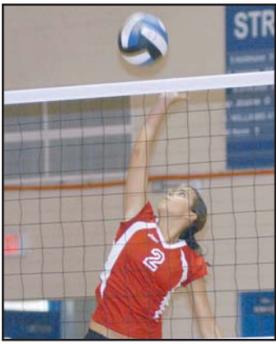


NEWS-SUN

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Set to step up
Lady Devils ready for new season
PAGE 14B



Answering questions
Harris speaks to voting league about tourism tax
PAGE 2A

Online learning
Classrooms are now just a click away
PAGE 14B



Sunday, August 21, 2011

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Volume 92/Number 99 | 75 cents

Forecast



An afternoon and evening t-storm
High **94** Low **76**
Complete Forecast
PAGE 14A

Online



Question: Should teachers be allowed to interact with students through social networks like Facebook?



Total votes: **104**

Next question: Are you watching what could become Hurricane Irene?

Make your voice heard at www.newssun.com

Obituaries

- Scott Koch**
Age 27, of Sebring
- Adelaide Thomsen**
Age 90, of Lake Placid

Obituaries, Page 5A

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Back to school

Students back in class on Monday

By SAMANTHA GHOLAR
sgholar@newssun.com

SEBRING — Hundreds of 5- and 6-year-olds filled the classrooms and cafeteria at the Kindergarten Learning Center Tuesday evening for the school's orientation night. The school is entering its fifth year of learning and adventure and hosts the majority of Highlands County's incoming kindergarten students.

Principal Andrew Lethbridge and his friendly office staff welcomed parents and students entering the front door. Teachers lined the hallways directing the excited students into designated classrooms.

The KLC has 21 instructors this year, whose experience ranges from three decades to second-year teachers.

Registration, after-school care, lunch applications, and transportation issues were all taken care of in the school's cafeteria.

See BACK, page 8A

By the numbers

18 Number of schools	70.81 Percentage of students in free or reduced lunch program
1,597 Number of employees	\$115.8 in millions, the budget for the 2011-12 year
12,130 Number of students	\$129.3 in millions, the budget for the 2010-11 year
488 Number of students learning English as a second language	\$380,386 amount of lottery proceeds the district will receive this year
1,919 ESE (all inclusive)	\$3,479 base student allocation (set by state)— down 4 percent from last year
317 Vocational	\$44,133 average teacher salary
	Entry level \$34,000 Step 12 \$54,500

Blessing yeilds Blessed Beginnings

Jarrett family donation spawns new birthing center

By SAMANTHA GHOLAR
sgholar@newssun.com

SEBRING — Dozens gathered on the second floor of Florida Hospital Heartland Medical Center Thursday evening for the unveiling of the newest addition to the hospital, the Jarrett Family Blessed Beginnings Birthing Center.

Bill and Lisa Jarrett have long been avid supporters of the Highlands County community and have served on boards within Florida Hospital.

The couple has always involved themselves in the hospital as well as the community with their care and altruism.

Lisa Jarrett describes the birthing center as a gift and an investment in the hospital as well as the community.

"As our community grows and its needs change, we feel it is important to grow and change along with it. We feel blessed and honored to be a part of this growing need by leaving a legacy for generations to come," she said.

Florida Hospital CEO Tim Cook



News-Sun photo by SAMANTHA GHOLAR
Nurses at the Blessed Beginnings Birthing Center are grateful for the newest technology available to newborns in the newly constructed nursery. The Florida Hospital facility was unveiled to the public Thursday evening.

welcomed the guests before the unveiling, speaking highly of the Jarrett family and their dedication to the hospital and the community.

"Children are a gift from God. A birthing center is a unique place in a hospital and assists the beautiful new beginning of life. We honor a family that gives a gift like this," Cook said.

Cook continued his address, joking that after guests laid eyes

See BLESSED, page 3A

County's unemployment rate jumps to 12.3%

By ED BALDRIDGE
ed.baldrige@newssun.com

SEBRING — The unemployment rate for Highlands County rose to 12.3 percent in July according to the State of Florida's Agency for Workforce Innovation.

The recent number is an increase of .7 percent from the 11.6 percent posted in June.

The new numbers edges Highlands into the 12th spot

in unemployment throughout the state, slightly behind Miami-Dade County at 12.5 percent.

Regionally, Highlands' unemployment is higher than Hardee (12.2 percent) and DeSoto (11.6) counties.

The state recorded an 11.0 percent unemployment rate, which is not seasonally adjusted, and the U.S. remained steady at 9.3 percent, the same as last month.

Other statistics released by the Workforce Agency shows that foreclosures in Highlands County dropped slightly from 64 in June to 63 in July and the overall population for the county shed almost 1,000 employees as job seekers left the area for greener pastures.

The unemployment rate in the Heartland Workforce region, which includes DeSoto, Hardee, and

Highlands counties, was 12.1 percent in July, a decrease of 0.9 percentage points from the region's year ago rate.

The Heartland Workforce region lost 2,394 jobs over the year, according to number released Friday from Heartland's Workforce Director and CEO Roger Hood.

The greatest job losses in the region were posted by natural resources and mining,

which lost 1,980 jobs.

Construction in the region continues to decline and posted a 24-job loss, while education and health services showed a job loss of 236 for the month.

Two of the region's industry sectors posted positive growth. The information industry increased 3.7 percent and government jobs grew 3.5 percent over the previous months, Hood said.

Manager finalists answer questions

By CHRISTOPHER TUFFLEY
christopher.tuffley@newssun.com

AVON PARK — Since interviewing each of the three candidates for the position of city manager on Friday, all that is left for the city council to do is make its choice.

The council may rank the candidates during its regular meeting Monday night, or it may decide to call a special meeting later in the week.

Each candidate was questioned for about an hour, interim city manager Julian Deleon being scheduled at the last minute because the council had not been going to interview him.

Council member questions concerned annexation, interlocal agreements and cooperation, public housing, rewriting the city charter, union

See COUNCIL, page 8A

Do-over on Sebring fire assessment

Special meeting Monday after tie vote left city with no assessment

By SAMANTHA GHOLAR
sgholar@newssun.com

SEBRING — Oops. Mayor George Hensley called for a special meeting for 5:30 p.m. Monday after an unexpected turn of events at Tuesday's meeting that left Sebring without a fire assessment.

"Andrew (Fells) changed his vote and Scott (Stanley) wasn't present so it was very unexpected. No one was really prepared for this," City Administrator Scott Noethlich said.

City council members — minus Stanley, who was absent from Tuesday's meeting — inadvertently killed the fire assessment after a 2-2 tie vote on a two-percent increase to 7 percent. Fells and John Griffin voted against the increase, while John Clark and Bud Whitlock voted for it.

"My understanding now is that we don't even have a fire assessment," Noethlich stated Tuesday night after

See FIRE, page 8A

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Tropical Storm Harvey strengthens, nears Honduras

MIAMI — Tropical Storm Harvey is strengthening off the coast of Honduras as the Atlantic storm threatens to bring high winds and several inches of rain to Central America.

The U.S. National Hurricane Center in Miami said Saturday that Harvey was located about 35 miles (56 kilometers) east of Roatan, moving west at about 12 mph (19 kph). Maximum sustained winds were 60 mph (97 kph).

Showers and thunderstorms have increased overnight.

Tropical storm warnings were issued for the northern coast of Honduras from Punta Patuca westward, the Bay Islands of Honduras, and coastal Belize and Guatemala. A warning for the Yucatan Peninsula was canceled.

Hurricane conditions were expected along part of the Belize coast later Saturday.

Aide: Giffords now knows who died in shooting

PHOENIX — Rep. Gabrielle Giffords is now aware of who was killed during the January shooting rampage in Tucson that left her seriously wounded, her spokesman said.

C.J. Karamargin confirmed Friday that the Democratic politician was told in late July the names of the dead, including her aide Gabe Zimmerman; U.S. District Judge John Roll, a close friend; and 9-year-old Christina-Taylor Green, the Arizona Republic reported.

Giffords has been recovering from a gunshot wound to the brain from the Jan. 8 shooting that killed six people and wounded her and 12 others. The man charged in the rampage, Jared Lee Loughner, was sent to a federal prison facility in Springfield, Mo., after a federal judge concluded he was mentally incompetent to stand trial on 49 charges.

Her loved ones had been keeping the extent of the tragedy from her until she was strong enough to handle it. Husband Mark Kelly said in June that Giffords knew how many people were killed or wounded but wasn't aware that Zimmerman and Roll were among them.

"She was deeply saddened by it," said Karamargin, who is leaving Giffords' staff for a job with Pima Community College.

Giffords received the news just days before her surprise Aug. 1 appearance on Capitol Hill to vote on the federal debt ceiling.

Giffords was meeting with constituents in the parking lot of a Tucson grocery store when she was shot.

Information from: The Arizona Republic, <http://www.azcentral.com>



News-Sun photo by ED BALDRIDGE
County Commissioner Greg Harris answers questions from the Voters League Thursday night in Sebring.

Harris talks tourism tax with Voters League

By ED BALDRIDGE
ed.baldrige@newssun.com

SEBRING — Tourism development and Commissioner Greg Harris were key topics at the Highlands County Voters League meeting Thursday night.

The Voter's League invited county activist Bill Youngman to speak, and Youngman filled in some of the blanks that voters had about the controversial tourism tax.

"If the voters were confident that the tax was being used properly, then they will support it," Youngman told the group. "But, it needs to be on the ballot. It has to have a sunset."

Youngman told the group that he was part of a group looking into gathering the 9,600 signatures needed to get the tax repealed or on a referendum.

"Should the tourist tax be repealed? I voted for it because of the 10 percent that was going to the lakes, but the money has not been spent the way it is supposed to be," Youngman said.

"All the commission had to do was vote to put it up for a vote. They didn't do that. They shall afford us an election, even if it is a special election," Youngman said.

Commissioner Harris, who spoke mostly about the budget process, made it clear that he did not support putting the tax on a ballot.

"Why would you want to

'It is a worthwhile tax, it is good for the county.'

GREG HARRIS
county commissioner

do that? It is a worthwhile tax. It is good for the county. I don't think they have used these monies inappropriately, but maybe spending 51 percent on operating expenses may be too high, I don't know. I would think the best tack is to look the percentages, that will cost nothing. Then do a sunset in the future at the two-year mark. I think you will get everybody to go for it. If it says repeal the tax, it is not going to go any further than November, that's what I think," Harris said

"If you put it on the ballot in 2012 to sunset in 2014, and you set the percentages and in 2014 set a 10-year sunset, I would campaign for it. Flat out," Youngman said.

Harris continued in his discussion about how much progress the commission has made in just the few short months that the three new members (Don Elwell, Jack Richie and Harris) have been on the board.

"We were told that it would take two to four years to come up to speed on the how the county works. I think that everyone on that board has done a great job on getting on top of the learning curve. We study and look at everything we can and we are

all out there in the departments asking questions and working to understand what everyone does," Harris said.

Voters in the audience agreed with Harris.

"I would say that you probably did not cut the budget as much as I would have liked to see, but I do think you have made some good headway," said Michael Berry, a Libertarian.

Harris and Youngman both encouraged more discussion on all aspects of county government by the end of the meeting.

"This is good. We need this. Keep it up," Harris told the group.

COMMUNITY BRIEFS

Cox to speak to Tea Party

SEBRING — Superintendent of Schools Wally Cox will be the guest speaker when the Highlands Tea Party meets at 6 p.m. on Tuesday at Homer's Restaurant, 1000 Sebring Square, in Sebring. The buffet opens at 5:30 p.m.

This is your chance to find out what is happening in our schools, and why our high schools have a "D" rating.

Tea Party Folks may purchase dinner at either 5:30 p.m. for \$8.69 or at 7 p.m. for \$5.99

Because members normally attend the County Commissioners meetings on the fourth Tuesday each month, but were unable to book Cox on any another date, members are asked that, immediately following his presentation, they go to the important budget meeting, which starts at 6 p.m. at 600 S. Commerce Ave.

For information regarding the HCBCC meeting scheduled for Tuesday, please contact Don Elwell at: delwell@hcbcc.com or 381-5622.

Touch a Truck/Plane set Nov. 19

SEBRING — Mark your calendars for Touch a Truck/Touch a Plane sponsored by the Rotary Club of Sebring and EAA to be held Saturday, Nov. 19 at the Sebring Airport.

Proceeds go to the Champion for Children Foundation and Scholarships provided by EAA. For further details call 385-3829.

NARFE final summer meeting is Tuesday

SEBRING — The final summer meeting of NARFE Chapter 288 of Highlands County will be at 1 p.m. on Tuesday at Homer's Buffet in Sebring Square for lunch.

This will be an informal meeting and all current, retired federal employees (and spouses) are invited to attend.

Last chance to join trip

AVON PARK — VFW Post 9853 Avon Park is hosting getaway to Biloxi at the Beau Rivage from Aug. 30 to Sept. 2. Four days, three nights costs \$210 per person, double occupancy, which includes transportation, hotel, free play and two breakfast meals, water and snacks.

The trip is hosted by Rita Dawson, Life Auxiliary member to VFW Post 9853. Call her at 452-5647. Reservations are limited, call as soon as possible.

Quilting classes set for Co-op

LAKE PLACID — The Caladium Arts and Crafts Cooperative announces a three-session quilting class from 1-4 p.m. on Tuesdays beginning Sept. 6.

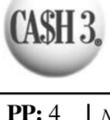
The project, which is a wall hanging, is taught by long time Co-op member Mary Gebhart. Supplies needed are a rotary cutter, a quilt ruler, a sewing

Continued on page 5A



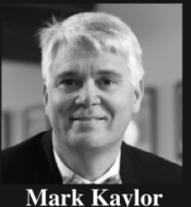
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	Aug. 19 4 11 15 21 22 Aug. 18 5 6 8 23 32 Aug. 17 5 11 19 23 26 Aug. 16 15 16 18 22 36		Aug. 19 (n) 7 9 9 7 Aug. 19 (d) 2 3 9 5 Aug. 18 (n) 2 4 8 2 Aug. 18 (d) 6 2 1 2
	Aug. 19 2 33 36 37 1 Aug. 16 5 8 30 44 16 Aug. 12 10 12 15 28 1 Aug. 9 8 32 36 37 15		Aug. 19 (n) 9 1 0 Aug. 19 (d) 0 8 7 Aug. 18 (n) 8 5 2 Aug. 18 (d) 9 6 8
	Aug. 17 18 28 31 48 52 PB: 37 PP: 4 <i>Next jackpot \$37 million</i> Aug. 13 9 12 35 50 58 PB: 4 PP: 2 Aug. 10 11 18 36 41 46 PB: 38 PP: 4	<i>Note: Cash 3 and Play 4 drawings are twice per day; (d) is the daytime drawing, (n) is the nighttime drawing. PB: Power Ball PP: Power Play</i>	

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Mark Kaylor



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Deadlines for subscription changes are noon on Tuesday for the Wednesday edition, noon on Thursday for the Friday edition, and noon on Friday for the Sunday edition. Changes received after the times stated will be processed on the following publication date.

Romona Washington — Publisher and Executive Editor
863-385-6155, ext. 515

Continued on page 5A

POLICE BLOTTER

The News-Sun would like to remind the readers that the names listed below reflect those who have been charged with a crime, but they are all innocent until proven guilty by a court of law. If anyone listed here is acquitted or has charges dropped, they can bring in proof of such decision or mail a copy to the paper and the News-Sun will be happy to report that information. The News-Sun is at 2227 U.S. 27 South, Sebring, FL 33870.

The following people were booked into the Highlands County Jail on Thursday, Aug. 18:

◆ Eduardo Dominguez Atilano, 25, of West Palm Beach, was charged with operating a motor vehicle without a valid license.

◆ Katlyn Lane Cheatham, 20, of Florida, was charged with two counts of violation of probation reference DUI and hit and run.

◆ Joshua S. Cromer, 30, of Sebring, was charged with dealing in stolen property and grand theft of a firearm.

◆ Earl James Downs, 27, of Sebring, was charged with homicide, and five counts of

failure to appear reference resisting an officer without violence, tampering/fabricating physical evidence, possession of cocaine, battery on a law enforcement officer/firefighter and drug paraphernalia.

◆ Luz Eneida Garcia, 18, of Sebring, was charged with petit theft.

◆ Jade Anne Keefer, 22, of Roselle, N.J., was charged with criminal mischief.

◆ Rigoberto Luis Luis, 35, of Sebring, was charged with driving with a suspended/revoked license.

◆ Justin James Mintz, 29, of Hollywood, was charged with grand theft, burglary of an unoccupied dwelling and crimes against a person/guest fail to leave after request.

◆ Comdelario Pu Santos, 40, of Lake Placid, was charged with violation of a municipal ordinance.

◆ Francis Edgardo Ramirez, 23, of Avon Park, was charged with violation of a municipal ordinance.

◆ Eddie Jesus Ramos, 31, of Avon Park, was charged with battery.

◆ Nathaniel Pete Sholtz, 46, of Lake Placid, was charged



News-Sun photo by SAMANTHA GHOLAR

Florida Hospital CEO Tim Cook (from left) along with philanthropists Bill and Lisa Jarrett gather for the unveiling of the Jarrett Family Blessed Beginnings Birthing Center Thursday evening. The Jarretts young grandsons, Jayden and Jordan Vincent, share the spotlight with their grandparents.

Blessed Beginning Birth Center unveiled at Florida Hospital

Continued from page 1A

on the new center “some of you tonight will seriously consider one more (child).”

Jan Morton, Florida Hospital nurse manager of women’s and children services, spoke briefly following Cook’s welcome.

“I’ve worked in OB/GYN for 34 years and I have never experienced a gift to OB of this magnitude. (The money) always goes to cardiology,” Morton joked. “(The Jarretts) are leaving a legacy forever in this community.”

The Blessed Beginnings Birthing Center employs 20 nurses and two board certified lactation consultants. The center has been in use for a little over a week and a handful of babies have already been delivered, including the Jetton twins.

The center features state of the art nursery equipment,

including new beds and the newest Billy blanket, which assist newborns who suffer from jaundice. Each post-partum room is equipped with flat-screen televisions and the latest beds for mothers, making the delivery process as comfortable as possible for both mommies and nurses.

Even dads-to-be were given something at Blessed Beginnings. The “dad pad” is a home-away-from-home area where fathers can keep themselves busy while still supporting moms after delivery. The WiFi enabled, comfy areas will be featured in each post-partum room.

The rooms and hallways are filled with scriptures and inspirational quotes and are an added touch to the serenity of the center. Photos of the Jarrett’s young grandsons, Jordan and Jayden Vincent, line much of the

hallways of the center.

Florida Hospital has been in the care business for decades. The OB department assisted in 19,719 births between 1989 and 2010. Morton stated that last month alone the staff welcomed 86 newborns.

“It’s the highest number we’ve had in a long time and we were going through construction at that time,” Morton said.

Cook, Morton, and the entire staff at Florida Hospital hope that the birthing center will allow mothers-to-be added comfort in the birthing process.

“The Jarrett’s epitomize the word philanthropy. This is a new legacy; where community and hospital work together to guarantee that families will receive the love and care they need and deserve,” Cook said.

Scott orders investigation into deletion of emails

By GARY FINEOUT

Associated Press

TALLAHASSEE — Gov. Rick Scott on Friday ordered an investigation into the deletion of emails written by the governor and some members of his transition team.

The emails were written before Scott took office in January but after he was elected. They were lost when the private company handling email for Scott’s transition office shut down the accounts. The deletion of the emails could be a possible violation of law.

Christopher Kise, a Tallahassee attorney who worked on Scott’s transition team, said that many of the emails — including those written by Scott and senior staff— have been recovered by obtaining them from personal email accounts. But he acknowledged that there is no way to know for sure if all emails have been found.

“I would say we recovered 99 percent of them, virtually everyone,” Kise said. “Can I say we have 100 percent? No.”

Scott sent a letter to the Florida Department of Law Enforcement requesting that authorities “thoroughly investigate”

why the email accounts were closed and whether or not any of the emails can be recovered.

Barbara Petersen, president of the First Amendment Foundation, said that by admitting that a record was destroyed “they are basically admitting to a violation of the law.”

“This is an unintentional violation, but it’s a violation nonetheless,” Petersen said.

The deletion of the emails was first reported by the *Miami Herald* and *St. Petersburg Times*.

Florida has long had a strong public records law that spells out how long government records have to be retained. Petersen said that the law, however, does distinguish between whether someone has destroyed records on purpose. Someone who does not intend to break the law is subject to a fine up to \$500.

Petersen, added, however that “maybe the remedy is for someone to say ‘It was my responsibility and I screwed up.’”

Scott stopped using email once he became governor.

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EDITORIAL & OPINION

TODAY'S EDITORIAL

Putting your money where your mouth is

With students back in school Monday, The School Board of Highlands County is still going over its budget — the cutting ax long since replaced with an Exacto blade.

At Tuesday's budget workshop, Becky Fleck, deputy superintendent for curriculum, presented additional possible cuts in her departments.

Fleck sternly emphasized she did not recommend any of these suggestions, but that the programs could be considered non-essential. They include:

— The \$500 allotted for transporting students to the County Career Fair.

— The \$4,000 allotted for student transportation for field trips to Mote Marine in Sarasota and scholarships for students who couldn't otherwise go

— Another \$1,000 allotted for the honor band's sheet music and \$3,600 more by cutting out the money allotted for the honor band's transportation and \$2,000 more by cutting the honor band conductor altogether.

— The district can save \$5,000 by cutting the stipends it currently offers teachers to facilitate their training.

— A few hundred dollars by discontinuing the custom

of awarding small trophies to students who do well on the Florida Comprehensive Assessment Tests.

We don't know about you, but we find these choices ridiculously short-sighted and hope the school board rejects every one of them.

But of course, we always have to come back to the money.

If the goal is to maintain the millage, or lower it, the school board will have to place the bottom line first and the children's education second.

So if we are truly committed to giving our children the best possible start in life, another way has to be found to raise the revenues needed.

Where can the district get the money to keep things like the honor band program going? We suppose parents could be asked to pony up cash — like the parents of students in athletics do — and pay for the honor band themselves. We could have more car washes and bake sales and

district administrators could sell scented candles door to door.

Fortunately, we have a better, fairer idea, and while it would be a drop in the bucket, it is one that would show true commitment to our children and set an example for the adults.

Every member of The School Board of Highlands County has a full-time job in addition to their board member salary, all except for Ronnie Jackson, who is retired.

The point is, there isn't a current member who needs their salary to pay the light bill or the mortgage.

If each member returned at least \$20,000 of their \$30,697 salary to the budget, that would be a total of \$100,000, more if Superintendent Wally Cox contributes a portion of his large salary.

That pot of money could be used to spare the curriculum department those suggested cuts. Not only would the honor band play on, compete in festivals, and perform concerts at home, but the district would continue to expose students to a variety of career possibilities, the neediest of students would continue to have broadening experiences, the district would continue to

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Technology advances

Last week I talked about how handwriting may be swiftly slipping into our past with the advent of computers, texting, and other modern-day conveniences. This week an article has made me think about just how much technology has become a part of our everyday lives.

At <http://journalterrorist.com/2011/08/02/paperball2/>, someone reported on the experiences of some journalism students at Florida Atlantic University. The kids were given an unusual task: publish the last summer issue of the campus newspaper — using pre-computer technology.

You read that correctly. The students were reduced to typing up their stories on manual typewriters — does anyone remember those? In fact, some of them freaked out about doing so when they discovered the typewriters had no numeral "1" on them. (For those who have never used a manual typewriter, the trick was to use a lower case "L" for the number one).

Think about it. Cutting and pasting was literally cutting out stuff and pasting it on to paper using rubber cement. Instead of digital pictures, someone set up a darkroom in a little-used men's room and developed film. Odd terms that non-newspaper people would find incomprehensible were tossed around, such as proportion wheel and headline counting.

The kids succeeded in getting the issue out, and it appears they learned a lot of healthy respect for how things were done in "the old days."

That makes me smile a little sadly, because to me the old days don't seem all that long ago.

I can remember when calculators first came out. They were impressive. And terribly expensive. Instead of getting one, I learned how to drive my father's old slide rule. It beat having to do the calculations on paper.

I remember carrying around a datebook that held my schedule and my address book. These days that information is located on my computer and my

Laura's Look

Laura Ware

cell phone, which I never leave home without.

In fact, I often not only have my cell phone on me, but also my iPod, which holds my music, videos, some games, and a Bible program, among other things. There's also my Kindle, which I once said I would never buy and now wonder what I'd do without (all those who gave me a hard time about the Kindle may now laugh at me).

But at least I understand all this technology. I recently got a new phone, a Droid. It didn't take long before I was merrily adding apps to it and personalizing the thing to make it my own. I'm even starting to like it better than my beloved Blackberry, which started dying on me recently, hence necessitating the upgrade.

Don, however, is a different story.

We got my Droid in a deal that allowed Don to get one too. You have to understand that for Don, a cell phone has one basic function: to act as a phone. He had an older basic cell phone for years and only decided to give it up because a smart phone had things he needed for work and life.

There was a definite learning curve when it came to the phone. I had to show him how to answer the thing, since he couldn't simply flip it open like his old phone. I also had to add apps for him that he would like, and still get questions about how to do this or that on his phone.

But he's learning. That's the important thing. He'll be ready for the next upgrade years from now, when our phones will be grafted onto our brains and we will make calls using the power of our minds. Until then, if you can't reach Don, call me and I'll give him a message.

Laura Ware is a Sebring resident. She can be contacted by e-mail at bookwormlady@embarqmail.com



TODAY'S LETTERS

Home-grown terror

Editor:
America's greatest terrorist threat is home-grown. They are sitting in our halls of Congress and in our living rooms. They are selling a bill of goods to the American people that America needs the illegal workforce and the illegal voting block. That America needs to allow American manufacturers to outsource our jobs and then allow them to dump those manufactured goods on the American consumer, destroying the American worker and our whole system of government. The American Dream of home ownership and the right to our Constitution where "every" American is free and equal. "Every" American who promotes, in any way, an illegal by allowing housing, schooling, working, using our social programs is a terrorist and is promoting social unrest, which is sure to follow.

The American people are finally waking up to the fact that they have been scammed by their incumbent politicians, both parties, in all levels of government.

The American people must demand term limits for "all" public officials, before the people turn to civil unrest to correct our problems. The riots around the world should be a wake up call.

The brainwashing job that the incumbent politicians have done on the American working class is over.

Those who have lost their life savings for retirement and are now looking at the attack on all of our social programs are getting close to violence.

I would ask that those in government correct it's unfair trade, which affects every American, before we have violence.

Let the laws of our nation work on anti-dumping, an illegal workforce, the illegal immigration that have been ignored for too many years.

Amnesty to reward the illegals is not acceptable and will create violence.

Billie E. Jewett
Sebring

Maybe it's time for a fresh start

Editor:
I am a 91-year-old veteran of World War II, which is the last war the United States won. Not Korea; we still maintain troops there and have since the truce with North Korea. Not Vietnam. We had a nation of sniveling cowards running off to Canada or protesting on our college campuses and in the streets of our cities. Not Afghanistan. Russia quit there after five years without winning. The United States (has) been there 10 and counting and are quitting without winning. We are either more persistent or more stupid than Russia.

The United States has lost its pride, its dignity and its morality. Now it is ruled by all minorities fighting either for control or largesse and our government and our country are both broke, financially and morally.

I am a naturalist. I do not believe there is a supreme deity who will take care of all our problems but there is a natural sequence to do the job. The very nature of man is aggressive and war is our history and has been from the beginning of history. It will ever be.

What is the world of today? Conflict in every corner. Those who fail to study history are bound to repeat it and who studies history. Students today

don't go back farther than the last generation. Let it come and cleanse the world every century or less. A fresh start and a new beginning. Maybe it is time.

Lewis Predmore
Avon Park

Bouquet Many helped New Teacher Orientation

Editor:
We would like to thank the Community Business Partners for their support of the school district's New Teacher Orientation (NTO) held at Hill-Gustat Middle School (HGMS) on Aug. 10.

We are also grateful to the HGMS staff for their cooperative efforts in making NTO a success. The donations provided were a great way to welcome our new teachers and they were appreciated by everyone in attendance. A special thank you goes to MidFlorida Credit Union for calling to offer their support to our new teachers by sponsoring the continental breakfast.

A big thank you goes out to: Sebring International Raceway, Blueberry Patch, VALIC Financial Advisors, Happy Owl, MidFlorida Credit Union, Back in Touch Wellness Spa, Home & Office Essentials, Waldron Chiropractic Health Center, Residence Inn by Marriott, South Florida Community College, Steve & Co., JD Financial Solutions and HESS of Wauchula.

Hivanne Waldron
Director of Human Resources,
Recruitment and Professional
Development for Highlands County
Schools, and Staff



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Make sure to sign your letter and include your address and phone number. Anonymous letters will be automatically rejected. Please keep your letters to a maximum of 400 words.

Send your letter to 2227 U.S. 27 South, Sebring, FL 33870; drop it off at the same address; fax 385-1954; or e-mail editor@newssun.com.

Letters are limited to two per month and a guest column can be submitted once every three months. Opinions expressed in letters or columns are solely the opinion of that author and not necessarily the opinion of the staff or editors of the News-Sun.



Courtesy photo

Adventure Environmental crews dredge one of two canals in the Istokpoga Shores area.

Dredging of Istokpoga canals continues

Special to the News-Sun

LORIDA — The crew from Adventure Environmental is currently dredging two canals in the Istokpoga Shores area. The canals between Cypress Point and Wild Duck Point and the short canal between Heron Drive and Club Lane should be completed by sometime next week. After that, they plan to move to Trails End and Doty's Mobile Home Park, where they hope to be finished by early September.

Val Zdravkov, senior design engineer of Hole Montes, the project's engineer, stated that the work that they are doing in this area is moving along fairly

quickly.

"These are shorter canals and the transportation to the dump sites is much easier and faster because we don't have to spread it now," contractor Mark Calaruso said. "These canals have more water depth; they are deeper so we are moving along much quicker here. Also, I don't have to pull out stuck vehicles constantly due to wet dump sites and that is helping us move along more rapidly."

The Istokpoga Canals Maintenance Dredging Project is a Highlands County project and it includes 19 canals to be dredged. The process should improve navigational access

and attempt to remove phosphorus laden sediment from these areas. Thanks to a partnership between The Highlands County Board of County Commissioners, the South Florida Water Management District, and the Department of Environmental Protection the project is now helping many residents access to Lake Istokpoga.

For questions and more information about the project, contact Clell Ford or Corine Burgess at 402-6545 or email Clell at cford@hcbcc.org and Corine at cburgess@hcbcc.org.

POLICE BLOTTER

Continued from page 2A

with possession of cocaine, resisting an officer without violence, possession and or use of drug equipment, and violation of probation reference possession of cocaine.

◆ Alfred Guy Snow, 56, of Sebring, was charged with larceny.

◆ Trey Damarcus Taver, 18, of Avon Park, was charged with trespassing.

◆ Manuel Tojin Joj, 29, of Lake Placid, was charged with violation of a municipal ordinance.

◆ Angel Tum Us, 29, of Lake Placid, was charged with violation of a municipal ordinance.

