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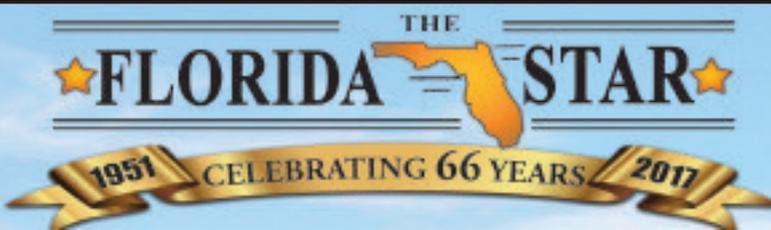
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VOLUME 67, NUMBER 33

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Rev. Jesse Jackson Announces Battle With Parkinson's Diagnosis

By **Stacy M. Brown**
(NNPA Newswire Contributor)

Reverend Jesse Jackson's Parkinson's disease diagnosis caught many by surprise, but those who know him said they're confident that he'll overcome the life-threatening challenge before him.



Jesse Jackson

"He's in the rumble of his life, but he's rumbled some big foes before," said Vincent Hughes, a Democratic state senator from Pennsylvania who campaigned for Jackson in 1984 and again in 1988. Hughes said that Jackson's campaigns were birthed in the Black empowerment movement that followed the Civil Rights Movement of the 1960s. "I'm one of those African Americans, who took office and was a part of that issue of 'protest to power' and Rev. Jackson was, in many respects, our leader and he still is."

More than anyone else, Jackson opened the door for the election

of Barack Obama, the first African American president of the United States, said Dr. Benjamin F. Chavis Jr., the president and CEO of the National Newspaper Publishers Association (NNPA). Chavis was one of Jackson's contemporaries during the Civil Rights Movement. "Rev. Jesse L. Jackson Sr., is a living, global civil rights icon. As a colleague in the Civil Rights Movement dating back to the 1960s and under the leadership of the Rev. Dr. Martin Luther King, Jr., I have personally witnessed the selfless sacrifice and dedication of Rev. Jackson."

Chavis continued: "For all who have cried out for freedom justice and equality, the news of his Parkinson's disease should only serve to re-dedicate a movement now for healthcare equality for all, not only as a civil right, but as a human right."

On Friday, November 17, Jackson, 76, issued a statement informing the world of his illness.

In the statement, Jackson recalled his foray into activism, being arrested on July 17, 1960 with seven other college students who advocated for the right to use a public library in his hometown of

Please see Jackson, page 6

Man Convicted Of Rape May Be In Glynn County

A former corrections officer who absconded from his trial in Atlanta where he was convicted of statutory rape may be in Glynn County where he has family, police said.

Charles Barry Pinckney, 26, a former corrections officer in the Atlanta area, was sentenced to 45 years in prison for his conviction. Pinckney had been accused

of raping a 15-year-old girl at his home in January 2016. Pinckney said the girl told him she was 19 and the sex was consensual, but doctors said her injuries were severe.



Charles Barry Pinckney

Olympic Gold Medalist Douglas Says Doctor Sexually Abused Her

Three-time Olympic gold medalist Gabby Douglas said on Tuesday she was sexually abused by former USA Gymnastics team physician Larry Nassar, the latest in a list of female athletes to accuse the doctor of misconduct.

"I didn't publicly share my experiences as well as many other things because for years we were conditioned to stay silent and honestly some things were extremely painful," Douglas wrote on Instagram.



Gabby Douglas



Della Reese, Singer And 'Touched By An Angel' Star, Dies at 86

Della Reese, who rose to fame as a jazz singer and later found television stardom on the drama "Touched by an Angel," has died. She was 86.

"She was an incredible wife, mother, grandmother, friend, and pastor, as well as an award-winning actress and singer. Through her life and work she touched and inspired the lives of millions of people," Reese's family said in a statement. "She was a mother to me and I had the privilege of working with her side by side for so many years on 'Touched by an Angel.' I know heaven has a brand new angel this day. Della Reese will be forever in our hearts."

Before landing the role as Tess on "Touched by an Angel," Reese was an accomplished singer who rose to national fame in 1957 with her song, "And That Reminds Me." She had several other hits, including "Not One Minute More," "And Now," "Don't You Know?" and "The Most Beautiful Words."

When she made the move to television, Reese saw success in parts on series including "The Love Boat," "MacGyver" and "The Young and the Restless." She also had her own television variety hour called "Della" and was the first black woman to co-host "The Tonight Show Starring Johnny Carson." She went on to play Tess in "Touched by an Angel's" 1994 debut and continued through the end of the series in 2003.

Georgia Dome Demolished After 25 Years

One of the largest domed stadiums collapsed Monday into a pile of jagged concrete and a vast cloud of dust in a scheduled implosion in downtown Atlanta. The Georgia Dome opened in 1992, and it was flattened in just about 15 seconds.

Nearly 5,000 pounds of explosives were used to blast the Georgia Dome in Atlanta to smithereens at 7:30 a.m. Onlookers gathered at skyscrapers' windows, at a restaurant atop the city's tallest hotel, in parking lots and on nearby streets to watch the destruction of the landmark stadium.

The dome was the former home of the Atlanta Falcons and where two Super Bowls were once played and the 1996 Olympics Games events was held at. Atlanta now has a new, modern center for its sports: the \$1.6 billion Mercedes-Benz Stadium erected next door to the old dome.



The old Georgia Dome demolished on Monday in Atlanta.



The Mercedes-Benz Stadium is a multi-purpose retractable roof stadium located in Atlanta, Georgia. The home of the Atlanta Falcons of the National Football League (NFL) and Atlanta United FC of Major League Soccer (MLS), it replaced the adjacent Georgia Dome, the Falcons' home stadium for a quarter century.

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The African American Business Project

Newsletter # 69



The purpose of the African American Business Project is to promote African American Economic Empowerment here in the United States of America in favor of present and future African American generations.

In every newsletter I like to talk about a nonviolent economic war between African Americans and every other race of people here in America and across the world, in favor of African Americans without throwing one punch or shooting one bullet. African Americans earn approximately 1.3 trillion dollars every year here in America and over 80% of what we earn and spend goes into the hands, pockets and bank accounts of another race of people. **It is time for a change.**

I am a firm believer that in order for African Americans to obtain our economic independence here in the United States America, it will be a twofold nationwide project according to my research and studies. One side is related to urban revitalization and the other side is pertaining to creating business, corporations and manufacturing companies. We must clean up our urban environments nationwide.

In every war there will always be a lot of battles, and to those who are participants within this economic war in America, our main objective should be to put up a good fight and just don't quit, leaving the best we can for future generations of African Americans while we have the breath of life within our bodies.

In the Bible in the book of 1st Corinthians 15th chapter verse 58, the word of God clearly states: Therefore, my beloved brethren, be ye steadfast, unmovable, always abounding in the work of the Lord, forasmuch as ye know that your labor is not in vain. Let's support the next Generation of African Americans. Why not, somebody did it for us. Let's give them a good running start economically.

In this newsletter I would like to discuss in short urban renewal projects and violence in music. Within my travels across America, I submit a lot of recommendations to local and state legislature's in regard to transformational laws in support of the reconstruction of our dilapidated urban environments.

About one year ago I wrote my New Jersey 15th District State Senator, The Hon. Shirley K. Turner (D) related to the removal of bars and liquor within our urban neighborhoods, and she wrote me back on February 17, 2016. Explaining that she hope to be a cosponsor of a similar bill (A138) which requires any new bars or liquor stores in the State of New Jersey to be constructed 1,000 feet from any school or church in the States of New Jersey.

Within my follow-up as of November 1, 2017 The Hon. New Jersey District 15 Assemblyman Reed Gusciora (D) is ready to introduce the bill to the lower level of State Legislatures in New Jersey.

Within my proposed recommendation, I stand on the ground that no bar or liquor store should exist no closer than 2,500 feet of any public school, church, or public housing authority development nationwide by law. While these liquor and beer establishments that presently exist within our urban communities under the grandfather laws be given a certain amount of time to relocate or else be removed by law.

Removing any form of alcoholic establishments within our urban environments is a step in the right direction and a nucleus towards rebuilding our urban environments. When we began to revitalize our urban environments structurally especially in the North, and we allow these trouble making business to remain, it will be like putting new wine in an old bottle.

I truly thank my State Senator in Trenton, NJ for having a similar vision and insight while understanding how important it is to remove the many business that are troublesome and dangerous within our urban communities, that openly promote the selling of drugs, gang violence and the worst daily.

