve a copy of your written defenses, if any, to it on Barbara Caldwell, whose address is 310 E. Booker St., Avon Park, FL 33825, on or before October 21, 2011, and file the original with the Clerk of this Court at 590 South Commerce Avenue, Sebring, Florida 33870, before service on petitioner or immediately thereafter. If you fail to do so, a default may be entered against you for the relief demanded in the Petition.  
Copies of all court documents in this case, including orders, are available at the Clerk of the Circuit Courts office. You may review these documents upon request.  
You must keep the Clerk of the Circuit Courts office notified of your current address. (You may file a Notice of Current Address, Florida Supreme Court Approved Family Law Form 12.915.) Future papers in this lawsuit will be mailed to the address on record at the Clerk's office.  
WARNING: Rule 12.285, Florida Family Law Rules of Procedure, requires certain automatic disclosure of documents and information. Failure to comply can result in sanctions, including dismissal or striking of pleadings.  
Dated September 15, 2011.  
CLERK OF THE CIRCUIT COURT  
By: /s/ Alicia Perez  
Deputy Clerk  
September 18, 25; October 2, 9, 2011

## 1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION  
Case No.: 11-000281-GCS  
HIGHLANDS INDEPENDENT BANK, Plaintiff,  
vs.  
CARTER CONSTRUCTION COMPANY, LLC, SION K. CARTER, JULIE A. CARTER, and RICHARD R. HOWARD, SR., Defendants.  
NOTICE OF SALE  
NOTICE IS HEREBY GIVEN that pursuant to the "Final Judgment on Verified Complaint" (the "Final Judgment"), entered in the above-styled action on September 21, 2011, the Clerk of Highlands County will sell the property situated in Highlands County, Florida, as described below at a Public Sale, to the highest bidder, for cash, at 590 South Commerce Avenue, Sebring, Florida 33870, on October 19, 2011, at 11:00 a.m.:  
SEE ATTACHED EXHIBIT "A"  
EXHIBIT "A"  
Lot 1, R.A.W. Subdivision, according to the plat thereof as recorded in Plat Book 14, Page 14, of the Public Records of Highlands County, Florida.  
The Real Property or its address is commonly known as 1843 US 27 North, Sebring, FL 33870. The Real Property tax identification number is C-26-34-28-050-0000-0010.  
Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens must file a claim within 60 days after the sale.  
BOB GERMAINE  
Clerk of the Circuit Court  
Highlands County, Florida  
/s/ Lisa Tantillo  
Deputy Clerk  
October 2, 9, 2011

## 1050 Legals

IN THE CIRCUIT COURT OF THE 10TH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION  
CASE NO. 2009-CA-001787  
BAC HOME LOANS SERVICING, L.P. F/K/A COUNTRYWIDE HOME LOANS SERVICING, L.P.; Plaintiff,  
vs.  
HAROLD BROWNING, AL.; Defendants.  
NOTICE OF SALE  
NOTICE IS GIVEN that, in accordance with the Final Judgment of Foreclosure dated September 26, 2011, in the above-styled cause, I will sell to the highest and best bidder for cash at the Jury Assembly Room in the basement of the courthouse located at 430 South Commerce Avenue, Sebring, Florida 33870 at 11:00 A.M. on October 18, 2011, the following described property:  
LOTS 336 AND 337, SYLVAN SHORES ESTATES SECTION D, ACCORDING TO THE MAP OR

## 1055 Highlands County Legals

PLAT THEREOF AS RECORDED IN PLAT BOOK 7, PAGE 13, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.  
Property Address: 1535 CHATSWORTH STREET, LAKE PLACID, FL 33852  
Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens must file a claim within 60 days after the sale.  
Dated: 9/26/2011  
If you are a person with a disability who needs any accommodation to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator at (863)534-4686 at least 7 days before your scheduled court appearance, or immediately upon receiving this notification if the time before the scheduled appearance is less than 7 days; if you are hearing or voice impaired, call 711.  
/s/ Priscilla Michalak  
As Deputy of Court

## 1055 Highlands County Legals

(COURT SEAL)  
October 2, 9, 2011  
Subscribe to the News-Sun Call 385-6155

**Now hiring Supervisors!**

**COME JOIN OUR WINNING TEAM.**

For employment opportunities call... **863.402.2786**

**ALSO HIRING Full & Part Time Customer Service Associates**

Cross Country Automotive Services is an Equal Opportunity Employer.

**Cross Country**  
AUTOMOTIVE SERVICES

3310 Hwy. 27 South Sebring, Florida 33870

E-mail: resumesbring@crosscountry-auto.com

## 1050 Legals

IN THE CIRCUIT COURT OF THE 10TH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION  
CASE NO.: 282010CA00004A000XX  
GMAC MORTGAGE, LLC, Plaintiff,  
vs.  
REBECA A. GALLO; UNKNOWN TENANTS(S); IN POSSESSION OF THE SUBJECT PROPERTY, Defendants.  
NOTICE OF FORECLOSURE SALE  
NOTICE IS HEREBY GIVEN pursuant to Final Judgment of Foreclosure dated the 27th day of September, 2011, and entered in Case No. 282010CA00004A000XX, of the Circuit Court of the 10TH Judicial Circuit in and for Highlands County, Florida, wherein GMAC MORTGAGE, LLC, is the Plaintiff and REBECA A. GALLO and UNKNOWN TENANTS(S) IN POSSESSION OF THE SUBJECT PROPERTY, are defendants. I will sell to the highest and best bidder for cash at the HIGHLANDS COUNTY COURTHOUSE, 430 SOUTH COMMERCE AVENUE, SEBRING, FL 33870 at the Highlands County Courthouse in Sebring, Florida, at 11:00 a.m. on the 26th day of October, 2011, the following described property as set forth in said Final Judgment, to wit:  
LOT 64, BLOCK 195 OF SUN 'N LAKES ESTATES OF SEBRING UNIT 11, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 9, PAGE 69 OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.  
ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE.  
Dated this 28th day of September, 2011.  
Robert W. Germaine  
Clerk Of The Circuit Court  
By: /s/ Priscilla Michalak  
Deputy Clerk  
October 9, 16, 2011

## 1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA GENERAL JURISDICTION DIVISION  
CASE NO. 08000272GCS  
TAYLOR, BEAN & WHITAKER MORTGAGE CORPORATION, Plaintiff,  
vs.  
TAYA I. MORRIS; UNKNOWN TENANT #1; UNKNOWN SPOUSE OF TAYA I. MORRIS, ET. AL., Defendant.  
NOTICE OF FORECLOSURE SALE  
NOTICE IS HEREBY GIVEN pursuant to a Final Judgment of Foreclosure dated September 4, 2011, and entered in Case No. 08000272GCS of the Circuit Court of the TENTH Judicial Circuit in and for Highlands County, Florida, wherein TAYLOR, BEAN & WHITAKER MORTGAGE CORP., is the Plaintiff and TAYA I. MORRIS; UNKNOWN TENANT #1; UNKNOWN SPOUSE OF TAYA I. MORRIS, et. al., are the Defendants. Robert Germaine as the Clerk of the Circuit Court will sell to the highest and best bidder for cash in the JURY ASSEMBLY ROOM, BASEMENT, 430 SOUTH COMMERCE AVENUE, SEBRING, FL 33870 AT 11:00 A.M. on October 28, 2011, the following described property as set forth in said Final Judgment, to wit:  
LOT 6, BLOCK 148, LAKEWOOD TERRACE ADDITION, SHEET NO. 3, AS PER PLAT THEREOF, RECORDED IN PLAT BOOK 2, PAGE 94, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.  
Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens must file a claim within 60 days after the sale.  
Dated this 3rd day of October, 2011.  
Robert Germaine  
As Clerk of the Court  
By: /s/ Toni Kopp  
As Deputy Clerk  
October 9, 16, 2011  
PUBLIC AUCTION: OCTOBER 21, 2011 AT: 9:00 AM  
LOCATION: AVON TOWING: 1102 KERSEY ST. AVON PARK, FL 33825  
YEAR MAKE VIN #  
2002 FORD 1FTRE1482HB27108  
October 7, 2011

## 1050 Legals

IN THE CIRCUIT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA  
CASE NO. 28-2009-CA-001405  
WELLS FARGO BANK,N.A. Plaintiff,  
v.  
SAMUEL PADILLA; NIURKA MARTINEZ A/K/A NIURKA PADILLA; MYRA D. LEUNG; UNKNOWN SPOUSE OF MYRA D. LEUNG; UNKNOWN TENANT #1; UNKNOWN TENANT #2; AND ALL UNKNOWN PARTIES CLAIMING BY, THROUGH, UNDER OR AGAINST THE ABOVE NAMED DEFENDANTS, who are not known to be dead or alive, whether said unknown parties claim as heirs, devisees, grantees, assignees, lienors, creditors, trustees, spouses, or other claimants; Defendants.  
NOTICE OF SALE  
Notice is hereby given that, pursuant to the Final Judgment of Foreclosure dated September 27, 2011, in this cause, I will sell the property situated in HIGHLANDS County, Florida, described as:  
LOT 2, BLOCK 161, SEBRING HIGHLANDS, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 1, PAGE 97, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.  
a/k/a 1617 WARFIELD PLACE, SEBRING, FL 33870  
at public sale on October 26, 2011, to the highest bidder, for cash, in the Jury Assembly Room in the basement of the Highlands County Courthouse located at 430 South Commerce Avenue, Sebring, Florida, in accordance with section 45.031, Florida Statutes, beginning at eleven o'clock a.m.  
Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens must file a claim within 60 days after the sale.  
Dated at Sebring, Florida, this 28th day of September, 2011.  
ROBERT W. GERMAINE  
Clerk of the Circuit Court  
By: /s/ Priscilla Michalak  
Deputy Clerk  
October 9, 16, 2011

NOTICE OF SALE IS HEREBY GIVEN TO: Leaptot Thomas that on 10/21/11, at 11am at Dwight's Mini Storage 1112 Persimmon Ave., Sebring, FL 33870. The personal property in Unit #64 of Leaptot Thomas will be sold or disposed of PURSUANT TO F.S. 83.806(4)  
October 9, 16, 2011

**WANT NEW FURNITURE?**  
Need to sell the old furniture first?  
Call News-Sun classifieds,  
314-9876  
Then shop till you drop!

**Classified ads get fast results**

**1055** Highlands County Legals

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA  
CASE NO.: 2010-CA-001120  
DIVISION:  
UCN: 282010CA001120XXCICI  
WALTER MORTGAGE COMPANY, LLC AND MID-STATE TRUST VI, A TRUST  
Plaintiff,  
vs.  
THOMAS SOUTH; JANET SOUTH;  
Defendant(s).

**NOTICE OF SALE**  
NOTICE IS HEREBY GIVEN THAT, PURSUANT TO THE JUDGMENT OF FORECLOSURE ENTERED IN THE ABOVE CAUSE, I WILL SELL THE PROPERTY SITUATED IN HIGHLANDS COUNTY, FLORIDA, DESCRIBED AS:

LOT 37 & 38 IN BLOCK 21 SECTION 2 PLACID LAKES, PAT BOOK 6, PAGE 21 AS PER OR BOOK 496 PAGE 639 PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA

AT PUBLIC SALE, TO THE HIGHEST AND BEST BIDDER, FOR CASH,  
ON OCTOBER 26, 2011, AT 11:00 AM AT HIGHLANDS COUNTY COURTHOUSE, SEBRING, FLORIDA.

ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE.

IF YOU ARE A PERSON WITH A DISABILITY WHO NEEDS ANY ACCOMMODATION IN ORDER TO PARTICIPATE IN THIS PROCEEDING, YOU ARE ENTITLED, AT NO COST TO YOU, TO THE PROVISION OF CERTAIN ASSISTANCE. PLEASE CONTACT THE OFFICE OF THE ADMINISTRATOR AT (863)534-4686 AT LEAST SEVEN (7) DAYS BEFORE YOUR SCHEDULED COURT APPEARANCE, OR IMMEDIATELY UPON RECEIVING THIS NOTIFICATION IF THE TIME BEFORE THE SCHEDULED APPEARANCE IS LESS THAN SEVEN (7) DAYS; IF YOU ARE HEARING OR VOICE IMPAIRED, CALL 711.

DATED: October 3, 2011.  
CLERK OF THE COURT  
By: /s/ Annette E. Daff  
Deputy Clerk  
October 9, 16, 2011

# PROFESSIONAL SERVICE DIRECTORY

**HANDYMAN BOB**  
Install doors, windows, flooring, plumbing & more!  
Licensed & Insured  
Lic# HM0096  
Call 863-452-5201  
or  
863-449-1744

**J&S**  
Tree Trimming  
Stump Removal  
Lawn Treatment  
Stephen... (863) 253-7278  
Julie... (863) 214-6906  
Doug... (863) 257-3186

Hairstyling | Manicures | Pedicures | Body Waxing  
by:  
**Judy Graves**  
863-633-8136  
at:  
**Ida's Hairport**  
9 S. Main St.  
Lake Placid, FL 33852

**Phyllis's Garden Gate**  
Silk Floral Designs  
Set in Antique & Modern Containers  
Located in:  
Raintree Antique Mall  
4700 US Hwy 27 S., Sebring, FL  
863-382-6351

Diabetic Footwear • Custom Orthotics  
Work Shoes • Comfortable Shoes  
SAS • New Balance  
**Shoe Box**  
Celebrating 25 Years  
1138 S. Parrot Ave • Okeechobee, FL 34974  
863-763-4401 • Fax 863-763-6335  
shoebxboxlady@hotmail.com

**Complete Lawn Maintenance**  
-Landscaping- -Mowing- -Trimming-  
-Rocks- -Mulch- -Borders-  
Sod & Irrigation Installation  
**863-314-0969**  
Licensed & Insured  
No Job Too Small!

**1100** Announcements

## CHECK YOUR AD

Please check your ad on the first day it runs to make sure it is correct. Sometimes instructions over the phone are misunderstood and an error can occur. If this happens to you, please call us the first day your ad appears and we will be happy to fix it as soon as we can. If We can assist you, please call us:

**385-6155**  
News-Sun Classified  
DR. AUGUSTO CUELLAR  
Beginning October 1, 2011, will not be available. Forward Information To Be Requested to: 863-800-0487

**2000** Employment

**2100** Help Wanted

### LEARN HOW TO PREPARE TAXES!

Take the **Amscot Tax Course** and learn to prepare Income Tax Returns.\*

\*Day & evening classes available.

\*Learn from experienced tax professionals.

\*Enroll now for just \$49. Fee includes all learning materials.

For class times and locations:  
Call: 1-800-801-4444  
Or visit: [AmscotTax.com](http://AmscotTax.com)



\*completion of the Amscot Tax Course is neither an offer nor a guarantee of employment

**A & E LAWN MOWER REPAIR**  
New & Used Parts  
Push & Ride Lawnmowers  
•Change Oil  
•Clean filters  
•Sharpen Blades  
12 S. Forest Ave.  
Avon Park, FL 33825  
863-452-0389

"LIVE BLOOD ANALYSIS"  
**WANDA KLINE WEIGHT LOSS & WELLNESS**  
See what one drop of your blood indicates as to YOUR nutritional health and well-being.  
By appointment only  
863-414-4066

**WILLIAMS JANITORIAL CARPET CLEANING**  
\$10<sup>95</sup> Per Room  
3 Rooms Minimum  
• Upholstery Cleaning  
• All Types of Flooring  
• Free Estimates  
Lic • Bonded • Ins  
(863) 214-1940

**Roger's Handyman Services**  
Roger McCartney JR  
licensed and insured  
No job is too small. We can take care of all your home repairs and maintenance needs.  
• Small Flooring Jobs  
• License #HM01711  
863-381-6677  
Free Estimates

Advertise Your Business Here!  
**News-Sun**  
Call 385-6155

**S. A. LONG CLEANING** \$10<sup>95</sup> per hour  
20 Years experience  
Excellent References  
Daily - Weekly - Biweekly - Monthly  
Janitorial Service Recently  
Relocated to Lake Placid - Sebring  
Looking To Build New Clientele  
863-243-1801 / Shelly A long

**Innovations**  
Hair Salon and Cosmetics Boutique  
1011 Lakesview Dr., Sebring,  
Hair Cuts, Razor Cuts,  
Perms, Colors, Highlights, Stylish Ladies, Mens and  
Relaxers, Waxing, Childrens gentle used clothing  
Hair Replacements  
(863)382-2264  
(863)655-4040  
innovations-hairandcosmetics@hotmail.com

Joe Johnson's  
**ALL AMERICAN TREE SERVICE, INC.**  
TRIMMING • REMOVAL  
SOD INSTALLATION • STUMP GRINDING  
LOT CLEARING • PRESSURE CLEANING  
Will Beat Any Written Estimate!  
Peoples Choice Award  
863-465-7491  
Free Estimates Licensed & Insured

**Firemen's Indoor Flea Market**  
**Sandy's Dollar Store**  
**Becky's Avon** 863-449-1298  
**Firemen's Field Fairgrounds**  
Kenilworth Blvd & Rt. 17  
Fri-Sat • 8am-2pm Year Round

**AMSOIL**  
First In Synthetics  
**Stephen D. Wells**  
Amsoil Dealer  
Lubricant Consultant  
Cell: 863-273-1953  
Email: [fanwells@centurylink.net](mailto:fanwells@centurylink.net)

# TALK TO THE EXPERTS.

# DID YOU KNOW THAT...

The News Sun Professional is one of the most economical & effective means of advertising today?

Call Anita at: 863-385-6155  
Email: [amarsella@newssun.com](mailto:amarsella@newssun.com)  
For more information!

ADVERTISING SALES ASSISTANT  
We Are Expanding!

We have a new position available, in Central Florida for a  
ADVERTISING SALES ASSISTANT

Responsibilities:  
Scheduling client appointments. Maintaining advertising schedules. Client relations and assist Multi Media Account Executive.

Salary + Commission.

Send reply to box 306 The Daily Commercial P.O. Box 490007 Leesburg, FL 34749-0007 EOE

EXPERIENCED PLASTERER Needed. Must have transportation. Call Robby 863-441-1833

MEDIA ADVERTISING MULTI-MEDIA ACCOUNT EXECUTIVE

We are a South Central Florida Newspaperis accepting resumes for a qualified OutsideSales Representative that values teamwork and has a desire to succeed.

The successful candidate must have at least 6 months to 1 year sales experience. Is highlymotivated and enjoys building client relationships, not afraid to ask for a sale, professional, enthusiastic, and exhibit a high level of integrity.

This position is the perfect choice for anyone loving to sell a product you believe in.

We offer base salary plus commission; excellent benefits to include medical, dental, life, 401k and more; paid time off; and training.

Send reply to box 305 The Daily Commercial P.O. Box 490007 Leesburg, FL 34749-0007 EOE

**2100 Help Wanted**

**BUSY EYE CLINIC** has openings in all positions. Full time/part time. Send resume to : P.O. Box 991 Lake Placid 33862.

**MEDICAID CASEWORKER**

Seeking a part time caseworker to assist patients in a hospital setting in applying for Medicaid, Social Security, County Indigent or other types of eligible funding for healthcare services. This position will work nights and weekends. Caseworkers are responsible for activities including but not limited to screening patients at bedside, assisting patients in completing required paperwork/applications, along with case processing and follow up on all assigned cases. Candidates must have a stable work history, good references, and demonstrate professionalism. **Experience in social services and Medicaid a plus.** Candidates must also possess good organizational skills, writing, analytical, and strong time management skills. Bilingual (Spanish / English) a definite plus. Thorough background check and drug screening required. To apply send resume in Microsoft Word format to jobs@montielgibilly.com Include name and Highlands in the subject line.

**5000 Mobile Homes**

**5050 Mobile Homes For Sale**

**PALM HARBOR HOMES**  
4/2 From 499 Mo Loaded  
3/2 From 399 Mo Loaded  
**Homes on Your Lot 0 Down**  
800-622-2832

**5150 Mobile Homes For Rent**

LAKE PLACID DW Mobile Home 2BR/2BA, Central A/C and heat. Screened porch, Carport, W/D hook up. Large lawn, quiet area. No pets. \$500/mo. 863-840-0494 or 863-465-1451

VENUS - New 4BR, 2BA (jacuzzi in master BA) A/C, tile, W/D, porch, w/option of 20 acres. 8 horse barn, privacy fence, 1 block from Hwy 27. 731 CR 201. 305-725-0301

**6000 Rentals**

**6050 Duplexes for Rent**

SEBRING LARGE 1br/1ba. Water, garbage & sewer paid. Furnished. No pets. \$450/mo. + \$350/deposit. Call 863-382-8658

**6200 Unfurnished Apartments**

AVON PARK \*\* Highlands Apartments 1680 North Delaware Ave. 1BR, 1BA & 2BR, 2BA Available. Central Heat & Air. Extra insulation. 1st & Sec. Call 863-449-0195

AVON PARK - 1BR / 1BA, with Balcony Overlooking Lake Verona and City Park. 100 E. Main St. Laundry Facilities. SPECIAL: \$325/mo. 863-453-8598

AVON PARK - LEMONTREE APTS 1BR \$495 mo. + \$200 Sec. Deposit, available immediately. Washer/Dryer & WSG included. Call Alan 386-503-8953

SEBRING - Close to Downtown! 1BR, 1BA. Efficiency. Water included - No pets. \$400 monthly plus security Dp. 863-441-0900 or 863-441-1788

**6250 Furnished Houses**

LAKE PLACID - Winter Rental! Nov-Apr, 3/br, 2/ba, fully furn., lg. Fla rm, lg. scr. porch w/ tiled floors. On canal w/ dock to Lk. Clay. Kitchen, Family w/ stone firepl., Library, MBR w/ sitting area, screened pool, covered dock, 30' X 50' RV garage w/ 50 AMP. All appliances. \$495,000. obo. For More details Call 863-382-4125

**6300 Unfurnished Houses**

**AVON PARK AFFORDABLE RENT**  
**Ridgedale Apartments**  
1, 2, 3 & 4 Br Apts  
Central Location,  
water & trash included  
Rent subsidized —  
Based on household  
income.  
No Application Fee  
Call 863-452-4432  
TTY 800-955-8771

**EQUAL HOUSING OPPORTUNITY**

Having something to sell and not advertising is like winking in the dark. You know what you're doing, but no one else does. Call News-Sun classifieds today! 385-6155.

**6300 Unfurnished Houses**

**AVON PARK NOW TAKING APPLICATIONS!**  
North Central Heights Homes, a new "Rent Restricted" single family home development in Avon Park. Only (D) two bedroom, (17) three bedroom, and (D) four bedroom homes left! Rents average in the low \$400's for two bedroom homes and low-to-mid \$500 & \$600's for the three & four bedroom homes. Going Fast!  
**DON'T DELAY APPLY TODAY!**  
**\$100 OFF FIRST MONTH RENT!**  
**UNTIL THE END OF OCTOBER ONLY!**

**CALL:**  
TTY 800-955-8771  
863-452-4432, Ext. 2201

LAKE PLACID 3/2 997 Washington Blvd. 2 car garage. Screened back patio. \$700/mo. Call 305-804-5464

PLACID LAKES 3/2 full baths. New House \$750/mo. + \$750 dep. Beautiful views, quiet & nice. All tile & new appl. 305-926-7987

REFLECTIONS / SILVER LAKE, Park Model, 2BR/ 1 BA / Kitchen, living & dining room, W & D hookup. Deck & Shed.No steps inside. \$45,000. Lot S39 Call 863-452-2217

SEBRING - 3BR / 2BA, Huge 2 car garage, privacy fenced back yd., sec. sys., C/A/H, sits on 2 lots, W & D hook up. Irrigation sys w/ well. \$900 mo. + \$900 sec. Dep. 863-446-0276

SEBRING - Woodlawn Elementary School area, 2BR/1BA, new carpet & paint, fenced backyard, Stove & Refrigerator. Lots of living area! \$500 mo. 1st. last & dep. RENTED!

SEBRING 3/2 Lakefront home w/pool. Many upgrades. Enjoy boating, fishing & swimming, right in your own back yard! \$1000 per mo 1st./last/Sec. 321-452-7090 or 863-446-0760

SEBRING IMMACULATE NEWER 3/2/1. All tile, new paint, dishwasher, W/D, small screened in porch, extra large shady lot plus lawn service. No smokers. \$850 + security. Call 863-773-3956

SEBRING - Lake Josephine Area. Unfurnished. 2BR/1BA Florida room, Laundry room & small shed. Close to boat ramp. \$525/mo. + first & last & security. Call 863-655-4528

SEBRING NEW EXECUTIVE HOME! 3br./2ba. 2 Car Garage. Stainless Appl., incl. Dishwasher. Tile & Wood Floors. 10' Ceilings. \$850 mo. + \$400 Sec. 7524 Sun N Lakes Blvd. 863-446-7274

**6750 Commercial Rental**

LAKE PLACID 2 BAYS 1 W/bathroom & office w/roll up door 30 x 30, \$350 per/mo.. The second is a 20 x 30, roll up door, \$300 per/mo. Call Craig 239-848-7839.

**7000 Merchandise**

**7040 Appliances**

REFRIGERATOR KITCHENAID Almond color. Excellent condition! \$900 new- asking \$200 / Curio cabinet, wood & glass \$175. 863-414-4066

**7180 Furniture**

**NEW STEARNS & FOSTER MATTRESS SETS**

All queen \$995 \* all King \$1285  
Compare to any mattress gallery  
Lamps \$19, Barstools \$39up,  
Desks \$297up, Recliners \$247up  
Over 50 styles  
Ent. Centers \$167up  
Double Reclining Sofa \$587

**HIGHPOINT FURNITURE**  
2346 U.S. 27 N, SEBRING  
across from Home Depot

RECLINER/SOFA STRATOLOUNGER. 87" recliner at both ends. Light beige w/pastel green & mauve print. Excel cond. \$400 Call 863-441-2065

SOFA 3 seat Ashley Leather, maroon. Recliners on each end. Good cond. \$300 Call 863-382-8570

**7300 Miscellaneous**

2002 YAMAHA 125 Dirt Bike 4 cycle Excellent Condition! Very Clean. \$1500 obo. / HOT TUB 6 person Vita, indoor - 1 owner never moved. Like New cond. \$1800 obo. Call 863-381-4677

**7310 Bargain Buys**

AREA RUG, Green, 11 x 13. Nylon, washable. \$50 Call 863-382-7130

CHAIR - Office / Computer / Executive original cost \$80, will sell for \$40. excel cond. 863-873-3801

**7310 Bargain Buys**

EL CAMINO - 1979, 350, runs or parts \$99. 863-414-8412

HANDICAP PRIDE SCOOTER 4 wheels, needs batteries. \$100 Call 863-699-1911

HONDA SCOOTER - 250, runs great, or parts. \$99. 863-414-8412

HUTCH - 3 Shelves, double door, storage for for dishes. Med. wood color. \$95. 8638733801

MENS SUITS (2) Excel cond. 1 lt. gray & 1 medium gray. \$30 Call 863-260-0696

NEW HANDICAPPED Stainless steel trapeze triangle hoist with floor stand. \$45 863-699-1911

OLD COTTAGE FURN. - drop leaf table & 5 chairs, plus 4 add'l misc. pieces. All for \$75. 863-402-2285

PATIO SET - Glass top table & 4 chairs. Green. Excellent condition. \$75. 401-580-7438

STOVE - OLD Frigidaire, electric, 220 apt size. Excellent Condition. \$50. 863-402-2285

TELEVISION - ILO 27 inch excellent condition. \$75. 401-580-7438

TIRES USED (4), Size 17. \$100 Call James or Harold 863-385-8894

**7320 Garage & Yard Sales**

AVON PARK - HUGE SALE!!! South Florida Community College, Citrus Center parking lot, Sat. Oct 15th, 8am-1pm. lots of Misc, a wide variety of items. Shop for Christmas.

SEBRING - MOVING SALE! 3411 Village Rd. Sat, Oct 15th, 8am - 3pm. Furniture, appliances, light fixtures, ceiling fans, household items, Halloween decor, clothing, TV's. Much More!!

SEBRING COMMUNITY GARAGE SALE on SIDEWALKS at the CIRCLE DOWNTOWN. Large Variety of Sellers. Saturday Oct. 15th, 2011 7am - ?