◆ Robert Owen Whitaker, 29, of Lake Placid, was charged with dealing in stolen property and petit theft.

The following people were booked into the Highlands County Jail on Wednesday, Aug. 17:

◆ Nicole Carmella Bellibovi, 24, of Lantana, was charged for possession of controlled substance without a prescription; and possession of drug equipment and/or use.

◆ Marvin E. Figueroa, 25, of Lantana, was charged for possession of drug equipment and/or use; possession of marijuana, not more than 20 grams; and driving while license suspended, first offense.

◆ Aaron Lavon Fisher, 44, of Lakeland, was charged with possession of drug equipment and/or use.

◆ Jarrett Oliver Fisher, 35, of Sebring, was charged with larceny or grand theft.

◆ Marsha Lynn Gordon, 48, of Frostproof, was charged for grand theft; and fraudulent use of personal identification.

◆ Sammy Lee Loyd, 24, of Avon Park, was sentenced to 30 days for resisting officer, obstruction without violence.

◆ Elisha Katoya McFarlane, 23, of Avon Park, was sentenced to 30 days for larceny, petit theft, second degree, first offense.

◆ Rontrell Travon Strickland, 18, of Lake Placid, was charged for robbery with firearm.

◆ Elizabeth Limardo Torres, 20, of Avon Park, was charged for aggravated assault with deadly weapon without intent to kill; and domestic violence or battery, touch or strike.

◆ Jillian Elizabeth Tubbs, 21, of Sebring, was charged for aggravated assault with deadly weapon.

◆ Ann Porter White, 34, of Lake Placid, was sentenced to 210 days for larceny, petit theft, second degree, second offense.

◆ Keith Eric Wilmot, 39, of Sebring, was sentenced to 10 days for contempt of court, violating injunction protection against domestic violence.

COMMUNITY BRIEFS

Continued from page 2A

machine and fabric. A list of fabric needed is available at the Co-op or on the website in the class section. The cost of the class is \$13 for members and \$14 for non-members.

The Caladium Cooperative is located at 132 E. Interlake Blvd. in Lake Placid. Call 699-5940 or visit the website www.caladiumarts.org for further information.

Orchid Society meets Monday

SEBRING — The Orchid Society of Highlands County will hold its monthly meeting at 7 p.m. Monday. The meetings are held at the Bert J. Harris Jr. Agricultural Center, 4509 George Blvd. This month the speaker will be Segundo Cuesta, owner of Quest Orchids in Miami. His program will be on controlling pests and diseases in your orchid collection and culture tips for growing cattleya orchids.

Segundo will have orchid plants for sale.

Guests are always wel-

come and participants do not have to be knowledgeable of orchids to attend. For additional information, call 465-2830 or e-mail oshc9@aol.com or go to the website <http://orchidsocietyhighlands.org/>.

Events at local lodges, posts

AVON PARK
The Combat Veterans Memorial VFW Post 9853 in Avon Park will have NASCAR on the screen at 1 p.m. today.

LAKE PLACID
The American Legion

Placid Post 25 in Lake Placid will have music with Gary and Shirley today. Call for time.

The Lake Placid Moose Lodge 2374 will host music with Fireman from 3-6 p.m. today. For more information, call 465-0131.

SEBRING

The Veterans of Foreign Wars Post 4300 will have karaoke with Bil-Di from 5-8 p.m. today. Dr. Olga Luepschen, podiatrist, will be at the post at 6 p.m. for an informative gathering. Music with Frank "E" from 5-8 p.m. Tuesday.

3 dead, 1 missing in Pittsburgh flash flooding

By KEVIN BEGOS

Associated Press

PITTSBURGH — Flash floods submerged more than a dozen vehicles in Pittsburgh, killed a woman and two children, left another woman missing and presumed dead and forced people to swim to safety or scramble onto the roofs of their cars.

A pair of storms pounded the city Friday, overwhelming the drainage system and causing manhole covers to pop off the road, officials said. Water rose to 9 feet in some places along Washington Boulevard, a main road that runs near the Allegheny River.

Rescue crews used inflatable boats to reach marooned drivers, though some swam to safety on their own. Rhodearland "Bob" Bailey of Penn Hills, who is about 80, was rescued from the roof of his car.

He said he heard a woman yelling for help but couldn't see anything because the water was coming down so fast, he told the Pittsburgh Tribune-Review.

"I've never seen nothing

like this in my life," he said. "Lord have mercy."

2.1 inches of rain fell in an hour during the evening rush, said Rihaan Gangat, a meteorologist for the National Weather Service. But an earlier storm meant the region was drenched by 3 to 4 inches of rain overall on Friday.

The low-lying area that flooded was apparently once a creek bed and "the watershed is huge for this," said Raymond DeMichie, deputy director of the city Office of Emergency Management.

The rainfall overwhelmed a pair of pipes 9 feet in diameter with a force powerful enough to blow off 60-pound manhole covers, he said.

"We had geysers here," he said.

Flooding is common there, but this was "a little bit more spectacular than usual."

"We had cars fully covered and we didn't know they were there," DeMichie said. One man appeared to be standing in waist-deep water, and it wasn't until crews reached him that they realized "he was standing on his SUV," he said.

The three victims, identi-

fied by the medical examiner as 45-year-old Kimberly Griffith of Plum, 12-year-old Brenna Griffith and 8-year-old Mikaela Griffith, were unable to escape their vehicle, which was submerged and pinned to a tree, Pittsburgh public safety director Michael Huss said at a news conference.

Rescuers intent on rescuing a man from a tree floated over the car without knowing it was below.

"The bottom of the boat didn't even scrape against the top of the car," DeMichie said.

A fourth person, a 70-year-old woman, was missing and presumed dead, police Chief Nate Harper said. Crews were continuing to look for her Saturday, DeMichie said.

Harper said 18 vehicles were stranded in the high water and 11 people were rescued. One woman required hospital treatment.

People were clinging to trees, poles and car roofs, KDKA-TV reported. One woman tried to scramble to the roof of her car but the water was moving so fast, she was dragged along in it.

OBITUARIES

SCOTT KOCH

Scott Duncan Koch, 27, passed away Aug. 17, 2011. He was born Jan. 27, 1984. He was a student at Polk State University.

Scott is survived by his fiancée, Molly Gossett of Sebring; mother and stepfather, Susan and Sherwood

Wells of Avon Park; father, Roy Koch of Cocoa; grandmothers, Irene Duncan of Avon Park

and Louise Dennis of Jupiter; sister and brother-in-law, Charlotte and Jay Deskins of Orlando; and niece and nephew, Emily and Hayden Deskins of Orlando.

A memorial service will be held Saturday, Aug. 20, 2011 at 11 a.m. in the Atonement Lutheran Church, 1178 Lakeview Drive, Sebring, Fla. 33870 with Rev. Eugene Fernsler officiating. A reception will follow in the Atonement Lutheran Church Fellowship Hall.

Stephenson-Nelson Funeral Home
Avon Park, Florida
33825
stephensonnelsonfh.com

ADELAIDE THOMSEN

Adelaide W. Thomsen, age 90, of Lake Placid, Fla., formerly of New Paltz, N.Y., passed away on Sunday, Aug. 14, 2011 at Balmoral

Assisted Living in Lake Placid, Fla. She was born on May, 1, 1921 in Queens, N.Y., to the late William and Amelia (Struning) Werling. She graduated from Jamaica High School in Queens and on Oct. 10, 1942 married the late Harold E. Thomsen Jr., to whom she was married for 56 years until his death in 1998.

In 1981 she retired from being the secretary for the Town on New Paltz building inspector. Upon moving to Lake Placid, Fla., she and Harold became active in the Covered Bridge Homeowners' Association, Highlands Little Theater, and the Florida Hospital Lake Placid Auxillary where she served for more than 25 years. She was also a member of the Lake Placid Woman's Club and Trinity Lutheran Church and its LWML.

She is survived by two

daughters, Marion (Paul) Cook and Valerie (Jon) Simonson of New Paltz, N.Y.; and two sons, John (Jean) Thomsen III of Lake Placid, Fla. and Garry (Dawn) of New Paltz, N.Y. She was also blessed with 10 grandchildren and eight great-grandchildren.

Memorial services will be at Trinity Lutheran Church on Tuesday, Aug. 23 at 2 p.m. with the Reverend Richard Norris officiating.

Donations may be made to Trinity Lutheran Church, 25 Lakeview St., Lake Placid, FL 33852 or Hope Hospice, 4840 Sun 'N Lake Blvd, Sebring, FL 33872. Words of comfort to the family can be made by visiting www.scottfuneralservices.com.

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The City of Sebring is a Fair Housing Advocate as explained in the City of Sebring's Fair Housing Ordinance #750, which outlines steps that can be taken locally to report housing discrimination.

A copy of this ordinance can be obtained at the Sebring City Hall in addition information on Fair Housing and Fair Housing Law can be obtained by contacting the Housing Discrimination Hotline at, 1-800-669-9777 (Voice) 1-800-927-9275 (TTY) or on the world wide web at <http://www.hud.gov/offices/ftheo/index.cfm>

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2011 Hardee Preview Show set for Dec. 9-10

Special to the News-Sun
WAUCHULA — Cattle show enthusiasts across the state of Florida won't want to miss the 2011 Hardee Preview Show Dec. 9-10 in Wauchula.

This event, sponsored by Peace River Electric Cooperative, is a family-friendly opportunity for all ages. Starting with the free clinic on Friday, the show provides an excellent opportunity for cattle exhibitors to prepare for their local county and state fairs. The Friday and Saturday event, to be held at the Hardee Fairgrounds Cattlemen's Arena, features six divisions, including a steer division.

All of the top prizes are sponsored and 100 percent of entry fees are paid out to division and showmanship winners as prize money. The third annual show has grown to one of the most looked forward to shows in the State.

"The Cooperative is thrilled to host this event with the support of many businesses in the region and is very excited about the showmanship competition. In this show, participants will get to help their younger brother or sister exhibit their animal, while giving their parents pointers in Adult showmanship," said Nell McCauley, chief Marketing and Member Services officer for Peace River Electric. "Every participant in the show will receive a Hardee County Preview Show Shirt and will walk out of the ring with more experience and at least a ribbon."

In addition to the cattle show, a free dinner and grooming clinic will be offered on Friday night. A free breakfast is being offered on Saturday.

A wide range of divisions and classes are available:
 Division 1 (steers);

Division 2 (Brahman, brahman influence); Division 3 (French: Simmental, Gelbvieh, Charolais, Limousin); Division 4 (English: Angus, Hereford, Shorthorn); Division 5 (Maine, Maine influence, Chi influence, Limousin cross); and Division 6 (commercial heifers).

Divisions 2-5 are for pure-bred animals only. All others show in Division 6. Any pure-bred with 20 or more head will have their own breed show.

The entry deadline for cattle is Nov. 30. All late entries will be charged a \$10 per head late fee, if postmarked after Nov. 30. Late entries will be accepted at check-in, but must be paid in cash.

Find the Hardee County Preview show on Facebook or www.ruddshowsupply.com/.

Women found online business; celebrate being tall

By **CHRISTINE HAWES**
The Bradenton Herald

BRADENTON — Debbie McCord was walking through the grocery store when she noticed a 12-year-old girl who was more than 6 feet tall.

At 6-feet, 3-inches herself, McCord understood the youngster's sad and frustrated expression.

"She didn't say much but she did say, 'Sometimes it's tough being tall,'" said McCord, who remembers hitting 6-feet, 2-inches even before graduating from high school. "And I said, 'Sometimes it's a good thing to be tall. Everything has a reason in life.'"

For McCord, 45, one of those reasons is to

start her own business, a website named ilovemyheight.com that is devoted to T-shirts celebrating tall women.

It's a team effort that also involves McCord's 6-foot, 1-inch sister Kristen Carde, her 6-foot, 2-inch adult daughter Anna and her 5-foot, 11-inch teenage daughter Jessica.

The site touts specially-ordered T-shirts selling between \$16 and \$24 bearing 29 different slogans that range from the inspirational (Live, Laugh, Love Your Height) to the silly (I See Short People) to the snide (Text Me When Ur Taller).

"We're trying to give that inspiration to other young, tall women that it's OK to be tall," McCord says. "Love it, go with it, don't slouch over!"

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*Sarampilis, A., Kalluri, S., Edwards, B., Hafter, E. (2009, October). Objective measures of listening effort: Effects of background noise and noise reduction. *Journal of Speech, Language, and Hearing Research*, 52, 1230-1240.



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Council expected to make city manager decision this week

Continued from page 1A

contract negotiations, creating a public director, chain of command, quelling turmoil within the city, workplace relations and communication.

Mayor Sharon Schuler extended opportunities for additional questions from citizens and the press.

Lillie Latimore, a mature woman with a calm demeanor, was the first to be interviewed. She took her time composing her thoughts before speaking, then presented full answers.

Latimore said she was interested in Avon Park because, among other things, she was experienced in small city management, having led the city of Pahokee. She said her additional experience in investment banking was another asset, and that she had managed large projects — like building a municipal marina using funding from all levels of government.

She was very proud, she said, of bringing government access television to Pahokee, and the surrounding area, with minimum funds.

In terms of her approach, Latimore described herself as a collaborator and consensus builder. “I have not had a



News-Sun photos by CHRISTOPHER TUFFLEY
Julian Deleon, director of utilities and public works for Avon Park, is currently serving as interim city manager. He is one of the three finalists for the position interviewed by the city council Friday.



Ken Fields, one of the three finalists for the Avon Park city manager position, faces the city council Friday afternoon. Fields has extensive large and small city management experience, especially regarding municipal budgets and contract negotiations.



Lillie Latimore, a candidate for Avon Park city manager, answers questions from the city council Friday morning. As manager of Pahokee, Latimore led the successful effort to build a municipal marina, and brought government assess television to the city.

conflict I could not resolve,” she said. She also said the manager’s function was to enact city council policy. As the elected representatives of the taxpayers, the council was the “boss”.

Ken Fields exuded confidence and energy, leaning forward in his seat, speaking forcefully, but with a diplomatic finesse.

Fields has an extensive background, including working at director and high management levels for the cities of Pittsburgh, Hollywood, Fla., the Village of Islamorada, the Seminole

Tribes and Carnegie-Mellon University. He also worked as a consultant for an accounting firm in Washington D. C., helping municipalities across the country with budget issues.

When asked what he considered his biggest success, Fields was proud that when he has left a position, “I’ve been replaced by someone I’ve hired and trained. Picking staff and growing them in their jobs shows real success and I take pride in that.”

In most areas, Latimore and Fields held similar

views. Both support annexation, Latimore warning against over reaching and a hodge-podge approach.

Both believe communication, among staff and council; city government and citizen to be critically important.

Both said they preferred a hands-off leadership style, but would be immediately available in the event of trou-

ble within a department. Both felt that, along with the council, city officials should make an effort to reach out to the business community and residents. Both felt their first priority would be to get a grasp of the particular challenges facing Avon Park, and getting to know the staff. They each wanted to do this quickly and get right to work.

Deleon, partly because the council is familiar with him, was not asked as many questions as Latimore and Fields. They were asked about public housing, rewriting the city charter, management style and conflict resolution, where Deleon was not.

At one point council member Parke Sutherland said, “I didn’t feel the necessity to interview you. I don’t have any other questions.” Most of Deleon’s time was spent reviewing his accomplishments as director of public works and interim city manager.

He stated that his two top priorities for the city were to

“stabilize revenues and curtail expenditures.” He wasn’t asked to be more specific.

When asked about inter-local agreements and relations, Deleon said they were of critical importance — as did Latimore and Fields.

As an example of good relations, Deleon said Avon Park had recently needed to borrow a sanitation truck from Sebring due to a mechanical emergency. Sebring had been happy to oblige, he said, saving Avon Park hundreds, if not thousands of dollars.

“How would you further enhance relations?” Schuler asked.

“They are already enhanced,” Deleon replied.

The city council did not ask any candidate what they knew about Government-in-the-Sunshine Laws.

Nobody, including Deleon, was familiar with the city charter.

None of the candidates have any experience in airport management.

Fire assessment re-do set for Monday in Sebring

Continued from page 1A

the unexpected tie.

Because of the tie vote, the proposal died and the council inadvertently dismissed the fire assessment.

“This presents some complexity because we’ve adopted a millage rate of 5.25 now. We don’t have an offset for it,” Noethlich said Tuesday.

Monday’s special meeting will essentially re-do the entire assessment process.

If the proposed fire assessment is not accepted at the 7

percent rate, then finance director Mike Eastman will have to prepare a new proposal.

“Monday, the council members will hear the preliminary rate resolution again. If (council members) feel good about it on Monday then the 7 percent will stay in place. Mike (Eastman) won’t have to do anything,” Noethlich said.

The 7 percent rate is equal to \$189,350, and no fire assessment would leave those

revenue dollars needing to be replaced, according to Noethlich. The proposed millage rate of 5.25 can not be raised again, but it can be lowered as budget meetings continue.

“If the council moves forward with the 7 percent then the final rate must be heard again. There must be a public hearing. The hearing will indicate what the rate will be. The fire assessment will then be in place on Sept. 14,” Noethlich said.



News-Sun photo by KATARA SIMMONS
Kaley Dutton is a student at Cracker Trail Elementary. Kaley and her ‘pappy’ shopped around for school supplies Saturday morning.

Back to school on Monday

Continued from page 1A

Students and parents were able to take care of each of these things before they left the school that evening.

“We have three after-school instructors here at the KLC. Parents can choose to leave their kids here or they can be bused to one of three elementary schools,” Judy Goodwin said.

Ten schools around the county geared up Thursday night for the upcoming year beginning tomorrow with each of the schools’ orientation.

Hill-Gustat Principal Chris Doty described the last few days of summer as “slammed” just before heading to Hill-Gustat’s orientation Thursday evening.

Most of the middle and elementary schools faculty were in meetings all day Friday, most only breaking for lunch making the administrators fairly difficult to reach.

Doty and the Hill-Gustat staff continued preparing for the school year well into the afternoon on Friday.

“They’re heading back into evaluations. They just had lunch; he won’t be available until after 3 p.m.,” said a Hill-Gustat office assistant of Doty.

That was the case for most schools on the last official day of summer. It seems that schools are preparing teachers and staff for the first day tomorrow.

Of course, parents and students were doing all they can themselves to get ready



Yazlini Lopez will be entering fourth grade at Lake Placid Elementary. She her younger sister, Yareni an upcoming third grader, and her mother Silvia shopped for backpacks Saturday morning in Sebring just in time for the first day of school tomorrow.

for the first day of classes. Several families were shopping around for last minute school supplies, some were just starting.

Silvia Lopez and her two daughters, Yazlini and Yareni, spent their morning sorting through backpacks. The two girls will be entering fourth and third grades at Lake Placid Elementary School tomorrow.

“I’m ready for school to start,” Yazlini said. “I played outside most the summer, but I’m ready to go back.”

Another family, just a few aisles over, were digging through folders and binders for their soon-to-be sixth-grader Kaylee.

Parents Kari and Michael Bennett were helping their daughter choose what to purchase off of her school supply list.

“I’m going to sixth grade at Avon Park Middle School,” Bennett said.

Bennett seemed excited to be in her last days as an elementary student and is ready to take on middle school.

“I’m not nervous. I already have a lot of friends and I’m excited to see them,” Bennett said.

Kaylee’s parents admitted that they had waited until the last minute to do the school shopping for their daughter, but they seemed happy also for the upcoming school year.

“We got a few things last week, but we are finishing up today. We’re getting most everything else done today,” Kari said.

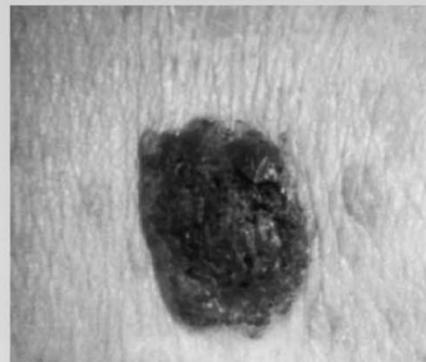
The aisles slowly began to fill with more customers looking for those last minute things to send their kids to school prepared tomorrow.

Students, parents, administrators and the entire community seem ready to take on another school year.



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BUSINESS

Local Servpro receives national honor

Special to the News-Sun

SEBRING — James and Diane Husbands, owners of Servpro Of Highlands and DeSoto counties, were honored during the Servpro 42nd Annual National Convention recently in St. Louis, MO., with the President's Gold award.

This recognition rewards franchisees for their outstanding revenue performance and/or service to the company.

"It is an honor to receive this recognition, and we hope it makes each of these individuals look back and appreciate the work they and their teams have put into their communities," said Sue Steen, chief executive officer of Servpro Industries, Inc.

Though rewarding success is an important aspect, the week-long convention focused on education, professional development and networking among the Servpro Systems' more than 1,500 franchise owners.

While at the company's convention, franchisees heard from renowned keynote speakers such as Victoria Labalme and Bob Garner. They also attended sessions with leaders in the insurance industry. The corporate office helped facilitate more than 50 workshops on topics ranging from developing industry trends to marketing to local communities.

"Servpro Industries, Inc. is proud of our franchise owners' accomplishments. They are the reason Servpro holds a leadership position in the marketplace," said Steen.

Starting Your Business seminar set Aug. 31

Special to the News-Sun

AVON PARK — Starting Your Business, a free seminar presented by the Small Business Development Center at USF, will be held on from 2-4:30 p.m. on Wednesday, Aug. 31, at South Florida Community College Corporate and Continuing Education Room T05.

It is designed for persons thinking of starting a small business or who have started a business and want to make sure they did it correctly.

Licenses, marketing, entity selection and business planning are among the items discussed. The seminar will be presented by David Noel, certified business analyst with the SBDC.

Seating is limited, so please call Noel at 863-784-7378 to reserve a seat in the seminar or for further information.



Courtesy photo

Buyers will be looking for all kinds of antiques at the local shows.

Premiere Estate Buyers in AP this week

Special to the News-Sun

AVON PARK — Have you ever wondered what those old silver coins in your coffee can were worth? When was the last time you even pulled out from your closet, basement or attic? Well, now is the time to begin your hunt, because Premiere Estate Buyers is coming to Avon Park in search of the most rare coins and antique collections in the world.

The event is set for 9 a.m. to 6 p.m. Tuesday through Friday and from 9 a.m. to 4 p.m. on Saturday at the Hotel Jacaranda, 19 E. Main St.

The PEB has recently uncovered some rare coins that might have been hiding in a closet or attic near you.

A 1894 Morgan silver dollar sold for a whopping \$6,200. A gold coin collection uncovered in a small Florida town sold for \$98,000. A penny was even recently sold for over \$300 at a show in Missouri.

During this event at the Hotel Jacaranda, experts are hoping to see items such as coins and paper currency issued prior to 1965 and gold items including class rings, mismatched earrings, broken necklaces, gold coins and bullion. Nearly all coins, vintage jewelry, bullion, Krugerrands and paper currency from the early 20th century and later are sought after by collectors.

Treasure Hunters Roadshow coming to Sebring Sept. 6-10

Special to the News-Sun

SEBRING — What treasures are stashed around Sebring? You can find out. The Treasure Hunters Roadshow is on a world-wide treasure hunt and will be digging in town for five days Sept. 6-10 at the Holiday Inn Express, 4400 U.S. 27 North.

During this free event, the Treasure Hunters are expecting to see more than 1,200 residents bringing in their rare and unusual collectibles. Locals will have a chance to talk to world-renowned antique and collectible experts, and it's all free.

Recent finds include a 1960's vintage guitar purchased for \$100,000, four gold coins were purchased for more than \$72,000, Confederate money hidden in the walls of a residence that was uncovered during a remodel, Abraham Lincoln hand-written thank you letter, expressing gratitude for a night's stay while traveling to Chicago, and much more.

During this event at the Holiday Inn Express, treasure hunters are hoping to see items such as coins and paper currency issued prior to 1965, toys, dolls, trains, vintage jewelry, old and modern musical instruments, war memorabilia, gold and silver jewelry, costume jewelry, advertising memorabilia, swords, knives, daggers, and the unusual.

Collectors are very serious about their hobby; so serious that they will pay a lot of money for the items they are looking for. Nearly all coins, vintage jewelry, musical instruments and toys made prior to 1965 are highly sought after by collectors. The Treasure Hunters Roadshow makes offers based on what our collectors are willing to pay. Then

when someone decides to sell, they get paid on the spot and our treasure hunters send the item to the collector at their expense.

Back-to-school budgeting tips

The days when you could send your kids off to the first day of school with a lunchbox and a hug are long gone.

Today's back-to-school preparations likely include filing out piles of pre-enrollment paperwork, lining up carpools and, of course, the dreaded shopping excursions for clothes and school supplies.

If you're new to this game or simply need a refresher course, here are a few suggestions that can help you save time, money and sanity:

Get organized. Keep a file with letters, emails and notes sent home from your kid's school for registration requirements, report cards, permission slips, required vaccinations, school policies, teacher and parent contact information, etc. See if the school has a website, online calendar or email list you can sign up for. Also, create a family master calendar.

Back-to-school shopping. By the time they've bought new clothes, classroom supplies and paid for extracurricular activities, many parents will end up spending several hundred dollars per child.

Unless you've been setting money aside all year, you'll need to determine what you can afford to spend on school-related expenses without blowing your overall budget.

Scoring bargains won't help your bottom line if you end up paying interest on unpaid balances.

Here are a few budgeting tips:

— Before you shop, make a comprehensive list for each child. Use previous years' expenses as a guide and compare notes with



Personal Finance

Jason Alderman

other parents.

— Be transparent with your kids about the budgeting process, including how much money is available to spend. Get them involved in prioritizing expenses between "must-haves" and "nice-to-haves."

— As an added inducement to save money, agree that if you come in under budget, you'll split the savings with them.

— Spread clothing purchases throughout the year so your kids don't outgrow everything at once.

— Although shopping online can save money, time and gas, don't forget shipping and return costs, which could undo any net savings.

— Review the school's dress code so you don't waste money on inappropriate clothing.

— Ask which school supplies you're expected to buy. Go in with other families to take advantage of volume discounts and sales.

— Find out how much extracurricular activities (athletics, music, art) cost. Account for uniforms, membership dues, private lessons, field trips, snacks, etc.

— Rent or buy used sporting equipment or musical instruments until you're sure they'll stick

with an activity.

— Factor in public transportation, school bus or car-pool expenses.

— Find out your school's policy on immunizations and see what's covered by your insurance — or which ones you can access free at health fairs or community clinics.

— Before buying new clothing or accessories, look for "gently used" items in the closets of your older kids, friends and neighbors, at garage sales, thrift and consignment stores and at online sites like Craig's List.

— Clip newspaper and online coupons. Many stores will match competitors' prices even if their own items aren't on sale. In addition, numerous consolidation websites post downloadable coupons and sale codes for online retailers, including CouponCabin.com, CouponCode.com, DailyDeals.com, DealCoupon.com and many more.

— Mobile shopping applications take online shopping to a whole new level by allowing in-store smartphone and mobile browser users to scan product barcodes and make on-the-spot price comparisons, read reviews, download coupons, buy products and more.

Bottom line: Plan ahead for back-to-school season and you'll save money, time and aggravation.

Jason Alderman directs Visa's financial education programs. twitter.com/PracticalMoney

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1 Luminette® Privacy Sheers or Modern Draperies	\$100	\$100 OFF each additional unit

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Highlands Regional

MEDICAL CENTER



Welcomes Greg P. Gooden, M.D. Cardiologist

Highlands Regional Medical Center is proud to announce the addition of Dr. Greg Gooden to our medical staff.

Dr. Gooden, while not new to our community, is new to our staff at Highlands Regional Medical Center and the Sebring Heart Center.

“The addition of Dr. Gooden to our staff is just another example of our commitment to redefine local healthcare in our community.” Said Robert G. Mahaffey, CEO, Highlands Regional Medical Center. “His reputation, years of experience and service to our community will be an asset to our already exemplary cardiac catheterization team.” Mahaffey added.

Dr. Gooden attended medical school at Virginia Commonwealth University School of Medicine and his Cardiovascular training was conducted at the University of New Mexico School of Medicine.

Dr. Gooden, is a board certified Cardiologist with 32 years of experience. He specializes in Cardiovascular Disease and Heart Catheterization.

New Location



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3 days \$14
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5 lines - 6 pubs \$17⁵⁰
(additional lines \$3 each)

REAL ESTATE EMPLOYMENT TRANSPORTATION
5 lines - 6 pubs \$31⁵⁰
6 lines - 14 pubs \$71

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- Index**
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- The publisher assumes no financial responsibility for errors or for omission of copy. Liability shall not exceed the cost of that portion of space occupied by such error.

Cancellations: When a cancellation is called in, a KILL number will be given to you. This number is very important and must be used if ad failed to cancel. All ads cancelled prior to scheduled expiration date will be billed for complete run unless a KILL number can be provided.

1000 Announcements

1050 Legals

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA PROBATE DIVISION FILE NO. PC 11-349 Division Probate

IN RE: ESTATE OF ANNA ECKERT Deceased.

NOTICE TO CREDITORS (Summary Administration) TO ALL PERSONS HAVING CLAIMS OR DEMANDS AGAINST THE ABOVE ESTATE:

You are hereby notified that an Order of Summary Administration has been entered in the estate of Anna Eckert, deceased, File Number PC 11-349, by the Circuit Court for HIGHLANDS County, Florida, Probate Division, the address of which is 590 S. Commerce Avenue, Sebring, Florida 33870; that the decedent's date of death was June 8, 2011; that the total value of the estate is \$31,143.95 and that the names and addresses of those to whom it has been assigned by such order are:

Name	Address
The Eckert Family Trust	c/o Rose Ann Clarke, Successor Trustee 4036 Mary Lynn Drive Canastota, NY 13032

ALL INTERESTED PERSONS ARE NOTIFIED THAT: All creditors of the estate of the decedent and persons having claims or demands against the estate of the decedent other than those for whom provision for full payment was made in the Order of Summary Administration must file their claims with this court WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE.

ALL CLAIMS AND DEMANDS NOT SO FILED WILL BE FOREVER BARRED. NOTWITHSTANDING ANY OTHER APPLICABLE TIME PERIOD, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is August 14, 2011.

Person Giving Notice: /s/ Rose Ann Clarke
4036 Mary Lynn Drive
Canastota, New York 13032

Attorney for Person Giving Notice: /s/ Ann Shaw
Ann Shaw
Attorney

Florida Bar Number: 195881
2706 Alternate 19, Suite 205
Palm Harbor, Florida 34683
Telephone: (727)772-0415
Fax: (727)787-8193
E-Mail: annshaw@annshaw.com

August 14, 21, 2011

Spring Lake Improvement District
Board of Supervisors Meeting and
Public Hearing

The Spring Lake Improvement District Board of Supervisors will conduct a Board meeting and Public Hearing on Thursday, September 1, 2011, 10:00 a.m. at the District Office, 115 Spring Lake Boulevard, Sebring, Florida, 33876, (863) 655-1715. The purpose of the public hearing is to review the District's intent to seek legislation before the 2012 Florida Legislature. The Board meeting scheduled for September 14, 2011 will now be held on September 1, following the above state public hearing. EACH PERSON WHO DECIDES TO APPEAL ANY DECISION MADE BY THE BOARD WITH RESPECT TO ANY MATTER CONSIDERED AT MEETINGS IS ADVISED THAT PERSON MAY NEED TO ENSURE THAT A VERBATIM RECORD OF THE PROCEEDINGS IS MADE, INCLUDING THE TESTIMONY AND EVIDENCE UPON WHICH SUCH APPEAL IS TO BE BASED.