Because of the 1968 Fair Housing Act Laws, during that time Caucasians began to exodus their homes as soon as one Black moved on their street, but, they forgot to take their bars and liquor stores with them.

As African Americans we need to design our own living environments to our advantage. In 1968 within the 7.5 square miles that make up the city of Trenton, NJ, there were over 500 bars and liquor stores combine. Many urban areas which are located above the Mason Dixie Line were designed similar to Trenton including Philadelphia, Baltimore and Washington, D.C., Newark, NJ, Camden, NJ, etc.....

I encourage you to write our legislatures from California to New York in favor of removing bars and liquor stores from within our urban communities. Let's build a better pathway for future African American children spiritually, socially and economically together, disregarding Legislative Curtsey.

The goals of my proposed nationwide urban renewal project are;

1. Rebuild Dilapidated Urban Environments
2. Build Low-Affordable Housing
3. Reduce Homelessness
4. Create Employment and Employment Training
5. Reduce Crime and Criminal Recidivism
6. Create Prison Re-Entry Programs

Why not create opportunities for the less fortunate here in the United States of America to help reduce crime, violence, and homelessness. The United States government spends over 35 billion dollars per year in foreign aid of the tax-payers dollars, but when it comes to American relief for the poor there is always no funding available. My question pertaining to the needs and concerning poor African people is, how can you just shut your eyes, close your ears and refuse to open your mouth in regard to poverty and crime in the United States?

After close to one year as Secretary of the Department

of Housing and Urban Development, Dr. Ben Carson should be held accountable for positive change within our urban environments. Poor African Americans are invisible and underserved transitionally year after year by the government of the United States of America. **It is time for a change.** Well, sooner or later I hope to find the right U. S. Senators and Congressmen that will introduce legislation in support of my proposed nationwide urban renewal project. Let grace abound where poverty exist.

Let me talk about Violence in music as a change of subject because it promotes death and destruction within the lives of our young people which is deeply rooted within our African American communities.

Violence promoted in music by many of our young African American recording artist today is another negative disturbing factor within our race. Music calling our women the "B" word, and calling each other the "N" word, along with promoting the selling of drugs, murder, home invasions, and gang violence.

How many of you ever heard of the United States Supreme Court case, Schenck v. United States 1919?

In short, this case dealt with the freedom of free speech and its limitation, and when the freedom of speech goes overboard such as the incident of falsely shouting "fire" in a crowded movie and causing a panic and someone gets hurt or killed. Schenck v. the United States was a very great legal battle in court contending that one is wrong through your language outwardly spoken if someone gets killed or shot.

Well it is the same with music, when an artist sings songs and sell CD's that advocate violence or committing a crime with a gun, they are just as guilty as the one who committed the crime by association. Such as the driver of a get-a- car during a bank robbery.

Once a year the "Academy Awards" gives recording artist trophy for the "best seller" which means who sold the most CD's. Faces in Hollywood can care less about how many people were shot and murdered through gang violence promoted in music, they are only concerned with how much money was made that year. **It is time for a change.**

When dealing with the corruption of a man's mind and heart, the only thing that can change that man or woman's mind to turn from their wicked ways is the word of God. If you can't do it nobody can.

In the Bible in the book of Ephesians the 5th chapter verses 6 - 9, the word of God says: Let no man deceive you with vain words; for because of these things cometh the wrath of God upon the children of disobedience. (An early death or prison) Be not partakers with them. For ye were sometimes darkness, but now are ye light in the Lord. Walk as children of light. Collectively we should be challenging violence and crime and violence promoted in music, especially those committed using weapons of war.

Voodoo and Hoodoo workers related to Baphomet in the music industry, casting curses upon the minds of many of our young children because they lack the knowledge of God's word, and the results is usually a prison, the grave, selling drugs, or maybe running from the law for child support. Talk is cheap, let me give you some tips on spiritual freedom and survival from the Bible to share with your love ones to strongly help keep them safe from satanic harm and danger.

In the book of Ephesians 6th chapter verses 10 - 13 the word of God clearly indicates: Finally, my brethren, be strong in the Lord, and in the power of his might. Put on the whole armour of God that ye may be able to stand against the wiles of the devil. For we wrestle not against flesh and blood, but against powers of the darkness of this world, against spiritual wickedness in high places. Wherefore take unto you the whole armour of God that ye may be able to stand with in the evil day, and having done all, to stand.

In the book of Matthew, the 4th chapter & the 4th verse, the word of God clearly states that "it is written that man shall not live by bread alone, but by every word that proceedeth out of the mouth of God."

In the Bible in the Book of 1st Thessalonians 3rd Chapter verse 10, Gods word clearly indicate that if a man don't work he shall not eat. Selling drugs is not a job, it is a crime. Alcohol is a drug, and a cousin to cocaine, heroin, oxydodone, hydrocodone, amphetamines, weed, etc.....

In life we must stand for or against something. I was always told that if a person don't stand for something, they will fall for anything especially at their weakest moment. How many of you ever heard of that old church song, "Hold to God's Unchanging Hand." Build your hopes on things eternal, hold to God's unchanging.

Now if we can get honest just for a moment, it will be good if we have a relationship with God our Father, and it is also good to have a relationship with one other. Because just as sure as we were born we will physically die sooner or later. Hold to God's unchanging hand. Why not do something economically to help future generations of African American children. Nothing from nothing leaves nothing. Why don't you dedicate a proportion of your life towards helping future generations of African American children spiritually and economically?

Life can be very perplexed at times, it was during the early 1960's when African Americans walked and stood hand and hand together challenging racist Caucasians for equal rights here in America, now we can't hardly walk through our own neighborhoods because of Black on Black crime and violence.

Far too many African Americans proclaim that they grew up in the hood, but they never returned back to the hood to help the less fortunate. Economically, out of the 1.3 trillion dollars we earn collectively yearly here in America a very large percentage of that money is earned and spent by people that live in the hood. **It is time for a change.** It is time for a change whereas we stop making other races of people rich all across America and throughout the world, and look out for ourselves and our children's future.

Our God is an awesome God, and all things are possible through Him, by Him, and with Him, to those that believe and trust in Him. Even our childrens Economic Independence here in the United States of America. Regardless of the obstacles that stand before us

I hope you enjoyed this newsletter!
Melvin Lorenzo Kelly
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OPINIONS

The views and information expressed in this column are not necessarily the views of the publisher or advertisers.

Is Fear Killing Your Career? Six Red Flags You Don't Want to Ignore

We all feel fear—and in times like these it's understandable—but let it prevent you from taking needed action at work and you'll live to regret it, warns strategy consultant and author Amanda Setili. Here are some warning signs that you need to face your workplace fears head-on.

Atlanta, GA (November 2017)—We live and work in an era of rapid change, violent disruption, and great uncertainty. If this thought makes you feel safe and secure, well, something might be wrong with you. Frankly, perpetual fear is a sane response to the carnival thrill ride that is today's workplace. And yet, according to Amanda Setili, company owners, leaders, and employees alike must learn to productively coexist with fear if we're to achieve any measure of career success.

"Just as organizations must be bold, agile, and constantly reinventing themselves, so must the individuals who lead and work in them," says Setili, author of Fearless Growth: The New Rules to Stay Competitive, Foster Innovation, and Dominate Your Markets (Career Press, 2017, ISBN: 978-1-621-65107-5, \$17.99). "That means no matter how tempting it is to freeze like the rabbit in the shadow of the hawk, we can't afford the luxury. Hiding out in a state of fear for too long will kill a career.

"The good news is, once we're aware that fear is holding us back, we can take action to overcome it," she adds. "It's not always easy, but taking bold action anyway—facing our fears and living to tell about it—is always the path to personal growth." (NOTE: See attached tip sheet.)

Of course, a certain amount of fear is useful. It prevents us from acting rashly and making ill-advised decisions. That's

why it's not always easy to know when you've crossed the line between commonsense caution and career-squashing fear. That's why Setili offers up the following red flags to watch for:

You hold back your good ideas instead of speaking up. When you are about to voice your opinion, do you often stop yourself, afraid of what others might think? Setili relates: "A sales manager at a large retail store had a great idea for how to improve a key process in her department, but she kept it to herself. When I asked her why she didn't mention the idea to others, she said, 'Well, I'm always thinking: What if my boss disagrees? What if I'm overlooking a crucial detail? What if they implement my idea and something goes wrong?'"

