

NEWS LEADER

\$1.00

AMELIA ISLAND • FERNANDINA BEACH • YULEE • NASSAU COUNTY

FRIDAY, OCTOBER 3, 2014 / 20 PAGES, 2 SECTIONS • fbnewsleader.com

O SAY CAN YOU SEE



Some of the more than 580 participants in the Ben Byrns Runway Rally on Saturday at the city airport sing the national anthem before the event, above. William Weaver, left, took first place in the Male Overall competition. More photos, 12A.

PHOTOS BY ED HARDEE FOR THE NEWS-LEADER

New elementary school in Yulee

KATHIE COLGROVE
NCR Reporter

A new elementary school will open in Yulee as early as 2017.

The Nassau County School Board voted 3-0 Sept. 25 to approve negotiations with architectural firm R. Dean Scott, Architect, Inc. on the proposed \$17 million building project.

Mittauer and Associates will enter negotiations with the school district regarding the entrance road onto the school property. Facilities Director Kevin Burnette said Tuesday, pending negotiations with the two firms,

the project could move forward soon to allow the school to open as soon as May 2017. Board members met in the Bryceville Elementary School cafeteria with host Principal Amber Nicholas-Bovinetto.

Chairwoman Donna Martin and school board member Amanda Young were absent. Superintendent John Ruis was also absent, with Assistant Superintendent Ed Turvey Jr. filling in for him.

A start date for construction has not been set. The nearly 27-acre school

YULEE Continued on 3A

First aid for mental health

MARY MAGUIRE
News-Leader

Almost 20 percent of Americans will have a mental disorder this year, such as anxiety, depression, substance abuse, social anxiety, an eating disorder, bipolar illness or schizophrenia.

So says a 2007 Harvard study that local counselors say still reflects the current situation.

"Think about it, that is one in every five people," said Carrie Anderson Mays, a senior therapist for Starting Point Behavioral Healthcare, the non-profit agency in Yulee.

"That's a significant number." That's why Mays and her Starting Point colleague Katrina Robinson Wheeler are teaching a training course in Mental Health First Aid.

"Early intervention is important," said Mays.

The program includes a five-step plan to help people in mental distress with a multi-level goal to preserve life, provide help, promote recovery and provide comfort and support.

Eleven people paid \$50 to attend last week the eight-hour training program held over two afternoons in the

community room at the Fernandina Beach police station.

Earlier this year, Mays said the Fernandina Beach Police Department sent dozens of officers through the program. She said there are plans to involve other first responders as well as healthcare workers and educators.

"I'd love to get the Nassau County sheriff involved," said Mays.

Though this latest group largely included professionals from social service agencies, including Barnabas Center and Ark of Nassau, the program also was open to the general public.

A businessman from Amelia Island said he attended because he once experienced depression so severe that he considered suicide.

"I thought about how to do it and could never quite figure out the best approach," he said.

He said it took six months and the right combination of medication to feel better.

Instructors said older men and adolescent males are at the highest risk of completing suicide (the instructor's

MENTAL Continued on 4A



MARY MAGUIRE/NEWS-LEADER

FBHS student Chachi Moses speaks to Wells Fargo employees attending a conference on Amelia Island last week. The company donated \$10,000 to the school district's Students in Transition program.

Homeless students get help they need

MARY MAGUIRE
News-Leader

Chachi Moses, 19, is a senior at Fernandina Beach High School and is quarterback of the Pirate's football team. Last week he became a motivational speaker.

Moses lost his mother two years ago as well as his family home. He said he is determined to finish high school and head off to college in the fall. His plan is to attend the University of Florida and then build his career as a firefighter.

He shared his story with hundreds of Wells Fargo employees from across the state that were on Amelia Island to attend a company conference.

"I play football. I have for 14 years and I lost my biggest fan two years ago. My mom. She taught me to keep pushing on," said Moses. "I'm going to do it."

The audience gave Moses a standing ovation and executives gave him a laptop computer to help him with his studies.

The bank recently donated \$10,000 to Nassau County's Students in

Transition program through a grant application process. Company officials said they liked the creative use of the school's spending plan, which includes taking homeless students on college tours.

Angie McClellan came up with the idea and wrote the grant. She is the homeless liaison for the Nassau County School District.

"So many of these kids don't get an opportunity to think about college let alone tour a campus as a high school student," said McClellan before she stepped on the stage. "It's eye-opening."

McClellan reported to the crowd that 70,000 students in Florida are homeless and 445 of them live in Nassau County.

"A bigger portion of them are in Yulee and they are doubling up with someone who has been kind enough to open their home."

She said it can be a difficult situation for both sides and compared it to having a houseguest that never leaves.

"It's fun for two or three days and then real life sets in," said McClellan.

mmaguire@fbnewsleader.com



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SEA TURTLE NESTING SEASON
2014: 116 (15 Lost to tides) Hatched: 6806
2012 Nests: 189 Hatchlings: 14,096
Please turn off or redirect lights shining directly on the beach. For a detailed count see www.ameliaislandseaturtlewatch.com.

OBITUARIES

Gertrude H. Austin

Gertrude H. "Trudy" Austin, 82, of Fernandina Beach, FL, passed away peacefully on September 30, 2014 after a long battle with cancer.

She was born Gertrude Helen Sowada on August 22, 1932 in Manhattan, NY. In 1937 her family traveled to Germany for an extended visit and were detained there until after WWII. The family returned to the U.S. in 1945 and settled in the small town of Marydel, MD. She was a member of the graduating Class of 1951 from Greensboro High School, Greensboro, MD. After graduation, she married her husband, Richard C. Austin, and they moved to Wyoming, DE, to start their family. In 1976, the family moved to the Pocono Mountains of Pennsylvania and then to Newark, DE, in 1980 where Trudy worked for the State of Delaware and retired in 1992. They moved to Myrtle Beach, SC, where she attended Coastal Carolina University. Trudy and Richard finally settled in Fernandina Beach in 2002.

Trudy loved baking, going to the beach and spending time with her family. She was an avid reader and belonged to several local book clubs.

She was preceded in death by her parents, Theodore and Elizabeth Sowada, a sister, Florence (Richard) Greene, a nephew, Jeffrey Goulet, and a niece, Luann Parker.

She leaves behind her husband of 63 years, Richard, sons Christopher, of Marydel, DE, Daniel (Marion) of Tunkhannock, PA, and Timothy "Oz" of Fernandina Beach, along with daughters, Kathleen Garner of Fernandina Beach, Patricia (Glenn) Virdin of Camden, DE, Margaret (Edward) Hughes, MD of Kettering, OH, and Mary (Woody) Harris of Fernandina Beach, 22 grandchildren and 7 great-grandchildren as well as many nieces and nephews.

A memorial service will be held on Monday, October 6th at 6:00 PM in the Burgess Chapel at Oxley-Heard Funeral Directors. The family will be receiving friends one hour prior to the service.

In lieu of flowers a memorial donation may be made to St. Jude Children's Research Hospital, P.O. Box 50, Memphis, TN 38191. Please share her life story and leave condolences at www.oxleyheard.com.

Oxley-Heard Funeral Directors

Betty Joyce Richardson

Betty Joyce Richardson, 83, of Hilliard, FL passed away September 30, 2014. She was born July 7, 1931 in Ashland, Alabama. She was a homemaker and a member of Hilliard First

Baptist Church.

She was preceded in death by her parents: Brennen and Maurine Browning Mann and two sisters: Celeste Martin & Julia Crawford.

She is survived by her husband of 64 years: Rev. Bobby H. Richardson; three children: William Roger (Karen) Richardson, Kathy Ann (Del) Conner, Karen (Craig) Conner; seven grandchildren: Corey Richardson, Ryan (Kim) Richardson, Joyia Conner, Twain (Kristen) Conner, Jeremy (Andrea) Conner, Brenton (Victoria) Conner, Casey (Roger) Clark and 17 great-grandchildren.

The family received friends on Thursday, October 2 at the First Baptist Church of Hilliard from 11:00 AM-1:00 PM. Funeral services were held at 1:00 PM with Dr. Craig Conner and Dr. Dorman Landtroop officiating. Burial was in Oakwood Cemetery.

Condolences may be expressed by signing the guest registry at Shepard Funeral Home/Folkston Georgia funeral home at www.shepardfh.com.

*Shepard Funeral Home
Folkston, Ga.*

Martha Ann Strickland

Martha Ann Strickland passed away on September 29, 2014. She was born in Sanford, Fla. on Jan. 17, 1956.

She is survived by her husband of 34 years, Jimmy R. Strickland; daughter, Jennie Epperly and her husband, James Epperly; grandkids Corey R. Soper and Jane L. Epperly; and brothers, Bennie Davis and wife, Fran, and Gary Davis and wife, Diane.

She was predeceased by her parents, Ben and Annie Davis, and sister, Lisa Jo Davis Dison.

Martha Ann worked at Lynn's Dress Shop for 13 years and First Union Bank for nine years.

A graveside service will be held at 11:00 a.m. on Monday, October 6, 2014 at Hughes Cemetery.

Eternity Funeral Home & Cremations-Nassau

DEATH NOTICES

Mrs. Eleanor Anne Doda, 84, Amelia Island, died on Tuesday, Sept. 30, 2014.

Oxley-Heard Funeral Directors

Barbara Elaine "Bea" Griffiths, 65, Fernandina Beach, died on Monday, Sept. 15, 2014. Memorial services will be held at 11:30 a.m. on Friday, Oct. 10 at First Presbyterian Church of Fernandina Beach.

Oxley-Heard Funeral Directors

Free cancer symposium Saturday

What: The nonprofit Pink Ribbon Symposium is hosting its seventh annual symposium on women's cancer on Oct. 4 from 8 a.m.-1 p.m. at the Thrasher-Horne Center, 283 College Drive, Orange Park.

The event is free and open to the public. Attendees will receive a complimentary, healthy continental breakfast.

Local physicians and breast cancer experts will cover important topics in women's cancer care, including prevention, an update on breast cancer, early detection and treatment options, the side effects of treatment and survivorship. Speakers include: Keynote presentation:

- Melissa Ross from WJCT's "First Coast Connect" entitled, "My Family, My Future"
- Kristin Kowalchik, M.D. "Breast Cancer Myths - Fact or Fiction"
- Linda Sylvester, M.D., F.A.C.S. "Latest Treatments using Molecular Pathways & Immunotherapy"
- Joseph Parks, M.D. "Options for Breast Reconstruction"
- Alexander Rose, M.D. "The Importance of Surgical Margins"
- Chris Granfield, M.D. "How Mammograms Guide Surgical Decisions"

- Alvaro Moreno Aspitia, M.D. "Advances in Breast Cancer Treatment"
 - Brian Campbell "The Affordable Care Act & You"
 - Gwen Templeton "Transitioning from Treatment to Survivorship"
 - Chad Roberts "Dealing with Fatigue"
 - Linda Feist "Weight Management"
 - Yvonne McCormick "Green, Clean & Lean"
- Seating is limited and registration is required. Visit www.pinkribbonsymposium.org to register, or call Eleanor at (904) 838-2950 for more information.

Craftsman Blog writer to attend workshop

The city of Fernandina Beach and the Amelia Island Museum of History are partnering to present a Historic Preservation Workshop on Saturday, Oct 25 from 9 a.m.-noon at the museum, 233 S. Third St.

Scott Sidler of the Craftsman Blog will discuss topics concerning plaster in historic homes and will give a hands-on demonstration on how to repair plaster.

Sidler is the owner of Austin Home Restorations, a company that specializes in renovating and restoring historic

homes in Orlando.

He is also the creator of The Craftsman Blog and author of the Amazon No. 1 bestselling book, *Living in the Past: An Owner's Guide to Understanding & Repairing an Old Home*. When not working on, teaching about or writing about old houses he spends time fixing up his own old bungalow with his wife, Delores, and their son Charley.

Sidler will talk about plaster repair and can answer all your questions about historic homes.

RSVP to kayla@ameliamuseum.org. Questions? Call 261-7378.



PHOTO COURTESY OF THE CRAFTSMAN BLOG

Craftsman Blog writer and bestselling author Scott Sidler.





NEWS LEADER

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<p>NEWS DEADLINES</p> <p>Community News: Monday, 5 p.m. Letters to the editor: Monday, 12 p.m.</p>	<p>Church Notes: Monday, 5 p.m. People and Places: Thursday, 3 p.m.</p>	<p>ADVERTISING DEADLINES WEDNESDAY NEWS-LEADER</p> <p>Classified Ads: Monday, 5:00 p.m.* Classified Display: Friday, 3 p.m. Legal Notices: Friday, noon Retail Advertising: Friday, 3 p.m. * Monday holidays the Classified deadline will be Friday at 5 p.m.</p>
		<p>FRIDAY NEWS-LEADER</p> <p>Wednesday, 5:00 p.m. Tuesday, 5 p.m. N/A Tuesday, 3 p.m.</p>



WEEKLY UPDATE

Volunteers needed

The Day Drop-in Center is looking for volunteers for Tuesday and Wednesday mornings. The center serves people experiencing homelessness and those at high risk of homelessness. The DDC provides showers and laundry facilities, a mailing address, phone and computer use, help acquiring needed documents and referral to local service providers. The Coalition for the Homeless of Nassau County operates the program that is located at the Fernandina Beach Church of Christ, the corner of Jasmine and South 14th streets. Volunteers receive training and flexible hours are available. For information, contact Dani Gammel, (216) 225-7101.

United Way kickoff

United Way of Northeast Florida will host its 2014 Community Campaign kickoff on Wednesday, Oct. 22 from 8-9:30 a.m. at Omni Amelia Island Plantation resort, 39 Beach Lagoon Road. Please RSVP to 390-3215 or unitedwaynefl.org/nassau-kickoff.

Gun courses

Gary W. Belson Associates Inc. will hold a concealed weapon license course at 5 p.m. Oct. 7 and 9. A basic with defensive tactics course will be held at 9 a.m. Oct. 4. For information, contact Belson at 491-8358, (904) 476-2037 or gbelson@bellsouth.net. Visit www.TheBelsonGroup.com.

Blood drive, yard sale

The Sons of the American Legion will host a blood drive at the Post, 626 S. Third St., from 9 a.m.-3 p.m. Oct. 4. They also will sell chicken dinners for \$10 starting at 11 a.m.. The Women's Auxiliary will hold their annual yard sale that day. Everybody that registers for the blood drive on Oct 4 will receive entry to win two tickets plus parking to the Jacksonville Jaguars and Cleveland Browns game.

Men Helping Men

Men Helping Men group,

a prostate cancer educational support program, will meet on Oct. 9 from 11:30 a.m.-12:30 p.m. in the conference room of Baptist Medical Center Nassau on 18th Street. To RSVP contact the Ackerman Cancer Center at 277-2700.

Teen mental health

Starting Point Behavioral Healthcare is launching a new Youth Mental Health First Aid program in Nassau County. The agency will train adults that interact with teens to improve mental health literacy by helping them identify, understand and respond to signs of mental illness in an adolescent. Nassau County's first Youth Mental Health First Aid training will be held Oct. 9 and 10 at the Fernandina Beach Police Department.

For more information or to participate in training, visit mhfanassau.com or call Starting Point at 225-8280.

Mega pet adoption

More than a thousand dogs and cats will be looking for homes at the First Coast No More Homeless Pets Mega Adoption event Oct. 10-12 at the Jacksonville Fairgrounds. Hours are 10 a.m.-6 p.m. each day. All pets are spayed/neutered, microchipped and vaccinated. Adoption fee is \$20 and includes city license, if applicable. Parking is free.

First Coast No More Homeless Pets (FCNMHP) brings together shelters from across Northeast Florida for these events, the largest of their kind in the nation, as part of an effort to maintain Jacksonville's no-kill status. For information visit www.jaxadoptpet.org.

Party in Pink

Anytime Fitness will host its second annual Party in Pink Oct. 11 in support of breast cancer awareness. Wear pink and bring \$10 and a new bear donation for the Buddy Bears program for cancer patients. Events begin at 8 a.m. A seminar will feature Alan Colley, North American Strongman State Chair and owner of the Iron House Gym. There will be a DJ, raffle and other activities. Chick-fil-a is donat-

FLT receives \$5,000 grant

JACKSONVILLE – Four area small arts organizations are reaping additional benefits of a concerted effort by The Community Foundation for Northeast Florida (www.jaxcf.org) to expand their capacity and strengthen their support, and two of them will also receive grants for strategic planning.

Friday Musicale, Opera Jacksonville, Riverside Fine Arts Association and Fernandina Little Theater will receive grants of up to \$5,000 each for their grant proposals to the Foundation's Art Ventures Fund.

The opportunity to apply for the 2014 grants was limited to small arts organizations that participated in foundation-sponsored capacity-building

workshops held in 2013.

"The Art Ventures Fund invests in ways for organizations to fulfill their missions, establish goals and work towards them in the face of market challenges," said Amy Crane, program director for The Community Foundation. "When they are successful, everyone benefits through a robust arts sector."

Recipients of the 2014 Art Ventures awards to small arts organizations are:

- Friday Musicale (Duval County) – To launch a Summer Concert Season to broaden its audience and donor base, and a grant for strategic planning.
- Opera Jacksonville (Duval County) – To develop a website which will act as a por-

ting breakfast options and Dick's Wings will donate lunch.

For information see Audrey or Amanda at the gym, 474285 SR 200 in Yulee, at O'Neil Scott Road. Call 432-8120.

Music class

Amelia Community Theatre will hold a musical master class for youth ages 8-17 on Oct. 13 from 6-8 p.m. at 207 Cedar St. Kristin Sakamoto, who directed the past two Broadway musical theater summer camps for ACT, will be the instructor. There is no advance registration; an optional \$5 donation is suggested for those attending the class. For more information, email actheatre@att.net or call 261-6749.

Breast health event

Baptist Health physicians will discuss breast health and breast cancer at "Dessert and Discussion," an annual event about breast health and breast cancer, Oct. 16 from 6-8 p.m. at the Hill Breast Center at Baptist Medical Center (fourth floor classroom), 1235 San Marco Blvd., Jacksonville.

Kevin Winslow, MD, reproductive endocrinologist and obstetrician and gynecologist, will discuss fertility issues faced by breast cancer patients;

Ankit Desai, MD, plastic surgeon, will talk about reconstruction options; and Tina Reynolds, registered dietitian for Baptist Health, will provide education about nutritional considerations. Joan Ryan, a master yoga educator, will share how yoga therapy can help breast cancer survivors.

RSVP by Oct. 14 to (904) 202-RSVP (7787) or go to www.eventbrite.com/e/dessert-and-discussion-tickets-12666211981.

Art of living

Burke & Ames Wellness is hosting free workshops in its Master the Art of Living Series. Topics include, Oct. 16, Open the Door to Happiness; and Oct. 30, Relief & Control of Pain. Workshops are held from 5:30-6:30 p.m. at 5422 First Coast Hwy., Amelia Island. Refreshments will be served. Call to reserve a seat at 557-0162.

Volunteers needed for tax season

The Nassau County Volunteer Income Tax Assistance (VITA) program is looking for volunteers for the 2014 tax season.

The VITA program (a RealSense Prosperity Campaign and United Way Initiative) provides free electronic and paper income tax filing assistance for low to moderate income and elderly tax filers. The program has been in place for more than 10 years in Nassau County and

files over 500 returns each year for eligible taxpayers.

If you have a financial background, tax preparation experience or have several years of filing your own tax return using commercially available computer software, the program could use your help.

Volunteers will be provided with IRS study material, tax preparation software, tax publications and must pass IRS certification tests. Preparing and filing of tax forms will start

in late January and run through April 15 at The Atlantic Avenue Recreation Center on Tuesdays and Thursdays from 1-5 p.m. and on Wednesdays from 4-8 p.m.

Study material, software and publications will become available in November and training will occur in early December. If you would like to be a part of this community program, please contact Genece Minshew at gminshew@gmail.com or 491-0185.

Urgent need for used eyeglasses

The Nassau County Volunteer Center in Fernandina Beach, in partnership with the Lions Club of Callahan, has announced that it is collecting used and about-to-be discarded eyeglasses, sunglasses and hearing aids for use in developing countries to improve the quality of life.

At the present time, there is an urgent need for these items. Additional sites for Lions Club eyeglass collection in Nassau County include Barnabas New

to You Resale Store (14th Street), Coastal Vision Center (14th Street), Walmart Supercenter in Yulee, and Harris Teeter Super Market in Fernandina; as well as MCCI (Highway 301), Callahan Pharmacy and Callahan BBQ in Callahan.

Please consider dropping off your old glasses or hearing aids at the offices of the Nassau County Volunteer Center at 1303 Jasmine St., Suite 104A, Fernandina Beach,

or one of the other collection sites in Nassau County.

The Volunteer Center enlists volunteers to support nonprofit agencies and their work in Nassau County and conducts projects of its own to assist those in need.

For more information or to volunteer, stop in the office, call 261-2771, or email ncvcfb@aol.com.

Visit the Volunteer Center at volunteernassau.org and on Facebook.

'A hungry child can't learn'

HEATHER A. PERRY
News-Leader

Menus online

Download the free smartphone app or check out school menus online at nutrislice.com.

Information about each food, including a photo, description, nutritional and allergen information, is available.

At nassau.nutrislice.com parents can print a PDF of their child's school's menu or view it from their phone. The information also is available from the main county website: nassau.k12.fl.us. Just click on Cafeteria News.

more iceberg lettuce."

Vegans, vegetarians or those with a gluten-free diet also are considered.

"With our menus being online, parents can go online or on their phone – there's an app that will allow them to remove items that don't meet their child's requirements," said Jones. Parents can view their child's cafeteria transactions, add money to their accounts, receive low balance alerts and email notifications at www.myschoolbucks.com or get the app on their phone from the app store or Google Play.

Jones hopes to partner with small local farms to be able to do farm to school vegetables for individual schools.

With close to 50 percent of schoolchildren in Nassau County being on free or reduced lunch, Jones pointed out there is a new system to identify at-risk children who need to be on the list.

A Nassau County native, the cheerful nutritionist was delighted to have the opportunity to return to her hometown after a long stint in Gainesville where she did research in pediatric

nutrition at UF and Shands Hospital.

"This research just rocked my world. I just fell in love with the idea of how powerful nutrition is. We were using nutrition to treat children with epilepsy."

Excited about the field of nutrition, Jones switched gears from her original plans to become a physician and instead obtained her doctorate in nutrition.

Moving back home, Jones was introduced to Allyn Graves, the previous director of Food and Nutrition for Nassau County schools and found her niche.

"I interned with her for a few months and was absolutely shocked by what is involved in school food and fell in love."

Although she's a PhD now and not an M.D., Jones feels as if she's still involved in her original path.

"I've always been in the pediatric and nutrition part so this keeps me involved with children and food, which I love. God placed me in the right place at the right time and I pray that He will use me to impact children's lives and better this com-



HEATHER A. PERRY/NEWS-LEADER

"I hope to change the perception of school food service. It is no longer sloppy joes and mystery meat," says Lauren Jones, the new director of Food and Nutrition Services for the Nassau County School Board.

munity."

Jones' lineage on the island goes back many years.

"I graduated from Fernandina Beach High School and so did my parents, Dennis and Mary Julia Little. Actually, they went to school right here in the School Board building."

Jones' grandfathers were Cecil Brewton, a local physician in town, and Cliff Little, a local shrimper.

An active member of the Journey Church, Jones volun-

teers there and with Take Stock in Children. Leisure activities include tennis, baking and crafting.

She shares her island home with husband, Lance, and their five-month-old daughter, Addison Grace. The family's furry companions are Max and Lola, a pair of Yorkies they found on the side of the road.

The Nassau County School Board is located at 1201 Atlantic Ave. Phone 491-9924.

thype@fbnewsleader.com

YULEE *Continued from 1A*

site was donated by Rayonier real estate subsidiary TerraPointe. The property sits in an area near the intersection of A1A and William Burgess Boulevard on the north side of A1A, Burnette said.

TerraPointe representatives agreed to have the site cleared and prepared before building starts, according to Burnette.

It will take at least 15 months to complete the project. Burnette said the goal is to have the school finished so that classrooms could be ready to move into before the start of the 2017-18 school year.

The new building will be large enough to facilitate anywhere from 600 to 800 students to relieve overcrowding at Yulee Elementary and Yulee Primary schools. The elementary school will join eight other traditional brick and mortar elementary, primary and intermediate schools. Nassau Virtual School serves K-12 students via online.

Traffic issues through the area will be addressed.

"We're going to probably put in an interchange to allow for safe entrance and exit at that site," Burnette said.

Although nothing is formalized contractually, Burnette said school officials will be working with the Florida Department of Transportation as FDOT works to complete a lengthy road widening project along A1A in the coming years.

"We know they're coming and they know we're coming," he said.

The district has utilized the architectural firm R. Dean Scott for other projects. It partnered with Schenke and Schultz during the 2009 and current renovations at Hilliard Middle-Senior High School and additions at West Nassau High School recently, Burnette said.

kcolgrove@nassaucountyrecord.com



Working parents can't afford health care

Florida News Connection

TALLAHASSEE – Florida parents are among those feeling the effects of the state's decision to turn down federal dollars to expand Medicaid.

A new report by the Urban Institute examines the impact to the more than 800,000 Floridians who fall into the coverage gap; they don't qualify for publicly funded health coverage or an insurance policy through the Affordable Care Act.

Genevieve Kenney, co-director of the Urban Institute's Health Policy Center, said states such as Florida, which opted out of Medicaid expansion, might be hung up on partisan issues.

