



HEATHER LINDSAY IS RUNNING FOR MAYOR | A3



PINE TERRACE BAPTIST CHURCH SERVES THE COMMUNITY | B1

Santa Rosa's Press **Gazette**

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75¢

City to spread teen suicide prevention awareness

By Kevin Boyer

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MILTON – City council is exploring ways to spread awareness on teen suicide prevention. At the Oct. 1 executive meeting council presented an idea on bringing a program to the city to help address the issue.

City Manager Randy Jorgenson said that a member of the council had approached him about this idea.

“We have begun to research the issue to find resources of information on the subject



Johnson



Jorgenson

matter,” Jorgenson said in his council agenda statement. “[We] identified an organization to assist the community in combating this social problem.”

Jorgenson presented the council with information on the program Society for the Prevention of Teen Suicide. According to the program’s

website at www.sptsusa.org, two people who lost friends to suicide formed SPTS in 2005. The website says they formed this group in part because they were surprised to learn suicide was the third leading cause of death to youth in America at the time.

Currently, according to SPTS, suicide is the second leading cause of death between the ages of 10 and 24.

Council referred the issue to the Leadership, Education, Activities, Programs (LEAP) Committee, headed by Councilwoman Mary Ellen Johnson for further development.



Contact the City Manager's Office at 983-5411 to learn more about the Milton City Council's Feb. 23 meeting. [FILE PHOTO]

‘Music literally saved my life’

Guitars for Vets addresses PTSD with learning to play

By Ramon Rios

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MILTON – Mark Harris served in the United States Marine Corps for eight years. He completed one tour in Al Asad Iraq. When he returned he was diagnosed with Post Traumatic Stress Disorder (PTSD). Learning to play guitar has changed his life and he wants to share the skill with other veterans.

“Twenty-two veterans commit suicide every day because they suffer from PTSD,” Harris said.

By definition, PTSD is a condition of persistent mental and emotional stress occurring as a result of injury or severe psychological shock, typically involving disturbance of sleep and constant vivid memories of the experience, with dulled responses to others and to the outside world.



Mark Harris works at A Joyful Noise music store in Milton. He is also a representative for the Guitars for Vets program. [RAMON RIOS\SRPG]

See **VETS**, A6

The Learning Academy, an alternative for struggling students

By Ramon Rios

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MILTON – There is a choice in education for students needing academic help or having behavioral issues in public school. It is the Learning Academy of Santa Rosa. The school, under principal Kara Whitney-Lay, accepts students in 6th through 12th grade. “They come here to learn,” Whitney-Lay said.

Half the students attend by choice due to falling behind academically, being academically delayed, or having trouble passing standardized

tests. Referred students attend for academic reasons and disciplinary issues.

Most of the students are impoverished in some form, according to Whitney-Lay. A person can be poor financially as well as poor, for example, in the way of manners. She said many of her students did not know their behavior was inappropriate. They have not been taught.

The school focuses on getting these students a plan for their lives to make them feel they have some control. The Learning Academy does this through education, discipline, direction and

tough love, according to Whitney-Lay.

“If they take two credit-recovery courses and don’t make it, the Learning Academy can help them,” Whitney-Lay said. The school labs help teach to the individual student and can teach to specific areas of concern, she said.

The school has strict rules. “We don’t do phones, or tablets,” Whitney-Lay said. “Social media is of the devil. They check all that stuff in, in the mornings, so there is no drama throughout they day.”

See **ACADEMY**, A6



Principal Kara Whitney-Lay stands in front of classrooms built last year at the Learning Academy in Milton. [RAMON RIOS\SRPG]

COMMUNITY

OBITUARIES

DONALD LEE JEFFRIES

Donald Lee Jeffries of Pace passed away, Wednesday, September 26th at Sacred Heart Hospital in Pensacola. He is preceded in death by his parents Olen and Harry Jeffries, his wife Zonia Jeffries, his sister Marcia Powell, his brother Clarence Dumas, and his son-in-law Buddy Gay. He is survived by his son Don (wife Dana) of Navarre, his daughter Susan of Pace, and grand children: Lee, Carlie, and Nicholas (wife Cindy), many nieces and nephews and many good friends.



recognition or praise. He will be missed by everyone blessed to know him.

Funeral arrangements will be held at Lewis Funeral Home, Milton Chapel, 6405 Highway 90 West, Milton, Florida on Saturday October 6, 2018 at 12:00 noon. Donations in his memory can be made to the American Cancer Society and the Wounded Warrior Project.

Don was a well decorated Vietnam Veteran, and a beloved husband and father. His jokes were legendary, his smiles were infectious, and his laugh was contagious. His compassion and benevolence to those in need were done without need of

CORRECTIONS

The Press Gazette strives for accuracy. If you have a correction or clarification, please call 623-2120 or email news@srpressgazette.com from 8 a.m. to 5 p.m. weekdays.

BRIEFS

Press Gazette staff

MILTON — Here's a look at upcoming events in Santa Rosa County and surrounding areas.

UPCOMING

Upcoming Imogene Theatre shows

MILTON — Upcoming performances at the Imogene Theatre, 6866 Caroline St include veteran of country music Collin Raye and southern soul artist David Brinston. Purchase tickets online at www.theimogenetheatre.com/buy-tickets-online. See below for other Imogene Theatre events.

Harry Potter-themed trivia

When: 7 p.m., Oct. 6
Age limit: 14 years old
Cost: free
Register: the Imogene Theatre Facebook page
Collin Raye
Doors and showtime: 7 p.m. and 8 p.m., Oct. 13
Tickets: \$45 presale
Ghost Walk
When: 6 p.m., Oct. 26
Cost: free

NICU Reunion

PENSACOLA — The Studer Family Children's Hospital at Sacred Heart invites former patients and families of its Neonatal Intensive Care Unit (NICU) to the annual NICU reunion on Saturday, Oct. 6 from 9:30 a.m. to 1:30 p.m.

Call for vendors

NAVARRE — Craft vendors are needed for the upcoming 2018 Navarre Car, Truck, Bike & Craft Show on Oct. 13 at Navarre High School. This one-day event brings motorized exhibits and visitors from across north Florida. Last years show had 140 exhibits.

The crafter entry form is available at www.navarre-carshow.com. The entry fee is \$35 payable by check or PayPal. The craft space is 10-by-10. There is no electricity available on site.

The Pirates on the

Panhandle are hosting the show to benefit Navarre High School and other Pirate charities in the community.

For details, visit www.navarre-carshow.com or contact Connie Jones at 850/939/7964.

Munson School Reunion

MUNSON — From 10 a.m. to 3 p.m. Oct. 18 the annual Munson School reunion will take place at the Bear Lake Recreation Area pavillion off Highway 4 in Munson. Bring a covered dish. For details, call 957-4082.

LEAD Academy FFA Harvest Celebration and Rodeo

CHUMUCKLA — LEAD Academy Classical School is pleased to announce the addition of a PCA Rodeo to their Annual Harvest Celebration, Nov. 16, and 17. The Rodeo is at Chumuckla Horse Arena 5976 Chumuckla Highway, Pace, adjacent to West Florida Soccer Club.

Relay for Life

MILTON — The signature fundraiser for the American Cancer Society, Relay For Life for the Milton and Pace area takes place 6 p.m. to midnight Nov. 16 at the Pensacola State College Milton campus, 5988 Highway 90. For more information or to register visit www.RelayForLife.org/miltonpacefl. You can also contact Gina Bitetti at gina.bitetti@cancer.org or call 404-329-5113.

Pensacola Coast Guild Auxiliary Vessel Safety Check

MILTON — The Pensacola Coast Guild Auxiliary is holding a free vessel safety check on September 22 from 8 a.m. to 11 a.m. at Mahogany Mill Boat Ramp in Pensacola. This is open to the public, covering all types of boats. Boats satisfactorily completing the check will receive a decal. There is no penalty if a boat does not pass according to the guild. For information call 850-626-5927

WHAT'S HAPPENING

MILTON — *Upcoming Santa Rosa County events and activities are as follows.*

ANNOUNCEMENTS

FLU SHOTS: MILTON — The Florida Department of Health in Santa Rosa County is now offering flu shots by appointment at the Milton location at 5527 Stewart Street.

The fee is \$32 and is covered by Medicare, for those who are eligible, as well as some other insurance plans. Vaccine is also available free of charge for children 6 months through 18 years of age through the Vaccines for Children Program. The quadrivalent vaccine offers protection against four strains of the flu. To make an appointment, call 983-5200, between the hours of 8 a.m. and 5 p.m., Monday through Friday.

MILTON EAST STAR: Seeking craft and food vendors for the 4th annual Christmas Fair sponsored by the Milton Eastern Star Chapter on Nov. 10 at the Santa Rosa Masonic Lodge in Milton. Indoor and outdoor locations are available. For more information call 623-4066.

DRUG ADDICTION HELP: Narconon reminds families that the opiate problem in the U.S. is continuing to worsen and it's more important than ever to know and understand the signs and symptoms of an opiate overdose. To learn more about how to identify the signs and symptoms of opiate abuse, go to: <http://www.narconon-suncoast.org/blog/how-to-recognize-signs-of-an-opiate-overdose.html>

Narconon can help you take steps to overcome addiction in your family. Call today for free screenings or referrals at 1-888-824-1621.

ADDICTION TREATMENT CENTER NOW ACCEPTS CIGNA INSURANCE: The Friary at Lakeview Center is now accepting Cigna Insurance for services. The Friary accepts many other health insurance plans including TriCare, and authorization for services is based on medical necessity.

Addiction treatment is not something that an individual or family should ignore. The Friary admissions team is striving to

help the community by working with clients to determine their coverages and offer options when insurance won't fully cover treatment.

A confidential assessment can be arranged at any time by calling 850-932-9375 or toll free 800-332-2271. Visit www.TheFriary.org to learn more about services.

UPCOMING:

PACE AREA CHAMBER OF COMMERCE: 12 p.m. Oct. 3 the Pace Area Chamber of Commerce will hold its monthly networking luncheon at the Cutting Board at 5701 Highway 90. Attendees pay for their own meals. Door prizes are always welcome. Please RSVP for the purposes of an accurate head count. Call 994-9633.

JAPANESE U.S. MILITARY PROGRAM: 1 to 4 p.m., Oct. 6 the Japan-America Society of Northwest Florida's Japan-U.S. Military Program (JUMP) event takes place at the National Naval Aviation Museum. The program includes distinguished speakers, cultural entertainment, and a reception on the flight deck of the USS Cabot.

JUMP's goal is to continue to nurture the friendship between the two nations. This event is open to the public and free. RSVP by calling (850) 602-7049.

MILTON GARDEN CLUB MONTHLY MEETING AND PROGRAM: 9:30-11:30 a.m. at the Milton Event Center, 5256 Alabama St. Milton Garden Club's next meeting will be on Oct. 16, the third Tuesday in October just this one month, usually the second. The program will on gopher tortoises. Coffee and social starts at 9:30 a.m., program at 10am and business meeting to follow. Everyone is welcome! It is free and open to the public.

MUNSON SCHOOL REUNION: 10 a.m. Oct. 18 at Bear Lake Recreation Area Pavilion. Bring a covered dish. For information call 850-957-4082.

COMMUNITY EMERGENCY RESPONSE TEAM TRAINING OFFERED: The Navarre Community Emergency Response Team (CERT) will conduct basic FEMA certification training at the Holley-Navarre Fire Station #45 Oct. 19-21 and 26-28. Training is free and

available for any adult citizen 18 or over, teens 14 and older can take the training with parental consent. No special skills or experience are required. Completion of the class does not create any obligation to become part of Navarre CERT but does qualify the graduate to be part of any Community Emergency Response Team in the country. To register go www.navarre-cert.org and fill out the online training registration. Attendance at all six sessions is required to become certified and pre-registration is required. For more information, visit our web site, email us at training@navarre-cert.org or call (850) 939-6973.

RECURRING TAKE OFF POUNDS SENSIBLY: TOPS meets Tuesdays at 4709 Keyser Lane, Pace. Weigh in 8:30-9:45 a.m. Meet 10-11 a.m. Details: 1-800-932-8677.

SANTA ROSA COUNTY WRITER'S GUILD: 3:45-5:45 p.m. Tuesdays at the Guy Thompson Community Center, 5629 Byrom Street Milton Poet Laureate Marc Livanos' poetry night includes open mic, free-verse workshops, poetry contests with prizes, author events and refreshments.

AZALEA GARDEN CLUB OF PACE: 12:30 p.m. to 3 p.m. every month on the second Monday, Sept. through May the club begins with a meet-and-greet, then at 1 p.m. the program and general meeting begin. Guest are always welcome. The location for the meeting is the Pace Fire Department Conference Room, 4773 Pace Patriot Blvd. For more information, call Jean at 380-2256.