You procrastinate on the big stuff. Have you put off acting on important priorities, letting the task slip to the bottom of your to-do list for days, weeks, or months on end? This can be a sign that you fear that you won't do the task well, or that it will backfire somehow.

You perpetually play it safe. Do you find yourself taking the safest and least controversial actions at work, even when you know that the "safe route" is the wrong action to take?

You're always looking for someone to blame. When things aren't going as well as you'd like, is your first impulse to explain how others in the organization contributed to the problem? Fear of being blamed for poor results can be debilitating. You waste time avoiding blame, rather than putting your energy into taking needed action.

You sugarcoat the truth or tell lies of omission. This often happens when we are afraid to deliver bad news. Perhaps you don't tell your subordinate that she needs to improve performance or you don't share

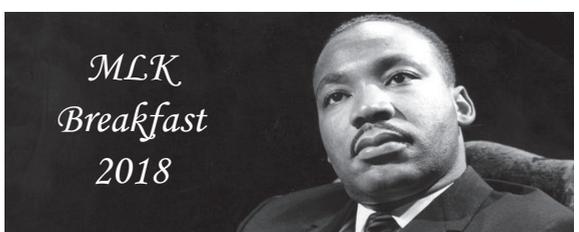
with your boss bad news you received from a customer. "Too often we are afraid of what people will think and do if we tell the truth, so we gloss over the truth or say nothing at all, says Setili.

You don't trust others to do their part. A department manager at a large manufacturing company worked long hours, yet accomplished far less than he could have. Why? Because he was afraid to delegate to his team and didn't trust his peers enough to ask them to contribute to his most important projects. His mantra was: If you want something done right, you have to do it yourself. "This attitude doesn't work in today's fast-moving world," notes Setili. "If you aren't moving fast, as a team, the competition will pass you by."

If you've spotted these red flags, fear is most likely dampening your effectiveness. It may be holding you back from speaking the truth or quickly taking action you need to take. And that can be very bad news for your career path.

"When fear gets in the way, you're not only less effective, you tend to be less happy and fulfilled," says Setili. "You may feel as if you are staying in the 'safe zone,' but in reality, if you don't speak up when things go wrong, if you don't take risks, if you don't trust others to make decisions, you end up in a far less safe place. Problems fester, teamwork unravels, and you miss opportunities to excel.

"When you were first learning to ride a bike, the bike was tipsy and unstable," she adds. "Once you got moving, however, the motion of the bike created stability. You overcame the fear and got to a safer place. Biking became fun. In this way, overcoming your fears at work creates greater safety, stability, and fulfillment for you and the others you work with."



CITIZENS OF JACKSONVILLE, FLORIDA

The Southern Christian Leadership Conference and the National Association for the Advancement of Colored People have opted out of next year's MLK Breakfast. We have decided not to attend, participate and support the City's Celebration of the Dr. Martin Luther King, Jr Breakfast January 2018.

We will no longer choose to go alone with Mayor Lenny Curry's direction to continuously ignore the serious Economic, Racial and Social Injustices that plague this City. We no longer want to be considered as a silent partner, who are given absolutely no opportunity in the true planning and execution of the City's Premier event for the New Year, highlighting Dr. King's life's work of challenging Injustice everywhere and his courageous contributions to the world. While in actuality, we were only invited to the City's planning meetings to rubber stamp a preapproved plan for execution.

SCLC is the organization founded by Dr. Martin Luther King Jr. We are charged with the heavy responsibility in this world to carry on his humanitarian convictions based upon the principle goals of Racial Injustice, Economic Injustice and Non-Violence. These two Civil Rights Organizations felt that thirty - years was enough time, and too long for us to be seen and not heard nor taken seriously as stake holders and moral partners in formulating the future direction of our City. Ron Littlepage's Viewpoint "Time for City Hall to cast a wider net" cited the City's saga and endemic disparities for not awarding contracts justly and equally to all citizens. "Down and Dirty" contracts will continue in Curry's administration, if the Citizens do not say "enough is enough". We the Citizens must demand accountability in the system of granting City Contracts. We also need to insist more over watch by the City Council, City Council Auditing Office, Ethics Office and the Office of the Inspector General. This article by Ron Littlepage also documented the lack of diversity among the Engineers employed by City Hall. This is a clear case and necessity that speaks to the reality that the Civil Rights struggle is real and alive today inside of the Mayor's headquarters. Littlepage made a definitive point for those who are concern about making this "One City, One Jacksonville". For these reasons alone, our City desperately need Economic Justice, Equality, Unity and Strength. We are asking concern citizens of our City to add their voices and join Dr. King's historic Civil Rights Organization and those from the National Association for the Advancement of Colored People now and today in 2017, to speak Truth to Power in this City.

Dr. King said it best in this quote "Change does not roll on the wheels of inevitability, but comes through continuous struggle, and so we must straighten our backs and work for our freedom. A man can't ride you unless your back is bent".

Dr. Juan P. Gray, Board Chair, Jacksonville Chapter, Southern Christian Leadership Conference

L'Oréal USA Saluted 50 Active Service & Veteran Women with a day of Beauty, Career and Education services at Have a BEAUTIFUL Day

Honoring and empowering 50 active duty women U.S. military personnel, veterans and members of their families through beauty education and services

informative messages from keynote speakers Lindsay Gutierrez, Ms. Veteran America 2017 and Jordanna Mallach, Special Programs and Outreach Coordinator, New York State Division of Veterans Affairs.

2017 marks a century of women in the Armed Forces. Today, more than 200,000 women are in the active-duty military, including 69 generals and admirals.

In conjunction with partners, Shining Service Worldwide, Stand Beside Them, Women Veterans Interactive and John Jay College of Criminal Justice, L'Oréal USA hosted and celebrated 50 active-duty women U.S. military personnel and veterans along with their family members for a day of beauty education and services branded "Have a BEAUTIFUL Day." The day included hair, makeup and manicure consultations and services offered by 42 volunteer professionals as well as motivational and

The guests heard from both L'Oréal USA's Veterans Think Tank and members of its Talent Recruitment team about opportunities at the company. "Have a BEAUTIFUL Day" kicked off with breakfast at Terminal Warehouse followed by the women being greeted at L'Oréal USA headquarters by a gauntlet of more than 100 American flag-waving employees lining the lobby.

L'Oréal executives Cecilia Nelson, AVP of Diversity & Inclusion and David Greenberg, President, Professional Products Division, welcomed the service women to its headquarters.

L'Oréal USA is committed to hiring veterans and "Have a BEAUTIFUL Day" is one of the strategic initiatives



of the Office of Diversity & Inclusion designed to impact the workplace and marketplace. The event seeks to raise awareness of the needs of active-duty and veteran U.S. military personnel and to provide unique, direct programs to make beauty accessible to them.

Participating brands in the event included: Carol's Daughter, Essie, Garnier, Giorgio Armani, Kerastase, Lancôme, L'Oréal Paris, L'Oréal Professionnel, Mizani, NYX Professional Makeup, Pureology, Redken, and Yves Saint Laurent.



News You Can Use from State Senator Audrey Gibson November is National Diabetes Awareness Month!



Dear Constituent and Friend,

As you celebrate Thanksgiving with family, I wish you much joy and a little health information as we near the end National Diabetes Awareness Month.

I have proposed legislation, **Senate Bill 758: Diabetes Educators**, which provides requirements for registration as a diabetes educator, to help individuals manage their diabetes and am a proponent of insurance companies covering pre-diabetes screening.

Below is resourceful information to help you stay healthy even through the holidays!

What is Diabetes?

Diabetes is a disease that occurs when your blood glucose (also called blood sugar) is too high. Blood glucose is your main source of energy and comes from the food you eat. Insulin (a hormone made by the pancreas) helps glucose from food get into your cells to be used for energy. Sometimes your body does not use insulin well, often times not making enough if any at all. Glucose then stays in your blood and does not reach your cells.

Over time, having too much glucose in your blood can cause health problems. Although diabetes has no cure, you can take simple steps to manage your diabetes and stay healthy.

What are the different types of diabetes?

The most common types of diabetes are type 1, type 2, and gestational diabetes.

Type 1 diabetes

If you have type 1 diabetes, your body does not make insulin. Your immune system attacks and destroys the cells in your pancreas that make insulin. Type 1 diabetes is usually diagnosed in children and young adults, although it can appear at any age, people with type 1 diabetes need to take insulin every day to stay alive.

