

# NEWS-SUN

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Tips for handling food

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## A tough season

Sebring's Hoffner fights through injury

SPORTS, 1B



## Comforting

Quilters donate to sick kids

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## Under review

LP taking long look at manager

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Friday-Saturday, July 1-2, 2011

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Volume 92/Number 77 | 50 cents

### Forecast



A couple of showers or T-storms possible

High **91** Low **74**

Complete Forecast PAGE 10A

### Online



**Question:** Should Rod Blagojevich get the maximum possible sentence?

**Yes**  
**77%**

**No**  
**23%**

Total votes: **78**

**Next question:** Will you buy fireworks for this Fourth of July?

Make your voice heard at [www.newssun.com](http://www.newssun.com)

### Obituaries

#### Elijah Jones

Age 85, of Sebring

#### Marie Jones

Age 88, of Avon Park

#### Sandra Light

Age 63, of Avon Park

#### Louise Scotburt

Age 92, of Sebring

#### Louisa Spitonoli-Battista

Age 91, of Sebring

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*'And they who for their country die shall fill an honored grave, for glory lights the soldier's tomb, and beauty weeps the brave.'*

JOSEPH DRAKE

American poet (1795-1820)



David Richardson, senior pastor at the First Baptist Church of Sebring, and Army Lt. Col. John E. Hugus, lead the procession carrying the body of Pfc. Joshua Jetton to the gravesite Wednesday afternoon.

News-Sun photo by CHRISTOPHER TUFFLEY

## A warrior at peace

### Hundreds attend funeral for Jetton

By CHRISTOPHER TUFFLEY  
[christopher.tuffley@newssun.com](mailto:christopher.tuffley@newssun.com)

SEBRING — The day began with an opaque, silver gray sky.

Combat veterans, wearing their motorcycle club leathers and insignia, stood protectively in a semi-circle, facing the First Baptist Church of Sebring's main doors. They held American flags.

Slowly, people began to arrive, the first to deliver their condolences in person during the visitation hour, and then for the 11 a.m. service — the final farewell to Private First Class Joshua Jetton, the 21-year-old soldier who was shot and killed June 20 while serving in Kunar Province, Afghanistan.

The gathering was large; the people respectful.



The local community reaches out to a fallen soldier and his family.

News-Sun photo by CHRISTOPHER TUFFLEY

Joshua Jetton's widow, Alicia Moore Jetton, teaches in the First Baptist Church of Sebring's preschool program, as does another member of her family. "We've known them a long time," David Richardson, senior pastor at First Baptist Church

of Sebring, said in explaining why the church so quickly provided support.

Surrounded by photographs taken at different points in his life, Jetton

See JETTON, page 4A

## School board debates policy for advertising jobs

By CHRISTOPHER TUFFLEY  
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SEBRING — School board members engaged in a discussion of how to best find teacher applicants at a workshop Monday afternoon.

The issue revolved around whether or not the district should look first to former or current local teachers in filling positions, or hire from outside.

Board members Ned Hancock and Andy Tuck have concerns regarding the policy.

Vivianne Waldron, director of Human Resources, told the board that when openings occur, the district advertises in-house before advertising in publications and on Web sites outside the district. She said this process was part of an agreement with the



News-Sun photo by CHRISTOPHER TUFFLEY School board member Bill Brantley (left) and school superintendent Wally Cox exchange ideas during a discussion of teacher recruitment Monday night.

teacher's union.

"I just want to be sure we're getting the very best people," Tuck said.

Hancock agreed, saying, "If we don't advertise outside, how do we know we're getting the best applicants? There is no way to know if we don't advertise outside

See SCHOOL, page 6A

## Avon Park to lay off three workers

By CHRISTOPHER TUFFLEY  
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AVON PARK — Interim city manager Julian Deleon warned the city council at its regular Monday meeting that tough choices lay ahead, but he was still hopeful the city could balance its budget without laying off workers.

Wednesday night, however, Deleon notified the News-Sun that three workers do have to be laid off.

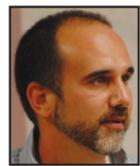
Deleon said he regretted having to take the action, but

at the moment no other options remained.

A combination of uncontrollable costs — primarily pension contributions and rising insurance rates — and reductions in revenue — the city now takes in \$777,000 less than it did in 2009 — has created a \$270,000 deficit in the 2011-2012 budget.

"The main thing is, we're trying to behave in a sensitive manner," Deleon said,

See AP, page 6A



Deleon

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# LP employees get three-month pay raise

By ED BALDRIDGE

ed.baldridge@newssun.com

LAKE PLACID — In order to offset the loss in take-home pay that begins on July 1 because of state pension requirements, the Lake Placid Town Council voted 2-1 to give employees a small raise for three months.

Council members Ray Royce and Debra Worley voted for the 1.5 percent increase and Steve Bastardi opposed the motion.

The request came from town employees who are forced by a change in state law to contribute 3 percent to their own

pension plans stating on July 1.

The pay increase is just for three months, July, August and September, and even though Royce made the motion, he did not want to go the full 3 percent

“Let’s get this straight, the changes in the law does not cut anyone’s pay. It reduces the amount that is taken home by 3 percent,” said Royce.

“Sometime in the middle of the year, the federal government cut the employee contribution to social security, giving employees about 2 percent more in their pay check. No one volunteered to give

that back to the town,” Royce said.

Royce volunteered the 1.5 percent instead of the full 3 percent in order to balance the amount of take-home pay after the social security break, he said.

Police Chief Phil Williams presented the issue on behalf of the employees, and confirmed that the request for the short term, not the long term.

“The employees have not had a raise in two years, and this kind of caught everyone by surprise,” Williams said. “We just want to put the money back into the employees take-home pay. It is not a lot, but every bit helps.”

## COMMUNITY BRIEFS

### Caladium Co-op added to drop off sites for Jetton

LAKE PLACID — The Caladium Arts and Crafts Cooperative, 132 E. Interlake Blvd., has joined the many other businesses in Highlands County in setting up a box for donations of baby items for the twins of Pfc. Joshua Jetton when they are born. Call 699-5940 for directions.

Certain community businesses have set out boxes for donations of the supplies — diapers, lotion, powder, wipes — any of the essentials Alicia Moore Jetton will need when her twins are born.

Boxes are also set out at the News-Sun, at the Cut ‘N Up Salon and Polston Engineering in Sebring, the Heartland Bank in Avon Park, and at Jones Oil and Tires and the Golden Corral in Lake Placid.

### Fourth of July holiday schedules

AVON PARK — City of Avon Park Public Works garbage schedule for July 4th holiday will be as follows:

No garbage pick-up on Monday, July 4. Monday’s garbage pick-up will move to Tuesday, July 5.

Tuesday’s garbage pick-up will move to Wednesday, July 6.

SEBRING — City of Sebring city offices will be closed Monday, July 4 to observe Independence Day and will re-open Tuesday, July 5.

No garbage pick-ups on Monday, July 4. Schedule for pick-ups is as follows: Monday pick-ups will be on Tuesday and Tuesday pick-ups will change to Wednesday.

### Boil Water Notice rescinded

AVON PARK — The June 27 “Precautionary Boil Water Notice” for all Sebring Ridge water customers, including the Crossings, has been rescinded following the repairs of the four-inch water main and the satisfactory completion of the

bacteriological survey showing that the water is safe to drink.

If you have any questions, call Avon Park Public Works at 452-4427.

### Transition Now workshop set

SEBRING — Try the electronic cigarette free in a Transition Now workshop. Workshops are being held at the Sebring Chamber of Commerce. Call 471-2002 for a scheduled workshop.

### YMCA plans car wash today

SEBRING — The Highlands County Family YMCA is hosting a car wash from 8:30-11 a.m. today. Proceeds will help with the cost of field trips the children will enjoy this summer.

Volunteers will ask for a donation that includes a complete wash and drying of your car.

For information, call 382-9622.

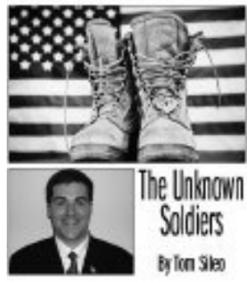
### District will begin testing siren

LAKE PLACID — The Southwest Florida Water Management District will begin monthly audible testing on Saturday of an emergency siren at a water control structure on Jack Creek.

The audible testing will occur the first Saturday of each month at 12:30 p.m. to ensure the siren performs properly. During testing, the siren will sound once for approximately 15 seconds and is expected to reach a two-mile radius.

The siren was installed as an additional safety procedure for the unlikely event of an emergency that could result in the failure of the water control structure. The structure, located on Jack Creek at 1152 Peachtree Drive, regulates water levels in Lake June-in-Winter to ensure environmental health, recreational use and aesthetic value of the lake. The District currently owns and operates the structure,

Continued on page 5B



## Faces of war

Three days after the tragic combat death of Pfc. Brian Backus in Afghanistan’s Kandahar province, a Facebook tribute page was launched in the 21-year-old warrior’s honor.

“I have never met this soldier,” the page’s unidentified creator wrote on June 21. “But I felt this page was needed for this fallen hero.”

More than a thousand people have since “liked” the page, including many of the Harbor Beach, Mich., soldier’s relatives, friends and fellow troops. People who hadn’t seen Pfc. Backus in years have also been sharing fond memories.

“I used to babysit Brian and his brother,” Lisa Bain posted on June 23. “We will always remember him as a smart, energetic boy who insisted on having his back scratched during bedtime.”

The heartfelt messages of support are comforting the Backus family during a time of unrelenting grief.

“It means more to us than you can imagine,” the fallen hero’s grieving mother, Anne Backus, posted on June 22. “To see that our son, Brian, touched so many lives helps ease the pain of loss.”

Facebook communities like this one harness the staggering toll of the ongoing Afghanistan and Iraq conflicts. As the national media obsess over next year’s presidential election and the Casey Anthony trial, these posts, filled with genuine compassion and raw emotion, remind us that we are still a nation at war.

Another 21-year-old fallen hero, Pfc. Josue Ibarra, made the ultimate sacrifice while conducting combat operations in Afghanistan’s Helmand province on June 19. In the dark hours following the tragedy, a Facebook page was quickly, caring-ly created to celebrate the Marine’s life.

“You wanted to protect us; you did protect us,” Dennis Ly wrote on June 23. “There’s no way we can thank you in person now, but what we can do is live out the rest of our lives to the fullest and to the most positive way we can for Josue.”

“He will live on through us, the people he wants to protect,” he con- See FACEBOOK, page 5A



News-Sun photos by SAMANTHA GHOLAR  
Quilts for Kids members along with Carole Seifert, Florida Hospital Director of Volunteer Services (center) look over the 54 quilts that will be donated to hospitalized children next week.

# Hospitalized children to receive dozens of quilts

By SAMANTHA GHOLAR  
sgholar@newssun.com

SEBRING — A group of talented women have been working diligently on a project that will bring smiles to the faces of some of Highlands County’s sick and ailing children.

The Central Florida chapter of Quilts for Kids has recently completed 54 different quilts that will be donated to pediatric patients at Florida Hospital Heartland Medical Center in Sebring.

Eight women have been sewing quilts since December. Each of the quilts is different in pattern, color and decor.

Quilts for Kids Central Florida coordinator Claudia Hopkins was thrilled at the amount of quilts that had been made.

“It is such a thrill to have people in the community that care enough to take time to do something and give back,” Hopkins said.

The quilters find that using their hobby for a good cause is fulfilling and enjoyable.

Florida Hospital director of volunteer services Carole Seifert was present Wednesday to pick up the quilts. Seifert was surprised at the number of quilts that the ladies had created.

“Wow. These are just amazing,” Seifert said.

According to Pat Villere, one of the quilters, the majority of the quilt can be completed in one day depending on the detail and patterns. Many of the ladies created multiple quilts.

The bright colors and animals spread all over Heart to Heart Fabrics in Avon Park brought a smile to many of the quilters’ faces.

Quilts for Kids is a non-profit organization that works hard to provide things



Pat Villere organizes 54 quilts at Heart to Heart Fabrics Wednesday afternoon in preparation of the quilts being donated to pediatric patients.

for children that they can not get in a hospital.

“Often times when kids are sick in the hospital they aren’t able to get a teddy bear or stuffed animal in their rooms. These quilts give them something unique and sentimental to hang on to while they are in there,” Hopkins said.

Quilts for Kids will hand over the quilts to the hospital next week. Seifert and her volunteers plan to hand out the blankets to children in the upcoming weeks.

“With the holiday coming up, not many more children will be admitted so we will wait and give them to as many kids as possible. We just don’t want them sitting around,” Seifert said.

The Quilts for Kids organization meets the last Wednesday of every month at Heart to Heart Fabrics. Villere and Hopkins invite local residents that are interested to come by or contact for any information.

“We are raffling off a hand-made quilt. Tickets are \$1. All the money will go to Quilts for Kids,” Villere said.

Anyone interested in join-

ing must have their own sewing machine. Quilters do not have to be very experienced — the organization prepares kits that include all the patterns and pieces that would be needed to create the top portion of a quilt. Quilters can work in the store with the group during the monthly meeting or in their own home.

For more information or to make contributions, contact Hopkins at (321) 217-8233 or centralfloridaQFK@gmail.com/.

Contributions of fabric are welcomed, but all fabric must be 100 percent cotton and of good quality.



## Lottery Center



June 29 10 30 36 41 49 51 x:3  
Next jackpot \$18 million

June 25 2 27 36 43 44 52 x:5  
June 22 2 6 19 31 36 39 x:4



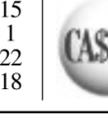
June 29 1 19 24 26 36  
June 28 5 7 22 32 35  
June 27 16 22 25 29 36  
June 26 4 6 17 19 32



June 29 (n) 5 1 8 2  
June 29 (d) 7 0 1 2  
June 28 (n) 2 1 9 6  
June 28 (d) 5 2 1 1



June 28 4 13 27 44 15  
June 24 21 27 32 38 1  
June 21 13 30 32 37 22  
June 17 6 9 25 39 18



June 29 (n) 8 7 5  
June 29 (d) 8 2 2  
June 28 (n) 1 4 3  
June 28 (d) 6 5 7



June 29 24 30 45 57 59 PB: 26 PP: 3  
Next jackpot \$20 million  
June 25 18 36 39 41 57 PB: 12 PP: 4  
June 22 12 15 19 46 59 PB: 12 PP: 4

Note: Cash 3 and Play 4 drawings are twice per day; (d) is the daytime drawing, (n) is the nighttime drawing. PB: Power Ball PP: Power Play

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# EDITORIAL & OPINION

## TODAY'S EDITORIAL

# Another viewpoint

**L**egislative reapportionment happens in Florida every 10 years. But it has never occurred the way it will this census cycle.

Not only will crass partisanship hopefully be restrained, but the process will be more open and transparent. ...

For the first time lawmakers will have to redraw legislative and congressional districts according to standards set forth in two amendments to the Florida Constitution that voters approved last November. Amendments 5 and 6, collectively known as "Fair Districts," give politicians far less leeway than they have previously enjoyed — and abused.

In the past, districts didn't so much reflect geographic boundaries as they did narrow political and demographic concerns. Legislators used sophisticated computer programs to crunch census data and engineer meandering, bizarrely shaped districts that

cherry-picked voters. Because the majority party in the Legislature controls the redistricting process, it had the power to create districts that were virtually guaranteed to elect a representative of the majority. ...

Fair Districts has changed that. The twin measures require districts to be compact, to utilize existing political and geographical boundaries and not to favor incumbents or any party, while at the same time protecting minority voting rights. The amendments don't remove politics from redistricting, but they should force lawmakers to treat voters more as members of communities. ...

Many complain that the new restrictions require lawmakers to comply with conflicting standards, and their imperfect products will be

subject to legal challenges. They fear that several new districts either will violate the state constitution or they will run afoul of the federal Voting Rights Act.

In part to rebut those charges, the Legislature has included the public in the process. It is soliciting input online at [www.floridaredistricting.org](http://www.floridaredistricting.org) and [www.flsenate.gov/Redistricting](http://www.flsenate.gov/Redistricting), where Floridians can use the same tools lawmakers have to create their own redistricting maps and submit them to the reapportionment committees. ...

So speak your mind. You can't accuse politicians of ignoring your opinion if you never offered it in the first place. Go on the record by voicing an idea or submitting a redistricting plan, check out others and then compare them to what the Legislature comes up with.

*An editorial from the News Herald in Panama City.*

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# Good old neighbors

I drove through my old neighborhood a few weeks ago.

It is like many suburban neighborhoods that sprouted up in the 1960s. Many of the people who moved there grew up in the city. All of them wanted big yards in which their kids could play. Many wanted to be near St. Germaine Catholic Church and its elementary school.

We moved into our new house in 1964, when I was 2. It was a basic, square house — brick on the bottom, white siding on the top — designed for raising children.

And there were a lot of children. I was born at the tail end of the baby boom. Neighbor kids were everywhere. The Gillens had four; the Bennetts, three; the Greenaways, four; the Kriegers, five ...

It was a traditional time, to be sure. Fathers worked and worried about the bills. Most mothers stayed home and worried about the kids.

But there was less to worry about then. Moms ran the neighborhood. Kids were free to play.

One summer, the fad was to make skateboards by nailing old roller skates onto two-foot pieces of 2-by-4. So many kids rode their skateboards down Tracy Drive, the pavement turned gray.

When the young families moved into their new homes, a lot of work needed to be done.

Grass, shrubs and trees were planted.

Concrete patios and driveways were poured. Porch roofs were built, basements remodeled into family rooms.

Most of the fathers were in their 20s then. They spent Saturdays helping each other. They enjoyed breaking a sweat and drinking a few ice-cold beers.

Most every decision these young parents made was based on the needs of their children. The principles they lived by were simple. They treated their children as little souls that God gave them to watch over. They wanted them to



**Guest Column**  
Tom Purcell

have a solid moral foundation and good education. Most of us attended St. Germaine School.

Despite the struggles these parents encountered — all people, rich and poor, encounter struggles — most

stayed married. Most believed they would be together "until death do us part."

More than a decade ago, after my parents moved out of the neighborhood, they threw a party for the old neighbors in their new house. I tended bar at the event.

The last time I had seen many of these people had been more than 20 years earlier, when I was still a kid myself. At the party, I had a chance to learn about these good people.

Every person in that room was a child of the Depression who came from nothing. One told stories of how the row house he grew up in was freezing cold in the morning. He wouldn't get out of bed until he heard his father go down to the basement to fire up some coal.

Another told me that for nearly 20 years of his marriage, he worked three jobs — 60 hours a week — to keep up with the bills.

In spite of the fact that they hadn't saved much money and worried about their futures, they married young, had families right away and worked hard.

They scrimped and saved and gradually built a wonderful world for themselves and their children. And every one of them raised children who are all doing well in life.

These good people are in their 70s and 80s now. They're retired and living the good life. They have plenty to celebrate.

It was my honor to spend an evening with them.

*Tom Purcell, a freelance writer is also a humor columnist for the Pittsburgh Tribune-Review, and is nationally syndicated exclusively by Cagle Cartoons newspaper syndicate. Email Tom at [Purcell@caglecartoons.com](mailto:Purcell@caglecartoons.com).*

## EDITORIAL PAGE POLICY

Make sure to sign your letter and include your address and phone number. Anonymous letters will be automatically rejected. Please keep your letters to a maximum of 400 words. Letters of local concern take priority.

Send your letter to 2227 U.S. 27 South, Sebring, FL 33870; drop it off at the same address; fax 385-1954; or e-mail [editor@newssun.com](mailto:editor@newssun.com).

To make sure the editorial pages aren't dominated by the same writers, letters are limited to two per month and a guest column can be submitted once every three months.

Opinions expressed in letters or columns are solely the opinion of that author and not necessarily the opinion of the staff or editors of the *News-Sun*.

All items will run on a first-come basis as space permits, although more timely ones could be moved up.

We believe your viewpoints are just as important as any community leader or government official, so consider this a personal invitation to get your two cents in. The *News-Sun* has a long history of encouraging public discussion through letters, guest columns, and Reader's Response questionnaires. Providing this forum for our readers is a pleasure, not an obligation.



## TODAY'S LETTERS

### Watch for baby deer

Editor:  
I would like to mention to the public that baby deer are being born this time of year in Highlands County and surrounding counties: DeSoto, Hardee, Glades and Polk.

Should you see a baby deer (fawn) that is in the field or grassy area, do not approach it or pick it up. The mother deer (doe) is most likely around and can hear the baby up to a mile away. If you are mowing or cleaning in a field or wooded area, leave the area so that the deer is safe. If you have dog(s), keep them away from the baby deer. Dog(s) are known to attack baby deer and either harm or kill the deer.

Deer have natural predators that they have to contend with. They don't need humans to be a problem for them as well. Be careful when driving down the roads that you know may have deer in the area. A lot of accidents happen when deer run onto the road in front of motor vehicles then car/truck will try to avoid hitting them and run off the road.

If you see a baby deer and you think that either the mother has been killed, or there are flies around the deer or anything else that may be a problem with the baby deer, then you need to either call Florida Fish and Wildlife office or a local rehabilitation center in your area. Either one will advise what to do. Don't take a baby deer home. It is against the law to have one in your

care.

Remember, nature will take care of itself if left alone. Only rescue if the animal is either injured or abandoned. If not sure, call someone.

The number of Wrede's Wildlife Center is 385-2770; Florida Fish and Wildlife is (888) 404-3922 or (863) 648-3200.

*David Wrede  
Wrede's Wildlife  
Rehabilitation Center Inc.*

### Honoring a fallen local hero

Editor:

We want to thank everyone of you who took time to honor PFC Joshua Jetton, the Sebring young man who gave the ultimate sacrifice to his country in Afghanistan last week and was brought home this (Tuesday) morning. We spoke to the group of veterans who drove their motorcycles in the procession and they said that the crowds all the way from Orlando to Sebring were something to be proud of.

On Sebring Parkway they had a fire truck from Sebring on one side of the road, a fire truck from Avon Park on the other side. They joined their ladders together in the middle of the street to form a huge arch, then hung a huge flag from the center. This was where the procession passed under heading toward the funeral home with PFC Jetton's casket. Quite moving.

Both sides of the street were covered with people

holding flags all the way from U.S. 27 to the funeral home, not a space to be had. May God bless and comfort the family ... and thank you again for your participation.

*John (Jack) Nelson  
President  
The Highlands Tea Party*

### Bouquet

### Amazing Race was amazing

Editor:

Having just finished our second Amazing Race for the Children's Museum, I wanted to take this opportunity to thank the many businesses, organizations, and people that made this fantastic event such a wonderful experience. Our prize sponsor, Positive Medical

Transport, was wonderful along with the following sponsors: Alan Jay Automotive, SJ Hartt and Sons, Central Florida Glass, Allan Dixon- Allstate Insurance and Swaine and Leidel. Jessica Hartline - Allstate Insurance, Brenner Pottery, Ridge Water Filter Systems, Still Chic Boutique, First Presbyterian Church, Barbara Boss, Florida Hospital, Glades Electric, Ridge Florist, Heartland Imports, Highlands Independent Bank, Boss Business Solutions, Highlands Today, Baker PreCast and Avon Park Rotary also made donations for the race.

We would like to give a big thank you to Papa John's for providing delicious pizza for all of our hungry teams

and workers. Thanks also to the following businesses that let us use their facilities as locations for the race. Home and Office Essentials, Baker PreCast, Cohan Radio, Duffers Sports Grill, River Greens, Avon Park Middle School, Banana Splits, Avon Park Rotary, Woodlawn Elementary, Sebring International Raceway and South Ridge Ag were gracious enough to allow our teams onto their property where they looked for clues, made concrete manhole covers, tasted ice cream, memorized poems and attempted various unusual challenges.

The competing teams had a wonderful time with all of the challenges and enjoyed finding new locations and learning about Highlands County. A very special thank you goes to our volunteer judges — Brenda Nelson, Caroline Livingston, Bobby and Anne Baker, Meredith Lutz, Robert Brown, Jean Federico, Megan Darr, Tina Gottus, Cathy Hardesty, Craig Crowder, Becky Travers, Pat Pella and Barry Foster.

None of this would have happened without the help of the planning committee. Cathy Hardesty, Craig Crowder, and Tina Gottus spent many hours working on locations and challenges to make the day special.

Thank you to everyone that made this fundraiser truly special.

*Linda Crowder  
Director  
Children's Museum of the  
Highlands*



News-Sun photo by CHRISTOPHER TUFFLEY  
An honor guard carries Pfc. Joshua Jetton to his burial site in Lakeview Memorial Gardens Wednesday afternoon.



News-Sun photo by CHRISTOPHER TUFFLEY  
Army Maj. Gen. Anthony Crutchfield presents Joshua Jetton's 19 year old widow with the flag that covered his coffin.

# Jetton laid to rest

Continued from page 1A

lay in his coffin in full dress uniform. "There is no pain greater than the pain of saying goodbye to a loved one," Lt. Col. Chaplain John E. Hugus said during the service. "What can you say? But, I know that the word of God can pierce the darkness each of you are feeling."

The service came to a close with the song "Amazing Grace."

By the time the long funeral procession arrived at Lakeview Memorial Gardens, the high overcast was gone, the sky filled with low lying clouds of gray to black. Thunder rumbled in the distance. Yet, the rains held off. The mood, however, was somber and subdued — as if nature itself was expressing sorrow.

Despite the weather, families and individuals stood along the side of the road, holding umbrellas and waving small American flags as the hearse and the Jetton family drove by, accompanied by at least 100 veterans riding motorcycles, sheriff's deputies with their patrol car lights flashing and



News-Sun photo by CHRISTOPHER TUFFLEY  
Veterans lead the funeral procession of Pfc. Joshua Jetton to Lakeview Memorial Gardens on Wednesday.

strangers, there to honor a brave young man killed in battle just as his life was beginning.

Hugus and Pastor Richardson led Jetton's coffin, carried by six honor guard pallbearers, from the hearse to his burial site, which was protected from the weather by a green canvas tent.

His family huddled among themselves close to the coffin, the mourners circling around them — as if they were forming a shield to keep the family safe.

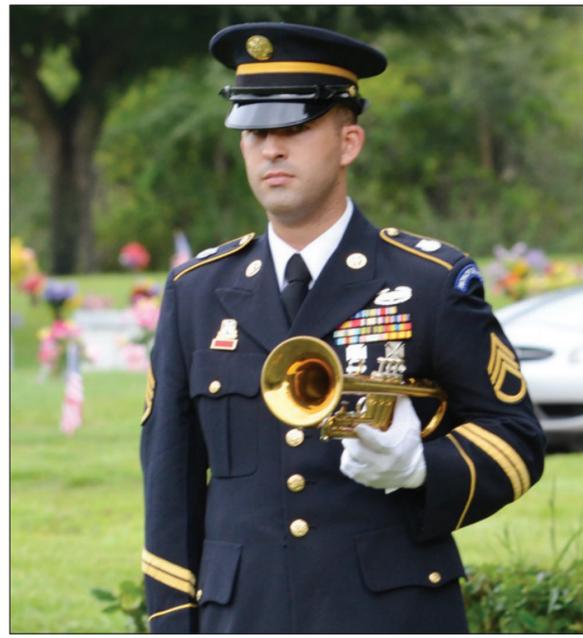
The graveside military rites, with their long history and formality, added a bittersweet poignancy — the slow

motion salutes, the folding of the flag and returning it to the family, the gun salute, the playing of Taps.

Throughout the graveside service, the clouds grew darker and the sound of thunder grew closer, but still it did not rain.

Near the end of the ceremony, Vicki Leisy DiGiovanni, representing the national organization Blue Star Mothers (mothers of men and women on active duty) told Jetton's family that "(Joshua) is definitely among the stars. His job now is to watch over and guard his fellow warriors."

It was only after Jetton was safely at rest that the rain poured down.



News-Sun photo by CHRISTOPHER TUFFLEY  
An Army bugler waits to play 'Taps' in honor of Pfc. Joshua Jetton Wednesday afternoon.

