

TUESDAY
 TODAY & next morning
HIGH 65
LOW 47
 Cloudy and cool with rain.
 PAGE A4

CITRUS COUNTY CHRONICLE

www.chronicleonline.com



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CMH expands bariatric surgeries

Hospital says it has a waiting list of about 40 for the procedure

FRED HIERS
Staff writer

It had been almost 20 years since Kimberly Juiliano set foot into her favorite pizza restaurant, but longtime employees still remembered her.

She ate at the Manville, New Jersey, restaurant nearly every day as a teenager, next to the bakery where she worked when she wasn't in school.

When it came to food, she was impulsive.

"I just ate what I wanted. I didn't have a shut-off mechanism ... (and) I didn't do anything to change it," she said.

By the time she was 13 years old, she weighed 185 pounds. Her weight only increased from there.

Thirty-two years later, she was a bariatric surgery patient at Citrus Memorial Hospital, and a beneficiary of the facility's expansion into a minimally invasive form of the surgery.

But that came only after years of trying dozens of diets, with none keeping the weight off.

When Juiliano turned 16, she got pregnant. She gained more weight and was carrying about 200 pounds on a 5-foot, 5-inch frame.

The weight gain didn't stop there. A year later, she got pregnant again and gained another 90 pounds.

She was depressed, in a bad marriage and turned to food for comfort.

"I found solace in food," she said, and shrugged. "Ice cream doesn't talk back."

She continued to spiral downwards.

After the pregnancy, she lost some of the new weight and settled in at about 220 pounds, still 20 pounds heavier than before having her second child, and as much as 100 pounds heavier than the medically advisable weight for a woman her height.

Soon later she divorced her husband and found a job with a

See **SURGERY**/Page A9



Kimberly Juiliano walks along the Withlacoochee State Trail Thursday afternoon. Juiliano had a vertical sleeve gastrectomy at Citrus Memorial Hospital on Oct. 29, 2018. To date, she has lost 72 pounds. Her goal, she says, is to lose a total of 90 pounds.

MATTHEW BECK/Chronicle

Second 7-Eleven on deck

Cardinal store could be the first to open

MICHAEL D. BATES
Staff writer

For years, Citrus County didn't have any 7-Elevens.

Now, in the space of six months, the Texas-based chain has filed paperwork with the county to build two of them — and both are within 2 and a half miles of each other on U.S. 19 in Homosassa. Both will be owned by different franchise operators.

The first one is planned for 9335 U.S. 19, just north of the Publix-anchored Shoppes of Sugarmill Woods.

The second is on the northeast corner of U.S. 19 and West Cardinal Street.

There are no timetables for opening. However, Ted Kozak, principal planner with the Citrus County Land Development Department, said he expects the Cardinal store to open first because it's further along in the permitting process.

The county planning department has already approved the conditional-use permits for both locations and is only awaiting a building permit. Both stores have different franchise owners.

The Cardinal 7-Eleven will be 3,109 square feet, with 12 gas pumps and a car wash. Patrons will be able to enter via U.S. 19 or Cardinal.

On the opposite corner is a Shell station and Walmart. The site was formerly Emily's Restaurant.

The Sugarmill store will be slightly bigger, with 16 gas pumps and car wash. Customers will also be able to enter it via a shared access road from the Shoppes of Sugarmill Woods.

County Economic Development

See **7-ELEVEN**/Page A2

Jury seated in trial of sheriff's office crime scene analyst

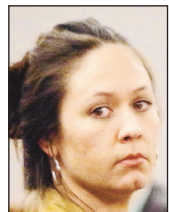
Opening statements begin today

BUSTER THOMPSON
Staff writer

Attorneys and Circuit Court Judge Richard "Ric" Howard on Monday selected four women and three men to decide whether fired Citrus County Sheriff's Office crime scene analyst Ashley Pate is guilty of divulging secrets of sheriff's drug raid to the public.

Assistant State Attorney Janine Nixon and Pate's lawyer, William Anderson, will give their opening statements Tuesday morning, starting the up to three days of expected evidence presentation and testimonies from at least 14 witnesses.

If convicted of disclosing confidential law-enforcement information, a



Ashley Pate

third-degree felony charge, 34-year-old Pate, of Inverness, could be sentenced to a maximum of five years in prison; she could also get a probationary term.

Prosecutors allege that Pate, then a crime-scene technician with the sheriff's office, told her mother last July about an impending drug raid at Joseph Chappory's home in Inverness.

Based on confidential informants and Pate's search history on a sheriff's database of cases connected to Chappory, sheriff's officials suspected she was giving police secrets and sexual favors to Chappory in exchange for narcotics, according to prior reports.

After deputies had already searched Chappory's house — during which they found and seized alprazolam (Xanax)

See **TRIAL**/Page A5

Seatbelt check turns into meth bust

Silver Springs man charged with trafficking

BUSTER THOMPSON
Staff writer

What began as a traffic stop for seatbelt violations Thursday afternoon turned into a large drugs seizure and ended with the apprehension of a Silver Springs man on charges of trafficking in methamphetamine and dealing in heroin.

A Citrus County Sheriff's Office deputy with the agency's Patrol Division pulled over a black 1995 BMW driven by 43-year-old Jessie Carver in the area of North McGee Drive and County Road 486 in Hernando because its occupants weren't wearing seatbelts, according to a news release from the sheriff's office.

When the deputy approached the vehicle, he smelled marijuana coming from inside. Carver told the deputy he had marijuana and showed the deputy a burnt joint.

As the deputy waited for backup and a K-9 deputy to arrive, he saw Carver



Jessie Carver

and his passengers reposition themselves around the vehicle and attempt to hide a black backpack, the news release states.

According to the release, police found 65.7 grams — 2.3 ounces — of meth, 2.5 grams of heroin and 21 grams of marijuana inside the vehicle. Deputies also discovered glass pipes, a pair of digital scales and numerous plastic baggies used to sell narcotics.

Authorities questioned Carver and his passengers, and determined the drugs belonged to Carver, the release states.

Carver was arrested on charges of trafficking meth, two counts of possessing a controlled substance with intent to sell, two counts of possessing a controlled substance, one count of

See **BUST**/Page A2

Classifieds C7
 Comics C6

Crossword C10
 Editorial A8
 Entertainment A4

INDEX
 Horoscope A4

Lottery Numbers . . . B3
 Lottery Payouts . . . B3
 Movies C6

Obituaries A6
 TV Listings C5



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It's Estimated That Well Over Half Of The Deaths That Occur Annually Could Be Prevented.

NCCB explores human emotion in song

Cynthia Hazzard, founder, conductor and musical director, has stated that the Nature Coast Community Band's (NCCB) quest is to explore the theme of human emotions through the use of musical compositions.



Ruth Levins
AROUND THE COMMUNITY

Last week's concert explored our emotions through "Tone Poems" — the "Do, Re, Mi, Fa, So, La, Te, Do" of love, laughter, fury and joy. From a different way of composing with the first piece, "The Immovable Do," by Percy Grainger, with the E-flat scales of tones, the note C was heard playing constantly, expressing emotions of marching, melancholy, surprise, strolling and leisurely walking.

Then Richard Wagner's "Elsa's Procession to the Cathedral," an operatic composition, combined intense emotions of the hero and heroine with a variety

of instrumentation from an 1848 opera. Princess Elsa and her knight in shining armor on the way to the altar for their wedding is expressed as tranquil, calming, yet elegant emotions, concluding in grandeur as she reaches her beloved at the altar.

The third piece, "Song For Lindsey," was composed by Andrew Boyesen, a New Hampshire contemporary American, who wrote it for his wife. (Our conductor met him and they shared their combined passion for music's ability to explore the ebb and flow of relationships, the expressive longings, exhilaration, sadness and loneliness.)

Next, we experienced the artistry of Gary Gilroy, composer of "Furioso," in sassy fashion. Gilroy's piece was a most challenging adventure for the band members. With delightful percussion, including

marimba, it was chockfull of sounds expressing many emotions. Before its emphatic conclusion, we were feeling so sorry for the poor little marimba interspersed between the furious multiple instrumentation. Bravo for the stamina of the band and the conductor with the amazing "Furioso" composition!

Next, the American West was featured with the "Silverado" piece by Bruce Broughton. Wasn't there a Chevy pickup named Silverado of 1985 vintage? The soundtrack for the movie of the same title, the piece begins with a majestic fanfare, a solemn middle rendering, a panoramic sensory of emotions, envisioning ranchers, herds of cattle of the 1880s West and the competition that ensued with the coming of the railroad depicted in scores of movies and theatrical productions. "How the West Was Won," starring Debbie Reynolds, comes to mind.

During intermission, there were opportunities for the NCCB fans to meet and greet the band members and visit the

fundraising table and perhaps join the Friends of the NCCB. The concerts are free of admission charge, though the band depends on donations to cover the expenses of music literature, operating expenses and annual scholarships awarded for high school and college musicians.

The second half of the concert began with a Haydn Wood composition, "Mannin Veen," a regional folk tune, an Irish tune about the Isle of Man, envisioning and feeling the emotions of sweet water in the commons. With the natural culture most often found in music, we heard strains of a typical Irish jig with lads and lassies step-dancing, as we recalled the famous Irish blessing, "May the road rise with you..." We could almost smell the platter of corn beef and cabbage. Applause, applause, applause at the conclusion for these beautiful, contrasting, emotion-filled feelings of serenity and a joyful celebration of the Irish heritage.

The "Acrostic Song From

Final Alice," by David Del Tredici, inspired by "Alice In Wonderland" fame, brought us unpredictable emotions with unimagined, mind-bending happenings of Alice's process from the earth to the unknown. Del Tredici went beyond Lewis Carroll's story to reveal the love story of Alice hidden beneath the lines that Carroll wrote. It was a beautiful piece with paths and tenderness intermingling through our emotions.

"Pulse," composed by Randall Standridge, took us from birth through the sequential stages of our life, conveying a titanic of emotions, beginning with a slow pulse beat with the dynamic percussion section to a full expanse of the band quickening the pulse rate in harmonious fanfare, sometimes at a staccato pace — a challenge to keep pace with the drums.

"LOL (Laugh Out Loud)," by Robert Buckley, written to be as witty as possible in the Dr. Seuss vein, brought out our sense-of-humor emotions to full bloom with its laughing rhythms in off-the-wall, funny-bone

bombardment. "Anything goes" came to mind with this fabulous piece. It was a perfect tune for comedy. Laurel and Hardy and Abbott and Costello came to mind.

"Highland Dance," by Larry MacTaggart, was the final piece. A U.S. Air Force officer and conductor of 700 band members, he pulled out all of the stops to bring this piece from march cadences, giving each section of the band a chance to shine, including a drum roll, placid serene offerings, exuberant jubilations and more.

A standing ovation was given to the amazing Nature Coast Community Band. What a treasure to cherish right here in Citrus County, our beloved community of talented musicians and founder, conductor and musical director Cynthia Hazzard.

Ruth Levins participates in a variety of projects around the community. Let her know about your group's upcoming activities by writing to P.O. Box 803, Crystal River, FL 34423.

7-ELEVEN

Continued from Page A1

Director Bruce Register said gas station chains are driven by population.

"They're not driving population growth, they're reacting to it or they anticipate it," Register said.

People have to buy gas, he said, so they serve their purpose. They're like "stepping stones" in that they provide amenities for communities that don't have that many, he said.

Register also said chains are positioning themselves for expected growth from the Suncoast Parkway expansion.

"There are linkages between the anticipation for the parkway and the impact it will have on disposable income and population," Register said.

Based in Irving, Texas, 7-Eleven operates, franchises and/or licenses more than 67,000 stores in 17 countries.

BUST

Continued from Page A1

possessing drug paraphernalia and driving with an invalid license.

His bond was set at \$50,500.

"Combatting illegal

drug activity in our county requires the steadfast dedication of everyone in the sheriff's office, especially from our patrol

deputies and K9 units," Sheriff Mike Prendergast said in the release. "I commend the outstanding work of the deputies

involved in this traffic stop. Their relentless efforts make Citrus County a safer place to call home."

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Around the
COUNTY

Food giveaway set for today

A FarmShare truck will arrive at noon today at Grace Pointe Church (the old location of New Church Without Walls) at 2577 N. Florida Ave., Hernando, with a delivery of mixed produce items.

First come, first served. No registration or identification is required. Bring your own containers. Please, no early birds. Also, park in the field behind Brannen Bank.

CMH renovation to ER complete

On March 15 — more than two months ahead of schedule — Citrus Memorial Hospital opened the last phase of its renovated emergency room.

The new ER features improvements in patient privacy and safety, along with updated technology and enhanced staff workflow. The \$8 million ER remodel is part of a larger Citrus Memorial renovation project that began in 2015 after Hospital Corporation of America (HCA) leased the Inverness hospital and committed \$45 million toward capital improvements. To date, more than \$55 million has been spent on upgraded rooms, expanded services and the latest technology.

Citrus Memorial Hospital CEO Ralph Aleman said construction projects at the hospital will remain ongoing. Some of those projects include upgrades in multiple operating rooms, the creation of an on-campus Graduate Medical Education center and myriad physical plant improvements.

One Rake to clean Dunnellon beach

One Rake at a Time, Ocala Sunset Rotary Club and the city of Dunnellon will host a volunteer cleanup from 9 to 11 a.m. Friday, March 29, to remove invasive and toxic weeds from the swimming area of Dunnellon public beach.

Chinese Taro, which can irritate the skin of sensitive people along with Lyngbya algae, are both bad to have in a public swimming area and volunteers will be physically removing them using rakes and hand tools. Kayaks are used to load hydrilla, aquatic vegetation and algae out of the water, then it is taken to shore and removed from the park.

Art Jones, founder of One Rake at a Time, is leading the efforts.

"I want to help clean up the beach not only for the kids so they have a safe place to swim but, for the community as a whole, restoring the beach and swimming area as best we can," Jones said.

Those willing to help can sign up at the entrance to the park. For more information, call or text Art Jones at 727-642-7659.

—From staff reports

Two homes damaged in fires Sunday

BUSTER THOMPSON
Staff writer

Two homes were damaged but no one was hurt in separate fires Sunday.

Firefighters first responded at 10:01 a.m. to a house off of Lakefront Drive in Hernando, where crews from the Kensington

station arrived to find heavy smoke showing, according to a news release from Citrus County Fire Rescue, or CCFR.

With the help of additional engines from stations in the Inverness Highlands, Pine Ridge and Rock Crusher, the blaze was brought under control at about 10:21 a.m.

A couple hours later, at about 12:23 p.m., CCFR was dispatched to a fire at a property off of S J Kellner Boulevard in Beverly Hills, according to CCFR's release.

Crews arrived from Pine Ridge and Kensington to find heavy smoke coming from a home, and contained its source

at 12:52 p.m.

More firefighters from stations in Citrus Springs and Rock Crusher also responded as backup.

No injuries were reported. Responders contacted the American Red Cross to help the occupants with housing assistance.

Racing to fill pantries



MICHAEL PATE/For the Chronicle

Brantley Barnes readies himself for the 1-mile run in the Citrus County Blessings annual Can Classic. Nearly 150 runners competed Saturday in the races in Citrus Hills. The event is a fundraiser for the Citrus County Harvest, a nonprofit, 501(c)(3) charity dedicated to silencing the hunger. The organization has been supplementing food needs for at-risk schoolchildren since 2009. The 10K overall winner was Joel Rich, 49, from Gainesville, who finished with a time of 39:14.1. The 5K overall winner was Phil Brunet, 31, from Powell River, British Columbia, who finished with a time of 20:58.8.

Seat on the Homosassa Special Water District board up for grabs

CARLY ZERVIS
Staff writer

It's election season in Homosassa.

Ballots are in the mail and a vote is looming in just one race: Seat 4 on the Homosassa Water Board in the Homosassa Special Water District.

Two candidates, Phyllis Dixon and Rosemary Rendueles, jumped in.

Dixon and her husband Chuck have lived in Citrus County since 1989 and in Homosassa since 1993, and she works for Duke Energy as a nuclear engineer, according to her candidate profile.

"As an engineer, I am familiar with the design, construction, operation, and maintenance of water delivery systems and with the chemical analysis performed to verify water quality," her profile reads. "I have experience with environmental permitting and understand how both the process works and how the health of our aquifer and flow of our groundwater and rivers are all inter-related."

Rendueles has lived in Citrus for 21 years and is a retired software systems engineer, according to her candidate profile.

"I am committed in maintaining clean drinking water at an affordable price and protection of the source of our water from ground pollution," her profile reads. "I have

been involved as a member and volunteer for the Save the Homosassa River Alliance for over 18 years. ... Over the years I have been educated in how wetlands, aquifers, springs, rivers all work together and the need for all to be clean and functional in order to give us clean drinking water and a functioning environment for the health of the river, vegetation and wildlife that depends on the river and springs."

Read the candidates' complete profiles and find financial reports at <https://bit.ly/2N2zvHL>.

Only registered voters living in Homosassa Special Water District are eligible to vote in the special election, which will take place April 2.

The precincts involved in this election are Precinct 302.2 and Precinct 305.2, and only portions of these precincts are part of the election, according to the Supervisor of Elections website. Polls will be open from 7 a.m. to 7 p.m.

To contact the Citrus County Supervisor of Elections office, call 352-341-6740, email vote@votecitrus.com, or visit www.votecitrus.com. The elections office is open from 8 a.m. to 5 p.m. Monday through Friday.

Contact Chronicle reporter Carly Zervis at 352-564-2925 or carly.zervis@chronicleonline.com.

Around the **STATE**

House panel vote would give access to foreign drugs

TALLAHASSEE — Floridians could gain access to cheaper prescription drugs from Canada and other foreign countries under legislation approved by a state House committee.

The bill that cleared the House Appropriations Committee on Monday is aimed at tackling soaring U.S. prescription drug prices many times

higher than in other countries. The proposal, a priority for Republican Gov. Ron DeSantis, would need federal approval to take effect.

Man accused of throwing pancake batter faces charge

BROOKSVILLE — A 45-year-old Florida man is accused of throwing a bowl of pancake batter at a woman who was making dinner.

An arrest report says Dwayne Zimmerman

was drunk on Friday night when he went onto the porch of a home where the woman was making pancakes.

The woman told Hernando County Sheriff's deputies that Zimmerman insulted her and then threw a cooking pan before picking up the bowl of batter and tossing that at her.

Zimmerman was arrested on a felony battery charge.

—From wire reports

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 - The Ledgers -

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Today's HOROSCOPES

Birthdays — Emotional matters will require discipline and common sense. Being precise and detailed will help you get the results you are looking for. If you strive for perfection and individuality, what you do will not go unnoticed.

Pisces (Feb. 20-March 20) — An unexpected opportunity will help you advance. Don't second-guess your ability to outmaneuver any competition.

Aries (March 21-April 19) — Be watchful of anyone who can affect your reputation. Keep an open mind, but don't be gullible or you will end up in a vulnerable position.

Taurus (April 20-May 20) — Make plans and follow through. If you let anger or stubbornness take charge, you'll accomplish little.

Gemini (May 21-June 20) — Evaluate your position and career path and make adjustments that will encourage you to reach your goals. Include partners or people you trust in your plans.

Cancer (June 21-July 22) — Look at your objectives and make sure you are being reasonable. Put your priorities in order and look for accomplices who are just as driven as you are.

Leo (July 23-Aug. 22) — Look at what's going on around you, and do what you can to carry on without getting into a dispute. Patience will pay off.

Virgo (Aug. 23-Sept. 22) — Certain changes will turn out to your satisfaction. Meetings are favored and partnerships will prove valuable.

Libra (Sept. 23-Oct. 23) — Trust in your ability and don't let someone's demands or criticism stop you from pursuing your goals. Make personal improvements and reconnect with someone from your past.

Scorpio (Oct. 24-Nov. 22) — Precision, technique and style will all play a role in helping you get what you want. A partnership with someone as determined as you will lead to stellar results.

Sagittarius (Nov. 23-Dec. 21) — Emotional matters will escalate quickly. Don't overreact or you will end up in a stalemate and will accomplish nothing.

Capricorn (Dec. 22-Jan. 19) — Make change happen. Use your expertise to achieve victory.

Aquarius (Jan. 20-Feb. 19) — Easy does it. If you take on too much or make promises you cannot keep, you will end up being blamed for your shortcomings. Focus on what's doable.

ENTERTAINMENT

Brooks & Dunn, Ray Stevens to join Country Hall of Fame

NASHVILLE, Tenn. — Country hit-making duo Brooks & Dunn, comedic singer Ray Stevens and industry veteran Jerry Bradley will be inducted into the Country Music Hall of Fame later this year.

The newest inductees were announced Monday in Nashville, Tennessee.

The Grammy-winning duo of Kix Brooks and Ronnie Dunn have had 20 No. 1 hits, including songs like "Boot Scootin' Boogie" and "Brand New Man." Ray Stevens is known for singing zany hits like "The Streak," but also sentimental ones like "Everything Is Beautiful."

Bradley, the son of Owen Bradley, was the former head of RCA Records' Nashville office.



Associated Press
Ray Stevens, from left, Jerry Bradley, Ronnie Dunn, and Kix Brooks pose at a press conference Monday announcing that they will be inducted into the Country Music Hall of Fame.

song's inspirational message has a life beyond its creator.

Kelly has denied wrongdoing and pleaded not guilty.

Library opens archive dedicated to rocker Lou Reed

NEW YORK — The New York Public Library has opened an archive dedicated to pioneering alternative rock musician Lou Reed.

The library acquired the archive after performance artist and musician Laurie Anderson, who was married to Reed, decided to share it with an institution that could preserve and showcase the archive. The New York Times reports the archive includes a large collection of personal notes, photographs and more than 600 hours of recordings.

Anderson said Reed never discussed what to do with his belongings before his death in 2013. She said she thought the archive should be accessible to young musicians and anyone interested in his life.

Reed was the lead vocalist,

guitarist and songwriter for The Velvet Underground, and had a solo career that spanned decades after leaving the band.

Warner Bros.' Tsujihara steps down following scandal

NEW YORK — Warner Bros. chief Kevin Tsujihara is stepping down after claims that he promised acting roles in exchange for sex.

As Warner Bros. chairman and chief executive officer at one of Hollywood's most powerful and prestigious studios, Tsujihara is one of the highest ranking executives to be felled by sexual misconduct allegations.

Warner media chief executive John Stankey announced Tsujihara's exit Monday, saying it was in the studio's "best interest."

Earlier this month, WarnerMedia launched an investigation following a Hollywood Reporter story that detailed text messages between Tsujihara and British actress Charlotte Kirk going back to 2013.

—From wire reports

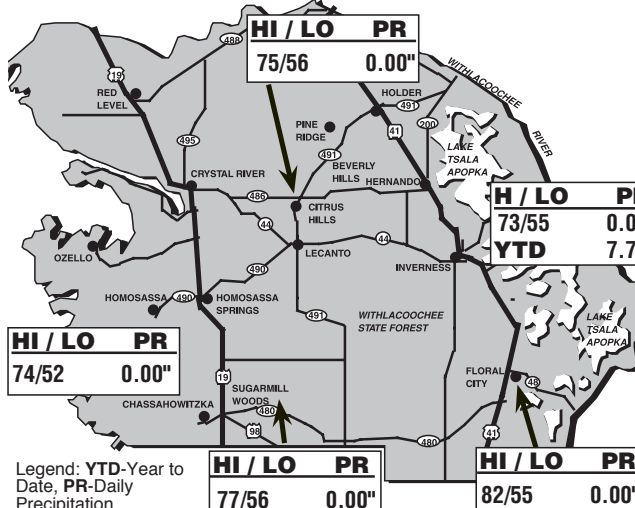
R. Kelly challenge: Separating artist from anthem

DETROIT — The dilemma of separating the sides of R. Kelly, who faces 10 counts of aggravated sexual abuse, now confronts millions who listen to or perform his music.

It's perhaps most acute when it comes to "I Believe I Can Fly." The Grammy-winning ballad released in 1996 has made its way into movies and been performed in countless reality shows, church services, as well as school concerts and graduation ceremonies. Children are even singing it bilingually.

