

The Florida Star
P. O. Box 40629
Jacksonville, FL 32203

Presorted Standard
U.S. Postage Paid
Jacksonville, FL
Permit No. 3617

**Can't Get to the Store?
Have The Star Delivered!**

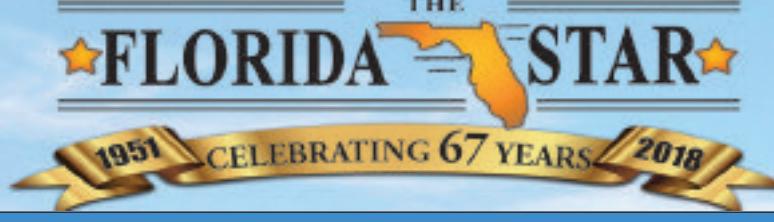


See Inside
Church
Local
Florida-Georgia
Sports
Community

The Florida Star,
The Georgia Star!
(904) 766-8834
Still The People's
Choice!
**STRIVING TO
MAKE
A DIFFERENCE!**

THE FLORIDA STAR

The only media
to receive the
Jacksonville Sheriff's
Office Eagle
Award for being
"The Most Factual."



Read The Florida
and Georgia Star
Newspapers.
thefloridastar.com
Listen to IMPACT
Radio Talk Show.
The people's choice



\$1.00

JUNE 2 - JUNE 8, 2018

VOLUME 68, NUMBER 7

Katrina Brown & Reginald Brown No Longer City Council Members

By The Florida Star

Governor Rick suspended City Council members Reginald "Reggie" Brown and Katrina Brown after it was reported that they were indicted Thursday on mail and wire fraud as well as tax evasion. It appeared that it did not matter that both council members are popular in their mostly African American districts and both were gearing up for their political campaigns.

The governor had stood trial for a larger but similar situation prior to becoming Florida's governor and was well aware that he has sole authority to temporarily suspend public officials facing criminal indictment but they can return to their positions by the end of the next year at his discretion. Of course, the public officials can resign to continue their income for their living expense and to help with legal



Jacksonville City Council members Katrina Brown and Reggie Brown (Photo by Frank M. Powell, III)

expenses until a replacement is permanently removed since only the Florida Senate can remove sitting council members until they are voted out. Both council members have stated their innocence and their willingness to fight back against these charges and so have those who they represent. In other words, if the governor had not stepped in, both could

still have continued their assignments and the matters their voters still need. Now, no replacements have been named as of this report but there is much discussion. Many feel that they themselves finally understand how and why Governor Scott pleaded the 5th Amendment 75 times while waiting for the conclusion of his trial. He was

able to do so because of the two accounting files that were part of the records that caused the largest medical record fraud debt in the history of the United States.

As *The Florida Star* has reported in a series recently, there is a pattern in this country of the criminal justice system going after elected officials. White officials, including Governor Rick Scott (medical fraud) and Kerri Stewart (money taken from city government) just to name two, have not been treated the same way when faced with criminal wrong doing.

A prosecutor has the discretion to indict. This has turned into a tool to oust African American politicians or to create a cloud of distrust during political elections. Both Reggie Brown and Katrina Brown may face trial in early August. They will appear in court June 14 where they could be arraigned.

JACKSONVILLE MEMORIAL DAY 2018



The city of Jacksonville came together on Memorial Day 2018 to honor fallen military heroes at the Jacksonville Veterans Memorial Arena. See Page 3 for story and photos. Visit TheFloridaStar.com for an online photo gallery. (Photo by Denise Williams)

U.S. Forecasters Predict Active 2018 Hurricane Season

Forecasters expect the 2018 Atlantic hurricane season will be near-normal to above-normal in number and intensity of storms, the National Oceanic and Atmospheric Administration's (NOAA) Climate Prediction Center said.

Ten to 16 named storms — including five to nine hurricanes, and one to four major hurricanes with Category 3 strength or higher — are predicted this Atlantic hurricane season, which begins June 1, the federal agency predicted.

Last year's season ended with 10 hurricanes and six major hurricanes. The Atlantic basin annually averages 12 named storms, with six hurricanes and three major hurricanes.

From June 1-7, consumers can save on sales tax on eligible items including reusable ice packs, flashlights, gas containers, radios, tarps and generators. The values of items vary.

There's no time like the present and Florida's seven-day "disaster preparedness" sales tax holiday starts on the official first day of hurricane season.

The tax break, which is four days longer than last year's brief holiday, provides an incentive for being prepared. Along with the local and state sales tax savings you should also save time and hopefully avoid the eventual frenzy that comes with an impending storm.

According to Florida Tax Watch, a sales tax holiday makes it more likely Floridians will prepare. The state estimates residents will save \$5.8 million during the weeklong event.

2018 Atlantic Hurricane Season Names

Alberto	Helene	Oscar
Beryl	Isaac	Patty
Chris	Joyce	Rafael
Debby	Kirk	Sara
Ernesto	Leslie	Tony
Florence	Michael	Valerie
Gordon	Nadine	William

ABC Cancels 'Roseanne' after Racist Tweets

ABC pulled the plug on its hit '90s revival "Roseanne." Tuesday hours after star and creator Roseanne Barr went on a racist Twitter rant that drew immediate coast-to-coast scorn and sharp rebukes from her cast and network.

"Roseanne's Twitter statement is abhorrent, repugnant and inconsistent with our values

and we have decided to cancel her show," ABC Entertainment president Channing Dungey said in a statement.

The network swung the axe swiftly over Barr's tweets — in which she compared former Obama adviser Valerie Jarrett to an ape and called billionaire George Soros a "Nazi" who "turned in his fellow Jews."

"Muslim brotherhood & planet of the apes had a baby=vj," Barr, who played brash matriarch Roseanne Conner on the show, wrote in one tweet aimed at Jarrett, which she later deleted.

On Wednesday, Barr blamed Ambien the insomnia drug for a racist tweet she sent Tuesday, global pharmaceutical giant

Sanofi fired back.

"People of all races, religions and nationalities work at Sanofi every day to improve the lives of people around the world," the company said in a tweet Wednesday. "While all pharmaceutical treatments have side effects, racism is not a known side effect of any Sanofi medication."

Civil Rights Activists, NFL Players React to New National Anthem Policy

By Lauren Victoria Burke

Protesters held a rally in front of the National Football League's New York City headquarters on May 25 after the league announced new rules that punish players who don't stand for the national anthem.

Tamika Mallory said that the NFL owners were acting as a "proxy for a fascist president" and that the new policy was an attempt to "resurrect slavery in the 21st century" and punish Black players. The

kneeling protests started when former San Francisco 49ers quarterback Colin Kaepernick began sitting during the anthem and then kneeling as a protest against police brutality.

"What is being said is that the n-ga don't have basic rights," Mallory said. "And I want to say today that Ida B. Wells, Dr. Martin Luther King, Marcus Garvey, the four little girls in Birmingham are turning over in their graves right now about the disrespect, the disgrace, that is happening in this country."

Mallory continued: "If we, as Black people, lay down and allow this system to continue to oppress us, we are the ones to be held responsible."

Civil rights activist and author of "The Revolt of the Black Athlete" Harry Edwards told USA TODAY that the NFL's new national anthem policy was "the dumbest move possible."

"They put the protest movement on blast," Edwards said. "They just created a bigger stage than ever."

In a recent commentary for

Vox.com, Harvard Law School labor professor Benjamin wrote: "This new league policy is meant to enforce a particular vision of patriotism, one that involves compliance rather than freedom of expression."

Sachs wrote that the new anthem policy was illegal—for a host of reasons.

The clearest illegality derives from the fact that the league adopted its new policy without bargaining with the

Please see *Anthem*, page 6

Editorial.....

Church.....

Youth News.....

Community.....

Columns.....

Local-Florida.....

Sports.....

Local-Georgia.....

Classified.....

Business.....

1

2

3

10

10

7

8

9

11

12



Looking for customers to patronize your business or utilize your services? If you answered YES, then you need to place an ad in The Florida or Georgia Star! CALL 904-766-8834 to place your ad TODAY!!

