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Mayo Free Press

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2013
November 11th
VETERANS DAY

Vol. 125, No. 36 USPS 334-600 THURSDAY, NOVEMBER 7, 2013, Lafayette County, Florida 1 SECTION 20 PAGES 50¢

Mamie Thomas

Thomas wins town council Seat 4

By Joyce Marie Taylor
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gaflnews.com

A run-off general election for Seat 4 of the Mayo Town Council between Mamie Thomas and Leta Hawkins was Tuesday, Nov. 5. Thomas won by a vote of 102-85.

Virginia McCray took Seat 2 in the Primary Election on Oct. 1.

The Mayo Town Council consists of five members. Seat 1 is held by Jessica Lawson, who also serves as mayor. Seat 3 is held by Wayne Hamlin and Seat 5 is held by Ann Murphy, who also serves as vice mayor, plus Virginia McCray, Seat 2 and Mamie Thomas, Seat 4.

Mayo Free Press, 50 more years gone by

This year marks the 125th anniversary of the publication of the *Mayo Free Press*, and today we're looking back 50 years to 1963. Ever since 1888, the *Mayo Free Press* has been bringing local news to the Lafayette County community every week.

Businessman P.C. Crapps, Sr.'s obituary published

January 3 - The obituary for P.C. Crapps, Sr., a prominent businessman and landowner, is published. He is best remembered for establishing the First National Bank of Live Oak. Crapps died at age 82 on December 22, 1962.

Couple tried for grand larceny of $400

January 20 - John and Gladys Scott are tried for grand larceny after allegedly stealing $400 from Mack Golden. Gladys claims to

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Senator Charles Dean, a.k.a. 'Senator Springs'.

SRWMD Governing Board Chairman Donald J. Quincey speaks to the crowd. -Photos: Joyce Marie Taylor

Restoration project underway for Middle Suwannee and springs

DEP Secretary Herschel T. Vinyard thanked all involved with the project.

By Joyce Marie Taylor
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The Suwannee River Water Management District (SRWMD) is currently working on a project called the Middle Suwannee River and Springs Restoration and Aquifer Recharge Project to benefit Lafayette and Dixie counties.

To kick off the project SRWMD held a media event at one of the test well sites at Mallory Swamp on Wednesday, Oct. 30, inviting many state and local officials to attend, as well as the press from various news organizations.

About 40 people were in attendance, including Senator Charles Dean (R-Inverness), Representative Halsey Beshears (R-Monticello), Representative Keith Perry (R-Gainesville), Department of Environmental Protection (DEP) Secretary Herschel T. Vinyard Jr., Lafayette County Board of County Commissioners Donnie Hamlin and Gail Garrard, and representatives from the Dixie Coun-

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State and local dignitaries, along with SRWMD representatives gathered for a photo op before the presentation.

Veterans Day service is Nov. 11 at courthouse

By Joyce Marie Taylor
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A Veterans Day memorial service will be held on Monday, Nov. 11, on the Lafayette County Courthouse lawn beginning at 11 a.m.

According to Veterans Service Officer Carlton Black a new wreath will be placed on the memorial. The public is invited to attend.

After the service, members of the American Legion will be presenting Veterans Day programs at Oakridge Assisted Living Facility and Lafayette Health Care Center.

Dean and Beshears visit Mayo

By Joyce Marie Taylor
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gaflnews.com

Senator Charles Dean (R-Inverness) and Representative Halsey Beshears (R-Monticello), members of the Lafayette County Legislative Delegation, arrived in Mayo on Wednesday, Oct. 30, for a planned meeting with local officials and constituents at the Lafayette County Courthouse.

Many Lafayette Countians, including some elected officials happened to be out of town attending the FFA National Convention in Louisville, Ky., so attendance at the delegation

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River cleanup bags 110 pounds of trash

River cleaner-uppers Patrick Horgan, Casey Horgan, John Crawford and Ciara Crawford. Courtesy photo

By Joyce Marie Taylor
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Suwannee River Rendezvous Resort and Campground held their Annual River Clean-up on Saturday, Oct. 26, which was affectionately referred to as 'Clean Up and Party'. This is the fourth year the resort has taken part in the "Current Problems Great Suwannee River Clean up," according to owner Susie Page.

All volunteers met at the Hal Adams bridge and

SEE RIVER, PAGE 8A

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RELIGION

FREEDOM IS HERE

Fixing relationships

By Pastor John Whittington
Lighthouse Christian Center
www.lccmayo.com

Galatians 5:26
Let us not become conceited, provoking and envying each other.

Remember the first time in history that something was not good? Genesis tells us that it was not Satan who first brought less than "good." It was not the taste of forbidden fruit. The first time God said something wasn't good He was referring to man's loneliness. After declaring, "It is good," over every aspect of creation, God proclaimed, "It is not good for the man to be alone."

God solved the man's problem by creating fellowship through marriage. But this principal applies to all of us: It's not good to be alone. We were made in the image of God who is Father, Son and Holy Spirit in perfect "triunity." We were created for fellowship.

The problem is that fellowship was broken in Eden. Relationships are now difficult if not impossible. Eventually you disappoint or are disappointed by other people. Fortunately Jesus came to reconcile, first people with God, and as a byproduct people with each other.

Galatians 5 shows a big part of the problem and solution in relating to each other. Two words, provoking and envying, are the two wrong directions we can travel regarding others. The Greek word for provoking is related to "challenging out of a feeling of rivalry." It involves looking down at the other as being inferior. While envying involves looking up at someone in jealousy.

As a musician I've faced both of these extremes looking at one person and thinking, "I could play that any day," but thinking of someone else, "I could never be able to do that!" Although a little competition probably motivates performance, this becomes a problem when all our energy is spent looking down at or up at someone with disdain.

Paul hints at how we can avoid such comparisons in the next chapter: Galatians 6:5-6 Each one should test their own actions. Then they can take pride in themselves alone, without comparing themselves to someone else, for each one should carry their own load. Paul did this himself with humility. He called himself "less than," "the least" and "the worst" (1 Corinthians 15:9, Ephesians 3:8, 1 Timothy 1:15). But in Paul's humility God showed up and filled this empty vessel, performing mighty deeds through Paul!

Fixing relationships requires fixing the heart. Fixing the heart comes when we humble ourselves and allow God to come in. Then He will be great in us and through us!

The Tabernacle and Christ

By Hugh G. Sherrill
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Any student of the Bible knows that there are pictures and types of Jesus throughout the Old Testament. The late Dr. M. R. DeHaan once said "that unless you have found Christ in the Old Testament passages you have not yet found the whole meaning of it".

One of the most beautiful pictures of Jesus is found in the Tabernacle. God gave Moses instructions to build it in Exodus 25. It would be a place where God would meet with man. It was called "the tabernacle of the congregation". The Tabernacle was a moveable tent seventy five feet wide, one hundred and fifty feet long. God always wants to dwell with, have fellowship with, and communicate with His people (Exodus 25:22).

The Tabernacle and its courtyard were constructed according to God's plan. The Tabernacle helps us understand the steps that God laid out for sinners to approach a Holy God. It was the place where God dwelt with His people for 400 years from Exodus to King Solomon. It was in the center of the camp of the Israelites, surrounded by the 12 tribes. This tells us that today Christ should be the center of our lives.

There are about 50 chapters in the Bible that discuss the Tabernacle. It was a shadow of things in heaven. Hebrews 8:1-5 tell us that the real Tabernacle is in heaven. This is where Jesus Himself, our high priest, is (Hebrews 8:2). The Tabernacle was built out of material that today would cost well over a million dollars. Our salvation cost the blood of the Lamb of God, Jesus.

The Tabernacle had seven pieces of furniture. First, Bronze Altar, the place were the animals were sacrificed for sinful people. The blood was important to justify the people before God (Exodus 27:1-8). Jesus is our perfect sacrifice and shed His blood for our sins (John 1:29; Hebrews 10:10; Romans 4:25). Second, Laver of Brass (Exodus 30:18; 38:8). The priest washed himself here after the sacrifice. We, as children, also need to be cleansed (I John 1:8-9). Third, Golden Candlestick. It was fueled by oil and provided light in this otherwise dark room. Jesus called Himself the Light of the world (John 12:46). We are to be the light in the absence of Jesus (Acts 13:47). Fourth, Table of Shewbread (Exodus 25:23-30). It held the 12 loaves of bread that were eaten by Aron and his sons; replaced every week on the Sabbath. Jesus said He is the "Bread of Life" (John 6:35; 6:51). Fifth, Altar of Incense (Exodus 30:1-10). Incense was to be burned constantly on the altar. Incense represents the prayers of the faithful (Revelation 5:8; 8:3-4). Sixth, the Veil that separated the Holy Place from the Most Holy Place where the Ark of the Covenant was kept. When Jesus died on the cross, the veil was rent from top to bottom. Now mankind can go directly into the presence of God (Hebrews 4:16). The Seventh, Ark of the Covenant and the Mercy Seat. This was the Most Holy Place where God spoke to the high priest. Through Jesus, God speaks to Christians today. The Bible says we are all kings and priest. So God deals with us one on one. Trust Him today.

These seven pieces of furniture in the Tabernacle all had a special meaning. Today all you and I need is the Lord Jesus Christ. It is His blood sprinkled on the altar for our sins that is the only perfect sacrifice for our sins. Trust His shed blood today.

Doctrinal views expressed on our Religion pages are those of the individual authors and not of the *Mayo Free Press*

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HEART MATTERS

By Angie Land

"At this, she (Ruth) bowed down with her face to the ground. She exclaimed, 'Why have I found such favor in your eyes that you notice me - a foreigner?'

Boaz replied, ' I've been told all about what you have done for your mother-in-law since the death of your husband - how you left your father and mother and your homeland and came to live with a people you did not know before. May the Lord repay you for what you have done. May you be richly rewarded by the Lord, the God of Israel, under whose wings you have come to take refuge.'

'May I continue to find favor in your eyes, my lord,' she said 'You have given me comfort and have spoken kindly to your servant-though I do not have the standing of one of your servant girls.' (Ruth 2:10-13)

News travels fast doesn't it? Ruth had barely made it to Bethlehem, unpacked her bags and headed out to the fields to find some food for Naomi and herself…and in the meantime, everyone in town has heard her story. If you live in a small town, you understand what happens when someone asks, "Who is that?" The answer is all about how they are related to whom. For example, when asked about Ruth…"Who is she?" the answer might sound something like this: "Oh, she's that girl that was married to one of Naomi's boys from over in Moab…you can tell she is not from around here…" If you glance back at verse 19 of chapter one, it reminds us "the whole town was stirred because of them…" In other words, everyone was talking!

Growing up in a small town, I have often heard folks complain about everyone "knowing their business." Surely we all realize that our complaint about this is usually only about the news that might not shed so favorable a light on our family or us personally. We hope the positive stuff spreads like wildfire! This was the case with Ruth…her reputation preceded her, and by the time it reached Boaz, it sparked a very gracious response from him. "May the Lord repay you for what you have done. May you be richly rewarded by the Lord…" Apparently, Boaz took that blessing seriously and perhaps recognized that God had sent Ruth to him to receive those rewards.

But what about when the news is embarrassing, or even worse, damaging? When our family troubles are exposed, our addiction uncovered, or our children's mistakes made public…how do we hold our heads up amidst the knowing looks, whispers, or even the direct questions that we may encounter? How do we continue to live in our community when the strongest temptation is to stay at home, with our heads under the covers and the phone off the hook? Psalm 3:2-3 offers valuable insight: "Many are saying of me, 'God will not deliver him.' But you are shield around me, O Lord; you bestow glory on me and lift up my head."

By nature, our sins tempt us to hide and take cover, per Adam and Eve in the garden. The truth is, God wants the world to see His grace, mercy and willingness to forgive and put us back in our place among the living. His forgiveness is available according to 1 John 1:9, when we confess our sins. This confession doesn't mean that we take out an ad in the newspaper or stand on the courthouse steps and make an announcement. It does mean that we go first to God and repent. Repentance is acknowledging what we have done, and being willing to make the change that God requires…or agreeing with God about what He is doing in our loved one's life. Recognize that God will often use embarrassment as a catalyst for repentance! Once repentance occurs, the righteousness of Christ becomes our shield, our protection and the only thing we need to hide behind! With our forgiveness settled, the glory bestowed on us is the return of our dignity and reputation as a new creation in Christ. As a result, He lifts our head, not to look down on another, but in order for all to see the miracle of grace…

Because Every Heart Matters,
Angie

Heart Matters is a weekly column written by Angie Land, Director of the Family Life Ministries of the Lafayette Baptist Association, where she teaches Bible studies, leads marriage and family conferences and offers Biblical counseling to individuals, couples and families. Contact Angie with questions or comments at angieland3@windstream.net

Line Dance Lessons

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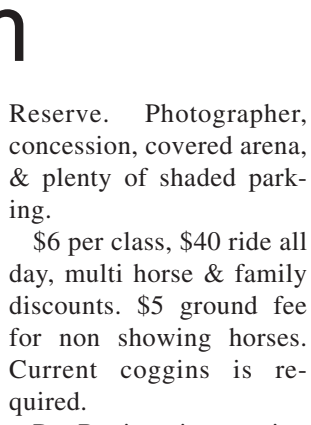

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Day Mailbox

By: Mary M. Santerfeit

Spoke to Yvonne Sullivan in regard to Kenneth Sullivan's 50th year ministry celebration. Yvonne reported a joyous day sharing with approximately 250 people. Special music, special preaching and praying was enjoyed by all attending. Guest speaker was the Rev. David Knight, pastor of First Assembly of God in Vidalia, Georgia. A special presentation was made by Waymon Thomas. Following the service a delicious meal was served.

Kenneth, Kenny as he is known to most, has quite an interesting background. On June 1, 1963, Kenny married Yvonne Sauls of Madison. He was already licensed to be a minister of the gospel of Jesus Christ when Yvonne and Kenny married.

They accepted the parsonage of Sermons Baptist Church in Madison County on the first Sunday of October 1963. He was ordained in November of the same year.

They pastored there for two years when he held his first funeral. It was a double funeral for a precious loving couple who had been members of the church for years.

It was there he also held his first baptismal service and led lost souls to the lord. One answered the call to be a minister under his leadership there. His next pastorate was Riverside Baptist Church in Lafayette County. He stayed here for one year.

After a short few weeks of helping with a mission church in Horseshoe, Florida, he became pastor of Pine Mount Baptist Church in McAlpin. They were at this church when his son, Travis, was born.

In 1968, they joined First Assembly of God in Mayo and were called to serve at First Assembly of God in Jennings. They stayed until 1975. Their daughter, Tonya, was born in 1974 while they were pastoring Jennings. They left Jennings in 1975 to open a church on Highway 20 in Tallahassee. The church did great and many miracles took place in their life and in the lives of other people while there. Leaving there in 1977, they became pastors of First Assembly of God in Monticello. Pastor Kenny served as Section Twelve Presbyter while pastoring in Monticello.

Upon leaving there in 1980, they became the pastors of Hayden Road Assembly of God in Tallahassee. Serving there for 25 years. Many wonderful things transpired in these 25 years. It was in 2005 that Pastor Kenny and Yvonne felt the need to retire from Hayden Road and help establish the property and church as a college ministry and led the district to give the property to Chi Alpha, the Assembly of God and reaches hundreds of college age students every year.

After leaving Hayden Road Assembly of God, they were asked, by the district, to go to First Assembly of God in Perry. God blessed greatly in that church and it grew in numbers as they led it to pay off a huge debt.

After eight months there, God led them to First Assembly of God in Mayo in 2006. They have been here since. Many souls have been saved, baptisms and believers filled with the Holy Ghost and members added to the church.

Pastor Kenny states, "We are believing God for many more years of ministry before He calls us home. As the song writer said many years ago, 'I wouldn't take nothing for my journey now.'"

****

Happy birthday November

Nov. 1 - Larona Johnson.

Nov. 2 - Jimmy Sullivan, Cindy Erskin, Kasey Rehberg, Alissa Hingson, Vic Herndon.

Nov. 4 - Max Meyer, Debbie Herndon, Nicolas Revels, Jimmy Buchanan.

Nov. 6 - Carly Driver, Sherri Felkel, Zack Creech, Paul Townsend, Kevin Elliott.

Nov. 7 - Junior Buchanan, Boogie Pridgeon.

Nov. 9 - Shirley Townsend, Matt Swain.

Nov. 13 - Sammy O'Steen, Jarod Brock.

Nov. 14 - Bry Prine, Cleo O'Steen, Doyle Bell, Doris Hurst.

Yvonne and Kenny Sullivan.

Nov. 15 - Harvey Morgan, Nathan Broughton, Manuel Folsom III.

Nov. 16 - Johnny Demarais.

Nov. 17 - Levis Odom, Kim Taylor, Tamara Pridgeon.

Nov. 18 - Mary Starling, Janet Hinchcliff, Jasmin Hannah, Bryan Hood, Travis Hicks.

Nov. 20 - W.L. Buchanan, Helena Elliott.

Nov. 21 - Suzette Bell, John Whittington, Sarah Driver.

Nov. 22 - Curtis Goodwin.

Nov. 24 - Kira Whittington, Joanna Page, John Bracken, Noah Lamb.

Nov. 27 - Stephanie Barrington.

Happy anniversary

Nov. 18 - Jimmy and Jane Brock

Nov. 20 - Joe and Donna Luse

****

More sweets

Butterscotch Krispies
Sheila Hood

2 (6 oz.) pkg. butterscotch
1 Tbsp. butter or margarine
6 c. Rice Krispies

In slow cooker, combine butterscotch bits and butter. Cover. Cook on high for one hour. Mix well. Cook on low until mixture has melted. Stir in Rice Krispies. Drop by spoonfuls onto wax paper. Makes two dozen.

Pecan Pie Muffins
Edgar McLean

1 c. light brown sugar, firmly packed
1/2 c. all purpose flour
1/2 c. chopped pecans
2 eggs, beaten
2/3 c. butter, softened

Preheat over to 350 degrees. Line muffin cups with paper muffin liners. In bowl, stir together brown sugar, flour and pecans. In separate bowl, beat eggs and butter together until smooth. Stir into dry ingredients until just combined. Spoon batter into muffin cups, about 2/3 full. Bake for 20 minutes. Cool on wire racks.

Corn Flakes and Fruit Pizza
Tonya Sullivan Hanselman

4 c. corn flakes
2 Tbsp. light Karo syrup
2 Tbsp. sugar
2 Tbsp. butter, melted

Stir together and spread onto pizza pan. Bake at 350 degrees for eight minutes.

Toppings:

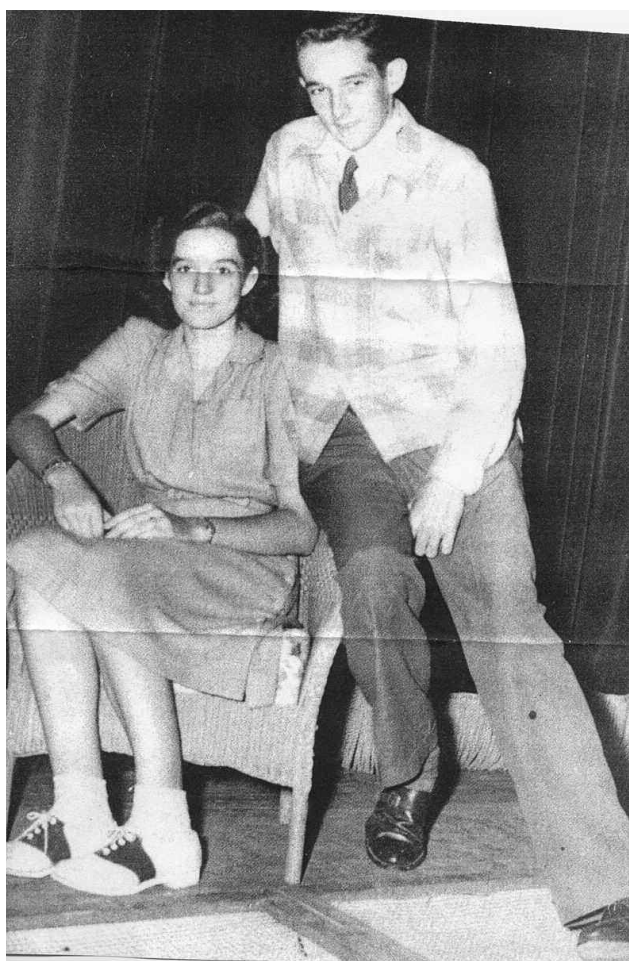
2 (8 oz.) pkg. cream cheese, softened
1 jar plus 1/2 jar marshmallow cream

Coconut Kisses
Delores Walker

2 egg whites
2/3 c. sugar
1/2 tsp. vanilla
2 c. corn flakes cereal
1 (31/2 oz.) can flaked coconut
1/2 c. chopped pecans

Preheat oven to 350 degrees. Beat egg whites on high speed until foamy. Gradually add sugar, 1 tablespoon at a time, until stiff peaks form. Add vanilla, corn flakes, coconut, and pecans. Drop by teaspoons onto cookie sheet lined with aluminum foil. Place in oven; turn off heat. Do not open over door for 8 hours.