Motown Records alum Paul Riser Sr. wrote the orchestral parts for Kelly's hit song and directed the backing musicians in Detroit in the mid-1990s. He says he's troubled by the allegations and believes the victims, but the

YESTERDAY'S WEATHER



THREE DAY OUTLOOK

Exclusive daily forecast by: **9**

TODAY & TOMORROW MORNING
High: 65° Low: 47°
Cloudy and cool with rain

WEDNESDAY & THURSDAY MORNING
High: 72° Low: 48°
Becoming partly cloudy and cool

THURSDAY & FRIDAY MORNING
High: 73° Low: 47°
Continued cool with sunshine

ALMANAC

Data from Crystal River Airport

TEMPERATURE	Yesterday 72/54	DEW POINT	Yesterday at 3 p.m. 42°
Record* 93/29	HUMIDITY	Yesterday at 3 p.m. 35%	
Normal 78/50	POLLEN COUNT**	Today's active pollen: Oak, juniper, nettle	
Mean temp. 64	Today's count: 7.3/12		
Departure from mean -1	Wednesday's count: 9.3		
PRECIPITATION	Yesterday 0.00"	Thursday's count: 9.9	
Total for the month 0.41"	AIR QUALITY	Yesterday observed Good	
Total for the year 5.29"	Yesterday observed Pollutant	Ozone	
Normal for the year 8.49"			
*Official record values from Tampa International			
UV INDEX: 7			
0-2 minimal, 3-4 low, 5-6 moderate, 7-9 high, 10+ very high			
BAROMETRIC PRESSURE	30.11		

SOLAR TABLES

Provided by ezisn.com

DATE	DAY	MINOR (MORNING)	MAJOR (MORNING)	MINOR (AFTERNOON)	MAJOR (AFTERNOON)
03/19	TUESDAY	6:45	12:30	6:20	None
03/20	WEDNESDAY	7:30	12:55	7:25	1:30

CELESTIAL OUTLOOK

SUNSET TONIGHT 7:40 p.m.
SUNRISE TOMORROW 7:33 a.m.
MOONRISE TODAY 6:21 p.m.
MOONSET TODAY 6:44 a.m.

BURN CONDITIONS

Today's Fire Danger Index is: **MODERATE. There is no burn ban.**

For more information call Florida Division of Forestry at (352) 797-4140. For more information on wildfire conditions, please visit the Division of Forestry's Web site: www.freshfromflorida.com/Divisions-Offices/Florida-Forest-Service/Wildland-Fire

WATERING RULES

Lawn watering is limited to twice-per-week unless your city or county has a different schedule or stricter hours.

Under the Southwest Florida Water Management District's year-round measures, even addresses may water on Thursday and/or Sunday before 10 a.m. or after 4 p.m. and odd addresses may water on Wednesday and/or Saturday before 10 a.m. or after 4 p.m. Hand watering or micro-irrigation of non-grass areas, such as vegetable gardens, flowers and shrubs, can take place any day at any time.

TIDES

*From mouths of rivers **At King's Bay ***At Mason's Creek

City	High	Low
Chassahowitzka**	5:48 a.m. 0.6 ft	6:13 p.m. 0.3 ft
Crystal River**	3:45 a.m. 2.3 ft	4:41 p.m. 1.7 ft
Withalacoochee*	12:58 a.m. 3.5 ft	2:15 p.m. 2.9 ft
Homosassa***	4:40 a.m. 1.3 ft	5:57 p.m. 0.8 ft

FLORIDA TEMPERATURES

City	H	L	F'cast	City	H	L	F'cast
Daytona Bch.	68	61	ra	Miami	72	68	sh
Fort Lauderdale	72	66	sh	Ocala	68	52	cl
Fort Myers	65	60	sh	Orlando	71	60	ra
Gainesville	67	50	cl	Pensacola	64	46	pc
Homestead	74	63	sh	Sarasota	67	58	sh
Jacksonville	65	51	cl	Tallahassee	65	45	pc
Key West	74	69	sh	Tampa	67	57	sh
Lakeland	66	56	sh	Vero Beach	68	65	ra
Melbourne	69	64	ra	W. Palm Bch.	70	67	sh

MARINE OUTLOOK

Today: Northeast winds around 20 knots diminishing to 10 to 15 knots in the afternoon. Seas 2 to 4 feet. Bay and inland waters choppy. A chance of showers. Tonight: Northeast winds around 20 knots. Seas 2 to 4 feet.

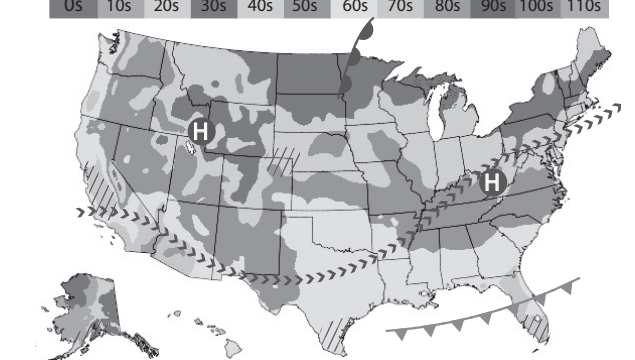
Gulf water temperature
67°
Taken at Aripeka

LAKE LEVELS

Location	MON	SUN	Full
Withalacoochee at Holder	29.71	29.78	34.64
Tsala Apopka-Hernando	37.74	37.75	38.66
Tsala Apopka-Inverness	39.08	39.08	39.73
Tsala Apopka-Floral City	40.35	40.36	41.37

Levels reported in feet above sea level. Flood stage for lakes are based on 2.33-year flood, the mean-annual flood which has a 43-percent chance of being equaled or exceeded in any one year. This data is obtained from the Southwest Florida Water Management District and is subject to revision. In no event will the District or the United States Geological Survey be liable for any damages arising out of the use of this data. If you have any questions you should contact the Hydrological Data Section at (352) 796-7211.

THE NATION



FORECAST FOR 3:00 P.M. Tuesday

City	MON			TUE			City	MON			TUE		
	H	L	Pcp.	H	L	Fest		H	L	Pcp.	H	L	Fest
Albany	43	25	0.00	42	26	pc	New Orleans	63	54	0.00	63	47	s
Albuquerque	61	39	0.00	65	40	mc	New York City	46	32	0.00	47	36	s
Asheville	52	30	0.00	49	29	s	Norfolk	52	35	0.02	52	38	s
Atlanta	61	37	0.00	57	37	s	Oklahoma City	68	38	0.00	64	45	s
Atlantic City	46	21	0.00	43	35	s	Omaha	46	28	0.00	47	33	ra
Austin	71	46	0.00	69	48	pc	Palm Springs	88	57	0.00	79	57	s
Baltimore	49	38	0.00	49	37	s	Philadelphia	47	33	0.00	49	35	s
Billings	46	22	0.00	51	26	s	Phoenix	83	57	0.00	85	63	s
Birmingham	63	36	0.00	62	39	s	Pittsburgh	41	30	0.00	45	29	pc
Boise	63	35	0.00	62	38	s	Portland, ME	39	19	0.00	39	23	pc
Boston	45	28	0.00	41	31	pc	Portland, OR	73	46	0.00	71	47	pc
Buffalo	36	21	0.03	39	24	pc	Providence, RI	45	23	0.00	44	30	pc
Burlington, VT	36	18	0.00	35	24	pc	Raleigh	61	32	0.00	54	34	s
Charleston, SC	66	39	0.00	62	45	pc	Rapid City	47	24	0.00	41	27	mc
Charleston, WV	46	34	Trace	51	29	s	Reno	68	33	0.00	62	46	mc
Charlotte	61	32	0.00	53	33	s	Rochester, NY	39	26	0.07	40	29	ss
Chicago	45	28	0.00	48	38	pc	Sacramento	75	43	0.00	72	53	mc
Cincinnati	49	26	0.00	50	34	pc	Salt Lake City	57	34	0.00	57	36	s
Cleveland	38	28	0.00	42	34	pc	San Antonio	70	44	0.00	67	51	mc
Columbia, SC	67	36	0.00	59	37	s	San Diego	66	55	0.00	65	57	mc
Columbus, OH	45	30	0.07	47	31	pc	San Francisco	72	50	0.00	64	52	mc
Concord, NH	38	17	0.00	41	18	pc	San Francisco	70	47	0.00	64	52	mc
Dallas	70	42	0.00	70	49	pc	Savannah	70	37	0.00	63	44	pc
Denver	48	28	0.00	43	24	pc	Seattle	72	40	0.00	71	51	s
Des Moines	46	24	0.00	49	33	mc	Spokane	63	26	0.00	60	35	s
Detroit	43	26	Trace	46	33	pc	St. Louis	54	28	0.00	56	43	mc
El Paso	63	46	0.00	71	46	s	St. Ste Marie	36	14	0.06	35	28	mc
Evansville, IN	52	25	Trace	54	37	pc	Syracuse	38	21	0.04	39	27	ss
Harrisburg	47	28	0.00	45	31	s	Topeka	55	35	0.00	53	37	ra
Hartford	45	21	0.00	45	30	pc	Washington	52	41	Trace	50	36	s
Houston	72	45	0.00	72	52	s	YESTERDAY'S NATIONAL HIGH & LOW						
Indianapolis	49	25	0.00	53	39	pc	HIGH 94, North Shore, Calif.						
Kansas City	55	37	0.00	53	38	pc	LOW -9, Albany, Wyo.						
Las Vegas	75	48	0.00	77	57	ra	WORLD CITIES						
Little Rock	63	43	0.00	62	42	pc	MON			Lisbon	66/40/s		
Los Angeles	79	57	0.00	71	54	mc	CITY H/L/SKY			London	56/32/ra		
Louisville	54	30	0.00	51	36	pc	Acapulco	85/68/s	Madrid	56/36/s			
Memphis	61	44	0.00	60	42	s	Amsterdam	51/30/ra	Mexico City	68/35/s			
Minneapolis	45	28	0.00	40	33	pc	Athens	63/51/ra	Montreal	30/4/s			
Milwaukee	40	24	0.00	54	31	pc	Beijing	83/35/s	Moscow	37/34/ra			
Miami	67	45	0.00	64	42	s	Berlin	46/37/ra	Paris	53/28/ra			
Milwaukee	65	39	0.00	64	39	s	Bermuda	65/61/ra	Rio	89/74/ra			
Montgomery	65	39	0.00	64	39	s	Cairo	80/43/s	Rome	57/40/ra			
Nashville	55	37	0.00	56	35	s	Calgary	58/13/ra	Sydney	78/63/ra			
							Havana	77/73/ra	Tokyo	62/46/mc			
							Hong Kong	74/69/ra	Toronto	37/22/sn			
							Jerusalem	70/44/s	Warsaw	45/37/ra			

KEY TO CONDITIONS: c=cloudy; fg=fog; hz=haze; mc=mostly cloudy; pc=partly cloudy; ra=rain; rs=rain; snow=sunny; sh=showers; sm=snow; sn=snow; ss=snow showers; t=thunderstorms

Today in HISTORY

Today is Tuesday, March 19, the 78th day of 2019. There are 287 days left in the year.

Today's Highlight
On March 19, 1945, during World War II, 724 people were killed when a Japanese dive bomber attacked the carrier USS Franklin off Japan (the ship was saved). Adolf Hitler ordered the destruction of German facilities that could fall into Allied hands in his so-called "Nero Decree," which was largely disregarded.

On this date:
In 2005, police in Citrus County, Florida, found the body of 9-year-old Jessica Lunsford, more than three weeks after she'd disappeared from her bedroom. (Convicted sex offender John Evander Couey was later sentenced to death for kidnapping, raping and burying Jessica alive; he died of natural causes in September 2009.)

Ten years ago: An Austrian jury sentenced Josef Fritzl, 73, to life in a psychiatric ward for locking his daughter in a dungeon for 24 years, fathering her seven children and letting an eighth die in captivity as a newborn.

Five years ago: Toyota agreed to pay \$1.2 billion to settle an investigation by the U.S. government, admitting that it had hidden information about defects that caused Toyota and Lexus vehicles to accelerate unexpectedly, resulting in injuries and deaths.

One year ago: Speaking in New Hampshire, a state ravaged by opioids, President Donald Trump called for stiffer penalties for drug traffickers, including the death penalty.

Today's Birthdays: Actress Glenn Close is 72. Disgraced movie mogul Harvey Weinstein is 67. Actor Bruce Willis is 64. MLB pitcher Clayton Kershaw is 31. Actor Philip Bolden is 24.

Thought for Today: "As a woman I have no country. As a woman my country is the whole world." — Virginia Woolf, English author (1882-1941).

ALERT CITRUS SIGNUP

■ To register for the Citrus County Sheriff's Office's Alert Citrus weather program, visit www.sheriffcitrus.org and click on the links to register.

■ Create a profile, list how you want to be contacted in case of a weather emergency (text, mobile phone, home phone, email), then include the address(es) you want alerts for. You can choose what types of emergencies you want to hear about, and set a quiet period for no contact.

■ Those without computer access may call Debra McCormick at 352-249-2705.

CITRUS COUNTY CHRONICLE

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For the RECORD

Citrus County Sheriff's Office

DUI arrest

■ **Christopher Randolph**, 41, of Lakeland, at 10:16 p.m. March 12 on a misdemeanor charge of driving under the influence with property damage. His bond was set at \$1,000.

Domestic battery arrests

■ **Geri Ellerson**, 52, of Hernando, at 9:23 p.m. March 13 on a misdemeanor charge of domestic battery.

■ **Sean Colaci**, 36, of Dunnellon, at 12:42 p.m. March 13 on felony charges of domestic battery by strangulation, aggravated assault with a deadly weapon, and tampering with evidence, along with a misdemeanor charge of domestic battery. He was also charged with misdemeanor failure to appear.

■ **Susan Martin**, 56, of Homosassa, at 8:25 a.m. March 13 on a misdemeanor charge of domestic battery.

■ **Victoria Callum**, 19, of Lecanto, at midnight March 12 on a misdemeanor charge of domestic battery.

■ **Raymond Narvaez III**, 43, of Dunnellon, at 11:35 a.m.

March 12 on an active warrant for felony battery on an elderly person and misdemeanor domestic battery.

Other arrests

■ **Myquaveon Jones**, 16, of Lecanto, at 2:30 p.m. March 13 on an active warrant for felony violation of probation officer or detention staff. His bond was set at \$2,000.

■ **Jason Bolton Sr.**, 45, of Beverly Hills, at 2:09 p.m. March 13 on an active warrant for felony violation of probation.

■ **John Damron**, 58, of Crystal River, at 2:05 p.m. March 13 on an active warrant for a felony charge of lewd and lascivious molestation of a child under the age of 16. His bond was set at \$10,000.

■ **Elizabeth Fannin**, 37, of Hernando, at 11:18 a.m. March 13 on an active warrant for felony violation of probation.

■ **Crystal Huggins**, 47, of Homosassa, at 9:30 a.m. March 13 on a felony charge of trafficking in methamphetamine and a misdemeanor charge of drug paraphernalia. Her bond was set at \$26,000.

■ **Gavin Black**, 18, of Ocala, at 2:55 a.m. March 13

ON THE NET

■ For more information about arrests made by the Citrus County Sheriff's Office, go to www.sheriffcitrus.org and click on Arrests.

■ Also under Public Information on the CCSO website, click on Crime Mapping for a view of where each type of crime occurs in Citrus County. Click on Offense Reports to see lists of burglary, theft and vandalism.

■ For the Record reports are also archived online at www.chronicleonline.com.

■ The Sexual Predator Unit is responsible for tracking all registered sexual offenders and predators in the county. Click on the Sexual Offender Information link on the CCSO website.

on felony charges of aggravated assault with a deadly weapon and grand theft. His bond was set at \$14,000.

■ **Dean Dumont Jr.**, 20, of Inverness, at 2:55 a.m. March 13 on felony charges of aggravated assault with a deadly weapon and grand theft. His bond was set at \$14,000.

■ **Dalton Watson**, 19, of Crystal River, at 5:34 p.m. March 12 on an active warrant for a felony charge of shooting or throwing a deadly missile into a car or residence. His bond was set

at \$10,000.

■ **Jeffrey Fork**, 45, of Homosassa, at 10:26 a.m. March 12 on a felony charge of possession of a controlled substance. His bond was set at \$2,000.

■ **Tiffany Greene**, 31, of Inverness, at 10:26 a.m. March 12 on a felony charge of false verification of ownership to a pawnbroker.

■ **Bradley Pippin**, 28, of Homosassa, at 4:27 a.m. March 12 on a felony charge of possession with intent to sell a scheduled drug. His bond was set at \$5,000.

TRIAL

Continued from Page A1

pills and arrested him — sheriff's officials briefed Pate about a made-up raid they were planning at Chappory's home.

Following the briefing, Pate allegedly called her mom, who authorities say then tried to contact Chappory to warn him about the impending bust.

Her calls to Chappory were documented by police, who had already seized Chappory's cellphones and reportedly watched the calls come in.

Prior to jury selection at his client's hearing Monday, Anderson asked Howard to postpone Pate's trial so he can obtain additional case materials he's been compelling Nixon to provide, and keep reviewing seven discs of data from Pate's cellphone.

Anderson said he also needs time to question the sheriff's SWAT team members who executed the search warrant for Chappory's home, adding he was unable to do so sooner because Nixon recently provided him with their names.

Anderson argued in his filed motion those answers from SWAT could either show how much detail of the actual raid was available to the public before it happened, or illustrate how much of "a public spectacle" it was, giving Pate a defense that someone else had knowledge of it besides her.

In her filed response to Anderson's motion, Nixon stated the information Anderson is seeking was either already provided or was testified to at depositions, which first began in February.

Nixon noted that attorneys also deposed Chappory, who currently faces a felony drug-possession charge as a result of the July raid, but he invoked his right to silence. Chappory has his trial scheduled the week of May 13.

Howard denied Anderson's requests for a trial continuance, but will review more of Anderson's motions Monday night regarding Pate's statements during a recorded police interview.

Anderson also voiced concerns to Howard about media coverage of Pate's case, arguing it would keep Pate from getting an unbiased jury.

"In my humble opinion, the coverage has been overwhelmingly negative and incorrect," Anderson told Howard.

When asked by attorneys and Howard whether

they had heard anything about Pate's case via outside sources, two potential jurors out of 22 raised their hands, but said they either vaguely recalled it or did not consider news reports to be evidence.

Woman agrees to six years for trafficking meth

On the day a trial jury was to be selected for her case, 30-year-old Emerald



Emerald Smith

Marie Smith agreed to change her guilty plea for trafficking in almost an ounce of methamphetamine in exchange for roughly six years in prison.

Smith, of Inverness, pleaded no contest Monday to charges of trafficking in 19.89 grams of meth, possessing four oxycodone pills, possessing 1 1/2 methadone pills and possessing drug paraphernalia.

In accordance with Smith's negotiated offer, Howard ratified Smith's plea, adjudicated her guilty as charged and sentenced her to a total of 75.525 months in prison, of which Smith must serve at least three years.

Smith was arrested last July after sheriff's deputies spotted her throw a bag containing the narcotics outside a passenger side window of a vehicle that was being pulled over for speeding, according to prior reports.

Contact Chronicle reporter Buster Thompson at 352-564-2916 or bthompson@chronicleonline.com.

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CITRUS COUNTY PLANNING AND DEVELOPMENT COMMISSION

THURSDAY, April 4, 2019 at 9:00 AM

Lecanto Government Building
3600 West Sovereign Path
Room 166
Lecanto, Florida 34461

JOEL BRENDER, CHAIR

DAVID BRAMBLETT, 1ST VICE CHAIR

JAMES BROOKS, 2ND VICE CHAIR

MICHAEL FACEMYER

WILLIAM J. GRANT

SONDRA MOYLAN

JAMES ROYLS

SCOTT BORGESON (Alternate)

DONNY HARRELSON (Alternate)

CHUCK DIXON (SCHOOL BOARD)

A. CALL TO ORDER

B. INVOCATION

C. PLEDGE OF ALLEGIANCE

D. ROLL CALL

E. CHAIRMAN TO READ THE APPEAL PROCESS AND MEETING PROCEDURES

F. OPEN TO THE PUBLIC – Receive comments from the public

G. APPROVE MINUTES – Approval of available minutes

H. STAFF ANNOUNCEMENTS

I. EX PARTE COMMUNICATION: COUNTY ATTORNEY

J. APPLICATIONS

1. LAND USE APPLICATIONS

a. CU-19-03 Wilburn for Mafadini

REQUEST: This request is for a Conditional Use to allow for mini warehouse buildings in the General Commercial District (GNC), as specified in the Land Development Code (LDC) Section 2412.

LOCATION: Section 27, Township 18 South, Range 19 East; specifically, a portion of Lot 12 and Lot 13 (AK 3229961 and 3213827), Block A, Herculal Acres Unit 1 subdivision, which addresses are 1924 and 1990 E. Norvell Bryant Highway, Hernando, FL 34442. A complete legal description of the property is on file with the Land Development Division.

STAFF CONTACT: Régulo Martínez-Montilva, AICP, Planner II; Land Development Division

b. V-19-07 Chad and Dawn Terrell

REQUEST: This request is for a two-part Variance from the Citrus County Land Development Code (LDC) for the placement of an elevated deck (1) having less than the required 100-foot minimum building setback from the mean high water line of a spring, spring run, or sinkhole, pursuant to Section 3501, Surface Water Protection Standards, as specified in the LDC; and (2) exceeding the maximum Impervious Surface Ratio (ISR), pursuant to Section 2403, Coastal and Lakes Residential District (CLR), as specified in the LDC.

LOCATION: Section 28, Township 18, Range 17; more specifically, Lot 1 and the south 10 feet of Lot 2, Block C, Woodward Park, Plat Book 2, Page 70, which address is known as 1035 N. Appalachian Ter., Crystal River, FL 34429. A full legal description of the property is on file with the Land Development Division.

STAFF CONTACT: Joe Hochadel, Planner II; Land Development Division

c. V-19-03 Clark A. Stillwell, Esquire, for Jervis Family Living Trust

REQUEST: This request is for a two-part Variance from the Citrus County Land Development Code (LDC) to allow for the continued placement of a Florida room and concrete slabs (1) having less than the required 7.5-foot minimum rear building setback, and (2) exceeding the maximum Impervious Surface Ratio (ISR) (50%; both pursuant to the standards outlined in the Beverly Hills Development of Regional Impact (DRI) and Section 10630, Development Standards for Previously Approved Planned Developments, of the LDC.

LOCATION: Section 12, Township 18 South, Range 18 East; more specifically, Lot 40, Block 6, Laurel Ridge Number One, Plat Book 15, Pages 13-23, which address is 579 W. Hillwood Path, Beverly Hills, Florida. A complete legal description of the property is on file with the Land Development Division.

STAFF CONTACT: Joanna L. Coutu, AICP, Director, Land Development Division

2. PLAT VACATE

a. PV-19-01 Clark A. Stillwell, Esquire, for Jervis Family Living Trust

REQUEST: This request is to vacate the six-foot utility easement lying on the west side of Lot 40, Block 6, Laurel Ridge Number One, as recorded in Plat Book 15, Pages 13-23, public records of Citrus County, Florida (Section 12, Township 18 South, Range 18 East), which address is 579 W. Hillwood Path, Beverly Hills, FL. A complete legal description is described in Exhibit A of this application.

STAFF CONTACT: Joanna L. Coutu, AICP, Director, Land Development Division

3. COMPREHENSIVE PLAN AND ATLAS AMENDMENT

a. CPA-19-01 Clark A. Stillwell, Esq. for Deltona Corporation

REQUEST: This request is to amend the Future Land Use Element (Chapter Ten) of the Comprehensive Plan, including Figure 10-28, regarding the Planned Service Area; and to amend the Future Land Use Element text regarding Future Industrial Land Uses.

STAFF CONTACT: Joanna L. Coutu, AICP, Director, Land Development Division

b. CPA/AA/PUD-19-02 Clark A. Stillwell, Esq. for Deltona Corporation

REQUEST: This request is to amend the Future Land Use Map of the Citrus County Comprehensive Plan from AGR, Agricultural District; CON, Conservation District; GNC, General Commercial District; LDR, Low Density Residential District; RUR, Rural Residential District; and TCU, Transportation/Communication/Utilities District, to IND, Industrial District, with a Subarea Plan; amend the Future Land Use Element (Chapter Ten) of the Comprehensive Plan to add a Subarea Plan, to be entitled Holder Industrial Park (HIP), with related Goals, Objectives, and Policies; and to amend the Land Development Code Atlas of the Land Development Code from AGR-MH, Agricultural District with mobile homes allowed; GNC, General Commercial District; LDR, Low Density Residential District; LDR-MH, Low Density Residential District with mobile homes allowed; RUR, Rural Residential District; RUR-MH, Rural Residential District with mobile homes allowed; and TCU, Transportation/Communication/Utilities District, to IND, Heavy Industrial District.

LOCATION: Sections 32 and 34, Township 17 South, Range 19 East, and Sections 3 and 5, Township 18 South, Range 19 East, more specifically, Parcel 12000, and a portion of Section 34, Township 17 South, Range 19 East, Parcel 23100; (Alternate Key Numbers 1577357 and 2903333), which address is known as 6651 North Florida Avenue, Hernando, Florida

STAFF CONTACT: Joanna L. Coutu, AICP, Director, Land Development Division

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Obituaries

Billie Jean 'Nana' Eales, 73
HOMOSASSA

Eales, Billie Jean "NANA," 73, passed away March 6, 2019, at Vitas Hospice in Lecanto Florida. Resident of Homosassa, Florida. She is survived by her son, Lloyd Ramsey Eales, Tammy Lee Eales Pritchard and Thomas G. Pritchard, her fur baby "Lil Jax" Jackson. 4 Grandchildren: Bryan and Ryan Gabbard, Lee Bradley Pritchard, Casey Marie Stevenson. 6 Great grandchildren: Jaylen and Isaiah Dorsey, Fiona Gabbard, Zayne Collins, Jordan Barclay, Revy Lee Pritchard.