Joe DeCervo
District Manager
August 21, 2011

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT FOR HIGHLANDS COUNTY, FLORIDA PROBATE DIVISION FILE NO. PC 11-340

IN RE: ESTATE OF LAVERNE V. PARISO, Deceased.

NOTICE TO CREDITORS The administration of the estate of LAVERNE V. PARISO, deceased, whose date of death was July 6, 2011, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 South Commerce Avenue, Sebring, Florida 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and persons having claims or demands against decedent's estate must file their claim with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

1050 Legals

CATION OF THIS NOTICE. ALL CLAIMS NOT SO FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIOD SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is August 14, 2011.

Personal Representative: /s/ Sheila King
1635 Thoreau Street
Titusville, FL 32780

Attorney for Personal Representative: CLIFFORD M. ABLES, III, P.A.
551 SOUTH COMMERCE AVE.
SEBRING, FL 33870
Telephone: (863) 385-0112
/s/ Clifford M. Ables III
FLORIDA BAR NO. 178379

August 14, 21, 2011

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA PROBATE DIVISION FILE NO. PC 11-289 Division Probate

IN RE: ESTATE OF ROGER LEE HUGHES, SR. Deceased.

NOTICE TO CREDITORS The administration of the estate of ROGER LEE HUGHES, SR., deceased, whose date of death was June 17, 2011, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is Clerk of the Court, Highlands County Courthouse, 430 South Commerce Avenue, Sebring, Florida 33870. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this notice is August 14, 2011.

Personal Representative: Roger Lee Hughes, Jr.
825 Williamsburg Drive
Titusville, Florida 32780

Attorney for Personal Representative: John K. McClure
Attorney for Roger Lee Hughes, Jr. Florida Bar Number: 286958
MCCLURE & LOBOZZO
211 S. Ridgewood Drive
Sebring, Florida 33870
Telephone: (863) 402-1888
Fax: (863) 402-0751
E-Mail: kelly@mllaw.net

August 14, 21, 2011

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA GENERAL JURISDICTION DIVISION CASE NO. 2009-CA-000788

GMAC MORTGAGE, LLC., Plaintiff, vs. DAVID L. McDONALD, UNKNOWN SPOUSE OF DAVID L. McDONALD N/K/A MARGIE McDONALD, UNKNOWN TENANT NKA BRIAN HANNA, et al. Defendant(s)

NOTICE OF FORECLOSURE SALE NOTICE IS HEREBY GIVEN pursuant to a Final Judgment of Foreclosure dated August 3, 2011, and entered in Case No. 2009-CA-000788 of the Circuit Court of the TENTH Judicial Circuit in and for Highlands County, Florida, wherein GMAC MORTGAGE, LLC., is a Plaintiff and DAVID L. McDONALD, UNKNOWN SPOUSE OF DAVID L. McDONALD N/K/A MARGIE McDONALD, UNKNOWN TENANT NKA BRIAN HANNA are the Defendants. Robert Germaine as the Clerk of the Circuit Court will sell to the highest and best bidder for cash in the JURY ASSEMBLY ROOM, BASEMENT, 430 SOUTH COMMERCE AVENUE, SEBRING, FL 33870 AT 11:00 A.M. on September 6, 2011, the following described property as set forth in said Final Judgment, to wit:

THE NORTH HALF OF LOT 31 AND ALL OF LOT 32, IN BLOCK 427, OF SEBRING SUMMIT, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 2, PAGE 62, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA. Property Address: 1707 MYRTLE AVENUE, SEBRING, FL 33870

Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens must file a claim within 60 days after the sale. Dated This 3rd day of August, 2011.

1050 Legals

Robert Germaine As Clerk of the Court By: /s/ Annette E. Daff As Deputy Clerk Dated this 3rd day of August, 2011. IMPORTANT

In accordance with the Americans with Disabilities Act, IF YOU ARE A PERSON WITH A DISABILITY WHO NEEDS ANY ACCOMMODATION IN ORDER TO PARTICIPATE IN THIS PROCEEDING, YOU ARE ENTITLED, AT NO COST TO YOU, TO THE PROVISION OF CERTAIN ASSISTANCE. PLEASE CONTACT THE OFFICE OF THE COURT ADMINISTRATOR(863)534-4690, WITHIN TWO (2) WORKING DAYS OF YOUR RECEIPT OF THIS NOTICE OF FORECLOSURE SALE: IF YOU ARE HEARING OR VOICE IMPAIRED, CALL TDD (863)534-7777 OR FLORIDA RELAY SERVICE 711.

August 14, 21, 2011

IN THE CIRCUIT COURT OF THE 10TH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION CASE NO.: 28-2010-CA-001006 WELLS FARGO BANK, N.A., Plaintiff, vs. DANIEL K. KUIPER; UNKNOWN TENANTS(S); IN POSSESSION OF THE SUBJECT PROPERTY, Defendants.

NOTICE OF FORECLOSURE SALE NOTICE IS HEREBY GIVEN pursuant to Final Judgment of Foreclosure dated the 1st day of August, 2011, and entered in Case No. 28-2010-CA-001006, of the Circuit Court of the 10TH Judicial Circuit in and for Highlands County, Florida, wherein WELLS FARGO BANK, NA, is the Plaintiff and DANIEL K. KUIPER; UNKNOWN TENANTS(S); IN POSSESSION OF THE SUBJECT PROPERTY, are defendants. I will sell to the highest and best bidder for cash at the HIGHLANDS COUNTY COURTHOUSE, 430 SOUTH COMMERCE AVENUE, SEBRING, FL 33870 at the Highlands County Courthouse in Sebring, Florida, at 11:00 a.m. on the 1st day of September, 2011, the following described property as set forth in said Final Judgment, to wit:

LOT 27, BLOCK 331, SUN 'N LAKES ESTATES OF SEBRING UNIT 16, ACCORDING TO THE PLAT THEREOF, RECORDED IN PLAT BOOK 10, PAGE 4, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE. Dated this 1st day of August, 2011.

Robert W. Germaine Clerk Of The Circuit Court By: /s/ Annette E. Daff Deputy Clerk August 14, 21, 2011

IN THE CIRCUIT COURT OF THE 10TH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL DIVISION CASE NO.: 28-2010-CA-000067 WELLS FARGO BANK, N.A., Plaintiff, vs. WILLIAM L. BEERS JR; MIDFLORIDA FEDERAL CREDIT UNION; BONNIE L. BEERS; UNKNOWN TENANTS(S); IN POSSESSION OF THE SUBJECT PROPERTY, Defendants.

NOTICE OF FORECLOSURE SALE NOTICE IS HEREBY GIVEN pursuant to Final Judgment of Foreclosure dated the 1st day of August, 2011, and entered in Case No. 28-2010-CA-000067, of the Circuit Court of the 10TH Judicial Circuit in and for Highlands County, Florida, wherein WILLIAM L. BEERS JR; MIDFLORIDA FEDERAL CREDIT UNION; BONNIE L. BEERS; UNKNOWN TENANTS(S); IN POSSESSION OF THE SUBJECT PROPERTY, are defendants. I will sell to the highest and best bidder for cash at the HIGHLANDS COUNTY COURTHOUSE, 430 SOUTH COMMERCE AVENUE, SEBRING, FL 33870 at the Highlands County Courthouse in Sebring, Florida, at 11:00 a.m. on the 1st day of September, 2011, the following described property as set forth in said Final Judgment, to wit:

SOUTH HALF OF TRACT 17 OF HOLIDAY HILLS, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 8 AT PAGE 38 OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE. Dated this 1st day of August, 2011.

Robert W. Germaine Clerk Of The Circuit Court By: /s/ Annette E. Daff Deputy Clerk August 14, 21, 2011

NOTICE OF INTENT OF THE SCHOOL BOARD OF HIGHLANDS COUNTY, FLORIDA TO CONSIDER ADOPTION OR AMENDMENT OF SCHOOL DISTRICT MANAGEMENT INFORMATION SYSTEMS TECHNOLOGY POLICIES AND PROCEDURES MANUAL AND NOTICE OF POTENTIAL PUBLIC HEARING

NOTICE is hereby given that THE SCHOOL BOARD OF HIGHLANDS COUNTY intends to adopt School Board MIS Technology Policies and Procedures Manual at a regular meeting of the Board

1050 Legals

on Tuesday, September 20, 2011, at 5:30 p.m. in the Board Meeting Room, George Douglass Administration Building, 426 School Street, Sebring, Florida. The proposed new manual shall be effective upon adoption. Pursuant to Section 120.54, Florida Statutes, any affected person has twenty-one (21) days after publication of this notice to request the opportunity to present evidence and argument to the School Board of Highlands County, Florida regarding the proposed manual. Such hearing must be requested in writing and received by Wally Cox, Superintendent, 426 School Street, Sebring, FL 33870, within 21 days after publication of this notice. If such hearing is requested, it will be held Tuesday, September 20, 2011, at 5:45 p.m. Any person desiring to attend such a hearing is requested to call the Superintendent's office to verify whether such hearing has been requested. The purpose and effect of the proposed manual is to modify the plan to update in accordance with annual review and implementation of statutory and district changes and other corrective measures as deemed necessary. The following will be amended: 1. Establishment of guidelines for personal use of social networking sites and blogs; 2 Establishment of prohibitions on certain conduct with respect to personal use of social networking sites and blogs, and prohibitions on certain unauthorized uses of District issued computers and mobile cell phones; and 3. Establishment of a requirement to notify parents of an employee's intent to use social networking media to communicate with their student and the intended purpose of such communications. The specific legal authority includes Article IX Section 4(b), Constitution of the State of Florida; Sections 1001.41, 1001.43, 1001.44, 1001.51 and 1008.25, Florida Statutes. The School District believes that the proposed rule or amendment will have no effect on small business. The School District believes that the proposed rule or amendment will not result in substantial increase in costs or prices paid by consumers, individual industries or state or local government agencies, and will not result in significant adverse effects on competition, employment, investment, productivity, innovation or international trade and/or alternative approaches to the regulatory objective either do not exist and/or are precluded by law. The cost to the School District of promulgating the proposed rule or amendment is estimated to be \$200. The estimated annual cost of implementing and enforcing the proposed rule or amendment is \$0. The text of the proposed rule or amendment can be obtained at the Superintendent's office (Attn. Connie Scobey), George Douglass Administration Building, 426 School Street, Sebring, Florida between the hours of 8:00 a.m. and 4:30 p.m., Monday through Friday. HIGHLANDS COUNTY SCHOOL BOARD, BY: Wally Cox , Superintendent & ex officio secretary

enrollment at SFCC. The specific legal authority includes Article IX Section 4(b), Constitution of the State of Florida; Sections 1001.31, 1001.41, 1001.43, 1001.51 and 1008.25, Florida Statutes. The School District believes that the proposed rule or amendment will have no effect on small business. The School District believes that the proposed rule or amendment will not result in substantial increase in costs or prices paid by consumers, individual industries or state or local government agencies, and will not result in significant adverse effects on competition, employment, investment, productivity, innovation or international trade and/or alternative approaches to the regulatory objective either do not exist and/or are precluded by law. The cost to the School District of promulgating the proposed rule or amendment is estimated to be \$200. The estimated annual cost of implementing and enforcing the proposed rule or amendment is \$0. The text of the proposed rule or amendment can be obtained at the Superintendent's office (Attn. Connie Scobey), George Douglass Administration Building, 426 School Street, Sebring, Florida between the hours of 8:00 a.m. and 4:30 p.m., Monday through Friday. HIGHLANDS COUNTY SCHOOL BOARD, BY: Wally Cox , Superintendent & ex officio secretary

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL ACTION CASE NO.: 28-2009-CA-000533 BANK OF AMERICA, N.A., Plaintiff, JONATHAN CAMPO, et al, Defendants).

NOTICE OF RESCHEDULED FORECLOSURE SALE NOTICE IS HEREBY GIVEN pursuant to an Order Rescheduling Foreclosure Sale dated August 1, 2011 and entered in Case No. 28-2009-CA-000533 of the Circuit Court of the TENTH Judicial Circuit in and for HIGHLANDS County, Florida wherein BANK OF AMERICA, N.A., is the Plaintiff and JONATHAN CAMPO; are the Defendants, I will sell to the highest and best bidder for cash at JURY ASSEMBLY ROOM IN THE BASEMENT OF THE HIGHLANDS COUNTY COURTHOUSE, 430 SOUTH COMMERCE AVENUE at 11:00 AM, on the 1st day of September, 2011, the following described property as set forth in said Final Judgment:

LOT 37, BLOCK 275, SUN 'N LAKE ESTATES OF SEBRING, UNIT 13, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 9, PAGE 71, PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

AV/A 5000 MAGNOLIA PLACE, SEBRING, FL 33872 Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis Pendens must file a claim within sixty (60) days after the sale WITNESS MY HAND and the seal of the Court on August 2, 2011.

ROBERT W. GERMAINE Clerk of the Circuit Court By: /s/ Annette E. Daff Deputy Clerk

Florida Default Law Group, P.L. P.O. Box 25018 Tampa, Florida 33622-5018 F0940896 BANKAMERICA2-CONN-Team 2 **See Americans with Disabilities Act

In accordance with the Americans Disabilities Act, persons with disabilities needing a special accommodation to participate in this proceeding should contact the individual or agency sending the notice at Echevarria & Associates, P.A., P.O. Box 25018, Tampa, FL 33622-5018, telephone (813) 251-4766, not later than seven (7) days prior to the proceeding. If hearing impaired, (TDD) 1-800-955-8771, or voice (V) 1-800-955-8770, via Florida Relay Service.

August 14, 21, 2011

Spring Lake Improvement District
Notice Of Intent To Seek Legislation

The Spring Lake Improvement District, Highlands County, Florida, hereby gives notice pursuant to Article III, Section 10 of the Florida Constitution and Section 11.02, Florida Statutes, of its intent to seek legislation before the 2012 Florida legislature. The legislation updates and streamlines the District's special acts by removing repetitive language contained in Chapter 189 and 298, Florida Statutes; incorporates Chapters 189 and 298, Florida Statutes, into the special act; updates provisions to reflect that there are currently two popularly elected Supervisors; gives the District the authority to conduct mosquito control; and provides an effective date.

Joe DeCervo District Manager August 21, 2011

1050 Legals

NOTICE OF PROPOSED RULE DEVELOPMENT OF THE SCHOOL BOARD OF HIGHLANDS COUNTY, FLORIDA TO CONSIDER AMENDMENT OF SCHOOL DISTRICT RULE 5.30, CODE OF CONDUCT AND NOTICE OF POTENTIAL PUBLIC HEARING

NOTICE is hereby given that The School Board of Highlands County is developing an amendment to rule 5.30, Code of Conduct. The Board will discuss/approve future plans to amend the rule at a regular meeting of the Board on Tuesday, September 20, 2011, at 9:00 a.m. in the Board Meeting Room, George Douglass Administration Building, 426 School Street, Sebring, Florida. If requested by an affected person in writing within 14 days of the date of this notice, a rule development workshop will be noticed in a local newspaper. The request must be submitted to Wally Cox, Superintendent, 426 School Street, Sebring, FL 33870. The purpose and effect of the proposed amendment is to modify the Code of Conduct to update in accordance with annual review and implement statutory changes and other corrective measures as deemed necessary. The following topics will be amended: 1. Student Dress Code. While on the grounds of a public school during the regular school day, students are prohibited from wearing clothing that exposes underwear or body parts in an indecent or vulgar manner or that disrupts the orderly learning environment. The specific legal authority includes Article IX Section 4(b), Constitution of the State of Florida; Sections 1001.32, 1001.41, 1001.43, 1006.07, 1006.15, Florida Statutes. The School District believes that the proposed rule or amendment will have no effect on small business. The School District believes that the proposed rule or amendment will not result in substantial increase in costs or prices paid by consumers, individual industries or state or local government agencies, and will not result in significant adverse effects on competition, employment, investment, productivity, innovation or international trade and/or alternative approaches to the regulatory objective either do not exist and/or are precluded by law. The cost to the School District of promulgating the proposed rule or amendment is estimated to be \$200. The estimated annual cost of implementing and enforcing the proposed rule or amendment is \$0. The text of the proposed rule or amendment can be obtained at the Superintendent's office, George Douglass Administration Building (Attn. Connie Scobey), 426 School Street, Sebring, Florida between the hours of 8:00 a.m. and 4:30 p.m., Monday through Friday. THE SCHOOL BOARD OF HIGHLANDS COUNTY, BY: Wally Cox, Superintendent & ex officio secretary

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL ACTION CASE NO.: 28-2010-CA-000533

BANK OF AMERICA, N.A., Plaintiff, JONATHAN CAMPO, et al, Defendants).

NOTICE OF RESCHEDULED FORECLOSURE SALE NOTICE IS HEREBY GIVEN pursuant to an Order Rescheduling Foreclosure Sale dated August 1, 2011 and entered in Case No. 28-2009-CA-000533 of the Circuit Court of the TENTH Judicial Circuit in and for HIGHLANDS County, Florida wherein BANK OF AMERICA, N.A., is the Plaintiff and JONATHAN CAMPO; are the Defendants, I will sell to the highest and best bidder for cash at JURY ASSEMBLY ROOM IN THE BASEMENT OF THE HIGHLANDS COUNTY COURTHOUSE, 430 SOUTH COMMERCE AVENUE at 11:00 AM, on the 1st day of September, 2011, the following described property as set forth in said Final Judgment:

LOT 37, BLOCK 275, SUN 'N LAKE ESTATES OF SEBRING, UNIT 13, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 9, PAGE 71, PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

AV/A 5000 MAGNOLIA PLACE, SEBRING, FL 33872 Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis Pendens must file a claim within sixty (60) days after the sale WITNESS MY HAND and the seal of the Court on August 2, 2011.

ROBERT W. GERMAINE Clerk of the Circuit Court By: /s/ Annette E. Daff Deputy Clerk

Florida Default Law Group, P.L. P.O. Box 25018 Tampa, Florida 33622-5018 F0940896 BANKAMERICA2-CONN-Team 2 **See Americans with Disabilities Act

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Joe DeCervo District Manager August 21, 2011

1050 Legals

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IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL ACTION CASE NO.: 2010-CA-001173 AMERICAN HOME MORTGAGE SERVICING, INC. Plaintiff, vs. RAUL GONZALEZ; MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC., AS NOMINEE FOR COUNTRYWIDE HOME LOANS, INC. Defendants(s).

NOTICE OF SALE NOTICE IS HEREBY GIVEN pursuant to an Order of Final Judgment of Foreclosure dated August 1, 2011 entered in Civil Case No. 2010-CA-001173 of the Circuit Court of the 10th Judicial Circuit in and for Highlands County, Florida, wherein AMERICAN HOME MORTGAGE SERVICING, INC., Plaintiff and RAUL GONZALEZ are defendant(s), I will sell to the highest and best bidder for cash. AT THE JURY ASSEMBLY ROOM IN THE BASEMENT OF THE HIGHLANDS COUNTY COURTH

CLERK OF THE CIRCUIT COURT
Highlands County, Florida
By: /s/ Annette E. Daff
Deputy Clerk of Court

ATTORNEY FOR PLAINTIFF:
SHAPIRO & FISHMAN, LLP
4630 Woodland Corporate Blvd.
Suite 100
Tampa, FL 33614
(813)880-8888
(813)880-8800

August 14, 21, 2011

STATE OF FLORIDA, CRIMINAL JUSTICE
STANDARDS & TRAINING COMMISSION,
Petitioner

vs.
DENNIS T. DAVIS, Case #30509

Respondent
NOTICE OF ACTION
TO: DENNIS T. DAVIS,
Residence Unknown

YOU ARE NOTIFIED that an Administrative Complaint has been filed against you seeking to revoke your CORRECTIONAL Certificate in accordance with Section 943.1395, F.S., and any rules promulgated thereunder. You are required to serve a written copy of your intent to request a hearing pursuant to Section 120.57, F.S. upon Michael Crews, PROGRAM DIRECTOR, Criminal Justice Professionalism Program, Florida Department of Law Enforcement, P. O. Box 1489, Tallahassee, Florida 32302-1489, on or before September 28, 2011. Failure to do so will result in a default being entered against you to Revoke said certification pursuant to Section 120.60, F.S., and Rule 11B-27, F.A.C.

Dated: July 28, 2011
Ernest W. George
CHAIRMAN - CRIMINAL JUSTICE STANDARDS
AND TRAINING COMMISSION

By: -s- Tijuana Comer, Division Representative
July 31; August 7, 14, 21, 2011

IN THE CIRCUIT CIVIL COURT
OF THE TENTH JUDICIAL CIRCUIT OF FLORIDA,
IN AND FOR HIGHLANDS COUNTY
CIVIL DIVISION

CASE NO.: 28-2008-CA-000600
HSBC BANK USA, NATIONAL ASSOCIATION, AS
TRUSTEE FOR NOMURA ASSET ACCEPTANCE
CORPORATION MORTGAGE PASS-THROUGH
CERTIFICATES, SERIES 2006-AF2
Plaintiff,

vs.
ACOSTA, ERNESTO, ANY AND ALL UNKNOWN
PARTIES CLAIMING BY, THROUGH, UNDER,
AND AGAINST THE HEREIN NAMED INDIVIDUAL
DEFENDANT(S) WHO ARE NOT KNOWN TO BE
DEAD OR ALIVE, WHETHER SAID UNKNOWN PARTIES
MAY CLAIM AN INTEREST AS SPOUSES,
HEIRS, DEVISEES, GRANTEE(S) OR OTHER CLAIM-
ANTS, AND UNKNOWN TENANTS/OWNERS,
Defendants.

NOTICE OF SALE
NOTICE IS HEREBY GIVEN, pursuant to a Final
Judgment of Foreclosure for Plaintiff entered in
this cause on August 1, 2011, in the Circuit Court
of HIGHLANDS County, Florida, I will sell the prop-
erty situated in Highlands County, Florida de-
scribed as:

LOTS 7728, LOT 7729, LOT 7730 AND LOT
7731, AVON PARK LAKES UNIT 24, ACCORDING
TO THE PLAT THEREOF AS RECORDED IN PLAT
BOOK 5, PAGE 22, PUBLIC RECORDS OF HIGH-
LANDS COUNTY, FLORIDA.

and commonly known as: 2240 N. BENNETT
ROAD, AVON PARK, FL 33825; including the
building, appurtenances, and fixtures located
therein, at public sale, to the highest and best bid-
der, for cash. Sales are held in the Jury Assembly
Room in the basement of the Highlands County
Courthouse located at 430 S. Commerce Avenue,
Sebring, Florida 33870, on September 1, 2011 at
11 a.m.

Any persons claiming an interest in the sur-
plus from the sale, if any, other than the property
owner as of the date of the Lis Pendens must file
a claim within 60 days after the sale.

Dated this 1st day of August, 2011.

Clerk of the Circuit Court
By: /s/ Annette E. Daff
Deputy Clerk
August 14, 21, 2011

IN THE CIRCUIT COURT
OF THE TENTH JUDICIAL CIRCUIT
IN AND FOR HIGHLANDS COUNTY, FLORIDA
CIVIL DIVISION

CASE NO. GC 10-1319
RONALD D. MOSS ad
JUNE W. MOSS, his wife,
Plaintiffs,

vs.
DONALD A. GORDON, a deceased and
unmarried individual, and UNITED
STATES OF AMERICA, INTERNAL
REVENUE SERVICE,
Defendants.

NOTICE OF SALE
NOTICE IS HEREBY GIVEN that, pursuant to the
Uniform Final Judgment of Foreclosure entered in
this cause by the Circuit Court of Highlands
County, Florida, the property described as:
Lot 6, Block 74, of ORANGE BLOSSOM COUNTY
CLUB COMMUNITY UNITS 13 THROUGH 19 IN-
CLUSIVE UNIT 17, according to the plat thereof as
recorded in Plat Book 10, Page 6, of the public
records of Highlands County, Florida.

Together with a portion of Tract T of said plat be-
ing more particularly described as follows: Com-
mence at the Southwest corner of said Lot 6, in
Block 74, for the Point of Beginning, thence South
0 degrees 33'47" East along the East Line of
Tract T for 103.00 feet; thence South 89 degrees
26'13" West for 302.98 feet to the West line of
Tract T; thence north 0 degrees 11'16" West
along the West line of Tract T for 294.01 feet;
thence North 89 degrees 26'13" East for 301.07
feet to the East line of Tract T; thence South 0 de-
grees 33'47" East along the East line of Tract T
for 191.00 feet to the point of beginning.

will be sold at public sale, to the highest and best
bidder, for cash, on September 7, 2011, begin-
ning at 11:00 a.m. or shortly after to allow all reg-
istrants in line at 11:00 a.m. to be available for
the sale, in the Jury Assembly Room in the base-
ment of the Highlands County Courthouse, located
at 430 S. Commerce Avenue, Sebring, Florida
33870.

Any person claiming an interest in the surplus
from the sale, if any, other than the property
owner as of the date of the lis pendens must file a
claim within sixty (60) days after the sale.

CLERK OF THE COURT
By:
As Deputy Clerk
August 14, 21, 2011

IN THE CIRCUIT COURT
OF THE TENTH JUDICIAL CIRCUIT
OF THE STATE OF FLORIDA,
IN AND FOR HIGHLANDS COUNTY
CIVIL DIVISION

CASE NO. 2009-CA-000761
SAXON MORTGAGE SERVICES, INC.,
Plaintiff,

vs.
NANCY COLON; ANGEL M. MEJIA; UNKNOWN
SPOUSE OF ANGEL M. MEJIA; IF LIVING, INCLUD-
ING ANY UNKNOWN SPOUSE OF SAID DEFEN-
DANT(S), IF REMARRIED, AND IF DECEASED, THE
RESPECTIVE UNKNOWN HEIRS,
DEVISEES, GRANTEE(S), ASSIGNEES, CREDITORS,
LIENORS, AND TRUSTEES, AND ALL OTHER PER-
SONS CLAIMING BY, THROUGH, UNDER OR
AGAINST THE NAMED DEFENDANT(S); HIGH-
LANDS INDEPENDENT BANK; PLACID LAKES
HOME AND PROPERTY OWNERS ASSOCIATION
INC.; WHETHER DISSOLVED OR PRESENTLY EX-
ISTING, TOGETHER WITH ANY ANY GRANTEE(S),
ASSIGNEES, CREDITORS, LIENORS, OR TRUSTEES
OF SAID DEFENDANT(S) AND ALL OTHER PER-
SONS CLAIMING BY, THROUGH, UNDER, OR
AGAINST DEFENDANT(S); UNKNOWN TENANT #1;
UNKNOWN TENANT #2;
Defendant(s)

NOTICE OF SALE
Notice is hereby given that, pursuant to a Final
Summary Judgment of Foreclosure entered in the
above-styled cause, in the Circuit Court of High-
lands County, Florida, I will sell the property situ-
ate in Highlands County, Florida, described as:

LOT 10, BLOCK 34, PLACID LAKES, SECTION
3, according to the plat thereof, as recorded in
Plat Book 7, Page 63, of the Public Records of
Highlands County, Florida.

A/K/A 213 Hoover Avenue NE
Lake Placid, FL 33852

at public sale, to the highest and best bidder, for
cash, in the Jury Assembly Room in the basement
of Highlands County Courthouse located at 430
South Commerce Avenue, Sebring, Florida at

PROFESSIONAL SERVICE DIRECTORY

TALK TO THE EXPERTS

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863-449-1744

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Call 863-382-2264

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Avon Park, FL 33825
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Small tree trimming, pressure washing, hedges, hauling, etc.
Cory 863-458-0186
Cheryl 863-446-0614
chavis_dblc@yahoo.com

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Call Anita at: 863-385-6155 or e-mail: amarsella@newssun.com for details!

1050 Legals

11:00 A.M., on September 6, 2011.
DATED THIS 4th DAY OF August, 2011.
Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens, must file a claim within 60 days after the sale.
Witness, my hand and seal of this court on the 4th day of August, 2011.
CLERK OF CIRCUIT COURT
By: /s/ Toni Kopp
Deputy Clerk
August 14, 21, 2011

1055 Highlands County Legals

HIGHLANDS COUNTY LEGAL NOTICES
The following legal notices are from the Highlands County Board of County Commissioners and are being published in the front, size, and leading as per their specifications.

1100 Announcements

CHECK YOUR AD

Please check your ad on the first day it runs to make sure it is correct. Sometimes instructions over the phone are misunderstood and an error can occur. If this happens to you, please call us the first day your ad appears and we will be happy to fix it as soon as we can. If We can assist you, please call us:
385-6155
News-Sun Classified

WANT NEW FURNITURE?
Need to sell the old furniture first?
Call News-Sun classifieds,
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7310 Bargain Buys

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SEBRING - Reserve your space at the downtown SEBRING COMMUNITY GARAGE SIDEWALK SALE. Clear your closet and garage. See application at www.destinationdowntownsebring.com

SEBRING FRI. - Sun. 8 - ? 11455 US 27 S. #13 At the Lake Josephine Highlander Motel. Something for everyone! Reasonable prices!

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- RNs, Somers Hospice House - Full-time & PRN
- RNs, Field - PRN

A recruiter will be conducting local interviews on Thursday, Aug. 25th. Call 813-871-8311 today and apply at www.chaptershealth.org to see if you qualify!