"It could also be that there's been so much focus on, and so much rhetoric around, the politics of the Affordable Care Act," she said. "Maybe not quite as much focus on the human dimension, and what is at stake for families."

The report said states that have accepted federal funding have seen nearly a 33 percent

drop in the rate of parents without health insurance. Florida lawmakers turned down the funding because of concerns over costs to the state. The federal government is paying 100 percent of the cost until 2016 and will reduce its funding to 90 percent by 2020.

Leah Barber-Heinz, chief executive of Florida CHAIN – a group working to increase access to affordable health care – said passing up Medicaid expansion has been tough for Florida, with its large service and hospitality industry.

"There are so many folks that are working in the service industries, and these are low-wage positions," she said. "They do not have access to health coverage in many of these jobs, and a lot of them are parents and have children at home."

Seventeen percent of uninsured parents surveyed reported having fair or poor health, and slightly more said they had mental health concerns. In her job, Barber-Heinz said, the difficult part is telling parents they're not eligible for health coverage, through Medicaid or

the Affordable Care Act.

"It's very frustrating to have to tell them that there are no options for them, essentially," she said, "and the research has shown over and over again that when parents have coverage, children are much more likely to have coverage, and to have health care as well."

According to the research, nearly half of the uninsured parents who were studied lived in southern states and more than half were Latino.

The report is online at hrms.urban.org.

GRAND OPENING



WILLIE JEWELL'S

Old School Bar-B-Q

**THURSDAY,
OCTOBER 2ND
at our Yulee
Location**

**Smoked for Hours
Served in Minutes!**

Smokehouse Stackers

Hope you brought your appetite and some extra napkins (All Stackers served on larger seeded bun with one side)

Slawpy Pig

Heaping pile of Pulled Pork topped with coleslaw. 9.99

Bo-Hawg

Our famous BBQ Pork topped with Cheddar Cheese and a Smoked Sausage link. 9.99

Bird Dog

Our signature Smoked Turkey topped with a sliced Smoked Sausage link. 9.99

Barnyard Burger

A ½ pound Hamburger grilled to perfection topped with Pulled Pork and Cheddar Cheese. 9.99

Two Timer

Choice of Two Smoked Meats (pork, brisket, turkey or sausage). 9.99

Sandwiches

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(All Platters served with two sides and Texas Toast)	
Pork	9.99
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How to avoid date, or acquaintance, rape

Date rape or acquaintance rape refers to a sexual assault that occurs within the context of a dating relationship. In many date rapes, the male believes he is entitled to payback because he probably initiated the date, paid most of the expenses and used his vehicle. Or he interprets a woman's resistance as a form of coy game playing on her part, thinking no means maybe and maybe means yes. They will delude themselves into believing that the woman wanted it.

Friend or foe
It was not until the early 1980's that acquaintance rape began to assume a more distinct form in the public consciousness. In 1985, in the popular Ms. magazine Mary Koss informed readers of the scope and severity of the problem. By debunking the myth that unwanted sexual advances and intercourse were not rape if they occurred with an acquaintance or while on a date, Koss compelled these victims to reexamine their own



MENTAL FITNESS

Janice Clarkson

basis of the book, *I Never Called it Rape*, 1998, by Robin Warshaw.

Half of all rapes happen on dates, with teenagers being particularly vulnerable. The risk of sexual assault is four times greater for 16-to 24-year-olds. Of the women who are sexually assaulted, 69 percent were sexually assaulted by men known to them. Four out of five female undergraduates at Canadian uni-

versities said that they had been victims of violence in a dating relationship, and 29 percent of them reported incidents of sexual assault.

The Fuel of Alcohol
The connection between alcohol use and date rape is strong. In more than half of sexual assaults involving dating partners, alcohol had been consumed by either or both partners. Women who consume alcohol may be perceived as sexually available and more likely to be targets of sexual predators. However, a woman's drinking in and of itself should not be assumed to increase her risk of sexual victimization.

Under date rape conditions, the victim often blames herself for the attack and is often blamed by others for arousing her date. In some cases a sexual assault by a date or acquaintance may be more traumatizing than by a stranger because of the implicit trust involved and the violation of that trust.

Prevention is not just the responsibility of the potential victims. Men may try to use acquaintance rape myths and false stereotypes about what women really want to rationalize or excuse sexually aggressive behavior. The most used defense is to blame the victim.

Take Control of the Date
Here are some precautions women can take to protect themselves against date rape:
Meet new dates in public places, and avoid driving with a stranger or a group of people you have just met.

Communicate your sexual limits to your date while sober and allow your date to do the same. Tell him how far you would like to go so that he will understand the limits. For example, if your partner starts fondling you in ways that make you uncomfortable, tell him, "I like you, but I am not getting intimate at this point in our relationship." You do not need to apologize for the limits you set.

Be firm.
The more definite, direct and firm with someone who is sexually pressuring you, the less likely he will be to misinterpret your wishes.

Pay attention to your intuition: Trust your gut feelings. Many victims of acquaintance rape said afterward that they had a strange feeling about the man, but ignored it. Act on it. If your date makes hostile comments or insists on making all the decisions, or seems extremely jealous or possessive, this person will not be respectful of your right to refuse sex.

Think twice about going to your date's room, dormitory or apartment. Be careful about inviting a man into your room or apartment. Some men see this as an invitation to sexual activity. Being in familiar surroundings does not provide security.

Heavy petting or removing some of your clothing may confuse your date about what you are willing to do sexually. When you send conflicting messages, the situation becomes more difficult for you to control.

Stay aware and alert. Do not accept drinks from anyone you do not know well or from anyone you do not trust. Do not leave your drink unattended. If you are accepting a drink, make sure it is in an unopened container and that you open it yourself. Do not allow anyone you do not know well to escort you home if you are under the influence of any substance. Call your friends or family and ask them to take you home.

Stay sober and see that your date does too: Alcohol can loosen inhibitions, cloud judgment and make one more vulnerable to non-consensual sex.

If you are in immediate danger, call 911.
Janice Clarkson, EdD, is a Licensed Mental Health Counselor, Certified Addiction Professional.
jjclarkson@earthlink.net
www.businesswomenmentor.com

MENTAL

Continued from 1A
preferred term), and that the first episode can start at age 11. A woman in the group said her son tried to commit suicide some 15 years ago and to this day she is in constant worry that he will try again.
"I always want to ask," she said.

Another woman said her son came back from active military service with post traumatic

stress and he has been violent and threatening to the point where she had been scared to have him live in the family home.

"And that's my baby boy," she said.

Another woman said she is in a constant state of worry because of her husband's chronic illness.

"Every time they call me to the phone at work my heart jumps into my throat," she said. Instructors said early inter-

vention is important.

"Don't ignore signs of trouble," said Mays. "Look for signs and symptoms."

Does the person cry or take care of their appearance? Do they have headaches or fatigue?

Assessing the situation for the risk of suicide or harm is the first step in the five-point plan known as ALGEE, said Mays, which also includes listening without judgment, giving reassurance, encouraging professional help and encouraging self-help and other support strategies.

The instructors advised participants not to belittle the problem by saying this: Snap out of it.

"People can't just snap out of it," said Wheeler, who is a behavior health team leader.

It is OK to say this: "It is hard for me to understand exactly what you are going through but I can see that it's distressing for you."

This is also OK: "If the feelings that you are describing have been present for a long time, I think it's important that you see your family physician."

The instructors said sit down to talk and sit close.

The class included videos about depression, how to tell a panic attack from a heart attack (it's difficult) and whether it is better to treat mental illness holistically or with medication.

"There is no one right

Mental health help

Starting Point Behavioral Healthcare offers a Mental Health First Aid training program that features a five-step plan to help identify, understand and respond to a person with mental illness. It is known as ALGEE and it stands for:

- Assess for risk of suicide or harm.
- Listen non-judgmentally.
- Give reassurance and information.
- Encourage appropriate professional help.
- Encourage self-help and other support strategies.

For more information or to participate in a local Mental Health First Aid training session, visit Mental Health First Aid in Nassau County online at www.mhfanassau.com or call Starting Point at 225-8280.

The 24-hour National Suicide Crisis Helpline is 800-273-8255.

answer," said Wheeler.

There was also role-playing, which included asking someone in distress if they were considering suicide.

"That's something you really, really want to pay attention to," said Mays.

She had participants turn to each other and say point blank:

"Are you thinking of killing yourself? Do you have a plan?"

Whatever the answer, be reassuring and have information ready.

"It's a big responsibility to be a mental health responder, try not to let that overwhelm you," said Mays.

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Worksite wellness initiative to improve county's health

A Small Business Worksite Wellness Breakfast is scheduled from 8:30 a.m. Oct. 15 at the Fernandina Beach Golf Club. The cost to register is subsidized by a grant and is \$10 per person and includes breakfast.

A panel of experts will present ideas and methods to build an effective program in a small business. Registration is online at www.islandchamber.com/events.aspx.

Following the breakfast, businesses may sign up to receive free worksite wellness development consultations from the First Coast Worksite Wellness Council. Cost for the consultations is also provided by the remaining portion of funding from the federal Centers for Disease Control grant.

A Small Business Worksite Wellness initiative is under way in Nassau County. The initiative was made possible by an Achieve grant (Action Communities for Health, Innovation and Environmental Change) provided through the federal Centers for Disease Control and awarded to the YMCA of

Florida's First Coast. The purpose of the grant was to develop and implement strategies to reduce chronic diseases and to identify and promote public policy change in Nassau County. The grant was only one of 10 CDC grants given to YMCA's in the country.

The local leadership team includes Dr. Ginny Seidel, director of the Nassau County Department of Health, Nassau County Schools Superintendent John Ruis, Baptist Medical Center Nassau CEO Stephen Lee, architect John Cotner, former FSCJ director Don Hughes and Tim DeViese and Amy Kienle, vice presidents at YMCA of Florida's First Coast.

The group was tasked with identifying areas critical to improving the health and well-being of Nassau County residents such as tobacco prevention, promoting physical activity through built environment and worksite wellness. The main focus was not so much programming but seeking to implement changes in public policy that would in turn cause an improvement in

health. A large scale example of policy change would be policies related to tobacco use in public areas.

As part of the ongoing aspects of the grant work, the committee chose to enlist the help of the nonprofit First Coast Worksite Wellness Council as part of its worksite wellness focus area. The council provides education and resources for workplaces of all sizes to begin or enhance their employee worksite wellness programs. Improving the health and well-being of employees not only improves the health of the company but, along with other local initiatives, helps to support healthier communities.

The Nassau County Worksite Wellness task force was formed that included representatives from the Amelia Island-Fernandina Beach-Yulee Chamber of Commerce, Nassau County Health Improvement Coalition, the FCWWC, the Florida Department of Health Nassau County, Baptist Health Nassau, Northeast Florida AHEC and others.

Consumer confidence at post-recession high

GAINESVILLE – Floridians' consumer sentiment this month reached its highest level since before the Great Recession began and after it ended, according to a monthly University of Florida survey. The index inched up one point from August to a level not seen since April 2007.

"This is a welcome development given that consumer sentiment has been flat for the last few months," said Chris McCarty, director of UF's Survey Research Center in the Bureau of Economic and Business Research. "While we are still about 10 points behind where we would like to be at this point in a recovery, confidence among Floridians is heading in the right direction."

The small rise, which parallels an uptick in confidence nationwide, was broad-based among all ages and income levels. Of the five components that comprise the survey, two rose, two declined and one remained unchanged.

Survey-takers' overall opinion over whether they are financially better off now than a year ago rose, while their expectation that personal finances will improve a year from now fell.

The survey also shows that confidence in the national economy over the coming year dropped, but faith in U.S. economic conditions over the next five years remained unchanged.

Meanwhile, respondents' perception whether now is a good time to buy a big consumer item, such as a refrigerator, shot up. "This is the highest level for this component since March 2007 and a big driver of the rise in sentiment in September," McCarty said.

A mixture of economic indicators is affecting Florida's consumers. After showing significant improvement since late 2010, the unemployment rate rose 0.1 percent in August. "Most economists would agree that we should be doing better than 6.3 percent, which is higher than the U.S. unemployment figure of 6.1 percent," McCarty said.

The median price of a single-family home in Florida declined in August to \$180,000, the first drop since January. "A recent report by CoreLogic, an Irvine, Calif., research firm,

found that 24.3 percent of Florida homes are still underwater, compared with a national average of 10.7 percent," McCarty said. "The likelihood of a rate hike by the Federal Reserve in 2015 will almost certainly result in an increase in mortgage rates, but significant housing price increases over the next year are not likely."

Meanwhile, inflation has remained low and declined in August, led largely by declines in energy prices. Gas prices in Florida fell more than five cents in September and are predicted to drop lower.

Recent gains in the U.S. stock market, meanwhile, could be offset by sanctions imposed by the U.S. and Europe against Russia over the Ukrainian crisis, which are heavily impacting European countries that trade

more directly with Russia, McCarty said. "Ultimately these effects will spill back to Florida indirectly through potential declines in the stock market and more directly by declines in both tourism and housing purchases by Europeans," he added.

Construction and housing in Florida have been recovering over the past two years, due in large part to population growth. But a Federal Reserve rate hike could lead to a temporary, but natural, stock market correction and a slowdown in housing sales and construction, McCarty said.

When the timing of that rate hike becomes clear, "We can expect at least a temporary decline in our consumer sentiment index in Florida," McCarty said.

Baptist, MD Anderson cancer pact

JACKSONVILLE – Baptist Health and the University of Texas MD Anderson Cancer Center have signed a letter of intent to form a partnership that will provide adult cancer patients in the region with greater access to the most advanced cancer care available.

The institutions have agreed to create a joint cancer program in North Florida next year that will enhance patient access to MD Anderson's renowned treatment protocols, clinical trials and translational research.

When formalized, the agreement will make Baptist Health a partner member of MD Anderson Cancer Network, the institution's program to elevate the quality of cancer care in communities throughout the nation and world. As a partner, Baptist Health will be operationally and clinically integrated with MD Anderson and contribute to its mission to end cancer.

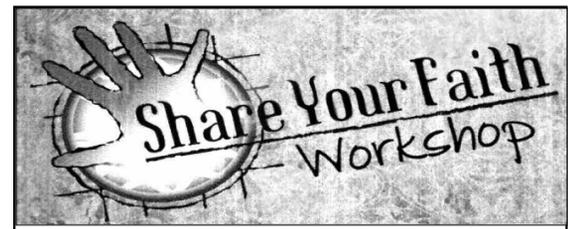
There are currently only two other MD Anderson partners in the nation: the Banner MD Anderson Cancer Center in Gilbert, Ariz., and MD Anderson Cancer Center at Cooper in Camden, N.J.

"This is truly a game-changer," said Hugh Greene, president and CEO of Baptist Health, in a press release. "MD Anderson is recognized as the leader in cancer care in our nation and across the globe. With such an incredible partner, we intend to transform cancer care in our region and provide even more hope and courage for our cancer patients and their families."

Based in Houston, MD Anderson is the largest free-standing cancer center in the world. Since its inception in 1941, nearly one million patients have sought the innovative cancer care and prevention services that have made MD Anderson respected. The institution consistent-

ly has been ranked as one of the top two hospitals for cancer care by *U.S. News & World Report's* "Best Hospitals" survey. MD Anderson also ranks first in the total amount of grant dollars from the National Cancer Institute. MD Anderson employs more than 20,000 people, including more than 1,800 physicians and scientists.

Baptist Health includes five hospitals with 1,154-licensed beds, 1,658 medical staff and more than 250 outpatient facilities throughout North Florida and South Georgia, including Baptist Medical Center Nassau. Baptist Jacksonville and Baptist South are ranked among America's Best Regional Hospitals for cancer by *U.S. News & World Report* and Baptist Cancer Institute is one of the region's leading providers of cancer prevention, screening, diagnostic and treatment services. All four of Baptist Health's adult hospitals have breast centers.



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WHAT:

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- Session 2: Using Your Hand To Share The Gospel
- Session 3: Overcoming The Fear of Witnessing
- Session 4: Finding People Who Are Open
- Session 5: Sharing The Gospel With Stories
- Session 6: Leading in Commitment
- Session 7: Developing A Love For The Lost
- Session 8 : Developing an Ongoing Gospel Ministry



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BRONZE STAR MEDAL



SUBMITTED

U.S. Army Staff Sgt. Michael (Vince) Edwards with his parents, Nassau County Sheriff's Director Mike Edwards and Wendy Edwards, has received the Bronze Star Medal.

Edwards has been on three deployments with the 101st Airborne, two to Iraq and one to Afghanistan.

He distinguished himself "by exceptionally meritorious service to the United States as a Squad leader, 2nd Platoon, Charlie Company, 2nd Battalion, 508th Parachute Infantry Regiment, Task Force Security Forces, (Task Force 2 Fury) United States Forces, Afghanistan, Kabul, Afghanistan from 10 December 2012 to 01 September 2013 during Operation Enduring Freedom. As a Squad Leader, SSG Edwards greatly extended influence beyond Battalion and Brigade level Chain of Command for his rank and level of responsibilities in an exceptional manner while conducting Security Force missions in support of Combined Security Transition Command-Afghanistan (CSTC-A). SSG Edwards was handpicked by multiple General Officers and high ranking officials to personally provide security during high visible and mission critical assignments. During the Afghanistan elections, SSG Edwards led a patrol in support of Sia Sang in which his element was the only Coalition Force Joint Command, a true testament of his tactical and technical proficiency.

"SSG Edwards received numerous accolades for his performance, professionalism, and magnificent results as convoy commander. His phenomenal leadership skills are viewed on the level of a senior Platoon Sergeant; he is by far the most tactically efficient Squad Leader maneuvering non-tactical vehicles in the sensitive city of Kabul. His exceptional dedication, attention to detail and his unique drive enable him to ensure every assigned non-standard mission was accomplished to the highest standard. Staff Sergeant Edwards managed and led a nine Paratrooper Airborne Infantry Rifle Squad in direct support of the CSTC-A. He conducted squad mission planning for more than 114 Security Force (SECFOR), Guardian Angel, and Personal Security Detail missions while protecting more than 80 soldiers, Department of the Army Civilians and Contractors from different entities. Staff Sergeant Edwards supervised 540 hours of Platoon collective SECFOR patrol time, over a span of 1,865 miles, and led more than 200 missions as a convoy commander and truck commander. Staff Sergeant Edwards displayed a wealth of initiative during this period, continuously finding ways to improve the operations of the entire Company. . . .

"Staff Sergeant Edwards directly affected operations and set the standard for other Noncommissioned officers to follow. Staff Sergeant Edwards' actions are in keeping with the finest traditions of military serviced and reflect credit upon himself, Task Force 2 Fury, the 82nd Airborne Division, the United States Forces Afghanistan, and the United States Army."

Time to think about the flu

TALLAHASSEE – Flu season is almost here and the Florida Department of Health urges residents and visitors to take precautions to reduce their risk of infection. Influenza is a serious disease that can lead to hospitalization and sometimes even death.

"Getting vaccinated is the single best way to protect yourself and your family against influenza," said State Surgeon General and Secretary of Health Dr. John H. Armstrong. "I encourage all Floridians to get your flu vaccination before Halloween, wash your hands often and stay home when you are sick."

Everyone aged six months and older should get the flu vaccine. Vaccination to prevent influenza is particularly important for people who are at high risk of serious complications from influenza, such as pregnant women, children under the age of 5 and people of any

age with certain chronic medical conditions (such as asthma, diabetes or heart disease).

It can take up to two weeks after vaccination for antibodies to develop in the body and provide protection against influenza virus infection. In the meantime, you are still at risk for getting the flu. That is why it is important to get vaccinated early in the fall, before the flu season really gets under way.

Symptoms of the flu may include headache, fever, severe cough, runny nose or body aches. Contact your health care provider immediately if symptoms appear.

The department offers the following prevention tips:

Get vaccinated every year since flu viruses change.

Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.

Wash your hands often with soap and water. If soap and

water are not available, use an alcohol-based hand sanitizer.

Avoid touching your eyes, nose and mouth since germs are spread this way.

Avoid close contact with sick people.

If you or your children are sick with a flu-like illness, stay home for at least 24 hours after your fever is gone, unless you need medical care.

Check with your physician, your local county health department or visit www.floridahealth.gov/prevention-safety-and-wellness/flu-prevention/locate-a-flu-shot.html to see where flu vaccine is available in your area.

For more information, visit www.floridahealth.gov/programs-and-services/prevention/flu-prevention/index.html.

To learn more about the spread of flu in Florida, visit <http://floridahealth.gov/floridaflu>.

POLITICS IN BRIEF

Leeper to speak

All Republican families are invited to attend the Westside Republican Club's meeting on Tuesday at 7 p.m. at the Hilliard Community Center, 37117 Pecan St.

Nassau County Sheriff Bill Leeper will speak on Amendment 2 – Use of Marijuana for Certain Medical Conditions. This amendment will be on the Nov. 4 ballot for all Florida voters.

County budget topic

Nassau County's budget and projected tax increase will be among the issues discussed by Nassau County Clerk of Court and Comptroller John Crawford at the Men's Newcomers Club monthly luncheon to be held Thursday, Oct. 16 at the Fernandina Beach Golf Club, 2800 Bill Melton Road. Club members gather for meet-and-greet at 11:30 with the luncheon beginning at noon.

Crawford, who serves as the county's chief financial officer as well as clerk of the circuit court, will be reviewing Nassau County's fiscal

health as well as the role of the clerk and checks and balances of local government. He was elected to his post in 2005 and has been reelected unopposed twice.

Luncheon tickets are \$15 in advance if reservations are made by Saturday, Oct. 11 and \$17 at the door. Send your \$15 lunch check to MNC POB 16291, Fernandina Beach, FL 32035.

For more information, see the club's website at <http://mensnewcomersclub.org>

Candidate forum

A city candidate forum is scheduled at 7 p.m. Thursday, Oct. 16 at City Hall, 204 Ash St. For information, contact former mayor Susan Hardee Steger at 261-4372 or susan@fernandinaobserver.com.

Legislative Delegation

State Rep. Janet H. Adkins, chair of the Nassau County Legislative Delegation, announces the organizational meeting to elect the 2015 delegation

chair, and the general legislative hearing of the Nassau County Legislative Delegation.

The meeting will be on Thursday, Dec. 4 from 6-8 p.m. at the Nassau County Commission Chambers located within the James S. Page Governmental Complex at 96135 Nassau Place, Yulee.

Interested citizens wishing to be placed on the agenda for the Dec. 4 public hearing are asked to contact Adkins' office at 491-3664 prior to close of business Friday, Nov. 14.

Local bill information and procedures are also available at www.myfloridahouse.gov under the Reference Materials Section.

All material or handouts for this meeting should be delivered to Adkins' office no later than Nov. 17. The office is at 905 S. Eighth St., Fernandina Beach.

For additional information, contact Jim Adams at Adkins' office at 491-3664 or by email at james.adams@myfloridahouse.gov.

All Nassau County Legislative Delegation meetings are open to the public.

Amelia Island Jazz Festival

October 16 to 19, 2014

Check out the new website for more Festival details!

Les DeMerle
Amelia Island

JAZZ
FESTIVAL

Poster Art by Marquis Glenn

Randy Brecker

Tickets available online
www.AmeliaIslandJazzFestival.com



Sunday, October 12 - **FREE JAZZ AT AMELIA PARK**
featuring the exciting Navy Band Southeast's TGIF

Thursday, October 16 - **HOT LATIN JAZZ CONCERT/DANCE & WINE TASTING**
featuring El Niño and the Latin Jazz Knights

Friday, October 17 - **JAZZ ON FRIDAY WITH TONY MONACO**
featuring exciting Jazz Organist DownBeat poll winner Tony Monaco & The Dynamic Les DeMerle Band with Bonnie Eisele and Sax virtuoso Hunter Diamond

Saturday, October 18 - **JAZZ ON SATURDAY WITH RANDY BRECKER**
featuring the Grammy Award winning trumpet artist Randy Brecker with a Tribute to the Brecker Brothers **Horace Silver Celebration** with Mike Levine, Dennis Marks, James Hogan and Steve Strawley, Hunter Diamond plus special guests

Sunday, October 19 - **DIXIE TO SWING JAZZ BRUNCH AT DAVID'S**

Tickets also available at the UPS Store next to Publix & AIFBY Chamber of Commerce - A1A & Amelia Parkway

A not for profit 501(c)(3) corporation, the Les DeMerle Amelia Island Jazz Festival distributes proceeds toward a scholarship program to fund college educations for aspiring jazz musicians.



facebook

AMELIA ISLAND
FLORIDA

NEWS LEADER

PARK WEST GALLERY

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NL/PSA

Nassau County Council on Aging's
Ruby Jubilee

Enjoy DYNAMIC Jazz
with the
Les DeMerle Band
With Bonnie Eisele!

JOIN US

In Celebrating 40 Years
of Exemplary Service to Seniors!

Friday, October 10, 2014 6-10 P.M.
Omni Amelia Island Plantation
Full Dinner, Live and Silent Auctions
Reservations are \$100 pp
Available Online at www.coanassau.com

All proceeds benefit the NCCOA's programs Call 261-0701 for more info!

NL/PSA

**NEWS
LEADER**FLORIDA'S OLDEST WEEKLY NEWSPAPER
ESTABLISHED IN 1854

The News-Leader is published with pride weekly for the people of Nassau County by Community Newspapers, Inc., Athens, Georgia. We believe that strong newspapers build strong communities — "Newspapers get things done!" Our primary goal is to publish distinguished and profitable community-oriented newspapers. This mission will be accomplished through the teamwork of professionals dedicated to the truth, integrity, quality and hard work.