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## COMMUNITY BRIEFS

Continued from page 2A

which is regularly inspected and maintained to ensure it is safe and functioning properly.

In the event of a real emergency, the siren would be activated with alternating intervals of three minutes of sound followed by three minutes of silence to alert residents living along Jack and Josephine creeks to evacuate and seek higher ground. This would continue until the conclusion of the emergency situation or until all residents downstream of the structure have been safely evacuated.

For more information, contact David Crane, district structure operations manager, at (800) 423-1476 (Florida only) or (352) 796-7211, ext. 4535.

### Military Sea Services Museum closed until July 6

SEBRING — The Military Sea Services

Museum will be closed through Tuesday to allow volunteers to participate in and enjoy the celebrations of Independence of the United States.

The museum, on the corner of Kenilworth Boulevard and Roseland Avenue, will reopen Wednesday. Normal operating hours of the museum are 12-4 p.m. Wednesday through Saturday. Visitors are welcome.

### Habitat offers free tour of housing conditions

SEBRING — Join Highlands County Habitat for Humanity for a tour and lunch to learn more about Habitat's work in Highlands County. See the untenable conditions in which applicant families are living. Tour existing Habitat homes, ongoing construction at Mason's Ridge and be welcomed by a Habitat family into their home. You're guaranteed to

learn something new about Habitat.

The tour date is Wednesday, July 20 from 10 a.m. to 1 p.m. Transportation is provided by Annett Bus Lines. Seating is limited to 45 passengers. All tours begin and end at the Habitat office at 159 S. Commerce Ave. in downtown Sebring.

Reservations are needed and can be made by calling Sarah Pallone at 402-2913 or e-mailing spallone@habitathighlands.org.

### DeMolay serves spaghetti dinner

SEBRING — The young men of the DeMolay will host an all-you-can-eat spaghetti dinner from 4-6:30 p.m. Saturday at the Sebring Masonic Lodge, 1809 Home Ave., for a donation of \$7. The menu includes salad, spaghetti with meat sauce, dessert and beverage. Tickets will be available at the door.

## Facebook used to honor fallen

Continued from page 2A

tinued. "We won't let you down."

After coordinating on Facebook, Pfc. Ibarra's community didn't let him down. When the Marine returned to Midland, Texas, in a flag-draped casket, city streets were lined with patriotic supporters.

When an American service member is killed in action, fellow troops are deeply affected. Facebook pages like the one memorializing Pfc. Eric Soufrine, 20, of Woodbridge, Conn., give grieving warriors a place to pour out their hearts.

"As a soldier also raised in Connecticut just returning from Afghanistan, I'd like to thank you for your service, and for making the ultimate sacrifice," Tara LaDore posted on June 17. "Though I've never met you, you are my brother in arms and you will never be forgotten."

Pfc. Soufrine, who died on June 14 in Afghanistan's Farah province when terrorists attacked his unit with an improvised explosive device, had a girlfriend who couldn't wait for him to come home. As war's harshest reality sinks in, the Facebook page is painful but also therapeutic for Paige Woodward.

"We were supposed to have such an amazing life together," she posted on June 16. "But I promise you, I will see you in heaven eventually, and we will pick up where we left off."

Pvt. Ryan Larson, 19, hailed from a tiny Wisconsin village called Friendship. Since his June 15 combat death in Afghanistan's Kandahar province, more than 2,000 people -- nearly three times his town's population -- have "liked" a Facebook page in tribute to their friend.

"To see men and women, old and young, rich and poor, all races, types, personalities, and positions in our community all as one yesterday for Ryan was so amazing," Izzy Jackson wrote on June 26. "God was shining his light down yesterday to welcome Ryan home."

During past conflicts, Americans could not instantly connect to wars being fought by our friends and neighbors, nor could families of the fallen visit virtual communities filled

with memories of their loved ones. In the 21st century, through these interactive, invaluable tribute groups, parents can teach their children about the indelible sacrifices being made in Afghanistan and Iraq.

I never met these four fallen heroes. But today, thanks in part to four remarkable Facebook pages, they are dearly missed.

To find out more about Tom Sileo, or to read features by other Creators Syndicate writers and cartoonists, visit the Creators Syndicate website at [www.creators.com](http://www.creators.com).



**Pfc. Brian Backus, 21, carries his 2-year-old son, Jack. Pfc. Backus was killed in Afghanistan's Kandahar province on June 18. Image courtesy of "RIP Combat Medic Brian Backus of Harbor Beach, Michigan" Facebook page.**

### MARIE J. JONES

Marie J. Jones, 88, of Avon Park, Fla., passed away Wednesday, June 29, 2011, in Sebring. She was born Feb. 7, 1923, to Fred R. and Julia Marie (White) Sutton in Highlands, N.J., and had been a resident of Highlands County since 1987, coming from Gouldsboro, Pa. She was a homemaker and of the Catholic faith.

She is survived by her sons, Clarence (Theresa) Welsh, Sebring, John (Karen) Welsh, Leighton, Pa., Patrick Welsh, Daytona Beach Shores, Fla. and Peter (Dorreen) Welsh, The Villages, Fla.; daughter-in-law, Patti Jones, Littleton, Ga.; 14 grandchildren; 10 great-grandchildren and two great-great-grandchildren. She was preceded in death by her son, David Jones.

Funeral services will take place at 10 a.m. Friday, July 1, 2011, at Stephenson-Nelson Funeral Home, Sebring, with Deacon James McGarry officiating. Entombment at Lakeview Memorial Gardens, Avon Park, will be immediately following the service. Memorial donations may be made in her memory to Good Shepherd Hospice, 1110 Hammock Road, Sebring, FL 33870. Arrangements have been entrusted to:

Stephenson-Nelson Funeral Home  
Sebring, Florida 33870  
863-385-0125  
[www.stephensonnelsonfh.com](http://www.stephensonnelsonfh.com)

### Death notices

**Elijah Jones, 85,** of Sebring died June 24, 2011.

Arrangements are being handled by Swann's Mortuary, Sebring.

Classified ads get results!  
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## OBITUARIES

**Sandra Light, 63,** of Avon Park died June 27, 2011.

Arrangements are being handled by Swann's Mortuary, Sebring.

**Louise Scotburt, 92,** of Sebring died June 27, 2011.

Arrangements handled by Swann's Mortuary, Sebring.

**Louisa Spitonoli-Battista, 91,** of Sebring died June 30, 2011.

Arrangements are incomplete at this time.





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<p><b>27.99</b></p> <p><b>Jose Cuervo Especial Tequila</b></p> <p>Gold or Silver, 1.75 L</p> 	<p><b>35.99</b></p> <p><b>Patrón Silver Tequila</b></p> <p>750 ml</p> 
<p><b>16.99</b></p> <p><b>Early Times Kentucky Whisky</b></p> <p>1.75 L</p> 	<p><b>33.99</b></p> <p><b>Jack Daniel's Tennessee Whiskey</b></p> <p>1.75 L</p> 
<p><b>19.99</b></p> <p><b>Southern Comfort</b></p> <p>1.75 L</p> 	<p><b>43.99</b></p> <p><b>Crown Royal Black</b></p> <p>1.75 L</p> 
<p><b>16.99</b></p> <p><b>Canadian Mist</b></p> <p>1.75 L</p> 	<p><b>37.99</b></p> <p><b>Crown Royal</b></p> <p>1.75 L</p> 
<p><b>23.99</b></p> <p><b>Chivas Regal Scotch</b></p> <p>750 ml</p> 	<p><b>27.99</b></p> <p><b>Dewar's White Label Scotch</b></p> <p>1.75 L</p> 
<p><b>17.99</b></p> <p><b>Captain Morgan's Parrot Bay Rum</b></p> <p>Selected Varieties, 1.75 L</p> 	<p><b>21.99</b></p> <p><b>Captain Morgan Spiced Rum</b></p> <p>Original or Silver, 1.75 L</p> 
<p><b>15.99</b></p> <p><b>Don Q Cristal Rum</b></p> <p>Or Gold, 1.75 L</p> 	<p><b>27.99</b></p> <p><b>Tanqueray Gin</b></p> <p>1.75 L</p> 

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# AP to lay off three city employees

Continued from page 1A

referring to how the lay offs will be handled.

The question of which exact individuals will end up without a job doesn't yet have an answer.

This is because one or more of the three targeted workers may be eligible to bump other workers who have less seniority. That is, they may take another worker's position. To complicate things further, a bumped worker may in turn be eligible to bump an even less senior individual.

The process takes time to sort out. This is why, DeLeon said, he had ordered the lay offs early, so the matter would be settled by the time budget discussions begin. He added that another reason for laying off workers now is that the 2010-2011 budget was sound enough to absorb severance payments — DeLeon said each laid off worker will receive four weeks pay. The city is also ready to help the individuals contact all appropriate agencies in their new job search.

DeLeon said he had been making an effort to cut city expenses.

He merged the Parks and Recreation Department with the Street Department, for example, in an effort to cut costs by sharing equipment and doing away with a street supervisor's position. There are already three vacancies in the department, which he will not fill.

Contributing to the city's difficulty at Parks and Recreation is the \$158,000 cut in the county's annual contribution toward park maintenance.

At the Monday night meeting DeLeon told the

*'There are still difficult choices ahead. I will be meeting with department heads and we will go over their budgets another time; we'll turn over every stone looking for savings.'*

**JULIAN DELON**  
interim city manager

council not all was bad news. The utility and sanitation departments are both sound financially, he said, to the point where the city is able to lower user rates.

The utility and sanitation departments, because they earn money for the city, are called enterprise funds.

But these funds, while expected to pay for themselves, may not, by state statute, be put into the general fund and used for day-to-day business.

The same applies to money in the infrastructure fund. DeLeon said, however, the city was able to use infrastructure funding to pay off a street bond and the loan on the new fire truck.

"We hope for no more lay offs," DeLeon said, "but there are still difficult choices ahead."

"I will be meeting with department heads and we will go over their budgets another time; we'll turn over every stone looking for savings."

DeLeon and the city council will be discussing the issue July 11.

# A lengthy lesson



Courtesy photo

Students in South Florida Community College's Camp Discovery hold an albino reticulated python during the camp's public service careers week. The students learned about various types of wildlife when Officer Greg Graziani of the Lake Placid Police Department and the National Geographic Channel's television show Python Hunters brought a variety of animals he has rescued. Each week, SFCC's Camp Discovery focuses on a different career field, and campers participate in a variety of activities based on those careers. SFCC's Camp Discovery is open to students ages 7-16. Openings are still available. For more information or to register, visit <http://www.southflorida.edu/academic/commed/Camp-Discovery.aspx>.

# School board talks about job advertisements

Continued from page 1A

and restrict the (talent) pool. I don't know who we are leaving out."

Steve Picklesimer, president of the Highlands County Teacher's Association, told the board that the district advertises exclusively in-house for the first five days only, and the position is opened to all applicants during the second five days.

He added that this is what most districts do.

Board member Bill Brantley was concerned that teachers who fail in their evaluations would be the first to go on the in-house hire list.

Principals have the right to pick and choose, Waldron said. They look over the lists and have a good idea of which local applicants have

good reputations as teachers and which does not. No principal has to hire in-house, she said.

Hancock also worries that in-house applicants have an unfair advantage, and Tuck said that outside applicants might be discouraged from applying.

On the other hand, board member Ronnie Jackson said that recommendations for outside applicants might be questionable because there was no way to know their reliability.

Being a workshop, no action was taken. Because the policy is an agreement between teachers and the district, even if the board decided to change the policy it would be a complicated process, not based on a board's vote alone.

# LP Council approves town administrator research committee

By ED BALDRIDGE  
[ed.baldrige@newssun.com](mailto:ed.baldrige@newssun.com)

LAKE PLACID — The Lake Placid Town Council approved a committee to look at hiring a town administrator at the regular meeting on Monday night at Town Hall.

"We have selected a committee and would like the council to approve or make other selections or recommendations on the list I provided," Marlene Barger, co-chair of the Town Administrator Committee, told council Monday night.

The list approved by council included citizens of the town and county, as well as those who favored the idea of an administrator and those who opposed, according to Barger.

"We wanted different views on this, but we wanted folks who would have an open mind on both sides and who would be willing to listen and evaluate opposing views," Barger told an approving council.

Barger also asked the council to put forward ideas of what they thought would be the most important issue concerning the town over the next five years.

The approved list of committee members includes: Shelagh Byatt, owner of Tomoka Heights Realty Inc. and owner of Indigo Builders of Lake Placid Inc.; Jon Draper, owner of Datarep Inc.; Bill Compton, retired president and CEO of Trans World Airlines; Robert Brown, branch manager of SunTrust Bank in Lake Placid; Jim DiNapoli,

owner of Highlands Investment Management; Marlene Barger; and council member Cheryl Davis.

Lake Placid citizens voted down a charter change that would create a town manager position last November, but Mayor John Holbrook stressed at a previous meeting that although few citizens have come forward to agree with the idea, the growing needs of the municipality requires the extra administration,

"You keep saying the people, but very few people have said they want a public administrator," Holbrook explained at the May 23 meeting.

"But the need for someone to serve full time is there. I know that the mayor can do that, but with the needs of growth and meetings with the county as well as utility concerns, I think we need someone doing this 40 hours a week," Holbrook told the News-Sun after the meeting.

According to Town Attorney Bert J. Harris III, the mayor could just appoint and or hire someone to do the job, but Holbrook stated he was looking for more community input.

The Town Administrator Advisory Committee has scheduled a meeting for 8:30 a.m. Tuesday at Town Hall, and will work under Florida's Sunshine Laws, according to Harris.

The committee has a target date of Aug. 22 to assemble additional information for the council to consider, Barger said.

# Impact fees remain suspended

Continued from page 1A

from her organization into the record.

"The Group strongly urges you to extend the impact fee moratorium for another year," Barger said. "We see no credible reason to justify reinstating these fees, which are intended to cover the cost of building infrastructure in response to growth. Unfortunately, Highlands County's population continues to decline."

Commissioner Don Elwell asked for more opinions from those on the committee who voted for the putting the fees back into place.

Elwell also asked for the county staff to look at possible ways to fund growth without impact fees.

"Impact fees have kinda gotten a bad rap. We've never had a good look to see the effect of impact fees. When we put them in, the economy was heading south. Similarly, we have not seen the effect of what suspending the impact fees has

been," Elwell said.

"I agree that now is not the time for impact fees to go in ... but my question is this: If we suspend impact fees, is there a better way to fund growth as it happens than impact fees?" Elwell asked. "I don't want to penalize growth, but I want to do the right thing."

Elwell also suggested that the county may need to look at the impact fees every six months.

"I would like to look at the need for impact fees more than just once a year," Elwell said.

Stewart explained that staff had been instructed "just today" to look at alternatives to impact fees, but was hesitant to describe what some of the options might be.

"Some of the options may look even more onerous than impact fees. And some communities around the state are looking at other options," Stewart said.

The county will review the fees again in June 2012.

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6 lines - 14 pubs \$71



- ### Index
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## 1050 Legals

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 CASE NO. 11-237 GCS

WELLS FARGO BANK, NATIONAL ASSOCIATION, TRUSTEE POOLING AND SERVICING AGREEMENT-DATED AS OF JULY 1, 2006 SECURITIZED ASSET BACKED RECEIVABLES LLC TRUST 2006-FR3 MORTGAGE PASS-THROUGH CERTIFICATES, SERIES 2006-FR3, Plaintiff,  
 vs.  
 JOHN SCIACCA, ELEANOR SCIACCA, UNKNOWN TENANT #1, AND UNKNOWN TENANT #2, Defendants.

Notice of Action  
 Eleanor Sciacca  
 Last Known Address: Residence Unknown  
 1089 Dewitt Street  
 Sebring, FL 33872

If living; if dead, all unknown parties claiming interest by, through, under or against the above named defendant(s), whether said unknown parties claim as heirs, devisees, grantees, creditors, or other claimants; and all parties having or claiming to have any right, title or interest in the property herein described.

YOU ARE NOTIFIED that an action to foreclose a mortgage on the following described property in Highlands County, Florida:  
 LOT 3, BLOCK "EE", SPRING LAKE VILLAGE V, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 10, PAGE 23, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

Street Address: 625 WOODMONT STREET, SEBRING, FL 33876

has been filed against you and you are required to serve a copy of your written defenses, if any, to it on Clarfield & Okon, P.A. Plaintiff's attorney, whose address is 500 Australian Avenue South, Suite 730, West Palm Beach, FL 33401, within 30 days after the date of the first publication of this notice, on or before July 19, 2011, and file the original with the Clerk of this Court, otherwise, a default will be entered against you for the relief demanded in the complaint or petition.

DATED on June 14, 2011.

Bob Germaine  
 Clerk of the Circuit Court  
 By: /s/ Lisa Tantillo  
 As Deputy Clerk

Clarfield & Okon, P.A.  
 Attorney for Plaintiff  
 500 Australian Avenue South, Suite 730  
 West Palm Beach, FL 33401  
 Telephone: (561) 713-1400

June 24; July 1, 2011

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA  
 CASE NUMBER: 10-812 GCS

SUN 'N LAKE OF SEBRING IMPROVEMENT DISTRICT, a special district and a public corporation of the State of Florida,  
 Plaintiff,  
 vs.  
 BRANCH BANKING AND TRUST COMPANY, a Foreign corporation, its successors and/or assigns;  
 Defendant.

NOTICE OF SALE

Notice is hereby given that pursuant to a final decree of foreclosure entered in the above-titled cause in the Circuit Court of Highlands County, Florida, I will sell the property situated in Highlands County, Florida, described as:

Parcel 1: Lot 28, Block 342, Unit 16, Sun 'n Lake Estates of Sebring, according to the plat thereof recorded in Plat Book 10, Page 04, of the Public Records of Highlands County, Florida.

Parcel 2: Lot 39, Block 342, Unit 16, Sun 'n Lake Estates of Sebring, according to the plat thereof recorded in Plat Book 10, Page 04, of the Public Records of Highlands County, Florida.

Parcel 3: Lot 40, Block 342, Unit 16, Sun 'n Lake Estates of Sebring, according to the plat thereof recorded in Plat Book 10, Page 04, of the Public Records of Highlands County, Florida.

at public sale, to the highest and best bidder for cash, in the Jury Assembly Room in the basement of the Highlands County Courthouse located at 430 South Commerce Avenue, in Sebring, Florida at 11:00 A.M. on the 18th day of July, 2011.

SIGNED this 13th day of June, 2011.

ROBERT W. GERMAINE  
 CLERK OF THE CIRCUIT COURT  
 By: /s/ Annette E. Daff  
 Deputy Clerk  
 June 24; July 1, 2011

## 1050 Legals

IN THE CIRCUIT COURT FOR HIGHLANDS COUNTY, FLORIDA  
 PROBATE DIVISION  
 FILE NO. PC 11-263

IN RE: ESTATE OF PAULINE K. BLUMM  
 a/k/a PAULINE KENNEDY  
 NOTICE TO CREDITORS

The administration of the estate of Pauline K. Blumm, deceased, whose date of death was April 28, 2011, and whose social security number is xxx-xx-0177, file number PC-11-263, is pending in the Circuit Court for Highlands County, Florida, Probate Division, the address of which is 590 South Commerce Avenue, Sebring, FL 33870-3867. The names and addresses of the personal representatives and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this Notice is June 24, 2011.

Personal Representatives:  
 /s/ Kerrie A. Doyle  
 250 Morgan Road Binghamton, New York 13903  
 /s/ Stanley W. Blumm  
 521 Sportsman Avenue  
 Sebring, Florida 33875

Attorney for Personal Representatives:  
 /s/ Richard N. Matties  
 Florida Bar No. 0296503  
 Levene Gouldin & Thompson, LLP  
 P.O. Box F-1706  
 Binghamton, New York 13902-0106  
 Telephone: 607-763-9200

June 24; July 1, 2011

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA  
 CASE NUMBER: 10-959 GCS

SUN 'N LAKE OF SEBRING IMPROVEMENT DISTRICT, a special district and a public corporation of the State of Florida,  
 Plaintiff,  
 vs.  
 GREGORY T. BEATY, a married man, if alive and if not, his unknown spouse, heirs, devisees, grantees, creditors, or other parties claiming by, through, under or against GREGORY T. BEATY, a married man, and all claimants under any of such party;  
 Defendants.

NOTICE OF SALE

Notice is hereby given that pursuant to a final decree of foreclosure entered in the above-titled cause in the Circuit Court of Highlands County, Florida, I will sell the property situated in Highlands County, Florida, described as:

Parcel 1: Lot 12, Block 342, Unit 16, Sun 'n Lake Estates of Sebring, according to the plat thereof recorded in Plat Book 10, Page 04, of the Public Records of Highlands County, Florida.

Parcel 2: Lot 13, Block 342, Unit 16, Sun 'n Lake Estates of Sebring, according to the plat thereof recorded in Plat Book 10, Page 04, of the Public Records of Highlands County, Florida.

at public sale, to the highest and best bidder for cash, in the Jury Assembly Room in the basement of the Highlands County Courthouse located at 430 South Commerce Avenue, in Sebring, Florida at 11:00 A.M. on the 20th day of July, 2011.

SIGNED this 13th day of June, 2011.

ROBERT W. GERMAINE  
 CLERK OF THE CIRCUIT COURT  
 By: /s/ Annette E. Daff  
 Deputy Clerk  
 June 24; July 1, 2011

## 1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA  
 CASE NUMBER: 10-838 GCS

SUN 'N LAKE OF SEBRING IMPROVEMENT DISTRICT, a special district and a public corporation of the State of Florida,  
 Plaintiff,  
 vs.  
 LENNOX D. REID, if alive and if not, his unknown spouse, heirs, devisees, grantees, creditors, or other parties claiming by, through, under or against LENNOX D. REID, and all claimants under any of such party;  
 Defendants.

NOTICE OF SALE

Notice is hereby given that pursuant to a final decree of foreclosure entered in the above-titled cause in the Circuit Court of Highlands County, Florida, I will sell the property situated in Highlands County, Florida, described as:

Lot 44, Block 342, Unit 16, Sun 'n Lake Estates of Sebring, according to the plat thereof recorded in Plat Book 10, Page 04, of the Public Records of Highlands County, Florida.

at public sale, to the highest and best bidder for cash, in the Jury Assembly Room in the basement of the Highlands County Courthouse located at 430 South Commerce Avenue, in Sebring, Florida at 11:00 A.M. on the 18th day of July, 2011.

SIGNED this 13th day of June, 2011.

ROBERT W. GERMAINE  
 CLERK OF THE CIRCUIT COURT  
 By: /s/ Annette E. Daff  
 Deputy Clerk  
 June 24; July 1, 2011

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT, IN AND FOR HIGHLANDS COUNTY, FLORIDA  
 CASE NO. 28-2009-CA-001443

THE BANK OF NEW YORK MELLON FKA THE BANK OF NEW YORK, AS TRUSTEE FOR THE CERTIFICATEHOLDERS, CWABS, INC., ASSET-BACKED CERTIFICATES, SERIES 2007-7, Plaintiff,  
 vs.  
 AGUADA, YOHANKA, et al.,  
 Defendants.

NOTICE OF FORECLOSURE SALE

NOTICE IS HEREBY GIVEN pursuant to an Order or Final Judgment entered in Case No. 28-2009-CA-001443 of the Circuit Court of the 10TH Judicial Circuit in and for HIGHLANDS County, Florida, wherein, THE BANK OF NEW YORK MELLON FKA THE BANK OF NEW YORK, AS TRUSTEE FOR THE CERTIFICATEHOLDERS, CWABS, INC., ASSET-BACKED CERTIFICATES, SERIES 2007-7, Plaintiff, and AGUADA, YOHANKA, et al., are Defendants. I will sell to the highest bidder for cash at, JURY ASSEMBLY ROOM IN THE BASEMENT AT COURTHOUSE, 430 S. COMMERCE AVENUE SEBRING, FL 33870, at the hour of 11 A.M. on the 21st day of July, 2011, the following described property:

BEGIN AT THE NORTHEAST CORNER OF THE NORTHEAST QUARTER OF THE NORTHWEST QUARTER OF SECTION 14, TOWNSHIP 38 SOUTH, RANGE 29 EAST FOR POINT OF BEGINNING; THENCE NORTH 89 DEGREES 03 MINUTES 26 SECONDS WEST, ALONG THE NORTH LINE OF SAID TRACT, 662.72 FEET; THENCE SOUTH 1 DEGREE 03 MINUTES 10 SECONDS WEST, 328.60 FEET; THENCE SOUTH 89 DEGREES 08 MINUTES 53 SECONDS EAST, 662.96 FEET TO THE EAST LINE OF SAID TRACT; THENCE NORTH 1 DEGREE 00 MINUTES 36 SECONDS EAST ALONG SAID EAST LINE, 327.55 FEET TO POINT OF BEGINNING, LESS AND EXCEPT THE WEST 35 FEET THEREOF.

To be published on 06/24/2011 and 07/01/2011.

Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens must file a claim within 60 days after the sale.

DATED this 13th day of June, 2011.

ROBERT W. GERMAINE  
 Clerk Circuit Court  
 By: /s/ Annette E. Daff  
 June 24; July 1, 2011

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## 1050 Legals

IN THE CIRCUIT COURT IN AND FOR HIGHLANDS COUNTY, FLORIDA  
 CIVIL DIVISION  
 CASE NO.: GC-09-001876

BAC HOME LOANS SERVICING, L.P. FKA COUNTRYWIDE HOME LOANS SERVICING L.P. Plaintiff,  
 vs.  
 SIMONE THIBEAULT A/K/A SIMONE THIBEAULT BERGERON; RICHARD R. BERGERON A/K/A RICHARD BERGERON; UNKNOWN SPOUSE OF SIMONE THIBEAULT A/K/A SIMONE THIBEAULT BERGERON; UNKNOWN SPOUSE OF RICHARD R. BERGERON A/K/A RICHARD BERGERON; UNKNOWN TENANT I; UNKNOWN TENANT II, and any unknown heirs, devisees, grantees, creditors, and other unknown persons or unknown spouses claiming by, through and under any of the above-named Defendants,  
 Defendants.

NOTICE OF FORECLOSURE SALE

NOTICE is hereby given that the undersigned Clerk of the Circuit Court of Highlands County, Florida, will on the 20th day of September, 2011, at 11:00 o'clock A.M. at the in the Jury Assembly Room in the basement of the Highlands County Courthouse located at 430 South Commerce Avenue, Sebring, Florida at 11:00 A.M., offer for sale and sell at public outcry to the highest and best bidder for cash, the following-described property situate in Highlands County, Florida:

Lot 28 in Block E of SPRING LAKE - VILLAGE III, according to the plat thereof, as recorded in Plat Book 9, at Page 54, of the Public Records of Highlands County, Florida.

pursuant to the Final Judgment entered in a case pending in said Court, the style of which is indicated above.

Any person or entity claiming an interest in the surplus, if any, resulting from the foreclosure sale, other than the property owner as of the date of the Lis Pendens, must file a claim on same with the Clerk of Court within 60 days after the foreclosure sale.

WITNESS my hand and official seal of said Court this 14th day of June, 2011.

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator, (941)534-4690, within two (2) working days of your receipt of this notice; if you are hearing or voice impaired, call (TDD) (941) 534-7777, or Florida Relay Service 800-955-8770.

CLERK OF THE CIRCUIT COURT  
 By: /s/ Annette E. Daff  
 Deputy Clerk  
 June 24; July 1, 2011

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA  
 CASE NUMBER: 10-870 GCS

SUN 'N LAKE OF SEBRING IMPROVEMENT DISTRICT, a special district and a public corporation of the State of Florida,  
 Plaintiff,  
 vs.  
 CS PARADISO HOLDINGS, LLC, a Foreign Limited Liability company, its successors and/or assigns; NATIONAL RECREATIONAL PROPERTIES OF SUN 'N LAKES, LLC, a Florida Limited Liability Company, its successors and/or assigns; JOSE NIVELA and MIRNA BASTERRECHEA, Husband and Wife, if alive and if not, their unknown spouse, heirs, devisees, grantees, creditors, or other parties claiming by, through, under or against JOSE NIVELA and MIRNA BASTERRECHEA, and all claimants under any of such party; DEVELOPER FINANCE CORPORATION, a Delaware Corporation, its successors and/or assigns; and CAPITALSOURCE FINANCE, LLC, a Delaware corporation; its successors and/or assigns;  
 Defendants.