Siblings: Sisters, Sylvia Smith, Jinny Lee Wilder, Ginger Church, Brothers: Dale Charbonnier, James Robert Gabbard, Mickey Wayne Gabbard. She is preceded in death by her loving husband Lloyd Garland "Gary" Eales, son Timothy Dewayne Gabbard, Biological Mother Alberta "Byrdie" Tipton, Biological Father Harry Dailey. She was raised in an orphanage along with her eldest brother Dale at the Galilean Childrens home in Corbin KY. She worked for Colonel Sanders, Founder of Kentucky Fried Chicken located in Corbin, KY. Later in life she moved to Tampa where she met her husband Gary while working at Krispy Kreme Doughnuts, on Kennedy Blvd, shortly after married, gained a son Ray, Gary adopted Tammy and together they built a very loving family. She pursued a long desired career in cosmetology, when her allergies to the chemicals ended that career, she started a career in Security Monitoring in which she retired. The remainder of her life was dedicated to faith, family and dear friends. Her greatest attribute was her unconditional love and caring for others before herself. She never let go of being a child. Most of her early years she was deprived of Love and being part of a family unit. She made up for it! Sister, Wife, Mom,

William Fierst
William E. Fierst passed away on March 12, 2019 at his residence. He was a commercial fisherman and loved the waterways. Professional services are entrusted to New Serenity Memorial Funeral Home & Cremation Svcs., Inc.

Patricia Wilson, 75
HOMOSASSA

WILSON, Patricia L, 75 of Homosassa, passed away March 11, 2019. Survived by husband of 58 years, Les. Arrangements entrusted to National Cremation Society, Hudson.

Nana, Billie Jean however you refer to her, she touched so many lives and had a huge heart always loved very hard. She will be greatly missed, her loving heart, tenderness and generosity. She did not desire a sad memorial her final wishes were for family, extended family and friends to gather together, reminiscing, eating together and lots of laughter. The Celebration of Life will be on Saturday, March 23rd 4pm-8pm. Location: The Pritchard Residence, 4pm-8pm. Please bring a covered dish of your choice to share if you wish. There will be food, games and family time! PLEASE: Make a donation to your local Children's home, Hospice or No Kill Animal Shelter. R.I.P Mom, forever in our hearts! Sign the guest book at www.chronicleonline.com.

Charles Johnson, 81
INVERNESS

Charles Martin Johnson, age 81, Inverness, FL passed away at home on March 15, 2019 under the care of his family and Vitas Hospice. Mr. Johnson was born in Ocala, Florida on May 9, 1937 to the late Martin and Faith Elizabeth (Barry) Johnson and resided in Largo, FL before moving to Inverness. He owned and operated his own landscaping business, having worked for several of the local contractors in the area. He formerly attended the Church of God.

Left to cherish his memory is his wife of 57 years, Sue (House) Johnson; 2 children, Jeff Johnson and his wife Heather, Inverness; Jason Johnson and his wife, Tiffany, Lecanto; 1 sister, Susan Wilbur, Inverness; 1 grandchild, Jordyn. He was preceded in death by a brother, Ernest Johnson and a granddaughter, Megan Johnson. Funeral services will be conducted at 6:00 PM Wednesday, March 20, 2019 from the Chas. E. Davis Funeral Home of Inverness with The Rev. Ronnie Reid, pastor of the Crystal River Church of God officiating. Burial will follow the next day in Anona Cemetery, (Serenity Gardens) Largo, FL at 12 Noon. The family will receive friends at the funeral home from 5:00 PM Wednesday until the hour of service. Sign the guest book at www.chronicleonline.com.

Elizabeth (Barry) Johnson
Elizabeth (Barry) Johnson and resided in Largo, FL before moving to Inverness. He owned and operated his own landscaping business, having worked for several of the local contractors in the area. He formerly attended the Church of God. Left to cherish his memory is his wife of 57 years, Sue (House) Johnson; 2 children, Jeff Johnson and his wife Heather, Inverness; Jason Johnson and his wife, Tiffany, Lecanto; 1 sister, Susan Wilbur, Inverness; 1 grandchild, Jordyn. He was preceded in death by a brother, Ernest Johnson and a granddaughter, Megan Johnson. Funeral services will be conducted at 6:00 PM Wednesday, March 20, 2019 from the Chas. E. Davis Funeral Home of Inverness with The Rev. Ronnie Reid, pastor of the Crystal River Church of God officiating. Burial will follow the next day in Anona Cemetery, (Serenity Gardens) Largo, FL at 12 Noon. The family will receive friends at the funeral home from 5:00 PM Wednesday until the hour of service. Sign the guest book at www.chronicleonline.com.

OBITUARIES

- Submissions must be verified with the funeral home or society in charge of arrangements.
- The Chronicle does not edit obituaries for content.
- A flag will be included for free for those who served in the U.S. military. (Please note the branch of service when submitting an obituary.)
- Email obits@chronicleonline.com or call 352-563-5660 for more information.
- Obituaries are at www.chronicleonline.com.

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SO YOU KNOW

- Obituary deadlines for Tuesday, Wednesday, Thursday and Friday editions is 3 p.m. the day before. Deadlines for Saturday, Sunday and Monday editions is 3 p.m. Friday.
- Full obituaries are \$175, and include placement in the newspaper and online, a standard-size headshot and a keepsake plaque. Text exceeding 850 words will be subject to an additional fee of \$80.



Dick Dale, known as "The King of the Surf Guitar," performs in May 2007 at B.B. King Blues Club in New York. Dale has died at age 81. His former bassist Sam Bolle says Dale died March 16.

Dick Dale, king of surf guitar, 'Miserlou' composer, is dead

LINDSEY BAHR AND JOHN ROGERS
Associated Press

LOS ANGELES — Dick Dale, whose pounding, blaringly loud power-chord instrumentals on songs like "Miserlou" and "Let's Go Trippin'" earned him the title King of the Surf Guitar, has died at age 81. His former bassist Sam Bolle said Dick Dale passed away Saturday night. Dale liked to say it was he and not the Beach Boys who invented surf music — and some critics have said he was right. An avid surfer, Dale started building a devoted Los Angeles fan base in the late 1950s with repeated appearances at Newport Beach's old

Rendezvous Ballroom. He played "Miserlou," "The Wedge," "Night Rider" and other compositions at wall-rattling volume on a custom-made Fender Stratocaster guitar. "Miserlou," which would become his signature song, had been adapted from a Middle Eastern folk tune Dale heard as a child and later transformed into a thundering surf-rock instrumental. His fingering style was so frenetic that he shredded guitar picks during songs, a technique that forced him to stash spares on his guitar's body. "Better shred than dead," he liked to joke, an expression that eventually became the title of a 1997 anthology released by Rhino Records. Dale said he developed

his musical style when he sought to merge the sounds of the crashing ocean waves he heard while surfing with melodies inspired by the rockabilly music he loved. Dale continued to tour into his 80s, in part he said to pay the medical bills that advancing age was saddling him with. Having beaten cancer in the 1960s, he suffered a serious recurrence in 2015. Born Richard Anthony Monsour in Boston on May 4, 1937, Dale moved to Los Angeles with his family in 1954, where he immediately fell in love with surfing and the electric guitar. Dale is survived by his wife, Lana, and a son, James, a drummer who sometimes toured with his father.

To Place Your "In Memory" ad,
Contact **Lori Driver** 564-2931 or email: LDriver@chronicleonline.com

Closing time for placing ad is 4 business days prior to run date. There are advanced deadlines for holidays.

Winter Music Series 2018-2019
Good Shepherd Lutheran Church
439 E Norvell Bryant Hwy, Hernando

March 24, Sunday 2pm
Castlebay
Music from Maine and the Celtic Lands

\$10 Tickets at the Door
For information contact: Angela Busler 860-906-8723 or AMBusler@gmail.com

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JOHANNA FOSTER Service: Wed. 11:00 A.M. CHARLES JOHNSON Service: Wed. 6:00 P.M. Burial: Thurs. 12:00 P.M. Anona Cemetery - Largo, FL. DON FRANKLIN Service: Fri. 12 Noon DIANA TYNER Service: Sat. 11 A.M. St. Margaret's Episcopal Church BETTYANN RUGGIO Service: Sun. 2:00 PM LUANN CRAFT Service: Fri. 10:00 AM (3/29) ALICE BUDD Service: Fri. 7:00 PM Providence Baptist Church HELEN ALBERT Pending 726-8323

Family Practice & Geriatrics
Dr. Hasibul H. Khan Taylor Stabb, P.A. Cynthia Williamson, A.R.N.P. Jennifer Boyer, A.R.N.P. Hanna Hogan, A.R.N.P.

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ACTIVE STAFF AT BOTH SEVEN RIVERS & CITRUS MEMORIAL HOSPITALS
Pictured from left to right bottom row: Dr. Hasibul H. Khan, Dr. Bhadresh K. Patel, Dr. Dhruv K. Modi. Back row from left to right: Carolyn Bautista, ARNP, Cynthia Williamson, ARNP, Hanna Hogan, ARNP, Robin Holloway, ARNP, Jennifer Boyer, ARNP, and Taylor Stabb, P.A.-C

"Call to Artists" Family & Friends Reaching for Abilities
"Abilities" Art Gala Mentorship Workshop

Register for a Free Mentorship Workshop for Emerging Developmentally Disabled Artists. The second workshop will be held Sat., March 23 at St. Benedict Catholic Church, 455 S. Suncoast Blvd., Crystal River at 10:00am-Noon. Additional workshops are planned for April and May. Transportation may be available upon request.

Call to Register Robert DeSimone (352) 628-5606

6th Annual Crystal River Rotary Club BEAST FEAST

March 21, 2019 • 5:00 pm - 9:00 pm
Rock Crusher Pavilion

EVENT SPONSOR **CRYSTAL AUTOMOTIVE / MOTORCYCLE GROUP** Jeep, GOLF TO LAKE MARINE & TRAILERS, Bayfront Health Seven Rivers, 96.7 FOX CLASSIC HITS, CITRUS 95.3, CHRONICLE, RAYMOND JAMES Vaughn McLaughlin Team

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Open Bar, Craft Beer • Music
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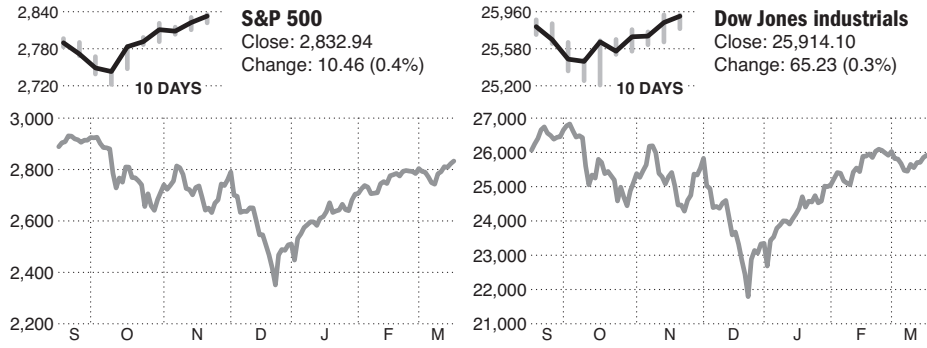
Donation **\$60** per person

Purchase tickets from a Crystal River Rotary member or at www.rotarybeastfeast.com

Proceeds Benefit Citrus County Blessings The Path Community Food Bank of Citrus County

Money&Markets

A click of the wrist gets you more at www.chronicleonline.com



StocksRecap

Table with columns for NYSE, NASD, DOW, HIGH, LOW, CLOSE, CHG, %CHG, YTD. Lists various stock indices and their performance.

Stocks of Local Interest

Table with columns for NAME, TICKER, LO, HI, CLOSE, CHG, %CHG, WK, MO, QTR, YTD, 1YR, P/E, DIV. Lists various local stocks like AKS, T, AME, etc.

Dividend Footnotes: a - Extra dividends were paid, but are not included. b - Annual rate plus stock. c - Liquidating dividend. e - Amount declared or paid in last 12 months. f - Current annual rate, which was increased during the year. g - Sum of dividends paid after stock split, no regular rate. i - Sum of dividends paid this year. Most recent dividend was omitted or deferred. k - Declared or paid this year, a cumulative issue with dividends in arrears. m - Current annual rate, which was decreased by most recent dividend announcement. p - Initial dividend, annual rate not known, yield not shown. r - Declared or paid in preceding 12 months plus stock dividend. t - Paid in stock, approximate cash value on ex-distribution date. PE Footnotes: q - Stock is a closed-end fund - no P/E ratio shown. cc - P/E exceeds 99. dd - Loss in last 12 months.

Interestrates



The yield on the 10-year Treasury note rose to 2.60 percent Monday. Yields affect rates on mortgages and other consumer loans.

Table with columns for TREASURIES, LAST, PVS, NET, 1YR, CHG, AGO. Lists various Treasury securities and their yields.

Table with columns for BONDS, LAST, PVS, NET, 1YR, CHG, AGO. Lists various corporate and municipal bonds.

Commodities

U.S. crude oil rose 1 percent, and natural gas rose 2 percent. Wholesale gasoline gained 1.4 percent. Gold, silver and copper were mostly unchanged.

Table with columns for FUELS, METALS, AGRICULTURE, CLOSE, PVS, %CHG, %YTD. Lists various commodity prices.



(Previous and change figures reflect current contract.)

MutualFunds

Table with columns for FAMILY, FUND, NAV, CHG, YTD, 1YR, 3YR, 5YR, TOTAL RETURN. Lists various mutual funds and their performance.

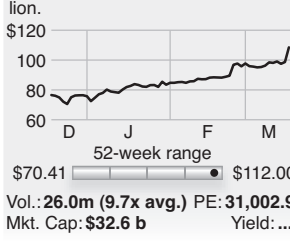
* - Annualized; d - Deferred sales charge, or redemption fee. m - Multiple fees are charged, usually a marketing fee and either a sales or redemption fee. x - fund paid a distribution during the week.

StoryStocks

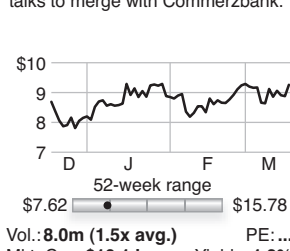
Stocks posted modest gains after charging ahead in a solid rally last week. Banks and retailers did better than the rest of the market Monday. Energy companies rose after the price of crude oil closed above \$59 a barrel for the first time since November.

Worldpay

Close: \$108.51 ▲9.83 or 10.0%. The payments processor agreed to be acquired by Fidelity National Information Services for about \$35 billion.

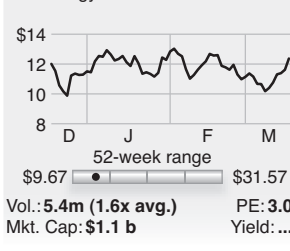


Deutsche Bank Close: \$9.26 ▲0.38 or 4.3%. The giant German bank said it's in talks to merge with Commerzbank.



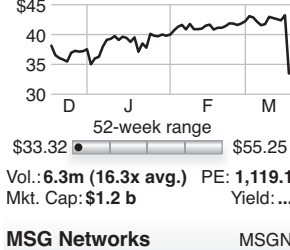
Carrizo Oil & Gas

Close: \$12.37 ▲0.75 or 6.5%. Bloomberg News reported that the company is considering a deal with SM Energy.



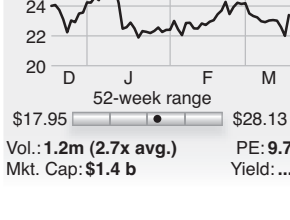
Synaptics

Close: \$33.46 ▼9.77 or -22.6%. The company announced late Friday that its CEO has left, effective immediately. It also issued a weak forecast.



MSG Networks

Close: \$23.40 ▲1.40 or 6.4%. The New York Post reported that media mogul John Malone is considering a bid for the cable and satellite TV business.



Lyft opens up its IPO road show, offers 30 million shares



Associated Press

This photo shows a Lyft logo on a Lyft driver's car in Pittsburgh. Lyft officially kicked off the road show for its initial public offering Monday, with 30 million shares expected to cost between \$62 and \$68 per share. That would raise more than \$2 billion for the San Francisco ride-hailing company, which could be valued in between \$20 billion and \$25 billion eventually. Lyft announced earlier this month that it intended to go public and has been in a race with Uber to be first to offer its stock to the public.

Company makes public offering

Associated Press

NEW YORK — Lyft officially kicked off the road show for its initial public offering, putting 30 million shares up for sale Monday with an anticipated price of between \$62 and \$68 per share.

That would raise more than \$2 billion for the San Francisco ride-hailing company, which could be valued between \$20 billion and \$25 billion eventually. Lyft and Uber have raced to be first with an IPO, and Lyft's rival is expected to offer shares in the coming weeks.

Lyft released financial details about the company for the first time this month, reporting \$2.2 billion in revenue last year, more than

double its \$1.1 billion in revenue in 2017, but also \$911 million in losses. Lyft has lost nearly \$3 billion since 2012, but has brought in more than \$5 billion in venture capital.

The company's executives warned that the company could struggle to turn a profit, despite a rapidly growing market share.

The company's share of the U.S. ride-hailing market was 39 percent in December 2018, up from 22 percent in December 2016, according to its filing. The \$2.2 billion in revenue for 2018 was about double what it brought in the previous year.

Bookings, which represent Lyft's fares after subtracting taxes, tolls and tips, have been rising

dramatically — a trend that the company intends to highlight to potential investors. Lyft's bookings surpassed \$8 billion last year, 76 percent more than in 2017 and more than four times the number from 2016.

Lyft's recent market-share gains came as Uber was dogged by reports that drivers accused passengers and that the company tolerated rampant sexual harassment internally. Those problems ultimately led its co-founder Travis Kalanick to resign. Uber has been working to repair its image under CEO Dara Khosrowshahi.

Lyft said it would offer 30,700,000 shares of its common stock to the public and give underwriters the option to buy up to 4,615,500 more shares.

Energy companies lead modest gains for US stock indexes

STAN CHOE AND ALEX VEIGA AP business writers

index is now up 13 percent for 2019 so far, which is a bigger gain than it's had in four of the last five full years.

The Dow Jones Industrial Average rose 65.23 points, or 0.3 percent, to 25,914.10.

The Nasdaq composite added 25.95 points, or 0.3 percent, to 7,714.48. The Russell 2000 index of smaller-company stocks picked up 10.39 points, or 0.7 percent, to 1,563.93.

Major stock indexes in Europe finished mostly higher: U.S. stocks have had a strong showing this year,

with all the major indexes showing a gain of at least 11 percent.

One key to the recent rally has been the belief that the Federal Reserve will slow its pace of increases for interest rates. The worry in December was that the central bank would raise rates too fast in the face of a slowing global economy and choke off growth. The Fed will meet to discuss interest-rate policy this week, with an announcement scheduled for Wednesday, but economists expect it to announce no change to rates.

Advertisement for Blackshears II Aluminum. Features a starburst graphic, company logo, and text: 'Rescreen • Seamless Gutters • Garage Screens', 'New Screen Room • Glass Room Conversions', 'HWY. 44 CRYSTAL RIVER 795-9722', 'Licensed & Insured RR 0042388', '41 Years As Your Hometown Dealer', 'Free Estimates www.blackshears.com'.

Advertisement for P. H. C. Professional Hearing Centers. Text: 'Trust the Expert for Advice About Better Hearing', 'Every Appointment is Seen By Our Audioprothologist', 'Over 35 Years of "Helping People Hear... With Quality Care"', 'Doctors Refer Themselves and Their Patients for Hearing Solutions', 'Has Lifelong Hearing Loss and Understands What you are Going Through', 'Home of the Free Batteries 4 Life', 'Ask About Our Secure 4-Year Warranty', 'Denny Dingler A.C.A. Audioprothologist, M. Div., BC-HIS', 'Professional Hearing Centers "Reconnecting Your Life"', 'Since 1983 726-4327', '211 S. Apopka Ave., Inverness www.InvernessHearing.com'.

► “I used to think timing was everything. I have since learned that now is the time for everything.”

Stella Mowen

CITRUS COUNTY CHRONICLE



Founded by Albert M. Williamson

“You may differ with my choice, but not my right to choose.” — David S. Arthurs publisher emeritus

The opinions expressed in Chronicle editorials are the opinions of the newspaper’s editorial board.

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TALKING TRASH

With clock ticking, universal garbage talk heats up

For the second time in less than two years, the county commission has voted to start the clock that could lead to universal garbage collection. We hope the board stays with it this time.

In the summer of 2017, the board voted unanimously that the county should move forward with starting the three year clock required to notify local haulers that the county is planning to begin universal garbage collection.

But a month later, when faced with local garbage haulers in the meeting room, the commission folded and rejected the staff recommendation to start the clock that the board had requested in the earlier meeting.

Then, earlier this month, the board voted 4-1 to give formal notice that they may create a franchise system for garbage pickup.

During this meeting, many of the same issues were given for opposing universal collection. These included local businesses being affected and whether the idea is consistent with free enterprise.

These are basically the same issues that have been brought up every time the commission has discussed universal garbage collection over the last more than 30 years.

So for clarity, it should be stated that the commission vote does not institute universal garbage collection. It only starts a state-mandated three year notice to local haulers that the county is

considering that option.

What this means is that at the end of these three years the county may begin universal collection. Or, at any point between now and then, the commission could reject the notion of universal collection.

During this three year period, the county will have the opportunity to work with haulers to develop a plan. The most likely outcome will be some type of franchise, where a hauler has the exclusive right to provide service in a designated area in exchange for agreeing to specified terms of service and rates.

In franchise systems, franchises are awarded on a competitive bidding basis, like any other contract. The hauler who offers the best price for services specified in the bidding document gets the bid. This is completely consistent with free enterprise.

But at this point, the only thing the commission has done is agree to start the clock, and all of the details about how the system would work need to be worked out in the next three years. We are encouraged that the commission plans to involve haulers in setting up a universal collection system, and we urge both commission staff and haulers to candidly exchange ideas and come up with a system that works for Citrus County.

After three decades of discussion, it is about time for the county to stop vacillating and move forward with universal garbage collection.

THE ISSUE:

Board starts clock on possible universal garbage collection.

OUR OPINION:

It’s about time.

AP stories had it all wrong

NOTE: This letter was copied to Rep. Daniel Webster, Washington, D.C.

I am upset with your March 3, page A16, Nation & World report of two Associated Press articles. I find them both to be anti-American.

One criticized President Trump on his excellent speech and then calls the North Korean dictator, visiting our previous war enemy’s monuments, who tried to kill Americans, a poised leader and a diplomatic winner. I am disgusted and totally disagree!

The main article and headline should have been “US-backed Syrian fighters — with President Trump’s support — drove ISIS out of their last held area.”

Roger Hattersley
Pine Ridge

‘I guess that’s why they call it the blues’

The Citrus County Democratic Party is throwing a Blues & BBQ bash on April 27.

And why not: As Elton John reckoned it, “things can only get better.”

James McIntosh
Lecanto

Increase funding for VPK

Your child is born as a learning machine that needs to be taught. Parents are first and foremost your child’s teacher by speaking your language, by your enabling exploration, by your socialized values and by you learning to be a citizen. Each child at birth is filled with potential. But the world does not provide a level playing field. In this society, the advantages and disadvantages factors are well known. In Citrus County, all parents dearly love the children, but half the children are living in poverty that immediately can put them at a disadvantage.

In 2002, the citizens of Florida voted to initiate a free pre-kindergarten (VPK) program for 4 year olds to ensure that all children are intellectually, socially, emotional and physically ready for kindergarten. There are over 40 VPK public and private programs in Citrus County and over 75 percent of our local children voluntary participation in the program. Each day parents drop their children at school that follows a professional curriculum designed to prepare children using play, interactive and traditional learning methods.

Unfortunately, each year the Florida legislature has significantly reduced the VPK funding. Testing showed this year only 51 percent of students were ready for kindergarten. Kindergarten is now like our first grade, and most students not ready will have trouble competing. The loss of funding means problems with hiring and retaining teachers, with limited supplies and resources, with children not being ready or

OPINIONS INVITED

- **Viewpoints** depicted in political cartoons, columns or letters do not necessarily represent the opinion of the editorial board.
- **Groups or individuals** are invited to express their opinions in a letter to the editor.
- **Persons** wishing to address the editorial board, which meets weekly, should call **Mike Arnold** at 352-563-5660.
- **All letters** must be signed and include a phone number and hometown, including letters sent via email. Names and hometowns will be printed; phone numbers will not be published or given out.
- **We reserve** the right to edit letters for length, libel, fairness and good taste.
- **Letters** must be no longer than 400 words, and writers will be limited to four letters per month.
- **SEND LETTERS TO:** The Editor, 1624 N. Meadowcrest Blvd., Crystal River, FL 34429; fax to 352-563-3280; or email to letters@chronicleonline.com.

money grows on trees, has anyone ever seen it happen? Where are the providers who will donate their time for all this free stuff?