Type 2 diabetes

If you have type 2 diabetes, your body does not make or use insulin well. You can develop type 2 diabetes at any age, even during childhood. However, this type of

diabetes occurs most often in middle-aged and older people. Type 2 is the most common type of diabetes.

Gestational diabetes

Gestational diabetes develops in some women when they are pregnant. Most of the time, this type of diabetes goes away after the baby is born. However, if you have had gestational diabetes, you have a greater chance of developing type 2 diabetes later in life. Sometimes diabetes diagnosed during pregnancy is actually type 2 diabetes.

How common is diabetes?

Diabetes is one of the most serious health problems that the African-American community faces today. Compared to the general population, African-Americans are disproportionately affected by diabetes and adults are 80% more likely to have been diagnosed with diabetes by a physician.

Approximately 2,350,321 people in Florida, or 13.1% of the adult population, have diabetes.

- Of these, an estimated 579,000 have diabetes but do not know it
- Every year an estimated 105,000 people in Florida are diagnosed with diabetes

Diabetes affects 1 in 4 people over the age of 65 and 90-95% percent of cases in adults are type 2 diabetes.

Who is more likely to develop type 2 diabetes?

You are more likely to develop type 2 diabetes if you are age 45 or older, have a family history of diabetes, or are overweight. Physical inactivity, race, and certain health problems such as high blood pressure also affect your chance of developing type 2 diabetes. You are also more likely to develop type 2 diabetes if you have prediabetes or had gestational diabetes when you were pregnant.

What health problems can people with diabetes develop?

Over time, high blood glucose leads to problems such as heart disease, stroke, kidney disease, eye problems, dental disease, nerve damage or foot problems.

Symptoms of diabetes

Includes urinating often; feeling very thirsty and hungry; extreme fatigue; blurry vision; cuts/bruises that are slow to heal; weight loss; tingling pain or numbness in the hands and feet.

You can take steps to lower your chances of developing these diabetes-related health problems by eating a well-rounded diet and exercising!

As always, it is an Honor and a Pleasure to serve you in the Florida Senate!

Sincerely,
Audrey Gibson
State Senator, District 6

Black History Spotlight Toni Morrison

By Denise Williams



Toni Morrison was the first African-American to be awarded the Nobel Prize for literature in 1993. Former U.S. President Barack Obama awarded Morrison with the Presidential Medal of freedom in 2012. She was also awarded the Pulitzer Prize for Fiction in 1988 and the National Humanities Medal in 2000.

Author Toni Morrison whose birth name is Chloe Ardelia Wofford was born in Lorain, OH on February 18, 1931. After graduating from high school, she enrolled at Howard University receiving a Bachelor degree in English 1953 and later a Master's degree from Cornell University in 1955.

Morrison's titles garnered recognition as far back as the early 1970's. Her first title, "The Bluest Eye" about a young African-American girl, who longed to have blue eyes, was placed on City University of New York's reading list. At the time, the university was developing their African-American curriculum which exposed her work to a wider audience. Other popular titles included "Tar Baby", "Song of Solomon" and "God Help the

Child" which cemented her place as an award-winning author. However, it was her book entitled "Beloved" released in 1987 that turned the world's attention to her work. The popular title, "Beloved" was revisited as a film released in 1998. It was directed by Jonathan Demme and co-produced by media mogul Oprah Winfrey who was cast as the main character.

In 2006, The New York Times Book Review awarded "Beloved" the title of best work of American fiction that was released in the last twenty-five years. In addition to receiving over thirty awards that recognize the contribution her writings have made, Morrison was nominated in 2008 for a Grammy award for Best Spoken Word Album for Children.

Morrison was married for nearly a decade to Harold Morrison, an architect she met while teaching at Howard University. In 1964, during her pregnancy with their second child, the couple divorced. The educator, author, film writer and spoken word artist is now 86 years young and continues to reside in the United States.

Passing the Torch for Holiday Hosting



For most families, the holidays are filled with time-honored traditions, many that have been passed down from one generation to the next. However, when the time comes for the next generation to begin carrying the torch for those treasured traditions, the transition can be a bit bumpy.

For some, spending the holidays as a guest and not a host can be a bit unsettling after years of orchestrating the festivities. For inspiration, check out resources such as AARPAAdvantages.com where AARP members can find savings on travel and gifting needs to help switch to the

guest mindset. With the right approach, handing down traditions and helping your children host their first holiday can bring its own set of rewards.

Hand down the heirlooms. Although they may be deeply beloved items, as you pass on hosting duties, go ahead and pass on the family pieces that make the holidays complete. Watching your children and grandchildren enjoy a bountiful holiday meal using the same china your own grandmother set out for the holidays is sure to elicit warm memories and still enable you to enjoy them as you create new ones. Similarly,

if there are ornaments or decorations that have held a place of honor in your home through the years, gift them to your children so those same memories can be created anew. **Shipping** these treasured items ahead of time can ensure gifts arrive safely and securely before your arrival.

Share the history. As your offspring begin taking on their hosting duties, be sure to explain the significance of any traditions they may not know. They may be aware that you always served a certain dish, but not realize it all began with a story involving a cherished loved

one. This might also be the perfect time for the family to sit down together and research your [history online](#). When you explore your heritage and learn about family members, everyone can feel more connected.

Offer suggestions, not directives. When you've established a pattern for hosting activities, it can be difficult to watch someone else take a different approach, especially if you see mistakes being made that you learned the hard way. Just remember that you, too, had to learn the ropes and sometimes slight mishaps create funny stories to share at future family occasions. You might offer tips and ideas from time to time, but once you've handed over the reins, allow the new driver to do the navigating. You may find yourself the recipient of a few panicked calls – or you may not. Either way, remain helpful in your new role while letting someone else establish theirs.

Be a good guest. As you may remember, hosting a holiday celebration can be stressful. Do your part to ease the nerves by being a gracious guest. Offering to bring a small item such as the centerpiece [flowers](#) can go a long way. Also practice traditional etiquette, such as cleaning up after yourself and honoring household practices like removing shoes at the door. If you'll be traveling out of town, look for deals on [hotels](#) and [car rentals](#) available to AARP members at AARPAAdvantages.com.

Handing over the holiday hosting role can feel a bit unsettling, but remember that passing on that responsibility gives you the opportunity to enjoy the festivities from a whole new vantage point.

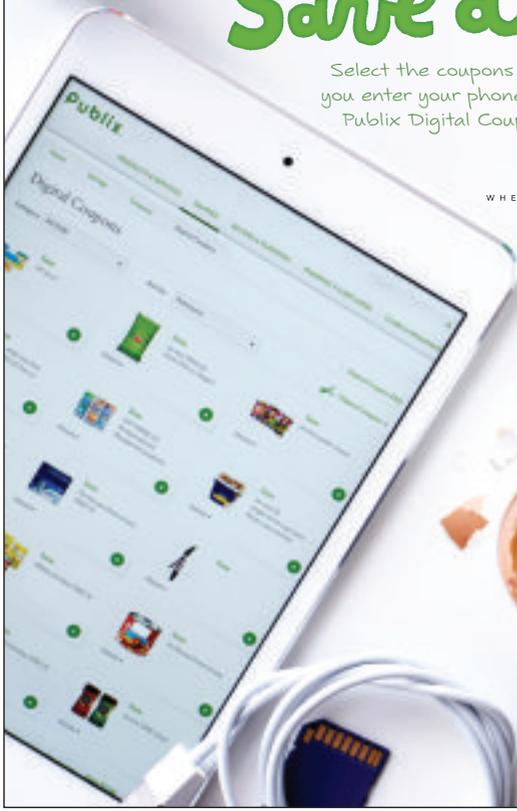
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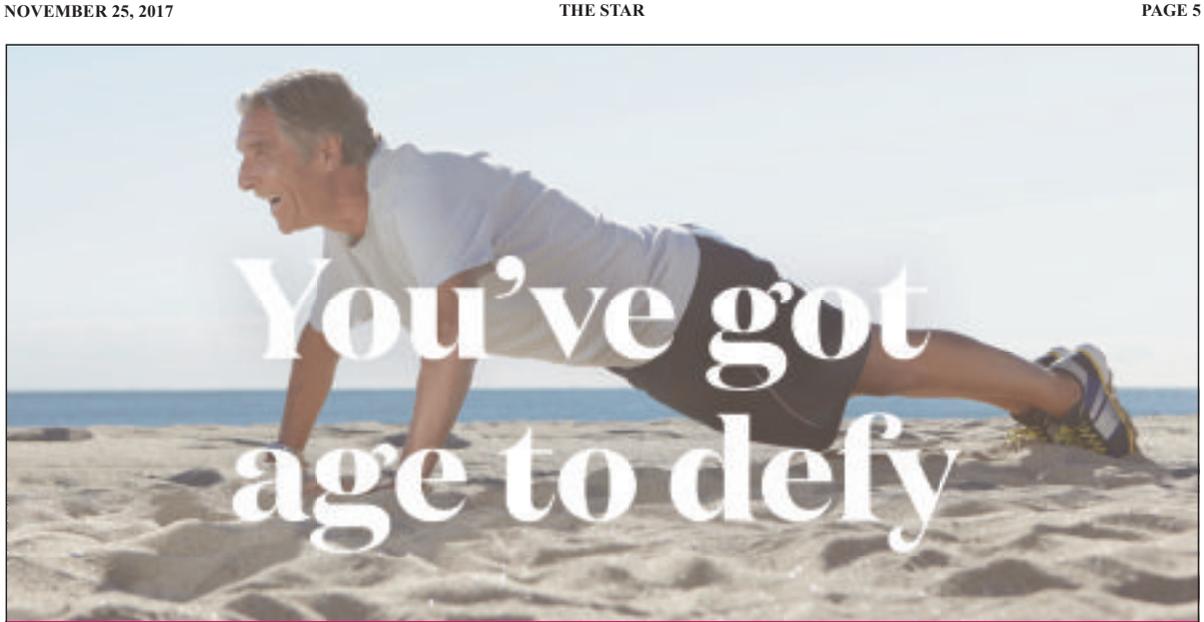
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New Orleans Elected Its First Female Mayor After Almost 300 Years