NOTICE OF SALE

Notice is hereby given that pursuant to a final decree of foreclosure entered in the above-titled cause in the Circuit Court of Highlands County, Florida, I will sell the property situated in Highlands County, Florida, described as:

Lot 46, Block 342, Unit 16, Sun 'n Lake Estates of Sebring, according to the plat thereof recorded in Plat Book 10, Page 04, of the Public Records of Highlands County, Florida.

at public sale, to the highest and best bidder for cash, in the Jury Assembly Room in the basement of the Highlands County Courthouse located at 430 South Commerce Avenue, in Sebring, Florida at 11:00 A.M. on the 18th day of July, 2011.

SIGNED this 13th day of June, 2011.

ROBERT W. GERMAINE  
 CLERK OF THE CIRCUIT COURT  
 By: /s/ Annette E. Daff  
 Deputy Clerk  
 June 24; July 1, 2011

## 1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA, CIVIL ACTION  
 CASE NO.: 2009-CA-000507

AURORA LOAN SERVICES, LLC,  
 Plaintiff  
 vs.  
 MARIA MONTALBANO, et al.  
 Defendants)

NOTICE OF SALE

Notice is hereby given that, pursuant to a Final Judgment of Foreclosure or Order dated June 13, 2011, entered in Civil Case Number 2009-CA-000507 in the Circuit Court for Highlands County, Florida, wherein AURORA LOAN SERVICES, LLC is the Plaintiff, and MARIA MONTALBANO, et al. are the Defendants, I will sell the property situated in Highlands County, Florida, described as:

LOT 8, BLOCK 20, OF SUNN LAKE ESTATE OF SEBRING, UNIT 2, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 9, PAGE 48, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

at public sale, to the highest and best bidder, for cash, at the Jury Assembly Room, in Basement of Highlands County Courthouse, 430 South Commerce Avenue, Sebring, FL 33871 at 11:00 A.M. on 22nd day of August, 2011. Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens must file a claim within 60 days after the sale.

Dated: June 13, 2011.

Highlands County Clerk of Court  
 CLERK OF THE CIRCUIT COURT  
 By: /s/ Annette E. Daff  
 June 24; July 1, 2011

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA  
 CIVIL DIVISION  
 Case No.: 28-2011-CA-000181

DEUTSCHE BANK NATIONAL TRUST COMPANY, AS TRUSTEE FOR THE REGISTERED HOLDERS OF MORGAN STANLEY ABS CAPITAL I INC. TRUST 2007-HE5 MORTGAGE PASS-THROUGH CERTIFICATES, SERIES 2007-HE5 Plaintiff,  
 vs.  
 LANNY KIDD; CATHERINE KIDD N/K/A CATHERINE ANN CARIDI; UNKNOWN SPOUSE OF CATHERINE KIDD N/K/A CATHERINE ANN CARIDI; UNKNOWN TENANT #1; UNKNOWN TENANT #2; ALL OTHER UNKNOWN PARTIES CLAIMING INTERESTS BY, THROUGH, UNDER, AND AGAINST A NAMED DEFENDANT(S) WHO ARE NOT KNOWN TO BE DEAD OR ALIVE, WHETHER SAME UNKNOWN PARTIES MAY CLAIM AN INTEREST AS SPOUSES, HEIRS, DEVISEES, GRANTEES, OR OTHER CLAIMANTS,  
 Defendants,

NOTICE OF ACTION

Catherine Kidd n/k/a Catherine Ann Caridi  
 Last Known Address: 8107 Highway 91 Lot 12A  
 Laurel Bloomery, TN 37680

Current Address: Unknown  
 Previous Address: 611 Killamey Drive Sebring, FL 33875

Previous Address: P.O. Box 7413 Sebring, FL 33872-0107

ALL OTHER UNKNOWN PARTIES CLAIMING INTERESTS BY, THROUGH, UNDER, AND AGAINST A NAMED DEFENDANT(S) WHO ARE NOT KNOWN TO BE DEAD OR ALIVE, WHETHER SAME UNKNOWN PARTIES MAY CLAIM AN INTEREST AS SPOUSES, HEIRS, DEVISEES, GRANTEES, OR OTHER CLAIMANTS

Last Known Address: Unknown  
 Current Address: Unknown

YOU ARE NOTIFIED that an action to foreclose a mortgage on the following property in Highlands County, Florida:  
 LOT 54, BLOCK 2, ERIN PARK SUBDIVISION, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 5, PAGE 77, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA  
 This property is located at the Street address of: 611 Killamey Drive, Sebring, FL 33875.

has been filed against you and you are required to serve a copy of your written defenses on or before July 25, 2011 a date which is within 30 days after the first publication, if any, on Elizabeth R. Wellborn, P.A., Plaintiff's attorney, whose address is 350 Jim Moran Blvd., Suite 100, Deerfield Beach, Florida 33442, and file the original with the Court either before service on Plaintiff's attorney, or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the Complaint or petition.

This Notice shall be published once a week for two consecutive weeks in the The News Sun.

WITNESS my hand and the seal of the court on June 1, 2011.

ROBERT W. GERMAINE  
 CLERK OF THE COURT  
 By: /s/ Annette E. Daff  
 Deputy Clerk

(COURT SEAL)

June 24; July 1, 2011

## 1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT OF FLORIDA, IN AND FOR HIGHLANDS COUNTY  
 CASE NO.: 2009-CA-000708

BAC HOME LOANS SERVICING, L.P. FKA COUNTRYWIDE HOME LOANS SERVICING, L.P. Plaintiff,  
 vs.  
 GREGORY A. WILEY AND SYDNEY F. WILEY A/K/A SYDNEY F. WILEY, HUSBAND AND WIFE; AMERICAN GENERAL HOME EQUITY, INC.,  
 Defendants).

NOTICE OF SALE

NOTICE IS HEREBY GIVEN pursuant to an Order of Final Judgment of Foreclosure dated June 13, 2011 entered in Civil Case No. 2009-CA-000708 of the Circuit Court of the 10th Judicial Circuit in and for Highlands County, Florida, wherein BAC HOME LOANS SERVICING, L.P. FKA COUNTRYWIDE HOME LOANS SERVICING, L.P., Plaintiff and GREGORY A. WILEY AND SYDNEY F. WILEY A/K/A SYDNEY F. WILEY, HUSBAND AND WIFE are defendant(s), I will sell to the highest and best bidder for cash, AT THE JURY ASSEMBLY ROOM IN THE BASEMENT OF THE HIGHLANDS COUNTY COURTHOUSE LOCATED AT 430 SOUTH COMMERCE AVENUE, SEBRING, FLORIDA AT 11:00 A.M., July 21, 2011, the following described property as set forth in said Final Judgment, to-wit:

LOT 6, BLOCK 2, OF AVON PARK ESTATES, ACCORDING TO THE PLAT THEREOF RECORDED IN PLAT BOOK 10, PAGE 15, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY FLORIDA.

ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE.

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact Court Administration at 430 S.Commerce Avenue, Sebring, Florida 33870, telephone (863)534-4690, within two (2) working days of receipt of this Notice; if you are hearing or voice impaired, call 1-800-955-8771.

ROBERT W. GERMAINE  
 CLERK OF THE CIRCUIT COURT  
 Highlands County, Florida  
 By: /s/ Annette E. Daff  
 Deputy Clerk of Court

ATTORNEY FOR PLAINTIFF:  
 SHAPIRO & FISHMAN, LLP  
 4630 Woodland Corporate Blvd.  
 Suite 100  
 Tampa, FL 33614  
 (813)880-8888  
 (813)880-8800

June 24; July 1, 2011

IN THE CIRCUIT CIVIL COURT OF THE TENTH JUDICIAL CIRCUIT OF FLORIDA, IN AND FOR HIGHLANDS COUNTY  
 CIVIL DIVISION  
 CASE NO.: 28-2009-CA-001206

BAC HOME LOANS SERVICING, L.P. Plaintiff,  
 vs.  
 PHILLIP J HOLLEMAN, MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC, AND UNKNOWN TENANTS/OWNERS,  
 Defendants.

NOTICE OF SALE

NOTICE IS HEREBY GIVEN, pursuant to a Final Judgment of Foreclosure for Plaintiff entered in this cause on June 13, 2011, in the Circuit Court of HIGHLANDS COUNTY, Florida, I will sell the property situated in Highlands County, Florida described as:

LOT 22, BLOCK 268, OF SUN 'N LAKE ESTATES OF SEBRING, UNIT 13, ACCORDING TO THE PLAT THEREOF, RECORDED IN PLAT BOOK 9, PAGE 71, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

and commonly known as: 5917 MAGNOLIA PLACE, SEBRING, FL 33870-0900; including the building, appurtenances, and fixtures located therein, at public sale, to the highest and best bidder, for cash, Sales are held in the Jury Assembly Room in the basement of the Highlands County Courthouse located at 430 S. Commerce Avenue, Sebring, Florida 33870, on July 21, 2011 at 11 a.m.

Any persons claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis Pendens must file a claim within 60 days after the sale.

Dated this 13th day of June, 2011.

Clerk of the Circuit Court  
 By: /s/ Annette E. Daff  
 Deputy Clerk  
 June 24; July 1, 2011

**WANT NEW FURNITURE?**  
 Need to sell the old furniture first?  
 Call News-Sun classifieds, 314-9876  
 Then shop till you drop!

**FIND A SWEETHEART OF A DEAL!**  
 Search the News-Sun classifieds every Sunday, Wednesday and Friday.

1050

Legals

**NOTICE OF PUBLIC SALE** Notice is hereby given that on 7/14/11 at 10:30 am the following vehicles will be sold for towing & storage charges pursuant to F.S. 713.78. 1999 FORD UT #1FMPU18L4XL29190 1988 CHEV SW #1GNCT18Z1J8161982 2001 KIA 4D #KNAFB12125054840 2005 DODGE PK #1D7HA18N3S300848 1989 FORD SUV #1FMCU14T3KUB97796 ALL Sales to be held at Alan Jay Automotive Network 441 US 27 N Sebring, Fl 33870 863 402 4210

July 1, 2011

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA, CIVIL ACTION CASE NO.: 10-1117-GCS DEUTSCHE BANK NATIONAL TRUST COMPANY, AS TRUSTEE FOR SOUNDVIEW HOME LOAN TRUST 2006-OPT4, ASSET-BACKED CERTIFICATES, SERIES 2006-OPT4, Plaintiff vs. RAMON ARANGO, SHELLY ARANGO, et al. Defendant(s)

**NOTICE OF SALE** Notice is hereby given that, pursuant to a Final Judgment of Foreclosure or Order dated June 13, 2011, entered in Civil Case Number 10-1117-GCS in the Circuit Court for Highlands County, Florida, wherein DEUTSCHE BANK NATIONAL TRUST COMPANY, AS TRUSTEE FOR SOUNDVIEW HOME LOAN TRUST 2006-OPT4, ASSET-BACKED CERTIFICATES, SERIES 2006-OPT4 is the Plaintiff, and RAMON ARANGO, et al, are the Defendants, I will sell the property situated in Highlands County, Florida, described as:

LOTS 12699 AND 12700, AVON PARK LAKES UNIT NO. 40, AS PER PLAT THEREOF, RECORDED IN PLAT BOOK 5, PAGE 83, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

at public sale, to the highest and best bidder, for cash, at the Jury Assembly Room, in Basement of Highlands County Courthouse, 430 South Commerce Avenue, Sebring, FL 33871 at 11:00 A.M. on 21st day of July, 2011. Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens must file a claim within 60 days after the sale.

Dated: June 13, 2011. Highlands County Clerk of Court CLERK OF THE CIRCUIT COURT By: /s/ Annette E. Daff June 24, July 1, 2011

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT OF THE STATE OF FLORIDA, IN AND FOR HIGHLANDS COUNTY CIVIL DIVISION CASE NO. 28-2009-CA-000584 SAXON MORTGAGE SERVICES, INC., Plaintiff,

vs. LUIS O. BARRETO; UNKNOWN SPOUSE OF LUIS O. BARRETO; JENIFFER PADRON PADILLA; UNKNOWN SPOUSE OF JENIFFER PADRON PADILLA; WESLEY HILL; MARY HILL; IF LIVING, INCLUDING ANY UNKNOWN SPOUSE OF SAID DEFENDANT(S), IF REMARRIED, AND IF DECEASED, THE RESPECTIVE UNKNOWN HEIRS, DEVISEES, GRANTEEES, ASSIGNEES, CREDITORS, LIENORS, AND TRUSTEES, AND ALL OTHER PERSONS CLAIMING BY, THROUGH, UNDER OR AGAINST THE NAMED DEFENDANT(S); UNKNOWN TENANT #1; UNKNOWN TENANT #2; Defendant(s)

**NOTICE OF SALE** Notice is hereby given that, pursuant to a Final Summary Judgment of Foreclosure entered in the above-styled cause, in the Circuit Court of Highlands County, Florida, I will sell the property situated in Highlands County, Florida, described as:

THE NORTH 1/2 OF THE SOUTHWEST 1/4 OF THE NORTHEAST 1/4 OF THE SOUTHEAST 1/4 IN SECTION 16, TOWNSHIP 33 SOUTH, RANGE 29 EAST, HIGHLANDS COUNTY, FLORIDA. ALSO KNOWN AS TRACT 7, IN BLOCK 14, RIVER RIDGE RANCHES UNRECORDED.

A/K/A 820 RIVERDALE ROAD AVON PARK, FL 33825 at public sale, to the highest and best bidder, for cash, in the Jury Assembly Room in the basement of Highlands County Courthouse located at 430 South Commerce Avenue, Sebring, Florida at 11:00 A.M., on August 24, 2011.

DATED THIS 26th DAY OF May, 2011. Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens, must file a claim within 60 days after the sale.

Witness, my hand and seal of this court on the 26th day of May, 2011.

CLERK OF CIRCUIT COURT By: /s/ Priscilla Michalak Deputy Clerk June 24, July 1, 2011

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA CIVIL ACTION CASE NO.: 28-2010-CA-000706 DIVISION:

WELLS FARGO BANK, NATIONAL ASSOCIATION, SUCCESSOR IN INTEREST TO WACHOVIA MORTGAGE, F.S.B. F/K/A WORLD SAVINGS BANK, F.S.B., Plaintiff, vs. WILLIAM DAVOREN, et al. Defendant(s).

**NOTICE OF SALE PURSUANT TO CHAPTER 45** NOTICE IS HEREBY GIVEN Pursuant to a Final Judgment of Foreclosure dated June 13, 2011, and entered in Case No. 28-2010-CA-000706 of the Circuit Court of the Tenth Judicial Circuit in and for Highlands County, Florida in which Wells Fargo Bank, National Association, successor in interest to Wachovia Mortgage, F.S.B. f/k/a World Savings Bank, F.S.B., is the Plaintiff and William Davoren, Tenant #1 n/k/a Michelle Coleman, Tenant #3 n/k/a Brittany Jowers, And All Unknown Parties Claiming by, Through, Under, And Against The Herein named Individual Defendant(s) Who are not Known To Be Dead Or Alive, Whether Said Unknown Parties may Claim An Interest in Spouses, Heirs, Devisees, Grantees, Or Other Claimants are defendants, I will sell to the highest and best bidder for cash in/on the Jury Assembly Room in the basement, Highlands County Courthouse, 430 South Commerce Avenue, Sebring, FL 33870, Highlands County, Florida at 11:00 AM on the 21st day of July, 2011, the following described property as set forth in said Final Judgment of Foreclosure:

LOT 9, BLOCK 246, PLACID LAKES-SECTION TWENTY, ACCORDING TO THE PLAT THEREOF, RECORDED IN PLAT BOOK 9, PAGE 31, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY FLORIDA.

A/K/A 230-232 ALEUTIAN ST. NE, LAKE PLACID, FL 33852-3420 Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis Pendens must file a claim within 60 days after the sale.

Dated in Highlands County, Florida this 13th day of June, 2011.

Clerk of the Circuit Court Highlands County, Florida By: /s/ Annette E. Daff Deputy Clerk

Albertelli Law Attorney for Plaintiff P.O. Box 23028 Tampa, FL 33623 (813) 221-4743 TG-10-41967

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Office of the Court Administrator, (863) 534-4690, within two (2) working days of your receipt of this (describe notice); if you are hearing or voice impaired, call TDD (863) 534-7777 or Florida Relay Service 711. To file response please contact Highlands County Clerk of Court, 590 S. Commerce Ave., Sebring, FL 33870-3867, Tel: (863) 402-6591; Fax: (863) 402-6664.

June 24, July 1, 2011

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1050 Legals

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA CASE NO.: 09000093GCS SEC.: CV

CITIMORTGAGE, INC. Plaintiff, v. CHAD J. CHAVIS; TONYA CHAVIS; ANY AND ALL UNKNOWN PARTIES CLAIMING BY, THROUGH, UNDER, AND AGAINST THE HEREIN NAMED INDIVIDUAL DEFENDANT(S) WHO ARE NOT KNOWN TO BE DEAD OR ALIVE, WHETHER SAID UNKNOWN PARTIES MAY CLAIM AN INTEREST AS SPOUSES, HEIRS, DEVISEES, GRANTEEES, OR OTHER CLAIMANTS; Defendant(s).

NOTICE OF SALE

NOTICE IS HEREBY GIVEN pursuant to an Order of Final Summary Judgment of Foreclosure dated June 13, 2011, entered in Civil Case No. 09000093GCS of the Circuit Court of the Tenth Judicial Circuit in and for Highlands County, Florida, wherein the Clerk of the Circuit Court will sell to the highest bidder for cash on 21st day of July, 2011, at 11:00 a.m. in the Jury Assembly Room, Courthouse Basement, 430 South Commerce Avenue, Sebring, Florida 33870, relative to the following described property as set forth in the Final Judgment, to wit:

LOTS 19 AND 20, BLOCK 16, SEBRING LAKES UNIT TWO-A, ACCORDING TO THE PLAT THEREOF RECORDED IN PLAT BOOK 7, PAGE 10, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.

Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis Pendens must file a claim within 60 days after the sale.

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled at no cost to you, to the provision of certain assistance. Please contact: Office of the Court Administrator Phone: (863) 534-4686

TDD: (863) 534-7777

or (800) 955-8770 (Florida Relay Service), as much in advance of your court appearance or visit to the courthouse as possible. Please be prepared to explain your functional limitations and suggest an auxiliary aid of service that you believe will enable you to effectively participate in the court program or service.

DATED AT SEBRING, FLORIDA THIS 21st DAY OF June, 2011.

ROBERT W. GERMAINE, CLERK Clerk of the Circuit Court By: /s/ Annette E. Daff DEPUTY CLERK HIGHLANDS COUNTY, FLORIDA June 24, July 1, 2011

IN THE CIRCUIT COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR HIGHLANDS COUNTY, FLORIDA CASE NUMBER: GC 10-803

SUN 'N LAKE OF SEBRING IMPROVEMENT DISTRICT, a special district and a public corporation of the State of Florida, Plaintiff,

vs. TARPON IV LLC, a Limited Liability Company not registered with the State of Florida, its successors and/or assigns;

NATIONAL RECREATIONAL PROPERTIES OF SUN 'N LAKES, LLC, a Florida Limited Liability Company, its successors and/or assigns;

CAPITAL SOSOURCE FINANCE, LLC, a Delaware corporation; its successors and/or assigns; and WALTER McCORMACK, if alive and if not, his unknown spouse, heirs, devisees, grantees, creditors, or other parties claiming by, through, under or against WALTER McCORMACK, and all claimants under any of such party;

Defendants.

NOTICE OF SALE

Notice is hereby given that pursuant to a final decree of foreclosure entered in the above-titled cause in the Circuit Court of Highlands County, Florida, I will sell the property situated in Highlands County, Florida, described as:

Lot 45, Block 342, Unit 16, Sun 'n Lake Estates of Sebring, according to the plat thereof recorded in Plat Book 10, Page 04, of the Public Records of Highlands County, Florida,

at public sale, to the highest and best bidder for cash, in the Jury Assembly Room in the basement of the Highlands County Courthouse located at 430 South Commerce Avenue, in Sebring, Florida at 11:00 A.M. on the 18th day of July, 2011.

SIGNED this 13th day of June, 2011.

ROBERT W. GERMAINE CLERK OF THE CIRCUIT COURT BY: /s/ Annette E. Daff Deputy Clerk June 24, July 1, 2011

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1055 Highlands County Legals

The City of Sebring will receive sealed bids in the City Purchasing Department for: ITB 11-020: Professional Service to Evaluate Outdoor and Indoor Locations Suitable for Live Entertainment/Concerts in Downtown Sebring

Specifications & General Terms and Conditions may be obtained from our website at: mysebring.com or by contacting Kirk Zimmerman, CPPB by phone 863-471-5110, Fax 863-471-5168, or e-mail: kirkzimmerman@mysebring.com at the City purchasing office located at 368 South Commerce Ave., Sebring, FL 33870. If obtaining documents via the website, it shall be the bidders responsibility to check for amendments/changes made to the document.

Proposals must be sealed and marked with the bid number and name as to identify the enclosed bid. Bids must be delivered to the City of Sebring Purchasing Office Attn: Kirk Zimmerman so as to reach the said office no later than 2:00 PM, Monday, July 11, 2011, of the official time clock in the purchasing office. Proposals received later than the date and time specified will be rejected. The City will not be responsible for the late delivery of any bids that are incorrectly addressed, delivered in person, by mail, of any other type of delivery service.

The submitting firm will be required to comply with all applicable laws, regulations, rules and ordinance of local, state and federal authorities having jurisdiction, including, but not limited to: all provisions of the Federal Government Equal Employment Opportunity clauses issued by the Secretary of Labor on May 21, 1968 and published in the Federal Register (41 CFR Part 60-1, 33 F.2 7804); all provisions of the Public Entity Crimes (Fla. Stat. 287.133, et seq, as amended) and the provisions in Fla. Stat 287.134, et seq, as amended, regarding discrimination.

The Sebring City Council reserves the right to accept or reject any or all bids or any parts thereof, and the award; if an award is made, will be made to the most responsible bidder whose bid and qualifications indicate that the award will be in the best interest of the City of Sebring. The council reserves the right to waive irregularities in the bid.

Kirk Zimmerman, CPPB Purchasing Agent Sebring, Florida June 29, July 1, 2011

ITB 11-019: Landscape Architect for Ridgewood & Lakeview Triangle

Specifications & General Terms and Conditions may be obtained from our website at: mysebring.com or by contacting Kirk Zimmerman, CPPB by phone 863-471-5110, Fax 863-471-5168, or e-mail: kirkzimmerman@mysebring.com at the City purchasing office located at 368 South Commerce Ave., Sebring, FL 33870. If obtaining documents via the website, it shall be the bidders responsibility to check for amendments/changes made to the document.

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Kirk Zimmerman, CPPB Purchasing Agent Sebring, Florida June 29, July 1, 2011

1100 Announcements

CHECK YOUR AD

Please check your ad on the first day it runs to make sure it is correct. Sometimes instructions over the phone are misunderstood and an error can occur. If this happens to you, please call us the first day your ad appears and we will be happy to fix it as soon as we can.

If We can assist you, please call us:

314-9876 News-Sun Classified

1500 Child Care Services

CHILD CARE in private home 24-7, license # F10H0515, 20 yr. exp. Ages 2 & up. CPR, first aid, & CDA. Call for appt. 863-453-6439

2000 Employment

2100 Help Wanted

LPN - Needed in busy pediatric office in Sebring. Immediate opening. Qualifications: Must be certified with experience in phlebotomy and medical office experience, computer literate, capable of multi-tasking and possess good public relation skills. Excellent Benefits. Salary commensurate with experience. Fax resume to 863-471-9340 or email to cfrntabitha@gmail.com

NATIONAL BEVERAGE Manufacturer seeking Equipment Maintenance Tech. for refurbishing in shop juice dispensing equipment. Full time w/benefits. Bilingual & experience preferred but will train. Fax resume to 863-635-7630 or phone 863-635-8454

NOW HIRING For Certified Nursing Assistant (CNA) for non-medical home health. You must have a state certification, and pass a criminal & driving record check. Submit your application on line: ck381.ersp.biz/employment

SEEKING RADIOLOGY Tech. Min. 3 yr. exp. Please email resume to officetalent@yahoo.com or fax it to 863-471-2565.

3000 Financial

3050 Business Opportunities

CASH FOR Model Trains, all gauges welcome. Large or small collections. Call 352-592-5081

4000 Real Estate

4260 Acreage for Sale

SEBRING BEAUTIFUL 5 acres on Selah Rd. 2 Barns, 2 Wells w/pumps. Older double wide 3/2. Large Oaks in front & back yards. Close to Highlands Hammock. \$150,000. Firm. Call 863-285-6503

5000 Mobile Homes

5050 Mobile Homes For Sale

PALM HARBOR HOMES Has closed 2 Model Centers Save up to 60K on select models Call Today! 800-622-2832

5150 Mobile Homes For Rent

SEBRING 2/1 Mobile Home. Quiet neighborhood. \$425. + first/last. Call 863-471-2063

6000 Rentals

6050 Duplexes for Rent

SEBRING - 2BR, 1BA. Newly Remodeled. \$425. per mo. Call for details. 863-381-0357 or 863-446-2838.

SEBRING 2/1 Quiet neighborhood. Close to H.S. & Hospital. Washer/Dryer hook -up. Central heat/air. No smoke/pet. \$525. + \$500. security. Call 863-655-0982

SEBRING 2/1, Tile floors, Screened porch, Fenced yard, most pets ok. 1926 & 28 Theodore St. \$550. per mo. \$300 security. Call 863-446-7274

SEBRING 2/1, tile floors. Most pets ok. 4911 Manatee. \$490. per mo. Call 863-446-7274

6150 Furnished Apartments

LAKE PLACID Fully Furnished, Beautiful Gulf Studio w/kitchenette, laundry & pool. Elec. & water paid. \$395. per mo. \$500. deposit. No pets, no smoking. Call 863-243-4580

6200 Unfurnished Apartments

RELAX AT Lake Isis Villas Luxurious 1BR Apartment. Clean & Quiet Setting. Call 863-453-2669

SEBRING - 1BR, 1BA. Fresh paint. Includes water. \$395 / mo. Call Gary Johnson, 863-381-1861.

AVON PARK \*\*\*\* Highlands Apartments 1680 North Delaware 1BR, 1BA & 2BR, 2BA Available. Central Heat & Air. Extra insulation. 1st & Sec. Call 863-449-0195

AVON PARK - Clean, Quiet: Studios 1BR, 1BA / 2BR, 2BA Apts., form \$375/mp. New tile & appliances, screened patios & W/D hook up. Students/Seniors Discount Call 863-602-4683

SEBRING CLEAN quiet area. Small 3/1 unfurnished. Central A/C, vaulted ceiling, tile floors. Lawn maintenance incl. Small pets ok. \$415. per mo. 941-224-9756

SEBRING FREE 1/2 mo. rent special. Free cable. Large clean 1/1. New paint, tile floors, central A/C. Quiet/safe. Call 863-385-1999

SEBRING (2) 1BR extra large, \$600 mo./ 1BR Cozy with porch, \$500 mo. Lake View - Walk to Beach & Historic Circle. Quiet / Pets Welcome. W / D on site 863-381-7095

6250 Furnished Houses

SEBRING SENIOR Citizen. 2240 Avallon Rd. 3/2 furn. Small animals ok. Near Shopping Center & Senior Club. References \$700. first/last. Call 305-387-6863 after 4pm. or 863-382-0912 or 863-273-3129.