Wouldn’t it be great if government leaders and the media would get down to the business of helping our country thrive for a change? Take a ride on Illinois highways to see how irresponsible spending is working.

This letter drifts some, but so does everything else today.

Robert E. Hagaman
Homosassa

Walls work; immigration system, not so much

America is a welcoming country, but we overwhelmingly favor some limits on how many should enter. We oppose chain migration and the ruse of anchor babies but realize we need help from Congress to change both. We also favor an actual physical barrier on our southern border. The Israeli walls are immensely successful, as are prison walls, walls around nuclear facilities, military installations and hundreds of private homes of wealthier Americans. All these structures are routinely patrolled and employ many types of technology to aid in detecting violators.

Asylum is another vexing issue. Instead of applying at an embassy, thousands annually enter illegally to apply. They are housed, fed, clothed, given medical care, temporary education and recreation facilities. They are then given court dates far into the future because of massive case backlogs. Most never appear and take up residence here. The cost of this hare-brained system runs to billions. A congressional law could correct this by deporting everyone who enters illegally. All applicants could then apply at a recognized embassy to explain their case.

Upgrading our current e-verify program would be welcome. Foreign workers and American businesses would benefit. Visa overstays have been unenforced for decades. A large percentage of illegals are here because the federal government has lost track of millions of people. If corrections can’t be made, find a better system. Just get it done. We are tired of all talk and no action.

Try to be reasonable on the entire immigration question. Remember, the laws we pass should be “ordinances of reason for the common good of society.” That’s American society which is our great concern. Border patrol, ICE, DEA and law enforcement of all types favor a barrier. Even if walls don’t stop every single illegal, our system can handle the few but not the millions. Deport criminal aliens immediately and give mandatory prison sentences to those trying to re-enter. Finally, those waiting for years to enter legally deserve a chance more than lawbreakers. Let’s give it to them.

Joseph P. Ryan
Homosassa

LETTERS to the Editor



challenged and ultimately with a community searching for trained employees.

A few suggestions on how to improve is for the legislature to restore funding to at least the 2011 levels, to initiate a plan to hire only certified teachers, to ensure annual testing and more important, a plan for each student needing extra care, to add voluntary pre-kindergarten teachers and assistants to the Best and Brightest Scholar Program and to most important, to provide the materials and resources necessary for learning.

Generations have benefited from our public education system but now the government is pulling necessary resources from the schools. Please call your representative, Rep. Ralph Massullo, 850-717-5034 and Sen. Wilton Simpson 850-487-5010 to ask them to increase funding to VPK schools. The Florida Legislature is in Tallahassee deciding the budget this month.

Kathleen O’Donoghue
Hernando

Trump leadership producing good things

It’s hard to know where to start. My last letter was rejected due to mentioning a taboo subject in my last paragraph. Yet, the next week the subject got top billing for several days.

Today I will go a different route. It appears that the Trump haters are running out of steam with the Mueller investigation, so they are having to search deeper. Good luck!

Meanwhile, Trump’s leadership is producing more good things. The economy is rolling along and the border wall (or whatever you want to call it) is closer to becoming a reality.

The Dems and the mainstream media continue to promote socialism daily. Has it ever occurred to them that there is really not an infinite source of finances to pay for it? Free medical care for all sounds great, but who will pay for it? How about free education? Even though the federal government believes

Do haulers have a future in Citrus?

Good news! One county commissioner has a position on universal garbage collection: Jimmie T. Smith. Four commissioners to go. To decide, spend a few thousand dollars on a consultant or flip a coin — heads is universal garbage collection. The present waste haulers deserve to know if their companies have a future in Citrus County, sooner than later.

Board should stick to education

So now the high-and-mighty hospital (board) is transferring public assets to the school board. The hospital (board) is dangling dollars to sweeten the deal. Worse, the school board is considering assuming the role. This is being done out of spite by these (hospital board) members, and the school board

should stay out of anything involving their machinations. This responsibility should go to the BOCC. They are our elected government and are responsible to the people. The hospital (board) thinks they can do anything they want and they have done exactly that throughout the years. The hospital (board’s) legal counsel earns \$6,000 a month? This is crazy and obscene. He was the one that stated that the county would get \$120 million from the new lease to HCA, then it was \$80 million and now it is total of \$30 million — millions wasted on legal fees. The school board should stay out of this completely. This new responsibility has nothing to do with education and it will cost the taxpayers even more going forward. Not one (school) board member even asked about the audit that is pending. Don’t they read the Chronicle? I will vote against any school board member that votes for this calamity.

Not clamoring for universal garbage

Boy, Carnahan’s comments on the landfill pretty much sum up the arrogance that our county commissioners have and how stupid they think the citizens of Citrus County are (re March 12’s front-page story, “Garbage clock starts for skeptical public”). He says they have to quit coming to “our landfill.” Wait a minute, who’s landfill is it? When he talks about us people coming to the landfill, we’re the ones that bought the landfill. We’re the ones that pay for the landfill. And he says we have to stop coming to it — “our landfill” — meaning the county commissioners have that private landfill. All they’re doing is trying to raise a bunch more money so they can scam it off wherever they want to scam it off. There’s already a \$25

bill on every tax bill that goes straight to the landfill. Every time I pull in there, I give them \$10, \$15 to dump something. And they say they can’t make money?

Well, I suggest they get out of the landfill business. Sell it to a private business. They’ll figure out how to make money with it because it does make money. Who are they kidding? But the arrogance, and to claim that people are clamoring for universal garbage pickup? In three years, all they have to do is get three commissioners to agree to award some nice, cushy contracts and then the people are screwed one more time. They need to get real.

Isn’t bingo a form of gambling?

I know you probably will not publish this, but I just want to express my opinion. I know there’s

separation of state and church, but they’re closing all the internet (cafes) because it’s considered gambling. But most of the churches have bingo, which is the same as gambling, but they can get away with it. And some, at the end while playing bingo — which I have nothing against — have “winner takes all,” and, in my opinion, it’s definitely gambling. So why are they picking on internet (cafes) and letting bingos still operate?

Keep golf carts off the road

Golf carts on Halls River Road? Just another example of catering to the few at the inconvenience of the many. This is not The Villages and folks at Riverhaven should not have to put up with any more government meddling after the Halls River Bridge boondoggle. If you want golf carts on the road, build golf cart paths, but keep them off the main roads.



SURGERY

Continued from Page A1

county jail in New Jersey. It didn't help.

Trying to keep expenses low, she ate at the jail officers' dining hall.

On the menu: usually hamburgers, French fries, subs and sodas.

"It was never about my looks. ... That's why it never bothered me," she said.

Looking back, part of the problem, Juiliano said, was that she didn't have any health problems due to her obesity, so there wasn't any motivation to start dieting.

Instead, at 22, she headed in the opposite direction and ate with abandon.

"I just didn't care about myself," she said about her eating.

By the time she moved to Citrus County in 2001, she was also drinking. That's about the time she had her third child and took a job supervising the Citrus County jail's kitchen. She got up to 298 pounds.

"I remember it specifically," she recalled. "I remember flying to New Jersey...and I had to ask for a seatbelt extender. I was so embarrassed."

"I have a picture of me with my little girl on my lap at that weight," she said. "That was my motivation."

She was 29 years old.

For the next 15 years she tried diet pills and a string of fad diets, she said.

But as a single mother with three children to care for, Juiliano said she ate what was at hand and convenient.

Juiliano is not alone in trying, and failing, to lose weight.

Studies show that only a small minority of people are successful at long-term weight loss.

Traci Mann, who oversees an eating lab at the University of Minnesota, analyzed 31 long-term weight-loss studies and reported her findings in American Psychologist.

"You can initially lose 5 to 10 percent of your weight on any number of diets, but then the weight comes back," Mann said in a UCLA news release about her findings.

"We found that the majority of people regained all the weight, plus more," she said.

Even when it looked like participants lost weight, revisiting them 10 years later showed the majority had put the weight back on. Only about 5 percent of study participants lost and kept off the weight.

That's consistent with findings by the National Weight Control Registry, which collected data from more than 10,000 people who lost weight long-term.

The registry found that of those who successfully lost weight, most had significantly cut their calorie



Dr. Parth Patel said if the patient has a BMI of less than 40 but has other chronic illnesses such as diabetes, then they could qualify. Other illnesses associated with obesity are hypertension, heart disease, stroke and sleep apnea.

intake, exercised for an average of one hour per day, weighed themselves regularly and watched less than 10 hours of television per week in order not to be too sedentary.

Juiliano was only one of nearly 94 million adult Americans who were obese when she had her bariatric procedure in October 2018. That's nearly 40 percent of this country's adult population, according to the U.S. Centers for Disease Control and Prevention.

That's up from about 15 percent in 1976.

Florida is not much better.

More than 28 percent of adult Floridians were obese in 2017, according to a 2018 Robert Wood Johnson Foundation-funded study.

In 2016, the most recent year data was available, 1 out of every 5 Citrus County adults were obese, according to Florida Health Charts.

Neither was Juiliano unique as an obese child.

Nearly 12 percent of middle school children in Citrus County are obese, according to Florida Health Charts. And the statistics don't get better as the kids get older. The same percent of children in high school as in middle school are obese.

What was also not unique about Juiliano's obesity is how she couldn't lose weight.

The biology of someone obese is simply different than someone of normal weight or someone just overweight, according to one 2015 study published in the Lancet.

Dr. Christopher Ochner, assistant professor of pediatrics and psychiatry at the Icahn School of Medicine in New York and lead author of the paper, said that people with chronic obesity appear to have a "bodyweight (that) seems to become biologically stamped in and defended."

That means that when obese people lose weight, it triggers biological

changes that evolved to compensate for lean times when many people went hungry. Their biology wants them to return to the weight they had before they dieted.

That biology might have been a lifesaver thousands of years ago, but today it's a killer.

That's especially true in the modern environment, which promotes eating high-calorie, high-fat, sugary foods that require few calories to obtain, the study reported.

"Few individuals ever truly recover from obesity; rather they suffer from 'obesity in remission,'" Ochner said in the study. "They are biologically very different from individuals of the same age, sex, and bodyweight who never had obesity."

It doesn't stop there, many weight experts say.

Hudson Institute studies have also shown that those people who are obese tend to have a different relationship with food and it tends to be more impulsive and emotional.

In a 2018 Hudson Institute survey, 44 percent of respondents of health weight said that health and nutrition was one of the three most important issues when deciding which foods to buy. Only about a third of obese participants in the survey said that health and nutrition were among their top three concerns when deciding what to eat. Two-thirds of obese participants said they were likely not to read nutrition labels on food.

None of this is new to Dr. Parth Patel, a Citrus Memorial Hospital surgeon with Inverness Surgical Associates. He specializes in bariatric surgery and performed Juiliano's bariatric surgery.

"(Bariatric patients) end up here after trying everything else," he told the Chronicle.

Most come to him based on the advice of their primary doctors. A few had friends or family who had the bariatric surgery and saw good results.

See SURGERY/Page A10

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SURGERY

Continued from Page A9

Citrus Memorial began its bariatric services when Patel joined the hospital 18 months ago. When the hospital began the surgeries Patel performed just one or two a month. Now he does about four every month with about 40 patients in the pipeline waiting their turn at the procedure, said hospital CEO Ralph Aleman. He predicts the number will only grow. The hospital has done nearly 30 thus far.

Most health insurance companies require patients wait at last three months before they have the operation. During that time, they're required to meet with mental-health experts, nutritionists, and start a low-calorie diet in preparation for the procedure.

The hospital uses laparoscopic surgery that involves a few small incisions and slender surgical tools for minimally invasive intrusion into the body. The hospital also has new \$2.5 million robotic surgical equipment that's more flexible in its movements than handheld devices.

When surgeons get inside the body cavity, this is what they do:

More than half of all bariatric procedures involve the surgeon reducing the size of the stomach by about 85 percent by removing the larger portion of the stomach. The procedure is called a sleeve gastrectomy because the remaining stomach looks like a sleeve.

About a quarter of procedures are gastric bypasses in which the stomach is divided into a small upper pouch and the remnant larger pouch. The surgeon then rearranges the small intestine in order to connect to both portions.

In both cases, the food enters the smaller pouch, stretching it, and sending nerve signals to the brain

■ Citrus Memorial is offering a free weight-loss seminar at 6 p.m. today at the Citrus Memorial Health Foundation YMCA in Lecanto. An RSVP is not required, but encouraged by calling 352-637-3337 or visiting citrusmh.com.

that the stomach is full.

Becoming less popular is the gastric band procedure, in which a band is placed around the upper part of the stomach. It's intended to slow and reduce the amount of food the person can eat at one sitting.

Not everyone qualifies. To have the operation, the patient must have a body mass index of at least 40. The BMI is a measure of body fat based on the patient's height and weight. It's calculated by the patient's body mass divided by the square of the body height. There are exceptions to the equation that your doctor can talk to you about.

Patel said if the patient has a BMI of less than 40 but has other chronic illnesses such as diabetes, then they could qualify. Other illnesses associated with obesity are hypertension, heart disease, stroke and sleep apnea.

High ratios of body fat have also been linked to cancer, although the mechanism isn't completely understood.

Some researchers believe obese people also suffer from low levels of chronic inflammation, which can cause DNA damage and cancer as a result.

Fat tissue also produces excessive amounts of estrogen, high levels of which have been linked to increased risks of breast, endometrial, ovarian, and some other cancers.

In Juiliano's case it was breast cancer and a radical mastectomy in 2014.

During the cancer treatment, Juiliano's weight dropped to 225 pounds but later bounced back to 275

Citrus Memorial began its bariatric services when Dr. Parth Patel joined the hospital 18 months ago. When the hospital began the surgeries Patel performed just one or two a month. Now he does about four every month with about 40 patients in the pipeline waiting their turn at the procedure, said hospital CEO Ralph Aleman. He predicts the number will only grow.

pounds.

She said her youngest daughter was only 11 years old when she was diagnosed. Juiliano couldn't stand the thought of dying and leaving her daughter behind alone. She wanted, and needed, to be healthy. "I was 268 pounds when I had my bariatric surgery," said Juiliano, now 45 years old. "I knew I needed to eat healthier ... but it was always an issue of self-control."

Surgeons perform nearly 230,000 bariatric surgeries annually in the United States. An estimated 24 million people are heavy enough to qualify for the operation.

It's a growing business. In 2011, surgeons performed about 158,000 bariatric procedures, according to the American Society for Metabolic and Bariatric Surgery. By 2017, that had climbed to 228,000, with no signs of letting up.

Patel reduced the size of Juiliano's stomach to about the size of an egg.

"You go from eating everything you want to having a liquid diet prior to the surgery to 500 calories a day after the surgery," she said.

The average woman burns about 1,500 calories daily.

In the 4 1/2 months between Oct. 29, 2018, and March 13, 2019, Juiliano lost 80 pounds, with the goal of losing 18 more.

Along with a greatly reduced stomach, Juiliano has also changed her lifestyle, something that Patel and other bariatric surgery supporters advocate.

"I exercise about four times a week. I've walked about 2 miles a couple of

times this week," she said.

Her meals are also smaller — a lot smaller.

Gone are the days when she could wolf down pizza slices with abandon.

"Now I eat about five meals a day," she said.

One egg is one meal. Another meal might be a protein shake. Another a half cup of salad and another meal a little bit of broccoli or cauliflower. She might finish her day with a final meal of a single strawberry.

"The days of going out and eating a burger with bread and French fries are over," she said, smiling.

But the surgery is not a cure-all.

"The surgery is a tool," she said. "It doesn't fix the issue (that made you overeat)."

Most obese people who have the surgery do not drop to a normal, healthy weight.

Following the bariatric surgeries, patients shed about 70 percent of their excess weight, but over time regain about 20 percent to 25 percent, according to Dr. Lee Kaplan, director of the Massachusetts General Hospital Weight Center in Boston.

Instead of reducing to a normal weight, the bypass surgery typically shifts people who are extremely obese (with a BMI of 40 or more) to just the obese category. And people who begin as obese can hope to shift to just being overweight.

Less than 10 percent of patients ever achieve a normal BMI of 18.5 – 24.9, according to the Boston hospital.

Patel acknowledged that bariatric surgery won't automatically put patients

into normal BMI status — but most patients know that.

Most just want to lose enough weight to be healthier, he said.

"You don't have to achieve normal weight to achieve helpful benefits," Patel said.

But there are also risks associated with the surgery.

Between 10 percent and 20 percent of patients require follow-up operations to correct complications, according to the Cleveland Clinic Bariatric and Metabolic Institute.

But Patel said those aren't medical failures of the original operation, but usually something like patients overeating and stretching the stomach again.

About a third of patients who have the weight-loss surgery go on to develop nutritional deficiencies such as anemia, osteoporosis and metabolic bone disease, according to the institute. But those deficiencies can be avoided with nutritional supplements.

There are other possible side effects immediately after the surgery, such as internal bleeding, infection, diarrhea, weakness and nausea.

But while Patel acknowledges the risks, the risks associated with obesity outweigh them, he said.

Citrus Memorial's bariatric service line is an answer to a growing local problem, Aleman said.

"We recognized there was a huge need in Citrus County ... and (Patel) was a perfect fit," Aleman said. "The service has proven to be life-changing."

The work now is to let the public know about its availability at Citrus Memorial, he said.

The hospital is trying to get the word out to primary doctors, the internet, television, and seminars.

To that end, Citrus Memorial is offering one of those free weight-loss seminars at 6 p.m. Tuesday, March 19, at the Citrus Memorial Health Foundation YMCA in Lecanto.

Patel is scheduled to speak at the seminar, giving a general overview of obesity and weight loss options, and the process of becoming a candidate.

Anyone interested in learning more about surgical weight loss options is welcome to attend. An RSVP is not required, but encouraged by calling 352-637-3337 or visiting citrusmh.com.

"We are definitely committed to the program," Aleman said.

Meanwhile, Juiliano said that the procedure alone will not succeed unless it has the patient's commitment.

"If you can't fix the emotional issues, this is not going to work," she said.

Juiliano is now a food safety inspector.

She said she is committed to losing weight and reaching her goal of weighing 170 pounds — something that's reasonable and that she can sustain over the long haul.

The cancer and constant fight over her weight has also changed her for the better and given her a new look, and new lease, on life.

"After beating cancer, not as much bothers you," she said, smiling.

She believes in the process of diet, good nutrition, and exercise following the operation.

She also now focuses on the good in her life and helping others. Since the operation, she has bought a Harley-Davidson motorcycle.

"I do motorcycle ministry," she said. "It's a way to introduce people to the Lord ... to help people who usually don't get help."

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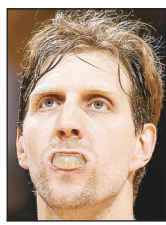
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Dirk Nowitzki of the Dallas Mavericks passed Wilt Chamberlain for sixth on the NBA's all-time scoring list Monday night.

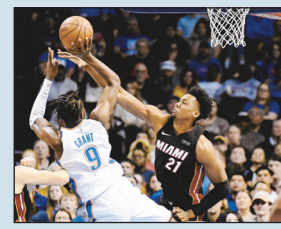


Dirk Nowitzki

SPORTS

CITRUS COUNTY CHRONICLE

Section B - TUESDAY, MARCH 19, 2019



Miami Heat earn big road victory at Oklahoma City./B4

- College hoops/B2
- Scoreboard/B3
- Sports briefs/B3
- Lottery, TV/B3
- NBA/B4

Lightning clinch the Presidents' Trophy

Stamkos becomes franchise all-time goals leader

Associated Press

TAMPA — Steven Stamkos scored his 36th goal of the season and the Tampa Bay Lightning clinched the Presidents' Trophy with a 4-1 victory over the Arizona Coyotes on Monday night.

The Lightning, who have 116 points, will have home-ice advantage throughout the Stanley Cup playoffs.

Stamkos became the franchise leader in goals with his 384th.

Victor Hedman added his 10th goal of the season and Andrei Vasilevskiy stopped 28 shots. Anthony Cirelli scored his fifth short-handed goal of the season while Yanni Gourde notched his 20th goal of the season.

Clayton Keller scored for Arizona, which remains one point ahead of Minnesota for the final wild-card

spot in the Western Conference.

Darcy Kuemper finished with 20 saves.

Stamkos' record-breaking goal was scored at 6:54 of the first period as Stamkos, battling in front of the Arizona net, got his stick on Ryan McDonagh's shot and deflected the puck past Kuemper.

The goal came in the 737th game for Stamkos and broke the tie with former captain Vinny Lecavalier, who set the record in 1,037 games with Tampa Bay from 1998-2013.

"Steven is the best goal-scorer in Lightning history and now he has the record to prove it," Lecavalier said in a statement.

"How he's gotten to 384 — all the adversity, scoring from all over the ice — and still managing to set the record in a relatively small number of games is remarkable and further establishes Stamkos as one of the top goal-scorers in the history of the game. It's an honor to call him a friend and a teammate."

Tampa Bay center Steven Stamkos waves to the crowd Monday after becoming the all-time franchise goal leader (384) against Arizona in Tampa.

Associated Press



ACC in the spotlight

Trio of top seeds makes league a must-watch in NCAA Tournament

NOAH TRISTER
AP sports writer

The Atlantic Coast Conference comes into the NCAA Tournament with three No. 1 seeds.

Putting three teams in the Final Four is a different matter.

The last time one league had three teams in the national semifinals was 1985, the year the field expanded to 64 teams. Georgetown and St. John's arrived as Big East behemoths, only to be upstaged when conference rival Villanova took the title.

The ACC's top-seeded trio this year is Duke, North Carolina and Virginia. The last time three No. 1 seeds won their regionals was in 2015, when Kentucky, Duke and Wisconsin did it.

Only one other time has a league gotten three No. 1 seeds. In 2009, Louisville, Connecticut and Pittsburgh did it for the Big East. Connecticut lost in the national semifinals, while Louisville and Pittsburgh went out in the Elite Eight. None of those teams are in the Big East anymore.

Here are a few more things to watch in the NCAA Tournament:

REGIONAL OF CHAMPIONS

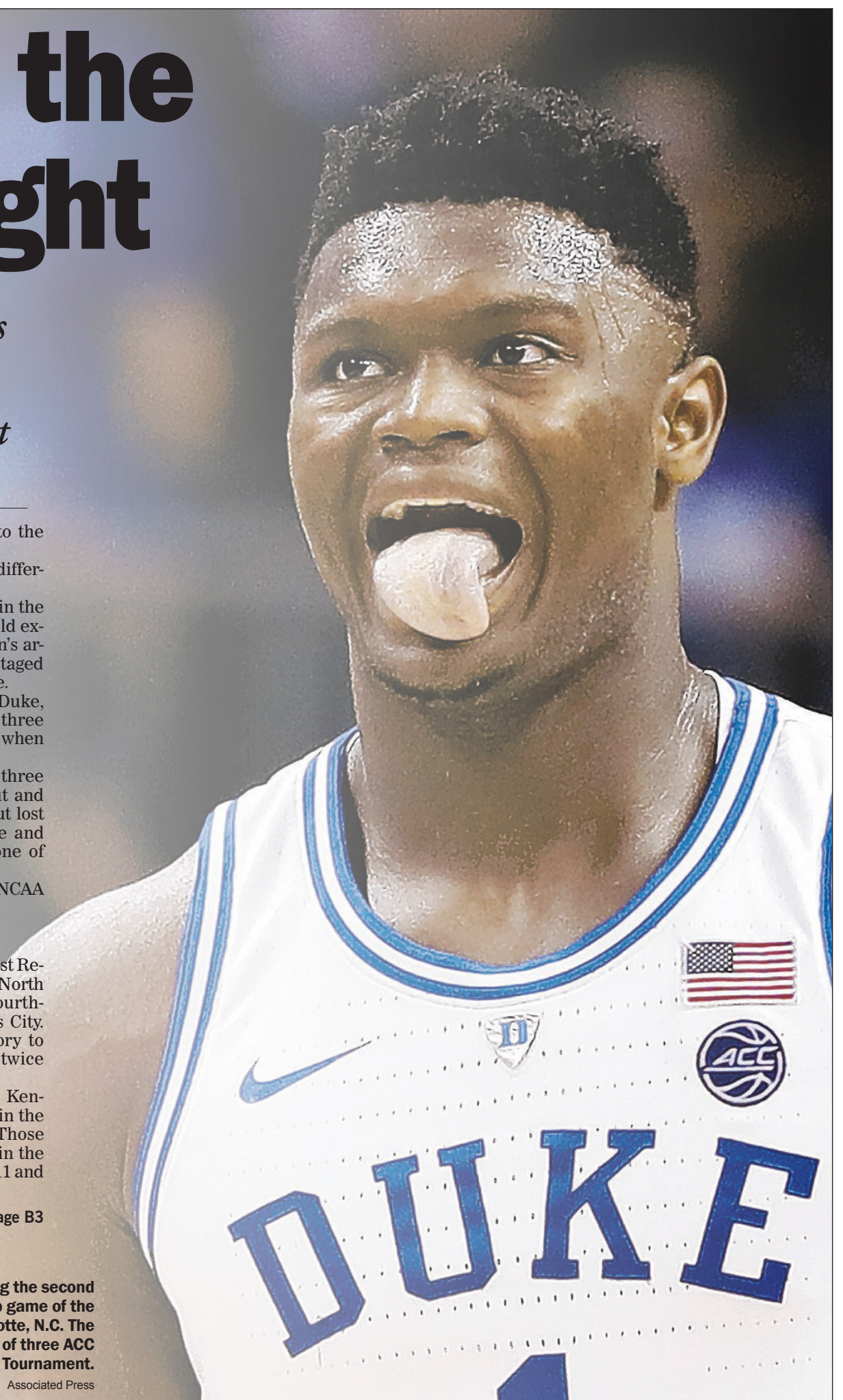
If the seeds hold, the Sweet 16 in the Midwest Regional could be quite a spectacle. Top-seeded North Carolina, second-seeded Kentucky and fourth-seeded Kansas would all end up in Kansas City. Even third-seeded Houston has some history to offer, having made the national title game twice during the 1980s.