LaToya Cantrell, a City Council member who first gained a political following as she worked to help her hard-hit neighborhood recover from Hurricane Katrina, won a historic election Saturday (November 18) that made her the first woman mayor of New Orleans.

The Democrat will succeed term-limited fellow Democrat Mitch Landrieu as the city celebrates its 300th anniversary next year.

"Almost 300 years, my friends. And New Orleans, we're still making history," Ms. Cantrell told a cheering crowd in her victory speech.

The leader in most polls before the runoff election, she never trailed as votes were counted.

Her opponent, former municipal Judge Desiree Charbonnet, conceded the race and congratulated



Ms. Cantrell late Saturday. Later, complete returns showed Cantrell with 60 percent of the vote.

"I do not regret one moment of anything about this campaign," Charbonnet said.

The two women led a field of 18 candidates in an October general election to win runoff spots.

Landrieu earned credit for

accelerating the recovery from Hurricane Katrina in an administration cited for reduced blight, improvements in the celebrated tourism economy and economic development that included last week's announcement that a digital services company is bringing 2,000 new jobs to the city.

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Jackson

Continued from page 1

Greenville, S.C.

He said that he remembers the arrest as if it happened yesterday and it was a day that forever changed his life.

"From that experience, I lost my fear of being jailed for a righteous cause. I went on to meet Dr. King and dedicate my heart and soul to the fight for justice, equality, and equal access," said Jackson, whose multiracial National Rainbow Coalition grew out of his work in the 1984 presidential campaign.

He said he resisted interrupting his work to visit a doctor, but his daily physical struggles intensified and he could no longer ignore his symptoms.

"After a battery of tests, my physicians identified the issue as Parkinson's disease, a disease that bested my father," Jackson said.

Rev. Al Sharpton issued a statement saying that he spent time with Jackson and his family in New York, as Jackson made the announcement of his illness.

"As I watched him, I was reminded of the greatness of this man," Sharpton said. "Reverend Jackson has changed the nation and served in ways in which he never got credit."

Maynard Eaton, a journalist and national director of communications for the Southern Christian Leadership

Conference, called Jackson a legendary and fearless civil rights champion.

He said the disease may slow Jackson, but won't stop him.

"Activism and civil rights are in his blood. As a journalist, Jesse Jackson has been a treat and joy to cover and write about," said Eaton. "He has been a civil rights darling and media maverick...Jesse Jackson is a quintessential and preeminent civil rights activist of our time."

Even though Parkinson's disease is a chronic neurological condition, it is very treatable, said Dr. Nabila Dahodwala, an associate professor of neurology at the Perelman School of Medicine at the University of Pennsylvania.

"A diagnosis of Parkinson's disease does not necessarily mean that you must make drastic changes, but every individual is different in how they are affected, how they respond to treatment and how they choose to spend their time," Dahodwala said.

Ithsham ul Haq, an expert in neurology at the Wake Forest School of Medicine, said he believes Jackson will do well.

"Though each patient's journey with Parkinson's disease is a little bit different, thankfully for many the symptoms are often well-managed with medication," said Haq. "The hallmark of the disease is the slow loss of dopamine in the brain, which unlocks our movement."

Haq continued: "As patients begin to produce less of it they

show the slowness, stiffness, and tremor that typify the disease. Replacing dopamine usually substantially alleviates these problems."

Leslie A. Chambers, the president and CEO of the American Parkinson Disease Association, said making appropriate lifestyle changes and focusing on physical therapy will go a very long way to helping Jackson live the best life possible, in spite of the disease.

"Since its a lifelong chronic illness, the American Parkinson Disease Association encourages people with Parkinson's to seek out a top notch medical and healthcare team, which includes a movement disorders specialist physician and allied healthcare providers and protect and defend their overall health status with a nutritious diet, physical therapy and safe, effective daily exercise programs, as well as emotional and social support from family, and professional care partners-givers," Chambers said, adding that the association extends heartfelt wishes to Jackson.

Dorothy Leavell, the chairman of the NNPA and the publisher of the Crusader Newspaper Group said that even though Jackson is in for the fight of his life, she warned that Parkinson's disease had met its match.

"This is a major blow, but it's not the death knell," said Leavell. "We will keep working and encourage Jesse with all he's done for us and continues to do."



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Meow and Barks Boutique Hurricane Irma Relief Fashion Show



Meow and Barks Boutique owner Traci Evans with all of her runway models



Two Meow and Barks Boutique models striking a pose at the fashion show



One of the trendiest styles for this season showcased was the high glam sheer mesh dress



Meow and Barks Boutique models on the runway showcasing some of the hottest trends for the Fall season, which include stripes, sequin, and fashion statement jeans



Meow and Barks Boutique owner Traci Evans (middle) alongside one of her runway models (left) and her Mom (right)



Meow and Barks Boutique models coming out to a round of applause at the end of the fashion show

Traci Evans, fashion stylist extraordinaire and owner of Meow and Barks Boutique, hosted an upscale Fall Fashion Show at the top floor of the Hopfinger Bier Garden & Sausage House in Five Points on Thursday, November 9th. This dazzling runway extravaganza of a dozen beautiful models showcasing the hottest couture styles of the season, easily made the one hundred plus attendees feel like they were front and center at a NY Fashion Week red carpet event.

Traci Evans is well known for her fashion events and Pop Up shops across the country, as well as her TV show fashion segments on WJXT Channel 4 Jax, CBS Atlanta, and NBC Miami to name a few. This event was hosted by Genedotcom of V-101.5FM, alongside DJ Al Pete. It began at 7:30pm with a raffle, gifting numerous women with items from various industries that were donated by local businesses and national brands.

Once the fashion show began, a medley of upbeat Beyonce Caribbean mixes played as the models took the runway. The "slay" was real as they gave fashionista looks that had many on the edge their seats, in awe snapping pictures with their iPhones. The fashion show was partitioned into two twenty minute runway segments showcasing trendy fashion-forward new looks for the season that included: high glam sheer mesh dresses, fall florals, shoulder-less varsity spirit tops, designer jeans, and sequin disco couture.

The purpose of the fashion show was to celebrate its reopening, and support the remodeling required to fully rebuild their flagship boutique location in San Marco that was severely damaged during Hurricane Irma. The boutique was hit with over 3 feet of standing water, and most of the fixtures and furniture was damaged, along with a significant amount of inventory. After over 30 days of being closed, the boutique just completed its initial phase of an "NY-style open space" remodeling, and is now open to the public.