Sept. 10, the club will host guest speakers from the Francis M Weston Audubon Society and will discuss this area's wintering birds.

CENTRAL SANTA ROSA REPUBLICAN CLUB: 5:30 p.m. meal and 6:30 p.m. meeting first Thursdays at Grover T's Restaurant, Highway 90 in Pace.

Visitors are welcome. Call 377-3976 between 9 a.m. and 3 p.m. weekdays for more information.
SANTA ROSA BEEKEEPERS ASSOCIATION: 6 p.m. potluck dinner, 7 p.m. meeting on the third Thursday at the Santa Rosa County Extension office, 6263 Dogwood

Drive, Milton. Visitors are welcome. Details: Clarence Prater, president, 623-776-7018, or Sandy Ashby, vice president, 529-5770.

BEREAVEMENT SUPPORT: 11:30 a.m. to 12:30 p.m. second and fourth Fridays at the Navarre Library, 8484 James M. Harvell Road. All materials are provided; there's no charge to attend.

GULF COAST CALLIGRAPHY GUILD: meets monthly on the second Saturday of the month from 9 a.m. to noon. call 995-7056 for details and further information.

CONTINUING EDUCATION: Need a few credits to earn your high school diploma? Santa Rosa Adult School offers adult high school completion through earned credits. Classes are provided evenings in Milton and Navarre. Tuition is \$30 per term. Call 983-5710 for details.

FLORIDA TRAIL ASSOCIATION: The Western Gate chapter's activities are free to participate in except as noted. See more details at www.meetup.com/ftwesterngate/
MILTON PIECEMAKERS QUILD GUILD OF MILTON: 9:15 a.m. second Monday of the month, the guild will meet at the Milton library, 5541 Alabama St. The meeting is open to anyone interested in quilting and joining the guild. This is not a library-sponsored event. Call 382-3952 for details.

MILITARY ORDER OF PURPLE HEART: meets 3rd Saturday of every month at 11 a.m. at Hope Church, 3220 Avalon Boulevard, Milton.

MILTON'S POET LAUREATE WORKSHOP: 3:30 to 5:30 p.m. Tuesdays at the Guy Thompson Community Center, 5629 Byrom St., Room 113. Milton poet laureate Marc Livanos will host a poetry workshop for teenagers with probing weekly prompts on issues relevant to their daily lives.

PUBLIC MEETINGS

SANTA ROSA MEETINGS: The following meetings are held in the County Administrative Center boardroom, 6495 Caroline St., in Milton, unless otherwise indicated.

Local Mitigation Strategy Task Force meeting: 9 a.m. Oct. 8



Heather Lindsay for mayor

By Kevin Boyer
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MILTON — Heather Lindsay is currently running for mayor of Milton.



Lindsay was born in Milton and has 23 years experience as a lawyer. She is a past president of Kiwanis Club and member of Impact 100 and Shakespeare Club. Lindsay and her children, Isabelle and Fox Gampner, are members of St. Mary's Episcopal Church, where she has volunteered as a vestry member, lay Eucharistic Minister, Sunday School teacher, and member of the Altar Guild.

Lindsay said she has come from a long line

of public servants. Her mother was a teacher and her father is a lawyer with whom she still practices law today. Her grandfather was on the city council and her great-uncle was a property appraiser.

Lindsay said Milton citizens strongly encouraged her to run for mayor, but she prayed before she made a decision. She said she wants to be an advocate for the citizens of Milton.

"Being a Miltonian means we treat each person with dignity and respect," Lindsay said in a previous email. "We honor our military and our elders, and we cherish our children."

She said she looks forward to providing assistance to the city council and staff in helping Milton move forward. She said she wants to protect the past as well

as focus on provide the present needs and look on future needs.

Lindsay said she encourages the city staff to educate council before council makes decisions. She also encourages council to be good stewards of taxpayer dollars, promoting economic development and preserving public safety with adequate infrastructure investment.

"As Mayor, I would guide discussion so that [all] have a healthy debate while solutions are designed in the best interests of the city as a whole," she said.

She said one of her goals as mayor is to prioritize council's attention of what needs to be done. She said there are many roads that still need to be repaved. She said she is also concerned that a plan needs to be made for the update

to the water waste plant which will be at capacity by 2025. She also wants to bring new businesses that have diverse economy that allows more choices for citizens. Lindsay said she would hold office hours at city hall for citizens to meet with her as well as be willing to meet with her at other times. Lindsay said she feels the mayor should be the voice of the people. "I want to get people engaged. Lindsay said. "It is only when we are engaged that we can build a solid foundation for Milton's future. I look forward to hearing each voice in my beautiful hometown as I campaign to be your Mayor of the City of Milton."

Milton Rhythm & Ribs Festival

By Press Gazette contributor

Milton — Main Street Milton is proud to announce the "Milton Rhythm & Ribs - A Salute to Our Veterans" festival, 10 a.m. to 9 p.m., Nov. 10.

Professional BBQ teams from around the state will compete for cash prizes and awards, and the coveted points for a state and possible national championship. Competitors will be BBQ'ing up their best chicken, ribs, brisket and pork. Jernigan's Landing in Downtown Milton will be full of the sweet smell of slow cooking.

While the competitors sweat it out over their custom travel pits, visitors will be able to enjoy the sounds of "She & The It's", "Swingtown" and "Sizemore." In addition to the live music, The Milton Rhythm & Ribs Festival will feature food, arts and crafts vendors, a kid's zone, beer garden, car show, business expo and much more.

For more information about the festival, or to inquire about becoming a vendor, contact Stephen Prestesater, Main Street Milton Events Coordinator at 850-564-1647 or sprester@miltonfl.org.

In a medical emergency, every minute matters. So, at Santa Rosa Medical Center, you'll find faster care in the emergency room. We work diligently to have you initially seen by a medical professional* in 30 minutes - or less. And, with a team of dedicated medical specialists, we can provide a lot more care if you need it.

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*Medical professionals may include physicians, physician assistants and nurse practitioners. If you are experiencing a medical emergency, call 911.

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OPINION

Kavanaugh – Decision Time – Emotional Nightmare



Glenn Mollette

The time has come for a decision to be made about Brett Kavanaugh's appointment to the Supreme Court. Bad things have been alleged against him and many, many glorious things have been said about him. The Judiciary committee, the Senate and all of Congress are now faced with the decision of what to do with Kavanaugh and that decision is to go forward.

The sexual assault alleged against Kavanaugh is a heinous accusation that no one should ever take lightly. The lack of evidence and support that the accuser has from witnesses and other facts that she cannot present or remember is disconcerting. Not only is it disconcerting there is no enough evidence against Kavanaugh to make a legal case. Kavanaugh's denial and his life of service and commending testimonies from so many who have worked with him throughout the years have weighed heavily in his favor.

Let's face it, almost all of the Democrats will vote against him and the Republicans will vote for him. Amazingly, with all of the rhetoric, testimonies and mud hurled from both sides of this debate it will come down to a decision to be made. Many decisions will simply be made in favor of the President's recommendation and decisions will be made against the President's recommendation. It depends on whether you are a Democrat or Republican.

I like Kavanaugh. I would vote for him. He has a lifelong outstanding record of service. I feel very sorry for his accuser. I hope that she can find emotional healing. She seems to have lived a very productive life filled with educational and career attainments.

It comes down to making a decision. My decision for Kavanaugh is based on substantiated facts. It's a lousy ugly process that seems now to be a part of every national debate. Time and again we are faced with "he said, she said," testimony that is factored into national elections and Supreme Court appointments. It will never go away and will be a part of most of our important elections and other national appointments from here on out it seems.

Rapists, abusers, assaulters should not never be installed in places of such high service as the Supreme Court or even the Presidency. With that being said, we must not ever allow a last minute below the belt punch, which is what some of these accusations seem to be. They are like a last minute hail Mary thrown in hopes that someone somewhere will catch it and run with it to some kind of miraculous victory that otherwise would be impossible.

Joseph was a young man in the Bible who lived an exemplary life. He was accused of rape by Potiphar's wife simply because he refused her advances to sleep with her. She was a scorned woman and was happy for Joseph to spend two years in prison because he refused her sexual advances. Joseph was falsely accused and treated very badly. Eventually he was freed from prison and went on to do great things for the nation of Egypt and his fellow countrymen.

Kavanaugh's not going to jail but he has been through an emotional nightmare. He will go forward to serve our country in a great way.

Glenn Mollette is an American syndicated columnist and author.

ANOTHER VIEW



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GUEST COLUMN

No cards left for Bill Cosby to play



Charita M. Goshay

Last week, the Bill Cosby we all thought we knew was put in prison by the Bill Cosby none of us knew existed.

It has been a jarring thing to learn America's Dad was actually a predator who got off on drugging women to render them helpless.

All the achievements, all the influence, all the history and philanthropy, burned to the ground.

As Cosby was carted away, his publicist Andrew Wyatt declared: "They persecuted Jesus. Look what happened. Not saying Mr. Cosby is Jesus, but we know what this country has done to black men for centuries. So Mr. Cosby is doing fine. He's holding up well, and everybody who wants to say anything negative — you're a joke as well."

Sorry, you don't get to play the Jesus card. Jesus never harmed a living being. As someone noted, Jesus didn't "roofie" the wine he created from water.

On one point, Wyatt is correct: Countless black men falsely have been accused of rape — and worse — for centuries. In Montgomery, Ala., there's a new national

monument bearing the names of some of the nearly 5,000 black Americans who were lynched between the 1800s and 1968.

Wrong place, wrong time

We all know there have been too many instances to count in which black men have been accused falsely. When Susan Smith decided to drown her two young sons in 1995, she tried to pin their murders on a mythical black man. For all of her ignorance, even Smith understood that being a black man in America means people are more than willing to believe he did it.

But you know who actually was innocent like Jesus? Emmett Till, a 14-year-old boy who was guilty of nothing more than being a black person in the wrong place at the wrong time.

So too were James Byrd Jr., Eric Garner, Tamir Rice and Freddie Gray.

So was Medgar Evers.

Trayvon Martin's only crime was wearing a hoodie and being a smart-aleck. How does that warrant a bullet?

Guess who else was innocent? Botham Jean, who couldn't even be black in his own home, where he was killed Sept. 6 by a Dallas police officer who says she mistook his apartment for hers.

Wolf pack

In 1989, America bought into media descriptions of the Central

Park Five as a "wolf pack" that raped and nearly killed a white woman jogger. Among those howling for their execution was the current president of the United States, who took out a full-page ad in the New York Times calling for their deaths. He refuses to admit his mistake.

Wyatt and Cosby don't get to play the race card, however, not after Cosby admitted to drugging women for sex, including the black woman on whom his criminal trial was centered.

Not when a black man is the one who outed his heinous behavior.

Wyatt, who likely has been suspected and feared merely because he's black, needs to save his sympathy for Cosby's daughters, black women whose lives have been ruined. He should reserve it for all the law-abiding black men and boys who can't even drive, walk down a public street or enter an elevator without someone feeling threatened.

No doubt, there are people who are thrilled by Cosby's demise for reasons other than his crime. But a better bet is that most Americans of all stripes were shocked, stunned and horrified that someone they long admired, who embodied family values and who achieved the American dream, has turned out to be nothing more than a woman's nightmare.

Reach Charita M. Goshay at 330-580-8313 or charita.goshay@cantonrep.com.

LETTERS TO THE EDITOR

On Kavanaugh and corrections

Dear editor,
After watching 9 hours of two people's testimonies, the result was the same answers to the same questions regarding all four witnesses including one Dr. Ford describes as her close girlfriend. What was also brought out in the hearing regarding the FBI was the agency only gathers the facts to turn over to those who use them to make any conclusion or determination and ultimately the decision, which in this case is the Senate judicial committee regarding Supreme Court nominees. Yet didn't the FBI gather the facts that FBI director James Comey laid out, made a conclusion or determination, and

ultimately the decision regarding Hillary Clinton's emails and personal internet servers which in that case was the Department of Justice's responsibility and that of a grand jury regarding an indictment on those FBI gathered facts. Just some more improper procedures within the democrat party.

Now to address Presley Harper's concern on my inaccuracy of facts.

Yes, Presley, I stand corrected and it should have read "Bill Clinton was impeached by Congress for lying under oath" but my real focus wasn't on that statement and doesn't change the message. It is also kind of a given that if you lie in that situation you are doing so to obstruct justice

in your favor. But the article you pulled that from was not about Bill Clinton but actually about Congressional and DOJ double standards and the corruption of government. The do as I say not as I do mentality within the democrat party and I'm sure republicans work in there somewhere with that slush fund. I would also like to say that with everything I write if that is the only mistake you found it either says I am very honest with what I write or you are very bad with finding flaws within my numerous writings! So I am very happy you pointed that out to the readers! Thank you.

