

Jax Air News

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VOL. 76 • NO. 30 • NAS JACKSONVILLE, FLA



Photo by MC1(SW) Brian G. Reynolds

Naval Air Station Jacksonville (NAS Jax) Commanding Officer Capt. Michael Connor (second from right), Beverly Nix, NAS Jax Unaccompanied Housing manager (center), and NAS Jax Command Master Chief Jeffery Waters (second from left), along with staff and contractors, cut a ribbon at the C-wing of the newly renovated NAS Jax Bachelor Enlisted Quarters July 25.

First phase completed of BEQ renovation project

By MC1(SW) Brian G. Reynolds
NAS Jacksonville Assistant Public Affairs Officer

The first phase of the Unaccompanied Housing Renovation Project of Building 822 was completed July 25 at Naval Air Station (NAS) Jacksonville.

Naval Air Station Jacksonville (NAS Jax) Commanding Officer Capt. Michael Connor participated in a ceremonial ribbon cutting, marking the official

completion of the C wing of the facility. "This has been a tremendous effort by all involved," Connor said. "All of the hard work put into this project shows our dedication to the improvement of the quality of life of our unaccompanied Sailors who live at NAS Jacksonville."

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P-3C MAINTENANCE

AWO1 Anthony Bayate of Patrol Squadron 62, turns a prop on the P-3C Orion aircraft during a maintenance inspection July 24.

Photo by Kaylee LaRocque

Volunteers clean shoreline at NAS Jax

By Reggie Jarrett
Editor Jax Air News

The shoreline along Naval Air Station (NAS) Jacksonville is now a lot cleaner thanks to about 200 volunteers from 13 tenant commands that spent a few hours picking up garbage and debris during the annual cleanup July 26.

Volunteers walked the shoreline along NAS Jacksonville airfield as well as Mulberry Cove and additional volunteers took to the water in canoes, kayaks and powerboats to collect debris in the water and bring it to shore where it could be properly disposed of.

IT2 Ashley Otten of Naval Air Station Jacksonville, was one of the volunteers in a kayak. "I like to help clean up," she said. "Whenever I go to the beach, I take garbage bags and pick up trash."

The cleanup effort started at 8 a.m. when NAS Jacksonville Safety Specialist Gregg Gillette addressed the volunteers at Mulberry Cove with a safety presentation, reminding them that their safety was the top priority for the day.

"Before you pick up anything, identify it and ask is it worth it, because you cannot assess anything you haven't identified," he told the crowd.

Gillette also warned the volunteers about topics ranging from poison ivy to snakes and the importance of looking



Photo by MC1(SW) Brian G. Reynolds

Sailors stationed at Naval Air Station Jacksonville participate in a shoreline clean up removing trash and debris along the banks of the St. Johns River.

CPRW-11 Sailors assist with shoreline cleanup

By Lt. Brian Scott Neiheisel
CPRW-11 Public Affairs Officer

Patrol and Reconnaissance Wing Eleven (CPRW-11) Sailors participated in the Naval Air Station Jacksonville (NAS Jax) Shoreline Clean up alongside other tenant commands July 26.

This opportunity gave Sailors the ability to work together, promoting teamwork between commands. It was also a great chance to give back to both the base and the greater Jacksonville



Photos by Lt. Brian Neiheisel

The Commander, Patrol and Reconnaissance Wing Eleven Administration team combs the rocky shoreline in search of debris.

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THIS WEEK IN THE NAVY

From Staff

Aug. 2

1943 - PT-109, under command of Lt. j.g. John F. Kennedy, is cut in half by Japanese destroyer Amagiri.

1943 - Naval task groups bombard Japanese forces on Kiska, Alaska.

1950 - Amphibious force ships land Marine First Provisional Brigade at Pusan, Korea helping to save this last area of South Korea from capture.

1964 - Three North Vietnamese PT boats attack USS Maddox (DD-731) in international waters in Gulf of Tonkin. Maddox sinks one.

Aug. 3

1804 - American Squadron, including USS Constitution, attacks Tripoli.

1812 - U.S. frigate Essex captures British brig Brothers.

1861 - Construction of USS Monitor authorized.

1861 - First manned ascent in a balloon from a ship (gunboat USS Fanny) to observe Confederate artillery position at Hampton Roads, Va.

1942 - Mildred McAfee (Horton) becomes the first woman officer commissioned into Naval Reserve.

1950 - First Marine Corps aviation mission against North Korea by VMF-214, from USS Sicily.

1950 - First helicopter evacuation in Korea by VMO-6.

1958 - USS Nautilus (SSN-571)

is first ship to reach the geographic North Pole submerged.

1970 - USS James Madison (SSBN-627) conducts first submerged launching of Poseidon nuclear missile off Cape Kennedy.

Aug. 4

1846 - Sailors and Marines from USS Congress capture Santa Barbara.

1858 - First trans-Atlantic cable completed by USS Niagara and British ship Agamemnon.

1944 - Fifth Fleet carrier task forces begin air attack against Iwo Jima and the Bonin Islands.

1947 - Birth date of the Medical Service Corps.

1964 - The Navy and national intelligence sources report a North Vietnamese PT boat attack on USS Turner Joy and USS Maddox in the Tokin Gulf - prompting Congress to pass the Tonkin Gulf Resolution on Aug. 7, 1964. The attack was later proven untrue.

Aug. 5

1832 - Frigate Potomac is first U.S. Navy ship to entertain royalty, the king and queen of Sandwich Islands, Honolulu.

1864 - Rear Adm. David Farragut wins Battle of Mobile Bay, sealing off last Confederate port on Gulf Coast.

1882 - Authorization of first steel warships begins the modern Navy.

1915 - First air spotting for shore batteries at Fort Monroe, Va.

1921 - Yangtze River Patrol



Navy photo

The combination of the RA-5C Vigilante's ability to deliver conventional weapons, day or night, in all kinds of weather, as well as to complete tactical reconnaissance missions made it one of the most versatile aircraft in the Navy. RA-5Cs served throughout the Vietnam War. Here, two Vigilantes assigned to RVAH-3 fly in formation near the Bahamas. The last of the RA-5C fleet squadrons were disestablished in 1979.

Force established as command under Asiatic Fleet.

1953 - Exchange of prisoners of war of Korean Conflict (Operation Big Switch) begins.

1967 - Operation Coronado III begins in Rung Sat Zone, Vietnam.

1990 - Navy and Marine Task Force (USS Saipan, USS Ponce, and USS Sumter) begin evacuation of U.S. citizens and foreign nationals from Liberia during civil war.

Aug. 6

1862 - CSS Arkansas destroyed by her commanding officer to prevent capture by USS Essex. 1943 - Battle of Vella Gulf begins. U.S. destroy-

ers sink three of four Japanese destroyers.

1945 - Atomic bomb detonated over Hiroshima, Japan. Navy weaponeer, Capt. W.S. Parsons, armed the atomic bomb on the B-29 bomber, Enola Gay.

1990 - President George Bush orders Operation Desert Shield, largest overseas deployment since Vietnam, to protect Saudi Arabia after Iraq's invasion of Kuwait.

1997 - Naval Forces on Guam help rescue and provide medical care to survivors of Korean Airlines Flight 801 that crashed on Guam.

Aug. 7

1782 - Badge of Military Merit

(Purple Heart) established.

1942 - Navy Amphibious Task Force lands Marines on Guadalcanal, Solomon Islands in first U.S. land offensive of World War II.

Aug. 8

1813 - U.S. schooners Hamilton and Scourge founder in storm on Lake Ontario.

1959 - Announcement of Project Teepee, electronic system to monitor 95 percent of earth's atmosphere for missile launchings or nuclear explosions. System developed by William Thaler, ONR physicist.

1972 - Women authorized for sea duty as regular ship's company.

New rules regarding GI Bill benefits

From Staff

The Pentagon's new rules on transferring GI Bill benefits to dependents, announced recently, have created a lot of concern and confusion among service members, veterans and military families.

Here are seven Q & A's you need to know:

1. What changes have already taken effect?

Answer: The Defense Department requires service members to commit to serve an additional four years in the military in order to transfer GI Bill benefits to a dependent.

Prior to last week's policy change, that requirement could be waived in some cases if it wasn't possible for a service member to serve another four years.

The new policy ends such exceptions, meaning that regardless of what branch of the military you serve in, if you can't commit to another four years for any reason, you can't put in for a GI Bill transfer.

Though there's been some confusion about whether this aspect of the policy change applies immediately to members of all service branches, this change is, indeed, currently in effect across DoD.

"If there are reasons that preclude a service member from committing to four years of service, that service member cannot sign up to transfer their benefits," a DoD fact sheet on the policy said, listing this as one of the changes

that "go into effect immediately."

2. How long must I serve to be able to transfer my GI Bill?

Answer: Previously, DoD required troops to have served at least six years in order to request a GI Bill transfer. That requirement remains, and the Pentagon's new policy will also require that service members not have served more than 16 years.

So, you'll need between six and 16 years in uniform. It's important to note that because the 16-year cap doesn't go into effect until July 12, 2019, service members who have been in longer than that have a year to transfer their GI Bill benefits - as long as they can still commit to serving four more years.

So, if you've been in for 20 years and can commit to 24, make sure you take advantage of this before time's up.

3. I've already transferred my GI Bill benefits. Does this rule change affect me?

Answer: No, you're safe. The policy change will not affect service members who have already transferred their GI Bill benefits, according to Jessica Maxwell, a DoD spokeswoman.

4. If I transfer my benefits now, can I make changes later on?

Answer: Yes, you can. If you want to add another child to your list of beneficiaries or divvy things up between your dependents a little differently, you can do that even if you've been in the service for more than 16 years.

5. Does my kid have to be old enough to use the GI Bill by the time I hit 16

years?

Answer: A dependent child must be 18 or younger when the GI Bill benefits are transferred to them -- or under 23 in special cases for approved programs, Maxwell said.

To use the GI Bill, the dependent must be 18 or a high school graduate. So in other words, you can go ahead and transfer the GI Bill to your 2-year-old without a worry.

They just won't be able to use it until they're of age.

6. I'm in the Coast Guard. Do these changes apply to me?

Answer: Even though the Coast Guard is under the Department of Homeland Security and not DoD, the same changes apply.

7. I want to transfer my GI Bill benefits. How do I get started?

Answer: Log onto DMDC milConnect. At the top of the page, you'll see a section labeled, "I want to."

Click on the "Transfer my education benefits" option and go from there.

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Language test appointments available

From Staff

Interested in taking the Defense Language Aptitude Battery or the Defense Language Proficiency Test for foreign languages?