Memory Lane



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LES Honor Roll

1st grade

Barnes, Chase
Barnett, Presley
Bieksza, Eli
Boyd, Makayla
Byrd, Natalie
Camacho, Jasmin
Camarillo, Regina
Campbell, Tristan
Dorsey, Dane
Driver, Durand
Folsom, Addison
Gonzalez, Karen
Hall, Abbigal
Hallstrom, Alex
Howell, Daven
Jackson, Tate
Johnson, Harris
Kin, Madison
King, Eden
Lamb, Noah
Malagon, Santiago
Mares, Trevor
McCray, Kaitlynn
Murphy, Jordan
Ogburn, Mackenzi
Pearson, Chloe
Ramirez, Kyle
Resendiz, Ricky
Richardson, Hyatt
Thomas, Emily Reese
Thorton, Raegan
Walker, Colton
Williams, Ja'mya
Williamson, Tywan
Wimberley, Sidney

2nd grade

Bass, Pearson
Buchanan, Avery
Buchanan, Callie
Gilliam, Gloria
Hancock, Ella
Herron, Catherine
Knight, Ellen
Miller, Dakota
Murray, Hannah
Peterson, Jack
Torres, Asa
Whistlar, David
Young, Daylen

3rd grade

Braswell, Amelia
Brock, Lane
Driver, Cason
Edwards, Riley
Garcia, Anthony
Garrard, Landen
Hewett, Drrick
Maund, Taryn
McCray, Gage
Moseley, Jaley
Moser, Samantha
Pitman, Ethan
Singletary, Marley
Stump, Jamie
Sullivan, Brent
Swinson, Taylor

4th grade

Carter, Sarena
Chaldler, Seth
Garland, Abby
McCray, Mallory
Perry, Carter
Perry, Colin
Thomas, Trenton
Torres, Geronimo
Vervisch, Gabe
Williams, Elizabeth
Williams, Hunter
Williams, Karah
Winburn, McKenzie

5th grade

Adams, Blake
Brock, Landen
Buchanan, Tanya
Carreno, Yasmine
Peterson, Hailey
Porter, Jacob
Powers, Jackson

A/B honor roll

1st grade

Adams, Luke
Beach, Kiley
Crowson, Skyler
Ditter, Peyton
Dykes, Amber
Garcia, Jose Reyes
Greenawalt, Andrew
Hall, Leland
Hallstrom, Bryan
Heath, Alivia
Jackson, Eva
Jackson, Kelby
Keast, Gregory
Lancaster, Zander
Land, Julie
Lessard, Jordan
Mares, Troy
Nickerson, Adrian
Paz, Jean
Revels, Diane
Simmons, Kaitlyn
Sullivan, Hailey
Tucker, Austin

2nd grade

Baucom, Kaylee
Bearden, Delayna
Bennett, Natalie
Buchanan, Camden
Buchanan, Evan
Camarillo, Jose
Campbell, Teagan
Carreno, Jeziel
Cook, Johntavious
Driver, Olivia
Enriquez, Jacelyne
Escamilla, Alondra
Evans, Anna
Ferrell, Braylon
Fundora, Miracle
Henderson, Cecil
Henderson, Trey
Herron, Bryson
Hill, Jalen
Johnson, Baylor
Koon, Chloe
Koon, Mallory
Lawson, Taryn
O'Steen, Kace
Pickrell, Caden
Plunkett, Kalia
Pridgeon, Huntley
Royal, Joseph
Sanchez, Dora
Warmblood, Isabella
Warren, Kyle
West, Mackenzie
Williams, Kennedy

3rd grade

Bulenes, Liliana
Comacho, Frankie
Cook, Elisabeth
Ducksworth, Katlyn
Esamilla, Linda
Fillyaw, Trace
Fundora, Gabriella
Goetzen, Ellah
Henderson, Page
Hernandez, Yulitza
Honkala, Melissa
Jackson, Allysa
Jones, Arianna
Lamb, Brannan
Lents, Logan
Lopez, Sarah Para
Mock, Dawson
Murphy, Karlos
Perez, Iasgel
Pollocks, Marquise
Posada, Kevin
Prine, Calyn
Putnal Dillon
Putnal, Britney
Rehberg, Madison
Severance, Coen
Shepherd, Sam
Thomas, Brooklin
Watkins, Emanuel
Williams, Dylan
Wilson, Brayden

4th grade

Avery, Rhiannon
Boligan, Alex
Bulnes, Samantha
Byrd, Maxwell
Byrd, Tana
Camarillo, Daniela
Camarillo, Julieta
Ducksworth, Makenna
Elder, Daranda
Espinoza, Julyana
Folsom, Lila
Gagliardo, Enzo
Garcia, Ellianna
Garcia, Sandra
Harrell, Randall
Hart, Ayden
Hicks, Maryssa
Jackson, Bethany
Jarrett, Colin
Leon, Samantha
Long, Bryson
Martin, Collin
Martinez, Javier Flores
Murray, Evan
Omar, Carreon
Resendiz, Jose
Shiver, Emma
Shiver, Faith
Simpson, Haven
Sullivan, Trinity
Ward, Jackson
Yetton, Jasmine

5th grade

Celedon, Sophia
Condy, Jasmine
George, Allie
Hamlin, Cayli
Hancock, Gabe
Land, Katie
Locklear, Austin
Martinez, Daniella
Massey, Riley
O'Steen, Kobe
Perry, Luzack
Revels, Peyton
Silva, Maria
Smith, Amandia
Snider Alissa

Farm-City Week

Thanksgiving is a time when we gather with our families and reflect upon the many blessings we enjoy as a nation. One of those blessings is a safe, nutritious and abundant food supply produced by our farmers and ranchers.

We also benefit from other agricultural products used to produce the clothing, housing, medicines, fuel and other products we use on a daily basis.

In appreciation of this farm-city partnership, the President of the United States annually proclaims the week leading up to and including Thanksgiving Day as Farm-City Week.

Foods, fibers and fuels are available to us because of a broad partnership of farmers and ranchers, processors, brokers, truckers, shippers, advertisers, wholesalers and retailers. The collaboration of these members of our society helps maintain our standard of living.

As the president of Lafayette County Farm Bureau, I would like to encourage local residents to take a moment this holiday season to appreciate the partnership that makes our food supply safe, affordable and abundant.

Rural and urban residents are partners in the production, consumption and distribution of agricultural items.

Lafayette County boasts a notable range of agricultural production.

Neither the farm nor the city can exist in isolation. Our interdependence creates jobs, products, markets and relationships that build our economy and support our collective security.

As we celebrate Thanksgiving, I urge your readers to remember the farm-city relationships that have allowed us to harvest a bountiful diet from our rich agricultural resources. We depend upon each other for our continuing quality of life.

Please join us in celebrating Farm-City Week as we give thanks for all that we enjoy.

Rod Land, President

Lafayette County Farm Bureau 874 E. Main St. , Mayo, Fla. 386-294-1399

Current version of GED test to expire

The current version of the GED test will expire at the end of 2013. The current version, known as the 2002 Series GED test, will be replaced with the new 2014 GED test on Jan. 2, 2014.

Those who have taken the 20002 Series GED test, but not passed all five parts, have until the end of 2013 to pass or they will need to start over again in 2014 with the new GED test in order to receive their high school credential.

"The GED test opens doors to college, better jobs, the respect adults deserve, and the satisfaction of earning a high school credential," said Pam Poole, GED chief examiner, Suwannee-Hamilton Technical Center. "So we want to be sure that everyone is aware of this deadline. GED test-takers must act now to finish and pass before the current test expires."

"Support is available, right here in Suwannee County," said Walter Boatright, director of career and technical education. "We can help adult learners get prepared to take the parts of the GED test they still need to pass. We want you to succeed."

Interested GED test-takers can find more information at finishtheGED.com.

A few important tips you should know about testing:

The current 2002 Series GED test is offered in two different format at SHTC. Call 386-647-4201 for more information.

Register Dec. 4 at 9 a.m. or 6 p.m. - Test Dec. 9 and 10 at 4 p.m.

Computer based format in English or Spanish is now offered every Tuesday and Wednesday at SHTC. Register at GEDtestingservice.com.

"To anyone who has already started the GED test, your future is calling. By passing the GED test, you can answer the call," said Randy Trask, president and CEO of GED Testing Service. "You owe it to yourself. Don't miss the chance to turn one small step into your next big opportunity in life."

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835536

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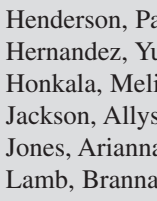
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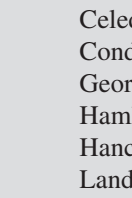
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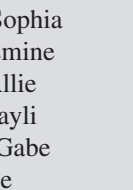
Joyce Marie Taylor, Reporter

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The Mayo Free Press
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Editorial Policy: The Mayo Free Press encourages readers to write letters to the editor expressing their opinion. All letters should be brief and to the point and those selected for publication (we reserved the right to accept or reject all letters) may be edited for space reasons. Letters must be signed and include the writer's address and phone number to be considered for publication. All letters become the property of The Mayo Free Press.

School Lunch Menu

November 11th - November 15th, 2013

DATE	LAFAYETTE ELEMENTARY BREAKFAST	LAFAYETTE ELEMENTARY LUNCH	LAFAYETTE HIGH SCHOOL BREAKFAST	LAFAYETTE HIGH SCHOOL LUNCH	A LA CARTE
11/11 Mon.	Veteran's Day Holiday	Veteran's Day Holiday	Veteran's Day Holiday	Veteran's Day Holiday	
11/12 Tues.	Cereal Crackers Milk Banana Breakfast Pizza	Ham, Mac & Cheese Casserole Carrots Green Beans Applesauce Milk	Cereal Crackers Milk Banana Breakfast Pizza	Ham, Mac & Cheese Casserole (Chicken Sandwich) Carrots Green Beans Wheat Roll Applesauce Bananas Milk	
11/13 Wed.	Cereal Crackers Milk Oranges Pancake Wraps Syrup	Chicken & Rice Turnip Greens Blackeyed Peas Cornbread Fruit Cocktail, Pudding Milk	Cereal Crackers Milk Oranges Pancake Wraps Syrup	Chicken & Rice (Beef Burrito) Pizza Turnip Greens Blackeyed Peas Cornbread Fruit Cocktail Oranges Pudding Milk	
11/14 Thurs.	Cereal Crackers Milk Apple Juice Yogurt Trix Poptart	Spaghetti & Meat Sauce California Blend Vegetables Salad w/Ranch Dressing Breadstick Pineapple Tidbits Milk	Cereal Crackers Milk Apple Juice Yogurt Trix Poptart	Spaghetti & Meat Sauce (Turkey Sandwich) California Blend Vegetables Tossed Salad Breadstick Pineapple Tidbits Apple Milk	
11/15 Fri.	Cereal Crackers Milk Orange Juice Breakfast Burrito	Pizza Steamed Broccoli Sweet Potato Oranges Chocolate Chip Cookies Milk	Cereal Crackers Milk Orange Juice Breakfast Burrito	Pizza Steamed Broccoli Carrot Sticks Sweet Potato Diced Pears Fresh Fruit Chocolate Chip Cookies Milk	

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Mayo Thriftway
Hwy 27 • 294-1165

Lunch and Breakfast are served at Lafayette Elementary and High School each day.
Varieties of Milk choices are available at both schools each day. Alternate High School menus are in parentheses.
Menus are subject to change due to availability of goods.

835548

PUZZLE SOLUTION

C	A	B	S	■	■	■	C	R	T	■	R	R	N	A
A	G	A	T	E	■	■	L	E	O	■	A	H	A	B
R	E	T	I	R	E	■	I	N	N	■	T	O	D	A
T	E	T	R	A	D	■	M	E	N	■	I	D	E	S
■	■	■	■	D	U	M	B	W	A	I	T	E	R	■
R	E	P	L	I	C	A	■	A	G	N	E	S	■	■
F	L	E	E	C	E	D	■	L	E	D	■	■	■	■
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D	H	A	L	■	A	N	A	■	N	E	A	R	B	Y
R	A	K	I	■	T	I	N	■	S	E	C	U	R	E
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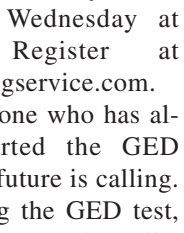
B	I	D	E	■	S	S	E	■	■	■	S	E	T	H

EARNHARDT & SONS UPHOLSTERY

November Specials

NO TRICKS

Chair $229.00
Sofa $389.00
Sofa & Chair $489.00



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Lighthouse Christian Academy 1st Quarter Awards

Diligence Award: Cecil Clemens, Summer Vahun, Haley Snipes, Destiney Jackson, Nicholas Clemens, Jaylah James, Victoriya Squires, Kristin Duckett, J.J. Swords

Christian Character Awards: Celsi Bash, Lucus Linton, Taylor Dortch, Emily Murray, Kaylin Lee, Ann Marie Mower, Caleb Snipes, Kracie Herron

A/B Honor Roll: Tristan Ward, Ashley Barrett, Matthew Ducksworth, Taylor Land, Dylan Clingan, Alex James, Kira Whittington, Zoie Barrett, Dalton Swords, Dakota Jolson, Ryla Thorton, Jaylah James, Ashley Mower, Alex Fletcher, Caleb Reed, Megan Bye, Kristin Duckett, Emily Murray, Trenton Payne

A Honor Roll: Kelley Ann Howell, Kaylin Lee, Marcie Barrett, Grace Pearson, Marah Land, Aiden Byrd, Matt Tice, Haley Snipes, Celsi Bash Kaiya Richardson, Emily Lyons, Reagan Fletcher, Emilee Williams, Gage Trawick, Dillian Hillwig, Nicholas Clemens, Kylie Whittington, McKenna Thomas, Jasmyne Agner, Destiney Jackson, Nicholas Griner, Davis Jackson, Ann Marie Mower, Hudson Powell, Andrew Ward, Savannah Roberts, Rebecca Clemens, Caleb Snipes, Emma Ducksworth, Addison Byrd, Avery Keen, Savannah Parker, Summer Fischer, Shannon Williams, Josh Agner, Victoriya Squires, Kracie Herron

Artisans and Growers Market

Opens in the Wirick-Simmons Garden

At the corner of Pearl and Cherry Streets

This market will be open the first Saturday of each month from 9 a.m. to 2 p.m.

If you Make it -- Bake it -- Grow it -- or Sew it, you can sell it here

$5.00 for your table – We furnish three canopy tents

$10.00 for 12x12 space on lawn for your tent or pick-up

All proceeds benefit the Monticello Old Jail Museum

For more information Contact:

Anne H. Holt

Phone: 850-576-0721

E - M a i l : ahholt@ahholt.com

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New York City Dec. 4-12, 2013

CHURCH DIRECTORY

Your Guide To Local Houses Of Worship

8 10758

AIRLINE BAPTIST CHURCH (SBC).....294-2676
Pastor.....Chip Parker
Sunday
Sunday School.....9:30 a.m.
Morning Worship.....10:30 a.m.
Evening Worship.....6:30 p.m.
Wednesday
Fellowship Supper.....6:00 p.m.
AWANA & Bible Study.....6:30 p.m.
Located Four Miles East of Mayo on Highway 27
"O Come Let us Worship The Lord" Ps. 95:6
784072

Methodist Church
Phone: 386-294-1661
FIRST UNITED METHODIST CHURCH
Located SE corner of Hwy. 27 & FL 51 Mayo
Pastor: Geary Rowell
Sunday School.....10:00 a.m.
Morning Worship.....11:00 a.m.
Evening Worship.....6:00 p.m.
"Welcome to exciting 1st Church - Where we give direction@the crossroads"
784104

NEW HOPE BAPTIST CHURCH
Pastor.....Rev. Charlie Walker
Sunday School.....9:30 a.m.
Morning Worship.....10:45 a.m.
Evening Worship.....6:00 p.m.
Wed. AWANA.....6:30 p.m.
Prayer Meeting.....7:00 p.m.
1370 N. SR51
"Come And Hear, All Ye That Fear God" PS. 66:16
809959

ALTON CHURCH OF GOD.....294-3133
Pastor.....Rev. Tim Hamm
Youth Pastor.....Jeremy Davis
Music Director.....Holly Braswell
Children's Pastor.....Ryan & Tiffany Perry
Sunday School.....9:30 - 10:30am
Worship Service/K.I.D.S. Church.....10:30am - 12:00pm
Evening Worship.....6:00pm
Family Nigh Youth club Church.....7:00pm Wednesday
State Road 27
810758

MAYO BAPTIST CHURCH
(386)294-1020 • 916 N. Fletcher Ave.
Rick James, Pastor
Music Director Dale Croft
Sunday Schedule 9:45 A.M.
Worship Service 11:00 A.M. Sunday
Night Service 6:00 P.M.
Wednesday Night Schedule Prayer Service & Youth & Children Meeting 7:00 P.M.
mayobaptistchurch@windstream.net
784099

PLEASANT GROVE BAPTIST CHURCH (SBC).294-1306
Pastor.....Todd Babione
Sunday School.....9:45 a.m.
Worship Service.....11:00 a.m.
Wednesday Discipleship Training.....7:00 p.m.
Evening Training.....6:00 p.m.
Seven miles West of Mayo, left on CR 534 then right on 350A
-- Jesus Saves --
784068

HATCHBEND APOSTOLIC CHURCH..935-2806
Pastor.....Rev. Steve Boyd
Sunday School.....10:00 a.m.
Wednesday Service.....7:30 p.m.
Located 4 miles South on Hwy. 349, then left on CR 138, follow signs.
784070

MIDWAY BAPTIST CHURCH.....935-4993
Pastor: Danny Rogers
Sunday School.....9:45 a.m.
Worship Service.....11:00 a.m.
Discipleship Training.....5:00 p.m.
Evening Worship.....6:00 p.m.
Prayer Meeting - Wednesday.....7:00 p.m.
Team Kids.....7:00 p.m.
\Located on County Road 354
"For If Ye Forgive Men Their Tresspasses Your Heavenly Father Will Also Forgive You" Matt. 6:14
784094

NEW HARMONY UNITED METHODIST CHURCH
160th St.
(Go south on 51 to 160th, turn right)
Pastor: Stan Posey
Phone (386) 776-1806
SUNDAY
Sunday Worship.....9:30 am
Bible Study.....10:30 am
WEDNESDAY
Women's Bible Study.....10:00 am
784051

FIRST ASSEMBLY OF GOD.....294-1811
Sunday
Sunday School.....10:00 a.m.
Worship Service.....10:45 a.m.
Kid's Church.....11:00 a.m.
Evening Worship.....6:00 p.m.
Wednesday
Youth Impact.....7:00 p.m.
Adult Bible Study.....7:00 p.m.
Pastor: Rev. Kenny Sullivan
Youth Pastor: Daryl Fletcher
Located at 294 SE Mill Street, Mayo "Renewing Hope and Building Lives"
784101

Brewer Lake Baptist Church
Off Hwy. 53 in Day, FL 386-294-1578
"We're Going, Growing and Glowing for God"
Sunday
Sunday School.....10 a.m.
Morning Worship.....11 a.m.
Training Union.....6 p.m.
Evening Bible Study.....7 p.m.
Wednesday
Children, Youth & Adult.....7 p.m.
Matt Swain, Pastor / Matt Robinson, Youth Pastor
"Come To Day...Come Today!"
784091

New Beginnings Church
a place for you
Pastor.....Wayne Hudson
Phone Number.....386-294-1244
newbeginningschurch@alltel.net
Purpose Statement:
New Beginnings exists to provide an environment where People can discover and develop a passion for God that is Real, relevant, and relational.
New Location: 163 W. Main Street, Suite 500
Service Schedule:
Sun. Morning Worship.....10:00 a.m.
At New Beginnings there's always "a place for you."
www.newbeginningschurchmayo.com
784048

LIGHTHOUSE CHRISTIAN CENTER
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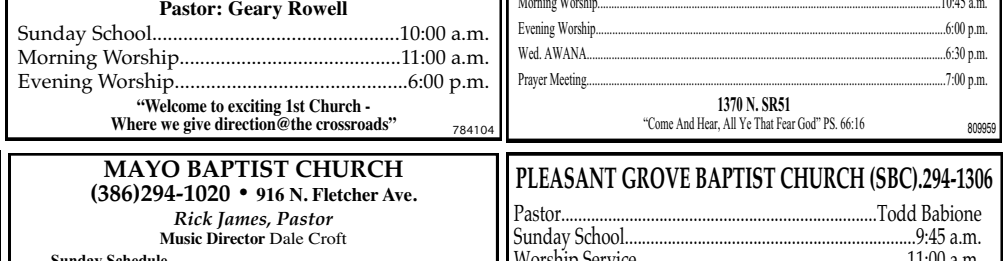
Mayo, Fl. 32066 • 386-294-3089
www.lccmayo.com
Morning Worship...Sun. 10:30 a.m.
Kids of the King.....Sun. 10:30 a.m.
Prayer Meeting.....Mon. 7:00 p.m
Bible Study.....Wed. 7:00 p.m.
Army of Fire Youth..Wed. 7:00 p.m.
784037



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Social Security Column

Perfect recipe for retirement

By Mary Kate Vang
Social Security Manager
in Lake City, FL

Succulent turkey. Savory stuffing. Green bean casserole. Sweet potato and pumpkin pie. Every family has its Thanksgiving dinner traditions. With a carefully followed recipe, everyone around the table can enjoy their favorite dishes.