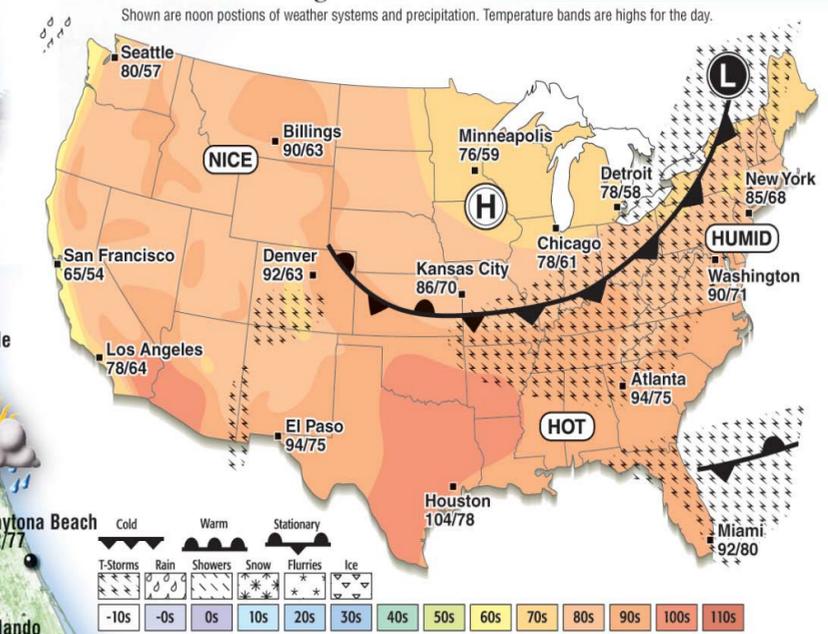
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Five-Day forecast for Highlands County

TODAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
An afternoon and evening t-storm	A thunderstorm in the afternoon	Partly sunny, a t-storm possible	Some sun with a t-storm possible	Very windy; chance of a t-storm
94° / 76°	95° / 76°	95° / 76°	95° / 76°	91° / 78°
Winds: SE at 6-12 mph	Winds: ENE at 4-8 mph	Winds: ENE at 7-14 mph	Winds: ENE at 8-16 mph	Winds: ENE at 25-35 mph

National Forecast for August 21



Almanac

Temperature
Readings at Archbold Biological Station in Lake Placid
High Tuesday 91°
Low Tuesday 73°
High Wednesday 95°
Low Wednesday 70°
High Thursday 94°
Low Thursday 72°

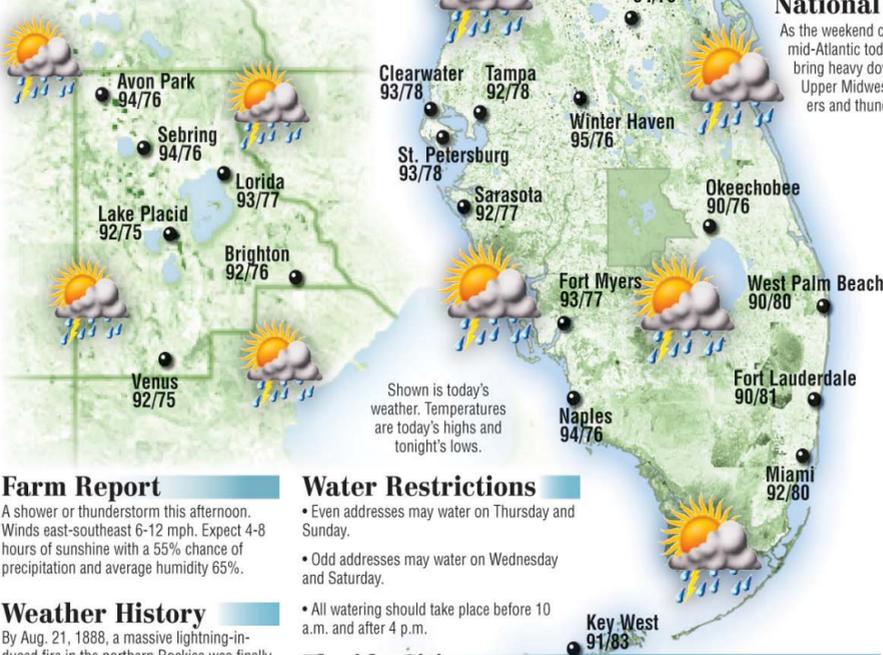
Heat Index
For 3 p.m. today
Relative humidity 52%
Expected air temperature 93°
Makes it feel like 103°

Barometer
Tuesday 29.91
Wednesday 29.91
Thursday N.A.

Precipitation
Tuesday 0.00"
Wednesday 0.00"
Thursday 0.70"
Month to date 0.00"
Year to date 30.37"

Regional Summary

Intervals of clouds and sunshine today with a shower or thunderstorm around in the afternoon. A shower or thunderstorm this evening. A thunderstorm tomorrow afternoon. Tuesday: a shower or thunderstorm possible.



Farm Report

A shower or thunderstorm this afternoon. Winds east-southeast 6-12 mph. Expect 4-8 hours of sunshine with a 55% chance of precipitation and average humidity 65%.

Water Restrictions

- Even addresses may water on Thursday and Sunday.
- Odd addresses may water on Wednesday and Saturday.
- All watering should take place before 10 a.m. and after 4 p.m.

Weather History

By Aug. 21, 1888, a massive lightning-induced fire in the northern Rockies was finally contained. By then, the fire had claimed 851 lives.

Sun and Moon

	Today	Monday
Sunrise	7:01 a.m.	7:02 a.m.
Sunset	7:57 p.m.	7:56 p.m.
Moonrise	none	12:37 a.m.
Moonsset	1:44 p.m.	2:38 p.m.

Florida Cities

City	Today	Mon.	Tue.
Cape Coral	93/77/t	93/77/t	94/77/pc
Clearwater	93/78/t	92/79/t	93/79/pc
Coral Springs	90/79/t	91/79/t	92/80/pc
Daytona Beach	92/77/t	92/77/t	92/77/pc
Ft. Laud. Bch	90/81/t	91/83/t	91/82/pc
Fort Myers	93/77/t	93/77/t	94/77/pc
Gainesville	92/72/t	93/73/t	94/74/pc
Hollywood	92/80/t	92/79/t	92/80/pc
Homestead AFB	88/80/t	90/80/t	90/81/pc
Jacksonville	92/74/t	94/74/t	94/73/pc
Key West	91/83/t	91/83/pc	91/82/pc

National Summary

As the weekend comes to a close, a cold front will exit the Great Lakes and push eastward into the Northeast and mid-Atlantic today. The front will help ignite showers and thunderstorms, a few of which could be gusty winds and bring heavy downpours. In the wake of this front, cooler and less humid air will filter into the northern Plains and Upper Midwest. The tail end of the cold front will drop into the Ohio and Tennessee River valleys and bring showers and thunderstorms with it.

U.S. Cities

City	Today	Mon.	Tue.
Albuquerque	90/70/t	92/70/t	93/72/t
Atlanta	94/75/t	93/72/t	92/72/pc
Baltimore	90/66/t	84/59/pc	82/62/s
Birmingham	96/77/t	97/73/t	96/73/pc
Boston	86/67/pc	82/61/t	80/64/pc
Charlotte	91/70/t	93/66/t	90/65/pc
Cheyenne	87/59/t	91/59/s	90/58/s
Chicago	78/61/pc	80/63/pc	82/68/pc
Cleveland	82/59/t	75/55/pc	79/62/s
Columbus	86/61/t	78/58/pc	82/65/s
Dallas	107/81/pc	107/81/s	107/81/s
Denver	92/63/t	94/64/s	96/62/s
Detroit	78/58/t	76/58/pc	80/66/s
Harrisburg	86/62/t	80/55/pc	79/56/s
Honolulu	88/73/pc	87/74/s	88/73/s
Houston	104/78/s	103/78/s	103/78/s
Indianapolis	86/61/pc	81/62/pc	83/68/pc
Jackson, MS	96/73/pc	98/73/t	98/73/pc
Kansas City	86/70/pc	89/72/t	92/73/pc
Lexington	92/64/t	83/59/pc	88/64/s
Little Rock	100/77/t	96/76/t	96/76/pc

World Cities

City	Today	Mon.	Tue.
Acapulco	89/78/t	88/78/t	89/79/t
Athens	93/74/s	89/70/s	87/69/s
Beirut	87/73/s	87/74/s	88/74/s
Berlin	80/67/sh	78/61/sh	77/67/pc
Bermuda	82/75/pc	82/75/s	83/75/t
Calgary	81/51/pc	81/51/pc	76/48/pc
Dublin	66/50/pc	63/49/pc	64/52/pc
Edmonton	83/51/s	81/46/pc	74/46/s
Freeport	91/76/t	91/78/t	92/77/pc
Geneva	90/65/s	89/64/t	86/61/s
Havana	90/73/t	91/73/t	92/73/t
Hong Kong	90/81/t	90/81/t	91/82/t
Jerusalem	83/63/s	84/63/s	86/63/s
Johannesburg	71/47/s	73/47/s	76/35/s
Kiev	68/55/pc	72/61/pc	75/59/r

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Annual Firemen fundraiser tees off

By DAN HOEHNE

daniel.hoehne@newssun.com

SUN 'N LAKE — The rows of carts were slowly filled Saturday morning as golfers gathered for the 12th Annual Firemen's Memorial Golf Classic presented by AXA Advisors and Home Depot at the Sun 'N Lake Golf and Country Club.

Under warm and partly cloudy skies, those carts zipped out in a seemingly endless single-file line as the more than 240 participants cruised out to their starting hole in the four-man scramble format.

Shortly after 8:30 a.m., the shotgun blast signaled the golfers to tee off in the Firemen's largest annual fundraising event for area

athletic programs to benefit student athletes.

Faces from area athletics could be seen, from Avon Park baseball coach Whit Cornell to new Sebring head football coach LaVaar Scott.

Blue Streak basketball coach Princeton Harris was also on hand, joining a team with Sertoma Junior Tour leader, 12-year old Kendall Griffin.

"This is just my second time on a course," Harris said with a smile. "She's going to be teaching me."

Just as the Firemen continue to teach us all about giving back to the community.

Results of Saturday's play were not available at press time. See Wednesday's News-Sun for a recap of the event.

News-Sun photos by DAN HOEHNE

Above: Danny Batterbee sends this tee shot to within 15 feet of the cup on the 'Island Green' 18th hole to get his foursome started off well at Saturday's 12th Annual Firemen's Memorial Golf Classic at Sun 'N Lake. Below: The putting green was filled with golfers getting in last-minute preparation for Saturday's play.



Prepped up to step up

Lady Devils get set for season

By ED BALDRIDGE

ed.baldrige@newssun.com

AVON PARK — With another season coming up, the transformation of the Avon Park Volleyball program is progressing under third-year head coach Stephanie Devlin.

And it's that transformation that has led to greater ambition in much of the girls, evidenced by many of them playing club ball in the offseason.

Devlin sees that, along with increased speed and greater team height, as contributing factors to what could be a breakout season.

"Yeah, we are taller this year. Almost everyone is 5'9" or 5'10"," Devlin said. "A lot of the girls have been playing club ball, and they look like they are ready to go early this year."

"I am excited about both the returners and the ones we brought up from JV. Jamie Wiries returns this year and will be our Libero. She played club ball, and has increased her skills a lot," Devlin said.

The senior Wiries joins M'Lynn McKibben who will return as a setter, Heather Bass at the middle and McKenzie Meyers at the outside hitter position.

"Kayla Wilson led the JV team for two years and looks really solid and we have Marina Torres in there this year as well. She is a sophomore, but has experience with the Heartland Club Volleyball," Devlin said.

The dynamic duo of Ashley Chacon and Teresa Devlin, who impressed their peers as freshmen two years ago, also return to the floor with plenty of play this year.

"They have gotten faster. That's for sure. Those two have impressed me from the first year. They are solid," Devlin said.

Junior Tyisha Jones will add to the outside, Devlin said, and Kristien Plante brings a solid serve return to the defense.

According to Devlin, freshman Vonterica Clait

See AP, Page 3B



News-Sun file photos by

DAN HOEHNE

Above: Teresa Devlin and the Lady Red Devils stepped up their offseason activities in trying to propel Avon Park another step forward. Below: M'Lynn McKibben, foreground, returns as the starting setter while Ashley Chacon, background, will be counted on for her strong hitting and serving ability.



Stoll a Viking steal



Courtesy photo

On Monday, July 25 Katelynn Stoll a graduate from Avon Park High School signed a softball scholarship with St. John's River State College in Palatka. Joining Stoll for the signing are Viking coach Katie Brosky and father David Stoll.

Miami depth chart on way, despite concerns

By TIM REYNOLDS

Associated Press

CORAL GABLES — For Miami coach Al Golden, the waiting game continues.

The only certainty on his schedule is Sept. 5 — the date of the Hurricanes' season-opener at Maryland.

A depth chart will be completed sometime in the coming days, a process that grew more difficult when several presumptive starters had their eligibility jeopardized after being implicated by former booster Nevin Shapiro for allegedly accepting extra benefits.

Golden doesn't know when Miami president Donna Shalala and athletic director Shawn Eichorst will decide if it's worth the risk of using players who may eventually be declared ineligible by the NCAA.

So when Golden says he doesn't know which 60 players he's taking to Maryland, he means it.

"We're just moving forward," Golden said. "We'll

'There's a sensational story out there, but this is a critical team for our football team.'

AL GOLDEN

Miami head coach

deal with whatever comes down or whatever the issues are as they come. Right now, we're moving forward and we're going to select our team accordingly. You know, I know you

guys obviously are here because there's a sensational story out there, but this is a critical time for our football team."

Golden, who was hired in December, wouldn't discuss if his contract has a clause that would allow him to leave if the Hurricanes face major NCAA sanctions.

"My family and I are excited about being here, OK? This is a great place and we're going to get this fixed," Golden said.

Though neither the university nor the NCAA will confirm, it's believed the 12 current players named by Shapiro — Jacory Harris, Vaughn Telemaque, Ray Ray Armstrong, Travis Benjamin, Aldarius Johnson, Marcus Forston, Olivier Vernon, Marcus

See CANES, Page 4B

THE SCOREBOARD

SPORTS SNAPSHOTS

Major League Baseball

AMERICAN LEAGUE

East Division				
	W	L	Pct	GB
New York	76	47	.618	—
Boston	76	48	.613	½
Tampa Bay	67	56	.545	9
Toronto	64	61	.512	13
Baltimore	47	75	.385	28½
Central Division				
	W	L	Pct	GB
Detroit	66	58	.532	—
Cleveland	62	59	.512	2½
Chicago	61	63	.492	5
Minnesota	54	70	.435	12
Kansas City	51	75	.405	16
West Division				
	W	L	Pct	GB
Texas	73	53	.579	—
Los Angeles	67	59	.532	6
Oakland	56	69	.448	16½
Seattle	53	70	.431	18½

Thursday's Games

Boston 4, Kansas City 3
 Cleveland 4, Chicago White Sox 2
 N.Y. Yankees 8, Minnesota 4
 L.A. Angels 2, Texas 1
 Toronto 7, Oakland 0

Friday's Games

Detroit 4, Cleveland 1
 Tampa Bay 3, Seattle 2
 Boston 7, Kansas City 1
 N.Y. Yankees 8, Minnesota 1
 Texas 7, Chicago White Sox 4
 L.A. Angels 8, Baltimore 3
 Oakland 2, Toronto 0

Saturday's Games

Cleveland at Detroit, late
 Boston at Kansas City, late
 N.Y. Yankees at Minnesota, late
 Seattle at Tampa Bay, late
 Texas at Chicago White Sox, late
 Baltimore at L.A. Angels, late
 Toronto at Oakland, late

Sunday's Games

Cleveland (Jimenez 1-0) at Detroit (Porcello 11-8), 1:05 p.m.
 Seattle (Pineda 9-7) at Tampa Bay (Shields 11-10), 1:40 p.m.
 Boston (Lester 12-6) at Kansas City (Duffy 3-7), 2:10 p.m.
 N.Y. Yankees (Nova 12-4) at Minnesota (Blackburn 7-10), 2:10 p.m.
 Texas (D.Holland 11-4) at Chicago White Sox (Floyd 10-10), 2:10 p.m.
 Baltimore (Matusz 1-5) at L.A. Angels (J.Williams 0-0), 3:35 p.m.
 Toronto (L.Perez 2-2) at Oakland (Moscoco 6-6), 4:05 p.m.

LEAGUE LEADERS

BATTING — Gonzalez, BOS, .345; Young, TEX, .341; **Kotchman**, TB, .331; Martinez, DET, .323; Cabrera, DET, .323
HOME RUNS — Bautista, TOR, 35; Granderson, NYY, 34; Teixeira, NYY, 33; Konerko, CHW, 28; Reynolds, BAL, 27
RBI — Granderson, NYY, 96; Teixeira, NYY, 94; Gonzalez, BOS, 93; Cano, NYY, 87; Young, TEX, 85
DOUBLES — Zobrist, TB, 40; Gonzalez, BOS, 38; Gordon, KC, 37; Young, TEX, 36; Francoeur, KC, 36; Cabrera, KC, 33
WINS — Verlander, DET, 18-5; Sabathia, NYY, 17-7; Weaver, LAA, 14-6; Haren, LAA, 13-6; Scherzer, DET, 13-7
STRIKEOUTS — Verlander, DET, 204; Hernandez, SEA, 185; Sabathia, NYY, 184; Shields, TB, 173; Price, TB, 164
SAVES — Valverde, DET, 36; Rivera, NYY, 32; League, SEA, 30; Papelbon, BOS, 29; C. Perez, CLE, 27

NATIONAL LEAGUE

East Division				
	W	L	Pct	GB
Philadelphia	80	43	.650	—
Atlanta	74	52	.587	7½
Washington	60	63	.488	20
New York	60	64	.484	20½
Florida	57	68	.456	24
Central Division				
	W	L	Pct	GB
Milwaukee	74	52	.587	—
St. Louis	66	59	.528	7½
Cincinnati	61	64	.488	12½
Pittsburgh	58	65	.472	14½
Chicago	55	70	.440	18½
Houston	41	84	.328	32½
West Division				
	W	L	Pct	GB
Arizona	69	56	.552	—
San Francisco	67	59	.532	2½
Colorado	58	68	.460	11½
Los Angeles	57	67	.460	11½
San Diego	57	70	.449	13

Thursday's Games

L.A. Dodgers 5, Milwaukee 1
 Philadelphia 4, Arizona 1
 Washington 3, Cincinnati 1
 Atlanta 1, San Francisco 0
 San Diego 3, Florida 1

Friday's Games

Chicago Cubs 5, St. Louis 4, 10 innings
 Cincinnati 11, Pittsburgh 8
 Washington 8, Philadelphia 4
 Milwaukee 6, N.Y. Mets 1
 Atlanta 4, Arizona 2
 Houston 6, San Francisco 0
 L.A. Dodgers 8, Colorado 2
 San Diego 4, Florida 3

Saturday's Games

Cincinnati at Pittsburgh, late
 L.A. Dodgers at Colorado, late
 Milwaukee at N.Y. Mets, late
 St. Louis at Chicago Cubs, late
 Philadelphia at Washington, late
 San Francisco at Houston, late
 Arizona at Atlanta, late
 Florida at San Diego, late

Sunday's Games

Milwaukee (Gallardo 13-8) at N.Y. Mets (Dickey 5-11), 1:10 p.m.
 Arizona (Collmenter 7-7) at Atlanta (T.Hudson 12-7), 1:35 p.m.
 Cincinnati (Leake 10-8) at Pittsburgh (Ja.McDonald 8-6), 1:35 p.m.
 Philadelphia (Halladay 15-5) at Washington (Wang 2-2), 1:35 p.m.
 San Francisco (J.Sanchez 4-7) at Houston (Sosa 0-2), 2:05 p.m.
 L.A. Dodgers (Billingsley 10-9) at Colorado (Millwood 0-1), 3:10 p.m.
 Florida (Ani.Sanchez 7-6) at San Diego (Luebke 5-6), 4:05 p.m.
 St. Louis (Westbrook 9-7) at Chicago Cubs (R.Lopez 4-3), 8:05 p.m.

LEAGUE LEADERS

BATTING — Reyes, NYM, .336; Braun, MIL, .327; Votto, CIN, .320; Murphy, NYM, .320; Morse, WAS, .319
HOME RUNS — Pujols, STL, 30; Stanton, FLA, 29; Berkman, STL, 28; Kemp, LAD, 28; Fielder, MIL, 27; Uggla, ATL, 27
RBI — Howard, PHL, 96; Fielder, MIL, 92; Kemp, LAD, 90; Tulowitzki, COL, 85; Bruce, CIN, 81
DOUBLES — Upton, ARI, 35; Tulowitzki, COL, 34; Beltran, SF, 31; A. McCutchen, PIT, 30; Pence, PHL, 30; Holliday, STL, 30
WINS — Kennedy, ARI, 15-4; Halladay,



LIVE SPORTS ON TV

AUTO RACING SUNDAY

1 p.m. NASCAR — Pure Michigan 400 ESPN
4:30 p.m. ALMS — Road of America ABC
10 p.m. NHRA — Lucas Oil Nationals ESPN2

GOLF SUNDAY

1 p.m. PGA — Wyndham Championship GOLF
3 p.m. PGA — Wyndham Championship CBS
3 p.m. PGA — Constellation Energy Players GOLF
7 p.m. LPGA — Safeway Classic GOLF

GYMNASTICS SUNDAY

4:30 p.m. 2011 Visa Championships NBC

LITTLE LEAGUE WORLD SERIES SUNDAY

Noon Teams TBA ESPN2
2 p.m. Montana vs. Louisiana ABC
6 p.m. Teams TBA ESPN2
8 p.m. Mexico vs. Japan ESPN2

MONDAY

Noon Teams TBA ESPN2
2 p.m. Teams TBA ESPN
4 p.m. Teams TBA ESPN
6 p.m. Teams TBA ESPN2
8 p.m. Teams TBA ESPN2

TUESDAY

1 p.m. Teams TBA ESPN2
4 p.m. Teams TBA ESPN
8 p.m. Teams TBA ESPN2

MAJOR LEAGUE BASEBALL SUNDAY

1:30 p.m. Seattle at Tampa Bay SUN
2 p.m. N.Y. Yankees at Minnesota TBS
8 p.m. St. Louis at Chicago Cubs ESPN
10 p.m. Chicago White Sox at L.A. Angels WGN

NFL PRESEASON SUNDAY

8 p.m. San Diego at Dallas NBC
8 p.m. Chicago at N.Y. Giants ESPN

PREMIER LEAGUE SOCCER MONDAY

2:55 p.m. Manchester U vs. Tottenham Hotspur ESPN2

SOFTBALL SUNDAY

2 p.m. National Pro Fastpitch Championship ESPN2
10 p.m. National Pro Fastpitch Championship ESPN2

TENNIS SUNDAY

12:30 p.m. ATP — Western and Southern Open CBS
4 p.m. ATP — Western and Southern Open ESPN2

WNBA TUESDAY

10 p.m. New York at Phoenix ESPN2
Times, games, channels all subject to change

PHL, 15-5; Kershaw, LAD, 15-5; Hamels, PHL, 13-7; Hamels, PHI, 13-7
STRIKEOUTS — Kershaw, LAD, 199; Lee, PHL, 184; Lincecum, SF, 182; Halladay, PHL, 177; **A. Sanchez, FLA, 160**
SAVES — Kimbrel, ATL, 38; Axford, MIL, 36; Wilson, SF, 35; Bell, SD, 34; **Nunez, FLA, 33**; Storen, WAS, 33

Major League Soccer

EASTERN CONFERENCE

	W	L	T	Pts	GF	GA
Columbus	10	7	7	37	27	23
Philadelphia	8	5	10	34	29	22
Sporting KC	8	7	9	33	35	31
Houston	7	7	11	32	31	30
New York	6	6	13	31	39	35
D.C.	7	6	10	31	34	34
Toronto FC	4	11	11	23	25	46
New England	4	11	10	22	24	37
Chicago	2	7	15	21	26	33

WESTERN CONFERENCE

	W	L	T	Pts	GF	GA
Los Angeles	13	3	9	48	35	20
FC Dallas	12	6	7	43	33	26
Seattle	11	5	9	42	35	27
Colorado	10	6	10	40	37	32
Real Salt Lake	10	6	6	36	30	17
Chivas USA	7	8	9	30	30	26
Portland	7	12	5	26	30	40
San Jose	5	9	10	25	26	32
Vancouver	3	12	9	18	25	40

NOTE: Three points for victory, one point for tie.

Thursday's Game

Chicago 1, D.C. United 1, tie

Saturday's Games

Philadelphia at Columbus, late
 New York at New England, late
 Real Salt Lake at Houston, late
 Seattle FC at FC Dallas, late
 Chivas USA at Colorado, late
 Vancouver at Portland, late
 San Jose at Los Angeles, late

Sunday's Games

Toronto FC at Chicago, 7 p.m.
 D.C. United at Sporting KC, 8:30 p.m.

WNBA

EASTERN CONFERENCE

	W	L	Pct	GB
Indiana	18	8	.692	—
Connecticut	16	10	.615	2
New York	15	11	.577	3
Atlanta	13	12	.520	4½
Chicago	11	14	.440	6½
Washington	5	18	.217	11½

WESTERN CONFERENCE

	W	L	Pct	GB
Minnesota	19	6	.760	—
Phoenix	14	10	.583	4½
San Antonio	13	11	.542	5½
Seattle	13	12	.520	6
Los Angeles	10	14	.417	8½
Tulsa	1	22	.043	17

Thursday's Games

New York 84, Connecticut 81, OT
 Minnesota 81, Washington 62
 Los Angeles 75, Indiana 70

Friday's Games

Atlanta 94, Connecticut 88, OT

Saturday's Games

Chicago at Washington, late
 Los Angeles at Minnesota, late
 San Antonio at Phoenix, late
 New York at Seattle, late

Sunday's Games

Atlanta at Connecticut, 5 p.m.
 Washington at Indiana, 6 p.m.
 Los Angeles at Tulsa, 7 p.m.

Transactions

BASEBALL

National League
 ARIZONA DIAMONDBACKS—Assigned RHP Kevin Mulvey to Reno (PCL).
 CHICAGO CUBS—Fired general manager Jim Hendry. Promoted assistant GM Randy Bush to interim GM.
 PITTSBURGH PIRATES—Assigned RHP Clay Holmes to the GCL Pirates.

Red Devil golf tryouts

AVON PARK — Avon Park High School boys and girls golf team tryouts began Monday, August 8.

Boys interested in trying out, please call Coach Shane Ward at (863) 633-8597.

Girls interested in trying out, call Coach Suzie Gentry at (863) 446-7368.

Sebring Bowling tryouts

SEBRING — All eligible students are invited to come out to the Kegel Bowling Center, 6800 US Hwy 27 N, Tuesday-Friday, Aug. 22-25 at 4 p.m. each day to participate in tryouts for the SHS Bowling Team.

Last year was a roaring start for the inaugural team, winning each meet, and with SHS Junior Thomas Watson winning the District Championship.

Now in it's second year, the team will be coached by Kegel Professional and USBC Silver Level Coach Rick Wiltse, who is listed in Bowlers' Journal International as one of their top coaches for 2011.

Bowling is the fastest growing sport in Florida High School athletics.

Questions regarding eligibility for both boys and girls can be answered through the SHS athletic director.

Kayak Tours

SEBRING — Sebring Kayak Tours has three upcoming trips this month for some fun times on area waters.

Saturday Aug. 20 — Morning Tour — Arbuckle Creek, Sebring

Launching at 9 a.m. from Lake Istokpoga boat ramp, we will make our way up Arbuckle Creek to a favorite spot where we can get out, stretch and have a snack before starting our descend back.

An approximately 3-hour tour designed for all ages and skill levels.

Saturday Aug. 27 — Peace River — Arcadia

We will meet at the canoe launch at Brownville Park in Desoto County at 10 a.m.

We will be paddling downstream to Arcadia with a stop for lunch about halfway.

We will also stop for homemade ice cream before returning.

\$39 per person (single or tandem kayaks available), \$19 per person for those bringing their own kayaks

To reserve your spot, call 202-0815 or email SebringKayakTours@yahoo.com.

Hope to see you on the water!

Avon Park Fall Ball

AVON PARK — The Avon Park Dixie Youth Baseball Inc. is currently holding Fall Ball registration from today through Sept. 9, for kids aged 4-12-years old.

Players can pick up their registrations at the Top Shop at 12 N. Anoka Ave. in Avon Park from 8 a.m.-5 p.m., Monday through Friday.

When registering, players must provide a copy of Birth Certificate, recent photo and payment in full.

For more information and any questions, call Chris Tolar at (863) 253-0897.

Softball sign-ups

SEBRING — Sebring Youth Fastpitch Softball has begun Fall registration.

Age groups include 6 through 16-years old.

Parents can register their child online at www.sebringsoftball.com, by calling 381-6521, or in person on Friday, Sept. 2 from 5-8 p.m. at the Max Long Batting Cages.

Panther Hitting Camps

The SFCC Baseball program will be hosting hitting camps this fall for aspiring players aged 6-14.

The camps will be held Saturday's Sept. 10 and 24 as well as Oct. 15 and 29.

Each day, the camps will run from 8:30 -11 a.m. on Panther Field at the SFCC Avon Park campus.

Under the guidance of Panther head coach Rick Hitt, along with assistant coach Andy Polk and members of the 2011 SFCC squad, campers will learn all aspects of hitting, with drills, instruction and hitting analysis.

Registration begins at 8 a.m. each day and players should bring glove, cap, bat and any desired baseball attire.

Camp cost is \$25 per camper.

To register, print Application and Consent and Release forms from www.southflorida.edu/baseball/camp and

mail to address on application form.

Register by phone, all area codes 863, at 784-7036 for Sebring and Avon Park residents, 46

AP excited to start

Continued from 1B

is a jumper and a strong hitter and will add some power to this year's team.

"She is strong and has some raw talent. If she can develop that, I think we have a good player in her," Devlin said

"We have depth on the bench this year, and I have no hesitation about bringing anyone into a game if someone is injured or is out sick. That was a bit of a problem last year at crucial times. We

are fast and we are scrappy. I am looking forward to putting that into action against Sebring," Devlin said.

That will be when the county rivals meet at the Lady Streaks Pre-Season Classic Tuesday at 7:30 p.m.

The team will then look to a revamped district with Tenoroc, McKeel Academy and Fort Meade gone and DeSoto welcomed to the mix of Avon Park, Mulberry, Frostproof and six-time defending champion Lake

Placid. "DeSoto is a bit of a mystery," Devlin said. "They're the unknown."

But what she does know is how things are progressing.

"Experience on the court is still a small issue," she said. "But we are hustlers, not too many balls are going to get down, we're deep and we have some real strong servers. I'm super excited."

Dan Hoehne contributed to the writing of this story.

Firemen, Lovett lead the effort



News-Sun photo by DAN HOEHNE

Firemen Memorial Golf Classic tournament organizer Tommy Lovett Sr. addresses the more than 240 golfers who turned out for Saturday's event, the Firemen's largest annual fundraiser for area student-athletes and athletic programs.

GET A YOUTH SPORT FREE! FOR ONE WEEK ONLY

At the Highlands county YMCA you can get a youth sport free when you sign up for a quarterly couple or family membership! Also during this week the YMCA will be waiving the Join Fee for anyone wanting to get a membership of any kind!

August 22nd-28th

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RAILROAD WATCHES
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SILVER - SERVICE SETS
SILVER - GEORGE JENSEN
TIFFANY ITEMS
TOYS - ANTIQUE
TOY TRAINS - ANTIQUE
VANCLEEF - ARPELS
WATCHES - GOLD

2011 NFL PREVIEW

Chicago Bears

Week 1 - ATLANTA Sept. 11, 1 p.m. (Fox)	Week 7 - at Tampa Bay Oct. 23, 1 p.m. (Fox)	Week 13 - KANSAS CITY Dec. 4, 1 p.m. (CBS)
Week 2 - at New Orleans Sept. 18, 1 p.m. (Fox)	Week 8 - Bye	Week 14 - at Denver Dec. 11, 4:05 p.m. (Fox)
Week 3 - GREEN BAY Sept. 25, 4:15 p.m. (Fox)	Week 9 - at Philadelphia Nov. 7, 8:30 p.m. (ESPN) (Mon.)	Week 15 - SEATTLE Dec. 18, 1 p.m. (Fox)
Week 4 - CAROLINA Oct. 2, 1 p.m. (Fox)	Week 10 - DETROIT Nov. 13, 1 p.m. (Fox)	Week 16 - at Green Bay Dec. 25, 8:20 p.m. (NBC)
Week 5 - at Detroit Oct. 10, 8:30 p.m. (ESPN) (Mon.)	Week 11 - SAN DIEGO Nov. 20, 4:15 p.m. (CBS)	Week 17 - at Minnesota Jan. 1, 1 p.m. (Fox)
Week 6 - MINNESOTA Oct. 16, 8:20 p.m. (NBC)	Week 12 - at Oakland Nov. 27, 4:05 p.m. (Fox)	*All times EASTERN; subject to change.