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CNI Community Newspapers, Incorporated

The views expressed by the columnists and letter writers on this page are their own and do not necessarily reflect the views of the newspaper, its owners or employees.

Child abuse in Nassau County

In last month's Family Forum column, I highlighted the benefits of being a foster parent and the positive impact foster parents have on the lives of local children. This month, my focus is on parental behaviors that result in a child coming into the child welfare system.

I reviewed data from Florida's Center for Child Welfare, zeroing in on the trends for the last two years. A couple of things jumped out.

Nassau County averages about 58 reports to the Child Abuse Hotline every month. Of these, about 15 reports are verified; meaning that the Department of Children and Families (DCF) investigated the allegation, determined it was valid and the children entered the child welfare system.

In Nassau, the number one cause of maltreatment to children is substance abuse, with family violence ranking second. These two categories make up 69 percent of the verified maltreatment cases in Nassau County. By comparison, they account for only 44 percent of the verified cases statewide.

When talking to my friends at the Nassau Alcohol Crime and Drug Abatement Coalition, they confirm that alcohol and marijuana are the top two forms of substance abuse in Nassau County. There is often a direct connection between substance abuse and violence.

What happens to the children who are the innocent victims in the middle of all this?

In many cases, the substance abuse takes place in the home, around the children, endangering the children. Scenarios include: the

**FAMILY FORUM**

Lee Kaywork

abuser becomes violent or no longer has the capacity to monitor young children; mom falls asleep with an infant in her arms, rolls over and smothers the baby; a toddler wanders out of the home and drowns in a pool or pond; a child is hungry and asks to eat but dad gets mad and beats him; mom and boyfriend party all night then get into a fight that escalates into the kids getting hurt. Sadly, the list is endless.

Somewhere along the line, thankfully, someone calls the Child Abuse Hotline and DCF gets involved. Depending on the circumstances, every attempt is made to preserve the family. In some cases, the children are removed immediately and Family Support Services of North Florida (FSS) provides services to the parents and to the children, with a goal of reunification. Most often, however, the children remain in the home under close supervision by child welfare professionals. Again, FSS provides services that are designed to protect the safety of the child while working on the root causes through therapies, counseling and other interventions. If the problems persist and the children are not safe, they are removed from the home. Most are placed with relatives or family friends to minimize trauma to the children. Otherwise,

In Nassau, the number one cause of maltreatment to children is substance abuse, with family violence ranking second.

the children are placed with a licensed foster parent.

Our primary focus is to provide a safe environment for the children while we work with the family to resolve the issues that caused the removal. If the safety factors can be corrected, then reunification is the primary goal. But if the courts determine that the issues cannot be resolved, then parental rights are terminated and the children become available for adoption. Either way, the traumatic impact on the children is tremendous.

When parents behave irresponsibly by exposing their family to substance abuse and/or violence, the children suffer. FSS can help. Call us at 225-5347.

Lee Kaywork is the chief executive officer of Family Support Services of North Florida (FSS), the lead agency for foster care, adoption and family preservation in Nassau and Duval counties. FSS sees firsthand and understands the challenges of child safety, parenting and family dynamics, and works with the community to keep children safe.

Lee@fssnfor

COMMUNITY THANKS**Ben Byrns Runway Rally**

The plan was in place as you may have read in last week's *News-Leader* article, "Ben Byrns Runway Rally ready to take flight" by staff writer Mary Maguire. It was an awesome article that told about entertainers and formation flights. We were all excited for what our runners were about to experience. However, this all changed due to Mother Nature and maybe for the best. For those of the 580 plus runners that had a chance to run in Saturday's Ben Byrns Runway Rally, the light rain and mist may have been a godsend from previous years of sun and heat on the runways. I would like to apologize for not having our planned entertainment and Tiger Flight (due to the weather) and hope to bring more surprises with future rallies.

This year you may have noticed a large increase in participants. This was due to the "School Challenge" idea of Ben Byrns Foundation board member Rick Keffer. It was awesome to see so many students and young adults participate in this event which Rick and Hollie Keffer supported and financed. Thank you very much!

As always, thank you to the city of Fernandina Beach for the support and use of the airport. Bobby Kozakoff, from airport operations, did a great job of having the airport in beautiful shape for this event as usual. Thank you to Bobby and Sean McGill and staff for organizing and setting up the course on that rainy dark morning. Sen. Aaron Bean, well what can I say? He kept the attention of all our spectators for over an hour while the runners were out on the course. We couldn't have done it without you and you know how much we appreciate your participation. Thanks!

I also want to thank the 580-plus runners who wanted to come out to the runways and participate rain or shine. I hope you all had a good time and come back to run the rally in the future.

The sponsors in our community were very supportive and we thank and appreciate them! If you can, please visit the businesses that sponsored this year's race. They are listed on the back of your shirts! Also, many businesses donated to our silent auction and there were many individuals that sponsored a child. We thank all of you.

This event couldn't have taken place at all without the hard work done by the Ben Byrns Foundation board and volunteers. Thanks to you all! Mary Ann Schroeder worked day and night with the big job of registration, race packets, organizing volunteers and all the organization's financials. Her husband John was my right-hand man with all the labor-intensive jobs that go along with setup. Thanks to you both.

This year, with the larger number of participants, Mark Ross, Keith Waldrip and their parking crew handled it like professionals along with Steve Filkoff and the auxiliary police. I could have sworn that they do this as a second job somewhere. Thank you for a job well done!

The countless numbers of volunteers would be too long to list, they were simply amazing. To the many friends and families that pitched in to make this year's race a success, I wish I could name you all but I'm sure I'm limited to space. You know who you are and I want to thank you from the bottom of my heart. I couldn't do this without your support.

With the success of this race, we hope we can make a difference in our community with organizations that support our mission of striving to educate and guide young adults to make good choices in your lives. For the young adults that attended the 2014 Ben Byrns Runway Rally on Sept. 27, you made a great choice to come out and run. Thank you!

**Ken and Laurie Byrns
Ben Byrns Foundation**

HOW TO WRITE US

Letters must include writer's name (printed and signature), address and telephone number for verification. Writers are normally limited to one letter in a 30-day period. No poems will be published. Letters should be typed or printed. Not all letters are published. Send letters to: Letters to the Editor, P.O. Box 16766, Fernandina Beach, FL, 32035

E-mail: mparnell@fbnewsleader.com.
visit us on-line at fbnewsleader.com

Smoke alarms

When was the last time you tested the smoke alarms in your home? Was it last week? Last month? A year ago?

If you're like many people, you may not even remember. Smoke alarms have become such a common feature of U.S. households that they're often taken for granted, and aren't tested and maintained as they should.

However, working smoke alarms are a critical fire safety tool that can mean the difference between life and death in a home fire. According to the nonprofit National Fire Protection Association (NFPA), smoke alarms can cut the chance of dying in a home fire in half. Meanwhile, NFPA data shows that home fires killed more than 2,300 people in 2012; many of these deaths could have been prevented with the proper smoke alarm protection.

As a member of the fire service for 18-plus years, I've seen the devastating effects of fire first-hand; the burn injuries, the loss of homes and possessions are distressing. What's even worse is witnessing a family's anguish after a loved one has been killed in a fire. It's heart-breaking.

As the official sponsor of Fire Prevention Week, Oct. 5-11, 2014, NFPA is promoting "Working Smoke Alarms Save Lives: Test Yours Every Month!" to better educate the public about the true value of working smoke alarms.

My sincere hope is that all Nassau County residents will make sure there are working smoke alarms installed throughout their homes. These simple steps can help make a life-saving difference, and prevent the potentially life-threatening impact of fire.

Here are additional smoke alarm tips to follow:

- Install smoke alarms in every bedroom, outside each separate sleeping area and on every level of the home, including the basement.
- Interconnect all smoke alarms throughout the home. When one sounds, they all sound.
- Test alarms each month by pushing the test button.
- Replace all smoke alarms, including alarms that use 10-year batteries and hard-wired alarms, when they are 10 years old or sooner if they do not respond properly.
- Make sure everyone in the home knows the sound and under-

VOICE OF THE PEOPLE

BOB ENGLEHART/THE HARTFORD COURANT

stands what to do when they hear the smoke alarm.

To learn more about the "Working Smoke Alarms Save Lives: Test Yours Every Month!" campaign, visit NFPA's website at www.firepreventionweek.org.

**Larry (Danny) Royal
2nd Vice President
Nassau County Fire Rescue
Professionals L3101**

Ignoring the people

County Commissioners Boatwright, Leeper and Edwards have ignored the "voice of the people" by voting to raise taxes. Nassau citizens voiced their opinion against raising taxes when they voted for Steve Kelley and George Spicer in the primary. Both Kelley and Spicer ran on a ticket of keeping taxes low.

In spite of "the people" voicing a desire for lower taxes, these three commissioners voted to raise property taxes.

In spite of tough economic times, when people are struggling to make ends meet, these three commissioners voted to raise property taxes.

In spite of being presented a budget by Steve Kelley which clearly showed how to balance the budget without raising taxes, these three commissioners voted to raise property taxes.

This failure on the part of these commissioners to follow the wishes of the voters should have consequences.

During the next election for

county commissioners, I hope voters will not forget that Commissioners Boatwright, Leeper and Edwards raised taxes during rough economic times, while ignoring a budget that made a tax increase unnecessary.

**Rebecca Walker
Fernandina Beach**

Statewide amendments

Vote by Mail ballots (absentee) have been mailed. Before all the distorted partisan ads were released, I did my research and applied logic to these issues. I have voted and will share what I found and believe.

Amendment 1: We live in Florida primarily for the wonderful but fragile ecosystem. We have an obligation to protect it. This amendment asks that we do this by returning the funds that have been diverted to the general fund. This is not a new tax. Document stamps are paid by those who are adding an additional burden to the land and water resources. The amendment asks that we return to a net 30 percent of this fee for this conservation. The administration fee has been roughly 10 percent throughout. I reviewed the spreadsheet of how the document stamp funds were used from 2007 until this year and the projections for the future if this is passed and if it is not. By using a percentage instead of an amount, it will vary with the economy. It also has a 20-year sunset. I voted Yes.

Amendment 2: This is the Medi-

cal Marijuana issue. First this is not the pot you can acquire on almost any high school or college campus. It has had the THC (fun stuff) removed. It must be prescribed by a medical doctor for use by very ill patients (cancer or seizures). We all know someone with cancer and many of us know someone suffering with seizures. Medical Marijuana is relatively inexpensive, highly effective and is not addictive. I know many people who have used Oxycontin, Oxycodone and Percodine after medical procedures. These drugs are very expensive, the effectiveness is suspect and they are very addictive. There are commercials questioning the fact that caregivers are protected from prosecution. These commercials do not use Webster's definition — a caregiver is a person who provides direct care (as for children, elderly people or the chronically ill). I do not believe drug dealers provide direct care. I vote Yes. Amendment 3: This amendment would allow an outgoing governor to fill vacancies on the state Supreme and Appellate courts (occurring that same day) on his last day in office. There is a Judicial Nominating Committee, but he is not required to follow those recommendations. This means there is no responsibility or accountability. We have got to be kidding! I voted No.

So I say vote Yes, Yes, No (absolutely not).

**Carla Voisard
Yulee**

Learning a new way to eat

As a self-professed cookie monster, I panicked when my new doc said he wanted me to abstain from all wheat products for two weeks and get a blood test for celiac disease.

I was elated when the blood test came back negative, but Doc wasn't as quick to accept the results, saying, "You can still have a wheat sensitivity without having celiac disease. Let's keep you on the allergy elimination diet another week or so."

My spirits sank. It wasn't enough to be deprived of all my favorite baked goods, crackers and pretzels, he also took me off eggs and cheese, and even mentioned avoiding soy.

Eliminating dairy and eggs had been on my list for some future point but I was unprepared for this enforced deprivation.

I gave up cow's milk years ago but I still adore cheese and eggs so I was pretty miserable about following Doc's orders.

Take it from me: a gluten-free English muffin topped with faux cheese will never measure up to a crispy slice of French bread slathered with lots of gooey mozzarella.

I drew the line at the soy edict, reasoning that since I've been eating soy meat substitutes for years, surely they weren't the culprit for my unrelenting discomfort.

I got a nasty wakeup call when I tossed a couple slices of my favorite faux bacon beside my GF waffle one morning. A little while later, that all too familiar pain welled up and I figured

**NEWS-ROOM VIEWS**

Heather A. Perry

because of the gluten.

I was delighted to learn there's such a thing as GF tofu, so I decided to give it a try.

Much to my surprise, it's not half bad when prepared properly. My first foray into the world of tofu involved an easy recipe for faux egg salad.

After squeezing the water out of the cubed tofu and crumbling it up with a fork, I added diced celery and red onions, a heaping teaspoon of pickle relish, a tablespoon of sliced black olives and a dollop of a mayonnaise substitute called Veganaise. But it was the double dash of turmeric that gave my faux egg salad

the faux bacon must be to blame. Sure enough, I was shocked when Internet research revealed none of the products from my favorite meat substitute company were gluten free. Oh, great! Now what?

I'm the first to admit I've never been a great lover of tofu. The first time I tried it, it tasted like flavored pencil erasers.

Oddly enough, I developed a taste for sliced tofurkey when searching for non-meat sandwich items but that was off the menu now

its golden color and exotic flavor. Perfect!

Piled between two slices of toasted gluten free bread and accessorized with a leaf or two of crisp romaine and juicy heirloom tomato slices, it was a delicious lunch.

Preparing tofu for dinner was a more elaborate process. After the usual pressing out of the water, one is meant to marinate the tofu as it is virtually tasteless on its own.

Eager to improve my culinary prowess, I poked through my cupboard to see what I had on hand to perk up this bland protein. I splashed it with soy sauce, citrus flavored balsamic vinegar, extra virgin olive oil and some spices, and put it in the fridge in a covered glass bowl to marinate overnight.

I may need to experiment a little with the marinade but the first effort was certainly palatable when served with some wilted kale and brown rice for a healthy, delicious meal Doc would surely approve.

This new way of eating is both a learning process and a test of will power, but I'm always up for a challenge, especially when it will improve my health.

And if Doc lets me have eggs and cheese back, I think I can deal with this new way of eating, especially if it resolves the unrelenting pain that has plagued me the past three years.

Heather A. Perry is a reporter at the *News-Leader*.

type@fbnewsleader.com

COMMUNITY

SOUNDS ON CENTRE TONIGHT



The Beech Street Blues Band plays Sounds on Centre from 6-8 p.m. tonight. The free concert series presented by the Historic Fernandina Business Association takes place between Front and Second streets in downtown Fernandina. Visit www.downtownfernandina-beach.com.

SUBMITTED

Pillowcase sewing bee set for Saturday

For the News-Leader

The first workshop Lollipops Quilt Shop sponsored to benefit ConKerr Cancer was so successful that they have scheduled a second one on Saturday from 10 a.m.-4 p.m. at the shop at 1881 South 14th St., Suite 5, in Fernandina.

"I am just thrilled that Lollipops is doing this again. It was amazing how many helpers participated that day. Laurie Malm and Mary Davis, Lollipops owners, donated the most adorable fabric, and at the end of the day the group had made 140 adorable pillowcases for children with cancer at Wolfson, Nemours, Shands and PedsCare," said Sylvia Hurst, Nassau County Coordinator for ConKerr Cancer.

There will be three shifts of helpers Saturday, and to join in, just call Lollipops at 310-6616 and sign up. It is great fun and for such a wonderful cause, said Hurst.

ConKerr Cancer - A Case for Smiles provides fun, colorful pillowcases to chil-



SUBMITTED

Lollipops Quilt Shop is sponsoring a workshop to make pillowcases for ConKerr Cancer on Saturday from 10 a.m.-4 p.m. at the shop at 1881 South 14th St., Suite 5, in Fernandina.

dren with cancer and other serious illnesses. The cases are sewn by volunteers, and locally the goal is 150-200 pillowcases a month for Wolfson Children's Hospital, Nemours, Shands and PedsCare.

"The children love them," Hurst added. "They do bring a smile to the kids and their families during such a difficult time. We send lots and lots of different designs so that each child can have a pillowcase that reflects their inter-

ests."

Participants may bring their own machines if they like, threaded with neutral colors, either sewing machines or sergers. There will be machines available at the shop for participants to use also.

You may want to bring basic sewing supplies like scissors, but there will also be a need for people to cut and press. And if you have fabric to contribute to the cause, that would be most welcome.

Jordi receives 'Good Neighbor Award'

County Extension Director/Horticulture Agent Rebecca Jordi was recently honored by the Nassau Farm Bureau with their "Good Neighbor Award." The award was presented to Jordi by Nassau County Commissioner Walter "Jr." Boatright and Gil Quarrier, both Nassau County Farm Bureau board members.

The Nassau County Farm Bureau "Good Neighbor Award" was started in 2008. The award is presented to an individual who is recognized by their peers for establishing themselves as one who goes above and beyond to help those in need.

"Through her hard work and dedication to the Nassau County Extension Office, she has proved to be an individual who truly exemplifies herself to be qualified for this award," stated Kirby Kitler, county secretary for the bureau.

This year, Florida Farm Bureau Federation celebrates 72 years of service to agriculture. With about 147,000 members, Florida Farm Bureau is the state's largest agricultural organization. There are Farm Bureaus in



PHOTO COURTESY OF THE NASSAU COUNTY FARM BUREAU

Gil Quarrier, left, and County Commissioner Walter "Jr." Boatright present County Extension Director/Horticulture Agent Rebecca Jordi with the Farm Bureau Good Neighbor Award.

60 counties in this state, where agriculture is second only to tourism in economic importance.

The Florida Farm Bureau Federation's mission is "to

increase the net income of farmers and ranchers, and to improve the quality of rural life." FFBF's vision is: "Florida Farm Bureau will be the most effective, influential

and respected Farm Bureau in the nation. To truly be recognized as Florida's Voice of Agriculture."

"I am honored to receive the Good Neighbor Award from the Nassau County Farm Bureau. This award represents the contributions made by Extension staff and volunteers, in our commitment to promote the importance of agriculture not only on a statewide level, but right here in Nassau County," said Jordi.

Nassau County Extension staff conducts programs in 4-H and Youth Development, Family & Consumer Sciences, Environmental Horticulture and Agriculture & Natural Resources. Volunteers, under direction of Extension agents in all four program areas, work to improve the quality of life in the community.

To learn more about Nassau County Extension programs, see the website at: <http://nassau.ifas.ufl.edu/index.html>, or contact the office at 879-1019. Master Gardeners are on office duty on Fridays, from 10 a.m. until 2 p.m. at 491-7340.

WEDDING ANNIVERSARY

Camarotti

The Rev. and Mrs. Frank Camarotti are celebrating their 50th wedding anniversary with a trip to Montego Bay, Jamaica. Upon returning, a celebration will be held at Maggiano's Restaurant in Jacksonville with their children, grandchildren and great-grandchildren.

The Rev. Camarotti is pastor at Five Points Baptist Church in Fernandina Beach. Brother Frank and Diane served with the Southern Baptist International Mission Board as missionaries to Romania.

The Camarottis have ministered in the Yulee-



The Camarottis

Fernandina Beach area for more than 28 years.

MILITARY NEWS

■ Army Pvt. Douglas R. Baggett has graduated from basic combat training at Fort Jackson, Columbia, S.C.

During the nine weeks of training, the soldier studied the Army mission, history, tradition and core values, physical fitness and received instruction and practice in basic combat skills, military weapons, chemical warfare and bayonet training, drill and ceremony, marching, rifle

marksmanship, armed and unarmed combat, map reading, field tactics, military courtesy, military justice system, basic first aid, foot marches and field training exercises.

Baggett is the son of Joseph Baggett of Jacksonville and Debra Beck of Bryceville.

He is a 2014 graduate of West Nassau High School, Callahan.

Florida clerks tackle domestic violence

For the News-Leader

October is Domestic Violence Awareness Month. During this time, the Clerk of Courts Office encourages members of the local community to become familiar with how the local office can help you or someone you know.

Unfortunately, one in four women and one in seven men in the United States suffer physical violence at the hands of their spouses, intimate partners or even family members.

Additionally, three out of four Americans personally know someone who is or has been a victim of domestic violence. When applied to the state of Florida alone, these statistics are staggering and show what a tremendous impact domestic violence has on our local communities.

However, it is vital that we recognize that this violence is not inevitable, nor is it "somebody else's problem."

"In order to effectively make strides against this issue and improve these statistics within Nassau County, we must not remain silent upon experiencing, witnessing or hearing about incidents of domestic violence," said John A. Crawford, Clerk of Courts & Comptroller.

With this in mind, it is important to focus on what we

can do to help victims and, ultimately, how we can put an end to domestic violence. Florida's Court Clerks are keenly sensitive to the needs of domestic violence survivors and take these matters very seriously. They are committed to assisting victims, with complete confidentiality and discretion, throughout the entire process of filing reports and connecting victims with advocate programs.

Domestic violence is a prominent issue and the Florida Court Clerks stand ready to protect community members and lend a helping hand for those in need of domestic violence assistance. They work very closely with the local sheriff's office, ensuring that both safety and justice are achieved for victims and their families in the event that a domestic violence incident occurs.

If you or someone you know is suffering from domestic violence, please contact the Nassau County Clerk's Civil Department at 548-4609.

The Clerk of Courts Office is located in the Robert M. Foster Justice Center, 76347 Veterans Way, Yulee, www.nassauclerk.com.

Reference: Statistics from National Domestic Violence Hotline: www.thehotline.org/is-this-abuse/statistics.

Dental foundation gives \$6,000 to Barnabas

TALLAHASSEE - The Florida Dental Association Foundation (FADF) is proud to announce the donation of \$75,000 in grant funding to support local clinics providing Project: Dentists Care services.

This funding will provide grants ranging from \$3,000 to \$7,000 to 15 clinics to support free and low-cost dental services, including \$6,000 for the Barnabas Center dental clinic.

"The Florida Dental Association Foundation is thankful for the chance to help improve the health of our communities," said Dr. David Russell, president of the Florida Dental Association Foundation,

in a press release.

"By providing basic dental care services, we can make a significant impact in Floridians' lives by helping prevent dental disease, which can cause infections, bone or nerve damage and tooth loss."

Project: Dentists Care is a statewide dental access network overseen and supported by the Florida Dental Association Foundation. Under this program, clinics and referral programs are organized by local dentists who volunteer their time and services to provide preventative and restorative dental care to Floridians in need.

Visit barnabasnassau.org.

Genealogy meeting Oct. 21

The Amelia Island Genealogical Society will meet at 7 p.m. Oct. 21 at the community room of the Fernandina Beach Police Department, 1525 Lime St.

Amy Larner Giroux will present "Urban Research: Pick a Church, Not Just Any Church." Learn to use city directories, ward maps and other resources to pinpoint the location of your ancestor's church. A case study will provide a detailed example.

Larner Giroux, PHD, CG,

CGL is a researcher, lecturer and writer with geographic specializations including New York City, the Lower Hudson Valley and Pensacola.

She is an award-winning author with articles published in the *National Genealogical Society Quarterly*, the *New York Genealogical and Biographical Society Record* and *The Genealogist* (American Society of Genealogists). Her research interests include burial iconography and ethnic studies.

Public welcome.



Welcome to God's House

<p>Ron Anderson</p> <p>• BUICK • GMC • CHEVROLET</p> <p>464054 SR 200, Yulee (904) 261-6821</p>	<p>FAMILY DENTISTRY FOR ADULTS & CHILDREN</p> <p>Most Insurances Accepted Call For Appointment 261-6826</p> <p>Dr. Robert Friedman A1A at Bailey Rd.</p>
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<p>Steve Johnson Automotive</p> <p>1505 S 14th Street Fernandina Beach, FL 904-277-9719</p> <p>Proudly Supporting Our Community</p>	<p>THIS SPACE AVAILABLE. CALL 261-3696 AND ASK FOR AN AD-VISOR TO PUT THIS SPACE TO WORK FOR YOU.</p>

FLORIDA'S OLDEST WEEKLY NEWSPAPER

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Modesty in an Immodest World



We live in a world that is immodest in so many ways. Some athletes and performers boast immodestly of their skill and prowess in ways which would make the humbler athletes and performers of bygone eras blush. But, we are also immodest in more literal and physical ways, that is, by how much our bodies we put on display. A hundred years ago, ladies and gentlemen considered it unseemly if they were not covered almost literally from the neck down. Now it seems that necklines and waistlines have plunged to the point where very little is left to the imagination. We seem to have no shame about displaying body parts that just a generation ago would have been mortifying. We should consider what it means to live and dress modestly in an immodest world. In the midst of others flaunting their bodies and screaming from the rooftops how great they are, a modest person will try to stand out as a moral exemplar.

- Christopher Simon

"On the contrary, those parts of the body that seem to be weaker are indispensable, and the parts that we think are less honorable we treat with special honor. And the parts that are unpresentable are treated with special modesty, while our presentable parts need no special treatment."

1 Corinthians 12:22-24

The diesel snowball

It has long been a head-scratcher why Europe's new vehicles are 50 percent diesel and our country is around 4 percent. In the first half of 2014, the general market in the U.S. was up 4.2 percent and diesel sales were up 25 percent. All predictions see diesels gaining more traction in a hurry. For the 96 percent not buying diesels, you might ask why would I consider one? My research took me to a *Business Insider* article listing some compelling reasons.