6300 Unfurnished Houses

The Avon Park Housing Authority is now taking applications for North Central Heights Homes, a new "Rent Restricted" single family home development in Avon Park consisting of 20 Two Bedroom, 46 Three Bedroom and 4 Four Bedroom homes. Rents will average in the low \$400's for 2 br. homes and low to mid \$500 & \$600's for the 3 & 4 Br. homes. Applications open for Avon Park residents only; February 14 - March 11, 2011 and all other applicants after March 11, 2011. For further information, contact: Avon Park Housing Authority at 863-452-4432, Ext. 2220

PLACID LAKES Newer, very clean 3/2/2. Many upgrades. Nice area. Non-smoker. \$875. per mo. Call 863-465-3838 or 863-441-2844.

AVON PARK AFFORDABLE RENT Ridgedale Apartments 1, 2, 3 & 4 Br Apts Central Location, water & trash included Rent subsidized - Based on household income. No Application Fee Call 863-452-4432 TTY 800-955-8771 EQUAL HOUSING OPPORTUNITY

SEBRING - 2 STORY TOWN HOME 3BR, 2.5BA, 1CG \$800/mo. No Smoking, no pets. 863-655-0311

SEBRING HILLS 2BR, 2BA, 2car gar. Screened Porch. Modern updated home. Enjoy low electric bills. Appl. incl. 1 yr. lease, no pets or smoke. \$725. mo. + sec. Call 863-381-3990

6350 Cottages for Rent

SEBRING 1/1 Cottage. \$290. month. + \$290 sec. No Pets www.620bowman.itgo.com or Call 863-382-4655.

6400 Rooms for Rent

SEBRING - Room for Rent. Adults only. Must be employed. Call 863-471-2002

SEBRING FURNISHED room w/kitchen. \$110. a week incl. electric & water. Call 863-655-0137

7000 Merchandise

7100 TV, Radio, & Stereo

TELEVISION 24". color w/remote. Excel cond. \$150. firm. 863-699-2742

7140 Computers & Supplies

COMPUTER \$350. Call for details. 863-382-3226

7180 Furniture

DINING ROOM TABLE 42 x 60. Honey Oak w/20" leaf. 6 matching ladder back chairs w/brown fabric seats. Excel cond. \$400.obo. Call 863-441-2065

7300 Miscellaneous

POOL TABLE - Legacy / 8 foot / 3/4 inch slate with accessories. \$1100. 863-471-2002

7310 Bargain Buys

FILE CABINET Heavy duty metal, 2 drawer. \$40. Call 863-453-0569.

FUTON - Black w/beige removable cover, and 2 pillows. Good cond. All \$60. Call 863-655-1644

GOLF DRIVER, PING G5, 121" 43" shaft w/cover. \$60. 863-386-5445

LOVE SEAT - Lazy Seat / Pastel shade \$100. 863-212-0602

PERFECT SIT-UP Machine. Paid \$100. Sell \$50. Call 863-386-5445

RECLINER - Lazy Boy / tan. \$95. 863-212-0602

TWIN HEADBOARD Bookcase. Light oak. \$40. Call 863-453-0569.

7320 Garage & Yard Sales

RIDGE AREA ARC 1X1 00009887

SEBRING - 2023 Fernway St. Fri & Sat 7/1 & 2, 8am - 2pm. Household items, toys, books, linens, clothing. Too Much To List!

SEBRING FRI. 8 - 2pm. Sat. 8 - 12pm. 203 Andretti Ave. 98 E., turn right Revson Ave., left on Stewart, house on corner of Stewart & Andretti. Microwave, weight bench, bikes, exercise system & misc. household.

SEBRING FRI. July 1st. 8 - ?. 6910 Hwy. 98, (5 mi. off 27). Spring Lake area. Children's & baby clothes, lots of DVD's, household goods, toys, artwork, picture frames & misc.

7520 Pets & Supplies

CKC REGISTERED Boxer Puppies 1st shots, Health certificates, tails cropped. Ready 7/18/2011. \$650 Call 863-214-0772 or 863-214-2108

FREE TO GOOD HOME - Adult Male Black Cat. long hair, approx 3-4 yrs old. Needs to be only pet in home, Call 863-658-1273

NOTICE

Florida statute 585.195 states that all dogs and cats sold in Florida must be at least eight weeks old, have an official health certificate and proper shots and be free of intestinal and external parasites.

PUPPIES AKC / Golden Retriever. Blonde. Health cert. Parents on premises. 8 weeks old. \$950. Call 863-634-2395

SHIH TZU Female puppy for sale. \$300 Call 863-382-3808/ cell 863-446-1402 or 863-446-4218.

7540 Fresh Fruits & Vegetables

WORLD'S BEST MANGOS Haden / Lake Jackson Call or Text 863-381-5034

7560 Medical Supplies & Equipment

LIFT FOR Elec. Chair or Scooter. \$400.obo. Call 863-699-5517

8000 Recreation

9000 Transportation

9450 Automotive for Sale

1998 CHRYSLER Concorde - White, 4 door, A/C, new tires, needs battery. \$1200 obo. 863-452-0027 or 863-873-0627. Leave message.

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PART-TIME WORK, FULL TIME PAY Looking for reliable and motivated people in Avon Park, Sebring, and Lake Placid to sell subscriptions for the News-Sun. Commission Only Earn \$150+ per week working part time. Must be at least 18 years old and have transportation. Great for college students! Call Tony (863) 385-6155 ext. 522 ALL POSITIONS ARE INDEPENDENT CONTRACT POSITIONS

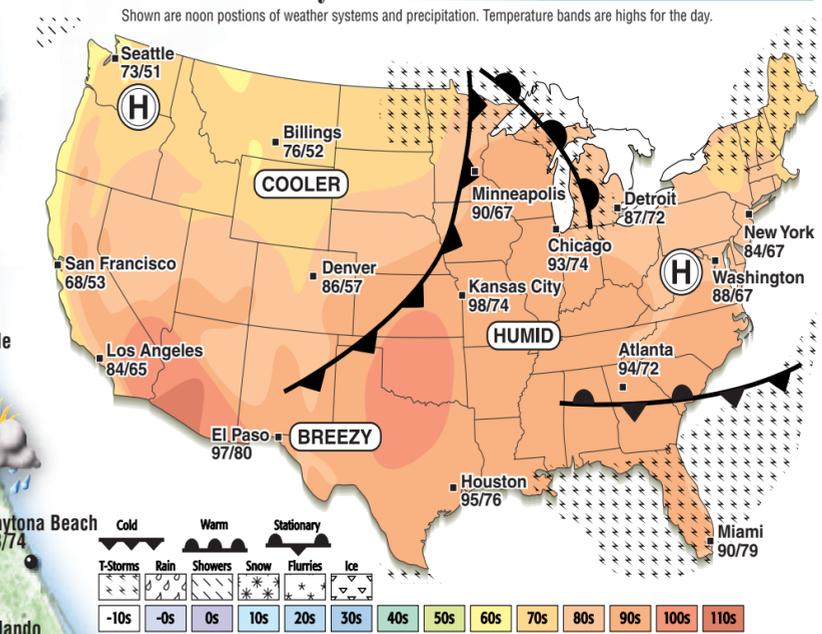
If you enjoy page design, this job is for you. The News-Sun is looking for the right person to help design its news pages. The right candidate must be experienced in Quark and Photoshop, as well as have good news judgment. The ability to work fast with minimal supervision is also necessary. Experience in Illustrator and InDesign is a plus. This position is for 20 hours - hours may be flexible. Send sample of work with resume to humanresources@newssun.com or fax to 3852.365.1951 Attention: HumanResources Director, or drop off at 2227 U.S. 27 South, Sebring. Drug test and background check required. EOE

NEWS-SUN Highlands County's Hometown Newspaper Since 1927 SEBRING - 2023 Fernway St. Fri & Sat 7/1 & 2, 8am - 2pm. Household items, toys, books, linens, clothing. Too Much To List! SEBRING FRI. 8 - 2pm. Sat. 8 - 12pm. 203 Andretti Ave. 98 E., turn right Revson Ave., left on Stewart, house on corner of Stewart & Andretti. Microwave, weight bench, bikes, exercise system & misc. household. SEBRING FRI. July 1st. 8 - ?. 6910 Hwy. 98, (5 mi. off 27). Spring Lake area. Children's & baby clothes, lots of DVD's, household goods, toys, artwork, picture frames & misc.

Five-Day forecast for Highlands County

TODAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
A couple of showers and a t-storm	An afternoon thunderstorm	A t-storm possible in the afternoon	An afternoon thunderstorm in spots	An afternoon thunderstorm possible
91° / 74°	92° / 73°	94° / 73°	93° / 74°	93° / 75°
Winds: SSW at 6-12 mph	Winds: E at 4-8 mph	Winds: E at 7-14 mph	Winds: ESE at 7-14 mph	Winds: E at 7-14 mph

National Forecast for July 1



Almanac

**Temperature**  
Readings at Archbold Biological Station in Lake Placid

High Sunday	92°
Low Sunday	67°
High Monday	91°
Low Monday	68°
High Tuesday	90°
Low Tuesday	70°
High Wednesday	87°
Low Wednesday	70°

**Heat Index**  
For 3 p.m. today

Relative humidity	52%
Expected air temperature	91°
Makes it feel like	98°

**Barometer**

Monday	29.96
Tuesday	29.98
Wednesday	29.94

**Precipitation**

Monday	0.12"
Tuesday	0.32"
Wednesday	0.26"
Month to date	7.42"
Year to date	22.28"

Regional Summary

Clouds and sun today with few showers and a thunderstorm. A shower or thunderstorm tonight, mainly early. A shower or thunderstorm tomorrow afternoon. Sunday: chance of an afternoon shower or thunderstorm.

Farm Report

A couple of showers and a thunderstorm today. Winds southwest 6-12 mph. Expect 4-8 hours of sunshine with a 65% chance of precipitation and average relative humidity 60%.

Weather History

Heavy rain that started July 1, 1975, in eastern North Dakota and northwestern Minnesota caused flooding three days later on the Red River. Property damage exceeded \$1 billion.

Sun and Moon

	Today	Saturday
Sunrise	6:37 a.m.	6:38 a.m.
Sunset	8:22 p.m.	8:22 p.m.
Moonrise	6:50 a.m.	7:52 a.m.
Moonset	8:45 p.m.	9:31 p.m.

Water Restrictions

- Even addresses may water on Thursday and Sunday.
- Odd addresses may water on Wednesday and Saturday.
- All watering should take place before 10 a.m. and after 4 p.m.

Florida Cities

City	Today	Sat.	Sun.
Cape Coral	91/74/t	91/73/t	93/74/pc
Clearwater	91/77/t	92/77/t	92/78/pc
Coral Springs	88/77/t	88/74/t	91/77/pc
Daytona Beach	88/74/t	87/72/pc	90/73/pc
Ft. Laud. Bch	89/78/t	88/78/t	89/81/pc
Fort Myers	90/75/t	91/74/t	92/74/pc
Gainesville	90/69/t	92/67/pc	93/69/pc
Hollywood	90/77/t	90/75/t	92/77/pc
Homestead AFB	87/76/t	87/75/t	88/77/pc
Jacksonville	90/69/pc	91/66/pc	92/69/pc
Key West	91/82/pc	91/81/t	89/81/pc

U.S. Cities

City	Today	Sat.	Sun.
Albuquerque	93/69/pc	93/69/s	95/70/pc
Atlanta	94/72/s	95/74/s	96/74/s
Baltimore	87/66/s	90/68/s	92/70/t
Birmingham	96/74/s	96/72/s	99/75/s
Boston	78/63/pc	82/65/s	86/66/pc
Charlotte	94/67/s	95/69/s	97/71/s
Cheyenne	80/54/s	85/57/s	91/60/t
Chicago	93/74/s	88/64/t	85/63/pc
Cleveland	84/69/t	90/71/t	84/64/pc
Columbus	88/71/t	94/72/t	89/67/pc
Dallas	102/77/s	99/75/s	97/75/pc
Denver	86/57/s	92/61/s	95/63/t
Detroit	87/72/t	90/67/t	86/64/pc
Harrisburg	86/58/s	92/69/pc	90/66/t
Honolulu	88/73/s	87/73/pc	88/74/s
Houston	95/76/pc	95/76/s	95/76/pc
Indianapolis	90/70/s	94/73/t	92/67/pc
Jackson, MS	96/70/s	97/71/s	96/70/s
Kansas City	98/74/s	92/72/s	90/71/pc
Lexington	93/66/s	96/70/s	95/70/t
Little Rock	96/69/s	89/71/s	96/74/s

World Cities

City	Today	Sat.	Sun.
Acapulco	84/75/r	88/75/t	89/78/sh
Athens	84/72/s	90/71/s	90/72/s
Beirut	80/67/s	82/70/s	84/71/s
Berlin	66/50/sh	64/58/r	66/60/r
Bermuda	79/71/sh	79/73/sh	80/75/sh
Calgary	67/48/pc	72/48/s	81/53/pc
Dublin	61/50/pc	63/48/pc	64/52/pc
Edmonton	63/44/pc	69/44/s	74/51/pc
Freeport	88/78/t	85/77/t	87/77/pc
Geneva	72/50/sh	75/51/s	77/58/s
Havana	91/73/t	92/74/t	88/74/t
Hong Kong	88/81/t	90/81/sh	89/80/sh
Jerusalem	76/57/s	78/59/s	81/59/s
Johannesburg	63/38/s	63/43/s	63/32/s
Kiev	73/61/sh	70/60/r	73/58/sh

Tides

**Readings at St. Petersburg**

High	4:51 a.m.
Low	7:05 a.m.
High	1:56 p.m.
Low	10:01 p.m.

Readings at Palm Beach

High	9:16 a.m.
Low	2:54 a.m.
High	9:56 p.m.
Low	3:08 p.m.

Lake Levels

**Readings as of 7 a.m. yesterday**

Lake Jackson	78.36'
Lake Okeechobee	9.71'
Normal	14.51'

UV Index Today



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Courtesy photo

Despite the transition to college baseball and an injured ankle, Cody Hoffner had a strong season at Daytona State.

## Cody Hoffner hobbled, hits his way through

By LAUREN WELBORN  
News-Sun correspondent  
and

DAN HOEHNE

daniel.hoehne@newsun.com

They don't call third base the "Hot Corner" for nothing.

To play third base, one needs to be quick on their feet, have a strong arm, be able to read the batter and most of all have stellar reaction time to cope with the ball usually ripping its way down the left side of the field.

Cody Hoffner possesses such qualities, and it is his knack for the position and the game in general that gave him the edge to play ball at the college level.

Hoffner's talents showed early on in his high school years, as both his offensive and defensive skills played a major contribution to several successful Sebring seasons.

That skill would continue to shine as Hoffner accepted an offer to play at Daytona State on a full scholarship this past year, but not without a little extra heat being turned up on the third baseman.

At some point early in the season, Hoffner felt and noticed something not quite right with his ankle.

"I don't even know how it happened, but I started having a bone sticking out and it was giving me problems," he said. "I missed about 15

*'I don't even know how it happened, but I started having a bone sticking out'*

CODY HOFFNER

games, and even when I came back, it was giving me problems."

But the gamer battled his way through it for the rest of the season and, judging by his numbers, one might not have noticed anything was wrong.

In 30 games played, Hoffner batted .327 with 16 runs scored and 18 RBI.

He had a four-hit game against Hillsborough and a

three RBI game against St. Johns River.

Hoffner's two home runs on the season came four days apart, on March 14 against St. Johns and March 18 versus Florida State College of Jacksonville.

Despite the strong numbers, however, the ankle didn't improve and, as it turned out, required surgery four weeks ago.

"The surgeon told me I was lucky that I had not ripped a tendon," Hoffner said. "Then I would have had worse problems."

Looking back at the risk he took, that the team took in continuing to play him, despite the lingering pain, Hoffner decided to move on and continue his education and career at Sante Fe in Gainesville next year.

"It was a lot of things, really," he said. "But my progress from the surgery is going as planned and I'm really looking forward to getting back at it and playing at 100-percent again."

But looking back on his

See CODY, Page 3B

## NFL rookies anxious to collect 1st paycheck

By STEVEN WINE  
Associated Press

BRADENTON — The NFL lockout has prevented Marcell Dareus from cashing in on turning pro, so he mows his godfather's lawn in exchange for a place to stay.

Other rookies are low on dough, too. Von Miller sleeps in the same room he had in high school.

Anthony Castonzo makes deliveries for his parents' restaurant.

And Aaron Williams does ranch work, throwing hay and fixing barbed-wire fences.

"Acres and acres of land; you're always moving," Williams said. "But it's better than sitting on your butt playing Xbox."

These are odd times for NFL rookies, and more than 150 of them gathered for a symposium sponsored by the players association that concluded Wednesday.

This incoming class is unlike any other, because the lockout has indefinitely delayed that first pro paycheck.

"Guys are hurting for money right now," said quarterback Christian Ponder, a first-round pick by the Minnesota Vikings. "It's a crazy time, especially with the uncertainty of when we're going to start and get some money in our pocket."

To make the situation even more gloomy for players just out of college, the league is pushing for a rookie wage scale as part of a new collective bargaining agreement.

NFL Commissioner Roger Goodell and players association chief DeMaurice Smith spoke to the group Wednesday but offered no indication as to when the 4-month-old labor dispute might end.

See ROOKIES, Page 4B

## NCAA eyes summer hoops in recruiting rules rewrite

By ALAN SCHER ZAGIER  
Associated Press

ST. LOUIS — It's almost July, and for college basketball coaches and their assistants, that means a series of trips that makes the conference road schedule look like a drive to the gym.

There are more than 230 NCAA-approved events coming up around the country featuring high school stars — and potential recruits — from the Nike Peach Jam in South Carolina to LeBron James' skills academy in his hometown of Akron, Ohio, to any of the

five youth tournaments slated for Las Vegas over a single summer weekend.

Even as it acts as a gatekeeper for the summer circuit, the NCAA is working to rewrite its men's basketball recruiting rules to try and slim down the season, avoiding potentially unsavory influences of AAU coaches, event operators and other hangers-on who may be looking to ride the coat-tails of the next superstar.

The latest effort comes after conference commis-

See CAMPS, Page 4B



Courtesy photo

During the Highlands County Special STARS Bowling County Games on June 25, several special athletes received trophies for their outstanding performance in the sport. Those getting awards are (in front, from left) Tim Johnson, Donna Addison, Sara Canali and Greg Robinson; (in back from left) Dennis Taylor, Ruth Hancock, Shawn Squires, Owen Barnhill and Hugh Sims.

## Special athletes bowled over with excitement

Special to the News-Sun

LAKE PLACID — Bowlers were rolling with excitement on Saturday, June 25, at Royal Palms Bowling Center as they competed in the Special STARS Bowling County Games.

Special athlete, Markevin Smith, sang the national anthem and the Avon Park Youth Academy presented the colors at the opening ceremony.

There were approximately 120 athletes with mental and physical disabilities from all over Highlands County converging in Lake Placid to compete for ribbons and the opportunity to advance to District Games.

They trained for three weeks prior to the County Games.

Athletes paired up to bowl doubles, teams and singles.

Athletes in wheelchairs were able to use ramps and compete.

There were two levels of ramp bowling — assisted and unassisted.

Assisted ramp bowling means a volunteer lines up the ramp for the bowler while the athlete pushes the ball down the shoot.

In unassisted, the bowler lines up the ramp on their own.

Young men from the Avon Park Youth Academy participated with the special athletes on the teams.

Cracker Trail 4-H Club assisted with the lanes and served lunch. Awards were presented after lunch.

Special STARS partnered with South Florida Community College Adult Education Program to provide bowling for people with disabilities. This program provides an opportunity for athletes to further develop their motor and socialization skills.

Sylvia Turner, SFCC Adult Education Director, was on hand to present

awards to the athletes.

Special trophies were given for the top athletes in Highlands.

Shawn Squires was the Best Overall Bowler by bowling a 207 game and having an average of 187.

Squires paired up with Joe Singha to bowl doubles and they won first place.

Squires had the top score during County Games with a 187.

In addition to Squires, Owen Barnhill won the Best Male Bowler trophy with a 144 game and 117 average; Donna Addison was the Best Female Bowler with a 134 score and 115 average; Sara Canali was Best Ramp Bowler with 149 score and 125 average; Dennis Taylor was the Best and Most Improved Bumper Bowler with a 97 score, 83 average and 16-pin improvement.

Trophies were also given to the most improved bowlers such as Hugh Sims on unassisted ramps with a

31 pin improvement; Tim Johnson on assisted ramps with 22 pin improvement; Greg Robinson for the men with a 38 pin improvement; and Ruth Hancock for the women with a 30 pin improvement.

Athletes who placed first and second will be advancing to the District Games in Lake Placid on July 9 to compete against athletes in Hardee and Okeechobee counties.

Special STARS is a sports training and recreational services program that is affiliated with Ridge Area Arc and is totally operated by volunteers.

It provides more than 12 different sports and recreational programs for 250 children and adults with mental and physical disabilities in Hardee and Highlands counties.

For more information about Special STARS, call Cindy Marshall, coordinator at (863) 452-1295, ext. 124.

# THE SCOREBOARD

# SPORTS SNAPSHOTS

## Major League Baseball

### AMERICAN LEAGUE

#### EAST

	W	L	PCT	GB
New York	47	31	.603	—
Boston	45	34	.570	2½
Tampa Bay	45	36	.556	3½
Toronto	40	41	.494	8½
Baltimore	35	42	.455	11½

#### Central Division

	W	L	Pct	GB
Cleveland	42	37	.532	—
Detroit	43	38	.531	—
Chicago	39	42	.481	4
Minnesota	34	45	.430	8
Kansas City	33	48	.407	10

#### West Division

	W	L	Pct	GB
Texas	43	38	.531	—
Los Angeles	42	40	.512	1½
Seattle	39	42	.481	4
Oakland	36	45	.444	7

### Tuesday's Games

Philadelphia 5, Boston 0  
 N.Y. Yankees 12, Milwaukee 2  
 N.Y. Mets 14, Detroit 3  
 St. Louis 6, Baltimore 2  
 Pittsburgh 7, Toronto 6  
 Tampa Bay 4, Cincinnati 3  
 Texas 7, Houston 3  
 Minnesota 6, L.A. Dodgers 4  
 Colorado 3, Chicago White Sox 2, 13  
 innings  
 Arizona 6, Cleveland 4  
 Oakland 1, Florida 0  
 San Diego 4, Kansas City 2  
 L.A. Angels 11, Washington 5  
 Atlanta 5, Seattle 4

### Wednesday's Games

Cincinnati 4, Tampa Bay 3  
 Minnesota 1, L.A. Dodgers 0  
 San Diego 4, Kansas City 1  
 Atlanta 5, Seattle 3  
 Cleveland 6, Arizona 2  
 Philadelphia 2, Boston 1  
 N.Y. Yankees 5, Milwaukee 2  
 N.Y. Mets 16, Detroit 9  
 St. Louis 5, Baltimore 1  
 L.A. Angels 1, Washington 0  
 Toronto 2, Pittsburgh 1  
 Texas 3, Houston 2  
 Chicago White Sox 3, Colorado 2  
 Florida 3, Oakland 0

### Thursday's Games

Boston at Philadelphia, late  
 Milwaukee at N.Y. Yankees, late  
 N.Y. Mets at Detroit, late  
 Chicago White Sox at Colorado, late  
 Florida at Oakland, late  
 St. Louis at Baltimore, late  
 Pittsburgh at Toronto, late  
 Texas at Houston, late

### Friday's Games

Philadelphia (K.Kendrick 4-4) at Toronto (R.Romero 7-7), 1:07 p.m.  
 Chicago White Sox (E.Jackson 4-6) at Chicago Cubs (R.Wells 1-2), 2:20 p.m.  
 San Francisco (Bumgarner 4-9) at Detroit (Penny 5-6), 7:05 p.m.  
 Cleveland (Masterson 5-6) at Cincinnati (Arroyo 7-6), 7:10 p.m.  
 N.Y. Yankees (Nova 7-4) at N.Y. Mets (Niese 7-6), 7:10 p.m.  
 St. Louis (Westbrook 6-4) at Tampa Bay (W.Davis 7-5), 7:10 p.m.  
 Baltimore (Guthrie 3-9) at Atlanta (Jurjens 10-3), 7:35 p.m.  
 Boston (Wakefield 4-3) at Houston (Norris 4-6), 8:05 p.m.  
 Florida (Ani.Sanchez 6-1) at Texas (Ogando 7-3), 8:05 p.m.  
 Kansas City (Duffy 1-2) at Colorado (Nicasio 2-1), 8:10 p.m.  
 Milwaukee (Gallardo 9-4) at Minnesota (Liriano 4-7), 8:10 p.m.  
 Arizona (Collmenter 4-4) at Oakland (Harden 0-0), 10:05 p.m.  
 L.A. Dodgers (Kuroda 5-9) at L.A. Angels (Chatwood 5-4), 10:05 p.m.  
 San Diego (Moseley 2-7) at Seattle (Vargas 5-5), 10:10 p.m.

### NATIONAL LEAGUE

#### EAST

	W	L	PCT	GB
Philadelphia	51	30	.630	—
Atlanta	47	35	.573	4½
New York	41	39	.513	9½
Washington	40	41	.494	11
Florida	35	45	.438	15½

#### Central Division

	W	L	Pct	GB
Milwaukee	44	37	.543	—
St. Louis	43	38	.531	1
Cincinnati	42	40	.512	2½
Pittsburgh	40	39	.506	3
Chicago	33	48	.407	11
Houston	28	53	.346	16

#### West Division

	W	L	Pct	GB
San Francisco	46	35	.568	—
Arizona	44	38	.537	2½
Colorado	39	41	.488	6½
San Diego	37	45	.451	9½
Los Angeles	36	46	.439	10½

### Tuesday's Games

San Francisco 13, Chicago Cubs 7, 1st game  
 Philadelphia 5, Boston 0  
 N.Y. Yankees 12, Milwaukee 2  
 N.Y. Mets 14, Detroit 3  
 St. Louis 6, Baltimore 2  
 Pittsburgh 7, Toronto 6  
 Tampa Bay 4, Cincinnati 3  
 San Francisco 6, Chicago Cubs 3, 2nd game  
 Texas 7, Houston 3  
 Minnesota 6, L.A. Dodgers 4  
 Colorado 3, Chicago White Sox 2, 13  
 innings  
 Arizona 6, Cleveland 4  
 Oakland 1, Florida 0  
 San Diego 4, Kansas City 2  
 L.A. Angels 11, Washington 5  
 Atlanta 5, Seattle 4

### Wednesday's Games

Cincinnati 4, Tampa Bay 3  
 Minnesota 1, L.A. Dodgers 0  
 San Diego 4, Kansas City 1  
 Atlanta 5, Seattle 3  
 Cleveland 6, Arizona 2  
 Philadelphia 2, Boston 1  
 N.Y. Yankees 5, Milwaukee 2  
 N.Y. Mets 16, Detroit 9  
 St. Louis 5, Baltimore 1  
 L.A. Angels 1, Washington 0  
 Toronto 2, Pittsburgh 1  
 Chicago Cubs 2, San Francisco 1  
 Texas 3, Houston 2  
 Chicago White Sox 3, Colorado 2  
 Florida 3, Oakland 0

### Thursday's Games

Boston at Philadelphia, late  
 Milwaukee at N.Y. Yankees, late  
 N.Y. Mets at Detroit, late  
 San Francisco at Chicago Cubs, late  
 Chicago White Sox at Colorado, late  
 Florida at Oakland, late  
 St. Louis at Baltimore, late  
 Pittsburgh at Toronto, late  
 Texas at Houston, late

### Friday's Games

Philadelphia (K.Kendrick 4-4) at Toronto (R.Romero 7-7), 1:07 p.m.  
 Chicago White Sox (E.Jackson 4-6) at Chicago Cubs (R.Wells 1-2), 2:20 p.m.  
 San Francisco (Bumgarner 4-9) at Detroit (Penny 5-6), 7:05 p.m.  
 Cleveland (Masterson 5-6) at Cincinnati (Arroyo 7-6), 7:10 p.m.  
 N.Y. Yankees (Nova 7-4) at N.Y. Mets (Niese 7-6), 7:10 p.m.  
 St. Louis (Westbrook 6-4) at Tampa Bay (W.Davis 7-5), 7:10 p.m.  
 Baltimore (Guthrie 3-9) at Atlanta (Jurjens 10-3), 7:35 p.m.  
 Boston (Wakefield 4-3) at Houston (Norris 4-6), 8:05 p.m.  
 Florida (Ani.Sanchez 6-1) at Texas (Ogando 7-3), 8:05 p.m.  
 Kansas City (Duffy 1-2) at Colorado (Nicasio 2-1), 8:10 p.m.  
 Milwaukee (Gallardo 9-4) at Minnesota (Liriano 4-7), 8:10 p.m.  
 Arizona (Collmenter 4-4) at Oakland (Harden 0-0), 10:05 p.m.  
 L.A. Dodgers (Kuroda 5-9) at L.A. Angels (Chatwood 5-4), 10:05 p.m.  
 San Diego (Moseley 2-7) at Seattle (Vargas 5-5), 10:10 p.m.