Check, Money Order,
Or Credit Cards Accepted

Wish to give us a News Story?
Call (904) 766-8834 or Send it to:
info@thefloridastar.com

ad@thefloridastar.com



City of Jacksonville Memorial Day Observance 2018

By Denise Williams

The city of Jacksonville came together on Memorial Day 2018 to honor fallen military heroes at the Jacksonville Veterans Memorial Arena, located 1300 A Philip Randolph Blvd, Jacksonville, FL 32202. This occasion recognized service members from all military branches and their families for their ultimate sacrifice in the quest for freedom. In addition, six new names were added to the nearly 1,700 names already on the wall. The wall was dedicated in November 1995 and is the second largest memorial arena in the United States, the largest one stands in Washington, D.C. The wall is 65 feet long and is unique in that it honors all six service branches which include: the U.S. Army, U.S. Navy, U.S. Marines, U.S. Air Force, Coast Guard and Merchant Marines. It holds the names of military personnel who have lost their lives in the line of duty since World War I.

This occasion was opened with prayer by Pastor Donnie Hutto of the Atlantic Beach Assembly of God church. The audience held friends, family members, civilians and a host of elected officials. Spotted were former Mayor of the City of Jacksonville, Alvin Brown; Congressman Al Lawson, Council Member Joyce Morgan and other esteemed officials. Mayor Lenny Curry greeted guests and introduced FL State Governor Rick Scott. The Governor spoke to the audience about honoring these brave men and women who fought for freedom. In addition, he recognized all of the Gold Star families that were present. Congressman John Rutherford, U.S. Representative for Florida's 4th congressional district who was named to the House Appropriation Committee spoke of how an improved economy is a huge benefit to our soldiers as they transition to civilian life then honored the fallen by encouraging participants to remember their dedication to serve. Congressman Al Lawson,

U.S. Representative for Florida's 5th congressional district who serves on the House Agricultural Committee also addressed the assembly. He spoke about the freedoms we have in our great country and the high price to be paid to secure such freedoms. He also reminisced about his own father who served in WWII, whose entire military record was destroyed by fire. He expressed gratitude for all past and present government and military personnel who worked feverishly to assist his family to ensure they recovered military benefits owed to them during that difficult time. The 13th Army Band and the Young Men's Chorus of Jacksonville rendered several selections. Later in the ceremony, the 125th Fighter Wing Florida Air National Guard performed a flyover. The six new names that have been added to the Memorial wall and unveiled during the memorial observance are the following: Gabriel A. Fuentes, USAF, Elgin E. Ross, USAF, Stephen C. Johnson, USN, Stephanie M. Hetland, USA, Joseph J. Murray, USAF and William R. Posch, USAF.

Memorial Day has deep roots in the African American community. Initially known as Decoration Day, it was a day founded by former slaves to honor African American soldiers who fought for freedom during the civil war who went unrecognized. In 1865 at the end of the war, former plantation slaves sought to "decorate" the massive numbers of black soldiers who paid for freedom with their lives. In the three years following the Civil War, on May 5, 1868, Decoration Day was established by the Grand Army of the Republic to honor the war dead with flowers. One hundred years later in 1968, Congress passed the Uniform Monday Holiday Act extending Decoration Day into a three day weekend entitled "Memorial Day". This act went into effect in 1971 making Memorial Day a Federal U.S. holiday on the last Monday in May.

Photos by Brumby & Denise Williams



Alpha Gainous, SSGT, WWII, U.S. Marines (USMC), Monford Point Marine



Congressman Al Lawson, U.S. Representative for Florida's 5th congressional district



The 13th Army Band



Former City of Jacksonville Mayor, Alvin Brown



Pictured left to right: Congressman John Rutherford, FL State Governor Rick Scott & wife Anne Scott, Jacksonville, FL Mayor Lenny Curry



Young Men's Chorus of Jacksonville



Jacksonville Sheriff, Mike Williams



Richard Danford, Jacksonville Urban League President & wife Council Member Joyce Morgan

JACKSONVILLE HONORS THEIR ULTIMATE SACRIFICE!!

Sheriff Mike Williams' Message from JSO regarding Memorial Day Service 2018



Photo by Brumby Williams

Today, as I look at the memorial, I am reminded of the history of our agency, the legacy left behind and the foundation that has been built for our future. The star badge that so many of us are wearing this morning is a representation of two agencies coming together under a unified system just fifty years ago. The shape signifies the previously used Duval County Road Patrol star while the center seal of this commemorative badge is a reminder of the Jacksonville Police Department.

Today we honor the fallen from not only the Jacksonville Sheriff's Office, but the Duval County Road Patrol and the Jacksonville Police Department. They are all ONE OF US, they are all FAMILY. No matter when our sixty-one fallen brothers served,

it is important to remember that they served our community.

From the 1840s through 1968, there were thirty-four law enforcement officers killed in the line of duty between the two agencies that existed in our city at that time. Since Consolidation Day, on October 1st of 1968, there have been twenty-seven line of duty deaths in our city.

Today is a reminder of not just the history and the sacrifices that were made for us, but the foundation of our great city. Times have changed, but we have learned as we move forward. The uniform that these men and women put on each day has changed throughout the years. While the badge symbolizes the agency we serve, the types of new tools and technologies are all part of the evolution of this noble profession.

As violence manifests a new look through different forms of illegal narcotics, dangerous technologies, and bolder, more daring criminals, we know that each day is a gift and that our biggest enemy is uncertainty. That uncertainty is what each law enforcement member faces when they put on their badge and report for duty to serve and protect our community. That uncertainty manifested again in two line of duty deaths just this week, when an officer in Dallas and a Corporal in Maine were shot and killed.

Last year in the course of one month we had three officers shot, all three seriously injured, but by the grace of God, they are still here with us today. I ask that you pray for them as they continue to heal, I also ask that you keep their loved ones in your prayers. Despite all that's occurring in the world around us, I am humbled and privileged to be one of five Sheriffs to serve this great city since consolidation. I am confident from the history ingrained in our agency's story that we are better trained, better equipped and more ready to face the challenges set before us than ever before. And know our officers will continue to carry on the tradition of remembering the fallen each year. Remember what we do today will be a part of the history that molds our future generations.

I will leave you with this verse from the book of Joshua, "Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go." May God bless you, May God bless the Jacksonville Sheriff's Office family and may God continue to bless our great city.

VIRGINIA COLLEGE IN JACKSONVILLE TO HOST COMMUNITY HEALTH FAIR

Local campus to participate in national event from 10 a.m. to 2 p.m. on June 8



Virginia College in Jacksonville will host a Community Health Fair Friday, June 8 from 10 a.m. to 2 p.m.

at the campus located 5940 Beach Blvd. The event is free to the public and will feature refreshments, a variety of health-related checks and activities for all ages. Additionally, the campus will hold a blood drive on site for those interested and able to give blood. Attendees 18 and older can enter to win a pair of Jabra Elite 65t True Wireless Earbuds in addition to other prizes.

The event is part of Virginia College parent company Education Corporation of America's national Community Health Fair events being held at 59 other Brightwood College, Brightwood Career Institute and Virginia College locations throughout 17 states.

WHAT: Virginia College Community Health Fair

WHEN: Friday, June 8th-10 a.m. to 2 p.m.

WHERE: 5940 Beach Blvd., Jacksonville, FL

PHONE: (904) 520-7400

"With summertime often comes a reminder to get outside and a renewed motivation for healthy living," says Campus President Don Slayter. "We are always grateful for the opportunity to support our Jacksonville community, and this June, we're excited to host the community while promoting something we are all passionate about here at Virginia College—personal health. As a campus, we are dedicated to encouraging one another as well as our neighbors toward healthy choices, and we hope everyone will join us to take a step toward a healthy lifestyle."

Sollie Mitchell's 1st 100 Years

Order Form



Limited Edition

First Day Issue June 20, 2018

Name _____

Phone Number and or email _____

Address _____

Title Cost \$35.00 Shipping #Ordered Total

Sollie Mitchell's 1st 100 Years: A Memoir \$10.00 _____

Payable to: Marsha Dean Phelts, 5400 Ocean Blvd, Amelia Island, Florida 32034, 904-261-0175

marshaphelts@aol.com

Friends and Neighbors of Sollie Mitchell:

In honor of Sollie Mitchell's 100th birthday, there will be a celebration of his life on June 30th. This great gentleman's incredible journey is an inspiration and should be commemorated. The celebration will take place at the DoubleTree by Hilton from 11:00 a.m.-2:00 p.m.

