

NEWS-SUN

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Friday's Scores



Mulberry16
Avon Park 6



Mooney 30
Lake Placid ... 3



Hardee 32
Sebring 7

DETAILS IN SPORTS, 1B

A better lunchbox

Give your kids lunches that make the grade

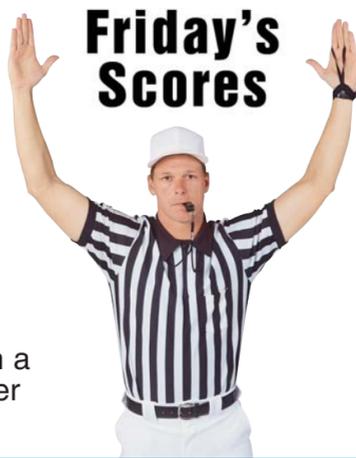
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Burning rubber

Burnout contest again a hit at Sebring Thunder

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Sunday, September 18, 2011

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Volume 92/Number 110 | 75 cents

Forecast



Spotty afternoon thunderstorms

High Low

90 72

Complete Forecast PAGE 14A

Online



Question: Should the Postal Service stop Saturday mail delivery to save money?

Yes
80%

No
20%

Total votes: 110

Next question: Have the debates changed your opinion about any of the Republican candidates?

Make your voice heard at www.newssun.com

Obituaries

Cloyd B. Brackin
Age 91, of Frostproof

Paul L. Cashell
Age 79, of Sebring

Kathleen Horwitz
Age 77, of Sebring

Robert E. Evans
Age 90, of Sebring

John Ray Kincer
Age 81, of Sebring

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Sports On TV	2B

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Rowan faces pre-disciplinary conference

By CHRISTOPHER TUFFLEY
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AVON PARK — Following a News-Sun public records request Friday, City Manager Julian Deleon released a memo he wrote to Police Chief Michael Rowan on Sept. 6, 11 days after Rowan's civil suit against the city began on Aug. 26.

Rowan is suing the city to be reinstated to his position, having been put on administrative leave in April and then suspended

Memo from City Manager Julian Deleon details reasons for action

without pay in June.

In the memo, Deleon tells Rowan he is considering disciplinary action, up to and including termination, against him and lists the reasons.

Deleon says he had received complaints "of inappropriate recordings by you," which Rowan denied making when

asked. Deleon also says Rowan told him there were no active investigations underway.

Deleon says that Rowan threatened him with "nine inches of paperwork," that "would lock everyone up." Deleon writes, "When I inquired whether you were obligated to act on incriminating material, whether you

could hold this material forever over someone? You said, 'yes,' meaning that you had no obligation to act on this."

Deleon refers to an episode where Rowan's work computer had its hard drive scrubbed clean.

Deleon tells Rowan that it was only after he wrote a memorandum regarding Rowan's employment expectations, that the police chief obtained a police case number and admitted evidence and



Deleon



Rowan

See ROWAN page 8A

Warriors at work



News-Sun photos by KATARA SIMMONS

A Marine takes part in the Atlantic Strike 11-02 exercise at the Avon Park Bombing Range.

Simulation prepares troops for war

By SAMANTHA GHOLAR
sgholar@newssun.com

AVON PARK — The Avon Park Bombing Range transformed into an active war zone Thursday as part of a week long scenario exercise.

"This isn't a training exercise. We can't really call it that because these guys are already trained. It's more of a exercise scenario based exercise," said Master Sgt. Mike Haytack.

Most of the branches of the U.S. military were involved with roles during Atlantic Strike 11-02. The U.S. Marine Corps and the U.S. Air force had the most

personnel Thursday during the exercise. The event, however, was a combination of efforts from the Air Force, Navy, Marines and the Army.

Avon Park hosts the exercise twice a year, once in February to expose soldiers to cold weather conditions and the second time in late summer. The Atlantic Strike exercise was spread out over the course of the week allowing adequate time for each group of men to utilize the bombing range.

The operation's mission is to

See ATLANTIC, page 6A



Marine Cpl. William Maupin holds a simulation round to be used during the Atlantic Strike scenario based exercise Thursday afternoon in Avon Park. Simulation rounds contain paint inside to allow troops to see where they've shot.

Rec fees may cost Miracle League

Glades Electric says it will withhold \$25K set aside for field

By ED BALDRIDGE

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LAKE PLACID — Glades Electric may want their money back if Lake Placid decides to charge for recreation.

In an email from Glades Electric Trust Inc. attorney Andrew Jackson, the council was told of a resolution passed that will require the withdraw of \$25,000 set aside by the company for the city to use to maintain the Miracle League field.

Glades Trust originally donated \$50,000 for the construction and maintenance of the field.

"Well, an email about a resolution is not enough," said Councilman Ray Royce. "We would need the actual resolution. And we need to let them know that we will be charging for recreation. If that is not OK with them, then we may have to just give their money back."

Councilwoman Debra Worley confirmed with Town Attorney Bert J. Harris III that any charges had to include Miracle League Players as well as all other teams.

"Yes, the letter from the DCA (Department of Community Affairs) states that we cannot charge different rates."

See GLADES, page 5A



Royce

Local nurse raising awareness for bone marrow donation

By SAMANTHA GHOLAR
sgholar@newssun.com

SEBRING — Maria Martinez is a certified nurses assistant and a tech at Highlands Regional Medical Center. She works in the OB department and has always helped babies and mothers.

Martinez's new mission, however, is to help save the life of someone in her own family.

Sean Depatto, a 1-year-old resident of New York, is Martinez's cousin. Depatto was

recently diagnosed (for a third time) with leukemia.

"He has spent his whole life in the hospital. He was diagnosed for the third time on Aug. 18. His immune system is shot and he is currently in the hospital again. Our family is devastated," Martinez said.

Depatto was first diagnosed with the cancer when he was only a toddler.

"They first found out about it in 2004; he

See BONE, page 8A



Courtesy photo
Ten-year-old Sean Depatto fights for his life after his third diagnosis of leukemia. Depatto's cousin, Maria Martinez, is a nurse at Highlands Regional Medical Center and is working to raise awareness as well as find a bone marrow donor for her ailing cousin.

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Smoak Foundation holds first meeting of Youth Leadership Highlands

Special to the News-Sun

SEBRING — The Mason G. Smoak Foundation's Youth Leadership Highlands, a year-long leadership program for high school students in Highlands County, met on Sept. 10 at the Inn on the Lakes. This "opening retreat" provided an opportunity for the class members to get to know each other and receive training for the program days to come throughout the year by Dr. Hannah Carter, University of Florida Assistant Professor and Director of the Wedgworth Leadership Institute.

You can learn more about the Wedgworth Leadership Institute by going to the following website: www.wlianr.com.

The following students are in Class One of Youth Leadership Highlands:

Avon Park High School: Taylor Brown, Zach Farr, Mason Jahna, Kenny McGrath, and Sherida Zeeuw.

Lake Placid High School:

Melissa Barajas, Stephanie Bennett, Allison Burnett, Laura Candeletta, Laine Daum, Jessie Sanders, and Luci Torres.

Sebring High School: Marissa Andujar, Dillon Cloud, Raymond Drevermann, Elton Gargano, and Scout Royce.

Next on the agenda for these students will be their first day trip Oct. 28, where they will learn about the social service programs offered in Highlands County. The following are the other dates for their day trips during the school year and the theme of each day:

Dec. 2: Economic Development/Tourism/The Arts

Jan. 23, 2012: Agriculture and Environment

Feb. 22: Government and Education

April 6: Business and Finance

The program is sponsored by the Mason G. Smoak Foundation and hopes to instill in these students a



Tracee Smoak speaks to the members of the Youth Leadership Highlands Class.

Courtesy photo

greater appreciation for Highlands County and the Ridge Area, while encouraging the students to grow personally and academically

toward their goals.

To learn more about the Foundation go to www.masongsmoakfoundation.org.

COMMUNITY BRIEFS

Gas card raffle today

SEBRING — A raffle for several gas cards will be held at 2 p.m. today at Brewster's Coffee House, 2191 U.S. 27 North.

Tickets for a chance to win one of the cards — a \$700, a \$500, a \$250 and three \$100 — are \$5 each or 10 for \$45.

Proceeds from the raffle go to benefit Mell Williams Jr., the Jail Alternative to Substance Abuse (JASA) program supervisor in Highlands and Polk counties. Williams, who is a polio survivor, recently suffered a small stroke and needs a wheelchair accessible van in order to get around.

Sheriff Susan Benton, as well as Williams and members of the Sebring Fire Department will be on hand to draw the winning tickets, which can be bought at Brewster's starting at 9 a.m. today. You do not need to be present to win. You can make a donation at www.tchsonline.com/.

Brewster's will also be hosting an art show today. Call Brewster's at 314-8990 for more information.

Meals on Wheels in need of drivers

SEBRING — Meals on Wheels of Sebring delivers Monday through Friday between 11:15 a.m. and 1 p.m., including holidays. They serve a hot, well-balanced, low-sodium meal. The cost is \$4.35 per meal per day.

They are always in need of drivers. If you are interested in volunteering two

hours one day a week, please call 402-1818.

AP Main Street CRA plans luncheon

AVON PARK — The September membership luncheon for the Avon Park Main Street Community Redevelopment Agency will be held at the Hotel Jacaranda at noon on Thursday. Cost is \$10.

You can RSVP or donate a door prize at the Chamber of Commerce office, 453-3350.

Heartland Pops rehearsals start Monday

AVON PARK — The Heartland Pops Concert Band begins rehearsals for its concert season from 7-9 p.m., Monday at the Avon Park High School.

Musicians of all ages are encouraged to join in the fun of playing in the community band. Call 314-8877.

Model Railroad Club meets Tuesday

SEBRING — All Sebring Model Railroad Club meets on the third Tuesday of each month at 7:30 p.m., at the Church of Christ, 3800 Sebring Parkway, unless otherwise directed. The next meeting is Sept. 20.

Members build and run an "HO" gauge model railroad layout. All rail buffs and all other model railroad gauges hobbyists are welcomed.

For information, or

Continued on page 5A

No injuries in rollover on U.S. 27

Witnesses pull driver from car

By ED BALDRIDGE

ed.baldridge@newssun.com

SEBRING — A three-vehicle accident turned into an opportunity to be a good Samaritan for a couple of truck drivers Friday morning in Sebring.

Around 10:50 a.m., Katherine Brown of Avon Park rolled her gray Ford Fiesta after trying to avoid an aggressive driver at the intersection of Vicki Drive and U.S. 27 in front of the Lakeshore Mall.

"A black truck cut me off, and I had to slam on my brakes and try to avoid him," a shaken, but uninjured Brown said as she waited for an interview with the Florida Highway Patrol.

Heading to Sebring on U.S. 27 South, Brown described a black truck that cut her off and forced her to swerve towards the right to avoid a collision.

As Brown entered the far right lane, a gray BMW was also trying to move over and decelerate rapidly.

Brown tried to avoid the BMW, but clipped the right rear of the car with her left front tire, which put her Ford up on two wheels and finally onto its roof.

The small Ford came to rest on Vicki Drive facing towards the Lakeshore Mall.

Curtis Parry and Vincent Thomas, two semi-truck drivers for Liberty Recycling of Orlando, were waiting on

Vicki Drive for the light to change so they could turn north onto U.S. 27.

As they watched in accident, Parry was trying to remain calm, but was hoping that Brown was OK.

"I saw the accident, we had front-row seat, I kept yelling, 'Please don't roll over, please don't roll over' as the little car tried to get of the highway," Parry said.

"Then we saw the car roll over and were scared that the girl was hurt, so we went to help," Parry said.

Parry and Thomas went to rescue Brown, who was trapped by her seat belt and hanging upside down.

Fearing a fire, Parry broke the driver's side window and climbed in on his back to reach Brown, released her seatbelt, turned off the igni-

tion and unlocked the passenger door so that Thomas and other witnesses could pull Brown from the upturned car.

Brown was not seriously injured in the crash, and Parry suffered minor cuts on his arm where he climbed into the car.

"Man, I am just so glad that everyone is OK," Parry said.



News-Sun photo by ED BALDRIDGE

Emergency workers assess the scene of a roll-over at the intersection of Vicki Drive and U.S. 27 Friday morning while waiting for the Florida Highway Patrol.

POLICE BLOTTER

The News-Sun would like to remind the readers that the names listed below reflect those who have been charged with a crime, but they are all innocent until proven guilty by a court of law. If anyone listed here is acquitted or has charges dropped, they can bring in proof of such decision or mail a copy to the paper and the News-Sun will be happy to report that information. The News-Sun is at 2227 U.S. 27 South, Sebring, FL 33870.

The following people were booked into the Highlands County Jail on Thursday, Sept. 15:

◆ Michael Robert Hutchison, 22, of Lake Placid, was charged with possession of marijuana, possession and or use of drug equipment, con-

tributing to the delinquency of a minor, and cruelty toward a child.

◆ Daniel Dean Lamb, 52, of Lorida, was charged with failing to obey a policy officer or fire department.

◆ Lillian Mercedes Martinez, 37, of Avon Park, was charged with possession of cocaine and possession of drug equipment.

◆ Henry Hilton Peacock, 23, of Sebring, was charged with three counts of violation of probation reference grand theft and fraudulent use of a credit card.

◆ Alfonso Jermaine Perdue, 35, of Sebring, was charged with withholding support of children or spouse.

◆ Jose Yamil Perez, 27, of Avon Park, was charged with battery.

◆ Rosita Cruz Ramos, 24, of Sebring, was charged with driving while license suspended.

◆ Willie Lee Randolph, 51, of Sebring, was charged with petit theft and burglary of an unoccupied dwelling.

◆ Luis Rafael Rodriguez, 36, of Lake Placid, was charged with grand theft and burglary of an unoccupied dwelling.

◆ Julia Jazmine Velasco, 21, of Sebring, was charged with reckless driving, DUI and damage property, and resisting an officer.

◆ Antonio Lecal Walker, 52, of Avon Park, was charged with two counts of failure to appear.

◆ Jack Wesley Waller, 34, of Lake Placid, was charged with four counts of failure to appear.

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Mark Kaylor

	Lottery Center		<p>Sept. 14 6 9 18 20 41 45 x:3 Next jackpot \$2 million</p> <p>Sept. 10 1 11 25 26 45 50 x:3 Sept. 7 21 26 32 35 39 44 x:4</p>
	<p>Sept. 16 11 18 27 31 36 Sept. 15 1 12 17 26 35 Sept. 14 5 11 14 16 31 Sept. 13 8 10 11 15 16</p>		<p>Sept. 16 (n) 3 6 4 8 Sept. 16 (d) 5 4 1 0 Sept. 15 (n) 4 6 4 8 Sept. 15 (d) 3 7 7 4</p>
	<p>Sept. 16 11 17 31 39 18 Sept. 13 8 27 29 38 21 Sept. 9 8 11 15 24 18 Sept. 6 9 21 24 38 18</p>		<p>Sept. 16 (n) 6 1 8 Sept. 16 (d) 0 9 6 Sept. 15 (n) 4 4 1 Sept. 15 (d) 5 6 1</p>
	<p>Sept. 14 16 41 42 50 59 PB: 5 PP: 3 Next jackpot \$20 million</p> <p>Sept. 10 4 19 22 32 53 PB: 24 PP: 4 Sept. 7 3 5 18 27 54 PB: 13 PP: 4</p>	<p><i>Note: Cash 3 and Play 4 drawings are twice per day: (d) is the daytime drawing, (n) is the nighttime drawing. PB: Power Ball PP: Power Play</i></p>	

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News-Sun photo by CHRISTOPHER TUFFLEY

A 1949 Packard sprays out an impressive amount of rubber as driver Bill Strall begins to seriously rev his engine.

Sebring gets burned out

By CHRISTOPHER TUFFLEY

SEBRING — Two fire-fighters in full rig, each with a hose, stood on either side of the horseshoe shaped bunker, wetting down the pavement. The vintage cars waited in line. The crowd at the corner of Mango Street and Ridgewood Drive whooped and hollered in encouragement.

Then, at 7 p.m., the police chief turned on his vehicle's siren and Sebring Thunder's Burnout Competition of 2011 began.

One at a time, drivers drove their vehicle into the burnout pit — concrete barriers creating a wall, with a curb across the bottom.

At the mark, under the eyes of judges Lenard Carlisle and his son Jason Carlisle, the drivers gunned their engines while staying in place. Out the back came sprays of disintegrating rub-

Large crowd gathers to watch cars burn rubber

ber as tires screamed against the asphalt and smoke billowed up into clouds, engulfing the spectators who loved it and yelled for more.

The day's winner, Dereck Melvin, drove a 1993 Cobra Mustang.

Eleven cars were registered, but 15 arrived, one just as the contest began, said Stacy Hill, one of the organizers.

Robert Henderson, driving a 1968 Plymouth, who won the contest last year with the same car, remained a crowd pleaser. The drive shaft dropped out of his car during his reprise performance, however, and fire-fighters had to push his car out of the way.

Some of the contestants traveled a distance to take part, and at least one vehicle, a 1949 Packard, came with a support team — The Packard Racing Old Guy Burn Out Pit Crew.

The Packard was the only vehicle to pop a tire, something the crew has dealt with dozens of times. They travel as group every summer and have logged more than 60,000 miles in five years, taking part in events and sightseeing as far away as California and Canada.

One fact was established Friday night. While vintage VWs — both sedans and caravans — are wonderful cars with a special style and class, they are no use in a burnout competition. The VW Bug kept jumping the curb just as the back wheels would begin to engage, while a neon bus, try as its driver did, couldn't even raise smoke.

AP farmers market open on Thursday afternoons

By CHRISTOPHER TUFFLEY

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AVON PARK — A Main Street Community Redevelopment Agency sponsored farmers market opened up for business Thursday afternoon and evening in Donaldson Park. Organizers plan to have vendors every Thursday from 4 to 8 p.m., creating a relaxed atmosphere to browse flea market tables and look over vegetables, fruit and herbs grown locally. Of course, buying is encouraged.

For example, Claudia Green brings homegrown, organic herbs.

While her inventory sometimes varies, she usually has 21 types from which to choose.

Next to her booth, tomatoes and fresh corn were for sale.

Clark Coning, a veteran at local flea markets, also sets



News-Sun photo by CHRISTOPHER TUFFLEY

The aptly named Claudia Green shows Anna Steffes her selection of home grown herbs. Steffes will be at the Avon Park Farmers Market every Thursday night, although she will be arriving late due to logistical obstacles.

up shop. Thursday he had a collection of cookbooks, hand bags, and jewelry for sale. Oh, and a baby car seat, a stroller and a bar stool.

Organizers believe that as

word spreads, the market will attract even more sellers and buyers, especially local farmers. As it was, people ebbed and flowed among the vendors in a steady flow.

Men charged with capturing baby alligators

MONTVERDE (AP) — Two central Florida men face charges after wildlife officers reported finding them with sacks containing about 260 alligator hatchlings.

The Florida Fish and Wildlife Conservation Commission reports that 32-year-old Robert Martin Duval and 22-year-old Christopher Cork Scroggins had been riding on an airboat near Lake Apopka early Thursday morning before officers stopped them.

An arrest reports says the men had been shining a light over the water for at least six hours. When one wildlife officer told the men he was going to perform an inspec-

tion, the report says Duval immediately turned over the hatchlings.

The wildlife officers returned the baby alligators to the water.

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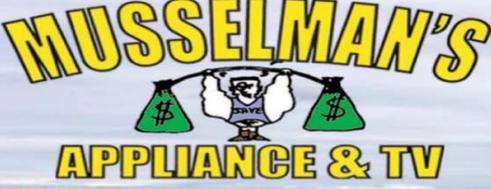
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EDITORIAL & OPINION

TODAY'S EDITORIAL

Just get out of the way

It's time for us all to focus on removing the obstacles that slow business and job development. And the focus has to start at home.

With the recent news that unemployment is staying around 12 percent in Highlands County, the leadership, business community and government, has to focus their attention on job creation, not just give it lip service.

Local business creation does not happen at the national level and the days of FDR and the Works programs are gone. A president can encourage infrastructure building or repair across the county to jump-start commerce, but a president cannot wave a magic wand and start cottage industry in Highlands County.

Additionally, we should not expect our government to solve all of our problems, but we should expect to not hinder our efforts to create commerce.

Lead, follow or get the hell out of the way was attributed to Lee Iacocca, the innovative thinker that marketed the Ford Mustang and the first Chrysler minivan, and it is a motto that we should adapt locally about our own municipal

and county governments concerning business.

One way Highlands County can help kick start an entrepreneur is by searching for and removing obstacles and ordinances that inhibit business growth.

Here's an example: All three municipalities and county ordinance prohibit street vending unless a special event or festival is going on. Small guys are not allowed to set up and sell hot dogs or rent life jackets in the parks on weekends, something that many visitors to the lakes and parks could find convenient.

Ordinances like this stop the free exchange of money for goods and services and strangle small business and extra incomes.

Small food vendors have approached all three municipalities and the county asking for each to remove the obstacle to their small business development.

Only the county is trying to make a

difference by addressing its laws to allow access to the boat ramps, swimming holes and parks at this time.

A good example of the right kind of attitude is Avon Park. The city council voted to waive water impact fees, or in some cases eliminate them all together, when a new business opens in the city as long as the water service is already in existence.

The results — 18 E. Main, a new restaurant, is hiring staff and preparing to open.

Our local leadership must extend that idea to encompass land regulations, codes, ordinances and policies that hinder business development and growth. Let local gardeners sell their overstock of plants and veggies on the side of the road.

We need a county-wide committee that aggressively looks for mandated obstacles, and removes them, so that we becomes known for our business friendly atmosphere.

This committee needs the support and the endorsement of all local governments so that they can help them get out of the way.

NEWS-SUN

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Political debates provide warped entertainment

The first primary is months away. The actual election is over a year away. But like it or not, the political season has started. And so have the debates.

I've lost count of the number of debates the Republicans have already had. And I know of at least two more that will occur before the end of the year. Welcome to American politics, where the goal seems to be how many people you can make sick of the whole thing before it really starts.

I can't vote in the primary, because I'm registered NPA (no party affiliated). So it may surprise you to learn that I do try to watch the debates. I do this for several reasons. One, I am really hoping for someone viable to come out of all this who I can vote for to defeat President Obama in 2012. So I want to know what my potential choices look like.

I also find that the debates can provide a warped form of entertainment. Watching these people jockeying for position can be amusing, and once in a while someone gets off a good line.

The debates I've seen have used different formats to get information from the candidates. I am pleased that all of them have not just focused on the big newsmakers but also engaged the lesser-known candidates. I want to know what they're thinking as well. Even if like the politicians they are they don't always answer the questions they are asked.

(One great question came up during this week's debate — someone asked the candidates how much of a dollar he earns they think he should be able to keep. None of them really answered it, which was a shame. I wish the President were asked that question as well, and that we got an answer from him, too.)

But I will be the first to admit that at times the debates and the candidates run together in my feeble

Laura's Look

Laura Ware

brain. Maybe that's understandable with a current crop of eight candidates in the field. But it doesn't help them much at all.

One of my problems is that while I don't actively dislike any of the candidates, I'm not really excited about any of them either. Right now the biggest draw any of them have for me is that they are not President Obama — which is a big plus as far as I am concerned. But I'd really like a better reason to vote for someone then that.

And while I don't hate any of the candidates, I have issues with some of them. Ron Paul, while I like a lot of his views on limited government, scares me with his foreign policy. Front runner Rick Perry? Some of what I learned about him in CNN's latest debate raises questions about the choices he would make.

There are those of you reading all this who are probably now itching to get to your computers so you can email me and tell me why I should be backing your favorite candidate. That's all well and good, given I am in the information gathering stage of the program, and I welcome your views on the matter.

But let me remind you it's still early in the game. Others may still jump into the race. And I am almost certain that a couple of the eight currently in the field will step out before the first primary vote is cast. The Republican nominee may not even be on anyone's radar yet.

In other words, the game isn't over. It's just beginning. While it plays out let's sit back and try to enjoy the show. I'll even share my popcorn.

Laura Ware is a Sebring resident. She can be contacted by e-mail at bookwormlady@embarqmail.com

EDITORIAL PAGE POLICY

Make sure to sign your letter and include your address and phone number. Anonymous letters will be automatically rejected.

Please keep your letters to a maximum of 400 words. We have to make room for everybody. Letters of local concern take priority.

Send your letter to 2227 U.S. 27 South, Sebring, FL 33870; drop it off at the same address; fax 385-1954; or e-mail editor@newssun.com.

To make sure the editorial pages aren't dominated by the same writers, letters are limited to two per month and a guest column can be submitted once every three months.

Opinions expressed in letters or columns are solely the opinion of that author and not necessarily the opinion of the staff or editors of the *News-Sun*.



TODAY'S LETTERS

'Nothing' organization is really something

Editor:

A letter to the editor appearing in the Sept. 4 *News-Sun* rightly lauds two of Highlands County's outstanding citizens. Having said that, I take issue with the letter's declaration concerning the Heartland Cultural Alliance asserting that it has been "transformed (that agency) from nothing to be a much needed and well respected agency."

That "nothing" (HCA) as the writer labels it was founded more than 10 years ago by a group of dedicated, hard-working supporters of the arts — not only the visual arts but all elements of a well-rounded cultural base, including the performing arts, museums, the library system and any activity advocating support and improvement of cultural development for the benefit of Highlands County's citizens.

As a former financial consultant to HCA and a member of its board, I can assure you that the term "nothing" would apply only to the financial assistance not provided by the Tourist Development Council or the board of the county commissioners. As a spokesman for HCA, I appeared before the TDC many years ago requesting a fair share of the

17 percent of the Tourist Tax earmarked for Arts and Culture. The request was denied on the grounds that it was too early in the existence of the Tourist Tax to allocate its revenue. This rationale appeared to prevail in subsequent years because no allocation was ever granted. Yet, despite this lack of funding the "nothing" HCA:

- Sponsored, organized and administered nine successful Arts and Heritage Festivals — three each in Avon Park, Sebring and Lake Placid.

- Staged seven successful Antique Appraisal Fairs in Highlands County as fundraisers for the Alliance.

- As the "official arts agency in Highlands County," as designated by the board of county commissioners, HCA administered the annual distribution of funds, from the sale of "State of the Arts" license plates, to various cultural entities in the county.

All of these activities were carried out by dedicated HCA members even though handicapped by the lack of Tourist Tax funding. Many members of HCA gladly dipped into their own pockets to help underwrite the expenses of the Festivals and Antique Fairs.

So yes, my wife Goldie, former president of HCA, and I join in well-deserved kudos to our friend and outstanding advocate for cultur-

al enrichment in the Highlands, Fred Leavitt.

Just don't forget that the "nothing" organization, always hampered by a lack of funding, did indeed make a solid contribution to the cultural life of our beloved county.

Gerry Garnich
Sebring

Expected speech was silent

Editor:

In the last election before the obstructionist party took over the House they promised jobs, jobs, jobs. Well I have to admit they did produce jobs — theirs. As for the millions of honest people looking for work, tough luck Charlie, we got ours, now go get your own.

At the recent gathering of those "I wana-be president" members of the obstructionist party in Orlando, I expected to hear something along this line:

"If I am elected president I solemnly swear that I will follow the path laid down by the greatest president this country has ever known. It was an honor to have him leading us onward toward continued greatness. It was his efforts to sell homes to those who never thought they could afford a home of their own and in doing so kept the home builders in business. He then created the foreclosure frenzy and thus

created millions of jobs in the foreclosure industry, this was his way of keeping the unemployment rate down.

"A man whose eloquence, when he deigns to make a speech, makes the rambling of men like FDR, Churchill and Martin Luther King sound like frogs at a pond. A man who has done so much to so many people that they and others will feel his efforts for years to come. A man who has made some businesses grow beyond their wildest dreams. The arms and munitions manufacturers and those in the mortuary industry are but three. Understandably the highest praise for this individual comes from those who manufacture prosthetic devices. Their business has grown exponentially because of his unrelenting desire to further his brilliant military tactics, like invading countries based on lies, and in doing so has increased their output of prosthetics a thousand fold. This individual has laid down the blueprint for all present and future republicans to faithfully follow.

"I speak of course of the 43rd President of these United States and a great Republican, hallowed be his name: George W. Bush".

Sandy Oleesky
Sebring

COMMUNITY BRIEFS

Continued from page 2A

updates on meeting locations, call Gene Archer at 452-0334 or Curtis Petersen at 382-6967.

NARFE meets Tuesday

SEBRING — NARFE Chapter 288 of Highlands County will meet on Tuesday at Homer's Smorgasbord in Sebring Square. Lunch is at 11 a.m. followed by the speaker and business meeting at noon.

The guest speaker will be Ken Thomas, Florida federal executive VP. Bob and Jane Lemley will also be attending.

All current and retired federal employees (and spouses) are invited to attend.

For more information, call LR "Corky" Dabe, president, at 382-9447.

Events at local lodges, posts

AVON PARK

The American Legion Post 69 in Avon Park, will host the following events:

Today - Sunday dinner and Karaoke by Naomi (call for time). SAL Horseshoe Tour (call for time).

Monday - Happy hour 3-5 p.m. Ship, Captain and Crew 5-6 p.m.

Tuesday - Bingo 1:30 p.m.

For details, call 453-4553.

The Combat Veterans

Memorial VFW Post 9853 in Avon Park, will host the following events:

Today - NASCAR at 2 p.m.

For details, call 452-9853.

The Avon Park American Legion Post 69, will host the following events:

Today - Sunday dinner and Karaoke by Naomi (call for time). SAL Horseshoe Tour (call for time).

Monday - Happy hour 3-5 p.m. Ship, Captain and Crew 5-6 p.m., (all month).

Tuesday - Bingo 1:30 p.m., (all month).

For details, call 453-4553.

LAKE PLACID

The Lake Placid Elks Lodge 2661 will host the following events:

Today - Lounge open 1-7 p.m.

Monday - Lounge open 1 p.m. Burgers and chicken served 5-7 p.m.

Tuesday - Lounge open 1 p.m. Happy hour 1-4.

BPOE Indoctrination 7 p.m.

For details, call 465-2661.

The Lake Placid Moose Lodge 2374, will host the following events:

Today - Pavilion open. Burgers and hot-dogs served (call for time).

Music with Wild Bill 3-6 p.m.

Monday - Lunch served 11 a.m. to 2 p.m. LOOM

House Committee meets 7 p.m. WOTM meets 7 p.m.

Tuesday - Lunch served 11 a.m. to 2 p.m.

For details, call 465-0131.

The Veterans of Foreign Wars 3880 in Lake Placid, will host the following events:

Today - Hamburgers 4-5:30 p.m.

For more information, call 699-5444.

SEBRING

The Veterans of Foreign Wars Post 4300 in Sebring, will host the following events:

Today - U.S. Air Force established 1947. Happy hour all day. Ladies Auxiliary hamburgers, etc. served from 5-7 p.m.

Karaoke 5-8 p.m., with Mega Sound.

Monday - Post Shrimp night is back. Peel and eat or fried shrimp, French fries and coleslaw from 5-7 p.m.

VFW Post meeting 7 p.m.

Tuesday - Ladies Auxiliary wings are back (call for time), come on in. Frank "E" music 6-9 p.m.

For details, call 385-8902.

Spanish Aglow International meets Oct. 8

SEBRING — Spanish Aglow International's regular meeting that occurs each second Saturday of every month at its new location, Spring Lake Community Center, 209 Spring Lake Blvd.

The next meeting is Oct. 8, and starts with breakfast at 9 a.m.

Glades Electric may drop support of Miracle League over rec fees

Continued from page 1A

Harris said.

The DCA is the authority over state funds for recreation, and the council was looking into charging different rates to town and county residents for organized sports.

"Well, tell them that we will have to change the signing as well," Royce added.

The Glades Electric

Members Miracle Field was dedicated in September of 2009 and has a special rubberized surface which makes play safe for those who use wheelchairs, canes and walkers.

The Miracle League provides opportunities for individuals with cognitive and/or physical challenges to play Miracle League baseball, and participate in other recreational opportunities.

The Miracle League of Lake Placid recently changed its name to The Miracle League of Highlands County, according to its website at www.ml4hc.com/.

More than 100 players are signed up for opening day on Sept. 24 and each player is assigned a "buddy" to assist in play.

The buddies are called "Angels in the Outfield."

OBITUARIES

CLOYD BERT BRACKIN

Cloyd Bert Brackin, 91, of Frostproof passed away Friday, September 16, 2011 at his residence.

He was born August 23, 1914 in Frostproof to the late Quincy & Mae (Whidden) Brackin; he was a lifelong resident and one of its oldest native born citizens. He spent three years in the European Theater during World War II, serving in the U.S. Army and received the Bronze Star, Purple Heart and five Battle Stars. He retired after 32 years with the Mulberry Construction Company as a heavy equipment operator and was a member of the American Legion, Woodmen of the World and the International Union of Operating Engineers. He enjoyed hunting and fishing.

Bert was preceded in death by his wife 51 years, Mary Brackin in 1992; three brothers, Spoman Brackin, Lloyd Brackin and Ray Brackin; one sister, Gwen Holloway. Survivors include his wife, Nelma S. Brackin; two sisters, Winifred Nelson and Barbara Blankenship both of Panama City; and many nieces and nephews.

Visitation will be held from 5:00 until 7:00 pm Monday, September 19, 2011 and the funeral service will be held 11:00 am, Tuesday, September 20, 2011 at the Marion Nelson Funeral Home in Frostproof with Rev. Brian Smith officiating. Interment will follow at the Silver Hill Cemetery. Condolences may be sent to the family and the webcast of the service can be viewed at www.marionnelsonfuneral-home.com

Marion Nelson Funeral Home
454 South Buck Moore Road
Lake Wales, Florida 33853

PAUL LEWIS CASHELL

Paul Lewis Cashell, 79, of Sebring, Florida,

lost his battle with cancer on Thursday, September 14, 2011. He was born on August 21, 1932 to Lewis and Alice Cashell in Mansfield, Ohio. After graduating from Bowling Green State University in 1954, he immediately entered the U.S. Army as a Second Lieutenant.

He was sent to Korea and served with the 49th Field

Artillery near Inchon.

Upon his return in 1956, he began working as an industrial engineer at the new Fisher Body-General Motors plant in Mansfield. He retired 30 years later and moved to Sebring in 1987. He was an avid golfer, as evidenced by his sixth hole-in-one on April 1, 2011.