**7520 Pets & Supplies**

**NOTICE**

Florida statute 585.195 states that all dogs and cats sold in Florida must be at least eight weeks old, have an official health certificate and proper shots and be free of intestinal and external parasites.

**8000 Recreation**

**8250 Hunting & Fishing Supplies**

ROD & REEL Jarvis Walker. New, 6'6"-7', 4 for \$75. Call 865-699-1953

**9000 Transportation**

**9450 Automotive for Sale**

FORD 1982 F150, 4 X 4, MUD TRUCK. \$1000 obo. For More Info Call 863-214-3658 or 8693-801-4346

PONTIAC SUNFIRE '03 needs fuel pump & battery. Drivers window needs repair. Cold air. 94K mi. \$1200 Call 863-273-3420.

DOES MAKING MONEY MAKE YOU HAPPY? Sell your used appliance with a News-Sun classified ad. Call today, gone tomorrow!

314-9876

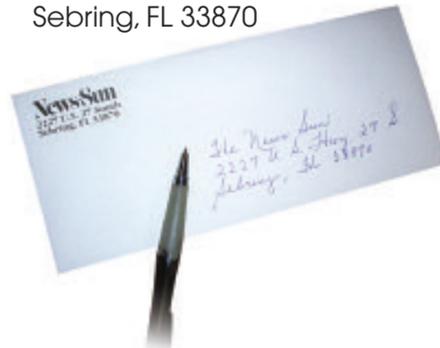
Contact Us...



By Phone  
(863) 385-6155

By Mail

2227 US Hwy 27S  
Sebring, FL 33870



By E-Mail

www.newssun.com/contact/



**NOW HIRING**  
For Certified Nursing Assistant (CNA) for non-medical home health. You must have a state certification, and pass a criminal & driving record check. Submit your application on line: [ck381.ersp.biz/employment](http://ck381.ersp.biz/employment)

SEBRING - Mature Male, with references, drivers license and car, to care for older son who cannot drive. A companion that likes cards, play pool, movie, etc. For additional info. Call 863-655-1068

**3000 Financial**

**4000 Real Estate**

**4080 Homes for Sale Sebring**

SEBRING - EXECUTIVE HOME ON LAKE! 3BR/ 3BA / 2 1/2 CG, Dining, Living, Kitchen, Family w/ stone firepl., Library, MBR w/ sitting area, screened pool, covered dock, 30' X 50' RV garage w/ 50 AMP. All appliances. \$495,000. obo. For More details Call 863-382-4125

**4120 Villas & Condos For Sale**

ESTERO, FL. 3/2/2, Villa, lake lot, gated community, pool, clubhouse. Upgraded counter, xtra tall cabinets w/moldings, laundry room, much more. Built in 2007. Asking \$165,000. Will consider trade in Sebring area. (239) 498-1183

**4160 Commercial Prop. For Sale**

LAKE PLACID - 299 E. Interlake Blvd., 2400 sq. ft. bldg., 50' X 120' lot. Retail store in the heart of Lake Placid; 2BA/ kitchenette, workshop, office, showrooms w/ slat wall. Can be divided into 2 units. \$219,000. OBO 863-699-2228 or 863-840-2990 nancy@sewbiz.biz

**4320 Real Estate Wanted**

**ATTENTION: CASH** for your Home, Duplex, Apartment, Commercial Property. Rapid Closing, "As Is" Condition. 863-441-2689. **STRICTLY CONFIDENTIAL**

LOOKING FOR THAT SPECIAL HOME? Search the News-Sun Classifieds every Sunday, Wednesday and Friday.

**HELP WANTED** **The News-Sun wants you!**

We are looking for a high-energy, highly motivated individual ready to work in a fast paced environment. This entry level position requires dependability, excellent written and oral communication skills, ability to handle customer service calls, resolve customer problems, and deal effectively with a variety of personalities. General clerical, administrative, and computer skills, in addition to good phone etiquette, are necessary. Scheduled hours are 8 a.m.-5 p.m. Monday, 8 a.m.-4 p.m. Tuesday-Friday. This is a full-time position with benefits, paid time off, health insurance, 401K & more.

**Email resumes to:**  
humanresources@newssun.com or fax to 352.365.8229, Attention: Human Resources Director. Applications may be completed at: 2227 U.S. 27 South, Sebring. EOE

**Your Chance To Make Extra Cash!**

Make extra cash selling subscriptions for the News-Sun! Commission only. Must be 18+ to apply. Call today!

**Need To Sell Something? CALL US TODAY!**  
Our classifieds section can get your item sold!

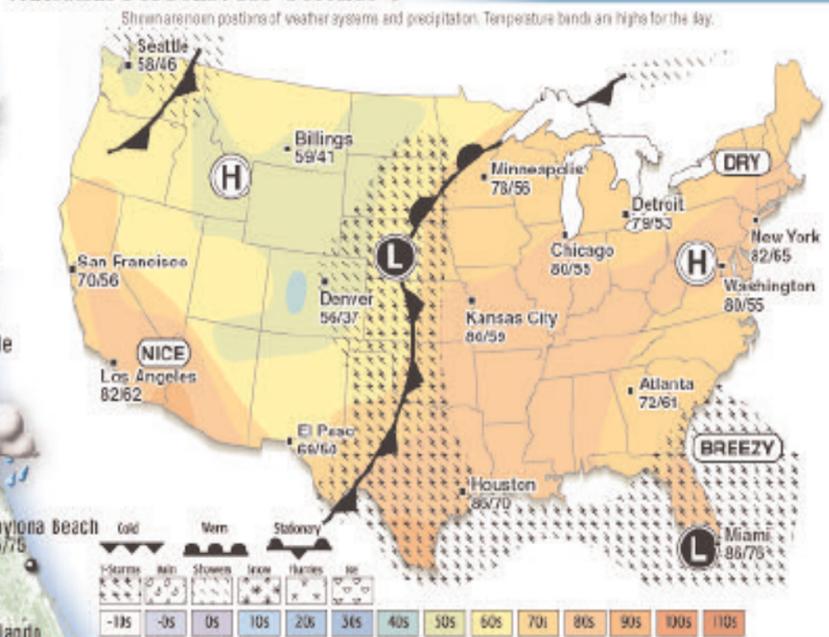
**NEWS-SUN**  
2227 US 27 | Sebring, FL 33870  
www.newssun.com | 863-385-6155

**Classified ads get fast results**

**Five-Day forecast for Highlands County**

TODAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Variable clouds, 1-storms, windy	Some sun with a shower or t-storm	A couple of showers and a t-storm	Some sun with a t-storm possible	Mostly sunny, a t-storm possible
87° / 70°	89° / 71°	89° / 71°	89° / 70°	89° / 69°
Winds: E at 15-15 mph	Winds: WNW at 6-12 mph	Winds: SW at 6-12 mph	Winds: W at 7-14 mph	Winds: WNW at 6-12 mph

**National Forecast for October 9**



**Almanac**

**Temperature**  
 Record of Ambient Biological Station in Lake Placid  
 High Tuesday 88°  
 Low Tuesday 59°  
 High Wednesday 89°  
 Low Wednesday 57°  
 High Thursday 88°  
 Low Thursday 67°

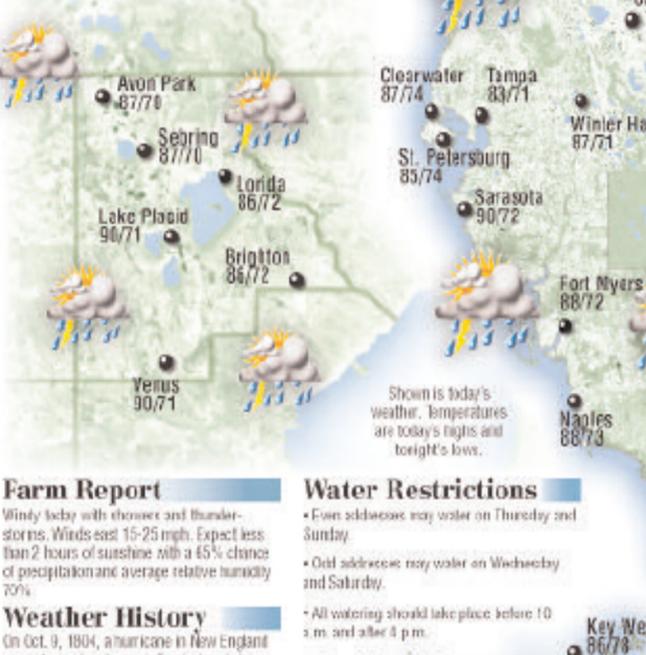
**Heat Index**  
 For 3 p.m. today  
 Relative humidity 54%  
 Expected air temperature 87°  
 Makes it feel like 91°

**Barometer**  
 Tuesday 30.03  
 Wednesday 30.02  
 Thursday 30.01

**Precipitation**  
 Tuesday 0.00  
 Wednesday 0.00  
 Thursday 0.00  
 Month to date 0.00  
 Year to date 28.20"

**Regional Summary**

Variable cloudiness today with showers and thunderstorms; windy. Mostly cloudy tonight, showers and thunderstorms. Episodes of sunshine tomorrow and Tuesday with a shower or thunderstorm. Wednesday: a shower or thunderstorm.



**National Summary**

High pressure will promote dry, calm and unusually warm weather for October in the Northeast and much of the Southeast today. However, tropical moisture will allow for even more widespread showers and thunderstorms across Florida with the risk of flash flooding along the East Coast. Gusty winds, rough surf and dangerous rip currents will add to the miserable weather. A few showers and storms may sneak up the Southeast coast into Georgia and South Carolina.

**U.S. Cities**

City	Today	Mon	Tue	City	Today	Mon	Tue
Albuquerque	59/73	65/86	73/81	Los Angeles	62/82	60/81	63/84
Atlanta	72/81	70/87	75/81	Louisville	62/85	64/88	62/88
Baltimore	62/80	62/80	70/80	Memphis	63/89	61/85	61/80
Birmingham	75/81	75/87	81/87	Milwaukee	72/85	71/85	72/85
Boston	62/80	68/85	67/80	Minneapolis	78/86	75/87	72/87
Charlotte	71/85	74/85	72/88	Nashville	62/87	63/85	63/84
Chattanooga	62/87	64/89	69/82	New Orleans	64/89	63/88	64/85
Chicago	60/85	75/86	75/81	New York City	62/85	62/84	78/82
Cleveland	70/83	77/89	76/87	Portland, ME	70/84	73/85	67/84
Columbus	62/85	62/87	61/87	Portland, OR	66/88	68/88	62/80
Dallas	64/87	63/81	67/89	Raleigh	75/85	75/88	77/81
Denver	66/87	68/82	75/83	Richmond	75/83	77/81	75/84
Detroit	78/85	77/85	77/85	St. Louis	62/87	61/81	60/80
Harlingen	62/87	63/83	77/87	San Francisco	70/88	68/88	71/84
Honolulu	86/87	86/89	87/87	Seattle	58/85	53/80	50/87
Houston	67/87	65/81	67/87	Wash. DC	60/85	62/80	78/80
Indianapolis	60/85	60/87	78/88				
Jackson, MS	62/85	75/89	62/85				
Kansas City	60/88	74/80	79/89				
Lexington	60/85	62/85	61/87				
Little Rock	64/85	60/81	79/89				

**World Cities**

City	Today	Mon	Tue	City	Today	Mon	Tue
Acapulco	81/90	89/98	88/90	London	56/88	58/87	64/84
Alicante	75/89	83/87	67/85	Montreal	70/88	72/88	66/88
Bahia	80/87	80/89	83/88	Moscow	58/81	54/83	54/88
Beijing	54/41	60/50	55/38	Nice	70/88	70/81	78/83
Bombay	80/89	80/89	80/89	Ottawa	78/85	74/88	58/88
Calgary	61/83	61/83	58/88	Quebec	70/84	67/82	68/84
Edmonton	58/83	58/88	60/88	Rio de Janeiro	80/85	84/87	79/87
Helsinki	52/83	52/83	54/83	Seoul	73/83	72/83	73/88
Hong Kong	80/88	80/88	80/88	Singapore	86/87	86/87	86/87
Jakarta	81/88	82/82	80/88	Sydney	75/84	80/80	80/82
Johannesburg	18/28	11/28	78/81	Toronto	77/88	78/82	72/81
Kiev	65/88	67/88	66/88	Vancouver	58/80	55/83	60/84
				Winnipeg	68/80	65/84	68/88
				Warsaw	53/88	52/88	62/88
				Whitby	58/84	58/85	62/88

**Farm Report**

Windy today with showers and thunderstorms. Winds east 15-25 mph. Expect less than 2 hours of sunshine with a 45% chance of precipitation and average relative humidity 70%.

**Water Restrictions**

- Even addresses may water on Thursday and Sunday
- Odd addresses may water on Wednesday and Saturday
- All watering should take place before 10 a.m. and after 4 p.m.

**Weather History**

On Oct. 9, 1804, a hurricane in New England caused massive damage. Tropical moisture and cold air combined in central New England; 2-3 feet of snow fell in the Green Mountains.

**Florida Cities**

City	Today	Mon	Tue	City	Today	Mon	Tue
Gape Coral	88/71	88/71	88/71	Miami	86/75	87/71	88/71
Clearwater	87/74	87/74	87/74	Okeechobee	84/73	84/73	84/73
Coral Springs	85/75	85/75	85/75	Orlando	82/72	82/72	82/72
Daytona Beach	85/75	85/75	85/75	Pompano Beach	86/75	86/75	86/75
De Land	85/75	85/75	85/75	St. Augustine	82/75	82/75	81/70
Fort Myers	88/72	88/72	88/72	St. Petersburg	85/74	87/73	86/71
Gainesville	88/69	88/69	88/69	Sarasota	90/72	90/72	90/72
Hollywood	88/75	88/75	88/75	Tallahassee	74/68	74/68	84/68
Homestead	88/74	88/74	88/74	Tampa	83/71	86/71	86/71
Jacksonville	81/69	81/69	81/69	W. Palm Bch	86/74	86/74	86/74
Key West	85/78	85/78	85/78	Winter Haven	87/71	87/71	87/71

**Sun and Moon**

	Today	Monday
Sunrise	7:22 a.m.	7:22 a.m.
Sunset	7:06 p.m.	7:04 p.m.
Moonrise	1:34 p.m.	6:08 p.m.
Moonset	1:14 a.m.	0:00 a.m.



**Tides**

**Readings at St. Petersburg**

High	1:10 a.m.
Low	7:17 a.m.
High	1:38 p.m.
Low	7:29 p.m.

**Readings at Palm Beach**

High	7:34 a.m.
Low	1:05 a.m.
High	7:48 p.m.
Low	1:28 p.m.

**Lake Levels**

**Readings as of 7 a.m. yesterday**

Lake Jackson	78.36
Lake Okeechobee	11.03
Normal	14.51

**UV Index Today**

The higher the **AccuWeather.com UV Index** number, the greater the need for eye and skin protection.



0-2 Low; 3-5 Moderate; 6-7 High; 8-11 Very High; 11+ Extreme

Forecasts and graphics provided by **AccuWeather, Inc.** ©2011

**BRIGHTON**  
It's Your Thing!

# FREE RIDE!\*

**TUESDAY - ALL NEW \$20 POKER TOURNAMENTS OVER \$200 IN PRIZES!**

**THE BUS PICKS UP AT:**

**TUESDAYS**  
 2:30PM • AVON PARK    3:00PM • SEBRING  
 WALMART - 1041 US HWY 27    WALMART - 3525 US 27N  
 3:30PM • LAKE PLACID  
 HOLIDAY INN EXPRESS - 608 S. LAKEVIEW RD

**RECEIVE A FREE RIDE, \$20 FREE PLAY, AND A \$3 OFF COUPON FOR JOSIAH'S RESTAURANT\***

**THURSDAYS**  
 1:30PM • HAINES CITY    2:00PM • LAKE WALES  
 WALMART - US HWY 27    IHOP - US HWY 60  
 2:30PM • AVON PARK    3:00PM • SEBRING  
 WALMART - 1041 US HWY 27    WALMART - 3525 US 27N  
 3:30PM • LAKE PLACID  
 HOLIDAY INN EXPRESS - 608 S. LAKEVIEW RD

**RECEIVE A FREE RIDE, \$20 FREE PLAY, \$10 OFF BINGO COUPON AND A \$3 FOOD OFFER\***

NO RESERVATIONS REQUIRED. FIRST COME, FIRST SERVED.

**CASINO DEPARTURE: 10:30PM**

17735 Reservation Road  
Okeechobee, FL 34974

1.800.360.9875  
seminolebrightoncasino.com

Highway 721 west of Lake Okeechobee on the Brighton Seminole Indian Reservation

# WWW.WARRENSAUTOSALES.COM

## HUGE INVENTORY ARRIVING DAILY

**09 HONDA FIT**

22,000 MILES, SPORT MODEL, NEW

**SNAZZY**

**08 NISSAN PATHFINDER**

3RD ROW SEAT, 12,000 MILES, SWEET

**BLACK BEAUTY**

**10 FORD ESCAPE**

22,000 MILES, V6, LIMITED, SUNROOF

**LEATHER**

**06 TOYOTA HIGHLANDER**

LIMITED, LEATHER, THIRD ROW SEAT

**44,000 MILES**

### WE'VE TRIMMED OUR PRICES

**09 HONDA CIVIC**

EX MODEL, 35,000 MILES, ONE OWNER

**NAVIGATION**

**08 CHEVROLET EQUINOX**

LT MODEL, SUNROOF, 28,000 MILES

**ONE OWNER**

**06 MERCURY GR MARQUIS**

GS MODEL, LOCAL PURCHASE, NICE

**10,000 MILES**

**07 DODGE DAKOTA**

34,000 MILES, 1 OWNER, SLT TRX

**CANDY APPLE**

PRICES PLUS ONLY TAX, TAG AND TITLE. WARRANTIES ARE BALANCE OF FACTORY.

**WARREN'S AUTO SALES**  
 Sales • Mon.-Fri. 8-6:30  
 Saturday 8-5  
**863-452-2931**

\*Offers cannot be combined with new member offers. No reservations required. Seating is first come, first serve. Arrival and departure times are estimated and subject to change based on travel conditions. Limited Space Available. Details at Seminole Player's Club. Management reserves the right to change or cancel at any time. If you or someone you know has a gambling problem, please call 1.800.ASISTIT.

# Devils, Dragons double downed

## Red Devils serve Tiger turnovers

By ED BALDRIDGE

ed.baldridge@newssun.com

AVON PARK – Avon Park turnovers lead to a 27-14 loss to Clewiston Friday night at Joe Franza Stadium.

“Turnovers. It was the fact that our turnovers put our defense in some tough positions,” said Avon Park head coach Andy Bonjokian.

All told, the Devils put the ball on the ground six times which led to four turnovers, resulting in two touchdowns and a field goal for Clewiston

– 17 points in a 13-point loss.

Avon Park would score their seven first when Ryan Dick

connected with wide receiver Jarviel Hart for a 68-yard pass early in the second before Charles Louis was able to pound in from the three for the score.

Clewiston returned the favor with a 26-yard floater from Tyler Clemons to Te’angelo Ulett, but the point after was short after a personal foul put the Tigers out of range.

An Avon Park turnover at the 20-yard line four minutes later set up Clemons and Ulett a second time for the score, and the two point conversion put the Devils down 14-7.

With 2:40 in the half, the Devils released the ball



News-Sun photo by ED BALDRIDGE  
Charles Louis carries this Tiger defender with him for his second touchdown of the night. But those would be Avon Park’s only two scores in Friday’s 27-14 loss to Clewiston.

again, putting the Tigers just 29 yards out.

But the Devil defense held, forcing Clemons to settle for the field goal at the half.

Clewiston returned the

second half kick-off for another field goal and Avon Park took their turn at their own 29-yard line, but fumbled the field goal at the half.

See AP, Page 4B



Courtesy photo

Nevada Weaver wraps up Booker running back Michael Jones for one of too few times Friday night in the Tornadoes 35-23 win.

## Lake Placid bested at Booker

By DAN HOEHNE

daniel.hoehne@newssun.com

A stormy first half was too much for Lake Placid to overcome as the Tornadoes of Sarasota Booker topped the Green Dragons 35-23 Friday night.

The defense, which had been a strong staple the last few weeks, was whipped up as Michael Jones capped off a game-opening drive with a five-yard touchdown to put Booker on the board – with a two-point conversion making it an 8-0 lead.

Lake Placid would answer back and reach the end zone

on a 7-yard A.J. Gayle run to cut it to 8-7.

But while the Tornadoes would pile up the yardage on the ground most of the night, with Jones totaling 286 yards by games’ end, it was through the air that they would get their next two scores.

Quarterback Alex Riddle found Ricky Jones Jr. on a 62-yard score, with Jones Jr. then passing for the two-point conversion to make it a 16-7 margin.

Then, after a Dragon drive was stopped, a severely underthrown pass from Riddle was turned into a

score.

Jones Jr., streaking down the right sideline had to come back six yards and corral the ball amid a trio of Lake Placid defenders before maneuvering his way out of the pack and taking it in for a 26-yard score.

The conversion failed, but the lead was now up to 22-7.

It was then back to the ground game as Michael Jones carried it on all six plays of Booker’s ensuing drive, finishing it off with a three-yard run.

The Dragons were able to drive close enough for a

See LP, Page 4B



News-Sun file photo by DAN HOEHNE  
Allie Mann, seen reaching for a dig Monday night, stepped up big at the service line in Sebring’s win over Lake Gibson Thursday.

## Volleyball sees net gains Thursday

By DAN HOEHNE

daniel.hoehne@newssun.com

and ED BALDRIDGE

ed.baldridge@newssun.com

It went the distance, but Avon Park was able to overcome a lot of obstacles to pull out a 14-25, 25-23, 29-25, 26-24, 15-11 win against the Lady Bulldogs of Frostproof Thursday night.

With 12 digs and 3 aces, Libero Jamie Wirries lent a huge hand to the Lady Devils, as did middle Kayla Wilson drawing 12 kills and two blocks.

“We had some things to deal with before the game, but we knew we wanted to come back and beat Frostproof,” head coach Stephanie Devlin said. “I didn’t expect it to go five

games, but our minds were somewhere else. We are still missing Ashley (Chacon), we were short Vonteria Klatt. And Teresa (Devlin) was playing with an injured hand, but this was a great revenge win over Frostproof.”

The Devils were actually ahead seven points but let a floater serve get them off track.

“Even though we were down three points or so in the final game, I knew in my heart that we were going to win,” Devlin said. “We were not very hard hitting tonight, Teresa got hurt in the Sebring game, she had a really good game against

See VB, Page 3B



News-Sun photo by ED BALDRIDGE  
Jarviel Hart breaks into the open on a long pass play to set up Avon Park’s first touchdown Friday night.

## ‘Hooked on Fishing’ teacher training available

MyFWC.com

The Future Fisherman Foundation (F3) and the Florida Fish and Wildlife Conservation Commission (FWC) will conduct a training seminar for anyone interested in angler and aquatic education training.

This year’s event will be at the 4-H Camp Ocala (18533 NFS 535 Altoona, FL 32702) the weekend of Oct. 22-23.

This seminar is open to teachers, 4-H leaders, Boy/Girl Scout leaders, Future Farmers of America personnel and anyone interested in getting students involved with fishing and aquatic education.

Trainers will teach the principles of nationally recognized programs such as Hooked on Fishing – Not on Drugs.

“The intent of this seminar is to give everyone a good working knowledge of sport-fishing techniques and aquatic education and instill confidence in them to train others

in their respective organizations,” said Mark Gintert, F3 executive director. “We also intend to show them a host of other available resources and the next steps for their programs once they get established.”

Biologists from the FWC will cover a wide variety of topics, including local biology, habitat, conservation, equipment operation and life skills.

A primary goal of the FWC is to create the next generation that cares by enabling youth and families to reconnect with nature through a variety of active, nature-based recreational activities.

Such activities will enable them to live happier, healthier and smarter lifestyles while becoming future resource stewards (MyFWC.com/Youth).

“The FWC is implementing ways to reach out to schools and other organizations that deal directly with students across the state,”

said Rich Abrams, the FWC’s Marine Aquatic Education coordinator.

“This event will bring together a diverse group of people who share the same goals of getting students involved with the great outdoors and learning to be stewards of Florida’s aquatic environments,” echoed Steve Marshall, the FWC’s Freshwater Angler and Aquatic Education coordinator. Marshall will help lead the seminar.

A travel stipend is available for participants through a Recreational Boating and Fishing Foundation grant, making the cost minimal. Interested parties should go to FutureFisherman.org to register.

Space is limited, so register immediately.

Participants will pay upfront for their stay and meals at Camp Ocala (approximately \$73 per person), but the Future Fisherman Foundation will

reimburse \$150 per person in travel expenses for up to three people per organization.

Participants will receive the Hooked on Fishing – Not on Drugs curriculum, fishing equipment instruction and many additional educational tools.

This will be an in-depth training that will encompass hands-on equipment use, ways to help youth plan for the future, and environmental stewardship activities for which Hooked on Fishing is known.

Instructors for the program will be Mark Gintert, executive director of the Future Fisherman Foundation; Jennifer Saranzak, FWC marine biologist/education specialist in marine fisheries; and Steve Marshall, FWC fisheries biologist in freshwater fisheries.

For registration questions, call Steve Marshall at 561-292-6050

# THE SCOREBOARD

## Major League Baseball

### DIVISION SERIES (Best-of-5; x-if necessary) AMERICAN LEAGUE Detroit 3, New York 2

Friday: Detroit 1, New York 1, 1 innings, susp., rain  
Saturday: New York 9, Detroit 3, comp. of susp. game  
Sunday: Detroit 5, New York 3  
Monday: Detroit 5, New York 4  
Tuesday: New York 10, Detroit 1  
Thursday: Detroit 3, New York 2

### Texas 3, Tampa Bay 1

Friday: Tampa Bay 9, Texas 0  
Saturday: Texas 8, Tampa Bay 6  
Monday: Texas 4, Tampa Bay 3  
Tuesday: Texas 4, Tampa Bay 3

### NATIONAL LEAGUE

#### St. Louis 3, Philadelphia 2

Saturday: Philadelphia 11, St. Louis 6  
Sunday: St. Louis 5, Philadelphia 4  
Tuesday: Philadelphia 3, St. Louis 2  
Wednesday: St. Louis 5, Philadelphia 3  
Friday: St. Louis 1, Philadelphia 0

#### Milwaukee 3, Arizona 2

Saturday: Milwaukee 4, Arizona 1  
Sunday: Milwaukee 9, Arizona 4  
Tuesday: Arizona 8, Milwaukee 1  
Wednesday: Arizona 10, Milwaukee 6  
Friday: Milwaukee 3, Arizona 2, 10 innings

### LEAGUE CHAMPIONSHIP SERIES (Best-of-7; x-if necessary) AMERICAN LEAGUE

Saturday, Oct. 8: Detroit (Verlander 24-5) at Texas (Wilson 16-7), 8:05 p.m.  
Sunday, Oct. 9: Detroit (Scherzer 15-9) at Texas (Holland 16-5), 7:45 p.m.  
Tuesday, Oct. 11: Texas (Lewis 14-10) at Detroit (Fister 11-13), 8:05 p.m.  
Wednesday, Oct. 12: Texas (Harrison 14-9) at Detroit (Porcello 14-9), 4 p.m.  
x-Thursday, Oct. 13: Texas at Detroit (Verlander TBD), 4 p.m.  
x-Saturday, Oct. 15: Detroit (Scherzer TBD) at Texas, 8:05 p.m.  
x-Sunday, Oct. 16: Detroit (Fister TBD) at Texas, 8:05 p.m.

### NATIONAL LEAGUE

Sunday, Oct. 9: St. Louis at Milwaukee, 4:05 p.m.  
Monday, Oct. 10: St. Louis at Milwaukee, 8:05 p.m.  
Wednesday, Oct. 12: Milwaukee at St. Louis, 8:05 p.m.  
Thursday, Oct. 13: Milwaukee at St. Louis, 8:05 p.m.  
x-Friday, Oct. 14: Milwaukee at St. Louis, 8:05 p.m.  
x-Sunday, Oct. 16: St. Louis at Milwaukee, 4:05 or 8:05 p.m.  
x-Monday, Oct. 17: St. Louis at Milwaukee, 8:05 p.m.