If you plan poorly and wait to throw the bird in the oven at the last minute, you will end up with a turkey of a dish. The same can be said for financial planning and preparing for retirement. Follow the perfect recipe and you'll be rewarded with a juicy retirement.

Ingredients: one part Social Security earnings, one part savings, a pinch of planning.

First, start your retirement casserole with a visit to the Retirement Estimator. As useful as a food processor, the Estimator gives you an instant projection of what you can expect to receive in retirement benefits. Just plug in some simple information and the Estimator uses your past earnings and estimated future earnings to project about how much you'll get when you retire. Like an experienced cook, you can experiment with the recipe and plug in different future earnings and retirement dates until it's just the way you want it.

Next, fold in the savings. The earlier you begin, the better off you will be. Social Security replaces about 40 percent of the average worker's pre-retirement earnings. Most financial advisors say you will need 70 percent or more of pre-retirement earnings to live comfortably. To supplement Social Security you also will need savings, investments, pensions, or retirement accounts to make sure you have enough money to enjoy retirement. Visit the Ballpark Estimator for tips to help you save. www.choosetosave.org/ballpark.

If you have a pension from your employer or a 401k, IRA or similar retirement fund, be sure to add that into the mix.

Like to taste as you cook? Then you'll want to set up a my Social Security account so you can log in anytime to check your reported earnings and projected benefit estimates. If something doesn't taste just right — if your earnings are reported incorrectly or you find you need to save more to meet your retirement goals — there's still time to make corrections before your retirement casserole is done.

Once you've added the ingredients of Social Security earnings, personal savings, and any pensions you may have, it's time to let the retirement casserole bake.

If you pull the retirement casserole out to find it a little underdone, just put it back in for a bit longer. Delaying retirement can increase your benefits and give you more time to build up your savings. To learn more, read our publication entitled When To Start Receiving Retirement Benefits. It provides helpful information regarding the things you should consider when making a decision on when to collect retirement benefits. You will find it, along with our other useful publications, at www.socialsecurity.gov/pubs.

When the retirement casserole is ready, enjoy it! You deserve a comfortable retirement. Following a traditional Thanksgiving recipe carefully can ensure a satisfying meal. In the same way, following our financial planning recipe will help you achieve a more fulfilling retirement. Learn more at www.socialsecurity.gov.

Social Security Column

Hit a home run with Social Security

By Michael W. Grochowski
Social Security Regional Commissioner
in Atlanta

Baseball fans across the nation (and around the world) have just enjoyed the 109th World Series. Many fans are already looking forward to spring training, followed by cheering crowds filling giant stadiums as the new season gets under way.

Baseball is America's pastime. In the same way, Social Security is America's cornerstone. Virtually every American knows about baseball, and just about every person in America benefits from Social Security.

These days, more baseball fans watch on their television sets than in person. Many fans have even taken to watching their favorite team play online. Did you know that more people apply for their Social Security retirement benefits online instead of going way out into left field to visit an office and apply in person? In fact, more than fifty percent of people apply for retirement benefits online.

But just how many people is that?

Imagine your favorite full-sized baseball stadium packed full of cheering fans. Now imagine your second-favorite full-sized stadium, also packed full. That's a lot of people, but not even close. Try to picture over 140 full-sized stadiums brimming full of fans. That's how many people have applied online for Social Security retirement benefits. More than six million people!

It's as easy to understand why people prefer our online application at www.socialsecurity.gov versus applying in an office as it is to understand why so many people love baseball. Applying online is convenient — you can do it from the comfort of your home or office with the baseball game on your radio or television set. And applying online is like watching a game on TV — there's no traffic, no lines, and you can wear whatever you want.

Need to step away to refresh your snacks? You can stop and restart your application at any time. But you probably won't need to since it can be completed, from start to finish, in as little as 15 minutes. Once you electronically submit your application, that's it. You can sit back and enjoy the rest of the game.

When you are up to bat for retirement, join the millions who have applied the easy way: online. You're sure to hit a home run at www.socialsecurity.gov/pgm/retirement.htm

Childrens' flu vaccine available at Health Department

Influenza vaccine for children age 6 months through 18 years is now available at the Florida Department of Health in Suwannee County. This vaccine is free of charge and is given on Monday, Wednesday and Friday from 8-11 a.m. and 1-4 p.m. An appointment is not needed.

Influenza vaccine for adults continues to be available during the same hours. The cost of the adult vaccine is $20 and is covered by Medicare.

The seasonal flu vaccine is an inactivated, or killed, virus and cannot give you the flu. The vaccine is one of the best ways to protect yourself from an infection with the flu virus. Other preventive measures are:

Wash your hands frequently with soap and water or use an alcohol based hand sanitizer

Cough or sneeze into a tissue and dispose of it properly and wash your hands

Cough or sneeze into your elbow or sleeve if you do not have a tissue

Avoid touching your eyes, nose or mouth

Stay away from persons with the flu

Keep surfaces clean by wiping them with a household disinfectant

If you or your child have symptoms of the flu, STAY HOME and contact your doctor.

For more information call the Florida Department of Health in Suwannee County at 386-362-2708. We are located at 915 Nobles Ferry Road in Live Oak.

Social Security Column

Social Security serves those who've served

By Mary Kate Vang
Social Security Manager
in Lake City, FL

On Nov. 11, we honor our Nation's veterans for their service to America. What better time than now to tell you — and for you to help spread the word — about the many benefits and wealth of information Social Security has available for veterans and military personnel?

Social Security recognizes those who put their lives on the line for our freedoms. Members of the armed forces receive expedited processing of their Social Security disability applications. The expedited process is available for any military service member who became disabled during active duty on or after Oct. 1, 2001, regardless of where the disability occurs. Some dependent children and spouses of military personnel may also be eligible to receive benefits.

Visit our website designed specifically for our wounded veterans: www.socialsecurity.gov/woundedwarriors. There, you will find answers to a number of commonly asked questions, as well as other useful information about disability benefits available under the Social Security and Supplemental Security Income (SSI) programs. Please pay special attention to the fact sheet available on that website, Disability Benefits for Wounded Warriors.

You'll also find a webinar that explains the faster disability process available to wounded warriors. The program covers general information about Social Security disability benefits as well as topics unique to wounded service members. The online video is less than three minutes and a great introduction to disability benefits for veterans and active duty military.

On the same webpage, you'll also find links to useful Veterans Affairs and Department of Defense websites. The requirements for disability benefits available through Social Security are different than those from the Department of Veterans Affairs and require a separate application.

Military service members are covered for the same Social Security survivors, disability, and retirement benefits as everyone else. Although the expedited service is relatively new, military personnel have been covered under Social Security since 1957, and people who were in the service prior to that may be able to get special credit for some of their service.

To learn more about Social Security for current and former military service members, read Military Service and Social Security. It's available in our digital library at www.socialsecurity.gov/pubs.

But first, take a look at the wounded warrior page at www.socialsecurity.gov/woundedwarriors. The webinar, factsheet, and pertinent links will brief you on everything you need to know to "maneuver" your way through the Social Security process.

Sen. Dean honored as Audubon of Florida Teddy Roosevelt award winner

Award recognizes Dean's continued commitment to Florida's springs

Palm Harbor — Senator Charles S. Dean (R-Inverness) was recently recognized as the Teddy Roosevelt Award recipient by the Audubon of Florida at the 2013 Audubon Assembly. The award honors Senator Dean's "Resilience, Resolve and Courage" on behalf of Florida's environment.

"It is an honor to receive this award," said Senator Dean. "Protecting our environment continues to be my top priority while serving in the Florida Legislature. Florida's water must be protected. As Chairman of the Senate Committee on Environmental Preservation and Conservation I will see to it we do everything in our power to be good stewards of our most precious natural resource."

In the 2013 Legislative Session, Senator Dean helped secure $10 million in funding for spring protection and restoration projects. Senator Dean also filed Senate Resolution 1788 recognizing April as Springs Awareness Month.

NOTICE

THE 2013 TAX ROLL FOR LAFAYETTE COUNTY HAS BEEN RECEIVED FROM THE PROPERTY APPRAISER. TAX NOTICES HAVE BEEN MAILED TO THE OWNER OF RECORD AT THE LAST RECORD ADDRESS. IF YOU HAVE NOT RECEIVED YOUR TAX NOTICE BY NOVEMBER 15, 2013 PLEASE NOTIFY THE TAX COLLECTOR'S OFFICE AT 294-1961 OR AT THE OFFICE LOCATED IN THE LAFAYETTE COUNTY COURTHOUSE.

DISCOUNTS ARE AVAILABLE, 4% IN NOVEMBER, 3% IN DECEMBER, 2% IN JANUARY, 1% IN FEBRUARY, NO DISCOUNT IN MARCH, 3% PENALTY IN APRIL, ADVERTISED IN MAY.

POSTMARKS ARE USED TO DETERMINE THE MONTH OF MAILING FOR DISCOUNTS AND PENALTIES WHEN APPLICABLE.

PROPERTY OWNERS SHOULD BE AWARE THAT PROPERTY TAXES ARE DUE ANNUALLY.

PLEASE READ ALL ENCLOSED MATERIAL CAREFULLY WITH YOUR TAX NOTICE IMPORTANT INFORMATION INCLUDED.

GLORIA C WIMBERLEY
LAFAYETTE COUNTY TAX COLLECTOR

837421

Florida Department of Elder Affairs

Elder Options is a private, non-profit agency designated by the Florida Department of Elder Affairs to administer state and federal grant programs for seniors and caregivers in 16 counties. We serve as the Area Agency on Aging, 1-800 Elder Helpline, and Aging and Disability Resource Center.

Currently, we are accepting applications to fill a vacancy on our Advisory Council in Suwannee County. Applicants must be a resident of the County and should have an active interest in social and nutrition programs for older persons.

Members of the Advisory Council serve on a voluntary basis without pay. For an application or more information, visit our website at www.agingresources.org. You can also contact Cindy Roberts at (352) 692-5260 or robertsc@agingresources.org.

Green sea turtles nest at unprecedented pace in Florida this year

The number of green sea turtle nests in Florida this year was more than double the count of the previous highest year. Biologists with the Florida Fish and Wildlife Conservation Commission (FWC) have documented more than 25,000 green turtle nests on 26 index beaches in the state in 2013.

"We are astounded and pleased by the high number of green turtle nests documented in 2013," said Dr. Blair Witherington, FWC research scientist. "It looks like the years of conservation efforts for this endangered species are paying off."

FWC-trained and authorized surveyors across the state monitor nests on a set of index beaches that span nearly 250 miles and are the focus of the Index Beach Nesting Survey. These surveys began in 1989. Index surveyors follow firm counting guidelines, making it possible for FWC researchers to use the data from these beaches to identify trends.

The trend for green turtles shows an exponential increase in nesting over the past 25 years. In 1989, biologists documented only 464 green turtle nests on index beaches. In 2013, this index nest count was 25,553. The index count represents about 70 percent of green turtle nesting statewide.

Leatherback sea turtle nest counts have also risen dramatically over the past quarter century. However, the 2013 count of 322 leatherback nests on index beaches was 193 lower than last year.

Loggerhead sea turtles, the most prevalent sea turtle species on Florida's shores, accounted for 44,810 nests on index beaches this year, down from 2012's near-record count of 58,172 nests. Although this federally threatened speci es nests on the same beaches as green turtles and leatherbacks, loggerheads have not shown the recovery in numbers seen in nesting by the other two species. The high level of loggerhead nesting last year followed a pronounced drop in the species' nest counts between 1998 and 2007.

Hundreds of surveyors from conservation organizations, universities and federal, state and local governments – along with other volunteers – make possible the extensive data collection on Florida's nesting sea turtles. In conjunction with the Index Nesting Beach Survey, the Statewide Nesting Beach Survey documents sea turtle nesting on nearly all sandy beaches in Florida. Data from the statewide surveys will be available in early 2014.

The FWC's role in coordinating Florida's sea turtle nest counts, training surveyors and compiling data is funded by the U.S. Fish and Wildlife Service and sales of the state's sea turtle license plate. Florida residents can purchase the plate to support these efforts at BuyaPlate.com.

For more information about trends in sea turtle nest counts, visit MyFWC.com/Research, click on "Wildlife," then click on "Nesting" under the "Sea Turtle" heading. Report sick or injured sea turtles to the FWC's Wildlife Alert Hotline at 888-404-FWCC (3922).

Florida Tail Association Suwannee Chapter meetings

Meetings are held on the second Monday of each month, except in July and Aug., at the Suwannee River Water Management District Office, from 7-9 p.m. The SRWM office is located on US 90 and CR 49, two miles east of Live Oak. The public is cordially invited to attend.

The mission of the FTA is to develop, maintain, promote and protect a continuous public hiking trail the length of the state of Florida, called the Florida National Scenic Trail, and other side and loop trails, together called the Florida Trail System. Further, they are dedicated to educating the public by teaching appreciation for and conservation of the natural beauty of Florida, and to provide opportunities for hiking, camping and other outdoor experiences.

For further information, you may go to the Florida Trail Suwannee Chapter website at: suwannee.floridatrail.org, or Suwannee MeetUp Group at: www.meetup.com/suwannee-FTA. You may also contact the Chapter Chair, Irvin Chance, at andachance @msn.com

Savvy Senior

How Divorce Can Affect Your Social Security

Dear Savvy Senior,

Am I entitled to my former husband's Social Security benefits? I was married for 12 unpleasant years and would like to know what I may be eligible for.

Ex-spouse

Dear Ex-spouse,

You'll be happy to know that for the most part, Social Security provides divorced spouses benefits just like they do spouses, if you meet the government's requirements. Here's how it works.

A divorced spouse can collect a Social Security retirement benefit on the work record of their ex-husband (or ex-wife) if they are at least age 62, were married for at least 10 years, are unmarried now, and are not eligible for a higher benefit based on their own work record.

In order to collect, however, your former spouse must also be at least 62 and eligible for Social Security benefits, and you must have been divorced for at least two years. But, he doesn't have to be receiving them in order for you to collect divorced spouse's benefits.

Even if your ex is remarried, it won't affect your right to divorcee benefits, nor will it affect your ex's retirement benefits or his current spouse's benefits.

Benefit Amount

A divorced spouse can receive up to 50 percent of their ex's full Social Security benefit, or less if they take benefits before their full-retirement age – which is 66 if you were born between 1943 and 1954. To find out your full-retirement age and see how much your benefits will be reduced by taking them early see ssa.gov/retire2/agereduction.htm.

Keep in mind though, that if you qualify for benefits based on your own work history, you'll receive the larger of the two benefits. You cannot receive benefits on both your own record, and your ex's work record too.

To find out your retirement benefits based on your own earnings history, see your Social Security statement at ssa.gov/myaccount. And to get an estimate of your divorced spouse benefit, call Social Security at 800-772-1213. You'll need you're ex's Social Security Number to get it.

Getting Remarried

Since three-quarters of U.S. divorcees get married again, it's also important to understand that remarrying makes you ineligible for divorced spouse's benefits unless the later marriage ends. And, for those who have been married and divorced twice, with both marriages lasting more than 10 years, you can collect using the ex-spouse with the larger Social Security benefit.

Divorced Survivor

You also need to know that if your ex-spouse dies, and you were married for 10 or more years, you become eligible for divorced "survivor benefits," which is worth up to 100 percent of what your ex-spouse was due.

Survivor's benefits are available to divorced spouses as early as age 60 (50 if you're disabled). But, if you remarry before 60 you become ineligible unless the marriage ends. Remarrying after age 60 will not affect your eligibility.

Also note that if you are receiving divorced spouses benefits when you ex-spouse dies, you will automatically be switched over to the higher paying survivor benefit.

Switching Strategies

Being divorced also offers some switching strategies that can help boost your benefits. For working divorced spouses, there's an option that lets you file a "restricted" application with Social Security (at full retirement age) to collect a divorced spousal benefit, which is half of what your ex gets. Then, once you reach 70, you stop receiving the ex-spousal benefit and switch to your own benefit, which will be 32 percent higher than it would have been at your full retirement age.

Divorced widows (and widowers) have even more options. If, for example, you are currently collecting Social Security retirement benefits on your own record, and your ex-spouse dies, you can switch to survivor's benefits if the payment is larger. Or, if you're collecting survivor's benefits, you can switch to your own retirement benefits – between 62 and 70 – if it offers a larger payment.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

A message from Rep. Ted Yoho

Dear Friends,

This last week we've seen a growing number of people call for a delay of the Affordable Care Act. Incomplete doctor lists, error messages, privacy issues, and other glitches continue to plague the website. We also have security issues with the "navigator" program that exposes private information.

A one year delay of the Affordable Care Act is a reasonable solution that proponents of the Affordable Care Act should support. Even supporters of this legislation can recognize that there are problems with this law that need to be addressed. I don't believe Americans should be forced to buy health insurance. Forcing someone to buy health insurance infringes on their liberties and freedoms. However, right now, even if you wanted to be in compliance with this law, chances are that you would have a difficult time. People shouldn't be punished or pay a fine for the government's failures.