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Navy Portal:

<https://www.mnp.navy.mil/group/information-warfare-training/n-dfltp>.

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CIWT_CRRY_Lang_Testing_Pensacola@navy.mil.

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The deadline for classified submissions is noon Monday. Questions or comments can be directed to the editor. The **JaxAirNews** can be reached at (904) 542-3531, fax (904) 542-1534, e-mail JaxAirNews@comcast.net

comcast.net or write the **JaxAirNews**, Box 2, NAS Jacksonville, FL, 32212-5000.

The **JaxAirNews** is published by The Florida Times-Union, a private firm in no way connected with the U. S. Navy under exclusive written agreement with the U. S. Naval Air Station, Jacksonville, Florida. It is published every Thursday by The Florida Times-Union, whose offices are at 1 Riverside Ave., Jacksonville, FL 32202. Estimated readership over 32,000. Distribution by The Florida Times-Union.

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Photos by Clifford Davis

FRCSE MAINTAINS PAVE HAWK HELOS

Aircraft mechanics Andres Palacio (left), and Paul Younge repair an U.S. Air Force HH-60G Pave Hawk at Fleet Readiness Center Southeast (FRCSE) July 23. Members of the FRCSE vertical lift team perform in-depth maintenance and repair on the aircraft, which are mainly used for search and rescue missions.



Aviation electrician Devon Jakway repairs connector plugs in an Air Force HH-60G Pave Hawk July 23 at Fleet Readiness Center Southeast.



Fleet Readiness Center Southeast aircraft mechanic Gregory Walker prepares studs to receive a hydraulic pump by adding metal shims while working on a U.S. Air Force HH-60G Pave Hawk helicopter July 23.



Courtesy photo

NEASE NJROTC PRESENTS COLORS

Nease NJROTC's Color Guard presented the colors before the Jacksonville Jumbo Shrimp game versus the Montgomery Biscuits July 24 at the Baseball Grounds of Jacksonville. Presenting the colors (from left) Cadets Peyton Gustafson, Troy Barber, Heather Jett and Erin Sass. Nease was recently recognized the fifth highest ranked NJROTC program in the nation.



Photo by Kaylee LaRocque

FLIGHT LINE OPERATIONS

A C-130T Hercules (left), and P-8A Poseidon aircraft prepare for take-off from the Naval Air Station Jacksonville flight line July 24. Fleet Logistics Support Squadron 62 flies the C-130T, providing rapid response, global air logistics and support to United States maritime forces. Six Patrol Squadrons based at the station fly the P-8A providing long-range anti-submarine warfare, anti-surface warfare, and intelligence, surveillance and reconnaissance missions to the fleet.

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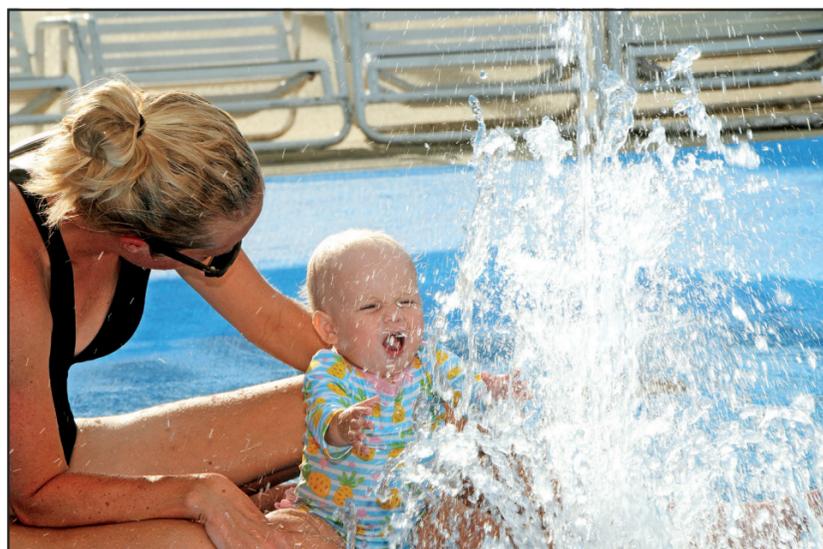
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Families cool off in the "Lil' St. Johns River" lazy river at the 12th annual Military Appreciation Night at Adventure Landing, hosted by the USO. More than 2,000 service members and their families attended the annual event.



Nine-month-old Ava Pruvén has fun playing with water sprouts with her mother, Kim, at the Kiddie Cove area designed specifically for toddlers during the 12th annual Military Appreciation Night at Adventure Landing, hosted by USO.



Families brave the waves at Adventure Landing's Wave Pool, a 500,000-gallon pool producing three to four-foot waves, during the 12th annual Military Appreciation Night at Adventure Landing.

Thousands enjoy special USO Night

By Paige Gnann
The Mayport Mirror editor

More than 2,000 service members and their families from Naval Station Mayport, Naval Air Station Jacksonville, Naval Submarine Base Kings Bay, Coast Guard and local recruiting districts and retirees were able to escape the Florida heat at Adventure Landing and Shipwreck Island Waterpark July 26.

The 12th annual Military Appreciation Night is hosted every year by the Greater Area Jacksonville USO. VyStar Credit Union sponsored the annual event.

For only a few of dollars per person, military families enjoyed both amusement parks on Beach Boulevard in Jacksonville Beach.

Normally, just a ticket to the water park would cost around \$25 per person so the savings are substantial. "This is great," said military family member Kim Pruvén, whose husband works at Helicopter Maritime Strike Squadron 72.

"Even though [my 9-month old daughter, Ava] can't do a whole bunch, we are enjoying it," she said.

Service members and their families spent the evening floating along the "Lil' St. Johns River" lazy river or getting washed ashore in the "Wave Pool."

For the little ones, the waterpark offers the redesigned "Pirate's Play Village," an interactive water play area with slides, nozzles that squirt and spray water, plus a lot of places to explore.

There is also a "Kiddie Cove" designed for toddlers.



Zendaya Ross, 3, is excited after she takes a shot at putt putt at Adventure Landing.

For the more daring adventurers, the waterpark offers the Hydro Half-pipe - a 35-foot halfpipe, based on a skateboarders trick maker.

They could also swirl along in the "Eye of the Storm," a 40-foot body slide where riders are challenged to see how many revolutions they can make before dropping into eight feet of water, according to the Adventure Landing website.

On the other side of Adventure Landing, family members could enjoy mini-golf, Taser Tag, the Wacky Worm roller coaster, batting cages, the Adventure Speedway go-karts, and arcade area.

Neither the U.S. Navy, nor any other part of the federal government officially endorses any company, sponsor or its products or services.



Military families enjoy the air conditioning and arcade games available Military Appreciation Night at Adventure Landing.



A group of military kids get ready for some water fun during the 12th annual Military Appreciation Night at Adventure Landing, hosted by the USO July 26.



NDCS Richard Stafford of Southeast Regional Maintenance Center Mayport, takes the plunge down Hydro Half Pipe.

Photos by Paige Gnann



Families head down the go-kart track at the Adventure Speedway, one of several activities during the 12th annual Military Appreciation Night at Adventure Landing.



Families enjoy the Wacky Worm roller coaster at Adventure Landing.



Kids and adults enjoy playing in the redesigned Pirates Play Village.



Families brave the waves at Adventure Landing's Wave Pool, a 500,000 gallon pool producing three to four-foot waves.



A young girl heads down the slide at Pirates Play Village during the 12th annual Military Appreciation Night at Adventure Landing, hosted by the USO.



HT2 Gary Greenwood of LCS Indianapolis (LSC-17), and his wife, Cara, get their daughter, Payton, 4, and son, Hunter, 3, ready for safe water fun by first putting on life jackets provided by Adventure Landing.



More than 2,000 service members and their families from Naval Station Mayport, Naval Air Station Jacksonville, Naval Submarine Base Kings Bay, Coast Guard and local recruiting districts and retirees escaped the Florida heat at Adventure Landing and Shipwreck Island Waterpark July 26 during the 12th annual Military Appreciation Night, hosted by USO.



Courtesy photos

Secretary of State for Defence, Right Honourable Gavin Williamson, center, gather in front of a P-8A Poseidon with members of Patrol Squadron 30 at the Royal International Air Tattoo (RIAT) at Royal Air Force Fairford in Gloucestershire, England. RIAT is one of the biggest air shows internationally, attracting aircraft and crews from around the globe.

VP-30 takes P-8A to RIAT Air Show

From VP-30 Public Affairs

Patrol Squadron (VP) 30 personnel recently took a P-8A Poseidon to the Royal International Air Tattoo (RIAT) at Royal Air Force (RAF) Fairford in Gloucestershire, England.

The RIAT, is one of the biggest air shows internationally, attracting aircraft and crews from around the globe.

The event ran from July 13-16 coincided with the centenary year of the Royal Air Force, which was founded in 1918 as the world's first independent Air Force.

Squadron Leaders Mark Faulds and Ian Tuff were presented with their 1,000 hour P-8A badges by the

Right Honourable Gavin Williamson, Member of Parliament, Secretary of State for Defence.

Lt. Torrey Plum was the PPC and Lt. Cmdr. Larry Malone was the detachment commander. Five Royal Air Force personnel from Seedcorn at Naval Air Station (NAS) Jacksonville attended the event including MAcr Keith Treece, Flash Utting and FS Steve Dixon. The maintenance personnel were led by AMCS Chris Simon.

All had a great week, representing the RAF and U.S. Navy. They were staggered by the amount of interest the P-8A Poseidon. The RAF receive their first



The Secretary of State for Defence, Right Honourable Gavin Williamson, center, shares a laugh with the Royal Air Force and United States Navy crew at the Royal International Air Tattoo Air Show at RAF Fairford in Gloucestershire, England.

P-8A at NAS Jacksonville in October training at NAS Jacksonville in January 2019, and the first RAF crews start 2019.

VP-5 hosts ROTC and academy midshipmen

By Lt.j.g. Rhen Nathe
VP-5 Public Affairs

This summer, a select few midshipmen from the Naval Academy and Naval ROTC units were able to join the Patrol Squadron (VP) 5 in the day-to-day activities of an operational squadron. The summer cruise program affords midshipmen entering their senior year the ability to be involved in their interested warfare community. The opportunities are endless, ranging anywhere from intense special forces training, to going underway on a Naval ship, to flying with a squadron. For eleven midshipmen, it meant an spending a month with VP-5 as the "Mad Foxes" underwent air-to-air refueling training and participated in anti-submarine warfare exercises off the coast of Jacksonville.