Detroit Lions

Week 1 - at Tampa Bay Sept. 11, 1 p.m. (Fox)	Week 7 - ATLANTA Oct. 23, 1 p.m. (Fox)	Week 13 - at New Orleans Dec. 4, 1 p.m. (Fox)
Week 2 - KANSAS CITY Sept. 18, 1 p.m. (CBS)	Week 8 - at Denver Oct. 30, 4:05 p.m. (Fox)	Week 14 - MINNESOTA Dec. 11, 1 p.m. (Fox)
Week 3 - at Minnesota Sept. 25, 1 p.m. (Fox)	Week 9 - Bye	Week 15 - at Oakland Dec. 18, 4:05 p.m. (Fox)
Week 4 - at Dallas Oct. 2, 1 p.m. (Fox)	Week 10 - at Chicago Nov. 13, 1 p.m. (Fox)	Week 16 - SAN DIEGO Dec. 24, 4:05 p.m. (CBS) (Sat.)
Week 5 - CHICAGO Oct. 10, 8:30 p.m. (ESPN) (Mon.)	Week 11 - CAROLINA Nov. 20, 1 p.m. (Fox)	Week 17 - at Green Bay Jan. 1, 1 p.m. (Fox)
Week 6 - SAN FRANCISCO Oct. 16, 1 p.m. (Fox)	Week 12 - GREEN BAY Nov. 24, 12:30 p.m. (Fox) (Thu.)	*All times EASTERN; subject to change.

2010 Record: 6-10, third place, NFC North
Head Coach: Jim Schwartz, third season
Additions: S Erik Coleman, WR Rashied Davis, LB Justin Durant, Stephen Tulloch, CB Eric Wright, WR Maurice Stovall, DE Keyunta Dawson, DT Montavious Stanley, RB Jerome Harrison, RB Mike Bell, DB Michael Johnson, C Rudy Niswanger, DB Anthony Madison
Departures: DE Turk McBride, LB Zack Follett
Key Draft Picks: DT Nick Fairley (1), WR Titus Young (2), RB Mikel LeShoure (2), LB Doug Hogue (5)

Offseason review: The Lions came into the offseason needing major work on their defense. With their first pick, they went for value in DT Fairley, who will strengthen an interior line that was already a strength. The team jettisoned strongside linebacker Julian Peterson, so his replacement will either be holdover Bobby Carpenter or Durant, because fifth-round pick Hogue is considered a developmental prospect at this point. The other OLB slot will likely be filled by free agent signees Tulloch or Durant. The Lions also went the free agent route to fill their cornerback opening with Wright. On offense, the additions of WR Young and RB LeShoure should give QB Matthew Stafford two more legitimate options in what is already a very formidable unit.



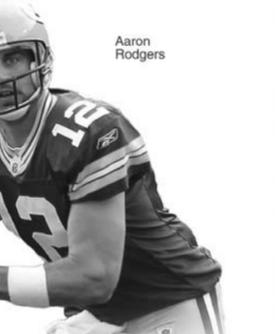
NFC NORTH

Green Bay Packers

Week 1 - NEW ORLEANS Sept. 8, 8:30 p.m. (NBC) (Thu.)	Week 7 - at Minnesota Oct. 23, 4:15 p.m. (Fox)	Week 13 - at N.Y. Giants Dec. 4, 4:15 p.m. (Fox)
Week 2 - at Carolina Sept. 18, 1 p.m. (Fox)	Week 8 - Bye	Week 14 - OAKLAND Dec. 11, 1 p.m. (CBS)
Week 3 - at Chicago Sept. 25, 4:15 p.m. (Fox)	Week 9 - at San Diego Nov. 6, 4:15 p.m. (Fox)	Week 15 - at Kansas City Dec. 18, 1 p.m. (Fox)
Week 4 - DENVER Oct. 2, 4:15 p.m. (CBS)	Week 10 - MINNESOTA Nov. 14, 8:30 p.m. (ESPN) (Mon.)	Week 16 - CHICAGO Dec. 25, 8:20 p.m. (NBC)
Week 5 - at Atlanta Oct. 9, 8:20 p.m. (NBC)	Week 11 - TAMPA BAY Nov. 20, 1 p.m. (Fox)	Week 17 - DETROIT Jan. 1, 1 p.m. (Fox)
Week 6 - ST. LOUIS Oct. 16, 1 p.m. (Fox)	Week 12 - at Detroit Nov. 24, 12:30 p.m. (Fox) (Thu.)	*All times EASTERN; subject to change.

2010 Record: 10-6, second place, NFC North; 4-0 in postseason, defeated Steelers in Super Bowl XLV
Head Coach: Mike McCarthy, sixth season
Additions: LB K.C. Asiodu
Departures: RB James X. Johnson, LB Nick Barnett, G Daryn Colledge, DE Cullen Jenkins, G Jason Spitz, RB Brandon Jackson, RB Ahman Green, LB Brady Poppinga
Key Draft Picks: OT Derek Sherrod (1), WR Randall Cobb (2), RB Alex Green (3), CB Davon House (4), TE D.J. Williams (5)
Offseason review: What do you get for the team that has everything? Well, if you're Aaron Rodgers and the Super Bowl champion Packers, the answer is depth. An already formidable offensive line added

Sherrad with the first-round pick, who is slated to replace starting LT Chad Clifton when his contract expires in 2012. At wide receiver, Cobb's selection at No. 2 was a surprise to some, until you consider Donald Driver's age (37). Green, selected in the third round, replaces RB Brandon Jackson, now in Cleveland, but guard could be an issue since the departed Colledge's possible replacements, Nick McDonald and Marshall Newhouse, aren't ready. And the selection of TE Williams in the fifth round gives the team depth behind starter Jermichael Finley.

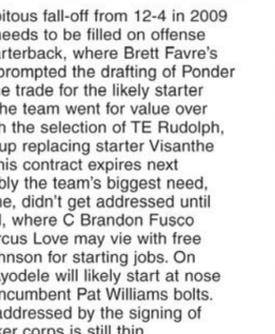


Minnesota Vikings

Week 1 - at San Diego Sept. 11, 4:15 p.m. (Fox)	Week 7 - MINNESOTA Oct. 23, 4:15 p.m. (Fox)	Week 13 - DENVER Dec. 4, 4:05 p.m. (CBS)
Week 2 - TAMPA BAY Sept. 18, 1 p.m. (Fox)	Week 8 - at Carolina Oct. 30, 1 p.m. (Fox)	Week 14 - at Detroit Dec. 11, 1 p.m. (Fox)
Week 3 - DETROIT Sept. 25, 1 p.m. (Fox)	Week 9 - Bye	Week 15 - NEW ORLEANS Dec. 18, 1 p.m. (Fox)
Week 4 - at Kansas City Oct. 2, 1 p.m. (Fox)	Week 10 - at Green Bay Nov. 14, 8:30 p.m. (ESPN) (Mon.)	Week 16 - at Washington Dec. 24, 1 p.m. (Fox) (Sat.)
Week 5 - ARIZONA Oct. 9, 1 p.m. (Fox)	Week 11 - OAKLAND Nov. 20, 1 p.m. (CBS)	Week 17 - CHICAGO Jan. 1, 1 p.m. (Fox)
Week 6 - at Chicago Oct. 16, 8:20 p.m. (NBC)	Week 12 - at Atlanta Nov. 27, 1 p.m. (Fox)	*All times EASTERN; subject to change.

2010 Record: 6-10, last place, NFC North
Head Coach: Leslie Frazier, second season
Additions: QB Donovan McNabb, WR Devin Aromashodu, OT Charlie Johnson, NT Reme Ayodele, WR Michael Jenkins
Departures: QB Brett Favre, DE Ray Edwards, QB Tarvaris Jackson, WR Sidney Rice, OT Bryant McKinnie, LB
Key Draft Picks: QB Christian Ponder (1), TE Kyle Rudolph (2), DT Christian Ballard (4), CB Brandon Burton (5)

Offseason review: A precipitous fall-off from 12-4 in 2009 to 6-10 in '10 meant many needs to be filled on offense and defense, starting at quarterback, where Brett Favre's long-anticipated retirement prompted the drafting of Ponder in the first round and the trade for the likely starter this year, McNabb. The team went for value over need at No. 2 with the selection of TE Rudolph, who could wind up replacing starter Vianthe Shiancoe when his contract expires next year. But probably the team's biggest need, the offensive line, didn't get addressed until the sixth round, where C Brandon Fusco and OT DeMarcus Love may vie with free agent signee Johnson for starting jobs. On the defensive line, Ayodele will likely start at nose tackle if 39-year-old incumbent Pat Williams bolts. Rice's departure was addressed by the signing of Jenkins, but the linebacker corps is still thin.



Canes can only wait, prepare

Continued from 1B
 Robinson, Adewale Ojomo, Dyron Dye, JoJo Nicholas and Sean Spence — have all met with investigators in recent days about Shapiro's allegations, which were published by Yahoo Sports on Tuesday.

Shapiro claims he provided 72 players with cash, cars, prostitutes and other gifts from 2002 to 2010. Those allegations could bring major sanctions from the NCAA, which has spent the past five months investigating the claims.

University officials have confirmed the NCAA had investigators on campus for several days, starting on Monday. Shapiro first made some allegations a year ago, though at least one of the names he listed then was not among the 72 he cited in a series of interviews with Yahoo Sports.

Miami has made four players available for interviews since the scandal broke publicly. None of the current 12 players listed in the article have been available for comment.

On Saturday, linebacker Jimmy Gaines — who plays the same position as Spence, someone he cites as a mentor — said his teammate has seemed unaffected by the situation.

"Sean's the same guy," Gaines said. "You wouldn't even know. He's been focusing still. He's still our leader. He's still doing the things that he's done before, before everything has happened."

Golden said Harris and Stephen Morris at quarterback are still alternating with the first-string offense, a clear sign that no determination has been made about a starter at that position.

Harris, Golden said, has been "nothing short of excellent." And Spence was among the few players wearing a black jersey in practice Saturday, an honor reserved for those players who are excelling at the highest level in Golden's system.

"I'm waiting for information," Golden said. "I'm confident that our kids did a great job in terms of being open and honest. That's going to allow everybody to move forward."

Miami players and coaches will not be available to reporters again before Thursday, barring any change in schedule. Most of that gap was announced weeks ago, a break of sorts to coincide with the start of the academic year.

A number of former Miami players have spoken out in recent days about Shapiro, and Carolina Panthers tight end Greg Olsen added his name to the chorus of those offering a similar refrain: "Consider the source," Olsen said.

"It's obviously unfortunate," Olsen added. "Miami means a lot to all of us who went there."

Late Friday, the chairman of the university's board of trustees released a letter saying it's "especially important that the alleged misconduct not overshadow our current leadership and institutional values."

Leonard Abess' letter also served as a strong vote of confidence for Shalala, who told the student newspaper, The Miami Hurricane, that she has no intention to leave the school anytime soon.

"Without a doubt these allegations are troubling and demand a thorough and honest evaluation of Hurricane Athletics," Abess wrote. "President Shalala has taken a strong position, insisting on full cooperation with the ongoing NCAA investigation. The process will be long, and in the ensuing months the Board of Trustees and the university administration will provide both leadership and unwavering support for our great institution."

Shapiro is serving a 20-year prison sentence. He has also been ordered to pay more than \$82 million to bilked investors. His claims pushed Miami onto the growing list of schools with major football programs to be investigated by the NCAA for rule-breaking in the past 18 months.

Others include Southern California, Ohio State, Auburn, Oregon, Michigan, North Carolina, Georgia Tech and LSU.

Newton, Panthers lose to Dolphins 20-10

By STEVEN WINE
Associated Press
 MIAMI — Cam Newton threw a Hail Mary pass that fell incomplete on the final play of the first half Friday night, and that's the closest he came to reaching the end zone.

The top pick of the NFL draft was shut out in his first exhibition-game start, and Newton's Carolina Panthers lost to the Miami Dolphins 20-10.

Newton played the entire first half, when the Panthers managed only three first downs, had the ball for less than eight minutes and fell behind 17-0.

Newton went 7 for 14 for 66 yards, and he ran four times for 18 yards.

Carolina crossed midfield for the first time when Newton ran for 7 yards on the next-to-last play of the half.

Reggie Bush, another former Heisman Trophy winner, played for the first time since joining the Dolphins and totaled 81 yards from scrimmage in three series.

He ran eight times for 48 yards, including a 17-yard burst up the middle, and caught two passes for 33 yards.

Miami's Chad Henne played the entire first half and led the Dolphins by 17

points in five possessions, including 10 points in two series against Panthers reserves. Henne went 15 for 24 for 194 yards, and he had a 17-yard scramble.

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COMMUNITY CALENDAR

The Community Calendar provides a brief listing of local clubs and organizations who meet on a regular basis. It is the responsibility of the group to update the *News-Sun* on any changes in this listing by calling 385-6155, ext. 516; send any changes by e-mail to editor@newssun.com; or mail them to *News-Sun* Community Calendar, 2227 U.S. 27 South, Sebring, FL 33870.

SUNDAY

■ **American Legion Post 25 Lake Placid** has lounge hours from 1-9 p.m. Live music is from 5-8 p.m. For details, call 465-7940.

■ **American Legion Post 74** open 1-8 p.m. Happy Hour 4-6 p.m. Members and guests only. Post is at 528 N. Pine St., Sebring. Call 471-1448.

■ **Heartland Interfaith Alliance** meets 1:30 p.m., first Friday, St. Frances of Assisi Episcopal Church, 43 Lake June Road, Lake Placid. For details, call 465-0051.

■ **Lake Placid Elks Lodge 2661** lounge is open from 1-7 p.m. Card games start at 1:30 p.m. The lodge is open to members and their guests. For details, call 465-2661.

■ **Lake Placid Moose** has karaoke in the pavilion. Horseshoes played at 9:30 a.m. Food available at 4 p.m. Open to members and qualified guests only.

■ **Loyal Order of Moose**, Highlands County Lodge No. 2494, 1318 W Bell St., Avon Park. Cards start at 4 p.m. Music outside Tiki Hut at 3 p.m. Lodge phone number 452-0579.

■ **Overeaters Anonymous**, meets from 4-5 p.m. in second floor conference room No. 3 at Florida Hospital Heartland Medical Center, 4200 Sun 'N Lake Blvd., Sebring. For details, call 382-7731. No dues, fees or weigh-ins. For details on the organization, go to www.oa.org.

■ **Ridge - Area Missionary Soldiers Avon Park Pathfinder Club** meets from 9 a.m. to noon every first and third Sunday at 58 E. Sixth St., Avon Park. For details, call 471-2143.

■ **Sebring Eagles Club 4240** serves lunch at 2 p.m. at the club, 12921 U.S. 98, Sebring. For details, call 655-4007.

■ **Sebring Moose Lodge 2259** offers NASCAR racing in the pavilion at 1:30 p.m. Bar open and kitchen open from 2-5 p.m. Lodge is at 11675 U.S. 98, Sebring. For details, call 655-3920.

■ **Society for Creative Anachronism (Local Chapter: Shire of Stagridge)** meets at 2 p.m. first and third Sunday at Brewster's Coffee House on U.S. 27 in Sebring. For details, call 214-5522.

■ **Veterans of Foreign Wars Post 3880** serves hamburgers from 4-5:30 p.m. and plays poker at 5:30 p.m. at the post, 1224 County Road 621 East, Lake Placid. For details, call 699-5444.

■ **Veterans of Foreign Wars Post 4300** Karaoke is from 5-8 p.m. at the post, 2011 SE Lakeview Drive, Sebring. For details, call 385-8902.

■ **N Lakes Blvd., Sebring.** For details, call 314-0891.

■ **Alcoholics Anonymous** meeting, 6:30 p.m. at Rosewood Center, 517 U.S. 27 South, Lake Placid.

■ **Alanon** meets at 8 p.m. at St. Agnes Episcopal Church, 3840 Lakeview Drive, Sebring. For details, call 202-0647.

■ **American Legion Placid Post 25 Lake Placid** has shuffleboard at 1 p.m. Lounge hours are 12-9 p.m. For details, call 465-7940.

■ **American Legion Post 74** open noon to 8 p.m. Happy hour from 4-6 p.m. Call 471-1448.

■ **AmVets Post 21** plays darts at 7:30 p.m. for members and guests. For details, call 385-0234.

■ **Avon Park Lakes Association** has shuffleboard at 1 p.m. and bingo at 7 p.m. The clubhouse is at 2714 Nautilus Drive in Avon Park.

■ **BALANCE Dual Diagnosed (Addiction and Mental Health) Support Group** meets the second and fourth Monday of the month from 5:30-7:30 p.m. at Florida Hospital Sebring, Conference Room 1. Qi-Gong to follow at 7 p.m. Call 386-5687.

■ **Boy Scout Troop 482** meets at 7 p.m., 34 Central Ave., Lake Placid.

■ **Bridge Club of Sebring** (American Contract Bridge Club) plays duplicate games at 12:30 p.m. at 347 Fernleaf Ave., Sebring. For details, call 385-8118.

■ **Diabetes Support Group** meets the second and fourth Monday from 1-2:30 p.m. in Florida Hospital Conference Room 3 in Sebring. Call 402-0177 for guest speaker list.

■ **Dual Diagnosed (Addiction and Mental Health) Support Group** meets from 7-8:30 p.m. the fourth Monday at 4023 Sun 'N Lake Blvd., Sebring. Call 386-5687.

■ **Florida Association Home and Community Education** meets from 9-11 a.m. weekly on Mondays at The Agri-Center. The group of sewers and crafters make items for residents of adult congregate living facilities. Call Penny Bucher at 385-0949.

■ **Garden Club of Sebring** meets noon, fourth Monday, Sebring Civic Center.

■ **Grand Prix Cloggers EZ** Intermediate and Intermediate Clogging class are held at 9 a.m. every Monday at Reflections on Silver Lake, Avon Park. Call Julie for further information at 386-0434.

■ **Harmony Hoedowners Square Dance Club** meets the second and fourth Monday at the Sebring Country Estates Civic Association clubhouse, 3240 Grand Prix Drive (down the street from Wal-Mart). Dancing will be held every month until April 2008. Classes are being started now in the Sebring and Lake Placid area. For more information, call Sam Dunn at 382-6792 or visit the Web site at www.samdun.net.

■ **Heartland Horses & Handicapped Inc.** is offering pony rides every Monday and Wednesday from 4:30-6:30 p.m., weather permitting. \$5 donation per child. Call 452-0006 for more information. All proceeds raised support our free equine assisted riding program for adults and children with special needs, which resumes in September.

■ **Heartland Pops** rehearses at 7 p.m. Mondays at Avon Park High School Band Room, 700 E. Main St., under the direction of Anthony Jones. Musicians of all ages are welcome. For information, call 314-8877.

■ **Highlands County Concert Band** rehearses 7-9 p.m. every Monday at Sebring High School band room. All musicians are welcome. Vic Anderson, musical director. Call Bill Varner at 386-0855.

■ **Highlands County Democratic Executive**

meets 7 p.m. fourth Monday in the Democratic Party Headquarters, 4216 Sebring Parkway, Sebring. For details, call 699-6052.

■ **Highlands County Sewing Group** meets from 1-3 p.m. at the Highlands County Agri-Civic Center in the 4-H laboratory, Sebring. For details, call 402-6540.

■ **Highlands Sertoma Club** meets noon, Takis Family Restaurant, Sebring.

■ **Highlands County Senior Squadron, Civil Air Patrol** the U.S. Air Force Auxiliary meets the second and fourth Monday nights at the Sebring Airport Terminal Building. All are welcome. For further information, call 471-1433 between 4 and 7 p.m.

■ **Lake Placid American Legion Post 25** meets 8 p.m., Legion hall.

■ **Lake Placid Art League** will have classes in Drawing and Painting, conducted by Anne Watson, from from 9:30 a.m. to 12:30 p.m. at the Cultural Center, 127 Dal Hall Blvd. From 1-4 p.m., Mary Gebhart will teach Fabric Painting at the center. For information call Dan Daszek at 465-7730.

■ **Lake Placid Elks 2661** opens its lounge at 1 p.m. at the lodge. Ladies crafts at 2 p.m. Sign up for darts is at 6:30 p.m. Music from 5-8 p.m. It is open to members and their guests. For details, call 465-2661.

■ **Lake Placid Library** has storytime at 10 a.m. for ages 3-5 except during holidays.

■ **Lake Placid Moose** plays cards at 2 p.m. Open to members and qualified guests only. Lodge closes at 6 p.m.

■ **Let It Begin With Me Alanon Group** meets from 10:30 a.m. to noon every Monday at Heartland Christian Church, 2705 Alt. 27 South, Sebring. For details about Alanon, a self-help group for families and friends of alcoholics, call 385-5714.

■ **Narcotics Anonymous Never Alone Candlelight** meets at 8 p.m. at 133 N. Butler Ave. in Avon Park, near the First Congregational Church. For information call Heartland area helpline (863) 683-0630. More information on other meetings and events at www.nafheartland.org.

■ **National Association for the Advancement of the Colored People**, Highlands County Branch meets 7:30 p.m., 401 Tulane, Avon Park.

■ **Orchid Society of Highlands County** meets 7 p.m. on the fourth Monday at the Highlands County Agri-Civic Center, 4509 George Blvd., Sebring. Call Ed Fabik at 465-2830 for details.

■ **Placid Lakes Bridge Club** meets 12-4:30 p.m. second and fourth Monday in Placid Lakes Town Hall, 2010 Placid Lakes Blvd. No meetings from end of May to October. For details, call 465-4888.

■ **Rotary Club of Highlands County** meets at 6:15 p.m. at Beef 'O Brady's, Sebring.

■ **Sebring AARP** meets 1:30 p.m., The Palms, Pine Street, Sebring.

■ **Sebring Bridge Club** has Bridge, ACBL Duplicate at the clubhouse, 347 N. Fernleaf, Sebring at 12:30 Mondays. For details or info on lessons, call 385-8118.

■ **Sebring Eagles Club 4240** has pizza and darts at 7:30 p.m. at the club, 12921 U.S. 98, Sebring. For details, call 655-4007.

■ **Sebring Elks Lodge 1529** has the lounge open from 12-7 p.m. Call 471-3557.

■ **Sebring Historical Society** open 9:30 a.m. to 5 p.m. Monday-Friday. Located in back side of Sebring Public Library building on Lake

Jackson. For information, call 471-2522.

■ **Sebring Moose Lodge 2259** plays Texas Hold 'em at 7 p.m. the second and fourth Monday at 11675 U.S. 98, Sebring. Beef franks and Italian sausages from 1 p.m. to closing. For details, call 655-3920.

■ **Take Off Pounds Sensibly FL 632, Sebring** meets at 2 p.m. for weigh-in at the fellow-ship hall at the First Baptist Church of Lake Josephine, Sebring. For details, call 659-1019.

■ **Veterans of Foreign Wars Ladies Auxiliary Post 4300** meets 2 p.m. fourth Monday, 2011 SE Lakeview Drive, Sebring.

■ **Veterans of Foreign Wars Post 3880** euchre, 6:30 p.m., 1224 County Road 621 East, Lake Placid. For more details, call 699-5444.

■ **Volunteers of America of Florida** is a nonprofit organization in Sebring that specializes in assisting person's with mental illness. We are pleased to announce our Drop in Center is open to individuals with a mental illness 6 days a week from 11am to 3 pm. The center offers a welcoming environment where individuals are accepted and feel comfortable. For more information please contact Wendy at 863-382-2022.

TUESDAY

■ **Al-Anon Family Groups** meet for discussion and Twelve Step study at noon, Union Congregational Church, 105 N. Forest Ave., Avon Park. Parking available south of old church.

■ **8 & 40 Salon 687** Call Betty Darmer, 465-2272, for details.

■ **Alzheimer's/Dementia Seminar** held at 11 a.m. every fourth Tuesday at Southern Lifestyle, 1297 U.S. 27 North, Lake Placid. Also sponsored by Nurse on Call. Covers common signs of dementia, coping and care giving tips, disease management, organizations, etc. Call 465-0568.

■ **American Legion Placid Post 25 Lake Placid** has shuffleboard and euchre, both at 1 p.m. Lounge hours are 11 a.m. to 9 p.m. For details, call 465-7940.

■ **American Legion Post 74** open noon to 8 p.m. Hot dogs served. Happy Hour 4-6 p.m. Call 471-1448.

■ **Audubon Chapter** meets the fourth Tuesday of each month at the Masonic Lodge, downtown Lake Placid on the corner of Main and Park. Bring a covered dish to share, utensils and plates, at 6:30 p.m. or come at 7:30 p.m. for presentations by guest speaker. The public is invited.

■ **Avon Park Boy Scout Troop 156** meets from 7-8:30 p.m. in the Scout Lodge, 202 Robert Britt St., Avon Park. Boys ages 11-17 are eligible to join. For details, call 452-2385.

■ **Avon Park Library** has storytime at 10 a.m. for ages 3-5 except during holidays.

■ **Beta Sigma Phi, Xi Nu Sigma** Chapter of Avon Park, meets the second and fourth Tuesday each month in the members home. Call president Mary Joiner at 382-4488 or vice president Linda Webster at 385-1124.

■ **Busy Bee Craft Club** meets 9-11 a.m., Fairway Pines, Sun 'N Lakes Boulevard, Sebring. Everyone is welcome. For more details, call 382-8431.

■ **Celebrate Recovery** meets every Tuesday night at "The Rock," Union Congregational Church, 28 N. Butler Ave., Avon Park. A barbecue meal is served at 6 p.m. for a donation. At 6:45 p.m., members meet. At 7:30 p.m., the group breaks up into small groups for men and women. The program is designed for drug and alcohol

addiction, divorce, death or illness grief, low or lost self-esteem or identity due to dysfunctional relationships, depression/anxiety, or any other need for healing. For details, contact Celebrate Recovery coordinator Pam Sim by calling 453-3345, ext. 106.

■ **The Computer Club at Buttonwood Bay** meets the second and fourth Tuesday of each month November through March. We invite anyone interested in expanding their computer knowledge to attend the Buttonwood Bay Bytes Computer Club meeting.

■ **Fletcher Music Club** meets every Thursday and Tuesday at Fletcher Music Center in Lakeshore Mall, Sebring. For more details, call 385-3288.

■ **G2G (Grandparent to Grandparent)**, a support group to help grandparents raising grandchildren, meets at 10 a.m. Tuesdays at One Hope United, 7195 S. George Blvd., Sebring. Call 214-9009.

■ **Heartland Harmonizers Barbershop Chorus** meets from 7-9:30 p.m. in the Sebring High School Music Room, Sebring. All men who enjoy singing are invited. Reading music is not required. Call 471-2294 or 386-5098.

■ **Highlands County Quilt Guild** meets first and third Tuesday, St. Agnes Episcopal Church, Sebring. Call Lynn Ullinn for meeting times at 314-0557 or e-mail luckyduck@mymailstation.com.

■ **Highlands Senior Center Bingo** every Tuesday 6-9 p.m. at 3400 Sebring Parkway. Doors open at 4 p.m. Cards on sale at 5 p.m.; games start at 6 p.m. Great snack bar. For more information, call 386-0752.

■ **Highlands Tea Party** meets at 6 p.m. Tuesdays at Homer's Restaurant, 1000 Sebring Square. Call 386-1440.

■ **Hope Hospice** grief support group meets at 11 a.m. at 319 W. Center Ave., Sebring; and 4:30 p.m. at Southern Lifestyle ALF, across U.S. 27 from Florida Hospital Lake Placid. Call 382-0312.

■ **Knights of Columbus Council 5441** meets 8 p.m. every second and fourth Tuesday at Knights of Columbus Hall, 900 U.S. 27 N., Sebring. For details, call 385-0987.

■ **Lake Placid Art League** has classes in Parchment Embossing from 8 a.m. to noon and 1-4 p.m. at the Cultural Center, 127 Dal Hall Blvd., taught by Maria Lorant. Call Dan Daszek at 465-7730.

■ **Lake Placid Elks 2661** opens its lounge at 1 p.m. at the lodge. Happy hour is from 2-5 p.m. Card games at 1:30 p.m. The lodge is open to members and their guests. For details, call 465-2661.

■ **Lake Placid Grief Support (Hope Hospice)** meets at 4:30 p.m. every Tuesday at Southern Lifestyle, 1297 U.S. 27 North, Lake Placid, with Charlie Stroup. Refreshments served. Door prize given. Call 465-0568.

■ **Lake Placid Jaycees** meets 7:30 p.m., Jaxson's. Board meeting, 6:30 p.m. Call Joe Collins, 655-5545, for details.

■ **Lake Placid Lions Club** meets at 7 p.m. (6 p.m. for dinner) the second Tuesday each month at Herons Garden, 501 US 27 North, Lake Placid. Call Jeanne at 699-0743.

■ **Lake Placid Women of the Moose** has a business meeting at 7:30 p.m. the fourth Tuesday at the lodge.

■ **Lorida Community Club**

meets at 7 p.m. Tuesday at the Lorida Community Center to plan events.

■ **Masonic Lodge** meets 8 p.m., 106 N. Main St., Lake Placid.

■ **Nar-Anon Support Group** for family members or friends of someone with a drug problem or addiction. Nar-Anon helps attain serenity and a more normal life for those affected by the addictions of loved ones, regardless of whether or not he/she has stopped using. 6 p.m. every Tuesday at First Baptist Church of Lake Josephine, 111 Lake Josephine Drive, Sebring.

■ **Overeaters Anonymous** meets from 9-10 a.m. every Tuesday at Avon Park Seventh-day Adventist Church, 1410 W. Avon Blvd. No dues, fees or weigh-ins. Visit www.FloridaRidgeIntergroup.com. For details, call 382-7731. Visit www.oa.org for more information on OA.

■ **Placid Lakes Bridge Club** meets 9 a.m. to 1:30 p.m. every Tuesday at Placid Lakes Town Hall, 2010 Placid Lakes Blvd. For details, call 465-4888.

■ **Retired and Senior Volunteer Program (RSVP)** offers a full range of volunteer opportunities for people age 55 and over. RSVP meets on the fourth Tuesday each month, 10 a.m., at the Highlands Little Theatre. Please join us for coffee and to learn more about current volunteer opportunities in Highlands County. Any interested and enrolled volunteers are invited to attend. For more information call Kris Schmidt, coordinator, RSVP, at 784-7189.

■ **Rotary Club of Sebring (Noon)** meets at noon at the Sebring Civic Center, near the library in downtown Sebring. For information, call 385-3829 or 471-9900.