Therefore, I believe a one year delay of the law not only is the reasonable thing to do--it is the correct thing to do. I will be the first to admit that I am not in favor of this legislation. However, so long as these problems plague the Affordable Care Act there should be a delay of the penalties and fines.

However, it is not simply enough to oppose the Affordable Care Act--there needs to be a solution. I am in favor of the American Health Care Reform Act (HR 3121) as a free-market option to provide affordable access to health insurance. This legislation unleashes competition by allowing Americans to purchase health insurance across state lines. If a health plan in another state is affordable and has a plan that is a good fit, you should have the freedom to purchase that plan. It also enables small businesses to pool together and purchase health insurance. This legislation also provides tax reform to allow Americans and their families the ability to deduct health care costs just like corporations can do now. It protects those with pre-existing conditions and limits the frivolous medical malpractice lawsuits that drive up the cost of insurance. It also expands Health Savings Accounts to give you ultimate control over how you spend and save your health dollars.

These are just a few solutions that would eliminate the federal mandate to purchase health insurance and protect Americans from being forced to buy something simply for living and breathing. You see, health costs can be lowered in a way that allows freedom, choice, and innovation. I am in favor of this legislation and others that would accomplish these noble goals.

I encourage you to take a look at this legislation and give me your feedback. You can contact me here. I am looking forward to hearing from you.

Take care,

Ted

"I can sleep peacefully now that I don't worry about what could happen to Mom in her home."

Renee Poole with her mom, Eleanor Preston

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EQUAL HOUSING OPPORTUNITY

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Restoration project underway for Middle Suwannee and springs

Continued From Page 1A

ty Board of County Commissioners.

As part of the restoration project, SRWMD is re-establishing natural drainage patterns by modifying hydraulic structures, such as ditch blocks, culverts and flashboard risers within Mallory Swamp on the southeast end of Lafayette County. SRWMD owns 31,000 acres of Mallory Swamp, which sits in the middle of the Lafayette Forest Wildlife and Environmental Area. Roughly 1,500 acres of ponds and 4,000 acres of wetlands will be rehydrated as a result of the project.

Aquifer recharge wells will be placed in a few locations within the swamp to increase groundwater levels in an attempt to improve spring flows and groundwater supplies in the Middle Suwannee region. Collection of surface water data, identification of key hydraulic structures, assessment of geologic and hydrogeologic conditions, and locating test well sites and working with local governments is currently underway.

SRWMD Executive Director Ann Shortelle presided over the meeting, which was delayed for a short time as everyone awaited the arrival of Sen. Dean who was at a local legislative delegation meeting. It gets quite hot and steamy out in the middle of the swamp on a hot, sunny day, so everyone was searching for a shaded area to get out from under the blazing sun.

"I know it's been a long, hot wait, but I think it's worth it," Shortelle said. "This project is one of the few but wonderful funded springs projects for this fiscal year and the SRWMD is so pleased and grateful to be the recipient of the funding for this project."

Shortelle thanked Governor Rick Scott and the state of Florida for providing more than $11 million in state appropriations to help fund the project, as well as Sen. Dean for his leadership in the senate.

The project, Shortelle explained, will support groundwater supplies to help agriculture and domestic water users, as well as surface water features, and ultimately benefit the springs and the Suwannee River.

"When we support sustainable water for agriculture, we're supporting sustainable water for our springs and for our river," said Shortelle.

SRWMD Governing Board Chairman Donald J. Quincey said, "This couldn't have happened without Sen. Dean. He has been the backbone in the legislature of getting this done."

Citing that the SRWMD has the highest magnitude springs in North America and possibly the world, Quincey said that the springs in the district are extremely important to protect. He also said it is vital to keep the Suwannee River clean and healthy. With agriculture being the primary industry in the district, aquifer levels are a major focus of concern.

Shortelle introduced DEP Secretary Herschel T. Vinyard who briefly spoke about the project and thanked everyone involved.

Sen. Dean, who has lately been dubbed as 'Senator Springs' because of his leadership in support of springs protection and restoration, said this project is just the beginning of what can be done for the entire state of Florida.

SRWMD Senior Hydrogeologist Dale Jenkins and Engineer Brian Brooker, who are actually doing the work, according to Shortelle, both explained the more intricate processes involved with the project as the crowd attentively listened.

River cleanup bags 110 pounds of trash

Continued From Page 1A

were given free shuttles back to their vehicles after the day's event.

Grandma Susie's Cookin' Shack fed all the volunteers when they arrived at the resort, which was followed by a 7 p.m. party with the Salt Water Cowboys band.

After cleaning up six miles of the Suwannee River, the group wound up with 110 pounds of trash along the six mile stretch of river.

"My brother Dan Saethre and I were the ground crew," said Page.

Representative Halsey Beshears and Senator Charles Dean.
-Photo: Joyce Marie Taylor

Mayo Free Press, 50 more years gone by

Continued From Page 1A

have been threatened by her husband into taking the money from the home of the handicapped Golden.

Stolen safe from LHS recovered

January 31 - A fireproof safe from Lafayette High School stolen by three men in September of 1962 is found in a field near the school. The safe never held any valuables, and was found empty.

New postmaster for Day, Fla.

February 7 - The town of Day, Fla. swears in a new postmaster, Mrs. Marvin Dean Sullivan.

Gaskin home burned to the ground

February 16 - A fire thought to have been caused by faulty electrical wiring destroys the home of Circuit Clerk Tom Gaskin and his wife. The couple and their two children were left with nothing but the clothes on their backs, but were already planning to rebuild.

Polio drive held by Boy Scouts

March 5 - Local Boy Scout troop holds door-to-door polio fundraising drive for the March of Dimes. They raise over $10 in their first week of campaigning.

LHS Hornets basketball comes in third

March 7 - LHS Hornets basketball team take third place in the Group 3, Class C tournament.

Boys' Cottage created at ACV

March 17 - Advent Christian Village dedicates the new Boys' Cottage, a home for a dozen in-need youths and their guardians.

Branford Rodeo rakes in prizes

April 6/7 - Championship Rodeo held in Branford, with over $700 in prizes awarded.

LHS Senior Superlatives named for class of 1963

April 11 - Most Athletic - Shirley Dees and Marty Barrs; Most Intellectual - Carolyn Stirling and Bobby Bell; Most Popular - Lynn Rutledge and Sammy Jack Folsom; Most Witty - Barbara Ezell and Leland Murray; Best All-Around - Louise Koon and David Perry; and Most Talented - Janice Hodges and Leland Murray.

Rev. Jessie Land passes away

April 26 - Reverend Jessie Land dies at age 83. He was the former pastor of Mayo Baptist Church.

LHS class of 1963 graduation

May 23 - The class of 1963 graduates from Lafayette High School under Principal O.H. Rutledge with 37 students, 19 boys and 18 girls.

Miller home destroyed by fire

June 2 - A fire of unknown origin burns down the frame home of Mr. and Mrs. Lester Miller. All of their possessions are destroyed.

Escaped chain gang prisoner hunt still on

June 6 - The search continues for an escaped road gang prisoner, William Edward Leggett, who was serving 24 years for 6 counts of breaking and entering. He had escaped earlier in the past week.

Branford FFA members take home top prizes at 35th Annual Convention

June 12 - Three Lafayette FFA members took home one of the highest awards possible, the State Farmer Degree. They were Leland Murray, Jerry Fletcher, and Kenneth Arnold.

Agricultural leader Oneal Boatright dies young

July 16 - Oneal Boatright dies at the age of 47. He was a local civic leader and sawmill and stockyard operator, who owned livestock markets in Mayo, Live Oak, and Bell, Fla, and a meat processing plant in Mayo. He was also the President of the Florida Association of Livestock Markets.

Flue-cured tobacco season sales begin

July 25 - Flue-cured tobacco markets open in Live Oak, Madison, Lake City, Jasper, and High Springs.

Former LHS principal journeys to Japan

August 15 - Former Lafayette High School principal J. Donald Cates goes to Japan to teach U.S. Servicemen's dependents. He took the position of an assistant principal at a Tokyo school for two years.

MLK, Jr. delivers infamous 'I Have a Dream' speech

August 28 - During the March on Washington, Martin Luther King, Jr. gives his most moving speech at the Lincoln Memorial. No mention is found in the *Mayo Free Press*.

Bell family named Farm Family of the Year

August 29 - The Lafayette County Farm Bureau names the Oliver Bell family as Farm Family of the Year for outstanding farming practices and quality yields.

New school year begins for Lafayette County

Sept. 3 - The 1963-1964 school year starts for the Lafayette County School District.

Mayo gets new fire truck

Sept. 6 - A second fire truck is purchased for Mayo. Two weeks later, the older model is sold in favor of the newer one.

Hornets play first football game of the season

Sept. 20 - The Lafayette High School Hornets football team lost their first game of the season, an away game against Chiefland.

Oldest living person in county celebrates 93rd birthday

Oct. 13 - The oldest living person in Lafayette county at the time, J.J. Arnold, has a quiet 93rd birthday.

LHS Homecoming

Oct. 17 - The Lafayette High School holds their annual Homecoming celebration. Miss LHS is Dereida Kay O'Steen and the Homecoming Queen is Gail Bowlin.

Mayo elections see mayor remain in office

Nov. 5 - The Mayo elections were held, and incumbent Mayor Alton Hughes wins over J.B. Knight. 271 people voted.

Civic leader Hugh Hart passes at 83

Nov. 10 - Hugh Elmo Hart dies at the age of 83. He was a cattle farmer and politician, serving as both a tax assessor and a school board member for the county.

President John F. Kennedy assassinated

Nov. 22 - U.S. President John F. Kennedy is assassinated, and Vice President Lyndon B. Johnson steps up to take his place. The *Mayo Free Press* flies the flag at half-mast, and publishes an editorial about the tragedy on Nov. 28.

75th anniversary edition of *Mayo Free Press* is published

Nov. 28 - The 75th anniversary edition of the *Mayo Free Press* is published with a total of 28 pages, the largest edition printed at the time. Filling those pages were dozens of stories on the histories of local churches, farms, and the town of Mayo itself.

LHS athletics steeped in debt

Dec. 12 - The Lafayette High School Athletic Department is audited and found to be over $10,000 in debt in unauthorized purchases.

Dean and Beshears visit Mayo

Continued From Page 1A

meeting wasn't very high.

After the invocation and pledge to the flag, Sen. Dean announced that the Florida Legislative Session will convene on March, 4, 2014.

County Commissioner Gail Garrard spoke on behalf of Commission Chair Lance Lamb and asked Dean not to forget Lafayette County on issues such as Medicaid, the retirement fund and especially flooding issues within the county.

"We need some help with that," said Garrard.

Lafayette County Finance Director Steve Land told Dean, "We would like to say we appreciate the SCOP and SCRAP program that y'all assisted us with in the last several years."

Land said without those extra funds it would be impossible to keep their roads in the condition they're in now.

"I hope y'all continue to support those programs," said Land.

The retirement contributions, Land said, really hit the county hard.

"Some of them went up almost 200 percent in the contribution rates that we have to give to the state of Florida," he said.

Land went on to say that the Small County Coalition has been of great help to Lafayette County.

When it was time for Supervisor of Elections Travis Hart to speak, he said, "We're still in a learning process. We're working hard. We're going to be the best we can be here in Lafayette County."

Being the second smallest county in the state, Hart said they were going to have a big celebration when they reach the 5,000 mark of registered voters. Currently, he said, there are almost 4,500.

Hart mentioned that he wasn't in favor of having the Secretary of State presiding over all supervisors of elections, which was put in place last year. Hart said there are already statutes in place governing the elections supervisors and he'd like to see it stay that way.

"We don't need an unelected head up there telling us that just because we're out of compliance they can snap us up at his will when we already have statutes that take care of that problem," said Hart.

Hart said since next year is an election year, he'd prefer not to see the legislation pass down changes that need to be done at the last minute.

"If I'm reading you loud and clear, you want me to pick up the phone and call you before I start doing anything," Dean joked.

"That's right," said Hart.

Superintendent of Schools Robby Edwards thanked Dean for all the money sent so far from the state to the local school districts. He then brought up PECO funding, which has been non-existent for the past few years for public schools. Those funds have been going to charter schools instead, and Edwards asked if something could be done to disburse some of those funds back to the public schools for use in repainting, floor waxing and standard maintenance.

"If we don't have that money, it really hits our general fund hard," said Edwards. "Our district, as well as a lot of districts around us right now, are really struggling financially to keep that stuff afloat. If there's any way to shift any of that money over to the public schools, we'd surely appreciate it."

"We surely understand the constraints that you're under," said Dean.

He then repeated that small counties need to continue utilizing the Small County Coalition to be sure their voices are heard.

The meeting ended with Dean reminding everyone that he and his staff are available at any time.

"We're ready to take on the issues and try to do what we can," said Dean.

Sports

Lafayette County's news source since 1888. We're proud to serve!

Hornets dominate Branford

Following the 49-7 win, the Lafayette Hornets players and coaching staff take a moment for a picture with the helmet that will remain in Mayo for another year.

By Jack Howdeshell, correspondent

It doesn't matter what the season records are or if post season considerations are on the line, when the Hornets and the Buccaneers meet, it's all about pride and the helmet. This year the two teams met in Branford and the Lafayette Hornets were in need of a victory over their district rivals to guarantee a post season appearance. Branford would have liked nothing more than to end Lafayette's string of playoff appearances and reclaim possession of the helmet that has resided across the river for too long in their opinion.

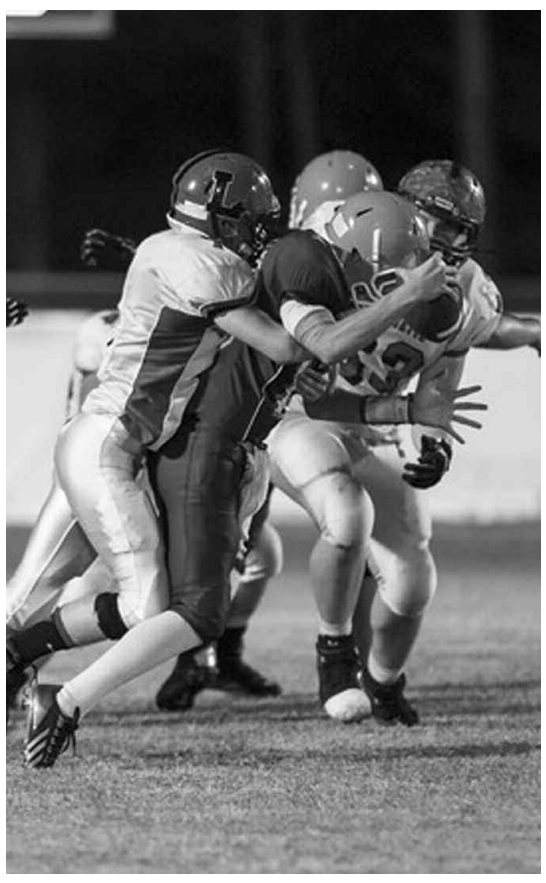
On Senior Night when the fans of the Blue and Orange recognized fall sports and band seniors, it quickly became the seniors and the rest of the teammates on Branford's sideline who were in a celebratory mood. Even with a week that once again caused the Hornets' coaching staff to plug holes created by a growing list of injuries, they were able to score all the points they would need in the first quarter to claim the win and retain the helmet another year. Following the 14 point first quarter, Lafayette added another touchdown before the Buccaneers broke-up the shutout with under three minutes remaining in the half. With the margin now 21-7, the Hornets served notice there would be no comeback scoring twice with the time remaining to go into halftime leading 35-7.

With wholesale substitutions now part of the game plan, the Hornets rolled to a 49-7 win over the cross-river rivals and hopefully escaped with no further injuries.

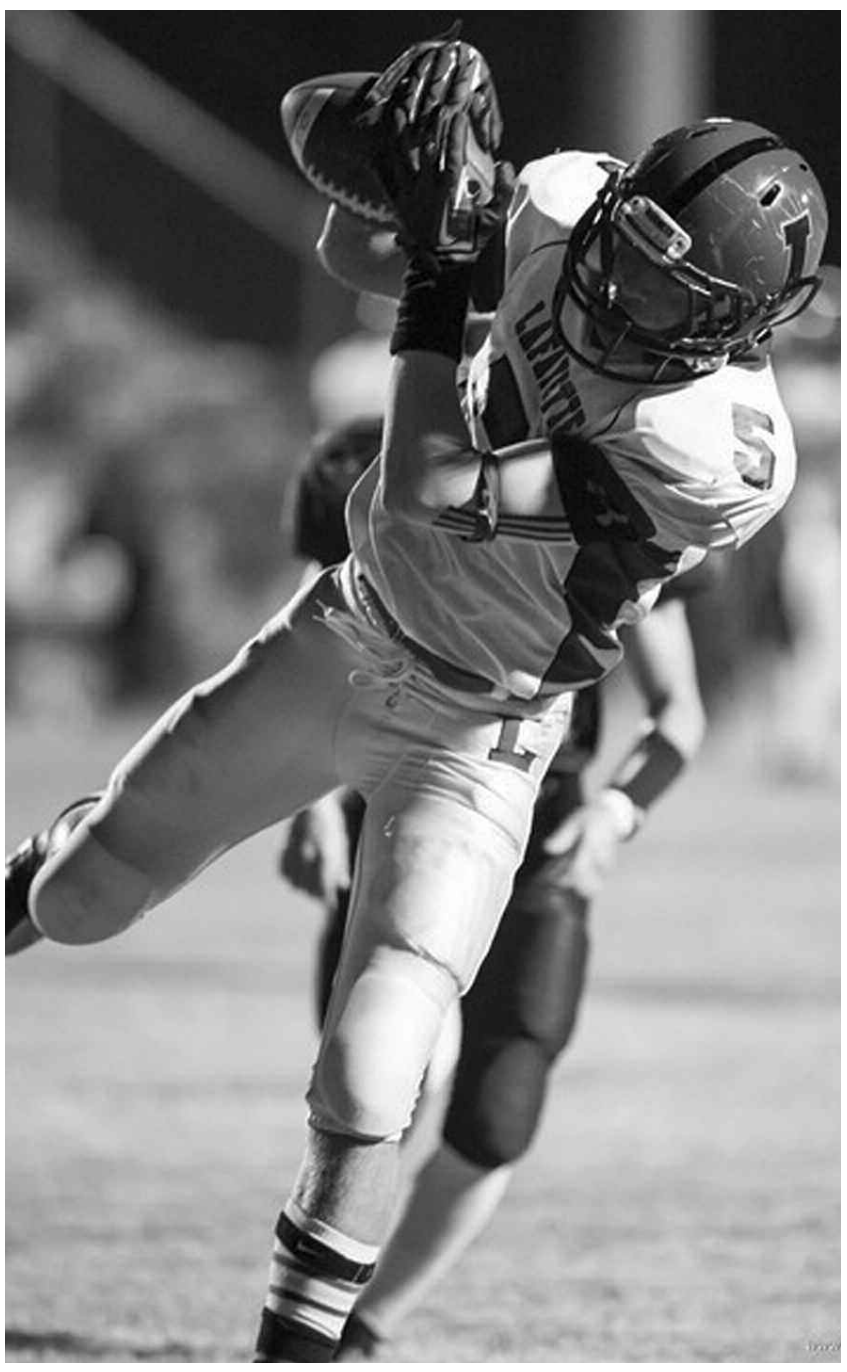
Branford will close out the regular season Friday night against Bell at Bell.

Lafayette will now closeout the regular season by hosting one of the top Class 1A teams in the state, Dixie County, on Friday before heading to Trenton for the first round of the state playoffs against the Tigers on Nov. 16.

Surpassing 1,200 yards passing on the season, junior quarterback Brycen Lee (11) and the Hornets secured a playoff spot by defeating the Branford Buccaneers 49-7 on Friday, Nov. 1, 2013.