"We had a lot of fun, but more importantly we expe-



Courtesy photo

Lt. Jack Daly of Patrol Squadron (VP) 5 familiarizes midshipmen with the P-8A Poseidon's flight controls and instruments during a routine training flight. During the summer, 11 midshipmen spent a month with VP-5 as the squadron went through air-to-air refueling training and anti-submarine warfare exercises.

perienced the life of a junior officer in an operational squadron and developed an appreciation for the P-8A and its mission," said MIDN1 Baze, a senior at Florida A&M University. "You don't necessarily think of a 737 as a 'war-fighting machine', but the professionalism and expertise that we saw from the pilots and NFOs

(naval flight officers) of VP-5 made me realize that this is what I want to do.

The midshipmen began their days in squadron spaces conversing with junior officers, more than happy to field a variety of questions from life in the Navy to previous deployment experiences.

Each midshipman was able to join different combat aircrews in dynamic simulators and flight events. With every day, squadron members taught the future naval officers about patrol squadron operations and the exciting life ahead if they are lucky enough to someday join the ranks of the Maritime Patrol and Reconnaissance force.

BEQ

From Page 1

The renovation included exterior painting, selected floor finish replacements, plumbing repairs and major upgrades to the heating, ventilation and air conditioning equipment.

"The first renovation started in 2017," said Rosalind Holmes, front desk supervisor at unaccompanied housing. "It's been ongoing since then. They've redone the air conditioning, carpet, tile and many other upgrades in the barracks."

The continuing project is being managed by John Barnard, civil engineer at Naval Facilities Engineering Command (NAVFAC) Public Works Department (PWD); Roberto Santos, engineering tech at NAVFAC PWD; and Sandra Shelton, contract specialist at NAVFAC.

NAS Jax Sailors began moving into the newly renovated barracks Aug. 1.

Beverly Nix, NAS Jax Unaccompanied Housing manager, is excited for the improvement to the barracks.

"The upgrades to Building 822 will enhance the quality of life of the residents," Nix said.

As with any high-usage housing facility, periodic upgrades were required to improve the living conditions in each individual room as well as improve operating efficiencies of heating ventilation and air conditioning equipment.

"These were mainly upgrades," said Holmes. "We have to maintain the building to preserve its life."

The total project costs for all four phases is approximately \$13.5 million, with the first phase costing approximately \$7.2 million.

The project is broken up into four phases. The remaining four phases will be completed by December 2019.

Nominations open for Human Resources Junior Officer of the Year

From Chief of Naval Personnel

The Chief of Naval Personnel is seeking nominations for the fiscal year 2018 Human Resources Junior Officer of the Year (JOOY) Award.

The annual award was established to recognize Navy Human Resources junior officers, O-4 and below, who have made significant contributions to Navy's manpower and personnel readiness during the past fiscal year.

Any Human Resources junior officer (1200, 1207 and 1205) may be nominated for the award through their commanding officer (CO) or officer in charge (OIC). Nominations must be submitted by Sept. 30 to the Director, Human Resources Center of Excellence (HRCOE).

Nomination packages must include a one-page CO or OIC endorsement cover letter, completed OPNAV 1650/16 (HR JOOY nomination) form, completed OPNAV 1650/3 (Personal Award Recommendation) form and a Navy Commendation Medal citation. Write packages in Times New Roman font, no smaller than 12 point size.

Fill in Block 2 of the Personal Award Recommendation with Chief of Naval Personnel, 701 S. Courthouse Road, Arlington, VA 22204, Block 2a, with 45997 as the UIC.

Send the cover letter and completed forms as a PDF file, and the Navy and Marine Corps Commendation Medal citation as

a Microsoft Word file to Director, HRCOE at hrcoe(at)nps.edu, via the safe access file exchange at <https://safe.amrdec.army.mil/SAFE>.

A panel of senior Human Resource officers will review nominations packages and make a final recommendation for the winner of the award.

OPNAVINST 1650.33A provides further instruction, rules and guidelines for the award.

Award results will be announced by Dec. 15.

For further details, email the Director, Human Resources Center of Excellence at hrcoe(at)nps.edu.

For more information, visit www.navy.mil, www.facebook.com/usnavy, or www.twitter.com/usnavy.

Florida admissions rule supports military attorneys

From the Military Spouse J.D. Network

Effective Sept. 17, 2018, military spouse attorneys on orders to Florida will now be able to apply for temporary admission without examination to the Florida Bar pursuant to the newly enacted Chapter 21 of the Rules Regulating the Florida Bar.

In its Opinion released July 19, 2018, the Florida Supreme Court recognized that the choice frequently faced by military spouse attorneys to give up the practice of law to accompany the service member to Florida or to continue to practice law and remain in the jurisdiction where he/she is licensed is an untenable position. The Court recognized the sacrifice of service also endured by

the families of service members, stating:

"It is our hope that the adoption of these new rules will assuage some of the hardships associated with service in the U.S. Armed Services. At a minimum, our adoption of these new rules gives form to the abiding gratitude we all share for the men and women who voluntarily serve in the U.S. Armed Services and the sacrifices endured by their families."

Military spouse attorneys seeking admission under the new Chapter 21 must meet the eligibility requirements set forth in the rule, pay a fee of \$1,000, and establish satisfactory character and fitness qualifications. The applicant must complete a Basic Skills course within six months of certification and complete Continuing

Legal Education during each year the license is renewed.

Additionally, an admit-tee under Chapter 21 must either be "employed by or in a mentorship relationship with a member of The Florida Bar who is eligible to practice law in Florida."

A mentor network will be established by the Military Affairs Committee of The Florida Bar for the sole purpose of facilitating this requirement. A license issued under this rule is subject to annual renewal and fees equal to those paid by active members of the Florida Bar.

Finally, the duration of a Chapter 21 license will not exceed five years.

Florida is the 31st jurisdiction to adopt a military spouse admission rule.



Courtesy photo

FITNESS INSTRUCTOR COMPETES IN WORLD EVENT

Kristen Robinson, a former fitness specialist at the Naval Air Station Jacksonville Fitness Center, proudly displays the American flag after winning second place in the aquabike competition during the International Triathlon Union Multisport World Championships in Fyn, Denmark in July. Robinson earned the opportunity to participate based on her previous USA Triathlon scores in both triathlons and aquabike. "The experience was truly once in a lifetime and I met some amazing people from all over the world," said Robinson. "It was in the low 80s when we arrived. But that changes drastically. On the race day, it was 52 degrees and 15 mph winds! The water temperature was 64 and there were jellyfish everywhere in the harbor. The bike ride was very difficult with high winds and rolling hills. I did not bike as fast as I wanted but I came in at just over six hours after the two-mile swim and 75-mile bike ride. It was such an honor to represent my country and a privilege to stand on the podium."



Photo by Reggie Jarrett

Naval Air Station (NAS) Jacksonville Commanding Officer Capt. Michael Connor addresses volunteers during the shoreline clean up at Mulberry Cove Marina July 26. Additional volunteers cleaned the shoreline along the NAS Jacksonville airfield.



Photo by Julie M. Lucas

Naval Air Station Jacksonville Safety Specialist Gregg Gillette shares safety tips during a brief before the shoreline clean up kicks off July 26. Gloves, bags and bottles of water were handed out to volunteers.



Photo by AO2 Haley Ballard

EN2 Brian Navarro of Naval Air Station Jacksonville's Boathouse Division, places a bag of trash in the back of the truck during the shoreline clean up.



Photo by Reggie Jarrett

IT2 Ashley Otten of Naval Air Station Jacksonville, holds a bag full of debris that she collected around the Mulberry Cove Marina during the annual shoreline clean up July 26.

Shangri-la reunion set

From Staff

A reunion for ship's company, air groups, families and historians of USS Shangri-la (CV-38, CVA-38, CVS-38) will be held in Jacksonville, Florida, Oct. 3-7 at the Doubletree by Hilton.

For registration and online info: shangair@yahoo.com, or call: John Janse (Florida) 904-379-9443 or Al Miller (Pennsylvania) 610-588-0422.



Photo by Julie M. Lucas

AC3 Chris Ose, of Fleet Area Control and Surveillance Facility Jacksonville, was one of about 200 volunteers to help pick up trash near Mulberry Cove Marina and at the airfield July 26 during the annual Naval Air Station Jacksonville Shoreline Clean Up.



Photo by Reggie Jarrett

HN Emmanuel Santiago Cardona (right) and Kiara Sanchez find a mattress in Mulberry Cove Marina during the annual shoreline clean up July 26. It is speculated that the mattress, which was covered in plastic, was blown off a truck as it was crossing the Buckman Bridge.



Photo by Reggie Jarrett

AO3 Daneisha Graham (left) of Patrol Squadron 62 and MM2 Evan Mayo of Naval Air Station Jacksonville, pull in a mattress to be towed to shore where it can be properly discarded. Approximately 200 people volunteered for the shoreline clean up July 26.

CLEANUP

From Page 1

carefully before you attempt to pick up an item from an unseen area.

NAS Jacksonville Commanding Officer Capt. Michael Connor then spoke to the volunteers at Mulberry Cove and Executive Officer Capt. Brian Weiss spoke to the air operations volunteers at the airfield.

"This event demonstrates that NAS Jax is dedicated to taking care of our base, as well the surrounding area," Connor said.

The most unusual piece of debris collected was a mattress, still in its new plastic cover. The mattress most likely was blown off a truck crossing the Buckman Bridge. Various boat parts were also collected at Mulberry Cove, while the cleanup at the airfield collected mostly wood.

"I truly appreciate all the volunteers who took time out of their day to help keep the river and this installation clean," said Angela Glass, NAS Jacksonville Environmental Department natural resource manager. "Not only does it make for a safer and more beau-

tiful place to live and work but helps the animals that call the river their home"

CPRW-11 CLEANUP

From Page 1

community by keeping the St. Johns River clean.

After receiving a safety brief reminding everyone to be careful and stay hydrated, the Sailors were assigned to comb the rocky shore along the flight line looking for beached debris and trash.

Assisting in the cleanup was AWOC Michael Ducker who remarked, "It was a great turnout with 56 'Griffins' participating. It was a nice opportunity to take pride in our base and leave a good impression on the City of Jacksonville."

Keeping the base and the shoreline clean is everyone's responsibility and Griffins are keen to lead the way in fostering a caring attitude and promoting stewardship of our community and the environment.