### WORLD SERIES (Best-of-7; x-if necessary)

Wednesday, Oct. 19 at National League  
Thursday, Oct. 20 at National League  
Saturday, Oct. 22 at American League  
Sunday, Oct. 23 at American League  
x-Monday, Oct. 24 at American League  
x-Wednesday, Oct. 26 at National League  
x-Thursday, Oct. 27 at National League

## National Football League

### AMERICAN CONFERENCE

East	
W	L T Pct PF PA
Buffalo	3 1 0 .750133 96
New England	3 1 0 .750135 98
N.Y. Jets	2 2 0 .500100 95
Miami	0 4 0 .00069 104

South	
W	L T Pct PF PA
Houston	3 1 0 .750107 70
Tennessee	3 1 0 .75088 56
Jacksonville	1 3 0 .25039 85
Indianapolis	0 4 0 .00063 108

North	
W	L T Pct PF PA
Baltimore	3 1 0 .750119 57
Cincinnati	2 2 0 .50080 74
Cleveland	2 2 0 .50074 93
Pittsburgh	2 2 0 .50064 72

West	
W	L T Pct PF PA
San Diego	3 1 0 .75091 85
Oakland	2 2 0 .500111 113
Denver	1 3 0 .25081 111
Kansas City	1 3 0 .25049 126

### NATIONAL CONFERENCE

East	
W	L T Pct PF PA
Washington	3 1 0 .75083 63
N.Y. Giants	3 1 0 .750102 87
Dallas	2 2 0 .50099 101
Philadelphia	1 3 0 .250101 101

South	
W	L T Pct PF PA
Tampa Bay	3 1 0 .750184 77
New Orleans	3 1 0 .750127 98
Atlanta	2 2 0 .50090 105
Carolina	1 3 0 .25089 102

North	
W	L T Pct PF PA
Green Bay	4 0 0 1.00014897
Detroit	4 0 0 1.00013576
Chicago	2 2 0 .50094 98
Minnesota	0 4 0 .00077 96

West	
W	L T Pct PF PA
San Francisco	3 1 0 .75094 75
Seattle	1 3 0 .25058 97
Arizona	1 3 0 .25086 87
St. Louis	0 4 0 .00046 113

### Sunday's Games

Arizona at Minnesota, 1 p.m.  
Oakland at Houston, 1 p.m.  
Kansas City at Indianapolis, 1 p.m.  
Philadelphia at Buffalo, 1 p.m.  
New Orleans at Carolina, 1 p.m.  
Cincinnati at Jacksonville, 1 p.m.  
Tennessee at Pittsburgh, 1 p.m.  
Seattle at N.Y. Giants, 1 p.m.  
Tampa Bay at San Francisco, 4:05 p.m.  
San Diego at Denver, 4:15 p.m.  
N.Y. Jets at New England, 4:15 p.m.  
Green Bay at Atlanta, 8:20 p.m.  
**Open:** Baltimore, Cleveland, Dallas, Miami, St. Louis, Washington  
**Monday's Game**  
Chicago at Detroit, 8:30 p.m.

## National Hockey League

### EASTERN CONFERENCE

Atlantic Division	
W	L OT Pts GF GA
Philadelphia	1 0 0 2 2 1
Pittsburgh	1 0 0 2 4 3
N.Y. Rangers	0 0 1 1 2 3
N.Y. Islanders	0 0 0 0 0 0
New Jersey	0 0 0 0 0 0

Northeast Division	
W	L OT Pts GF GA
Buffalo	1 0 0 2 4 1
Toronto	1 0 0 2 2 0



# LIVE SPORTS ON TV

## AUTO RACING

**2 p.m.** NASCAR – Hollywood Casino 400 . . . . . ESPN  
**3 p.m.** NHRA – Lucas Oil Series . . . . . ESPN2

## GOLF

**1 p.m.** LPGA – Hana Bank Championship . . . . . GOLF  
**4 p.m.** PGA – Frys.com Open . . . . . GOLF  
**8:30 p.m.** PGA – Insuperity Championship . . . . . GOLF

## MAJOR LEAGUE BASEBALL

**4 p.m.** St. Louis at Milwaukee . . . . . TBS  
**7:30 p.m.** Detroit at Texas . . . . . FOX  
**8 p.m.** St. Louis at Milwaukee . . . . . TBS  
**8 p.m.** Texas at Detroit . . . . . FOX

## NFL

**1 p.m.** Tennessee at Pittsburgh . . . . . CBS  
**4 p.m.** N.Y. Jets at New England . . . . . CBS  
**4 p.m.** Tampa Bay at San Francisco . . . . . FOX  
**8:15 p.m.** Green Bay at Atlanta . . . . . NBC  
**8:30 p.m.** Chicago at Detroit . . . . . ESPN

## SOCCER

**12:55 p.m.** Germany vs. Belgium . . . . . ESPN2  
**7 p.m.** U.S.A. vs. Ecuador . . . . . ESPN2  
**9:30 p.m.** Brazil vs. Mexico . . . . . ESPN2

## TRACK AND FIELD

**4 p.m.** IAAF Diamond League . . . . . NBC

## WOMEN'S COLLEGE VOLLEYBALL

**1 p.m.** Indiana at Nebraska . . . . . ESPN2  
**1:30 p.m.** LSU at Florida . . . . . SUN  
*Times, games, channels all subject to change*

Boston	0	1	0	0	1	2
Montreal	0	1	0	0	0	2
Ottawa	0	1	0	0	3	5

### Southeast Division

W	L	OT	Pts	GF	GA	
Tampa Bay	1	0	0	2	5	1
Florida	0	0	0	0	0	0
Washington	0	0	0	0	0	0
Winnipeg	0	0	0	0	0	0
Carolina	0	1	0	0	1	5

### WESTERN CONFERENCE

Central Division						
W	L	OT	Pts	GF	GA	
Detroit	1	0	0	2	5	3
Nashville	1	0	0	2	3	2
St. Louis	0	0	0	0	0	0
Chicago	0	1	0	0	1	2
Columbus	0	1	0	0	2	3

### Northwest Division

W	L	OT	Pts	GF	GA
Vancouver	0	0	1	3	4
Calgary	0	0	0	0	0
Colorado	0	0	0	0	0
Edmonton	0	0	0	0	0
Minnesota	0	0	0	0	0

### Pacific Division

W	L	OT	Pts	GF	GA	
Dallas	1	0	0	2	2	1
Los Angeles	1	0	0	2	3	2
Phoenix	0	0	0	0	0	0
San Jose	0	0	0	0	0	0
Anaheim	0	1	0	0	1	4

NOTE: Two points for a win, one point for overtime loss.

### Thursday's Games

Pittsburgh 4, Vancouver 3, SO  
Philadelphia 2, Boston 1  
Toronto 2, Montreal 0

### Friday's Games

Buffalo 4, Anaheim 1  
Los Angeles 3, N.Y. Rangers 2, OT  
Tampa Bay 5, Carolina 1  
Detroit 5, Ottawa 3  
Nashville 3, Columbus 2  
Dallas 2, Chicago 1

### Saturday's Games

N.Y. Rangers vs. Anaheim at Stockholm, Sweden, late  
Tampa Bay at Boston, late  
Ottawa at Toronto, late  
Philadelphia at New Jersey, late  
Carolina at Washington, late  
Florida at N.Y. Islanders, late  
Nashville at St. Louis, late  
Columbus at Minnesota, late  
Dallas at Chicago, late  
Detroit at Colorado, late  
Pittsburgh at Calgary, late  
Phoenix at San Jose, late  
Buffalo at Los Angeles, late

### Sunday's Games

Montreal at Winnipeg, 5 p.m.  
Pittsburgh at Edmonton, 9 p.m.

## Major League Soccer

### EASTERN CONFERENCE

W	L	T	Pts	GF	GA	
Sporting KC	11	9	12	45	47	40
Philadelphia	10	7	14	44	41	34
Columbus	12	12	8	44	38	41
New York	9	7	16	43	49	42
Houston	10	9	13	43	40	40
D.C.	9	10	11	38	46	46
Chicago	7	8	16	37	40	40
Toronto FC	6	13	13	31	33	56
New England	5	14	12	27	35	51

### WESTERN CONFERENCE

W	L	T	Pts	GF	GA	
x-Los Angeles	18	4	10	64	46	25

x-Seattle	16	6	9	57	51	33
x-Real Salt Lake	15	11	6	51	43	35
FC Dallas	13	11	7	46	36	34
Colorado	11	9	12	45	42	40
Portland	11	13	7	40	38	44
Chivas USA	8	12	12	36	40	39
San Jose	6	11	14	32	33	40
Vancouver	5	16	10	25	32	50

NOTE: Three points for victory, one point for tie.  
x- clinched playoff berth

### Thursday's Game

Vancouver 3, Real Salt Lake 0

### Saturday's Games

San Jose at New England, late  
Philadelphia at Seattle FC, late

## WNBA Finals

### CHAMPIONSHIP

Minnesota 3, Atlanta 0  
Sunday: Minnesota 88, Atlanta 74  
Wednesday: Minnesota 101, Atlanta 95  
Friday: Minnesota 73, Atlanta 67

## Transactions

### BASEBALL

**American Association**  
AMARILLO SOX—Released RHP LaCurtis Mays.  
FARGO-MOORHEAD  
REDHAWKS—Released C Kole Zimmerman and RHP Jordan Hartley.

### BASKETBALL

**National Basketball Association**  
NBA—Named Don Vaden vice president, director of officials.

### FOOTBALL

**National Football League**  
NFL—Fined Baltimore DT Haloti Ngata \$15,000 for lowering his helmet into the back of New York Jets QB Mark Sanchez; Oakland DL Richard Seymour \$7,500 for each of two hits against New England QB Tom Brady and RB BenJarvus Green-Ellis; Washington LB Rob Jackson and undisclosed amount for driving St. Louis QB Sam Bradford to the ground and Washington LB Perry Riley and undisclosed amount for striking a defenseless player fielding a punt.

MINNESOTA VIKINGS—Signed LS Cullen Loeffler to a three-year extension.  
NEW ENGLAND PATRIOTS—Released RB Eric Kettani from the practice squad.

**Arena Football League**  
ORLANDO PREDATORS—Named Kenny McEntyre director of player personnel.

### HOCKEY

**National Hockey League**  
NHL—Fined New York Rangers F Mats Zuccarello \$2,500 for boarding Los Angeles Kings F Kyle Clifford in game played in Stockholm, Sweden.  
MINNESOTA WILD—Assigned C Eric Nystrom to Houston (AHL).

MONTREAL CANADIENS—Signed D Joe Callahan to a one-year contract.  
Released G Nicola Ripopol, D Tony DeHart and F Ben Winnett.

### COLLEGE

NCAA—Suspended Ohio State WR DeVier Posey for five more games, OL Marcus Hall, DL Melvin Fellows and RB Daniel Herron for one more game and must repay benefits after receiving pay for work not performed from a booster.

# LOCAL SCHEDULE



## Avon Park

**TUESDAY:** Volleyball at Lake Placid, 6/7:30 p.m.; Boys Golf vs. Sunrise Christian, Pinecrest, 4 p.m.; Girls Golf at Sebring, 4 p.m.; Cross Country vs. DeSoto, 4 p.m.  
**THURSDAY:** Volleyball vs. Mulberry, 6/7:30 p.m.; Girls Golf vs. McKeel, 4 p.m.  
**FRIDAY:** Football at Lake Placid, 7:30 p.m.



## Lake Placid

**TUESDAY:** Volleyball vs. Avon Park, 6/7:30 p.m.  
**THURSDAY:** JV Football vs. Mulberry, 7 p.m.; Volleyball at Frostproof, 6/7:30 p.m.  
**FRIDAY:** Football vs. Avon Park, 7:30 p.m.



## Sebring

**TUESDAY:** Volleyball at Winter Haven, 6/7:30 p.m.; Boys Golf at Archbishop McCarthy Invite, 9 a.m.; Girls Golf vs. Avon Park, George Jenkins, Sun 'N Lake 4 p.m.; Swimming at Winter Haven, 5:30 p.m.  
**THURSDAY:** JV Football at Ft. Meade, 7 p.m.; Volleyball at Lake Gibson, 6/7:30 p.m.; Bowling at Port St. Lucie, 3:30 p.m.  
**FRIDAY:** Football at George Jenkins, 7 p.m.



## SFCC

**TUESDAY:** Volleyball at Polk State College, 7 p.m.  
**THURSDAY:** Volleyball vs. Florida College, 7 p.m.  
**SATURDAY, Oct. 15:** Volleyball at Brevard Tri-Match, vs. Brevard, Noon, vs. St. Johns River, 2 p.m.

# SPORTS SNAPSHOTS

## Green Dragon 5K

LAKE PLACID – The inaugural Green Dragon 5K Walk/Run will take place Monday, Oct. 10 at 8 a.m. to help raise funds for the LPHS Cross-Country Teams. More information and entry forms are available at [www.highlands.k12.fl.us/~lph](http://www.highlands.k12.fl.us/~lph). Look under "Current Happenings."

## YMCA Youth Basketball

SEBRING – The Highlands County Family YMCA is currently signing up for our Youth Basketball Program for ages ranging from 4-14. The program is having an all boys age group, 12-14 years, and an all girls age group, 12-14 years, this year. Any questions call 382-9622

## Panther Hitting Camps

The SFCC Baseball program will be hosting a hitting camp this fall for aspiring players aged 6-14. The camp will be held Saturday's Oct. 15 and 29.

Each day, the camps will run from 8:30 -11 a.m. on Panther Field at the SFCC Avon Park campus.

Under the guidance of Panther head coach Rick Hitt, along with assistant coach Andy Polk and members of the 2011 SFCC squad, campers will learn all aspects of hitting, with drills, instruction and hitting analysis.

Registration begins at 8 a.m. each day and players should bring glove, cap, bat and any desired baseball attire.

Camp cost is \$25 per camper.

To register, print Application and Consent and Release forms from [www.southflorida.edu/baseball/camp](http://www.southflorida.edu/baseball/camp) and mail to address on application form.

Register by phone, all area codes 863, at 784-7036 for Sebring and Avon Park residents, 465-5300 for Lake Placid, 494-7500 for DeSoto County or 773-2252 for Hardee County.

Walk-up registrations are accepted. For further information, call any of the above numbers or email coach Hitt at [hittr@southflorida.edu](mailto:hittr@southflorida.edu).

## Corporate Challenge

SEBRING — The 3rd Annual Corporate Challenge will be from 8 a.m. to 3 p.m., on Saturday, Oct. 15, at the YMCA in Sebring.

Promoting health and wellness in the workplace emphasizing teamwork. Entry fee \$300 per team.

All registered participants receive a free YMCA membership starting April 30 until Oct. 15.

Event list: Coed One Mile Relay; Coed Golf Challenge; Team Surfing; Office Dash Relay; Frantic Frisbee; Coed Basketball Shoot-out; Eggsecutive Toss; 4 x 25 yard Swim Relay; Three Legged Race; Two Person Raft Relay; Vandy Football; Wheelbarrow Race; and Tug-of-war.

# VB teams go three-for-four Thursday

Continued from 1B

Sebring, but we still got the job done.”

Devlin pointed out that the team was still looking for a setter to step up and take command on the court.

“I am still trying to work out who my number one setter is out there. I really need to get one of my setters to take the lead there,” Devlin added.

Elsewhere, Sebring solidified their number two ranking in the district standings with a three-set sweep of visiting Lake Gibson.

Though it wasn't quite as easy as the sweep might make it sound.

“They're the type of team that could beat us if we don't come to play,” head coach Venessa Sinness said.

But the Lady Streaks did come out to play, especially in the 25-14 first-set win, though the Lady Braves put the pressure on to keep it close in a 25-22 second-set Sebring win.

That pressure was amped up all the more in the third set and had Lake Gibson looking to push it further, leading 19-15 when Sinness took a time out to stem the tide.

Collected after the brief break, the Streaks took five of the next eight points, but were still looking up at a 22-20 deficit.

“That's when I sent Dino (Lower) back in and told her to finish it for us,” Sinness said.

Lower served up the next point, but the Braves got it back for a 23-21 lead, which was when Allie Mann stepped up to the service line.

“(Mann) hit an ace on the back line for our 22nd point,” Sinness said. “And that essentially ended it. You could see when the ball hit that they were done.”

With Mann serving, Sebring scored the next three points to secure the set and match win.

“There are still errors and we're playing not to lose rather than to win,” Sinness said. “I'm not sure if it's a lack of confidence within themselves or with the team as a whole, but we're making errors that we shouldn't be this late in the season.”

The season is, in fact, in its' final stages, with the last two district contests this week with trips to Winter Haven Tuesday and Lake



News-Sun file photo by DAN HOEHNE  
**Madison Harris, left, and Bianca Nortelus surge forward to go for a dig, but the Lady Blue Streaks had little trouble sweeping past Lake Gibson Thursday.**

Gibson Thursday before heading to the Dig Pink Tournament in Orlando next weekend.

A big move was also made Thursday as Lake Placid took a big step up and atoned for an earlier loss to DeSoto with a five-set win.

Teams may have been somewhat mislead when Sebring handled the Bulldogs rather easily in early September, but that was with DeSoto short one of its' top hitters.

With their line-up back at full strength, the Lady Dogs then went out and swept both Avon Park and Lake Placid – giving the Lady Dragons some serious pause as to their chances for a seventh straight district title.

But head coach Linette Wells got a look at what the team needed to work on in that match, and work on it they did.

“We did exactly what we have been practicing for,”

*‘We're playing not to lose rather than to win.’*

**VENESSA SINNESS**  
 Sebring head coach

Wells said. “We eliminated their middles and forced them to set outside. We had a wall at the net and the defense played amazing.”

It didn't start out quite so amazing, however, as DeSoto stormed out to a 25-15 win in the opening set.

But the Dragons did some storming of their own, rolling to a 25-12 trouncing in the second set to even it up.

The back-and-forth of lopsided wins continued with the Bulldogs taking the third set 25-15 before the two teams both came out swinging in a topsy-turvy fourth set.

When the dust settled, it was even again as Lake Placid eked out the 26-24 win.

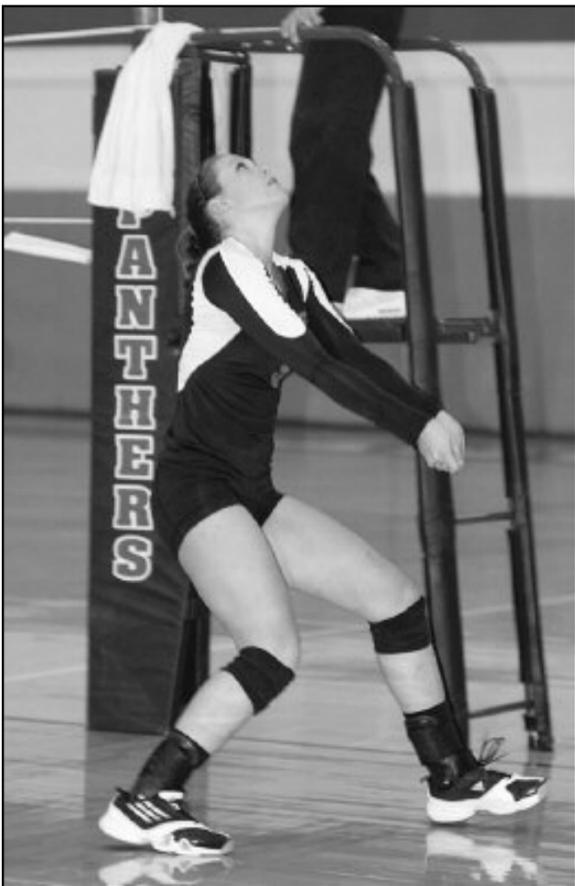
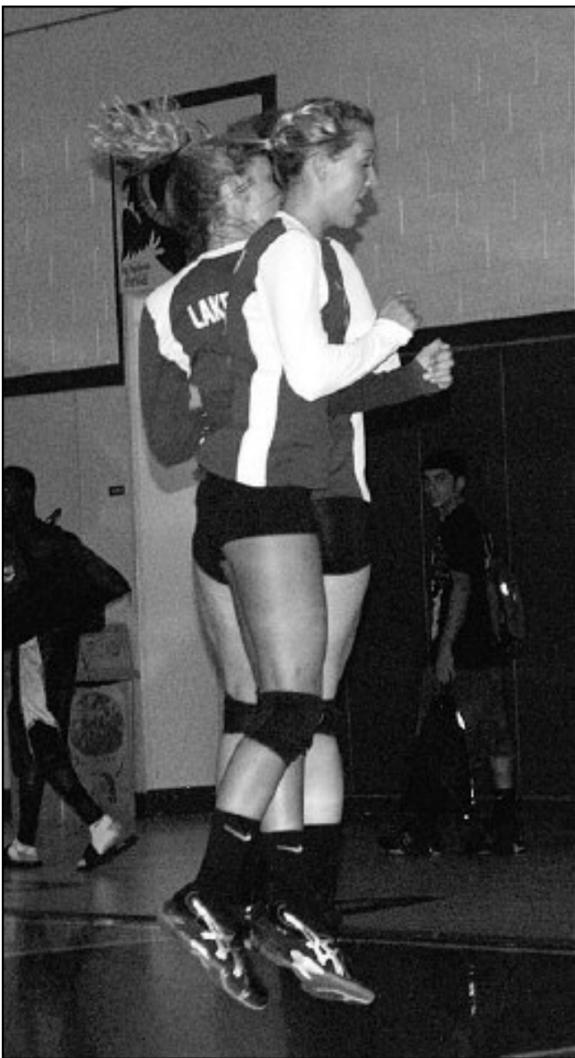
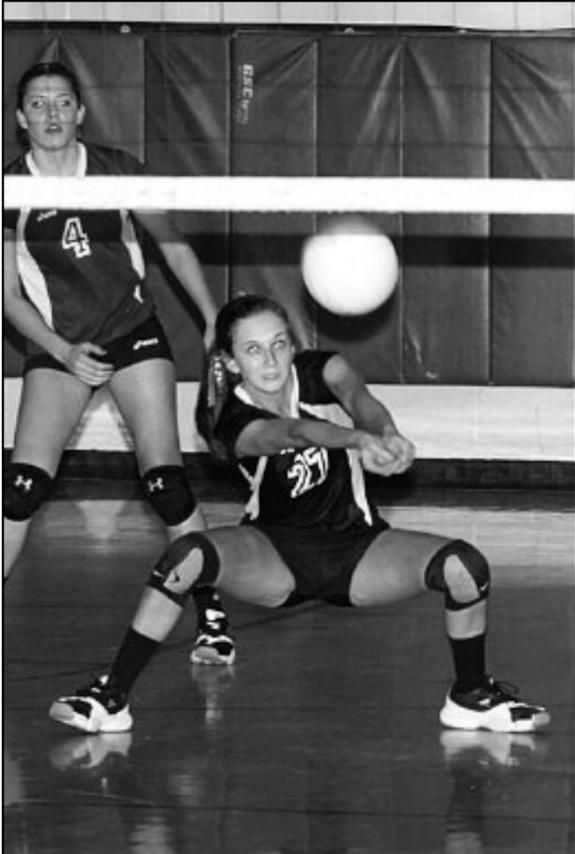
Then it was back to the

way of the routs as the Lady Dragons weren't challenged in the 15-5 clincher.

Alana Nielander had a busy night, with 18 kills and 16 digs to lead the team in both categories, while Rhoni Gavagni dished out 36 assists and recorded five aces.

Now 9-2, 5-1 in district play, Lake Placid finishes off its' district schedule with a Tuesday home match with Avon Park and a road date at Frostproof Thursday.

The one blemish on the night was South Florida's three-set loss to visiting Hillsborough in Suncoast Conference play, continuing a frustrating season for a Lady Panther team that is far too talented for the results being seen.



News-Sun photos by DAN HOEHNE and ED BALDRIDGE

Above left: Jamie Wirries gets low for this dig Thursday as Avon Park atoned for an earlier loss by topping Frostproof. Middle left: Ashley Townsend, front, and Breanna Corley work on their celebration leaps, which would come in handy when Lake Placid got past DeSoto Thursday night. Left: Desirae Burris goes out of bounds in an effort to get the ball back into play in Thursday's loss to visiting Hillsborough.

**Greater Sebring Chamber of Commerce's**

## Night Moves

**October 14, 2011**  
**5K Run/Walk**

**It's FUNKY!**  
 Glow down the route with glow sticks

**Great Spectator views!**  
 Watch participants zoom in & out of our Downtown spokes!

**Support downtown businesses & the Chamber!**  
 Costume Contest, Halloween-themed events and more!

**Friday, October 14, 2011**

**Race Site:**  
**Downtown Sebring on the Circle!**

**Registration:**  
**Race Day - 5:00 p.m. - 5:50 p.m.**

**Race Starts - 6:00 p.m.**

**Entry Fee:**  
**\$20 Before October 7th**  
**\$25 Until Race Day**  
**\$10 for kids 10 and below (without t-shirt)**

**To pick up your registration form, become a sponsor or for more information, stop by the Sebring Chamber located at 227 US 27 North, Sebring, FL 33870 or call (863) 385-8448.**

**MIDFLORIDA**  
 Sponsored by **What A Bank Should Be**

Get the paper

delivered to you!

NEWS-SUN • 385-6155

SWING IN & SAVE NOW OPEN!

18

New Greens & Better Than Ever!

ONLY \$15 ALL DAY • EVERYDAY 18 HOLES

HARDER ALLIANCE

863-382-0500  
 3201 Golfview Rd • Sebring

Executive Course  
 863-382-0744  
**\$8 ALWAYS**  
 18 Holes | Tax & Cart Included

# AP looks ahead to Lake Placid

Continued from 1B

bled again setting up another Tiger TD.

Dick would connect with Hart again in the fourth for a 37-yard pass and run to set the scene for Louis to rumble in from the three to cap the game at 27-14.

"We have got to learn how to put the ball in the end zone. No excuses, the guys just did not execute," Bonjokian said. "We ran the ball well against them," Bonjokian said, adding that the Devils struggled with pass coverage.

"We struggled with zone and we struggled with man. Right now we are going to work on correcting that. We need to bounce back

*'No excuses. The guys just did not execute.'*

**ANDY BONJOKIAN**  
Avon Park head coach

because we are district for the rest of the year," Bonjokian said. "Right now we are going to concentrate on what we did wrong and focus on Lake Placid next week."

Avon Park visits the county-, and now district-, rival Dragons at Roger Scarborough Memorial Stadium next Friday.

# LP surge in second half not enough

Continued from 1B

Vincente Barajas field goal to make it 29-10 at the half.

Lake Placid's offense got back on track to open the second half, driving down the field before quarterback Robert Walton snuck it in from the one to cut the lead down to 29-17.

The defense got back on their game as well, keeping Booker off the board for the rest of the third quarter.

But the first three possessions of the fourth quarter were three and outs, though the defense thwarted a Tornado possession at the 10.

Another Booker drive to the 10, however, would not be stopped as another touchdown pushed the lead back out to 35-17.

Gayle would add another Dragon score on a short run, but with just over one minute left on the clock,

and the ensuing inside kick being recovered by the Tornados, it was just too little, too late to dig out of the first-half hole.

"You feel lousy about losing, but we were excited about the improvement we saw from last week," head coach Jason Holden said. "We won last week, but you have to consider the opponent and we scored the same number of points against Booker.

"It was just tough adjusting to their speed," Holden continued. "They had some guys that can really fly which forces you to take different angles. We moved the ball a lot better offensively and defensively, we're not perfect but we are improving and if we can continue to get better, we'll be all right."

Lake Placid hosts Avon Park on Friday.



Courtesy photo

Robert Walton didn't have much time to throw on this play, though the Dragon offense did move the ball well in Friday's loss at Booker.