What's even more amazing than the spectacular runway looks featured at the fashion show, is the strength and entrepreneurial fortitude shown during this tough time by owner Traci Evans. After hosting a fabulous Pop Up shop during New York Fashion with the "Real Housewives of Atlanta" TV star Marlo Hampton, Traci had to wait several days to fly back home because of the flight cancellations due to Hurricane Irma. Upon her return, she found her boutique in ruins, as well as the entire San Marco area. As an African-American female small business owner, she was faced with a critical decision to literally "sink or swim."

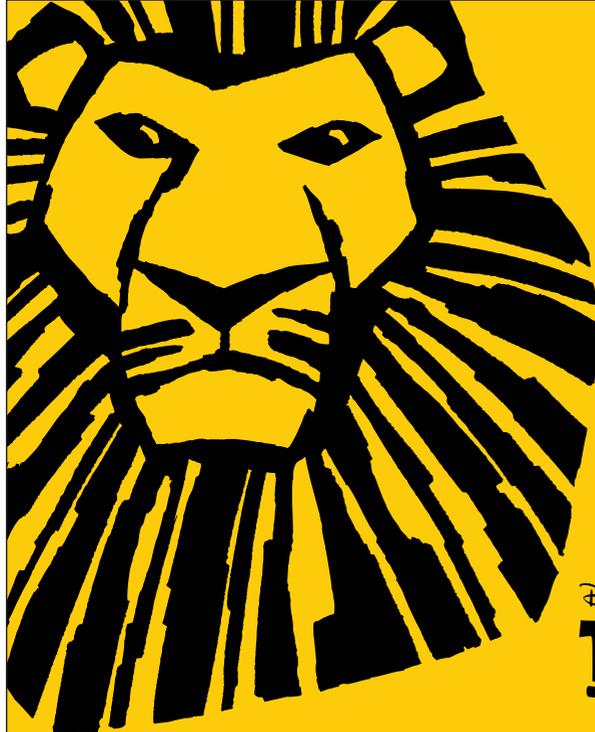
Traci did not hesitate to swim, as if she were a champion Olympian in the last heat of a gold medal match. She kept her business afloat by continuing her online sales, social media promotions, and connected with Adrian and Megan Stiggs, the gracious owners of the delicious bakery shop Motion Sweet in Riverside, to do her own fashion Pop Up shops within their bakery until the boutique was re-opened. Traci provided special sales and kept a rotation of looks available to continue servicing her loyal customer base. In addition, the purchasing and unity power of our community was evident and beautifully displayed. Hundreds of local customers continued to shop with Traci at the Pop Ups, providing loving support with their generous hearts and dollars.

So at the very end of the fashion show, Traci gave an emotional tear-jerking testimonial speech. She sincerely thanked everyone, including her staff and many of her customers individually. With tears falling from her eyes, Traci stated "thank you all so much for supporting my business day after day, so strongly with so much love that I never had to really consider closing down." Traci received a standing ovation, as this was another "feel good moment" that makes her Meow and Barks Boutique brand so special.

Make sure to visit Meow and Barks Boutique this Holiday season, including Black Friday and all of December, for not only the hottest fashionista items and sales, but that intimate "feel good" energy that continues to permeate her newly remodeled fashion home!

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SPORTS



Jaguars Defeat Browns 19-7, Take Over AFC South

By Adesina O. Koiki

CLEVELAND — How does this sound: the first-place Jacksonville Jaguars.

The stingy defense of Jacksonville made sure the above became a fact on Sunday, forcing five turnovers and scoring the game-clinching touchdown on that side of the ball late in the fourth quarter as the Jaguars defeated the Cleveland Browns 19-7 at a windy (and sometimes snowy) FirstEnergy Stadium. Jacksonville's win, coupled with the Tennessee Titans' loss to the Pittsburgh Steelers last Thursday, moved the Jaguars to sole possession of first place in the AFC South with a 7-3 record.

It is the first time the Jaguars have been in first place in a division after 10 games of a season since 1999, back when they were in the now-defunct AFC Central.

Along with forcing five turnovers, Jacksonville sacked Browns quarterback DeShone Kizer five times in the contest, with Yannick Ngakoue's sack and strip of Kizer leading to a fumble recovery in the end zone for a touchdown by linebacker Telvin Smith with 1:14 left in the game to seal the victory.

"One of the things coach [Doug] Marrone says is that we used to be the hunter," said Jag-



Jaguars defensive end Calais Campbell (93) tackles Browns quarterback DeShone Kizer (7) in the second quarter at FirstEnergy Stadium in Cleveland. (Photo by Nick Cammett/Diamond Images)

uars safety and former Cleveland Browns Tashaun Gipson.

"Five wins could be a fluke," continued Gipson. "Six, seven. Once you start getting this deep in a season, when meaningful games are being played and we're winning these games no matter the opponent and no matter what's going on, I think teams are taking notice."

Jacksonville scored the first points of the game, set up after

Smith intercepted a Kizer pass over the middle and returned it 26 yards to the Cleveland 33-yard line. Four plays later, quarterback Blake Bortles lobbed a pass down the right sideline which was caught for a 10-yard touchdown by tight end Marcedes Lewis, giving the Jaguars a 7-0 lead with 6:54 remaining in the first quarter.

The Jaguars extended the lead early in the second quarter on a 38-yard field goal by Josh Lambo,

but the Browns responded on the next drive by scoring what turned out to be their only points of the game. Kizer completed two consecutive passes to wide receiver Corey Coleman for a combined 28 yards to start the drive. After a 10-yard run by Kizer on a 3rd-and-1, he found running back Duke Johnson Jr. over the middle on a pass that went for a 27-yard touchdown, cutting the Jaguars' lead to 10-7.

“ Teams didn't necessarily give us that respect. We want to go out there and earn it, and now there are teams that say we want to knock Jacksonville off the high horse, per se.”

— Tashaun Gipson, Jacksonville Jaguars

Though the Jaguars only scored one touchdown on offense, they were able to possess the ball for almost 37 minutes while utilizing their punishing run game to eat up the clock. Running back Leonard Fournette, the New Orleans native who admitted that he was not going to be a fan of playing in the cold, ran for 111 yards on 28 carries, his fourth 100-yard rushing game of the season.

Both teams struggled holding onto the ball in the wintry conditions, and each team fumbled the ball five times. However, Jacksonville only lost one of their fumbles while recovering three of Cleveland's. The only turnover the Jaguars committed came in the third quarter, when Bortles lost the football while being sacked in Cleveland territory by linebacker Christian Kirksey. Defensive end Myles Garrett recovered the ball to end the Jaguars' drive.

With Jacksonville holding on to a 13-7 lead late the fourth quarter, Cleveland was able to march

into Jaguars territory, with a Kizer pass to Johnson for 21 yards, moving the ball to the Jacksonville 40-yard line right before the two-minute warning. Three plays later, Kizer was sacked by the combination of Ngakoue and Calais Campbell, losing the ball in the process. Kizer was initially ruled down by contact, but after a review, Kizer was deemed to have fumbled before hitting the turf and defensive end Dante Fowler Jr. came away with a clear recovery of that fumble, reversing the call on the field and giving the ball to Jacksonville.

Cleveland had one last chance with the ball after a Jacksonville punt, but it ended with the Smith touchdown on the sack and strip of Kizer by Ngakoue. The Browns now are 0-10 as a 0-16 season becomes more of a possibility.

The Jaguars stay on the road for their next game, heading to the desert to play the Arizona Cardinals starting at 4:25 p.m. EST.

Falcons Handle Raucous Environment, Take Down Seahawks 34-31

By Adesina O. Koiki

SEATTLE — More than anyone in pro football, Atlanta Falcons head coach Dan Quinn knows how special it is to be a part of a game at CenturyLink Field, the home of the Seattle Seahawks and the raucous, boisterous crowd affectionately known as The 12th Man. That is exactly what makes Monday night's result even sweeter for the former Seahawks assistant.

Quarterback Matt Ryan threw for two touchdowns passes and defensive end Adrian Clayborn continued his stellar defensive play with a fumble return for a touchdown as the Falcons jumped out to a 14-0 lead and held on at the end to defeat Seattle 34-31, winning their second game in a row. The win was not sealed for Atlanta until Blair Walsh's 52-yard field goal attempt with seven seconds remaining in the game fell just short.

"What an absolute team win from the guys tonight," said Quinn, who was the Seahawks' defensive coordinator when they won Super Bowl XLVIII following the 2013 season. "Coming here, in this en-



Atlanta Falcons quarterback Matt Ryan (2) calls out a play during the game against the Seattle Seahawks on November 20, 2013 at CenturyLink Field in Seattle, Washington. (Photo by Debby Wong/The Florida-Georgia Star)

vironment, with the crowd, we thought it would be two competitive, tough teams that were going to battle for it in the biggest way."