■ **Sebring Bridge Club** will have Duplicate Bridge games every Tuesday evening. If interested in playing Duplicate Bridge, call 385-8118.

■ **Sebring Elks Lodge 1529** plays darts, beginning with sign in at 6 p.m. Games start at 6:30 p.m. No experience necessary. Cost is \$2. For more details, call 471-3557.

■ **Sebring Moose Lodge 2259** serves soft shell tacos 5-7 p.m. at 11675 U.S. 98, Sebring. Beef franks and Italian sausages from 1 p.m. to closing. Euchre is played at 6:30 p.m. For details, call 655-3920.

■ **Sebring Recreation Club** plays bridge at 12:30 p.m. and table tennis at 4 p.m. at 333 Pomegranate Ave., Sebring. For details, call 385-2966 or leave a name, number and message.

■ **Sertoma Club** meets at 7 a.m. at Dee's Restaurant, Sebring. For details, call Scott Albritton at 402-1819.

■ **Take Off Pounds Sensibly Chapter FL 99** meets from 6-7 p.m. at the Atonement Lutheran Church, 1744 Lakeview Drive, Sebring. Call 655-1743.

■ **Take Off Pounds Sensibly Chapter FL 618** has weigh in from 4-4:30 p.m. at Community Bible Church, 1400 CR-17A N., Avon Park. Meeting is at 4:45 p.m. For details, call 452-1093.

■ **Veterans of Foreign Wars Post 3880**, plays darts 6:30 p.m., 1224 County Road 621 E., Lake Placid. For more details, call 699-5444.

■ **Veterans of Foreign Wars Post 4300** has sandwiches at 5 p.m. and Franke from 6-9 p.m. at the post, 2011 SE Lakeview Drive, Sebring. Call 385-8902.



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SENIOR SCENE

Defense against depression

In these “dog days of August” with the extreme clinging heat, tempers flare; resistance is low; options for cooling off are limited. Frequent thunderstorms limit the use of the computer (that would send me off if it blew out while I have a deadline for this column). Without a few back-up remedies it is easy to fall prey to despondency if not a full-blown depression.

The good news is that more than 80 percent of people who are depressed respond quickly and positively to treatment. However in a survey done by the National Academy on Aging, nearly two out of three who reported feeling depressed waited at least four years before seeking treatment.

Common barriers to treatment include denial, shame, lack of money or insurance and fear. The fear is the result of lack of information and reluctance to change. But depression often coexists or is the result of other chronic conditions. So the number one action is to have a complete physical examination.

To lend some light on the subject, this a list of the most common questions



Pearl's Pearls

Pearl Carter

asked about depression:

1. What is depression? It is a range of disorders and the symptoms vary.

2. What are the symptoms of depression? Sleep disturbances, loss of appetite or increase of appetite, guilt, low self-esteem, futility; in short “hopeless, hapless and humpless.” One patient’s description: “Feels like sandpaper. Looks like a dark black hole. Smells like a New York City sewer. Tastes like sour milk. Sounds like ... silence ... or the roar of trains in a tunnel.”

3. Is it hereditary? Some form seems to run in families. Studies show a significant increase in the number of close relatives who have some form of mood disorder. But depression is a family affair. If one parent is depressed, it is two or three times more likely that a child will be depressed. If both parents are depressed, it is four times more likely that a child will be depressed. The question arises: Is this nature or nurture? Probably a bit of both in varying degrees.

4. Will my spouse (son, daughter, etc.) get better? Barring other contributing physical conditions, about 80 percent will. With the

advent of new drugs and insights, the statistics are more and more favorable.

5. What happens if depression is not treated? Sometimes nothing and it can spontaneously disappear. Like most things, it should never be ignored. Remember depression, like so many other things, is on a continuum from mild and barely noticeable to suicidal. Aside from the risk of suicide, depression can seriously impair general health. There is a high incidence of alcoholism and drug addiction among the depressed. There is also speculation that certain daredevil behaviors may be attempts to ward off or overcome symptoms of depression.

6. Once it is cured, will it come back? Anything is possible. Experience shows when people learn coping skills, the common variety of depression does not return or if it does, with experience of how to combat it, it is short-lived.

7. Doesn't everybody have those feelings? Feelings are part of the human condition, but feelings of depression are occasional and usually are triggered by valid occurrences and are not prolonged.

8. Can you function with depression? What about Lincoln James Forestral, many of the Hollywood stars, etc., etc., etc.

9. What are the drugs that cure depression? I will not list or discuss them. Only a competent psychiatrist should prescribe medication and such medication should be taken under a psychiatrist's care. There are many side effects to drugs but pharmacology has made enormous leaps in control of depression and one should not rule out medication when indicated. In my opinion, medication should be used in conjunction with psychotherapy, not alone.

10. Do children get depressed? Look at the statistics of teen suicide. It is the third leading killer of teens.

The good news is with the information explosion on biological neurological biochemical approaches, we now have many more tools and resources than ever before. Locally, see Highlands County Directory of Community Services, Florida Hospital Heartland Division has a health education department. Ask A Nurse (AARP) is a fine resource for direction and is free.

In next month's column, I will compile a list of coping resources. I can tell you now, exercise will be on the list.

Pearl Carter is writer, poet and a Lake Placid resident. E-mail her at timely87@comcast.net.

Social Security questions/answers

By **ESTHER HARRIS**
Special to the News-Sun

Question: How do I show proof of my Social Security benefit amount?

Answer: Here are four ways:

◆ You can use your SSA-1099 form as proof of your income if you receive Social Security benefits;

◆ You can use your annual notice that tells you your benefit amount for the year as verification of your current benefits;

◆ The fastest, easiest, and most convenient way is to go online and request a Proof of Income Letter at www.socialsecurity.gov/bene; and

◆ You may call Social Security's toll-free number, 1-800-772-1213 (TTY 1-800-325-0778), between 7 a.m. and 7 p.m., Monday through Friday.

Question: I understand that by 2013 I will not be able to continue receiving my Social Security payments by paper check. What are the benefits of using direct deposit?

Answer: The benefits of using direct deposit are:

◆ It's safe;

◆ It's secure;

◆ It's convenient;

◆ There are no checks to be lost;

◆ You are in control of your money; and

◆ You will get your benefits on time, even if you're out of

town, sick, or unable to get to the bank.

You choose the account where your Social Security payment is deposited. If you don't have a bank account, you can use the Direct Express prepaid debit card to receive Social Security, Supplemental Security Income (SSI), and other Federal benefit payments. With this card, you can make purchases, pay bills, and get cash at thousands of locations nationwide. Learn more about direct deposit and Direct Express at www.godirect.gov.

Question: What is a disability trial work period?

Answer: The “trial work period” allows Social Security disability beneficiaries to test their ability to work for at least nine months without losing benefits. During the trial work period, you can receive full benefits no matter how much you earn, as long as you remain disabled and you report your work activity. The trial work period continues until you have completed nine trial work months within a 60-month period. You can find more information about available work incentives in our publication Working While Disabled-How We Can Help at www.socialsecurity.gov/pubs/10095.html.

Esther Harris is the district manager and is assigned to the Social Security office in Sebring.



CELEBRATION!

TUESDAY AUG 30TH - 10-4 & WEDNESDAY AUG 31ST - 10-6

B O O M B O O M 'S

GUN'S & AMMO | SPORTING GOODS

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MOVIES

Leave well enough alone: 5 most needless remakes

By CHRISTY LEMIRE

AP Movie Critic

LOS ANGELES — This is one of those weeks in which five choices aren't nearly enough. We're talking about unnecessary remakes, which pretty much means ... all of them.

Rare is the remake that actually improves on the original — this year's "The Mechanic" with Jason Statham springs to mind. But the original versions of "Assault on Precinct 13" or "The Longest Yard" or "The Taking of Pelham 123," for example, were just fine on their own, and in their own time.

With this week bringing new versions of "Conan the Barbarian" and "Fright Night," we're going to focus on movies that never should have been touched. Stop me if you think you've heard this one before:

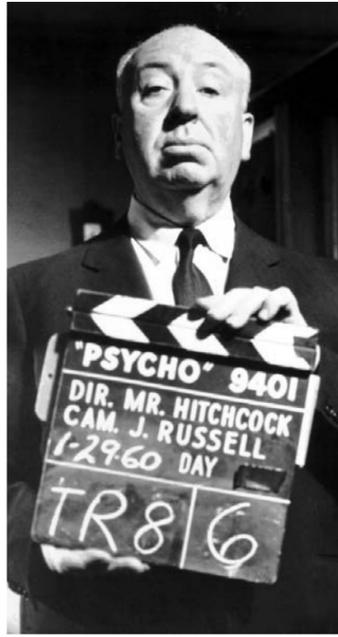
Psycho (1998)

Pretty much no one should go near Alfred Hitchcock, ever. But if you're daring enough to try, you should avoid doing a shot-by-shot remake of what is probably the master's best-known film. Still, you've got to admire Gus Van

Sant's chutzpah. He shot it in color — that's different — and added a few slight tweaks. Vince Vaughn plays the iconic Anthony Perkins role of Norman Bates and Anne Heche fills in for Janet Leigh as Marion Crane. But other than that, it's the same characters, same dialogue, same camera angles, even the same Bernard Hermann score from 1960. It's an intriguing exercise but, ultimately, a noble failure.

The Invasion (2007)

There've been many versions of the sci-fi classic "Invasion of the Body Snatchers," but this one had the least bite. Nicole Kidman, Daniel Craig and Jeffrey Wright went to waste as a few of the last citizens who managed to remain uninfected when a gloopy substance from outer space took over the population, turning people into emotionless drone versions of themselves. The whole point of this story has always been to serve as a reflection of its times, whether it's making a statement about McCarthyism (1956) or Vietnam and Watergate (1978). This time, there were passing TV news references to the war in Iraq and North



MCT

Alfred Hitchcock on the set of the original 'Psycho.'

Korean leader Kim Jong Il, but the film's political ideology felt tossed-in and half-baked. Worst of all, it wasn't the slightest bit scary or suspenseful.

City of Angels (1998)

Wim Wenders' "Wings of Desire" (1987) is a modern classic, and it featured one of the greatest performances by the late Peter Falk. Melancholy, thoughtful and visually arresting, it followed unseen angels who watched over Berlin, observing people's actions, listening to their thoughts, quietly shaping their lives. "City of Angels," by comparison, was too obvious — it spelled everything out, its emotions were too tidy. Brad Silberling turned this subtle story into a simple romantic comedy starring Nicolas Cage (as an angel) and Meg Ryan (as a heart surgeon), two actors who make absolutely no sense together.

The Women (2008)

George Cukor's 1939 cat fight, based on the play by Clare Boothe Luce, was intended as a satire of society mavens and their frivolous lives. In directing for the first time and writing the script, "Murphy Brown" creator Diane English made it a celebration. Sure, it had an all-female cast of solid actresses (Meg Ryan, Annette Bening, Cloris Leachman), as did the original,

though perhaps not quite the stellar collection that included Norma Shearer, Joan Crawford and Rosalind Russell. Cukor's tone and timing were missing; English applied all the lighthearted instincts of her sitcom background and seemingly none of the insights of the source material.

The Karate Kid (2010)

This is admittedly a personal, nostalgic choice. But for anyone who grew up in the '80s, "The Karate Kid" inspires a deep fondness. Harold Zwart's version maintained the basic structure and even some key details, like the sweep-the-leg moment in the finale. It moved the setting from Los Angeles to Beijing, that's no big deal. The main problem was the casting of Jaden Smith, who was several years younger than Ralph Macchio was and looks even younger. And so neither the fighting nor the romance with a girl who's out of his league — two key components of "The Karate Kid" — made sense.

Think of any other examples? Share them at www.twitter.com/christylemire.

PLACES TO WORSHIP

Places to Worship is a paid advertisement in the News-Sun that is published Friday and Sunday. To find out more information on how to place a listing in this directory, call the News-Sun at 385-6155, ext. 502.

APOSTOLIC

■ **Greater Faith Apostolic Church**, 24 Rainer Drive, Lake Placid, FL 33852. invites you to come worship with us in spirit and truth at 10:30 a.m. and 6:30 p.m. Sunday, and at 7:30 p.m. Wednesday. For information contact 840-0152. Pastor Larry Carmody.

ASSEMBLY OF GOD

■ **Christ Fellowship Church (Assembly of God)**, 2935 New Life Way, Bearing His Name; Preaching His Doctrine; and Awaiting His Coming. "Worshipping God in Spirit and in Truth." Sunday School, 9 a.m.; Morning Worship, 10 a.m.; Evening Worship, 5 p.m. Wednesday: Worship, 7 p.m. Pastor Eugene Haas. Phone 471-0924.

■ **First Assembly of God**, 4301 Kenilworth Blvd., Sebring. The Rev. Wilmont McCravy, pastor. Sunday School, 10 a.m.; Morning Worship and KIDS Church, 11 a.m.; Evening Worship, 7 p.m. Wednesday Family Night, (Adult Bible Study), LIFE Youth Group, Royal Rangers, Missionettes, 7:30 p.m. Phone 385-6431.

BAPTIST

■ **Avon Park Lakes Baptist Church**, 2600 N. Highlands Blvd., Avon Park, FL 33825. George Hall, Pastor. Christ centered and biblically based. Sunday worship services, 8:30 a.m., 11 a.m. and 6 p.m. Nursery facilities are available. Bible studies at 9:45 a.m. Sunday and 7 p.m. Wednesday. Prayer Time 6 p.m. on Wednesday. Bible classes at 9:45 a.m. are centered for all ages. Choir practice at 5 p.m. Sunday. Church phone: 452-6556.

■ **Bethany Baptist Church (GARBC)** We are located at the corner of SR17 and C-17A (truck route) in Avon Park. Join us Sunday morning at 9:00 AM for coffee and doughnuts, followed with Sunday School for all ages at 9:30. Sunday morning worship service begins at 10:30 a.m., and evening worship service is at 6 p.m. On Wednesdays, the Word of Life teen ministry and the Catelyst class (20's+) begin at 6:30 PM. The adult Bible and Prayer Time begins at 7 p.m. For more information go to www.bethanybaptistap.com or call the church office at 863-452-1136.

■ **Faith Missionary Baptist Church**, off State Road 17 North of Sebring at 1708 LaGrange Ave. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 7 p.m. Wednesday Service, 6 p.m. Deaf interpretation available. Ken Lambert, Pastor. Phone 386-5055.

■ **Fellowship Baptist Church**, 1000 Maxwell St., Avon Park, FL 33825. Sunday: Sunday School, 9:30 a.m.; Morning Worship, 10:45 a.m.; Wednesday: Evening Service, 7 p.m.; Children/Youth, 7

p.m. Telephone: 453-4256. Fax: 453-6986. E-mail: office@apfellowship.org; Web site, www.apfellowship.org.

■ **First Baptist Church of Avon Park**, 100 N. Lake Ave., Avon Park. Rev. Jon Beck, pastor; Scott King youth minister; and Joy Loomis, music director. Regular Sunday schedule: 8:30 a.m. Orchestra rehearsal; 9 a.m. Library open; 9:30 a.m. Sunday School; 11 a.m. Morning Worship; 11 a.m. Children's Church; 4 p.m. Evening Service. Tuesday schedule: 8-10 a.m., basic computer class/Sonshine House; 7-9 p.m. conversational English and citizenship classes/Sonshine House. Regular Wednesday schedule: 5:15 p.m. Family Night Supper; 6 p.m. Bible Study and Prayer; 6 p.m. Adult Choir Practice; 6:30 p.m. children's choir rehearsals; 7 p.m. children's mission groups. Call 453-6681 for details. Primera Mision Bautista, 100 N. Lake Ave., Avon Park, Johnattan Soltero, Pastor. Regular Sunday schedule: 10 a.m., Bible Study; 11 a.m., Worship Service. Wednesday schedule: 7 p.m., Bible study.

■ **First Baptist Church of Lake Josephine**, 111 Lake Josephine Drive, Sebring (just off U.S. 27 midway between Sebring and Lake Placid). Your place for family, friends and faith. Sunday morning worship service is 11 a.m. Nursery is provided for both services with Children's Church at 11 a.m. Life changing Bible Study for all ages starts at 9:45 a.m. Associate Pastor Allen Altwater leads the youth in their quest to become more like Christ. Sunday night worship at 6 p.m. Wednesday Bible Study and Prayer meeting at 7 p.m. along with youth worship in the youth facility, and missions training for all children. Call the church at 655-1524.

■ **First Baptist Church of Lake Placid**, Knowing God's Heart and Sharing God's Hope, 119 E. Royal Palm Street. (2 blocks south of Interlake Blvd) Lake Placid, FL 33852 (863) 465-3721, Email: www.fbclp.com. Pastor Brett Morey, senior pastor. Sunday services - Traditional Service 9 a.m., Contemporary Service 10:30 a.m. Link Groups at 9 and 10:30 a.m., Senior Sunday Night and Sunday Evening Bible study at 6 p.m. Wednesday Activities: Family dinner at 5 p.m. (\$4 per person, reservations required). Adult-LifeSource classes, prayer meeting, Youth Intersections, and Kids K-5-MaxKidz Extreme meet at 6:15 p.m. Men meet at 8 a.m. every Tuesday for prayer breakfast and women's prayer breakfast is at 8 a.m. every Wednesday, both at the Family Restaurant.

■ **First Baptist Church of Lorida** located right on U.S. 98 in Lorida. Sunday School begins at 9:45 a.m. for all ages. Sunday worship services are at 11 a.m. and 6:30 p.m. Preschool care is provided at the 11 a.m. worship service. Wednesday evening Bible Study and Prayer meeting is at 6:30 p.m., followed by adult choir rehearsal. From September the AWANA groups meet. First Lord's love is the "Place to discover God's love." For more information about the church or the ministries offered, call 655-1878.

■ **First Baptist Church, Sebring**, 200 E. Center Ave., Sebring, FL

33870. Telephone: 385-5154. Dr. David E. Richardson, senior pastor; Rev. Joe Delph, minister of youth and activities. Group Bible Studies, 9:15 a.m.; Blended Service, 10:30 a.m.; Mision Buatista Hispana, 2 p.m.; Sunday Evening Worship, 6 p.m. Wednesday night programs at the ROC begin 5:30 p.m., at church begin 6:30 p.m. Preschool and Mother's Day Out for children age 6 weeks to 5 years old. Becky Gotsch, director. Call 385-4704.

■ **Florida Avenue Baptist Church**, 401 S. Florida Ave., Avon Park. Mailing address is 710 W. Bell St., Avon Park, FL 33825. Telephone, 453-5339. Rev. John D. Girdley, pastor. Sunday School, 9:45 a.m.; Sunday Worship, 11 a.m.; 11 a.m. Children's Church; Sunday Evening Worship, 6 p.m. Wednesday night programs for children, youth and adults at 7 p.m.

■ **Independent Baptist Church**, 5704 County Road 17 South, Sebring, FL 33876. Sunday School, 9:30 a.m. Sunday worship, 10:30 a.m. Sunday evening, 6 p.m. Wednesday service, 7 p.m. Fundamental, soul-winning, mission-minded, King James Bible Church. Larry Ruse, pastor. Phone 655-1899. Bus transportation.

■ **Leisure Lakes Baptist Church**, 808 Gardenia St., Lake Placid (just off of Miller at the west end of Lake June) "Where the old fashion gospel is preached." Sunday School begins at 9:45 a.m.; Sunday Worship service at 11 a.m.; Sunday Evening Service is at 6 p.m. Wednesday Prayer Meeting and Bible Study at 7 p.m. Call the church at 699-0671 for more information.

■ **Maranatha Baptist Church (GARBC)**, 35 Maranatha Blvd., Sebring, FL 33870 (A half mile east of Highlands Avenue on Ar buckle Creek Road.) Sunday School, 9 a.m.; Morning Worship, 10:15 a.m.; Evening Service, 6 p.m. Mid-week service, Wednesday, 6 p.m. Daily Prayer and Bible Study, 8 a.m., Hamman Hall. Pastor Gerald Webber and Associate Pastors Don Messenger and Ted Ertle. Phone 382-4301.

■ **Parkway Free Will Baptist Church**, 3413 Sebring Parkway, Sebring, FL 33870. Welcome to the church where the "Son" always shines. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m.; and Wednesday Evening Worship, 7 p.m. End-of-the-Month-Sing at 6 p.m. on the last Sunday of each month. The Rev. J.S. Scaggs, pastor. Church phone: 382-3552. Home phone: 214-3025. Affiliated with the National Association of Free Will Baptists, Nashville, Tenn.

■ **Sparta Road Baptist Church, (SBC)** 4400 Sparta Road. Rev. Ken Geren, interim pastor. Sunday school, 9:45 a.m.; Sunday Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m. Wednesday: Prayer/Bible Study, 6 p.m. Nursery provided. For information, call 382-0869.

■ **Southside Baptist Church (GARBC)**, 379 S. Commerce Ave., Sebring. David C. Altman, Pastor; Aaron Snider, Youth Pastor. Sunday School for all ages, 9:30 a.m.; Morning Worship Service, 10:45 a.m.; Awana kindergarten through fifth grade, 5:30 p.m.; Evening Worship, 6 p.m.

Wednesday: Student ministry, 6:30 p.m.; Adult Midweek Prayer and Bible Study, 7 p.m. A nursery for under age 3 is available at all services. Provisions for handicapped and hard-of-hearing. Office phone, 385-0752.

■ **Spring Lake Baptist Church**, "Where the Bible is Always Open." Pastor Richard Schermerhorn. 7408 Valencia Road; 655-2610. On U.S. 98 at the Spring Lake Village II entrance. Sunday School, 9:45 a.m. for all ages; Morning Worship, 10:45 a.m.; Sunday Evening Worship, 6 p.m. Wednesday Mid-week Bible Study and Prayer Service, 6:30 p.m. Nursery available for all services.

■ **Sunridge Baptist Church, (SBC)** 3704 Valerie Blvd. (U.S. 27 and Valerie, across from Florida Hospital), Sebring. Tim Finch, pastor. Sunday School, 9:30 a.m.; Sunday Morning Worship, 10:45 a.m.; and Sunday Evening Service, 6 p.m. Wednesday: Prayer, Bible Study, and Youth, 6:30 p.m. Nursery provided. For information, call 382-3695.

CATHOLIC

■ **Our Lady of Grace Catholic Church**, 595 East Main St., Avon Park, 453-4757. Father Nicholas McLoughlin, pastor. Saturday Vigil Mass is 4 p.m. in English and 7 p.m. in Spanish; Sunday mass 8 and 10:30 a.m. in English. Weekday mass at 8 a.m. Confessions are at 3:30 p.m. Saturday. Religious Education Classes are 9-10:20 a.m. Sunday for grades K through 8th. Confirmation class is from 6:30-8 p.m. Wednesday. Youth Nights grades 6th and up, 6:30-8 p.m. Wednesday.

■ **St. Catherine Catholic Church**, 820 Hickory St., Sebring. Mailing address: 882 Bay St., Sebring, FL 33870, 385-0049. www.stcath.com. Very Rev. José González, V.F. Masses - Daily Masses 8 a.m. and noon Monday-Friday; 9 a.m. and 4 p.m. Saturday; 8 and 10:30 a.m. and noon Sunday. Confession: every Saturday 3-3:45 p.m. or first Friday of the month 7:15-7:45 a.m., or by appointment. Enroll your students today for Catholic School grades Pre-K3 through 5th grade.

■ **St. James Catholic Church**, 3380 Placidview Drive, Lake Placid, 465-3215. Father Michael J. Cannon. Mass schedule: Summer (May 1 to Oct. 31) - Saturday Vigil, 4 p.m.; Sunday 8 a.m. and 9:30 a.m.; Weekdays, 9 a.m. December thru Easter - Saturday, 4 p.m.; Sunday, 8 a.m., 9:30 a.m. and 11 a.m.; Weekdays 9 a.m.; and Holy Days 8 a.m., 9:30 a.m. and 7 p.m., first Saturday at 9 a.m.

CHRISTIAN

■ **Eastside Christian Church**, 101 Peace Ave., Lake Placid, FL 33852 (two miles east of U.S. 27 on County Road 621), 465-7065. Ray Culpepper, senior pastor. Sunday: Bible classes, 9 a.m.; Worship Celebration with the Lord's Supper each week 10:15 a.m. Thelma Hall, organist; and Pat Hjort, pianist. Wednesday: Praise and Prayer, 6:30 p.m.; "Building God's Kingdom for Everyone."

"Jesus Christ, the Way, Truth and Life!" "Alive and Worth the Drive!"

■ **Sebring Christian Church**, 4514 Hammock Road, Sebring, FL 33872. Tod Schwingel, Preacher; Marco Gallardo, Youth Pastor. Sunday Worship, 9:30 a.m.; Sunday School, 11 a.m.; Sunday Youth Service, 6 p.m.; Evening service at 6:30 p.m. Wednesday night meals, 5:30 p.m. followed by classes at 6:30 p.m. Changing Seasons, a men's grief support group, meets at 1 p.m. Wednesdays. Alzheimers Caregivers Support Group meets at 1 p.m. Thursdays. Office hours, 9 a.m. to 1 p.m. Monday-Friday. Phone 382-6676.

■ **First Christian Church**, 1016 W. Camphor St., Avon Park, FL 33825; (863) 453-5334; on the Web at www.firstchristianap.com. Our motto is "Jesus is First at First Christian Church." Greg Ratliff, Senior Minister; Ray Culpepper, Family Life Minister; Jon Carter, Music Director. Bible School 9 a.m.; Worship 10 a.m.; Bible Study, 6 p.m.; Wednesday studies for all ages, 6 p.m. Nursery provided for all events.

■ **First Christian Church (Disciples of Christ)**, 510 Poinsettia Avenue, (corner of Poinsettia and Eucalyptus), Sebring, FL 33870. Phone: 385-0358 or 385-3435. The Rev. Ronald Norton, Pastor; Sunday School, 9 a.m.; Praise Breakfast, 10 a.m., Morning Worship, 10:30 a.m.; Children's Church, 10:30 a.m. Thursday, Praise and Worship, 6:45 p.m. Youth Fellowship, 7:15 p.m.; Midweek Bible Study, 7:15 p.m.

CHRISTIAN & MISSIONARY ALLIANCE

■ **The Alliance Church of Sebring**, 4451 Sparta Road, Sebring, FL 33875. Call 382-1343. Rev. Steve Hagen, pastor. Sunday services: Sunday School meets at 9:30 a.m.; Sunday Morning Worship Service meets at 10:30 a.m.; Sunday Evening Bible Study meets at 6 p.m. (off site); Wednesdays Prayer Gathering meets at 6 p.m.

CHRISTIAN SCIENCE

■ **Christian Science Church**, 146 N. Franklin St. Sunday: 10:30 a.m. morning worship and Sunday school. Testimonial meetings at 4 p.m. each second and fourth Wednesday. A free public reading room/bookstore, located in the church, is open before and after church services. The Bible and the Christian Science textbook, 'Science and Health with Key to the Scriptures' by Mary Baker Eddy are our only preachers. All are welcome to come and partake of the comfort, guidance, support and healing found in the lesson-sermons.

CHURCH OF BRETHREN

■ **Church of the Brethren**, 700 S. Pine St., Sebring, FL 33870. Sunday: Church School, 9 a.m.;

Morning Worship, 10:15 a.m. Wednesday: Temple Choir, 7:30 p.m. Phone 385-1597.

CHURCH OF CHRIST

■ **Avon Park Church of Christ**, 200 S. Forest Ave., Avon Park, FL 33825. Minister: Larry Roberts. Sunday Worship Services, 10:30 a.m. and 6 p.m. Nursery facilities are available at every service. Bible Study: Sunday, 9:30 a.m. and Wednesday, 7 p.m. Bible centered classes for all ages. Church phone: 453-4692.

■ **Sebring Parkway Church of Christ**, 3800 Sebring Parkway, Sebring, FL 33870; 385-7443. We would like to extend an invitation for you and your family to visit with us here at Sebring Parkway. Our hours of service are: Sunday Bible Class, 9 a.m.; Sunday Worship Service, 10 a.m.; Sunday Evening Service, 6 p.m.; Wednesday Service, 7 p.m.

CHURCH OF NAZARENE

■ **First Church of the Nazarene of Avon Park**, P.O. Box 1118., Avon Park, FL 33825-1118. 707 W. Main St. Randall Rupert, Pastor. Sunday: Sunday school begins at 9:45 a.m. for all ages; morning worship at 10:45 a.m.; and evening service at 6 p.m. Wednesday evening service is at 7 p.m. with special services for children and adults. Special services once a month for seniors (Prime Time) and Ladies ministries. If you need any more information, call 453-4851.

■ **First Church of the Nazarene of Lake Placid**, 512 W. Interlake Blvd., Lake Placid, FL 33852. Sunday school, 9:30 a.m.; Morning worship, 10:45 a.m.; Evening service, 6 p.m. Wednesday evening, 7 p.m. Classes for adult children and youth. Call 465-6916. Pastor Tim Taylor.

CHURCHES OF CHRIST IN CHRISTIAN UNION

■ **Community Bible Church - Churches of Christ in Christian Union**, (Orange Blossom Conference Center) 1400 C-17A North (truck route), Avon Park. Presenting Jesus Christ as the answer for time and eternity. Sunday morning worship service, 10:30 a.m. Nursery provided. Junior Church activities at same time for K-6 grade. Sunday School Bible hour (all ages), 9:30 a.m. (Transportation available.) Sunday evening praise and worship service, 6 p.m. Wednesday evening prayer service, 7 p.m. Children and youth activities at 7 p.m. Wednesday. Everyone is welcome, please come worship with us. Don Seymour, Senior Pastor. Phone 452-0088.