KEFFER'S CORNER

Rick Keffer

percent residual value at 36 months. That compares to 53 percent for gas and 55 percent for hybrids. Added value perceptions are a product of demand and good owner experiences. The mileage estimates for diesels are more real world or even conservative. The EPA ratings on hybrids have been at times overstated, and some have had to be adjusted. Fuel range on a diesel is much better. A Passat diesel can go 800 miles on a tank of fuel. Diesel fuel costs more and there is an average cost of \$2,500 extra for the diesel

engine. Generally, it is not for the low-mileage driver. They operate better when driven regularly, and that is where the savings can equalize the investment. By comparison, hybrids cost an average of \$4,100 more and electric vehicles \$13,000 more. Another equalizer for the diesel fuel costs in the high-end market is that premium fuel in similar to diesel in cost.

Diesel fuel is now readily available in our country. Recharging stations will be needed in great numbers if electric vehicles are to grow in practical use. Ever wonder why the semis are all diesel? Performance, operating costs and longevity are a quick answer. Do those concepts have appeal in the general market? They do in Europe and globally. It seems inevitable that the United States will gravitate to more diesel sales.

Why am I a fan? Selling

Mercedes in Wilmington, N.C., (1978-1988) led me to attend the mandatory training classes. Our burly instructor, Dietrick Rheinfeld, was an awesome trainer. He kept the room at 62 degrees, so you were alert. We had to learn to sell a noisy motor and hard seats to prospects comparing puffy seats and no engine noise. I have been a believer for decades and enjoy seeing the snowball growing. It's not for everyone, but it will end up in a lot more driveways.

October, the start of the fourth quarter, means 2014 is winding down. Do something special this quarter – say, buy a new or used vehicle. Have a good week.

Rick Keffer owns and operates Rick Keffer Dodge Chrysler Jeep in Yulee. He invites questions or positive stories about automobile use and ownership.

rwkcar@aol.com

'Old School' barbecue restaurant in Yulee

Jacksonville-based Bono's Pit Bar-B-Q is bringing its fast-casual sister concept, Willie Jewell's Old School Bar-B-Q, to Yulee.

The franchisees, Paul and Donna Hinch, joined the Willie Jewell's family in 2012 with their location in Kingsland, Ga. After success with their first store they are excited for another grand opening of Willie Jewell's Old School Bar-B-Q in Yulee. This will be the third location in the concept, which will now have locations in Florida, Georgia and South Carolina.

Willie Jewell's Old School Bar-B-Q was created by Joe Adeb, owner and president of Bono's Bar-B-Q, and Vice President Josh Martino. The concept has a smaller menu and a less expensive check average, but will still smoke all of its barbecue the old-fashioned way, the low and slow method that has made Bono's a Jacksonville

favorite since 1949. Adeb and Martino were looking for an opportunity to enter the rapidly growing fast-casual market as well as a less expensive franchise package for potential franchisees and area developers.

Willie Jewell Daniels was a real person and someone that made a big impact in Adeb's life. Adeb's grandfather rescued Daniels from the streets of Jacksonville when she was only a teen. She went to work in their family restaurant and quickly proved that she could cook almost anything. Adeb attributes 95 percent of his cooking knowledge to Willie Jewell and says, "Not only was Willie Jewell an incredible cook, she was an incredible person."

The new location, slated to open on Thursday, is located at 463155 SR 200 at the intersection of A1A and US 17. Contact Josh Martino at 904-207-6540 for franchise information.

BUSINESS SPOTLIGHT

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DOMESTIC DESIGNS



CINDY CROW BUDDY BOYD

Buddy Boyd and Cindy Crow opened Domestic Designs Roofing, Inc. ("Domestic Designs") in Fernandina Beach in early 2001 following careers in the construction and legal industries. Growing up in Texas, Buddy began building custom homes in 1984 while Cindy practiced law. Following his custom home building in Texas, Buddy extended his construction experience through jobs in civil engineering, production and custom home construction and commercial and residential roofing sales. Cindy practiced litigation with an emphasis in construction and insurance law. In 2001, they opened Domestic Designs Roofing, Inc. to concentrate solely on residential and commercial roofing and have never looked back.

Buddy holds licenses from the state of Florida as both a Certified Roofing Contractor and a General Contractor and is OSHA certified. The company is licensed and insured.

Since 2001, Domestic Designs has met the roofing needs for new and existing homeowners and commercial businesses in Nassau, Duval, St. Johns, Clay and Baker counties. The company's 5 crews install shingle, metal, tile and flat roofs as well as provide inspection, repair, additional installation and cleaning services for both residential and commercial customers.

A full service company, Domestic Designs works with homeowners and builders everyday to provide the highest quality, warranted roofing services at the lowest costs and least inconvenience. "Everyone's needs are different. I enjoy working with individual homeowners and builders to solve their specific problems and meet their needs. I understand that any type of home or business construction can be challenging so it is our goal to provide every client with the most cost effective and least intrusive solutions. In today's fast-paced and economically challenging environment, you cannot expect anything less," said Boyd.

The company offers a wide variety of products including GAF/Elk, CertainTeed, Owens-Corning, Monier, Hanson and American Tile, all of whom offer a complete line of warranties.

With recent changes to the state of Florida's wind mitigation roofing requirements, there are many new savings opportunities for residential and commercial owners. "We offer clients several roofing options to save money on their homeowners' and wind insurance policies," said Boyd. "We work closely with local insurance agents and have seen that many owners today are unaware of the savings opportunities available to them through policy discounts related to roofing modifications. We can evaluate, with owners, their individual needs and available options".

Additionally, Domestic Designs partners with a certified solar technology and installation firm to provide energy efficient roofing solutions that reduce your carbon footprint and utility expense. "We are excited about the unlimited opportunities we now offer in alternative energy resources and costs savings," said Boyd.

To discuss your roofing needs or to simply learn more about potential roofing modifications, related to insurance savings or energy efficient roofing solutions, call Buddy Boyd at 904-321-0626 or 904-753-1438. They look forward to working with you.

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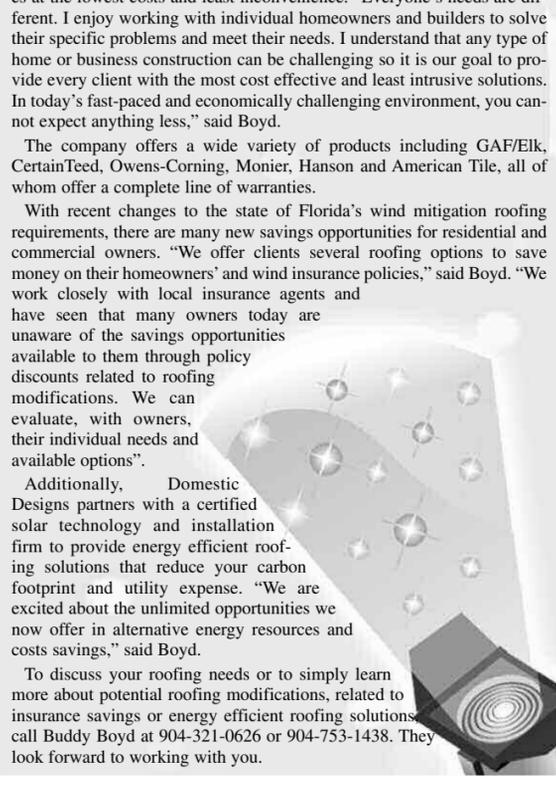
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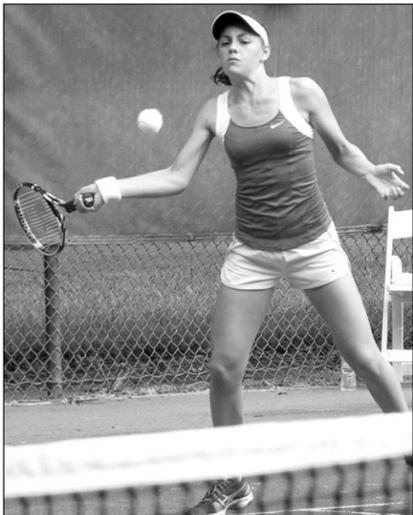
16-year-old wins title at Omni Amelia Island Plantation

Neel wins after Hall retires from an injury

The Omni Amelia Island Plantation and the United Tennis Association wrapped another successful Amelia Island Women's Tennis Championship with U.S. player Ingrid Neel taking home the title. She defeated veteran player Edina Gallovits-Hall after Hall retired at 4-4 due to an injury.

Neel, currently living in Bradenton and being coached by IMG, calls Minnesota home and was here all week with her coach from Minnesota.

The doubles team of Maria-Fernanda Alves and Keri Wong defeated Andie K. Daniell and Sophie Chang in an exciting two sets, 7-6(6), 7-6(4).



Ingrid Neel, 16, left, won the singles title at the Amelia Island Women's Tennis Championship over the weekend. Right, Maria-Fernanda Alves and Keri Wong are pictured with the runners-up doubles team of Andie K. Daniell and Sophie Chang.

SUBMITTED PHOTOS

One hundred percent of the tournament ticket pro-

ceeds go toward youth tennis player development and

equipment in the community. For information on tennis

programs at the Omni Amelia Island Plantation Resort, call

1-800-TheOmni or visit omni-ameliainlandplantation.com.

HOMEcoming READERS



SUBMITTED PHOTOS

Yulee High School football players, cheerleaders and mascot Buzz spent time Tuesday reading to students at Yulee Primary School and Yulee Elementary School in celebration of homecoming this week. The football team hosts Paxon tonight at 7 p.m. in a district matchup.



GOLF NEWS

• Big Brothers Big Sisters of Northeast Florida will host the 19th annual Reggie Hunt Memorial Golf Classic Oct. 24 at the Amelia River Golf Club. The event is held annually in Nassau County in memory of William Reginald Hunt Jr., a former Fernandina Beach High School student-athlete and six-year participant in the Big Brothers Big Sisters of Northeast Florida in Nassau County. Registration begins at 12:30 p.m. with a 1

p.m. shotgun start. A reception with prizes will be held following the tournament, including prizes and recognition for the top three teams that raise the most money for BBBSNEFL and carry the lowest tournament net score.

For information, to register a team or become a sponsor, contact Rainey Crawford, Nassau County area manager, at (904) 485-0126 or rcrawford@bbbsnefl.org.

• The Fernandina Beach Men's Golf

Association announces its 33rd annual October 4 Ball tournament at the Fernandina Beach Golf Club Oct. 11-12 with over \$3,000 in cash and prizes. Two-man handicapped format with Saturday captain's choice and Sunday bet-ter ball shotgun start at 9 a.m. Three flights based on age; under 60 white tees, 60-71 gold tees and over 71 red tees with an eight-shot differential in team handicaps.

Entry fee is \$99 and includes greens and

cart fees, range balls, hole-in-one prizes for Saturday and Sunday.

Players must be FBMGA members. Join as a tournament member for \$30, which entitles players to participate in any FBMGA tournament in which the FBMGA has donated cash prizes — at least six in 2015.

Entry forms available at the Fernandina Beach Golf Club or by emailing John Rudd at john_carolyne@bellsouth.net.



SUBMITTED PHOTOS

Yulee Middle School quarterback Jaxon Crosby catches a pass from Chase Crider, above. Below, the defensive line.

Hornets sting Trinity 48-6

The Yulee Middle School football team routed Trinity Christian 48-6 Tuesday. The Hornets led 32-0 at halftime.

Maurice Moore had 100 rushing yards and a trio of touchdowns. Antwuan Alexander had 129 yards and a score. Jordan Richo had 62 yards and a TD and Chase Crider had 75 yards and a touchdown. The Hornet offense had 418 rushing yards, 460 total on the night.

"We started out strong, scoring on the first play of the game," YMS Coach Shaun Forbes said. "Maurice Moore ran for 60 yards.

"I want to give full credit to the offensive line and tight ends. Chase Crider, Gavin McKnight, Colin Williams, Jason Dubberly, Bryson Smith, Timothy Fields and



Lahken Montgomery.

"The defense played great all night. Jordan Richo and Austin Wood led the way for

the defense."

Yulee plays Bolles Tuesday night at 6 p.m. It's homecoming for the Hornets.

SPORTS SHORTS

FBHS homecoming

The Fernandina Beach High School homecoming parade will be downtown at 4 p.m. Oct. 10. The community is invited to participate in the parade. Anyone interested in participating should contact Rob Hicks at Fernandina Beach High School at 261-5714 or robert.hicks@nassau.k12.fl.us.

Natural High 5K

Nassau Alcohol Crime and Drug Abatement Coalition and Students Working Against Tobacco are hosting a 5K in Callahan, the inaugural Natural High 5K, Oct. 4 at West Nassau High School. Registration begins at 7:30 a.m. and the 5K race begins at 9 a.m. Opening ceremonies start at 8:30 a.m. Prize for top three finishers. Fee is \$20. For information, call (904) 955-0159.

Tennis at Golf Club

Adult and junior tennis lessons and clinics are now offered at the Golf Club of Amelia Island. Contact USPTR certified pro Susie DeMille at (954) 816-4595 or email susiedemille@aol.com for information.

Sign up for YBA hoops

The Yulee Basketball Association registration for the 2014-15 season is now open. For information and to register visit www.YuleeBasketball.org. All athletes must register online no later than Nov. 7. A mandatory try-out/skills assessment is Nov. 9 (10U 1-3 p.m.) (12U 2-4 p.m.) (15U 3-5 p.m.). Early registration is highly recommended as the number of athletes for tryouts and participation in the YBA is limited.

Coaches and volunteers are needed. Contact YuleeBasketball@gmail.com.

Sheriff's Shootout

The Nassau County Sheriff's Office and NCSO Charities are sponsoring the second annual Sheriff's Shootout sporting clay tournament Nov. 7 at Amelia Shotgun Sports in Yulee.

Registration starts at 9 a.m.; shooting begins at 10 a.m. with the awards ceremony at 11:30 a.m., followed by lunch. All participants will receive a hat and T-shirt.

Test your shooting skills against Sheriff Bill Leeper, fellow law enforcement officers and area leaders while helping raise money for NCSO Charities to benefit the community. Form a four-person team for \$500 or a two-person team for \$300. Sponsorships are available.

For information or to sign up, contact Larry Boatwright at 548-4027 or email at lboatwright@nassauso.com.

Workshop for library

Martial arts expert Dan Kelly will teach area residents "how to protect themselves, become better prepared, not become a victim, and how to escape from arm grips and choke holds," at a special self-defense workshop Oct. 4 at the Atlantic Avenue Recreation Center, 2500 Atlantic Ave., Fernandina Beach.

Kelly served with the U.S. Marshall Service, was an Air Force security specialist, has a black belt in Aikido martial arts and has

led self-defense classes for more than two decades. He has scheduled this special workshop as a benefit for the Fernandina Beach Library expansion and renovation that will be completed next spring.

Tickets are available for a donation of \$20 or more to Friends of the Library. Kelly is donating his expertise and 100 percent of the proceeds will help purchase library furniture and equipment.

All residents 14 years old and older are encouraged to attend. The class will take place from 9 a.m. to noon at the recreation center. Class size is limited to the first 50 participants who sign up at the library with their donation of \$20 or more. If there is sufficient interest, a second workshop may be added.

For tickets and information, visit the Fernandina Beach Public Library, 25 N. Fourth St., or call 277-7365.

Sailing Club meets

The Amelia Island Sailing Club meets the first Tuesday at the Kraft Athletic Club at Ten Acres. Social hour at 6:30 p.m., meeting at 7:30 p.m. For information, contact Commodore Roger Henderson at (904) 624-2711 or commodore@ameliaislandsailing.org or visit www.ameliaslandsailing.org.

Upward Basketball

Upward Basketball and Cheerleading registration at First Baptist Fernandina is now open for kids in kindergarten through sixth grade.

There are no travel teams and just a one-hour practice and one-hour game each week. Coaches use practices and games to teach and build basketball skills while making sure the kids have fun. Kids will also learn teamwork and build self-esteem in the basketball leagues and kids basketball camps, making for a positive sports experience.

Deadline for registration is Nov. 22. This year, basketball shorts and cheerleading mock turtlenecks are included at no additional cost. Early registration (before Oct. 30) is \$75. After Oct. 30, the fee is \$90.

First Baptist, Fernandina is located at 1600 S. Eighth St. Visit <http://Upward.FBFirst.com> or drop by the church office during regular business hours and pick up a registration form.

NSFA meetings

The Nassau Sport Fishing Association holds its monthly business meetings on the second Wednesday at Kraft Ten Acres, 961023 Buccaneer Trail, Fernandina Beach. The social get-togethers are held on the fourth Wednesday.

Additional information, directions and reservations are available on the NSFA website at www.nsfafish.net.

The Nassau Sport Fishing Association, founded in 1983, is a 501c3 nonprofit organization, created to develop and promote salt-water fishing in the Nassau County area while adhering to state, federal and local regulations, to encourage compliance with rules of water safety by club members and the general public and to promote youth-related community and other civic minded activities.

Contact President John Hartrich at 206-0817 or email info@nsfafish.net.

RECREATION ROUNDUP

FERNANDINA BEACH PARKS & RECREATION DEPARTMENT

YOUTH BASKETBALL
REGISTRATION through Oct. 3. Register at the Atlantic Center. Four age groups offered: 8U (6-8) co-ed; 10U (9-10) co-ed; 12U (11-12) separate boys and girls divisions; and 14U (13-14) separate boys and girls divisions. Player evaluations are Oct. 13-14 at Peck Gym.

Player draft Oct. 15 at the Atlantic Center Auditorium. Practices begin week of Oct. 20; season begins week of Nov. 10. Games on Thursday evenings or Saturday mornings at Peck Gym. Six-game regular season, tournament in each division.

Fees are \$45 city residents, \$55 non-city (\$5 discount for additional sibling) and due today. Copy of birth certificate required. Volunteer coaches needed. Contact Jay Robertson at 310-3361 or jobertson@fbfl.org.

OPEN ADULT VOLLEY-

BALL at Peck Gym Tuesdays and Fridays from 7-9 p.m., \$2/day city resident, \$5 non-city.

YOUTH VOLLEYBALL at Peck Gym Tuesdays and Fridays from 3-5 p.m. for school and club teams. Players must have adult coach or adult supervision. Call at least 24 hours in advance: 310-3353. \$2/day city resident, \$5 non-city resident.

OPEN INDOOR SOCCER at Peck Gym Wednesdays from 6-8 p.m., \$2 city residents, \$5 non-city.

OPEN BASKETBALL at Peck Gym Monday, Wednesday, Thursday from 11 a.m.-5:45 p.m. and Tuesday and Friday from 11 a.m.-2 p.m., based on court availability.

MAHARAJ TENNIS
• Junior clinics through December (Monday-Thursday): Level 1 (Monday/Wednesday from 3:45 p.m., ages 4-8) and Level 2 (Monday/Wednesday from 3:45-4:30 p.m., ages 6-10), \$48 city residents, \$64 non-city.

2014 SCHEDULES

YULEE HIGH SCHOOL		
Varsity Football		
Oct. 3	PAXON* (HC)	7:00
Oct. 10	at Ribault*	7:00
Oct. 17	at Baker County*	7:00
Oct. 24	BISHOP KENNY* (SR)	7:00
Oct. 30	at Stanton*	7:00
Nov. 7	at West Nassau	7:30
*District		

FERNANDINA BEACH HIGH SCHOOL		
Varsity Football		
Oct. 3	at Fort White*	7:30
Oct. 10	WEST NASSAU (HC)	7:00
Oct. 17	at Hilliard*	7:30
Oct. 31	MADISON*	7:00
*District		

FERNANDINA BEACH HIGH SCHOOL		
Junior Varsity Football		
Oct. 8	at West Nassau	6:00
Oct. 16	at Hilliard	6:00
Oct. 23	YULEE	6:00

FERNANDINA BEACH HIGH SCHOOL		
Boys Golf		
Oct. 2	YULEE	4:15
Oct. 7	at Episcopal/Creekside	4:00
Oct. 8	at Yulee	4:00

FERNANDINA BEACH HIGH SCHOOL		
Varsity Football		
Oct. 13	DISTRICT	9:00
Oct. 21	Regional	
Nov. 3-5	State	

FERNANDINA BEACH HIGH SCHOOL		
Volleyball		
Oct. 3-4	at Bolles tourney	
Oct. 7	BOLLES	5:30/6:30
Oct. 9	at Raines*	5:30/6:30
Oct. 10-11	JV at Bishop Kenny tourney	
Oct. 14	CREEKSIDE	5:30/6:30
Oct. 16	at Ponte Vedra	5:30/6:30
Oct. 20-23	District 4-4A at WNHS	
* District		

FERNANDINA BEACH HIGH SCHOOL		
Cross Country		
Oct. 4	at Mustang Invitational	7:30
Oct. 9	Nassau County	4:30
Oct. 18	AMELIA INVITATIONAL	8:00
Oct. 22	District 3-2A	
Nov. 6	Region 1-2 at Pensacola	
Nov. 15	State 2A at Tallahassee	

FERNANDINA BEACH MIDDLE SCHOOL		
Football		
Oct. 7	BAKER COUNTY (HC)	6:00
Oct. 14	at Episcopal	6:00
Oct. 22	at Bolles	5:00

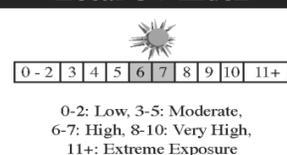
YULEE MIDDLE SCHOOL		
Football		
Oct. 7	BOLLES MIDDLE	6:00
Oct. 21	at Callahan	5:00

The News Leader Weather Summary

Fernandina Beach's Seven Day Forecast

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
Scat'd T-storms	Mostly Sunny	Sunny	Sunny	Sunny	Sunny	Mostly Sunny
84 / 71	80 / 63	78 / 66	79 / 67	82 / 64	79 / 61	81 / 62

Local UV Index



Weather Trivia

What are cirrus clouds?
Answer: High-level clouds on average of 16,000 feet or more.

Weather History

Oct. 3, 1841 - An October gale, the worst of record for Nantucket, Mass., caught the Cape Cod fishing fleet at sea. Forty ships were driven ashore on Cape Cod, and 57 men lost their lives from the town of Truro alone.

Peak Fishing/Hunting Times This Week

Peak Times			Peak Times		
Day	AM	PM	Day	AM	PM
Fri	8:09-10:09	7:39-9:39	Tue	11:30-1:30	11:00-1:00
Sat	9:04-11:04	8:34-10:34	Wed	11:47-1:47	11:17-1:17
Sun	9:59-11:59	9:29-11:29	Thu	12:11-2:11	12:41-2:41
Mon	10:53-12:53	10:23-12:23	www.WhatsOurWeather.com		

Sun/Moon Chart This Week

Day	Sunrise	Sunset	Moonrise	Moonset	
Full 10/8	Fri 7:21 a.m.	7:08 p.m.	3:42 p.m.	2:00 a.m.	New 10/23
	Sat 7:21 a.m.	7:06 p.m.	4:28 p.m.	3:05 a.m.	
	Sun 7:22 a.m.	7:05 p.m.	5:12 p.m.	4:10 a.m.	
	Mon 7:22 a.m.	7:04 p.m.	5:55 p.m.	5:17 a.m.	
Last 10/15	Tue 7:23 a.m.	7:03 p.m.	6:37 p.m.	6:23 a.m.	First 10/30
	Wed 7:24 a.m.	7:02 p.m.	7:20 p.m.	7:29 a.m.	
	Thu 7:24 a.m.	7:00 p.m.	No Rise	8:34 a.m.	