He and his beloved wife, Jane, loved to travel and visited most of the world through land tours and more than 40 ocean cruises. He was a member of the Sebring Golf Club and a life member of The First English Lutheran Church; Elks Lodge #56; American Legion Post #16 and the General Motors Salary Retired, Inc. in Mansfield, Ohio.

He is survived by his wife of 57 years, Jane; sisters, Esther Chambers of Fremont, Ohio; Miriam (Ronald) Leger, Auburn, Georgia and Ruth (Gene) Williams, Crestline, Ohio, along with numerous nieces, nephews, great nieces, great nephews and many friends and will be sorely missed by all.

Memorial Services will be held on Wednesday, September 21, 2011 at 3:30 p.m. in the Stephenson-Nelson Funeral Home Chapel with Pastor Ron Norton officiating. In lieu of flowers, contributions may be given to Good Shepherd Hospice or the American Cancer Society.

Stephenson-Nelson Funeral Home
Sebring, Florida 33870
863-385-0125

KATHLEEN HORWITZ

Kathleen C. Horwitz, of Sebring, Fla., passed away at Kindred Hospital in Tampa, Fla. on Tuesday, Sept. 13, 2011. She moved to Sebring in 1970, after living in various states and countries during her husband's military career. She was born to Lawrence and Henrietta Carlston in Ashland, Wis. on Sept. 12, 1934, and married on May 2, 1953 in La Crosse, Wis. to her surviving and lov-

ing husband, Bert, of Sebring. She was past president and a very active member of the Sebring Women's Club; past president of Ladies of the Elks, Sebring Lodge 1529 and very active during her husband's many years as an officer of the lodge. She was also a long-time member of the Sebring Golf Association at Sebring Municipal Golf Course and a very active volunteer with

Reach for Recovery, a breast cancer survivor's help group. She had been employed several years in customer relations with Barnett Bank.

A memorial service will be held at the Sebring Women's Club, 4260 Lakeview Drive, at 11 a.m. Friday, Sept. 23, 2011. Remembrances may be made to the Sebring Women's Club or Highlands County Humane Society. Arrangements were entrusted to:

Stephenson-Nelson Funeral Home
Sebring, Florida 33870
863-385-0125

Death notices

Robert Eugene Evans, 90, of Sebring, died Sept. 13, 2011. Stephenson-Nelson Funeral Home, Sebring, is in charge of arrangements.

John "Ray" Kincer, 81, of Sebring, died Sept. 14, 2011. Stephenson-Nelson Funeral Home, Sebring, is in charge of arrangements.

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Friends: Pilot in Reno crash was skilled airman

By SCOTT SONNER and MARTIN GRIFFITH
Associated Press

RENO, Nev. — Friends of an air racer and movie stunt pilot whose plane crashed into the edge of the grandstand at a show said the 74-year-old was a skilled airman and member of a tight-knit flying community.

Pilot Jimmy Leeward of Ocala died in the crash Friday after apparently losing control of the P-51 Mustang, which spiraled into a box seat area at the National Championship Air Races at about 4:30 p.m. Friday. Leeward and at least two others were killed; dozens were injured.

Family members were at the air show and saw the crash, said Reno Air Races President and CEO Mike Houghton.

"They obviously are devastated," he said. "I talked to Jimmy's son and his wife wanted me to know that Jimmy would not want us to cancel the races but sometimes you have to do things that are not very popular."

Leeward's pilot's medical records were up-to-date, and he was "a very qualified, very experienced pilot," Houghton said. He'd been racing at the show in Reno since 1975.

"Everybody knows him. It's a tight-knit family," Houghton said. "He's been here for a long, long time."

Leeward gave an interview at the air show Thursday with Live Airshow TV, standing in front of his plane "The Galloping Ghost" and saying he didn't want to show his hand on how fast the plane could go.

"We've been playing poker since last Monday. And ... it's ready, we're ready to show a couple more cards, so we'll see on Friday what happens, and on

Ocala pilot Jimmy Leeward one of three killed in crash

Saturday we'll probably go ahead and play our third ace, and on Sunday we'll do our fourth ace," Leeward said in the interview.

Leeward owned the Leeward Air Ranch Racing Team and was a well-known racing pilot. His website says he had flown more than 120 races and served as a stunt pilot for numerous movies, including "Amelia" and "Cloud Dancer."

The vintage plane raced in the "Unlimited" category, where the planes race wingtip-to-wingtip at speeds in excess of 500 mph.

"How fast will she go? Hold on tight, you'll find out soon enough. Reno Air Races 2011 ..." said a teaser on Leeward's website.

A post on his Facebook page Friday afternoon said "Jimmy is starting up right now" and posted a link to live video of the airshow. As

news of Leeward's death spread, Facebook users posted comments and condolences on the post.

Steve Silver, 69, was Leeward's next-door neighbor at a gated community in Ocala, Fla.

"He's been my friend for many years," Silver said. "He was more than a competent pilot. He was really quite a guy."

Given Leeward's experience with flying, Silver said he doubts pilot error was the cause of the crash.

"It would be my bet there was some kind of mechanical malfunction," Silver said.

Maureen Higgins, of Alabama, said Leeward was the best pilot she knew. She was at the air show and said she could see his profile while the plane was going down. He was married and his wife often traveled with him.

"He's a wonderful pilot, not a risk taker," she said. "He was in the third lap and all of a sudden he lost control."

Leeward and his wife had two adult sons.

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Atlantic Strike exercise brings large group to Bombing Range

Continued from page 1A

prep air and ground forces for combat when they are deployed. The large and desolate terrain of the range allows combat missions to prepare on a more similar level before the soldiers are shipped overseas.

Thursday's mission focused solely on two groups of specialized soldiers — the Joint Fire Observer (JFO) and the Joint Terminal Attack Controller (JTAC).

"JFOs basically provide close air support for the ground service," explained U.S. Army Staff Sgt. Patrick Brodhead.

SSG Brodhead is a member of the 82nd Airborne Division based out of Fort Bragg, N.C. Brodhead was one of two JFOs on site during the exercise.

The second JFO, Sgt. Laquin Andrus of the Marine Corps, looked forward to his second Atlantic Strike exercise.

Each of the JFOs had a JTAC member that they worked closely with during the exercise.

The two Air Force JTACs, SSgt. Chad Williams and AIC William Chandler, assisted their JFOs during the demonstration.

"The JTACs' mission basically is to keep the friendlylies safe. It's not our job to drop bombs necessarily. We search the villages and the cities and provide support for our JFOs," SSgt. Williams explained.

The JTACs were specifically advised to control any target within the village and maintain clearance throughout the area.

The entire group of men geared up for their exercise over an hour before their mission wish began at 1400 hours (or 2 p.m. for civil-



News-Sun photo by KATARA SIMMONS
Air Force Tech Sgt. Robert 'Rusty' Callaway checks his equipment as a convoy drives past to their designated positions.



News-Sun photo by KATARA SIMMONS
Troops dressed as enemy targets make their way through a combat simulation Thursday afternoon at the Bombing Range in Avon Park.

ians) Thursday. The mission lasted two hours before the men were allowed a break.

"The temperature is a Cat (Category) 5. That means in this heat, once you factor in the actual heat, the humidity, and the extra heat from all the gear, we can only work a certain amount of hours and break for an hour,"

explained Air Force Tech Sergeant Robert (Rusty) Callaway.

As the teams prepared to leave the cool shade of the set-up site, Brodhead explained a little further what his group does to prepare for the exercise as well as what they do in a real war zone.

"We try to get the most intelligence that we can beforehand, but sometimes you just have to work with what you have," Brodhead said.

The uniqueness of this Atlantic Strike exercise, as opposed to previous exercises, is that Thursday's operation was primarily JFO and JTAC-focused.

"It's geared more towards JFOs and JTACs this time. Its focus is on not us individually or us as a military branch, but the two special teams and how we work together to find a target or clear an area. In a real war we will likely have to work with these guys — the Marines, the Army — and we have to know how to do that before we are out in a war," said Chandler.

The teams huddled underneath a small pavilion before the mission began. A small group of four troops, one from the Navy and three Marines, loaded an ammunition cartridge slowly at a

table in the middle of the pavilion.

A young Marine corporal slowly weaved three rounds of ammunition into the container.

"It just makes us more efficient. It's simply to cut time and save time when we are out in the field," said Cpl. William Maupin.

The exercise's ground commander, Marine Sgt. Shelby Mangiaracina, spoke briefly to small groups of men preparing them on their tasks.

"My job is to control the movement of troops on the ground and control air strikes to clear the town, in this case. In another case it could be control the air strikes so that we can raid, but today I have to secure the targets and get him out," said Mangiaracina.

The troops headed out to the "city" in a handful of Humvees. Troops entered the south side of the city and the "war" began. Hundreds of sim rounds (simulation bullets filled with paint, similar to a paintball but more forceful) showered the area along with grenades carrying loud blasts.

HMLA 467 Sabers, AH-1 Cobra, and UH-1 Huey heli-

copters circled overhead providing air support throughout the entire simulation.

Many enemies or "Charlies" were killed during the simulation, but the home team also suffered a few losses.

Hours after the simulation began, troops headed back to the staging area for debriefing and officers' critiques.

"All in all it was a good day. There were communication problems and some big mistakes but you guys did well," said one lieutenant.

The troops rested for lunch for an hour before returning to the field for the night simulation. The simulation intensifies during the evening hours because of the dark and less visibility. The simulation ended around 10 p.m.

"This exercise isn't easy and it's not like being in a real war zone. We actually know who the 'enemy' is and we know we can't die from a bullet. But we get used to feeling bullets and seeing them pass by us; we get used to hearing bombs explode. It makes us more efficient at our job. It makes us better able to fight the war on terrorism when we deploy," said Brodhead.

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Housing danger: Slump a 2012 campaign liability for Obama

Associated Press

WASHINGTON — Barack Obama's road to re-election is lined with lots of boarded-up homes.

Though the high unemployment rate dominates talk in Washington, for many 2012 voters the housing crisis may well be a more powerful manifestation of a sick economy. And, in an unfortunate twist for Obama, the problem is at its worst in many of the battleground states that will be decisive in determining whether he gets another term.

Swing states Florida, Arizona, Nevada, Ohio and Michigan — they all pulse red-hot on a foreclosure rate "heat map." And by themselves those five add up to 80 of the 270 electoral votes needed to win the presidency.

Mortgage default notices surged

nationally last month. One in every 118 homes in Nevada received a foreclosure filing in August, according to the foreclosure listing firm RealtyTrac. One in 248 in Arizona. One in 349 in Michigan. One in 376 in Florida. And so on.

A foreclosure's impact is visceral and outsized, rippling far beyond one household.

"Entire neighborhoods see what's going on," says Bill Galston, a senior fellow at the Brookings Institution and a former Clinton administration official. "The visibility contributes to the psychology of continued economic troubles."

There's the in-your-face eyesore sometimes created by a vacant house next door sprouting weeds on the front lawn.

There's the downward pressure on

housing values that can follow for everyone else in the neighborhood.

There's the welling frustration felt by neighboring homeowners who may owe more on their own mortgages than their homes are worth.

Nearly a quarter of all U.S. homeowners with mortgages are now underwater, representing nearly 11 million homes, according to CoreLogic, a real estate research firm.

Again, many of the states with the highest underwater mortgage rates also are political battleground states: In Nevada, 60 percent of homeowners are upside down, according to CoreLogic. Arizona is at 49 percent;

Florida, 45 percent; Michigan, 36 percent.

Obama will need swing-state voters more than ever in 2012 because of the tougher political climate for Democrats this election season.

Politically, it all adds up to "the thousand-pound gorilla in the room," says Roy Oppenheim, a Florida foreclosure defense attorney who speaks of "suburban blight" in his home state, of gutted homes, of entire neighborhoods where banks are bulldozing foreclosures.

Obama set high expectations for turning things around, Oppenheim says, and hasn't been able to deliver, leaving people disillusioned.

"At some point, you don't judge people by how well they speak, you judge them by their actions," says the attorney, who backed Obama in

the 2008 presidential race. "I continue, I guess, to support him, but I do it very reluctantly."

None of this has been lost on the president.

When Obama was asked at a forum this summer what mistakes he'd made in handling the recession, and what he'd do differently, he quickly singled out housing. The market didn't bottom out as quickly as expected, he said, despite multiple administration efforts to help people stay in their homes and to start boosting home values, he said.

The president made only brief mention of the housing problem in his highly anticipated jobs speech this month, but he did promise to expand a government program that helps people refinance their mortgages at lower interest rates.



Obama

Bone marrow donation matching hard to do locally

Continued from page 1A

was only two, I think," said Martinez.

Martinez hasn't seen her cousin much since he began his endless chemotherapy treatments; she worries that Depatto may be getting worse rather than better. For leukemia patients, bone marrow is vital to keep them alive and their bodies functioning and healthy.

Martinez has become fully involved in finding a bone marrow match for her cousin.

"I called all the local blood centers and they had close to no bone marrow testing available. I was so angry, sad and upset," said Martinez.

Martinez was shocked to find the hoops she had to jump through in order to even receive a test to see if she was a match for bone marrow for her cousin.

"The blood center (in Sebring) doesn't really offer the service. They told me that they would swab me if I donated a pint of blood. If I didn't donate then it would cost me around \$65. I just thought that was crazy," Martinez said.

Martinez began to do more searching and found that the closest place to do a bone marrow testing swab was in Orlando.

"Even there they require a doctor's order stating that I could do this and then they would send the results to Sean's doctor," Martinez said.

Martinez then returned to Highlands County in hopes of organizing a sort of drive for bone marrow testing with the help of the blood center.

"They told me they couldn't do it. They said that the tests had to be temperature controlled. I felt so helpless and so angry," said Martinez.

After weeks of dealing with what seemed like an impossible task, Martinez found a solution at www.getswabbed.org/.

"I found the DKMS (Deutscher Knochenmarkspendeteam GmbH) website and there it was," Martinez said.

DKMS is the largest bone marrow donor center in the world with a mission to save tens of thousands of lives through matching patients

with donors to complete bone marrow transplants.

"It takes five minutes to register. You fill out the information and a week later they send you this really cool kit. There are these long, cotton swabs and you just swab your mouth, put them back into the packaging and send it off in the mail," said Martinez.

Once a potential donor has swabbed and registered, he or she stays in the national database so that they can be linked up with patients in need.

"It takes about two or three weeks to get the test results back. I just sent mine back this week so I will know soon if I'm a match for Sean," Martinez said.

Depatto has yet to find a bone marrow donor of the appropriate age, but Martinez is hoping that she will be a match for her suffering cousin.

"Sean's brother T.J. is a match but he can't donate because he's under 18. The risk of infection is too great. I really hope that I am a match. You can get the bone marrow from anyone, but it's just better if it is a family member," Martinez said.

For now Martinez and Depatto wait and pray for a miracle. After all the difficulties Martinez encountered, she is hoping to raise awareness regarding leukemia and bone marrow testing and donation.

"I can do so much more than just sit here. I'm a nurse you know? I watch babies being born and people doing so much to help benefit them with the March of Dimes and organizations like that. Well, what about leukemia? I'm just using what God already gave me to help," said Martinez.

Depatto is currently in the hospital in New York undergoing further chemotherapy and fighting for his life. Martinez knows it can go either way at this point but she remains positive for her cousin.

"He's brave and he is fighting. Even if he doesn't make it I want someone else to not suffer the way Seany has suffered. Yes the procedure to donate is intricate and painful, but what is an hour or two of pain when you

think of all the lives you will be saving?" Martinez said.

Martinez is hoping that the community will take interest and work to help out by being bone marrow tested. The simple swab test is quick and easy and painless and Martinez knows it could help not only her cousin Sean, but thousands of other kids and young adults just like Depatto.

"I'm hoping because we live in close, small community that people will care enough to help out. Not just for my cousin for anyone who has a kid going through this. There are ways to help out there, I have to let people know about this," said Martinez.

For more information about leukemia and bone marrow testing and donation visit www.getswabbed.org/ or visit Martinez's Facebook page for her cousin Sean by searching for "Swab for Hope."

Rowan facing discipline hearing

Continued from page 1A

that this occurred 14 months after Rowan's investigation began.

Deleon references the findings of the State Attorney's report into Rowan's investigation of Mayor Sharon Schuler, Deputy Mayor Brenda Gray and former city manager Maria Sutherland.

That report concluded Rowan conducted his investigation of city officials in retaliation for not receiving the city manager position, for which he had applied.

Finally, Deleon refers to a letter written by State Attorney Jerry Hill, in which Hill informs Rowan he will no longer be allowed to testify in criminal cases due to a "lack of credibility."

As a result, Deleon writes to Rowan, his conduct, if

true, "is inconsistent with my expectations of your responsibilities as a department head and constitutes a violation of Section 11.05 of the city's personnel rules and regulations."

In particular, Deleon cited insubordination; threatening and intimidating fellow employees and supervisors; conduct adversely affecting the ability of employees to perform their duties; using discourteous, insulting, abusive and inflammatory lan-

guage; and deliberately or negligently misusing or destroying city property.

Deleon offers Rowan the option of a pre-disciplinary conference.

In a telephone conversation Saturday, Rowan told the News-Sun his lawyer, Robert H. Grizzard II, had been in touch with city attorneys and a date for a conference had been set, although he did not remember exactly when it was. Otherwise, he had no comment.

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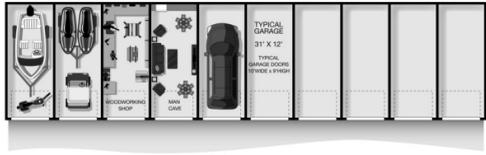
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BUSINESS



Lake June West
Hobby Garage



Courtesy illustration

The Lake June West townhomes feature hobby garages.

20th townhome sold at Lake June West

Special to the News-Sun

LAKE PLACID — The third of four lakefront townhome buildings is under construction at Lake June West townhomes on Lake June according to Mike Chapman, the community's builder and developer.

"Ten townhomes in phase I are sold and occupied and 10 townhomes in Phase II are now under contract with some units already closed," he said.

"Last week we released townhome inventory in Phase III and are already receiving inquiries and sending out contracts," said Gayle Chapman, of Chapmans Real Estate Corp.

"We are now seeing just as many sales leads being generated through our enhanced website as compared to on site sales activity. Visitors of the website can view floorplans and flip the pages in our monthly e-magazine featuring events of the month," she added.

Upon completion of Lake June West, the community will feature 49 Key West style townhomes featuring

two floorplans situated on over 1,000 feet of sandy beach with views of Lake June and Scrub State Park across the lake. There are barbecue areas, a boat ramp, and 20 of the community's 49 boat docks are completed. Lake June West Golf Club is across the street.

Another feature of the community is the fact that there are also hobby garages available. These garages are 30x12x10 feet and are perfect for storing wake board, waterski or fishing boats, SeaDoo's, golf carts and motorcycles or perfect for woodworking or other hobbies.

"The Hobby Garages are nearly over-subscribed with some unit owners on a wait list for two garages," Chapman said.

There is also a Vacation Rental Management Program available to assist owners in managing their vacation property. Call 863-465-9185 or visit www.lakejunewest.com.

The furnished Model Center is open daily from 9 to 5 p.m. at 1114 Lake June Road.

SFCC offers workplace training

Special to the News-Sun

AVON PARK — South Florida Community College's Corporate and Community Education Department is offering a variety of workshops and classes to help improve workplace skills and productivity this fall at the SFCC Highlands Campus, Avon Park.

— In Workplace Spanish, participants will learn key terms and expressions that are important for communicating in a working environment. Each participant will receive a written manual with Spanish phrases, an audio CD for listening in your car or stereo, and a companion Click IT CD-ROM for PC use. Class meets Mondays, Sept. 26- Dec. 12, 6-8 p.m. The cost is \$195.

— As a business owner or manager, do you want to improve motivation and performance amongst your team? Do you have one or several employees who exhibit such unproductive behaviors as laziness, tardiness, indifference, sloppiness, poor attitude, or general on-the-job malaise? Do you ever sense that, at times, your employees have "checked out" of their jobs and disengaged from

your customers, their teams, and/or achieving success for your organization? Learn how to increase your employees' motivation in Monumental Motivation. The four-hour workshop will be held Friday, Sept. 23, 1-5 p.m., in Building T, Room 20. The cost is \$125 and reference CRN 11534 when registering.

— The 30-hour IV Therapy class satisfies the requirement for licensed practical nurses as outlined by the Florida Board of Nursing. It will be offered on Wednesdays, 5-9 p.m. and Saturdays, 8 a.m.-2 p.m., Oct. 5-Oct. 22 at the SFCC Highlands Campus, Building HSC, Room 113. The cost is \$195.99 for the course and \$26.95 for the book, which is available at the SFCC Bookstore.

— Completion of both the FCCPC I and II courses are key elements to earning a Florida Child Care Professional Credential (FCCPC). FCCPC I and II address eight core areas of knowledge and skill associated with delivery of quality education to preschool children, and builds upon the content of the state-mandated training courses previously

completed by the caregiver. SFCC is offering the FCCPC II class on Tuesdays and Thursdays, Oct. 13-Dec.13, from 5:30-9 p.m., on the Highlands Campus, 600 W. College Dr., Avon Park. The class will cost \$300 and the CRN number is 11595.

— Are you new to the world of social networking? Looking to improve the virtual presence of your company, organization, group, or club using the newest social media tools? Interested in establishing yourself on such sites as Facebook, LinkedIn, or Twitter? SFCC is offering a Social Networking Workshop to learn to embrace technology and to implement a powerful social networking campaign. This class will meet on Tuesdays, Oct. 4th-Nov. 8, 6-8 p.m. The cost is \$259.99 and reference CRN 11607 when registering.

Register in Building B at the Highlands Campus or any SFCC campus or center. For more information, contact Lorrie Key, director, SFCC Corporate and Community Education at CorporateTraining@southflorida.edu or call 863-784-7033.

Take advantage of the power of compounding

I wish I had learned about the power of compounding a long time ago. As a kid I walked dogs in the neighborhood, earning \$5 a week. If I'd started investing that weekly \$5 from age nine until 65, it would have grown to \$254,000, assuming an 8 percent return.

Unfortunately, I didn't catch compounding fever until much later. I missed out on maximizing my first few years of 401(k) contributions, which would have made a huge difference at retirement.

But on a positive note, my 11-year-old son learned from my mistakes and socks away his \$10 weekly newspaper delivery salary, which he

earns in addition to his allowance. My wife and I sweeten the pot by matching his savings in a Roth IRA we opened for him.

So what is compounding? Basically, it's where you put aside money — whether in savings, a retirement account or the stock market — and then essentially leave it alone. As your account earns interest or dividends, you continually reinvest those profits, thereby generating (compounding) additional earnings at an accelerated rate.

Numerous interactive cal-



Personal Finance
Jason Alderman

culators are available online to help you estimate potential savings under different scenarios. I used several from the www.dinkytown.net in the following examples:

Using Dinkytown's "Compound Interest and Your Return" calculator, you can

estimate how quickly a one-time investment will grow at varying interest rates and periods of time. For example, a \$10,000 investment earning 8 percent compounded quarterly would be worth \$22,080 after 10 years;

\$48,754 after 20 years; and

\$107,652 after 30 years.

If you can set money aside every month, your savings will grow even faster. According to Dinkytown's "Cool Million" calculator, if you began saving \$100 a month at age 21 and earned 8 percent interest, by 65 your account would be worth about \$447,000. Increasing the monthly contribution to \$200 would double that to about \$893,000.

The riskier the investment, the greater your potential gains — and losses. For example, regular savings accounts typically offer very low interest rates in exchange for very low risk

See **COMPOUNDING**, 10A

NOTICE OF BUDGET HEARING

The Highlands County Board of County Commissioners has tentatively adopted a budget for Fiscal Year 2011-2012.

A public hearing to make a **FINAL DECISION** on the budget **AND TAXES** will be held on:

**Tuesday, September 20, 2011
5:30 P.M.**

at

**Government Center Boardroom
600 South Commerce Avenue,
Room B104
Sebring, Florida 33870**

BUDGET SUMMARY

**HIGHLANDS COUNTY
BOARD OF COUNTY
COMMISSIONERS FISCAL YEAR
2011-2012**

**THE PROPOSED OPERATING BUDGET
EXPENDITURES OF HIGHLANDS
COUNTY BOARD OF COUNTY
COMMISSIONERS ARE 5.4% LESS THAN
LAST YEAR'S TOTAL
OPERATING EXPENDITURES**

ESTIMATED REVENUES	GENERAL FUNDS	TRANSPORTATION TRUST FUND	SPECIAL REVENUE FUNDS	DEBT SERVICE FUNDS	CAPITAL PROJECTS FUNDS	ENTERPRISE FUNDS	TOTAL ALL FUNDS
TAXES							
AD VALOREM TAXES MILLAGE 7.1000	\$ 31,945,958	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 31,945,958
SALES & USE TAXES	-	4,410,000	7,146,536	-	-	-	11,556,536
COMMUNICATIONS SERVICES TAX	720,000	110,000	-	-	-	-	830,000
LICENSES AND PERMITS	18,000	41,000	480,400	-	-	-	539,400
INTERGOVERNMENTAL REVENUE	11,448,048	2,667,050	3,571,295	-	-	89,255	17,775,648
CHARGES FOR SERVICES	4,344,000	66,335	1,129,948	-	-	4,814,358	10,354,641
FINES & FORFEITURES	83,500	-	-	-	-	-	83,500
MISCELLANEOUS REVENUES	1,191,000	1,137,422	2,215,344	-	-	6,815,294	11,359,060
TOTAL REVENUES	\$ 49,750,506	\$ 8,431,807	\$ 14,543,523	\$ -	\$ -	\$ 11,718,907	\$ 84,444,743
INTERFUND TRANSFERS	48,060	-	967,633	-	-	-	1,015,693
NON-OPERATING SOURCES	-	-	-	-	-	8,250	8,250
TOTAL REVENUES/OTHER SOURCES	\$ 49,798,566	\$ 8,431,807	\$ 15,511,156	\$ -	\$ -	\$ 11,727,157	\$ 85,468,686
CASH BALANCE BROUGHT FORWARD	7,239,728	1,391,296	20,173,825	-	-	445,428	29,250,277
TOTAL ESTIMATED REVENUES	\$ 57,038,294	\$ 9,823,103	\$ 35,684,981	\$ -	\$ -	\$ 12,172,585	\$ 114,718,963

ESTIMATED EXPENDITURES	GENERAL FUNDS	TRANSPORTATION TRUST FUND	SPECIAL REVENUE FUNDS	DEBT SERVICE FUNDS	CAPITAL PROJECTS FUNDS	ENTERPRISE FUNDS	TOTAL ALL FUNDS
GENERAL GOVERNMENT SERVICES	\$ 14,338,298	\$ -	\$ 1,121,832	\$ -	\$ -	\$ -	\$ 15,460,130
PUBLIC SAFETY	31,792,143	-	5,607,803	-	-	-	37,399,946
PHYSICAL ENVIRONMENT	1,096,384	-	782,598	-	-	11,456,410	13,335,392
TRANSPORTATION	-	9,273,103	23,096,331	-	-	-	32,369,434
ECONOMIC ENVIRONMENT	1,402,069	-	2,235,432	-	-	-	3,637,501
HUMAN SERVICES	2,990,685	-	90,200	-	-	-	3,080,885
CULTURE/RECREATION	2,138,407	-	1,485,650	-	-	-	3,624,057
OTHER FINANCING USES	895,238	-	72,395	-	-	-	967,633
COURT RELATED EXPENSES	1,291,577	-	792,740	-	-	-	2,084,317
TOTAL EXPENDITURES	\$ 55,944,801	\$ 9,273,103	\$ 35,284,961	\$ -	\$ -	\$ 11,456,410	\$ 111,959,295
RESERVES	1,093,493	550,000	400,000	-	-	716,175	2,759,668
TOTAL EXPENDITURES & OTHER USES	\$ 57,038,294	\$ 9,823,103	\$ 35,684,961	\$ -	\$ -	\$ 12,172,585	\$ 114,718,963

THE TENTATIVE, ADOPTED, AND/OR FINAL BUDGETS ARE ON FILE IN THE OFFICE OF THE ABOVE MENTIONED TAXING AUTHORITY AS A PUBLIC RECORD

BUSINESS

Bridal Gala to feature more than \$4,000 in prizes

Special to the News-Sun
SEBRING — The historic Kenilworth Lodge in Sebring will host the region's largest bridal show from 6-9 p.m. on Monday, Oct. 3. The seventh annual Central Florida Bridal Gala will feature approximately thirty-five of the finest bridal service providers in the six-county area of Highlands, south Polk, Hardee, Okeechobee, DeSoto and Glades counties.

This show will both pamper brides and assist them in choosing the latest in bridal products and services in the central Florida area. More than \$5,000 worth of prizes will be awarded at the Bridal Gala including an inclusive honeymoon package at Sandals Resorts and Delaney Photography packages given as grand prizes in addition to door prizes from every bridal service provider in the show.

One of the most popular elements of the gala is the fashion show, featuring styles and flowers for the entire wedding party. Elizabeth's Bridals and will showcase the newest bridal

styles of Mary's Bridals and other designers. Maxcy's Men's Wear will present tuxedos from Jim's Formal Wear and more. Affordable Flowers will feature fresh and silk floral arrangements from casual to formal in the fashion show and the Kenilworth Lodge lobby.

Food, fashions, flowers, photographers, reception décor and entertainment, all the essentials of a great wedding will be showcased. Enjoy samples from Golden Palms Catering, champagne flutes and soft drinks for all attendees. Bridal registry services will be featured by Belk's. Brides and their friends will be delighted with the choices presented at the gala — florists, photographers, entertainers, limos, horse and carriage and other exhibitors, all providing services to the six-county central Florida area.

If a bride has ever wanted to go to one of the big shows in Tampa, Orlando or Miami and wondered if it would help her, she should go to the Central Florida Bridal Gala and find the bridal service companies that actu-



Courtesy photo
The bridal fashion show is always a popular part of the Bridal Gala at Kenilworth Lodge in Sebring.

ally work in the central Florida area.

Admission to the show is \$8 in advance, \$10 at the door. Brides may pre-register by calling (800) 423-

5939, 385-0111 or email at guestservices@KenilworthLodge.com. Visit the Kenilworth Lodge web site for more info at www.kenilworthlodge.com.

Keller Williams Realty is relocating

Special to the News-Sun
SEBRING — Led by Operating Principal Gary Mikulecky and Team Leader/Broker Jarrod Davis, Keller Williams Realty of Highlands County market center will be moving its current Sebring office location at 2359 U.S. 27 South to 233 U.S. 27 North in The Village Fountain Plaza.

"Keller Williams Realty is excited about the new office location," said Mikulecky. "Our company has a policy of selecting only premier locations in any given area. By maintaining our standards

of excellence and being in a convenient location, we can provide Keller Williams Realty customers with the best real estate experience possible."

The new office location will be fully operational by Sept. 28.

"We hope the community will stop by to visit us at the new location ... next door to the Sebring Chamber of Commerce," said Mikulecky.

To contact Keller Williams Realty of Highlands County, call 386-4141 or email: klrw589@gmail.com.

Compounding can make a big difference

Continued from page 9A

of loss. On the other hand, investing in the stock market can potentially earn double-digit investment rates over long periods of time. (Of course, stocks can be a risky short-term investment.)

So why not simply park your money in a safe haven? Simple: inflation. If your money is earning 2 percent interest but the inflation rate is 3 percent, you'll actually net a 1 percent loss.

Using the "Cool Million" \$100-a-month example above, if you expect to earn 8 percent interest but factor in a 3.1 percent expected annual inflation rate (the overall average rate since 1925), your account balance at age 65 would be worth more like \$117,000 in today's dollars, versus \$447,000 unadjusted for inflation.

The longer you delay saving, the harder it is to catch up. According to Dinkytown's "Don't Delay Your Savings!" calculator, if you save \$200 a month at 8 percent interest, after 30 years your account would be worth \$283,522. But wait only two years to begin saving and that balance would shrink to only \$238,612 — that's \$44,910 less. A five-year delay would knock it down to only \$182,968.

Bottom line: Don't procrastinate on starting to save. And get your kids on the compounding bandwagon as well; they'll thank you once they reach your age.

Jason Alderman directs Visa's financial education programs. To follow Jason Alderman on Twitter: www.twitter.com/PracticalMoney

September is Workforce Development Month

Special to the News-Sun

Governor Rick Scott recently issued a proclamation designating September 2011 as Workforce Development Month in Florida.

In the proclamation, the governor paid tribute to the many dedicated men and women who support the workforce talent needs of Florida through the state workforce development system,

which includes Workforce Florida, Inc., the Agency for Workforce Innovation, the 24 regional workforce boards and the 95 One-Stop Career Centers. It was stated that these individuals are committed to assisting our state during these extraordinary economic times by providing exemplary career training and employment assistance to more than two million job

seekers and 35,300 employers annually.

Locally, Heartland Workforce, regional workforce board 19, serves the tri-county area of DeSoto, Hardee and Highlands through three One-Stop Career Centers, one each in Arcadia, Sebring and Wauchula. A copy of the proclamation has been displayed in each of the local Career Centers.

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FINAL PRICE REDUCTION **\$13,911**

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BLUE BOOK PRICE - \$15,845
FINAL PRICE REDUCTION **\$13,911**



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BLUE BOOK RETAIL - \$24,755
FINAL PRICE REDUCTION **\$21,911**

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BLUE BOOK RETAIL - \$17,835
FINAL PRICE REDUCTION **\$14,911**

2008 DODGE DAKOTA



1 OWNER, 37,000 MILES,
BLUE BOOK PRICE - \$16,705
FINAL PRICE REDUCTION **\$12,911**

2008 MAZDA MIATA



1 OWNER, 35,000 MILES,
BLUE BOOK PRICE - \$21,705
FINAL PRICE REDUCTION **\$16,911**

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CASE NO.: 11-972-FCS
IN THE MATTER OF THE ADOPTION OF ALEXSIS JO-LICIA HELMS Adoptee

NOTICE OF ACTION
TO: JOHN EDWARD GREEN
26 Ridgeway Road
Kingston 19
Jamaica, W.I.
YOU ARE HEREBY NOTIFIED that a Petition for Termination of Parental Rights Pending Adoption and Petition for Adoption has been filed and you are required to serve a copy of your answer or pleading of the petition to the Petitioner's attorney, TED A. LASSEIGNE, Post Office Box 2238, Haines City, Florida 33845-2238, and file the original answer or pleading in the office of the Clerk of the Circuit Court on or before October 18, 2011. If you fail to do so, judgment for adoption and for other relief prayed for in the Petition may be granted by default.