# Florida's Friday Football Scores

Anclote 41, Ridgewood 6	Jesuit 78, Lennard 0	Pensacola Washington 27, Escambia 22
Apopka 32, Ocoee 6	Jupiter Christian 55, Zion Christian 6	Pensacola 36, Pace 13
Arnold 41, Rutherford 28	Kathleen 24, Bartow 20	Pine Ridge 37, Deltona 3
Astronaut 15, Satellite 12	Keswick Christian 27, Northside Christian 0	Ponte Vedra 35, Matanzas 6
Auburndale 27, Tenoroc 14	Keystone Heights 27, Umatilla 20	Port St. Joe 38, Franklin County 6
Baker County 64, Paxon 0	King's Academy 12, Fort Lauderdale Calvary Christian 7	R.E. Lee 46, Stanton College Prep 14
Baldwin 41, Harvest Community School 22	Kissimmee Osceola 42, St. Cloud 27	Raines 38, Andrew Jackson 6
Bartram Trail 42, Atlantic Coast 7	Lafayette 13, Hamilton County 6	Ridge Community 33, Haines City 16
Bell 48, Hilliard 14	Lake Highland 14, Jones 13	Ridgeview 34, Columbia 26
Bishop Kenny 45, Forrest 7	Lake Nona 32, Tavares 10	Sandalwood 40, Mandarin 10
Bishop Moore 61, Poinciana 14	Lake Wales 26, Mulberry 9	Santa Fe 21, Dunnellon 7
Blountstown 14, Sneads 0	Lake Worth 42, Santaluces 21	Seabreeze 42, South Lake 27
Bolles School 44, Ribault 12	Lakeland 54, Lake Region 14	Seffner Christian 42, Temple Christian 6
Booker 35, Lake Placid 23	Lakewood Ranch 41, Tarpon Springs 33	Seminole Ridge 63, Pahokee 0
Boynton Beach 18, Fort Pierce Westwood 6	Landmark Christian 62, Bishop McLaughlin 30	Seven Rivers Christian 36, All Saints 0
Calvary Christian 48, Cambridge Christian 35	Leesburg The First Academy 57, Lake Wales Vanguard 26	South Sumter 22, Bradford 21
Cardinal Mooney 35, Lakeland Christian 21	Leon 34, Oakleaf 14	Southeast 28, DeSoto County 13
Cedar Creek Christian 32, Peniel Baptist 14	Liberty 26, Gateway 21	Spoto 14, Dunedin 7
Chaminade-Madonna College Prep 40, Archbishop Carroll 17	Liberty County 25, West Gadsden 17	Springstead 26, Brooksville Central 7
Charlotte 46, Gulf Coast 0	Lincoln 48, Buchholz 0	Spruce Creek 37, Flagler Palm Coast 34
ChIPLEY 41, South Walton 10	Maclay 50, Rocky Bayou Christian 0	St. Edward's 26, St. John Neumann 12
Choctawhatchee 50, Navarre 47	Madison County 42, Pine Forest 21	St. John Lutheran 75, Father Lopez Catholic 0
Christ's Church 42, Life Academy 14	Mainland 49, New Smyrna Beach 0	St. Petersburg Canterbury 26, Carrollwood Day 20
Clay 55, Terry Parker 14	Manatee 63, Braden River 0	Sunlake 13, Nature Coast Tech 8
Clearwater Central Catholic 24, Tampa Catholic 17	Melbourne 7, Bayside 0	The Villages 49, Taylor 0
Clewiston 27, Avon Park 14	Melbourne Central Catholic 42, Orangewood Christian 12	Timber Creek 20, East River 14
Cocoa 69, Cocoa Beach 0	Merritt Island 14, Rockledge 10	Trenton 48, Bronson 0
Creekside 47, Menendez 18	Middleburg 16, Orange Park 14	Trinity Christian-Jacksonville 66, Bishop Snyder 0
Crestview 13, Ft. Walton Beach 9	Milton 35, Tate 17	Union County 51, Dixie County 3
DeLand 28, Fletcher 14	Moore Haven 54, St. Stephen's Episcopal 0	University Christian 68, St. Johns Country Day 7
Dr. Phillips 35, Boone 27	Mount Dora 36, Interlachen 0	Venice 35, Sarasota 7
Eagle's View 40, St. Joseph Academy 3	Mount Dora Bible 21, Santa Fe Catholic 6	Vernon 24, Cottondale 22
East Gadsden 54, Marianna 0	Munroe Day 32, Aucilla Christian 20	Victory Christian 34, Lake Mary Prep 29
East Lake 29, North Port 6	Naples 21, Barron Collier 14	Wakulla 12, Rickards 0
Eastside 50, Belleview 3	Nease 13, Palatka 12	Warner Christian 20, Deltona Trinity Christian 0
Episcopal 36, Providence 35	Newberry 23, Chieffland 6	Wekiva 25, George Jenkins 14
Eustis 27, Port Orange Atlantic 26	Niceville 14, Mosley 13	West Florida 38, Gulf Breeze 35
Evangelical Christian 45, First Baptist 20	North Florida Christian 46, Hawthorne 0	Westminster Christian 47, Marathon 15
Evans 35, East Ridge 7	North Marion 15, Crystal River 13	Wewahitchka 47, Graceville 46
FAMU Developmental Research 26, Crescent City 21	Northview 56, Jay 7	Wildwood 34, Lecanto 20
First Coast 27, Fleming Island 20	Oak Hall 37, St. Francis 0	Windermere Prep 40, Oviedo Master's Academy 0
Florida 14, Pensacola Catholic 10	Oak Ridge 22, Lake Howell 6	Winter Haven 25, Lake Gibson 10
Fort Meade 23, Frostproof 12	Ocala Christian Academy 45, Seacoast Christian 0	Wolfson 42, Englewood 7
Freeport 17, Baker School 14	Ocala Forest 42, Chiles 14	Yulee 44, Fernandina Beach 0
Gainesville 56, Citrus 7	Ocala Vanguard 48, Lake Weir 7	Zephyrhills 41, Gulf 14
Glades Day 52, Coral Springs Christian 6	Okeechobee 36, Forest Hill 26	
Godby 43, Suwannee 3	Olympia 21, West Orange 19	
Hagerty 14, University (Orange City) 10	Orlando Christian 33, Central Florida Christian 0	
Harmony 49, Celebration 0	Orlando Freedom 42, Cypress Creek 0	
Hernando 61, River Ridge 14	Orlando University 21, Colonial 20	
Highlands Christian 14, Coral Shores 7	Palm Harbor University 27, Sarasota Riverview 7	
Holy Trinity Episcopal 34, John Carroll Catholic 3	Palmer Trinity 26, Berean Christian 14	
Immokalee 56, Lely 13	Palmetto 42, Bayshore 7	
Jefferson County 52, Branford 0	Pasco 57, Wesley Chapel 12	

**POSTPONEMENTS AND CANCELLATIONS**  
Barrington Christian Academy vs. Dade Christian, ccd.  
Ocala Trinity Catholic vs. Monsignor Pace, susp.  
Ormond Beach Calvary Christian vs. Florida Air Academy, ppd. to Oct 10.  
Viera vs. Fort Pierce Central, ppd.  
Treasure Coast vs. St. Lucie West Centennial High School, ppd. to Oct 10.

## Celebrate the Season

Save \$25 - \$300 per unit on select window fashions.\* Now through December 12, 2011.



Dress your windows in style and seasonal savings. Ask about deals on select Hunter Douglas window fashions, now through December 12.\*

- \*\$300 savings/unit Duette Vertiglide® Honeycomb Shades with Duolite™
- \*\$100 savings/unit Duette Vertiglide Honeycomb Shades
- \*\$100 savings/unit Luminette® Privacy Sheers or Modern Draperies
- \*\$100 savings/unit Skyline® Gliding Window Panels
- \*\$100 savings/unit Vignette® Traversed™ with Vertiglide™ Modern Roman Shades
- \*\$50 savings/unit Pirouette® Window Shadings
- \*\$50 savings/unit Silhouette® Window Shadings
- \*\$40 savings/unit Vignette® Modern Roman Shades
- \*\$25 savings/unit Duette® Architella® Honeycomb Shades

\*Manufacturer's rebate offer valid for purchases made 9/13/11 - 12/12/11. Rebate offers may not be combined; there is a limit of one rebate per qualifying unit. For each qualifying unit purchased, the higher applicable rebate amount will apply. Other limitations and restrictions apply. All rebates will be issued in U.S. dollars, in the form of an American Express® Prepaid Reward Card. ©2011 Hunter Douglas. ® and TM are trademarks of Hunter Douglas.

**Family owned & operated since 1978**

- Financing Available
- 90 Days Same as Cash



Chamber of Commerce Member

560 U.S. 27 North • Sebring • 385-4796  
www.carpetpatioblinds.com

Hardwood taken some *hard* knocks?  
Now cleaning hardwood, laminate, and linoleum floors.

# \$99<sup>00</sup>

FOR THE FIRST 250 SQ. FT.

A room or an area up to 250 sq. ft. living/dining room combo or great room count as two rooms. Most present coupon at time of cleaning. Stanley Steemer residential only. Certain restrictions apply. Not valid with any other offer. Expires 10/31/11.

**STANLEY STEEMER.**

AVON PARK 452-5800 • SEBRING 655-2190 • LAKE PLACID 465-1550

# Get Noticed Advertise Today!

**NEWS-SUN • 385-6155**

# COMMUNITY CALENDAR

The Community Calendar provides a brief listing of local clubs and organizations who meet on a regular basis. It is the responsibility of the group to update the *News-Sun* on any changes in this listing by calling 385-6155, ext. 516; send any changes by e-mail to [editor@newssun.com](mailto:editor@newssun.com); or mail them to *News-Sun* Community Calendar, 2227 U.S. 27 South, Sebring, FL 33870.

## SUNDAY

■ **American Legion Post 25 Lake Placid** has lounge hours from 1-9 p.m. Live music is from 5-8 p.m. Call 465-7940.  
 ■ **American Legion Post 74** open 1-8 p.m. Happy Hour 4-6 p.m. Members and guests only. Post is at 528 N. Pine St., Sebring. Call 471-1448.  
 ■ **Lake Placid Elks Lodge 2661** lounge is open from 1-7 p.m. Card games start at 1:30 p.m. The lodge is open to members and their guests. Call 465-2661.  
 ■ **Lake Placid Moose** has karaoke in the pavilion. Horseshoes played at 9:30 a.m. Food available at 4 p.m. Open to members and qualified guests only.  
 ■ **Overeaters Anonymous**, meets from 4-5 p.m. in second floor conference room No. 3 at Florida Hospital Heartland Medical Center, 4200 Sun 'N Lake Blvd., Sebring. Call 382-7731. No dues, fees or weigh-ins. For details on the organization, go to [www.aa.org](http://www.aa.org).  
 ■ **Sebring Eagles Club 4240** serves lunch at 2 p.m. at the club, 12921 U.S. 98, Sebring. Call 655-4007.  
 ■ **Sebring Moose Lodge 2259** offers NASCAR racing in the pavilion at 1:30 p.m. Bar open and kitchen open from 2-5 p.m. Lodge is at 11675 U.S. 98, Sebring. Call 655-3920.  
 ■ **Veterans of Foreign Wars Post 3880** serves hamburgers from 4-5:30 p.m. and plays poker at 5:30 p.m. at the post, 1224 County Road 621 East, Lake Placid. Call 699-5444.  
 ■ **Veterans of Foreign Wars Post 4300** Karaoke is from 5-8 p.m. at the post, 2011 SE Lakeview Drive, Sebring. Call 385-8902.

## MONDAY

■ **AI-Anon – LET IT BEGIN WITH ME** family group meets at 10:30 a.m. every Monday at the Heartland Christian Church on Alt. 27 in Sebring. The church is behind Southgate Shopping Center where Publix is. For more information call 385-5714.  
 ■ **Alcoholics Anonymous** meeting, 8-9 p.m. at Episcopal Church, Lakeshore Drive, Sebring. For more details, call 385-8807.  
 ■ **Alcoholics Anonymous** One Day At A Time group meets for a closed discussion at 9:30 a.m. Monday and Friday at Covenant Presbyterian Church, 4500 Sun 'N Lakes Blvd., Sebring. Call 314-0891.  
 ■ **Alcoholics Anonymous** meeting, 6:30 p.m. at Rosewood Center, 517 U.S. 27 South, Lake Placid.  
 ■ **Alanon** meets at 8 p.m. at St. Agnes Episcopal Church, 3840 Lakeview Drive, Sebring. Call 202-0647..  
 ■ **American Legion Post 74 Sons of Legion** meet at 6 p.m. Executive board meets at 7 p.m. on second Monday at the post, 528 N. Pine St., Sebring. Happy hour from 4-6 p.m. Post open noon-8 p.m. Call 471-1448.  
 ■ **AmVets Post 21** meets 6 p.m. second Monday, at the post, 2029 U.S. 27 South, Sebring. All members welcome.  
 ■ **AmVets Post 21** plays darts at 7:30 p.m. for members and guests. Call 385-0234.  
 ■ **Avon Park Lakes Association** has shuffleboard at 1 p.m. and bingo at 7 p.m. The clubhouse is at 2714 Nautilus Drive in Avon Park.  
 ■ **BALANCE Dual Diagnosed (Addiction and Mental Health) Support Group** meets the second and fourth Monday of the month from 5:30-7:30 p.m. at Florida Hospital Sebring, Conference Room 1. Qi-Gong to follow at 7 p.m. Call 386-5687.  
 ■ **Boy Scout Troop 482** meets 7 p.m., 34 Central Ave., Lake Placid.  
 ■ **Bridge Club of Sebring** (American Contract Bridge Club) plays duplicate games at 12:30 p.m. at 347 Fernleaf Ave., Sebring. Call 385-8118.  
 ■ **Diabetes Insulin Pump Support Group** meets the second Monday from 3-4:30 p.m. in the Florida Hospital Heartland

Division Diabetes Center, 4023 Sun 'N Lake. Call 402-0177 for more information.  
 ■ **Diabetes Support Group** meets the second and fourth Monday from 1-2:30 p.m. in Florida Hospital Conference Room 3 in Sebring. Call 402-0177 for guest speaker list.  
 ■ **Fairmount Mobile Estates Lunch Bunch** meets at noon second Monday at Homer's Smorgasbord in Sebring. Call 382-0481.  
 ■ **Florida Association Home and Community Education** meets from 9-11 a.m. weekly on Mondays at The Agri-Center. The group of sewers and crafters make items for residents of adult congregate living facilities. Call Penny Bucher at 385-0949.  
 ■ **Grand Prix Cloggers EZ** Intermediate and Intermediate Clogging class are held at 9 a.m. every Monday at Reflections on Silver Lake, Avon Park. Call Julie for further information at 386-0434.  
 ■ **Harmony Hoedowners Square Dance Club** meets the second and fourth Monday at the Sebring Country Estates Civic Association clubhouse, 3240 Grand Prix Drive (down the street from Wal-Mart). Dancing will be held every month until April 2008. Classes are being started now in the Sebring and Lake Placid area. For more information, call Sam Dunn at 382-6792 or visit the Web site at [www.samdun.net](http://www.samdun.net).  
 ■ **Heartland Horses & Handicapped Inc.** is offering pony rides every Monday and Wednesday from 4:30-6:30 p.m., weather permitting. \$5 donation per child. Call 452-0006 for more information. All proceeds raised support our free equine assisted riding program for adults and children with special needs, which resumes in September.  
 ■ **Heartland Pops** rehearses at 7 p.m. Mondays at Avon Park High School Band Room, 700 E. Main St., under the direction of Anthony Jones. Musicians of all ages are welcome. For information, call 314-8877.  
 ■ **Heartland Riders Association** meets at 6 p.m. second Monday at the Sebring Chamber of Commerce Welcome Center in Village Plaza (across from Sebring Gate Station). Call 402-1165.  
 ■ **Highlands County Concert Band** rehearses 7-9 p.m. every Monday at Sebring High School band room. All musicians are welcome. Vic Anderson, musical director. Call Bill Varner at 386-0855.  
 ■ **Highlands County Homeowners Association** meets the second Monday of each month at 9 a.m. at the Sebring Country Estates Clubhouse at 3240 Grand Prix Drive in Sebring.  
 ■ **Highlands County Parkinson's Support Group** meets at 10 a.m. second Monday at First Baptist Church in Downtown Sebring. Call 453-6589.  
 ■ **Highlands County Sewing Group** meets from 1-3 p.m. at the Highlands County Agri-Civic Center in the 4-H laboratory, Sebring. Call 402-6540.  
 ■ **Highlands Sertoma Club** meets at noon, Takis Family Restaurant, Sebring.  
 ■ **Highlands County Senior Squadron, Civil Air Patrol** the U.S. Air Force Auxiliary meets the second and fourth Monday nights at the Sebring Airport Terminal Building. All are welcome. Call 471-1433 between 4 and 7 p.m.  
 ■ **Insulin Pump Support Group** meets from 3-4:30 p.m. the second Monday of every month in conference Room 3 of Florida Hospital. This group is open to all insulin pump wearers, their families and anyone who is interested in knowing more about insulin pumps. Pre-registration is not required. For

information, call 402-0177.  
 ■ **Lake Placid Art League** will have classes in Drawing and Painting, conducted by Anne Watson, from from 9:30 a.m. to 12:30 p.m. at the Cultural Center, 127 Dal Hall Blvd. From 1-4 p.m., Mary Gebhart will teach Fabric Painting at the center. For information call Dan Daszek at 465-7730.  
 ■ **Lake Placid Art League** will have 'Open Studio' from 1-4 p.m. Bring your projects in whatever medium, to work in a friendly atmosphere. Cost is only \$2 per session. Call Pat Keesling, 699-2058.  
 ■ **Lake Placid Elks 2661** opens its lounge at 1 p.m. at the lodge. Ladies crafts at 2 p.m. Sign up for darts is at 6:30 p.m. Music from 5-8 p.m. It is open to members and their guests. Call 465-2661.  
 ■ **Lake Placid Library** has storytime at 10 a.m. for ages 3-5 except during holidays.  
 ■ **Lake Placid Moose** plays cards at 2 p.m. Open to members and qualified guests only. Lodge closes at 6 p.m.  
 ■ **Let It Begin With Me Alanon Group** meets from 10:30 a.m. to noon every Monday at Heartland Christian Church, 2705 Alt. 27 South, Sebring. For details about Alanon, a self-help group for families and friends of alcoholics, call 385-5714.  
 ■ **Loyal Order of Moose**, Highlands County Lodge No. 2494, 1318 W Bell St., Avon Park. Cards start at 4 p.m. Music outside Tiki Hut at 3 p.m. Lodge phone number 452-0579.  
 ■ **Narcotics Anonymous Never Alone Candlelight** meets at 8 p.m. at 133 N. Butler Ave. in Avon Park, near the First Congregational Church. For information call Heartland area helpline (863) 683-0630. More information on other meetings and events at [www.nafheartland.org](http://www.nafheartland.org).  
 ■ **Placid Lakes Bridge Club** meets 12-4:30 p.m. second and fourth Monday in Placid Lakes Town Hall, 2010 Placid Lakes Blvd. No meetings from end of May to October. Call 465-4888.  
 ■ **Rotary Club of Highlands County** meets at 6:15 p.m. at Beef 'O Brady's, Sebring.  
 ■ **Sebring Bridge Club** has Bridge, ACBL Duplicate at the clubhouse, 347 N. Fernleaf, Sebring at 12:30 Mondays. For details or info on lessons, call 385-8118.  
 ■ **Sebring Elks Lodge 1529** has the lounge open from 12-7 p.m. Smoke-free environment. Ccall 471-3557.  
 ■ **Sebring Historical Society** open 9:30 a.m. to 5 p.m. Monday-Friday. Located in back side of Sebring Public Library building on Lake Jackson. For information, call 471-2522.  
 ■ **Sebring Moose Lodge 2259** plays Texas Hold 'em at 7 p.m. the second and fourth Monday at 11675 U.S. 98, Sebring. Beef franks and Italian sausages served from 1 p.m. to closing. Call 655-3920.  
 ■ **Take Off Pounds Sensibly FL 632, Sebring** meets at 2 p.m. for weigh-in at the fellowship hall at the First Baptist Church of Lake Josephine, Sebring. Call 659-1019.  
 ■ **Veterans of Foreign Wars Post 3880** euchre, 6:30 p.m., 1224 County Road 621 East, Lake Placid. Call 699-5444.  
 ■ **Woman's Club of Sebring** meets at noon on the second Monday for lunch, from October through May, at the clubhouse, 4260 Lakeview Drive, Sebring. Call 385-7268.

## TUESDAY

■ **Aging Advocacy Council** meets the 2nd Tuesday of each month in the Nu-Hope Conference Room at 11:30 a.m. for a brown bag lunch with the meeting starting at noon. Contact Debbie Slade at 382-2134  
 ■ **AI-Anon Family Groups**

meet for discussion and Twelve Step study at noon, Union Congregational Church, 105 N. Forest Ave., Avon Park. Parking available south of old church.  
 ■ **American Ex-POW** Highlands County Chapter, meets 6 p.m. Call Ted Bieber, 382-3285, for meeting place.  
 ■ **American Legion Placid Post 25 Lake Placid** has shuffleboard and euchre, both at 1 p.m. Lounge hours are 11 a.m. to 9 p.m. Call 465-7940.  
 ■ **American Legion Post 74** open noon to 8 p.m. Hot dogs served. Happy Hour 4-6 p.m. Call 471-1448.  
 ■ **Avon Park Boy Scout Troop 156** meets from 7-8:30 p.m. in the Scout Lodge, 202 Robert Britt St., Avon Park. Boys ages 11-17 are eligible to join. Call 452-2385.  
 ■ **Avon Park Lakes Association** has Women's Salad Bar at noon on the second Tuesday of each month. The clubhouse is at 2714 Nautilus Drive in Avon Park.  
 ■ **Avon Park Library** has storytime at 10 a.m. for ages 3-5 except during holidays.  
 ■ **Avon Park Lions Club** meets 6:45 p.m., dinner, Lions Club, 1218 W. Bell St., Avon Park.  
 ■ **Beta Sigma Phi, Xi Nu Sigma** Chapter of Avon Park, meets the second and fourth Tuesday each month in the members home. Call president Mary Joiner at 382-4488 or vice president Linda Webster at 385-1124.  
 ■ **Busy Bee Craft Club** meets 9-11 a.m., Fairway Pines, Sun 'N Lakes Boulevard, Sebring. Everyone is welcome. For more details, call 382-8431.  
 ■ **Celebrate Recovery** meets every Tuesday night at "The Rock," Union Congregational Church, 28 N. Butler Ave., Avon Park. A barbecue meal is served at 6 p.m. for a donation. At 6:45 p.m., members meet. At 7:30 p.m., the group breaks up into small groups for men and women. The program is designed for drug and alcohol addiction, divorce, death or illness, grief, low or lost self-esteem or identity due to dysfunctional relationships, depression/anxiety, or any other need for healing. Contact Pam Sim by calling 453-3345, ext. 106.  
 ■ **The Computer Club at Buttonwood Bay** meets the second and fourth Tuesday of each month November through March. We invite anyone interested in expanding their computer knowledge to attend the Buttonwood Bay Bytes Computer Club meeting.  
 ■ **Fletcher Music Club** meets every Thursday and Tuesday at Fletcher Music Center in Lakeshore Mall, Sebring. For more details, call 385-3288.  
 ■ **G2G (Grandparent to Grandparent)**, a support group to help grandparents raising grandchildren, meets at 10 a.m. Tuesdays at One Hope United, 7195 S. George Blvd., Sebring. Call 214-9009.  
 ■ **Happy Paws Dog Obedience Club Inc.** meets at 7 p.m. second Tuesday at the First Baptist Church of Lake Josephine, 111 Lake Josephine Drive, Sebring. Obedience classes are available. Call 471-9778.  
 ■ **Heartland Dog Club Inc. of Florida** meets at 6:30 p.m. second Tuesday at Homer's Buffet, Sebring. Obedience classes (all breeds) are held on Wednesday evenings at Sun 'N Lake Elementary School. Canine Good Citizen and Therapy Dog testing available. AKC-pointed shows held annually in April. Call 385-7474 or 385-7803 or visit [www.HeartlandDogClubofFlorida.net](http://www.HeartlandDogClubofFlorida.net).  
 ■ **Heartland Harmonizers Barbershop Chorus** meets from 7-9:30 p.m. in the Sebring High School Music Room, Sebring. All men who enjoy singing are invited. Reading music is not required. Call 471-

2294 or 386-5098.  
 ■ **Highlands Gem and Mineral Club** meets 7 p.m., second Tuesday, Church of Christ, 3800 Sebring Parkway, Sebring. Club does not meet in July, August or September. Call 453-7054.  
 ■ **Highlands Senior Center Bingo** every Tuesday 6-9 p.m. at 3400 Sebring Parkway. Doors open at 4 p.m. Cards on sale at 5 p.m.; games start at 6 p.m. Great snack bar. For more information, call 386-0752.  
 ■ **Highlands Tea Party** meets at 6 p.m. Tuesdays at Homer's Restaurant, 1000 Sebring Square. Call 386-1440.  
 ■ **Hope Hospice** grief support group meets at 11 a.m. at 319 W. Center Ave., Sebring; and 4:30 p.m. at Southern Lifestyle ALF, across U.S. 27 from Florida Hospital Lake Placid. Call 382-0312.  
 ■ **Insulin Pump Support Group** meets from 2-4:30 p.m. second Tuesday at Nu-Hope of Highlands County, 6414 U.S. 27 South, Sebring. Optional education/refresher session from 2-3 p.m. Support group meets from 3-4:30 p.m. This is a free support group fro all patients with insulin pumps, or for those who want to know more about them. Call 414-6444 for information.  
 ■ **Knights of Columbus Council 5441** meets 8 p.m. every second and fourth Tuesday at Knights of Columbus Hall, 900 U.S. 27 N., Sebring. Call 385-0987.  
 ■ **Knights of Columbus Council 5441 Auxiliary** meets 8 p.m. every second Tuesday at Knights of Columbus Hall, 900 U.S. 27 N., Sebring. Call 385-0987.  
 ■ **Lake Placid Art League** has classes in Parchment Embossing from 8 a.m. to noon and 1-4 p.m. at the Cultural Center, 127 Dal Hall Blvd., taught by Maria Lorant. For information, call Dan Daszek at 465-7730.  
 ■ **Lake Placid Art League Woodcarvers** will have Focus on Airbrushing from 1-4 p.m. and Open Carving from 5-8 p.m. at the Art League, 127 Dal Hall Blvd. Call Norm Pelland, 465-5510, or Ken Lorant, 699-0172.  
 ■ **Lake Placid Elks 2661** opens its lounge at 1 p.m. at the lodge. Happy hour is from 2-5 p.m. Card games at 1:30 p.m. The lodge is open to members and their guests. Call 465-2661.  
 ■ **Lake Placid Grief Support (Hope Hospice)** meets at 4:30 p.m. every Tuesday at Southern Lifestyle, 1297 U.S. 27 North, Lake Placid, with Charlie Stroup. Refreshments served. Door prize given. Call 465-0568.  
 ■ **Lake Placid Lions Club** meets at 7 p.m. (6 p.m. for dinner) the second Tuesday each month at Herons Garden, 501 US 27 North, Lake Placid. Call Jeanne at 699-0743.  
 ■ **Lake Placid Moose** has a general meeting and a Moose Legion meeting at 7:30 p.m. the second Tuesday at the lodge.  
 ■ **Lake Placid Veterans of Foreign Wars Ladies Auxiliary 3880** meets 10 a.m. second Tuesday at 1224 County Road 621 East, Lake Placid. Call 699-5444 for details.  
 ■ **Lorida Community Club** meets at 7 p.m. Tuesday at the Lorida Community Center to plan events.  
 ■ **Multiple Sclerosis Support Group** meets at 7 p.m. second Tuesday at Highlands Regional Medical Center second floor class room. Friends and family are welcome. Call Janet Turvey at 465-3138.  
 ■ **Nar-Anon Support Group** for family members or friends of someone with a drug problem or addiction. Nar-Anon helps attain

serenity and a more normal life for those affected by the addictions of loved ones, regardless of whether or not he/she has stopped using. 6 p.m. every Tuesday at First Baptist Church of Lake Josephine, 111 Lake Josephine Drive, Sebring.  
 ■ **National Association for the Advancement of Colored People**, Highlands County Branch executive meeting meets 6:30 p.m. second Tuesday at RCMA/Hopewell Center in room 16. For information, call All Hinson at 399-2243, Rev. Robert Walker at 414-6474 or Davette Thompson at (312) 543-5983..  
 ■ **Overeaters Anonymous** meets from 9-10 a.m. every Tuesday at Avon Park Seventh-day Adventist Church, 1410 W. Avon Blvd. No dues, fees or weigh-ins. Visit [www.FloridaRidgeIntergroup.com](http://www.FloridaRidgeIntergroup.com). Call 382-7731. Visit [www.aa.org](http://www.aa.org) for more information on OA.  
 ■ **Placid Lakes Bridge Club** meets 9 a.m. to 1:30 p.m. every Tuesday at Placid Lakes Town Hall, 2010 Placid Lakes Blvd. Call 465-4888.  
 ■ **Placid Lakes Home and Property Owners Association Inc.** has its board meetings at 7 p.m. second Tuesday at Placid Lakes Town Hall, 2010 Placid Lakes Blvd. Annual meetings are in February. Quarterly meetings are in May, September and December. There is no board meeting in July.  
 ■ **Rotary Club of Sebring (Noon)** meets at noon at the Sebring Civic Center, near the library in downtown Sebring. For information, call 385-3829 or 471-9900.  
 ■ **Sebring Bridge Club** will have Duplicate Bridge games every Tuesday evening. If interested in playing Duplicate Bridge, call 385-8118.  
 ■ **Sebring Elks Lodge 1529** plays darts, beginning with sign in at 6 p.m. Games start at 6:30 p.m. No experience necessary. Cost is \$2. Smoke-free environment. Call 471-3557.  
 ■ **Sebring Moose Lodge 2259** serves soft shell tacos 5-7 p.m. at 11675 U.S. 98, Sebring. Beef franks and Italian sausages served from 1 p.m. to closing. Euchre is played at 6:30 p.m. Call 655-3920.  
 ■ **Sebring Recreation Club** plays bridge at 12:30 p.m. and table tennis at 4 p.m. at 333 Pomegranate Ave., Sebring. Call 385-2966.  
 ■ **Sertoma Club** meets at 7 a.m. at Dee's Restaurant, Sebring. Call Scott Albritton at 402-1819.  
 ■ **The Sons of AMVETS** meets at 7 p.m. the second Tuesday of every month at the Post, 2029 U.S. 27 South, Sebring.  
 ■ **Toby's Clown Alley** has its regular monthly meeting at 7 p.m. the second Tuesday at the Clown Foundation, 109 W. Interlake Blvd., Lake Placid.  
 ■ **Take Off Pounds Sensibly Chapter FL 99** meets from 6-7 p.m. at the Atonement Lutheran Church, 1744 Lakeview Drive, Sebring. Call 655-1743.  
 ■ **Take Off Pounds Sensibly Chapter FL 618** has weigh in from 4-4:30 p.m. at Community Bible Church, 1400 CR-17A N., Avon Park. Meeting is at 4:45 p.m. Call 452-1093.  
 ■ **Veterans of Foreign Wars Post 3880**, plays darts 6:30 p.m., 1224 County Road 621 E., Lake Placid. The ladies auxiliary meets at 10 a.m. every second Tuesday. For more details, call 699-5444.  
 ■ **Veterans of Foreign Wars Post 4300** has sandwiches at 5 p.m. and Franke from 6-9 p.m. at the post, 2011 SE Lakeview Drive, Sebring. Call 385-8902.