Last Week's Almanac & Growing Degree Days

Date	High	Low	Normals	Precip	Farmer's Growing Degree Days	
9/23	82	79	84/72	0.00"	Date	Degree Days
9/24	77	68	84/72	0.00"	9/23	30
9/25	82	68	84/71	0.00"	9/24	22
9/26	82	75	83/71	0.00"	9/25	25
9/27	84	77	83/71	0.00"	9/26	28
9/28	88	79	83/70	0.00"	Growing degree days are calculated by taking the average temperature for the day and subtracting the base temperature (50 degrees) from the average to assess how many growing days are attained.	
9/29	86	79	83/70	0.00"		

Tides This Week

Fernandina Beach					St. Mary's Entrance				
Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	4:10 am	10:16 am	4:56 pm	11:03 pm	Fri	3:34 am	10:13 am	4:20 pm	11:00 pm
Sat	5:18 am	11:20 am	6:01 pm	None	Sat	4:42 am	11:17 am	5:25 pm	11:57 pm
Sun	6:23 am	12:00 am	7:00 pm	12:22 pm	Sun	5:47 am	12:19 pm	6:24 pm	None
Mon	7:23 am	12:56 am	7:56 pm	1:22 pm	Mon	6:47 am	12:53 am	7:20 pm	1:19 pm
Tue	8:19 am	1:50 am	8:48 pm	2:19 pm	Tue	7:43 am	1:47 am	8:12 pm	2:16 pm
Wed	9:12 am	2:41 am	9:39 pm	3:12 pm	Wed	8:36 am	2:38 am	9:03 pm	3:09 pm
Thu	10:04 am	3:30 am	10:29 pm	4:03 pm	Thu	9:28 am	3:27 am	9:53 pm	4:00 pm

Star Watch By Gary Becker - An Amazing Ride

Lynn Sherr's, Sally Ride: American's First Woman in Space (Simon & Schuster, 2014) details the incredibly complicated life of a pioneer who was quietly determined to break down barriers and succeed in an arena where only men had gone before. She was an ace tennis player when the sport was not quite ready to accept women openly as professionals; and she excelled in science and math at a time when females were cautioned that girls just didn't pursue that career path, and wouldn't it be better to major in English and just get married? Sally said, "No!" Then she double majored in physics and English (1973), completing her PhD in astrophysics (1978), all from Stanford. That same year she and five other women began chipping away at NASA's all male astronaut fraternity. The successes that Sherr meticulously details were also punctuated by a more somber side about Sally's life that virtually no one saw. She was an introvert having to play the part of an extravert when she was in public, and more importantly, she was gay, at a time when coming out would have spelled disaster to all of the career goals that had motivated her life. She was a consummate perfectionist, a workaholic, who needed to safeguard her own self-assurance by being at least as good as or better than the men and women who were competing around her. She had both male and female lovers. She married astronaut Steve Hawley (1982) before going to space in 1983, and then afterwards, began a growing emotional attachment with her eventual life partner, Tam O'Shaughnessy. This duality about her was confusing, yet everyone in her inner circle had nothing but praise and admiration for her life, her aspirations, and her accomplishments. She had no enemies and apparently no regrets. When pancreatic cancer stole her life at age 61 in July of 2012, she was doing what she loved best, helping girls and young women break barriers and reach for the stars. Ride, Sally Ride! www.astronomy.org

RAINY DAY RUNNERS



Rainy weather couldn't deter the more than 580 participants in the Ben Byrns Runway Rally on Saturday at the city airport - from the start, above right, to the finish. William Weaver, above left with Ken and Laurie Byrns, took first place in the Male Overall competition. The Masters Women winner was Evangelina Palacios Rico, left. Right, Ben Byrns, Rick Keffer and state Sen. Aaron Bean present a check to Fernandina Beach High School Principal Jane Arnold for her students' success in the "School Challenge" financed by Ben Byrns Foundation Board member Keffer. Proceeds from the overall event go to causes promoted by the Ben Byrns Foundation, which seeks to educate young people about the dangers of lethal drug combinations.

PHOTOS BY ED HARDEE FOR THE NEWS-LEADER

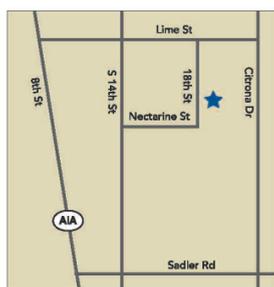


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The physicians at Baptist Heart Specialists are pleased to welcome **Farid Ullah, MD, FACC**, to their practice in Fernandina Beach. Dr. Ullah has worked to prevent, evaluate and treat cardiovascular disease since 1971, helping his patients improve their quality of life.

Baptist Heart Specialists offers comprehensive, personalized cardiovascular services, including state-of-the-art diagnostic testing and medication management, with a team of physicians who are part of our community — all backed by the full resources of Baptist Health.

Please call **904.261.9786** to schedule an appointment.

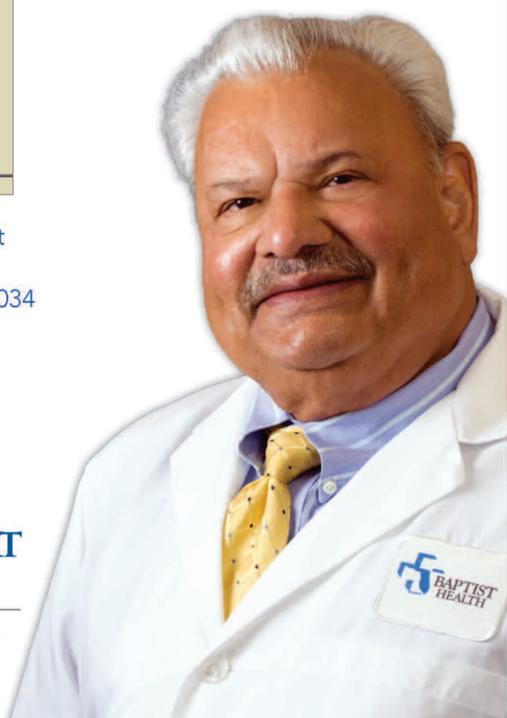


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Join Osprey Village for an Open House on October 7th & 8th!

A carefree lifestyle awaits you at Osprey Village, Amelia Island's Premier Retirement Community. Join Osprey in October to take a tour of our luxury accommodations and learn about our resort-like amenities.

To kick off our Open House, Tuesday at 12pm, speak with the experts at our American Transitions seminar to take the stress out of relocation.

Tuesday, October 7th and Wednesday, October 8th • 2pm – 4pm

- Tour Osprey's beautiful campus, spectacular Cottages and Villas, and newly expanded Wellness Center
- Enjoy delicious hors d'oeuvres prepared by our Executive Chef
- Live entertainment performed by local Amelia Island musicians
- On Wednesday, October 8th beginning at 3pm, browse through a local Art Exhibit in Osprey's Wellness Center.

To learn more about Osprey Village's Open House or to confirm your attendance, please call (904) 277-8222.


OSPREY VILLAGE
AT AMELIA ISLAND PLANTATION

48 Osprey Village Drive • Amelia Island, FL • www.Osprey-Village.com

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INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE | HOME HEALTH



PHOTO BY BEA WALKER/FOR THE NEWS-LEADER

Local artist Susan Sellner has donated her talents to support Nassau Extension efforts to promote awareness of pollinators. Bee houses are designed to attract the Mason bee, an excellent pollinator for home gardens. They will be on sale at the Fall Plant Sale Oct. 11 from 9 a.m.-noon. Top right, among the plants for sale will be pagoda flowers and bottom right, Mexican sage.

Fall plant sale set for Oct. 11

BEA WALKER
For the News-Leader

Nassau County Master Gardeners will hold their Fall Plant Sale on Oct. 11 from 9 a.m. until noon, offering Master Gardener-propagated plants, select trees and shrubs, “goodies” for your garden, including custom painted planters and FNGLA Florida Plants of the Year. An added attraction this year will be hand-painted bee houses by local artist Susan Sellner, who has developed quite a reputation for her oil paintings. Sellner creates original oil paintings of pets and produces nearly 100

paintings each year. As a result of her passion for animal rescue, she contributes half of her commissions to local rescue groups.

Sellner truly loves all animals. After learning that Nassau County Extension was offering a Landscape Matters session on pollinators in our gardens, she was intrigued that the session also includes a “make & take” bee house. She offered to paint a custom-designed bee house for one lucky attendee at the class, held today.

Inspired by bees and flowers, and her painting of the

SALE Continued on 4B



PHOTOS BY SHIRLEY LOHMAN FOR THE NEWS-LEADER

Y'ART SALE



SUBMITTED

On Saturday, Oct. 11, some of Fernandina's most creative individuals – artists from the Island Art Association – will be cleaning out their studios and selling their unused supplies at the association's Y'Art Sale from 9 a.m.-3 p.m., at the IAA Art Education Center, 18 N. Second St. The Island Art Association is a nonprofit cooperative of local artists organized for the education and enjoyment of citizens and visitors of Nassau County. The event is free to attend and open to the public and is a great opportunity to pick up art-related items at bargain prices. If you want to reserve a table and participate in the sale, please register at the IAA Art Gallery. Registration is \$15.

'Always a Bridesmaid' opens ACT season

For the News-Leader

Amelia Community Theatre kicks off its 34th season with the delightful comedy “Always a Bridesmaid,” opening on Thursday and sponsored by Artistic Florist.

The show is set at a beautiful historic estate that has become a popular wedding venue. It's a dream destination for four best friends who keep showing up there every few years to be in each other's weddings.

That would not be unusual except for the fact that these brides and bridesmaids are now in their mature years, yet continue to have elaborate weddings with all the trimmings.

It all stems from a vow they made to one another back in high school – that they would overcome all obstacles to walk down the aisle together. “Always a Bridesmaid” is a laugh-filled, laugh-out-loud show that asks the question, “Just how far are you willing to go to keep a promise to a friend?”

The play has a cast of six women. Keeping the peace amidst the wedding dramatics is the owner of the venue, Sedalia, played by Linda Janca. Sedalia is a master problem solver who has seen “blushing brides, nervous brides and brides having contractions three minutes apart.”

Monette, played by

ACT Continued on 4B



SUBMITTED

The cast of “Always a Bridesmaid” celebrates friendship, love and marriage in ACT's season opener. From left are Celeste Amos, Karen Harper, Linda Janca, Elizabeth Sawyer, Wendy Gilvey and Cynthia Riegler.



PHOTO BY BILL RASER/FOR THE NEWS-LEADER

The cast of the Tony Award-winning musical “Sweeney Todd,” opening Thursday at Amelia Musical Playhouse.

'Sweeney Todd' at the Playhouse

JAN COTE-MEROW
For the News-Leader

Amelia Musical Playhouse is one of the select theaters in Florida to offer Stephen Sondheim's Tony Award-winning musical “Sweeney Todd” on Oct. 9, 10, 11, 17, 18, 24, 25, 31 and Nov. 1.

Directed by AMP's Managing Director Jill Dillingham, this cutting-edge musical redefined the boundaries of musical theater by

presenting the audience with a deep, dark and mesmerizing journey into Victorian London.

This critically acclaimed musical won eight Tony awards including Best Musical, Best Musical Score, Best Book and offers the most challenging music written for musical theater.

The rare instance of a musical thriller, Stephen

TODD Continued on 4B

OFF & ON THE ISLAND

MARTIAL ARTS FUNDRAISER

Martial arts expert Dan Kelly will teach area residents “how to protect themselves, become better prepared, not become a victim, and how to escape from arm grips and choke holds,” at a self-defense workshop Oct. 4 from 9 a.m.-noon at the Atlantic Avenue Recreation Center, 2500 Atlantic Ave.

The workshop is a benefit for the Fernandina Beach Library expansion and renovation that will be completed next spring. Tickets are a donation of \$20 or more to Friends of the Library (FOL). Kelly is donating his expertise and 100 percent of the proceeds will help purchase library furniture and equipment.

Class is limited to the first 50 participants age 14 and older who sign up. For tickets and information, visit the library, 25 N. Fourth St., or call 277-7365.

RUBY JUBILEE FOR COA

Join the Nassau County Council on Aging for its Ruby Jubilee from 6-10 p.m. Oct. 10 at the

Omni Amelia Island Plantation resort. Guests will enjoy a full dinner and live and silent auctions as they celebrate the agency's 40 years of service to seniors. The dynamic Les DeMerle Band featuring Bonnie Eisele will provide the entertainment. Don Hughes will emcee the event.

Items in the silent auction include a day trip for two to Cumberland Island by the Greyfield Inn, an aerial tour of Amelia Island by McGill Aviation, and golf for a foursome with complimentary green fees and golf carts from The Golf Club of Amelia Island. Guests may also bid on a variety of other items including spa treatments, art, dance classes and dinners at local restaurants. Live auction items include a Buler man's stainless Swiss watch, a Louis Vuitton lady's purse, a case of varietal wines, a signed Bruce Springsteen guitar and a signed Paul McCartney guitar. All proceeds benefit COA programs.

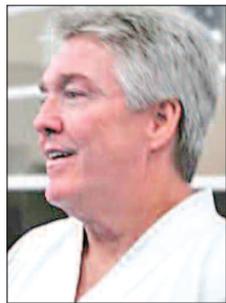
Reservations are \$100 per person and are available at www.coanassau.com. Call 261-0701 for information. Reservation deadline is Monday.

AMELIA ISLAND JAZZ FESTIVAL

The Amelia Island Jazz Festival kicks off Oct. 12 with a free concert in Amelia Park from 2-4 p.m. featuring the U.S. Navy Band Southeast. The festival runs through Oct. 19 and will feature

A Latin Jazz Concert and Wine Tasting Oct. 16; headliner Tony Monaco, jazz organist, Oct. 17; headliner Randy Brecker, Grammy Award-winning trumpet master with a tribute to the Brecker Brothers Band on Oct. 18; a Dixie to Swing Jazz Brunch Oct. 19 with the AIJF All-Star Swingtet; late night jazz jams, a sponsor party and more.

Tickets range from \$35 to \$60 for regular admission, with VIP packages available and discounts for Jazz Pass programs. For tickets and further information visit www.ameliainlandjazzfestival.com.



OUT AND ABOUT

SPECIAL EVENTS

Tonight is pizza night at American Legion Post 54, 626 S. Third St., Fernandina Beach. Come in from 5-7 p.m. and order fresh pizza with your choice of toppings for \$8 donation. Call 261-7900 to place an order for pick-up.

The 42nd Annual Rock Shrimp Festival takes place Oct. 4 in St. Marys, Ga., including 5K and 10K races, a 1-mile Kids Fun Run and a themed parade. Enjoy entertainment, demonstrations, arts & crafts vendors and food concessionaires, including the Kiwanis Club rock shrimp dinners.

For information or registration visit www.smkiwanis.com or www.VisitStMarys.com, or call (912) 882-4000.

The Ladies Auxiliary of the VFW Post 4351 will host a brunch on Oct. 5 at 11:30 a.m. for an \$8 donation, or a \$5 donation if you bring three non-perishable food items for the Salvation Army Hope House pantry. Breakfast includes biscuits and gravy, eggs, grits, potatoes and more. The VFW Post is located at 96086 Wade Place, under the Shave Bridge.

The Newcomers Club of Amelia Island will host its monthly coffee on Oct. 9. Women interested in joining the club and who reside in Nassau County (no matter how long they have lived here) are welcome to attend. For further information contact Lucy Bryan at (904) 430-0119 or Lcybryn@sonic.net, or visit www.newcomersofameliaisland.com.

In place of its normal Friday night wine tasting, A Taste of Wine by Steve will host a Friday evening cruise with Amelia River Cruise on Oct. 10 at \$50 per person. The cruise will last around 1 1/2 hours beginning at 5 p.m. Enjoy appetizers and the usual two whites and two reds to taste. Please RSVP to Raskin at 557-1506 or raszkin.steve@yahoo.com.

The 17th annual Greek Festival, Oct. 10-12, will feature the stories, music, dance and food of the islands, the mountains and the villages of Greece.

Francis Field, 29 Castillo Drive, St. Augustine, will be transformed into a virtual Greek village with all its vibrant sights and sounds. Hosted by Holy Trinity Greek Orthodox Church, festival hours are Friday from 4-10 p.m., Saturday, 11 a.m.-10 p.m. and Sunday, 11 a.m.-5 p.m.

With over 100 arts, crafts and business showcase exhibitors, there will shopping galore and lots to explore. Admission is \$3 for adults and free for those 12 and under. Free admission for active military and their immediate fami-

ly with ID. Call (904) 829-0504 or visit www.staugreekfest.com.

The General Duncan Lamont Clinch Historical Society will host local attorney Clyde Davis at 7:30 p.m. Oct. 13 at the Amelia Island Museum of History at Third and Cedar streets. Refreshments will be served.

Davis, whose ancestors operated sawmills on the St. Marys River in the 1800s, will speak about "Murder At Kings Ferry," an incident of mistaken identity where Merrick Jackson murdered John Thomas by beating him with a club.

The Amelia Island Chapter Daughters of the American Revolution will meet Oct. 15 at the Golf Club of Amelia Island. Vice-Regent Cindy Glenn will present a program commemorating the 200th anniversary of the writing of The Star Spangled Banner. Sign-in begins at 10 a.m. Reservations must be made with Janet Lukaszewicz at 386-5767 or email janluke@yahoo.com.

On Oct. 16 the Amelia Island Charity Group will host an informational meeting about the Navy Seal Foundation at The Amelia Island Club – Long Point. Reception is from 5-7 p.m. and is open to the public. The Navy Seal Foundation provides assistance to the Naval Special Warfare Community and their families. Please RSVP to Joe Murphy, (904) 206-3935 or mudguard.1@gmail.com or Larry Byrd at 753-0457 or mlarrybyrd127@gmail.com.

The Nassau County affiliate of NAMI will hold its 10th annual Community Awareness and Fundraiser Dinner Oct. 17 at 6 p.m. in Burns Hall of St. Peter's Episcopal Church, 801 Atlantic Ave. Applebee's will provide a full-course meal. Enjoy silent and live auctions with state Sen. Aaron Bean as auctioneer. Guest speakers include Dr. Ann Grenadier of Biofeedback Associates of Northeast Florida, peer advocate John Hardman and Shannon Padgett, Esq.

Tickets are \$20 at the door. Proceeds will provide education, advocacy, support groups, medication/dental assistance, shoes and basic toiletries to Nassau residents with a chronic mental health diagnosis.

Call 277-1886, write to P.O. Box 16712 Fernandina Beach, FL 32035 or email NassauNAMIFlorida@gmail.com.

Friends of Chef Thomas Tolxdorf of The Ritz-Carlton, Amelia Island, are honoring him with the Chef Thomas Food Fair at Invention Ale Works in the Avondale area of Jacksonville, Oct. 17

from 6-9 p.m.

His recent death by car accident was a great loss for the local community and extended family of restaurateurs. To raise money for his family during the difficult time, area restaurants will hold a food fair in front of the brewery. Tickets are \$60, with kids under 12 admitted free. A silent auction will include prizes from places such as The Ritz-Carlton hotels of Amelia Island, Jacksonville, Orlando and Atlanta; the Omni; White Oak; many nice restaurants and original artwork.

To donate silent auction items or for information, call (904) 556-4853 or email beach01@bellsouth.net. For tickets, go to www.eventbrite.com/e/friends-of-chef-thomas-food-fair-at-intuition-tickets-12634150083. For information, go to www.facebook.com/events/808762875843060.

Jacksonville's 41st annual Depression and Antique Glass Show welcomes guest George W. Fenton, celebrating a "Fenton Family Tradition of Glass Making since 1905." Enjoy free seminars by Fenton on Saturday and Sunday at 1:15 p.m. The show is Oct. 18 from 10 a.m.-5 p.m. and Oct. 19 from 11 a.m.-4 p.m. at the Fraternal Order of Police Building, 5530 Beach Blvd., Jacksonville. Glass dealers from across the U.S. will be selling a wide variety of glass. Free parking. Food court. Admission is \$5 at the door. For information call (904) 655-8445 or visit www.depression-glassclubjax.com.

"Pony Up and Party," a fundraiser for the Fernandina Beach library, is Oct. 25 at the 38-acre Littleberry Farm just west of Amelia Island. The party will showcase the skills of some of the 20 horses in residence.

Gates open at 4:45 p.m. and festivities start at 5 p.m. A homemade barbecue buffet will be served in the screened breezeway. There will be indoor and covered seating and hay bales for relaxing around the show ring. Enjoy music by the O.C. Band, dancing, games, cash bar, S'mores and desserts by the bonfire, and a live and silent auction with fine art, dining and entertainment and weekend getaways. Visit fernandinaFOL.org for details.

Proceeds will support Friends of the Library's capital campaign. Tickets are \$75 and available at fernandinaFOL.org or at the library, 25 N. Fourth St., or call 321-6529.

The Salvation Army of Northeast Florida will host its first annual Red Shield Ball Oct. 25 at the University Club in downtown Jacksonville to benefit families residing at the Red Shield Lodge homeless shelter at 900 West Adams St.

Festivities begin at 6:30 p.m. with a preview of the silent auction followed by dinner, live auction and dancing featuring the Faze band. Former clients of the Red Shield Lodge also will share their stories.

To purchase tickets, or to donate to The Salvation Army, call (904) 301-4855, mail your gifts to P.O. Box 52508, Jacksonville, FL 32201, or donate at www.salvation-armyneff.org.

Osprey Village will host the fourth annual Chefs' Dinner benefiting the Katie Caples Foundation on Oct. 26 from 5-8:30 p.m. Tickets are \$125 per person and a limited number of tables for 8 are available at \$1,000.

The dinner will feature five courses with each selection prepared and designed exclusively by one of five area chefs. Each course is paired with fine wines. During the silent auction guests can bid on travel packages, wines and several cooking items to inspire anyone's inner chef.

All proceeds will benefit the Katie Caples Foundation and its organ donation education program. For information and tickets, visit www.katieredforlife.org.

The fourth annual Navy Seal Foundation Buffet Dinner and silent auction will be held at The Amelia Island Club, Saturday, Nov. 8. Dinner tickets are \$75 per person. This event is open to the public. The dinner and silent auction begin at 5 p.m. Proceeds support the Navy SEAL Foundation, which provides immediate and ongoing support and assistance to

Navy Special Warfare community and their families. Donations for the silent auction are welcome and must be received no later than Oct. 31. Donations are tax deductible. Dinner tickets and silent auction donation information are available from Larry Byrd, at mlarrybird127@gmail.com. Dinner registration is available at www.ameliaslandnavyseal-foundation.org.

Cats Angels, Inc. SPCA's seventh annual "Rescue Me" fundraiser will be held Nov. 8 from 5-8 p.m. at The Surf Restaurant and Bar, 3199 S. Fletcher Ave. in Fernandina Beach.

Enjoy a buffet dinner, cash bar, silent auction, door prizes and music by Ronnie Stoots. Tickets are \$25 and available at the Thrift Store at Cats Angels, 709 S. Eighth St., Monday-Saturday, 11 a.m.-5 p.m. or online through www.catsangels.com.

You can be a Cats Angels VIP for \$75, which includes your ticket and a gift bag containing a commemorative T-shirt, Betsy Johnson jewelry, gift certificate and more.

The Council of Catholic Women at St. Michael's Catholic Church will hold a Holiday Bazaar on Nov. 22 from 9 a.m.-2 p.m. in the St. Michael's Academy School on Fourth Street.

THEATER

Rendezvous Festival is accepting film submissions for its debut International Film and Music Festival June 5-13, 2015 on Amelia Island and American Beach. Submissions are accepted in the following categories: U.S. Shorts, U.S. Features, U.S. Documentaries, International Shorts, International Features, Animation Shorts and New Category Music Videos. For rules, regulations, submission dates and fees visit www.rendezvousfestival.com.

Auditions for "Sherlock Holmes and the Case of the Christmas Carol" will be held at Amelia Community Theatre from 1-4 p.m. on Oct. 4 at 207 Cedar St.

The show blends two Victorian classics in an ingenious drama by John Longenbaugh. The large cast requires 16 men, four women, one boy, and one girl, plus has five adult roles that can be played by men or women.

Those auditioning will read from the script, which may be checked out in advance by calling 261-6749 or emailing actheatre@att.net. Bob Weintraub is the director, and performances are Dec. 4-20. Visit the audition page at ameliacommunitytheatre.org for details.

Amelia Community Theatre will have auditions for the Tony Award-winning musical "Grease" at 3 p.m. Oct. 12 at 207 Cedar St.

Nine men and eight women, ages 18 and over, are needed for the cast. Those auditioning should prepare 32 bars of a song in the musical theater or 1950's style and bring sheet music. An accompanist will be provided. No a cappella or karaoke track auditions please. Be prepared to learn a short dance combination. The show is directed by Lee Hamby, with performances Feb. 12-28 on ACT's main stage. Visit ameliacommunitytheatre.org or call 261-6749 for information.

St. Marys Little Theatre is seeking actors, singers, tech crew and other volunteers to help produce "A Christmas Carol." Come to Theatre by the Trax, 1000 Osborne Road in St. Marys, Ga., Oct. 18 from 10 a.m. to noon to meet the team and audition.

Roles include an assortment of more than 40 characters for men, women, teens and kids of all ages. Main parts include Scrooge, Cratchit, Tiny Tim, Ghosts of Christmas Past, Present, and Future, Marley and others.

The show will be performed at Theatre by the Trax Dec. 12-14. Rehearsals are Mondays and Wednesdays at 6:30 p.m. and Saturdays at 10 a.m. Contact Barbara Ryan at (912) 729-1103 or barbara@stmarysmagazine.com.

"Mrs. Independent" is Oct. 10 at 8 p.m. and Oct. 11 at 3 p.m. and 8 p.m. at the Times-Union Center, 300 West Water St., Jacksonville. Tickets are available at all Ticket Master outlets. For information visit www.jax-events.com/?event=mrs-independent.

MUSIC NOTES

Courtyard concert

Robert H. Sanders, singer-songwriter-guitarist and Fernandina Beach native, will perform Oct. 4 from 6:30-10:30 p.m. at The Courtyard at 316 Centre St. His music offers a variety of genres from Americana to jazz-styled ballads played in his unique finger style. Sanders is best known for his work with Michael J Howerton in Whitby Quinn, an Americana/Country-Rock project. Hear his music at www.roberthandersmusic.com.

Pops with JSO

Jacksonville Symphony Orchestra presents the Thrasher-Home 11th season opener on Oct. 4 at 8 p.m. with Nicholas Palmer, conductor. Opening the 11th season on a musical note is the Jacksonville Symphony Orchestra's second performance on the THCA stage. This pops concert includes musical favorites and light classics.

For more information, call (904) 276-6750 or visit thcenter.org.

Concert series

Cover the Town with Sound, a free concert series featuring groups of Jacksonville Symphony musicians performing throughout the area, takes place Oct. 5 at 3 p.m. at Glenmoor at World Golf Village. Admission is free. Call (904) 354-5547 or visit JaxSymphony.org for more information. (The full Jacksonville Symphony Orchestra is not performing at this event.)