STEVEN KING
Milton

LETTERS TO THE EDITOR

We welcome letters to the editor. Letters must be typed and may be edited for content or to fit the available space. For a letter to be published, you must sign your name and include your phone number and address so we may contact you for verification, if necessary. Send letters to news@srpressgazette.com or mail them to 6576 Caroline St., Milton, FL 32570.

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Horne is a 'Go-Getter'

By Zoe Linafelt

GULF BREEZE — Danielle Horne has her hands full but doesn't let anything slow her down. She is a maintenance associate at Walmart Neighborhood Market, a wife, and a mother to a 1-year-old boy.

About 30 hours a week, Horne keeps the store spotless and keeps customers happy. She cleans the restrooms, fills paper towel dispensers, wipes down the glass doors in the frozen food aisles, stocks shelves, and makes sure the carts are ready for customers to use. She is known for being ready and willing to help with anything and is sometimes asked to be a greeter or monitor store departments as needed. She often arrives early to work and is willing to stay late if they need help. Aside from being very effective and successful at her job, Horne is devoted to her family and enjoys spending time with her husband and son.

Horne receives services from the Agency for Persons with Disabilities (APD). October is National Disability Employment Awareness Month, and APD is highlighting the workplace achievements of people with disabilities and the employers that hire them.

When asked why she likes having a job, Horne answers, "Because the money and it gives me somebody to talk to and have friends outside of the house." She also enjoys being able to help customers have a good shopping experience. "Elderly people can't get the carts out, so I try to get the carts out for them



Danielle Horne is a maintenance associate at Walmart Neighborhood Market. (CONTRIBUTED PHOTO)

and make it easier for them to shop."

Her supported employment coach, Chandra Walker, describes Horne as being "very ambitious" and "a go-getter." Three and a half years ago, Horne told Walker that she wanted to write her own resume and job application for Walmart. Since starting her job there, she has received the Employee of the Month Award twice (August 2015 and September 2016), earned raises, and achieved her goal of living independently. She worked throughout her pregnancy and only stopped working a week before her son was born, which impressed her supervisors and coworkers.

The store's Customer Service Manager, Desiree Kee, is Horne's supervisor and loves working with her.

"She's a friendly face, she's very quick on her feet, and she's very determined," Kee said. "I'm proud of her, just from when she first started out, like being really shy, not sure about herself, to showing that she is a strong, independent woman, and even through having a child that anything's possible for her."

APD supports people with developmental disabilities to live, learn and work in their communities. The agency annually serves more than 55,000 Floridians with autism, cerebral palsy, spina bifida, intellectual disabilities, Down syndrome, Phelan-McDermid syndrome, and Prader-Willi syndrome. For more information about the Agency for Persons with Disabilities, visit APDCares.org or call toll free 1-866-APD-CARES (1-866-273-2273).

Warrior at sea

Milton native serves aboard Navy warship

By M. Dawn Scott
Navy Office of Community Outreach

MAYPORT, Fla. — A 2015 Milton High School graduate and Milton, Florida, native provides key support as part of combat operations aboard USS Philippine Sea.



Holder

Petty Officer 3rd Class Chris Holder is a Navy gunner's mate aboard the guided-missile cruiser.

A gunner's mate is responsible for repairing, cleaning, and loading weapons.

"The best part of my job is shooting the guns for qualification and to make sure they are working properly," Holder said.

Holder credits success in the Navy to many of the lessons learned in Milton.

"I grew up around weapons and learned to respect the weapon and know the fundamentals," Holder said.

U.S. Navy sailors, like Holder, are stationed both stateside and on the high seas aboard surface ships around the world. Philippine Sea is one of more than 60 ships on the east coast of the United States as part of Naval Surface Forces, U.S. Atlantic Fleet.

U.S. Navy ships are deployed globally, and their presence helps the Navy control the sea. Sea control is vital to project power, secure common areas, deter aggression and assure allies when and where desired.

Due to its extensive combat capability, Philippine Sea is

able to fire Tomahawk Cruise Missiles and other weapons as part of sustained combat operations against targets on and below the sea, in addition to hitting targets hundreds of miles over the land.

The ship is equipped with the Aegis Combat System, which integrates the ship's electronic sensors and weapons systems to defend against anti-ship missile threats. The ship's air search and fire control radar provides continuous search and tracking of hundreds of targets simultaneously.

The crew of more than 400 sailors build a strong fellowship while working alongside each other. The sailors are highly motivated, and quickly adapt to changing conditions as part of a busy life of specialized work, watches and drills.

"There is a vast amount of weapons aboard the ship from guided missile launching systems, gun mounts and other ordnance equipment as well as small arms and magazines we are responsible for," Holder added.

Though there are many ways for a sailor to earn distinction in their command, community, and career, Holder is most proud of receiving a Navy Achievement Medal for perseverance and attention to detail while offloading ammunition.

As a member of one of the U.S. Navy's most relied upon assets, Holder and other sailors know they are part of a legacy that will last beyond their lifetimes, one that will provide a critical component of the Navy the nation needs.

"Serving in the Navy, I get the opportunity serve my country and better protect it through my rate," Holder said.

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October is Emergency Contact Information Awareness Month

Press Gazette contributor

TALLAHASSEE — The Florida Department of Highway Safety and Motor Vehicles and To Inform Families First (TIFF) are recognizing October as ECI Awareness Month and urge residents to register or update their emergency contact information.

ECI is a state-supported, secure system that allows Floridians, with a valid driver license or ID card, to designate up to two emergency contacts. The system may only be accessed by law enforcement and only in the event of an emergency.

“Registering emergency contact information is the first step to providing peace of mind for loved ones,” said DHSMV Executive

Parents should be aware that children as young as five years old are eligible for a Florida ID card and can be registered in the secure ECI system.

Director, Terry L. Rhodes. “Floridians should keep their information updated in the ECI system, so law enforcement can notify contacts immediately.”

The ECI program was first established in Florida in 2006 after Christine Olson tragically lost her daughter Tiffany in a traffic crash. It was several hours after Tiffany’s death before authorities were able to contact Christine. Compelled to save others from the same misfortune, Christine worked with Senator Bill Galvano to create a voluntary program allowing people to submit their

emergency contact information as part of their secure driver license or ID card record.

“Through unimaginable tragedy, Christine Olson selflessly worked to create a program that would benefit all Floridians,” said Senator Bill Galvano. “I am honored to have helped create the ECI program and proud of the service it has provided families over the past 12 years.”

On Oct. 2, 2006, Christine Olson became the first person to register ECI in Florida, creating the first ever ECI program in the nation. Due to its success in Florida, the ECI

program has been replicated in six other U.S. states. As of September 2018, more than 14 million Floridians have registered their information in the ECI system.

“Taking two minutes to register or update your ECI can save you hours of worry, fear and not knowing,” said To Inform Families First President, Christine Olson. “Do it today - your family is counting on you.”

Parents should be aware that children as young as five years old are eligible for a Florida ID card and can be registered in the secure ECI system.

Teens are encouraged to register their ECI as they apply for their driver license or ID card and keep the information updated.

she tells her students.

The school seeks to instill pride in students for what they are doing at the school, according to Whitney-Lay. She wants students to feel accomplishment in graduating. Her first year, three students graduated. Last year, 26 did.

Whitney-Lay is strict and manages with discipline, but describes herself as a Grinch that

turns into Santa Clause at Christmas. When Whitney-Lay became principal seven years ago she gave small bags of candy to students at Christmas to let them know someone cared.

Last year, with the help of Lead Academy, Walgreens, Walmart, CVS and others students received book-bags filled with blankets and

toiletries, socks — the item students requested most — notes from teachers and candy. The school accepts donations throughout the year.

“I’ll be here as long as they’ll have me,” Whitney-Lay said. “I pray that God leads me in the direction that I’m supposed to be in. I feel that there a lot of kids out there that we still need to help.”

ACADEMY

From Page A1

The school does not tolerate bullying. Much of the bullying happens through those electronic platforms, according to Whitney-Lay.

“You get up, you dress up, you look up, you show up,” Whitney-Lay says

FREE HEALTH SEMINAR: Oct. 11

Cognitive Health: Retraining Your Memory

Layla Vise, MS, CCC SLP, Sacred Heart Rehabilitation

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Ask the Preacher

...a weekly paid column answering your questions with Biblical answers about life.

Dear Pastor Gallups, “If everybody from the East were dark colored during the Bible days, where did the white man come from? Did the white man come from a curse put on one of Noah’s sons? Also...Jesus doesn’t have blond hair and blue eyes. Jesus...was so to speak, a black man.”

R.E.J., Milton

Dear R.E.J.,

No, Jesus did not have blond hair and blue eyes and no, Jesus was not a black man either. Jesus was, without question, a Jew. He was Hebrew. When God put on flesh and came to us as a man, he came in Jewish flesh!

The Hebrew race is more “olive” skin tone than either black or white or even brown. Most of the modern day movies and depictions of Jesus attempt to be much more accurate in their portrayal of his more likely appearance.

No, the white race did not come from a curse put on one of Noah’s sons (and, by the way, neither did ANY race come from this “curse.”)

We do know that race is genetically coded. Obviously, the very first man and woman had the genetic code within them for the eventual appearance of all the races. Given ten thousand years of human history and billions and billions of humans that have been reproduced over those years, it is easy to see how these genetic codes would have made their way into actual existence as the various races that we observe today.

The Bible does not specifically address the origin of the races, as such. The Bible simply acknowledges that they are here and assumes that it was in the design of God Himself.

I do know that Jesus said the two greatest commandments are ONE — to love God and TWO... to love each other. What a brilliant way to teach us to love one another than to make us all so “different!” Sadly, many people in the world still have not learned this Biblical lesson and command.

Carl Gallups is the Pastor of Hickory Hammock Baptist Church in Milton. He has a Bachelor of Science Degree from Florida State University and a Master of Divinity Degree from The New Orleans Baptist Theological Seminary. He has been the Pastor of HHBC since 1987. For 10 years he has also served as an International Youth Evangelist for the Southern Baptist Convention, preaching to multiplied thousands all over the U.S. and Canada. For more information about HHBC, call - 623-8959 or 626-8951 or fax, 623 -0197.

If you have a question for ASK THE PREACHER - send it to: ASK THE PREACHER, Hickory Hammock Baptist Church, 8351 Hickory Hammock Rd, Milton, FL, 32583

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NOTICE OF BOOK CLOSING

Supervisor of Elections, Tappie A. Villane, hereby gives Notice that the Santa Rosa County voter registration books will close on Tuesday, October 9, 2018, for registration to be eligible to vote in the General Election that will be held on November 6, 2018.

Regular business hours for the main office located at 6495 Caroline St, Milton are Monday through Friday from 8:00-4:30.

Regular business hours for the South Annex located at 5841 Gulf Breeze Pkwy, Gulf Breeze will be Monday through Friday from 8:00-4:30.

Both locations will extend office hours until 6 p.m. on Tuesday, October 9, 2018.

Anyone with questions or comments should call the Elections Office at 983-1900.

Tappie A. Villane
Supervisor of Elections
Santa Rosa County, Florida

NF-6527898

GUITARS FOR VETS.ORG

2nd Annual Guitars 4 Vets Benefit Concert

November 3rd, 2018

At **Whiskey Runners Saloon**

7-9pm Singer/Songwriters:

Pearl Clarkin, Brooke Brown, Michael Peterson, Trevan Bowman, Mark Harris, Dusty Sanderson, Dylan Brown and Dusty Harwell

9:30pm: **Second Wind**

There will be a raffle for a **Harley-Davidson** and many other prizes. All event donations will go to **Guitars For Vets** to help veterans who suffer from PTSD. A \$5 donation is requested, but not required.

Brought to you by:

98.7 Country, Guitars For Vets, OLIES, Fun City

The 2nd Annual Guitars 4 Vets Benefit Concert scheduled on Nov. 3, at Whiskey Runners Saloon in Pensacola FL.
[CONTRIBUTED PHOTO]

VETS

From Page A1

The condition can afflict anyone that experiences or sees a life-threatening event like a natural disaster, a car accident, sexual assault or — the prevailing reason for veterans — combat.

“The main point of Guitars for Vets is that we get the vets out of the house, jamming and talking to other vets,” Harris said.

Talking and sharing leads to healing, Harris said. Harris still sees a counselor for his PTSD and he is an accomplished guitarist.