And it was Atlanta that threw the first few punches early, scoring touchdowns on each of its first two

possessions on offense. It started on the opening kickoff, when return man Andre Roberts returned the kick 50 yards to set the Falcons up in excellent field position. The Falcons converted two third downs on the drive, and then ben-

efited from a pass interference call on cornerback Jeremy Lane in the end zone to set up a first-and-goal situation. Tevin Coleman plunged in one yard out to open the scoring.

Another long return set up the Atlanta's second score, but this one was an 40-yard interception return by cornerback Desmond Trufant off a pass by Russell Wilson. Atlanta capitalized on the takeaway, as receiver Mohamed Sanu made a leaping, one-handed catch in the end zone for a two-yard touchdown to cap off the drive and give the Falcons a 14-0 first quarter lead.

Ryan found it easy to throw early on a Seahawks' secondary that was missing cornerback Rickard Sherman, who suffered a season-ending Achilles injury last Thursday, as well as Kam Chancellor, who was out with a neck injury.

Seattle ended the high-scoring first quarter with an impressive nine-play touchdown drive, capped off by Wilson's four-yard scoring pass to tight end Jimmy Graham, the tight end's seventh touchdown of the season.

On Seattle's next possession, Wilson, who was scrambling out of the pocket on a number of his dropbacks, fumbled the ball while being sacked by defensive end Takk McKinley, and Clayborn picked it up and returned it 10 yards for a touchdown and a 21-7 advantage.

Again, Seattle answered after a giveaway, scoring 10 unanswered points, including a one-yard run by Wilson on a fourth-and-goal to cut Atlanta's lead to 21-7.

After an exchange of field goals, the Falcons had a 34-23 lead with 3:49 left in the game. But last-minute comebacks have been a specialty for Wilson and the Seahawks, and he led Seattle to a 75-yard touchdown drive in just 49 seconds to get the team and the crowd back in the game. Wilson threw a 29-yard touchdown pass over the middle to receiver Doug Baldwin, and after Graham caught a pass from Wilson for the two-point conversion, the Seahawks were down 34-31 with three minutes remaining.

Atlanta currently sits in the sixth and final playoff spot, and will return home to start a three-game home stand with a matchup with the Tampa Bay Buccaneers on Sunday at 1 PM EST.

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Jacksonville, Fla. - Disney Theatrical Productions and The FSCJ Artist Series announced today that tickets for the long-awaited return engagement of Disney's The Lion King go on sale to the public November 10. Disney's The Lion King will leap onto the Times-Union Center's stage on January 31, 2018 for a limited two-week engagement through February 11, 2018.

Beginning November 10, tickets will be available at the FSCJ Artist Series Box Office from 10 a.m. - 5 p.m., Monday through Friday, by calling (904) 632-5000, or online 24/7 at fscjartistseries.org. Orders for groups of ten (10) or more may be placed by calling (904) 632-5050. Premium Ticket Packages, which include a prime seat location, a commemorative souvenir program and an exclusive merchandise item, are also available.

Ticket buyers are reminded that The FSCJ Artist Series and Ticketmaster are the only official retail ticket outlets for all performances. Ticket buyers who purchase tickets from a ticket broker or any third party should be aware that we are unable to reprint or replace lost or stolen tickets and are unable to contact patrons with information regarding time changes or other pertinent updates regarding the performance.

The North American touring productions of The Lion King have been seen by more than 19 million theatergoers. Having already played more than 70 cities across North America, The Lion King now proudly makes its return at the Times-Union Center.

ABOUT THE LION KING

In its 20th year, THE LION KING continues ascendant as one of the most popular stage musicals in the world. Since its Broadway premiere on November 13, 1997, 24 global productions have been seen by more than 90 million people. Produced by Disney Theatrical Productions (under the direction of Thomas Schumacher), THE LION KING is the only show in history to generate six productions worldwide running 15 or more years. Performed in eight different languages (Japanese, German, Korean, French, Dutch, Spanish, Mandarin and Portuguese), productions of THE LION KING can currently be seen on Broadway, London's West End, Hamburg, Tokyo and Sapporo, Madrid, Mexico City, Scheveningen, Holland, and on tour across North America, for a total of nine productions running concurrently across the globe. Having played over 100 cities in 19 countries on every continent except Antarctica, THE LION KING's worldwide gross exceeds that of any film, Broadway show or other entertainment title in box office history.

THE LION KING won six 1998 Tony Awards®: Best Musical, Best Scenic Design (Richard Hudson), Best Costume Design (Julie Taymor), Best Lighting Design (Donald Holder), Best Choreography (Garth Fagan) and Best Direction of a Musical. THE LION KING has also earned more than 70 major arts awards including the 1998 NY Drama Critics Circle Award for Best Musical, the 1999 Grammy® for Best Musical Show Album, the 1999 Evening Standard Award for Theatrical Event of the Year and the 1999 Laurence Olivier Awards for Best Choreography and Best Costume Design.

The show's director, costume designer and mask co-designer Julie Taymor continues to play an integral part in the show's ongoing success. The first woman to win a Tony Award for Direction of a Musical, Taymor has in recent years supervised new productions of the show around the world.

The Broadway score features Elton John and Tim Rice's music from The Lion King animated film along with three new songs by John and Rice; additional musical material by South African Lebo M, Mark Mancina, Jay Rifkin, Julie Taymor and Hans Zimmer; and music from "Rhythm of the Pride Lands," an album inspired by the original music in the film, written by Lebo M, Mark Mancina and Hans Zimmer. The resulting sound of THE LION KING is a fusion of Western popular music and the distinctive sounds and rhythms of Africa, ranging from the Academy Award®-winning song "Can You Feel the Love Tonight" to the haunting ballad "Shadowland."

The book has been adapted by Roger Allers, who co-directed The Lion King animated feature, and Irene Mecchi, who co-wrote the film's screenplay. Other members of the creative team include: Michael Curry, who designed the masks and puppets with Taymor, Steve Canyon Kennedy (sound design), Michael Ward (hair and make-up design), John Stefaniuk (associate director), Morye Griffith (associate choreographer), Clement Ishmael (music supervisor) and Doc Zorthian (production supervisor). Anne Quart serves as co-producer.

For more information worldwide, visit LionKing.com or fscjartistseries.org. Shows, dates, times, prices, and artists are subject to change.

PERFORMANCE SCHEDULE:

Wednesday, January 31 at 7:30 p.m.
Thursday, February 1 at 1 p.m.
Thursday, February 1 at 7:30 p.m.
Friday, February 2 at 8 p.m.
Saturday, February 3 at 2 p.m.
Saturday, February 3 at 8 p.m.
Sunday, February 4 at 1 p.m.
Sunday, February 4 at 6:30 p.m.
Tuesday, February 6 at 7:30 p.m.
Wednesday, February 7 at 7:30 p.m.
Thursday, February 8 at 7:30 p.m.
Friday, February 9 at 8 p.m.
Saturday, February 10 at 2 p.m.
Saturday, February 10 at 8 p.m.
Sunday, February 11 at 1 p.m.
Sunday, February 11 at 6:30 p.m.

To order by phone with Visa, MasterCard, American Express, or Discover, call the FSCJ Artist Series Box Office at: (904) 632-5000 (toll-free outside of Jacksonville) (888) 860-2929)

Tickets are also available online with Instant Seat Selection by visiting the FSCJ Artist Series website at: fscjartistseries.org. Group discounts for 10+ are also available. Please contact: (904) 632-5050 or groupsales@fscjartistseries.org for more information.

The FSCJ Artist Series has been recognized by the State of Florida as a Major Cultural Institution and receives funding from the State of Florida, through the Florida Department of State, Division of Cultural Affairs and the Florida Arts Council.



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COMMUNITY

Listings are due the Tuesday before the next issue.
Email submissions preferred.
Send to: Info@TheFloridaStar.com

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Announcements

NAACP Meeting Will Feature Tony Jenkins As Guest Speaker Following A Special Sunday Church Worship Service

Orange County NAACP Branch President Beverly Neal announces that the monthly General Membership meeting will be held at Mt. Sinai Missionary Baptist Church, 5200 W. South Street, Orlando, Florida 32811, Monday, November 27, 2017 at 7:00 PM. Additionally, members of the branch will be worshipping on Sunday, November 26th at the church and Branch members are invited and reminded to be sure to attend the service. At the Monday meeting along with the regular business and community update the guest speaker is Tony Jenkins, Market President Central Florida who will be discussing timely and current Open Enrollment insurance information.