FREE ESTIMATES

## Cochran Brothers Roofing, Inc.

QUALITY WORK AT A REASONABLE PRICE

ROOFING SPECIALIST

- Shingles - Flat Roofs - Roof Repairs -  
 - Mobile Home Roofovers -

SERVING HIGHLANDS COUNTY SINCE 1989

FULLY LICENSED & INSURED

## 385-4690

State Lic # FC - 0068817

## Avon Park Pediatrics, P.A. & Sebring Pediatrics, LLC

Newborns • Children • Adolescents

SPECIALIZING IN THE TREATMENT OF  
 ALLERGIES • ASTHMA • ATTENTION DEFICIT  
 DISORDER • IMMUNIZATIONS • CHECK-UPS  
 OBESITY COUNSELING

### Flu Shots Available!

## Call for appointment!

Se Habla Español  
 We accept most Major Insurance and Medicaid

OFFICE HOURS:

AVON PARK: MON. & WED. – 8:30AM – 7:00PM  
 TUES., THURS., & FRI – 8:30AM – 5:00PM

SEBRING: MON. – FRI – 8:30AM – 5:00PM  
 SATURDAY – 8:30AM – 12:00 NOON – SEBRING ONLY

**SEBRING**  
382-0770

**LAKE PLACID**  
699-1414

**AVON PARK**  
453-7337

# ARTS & ENTERTAINMENT

## Ballard's new book set for release

*Special to the News-Sun*

Unlike his first two books, "Peace River" and "The Snapshot & Other Stories: Tales from Flowing Wells," both of which are set in the rural, rugged, Florida interior in fictitious Pinewood County, "Literary Escapades" was never intended to be a book, author Chip Ballard says. After much prodding from friends, he finally put it together.

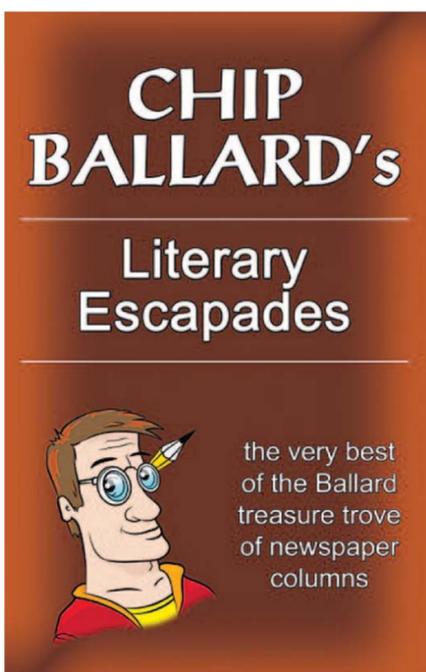
"When I first presented the idea to RoseHeart Publishing, with four or five sample columns, I was asked to send the complete collection," Ballard said. "I did that and two weeks later I received a contract in the mail."

"Literary Escapades" is a selection of 64 columns and feature stories, out of more than 300, that Ballard has published in newspapers and magazines over the years. The book will contain 16 photos.

Although many of Ballard's columns and features are set in Hardee County (which in his fiction is called Pinewood County), most must have some sort of universal appeal because Ballard has gotten emails praising his work from as far away as California.

"The son of baseball great, Ted Williams, e-mailed me regarding a column in which I mentioned his father. We corresponded for a while and he sent me photos of his father as a baby in his mother's arms, and some of Williams as a young boy," Ballard said.

University of South Florida professor and prolific writer Rick Wilber made this comment: "Chip Ballard writes with heart and



compassion about a part of Florida that is too often overlooked, the interior of the state. His writing is comfortable and approachable, but he's never afraid to see the dark edges around all that bright, Florida sunlight. He's earned a place among the best of those Florida writers who understand their state and its joys and sorrows, its promise and its perilous future."

"Unlike my first two books, "Literary Escapades" would be rated G, if books had ratings like movies," Ballard said. "Also, on down the line, keep your eyes open for a sequel, because I have more than enough material already for a 'Literary Escapades, Vol. 2.' And RoseHeart Publishing president and owner, Maysel M. Hassell, has already told me to start putting it together."

E-mail Chip Ballard at chipkyle746@embarqmail.com, or visit his newly designed website at www.chipballard.com for more information.

## 'Nunsense' replaces 'Pippin' at HLT

*Special to the News-Sun*

SEBRING — Highlands Little Theatre has chosen the musical comedy "Nunsense" to replace "Pippin" as the March production in the 2011-2012 season.

"The change is unavoidable," said Executive Director Vanessa Logsdon. "'Pippin' will remain under consideration for future performances. I am confident that our audiences will enjoy 'Nunsense' just as much."

In "Nunsense," five Little Sisters of Hoboken discover their cook accidentally killed off the other 52 residents of the convent with her tainted vichyssoise. Running out of money for the burials, with four nuns on ice, they decide to stage a variety show to raise the funds.

The nuns participating in the project are a former circus performer who can not resist the spotlight; her competitive but dignified rival second-in-command; a streetwise nun from Brooklyn; a novice who is determined to be the world's first ballerina nun, and a wacky, childlike Sister Mary Amnesia, who lost her memory when a crucifix fell on her head. The entertainment they present includes solo star turns, madcap dance routines and an audience quiz.

Songs include "Nunsense is Habit-Forming," "Tackle That Temptation With a Time Step," "Just a Coupl'a Sisters" and "I Could've Gone to Nashville."

The book, music and

lyrics were written by Dan Goggins and the original show opened in 1985. The show has since been adapted for television and has spawned six sequels and three spin-offs. Produced by special arrangement with Samuel French. "Nunsense" is sponsored by the News-Sun.

Tickets are available as part of the subscription packages and may be purchased individually beginning Monday. Patrons who already have their season tickets will be able to use them as issued. For tickets and information, stop by the Box Office at 356 West Center Av, Sebring, or call 863-382-2525, Monday-Friday from 10 a.m. until 2 p.m.

## Auditions for 'Anne Frank' start Oct. 14

Special to the News-Sun SEBRING — Highlands Little Theatre will be having auditions for "The Diary of Ann Frank," in the Thakkar Pavilion on Oct. 14, 5:30 - 7:30 p.m.; Oct. 15 and Oct. 16, 2-5 p.m.; Oct. 21, 5:30-7:30 p.m.; and Oct. 22, 9:00 a.m.-noon. Production dates are Jan. 13-29, 2012.

There are 10 characters for this production. Descriptions are below:

**Mr. Frank:** Annes Father, Mid 40s-60s, Gentle, cultured, slight German accent, diplomatic.

**Miep:** Protects the people in hiding, 20'-30s, Compassionate, friendly, courageous.

**Mr. Kraler:** Provides

provisions & protects those in hiding, 30s-50s, Dependable, kindly, fiercely loyal, wears a hearing aid.

**Mrs. Frank:** Annes Mother, Late 30s-50s, gentle, reserved, emotional, critical.

**Margot Frank:** Annes Sister, Late teen-20s, quiet, shy, protective of family, conventional.

**Anne Frank:** Teens-early 20s, mercurial, quick in movement, interested in everyone and everything, truly lives in the moment, a young lady emerging into her fullness.

**Mr. Van Daan:** Sharing hiding place. Peter's father, late 40s-50s, Nervous, portly, survive at any cost,

opportunist.

**Mrs. Van Daan:** Sharing hiding place. Peter's Mother, early 40s-50s, flirtatious, clingy, materialistic, self-involved, desperately looking for love & acceptance.

**Peter Van Daan:** Share hiding place, teen-20s, shy, awkward, looking for his purpose in life, self-protective, defensive.

**Mr. Dussell:** Share hiding place, 50s, a dentist, bachelor, finicky, meticulous, loner, easily irritated, most assimilated, bewildered by his present situation.

For more information please contact the director, Allan Grosman, at othelomycat@hotmail.com/.

## Grace Place women receive quilts

*Special to the News-Sun*

SEBRING — The Highlands County Quilt Guild presented John and Eileen Sala, directors of Grace place, with 13 twin size and one queen size quilts on Tuesday. They were created for this outreach program of Little Lambs Inc.

The Grace Place home is located in Sebring and is a six- to 12-month residential recovery program for overcoming all addictions through a curriculum to teach skills needed for personal and spiritual newness, job training and relapse prevention, just to name a few.

The Guild is an active part of Highlands County. Their donations of quilts to Little Lambs Inc. will be an ongoing project. The women will have a quilt to take with them as they succeed in the program. The Guild will supply needed gifts of quilts once a year.

The Guild has provided the Humane Society, Salvation Army, Hope Hospice veterans and Children's Advocacy with gifts of quilts and cash



Courtesy photo

Pictured at Quilt Guild presentation (from left) are John Sala, Kim and Eileen Sala. John and Eileen Sala are with Little Lambs Inc. and Grace Place directors and Kim is the house mother.

donations when needed.

This project was a first for the women and one gentleman of the Guild. The quilts were made over the past few months starting in June with all year-round members working many hours to create the beautiful "one of a kind" creations, right down to the

label on the back with a picture of a lamb and identity markers.

The Oct. 4 presentation was well attended. The Salas answered questions on how the outreach program works and their success rate. The Housemother, Kim, was with the Salas for the happy event.



Anthony Jones, Conductor

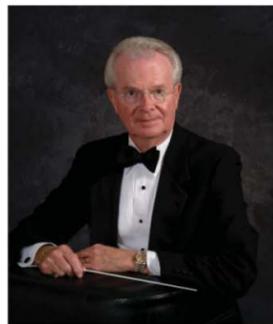
"the Premier Concert Band in the Heartlands"

In Partnership with



Chateau Elan Hotel & Conference Center

Presents  
**A Salute to Veterans**  
Featuring Guest Conductor  
Commander Allen Beck, U.S. Navy, Retired



**FREE ADMISSION**  
First 150 Veterans or Military Personnel  
in uniform or with military ID  
courtesy of the  
**ALAN JAY**  
Automotive Network  
INCLUDES A DRINK FROM THE BAR

Donation: \$10.00  
Includes one drink from the Bar  
Under 21, 2 sodas

**Sunday Nov. 6, 2011 3:00pm**

Chateau Elan Hotel & Conference Center  
150 Midway Dr.  
Sebring, FL

Pre-Concert Ticket sales: 314-8877  
also available at the door

web site: [www.heartlandpops.org](http://www.heartlandpops.org)

**We Put You In The "KNOW"**

# CENTRAL SECURITY

## ALARM SYSTEMS

- ✓ Know when your child arrives home safely.
- ✓ Know your business security is armed/disarmed.

Instant Text Notifications!  
Call for Details!

**382-3662 | 465-3352**  
[www.centalsec.com](http://www.centalsec.com)

EF0000229

Classified ads get results! Call 314-9876

# Attention Ladies!

Seminars Doctors Panel

Great Door Prizes

Refreshments Continental Breakfast

Pink Streaks with proceeds going to Local Cancer Society



Door Prizes Include 5 Autographed Baseballs By Hall of Fame Pitcher Gaylord Perry

## 6th Annual Breast Cancer Awareness Health Fair

October 15, 2011  
10 am - 1 pm  
La Quinta Inn and Suites  
4115 US Highway 27 South  
Sebring, FL 33870

Sponsored By



Of Sebring



Make an appointment today at our new, State-Of-The-Art Breast Center  
Digital Mammography      Less Invasive  
Stereotactic Biopsy      More Comfortable  
Bone Densitometry      Spa-Like Center  
Call 863-471-5812

# Dragonflies are nature's flying wonders

For centuries mankind has been looking to the natural world to understand how things work. Scientists have studied nature to better comprehend many concepts.

For example, researchers are currently using chemicals found in plants to replicate a key process in photosynthesis that utilizes the sun's light to split water into hydrogen and oxygen.

Mimicking nature allows humans to ensure the greatest productivity for the least amount of materials and energy. One of the most intriguing skills found in nature is the ability to fly. Humans have been fascinated with flying since the early days of man, which has spurred man's desire to soar in the skies.

One creature that scientists have studied and admired for its fascinating abilities is the dragonfly.

The flying ability of dragonflies has been researched and envied by engineers who design aircraft for years. A dragonfly can hover in the air like a helicopter. It is one of the fastest creatures on the face of the earth and it can dart to the side, fly backwards and turn a summersault in mid air. Dragonflies have been clocked traveling up to 22-34 mph in flight. They can fly forward at about 100 body lengths per second, and backwards at about three body

lengths per second.

In addition to their amazing flying abilities, dragonflies serve an important role in wetland wildlife. They are surely among the most beautiful and interesting insects and they are also among the most ancient of living creatures. Dragonflies are very important predators. They munch on mosquitoes and other small insects such as bees, flies and ants.

They are characterized by their huge, multifaceted eyes, which take up most of their head. They have two pairs of transparent wings and a very long body. They are insects so they have six legs. However, all these legs are not for walking. The dragonfly uses them to perch or hold onto prey. They breathe through spiracles, which are tiny holes located on their abdomen. Dragonflies do not sting, as many people believe. They do not harm humans in any way.

But most of the dragonfly's life is spent in the water. Female dragonflies lay eggs in or near lakes, streams, ponds or other wetlands. The nymphs that hatch from the eggs feed and grow underwater. These nymphs are predators and eat tadpoles, snails and insects while in this stage. The gills of the nymphs are located inside the abdomen. The



**News From The Watershed**

Corine Burgess

varies depending on altitude and latitude. This stage can be from one to six years. Once the larva has completed its growth and development stage, it will leave its aquatic environment and start a brand new life as a dragonfly. In an effort to get its new life started, the nymph will climb up a plant stem or other object until it is completely out of the water. Using its claws, it will attach itself to the object. The larval case will break at the back of the head and ever so slowly, the adult will emerge. Blood is then pumped around the body, which makes it expand. Once these things take place the dragonfly is ready to take flight.

Oddly, once the adults emerge, they head away from their watery

home. This is called the dispersal period. It usually lasts from three days to three weeks. At this time of their lives, dragonflies will obtain their full, spectacular coloration and they will also reach sexual maturity. Once they are ready to mate, they head back to the water. After mating, the female will lay her eggs and then fly away from the water until she has another batch of eggs ready for fertilization. The adult dragonfly lives only for about one or two months.

Dragonflies are excellent hunters. As far as prey is concerned, the dragonfly's mouth is made for biting. They have a lip-like feature, which can be extended forward from underneath the head that allows them to grasp onto prey faster than most prey can react. Their six legs are also helpful for holding onto and catching their prey. These creatures will eat whatever is available. Sometimes, they hunt in groups where large numbers of termites, ants, mayflies, caddisflies or gnats are swarming.

However, their food of choice is flies. Dragonflies do not hunt in cold weather.

Birds, lizards, frogs, some spiders, fish and even larger dragonflies are among the creature's predators. They avoid being captured in

many instances because of their excellent visual responses and speed. It is said that dragonflies have the sharpest vision of all insects and are especially adept at spotting other insects on the move.

The dragonfly is a member of the order Odonata, which means toothed ones. They have been around for thousands of years in some form or other. They are fascinating creatures who live their lives in two completely different stages. They are helpful to humans because of their voracious diet of flies and mosquitoes. Watching these magnificent creatures in their own environment may give the viewer a wonderful natural experience.

Some interesting facts about dragonflies:

— A bee flaps its wings about 300 times per second, but a dragonfly flaps its wings at only 30 beats per second. (they have 2 sets of wings)

— The largest dragonfly fossil found had a 2 1/2 foot wingspan and currently there are dragonflies in Costa Rica that measure 7 1/2 inches across the wings.

Corine Burgess, Environmental Specialist for the Highlands County Parks and Natural Resources Department ([www.highlandsswcd.org](http://www.highlandsswcd.org)).

## PLACES TO WORSHIP

**Places to Worship is a paid advertisement in the News-Sun that is published Friday and Sunday. To find out more information on how to place a listing in this directory, call the News-Sun at 385-6155, ext. 502.**

### APOSTOLIC

■ **Greater Faith Apostolic Church**, 24 Rainer Drive, Lake Placid, FL 33852. invites you to come worship with us in spirit and truth at 10:30 a.m. and 3 p.m. Sunday, and at 7:30 p.m. Thursday. For information contact (239) 671-0390. Pastor Travis Vanderford.

### ASSEMBLY OF GOD

■ **Christ Fellowship Church (Assembly of God)**, 2935 New Life Way. Bearing His Name; Preaching His Doctrine; and Awaiting His Coming. "Worshipping God in Spirit and in Truth." Sunday School, 9 a.m.; Morning Worship, 10 a.m.; Evening Worship, 5 p.m. Wednesday: Worship, 7 p.m. Pastor Eugene Haas. Phone 471-0924.

■ **First Assembly of God**, 4301 Kenilworth Blvd., Sebring. The Rev. Wilmont McCrary, pastor. Sunday School, 10 a.m.; Morning Worship and KIDS Church, 11 a.m.; Evening Worship, 7 p.m. Wednesday Family Night, (Adult Bible Study), LIFE Youth Group, Royal Rangers, Missionettes, 7:30 p.m. Phone 385-6431.

### BAPTIST

■ **Avon Park Lakes Baptist Church**, 2600 N. Highlands Blvd., Avon Park, FL 33825. George Hall, Pastor. Christ centered and biblically based. Sunday worship services, 8:30 a.m., 11 a.m. and 6 p.m. Nursery facilities are available. Bible studies at 9:45 a.m. Sunday and 7 p.m. Wednesday. Prayer Time 6 p.m. on Wednesday. Bible classes at 9:45 a.m. are centered for all ages. Choir practice at 5 p.m. Sunday. Church phone: 452-6556.

■ **Bethany Baptist Church (GARBC)** We are located at the corner of SR17 and C-17A (truck route) in Avon Park. Join us Sunday morning at 9:00 AM for coffee and doughnuts, followed with Sunday School for all ages at 9:30. Sunday morning worship service begins at 10:30 a.m., and evening worship service is at 6 p.m. On Wednesdays, the Word of Life teen ministry and the Catelyst class (20's+) begin at 6:30 PM. The adult Bible and Prayer Time begins at 7 p.m. For more information go to [www.bethanybaptistap.com](http://www.bethanybaptistap.com) or call the church office at 863-452-1136.

■ **Faith Missionary Baptist Church**, off State Road 17 North of Sebring at 1708 LaGrange Ave. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 6 p.m. Wednesday Service, 7 p.m. Deaf interpretation available. Ken Lambert, Pastor. Phone 386-5055.

■ **Fellowship Baptist Church**, 1000 Maxwell St., Avon Park, FL 33825. Sunday: Sunday School, 9:30 a.m.; Morning Worship, 10:45 a.m.; Wednesday: Evening Service, 7 p.m.; Children/Youth, 7 p.m. Telephone: 453-4256. Fax: 453-6986. E-mail: [office@apfellowship.org](mailto:office@apfellowship.org)

ship.org; Web site, [www.apfellowship.org](http://www.apfellowship.org).

■ **First Baptist Church of Avon Park**, 100 N. Lake Ave., Avon Park. Rev. Jon Beck, senior pastor; Scott King, interim youth minister; Joy Loomis, music director; and Rev. Johnattan Soltero, Primera Mision Bautista pastor. Regular Sunday schedule: 9 a.m. Library open; 9:30 a.m. Sunday School; 10:45 a.m. Morning Worship; 10:45 a.m. Children's Church; 6 p.m. Evening Service. Nursery provided for Sunday morning service. Regular Wednesday schedule: 6 p.m. Prayer Meeting; 6 p.m. children's choirs; 6 p.m. youth activities; 6:30 p.m. Adult Choir Rehearsal; 7 p.m. Mission Programs. Call 453-6681 for details. Spanish Sunday services: 9:30 a.m. Sunday school; 11 a.m. Sunday worship; 7 p.m. evening worship. Spanish Wednesday Service: 7 p.m. Bible study. Spanish Friday Meeting: 7 p.m. Family Night Visitation. "In the heart of Avon Park. For the hearts of Avon Park."

■ **First Baptist Church of Lake Josephine**, 111 Lake Josephine Drive, Sebring (just off U.S. 27 midway between Sebring and Lake Placid). Your place for family, friends and faith. Sunday morning worship service is 11 a.m. Nursery is provided for both services with Children's Church at 11 a.m. Life changing Bible Study for all ages starts at 9:45 a.m. Associate Pastor Allen Altwater leads the youth in their quest to become more like Christ. Sunday night worship at 6 p.m. Wednesday Bible Study and Prayer meeting at 7 p.m. along with youth worship in the youth facility, and missions training for all children. Call the church at 655-1524.

■ **First Baptist Church of Lake Placid**, Knowing God's Heart and Sharing God's Hope, 119 E. Royal Palm Street. (2 blocks south of Interlake Blvd) Lake Placid, FL 33852 (863) 465-3721, Email: [www.fbclp.com](http://www.fbclp.com). Pastor Brett Morey, senior pastor. Sunday services - Traditional Service 9 a.m., Contemporary Service 10:30 a.m. Link Groups at 9 and 10:30 a.m., Senior Sunday Night and Sunday Evening Bible study at 6 p.m. Wednesday Activities: Family dinner at 5 p.m. (\$4 per person, reservations required). Adult-LifeSource classes, prayer meeting, Youth Intersections, and Kids K-5-MaxKidz Extreme meet at 6:15 p.m. Men meet at 8 a.m. every Tuesday for prayer breakfast and women's prayer breakfast is at 8 a.m. every Wednesday, both at the Family Restaurant.

■ **First Baptist Church of Lorida** located right on U.S. 98 in Lorida. Sunday School begins at 9:45 a.m. for all ages. Sunday worship services are at 11 a.m. and 6:30 p.m. Preschool care is provided at the 11 a.m. worship service. Wednesday evening Bible Study and Prayer meeting is at 6:30 p.m., followed by adult choir rehearsal. From September the AWANA groups meet. First Lorida is the "Place to discover God's love." For more information about the church or the ministries offered, call 655-1878.

■ **First Baptist Church, Sebring**, 200 E. Center Ave., Sebring, FL 33870. Telephone: 385-5154. Dr. David E. Richardson, senior pastor; Rev. Joe Delph, associate pastor, minister of youth and activities;

and Rev. Nuno Norberto, associate pastor, minister of music and senior adults. Group Bible Studies, 9:15 a.m.; Blended Service, 10:30 a.m.; Mision Bautista Hispana, 2 p.m.; Sunday Evening Worship, 6 p.m. Wednesday night programs at the ROC begin 5:30 p.m., at church begin 6:30 p.m. Preschool and Mother's Day Out for children age 6 weeks to 5 years old. Becky Gotsch, director. Call 385-4704.

■ **Florida Avenue Baptist Church**, 401 S. Florida Ave., Avon Park. Mailing address is 710 W. Bell St., Avon Park, FL 33825. Telephone, 453-5339. Rev. John D. Girdley, pastor. Sunday School, 9:45 a.m.; Sunday Worship, 11 a.m.; 11 a.m. Children's Church; Sunday Evening Worship, 6 p.m. Wednesday night programs for children, youth and adults at 7 p.m.

■ **Independent Baptist Church**, 5704 County Road 17 South, Sebring, FL 33876. Sunday School, 9:30 a.m. Sunday worship, 10:30 a.m. Sunday evening, 6 p.m. Wednesday service, 7 p.m. Fundamental, soul-winning, mission-minded, King James Bible Church. Larry Ruse, pastor. Phone 655-1899. Bus transportation.

■ **Leisure Lakes Baptist Church**, 808 Gardenia St., Lake Placid (just off of Miller at the west end of Lake June) "Where the old fashion gospel is preached." Sunday School begins at 9:45 a.m.; Sunday Worship service at 11 a.m.; Sunday Evening Service is at 6 p.m. Wednesday Prayer Meeting and Bible Study at 7 p.m. Call the church at 699-0671 for more information.

■ **Maranatha Baptist Church (GARBC)**, 35 Maranatha Blvd., Sebring, FL 33870 (A half mile east of Highlands Avenue on Ar buckle Creek Road.) Sunday School, 9 a.m.; Morning Worship, 10:15 a.m.; Evening Service, 6 p.m. Mid-week service, Wednesday, 6 p.m. Daily Prayer and Bible Study, 8 a.m., Hamman Hall. Pastor Gerald Webber and Associate Pastors Don Messenger and Ted Ertle. Phone 382-4301.

■ **Parkway Free Will Baptist Church**, 3413 Sebring Parkway, Sebring, FL 33870. Welcome to the church where the "Son" always shines. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m.; and Wednesday Evening Worship, 7 p.m. End-of-the-Month-Sing at 6 p.m. on the last Sunday of each month. The Rev. J.S. Scaggs, pastor. Church phone: 382-3552. Home phone: 214-3025. Affiliated with the National Association of Free Will Baptists, Nashville, Tenn.