There wasn't much opportunity for the Branford offense to get on track Friday as the Hornets' defense kept the pressure on all night as displayed with this sack by Kyle Mercer (7) of the Buccaneer quarterback.



Sophomore Kayne Hurst (5) makes the reception in the end zone as the Hornets picked up nearly 400 yards of total offense in the 49-7 win Friday in Branford over the Buccaneers.

Lafayette junior Tim Fleming (2) pulls in one of his six touchdowns on the season during the 49-7 win over Branford.

Lafayette's Myles Byrd (43) catches the Branford quarterback in the backfield for a big loss on the play. - Photos: Jack Howdeshell

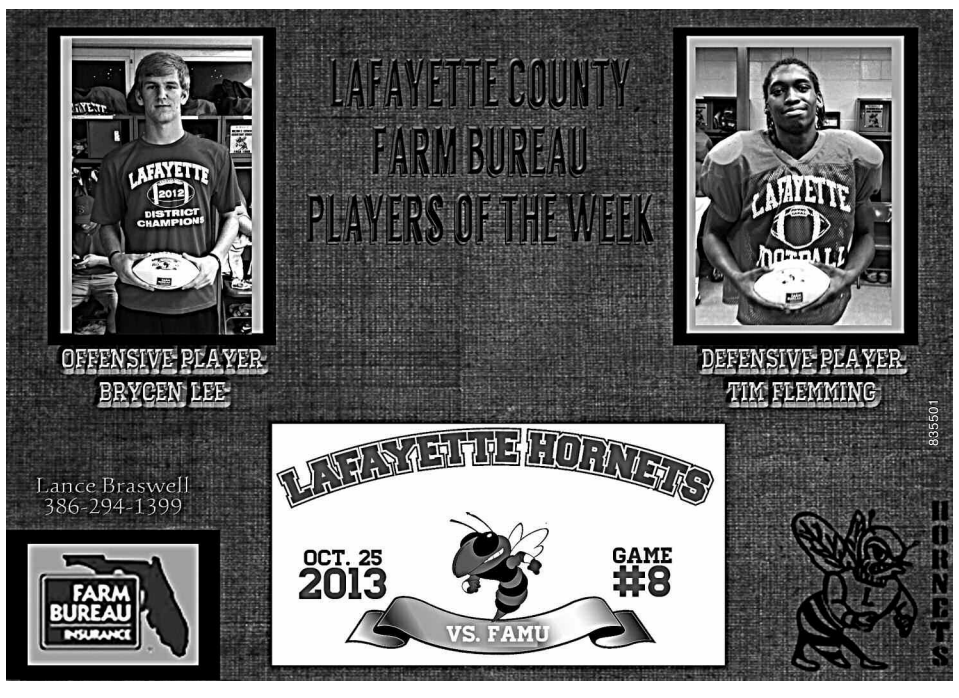


Photo courtesy of Getty Images

Holiday Scents Take You Back

Photo courtesy of SC Johnson

FAMILY FEATURES

The holiday season gives people the chance to take a break from their typically hectic lives to catch up with family and friends. Beyond the festive decorations, music and food that make this time of year so special, it's important to take a moment to enjoy the scents and the great feelings, memories and motivations that they inspire — especially while entertaining. Whether it's the smell of mom's homemade cookies or the woodsy allure of a fresh-cut tree, these smells have a remarkable way of boosting spirits.

While the holiday season is an especially fragrant and emotional time of year, a new study by Glade shows that many people undervalue the positive impact scent can have on their daily lives. Forty-four percent of survey respondents said if they had to lose one of their five senses it would be smell. Yet, more than four out of five said they know from experience that scent can have a positive effect on mood. Those who are aware of the mood enhancing benefits of scent understand its important role during the holidays and beyond.

"Scent is one of our most powerful senses. It brings more meaningful moments to our lives every day by allowing us to feel more, more often. This is especially relevant during the holidays — a time of year rich with fragrance, emotion and memories," says Rachel Herz, Ph.D., who has been researching the intersection of smell, emotion, perception, motivated behavior and cognition since 1990 and is the author of "The Scent of Desire: Discovering Our Enigmatic Sense of Smell."

This winter, capture the moments and special memories of the holiday season by creating a warm environment for family and friends. Here are some tips to incorporate into your holiday entertaining preparations that will make your home perfect for an inviting gathering:

▪ Evoke the senses through scent

From the sweet fragrance of rich vanilla or the blend of winter berries and greenery, walking into a room with a seasonal scent instantly sets the mood, whether it's comfort and relaxation from warm vanilla or invigoration from wintry greens. A lit candle on a side table is always a lovely touch to your holiday décor, though there are other options for enjoying your favorite fragrances such as Glade Wax Melts or Glade PlugIns Scented Oil Customizables Warmers. You and your guests will love the many options available in the Glade Winter Collection, which includes scents like Sparkling Spruce, a fresh balsam and crisp cypress fragrance that may evoke nostalgic memories of decorating your first tree or perhaps sledding in the woods after the first winter snow.

▪ Turn up memorable melodies

Like scent, music has a way of evoking feelings and memories. When looking for a playlist, choose music that speaks to childhood holidays. Or, delight older relatives with holiday classics they'll enjoy. If you have musicians in the mix, encourage them to bring their instrument and favorite holiday songbooks.

▪ DIY décor

Adding a cheery look to your home can be done without a trip to the craft or home decorating store. Simply fill large glass vases, metallic serving bowls or lanterns with brightly colored glass ornaments for gorgeous centerpieces that will illuminate the room. Add a sentimental touch by using decorations that have been passed down through generations.

▪ Let it glow

Having the right amount of light is a must for any gathering. Be sure to have a room that is properly lit for guests to enjoy activities, while maintaining an inviting atmosphere. Everyone will love cozying up to a burning fireplace. If you don't have a fireplace, place candles around your space for an intimate feel.

▪ Serve treats that please the senses

Give guests a trip back in time to grandma's kitchen and bake up special treats that evoke the sense of nostalgia. Time your baking so the goodies are done right before the guests arrive to thoroughly enjoy lingering baking smells. Freshly baked gingerbread cookies, cinnamon apple cake or pumpkin pie are always sure to please.

This holiday season, encourage your guests to smell, feel and share their best feelings by creating an atmosphere that is warm, inviting and memorable — because nothing makes us feel quite like scent. For more information, visit www.glade.com or follow Glade on Facebook, Twitter and Instagram.

Connections between happiness and smell

According to the study, the following scents were listed as those that most inspire happiness among the respondents questioned:

- Freshly baked bread (72%)
- Freshly laundered clothing (70%)
- Briny smell of the seashore (66%)
- Tang of a fresh-cut orange (63%)
- Sweet bouquet of apple cinnamon (62%)
- Warm scent of vanilla (60%)
- Decadent smell of chocolate (59%)

BEST BETS FOR

HEALTHY FAMILY MEALS IN A HURRY

FAMILY FEATURES

Making the decision to eat better doesn't mean you have to stock your fridge exclusively with carrot sticks and lettuce leaves. There are plenty of healthy and delicious meal options that will have your taste buds cheering.

Fill up your fridge

How many times have you raided the fridge, only to eat the first thing you could find? Arrange your fridge so everything at eye level is packed with nutritional benefits. The top shelf is prime space for fresh fruits, berries, vegetable sticks, string cheese and hard boiled eggs.

Keeping lean proteins on hand is another way to take proactive steps towards creating healthy meals. Lean proteins, like the protein found in soy, can help families feel fuller longer and can also help lower the chances of childhood obesity.

Pick the perfect protein

During dinnertime, entrées featuring beef, pork or chicken are often the star of the plate. However, meat proteins can supply your recipes with unwanted saturated fats and cholesterol. Instead of asking your family to forego their favorite meat dishes, try swapping out meat proteins with meat alternatives, using soy protein. Soy is a high-quality vegetable protein that is easy to incorporate into your family's diet. It can support muscle strength and is an especially good choice for managing healthy weight for the entire family.

MATCH® premium meat alternatives provide the taste, texture and nutrition meat lovers want, without the saturated fats and cholesterol. Look for great flavor matches like ground pork, Italian sausage, ground chicken, crab and ground beef at www.matchmeats.com.

Find recipes for family favorites

Quick, easy and delicious have to be a part of every family's meal on busy weekdays. Breakfast Burritos are sure to be a family favorite. Simply fill tortillas with MATCH® Italian Sausage, eggs, cheese, salsa and fresh herbs for a hot, tasty start to your morning. Another sure crowd pleaser is Beef Tacos. Just swap out traditional ground beef for MATCH® Ground Beef and spoon your favorite taco ingredients into soft or hard shells. Homemade Beef Sloppy Joes are equally as easy to make. This recipe is a tasty way to get your whole family fed and out the door in time for evening activities.

Once you've picked the perfect recipes and filled your fridge with lean proteins, like soy protein, eating well will become a healthy habit the whole family will love.

Beef Tacos

Makes: 6 to 8 tacos

- **1/2 cup extra virgin olive oil**
- **2 cups yellow onion, diced**
- **2 tablespoons fresh garlic, chopped**
- **1 pound MATCH® Ground Beef**
- **4 tablespoons taco seasoning**
- **1 tablespoon ground cumin**
- **2 cups canned black beans, drained and rinsed**
- **1 jalapeno, diced with seeds**
- **6 to 8 hard or soft taco shells**
- **Shredded lettuce, chopped tomatoes, sour cream, guacamole, cheese, taco sauce or your other favorite toppings**

Add olive oil to saucepan over medium heat. Add onion and sauté for 2 to 3 minutes until clear but not brown. Add garlic. Sauté for one minute. Add MATCH® ground beef and break apart with fork. Sauté for 1 to 2 minutes. Add taco seasoning and cumin. Increase heat to medium/high and continue browning MATCH® ground beef until outside is crispy. Add black beans and reduce heat to medium. Add jalapeno. Serve with your favorite taco shells and your favorite toppings.

Beef Sloppy Joes

Makes: 6

- **3 tablespoons canola oil**
- **1 pound MATCH® Ground Beef**
- **1 medium onion, chopped**
- **2 cloves garlic, minced**
- **1 cup zucchini, chopped**
- **1 cup fresh mushrooms, sliced**
- **3/4 cups green pepper, chopped**
- **1 (16-ounce) can tomato sauce**
- **1 teaspoon basil, dried**
- **1 teaspoon thyme, dried**
- **Salt and pepper, to taste**
- **8 buns**

Heat oil in large skillet. Sauté MATCH® ground beef, onion and garlic over medium-high heat until browned. Add zucchini, mushrooms and green pepper. Cover and simmer for 5 to 7 minutes until vegetables are tender. Stir in tomato sauce, basil, thyme, salt and pepper. Simmer uncovered until most of the liquid has evaporated. Serve on toasted buns. Can freeze for future use.

Italian Sausage Breakfast Burrito

Makes: 6 burritos

- **2 tablespoons canola oil**
- **1 pound MATCH® Italian Sausage**
- **4 eggs**
- **1/2 cup green onion, chopped**
- **Salt and pepper, to taste**
- **2 tablespoons fresh cilantro, chopped**
- **1/2 cup cheddar cheese, shredded**
- **6 to 10 flour tortillas**
- **3/4 cup salsa**
- **Sour cream (optional)**

In non-stick skillet, heat canola oil. Sauté MATCH® Italian sausage and break up as you cook. Cook until golden. Add whipped eggs, green onion, salt and pepper. Cook eggs through. Sprinkle with cilantro and cheddar cheese. Fill tortillas with egg mixture, spoon salsa over filling and wrap. Serve with side of sour cream.

Savvy Senior

How to Create a Living Will

Dear Savvy Senior,

Can you recommend some good resources that can help seniors create a living will?

Getting Old

Dear Getting,

Creating a living will is one of those things most people plan to do, but rarely get around to actually doing. Less than 30 percent of Americans currently have one. But preparing one now gives you say in how you want to be treated at the end of your life, not to mention it can spare your loved ones some very stressful medical care decisions at an emotional time. Here's what you should know along with some resources to help you create one.

Advance Directives

To adequately spell out your wishes regarding your end-of-life medical treatment you need two legal documents: A "living will" which tells your doctor what kind of care you want to receive if you become incapacitated, and a "health care power of attorney" (or health care proxy), which names a person you authorize to make medical decisions on your behalf if you become unable to.

These two documents are known as an "advance directive," and will only be utilized if you are too ill to make medical decisions yourself. You can also change or update it whenever you please.

You may also want to consider including a do-not-resuscitate (DNR) as part of your advance directive, since advanced directives do little to protect you from unwanted emergency care like CPR. Doctors and hospitals in all states accept DNR orders.

One other tool you should know about that will compliment your advance directive is the Physician Orders for Life-Sustaining Treatment (POLST). Currently endorsed in 16 states with dozens more in some phase of development, a POLST translates your end-of-life wishes into medical orders to be honored by your doctors. To learn more or set one up, see polst.org.

Do-It-Yourself

There are several free or low-cost resources available today to help you write your advance directive, and it takes only a few minutes from start to finish.

One that's completely free to use is Caring Connections, a resource created by the National Hospice and Palliative Care Organization. They provide state-specific advance directive forms with instructions on their website (caringinfo.org) that you can download and print for free. Or you can call 800-658-8898 and they will mail them to you and answer any questions you may have.

You may also be able to get free advance directive forms from your doctor's office, hospital or local health department.

Or, for only $5, an even better tool is the Five Wishes living will. Created by Aging with Dignity, a nonprofit advocacy organization, Five Wishes is a simple do-it-yourself document that covers all facets of an advance directive that will help you create a more detailed customized document. Legally valid in 42 states, to learn more or to receive a copy, visit agingwithdignity.org or call 888-594-7437. Five Wishes is also available online in an interactive form.

Get Legal Help

If, however, you decide you would rather use a lawyer to draft your advance directive, look for one who specializes in estate planning and health care related matters. The National Academy of Elder Law Attorneys (naela.org) and the National Association of Estate Planners and Councils (naepc.org) websites are good resources that have directories to help you find someone in your area.

Costs will vary depending on which state you reside in, but you can expect to pay somewhere between $200 and $500 to get one made.

Tell Your Family

To insure your final wishes are followed, it's very important that you tell your family members, health care proxy and doctor so they all know what you want. You should also provide copies of your advanced directive to everyone involved to help prevent stress and arguments later.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

Landscape irrigation resumes to once per week

Lawn and landscape irrigation returned to one day per week on Nov. 3 for residents and others within the Suwannee River Water Management District's (District) 15-county region.

The District's year-round lawn and landscape irrigation measures limit watering to two days per week during Daylight Saving Time and once weekly during Standard Time. Residents may choose which days to water. However, irrigation should not occur between 10 a.m. and 4 p.m. and users should water only as much as their landscape needs.

However, Alachua County and the cities of Alachua, Archer, Gainesville, and Newberry have local ordinances that restrict irrigation between 10 a.m. and before 4 p.m. Residents in those areas should use the following irrigation schedule:

· Saturday, homes with addresses that end in an odd number or have no address

· Sunday, homes with addresses that end in an even number

· Tuesday, nonresidential properties

The measures apply to residential landscaping, public or commercial recreation areas, and public and commercial businesses that aren't regulated by a District-issued permit. The limits apply to those who receive water from utilities, private wells, or surface water. However, they do not apply to users of reclaimed water or water captured in rain barrels.

The limits on landscape irrigation are part of an ongoing effort to help address water needs within the District.

"Our landscapes require less water in the cooler months, so this is a great opportunity to conserve water," said District Executive Director Ann Shortelle.

For more information about the landscape irrigation measures or to learn more about how to conserve, visit www.mysuwanneeriver.com and look for the water conservation page.

Save the Cats of Live Oak

Aluminum Can Drive

Please help us help them. Save your aluminum for recycling. Recycle trailer located in vacant lot next to Dairy Queen. Donations of kitty food, wet food, litter and money to help with expenses can be taken to the Thrift Store behind Big Wheel Market Place at 217 W. Howard St. We need your help to help them. Spay, neuter, medications, food, litter and money contributions. We are a non-profit group 501C3 being applied for.

Volunteers and building materials needed

For Save the Cats of Live Oak to build a cat/kitten condo to hold kittens while waiting to be adopted and or spay/neutered. We need lumber, 2x4, 2x6, 4x4, concrete, floor tile, electrical wire, etc., and people to help build. We are a non-profit and can give deductible receipts.

Donations needed

Food barrels for donations of wet and dry food as well as litter are located at Tractor Supply in Live Oak, Fred's, Downtown Cafe and Big Wheel Market Place. Other items needed include money for spay and neuter, blankets, totes, towels, building supplies, services of a carpenter.

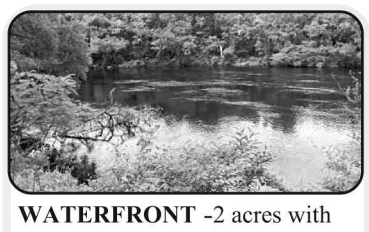
Adoptions available

We have several beautiful, cuddly kittens, male & female, all have been spayed & neutered, checked for FIV, leukemia and rabies shots. Special donation rate $30. To have these things done at a vet clinic would cost over $100. We are a 501-C3 non-profit reserve. Also need donations of kitten food, dry food and tidy cats litter. Bring donations to Big Wheel Market Place, 217 W. Howard St or Downtown Cafe, Tractor Supply or Freds.

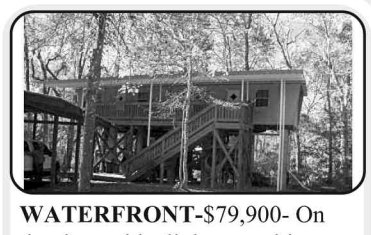
Call for additional information Barney 386-364-1006.

Poole Realty Inc.
Professional service with an Old Fashioned Touch!
127 Howard Street E., Live Oak, FL
Phone: 386-362-4539
Toll Free: 1-800-557-7478
Se Habla Espanol
EMAIL: info@poolerealty.com

CITY LIVING...great 2 bedroom, 1 bath home in the city but offers a private fenced back yard, concrete driveway & carport. Inside has tile bath, wood flooring and large living area. $58,900. Call Kellie Shirah, 386-208-3847. MLS#84868



WATERFRONT -2 acres with almost 200ft on the Suwannee River. Two RV pads, water and septic hookup. $67,500. Ric Donovan, 386-590-1298 MLS#83832



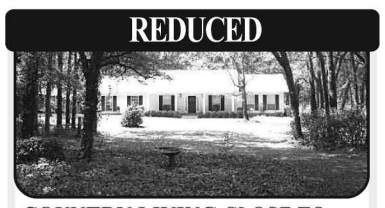
WATERFRONT-$79,900- On the river with all the amenities. Older SWMH that has been redone. Completely furnished with deck on the River. Ric Donovan, 386-590-1298 MLS#82520

Reduced AGAIN!