During his 35-year career with the railroad, Sollie Mitchell worked in numerous capacities which have included a Pullman Car Porter, Chair car attendant, white print operator clerk, account clerk and a driver for CSX Chairman of the Board Prime Osborne. He was a member of the Brotherhood of Sleeping Car Porters and he also served as secretary of the Jacksonville BSCP under the leadership of A. Philip Randolph. Sollie Mitchell was also the chair car attendant on the historic Freedom Train for the 1963 March on Washington which was directed by Mr. Randolph.

He is also the oldest and third highest ranking mason in the state of Florida has been an active member and officer of the J. S. Coppock Lodge #190 since 1956. In 2010 the Sollie Mitchell Lodge #377 was named in his honor. A philanthropist for many causes, Sollie Mitchell has received awards that triple his years of life and on December 9, 2017, in recognition of his life works Sollie Mitchell received the Florida NAACP's Anthony C. Hill Labor Award.

To take part in the celebration we are asking the following:

Table for 10	\$50.00
Tickets	\$ 50.00 each
Full page ad in Souvenir Booklet	\$100.00

The deadline for tickets and ads is May 21st.

To purchase tickets and/or ad, contact us at 354-0344. Checks should be made payable to APRI.

With much thanks and appreciation,

Friends of Sollie Mitchell's 100th Birthday Committee

More information forthcoming on Sollie Mitchell's 100th Birthday Celebration, June 20 actual birthday, Special Events TBA. June 30 Birthday Celebration, Hilton-Doubtelleet Downtown 11:00 am-2:00 pm. Committee Chairman, Former Senator Anthony "Tony" Hill, labor and fraternal order committee members: Cynthia Appling, Jerome Ballard, Arthur Finley, James Gillard, Belinda Garmany, Brenda Kelly, James Kelly, Doris Orr-Richardson, Marsha Dean Phelts, Delaney Williams.

ROOFING

RESIDENTIAL AND COMMERCIAL
F M POWELL, INC.
RC0054188

THE LEAKS STOP HERE



Rotten Wood Repairs Roof Cleaning Roof Inspection
Skylight Replacement Flat Roof New Roof

NO JOB TOO SMALL
QUALITY DOESN'T COST IT PAYS

904 705 9781

FEDERAL GULLAH GEECHEE CULTURAL HERITAGE CORRIDOR COMMISSION TO HOLD PUBLIC MEETING IN ARMSTRONG, FLORIDA ON JUNE 2, 2018

The federal Gullah Geechee Cultural Heritage Corridor Commission will conduct its next quarterly public meeting in the historic community of Armstrong, Florida. The Commission's public meeting will be held the morning of Saturday, June 2, 2018 from 9 am - Noon at the First Baptist Church located at 6370 Armstrong Road. Members of the public are invited to make presentations to the Commissioners about issues impacting Gullah Geechee communities, land and culture. The Commission is also interested in learning about events, projects and initiatives that highlight the important contributions made to American culture and history by the Gullah Geechee people. Presentations are generally limited to five minutes each and presenters can request time on the agenda the morning of the meeting or by contacting the Commission in advance by June 1, 2018. Members of the public can also submit written announcements and presentations to the Commission at any time by mail to Gullah Geechee Cultural Heritage Corridor Commission, P.O. Box 1007, Johns Island, SC 29457-1007 or by e-mail to info@gullahgeechecorridor.org. At the meeting, the public will also be introduced to the new leadership of the Commission which includes the new Chair, Dr. Dionne Hoskins-Brown; the new Vice-Chair Griffin Lotson; new Treasurer and Florida Commissioner Meredith Hardy; and Secretary David Frank.

The Commission will also partner with the local S.E.A. Community Help Resource Center to host a free screening that day of a series of classic documentary films that showcase the power and strength of Gullah Geechee culture. The films will be shown at 1 pm at First Baptist Church and include "From Whence We Came" and "The Language You Cry In." This program is presented as part of the Summer 2018 Gullah Geechee Documentary Film Festival series. These screenings are free and community members can also attend a screening happening at Fort Frederica National Monument Park on St. Simons Island, Georgia on Saturday, June 9, 2018 from 2 pm to 4 pm. More information about the films and festival dates can be found on the Corridor website at gullahgeechecorridor.org/events.

The Gullah Geechee Cultural Heritage Corridor and Commission were designated by an act of Congress through the National Heritage Areas Act of 2006. The Gullah Geechee Cultural Heritage Corridor is one of the country's 49 National Heritage Areas. The Commission holds regular, public meetings to conduct its business and to hear from the public about efforts to nurture, sustain, preserve, promote and learn from the tangible and intangible treasures of the Gullah Geechee culture.

Contact: Heather Hodges, Executive Director
Gullah Geechee Cultural Heritage Corridor Commission
2817 Maybank Highway, Johns Island, South Carolina 29455
(843) 818-4587
hhodges@gullahgeechecorridor.org
www.gullahgeechecorridor.org

Integrity We Remodel Pools

While Putting People in the Community to Work

High Quality Work
Swimming Pool Plastering Since 2010

POOL CONTRACTORS
Call For A Free Estimate
904-534-2575

Michelle Obama Unveils Cover For Upcoming Memoir

Michelle Obama has a picture to share. Last month, the former first lady unveiled the cover for her upcoming memoir, "Becoming." She posted that image, a smiling close-up shot taken by portrait photographer Miller Mobley, on her Instagram account. She wrote on Instagram that working on the book has been "meaningful and illuminating" and urged others to tell their stories.

"Becoming," one of the year's most anticipated books, comes out Nov. 13.



Black Women Are Changing the Tide of American Politics

By Jeffrey L. Boney

Last week, the world witnessed something that had never been done before in the history of politics in the United States.

Not only did Democratic voters in Georgia elect a 44-year-old African American candidate as the first-ever Black gubernatorial nominee in the state, they also made history by electing the first Black woman to be a major party nominee for governor in the United States.

That's right—former Georgia House Minority Leader and attorney Stacey Abrams soundly defeated her opponent, former State Rep. Stacey Evans, with an overwhelming 53 percent landslide victory; Abrams won 76.5 percent of the vote compared to Evans' 23.5 percent.

Abrams will face off against the winner of the Republican primary runoff election that will be held in July between Georgia's Lieutenant Governor Casey Cagle and Secretary of State Brian Kemp.

While much of the political conversation around the country has been focused on the success of women candidates as a whole, one of the primary reasons for Abrams' dominant showing in the Democratic primary was the high turnout of Black voters, particularly Black women voters. The convincing victory by Abrams, a rising star in the Democratic Party, has created a significant amount of chatter in political circles about the growing success Black women candidates are having across the country, particularly in a deeply southern state like Georgia that hasn't had a Democratic governor since 2003.

"I am a proud daughter of the Deep South," Abrams stated during her victory speech after winning the Georgia Democratic gubernatorial nomination. "To claim our victory, to write that next chapter and live those best lives, we have a lot of work to do. We have to reach out to those who do not believe their voices matter. Who have been disappointed again and again by promises made and never kept...

With your help, we will register every last person we know."

Abrams continued: "And we're going to search out those we don't know yet and prove they matter to us, too...In the Book of Esther, there's a verse that reminds us that we were born for such a time as this. And now is a time to defend our values and protect the vulnerable—to stand in the gap and to lead the way...that is what we will continue to do—all the way to victory in November."

A victory by Abrams in November would truly be a game changer relative to politics, as we know it, in the Deep South and across the country.

Prior to 2003, no Republican had ever served as governor in Georgia since Reconstruction. Republican George "Sonny" Perdue III changed that after he was elected and then sworn in on January 13, 2003. Perdue served until 2011, and the governorship in Georgia has remained in Republican control ever since.

Then, if you take a look at the rest of the Deep South, which consists of states like Texas, Alabama, South Carolina, Mississippi, Arkansas and Louisiana, each of those states currently has a Republican governor at the helm, with the exception of Louisiana, where former Democratic state legislator John Bel Edwards was sworn in as governor in 2016.

Abrams has a chance to change the overall landscape of politics as we know it, but it will take more than having her name on the ballot as the Democratic nominee in Georgia to make that a reality—it will require engaging existing Black voters and focusing on getting newly registered Black voters to the polls in November.