Harris works at A Joyful Noise, at 6377 Highway 90 in Milton, and is now a representative for Guitars for Vets. The 2nd Annual Guitars for Vets Benefit Concert will take place at 7 p.m. Nov. 3, at Whiskey Runners Saloon in Pensacola. The concert will feature singer-songwriters performing and jamming together through the night. There is a Harley Davidson 1200 Sportster raffle at 9:30 p.m. Tickets for the concert are \$15; you can purchase them in advance at A Joyful Noise or at Whiskey Runners. Suggested donation for the raffle is \$5.

Jenna Scott from Cat Country 98.7 radio will be master of ceremonies for the event.

The goal of the concert this year is to raise \$10,000 for the Guitars for Vets program. That money is used to buy new guitars for veterans

The goal of the concert this year is to raise \$10,000 for the Guitars for Vets program. That money is used to buy new guitars for veterans once they complete their 10-week guitar lessons program. It costs about \$200 to equip each veteran with a guitar, Harris said. Part of the program involves accepting used guitars, which are repaired then used as practice instruments for veterans. A Joyful Noise is accepting those donations at the store.

once they complete their 10-week guitar lessons program. It costs about \$200 to equip each veteran with a guitar, Harris said. Part of the program involves accepting used guitars, which are repaired then used as practice instruments for veterans. A Joyful Noise is accepting those donations at the store.

There are Guitars for Vets chapters in Milton and Pensacola Harris said. The Milton chapter has guitar lessons every Tuesday at the Imogene Theater at 10 a.m. The Pensacola chapter meets at the VA Hospital on Wednesday’s at noon.

Visit www.guitars4vets.org for more information.

“If you are a veteran suffering from PTSD, call someone you can talk to,” Harris said. “The first couple of years were a struggle. Music literally saved my life. It saves lives; it really does.”



Mark Harris is in the repair room at A Joyful Noise where used guitars are repaired and used as practice instruments for veterans suffering from PTSD. People can donate guitars at the store, 6377 Highway 90. [RAMON RIOS/SRPG]



Mark Harris gets ready to play one of his favorite guitars at A Joyful Noise. [RAMON RIOS/SRPG]

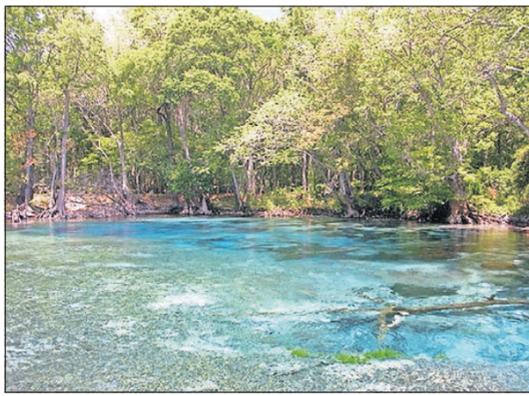
Septic Upgrade Incentive Program aims to improve natural springs

By Press Gazette contributor

TALLAHASSEE — The Florida Department of Environmental Protection is announcing a Septic Upgrade Incentive Program to improve water quality and protect Florida's outstanding springs. The incentive program encourages homeowners to enhance conventional septic systems by adding advanced features to reduce nitrogen pollution.

This Septic Upgrade Incentive Program is designed to offset homeowner costs by providing certified installers and licensed plumbers with up to \$10,000 after the installation of enhanced nitrogen-reducing features to existing septic systems located in targeted areas within eligible counties. This incentive effectively reduces the costs to the homeowner for the septic system upgrades. Designated areas are identified and delineated by DEP as Priority Focus Areas in Citrus, Hernando, Leon, Marion, Orange, Pasco, Seminole, Volusia and Wakulla counties. View the Priority Focus Area map to see if a home location is in an eligible area.

"We encourage homeowners in these Priority Focus Areas to take advantage of this new Septic Upgrade Incentive Program," said Trina Vielhauer, director of DEP's Division of Water



The state's Septic Upgrade Incentive Program aims to improve Florida's water quality and protect springs. [CONTRIBUTED PHOTO]

Restoration Assistance. "Every homeowner who does their part to upgrade a septic system brings us one step closer to our goal of significantly lowering nutrients in Florida's springs."

Eligible enhancements include retrofitting septic tanks with advanced pre-treatment, recirculating aerobic treatment units, or replacing traditional septic tanks with upgraded nutrient-reducing technology. Visit the Florida Department of Health's webpage for more information about onsite treatment and disposal systems.

The incentives are available for payment directly to septic system installers and licensed plumbers retained by homeowners to update existing systems, and must be pre-approved by the department prior to the commencement of work.

Septic system installers and licensed plumbers can find complete instructions regarding how to participate, as well as the application for reimbursement by visiting the Septic Upgrade Incentive Program webpage or calling toll-free 1-866-601-6910.

Since 2011, Governor Rick Scott has invested more than \$450 million in Florida's springs — the highest amount of funding for springs under any Governor in Florida history. In addition, DEP has submitted a plan to the Florida Legislature to invest \$50 million in springs restoration from this year's budget. When leveraged with funding from local partners, this plan proposes a total investment of nearly \$86 million during the 2018-2019 fiscal year. Learn more about the importance of Florida's springs.

PAID ADVERTISEMENT

Harvard Study: Stem Cells Spark a Revolution in Blood Sugar Control

Researchers uncover the potential to regenerate beta cells

Researchers at Harvard announced a quantum leap forward in blood sugar regulation. In a study, the team developed a way to generate virtually unlimited numbers of beta cells, insulin-producing cells in the pancreas, from stem cells.

Runaway blood sugar has become a plague in the United States, and it is largely responsible for creating an obesity epidemic.

But what if you could harness the power of your body to normalize your blood sugar and insulin levels without dangerous drugs, surgeries, or even a doctor's visit?

That's a very real possibility now. The solution for your blood sugar, abdominal weight gain, low energy, and a host of other maladies is already inside you — it lies in the potential of your stem cells.

Stem Cells Boost 'Smart Cells' for Blood Sugar

Blood sugar issues start with insulin-generating bodies known as beta islet cells in your pancreas. These are like "smart cells" for blood sugar. When your blood sugar rises, they release insulin in response. But when your blood sugar drops, they stop. This is how your blood sugar levels stay normal.

However, by about age 30, everything changes. Your body stops generating new beta cells. That means you can no longer keep up with the increased insulin demands. And that's when glucose really kicks in.

But stem cells can change this course because they can become any cell in your body. So potentially boosting your body's own supply of stem cells naturally could be a new way to generate an infinite supply of beta cells, which restore the body's ability to generate insulin and keep glucose in the "safe zone."

Non-drug, At-home Therapy

One doctor has gotten the pulse of the issue. Dr. Al Sears, an anti-aging pioneer and owner of the **Sears Institute for Anti-Aging Medicine** in Royal Palm Beach, Florida, says, "I've pioneered the only non-drug, at-home, stem cell therapy that targets the root cause of blood sugar problems. I've seen the life-changing results in my patients firsthand... and it's now available to the public for the first time ever."

He's on to something big. He's developed a course of nutrients that actually target the



Dr. Al Sears with fellow physician Dr. Oz at the WPBF 25 Health & Wellness Festival held recently in Palm Beach Gardens, Florida.

production of your own body's stem cells — it's called **Recovery Metabolic Rescue**. Since the nutrients that make up this formula enhance your body's stem cell production, there's no rejection of foreign cells. That's been a huge hurdle in the past.

One powerful ingredient of his **Recovery** formulation is turmeric, which was shown in a New York College of Medicine study to help regenerate neural stem cells up to 180% better... resulting in enhanced spinal cord health.

Other studies show turmeric's ability to promote the growth and spread of stem cells, reprogram normal cells into stem cells, and safeguard stem cells from oxidative damage.

Turmeric is just one of the key ingredients added to his stem cell protocol.

Another is a type of cinnamon — but it's not your ordinary spice. Instead, it's a more potent, proven kind of cinnamon known as "ceylon." And its effects on blood sugar are legendary.

In fact, a USDA study found that it was second to none as a single "insulin mimic."

Compared to every other natural herb in the world, cinnamon boosted sugar metabolism in cells by a whopping 2,000%.

A Crossroads in Medicine

Dr. Sears' **Recovery** packs a powerful punch. And it comes at an important crossroads in medicine. Until now, modern medicine treated out-of-whack blood sugar symptoms with harsh drugs... that failed to tackle the underlying cellular cause.

But don't just take his word for it. Here's what James R. had to say: "Like many people,

I have been fighting a combination of concerns.

Blood sugar concerns, blood pressure concerns and volatility in my weight... I had followed Dr. Sears for several years. I had asked my doctor about issues Dr. Sears raises... my doctor dismissed it. Having turned 53, I decided to try the Dr. Sears' path and took a day trip to Florida.

"After three months, my blood pressure is in a healthy range, my A1C is 6.7, and almost every metric improved."

A strong testament to a powerful product.

Recovery for Out-of-Whack Blood Sugar

Right now the only way to get this powerful stem cell boosting **Recovery** protocol is through Dr. Sears.

Consumers should contact the Sears Health Hotline at 1-888-355-0762 within the next 48 hours. "We simply don't have enough supply to get **Recovery** shipped directly to stores," said Dr. Sears. "The hotline allows us to ship the product directly to the customer — the one who really wants it."

Dr. Sears feels so strongly about this product, that he offers a 100% money-back guarantee on every order. "Just send back the bottle and any unused product within 90 days of purchase, and I'll send you your money back," said Dr. Sears.

The hotline will be taking orders for the next 48 hours. After that, the phone number will be shut down to allow them to restock.

Call 1-888-355-0762 to secure your limited supply of **Recovery Metabolic Rescue**. You don't need a prescription, and those who call in the first 24 hours qualify for a significant discount. **To take advantage of this great offer use Promo Code NPGL18OCT8 when you call in.**

STATE OF FLORIDA DEPARTMENT OF ENVIRONMENTAL PROTECTION

NOTICE OF CONSENT ORDER

The Department of Environmental Protection ("Department") give notice of agency action of entering into a Consent Order with the Town of Jay, pursuant to section 120.57(4), Florida Statutes. The Consent Order addresses the exceedances of iron and manganese at Well No.3 and discolored water present in the Town of Jay's potable water distribution system, in Santa Rosa County, Florida. The Consent Order is available for public inspection during normal business hours, 8:00 a.m. to 5:00 p.m., Monday through Friday, except legal holidays, at the Department of Environmental Protection, Northwest District Office, 160 West Government Street, Suite 308, Pensacola, Florida 32502-5794, or the Northwest District Panama City Branch Office, 470 Harrison Avenue, Panama City, Florida 32405.

Persons who are not parties to this Consent Order, but whose substantial interests are affected by it, have a right to petition for an administrative hearing under sections 120.569 and 120.57, Florida Statutes. Because the administrative hearing process is designed to formulate final agency actions, the filing of a petition concerning this Consent Order means that the Department's final action may be different from the position it has taken in the Consent Order.

The petition for administrative hearing must contain all of the following information:

- The OCG Number assigned to this Consent Order;
- The name, address, and telephone number of each petitioner; the name, address, and telephone number of the petitioner's representative, if any, which shall be the address for service purposes during the course of the proceeding;
- An explanation of how the petitioner's substantial interest will be affected by the Consent Order;
- A statement of when and how the petitioner received notice of the Consent Order;
- Either a statement of all material facts disputed by the petitioner or a statement that the petitioner does not dispute any material facts;
- A statement of the specific facts the petitioner contends warrant reversal or modification of the Consent Order;
- A statement of the rules or statutes the petitioner contends require reversal or modification of the Consent Order; and
- A statement of the relief sought by the petitioner, stating precisely the action petitioner wishes the Department to take with respect to the Consent Order.

The petition must be filed (received) at the Department's Office of General Counsel, 3900 Commonwealth Boulevard, MS#35, Tallahassee, Florida 32399-3000 within 21 days of receipt of this notice. A copy of the petition must also be mailed at the time of filing to the Florida Department of Environmental Protection, Northwest District Office, 160 West Government Street, Suite 308, Pensacola, Florida, 32502-5794. Failure to file a petition within the 21-day period constitutes a person's waiver of the right to request an administrative hearing and to participate as a party to this proceeding under sections 120.569 and 120.57, Florida Statutes. Before the deadline for filing a petition, a person whose substantial interests are affected by this Consent Order may choose to pursue mediation as an alternative remedy under section 120.573, Florida Statutes. Choosing mediation will not adversely affect such person's right to request an administrative hearing if mediation does not result in a settlement. Additional information about mediation is provided in section 120.573, Florida Statutes and Rule 62-110.106(12) Florida Administrative Code.