## LIVE SPORTS ON TV

### AUTO RACING

#### FRIDAY

2 p.m. NASCAR – Subway Jalapeno 250, Qual **ESPN2**  
 7:30 p.m. NASCAR – Subway Jalepeno 250 . . . . . **ESPN**  
**SATURDAY**  
 7:30 p.m. NASCAR – Coke Zero 400 . . . . . **TNT**

### BOXING

#### FRIDAY

11 p.m. Freddy Hernandez vs. Mark Melligen . **ESPN2**  
**SATURDAY**  
 4:45 p.m. David Haye vs. Wladimir Klitschko . . . . . **HBO**

### GOLF

#### FRIDAY

9 a.m. EuroPGA – Alstom France Open . . . . . **GOLF**  
 12:30 p.m. PGA – Montreal Championship . . . . . **GOLF**  
 3 p.m. PGA – AT&T National. . . . . **GOLF**  
 6:30 p.m. U.S. Women's Amateur Public Links . . . **GOLF**  
**SATURDAY**  
 1 p.m. PGA – AT&T National. . . . . **GOLF**  
 3 p.m. PGA – AT&T National . . . . . **CBS**  
 4 p.m. U.S. Women's Amateur Public Links . . . **GOLF**  
 6:30 p.m. PGA – Montreal Championship . . . . . **GOLF**

### MAJOR LEAGUE BASEBALL

#### FRIDAY

2 p.m. Chicago White Sox at Chicago Cubs . . . . **WGN**  
 7 p.m. St. Louis at Tampa Bay . . . . . **SUN**  
**SATURDAY**  
 4 p.m. N.Y. Yankees at N.Y. Mets or Chicago White .  
 Sox at Chicago Cubs . . . . . **FOX**  
 7 p.m. St. Louis at Tampa Bay . . . . . **SUN**

### MAJOR LEAGUE SOCCER

#### SATURDAY

10:30 p.m. N.Y. Red Bulls at San Jose Earthquakes **ESPN2**

### TENNIS

#### FRIDAY

Noon Wimbledon, Men's Semifinals . . . . . **NBC**  
**SATURDAY**  
 9 a.m. Wimbledon, Women's Final. . . . . **NBC**

### WOMEN'S WORLD CUP SOCCER

#### FRIDAY

Noon New Zealand vs. England. . . . . **ESPN**  
**SATURDAY**  
 11:30 a.m. U.S.A. vs. Colombia . . . . . **ESPN**

Times, games, channels all subject to change

Philadelphia (K.Kendrick 4-4) at Toronto (R.Romero 7-7), 1:07 p.m.  
 Chicago White Sox (E.Jackson 4-6) at Chicago Cubs (R.Wells 1-2), 2:20 p.m.  
 Pittsburgh (Morton 7-4) at Washington (Gorzelanny 2-6), 7:05 p.m.  
 San Francisco (Bumgarner 4-9) at Detroit (Penny 5-6), 7:05 p.m.  
 Cleveland (Masterson 5-6) at Cincinnati (Arroyo 7-6), 7:10 p.m.  
 N.Y. Yankees (Nova 7-4) at N.Y. Mets (Niese 7-6), 7:10 p.m.  
 St. Louis (Westbrook 6-4) at Tampa Bay (W.Davis 7-5), 7:10 p.m.  
 Baltimore (Guthrie 3-9) at Atlanta (Jurjens 10-3), 7:35 p.m.  
 Boston (Wakefield 4-3) at Houston (Norris 4-6), 8:05 p.m.  
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 Arizona (Collmenter 4-4) at Oakland (Harden 0-0), 10:05 p.m.  
 L.A. Dodgers (Kuroda 5-9) at L.A. Angels (Chatwood 5-4), 10:05 p.m.  
 San Diego (Moseley 2-7) at Seattle (Vargas 5-5), 10:10 p.m.

### Major League Soccer

#### EASTERN CONFERENCE

	W	L	T	Pts	GF	GA
Philadelphia	7	4	5	26	19	14
New York	5	3	9	24	27	21
Columbus	6	4	6	24	20	17
Houston	4	6	7	19	21	22
D.C.	4	5	6	18	21	27
Toronto FC	3	7	9	18	17	29
Chicago	2	4	11	17	18	21
Sporting K.C.	4	6	5	17	19	21
New England	3	8	6	15	13	21

#### WESTERN CONFERENCE

	W	L	T	Pts	GF	GA
Los Angeles	9	2	8	35	25	15
FC Dallas	9	4	4	31	24	17
Seattle	8	4	7	31	25	18
Real Salt Lake	7	3	5	26	18	9
Colorado	5	5	7	22	19	21
San Jose	5	5	5	20	20	17
Portland	5	7	3	18	18	26
Chivas USA	4	7	5	17	20	21
Vancouver	2	8	8	14	18	25

NOTE: Three points for victory, one point for tie.

#### Wednesday's Game

Toronto FC 1, Vancouver 0

#### Saturday's Games

Philadelphia at D.C. United, 7 p.m.  
 Columbus at FC Dallas, 9 p.m.  
 Chicago at Chivas USA, 10 p.m.  
 New York at San Jose, 10:30 p.m.  
 Sporting Kansas City at Portland, 11 p.m.

#### Sunday's Game

Houston at Colorado, 9 p.m.

#### Monday's Games

New England at Real Salt Lake, 8:30 p.m.  
 Seattle FC at Los Angeles, 10:30 p.m.

**Wednesday, July 6**  
 Toronto FC at New York, 8 p.m.  
 Colorado at Sporting Kansas City, 8:30 p.m.  
 Columbus at Vancouver, 10 p.m.  
 San Jose at Chivas USA, 10:30 p.m.

### College World Series

#### At TD Ameritrade Park Omaha

#### Omaha, Neb.

#### Double Elimination

#### x-if necessary

#### Saturday, June 18

#### Sunday, June 19

Game 1 — Vanderbilt 7, North Carolina 3  
 Game 2 — Florida 8, Texas 4  
 Game 3 — Virginia 4, California 1  
 Game 4 — South Carolina 5, Texas A&M 4

#### Monday, June 20

Game 5 — North Carolina 3, Texas 0, Texas eliminated  
 Game 6 — Florida 3, Vanderbilt 1, 5½ innings, susp., rain  
**Tuesday, June 21**  
 Game 6 — North Carolina 3, Vanderbilt 1, comp. of susp. game  
 Game 7 — California 7, Texas A&M 3, A&M eliminated  
 Game 8 — South Carolina 7, Virginia 1

#### Wednesday, June 22

Game 9 — Vanderbilt 5, North Carolina 1, North Carolina eliminated  
**Thursday, June 23**  
 Game 10 — Virginia 8, California 1, California eliminated  
**Friday, June 24**  
 Game 11 — Florida 6, Vanderbilt 4, Vanderbilt eliminated  
 Game 12 — South Carolina 3, Virginia 2, 13 innings, Virginia eliminated

### CHAMPIONSHIP SERIES

#### Best-of-3

#### Monday, June 27

Game 1 — South Carolina 2, Florida 1, 11 innings, South Carolina leads series 1-0

#### Tuesday, June 28

Game 2 — South Carolina 5, Florida 2, South Carolina wins series 2-0

### Transactions

#### BASEBALL

#### American League

BALTIMORE ORIOLES—Reinstated RHP Alfredo Simon from the 15-day DL. Designated LHP Clay Rapada for assignment.  
 DETROIT TIGERS—Sent LHP Daniel Schlereth to Toledo (IL). Recalled RHP Brayan Villarreal from Toledo.  
 NEW YORK YANKEES—Acquired RHP Sergio Mitre from the Milwaukee Brewers for cash.  
 Designated RHP Buddy Carlyle for assignment.  
 Purchased the contract of RHP Logan Kensing from Bridgeport of the Atlantic League and assigned him to Scranton/Wilkes-Barre (IL).

### YMCA offers Cheer, Volleyball

SEBRING – The Highlands County Family YMCA is hosting a 4-on-4 hard-court volleyball tournament on Tuesday, July 12, from 6 p.m. until the last team is standing, for ages 15 and up.

Any questions for the Cheer Camp or volleyball tournament, call 382-9622.

### Elks Golf tourney

SEBRING – This month's Elks golf tournament will be held on Tuesday, July 5, at Golf Hammock Country Club.

Cost for the 8 a.m. shotgun start is \$25 per player.

To register either your team or as an individual player, contact Jack McLaughlin at 471-3295 or by email at jacknjudy33872@gmail.com.

Check in not later than 7:40 a.m. outside of the restaurant area.

### Lake Placid Youth Bowling

LAKE PLACID – The Royal Palms Youth Bowling League, for ages 7 and up, begins its' new season Saturday, Sept. 3.

The sign-up fee is \$25, which includes a shirt, and new bowlers are welcome.

Bowling is every Saturday morning at 9 a.m. through December 10.

Weekly cost is \$11 and includes three games of bowling, shoes and prize fund.

All Youth Bowlers are also eligible for reduced rate open bowling, though some restrictions may apply, and free bowling with instruction on Friday's from 4-6 p.m. – must be accompanied by an adult.

For more information, call Frank Peterson at 382-9541, or Donna Stanley at 441-4897.

### Firecracker 5K

SEBRING – The 17th Annual Firecracker 5K Run/Walk is set for Monday, July 4 at the Highlands Hammock State Park at 7:30 a.m.

The annual run to celebrate the nation's birthday will feature plaques for overall, master and grand master male and female winners, age group awards in 5-year age divisions, technical tee shirts and plenty of ice-cold watermelon and other refreshments for runners.

Entry fee is \$20 thru June 27 and \$25 from June 28 thru race day registration.

Tee shirts guaranteed to only the first 200 entrants, so sign up early!

Those desiring an entry form may email [cbrojek@comcast.net](mailto:cbrojek@comcast.net) or call Chet Brojek at 385-4736.

Mail your checks made payable to Central Florida Striders, along with the signed application, to Chet Brojek, 3310 Par Road, Sebring, FL 33872.

Each year we urge runners and walkers to wear red, white and blue on race day and to entry early as we always have a large turnout for our nation's birthday celebration.

The race benefits the boys' and girls' cross country teams at Avon Park High School.

### Panther Volleyball Camps

AVON PARK – This summer the South Florida Community College volleyball program has more camps to offer than ever before.

If there is a camp date that you could attend but the age group is different than yours please call and special arrangements could be made.

Individual private sessions for indoor and sand are available year-round.

#### July 2011

Sand: 11-14 (4 days) Monday-Thursday, 8:30 -10:30 a.m. (



### SENIOR TIP

# MASTER STROKES

By Phil Franke with Top 100 Golf Instructors

## Time To Retool?

The game of golf can be challenging, and if you are using clubs that are too strong for your athletic level, you are making it unnecessarily tougher. Your old clubs are probably too heavy and have the wrong shaft flex for your age and swing speed. Here's a telltale sign: If your shots consistently fly too low and tend to slide right, odds are you need lighter and more flexible clubshfts. The bottom of a softer-flex clubshaft will actually bend more forward at impact. This will deliver the clubface to the ball with slightly more loft, getting it airborne and helping it square up rather than leaving it open. Visit a good pro shop or golf teaching facility that will allow you to try different clubs so you can experiment before you buy and find equipment that fits your swing.

**By Jim McLean,**  
owner,  
**Jim McLean**  
Golf School,  
author of the  
best-selling books  
"The Slot Swing"  
and  
"The 8-Step Swing,"  
illustrated by  
**Phil Franke**

inches; and No. 17, J.R. Messier, 36-feet.

An Afternoon Scramble was played on Friday, June 17.

Winning first place was the team of Len and Rhonda Westdale, Jerry Lewis, Kay Conkle and Tony Lankford with minus-14.

The Morrison Group played a game on Thursday, June 16.

The winners were: First place, F. Evans with 65; second place, T. Thomas with 67; and third place, G. Heier with 69.

The Ladies Association played a pro am tournament on Thursday, June 16.

Winning first place was the team of Betty Wallace, Frances Neil and Carole McClay with plus-7.

Individual winners were: First place, Sally Dworak with plus-4; and second place, Carole McClay with plus-3.

The Men's Association played a pro am tournament on Wednesday, June 15.

Winning first place was the team of Harold Kline, Lefty St. Pierre and Tim Thomas with plus-2.5. Tying for second/third places were the teams of Peter March, Kevin Kincer and Keith Kincer; Al Farrell, Neil Purcell, J.R. Messier and Harold Lee with plus-.5 each.

Individual winners were: First place, J.R. Messier with plus-7.5; second place, Gil Heier with plus-4; and third place, Kevin Kincer with plus-4.5.

The Morrison Group played a game on Tuesday, June 14.

The winners were: Tying for first/second places were Cecil Lemons and Lefty St. Pierre with 68 each. Tying

for third/fourth places were Fred Evans and Gil Heier with 74 each.

The Morrison Group played a game on Tuesday, June 14.

Winning first place was the team of Harold Kline, Len Westdale and Harold Plagens with minus-26.

The Golfettes played a game on Tuesday, June 14.

Winning first place was the team of Carol Roy, Pat Graf and Bev Rudd with minus-19.

### SpringLake

The SpringLake Women's Golf Association played a Low Gross/Low Net - Flighted Tournament on the wet and soggy Cougar Trail course on Wednesday, June 29.

Low Gross winner in Flight A was Marsi Benson with an 84.

Flight B winner was Rita Jaskowski, who shot an 82.

Winning Flight A Low Net was Terrie Austin with 70 and Margaret Mazzola, 67, won Flight B.

On Tuesday, June 28, the Spring Lake Men's Golf Association held a Team Scramble event in which each team contained (to the degree possible) an A player, a B player, a C player and a D player.

Due to cancellations, certain teams only had 3 players; in which case players alternated holes for the missing teammates.

First place in this event went to the team of Joe Austin, Dan Porter and Leon Van, who scored a net 50 strokes.

Two teams tied for Second place. Bill Lawens, Jack Hoerner, Gale Monda and Wiley Ferguson tied with the team of Richie Eastep, Ed Clay and Jim Foote with net 51's.

The team of Gary Behrendt, Edd Vowels, Jay Payne, and John Schoeder came in Fourth with 52 strokes.

While very few players imagined how tight the final scores would be, it was another great day to play golf.

### Golf Hammock

Last Monday the Mezza group played Individual Pro-Am Points at Golf Hammock CC.

There was a tie for first place in A group between Joe Martini and Pat Dell with a plus 3.

Billy Parr scored 30 points and had a plus 4, good enough to take first place in B group and David Mulligan scored even for second place.

Lee Stark made even for first place in C group while Pete Mezza and Bob Colandrea tied for second at minus 3.

While on vacation in Battle Creek, MI, Pete Mezza had an eagle on the 318 yard par four.

Pete was playing with former member Fred Lewis, Jeff Lewis and Lloyd Lack at Binder Park Municipal golf course.

Next Monday the Mezza group will have a scramble at Golf Hammock CC beginning at 8 a.m.

Please arrive early to register.

For more information, call Pete Mezza at 382-1280.

### Lake June West Golf Club

A Mixed Scramble was played Thursday, June 23.

Winning first place was the team of Ron Hesson, Dick and Norma Denhart and Gloria Huggett with 54; second place, Frank Gallagher, Joanne McGill, Dick and Nancy Reaney with 55; and third place, Joyce and Joe Swartz, John and Sue Ruffo and Betty Billau with 56.

Closest to the pin: (Ladies), No. 8, Sue Ruffo, 8-feet-5-inches. (Men), None.

The Men's Association played a men's league event on Wednesday, June 22.

Winning first place was the team of Ron Hesson, Dan Bishop, Dick Reaney and Roger Childers with 41.

Closest to the pin: No. 4, Rich Loomis, 7-feet; and No. 8, Dave Colvin, 6-feet-10-inches.

### Placid Lakes

A One Best Ball Plus All Birdies tournament was played Wednesday, June 29.

Winning first place was the team of Ed Bartusch, Taft Green and David Raciti with minus-24; second place, Jim Hays, Bob McMillian and Cliff Moore with minus-23; and third place, Marvin Snyder, Howard Ticknor, Darrell Horney and Chuck Fortunato with minus-22.

Closest to the pin: No. 2, Ed Bartusch, 18-feet-4-inches.

### River Greens

The Morrison Group played a game on Thursday, June 23.

The winners were: First place, J.R. Messier and Harold Plagens with 59. Tying for second/third places, were Frederick Evans and Tim Thomas; Len Westdale and Russ Rudd with 62 each.

The Ladies Association played a pro am tournament on Thursday, June 23.

Winning first place was the team of Babe McDonald, Kay Conkle, Carol Roy and Pat Kincer with plus-1.5.

Individual winners were: First place, Pat Kincer with plus-2.5; and second place, Kay Conkle with plus-2.

The Men's Association played a pro am tournament on Wednesday, June 22.

Winning first place was the team of Al Farrell, Dan Pelfrey, Lefty St. Pierre and Len Westdale with plus-15; and second place, Brian Vanslooten, Joe Graf, Harold Kline and Cecil Lemon with plus-10.

The Golfettes played a game on Tuesday, June 21.

Winning first place was the team of Carole McClay, Frances Neil, Bev Rudd and Pat Graf with minus-23.

The Morrison Group played a game on Tuesday, June 21.

Tying for first/second places were the teams of Lefty St. Pierre, Keith Kincer and Harold Plagens; Gil Heier, Len Westdale and Tim Thomas with minus-18 each.

The Morrison Group played a game on Monday, June 20.

Tying for first/second places were Gil Heier and Frederick Evans; Russ Rudd and Frederick Evans with minus-18 each.

The Men's Association played a Men's Day event on Saturday, June 18.

Tying for first/second places were Fred Evans and Neil Purcell with 70 each. Third place, Joe Graf with 71.

Closest to the pin: No. 3, Lenny Westdale, 10-feet-8-inches; No. 5, None; No. 12, Dick Long, 11-feet-4-

## Today in Baseball History – July 1

**1910** — Comiskey Park — then known as White Sox Park — held its first major league game, with the St. Louis Browns beating Chicago 2-0.

**1917** — Fred Toney of the Cincinnati Reds pitched complete-game victories in a doubleheader against the Pittsburgh Pirates. Toney threw a three-hitter in each game for 4-1 and 5-1 wins, setting a record for the fewest hits allowed in a doubleheader by a pitcher.

**1920** — Walter Johnson of the Washington Senators defeated the Boston Red Sox 1-0 at Fenway Park with the season's only no-hitter.

**1925** — Hack Wilson of the New York Giants hit two home runs in the third inning of a 16-7 victory over the Philadelphia Phillies in the second game of a doubleheader. Wilson also doubled twice during the game.

**1941** — Joe DiMaggio of the New York Yankees singled off Boston's Jack Wilson in the fourth inning, tying Willie Keeler's hitting streak of 44 games.

**1951** — Bob Feller of the Indians pitched his third career no-hitter, beating the Detroit Tigers 2-1 in the first

game of a doubleheader at Cleveland.

**1990** — Andy Hawkins of the New York Yankees pitched the sixth no-hitter in the majors this season and the third in less than 48 hours, but lost 4-0 to the Chicago White Sox on two outfield errors in the eighth inning.

**1994** — Baltimore and California tied a major league record by combining for 11 home runs in the Orioles' 14-7 victory. Jeffrey Hammonds hit two homers for Baltimore.

**1997** — Detroit's Bobby Higginson homered in the first inning against the New York Mets, tying a major league record by homering in four consecutive at-bats over two games. Higginson, who struck out looking in his next at-bat, became the 23rd player since 1900 to accomplish the feat and the fourth Tiger.

**2002** — Los Angeles' Eric Gagne picked up his 30th save in a 4-0 win over Arizona, reaching that mark in the Dodgers' 82nd game — a major league record. The previous mark was 83 games by Bobby Thigpen with the Chicago White Sox in 1990 and Lee Smith with St. Louis

in 1993.

**2009** — One run was enough for a victory for three National League teams, the first time in 33 years there were three 1-0 games in one league on the same day. The Mets, Dodgers and Reds came away with 1-0 victories. The last time there were three 1-0 games in one league was Sept. 1, 1976, in the NL.

**2009** — One day after succumbing to the greatest comeback in Orioles history, the Red Sox staged an improbable rally of their own. Boston used a four-run ninth inning to pull even, Julio Lugo singled in the tiebreaking run in the 11th and Jonathan Papelbon became the team's career saves leader by closing out a 6-5 victory over Baltimore.

**2009** — Hanley Ramirez extended his RBI streak to 10 games in the Florida Marlins' 5-3 victory over the Washington Nationals. Ramirez hit a two-run double in the third inning to become the first shortstop in NL history with an RBI streak of double-digit games.

**Today's birthdays:** Chris Perez 26; Nelson Cruz 31.

## Cody to continue at Sante Fe

### Continued from 1B

first year, tumultuous as it may have been in some regards, Hoffner was better for the experience overall.

"Going off on my own was a lot different from living at home," he said. "It makes you grow up and learn some things.

"Playing around better players and in a college environment makes you better as well. It was a lot dif-

ferent from high school baseball, with two more innings, longer bus rides and the intensity level is higher."

A criminal justice major, Hoffner will continue in the field of study and his playing career with Sante Fe, virtually across the street from the World Series runner up Florida Gators.

But, considering the injury which held him back,

he's not looking too far ahead.

"College life is great and it's an experience being off on your own," he said. "I'm just looking forward to getting healthy again. I have no idea where I want to go after this year. I'm just going to see what happens and go from there."

Probably a wise way to proceed after his season at the hot corner.



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# Camps can be cause for concern

**Continued from 1B**  
sioners asked the NCAA to entirely scrap the July recruiting period.

An NCAA panel is instead expected to recommend a reduction in July recruiting, but not its outright elimination.

DePaul assistant coach Billy Garrett knows the nuances of summer travel ball better than most: along with his job as a recruiter, his son Billy Jr. is a top prep prospect.

The younger Garrett, a 6-foot-3 inch point guard entering his junior year, has verbally committed to stay in Chicago and play for his father's school.

Yet he'll continue to crisscross the country over the next few months, attending events such as the recent Nike Elite 100 camp for top high school freshmen and sophomores.

"Anybody that's good wants to play the best," said the elder Garrett, a former college football player whose previous coaching stops include Iowa, Seton Hall and Siena.

Current NCAA rules provide two 10-day windows for coaches to evaluate prospects: July 6-15 and July 22-31.

That means a midsummer schedule packed with events ranging from the Battle of The Ballerz in Tulsa to the L.A. LAST CHANCE College Coach View in Anaheim, Calif.

The Division I Leadership Council plans to offer a series of suggested changes for consideration by NCAA members later this year or in early 2012, said Purdue athletic director Morgan Burke, who heads the effort.

While Burke said the proposals aren't "revolutionary," they're not insignificant.

Among the group's expected recommendations, in addition to a reduction in the July recruiting period:

- lifting the ban on off-campus contacts between coaches and recruits during their junior year;

- requiring recruits to meet minimum academic standards before they can visit a college campus as a recruit;

- further restrictions on unofficial visits, with closer scrutiny of how such visits are paid for.

College basketball has

had an uneasy relationship with non-scholastic travel teams — many of which play under the AAU moniker — for years.

The concern is for potential recruiting violations and improper benefits that result in scandals and hurt the sport.

The investment of major equipment and apparel sponsors in youth teams, Nike, adidas and other shoe companies, has only made things more complicated.

Coaches, meanwhile, know their relationships with an AAU contact can help land a recruit for their team, sometimes even going so far as to hire inexperienced assistants with strong grass roots ties.

That was the case at Indiana in 2007, where former coach Kelvin Sampson hired AAU coach Travis Steele as the team's video coordinator to help land Eric Gordon.

More recently, UCLA coach Ben Howland hired as an assistant 32-year-old Korey McCray, coach of an Atlanta AAU team whose alumni include NBA stars Dwight Howard, Josh Smith and Amare Stoudamire.

Yet they're also aware that rule-breakers in that crowd can bring down a program.

In 2004, the NCAA sanctioned Auburn after concluding that summer team coach Mark Komara was essentially a school booster who provided two of his players recruited by Auburn with extra benefits.

And a decade ago, Kansas City AAU coach Myron Piggie was convicted of federal fraud and tax evasion charges after he admitted paying five high school stars, often hiding the money in shoe boxes.

Both instances led to incremental changes in summer basketball recruiting rules — along with calls for more forceful action.

"I don't know that you're necessarily going to be able to walk away from the summer," Burke said. "The third-party influences aren't going to go away."

And even before the two July recruiting periods, top players do like to play together.

At the Nike camp, college basketball's next generation were paired with Nike instructors and well-regard-

ed high school coaches at a Saint Louis University rec center.

Campers worked on fundamentals but also spent much of the four-day session in 3-on-3 games as well as daily 5-on-5 contests, culminating with a championship.

Mindful of the summer circuit critics, Nike has formed an "Elite Youth Basketball League" for 40 spring and summer 17-and-under travel teams that includes a regular season and concludes with a 24-team championship at the mid-July Peach Jam in North Augusta, S.C.

"We've definitely put more of an emphasis on skills development," said Vince Baldwin, Nike's elite youth director of scouting. "Kids were playing way too many meaningless games."

Like Garrett, who attended the St. Louis event as a parent, Baldwin said the summer circuit has a valuable, if misunderstood, role, especially for college programs with smaller recruiting budgets.

"It hurts the universities and it hurts the kids," he said, referring to the likely reduction in the July evaluation period. "Colleges will make more mistakes about who they recruit. And kids will get overlooked."

Similar to members of select soccer programs or summer baseball all-star teams, the basketball players at summer all-star camps are there to match their skills against other top talent, Baldwin said. Most high school games can't provide that sort of environment.

"It's about the competition," he said. "You can watch them compete against other Division I athletes. If you watch a kid at his high school, he might be the only Division I athlete on the court."

Burke acknowledged that "there are some good things to come out of the camps." But he also stands firmly behind the NCAA's effort to keep those influences in check.

"There are way too many people out there ... selling a vision that only a few will realize," he said.

*Alan Scher Zagier can be reached at <http://twitter.com/azagier>.*



AP photo  
Carolina Panthers draft pick Cam Newton, right, and former Ohio State quarterback Terrelle Pryor, left, run through drills with a YMCA summer camp student during a community service event during the NFL Players Association's Business of Football: Rookie Edition seminar at IMG Academies on Wednesday in Bradenton.

# Rookies bridging gap

**Continued from 1B**  
Negotiations are ongoing, but with training camps scheduled to open in about three weeks, the season remains in jeopardy.

"You come out of college with plans of making big money, and everything goes on hold," said Dareus, the third overall pick by the Buffalo Bills. "It grinds you."

Dareus, a 320-pound defensive tackle from Alabama, said he earns his keep while living in Birmingham with his godfather.