Abrams has adopted a strategy on registering new Black voters and engaging more Blacks to come out to the polls and vote in November 2018 than came out in 2014, when only 40 percent of African Americans went to the polls in Georgia, compared to roughly 48 percent of Whites.

If recent history is any

indication, the only way the tides will turn in the favorable direction Democrats hope for relative to the key gubernatorial seats that are up for grabs in battleground states this November, is if there is a heavy Black voter turnout—something the National Newspaper Publishers Association (NNPA) has been focused on in 2018.

The NNPA, a trade group that represents over 200 Black-owned media companies across the U.S., recently launched an initiative to encourage 5 million new, Black voters to register to vote before the midterm elections, with the hopes of ensuring candidates like Abrams cross the finish line victoriously.

"The NNPA views the electoral victory of Stacey Abrams as the Democratic candidate for Governor of Georgia as one of the most important political advances for the interests of Black America, since President Barack H. Obama was elected," said Dr. Benjamin Chavis, Jr., president and CEO of the NNPA. "In particular, Black women are now the effective vanguard in statewide and local elections across the U.S. The win by Abrams in Georgia is also timely as the NNPA has called upon 5 million more Black Americans to register to vote before the November 2018 midterm elections."

Abrams will need that increase in Black voter turnout to add her name to the list of Black women, who are changing the landscape of politics across the country.

According to a recent report by the Higher Heights Leadership Fund and the Center for American Women and Politics titled "The Chisholm Effect: Black Women in American Politics 2018," Black women only make up 3.6 percent of the U.S. Congress and less than one percent of statewide elected executive officials.

Only 38 other Black women have served in Congress since Shirley Chisholm's groundbreaking victory in 1968, when she became the first Black woman elected to the U.S. Congress.

It's encouraging to see that Black women are making progress in politics, but there is still a long way to go. We must continue to support and encourage Black women to run for office and to vote in large numbers. This is a critical moment in our country's history, and we must ensure that Black women's voices are heard and valued.

New Guidelines: Colon Cancer Screening Should Start at Age 45

New guidelines released Wednesday recommend U.S. adults start colon cancer screening earlier, at age 45 instead of 50.

The American Cancer Society's advice puts it out of sync with guidelines from an influential government advisory group, which kept the age at 50 in an update two years ago.

Cancer society officials acknowledge the shift to 45 could cause confusion for doctors and patients but felt strongly that they needed to

act now. The advocacy group was influenced by its study, published last year, that found rising rates of colon cancer and deaths in people younger than 50. Experts aren't sure why there has been a 50 percent increase in cases since 1994.

The guidelines are for men and women ages 45 to 75 of average risk for colon cancer; recommendations are different for people with certain conditions, like Crohn's disease, or a family history of colon cancer. The

group endorses six kinds of screening exams, from inexpensive take-home stool tests performed every year to colonoscopies done every 10.

Most colon cancer occurs in adults 55 and older, and the good news is rates of cases and deaths have been falling for decades. Colon cancer, combined with rectal cancer, is the second leading cause of cancer death in the U.S. This year, more than 140,000 Americans are expected to be diagnosed with it, and about 50,000 will die from it.

Anthem

Continued from page 1

players union," Sachs wrote. "When employees, including football players, are represented by a union, the employer—including a football league—can't change the terms of employment without discussing the change with the union. Doing so is a flagrant violation of the employer's duty to bargain in good faith."

ESPN.com reported that President Donald Trump supported the NFL's policy that requires players to stand for the national anthem or remain in the locker room, during an interview with Fox News.

"I think that's good," Trump said. "I don't think people should be staying in locker rooms, but still I think it's good. You have to stand proudly for the national anthem or you shouldn't be playing, you shouldn't be there. Maybe you

shouldn't be in the country."

Many players have already indicated that they are not happy with the new rule.

In a statement released on Twitter, Philadelphia Eagles safety Malcolm Jenkins wrote: "While I disagree with this decision, I will not let it silence me or stop me from fighting. The national conversation around race in America that NFL players forced over the past 2 years will persist as we continue to use our voices, our time and our money to create a more fair and just criminal justice system, end police brutality and foster better educational and economic opportunities for communities of color and those struggling in this country."

In an interview with ESPN, Seattle Seahawks wide receiver Doug Baldwin called the president "an idiot...plain and simple."

"I respect the man because he's a human being, first and foremost. But he's just being

more divisive, which is not surprising. It is what it is," Baldwin said. "For him to say that anyone who doesn't follow his viewpoints or his constituents' viewpoints should be kicked out of the country, it's not very empathetic, it's not very American-like, actually it's not patriotic. It's not what this country was founded upon."

Baldwin continued: "It's kind of ironic to me that the president of the United States is contradicting what our country is really built on."

In his Vox.com commentary on the NFL's new national anthem policy, Sachs wrote that now that the owners have made it a workplace rule to stand during the anthem or stay in the locker room, any player who takes the field and takes a knee is protesting an employer rule.

That protest, Sachs said, "is unquestionably protected by federal labor law."

The NFL pre-season begins in August.



Wolfson Children's

Health Center

Quality care for kids, close to your home.

Wolfson Children's Health Center is a primary care office offering a full range of health care services for ages 0 to 20. We accept most insurance plans and have a sliding-fee, income-based discount for patients without insurance.

Our office is in the Ribault Family Resource Center
(Full Service Schools Building) on the Ribault High School campus

3701 Winton Drive • Jacksonville, Florida 32208

OPEN YEAR-ROUND

Monday – Friday, 8 am – Noon

Health insurance and Florida KidCare accepted

(We can assist you with insurance enrollment.)

Mikah Owen, MD, MPH
Pediatrician

Christie Johnson, ARNP-BC
Family Nurse Practitioner



Appointments Available 904.924.1624

Wolfson Children's Hospital in partnership with:



Photography
Social Media

FLA/GA

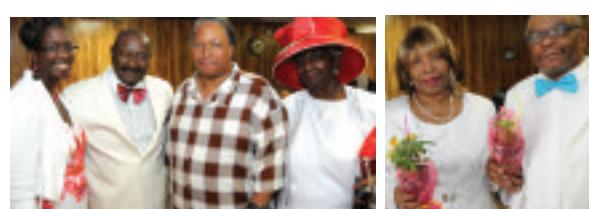
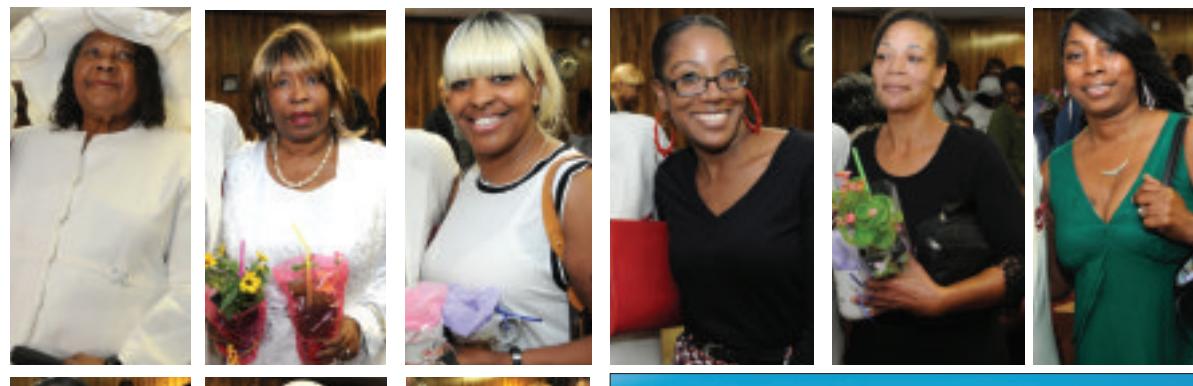
LOCAL

United Missionary Baptist Church

Mother's Day 2018



*Photos by Frank M. Powell III
More pictures can be viewed at www.thefloridastar.com*



JACKSONVILLE SMALL AND EMERGING BUSINESS

The Jacksonville Small and Emerging Business (JSEB) program was created to help small businesses compete, not just for city contracts, but ANY contract.