With UCLA out of the picture this year, Kentucky's eight titles are the most by any team in the field. North Carolina is second with six. Those teams have met in the regional finals twice in the past eight years, with Kentucky winning in 2011 and North Carolina in 2017.

See SPOTLIGHT/Page B3

Duke's Zion Williamson reacts Saturday during the second half against Florida State in the championship game of the Atlantic Coast Conference tournament in Charlotte, N.C. The Blue Devils won the league title and are one of three ACC teams seeded No. 1 in the upcoming NCAA Tournament.

Associated Press



Kang, Gonzalez win starting jobs in Pirates' infield

Associated Press

BRADENTON — Jung Ho Kang and Erik Gonzalez have won starting jobs in the infield with the Pittsburgh Pirates.

General manager Neal Huntington said Monday that Kang has beaten out Colin Moran at third base and Erik Gonzalez has won the shortstop competition over Kevin Newman.

"It was not an easy decision because all four guys, in their own way, had legitimate claims to be the regular," Huntington said.

Kang is just 5 for 28 (.185) with 13 strikeouts this

Former Minnesota Twins player and Baseball Hall of Fame member Rod Carew jokes with the umpires Monday as he returns to the dugout after exchanging lineup cards before a spring training game against the Boston Red Sox in Fort Myers.

Associated Press

spring but all five hits have been solo home runs. Moran was 6 for 28 (.214) with a double and a homer through the weekend.

Moran, however, had committed four errors while Kang had two.

"The power has been real," manager Clint Hurdle said of Kang. "It's spring training, but it's five homers. We don't have anybody else that's hit five homers."

Kang missed the entire 2017 season and the beginning of 2018 because he was unable to secure a work visa to travel from his native South Korea following a third DUI arrest. He then underwent wrist surgery last year before returning to the Pirates for the final three games of the season.

The Pirates beat the Rays 4-2 on Monday behind a strong start from Nick Kingham, who made his final bid for the fifth starter job. Kingham



See MLB/Page B3

Spoilers! Women's NCAA bracket leaks

Baylor, Notre Dame, Mississippi State and Louisville are top seeds

DOUG FEINBERG
AP basketball writer

NEW YORK — Baylor, Notre Dame, Mississippi State and Louisville are the No. 1 seeds in the women's NCAA Tournament, leading a March Madness field revealed early thanks to a production error.

The bracket was mistakenly put out by ESPN hours before the network had its selection show. ESPN apologized and scrambled to air an early selection show to release the brackets while screenshots of the picks were shared across social networks.

"In working with the NCAA to prepare for tonight's Women's Selection Special we received the bracket, similar to years past. In the midst of our preparation, the bracket was mistakenly posted on ESPNU," the network said in a

statement. "We deeply regret the error and extend our apology to the NCAA and the women's basketball community. We will conduct a thorough review of our process to ensure it doesn't happen in the future."

In 2016, the men's bracket was leaked during the selection show, reverberating on Twitter and elsewhere as fans wondered if the picks were accurate. The No. 1 Lady Bears are the top team in the Greensboro Regional while defending champion Notre Dame is the first choice in Chicago. Mississippi State is the No. 1 team in the Portland Regional where Oregon is the second seed. Louisville is the top choice in the Albany Regional where potentially No. 2 UConn waits.

"We're thrilled to have the season we've had. We played an outstanding schedule. At the end of the day, I thought we might be going to Albany as 1 or 2," Louisville coach Jeff Walz said. "It's really great to be a 1 seed and we know there's a lot of work in front of us."

Walz won't coach the Cardinals' opening game against Robert Morris as he will be serving a one-game suspension for using profane language toward NCAA officials during the Final Four

last year. The veteran coach said he expects to have the support of the UConn fans if his team reaches the Sweet 16 and plays in upstate New York. Maryland is the No. 3 seed in Albany and Oregon State is the 4.

"If we're fortunate to get that far I'm confident that half of the UConn fans will be wearing Louisville gear and they won't know who to cheer for," Walz said, laughing.

It's the first time since 2006 that the Huskies aren't a No. 1 seed. Tennessee sneaked in to the field as an 11. The Lady Vols have been in every NCAA Tournament since the first one in 1982.

The women's tournament begins play on Friday with the Final Four taking place in Tampa, Florida, on April 5 with the championship game two days later.

Other top seeds in Greensboro are No. 2 Iowa, No. 3 N.C. State and No. 4 South Carolina. The Gamecocks will play the first two rounds in Charlotte as the men's NCAA Tournament is being played on South Carolina's home court.

Mississippi State and Oregon will be joined by Syracuse and Miami as host teams in the Portland Regional.

The Fighting Irish will potentially play its first two games at home before

Baylor finishes No. 1 in AP women's hoops poll

NEW YORK — Baylor has finished No. 1 in the final Associated Press women's basketball poll of the season.

The Lady Bears, who have been atop the rankings for eight weeks, received all 28 first-place votes from a national media panel Monday.

UConn, Notre Dame, Mississippi State and Louisville follow Baylor.

There was no change in the top 11 teams in the poll with most of the teams finishing their conference tournaments last week. Stanford, Oregon, Iowa, Maryland and N.C. State round out the first 10 teams in the poll.

DePaul entered the Top 25 after beating Marquette to win the Big East championship. The Golden Eagles fell four places to 18. Drake fell out of the poll.

— From wire reports

only having to drive 90 minutes to Chicago for the regional. Other top teams in the Irish's region are Stanford, Iowa State and Texas A&M.

2019 NCAA TOURNAMENT



Florida's Hudson welcomes game vs Martin twins

Gators face Nevada in NCAA opener

MARK LONG
AP sports writer

GAINESVILLE — Jalen Hudson sent one text seconds after Florida's NCAA Tournament pairing was announced.

The senior messaged the eyes emoji to close friends, former Amateur Athletic Union teammates and current Nevada standouts Caleb and Cody Martin.

"They're like family," Hudson said Monday.

The guard trio played four years together in AAU basketball and squared off twice in the Atlantic Coast Conference while Hudson was at Virginia Tech and the twins were at North Carolina State. They split those head-to-head meetings.

The rubber match comes

Thursday night with considerably more at stake.

Hudson and the Martins will share the court in the opening round of the NCAA Tournament in Des Moines, Iowa. Hudson and the 10th-seeded Gators (19-15, 9-9 Southeastern Conference) hope to keep playing their best basketball in the postseason while the twins and seventh-seeded Nevada (29-4, 15-3 Mountain West) will try to get back on track after losing more games (three) in the last 3 1/2 weeks than they did in the season's first 3 1/2 months.

"It's going to be a battle with my boys," Hudson said. "It's going to be fun."

It also will be bittersweet for either Hudson or the Martins since it will be the collegiate finale for the losing side.

"It's crazy it's going to end up like this," Caleb Martin said. "We'll be ready for it."

All three could be key players in the matchup at the Wells Fargo Arena.

The 6-foot-6 Hudson has taken his game to another level down

the stretch. After finding more lows than highs through the first three months of the season, he's scored in double figures in eight of Florida's last nine games. He averaged 15.3 points during the stretch and given coach Mike White another dependable scorer alongside fellow senior KeVaughn Allen.

"He's been really locked in from a scouting report standpoint, from a schematic standpoint, even within game huddles," White said. "Jalen's really stepped up with how vocal he's being and how engaged he is, especially defensively. He's made a big jump, and I think it's carried over to him, obviously, getting more minutes and doing more offensively."

The Martins have been stout all season, averaging a combined 30.9 points, 9.6 rebounds and 9.4 assists for the Wolf Pack.

The 6-foot-7 Caleb is the team's leading scorer at 19.2 points a game and tops the team with 105 3-pointers and 45 steals.

Cody, a minute older than Caleb, is averaging 11.7 points,

5.1 assists and 4.5 rebounds to go along with 43 steals and 23 blocks.

All three will be able to help with the scouting report this week.

"One of them is more of a scorer, Caleb Martin," Hudson said. "He's kind of a volume guy. Once he gets hot, it's super hard to kind of slow him down. ... Cody's more of like a point guard, more of a passer. ... They're both super versatile. They're very good players, very, very good players. I think they'll play at the next level for sure."

Naturally, the Martins had equal praise for Hudson.

"He's really, really good," Cody said. "He's athletic. He can shoot the ball. He's a pro. We've kept up with him throughout the whole season, last year, even when we were going through the (transfer) process, too. That's one of our good friends. He can play."

The three have played countless games together for an AAU basketball program that has travel teams in Virginia and North Carolina, where they grew

up. They also played twice against each other in the ACC and kept close tabs on their careers since.

The brothers won the first meeting in February 2015, with Cody chipping in eight points off the bench. Caleb didn't play, and Hudson saw one minute of action.

Hudson scored 23 points and won the rematch 11 months later in overtime. Caleb had 14 points, and Cody added seven.

The trio decided to transfer a few months later. The Martins landed at Nevada, and Hudson took a chance on joining White at Florida.

Now, all three are in the NCAA Tournament again — and matched up against each other in the postseason for the first and last time.

"It's going to be super exciting," Hudson said. "They're super competitive. But it's going to be a war, obviously, especially at this time in the season. It's going to be a war even though they are considered family."

BASEBALL

Spring Training

AMERICAN LEAGUE			
	W	L	Pct.
New York	14	6	.700
Oakland	11	8	.579
Minnesota	13	10	.565
Houston	13	10	.565
Cleveland	12	10	.545
Baltimore	12	11	.522
Kansas City	13	12	.520
Los Angeles	11	11	.500
Toronto	11	11	.500
Seattle	8	8	.500
Detroit	11	12	.478
Tampa Bay	10	12	.455
Texas	9	12	.429
Boston	8	15	.348
Chicago	7	14	.333

NATIONAL LEAGUE			
	W	L	Pct.
San Diego	14	8	.636
Miami	14	10	.583
Chicago	14	10	.583
Washington	14	10	.583
Los Angeles	12	9	.571
Milwaukee	13	11	.542
Philadelphia	11	11	.500
Colorado	11	12	.478
Atlanta	11	13	.458
San Francisco	10	12	.455
Pittsburgh	10	12	.455
Arizona	10	12	.455
St. Louis	9	13	.409
New York	9	14	.391
Cincinnati	6	12	.333

Monday's Games

- Seattle 6, Yomiuri 5
 - Baltimore 14, Detroit 1
 - Minnesota 4, Boston 1
 - Pittsburgh 4, Tampa Bay 2
 - Miami 7, Washington 1
 - St. Louis 4, Philadelphia 1
 - Toronto 3, Detroit 2
 - Washington 6, N.Y. Mets 5
 - San Diego 3, Cleveland 1
 - San Francisco 5, Chicago White Sox 2
 - Colorado 6, Cincinnati 3
 - N.Y. Yankees 7, Atlanta 4
 - L.A. Dodgers vs. Texas, late
- Today's Games**
- Toronto vs. Boston at Fort Myers, 1:05 p.m.
 - N.Y. Mets vs. Miami at Jupiter, 1:05 p.m.
 - Detroit vs. Pittsburgh at Bradenton, 1:05 p.m.
 - Washington vs. Atlanta at Kissimmee, 1:05 p.m.
 - Tampa Bay vs. N.Y. Yankees at Tampa, 1:05 p.m.
 - Minnesota vs. Baltimore at Sarasota, 1:05 p.m.
 - Philadelphia vs. Houston at West Palm Beach, 1:05 p.m.
 - Seattle vs. Chicago Cubs (ss) at Mesa, Ariz., 4:05 p.m.
 - Texas vs. Milwaukee at Phoenix, 4:05 p.m.
 - Chicago Cubs (ss) vs. Kansas City at Surprise, Ariz., 9:05 p.m.
 - Chicago White Sox vs. Cincinnati at Goodyear, Ariz., 9:05 p.m.
 - Colorado vs. L.A. Angels at Tempe, Ariz., 9:10 p.m.
 - San Diego vs. Arizona at Scottsdale, Ariz., 9:40 p.m.
 - Cleveland vs. L.A. Dodgers at Glendale, Ariz., 10:05 p.m.

BASKETBALL

Men's AP Top 25

The top 25 teams in The Associated Press' final 2018-19 college basketball poll, with first-place votes in parentheses, records through March 17, total points based on 25 points for a first-place vote through one point for a 25th-place vote and last week's ranking:

	Record	Pts	Prv
1. Duke (58)	29-5	1592	5
2. Virginia (5)	29-3	1497	2
3. North Carolina	27-6	1453	3
4. Gonzaga (1)	30-3	1398	1
5. Michigan St.	28-6	1382	6
6. Tennessee	29-5	1270	8
7. Kentucky	27-6	1232	4
8. Michigan	28-6	1146	10
9. Texas Tech	26-6	1033	7
10. Florida St.	27-7	1017	12
11. Houston	31-3	933	11
12. LSU	26-6	886	9
13. Purdue	23-9	727	13
14. Auburn	26-9	665	22
15. Buffalo	31-3	608	18
16. Virginia Tech	24-8	595	16
17. Kansas	25-9	590	17
18. Kansas St.	25-8	529	15
19. Wofford	29-4	385	20
20. Nevada	29-4	361	14
21. Wisconsin	23-10	339	19
22. Cincinnati	28-6	335	24
23. Villanova	25-9	306	25
24. Iowa St.	23-11	245	—
25. Utah St.	28-6	73	—

Others receiving votes: Marquette 63, Maryland 55, Mississippi St. 35, Murray St. 12, New Mexico St. 11, UCF 9, Louisville 8, VCU 4, Seton Hall 3, Old Dominion 2, Liberty 1.

Women's AP Top 25

The top 25 teams in The Associated Press' women's college basketball poll, with first-place votes in parentheses, records through March 17, total points based on 25 points for a first-place vote through one point for a 25th-place vote and last week's ranking:

	Record	Pts	Prv
1. Baylor (28)	31-1	700	1
2. UConn	31-2	665	2
3. Notre Dame	30-3	648	3
4. Mississippi St.	30-2	614	4
5. Louisville	29-3	579	5
6. Stanford	28-4	568	6
7. Oregon	29-4	531	7
8. Iowa	26-6	509	8
9. Maryland	28-4	456	9
10. N.C. State	26-5	450	10
11. Oregon St.	24-7	376	11
12. Syracuse	24-8	324	15
13. Iowa St.	25-8	312	13
14. Texas A&M	24-7	301	17
15. South Carolina	21-9	291	16
16. Gonzaga	28-4	284	12
17. Kentucky	24-7	261	18
18. Marquette	26-7	259	13
19. Miami	24-8	246	19
20. UCLA	20-12	131	20
21. Rice	28-3	103	24
22. Arizona St.	20-10	100	23
23. Texas	23-9	82	22
24. DePaul	26-7	7	5
25. Florida St.	23-8	67	25

Others receiving votes: Drake 54, South Dakota St. 35, BYU 24, Florida Gulf Coast 14, Missouri 14, South Dakota 14, Kansas St. 8, UCF 3, Quinnipiac 1, Wright St. 1.

NBA standings

EASTERN CONFERENCE				
Atlantic Division				
	W	L	Pct	GB
x-Toronto	50	21	.704	—
x-Philadelphia	45	25	.643	4 1/2
Boston	43	28	.606	7
Brooklyn	36	36	.500	14 1/2
New York	14	57	.197	36

Southwest Division				
	W	L	Pct	GB
Miami	34	36	.486	—
Orlando	33	38	.465	1 1/2
Charlotte	31	38	.449	2 1/2
Washington	30	41	.423	4 1/2
Atlanta	24	47	.338	10 1/2

Central Division				
	W	L	Pct	GB
x-Milwaukee	52	18	.743	—
Indiana	44	26	.629	8
Detroit	36	34	.514	16
Chicago	19	52	.268	33 1/2
Cleveland	18	53	.254	34 1/2

WESTERN CONFERENCE				
Southwest Division				
	W	L	Pct	GB
Houston	44	26	.629	—
San Antonio	42	29	.592	2 1/2
New Orleans	31	42	.425	14 1/2
Memphis	28	42	.400	16
Dallas	28	42	.400	16

Florida LOTTERY

Here are the winning numbers selected Monday in the Florida Lottery:

PICK 2 (early) 4 - 2	PICK 5 (early) 9 - 4 - 3 - 8 - 6
PICK 2 (late) 8 - 1	PICK 5 (late) 6 - 4 - 5 - 3 - 4
PICK 3 (early) 8 - 9 - 1	FANTASY 5 8 - 11 - 23 - 30 - 36
PICK 3 (late) 9 - 1 - 5	CASH 4 LIFE 11 - 26 - 39 - 49 - 50
PICK 4 (early) 5 - 4 - 2 - 1	CASH BALL 2
PICK 4 (late) 0 - 0 - 8 - 6	

Sunday's winning numbers and payouts:

Fantasy 5: 4 - 6 - 10 - 15 - 36	Players should verify winning numbers by calling 850-487-7777 or at www.flalottery.com.
5-of-5: 1 winner \$179,443.81	
4-of-5: 273 \$106	
3-of-5: 8,351 \$9.50	

On the AIRWAVES

TODAY'S SPORTS

SPRING TRAINING BASEBALL

- 1 p.m. (FSNFL) New York Mets at Miami Marlins
- 1 p.m. (MLB) Detroit Tigers at Pittsburgh Pirates
- 1 p.m. (SUN) Tampa Bay Rays at New York Yankees
- 4 p.m. (MLB) Tampa Bay Rays at New York Yankees (Same-day Tape)
- 9 p.m. (MLB) Colorado Rockies at Los Angeles Angels
- 12 a.m. (MLB) Chicago Cubs at Kansas City Royals (Same-day Tape)
- 3 a.m. (MLB) Philadelphia Phillies at Houston Astros (Taped)

COLLEGE BASEBALL

- 7:30 p.m. (SEC) Rice at Texas A&M
- NCAA MEN'S BASKETBALL TOURNAMENT**
- 6:30 p.m. (TRUTV) Fairleigh Dickinson vs Prairie View A&M
- 9 p.m. (TRUTV) Belmont vs Temple

MEN'S NIT TOURNAMENT

- 7 p.m. (ESPN) St. Francis (Pa.) at Indiana
- 7 p.m. (ESPN2) Hofstra at NC State
- 9 p.m. (ESPN) South Dakota at Texas
- 9 p.m. (ESPN2) Arkansas at Providence
- 11 p.m. (ESPN2) Dayton at Colorado

NBA

- 8 p.m. (NBA) Los Angeles Lakers at Milwaukee Bucks
- 10:30 p.m. (NBA) Indiana Pacers at Los Angeles Clippers

BOWLING

- 8 p.m. (FS1) PBA WSOB Chameleon Championship
- NHL
- 2 p.m. (NHL) Vegas Golden Knights at San Jose Sharks (Taped)
- 7:30 p.m. (NBCSPT) Washington Capitals at New Jersey Devils

COLLEGE LACROSSE

- 5 p.m. (ESPNU) Notre Dame at Michigan

OLYMPICS

- 1 a.m. (ESPN2) 2019 Special Olympics World Games: Abu Dhabi (Taped)

TENNIS

- 12 p.m. (TENNIS) WTA Tennis Miami Open: 1st Round
- 6:30 p.m. (TENNIS) ATP Tennis Miami Open, WTA First Round (Same-day Tape)

WINTER SPORTS

- 11 p.m. (NBCSPT) 2019 World Women's Curling Championship: United States vs Canada (Same-day Tape)

Note: Times and channels are subject to change at the discretion of the network. If you are unable to locate a game on the listed channel, please contact your cable provider.

Prep CALENDAR

TODAY'S PREP SPORTS

SOFTBALL

- 6 p.m. Lecanto at Crystal River
- 6 p.m. Seven Rivers at Academy at the Lakes

BASEBALL

Farm Bureau Tournament

TBD Lecanto and Citrus

Trenton Tournament

- 7 p.m. Seven Rivers vs. Trenton

TRACK AND FIELD

- 3:30 p.m. Citrus Doug Patton Invite

BOYS TENNIS

- 3 p.m. Lecanto at Citrus

GIRLS TENNIS

- 3:30 p.m. Citrus at Lecanto

FLAG FOOTBALL

- 6:15 p.m. Citrus at Crystal River

Northwest Division				
	W	L	Pct	GB
Washington	72	42	.23	7
Pittsburgh	73	39	.24	10
Carolina	71	39	.25	7
Columbus	72	40	.28	4
Philadelphia	72	35	.29	8
N.Y. Rangers	72	28	.31	13
New Jersey	73	27	.37	9

WESTERN CONFERENCE							
Central Division							
	GP	W	L	OT Pts	GF	GA	
Winnipeg	71	42	25	4	88	243	211
Nashville	73	41	27	5	87	219	195
St. Louis	72	37	27	8	82	207	198
Dallas	72	37	29	6	80	181	178
Minnesota	73	34	30	9	77	199	214
Colorado	72	31	29	12	74	229	223
Chicago	71	32	30	9	73	241	260

Pacific Division							
	GP	W	L	OT Pts	GF	GA	
x-Calgary	72	44	21	7	95	256	206
San Jose	72	43	21	8	94	258	222
Vegas	72	40	27	5	85	220	200
Arizona	73	36	31	6	78	196	204
Edmonton	72	32	33	7	71	204	237
Vancouver	72	30	32	10	70	196	223
Anaheim	74	30	35	9	69	173	227
Los Angeles	71	25	38	8	58	168	227

NOTE: Two points for a win, one point for overtime loss. Top three teams in each division and two wild cards per conference advance to playoffs.

x-clinched playoff spot

Monday's Games

- Cleveland 126, Detroit 119
 - Utah 116, Washington 95
 - Denver 114, Boston 105
 - Toronto 128, New York 92
 - Miami 116, Oklahoma City 107
 - San Antonio 111, Golden State 105
 - New Orleans 129, Dallas 125, OT
 - Chicago at Phoenix, late
 - Indiana at Portland, late
- Today's Games**
- Philadelphia at Charlotte, 7 p.m.
 - Houston at Atlanta, 7:30 p.m.
 - Golden State at Minnesota, 8 p.m.
 - L.A. Lakers at Milwaukee, 8 p.m.
 - Brooklyn at Sacramento, 10 p.m.
 - Indiana at L.A. Clippers, 10:30 p.m.

HOCKEY

NHL standings

EASTERN CONFERENCE							
Atlantic Division							
	GP	W	L	OT Pts	GF	GA	
x-Tampa Bay	73	56	13	4	116	287	91
Boston	72	43	20	9	95	216	185
Toronto	72	43	24	5	91	259	216
Montreal	72	37	28	7	81	212	212
Florida	72	32	28	12	76	234	242
Buffalo	72	31	32	9	71	200	233
Detroit	72	25	37	10	60	195	247
Ottawa	72	25	41	6	56	213	263

Metropolitan Division

	GP	W	L	OT Pts	GF	GA	
N.Y. Islanders	72	42	23	7	91	206	173

SPORTS BRIEFS

ACC sits 1-2-3 atop final men's AP Top 25

NEW YORK — Duke is back on top followed by Virginia and North Carolina to give the Atlantic Coast Conference a 1-2-3 showing in the final AP Top 25 poll this season.

The Blue Devils (29-5) jumped from fifth to first Monday after winning last week's league tournament with the return of freshman star Zion Williamson from a knee sprain that had sidelined him nearly six full games.

The Cavaliers (29-3) and Tar Heels (27-6) stayed in their positions in what is believed to be the first time a conference has claimed the top three spots in the final AP poll.

Gonzaga, the fourth NCAA 1-seed, fell from No. 1 in last week's AP Top 25 to fourth after losing to Saint Mary's in

Heat take down Westbrook-less Thunder

Nuggets clinch playoff berth

Associated Press

OKLAHOMA CITY — Goran Dragic had 26 points and 11 assists, Dwyane Wade added 25 points and the Miami Heat took advantage of Russell Westbrook's absence to beat the Oklahoma City Thunder 116-107 on Monday night.

Kelly Olynyk added 18 points and nine rebounds for Miami, which entered the game in eighth place in the Eastern Conference. The Heat snapped a six-game losing streak against Oklahoma City, which now has lost nine of its last 13 games to fall to sixth in the Western Conference.