"Everybody calls him 'Sergeant,' because he was a sergeant in the Army," Dareus said. "At 6 o'clock in the morning, we're up cutting grass. He ain't playing. He's crazy about keeping his yard cut. He has kind of a big yard. We cut it twice a week and trim his hedges. It's an all-day thing."

When asked if Sergeant provides a push mower or a rider, Dareus groaned.

"He's old school." Dareus is hardly the only extraordinary athlete settling for an ordinary summer job.

Castonzo, an offensive tackle drafted in the first round by the Colts, is living with his parents in Chicago and making deliveries for their restaurant, just like he did growing up.

He's a bit bigger now, though.

"When I show up at someone's door, a 6-7, 315-pound guy, they're like, 'Oooooookay. Put the food over here, please,'" he said with a laugh. "I make basically whatever they tip me. With my parents, I'm on a volunteer basis. I'm living like I'm still a college kid — there's no money to spend."

Detroit Lions receiver Titus Young is back with his parents, too.

They live in Los Angeles, and because he played at Boise State, they appreciate the chance to see more of him

lately — up to a point.

"My mom is rooting for the lockout to continue," Young said. "But my dad is saying, 'Get out of the house, son.' He's looking up the latest on the lockout every day and telling me updates."

Miller and Ponder said they're getting by in part because they made money doing rookie-card signings.

"I saved it up, because I didn't know how long this lockout was going to be," said Miller, the second overall pick by the Denver Broncos. "So I've got a couple of dollars in my pocket."

And then there's Carolina Panthers quarterback Cam Newton, who's taking the biggest financial hit of any rookie.

As the top overall draft pick, he might have commanded \$60 million guaranteed under the old system.

Newton was spotted Tuesday night in Bradenton grabbing a bite at a 7-Eleven.

# Sebring Youth Football and Cheer gearing up for season

*Special to the News-Sun*  
SEBRING — Sebring Youth Football & Cheer is getting geared up to begin its 54th Season here in Highlands County on Monday, July 11.

While it has not always been smooth sailing for SYF, the dedicated folks in the organization have consistently made decisions to advance their program and create the best environment for their players and cheerleaders.

We continue to have a strong organization with both the Thunderbolt and

Bluestreak Teams; we are looking forward to a great season.

Our mission at SYF is to provide a safe, healthy environment to teach the game of football and the fundamentals of sideline cheer.

We also believe strongly in putting the right coaches in front of participants in order to mentor them on and off the field.

We are working with the high school system in order to make sure that our players understand how they call

plays and give the kids an advantage once they get into high school.

Anyone interested in volunteering or participating in Sebring Youth Football & Cheer should call President Bob Duncan 449-1012.

We will hold another registration on Saturday, July 9, from 9 a.m.- Noon at Somo's Deli, 209 Circle Park Dr. (Downtown Sebring) Questions regarding registrations call Monica 214-1079.

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Dear Pharmacist  
Suzy Cohen

## First aid ointment comes from Calendula flowers



MCT

Calendula is an edible flower that has many medicinal uses.

ing. It has antifungal, antiviral, and even anti-tumor properties! I think calendula would be fantastic for cradle cap and diaper rashes, or any rash for that matter.

You can use it on minor burns, sunburn, bedsores, eczema and poison ivy. A small study proved it can ease the pain of radiation-induced dermatitis. Calendula may improve acne too. Health food stores and online retailers sell calendula in cream, lotions, ointments or tinctures. You'll see various brands and companies selling it, a few of which include Boiron, Weleda, California Baby and Hyland's.

If you are creating a first-aid cabinet, I highly recommend you include Calendula. Put it next to your hydrocortisone and tea tree oil. Calendula is so safe you can literally eat the beautiful yellow flowers from which the cream is made, so long as you're

not allergic to flowers in the daisy or marigold family. Calendula extract imparts a beautiful yellow color, so it's used as a natural coloring agent in cuisines around the world. Lately, I've been buying the fresh (and edible version) of flowers from my natural grocer to garnish salads and soups. It makes for a delicious conversation piece at my dinner table.

### Did you know?

Folate found in green leafy veggies (and supplements) was just shown to reduce colon cancer risk.

*Suzy Cohen is a registered pharmacist and the author of 'The 24-Hour Pharmacist' and 'Real Solutions.' For more information, visit [www.DearPharmacist.com](http://www.DearPharmacist.com). This information is not intended to treat, diagnose or cure your condition.*

## Researchers analyze gene changes in ovarian cancer

Associated Press

LOS ANGELES —

Researchers analyzing the genetic makeup of ovarian cancer tumors have found a gene mutation that is surprisingly frequent, suggesting it plays a key role in driving the cancer.

The finding, appearing in Thursday's issue of the journal *Nature*, may eventually lead to tests for earlier diagnosis of the disease and to better treatment. Ovarian cancer kills nearly 14,000 women in the United States each year. It's usually not spotted until at an advanced stage.

The gene sequencing was carried out by The Cancer Genome Atlas, a federally funded network of medical centers that analyzed 316 ovarian tumors.

Scientists found that 96 percent of the tumors had mutated TP53 genes. The mutations were not present in normal tissue from the patients, showing they arose within the tumors. Normally, the gene directs the cell how to make a protein that acts as a tumor suppressor, keeping cells from growing and dividing uncontrollably.

Alterations in nine other genes also played a role in ovarian cancer, though to a much lesser extent, the researchers reported. Among them were the BRCA1 and BRCA2 genes, which

increase the risk of breast and ovarian cancer.

"In other cancers, there are usually several genes that are involved" on almost equal footing, said one of the study authors, Dr. David Wheeler of Baylor College of Medicine. "This is an unusual pattern."

The new work "is producing impressive insights into the biology" of ovarian cancer, Dr. Francis Collins, who heads the National Institutes of Health, said in a statement.

Among cancers, ovarian is the fifth leading cause of death among women. A regular pelvic exam is considered the best way to detect ovarian cancer early.

The Cancer Genome Atlas was launched in 2006 to unravel the genetic underpinning of cancer.

## Free amplified telephone distribution

SEBRING — Hearing Impaired Persons will distribute free amplified telephones to Florida residents who have a hearing or speech loss, in the Conference Room at Nu-Hope Elder Care Services, 6414 U.S. 27 South in Sebring, on Thursday, July 7, from 10 a.m. to 1 p.m.

Important: By appointment only. Call (941) 743-8347.

## Community outreach schedule

Ace Homecare plans the following community outreach events this week:

Today: 8 a.m., Health Fair, Sebring Village, Schumacher Road, Sebring; 10 a.m., Health Fair, Highland Village, Villa

## Snapshots

Road, Sebring.

Tuesday: 10 a.m., Health Fair, Fair Havens, Apartments, Spinks Road, Sebring; 1 p.m., Health Fair, Groves, behind Sebring Diner, U.S. 27 Sebring.

Wednesday: 8 a.m., Health Fair, Villa Del Sol, behind Winn Dixie, U.S. 27, Avon Park; 9 a.m., Health Fair, Avon Park Meal Site, Main St, Avon Park.

Thursday: 10 a.m., Caregiver training, Balmoral Assisted Living Facility 93 Balmoral Road, C.R. 621, Lake Placid; 10:30 a.m., Caregivers support group, Balmoral Assisted Living Facility 93 Balmoral Road, C.R. 621, Lake Placid.

## Hookah pipes are not the answer

Hookah cafes and lounges may be one of the hottest college town fads to pop up across the nation in the past few years, but for one to pop up in Highlands County has sure surprised many locals.

Since its development more than 500 years ago in India, hookah has become a worldwide smoking phenomenon. Hookahs are readily available over the Internet, allowing young adults and adults alike to purchase these strangely shaped smoking devices. The trend has also spread to bars and restaurants, which allows customers to smoke a hookah while also enjoying their favorite meals.

A hookah is used to smoke specially made tobacco that is available in a variety of flavors (e.g., apple, mint, cherry, chocolate). The tobacco is heated, and the smoke passes through water and is then drawn through a rubber hose to a mouthpiece. Hookah smoking is typically practiced in groups with the same mouthpiece passed from person to person and typically lasts for about an hour.

Hookah smoking among young adults promotes lifelong nicotine addiction and disease, consequences that last far beyond the "college" experience, and now the "hometown" experience that our Highlands County residents will see.

Some people believe that smoking from a hookah is safer than smoking cigarettes. This is 100 percent false. Hookah smokers are subject to the same negative health effects as cigarette smokers: lung cancer, heart and respiratory disease and other deadly illnesses.

Hookah smoke can contain four times more nicotine than cigarettes and five

## One Stop for Drug Talk

Amanda Sherley

times the number of cancer causing agents. On average, 45-60 minutes of hookah smoking is the equivalent of chain smoking 15 cigarettes. Hookah tobacco also contains 36 times more tar, 15 times more carbon monoxide and 70 percent more nicotine than cigarette tobacco. And if that's not enough negativity, hookah smoke poses dangers associated with secondhand smoke. Secondhand smoke from hookahs is a serious risk for nonsmokers, particularly because it contains smoke not only from the tobacco but also from the heat source (charcoal) used in the hookah.

Moreover, hookah smoking by pregnant women can result in low birth weight babies, premature birth and babies that suffer from respiratory problems.

Yet another thing to be aware of is that the pipes used in these hookah bars and cafes may not be cleaned properly, which may increase the risk of transmitting diseases and viruses such as herpes, hepatitis, tuberculosis or other infectious diseases.

The fact of the matter is that tobacco is dangerous to your health no matter how it is smoked, hookahs included. So don't believe the hype if someone tells you it is cool or safe to smoke hookah pipes.

References: [www.cdc.gov/tobacco/data\\_statistics/fact\\_sheets/tobacco\\_industry/hookahs/](http://www.cdc.gov/tobacco/data_statistics/fact_sheets/tobacco_industry/hookahs/). Amanda Sherley is the project coordinator for Drug Free Highlands. She can be contacted by email at [asherley@drugfreehighlands.org](mailto:asherley@drugfreehighlands.org) or by phone at 382-2138.

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# RELIGION

## Atonement Lutheran Church, ELCA

SEBRING — The Third Sunday after Pentecost service will be led by Deacon David Thoresen. Eucharist Assistant and Lector is Ron Fitzpatrick.

The Labyrinth Prayer Garden, on the east side of the church, is open to the community as well as congregation seven days per week. All are welcome to do this walking meditation.

## Avon Park Church of Christ

AVON PARK — “God Supplies All Our Needs” (Philippians 4:19), will be the message presented by Minister Larry Roberts on Sunday The Lord’s Supper is served every Sunday.

There will be a dinner in the multi-purpose room immediately following the morning worship. All members and guests are invited.

The Timothy Class will meet Sunday afternoon. Jeff Parker is in charge.

Vacation Bible School will be each Wednesday night at 6:30 p.m. The theme is “Around the Map Jack” based on Mark 16:15. There

will be a Bible program, games and refreshments.

Avon Park Church of Christ is at 200 S. Forest Ave. For information, call 453-4692.

## Christ Lutheran Church - LCMS

AVON PARK — This Sunday morning, Pastor Scott McLean will be preaching a sermon entitled “Nobody is Perfect.”

The church is at 1320 C.R. 64, east the Avon Park High School. For more information, call 471-2663 or visit christlutheranavon-park.org. This is an LCMS congregation.

## Christian Training Church

SEBRING — Associate Minister Casey L. Downing will bring the message titled “Destiny’s Challenge” at the Sunday morning service.

The Wednesday night Bible study is canceled for the month of July.

## Emmanuel United Church of Christ

SEBRING — In lieu of a sermon, there will be a hymn

sing Sunday morning. Devotional scripture will be Galatians 3:23-29. There will be no communion service.

The church is 1.7 miles west of U.S. 27 on County Road 634 (Hammock Road). Call 471-1999 or visit sebringemmanuelucc.com/.

## First Baptist Church Avon Park

AVON PARK — The Rev. Jon Beck, pastor, will be speaking at the morning service and the evening service.

Wednesday services include prayer meeting/Bible study as well as children and youth activities.

Spanish church is led by the Rev. Johnattan Soltero and meets Sunday and Wednesday.

The church is at 100 N. Lake Ave. For more information, call 453-6681 or e-mail info@fbcap.net/.

## First Baptist Church of Placid Lakes

LAKE PLACID — On Sunday, Pastor Darryl George will preach the sermon entitled “Reaching Out To The Hurting! Reflecting

**RELIGION NEWS GUIDELINES:** The *News-Sun* publishes religion news on Fridays.

The submission deadline is 5 p.m. Monday to be considered for publication in the following Friday’s paper.

Submit items to the *News-Sun’s* from 8 a.m. to 5 p.m. weekdays; fax to 385-2453; send e-mail to [editor@newssun.com](mailto:editor@newssun.com); or mail to Lifestyle Editor, *News-Sun*, 2227 U.S. 27 South, Sebring, FL 33870. For information, call 385-6155, ext. 516.

God’s Love!” with regards to Luke 5:12-16.

The church is at the corner of Washington and Kemper Avenues in Placid Lakes. A nursery is provided for all services. For more information, call 465-5126 from 8 a.m. to noon, Monday through Thursday or e-mail the church at [placidlakes@hotmail.com](mailto:placidlakes@hotmail.com).

## First Christian Church of Avon Park

AVON PARK — “Freedom Never Has Been Free” is the title of this week’s sermon. Also, remember that the church office will be closed on the Fourth of July in observance of Independence Day.

Wednesday evening Bible study is available for all ages, from infant through senior adults.

First Christian Church of Avon Park’s motto is at 1016 W. Camphor (behind the Wachovia Bank). Call 453-5334 or e-mail [firstchristianap@embarqmail.com](mailto:firstchristianap@embarqmail.com). The website is [www.firstchristianap.com/](http://www.firstchristianap.com/).

## First Christian Church (Disciples of Christ)

SEBRING — At the Lord’s Table this Sunday morning will be Bob and Betty Harcourt. Communion will be served by Juanita Roberts, Joyce Winstel, Carol Chandler and Teresa Williams.

Greater will be Carol Chandler and our soloist, Johnny Johnston will sing “The Family of God.”

There will be no Children’s Church during the month of July.

Lighting the candles during the month of July will be Daniel Thibodeau. Joe Winstel will be with the children in the nursery while his wife Joyce will be in the nursery the rest of July.

The title of Pastor Ron’s sermon is “Our Freedom from Sin,” taken from Romans 6:1-7.

The church is at 510 Poinsettia Ave. Call 385-0352 for information.

## First Presbyterian Church of Avon Park

AVON PARK — On Sunday morning, the Rev. Tim Osterlund will be the guest speaker. Holy Communion will be observed during the worship service.

Special music will be provided by Bev Rudd and Margaret Desness singing “God Bless the USA.”

Sunday school is available for all ages. The adult Sunday school class is watching the video series called “The Path to the Cross” published by Focus on the Family and narrated by renowned teacher and historian Ray Vander Laan.

Continued on page 7B

# PLACES TO WORSHIP

**Places to Worship is a paid advertisement in the *News-Sun* that is published Friday and Sunday. To find out more information on how to place a listing in this directory, call the *News-Sun* at 385-6155, ext. 502.**

## APOSTOLIC

■ **Greater Faith Apostolic Church**, 24 Rainer Drive, Lake Placid, FL 33852. invites you to come worship with us in spirit and truth at 10:30 a.m. and 6:30 p.m. Sunday, and at 7:30 p.m. Wednesday. For information contact 840-0152. Pastor Larry Carmody.

## ASSEMBLY OF GOD

■ **Christ Fellowship Church (Assembly of God)**, 2935 New Life Way. Bearing His Name; Preaching His Doctrine; and Awaiting His Coming. “Worshipping God in Spirit and in Truth.” Sunday School, 9 a.m.; Morning Worship, 10 a.m.; Evening Worship, 5 p.m. Wednesday: Worship, 7 p.m. Pastor Eugene Haas. Phone 471-0924.

■ **First Assembly of God**, 4301 Kenilworth Blvd., Sebring. The Rev. Wilmont McCrary, pastor. Sunday School, 10 a.m.; Morning Worship and KIDS Church, 11 a.m.; Evening Worship, 7 p.m. Wednesday Family Night, (Adult Bible Study), LIFE Youth Group, Royal Rangers, Missionettes, 7:30 p.m. Phone 385-6431.

## BAPTIST

■ **Avon Park Lakes Baptist Church**, 2600 N. Highlands Blvd., Avon Park, FL 33825. George Hall, Pastor. Christ centered and biblically based. Sunday worship services, 8:30 a.m., 11 a.m. and 6 p.m. Nursery facilities are available. Bible studies at 9:45 a.m. Sunday and 7 p.m. Wednesday. Prayer Time 6 p.m. on Wednesday. Bible classes at 9:45 a.m. are centered for all ages. Choir practice at 5 p.m. Sunday. Church phone: 452-6556.

■ **Bethany Baptist Church (GARBC)** We are located at the corner of SR17 and C-17A (truck route) in Avon Park. Join us Sunday morning at 9:00 AM for coffee and doughnuts, followed with Sunday School for all ages at 9:30. Sunday morning worship service begins at 10:30 a.m., and evening worship service is at 6 p.m. On Wednesdays, the Word of Life teen ministry and the Catylist class (20’s+) begin at 6:30 PM. The adult Bible and Prayer Time begins at 7 p.m. For more information go to [www.bethanybaptistap.com](http://www.bethanybaptistap.com) or call the church office at 863-452-1136.

■ **Faith Missionary Baptist Church**, off State Road 17 North of Sebring at 1708 LaGrange Ave. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 6 p.m. Wednesday Service, 7 p.m. Deaf interpretation available. Ken Lambert, Pastor. Phone 386-5055.

■ **Fellowship Baptist Church**, 1000 Maxwell St., Avon Park, FL 33825. Sunday: Sunday School, 9:30 a.m.; Morning Worship, 10:45

a.m.; Wednesday: Evening Service, 7 p.m.; Children/Youth, 7 p.m. Telephone: 453-4256. Fax: 453-6986. E-mail: [office@apfellowship.org](mailto:office@apfellowship.org); Web site, [www.apfellowship.org](http://www.apfellowship.org).

■ **First Baptist Church of Avon Park**, 100 N. Lake Ave., Avon Park. Rev. Jon Beck, pastor; Scott King youth minister; and Joy Loomis, music director. Regular Sunday schedule: 8:30 a.m. Orchestra rehearsal; 9 a.m. Library open; 9:30 a.m. Sunday School; 11 a.m. Morning Worship; 11 a.m. Children’s Church; 4 p.m. Evening Service. Tuesday schedule: 8-10 a.m., basic computer class/Sonshine House; 7-9 p.m. conversational English and citizenship classes/Sonshine House. Regular Wednesday schedule: 5:15 p.m. Family Night Supper; 6 p.m. Bible Study and Prayer; 6 p.m. Adult Choir Practice; 6:30 p.m. children’s choir rehearsals; 7 p.m. children’s mission groups. Call 453-6681 for details. Primera Mision Bautista, 100 N. Lake Ave., Avon Park, Johnattan Soltero, Pastor. Regular Sunday schedule: 10 a.m., Bible Study; 11 a.m., Worship Service. Wednesday schedule: 7 p.m., Bible study.

■ **First Baptist Church of Lake Josephine**, 111 Lake Josephine Drive, Sebring (just off U.S. 27 midway between Sebring and Lake Placid). Your place for family, friends and faith. Sunday morning worship service is 11 a.m. Nursery is provided for both services with Children’s Church at 11 a.m. Life changing Bible Study for all ages starts at 9:45 a.m. Associate Pastor Allen Altwater leads the youth in their quest to become more like Christ. Sunday night worship at 6 p.m. Wednesday Bible Study and Prayer meeting at 7 p.m. along with youth worship in the youth facility, and missions training for all children. Call the church at 655-1524.

■ **First Baptist Church of Lake Placid**, Knowing God’s Heart and Sharing God’s Hope, 119 E. Royal Palm Street. (2 blocks south of Interlake Blvd) Lake Placid, FL 33852 (863) 465-3721, Email: [www.fbclp.com](mailto:www.fbclp.com). Pastor Brett Morey, senior pastor. Sunday services - Traditional Service 9 a.m., Contemporary Service 10:30 a.m. Link Groups at 9 and 10:30 a.m., Senior Sunday Night and Sunday Evening Bible study at 6 p.m. Wednesday Activities: Family dinner at 5 p.m. (\$4 per person, reservations required). Adult-LifeSource classes, prayer meeting, Youth Intersections, and Kids K-5-MaxKidz Extreme meet at 6:15 p.m. Men meet at 8 a.m. every Tuesday for prayer breakfast and women’s prayer breakfast is at 8 a.m. every Wednesday, both at the Family Restaurant.

■ **First Baptist Church of Lorida** located right on U.S. 98 in Lorida. Sunday School begins at 9:45 a.m. for all ages. Sunday worship services are at 11 a.m. and 6:30 p.m. Preschool care is provided at the 11 a.m. worship service. Wednesday evening Bible Study and Prayer meeting is at 6:30 p.m. followed by adult choir rehearsal. From September the AWANA groups meet. First Lorida is the “Place to discover God’s love.” For more information about the church

or the ministries offered, call 655-1878.

■ **First Baptist Church, Sebring**, 200 E. Center Ave., Sebring, FL 33870. Telephone: 385-5154. Dr. David E. Richardson, senior pastor; Rev. Joe Delph, minister of youth and activities. Group Bible Studies, 9:15 a.m.; Blended Service, 10:30 a.m.; Mision Bautista Hispana, 2 p.m.; Sunday Evening Worship, 6 p.m. Wednesday night programs at the ROC begin 5:30 p.m., at church begin 6:30 p.m. Preschool and Mother’s Day Out for children age 6 weeks to 5 years old. Becky Gotsch, director. Call 385-4704.

■ **Florida Avenue Baptist Church**, 401 S. Florida Ave., Avon Park. Mailing address is 710 W. Bell St., Avon Park, FL 33825. Telephone, 453-5339. Rev. John D. Girdley, pastor. Sunday School, 9:45 a.m.; Sunday Worship, 11 a.m.; 11 a.m. Children’s Church; Sunday Evening Worship, 6 p.m. Wednesday night programs for children, youth and adults at 7 p.m.

■ **Independent Baptist Church**, 5704 County Road 17 South, Sebring, FL 33876. Sunday School, 9:30 a.m. Sunday worship, 10:30 a.m. Sunday evening, 6 p.m. Wednesday service, 7 p.m. Fundamental, soul-winning, mission-minded, King James Bible Church. Larry Ruse, pastor. Phone 655-1899. Bus transportation.

■ **Leisure Lakes Baptist Church**, 808 Gardenia St., Lake Placid (just off of Miller at the west end of Lake June) “Where the old fashion gospel is preached.” Sunday School begins at 9:45 a.m.; Sunday Worship service at 11 a.m.; Sunday Evening Service is at 6 p.m. Wednesday Prayer Meeting and Bible Study at 7 p.m. Call the church at 699-0671 for more information.

■ **Maranatha Baptist Church (GARBC)**, 35 Maranatha Blvd., Sebring, FL 33870 (A half mile east of Highlands Avenue on Ar buckle Creek Road.) Sunday School, 9 a.m.; Morning Worship, 10:15 a.m.; Evening Service, 6 p.m. Mid-week service, Wednesday, 6 p.m. Daily Prayer and Bible Study, 8 a.m., Hamman Hall. Pastor Gerald Webber and Associate Pastors Don Messenger and Ted Ertle. Phone 382-4301.

■ **Parkway Free Will Baptist Church**, 3413 Sebring Parkway, Sebring, FL 33870. Welcome to the church where the “Son” always shines. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m.; and Wednesday Evening Worship, 7 p.m. End-of-the-Month-Sing at 6 p.m. on the last Sunday of each month. The Rev. J.S. Scaggs, pastor. Church phone: 382-3552. Home phone: 214-3025. Affiliated with the National Association of Free Will Baptists, Nashville, Tenn.

■ **Sparta Road Baptist Church, (SBC)** 4400 Sparta Road. Rev. Ken Geren, interim pastor. Sunday school, 9:45 a.m.; Sunday Morning Worship, 11 a.m.; Sunday Evening Worship, 6 p.m. Wednesday: Prayer/Bible Study, 6 p.m. Nursery provided. For information, call 382-0869.

■ **Southside Baptist Church (GARBC)**, 379 S. Commerce Ave., Sebring. David C. Altman, Pastor;

Aaron Snider, Youth Pastor. Sunday School for all ages, 9:30 a.m.; Morning Worship Service, 10:45 a.m.; Awana kindergarten through fifth grade, 5:30 p.m.; Evening Worship, 6 p.m. Wednesday: Student ministry, 6:30 p.m.; Adult Midweek Prayer and Bible Study, 7 p.m. A nursery for under age 3 is available at all services. Provisions for handicapped and hard-of-hearing. Office phone, 385-0752.

■ **Sunridge Baptist Church, (SBC)** 3704 Valerie Blvd. (U.S. 27 and Valerie, across from Florida Hospital), Sebring. Tim Finch, pastor. Sunday School, 9:30 a.m.; Sunday Morning Worship, 10:45 a.m.; and Sunday Evening Service, 6 p.m. Wednesday: Prayer, Bible Study, and Youth, 6:30 p.m. Nursery provided. For information, call 382-3695.

## CATHOLIC

■ **Our Lady of Grace Catholic Church**, 595 East Main St., Avon Park, 453-4757. Father Nicholas McLoughlin, pastor. Saturday Vigil Mass is 4 p.m. in English and 7 p.m. in Spanish; Sunday mass 8 and 10:30 a.m. in English. Weekday mass at 8 a.m. Confessions are at 3:30 p.m. Saturday. Religious Education Classes are 9-10:20 a.m. Sunday for grades K through 8th. Confirmation class is from 6:30-8 p.m. Wednesday. Youth Nights grades 6th and up, 6:30-8 p.m. Wednesday.

■ **St. Catherine Catholic Church**, 820 Hickory St., Sebring. Mailing address: 882 Bay St., Sebring, FL 33870, 385-0049. [www.stcath.com](http://www.stcath.com). Very Rev. José González, V.F. Masses – Saturday Vigil, 4 p.m.; Sunday, 8 and 10:30 a.m.; Spanish Mass, noon; Daily Masses 8 a.m. Monday-Friday; 9 a.m. Saturday. Confession: every Saturday 3-3:45 p.m. or first Friday of the month 7:15-7:45 a.m., or by appointment. Enroll your students today for Catholic School grades Pre-K3 through 5th grade.

■ **St. James Catholic Church**, 3380 Placidview Drive, Lake Placid, 465-3215. Father Michael J. Cannon. Mass schedule: Summer (May 1 to Oct. 31) - Saturday Vigil, 4 p.m.; Sunday 8 a.m. and 9:30 a.m.; Weekdays, 9 a.m. December thru Easter - Saturday, 4 p.m.; Sunday, 8 a.m., 9:30 a.m. and 11 a.m.; Weekdays 9 a.m.; and Holy Days 8 a.m., 9:30 a.m. and 7 p.m., first Saturday at 9 a.m.

## CHRISTIAN

■ **Eastside Christian Church**, 101 Peace Ave., Lake Placid, FL 33852 (two miles east of U.S. 27 on County Road 621), 465-7065. Ray Culpepper, senior pastor. Sunday: Bible classes, 9 a.m.; Worship/Celebration with the Lord’s Supper each week 10:15 a.m. Thelma Hall, organist; and Pat Hjort, pianist. Wednesday: Praise and Prayer, 6:30 p.m.; “Building God’s Kingdom for Everyone.” “Jesus Christ, the Way, Truth and Life!” “Alive and Worth the Drive!”

■ **Sebring Christian Church**,

4514 Hammock Road, Sebring, FL 33872. Tod Schwingel, Preacher; Marco Gallardo, Youth Pastor. Sunday Worship, 9:30 a.m.; Sunday School, 11 a.m.; Sunday Youth Service, 6 p.m.; Evening service at 6:30 p.m. Wednesday night meals, 5:30 p.m. followed by classes at 6:30 p.m. Changing Seasons, a men’s grief support group, meets at 1 p.m. Wednesdays. Alzheimers Caregivers Support Group meets at 1 p.m. Thursdays. Office hours, 9 a.m. to 1 p.m. Monday-Friday. Phone 382-6676.