FOR MORE INFORMATION
ON BECOMING A JSEB VISIT
WWW.JSEB.COJ.NET

Ed Ball Building | 214 N Hogan St., Suite 800 | Jacksonville, FL 32202

Phone: (904) 245-8620 | Email: jseb@coj.net

www.jseb.coj.net

SPORTS

Be Sure to Follow FGS Sports:



Twitter:
FGS_Sports



Instagram:
FGS_Sports



Braves Blanked by Arrieta of the Phillies



PHILADELPHIA - Atlanta Braves starting pitcher Luiz Gohara (53) throws a pitch against the Philadelphia Phillies on May 23, 2018 at Citizens Bank Park. Phillies won 4-0. (Photo: Damion Reid/The Florida-Georgia Star)

By Bryan Zarpentine

In the rubber match of the series, the Atlanta Braves were shutout for the second time on Wednesday, May 23 in a 4-0 loss to the Philadelphia Phillies.

With Phillies ace Jake Arrieta on the mound, the Braves fought an uphill battle against Arrieta and his 2.82 ERA. In the first inning, Atlanta's Freddie Freeman and Nick Markakis got on base with back-to-back singles with two outs, but catcher Kurt Suzuki couldn't drive them in.

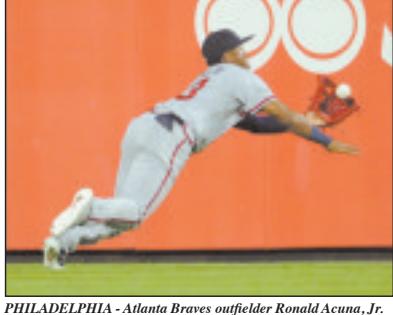
During the second inning, the Braves had runners on second and third with nobody out. Middle infielders Dansby Swanson and Ozzie Albies both grounded out, leaving both runners stranded and helping Arrieta get out of the inning.

From there, Arrieta settled in and dominated Atlanta's lineup. He struck out the side in the third inning and only allowed one hit between the third and the sixth innings.

The Braves threatened again in the seventh. After third baseman Johan Camargo walked, Swanson doubled to put runners on



PHILADELPHIA - Atlanta Braves outfielder Ender Inciarte (11) is tagged out by Philadelphia Phillies infielder Scott Kingery (4) on May 23, 2018 at Citizens Bank Park. Phillies won 4-0. (Photo: Damion Reid/The Florida-Georgia Star)



PHILADELPHIA - Atlanta Braves outfielder Ronald Acuna, Jr. (13) makes a catch against the Philadelphia Phillies on May 23, 2018 at Citizens Bank Park. Phillies won 4-0. (Photo: Damion Reid/The Florida-Georgia Star)

second and third, which was enough to knock Arrieta out of the game with seven strikeouts. However, reliever Seranthony Dominguez struck out Preston Tucker to end the

rally. Dominguez then sat down the Braves in order in the top of the eighth. Closer Hector Neris allowed two base runners in the ninth but managed to shut the door before the

Braves could scratch out a run.

Meanwhile, rookie left-hander Luiz Gohara took the loss for the Braves. Gohara had been sharp in three relief outings, earning him his first start of the season.

The 21-year-old Brazilian started strong, striking out five of the first nine batters he faced. However, things started to unravel during his second time through the order when he struggled with control.

Despite the loss, the Braves have still won five of nine head-to-head meetings with the Phillies this season. The loss brings Philadelphia within just half a game of the Braves atop the NL East.

Sixth Team Announced for Alliance of American Football

By FGS Sports

The Alliance of American Football (AAF) officially announced its sixth team will be in San Diego and will be coached by former Los Angeles Rams head coach Mike Martz. So far, six of the eight teams have officially been announced.

The AAF is the brainchild of Charlie Ebersol, son of

NBC Sports president Dick Ebersol, and will begin competing the weekend after the 2019 Super Bowl. The league will run for 10 weeks, four teams will qualify for the playoffs, and the championship will air on the weekend of April 26-28, 2019. Teams will field 50 players, and will feature no TV timeouts, fewer commercials and no kickoffs (teams start on their

own 25), making games significantly shorter than NFL games.

Martz will be joining an impressive list of head coaching names including:

- Former Vikings coach Brad Childress (Alliance Atlanta)
- Former Hall of Fame Bears linebacker and former 49ers coach Mike Singletary (Alliance Memphis)
- Former Miami (FL), Seattle Seahawks, San Francisco 49ers and Arizona State coach Dennis Erickson (Alliance Salt Lake)

In Brief

Former Heavyweight Johnson Pardoned by Trump

On Thursday, May 24, President Trump signed a posthumous pardon for Jack Johnson, the first black heavyweight champion, who was convicted of transporting a white woman across state lines in 1913.

Trump signed the pardon during an Oval Office ceremony, flanked by Sylvester Stallone, Lennox Lewis and other fighters.

Johnson was convicted of violating the Mann Act, which prohibited traveling with a woman across state lines "for immoral purposes." The woman Johnson transported, Belle Schreiber, who had worked as a prostitute, had dated the boxer.

2019 NASCAR Hall of Fame Inductees

Each year, five legends are inducted into the NASCAR Hall of fame. The tenth annual class of inductees include four-time Monster Energy NASCAR Cup Series champion Jeff Gordon; team owners Roger Penske and Jack Roush; 19-time Monster Energy NASCAR Cup series winner, the late Davey Allison; and 1992 NASCAR premier series champion, the late Alan Kulwicki. The class will be inducted into the Hall on February 1, 2019 in Charlotte, North Carolina.

A Five-Inning Save for Pitcher Austin Pruitt

Tampa Bay Rays reliever Austin Pruitt made history on Sunday, May 27, when he recorded a five-inning save in a regular season game. He became the first pitcher in more than 15 years to accomplish the feat in an 8-3 win over the visiting Baltimore Orioles.

The last pitcher to do this was Texas Rangers pitcher Joaquin Benoit, who threw seven innings against the Orioles in a September 2002 game. The rarity has only been done four times in the past 30 regular seasons.

Jaguars Sign Tight End Scott Orndoff

The Jacksonville Jaguars have signed first-year TE Scott Orndoff on Wednesday, May 30. To make room on the roster, the team waived/injured TE Zach Conque. If Conque clears waivers by Thursday, May 31, he will revert to the Jaguars' reserve/injured list.

Orndoff, who is 6'4" and 253 lbs, has yet to appear in an NFL game after originally signing as a rookie free agent with the Pittsburgh Steelers on May 1, 2017. He spent parts of the 2017 preseason with both Pittsburgh and the Detroit Lions, and then spent time on the Cincinnati Bengals' practice squad during the 2017 regular season.

Orndoff started 23 of 45 career games for the University of Pittsburgh and totaled 58 receptions for 897 yards with 13 TDs from 2013-16. He attended Seton-LaSalle High School in Pittsburgh, Pa. and was a two-time All-State Class AA selection by the Pennsylvania Sports Writers.

The Tiger Woods Watch Continues in Ohio

This weekend, Tiger Woods is back at the Memorial Tournament for the first time since 2015. He owns a record five wins at Jack Nicklaus' Muirfield Village Golf Club, including his last in 2012 highlighted by a spectacular chip-in on the 16th hole in the final round. That victory was No. 73 on the PGA Tour. Woods will make his 16th appearance at the Memorial on Thursday, May 31 against the defending champion Jason Dufner and world No. 3 Justin Rose, the 2010 Memorial winner who is coming off his second win of the season at last week's Fort Worth Invitational.

Serena Williams Returns in the French Open

Serena Williams is set to return to Grand Slam tennis this week by competing in the 2018 French Open at Roland Garros. This will be Williams' first major tournament since giving birth to her daughter, Alexis Olympia in September 2017. However, French Open organizers announced that they will not be giving the three-time French Open champion a seeding. Williams was No. 1 when she left the tour to give birth, and is currently ranked No. 453.

Other notable participants include Serena's sister, Venus Williams, 37. She is the oldest woman at the French Open, and unfortunately made a quick appearance in the first round by losing to China's Qiang Wang, 6-4, 7-5 in the first round. Wang is ranked 85th. This is the first time in Williams' career where she has back-to-back opening round losses in majors.



More Sports Coverage
Online at
TheFloridaStar.com

Have a story? Email Debby Wong,
Sports Editor at: debby@theledger.com

Senior Living



Landmark Alzheimer's Study Urgently Seeks African American Volunteers

Study focuses on early detection of Alzheimer's disease and tracking it over time. African Americans are twice as likely to develop Alzheimer's disease.