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Photos by Jacob Sippel

Lt. Chad Scott (left), of Naval Hospital Jacksonville's patient administration, and Chief Hospital Corpsman Jimmy Escolero review a sailor's evaluation. Scott, a native of Whitinsville, Massachusetts, says "I'm honored to serve in such a diverse community. I have worked alongside Marines, been deployed to Afghanistan and lived in Japan." The Medical Service Corps was established when President Harry Truman signed the Army-Navy Medical Service Corps Act Aug. 4, 1947, in response to the Navy's need for officers who were skilled in health administration as well as health sciences. The Navy's Medical Service Corps celebrates its 71st birthday Aug. 4.

MSC CELEBRATES 71ST BIRTHDAY



Lt. j.g. Jeremy Wilkinson, of Naval Hospital Jacksonville's operations management, reviews a zone inspection with MA1 Dale Maxwell. Wilkinson, a native of Jacksonville, Florida, says "I enjoy working with my staff. These sailors are eager to learn and make a difference at the hospital each and every day."

Lt. Melissa Amescua, a dietitian at Naval Hospital Jacksonville, recommends foods to a patient during an appointment at the hospital. Amescua, a native of Tuscola, Illinois, says "I love being in the Medical Service Corps. I take pride in helping patients reach their health goals." Medical Service Corps officers possess diverse experiences, serving on ships at sea; on deployments and humanitarian missions; and at joint medical research commands, Navy hospitals, and clinics around the world. The Navy's Medical Service Corps celebrates its 71st birthday Aug. 4.



OHSU Jacksonville commanding officer receives nursing award

By Yan Kennon
Public Affairs Senior Writer, Naval Hospital Jacksonville

The Navy Nurse Corps Association presented the Adm. Alene B. Duerk Award to Operational Health Support Unit (OHSU) Jacksonville Commanding Officer Capt. Karen Young during an awards ceremony June 20 at Pensacola State College.

The award was established to provide recognition to active duty and reserve Nurse Corps officers who have made a significant contribution to the Navy, to nursing, or to the Navy Nurse Corps

Association. The award's namesake was the first woman ever to be promoted to the rank of admiral in 1972. The award was first presented in 1992. Duerk, who retired from Naval service in 1975, recently passed away at the age of 98.

Young, a native of Pace, Florida, assumed command of OHSU Jacksonville on Dec. 1, 2017 after a tour as director for command services at OHSU Portsmouth. She holds a master's degree in nursing education and adult health, and began her Navy Reserve career as a direct commission officer in 1994.

OHSU is comprised of 18 detachments, operating within 13 Navy Operational Reserve Centers in Florida, Georgia, South Carolina and Puerto Rico. It is responsible for the training and

management of Bureau of Medicine and Surgery medical resources and medical/dental support to the Southeast region. The unit is also responsible for maintaining mobilization readiness to prepare the associated reserve population for short- and long-term support to active forces and national defense requirements.



Capt. Karen Young

Give yourself the gift of health: Get health screenings

By Lt. Cmdr. Karen Downer
Population health nurse,
Naval Hospital Jacksonville

Preventive services and immunizations are your best defense against serious illness and preventable disease. Your care team at Naval Hospital (NH) Jacksonville (our hospital and branch health clinics) stands ready to provide those services.

Each year, potentially preventable chronic diseases — such as heart disease, cancer, and diabetes — are responsible for millions of premature deaths among Americans.

Men and Women

Colorectal cancer: Colorectal cancer is the second leading cause of cancer-related deaths in the U.S., among cancers affecting both men and women. If you're age 50 or over, get screened now for colorectal cancer. Screening can find growths so they can be removed before turning into cancer. Screening can also find cancer at an early stage, when treatment often leads to a cure. If you have risk factors, you might need to be tested earlier or more often. Talk to your primary care manager.

Diabetes: If you have diabetes, see your health care team every three to six months for an A1C test. This checks your long-term control of blood sugar. Make an appointment with your PCM today. You can discuss strategies to manage diabetes at home, work, school, and while traveling. You can also talk with a diabetes nurse or our nutrition clinic, and ask about our Diabetes Wellness Team.

Men

Talk to your PCM about testicular and prostate cancer screenings, or other tests you might need.



Photo by Jacob Sippel

Lt. Jessica Miller, a nurse at Naval Hospital Jacksonville's Obstetrics/Gynecology Clinic, discusses cervical cancer screenings with a patient. Starting at age 21, women should get a Pap test every three years. After turning 30, women have a choice. Get a Pap test every three years, or get a Pap and human papillomavirus (HPV) test every five years. Women should talk with their doctor about their options.

Women

Cervical cancer: Prevent cervical cancer — with the right test at the right time. Starting at age 21, get a Pap test every three years. After turning 30, you have a choice. Get a Pap test every three years, or get a Pap and human papillomavirus (HPV) test every five years. Talk with your PCM about options.

Chlamydia: Most people who have chlamydia don't know it, since there's often no symptoms. It's the most common sexually transmitted infection in the U.S. Women under age 25 (and older women with risk factors) need chla-

mydia testing every year. Call or email your PCM to schedule a urine sample in our lab.

Breast cancer: Mammograms are the best way to find breast cancer early, when it's easier to treat and before it's big enough to feel. Starting at age 40, talk with your PCM about when to start and how often to get a mammogram. You have the choice to get an annual mammogram at age 40 and up. Call Radiology today (904-542-7782). It's easy to schedule, with no need to see your PCM.

Children

Well-child check-up: Bring your child in for a check-up in the first month of life, and at 2, 4, 6, 9, 12, 15, and 18 months of age; and at ages 2, 2½, 3, 4, and 5 years. Check-ups track growth and development, prevent illness with immunizations, and answer your questions. Talk to your PCM about check-ups during the school-age years.

Your Medical Home Port team (at the hospital or branch health clinic) is here to meet your preventive, routine, and urgent health needs.

Make an appointment with your PCM by phone (904-542-4677 at our hospital, or 904-546-7094 at BHC Jacksonville for active duty), or at the TRICARE Online Patient Portal at www.TRICAREonline.com.

For immunizations, stop by or call 904-542-7810 (hospital) or 904-546-7050 (BHC Jacksonville).

To take a free class on tobacco cessation, nutrition, or healthy weight, contact our hospital's Wellness Center at 904-542-5292 (active duty, retirees and families).

For 24/7 clinical advice, call the Nurse Advice Line at 800-TRICARE (800-874-2273) or chat at www.mhsNurseAdvice-Line.com.

To securely email your care team (for non-urgent issues), sign up for free at www.TOLSecureMessaging.com.

Some follow-up services are available virtually. Navy Care enables you to have a virtual visit with your clinician on your smartphone, tablet, or computer. Visit <https://Navy.Care>. To view your care team's PCMs, visit our website at www.med.navy.mil/sites/navalhospitaljax, click on Medical Home Port, and click on each team. (Or download the "NHJax" app).

Improved pharmacy pick-up process to launch at Naval Hospital Jacksonville

By Yan Kennon
Public Affairs Senior Writer,
Naval Hospital Jacksonville

Naval Hospital Jacksonville is launching an enhanced process for patients to pick up medications at its hospital pharmacy and satellite pharmacy, starting in early August.

The pharmacy check-in kiosk will enable patients to view the average wait time, and sign up to receive text messages with updates on the status of their prescription.

When a patient arrives at the pharmacy kiosk, they select a "drop-off prescription" ticket. Patients can choose to wait for the prescription, or they can advise the pharmacy technician that they'd like to use either a two-hour or next-day pick-up option.

When patients return for the two-hour pick-up option, they need to re-scan their original ticket at the kiosk. When patients return for the next-day pick-up option, they should



Photo by Jacob Sippel

HM2 Jamie Hopkins provides medication to Terry Thornhill at Naval Hospital Jacksonville's pharmacy. The hospital is launching an enhanced process for patients to pick up medications at its hospital pharmacy and satellite pharmacy, starting in early August. The pharmacy check-in kiosk will enable patients to view the average wait time, and sign up to receive text messages with updates on the status of their prescription.

select a "return for pick-up" ticket at the kiosk.

As part of the new check-in process, patients will scan their DoD ID card at the pharmacy

kiosk. Patients can re-scan their card later, to see where their ticket is in the process.

The enhanced system is scheduled to roll-out at the hos-

pital pharmacy on Aug. 8 and at the satellite pharmacy (near the NEX) on Aug. 9 or 10. During the first few days of implementation, pharmacy staff will be on-hand at the kiosk to assist patients.

There are many factors that contribute to when a prescription is called as ready (including the number and complexity of medications involved). Patient safety is the first priority of pharmacy staff.

The new system is part of an initiative to enhance the patient experience at military pharmacies. The goal is to provide a more consistent and transparent experience to patients.

To help improve the patient experience, please submit an ICE survey. Visit Naval Hospital Jacksonville's website and click on the "ICE" icon. Patients who opt-in to text messages at the pharmacy kiosk will receive an ICE link via text message.

To refill prescriptions, call 800-628-7427 or visit www.TRICAREonline.com.

To skip the trip, use TRICARE Pharmacy Home Delivery. It provides 90-day supplies of generics at one-fifth the cost of TRICARE retail pharmacies, and brand names at 1/3 the cost of TRICARE retail pharmacies. Talk to your doctor, or call 877-363-1303, or visit www.TRICARE.mil/HomeDelivery or www.Express-Scripts.com/TRICARE.

Children age 10 and up must have their own DoD ID card to use pharmacy services. Children age nine and below may be escorted by a custodial parent or guardian who is eligible for TRICARE.

Never throw medications down the drain or toilet (where they impact the water supply). The pharmacy offers on-site collection receptacles for unused medications. Or, patients can use their household garbage (and either crush the pills, or mix the pills with other garbage such as coffee grounds).