■ **First Christian Church**, 1016 W. Camphor St., Avon Park, FL 33825; (863) 453-5334; on the Web at [www.firstchristianap.com](http://www.firstchristianap.com). Our motto is “*Jesus is First at First Christian Church.*” Greg Ratliff, Senior Minister; Ray Culpepper, Family Life Minister; Jon Carter, Music Director. Bible School 9 a.m.; Worship 10 a.m.; Bible Study, 6 p.m.; Wednesday studies for all ages, 6 p.m. Nursery provided for all events.

■ **First Christian Church (Disciples of Christ)**, 510 Poinsettia Avenue, (corner of Poinsettia and Eucalyptus), Sebring, FL 33870. Phone: 385-0358 or 385-3435. The Rev. Ronald Norton, Pastor; Sunday School, 9 a.m.; Praise Breakfast, 10 a.m., Morning Worship, 10:30 a.m.; Children’s Church, 10:30 a.m. Thursday, Praise and Worship, 6:45 p.m. Youth Fellowship, 7:15 p.m.; Midweek Bible Study, 7:15 p.m.

## CHRISTIAN & MISSIONARY ALLIANCE

■ The **Alliance Church of Sebring**, 4451 Sparta Road, Sebring, FL 33875. Call 382-1343. Rev. Steve Hagen, pastor. Sunday services: Sunday School meets at 9:30 a.m.; Sunday Morning Worship Service meets at 10:30 a.m.; Sunday Evening Bible Study meets at 6 p.m. (off site); Wednesday Prayer Gathering meets at 6 p.m.

## CHRISTIAN SCIENCE

■ **Christian Science Church**, 146 N. Franklin St. Sunday: 10:30 a.m. morning worship and Sunday school. Testimonial meetings at 4 p.m. each second and fourth Wednesday. A free public reading room/bookstore, located in the church, is open before and after church services. The Bible and the Christian Science textbook, ‘Science and Health with Key to the Scriptures’ by Mary Baker Eddy are our only preachers. All are welcome to come and partake of the comfort, guidance, support and healing found in the lesson-sermons.

## CHURCH OF BRETHREN

■ **Church of the Brethren**, 700 S. Pine St., Sebring, FL 33870. Sunday: Church School, 9 a.m.;

Morning Worship, 10:15 a.m. Wednesday: Temple Choir, 7:30 p.m. Phone 385-1597.

## CHURCH OF CHRIST

■ **Avon Park Church of Christ**, 200 S. Forest Ave., Avon Park, FL 33825. Minister: Larry Roberts. Sunday Worship Services, 10:30 a.m. and 6 p.m. Nursery facilities are available at every service. Bible Study: Sunday, 9:30 a.m. and Wednesday, 7 p.m. Bible centered classes for all ages. Church phone: 453-4692.

■ **Sebring Parkway Church of Christ**, 3800 Sebring Parkway, Sebring, FL 33870; 385-7443. We would like to extend an invitation for you and your family to visit with us here at Sebring Parkway. Our hours of service are: Sunday Bible Class, 9 a.m.; Sunday Worship Service, 10 a.m.; Sunday Evening Service, 6 p.m.; Wednesday Service, 7 p.m.

## CHURCH OF NAZARENE

■ **First Church of the Nazarene of Avon Park**, P.O. Box 1118., Avon Park, FL 33825-1118. 707 W. Main St. Randall Rupert, Pastor. Sunday: Sunday school begins at 9:45 a.m. for all ages; morning worship at 10:45 a.m.; and evening service at 6 p.m. Wednesday evening service is at 7 p.m. with special services for children and adults. Special services once a month for seniors (Prime Time) and Ladies ministries. If you need any more information, call 453-4851.

■ **First Church of the Nazarene of Lake Placid**, 512 W. Interlake Blvd., Lake Placid, FL 33852. Sunday school, 9:30 a.m.; Morning worship, 10:45 a.m.; Evening service, 6 p.m. Wednesday evening, 7 p.m. Classes for adult children and youth. Call 465-6916. Pastor Tim Taylor.

## CHURCHES OF CHRIST IN CHRISTIAN UNION

■ **Community Bible Church - Churches of Christ in Christian Union**, (Orange Blossom Conference Center) 1400 C-17A North (truck route), Avon Park. Presenting Jesus Christ as the answer for time and eternity. Sunday morning worship service, 10:30 a.m. Nursery provided. Junior Church activities at same time for K-6 grade. Sunday School Bible hour (all ages), 9:30 a.m. (Transportation available.) Sunday evening praise and worship service, 6 p.m. Wednesday evening prayer service, 7 p.m. Children and youth activities at 7 p.m. Wednesday. Everyone is welcome, please come worship with us. Don Seymour, Senior Pastor. Phone 452-0088.

# RELIGION

Continued from page 6B

The title for Sunday is "Into the Desert to Be Tested." Carol Scranton is teaching the youth class this summer and the lessons discuss how the Bible applies to life today.

Members are asked to bring non-perishable items for the Church Service Center.

The Family Gathering meets at 6 p.m.

The church office will be closed on Monday, July 4. Members will gather for a hot-dog dinner at 6 p.m. As usual, the church will be open to the public prior to the annual firework display. Free popcorn, water and use of the restroom facilities will be available.

On Thursday, July 7, the Men's Fellowship meets at The Depot for breakfast and then returns to the church for a short Bible study and then to a member's house for a work project.

The church is at 215 E. Circle St. (with two entrances on Lagrande Street). For more informa-

tion, call the church office at 453-3242.

## First Presbyterian Church of Sebring

SEBRING — "The Red Heifer" is the title of Sunday morning's sermon given by the Rev. Darrell A. Peer.

Summer Day Camp for ages 11-14 is Tuesday through Friday from 8 a.m. to 3 p.m. in fellowship hall (excluding holidays). Program includes lunch, snacks and activities (Bible lessons, sports, crafts and games). Program is free other than field trips. Space is limited. Sign up in the church office.

## First United Methodist Church of Sebring

SEBRING — The message "Declaration of Dependence" with Bible passage from Romans 11:33-36 will be given by youth director Rich Heilig at all three services on Sunday morning.

The United Methodist

Women will meet for lunch at the Twin Oaks Tea Room at 11:30 a.m. Tuesday.

Family fellowship dinner and Bible study on Wednesday evening with dinner in the Family Life Center.

Listen Live on WITS-AM 1340 each Sunday to hear the service.

Call the church office for information at 385-5184. The church is downtown at 126 South Pine Stt. The website is [www.sebringfirstumc.com/](http://www.sebringfirstumc.com/).

## Grace Pointe Church

SEBRING — Grace Pointe Church is at 200 Lark Ave. in the Sebring Hills Association Clubhouse.

Tuesday's home Bible study "The Future Reveals" continues on the Trumpets. Special times for kids on Tuesday nights including Bible stories, arts and crafts, games, snacks and other activities.

Sunday, Pastor Ron Zimmer continues river renewal sermon series on the Psalms. Class provided for

children.

Log on to [ustreamtv](http://ustreamtv.com), then enter [gracepointetv](http://gracepointetv.com) in the search box. Choose the session you want to view.

## Heartland Christian Church

SEBRING — Pastor Ted Moore's sermon this Sunday morning will be "Happy Birthday America!" Scripture will be taken from Mark 6:1-6. Communion is offered during the service weekly.

The service will also include Ruth Rayburn singing "God Bless America."

The church is at 2705 Alternate Route 17 South in Sebring (behind Publix). Look for the lighthouse. For more information, call 314-9693.

## Memorial United Methodist Church

LAKE PLACID — Rev. Fred Ball will preach at the Combined Patriotic Service (Celebration and New Song)

in the sanctuary Sunday on the subject "One Nation Under Which God?"

Communion will be observed at both worship services Sunday.

Nursery Care is available for all morning events.

Children's Church will meet in the Sanctuary for the children's sermon and then proceed to the Sunshine Club House for their worship service. There will be no evening Youth Group.

The Church is at 500 Kent Ave.

For information, please call 465-2422.

## Parkway Free Will Baptist Church

SEBRING — The Sunday morning Bible lesson, "Dealing With Disobedience" is from Joshua 7 (King James Version). Pastor Jim Scaggs will bring the message in the morning and evening services.

The Wednesday evening service will be praise, prayer and Bible study.

## St. John United Methodist Church

SEBRING — On Sunday, the sermon topic will be "The Invitation to Rest" taken from Matthew 11:25-30. Holy Communion will be served. Nursery is provided at all three services.

## Sebring Church of the Brethren

SEBRING — Sunday morning will be the annual conference live from Grand Rapids, Mich. at 10 a.m. The worship service will be titled "Gifted with Promise: Extending Jesus' Table."

Sunday school will meet in the Fidelis Room. They will be studying "God Calls the People to Covenant," taken from the Scripture Deuteronomy 5:1-17.

Call 385-1597.

## Southside Baptist Church

SEBRING — The Rev. David Altman will speak on

Continued on page 8B

# PLACES TO WORSHIP

## EPISCOPAL

■ **The Episcopal Church of the Redeemer.** Service time is 9:30 with Holy Communion. Coffee hour following services. Newcomers welcome. Call 453-5664 or e-mail [redemer1895@aol.com](mailto:redemer1895@aol.com) Web site: [redeemeravon.com](http://redeemeravon.com). The church is at 839 Howe's Way, Avon Park (two miles north of Sun 'N Lake Boulevard, across from Wells Dodge.)

■ **St. Agnes Episcopal Church,** 3840 Lakeview Drive, Sebring, FL 33870. Sunday Services: Holy Eucharist Rite I - 7:45 a.m., Holy Eucharist Rite II - 10 a.m. Midweek service on Wednesday at 6 p.m. Sunday School for all ages at 9 a.m. The nursery is open 8:45 a.m. until 15 minutes after the 10 a.m. service ends. Wednesday: Adult Bible study, 9:30 a.m. Visitors are always welcome. The Rev. Jim Kurtz, rector. Church office 385-7649, for more information.

■ **St. Francis of Assisi Episcopal Church,** 43 Lake June Road, Lake Placid, FL 33852. Phone: 465-0051. Rev. Elizabeth L. Nelson, Rector. Sunday Worship, 8 a.m., 10:30 a.m. and 6 p.m. Wednesday evening: Holy Communion with Healing Service, 6:15 p.m. Child care available at the 8 a.m. and 10:30 a.m. Sunday service. Come see what makes us different.

## GRACE BRETHREN

■ **Grace Brethren Church,** 3626 Thunderbird Road, (863) 835-0869. Dr. Randall Smith, senior pastor. Sunday services at 9 a.m., 10:45 a.m. and 6 p.m.; Wednesday services at 7 p.m. We offer "Kid City" Children's Ministry throughout all services, and there are various other classes for teens, married couples, "prime-timers," and Bible studies in Spanish. "Kid City" Day Care, Preschool and After-School Monday-Friday: 7 a.m.-6 p.m. (For registration call: 385-3111). Check us out on the Web at [www.sebring-grace.org](http://www.sebring-grace.org).

## INTERDENOMINATIONAL

■ **World Harvest and Restoration Ministries,** (non-denominational) 2200 N. Avon Blvd., Avon Park, FL 33825. Phone: 452-9777 or 453-3771. Sunday service: Sunday School, 10 a.m. and worship, 11 a.m. Wednesday services: 7 p.m. prayer meeting/Bible study. Pastor: W.H. Rogers.

## LUTHERAN

■ **Atonement Lutheran Church (ELCA),** 1178 S.E. Lakeview Drive., Sebring. David Thoresen, Deacon, Spiritual Leader, on first, third and fifth Sunday each month, and Rev. Jefferson Cox on the second and fourth Sunday of each month. Jim Helwig, organist/choir director. Worship service at 9:30 a.m.; Holy Eucharist is every Sunday. Coffee hour on the first and third Sunday of each month. Council meeting on the first Monday of month; Ladies Group WELCA meets at noon second Monday of month with lunch. Bring a dish to pass. Church Vegetable Garden Club meets as needed. Labyrinth Prayer Garden open seven days a week to congregation and community. Like to sing?

Come join the choir. Visitors always welcome. Come grow with us. Phone 385-0797.

■ **Christ Lutheran Church Avon Park – LCMS,** 1320 County Road 64, 1/2 mile east of Avon Park High School. Sunday Divine Worship is at 10 a.m. Holy Communion is celebrated every week with traditional Lutheran Liturgy, hymns and songs of praise. Fellowship time with coffee and refreshments follows worship. Come worship and fellowship with us. For information call Pastor Scott McLean at 471-2663 or see [christlutheranavonpark.org](http://christlutheranavonpark.org).

■ **Faith Lutheran Church – LCMS,** 2740 Lakeview Drive, Sebring. Church phone: 385-7848, Faith Closet, 385-2782. Gary Kindle, Pastor. Faith Child Development Center, 382-3232. Kathy Pontious, director. Preschool/VPK/Extended Day Care. Summer Worship services: 9:30 a.m. Sunday; Bible class is 8:30 a.m. Sunday. Communion is served the first and third and fifth Sunday of the month. Worship service is broadcast live on WITS 1340 AM.

■ **Good Shepherd Lutheran Church (AALC) American Association of Lutheran Churches,** 4348 Schumacher Road, Sebring, one mile west of Wal-Mart. James Weed, pastor. Worship Service, 9 a.m. Sunday. Bible Study, 11 a.m. Nursery provided. Social activities: Choir, Missions, Evangelism. Phone 385-1163.

■ **New Life Evangelical Lutheran Church,** 3725 Hammock Road, a Congregation of the Evangelical Lutheran Synod (ELS) in fellowship with the Wisconsin Evangelical Lutheran Synod (WELS). Sunday Worship at 10 a.m.; Bible Study, 9 a.m. For more information, call Pastor Brian Klebig at 385-2293 or visit the Web site at [www.newlife-sebring.com](http://www.newlife-sebring.com).

■ **Resurrection Lutheran Church - ELCA,** 324 E. Main St., Avon Park. Pastor: Rev. John C. Grodzinski. Sunday service at 9:30 a.m. Sunday school will resume in the fall. Coffee and fellowship hour follow the service. Midweek Fragrance Free Wednesday worship, (year round) 7 p.m. Office phone number is 453-6858.

■ **Trinity Lutheran Church - LCMS,** 25 Lakeview St., Lake Placid, FL 33852; 465-5253. The Rev. Richard A. Norris, pastor; Susan C. Norris, Trinity Tots Preschool director; and Noel Johnson, minister of youth and family life. Worship schedule after Easter through December: Worship service 10 a.m., and Education Hour, 8:45 a.m. Worship schedule for January through Easter: Worship service, 8:30 and 11 a.m., Education Hour 9:45 a.m. Traditional Service with Holy Communion each first and third Sunday. Non-Traditional Service each second, fourth and fifth Sunday. Seasonal mid-week services Wednesday evenings during Lent and Advent. Call church office for additional Worship times and special holiday services. Other activities and groups include: Choirs; Ladies Guild and LWML; Men's Fellowship Group, Small Group Bible Studies as scheduled; Trinity Tots Preschool, Youth Group activities (call for meeting times and dates). Visit us online at [www.Trinitylutheranip.com](http://www.Trinitylutheranip.com).

## NON-DENOMINATIONAL

■ **Bible Fellowship Church,** 3750 Hammock Road, Sebring, FL 33872. Sunday: American Sign Language: First Worship sermon, songs signed first and second Worship services. First Worship service, 9 a.m.; Second Worship service, 10:45 a.m. Nursery (up to 2 years old) and Sunday school classes both hours. BFC Youth, 6 p.m.; Evening Service, 6:30 p.m. Wednesday: Youth, 6-7:30 p.m.; Prayer time, 6:15 p.m. Todd Patterson, pastor; Andy McQuaid, associate pastor. Web site [www.bfcsebring.com](http://www.bfcsebring.com). Church office 385-1024.

■ **Calvary Church,** 1825 Hammock Road, Sebring, FL 33872; 386-4900. An independent community church. Sunday morning worship, 10 a.m.; Bible study, 11:15 a.m. Pastor Lester Osbeck. A small friendly church waiting for your visit.

■ **Christian Training Ministries Inc.,** on Sebring Parkway. Enter off County Road 17 on Simpson Avenue. Sunday service is at 10 a.m.; Wednesday Bible study at 7 p.m. A nursery and children's church are provided. The church is part of Christian International Ministries Network, a full gospel, non-denominational ministry. Linda M. Downing, minister: Phone, 314-0482, [lindadowning@live.com](mailto:lindadowning@live.com). Casey L. Downing, associate minister: Phone, 385-8171, [caseydowning@hotmail.com](mailto:caseydowning@hotmail.com). Web site is [www.ctmforme.com](http://www.ctmforme.com)

■ **Grace Bible Church,** 4541 Thunderbird Road, (second church on left) Sebring, FL 33872. Phone, 382-1085. Andrew Katsanis, senior pastor. Saturday Worship, 6:30 p.m. Sunday, 9 and 11 a.m. Tuesday 6 p.m. Grace Bible Academy Adult Investigating Truth; first and third Tuesday, Prayer Gathering, 7:15 p.m.; Wednesday, Children's & Youth Programs, 6 p.m.; Wednesday, 8:30 p.m., College Ministry. [www.GBCconnected.org](http://www.GBCconnected.org)

■ **Highlands Community Church,** a casual contemporary church, meets at 3005 New Life Way. Coffee at 9:30 a.m.; Worship at 10 a.m. Nursery and Kid's World classes. Small groups meet throughout the week. Church phone is 402-1684; Pastor Bruce A. Linhart.

■ **The Lord's Sentinel Fellowship Church,** 148 E. Interlake Blvd., Lake Placid (at Lake Placid Christian School), Pastor Juanita Folsom. Sunday morning service, 10:30 a.m.; Monday, Sentinel School of Theology, 7 p.m.; Church service, Tuesday, 7 p.m. More information at [www.juanitafolsomministries.com](http://www.juanitafolsomministries.com).

■ **Union Congregational Church,** 106 N. Butler Ave., Avon Park, FL 33825. Sunday worship services are at 8:45 a.m. and 10:45 a.m. in the Millennium Church. Sunday school for all ages is at 9:15 a.m. We also offer a Saturday service at 6 p.m. with Pastor Tiger Gullett in the Millennium Church. Nursery/child care is available for all services. Senior Pastor is Bill Breylinger. Office: 453-3345. Web page at [www.weareunion.org](http://www.weareunion.org). All teachings are taken from the Manufacturer's Handbook - The Holy Bible. Come join us.

■ **Unity Life Enrichment Centre,** new location, 10417 Orange Blossom Blvd. S., Sebring, FL 33875; 471-1122; e-mail [unity@vistanet.net](mailto:unity@vistanet.net). Web site, [www.unityofsebring.org](http://www.unityofsebring.org). 10:30 a.m.

Sunday Celebration Service, Nursery and Children's Church. Weekly Classes, Christian Bookstore and Cafe, Prayer Ministry, Life Enrichment Groups. Rev. Andrew C. Conyer, senior minister transforming lives from ordinary to extraordinary.

■ **The Way Church,** 1005 N. Ridgewood Drive, Sebring. Sunday school and worship service at 9 a.m. and 10:30 a.m. Youth activities, 6:30 p.m. Wednesdays. The Way is a church family who gathers for contemporary worship, teaching of God's Word, prayer and fellowship. Come early and stay after for fellowship time. Child care and children's church are provided. Reinhold Buxbaum is pastor. The Way - A place for you. Office Phone:471-6140, Church Cell Phone:381-6190. Email: [thewaychurch@hotmail.com](mailto:thewaychurch@hotmail.com). Web site: [www.TheWayChurch.org](http://www.TheWayChurch.org)

## PRESBYTERIAN

■ **Covenant Presbyterian Church (PCA),** 4500 Sun 'N Lake Blvd., Sebring, 33872-2113. A Congregation of the Presbyterian Church in America. Worship services: Sunday morning worship, 10 a.m.; Sunday School, 9 a.m.; Sunday evening, 6:30 p.m.; Wednesday evening Prayer Meeting, 6 p.m.; Youth Group and Kids Quest, 5:30-7 p.m.; choir practice, 7:15 p.m. Phone: 385-3234; Fax: 385-2759; e-mail: [covpres@strato.net](mailto:covpres@strato.net); Web site: [www.cpcsebring.org](http://www.cpcsebring.org). Rev. W. Darrell Arnold, pastor. Office hours: 8:30-11:30 a.m. Monday through Thursday.

■ **First Presbyterian Church ARP,** 215 E. Circle St., (two entrances on LaGrande), Avon Park, FL 33825. Phone: 453-3242. The Rev. Robert Johnson is the pastor. Sunday School, 9:15 a.m.; Sunday Worship, 10:45 a.m.; Wednesday Bible study, 10:30 a.m.; Potluck dinner, 6 p.m. third Wednesday; choir practice, 6:30 p.m. each Wednesday; Mary Circle business meeting, 1 p.m. second Wednesday; Sarah Circle business meeting, 4 p.m. second Thursday; Women's Ministries Combined Bible study, 4 p.m. third Thursday. Be a part of a warm, caring church family with traditional services, following biblical truth.

■ **First Presbyterian Church, ARP,** 319 Poinsettia Ave., Sebring, FL 33870. 385-0107. Sunday School, all ages, 9:30 a.m.; Worship Service, 11 a.m.; Monday-Friday, Summer Day Camp (youth ages 11-14) 8 a.m. to 3 p.m. excluding holidays; Tuesday: Grief Support Group, 3 p.m., adult classroom; Wednesday: Adult Bible Study, 10:30 a.m., adult classroom. Nursery available during worship. Call the church office for more information and other classes. Rev. Darrell A. Peer, pastor.

■ **First Presbyterian Church, ARP,** [www.fcpcp.com](http://www.fcpcp.com), 118 N. Oak Ave., Lake Placid, 465-2742. The Rev. Ray Cameron, senior pastor; the Rev. Drew Severance, associate pastor. Sunday morning traditional worship is at 9-10 a.m. in the sanctuary; contemporary worship is from 11 a.m. to noon. Sunday school classes for adults and children will be 10:10-10:50 a.m. in the educational building. Call the church office for more information about the classes offered. Nursery is provided for babies and toddlers; while young children up to second

grade have a special Children's Church offered during the worship service to help them grow in their spiritual knowledge.

■ **Spring Lake Presbyterian Church (USA),** 5887 U.S. 98, Sebring, FL 33876. Sunday School, 9 a.m.; Worship Service, 10 a.m. Session meets at 6:30 p.m. the second Thursday of the month, September through June. Board of Deacons meet at 5:30 p.m. first Monday of the month. Choir rehearses at 7 p.m. each Wednesday, September through April. Presbyterian Women meet at 10 a.m. the third Thursday of the month. Organist: Richard Wedig. Choir Director: Suzan Wedig. Church phone, 655-0713; e-mail, [springlakepc@embarqmail.com](mailto:springlakepc@embarqmail.com). Web site, <http://slpc.embarqspace.com>.

## SEVENTH-DAY ADVENTIST

■ **Avon Park Seventh-day Adventist Church,** 1410 West Avon Blvd., Avon Park. Phone: 453-6641 or e-mail: [avonparksda@embarqmail.com](mailto:avonparksda@embarqmail.com), Sabbath School, 9:30 a.m. Saturday. Church Service 10:45 a.m. Saturday. Wednesday prayer meeting 7 p.m. Community Service hours on Tuesday and Thursday is from 9:00 a.m. till 2 p.m. A sale takes place the first Sunday of each month. Senior Pastor Paul Boling; and Associate Pastor Kameron DeVasher. Walker Memorial Academy Christian School offering education for kindergarten through 12th grades. ALL ARE WELCOME. Website is [www.discoverjesus.org](http://www.discoverjesus.org)

■ **Sebring Seventh-Day Adventist Church,** 2106 N. State Road 17, Sebring; 385-2438. Worship Services: 9:15 a.m. Worship hour, 11 a.m. Prayer meeting, Tuesday, 7:15 p.m. Community service: every Monday 9-11 a.m. Health Seminar with Dr. Seralde, every Friday, 10:00 a.m. Pastor Amado Luzbet.

## THE CHURCH OF LATTER DAY SAINTS

■ **The Church of Jesus Christ of Latter Day Saints,** 3235 Grand Prix Dr., Sebring, FL 33872; (863) 382-9092 Steve Austin, Bishop; Mark Swift, 1st Counselor; Del Murphy, 2nd Counselor. Family History Center (863) 382-1822. Sunday Services: Sacrament Meeting, 10-11:10 a.m.; Gospel Doctrine, 11:20 a.m. to noon; Priesthood/Relief Society, 12:10-1p.m.; Primary for children, 11:15 a.m. to 1 p.m.; Youth Activities: Wednesdays, 7-8:20 p.m. Scouts: first and third Wednesday, 7-8:20 p.m. Activity Days: 8-11 yr old Boys and Girls, second and fourth Wednesdays, 7-8:20 p.m.

## THE SALVATION ARMY

■ **The Salvation Army – Center for Worship.** Sunday: Sunday School, 9:30 a.m.; Holiness meeting, 11 a.m.; and Praise meeting and lunch, noon. Tuesday: Bible study, 6:30 p.m.; and Women's Ministries, 7 p.m. Wednesday: Youth Ministries, 4 p.m. All meetings are at 120 N. Ridgewood Ave., Sebring. For more information, visit the Web site [www.salvationarmy-](http://www.salvationarmy-)

[sebring.com](http://sebring.com) or call Major Bruce Stefanik at 385-7548, ext. 110.

## UNITED METHODIST

■ **First United Methodist Church,** 105 S. Pine St., Sebring, FL 33870. The Rev. A.C. Bryant, pastor. Traditional Worship Service at 8:10 and 10:50 a.m. in the sanctuary, Contemporary Worship in the FLC at 9:30 a.m. Sunday School at 9:30 and 10:30 a.m. Methodist Youth Fellowship at 5:30 p.m. Sundays with Rick Heilig, youth director. The 10:55 a.m. Sunday worship service is broadcast over WITS 1340 on AM dial. There is a nursery available at all services.

■ **First United Methodist Church,** 200 South Lake Avenue, Avon Park, FL 33825. (863) 453-3759, R. James Weiss, Pastor, Sunday School - 9 a.m., Worship - 10:30 a.m. Bible study third Tuesday of every month at 6 p.m. Prayer Shawl Ministry on the second and fourth Friday of the month at 2 p.m. for women who love God and crocheting. Visit us at our church Web site: [www.fumcap.org](http://www.fumcap.org).

■ **Memorial United Methodist Church,** 500 Kent Ave., (overlooking Lake Clay) Lake Placid, FL, 33852. The Rev. Fred Ball, pastor. Claude H.L. Burnett, pastoral assistant. Sunday schedule: Heritage Worship Service, 8:30 a.m.; Sunday School for all ages, 9:30 a.m.; Celebration Worship Service at 10:45 a.m.; New Song worship service at 10:45 a.m. Loving nursery care provided every Sunday morning. Youth Fellowship, 5 p.m. Bible Fellowship Class, 6 p.m. (October-May only). We offer Christ-centered Sunday school classes, youth programs, Bible studies, book studies and Christian fellowship. We are a congregation that want to know Christ and make Him known. Call the church office at 465-2422 or check out our church Web site at [www.memorialumc.com](http://www.memorialumc.com).

■ **St. John United Methodist Church,** 3214 Grand Prix Drive, Sebring, FL 33872. The Rev. Ronald De Genaro Jr., Pastor. Sunday School, 9:30 a.m.; Sunday Morning Worship, 8 a.m., 9:30 a.m. and 11 a.m. Nursery provided for all services. Phone 382-1736. [www.stjohnsebring.org](http://www.stjohnsebring.org)

■ **Spring Lake United Methodist Church,** 8170 Cozumel Lane, (Hwy 98) Sebring. The Rev. Clyde Weaver Jr., Pastor. Worship service starts at 9:55 a.m. Bible Study meets at 10:00 a.m. on Tuesday. Choir Practice at 4:00 p.m. on Thursday. Church office phone: 655-0040.