Paul George scored 31 points with nine rebounds and Jerami Grant had 27 points and 10 rebounds for

Oklahoma City.

Westbrook picked up his NBA-leading 16th technical foul in a loss to Golden State on Saturday, earning himself an automatic one-game suspension at a pivotal time for his team. He was not with the team on Monday and thus not inside Chesapeake Energy Arena to watch the Thunder struggle, shooting 43.7 percent and committing 19 turnovers.

Without Schroder running the second unit, Oklahoma City's bench lacked scoring punch and it showed, as Miami's reserves outscored the Thunder's 67-10. Dragic and Wade both came off the bench for the Heat, and reserve James Johnson had 14 points.

Nuggets 114, Celtics 105

BOSTON — Nikola Jokic had 21 points and 13 rebounds and the Denver

Nuggets rallied in the fourth quarter to beat the Boston Celtics 114-105.

Will Barton added 20 points for the Nuggets, who clinched a playoff spot for the first time since 2012-13.

Kyrie Irving led the Celtics with 30 points.

Raptors 128, Knicks 92

TORONTO — Jeremy Lin scored 20 points, Fred VanVleet had 13 points and 12 assists, and the Toronto Raptors beat the New York Knicks 128-92.

The victory came at a cost to the Raptors, who saw guard Kyle Lowry leave in the third quarter after suffering an injured right ankle.

Marc Gasol had 12 points and 11 rebounds, Pascal Siakam scored 19 points and OG Anonoby had 14 as Toronto reached 50 wins for the fourth straight season.

Allonzo Trier scored

22 points and Kevin Knox had 12 as the Knicks lost big.

Jazz 116, Wizards 95

WASHINGTON — Rudy Gobert had 14 points and 14 rebounds, Donovan Mitchell scored 19 and the Utah Jazz won their fourth straight by beating the Washington Wizards 116-95.

Cavaliers 126, Pistons 119

CLEVELAND — Collin Sexton scored 27 points, including the go-ahead

3-pointer with just under two minutes to play, and the Cleveland Cavaliers defeated the Detroit Pistons 126-119.

Both teams were missing star players. Blake Griffin (rest) sat out for Detroit, while Kevin Love was out with a sore back for Cleveland.

Andre Drummond nearly made up for Griffin's absence with 21 points and 21 rebounds.

Spurs 111, Warriors 105

SAN ANTONIO — DeMar DeRozan had 26 points and nine rebounds, LaMarcus Aldridge added 23 points and

13 rebounds and the San Antonio Spurs beat the Golden State Warriors 111-105 for their ninth straight win.

San Antonio won its 11th straight at home and moved into fifth in the Western Conference at 42-29 following Oklahoma City's loss to Miami.

Stephen Curry had 25 points after a slow start and Kevin Durant added 24 for Golden State. The Warriors have dropped into a tie with Denver for first place in the West with matching 47-22 records.



Miami center Hassen Whiteside, right, tries to block a shot by Oklahoma City forward Jerami Grant in the first half Monday in Oklahoma City.

2019 Conquering Cancer in Citrus County Fundraiser

Black Diamond Ladies' Golf Association presents "Diamonds & Denim" Mixer

Monday, March 25, 2019
5:00 - 7:00 pm
Black Diamond Clubhouse

- ♦ Auction ♦ Raffle ♦ Music
- ♦ Appetizers
- ♦ Western Attire Encouraged

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Dr. Robert Brockett
ORAL & FACIAL HEALTH

Systemic disease and oral health

Are there medical conditions that can first manifest themselves in the oral cavity? Can your dentist or hygienist, doing a routine examination, uncover a condition that will affect your general state of health? Absolutely.

Having done physical evaluations for almost 30 years in preparation for surgery, it is not uncommon to observe oral manifestations of systemic disease. Probably the most common are autoimmune conditions, where the body is reacting against itself as if fighting off a foreign invader.

Arthritis is the most common autoimmune condition, which may manifest itself in the temporomandibular joints. Sjogren's syndrome and lichen planus are the second and third most common autoimmune conditions, which first manifest themselves in the oral cavity.

A rapid outbreak of oral ulcerations may be the first indication of a drug reaction and, at times, can be life-threatening. Stevens-Johnson syndrome, a severe manifestation of erythema multiforme, must be treated rapidly with either antibiotics or high-dose steroids, or both, before severe debilitation occurs.

A lymph node enlargement in the neck, particularly if it is only on one side (unilateral), accompanied by fever, night sweats, fatigue and/or weight loss, without any oral or maxillofacial source of infection that may create a node inflammation (dental abscess, gum disease, recent cleaning or root canal therapy) raises the specter of lymphoma. The definitive diagnosis is made with a biopsy. There are no definitive blood tests for lymphoma.

Bleeding gums in an otherwise healthy individual who maintains a high degree of oral hygiene can also be an ominous sign. The first two things to think about are undiagnosed diabetes or leukemia. Blood tests in these conditions are diagnostic, however.

A simple x-ray that your dentist may take, looking for dental decay or periodontal disease, can uncover systemic bone problems. A void within an X-ray can indicate a cyst (common) or a tumor (uncommon); a void may also indicate a metastatic cancer. Multiple punched-out voids may indicate multiple myeloma, an aggressive systemic bone cancer.

Your dentist is the physician of the oral cavity. Be prepared for a thorough physical evaluation when you see a new dentist, or on a routine follow-up

See BROCKETT/Page C4

Digital rectal exam important for prostate cancer protection

For well over 20 years, men have understood the importance of a yearly prostate specific antigen (PSA) test with regard to screening for prostate cancer.

Several years ago, many organizations questioned the need for prostate cancer screening, but when the death rate began to rise, these organizations went back on that recommendation and stated that screening should be individualized for each patient based upon age and health issues.

Now, men are being screened again as they should be, but many men who undergo a yearly PSA blood test feel that they can omit another part of the yearly examination, which is the digital rectal exam. I was recently asked why

the digital exam is important.

Several years ago, a study presented at the annual meeting of the American Urological Association found that the digital rectal examination remains a very important part of screening for men with regard to prostate cancer. This study found that the digital rectal examination can sometimes find prostate cancers even when the PSA test is normal.

During a digital rectal examination, the doctor inserts his or her gloved finger into the rectum to palpate the surface of the prostate. During this examination, the doctor can feel any irregularity or firmness that may be present on the surface of the gland. This recent study confirmed the fact that the digital rectal examination is still a clinically



Dr. C. Joseph Bennett
NAVIGATING CANCER

significant test, even when PSA levels are well within their normal range.

Like most cancers we have discussed in the past, prostate cancer is most likely to be treated successfully when it is found in the early stages of the disease. Early stage prostate cancer usually does not produce any symptoms, so I recommend that doctors offer men the option of a yearly screening test for the disease using both the digital rectal examination and the PSA. And, I recommend that men should begin screening at the age of 50; however, for high risk men with a positive family history, or of African-American origin, the testing should probably begin at the age of 40 to 45.

During the examination, the doctor will utilize a digital rectal examination to feel for any lumps or any other abnormalities present on the prostate. The PSA test

See BENNETT/Page C4



Dr. Denis Grillo
EAR, NOSE & THROAT

Relation between sinusitis, headache

Sinusitis doesn't always cause a headache and not all headaches are sinusitis.

Many patients present to my office or are referred for evaluation of their sinusitis because they have headaches and facial pain. Headaches and facial pain are common complaints that have multiple causes. Some of the time the differential diagnosis is not so easy to carry out for a number of reasons.

Pain with sinusitis isn't always where the sinus issues are. An example are the sphenoid sinus which sits squarely in the center of the head, refers pain to the top of the head. Sometimes sphenoid sinusitis can even make your ear hurt, not a characteristic that you would think of when it comes to sinus infections and symptoms.

Chronic sinus disease tends to produce a dull aching pain and when it affects multiple sinuses it can refer pain to the neck and shoulder area. Tension headaches, which are probably the most common type of headache, that are typically due to stress and anxiety can actually create pressure across the midface and down to the upper teeth, making one think it is the maxillary (cheek) sinus that is the culprit of his or her symptoms.

Some of the typical symptoms that characterize a sinus headache include a dull non-pulsing pain that is worse with head movement, coughing, sneezing or stooping over. There are however vague and overlapping symptoms that fit in to other suspect forms of headache.

Vascular headaches such as cluster or migraine are usually more severe and unilateral and have eye sensitivity, but can have nasal congestion due to histamine release in the body during these events. Migraine headaches tend to affect women more than men and cluster headaches, which are also very painful, affect men more than women.

Other causes of headache include allergy and non-allergic issues (NAR). Nonallergic causes of headache are numerous and are usually triggered by exposure of some sort. Triggers include strong odors such as smoke, perfume, cleaning products, chemical fumes and gasoline fumes, to name a few.

Weather changes also can trigger headache. Ingestion triggers can include spicy foods as well as additives such as MSG and fermented products. For years, red wine was assumed to cause headaches because of naturally occurring sulfites and tyramine (also a naturally occurring compound). Extensive workup

See GRILLO/Page C4

ACTIVE PARENTING



Learn skills to meet challenges of teen, pre-teen years

SHARON ANDERSON
For the Chronicle

The Florida Youth Substance Abuse Survey completed by Citrus County youths in 2018 revealed some grim findings.

According to students surveyed, usage of alcohol, marijuana and prescription drugs by Citrus young people was higher than the state average. The survey also revealed that Citrus youths ranked higher than both state and national averages for experiencing family conflict and being victims of bullying.

Students' responses also indicated that the number of families offering rewards for prosocial involvement (acts benefiting others) in Citrus County were lower than both state and national averages.

The good news is, free help is now available locally to do just that via a four-part Active Parenting of Teens class, which aims to give parents the knowledge, confidence and courage to meet parenting challenges in this modern age — and even savor the joys of their children's teen years.

The program is funded through the Recurring Substance Abuse Prevention dollars awarded by the Department of Children and Families and Lutheran Services of Florida and facilitated by the nonprofit Hanley Foundation, said Lorrie van Voorthuijsen, prevention specialist for the Hanley Foundation and the class's primary facilitator.

"The Hanley Foundation provides substance abuse prevention and education programs for parents, grandparents and caregivers of school-age children in Citrus and Levy counties," van Voorthuijsen said. The foundation's goal is to provide the free class "for as long as the community desires it," she added.

Research shows that parental involvement with teens and pre-teens, or tweens, reduces the risk of substance misuse and helps them navigate through those often challenging years to become responsible, productive and well-adjusted adults, van Voorthuijsen said.

Prevention is a core element of Hanley Foundation's mission, van Voorthuijsen said.

"Research shows the longer we can delay the age of first use of substances in a child, the less likely the child will suffer with addiction as an adult," she said.

"I am a long-time proponent of the program," van Voorthuijsen said. "I was initially introduced to the evidence-based concepts presented in Active Parenting in college in the '70s, when I was required to practice the skills taught in the program as part of my student teaching. I have used the concepts since then in my dealings with all people in all the facets of my life — with students, students' parents, fellow teachers, supervisors in the workplace, fellow church members, as well as with those closest to me — my spouse, children and grandchildren."

"I continue to be an advocate because of the grateful words and tears that I've heard and seen as parents have thanked me for helping them renew their relationships with their children," van Voorthuijsen said. "All parents want great relationship with their children — they love them — and this program helps them rekindle that relationship."

The class consists of four three-hour sessions held over four weeks on consecutive Tuesdays, from 5-8 p.m., on the second floor of the Citrus County Courthouse in Inverness. Those taking the class are expected to complete all four sessions in sequence, van Voorthuijsen said.

The first session of the next class will be Tuesday, April 9. Attendees do not need to register for the class, van Voorthuijsen said, but they do need to arrive before the first session starts at 5 p.m., because the doors will be closed once the class begins, she said.

"Take the elevator up to the second floor, turn left and then left again and you can't miss us, we're in the hallway," van Voorthuijsen said.

See PARENTING/Page C4



Special to the Chronicle

Lorrie van Voorthuijsen is prevention specialist for the Hanley Foundation and primary facilitator of the Active Teen Parenting class.

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Oriental medicine to treat gastrointestinal disorders

I will be giving a public talk on gastrointestinal disorders on Wednesday, March 20, at 11 a.m. at the YMCA's Healthy Living Center Auditorium, 4127 W. Norvell Bryant Highway, Lecanto. This talk will give all participants the opportunity to ask questions about how Oriental medicine addresses gastrointestinal (GI) disorders, as well as ask questions about medicine in general.

Here in the United States and throughout the world, millions of people suffer from GI disorders on a daily basis. There are many different types of GI disorders as well as many different reasons for having them. A few examples of common GI disorders are:

- Gastritis — An inflammation and in some cases, erosion of the lining of the stomach characterized by abdominal pain, abdominal distention, abdominal burning, indigestion, loss of appetite, etc.

- Gastric reflux (acid reflux) — A medical condition where stomach acid moves upward into your esophagus and creates symptoms such as heartburn, nausea, a sensation of food being stuck in your throat, etc.

- Peptic ulcers — An ulcer in the lining of the stomach or small intestine that creates symptoms such as bloating, heartburn, nausea, vomiting, etc. In some cases a patient can also have a peptic ulcer and not have any symptoms at all.

Generally speaking, GI disorders are caused by four main factors. The first is incorrect lifestyle habits, such as high stress levels, smoking and consuming excess amounts of alcohol. The second is improper diet. This includes type of food, volume of food, cleanliness of food and time of day we eat food. The third is infection, which can be viral or bacterial, and the fourth is pharmaceutical drugs (NSAIDS).

Oriental medicine is safe and effective for treating GI disorders. Here some of the therapeutic actions Oriental Medicine has on the digestive system:

- Antiulcer effect to decrease produc-

- tion and release of gastric acid
- Antacid effect to neutralize gastric acid
- Analgesic effect to relieve pain
- Gastro-protective effect to restore normal digestion and gastrointestinal functions



Dr. Joseph Samuels
ORIENTAL MEDICINE

- Antitoxic effect to treat acute diarrhea due to drug or food poisoning
- Hemostatic effect to relieve constipation
- Anti-inflammatory effect to reduce swelling and inflammation
- Antispasmodic action to alleviate abdominal spasms and cramps
- Antibiotic effect to treat infection
- Antidotal function to eliminate toxins

As a doctor of Oriental medicine operating a family medical practice for the past

20 years, I believe the best way to treat GI disorders is to combine Eastern and Western medicine. Western-trained physicians who specialize in gastroenterology are very effective in detecting problematic conditions in the digestive system through advanced technology. I always refer my patients for testing if the patient's condition requires it.

I also know Oriental medicine is effective in treating GI disorders in a safe way. This combination of western testing and eastern treatment is a great way of incorporating the best of both worlds of medicine.

Remember, if you or a family member would like to incorporate acupuncture or any other modality of Oriental medicine into your health care plan, always make sure the only person who treats you is a doctor of Oriental medicine.

Dr. Joseph Samuels is medical director of Citrus Alternative Medicine, nationally certified diplomate of acupuncture and a leading authority on Oriental medicine in Citrus, Marion and Hernando counties. Citrus Alternative Medicine is at 2639 W. Norvell Bryant Highway in Lecanto. For more information, call 352-746-5669 or visit the website at www.citrusalternative.com.

HEALTH NOTES

Caregivers can get needed support

A free support group for dementia patient caregivers meets each third Wednesday of the month at noon, at Grand Living at Citrus Hills, 850 West Norvell Bryant Highway (County Road 486), Hernando.

All those who are caregivers for others with dementia are welcome to come and participate.

For more information, call Marilyn Campbell at 352-249-1183.

Key Care Club slates open house

The public is invited to the Key Care Club Open House on Thursday, April 11, from 5-7 p.m. at the Bobby Orvis Building located on the Key Training Center campus, 1311 N. Garnett Miller Loop, Lecanto.

The Key Care Club program is the only Agency for Health Care

See NOTES/Page C4

HEALTH NOTES, WELLNESS CLASSES

- Due to space limitations in the printed version of the Chronicle, complete Health Notes and Wellness Classes are on the website: www.chronicleonline.com.



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PARENTING

Continued from Page C1

At the first session, attendees will receive the Active Parenting of Teens guidebook free, van Voorthuisen said.

"The weekly workshops are facilitator-led, video-based discussion groups," reads the class syllabus. "Parents will review and practice skills that help them develop cooperation, responsibility and self-esteem in their teens, as well as gain positive, non-combative discipline

techniques useful in avoiding power struggles. The communication techniques discussed are applicable in all life situations."

Those who complete all four sessions will receive a certificate of completion, van Voorthuisen said.

The program was written by Michael H. Popkin, Ph.D., who founded Active Parenting Publishers in 1983, according to the organization's website, at www.activeparenting.com/Teens main. Soon after, he introduced the first video-based parenting education program, Active

Parenting, followed a few years later by the first edition of Active Parenting of Teens.

"I am continually grateful to the Citrus County Courthouse for inviting all parents, grandparents and caregivers in the county to attend the Active Parenting program," van Voorthuisen said. "It is obvious that they also love our Citrus kids."

In the early 1980s, Mary Jane and Jack Hanley retired to Palm Beach County to discover the absence of any facilities dedicated to quality substance abuse treatment, van Voorthuisen said, so they established

the Hanley Center and charitable 501(c)(3) Hanley Foundation.

Nearly 40 years later, "The foundation offers nine other evidence-based programs in 21 Florida counties with the goal of empowering students to combat peer pressure and guiding parents and caregivers in keeping communication open with their children," van Voorthuisen said.

"The foundation expects to serve 120,000 students annually by the end of this year, and thousands of their parents. Active Parenting is a key compo-

nent of our efforts."

For more information on the free classes, call or email van Voorthuisen at 352-201-4023 or Lorrie@HanleyFoundation.org.

For more parenting tips and information about free substance abuse prevention and education programming available for your school, church or community group, visit the Hanley Foundation's website at www.hanleyfoundation.org.

The foundation also provides financial aid scholarships for patients who could not otherwise afford addiction treatment, states the website.

NOTES

Continued from Page C3

Administration-licensed adult day care center in Citrus County. Private pay and Medicaid accepted.

For more information, call 352-795-5541.

Workshop focuses on coping with loss of pet

The Coping with the Loss of Your Pet Workshop/Memorial will be held from 2-3:30 p.m. Tuesday, March 19, at the Friends of Citrus and the Nature Coast Education Center, 8471 W. Periwinkle Lane in Homosassa (gold building on right). Facilitated by Friends of Citrus

and the Nature Coast Grief Services Manager Susan Quenelle, this workshop will also present ways of creating a legacy to the memory of departed pets. Attendees are encouraged to bring a picture or other memories of your pet.

For more information or to register, call 352-249-1470. Provided as a community service, this workshop is offered to all at no charge.

CMH to present surgical weight loss seminar

Citrus Memorial is offering a free weight loss seminar at 6 p.m. Tuesday, March 19, at the Citrus Memorial Health Foundation YMCA in Lecanto.

"Is Weight Loss Surgery the Answer for You?" will feature a

presentation from general surgeon Dr. Parth Patel. The seminar will give a general overview of obesity and weight loss options, including the process to become a candidate for a robotic-assisted gastric sleeve procedure.

Anyone interested in learning more about surgical weight loss options is welcome to attend. An RSVP is not required but encouraged by calling 352-637-3337 or visiting citrusmh.com.

Get help quitting tobacco

Quitting tobacco isn't easy. Finding help should be. Tobacco Free Florida offers free tools and services to help get started.

Tobacco Free Florida offers free "Tools to Quit" two-hour classes for

those interested in quitting tobacco. The single-session program provides valuable tools needed to help quit tobacco. During class, participants will learn how to prepare a plan that works them, discover specific ways to deal with cravings, find out what physical and emotional symptoms to expect and how to cope with them effectively. Participants may also receive four free weeks of patches, gum or lozenges while supplies last and if medically appropriate.

The soonest upcoming "Tools to Quit" class schedule is as follows:

■ Wednesday, March 20, from 10:30 a.m. to noon at the Florida Department of Health — Citrus County, 3700 W. Sovereign Path, Lecanto. This is a group class for

pregnant women and those six months postpartum.

■ Wednesday, March 20, from 4 to 6 p.m. at the Bayfront Health Medical Group, 5915 W. Gulf-to-Lake Highway, Crystal River.

■ Friday, March 22, from 10:30 a.m. to 12:30 p.m. at the Lakes Region Library, 1511 Druid Road, Inverness.

■ Thursday, March 28, from 10 a.m. to noon at CareerSource Citrus Levy Marion — Lecanto, 683 S. Adolph Point, Lecanto.

Registration is required. Call the Tobacco Free Florida AHEC Cessation Program toll free at 877-848-6696 or locally at 813-929-1000 or email info@gnahc.org. Free community, worksite and clinic groups are also offered.

BENNETT

Continued from Page C1

checks blood levels of prostate specific antigen, which is a protein produced by the prostate gland.

If the PSA test is normal and unchanged from the prior examination, and the digital rectal examination is normal as

well, no further intervention is necessary. However, if either of these tests reveals an abnormality, further investigation may be necessary, with the possible need to biopsy the prostate.

In the study mentioned above, researchers looked at the records of 971 men who had biopsies for prostate cancer.

In men with an abnormal digital rectal

examination and a PSA of less than 4, 26 percent of men who underwent biopsies were found to have prostate cancer.

This means that if these men had skipped the digital rectal examination and relied only on the PSA test, they may have missed the opportunity for early detection and treatment.

This study clearly

shows that while the PSA is an extremely good tool to detect prostate cancer, it is not a perfect tool.

By combining the PSA with the yearly rectal examination, doctors can significantly increase the likelihood of detecting abnormalities, including cancer.

Finding prostate cancer before it produces symptoms will greatly increase the chance of successful

treatment and cure.

Dr. C. Joseph Bennett Jr. is a board-certified radiation oncologist. If you have any suggestions for

topics, or have any questions, contact him at 522 N. Lecanto Highway, Lecanto, FL 34461, or email cjbennett@rboi.com.

GRILLO

Continued from Page C1

and research has been done in regards to this trigger with no clear-cut evidence that there is a direct connection and correlation with red wine consumption.

Myofascial syndrome or as it's also known as temporal mandibular joint dysfunction (TMJ — jaw joint) can create quite a significant headache for patients.

Neuralgia, which is a pain in the nerve and there are plenty of nerves in the head and neck area with the trigeminal nerve being the most predominant one, can also cause significant headaches.

Trigeminal neuralgia, as it's called, usually will give itself away because of a trigger point that can be identified and when probed will reproduce the headache/pain.

Other diseases that can cause headache include fibromyalgia, which is a poorly understood disease, as well as auto-immune diseases including temporal arteritis, which

strikes middle-age women mostly and can be associated with visual changes, is usually diagnosed with a biopsy.

Once a biopsy is confirmed, treatment options are available.

So as you can see, there are many causes for headaches that are not always sinus based.

This may help explain why most of the chronic

sinus patients I see are frequently pain-free or have a lower level of pain and discomfort compared to other causes of headache.

Denis W. Grillo, D.O., FOCOO, is an ear, nose and throat specialist in Crystal River. Call him at 352-795-0011 or visit CrystalCommunityENT.com.

BROCKETT

Continued from Page C1

visit if there has been time since your last visit.

Early detection is the key to treating disease; your oral cavity can be a door to the rest of your body, and your dentist has the keys.

Robert L. Brockett, DMD, a board-certified oral and maxillofacial surgeon, is with Citrus Oral & Facial Surgery, Crystal River. Visit www.citrusofs.com or email oralsurgery@citrusofs.com.

Davis Family Hearing

"Our Doctors Make The Difference!"

Hearing Aids / Cochlear Implants Tinnitus / Balance / Pediatrics

www.davisfamilyhearing.com Opening April 2, 2019!