Simon & Garfunkel music

With the line "hello darkness, my old friend" Simon & Garfunkel touched a generation and propelled the duo to superstardom. Relive Simon & Garfunkel's "Kodachrome" moments with conductor Michael Krajewski, guest artists A.J. Swearingen and Jonathan Beedle, and the Jacksonville Symphony Orchestra, Oct. 10 at 11 a.m. and 8 p.m. and Oct. 11 at 8 p.m. Pops tickets are \$25-72. Coffee tickets are \$16-26. Call (904) 354-5547 or visit JaxSymphony.org for more information.

Upbeat Pink

UNF presents the 10th Annual Upbeat Pink: A musical tribute to breast cancer survivors at 7:30 p.m. Oct. 10 in Lazzara Performance Hall. Admission is free. Join conductor Dr. Gordon Brock, Dr. Bill Price, guest artist, and guest speakers Dr. Laura Vallow, radiation technologist at Mayo Clinic and Dianne Wagner, breast cancer survivor. For more information call (904) 953-0707 or visit www.mayoclinic.org/jacksonville.

Bluegrass jam

Bluegrass jams are resuming at The Barn in Yulee, 850918 US 17, one block north of A1A at the corner of Pages Dairy Road. Upcoming jam dates are Oct. 13 and 27 from 6:30-9 p.m. Admission is free. Light refreshments will be served or bring your own. For information call 477-7268.

Eagles salute

Check into Hotel California – the foremost Eagles tribute concert – and you won't want to leave. Enjoy all the Eagles hits – including "Take it to the Limit," "Heartache Tonight" and "Desperado" – in a performance faithful to the legendary recordings, Oct. 15 at 8 p.m. at the Times-Union Center for the Performing Arts. Tickets are \$35-65. Call (904) 354-5547 or visit JaxSymphony.org for more information.

Presented by the Jacksonville Symphony Association, the Jacksonville Symphony Orchestra is not performing at this event.

Choral festival

UNF presents the Intercollegiate Festival of Jacksonville at 7:30 p.m. Oct. 17 in the Robinson Theater. Enjoy the Osprey Choral Ensembles, host choirs from Edward Waters College, Florida State College at Jacksonville and Jacksonville University. Admission is free. For information call (904) 620-2961 or visit www.unf.edu/coas/music.

John Denver tribute event

Meals on Wheels for Pets Nassau, Inc. (MOW4Pets) will hold its annual fundraising musical performance, featuring Tom Becker, at Prince of Peace Lutheran Church, 2600 Atlantic Ave., on Friday, Oct. 24 at 7 p.m. Tickets are \$25 and available at Nassau Humane Society's Second Chance Store on South 14th Street, online at www.mow4petsnassau.com or by calling (352) 284-6106.

With the sound and grace of the late John Denver, Becker plays with a talented band and performs more than 60 minutes of famous musical hits. Becker is a former member of the legendary folk group, The New Christy Minstrels. He is a successful songwriter and casts a spell that crosses the barriers of age, economics, geography, language and politics.

Christmas concert

The Island Chamber Singers will usher in the holiday season with Rutter's "Magnificat" and Christmas carols in their performance of "All About Christmas" on Nov. 21 and 23 at the Amelia Plantation Chapel, 36 Bowman Road, on Nov. 21 at 7 p.m. and Nov. 23 at 3 p.m. An opening night reception will be held in the Fellowship Hall immediately following Friday's performance.

Tickets are \$15 for adults in advance, at www.island-chambersingers.org; from a member of the choir; at the Amelia Island Welcome Center, 102 Centre St., (800) 226-3542; at the AIFBY Chamber of Commerce, 961687 Gateway Blvd., Suite 101G (at A1A and Amelia Island Parkway), 261-3248; and at Harrison's Mercantile at the Omni Amelia Island Plantation Spa and Shops, 432-2218. Tickets are \$20 at the door and always free for all students.

For information call 225-0575 on weekdays.

Country music

Ticket sales have begun for the Wainwright Benefit Country Music Concert, starring Dierks Bentley and Thomas Rhett on Dec. 13. All seats are \$45 and include parking. The concert will benefit the Humane Society and at least one other charity in Camden County, Ga. For information call (912) 729-2166 or (912) 729-3113.

Guitar auction

The Friends of the St. Augustine Amphitheatre will hold their second annual Celebrity Guitar Raffle & Auction at the amphitheatre on Oct. 25 from 4-9 p.m. The event is free to the public and proceeds will benefit arts events for children.

The guitars will be on display throughout the event. Photos and other guitars FOSAA has collected may be viewed at www.fosaa.org. Visit www.fosaa.org for details.

Dulcimer group

The Yulee Dulcimers meet the second Saturday of each month at New Vision Congregational Church, 96072 Chester Road, Yulee. Members play all types of dulcimer music from 10:30 a.m.-12:30 p.m. Please bring several copies of your favorite music to share. Beginners welcome. For more information call 849-1616.

Community band

The Nassau Community Band is an ensemble of amateur musicians, retired and current music educators, even folks that have not played since high school or college. It welcomes all interested persons to join them for rehearsals at 6 p.m. Thursdays at the Yulee Middle School rehearsal room, 85439 Miner Road. Call band President Chuck Belinski at 277-1257 or search "Nassau Community Band" on Facebook.

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	8 5			4			3	
9		3 7						4
6 7				3				
1				6				

Fill in the squares so that each row, column and 3-by-3 box contain the numbers 1 through 9. Solution will appear in the Wednesday B-section.

Wednesday, October 1
Solution

2	1	5	4	3	8	7	9	6
7	9	4	5	2	6	3	8	1
3	6	8	9	1	7	4	5	2
1	7	3	2	6	5	8	4	9
5	4	6	7	8	9	1	2	3
9	8	2	3	4	1	6	7	5
4	3	1	8	5	2	9	6	7
8	2	7	6	9	3	5	1	4
6	5	9	1	7	4	2	3	8

RELIGION

What is truth?

Jesus stood before Pontius Pilate and stated that He spoke the truth, and that He was the Son of God. Pontius Pilate responded by saying, "What is truth?" (John 18:38). This may seem like an insignificant verse from God's Word, but I am learning that there is meaning in all verses.

I believe that when Pilate asked this question he wasn't talking to Jesus, but to himself. Jesus was there to hear it, but Pilate was so confused and frustrated with the world that he didn't know what to think anymore. The world had gotten the better of him. Pilate knew Jesus had done nothing wrong and maybe even a part of him believed that Jesus was the Son of God; however, his mind was so twisted with lies that he just gave up and tried to wash his hands of the situation. Life doesn't work that way.

In today's world, lies are a frequent occurrence. We hear them from politicians, athletes and celebrities. We will even hear them in school classrooms. There are textbooks written on the same subject, but they teach different "facts." How is that possible? It happens because authors have their own agenda with how they write. Some authors have selected a side and thus, they will write with the hope of swaying the reader to that side. Whatever happened to simply teaching the truth and letting the person decide which side to be on? Those days appear to be over.

Jesus stood before Pilate and before religious leaders. He stated the truth of God's Word. He was basically saying that you can love me or hate me, but all I am doing is sharing truth. We know what happened to Jesus for sharing the truth, but where is the truth in today's world? We frequently hear about political correctness, and based on who is complaining the loudest, the "facts" will get adjusted to soothe the situation. Many people will try and wash their



VICTORY CORNER

Rick Castellani

hands of the situation. Life doesn't work that way.

In the movie "A Few Good Men," there was a famous courtroom scene between the two main characters. There was a colonel in the Navy who was on the witness stand and he was being strongly questioned by a lawyer. The lawyer said, "I want the truth." The colonel responded by saying, "You can't handle the truth."

Pontius Pilate couldn't handle the truth. The religious leaders of that time couldn't handle the truth. And it sure seems like many people in today's world can't handle the truth from God's Word. So they twist it, turn it and do whatever they can to water it down. It leaves people confused and frustrated, because they can no longer decipher truth from lies. When this happens, many people will give up and try to wash their hands of the situation. Life doesn't work that way.

As Christians, Jesus and God's Word are the foundation of our faith. Our foundation is solid rock. We don't have to sway like leaves on a tree, but can stand strong on truth. There will be no need to cave in to political correctness or to wash our hands of any situation. It won't be easy, as this world will try and do to us what it did to Pilate. But we can reject the world's way and choose to follow Jesus and His perfect way.

The world may not be able to handle the truth, but like Jesus, we can share it by how we live and by how we love.

Rick is the author of *St. Augustine's 25 Stories to Strengthen Your Faith*.
RickCastellani@yahoo.com

MISSION CROSS DELIVERED



The Diocese of St. Augustine Mission Cross was delivered to the Cathedral School in St. Augustine on Sept. 12 by students from St. Michael Academy in Fernandina Beach. St. Michael Academy eighth grade students Zoe Edwards, Reegan Graves and Ella Schoening traveled to St. Augustine with their parents to serve as ambassadors of the academy. Celebrating the 450th anniversary of the founding of St. Augustine and the beginning of Catholicism in Florida, the students passed on the Diocesan Mission Cross that is traveling to the 29 Catholic schools in the diocese, in the order of each school's founding. The Cathedral School was the fourth school founded by the Sisters of St. Joseph.

SUBMITTED

RELIGION NOTES

Faith workshop

Grace Community Church will host a share your faith workshop on Saturday, Oct. 4, from 9 a.m. to 4 p.m. at Grace Community Church, 96038 Lofton Square Court, next to Winn-Dixie, in Yulee.

Trainers Ron and Lynn Lester will lead the training. The Lesters are members of Good News Church in St. Augustine where since 2006, among other volunteers, they have led outreach and evangelism training programs to more than 1,200 people in multiple churches. The cost is \$15 per person and financial scholarships are available. For information visit gracenessau.com.

Tuesday worship

Join the Salvation Army Hope House on Tuesday, Oct. 7 at noon as they celebrate the Feast of Tabernacles, the last of God's fall feasts. If you wonder what it's all about and why it is important to followers of Jesus, come and see. Mary Moore, Hope House manager, will lead a fun and interactive teaching. Bring a branch and come celebrate. For more information, call 321-0435 or stop by the

Hope House, located at 410 S. Ninth St.

Fair trade market

The Fair Trade Market returns to Fernandina again this year on Saturday, Oct. 11 from 9:30 a.m.-3 p.m. at First Presbyterian Church Fellowship Hall, 9 N. Sixth St. Support fair trade by giving unique holiday gifts of baskets, pottery, metal craft, olive wood, scarves, jewelry, Christmas items and more. Returning vendors include Creation of Hope (Haiti), MayaWorks (Guatemala), PAL (Bethlehem nativities), Rahab's Rope (India), and SERRV (international). New vendors are Siwak Wood Crafts (Argentina), Koinonia Farms pecans and Equal Exchange coffee and chocolate. All proceeds go directly to the farmers and artisans who create the products. Call 2611-0813 for information.

Free dinner

Springhill Baptist Church will serve meals for individuals and families in need in the area on Thursday, Oct. 16 from 5-6:30 p.m. at the church, 941017 Old Nassauville Road. Meals are served on the fourth Thursday of each month.

The church delivers meals to those who cannot come. Ccall 261-4741.

Parenting teens

St. Peter's Episcopal Church will offer the Parenting Teenagers Course by ALPHA-USA for five weeks, Oct. 21-Nov. 19. Joanne and Dan Roach will facilitate the course from 6-8:30 p.m. on Wednesdays. The cost is \$75 for individuals or \$150 per couple, which includes all materials and five dinners with entrees prepared by Lulu's. To sign up or ask questions, call Gaye Pappas at 261-4293 in the church office.

Fall Festival

Springhill Baptist Church will host its annual Fall Festival on Friday, Oct. 24 from 6-8:30 p.m. Enjoy an evening of food, games, prizes and activities for the entire family. All the games are free and hamburgers, hotdogs, and drinks will be offered at low prices. Bring a non-perishable food item for the church food pantry as admittance. Children under the age of 18 must be accompanied by an adult. Springhill Baptist Church is located at 941017 Old Nassauville Road, Fernandina Beach. Call 261-4741.

BLESSING OF THE ANIMALS

Holy Trinity

The Rev. Bradley Cunningham will offer the traditional Blessing of the Animals on Saturday, Oct. 4 from 10-11 a.m. at Holy Trinity Anglican Church in celebration of the Feast of St. Francis of Assisi.

Everyone is welcome to bring their dogs, cats, birds, hamsters, even goldfish, to receive a special blessing. To help maintain order, if you have many pets, consider bringing a representative of each kind to receive the blessing on behalf of the others. Please bring pets leashed or crated.

Holy Trinity Anglican Church is located at 1830 Lake Park Drive, in Amelia Park, across the street from the YMCA.

St. Michael

Several parishes in the Diocese of St. Augustine will celebrate the annual Blessing of the Animals, on the feast of St. Francis of Assisi, patron saint of animals and the environment, including St. Michael Parish, 505 Broome St., Fernandina Beach, which will hold a blessing on Saturday, Oct. 4 at 10 a.m., on the church grounds.

All creatures – big and small,

furry and feathered – are welcomed to receive the ceremonial blessing, and most churches require pets to be on a leash and/or caged.

St. Francis of Assisi of Italy founded the Franciscan Order. He was known for his love and care for all creation. He often preached of taking care of "all good and beautiful things which God created."

New Vision

Four legged friends, winged companions and creatures of all kinds are invited to join the worship service at New Vision Congregational

Church on Sunday, Oct. 5 at 10 a.m. All pets are welcome, and bring your people too.

The blessing of the animals is a long-standing tradition that originated in the life of St. Francis of Assisi. The service of blessing celebrates animals as part of God's expansive creation. This fun, outdoor worship service includes lively music and a blessing of each squirming or wiggly animal present. Children will enjoy making an animal craft.

In the event of rain, all pets are invited indoors.

Special music provided by Jane

Lindberg, piano, and Larry Nader, bass, will highlight the love of animals in God's creation.

New Vision Congregational Church believes that faith is a journey of exploration, not a destination. "One way we love doing this is through enjoying all of God's creatures as we offer them a special blessing," says the Rev. Mary Kendrick Moore, pastor.

New Vision, a member of the United Church of Christ, meets at 96072 Chester Road in Yulee. Visit www.NewVisionCongregationalChurch.org, find them on Facebook or call Moore at 238-1822.

Worship this week

at the place of your choice...

Springhill Baptist Church

Sunday School9:30 am
 Sunday Worship.....10:45 am
 Wednesday AWANA.....6:15 pm
 Wednesday Bible Study.....6:30 pm
 Pastor: Bud Long

941017 Old Nassauville Road • County Rd-107 South
 Fernandina Beach, FL 32034
 261-4741
www.springhillbaptistfb.org

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 9 N. 6th Street
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 Dr. Doug Ganyo
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Worship 8:30 & 11 am
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 Youth Adults
 261-3837
www.first-presbyterian-church-32034.org

New Vision Congregational Church, UCC

Worship - Sundays
 at 10:00 am

96074 Chester Road in Yulee
NewVisionCongregationalChurch.org
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SUNDAY SERVICES:
 Adult Sunday School 9:30AM
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 Connecting with People.

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 Morning Services 8:15 and 11:00 am
 Sunday School 9:45 am
 Sunday Evening 6:00 pm
 Wednesday Prayer Meeting 6:30 pm
 Wednesday Children 6:30 pm
 Wednesday 'Overflow' Youth 6:30 pm
 Nursery Provided For All Services

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 904-225-5128
www.yuleebaptistchurch.com

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www.mumconline.com

Traditional Family Worship 8 am & 11 am
 (weekly communion at 8 am)

Contemporary Worship9:30 am in Maxwell Hall
 Sunday School for all Ages9:30 am & 11 am
 Wednesday Bible Study & Prayer6pm

Downtown Fernandina Beach
 601 Centre Street • (904) 261-5769

Where heart & mind meet Christ in love & service

Amelia Baptist Church

Pastor: Dr. H. Neil Helton
 Sunday Worship Service – 10:30am
 Bible Study – 9am
 Nursery provided for all services
 Small group studies-Adults 6pm
 Wednesday - Prayer Service 6:30pm
 Preschool and Children Activities

961167 BUCCANEER TRAIL
 Corner of Buccaneer Tr. & Gearing Road, Fernandina Bch
 For More Information Call: 261-9527

Amelia Plantation Chapel

An Interdenominational Community Church

Sunday Services 9:15 & 11:15 a.m.

Pastor Ted Schroder

Amelia Plantation Chapel
 36 Bowman Road
 (904) 277-4414 www.ameliachapel.com

You are welcome here!

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20 South Ninth Street 261-4907
 Rev. Darian K. Bolden Sr., Pastor

The Church
 in the Heart of the City
 With the Desire to be in the
 Heart of All People

Sunday New Members Class 9 a.m.
 Sunday School 9:30 a.m.
 Morning Worship 11 a.m.
 Wednesday Noon-day Prayer
 Wednesday Mid-week Service 7-9 p.m.
 Ministries: Bus & Van, Couples, Singles,
 Youth

FIVE POINTS BAPTIST

"Come Experience the Joy of
 Worship & Service" Psalm 100
 Rev. FRANK CAMAROTTI, Pastor

Sunday School10:00am
 Worship Service11:00am
 Evening Worship8:00pm
 Wednesday Night Supper6:00pm
 Encounter Youth Group6:30pm-8:00pm
 Children in Action7:00pm
 Wednesday Prayer Service7:00pm

736 Bonnevlew Road
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 Nursery provided
 WorshipInJoy.com
 Find us on Facebook:
 Five Points Baptist Encounter Youth

St. Peter's Episcopal Church

Welcomes You!
 Visitors Always Welcome!

Located at the corner of 8th & Atlantic

7:30AM Services
 8:15AM Breakfast
 9:00AM Service
 10:15AM Christian Formation
 11:00AM Service
 6:00PM Beach Service
 (second Sunday of each month)
 6:00PM Celtic Service
 (fourth Sunday of each month)

904-261-4293 • www.stpeterparish.org

Bible Baptist Church

Independent; Fundamental;
 Traditional Hymns

Sunday School10am
 Sunday Morning Service11am
 Sunday Evening Service6pm
 Wednesday Bible Study & Prayer7pm

Pastor Adolfo Del Rio
 820 S. 14th Street, F.B.
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To advertise in the Church Directory;
 Call the News-Leader at 261-3696

Unity Isle of Light

Unity. A Positive Path for Spiritual Living

Meets 2nd & 4th Sunday at 10:00 a.m.
 at American Beach Community Center
 1600 Julia Street
 Call 904.415.0822
 for more information
 All are invited & children are welcomed

FBC Fernandina Beach

Sunday Life Groups 9:00 am
 Worship 10:15 am
 Awana 5:30 pm
 1600 S. 8th St.
 904-261-3617 - FBFirst.com

Moving people from where they are
 to where God wants them to be.

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BLACKROCK BAPTIST CHURCH

96362 Blackrock Rd., Yulee
 261-6220

John Kasper, PASTOR

Sunday Morning Worship Service - 10:30 am
 Sunday School 9:15 am
 Sunday Evening Worship Service - 6:00 pm
 Wednesday Service - 7:00 pm

Nursery Provided
blackrockbaptist.org

Michael J. Fox among speakers for series

JACKSONVILLE – The Women's Board of Wolfson Children's Hospital 2014-15 Florida Forum lineup features actor and activist Michael J. Fox, best loved political couple James Carville and Mary Matalin and national security experts, Gen. Keith B. Alexander, USA (Ret.) and Robert S. Mueller, III.

The 2014-15 Florida Forum speaker series, produced by The Women's Board of Wolfson Children's Hospital and benefiting the Pediatric Surgery Center of Distinction, will host an all-star line up at the Times-Union Center for the Performing Arts in Jacksonville.

The 23rd season opens on Oct. 13 with Emmy and Golden Globe award-winning actor Michael J. Fox, who will discuss his iconic film and TV characters and how his diagnosis with Parkinson's disease at age 29 changed his outlook on life.

On Nov. 12, The Women's Board welcomes political power couple James Carville and Mary Matalin for an enlightening, post-midterm-election analysis as well as a behind-the-scenes look at Washington politics.

The season concludes on Feb. 10 with former USCYBERCOM Commander and NSA Director Gen. Keith B. Alexander, USA (Ret.) and former FBI Director Robert S. Mueller, III. Both recently holding top government posts, these experts will share their timely perspectives on national and cybersecurity, its impact on our lives and the Nation.

One of two major benefits produced annually by the all-volunteer Women's Board, the 2014-15 Florida Forum will contribute vital funds for program and clinical equipment needs as part of a five-year, \$4 million pledge supporting the Pediatric Surgery Center of Distinction, which will assure access to the most advanced pediatric surgical services and technologies available, enable the most skilled surgical staff to work on advancing surgical techniques, expand the use of minimally invasive and robotic surgery, and help the hospital meet the needs of pediatric trauma patients.

Tickets are available in various subscription packages. Visit www.thefloridaforum.com or call (904) 202-2886.

Established in 1973 by Ellen Cavert, the mission of the all-volunteer Women's Board is to raise community awareness and fund state-of-the-art infrastructure, programming and services for Wolfson Children's Hospital – the only dedicated children's inpatient facility in the region. Two annual fundraisers, the Art & Antiques Show and Florida Forum speaker series, enable the board to donate more than \$1 million a year to Wolfson.

FUSION EXHIBIT



Fusion, collaborative work by creative photographer Ann Kemp and kiln formed glass artist Denise Murphy, both of Fernandina Beach, is on exhibit through Nov. 7 at the Cultural Center at Ponte Vedra Beach, 50 Executive Way in Ponte Vedra Beach. Gallery hours are 9 a.m.-5 p.m., Monday through Friday. For more information call (904) 280-0614. Visit www.ccpvb.org. Above at the opening reception Sept. 26, from left, are Murphy, Margaret Howard and Kemp.

Food, fashion, celebrities at Southern Women's Show

JACKSONVILLE – The Southern Women's Show always jam packs four days with girls' favorite things when it takes over the Prime Osborn Convention Center Oct. 16-19. So what are the top 10 must see, not-to-be missed features at the show?

1. Real Housewife of O.C. Vicki Gunvalson. The Orange County version of Bravo's Real Housewives wildly popular franchise started it all, and Gunvalson is the "OG of the OC." The longest-running Housewife is president and founder of Coto Insurance & Financial Services. She spills the tea on what really happens behind-the-scenes in Coto de Caza, and how she's more than just a "Real Housewife" on Thursday, Oct. 16 at 1 p.m. only.

2. Rock New Fall Hair – On Us. Celebrity hairstylist Michael O'Rourke demonstrates his "Angles in Motion" cutting system and shares his advice from over 50 years as a platform artist. The best part? Michael and his team are providing complimentary, on-site cuts on a first come, first served basis throughout the show.

3. Best-selling novelist Stephanie Evanovich. Readers were captivated by Stephanie Evanovich's highly anticipated *New York Times* bestselling debut novel, *Big Girl Panties*. This summer, Evanovich returned with *The Sweet Spot*, the sizzling story of two of readers' favorite characters from *Big Girl Panties*. Stephanie appears on the Cooking Stage on Saturday at 1:30 p.m. for A Cook and A Book featuring Ron Block and Stephanie Evanovich.

4. Sun Salutations Before You Shop. On Saturday, Oct. 18, the Southern Women's Show invites guests for a pre-show yoga session with Fresh Jax in the Courtyard. Session starts at 9 a.m. Cost is \$12 and includes a ticket to the show. Proceeds will benefit Rethreaded.

5. Girl's Night Out. Organizers are toasting Jacksonville gals on Friday, Oct. 17 after 5 p.m. On Friday, guests can enjoy a glass of complimentary wine after 5 p.m. (One per person with coupon from website, limited quantities, while supplies last.) In addition, the ever-popular firefighter fashion show returns and the hunky heroes are back to once again burn up the catwalk to benefit the Southeastern Firefighters' Burn Foundation.

6. Fall Into Fashion. The trendiest fall fashions from Dillard's will be showcased during two fashion shows produced by Sessions Modeling Studio. Exhibitor fashions that will be for sale on show site will be

on display throughout the show with a series of dynamic fashion shows produced by Orlando Fashion Productions.

7. Special Days, Special Deals. On Friday, the first 250 guests in the show will get swag from Southern Peanut Growers; on Saturday the first 100 guests to the Pearle Vision exhibit will receive a coupon for \$20 off anything in the store. All during the show, Pearle Vision of Jacksonville offers free vision, screenings, free glass cleaning and adjustments. On Sunday, the first 500 guests in the show will receive a pedometer from Walgreens.

8. Ride and Drive. Chevrolet is rolling out its hottest and newest vehicles for a special ride and drive event at the show. They'll be onsite to offer test drives for gear head guests and those in the market for new wheels.

9. Makeover Madness. A trip to the Southern Women's Show is the ultimate girls day out, and there are opportunities for pampering around every corner. One of the most popular pampering pit stops is the Belk Pavilion, where guests are encouraged to take a seat, relax and enjoy complimentary makeovers.

10. Teachers Day. The Southern Women's Show celebrates teachers and their service to the community on Saturday. Public and private school educators will receive a discount to attend the show, discounted merchandise from select exhibitors when they show their school ID, and more. The first 100 teachers to come by the show office and show their school ID will receive a free Southern Women's Show reusable shopping bag.

The Southern Women's Show promises more than 400 exhibitors ranging from boutiques and jewelers to travel agents and health care professionals. If you're a foodie you can get great recipes from Fresh from Florida. If wine is your thing, try one of four varieties at the Turning Leaf Refresh Wine exhibit.