■ **Sparta Road Baptist Church (SBC)** 4400 Sparta Road. Rev. Ken Geren, interim pastor. Sunday school, 9:45 a.m.; Sunday Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m. Wednesday: Prayer/Bible Study, 6 p.m. Nursery provided. For information, call 382-0869.

■ **Southside Baptist Church (GARBC)**, 379 S. Commerce Ave., Sebring. David C. Altman, Pastor. Sunday School for all ages, 9:30 a.m.; Morning Worship Service, 10:45 a.m.; Evening Worship, 6 p.m. Wednesday: Student ministry, 6:30 p.m.; Awana kindergarten through fifth grade, 6:30 p.m.; Adult Midweek Prayer and Bible Study, 7 p.m. A nursery for under age 3 is available at all services.

Provisions for handicapped and hard-of-hearing. Office phone, 385-0752.

■ **Spring Lake Baptist Church**, "Where the Bible is Always Open." Pastor Richard Schermerhorn, 7408 Valencia Road; 655-2610. The Rev. Ronald Smith, assistant pastor, 386-1610. On U.S. 98 at the Spring Lake Village II entrance. Sunday School, 9:45 a.m. for all ages; Morning Worship, 10:45 a.m.; Sunday Evening Worship, 6 p.m. Wednesday Mid-week Bible Study and Prayer Service, 6:30 p.m. Nursery available for all services.

■ **Sunridge Baptist Church (SBC)** 3704 Valerie Blvd. (U.S. 27 and Valerie, across from Florida Hospital), Sebring. Tim Finch, pastor. Sunday School, 9:30 a.m.; Sunday Morning Worship, 10:45 a.m.; and Sunday Evening Service, 6 p.m. Wednesday: Prayer, Bible Study, and Youth, 6:30 p.m. Nursery provided. For information, call 382-3695.

### CATHOLIC

■ **Our Lady of Grace Catholic Church**, 595 East Main St., Avon Park, 453-4757. Father Nicholas McLoughlin, pastor. Saturday Vigil Mass is 4 p.m. in English and 7 p.m. in Spanish; Sunday mass 8 and 10:30 a.m. in English. Weekday mass at 8 a.m. Confessions are at 3:30 p.m. Saturday. Religious Education Classes are 9-10:20 a.m. Sunday for grades K through 8th. Confirmation class is from 6:30-8 p.m. Wednesday. Youth Nights grades 6th and up, 6:30-8 p.m. Wednesday.

■ **St. Catherine Catholic Church**, 820 Hickory St., Sebring. Mailing address: 882 Bay St., Sebring, FL 33870, 385-0049; fax, 385-5169; email, [office@stcatho.com](mailto:office@stcatho.com); website, [www.stcatho.com](http://www.stcatho.com). Very Rev. José González, V.F., [frjose@stcatho.com](mailto:frjose@stcatho.com); Parochial Vicar, Rev. Victor Cavedes, 385-3993; Assisting Priest (retired), Rev. J. Peter Sheehan; Deacons, Rev. Mr. James R. McGarry and Rev. Mr. Max M. Severe. Parish office hours, 8:30 a.m. to 1:30 p.m. Monday-Friday. Masses - Daily Masses 8 a.m. and noon Monday-Friday; 9 a.m. Saturday. Weekend Masses 4 and 5 p.m. Saturday, 5 p.m. Saturday Spanish Mass (Holy Family Youth Center), 8 and 10:30 a.m. Sunday, noon Sunday Mass; 5 p.m. Sunday English Family Mass (Holy Family Youth Center). Confession: every Saturday 3-3:45 p.m. or first Friday of the month 7:15-7:45 a.m., or by appointment with any priest.

■ **St. James Catholic Church**, 3380 Placidview Drive, Lake Placid, 465-3215. Father Michael J. Cannon. Mass schedule: Summer (May 1 to Oct. 31) - Saturday Vigil, 4 p.m.; Sunday 8 a.m. and 9:30 a.m.; Weekdays, 9 a.m. December thru Easter - Saturday, 4 p.m.; Sunday, 8 a.m., 9:30 a.m. and 11 a.m.; Weekdays 9 a.m.; and Holy Days 8 a.m., 9:30 a.m. and 7 p.m., first Saturday at 9 a.m.

### CHRISTIAN

■ **Eastside Christian Church**, 101 Peace Ave., Lake Placid, FL 33852 (two miles east of U.S. 27 on County Road 621), 465-7065. Ray Culpepper, senior pastor. Sunday: Bible classes, 9 a.m.; Worship Celebration with the Lord's Supper each week 10:15 a.m. TheLima Hall, organist; and Pat Hjort, pianist. Wednesday: Praise and Prayer, 6:30 p.m.; "Building God's Kingdom for Everyone." "Jesus Christ, the Way, Truth and Life!" "Alive and Worth the Drive!"

■ **Sebring Christian Church**, 4514 Hammock Road, Sebring, FL 33872. Tod Schwingel, Preacher; Marco Gallardo, Youth Pastor. Sunday Worship, 9:30 a.m.; Sunday School, 11 a.m.; Sunday Youth Service, 6 p.m.; Evening service at 6:30 p.m. Wednesday night meals, 5:30 p.m. followed by classes at 6:30 p.m. Changing Seasons, a men's grief support group, meets at 1 p.m. Wednesdays. Alzheimers Caregivers Support Group meets at 1 p.m. Thursdays. Office hours, 9 a.m. to 1 p.m. Monday-Friday. Phone 382-6676.

■ **First Christian Church**, 1016 W. Camphor St., Avon Park, FL 33825; (863) 453-5334; on the Web at [www.firstchristianap.com](http://www.firstchristianap.com). Our motto is "Jesus is First at First Christian Church." Greg Ratliff, Senior Minister; Jon Carter, Music Director. Bible School 9 a.m.; Worship 10 a.m.; Wednesday studies for all ages, 6 p.m. Nursery provided for all events.

■ **First Christian Church (Disciples of Christ)**, 510 Poinsettia Avenue, (corner of Poinsettia and Eucalyptus), Sebring, FL 33870. Phone: 385-0358 or 385-3435. The Rev. Ronald Norton, Pastor; Sunday School, 9 a.m.; Praise Breakfast, 10 a.m., Morning Worship, 10:30 a.m.; Children's Church, 10:30 a.m. Thursday, Praise and Worship, 6:45 p.m. Youth Fellowship, 7:15 p.m.; Midweek Bible Study, 7:15 p.m.

### CHRISTIAN & MISSIONARY ALLIANCE

■ **The Alliance Church of Sebring**, 4451 Sparta Road, Sebring, FL 33875. Call 382-1343. Rev. Steve Hagen, pastor. Sunday services: Sunday School meets at 9:30 a.m.; Sunday Morning Worship Service meets at 10:30 a.m.; Sunday Evening Bible Study meets at 6 p.m. (off site); Wednesday Prayer Gathering meets at 6 p.m.

### CHRISTIAN SCIENCE

■ **Christian Science Church**, 146 N. Franklin St. Sunday: 10:30 a.m. morning worship and Sunday school. Testimonial meetings at 4 p.m. each second and fourth Wednesday. A free public reading room/bookstore, located in the church, is open before and after church services. The Bible and the Christian Science textbook, 'Science and Health with Key to the Scriptures' by Mary Baker Eddy are our only preachers. All are welcome to come and partake of the comfort, guidance, support and healing found in the lesson-sermons.

### CHURCH OF BRETHREN

■ **Church of the Brethren**, 700 S. Pine St., Sebring, FL 33870. Sunday: Church School, 9 a.m.; Morning Worship, 10:15 a.m. Wednesday: Temple Choir, 7:30 p.m. Phone 385-1597.

### CHURCH OF CHRIST

■ **Avon Park Church of Christ**, 200 S. Forest Ave., Avon Park, FL 33825. Minister: Larry Roberts. Sunday Worship Services, 10:30 a.m. and 6 p.m. Nursery facilities are available at every service. Bible Study: Sunday, 9:30 a.m. and Wednesday, 7 p.m. Bible centered classes for all ages. Church phone: 453-4692.

■ **Sebring Parkway Church of Christ**, 3800 Sebring Parkway, Sebring, FL 33870; 385-7443. We would like to extend an invitation for you and your family to visit with us here at Sebring Parkway. Our hours of service are: Sunday Bible Class, 9 a.m.; Sunday Worship Service, 10 a.m.; Sunday Evening Service, 6 p.m.; Wednesday Service, 7 p.m.

### CHURCH OF NAZARENE

■ **First Church of the Nazarene of Avon Park**, P.O. Box 1118., Avon Park, FL 33825-1118. 707 W. Main St. Randall Rupert, Pastor. Sunday: Sunday school begins at 9:45 a.m. for all ages; morning worship at 10:45 a.m.; and evening service at 6 p.m. Wednesday evening service is at 7 p.m. with special services for children and adults. Special services once a month for seniors (Prime Time) and Ladies ministries. If you need any more information, call 453-4851.

■ **First Church of the Nazarene of Lake Placid**, 512 W. Interlake Blvd., Lake Placid, FL 33852. Sunday school, 9:30 a.m.; Morning worship, 10:45 a.m.; Evening service, 6 p.m. Wednesday evening, 7 p.m. Classes for adult children and youth. Call 465-6916. Pastor Tim Taylor.

### CHURCHES OF CHRIST IN CHRISTIAN UNION

■ **Community Bible Church - Churches of Christ in Christian Union**, (Orange Blossom Conference Center) 1400 C-17A North (truck route), Avon Park. Presenting Jesus Christ as the answer for time and eternity. Sunday morning worship service, 10:30 a.m. Nursery provided. Junior Church activities at same time for K-6 grade. Sunday School Bible hour (all ages), 9:30 a.m. (Transportation available.) Sunday evening praise and worship service, 6 p.m. Wednesday evening prayer service, 7 p.m. Children and youth activities at 7 p.m. Wednesday. Everyone is welcome, please come worship with us. Don Seymour, Senior Pastor. Phone 452-0088.

# BOOKS

## HARDCOVER FICTION

1. "The Affair: A Reacher Novel" by Lee Child (Delacorte Press)
2. "1225 Christmas Tree Lane" by Debbie Macomber (Mira)
3. "Feast Day of Fools: A Novel" by James Lee Burke (Simon & Schuster)
4. "Lethal" by Sandra Brown (Grand Central Publishing)
5. "The Night Circus" by Erin Morgenstern (Doubleday)
6. "Aleph" by Paulo Coelho (Knopf)
7. "New York to Dallas" by J.D. Robb (Putnam Adult)
8. "A Dance With Dragons" by George R.R. Martin (Bantam)
9. "Son of Stone" by Stuart Woods (Putnam Adult)
10. "Heat Rises" by Richard Castle (Hyperion)
11. "Reamde: A Novel" by Neal Stephenson (William Morrow)
12. "Nightwoods: A Novel" by Charles Frazier (Random House)
13. "Kill Me If You Can" by James Patterson and Marshall

Karp (Little, Brown)

14. "The Art of Fielding" by Chad Harbach (Little, Brown)
15. "Robert B. Parker's Killing the Blues" by Michael Brandman (Putnam Adult)

## HARDCOVER NONFICTION

1. "Killing Lincoln: The Shocking Assassination that Changed America Forever" by Bill O'Reilly and Martin Dugard (Henry Holt and Co.)
2. "Jacqueline Kennedy" foreword by Caroline Kennedy (Hyperion)
3. "Every Day a Friday" by Joel Osteen (FaithWords)
4. "Unbroken: A World War II Story of Survival, Resilience, and Redemption" by Laura Hillenbrand (Random House)
5. "Confidence Men: Wall Street, Washington, and the Education of a President" by Ron Suskind (Harper)
6. "EntreLeadership: 20 Years of Practical Business Wisdom from the Trenches" by Dave Ramsey (Howard Books)
7. "Destiny of the Republic: A Tale of Madness, Medicine and the Murder of a

President" by Candice Millard (Farrar, Straus & Giroux)

8. "That Used to Be Us" by Thomas L. Friedman and Michael Mandelbaum (Farrar, Straus & Giroux)
9. "A Stolen Life" by Jaycee Dugard (Simon & Schuster)
10. "10 Mindful Minutes: Giving Our Children--and Ourselves--the Social and Emotional Skills to Reduce Stress and Anxiety for Healthier, Happier Lives" by Goldie Hawn and Daniel J. Siegel (Perigee)
11. "In My Time: A Personal and Political Memoir" by Dick Cheney and Liz Cheney (Threshold Editions)
12. "Rin Tin Tin: The Life and the Legend" by Susan Orlean (Simon & Schuster)
13. "The Quest: Energy, Security, and the Remaking of the Modern Woman" by Daniel Yergin (Penguin Press)

## Publisher's Weekly Best Sellers



14. "Go the F--k to Sleep" by Adam Mansbach (Akashic)

15. "In the Garden of Beasts" by Erik Larson (Crown)

## MASS MARKET PAPERBACKS

1. "Cross Fire" by James Patterson (Vision)
2. "Miracle Cure" by Harlan Coben (Signet)
3. "Full Dark, No Stars" by Stephen King (Pocket)
4. "The Darkest Surrender" by Gena Showalter (HQN)
5. "Eve" by Iris Johansen (St. Martin's Paperbacks)
6. "Bad Blood: A Virgil Flowers Novel" by John Sandford (Berkley)
7. "Only His" by Susan Mallery (HQN)
8. "In Pursuit of Eliza Cynster: A Cynster Novel" by Stephanie Laurens (Avon)
9. "The Unquiet" by J.D. Robb, Mary Blayney, Patricia

Gaffney, Ruth Ryan Langan and Mary Kay McComas (Jove)

10. "Sexiest Vampire Alive" by Kerrelyn Sparks (Avon)
11. "1105 Yakima Street" by Debbie Macomber (Mira)
12. "Christmas at Timberwoods" by Fern Michaels (Zebra)
13. "Legacy: A Novel" by Danielle Steel (Dell)
14. "A Storm of Swords" by George R.R. Martin (Bantam)
15. "A Game of Thrones" by George R.R. Martin (Spectra)

## TRADE PAPERBACKS

1. "The Help" by Kathryn Stockett (Putnam Adult)
2. "Heaven is for Real: A Little Boy's Astounding Story of His Trip to Heaven and Back" by Todd Burpo, Sonja Burpo, Colton Burpo and Lynn Vincent (Thomas Nelson)
3. "Moneyball: The Art of Winning an Unfair Game" by

# PLACES TO WORSHIP

## EPISCOPAL

- **The Episcopal Church of the Redeemer.** Service time is 9:30 with Holy Communion. Coffee hour following services. Newcomers welcome. Call 453-5664 or e-mail [redemer1895@aol.com](mailto:redemer1895@aol.com) Web site: [redeemeravon.com](http://redeemeravon.com). The church is at 839 Howe's Way, Avon Park (two miles north of Sun 'N Lake Boulevard, across from Wells Dodge.)
- **St. Agnes Episcopal Church,** 3840 Lakeview Drive, Sebring, FL 33870. Sunday Services: Holy Eucharist Rite I - 7:45 a.m., Holy Eucharist Rite II - 10 a.m. Midweek service on Wednesday at 6 p.m. Sunday School for all ages at 9 a.m. The nursery is open 8:45 a.m. until 15 minutes after the 10 a.m. service ends. Wednesday: Adult Bible study, 9:30 a.m. Visitors are always welcome. The Rev. Jim Kurtz, rector. Church office 385-7649, for more information.
- **St. Francis of Assisi Episcopal Church,** 43 Lake June Road, Lake Placid, FL 33852. Phone: 465-0051. Rev. Elizabeth L. Nelson, Rector. Sunday Worship, 8 a.m., 10:30 a.m. and 6 p.m. Wednesday evening: Holy Communion with Healing Service, 6 p.m. Child care available at the 8 a.m. and 10:30 a.m. Sunday service. Come see what makes us different.

## GRACE BRETHREN

- **Grace Brethren Church,** 3626 Thunderbird Road, (863) 835-0869. Dr. Randall Smith, senior pastor. Sunday services at 9 a.m., 10:45 a.m. and 6 p.m.; Wednesday services at 7 p.m. We offer "Kid City" Children's Ministry throughout all services, and there are various other classes for teens, married couples, "prime-timers," and Bible studies in Spanish. "Kid City" Day Care, Preschool and After-School Monday-Friday: 7 a.m.-6 p.m. (For registration call: 385-3111). Check us out on the Web at [www.sebring-grace.org](http://www.sebring-grace.org).

## INTERDENOMINATIONAL

- **World Harvest and Restoration Ministries,** (non-denominational) 2200 N. Avon Blvd., Avon Park, FL 33825. Phone: 452-9777 or 453-3771. Sunday service: Sunday School, 10 a.m. and worship, 11 a.m. Wednesday services: 7 p.m. prayer meeting/Bible study. Pastor: W.H. Rogers.

## LUTHERAN

- **Atonement Lutheran Church (ELCA),** 1178 S.E. Lakeview Drive., Sebring. David Thoresen, Deacon, Spiritual Leader, on first, third and fifth Sunday each month, and Rev. Jefferson Cox on the second and fourth Sunday of each month. Jim Helwig, organist/choir director. Worship service at 9:30 a.m.; Holy Eucharist is every Sunday. Coffee hour on the first and third Sunday of each month. Council meeting on the first Monday of month; Ladies Group WELCA meets at noon second Monday of month with lunch. Bring a dish to pass. Church Vegetable Garden Club meets as needed. Labyrinth Prayer Garden open seven days a week to congregation and community. Like to sing? Come join the choir. Visitors always

welcome. Come grow with us. Phone 385-0797.

- **Christ Lutheran Church Avon Park – LCMS,** 1320 County Road 64, 1/2 mile east of Avon Park High School. Sunday Divine Worship is at 10 a.m. Holy Communion is celebrated every week with traditional Lutheran Liturgy, hymns and songs of praise. Fellowship time with coffee and refreshments follows worship. Come worship and fellowship with us. For information call Pastor Scott McLean at 471-2663 or see [christlutheranavonpark.org](http://christlutheranavonpark.org).

- **Faith Lutheran Church – LCMS,** 2740 Lakeview Drive, Sebring. Church phone: 385-7848, Faith Child Development Center, 385-3232. Rev. Gary Kindle, pastor. Traditional Worship service, 8 a.m. Sunday; Sunday Praise Worship Service, 10:30 a.m. Communion is served the first, third and fifth Sunday of the month. Sunday school and Bible classes: 9:15 a.m. Sunday. Worship service is broadcast at 8 a.m. on WITS 1340 AM each Sunday. Educational opportunities include weekly adult Bible studies. Faith's Closet Thrift Store (385-2782) is open from 10 a.m. to 2 p.m. Tuesday through Friday and 9 a.m. to noon Saturday. All are warmly welcome in the Family of Faith.

- **Good Shepherd Lutheran Church (AALC) American Association of Lutheran Churches,** 4348 Schumacher Road, Sebring, one mile west of Wal-Mart. James Weed, pastor. Worship Service, 10:30 a.m. Sunday. Bible Study, 9 a.m. Nursery provided. Social activities: Choir, Missions, Evangelism. Phone 385-1163.

- **New Life Evangelical Lutheran Church,** 3725 Hammock Road, a Congregation of the Evangelical Lutheran Synod (ELS) in fellowship with the Wisconsin Evangelical Lutheran Synod (WELS). Sunday Worship at 10 a.m.; Bible Study, 9 a.m. For more information, call Pastor Brian Klebig at 385-2293 or visit the Web site at [www.newlife-sebring.com](http://www.newlife-sebring.com).

- **Resurrection Lutheran Church - ELCA,** 324 E. Main St., Avon Park. Pastor: Rev. John C. Grodzinski. Sunday service at 9:30 a.m. Sunday school will resume in the fall. Coffee and fellowship hour follow the service. Midweek Fragrance Free Wednesday worship, (year round) 7 p.m. Office phone number is 453-6858.

- **Trinity Lutheran Church - LCMS,** 25 Lakeview St., Lake Placid, FL 33852; 465-5253. The Rev. Richard A. Norris, pastor; Susan C. Norris, Trinity Tots Pre-School director; and Noel Johnson, minister of youth and family life. Worship schedule after Easter through December: Worship service 10 a.m., and Education Hour, 8:45 a.m. Worship schedule for January through Easter: Worship service, 8:30 and 11 a.m., Education Hour 9:45 a.m. Traditional Service with Holy Communion each first and third Sunday. Non-Traditional Service each second, fourth and fifth Sunday. Seasonal mid-week services Wednesday evenings during Lent and Advent. Call church office for additional Worship times and special holiday services. Other activities and groups include: Choirs; Ladies Guild and LWML; Men's Fellowship Group, Small Group Bible Studies as scheduled; Trinity Tots Pre-school, Youth Group activities (call for meeting times and dates). Visit us online at:

[www.Trinitylutheranlp.com](http://www.Trinitylutheranlp.com).

## NON-DENOMINATIONAL

- **Bible Fellowship Church,** 3750 Hammock Road, Sebring, FL 33872. Sunday: American Sign Language: First Worship sermon, songs signed first and second Worship services. First Worship service, 9 a.m.; Second Worship service, 10:45 a.m. Nursery (up to 2 years old) and Sunday school classes both hours. BFC Youth, 6 p.m.; Evening Service, 6:30 p.m. Wednesday: Children ages 4 years through fifth grade, 6 p.m.; Youth, 6-7:30 p.m.; Prayer time, 6:15 p.m. Todd Patterson, pastor; Andy McQuaid, associate pastor. Web site [www.bfcsebring.com](http://www.bfcsebring.com). Church office 385-1024.

- **Calvary Church,** 1825 Hammock Road, Sebring, FL 33872; 386-4900. An independent community church. Sunday morning worship, 10 a.m.; Bible study, 11:15 a.m.; Sunday evening service, 6 p.m.; Wednesday Prayer and Bible Study, 6:30 p.m. Pastor Lester Osbeck. A small friendly church waiting for your visit.

- **Christian Training Ministries Inc.,** on Sebring Parkway. Enter off County Road 17 on Simpson Avenue. Sunday service is at 10 a.m.; Wednesday Bible study at 7 p.m. A nursery and children's church are provided. The church is part of Christian International Ministries Network, a full gospel, non-denominational ministry. Linda M. Downing, minister: Phone, 314-0482, [lindadowning@live.com](mailto:lindadowning@live.com). Casey L. Downing, associate minister: Phone, 385-8171, [caseydowning@hotmail.com](mailto:caseydowning@hotmail.com). Web site is [www.ctmforme.com](http://www.ctmforme.com)

- **Grace Bible Church,** 4541 Thunderbird Road, (second church on left) Sebring, FL 33872. Phone, 382-1085. Andrew Katsanis, senior pastor. Saturday Worship, 6:30 p.m. Sunday, 9 and 11 a.m. Tuesday 6 p.m. Grace Bible Academy Adult Investigating Truth; first and third Tuesday, Prayer Gathering, 7:15 p.m.; Wednesday, Children's & Youth Programs, 6 p.m.; Wednesday, 8:30 p.m., College Ministry. [www.GBCconnected.org](http://www.GBCconnected.org)
- **Highlands Community Church,** a casual contemporary church, meets at 3005 New Life Way. Coffee at 9:30 a.m.; Worship at 10 a.m. Nursery and Kid's World classes. Small groups meet throughout the week. Church phone is 402-1684; Pastor Bruce A. Linhart.

- **The Lord's Sentinel Fellowship Church,** 148 E. Interlake Blvd., Lake Placid (at Lake Placid Christian School), Pastor Juanita Folsom. Sunday morning service, 10:30 a.m.; Monday, Sentinel School of Theology, 7 p.m.; Church service, Tuesday, 7 p.m. More information at [www.juanitafolsomministries.com](http://www.juanitafolsomministries.com).

- **Union Congregational Church,** 106 N. Butler Ave., Avon Park, FL 33825. Sunday worship services are at 8:45 a.m. and 10:45 a.m. in the Millennium Church. Sunday school for all ages is at 9:15 a.m. We also offer a Saturday service at 6 p.m. with Pastor Tiger Gullett in the Millennium Church. Nursery/child care is available for all services. Senior Pastor is Bill Breylinger. Office: 453-3345. Web page at [www.weareunion.org](http://www.weareunion.org). All teachings are taken from the Manufacturer's Handbook - The Holy Bible. Come join us.

- **Unity Life Enrichment Centre,** new location, 10417 Orange Blossom Blvd. S., Sebring, FL 33875; 471-1122; e-mail [unity@vistanet.net](mailto:unity@vistanet.net). Web site, [www.unityofsebring.org](http://www.unityofsebring.org). 10:30 a.m. Sunday Celebration Service, Nursery and Children's Church. Weekly Classes, Christian Bookstore and Cafe, Prayer Ministry, Life Enrichment Groups. Rev. Andrew C. Conyer, senior minister transforming lives from ordinary to extraordinary.

- **The Way Church,** 1005 N. Ridgewood Drive, Sebring. Sunday school and worship service at 9 a.m. and 10:30 a.m. Youth activities, 6:30 p.m. Wednesdays. The Way is a church family who gathers for contemporary worship, teaching of God's Word, prayer and fellowship. Come early and stay after for fellowship time. Child care and children's church are provided. Reinhold Buxbaum is pastor. The Way – A place for you. Office Phone:471-6140, Church Cell Phone:381-6190. Email: [thewaychurch@hotmail.com](mailto:thewaychurch@hotmail.com). Web site: [www.TheWayChurch.org](http://www.TheWayChurch.org)

## PRESBYTERIAN

- **Covenant Presbyterian Church (PCA),** 4500 Sun 'N Lake Blvd., Sebring, 33872-2113. A Congregation of the Presbyterian Church in America. Sunday morning worship: Informal service, 8 a.m.; traditional service, 10:30 a.m.; Sunday school, 9:15 a.m.; evening service, 6:30 p.m. Wednesday evening Prayer Meeting, 6 p.m.; Children's/Youth Group, 5:30-7 p.m.; choir practice, 7:15 p.m. Phone: 385-3234; Fax: 385-2759; e-mail: [covpres@strato.net](mailto:covpres@strato.net); Web site: [www.cpcsebring.org](http://www.cpcsebring.org). Rev. W. Darrell Arnold, pastor. Office hours: 8:30-12:30 a.m. Monday-Friday.

- **First Presbyterian Church ARP,** 215 E. Circle St., (two entrances on LaGrande), Avon Park, FL 33825. Phone: 453-3242. The Rev. Robert Johnson is the pastor. Sunday School, 9:15 a.m.; Sunday Worship, 10:45 a.m.; Wednesday Bible study, 10:30 a.m.; Potluck dinner, 6 p.m. third Wednesday; choir practice, 6:30 p.m. each Wednesday; Mary Circle business meeting, 1 p.m. second Wednesday; Sarah Circle business meeting, 4 p.m. second Thursday; Women's Ministries Combined Bible study, 4 p.m. third Thursday. Be a part of a warm, caring church family with traditional services, following biblical truth.

- **First Presbyterian Church, ARP,** 319 Poinsettia Ave., Sebring, FL 33870. 385-0107. Sunday School, all ages, 9:30 a.m.; Worship Service, 11 a.m.; Tuesday: Grief Support Group, 1 p.m.; Youth Group (middle and high school), 3:30-6:30 p.m.; Wednesday: Adult Bible Study, 10:30 a.m.; Choir Rehearsal, 5:30 p.m. Nursery available during worship. Call the church office for more information and other classes. Rev. Darrell A. Peer, pastor.

- **First Presbyterian Church, ARP,** [www.fpclp.com](http://www.fpclp.com), 118 N. Oak Ave., Lake Placid, 465-2742. The Rev. Ray Cameron, senior pastor; the Rev. Drew Severance, associate pastor. Sunday morning traditional worship is at 9-10 a.m. in the sanctuary; contemporary worship is from 11 a.m. to noon. Sunday school classes for adults and children will be 10:10-10:50 a.m. in the educational building. Call the

church office for more information about the classes offered. Nursery is provided for babies and toddlers; while young children up to second grade have a special Children's Church offered during the worship service to help them grow in their spiritual knowledge.