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\$30,000	Santa Rosa's Press Gazette
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\$15,000	Cooper Plumbing
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\$3,000	Taminco/Eastman Chemical
\$3,000	Tiffany Sullivan, LegalShield
\$3,000	Universal Engineering Sciences
\$2,500	Ed Carson
\$2,500	Dick & Karen Hohorst
\$2,500	Larry Strain
\$2,000	Accelerating Futures, LLC
\$2,000	Baptist Healthcare
\$2,000	CharterBank
\$2,000	Faith Church
\$2,000	Fireplace Concepts
\$2,000	Granny Nannies
\$2,000	Pregnancy Resource Center
\$2,000	Jeremy & Tasha Reeder
\$1,200	Anna Weaver

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Tammy Ward
Howard Young Flooring

Big Brothers Big Sisters of Northwest Florida seeks more volunteers

By Press Gazette contributor

PENSACOLA — Big Brothers Big Sisters of Northwest Florida along with more than 270 Big Brother Big Sisters affiliates across the country, Oct. 1 unveiled a new, modern look and brand repositioning with a goal of recruiting more diverse volunteers.

“The need in Northwest Florida for mentors is more urgent than ever,” said Paula Shell, President and CEO of Big Brothers Big Sisters of Northwest Florida. “We hope that this brand transformation will bring in new mentors from all walks of life.”

From Pensacola to Panama City, there are over 100 children waiting to be matched with a mentor. At any given

time, about 70 percent of the children waiting are boys. A major goal of the new brand is to recruit male volunteers.

After months of research, Big Brothers Big Sisters of America found that the brand was not effectively connecting with younger, prospective mentors or conveying the urgency of this agency’s mission. The organization is intentionally pivoting from messages of the importance of mentoring, to messages of the urgent need for the adults in the community to step up to defend the potential of every child.

The brand repositioning and new look are just the beginning. In the coming year, Big Brothers Big Sisters of Northwest Florida will

transition to a new, modern, nationwide technology system, participate in new training, refocus the brand, and celebrate 30 years of serving children in Northwest Florida.

To learn more about the new brand positioning, the logo, messaging, or how to get involved, visit bbbs.org/bigpotential.

Big Brothers Big Sisters of Northwest Florida has been the area’s leader in one-to-one mentoring for 29 years by serving children ages 6 to 18. Our mission is to provide children facing adversity with strong and enduring, one-to-one relationships that change their lives for the better, forever. Last year, Big Brothers Big Sisters of Northwest Florida served 616 children in Northwest Florida.

First responders’ access to mental health benefits begins

By Press Gazette contributor

TALLAHASSEE — Florida Chief Financial Officer (CFO) and State Fire Marshal Jimmy Patronis released the following statement on the day Senate Bill 376, mental health benefits for first responders suffering from post-traumatic stress disorder (PTSD), goes into effect.

“Today we tell all first responders that they are not alone, that they will not have to deal with the horrific images they see every day on

their own. After hearing from first responders throughout Florida and learning incredibly alarming statistics, I made it my mission to secure mental health benefits for first responders. The goal is to help the men and women who are the heroes in our community tackle their challenges so that we shrink these numbers.

“Thank you to Sen. Lauren Book, Rep. Matt Willhite for their passion and dedication to this legislation; thank you to Gov. Rick Scott for his unwavering support and signing

this bill into law. Most importantly, thank you to every police officer, firefighter, and paramedic for what they do. You are my heroes every single day.”

PTSD Statistics

- Firefighters are attempting suicide at a rate five times higher than the general population, and they are thinking about suicide at a rate nine times higher.

- First responders as a whole are attempting suicide at a rate more than ten times higher.

PAID ADVERTISEMENT

New Numbing Drug Relieves Agonizing Arthritis Pain Without Pills or Needles

New cream relieves arthritis pain in minutes after applying; uses the strongest approved dose of an anesthetic drug which numbs the nerves that cause relentless joint pain

By David Watson
Associated Health Press

BOSTON — Expectations are high for a new arthritis pain relief treatment. In fact, many experts believe it could be this year’s blockbuster drug.

But unlike so many of the others on the market, it comes in the form of cream, not a pill.

Initial users, rave that the relief is extraordinary and a quick review of the science shows us why.

The new pain relief cream numbs the nerves right below the skin.

When applied to an arthritic joint, or a painful area on the body, it delivers rapid relief that lasts for hours and hours.

Blocks Pain Wherever It Hurts

The powerful painkilling effect is created by the cream’s active ingredient, a powerful anesthetic drug.

Anesthetics are highly regarded by physicians in the medical community. They block nerve signals specifically so that patients don’t feel pain and are incredibly effective.

“Those suffering with arthritis or joint pain can expect relief within minutes of their first application,” explains Dr. Henry Esber, creator of the hot selling drug *Apeaz*.

“There will be a pleasant warming sensation that is followed by a cool, soothing one. This is how you know that the drug has reached the affected joint and tissue.”

Works In Minutes

For sufferers of arthritis pain, *Apeaz* offers impressive advantages over traditional medications. The most remarkable is how quickly it relieves arthritis and joint pain.

The cream contains the maximum approved OTC dose of an amazing anesthetic, which rapidly penetrates the skin to numb the area that’s in pain. This relief lasts for several hours.

Published pre-clinical animal studies have shown that the other ingredients in *Apeaz* can also prevent further bone and cartilage destruction.

No Risk of Ulcers or Stomach Pain

There are also no negative side effects as seen with oral medications. *Apeaz* delivers its ingredients through the skin. Oral medications are absorbed in the digestive tract. Over time, the chemicals in pills can tear the delicate lining of the stomach, causing ulcers and bleeding.

Rapid Relief Without Pills or Needle Injections

Many *Apeaz* users report significant



NEW PAIN RELIEF DRUG WORKS ON CONTACT: *Apeaz* delivers its active ingredient, a powerful painkiller, through the skin, providing users with rapid relief without oral drug side effects

improvements in daily aches and pain. Many more report increased flexibility, less stiffness, and decreased muscle soreness. They are moving with less pain for the first time in years.

“I’ve tried more pills than I can count. I’ve also had a handful of cortisone shots. Nothing is as effective as this product. With Apeaz, I get relief right away. I rub a little on my hands. It keeps the pain away. It also prevents the pain from getting really bad. It’s completely changed my life,” raves one user.

The New Science Behind Arthritis Pain Relief

When applied to the skin *Apeaz* is absorbed in just minutes. It then penetrates through muscle and tissues, getting to the source of you pain, numbing the nerve endings.

“This is why *Apeaz* is so effective for people with arthritis pain. It reduces pain while adding an additional potential layer of joint support,” explains Esber.

Apeaz™ is an FDA drug with approved claims for the pain relief of the following conditions:

- Temporary pain
- Simple back pain
- Strains
- Sprains
- Athletic injuries
- Muscle stiffness and pain
- Wrist, elbow, shoulder, hip, knee, ankle, foot, muscle or joint pain

Highly Effective, According to Researchers

A pre-clinical trial on *Apeaz* was carried out by Dr. Esber and his research staff shortly after its initial production.

The results were published in the *Journal of Immunology*.

The study found that *Apeaz* induced an instant numbing effect, which blocked pain for several hours.

It also decreased swelling and inflammation

around joints while preventing the further deterioration of cartilage.

Ensuring Long Term Relief

According to Esber, one of the most impressive things about the study was the various ways *Apeaz* was able to influence levels of pain.

“Many painkillers, and even creams, simply mask your pain. *Apeaz* is different. Since it is absorbed through the skin it deliver rapid relief and is able to deliver its ingredients directly to infected arthritic tissue” explains Esber.

A New Weapon for Arthritis and Joint Pain

With daily use, *Apeaz* helps users live a more vital, pain free relief without any of the negative side effects or interactions associated with oral drugs.

Through the use of a powerful anesthetic drug, *Apeaz* is able to numb pain at the source, specifically around joints plagued by arthritis.

Readers can now enjoy an entirely new level of comfort that’s both safe and affordable.

It is also extremely effective, especially if nothing else has worked.

How to Claim a Risk Free Supply of Apeaz

This is the official public release of *Apeaz™*. As such, the company is offering a special discounted supply to any reader who calls during this savings period.

A special hotline number and discounted pricing has been created for all Florida residents.

Your Toll-Free hotline number is 1-800-421-6928 and will only be open for the next 48 hours. Only a limited discounted supply of *Apeaz™* is currently available in your region.

Consumers who miss out on our current product inventory will have to wait until more becomes available and that could take weeks. Call 1-800-421-6928 today

APEAZ IS AN FDA OTC COMPLIANT DRUG NDC # 57483-001-04 APPROVED FOR THE RELIEF OF PAIN FROM MUSCLES AND JOINTS INCLUDING ARTHRITIS PAIN. RESULTS MAY VARY.

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Kreyòl Ayisyen (French Creole): Rele nimewo ki pi wo la a, pou resevwa sèvis èd pou lang ki gratis.

LIFESTYLE

Helping the community on Go Weekend

By Ramon Rios
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 rrios@srpressgazette.com

MILTON — The congregation at Pine Terrace Baptist Church was out in mass this past weekend for their first annual Go Weekend. Members of the church spent the weekend helping residents and organizations with yard work, painting, cleaning and food distribution at Milton High School.



Members of Pine Terrace Baptist Church set up for food distribution at Milton High School, Sept. 29. [RAMON RIOS\SRPG]



From left, Craig Brown, Caleb Henderson and Curtis Brashear cutting lumber for tree planter boxes. [RAMON RIOS\SRPG]



From left, Craig Brown, Caleb Henderson and Curtis Brashear cutting lumber for tree planter boxes. [RAMON RIOS\SRPG]



The congregation provided the equipment and the muscle power for the yard work at the new Pregnancy Resource Center on Berryhill Road. [RAMON RIOS\SRPG]



Neighbors from Pine Terrace Baptist Church help other neighbors in the Milton and Pace area for the first annual Go Weekend. [RAMON RIOS\SRPG]



More landscape work to do during Go Weekend at the Pregnancy Resource Center. [RAMON RIOS\SRPG]



Feed The Gulf Coast provided 5,000 pounds of food, including meat for the distribution. [RAMON RIOS\SRPG]

SPORTS & OUTDOORS



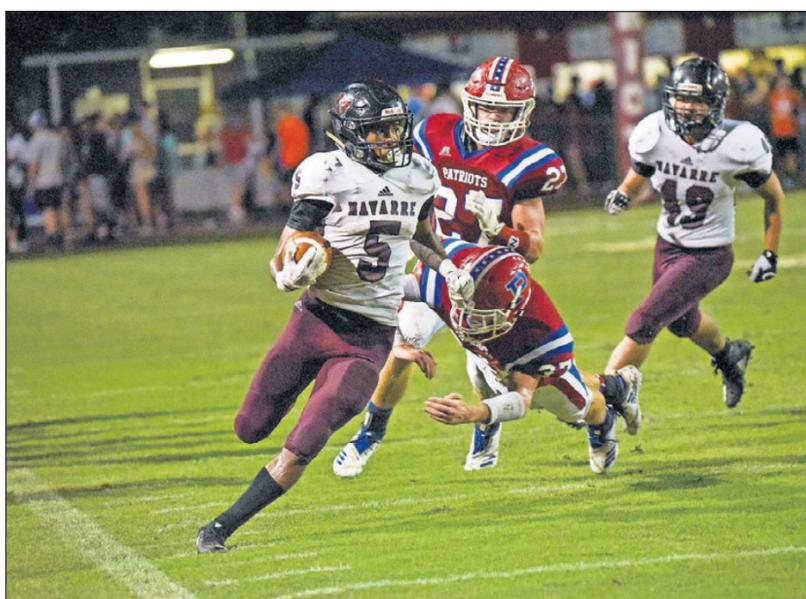
The Pace High band takes in the game from the side of the field. [PHOTO BY JOHN ASKEW]

Navarre defeats Pace

Press Gazette contributor PACE — The Pace High Patriots hosted the Navarre High Raiders Sept. 28. After a high-scoring shootout, the dust cleared and it was Navarre on top 49 to 30.



From left are Damean Bivins, Austin Beeman, Blake Bullock and JC Peacher.



Dante Wright scores after a 55-yard run.



Damean Bivins scores 3-yard touchdown.



Quinn Caballero makes a 31-yard touchdown catch and run for 31 yards.



Damean Bivins runs the ball for Pace High.