SAILORS OF THE QUARTER/ RIGHT HAND MAN

NAS Jax
SSOQ – RP1 Kuhn
SOQ – CS2 Nadine
JSOQ – ABE3 Forkiner
Right Hands
AOAN Berkshire
AMAN Jacques
AM3 Huie
IT2 Williams
CS1 Mathis
CS1 Amoabeng

Transient Personnel Unit/Pre-Trial Confinement Facility
SSOY - AD1 Jenkins
SOY - BM2 Bates

Right Hands
MA1 Gilyard
NC1 Demotta
AD1 Rariden

Fleet Readiness Center Southeast
Right Hands
YN2 Mathis
AE1 Allen
LS1 Osorio
AZ1 Epps
LS1 Bullock
AD1 Lee

PR1 Anderson
AD1 Mejia
AD1 Paquet
YN1 Hammonds
AZ1 Ngahu
AT1 Grassia
AO1 Wright
AO2 Dusek
AE1 Drach
AT1 Zephir
AT1 Tekac
AM1 Klug
AD1 Vargas
AM1 Hensley
AD1 Barros
AWF1 Schoults
AOAN McFarlane
AD1 Cross

VP-5
SSOQ - YN1 Davis
JSOQ - LS3 Oglesby
SOQ - AWO2 Castro
MFOQ - AO3 C. Martinez

VP-8
SSOQ - AWO1 Hamby
SOQ - AWO2 Trimble
JSOQ - AM3 Gilson
BJOQ - ITSA Davis

VP-16
SSOQ - YN1 Powell
JSOQ - IT3 Johnson
BJOQ - AE2 Mayoral

VP-26
SSOQ - AD1 Wilmoth
SOQ - AWO2 Lister
JSOQ - PR3 Jacobs
BJOQ - AM3 Fresnido

HSM-60
FTS SOQ - AWR1 Satriano
JSOQ - AWR2 Alcalá
SELRES JSOQ - AWR2 Gullo

HSM-74
SSOQ - AM1 Nichols
JOQ - LS2 Siter
BJOQ - AE3 King
ACOQ - AWR2 Guyton
CSOQ - AZ3 Shuper
PCOQ - AN Koenig

Naval Computer and Telecommunications Area Master Station Atlantic Detachment Jacksonville
SSOQ - ET1 Rundhaug
JSOQ - IT2 Session
BJOQ - ET3 Ruetty

VUP-19
SOQ - AZ1 Kaighn
JSOQ - YN2 Lassiter
BJOQ - LSSN Smith

VP-30
SSOQ - AWO1 Mora
JSOQ - AM3 Cooper
SOQ - AWW2 Bilko

BJOQ - AMEAN Gustafson
VP-62
SOQ - AME1 Johnson
JSOQ - AWO2 Wells
BJOQ - AZAN Calistro

Naval Hospital Jacksonville
BJOQ - HM3 Davis
JSOQ - HM2 Felker
SOQ - HM1 Buford

VR-58
SOQ - AME1 Fowler
JSOQ - AWF2 Eck
BLOQ - AWF3 Bairefoot

Navy Region Southeast Regional Component Command
SOQ - LS1 Burke
JSOQ - YN2 Hale

Maritime Patrol and Reconnaissance Weapons School
SOQ - AWO1 Savie
JSOQ - AWW2 Fuska

Fleet Area Control and Surveillance Facility
SOQ - AC1 Hill
JSOQ - OS2 Khan
BJOQ - AC3 Turcotte



Photos by Julie M. Lucas

Naval Air Station Jacksonville's Command Master Chief Jeffery Waters greets the family of the NAS Jax Senior Sailor of the Quarter, RP1 Brooks Kuhn, before a meal at the Chief Petty Officer Mess July 23. Sailors of the Quarter and right-hand Sailors were invited to participate in the lunch.

Sailors of Quarter recognized

By Julie M. Lucas
NAS Jacksonville Public Affairs Office

Sailors of the third quarter for fiscal year 2018 from Naval Air Station Jacksonville (NAS Jax) and tenant commands were recognized during a special "Right-Hand Man" event July 23-24 at Dewey's.

"Due to scheduling conflicts we had to change our location, but I still wanted everyone to stop and recognize these Sailors and their contributions," said NAS Jax Command Master Chief (AW/SW) Jeffery Waters. "This event was split into two days and renamed 'Right-Hand Man' because they are a direct reflection of the success of their command."

The luncheon was held in the Chief Petty Officer (CPO) Mess, which also sponsored the event. Different commands attended during the two-day event. Waters and command CPOs thanked the Sailors as they were treated to lunch.

"With you, our planes wouldn't fly and our ships wouldn't sail - you are the future of the Navy," said Waters.

VyStar Credit Union continued its tradition by giving out \$25 Visa gift cards to all the Sailors of the Quarter. A 10 percent off discount was also presented courtesy of the NAS Jax Navy Exchange.



Right-hand Sailors from Naval Air Station Jacksonville's Recycling Center, along with other Sailors of the Quarter from tenant commands, enjoy a meal at the Chief Petty Officer's Club July 23. Fourteen different commands with 169 people enjoyed lunch over the two-day event.

A drawing for four tickets to Adventure Landing took place at the end of all the meals and the winner was AZ1 Justin Kaighn of Unmanned Patrol Squadron 19.

"While I am fairly new to my job, one petty officer in particular has gone above and beyond at our command. I'm so thankful I got a chance to recognize YN3 Jose Nieto for all of his hard work," said CMDCM Jeremy Bridges of Fleet Readiness Center Southeast.

SAPR in the Spotlight

From SAPR

MU3 Zachary Buckwash is being recognized for his commitment to the Sexual Assault Prevention and Response (SAPR) program. Upon signing up to become a victim advocate, Buckwash knew his schedule would keep him out of the area given his travel schedule with Navy Band Southeast (NBSE).

In addition to taking music on the road, Buckwash has taken the initiative in ensuring that sexual assault resources and information is available in the locations that NBSE travels to. He is engaged with the program when they are local and is sincere about assisting victims of sexual assault.

Buckwash has been a SAPR victim's advocate (VA) for almost a year but his impact has been tremendous.

"I became a SAPR VA to support survivors of sexual assault," he said.

"A very close friend of mine was sexually assaulted back in a time when there

weren't the victim support services that we have today. This person had to cope with their assault by themselves."



MU3 Zachary Buckwash

"When I found out about this, I promised myself I would do my best to ensure that a survivor of sexual assault would not have to walk alone. The SAPR program means a lot to me. It's a way for myself and other SAPR VAs to help and guide survivors of sexual assault to recovery. It's an essential program that not only allows us to help survivors but also curve sexual assault in our military by educating individual Sailors and commands."

If you have been affected by a sexual assault, please contact the DOD SAFE Helpline at 1-877-995-5247 or the 24/7 SAPR VA at (904) 910-9075. You may also contact the sexual assault response coordinator at (904) 548-7789.

If you have interest in becoming a SAPR VA, please contact the Fleet and Family Support Center at (904) 542-5745 or email jax_nas_ffsc_connect@navy.mil.

Sailor in the Spotlight

By AO2 Haley Ballard
NAS Jax Public Affairs

This week's Naval Air Station Jacksonville (NAS Jax) Sailor in the Spotlight is RP1 Brooks Kuhn. Kuhn was named Senior Sailor of the Third Quarter for fiscal year 2018. He currently works at the base chapel as a religious programs specialist.

A native from Evington, Virginia, Kuhn joined the Navy six years ago because he said it is a family tradition.

"My grandfather, uncle and two cous-

ins have all served in the Navy," Kuhn said.

Kuhn said he picked his rate because wanted to care for Sailors.



RP1 Brooks Kuhn

He says his proudest accomplishments are earning the enlisted surface warfare specialist and enlisted aviation warfare specialist qualifications.

Outside of the Navy, Kuhn volunteers at the Sulzbacher Center and teaches Financial Peace University, a training course that empowers Sailors to take responsibility to reduce debt and build wealth. He also enjoys playing and coaching soccer.

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Motorcyclists are hitting the road

By Michael J. Morris
Naval Safety Center Public Affairs

The American Motorcyclist Association (AMA), National Highway Traffic Safety Administration (NHTSA), Motorcycle Safety Foundation (MSF), and the Naval Safety Center are encouraging all motorists to share the road and watch for motorcyclists.

Motorcycles are some of the smallest vehicles on our roads and are frequently hidden in a vehicle's blind spot or blending with traffic.

Drivers can successfully interact with motorcyclists by being alert and taking extra time to look twice for motorcyclists. The majority of multi-vehicle motorcycle crashes are generally caused when other drivers don't see the motorcyclist.

Service members should also be aware of the risks associated with riding a motorcycle. Always make yourself as visible as possible, stay out of blind spots, use DOT-compliant motorcycle helmets, and stay

vigilant.

According to NHTSA data, in 2016 there were 5,286 motorcyclists killed in motor vehicle crashes in the United States, 12 of whom were our Navy shipmates.

While the national numbers have not been released for 2017, the Navy recorded that 21 Sailors died in motorcycle crashes during fiscal year 2017.

Tips for safer roads

- Drivers should allow a following distance of 3-4 seconds behind a motorcycle to allow enough reaction time on the road.
- All motorists should always use turn signals for every turn or lane change.
- Drivers should also show extra caution at intersections. Crashes often occur when a driver fails to see a motorcyclist approaching an intersection, turning left in front of the motorcycle's path.
- Drivers should never try to share a lane with a motorcycle. Always give a motorcycle the full lane's width.
- Motorcyclists should practice operational risk manage-

ment and never split or share a lane with a motor vehicle.

- Motorcyclists should avoid riding in poor weather, but sometimes it occurs unexpectedly. All motorists should take extra care and be more observant during periods of inclement weather.
 - Use your vehicle's rear-view and side-view mirrors properly to help eliminate blind spots where small vehicles like motorcycles can be missed. Motorcyclists should position their motorcycles to avoid being in a driver's blind spot.
 - Motorcyclists can improve visibility by applying reflective materials on their motorcycles and by keeping headlights on at all times to improve the chances of being seen by other drivers.
- The Naval Safety Center encourages drivers to be aware of their surroundings and watch for motorcyclists, not only during the spring and summer months, but throughout the year.
- Motorcyclists should obey the rules of the road and always practice good safety measures to ensure they are more visible

Motorcycle Safety



Boots	Pants	Jackets	Gloves
Wear strong boots to support you and your bike on uneven, unpredictable surfaces. Consider boots with oil-resistant, non-slip soles and good ankle support.	Pants can be leather or textile and should be equipped with CE-rated armor in the hips, shins and knees. They should fit snugly and allow full leg articulation.	A jacket covers arms, back, ribs and organs. Choose a jacket for both safety and comfort, made to withstand windblasts and crashes.	Gloves should fully cover fingers, palms, backs of hands and wrists.
Riding boots should contain a metal plate in heels with strong heel & toe boxes, as well as armor over the ankle and shins to reduce impact.	Armor	Body armor protects against impact, absorbing energy that would otherwise be transferred to joints, limbs or torso.	Wear abrasion-resistant material with strong, never sliding to resist abrasion and bursting, along with armor for the knuckles and base of palms.
		Wear a full-face helmet to keep wind out of eyes and protect against debris. Helmets are designed to dissipate energy that would transfer to the head.	Suits
			A full, head-to-toe motorcycle suit is designed for comfort and protection from both crashes and the elements.

Take time to consider your safety. Choose gear to keep you dry when it's wet, cool when it's hot, warm when it's cold and alive in a crash.