WELL MAINTAINED 3/2 2,400+ sq.ft. brick home, large bedrooms, beautiful atrium garden w/waterfall. FP in large family room $139,900 Sylvia Newell, 386-590-2498 MLS#84086 http://www.RealEstateShows.com/696545

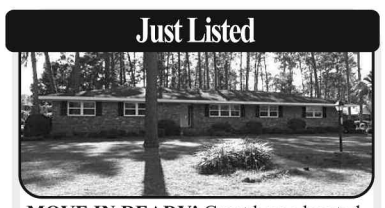
CLASSIC BRICK HOME with tons of square footage. 3 Large bdrm, living area, dining area, spacious baths & an office. Large yard, 2 car carport. $149,000. Call Kellie Shirah, 386-208-3847 MLS#83299. www.RealEstateShows.com/671126

REDUCED



COUNTRY LIVING CLOSE TO TOWN: beautiful well maintained home and manicured grounds in Foxboro S/D. 3/2 is almost move in ready at a great price. $159,000. Sherrel McCall, 386-688-7563 MLS#83604

Just Listed



MOVE IN READY! Great home located in Pineview Circle. This 3/2 has recently been painted and had the hardwood floors refinished. Large corner lot. Screened in back porch. $159,500. Call Poole Realty, 386-362-4539 MLS#85597 http://www.RealEstateShows.com/698849

BEAUTIFUL 3/2 brick home built in 2006 on 10 acres of pasture and woods. Peaceful location and close to town. $199,000 Call Sylvia Newell, 386-590-2498 MLS#83924

BOOMING COUNTRY RESTAURANT... 120 seat capacity, equipment included, books available to qualified buyers, $275,000. Call Glenda McCall, 386-208-5244. MLS#84082

BANK OWNED- 1996, 3/2 DWMH, 1,300+sq.ft. on almost an acre on Lake Jeffery Road. Large covered back porch. Workshop. $39,995. MLS#82213

NICE 3/2 DWMH just minutes from town. Ideal for that mini farm or for your horses. The home sets back of the property so you have a great view of the 5 acres of pasture. There are a couple of out buildings for storage. $49,900 Call Irvin Dees, 386-208-4276 MLS#85299

BANK OWNED- 2006, 3/2 DWMH, 1,200+ sq.ft., located on 3 acres with lots of trees, and some fencing. $50,000. Ric Donovan, 386-590-1298 MLS#85013 http://www.RealEstateShows.com/696158

GREAT STARTER HOME... 427 N. Clarke St., Mayo, city water, large lot (210' x 175'), several storage buildings, workshop & carport, 3/1, close to schools & shopping, $61,200., Call Glenda McCall, 386-208-5244 MLS#84283

LOCATED IN MADISON COUNTY- 21 acres of woods. All the privacy you could want. $90,000. Call Ric Donovan, 386-590-1298 or Irvin Dees, 386-208-4276. MLS#68483

www.poolerealty.com
Hours: Mon. - Fri. 8 a.m. - 5:30 p.m.; Saturday 9:00 a.m. - 3:00 p.m.; Sunday by appointment
835006

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825775

386-719-2540
www.SouthernInternalMedicineLC.com

Calendar of Events

Four Rivers Audubon meeting

Changed its Nov. 2 bird location from Lake City to the Nature and Heritage Tourism Center in White Springs on the corner of Highways 136 and 41.The group will meet at 8:00AM and then will head to the Woodpecker Trail in the Big Shoals State Park, which features the largest whitewater rapids in Florida. All are welcome! Loaner binoculars are available.

For more details: Judy Mundee, jmunrswi@comcast.net

First Advent Christian Church yard sale Saturday, Nov. 9

The Women's Fellowship is holding their annual yard sale Nov. 9, beginning at 8 a.m. corner of Pinewood Way and Walker Ave. Spaces are available for $10 each. Your treasured items are needed. All proceeds go to help the Women's Fellowship meet special Christmas needs of our community. For more infomation, contact Lori Amos at 688-0427 or Pam Carver at 362-8407.

Artisans and Growers Market
0pens in the Wirick-Simmons Garden

At the corner of Pearl and Cherry Streets

This market will be open the first Saturday of each month from 9 a.m. to 2 p.m.

If you Make it -- Bake it -- Grow it -- or Sew it, you can sell it here

$5.00 for your table – We furnish three canopy tents

$10.00 for 12x12 space on lawn for your tent or pick-up

All proceeds benefit the Monticello Old Jail Museum

For more information Contact:

Anne H. Holt

Phone: 850-576-0721

E-Mail: ahholt@ah-holt.com

4 Pets Sake Fabulous

Yard sale to benefit spay/neuter program Looking for some great deals, even collectibles? Make plans to be at Bells & Whistles storage units in Bell, across from Dollar General, Sat. Nov. 16 at 9 a.m. That's where the bargains will be. Don't forget our website 4petssake.org. 386-935-0975 e-mail fourpetssake@windstream.net

Boy Scout Troop 693 has new sponsor, meeting location

Boy scout troop 693, Harry Reeve scoutmaster, troop693@windstream.net, (386) 590-6121, have begun meeting at the Live Oak Shrine Club, 11557 100th Street, on Thursdays, 6:30 - 8 p. m.

The Shrine Club has recently become its charter organization!

Membership is open to 11-17 year-old boys.

Free Genealogy Workshop
sponsored by United Daughters of the Confederacy®

Olustee Chapter, Lake City held at the Lake City Library (Downtown) on Sunday, Nov. 10, 2013 from 2-4 p.m.

Please RSVP to Linda Williams 386-454-2580 o r ilovemyancestors@windstream.net

Attention bridge players

A group of bridge players meet every Monday at 6 p.m. at Sakura Restaurant, 1548 S. Ohio Ave., Live Oak to play Chicago bridge. We have openings for players. Please contact Lucille Heinrich at 362-5995 for more information.

Want to learn bridge or brush up on your skills? Meet at Sakura Restaurtant on Monday at 5 p.m. for an hour of FREE tutoring. Contact Lucille Heinrich at 362-5995 to register.

Line Dance Lessons

Free each Wed night at 7:30 p.m.

Spirit of the Suwannee Music Park, Live Oak, Florida

Senior Citizens motorcoach tours

Madison Travel & Tours, Madison, Fla. 850-973-6439

New York City

Dec. 4-12, 2013

Pony Express & North Florida Equestrian Team

Open/4-H horse shows. Nov. 16, Jan. 18, Feb. 1, March 1, Last show TBA. Registration starts at 9 a.m. Classes at 10 a.m. Bob Holmes are-

SEE CALENDAR, PAGE 14A

Dire year for the manatee

Death toll highest on record and still climbing

Save the Manatee® Club

This year has become the deadliest year ever for Florida's endangered manatees, according to the Save the Manatee Club. In total, 769 manatees have died so far this year from Jan. 1 through Oct. 29, making it the largest annual manatee die-off in Florida since record-keeping began. The previous record was set in 2010 when biologists with the Florida Fish and Wildlife Conservation Commission documented 766 dead manatees, of which hundreds died from cold stress. With more than two months still to go in 2013, nearly twice the number of manatees have already died than died in all of 2012.

According to Dr. Katie Tripp, Save the Manatee Club's director of science and conservation, two unusual mortality events in 2013, coupled with the regular threats manatees face on a daily basis, have been responsible for the unprecedented losses. A record number of 276 manatees succumbed from exposure to a toxic red tide bloom in Southwest Florida, centered in Lee County. Meanwhile, on Florida's east coast, an unusual mortality event claimed more than 100 manatee lives in Brevard County this year.

"This year's record-breaking manatee mortality is a loud and clear signal that our waterways are in trouble," says Tripp, who explained that of the total number of manatee deaths so far this year, 123 were stillborn, newborn, or young calves less than five feet in length, which sets another annual record for this category of mortality. Of these, at least 49 were found in Brevard County, at the epicenter of the unusual mortality event linked to a variety of algal blooms and loss of 47,000 acres of seagrass since 2010.

Patrick Rose, who is an aquatic biologist and the executive director of the Club says, "With 2013's catastrophic loss of manatee lives coming so close on the heels of the mass mortality suffered during 2010, the already difficult job to ensure the survival of these gentle and defenseless marine mammals has been made all the more challenging, and it's not over yet. What we put into our waters, how much we pump from our aquifer and draw from our springs and rivers, together with how we use our waterways, all has an impact on our own lives and the lives of every aquatic species. We must be better stewards of our waters and waterways or suffer even more severe consequences going forward."

Save the Manatee Club reminds the public that November is Manatee Awareness Month in Florida – the time of year when manatees are on the move, making their way to important winter warm-water sites.

The Club offers a variety of ways for the public in Florida to be directly involved with manatee protection during November and throughout the year. Free public awareness waterway signage, boating banners and decals, waterway cards, and educational posters are produced by the Club. The bright yellow waterproof banner which cautions, "Please Slow: Manatees Below," can assist in warning boaters to slow down for manatees who may be in the area. Shoreline property signs and matching boat decals are also available, featuring the Florida Fish and Wildlife Conservation Commission's hotline number (1-888-404-3922) for reporting sick and injured manatees. Boater and diver awareness posters are also available for dive shops, marinas, businesses, visitor centers, classrooms and libraries. Family-friendly outdoor signs are produced by the Club and distributed to state, municipal, and county parks; marinas; and other sites where human/manatee interactions can be a problem. Requests for any of these free materials can be sent via e-mail to education@savethemanatee.org or by calling toll free at 1-800-432-JOIN (5646).

"The public's ongoing participation in manatee conservation, in Florida and outside the state, is essential for the welfare and protection of the species and the aquatic habitats upon which they depend," says Rose.

For more information on endangered manatees, visit the Club's website at www.savethemanatee.org. Watch manatees in their natural habitat on the Club's Blue Spring webcams at manatv.org.

WQHL's State Texaco winner competes in regional

Nalani Quintello may not have taken first place, but she's still a huge winner with her fans all over Florida and at The Spirit of the Suwannee Music Park where she performs often

Nalani Quintello may not have taken first place in the Texaco Country Showdown Regional competition Nov. 1, but her fans and friends all over Florida know she's still a big winner. The event was held in Jasper, Georgia where the act from Mississippi was named the winner.

Representing WQHL 98.1 radio of Live Oak, Fla and The Spirit of the Suwannee Music Park where she won both the North Florida and Florida titles, this 18-year-old singer, guitarist and songwriter said she has no regrets. "I had a really good experience through this entire process," she said after returning home over the weekend to Orange Park. "I had about 15 family members who I had not seen in years who live near Jasper, Georgia and they came to support me during the contest," Nalani stated. She added it was great to be in the competition but even greater to see her loved ones she had not seen for so long. "We all used to have performances in the barn, and I would sing when I was about 12 years old."

As for the contest, this college student said the competition was tough as everyone there had won state contests to get to regionals. "I did my best, but it looks like Mississippi took this one," she added. The winner of the Texaco Country Showdown Southeastern Regional was Southern Halo from Mississippi. That act will compete in the nationals in January on the stage of the Grand Ole Opry to vie for the national title and $100,000.

Now that the competition she had long wanted to win is over, her outlook is good, and she's ready to move forward. Nalani believes God has great things in her future and she's eager to move forward. She plans to continue her regular performances in the Orange Park area along with her charitable work she's done for many years. As an up and coming country singer, songwriter and guitarist whose fans adore her, there's nothing holding Nalani Quintello back except time these days. As soon as she finishes community college sometime next year, she plans to head to Nashville and finish her degree there in music business. Being in Nashville, Music City USA, certainly will lead to good things for this talented singer. Listen out for Nalani Quintello, her goal is to be a country music star, and there's just no reason why she won't make it one day soon. Meanwhile, check out her YouTube videos Just type in Nalani Quintello YouTube and you'll see her many songs on video.

If you would like more information about the SOSMP where live music events are held every week including nearly a dozen festivals each year, email spirit@musicliveshere.com, call 386-364-1683 or go to www.musicliveshere.com.

The Spirit of the Suwannee Music Park is located at 3076 95th Drive, Live Oak.

Nalani Quintello

Find us on Facebook

Mayo Legals

IN THE CIRCUIT COURT OF THE 3RD JUDICIAL CIRCUIT, IN AND FOR LAFAYETTE COUNTY, FLORIDA CIVIL DIVISION

CASE NO.: 12-39-CA

HSBC BANK USA, NATIONAL ASSOCIATION AS TRUSTEE FOR MASTR REPERFORMING LOAN TRUST 2005-2,
Plaintiff,

vs.

BENJAMIN L. MASSEY; et. al.,
Defendants.

RE-NOTICE OF FORECLOSURE SALE

NOTICE IS HEREBY GIVEN pursuant to an Order Resetting Foreclosure Sale dated the 24th day of July, 2013, and entered in Case No. 12-39-CA of the Circuit Court of the 3RD Judicial Circuit in and for Lafayette County, Florida, wherein HSBC BANK USA, NATIONAL ASSOCIATION AS TRUSTEE FOR MASTR REPERFORMING LOAN TRUST 2005-2 is the Plaintiff and BENJAMIN L. MASSEY, DONNA L. MASSEY A/K/A DONNA L. REID and UNKNOWN TENANT(S) IN POSSESSION OF THE SUBJECT PROPERTY are defendants. The Clerk of this Court shall sell to the highest and best bidder for cash at the NORTH FRONT DOOR OF LAFAYETTE COUNTY COURTHOUSE, FLETCHER & MAIN STREET, MAYO, FL 32066, 11:00 A.M. on the 13th day of December, 2013, the following described property as set forth in said Final Judgment, to wit:

THE SOUTH HALF (S 1/2) OF BLOCK 38, KNIGHT'S ADDITION TO THE TOWN OF MAYO, AS RECORDED IN PLAT BOOK "A", PAGE 3 OF THE PUBLIC RECORDS OF LAFAYETTE COUNTY, FLORIDA

TOGETHER WITH A FLEETWOOD DOUBLEWIDE MANUFACTURED HOME 2004 FTWD GAFL407A52040F221 90673348 AND GAFL407B52040F221 90673486

ANY PERSON CLAIMING AN INTEREST IN THE SURPLUS FROM THE SALE, IF ANY, OTHER THAN THE PROPERTY OWNER AS OF THE DATE OF THE LIS PENDENS MUST FILE A CLAIM WITHIN 60 DAYS AFTER THE SALE.

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Individuals with a disability who require special accommodations in order to participate in a court proceeding should contact the ADA Coordinator, 173 N.E. Hernando Avenue, Room 408, Lake City, FL 32055, (386) 719-7428, within two (2) business days of receipt of this notice to appear. Individuals who are hearing impaired should call (800) 955-8771. Individuals who are voice impaired should call (800) 955-8770.

Dated this 30th day of July, 2013.

(Court Seal) RICKY LYONS
Clerk Of The Circuit Court

By: /s/ Hannah Owens
Deputy Clerk

11/07, 14

AGENDA TOWN COUNCIL, TOWN OF MAYO, FLORIDA REGULAR MEETING TUESDAY, NOVEMBER 12, 2013, 7:00 P.M. TOWN HALL, COUNCIL CONFERENCE ROOM, 276 WEST MAIN STREET

REGULAR MEETING
1. Adopt Agenda
2. Approve Minutes
3. Citizen Input
4. SWAT Presentation
5. Budget Amendment (Tabled from October Meeting)
6. Website for the Town of Mayo
7. Discuss Magistrate System
8. Department Reports
   a. Sampson Edwards
   b. Aaron Lawson
   c. Bobby Johnson
   d. MVFD
   e. Sheriff Brian Lamb
9. Miscellaneous Items
10. Pay Bills
11. Adjourn

11/07

PUBLIC NOTICE

The Lafayette County Commission will hold a regular meeting on Tuesday, November 12, 2013 at 9:00 a.m. The meeting will be held in the County Commissioner's Meeting Room at the Lafayette County Courthouse in Mayo, Florida. Listed below is an agenda for the meeting.

By Order Of:
/s/ Lance Lamb
Lance Lamb, Chairman
Lafayette County Commission

REORGANIZATION MEETING-CALL TO ORDER BY RICKY LYONS, CLERK.
***Note: After a Chairperson is elected he/she presides over meeting.**

BOARD OF COUNTY COMMISSIONERS:
1. Open the regular meeting.
2. Invocation and pledge to the flag.
3. Approve the minutes.
4. Requests and comments from the community.
5. Department Heads:
   A) Marcus Calhoun-Maintenance.
   B) Scott Sadler-Public Works
   C) Donnie Land-Emergency Management.
   D) Bobby Johnson-Building/Zoning.
   E) Trevor Hicks-EMS.
   F) Jana Hart-Extension Office.
6. Annual Division of Forestry Report.
7. Reappoint Jana Hart to the WellFlorida Council.
8. Leenette McMillan-Fredriksson-various items.
9. Approve the bills.
10. New Business.
11. Adjourn.

All members of the public are welcome to attend. Notice is further hereby given, pursuant to Florida Statute 286.0105, that any person or persons deciding to appeal any matter considered at this public hearing will need a record of the hearing and may need to ensure that a verbatim record of the proceeding is made which record includes the testimony and evidence upon which the appeal is to be based.
Persons with disabilities requesting reasonable accommodations to participate in this proceeding should contact (386) 294-1600 or via Florida Relay Service at (800) 955-8771. See www.lafayetteclerk.com for updates and amendments to the agenda.
11/07

IN THE CIRCUIT COURT OF THE 3RD JUDICIAL, IN AND FOR LAFAYETTE COUNTY, FLORIDA CIVIL DIVISION

CASE NO. 12000160CA

BANK OF AMERICA, N.A.
Plaintiff,

Mayo Legals

vs.

BRUCE O. SULLIVAN; YVONNE A. SULLIVAN; UNKNOWN PERSON(S) IN POSSESSION OF THE SUBJECT PROPERTY;
Defendants.

NOTICE OF FORECLOSURE SALE

NOTICE IS HEREBY GIVEN pursuant to a Final Judgment of Foreclosure dated September 24, 2013, and entered in Case No. 12000160CA, of the Circuit Court of the 3rd Judicial Circuit in and for LAFAYETTE County, Florida. BANK OF AMERICA, N.A. is Plaintiff and BRUCE O. SULLIVAN; YVONNE A. SULLIVAN; UNKNOWN PERSON(S) IN POSSESSION OF THE SUBJECT PROPERTY; are defendants. I will sell to the highest and best bidder for cash AT THE NORTH DOOR OF THE LAFAYETTE COUNTY COURTHOUSE, AT CORNER OF FLETCHER & MAIN STREET, MAYO IN LAFAYETTE COUNTY, FLORIDA 32066, at 11:00 A.M., on the 16th of January, 2014, the following described property as set forth in said Final Judgment, to wit:

COMMENCING AT THE NE CORNER OF THE NW 1/4 OF THE NW 1/4 OF SECTION 16, TOWNSHIP 7 SOUTH, RANGE 14 EAST, LAFAYETTE COUNTY, FLORIDA; THENCE RUN S 00 DEGREES 27'59" E., ALONG THE FORTH LINE, 2627.25 FEET; THENCE RUN S 89 DEGREES 49'40" W., 430 FEET TO THE POINT OF BEGINNING; THENCE RUN N., 412.73 FEET, WEST, 213 FEET, SOUTH, 412.73 FEET; THENCE EAST, 213 FEET TO THE POINT OF BEGINNING.
TOGETHER WITH:
A PARCEL OF LAND IN THE NORTHWEST QUARTER OF THE NORTHWEST QUARTER OF SECTION 16, TOWNSHIP 7 SOUTH, RANGE 14 EAST, LAFAYETTE COUNTY, FLORIDA, BEING MORE PARTICULARLY DESCRIBED AS FOLLOWS:
FOR A POINT OF REFERENCE, COMMENCE AT THE NORTHEAST CORNER OF THE NORTHWEST QUARTER OF THE NORTHWEST QUARTER OF SECTION 16, TOWNSHIP 7 SOUTH, RANGE 14 EAST; THENCE S 0 DEGREES 27'59" E., ALONG THE FORTY LINE, A DISTANCE OF 2627.25 FEET; THENCE S 89 DEGREES 49'40" W., A DISTANCE OF 366.67 FEET TO THE POINT OF BEGINNING; THENCE CONTINUE S 89 DEGREES 49'40" W., A DISTANCE OF 63.33 FEET; THENCE N 0 DEGREES 27'59" W., A DISTANCE OF 412.73 FEET; THENCE N 89 DEGREES 49'40" E., A DISTANCE OF 63.33 FEET; THENCE S 0 DEGREES 27'59" E., A DISTANCE OF 412.73 FEET TO CLOSE ON THE POINT OF BEGINNING. ALSO AN EASEMENT FOR INGRESS AND EGRESS ACROSS THE NORTH 30 FEET OF THE SOUTH 442.73 FEET OF PROPERTY DESCRIBED IN OFFICIAL RECORDS BOOK 62, PAGE 678 OF THE PUBLIC RECORDS OF LAFAYETTE COUNTY, FLORIDA.