BOOKS

HARDCOVER FICTION

1. "A Dance With Dragons" by George R.R. Martin (Bantam)
2. "Full Black" by Brad Thor (Atria)
3. "The Ideal Man" by Julie Garwood (Dutton Adult)
4. "Cold Vengeance" by Lincoln Child and Douglas Preston (Grand Central Publishing)
5. "Ghost Story" by Jim Butcher (Roc)
6. "Victory and Honor" by W.E.B. Griffin and William E. Butterworth IV (Putnam Adult)
7. "Star Wars: Fate of the Jedi: Ascension" by Christie Golden (Del Ray/Lucas Books)
8. "Portrait of a Spy" by Daniel Silva (Harper)
9. "The Magician King: A Novel" by Lev Grossman (Viking)
10. "The Help" by Kathryn Stockett (Putnam/Amy Einhorn)
11. "Retribution" by Sherrilyn Kenyon (St. Martin's Press)
12. "Smokin' Seventeen" by Janet Evanovich (Bantam)
13. "Now You See Her" by James Patterson, Michael Ledwidge (Little, Brown)
14. "State of Wonder" by Ann Patchett (Harper)

15. "Happy Birthday: A Novel" by Danielle Steel (Delacorte Press)

HARDCOVER NONFICTION

1. "A Stolen Life" by Jaycee Dugard (Simon & Schuster)
2. "Unbroken: A World War II Story of Survival, Resilience, and Redemption" by Laura Hillenbrand (Random House)
3. "The 17 Day Diet: A Doctor's Plan Design for Rapid Results" by Dr. Mike Moreno (Free Press)
4. "Go the F--k to Sleep" by Adam Mansbach and Illustrations by Ricardo Cortes (Avon)
5. "Prime Time: Love, Health, Sex, Fitness, Friendship, Spirit-- Making the Most of All of Your Life" by Jane Fonda (Random House)
6. "1493: Uncovering the New World Columbus Created" by Charles C. Mann (Knopf)
7. "In the Garden of Beasts" by Erik Larson (Crown)
8. "After America: Get Ready for Armageddon" by Mark Steyn (Regency)
9. "The Dukan Diet" by Pierre Dukan (Crown Archetype)
10. "The Greater Journey" by

Publishers Weekly Best Sellers

- David McCullough (Simon & Schuster)
11. "Bossypants" by Tina Fey (Reagan Arthur)
 12. "SEAL Team Six" by Howard E. Wasdin and Stephen Templin (St. Martin's Press)
 13. "Through My Eyes" by Tim Tebow with Nathan Whitaker (Harper)
 14. "The 4-Hour Body: An Uncommon guide to Rapid Fat-Loss, Incredible Sex, and Becoming Superhuman" by Timothy Ferriss (Crown)
 15. "Of Thee I Zing" by Laura Ingraham with Raymond Arroyo (Threshold)

MASS MARKET PAPERBACKS

1. "The Confession: A Novel" by John Grisham (Dell)
2. "Private" by James Patterson & Maxine Paetro (Vision)
3. "A Game of Thrones" by George R.R. Martin (Spectra)
4. "Born to Die" by Lisa Jackson (Zebra)
5. "A Clash of Kings" by George R.R. Martin (Bantam)

6. "A Storm of Swords" by George R.R. Martin (Bantam)
7. "Midnight Sins" by Lora Leigh (St. Martin's Paperbacks)
8. "The Glass Rainbow: A Dave Robicheaux Novel" by James Lee Burke (Pocket Star)
9. "Secrets of Bella Terra: A Scarlet Deception Novel" by Christina Dodd (Signet)
10. "Out of the Rain" by Debbie Macomber (Mira)
11. "Treachery in Death" by J.D. Robb (Berkley)
12. "A Feast for Crows" by George R.R. Martin (Bantam)
13. "Hell's Corner" by David Baldacci (Vision)
14. "Dark Watch" by Clive Cussler and Jack Du Brul (Berkley)
15. "The Templar Salvation" by Raymond Khoury (Signet)

TRADE PAPERBACKS

1. "The Help" by Kathryn Stockett (Putnam Adult)
2. "Heaven is for Real: A Little Boy's Astounding Story of His Trip to Heaven and Back" by Todd Burpo, Sonja Burpo, Colton Burpo and Lynn Vincent (Thomas Nelson)
3. "Safe Haven" by Nicholas Sparks (Grand Central

- Publishing)
4. "One Day" by David Nicholls (Vintage)
 5. "The Immortal Life of Henrietta Lacks" by Rebecca Skloot (Broadway)
 6. "Sarah's Key" by Tatiana de Rosnay (St. Martin's Griffin)
 7. "Outliers: The Story of Success" by Malcolm Gladwell (LB/Back Bay)
 8. "Cutting for Stone" by Abraham Verghese (Vintage)
 9. "The Glass Castle: A Memoir" by Jeannette Walls (Scribner)
 10. "Room" by Emma Donoghue (LB/Back Bay)
 11. "The Original Argument: The Federalists' Case for the Constitution, Adapted for the 21st Century" by Glenn Beck (Threshold Editions)
 12. "Water for Elephants: A Novel" by Sara Gruen (Algonquin)
 13. "The Devil in the White City: Murder, Magic, and Madness at the Fair that Changed America" by Erik Larson (Vintage)
 14. "The Art of Racing in the Rain" by Garth Stein (Harper)
 15. "1491: New Revelations of the Americas Before Columbus" by Charles C. Mann (vintage)

PLACES TO WORSHIP

EPISCOPAL

- **The Episcopal Church of the Redeemer.** Service time is 9:30 with Holy Communion. Coffee hour following services. Newcomers welcome. Call 453-5664 or e-mail redemer1895@aol.com Web site: redemeravon.com. The church is at 839 Howe's Way, Avon Park (two miles north of Sun 'N Lake Boulevard, across from Wells Dodge.)
- **St. Agnes Episcopal Church,** 3840 Lakeview Drive, Sebring, FL 33870. Sunday Services: Holy Eucharist Rite I - 7:45 a.m., Holy Eucharist Rite II - 10 a.m. Midweek service on Wednesday at 6 p.m. Sunday School for all ages at 9 a.m. The nursery is open 8:45 a.m. until 15 minutes after the 10 a.m. service ends. Wednesday: Adult Bible study, 9:30 a.m. Visitors are always welcome. The Rev. Jim Kurtz, rector. Church office 385-7649, for more information.
- **St. Francis of Assisi Episcopal Church,** 43 Lake June Road, Lake Placid, FL 33852. Phone: 465-0051. Rev. Elizabeth L. Nelson, Rector. Sunday Worship, 8 a.m., 10:30 a.m. and 6 p.m. Wednesday evening: Holy Communion with Healing Service, 6:15 p.m. Child care available at the 8 a.m. and 10:30 a.m. Sunday service. Come see what makes us different.

GRACE BRETHREN

- **Grace Brethren Church,** 3626 Thunderbird Road, (863) 835-0869. Dr. Randall Smith, senior pastor. Sunday services at 9 a.m., 10:45 a.m. and 6 p.m.; Wednesday services at 7 p.m. We offer "Kid City" Children's Ministry throughout all services, and there are various other classes for teens, married couples, "prime-timers," and Bible studies in Spanish. "Kid City" Day Care, Preschool and After-School Monday-Friday: 7 a.m.-6 p.m. (For registration call: 385-3111). Check us out on the Web at www.sebring-grace.org.

INTERDENOMINATIONAL

- **World Harvest and Restoration Ministries,** (non-denominational) 2200 N. Avon Blvd., Avon Park, FL 33825. Phone: 452-9777 or 453-3771. Sunday service: Sunday School, 10 a.m. and worship, 11 a.m. Wednesday services: 7 p.m. prayer meeting/Bible study. Pastor: W.H. Rogers.

LUTHERAN

- **Atonement Lutheran Church (ELCA),** 1178 S.E. Lakeview Drive., Sebring. David Thoresen, Deacon, Spiritual Leader, on first, third and fifth Sunday each month, and Rev. Jefferson Cox on the second and fourth Sunday of each month. Jim Helwig, organist/choir director. Worship service at 9:30 a.m.; Holy Eucharist is every Sunday. Coffee hour on the first and third Sunday of each month. Council meeting on the first Monday of month; Ladies Group WELCA meets at noon second Monday of month with lunch. Bring a dish to pass. Church Vegetable Garden Club meets as needed. Labyrinth Prayer Garden open seven days a week to congregation and community. Like to sing? Come join the choir. Visitors always

welcome. Come grow with us. Phone 385-0797.

- **Christ Lutheran Church Avon Park – LCMS,** 1320 County Road 64, 1/2 mile east of Avon Park High School. Sunday Divine Worship is at 10 a.m. Holy Communion is celebrated every week with traditional Lutheran Liturgy, hymns and songs of praise. Fellowship time with coffee and refreshments follows worship. Come worship and fellowship with us. For information call Pastor Scott McLean at 471-2663 or see christlutheranavonpark.org.
- **Faith Lutheran Church – LCMS,** 2740 Lakeview Drive, Sebring. Church phone: 385-7848, Faith Closet, 385-2782. Gary Kindle, Pastor. Faith Child Development Center, 382-3232. Kathy Pontious, director. Preschool/VPK/Extended Day Care. Summer Worship services: 9:30 a.m. Sunday; Bible class is 8:30 a.m. Sunday. Communion is served the first and third and fifth Sunday of the month. Worship service is broadcast live on WITS 1340 AM.
- **Good Shepherd Lutheran Church (AALC) American Association of Lutheran Churches,** 4348 Schumacher Road, Sebring, one mile west of Wal-Mart. James Weed, pastor. Worship Service, 9 a.m. Sunday. Bible Study, 11 a.m. Nursery provided. Social activities: Choir, Missions, Evangelism. Phone 385-1163.
- **New Life Evangelical Lutheran Church,** 3725 Hammock Road, a Congregation of the Evangelical Lutheran Synod (ELS) in fellowship with the Wisconsin Evangelical Lutheran Synod (WELS). Sunday Worship at 10 a.m.; Bible Study, 9 a.m. For more information, call Pastor Brian Klebig at 385-2293 or visit the Web site at www.newlife-sebring.com.
- **Resurrection Lutheran Church – ELCA,** 324 E. Main St., Avon Park. Pastor: Rev. John C. Grodzinski. Sunday service at 9:30 a.m. Sunday school will resume in the fall. Coffee and fellowship hour follow the service. Midweek Fragrance Free Wednesday worship, (year round) 7 p.m. Office phone number is 453-6858.
- **Trinity Lutheran Church – LCMS,** 25 Lakeview St., Lake Placid, FL 33852; 465-5253. The Rev. Richard A. Norris, pastor; Susan C. Norris, Trinity Tots Preschool director; and Noel Johnson, minister of youth and family life. Worship schedule after Easter through December: Worship service 10 a.m., and Education Hour, 8:45 a.m. Worship schedule for January through Easter: Worship service, 8:30 and 11 a.m., Education Hour 9:45 a.m. Traditional Service with Holy Communion each first and third Sunday. Non-Traditional Service each second, fourth and fifth Sunday. Seasonal mid-week services Wednesday evenings during Lent and Advent. Call church office for additional Worship times and special holiday services. Other activities and groups include: Choirs; Ladies Guild and LWML; Men's Fellowship Group, Small Group Bible Studies as scheduled; Trinity Tots Pre-school, Youth Group activities (call for meeting times and dates). Visit us online at www.Trinitylutheranlp.com.

NON-DENOMINATIONAL

- **Bible Fellowship Church,** 3750

Hammock Road, Sebring, FL 33872. Sunday: American Sign Language: First Worship sermon, songs signed first and second Worship services. First Worship service, 9 a.m.; Second Worship service, 10:45 a.m. Nursery (up to 2 years old) and Sunday school classes both hours. BFC Youth, 6 p.m.; Evening Service, 6:30 p.m. Wednesday: Youth, 6-7:30 p.m.; Prayer time, 6:15 p.m. Todd Patterson, pastor; Andy McQuaid, associate pastor. Web site www.bfcsebring.com. Church office 385-1024.

- **Calvary Church,** 1825 Hammock Road, Sebring, FL 33872; 386-4900. An independent community church. Sunday morning worship, 10 a.m.; Bible study, 11:15 a.m. Pastor Lester Osbeck. A small friendly church waiting for your visit.

- **Christian Training Ministries Inc.,** on Sebring Parkway. Enter off County Road 17 on Simpson Avenue. Sunday service is at 10 a.m.; Wednesday Bible study at 7 p.m. A nursery and children's church are provided. The church is part of Christian International Ministries Network, a full gospel, non-denominational ministry. Linda M. Downing, minister: Phone, 314-0482, lindadowning@live.com. Casey L. Downing, associate minister: Phone, 385-8171, caseydowning@hotmail.com. Web site is www.ctmforme.com

- **Grace Bible Church,** 4541 Thunderbird Road, (second church on left) Sebring, FL 33872. Phone, 382-1085. Andrew Katsanis, senior pastor. Saturday Worship, 6:30 p.m. Sunday, 9 and 11 a.m. Tuesday 6 p.m. Grace Bible Academy Adult Investigating Truth; first and third Tuesday, Prayer Gathering, 7:15 p.m.; Wednesday, Children's & Youth Programs, 6 p.m.; Wednesday, 8:30 p.m., College Ministry. www.GBCconnected.org
- **Highlands Community Church,** a casual contemporary church, meets at 3005 New Life Way. Coffee at 9:30 a.m.; Worship at 10 a.m. Nursery and Kid's World classes. Small groups meet throughout the week. Church phone is 402-1684; Pastor Bruce A. Linhart.

- **The Lord's Sentinel Fellowship Church,** 148 E. Interlake Blvd., Lake Placid (at Lake Placid Christian School), Pastor Juanita Folsom. Sunday morning service, 10:30 a.m.; Monday, Sentinel School of Theology, 7 p.m.; Church service, Tuesday, 7 p.m. More information at www.juanitafolsomministries.com.

- **Union Congregational Church,** 106 N. Butler Ave., Avon Park, FL 33825. Sunday worship services are at 8:45 a.m. and 10:45 a.m. in the Millennium Church. Sunday school for all ages is at 9:15 a.m. We also offer a Saturday service at 6 p.m. with Pastor Tiger Gullett in the Millennium Church. Nursery/child care is available for all services. Senior Pastor is Bill Breylinger. Office: 453-3345. Web page at www.weareunion.org. All teachings are taken from the Manufacturer's Handbook - The Holy Bible. Come join us.

- **Unity Life Enrichment Centre,** new location, 10417 Orange Blossom Blvd. S., Sebring, FL 33875; 471-1122; e-mail unity@vistanet.net. Web site, www.unityofsebring.org. 10:30 a.m. Sunday Celebration Service, Nursery and Children's Church. Weekly Classes, Christian

Bookstore and Cafe, Prayer Ministry, Life Enrichment Groups. Rev. Andrew C. Conyer, senior minister transforming lives from ordinary to extraordinary.

- **The Way Church,** 1005 N. Ridgewood Drive, Sebring. Sunday school and worship service at 9 a.m. and 10:30 a.m. Youth activities, 6:30 p.m. Wednesdays. The Way is a church family who gathers for contemporary worship, teaching of God's Word, prayer and fellowship. Come early and stay after for fellowship time. Child care and children's church are provided. Reinhold Buxbaum is pastor. The Way – A place for you. Office Phone:471-6140, Church Cell Phone:381-6190. Email: thewaychurch@hotmail.com. Web site: www.TheWayChurch.org

PRESBYTERIAN

- **Covenant Presbyterian Church (PCA),** 4500 Sun 'N Lake Blvd., Sebring, 33872-2113. A Congregation of the Presbyterian Church in America. Worship services: Sunday morning worship, 10 a.m.; Sunday School, 9 a.m.; Sunday evening, 6:30 p.m.; Wednesday evening Prayer Meeting, 6 p.m.; Youth Group and Kids Quest, 5:30-7 p.m.; choir practice, 7:15 p.m. Phone: 385-3234; Fax: 385-2759; e-mail: covpres@strato.net; Web site: www.pcsebring.org. Rev. W. Darrell Arnold, pastor. Office hours: 8:30-11:30 a.m. Monday through Thursday.

- **First Presbyterian Church ARP,** 215 E. Circle St., (two entrances on LaGrande), Avon Park, FL 33825. Phone: 453-3242. The Rev. Robert Johnson is the pastor. Sunday School, 9:15 a.m.; Sunday Worship, 10:45 a.m.; Wednesday Bible study, 10:30 a.m.; Potluck dinner, 6 p.m. third Wednesday; choir practice, 6:30 p.m. each Wednesday; Mary Circle business meeting, 1 p.m. second Wednesday; Sarah Circle business meeting, 4 p.m. second Thursday; Women's Ministries Combined Bible study, 4 p.m. third Thursday. Be a part of a warm, caring church family with traditional services, following biblical truth.

- **First Presbyterian Church, ARP,** 319 Poinsettia Ave., Sebring, FL 33870. 385-0107. Sunday School, all ages, 9:30 a.m.; Worship Service, 11 a.m.; Monday-Friday, Summer Day Camp (youth ages 11-14) 8 a.m. to 3 p.m. excluding holidays; Tuesday: Grief Support Group, 3 p.m., adult classroom; Wednesday: Adult Bible Study, 10:30 a.m., adult classroom. Nursery available during worship. Call the church office for more information and other classes. Rev. Darrell A. Peer, pastor.

- **First Presbyterian Church, ARP,** www.fpclp.com, 118 N. Oak Ave., Lake Placid, 465-2742. The Rev. Ray Cameron, senior pastor; the Rev. Drew Severance, associate pastor. Sunday morning traditional worship is at 9-10 a.m. in the sanctuary; contemporary worship is from 11 a.m. to noon. Sunday school classes for adults and children will be 10:10-10:50 a.m. in the educational building. Call the church office for more information about the classes offered. Nursery is provided for babies and toddlers; while young children up to second grade have a special Children's Church offered during the worship service to help them grow in their spiritual knowledge.

- **Spring Lake Presbyterian Church (USA),** 5887 U.S. 98, Sebring, FL 33876. Sunday School, 9 a.m.; Worship Service, 10 a.m. Session meets at 6:30 p.m. the second Thursday of the month, September through June. Board of Deacon's meet at 5:30 p.m. first Monday of the month. Choir rehearses at 7 p.m. each Wednesday, September through April. Presbyterian Women meet at 10 a.m. the third Thursday of the month. Organist: Richard Wedig. Choir Director: Suzan Wedig. Church phone, 655-0713; e-mail, springlakepc@embarqmail.com, Web site, <http://slpc.embarqspace.com>.

SEVENTH-DAY ADVENTIST

- **Avon Park Seventh-day Adventist Church,** 1410 West Avon Blvd., Avon Park. Phone: 453-6641 or e-mail: avonparksda@embarqmail.com, Sabbath School, 9:30 a.m. Saturday. Church Service 10:45 a.m. Saturday. Wednesday prayer meeting 7 p.m. Community Service hours on Tuesday and Thursday is from 9:00 a.m. till 2 p.m. A sale takes place the first Sunday of each month. Senior Pastor Paul Boiling; and Associate Pastor Kameron DeVasher. Walker Memorial Academy Christian School offering education for kindergarten through 12th grades. ALL ARE WELCOME. Website is www.discovrefjesus.org
- **Sebring Seventh-Day Adventist Church,** 2106 N. State Road 17, Sebring; 385-2438. Worship Services: 9:15 a.m. Worship hour, 11 a.m. Prayer meeting, Tuesday, 7:15 p.m. Community service: every Monday 9-11 a.m. Health Seminar with Dr. Seralde, every Friday, 10:00 a.m. Pastor Amado Luzbet.

THE CHURCH OF LATTER DAY SAINTS

- **The Church of Jesus Christ of Latter Day Saints,** 3235 Grand Prix Dr., Sebring, FL 33872; (863) 382-9092 Steve Austin, Bishop; Mark Swift, 1st Counselor; Del Murphy, 2nd Counselor. Family History Center (863) 382-1822. Sunday Services: Sacrament Meeting, 10:11-10 a.m.; Gospel Doctrine, 11:20 a.m. to noon; Priesthood/Relief Society, 12:10-1p.m.; Primary for children, 11:15 a.m. to 1 p.m.; Youth Activities: Wednesdays, 7-8:20 p.m. Scouts: first and third Wednesday, 7-8:20 p.m. Activity Days: 8-11 yr old Boys and Girls, second and fourth Wednesdays, 7-8:20 p.m.

THE SALVATION ARMY

- **The Salvation Army – Center for Worship.** Sunday: Sunday School, 9:45 a.m.; Holiness meeting, 11 a.m.; and Praise meeting and lunch, noon. Tuesday: Bible study, 6:30 p.m.; and Women's Ministries, 7 p.m. Wednesday: Youth Ministries, 4 p.m. All meetings are at 120 N. Ridgewood Ave., Sebring. For more information, visit the Web site www.salvationarmy-sebring.com or call Major Bruce Stefanik at 385-7548, ext. 110.

UNITED METHODIST

- **First United Methodist Church,** 105 S. Pine St., Sebring, FL 33870. The Rev. A.C. Bryant, pastor. Traditional Worship Service at 8:10 and 10:50 a.m. in the sanctuary, Contemporary Worship in the FLC at 9:30 a.m. Sunday School at 9:30 and 10:30 a.m. Methodist Youth Fellowship at 5:30 p.m. Sundays with Rick Heilig, youth director. The 10:55 a.m. Sunday worship service is broadcast over WITS 1340 on AM dial. There is a nursery available at all services.

- **First United Methodist Church,** 200 South Lake Avenue, Avon Park, FL 33825. (863) 453-3759. R. James Weiss, Pastor, Sunday School - 9 a.m., Worship - 10:30 a.m. Bible study third Tuesday of every month at 6 p.m. Prayer Shawl Ministry on the second and fourth Friday of the month at 2 p.m. for women who love God and crocheting. Visit us at our church Web site: www.fumcap.org.

- **Memorial United Methodist Church,** 500 Kent Ave., (overlooking Lake Clay) Lake Placid, FL, 33852. The Rev. Fred Ball, pastor. Claude H.L. Burnett, pastoral assistant. Sunday schedule: Heritage Worship Service, 8:30 a.m.; Sunday School for all ages, 9:30 a.m.; Celebration Worship Service at 10:45 a.m.; New Song worship service at 10:45 a.m. Loving nursery care provided every Sunday morning. Youth Fellowship, 5 p.m. Bible Fellowship Class, 6 p.m. (October-May only). We offer Christ-centered Sunday school classes, youth programs, Bible studies, book studies and Christian fellowship. We are a congregation that want to know Christ and make Him known. Call the church office at 465-2422 or check out our church Web site at www.memorialumc.com.

- **St. John United Methodist Church,** 3214 Grand Prix Drive, Sebring, FL 33872. The Rev. Ronald De Genaro Jr., Pastor. Sunday School, 9:30 a.m.; Sunday Morning Worship, 8 a.m., 9:30 a.m. and 11 a.m. Nursery provided for all services. Phone 382-1736. www.stjohnsebring.org

- **Spring Lake United Methodist Church,** 8170 Cozumel Lane, (Hwy 98) Sebring. The Rev. Clyde Weaver Jr., Pastor. Worship service starts at 9:55 a.m. Bible Study meets at 10:00 a.m. on Tuesday. Choir Practice at 4:00 p.m. on Thursday. Church office phone: 655-0040.

UNITED CHURCH OF CHRIST

- **Emmanuel United Church of Christ,** where God is still speaking. 3115 Hope Street, Sebring, FL 33875 (1.8 miles west of U.S. 27 and Hammock Road). Sunday worship, 9:30 a.m.; Communion with worship first Sunday of month; Chapel Communion, 8:45 a.m. all other Sundays. All are welcome to receive the sacrament. For more information, call the church office at 471-1999 or e-mail eucc@earthlink.net or check the Web site sebringemmanuelucc.com. No matter who you are or where you are on life's journey, you're welcome here.

INTERNATIONAL PREMIER ESTATE BUYERS HAVE CHOSEN AVON PARK FOR THEIR NEXT STOP!

David Morgan
STAFF WRITER

On this rare occasion, the town of **Avon Park** has the chance to host Premiere Estate Buyers at the **Hotel Jacaranda**. "We are paying local residents this week on the spot for their treasures," said Jordan Parsons, a spokesperson for the event. The main items of interest, said Parsons, are anything jewelry related, **with gold and silver prices at Record Highs**. Another category that has recently increased due to market highs is coins. One coin could be worth hundreds or even thousands of dollars. "Coins start to accumulate a premium when they are dated 1970 or earlier," said Parsons. The astonishing part about the event is that they will pay you on the spot. Nothing has to be mailed off while you are stuck waiting for a check. This is not an appraisal event either—we are here to purchase residents' items for a fair market value.

"IT'S UNBELIEVABLE, I BROUGHT IN SOME OLD COINS THAT HAD BEEN IN A LITTLE CIGAR BOX FOR YEARS AND SOME OLD HERRINGBONE NECKLACES—IN LESS THAN FIFTEEN MINUTES I LEFT WITH A CHECK FOR \$700."

Premiere is capable of paying a higher percentage because of their vast network of clients. It also saves on refinery charges because of the large volumes they deal in. Smaller dealers, in most cases, cannot pay as high of a premium.

Huge premiums can also be paid for vintage watches. Parsons explained that, "One time in a show in Illinois, a customer brought in a watch that they had bought for a few hundred dollars

back in the seventies. Turns out, it was a rare submariner that brought the local resident in excess of a thousand dollars." Parsons continued to say that Rolex, Cartier, Patek Phillippe, Hamilton and Omega are all great brands that could bring in a large amount of money.

The company recently purchased an old Gibson guitar in Grand Rapids, Michigan for \$124,500. And just last week they paid a Huntsville, Alabama resident \$15,000 for an old Martin guitar that had been refurbished and altered. Parsons said that most all pre-1970 Gibson, Fender, Martin, National and Rickenbacker guitars are valuable. They are worth at least a couple hundred dollars and in extreme cases, a couple hundred thousand. Another ecstatic customer exclaimed, "It's unbelievable, I brought in some old coins that had been in an old cigar box for years and some old herringbone necklaces—in less than fifteen minutes I left with a check for \$700."

Residents are encouraged to gather up similar items from their lockboxes, closets, jewelry boxes and even under the bed. Bring them into the Premiere Estate Buyers event and cash in. "We are fortunate to host the event here in **Avon Park**," said Parsons, "—don't miss your opportunity to cash in."

PREMIERE Estate Buyers

WE BUY ALL GOLD & SILVER JEWELRY

INFORMATION

- WHO** PREMIERE ESTATE BUYERS
- WHAT** OPEN TO THE PUBLIC TO SELL THEIR VALUABLES
- WHERE** HOTEL JACARANDA
19 EAST MAIN STREET
AVON PARK, FL 33825
- WHEN** AUGUST 23RD - 27TH
TUES-FRI 9AM-6PM
SATURDAY 9AM-4PM
- DIRECTIONS** 863.453.2211
- INFORMATION** 217.787.7767

What We Buy:

COINS

Any and all coins made before 1970, rare coins, entire collections, silver dollars, half dollars, and all others.



PAPER CURRENCY

All denominations made before 1934.



GOLD COINS

Including \$20, \$10, \$5, \$4, \$3, \$2.5, \$1, Private Gold, Gold Bars, etc.



GOLD

Broken and unused jewelry, dental gold, Kruggerands, Canadian Maple Leafs, Pandas, gold bars, U.S. Eagles, etc.



WRIST & POCKET WATCHES

Rolex, Tiffany, Omega, Chopard, Cartier, Philippe, Ebel, Waltham, Swatch, Elgin, Bunn Special, Railroad, Illinois, all others.



COSTUME & GOLD JEWELRY

Necklaces, Earrings, Wedding Rings



SILVER

Flatware, tea sets, goblets, jewelry and anything marked sterling or .925.



BROKEN JEWELRY

New or Old: mismatched earrings, bracelets, loose diamonds, all gem stones, etc.



GUITARS & INSTRUMENTS

Fender, Gibson, Martin, Rickenbacker, Gretsch, amps, saxophones, wood winds, drumsets, PA gear and all band equipment.



CHALK TALK

Breakfasts and lunches being served in the Highlands County School District for the upcoming week of August 22-26 include:

HIGH SCHOOLS

Monday

Breakfast — French toast sticks, sausage patty, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, cheese filled breadstick, strawberry cup, assorted fresh fruit, assorted juice, orange juice slushy, fruit juice slushy, assorted milk.

Lunch — Spaghetti, meat sauce, garlic breadstick, burger, cheeseburger, chicken patty on bun, Mama Sofia's pepperoni pizza, Mama Sofia's cheese pizza, tacos, taco toppers, salsa, ham sub meal, turkey sub meal, dill stack, peanut butter and jelly sandwich meal, chef salad meal, baked french fries, corn cobbettes, tossed salad, Colby Jack cheese stick, glazed berries and cherries, diced pears, assorted fresh fruit, assorted juice, orange juice slushy, fruit juice slushy, assorted milk.

Tuesday

Breakfast — Chicken biscuit, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, cheese filled breadstick, applesauce, assorted fresh fruit, assorted juice, orange juice slushy, fruit juice slushy, assorted milk.

Lunch — Homestyle turkey roast, brown gravy, dinner roll, burger, cheeseburger, chicken patty on bun, Mama Sofia's cheese pizza, Mama Sofia's pepperoni pizza, ham sub meal, turkey sub meal, dill stack, PBJ sandwich meal, chef salad meal, mashed potatoes, green beans, carrots and dip, dried blueberries, cut fresh fruit, assorted fresh fruit, assorted juice, orange juice slushy, fruit juice slushy, assorted milk.

Wednesday

Breakfast — Breakfast pizza, hash brown patty, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, cheese filled breadstick, apricot cup, assorted fresh fruit, assorted juice, orange juice slushy, fruit juice slushy, assorted milk.

Lunch — Pressed Cuban sandwich, burger, cheeseburger, hot and spicy chicken sandwich, grilled chicken sandwich, Mama Sofia's cheese pizza, Mama Sofia's pepperoni pizza, tacos, taco toppers, salsa, ham sub meal, turkey sub meal, dill stack, PBJ sandwich meal, chef salad meal, baked buffalo chips, mixed vegetables, carrots and dip, Smart cookies, strawberry cup, assorted fresh fruit, assorted juice, orange juice slushy, fruit juice slushy, assorted milk.

Thursday

Breakfast — Breakfast frittata, hash brown patty, breakfast pizza, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, cheese filled breadstick, peach cup, assorted fresh fruit, assorted juice, orange juice slushy, fruit juice slushy, assorted milk.

Lunch — Taco salad, salsa, yellow rice, burger, cheeseburger, chicken patty on bun, Mama Sofia's cheese pizza, Mama Sofia's cheeseburger pizza, ham sub meal, turkey sub meal, dill stack, PBJ sandwich meal, chef salad meal, baked beans, cheddar cheese stick, strawberry applesauce, cut fresh fruit, assorted fresh fruit, assorted juice, orange juice slushy, fruit juice slushy, assorted milk.

Friday

Breakfast — Sausage biscuit, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, string cheese, strawberry cup, assorted fresh fruit, assorted juice, orange juice slushy, fruit juice slushy, assorted milk.

Lunch — Asian chicken nuggets, dinner roll, burger, cheeseburger, chicken patty on bun, Mama Sofia's cheese pizza, Mama Sofia's pepperoni pizza, tacos, taco toppers, salsa, ham sub meal, turkey sub meal, dill stack, PBJ sandwich meal, chef salad meal, french fries, corn, carrots and dip, tossed salad, chocolate chip cookie, peach cup, assort-

School Menus

ed fresh fruit, assorted juice, orange juice slushy, fruit juice slushy, assorted milk.

ACADEMY SCHOOLS

Monday

Lunch — Spaghetti, meat sauce, garlic breadstick, corn cobbettes, tossed salad, glazed berries and cherries, assorted juice, assorted milk.

Tuesday

Lunch — Homestyle turkey roast, dinner roll, mashed potatoes, brown gravy, green beans, dried blueberries, orange juice, assorted milk.

Wednesday

Lunch — Pressed Cuban sandwich, baked buffalo chips, carrots and dip, Smart cookies, assorted juice, assorted milk.

Thursday

Lunch — Taco salad, salsa, yellow rice, baked beans, strawberry applesauce, cut fresh fruit, assorted juice, assorted milk.

Friday

Lunch — Chicken tenders, dinner roll, Sun Chips, carrots and dip, chocolate cookie, peach cup, assorted juice, assorted milk.