ALL HANDS

MAGAZINE OF THE U.S. NAVY

to other motorists. Reducing crashes is a shared responsibility for drivers and motorcyclists alike.

Safe riding and cooperation

from all motorists can help reduce the number of incidents.

Remember to stay alert, use common sense, and always be courteous on the road.

Indoor Volleyball League forming

The league is open to active duty, selective reservists, DOD civilians, DOD contractors, dependent spouses assigned to a command at NAS Jacksonville and retirees. The games are played Tuesdays and Thursdays at lunchtime. Call 542-2930 to sign up your league.

Intramural Fall Softball League meeting

– Aug. 15
The league is open to active duty, selective reservists, DOD civilians, DOD contractors, dependent spouses assigned to a command at NAS Jacksonville and retirees. The meeting will be held at the base gym, Bldg. 614 in the second floor classroom outside the women's locker room at 11:30 a.m. The games are played in the evenings on Tuesdays and Thursdays.

Women's Softball Fall League meeting

– Aug. 15
The league is open to active duty, selective reservists, DOD civilians, DOD contractors, dependents (18 and older) at NAS Jacksonville and retirees. The meeting will be held at the base gym, Bldg. 614 in the second floor classroom outside the women's locker room at Noon. The games are played in the evenings on Tuesdays and Thursdays.

7-on-7 Flag Football League meeting

– Aug. 22
The league is open to active duty, selective reservists, DOD civilians, DOD contractors, dependent spouses assigned to a command at NAS Jacksonville and retirees. The games are played Mondays and Wednesdays in the evenings. The meeting will be held at the base gym, Bldg. 614 in the second floor classroom outside the women's locker room at 11:30 a.m.

Ultimate Frisbee League meeting – Aug. 29

The league is open to active duty, selective reservists, DOD civilians, DOD contractors, dependent spouses assigned to a command at NAS Jacksonville and retirees. The games are played Tuesdays and Thursdays in the evenings. The meeting will be held at the base gym, Bldg. 614 in the

NAS JAX SPORTS

second floor classroom outside the women's locker room at 11:30 a.m. Commands having their athletic officer or designated representative attending these meetings will receive five captain's cup points. All interested personnel should attend to discuss rules and to get the required paperwork to join the leagues.

For more information, call Bill Bonser at 542-2930/3239 or e-mail bill.bonser@navy.mil.

STANDINGS

AS OF JULY 27

Badminton Singles

Player	Wins	Losses
GARSKE	4	0
VAZQUEZ	4	0
GRIMES	3	1
KNIGHT	2	1
NEUDIGATE	2	1
TENCHAVEZ	2	1
BONSER	2	2
CANAS	2	2
YUNOS	2	2
BROWN	1	2
FOSTER	1	3
GOSWAMI	1	3
HARTONG	1	3
GILES	0	4

Intramural Summer Basketball

Team	Wins	Losses
NAVHOSP	9	0
VP-62/NAVSUP FLCJ	6	2
VR-58/VR-62	7	3

AIR OPS	5	3
NMC/NAVY RESERVE	5	3
VP-16	5	4
TPU/PCF	3	4
VP-8 Toon Squad	3	5
FRCSE Gold	3	6
VP-30	1	7
VUP-19 Big Red	1	8

Summer Golf

Teams	Wins	Losses
GEMD	5	1
HSM-70 Team 1	5	1
NMCLant Chicken Nuggets	4	2
CNATTU	3	3
NCTL	3	3
VP-62 Tweet Tweet	3	3
HSM-70 Team 2	2	4
FACSFAC	2	4
VP-8	1	5
TPU/PCF	0	6

Greybeard Summer Basketball Final

Teams	Wins	Losses
VR-62/RCC	4	1
NAVHOSP Monstars	3	2
FRCSE The Old Guys	4	2
FLCJ/VP-62	3	3
NAVFAC Gold	3	3
NAVFAC Red	1	3
TPU/PCF	1	5

Wallyball

Team	Wins	Losses
TPU/PCF El Guapo	2	0
TPU/PCF Ugly but effective	2	0
NAVFAC Gold	1	1
NAVFAC NAVFACERS	1	1
NAVFAC Red	0	2
TPU/PCF Misfits	0	2

COMMUNITY CALENDAR

• **The Ocean Beaches American Legion Auxiliary Unit 129** is hosting a Patriotic Christmas event July 13 at 5:30 p.m. which includes a traditional Christmas dinner and silent auction. Address is 1151 4th Street South, Jacksonville Beach. For more information, call 955-6648.

• **National Association for Retired Federal Employees, Orange Park Chapter**, meets at the Orange Park library on the third Tuesday of each month (excluding summer months) at 1:30 p.m. Featured are guest speakers from local, state and federal agencies. For more information, call Linda Fleming at 838-7617.

• **Disabled American Veterans (DAV) Chapter 38 Service Officers** available Monday, Tuesday, and Thursday, 9 a.m. – 3 p.m., and Wednesday, 5:30 – 7:30 p.m. at 470 Madeira Dr., Orange Park. Call 269-2945 or email: davchapter38@comcast.net. www.davchapter38.com

• **HandsOn Jacksonville** seeks active duty military and veterans to lead volunteer efforts that address pressing community issues. Training is ongoing. Contact Tanja Goulet at 904-332-6767 or tanja@handsonjacksonville.org

• **COMPASS Spouse-to-Spouse Military Mentoring Program.** Helping others help themselves. Visit www.gocompass.org for more info.

• **Navy Wives Clubs of America No. 86** meets the first Wednesday at 7 p.m. next to the Thrift Store at the NAS Jax Yorktown gate. Contact Chris McCloskey (904) 347-1447 or Amy Johnson (904) 303-9437.

• **Fleet Reserve Association Branch 290** monthly meeting is the first Thursday at 8 p.m., 390 Mayport Rd., Atlantic Beach. Call 246-6855.

• **National Active and Retired Federal Employees, Clay County Chapter 1414**, meets at 1:30 p.m. the third Tuesday of each month at the Orange Park Library. Contact Marilyn Hollowood at (904) 264-3486 for more information.

• **National Active and Retired Federal Employees, Westside Jacksonville Chapter 1984** meets at 1 p.m. on the fourth Thursday of each month at the Murray Hill United Methodist Church at 4101 College Street. Contact Richard Carroll at (904) 786-7083.

• **Fleet Reserve Association First Coast Branch 91.** General Assembly meets monthly on the second Tuesday at 7 p.m., 5391 Collins Road, Jax 32244. www.FRA91.org or call 269-7436.

• **Association of Aviation Ordnancemen** meets the third Thursday of the month at 7 p.m. at the Fleet Reserve Center, 5391 Collins Road. For information, visit www.

aa09.com.

• **Orange Park Veterans of Foreign Wars (VFW) Post 5968** and its Auxiliary located at 187 Aurora Boulevard. meets on the second Wednesday of the month at 7:30 p.m. VFW is a non-profit veterans service organization composed of combat veterans and eligible service members from the active, Guard or Reserve forces. Go to www.vfwpost5968.org. or call (904) 276-5968. Offers breakfast every Sunday 7am - 11am

• **Retired Activities Office (RAO) at NAS Jax Fleet and Family Support Center (FFSC)** needs volunteers to assist military retirees and dependents. Work four hours a day, one day per week. Call 542-5790 from 10 a.m. to 2 p.m. weekdays to volunteer.

• **Ribbons & Roses**, a breast cancer support group at Naval Hospital Jacksonville, meets on the second Tuesday of the month at 7 p.m. Call 542-7857 for more info.

• **Clay County Veterans Services Office** is open Monday through Friday from 8 a.m. to 4:30 p.m., on the 2nd floor of the Clay County Administration Building at 477 Houston Street, Green Cove Springs. For an appointment, call 904-269-6326.

• **Military Caregivers Peer-to-Peer Forum.** Share practical information based on your personal experiences. Meet every last Thursday of the month from 2-4 p.m. at Fleet and Family Support Center. Call 542-5745.

• **National Naval Officers Association (NNOA)** meets the fourth Thursday of each month at 5 p.m. at Jacksonville Urban League 903 Union Street West Jacksonville. For information, contact Paul Nix at 542-2518 or paul.nix@navy.mil.

Meet WWE® Superstar Alexa Bliss™

August 6th | 11AM - 1PM ET
Naval Air Station Jacksonville
Navy Exchange Main Entrance



Only open to active/retired military and authorized patrons of Naval Air Station Jacksonville.



IMPORTANT NOTICE!

The Retiree Vision and Dental Benefit

TAKE COMMAND

The current TRICARE Retiree Dental Program will end
DEC. 31, 2018.

During the 2018 Open Season, you can enroll in the Office of Personnel Management's (OPM) Federal Dental and Vision Insurance Program (FEDVIP) for dental benefits in 2019. Also, for the first time, most military retirees and their family members who are enrolled in a TRICARE health plan will have the option to enroll in vision benefits through FEDVIP.



Dental care improves oral health.

Given increasing connections between oral and overall health, dental coverage is critical.



Most adults need vision correction.

Approximately 66% of Americans age 18 and over report using glasses, contacts or both.

2019 FEDVIP Dental Plans:

Aetna Dental	GEHA
Delta Dental	Humana
Dominion Dental	MetLife
EmblemHealth	Triple-S Salud
FEP BlueDental	United Concordia Dental

2019 FEDVIP Vision Plans:

Aetna Vision
FEP BlueVision
UnitedHealthcare Vision
Vision Service Plan (VSP)

Note: Plan details and rates for the 2019 plan year will be available in fall 2018.

Important Dates

You don't need to take action now. But, to prevent a gap in dental coverage when your TRDP plan ends, you must select and enroll in a FEDVIP dental plan during the next Federal Benefits Open Season.



Fall 2018
2019 FEDVIP plan rates are available



Nov. 12–Dec 10, 2018
Federal Benefits Open Season for FEDVIP



Jan. 1, 2019
2019 FEDVIP plan year begins

For more information, visit TRICARE.benefeds.com.

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St. Jude patient Izarah with her dad Isaac, Chief Warrant Officer 3 in the US Army
A CFC Participant. Provided as a public service.



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 For specific questions,
 email MWR Marketing at
 nasjaxmwr@navy.mil

Community Recreation

Call 542-3227
 Whitewater Rafting Trip
 Aug. 10-12
 Take a trip with Community Recreation and the Liberty Center to Chattanooga, Tennessee. The cost is \$199 through Community Recreation and \$130 through the Liberty Center (E1-E6 Single Service Members Only). The cost includes transportation, lodging for two nights at double occupancy and a half day whitewater rafting excursion on the Ococee River.