Spring Hill 13101 Spring Hill Dr. 352-666-8911	Highway 19 5119 Commercial Way 352-666-8910	New Port Richey 11325 Little Road 727-375-8111	Crystal River 11515 W. Emerald Oaks Dr. 352-666-8910
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2019 Fitness in Citrus

Community-Wide Fitness Challenge

TEAM POINTS RECORD

February 4 - March 17

Week 5

STEPS CHALLENGE	TOTAL
JUST STARTING	
FABULOUSLY FIT FIFTH GRADE	286,500
HIGH STEPPERS	119,049
LET'S GET FISCAL	196,881
OHANA!!	269,370
PINE VALLEY SENIORS	197,257
PIONEER WOMEN ON THE MOVE	152,406
QUALITY RESIDENTS STEPPERS!!	211,219
THE T & L	265,750
TOPS 387 STEPPERS	231,000
TURTLE CREEK CREEPERS	338,500
GETTING THERE	
BABY CATCHERS	376,359
BABY MOMMA'S 2	232,400
BOOK SMART	375,471
CHARGED UP	401,290
CHINKAPIN CHICKS AND ROOSTER	339,882
CRHS JV TEAM	419,614
JUST STEPPIN'	336,217
MIGHTY BULLFROGS	243,805
NUTZ FOR NTU	392,500
PLEASANT GROVE STAR STEPPERS	350,000
SOLE MATES	250,131
STEPPING IN IT	208,000
THE TWISTED BLISTERS	228,831
TWEEDLES	282,610
WTC FITNESS WARRIORS	367,238
JOCKS	
CLEAN SWEEP	611,537
CRHS VARSITY TEAM	800,800
WALKIE-TALKIES	492,850
MINUTES CHALLENGE	
JUST STARTING	
DOWNTOWN STROLLERS	611
DSC DIVAS	1,223
HOWLING LONE WOLFF	770
PHITNESS FOR PHATTIES	912
PLEASANT GROVE TITANS	1,133
STEPPIN UP - TOPS #0692	223
TOPS 387 MINUTES	1,664
GETTING THERE	
AMAZING DOUBLE A'S	5,360
BABY MOMMA'S 1	3,581
PINE RIDGE IN MOTION	4,009
TEAM LAEL	4,550
TEAM OF TWO	2,695
THE T-BIRDS	1,670
JOCKS	
JAZZERCISE JUNKIES	5,006
WILL WALK FOR FOOD	4,175

CITRUS COUNTY PARKS AND RECREATION

Citrus Springs Community Center

1570 W. Citrus Springs Blvd.
Citrus Springs, FL 34434

ALTER EAGLES

Eagles Tribute

Saturday, March 23, 2019

\$13 | Doors open 6PM
Show starts 7PM

No refunds on ticket sales.

Tickets available at the Parks & Recreation Administration Office
2804 W. Marc Knighton Ct. Lecanto, FL 34461
352-527-7540

TUESDAY EVENING MARCH 19, 2019

C: Comcast, Citrus S: Spectrum Df: Comcast, Dunnellon & Inglis F: Oak Forest H: Holiday Heights

	C	S	D/I	F	H	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
2 (WESH) NBC	19		19			News	News	ET	Access	Ellen's Game		This Is Us (N) '14'		The Village '14'		News	J. Fallon
3 (WEDU) PBS	3	3		14	6	World News	Nightly Business	PBS NewsHour (N) (In Stereo)		Best Of ... 'G'							
5 (WUFT) PBS	5		5			DW News	Business	PBS NewsHour (N)		Nat King Cole's Greatest Songs				Retire Safe & Secure With Ed Slott 'G'			
8 (WFLA) NBC	8	8	8	8	8	News	Nightly News	NewsChannel 8	Extra (N) 'PG'	Ellen's Game 'PG'		This Is Us (N) (In Stereo) '14'		The Village "Pilot" '14' (DVS)		NewsChannel 8	Tonight Show
9 (WFTV) ABC	20	7	20			News at 6pm	World News	Jeopardy! (N) 'G'	Wheel of Fortune	Housewife	Kids-Alright	blackish (N) 'PG'	Splitting Up	The Rookie "Greenlight" (N) '14'		Eyewit. News	Jimmy Kimmel
10 (WTSP) CBS	10	10	10	10	10	10 News	Evening News	Wheel of Fortune	Jeopardy! (N) 'G'	NCIS "Beneath the Surface" '14'		FBI "A New Dawn" (In Stereo) 'PG'		NCIS: New Orleans "Mind Games" '14'		10 News Nightside	Late-Colbert
13 (WTVT) FOX	13	13		13	13	News	News	Access (N) 'PG'	TMZ (N) 'PG'	MasterChef (N) 'PG' (DVS)		Mental Samurai "Premiere" 'PG'		FOX13 10:00 News (N) (In Stereo)		FOX13 11:00 News (N) (In Stereo)	
20 (WCJB) ABC			11			News	ABC	ET	Inside Ed.	House	Kids	blackish	Splitting Up	The Rookie (N) '14'		News	J. Kimmel
22 (WCLF) IND	2	2	2	22	22	Christian Fitness	Joyce Meyer	Kenneth Hagin	The Great Awakening	Word Excellence	Contending, A. Faith	Womack		Perry Stone 'G'	Watch Therefore	Purpose for Life	The Great Awake
23 (WFTS) ABC	11	11		11	11	ABC Action News	World News	Inside Edition	The List (N) 'PG'	Housewife	Kids-Alright	blackish (N) 'PG'	Splitting Up	The Rookie "Greenlight" (N) '14'		ABC Action News	Jimmy Kimmel
62 (WMOR) IND	12	12		5		The Goldbergs	The Goldbergs	Big Bang Theory	Big Bang Theory	Mom '14' (N) 'PG'	Mom '14' (N) 'PG'	Last Man Standing	Last Man Standing	Chicago P.D. (In Stereo) '14'		Big Bang Theory	Family Guy '14'
63 (WTTA) MNT	6	6	6	9	9	Extra 'PG'	ET	FamFeud	FamFeud	NewsChannel 8	Chicago P.D. '14'	Chicago P.D. '14'	Chicago P.D. '14'	Chicago P.D. '14'		Seinfeld	Seinfeld
40 (WAGX) TBN	21		21			Paid Prg.	The 700 Club	FamFeud	FamFeud	Paid Prg. P. Stone	Bill W. Gimenez			700 Club S.Chanel		Faith	Prince
43 (WTOG) CW	4	4	4	12	12	blackish '14'	blackish '14'	Friends '14' (N) 'PG'	2 Broke Girls '14'	The Flash "Time Bomb" (N) 'PG'	Roswell, New Mexico (N) '14' (N) 'PG'			Two and Half Men	Two and Half Men	2 Broke Girls '14'	Friends 'PG'
47 (WYKE) FAM	16	16	16		15	America Trends	INN News	Citrus Today	Sully's Biz Brew	Positively Paula 'G'	The Chef's			America Trends		Citrus Court	Citrus Today
50 (WVEA) UNI	15	15	15	15	14	Noticias	Noticiero	Rosa de Guadalupe	Jesús (N)	Mi marido				Por amar sin ley '14'		Noticias	Noticiero
51 (WOGX) FOX			13	7	7	Fox 51	Fox 51	Big Bang	Big Bang	MasterChef (N) 'PG'		Mental Samurai 'PG'		FOX 51 News		Dateline 'PG' (N)	
63 (WXPX) ION			17			Criminal Minds '14'	Criminal Minds '14'	Criminal Minds '14'	Criminal Minds '14'	Criminal Minds '14'	Criminal Minds '14'			Criminal Minds '14'		Private Eyes 'PG'	
(A&E)	54	48	54	25	27	Hoarders "Dale" Dale fills up his Alaskan property. (In Stereo) '14' (N)				Hoarders "Linda" A mother's sanity is questioned. (N) (In Stereo) '14' (N)				The Toe Bro "Mother of All Warts" (N) '14' (N)		The Toe Bro "The Nail Eating Toe" '14' (N)	
(AMC)	55	64	55			*** "The Green Mile" (1999, Drama) Tom Hanks, David Morse. 'R' (N)				*** "O Brother, Where Art Thou?" (2000, Comedy-Drama) George Clooney, John Turturro. 'PG-13' (N)				*** "The Outlaw Josey Wales" (1976) Clint Eastwood. (N)			
(ANI)	52	35	52	19	31	North Woods Law "into Thin Air" 'PG' (N)		North Woods Law (In Stereo) 'PG' (N)		North Woods Law: Protect and Preserve		North Woods Law (N) (In Stereo) 'PG' (N)		North Woods Law (In Stereo) 'PG' (N)		North Woods Law (In Stereo) 'PG' (N)	
(BET)	96	71	96			* "Tyler Perry's Temptation: Confessions of a Marriage Counselor" (2013, Drama) Jurnee Smollett-Bell. 'PG-13'				American Soul (N) '14'				Boomerang American Soul '14'		Boomerang '14'	
(BRAVO)	254	51	254			Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Mexican Dynasties			Watch Real			
(CC)	27	61	27		33	The Office "China" (In Stereo) 'PG' (N)		The Office 'PG' (N)		Tosh.0 '14' (N)	Tosh.0 '14' (N)	Tosh.0 '14' (N)	Tosh.0 '14' (N)	Tosh.0 '14' (N)	Jim Jefferies	The Daily Show	Tosh.0 '14' (N)
(CMT)	98	45	98	28	37	Last Man Standing	Last Man Standing	Last Man Standing	Last Man Standing	Last Man Standing	Last Man Standing	*** "We Are Marshall" (2006) Matthew McConaughey. A new coach struggles to rebuild a college football team. 'PG' (N)					
(CNN)	40	29	40	41	46	Situation Room		Erin Burnett OutFront		Anderson Cooper		Anderson Cooper		CNN Tonight		CNN Tonight	
(ESPN)	33	27	33	21	17	SportsCenter (N)		2019 NIT Basketball Tournament		2019 NIT Basketball Tournament		2019 NIT Basketball Tournament		2019 NIT Basketball Tournament		2019 NIT Basketball Tournament	
(ESPN2)	37	28	34	43	49	Around Pardon		2019 NIT Basketball Tournament		2019 NIT Basketball Tournament		2019 NIT Basketball Tournament		2019 NIT Basketball Tournament		2019 NIT Basketball Tournament	
(FBN)	106	149	106	99	41	The Evening Edit (N)		Lou Dobbs Tonight		Primetime		Kennedy (N) (N)		Lou Dobbs Tonight		Primetime	
(FLIX)		118	170			*** "Bloody Sunday" (2002, Historical Drama) James Nesbitt. (In Stereo) 'R' (N)				*** "We Own the Night" (2007) Joaquin Phoenix. (In Stereo) 'R' (N)				*** "Tombstone" (1993, Western) Kurt Russell, Val Kilmer. (In Stereo) 'R' (N)			
(FNC)	44	37	44		32	Special Report		The Story		Tucker Carlson		Hannity (N) (N)		The Ingraham Angle		Fox News at Night	
(FOOD)	26	56	26			Chopped 'G' (N)		Chopped 'G' (N)		Chopped 'G' (N)		Chopped 'G' (N)		Chopped 'G' (N)		Chopped 'G' (N)	
(FREEFORM)	29	52	29	20	28	** "Just Go With It" (2011) Adam Sandler, Nicole Kidman. (In Stereo) 'PG-13' (N)				Good Trouble "Less Than" (N) '14' (N)		** "Ice Age: Continental Drift" (2012) Voices of Ray Romano. 'PG' (N)				The 700 Club (In Stereo) (N)	
(FS1)	732	112	732			NASCAR Race Hub		Beyond the Wheel		Bowling				PBC Collection (N)		Bowling	
(FS2)		806				Lock It In Red Bull Signature Series (N)				Red Bull Series		Red Bull Series		NASCAR Monster			
(FSNFL)	35	39	35			MLB Preseason Baseball: Mets at Marlins				NHL Hockey Florida Panthers at Dallas Stars. (N) (Live)				Panthers Panthers		Panthers Panthers	
(FX)	30	60	30		51	*** "Twilight" (2008, Romance) Kristen Stewart. (In Stereo) 'PG-13' (N)				*** "The Twilight Saga: New Moon" (2009) Kristen Stewart. Bella finds herself drawn into the world of werewolves. 'PG-13' (N)				*** "What We Do in the Shadows" (N)			
(GOLF)	727	67	727			Golf Central (N) 'G' (N)		Golf	Skill	The Founders 'PG'				The Founders 'PG'			
(HALL)	59	68	39	45	54	"The Perfect Bride" (2017, Romance) Pascale Hutton, Kavan Smith. 'NR' (N)				"Love on Safari" (2018, Romance) Lacey Chabert, Jon Cor. 'NR' (N)				"Love Under the Rainbow" (2019, Romance) Jodie Sweetin. 'NR' (N)			
(HBO)	302	201	302	2	2	"Clash-Titans" Real Time With Bill Maher 'MA' (N)		VICE News		*** "The Wolfman" (2010) Benicio Del Toro. 'R' (N)				The Case Against Adnan Syed		High Main. "Love"	
(HBO2)	303	202	303			*** "The Prestige" (2006, Drama) Hugh Jackman. (In Stereo) 'PG-13' (N)				The Case Against Adnan Syed '14'		Last Week To.	High Main.	"The Inventor: Out for Blood in Silicon Valley" (2019) (In Stereo) 'NR' (N)			
(HGTV)	23	57	23	42	52	Fixer Upper 'G' (N)		Fixer Upper 'G' (N)		House Hunters	House Hunters	Restored Fords	Restored Fords	One of a Kind 'G' (N)	House Hunters	Hunters Int'l	House Hunters
(HIST)	51	54	51	32	42	The Curse of Oak Island (In Stereo) 'PG'		The Curse of Oak Island: Digging Deeper		The Curse of Oak Island: Drilling Down		The Curse of Oak Island (N) 'PG'		Lost Gold of World War II 'PG' (N)		Lost Gold of World War II 'PG' (N)	
(LIFE)	24	38	24		21	Grey's Anatomy (In Stereo) '14' (N)		Married at First Sight '14' (N)		Married at First Sight '14' (N)		Married at First Sight '14' (N)		Married-Sight	Married-Sight	Married at First Sight '14' (N)	
(LIFEMOV)	119	50	119			"The Wife He Met Online" (2012, Suspense) Cameron Mathison. 'NR' (N)				"A Night to Regret" (2018, Suspense) Mollie Gray, Marguerite Moreau. 'NR' (N)				"Web of Lies" (2018, Suspense) Shoshana Bush, Spencer Neville. 'NR' (N)			
(MSNBC)	42	41	42			The Beat With		Hardball Matthews		All In With		Rachel Maddow		The Last Word		The 11th Hour	
(NBCSN)	448	26	730			NHL Top 10 'G'	NHL Live (N) (In Stereo)	NHL Hockey Washington Capitals at New Jersey Devils. From Prudential Center in Newark, N.J. (Live)						NHL Overtime (N) (In Stereo) Live		2019 World Women's Curling	
(NGEO)	109	65	109			The Story of God		The Story of God		The Story of God		The Story of God		Lost Treasures of Egypt (N) (N)		The Story of God	
(NICK)	28	36	28	35	25	Loud	Loud	Loud	Henry	Sponge.	Sponge.	Sponge.	Sponge.	Office	Office	Friends	Friends
(OWN)	125	24	103			Police: Dallas		Police: Dallas		The Haves, Not		The Haves, Not		Loving You		The Haves, Not	
(OXY)	123	44	123			Snapped: Killer		Snapped: Killer		Snapped: Killer		Snapped 'PG' (N)		Snapped 'PG' (N)		Dateline: Secrets	
(PARMT)	37	43	37	27	36	Mom '14' (N)	Mom '14' (N)	Mom '14' (N)		*** "Tomorrow Never Dies" (1997) Pierce Brosnan. James Bond tries to short-circuit a communications tycoon. 'PG-13' (N)				*** "Tomorrow Never Dies" (1997)			
(SEC)	745	72				The Paul Finebaum Show (N) (Live)		SEC Storied 'G'		College Baseball Rice at Texas A&M. From Blue Bell Park in College Station, Texas. (N) (Live)				SEC Storied 'G'			
(SHOW)	340	241	340			*** "Molly's Game" (2017) 'R' (N)		*** "The Death of Stalin" (2017) Steve Buscemi. (In Stereo) 'R' (N)		Billions (In Stereo) 'MA' (N)		Black Monday	SMILF 'MA' (N)	Billions (In Stereo) 'MA' (N)		Billions (In Stereo) 'MA' (N)	
(STARZ)	370	271	370			"Slender Man" American Gods "The Beguiling Man" 'MA'		* "The Happening" (2008) Mark Wahlberg. 'R' (N)		American Gods "The Beguiling Man" 'MA'		*** "Searching" (2018) John Cho. (In Stereo) 'PG-13' (N)		"Redemptn"			
(SUN)	36	31	36			Inside the HEAT	Inside the HEAT	MLB Preseason Baseball Tampa Bay Rays at New York Yankees. From George M. Steinbrenner Field in Tampa, Fla.				Inside the Rays	Inside the Rays	Inside the Rays		Baseball Begin	
(SYFY)	31	59	31	26	29	** "I, Frankenstein" (2014) 'PG-13' (N)		*** "Limitless" (2011, Suspense) Bradley Cooper. 'PG-13' (N)		** "47 Ronin" (2013) Keanu Reeves. Outcast samurai seek revenge on a treacherous overlord. 'PG-13' (N)				Futurama '14' (N)			
(TBS)	49	23	49	16	19	Fam. Guy Fam. Guy		Big Bang Big Bang		Big Bang Big Bang		Big Bang Big Bang		Miracle		Conan (N)	Miracle
(TCM)	169	53	169	30	35	*** "A Slight Case of Murder" (2014) 'NR' (N)		*** "Here Comes Trouble" (1948) 'NR' (N)		*** "The Best Years of Our Lives" (1946, Drama) Fredric March. Three World War II veterans come home. 'NR' (N)				*** "Another Part of the Forest" (N)			
(TDC)	53	34	53	24	26	American Chopper (In Stereo) 'PG' (N)		American Chopper: Rebuilt (N)		American Chopper (N)		Garage Rehab "Richard Revisits" '14'		Shifting Gears With Aaron Kaufman '14'		Fast N' Loud '14'	Fast N' Loud '14'
(TLC)	50	46	50	29	30	Say Yes Say Yes		Fat Fabulous		Fat Fabulous		I Am Jazz 'PG'		Dr. Pimple Popper		Fat Fabulous	
(TMC)	350	261	350			*** "Ghost in the Shell" (2017) Scarlett Johansson. (In Stereo) 'PG-13' (N)		*** "Crank" (2006) Jason Statham. (In Stereo) 'R' (N)		*** "Snatch" (2000) Benicio Del Toro. (In Stereo) 'R' (N)				*** "Black Rain" (1989) 'R' (N)			
(TNT)	48	33	48	31	34	*** "The Jungle Book" (2016, Children's) Neel Sethi. 'PG' (N) (DVS)				*** "Beauty and the Beast" (2017, Children's) Emma Watson, Dan Stevens. Premiere. 'PG' (N) (DVS)				*** "Pete's Dragon" (2016) Bryce Dallas Howard. 'PG'			
(TOON)	38	58	38	33		Teen	Teen	We Bare	Gumball	Samurai	American	American	Burgers	Burgers	Family Guy '14'		Rick
(TRAV)	9	106	9		44	Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Legendary Locations		Destination Truth	
(truTV)	25	55	25	98	55	Tip-Off 2019 NCAA Basketball Tournament								2019 NCAA Basketball Tournament		March	
(TVL)	32	49	32	34	24	M*A*S*H M*A*S*H		M*A*S*H M*A*S*H		Raymond Raymond		Raymond Raymond		Teachers	Two Men King	King	King
(USA)	47	32	47	17	18	Law & Order: Special Victims Unit '14'		Law & Order: Special Victims Unit '14'		Law & Order: Special Victims Unit '14'		Law & Order "Paranoia" '14' (N)		Law & Order: Special Victims Unit '14'		Law & Order: Special Victims Unit '14'	
(WE)	117	69	117			Law & Order "Rebels" 'PG' (N)		Law & Order "Savages" 'PG' (N)		Law & Order "Jeopardy" '14' (N)		Law & Order "Hot Pursuit" 'PG' (N)		Law & Order "Paranoia" '14' (N)		Law & Order "Humiliation" 'PG' (N)	
(WGN-A)	18	18</															

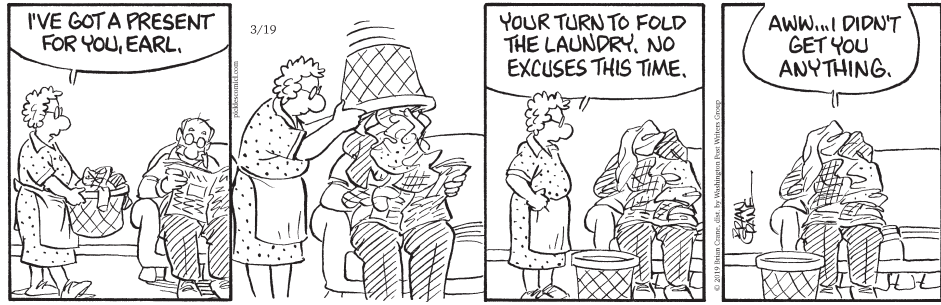
Peanuts



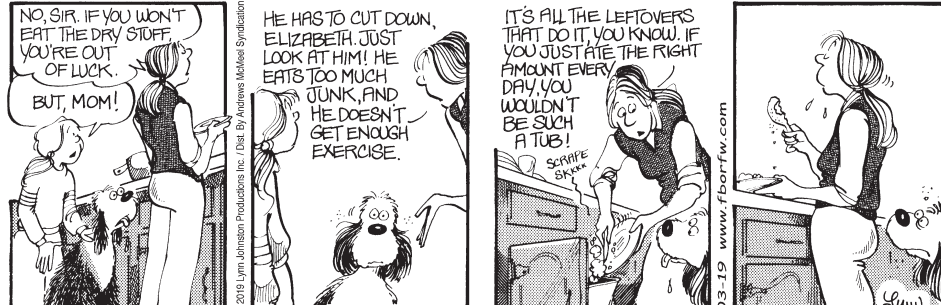
Garfield



Pickles



For Better or For Worse



Sally Forth



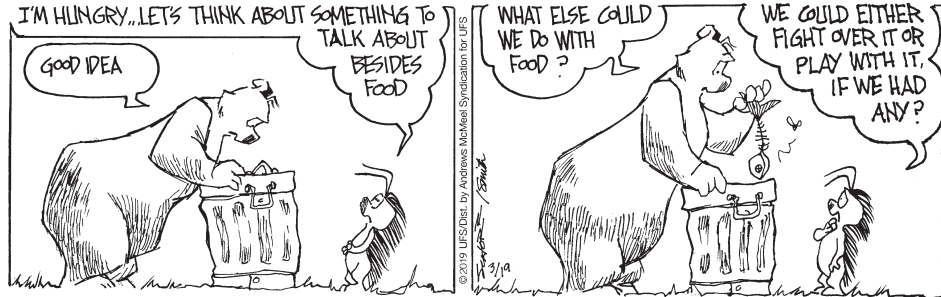
Beetle Bailey



Dilbert



The Grizzwells



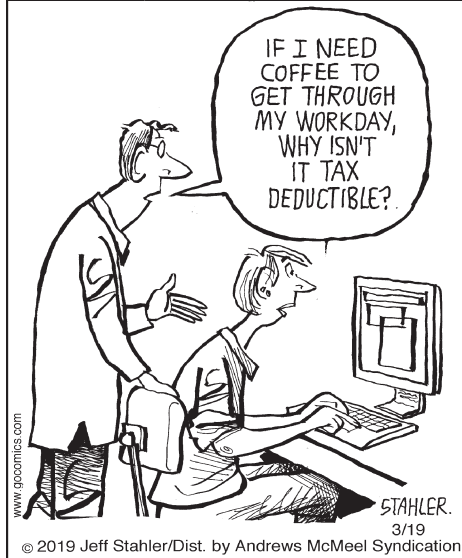
The Born Loser



Blondie



Moderately Confused



Rubes



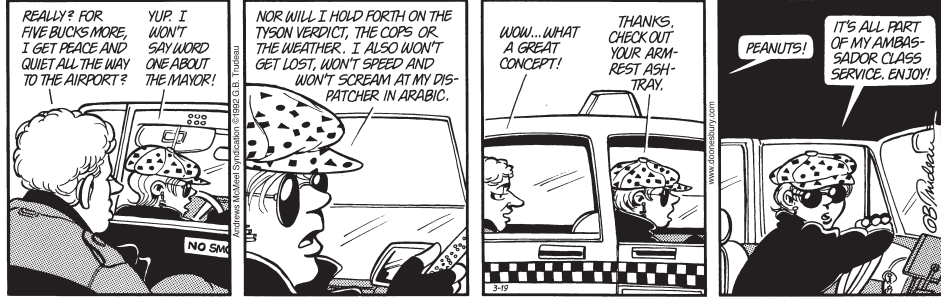
Dennis the Menace



The Family Circus



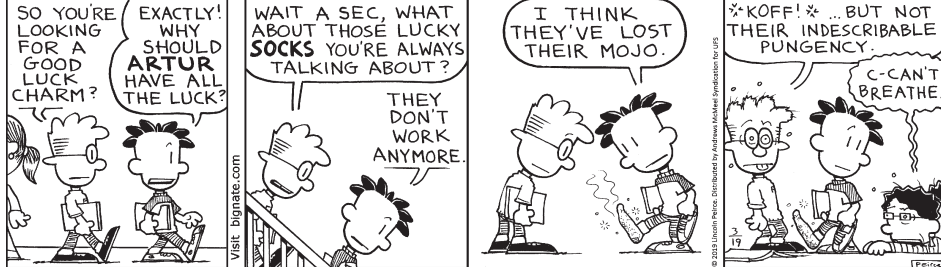
Doonesbury Flashbacks



Betty



Big Nate



Frank & Ernest



Arlo and Janis



- Local RADIO stations: WJUF-FM 90.1, WHGN-FM 91.9, WXCX-FM 95.3, WXOF-FM 96.7, WEKJ-FM 96.3, 103.9, WYKE-FM 104.3, WDUV 105.5 FM, WJQB-FM 106.3, WFJV-FM 107.5, WRZN-AM 720.