## UNITED CHURCH OF CHRIST

■ **Emmanuel United Church of Christ,** where God is still speaking. 3115 Hope Street, Sebring, FL 33875 (1.8 miles west of U.S. 27 and Hammock Road). Sunday worship, 9:30 a.m.; Communion with worship first Sunday of month; Chapel Communion, 8:45 a.m. all other Sundays. All are welcome to receive the sacrament. For more information, call the church office at 471-1999 or e-mail [eucc@earthlink.net](mailto:eucc@earthlink.net) or check the Web site [sebringemmanuelucc.com](http://sebringemmanuelucc.com). No matter who you are or where you are on life's journey, you're welcome here.

# COMMUNITY CALENDAR

The Community Calendar provides a brief listing of local clubs and organizations who meet on a regular basis. It is the responsibility of the group to update the *News-Sun* on any changes in this listing by calling 385-6155, ext. 516; send any changes by e-mail to [editor@newssun.com](mailto:editor@newssun.com); or mail them to *News-Sun* Community Calendar, 2227 U.S. 27 South, Sebring, FL 33870.

## FRIDAY

■ **Alcoholics Anonymous** One Day At A Time group meets for a closed discussion at 9:30 a.m. Monday and Friday at Covenant Presbyterian Church, 4500 Sun 'N Lakes Blvd., Sebring. For details, call 314-0891.

■ **American Legion Post 25** hosts a fish fry from 5-7 p.m. at the post, 1490 U.S. 27, Lake Placid. Cost is \$6. Shrimp also is available for same price. Open to the public. Tickets in the lounge on Friday night. Lounge hours are from 11 a.m. to 9 p.m. For details, call 465-7940.

■ **American Legion Post 74** has karaoke from 7 p.m. until final call at the post, 528 N. Pine St., Sebring. Post open at noon. Happy Hour from 4-6 p.m. Members and guests only. For details, call 471-1448.

■ **Avon Park Breakfast Rotary Club** meets 7 a.m., Rotary Club building.

■ **Bridge Club of Sebring** (American Contract Bridge Club) plays duplicate games at 12:30 p.m. at 347 Fernleaf Ave., Sebring. For details, call 385-8118.

■ **Harmony Hoedowners Square Dance Club** offers a class in Lake Placid at the Sunshine RV Resort from 9-11 a.m. Friday. For more information, call Sam Dunn at 382-6792 or e-mail him at [sam-dunn@samdunn.net](mailto:sam-dunn@samdunn.net).

■ **Highlands Social Dance Club** hosts ballroom dancing every Friday, October through March from 7-9:30 p.m. at the Senior Center on Sebring Parkway. Dance the night away to the music of the area's Big Bands. All club dances are open to the public. Appropriate dress required. Admission is \$5 for members and \$17 for non-members. Call

385-6671.

■ **Lake Placid Elks Lodge 2661** has lounge hours beginning at 1 p.m. There is a fish fry from 5-7 p.m. Cost is \$8.50 per person. The lodge is open to members and their guests. For details, call 465-2661.

■ **Lake Placid Moose** serves wings, fish and burgers at 6 p.m. Music provided from 7-11 p.m. Pool tournament is at 8 p.m. Open to members and qualified guests only.

■ **Loyal Order of Moose**, Highlands County Lodge No. 2494, 1318 W Bell St., Avon Park. Karaoke from 7-10 p.m. Lodge phone number 452-0579.

■ **MOM's Club** meets at 10:30 a.m. first Friday at the First United Methodist Church on Pine Street in Sebring.

■ **Narcotics Anonymous New Day Group** meets at 6 p.m. at First Presbyterian Church, 319 Poinsettia Ave, Sebring. For information call Heartland area helpline (863) 683-0630. More information on other meetings and events at [www.nafheartland.org](http://www.nafheartland.org).

■ **Sebring Bridge Club** has Bridge, ACBL Duplicate at the clubhouse, 347 N. Fernleaf, Sebring at 12:30 Fridays. For details or info on lessons, call 385-8118.

■ **Sebring Eagles Club 4240** serves chicken or fish baskets from 5-7 p.m. at the club, 12921 U.S. 98, Sebring, for a \$4 donation. Blind darts is played at 7 p.m. For details, call 655-4007.

■ **Sebring Elks Lodge 1529** serving buffet dinner at 5-7 p.m. Elks and guests invited. Dance music in ballroom at 6:30 p.m. Dinner and dance is \$10 donation. Smoke-free environment. For reservations, call 385-8647 or 471-3557. Lounge is open from 1-10 p.m.

■ **Sebring Moose Lodge 2259** serves beef franks and Italian sausages served from 1 p.m. to closing at 11675 U.S. 98, Sebring. For details, call 655-3920.

■ **Sebring Recreation Club** plays bridge at 12:30 p.m. and table tennis at 4 p.m. at 333 Pomegranate Ave. For details, call 385-2966 or leave a name, number and message.

■ **Veterans of Foreign Wars Post 3880**, 1224 County Road 621 E., Lake Placid. Texas Hold 'em lessons, 2 p.m. For

more details, call 699-5444.

■ **Veterans of Foreign Wars Post 4300** serves pizza from 5:30-7 p.m. and music is from 6-9 p.m. at the post, 2011 S.E. Lakeview Drive, Sebring. For details, call 385-8902.

## SATURDAY

■ **Airborne (Paratrooper) Breakfast Club** meets at 9 a.m. every first Saturday at Bob Evans Restaurant, Sebring. All paratroopers and their guests are invited. For details, call Joe Noto at 452-0106.

■ **American Legion Post 25** serves sirloin burgers from 11:30 a.m. to 1:30 p.m. at the post, 1490 U.S. 27, Lake Placid. Jam session is from 2-4 p.m. The lounge hours are 11 a.m. to 9 p.m. Members and guests invited. For details, call 465-7940.

■ **American Legion Post 69** in Avon Park serves dinner at 5 p.m. and music is from 6-9 p.m.

■ **American Legion Post 74** open noon to 8 p.m. Hot dogs served. Happy Hour 4-6 p.m. Call 471-1448.

■ **Avon Park Public Library** has a free Adult Film Series at noon. For details, call 452-3803.

■ **Car Show** from 5-8 p.m. on the first Saturday of each month at Woody's BBQ. Proceeds benefit Hope Hospice.

■ **Heartland Horses & Handicapped Inc.** provides free assisted riding sessions for adults and children with special needs from 9-11 a.m. Wednesday, Thursday and Saturday at 118 W. College Drive, Avon Park. For details or to volunteer, call Mary McClelland, coordinator, 452-0006.

■ **Highlands Chapter 601** meets at Golf Hammock Restaurant in the Golf Hammock Country Club at noon. Any service person who was awarded the Purple Heart is invited to attend and bring their wife or husband.

■ **Highlands Shrine Club**, 2606 State Road 17 South, Avon Park (between Avon Park and Sebring) has a flea market from 8 a.m. to 2 p.m., country store open from 8 a.m. to noon and pancake breakfast served from 7:30 a.m. to 10:30 a.m. Vendors are welcome. No

setup fee is charged for the summer months. Plenty of off road parking. For details, call 382-2208.

■ **Highlands Woodcarvers** meet from 9 a.m. to noon Saturdays at 825 Sunbird Terr. (Community Center off Thunderbird Road). Call Bob Seybolt at 471-6077.

■ **Lake Placid Elks Lodge 2661** opens the lounge at 1 p.m. Card games are played at 1 p.m., and Bar Bingo is at 1:30 p.m. The lodge is open to members and their guests. For details, call 465-2661.

■ **Lake Placid Art League** has a class in Pastels/Acrylics taught by Llewellyn Rinald from 9 a.m. to noon at the Cultural Center, 127 Dal Hall Blvd. For information call Dan Daszek at 465-7730.

■ **Military Officers Association of America (MOAA)** - South Central Florida Chapter Board meets at 9:30 a.m. on the first Saturday at the Military Sea Services Museum on Kenilworth and Roseland. The monthly members luncheon is on the third Saturday of each month at noon (except holidays). Location is at Kenilworth Lodge. For further information call Roy Whitton at 465-7048.

■ **Military Order of the Purple Heart Chapter 601** meets at noon on the first Saturday at Sunrise Restaurant. All recipients and wives of the Purple Heart are welcome. Call 471-9190 or 465-7074 for details.

■ **Narcotics Anonymous New Day Group** meets at 7 p.m. at First Presbyterian Church, 319 Poinsettia Ave, Sebring. For information call Heartland area helpline (863) 683-0630. More information on other meetings and events at [www.nafheartland.org](http://www.nafheartland.org).

■ **Overeaters Anonymous** meets at 10:30 a.m. at First Presbyterian Church, Oak Street, Lake Placid. For more details, call 382-1821.

■ **Paratrooper** breakfast every first Saturday of the month at 9 a.m. at Bob Evans. Call John Schumacher at 382-8648.

■ **Scleroderma Support Group** meets on the second Saturday in January, March, May, July, September, and November for lunch at rotating restaurants. Call 452-2968 for meeting location.

■ **Sebring Eagles Club 4240** serves dinner from 5-7 p.m. at the club, 12921 U.S. 98, Sebring. Music is from 7-10 p.m. For details, call 655-4007.

■ **Sebring Moose Club 2259** offers line dancing lessons at 2 p.m. the first and third Saturday for members and guests at 11675 U.S. 98, Sebring. For details, call 655-3920.

■ **Twelve Step Study Group for Adult Children of Alcoholics** meets at 11 a.m. first and third Saturday, at first building south of Union Congregational Church, 105 N. Forest Ave., Avon Park. Parking available south of old church.

■ **Veterans of Foreign Wars Post 3880**, 1224 County Road 621 E., Lake Placid. Laides auxiliary dinner from 5:30-7 p.m. on the first Saturday of each month. For more details, call 699-5444.

■ **Veterans of Foreign Wars Post 4300** serves a meal for \$6 from 5:30-7 p.m. and music is from 6-9 p.m. at the post, 2011 SE Lakeview Drive, Sebring. Call 385-8902.

**Lake Placid** has lounge hours from 1-9 p.m. Live music is from 5-8 p.m. For details, call 465-7940.

■ **American Legion Post 74** open 1-8 p.m. Happy Hour 4-6 p.m. Members and guests only. Post is at 528 N. Pine St., Sebring. Call 471-1448.

■ **Lake Placid Elks Lodge 2661** lounge is open from 1-7 p.m. Card games start at 1:30 p.m. The lodge is open to members and their guests. For details, call 465-2661.

■ **Lake Placid Moose** has karaoke in the pavilion. Horseshoes played at 9:30 a.m. Food available at 4 p.m. Open to members and qualified guests only.

■ **Loyal Order of Moose**, Highlands County Lodge No. 2494, 1318 W Bell St., Avon Park. Cards start at 4 p.m. Music outside Tiki Hut at 3 p.m. Lodge phone number 452-0579.

■ **Overeaters Anonymous**, meets from 4-5 p.m. in second floor conference room No. 3 at Florida Hospital Heartland Medical Center, 4200 Sun 'N Lake Blvd., Sebring. For details, call 382-7731. No dues, fees or weigh-ins. For details on the organization, go to [www.oa.org](http://www.oa.org).

■ **Ridge - Area Missionary Soldiers Avon Park Pathfinder Club** meets from 9 a.m. to noon every first and third Sunday at 58 E. Sixth St., Avon Park. For details, call 471-2143.

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■ **American Legion Post 25**

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# RELIGION

## Snapshots

### Heartland Pops to give free Fourth of July concert

AVON PARK — The Heartland Pops Concert Band is pleased to announce their participation in the Avon Park Fourth of July celebration with a free concert in the Grogan Center of Our Lady of Grace Catholic Church, 595 East Main St.

The concert is sponsored by the Avon Park Jaycees in cooperation with the Avon Park Chamber of Commerce.

The concert begins at 6:30 p.m. and will conclude in time for everyone to view the fireworks display sponsored by the Avon Park Jaycees.

This year marks the 235th year that America will celebrate their independence.

The Heartland Pops will salute America with a "Red, White and Blue Musical

Tribute" featuring selections honoring American composers and arrangers.

The band will also spotlight vocal soloists Laura Wade and Daniel Burke singing several patriotic selections.

### Vacation Bible School at St. John

SEBRING — An exciting week is promised children ages 3-12 who attend Vacation Bible School at St. John United Methodist Church. This year's theme is "Big Jungle Adventure, A Faith Journey with Jesus," which will be held each day July 18-22 from 9 a.m. to noon. Daily activities will include games, crafts, music, Bible stories and a light snack, all at no cost.

St. John United Methodist Church is at 3214 Grand Prix Drive (behind Wal-Mart) in Sebring. Call 382-1736 to register or receive information.

## Church News

Continued from page 7B

"Noah Found Grace" from the book of Hebrews in the Sunday morning worship service. Children's church and a nursery are available. Lunch will be served at 1:30 p.m. There will be a worship service at 1:30 p.m.

The church is at 379 S. Commerce Ave. For information call 385-0752.

### The Way Church

SEBRING — "Church Leadership" is the title of Pastor Reinhold Buxbaum's message with Scripture from I Timothy Chapter Three.

Plans are under way for Vacation Bible School July 25-29.

The Way Church is at 1005 North Ridgewood Dr., Sebring. Church phone is 471-6140. Pastor's cell is 214-6190. For church information and the pastor's messages go to [www.thewaychurch.org/](http://www.thewaychurch.org/).

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# DIVERSIONS



Dreamworks/SKG

The robots battle it out again in the latest 'Transformers' movie.

## Latest 'Transformers' is another loud bruiser

By DAVID GERMAIN  
AP Movie Writer

To his credit, Michael Bay does try to put more human touch into "Transformers: Dark of the Moon," aiming to make up for the clattering mess of overgrown kitchen appliances that duked it out in the franchise's last installment.

Bay went to the far side of the moon and even to planet Vulcan, enlisting John F. Kennedy, Richard Nixon, Neil Armstrong, Buzz Aldrin and Mr. Spock in search of the human face of the "Transformers" universe.

And he came back with another loud, long, bruising and wearisome onslaught of giant, shape-shifting robots. The human element arises largely from archival footage involving the 1960s moon race, along with images that may disturb younger kids as a succession of screaming, scrambling humans are vaporized by the 'bots like insects in a bug zapper.

In 3-D, too, so you get to wear those clunky glasses for the franchise's longest movie yet.

It really felt like people didn't matter in 2009's "Transformers: Revenge of the Fallen," a mega-blockbuster despite being little more than a turgid assemblage of computer-generated machine parts thrashing about.

So Bay and his collaborators set out to show the flesh-and-blood consequences in the war between the benevolent Autobots and their evil counterparts, the Decepticons.

But human consequence in a Bay flick means more shots of Shia LaBeouf belting while he and his pals get battered around amid the mayhem. The action sequences drag on and on, and while the stunts and digital imagery are even more dazzling than the visuals of Bay's first two "Transformers" tales, it all flies by in such frenzy that it remains a challenge to figure out who's who, which robot is which, and what machines you should be rooting for.

It's a thin line between the idiotically incomprehensible "Revenge of the



### Movie Review

#### 'Transformers:

#### Dark of the Moon'

**Rating:** PG-13 (intense prolonged sequences of sci-fi action violence, mayhem and destruction, and for language, some sexuality and innuendo)

**Running time:** 154 minutes

**Review:** ★★ (of 4)

Fallen" and the merely incomprehensible of "Dark of the Moon."

Unlike "Revenge of the Fallen," part three actually has a plot, or at least starts with one before the movie lapses into nonsense. Returning screenwriter Ehren Kruger weaves in a 1960s prologue as NASA tracks the crash of an alien ship on the moon, prompting Kennedy to order a salvage mission under cover of his call to beat the Russians to the lunar surface (along with Kennedy, the prologue features archival footage of Nixon and moon walkers Armstrong and Aldrin, the latter also turning up in a cameo as himself in present times).

The crashed vessel carried technology that was the last hope of the Autobots in their losing battle against the Decepticons on their home world. It also carried the leader of the Autobots, Sentinel Prime (voiced by Leonard Nimoy, who also is seen briefly as Vulcan Spock from a "Star Trek" episode as Paramount Pictures forges a strange marriage of its two big sci-fi franchises).

Sentinel Prime is revived by his protigi and successor, Optimus Prime (again voiced by Peter Cullen), and the two lead their scant Autobot forces and human allies against Decepticon leader Megatron (Hugo Weaving) in the race to recover the lost technology.

Earth's fate is again in the balance, with LaBeouf's Sam Witwicky naturally at the center of things. Bay cast out Megan Fox as Sam's girlfriend, replacing her with new romantic interest Carly (Victoria's Secret model Rosie Huntington-Whitely, who makes a laughably titillating, skin-bearing entry into the movie, reminiscent of Fox's introduction in the last one).

Like Fox, Huntington-Whitely is never expected to do more than look hot while in deathly peril in the clutches of hulking robots, so in that regard at least, her big-screen debut is a success.

LaBeouf is reunited with Josh Duhamel and Tyrese Gibson as leaders of the human strike forces, along with John Turturro as a former government operative who jumps back into the battle.

Some genuine humor arises early on, courtesy of John Malkovich as Sam's quirkily autocratic new boss and Frances McDormand as a supremely capable but by-the-book intelligence chief (hearing Academy Award winner McDormand state with conviction that "it's some sort of prototype Autobot technology" is a natural giggle).

Alan Tudyk provides a few laughs as Turturro's unstable assistant, while Patrick Dempsey manages at least one chuckle as Carly's wealthy boss, a guy who talks up the need to "liaise" with the humungous robots.

As they always are, Kevin Dunn and Julie White are annoying as Sam's parents, whose roles serve no purpose this time and could have been jettisoned to save precious time.

Whatever humor the movie offered fades as Bay ratchets up the relentless action, the battles grinding on so long that the motion and noise turns numbing (the mind really can wander during all this ruckus; stare long enough at some of the Decepticons' flying machines and they oddly start to resemble jumbo shrimp).

The 3-D images generally are crisp, avoiding the blurriness that has spoiled some 3-D tales.

## Constant state of fear around men is abuse victim's legacy

**Dear Abby:** I'm writing because I'm afraid I will never be able to have a normal, healthy relationship with a man. Until recently, I was the victim of a physical, verbally and sexually abusive father. Now I find myself unable to speak around even the most non-threatening boy.

At even the slightest hint of aggression or anger I flinch and run away. I'm afraid I will never escape the shadow of what he did to me. What should I do?

— *Shy and Battered in New Jersey*

**Dear Shy and Battered:** For you to move from victim to survivor will take professional help. Few people are able to completely overcome the abuse you have experienced on their own. A good first step would be to contact R.A.I.N.N., the Rape, Abuse and Incest National Network. Its website is www.rainn.org and its toll-free phone number is 800-656-4673. The counselors there can guide you in finding help to repair your life.

Men like your father belong behind bars, where they can't hurt helpless children. If he would sexually and physically abuse you, no child is safe around him. If there are minors still living with your parents, the police should be notified about what he did to you so they can be rescued.

**Dear Abby:** I have been happily married for six years. My husband is kind, caring and honest. Our only problem involves jewelry. I'm not very good at wearing my wedding ring every day. I can be forgetful and clumsy, and I have misplaced it,



Dear Abby

almost dropped it down the drain, etc. I have tried wearing it around my neck, but it just gets in the way.

My husband wears his ring every day and says he doesn't mind if I don't wear mine because he trusts me. My problem is other people. My co-workers are suspicious. My family thinks it's "strange." Men have hit on me, and when I politely told them I'm married, they became angry and asked where my ring is.

Abby, I don't do or say anything to lead people on, and I often mention that I'm happily married. I'm becoming frustrated and have even considered getting a tattoo on my ring finger so that people know I'm married. My husband says not to let it bother me; that he doesn't care about what others think. Any suggestions?

— *No Ring on It, Columbia, Mo.*

**Dear No Ring on It:** I do not recommend getting your finger tattooed to allay your co-workers' suspicions or because some fool becomes angry that you don't welcome his advances. My recommendation is to listen to the secure, mature man you married and stop worrying so much about what other people think.

**Dear Abby:** My wife makes snarky comments to

our extremely nice daughter-in-law.

Our son finally had enough and has issued an ultimatum to his mother: Either change her ways or she won't be able to see their child.

Our first grandchild is due soon. Has our son gone too far? What can this grandpa-to-be do when Grandma-to-be claims she "doesn't care," even though I know she's lying to herself?

— *Not Fair to Me in San Jose*

**Dear Not Fair to You:** Has your son said that you won't be welcome to visit your grandchild? If not, I'm sure you will be welcome minus his mother. I respect your son for drawing the line and insisting his wife be treated with respect, which his mother hasn't been doing.

Because you can't control her behavior or her mouth, invest in cartons of tissue because I predict she'll be needing a lot of them when the baby arrives and she's sitting by herself, persona non grata.

*Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Write Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069. What teens need to know about sex, drugs, AIDS and getting along with peers and parents is in 'What Every Teen Should Know.' To order, send a business-sized, self-addressed envelope, plus check or money order for \$6 (U.S. funds) to: Dear Abby - Teen Booklet, P.O. Box 447, Mount Morris, IL 61054-0447. (Postage is included in the price.)*

## SUDOKU

		2	3					6
	1					9		
	8			7				5
	3			8				
	2	9						8
7					1			9
	5			2	9			4
	6	3						
	9			5		8		1

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1	2	3	4	5	6	7	8	9
2	3	4	5	6	7	8	9	1
3	4	5	6	7	8	9	1	2
4	5	6	7	8	9	1	2	3
5	6	7	8	9	1	2	3	4
6	7	8	9	1	2	3	4	5
7	8	9	1	2	3	4	5	6
8	9	1	2	3	4	5	6	7
9	1	2	3	4	5	6	7	8

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## REMOVE ACCESSORIES

Don't wear jewelry or fake nails while cooking. Remove all rings, bracelets and wristwatches. They can harbor bacteria and contaminate food, says Bruce Staebler, a certified executive chef and former head of the kitchen at Saint Agnes Medical Center in Fresno, Calif. As for fake nails, they can fall into food, he says.

## WASH HANDS

Wash your hands often and properly. Wash them before preparing or serving food, and after touching raw meat, poultry, seafood and produce, Staebler says.

When washing hands, rub soap into them for 15 seconds before rinsing off, Hudson says. Washing your hands for that long "will kill the bacteria," she adds. "If you shorten that time frame, it only makes the bacteria stronger." Also, if you wash your hands according to these guidelines, anti-bacterial soap is not necessary, she says.

## WASH PRODUCE, NOT MEATS

Wash your fruits and veggies, but not your meats. The CDC recommends washing all produce under running water before prepping or eating. Use a brush to scrub off any stubborn dirt, Staebler says.

Keep the running water at about the same temperature as the produce, Hudson says. "Any severe change in temperature opens up the skin (of fruits and vegetables) and allows the bacteria to absorb into the skin."

By contrast, Hudson doesn't recommend washing meat, especially chicken. "With chicken, there's a lot of salmonella," she says. "People rinse their chicken and they contaminate their sinks. All you're doing is spreading the salmonella around your kitchen." If you cook meat to proper internal temperatures, the heat will kill salmonella that may have been on the surface.

## CHECK THE TEMPERATURE

Cook all types of poultry to 165 degrees. "Combination foods," such as frozen lasagna and other prepared dishes to be reheated, also should reach 165 degrees for 15 seconds, she says. All types of ground meat (excluding poultry) need to reach 155 degrees. And cook seafood, steaks, pork chops and eggs (poached, scrambled or fried) to 145 degrees.

## SANITIZE

Clean and sanitize. Here's a typical scenario: A home cook slices poultry or meat on a cutting board, transfers the meat to a plate, then washes the board with soap, water and a sponge before

## Reduce your chances of getting sick with these food-handling tips

BY JOAN OBRA  
McClatchy Newspapers



If you follow the news about foodborne illnesses, you might wonder about the safety of our meats, fruits and vegetables.

There's good news and bad news. First, the bad: About 76 million cases of foodborne illnesses occur each year in the United States, according to the Centers for Disease Control and Prevention. Taken together, foodborne illnesses result in 325,000 hospitalizations and 5,000 deaths yearly.

Here's the good news: The majority of cases are mild, according to the CDC. Also, improper food handling causes many cases of foodborne illness. That means you can take steps to protect yourself, says Molly Hudson, a food-safety instructor in the Institute of Technology's culinary program in Clovis, Calif.

To minimize your chances of falling ill, we've collected these food-safety tips used in commercial kitchens.

using it to chop vegetables. Does this prevent the spread of bacteria?

No. The sponge cleaned the cutting board but didn't sanitize it.

There's a difference between cleaning and sanitizing, says Don Waddell, the culinary division director at the Institute of Technology in Clovis.

"Cleaning means wiping off visible debris," he says. "Sanitizing reaches the microscopic level."

Sanitizers include Clorox Anywhere Hard Surface daily sanitizing spray or Lysol Food Surface Sanitizer. Neither is appropriate for wooden cutting boards, but plastic ones are OK.

Follow this method of preparing food if you have only one cutting board: Slice bread (or other shelf-stable items) on the board, and transfer to a plate. Then cut cleaned fruits and vegetables on the board, and set them aside on a plate. Wash the cutting board, knives and sink with hot soap and water, spray with sanitizer and let them air dry. If raw produce touched the counter, clean and sanitize that as well. Then cut all of your meats and seafood, set them aside on a plate, and clean and sanitize every-

thing again.

All of this cleaning in the middle of food prep can get unwieldy when you're pressed for time. It's easier to keep two cutting boards and knives for each board.

"Just remember to put protein on one cutting board, veggies on another," Staebler says. "Then turn the veggie one over and slice bread."

You'll still have to wash your hands and sink (and countertops, if raw, perishable food touched them) in the middle of prep. But if you keep the cutting boards and knives separate, you can skip cleaning and sanitizing them until you're done.

For the final cleaning, use the dishwasher to sanitize plastic cutting boards. Just be sure to run the high-heat rinse and high-heat dry cycles, Hudson says. The energy-saving settings won't be hot enough.

Also clean and sanitize countertops after each cooking session. And don't forget the sponges. Dampen them with water, then microwave each of them for 20-30 seconds at high heat. Zap them one at a time to prevent fires, Hudson says.

## STORE SAFELY

Store food properly. This advice from the CDC is a no-brainer: Keep produce meant to be eaten raw separate from other raw foods.

As for cooked food, it should be stored below 41 degrees within two hours. That's because bacteria thrives in a "danger zone" of 135-141 degrees, Hudson says. There's also a "rapid growth zone" for bacteria, which is 125-170 degrees.

"If you get out of the danger zone within two hours," she adds, "you'll have a better chance of slowing down the growth."

Given this advice, you never should place a large pot of steaming food directly into the refrigerator or freezer, Staebler says. In addition to heating up the surrounding space, it won't cool quickly enough. Instead, spread the food onto a shallow pan to help it cool faster.

Refrigerate after the steam disperses.

To store the pot itself, first cool its contents to 70 degrees, Hudson says. Place the pot in a sink filled with ice water, stir its contents, check its temperature with a thermometer and refrigerate. To freeze, transfer cooled food to smaller containers. Label the containers with the date and contents, then store and eat within three to six months (or sooner, if a recipe tells you to).

## THAW SAFELY

Thaw frozen food in the refrigerator.

But if you're in a pinch, thaw a container under cold, running water, Staebler says. Once you've thawed the food, eat it within three days for optimum safety. The same goes for refrigerated leftovers.

And when serving, it's best to discard perishable food after four hours at room temperature. If you'd like to save leftovers, then refrigerate within three hours. But if you're serving in hot weather, such as a picnic, then throw away all leftovers.

Use common sense. "When in doubt, throw it out," Staebler says. "If people would just use common sense, they probably would eliminate 80 percent of foodborne illness in the home."