Show hours are Thursday 10 a.m.-7 p.m.; Friday, 10 a.m.-8 p.m.; Saturday 10 a.m.-7 p.m. and Sunday 11 a.m.-6 p.m. Admission is \$12 at the door, \$10 in advance online, \$8 in advance at participating Walgreen's, \$6 for children 6-12 years old and free for children under 6 years of age (with paying adult).

Valet parking will be available for \$10 per car on Friday and Saturday.

For group discount tickets and more information, call (800) 849-0248 or visit www.SouthernWomensShow.com.

ART WORKS

Painting workshop

"Painting Out Loud," a three-mornings workshop, is being offered at the Island Art Association and taught by contemporary landscape artist Sharon Haffey today, Oct. 4 and 6 from 9 a.m. until noon. The cost is \$100 for all three days or \$40 for an individual session. Acrylic and oil painters of all levels are welcome and the focus will be on color choices and mixing, composition, and adapting photos for painting in your own style. For information or to register, contact Sharon at sshaffey@aol.com or 310-9194.

Art show

The Island Art Association is exhibiting its juried Nouveau Art show, "Quotes From Shakespeare." Cummer Museum of Art & Gardens Curator Holly Keris was the judge. The show is at the gallery through Oct. 5 during gallery hours.

The IAA Gallery is located at 18 N. Second St. Call 261-7020 or visit www.islandart.org.

Fair trade market

The Fair Trade Market returns to Fernandina again this year on Saturday, Oct. 11 from 9:30 a.m.-3 p.m. at First Presbyterian Church Fellowship Hall, 9 N. Sixth St. Support fair trade by giving unique holiday gifts of baskets, pottery, metal craft, olive wood, scarves, jewelry, Christmas items, bags and more. Returning vendors include Creation of

Hope (Haiti), MayaWorks (Guatemala), PAL (Bethlehem naticities), Rahab's Rope (India), and SERRV (international). New vendors are Siwak Wood Crafts (Argentina), Koinonia Farms pecans, and Equal Exchange coffee and chocolate. All proceeds go directly to the farmers and artisans who create the products. Call 2611-0813 for more information.

Painting workshop

The Island Art Association, 18 N. 2nd Street, Fernandina Beach, will host a Larry Moore Plein Air Workshop, Oct. 30-Nov. 1 from 9 a.m.-4 p.m. each day.

This three-day workshop will focus on taking small references, small studies or photos and turning them into larger works. Depending on the weather the class will either work outside in the morning in downtown Fernandina Beach, to create plein air studies, or if the weather is not conducive, work in the Island Art Association Art Education Center Studio, from existing references and paintings. The instruction will study just what makes a painting work, how to create a stronger composition, being a more thoughtful artist and techniques and tips for the studio painter.

This prominent painter illustrator has been teaching for over 30 years. His work is in many museums and collectors' homes. He has published several books and many articles on his techniques. Visit www.larrymoorestudios.com.

Cost for the class is \$350. A \$100 deposit is required to hold a space. To sign up for the class contact larry@larrymoorestudios.com, phone (407) 222-8585, or write to him at 2440 Roxbury Road, Winter Park, FL 32789.

Elio Camacho classes

The Island Art Association will host an Elio Camacho Workshop Nov. 16-17 from 9 a.m.-5 p.m. at the IAA Art Education Center, 18 N. Second St., Fernandina Beach.

This nationally known artist has been teaching for many years and his work is in many museums and collectors' homes. Visit www.eliocamacho.com to learn more. "My mission is to provide students with the foundation necessary to be creative," says Camacho. "My goal is to assist students in capturing the particular mood of the moment and to express themselves in a bold and colorful way."

The workshops are hands-on, with an emphasis on easel-side critiques. "Based on the student's level and goals, I develop a program for improving each individual's ability as a painter," he says. Techniques to be covered are: Stroke angle and how it affects depth in thick loose strokes; brush speed; color temperature; harmony; and formulas and learn to see.

Fee is \$175. Sign up at ElioCamacho.com or by mail at: Elio Camacho, P.O. Box 21156, Piedmont, CA 94620. For questions contact EmyleeM@aol.com.

FALL FESTIVITIES

Zombies needed

In partnership with the city of Fernandina Beach Parks and Recreation Department, NACDAC is putting on a haunted house, "Nightmares on Elm Street."

On Oct. 24 and 25 from 7-10 p.m. they will turn the Peck Center into a haunted house filled with rooms based on people's worst fears and nightmares.

NACDAC needs 40-50 adults to help with everything from costumes and make-up to actual dress-up parts (for those who have always wanted to be a zombie).

To help, email Kerrie Albert at finsfan99@bell-south.net and indicate which dates you are available and how you would like to serve.

Fall Festival

Springhill Baptist Church will host its annual Fall Festival Oct. 24 from 6-8:30 p.m. Bring the entire family and enjoy an evening of food, games, prizes and activities. All the games are free and hamburgers, hotdogs and drinks will be offered at low prices. Admission is a non-perishable food item for the church food pantry. Children under 18 must be accompanied by an adult.

Springhill Baptist Church is located at 941017 Old Nassauville Road, Fernandina Beach. Call 261-4741 for information.

Haunted trails

Stay'N Country Ranch, 96125 Blackrock Road, Yulee, will host a Halloween event Oct. 24 and 25 from 6-9 p.m. with haunted walking trails, wagon rides and costume contests by age group; 5-under, 6-10 and 11-15 with categories of Scariest, Funniest and Best Overall. The Stay'N Connected Barn and animals

SALE Continued from 1B

bee house for that class, Sellner has created unique designs for several other bee houses and they will be on sale at the Fall Master Gardener Plant Sale. Be sure to come early if you want to buy one, supply is limited.

All proceeds benefit the Nassau County Master Gar-

ACT Continued from 1B

Cynthia Riegler, is tying the knot for the third time as the show begins. She just wants a man who will accept her for who she pretends to be. Charlie, short for Charlene and played by Celeste Amos, hates to wear a dress. She is a reluctant first-time bride and for her wedding, enacts the ugly bridesmaids dress revenge – making her bridesmaids wear the dresses she was forced to wear in their weddings.

Karen Harper plays Deedra, a judge with no patience for "fools, liars or wasting time." Her carefully planned life takes some unexpected twists and turns, but her friends are there to take the bumps with her. Libby Ruth, played by Wendy Gilvey, is happily married and a true romantic. She's always ready for the crazy demands of the next wedding, even if she only thinks the union will last "two months tops."

Besides being a bridesmaid for her friends, she also is the mother of the bride for her headstrong daughter Kari, played by Elizabeth Sawyer, who has been inspired by her mother's friends to take a chance at love.

Friendship is at the heart of this play, as it was in "The Dixie Swim Club," written by the same team of Jessie Jones, Nicholas Hope and Jamie Wooten. Besides being playwrights, they are experienced writers for televi-

AMP Continued from 1B

Sondheim and Hugh Wheeler's chilling, suspenseful, heart-pounding masterpiece of murderous "barberism" and culinary crime tells the infamous tale of the unjustly exiled barber who returns to 19th century London seeking revenge against the lecherous judge who framed him and ravaged his young wife.

His thirst for blood soon expands to include his unfortunate customers, and the resourceful proprietress of the pie shop downstairs soon

will be in full decor. Reservations appreciated. Call 322-9739 to learn more. Visit www.stayncountryranch.net.

Halloween party

The Woman's Club of Fernandina Beach will host its annual Halloween Lunch/Card/Game Party on Oct. 30 at the clubhouse, 201 Jean Lafitte Blvd. Any game can be played: cards, mahjongg, chess, scrabble, checkers, dominos – you get the idea! Lunch will be served at noon. Cost is \$15 per person. Costumes welcomed. Contact Joanne Helenbrook at 277-8244 or joanneonamelia@aol.com.

The Woman's Club of Fernandina Beach is a 501(c)3 nonprofit organization consisting of volunteers and whose main goal is to support many projects within the community with an emphasis on local schools.

OUT OF TOWN

Haunted history

Some of St. Marys' most chilling and historical figures will be out on Oct. 24 as the St. Marys Downtown Merchants Association and St. Marys Little Theatre present the sixth Annual Haunted History Tour.

Haunting storytellers will be stationed in period costume around 10 venues in downtown St. Marys, Ga., including the Oak Grove Cemetery, Orange Hall, Goodbread House, Riverview Hotel, the Clark House and the waterfront pavilion, among others. Actors from St. Marys Little Theatre and area residents will hold court beginning at 6 p.m.

Advance tickets are \$8, and \$10 on the day of the event (cash or check). Call (912) 882-7350.

dener program and their volunteer community projects.

The sale will take place at the Demonstration Gardens located at the James S. Page Governmental Complex, 96135 Nassau Place in Yulee. For more information, call the Extension office at 879-1019. Master Gardeners are on phone duty Fridays, at 491-7340.

sion and movies, and their plays are some of the most produced shows in the country.

Amelia Community Theatre began a sponsorship program for the 2014-15 season, and found the perfect match for "Always a Bridesmaid" with Artistic Florist which also contributed floral arrangements for the set.

Performances of Always a Bridesmaid are at 8 p.m. on Oct. 9-11, 16-18 and 23-25 and at 2 p.m. on Oct. 19 at 207 Cedar St. in ACT's main stage theater. Opening night ticket holders on Oct. 9 will feel like wedding guests as they celebrate the opening of the play and the new season at the pre-show party at 7 p.m., with complimentary beverages, cheeses and desserts.

On Oct. 11, audience members who still have bridesmaid dresses are invited to wear one and participate in the Most Unusual Bridesmaid Dress Contest for a chance to win a prize. "The show and the contest are just about having fun and finding the humor in all aspects of life," says director Linda McClane.

Adult show tickets are \$20 and student tickets through college are \$10. Season tickets are still on sale at \$100 for the six-show pass and \$85 for the five-show pass. The ACT box office is open from 11 a.m.-1 p.m. on Thursdays, Fridays, and Saturdays.

Tickets are also available at ameliacommunitytheatre.org. Call 261-6749 for more information.

has the people of London lining up in droves with her mysterious new meat pie recipe! Unlike the movie version, violence is artfully suggested.

Tickets are \$20 and are available at the theater, on the website at www.eliemusicalplayhouse.com, or call the box office at 277-3455.

Amelia Musical Playhouse is located at 1955 Island Walkway, right off Eighth Street in Fernandina Beach.

Due to intense subject matter, Sweeney Todd is not recommended for young children.

AROUND SCHOOL

CLASS NOTES

Conservation for kids

Educating the next generation of conservationists is a crucial part of White Oak's mission to provide conservation options for species that need them most. As part of its new education program, White Oak is connecting with local schools in order to engage more young people in lifelong behaviors that are both conservative and sustainable, benefiting wildlife and humans.

Would you like to engage your students with White Oak? Contact them at education@white-oak.org to learn how you can become a White Oak education partner.

PB&J drive

The Nassau County Volunteer Center and the Girl Scouts of Nassau County are holding their 16th annual Peanut Butter and Jelly Drive through Oct. 24, in coordination with national "Make a Difference Day."

Drop-off sites include: Nassau County Volunteer Center (1303 Jasmine St., Suite 104A); Emma Love Hardee Elementary; Fernandina Beach Middle School; Yulee Elementary; Yulee Primary; St. Michael Academy; Step-by-Step Child Care of Yulee; Winn-Dixie, Callahan; and Computer MD, Fernandina.

Donations will go to Nassau County Head Start programs, Barnabas Center, Salvation Army Hope House and Council on Aging Nassau. For information call 261-2771 or email at ncvcb@aol.com. Visit volunteernassau.org and find them on Facebook.

'Natural High 5K'

Nassau Alcohol Crime and Drug Abatement Coalition and Students Working Against Tobacco will host the first "Natural High 5K" in Callahan on Oct. 4 at West Nassau High School in Callahan, for youth to say yes to a natural high and no to drugs and tobacco. Registration begins at 7:30 a.m. and the run begins at 9 a.m., with opening ceremonies at 8:30 a.m. There will be prizes for the top three qualifiers. Fee is \$20 per runner. For information call (904) 955-0159.

Car wash

The Callahan Middle School Rambler Chorus will hold a car wash at the AutoZone in Callahan on Oct. 4 from 9 a.m. to noon. Cost for your car to be washed and dried is \$5 using the special AutoZone Car Wash soap and drying cloths. Proceeds will help pay for the choirs Florida Vocal Association District 4 MPA fees and holiday/spring concert tours.

Teen Court

Nassau County Teen Court will be held Oct. 7 at the Nassau County Judicial Annex, 76347 Veterans Way in Yulee. Sessions begin at 6 p.m.

Students ages 11-18 are invited to participate. Those wishing to be on the volunteer

jury or act as attorneys, court clerks and bailiffs can sign up through their school guidance offices or by attending court and signing up then. To participate as an attorney, see Coordinator Charles Griffin, who assigns the rotating positions. Volunteers need to arrive between 5:30 and 6 p.m.

For information call Griffin at 548-4600.

Public speaking

Nassau County 4-H invites home educators to learn more about the 4-H Tropicana Public Speaking competition for their students in grades 4-6. Join Extension staff at 10 a.m. Oct. 7 at the Nassau County Extension Service, 543350 US 1 in Callahan, to learn how to write and deliver a speech.

The countywide competition takes place at 10 a.m. Nov. 4 and one youth in the elementary and middle school age division will advance to the district competition Nov. 13. For information or to RSVP call 879-1019.

Homecoming parade

The Fernandina Beach High School homecoming parade will take place downtown on Oct. 10 at 4 p.m. The community is invited to participate. If you or your group would be interested in being included, contact Rob Hicks at FBHS at 261-5714 or robert.hicks@nassau.k12.fl.us.

College workshop

Impact Your World Church Inc. of Yulee will present a "Youth College and Scholarship Workshop" from 9 a.m. until noon on Saturday, Oct. 25. The free workshop will convene inside the educational annex of O'Neal Memorial Baptist Church, 474257 East SR 200 in Fernandina Beach.

This interactive, hands-on workshop will allow students, grades eight through 12, and their parents to gain practical experience searching the web to strategically target and identify potential educational funding sources and to become familiar with college entrance requirements at public and private institutions of all sizes across the nation. Attendees are encouraged to bring your Internet-capable electronic devices (laptops, tablets, notebooks, notepads, etc.). A few computer stations will also be available. Space is limited. Please register in advance by calling 261-9072.

Fall barbecue

The Fernandina Beach Middle School Family Fall BBQ will be held Nov. 7 from 5-7 p.m. in the school cafeteria, catered by Callahan BBQ. Dinner includes: chicken, ribs, coleslaw, baked beans, roll and tea. Drive through service available. The FBMS band, choir, drama and cheerleaders will provide entertainment. Tickets are available in advance at the school office, 491-7938. Tickets will not be sold at the door.

SCHOOL PICTURES



Help for Honduras

Fernandina Beach Christian Academy's first global outreach this year was to raise money for a children's food pantry in Honduras. Bill and Linda Inman, active members of First Baptist Church and missionary volunteers to Honduras, inspired the young students to take up the cause. Last year, amongst many outreaches locally and globally, the students at Fernandina Beach Christian Academy collected more than \$400 for a hand-pumping well in Rwanda. The Honduras project raised more than \$500.

SUBMITTED



Musical fun

First grade students at Fernandina Beach Christian Academy had a great time enjoying the lively and engaging musical performance of Mr. Al at The Peck Center. The school views the performing arts as very important in the intellectual, emotional and social development of children.

SUBMITTED



Panther program

Alexis Mayer visited the middle school science students at St. Michael Academy to share information regarding the "Florida Panther in Crisis." She was a guest of the Sierra Club and the Amelia Island Museum of History. St. Michael Academy students were grateful for her special visit to their school, which built great awareness regarding the Florida Panther and habitat management. Special thanks to Barbara Anderson for arranging the visit.

SUBMITTED

College Fair Oct. 11 in Jacksonville

High school students and their parents are encouraged to attend the Jacksonville National College Fair Oct. 11 from 11 a.m.-4 p.m. at the Prime F. Osborn III Convention Center, 1000 Water St., Jacksonville, to meet more than 150 college and university representatives from across the nation and attend workshops to help in preparing for college.

Florida State College at Jacksonville admissions representatives will be onsite to answer questions on program of study options, admissions, enrollment and more. For more information about workshops being offered and other details about the fair, students and parents may visit jaxcollegefair.org or contact any local high school guidance office.

Students can register in advance online at www.gotomyncc.com. This makes navigating the fair and collecting information from multiple colleges and universities much easier for students. By pre-registering students can print a bar coded confirmation to be used on-site at the fair as an electronic ID. Pre-registration is not required to attend the fair.

Admission and parking are free.

A pre-fair session, How to Maximize Your Visit, will be held at 11 a.m., 11:15 a.m. and 11:30 a.m.

Sponsored by the National Association for College Admission Counseling (NACAC), the National College Fair of Jacksonville draws thousands of students and parents each year.

For parents, the College Fair affords them the chance to collect valuable information on colleges and the college choice admissions processes. It provides some of what they need to adequately compare colleges and make decisions on issues such as quality of education, cost of attendance and academic support.

More than a dozen different workshops will be offered, covering topics such as financial aid and scholarships, college planning, transitioning from high school to college, timelines for underclassmen, preparing your middle school student for college, historically black colleges and universities, writing the college essay, plus sessions delivered in Spanish on financial aid and planning for college.

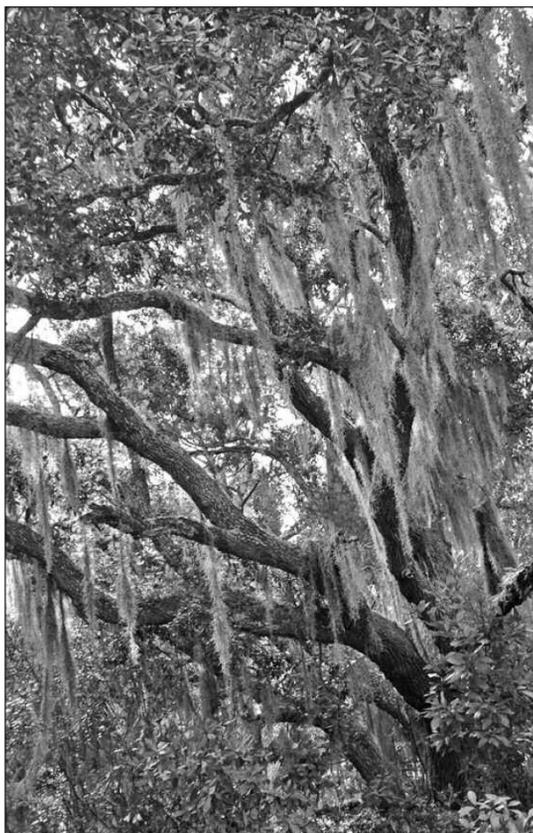


PHOTO BY KATHY BROOKS/FOR THE NEWS-LEADER

"The Giving Trees," a joint nature education program for children ages 7-14, sponsored by Wild Amelia and the Amelia Tree Conservancy, will be held Nov. 1 at Goffinsville Park.

'Giving Trees' program for kids

Wild Amelia, in partnership with the Amelia Tree Conservancy, will present "The Giving Trees," a nature education program designed for children ages 7-14, on Saturday, Nov. 1, from 10-11:30 a.m. at Goffinsville Park, 95001 Goffinsville Road, Fernandina Beach.

The program will include a guided walk in the park, led by Nassau County forester Dave Holley. The children who are working towards their Junior Naturalist status will complete an activity in the Junior Naturalist booklet, "The Maritime Forest," which can be purchased for \$5 at the Atlantic Avenue Recreation Center, the Book Loft, Books Plus, Fort Clinch Visitor Center, Coastal Trader II or Kayak Amelia.

Participants should meet at 10 a.m. at the picnic area for a special activity before the guided walk. Rain date will be Saturday, Nov. 22.

The program is free and is limited to 15 children, but adults are welcome and encouraged to come along. To register,

please email Robyn Nemes at robynemes@comcast.net.

The Amelia Tree Conservancy (ATC) is a diverse coalition of local citizens dedicated to preserving our maritime forest canopy. You may learn more about this organization on their website: www.ameliatreeconservancy.org.

Wild Amelia is a nonprofit organization whose mission is to educate residents and visitors about the wildlife and wild places of Amelia Island. The Junior Naturalist program, based on the Junior Ranger program in America's National Parks, is only one of Wild Amelia's year-round educational efforts—all of which culminate in a three-day nature festival on the third weekend in May.

The 9th annual Wild Amelia Nature Festival will be held from May 15-17, 2015, at venues on and around Amelia Island.

For more information about the Junior Naturalist program and the other programs Wild Amelia offers, please visit wildamelia.com and Wild Amelia on Facebook.

HOMES

Settlers prized American groundnut

Q: I found these pea pods growing on a vine in my back yard. Can I eat them? MW

A: I am checking with the University of Florida's Herbarium for a positive identification as I have only seen this vine once before at Egans Creek. The flower cluster is lovely; slightly larger than a golf ball in shades of magenta, pink, rusty brown and white. The vine has the leaf configuration similar to wisteria.

Kathy Russell, city of Fernandina Parks and Recreation, steered me towards the Native American groundnut, *Apios americana*, and I am inclined to agree with her. This vine can grow in partial shade or full sun; prefers low and moist woods, thickets, stream and riverbanks, ponds, marshes, meadows and wet ravines. It is a scary thing to eat plant material from the wild but in this instance, if it is truly the groundnut, then the seeds and tubers are edible.

Most of the information I have found on this plant has come from a publication by James Duke from Purdue University. According to his paper during the potato famine of 1845, *Apios* was introduced to Europe. Its cultivation there as a food crop was abandoned when growing potatoes again became feasible. The tuber is more slender and somewhat smaller than the typical potato as it is about 2.5 inches long. However, the tubers often grow in clusters of two to four.

American groundnut was prized by early American settlers who ate them boiled, fried or roasted. They called them groundnuts, potato beans or Indian potatoes. The Pilgrims of New England survived their first few winters by living on them. I don't know about you but that tidbit of information was news to me. Even bread was made from the root. Indians were said to eat the seeds like lentils.

American groundnut is found growing from eastern Canada and the US. It grows from Florida to Texas, north to



American groundnuts were prized by early American settlers who ate them boiled, fried or roasted.

PHOTO COURTESY OF REBECCA JORDI

Nova Scotia and west to Minnesota and Colorado. Like so many other vines, this species can also be "weedy" and cause problems in cultivated areas. It has been known to be a serious weed in cranberry plots (Devlin, 1981). Fernald (1958) recounted an anecdote indicating the economic value of the groundnuts to the pilgrims, "The great value to the colonists of this ready food is further indicated by a reputed town law, which in 1654 ordered that, if an Indian dug Groundnuts on English land, he was to be set in stocks, and for a second offence, to be whipped."

Q: Some of the University of Florida publications on lawn grasses talk about vertical mowing. What is vertical mowing? PS

A: The typical lawn mowers used in the home landscape are called rotary as the blades move in a horizontal plane. Vertical mowers have blades that move in a vertical (up/down) plane. This type of mower can be used to remove thatch buildup in lawns. If the thatch layer exceeds 1 inch, it can be removed by vertical mowing, or "vertical-cutting" in early spring to midsummer. It is a messy process and it is difficult for most to perform properly.

Vertical-cutting uses vertical blades that slice through the thatch and slightly into the soil, resulting in large portions of the dead material being removed from the top of the lawn. Usually the blades are spaced about three inches apart, which works best for St. Augustinegrass. This type of mowing can cause severe damage to the grass and requires a period of

recuperation and therefore it is best done when the grass is actively growing. Vertical-cutting should be done in one direction only – not in cross sections. Vertical-cutting will pull out large amounts of grass and thatch, which will require cleaning and removal. It will be important to mow the grass directly after vertical-cutting but be sure to mow at the highest height – never scalp or cut the lawn too short.

Water the detached lawn immediately to avoid dehydration of any exposed roots. One week after vertical mowing, you can apply 15-0-15 fertilizer at the rate of 1 pound of nitrogen per 1,000 square feet to encourage recovery. Water the fertilizer in immediately to prevent burning the grass. Periodic top-dressing (adding a uniform layer of soil or sand on top of the grass) with a quarter inch of soil matching the current soil is the best method to alleviate thatch accumulation.

If top-dressing, be sure to use soil free of weed seeds and nematodes and be careful not to exceed recommended top-dressing rates. Adding too much soil or organic matter will encourage large (brown) patch disease.

Q: Will you please identify this weed for me? MP

A: Thanks for bringing me a sample to the plant clinic. The weed is called Brazilian pusley, *Richardia brasiliensis*. Brazil pusley is an annual or perennial and looks similar to Florida pusley except it has a very deep, thick root. The thick root may be an excellent place for nematodes to live.

Brazilian pusley has a cluster of small white flowers at the top. In Florida, this plant occurs throughout the state on disturbed sites and roadsides, and in pastures and lawns. It is distributed in the southeastern United States, from southern Texas along the coastal plain to southeastern Virginia. This weed will bloom in almost any month that lacks frost. Visit <http://edis.ifas.ufl.edu/fw033> to learn more.

Mail questions to Garden Talk, c/o Rebecca Jordi, Nassau County Extension, 543350 US 1, Callahan, FL 32011. Visit <http://nassau.ifas.ufl.edu>.

rljordi@ufl.edu

HOME & GARDEN BRIEFS

Harvest Day

The Timucuan Preserve will host Harvest Day Oct. 4 from 10 a.m.-4 p.m., to mark the end of the harvest season at Kingsley Plantation. Enjoy demonstrations including: cooking, tabby making, blacksmithing and the harvest of Sea Island cotton and indigo; two of the historical cash crops for the plantation. Families are invited to help with tasks such as butter churning, cotton ginning and producing indigo dye.