Today's MOVIES

Times provided by Regal Cinemas and are subject to change; call ahead.

- Cinema listings for Crystal River Mall 9, Citrus Cinemas 6 Inverness, Valerie Theatre, Inverness, etc. with movie titles and showtimes.

CELEBRITY CIPHER by Luis Campos. Today's clue: U equals W. Cryptogram: "C'DM HXRM X UGVRMKBOJ JCDCEV FJXZCVE IPXI IPMXIKCSXJ SPXKXSIMK - IPM FKGBMAACGVXJ TKXAAZ RXHM." Previous Solution: "I am terribly shy, but of course no one believes me. Come to think of it, neither would I." - Carol Channing




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General Merchandise
6 lines
10 Days
In Print & Online
\$11.50*

*Any 2 items total under \$200

Email: Classifieds@chronicleonline.com - Website: www.chronicleonline.com

Happy Notes



Tell that special person Happy Birthday with a classified ad under Happy Notes. Only \$23.50 includes a photo.

Call our Classified Dept. for details **352-563-5966**

Today's New Ads

- BIANCHI CONCRETE INC.** Lic/Ins#2579 Reputable for 20 yrs ★ 352-257-0078 ★
- Dining room table & 6 chairs** \$350 Roll-top desk \$150 Both are in exc. cond. 352-249-7940
- ELECTRIC TREADMILL & 2 STATION WORK OUT WEIGHTS.** Pro-Form Crosswalk Electric Treadmill \$85, and Weider Pro 2 Station Work Out Weight Set \$200. 352-563-1257
- Get your mind out of the gutter!** Cleaning \$25-\$40 & Handyman Mark: 352-445-4724
- LOVE SEAT** Tan fabric Great Cond \$150 (352) 527-8187
- Murray 24" Rear Engine Riding Mower** includes mulch kit 1 yr old, \$600, cash firm (352) 527-8187
- WILLIAM SANDERS Painting.** 40 years exp. Quality Craftsmanship Sr Citizen Disc., Lic/Ins Ref avail. 352-423-0116

Free Offers

- CAT** Male. Very loving. Black. 2yrs old. Vet reference req. 352-464-1567
- FIREWOOD** OAK, small sizes, you haul (352) 341-2843
- FREE...FREE...FREE...** Removal of scrap metal a/c, appliances, auto's & dump runs. 476-6600

Announcements

Snipper Citrus Spay/Neuter Innocent Pets

- * LOW COST SPAY/NEUTER ASSISTANCE
- * FERAL BUSTER PROGRAM

CALL (352)436-4268 TO SEE IF YOU QUALIFY OR SNIPPETCITRUS.COM

Personals

WMM seeking trust worthy, kind, country, WF, I am old, gray tired but still have a lot of spark left, Randy 352-563-1033

Medical

RECEPTIONIST

Front Office Fulltime Receptionist position available, prior medical or ophthalmic experience preferred. Pick up application M-F 8-5 and most Saturdays 8-12. West Coast Eye Institute 240 N Lecanto Hwy Lecanto FL 34461 Questions can be emailed to wcei@westcoasteye.com

Professional

COLLEGE of CENTRAL FLORIDA
-an equal opportunity college-

Accountant III

Graduation from an accredited four year college or university with a Bachelor's degree required. Bachelor's degree in Accounting or Business Administration preferred. Three years accounting experience required with one year being in government accounting preferred.

Posting Deadline April 3, 2019

How to Apply Go to <http://www.cf.edu/community/cf/hr/> Select one of the following online portals Administrative/Faculty/Adjunct Career Opportunities or Professional/Career/Part-time Career Opportunities. Submit an electronic application, a copy of unofficial transcripts and resume online.

3001 SW College Road, Ocala, FL 34474
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CITY OF BUSHNELL SANITATION / MAINTENANCE WORKER

FULLTIME POSITION

The City of Bushnell is currently taking applications for a fulltime SANITATION/ MAINTENANCE WORKER for the Public Works Department. Starting salary of \$12.00 per hour with excellent benefits. Applicants must possess a high school diploma or equivalent, possess a valid Florida Driver's License, be 18 years or older and able to acquire a commercial class "B" driver's license within 6 months of hire date.

Applications are available at the Bushnell City Hall located at 117 E Joe P Strickland, JR Ave., Bushnell, Florida or on-line at <http://www.cityofbushnell.com>. Questions concerning this position may be directed to **Kelly Marcoux, 352-793-2591 x 114. The City of Bushnell is a Drug Free Workplace. EOE/ADA**

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DATA ANALYST/ REPORTING COORDINATOR

Bachelor's degree in related field required. Three years verifiable work experience is required using data access/analysis software packages and relational databases (such as Cognos, SQL, SAS) to analyze data and develop internal and external business reports.

Posting Deadline March 26, 2019

Part-Time Positions: Cyber Café Specialist I Accounting Specialist III

How to Apply Go to <http://www.cf.edu/community/cf/hr/> Select one of the following online portals Administrative/Faculty/Adjunct Career Opportunities or Professional/Career/Part-time Career Opportunities. Submit an electronic application, a copy of unofficial transcripts and resume online.

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Professional

Assistant County Administrator

Gadsden County Board of County Commissioners Gadsden County Board of County Commissioners

Re-Advertisement - Previous Applicants Will Be Considered

Full-Time Position #0002 Management Services

Salary Negotiable

Position Closes: March 25, 2019

To obtain additional information about this position visit our website at www.gadsdengov.net/EO/AA.

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Disability Services Assessment and Accommodations Specialist

Bachelor's degree required in counseling, human services, psychology, special education, education, or a related field. At least one year of experience required administering/proctoring various electronic and paper-pencil standardized and specialized tests to a diverse student population, and working with students with disabilities in a post secondary education setting.

Posting Deadline April 3, 2019

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Groundskeeper

Prefer completion of 8th grade or higher. Some training in grounds and landscape maintenance of grounds preferred. One year of full-time work experience in the care and maintenance of grounds preferred.

Posting Deadline April 3, 2019

Part-Time Positions: Staff Assistant I - Educational Opportunity Center

How to Apply Go to <http://www.cf.edu/community/cf/hr/> Select one of the following online portals Administrative/Faculty/Adjunct Career Opportunities or Professional/Career/Part-time Career Opportunities. Submit an electronic application, a copy of unofficial transcripts and resume online.

A copy of transcripts from an accredited institution must be submitted with the application.

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Need a JOB?

#1 Employment source is



www.chronicleonline.com

Professional

Building Inspector

Gadsden County Board of County Commissioners Building Inspector Position #0014 Full-Time Building Inspection Salary Range Negotiable

Position Closes: March 21, 2019

To obtain additional information about this position visit our website at www.gadsden.gov

Legal Assistant

Experience Preferred. Real Estate, some litigation and probate wills. Computer and word processing skills required.

Competitive Salary
Fax Resume to: 352-726-8283
Donald F Perrin, Esq

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Manager - Testing & Assessment

A Bachelor's degree is required in education, special education, counseling, vocational evaluation, psychometrics, business, computer technology, or a related field. A Master's degree is preferred. At least three years of experience working in education which may include teaching, advising, enrollment services, testing, disability services, financial aid, or other related areas. Management experience is preferred, along with a technical background in computer diagnostics or troubleshooting, and training.

Posting Deadline April 3, 2019

How to Apply Go to <http://www.cf.edu/community/cf/hr/> Select one of the following online portals Administrative/Faculty/Adjunct Career Opportunities or Professional/Career/Part-time Career Opportunities. Submit an electronic application, a copy of unofficial transcripts and resume online.

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RECRUITMENT made simple!

Need to hire qualified candidates?

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We offer various packages to meet your recruitment needs.

Call for details: 352-563-5966

WANTED SEPTIC PUMP TANK DRIVER

with clean CDL, class B with Tanker and air brake endorsement, must be able to dig up septic tanks and do light labor. **ALSO NEEDED LABORER** with transportation to shop. **Call for More information, 352-628-0085**

Sales Help

LOOKING for a New Career?

Register today!

submit your resume

New opportunities at your fingertips!

Employment in Citrus County and surrounding areas

<http://jobs.chronicleonline.com/>

Trades/Skills

COMMERCIAL DIVERS NEEDED

Crystal River/Homosassa Most work include Marina and Dock maintenance and dredging, exp. is a plus, **good pay and benefits** included over time.

Call Andrew (305) 586-7973

FEED FORMULATION SPECIALIST/ PRODUCTION MANAGER

Primary resp. include formulating feed; ensuring quota met on production; product quality assurance; supervise eight team members & delegate their responsibilities. Supv. exp. preferred. FT position M-F and every other Saturday. Salary based on experience. Pay ranging from \$17-\$20

Send resume to: Kenny@knightsfeed.com
Knights Feed Bushnell, FL

RV Service Technician

Immediate Opening for an RV Service Technician

Experience Desired

Will train the right person www.naturecoastrv.com Or apply in person at our dealership: 9800 N Citrus Ave. Crystal River, FL, 34428

STUCCO PLASTERERS & LABORERS

Colony Stone and Plastering is looking for Plasterers and Laborers. Please Call: 352-302-0674 or 352-746-5951

If no answer, please leave a message or email: ernie@colonystone.com

Tower Technician

TOWER SERVICE CO. Hiring persons capable of ascending broadcast towers 1000 ft. tall to service lights. Electrical exp. pref. will train. Travel req'd. throughout SE. Company vehicle & hotel provided. Exc. pay, per diem, bonus & benefits. Bg. check & Clean FL Dr. Lic req. Must be 21 or older. Apply in Person at: Hlights Inc. 1515 White Lake Dr. Inverness 352-564-8830 or Email Resume to: hlights@hlightsinc.com

General Help

FRONT DESK PART TIME

Hotel experience required.

Apply in person: **BEST WESTERN** 614 NW Hwy 19 Crystal River. No calls please!

General Help

Landscaper, Nursery person, Sales

Full/Part Time positions available Responsibilities incl. sales, watering, landscaping, clean up, weed pulling, loading/unloading trucks. Must be friendly and willing to learn. Must Have Ref. D/License, transportation, physical ability to perform tasks lift up to 50lbs., Drug Test /BKGD.

Apply to Citrus County Chronicle Blind Box #1964, 1624 North Meadowcrest Blvd. Crystal River, Florida, 34429

LOCAL DRIVERS

DICKS MOVING

Must be 21 or older, good driving record, clean record starting at \$10.00 an hour.

Apply in Person at: 6331 S. Tex Point Homosassa, FL 34448

RECRUITMENT made simple!

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In addition to print, our employment ads are featured on multiple job aggregator websites, including Indeed!

We offer various packages to meet your recruitment needs.

Call for details: 352-563-5966

Classified Ads work!

Sell your treasures today!
Call 352-563-5966

Antiques

OLD CULLIGAN WATER COOLER GLASS JUG \$25. 352-795-8800

OLD SCHOOL DESK Bolt to floor type (no ink well) \$40 352-795-8800

PINK TUB, TOILET & SINK VINTAGE Amer. Std. circa 1941 all pink \$100 352-795-8800

Church Clerical/Secretary

Part Time This Crystal River position requires knowledge in office equipment and proficiency with Microsoft Office (Word) applications. Confidentiality, accuracy, good phone skills, and be a self-starter who can prioritize work, are essential.

Apply at 352-795-5325

Career Opportunities

AVIATION Grads work with JetBlue, United, Delta and Others Start here with hands on training for FAA certification. Financial aid if qualified. Call Aviation Institute of Maintenance 888-242-2649

Financial

ALL CLASSIFIED ADS ARE NON-REFUNDABLE

Part-time Help

SCHOOL DESK old, Bolt to floor type (no ink well) \$40. 352-795-8800

SHADOW BOX 4" WX2" H Mahogany \$90. obo. can em pix 862-324-2723 352-560-7857

VINTAGE PINK TUB, TOILET & SINK Amer. Std. circa 1941 all pink \$100 352-795-8800

VINTAGE WOOD IRONING BOARD With artist painting of snowman (46" board) \$40 352-795-8800

WOOD IRONING BOARD, VINTAGE With artist painting of snowman (46" board) \$40 352-795-8800

Collectibles

BASKETS LONGABERGER 2002 Row Your Boat \$40, '92 352-489-6193

Cake Basket w/extras \$75. Exc Cond. 352-489-6193

HURRICANE CANDLE LAMPS 2 Crystal 8.5" tall lamps \$45 Call or Text: 352-287-9068

LAMPS

two, Crystal with shade, both \$70.00, (352) 249-7644

PITCHER & BOWL SET CREAM, YELLOW FLOWERS. 12" \$23. OBO, Can email pix. 862-324-2723

Spas/Hotubs

CENTER DRAIN SYTM for Above Ground Pool Drain/2-way valve/PVC \$50 Call or Text: 352-287-9068

POOL COVER FOR 24' FT ABOVE GROUND POOL. \$40 CALL OR TEXT: 352-287-9068

POOL LADDER for In-Ground Pool New rubber end caps \$45 Call or Text: 352-287-9068

Antiques

OLD CULLIGAN WATER COOLER GLASS JUG \$25. 352-795-8800

OLD SCHOOL DESK Bolt to floor type (no ink well) \$40 352-795-8800

PINK TUB, TOILET & SINK VINTAGE Amer. Std. circa 1941 all pink \$100 352-795-8800

Appliances

ELECTRIC RANGE Kenmore Elite, top of the line, white. 2 yrs old w/ ext. warranty, exc. cond. \$250 352-344-4157

REFRIGERATOR WHIRLPOOL BLACK S/S. 2016 Whirlpool c/wtr in door, mod. w/rs322fdaab 2yr + warranty, cash \$475. Pics. avail. LIKE NEW!! (352)228-1072

Appliances

MICROWAVE HOOD COMBINATION Whirlpool white, 7months old. works fine, \$75., 352-489-4129

SMITTY'S APPLIANCE REPAIR. Also Wanted Dead or Alive Washers & Dryers 352-564-8179

Office Furniture

DRAFTING TABLE Adjustable with large pullout drawer. Includes chair. \$100. 203-586-8333

Auctions

AUCTION

ABSOLUTE IN WATER BOAT AUCTION

"Club Seaworthy" 32+ INVENTORY, FRI. 3/22 @ 12 NOON

PREVIEW FRI. 3/15 @ 12PM-2PM & 10 AM SALE DAY LOC. PETE'S PIER MARINA 1 SW 1ST PL. CRYSTAL RIVER, 34429

BAY AREA AUCTION SERVICES (727) 548-9303 bayareauctionservices.com online bidding also

End Rolls

Packing

Projects

Pets...

While Supplies Last!

\$5 Donation to **NiE**



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1624 Meadowcrest Blvd. 352-563-6363

Tools

Framing Gun
SECO \$75
352-410-6823

Miter Saw
DELTA 10" \$30
352-410-6823

Table Saw w/Stand
DELTA \$80
352-410-6823

TOOLBOX
For Pickup Truck
(Tough Guy) \$100
352-410-6823

TVs/Stereos

55" LED HD TV
Westinghouse,
New Flat Screen,
Full HD, 1080p
\$300 OBO
(315) 729-2634

RECEIVER W/ REMOTE
Dish VP21Z & Dish
HD Satellite Antenna
\$25. (352) 344-5436

SPEAKERS
wood, Lloyd,
10x14x26, can em ptx.
\$45. 352-560-7857
862-324-2723

TELEVISION
Flatscreen - 42"
w/ Remote Control
352-410-6823

Building Supplies

THIS OUT!

16 x 20 - \$8,000
20 x 20 - \$8,800
24 x 30 - \$13,800
30 x 30 x 8 - \$16,800
40 x 60 x 8 - \$43,800
Wood's Custom Buildings,
LLC CBC1253330
Completely Enclosed & installed on a concrete slab, 9' x 7' Garage Door, Service Door, Also Horse & Pole barns, Permits. Additions, Remodeling.
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CAMCORDER CANON ZR 960 Digital Video Case/Cables & Lenses \$75 Call or Text: 352-476-2652

LAPTOP CASE Black w/Wheels and Extendable Handle \$25 Call or Text: 352-287-9068

THE PRINT SHOP 23.1 Pro Publisher Deluxe for XP/Vista/7/8/10 \$15. Call or Text: 352-476-2652

WIDE ANGLE LENS Telephoto Lens & 3 filters for camcorder \$50 Call or Text: 352-476-2652

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Outdoor Furniture

FOLDING TABLE 13 IN. ROUND 14 IN TALL BAMBBOO FOR BEACH OR TRAVEL \$15 352-428-0721

PATIO TABLE 42 IN. w/ 4 CHAIRS NYLON CUSHIONS OLDER BUT STRUDY \$40 352-428-0721

Furniture

COFFEE TABLE & 2 END TABLES Metal, wood, and tinted glass tops. Pretty! \$100. 203-586-8333

COFFEE TABLE Dark pine, 5'L x 23"W, can em ptx \$90. 352-560-7857 or 862-324-2723

CURIO/PEND TABLE DARK PINE 24 X 30 X 30 Can email pics \$90. OBO 352-560-7857

DAYBED w/ TRUNDLE Good cond. \$150 Set of TWIN beds w/ mattresses. \$200 352-563-5074

Dining Room Cabinet Light wood, lots of storage. 64" long, 17" deep, 29" high, 4 front doors. \$50 352-563-0020

Dining room table & 6 chairs \$350 Roll-top desk \$150 Both are in exc. cond. 352-249-7940

DRESSER/HEADBOARD/MPL E QUEEN SIZE 6 Drawer. Excellent condition. \$100. \$150 352-503-7788

LOVE SEAT Tan fabric Great Cond \$150 (352) 527-8187

MATRESS RISER 4 1/2" x 53" x 74" (full size bed) new cond. \$50 352-419-4066 or 352-228-7670

ROCKING CHAIR W/PADS maple, sturdy needs TLC. \$50. obo 352-560-7857 or 862-324-2723

General

✓ THIS OUT!

6 LINES
- 10 DAYS
up to 2 ITEMS

up to \$200 \$11.50

\$201 - \$400 \$16.50

\$401 - \$800 \$21.50

\$801 - \$1500 \$26.50

CALL 352-563-5966

Garden/Lawn Supplies

Round Wooden Table 60" Brown faux wood top. Seats 8. Folding legs. Very stable. \$35. (352) 621-1249

WOOD BATHROOM CABINET 33.5 H X 28 W. 4 shelves, 3 Metal baskets. \$35. 203-586-8333

Bob's DISCARDED Lawn Mower Service

★ FREE PICK-UP ★
352-637-1225

CONCRETE FIGURE 20 IN LADY FIGURINE CAN BE USED AS A PEDESTAL FOR BIRDBATH \$20 352-428-0721

CONCRETE FIGURE 20 IN LADY FIGURINE USED AS A PEDESTAL FOR BIRDBATH \$20. 352-428-0721

FENCING 20 FT 36 IN. TALL WIRE MESH WITH 12 STACKS \$15. 352-428-0721

FENCING 20 FT 36 IN. TALL WIRE MESH WITH 12 STACKS \$15. 352-428-0721

LAWN MOWER Pull on Pro 42 in. cut \$500. (352) 634-2549

LEAF BLOWER Craftsman electric leaf blower \$25. 352/503-9382

Murray 24" Rear Engine Riding Mower includes mulch kit 1 yr old. \$600. cash firm (352) 527-8187

Garden/Lawn Supplies

RIDING MOWER/EQUIP Husquavarina 52" cut & 5x8 trailer \$2200 352-344-5436

Clothing

MENS DIESEL BOOTS BLACK Size 10 NEW w/Tags \$40 Call or Text: 352-287-9068

MENS DRESS SHOES by Bass 2 Pair size 11 1 Brown / 1 Black Like New \$30 for both Call/Text: 352-287-9068

MENS ECCO SHOES BLACK - NEW Size 10 \$30 Call or Text: 352-287-9068

General

✓ THIS OUT!

6 LINES
- 10 DAYS
up to 2 ITEMS

up to \$200 \$11.50

\$201 - \$400 \$16.50

\$401 - \$800 \$21.50

\$801 - \$1500 \$26.50

CALL 352-563-5966

RUG

Oriental with a pad. 8X11, Beige, Blue & Brown, VGC, \$525. (716) 331-7932

WELL TANK & MOTOR with el box asking \$50 352 341 2107

Medical Equipment

HEEL PROTECTORS TRU VUE Top of line heel protector. \$50. 352-489-6193

TOILET SEAT RISER Regular size very nice. With handles \$35 352-464-0316

WHEELCHAIR Manual with foot rest. \$100 352-464-0316

Musical Instruments

2 BOOM BOXES boom boxes cd/am/fm \$15.00 for both 352-341-2107

DIGITAL AUDIO WORK STATION CAKEWALK SONAR X1 \$40. Call or Text: 352-476-2652

DUAL MIDI CABLES Live Wire MIDI 202-6'6" & MIDI 203-9'9" \$15 NEW Call or Text: 352-476-2652

VIRTUAL INSTRUMENTS by CAKEWALK Drum/Bass/Piano/Strings \$50. Call or Text: 352-476-2652

Household

VACUUM CLEANER Panasonic Power Wave 120 amps/Works Great \$40 Call or Text: 352-287-9068

Fitness Equipment

ELECTRIC TREADMILL & 2 STATION WORK OUT WEIGHTS, Pro-Form Crosswalk Electric Treadmill \$85. and Weider Pro 2 Station Work Out Weight Set \$200. 352-563-1257

EXERCISE BIKE PRO-FORM RECUMBANT BIKE W/ARM LEVERS. \$50. 352-527-7840

INVERSION TABLE Iron Man. Foam bed & lumbar pad. Up to 350 lbs. Like new w/ owners manual. \$260 352-746-0850

TREAD MILL Weslo Pro Cross Walker 7.9 Excellent Condition \$275.00 352-382-3298

Sporting Goods

10FT PUSH POWER POLE fiberglass power pole anchor \$40. 352-201-1929

BICYCLE Ladies Street Cruiser with Basket, nice cond. \$40. (352) 341-2843

E-Bike - Recumbant Good cond! \$350 OBO 352-419-7258

Baby Items

SAFETY 1ST CARSEAT tan/bm 40-45lbs \$40. 352-201-0876

Wanted to Buy

I Buy Old Watches, jewelry, silver, gold, paintings, instruments, coins, records, antiqs. ★ 352-454-0068 ★

WANTED JUNK & ESTATE CARS up to \$1,000, & MORE ★ (352) 342-7037 ★

WE BUY ANY VEHICLE In Any Condition, Title, No Title, Bank Lien, No Problem, Don't Trade it in. We Will Pay up to \$25K Call AJ 813-335-3794

Campers/Travel Trailers

RV POWER CORD 50 FT. THREE PRONG HOOK UP CORD. \$35 352-428-0721

Beauty Services

Urban Suburban Hair Studio would like to welcome our new nail tech Melissa. Free nail polish with a Spa Pedicure featuring an invigorating citrus scrub. To make an appointment 352-637-0777

Pets

BARKLEY beautiful Canaan Dog mix, about 2-3 years old, neutered, housebroken, easy to train. Wt. about 60 lbs. Very intelligent & easy to train. Waiks well on leash, appears to get along with most dogs. Plays in kiddie pool, loves his treats. Call or text Loren @ 352-201-6777, or Jo- anne @ 352-795-1288.

DIESEL 2.0

a beautiful male young adult neutered American Staffordshire Terrier mix, up to date with shots. Wt. about 50 lbs. He walks very well on leash, knows some basic commands. He has good behavior with adults & children. Appears to get along with most other dogs, is NOT GOOD with cats. He is calm and quiet with low energy. Has an average good temperament. Call or text Loren @ 352-201-6777, or Karen @ 218-780-1808.

PEDIGREE BOXER PUPS

READY WITH HEALTH CERT. dark Brindle, \$1,200 firm, (352) 201-0595

STOCK

big beautiful red/white neutered male Retriever mix, 2-3 years old, HW negative, walks well on leash, crate- and house-trained. Healthy & playful. Wt. 75 lbs. He is dog selective so meet-and-greet is required. Stock is a gentle giant, ready for his forever home. Call or text Loren @ 352-201-6777 or email Loren.schenendorf@gmail.com.

DUSTY

a 2-y.o. beautiful Blue Nose Terrier mix, neutered male, HW negative, wt 70 lbs. Crate- and house-trained. Walks well with training collar, knows basic commands. He loves to play with a ball, go on long walks, & rides well in the car. Dog selective, so a meet-and-greet is required. NO CATS PLEASE. Call or Text Loren @ 352-201-6777 or email Loren.schenendorf@gmail.com.

Pets

German Shepherd puppies, AKC, males 1 Blk/tan, 1-black, 1 Sable, 5 months old, all shots. (352) 464-1166

GOLDENDOODLE PUPPIES F1B, M & F, Golds, Reds, Blacks, & Chocolate. 8 weeks old. Health Cert & shots. \$800 ea. Call 352-621-3427 or 352-212-1865

GREYSON

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