(Family Features) More than 5 million Americans suffering from Alzheimer's disease, and scientists expect this number to triple by 2050. Experts say that African Americans are two to three times more likely than white Americans to develop the disease. A momentous scientific study focused on early detection of Alzheimer's disease, and tracking it over time, seeks healthy volunteers without memory problems, as well as people who have mild memory problems, and those who have been diagnosed with mild dementia due to Alzheimer's disease.

The prestigious Alzheimer's Disease Neuroimaging Initiative - or ADNI - funded by the National Institutes of Health, is one of the largest and longest running Alzheimer's disease trials in history. Now in the third phase of trials, researchers are studying how quickly things like reasoning and the ability to perform certain functions change in the aging brain. Researchers need to better understand the disease progression in order to speed the pace of discovery in the race to prevent, treat and cure Alzheimer's disease.

"It is extremely important that more African Americans get involved in the fight against Alzheimer's disease, which affects nearly all of us in some way," said Michael Weiner, MD, principal investigator of the study. "We

need to know why and how Alzheimer's disease progresses in African Americans in order to discover new treatments that could significantly improve the way we treat it in the future."

The study uses state-of-the-art imaging to monitor brain levels of two proteins called tau and amyloid, both of which are significant indicators of Alzheimer's disease. Researchers track cognitive function through computer tests at home and in a doctor's office, which includes measuring changes in one's ability to handle money, a common warning sign of the disease.

"One of the biggest challenges researchers face is finding people to volunteer to take part in studies," said Weiner. "We can beat Alzheimer's, but we can't do it without volunteers."

The ADNI Study needs 800 people to enroll in sites across the United States and in Canada. Researchers are looking for people between the ages of 55 and 90 who have normal thinking and memory function, as well as those who have mild memory problems and those who have been diagnosed with mild dementia due to Alzheimer's disease. No medication is involved.

Potential study volunteers can learn more by visiting www.ADNI3.org or by calling 1-888-2-ADNI-95 (1-888-223-6495).

Photo courtesy of Getty Images #14191
Source: Alzheimer's Disease Neuroimaging Initiative



What is the Edward Waters College Promise?

The EWC PROMISE is a commitment to our local county high school graduating students seeking a four-year bachelor's degree without financial and transportation barriers.

The Edward Waters College Promise Program is the First Program in the nation established by a four-year institution for a debt-free freshman year. It is the first Promise Program by a Historical Black College or University.
[#EWCisFirst](#)

Who is eligible to apply for The Promise?

The Promise is for graduating, first-time-in-college, high school seniors, who seek a degree in the fields of Biology, Business, Communications, Criminal Justice, Elementary Education, Mathematics, Music, or Psychology.

How do you qualify for The Promise?

- Complete the EWC admissions application for the fall 2018 term. To apply, go to www.ewc.edu. Contact: Admissions Office: 904-470-8200; admissions@ewc.edu.
- Complete the Free Application for Federal Student Aid Form (FAFSA) and be eligible to receive the federal Pell grant with the estimated family contribution (EFC) of zero. FAFSA website: www.fafsa.ed.gov and EWC's FAFSA code: 001478.
- Receive an acceptance letter from the EWC Office of Admissions.
- Must be a commuter student.



5 Ways to Boost Home Wi-Fi



(Family Features) In today's connected world, it's almost unthinkable to function without an internet connection, and for practical purposes most households need wireless connectivity for everyone to fully enjoy their internet-enabled devices, including smartphones, laptops, tablets, televisions, thermostats, security cameras and even refrigerators.

However, with the growing number of devices requiring access to your network, and in some cases even the quality of the connection itself, there can be limitations to your Wi-Fi network's performance. The problem can be compounded by the reality that increased reliance on Wi-Fi networks isn't just in your own home or office, it's around the globe.

Some groups, such as WiFiForward, are advocating for increased connectivity across America, including greater access to unlicensed spectrum, which are radio frequencies that consumers can use for a wide range of purposes, including Wi-Fi. Ultimately, greater access to unlicensed spectrum can result in benefits like more reliable connections and super-fast "Gigabit Wi-Fi," as well as cost-effective wireless broadband for unconnected urban and rural areas.

In the meantime, these tips may help boost the quality and speed of your home Wi-Fi network.

Use up-to-date Wi-Fi technologies. It

won't matter what other steps you take to improve your network performance if you're using old technology. Be sure your devices and router are all compatible with the latest network capabilities. Equipment that runs the latest Wi-Fi standard, 802.11ac, is ideal if you're using multiple devices.

Improve network security. Be sure to regularly update your password and enable WPA2 encryption, which offers greater security.

Know that location matters. Placing your router in an open, centralized area is likely to create a better access point throughout the house. Be wary of walls and other obstructions than can hinder a clear signal transmission throughout the house. An ethernet cable and cable clips are all you need to move your router from its connecting point to a more signal-friendly location.

Reboot your router regularly. Like many devices, an occasional reboot can help improve function. A router that is continually running is processing a great deal of data and even in normal operation some data can become corrupt. A reboot can dump those errors and allow you to resume operations with a clean slate, so to speak.

Update your connected devices. Each device that is actively connected to your network depletes available bandwidth. When a device's operating system is out-of-date, it can become a data hog, impacting the performance of the other devices you have connected in your home. Check regularly for software and connectivity updates to improve speeds and maximize your experience.

Learn more about constraints of the nation's current Wi-Fi airwaves and possible solutions at WifiForward.org.

Photo courtesy of Getty Images #14151
Source: WiFiForward

10 Steps to Help Prevent Cancer



(Family Features) Nearly 4 out of 10 Americans will be diagnosed with cancer in their lifetimes, and it remains the second-leading cause of death for Americans, but nearly half of all cancer cases can be prevented.

Research from the American Institute for Cancer Research (AICR) shows that diet, exercise and weight play a critical role in cancer prevention.

"Making changes in what you eat, being physically active and maintaining a healthy weight have strong and clear links to your risk for cancer," said Alice Bender, MS, RDN and director of nutrition programs at AICR. "We know from decades of research and a thorough review of the science that there are simple things we can all do to reduce our risk."

To live a cancer-preventive lifestyle, consider taking these 10 steps recommended by the scientific experts at AICR:

1. Be a healthy weight. Higher body fat can be a cause of many cancers. Try to stay at a healthy weight and avoid weight gain as you get older.
2. Be physically active. Incorporate moderate physical activity into your daily life through steps like walking more and sitting less.
3. Eat a diet rich in whole grains, vegetables, fruits and beans. Make these foods a major part of your diet.
4. Limit consumption of "fast foods" and other processed foods high in fat, starches or sugars. Cut down on processed foods to help control calorie intake and maintain a healthy weight.

5. Limit consumption of red and processed meat. Eat no more than three portions of red meat per week, and little - if any - processed meat.

6. Limit consumption of sugar-sweetened drinks. Don't drink sugar-sweetened drinks, which contribute to weight gain. Choose water instead, when possible.

7. Limit alcohol consumption. For preventing cancer, it's best not to drink alcohol.

8. Do not use supplements for cancer prevention. Aim to meet nutritional needs through diet alone.

9. For mothers, breastfeed your baby, if you can. Breastfeeding is good for both mother and baby.

10. After a cancer diagnosis, follow these recommendations, if you can. Cancer survivors are encouraged to continue following these guidelines.

Refraining from smoking, avoiding other exposure to tobacco and limiting sun exposure are also important in reducing cancer risk.

Because it can be hard to make lifestyle changes, AICR aims to help people adopt healthier behaviors through efforts like the Cancer Health Check, a tool that shows people how their lifestyle stacks up against known cancer risks and recommends changes that can improve health.

For recipes, tips and other resources, visit aicr.org.

Photo courtesy of Getty Images #14218
Source: American Institute for Cancer Research

COMMUNITY

Opinions, Announcements, and More

The views and information expressed in this column are not necessarily the views of the publisher or advertisers.

Graduation is Just the First Hurdle



By Julianne Malveaux

(TriceEdneyWire.com) - The Black Panther, Chadwick Bozeman, graduated from Howard University with a Bachelor's degree in Fine Arts (BFA) in 2000. His writing partner is also a HU graduate. Bozeman came back to his alma mater to address the Class of 2018, and to reportedly receive an honorary degree.