In addition, learn how Kingsley's enslaved workforce was armed to defend the plantation and hunt. Park rangers will introduce the type of musket used on the plantation by discussing the Patriot Rebellion, a tumultuous time for Florida plantations.

The event is free and open to the public. Call (904) 251-3537 or visit www.nps.gov/timu. Located off Heckscher Drive/A1A half a mile north of the St. Johns River ferry landing, Kingsley Plantation is open daily, at no charge, from 9 a.m.-5 p.m.

Plant clinic

On Oct. 6 from 10 a.m. until 2 p.m., Extension Director/Horticulture Agent Rebecca Jordi will conduct a Plant Clinic at the Yulee Extension office. All county residents are invited to bring plant samples showing problems in their landscapes. Problems will be identified and solutions offered for correction. There is no fee for this service. For information call 879-1019.

Wild Nite

Wild Amelia's October Wild Nite, Oct. 14 at 7 p.m. at the Peck Center Auditorium, 516 South 10th St., will focus on energy conservation, specifically the benefits of solar energy. Guest speaker will be Pete Wilking, who designs and installs solar power systems for homes, businesses and government agencies. As president of A1A Solar, he has overseen the installation of solar energy systems that have harvested more than 1.3 gigawatt hours of solar energy. He consults with homeowners, builders and architects on energy efficient construction and energy conservation techniques. Visit wildamelia.com and Wild Amelia on Facebook.

Native plants

Florida Native Plant Society, Ixia Chapter, will meet Thursday, Oct. 16 at 6:30 p.m. at the University of North Florida, University Center, 12000 Alumni Drive, Jacksonville. The program will feature Dr. Charles Covell, curator of moths at the University of Florida's McGuire Center. The meeting is free and open to the public. Visit <http://ixia.fnpschapters.org> or call (904) 388-4392 for additional information.

White Oak tour

Join Amelia Tree Conservancy for a guided wildlife tour of the White Oak Conservation Center for an up-close experience with exotic animals. In addition, visit the Big Game Room Complex

and Baryshnikov Dance Studio and enjoy a gourmet luncheon. The event is Oct. 24 at 10 a.m. The cost is \$145/person, of which a small portion will support future ATC tree plantings, preservation and education outreach.

Go to www.ameliatreeconservancy.org for information and to download a sign-up form. For information email ATC at info@ameliatreeconservancy.org. The deadline for the completed form and check has been extended to Oct. 15.

Dine in the woods

On Oct. 25 from 4-7 p.m. the Jacksonville Arboretum & Gardens will host "Wine and Dine in the Woods" with these restaurants providing samples of their signature dishes: Biscottis, Mudville Grille, Salt Life Food Shack, Earth Fare, River City Brewing Company, Havana Jax-Cuba Libre, The Grotto, Bono's/Pastiche, Dig Foods, Certified Steak and Seafood, Anthony's Gourmet Catering, Potter's House Soul Food Bistro, Coffee Perks, and Mike's Pies. Taste from 75 imported and domestic wines in your complimentary wine glass from Southern Wine & Spirits, or New Belgium and Sam Adams beers from Champion Brands, and Green Room Brewing, Bold City Brewery and Zeta Brewing Company custom crafted beers. While you stroll along the trails of the Arboretum, the North Florida Bluegrass Association and an appearance from Jaxson DeVille will entertain you.

Visit www.jacksonvillearboretum.org/eventsactivities/ for details and to purchase tickets to this event.

Beekeeping class

Amanda Marek of the UF/IFAS Nassau County Extension Service, Agriculture & Natural Resources, will host a "Beekeeping for Beginners" workshop on Nov. 1 from 9 a.m.-3:30 p.m. at the Extension office, 543350 US 1 in Callahan.

Topics will include A Bit of Bee Biology; Your Beekeeping Equipment; Getting Started; Managing Your Beehives; Local Botany Buffet for Bees; How-to's of Harvesting Honey; Regulations, Inspections & Africanized Bees; and questions with experts and local vendors. There will be a chance to win a live hive. Tickets are \$20 cash and the hive is valued at \$285. All proceeds go to the Nassau County Beekeepers Club.

Call 879-1019 to register by Oct. 29. Fee is \$15/person (cash only) to cover food and materials. Lunch is provided.

Arboretum party

The Jacksonville Arboretum & Gardens will celebrate its sixth anniversary Nov. 8 from 9 a.m.-5 p.m. "The Art of Nature" is a family friendly event that includes live music, storytelling, food, children's crafts, guided nature walks, nature related merchandise and other fun activities.

By attracting new visitors, the arboretum will raise awareness of this natural world that seems so far away, but is close to home. Visit www.jacksonvillearboretum.org/eventsactivities/ for details.

FERNANDINA MARKET

The Fernandina Beach Market Place farmers market dishes up local music throughout the year and on Oct. 4 it is having a celebration of jazz!

Shop in the crisp, October air to a selection of prerecorded music featuring the artists performing in the 2014 Amelia Island Jazz Festival. Visit with the growers and producers that work hard preparing their fresh and tasty treats for the Market Place, while jazz music sets the ambiance.

Returning for fall is Mina's Bakery. Mina, who is from Sarajevo, Bosnia, specializes in Mediterranean and Eastern European desserts, tortes, cakes, pastries and cookies. Everything she makes is from scratch. European cakes are not too heavy, nor are they overly sweet and many of the recipes she uses have been passed on to her in really old notebooks.

All About U.S. is returning this week with wild Sockeye salmon, Alaska weathervane scallops and smoked salmon. Unlike genetically modified farmed salmon, you will find no antibiotics, high levels of

PCBs, added pigment or growth hormones in their Sockeye filets. They are wild, all natural and pure.

Jay's Marketplace brings a delicious olive salad, and their olive juice is perfect for your next "Dirty Martini." Stop by their booth for a variety of recipes, but their olive salad is intended to help you make the world's best Muffuletta sandwich.

Volunteers from the Amelia Island Jazz Festival will be on hand to tell you about all of the different concerts taking place on Amelia Island from Oct. 16-19, as well as the free concert in the park on Oct. 12. Jazz greats and festival founders Les DeMerle and Bonnie Eisele will make a special appearance to tell you more about their scholarship program that helps fund college education for aspiring jazz musicians.

Located on North Seventh Street, the Market Place is open from 9 a.m.-1 p.m. every Saturday, rain or shine.

Visit FernandinaBeachMarketPlace.com, like them on Facebook, or call 557-8229.

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ANNOUNCEMENTS

102 Lost & Found

If You Have Lost Your Pet - please check the Nassau Humane Society facility located at 671 Airport Rd. next to the airport (904)321-1647 & the Nassau County Animal Shelter, 86078 License Rd. in Yulee next to the drivers license building (904)491-7440.

105 Public Notice

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NATIONAL ORTHODONTIC HEALTH MONTH

201 Help Wanted

FIREFIGHTER PARAMEDIC
Nassau County has an opening for three Firefighter Paramedics with the Fire Rescue Department at \$10,5202 hourly plus benefits. Requires a high school diploma or GED equivalent supplemented by experience and training in fire and EMS service programs. Must complete required coursework and maintain required State of Florida Firefighter II, State of Florida Paramedic, Basic Life Support and Advanced Cardiac Life Support certifications. Must possess valid State Class E driver's license and EVOIC certification. Applications will be accepted until filled and can be obtained in the Human Resources Department located at 96135 Nassau Place, Suite 5, Yulee, FL 32097. online at www.nassaucountyfl.com, phone (904)491-7332 or fax (904)321-5797. EOE/M/F/D/V Drug Free Workplace.

LANDSCAPE INSTALLER NEEDED - Must be a motivated person with 1 year experience or more with Landscape Installation. Must have a valid Florida Drivers License. Please call James (904)887-8266.

ADVANCE REHABILITATION in Fernandina Beach - is seeking a self motivated, part-time Front Office Assistant. The position requires a strong work ethic, good organizational and customer service skills, and the ability to handle multiple tasks. Interested candidates please fax resume to (904)261-5852 or email sduncan@advancerehab.com.

HOUSEKEEPER: Greyfield Inn - Cumberland Island. In residence position, dining experience required. \$25,500 per annum. Apply 4 North 2nd Street, Suite 300, Fernandina Beach or call 261-6408 for application.

EXPERIENCED OTR FLATBED DRIVERS - earn 50 up to 55 cpm loaded. \$1000 sign on to qualified drivers. Home most weekends. (843)266-3731 / www.bulldoghighway.com. EOE. ANF

OFFICE ASSISTANT - We are seeking a self motivated individual to join our staff. Requires Excellent Typing Skills, Data Entry, and Customer Service. Candidate must have knowledge in Microsoft, Word & Excel. Previous business office experience required. Benefits include Health/Life Insurance, 401k, Vacation. Email resume with typing speed to NassauAsst@gmail.com.

FAITH CHRISTIAN ACADEMY - Seeking Before and After School Care staff member, approximately 25 hours/week. Experience desired. If interested, please send resume via email to balvarez@faangels.com or call Bryan Alvarez at (904) 321-2137.

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FARMS & ANIMALS

503 Pets/Supplies

FREE PUPPIES - Lab mix, 7-8 weeks old. Call (904)305-0086.

MERCHANDISE

601 Garage Sales

SAT. 10/4 - 8am-noon. 2401 Sussex Dr. in Lakewood. Kayaks, basketball goal, beach & pool stuff, & lots more.

MOVING/GARAGE/ESTATE SALE - Remodeling - furniture, exercise, books, new stuff. All under roof. Sat. 10/4, 8am-? 1108 Olive St., east of 8th St., Fernandina. (904)753-1116

RAIN OR SHINE GARAGE SALE - Remodeling - Need to downsize. King size headboard, 96" dining table w/6 chairs, dishes, cookware, lots of good stuff. 1659 N. Fletcher. Fri. 10/3, 8am-2pm & Sat. 10/4, 8am-1pm.

DOWNSIZING SALE - Sat. 10/4, 8am-1pm. 1613 Plantation Oaks Ln., FB. Tools, furniture, books, Barbies, Beanie's, records, beer glasses, board games, turntables, Gorilla ladder, electronics & more.

MOVING SALE - Sat. 10/4, 8am-2pm. Shelves, computer desk, elliptical, TV stand, washer, dryer, tools, bed frame, misc. items, garage items, housewares, turkey cookers, etc. 95292 Arbor Ln.

601 Garage Sales

YARD SALE - Sat. 10/4, 8am-1pm. 86064 Venetian Ave., in Pinewood Point Subd. (Hideaway subd.), Yulee. Sleeper sofa, dining room table & chairs, 8' pool table, washer & dryer, living room chairs, toys, & misc. items.

86123 YULEE HILLS RD. - Sat. 10/4 & Sun. 10/5, 9am-3pm. Rain cancels.

ANTIQUES/COLLECTIBLES/TOOLS - 1337 Marian Dr., off of Buccaneer Trail, next to Amelia River Golf Course. Fri. 10/3 & Sat. 10/4 only, from 8am-2pm. China, books, linens, CDs, jewelry, coffee makers, bread machine, toys, crafts, holiday items, auto/wood working tools & lots, lots more! Cash only. Rain cancels.

YOU PURCHASED TELESCOPE - Sat. 9/27 on Caprice Ln. We have missing part you'll need. Call 415-6268.

94310 SUMMER BREEZE DR. - Fri. 10/3 & Sat. 10/4, 9am-3pm. Rain or shine! Lots of antiques & collectibles, some furniture.

REALLY BIG! GARAGE SALE - Sat. 10/4, & Sun. 10/5, 9am-5pm. 75293 Edwards Rd., Yulee (904)277-3905

626 S. 3RD ST. - American Legion - Yard Sale 9am-2pm, S.A.L. chicken dinners 11am. Blood drive 9am-3pm.

YARD SALE - Whatnots, furniture, tools and much, much more. Thurs. & Fri., 8am-1pm. Nassauville to Marc Anthony Rd. Follow signs. Rain cancels.

MULTI-FAMILY GARAGE SALE - Sat. 10/4, 8am. Furniture, clothes, household items, collectibles/toys, antiques. 14th Street Place / 1409 Highland Dr.

GARAGE SALE - Sat. 10/4, 9am-1pm. Multitude of books, puzzles, board games, crafts, antiques, art, furniture, Shabby decor, fine china, household, clothes, & more. Ocean Landing Subd., 2255 Off Shore Dr., Fernandina Beach.

COMMUNITY YARD SALE - Sat. 10/4, 8am-2pm. Murray Hill Apartment Complex, 1655 Lime St. Rain cancels.

601 Garage Sales

THURS., FRI. & SAT. - Oct 2 thru 4, 9am-3pm. Finally all moved and priced to sell. More furniture, king mat. set, Daisy - Washington iron cook stove, pew, TVs, fishing stuff, old iron bed frame, planer, joiner, parts washer and more. Follow signs from Callahan Fairgrounds or A1A & Griffin Rd., 56264 Nassau Oaks Dr. RAIN OR SHINE!

FRI. 10/3 & SAT. 10/4 - 9am-4pm. 86096 Springmeadow Ave., Yulee. Furniture, household items, kitchen items, clothes, & some tools.

Nat'l Breast Cancer Month

VIAGRA & CIALIS USERS:
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Specializing in the Summer Beach area.

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601 Garage Sales

ESTATE SALE - Appointment only, Amelia Omni Plantation. Ant. China Minton, Spode, Belleek, Haviland, Baccarat Crystal, Gorham Sterling 12 place setting, assorted pieces, other beautiful pieces of China and glass, antique furniture, French Louis Philippe sideboard, Oak bookcase, Mahogany rocker, vintage textiles, rolled fabric, Liberty silk scarves, quilts, quilt tops, large Danish Modern China Cabinet, hand-made dining table, six Henredon chairs, Oriental rugs, Ant. hand-carved Ivory, beautiful ant. jewelry, Cloisonne & Sterling butterflies, military items, baseball cards, vintage boyscout items, library of books, coins, large coffee table, very nice art work, Grandfather clock, new modern Wicker patio set, planters, garage full. Many wonderful items. Fernandina Beach. For appt. call (904)206-0410.

602 Articles for Sale

CLOTHING SALE - Tues. thru Thurs., 10am-5pm. Antiques, uniques and garage sale items. The Barn in Yulee, 850918 U.S. Hwy 17.

603 Miscellaneous

'85 NISSAN 300 ZX - runs good, \$1,800/OBO. Like new Admiral washer, \$125. 16' car hauler, tandem axle, \$1,700/OBO. Call (904)206-3622.

SAFE STEP WALK-IN Tub Alert - for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic jets. Less than 4" step-in. Wide door. Anti slip floors. American made. Installation included. Call 1-800-605-6035 for \$750 off. ANF

ATTENTION - Viagra & Cialis users. A cheaper alternative to high drugstore prices. 50 pill special - \$99 Free shipping. 100% guaranteed. Call now 1-800-943-8953. ANF

613 Television Radio-Stereo

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613 Television Radio-Stereo

DISH TV Retailer - Starting \$19.99/mo. (for 12 mos). Find out how to SAVE up to 50% today! Ask about SAME DAY installation. Call 1(800)605-0984. ANF

RECREATION

704 Recreation Vehicles

'90 VINTAGE ELECTRIC GOLF CART - 4 seater, full canopy top, sport wheels, tires, battery charger, used in gated community, new windshield, new lights, steering upgraded. May be upgraded for street use. (904)261-8866

REAL ESTATE SALES

804 Amelia Island Homes

1ST AVE. - 5BR/3BA, 2 car garage, partial ocean view. Great 2 story beach house can easily be returned to a duplex. \$375K. No brokers please. (904)753-0882

806 Waterfront

Waterfront Homes & Lots - Call (904) 261-4066 for information. C.H. Lasserre, Realtor.

809 Lots

HIGHLAND DUNES - Beautiful house lot. Set up for full basement/in-law apt. Private backyard. Asking \$99,000. Call (508)685-2803.

HOMELESS ANIMALS... THEY'RE DYING FOR A 2ND CHANCE.



Adopt A Companion Today.

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817 Other Areas

ABSOLUTE AUCTION - Florida, AL. 12,000+/- sq. ft. home near Lake Jackson, 2327 Goldenrod Ave. 10/15, 1pm. Gtauctions.com (905)326-0833. Granger, Thagard & Associates, Inc. Jack F. Granger, #873. ANF

PREVIOUS BANK FORECLOSURE - 5 acres up to 30 acres from \$14,900. new community, mtn views, 40,000 acre lake minutes away, trout streams, creeks, adjoins state lands. Exc financing. Call (877)520-6719 or Remax (423)756-5700. ANF

NC MOUNTAINS - near Asheville. Owner must sell new log cabin on 1.5 acres. Huge porches, vaulted ceiling, 1200sf ready to finish. \$74,900. Add'l acreage avail. (828)286-2981. ANF

REAL ESTATE RENTALS

851 Roommate Wanted

ROOM FOR RENT - for mature female, responsible professional. (904) 310-6310

2BR 1ST AVE - to share. Your part \$600/mo. (includes all). \$200 deposit. Mature, professional, must work a full time job. (404)394-0382 leave a msg.

852 Mobile Homes

AFFORDABLE LIVING - Bring your RV to live on a campground for \$425/ mo. All utilities included. (904)225-5577.

STATIONARY RV'S - for rent weekly or monthly. Call (904)225-5577.

855 Apartments Furnished

1BR/1BA - dining/kitchen, carport, elect, water, W/D, cable T.V., internet, in Nassauville. 6 mo lease. \$500/mo + \$350/dep. (904)310-9661

AT BEACH - 1BR \$225 wk/\$895 mo. + dep. Inc all utlis + basic cable. Avail now. **ALSO 212 S. 14th duplex 2/1**, and 2 & 3BR mobile homes. 261-5034

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Needs volunteers to help Nassau County families who need food, shelter and basic necessities. Call: 904.261.7000 for more information.

1303 JASMINE STREET FERNANDINA BEACH, FL 32034

856 Apartments Unfurnished

VILLA - 4 minutes to beach, 2 minutes to public golf course. Pool. 2BR/3.5BA. Redecorated kitchen, LR, & master bedroom. Lovely. (904)206-3739

OCEAN VIEW UPSTAIRS DUPLEX - \$1200/mo. One huge BR/study, 1-1/2 baths, lg living rm/dining area/kitchen, enclosed front porch, open side porch, great garage, storage area. Includes W/D, D/W, stove, fridge. 2337 Fletcher. (904)583-2599 or (904)261-7754

DUPLEX - 2BR/1BA, older, shaded lot, near bicycle path and the beach. \$900/mo. + deposit. (904)556-2064

857 Condos-Furnished

FURNISHED 3BR/2.5BA TOWNHOUSE - on Amelia Island, 2 bks from beach. Available weekly or monthly thru April 2015. Call Ronald (229)392-4969, if no answer leave msg.

860 Homes-Unfurnished

NORTH HAMPTON - 4BR/3.5BA, 2715 sq. ft. Lawn maintenance, cable, internet & security monitoring included in rent at \$1875. Great community amenities. Call PDQ Property Mgmt, (904) 432-7120.

3BR/2BA HOUSE - in Heron Isles. Kitchen has all appliances. Garage, fenced in yard, lake view. Pets considered. 96050 Starlight Ln. \$1200/mo. (904)557-6501

2BR/1BA HOME - for rent, Hwy 17 in Yulee. \$850/mo. + \$850 deposit. Call (904)225-8720.

OCEAN CLUB DRIVE HOUSE IN THE PLANTATION - on golf course/lake (across street from ocean). 4BR/5.5BA (over 5300sf). Partly furnished, pool, spa, elevator plus more amenities. \$5,000/mo + utilities. (904)321-3444

860 Homes-Unfurnished

READY NOW - Nice 3BR/2BA, large living rm and screened porch. Located in Yulee. \$1125/mo. Call The Real Estate Centre, Inc. (904)206-1370

S. 14TH ST. - 2BR/1.5BA. Washer/dryer connections. No smoking. Service animals only. \$1025/mo. All utilities included. Call (904)708-3616.

VISITwww.chaplinwilliamsrentals.com for the most recent information on Long Term Rentals. Updated Daily. Chaplin Williams Rentals, The Area's Premier Rental Company

861 Vacation Rentals

OCEANVIEW - 3BR/2BA & 2BR/1BA. Call (904)261-4066, C.H. Lasserre, Realtor, for special rates.

863 Office

EXECUTIVE OFFICE SUITES - Office space from 100 sq. ft. to 2,000 sq. ft. Includes utilities, Internet, common area receptionist, conference room, break room, & security. For info call (904)753-4179.

TRANSPORTATION

901 Automobiles

FOR SALE - 2011 Honda Civic. Blue. 68,000 miles, excellent condition. \$12,500. Call (904)613-3440.

1994 JEEP WRANGLER S - 4.0, 6 cylinder, auto., 2 tops, runs great, no leaks. \$5,500. (904)321-0643

2008 TOYOTA TACOMA - Great condition. 170,000 miles. Asking \$8,500. Call Robert (904)206-1578.

904 Motorcycles

2000 HONDA GOLDWING 25TH ANNIVERSARY EDITION - Excellent condition. Lots of extras. \$7,500/OBO. Call (724)244-4927 or (904)845-2813.

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- Ocean front 2br 2ba condo, 2nd floor no elevator, furnished \$2,000 a month*
- 1br 1ba carriage house, downtown area \$1,000 a month includes water/sewer/garbage
- Forest Ridge Townhouse 2BR/1.5Bath \$1,450.00 with some utilities, furnished.

VACATION RENTAL

- AFFORDABLE WEEKLY/ MONTHLY 2BR/1BA Ocean-view. 487 S. Fletcher. Across the street from the beach. All util, wi-fi, TV & phone.
- COMMERCIAL
- 13 & 15 North 3rd Street, Historic District 1500 + Sq. Ft. \$2,400.00/mo.
- 800sf Office/Retail spaces, A/A next to Peacock Electric \$12/sq.ft. + Cam & Tax
- Amelia Park - Unit B - small office (2 rooms) with bath, 576 sq. ft. \$1050/mo. + sales tax.
- 1839 S. 8th St. adjacent to Huddle House, 1,800 sq.ft. \$1700/mo. lease + tax. Sale also considered.

904.261.4066

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 Has Changed During Preceding 12 Months (Publisher must submit explanation of change with this statement)

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14. Issue Date for Circulation Data Below: **09/17/2014**

15. Extent and Nature of Circulation

Average No. Copies Each Issue During Preceding 12 Months	No. Copies of Single Issue Published Nearest to Filing Date
a. Total Number of Copies (Net press run)	
9550	10000
b. Paid Circulation (By Mail and Outside the Mail)	
(1) Mailed Outside-County Paid Subscriptions Stated on PS Form 3541 (include paid distribution above nominal rate, advertiser's proof copies, and exchange copies)	284 302
(2) Mailed In-County Paid Subscriptions Stated on PS Form 3541 (include paid distribution above nominal rate, advertiser's proof copies, and exchange copies)	5142 5130
(3) Paid Distribution Outside the Mails Including Sales Through Dealers and Carriers, Street Vendors, Counter Sales, and Other Paid Distribution Outside USPS®	1793 2135
(4) Paid Distribution by Other Classes of Mail Through the USPS (e.g., First-Class Mail®)	0 0
c. Total Paid Distribution (Sum of 15b (1), (2), (3), and (4))	7219 7567
d. Free or Nominal Rate Distribution (By Mail and Outside the Mail)	
(1) Free or Nominal Rate Outside-County Copies included on PS Form 3541	7 7
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(3) Free or Nominal Rate Copies Mailed at Other Classes Through the USPS (e.g., First-Class Mail)	0 0
(4) Free or Nominal Rate Distribution Outside the Mail (Carriers or other means)	80 80
e. Total Free or Nominal Rate Distribution (Sum of 15d (1), (2), (3) and (4))	88 88
f. Total Distribution (Sum of 15c and 15e)	7307 7655
g. Copies not Distributed (See Instructions to Publishers #4 (page #3))	2243 2345
h. Total (Sum of 15f and g)	9550 10000
i. Percent Paid (15c divided by 15f times 100)	98.80 98.85

16. Electronic Copy Circulation

Average No. Copies Each Issue During Preceding 12 Months	No. Copies of Single Issue Published Nearest to Filing Date
a. Paid Electronic Copies	
72	126
b. Total Paid Print Copies (Line 15c) + Paid Electronic Copies (Line 16a)	
7291	7693
c. Total Print Distribution (Line 15f) + Paid Electronic Copies (Line 16a)	
7379	7781
d. Percent Paid (Both Print & Electronic Copies) (16b divided by 16c x 100)	
98.81	98.87

I certify that 50% of all my distributed copies (electronic and print) are paid above a nominal price.

17. Publication of Statement of Ownership
 If the publication is a general publication, publication of this statement is required. Will be printed in the **10/03/2014** issue of this publication. Publication not required.

18. Signature and Title of Editor, Publisher, Business Manager, or Owner
Foy R. Maloy, Jr. - Publisher
October 1, 2014

I certify that all information furnished on this form is true and complete. I understand that anyone who furnishes false or misleading information on this form or who omits material or information requested on the form may be subject to criminal sanctions (including fines and imprisonment) and/or civil sanctions (including civil penalties).

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