TIDE REPORT

PENSACOLA TIDES

Date	Day	High Tide	High Tide	Low Tide
3	We	5:18a 1.8		4:47p 0.1
4	Th	6:42a 1.8		5:38p 0.2
5	Fr	8:15a 1.7		6:22p 0.3
6	Sa	9:47a 1.5		6:56p 0.5
7	Su	11:16a 1.4		7:10p 0.8
8	Mo	12:08a 0.9	12:51p 1.2	5:23a 0.7
9	Tu	11:36p 1.3		7:00a 0.6

NAVARRE BEACH TIDES

Date	Day	High Tide	High Tide	Low Tide
3	We	3:11a 1.9		2:21p 0.2
4	Th	4:35a 1.9		3:12p 0.3
5	Fr	6:08a 1.8		3:56p 0.5
6	Sa	7:40a 1.6		4:30p 0.8
7	Su	9:09a 1.5	10:01p 1.0	4:44p 1.3
8	Mo	10:44a 1.3	9:25p 1.2	2:57a 1.2
9	Tu	9:29p 1.4		4:34a 1.0

EAST BAY TIDES

Date	Day	High Tide	High Tide	Low Tide
3	We	6:02a 2.2		6:04p 0.1
4	Th	7:26a 2.2		6:55p 0.2
5	Fr	8:59a 2.0		7:39p 0.4
6	Sa	10:31a 1.8		8:13p 0.6
7	Su	12:00p 1.7		8:27p 1.0
8	Mo	12:52a 1.1	1:35p 1.4	6:40a 0.8
9	Tu	12:16a 1.3		8:17a 0.7

BLACKWATER TIDES

Date	Day	High Tide	High Tide	Low Tide
3	We	6:58a 2.2		6:34p 0.1
4	Th	8:22a 2.2		7:25p 0.2
5	Fr	9:55a 2.0		8:09p 0.4
6	Sa	11:27a 1.8		8:43p 0.6
7	Su	12:56p 1.7		8:57p 1.0
8	Mo	1:48a 1.1	2:31p 1.4	7:10a 0.8
9	Tu	1:12a 1.3		8:47a 0.7

Leggett catches his first NFL touchdown

Navarre alumnus had three catches for 13 yards for Jets

By Seth Stringer
315-4421 | @SethSnwfdn
sstringer@nwfailynews.com

Navarre alumnus Jordan Leggett is back in the spotlight, y'all.

After a quiet rookie season which was derailed with knee surgery last November, the Jets tight end hauled in his first career touchdown on a 2-yard pass from Sam Darnold in Sunday's 31-12 loss at Jacksonville.

With Neal Sterling out with a concussion and Chris Herndon struggling, Leggett capitalized on his increased snaps. The 2017 fifth-round pick out of

The touchdown reception came early in the fourth quarter on third-and-goal. Leggett wide open in the back of the end zone after lining up on the left side. He collected Darnold's bullet and got his left foot down first before tapping his right foot just inside the green.

Clemson caught three of four targets for 13 yards, including the first catch of his career on a 9-yard pass in the first quarter.

The touchdown reception came early in the fourth quarter on third-and-goal, Leggett wide open in the back of the end zone after lining up on the left side. He collected Darnold's bullet and got his left foot down first before tapping his right foot just inside the green.

Leggett made a career of hauling in red zone

targets at Navarre High and Clemson. The 6-foot-5, 260-pound playmaker caught 18 touchdowns for the Tigers, including eight as a junior and seven as a senior. In the 35-31 national title win over Alabama in 2017, Leggett had seven receptions for 95 yards to cap a career where he hauled in 112 receptions for 1,598 yards spread across 38 starts.

The Jets (1-3) next host the Denver Broncos on Sunday for a noon kickoff.



RIGHT: New York Jets tight end Jordan Leggett catches a pass for touchdown during the second half Sunday in Jacksonville. [AP PHOTO/PHELAN M. EBENHACK]



The Pace High School Band tunes up before performing at halftime. [PHOTOS BY JACE HARRISON]

Another view of Pace's game

Press Gazette contributor

PACE — The Pace Patriot football team couldn't overcome the Navarre Raiders but the cheerleaders still cheered and the marching band still played.

LEFT: The Pride of the Red White and Blue perform at halftime.



The crowd is wearing tie-dye and dancing along to the Pace High School Band.

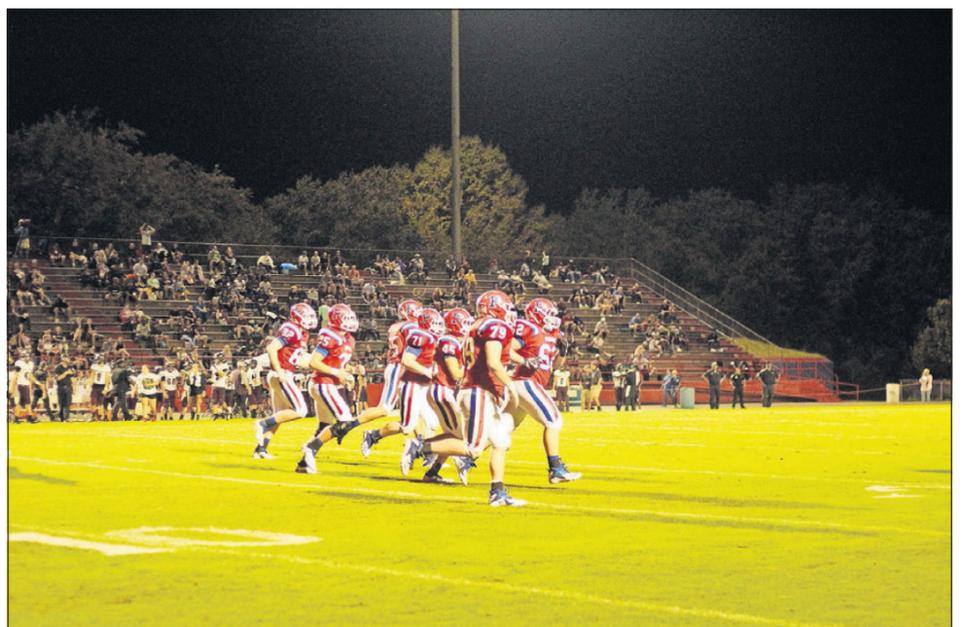


Kason Lincke (15) is in the pocket looking to throw it to one of the receivers.



ABOVE: Kason Lincke (15) shows frustration after an unsuccessful drive.

RIGHT: The sousaphone players heading to practice for the halftime show.



The defense stops Navarre near the goal line and gives the offense a turn.

10 adoptable pets in Santa Rosa County

By Kevin Boyer
850-623-2120
KBoyer@srpressgazette.com

Editor's Note: Each week, Santa Rosa County Animal Services and the Press Gazette share photos and descriptions of several animals in need of immediate adoption. If you are interested

in adopting one of them, call Santa Rosa County Animal Services at 983-4680 or visit 4451 Pine Forest Road, Milton. Adoption fees vary based on age. For more information on adoption process and cost, please visit <https://www.santarosa.fl.gov/387/Animal-Services>.



Athena, ID#A102320. [CONTRIBUTED PHOTOS]



Tiger, ID#A102469.



Chicka, ID#A102632.



Tony, ID#A102388.



Sissy, ID#102395.



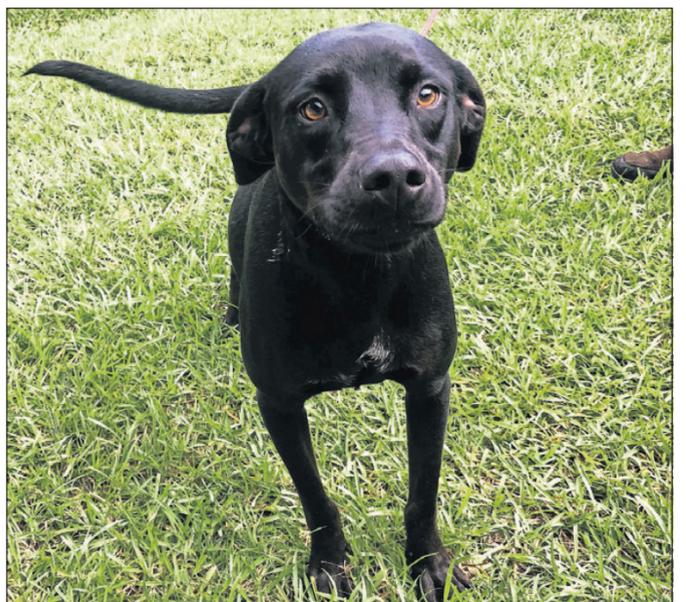
Godiva, ID#102302.



Tigger ID#A102371 and Pumpkin, ID#A102372.



Buffy, ID#A102442.



Easy, ID#A102607.

HEALTH



SENIOR HEALTH

FALLING IS BIG ISSUE

One in four adults age 65 and older falls each year, according to the Centers for Disease Control and Prevention. These falls can cause injuries that not only affect their health, but also their overall quality of life. Falls also are the most common cause of brain injury.

Every 11 seconds an older adult is seen in an emergency room for a fall-related injury, reports the National Council On Aging.

DEFICIENCY

GET YOUR IODINE

Iodine is an essential element, enabling the function of thyroid glands to produce hormones for proper metabolism. When children in the womb don't get enough iodine from their mother, fetal brain development is impaired. During pregnancy, iodine deficiency can cause a child to develop learning and intellectual disabilities as well as developmental problems.

Iodine deficiency was a problem in the U.S. until salt producers started adding iodine to table salt more than a century ago. Today, about 70 percent of the table salt sold in the U.S. is iodized.

OPIOIDS

NEW MED RULES

The American Society of Anesthesiologists offers these reasons your physician may limit or avoid prescribing opioids:

- Other options: There are more effective methods for treating pain in a specific site.

- Side effects and risks: Addiction and dependence are major worries. And there are other side effects, too.

Janie York examines the ear of Elaine Martin in Gretna, Nebraska. Martin had quite a bit of earwax before getting her ears cleaned by York and getting hearing aids.

[CHRIS MACHIAN FOR KHN]



Earwax and the elderly

Buildup, blockage in ears poses unrecognized risk in long-term care

By JoNel Aleccia
Kaiser Health News

Of all the indignities that come with aging, excessive earwax may be the most insidious.

Don't laugh. That greasy, often gross, buildup occurs more often in older ears than those of the young, experts say. And when it goes unrecognized, it can pose serious problems, especially for the 2.2 million people who live in U.S. nursing homes and assisted living centers.

"The excessive amount [of earwax] can cause hearing loss or ringing in your ears. Some people experience vertigo, which increases the risk of falling," said Jackie Clark, a board-certified audiologist who is president of the American Academy of Audiology. "Right now, we see some correlation between hearing loss and cognitive decline."

Earwax — which is not really wax at all, but a substance called cerumen that binds with dirt, dust and debris — is normally produced by the body as a way to clean and protect the ears. In most people, the self-cleaning process works fine.

But in others — including about 10 percent of young children, 20 percent of adults and more than 30 percent of elderly and developmentally disabled people — the wax collects to the point where it can completely block the ear canal.

Up to two-thirds of people in nursing homes may suffer from that condition, known as impaction, according to 2017 guidelines for removal of impacted earwax issued by the American Academy of Otolaryngology-Head and Neck Surgery Foundation.

WHEN AND HOW SHOULD THE EARS BE CLEANED?

Ears should be cleaned when enough earwax accumulates to cause one or more of the following symptoms:

- Earache, fullness in the ear, or a sensation the ear is plugged
- Partial hearing loss, which may be progressive
- Tinnitus, ringing, or noises in the ear
- Itching, odor, or discharge
- Coughing

To clean the ears, wash the external ear with a cloth, but do not insert anything into the ear canal. Most cases of ear wax blockage respond to home treatments such as placing a few drops of mineral oil, baby oil, glycerin, or commercial drops in the ear. Detergent drops such as hydrogen peroxide or carbamide peroxide (available in most pharmacies) may also aid in the removal of wax. Irrigation or ear syringing is commonly used for cleaning and can be performed by a physician or at home using a commercially available irrigation kit. Ear syringing is most effective when water, saline, or wax dissolving drops are put in the ear canal 15 to 30 minutes before treatment.

— American Academy of Otolaryngology-Head and Neck Surgery

In 2016, federal Medicare recipients logged nearly 1.7 million earwax removal services at a cost of more than \$51 million, according to payment records analyzed by Kaiser Health News.

"In elderly patients, it's fairly common," said Dr. Seth Schwartz, a Seattle otolaryngologist who led the most recent update of the guidelines. "It seems like such a basic thing, but it's one of the most common reasons people present for hearing-related problems."

It's so bad that Janie York, of Omaha, Nebraska, started Hear Now mobile hearing solutions, one of a growing number of businesses devoted to cleaning hearing aids and checking the ears of elderly people living in residential care settings.

"It's epidemic," said York, whose clients now include 10 local centers. "About 3 in 5 people I see have some degree of impaction and most are completely impacted."

Julie Brown, assistant director of nursing in the memory support unit at Silver-

Ridge Assisted Living in Gretna, Nebraska, said impacted earwax can be a particular problem for patients with dementia. It exacerbates hearing loss, which can impede communication and worsen aggression and other difficult behaviors.