The Howard University graduation is one of more than 100 HBCU graduations, and more than 4000 graduations around the country. April Ryan brought down the house at Bennett College on May 5. Sophia Nelson spoke at the Philander Smith (Arkansas) graduation. All over the country, families are gathering, people are celebrating, and graduations are an occasion of joy.

If you are African American and graduated from the University of Florida, however, your achievement might be marred by the horrible memory of a faculty graduation marshal physically pushing you off the stage simply because you stopped to flash a frat sign or to execute a couple of steps. More than 20 students were assaulted by the unidentified faculty member (although some say he is a chemistry lecturer), who is now on paid leave.

Why would the university continue to pay someone who seems to have differentially attacked Black students (apparently no white students were assaulted or pushed off the stage)? This lecturer is a menace to society and college students who should not be exposed to his racism, either on a stage or in a classroom.

University of Florida President W. Kent Fuchs has apologized to the affected students and reached out to at least some of the students. The New York Times reported that Alpha Phi Alpha fraternity member Oliver Telusma '21 got a call from President Fuchs, but as of May 8, had not called him back.

From where I sit, Telusma should not call President Fuchs, instead the President needs to track that student (and the others) down and visit them personally, if necessary. The University of Florida incident reminds Black students that graduation is but one of the hurdles they must clear. Every day, every single day, they face the possibility of pernicious racism, differential treatment, and the threat of law enforcement to compel compliance with the most foolish of laws and norms, spoken or unspoken.

NOW HIRING

SALES PROFESSIONAL

The Florida Star and The Georgia Star has an excellent opportunity for a qualified candidate who excels in sales. This opening is for an experienced or novice sales professional, who exceeds monthly goals. If you enjoy sales, know how to network, and thrive in a fast paced environment this may be the job for you. In this role, you will be responsible for cultivating leads, setting appointments and following up with potential clients.

This is a commission based opportunity. If you feel you would be a fit, please submit your resume today.

The Florida Star is the oldest and most widely read African-American newspaper, with an audience that covers Northeast Florida and Southeast Georgia. In addition to print media, the company owns STAR TV-18.2 television station and sponsors a radio show (IMPACT) twice a week on WCGL FM 94.7 and AM 1360.

If you meet the listed requirements: Submit your resume with cover letter, and two written recommendations.

No phone calls please. Qualified candidates will be contacted for an interview.

Email: info@thefloridastar.com

Requirements: Meet monthly sales goals. Able to develop client relationships. Maintain a professional demeanor. Have consistent access to reliable transportation.

Experience with Microsoft applications (Word, Excel & PowerPoint). Submit monthly reports. Possess a strong work ethic. Ability to produce with little supervision.



The Florida Star Seeks Journalism Interns

You will be required to write weekly articles as assigned for a summer, semester, or a year long internship

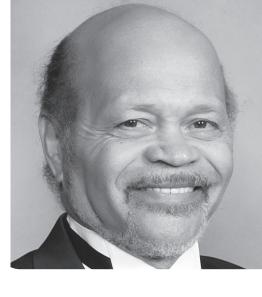
Recommendation letter will be awarded upon successful completion of the internship

For Consideration:
Email 2 writing samples to:
info@thefloridastar.com
Subject: Intern

No phone calls please!



IF EDUCATION IS THE ANSWER, WHY DO BLACK WOMEN WITH COLLEGE DEGREES HAVE HIGHER MATERNAL AND INFANT MORTALITY RATES THAN WHITE WOMEN WHO DROPPED OUT OF HIGH SCHOOL?



Most people of color can point to at least one moment when they realize that popular culture in America distorts the reality of their history and existence.

The most memorable experience for me was when I was in the sixth-grade in my segregated public school in Virginia. One of our courses was Virginia history and the state had provided us with the required history textbook. Somewhere between the covers of that book was a picture of a group of smiling, dancing enslaved African Americans being observed by a small group of amused white people – presumably the owner and his family. The text explained that most slaves were happy with their condition and prospered under the kindly supervision of their masters.

Fortunately, my sixth-grade teacher was having none of it. He had us open our books to that page and told us that we were being lied so that white people could remain in power in the state. He explained that truths were being kept from us because knowledge is power. It is the power to improve your life.

There are so many lies in American popular culture, beginning with the moment we're born – in the maternity ward. Several studies demonstrate that racism in America kills Black expectant mothers and their newborn babies, but popular culture tells us that they are receiving the best health care.

A New York City Department of Health and Mental Hygiene 2016 report titled "Severe Maternal Morbidity in New York City, 2008–2012" put it this way:

"Black non-Latino women at least a college degree had higher SMM [Severe Maternal Morbidity] rates than women of other race/ethnicities who never graduated high school."

The National Center for Biotechnology Information published a paper in 2016 that states:

"Racism and racial discrimination in the USA is thought to be a major driver of the differences between birth outcomes among different racial and ethnic groups, particularly between Black women and women of other races."

The Centers for Disease Control found that during 2011 to 2013, there were 12.7 deaths per 100,000 live births for white women within a year of giving birth. But for Black women, the rate of death was almost four times higher at 43.5 deaths per 100,000 live

births.

While few popular media outlets have focused on this problem, Newsweek magazine published an article in 2016 that reported:

"The shameful secret is that even when controlling for age, socioeconomic status and education, the U.S. Centers for Disease Control and Prevention (CDC) reports that African-American women, ... face a nearly four times higher risk of death from pregnancy complications than white women. In parts of the U.S. with high concentrations of women of color who live in poverty, such as Mississippi, maternal death rates can surpass those of sub-Saharan Africa."

Despite a mountain of evidence to the contrary, particularly in the area of maternal health for Black women, the popular thinking is that U.S. health care is the best in the world.

In 2015, Time magazine, MSNBC, CBS, CNN and other news outlets reported that the nonprofit organization Save The Children, in its annual report, ranked the United States at 33rd among 179 nations in the world for quality of life for women and children. That ranking was based upon an overall score that took into account mothers' and children's health, educational, economic and political status. What these news outlets did not report is that the United States ranks 61st in maternal health, 42nd in children's well-being and 89th when it comes to the political status of women.

The high infant and maternal mortality among Black women and babies is masked by the low numbers among more affluent Americans. For example, Save Our Children points to a 2011 study that revealed that infants in Washington D.C.'s Ward 8, where half of all children live in poverty, died at a rate more than 10 times higher than the death rate of infants born in Ward 3, the richest part of the city. The report also pointed to San Francisco, where an African American mother is six times as likely as a white mother to lose her baby before her child's first birthday.

Because the United States performs well on economic and educational status in the Save Our Children study, the country is able to mask its abysmal performance when it comes to the health and well-being of expectant mothers and newborn babies.

Black expectant mothers, whether they are well educated or poorly educated, deserve the best health care this country can afford. But pointing out the disparity in health care between well-educated Black mothers and poorly educated white mothers brings into focus the significance of race relative to health care because education is supposed to be the great equalizer. But just as race trumps everything else in America, race trumps education.

Those who brag about America having the best health system in the world, like those before them who touted the benefits of chattel slavery, have no interest in the truth. They merely want to keep the truth from us, because knowledge is power.

Oscar H. Blayton is a former Marine Corps combat pilot and human rights activist who practices law in Virginia.



CLASSIFIEDS

Place Your Ad - We also accept Cash and Money Orders

Call 904-766-8834

To Advertise - Order by Tuesday @ 4:00 p.m. Artwork in by Wednesday @ 4:00 p.m.