TOGETHER WITH A PERMANENTLY AFFIXED 2006 FLEETWOOD MOBILE HOME VIN#S GAFL575A77772TW21 AND GAFL575B77772TW21

A person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens must file a claim within 60 days after the sale.

Dated this 25th day of September, 2013.

(Court Seal) RICKY LYONS
As Clerk of said Court

By: /s/ Hannah Owens
As Deputy Clerk

In accordance with the Americans with Disabilities Act, If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to provisions of certain assistance. Please contact the Court Administrator at Corner of Fletcher & Main Street, Mayo, Fl 32066, Phone No. (386) 758-2163 within 2 working days of your receipt of this notice or pleading; if you are hearing impaired, call 1-800-955-8771 (TDD); if you are voice impaired, call 1-800-955-8770 (V) (Via Florida Relay Services).
11/07, 14

IN THE CIRCUIT COURT OF THE THIRD JUDICIAL CIRCUIT, IN AND FOR LAFAYETTE COUNTY, FLORIDA

Case No.: 13-188-DR

VERLON W. WILLIAMS, JR.,
Petitioner

and

CHRISTOPHER UNKNOWN,
Respondent.

NOTICE OF ACTION FOR

OTHER FAMILY ACTION

TO: CHRISTOPHER UNKNOWN
UNKNOWN

YOU ARE NOTIFIED that an action for OTHER FAMILY has been filed against you and that you are required to serve a copy of your written defenses, if any, to it on VERLON W. WILLIAMS, JR. whose address is P.O. BOX 403, MAYO, FL 32066 on or before 11/22/13, and file the original with the clerk of this Court at LAFAYETTE COUNTY CLERK OF COURT, P.O. BOX 88, MAYO, FL 32066 before service on Petitioner or immediately thereafter. **If you fail to do so, default may be entered against you for the relief demanded in the petition.**

Copies of all court documents in this case, including orders, are available at the Clerk of the Circuit Court's office. You may review these documents upon request.

You must keep the Clerk of the Circuit Court's office notified of your current address. (You may file Notice of Current Address, Florida Supreme Court Approved Family Law Form 12.915.) Future papers in this lawsuit will be mailed to the address on record at the clerk's office.

WARNING: Rule 12.285, Florida Family Law rules of procedure, requires certain automatic disclosure of documents and information. Failure to comply can result in sanctions, including dismissal or striking of pleadings.

Dated: 10/21/13

Ricky Lyons
CLERK OF THE CIRCUIT COURT
Clerks Seal

By: Hannah Owens
Deputy Clerk

10/31 11/7,14,21

Mayo Legals

IN THE CIRCUIT COURT OF THE THIRD JUDICIAL CIRCUIT OF FLORIDA IN AND FOR LAFAYETTE COUNTY GENERAL JURISDICTION DIVISION

CASE NO. 2013-000091-CA

SUNTRUST BANK,

Plaintiff,

vs.

LUZ DARY LOIAZA AKA LUZ DARI LOIAZA, MARIA E. PEREZ, NATURE'S HAMMOCK PROPERTY OWNERS ASSOCIATION, INC., UNKNOWN TENANT IN POSSESSION 1, UNKNOWN TENANT IN POSSESSION 2, UNKNOWN SPOUSE OF LUZ DARY LOIAZA AKA LUZ DARI LOIAZA, UNKNOWN SPOUSE OF MARIA E. PEREZ,

Defendants.

NOTICE OF FORECLOSURE SALE

NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of Foreclosure filed October 17, 2013 entered in Civil Case No. 2013-000091-CA of the Circuit Court of the THIRD Judicial Circuit in and for Lafayette County, Mayo, Florida, the Clerk of Court will sell to the highest and best bidder for cash at the north door of the Lafayette County Courthouse, 120 West Main St., Mayo, FL, 32066 in accordance with Chapter 45, Florida Statutes on the 13th day of December, 2013 at 11:00 A.M. on the following described property as set forth in said Summary Judgment, to-wit:

Commence at the Southwest corner of the Southeast One-Quarter of Section 9, Township 6 South, Range 12 East, thence run along the section line North 89 degrees, 23 minutes, 54 seconds East, 2597.68 feet; Thence leaving said section line, run North 01 degree, 09 minutes, 02 seconds West, 1647.80 feet to the centerline of an existing road known as Red Fox Way to the Point of Beginning. Thence leaving said Point of Beginning, continue along said centerline South 72 degrees, 09 minutes, 36 seconds East, 170.41 feet to the point of curvature of a curve; Said curve being concave to the Northeasterly, having a radius of 1739.31 feet; thence run along said centerline curve an arc length of 389.54 feet, through a central angle of 12 degrees, 49 minutes, 56 seconds, said curve having a chord bearing of South 76 degrees, 26 minutes, 15 seconds East, and a chord distance of 388.73 feet to the point reverse curvature; Said curve being concave to the Southwesterly, having a radius of 1591.04 feet; thence run along said centerline curve an arc length of 226.96 feet, through a central angle of 08 degrees, 10 minutes, 24 seconds, said curve having a chord bearing of South 78 degrees, 46 minutes, 01 seconds East, and a chord distance of 226.77 feet to the point of reverse curvature; Said curve being concave to the Northerly; having a radius of 631.38 feet; thence run along said centerline curve an arc length of 266.76 feet, through a central angle of 24 degrees, 12 minutes, 26 seconds, said curve having a chord bearing of South 86 degrees 47 minutes, 02 seconds East, and a chord, distance of 264.78 feet to the point of tangency; Thence continue along said centerline North 81 degrees, 06 minutes, 45 seconds East, 218.35 feet; Thence continue along said centerline North 83 degrees, 53 minutes, 37 seconds East, 329.62 feet to the point of curvature of a curve; Said curve being concave to the Northwesterly, having a radius of 544.84 feet; thence run along said centerline curve an arc length of 206.52 feet, through a central angle of 21 degrees, 43 minutes, 03 seconds, said curve having a chord bearing of North 69 degrees, 17 minutes, 37 seconds East, and a chord distance of 205.28 feet to the point of tangency; Thence continue along said centerline North 58 degrees, 26 minutes, 06 seconds East, 325.82 feet; Thence continue along said centerline North 51 degrees, 47 minutes, 21 seconds East, 333.12 feet to the intersection with the centerline of the Brushy Hammock Road; Thence continue along said centerline South 01 degrees, 09 minutes, 07 seconds West, 430.42 feet; Thence continue along said centerline South 03 degrees, 11 minutes, 59 seconds East, 128.49 feet; Thence continue along said centerline South 10 degrees, 16 minutes, 37 seconds East, 164.77 feet; Thence continue along said centerline South 13 degrees, 12 minutes, 01 seconds East, 224.94 feet; Thence continue along said centerline South 11 degrees, 02 minutes, 34 seconds East, 215.36 feet; Thence leaving said centerline of Brushy Hammock Road run South 89 degrees, 26 minutes, 22 seconds West 2405.15 feet; Thence run North 01 degree, 09 minutes, 02 seconds West, 859.23 feet to the Point of Beginning.

Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis Pendens, must file a claim within 60 days after the sale.

Dated this 17th day of October, 2013.

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Persons with a disability who need any accommodation to participate should call the ADA Coordinator, Jacquetta Bradley, P.O. Box 1569, Lake City, FL 32056, 386-719-7428, within two (2) working days of your receipt of this notice; if you are hearing impaired call (800) 955-8771; if you are voice impaired call (800) 955-8770.

(Court Seal) /s/Ricky Lyons
CLERK OF THE CIRCUIT COURT
As Clerk of the Court

BY: /s/ Hannah Owens
Deputy Clerk

10/31, 11/7

NOTICE OF PUBLIC MEETING

The District Board of Trustees of North Florida Community College will hold its regular monthly meeting **Tuesday, November 19, 2013 at 5:30 p.m.** in the NFCC Board Room, NFCC, 325 NW Turner Davis Dr., Madison, FL. A copy of the agenda may be obtained by writing: NFCC, Office of the President, 325 NW Turner Davis Dr., Madison, FL 32340. For disability-related accommodations, contact the NFCC Office of College Advancement, 850-973-1653. NFCC is an equal access/equal opportunity employer.
11/07

Calendar of Events

Continued From Page 13A

na 1302 11th SW Live Oak, Fla. 32060.

Collective points, end of the series awards & banquet, 1st - 6th place ribbons, Halter Grand & Reserve. Photographer, concession, covered arena, & plenty of shaded parking.

$6 per class, $40 ride all day, multi horse & family discounts. $5 ground fee for non showing horses. Current coggins is required.

Pre Registration starting at http://ponyexpress4-hclub.yolasite.com/

If you have any questions please feel free to email

Us at ponyexpress4h@hotmail.com or call

Katherine King (386) 209-1524

Florida Telecommunications Relay

A representative from Florida Telecommunications Relay, Inc will be at Beltone Hearing Aid Center, located at 109 East Howard Street in Live Oak on the first Monday of every month to distribute FREE Hard of Hearing telephones. Also, free hearing screening are available, if there are any questions or to schedule an appointment call Candi at 386-362-5452.

Florida Trail Association Suwannee Chapter meetings

Meetings are held on the second Monday of each month, except in July and Aug., at the Suwannee River Water Management District Office, from 7-9 p.m. The SRWM office is located on US 90 and CR 49, two miles east of Live Oak. The public is cordially invited to attend.

The mission of the FTA is to develop, maintain, promote and protect a continuous public hiking trail the length of the state of Florida, called the Florida National Scenic Trail, and other side and loop trails, together called the Florida Trail System. Further, they are dedicated to educating the public by teaching appreciation for and conservation of the natural beauty of Florida, and to provide opportunities for hiking, camping and other outdoor experiences.

For further information, you may go to the Florida Trail Suwannee Chapter website at: suwannee.floridatrail.org, or Suwannee MeetUp Group at: www.meetup.com/suwannee-FTA. You may also contact the Chapter Chair, Irvin Chance, at andachance@msn.com or by phone at 386-330-2424.

American Legion Post 107

Monthly meetings on the first Thursday of each month at 12 p.m. All active duty military members & veterans are invited to attend. Contact Don Urwiller at 386-362-5987. Post 107 location is 129 S., turn left at the American Flag and POW/MIA flag on to 142nd St. Post is 1 mile on the right.

American Legion Post 107

Turkey Shoot is held every other Saturday behind the Legion Post starting at 12:30 p.m. We have 8 rounds of fun and excitement and the winner of each round will receive either beef, pork, turkey or $$$$. Turkey Shoot is OPEN to the public. Call 386-362-5987 for more information. Post 107 location is 129 S., turn left at the American Flag and POW/MIA flag on to 142nd St. Post is 1 mile on the right.

The Live Oak Art Guild

Meets at 6:30 p.m. on the first Tuesday of each month (except July and December), at the Suwannee River Regional Library. Each meeting has a business agenda followed by refreshments and a program. We welcome all who are interested to attend.

Applications to fill vacancy at Advisory Council

Elder Options is a private, non-profit agency designated by the Florida Department of Elder Affairs to administer state and federal grant programs for seniors and caregivers in 16 counties. We serve as the Area Agency on Aging, 1-800 Elder Helpline, and Aging and Disability Resource Center.

Currently, we are accepting applications to fill a vacancy on our Advisory Council in Suwannee County. Applicants must be a resident of the County and should have an active interest in social and nutrition programs for older persons.

Members of the Advisory Council serve on a voluntary basis without pay. For an application or more information, visit our website at www.agingresources.org. You can also contact Cindy Roberts at (352) 692-5260 or robertsc@agingresources.org.

The First Baptist clothes closet

Invites you to their clothes closet. We are located at 515 SW 5th St. (the old red barn that was Cheryl's Buffet). It is open the first and third Thursday of every month from 8 a.m. until noon.

The clothing is free and ranges in sizes from newborn to plus sizes for men, women and children.

We look forward to seeing you there.

Celebrate Recovery, a Christ-centered recovery program

Freedom from your hurts, habits, and hang-ups. Something doesn't feel quite right? Are hurts from the past haunting you? Do you feel like your life is out of control? Are you tired of making the same mistakes over and over again? Does it seem like certain habits have taken control of your life? Join us at Melody Church every Friday night! Fellowship/dinner at 6 p.m., group discussion at 7 p.m. Visit Melody Church at 10046 US HW 129 in Live Oak, call 386-364-4800, or call Greg Player at 386-688-1454 for more informaiton.

The Branford Camera Club

Meets on the 3rd Thursday of each month, with an occasional exception, for the purpose of sharing, learning, and enjoying all things photographic. We are an eclectic group with experiences ranging from complete novice to consummate professional.

For more information, please contact:

Carolyn Hogue, Program Chair, 386-935-2044

Skip Weigel, Technical Consultant, 386-9382

Suwannee River Economic Council, Inc.

Free breakfast & lunch
for ages 60 and older
When: Monday - Friday
Where: Senior Center
1171 Nobles Ferry Road
Live Oak, Fla. 32064
Time: Breakfast 8:30 - 10 a.m.
Lunch 11:30 a.m.

Make reservations for lunch by 9:30 a.m. 386-362-1164

Suwannee County Branch NAACP - Unit #5137

President: Mr. Lesley White

Mailing address: P.O. Box 6105, Live Oak, FL 32064

Telephone: 386-647-7360

Email: al101st@comcast.net

Meetings: First Monday in each month at 6 p.m. Ex. Bd., 7 p.m. membership meeting.

The Sparkleberry Chapter of the Florida Native Plant Society

Sparkleberry Chapter meetings are held the 2nd Tuesday of each month, except June, July, and August, at Hatch Park in Branford. Please contact Chapter President Mae Brandt, maebrandt@bellsouth.net, 386-466-0915, for more information.

Boy Scout Troop 408

Meets on Thursdays from 7-8:30 p.m. at the American Legion Post 107, 10726 142nd St., between Live Oak and McAlpin. Membership is open to boys ages 11-17. Join us for camping, hiking, canoeing, and many other outdoor activities. 386-209-3480

Cub Scout Pack 408

Meets on Thursdays from 6-7 p.m. at the American Legion Post 107, 10726 142nd St., between Live Oak and McAlpin. Membership is open to boys ages 6-10. Join us for camping, archery, BB shooting, and many other fun activities. Parents encouraged to participate. 386-209-3480.

Elks Lodge Bingo

Bingo is every Monday night from 6 p.m. to 9 p.m. at the lodge featuring a progressive jackpot. Non Smoking. Drinks and snacks available.

The Arc North Florida Recycle with us

We recycle: Name brand ink cartridges and laser cartridges, working cell phones w/electric cord, digital cameras - GPS - MP3, laptops.

For more info on how you can help The Arc recycle products please call 386-362-7143 Ext. 5.

supporting adults with intellectual & developmental disabilities in Suwannee, Hamilton, Lafayette, Columbia & Baker Counties.

Suwannee County Bassmasters

Do you enjoy bass fishing?

Are you the competitive type?

Do you enjoy associating with other fisherman?

Meetings are held at 7 p.m. on the first Thurs. of each month.

The club fishes on the Sat. following the Thurs. meeting at various N. Fla. locations.

Come to our next meeting or call for details Mike Johnson 386-688-4780 or Robert Dees 386-688-0978.

Antioch Baptist Church "Stars Widow Group"

Every 4th Thurs. of each month at 10:30 a.m. 5203 CR 795 Live Oak, Fla. 32060 386-362-3101

SEE CALENDAR, PAGE 16A

princeautovaldosta.com princeautovaldosta.com princeautovaldosta.com

Come Do Business Where Business Is Being Done!

Best October EVER! Record Month

November Incentives EVEN BETTER!

98% Of Our Customers Would Reccomend Us To Their Family & Friends

2014 Chevy Crew Cab Z71

#7240

Only $33,979

2 Year/24,000 Mile Complimentary Maintenance With All Truck Purchases

2014 Chevy Double Cab Sport Package

- 20" "Wheels
- My Link
- LT Package

#7359

Only $31,979

2014 GMC Yukon and Yukon XL #7441 — 0% APR

2014 Chevy Tahoe #7413 — 0% APR

2014 Chevy Suburban — 0% APR

BLOWOUT SPECIALS

Remaining 2013 Models

2013 Chevy Malibu #7379 — $21,995

2013 Chevy Camaro — $27,975

2013 Buick Lacrosse #7021 — $28,995

2013 GMC Terrain #7082 — $27,775

2014 Chevy Malibu #7414 — $298 per mo.

2014 Chevy Cruze #7423 — $264 per mo.

2013 Chevy Sonic #6989 — $234 per mo.

BEST SELECTION OF NEW CHEVYS IN SOUTH GA!

New truck price reflects all applicable rebates including trade assistance, all other vehicles reflect all applicable rebates. Prices are plus tax and title. Payments are with lender approval at 75 months and 2.59% APR. 0% financing with lender approval.

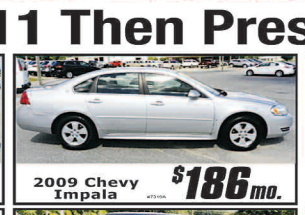
PRINCE **USED CAR SUPERCENTER** 229-242-3311 Then Press 2

North Valdosta Road Exit 22, I75 • Valdosta

2010 Hyundai Accent $113 mo.

2006 Chevy Impala $124 mo.

2010 Dodge Ram $186 mo.



2009 Chevy Impala $186 mo.

2012 Chevy Impala $209 mo.

PRE-OWNED PRINCE AUTOMOTIVE GROUP

BUY WITH CONFIDENCE
- 3 Day Return Policy
- Money Back Guarantee
- 112 Point Inspection
- Written Warranty
- Free Car Fax Report
- Free 1st Oil Change
- Low Price Guarantee!

2012 Hyundai Sonata $239 mo.

2012 Ford Fusion $239 mo.

2007 GMC Sierra $273 mo.

2009 Honda Ridgeline $289 mo.

2010 Chrysler Town & Country $299 mo.

2011 Ford Edge $321 mo.

2007 Lexus GX 470 $353 mo.

Great Selection! Great Prices!

2011 GMC Terrain $363 mo.

2010 GMC Acadia $386 mo.

2010 Ford F-150 $386 mo.

2013 Ford Edge $399 mo.

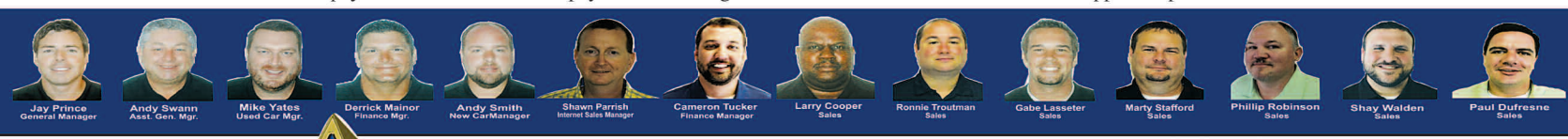
2012 Toyota Tacoma $449 mo.

2012 Chevy Silverado $476 mo.

2013 Ford F-150 $579 mo.

2013 Chevy Suburban $611 mo.

Used car payments with $2000 down payment, financing for 72 months at 4.99% APR with lender approval, plus tax and title.



Jay Prince, General Manager · Andy Swann, Asst. Gen. Mgr. · Mike Yates, Used Car Mgr. · Derrick Mainor, Finance Mgr. · Andy Smith, New CarManager · Shawn Parrish, Internet Sales Manager · Cameron Tucker, Finance Manager · Larry Cooper, Sales · Ronnie Troutman, Sales · Gabe Lasseter, Sales · Marty Stafford, Sales · Phillip Robinson, Sales · Shay Walden, Sales · Paul Dufresne, Sales

PRINCE AUTOMOTIVE GROUP

FIND NEW ROADS

4550 N. Valdosta Rd • Exit 22, I-75
Valdosta • 229-242-3311
princeautovaldosta.com

837644

princeautovaldosta.com princeautovaldosta.com princeautovaldosta.com

Calendar of Events

Continued From Page 14A

Recovery By The Numbers group of Narcotics Anonymous

Meets Wed and Friday at 7:30 p.m. at St. Luke's Episcopal Church, 1391 11th St. S.W. Live Oak 386-249-3505 or Help Line # 866-352-5323, http://uncoastna.org Recovery by the numbers is not affiliated with St. Lukes.