"If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator at 863-534-4690 at least 7 days before your scheduled court appearance, or immediately upon receiving this notification if the time before the schedule appearance is less than 7 days; if you are hearing or voice impaired, call 711."

DONE AND ORDERED at Sebring, Highlands County, Florida, this 6th day of September, 2011.
(COURT SEAL) ROBERT W. GERMAINE
Clerk of Circuit Court
By: /s/ Priscilla Michalak

/s/ Ted A. Lasseigne
Post Office Box 2238
Haines City, Florida 33845-2238
Telephone No. 863-422-2216
Florida Bar No. 0163202
Attorney for Petitioner

September 18, 25, 2011

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA
PROBATE DIVISION
File No. PC11-382
Division Probate
IN RE: ESTATE OF JAMES DAVID MOORE, JR.
A/K/A JIMMY MOORE Deceased.

NOTICE TO CREDITORS
(Summary Administration)
TO ALL PERSONS HAVING CLAIMS OR DEMANDS AGAINST THE ABOVE ESTATE:

You are hereby notified that an Order of Summary Administration has been entered in the estate of JAMES DAVID MOORE, JR. A/K/A JIMMY MOORE, deceased, File Number PC 11-382, by the Circuit Court for Highlands County, Florida, Probate Division, the address of which is Clerk of the Court, Highlands County Courthouse, 430 South Commerce Avenue, Sebring, Florida; that the decedent's date of death was March 20, 2011; that the total value of the estate is \$10,000.00 and that the names and addresses of those to whom it has been assigned by such order are: Nancy Moore, P.O. Box 15, Emigrant, MT 59027.

ALL INTERESTED PERSONS ARE NOTIFIED THAT: All creditors of the estate of the decedent and persons having claims or demands against the estate of the decedent other than those for whom provision for full payment was made in the Order of Summary Administration must file their claims with this court WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE.
ALL CLAIMS AND DEMANDS NOT SO FILED WILL BE FOREVER BARRED.
NOTWITHSTANDING ANY OTHER APPLICABLE TIME PERIOD, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.
The date of first publication of this Notice is September 18, 2011.

Person Giving Notice:
Hal Worden
615 W. Main Street
Avon Park, Florida 33825

Attorney for Person Giving Notice:
John K. McCure
Attorney for Petitioner
Florida Bar Number: 286958
MCCURE & LOBOZTO
211 S. Ridgeway Drive
Sebring, Florida 33870
Telephone: (863) 402-1888
Fax: (863) 402-2436

September 18, 25, 2011

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA
CASE NO.: FC11-932
DIVISION: FAMILY

BARBARA L. CALDWELL
Plaintiff
and
JEFFREY S. CALDWELL
Respondent.

NOTICE OF ACTION
FOR DISSOLUTION OF MARRIAGE

TO: Jeffrey S. Caldwell
2759 Brantford Rd., Smyrna, Delaware
YOU ARE NOTIFIED that an action has been filed against you and that you are required to serve a copy of your written defenses, if any, to it on Barbara Caldwell, whose address is 310 E. Booker St., Avon Park, FL 33825, on or before October 21, 2011, and file the original with the Clerk of this Court at 590 South Commerce Avenue, Sebring, Florida 33870, before service on petitioner or immediately thereafter. If you fail to do so, a default may be entered against you for the relief demanded in the Petition.

Copies of all court documents in this case, including orders, are available at the Clerk of the Circuit Courts office. You may review these documents upon request.

You must keep the Clerk of the Circuit Courts office notified of your current address. (You may file a Notice of Current Address, Florida Supreme Court Approved Family Law Form 12.915.) Future papers in this lawsuit will be mailed to the address on record at the Clerk's office.
WARNING: Rule 12.285, Florida Family Law Rules of Procedure, requires certain automatic disclosure of documents and information. Failure to comply can result in sanctions, including dismissal or striking of pleadings.
Dated September 15, 2011.

CLERK OF THE CIRCUIT COURT
By: /s/ Alicia Perez
Deputy Clerk
September 18, 25, October 2, 9, 2011

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1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA
CIVIL ACTION
CASE NO.: 070005496GCS

BANK OF NEW YORK AS TRUSTEE FOR THE CERTIFICATEHOLDERS CWABS, INC. ASSET-BACKED CERTIFICATES, SERIES 2006-20, Plaintiff,
vs.
PURA DEL P. MENDOZA, et al, Defendant(s).

NOTICE OF FORECLOSURE SALE

NOTICE IS HEREBY GIVEN pursuant to a Final Judgment of Mortgage Foreclosure dated on September 01, 2011 and entered in Case No. 070005496GCS of the Circuit Court of the TENTH Judicial Circuit in and for HIGHLANDS County, Florida wherein BANK OF NEW YORK AS TRUSTEE FOR THE CERTIFICATEHOLDERS CWABS, INC. ASSET-BACKED CERTIFICATES, SERIES 2006-20, is the Plaintiff and PURA DEL P. MENDOZA; THE UNKNOWN SPOUSE OF PURA DEL P. MENDOZA; DORI QUINONES JIMENES A/K/A DORIS QUINONES JIMENEZ; THE UNKNOWN SPOUSE OF PURA DEL P. MENDOZA; DORI QUINONES JIMENES A/K/A DORIS QUINONES JIMENEZ; ANY AND ALL PARTIES CLAIMING BY, THROUGH, UNDER, AND AGAINST THE HEREIN NAMED INDIVIDUAL DEFENDANT(S) WHO ARE NOT KNOWN TO BE DEAD OR ALIVE, WHETHER SAID UNKNOWN PARTIES MAY CLAIM AN INTEREST AS SPOUSES, HEIRS, DEVISEES, GRANTEES, OR OTHER CLAIMANTS; are the Defendants, The Clerk of the Court will sell to the highest bidder for cash at JURY ASSEMBLY ROOM IN THE BASEMENT OF THE HIGHLANDS COUNTY COURTHOUSE, 430 SOUTH COMMERCE AVENUE at 11:00AM, on the 4th day of October, 2011, the following described property as set forth in said Final Judgment:

LOT 28, BLOCK Q, SPRING LAKE VILLAGE III, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 9, PAGE 54, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
A/K/A 7908 GRANADA ROAD, SEBRING, FL 33876

Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis Pendens must file a claim within sixty (60) days after the sale
WITNESS MY HAND and the seal of the Court on September 2, 2011.

ROBERT W. GERMAINE
Clerk of the Circuit Court
By: /s/ Priscilla Michalak
Deputy Clerk

Florida Default Law Group, P.L.
P.O. Box 25018
Tampa, Florida 33622-5018
F07020096 COUNTRY-CONV B/C--Team 2
**See Americans with Disabilities Act
In accordance with the Americans Disabilities Act, persons with disabilities needing a special accommodation to participate in this proceeding should contact the individual or agency sending the notice at Echevarria & Associates, P.A., P.O. Box 25018, Tampa, FL 33622-5018, telephone (813) 251-4766, not later than seven (7) days prior to the proceeding. If hearing impaired, (TDD) 1-800-955-8771, or voice (V) 1-800-955-8770, via Florida Relay Service.

September 18, 25, 2011

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA
PROBATE DIVISION
FILE NO. PC 11-345

IN RE: ESTATE OF CHARLES EDWIN REBONE
a/k/a CHARLES E. REBONE
a/k/a CHUCK REBONE
Deceased.

NOTICE TO CREDITORS
The administration of the estate of CHARLES EDWIN REBONE a/k/a CHARLES E. REBONE a/k/a CHUCK REBONE, deceased, whose date of death was July 1, 2011, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 South Commerce Avenue, Sebring, FL 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and persons having claims or demands against decedent's estate must file their claim with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT SO FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIOD SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.
The date of first publication of this Notice is September 11, 2011.

Personal Representative:
Sandra Kaye Scholl
995 Thomas Road, SW
South Boardman, MI 49680

BREED & NUNNALLEE, P.A.
Attorneys for Personal Representative:
325 NORTH COMMERCE AVENUE
SEBRING, FL 33870
Telephone: (863) 382-3154
By: /s/ E. Mark Breed III
Florida Bar No. 338702
E-mail address: breednunn@bnpalaw.com
September 11, 18, 2011

IN THE CIRCUIT COURT OF THE 10TH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA
CIVIL DIVISION
CASE NO.: 2009-CA-001462

MTGLQ Investors, L.P.;
Plaintiff,
vs.
MICHAEL GROSH; NANCY A. GROSH, ET. AL.;
Defendants.

NOTICE OF SALE
NOTICE IS HEREBY GIVEN that, in accordance with the Default Final Judgment of Foreclosure dated August 31, 2011, in the above styled cause, I will sell to the highest and best bidder for cash the JURY ASSEMBLY ROOM, BASEMENT, 430 SOUTH COMMERCE AVENUE, SEBRING, FL 33870 at 11:00 a.m. on September 27, 2011, the following described property:

LOT 20, BLOCK 20, SUN 'N LAKES ESTATES OF SEBRING, UNIT 2, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 9, PAGE 48, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
MTGLQ Investors, L.P.;
vs.
MICHAEL GROSH; NANCY A. GROSH, ET. AL.;
Defendants.

NOTICE OF SALE
NOTICE IS HEREBY GIVEN that, in accordance with the Default Final Judgment of Foreclosure dated August 31, 2011, in the above styled cause, I will sell to the highest and best bidder for cash the JURY ASSEMBLY ROOM, BASEMENT, 430 SOUTH COMMERCE AVENUE, SEBRING, FL 33870 at 11:00 a.m. on September 27, 2011, the following described property:

ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE.
Dated: August 31, 2011.

Robert W. Germaine
Clerk Of The Circuit Court
By: /s/ Annette E. Daff
Deputy Clerk
September 11, 18, 2011

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA
CIVIL ACTION
CASE NO.: 28-2007-CA-000687

WELLS FARGO BANK, N.A., Plaintiff,
vs.
ANDY RUSSELL HOLTON A/K/A ANDY R. HOLTON, et al, Defendant(s).

NOTICE OF FORECLOSURE SALE

NOTICE IS HEREBY GIVEN pursuant to a Final Judgment of Mortgage Foreclosure dated on September 01, 2011 and entered in Case No. 28-2007-CA-000687 of the Circuit Court of the TENTH Judicial Circuit in and for HIGHLANDS County, Florida wherein WELLS FARGO BANK, N.A., is the Plaintiff and ANDY RUSSELL HOLTON A/K/A ANDY R. HOLTON; KRISTINE HOLTON; AND ALL PARTIES CLAIMING BY, THROUGH, UNDER, AND AGAINST THE HEREIN NAMED INDIVIDUAL DEFENDANT(S) WHO ARE NOT KNOWN TO BE DEAD OR ALIVE, WHETHER SAID UNKNOWN PARTIES MAY CLAIM AN INTEREST AS SPOUSES, HEIRS, DEVISEES, GRANTEES, OR OTHER CLAIMANTS; THE UNKNOWN HEIRS, DEVISEES, GRANTEES, ASSIGNNEES, LIENORS, CREDITORS, TRUSTEES, OR OTHER CLAIMANTS CLAIMING BY, THROUGH, UNDER, OR AGAINST CARL A. POSTON A/K/A CARL ARTHUR POSTON, JR. A/K/A CARL ARTHUR POSTON A/K/A CARL A. POSTON, JR., DECEASED; CARLA SCRUGGS A/K/A CARLA POSTON SCRUGGS A/K/A CARLA M. POSTON A/K/A CARLA MARIE POSTON AS PERSONAL REPRESENTATIVE OF THE ESTATE OF CARL A. POTON A/K/A CARL ARTHUR POSTON, JR. A/K/A CARL ARTHUR POSTON A/K/A CARL A. POSTON, JR., DECEASED; CARLA SCRUGGS A/K/A CARLA POSTON SCRUGGS A/K/A CARLA M. POSTON A/K/A CARLA MARIE POSTON, AS HEIR OF THE ESTATE OF CARL A. POSTON A/K/A CARL ARTHUR POSTON A/K/A CARL A. POSTON, JR., DECEASED; DONELIA J. POSTON A/K/A DONELIA JIMENEZ POSTON, AS HEIR OF THE ESTATE OF CARL A. POSTON A/K/A CARL ARTHUR POSTON, JR. A/K/A CARL ARTHUR POSTON, JR., DECEASED; DONELIA J. POSTON A/K/A DONELIA JIMENEZ POSTON, AS HEIR OF THE ESTATE OF CARL A. POSTON A/K/A CARL ARTHUR POSTON, JR. A/K/A CARL ARTHUR POSTON, JR., DECEASED; GLENN POSTON A/K/A GLENN ALFRED POSTON AS HEIR OF THE ESTATE OF CARL A. POSTON A/K/A CARL ARTHUR POSTON, JR. A/K/A CARL ARTHUR POSTON, JR. A/K/A CARL ARTHUR POSTON A/K/A CARL A. POSTON, JR., DECEASED; CARLA SCRUGGS A/K/A CARLA POSTON SCRUGGS A/K/A CARLA M. POSTON A/K/A CARLA MARIE POSTON, AS TRUSTEE OF THE CARL A. POSTON, JR. TRUST DATED NOVEMBER 6, 2006, AS HEIR OF THE ESTATE OF CARL A. POSTON A/K/A CARL ARTHUR POSTON A/K/A CARL A. POSTON, JR., DECEASED; DONELIA J. POSTON A/K/A DONELIA JIMENEZ POSTON, AS BENEFICIARY OF THE CAROL A. POSTON, JR. TRUST DATED NOVEMBER 6, 2006, AS HEIR OF THE ESTATE OF CARL A. POSTON A/K/A CARL ARTHUR POSTON, JR. A/K/A CARL ARTHUR POSTON A/K/A CARL A. POSTON, JR., DECEASED; and the Defendants, I will sell to the highest and best bidder for cash at JURY ASSEMBLY ROOM IN THE BASEMENT OF THE HIGHLANDS COUNTY COURTHOUSE, 430 SOUTH COMMERCE AVENUE at 11:00 AM, on the 4th day of October, 2011, the following described property as set forth in said Final Judgment:

BEGIN AT THE SOUTHWEST CORNER OF THE FRACTIONAL NORTHWEST ONE QUARTER OF THE NORTHWEST ONE QUARTER SECTION 25, TOWNSHIP 37 SOUTH, RANGE 29 EAST, THENCE EAST FOR A DISTANCE OF 30 FEET, THENCE NORTH 7 DEGREES, 43 MINUTES WEST FOR A DISTANCE OF 111.15 FEET TO THE POINT OF BEGINNING; THENCE EAST FOR A DISTANCE OF 253.1 FEET TO THE TRUE MEANDER LINE OF THE WEST SHORE OF LAKE PLACID, SOMETIMES CALLED LAKE CHILDS, THENCE NORTH 11 DEGREES 15 MINUTES WEST FOR A DISTANCE OF 61.4 FEET, THEN WEST FOR A DISTANCE OF 249.3 FEET TO THE EAST BOUNDARY OF A CLAY ROAD, THENCE SOUTH 7 DEGREES 43 MINUTES EAST FOR A DISTANCE OF 60.55 FEET TO THE POINT OF BEGINNING, BEING IN HIGHLANDS COUNTY, FLORIDA.

A/K/A 5019 PLACID VIEW DRIVE, LAKE PLACID, FL 33852
Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis Pendens must file a claim within sixty (60) days after the sale
WITNESS MY HAND and the seal of the Court on September 2, 2011.

ROBERT W. GERMAINE
Clerk of the Circuit Court
By: /s/ Priscilla Michalak
Deputy Clerk

Florida Default Law Group, P.L.
P.O. Box 25018
Tampa, Florida 33622-5018
F07030654 NMNC-SPECFLMCM--Team 5
**See Americans with Disabilities Act
In accordance with the Americans Disabilities Act, persons with disabilities needing a special accommodation to participate in this proceeding should contact the individual or agency sending the notice at Echevarria & Associates, P.A., P.O. Box 25018, Tampa, FL 33622-5018, telephone (813) 251-4766, not later than seven (7) days prior to the proceeding. If hearing impaired, (TDD) 1-800-955-8771, or voice (V) 1-800-955-8770, via Florida Relay Service.

September 18, 25, 2011

IN THE CIRCUIT COURT IN AND FOR HIGHLANDS COUNTY, FLORIDA
CASE NO. GC 09-1871

HIGHLANDS COUNTY HABITAT FOR HUMANITY, INC., a Florida corporation
Plaintiffs,
vs.
JAMES P. COLEMAN, JR. and ARLENE COLEMAN, his wife
Defendants

NOTICE OF SALE
Notice is hereby given that pursuant to an amended final decree of foreclosure entered in the above entitled cause in the Circuit Court of Highlands County, Florida, I will sell the property situated in Highlands County, Florida, described as:

Lots 12442 to 12444, inclusive, AVON PARK LAKES UNIT 39, according to the plat thereof as recorded in Plat Book 5, Page 82, Public Records of Highlands County, Florida,
at public sale, to the highest and best bidder for cash, in the Jury Assembly Room in the basement of the Highlands County Courthouse located at 430 South Commerce Avenue, Sebring, Florida, at 11:00 A.M. on the 4th day of October, A.D., 2011.

Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens must file a claim within 60 days after the sale.

DATED this 1st day of September, 2011.

ROBERT W. GERMAINE
Clerk Circuit Court
By: /s/ Priscilla Michalak
Deputy Clerk

"In accordance with the Americans With Disabilities Act, persons with disabilities needing a special accommodation to participate in this proceeding should contact the Clerk of Courts office at 590 S. Commerce Ave., Sebring, Florida 33870-3701, Telephone 863-402-6500 not later than seven days prior to the proceeding. If hearing impaired (TDD) 1-800-9771, or Voice (V) 1-800-955-8770, Via Florida Relay Service.

September 18, 25, 2011

NOTICE OF POLICY AMENDMENT
SOUTH FLORIDA COMMUNITY COLLEGE
DISTRICT BOARD OF TRUSTEES

The following policy will be considered at the regular Board meeting to be held Wednesday, September 28, 2011 at 6:00 p.m. at the Hardee Campus at 2968 US Hwy 17 N, Bowling Green, FL. The general public is invited.

Policy Development: Proposed amendments to the following policy:
Policy 1.02 Vision, Mission, and Institutional Core Values

For additional information, interested parties may visit the college website at www.southflorida.edu/trustees, or contact the Office of the President, South Florida Community College at 600 West College Drive, Avon Park, FL 33825.
IF A PERSON DECIDES TO APPEAL ANY DECISION MADE BY THE DISTRICT BOARD OF TRUSTEES WITH RESPECT TO ANY MATTER CONSIDERED AT THIS MEETING, THAT PERSON WILL NEED A RECORD OF THE PROCEEDINGS, AND MAY NEED TO ENSURE THAT A VERBATIM RECORD OF THE PROCEEDINGS IS MADE. WHICH RECORD INCLUDES THE TESTIMONY AND EVIDENCE UPON WHICH THE APPEAL IS TO BE BASED.

1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA
CIVIL ACTION
CASE NO.: 28-2010-CA-000146

THE BANK OF NEW YORK MELLON FKA THE BANK OF NEW YORK, AS TRUSTEE, FOR COWALT, INC., ALTERNATIVE LOAN TRUST 2007-0A11 MORTGAGE PASS-THROUGH CERTIFICATES, SERIES 2007-0A11, Plaintiff,
vs.
MADELINE SARA DEL SOL A/K/A MADELINE S. DELSOL, et al, Defendant(s).

NOTICE OF FORECLOSURE SALE

NOTICE IS HEREBY GIVEN pursuant to a Final Judgment of Mortgage Foreclosure dated on September 01, 2011 and entered in Case No. 28-2010-CA-000146 of the Circuit Court of the TENTH Judicial Circuit in and for HIGHLANDS County, Florida wherein THE BANK OF NEW YORK MELLON FKA THE BANK OF NEW YORK, AS TRUSTEE, FOR COWALT, INC., ALTERNATIVE LOAN TRUST 2007-0A11 MORTGAGE PASS-THROUGH CERTIFICATES, SERIES 2007-0A11, is the Plaintiff and MADELINE SARA DEL SOL A/K/A MADELINE S. DELSOL; ANY AND ALL PARTIES CLAIMING BY, THROUGH, UNDER, AND AGAINST THE HEREIN NAMED INDIVIDUAL DEFENDANT(S) WHO ARE NOT KNOWN TO BE DEAD OR ALIVE, WHETHER SAID UNKNOWN PARTIES MAY CLAIM AN INTEREST AS SPOUSES, HEIRS, DEVISEES, GRANTEES, OR OTHER CLAIMANTS; TENANT #1 N/K/A GORDON GONSALES are the Defendants, The Clerk of the Court will sell to the highest bidder for cash at JURY ASSEMBLY ROOM IN THE BASEMENT OF THE HIGHLANDS COUNTY COURTHOUSE, 430 SOUTH COMMERCE AVENUE at 11:00AM, on the 4th day of October, 2011, the following described property as set forth in said Final Judgment:

LOT 20, IN BLOCK 69, A RESUBDIVISION OF BLOCKS 58 AND 69, PLACID LAKES SECTION SIX AND EIGHT, ACCORDING TO THE PLAT THEREOF RECORDED IN PLAT BOOK 8, PAGE 42, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

A/K/A 319 FOX RIDGE ROAD, LAKE PLACID, FL 33852

Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis Pendens must file a claim within sixty (60) days after the sale
WITNESS MY HAND and the seal of the Court on September 2, 2011.

ROBERT W. GERMAINE
Clerk of the Circuit Court
By: /s/ Priscilla Michalak
Deputy Clerk

Florida Default Law Group, P.L.
P.O. Box 25018
Tampa, Florida 33622-5018
F09107005 COUNTRY-CONV B/C--Team 2
**See Americans with Disabilities Act

In accordance with the Americans Disabilities Act, persons with disabilities needing a special accommodation to participate in this proceeding should contact the individual or agency sending the notice at Echevarria & Associates, P.A., P.O. Box 25018, Tampa, FL 33622-5018, telephone (813) 251-4766, not later than seven (7) days prior to the proceeding. If hearing impaired, (TDD) 1-800-955-8771, or voice (V) 1-800-955-8770, via Florida Relay Service.

September 18, 25, 2011

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA
CIVIL ACTION
CASE NO.: 28-2010-CA-000142

BANK OF AMERICA, N.A., Plaintiff,
vs.
DANIEL S. BRILL, et al, Defendant(s).

NOTICE OF FORECLOSURE SALE

NOTICE IS HEREBY GIVEN pursuant to a Final Judgment of Mortgage Foreclosure dated on September 01, 2011 and entered in Case No. 28-2010-CA-000142 of the Circuit Court of the TENTH Judicial Circuit in and for HIGHLANDS County, Florida wherein BANK OF AMERICA, N.A., is the Plaintiff and DANIEL S. BRILL; EILEEN BRILL; BANK OF AMERICA, NA; are the Defendants, I will sell to the highest and best bidder for cash at JURY ASSEMBLY ROOM IN THE BASEMENT OF THE HIGHLANDS COUNTY COURTHOUSE, 430 SOUTH COMMERCE AVENUE at 11:00 AM, on the 4th day of October, 2011, the following described property as set forth in said Final Judgment:

LOTS 22 AND 23, BLOCK 6, HIGHLANDS PARK ESTATES SECTION P, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 5, PAGE 59, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

A/K/A 244 FLAMINGO STREET, LAKE PLACID, FL 33852

Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis Pendens must file a claim within sixty (60) days after the sale

WITNESS MY HAND and the seal of the Court on September 2, 2011.

ROBERT W. GERMAINE
Clerk of the Circuit Court
By: /s/ Priscilla Michalak
Deputy Clerk

Florida Default Law Group, P.L.
P.O. Box 25018
Tampa, Florida 33622-5018
F10005513 COUNTRYCAL-SPECFLMCM--Team 5
**See Americans with Disabilities Act

In accordance with the Americans Disabilities Act, persons with disabilities needing a special accommodation to participate in this proceeding should contact the individual or agency sending the notice at Echevarria & Associates, P.A., P.O. Box 25018, Tampa, FL 33622-5018, telephone (813) 251-4766, not later than seven (7) days prior to the proceeding. If hearing impaired, (TDD) 1-800-955-8771, or voice (V) 1-800-955-8770, via Florida Relay Service.

September 18, 25, 2011

NOTICE OF POLICY AMENDMENT
SOUTH FLORIDA COMMUNITY COLLEGE
DISTRICT BOARD OF TRUSTEES

The following policy will be considered at the regular Board meeting to be held Wednesday, September 28, 2011 at 6:00 p.m. at the Hardee Campus at 2968 US Hwy 17 N, Bowling Green, FL. The general public is invited.

Policy Development: Proposed amendments to the following policy:
Policy 1.02 Vision, Mission, and Institutional Core Values

For additional information, interested parties may visit the college website at www.southflorida.edu/trustees, or contact the Office of the President, South Florida Community College at 600 West College Drive, Avon Park, FL 33825.
IF A PERSON DECIDES TO APPEAL ANY DECISION MADE BY THE DISTRICT BOARD OF TRUSTEES WITH RESPECT TO ANY MATTER CONSIDERED AT THIS MEETING, THAT PERSON WILL NEED A RECORD OF THE PROCEEDINGS, AND MAY NEED TO ENSURE THAT A VERBATIM RECORD OF THE PROCEEDINGS IS MADE. WHICH RECORD INCLUDES THE TESTIMONY AND EVIDENCE UPON WHICH THE APPEAL IS TO BE BASED.

September 16, 18, 2011

1050 Legals

PUBLIC MEETING NOTICE
The Heartland Workforce Finance & Operations Committee will hold a teleconference meeting at 10am on Wednesday, Sept. 21st to review the revised Heartland Workforce Plan of Operations. The teleconference meeting will originate at the Heartland Workforce Administrative office, 5901 US Hwy 27 S, Sebring, FL. Interested persons should arrive no later than 9:55am. For more information see agenda posted on the Heartland Workforce website at www.hwb.org

September 18, 2011

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA
CIVIL ACTION
CASE NO.: 28-2010-CA-000909

WELLS FARGO BANK, NA, Plaintiff,
vs.
JUSTIN W. DOWD A/K/A JUSTIN WAYNE DOWD A/K/A JUSTIN W. DAVID A/K/A JUSTIN DOWD, et al, Defendant(s).

NOTICE OF FORECLOSURE SALE
NOTICE IS HEREBY GIVEN pursuant to a Final Judgment of Mortgage Foreclosure dated on August 29, 2011 and entered in Case No. 28-2010-CA-000909 of the Circuit Court of the TENTH Judicial Circuit in and for HIGHLANDS County, Florida wherein WELLS FARGO BANK, NA, is the Plaintiff and JUSTIN W. DOWD A/K/A JUSTIN WAYNE DOWD A/K/A JUSTIN W. DAVID A/K/A JUSTIN DOWD; THE UNKNOWN SPOUSE OF JUSTIN W. DOWD A/K/A JUSTIN WAYNE DOWD A/K/A JUSTIN W. DAVID A/K/A JUSTIN DOWD N/K/A EMILY B. DOWD; EMILY B. DOWD; SPRING LAKE PROPERTY ASSOCIATION, INC.; are the Defendants, I will sell to the highest and

1055 Highlands County Legals

Pursuant to Florida Statutes and Board adopted policies, the Highlands County Board of County Commissioners (HCBC), Highlands County, Sebring, Florida, has declared various items as surplus property and have therefore authorized an Internet Auction to be conducted for the purpose of disposing of all said property.

A list of specific surplus items may be obtained from the following locations and/or by requesting a list by fax (863)402-6735 or email to HYPERLINK "mailto:sbutler@hcbcc.org" sbutter@hcbcc.org or HYPERLINK "mailto:kbaker@hcbcc.org" kbaker@hcbcc.org

1) HC Purchasing Department; 4320 George Blvd., Sebring, FL 33875-5803. Contacts: Sandra Butler at (863)402-6527 or Kelley Baker at (863)402-6511.

2) HC Government Center, 600 S. Commerce Ave., 2nd Floor BCC Receptionist; Sebring, FL 33870 at (863)402-6500.

Additional information can be obtained Monday through Friday from 7:00 a.m. to 5:30 p.m. about the County's Internet Auction process by contacting Highlands County BCC's General Services/Purchasing Department at the following numbers. (863)402-6527 or (863) 402-6528

Note: All property will be sold on an "as is, where is" basis. The HCBC reserves the right to add or delete items from GovDeals' Website at anytime during the Internet bidding dates above.

Board of County Commissioners/Purchasing Department
Highlands County, Florida
September 9, 11, 16, 18, 2011

HIGHLANDS COUNTY LEGAL NOTICES

The following legal notices are from the Highlands County Board of County Commissioners and are being published in the front, size, and leading as per their specifications.

HIGHLANDS COUNTY BOARD OF COUNTY COMMISSIONERS GENERAL SERVICES & PURCHASING INVITATION TO BID (ITB)

The Board of County Commissioners (BCC), Highlands County, Sebring, Florida, will receive sealed bids in the County Purchasing Department for the following Annual Bid:

ITB 12-014 AGGREGATE MATERIALS FOR HIGHLANDS COUNTY ASPHALT PLANT

NIGP CODE: 750-00

Specifications may be obtained by downloading from our website: HYPERLINK "http://www.hcbcc.net" www.hcbcc.net or by contacting: Danielle Gilbert, Assistant Director /Highlands County General Services/Purchasing Department 4320 George Blvd., Sebring, Florida 33875-5803 Phone: 863-402-6524 Fax: 863-402-6735; or E-Mail: HYPERLINK "mailto:dgilbert@hcbcc.org" dgilbert@hcbcc.org

Bid envelopes must be sealed and marked with the bid number and name so as to identify the enclosed submittal. Bids must be delivered to the Highlands County Purchasing Department, 4320 George Blvd., Sebring, FL 33875-5803 so as to reach said office no later than 2:00 P.M., Friday, September 30, 2011, at which time they will be opened. Bids received later than the date and time as specified will be rejected. The Board will not be responsible for late deliveries of bids that are incorrectly addressed, delivered in person, by mail, or any other type of delivery service. One or more County Commissioners may be in attendance at the above bid opening. Highlands County Local Preference Policy will apply to the award of this ITB. The Highlands County Board of County Commissioners reserves the right to accept or reject any or all bids or any parts thereof, and the award, if an award is made, will be made to the most responsible and responsive bidder whose bid and qualifications indicate that the award will be in the best interest of Highlands County. The Board reserves the right to waive irregularities in the bid. The Board reserves the right to waive irregularities in the bid. The Board of County Commissioners of Highlands County, Florida, does not discriminate upon the basis of any individual's disability status. This non-discrimination policy involves every aspect of the Board's functions, including one's access to participation, employment or treatment in its programs or activities. Any person requiring reasonable accommodation as provided for in the Americans with Disabilities Act or Section 286.26 Florida Statutes should contact Mrs. Melissa Burns, ADA Coordinator at: 863-402-6509 (Voice), or via Florida Relay Service 711, or by e-mail: mbruns@hcbcc.org. Requests for CART or interpreter services should be made at least 24 hours in advance to permit coordination of the service. Board of County Commissioners; Purchasing Department; Highlands County, Florida Website: HYPERLINK "http://www.hcbcc.net" www.hcbcc.net

September 11, 18, 2011

1100 Announcements

CHECK YOUR AD

Please check your ad on the first day it runs to make sure it is correct. Sometimes instructions over the phone are misunderstood and an error can occur. If this happens to you, please call us the first day your ad appears and we will be happy to fix it as soon as we can. If We can assist you, please call us: **314-9876 News-Sun Classified**

PROFESSIONAL SERVICE DIRECTORY

Diabetic Footwear • Custom Orthotics
Work Shoes • Comfortable Shoes
SAS • New Balance

Shoe Box

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863-763-4401 • Fax 863-763-6335
shoebosboxlady@hotmail.com

Call For a Free Estimate /Competitive Rates
Per Cut - Weekly - Monthly

C&C LAWN CARE
Small tree trimming, pressure washing, hedges, hauling, etc.

Cory 863-458-0186
Cheryl 863-446-0614
chavis_dbic@yahoo.com

Advertise Your Business Here!

News-Sun
Call 385-6155

Call For a Free Estimate /Competitive Rates
Per Cut - Weekly - Monthly

C&C LAWN CARE
Small tree trimming, pressure washing, hedges, hauling, etc.

Cory 863-458-0186
Cheryl 863-446-0614
chavis_dbic@yahoo.com

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Roger McCartney JR
licensed and insured

No job is too small. We can take care of all your home repairs and maintenance needs.

- Small Flooring Jobs
- License #HM01711

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Complete Lawn Maintenance

-Landscaping- -Mowing- -Trimming-
-Rocks- -Mulch- -Borders-
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No Job Too Small!

Holly Jefferson Family Day Care Home

Licensed • Insured • Subsidized

Infants & Toddlers

License # F10H10520
Avon Park, FL 33852
Home: 863-453-0150
Cell: 863-257-3132
hjefferson72@hotmail.com

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\$10⁹⁵ Per Room
3 Rooms Minimum

- Upholstery Cleaning
- All Types of Flooring
- Free Estimates

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35 Years Experience
Installation • Repair • Restretch
Carpet • Pergo • Wood • Vinyl

Jeffery Hysell
863-257-1476

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No Job Too BIG or SMALL...
Complete Removal & Disposal

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ALL AMERICAN
TREE SERVICE, INC.

TRIMMING • REMOVAL
SOD INSTALLATION • STUMP GRINDING
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WW Beat Any Written Estimate!

People's Choice Award
863-465-7491
Free Estimates
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First In Synthetics

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Cell: 863-273-1953
Email: fanwells@centurylink.net

Looking for **QUALITY** Childcare?

30 Years, Retired, Certified Teacher

Spears Family Daycare
Limited Space Available.
Call 863-381-8643 / Hammock Road.