APARTMENTS FOR RENT

Sundale Manor

Affordable Apartment Homes
3505 Corby Street, Jacksonville, FL 32205

(904) 381-4817
1-800-955-8771/711 TTY



* Income & Age Limits Apply



CATHEDRAL Residences
A Senior Community
601 N. Newnans Street
Jacksonville, FL 32203
Now Accepting Applications
Affordable Housing
Please Call Today to Schedule a Tour
Enjoy the Benefits of a New Lifestyle
904-758-5756
3-800-438-4827
FL Relay TTY 1-800-955-8771
www.cathedralresidences.com

- 62+
- 24-Hr Front Desk
- Active Resident Association
- On-Site Laundry
- Computer Lab
- Hair Salons
- Affordable Housing
- Small Pets Are Welcome

Epiphany Manor

62+ or Disabled
Studios & One-Bedrooms
386-767-2556
TTY: 1-800-955-8771



Hurley Apartments & San Jose Apartments
"A Senior Living Community"
Affordable- Rent rates are adjusted to your income! Spacious efficiency and/or one bedroom apartments; Convenient to shopping; Planned activities & fun outings; On-site Service Coordinator; Computer Lab; On-site Laundry and Electronic entry system

Hurley Apartments... 3333 University Blvd. N., ...32277...744-6022
San Jose Apartments... 3630 Galicia Rd., ...32277...739-0555
TTY through Florida Relay Center Dial 711 or 1-800-955-8771

BUILDING SUPPLIES

SAWMILLS from only \$4397.00- MAKE & SAVE MONEY with your own bandmill- Cut lumber any dimension. In stock ready to ship! FREE Info/DVD:
www.NorwoodSawmills.com
1-800-578-1363 Ext.300N

Advertise for way less than you think
REACH FLORIDA
(321) 283-5280
Statewide reach
in 100+ top newspapers
ReachFlorida.com

TO PLACE AN AD

CALL
(904) 766-8834

DON'T GIVE UP FLORIDA!!
JESUS IS ON THE WAY
REV. PARKER
CONSULTOR & ADVISOR

First time ever in Florida - has helped many people to meet Jesus. Now he is here to help you too. If you have sickness or are suffering, can't hold loved ones, finances are bad, doctors give you up, all sorts of family problems....Here is a Man of God
Read James, Chapter 5, then call Rev. Parker for prayer and FREE consultation
305-409-0950

HEALTH & MEDICAL

Were you an INDUSTRIAL TRADESMAN (machinist/boiler-maker/pipfitter etc) and recently diagnosed with LUNG CANCER?

You may be entitled to a SIGNIFICANT CASH AWARD.
Risk free consultation!
855-259-0557

SERVICES

HANDYMAN

Minor Home Repairs, Painting Interior/
exterior, Pressure Washing,
Exp. & Reasonable Rates
Call 904-768-7671

THOMAS PLUMBING REPAIRS

Low Rates.
904-764-9852

REAL ESTATE

Creekfront with/Log Cabin

7.8 acres near TIEC. New 1400 sf cabin features screened porch, fpl, large deck, vaulted ceilings, hardwood floors \$189,900
Horse friendly 828-286-1666

Follow us on Facebook @The FloridaStar Newspaper

HEALTH & MEDICAL

FDA Registered Hearing Aid!

ONLY \$299!

Try our Apollo-6200 hearing aid risk-free for 45 days.

- Hearing aids by mail for 38 years
- Over 650,000 satisfied customers



SEND NO MONEY!

If you like it then pay only \$299!

Comfort fit • Crisp clear sound

- ✓ 100% Risk-FREE
- ✓ 45-day home trial
- ✓ FREE shipping
- ✓ Payment plans Call for details!
- ✓ Licensed hearing aid dispensers on staff

100% digital • Discreet size • Customer favorite

By Phone (Mon-Fri • 8 am - 5 pm CT)

1-855-408-0649

Promo code:
88-120



More Info
www.HHEnow.com/star

Listen to IMPACT RADIO

*With The Florida and
Georgia Star Newspapers*



**On Victory Radio, WCGL
AM 1360 and FM 94.7**
Tuesday and Thursday
8:30 P.M. to 9:00 P.M.
LISTEN ONLINE AT
WCGL1360.COM

**Callers are welcome to call in at
904-766-9285, during IMPACT
and be part of the discussion.**

THE ALL NEW VICTORY STATION
THE VICTORY STATION AM 1360/FM 94.7

WHERE CHRIST GETS LIFTED AND THE VICTORY IS IN THE WORD AND THE MUSIC

STELLAR AWARD WINNER
AM1360/FM 94.7 • WWW.THEVICTORYSTATION.ORG

Hurricane Preparation Checklist

You will need the following supplies when you leave your home; put them all together in a duffel bag or other large container in advance :

- Flashlight with plenty of extra batteries
- Battery-powered radio with extra batteries
- First aid kit (bandages, aspirin, disinfectant swabs)
- Prescription medications (at least a 2 weeks supply) in their original bottle, plus copies of the prescriptions.
- Eyeglasses (with a copy of the prescription) or contacts and contact solution
- Water (at least one gallon per person per day is recommended; more is better)
- Foods that do not require refrigeration or cooking
- Coolers for food storage
- Items that infants and elderly household members may require
- Medical equipment and devices, such as dentures, crutches, prostheses, etc.
- Change of clothes for each household member
- Sleeping bag or bedroll and pillow for each household member
- Checkbook, cash in large and small bills and credit cards
- Map of the area
- Cell phone charger and car charger if you have one
- Charge your laptop computer batteries
- Digital camera, camera with film or disposable camera for before/after pictures of property
- Books, games, toys for children
- Disposable plates and utensils
- Manual can opener
- Scissors
- Toilet Paper
- Insect repellent, sunscreen
- Air mattress / air pump

Examples of non-perishable food:

Powdered milk or evaporated milk

Canned meats/fish

Canned fruits and vegetables

Jello and pudding cups
Canned soups
Dry fruit and nuts
Cereal
Crackers
Instant coffee/tea
Instant noodles

Important papers to take with you:

Driver's license or personal identification
Social Security card
Proof of residence (deed or lease)
Insurance policies
Birth and marriage certificates
Stocks, bonds, and other negotiable certificates
Wills, deeds, and copies of recent tax returns

Protect your home.

Bring things indoors. Lawn furniture, trash cans, children's toys, garden equipment, clotheslines, hanging plants, and any other objects that may fly around and damage property should be brought indoors.

Leave trees and shrubs alone. If you did not cut away dead or diseased branches or limbs from trees and shrubs, leave them alone. Local rubbish collection services will not have time before the storm to pick anything up.

Look for potential hazards. Look for coconuts, unripe fruit, and other objects in trees around your property that could blow or break off and fly around in high winds. Cut them off and store them indoors until the storm is over.

Turn off electricity and water. Turn off electricity at the main fuse or breaker, and turn off water at the main valve.

Leave natural gas on. Unless local officials advise otherwise, leave natural gas on because you will need it for heating and cooking when you return home. If you turn gas off, a licensed professional is required to turn it back on, and it may take weeks for a professional to respond.

Turn off propane gas service. Propane tanks need to be dislodged in disasters.

If flooding is expected, consider using sand bags to keep water away from your home. It takes two people about one hour to fill and place 100 sandbags, giving you a wall one foot high and 20 feet long. Make sure you have enough sand, burlap or plastic bags, shovels, strong helpers, and time to place them properly.

Cover the outside of windows with shutters or plywood. Use shutters that are rated to provide significant protection from windblown debris, or fit plywood coverings over all windows. Tape does not prevent windows from breaking. All tape does is prevent windows from shattering. Using tape on windows is not recommended.

Remember, houses do not explode due to air pressure differences. Damage happens when wind gets inside a home through a broken window, door, or damaged roof.

Protect your valuables.

Move objects that may get damaged by wind or water to safer areas of your home. Move television sets, computers, stereo and electronic equipment, and easily moveable appliances like a microwave oven to higher levels of your home and away from windows. Wrap them in sheets, blankets, or burlap. Wrapping them in plastic is also a good idea.

Make a visual or written record of all of your household possessions. Record model and serial numbers.

This list could help you prove the value of what you owned if those possessions are damaged or destroyed, and can assist you to claim deductions on taxes.

Do this for all items in your home, including expensive items such as sofas, chairs, tables, beds, chests, wall units, and any other furniture too heavy to move. Store a copy of the record somewhere away from home, such as in a safe deposit box.

SUBSCRIBE TO THE FLORIDA STAR THE GEORGIA STAR

YES! I want a one year
or six months subscription to

- The Florida Star or
 The Georgia Star

6 Months \$30.00

1 Year \$50.00

2 Years \$80.00

Name: _____

Address: _____

City: _____

State: _____

Phone Number: _____

Send To:
The Florida/Georgia Star
P.O. Box 40629
Jacksonville, FL 32203

904-766-8834