Tony Jenkins is the Market President for the Central Florida Region Florida Blue (BCBSF). Prior to that, Mr. Jenkins served as Director of Diversity for CSX Corporation, the largest rail network in the eastern United States. Before joining CSX, Jenkins spent 20 years with the Walt Disney World Company in various management roles and today is very active in the Orlando Community. As Guest Speaker Tony will share needed and valuable information about your insurance enrollment and status to the attendees.

For further NAACP general information including membership or other services you may contact (407)-272-1596 or send an e-mail to ocb29naacp@gmail.com and follow the Orange County Florida Branch of the NAACP at www.orangecountynaacp.org and on all social media networks including at Facebook www.facebook.com/NAACPPOCFL. And please remember--

"Your Membership Is The Life Blood Of The NAACP Organization"

Announcing TEDxFSCJ Upcoming Salon: "Rediscovering Space"

JACKSONVILLE, Fla. - Join TEDxFSCJ as we partner with the Museum of Science & History (MOSH) in hosting a salon focused on how Florida and the First Coast are accelerating the pace of space exploration. The TEDxFSCJ Salon, "Rediscovering Space," will take place Thursday, December 7, 2017, from 6:30-8:30 p.m. at the MOSH Planetarium.

The evening's speakers will include:

- Kathleen O'Brady: Lead Certification System Engineer, NASA
- Chelsea Partridge: Engineer, Lockheed Martin
- Mike Reynolds: Professor of Astronomy, Florida State College at Jacksonville
- Andrew Rush: CEO, Made in Space
- Jennifer Rulifson: Host and student, UNF

For millennia, people looked to the stars as a source of awe and inspiration. Today, new ventures between private industry and government agencies like NASA have reignited our sense of wonder, prompting many to ask not only when humans will finally reach Mars, but what careers and businesses are experiencing the greatest growth and how ordinary people and science professionals can get involved.

At the close of the evening, attendees will have the opportunity to look through telescopes positioned atop the museum roof—courtesy of JAX #popscope, the local affiliate of #Popscope, an urban movement of astronomers who host free, "pop-up" events across North America.

Cost: Free
When: Thursday, December 7, 2017, 6:30-8:30 p.m.
Where: Museum of Science and History, 1025 Museum Circle, Jacksonville, Florida 32207
For more information, email TEDxFSCJ@gmail.com or visit tedxfscj.com. Register at <https://tedxfscjrediscoveringspace.eventbrite.com/>.

FLORIDA THEATRE YOUNG PROFESSIONALS ANNUAL HOLIDAY FOOD-RAISER BENEFITS FEEDING NORTHEAST FLORIDA WHILE OFFERING FREE FAMILY FUN AND THE MOVIE ELF

Jacksonville, Fla. - First A.C.T., the nonprofit Florida Theatre's young professional networking group, in partnership with presenting sponsor Tax Defense Network will present the holiday comedy film ELF, on Saturday, Dec. 16, at 2p.m. to benefit Feeding Northeast Florida.

Admission is FREE for every adult and child with a gift of canned or nonperishable food per person.

All costs to open the nonprofit Florida Theatre and present ELF are made possible by sponsorships from: Tax Defense Network; Johnson & Lufrano, PA; MatrixOneSource; SecureSI, Convergys and Wilson Duntra Innovation Law. Projection is sponsored by AVL.

"The Holidays are truly a time to be grateful for all the wonder in life; that is why we encourage members of our community to make this holiday special for others by donating a food item to those less fortunate before enjoying an afternoon full of elves, laughter, popcorn, and Santa at one of the best Theatres in town." Diana Johnson, First A.C.T. President.

The doors open at 12:30 p.m., and patrons are encouraged to arrive early to have their picture taken with Santa, enjoy hot chocolate, sweet treats and make a keepsake ornament at the crafting area. All children who attend will be given complimentary popcorn. A food free Zone for kids with food allergies will be available in the loge section of the theatre, so that everyone can enjoy.

Elf will begin at 2p.m. In this holiday classic, comedian Will Ferrell stars as one of Santa's elves who learns that he's actually a human whom Santa inadvertently brought back from an orphanage when he was a baby. Ferrell sets out on an adventure to New York City in hopes of tracking down his real father.

Florida Theatre President Numa Saisselin, says, "The historic Florida Theatre is known nationwide as a destination for arts and entertainment, but we are also

known locally as a good corporate citizen and a resource for the Northeast Florida community. It is our pleasure to get behind this effort to lend a helping hand to our fellow Jacksonville citizens."

"We are grateful for our partnership with the Florida Theatre and First A.C.T. This annual event allows the community to get into the holiday spirit, while supporting their neighbors in need at the same time," said Feeding Northeast Florida Interim CEO Frank Castillo. "One in six people in Northeast Florida is food insecure, meaning they don't know where their next meal will come from. More than 81,000 of them are children. Every donation we receive makes an impact - from a canned good, to an hour of time, to a monetary gift. We take great pride in the fact that 97 cents of every dollar donated to us goes directly to feed local children and families, seniors and veterans. Through partnerships like this, together we are Feeding Northeast Florida."

The public is encouraged to donate shelf-stable foods such as canned vegetables, canned fruit, peanut butter in plastic jars, canned meats like tuna and chicken, pop top cans of ravioli and spaghetti, canned soup, and boxed items like macaroni and cheese, pasta, and instant potatoes. Food packaged in glass will not be accepted.

Coordination of the fun, family event is done as a gift to Northeast Florida by members of First A.C.T. First ACT membership is open to young professionals age 21-39 that have a love of live theatre, music and performance at the historic Florida Theatre. Through networking events, fundraisers and special projects, the group supports the mission of the Florida Theatre.

The Florida Theatre's 2017 season is sponsored by Community First Credit Union. For a complete list of upcoming season events and more information on Florida Theatre's First A.C.T., visit floridatheatre.com.

10TH COMMUNITY CHRISTMAS FELLOWSHIP

SATURDAY, DECEMBER 9, 2017 - 12:00 PM TO 3:00 PM

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EMPLOYMENT

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PUBLIC NOTICE

CITY OF JACKSONVILLE
LENNY CURRY
MAYOR

PUBLIC NOTICE
November 26, 2017
DRAFT CONSOLIDATED ANNUAL PERFORMANCE AND EVALUATION REPORT

Drafts of the Consolidated Annual Performance and Evaluation Report (CAPER) for the City of Jacksonville has been completed and is available for a fifteen (15) day public review and comment period.

The CAPER provides accomplishments and expenditure narrative information on the four Consolidated Plan programs (CDBG, HOME, HOPWA and ESG) administered by the City of Jacksonville during fiscal year October 1, 2016 through September 30, 2017. Copies of the report will be available at the Main Library at 303 N. Laura Street, Jacksonville, Florida, 32202 from December 11 through December 26, 2017 between the hours of 8 a.m. to 5 p.m. Monday - Friday.

Comments should be submitted in writing to Diana Seydlorsky, Chief of Housing and Community Development Division, at 214 N. Hogan St., Ste. 700, Jacksonville, FL 32202 and received no later than Tuesday, December 26, 2017. The final CAPER will be submitted to the U.S. Department of Housing and Urban Development by December 31, 2017.

A public hearing regarding the CAPER will be held at 214 N. Hogan St., Room 721 Jacksonville, FL 32202, on Wednesday, December 13, 2017 at 5:00 p.m. All citizens are encouraged to participate.

If any non-English speaking persons, or persons with mobility, visual or hearing impairments wish to attend the public hearing and have special needs, please notify the Housing and Community Development Division at 255-8200 in advance so that accommodations may be made.

Stephanie Burch, Director
Neighborhoods Department

Diana Seydlorsky, Chief
Housing and Community Development Division

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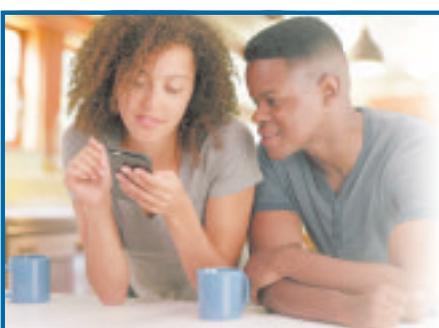
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