- **Spring Lake Presbyterian Church (USA),** 5887 U.S. 98, Sebring, FL 33876. Sunday School, 9 a.m.; Worship Service, 10 a.m. Session meets at 6:30 p.m. the second Thursday of the month, September through June. Board of Deacon's meet at 5:30 p.m. first Monday of the month. Choir rehearses at 7 p.m. each Wednesday, September through April. Presbyterian Women meet at 10 a.m. the third Thursday of the month. Organist: Richard Wedig. Choir Director: Suzan Wedig. Church phone, 655-0713; e-mail, [springlakepc@embarqmail.com](mailto:springlakepc@embarqmail.com), Web site, <http://slpc.embarqspace.com>.

## SEVENTH-DAY ADVENTIST

- **Avon Park Seventh-day Adventist Church,** 1410 West Avon Blvd., Avon Park. Phone: 453-6641 or e-mail: [avonparksda@embarqmail.com](mailto:avonparksda@embarqmail.com), Sabbath School, 9:30 a.m. Saturday. Church Service 10:45 a.m. Saturday. Wednesday prayer meeting 7 p.m. Community Service hours on Tuesday and Thursday is from 9:00 a.m. till 2 p.m. A sale takes place the first Sunday of each month. Senior Pastor Paul Boling. Walker Memorial Academy Christian School offering education for kindergarten through 12th grades. ALL ARE WELCOME. Website is [www.discoverjesus.org](http://www.discoverjesus.org)

- **Sebring Seventh-Day Adventist Church,** 2106 N. State Road 17, Sebring; 385-2438. Worship Services: 9:15 a.m. Worship hour, 11 a.m. Prayer meeting, Tuesday, 7:15 p.m. Community service: every Monday 9-11 a.m. Health Seminar with Dr. Seralde, every Friday, 10:00 a.m. Pastor Amado Luzbet.

## THE CHURCH OF LATTER DAY SAINTS

- **The Church of Jesus Christ of Latter Day Saints,** 3235 Grand Prix Dr., Sebring, FL 33872; (863) 382-9092 Steve Austin, Bishop; Mark Swift, 1st Counselor; Del Murphy, 2nd Counselor. Family History Center (863) 382-1822. Sunday Services: Sacrament Meeting, 10-11:10 a.m.; Gospel Doctrine, 11:20 a.m. to noon; Priesthood/Relief Society, 12:10-1p.m.; Primary for children, 11:15 a.m. to 1 p.m.; Youth Activities: Wednesdays, 7-8:20 p.m. Scouts: first and third Wednesday, 7-8:20 p.m. Activity Days: 8-11 yr old Boys and Girls, second and fourth Wednesdays, 7-8:20 p.m.

## THE SALVATION ARMY

- **The Salvation Army – Center for Worship.** Sunday: Sunday School, 9:45 a.m.; Holiness meeting, 11 a.m.; and Praise meeting and lunch, noon. Tuesday: Bible study, 6:30 p.m.; and Women's Ministries, 7 p.m. Wednesday: Youth Ministries, 4 p.m. All meetings are at 120 N. Ridgewood Ave., Sebring. For more information, visit

Michael Lewis (W.W. Norton)

4. "Sarah's Key" by Tatiana de Rosnay (St. Martin's Griffin)
5. "The Sixth Man" by David Baldacci (Grand Central Publishing)
6. "Cutting for Stone" by Abraham Verghese (Vintage)
7. "The Immortal Life of Henrietta Lacks" by Rebecca Skloot (Broadway)
8. "Don't Blink" by James Patterson (Grand Central Publishing)
9. "Cleopatra" by Stacy Schiff (LB/Back Bay)
10. "Room" by Emma Donoghue (LB/Back Bay)
11. "One Day" by David Nicholls (Vintage)
12. "Outliers: The Story of Success" by Malcolm Gladwell (LB/Back Bay)
13. "Freedom: A Novel" by Jonathan Franzen (Picador)
14. "The Zombie Survival Guide: Complete Protection from the Living Dead" by Max Brooks (Three Rivers)
15. "Dead or Alive" by Tom Clancy and Grant Blackwood (Berkley)

the Web site [www.salvationarmy-sebring.com](http://www.salvationarmy-sebring.com) or call Major Bruce Stefanik at 385-7548, ext. 110.

## UNITED METHODIST

- **First United Methodist Church,** 105 S. Pine St., Sebring, FL 33870. The Rev. A.C. Bryant, pastor. Traditional Worship Service at 8:10 and 10:50 a.m. in the sanctuary, Contemporary Worship in the FLC at 9:30 a.m. Sunday School at 9:30 and 10:30 a.m. Methodist Youth Fellowship at 5:30 p.m. Sundays with Rick Heilig, youth director. The 10:55 a.m. Sunday worship service is broadcast over WITS 1340 on AM dial. There is a nursery available at all services.

- **First United Methodist Church,** 200 South Lake Avenue, Avon Park, FL 33825. (863) 453-3759, R. James Weiss, Pastor, Sunday School - 9 a.m., Worship - 10:30 a.m. Bible study third Tuesday of every month at 6 p.m. Prayer Shawl Ministry on the second and fourth Friday of the month at 2 p.m. for women who love God and crocheting. Visit us at our church Web site: [www.fumcap.org](http://www.fumcap.org).

- **Memorial United Methodist Church,** 500 Kent Ave., (overlooking Lake Clay) Lake Placid, FL, 33852. The Rev. Fred Ball, pastor. Claude H.L. Burnett, pastoral assistant. Sunday schedule: Heritage Worship Service, 8:30 a.m.; Sunday School for all ages, 9:30 a.m.; Celebration Worship Service at 10:45 a.m.; New Song worship service at 10:45 a.m. Loving nursery care provided every Sunday morning. Youth Fellowship, 5 p.m. Bible Fellowship Class, 6 p.m. (October-May only). We offer Christ-centered Sunday school classes, youth programs, Bible studies, book studies and Christian fellowship. We are a congregation that want to know Christ and make Him known. Call the church office at 465-2422 or check out our church Web site at [www.memorialumc.com](http://www.memorialumc.com).

- **St. John United Methodist Church,** 3214 Grand Prix Drive, Sebring, FL 33872. The Rev. Ronald De Genaro Jr., Pastor. Sunday School, 9:30 a.m.; Sunday Morning Worship, 8 a.m., 9:30 a.m. and 11 a.m. Nursery provided for all services. Phone 382-1736. [www.stjohnsebring.org](http://www.stjohnsebring.org)

- **Spring Lake United Methodist Church,** 8170 Cozumel Lane, (Hwy 98) Sebring. The Rev. Clyde Weaver Jr., Pastor. Worship service starts at 9:55 a.m. Bible Study meets at 10:00 a.m. on Tuesday. Choir Practice at 4:00 p.m. on Thursday. Church office phone: 655-0040.

## UNITED CHURCH OF CHRIST

- **Emmanuel United Church of Christ,** where God is still speaking. 3115 Hope Street, Sebring, FL 33875 (1.8 miles west of U.S. 27 and Hammock Road). Sunday worship, 9:30 a.m.; Communion with worship first Sunday of month; Chapel Communion, 8:45 a.m. all other Sundays. All are welcome to receive the sacrament. For more information, call the church office at 471-1999 or e-mail [eucc@earthlink.net](mailto:eucc@earthlink.net) or check the Web site [sebringemmanuelucc.com](http://sebringemmanuelucc.com). No matter who you are or where you are on life's journey, you're welcome here.

# SENIOR SCENE

## Picture highlights: Memories of our lives

For the last year I have been sorting pictures to distribute to family members who would want to keep them, to use an euphemism, "after I am gone." Yes, I did say for the last year because there are a lot of pictures and besides I am slow.



**Pearl's Pearls**  
Pearl Carter

Slow because I am not just piling them together and throwing them away. It's the same reason that it takes me so long to throw things out, because I do not just discard. First I move them someplace else to look over. I go to that pile and sort. These I keep. These are for Matt or David. These go to my cousin; she is the last of the Freitags except me. I have to stop to look at the different pictures of the 13 Freitag cousins. Each brings up a sweet memory and I have to stop and savor that past time.

This project started last November 2010 when I made posters with picture highlights of our lives for our big celebration that would take place January 2011. I choose January for the triple celebration because northern friends and relatives would be in Florida. This triple celebration was for Ed's 95th birthday in September, my 90th in April and our 45th wedding anniversary in September.

I used pictures that were representative of our lives: our baby pictures, wedding pictures, motorcycle picture, friends, relatives (I even included our first spouses) and family photos. This pile was of the Kaphans. Another pile was friends - his, mine

and ours (I am very well organized).

Four hours later, after sitting with the magnifying glass to see who is who, talking to myself out loud - "I cannot remember her name" and "Oh, how cute Stephen was" and "is this Stephen or Mathew?" (yes, that is the correct spelling of Mathew. His father did not know how to spell the name when he filled out the birth certificate so there is only one T). "I didn't remember how much alike they looked."

So with pictures spread out all over the kitchen counter I had to stop to make room to prepare supper. The piles of pictures were then transported a pile at a time to my bedroom double dresser. At this point I had not thrown any pictures away, not even the duplicates

In the better light of the bedroom I go back to the pictures and reluctantly throw away those that I cannot identify. The next morning I go to the waste basket and take out the discarded pictures.

Then in the manner of Deepak Chopra I decided to sit with the unidentified pictures and meditate. Placing the picture against my forehead I try to clear my mind of any extraneous thoughts.

I would like to tell you that I recalled some of the people but it would be a lie. However it was a wonderful method of meditating. I had discovered a whole new exercise and in the future, if I am ever finished with this sort-

ing, I am going to practice this method and ... but I digress ... back to the subject of pictures

This process went on for the next two months and my two posters grew to four, but they looked great and were a focal point that everyone looked at. They were of particular enjoyment to my remaining family and a few old friends whose pictures were on the boards. I never saw such pleasure on the face of oldsters as when they looked at pictures of themselves when they were younger or even infants.

Well the party is over and the sound of the orchestra playing "our" song, "Trailer For Sale or Rent," has faded away. The posters were propped against the couches for about a month. I couldn't bear to disassemble or discard them. What to do? How to keep the memory alive and fresh? I know, I'll write about them. And about this picture taken in 1941 of the Tower Inn two miles from Fort Belvoir during World War II. That will be the next column. (I promise.) Maybe I'll make a series of articles from pictures ... but I digress.

In the meantime, I turned them face in and wrapped them around with saran wrap and stored them behind the file cabinet where my other canvases are. When it comes time for our funeral they will be all ready and no one will have to hunt around for a display.

*Pearl Carter is writer, poet and a Lake Placid resident. E-mail her at [timely87@comcast.net](mailto:timely87@comcast.net).*

## Former Chief Justice doesn't stray far from his roots

Jim Alderman of Fort Pierce has led an unusual dual life. A rancher at heart, he is a sixth generation Floridian from a heritage family with 180 years in ranching and farming. In 2001-02, he accepted a leadership position in the cattle industry as president of the Florida Cattleman's Association. As a lawyer, he became a judge, culminating his law career with an appointment by former Governor Reuben Askew as a Justice on the Florida Supreme Court (1978-85) and served as Chief Justice from 1982-84. He was the 67th Justice of the Court.

Alderman is honored with the distinction of being the only judge to serve on all four levels of the Florida Court System.

However, Alderman's outstanding accomplishments in law do not overshadow his deep roots in the history of the Florida cattle industry. In the 1830s, James Alderman, Jim's great-great-grandfather, was the first of his family to migrate from Georgia to North Florida where he and his family remained until the end of the Second Seminole Indian War (1835-1842). After a few years, the Aldermans left North Florida and settled in what is now Manatee County.

"James Alderman's son, William, is my great-grandfather, born in 1828. After the Civil War, he and his family moved to the lower Kissimmee River Valley at Micco Bluff north of Basinger, where he died in 1893," Alderman said.



Courtesy photo

**Jim Alderman, former Chief Justice of the Florida Supreme Court, doesn't let his outstanding accomplishments in law overshadow his deep roots in the history of the Florida cattle industry.**

"My grandfather, B.E. Alderman Sr. 'Teet,' moved with his family in 1908 from Basinger to Fort Pierce. In the late 1930s, he purchased several thousand acres, 20 miles west of Fort Pierce on the St. Lucie Okeechobee County line. He moved his herd of cracker cattle from the open range to his newly purchased land. When my grandfather first bought the property, Seminole Indians lived on the land and remained there until the last one moved in the 1960s. Sam Jones was the patriarch of the family. He had several children that all worked on the ranch during round-ups. They lived in traditional chickees with an elevated platform for preparation of food and slept under a thatched palmetto roof. Another group of Seminoles lived a short distance away at Cow Creek," adds Alderman.

"When round-up time came, cowboys spent the night on the range in a cow camp under a small shelter with a table to eat on. The camp cook cooked biscuits,

beans, rice, and on the first day of camping, they killed a yearling for beef. The cowmen slept on a platform with a mosquito net over their bedrolls. Commuting to and from the ranch was not an option for us cowboys. It wasn't until the late 1940s that Orange Avenue, the road from Fort Pierce, was paved past the ranch.

"My grandfather, 'Teet,' was the brother of Crissy Durrance, my great aunt. His wife, Dolly Parker, is my grandmother. My cousins are the Bass' of Basinger. Dolly Parker's father, Reading Blount Parker, was born in 1849. His father, Streaty Parker (1823-1884), moved from North Carolina to Columbia County and had a reputation as an Indian fighter during the Third Seminole Indian War," explains Alderman.

*Excerpts from new book now available: 'The Legacy of the Florida Pioneer 'Cow Hunters' - In Their Own Words,' by Nancy Dale. For personal inscription or to order a book visit [www.nancydalephd.com](http://www.nancydalephd.com) or call 214-8351.*

Do you want to rediscover

Introducing new Wi Series hearing aids by Starkey.



your favorite sounds?



American owned and operated since 1967.



Sleek, discreet design



Designed to enhance hearing in noise.

If you struggle hearing comfortably and clearly in noise, Wi Series can help. Featuring Voice iQ, Starkey's latest noise reduction and speech preservation system, Wi Series is designed to deliver more clarity and reduce listening effort\*, even in the noisiest environments.

Designed to enhance TV & radio listening.

Wi Series can also wirelessly stream stereo sound directly from your TV, radio or computer to your hearing aids, like headphones. Now you don't have to crank up the volume to hear it in your hearing aids.

Do you have trouble hearing tv?

Wi Series' advanced features are designed to:

- Reduce listening effort in noisy environments\*
- Not whistle or buzz
- Improve listening to music and TV
- Provide 100% resistance to water, humidity, perspiration and corrosion
- Help phone calls sound better
- Fit comfortably, designed for your ears



500 channels. No fighting over the volume.



With Wi Series, you control the volume of your TV in your hearing aid. Imagine how happy that will make everyone else in the room.



130 S. Commerce Ave., Sebring FL  
863-365-3497  
Mon-Fri 9am-4pm, Closed Wednesdays



# SCHOOL MENUS

Breakfasts and lunches being served in the Highlands County School District for the upcoming week of Oct. 10-14 include:

## HIGH SCHOOLS

### Tuesday

Breakfast — Chicken biscuit, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, cheese filled breadstick, applesauce, assorted fresh fruit, assorted juice, chocolate milk, white milk, strawberry milk.

Lunch — Baked chicken, dinner roll, chicken patty on bun, Mama Sofia's cheese pizza, Mama Sofia's pepperoni pizza, ham sub meal, turkey sub meal, dill stack, Peanut Butter and Jelly sandwich meal, turkey Cobb salad plate, mashed potatoes, chicken gravy, green beans, carrots and dip, President's Smart cookie, cut fresh fruit, assorted fresh fruit, assorted juice, chocolate milk, white milk, strawberry milk.

### Wednesday

Breakfast — Breakfast pizza, hash brown patty, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, cheese filled breadstick, apricot cup, assorted fresh fruit, assorted juice, chocolate milk, white milk, strawberry milk.

Lunch — Turkey enchiladas, salsa, tacos, taco toppers, yellow rice, hot and spicy chicken sandwich, Mama Sofia's cheese pizza, Mama Sofia's pepperoni pizza, ham sub meal, turkey sub meal, dill stack, PBJ sandwich meal, chef salad meal, baked buffalo chips, tossed salad, black beans, fruit cocktail cup, dried blueberries, assorted fresh fruit, assorted juice, chocolate milk, white milk, strawberry milk.

### Thursday

Breakfast — Breakfast burrito, hash brown patty, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, cheese filled breadstick, diced peaches, assorted fresh fruit, assorted juice, chocolate milk, white milk, strawberry milk.

Lunch — Turkey and gravy, egg noodles, dinner roll, burger, cheeseburger, chicken patty on bun, Mama Sofia's cheese pizza, Mama Sofia's pepperoni pizza, ham sub meal, turkey sub meal, dill stack, PBJ sandwich meal, grilled chicken salad plate, broccoli, cooked carrots, Colby Jack cheese stick, apple crisp, cut fresh fruit, assorted fresh fruit, assorted juice, chocolate milk, white milk, strawberry milk.

### Friday

Breakfast — Chocolate chip waffle stick, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, string cheese, strawberry cup, assorted juice, assorted fresh fruit, diced peaches, chocolate milk, white milk, strawberry milk.

Lunch — Chicken tenders, dinner roll, tacos, taco toppers, salsa, Mama Sofia's cheese pizza, Mama Sofia's pepperoni pizza, chicken patty on bun, PBJ sandwich meal, ham sub meal, turkey sub meal, dill stack, chef salad meal, baked french fries, corn, carrots and dip, string cheese, chocolate chip cookie, diced peaches, assorted fresh fruit, assorted juice, chocolate milk, white milk, strawberry milk.

## ACADEMY SCHOOLS

### Tuesday

Lunch — Baked chicken, dinner roll, mashed potatoes, chicken gravy, green beans, President's Smart cookie, assorted juice, assorted fresh fruit, chocolate milk, white milk, strawberry milk.

### Wednesday

Lunch — Turkey enchiladas, salsa, yellow rice, baked buffalo chips, tossed salad, fruit cocktail cup, assorted juice, chocolate milk, white milk, strawberry milk.

### Thursday

Lunch — Turkey and gravy, egg noodles, dinner roll, broccoli, apple crisp, cut fresh fruit, assorted juice,

chocolate milk, white milk, strawberry milk.

### Friday

Lunch — Chicken tenders, dinner roll, Sun Chips, carrots and dip, diced peaches, chocolate chip cookie, assorted juice, chocolate milk, white milk, strawberry milk.

## MIDDLE SCHOOLS

### Tuesday

Breakfast — Chicken biscuit, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, cheese filled breadstick, applesauce, assorted fresh fruit, assorted juice, chocolate milk, white milk, strawberry milk.

Breakfast on the Patio: Chicken biscuit, assorted juice, chocolate milk, white milk, strawberry milk.

### Wednesday

Breakfast — Breakfast pizza, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, cheese filled breadstick, apricot cup, assorted fresh fruit, assorted juice, chocolate milk, white milk, strawberry milk.

Breakfast on the Patio: Breakfast pizza, assorted juice, chocolate milk, white milk, strawberry milk.

### Thursday

Breakfast — Breakfast burrito, hash brown patty, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, cheese filled bread-

stick, diced peaches, assorted fresh fruit, assorted juice, chocolate milk, white milk, strawberry milk. Breakfast on the Patio: Chicken biscuit, assorted juice, chocolate milk, white milk, strawberry milk.

Lunch — Turkey and gravy, egg noodles, dinner roll, burger, cheeseburger, chicken patty on bun, ham sub meal, turkey sub meal, dill stack, PBJ sandwich meal, grilled chicken salad plate, broccoli, cooked carrots, Colby Jack cheese stick, apple crisp, cut fresh fruit, assorted fresh fruit, assorted juice, chocolate milk, white milk, strawberry milk.

### Friday

Breakfast — Chocolate chip waffle stick, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, string cheese, strawberry cup, assorted juice, assorted fresh fruit, chocolate milk, white milk, strawberry milk.

Lunch — Mama Sofia's pepperoni pizza, Mama Sofia's cheese pizza, chicken tenders, dinner roll, ham sub meal, turkey sub meal, dill stack, chef salad meal, PBJ sandwich meal, carrots and dip, corn, string cheese, chocolate chip cookie, diced peaches, assorted fresh fruit, assorted juice, chocolate milk, white milk, strawberry milk.

## ELEMENTARY SCHOOLS

### Tuesday

Breakfast — Breakfast burrito, hash brown patty, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, cheese filled breadstick, applesauce, assorted fresh fruit, apple juice, orange juice, fruit blend juice, chocolate milk, white milk, strawberry milk.

Breakfast in the Classroom: Blueberry/sausage pancake, strawberry cup, chocolate milk, apple cinnamon toast, peach cup.

Lunch — Baked chicken, dinner roll, Uncrustable Peanut Butter and Jelly sandwich, ham chef salad, scalloped potatoes, corn cobbettes, raisins, very berry

juice bar, apple juice, orange juice, fruit blend juice, chocolate milk, white milk, strawberry milk.

### Wednesday

Breakfast — Chicken biscuit, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, cheese filled breadstick, apricot cup, assorted fresh fruit, apple juice, orange juice, fruit blend juice, chocolate milk, white milk, strawberry milk.

Breakfast in the Classroom: Apple cinnamon toast, peach cup, chocolate milk, blueberry sausage pancake, strawberry cup.

### Thursday

Breakfast — Breakfast pizza, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, cheese filled breadstick, peach cup, assorted fresh fruit, apple juice, orange juice, fruit blend juice, chocolate milk, white milk, strawberry milk.

Breakfast in the Classroom: Breakfast fritata, orange juice, Blueberry Ultimate Breakfast Round, fresh apple slices.

### Friday

Breakfast — Maple waffle stick, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, string cheese, strawberry cup, assorted fresh fruit, apple juice, orange juice, fruit blend juice, chocolate milk, white milk, strawberry milk.

Classroom: Blueberry Ultimate Breakfast Round, fresh apple slices, chocolate milk.

Lunch — Cheeseburger, dill stack, Uncrustable PBJ sandwich, turkey chef salad, potato puffs, carrots and dip, glazed berries and cherries, very berry juice bar, apple juice, orange juice, fruit blend juice, chocolate milk, white milk, strawberry milk.

## KINDERGARTEN LEARNING CENTER

### Tuesday

Lunch — Baked chicken, dinner roll, Uncrustable Peanut Butter and Jelly sandwich, scalloped potatoes, corn cobbettes, raisins, chocolate milk, white milk,

strawberry milk.

### Wednesday

Lunch — Macaroni and cheese, dinner roll, Uncrustable PBJ sandwich, broccoli, carrots and dip, banana, chocolate milk, white milk, strawberry milk.

### Thursday

Lunch — Turkey and gravy, egg noodles, dinner roll, Uncrustable PBJ sandwich, mixed vegetables, ice cream sandwich, diced peaches, chocolate milk, white milk, strawberry milk.

### Friday

Lunch — Cheeseburger, dill stack, Uncrustable PBJ sandwich, potato puffs, carrots and dip, glazed berries and cherries, chocolate milk, white milk, strawberry milk.

**Lil' Wizard Academy of Sebring**  
 Now accepting new enrollments!  
 Monday-Friday | 6:30am to 6pm  
 Ages 6 weeks - 12 years.  
 Educating our Children!  
 204 S. Commerce Ave., Downtown Sebring  
 863-314-8639  
 Se Habla Espanol | Lic# C10H10537

**Ike Lee, M.D.**  
 Internal Medicine  
 • Former Director of Geriatrics at Mt. Sinai Hospital  
 • Graduate of Northwestern Medical School of Geriatric Fellowship  
 • Graduate of University of Illinois Medical School  
 PROVIDER  
 • Medicare  
 • Blue Cross / Blue Shield  
 Accepting New Patients  
**402-0909**  
 3101 Medical Way, Sebring

## CROSSWORD SOLUTION

A	L	T	O	W	H	I	M	S	B	I	R	T	H	L	A	W	N		
D	A	H	L	V	I	N	Y	L	U	T	E	R	O	A	L	E	E		
A	T	E	E	A	N	C	H	O	R	M	A	N	A	G	E	M	E	N	T
M	C	J	O	B	T	E	A	O	M	I	T	S	B	E	S	T	S		
S	H	I	L	L	S	S	T	A	M	E	N	H	M	O	S				
B	E	D	E	W	S	B	E	R	T	H	C	O	N	T	R	O	L		
A	N	I	G	R	O	A	N	E	R	S	E	A	R	S	O	R	Y		
N	O	S	E	B	E	N	I	T	O	D	A	N	O	T	W	I	N		
T	R	U	M	P	I	T	T	C	U	R	S	C	R	E	E	N			
Z	A	P	P	E	R	S	A	C	E	I	N	T	H	E	H	U	L	L	
T	R	O	M	P	A	Y	E	H	A	L	O	S							
S	L	I	P	P	E	R	Y	H	E	L	M	G	Y	M	S	S	U	I	T
C	H	E	E	S	E	E	A	N	A	L	G	P	U	R	G	E			
R	E	F	S	W	I	S	K	B	A	S	I	L	S	P	A	G	E		
A	R	T	S	A	N	E	D	A	R	K	B	E	E	R	N	Y	M		
M	A	S	T	H	Y	S	T	E	R	I	A	A	S	S	I	S	I		
R	U	S	T	M	I	L	L	E	T	E	N	O	U	G	H				
O	R	L	O	N	R	E	B	B	E	Q	I	D	D	I	M	L	Y		
B	U	O	Y	S	W	I	L	L	B	E	B	U	O	Y	S	R	O	A	M
E	L	L	E	E	D	S	E	L	Y	A	N	N	I	E	A	R	N		
Y	E	A	R	B	E	A	M	E	O	L	S	E	N	E	R	E	S		

**FIRST BIRTHDAY!**

**HAPPY BIRTHDAY**

**Lyndsi Abilene**

Love Mommy, Daddy, Jerry, Pop Pop and Grammy Vickie!

Sebring's  
 Benefit for Highlands County Meals on Wheels Programs  
 Avon Park, Lake Placid and Sebring  
 Hosted by:  
 Harder Hall GC

**MEALS ON WHEELS INC.**

**12th Annual Golf Tournament**  
 Nov 5th \* 8 am \* Shotgun Start \* Scramble

**THANK YOU CORPORATE SPONSORS FOR SUPPORTING MEALS ON WHEELS!**

\* The Palms of Sebring \* Thrivent Financial \*  
 \* Keller Williams Realty \* Positive Medical Transport \*  
 \* Bill Jarrett Ford \* Alan Jay Automotive Group \*  
 \* Cohan Radio Group \* News Sun \* Highlands Today \*

**REMEMBER**  
**NEW Registration Deadline: October 28th**  
 • Fee: \$75 per player or \$300 Team  
 • Every registered player receives ... '2' - \$50.00 Gift Cards !!!  
 (That means we pay U to play... have fun in the name of CHARITY !)  
 • Tax Deductible—make your check payable to Meals on Wheels

**HOLE-IN-ONE PRIZE ON EVERY PAR 3**  
 One prize from Alan Jay and MOW's Directors on each Par 3  
 Alan Jay Automotive—New car or Travel or Golf Equip or Visa \$ \$  
 Cohan Radio Group— \$2,000 CASH — Hole #12 only  
 Meals on Wheels Board of Directors — 8 days, 7 nights in Oahu, Hawaii  
 (includes Hotel + Airfare) or 32" Panasonic LCD TV or Nike Irons or \$500 Visa

**\$10,000 Putting Contest .... Limited to 10 players**  
 only 1 ticket per player drawn—extra tickets available to purchase—increase your chances of being drawn

Register today, call 863.492.1818 or go to Sebring Chamber of Commerce or Harder Hall Pro Shop for registration forms.

# CHALK TALK

## Highlands County youth celebrate National 4-H Week

*Special to the News-Sun*  
Oct. 2-8 was National 4-H Week, and Highlands County 4-H youth program celebrated with a Commissioner's Breakfast on Oct. 4 at the Bert J. Harris Ag Center. Local 4-H youth connected with the community by preparing a video on "Revolution of Responsibility" and a breakfast for the county commissioners and other supporters within the county.

In Highlands County, more than 200 members and 70 volunteers are involved in 4-H.