Phyllis's Garden Gate

Silk Floral Designs
Set in Antique & Modern Containers

Located in:
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4700 US Hwy 27 S., Sebring, FL
863-382-6351

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12 S. Forest Ave.
Avon Park, FL 33825
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HANDYMAN BOB
Install doors, windows, flooring, plumbing & more!
Licensed & Insured
Lic# HM0096

Call 863-452-5201
or
863-449-1744

Firemen's Indoor Flea Market

Sandy's Dollar Store
Becky's Avon 863-449-1298

Firemen's Field Fairgrounds
Kenilworth Blvd & Rt. 17
Fri-Sat • 8am-2pm Year Round

Little Explorers Learning Center Inc.
NOW ENROLLING!

Stacy Hooks Care for ages 1-5 863-385-2273
Owner/Director lelc@live.com
1131 US Hwy 27 S. Hours: 6:30am-6:30pm
Sebring, FL 33870 Pending License #

"LIVE BLOOD ANALYSIS"
WANDA KLINE
WEIGHT LOSS & WELLNESS

See what one drop of your blood indicates as to YOUR nutritional health and well-being.
By appointment only
863-414-4066

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Hair Cuts, Razor Cuts,
Perms, Colors, Highlights, Stylish Ladies, Mens and
Relaxers, Waxing. Childrens gentle used clothing
Hair Replacements (863)382-2264
(863)655-4040
innovations-hairnsalon@hotmail.com

Hairstyling | Manicures | Pedicures | Body Waxing
by:
Judy Graves
863-633-8136
at:
Ida's Hairport
9 S. Main St.
Lake Placid, FL 33852

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Having something to sell and not advertising is like winking in the dark. You know what you're doing, but no one else does. Call News-Sun classifieds today! 314-9876

2000
Employment

2100 Help Wanted



SUPERVISION AND MANAGEMENT FACULTY POSITIONS

Lead Instructor, Supervision and Management. 12-month, tenure-track faculty position. Position will be responsible for teaching and providing leadership within the Bachelor of Applied Science in Supervision and Management program. Position begins January 3, 2012.

Instructor, Business Administration. 10 month, tenure-track faculty position. As available, candidates may be considered for a January or August start dates.

Requirements (both positions)- Doctorate in Business Administration, Management, or other directly related field required. (MBA plus doctorate strongly preferred.) A minimum of two years directly related experience required. Post secondary teaching experience strongly preferred.

SCFF offers competitive salaries and benefits. Application review for both position's will begin October 11, 2011. For detailed position announcements and application instructions, visit www.southflorida.edu/hr. (863) 784-7132

2100 Help Wanted

AVON PARK Bobby Lee Aluminum looking for Secretary, answer phones, receive material. POSITION FILLED!

LOWBOY DRIVER with a Class A CDL clean license, willing to work in the field, with some mechanical work on trench equipment. Willing to travel. For application location, Call 863-385-2122

MEDICAL ASSISTANT - Immediate opening for an experienced Medical Assistant for a busy Pediatric Practice. Experience in phlebotomy and Bi-lingual a plus. Attractive benefits and an opportunity for career growth. Fax resume to (863)471-9340 or email: cfmsonni@gmail.com

PATIENT CARE TECHNICIAN Needed for dialysis clinic - Certified Hemodialysis Technician preferred, but will train right Phlebotomist. Must be able to pass a Background and Drug Screen check. Call Peggy at (863) 382-9443 or fax resume (863) 382-9242

SEEKING WELL Exp. Medical office help. Exc. billing/collection, communication, typing, computer skills & medical terminology are a MUST. Fax resume to: 863-471-2565 or email to: medicalofficebilling@yahoo.com

TEACHER NEEDED For a K4 Class at a Christian Private School (FT). Call 863-443-2344

WANTED EXPERIENCED Auto Body Technician I-Car preferred. Apply at Alan Jay Chevrolet Chrysler of Wauchula.

3000
Financial

4000
Real Estate

4040 Homes For Sale

RECENTLY FORECLOSED Special Financing Available, Any Credit, Any Income
3BD, 2BTH, 1344 Sq. Ft. Located at 6211 Fara St. Sebring. \$59,900.
Visit: www.roselando.com/9QF, Drive by then call (866) 249-0680

WANT NEW FURNITURE
Need to sell the old furniture first?
Call News-Sun classifieds 314-9876
Then shop till you drop!

4060 Homes for Sale Avon Park

AVON PARK LAKES 2/2. 1 car garage, 5 lots. By appt. only. 863-452-5647 or 863-449-0172

4120 Villas & Condos For Sale

ESTERO, FL. 3/2/2, Villa, lake lot, gated community, pool, clubhouse. Upgraded counter, xtra tall cabinets w/moldings, laundry room, much more. Built in 2007. Asking \$165,000. Will consider trade in Sebring area. (239) 498-1183

4160 Commercial Prop. For Sale

LAKE PLACID - 299 E. Interlake Blvd., 2400 sq. ft. bldg.. 50' X 120' lot. Retail store in the heart of Lake Placid; 2BA/ kitchenette, workshop, office, show-rooms w/ slat wall. Can be divided into 2 units. \$219,000 863-699-2228 or 863-840-2990 nancy@sewbiz.biz

4220 Lots for Sale

LOT FOR SALE! Priced to Sell!! Only \$6500. 2320 Barn Owl St. Sebring. Call: (772) 410-3737

SEBRING 1202 Armstrong St. Orange Blossom Estates. Corner Lot. \$2800. Call S. Smith 830-563-3357

4320 Real Estate Wanted

ATTENTION: CASH for your Home, Duplex, Apartment, Commercial Property. Rapid Closing, "As Is" Condition. 863-441-2689. STRICTLY CONFIDENTIAL

5000
Mobile Homes

5050 Mobile Homes For Sale

PALM HARBOR Homes Has 3 Modular Homes Available at Huge Savings Over 40K off 800-622-2832

5150 Mobile Homes For Rent

SEBRING - 3BR, 2BA. Family rm, dining rm, living rm, kitchen, utilities hook up, appliances, CAH, screened porch. \$600 month, \$1000 to move in. Call 863-304-3322

6000
Rentals

6050 Duplexes for Rent

SEBRING - NEAT & Clean 2br/4ba. Central Air/Heat. Utility room, yard maint. incl. Close to everything. No pets. \$600/mo. + security. Rented!!!!!!

SEBRING - CUTE DUPLEX! 2BR / 1BA, tile floors, screened porch, newer appliances, W/D hookup. Most pets OK. \$550 mly. & \$300 security. 2002 Decatur. Call 863-446-7274

6100 Villas & Condos For Rent

AVON PARK 2/1 Villa. Clean. Screened porch. Fenced Back Yard, pets ok. \$350 per month plus security. Available Immediately. Call 954-854-1938

Classified ads get fast results

NEEDED
Warehouse Distribution
Part Time Position
Tuesday, Thursday, and Saturday from 7 p.m. to 12 a.m.
Background check and drug test are required. Must be dependable with references. Must have a valid driver's license, insurance and dependable vehicle.
Please stop by the News-Sun at 2227 US 27 S. to fill out application.

Make Money While Everyone Else Sleeps!
WITH A DELIVERY ROUTE!
The News-Sun is taking applications for newspaper carriers in Avon Park, Sebring and Lake Placid. Reliable transportation, valid driver's license and insurance a must.
Interested parties should stop in our Sebring office and complete an application or call 385-6155 ext. 522.

NEWS-SUN
Highlands County's Hometown Newspaper Since 1927
2227 U.S. 27 SOUTH • SEBRING, FL 33870

6200 Unfurnished Apartments

SEBRING - 1 & 2 BR Apts. Fresh paint. Includes water. \$395-\$550 / mo. Call Gary Johnson, 863-381-1861.

AVON PARK ** Highlands Apartments 1680 North Delaware Ave. 1BR, 1BA & 2BR, 2BA Available. Central Heat & Air. Extra insulation. 1st & Sec. Call 863-449-0195

AVON PARK - Apartment with balcony overlooking Lake Verona and City Park. 100 E. Main St. Laundry Facilities. SPECIAL: \$325/mo. 863-453-8598

AVON PARK - LEMONTREE APTS 1BR \$495 mo. + \$200 Sec. Deposit, available immediately. Washer/Dryer & WSG included. Call Alan 386-503-8953

LAKE PLACID - 2/Bedroom, 2/Bath- room, Apartment. Washer / Dryer hook ups, screened porch. **Excellent Condition.** Includes water. \$500 monthly 954-695-8348

6250 Furnished Houses

LAKE PLACID - Winter Rental! Nov-Apr, 3/br, 2/ba, fully furn., lg. Fla rm, lg. scr. porch w/ tiled floors. On canal w/ dock on Lk. Clay. Enclosed garage, area for RV / Boat parking. (3 mos. min) For more info, Call 863-441-0525

6300 Unfurnished Houses

Avon Park Now taking Applications!
North Central Heights Homes, a new "Rent Restricted" single family home development in Avon Park. Only (3) two bedroom, (23) three bedroom, and (0) four bedroom homes left! Rents average in the low \$400's for two bedroom homes and low-to-mid \$500 & \$600's for the three & four bedroom homes. Going Fast!
Don't Delay Apply Today!
Call: 863-452-4432, Ext. 2201

WANT NEW FURNITURE? Need to sell the old furniture first? Call News-Sun classifieds. 385-6155. Then shop till you drop!

AVON PARK AFFORDABLE RENT
Ridgedale Apartments
1, 2, 3 & 4 Br Apts
Central Location, water & trash included
Rent subsidized - Based on household income.
No Application Fee
Call 863-452-4432
TTY 800-955-8771

6300 Unfurnished Houses

AVON PARK LAKES 2/2. Screened Lanai. 1 car garage, quiet location \$675 per mo. First/last/security. Call Mary 863-443-1738

SEBRING - 2BR, 1 1/2 BA, 1 car garage, all appliances includes W & D, screened porch, on canal. 1035 Killamey Dr. Call 863-385-7660 or 863-381-0339

SEBRING 2/1 home near downtown. New roof, new windows, new interior & exterior paint, enclosed Florida room, utility room (washer & dryer avail.) \$650 per mo. + \$325 sec. 863-658-1435

SEBRING 2/1.5. Fenced yard, shed, appl. incl. Most pets 50 lbs. or less ok w/additional deposit. No Smoke. \$700 per mo. 1st/last/security deposit. 863-273-9377

SEBRING 3 BR/2BA Lakefront home w/pool. New upgrades. Nice yard. Enjoy boating, fishing & swimming, right in your own back yard! \$1000 per mo 1st./last/sec. 321-452-7090

SEBRING LIKE NEW 3/2/1, new paint, tile, w/d, extra lg. shady lot, lawn service, \$875 + last/sec. 863-773-3956

6750 Commercial Rental

LAKE PLACID 2 BAYS 1 W/bathroom & office w/roll up door 30 x 30, \$350 per/mo.. The second is a 20 x 30, roll up door, \$300 per/mo. Call Craig 239-848-7839.

7000
Merchandise

7180 Furniture

NEW STEARNS & FOSTER MATTRESS SETS
All queen \$995 * all King \$1295
Compare to any mattress gallery
Lamps \$19, Barstools \$39up,
Desks \$297up, Recliners \$247up
Over 50 styles
Ent. Centers \$167up
Double Reclining Sofa \$587
HIGHPOINT FURNITURE
2346 U.S. 27 N, SEBRING
across from Home Depot

7240 Jewelry Personal Items

BEAUTIFUL WEDDING RING w/band. 2 carat marquise diamond gold band. Paid \$5000 will sell for \$1000 obo Call 863-451-2971.

7260 Musical Merchandise

EXCEPTIONAL BARGAIN for Piano student! Spinet Piano & bench excellent shape & sound. \$675 Firm. A payment plan may be negotiable. Call 863-471-0321

PIANO - KIMBALL Console, Excellent condition. Very Well Tuned! For More Details - Call 863-382-9800

7300 Miscellaneous

BEER TAP REFRIGERATOR \$200
Men's set of golf clubs. \$100
Ladie's set of Golf Clubs \$100. #1 & #3 woods graphite shafts \$75. Chest freezer \$100. Treadmill, like new \$200. RCA surround sound system \$200. 863-655-0311

7310 Bargain Buys

CHERRY PICKER / ENGINE HOIST \$100 863-414-8412

CHRISTMAS TREE 43inches tall, complete with lights, \$10. 863-382-9022

COMPUTER HUTCH Very good cond. \$75 Call 863-655-9622

EDGER - MANTIS 21.2 cc Echo Engine. \$50. 863-655-0342

ELECTRIC WRENCH / 12 VOLT \$47 863-414-8412

SILVERWARE SET - Sterling Service for 8. \$30. 863-655-0342

TREE SKIRT - Red Crushed Velvet with Gold Trim. \$5. 863-382-9022

7320 Garage & Yard Sales

AVON PARK Wed. 9/21 - Fri. 9/23. 9 - ?. 2995 W. Lake Chilton Dr. Avon Park Lakes. Dawson.

7520 Pets & Supplies

NOTICE
Florida statute 585.195 states that all dogs and cats sold in Florida must be at least eight weeks old, have an official health certificate and proper shots and be free of intestinal and external parasites.

8000
Recreation

8050 Boats & Motors
CANOE 15' SPORTSPAL, Anchors, personal flotation device, paddles, fish finder, trolling motor mount, bought for \$1300 will sell for \$500 (firm) 910-308-3614

8450 Motor Homes

1996 TRAVEL MASTER MOTOR HOME Good condition. Awnings, generator, lots of extras. Good tires. \$10,000. 863-314-8557.

9000
Transportation

PART TIME - GRANT FUNDED POSITION
(20 HRS. WEEKLY)
Coordinates coalition activities, coalition communication, data collection, etc.
• Associate degree preferred.
• At least one year experience in program development.
SEND COVER LETTER AND RESUME TO:
asherley@drugfreehighlands.org or fax to 863-452-6882
No phone calls.

600 West College Drive Avon Park, FL 33825 (863) 784-7132 • FAX (863) 784-7497 E-MAIL: jobs@southflorida.edu www.southflorida.edu/hr
SOUTH FLORIDA COMMUNITY COLLEGE
STUDENT SERVICES ADVISOR (HIGHLANDS CAMPUS)
Full-time, year-round position responsible for providing general college information, academic advising, scheduling, and career planning services, Bachelor's degree required. Academic advising or guidance experience preferred. Demonstrated ability in communicating effectively with people from diverse cultural and socio-economic backgrounds required. Starting salary range: \$25,000-\$28,000 plus a comprehensive benefits package, including retirement, health/life insurance, and vacation/sick leave. Application deadline 9/29/11. Please visit our website for more information.
SFCC IS AN EQUAL ACCESS/EQUAL OPPORTUNITY INSTITUTION

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BE A HERO
like Lisa Gourley
Now Hiring Full & Part Time Customer Service Associates
Starting at \$9.00 per hour
Bilingual is a plus
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Supervisor positions available

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AUTOMOTIVE SERVICES
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E-mail: resumesebring@crosscountry-auto.com
For more info visit www.crosscountry-auto.com

Five-Day forecast for Highlands County

TODAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
A t-storm in spots in the afternoon	Partly sunny, a t-storm in spots	Periods of sun, a t-storm possible	Partly sunny, a t-storm possible	An afternoon thunderstorm possible
90° / 72°	91° / 73°	92° / 72°	91° / 73°	90° / 74°
Winds: ENE at 10-20 mph	Winds: ENE at 7-14 mph	Winds: E at 7-14 mph	Winds: E at 7-14 mph	Winds: E at 8-16 mph

Almanac

Temperature
Readings at Archbold Biological Station in Lake Placid

High Tuesday	93°
Low Tuesday	61°
High Wednesday	92°
Low Wednesday	61°
High Thursday	92°
Low Thursday	63°

Heat Index
For 3 p.m. today

Relative humidity	51%
Expected air temperature	90°
Makes it feel like	96°

Barometer

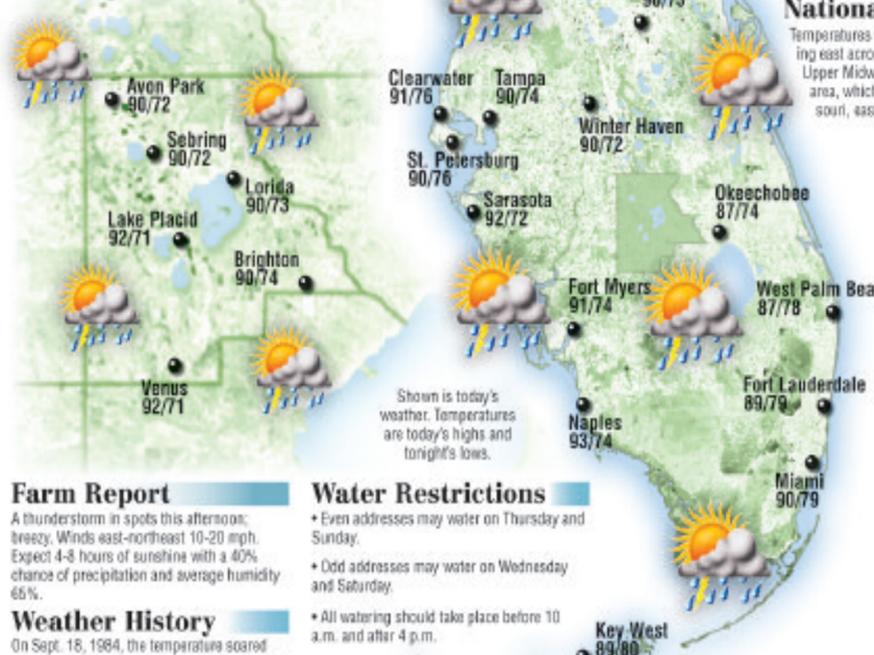
Tuesday	29.90
Wednesday	29.93
Thursday	29.98

Precipitation

Tuesday	0.00"
Wednesday	0.00"
Thursday	0.00"
Month to date	2.33"
Year to date	37.06"

Regional Summary

Breezy today with intervals of clouds and sunshine; a shower or thunderstorm in spots during the afternoon. Patchy clouds tonight. Partial sunshine tomorrow, Tuesday and Wednesday with a shower or thunderstorm in spots.



Farm Report

A thunderstorm in spots this afternoon; breezy. Winds east-northeast 10-20 mph. Expect 4-8 hours of sunshine with a 40% chance of precipitation and average humidity 65%.

Weather History

On Sept. 18, 1984, the temperature soared past 100 degrees in Sacramento, Calif., for the 38th time that summer. One year later, Slythe had a midday temperature in the 60s.

Sun and Moon

	Today	Monday
Sunrise	7:13 a.m.	7:13 a.m.
Sunset	7:27 p.m.	7:26 p.m.
Moonrise	11:19 p.m.	none
Moonset	12:30 p.m.	1:22 p.m.

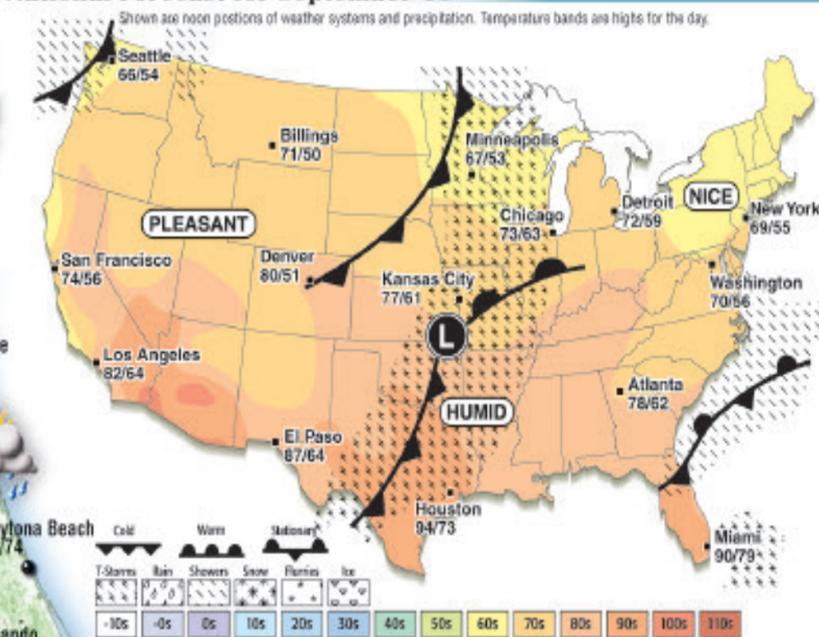
Water Restrictions

- Even addresses may water on Thursday and Sunday.
- Odd addresses may water on Wednesday and Saturday.
- All watering should take place before 10 a.m. and after 4 p.m.

Florida Cities

City	Today	Mon.	Tue.
Cape Coral	90/72pc	90/74pc	90/74pc
Clearwater	91/76pc	90/76pc	90/75pc
Coral Springs	88/77i	88/77pc	88/79pc
Daytona Beach	86/74pc	86/72i	86/72pc
Fl. Laud. Bch.	89/79i	89/80pc	90/82pc
Fort Myers	91/74pc	90/74pc	91/74pc
Gainesville	86/68pc	86/69i	88/70pc
Hollywood	88/78i	90/77pc	90/77pc
Homesdale AFB	88/77i	88/78pc	88/79pc
Jacksonville	82/67i	84/69i	86/68pc
Key West	89/80i	89/81pc	89/80pc

National Forecast for September 18



National Summary

Temperatures will continue to warm up across the Midwest and the Ohio Valley today ahead of a storm system pushing east across the midsection of the nation. Showers and thunderstorms will spread across communities from the Upper Midwest and western Great Lakes southward to Texas. Some wet weather could even return to the Houston area, which would be greatly beneficial. Some of the showers and storms will be heavy across portions of Missouri, eastern Oklahoma and western Arkansas.

U.S. Cities

City	Today	Mon.	Tue.
Abuquerque	80/60/s	82/60/s	83/61/s
Atlanta	78/62/pc	81/66/pc	83/65/pc
Baltimore	70/52/pc	72/57/pc	78/60/pc
Birmingham	85/67/pc	85/64i	87/66/pc
Boston	66/51/s	66/53/s	71/58/pc
Charlotte	76/57/pc	79/58/s	82/60/pc
Chicago	73/63i	76/63/pc	76/55/pc
Cleveland	71/58/s	75/58i	71/55/pc
Columbus	79/61/pc	77/59i	76/58/pc
Dallas	92/79i	91/72i	91/71/pc
Denver	80/51/pc	84/51/pc	77/45/s
Detroit	72/58/pc	74/55i	75/55/pc
Hammond	66/49/pc	69/58/s	78/58/pc
Honolulu	88/73/s	88/75/s	88/75/s
Houston	94/73i	91/71i	91/71/pc
Indianapolis	76/63/pc	79/56i	77/60/pc
Jackson, MS	89/65/pc	87/65i	90/64/pc
Kansas City	77/61i	82/64/pc	80/56/pc
Lexington	61/61/pc	79/58i	80/57/pc
Little Rock	86/68i	86/67i	88/65/pc

World Cities

City	Today	Mon.	Tue.
Acapulco	88/79i	88/78i	88/79i
Athens	87/68/s	87/73/s	80/64i
Beirut	84/71/s	80/67/s	82/71/s
Berlin	65/51/i	65/47/c	67/56/pc
Bermuda	83/74/pc	82/74/pc	81/74/s
Calgary	63/46/c	61/39/pc	73/48/pc
Dublin	62/58/pc	63/43/s	59/45/pc
Edmonton	63/37/s	63/33/pc	69/42/s
Freeport	88/75/pc	88/75/pc	88/76/pc
Geneva	61/48/s	56/46/i	68/51/s
Havana	88/71i	88/71/s	90/71/s
Hong Kong	89/80/pc	89/76i	89/75/pc
Jerusalem	81/59/s	81/55/s	76/50/s
Johannesburg	76/52/s	73/47/pc	74/47/s
Kiev	68/50/s	68/47/s	68/53/s



October 13th, 5-9pm at Grace Bible Church
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- Florida Hospital Breast Care Center | The Spa At Hammock Falls | Samaritan's Touch
- Building Blocks Early Learning Center | Matt Christian of ReMax Realty

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 - Frames & Images | Highlands Little Theatre | Homer's | Lakeshore Car Wash
 - Lord's Farm & Nursery | Love Buggs | Mary Kay | Musselman's | Nawrocki Family
 - Pizzano's | Real Pro Nails | Sebring Florist | Simply Trish | Steve & Co.
 - Sun 'N Lake Golf Course | The Depot | YMCA

All proceeds from the silent auction are being donated to Samaritan's Touch: A faith-based charitable medical center providing FREE primary & specialized health care to uninsured, financially struggling families in Highlands County.

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High School Football

Woe, another 0-fer

Wildcats run past Streaks

By DAN HOEHNE

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SEBRING – The final score might make it seem like Hardee had its way with Sebring Friday night at Firemen's Field.

A 32-7 final margin has a way of doing that.

But it wasn't as if the Wildats of Wauchula County consistently marched up and down the field against the Blue Streaks, though that doesn't make it much easier, as it was the big play that spelled Sebring's downfall.

After a Deonte Evans interception ended the Streaks opening drive, the Sebring defense showed its strength in stuffing two straight runs and forcing an incomplete pass for a three-and-out.

The ensuing drive didn't get real far, though Donovan White's punt on fourth down sure did, booting a high spiral from inside his own 30 to the Hardee 15.

Unfortunately, it was Evans, again, getting even farther, breaking the punt return and going 85 yards for the game's opening score at 8:39 of the first quarter.

Octavio Alvarez's point after split the uprights and it was a 7-0 margin.

Damion Thompson got



Anthony Wiggins puts pressure on and nearly gets a piece of this pass by Hardee's Colby Baker in Friday's Wildcat win.

News-Sun photo by DAN HOEHNE

Sebring's next drive off to a good start, ripping off a 17-yard run, but things stalled

after that and Hardee looked to add to its' lead.

But though they started to

move the ball some, Kyle Cunningham stepped in front

See SEBRING, Page 4B



News-Sun photo by ED BALDRIDGE

Tyler Johnson found running room a little hard to come by Friday night, but did account for Avon Park's lone touchdown in Mulberry's 16-6 win.

Panthers claw past Red Devils

By ED BALDRIDGE

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AVON PARK – A return to basic football was not enough to help the Red Devils as they dropped to 1-2 for the season with a 16-6 loss to Mulberry on Friday at Joe Franza Stadium.

Avon Park's offense proved they could grind out the yardage from a Power-I formation after running backs Tyler Johnson and Charles Louis hit the line again and again.

But their herculean efforts were not enough for the Devils to capture more than one touchdown.

"Johnson and Louis did a great job for us tonight, and the offensive line stepped up. We had opportunities to make things happen, but it just didn't work out," said Avon Park head coach Andy Bonjokian.

Johnson carried 20 times for 80 yards, using spurts of speed as he saw holes in the Panther's defense.

Louis, a straight-ahead ground pounder, bulled through 14 carries for 61 total yards rushing.

The Devils would miss their first opportunity to hit paydirt after Johnson recovered a fumble for a turnover and the Devils drove 43 yards to within six yards of the zone.

A 23-yard field goal attempt from Garrett Taylor had the distance, but smacked the left upright solidly about half way up to end their first drive.

Avon Park would score on their second drive in the second quarter, using Louis to get close and then allowing Johnson to push in from the one for six, but a Mulberry rush blocked the point after.

The Panthers would take to the air, and the flats, to pick up large gulps of yardage on their turn at offense.

Mulberry's Austin Strickland befuddled Avon Park's defensive backs with 10- to 15-yard dumps for 65 yards before muscling it over himself at the end of the drive.

The PAT went wide, and the score was even at 6-6 with just over a minute left in the half.

An Avon Park fumble at midfield gave Mulberry's alternate QB, Rashad Parrish, the opportunity to dump three times for a total of 47 yards before Jarius Garner sprinted in from the four.

Garner would carry again for the conversion with just seven seconds on the clock to cap the half at 14-6 Mulberry.

Neither team could gain and advantage in the third, but the Devils used Johnson to eat the clock in the fourth before a fumble turned the pigskin over to the Panthers, who took it nowhere on the ground against the Avon Park defensive line.

With just under three minutes left in the game, Avon Park had the opportunity, but quarterback Ryan Dick

See AP, Page 4B

Dragons clawed by Cougars

Special to the News-Sun

LAKE PLACID – A week before the Green Dragons head into the district portion of their schedule, they got a reality check from the Cardinal Mooney Cougars in Friday's 30-3 loss at Roger Scarborough Memorial Stadium.

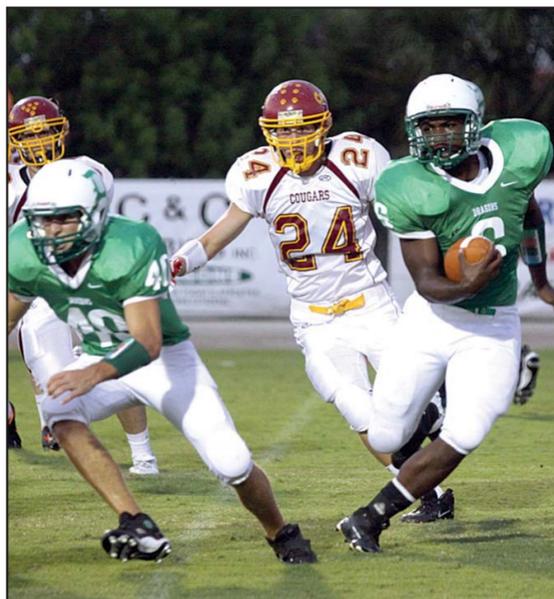
"You've got to show up every week," head coach Jason Holden said. "Every week the teams are getting better and faster. I thought we were going to be rolling right now, but we are not, we are sitting back on our heels and waiting to see what happens."

It was a matter of big plays digging a hole and not finishing drives that wouldn't allow Lake Placid to stay in the contest.

Three Cougar scores came on plays of 20 yards or more and a sustained drive deep into Cardinal Mooney territory stalled and a Vincente Barajas field goal was all that could be put on the board, leading to the 23-3 margin at the half.

Quarterback Tyler Kelsen saw his activity level increase as the passing game was pushed more into necessity by the deep hole the

See LP, Page 4B



A.J. Gayle looks for running room behind the lead block of Nevada Weaver, though the Dragons were forced to go more with their passing game in Friday's loss to Cardinal Mooney.

Courtesy photo from CFLSports.com

South Florida slips



News-Sun file photo by DAN HOEHNE

Desirae Burris and the Lady Panthers continue to show little glimpses of what's possible, but haven't quite put it together yet as SFCC fell at the State College of Florida in Bradenton Thursday night in four sets.

Cross country steps up on new course

By DAN HOEHNE

daniel.hoehne@newsun.com

The Sebring cross country team has a new home course, upon the South Florida Community College campus, and welcomed a host of teams to its' new digs in Friday's Blue Streak Invitational.

And though the home soil might still take some getting used to, Sebring seemed comfortable enough to earn a third place among the 10 boys teams and second among the eight girls teams in attendance.

Winter Haven topped the boys side of the event with a 71-point total of the place finishes of its' top five runners, with Lake Region next at 81 and Sebring just behind at 86.

Avon Park broke a tie with Lake Wales and claimed sixth with 142 points, after a match of each teams' sixth runner went the

Devils way.

Lake Region took the girls side with a resounding 29-point total with Sebring in second with 52, well ahead of third-place Lakeland's 82.

The Lady Streaks, among 90 runners, had their top five all finish in the top 21, lead by Taylor Tubbs winning in a time of 20:23.

Hannah Schroeder was just six seconds behind, at 20:29, but showing the talent in the field, was another place back as well, in third. Emily Smith's 24:08 captured 13th and Ashley White, 25:37, and Laura Eshelman, 25:41, took 20th and 21st, respectively.

Avon Park had two Lady Red Devils come in under 30 minutes as Marium Olupitan finished 26th in 26:28 and Erica Rodriguez was 53rd in 29:53.

"I was very happy with the meet," head coach

Krista Fredriksn said. "Considering it was the first big invite that Sebring ever hosted on that course, I think it went pretty smoothly. It was great seeing Taylor and Hannah up front working together and pushing the pace. Also a huge thank you to (SFCC Athletic Director) Rick Hitt for helping us set up and run the meet. We could not have done it without him and our other volunteers."

The boys side boasted an even bigger field of 102 runners and Sebring got its' top finish from Evan Wilburn, taking second in 17:38.

He was followed by Damian Foster, 10th in 18:48, Grey Lawrence, 18th in 19:28, Wesle Koning, 19th in 19:32 and Josh Bowyer, 40th in 21:37.

Avon Park saw Dexter Grenier take sixth in 18:28, Thierry Aleinder finish 16th

in 19:25 and David Garcia end up 21st in 19:49.

Edwardo Magana, 47th in 22:19, and Darlin Romeo, 65th in 23:40, rounded out the Devils top five.

"I was a bit nervous going into the meet since it was our first time hosting on the new course and so many teams were planning on attending," Fredriksn said. "Everything went really well and all of the runners and coaches seemed really happy with the job we did. The Sebring boys had an amazing day with quite a few personal records being broken. The team is really starting to come together and it shows when they race."

The Streaks will race again next Saturday, Sept. 24, at the North Port Invitational where another large and competitive field assuredly awaits..

THE SCOREBOARD

Major League Baseball

AMERICAN LEAGUE				
East Division				
	W	L	Pct	GB
New York	90	59	.604	—
Boston	87	63	.580	3½
Tampa Bay	83	67	.553	7½
Toronto	76	74	.507	14½
Baltimore	61	88	.409	29
Central Division				
	W	L	Pct	GB
x-Detroit	88	63	.583	—
Cleveland	73	75	.493	13½
Chicago	73	77	.487	14½
Kansas City	66	86	.434	22½
Minnesota	59	90	.396	28
West Division				
	W	L	Pct	GB
Texas	86	65	.570	—
Los Angeles	82	68	.547	3½
Oakland	68	83	.450	18
Seattle	63	87	.420	22½

Thursday's Games
 Tampa Bay 9, Boston 2
 Texas 7, Cleveland 4
 Kansas City 7, Chicago White Sox 2
 Oakland 6, Detroit 1

Friday's Games
 Baltimore 8, L.A. Angels 3
 Toronto 5, N.Y. Yankees 4
 Boston 4, Tampa Bay 3
 Kansas City 7, Chicago White Sox 6
 Cleveland 7, Minnesota 6
 Detroit 3, Oakland 1
 Seattle 4, Texas 0

Saturday's Games
 N.Y. Yankees at Toronto, late
 Cleveland at Minnesota, late
 Detroit at Oakland, late
 Tampa Bay at Boston, late
 L.A. Angels at Baltimore, late
 Chicago White Sox at Kansas City, late
 Texas at Seattle, late

Sunday's Games
 N.Y. Yankees (F.Garcia 11-7) at Toronto (Morrow 9-11), 1:07 p.m.
 L.A. Angels (Weaver 17-7) at Baltimore (Simon 4-8), 1:35 p.m.
 Tampa Bay (Price 12-12) at Boston (Wakefield 7-6), 1:35 p.m.
 Chicago White Sox (Danks 6-12) at Kansas City (Chen 11-7), 2:10 p.m.
 Cleveland (Masterson 11-10) at Minnesota (Pavano 8-12), 2:10 p.m.
 Detroit (Verlander 23-5) at Oakland (Moscoco 8-8), 4:05 p.m.
 Texas (M.Harrison 12-9) at Seattle (F.Hernandez 14-12), 4:10 p.m.