Paint Night
 Aug. 21, 7-9 p.m. at Dewey's
 Open to ages 18 and older. The cost is \$25 per person, covering all supplies and one soda, beer or wine per person. Spots limited! Purchase tickets online or from Community Recreation in Bldg. 622 today. Food & beverages available for purchase. No outside food or beverage.
 80s Murder Mystery Dinner
 Aug. 25, 6-9 p.m. at Dewey's
 Grab your most righteous '80s concert gear & solve a crime with your friends. Tickets are \$15 per person & include a buffet dinner. A cash bar will be available. Purchase tickets online, from Community Recreation in Bldg. 622, or the Tickets & Travel Office. The free option available does not include dinner.

River Cove Catering & Conference Center

Call 542-3041
 Did you know you can book weddings, luncheons, retirements, birthday parties, conferences and more at the River Cove Catering & Conference Center?

Dewey's

Call 542-3521
 Friday Family Night
 Third Friday of each month, 5-8 p.m.
 Bring your family out to Dewey's! Featuring the Balloon Man Justin, karaoke with DJ Tom and much more!
 Bingo at Dewey's
 Great cash payouts, even better jackpots! Lunch and evening sessions available. Call (904) 542-8449 for current promotions and times.
 Free Texas Hold'em Tournaments every Monday and Thursday at 7 p.m.

Friday Karaoke starts at 6 p.m.
Freedom Lanes Bowling Center

Call 542-3493
 80 Days of Summer
 Win prizes all summer long when you visit NAS Freedom Lanes now through Sept. 2. The more games you bowl, the more chances you have to win! Youth 17 & under bowl free game each day until 5 p.m.
 Monday: \$7 All you can bowl, 4-6 p.m.
 Wednesday: \$8.95 All you can bowl, 4-10 p.m.
 Thursday: Free bowling for active duty 11 a.m. - 1 p.m.
 Saturday: \$10 Extreme Bowling, 4-6 p.m. \$13 Party Extreme, 9 p.m. - midnight. Shoes included.
 Winter Bowling Leagues: Now forming!
 Please note, the specials do not include shoes unless stated otherwise

Fitness, Sports & Aquatics

Call 542-2930
 Yoga & Vino
 Aug. 9, 4:30 p.m. at the Marina Pavilion
 Enjoy an hour of Vinyasa Yoga flow with a taste of the vine following. The cost is \$5 per person. Bring your own mat. If you do not have a mat, one will be provided for you. Register online through myFFR. Call (904) 542-3518 for more info.
 Summer Splash Pool Party
 Aug. 11, 10 a.m. - 6 p.m. at the Outdoor Pool
 Bring your toys & inflatables and enjoy music, contests, races & prizes. Free hot dogs, soda, chips, popsicles & ice cream floats!
 Swim lessons now available! Call the Base Gym for more information.
 Indoor Pool and Outdoor Pool
 Visit www.navymwrjacksonville.com for the current hours of operation. Group and private tennis lessons are now available. Call the base gym for pricing information.
 Patrons can select from a variety of massage types, including Swiss, Deep Tissue/Sport, as well as other spa services, such as facial & body treatments. For a complete list of services, visit the base gym or fitness center.

The Liberty Recreation Center

Trips & events are for all E1-E6 single or unaccompanied active duty members & reservists only. Call 542-1335 for information.

Aug. 2: Grill n' Chill - Free Food
 Aug. 4: Corteo Cirque de Soleil - \$10
 Aug. 6: WWE Monday Night RAW - \$10
 Aug. 9: Jags vs. Saints - Free
 Aug. 10-12: Whitewater Rafting, TN - \$130 - Sign up today!
 Aug. 15: Range and Wings - Free
 Aug. 17: MOSH - \$5
 Aug. 19: Jax Humane Society Volunteer Trip
 Aug. 24: Autobahn Indoor Speedway - \$15
 Aug. 25: Jags vs. Falcons - Free
 Aug. 26: St. John's Town Center Shopping Trip - Free
 Aug. 29: USO No Dough Dinner - Free

NAS Jax Golf Club

Golf Course: 542-3249
 Mulligan's Restaurant: 542-2936
 75th Anniversary Golf Tournament
 Aug. 17, 10 a.m.
 Celebrate the 75th year of the NAS Jax Golf Course. There will be a 10 a.m. shotgun start with a 3-person scramble format. Trophies awarded to the first place team. The cost is \$75 per person and includes a souvenir tee gift, lunch following play and a complimentary round of golf. Visit the Pro Shop to register by Aug. 13.
 Early Birdies Special
 The Golf Course & Mulligan's will open at 6:15 a.m. Beat the summer heat and sign-up for a tee time as early as 6:30 a.m. Appreciation Days
 Aug. 12 & 26 for all Military members & DoD employees. Play 18-holes with cart for \$20.
 Swing It & Wing It Special:
 Play 18 holes with a cart and enjoy 10 wings and two draft beverages for only \$30 after 1 p.m. daily.
 Daily Twilight Special: Play 18-holes with cart for only \$20 after 3 p.m. Monday - Friday.
 Monday & Tuesday: Play 18-holes for \$20. Cart & green fees included. Not applicable on holidays.

Mulberry Cove Marina

Call 542-3260
 Supervised Sailing Lessons
 A group refresher course for customers who have either recently passed the Skipper B class, or those who have not sailed in a long time. Four-hour sessions available Saturday morning, Sunday and Thursday afternoons. \$35/session by appointment only.
 Private Sailing Lessons
 One-on-one instruction available at \$20/hour & \$13/hour sailboat rental by appointment only. Minimum two-hour session.
 Sail Classes
 Classes will take two full weekends. Open to military, dependents & DoD civilians. \$150 per student includes on-the-water training, use of Marina sailboats & safety gear, instructional books, log books & certification cards. Class size is limited, so sign up now!
 Free Kayak & Canoe Rental
 Every Thursday for active duty and their guests only

Auto Skills Center

Call 542-3681
 The center has 22 work bays, wheel balancing, tool checkout, paint booth and welding
 ASE certified mechanic onsite.

Youth Activities Center

Call 778-9772
 Before & After School Care
 Open to children 5-12 years
 Register today!
 Back to School Luau
 Aug. 4, 10 a.m. - 2 p.m. at Allegheny Field & the Outdoor Pool
 Say aloha to summer! Free activities for toddlers through school aged children include: Photo Booth, Water Slide, Mini Golf, Games & Prizes, Pool Activities, Smoothies Samples, and so much more!
 For more information, please call Community Recreation at (904) 542-3227.

Family Fitness Center

Call 771-8469
 The Family Fitness Center is open Monday - Friday, 9 a.m. - 1 p.m. Bring your children! Children 5 and older are welcome to workout with you. Group classes are available from 10-11 a.m.

Jax Navy Flying Club

Call 542-8509
 Learn to fly at NAS Jax
 Call for introduction flight
 Additional ratings are available including instrument, complex and commercial
 Find more info online at jaxnfc.net

Community Recreation Tickets & Travel Office

Call 542-3318, Email directly at nasjaxtickets@navy.mil
 Jacksonville Jaguars (Sold out of Steelers and Patriots tickets)
 Monster Jam Triple Threat
 Veteran's memorial Arena:
 Sept. 1 at 1 p.m. & 7:30 p.m.
 \$45 Club seating.
 \$25-\$35 seating.
 Labor Day Weekend Concert
 The Last of the Street Survivors Farewell Tour
 Featuring - Lynyrd Skynyrd, Kid Rock, Jason Aldean at EverBank Field
 Sept. 2: 400 Level Special
 Military Pricing \$32.50.
 Universal Halloween Horror Nights Sept. 16 - Nov. 2
 Prices vary depending on dates
 \$54.75 - \$93.
 Throwback Fest - Morocco Shrine Grounds
 Sept. 22: General Admission - \$25. Preferred \$50. VIP \$70.
 FSCJ Broadway Series Shows - Prices vary on seating and dates
 The King and I: Nov. 16 & 17.
 Mannheim Steamroller: Nov. 20.
 Thrasher Horne Broadway Series
 HippieFest: Aug 2, \$35.25.
 The Ugly Duckling: Sept. 30, \$12.
 What to do this year? Local Fun Trips!
 Come join us on our scheduled trips. Relax and let us do the driving!
 All trips will leave NAS Jax at 8 a.m. and return at 5 p.m., unless stated otherwise.

Orlando Shopping (Millennia Mall and Premium Outlets):
 Aug. 4, \$25.
 34th Annual Mt. Dora Craft Fair: Oct. 27, \$20. Bus departs at 8 a.m., returning at 3 p.m.
 Current Ticket Promotions
 Include the Following:
 Adventure Landing Dry & Water Park Passes: \$20.50 - \$32.50.
 Alhambra Dinner Show: Prices range \$40 - \$50.
 Catty Shack Ranch Wildlife Sanctuary: \$8.50 - \$13.50.
 Daytona Lagoon Water Park or Dry Park, Daytona: \$20.
 Disney World Orlando Armed Forces 2018 Salute tickets 4 or 5 day available (6 tickets max): 4-Day ticket with hopper option - \$222; 4-Day Hopper ticket with water park fun & more - \$260.75. 5-Day ticket with hopper option - \$241.50; 5-Day Hopper ticket with water park fun & more - \$280.25.
 Tickets valid Jan. 1, 2018 and expire Dec. 19, 2018.
 Jacksonville Jumbo Shrimp: Reserved seating - Active duty/Active duty family members/retired & veteran member - \$5. Retired and Veteran family members and DOD - \$8.
 Jacksonville Zoo, General admission & admission w/ unlimited train rides: \$12.50 - \$19.50.
 MOSH - Museum of Science and History: \$8.
 Scenic Cruise, St. Augustine: \$5.50 - \$11.75.
 SeaWorld, \$49.75 & Aquatica (excluding weekends), \$29.75.
 Half Price Special through Dec. 21, 2018, 4 per Military ID limit.
 St. Augustine Alligator Farm Zipline: \$37, Park admission \$9.50 - \$15.
 St. Augustine Aquarium: Adult \$7. Child Admission - \$4.50.
 Snorkel Adventure (Includes Admission) \$31.
 St. Augustine Old Town Trolley: \$7.50 - \$19.50 BOGO.
 St. Augustine Sight Seeing Train: \$4.50 - \$11.50.
 Universal Orlando Military Special: (Tickets not available at the gate. No blackout dates. Maximum of 6 tickets per valid military ID) Ticket Option #1: 2-Park, 4-Day Park to Park Ticket Adult \$179, Child \$174 (Redeemable through 12/31/18, ticket expires on this date). Valid 4 days of admission to Universal Studios Florida and Universal's Islands of Adventure.
 Ticket Option #2: 3-Park, 4-Day Park to Park Ticket, Adult \$219, Child \$214 (Redeemable through 12/31/18, ticket expires on this date). Valid for 4 days of admission to Universal Studios Florida, Universal's Islands of Adventure and Universal's Volcano Bay Water park. Visit the Ticket Office for further details.
 Wild Adventures (Valdosta, Ga.): Gold Pass - \$113.50. Seasonal - \$92. 1 Day: \$33. 2 Day: \$40 (must be used consecutively).
 World Golf Hall of Fame & Museum: \$14.75.