Travel baseball team

North Florida River Rats 10u and 11u Travel baseball team is looking for players. If interested, please contact Jamie Allbritton @ 386- 209-0166

Suwannee Democratic Executive Committee meeting

Suwannee DEC will meet on the second Thursday of every month at 7 p.m. at Live Oak City Hall, 101 White Ave., Live Oak, FL 32064.

TOPS Fl #0662

We would like to invite everyone that has a little or a lot of weight to lose, to come visit us. TOPS is a weight loss support group. We strive to help each other through out our meetings. We have different programs such as stress eating, the buffet, portion control, exercise, medications that can cause weight gain, and more. Take Off Pounds Sensibly is an organization that supports you while striving to meet your goal weight, as well as after meeting your goal, and you are working to maintaining our goal. TOPS 0662 meets on Thursday mornings at the First Advent Christian Church, 699 Pinewood Dr., Live Oak, Fla. We start our weight in at 8 - 8:50 a.m. The meeting starts at 9 -10 a.m. your first visit is free, so come and let us support you in your challenge to Take Off Pounds Sensibly. For more information contact Elaine at 386-364-5537.

Volunteer advocates needed

Florida's Long-Term Care Ombudsman Program needs volunteers to join its corps of dedicated advocates who protect the rights of elders who live in nursing homes, assisted living facilities and adult family care homes. The program's local councils are seeking additional volunteers to identify, investigate and resolve residents' concerns. Special training and certification is provided.

All interested individuals who care about protecting the health, safety, welfare and rights of long-term care facility residents -- who often have no one else to advocate for them -- are encouraged to call toll-free 1-888-831-0404 or visit the program's website at http://ombudsman.myflorida.com.

Bryan Morgan
Recruitment Manager
Department of Elder Affairs
Long-Term Care Ombudsman Program
988 Woodcock Rd, Suite 198
Orlando, FL 32803
850-510-3920 (cellular)
407-228-7752 (office)
407-228-7754 (fax)
morganb@elderaffairs.org

Alcoholics Anonymous

Meetings are held on Tuesday, Thursday and Friday at 8

SEE CALENDAR, PAGE 17A

Basketball team seek sponsors

Submitted

The Lafayette High School girls basketball program has been very successful over the years, not only in the region, but also on the state level. This success has enabled us to play in many tournaments against some of the top teams in the state of Florida. Now we are inviting some of the top girls' teams to Mayo for the 2nd Annual Andy Hart Memorial Invitational Tournament on Friday, December 6 and Saturday December 7, 2013. This tournament is named in honor of Mr. Andy Hart who worked tirelessly promoting the youth in the community. We are asking for your help and would be grateful if you joined us in this endeavor as a sponsor to put on an event that will honor Andy and showcase girls basketball in north Florida.

Teams participating this year: Jacksonville Ribault, Jacksonville Providence, Ft. Myers Dunbar, Florida A & M, Gainesville Buchholtz, Gainesville Oak Hall, Hamilton County and Lafayette County.

There are three levels of sponsorship available. Please make checks payable to Lafayette Tipoff Club. If you have any questions, the contact number is 386-294-1701, for Coach McGrew or Coach Blankenship.

Gold $250 - Four passes to games, one Polo shirt for sponsor, free advertisement for business in tournament program, players t-shirt and sponsor has access to hospitality room.

Silver $150 - Two passes to games, free advertisement for business in tournament program, players t-shirt and sponsor has access to hospitality room.

Bronze $50 - Two passes to games.

We want to thank you for considering this opportunity and hope you will become a part of an event that we believe will become a showcase event in the state of Florida.

Pumpkin Word Find

Just in time for pumpkin season, find the hidden words in the puzzle.

BAKING
CARVE
ENORMOUS
FARM
GOURD
HARVEST
ORANGE
PATCH
PICK
PULP
PUMPKIN
SEEDS

I	C	N	E	H	Q	S	I	P	Q	M	S
Y	X	N	C	G	A	B	D	U	U	U	U
R	P	I	C	K	A	R	R	E	O	L	I
P	U	M	P	K	I	N	V	M	E	C	P
H	M	M	I	O	R	R	R	E	B	S	O
C	A	N	F	F	A	O	B	E	S	E	R
T	G	O	A	C	N	Z	W	V	R	T	A
A	R	X	R	E	S	C	D	K	Q	M	N
P	C	S	M	N	O	S	D	R	U	O	G
O	H	O	X	L	M	R	U	H	L	S	E
M	H	N	F	U	D	X	S	R	H	C	H
Q	T	I	G	G	U	Q	D	K	H	P	B

POSSIBLE NEW WAY TO AVOID OVEREATING

The holiday season is a prime time for entertaining and eating many rich foods. Oftentimes, people find their dieting and healthy eating plans fall by the wayside when Thanksgiving arrives and indulgence continues through New Year's Day celebrations. Those who find that they have trouble pushing themselves away from the dinner table may want to try a modified version of a food-thickening agent that can reduce hunger pangs and help individuals feel fuller after eating less.

In August of 2012, a German research team presented their findings about an ingredient called SATISFIT-LTG at the 244th National Meeting and Exposition of the American Chemical Society. The product is a variation on methyl cellulose, which helps to thicken foods. SATISFIT-LTG is a white powder that dissolves in cold water and forms a thick solution. The solution gels up when heated, and using it in food may give eaters the impression that they consumed plenty of food and that their stomachs are full, helping to reduce the tendency for overeating.

"With that sense of fullness and hunger-satisfaction, they would not crave more food," says Dr. Carsten Huettermann of Dow Wolff Cellulosics in Germany, the team responsible for developing the ingredient.

In fact, Dr. Huettermann said that, in his first study, he witnessed fewer calories being consumed after participants ate the new SATISFIT-LTG product. The research team allowed volunteers to eat as much as they wanted in the study. Those who had the anti-hunger ingredient in their food consumed 13 percent less calories than those who did not.

Methyl cellulose in its regular form is a texturizer and emulsifier in food products. It has been used safely for more than 50 years, primarily in baked goods and ready-made meals. It also has been used as a treatment for constipation. Like cellulose, it is not digestible or toxic and it is not an allergen. Methyl cellulose normally passes quickly through the stomach and digestive tract. However with SATISFIT-LTG, the unique formulation enables the emulsifier to form a thick gel at body temperature. Therefore it lingers longer in the stomach before passing into the intestines, creating a feeling of fullness.

A new satiety ingredient could help individuals avoid overeating during the holidays and year-round.

SATISFIT-LTG has preliminary approval by the U.K. Food Standards Agency, though it has yet to be approved by the Food and Drug Administration in the United States. However, it may be promising as a dietary agent in the years to come.

806506

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Calendar of Events

Continued From Page 16A

p.m. The meetings are at Nobles Ferry Road next to Meridian Behavioral Health Center. For more information, please call 386-362-4221 or 386-688-3133.

TOPS FL 798

We know everyone has different hopes and dreams, different health conditions and weight loss goals. TOPS helps people meet their individual needs through group support.

However you measure success and whatever you have to lose, TOPS is here for you. Change take time. Take Off Pounds Sensibly supports you, no matter how long, even after you've reached your goal. There is no quick fixes at TOPS and no phony guarantees about weight loss. It's up to you and it's a total commitment on your part, but if you bring the desire, we can help. We meet every Wed. morning at 10 a.m. at the Community Church of God, 10639 Hwy 129 S, Live Oak, Fla. For more information contact Dorie at 386-658-2767

Alzheimer's Support Group

Fourth Thursday of each month at 11 a.m. at Surrey Place Care Center.

The Center is located at 110 Lee Ave. SE in Live Oak.

For any questions or suggestions call Shanna Kirby @ 386-364-5961 ext 16 or my cell 386-209-2327

Live Oak Garden Club

Meets on the 3rd Friday of each month, for a luncheon and a program for "all gardeners". The Live Oak Garden Club is also an ideal location and facility for a wedding reception, baby shower, family reunion, suitable for any event up to 100 people. Visit our website at www.liveoakfloridagardenclub.com or phone Sara at 386-364-4189 for additional information.

Suwannee River Jeep Club & 4X4

SRJC 4X4 is a new off-road club dedicated to Jeeps but open to other makes of 4X4's. We are looking for members that enjoy off-roading activity. We are a family oriented club that have monthly meetings and organize other activities such as trail rides, camping, mud events and fundraising events. Please contact Sarah or Cat at srjc4X4@gmail.com for more info. 386-688-3750 (Sarah).

Volunteers Needed!

Surrey Place Care Center in Live Oak is looking for interested volunteers who would like to share their time and talents with our senior adults. Volunteers enrich the lives of our residents and staff by brightening their days in so many ways!

If you are interested in helping others; if you would like to experience the gratification and sense of purpose that comes from working with senior adults with special needs, then we hope you will accept our invitation to learn more about the volunteer opportunities we have available. Surrey Place Care Center welcomes volunteer involvement in a variety of areas and capacities.

Please join us.
Surrey Place Care Center
Teri Christian,
Quality of Life Director
386-364-5961
act.surrey@signaturehealthcarellc.com

The Arc North Florida

Adults with Disabilities Program. Open to Branford and surrounding adults with intellectual or developmental disabilities.

For more information please contact the AWD supervisor Lisa Perry at 386-208-1404

The McAlpin Community Club

The Club is located at 9981 170th Terrace in McAlpin, directly across from the Post Office. Membership fees are $10.00 per family per year.

For info call Barbara Parks @ 362-3044 or Debbie Phillips @ 364-7028

Navy and Marine Corps

Shipmates who served on the USS Columbus CA-74/cG-12 from 1944 through 1976 and the USS COLUMBUS (SSN-762) past and present, if you would like to share memories and camaraderie with old friends and make new ones, please contact Allen R. Hope, President, 3828 Hobson Road, Fort Wayne, IN 46815-4505. Home: (260) 486-2221 - 8 a.m. - 5 p.m. Eastern Time, Fax: 260-492-9771, email: Hope439@frontier.com.

Love Forever

Live Oak Church of Christ, 1497 SR 51 (Irvin Ave) will be open every third Saturday morning of each month for a clothes closet and food pantry, 10:30 - 12 noon.

Business GUIDE

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$ FLOORING INSTALLERS $
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180 bed skilled and rehab facility is looking for a dynamic, positive and experienced candidate who will assist in working with all aspects of admissions and marketing. Must have experience in a long term SNF, familiar with regulatory and payor source requirements, demonstrate effective customer focused communications, high morale and positive behaviors. LPN/RN degree preferred.

Contact: Suwannee Health Care Center – Staff Development Office, 1620 Helvenston Street, Live Oak, FL 32064, Tel 386-362-7860

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Find It In The Classifieds!!

Help Wanted

COORDINATOR, RESEARCH PROGRAMS AND SERVICES
Small Business Development Center at UNF Live Oak
Small Business/Agribusiness Consultant: Delivery of management consulting and training to small business owners. Consulting on varied management topics, including business planning, marketing /growth, capital access and financial management. Special emphasis will be placed on agribusiness. Position will be based in the Suwannee County Chamber of Commerce.
Required: Master's or Bachelor's degree in appropriate area of specialization, and five or more years of experience in relevant business management and/or relevant business consulting and agribusiness. Significant knowledge of entrepreneurship and agribusiness issues. Strong interpersonal, organizational, and computer skills.
Salary: $45,000-$50,000 w/benefits. Applicants must complete an online application and upload documents at www.unfjobs.org. Ref. position #520210. UNF is an Equal Opportunity/Equal Access/Affirmative Action Institution.

LPN NEEDED
Full time LPN position for Palms Medical Group Branford Office. This position requires ability to serve both adult/pediatric patients. Applicants must have a current license in the State of Florida. Competitive pay and benefits. Apply online at www.palmsmg.org or by mail to Nursing Position, 911 South Main Street, Trenton, Fl 32693. No phone calls please. EOE.

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See www.nfcc.edu for details.

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Garage/Yard Sales

1457 Myrtle Ave, Live Oak FL. 11/8, & 11/9 HUGE 3-FAMILY YARD SALE. Spinet piano, nice clothing, household items, bicycles, great furniture, luggage, collectable jewelry & glassware, antiques, lamps, bedspreads, pictures & lots, lots more.

302 NW Duval St, Live Oak. Fri & Sat, 11/8, 11/9 8am until 5pm. YARD SALE. Furn, plants, toys, christian books, Christmas decor, jewelry & much more.

9407 193rd Rd, Live Oak, FL. 9 mi W on CR 136W. L on 193rd Rd. Fri & Sat, 11/8, 11/9 & 11/15 & 11/16. 8 am until 3 pm. YARD SALE. Few antiques, Christmas decor, bikes, dog items plus, lg parrot cages, windows, books, clothing, dryer, range, linens, and much more. 386-362-1983.

GIANT YARD SALE: Fri. Nov 8th & Sat. Nov 9th 8-2.
15963 36th Trail, Live Oak. Various items household, yard, Christmas items and Generator like new, Wii game.

St. Luke's Episcopal Church, 1391 SW 11th St, Live Oak, FL, Fri, Nov 8th 10am-5pm & Sat Nov 9th 7am-1pm. YARD SALE. Clothing, handmade gift table, baked goods & lots more.

Boats/Accessories

FirstDay

Skeeter Bass Boat (1986) w/1987 85hp Force motor, pwr tilt & trim. Hummingbird depth & fish finder, new fuel tank, carpet, bilge pump, live well pump. $2500.00. 419-204-8133

Campers/RV/Sales

COACHMEN CHAPARAL 2007 5th-Wheel 29ft, 15000 btu a/c, electric jacks front, stabilizers rear, tv antenna, stereo, tv, large double door refrigerator, gas-elect water heater, awning, any reasonable offer will be accepted,asking $13,900 visit www.teamrvinc.com or contact Anthony @ 229-435-5852

JAYCO SWIFT 2013, 154BH Travel Trailer, one owner with factory warranty remaining, sleeps 4, awning, microwave, stereo, gas-electric, Air Conditioner, refrigerator, furnace, tv antenna, spare tire, stabilizer jacks and looks brand new. Reduced $8500 call Anthony @ 229-435-5852 or www.teamrvinc.com

Campers/RV/Sales

EXCEPTIONAL FLOOR PLAN , full wall slide makes this a very unique floor plan. IF you are looking for a good clean super nice motor home that has taken the sharpest depreciation and know you are getting your money's worth this is it. LOADED,CLEAN and road ready. Owner highly motivated due to family health issues.Excellent financing available..Contact Anthony Tucker @ 229-435-5852 or visit www.teamrvinc.com

FORREST RIVER 2006 LEXINGTON, 26ft motor home, only 24k miles, Orion generator, good tires, Hydraulic leveling jacks, 2 slides, bedroom in rear, leather coach, microwave/convection oven, gas range, excellent condition, Ford chassis 450/Z10 engine, $24,500. call 229-560-8815 or 630-8033

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TRAIL MANOR 2006 HI-LO 2302, very light-weight and easy to pull. 30ft open length, sleeps 8, loaded with options, $10,900 check it out www.teamrvinc.com or contact Anthony @ 229-435-5852

WE BUY USED RV'S ! CALL 229-740-0375

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Apartments for rent in Live Oak, FL. **Mobile Homes for rent** in Fort White & White Springs, FL. Call 386-362-9806 or 386-623-3404.

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Beautiful triple-wide, 1,900 sq ft. 3bd/2bth on 5 acres of pines. Perfect Location! 5 miles out of town on main road $160,000. 386-292-9293.

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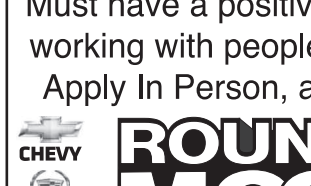

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New 2014 Ford
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Get ready for harvest season.
Color in this picture to create your own masterpiece.

THIS IS THE TERM USED TO DESCRIBE THE GATHERING OF MATURE CROPS FROM THE FIELDS.

ANSWER: HARVESTING

THIS DAY IN... HISTORY

• **1533:** FRANCISCO PIZARRO ARRIVES IN THE CAPITAL OF THE INCA EMPIRE.

• **1806:** LIEUTENANT ZEBULON PIKE SPOTS THE MOUNTAINTOP THAT IS NOW CALLED PIKES PEAK.

• **1969:** 250,000 PROTESTORS CONVERGE PEACEFULLY ON WASHINGTON D.C. TO PROTEST THE WAR IN VIETNAM.

New Word

REAP

cut or gather a crop or harvest

How they SAY that in...

ENGLISH: Plant

SPANISH: Planta

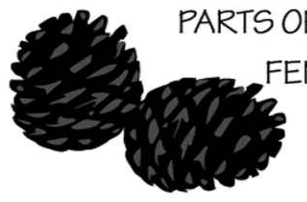
ITALIAN: Pianta

FRENCH: Plante

GERMAN: Anlage

Did You Know?

PINE CONES ARE THE REPRODUCTIVE PARTS OF PINE TREES. THE FEMALE PINE CONES DEVELOP HARD SHELLS AND PROTECT THE SEEDS.



GET THE PICTURE?

Can you guess what the bigger picture is?

ANSWER: CORN

Easy ways to celebrate Veterans Day

November 11th
VETERANS DAY 2013

Veterans Day is an annual holiday in the United States when veterans of the armed forces are honored and celebrated. Many people confuse Veterans Day with Memorial Day. While both days honor members of the armed forces, there' s a distinction between the two holidays. Memorial Day, which is celebrated in May, is a day designated for remembering servicemen and servicewomen who died while serving. Veterans Day, which is observed in November, honors all military veterans. The role of the brave men and women who serve in the military is an important one, and it' s one that warrants appreciation and celebration. The following are a few easy ways to celebrate veterans and their significant contribution to our country this Veterans Day.

Offer your thanks. Serving in the military can feel like a thankless job, as those who have not served might not be aware of the risks men and women in the military take and the sacrifices they must make to protect our country and help the less fortunate across the globe. As a result, something as simple as saying "Thank you" to a current service member or military veteran can go a long way. Veterans know they don't serve in vain, but it' s still a great idea to let them know how much you appreciate their efforts and sacrifices.

Help families of active military. Many service members are currently stationed and serving overseas, and their families back home may need or just appreciate a helping hand. Invite family members of active military over for dinner, offer to do chores like cutting the grass or shoveling the driveway when it snows, or help around the house if something needs fixing. Even if families of active members serving overseas appear to be getting along great, offer your friendship and let them know you' re there to help should anything arise.

Visit hospitalized veterans. Unfortunately, many veterans are hospitalized after suffering an injury during a tour of duty. These veterans sacrificed their physical well-being to protect our way of life, and many spend extended periods of time in the hospital. Visiting a hospital to get to know a veteran and spend some time with him or her sharing a few laughs and thanking them for their service is a great way to celebrate the holiday and lift a veteran' s spirits at the same time. Recruit friends and family members to visit hospitalized veterans as well.

Pay for a veteran' s night out on the town. Like many people, veterans appreciate an escape from the daily grind. Men and women who want to show their appreciation to veterans can treat a veteran to a night out on the town. Have extra tickets to a ballgame or play? Donate them to a local VFW or play. Or if you see a veteran out on the town, offer to pay for his meal.

Thank businesses who support veterans. Many businesses show their gratitude to veterans by offering them free services on Veterans Day. When a local business shows its appreciation to veterans, patronize that business and let them know you appreciate their efforts to help veterans.

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