NATIONAL LEAGUE

East Division				
	W	L	Pct	GB
z-Philadelphia	97	52	.651	—
Atlanta	86	65	.570	12
New York	72	79	.477	26
Washington	71	78	.477	26
Florida	68	83	.450	30
Central Division				
	W	L	Pct	GB
Milwaukee	88	63	.583	—
St. Louis	82	68	.547	5½
Cincinnati	74	77	.490	14
Pittsburgh	68	83	.450	20
Chicago	66	85	.437	22
Houston	51	99	.340	36½
West Division				
	W	L	Pct	GB
Arizona	87	64	.576	—
San Francisco	81	70	.536	6
Los Angeles	74	76	.493	12½
Colorado	70	80	.467	16½
San Diego	64	87	.424	23

Thursday's Games
 Washington 10, N.Y. Mets 1
 Philadelphia 3, Florida 1, 1st game
 Cincinnati 8, Chi. Cubs 6, 11 innings
 Philadelphia 2, Florida 1, 10 innings, 2nd game
 San Francisco 8, Colorado 5
 Pittsburgh 6, L.A. Dodgers 2

Friday's Games
 Chicago Cubs 4, Houston 3, 12 innings
 Florida 3, Washington 0
 St. Louis 4, Philadelphia 2, 11 innings
 Milwaukee 6, Cincinnati 3
 N.Y. Mets 12, Atlanta 2
 San Francisco 9, Colorado 1
 San Diego 2, Arizona 0
 L.A. Dodgers 7, Pittsburgh 2

Saturday's Games
 Houston at Chicago Cubs, late
 N.Y. Mets at Atlanta, late
 Florida at Washington, late
 St. Louis at Philadelphia, late
 Milwaukee at Cincinnati, late
 San Francisco at Colorado, late
 Arizona at San Diego, late
 Pittsburgh at L.A. Dodgers, late

Sunday's Games
 Milwaukee (Greinke 14-6) at Cincinnati (Willis 0-6), 1:10 p.m.
 Florida (Hand 1-7) at Washington (Wang 2-3), 1:35 p.m.
 N.Y. Mets (Gee 12-6) at Atlanta (Beachy 7-2), 1:35 p.m.
 Houston (Myers 5-13) at Chicago Cubs (Dempster 10-12), 2:20 p.m.
 San Francisco (Cain 11-10) at Colorado (Rogers 6-5), 3:10 p.m.
 Arizona (J.Saunders 11-12) at San Diego (Harang 13-6), 4:05 p.m.
 Pittsburgh (Lincoln 1-2) at L.A. Dodgers (Billingsley 10-10), 4:10 p.m.
 St. Louis (C.Carpenter 9-9) at Philadelphia (Hamels 14-8), 8:05 p.m.

National Football League

AMERICAN CONFERENCE						
East						
	W	L	T	Pct	PF	PA
New England	1	0	0	01.00038	24	
Buffalo	1	0	0	01.00041	7	
N.Y. Jets	1	0	0	01.00027	24	
Miami	0	1	0	0.00024	38	
South						
	W	L	T	Pct	PF	PA
Houston	1	0	0	01.00034	7	
Jacksonville	1	0	0	01.00016	14	
Tennessee	0	1	0	0.00014	16	
Indianapolis	0	1	0	0.0007	34	
North						
	W	L	T	Pct	PF	PA
Baltimore	1	0	0	01.00035	7	
Cincinnati	1	0	0	01.00027	17	
Cleveland	0	1	0	0.00017	27	
Pittsburgh	0	1	0	0.0007	35	
West						
	W	L	T	Pct	PF	PA
San Diego	1	0	0	01.00024	17	
Oakland	1	0	0	01.00023	20	
Denver	0	1	0	0.00020	23	
Kansas City	0	1	0	0.0007	41	

Friday's Game
 Washington 1 0 01.00028 14



LIVE SPORTS ON TV

AUTO RACING

- 1 p.m.** ALMS – Monterey LeMans ESPN2
- 2 p.m.** NASCAR – Geico 400 ESPN
- 8:30 p.m.** NHRA – O'Reilly Auto Parts Nationals ESPN2

GOLF

- Noon** PGA – BMW Championship GOLF
- 2 p.m.** PGA – BMW Championship NBC
- 2 p.m.** LPGA – Navistar Classic GOLF
- 7 p.m.** PGA – Albertsons Boise Open GOLF

MAJOR LEAGUE BASEBALL

- 1:30 p.m.** Tampa Bay at Boston SUN/TBS
- 2 p.m.** Chicago White Sox at Kansas City WGN
- 8 p.m.** St. Louis at Philadelphia ESPN
- 1 p.m.** Chicago White Sox at Cleveland WGN
- 7 p.m.** Tampa Bay at N.Y. Yankees SUN

NFL

- 1 p.m.** Jacksonville at N.Y. Jets CBS
- 1 p.m.** Tampa Bay at Minnesota FOX
- 4 p.m.** Houston at Miami CBS
- 8:15 p.m.** Philadelphia at Atlanta NBC
- 8:30 p.m.** St. Louis at N.Y. Giants ESPN

WNBA PLAYOFFS

- 3 p.m.** Connecticut at Atlanta ESPN2
- 5 p.m.** Minnesota at San Antonio ESPN2
- 8 p.m.** New York at Indiana, if necessary ESPN2
- 10 p.m.** Phoenix at Seattle, if necessary ESPN2
- 8 p.m.** Atlanta at Connecticut, if necessary ESPN2

Times, games, channels all subject to change

Philadelphia	1	0	01.00031	13		
Dallas	0	1	0.00024	27		
N.Y. Giants	0	1	0.00014	28		
South						
	W	L	T	Pct	PF	PA
New Orleans	0	1	0	0.00034	42	
Tampa Bay	0	1	0	0.00020	27	
Carolina	0	1	0	0.00021	28	
Atlanta	0	1	0	0.00012	30	
North						
	W	L	T	Pct	PF	PA
Chicago	1	0	0	01.00030	12	
Detroit	1	0	0	01.00027	20	
Green Bay	1	0	0	01.00042	34	
Minnesota	0	1	0	0.00017	24	
West						
	W	L	T	Pct	PF	PA
San Francisco	1	0	0	01.00033	17	
Arizona	1	0	0	01.00028	21	
St. Louis	0	1	0	0.00013	31	
Seattle	0	1	0	0.00017	33	

Sunday's Games

Chicago at New Orleans, 1 p.m.
 Baltimore at Tennessee, 1 p.m.
 Tampa Bay at Minnesota, 1 p.m.
 Kansas City at Detroit, 1 p.m.
 Jacksonville at N.Y. Jets, 1 p.m.
 Oakland at Buffalo, 1 p.m.
 Arizona at Washington, 1 p.m.
 Seattle at Pittsburgh, 1 p.m.
 Green Bay at Carolina, 1 p.m.
 Cleveland at Indianapolis, 1 p.m.
 Dallas at San Francisco, 4:05 p.m.
 Cincinnati at Denver, 4:15 p.m.
 Houston at Miami, 4:15 p.m.
 San Diego at New England, 4:15 p.m.
 Philadelphia at Atlanta, 8:20 p.m.

Monday's Game

St. Louis at N.Y. Giants, 8:30 p.m.

Sunday, Sept. 25

Houston at New Orleans, 1 p.m.
 Denver at Tennessee, 1 p.m.
 Detroit at Minnesota, 1 p.m.
 San Francisco at Cincinnati, 1 p.m.
 New England at Buffalo, 1 p.m.
 N.Y. Giants at Philadelphia, 1 p.m.
 Miami at Cleveland, 1 p.m.
 Jacksonville at Carolina, 1 p.m.
 Kansas City at San Diego, 4:05 p.m.
 N.Y. Jets at Oakland, 4:05 p.m.
 Baltimore at St. Louis, 4:05 p.m.
 Arizona at Seattle, 4:15 p.m.
 Green Bay at Chicago, 4:15 p.m.
 Atlanta at Tampa Bay, 4:15 p.m.
 Pittsburgh at Indianapolis, 8:20 p.m.

Monday, Sept. 26

Washington at Dallas, 8:30 p.m.

Major League Soccer

EASTERN CONFERENCE

	W	L	T	Pts	GF	GA
Columbus	11	9	8	41	35	36
Sporting KC	10	8	10	40	43	36
Philadelphia	8	7	12	36	35	30
Houston	8	9	12	36	36	38
D.C.	8	7	10	34	37	35
New York	6	6	15	33	42	38
Chicago	4	8	15	27	30	35
New England	5	12	12	27	32	46
Toronto FC	5	12	12	27	30	51

WESTERN CONFERENCE

	W	L	T	Pts	GF	GA
x-Los Angeles	15	3	10	55	40	22
Seattle	13	6	9	48	43	31
FC Dallas	13	8	7	46	36	31
Real Salt Lake	13	7	6	45	37	22
Colorado	10	8	11	41	39	37
Portland	10	12	6	36	36	41
Chivas USA	7	11	10	31	32	33
San Jose	6	10	11	29	29	35
Vancouver	4	13	10	22	28	43

NOTE: Three points for victory, one point for tie.

x- clinched playoff berth

Friday's Game



Avon Park

TUESDAY: Volleyball at Frostproof, 6/7:30 p.m.
THURSDAY: JV Football at Lake Placid, 7 p.m.; Volleyball vs. Lake Placid, 6/7:30 p.m.; Boys Golf vs. Lake Gibson, Pinecrest, 3:30 p.m.; Girls Golf vs. Hardee, River Greens, 4 p.m.



Lake Placid

MONDAY: Volleyball vs. Sebring, 6/7:30 p.m.
TUESDAY: Volleyball vs. DeSoto, 6/7:30 p.m.; Swimming vs. Lake Wales, Ridge, 5:30 p.m.
THURSDAY: JV Football vs. Avon Park, 7 p.m.; Volleyball at Avon Park, 6/7:30 p.m.



Sebring

MONDAY: Volleyball at Lake Placid, 6/7:30 p.m.
TUESDAY: Boys Golf at Lakeland, 3:30 p.m.; Girls Golf at Bartow, 4 p.m.;
THURSDAY: JV Football vs. Mulberry, 7 p.m.; Boys Golf vs. Hardee, Sun 'N Lake, 4 p.m.; Girls Golf at George Jenkins, 4 p.m.; Swimming at Lake Region, 5:30 p.m.



SFCC

TUESDAY: Volleyball at Hillsborough Community College, 7 p.m.
WEDNESDAY: Volleyball vs. Warner University, 7 p.m.
THURSDAY: Volleyball vs. Polk State College, 7 p.m.
TUESDAY, Sept. 27: Volleyball at Pasco-Hernando, 7 p.m.

SPORTS SNAPSHOTS

Knights Soccer Challenge

AVON PARK – The Avon Park Knights of Columbus, Council No. 14717, will sponsor a soccer challenge for boys and girls aged 10-14 on Sunday, Sept. 25, from Noon-3 p.m. at the Our Lady of Grace soccer field at 595 East Main St., Avon Park.

No experience is required with winners determined for both boys and girls in each age category with a series of penalty kicks.

Those winners will then advance on to the Regional competition to be held in the Bradenton-Sarasota area.

Each contestant will be awarded a certificate for participation and refreshments will be available.

Application forms are available at the Our Lady of Grace church office.

For more information, contact Steve Ashley at 414-4169.

Panther Hitting Camps

The SFCC Baseball program will be hosting hitting camps this fall for aspiring players aged 6-14.

The camps will be held Saturday's Sept. 10 and 24 as well as Oct. 15 and 29.

Each day, the camps will run from 8:30 -11 a.m. on Panther Field at the SFCC Avon Park campus.

Under the guidance of Panther head coach Rick Hitt, along with assistant coach Andy Polk and members of the 2011 SFCC squad, campers will learn all aspects of hitting, with drills, instruction and hitting analysis.

Registration begins at 8 a.m. each day and players should bring glove, cap, bat and any desired baseball attire.

Camp cost is \$25 per camper. To register, print Application and Consent and Release forms from www.southflorida.edu/baseball/camp and mail to address on application form.

Register by phone, all area codes 863, at 784-7036 for Sebring and Avon Park residents, 465-5300 for Lake Placid, 494-7500 for DeSoto County or 773-2252 for Hardee County.

Walk-up registrations are accepted. For further information, call any of the above numbers or email coach Hitt at hittr@southflorida.edu.

Lake Placid Youth Bowling

LAKE PLACID – The Royal Palms Youth Bowling League, for ages 7 and up, began its' new season Saturday, Sept. 3.

The sign-up fee is \$25, which includes a shirt, and new bowlers are welcome.

Bowling is every Saturday morning at 9 a.m. through December 10.

Weekly cost is \$11 and includes three games of bowling, shoes and prize fund.

All Youth Bowlers are also eligible for reduced rate open bowling, though some restrictions may apply, and free bowling with instruction on Friday's from 4-6 p.m. – must be accompanied by an adult.

For more information, call Frank Peterson at 382-9541, or Donna Stanley at 441-4897.

Habitat "Golf FORE Homes"

SEBRING – Mountain Top Productions presents for 2011 "Golf FORE Homes" tournament on Saturday, Sept. 17 on the new greens at Country Club of Sebring.

"Golf FORE Homes" benefits Highlands County Habitat for Humanity and the Mason's Ridge project.

Registration is at 7:30 a.m. and shotgun start at 8:30 a.m. – four person teams will be flighted by handicap.

Entry fee includes complimentary practice round, continental breakfast, goodie bags, prizes, snacks on the course and lunch and awards following play.

Complimentary reception for all players the evening before on Friday,

Lady Streaks sweep AP, Lake Placid cruises

By DAN HOEHNE

daniel.hoehne@newssun.com

AVON PARK – It's been said that a volleyball season is akin to a roller coaster ride.

Thursday's cross-county showdown between Sebring and Avon Park was a microcosm of that, as the Lady Red Devils found themselves in the midst of a dowslide, but soon saw things moving back up, though the Lady Streaks prevailed in three.

Last weekend saw Avon Park riding high, riding great wins over Haines City and Lake Gibson to a second-place pool finish at the Bartow tournament.

But that was followed by Tuesday's virtual no-show in a lopsided, three-set loss to new district foe DeSoto – a team that Sebring had swept recently.

"I don't want to make excuses, but it was a long, busy weekend for us and I think we were just worn out coming into that match," Devil head coach Stephanie Devlin said. "That seemed to carry over a bit here tonight."

Carry over it did as a business-like Sebring squad charged right ahead to a 15-4 lead in the opening set.

A Teresa Devlin kill, however, spurred a run to cut it to 15-9 and another kill helped close the gap to 17-12.

But it fell apart again as the Streaks, riding two scoring hits from Sydnee Connelly, closed it out with eight straight for a 25-12 win.

That momentum carried over to start the second, with a Stephanie Struck kill helping Sebring jump out to a 5-2 lead.

But Avon Park started to show signs, scoring three of the next four to close the gap.

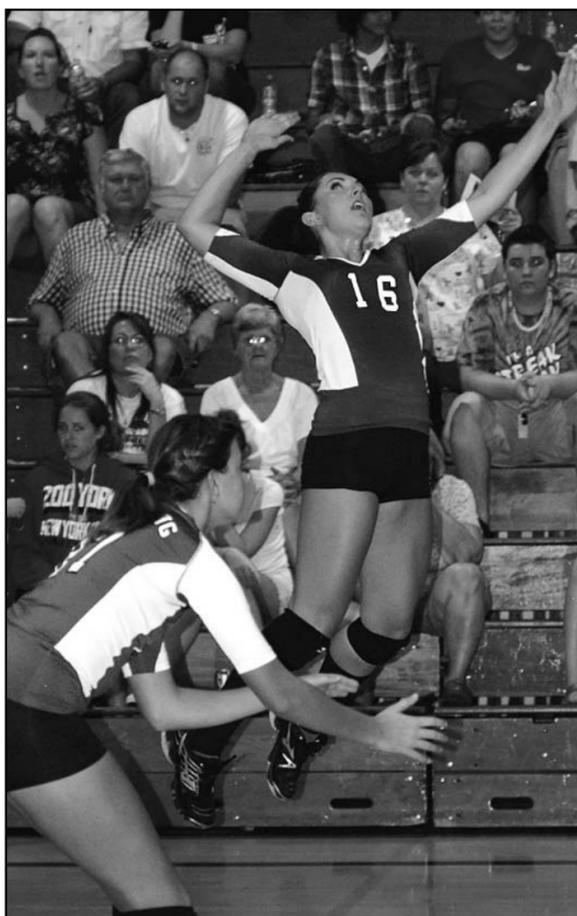
The swing, at the moment, was only temporary as the Streaks then started scoring in bunches and pushed the lead to 17-8 before one of the Lady Devils strengths began to bring them back.

With the younger Devlin toeing the service line, her line-drive, laser-shot serves started a six-point run, and included an ace, to make it a suddenly competitive 17-14 contest.

Sebring would answer back, scoring five of the next six to pull away again, but Avon Park was certainly showing signs of life.

But the ensuing back and forth was pushed the Lady Streaks way on a Kaley Walter kill proceeding the final score in the 25-18 Sebring win.

The third set followed a similar path, with Sebring



News-Sun photo by DAN HOEHNE
Sydnee Connelly lifts off for a kill attempt in Thursday's Blue Streak win at Avon Park.

jumping out early and the Lady Devils narrowing the gap to 9-8.

But with kills from Walter and Meghan Lollis, the Streaks went on an 9-3 run to balloon the lead to 18-11.

Avon Park put together a little run of its' own to close it to 18-15 before Sebring pushed ahead again with four of the next five for a 22-16 lead – giving all the more that roller coaster feel of things.

Then it was Ashley Chacon's turn to show the Devils serving prowess as, with her holding serve and adding an ace to the mix, Avon Park scored the next five in a row to make it 22-21.

Sebring scored, but a Devlin kill answered back, before another trade of points had it 24-23.

The Lady Streaks would soon get the final point to secure the sweep, but coach Devlin was pleased with her teams' effort.

"It was a slow start and the girls really could have hung their heads," she said. "But I'm happy with the way they picked it up in the last two sets."

Sebring head coach Vanessa Sinness was happy for that as well.

"You want the competition," she said. "We got to work on things, get some

girls in and keep that intensity."

The Devils swing back into district play this week with a road game at Frostproof before hosting Lake Placid on Thursday.

The Streaks stay out of district for another week, traveling to Lake Placid Monday for their lone match of the week.

The Lady Dragons were also in action Thursday, a road date at Mulberry and opened their district schedule with a dominant, three-set sweep of the Lady Panthers.

The 25-13, 25-12 and 25-8 scores showed that Lake Placid was still on track and playing well after its' second-place finish at the Bartow Invite – as well as eager to get their quest for a seventh straight district championship underway.

Though head coach Linette Wells was keeping an even keel in her assessment.

"Overall we played well as a team. everybody was able to get some playing time and did excellent," she said. "We were able to work on some changes and we played our game."

The Dragons have a busy week ahead, hosting Sebring Monday before getting back to district play with a visit from DeSoto Tuesday and traveling to Avon Park Thursday.

Contact Us...

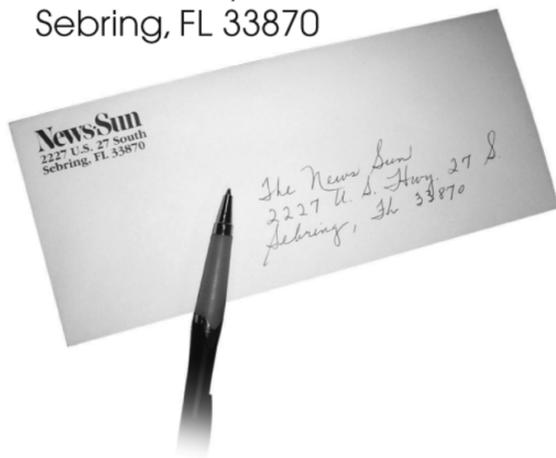


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News-Sun photo by DAN HOEHNE
Lady Devil Libero Jamie Wirries lunges to get this dig in Thursday's match with Sebring.

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Sebring steps up in second half

Continued from 1B

of a Colby Baker pass for a pick.

But both defenses were dominating at this point and the teams traded short-lived drives before another strong punt from White had the Wildcats pinned down at their own 11.

They were pushed even further back when Andrew Hooks found no holes after a handoff and was dropped for a five-yard loss.

But Baker soon connected with Keshun Rivers for a 42-yard gain and Ledarius Sampson broke off three runs totaling 23 yards to get it to the Sebring 25.

From there, under heavy pressure from the left side, Baker darted right and flashed 25 yards to the end zone for a 13-0 lead with 7:15 to go in the half.

Hooks got some personal measure of revenge when he picked off a pass to end the Streaks next possession at the Sebring 45.

And though the 'Cats ensuing drive was a bit of stop-and-go, with a couple sizable gains balanced by a loss and a chop-block penalty, Baker again found an opening and ran it in from 23 yards out for a 19-0 spread with 3:08 to go before halftime.

Soon enough, two big plays paved the way to another Hardee score as a fumbled snap was pounced upon by Keyon Brown and a 38-yard pass went from Baker to Rivers to make it 26-0 at the half.

"We were just caught sleeping a couple of times, and that punt return gave them momentum," head coach LaVaar Scott said. "They're a very good team, but we really knocked them back a bunch of times. But those big plays got us."

The defense was back at it again in the second half as line-backer Anthony Wiggins wrapped up Sampson on a run and was able to strip the ball away and get it back for Sebring at their own 28.

And from there, the offense kicked in, though through the



Deonte Evans got past this set of Sebring tacklers on what would be an 85-yard punt return for touchdown in Hardee's win over the Blue Streaks Friday.

News-Sun photo by DAN HOEHNE

air, as opposed to the smash-mouth run game the Streaks generally prefer.

"We got away from it a little bit, but when you're down like that, you've got to go to the passing game," Scott said.

Davaris Faulk found Ladante Harris for a 25-yard gain to the Hardee 47 before a motion penalty moved it back to Sebring's 48.

Jake Bryan bulled ahead for a short gain before Faulk hit Cunningham for three and Michael Weston for 13.

Bryan then carried twice for 10 yards to get it to the 25 and Faulk hooked up with Weston again for the touchdown.

White booted the extra point and it was 26-7 with 5:34 left to go in the third.

The momentum then seemed to be shifting as, after a nine-yard rush by Brown, Benji Toney broke into the backfield and tossed Hooks for a three-yard loss.

An incompletion followed and the ensuing punt gave Sebring possession at their 42..

Faulk hit Cunningham for a 15-yard gain and Bryan found a seam up the middle for a 14-

yard run.

The drive would stall, however, and though White had enough leg on his 45-yard field goal attempt, it eased wide left and the score remained.

The 'Cats would then go on their one truly sustained drive of the game that bridged the third and fourth quarters and took a good chunk of time off the clock.

From their own 20, Hardee first took a loss as Aaron Barker's run was stopped at the 19.

But massive freshman full-back Keyonte Holley powered for seven yards and Brown broke one off for 54 yards to the Sebring 10.

An unsportsmanlike conduct call at the completion of the play, however, brought it back out to the 25.

Holley was held to one yard and two straight incompletions looked to spell the end of the drive.

But Baker found Evans for 10, though Holley was held to two yards total on his next two carries.

Hooks' then broke free for a TD run, but he broke free

because of a holding call that brought it back to the 30.

But Sebring gave that back when Baker's run was stopped by a horse-collar tackle, putting it back to the 10.

Baker then surged for two, Holley for six and Brown for the final two yards and the score for a 32-7 margin with 7:07 left.

Turnovers were traded as Jajuan Hooks picked of a Faulk pass, with Sebring then ripping it away from Holley on the next play.

But though the Streaks would move the ball some offensively, with Faulk completing six passes for 48 yards over the next three series, they would not find the end zone again.

"We definitely beat them in the second half," Scott said of the 7-6 tilt after halftime. "And if we did what we needed to do in the first half, we could have made a game of this. But we'll keep working on it, lick our wounds and get back to it."

Sebring opens district play on the road next Friday at Lake Gibson, 43-6 winners over Auburndale.

AP looks to lasso LaBelle Friday

Continued from 1B

scrambled until he was dropped for a safety on a 10-yard sack giving the Miners a game winning 16-6 lead.

"We made a lot of strides from last week to this week..," Bonjokian said. "We'll get there."

When asked about the success of the simpler Power-I running game that the Devils used, Bonjokian said that it gave them some options overall, but that he wasn't through with the

shortened pistol offense he started the year with.

"We didn't abandon the pistol; we can still go to it. But with the power-I we did OK," Bonjokian said.

Avon Park hits the road next Friday, travelling to LaBelle for a 7:30 p.m. district kick-off, but Bonjokian was reluctant to give away any strategies.

"No, nothing planned yet. We have to start back on Monday working hard, that's all," he said. "We're getting there."



Though they got away from the short pistol passing game this week, don't be surprised to see the Devils and QB Ryan Dick continue to make it progress.

News-Sun photo by ED BALDRIDGE

Foster expected to play against Dolphins

By KRISTIE RIEKEN

Associated Press

HOUSTON — Houston coach Gary Kubiak expects running back Arian Foster to play on Sunday against the Miami Dolphins.

Foster returned to practice this week after missing the season opener because of a left hamstring injury.

"He looks ready to play," Kubiak said after practice Friday. "He's had a good week. I think he'll be fine. As long as there's no setbacks he's ready to go."

Foster, who ran for 1,616 yards last season to lead the league, has been bothered with the injury for a month.

While Kubiak said he wouldn't put a play count on Foster, he didn't expect him to play as many snaps as he normally would.

"We'll go out and play and I'll watch him and see how he's holding up," Kubiak said. "I would think that he's definitely not going to be a 60 play guy, like he normally is for us. He's a three-down

'He's definitely going to play.'

GARY KUBIAK

Houston head coach

player. We'll listen to Arian, (running backs coach) Chick (Harris) will watch him, we'll all watch him. Hopefully everything goes smooth."

Foster said he can't wait to get back on the field, but wasn't sure how much he'd play.

"That remains to be seen," he said. "I'm going to go out there and see how I feel and if I feel like it's not an issue and my conditioning isn't an issue, which I don't think it is, I'm going to play like I normally play."

While Foster should return Sunday, the Texans will be without running back Derrick Ward who is out with a sprained right ankle.

Ward started for Foster against the Colts and scored a touchdown.

Kubiak said Ben Tate, who

ran for 116 yards and a touchdown against the Colts after missing all of his rookie season last year with a broken ankle, would back up Foster and share the load against Miami.

"Both of those guys will play and Steve (Slaton) is available if we need a third guy," Kubiak said. "He's definitely going to play. Our second guy is going to get some carries and play."

Receiver Kevin Walter remained out of practice Friday with an injured left shoulder and will be a game time decision.

LP to dial it up for Dunbar

Continued from 1B

Dragons found themselves in.

And Kelsen did well, completing roughly half his pass attempts, while running back A.J. Gayle got into the throwing act a bit and Nevada Weaver connected with Marty Hickey on a 25-yard gain on a fake punt.

"We worked hard this wee and it's something that we are going to have to do," Holden said of Kelsen and the passing attack. "He did a great job. He was on target all night and the receivers did a great job of adjusting to the ball. That was one area that we were pleased with the progress."

'Obviously we did something wrong coaching this week.'

JASON HOLDEN

Lake Placid head coach

Others might be the never-quit attitude his players showed and the defense stepping it up in the second half.

Aside from a long run for a score, the Dragons held the Cougars off the board and picked off a pass to end another drive.

But Holden saw a lot else that needs work.

"We were slow off the

ball and backing up," he said. "Obviously we did something wrong coaching this week. We either got them afraid of certain things, or unsure of themselves."

Which is something that will certainly be worked on this week as Lake Placid sets to open their district schedule with a visit from Ft. Myers Dunbar, which will also be looking to get back on track after a 31-7 loss to a strong Riverdale squad.

"You've got to come out and play four quarters," Holden said. "Because the other guy is coming out to play all four. If they don't, great, because we are going to."

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ARTS & ENTERTAINMENT

Museum of Florida Art and Culture has busy schedule

Special to the News-Sun
AVON PARK — The South Florida Community College Museum of Florida Art and Culture (MOFAC) announces its 2010-11 season of exhibitions, programs, and workshops. SFCC MOFAC provides an exhibition venue for contemporary Florida regional artists and preserves Florida's history and heritage through art. The museum also serves as a repository for the historical artifacts unearthed by members of the Kissimmee Valley Archaeological and Historical Conservancy.

SFCC MOFAC is located adjacent to the SFCC Theatre for the Performing Arts, Highlands Campus. It is open to the public October through May, Wednesday, Thursday, and Friday, 12:30-4:30 p.m., and by appointment for group tours. SFCC Artist and Matinee series patrons may visit the museum one hour prior to each performance.

The following exhibitions will be presented at MOFAC:

— "Coming Home: SFCC Alumni Exhibition" will be on display Sept. 21-Oct. 27. SFCC MOFAC celebrates the continuing artistic achievements of SFCC alumni Caroline Colby, Max Gooding, Whitney Hackler, Dana Sacco, Chase Smith, and Laura Wolfe in an exhibition featuring their paintings, woodcut prints, photography, multimedia, and graphics.

The exhibition demonstrates how these former SFCC art students have matured in vision, ability, and talent. The exhibition is co-sponsored by the SFCC Alumni Association; Charles



Venice Canal, watercolor by Max Gooding

and Anne Reynolds; and Bob and Monica Germaine.

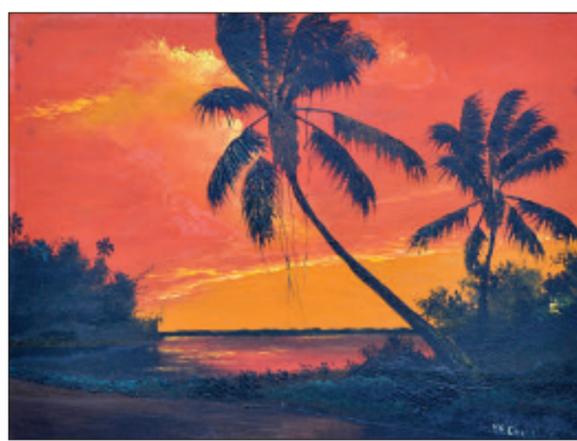
— "Celebrating Florida's Landscape: Mary Ann Carroll, Highwayman" will be on display Nov. 2-Dec. 3. Carroll is praised as the only female of the Highwaymen, a group of 26 African-American artists who portrayed the serene and untouched Florida landscape of their time. In the last decade, their paintings have become highly coveted, and in 2004 the original Florida Highwaymen were inducted into the Florida Artists Hall of Fame. The exhibition is co-sponsored by Norm and Laurie Stephens and Hill-Duke Ranch.

— "Guardians of the Everglades: Nicolas Petrucci, Clyde Butcher and Connie Bransilver" will be on display Dec. 7-Jan. 30. Guardians of the Everglades is an art, conservation, and education exhibition featuring Petrucci's oil portraits of people dedicated to preserving the Everglades ecosystem. Supporting the portraits to create the Everglades experience are Butcher's

black and white landscape photographs, detailing the complexity of the glades, and Bransilver's photographs of colorful native orchids printed on diaphanous silk panels. The exhibition is co-sponsored by Donald and Jeanmaire Appelquist and Charles and Anne Reynolds.

— "Cracker: Florida's Enduring Cowboys Photography by Jon Kral" can be seen Feb. 1-March 9. Photographer Kral chronicles the daily work, environmental dangers, and family life of the endangered Florida cowboy. This gritty yet romantic part of Florida history continues to be threatened by highways, housing subdivisions, and shopping centers. Kral's photographs serve as a record of this disappearing lifestyle. The exhibition is co-sponsored by Charles and Anne Reynolds; Marvin and Elsa Kahn; and Highlands Today.

— "Wood, Paper, Paint: Bitner and Bogdanowitsch" will be on display March 21-May 9. Well-known central Florida artists, Donne Bitner and Cheryl Bogdanowitsch,



Mary Ann Carroll, Highwaymen exhibit, oil painting

exhibit their colorful, intriguing, and whimsical paintings and sculpture. Working intuitively, Bitner's mixed-media paintings have a dream-like quality. Working with sticks, branches, and roots, Bogdanowitsch creates gesturing, wooden figures.

The exhibition is co-sponsored by Jane Hancock.

Wildflower Wayside Shrine

The Wildflower Wayside Shrine Trail is an ongoing exhibition where science, art, and the natural world come together.

A self-guided walking trail that explores pristine scrubland on the SFCC Highlands Campus, the Wildflower Wayside Shrine Trail contains six shrine boxes created by artist Mollie Doctrow to honor the endangered plant species found on the SFCC Highlands Campus. For additional trail information, go to www.way-sideshrinetrail.com.

This project is made possible by a grant from the

U.S. Institute of Museum and Library Services.

Lower Lobby Gallery

The following exhibitions will be presented in the Lower Lobby Gallery of the SFCC Theatre for the Performing Arts and can be viewed during regular SFCC MOFAC hours:

An exhibit of works by John Costin and Carolyn Staves runs Sept. 21-Dec. 2. On view from the MOFAC Permanent Collection are landscape paintings by Staves and bird etchings by Costin. SFCC MOFAC presents three recent additions to the "John Costin Birds of Florida Collection."