Back to School LUAU

SATURDAY, AUGUST 4th ALLEGHENY FIELD & OUTDOOR POOL, 10 AM - 2 PM

SAY ALOHA TO SUMMER!

FREE ACTIVITIES FOR TODDLERS THROUGH SCHOOL AGED CHILDREN:

- PHOTO BOOTH
- WATER SLIDE
- MINI GOLF
- GAMES & PRIZES
- POOL ACTIVITIES
- AND MORE!

SMOOTHIES PROVIDED BY **tropicalCafe**
 eat better. feel better.

Community Recreation & Liberty

Whitewater Rafting Trip

AUGUST 10-12 • CHATTANOOGA, TN

\$199 - Community Recreation
 \$130 - Liberty (E1-E6 Single)

Includes transportation, lodging and rafting. Pricing based on double occupancy.

Open to ages 18 and older. Register at Bldg 622 (Community Recreation/Auto Skills). Liberty patrons may register at the Liberty Center, Bldg. 816.

Jax Air News Classified

PLACE YOUR MILITARY CLASSIFIED AD

CLASSIFIED INDEX

BY PHONE 366-6300
 Mon. - Thurs. 7:30 a.m. - 6:00 p.m.
 Fri. 7:30 a.m. - 5:30 p.m.
TOLL FREE 800-258-4637
BY FAX 904-359-4180

IN PERSON
 Many people prefer to place classifieds in person and some classified categories require prepayment. For your convenience, we welcome you to place your classified ad at The Florida Times-Union from 7:30 a.m.-5:00 p.m., Monday-Friday at One Riverside Avenue (at the foot of the Acosta Bridge).

Deadlines
Run date Call by Fax by
Thursday Tue, Noon Tue, 11 a.m.
 Please note: **Fax deadlines are one hour earlier.**
 Holiday and Legal deadlines vary and will be supplied upon request. Cancellation and correction deadlines are the same as placement deadlines.

CANCELLATIONS, CHANGES & BILLING

Ad Errors - Please read your ad on the first day of publication. We accept responsibility for only the first incorrect insertion and only the charge for the ad space in error. Please call 366-6300 immediately for prompt correction and billing adjustments.

Ad Cancellation - Normal advertising deadlines apply for cancellation. When cancelling your ad, a cancellation number will be issued. Retain this number for verification. Call 366-6300.

Billing Inquiries - Call the Billing Customer Service Department at 359-4324. To answer questions about payments or credit limits, call the Credit Department at 359-4214.

GENERAL INFORMATION

Advertising copy is subject to approval by the Publisher who reserves the right to edit, reject or classify all advertisements under appropriate headings. Copy should be checked for errors by the advertiser on the first day of publication. Credit for Publisher errors will be allowed for the first insertion for that portion of the advertisement which was incorrect. Further, the Publisher shall not be liable for any omission of advertisements ordered to be published, nor for any general, special or consequential damages. Advertising language must comply with Federal, State or local laws regarding the prohibition of discrimination in employment, housing and public accommodations. Standard abbreviations are acceptable; however, the first word of each ad may not be abbreviated.

The anchor indicates the ad is a FREE Fleet Market Ad placed by military personnel.

Announcements	Instruction
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Commercial Real Estate	Pets/Animals
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 Classified line ads are online at jaxairnews.com
FREE online advertising!
 Your Classified in-column ad automatically appears online at **no additional charge.**

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 Estate Sales
 Farm/Planting
 Fruits/Vegetables
 Furniture/Household
 Garage Sales
 Garden/Lawn
 Hot Tubs/Spas
 Jewelry/Watches
 Kid's Stuff
 Machinery & Tools
 Medical
 Miscellaneous Merchandise
 Musical Merchandise
 Photography
 Portable Buildings
 Public Sales
 Sporting Goods
 Tickets
 Trailers
 Wanted to Buy or Trade

Garage Sales

Fleming Island Estate/Moving Sale
 Sat, Aug. 4th, 9-4. 1520 Rivertrace Dr.
 Furniture, W&D, Tools, HHI & Decor. Big Sale!

Appliances

Appliances Buy-Sell-Trade-Repair
 W/D, Refrigs, Stove, Freezer \$125up
 90day wty 9-7 M-Sun del 904-695-1412

Clothes

LADIES LEATHER COAT
 w/purse red suede size 12, \$75.00
Levi's Men's Suit grey/ beige jacket \$7 38R pants 33W x 29 L \$35.00ea. 904-384-7809

Electronics

SONY 24" TRINITRON \$40.
SHARP TV 19" \$40.
SONY 9" Trinitron \$30.
ZENITH 17" \$30. All color TV's & 2 cable ready. 904-384-7809

Furniture/Household

CHANDELIERS - (a) Etched glass bells for 3 lights nickel \$100. (b) Gold 7 lights & 5 dz glass crystals. (c) Gold 12 lights. **RUG 6' 12" x 5' 8" w \$55.** Like new. Call 904-384-7809

DINING ROOM TABLE - Noah chocolate 4 Piece Dining Table - Excellent Condition \$580. OBO. Call Kim for more information (904) 629-5267.

LEATHER SOFA - 3 piece Sofia Vergara Galleto Black Leather Sofa \$1,000 OBO. Brand New/Still under warranty. Call Kim (904) 629-5267

NEW BEST ROCKING CHAIR with cushions - tag still attached, NEVER USED - Selling \$350. New was \$699. Call 904-214-9334

WICKER MIRROR - Beautifully carved, white wicker mirror, with 4" border & 7 cloth flowers, hangs 19"x29" \$50. **Painted SAGOS.** Call 904-384-7809

Sporting Goods

EXERCISE BIKE - Hardly used Peloton Bike with 22 months of free access of exercise classes 24 hours per day. \$2,899. OBO. Call Kim (904) 629-5267.

Miscellaneous

BIKES - 2 Excellent Bikes & Tires 1st still new \$50. Other \$65. \$15 covers 12"x18" alum. basket tied to front wheel & banana seat call 904-384-7809

MICHELIN Latitude Tour P275-55-R18 - 4 tires for car or truck, original sticker, never been mounted. \$195.00 each, call 904-384-7809

Pets and Supplies

HAVENESE PUPS Home Raised. AKC health guaranteed 239-324-4650 www.noahsliftleark.com

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ISLAND REALTY, INC
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 Orange Park

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ATLANTIC UNIVERSITY Colonial Pointe Condo min. to Downtown. 2/2, 1130sf in Riverfront Comm. renovated, tile, carpet, washer/dryer, S/S appliances, custom cabinets, granite counter tops. Free boat dock & ample parking. \$99,900 Call/Text 904-703-0437

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For Classified Advertising, call 904-366-6300, or 1-800-258-4637.

Houses Unfurnished

WESTSIDE
 In West Chase Sub Div off Collins Rd. Large 3/2 home minutes from NAS JAX split bedroom lrg corner back yrd, newer Cherry LVP plank floors carpeted bedrooms 2 car garage. \$1325/mo **Falcon Property MGT 904-346-4401**

Roommates

MANDARIN
 Great Neighborhood! Utilities, high-speed internet and cable included. \$600/mo. + \$200 deposit. **904-472-8563**

Transportation

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 Boat Dockage & Rentals
 Marine Equipment & Supplies
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 RV's & Suppliers
 Motorcycles & Mini Bikes
 Auto Brokers
 Auto Parts
 Antiques/Classics
 Automobiles
 Trucks/Trailers/SUVs
 Vans/Buses
 \$2000 or Less
 Commercial Vehicles
 Misc. Auto
 Autos/Trucks Wanted
 Auto Rent/Lease

Auto Parts

TRUCK HITCH - GMB413 3717 - \$125. GMB413-3719 \$150. for 2017 Trucks. Like new. Call 904-476-7544

Boats

17' BOSTON WHALER
 Montauk Center Console in-shore or off-shore very versatile dive, fish or shrimp. Hull in very good cond 70HP Johnson, rebuilt power head trim and tilt waterpump low hours. Moiltail trailer lots of extra gear. \$5000 OBO. **386-336-0092**

1987 WELCRAFT STEP LIFT V-20 - with 200HP OMC Sea Drive, Bimini top with Overnight cabin for 2 people, runs great, tandem aluminum trailer \$3,000. Jim 904-384-7809

Motorcycles/Mini Bikes

HARLEY DAVIDSON SOFTAIL HERITAGE
 2012 - 103 Motor, 7K miles excel. cond. \$10,000. obo Call 904-786-6422 leave msg.

The Times-Union

drive DEALER DIRECTORY

TO LIST YOUR DEALERSHIP, PLEASE CALL 904-359-4193

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	7233 Blanding Blvd.	777-5500	Atlantic Beach	OR GO TO DRIVE.JACKSONVILLE.COM
CHRYSLER	FORD	FORD	904-242-8000	FOR GREAT LOCAL DEALS.
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9A & BAYMEADOWS.	10720 Philips Hwy.	904-292-3325	beachblvdautomotive.com	
493-0000	904-292-3325	www.orangeparkdodge.com	6833 Beach Blvd.	
	TOYOTA		724-3511	
ORANGE PARK CHRYSLER JEOP DODGE	KEITH	PIERSON TOYOTA	DARCARS WESTSIDE	
7233 Blanding Blvd.	LOU SOBH HONDA	6501 Youngerman	PRE-OWNED SUPERSTORE	
777-5500	OF THE AVENUES	Circle.	1665 Cassat Ave.	
www.orangeparkdodge.com	11333 Phillips Hwy.	370-1300	904-384-6561	
1V4Q003071437-01			www.darcarswestside.com	

We'll deliver your business Inside THE Gates

Together, our communities of service members and their families, and your business, can spell success.

Not only will your business benefit while the families are stationed here, many military families retire to the area, with the tri-base area being one of the most sought-after assignments in the U.S. Navy.

To advertise, or for more information, please call 904.359.4168.