"As soon as the earwax is cleared up, even their behavior has calmed down," Brown said.

Excessive earwax sends about 12 million people to see health workers every year, including about 8 million who require wax removal, according to the otolaryngology association.

Hearing-aid users should have regular ear checks every three to six months, the guidelines suggest. People with dementia should also have earwax removed regularly.

TODAY'S WORKOUT

1 move will work chest, shoulders, back

By Marlo Alleva
More Content Now

Our move today is an alternating pec deck. This move will work our chest, shoulders and upper back. You will need a set of light to medium weights for this exercise. This move can be executed either standing up or sitting down.

Begin by grasping your hand weights in each hand, rolling your shoulders back and down and lifting your chest. Lifting each arm up to either side of your head, extend the arms out to each side of your body, with your elbows bent at shoulder level. Keeping



Marlo Alleva demonstrates an alternating pec deck.
[PIERRE DUCHARME/THE LEDGER]

both palms facing forward, you are ready to move.

Start by guiding one arm at a time around to the front of your body. Keep the weights upward, and direct with your elbow bent and at a 90-degree angle. Once you reach your

fullest contraction on the front side of your body, redirect your arm back to starting position on the outside of your body. Continue with the opposite arm in the same motion.

Keep your movements somewhat slow and

methodic, as the positioning can be a bit awkward, causing fatigue quickly.

Shoot for eight to 10 repetitions, for at least three sets. Give yourself a small break between each set. Also, if your hand weights feel heavier, reduce the amount of weight or use no weight at all. You will still get the benefits of the move, just without the extra resistance. If you need more resistance, increase your weight.

This move targets a few areas, so it is great to add into any upper body routine.

And keep in mind every muscle is important all year round.



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NOTICE OF SALE

The following vehicle will be sold to the highest bidder to satisfy the lien on the vehicle for towing and storage fees owed. The sale will be held 10:00 am (cst) on October 15th, 2018 at JR'S Paint & Body, Inc., 5933 Graham Lane, Milton in Santa Rosa County in the State of Florida.

1993 CHEVY BLAZER 1GNCS13Z4P2193928

The registered and/or legal owner(s) are: Owner 1: Robert Alexander Key 6584 Harbour Blvd Panama City Beach, FL

The total fees owed as of August 28th, 2018 are \$425.00: Fees include Towing: \$125.00, Recovery charge: \$00.00, Lien Filing Fees: \$300.00.

Towing Company: JR's Paint and Body, Inc.

10/3/2018 10/0987

LEGAL NOTICE

Tri-County Community Council, Inc., Board of Directors will meet on Thursday, OCT 11, 2018 at 5:00 P.M. with Finance Committee meeting at 4:15 p.m. & Head Start Committee at 4:30 p.m. at McLains Restaurant located on 331 South in DeFuniak Springs.

10/0982 Notice of Sale Emerald Coast Developers Group d/b/a Chantilly Place Mini Warehouses

Chantilly Place Mini Warehouses, 4582 Chantilly Way Milton, Florida 32570 gives notice of ONLINE AUCTION of property to satisfy landlord's lien. Sale starts on October 12, 2018 on StorageAuctions.com Units will be posted to site in advance of sale. Property will be sold to the highest bidder for CASH, CREDIT CARD, or DEBIT CARD. Clean up and removal debris will be required. Seller reserves the right to withdraw property from sale. Property includes contents of spaces of the following tenants: Kathy Gunter - Unit #: D-39 - Contents: Unknown Chuck Harris - Unit #: H-89 - Contents: Unknown Clinton Kelly - Units #: F-66 & F-71 - Contents: Unknown Call (850)623-0208 for more information 10/3 & 10/10/2018 10/0982

10/0984

IN THE CIRCUIT COURT OF THE FIRST JUDICIAL CIRCUIT IN AND FOR SANTA ROSA COUNTY, FLORIDA GENERAL JURISDICTION DIVISION
CASE NO. 17000656CAMXAX
U.S. BANK NATIONAL ASSOCIATION, AS TRUSTEE, FOR THE C-BASS MORTGAGE LOAN ASSET BACKED

LEGAL ADVERTISING 1100
CERTIFICATES, SERIES 2006-CB6, Plaintiff,

vs. UNKNOWN BENEFICIARIES, DEVISEES, GRANTEES, ASSIGN- EES, LIENORS, CREDI- TORS, TRUSTEES AND ALL OTHERS WHO MAY CLAIM AN INTEREST IN THE ES- TATE OF CAROL M. LUCHSINGER, DE- CEASED, et al. Defendant(s).

10/3 & 10/10/2018 10/0984

NOTICE OF FORE- CLOSURE SALE

NOTICE IS HEREBY GIVEN pursuant to a Final Judgment of Foreclosure dated Septem- ber 12, 2018, and en- tered in 17000656CAMXAX of the Circuit Court of the FIRST Judicial Circuit in and for Santa Rosa County, Florida, wherein U.S. BANK NA- TIONAL ASSOCIATION, AS TRUSTEE, FOR THE C-BASS MORTGAGE LOAN AS- SET BACKED CERTI- FICATES, SERIES 2006-CB6 is the Plaintiff and THE UN- KNOWN HEIRS, BENEFICIARIES, DEVISEES, GRANTEES, ASSIGN- EES, LIENORS, CREDI- TORS, TRUSTEES AND ALL OTHERS WHO MAY CLAIM AN INTEREST IN THE ES- TATE OF CAROL M. LUCHSINGER, DE- CEASED; MICHELLE L. UTSEY are the Defendant(s). Donald C. Spencer as the Clerk of the Circuit Court will sell to the highest and best bid- der for cash at www.santarosa.realestatedocs.com, at 11:00 AM, on October 18, 2018, the following de- scribed property as set forth in said Final Judg- ment, to wit:

LOT 15, BLOCK A, SIXTH ADD, TO SANTA ROSA SHORES, BEING A PORTION OF SECTION 29, TOWNSHIP 2 SOUTH, RANGE 28 WEST, SANTA ROSA COUNTY, FLORIDA, ACCORDING TO THE PLAT RECORDED IN PLAT BOOK "B" AT PAGE 132, OF PUBLIC RECORDS OF SAID COUNTY.

Property Address: 3488 WILLOW LN, GULF BREEZE, FL 32563-3458

Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens must file a claim within 60 days after the sale.

Dated this 26 day of September, 2018.

R O B E R T S O N , ANSCHUTZ & SCHNEID, PL. Attorney for Plaintiff 6409 Congress Ave., Suite 100 Boca Raton, FL 33487 Telephone: 561-241-6901 Facsimile: 561-997-6909 Service Email: mail@rasflaw.com

By: \S\Thomas Joseph Thomas Joseph, Es- quire Florida Bar No. 123350 Communication Email: tjoseph@rasflaw.com

IMPORTANT AMERICANS WITH DISABILITIES ACT: If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact: Court Administration, ADA Liaison, Santa Rosa County, 6865 Caroline Street, Milton, FL 32570, Phone (850) 623-3159, Fax (850) 982-0602, ADA.SantaRosa@flcourts1.gov, at least 7 days before your scheduled court appearance, or immediately upon receiving this notification if the time before the

10/3/2018 10/0986

NOTICE OF SALE

The following vehicle will be sold to the highest bidder to satisfy the lien on the vehicle for towing and storage fees owed. The sale will be held 10:00 am (cst) on October 15th, 2018 at JR'S Paint & Body, Inc., 5933 Graham Lane, Milton in Santa Rosa County in the State of Florida. If the owner cares to re- cover said vehicle they may bring the amount of the charges in cash only before the date and time of sale to JR'S Paint & Body and the vehicle will be surren- dered to them. This sale is in accordance with FL Statue 713.7

1993 Ford Taurus 1FACPS2U9PA270084

The registered and/or legal owner(s) are: Owner 1: Debra Jean Cannon 6275 Sioux TRL Milton, FI 32583

The total fees owed as of September 13, 2018 are \$595.00: Fees include Towing: \$100.00, Recovery charge: \$00.00, Lien Filing Fees: \$300.00, Storage charges of \$195.00. Storage fees will continue to accumulate at a rate of \$32.10 per day.

Towing Company: JR's Paint and Body, Inc.

10/3/2018 10/0986

IN THE CIRCUIT COURT OF THE FIRST JUDICIAL CIRCUIT IN AND FOR SANTA ROSA COUNTY, FLORIDA GENERAL JURIS- DICTION DIVISION

CASE NO. 18000380CAMXAX
NATIONSTAR MORT- GAGE LLC D/B/A CHAMPION MORT- GAGE COMPANY, Plaintiff,

vs. UNKNOWN HEIRS, BENEFICIAR- IES, DEVISEES,

LEGAL ADVERTISING 1100
scheduled appearance is less than 7 days; if you are hearing or voice impaired, call 711.

10/0985

NOTICE OF ACTION - CONSTRUCTIVE SERVICE

TO: THE UNKNOWN HEIRS, BENEFICIARIES, DEVISEES, GRANTEES, LIENORS, TRUSTEES AND ALL OTHERS WHO MAY CLAIM AN INTEREST IN THE ESTATE OF MARGARET A. SMITH, DECEASED. et al. Defendant(s).

2002 Mercury Sable V I N 1MEFM50U42A652663

The registered and/or legal owner(s) are: Owner: Lewis Carl Turner 3613 Empire St Pace, FL 32571-1157

Leinholder: Titlemax of Alabama Inc 15 Bull St Ste 200 Savannah, GA 31401

Total fees owed as of September 10th, 2018 are \$649.70: Fees include Towing: \$125.00, Storage: \$224.70, and Lien Filing Fees: \$300.00.

Towing Company: JR's Paint and Body, Inc.

10/3/2018 10/0985

COMMENCING AT THE NORTHWEST CORNER OF SECTION 6, TOWNSHIP 1 NORTH, RANGE 27 WEST, SANTA ROSA COUNTY, FLORIDA, THENCE SOUTH ALONG THE WEST LINE OF SAID SECTION 798.41 FEET, THENCE EAST 625 FEET TO POINT OF BEGINNING, THENCE CONTINUE EAST 130 FEET, THENCE SOUTH 140 FEET, THENCE WEST 130 FEET, THENCE NORTH 140 FEET TO POINT OF BEGINNING.

has been filed against you and you are required to serve a copy of your written de- fenses, if any, to it on counsel for Plaintiff, whose address is 6409 Congress Ave., Suite 100, Boca Raton, Florida 33487 or on before October 30, 2018/(30 days from Date of First Publication of this No- tice) and file the original with the clerk of this court either before service on Plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the complaint or petition filed herein.

1993 Ford Taurus 1FACPS2U9PA270084

The registered and/or legal owner(s) are: Owner 1: Debra Jean Cannon 6275 Sioux TRL Milton, FI 32583

The total fees owed as of September 13, 2018 are \$595.00: Fees include Towing: \$100.00, Recovery charge: \$00.00, Lien Filing Fees: \$300.00, Storage charges of \$195.00. Storage fees will continue to accumulate at a rate of \$32.10 per day.

Towing Company: JR's Paint and Body, Inc.

10/3/2018 10/0986

IN THE CIRCUIT COURT OF THE FIRST JUDICIAL CIRCUIT IN AND FOR SANTA ROSA COUNTY, FLORIDA GENERAL JURIS- DICTION DIVISION

CASE NO. 18000380CAMXAX
NATIONSTAR MORT- GAGE LLC D/B/A CHAMPION MORT- GAGE COMPANY, Plaintiff,

vs. UNKNOWN HEIRS, BENEFICIAR- IES, DEVISEES,

LEGAL ADVERTISING 1100
GRANTEES, ASSIGN- EES, LIENORS, CREDI- TORS, TRUSTEES AND ALL OTHERS WHO MAY CLAIM AN INTEREST IN THE ES- TATE OF MARGARET A. SMITH, DECEASED. et al. Defendant(s).

10/0985

NOTICE OF ACTION - CONSTRUCTIVE SERVICE

TO: THE UNKNOWN HEIRS, BENEFICIARIES, DEVISEES, GRANTEES, LIENORS, TRUSTEES AND ALL OTHERS WHO MAY CLAIM AN INTEREST IN THE ESTATE OF MARGARET A. SMITH, DECEASED, whose residence is unknown if he/she/they be living; and if he/she/they be dead, the unknown defend- ants who may be spouses, heirs, devisees, grantees, assignees, lienors, creditors, trustees, and all parties claiming an interest by, through, under or against the Defendants, who are not known to be dead or alive, and all parties having or claiming to have any right, title or interest in the property described in the mortgage being foreclosed herein.