An exhibit of photographs by Niki Butcher runs Dec. 7-Jan. 30. Reminiscent of early hand-painted post cards, Butcher captures the fading facades and changing cultures of Florida in her color-tinted photographs. Her subjects include old shacks, lonesome sandy beaches, and the mysterious cypress strands of the Everglades.

"Cracker: Florida's

Enduring Cowboys" will be on display Feb. 1-March 23. The exhibit features the atmospheric landscape photos of the Cracker Cowboy Collection by Jon Kral.

The SFCC Juried Student Art Exhibition runs March 28-May 4. SFCC MOFAC presents the second juried exhibition of artwork created by SFCC art students. Students co-organize the exhibition and assist with framing, installation, and promotion. The Student Art Awards and reception will be held Thursday, April 19, 12:30-2 p.m.

Special evening programs

MOFAC also hosts special evening programs throughout the year. The first, "Discover the Wildflower Wayside Shrine," will be held Tuesday, Oct. 25, 7:15 p.m., at the Highlands County Audubon Society, Masonic Lodge, 106 N. Main St., Lake Placid, and Wednesday, Nov. 9, 6:30-7:30 p.m., at the SFCC Highlands Campus, Building G-101. Carol Mahler and Mark Deyrup present a "Literary Nature Talk" on the SFCC Wildflower Wayside Shrine nature trail. Deyrup, senior research biologist at Archbold Biological Station, will identify flora and fauna of the Lake Wales Ridge. Mahler, author, teacher, and storyteller will read selection from Florida literature that highlight the scrub.

"Guardians of the Everglades" will take place Thursday, Dec. 13, 6:30-8:30 p.m., at the SFCC University

See MOFAC, page 8B

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ARTS & ENTERTAINMENT



Courtesy photo

The Sweet Adelines sing at Balmoral Assisted Living.

Sweet Adelines entertain at Balmoral Assisted Living

Special to the News-Sun
LAKE PLACID — Residents of Balmoral Assisted Living, Lake Placid, were entertained recently by Heart of Highland, Sweet Adelines, Chorus. Kim Rucks, Activities Director, invited the Chorus to perform on a Friday evening in August. The audience was wonderful. Heart of Highland,

Sweet Adelines, Chorus enjoyed entertaining and mingling with their wonderful audience. If you love to sing and would like to be introduced to barbershop style of singing, rehearsals are at 7 p.m. on Thursday evening at the Avon Park Rotary, 20 S. Verona Ave. For more information, call 452-1927 or 699-0743.

Trumbo to offer three-day art clinic

Special to the News-Sun
LAKE PLACID — International artist and travel-teacher Mara Trumbo will be returning to Lake Placid, where she lived before moving to Tennessee three years ago, to visit friends and share her love of art at the Caladium Arts and Crafts Cooperative with a three-day full immersion art clinic Nov. 11-13.

Before moving with her husband Robert, Trumbo was a member of the Sarasota Visual Arts Center, the Lake Placid Caladium, and the Sebring Highlands Art League. She also taught in adult art education in the Sebring branch of SFCC and three Michael's store branches throughout Florida.

Her art career started as the first Highlands County certified Donna Dewberry One Stroke instructor in 2002. While pursuing her One Stroke teaching, Trumbo explored many other forms of decorative and fine art, as well as pottery and China painting.

After her move to the Cumberland Plateau of the Appalachian Mountains, Trumbo decided to concentrate in fine art and under the tutelage of PBS renowned artists Gary and Kathwren Jenkins and attained training in the USA and Berlin, Germany to become an International J-CAT instructor. This gave her the opportunity to travel abroad to spread the Jenkins Art technique at fairs and to art groups which grew in great numbers with her presence on Facebook.

Her native Italy welcomed new American short-cuts into traditional painting and her numerous bookings have necessitated two trips a year to accommodate all the requests in various cities north and south of Rome.

Trumbo will be holding an intensive art clinic which encompasses the most used strokes and techniques she learned over the years. Students who have perhaps been afraid of ever attempting a painting on their own, without a teacher or a pattern to guide them, will be taught how to "see" when they look at something, recalling the object's structure with their mind's eye when painting free-hand.

They say "it's always easy when you know how," and this is one of those "how" classes, which will instill confidence, inspiration and a sense of adventure into the learning of expressing oneself on canvas. Open to beginners to advanced students.

The cost of the three-day seminar on Nov. 11-13 is

\$222 and only a maximum of 15 students will be accepted. Call Judy Nicewicz (863) 273-1339 or Diane Carroll Davis (239) 454-2417. The artist's virtual gallery is at www.PictureTrail.com/MaraTrumbo/.

Learn about behind-the-scene actions during HLT's Sundaes on Saturday

Special to the News-Sun
SEBRING — The general public is invited to find out more about the behind-the-scenes action at the Highlands Little Theatre Open House from 1-4 p.m. Saturday, Sept. 24.

The event will include backstage tours, entertainment, refreshments, drawings, and an auction. There will be displays in the auditorium showing a sample of the numerous departments and committees it takes to bring community theatre to Highlands County.

Entertainment will be provided in the Drs. Thakkar Pavilion once an hour. Directed by Heather Lemos, and hosted by Adam Meredith, the program will include Gary Johnson, Lyndsay Reck, the Glad Hatters, and a sneak peek at the upcoming season.

All attendees, excluding

current HLT members, will receive a door prize entry. Sundaes, floats and cookies will be for sale, as will beverages in Anthony's Lounge. Proceeds from refreshments, drawings and the auction will go towards the general sup-

port of Highlands Little Theatre.

This event is co-sponsored by Alligator Pack and Ship, Banana Splits Ice Cream Parlor, Cheryl's Cookies, Golf Hammock Golf and Country Club, Musselman's

Appliances, Sebring Signs and Promotion, Jon Sowards of Sysco Foods, and United PC.

For more information, call 385-2175. Highlands Little Theatre is at 356 W. Center Ave.

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For more information, please visit www.FHHeartland.org



ARTS & ENTERTAINMENT

MOFAC has full slate of events in coming year

Continued from page 6B
Center Auditorium. Who cares about the Everglades? Who cares about clean water and native species, about sawgrass and cypress swamps, about native cultures and human health? There are men and women who care and who work, each in his or her own way, to preserve the Everglades. Nicholas Petrucci will talk about the outstanding living individuals he selected to honor as Guardians of the Everglades. Fine art photographer Clyde Butcher and conservation photographer Connie Bransilver will join Petrucci to expose the breathtaking beauty of this delicate and unique wetland ecosystem.

Third Thursdays

Third Thursdays at MOFAC programs are held on the third Thursday of each month, 1-2:30

p.m., October-March, at SFCC MOFAC. Each program enhances and inspires an understanding of Florida art and culture through discussions about an SFCC MOFAC exhibition or a featured artist.

On Oct. 20, visiting SFCC alumni artists talk about their work on display at SFCC MOFAC in "Coming Home." A reception will honor the recent accomplishments of these talented artists.

On Nov. 17, SFCC MOFAC presents "A Florida Legend: Mary Ann Carroll." A pastor in her own church, Carroll still paints and sells her work. Carroll introduced her unique way of looking at color to the Highwaymen artists, and she recently presented one of her paintings to First Lady, Michelle Obama.

Art expert Joey Sacco presents "The Cracker Cowboy



Jon Kral, Cracker Cowboy Collection, silver gelatin print.

Collection: As Seen by Joey Sacco" on Feb. 16. Jon Kral's photographs do more than document the disappearing lifestyle of Florida cowboys—they are enduring works of art that speak to the powerful connection between man and the natural world.

How do you know when to trust your gut instincts? On March 29, Donne Bitner and Cheryl Bogdanowitsch talk about responding to environmental and abstract influences and the intuitive process for developing their art in "Art through Discovery: Bitner and

Bogdanowitsch."

SFCC MOFAC will offer a "Relief Printmaking Workshop: Flora on the Wayside Shrine Trail" Oct. 6, 13 and 20, 4-6 p.m. This three-session workshop will introduce students to the art of relief printmaking. Each student will design and carve a linoleum block and print a limited edition of prints.

For more information about SFCC MOFAC and its programs or to request a museum tour, contact Mollie Doctrow, curator, SFCC MOFAC, at ext. 7240 at (863) 453-6661, 465-5300, 773-2252, or 494-7500.

Painting to be auctioned to benefit veterans

Special to the News-Sun

SEBRING — The Republican Party, in agreement with the Art League of Highlands County Inc. will auction a huge patriotic painting to benefit the Veterans Assistance Fund.

The painting is of an American Flag with a ray of light shining above. Three military people are walking toward the ray of light.

The painting will be on display at different businesses around the county during the month of October.

The winner of the painting will be announced at a luncheon to be held on Nov. 3 at the Tea Room at Lake Sebring, 1063 Lake Sebring Drive.

For additional information, please contact Cathy Rapp, Republican Party, the Art League of Highlands County, or Harry Marsh with American Legion Post 74.

According to coordinators of the event, you do not have to be present to win.

The Veterans Assistance Fund is sponsored by the Veterans Council of Highlands County, Inc. It is a privately funded entity providing assistance to veterans needing a hand up, not a handout.

The veterans requesting assistance can receive a one-time grant up to \$250 to pay a bill in their name if they are honorably discharged and can demonstrate a need.

PLACES TO WORSHIP

Places to Worship is a paid advertisement in the News-Sun that is published Friday and Sunday. To find out more information on how to place a listing in this directory, call the News-Sun at 385-6155, ext. 502.

APOSTOLIC

■ **Greater Faith Apostolic Church**, 24 Rainer Drive, Lake Placid, FL 33852. invites you to come worship with us in spirit and truth at 10:30 a.m. and 3 p.m. Sunday, and at 7:30 p.m. Thursday. For information contact (239) 671-0390. Pastor Travis Vanderford.

ASSEMBLY OF GOD

■ **Christ Fellowship Church (Assembly of God)**, 2935 New Life Way. Bearing His Name; Preaching His Doctrine; and Awaiting His Coming. "Worshipping God in Spirit and in Truth." Sunday School, 9 a.m.; Morning Worship, 10 a.m.; Evening Worship, 5 p.m. Wednesday: Worship, 7 p.m. Pastor Eugene Haas. Phone 471-0924.

■ **First Assembly of God**, 4301 Kenilworth Blvd., Sebring. The Rev. Wilmont McCrary, pastor. Sunday School, 10 a.m.; Morning Worship and KIDS Church, 11 a.m.; Evening Worship, 7 p.m. Wednesday Family Night, (Adult Bible Study), LIFE Youth Group, Royal Rangers, Missionettes, 7:30 p.m. Phone 385-6431.

BAPTIST

■ **Avon Park Lakes Baptist Church**, 2600 N. Highlands Blvd., Avon Park, FL 33825. George Hall, Pastor. Christ centered and biblically based. Sunday worship services, 8:30 a.m., 11 a.m. and 6 p.m. Nursery facilities are available. Bible studies at 9:45 a.m. Sunday and 7 p.m. Wednesday. Prayer Time 6 p.m. on Wednesday. Bible classes at 9:45 a.m. are centered for all ages. Choir practice at 5 p.m. Sunday. Church phone: 452-6556.

■ **Bethany Baptist Church (GARBC)** We are located at the corner of SR17 and C-17A (truck route) in Avon Park. Join us Sunday morning at 9:00 AM for coffee and doughnuts, followed with Sunday School for all ages at 9:30. Sunday morning worship service begins at 10:30 a.m., and evening worship service is at 6 p.m. On Wednesdays, the Word of Life teen ministry and the Catelyst class (20's+) begin at 6:30 PM. The adult Bible and Prayer Time begins at 7 p.m. For more information go to www.bethanybaptistap.com or call the church office at 863-452-1136.

■ **Faith Missionary Baptist Church**, off State Road 17 North of Sebring at 1708 LaGrange Ave. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 6 p.m. Wednesday Service, 7 p.m. Deaf interpretation available. Ken Lambert, Pastor. Phone 386-5055.

■ **Fellowship Baptist Church**, 1000 Maxwell St., Avon Park, FL 33825. Sunday: Sunday School, 9:30 a.m.; Morning Worship, 10:45 a.m.; Wednesday: Evening Service, 7 p.m.; Children/Youth, 7 p.m. Telephone: 453-4256. Fax: 453-6986. E-mail: office@apfellowship.org

[ship.org](http://www.apfellowship.org); Web site, www.apfellowship.org.

■ **First Baptist Church of Avon Park**, 100 N. Lake Ave., Avon Park. Rev. Jon Beck, senior pastor; Scott King, interim youth minister; Joy Loomis, music director; and Rev. Johnattan Soltero, Primera Mision Bautista pastor. Regular Sunday schedule: 9 a.m. Library open; 9:30 a.m. Sunday School; 10:45 a.m. Morning Worship; 10:45 a.m. Children's Church; 6 p.m. Evening Service. Nursery provided for Sunday morning service. Regular Wednesday schedule: 6 p.m. Prayer Meeting; 6 p.m. children's choirs; 6 p.m. youth activities; 6:30 p.m. Adult Choir Rehearsal; 7 p.m. Mission Programs. Call 453-6681 for details. Spanish Sunday services: 9:30 a.m. Sunday school; 11 a.m. Sunday worship; 7 p.m. evening worship. Spanish Wednesday Service: 7 p.m. Bible study. Spanish Friday Meeting: 7 p.m. Family Night Visitation. "In the heart of Avon Park. For the hearts of Avon Park."

■ **First Baptist Church of Lake Josephine**, 111 Lake Josephine Drive, Sebring (just off U.S. 27 midway between Sebring and Lake Placid). Your place for family, friends and faith. Sunday morning worship service is 11 a.m. Nursery is provided for both services with Children's Church at 11 a.m. Life changing Bible Study for all ages starts at 9:45 a.m. Associate Pastor Allen Altwater leads the youth in their quest to become more like Christ. Sunday night worship at 6 p.m. Wednesday Bible Study and Prayer meeting at 7 p.m. along with youth worship in the youth facility, and missions training for all children. Call the church at 655-1524.

■ **First Baptist Church of Lake Placid**, Knowing God's Heart and Sharing God's Hope, 119 E. Royal Palm Street. (2 blocks south of Interlake Blvd) Lake Placid, FL 33852 (863) 465-3721, Email: www.fbclp.com. Pastor Brett Moresy, senior pastor. Sunday services - Traditional Service 9 a.m., Contemporary Service 10:30 a.m. Link Groups at 9 and 10:30 a.m., Senior Sunday Night and Sunday Evening Bible study at 6 p.m. Wednesday Activities: Family dinner at 5 p.m. (\$4 per person, reservations required). Adult-LifeSource classes, prayer meeting, Youth Intersections, and Kids K-5-MaxKidz Extreme meet at 6:15 p.m. Men meet at 8 a.m. every Tuesday for prayer breakfast and women's prayer breakfast is at 8 a.m. every Wednesday, both at the Family Restaurant.

■ **First Baptist Church of Florida** located right on U.S. 98 in Florida. Sunday School begins at 9:45 a.m. for all ages. Sunday worship services are at 11 a.m. and 6:30 p.m. Preschool care is provided at the 11 a.m. worship service. Wednesday evening Bible Study and Prayer meeting is at 6:30 p.m., followed by adult choir rehearsal. From September the AWANA groups meet. First Florida is the "Place to discover God's love." For more information about the church or the ministries offered, call 655-1878.

■ **First Baptist Church, Sebring**, 200 E. Center Ave., Sebring, FL 33870. Telephone: 385-5154. Dr. David E. Richardson, senior pastor; Rev. Joe Delph, associate pastor, minister of youth and activities;

and Rev. Nuno Norberto, associate pastor, minister of music and senior adults. Group Bible Studies, 9:15 a.m.; Blended Service, 10:30 a.m.; Mision Bautista Hispana, 2 p.m.; Sunday Evening Worship, 6 p.m. Wednesday night programs at the ROC begin 5:30 p.m., at church begin 6:30 p.m. Preschool and Mother's Day Out for children age 6 weeks to 5 years old. Becky Gotsch, director. Call 385-4704.

■ **Florida Avenue Baptist Church**, 401 S. Florida Ave., Avon Park. Mailing address is 710 W. Bell St., Avon Park, FL 33825. Telephone, 453-5339. Rev. John D. Girdley, pastor. Sunday School, 9:45 a.m.; Sunday Worship, 11 a.m.; 11 a.m. Children's Church; Sunday Evening Worship, 6 p.m. Wednesday night programs for children, youth and adults at 7 p.m.

■ **Independent Baptist Church**, 5704 County Road 17 South, Sebring, FL 33876. Sunday School, 9:30 a.m. Sunday worship, 10:30 a.m. Sunday evening, 6 p.m. Wednesday service, 7 p.m. Fundamental, soul-winning, mission-minded, King James Bible Church. Larry Ruse, pastor. Phone 655-1899. Bus transportation.

■ **Leisure Lakes Baptist Church**, 808 Gardenia St., Lake Placid (just off of Miller at the west end of Lake June) "Where the old fashion gospel is preached." Sunday School begins at 9:45 a.m.; Sunday Worship service at 11 a.m.; Sunday Evening Service is at 6 p.m. Wednesday Prayer Meeting and Bible Study at 7 p.m. Call the church at 699-0671 for more information.

■ **Maranatha Baptist Church (GARBC)**, 35 Maranatha Blvd., Sebring, FL 33870 (A half mile east of Highlands Avenue on Arbuckle Creek Road.) Sunday School, 9 a.m.; Morning Worship, 10:15 a.m.; Evening Service, 6 p.m. Mid-week service, Wednesday, 6 p.m. Daily Prayer and Bible Study, 8 a.m., Hamman Hall. Pastor Gerald Webber and Associate Pastors Don Messenger and Ted Ertle. Phone 382-4301.

■ **Parkway Free Will Baptist Church**, 3413 Sebring Parkway, Sebring, FL 33870. Welcome to the church where the "Son" always shines. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m.; and Wednesday Evening Worship, 7 p.m. End-of-the-Month-Sing at 6 p.m. on the last Sunday of each month. The Rev. J.S. Scaggs, pastor. Church phone: 382-3552. Home phone: 214-3025. Affiliated with the National Association of Free Will Baptists, Nashville, Tenn.

■ **Sparta Road Baptist Church, (SBC)** 4400 Sparta Road. Rev. Ken Geren, interim pastor. Sunday school, 9:45 a.m.; Sunday Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m. Wednesday: Prayer/Bible Study, 6 p.m. Nursery provided. For information, call 382-0869.

■ **Southside Baptist Church (GARBC)**, 379 S. Commerce Ave., Sebring. David C. Altman, Pastor. Sunday School for all ages, 9:30 a.m.; Morning Worship Service, 10:45 a.m.; Evening Worship, 6 p.m. Wednesday: Student ministry, 6:30 p.m.; Awana kindergarten through fifth grade, 6:30 p.m.; Adult Midweek Prayer and Bible Study, 7 p.m. A nursery for under age 3 is available at all services.

Provisions for handicapped and hard-of-hearing. Office phone, 385-0752.

■ **Spring Lake Baptist Church**, "Where the Bible is Always Open." Pastor Richard Schermerhorn. 7408 Valencia Road; 655-2610. On U.S. 98 at the Spring Lake Village II entrance. Sunday School, 9:45 a.m. for all ages; Morning Worship, 10:45 a.m.; Sunday Evening Worship, 6 p.m. Wednesday Mid-week Bible Study and Prayer Service, 6:30 p.m. Nursery available for all services.

■ **Sunridge Baptist Church, (SBC)** 3704 Valerie Blvd. (U.S. 27 and Valerie, across from Florida Hospital), Sebring. Tim Finch, pastor. Sunday School, 9:30 a.m.; Sunday Morning Worship, 10:45 a.m.; and Sunday Evening Service, 6 p.m. Wednesday: Prayer, Bible Study, and Youth, 6:30 p.m. Nursery provided. For information, call 382-3695.

CATHOLIC

■ **Our Lady of Grace Catholic Church**, 595 East Main St., Avon Park, 453-4757. Father Nicholas McLoughlin, pastor. Saturday Vigil Mass is 4 p.m. in English and 7 p.m. in Spanish; Sunday mass 8 and 10:30 a.m. in English. Weekday mass at 8 a.m. Confessions are at 3:30 p.m. Saturday. Religious Education Classes are 9-10:20 a.m. Sunday for grades K through 8th. Confirmation class is from 6:30-8 p.m. Wednesday. Youth Nights grades 6th and up, 6:30-8 p.m. Wednesday.

■ **St. Catherine Catholic Church**, 820 Hickory St., Sebring. Mailing address: 882 Bay St., Sebring, FL 33870, 385-0049; fax, 385-5169; email, office@stcatho.com; website, www.stcatho.com. Very Rev. José González, V.F., frjose@stcatho.com; Parochial Vicar, Rev. Victor Caviedes, 385-3993; Assisting Priest (retired), Rev. J. Peter Sheehan; Deacons, Rev. Mr. James R. McGarry and Rev. Mr. Max M. Severe. Parish office hours, 8:30 a.m. to 1:30 p.m. Monday-Friday. Masses - Daily Masses 8 a.m. and noon Monday-Friday; 9 a.m. Saturday. Weekend Masses 4 and 5 p.m. Saturday, 5 p.m. Saturday Spanish Mass (Holy Family Youth Center), 8 and 10:30 a.m. Sunday, noon Sunday Sunday Mass; 5 p.m. Sunday English Family Mass (Holy Family Youth Center). Confession: every Saturday 3-3:45 p.m. or first Friday of the month 7:15-7:45 a.m., or by appointment with any priest.

■ **St. James Catholic Church**, 3380 Placidview Drive, Lake Placid, 465-3215. Father Michael J. Cannon. Mass schedule: Summer (May 1 to Oct. 31) - Saturday Vigil, 4 p.m.; Sunday 8 a.m. and 9:30 a.m.; Weekdays 9 a.m. December thru Easter - Saturday, 4 p.m.; Sunday, 8 a.m., 9:30 a.m. and 11 a.m.; Weekdays 9 a.m.; and Holy Days 8 a.m., 9:30 a.m. and 7 p.m., first Saturday at 9 a.m.

CHRISTIAN SCIENCE

■ **Christian Science Church**, 146 N. Franklin St. Sunday: 10:30 a.m. morning worship and Sunday school. Testimonial meetings at 4 p.m. each second and fourth Wednesday. A free public reading room/bookstore, located in the church, is open before and after church services. The Bible and the Christian Science textbook, "Science and Health with Key to the Scriptures" by Mary Baker Eddy are our only preachers. All are welcome to come and partake of the comfort, guidance, support and healing found in the lesson-sermons.

CHRISTIAN

■ **Eastside Christian Church**, 101 Peace Ave., Lake Placid, FL 33852 (two miles east of U.S. 27 on County Road 621), 465-7065.

Ray Culpepper, senior pastor. Sunday: Bible classes, 9 a.m.; Worship Celebration with the Lord's Supper each week 10:15 a.m. Thelma Hall, organist; and Pat Hjort, pianist. Wednesday: Praise and Prayer, 6:30 p.m.; "Building God's Kingdom for Everyone." "Jesus Christ, the Way, Truth and Life!" "Alive and Worth the Drive!"

■ **Sebring Christian Church**, 4514 Hammock Road, Sebring, FL 33872. Tod Schwingel, Preacher; Marco Gallardo, Youth Pastor. Sunday Worship, 9:30 a.m.; Sunday School, 11 a.m.; Sunday Youth Service, 6 p.m.; Evening service at 6:30 p.m. Wednesday night meals, 5:30 p.m. followed by classes at 6:30 p.m. Changing Seasons, a men's grief support group, meets at 1 p.m. Wednesdays. Alzheimer's Caregivers Support Group meets at 1 p.m. Thursdays. Office hours, 9 a.m. to 1 p.m. Monday-Friday. Phone 382-6676.

■ **First Christian Church**, 1016 W. Camphor St., Avon Park, FL 33825; (863) 453-5334; on the Web at www.firstchristianap.com. Our motto is "Jesus is First at First Christian Church." Greg Ratliff, Senior Minister; Ray Culpepper, Family Life Minister; Jon Carter, Music Director. Bible School 9 a.m.; Worship 10 a.m.; Bible Study, 6 p.m.; Wednesday studies for all ages, 6 p.m. Nursery provided for all events.

■ **First Christian Church (Disciples of Christ)**, 510 Poinsettia Avenue, (corner of Poinsettia and Eucalyptus), Sebring, FL 33870. Phone: 385-0358 or 385-3435. The Rev. Ronald Norton, Pastor; Sunday School, 9 a.m.; Praise Breakfast, 10 a.m., Morning Worship, 10:30 a.m.; Children's Church, 10:30 a.m. Thursday, Praise and Worship, 6:45 p.m. Youth Fellowship, 7:15 p.m.; Midweek Bible Study, 7:15 p.m.

CHRISTIAN & MISSIONARY ALLIANCE

■ **The Alliance Church of Sebring**, 4451 Sparta Road, Sebring, FL 33875. Call 382-1343. Rev. Steve Hagen, pastor. Sunday services: Sunday School meets at 9:30 a.m.; Sunday Morning Worship Service meets at 10:30 a.m.; Sunday Evening Bible Study meets at 6 p.m. (off site); Wednesday Prayer Gathering meets at 6 p.m.

CHRISTIAN SCIENCE

■ **Christian Science Church**, 146 N. Franklin St. Sunday: 10:30 a.m. morning worship and Sunday school. Testimonial meetings at 4 p.m. each second and fourth Wednesday. A free public reading room/bookstore, located in the church, is open before and after church services. The Bible and the Christian Science textbook, "Science and Health with Key to the Scriptures" by Mary Baker Eddy are our only preachers. All are welcome to come and partake of the comfort, guidance, support and healing found in the lesson-sermons.

CHURCH OF BRETHREN

■ **Church of the Brethren**, 700 S. Pine St., Sebring, FL 33870. Sunday: Church School, 9 a.m.; Morning Worship, 10:15 a.m. Wednesday: Temple Choir, 7:30 p.m. Phone 385-1597.

CHURCH OF CHRIST

■ **Avon Park Church of Christ**, 200 S. Forest Ave., Avon Park, FL 33825. Minister: Larry Roberts. Sunday Worship Services, 10:30 a.m. and 6 p.m. Nursery facilities are available at every service. Bible Study: Sunday, 9:30 a.m. and Wednesday, 7 p.m. Bible centered classes for all ages. Church phone: 453-4692.

■ **Sebring Parkway Church of Christ**, 3800 Sebring Parkway, Sebring, FL 33870; 385-7443. We would like to extend an invitation for you and your family to visit with us here at Sebring Parkway. Our hours of service are: Sunday Bible Class, 9 a.m.; Sunday Worship Service, 10 a.m.; Sunday Evening Service, 6 p.m.; Wednesday Service, 7 p.m.

CHURCH OF NAZARENE

■ **First Church of the Nazarene of Avon Park**, P.O. Box 1118., Avon Park, FL 33825-1118. 707 W. Main St. Randall Rupert, Pastor. Sunday: Sunday school begins at 9:45 a.m. for all ages; morning worship at 10:45 a.m.; and evening service at 6 p.m. Wednesday evening service is at 7 p.m. with special services for children and adults. Special services once a month for seniors (Prime Time) and Ladies ministries. If you need any more information, call 453-4851.

■ **First Church of the Nazarene of Lake Placid**, 512 W. Interlake Blvd., Lake Placid, FL 33852. Sunday school, 9:30 a.m.; Morning worship, 10:45 a.m.; Evening service, 6 p.m. Wednesday evening, 7 p.m. Classes for adult children and youth. Call 465-6916. Pastor Tim Taylor.

CHURCHES OF CHRIST IN CHRISTIAN UNION

■ **Community Bible Church - Churches of Christ in Christian Union**, (Orange Blossom Conference Center) 1400 C-17A North (truck route), Avon Park. Presenting Jesus Christ as the answer for time and eternity. Sunday morning worship service, 10:30 a.m. Nursery provided. Junior Church activities at same time for K-6 grade. Sunday School Bible hour (all ages), 9:30 a.m. (Transportation available.) Sunday evening praise and worship service, 6 p.m. Wednesday evening prayer service, 7 p.m. Children and youth activities at 7 p.m. Wednesday. Everyone is welcome, please come worship with us. Don Seymour, Senior Pastor. Phone 452-0088.

Lovebugs are inconvenient, but don't pose any real threat



News From The Watershed

Corine Burgess

Florida is a great place to live. We have beautiful climate year round and plenty of diverse plant communities. But living here is not all sunshine and palm trees waving in the breeze. Floridians have to put up with mosquitoes in the summer months and two times each year, we have to live through the torture of lovebug season. Every May and September we are swarmed with the black and orange insects that plaster our car's windshields and grills. But there are a few things that you can do to make the difficult times more bearable.

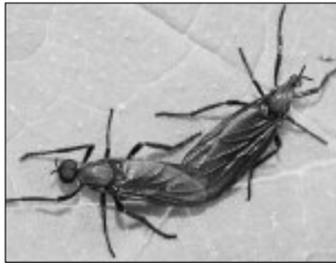
Lovebugs are related to gnats and mosquitoes. They are completely black except for a batch of red on their thoraxes. They are native to Central America and they migrate to sunny Florida each year. Although they are thought to be pest by most folks, lovebugs are completely harmless. They do not sting, bite or carry disease.

Lovebug flights can number in the thousands. In spring and summer, the insect's visits last about four to five weeks at a time. One of the reasons that there are so many of the creatures is because they mate as soon as they emerge from their pupa.

Lovebugs exhibit the complete metamorphosis cycle: egg, larva, pupa and adult. A female deposits about 350 eggs under decaying vegetation. Soon the larvae emerge and move to an ideal location. They feed on decomposing leaves and grass until they pupate. The pupal stage lasts from seven to nine days. The adults only live about three or four days. During their short life they mate, feed, disperse and deposit a batch of eggs.

Males prefer larger and heavier females. Females will fly into a swarm and are grasped by a male. Once the male has successfully captured his mate, the pair will land on nearby vegetation and mate. The male faces the opposite direction from the female and the mating begins, thus the name lovebugs. The pair will stay attached and the female initiates and controls the flight.

Once the pair separates, the



Courtesy photo

A female lovebug deposits about 350 eggs under decaying vegetation before she dies. Lovebugs visit Florida during May and September.

female lays her eggs and dies.

Lovebugs will not fly at night. They will begin hovering in the late afternoon and continue until sunset. Once it is dark the flying comes to a halt. The pair will land on vegetation and stay throughout the night. During the day, they are attracted to light colored surfaces, especially fresh paint. They are also attracted to the smell of automobile fumes, which mimics organic compounds that confuse the female. This explains why the insects are so numerous on roadways.

They are also attracted to freshly

cut lawns, animal pastures and decaying vegetation.

There are several things you can do to make these lovebug seasons more tolerable. First, try to travel at night if possible. Also travel at lower speeds and you won't get quite as many of the splats on your windshield. You can purchase a screen for your grill. Keep your vehicle waxed because dead lovebugs are much easier to remove off of a slick surface. Before removing the lovebugs, soak the area with water for several minutes. If you must travel during peak lovebug hours, try spreading a light film of baby oil or aerosol oil spray over the front of the hood and above the windshield, and on the grill and bumper. This makes lovebug removal much easier. Don't paint in lovebug season and keep to darker surfaces when outdoors.

Lovebugs are herbivores and feed on pollen and nectar found in different plants and flowers. Although we think of them as pests, they do have some positive characteristics. Females lay their eggs on the ground in decaying vegetation. The larvae help break it down, enriching the soil. They are great indicators of signal changes

in the seasons from spring to summer and from summer to fall.

Although they are tiny, if we could see them for what they really look like, we would notice that they are quite delicate looking insects. The males have big, round eyes and they are quite beautiful as the sail from flower to flower, much like a butterfly or hummingbird.

Even though lovebugs cause us inconvenience, we Floridians have come to accept them as a normal part of living here, much like the pesky mosquito. The bugs are not as abundant as they were 30 years ago. We can take comfort in the fact that these insects do not threaten us by causing health or environmental problems.

So, keep your chin up. We only have to deal with these pesky bugs twice a year and it's only for a short time. Once they are gone, you'll forget all about them until they come back next year.

Corine Burgess is the Natural Resources Specialist for the Highlands County Natural Resources Department assisting the Highlands Soil & Water Conservation District (www.highlandss-wcd.org).

PLACES TO WORSHIP

EPISCOPAL

■ **The Episcopal Church of the Redeemer.** Service time is 9:30 with Holy Communion. Coffee hour following services. Newcomers welcome. Call 453-5664 or e-mail redemer1895@aol.com Web site: redemeravon.com. The church is at 839 Howe's Way, Avon Park (two miles north of Sun 'N Lake Boulevard, across from Wells Dodge.)

■ **St. Agnes Episcopal Church,** 3840 Lakeview Drive, Sebring, FL 33870. Sunday Services: Holy Eucharist Rite I - 7:45 a.m., Holy Eucharist Rite II - 10 a.m. Midweek service on Wednesday at 6 p.m. Sunday School for all ages at 9 a.m. The nursery is open 8:45 a.m. until 15 minutes after the 10 a.m. service ends. Wednesday: Adult Bible study, 9:30 a.m. Visitors are always welcome. The Rev. Jim Kurtz, rector. Church office 385-7649, for more information.

■ **St. Francis of Assisi Episcopal Church,** 43 Lake June Road, Lake Placid, FL 33852. Phone: 465-0051. Rev. Elizabeth L. Nelson, Rector. Sunday Worship, 8 a.m., 10:30 a.m. and 6 p.m. Wednesday evening: Holy Communion with Healing Service, 6 p.m. Child care available at the 8 a.m. and 10:30 a.m. Sunday service. Come see what makes us different.

GRACE BRETHREN

■ **Grace Brethren Church,** 3626 Thunderbird Road, (863) 835-0869. Dr. Randall Smith, senior pastor. Sunday services at 9 a.m., 10:45 a.m. and 6 p.m.; Wednesday services at 7 p.m. We offer "Kid City" Children's Ministry throughout all services, and there are various other classes for teens, married couples, "prime-timers," and Bible studies in Spanish. "Kid City" Day Care, Preschool and After-School Monday-Friday: 7 a.m.-6 p.m. (For registration call: 385-3111). Check us out on the Web at www.sebring-grace.org.