To learn how to become a 4-H member or volunteer leader in Highlands County, call the Highlands County



Courtesy photo  
**Highlands County 4-H youth program celebrated with a Commissioner's Breakfast on Oct. 4 at the Bert J. Harris Ag Center.**

Extension Office at (863) 402-6540.

4-H is a community where more than 6.5 million

young people learn leadership, citizenship and life skills. Learn more about the 4-H adventure at 4-H.org.

The Panther Network is made possible by the combined efforts of Comcast Cablevision and South Florida Community College and may be viewed exclusively on Comcast Cable Channel 6.

### Wednesday

2-2:30 p.m.: Nasa Connect 1  
2:30-3 p.m.: Nasa Connect 2

3-3:30 p.m.: Nasa Connect 3  
3:30-4 p.m.: Nasa Connect 4  
4-4:30 p.m.: Nasa Connect 5  
4:30-5 p.m.: Nasa Connect 6

### Thursday

2-2:30 p.m.: Nasa Connect 7  
2:30-3 p.m.: Nasa Connect 8  
3-3:30 p.m.: Nasa Connect 9  
3:30-4 p.m.: Nasa Connect 10  
4-4:30 p.m.: Nasa Connect 11



**Panther Network**

4:30-5 p.m.: Nasa Connect 12  
www.southflorida.edu



Courtesy photo  
**Sebring Sr. FFA members with their overall Chapter award. The members are flanked by state officers James Sharpe (far left) and Charlie Brown (far right).**

## Sebring FFA hosts Federation Contests

*Special to the News-Sun*  
SEBRING — Sebring High School hosted the Peace-Ridge FFA Federation Contests Oct. 1. The following chapters participated: Sebring Senior, Avon Park Senior, Okeechobee Brahman, Okeechobee Junior, Okeechobee Yearling, Hill-Gustat Middle, Avon Park Middle and Lake Placid Middle.

Federation President Megan Stein presided and during the business session. She was re-elected to serve as 2011-12 president.

The contest results:

**Prepared Public Speaking:** First, Megan Stein, Sebring Senior; Second, Brandon McKee, Okeechobee Senior; Third, Carolanne Lundy, Okeechobee Yearling.

**Extemporaneous Speaking:** First, Megan Stein, Sebring Senior; Second, Mariah Alvarez, Hill-Gustat Middle; Third, Josey Pearce, Okeechobee Yearling.

**Creed Speaking:** First, Jessica Belcher, Sebring Senior; Second, Kristian Dryden, Okeechobee Yearling; Third, Mariah Alvarez, Hill-Gustat Middle.

**Opening and Closing Ceremonies:** First, Sebring Senior; Second, Avon Park High School; Third, Hill-Gustat Middle

**Quiz Bowl:** First, Norma Badillo and Shelby Ball, APHS; Second, Teresa Ware and Jessica Belcher, SHS; Third, Matthew Evans and Julie Sharpe, Okeechobee Junior.

Overall Middle School winner was

### Varga inspires local students



News-Sun photo by SAMANTHA GHOLAR  
**Former NBA player, Chad Varga, high-fives a Sebring High School senior Wednesday morning following his address to the seniors and freshmen. The entire school body assembled in the gymnasium to hear Varga's motivational words regarding peer pressure, teen pregnancy, and abuse and neglect.**

## Lil' Wizards Academy part of Child Care Food Program

*Special to the News-Sun*  
SEBRING — Lil' Wizards Academy, 204 S. Commerce Ave., has announced its participation in the U.S. Department of Agriculture's Child Care Food Program, which is a federally-funded program that reimburses child care providers for serving nutritious meals and snacks to enrolled, eligible children.

Meals will be available at no separate charge to all participants enrolled at this center, regardless of race, color, national origin, sex, age, or disability.

Parents/guardians of children eligible for free and

reduced-price meals must complete an application. Eligibility information includes the name of all household members; income of each household member or household member's Food Assistance Program (formerly known as the Food Stamp Program) case number or Temporary Assistance for Needy Families (TANF) case number; signature of an adult household member; and last four digits of the social security number (SSN) of the adult household member signing the application or an indication that this adult does not have a SSN.

Children who are members of households receiving Food Assistance Program or TANF benefits, children enrolled in Head Start or Early Head Start and foster children are automatically eligible to receive free meal benefits with appropriate documentation.

Children from families whose income is at or below the levels shown on the chart below are eligible for free or reduced-price meals. The policy statement for free and reduced-price meals is on file at the child care center and may be reviewed by any interested party.

Children from families whose income is at or below the levels shown on the chart below are eligible for free or reduced-price meals. The policy statement for free and reduced-price meals is on file at the child care center and may be reviewed by any interested party.

## SFCC Lake Placid Center offers fall community education classes

*Special to the News-Sun*  
LAKE PLACID — South Florida Community College's Community Education Department is offering a variety of classes this fall at the SFCC Lake Placid Center.

The Cardio-Fitness class consists of walking aerobics and a mini gym workout for 45 minutes. The class is held Monday, Wednesday, and Friday, 8-9 a.m.

Pilates and Stretch Combo class consists of a 45-minute gym workout. The morning class meets Monday, Wednesday, and Friday, 9-10 a.m. and the evening class meets on Monday, Tuesday, and Thursday, 5:30-6:30 p.m.

Interval Training is a step workout for all fitness levels, using the gym equipment for 45 minutes. The class is held Monday, Tuesday, and Thursday, 4:30-5:30 p.m.

The Cardio-Fitness, Pilates and Stretch Combo, and Interval Training classes run on a continuing monthly basis, and these sessions will be held October 3-31. These classes are taught by Kathy Rouse and offer a high intensity, low-impact aerobic workout with a cardiovascular workout at a controlled level. All classes include the use of stability bars, resistance bands, hand weights, balls, gliders, heavy hoops, and

mats. The registration fee for a four-week morning session is \$38.35. The registration fee for a four-week afternoon session is \$38.35.

Tai Chi is a high intensity strengthening and stretching exercise that has been used by the Chinese for hundreds of years. It is designed to strengthen your body and improve flexibility and balance. The class meets with instructor Karin Grunden on Tuesdays and Thursdays, Oct. 18-Dec. 15, 8-9 a.m. and 9-10 a.m. The cost is \$50.15.

The SFCC Lake Placid Center is also offering clogging classes with instructor Patricia Kules on Mondays, Nov. 7-Dec. 12. Beginning Clogging meets 6:30-7:30 p.m., and Intermediate

Clogging meets 5:30-6:30 p.m. The cost is \$28.50.

Do you need help with your computer? A Windows 7 Training class for beginners will be taught by Shirley Errico, Tuesday and Thursday mornings, Nov. 1-Dec. 8, 8:30-10 a.m., in Room 162. It will provide students with a brief overview of the PC system components, help students recognize and understand the desktop, desktop icons, shortcuts, opening multiple windows and copying files and folders. They will also learn the difference between Basic versus Aero Themes. The cost is \$129.99, and includes a book and jump drive.

To register or for more information, call 465-3003 or 465-5300, ext. 7082.

**Poshe**  
DAY SALON  
www.poshedaysalon.com  
**382-1170**  
**Diane Stahl**  
Owner - Stylist  
Is now accepting 10 new clients in the month of October!

Poshe Day Salon is participating in the Pink Hair Strand with Florida Hospital and will also offer (Pink Feathers) as well as Pink Hair Strands for a \$10 donation to help fight breast cancer.

2365. US 27 S. • Sebring Florida • www.poshedaysalon.com

## Attend the Church of Your Choice!



**Inspirational Thoughts**  
by Patricia Valentine

**What do you do while you wait on God? and How should we wait? Part 2 of 4**

### 7 Keys on how we should wait for our answer prayers:

**Key #1 (Wait with Patience) Reference Scripture Psalm 40:1-4**

Doing God's will sometimes mean waiting patiently. Waiting for God to help us is not always easy, but David received four benefits from waiting:

1. God lifted him out of his despair.
2. God set his feet on a rock.
3. God gave him a firm place to stand.
4. God put a new song of praise in his mouth.

*Sometimes blessings cannot be received unless we go through the trial of waiting.*

**Key #2 (Wait with Courage) Reference Scripture Psalm 27:14**

David knew from experience what it meant to wait for the Lord. He had been anointed king at age 16, but didn't become king until he was 30. David had to wait on God for the fulfillment of his promise to reign. Waiting for God often seems that He isn't answering our prayers or doesn't understand the urgency of our situation. That kind of thinking implies that God is not in control or is not fair. But, God is worth waiting for. Lamentations 3:24-26 calls us to hope in and wait for the Lord because often God uses waiting to refresh, renew and teach us. Make good of your waiting time by discovering what God may be trying to teach you in them.

**Be Blessed!**

*Please support the above businesses. They have made this page possible.*

**Stephenson-Nelson Funeral Home**

4001 Sebring Parkway  
Sebring, 385-0125  
111 E. Circle St.  
Avon Park, 463-3101

Chris T. Nelson  
Craig M. Nelson  
Darin S. MacNeil

**W.W. LUMBER CO.**

"We're More Than Just Lumber"

**COMPLETE**  
Building Supplies

**465-3331**  
Hwy. 27 S. Lake Placid

**WELLS MOTOR COMPANY**

DODGE Jeep  
DODGE CHRYSLER

Established 1931  
1600 US 27 South • Avon Park

**NEWS-SUN**  
Highlands County's Hometown Newspaper Since 1927

THIS SPACE AVAILABLE  
CALL 385-6155, Ext. 502

**Wayne Whitmire**  
Air Conditioning and Electric, Inc.

Residential • Commercial • Mobile Homes  
"Small Enough to Know You...  
Large Enough to Serve You"

**382-8300** Lake Avenue **453-3019**

**NEWS-SUN**  
Highlands County's Hometown Newspaper Since 1927

THIS SPACE AVAILABLE  
CALL 385-6155, Ext. 502

**GET YOUR LOCAL NEWS STRAIGHT FROM THE SOURCE...**

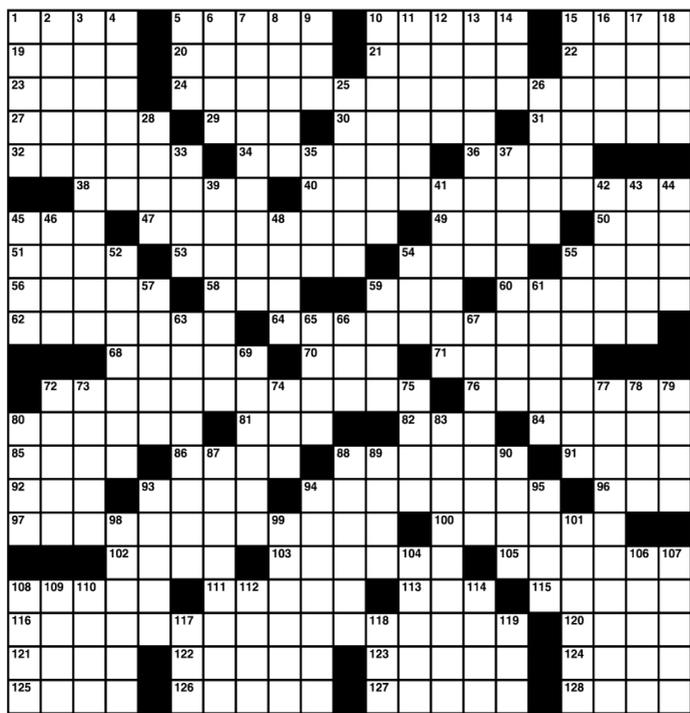
**NEWS-SUN**  
Highlands County's Hometown Newspaper Since 1927

# DIVERSIONS

## SEAS THE DAY

- ACROSS**
- Sax object?
  - Passing fancies
  - Hospital delivery
  - Dandelion's home, often
  - Wonka's creator
  - Like much floor tile
  - In \_\_\_: awaiting delivery
  - South, in a north wind
  - Suit to \_\_\_
  - Course for sailors?
  - Taking drive-thru orders, e.g.
  - "When I Take My Sugar to \_\_\_": 1931 hit
  - Leaves out
  - Outdoors
  - Ones in concert with con artists
  - Pollen-bearing organ
  - Insurance gps.
  - Moistens overnight, perhaps
  - Measures to ensure restful sleep on-board?
  - "I'd like to buy \_\_\_"
  - Corny jokes
  - Corny picks
  - Audit trailer?
  - Plane front
  - 19th-century Mexican president Juárez
  - Five-O booking agent
  - Sleeper's choice
  - Suit that beats the other three
  - Addams family cousin
  - Dastard
  - Bug barrier
  - Bug killers
  - The Red Baron, belowdecks?
  - Beat badly
  - English si, at sea
  - Noodle rings?
  - Result of eating French fries at the ship's wheel?
  - Sweats
  - Word spoken before a shot
  - Suffix with Caesar
  - H.S. math course

- Political housecleaning
  - Flag throwers
  - "Ring around the collar" detergent
  - Pesto herbs
  - Try to find on the road, say
  - Some busts
  - Stable upstairs?
  - Stout, for one
  - Citi Field team, on scoreboards
  - Irrational weeping over a broken spar?
  - St. Clare's town
  - Drain stain
  - Barbizon School artist
  - "Uncle!"
  - Sock synthetic
  - Yeshiva leader
  - Four times daily, in an Rx
  - How many nightclubs are lit
  - Philosophical shrug about channel markers?
  - Gad about
  - French fashion mag
  - Quintessential flop
  - "\_\_\_ in Words": New Ager's memoir
  - Deservedly get
  - Copyright datum
  - 1970s Big Apple mayor
  - Lane associate
  - "\_\_\_ Tu": 1974 hit
- DOWN**
- John in the White House
  - Closing mechanism
  - Positive report from a deck hand?
  - Fútbol cheer
  - Wheeling's st.
  - Clue or cue
  - Like the ocean's roar
  - What I might eat in defeat?
  - \_\_\_-mo
  - Downers
  - "If \_\_\_ broke ..."
  - Musical based on Puccini's "La Bohème"
  - Raccoon attractor



Solution on page 11B

- Refuse to share
- Least believable
- Stout alternatives
- Headed out
- Butterfly catchers
- Classical guitar family name
- Poetic blacks
- Campus unit: Abbr.
- Balkan native
- Be an accessory to
- In a moody way
- "Alas!"
- Home, metonymically
- Wheel on a spur
- Bay window
- Singer Loretta
- Bug film in which Gene Hackman voices General Mandible
- Ibsen's "doll"
- Silents star Naldi
- Frat bash refuse
- Bug for payment
- Bind tightly
- Heist participants, to cops
- Sky over Paris
- Bite
- Ravine-crossing hauling systems
- "All the Way" lyricist
- See
- Dickers
- Out-of-the-box feature
- Toondom's Princess of Power
- Johansson's jabs
- Chew the fat
- False front
- Bit of gear for a nuclear-powered dinghy?
- Punk star \_\_\_ Pop
- Be crawling (with)
- Jam-pack
- Celebratory drinks
- Good way to take things
- Security holder, in law
- Asian sea
- Zairian dictator Mobutu \_\_\_ Seko
- Eschews
- Court action
- Coat to peel off
- Verne \_\_\_, Mini-Me portrayer in Austin Powers films
- Symbol
- Evening musicale
- Tantamount
- A polarizing filter reduces it
- Choral offerings
- Follow
- Thing to follow
- She gets what she wants
- "Lohengrin" heroine
- Force unit
- Bug catcher
- Intoxicating letters?
- Biblical no-no

## Will you trust Me?



Pause And Consider  
Jan Merop

Sometimes life throws us unexpected curves that unsettle us or worse dismantle us. We feel so out of control.

We had some of those moments when my parents were purchasing their new home to live near my brother. Everything from the sale of their home here to finding their new home there went quickly. Clearly, God's hand was upon it.

But the gentle smoothness of the breeze carrying us along turned into a stormy one and swept up everything around us.

The home they purchased and now live in is the perfect fit for them. But, the process of getting there was suddenly filled with obstacles. Some of those hills and valleys had to do with requirements and legal work that involved an estate sale.

All in all, our smooth road became a bit rough. At these times, it's easy to begin second guessing ourselves or questioning if God's hand is really upon the situation. And this happened a few times to us.

However, in each circumstance, we would pray and God-sightings were evident. Often it came in the form of a wonderfully competent person with a compassionate spirit that calmed our frayed nerves and helped us understand.

Other times, it came through an unexpected phone call that let us know

we weren't forgotten and that things were falling into place.

God reminded us that in the process of faith, obstacles will come and at those times he asks us not to fear, fret or forget his faithfulness in the past.

We could hear God saying, "Will you trust Me?" And, we had to be willing to be willing to trust him more.

He showed us through His Word that we had to get our eyes off the circumstances and onto him...our capable God who was definitely in control.

Recently, a friend showed me a picture of a girl on a swing. She was happily swinging in the breeze. But the ropes of the swing were not attached to a tree or iron bar as you might imagine. They were far more secure than that.

The ropes of the swing were held by the hands of God and accompanied by this word picture: "Will you trust Me?" Proverbs 3:5-6, NKJV, completed the message, "Trust in the Lord with all your heart, and lean not on your own understanding. In all your ways acknowledge Him, and He shall direct your paths."

Sometimes it's quite the ride. But with God holding the swing, we have nothing to fear. Selah.

Jan Merop of Sebring is a News-Sun correspondent.

## Rethink your plan of attack this week, Cancer

Metro Services

**Aries (March 21-April 20)** – Aries, reflect on happy times and then try to recreate that feeling when you are experiencing moments of stress this week. This might offer some welcome relief.

**Taurus (April 21-May 21)** – Taurus, a conflict of interest leads you on a wild goose chase to find something that everyone will agree upon. Opinions are strong so don't expect this to be easy.

**Gemini (May 22-June 21)** – Gemini, success takes lots of hard work and you need to recognize you can't please everyone. But it is a good goal to work toward for the next few days.

**Cancer (June 22-July 22)** – Rethink your plan of attack, Cancer. While the idea has merit, there are some big gaps between ideas that can lead to too much confusion. Go back to the drawing board.

**Leo (July 23-Aug. 23)** – Leo, step back from a difficult situation and you will get a better idea of the bigger picture. Things are not as important as you once believed. Time for fun arrives on Thursday.

**Virgo (Aug. 24-Sept. 22)** – Virgo, shopping strictly for the best bargain might not be the best approach. The deal actually could be too good to be true. Factor in all the information.

**Libra (Sept. 23-Oct. 23)** – Sometimes you don't think before you speak, Libra. Avoid blurting out the first thing that comes to

mind. Friends and family may forgive you, but coworkers might not.

**Scorpio (Oct. 24-Nov. 22)** – Big plans are in the works that will require your supreme organizational skills, Scorpio. Others actually look to you to plan all of their events because of your talents.

**Sagittarius (Nov. 23-Dec. 21)** – Sagittarius, baiting someone into an argument seems to be your modus operandi this week. This is certainly no way to win favors with anyone. Think this tactic through.

**Capricorn (Dec. 22-Jan. 20)** – Capricorn, save some time for romance and relaxation. A special someone could be feeling neglected lately and will need some quiet time with you.

**Aquarius (Jan. 21-Feb. 18)** – Accept help graciously, Aquarius. Such help is not always easily offered. There will be a few hectic moments this week, but otherwise the next few days will be calm.

**Pisces (Feb. 19-March 20)** – Pisces, a remarkable insight comes to you and you cannot contain your elation over it. Spread the word ... fast!

### Famous birthdays

Oct. 9 - Bryan Routh, actor (32); Oct. 10 - Brett Favre, athlete (42); Oct. 11 - Emily Deschanel, actress (35); Oct. 12 - Hugh Jackman, actor (43); Oct. 13 - Jerry Rice, athlete (49); Oct. 14 - Usher, singer (32); Oct. 15 - Emeril Lagasse, chef (52).

## Granddaughter is too young to withstand harsh criticism from grandma

**Dear Abby:** My mother watches my two children before and after school and during the breaks. She is a caring person, but she is also very critical of my daughter. (She's fine with my son.)

Mom constantly tells my daughter she needs to lose weight or exercise more, or her hair looks stringy, or she isn't dressed properly. My daughter is only 9.

My mother did this to me when I was younger, and it made me feel I could never live up to her standards. How should I approach her about this? I don't want my daughter to feel inadequate. She's a beautiful, intelligent little girl.

— Frustrated in Missouri

**Dear Frustrated:** Deal with this firmly, before your mother erodes your daughter's self-esteem as she did yours. Tell her how her constant criticism made you feel, that you don't want the same thing to happen to your little girl, and that anytime she's tempted to make a negative comment, she should substitute a POSITIVE one instead. Be direct with her, and if she isn't able to comply, make other arrangements for your daughter.

**Dear Abby:** My siblings



Dear Abby

have noticed my distant, odd behavior toward one of my brothers. This sibling and I have a history of incest. He raped me repeatedly for years, and I want nothing to do with him. When the family gathers, one or the other of us declines the invitation if the other one is going to be present.

I have told one sibling, "We just don't get along — old stuff, ya' know!" and left it at that. I want to keep the reason to myself. I feel I may be pushed for a better answer. Shouldn't "old stuff" be enough of a reason? Should I tell or not?

— Should I Or Shouldn't I?

**Dear Should I?:** A person who repeatedly rapes someone "for years" is a predator. This wasn't two kids "experimenting"; it was sexual assault. How do you know he didn't prey on other siblings or cousins? You should have sought counseling about this years ago, and it's

still not too late. Once you do, I'm sure you'll find the strength to stand up for yourself and speak out.

**Dear Abby:** Seven years ago, when I was 25, I quit a good job before I had a new one. Hard times ultimately led to my husband and me divorcing. I went back to school and am now starting a new career. But I can't help but feel that if I had not quit my job years back, I'd be established in a career by now and still be married.

I never listened to anyone back then, although I was polite and quiet. I have grown from the experience, but my heart aches for what I lost. I don't drink or do drugs, so there is no numbing this pain. How do I get over my regrets and heal?

— Looking Back in Illinois

**Dear Looking Back:** You can't change the past. You can only concentrate on and build a future. Do that by making a conscious effort to STAY IN THE PRESENT.

When you feel yourself slipping backward and reliving the pain, pull yourself into the here and now. Then thank your higher power for your health, your job, and the chance to rebuild your emotional and financial future. Regret is the cancer

## Aussie band loses appeal on 'Down Under' ruling

SYDNEY (AP) — Australian rockers Men at Work on Friday lost their final court bid to prove they did not steal the distinctive flute riff of their 1980s hit "Down Under" from a children's campfire song.

The High Court of Australia denied the band's bid to appeal a federal court judge's earlier ruling that the group had copied the signature flute melody of "Down Under"

from the song "Kookaburra Sits in the Old Gum Tree."

"Kookaburra," a song about Australia's famous bird of the same name, was written more than 70 years ago by Australian teacher Marion Sinclair. The song went on to become a favorite around campfires. The wildly popular "Down Under" remains an unofficial anthem for Australia.

**The New FAIRMOUNT CINEMA 6**  
3750 US 27 N. Sebring

**New Dolby Digital Sound**  
\$8 Adults — \$6 Matinee by 6pm

**NOW SHOWING**  
Wednesday 10/05 — Wednesday 10/12

**ABDUCTION PG13**  
(Taylor Lautner)  
2:00 4:30 7:00 9:30

**DREAM HOUSE PG13**  
(Daniel Craig, Rachel Weisz)  
2:15 4:15 7:15 9:15

**50/50 R**  
(Joseph Gordon-Levitt, Seth Rogen)  
4:30 7:00 9:30

**CONTANGION PG13**  
(Matt Damon, Gwyneth Paltrow)  
2:15 4:15 7:15 9:15

**THE HELP PG-13**  
(Emma Stone)  
2:00 5:00 8:00

**STRAW DOGS R**  
(Kate Bosworth)  
2:00 4:30 7:00 9:30

**COME & VISIT FAIRMOUNT CINEMAS!**

**Suick Cinemas**  
Information.....385-9980  
Office.....385-9908

# the Sweet Smell of Success



## Using scents to help enhance the home

FAMILY FEATURES

**D**id you know the average human can recognize 10,000 scents? Have you ever considered how directly your sense of smell is connected to cueing your emotions? It's for this reason, technically coined "associative learning," that the fragrances around us can impact our mood and performance.

Consider the feelings that just thinking about freshly-laundered towels, pumpkin pie, a crackling campfire, the salty ocean or baby powder evoke in you. For many people these strong scents trigger distinct memories or evoke a sentiment that can linger for hours. The same is true for the strong scent of a clean home.

Smell is different from other senses because it is connected

to the olfactory cortex, the part of the brain responsible for emotions and memory. In patients with dementia, schizophrenia or Alzheimer's, medical experts can measure their sense of smell as one of the earliest indicators of change. As humans

we tend to think of smell as one of our weaker senses, but the fact is it is far more connected to our performance than we might imagine.

### Boosting Study Time with a Clean Home

A study shows that children who perform better at school almost always identify their homes with scents associated with clean. What is a "clean home" smell? That depends on what era you grew up in. During the 50s most people associated a clean home with a strong bleach scent. In the decades since then there has been a plethora of citrus and floral scented room freshening cleaners on the market. Generally speaking, when many people think of a clean smell, they think of Pine-Sol® cleaner.

The study of nearly 5,000 high school students, conducted by Dr. Alan Hirsch and the Smell & Taste Treatment and Research Foundation, found top performing students (those with grade averages of A and B) overwhelmingly — 84 percent — used words like "lemony, minty or clean" to describe the smell of their childhood homes. More than one-third (34 percent) of lower performing students (average of C or below) associated negative smells — urine, fecal matter or mold — with their homes.

"A clean smelling home is just one component to the overall picture of how parents can provide a healthy and stimulating family environment, and help their children improve self-esteem and have a more positive learning experience," said Charmaine Hussain, marketing manager for Pine-Sol® brand cleaners. "We are excited by this research, as it really shows that there is a higher order need for cleaning. It's not just about a clean house — it's about the powerful difference parents can make in the lives of their children."

"What this study tells me is that there is a strong correlation between the memory of a clean-smelling home and academic success," added Dr. Hirsch. "If you are in a home that has clean, pleasant aromas, it will promote success by enhancing harmony in the household." According to Hirsch, the brain makes similar associations about the "smell" of other situations and experiences from your past, and the effect plays out in your mood in the present.

### Using Scents in Your Favor

Scents can influence your weight, sleep patterns and more. When we understand the memories we associate with certain scents we can learn how to use them in our favor to change our mindset and improve the quality of our daily lives. For instance, researchers have found the following to be true for many people:

Scent	Benefit and Suggested Use
Peppermint	Energy; invigorates before a workout
Jasmine	Calming; bedtime
Floral/Roses	Lifts spirits; morning mood enhancer
Lemon/Citrus	Clear thinking; positive outlook; for home and surroundings
Grapefruit	Concentration booster and appetite suppressant
Coconut	Happiness; relaxed summer parties and social gatherings

Spend a few minutes making a list of your favorite smells. You may surprise yourself with what you remember about what is most pleasing to you. Just creating a "happy smells" list is enough to elevate positive feelings for some people. And, when you know what aromatic triggers most relax and restore you, you'll be equipped to "set the mood" in all the spaces where you spend your time.



Photos courtesy of Getty Images

### Rekindling a Positive Experience

"If you need a shift in your mood, consider shifting the aroma to something that reminds you of a past success," said Hirsch. "The old adage 'the sweet smell of success' is actually quite poignant from a scientific standpoint." For some it might be the smell of a clean home, for others it might be the aroma of freshly-brewed coffee, and for others still it might be the refreshing smells of the early morning dew that trigger confidence and feelings of productivity.

For parents who want their children to have lasting, warm memories of home, consider the aromas that greet your children after a long day of school, sports or after-school activities. The mood you set in your home now is creating a lifetime of positive associations. Getting that freshly-baked pumpkin bread in the oven can seem like much less of a sacrifice of time from this viewpoint. When seen from this larger perspective, activities like baking, cleaning and even tending the garden become generous acts that do much more for the family than perhaps we've considered in recent years. The aroma of a well-cared for home has much to do with feelings of success, harmony and happiness. To learn more, visit [www.facebook.com/pinesol](http://www.facebook.com/pinesol).