2002 Mercury Sable V I N 1MEFM50U42A652663

The registered and/or legal owner(s) are: Owner: Lewis Carl Turner 3613 Empire St Pace, FL 32571-1157

Leinholder: Titlemax of Alabama Inc 15 Bull St Ste 200 Savannah, GA 31401

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10/3/2018 10/0985

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1993 Ford Taurus 1FACPS2U9PA270084

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Towing Company: JR's Paint and Body, Inc.

10/3/2018 10/0986

IN THE CIRCUIT COURT OF THE FIRST JUDICIAL CIRCUIT IN AND FOR SANTA ROSA COUNTY, FLORIDA GENERAL JURIS- DICTION DIVISION

CASE NO. 18000380CAMXAX
NATIONSTAR MORT- GAGE LLC D/B/A CHAMPION MORT- GAGE COMPANY, Plaintiff,

vs. UNKNOWN HEIRS, BENEFICIAR- IES, DEVISEES,

LEGAL ADVERTISING 1100
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Publication of State- ment of Ownership: October 4, 2018

LEGAL ADVERTISING 1100
Finance Director September 28, 2018 I certify that all informa- tion furnished on this form is true and com- plete. I understand that anyone who furnishes false or misleading in- formation on this form or who omits material or information re- quested on the form may be subject to crim- inal sanctions (includ- ing fines and imprison- ment) and/or civil sanc- tions (including civil penalties.)

9/0966 NOTICE OF PUBLIC SALE

A-11 Missy Mudock 1404 Cheryl Boyce 1409 Troy Patterson 1415 Zachary Johnson (850)564-4514

The public sale will be conducted online at storagetreasures.com at 10:00 am Friday, October 19, 2018. 9/26 & 10/3/2018

9/0939 FLORIDA PACE FUNDING AGENCY NOTICE OF INTENT TO USE UNIFORM METHOD OF COLLECTING NON-AD VALOREM ASSES- SMENTS

The Board of Directors (the "Board") of the Florida PACE Funding Agency, a public body corporate and politic (the "Agency"), hereby provides notice, pursuant to Sections 163.08(2), (3) and (4) and 197.3632(3)(a), Florida Statutes, of its intent to use the uniform method of collect- ing non-ad valorem as- sessments for more than one year to be levied within the area en- compassed by the boundaries of every county in Florida, or any of the municipali- ties therein, subscrib- ing to or served by the Agency's statewide provision of funding and financing to con- struct or pay for energy conservation and effi- ciency improvements, renewable energy im- provements and wind resistance improve- ments in accordance with Section 163.08, Florida Statutes (collectively, the "Qualifying Improvements"). By law and resolution of the Agency, a property owner may apply to the Agency for funding and financing of a Qualify- ing Improvement. The non-ad valorem as- sessments contem- plated by this notice are voluntary and are only imposed by the Agency with the prior written consent author- ized by or on behalf of affected property owners who determine to obtain financing for Qualifying Improvements from the Agency. The Agency is authorized by law to fund and finance Qualify- ing Improvements and is required to annually collect repay- ment by non-ad valorem assessments. The Board will consider the adoption of a resolu- tion electing to use the uniform method of collecting such assess- ments as authorized by Section 197.3632, Florida Statutes, at a public hearing to be held at 1:00 p.m. on October 30, 2018, at the River to Sea Transportation Planning Organization Executive Conference Room, 2570 W Interna- tional Speedway Boule- vard, Suite 100, Day- tone Beach, Florida. Such resolution will state the need for the levy and will contain a legal description of the boundaries of the real property that may be subject to the levy - which is the territory of the State of Florida. Copies of the proposed form of resolution are on file at the office of

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9/0939 FLORIDA PACE FUNDING AGENCY NOTICE OF INTENT TO USE UNIFORM METHOD OF COLLECTING NON-AD VALOREM ASSES- SMENTS

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LEGAL ADVERTISING
1100

and Trustees of the Estate of Michael J. Miehle a/k/a Michael John Miehle (Deceased) UN-KNOWN
LAST KNOWN ADDRESS: 4160 Parkview St, Pace, FL 32571

YOU ARE HEREBY NOTIFIED that an action to foreclose a mortgage on the following described property located in Santa Rosa County, Florida:

A parcel of land in Section 31, (Jacob Kelker Grant) Township 1 North, Range 29 West, described as follows: Begin at a point 926.70 feet S 15 degrees W of a Point 604.90 feet East of the Northwest corner of said Section 31, thence South 15 degrees W 77.40 feet; thence West 235.00 feet, thence North 02 degrees 45' E 75.00 feet; thence East 251.50 feet to the P.O.B. said parcel lying and being all in Santa Rosa County, Florida. Together with a non-exclusive easement described as follows: A parcel of land in Section 31 (Jacob Kelker Grant) Township 1 North, Range 29 West, described as follows: Begin at a point 174.5 feet West of a Point 1298.5 feet South 15 degrees 00 minutes West of a Point 604.9 feet East of the Northwest corner of said Section 31, thence North 2 degrees 45 minutes East 411 feet; thence South 2 degrees 45 minutes West 166 feet; thence South 5 degrees 14 minutes East 245 feet; thence South 18 degrees 46 minutes West 127 feet to the Waterline of Escambia Bay; thence Easterly along said Waterline to a point directly South of the Point of Beginning; thence North to the Point of Beginning.

has been filed against you, and you are required to serve a copy of your written defenses, if any, to this action, on Tromberg Law Group, P.A., attorneys for Plaintiff, whose address is 1515 South Federal Highway, Suite 100, Boca Raton, FL 33432, and file the original with the Clerk of

LEGAL ADVERTISING
1100

the Court, within 30 days after the first publication of this notice, either before October 20, 2018 or immediately thereafter, otherwise a default may be entered against you for the relief demanded in the Complaint.

Date: September 18, 2018

Donald C. Spencer, Clerk of the Circuit Court
Circuit Court Seal

By: Leslie Sparr, Deputy Clerk of the Court

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact Court Administrator, ADA Coordinator Santa Rosa County, ADA Coordinator at 850-623-3159, fax 850-982-0602 or at ada.santarosa@fcourts1.gov, 6865 Caroline Street, Milton, FL 32570 at least 7 days before your scheduled court appearance, or immediately upon receiving this notification if the time before the scheduled appearance is less than 7 days; if you are hearing or voice impaired, call 711.

9/26 & 10/3/2018

9/0968

9/0965

IN THE CIRCUIT COURT OF THE FIRST JUDICIAL CIRCUIT IN AND FOR SANTA ROSA COUNTY, FLORIDA

CASE NO. 18000181CAMXAX

U.S. BANK NATIONAL ASSOCIATION, AS TRUSTEE, SUCCESSOR IN INTEREST TO BANK OF AMERICA, NATIONAL ASSOCIATION, AS TRUSTEE, SUCCESSOR BY MERGER TO LASALLE BANK NATIONAL ASSOCIATION, AS TRUSTEE FOR MORGAN STANLEY MORTGAGE LOAN TRUST 2006-5AR, MORTGAGE PASS-THROUGH CERTIFICATES, SERIES

LEGAL ADVERTISING
1100

2006-5AR Plaintiff,
v.
TERESA WEAVER A/K/A TERESA DEEVER A/K/A CHARLOTTE TERESA DEEVER A/K/A CHARLOTTE T. DEEVER; GARY A DEEVER; UNKNOWN TENANT 1; UNKNOWN TENANT 2; CAPITAL ONE BANK, SUCCESSOR IN INTEREST TO CAPITAL ONE, F.S.B. Defendants.

NOTICE OF SALE

Notice is hereby given that, pursuant to the Amended Final Judgment of Foreclosure entered on September 13, 2018, in this cause, in the Circuit Court of Santa Rosa County, Florida, the office of Donald C. Spencer, Clerk of the Circuit Court, shall sell the property situated in Santa Rosa County, Florida, described as:

LOT 8 AND THE SOUTH 1/2 OF LOT 9, BLOCK 1, HAMILTON BRIDGE ESTATES, SANTA ROSA COUNTY, FLORIDA, ACCORDING TO THE PLAT THEREOF RECORDED IN PLAT BOOK "B", AT PAGE 157 OF THE PUBLIC RECORDS OF SAID COUNTY.

a/k/a 5060 BARBARA LANE, MILTON, FL 32570-8909

at public sale, to the highest and best bidder, for cash, online at www.santarosarealforeclose.com, on October 12, 2018 beginning at 11:00 AM.

If you are a person claiming a right to funds remaining after the sale, you must file a claim with the clerk no later than 60 days after the sale. If you fail to file a claim you will not be entitled to any remaining funds.

Dated at St. Petersburg, Florida this 14th day of September, 2018.

eXL Legal, PLLC
Designated Email Address: efling@exlegal.com
12425 28th Street North, Suite 200

LEGAL ADVERTISING
1100

St. Petersburg, FL 33716
Telephone No. (727) 536-4911
Attorney for the Plaintiff
By: John N. Stuparich
FBN 473601

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact: Court Administrator, ADA Liaison Santa Rosa County, 6865 Caroline Street, Milton, FL 32570 Phone (850) 623-3159 Fax (850) 9 8 3 - 0 6 0 2 ADA.SantaRosa@fcourts.gov at least 7 days before your scheduled court appearance, or immediately upon receiving this notification if the time before the scheduled appearance is less than 7 days; if you are hearing or voice impaired, call 711.

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9/26 & 10/3/2018

9/0965

CLASSIFIED NOTICES
1110

Lung Cancer? And Age 60+? You And Your Family May Be Entitled To Significant Cash Award. Call 855-259-0557 for Information. No Risk. No Money Out Of Pocket.

2100 - Pets
2110 - Pets: Free to Good Home
2120 - Pet Supplies
2130 - Farm Animals/Supplies
2140 - Pets/Livestock Wanted
2150 - Pet Memorials

If you didn't advertise here, you're missing out on potential customers.

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Icelandic Sheepdog



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3100-3350
MERCHANDISE

3100 - Antiques
3110 - Appliances
3120 - Arts & Crafts
3130 - Auctions
3140 - Baby Items
3150 - Building Supplies
3160 - Business Equipment
3170 - Collectibles
3180 - Computers
3190 - Electronics
3200 - Firewood
3210 - Free Pass it On
3220 - Furniture
3230 - Garage/Yard Sales
3240 - Guns
3250 - Good Things to Eat
3260 - Health & Fitness
3270 - Jewelry/Clothing
3280 - Machinery/Equipment
3290 - Medical Equipment
3300 - Miscellaneous
3310 - Musical Instruments
3320 - Plants & Shrubs/Supplies
3330 - Restaurant/Hotel
3340 - Sporting Goods
3350 - Tickets (Buy & Sell)

BUILDING SUPPLIES
3150

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GARAGE/YARD SALES
3230

Milton Estate Sale 5599 Wesley Drive Oct 5 & 6 Call for Info 850-516-9581

Victory Life Church Yard Sale for Youth Building 7235 Hwy 90 E. Milton Sat. Oct 6 8am-3pm

MISCELLANEOUS
3300

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APARTMENT RENTALS
6110

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6170

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8110

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Universal Crossword
Edited by Timothy Parker

ACROSS
1 Cloudy suspension
6 Bathroom powder
10 Alligator skin item
13 Greek public square
14 Mountaineering tool
16 A Khan
17 "Men" in a digital sitcom?
19 Grand (wine term)
20 Long French river
21 Disguised, in a way
23 Watched an infant
26 U.S. drug approver
27 States by heart
28 Galleys
30 Big name in Cuba
31 Oft-said word on Sunday
32 Become, as dust?
34 Way-old "always"
37 Schlepper
39 This puzzle's piggy
40 Russian currency
42 Be at 56-Across
43 Drew out
46 Play captain
47 Vocalizes
49 Lava and ash

DOWN
1 Chocolate storer
2 Word after "a while"
3 "The Raven" author
4 By mouth
5 Bolted
6 Thing for a beauty queen
7 Analgesic target
8 Grazing area
9 Least shaken up
10 Digitized lineup?
11 Be like-minded
12 Showy displays

15 Hard-to-definite quality
18 Accomplished, old-style
22 Gentlemanly title
23 Sudden flood
24 Heavy suit material
25 What the naive podiatrist was?
27 Queen of India (var.)
29 The loneliest number
30 Swamp menaces
33 180, to a driver
35 Glitterati type
36 Race with legs?
38 Stress-free place
41 "As directed" starter

44 Scarcities
45 Fix, as coding
48 "Sesame Street" viewer
50 Bumpy-ride vehicle
51 Cat's-eye
52 Regarding the moon
53 Animal neck locks
56 Handy duke
57 Willow or birch
60 Dirty bed breaker
61 Long Island iced stuff
62 Covert follower?
63 Powerful suffix

PREVIOUS PUZZLE ANSWER

C	L	O	T	S	H	A	W	M	E	R	G
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DIGITIZED By Timothy E. Parker

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