INTERDENOMINATIONAL

■ **World Harvest and Restoration Ministries,** (non-denominational) 2200 N. Avon Blvd., Avon Park, FL 33825. Phone: 452-9777 or 453-3771. Sunday service: Sunday School, 10 a.m. and worship, 11 a.m. Wednesday services: 7 p.m. prayer meeting/Bible study. Pastor: W.H. Rogers.

LUTHERAN

■ **Atonement Lutheran Church (ELCA),** 1178 S.E. Lakeview Drive., Sebring. David Thoresen, Deacon, Spiritual Leader, on first, third and fifth Sunday each month, and Rev. Jefferson Cox on the second and fourth Sunday of each month. Jim Helwig, organist/choir director. Worship service at 9:30 a.m.; Holy Eucharist is every Sunday. Coffee hour on the first and third Sunday of each month. Council meeting on the first Monday of month; Ladies Group WELCA meets at noon second Monday of month with lunch. Bring a dish to pass. Church Vegetable Garden Club meets as needed. Labyrinth Prayer Garden open seven days a week to congregation and community. Like to sing? Come join the choir. Visitors always

welcome. Come grow with us. Phone 385-0797.

■ **Christ Lutheran Church Avon Park - LCMS,** 1320 County Road 64, 1/2 mile east of Avon Park High School. Sunday Divine Worship is at 10 a.m. Holy Communion is celebrated every week with traditional Lutheran Liturgy, hymns and songs of praise. Fellowship time with coffee and refreshments follows worship. Come worship and fellowship with us. For information call Pastor Scott McLean at 471-2663 or see christlutheranavonpark.org.

■ **Faith Lutheran Church - LCMS,** 2740 Lakeview Drive, Sebring. Church phone: 385-7848, Faith Child Development Center, 385-3232. Rev. Gary Kindel, pastor. Traditional Worship service, 8 a.m. Sunday; Sunday Praise Worship Service, 10:30 a.m. Communion is served the first, third and fifth Sunday of the month. Sunday school and Bible classes: 9:15 a.m. Sunday. Worship service is broadcast at 8 a.m. on WITS 1340 AM each Sunday. Educational opportunities include weekly adult Bible studies. Faith's Closet Thrift Store (385-2782) is open from 10 a.m. to 2 p.m. Tuesday through Friday and 9 a.m. to noon Saturday. All are warmly welcome in the Family of Faith.

■ **Good Shepherd Lutheran Church (AALC) American Association of Lutheran Churches,** 4348 Schumacher Road, Sebring, one mile west of Wal-Mart. James Weed, pastor. Worship Service, 10:30 a.m. Sunday. Bible Study, 9 a.m. Nursery provided. Social activities: Choir, Missions, Evangelism. Phone 385-1163.

■ **New Life Evangelical Lutheran Church,** 3725 Hammock Road, a Congregation of the Evangelical Lutheran Synod (ELS) in fellowship with the Wisconsin Evangelical Lutheran Synod (WELS). Sunday Worship at 10 a.m.; Bible Study, 9 a.m. For more information, call Pastor Brian Klebig at 385-2293 or visit the Web site at www.newlife-sebring.com.

■ **Resurrection Lutheran Church - ELCA,** 324 E. Main St., Avon Park. Pastor: Rev. John C. Grodzinski. Sunday service at 9:30 a.m. Sunday school will resume in the fall. Coffee and fellowship hour follow the service. Midweek Fragrance Free Wednesday worship, (year round) 7 p.m. Office phone number is 453-6858.

■ **Trinity Lutheran Church - LCMS,** 25 Lakeview St., Lake Placid, FL 33852; 465-5253. The Rev. Richard A. Norris, pastor; Susan C. Norris, Trinity Tots Pre-School director; and Noel Johnson, minister of youth and family life. Worship schedule after Easter through December: Worship service 10 a.m., and Education Hour, 8:45 a.m. Worship schedule for January through Easter: Worship service, 8:30 and 11 a.m., Education Hour 9:45 a.m. Traditional Service with Holy Communion each first and third Sunday. Non-Traditional Service each second, fourth and fifth Sunday. Seasonal mid-week services Wednesday evenings during Lent and Advent. Call church office for additional Worship times and special holiday services. Other activities and groups include: Choirs; Ladies Guild and LWML; Men's Fellowship Group, Small Group Bible Studies as scheduled; Trinity Tots Pre-school, Youth Group activities (call for meeting times and dates). Visit us online at:

www.Trinitylutheranlp.com.

NON-DENOMINATIONAL

■ **Bible Fellowship Church,** 3750 Hammock Road, Sebring, FL 33872. Sunday: American Sign Language: First Worship sermon, songs signed first and second Worship services. First Worship service, 9 a.m.; Second Worship service, 10:45 a.m. Nursery (up to 2 years old) and Sunday school classes both hours. BFC Youth, 6 p.m.; Evening Service, 6:30 p.m. Wednesday: Youth, 6-7:30 p.m.; Prayer time, 6:15 p.m. Todd Patterson, pastor; Andy McQuaid, associate pastor. Web site www.bfcsebring.com. Church office 385-1024.

■ **Calvary Church,** 1825 Hammock Road, Sebring, FL 33872; 386-4900. An independent community church. Sunday morning worship, 10 a.m.; Bible study, 11:15 a.m. Pastor Lester Osbeck. A small friendly church waiting for your visit.

■ **Christian Training Ministries Inc.,** on Sebring Parkway. Enter off County Road 17 on Simpson Avenue. Sunday service is at 10 a.m.; Wednesday Bible study at 7 p.m. A nursery and children's church are provided. The church is part of Christian International Ministries Network, a full gospel, non-denominational ministry. Linda M. Downing, minister: Phone, 314-0482, lindadowning@live.com. Casey L. Downing, associate minister: Phone, 385-8171, caseydowning@hotmail.com. Web site is www.ctmforme.com

■ **Grace Bible Church,** 4541 Thunderbird Road, (second church on left) Sebring, FL 33872. Phone, 382-1085. Andrew Katsanis, senior pastor. Saturday Worship, 6:30 p.m. Sunday, 9 and 11 a.m. Tuesday 6 p.m. Grace Bible Academy Adult Investigating Truth; first and third Tuesday, Prayer Gathering, 7:15 p.m.; Wednesday, Children's & Youth Programs, 6 p.m.; Wednesday, 8:30 p.m., College Ministry. www.GBCconnected.org

■ **Highlands Community Church,** a casual contemporary church, meets at 3005 New Life Way. Coffee at 9:30 a.m.; Worship at 10 a.m. Nursery and Kid's World classes. Small groups meet throughout the week. Church phone is 402-1684; Pastor Bruce A. Linhart.

■ **The Lord's Sentinel Fellowship Church,** 148 E. Interlake Blvd., Lake Placid (at Lake Placid Christian School), Pastor Juanita Folsom. Sunday morning service, 10:30 a.m.; Monday, Sentinel School of Theology, 7 p.m.; Church service, Tuesday, 7 p.m. More information at www.juanitafolsomministries.com.

■ **Union Congregational Church,** 106 N. Butler Ave., Avon Park, FL 33825. Sunday worship services are at 8:45 a.m. and 10:45 a.m. in the Millennium Church. Sunday school for all ages is at 9:15 a.m. We also offer a Saturday service at 6 p.m. with Pastor Tiger Gullett in the Millennium Church. Nursery/child care is available for all services. Pastor is Bill Breylinger. Office: 453-3345. Web page at www.weareunion.org. All teachings are taken from the Manufacturer's Handbook - The Holy Bible. Come join us.

■ **Unity Life Enrichment Centre,** new location, 10417 Orange Blossom Blvd. S., Sebring, FL

33875; 471-1122; e-mail unity@vistanet.net. Web site, www.unityofsebring.org. 10:30 a.m. Sunday Celebration Service, Nursery and Children's Church. Weekly Classes, Christian Bookstore and Cafe, Prayer Ministry, Life Enrichment Groups. Rev. Andrew C. Conyer, senior minister transforming lives from ordinary to extraordinary.

■ **The Way Church,** 1005 N. Ridgewood Drive, Sebring. Sunday school and worship service at 9 a.m. and 10:30 a.m. Youth activities, 6:30 p.m. Wednesdays. The Way is a church family who gathers for contemporary worship, teaching of God's Word, prayer and fellowship. Come early and stay after for fellowship time. Child care and children's church are provided. Reinhold Buxbaum is pastor. The Way - A place for you. Office Phone: 471-6140, Church Cell Phone: 381-6190. Email: thewaychurch@hotmail.com. Web site: www.TheWayChurch.org

PRESBYTERIAN

■ **Covenant Presbyterian Church (PCA),** 4500 Sun 'N Lake Blvd., Sebring, 33872-2113. A Congregation of the Presbyterian Church in America. Worship services: Sunday morning worship, 10 a.m.; Sunday School, 9 a.m.; Sunday evening, 6:30 p.m.; Wednesday evening Prayer Meeting, 6 p.m.; Youth Group and Kids Quest, 5:30-7 p.m.; choir practice, 7:15 p.m. Phone: 385-3234; Fax: 385-2759; e-mail: covpres@strato.net; Web site: www.pccsebring.org. Rev. W. Darrell Arnold, pastor. Office hours: 8:30-11:30 a.m. Monday through Thursday.

■ **First Presbyterian Church ARP,** 215 E. Circle St., (two entrances on LaGrande), Avon Park, FL 33825. Phone: 453-3242. The Rev. Robert Johnson is the pastor. Sunday School, 9:15 a.m.; Sunday Worship, 10:45 a.m.; Wednesday Bible study, 10:30 a.m.; Potluck dinner, 6 p.m. third Wednesday; choir practice, 6:30 p.m. each Wednesday; Mary Circle business meeting, 1 p.m. second Wednesday; Sarah Circle business meeting, 4 p.m. second Thursday; Women's Ministries Combined Bible study, 4 p.m. third Thursday. Be a part of a warm, caring church family with traditional services, following biblical truth.

■ **First Presbyterian Church, ARP,** 319 Poinsettia Ave., Sebring, FL 33870. 385-0107. Sunday School, all ages, 9:30 a.m.; Worship Service, 11 a.m.; Tuesday: Grief Support Group, 1 p.m.; Youth Group (middle and high school), 3:30-6:30 p.m.; Wednesday: Adult Bible Study, 10:30 a.m.; Choir Rehearsal, 5:30 p.m. Nursery available during worship. Call the church office for more information and other classes. Rev. Darrell A. Peer, pastor.

■ **First Presbyterian Church, ARP,** www.fpclp.com, 118 N. Oak Ave., Lake Placid, 465-2742. The Rev. Ray Cameron, senior pastor; the Rev. Drew Severance, associate pastor. Sunday morning traditional worship is at 9-10 a.m. in the sanctuary; contemporary worship is from 11 a.m. to noon. Sunday school classes for adults and children will be 10:10-10:50 a.m. in the educational building. Call the church office for more information about the classes offered. Nursery is provided for babies and toddlers;

while young children up to second grade have a special Children's Church offered during the worship service to help them grow in their spiritual knowledge.

■ **Spring Lake Presbyterian Church (USA),** 5887 U.S. 98, Sebring, FL 33876. Sunday School, 9 a.m.; Worship Service, 10 a.m. Session meets at 6:30 p.m. the second Thursday of the month, September through June. Board of Deacons' meet at 5:30 p.m. first Monday of the month. Choir rehearsals at 7 p.m. each Wednesday, September through April. Presbyterian Women meet at 10 a.m. the third Thursday of the month. Organist: Richard Wedig. Choir Director: Suzan Wedig. Church phone, 655-0713; e-mail, springlakepc@embarqmail.com. Web site, <http://slpc.embarqspace.com>.

SEVENTH-DAY ADVENTIST

■ **Avon Park Seventh-day Adventist Church,** 1410 West Avon Blvd., Avon Park. Phone: 453-6641 or e-mail: avonparksebring@embarqmail.com, Sabbath School, 9:30 a.m. Saturday. Church Service 10:45 a.m. Saturday. Wednesday prayer meeting 7 p.m. Community Service hours on Tuesday and Thursday is from 9:00 a.m. till 2 p.m. A sale takes place the first Sunday of each month. Senior Pastor Paul Boling; and Associate Pastor Kameron DeVasher. Walker Memorial Academy Christian School offering education for kindergarten through 12th grades. ALL ARE WELCOME. Website is www.discovrjesus.org

■ **Sebring Seventh-Day Adventist Church,** 2106 N. State Road 17, Sebring; 385-2438. Worship Services: 9:15 a.m. Worship hour, 11 a.m. Prayer meeting, Tuesday, 7:15 p.m. Community service: every Monday 9-11 a.m. Health Seminar with Dr. Seralde, every Friday, 10:00 a.m. Pastor Amado Luzbet.

THE CHURCH OF LATTER DAY SAINTS

■ **The Church of Jesus Christ of Latter Day Saints,** 3235 Grand Prix Dr., Sebring, FL 33872; (863) 382-9092 Steve Austin, Bishop; Mark Swift, 1st Counselor; Del Murphy, 2nd Counselor. Family History Center (863) 382-1822. Sunday Services: Sacrament Meeting, 10-11:10 a.m.; Gospel Doctrine, 11-12:00 a.m. to noon; Priesthood/Relief Society, 12:10-1p.m.; Primary for children, 11:15 a.m. to 1 p.m.; Youth Activities: Wednesdays, 7-8:20 p.m. Scouts: first and third Wednesday, 7-8:20 p.m. Activity Days: 8-11 yr old Boys and Girls, second and fourth Wednesdays, 7-8:20 p.m.

THE SALVATION ARMY

■ **The Salvation Army - Center for Worship.** Sunday: Sunday School, 9:45 a.m.; Holiness meeting, 11 a.m.; and Praise meeting and lunch, noon. Tuesday: Bible study, 6:30 p.m.; and Women's Ministries, 7 p.m. Wednesday: Youth Ministries, 4 p.m. All meetings are at 120 N. Ridgewood Ave., Sebring. For more information, visit the Web site www.salvationarmy-

sebring.com or call Major Bruce Stefanik at 385-7548, ext. 110.

UNITED METHODIST

■ **First United Methodist Church,** 105 S. Pine St., Sebring, FL 33870. The Rev. A.C. Bryant, pastor. Traditional Worship Service at 8:10 and 10:30 a.m. in the sanctuary, Contemporary Worship in the FLC at 9:30 a.m. Sunday School at 9:30 and 10:30 a.m. Methodist Youth Fellowship at 5:30 p.m. Sundays with Rick Heilig, youth director. The 10:55 a.m. Sunday worship service is broadcast over WITS 1340 on AM dial. There is a nursery available at all services.

■ **First United Methodist Church,** 200 South Lake Avenue, Avon Park, FL 33825. (863) 453-3759, R. James Weiss, Pastor, Sunday School - 9 a.m., Worship - 10:30 a.m. Bible study third Tuesday of every month at 6 p.m. Prayer Shawl Ministry on the second and fourth Friday of the month at 2 p.m. for women who love God and crocheting. Visit us at our church Web site: www.fumcap.org.

■ **Memorial United Methodist Church,** 500 Kent Ave., (overlooking Lake Clay) Lake Placid, FL, 33852. The Rev. Fred Ball, pastor. Claude H.L. Burnett, pastoral assistant. Sunday schedule: Heritage Worship Service, 8:30 a.m.; Sunday School for all ages, 9:30 a.m.; Celebration Worship Service at 10:45 a.m.; New Song worship service at 10:45 a.m. Loving nursery care provided every Sunday morning. Youth Fellowship, 5 p.m. Bible Fellowship Class, 6 p.m. (October-May only). We offer Christ-centered Sunday school classes, youth programs, Bible studies, book studies and Christian fellowship. We are a congregation that want to know Christ and make Him known. Call the church office at 465-2422 or check out our church Web site at www.memorial-umc.com.

■ **St. John United Methodist Church,** 3214 Grand Prix Drive, Sebring, FL 33872. The Rev. Ronald De Genaro Jr., Pastor. Sunday School, 9:30 a.m.; Sunday Morning Worship, 8 a.m., 9:30 a.m. and 11 a.m. Nursery provided for all services. Phone 382-1736. www.stjohnsebring.org

■ **Spring Lake United Methodist Church,** 8170 Cozumel Lane, (Hwy 98) Sebring. The Rev. Clyde Weaver Jr., Pastor. Worship service starts at 9:55 a.m. Bible Study meets at 10:00 a.m. on Tuesday. Choir Practice at 4:00 p.m. on Thursday. Church office phone: 655-0040.

UNITED CHURCH OF CHRIST

■ **Emmanuel United Church of Christ,** where God is still speaking. 3115 Hope Street, Sebring, FL 33875 (1.8 miles west of U.S. 27 and Hammock Road). Sunday worship, 9:30 a.m.; Communion with worship first Sunday of month; Chapel Communion, 8:45 a.m. all other Sundays. All are welcome to receive the sacrament. For more information, call the church office at 471-1999 or e-mail eucc@earthlink.net or check the Web site sebringemmanuelucc.com. No matter who you are or where you are on life's journey, you're welcome here.

ARTS & ENTERTAINMENT



Courtesy photo

NLight, a local singing group, is back together for the first time in five years and will take the stage at Unity Life Enrichment Center for a concert Thursday, Sept. 29. Tickets are \$10 and can be reserved by calling the Centre.

Tickets going fast for NLight concert at Unity Centre

Special to the News-Sun
SEBRING – It has been nearly five years since NLight has graced the stage and yet they are well remembered by their fans.

“Ticket sales have been going really well,” said group member Andy Conyer.

“We are truly overwhelmed by the number of people who are contacting us and who are excited about our return.”

The popular, local singing group members have been busy with their personal lives and had taken a five-year hiatus. Each member has been active in Highlands Little Theatre over the years and are well known for their individual singing ability but when you get them together, most people say “Wow”.

The group is known for its

ability to do amazing harmonies and uplift and inspire its audience. The group features Melanie Boulay, Nelly Guzman-Ford, Beverly Padgett-Kautz, Tracy Pollard-Schuknecht, Andy Conyer, David Flowers and Carl Gillilan.

The show will feature songs from The Mamas and The Papas and The 5th Dimension, to Frank Sinatra, Elvis, Broadway with favorites like Summertime from “Porgy and Bess”, songs from “Smokey Joe’s Cafe”, “South Pacific” and some gospel thrown in for good measure.

“There is something in this show for nearly every type of music lover,” said group member David Flowers. “We are having so much fun putting the show together, and

are sure the audience is going to have a blast. It is going to be a wonderful night for everyone.”

The group will also be doing one of their signature songs from the Broadway play Rent, “Seasons of Love”. They also will sing this at the upcoming Zenons Awards at Highlands Little Theatre on Oct. 8.

The concert is open to the public and will be held at 7 p.m. Thursday, Sept. 29 at The Unity Life Enrichment Centre, 10417 S. Orange Blossom Blvd. Tickets are \$10 each. There is limited seating so it is suggested you reserve your tickets right away by calling The Centre’s box office, 471-1122, or emailing The Centre at TheCentre@Vistanet.Net.



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Tuesday, Two Fore One

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Chicken Sandwiches on Brioche Rolls

Wednesday, Slide Over

Sliders - \$2 Angus Beef

\$1.75 Guava Pork - \$2.50 Crab Cake

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The program will last about 45 minutes. Complimentary lunch served after. Reservations are required OR, if unable to attend, call Ian for a one on one complimentary portfolio review.

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Mr. Sample is Vice President of AverySample Financial Group. He is a CERTIFIED FINANCIAL PLANNER™ professional, a Chartered Financial Consultant and a Chartered Life Underwriter. He specializes in retirement planning and wealth distribution for individuals in or near retirement. In addition, he is a member of the Financial Planning Association.



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COMMUNITY CALENDAR

The Community Calendar provides a brief listing of local clubs and organizations who meet on a regular basis. It is the responsibility of the group to update the *News-Sun* on any changes in this listing by calling 385-6155, ext. 516; send any changes by e-mail to editor@newssun.com; or mail them to *News-Sun* Community Calendar, 2227 U.S. 27 South, Sebring, FL 33870.

SUNDAY

American Legion Post 25 LP has lounge hours from 1-9 p.m. Live music is from 5-8 p.m. Call 465-7940.

American Legion Post 74 open 1-8 p.m. Happy Hour 4-6 p.m. Members and guests only. Post is at 528 N. Pine St., Sebring. Call 471-1448.

Heartland Interfaith Alliance meets 1:30 p.m., first Friday, St. Frances of Assisi Episcopal Church, 43 Lake June Road, LP. Call 465-0051.

LP Elks Lodge 2661 lounge is open from 1-7 p.m. Card games start at 1:30 p.m. The lodge is open to members and their guests. Call 465-2661.

LP Moose has karaoke in the pavilion. Horseshoes played at 9:30 a.m. Food available at 4 p.m. Open to members and qualified guests only.

Loyal Order of Moose, Highlands County Lodge No. 2494, 1318 W Bell St., Avon Park. Cards start at 4 p.m. Music outside Tiki Hut at 3 p.m. Lodge phone number 452-0579.

Overeaters Anonymous, meets from 4-5 p.m. in second floor conference room No. 3 at Florida Hospital Heartland Medical Center, 4200 Sun 'N Lake Blvd., Sebring. Call 382-7731. No dues, fees or weigh-ins. For details on the organization, go to www.aa.org.

Ridge - Area Missionary Soldiers APPathfinder Club meets from 9 a.m. to noon every first and third Sunday at 58 E. Sixth St., Avon Park. Call 471-2143.

Sebring Eagles Club 4240 serves lunch at 2 p.m. at the club, 12921 U.S. 98, Sebring. Call 655-4007.

Sebring Moose Lodge 2259 offers NASCAR racing in the pavilion at 1:30 p.m. Bar open and kitchen open from 2-5 p.m. Lodge is at 11675 U.S. 98, Sebring. Call 655-3920.

Society for Creative Anachronism (Local Chapter: Shire of Stagridge) meets at 2 p.m. first and third Sunday at Brewster's Coffee House on U.S. 27 in Sebring. Call 214-5522.

VFW Post 3880 serves hamburgers from 4-5:30 p.m. and plays poker at 5:30 p.m. at the post, 1224 County Road 621 East, LP. Call 699-5444.

VFW Post 4300 Karaoke is from 5-8 p.m. at the post, 2011 SE Lakeview Drive, Sebring. Call 385-8902.

MONDAY

AI-Anon - LET IT BEGIN WITH ME family group meets at 10:30 a.m. every Monday at the Heartland Christian Church on Alt. 27 in Sebring. The church is behind Southgate Shopping Center. Call 385-5714.

Alcoholics Anonymous meeting, 8-9 p.m. at Episcopal Church, Lakeshore Drive, Sebring. Call 385-8807.

Alcoholics Anonymous One Day At A Time group meets for a closed discussion at 9:30 a.m. Monday and Friday at Covenant Presbyterian Church, 4500 Sun 'N Lakes Blvd., Sebring. Call 314-0891.

Alcoholics Anonymous meeting, 6:30 p.m. at Rosewood Center, 517 U.S. 27 South, LP.

Alanon meets at 8 p.m. at St. Agnes Episcopal Church, 3840 Lakeview Drive, Sebring. Call 202-0647.

American Legion Placid Post 25 LP has shuffleboard at 1 p.m. Lounge hours are 12-9 p.m. Call 465-7940.

American Legion Post 74 open noon to 8 p.m. Happy hour from 4-6 p.m. Call 471-1448.

AmVets Post 21 plays darts at 7:30 p.m. for members and guests. Call 385-0234.

AP Lakes Association has shuffleboard at 1 p.m. and bingo at 7 p.m. The clubhouse is at 2714 Nautilus Drive in Avon Park.

Bridge Club of Sebring (American Contract Bridge Club) plays duplicate games at

12:30 p.m. at 347 Fernleaf Ave., Sebring. Call 385-8118.

Corvette Cruisers meets at 6:30 p.m. first and third Monday at the Dairy Queen in front of The Home Depot, Sebring. Call Ed Robson at 655-2092.

Florida Association Home and Community Education meets from 9-11 a.m. weekly on Mondays at The Agri-Center. The group of sewers and crafters make items for residents of adult congregate living facilities. Call Penny Bucher at 385-0949.

Garden Club of Sebring meets noon, Sebring Civic Center. Call 471-0657 or 385-0759 for details.

Grand Prix Cloggers EZ Intermediate and Intermediate Clogging class are held at 9 a.m. every Monday at Reflections on Silver Lake, Avon Park. Call Julie for further information at 386-0434.

Harmony Hoedowners Square Dance Club meets from 7:30-9:30 p.m. the first and third Monday at Sebring Civic Center from December through April. There will be alternating mainstream and plus dancing with rounds. Casual dress or square dance attire is acceptable. For more information, call Sam Dunn at 382-6792 or e-mail him at samdunn@samdunn.net.

Heartland Horses & Handicapped Inc. is offering pony rides every Monday and Wednesday from 4:30-6:30 p.m., weather permitting. \$5 donation per child. Call 452-0006 for more information. All proceeds raised support our free equine assisted riding program for adults and children with special needs, which resumes in September.

Heartland Pops rehearses at 7 p.m. Mondays at AP High School Band Room, 700 E. Main St., under the direction of Anthony Jones. Musicians of all ages are welcome. For information, call 314-8877.

Highlands County Amateur Radio Club meets at 7:30 p.m. third Monday in conference room 3 at the Highlands County Agri-Civic Center, Sebring. Call Don Roberts at 402-0554 or Darrell Koranda at 471-0226.

Highlands County Concert Band rehearses 7-9 p.m. every Monday at Sebring High School band room. All musicians are welcome. Vic Anderson, musical director. Call Bill Varner at 386-0855.

Highlands County Sewing Group meets from 1-3 p.m. at the Highlands County Agri-Civic Center in the 4-H laboratory, Sebring. Call 402-6540.

Highlands Delta Chorale rehearses 7 p.m., Sebring Church of the Brethren, 700 S. Pine St., Sebring (September through May). No auditions are required to join and all ages are welcome. For details or to book a concert, call Cheryl Cometta at 699-2663.

Highlands Sertoma Club meets noon, Takis Family Restaurant, Sebring.

La Leche League, breastfeeding support for Highlands and southern Polk counties, meets at 7 p.m. every third Monday at the Florida Hospital Heartland conference rooms. Pregnant and nursing mothers and their babies are welcome. For more information, call 655-6617 or 638-3954.

LP American Legion Post 25 meets 8 p.m., Legion Hall.

LP Art League will have classes in Drawing and Painting, conducted by Anne Watson, from from 9:30 a.m. to 12:30 p.m. at the Cultural

Center, 127 Dal Hall Blvd. From 1-4 p.m., Mary Gebhart will teach Fabric Painting at the center. For information call Dan Daszek at 465-7730.

LP Art League will have 'Open Studio' from 1-4 p.m. Bring your projects in whatever medium, to work in a friendly atmosphere. Cost is only \$2 per session. Call Pat Keesling, 699-2058.

LP Elks 2661 opens its lounge at 1 p.m. at the lodge. Ladies crafts at 2 p.m. Sign up for darts is at 6:30 p.m. Music from 5-8 p.m. It is open to members and their guests. Call 465-2661.

LP Library has storytime at 10 a.m. for ages 3-5 except during holidays.

LP Moose plays cards at 2 p.m. Open to members and qualified guests only. Lodge closes at 6 p.m.

Let It Begin With Me Alanon Group meets from 10:30 a.m. to noon every Monday at Heartland Christian Church, 2705 Alt. 27 South, Sebring. For details about Alanon, a self-help group for families and friends of alcoholics, call 385-5714.

Loyal Order of Moose, Highlands County Lodge No. 2494, 1318 W Bell St., Avon Park. Meetings held first and third Mondays at 8 p.m. Lodge phone number 452-0579.

Narcotics Anonymous Never Alone Candlelight meets at 8 p.m. at 133 N. Butler Ave. in Avon Park, near the First Congregational Church. For information call Heartland Area helpline (863) 683-0630. More information on other meetings and events at www.nafheartland.org.

National Association for the Advancement of Colored People, Highlands County Branch meets 7 p.m. third Monday for a general meeting at Sebring Chamber of Commerce, 227 U.S. 27 North, Sebring. For information, call All Hinson at 399-2243, Rev. Robert Walker at 414-6474 or Davette Thompson at (312) 543-5983.

National Association of Retired Veteran Railway Employees (NARVRE) meets at 11:30 a.m. third Monday from October through May at Homer's Smorgasbord in Sebring. All current and retired railroad employees and their spouses are invited to attend. Call Jerry at 441-4418.

Rotary Club of Highlands County meets at 6:15 p.m. at Beef 'O Brady's, Sebring.

Sebring Bridge Club has Bridge, ACBL Duplicate at the clubhouse, 347 N. Fernleaf, Sebring at 12:30 Mondays. Call 385-8118.

Sebring Eagles Club 4240 has pizza and darts at 7:30 p.m. at the club, 12921 U.S. 98, Sebring. Call 655-4007.

Sebring Elks Lodge 1529 has the lounge open from 12-7 p.m. Smoke-free environment. Call 471-3557.

Sebring Historical Society open 9:30 a.m. to 5 p.m. Monday-Friday. Located in back side of Sebring Public Library building on Lake Jackson. For information, call 471-2522.

Sebring Optimist Club meets at 6:15 p.m. first and third Mondays at Jim's house. Call Jim Harrison at 381-9767 or Gabriel Read at 453-2259.

Sebring Moose Club 2859 serves beef franks and Italian sausages from 1 p.m. to closing at 11675 U.S. 98, Sebring. Women of the Moose meets at 7 p.m. third Monday for a business meeting, snacks and trivia

pursuit. Call 655-3920.

Sebring Women of the Moose has a business meeting at 7 p.m. at the lodge, 11675 U.S. 98, Sebring. Call 382-8782.

Take Off Pounds Sensibly FL 632, Sebring meets at 2 p.m. for weigh-in at the fellowship hall at the First Baptist Church of Lake Josephine, Sebring. Call 659-1019.

VFW Post 3880 euchre, 6:30 p.m., 1224 County Road 621 East, LP. Call 699-5444.

VFW Post 4300 meets 7 p.m. third Monday, 2011 SE Lakeview Drive, Sebring.

TUESDAY

AI-Anon Family Groups meet for discussion and Twelve Step study at noon, Union Congregational Church, 105 N. Forest Ave., Avon Park. Parking available south of old church.

All Sebring Model Railroad Club meets the third Tuesday of each month at 7:30 p.m. at Church of Christ, 3800 Sebring Parkway, unless otherwise directed. Members build and run an "HO" Gauge model railroad layout. Rail-buffs interested in other model railroad gauges are welcomed. For information, or updates on meeting locations, call Gene Archer, 452-0334, or Curtis Petersen, 382-6967.

American Legion Placid Post 25 LP has shuffleboard and euchre, both at 1 p.m. Lounge hours are 11 a.m. to 9 p.m. Call 465-7940.

American Legion Post 74 open noon to 8 p.m. Hot dogs served. Happy Hour 4-6 p.m. Call 471-1448.

AP Boy Scout Troop 156 meets from 7-8:30 p.m. in the Scout Lodge, 202 Robert Britt St., Avon Park. Boys ages 11-17 are eligible to join. Call 452-2385.

AP Library has storytime at 10 a.m. for ages 3-5 except during holidays.

AP Lions Club meets 6:45 p.m., in the Lions Club, 1218 W. Bell St.

Brown Bag Book Bunch book reader's group meets at noon on the third Tuesday of the month at Emmanuel United Church of Christ, 3115 Hope St., Sebring. Read the selected book, bring your bag lunch, and join in the lively and interesting discussions. For information on each month's book, call 471-1999.

Busy Bee Craft Club meets 9-11 a.m., Fairway Pines, Sun 'N Lakes Boulevard, Sebring. Everyone is welcome. Call 382-8431.

Celebrate Recovery meets every Tuesday night at "The Rock," Union Congregational Church, 28 N. Butler Ave., Avon Park. A barbecue meal is served at 6 p.m. for a donation. At 6:45 p.m., members meet. At 7:30 p.m., the group breaks up into small groups for men and women. The program is

designed for drug and alcohol addiction, divorce, death or illness grief, low or lost self-esteem or identity due to dysfunctional relationships, depression/anxiety, or any other need for healing. For details, contact Celebrate Recovery coordinator Pam Sim by calling 453-3345, ext. 106.

Fletcher Music Club meets every Thursday and Tuesday at Fletcher Music Center in Lakeshore Mall, Sebring. Call 385-3288.

Friends of Highlands Hammock meets at 6:30 p.m. third Tuesday, Highlands Hammock State Park, Sebring. Call 386-6099.

G2G (Grandparent to Grandparent), a support group to help grandparents raising grandchildren, meets at 10 a.m. Tuesdays at One Hope United, 7195 S. George Blvd., Sebring. Call 214-9009.

Heartland Avian Society meets every fourth Tuesday, 7:30 p.m., at Huntington National Bank, 126 Center Ave., Sebring. Call 465-9358.

Heartland Dolittle Miniature Build meets 7 p.m., third Tuesday, St. Johns Methodist Church social hall, 3214 Grand Prix Drive, Sebring. Call 382-3553.

Heartland Harmonizers Barbershop Chorus meets from 7-9:30 p.m. in the Sebring High School Music Room, Sebring. All men who enjoy singing are invited. Reading music is not required. Call 471-2294 or 386-5098.

Highlands County Quilt Guild meets on the first and third Tuesday of each month at the Women's Club of Sebring, 4260 Lakeview Drive, across from Veterans' Beach, from 10 a.m. to 2 p.m. For information, call 471-0694 or e-mail sbringquilter@embarqmail.com

Highlands Senior Center Bingo every Tuesday 6-9 p.m. at 3400 Sebring Parkway. Doors open at 4 p.m. Cards on

sale at 5 p.m.; games start at 6 p.m. Great snack bar. For more information, call 386-0752.

Highlands Tea Party meets at 6 p.m. Tuesdays at Homer's Restaurant, 1000 Sebring Square. Call 386-1440.

Highlands County Veterans Council meets 7 p.m., third Tuesday in the conference room at the Veterans Services Office. The meeting is for the appointed delegate from each veteran organization in the county to meet to discuss current issues regarding veterans and veterans activities.