MIDDLE SCHOOLS

Monday

Breakfast — French toast sticks, sausage patty, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, cheese filled breadstick, strawberry cup, assorted fresh fruit, assorted juice, orange juice slushy, fruit juice slushy, assorted milk. Breakfast on the Patio: Sausage biscuit, assorted juice, assorted milk.

Lunch — Spaghetti, meat sauce, garlic breadstick, burger, cheeseburger, chicken patty on bun, tacos, taco toppers, salsa, ham sub meal, turkey sub meal, dill stack, Peanut Butter and Jelly sandwich meal, chef salad meal, corn cobbettes, tossed salad, Colby Jack cheese stick, glazed berries and cherries, diced pears, assorted fresh fruit, assorted juice, orange juice slushy, fruit juice slushy, assorted milk.

Tuesday

Breakfast — Chicken biscuit, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, cheese filled breadstick, applesauce, assorted fresh fruit, assorted juice, orange juice slushy, fruit juice slushy, assorted milk. Breakfast on the Patio: Chicken biscuit, assorted juice, assorted milk.

Lunch — Homestyle turkey roast, dinner roll, burger, cheeseburger, chicken patty on bun, ham sub meal, turkey sub meal, dill stack, PBJ sandwich meal, chef salad meal, mashed potatoes, brown gravy, green beans, carrots and dip, dried blueberries, cut fresh fruit, assorted fresh fruit, assorted juice, orange juice slushy, fruit juice slushy, assorted milk.

Wednesday

Breakfast — Breakfast pizza, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, cheese filled breadstick, apricot cup, assorted fresh fruit, assorted juice, orange juice slushy, fruit juice slushy, assorted milk. Breakfast on the Patio: Breakfast pizza, assorted juice, assorted milk.

Lunch — Pressed Cuban

sandwich, burger, cheeseburger, hot and spicy chicken sandwich, grilled chicken sandwich, tacos, taco toppers, salsa, ham sub meal, turkey sub meal, dill stack, PBJ sandwich meal, chef salad meal, baked buffalo chips, mixed vegetables, carrots and dip, Smart cookies, strawberry cup, assorted fresh fruit, assorted juice, orange juice slushy, fruit juice slushy, assorted milk.

Thursday

Breakfast — Breakfast frittata, hash style patty, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, cheese filled breadstick, peach cup, assorted fresh fruit, assorted juice, orange juice slushy, fruit juice slushy, assorted milk. Breakfast on the Patio: Chicken biscuit, assorted juice, assorted milk.

Lunch — Taco salad, salsa, yellow rice, burger, cheeseburger, chicken patty on bun, ham sub meal, turkey sub meal, dill stack, PBJ sandwich meal, chef salad meal, baked beans, cheddar cheese stick, strawberry applesauce, cut fresh fruit, assorted fresh fruit, assorted juice, orange juice slushy, fruit juice slushy, assorted milk.

Friday

Breakfast — Sausage biscuit, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, string cheese, strawberry cup, assorted juice, assorted fresh fruit, orange juice slushy, fruit juice slushy, assorted milk. Breakfast on the Patio: Sausage biscuit, assorted juice, assorted milk.

Lunch — Mama Sofia's pepperoni pizza, Mama Sofia's cheese pizza, burger, cheeseburger, chicken tenders, dinner roll, tacos, taco toppers, salsa, ham sub meal, turkey sub meal, dill stack, chef salad meal, PBJ sandwich meal, carrots and dip, corn, tossed salad, chocolate chip cookie, peach cup, assorted fresh fruit, assorted juice, orange juice slushy, fruit juice slushy, assorted milk.

ELEMENTARY SCHOOLS

Monday

Breakfast — French toast sticks, sausage patty, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, cheese filled breadstick, strawberry cup, assorted fresh fruit, apple juice, orange juice, fruit blend juice, assorted milk. Breakfast in the Classroom: Blast, Jump-start kids, white milk.

Lunch — Chicken nuggets, chicken gravy, dinner roll, Uncrustable Peanut Butter and Jelly sandwich, turkey chef salad, mashed potatoes, green peas, strawberry applesauce, very berry juice bar, apple juice, orange juice, fruit blend juice, assorted milk.

Tuesday

Breakfast — Chicken biscuit, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, cheese filled breadstick, applesauce, assorted fresh fruit, apple juice, orange juice, fruit blend juice, assorted milk. Breakfast in the Classroom: Chicken biscuit, strawberry cup, chocolate milk or very berry bread, apple juice.

Lunch — Spaghetti, meat sauce, garlic breadstick, Uncrustable PBJ sandwich, ham chef salad, green beans, smart cookies, cut fresh fruit,

orange juice slushy, fruit juice slushy, apple juice, orange juice, fruit blend juice, assorted milk.

Wednesday

Breakfast — Breakfast pizza, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, cheese filled breadstick, apricot cup, assorted fresh fruit, apple juice, orange juice, fruit blend juice, assorted milk. Breakfast in the Classroom: Very berry bread, apple juice, chocolate milk or chicken biscuit, strawberry cup.

Lunch — Macaroni and cheese, dinner roll, Uncrustable PBJ sandwich, turkey chef salad, broccoli, diced pears, fruited Jell-O, very berry juice bar, apple juice, orange juice, fruit blend, juice, assorted milk.

Thursday

Breakfast — Breakfast frittata, hash brown patty, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, cheese filled breadstick, peach cup, assorted fresh fruit, apple juice, orange juice, fruit blend juice, assorted milk. Breakfast in the Classroom: Breakfast burrito, apricot cup, chocolate milk or Ultimate Breakfast Round, apple juice.

Lunch — Tacos, taco toppers, salsa, yellow rice, Uncrustable PBJ sandwich, ham chef salad, corn, baked beans, fruit cocktail cup, very berry juice bar, apple juice, orange juice, fruit blend juice, assorted milk.

Friday

Breakfast — Sausage biscuit, Cheerios, Trix cereal, Frosted Flakes, Cinnamon Toast Crunch, string cheese, strawberry cup, assorted fresh fruit, apple juice, orange juice, fruit blend juice, assorted milk. Breakfast in the Classroom: Ultimate Breakfast Round, apple juice, chocolate milk or breakfast burrito, apricot cup.

Lunch — Mama Sofia's pepperoni pizza, Mama Sofia's cheese pizza, Uncrustable PBJ sandwich, turkey chef salad, carrots and dip, chocolate chip cookie, peach cup, orange juice slushy, fruit juice slushy, apple juice, orange juice, fruit blend juice, assorted milk.

KINDERGARTEN LEARNING CENTER

Monday

Breakfast — Chicken nuggets, chicken gravy, dinner roll, Uncrustable Peanut Butter and Jelly sandwich, mashed potatoes, green peas, strawberry applesauce, assorted milk.

Tuesday

Lunch — Spaghetti, meat sauce, garlic breadstick, Uncrustable PBJ sandwich, green beans, Smart cookies, cut fresh fruit, assorted milk.

Wednesday

Lunch — Macaroni and cheese, dinner roll, Uncrustable PBJ sandwich, broccoli, diced pears, fruited Jell-O, assorted milk.

Thursday

Lunch — Tacos, taco toppers, salsa, yellow rice, Uncrustable PBJ sandwich, baked beans, fruit cocktail cup, assorted milk.

Friday

Lunch — Mama Sofia's cheese pizza, Uncrustable PBJ sandwich, carrots and dip, chocolate chip cookies, peach cup, assorted milk.

SFCC offering a variety of workplace workshops

Special to the News-Sun

AVON PARK — South Florida Community College's Corporate and Community Education Department is offering a variety of workshops and classes to help improve workplace productivity and attitude this fall at the SFCC Highlands Campus, Avon Park.

As a business owner or manager, do you want to improve motivation and performance amongst your team? Do you have one or several employees who exhibit such unproductive behaviors as laziness, tardiness, indifference, sloppiness, poor attitude, or general on-the-job malaise? Do you ever sense that, at times, your employees have "checked out" of their jobs and disengaged from your customers, their teams, and/or achieving success for your organization? Learn how to increase your employees' motivation in Monumental Motivation.

The four-hour workshop will be held from 1-5 p.m. Friday, Sept. 23 in Building T, Room 20. The cost is \$125. Reference CRN 11534 when registering.

In Workplace Spanish, participants will learn key terms and expressions that are important for communicating in a working environment.

Each participant will receive a written manual with Spanish phrases, an audio CD for listening in your car or stereo, and a companion Click IT CD-ROM for PC use. Class meets 6-8 p.m. Mondays, Sept. 26-Dec. 12. The cost is \$195.

The power of personality cannot be underestimated in our personal and professional lives. Differences in opinions, preferences, frustrations, habits, communi-

cation styles, and attitudes can often be linked to differences of personality.

The Personality of Principle workshop will help participants understand the traits associated with four basic styles of personality to better meet the "unspoken" expectations/hopes of people, avoid arguments, and develop more productive relationships.

The four-hour workshop will be held from 1-5 p.m. Friday, Oct. 21 in Building T, Room 20. The cost is \$125. Reference CRN 11535 when registering.

Improve the virtual presence of your company, organization, group, or club with Social Networking. The workshop will help participants use social networking sites such as Facebook, LinkedIn, and Twitter to establish their own social networking campaign. Class meets from 6-8 p.m. Tuesdays, Oct. 4-Nov. 8. The cost is \$259.99. Reference CRN 11607 when registering.

In Personal and Professional Time Management, learn time saving techniques and strategies that enable you to easily squeeze more out of every day and have time to relax, too.

The four-hour workshop will be held from 1-5 p.m. Friday, Nov. 18 in Building T, Room 20. The cost is \$125. Reference CRN 11120 when registering.

Register in Building B at the SFCC Highlands Campus or at any SFCC campus or center.

For more information about these or other SFCC Corporate and Community Education classes, email Lorrie Key at CorporateTraining@southflorida.edu or call 784-7033.

IV Therapy class offered through SFCC

Special to the News-Sun

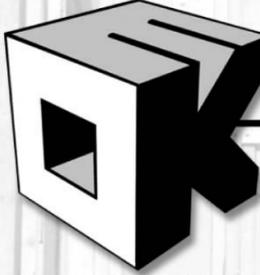
AVON PARK — South Florida Community College's Corporate and Community Education Department is offering an IV Therapy class from 5-9 p.m. Wednesdays and 8 a.m. to 2 p.m. Saturdays, Oct. 5-22, at the SFCC Highlands Campus, Building HSC, Room 113.

This 30-hour class satisfies the requirements for licensed practical nurses as outlined by the Florida

Board of Nursing. The cost is \$195.99 for the course and \$26.95 for the book, which is available at the SFCC Bookstore.

For more information, email Lorrie Key, coordinator, SFCC Corporate and Community Education at CorporateTraining@southflorida.edu or call 784-7033.

Register in Building B, at the SFCC Highlands Campus or any SFCC campus or center.



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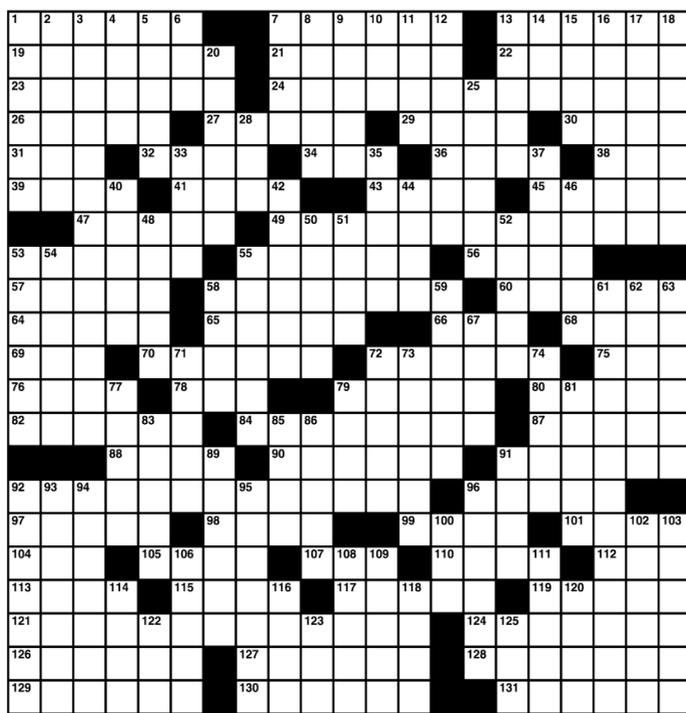
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DIVERSIONS

SCRAMBLED SIGNALS

- ACROSS**
- 1 Popular tank fillers
 - 7 First word in many addresses
 - 13 Aurora borealis region
 - 19 If all goes wrong
 - 21 Venue for news-groups
 - 22 Slain Tejano singer
 - 23 Chills
 - 24 91-Across?
 - 26 Immobilizes, as a perp
 - 27 She played Dottie in "A League of Their Own"
 - 29 Florentine evening
 - 30 Where to see the Kon-Tiki
 - 31 Sinusitis doc
 - 32 Give the go-ahead
 - 34 One with "Esq." on the door
 - 36 Xing people?
 - 38 "Woo-__!"
 - 39 Flow slowly
 - 41 Utah city on I-15
 - 43 Hi, in Honduras
 - 45 "___ Peculiar Man": Paul Simon song
 - 47 React to humidity, in a way
 - 49 1-Down?
 - 53 ___ Friday
 - 55 Stir up
 - 56 Gave a whirl
 - 57 Actresses Gray and Moran
 - 58 Lack of sincerity
 - 60 With a cast of thousands
 - 64 Japanese-American
 - 65 Sharp dresser's standard?
 - 66 Directional finish
 - 68 "I get it," humorously
 - 69 Grounded flier
 - 70 Three sheets to the wind
 - 72 Beethoven's "Pathétique," e.g.
 - 75 Both of racing's Unsers
 - 76 Seine summers
 - 78 Colour suffix
 - 79 Milky Way planet
 - 80 Things of passing interest?
 - 82 "Do I ___ eat a peach?": Eliot
 - 84 StubHub competition
 - 87 Wistful remark
 - 88 Thing to play
 - 90 Colored ring
 - 91 Avian sounds
 - 92 111-Down?
 - 96 White Owl alternative
 - 97 Future, for one
 - 98 Has second thoughts about
 - 99 Members of the flock
 - 101 Bay Area blues, briefly
 - 104 NYSE figure
 - 105 Parking area
 - 107 Spinning toon
 - 110 Beaux-__: architectural style
 - 112 ___ polloi
 - 113 No longer worth discussing
 - 115 Some tabernacle singers
 - 117 Lacking integrity
 - 119 1990s-2000s Irish leader
 - 121 58-Across?
 - 124 Arranged in sequence
 - 126 Hot months in Chile
 - 127 "Stand By Me" director
 - 128 Largest African country
 - 129 Put up a fight
 - 130 Pull out
 - 131 Rice creation
- DOWN**
- 1 Tries
 - 2 Fuel gas
 - 3 129-Across?
 - 4 Drift
 - 5 Sandbox comeback
 - 6 Abbr. on outdated maps
 - 7 Vehicle for supine sledders
 - 8 Hatha yoga posture
 - 9 Clear of vermin
 - 10 Having five sharps, musically
 - 11 Skinny swimmers
 - 12 Skyline highlight
 - 13 Big name in Syrian politics
 - 14 Gym unit
 - 15 Geppetto's goldfish
 - 16 Opening stroke
 - 17 How a macro lens is used
 - 18 (In) partnership
 - 20 Fictional author of "The World According to Bensenhaver"
 - 25 Hates the thought of
 - 28 Private ___
 - 33 ___-Aid
 - 35 This and that
 - 37 Suddenly paid attention
 - 40 Danish fruit?
 - 42 Iwo Jima figure
 - 44 Unrefined finds
 - 46 Craze
 - 48 Welcome desert sight
 - 50 Like lungs
 - 51 Winery casks
 - 52 Out of gas
 - 53 Perfumed, as a chan-
 - cel
 - 54 Label founded in 1975 by Clive Davis
 - 55 Eatery "just a half a mile from the railroad track"
 - 58 Serengeti roamers
 - 59 Popular Nissan
 - 61 79-Across?
 - 62 Dead to the world
 - 63 Red ink entries
 - 67 Three cheers, maybe
 - 71 Garlicky spread
 - 72 Palate stimulus
 - 73 "... otherwise, you'll be sorry!"
 - 74 Wailuku welcome
 - 77 Feudal laborers
 - 79 Ancient home of Parmenides
 - 81 Reminders to conversation monopolizers
 - 83 Rainy day brand
 - 85 Exercise wheel site
 - 86 "Give it ___!"
 - 89 Join the club
 - 91 "___ Magnifique": Porter tune
 - 92 Barely get the words out
 - 93 TV's Buffy, e.g.
 - 94 Where work piles up
 - 95 Alley boundaries
 - 96 Saint of Ávila
 - 100 Isn't anymore
 - 102 Shylock's adversary
 - 103 Give business to, as a café
 - 106 Longtime beer experiencing a 2000s resurgence
 - 108 Dress with a flare
 - 109 Divided into districts
 - 111 Barracks bigwig
 - 114 Actress Garr
 - 116 Words with a nod
 - 118 Grimm heavy
 - 120 Makes tracks
 - 122 Bob and flip
 - 123 [Not my mistake]
 - 125 Allen wrench shape

By PAMELA AMICJ KLAWITTER



Solution on page 5B

Travel is in your immediate future, Aries

Metro Services

Aries (March 21-April 20) – Travel is in your immediate future, Aries. You just won't be sure yet if it will be a long trip or a day just to get away from it all. Regardless, it'll involve family, too.

Taurus (April 21-May 21) – Start putting your money where your mouth is, Taurus. There's only so long a person can keep stringing along others. Sooner or later your time will be up.

Gemini (May 22-June 21) – Gemini, it's time to make up your mind about an important decision that's going to effect others. The next few weeks will be extra busy, so start preparing.

Cancer (June 22-July 22) – Cancer, you are in a festive mood and you don't really know how you are going to celebrate. Others are willing to join the party if you let them participate.

Leo (July 23-Aug. 23) – You haven't been feeling like yourself lately, Leo. Others have noticed the change in your demeanor and have questioned it. Things will subside shortly.

Virgo (Aug. 24-Sept. 22) – Virgo, avoid making any big changes in the next few days. Your personal life is about to undergo a big change, and you will have a lot of choices to consider.

Libra (Sept. 23-Oct. 23) – It's alright to take other's advice once in a while, Libra. You don't always have to march to the beat of a different drummer. Think about this in the next few

Horoscope

days.
Scorpio (Oct. 24-Nov. 22) – Scorpio, there's so much going on daily that it's easy for you to feel scatterbrained and make mistakes. It's definitely hard to focus when there is confusion.

Sagittarius (Nov. 23-Dec. 21) – Sagittarius, a relationship is strained and you are asked to mediate the situation. Don't get too excited about being a referee, though. It comes with much responsibility.

Capricorn (Dec. 22-Jan. 20) – Capricorn, you need a break from things but don't know what the break will be just yet. Start jotting down ideas that will relax your mind and your body.

Aquarius (Jan. 21-Feb. 18) – Aquarius, things are about to heat up and you may feel overwhelmed in the next few days. Don't let your temper get the better of you or it could lead to more stress.

Pisces (Feb. 19-March 20) – Pisces, bide your time because change is on the horizon. Events that unfold will not be what you expected.

Famous birthdays

Aug. 21: Kim Cattrall, Actress, 55; Aug. 22: Cindy Williams, Actress, 64; Aug. 23: Shelley Long, Actress, 62; Aug. 24: Marlee Matlin, Actress, 46; Aug. 25: Billy Ray Cyrus, Singer, 50; Aug. 27: Macauley Culkin, Actor, 31; Aug. 28: Sarah Chalke, Actress, 35.

Choosing to be thankful

The day had been good...full of time with family and yummy food. But a three-hour drive home still awaited us and we were all tired having stayed longer than intended.

My parents had been visiting my brother and we had just returned from an out-of-state trip. Getting home sounded good to everyone.

After loading up the car with my parents' belongings, we all got in, buckled up and ready to go. However, when the car wouldn't turn over, we knew we were in for a longer day and evening at the very least.

As you can imagine, all male heads went under the hood to determine the problem, which was revealed to be an acid leak on the terminal of the battery.

While the men of the family worked to correct the problem, the rest of us returned to the house. Knowing evening was approaching and not sure how long the repair might take, it could have become a time of grumbling.

But, then it occurred to me, "What if this had happened while we were in Georgia? What if we had been in a mountainous area where even our cell phone wouldn't have worked? Or what if this happened on a remote stretch of highway on the way home when towing would have been necessary and four people would have needed transportation?"

Those "what ifs" caused thanksgiving to God to well up from my heart to my lips instead. We may have



Pause And Consider
Jan Merop

been tired and eager to be on our way. But, it was most definitely time to be thankful that we were at my brother's where we could wait in a cool house while the car was being repaired.

Grumbling is so easy and usually is produced from an anxious heart.

But the Bible has the remedy in Philippians 4:6, NKJV, where it says, "Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus."

When things don't go our way or life seems unfair, it is so easy to complain, mutter and fuss. But, when we allow Jesus to be our center and turn to him with our struggles, he gives us a new perspective.

Did we want to spend money for a new battery? No! But, we thank God he protected us from circumstances that could have been worse.

Choose to be thankful and enjoy God's peace. Selah.

Jan Merop of Sebring is a News-Sun correspondent.

Long friendship dissolves over 'right' to wear ring

Dear Abby: A friend recently purchased a mother's ring from a pawn shop. When "Caron" told me about it, I told her she didn't have the right to wear one because she's not a mother. I discussed it with some other friends and they agreed with me, but Caron says I "overreacted" and that everyone is on her side.

Caron says it's "just a ring" with different colored stones and she has every right to wear it if she wants to. The women who agree with me say a mother's ring is set with varied birthstones to commemorate the birth of a child born in a certain month, and that's why Caron has no right to wear it.

Caron says I'm crazy and need a therapist. She's ending our 10-year friendship because I will not agree with her. Am I right or wrong?

— Ring of Truth in Arkansas

Dear Ring of Truth: A ring with multicolored stones is not a military medal. There are no laws or official rules governing who may or may not wear one. Shame on you for trying to take the pleasure out of her purchase, and that you would drag others into your disagreement with Caron is disappointing and puzzling.

Dear Abby: I have been married 11 years and have four children. During those



Dear Abby

years my husband and I struggled with our relationship. I couldn't understand why he wouldn't do the things I asked of him, and I became very resentful.

Last December we agreed to a divorce and, suddenly, it seemed like everything changed between us. We started getting along and treated each other with respect – I guess because we had the answer to our problems and we were looking forward to change. I began reflecting on our relationship and put myself in his shoes. I realized that if he treated me the way I had treated him, there would be no way I'd want to do anything for him.

I'm still trying to understand the changes I have gone through, but I feel more love now for my husband than I have for a very long time, and I have started treating him that way.

He is struggling with this change and keeps waiting for me to revert to my old ways. We have put talk of divorce on

the back burner and are just taking it day-by-day. I want other couples to know that if you want something to change, to look in the mirror. The only one who can change your circumstances is you.

— Second Chance in Tacoma, Wash.

Dear Second Chance: That's perceptive, and it applies to more situations than marriage. I wish you and your husband a successful reconciliation.

Dear Abby: "Maria" and I lived together for two years. She had wanted eyelid surgery but couldn't afford to pay \$5,000. I offered to give her \$2,000.

A few months ago, Maria told me she didn't love me anymore. (She now has a new boyfriend.) She called me yesterday evening asking for the money I said I'd give her for the surgery.

Do I owe her this money? She's the one who ended it. I told her to ask her new boyfriend to pay for it, but she claims I need to keep my word.

— Seeing Things Differently

Dear Seeing Things: Excuse me? You need to keep your word? No, Maria needs you to keep your word. When she replaced you, your generous offer to pay for her cosmetic surgery ended. So tell her she'll have to arrange for

'The Office' creator Ricky Gervais in new TV show called 'Life's Too Short'

Associated Press

LONDON — Ricky Gervais, creator of the worldwide comedy hit "The Office" says his star-studded new TV show will focus on the misadventures of a dwarf actor.

Gervais, the insult-slinging host of the Golden Globes, has already tapped Steve Carell, Johnny Depp and Liam Neeson to make guest appearances on the mockumentary, called "Life's Too Short."

The show follows the daily life of a dwarf actor — played by Warwick Davis — who runs a talent agency for fellow dwarves but keeps the best parts for himself. Gervais described the show as a cross between "The Office," and his showbiz-themed comedy "Extras."

The seven-part show launches on the BBC this fall. Gervais has said if Davis isn't a success, "I'll eat Johnny Depp's hat."

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30 MINUTES OR LESS (Jessie Eisenberg)	R
2:15 4:15 7:15 9:15	
THE HELP (Emma Stone)	PG-13
2:00 5:00 8:00	
THE CHANGE UP (Ryan Reynolds, Jason Bateman)	R
2:00 4:30 7:00 9:30	
CRAZY STUPID LOVE (Steve Carrell)	PG-13
2:00 4:30 7:00 9:30	
THE SMURFS (Animated)	PG
2:15 4:15 7:15 9:15	

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Photos © Cade Martin

CLASSROOMS

The times they are a-changing ...

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FAMILY FEATURES

There is hardly a single area of modern life that has not been touched by the Internet in some way. Even the simple phrase “going to school” has taken on an entirely new meaning with the advent of online schools. Adult learners in search of post-secondary or professional development credits were the early consumers of online education services, but now students of all ages can learn anywhere an Internet connection can be found.

Beyond the screen

Online education (also referred to as virtual learning) is becoming increasingly popular for elementary, middle and high school students. In a 2008 report, the National Center for Education Statistics estimated that the number of K-12 public school students enrolling in online courses grew by 65 percent in the two years from 2002-03 to 2004-05. A 2009 estimate puts the number at more than one million online students. In addition, data suggests that by 2019, about half of high school courses will be delivered online.

For some students, online learning gives them the opportunity to access single courses not available through their brick-and-mortar school — perhaps a foreign language or an AP course. However, an increasing number of students have made the leap to full-time online schooling, frequently through an online public school option offered tuition-free by their state or school district.

How it works

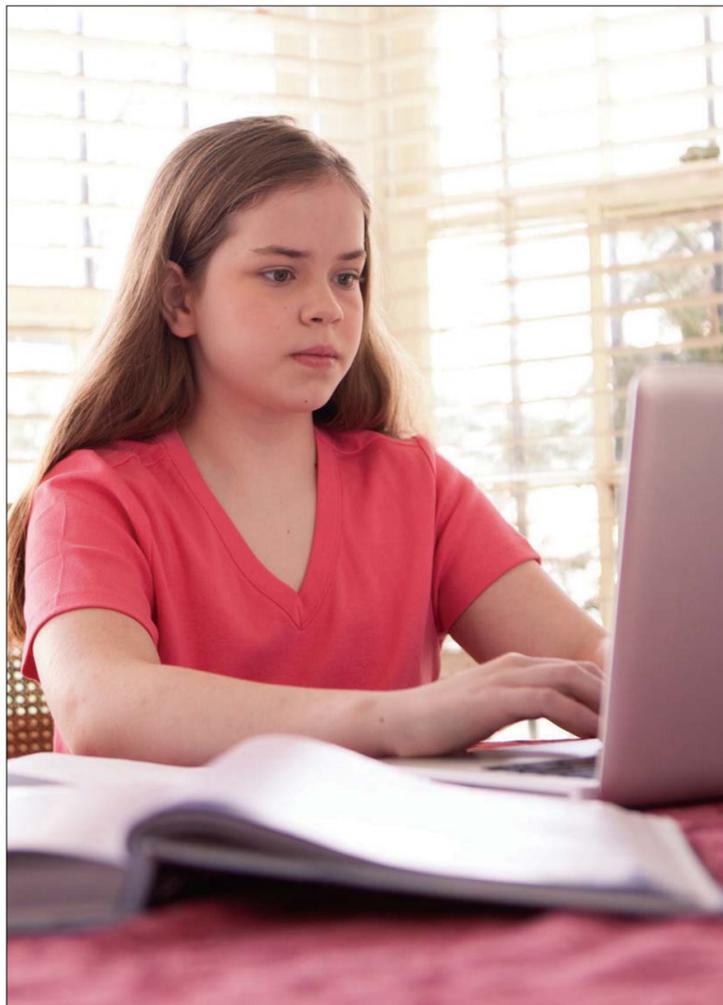
An online public school utilizes a combination of online and offline coursework — including a wide array of textbooks, CDs, videos and hands-on materials. Students are guided by a state-certified teacher who may also set up class outings to museums or science centers. While older students can work independently, a parent (or “Learning Coach”) keeps younger students on track. Families report that the extra effort involved is more than offset by the ability of the program to be adapted to each child’s learning style. Individualization is frequently the spark needed to jump-start a student’s interest in learning.

“Every child learns differently, so a one-size-fits-all approach can’t succeed,” says John Holdren, senior vice president of content and curriculum at K12, a leading online curriculum provider. “Engaging curriculum and a really powerful partnership between parents and teachers — these are the things that help each of our students achieve their personal academic potential.”

Is online learning right for your child?

Now that kids are back in school, the education experts at K12 suggest conducting a 30-day check-in assessment. Here are some tips to help you determine whether your child’s current education solution best suits his or her unique learning needs.

- Create and maintain an open dialogue with your student: Is your child happy in school? Is he motivated? Does he feel safe?
- Monitor progress. Learning isn’t always linear, so some hiccups are to be expected, but if your child is consistently underperforming in one or more subjects it should raise red flags about potential learning-teaching style mismatches.
- Communicate with your child’s teacher. How is your child doing compared to others in the class? If your child has specific needs, effective communication with her teacher is crucial to supporting her education.



- Be on the look-out for signs of stress. If your child begins dreading school, or lacks enthusiasm, talk it through with him. There may be factors unknown to either you or his teacher which are making him unhappy. These students simply do not thrive in a traditional classroom. These students include those who:
 - Are accelerated learners or are bored with the pace of classroom lessons.

- Are easily distracted in a classroom setting or have a learning challenge that means they may need a little more time to master concepts.
- Travel frequently for extracurricular obligations (art, sports) or are uprooted during the school year as part of a military family.
- Feel they don’t fit in, or are being bullied in their school environment.

To learn more about online learning, visit www.k12.com.

Choosing an online school

Making a change in your child’s education to a full-time online public school is a big decision, with many questions to consider:

- Is our family ready for this change? Most families are surprised by the rigor of online schools. Parents and students alike need to be engaged to succeed.
- What kind of support will we receive from the teachers and school? Is my teacher local if I need to meet with him or her? How often do teachers check in? Are they state-certified?
- What do other families think about the school? High parent satisfaction scores and glowing testimonials bode well. To get the real scoop, look for opportunities to get together with parents currently involved.
- How do students stay connected to their classmates? From outings to moderated online community areas to clubs and discussion areas, online school students stay connected and well-socialized. Does the school offer activities your child is interested in?
- How many students are using this program, and where are they going when they graduate? Does the school offer career and college counseling to help students find their path post-graduation?

Get more tips on selecting an online school with “The Yes List” at www.k12.com.