Hope Hospice grief support group meets at 11 a.m. at 319 W. Center Ave., Sebring; and 4:30 p.m. at Southern Lifestyle ALF, across U.S. 27 from Florida Hospital LP. Call 382-0312.

Lake Haven Homeowners Association meets the third Tuesday of the month, 5400 N. Lake Huckleberry Drive, Sebring. Covered dish dinner is at 6:30 p.m. and meeting is at 7:30 p.m. Call 382-4858.

LP Art League has classes in Parchment Embossing from 8 a.m. to noon and 1-4 p.m. at the Cultural Center, 127 Dal Hall Blvd., taught by Maria Lorant. For information, call Dan Daszek at 465-7730.

LP Art League Woodcarvers will have Focus on Airbrushing from 1-4 p.m. and Open Carving from 5-8 p.m. at the Art League, 127 Dal Hall Blvd. Call Norm Pelland, 465-5510, or Ken Lorant, 699-0172.

LP Elks 2661 opens its lounge at 1 p.m. at the lodge. Happy hour is from 2-5 p.m. Card games at 1:30 p.m. The lodge is open to members and their guests. Call 465-2661.

LP Grief Support (Hope Hospice) meets at 4:30 p.m. every Tuesday at Southern Lifestyle, 1297 U.S. 27 North, LP, with Charlie Stroup. Refreshments served. Door prize given. Call 465-0568.

CROSSWORD SOLUTION

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Attend the Church of Your Choice!



Inspirational Thoughts

by Patricia Valentine

Matthew 6:12, 14-15 (NIV), "Forgive us our debts, as we also have forgiven our debtors, for if you forgive men when they sin against you, your heavenly Father will also

forgive you, but if you do not forgive men their sins, your Father will not forgive your sins." Do we really understand what Matthews 6:12 is saying?

Do we understand the implications of praying this prayer? When we pray this, we are actually asking God not to forgive us if we haven't forgiven someone else. Remember the story of the two debtors in Matthew 18:21-35, the servant who had been forgiven an enormous sum refused to forgive his fellow servant. The master spoke severely to the unforgiving man and turned him over to the jailers. In verse 14 and 15, Jesus gives a warning about forgiveness. If we refuse to forgive others, God will also refuse to forgive us. It is easy to ask God for forgiveness, but difficult to grant it to others. Whenever we ask God to forgive us, we should ask ourselves, "Have I forgiven the people who have wronged me?" Until we forgive, we will never really be free. **Be Blessed!**

Let me hear from you at cajunprincess@yahoo.com

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CHALK TALK

County DSAC to meet Oct. 3, discuss evaluation system

Special to the News-Sun
SEBRING — The Highlands County District School Advisory Council (DSAC), will meet from 6-7:30 p.m., on Monday, Oct. 3 in the Garland Boggus Board Room located at the School Board of Highlands County, 426 School Street, Sebring.

The primary agenda item

for this meeting is the Teacher Performance Appraisal System.

If you are a person with a disability who requires reasonable accommodations in order to attend a District School Advisory Council meeting, call 471-5608 three days prior to the scheduled meeting date and time.

SCHOOL MENUS

Breakfasts and lunches being served in the Highlands County School District for the upcoming week of Sept. 19-23 include:

HIGH SCHOOLS

Monday

Breakfast — French toast sticks, sausage patty, assorted cereal, cheese filled breadstick, strawberry cup, assorted fresh fruit, assorted juice, juice slushy, milk.

Lunch — Spaghetti, meat sauce, garlic breadstick, burgers chicken patty on bun, pizza, tacos, taco toppers, salsa, ham sub meal, turkey sub meal, dill stack, PBJ sandwich meal, chef salad meal, baked french fries, corn cobbettes, tossed salad, Colby Jack cheese stick, glazed berries and cherries, diced pears, assorted fresh fruit, assorted juice, juice slushy, milk.

Tuesday

Breakfast — Chicken biscuit, assorted cereal, cheese filled breadstick, applesauce, assorted fresh fruit, assorted juice, juice slushy, milk.

Lunch — Homestyle turkey roast, dinner roll, burgers chicken patty on bun, pizza, ham sub meal, turkey sub meal, dill stack, PBJ sandwich meal, chef salad meal, mashed potatoes, brown gravy, green beans, carrots and dip, dried blueberries, cut fresh fruit, assorted fresh fruit, assorted juice, juice slushy, milk.

Wednesday

Breakfast — Breakfast pizza, hash brown patty, assorted cereal, cheese filled breadstick, apricot cup, assorted fresh fruit, assorted juice, juice slushy, milk.

Lunch — Corn dog, pizza, hot and spicy chicken sandwich, ham sub meal, dill stack, PBJ sandwich meal, chef salad meal, baked beans, carrots and dip, string cheese, assorted juice, assorted fresh fruit, President's Smart Cookie, potato chips, milk.

Thursday

Breakfast — Breakfast frittata, hash brown patty, breakfast pizza, assorted cereal, cheese filled breadstick, peach cup, assorted fresh fruit, assorted juice, juice slushy, milk.

Lunch — Tacos, salsa, yellow rice, burgers chicken patty on bun, pizza, ham sub meal, turkey sub meal, dill stack, PBJ sandwich meal, chef salad meal, baked beans, cheddar cheese stick, strawberry applesauce, cut fresh fruit, assorted fresh fruit, assorted juice, juice slushy, milk.

Friday

Breakfast — Sausage biscuit, assorted cereal, string cheese, strawberry cup, assorted juice, assorted fresh fruit, juice slushy, milk.

Lunch — Asian chicken nuggets, tacos, taco toppers, salsa, dinner roll, burgers pizza, chicken patty on bun, PBJ sandwich meal, ham sub meal, turkey sub meal, dill stack, chef salad meal, baked french fries, corn, carrots and dip, tossed salad, chocolate chip cookie, peach cup, assorted fresh fruit, assorted juice, juice slushy, milk.

ACADEMY SCHOOLS

Monday

Lunch — Spaghetti, meat sauce, garlic breadstick, orange glazed carrots, applesauce snacking cake, strawberry cup, assorted juice, milk.

The Panther Network may be viewed exclusively on Comcast Cable Channel 6.

Wednesday

2-2:30 p.m.: Breathing Life into My Myths

2:30-3 p.m.: Florida Capital Adventure

3-3:30 p.m.: NASA Destination Tomorrow 23

3:30-4 p.m.: Two Dance Collaborations

4-4p.m.: NASA Destination Tomorrow 24

4:30-5 p.m.: Ethics In A Global Society-1

Thursday

2-2:30 p.m.: 01. Becoming an Educated Investor



Panther Network

2:30-3 p.m.: 02. The Global Marketplace

3-3:30 p.m.: 03. Raising Money Savy Kid

3:30-4 p.m.: 04. Corporate Ethics

4-4:30 p.m.: 16 Making Remedial Education Work

4:30-5: p.m.: 16 Making Remedial Education Work cont.

strawberry cup, assorted juice, assorted fresh fruit, juice slushy, milk. Breakfast on the Patio: Sausage biscuit, assorted juice, milk.

Lunch — Mama Sofia's pepperoni pizza, Mama Sofia's cheese pizza, burgers chicken tenders, dinner roll, tacos, taco toppers, salsa, ham sub meal, turkey sub meal, dill stack, chef salad meal, PBJ sandwich meal, carrots and dip, corn, tossed salad, chocolate chip cookie, peach cup, assorted fresh fruit, assorted juice, juice slushy, milk.

ELEMENTARY SCHOOLS

Monday

Breakfast — French toast sticks, sausage patty, assorted cereal, cheese filled breadstick, strawberry cup, assorted fresh fruit, apple juice, orange juice, fruit blend juice, milk. Breakfast in the Classroom: Maple waffle stick, string cheese, orange juice, chocolate milk.

Lunch — Chicken nuggets, dinner roll, Uncrustable Peanut Butter and Jelly sandwich, turkey chef salad, mashed potatoes, chicken gravy, green peas, strawberry applesauce, very berry juice bar, apple juice, orange juice, fruit blend juice, milk.

Tuesday

Breakfast — Chicken biscuit, assorted cereal, cheese filled breadstick, applesauce, assorted fresh fruit, apple juice, orange juice, fruit blend juice, milk. Breakfast in the Classroom: Chicken biscuit, strawberry cup, chocolate milk, very berry bread, apple juice.

Lunch — Spaghetti, meat sauce, garlic breadstick, Uncrustable PBJ sandwich, ham chef salad, green beans, Smart cookies, cut fresh fruit, juice slushy, apple juice, orange juice, fruit blend juice, milk.

Wednesday

Breakfast — Breakfast pizza, assorted cereal, cheese filled breadstick, apricot cup, assorted fresh fruit, apple juice, orange juice, fruit blend juice, milk. Breakfast in the Classroom: Very berry bread, apple juice, chocolate milk, chicken biscuit, strawberry cup.

Lunch — Uncrustable PBJ sandwich, turkey chef salad, corn dogs, potato puffs, carrots and dip, diced peaches, cinnamon bears, apple juice, milk.

Thursday

Breakfast — Breakfast frittata, hash brown patty, assorted cereal, cheese filled breadstick, peach cup, assorted fresh fruit, apple juice, orange juice, fruit blend juice, milk. Breakfast in the Classroom: Breakfast burrito, apricot cup, chocolate milk, Ultimate Breakfast Round, apple juice.

Lunch — Tacos, taco toppers, salsa, yellow rice, Uncrustable PBJ sandwich, ham chef salad, corn, baked beans, fruit cocktail cup, very berry juice bar, apple juice, orange juice, fruit blend juice, milk.

Friday

Breakfast — Sausage biscuit, assorted cereal, string cheese, strawberry cup, assorted fresh fruit, apple juice, orange juice, fruit blend juice, milk. Breakfast in the Classroom: Ultimate Breakfast Round, apple juice, chocolate milk, breakfast burrito, apricot cup.

Lunch — pizza, Uncrustable PBJ sandwich, turkey chef salad, carrots and dip, chocolate cookie, peach cup, juice

slushy, apple juice, orange juice, fruit blend juice, milk.

KINDERGARTEN LEARNING CENTER

Monday

Lunch — Chicken nuggets, dinner roll, Uncrustable Peanut Butter and Jelly sandwich, mashed potatoes, chicken gravy, green peas, strawberry applesauce, milk.

Tuesday

Lunch — Spaghetti, meat sauce, garlic breadstick, Uncrustable PBJ sandwich, green beans, Smart cookies, cut fresh fruit, milk.

Wednesday

Lunch — Uncrustable PBJ sandwich, corn dog, potato puffs, carrots and dip, diced peaches, milk, Goldfish crackers, apricot cup.

Thursday

Lunch — Tacos, taco toppers, salsa, yellow rice, Uncrustable PBJ sandwich, baked beans, fruit cocktail cup, milk.

Friday

Lunch — Mama Sofia's cheese pizza, Uncrustable PBJ sandwich, carrots and dip, chocolate chip cookie, peach cup, milk.

SFCC classes teach life-saving skills

Special to the News-Sun
South Florida Community College's Corporate and Community Education Department is offering a variety of classes based on CPR and first aid training for the fall term 2011.

— A CPR Training class with Basic Life Support through the American Heart Association is being offered for students who need to know how to perform CPR, as well as other lifesaving skills, in a wide variety of in-hospital and out-of-hospital settings. Students will participate in simulated clinical scenarios and learning stations, work with an American Heart Association Certified BLS Instructor to complete Basic Life Support (BLS) skills practice and skills testing, and complete a written exam.

SFCC is offering three opportunities to complete this class. The first class will be held Saturday, Sept. 24, 8 a.m.-noon, on the SFCC Hardee Campus, 2968 US 17 N., Bowling Green. This class will cost \$30 and the course number (CRN) is 11622. The second class will be held Saturday, Oct. 1, from 8 a.m.-noon, on the SFCC Highlands Campus, 600 W.

College Dr., Avon Park. This class will cost \$30 and the course number (CRN) is 11631. The third class will be held Thursday, Oct. 20, from 5:30-9:30 p.m., on the SFCC Highlands Campus, 600 W. College Dr., Avon Park. This class will cost \$30 and the course number (CRN) is 11633.

— The First Aid Training course provides employee training for designated first responders or individuals needing credentialed training for job or regulatory requirements. This course covers first aid basics, medical, injury and environmental emergencies and AED use.

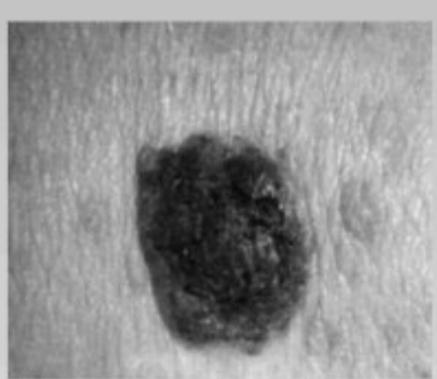
Students will also complete a written exam. This class will be held Saturday, Oct. 1, from 1-5 p.m., on the SFCC Highlands Campus, 600 W. College Dr., Avon Park. It will cost \$30 and the course number (CRN) is 11632.

Register in Building B at the Highlands Campus or any SFCC campus or center. For more information, contact Community Education at 453-6661, 465-5300, 773-2252, or 494-7500, ext. 7033 or by e-mailing CorporateTraining@south-florida.edu/.





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DIVERSIONS

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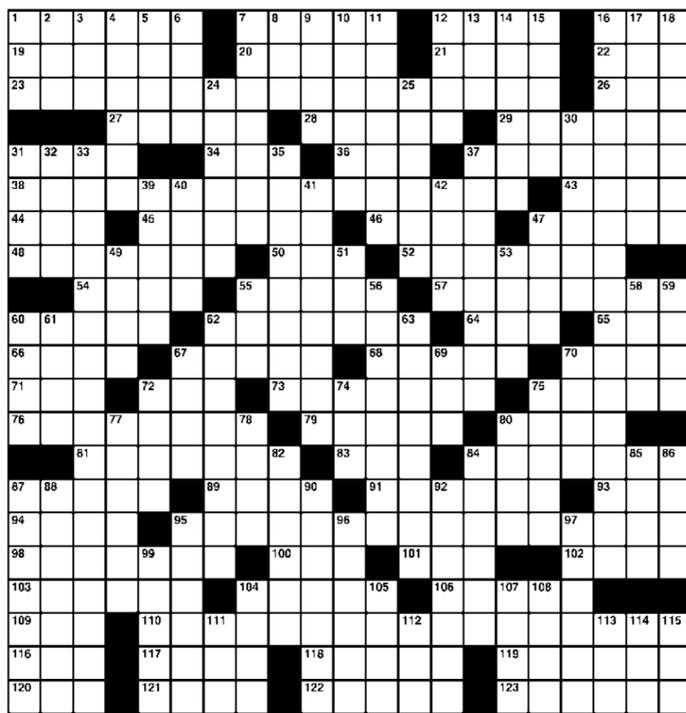
ACROSS

- 1 Scarfed (down)
- 7 Taken ___: startled
- 12 Play mates?
- 16 Jefferson Davis was its only pres.
- 19 "Ten-hut!" reversal
- 20 Neighbor of Maui
- 21 Away from gusts
- 22 Hasty escape
- 23 Great minds think alike, but ...
- 26 Pay stub?
- 27 River to the Bay of Biscay
- 28 Al ___
- 29 On the house
- 31 Home to the Ibsen Museum
- 34 Boolean operators
- 36 Fail to keep up
- 37 Trains
- 38 Ignorance is bliss, but ...
- 43 Surrealist Magritte
- 44 Kanga's little one
- 45 Took orders from
- 46 Evening in Roma
- 47 Doesn't just lurk, website-wise
- 48 Like some silences
- 50 DOJ branch
- 52 Sharp-tongued talk
- 54 Pro ___
- 55 It's been proven to grow hair
- 57 Fort's defense
- 60 Big Easy quarterback
- 62 Split differently
- 64 Wheyfaced
- 65 Mess with
- 66 Some whistle blowers
- 67 Iran's official language
- 68 Texas's state tree
- 70 Rink feint
- 71 Big fuss
- 72 Something to see, perhaps
- 73 Place where fresh water and salt water mix
- 75 Along the rim
- 76 Serious downpours
- 79 Like some micro-
- brews
- 80 One of Esau's wives
- 81 Stud alternative
- 83 IV tripled
- 84 Texas city named for a Kansas city
- 87 "Another ___ Paradise": Phil Collins hit
- 89 Vibes
- 91 Puts on a happy face
- 93 Month in Madrid
- 94 Venerated one
- 95 Birds of a feather flock together, but ...
- 98 Spills the beans
- 100 Org. for 60-Across
- 101 Greek gp.
- 102 "My Way" lyricist
- 103 Beat
- 104 1895-'96 ___-Ethiopian War
- 106 Nursery buy
- 109 Alibi, perhaps
- 110 Two's company, three's a crowd, but ...
- 116 Constellation next to Scorpius
- 117 Zero
- 118 Daisylike flower
- 119 Not just dangerous
- 120 OK at the corral
- 121 Elemental bit
- 122 Doesn't go on
- 123 For a spell

DOWN

- 1 Post-WWII feminine flier
- 2 Tribe of Oklahoma
- 3 Sign of summer
- 4 Unused, as farmland
- 5 Former U.S. pump sign
- 6 Lucille's guy
- 7 Reason for tears
- 8 Evil
- 9 "And giving ___, up the chimney he rose"
- 10 Oasis visitors
- 11 Snatches
- 12 ___ con leche
- 13 Landon of 1920s-'30s politics
- 14 Folk legend Pete
- 15 Veggie chip brand

By PAWEL FLUDINSKI



Solution on page 11B

- 16 Don't judge a book by its cover, but ...
- 17 Prominent
- 18 Pulls together
- 24 Worn away
- 25 "And So ___": Billy Joel song
- 30 Down's opposite
- 31 Gumbo pod
- 32 Tundra blanket
- 33 He who hesitates is lost, but ...
- 35 Husk
- 37 Like some warmup pants
- 39 Postgraduate burden
- 40 Iberian river
- 41 Pursuit of perfection
- 42 Rolled lunch
- 47 Aspirin target
- 49 Bellyacher's litany
- 51 "___ My Sons": Arthur Miller play
- 53 Group sharing a crest
- 55 Msg. to the flock
- 56 Champion of the common man
- 58 Flood barrier
- 59 Fulda tributary
- 60 Wurst on the grill
- 61 Take back to the drawing board
- 62 Run-down digs
- 63 Break points at Wimbledon?
- 67 ___ for oneself
- 69 Overreact to spilt milk
- 70 Two-part
- 72 Capital near Zurich
- 74 Government demand
- 75 Pindar, notably
- 77 1987 All-Star Game MVP Tim
- 78 Course taken with a spoon
- 80 Assist shadily
- 82 "And make it snappy!"
- 84 Warning of old
- 85 Violin part
- 86 Pronoun for Pedro
- 87 Show publicly
- 88 Pick up
- 90 To the extent that
- 92 Glucose and fructose, e.g.
- 95 So last year
- 96 Most in need of a doctor
- 97 Full of team spirit
- 99 Insurance giant
- 104 Mosque VIP
- 105 Bart and Lisa's bus driver
- 107 Helen of Troy's mother
- 108 Group in a shell
- 111 Pre-Tokyo Tokyo
- 112 Not square
- 113 Infamous Amin
- 114 90-degree angle creator
- 115 Manhattan ingredi-

Strengthening the core



Pause And Consider
Jan Merop

I enjoy staying fit.

Whether I'm on my Gazelle at home or taking a walk (when it's cooler), this basic exercise is essential to good health. Add in some strength training and a fairly good balance is achieved.

I've heard that in the doing of these exercises I must keep my core in mind so that I make my body stronger and increase stability. I remind myself to hold my abdominal muscles tightly...to consider the whole torso in the workout.

Imagine struggling to open a jar. When I hold it close to my body and bear down on it, I focus my energy and strength to the task of breaking the seal. The same focused objective is true in my workout.

Recently, I learned to apply this to my spiritual life as well.

God is my quintessence, my center, my core. Transformation can take place deep within my soul as I focus on growing stronger and more stable in Him.

Physical fitness doesn't happen because I recognize I need it. I must do it. But first I may have to give up inconsistent, lazy habits; unhealthy eating patterns and mental attitudes about my body.

The same is true on the spiritual side.

As a Christian, I will never fully experience God

in his completeness if I hold onto selfishness, fears and false beliefs. When I refuse to continue unhealthy soul activities, room is created for him to move in and function through me.

Lately, when a prayer concern burdens me down, I stop praying about the concern and focus on seeing God for who he is: my burden-bearer, my life, song, provider, strength, refuge and joy.

As he fills me up with himself, I know the truth of the situation will be revealed and I experience his deep, abiding rest. The concern may still be there; but, it is now in his capable hands. Trust, confidence and hope seep through.

Jesus says in John 7:38, NKJV, "If anyone thirsts, let him come to Me and drink. He who believes in Me, as the Scripture has said, out of his heart will flow rivers of living water."

Jesus spoke of the Holy Spirit who, when he indwells us, will overflow through us to others. If I want the Holy Spirit to flow through me to others rather than merely trickle out, I must invite him to fill my soul's core. As I'm strengthened and stabilized within, God's life-giving water will not be contained.

I have a lot of exercise to do! Selah.

Jan Merop of Sebring is a News-Sun correspondent.

Lay low for a while, Sagittarius

Metro Services

Horoscope

Aries (March 21-April 20) – Aries, if you're seeking fun in the sun, make the most of the last few days of summer or hop a plane to a tropical paradise. This could be a time for romance.

Taurus (April 21-May 21) – Taurus, take some time to relax. Keeping up this momentum is only going to cause burnout down the road. It's time for some well-deserved relaxation.

Gemini (May 22-June 21) – Make a list of all your expenses and see what you can trim, Gemini. It's time to get your finances in check and knowing what you're working with is a first step.

Cancer (June 22-July 22) – Cancer, after doing the same thing week after week, you are certainly ready for a change. Use this opportunity to try one of your "bucket list" ideas to drum up excitement.

Leo (July 23-Aug. 23) – A change of scenery will do you good, Leo. Take a walk or hop on a bike and enjoy the neighborhood or someplace a little further away. This change of pace is refreshing.

Virgo (Aug. 24-Sept. 22) – Virgo, stress at the office has left you feeling a bit down. But recognize this opportunity to show you're a winning employee to your higher-ups.

Libra (Sept. 23-Oct. 23) – Libra, plan a visit to see family members and you'll get those warm and fuzzy feelings only your loved ones can help inspire. If a trip isn't in the cards, you

can do a video chat.

Scorpio (Oct. 24-Nov. 22) – Scorpio, sometimes you have to step away from the problem to find its solution. Spending all your waking hours obsessing over the problem won't help.

Sagittarius (Nov. 23-Dec. 21) – Lay low for a while, Sagittarius. Things are happening around you that can lead to trouble if you become involved. It's safer if you keep a low profile.

Capricorn (Dec. 22-Jan. 20) – Capricorn, consider hiring some help around the house in the coming weeks. There's a lot on your plate and a few extra helping hands can make it easier to manage what lies ahead.

Aquarius (Jan. 21-Feb. 18) – Aquarius, friends and family will rely on you to diffuse a stressful situation. When something occurs this week, take your usual calm approach.

Pisces (Feb. 19-March 20) – Creativity is in bloom for you, Pisces. Make the most of crisp weather on the horizon for a fun day trip somewhere.

Famous birthdays

Sept. 18 - Lance Armstrong, athlete (40); Sept. 19 - Jimmy Fallon, comic (37); Sept. 20 - Gary Cole, actor (54); Sept. 21 - Bill Murray, actor (61); Sept. 22 - Scott Baio, actor (50); Sept. 23 - Bruce Springsteen, singer (62); Sept. 24 - Nia Vardalos, actress (49)

It's time for sister-in-law to hang sob story about ex's affair out to dry

Dear Abby: My brother "Dan" cheated on his wife, "Darlene." His affair lasted five years before he dumped Darlene to pursue a relationship with the other woman. My problem is, every time family members invite Darlene and her children to be part of an event, we have to listen to her long, drawn-out monologue about Dan's affair with "that woman."

I don't approve of Dan's behavior, but I refuse to hate him because their marriage failed. It was on the downside for a long time before the affair began. Darlene has spent the last four years making sure her kids never see my brother's new wife or meet their half-siblings. She talks openly in front of them about how "evil" their father and "that woman" are, then invites Dan on family trips, which I'd find confusing if I were in their shoes.

I don't want to cut my nieces and nephews out of my life, because they need stability. But I don't care at this point if I ever see Darlene again. Any suggestions? I'm at my wit's end.

— *Tired Of The Sob Story*

Dear Tired: The reason the No. 1 songs on the charts keep changing is listeners finally grow bored and stop buying them. The same is true for the "he done me wrong" chorus your former sister-in-law keeps repeating. While I understand her pain and anger, it's a shame Darlene hasn't accepted that she needs to get on with her life. A step in that direction would be to quit wallowing in the past.

Because you can't control her, when she starts her next refrain, excuse yourself. Let her entertain the rest of the family while you spend quality time with your nieces and nephews, and you'll all have a better time.

Dear Abby: I have been married several years to an only child. Despite our objections, my mother-in-law, "Diana," continues to treat my husband, "Rob," as though he's helpless and me as his equally incapable sidekick.

I should have realized there was trouble when Diana



Dear Abby

and other in-laws came to visit us on our honeymoon — unannounced and uninvited. When we go to a buffet restaurant, she prepares plates for him. She tells him what clothes to wear to events and even irons them for him. She includes our names on cards, gifts, flowers, etc., for which we've had no input or financial contribution. Anytime we mention going out of town, she attempts to invite her husband and herself to tag along.

Rob and I are responsible adults who work full time. We have never asked his parents for anything. I find her behavior insulting and intrusive. Even if I wanted to wait on my husband hand and foot, I'd have to beat my mother-in-law to it.

I have done everything I can think of to remedy this, from having Rob speak to her to being frank with her myself. Am I being overly sensitive, or is Diana overstepping her boundaries?

— *Married To An Only Child in Kentucky*

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LUNCHES THAT MAKE THE GRADE



BY SHARON THOMPSON
McClatchy Newspapers

It's a good thing Kaitlyn Tyson doesn't get to pack her own school lunch box.

While getting ready for school last year, Ashley Tyson of Lexington, Ky., asked her daughter what she would like in her lunch.

"Candy," Kaitlyn replied.

Despite her wishes, her mother sent Kaitlyn with a sandwich, applesauce, chips and a dessert.

"The sandwich is almost always peanut butter," Tyson said. "Applesauce is the closest I can get to sending her a fruit. She is a picky eater, and I would love to have options that she enjoys. I have a hard time finding healthy choices that Kaitlyn will eat."

Many parents face the same dilemma: Packing a lunch bag with foods their children will eat but that aren't full of say, candy.

What's a parent to do?

First, don't take kids grocery shopping for school lunch items, says registered dietitian Maggie Green of Fort Wright, Ky.

"Stick to what they need to eat most. If they're hungry, they'll eat," she said. "Also, don't be afraid of using a stainless Thermos that can be preheated with hot water. Thick soups work best for holding the heat."

Gina Clemons of Lexington started packing lunch for her high-schooler, Caleb, when he was in middle school "because the wait in the lunch line was so long and again in high school because he said there were no healthy choices."

Clemons finds that providing variety at lunch kept her son happy and full.

"You can buy the small disposable cups with lids that hold 1/4 cup or less to hold whipped cream or dressing or peanut butter for dipping fruit or veggies into. It doesn't have to be a sandwich, either. I see kids at school getting their protein in a mini version of a meat/cheese tray, a bag of mixed nuts, soy nuts," she said.

Clemons, a kindergarten assistant, supervises lunches at her elementary school and sees many parents using all reusable containers and not buying individually packaged chips and cookies, she said.

Registered dietitian Janet Tietyen Mullins of Midway, Ky., recommends alternating wraps, sandwiches and entree salads for school lunches.

"Good sides are homemade Waldorf salad, coleslaw, Caesar, fruit cup and baby carrots. Muffins with fiber and fruit make good desserts with yogurt," she said.

Dr. Susan Mitchell, a health and nutrition expert for Target stores, has a formula for packed lunches that are good for kids and school work. She suggests including a protein, which helps students stay focused on academic performance; a high-fiber, grain carbohydrate, which helps keep energy up all day; and fruit and vegetables, which provide essential nutrients for a healthy immune system.

10 TIPS FOR A BETTER LUNCHBOX

The Center for Science in the Public Interest suggests 10 easy tips to give your child's lunchbox a nutrition makeover:

1. Encourage your child to choose 1 percent or fat-free milk. Milk is by far the largest source of saturated fat in children's diets. Choosing 1 percent or fat-free milk instead of whole or 2 percent milk is an important strategy for keeping children's hearts healthy and arteries clear.
2. Leave cheese off sandwiches, unless it's low-fat or fat-free cheese. Although cheese provides calcium, it is the second leading source of artery-clogging saturated fat in kids' diets. Healthier sources of calcium include lower-fat cheese, fat-free and 1 percent milk, low-fat yogurt and calcium-fortified orange juice.
3. Switch from ham, bologna, salami, pastrami, corned beef or other fatty lunchmeats to low-fat alternatives, such as turkey.
4. Include at least one serving of fruit in every lunch. Try buying a few new types of fruit each week to let your child discover new favorites and to give her more choices. In addition to apples, oranges or bananas, try pears, sliced melon, grapes or pineapple (fresh or canned in its own juice), or cups of

applesauce. Try serving fruit in different ways — whole, cut into slices, cubed or with a yogurt dipping sauce.

5. Sneak vegetables, such as lettuce or slices of cucumber, tomato, green pepper, roasted peppers, zucchini or sweet onion, onto sandwiches. Eating fruits and vegetables reduces your child's chances of heart disease, cancer, blindness and stroke later in life. Putting veggies on a sandwich is one way to get more into your child's diet.
6. Use whole-grain bread instead of white bread for sandwiches. Choose breads that list "whole wheat" as the first ingredient. If the main flour listed on the label is "wheat" or "unbleached wheat flour," the product is not whole grain. Most multigrain, rye, oatmeal and pumpernickel breads in the United States are not whole grain.
7. Limit cookies, snack cakes, doughnuts, brownies and other sweet baked goods. Sweet baked goods are the second leading source of sugar and the fourth leading source of saturated fat in Americans' diets. Low-fat baked goods can help cut heart-damaging saturated fat from your child's diet, but even fat-free sweets can crowd out fruit or other healthier foods.
8. Pack baked chips, pretzels, Cheerios, bread sticks or low-fat crackers instead of

potato, corn, tortilla or other chips made with oil or Olean. Avoid fat-free Max chips and Procter & Gamble's Fat Free Pringles. They are made with Olean (olestra), a fat substitute that can cause abdominal cramping and diarrhea, and can rob your body of carotenoids and other phytochemicals that might lower the risk of cancer. Also, beware of Bugles, which are fried in heavily saturated coconut oil. One ounce has as much artery-clogging fat as a McDonald's Quarter Pounder.

9. If you pack juice, make sure it's 100 percent juice. All fruit drinks are required to list the percentage of juice on the label. Watch out for juice drinks like Sunny Delight, Hi-C, Fruitopia and Capri Sun. With no more than 10 percent juice, they're soft drinks masquerading as juice.

10. Don't send Lunchables. Oscar Mayer's Lunchables come with a treat and a drink, and they get two-thirds of their calories from fat and sugar. Making your own healthful alternative is as easy as packing low-fat crackers, low-fat lunch meat, a piece of fruit and a box of 100 percent juice in your child's lunch box (at the very least, use the lower-fat Lunchables).

BAGELWICH

- 1 bagel
- 2 teaspoons cream cheese
- 4 to 6 slices ultra-thin honey ham
- 1 teaspoon honey mustard
- 1 thin slice beefsteak tomato
- 6 thin cucumber slices

Split bagel; spread each cut half with 1 t cream cheese. On each half, layer half of each of the ingredients in this order: ham, honey mustard, tomato and cucumber slices. Combine the two halves. Cut in half and wrap. — *From Hillshire Farm*

SANDWICH ON A STICK

- Bread
- Cheese
- Lunch meat
- Grape tomatoes
- Lettuce
- Pickles
- Olives

Cut bread, cheese and lunch meat into cubes (ask for 1/2-inch-thick slices of ham and turkey at the deli counter). Slide cubes onto a skewer with other foods, such as a grape tomato, a piece of lettuce, a pickle or an olive. Serve with salad dressing or mustard for dipping. — *From Disney FamilyFun magazine*

FRUITY CALIFORNIA WALNUT SALAD

- 3 crisp apples (about 1 pound)
- 2 cups (20-ounce can) drained canned pineapple chunks
- 1 cup low fat vanilla yogurt
- 1 cup raisins
- 3/4 cup chopped California walnuts

Halve and core apples, then cut in 1/2-inch cubes. Place apple cubes in large bowl. Add pineapple chunks, yogurt, raisins and walnuts. Toss until ingredients are evenly combined and coated with yogurt. Cover and chill until serving. Makes 12 1/2-cup servings.

NUTRITION INFORMATION PER SERVING: 250 CALORIES, 6 G. FAT, 1 MG. CHOLESTEROL, 34 MG. SODIUM, 48 G. CARBOHYDRATE, 6 G. FIBER, 4.5 G. PROTEIN.

— *From California Walnut Board*

MINI RICE CAKE STACKS

- 8 mini apple-cinnamon rice cakes
- 1 1/2 tablespoons natural peanut butter
- 4 banana slices

Spread peanut butter on 4 rice cakes and top with banana slices. Top with the remaining rice cakes. Makes 1 serving.

NUTRITION INFORMATION PER SERVING: 297 CALORIES, 13 G. FAT, 0 G. CHOLESTEROL, 91 MG. SODIUM, 40 G. CARBOHYDRATE, 8 G. PROTEIN, 0 G. CALCIUM.

— *From Eating Well*

SOYNUIT PITA POCKET

- 1/2 whole wheat pita pocket
- 1 tablespoon SoyNut butter
- 1 tablespoon apple butter
- 6 apple slices

Spread SoyNut butter and apple butter on pita half.

Arrange apple inside pita.

NUTRITION INFORMATION PER SERVING: 231 CALORIES, 6.5 G. FAT, 7 G. PROTEIN, 38 G. CARBOHYDRATE, 0 MG. CHOLESTEROL.

— *From The Soyfoods Council*

