

# Jax Air News

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VOL. 76 • NO. 8 • NAS JACKSONVILLE, FLA

## Chief of Norwegian navy visits NAS Jax

By Reggie Jarrett  
Jax Air News Editor

Chief of the Royal Navy of Norway Rear Adm. Nils Anreas Stensønes made a brief stop at Naval Air Station (NAS) Jacksonville on his way to fly out to USS Harry S. Truman (CVN 75) Feb. 15.

Stensønes, along with four other members of the Norwegian navy, flew out of NAS Jacksonville aboard a C-2 Greyhound to the Truman to observe the Composite Training Unit Exercise (COMPTUEX). He would spend a few hours on the Truman before flying on to the Royal Norwegian Navy frigate HNoMS Roald Amundsen (F 311), which was participating in COMPTUEX.

Stensønes began his United States trip Feb. 7 in Washington, D.C., where he met with Secretary of the Navy Richard V. Spencer and Chief of Naval Operations Adm. John Richardson.

"The high point of the trip is visiting the carrier battle group," Stensønes said.

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Photos by Reggie Jarrett

Rear Adm. Nils Anreas Stensønes (right), Chief of the Royal Navy of Norway, puts on his flight helmet during the safety briefing by Lt. Cmdr. Joe Reardon of Fleet Logistics Support Squadron 40 before his Distinguished Visitor flight from Naval Air Station Jacksonville Feb. 15. Stensønes and four members Norwegian navy flew out to the USS Harry S. Truman (CVN 75) to observe the Composite Training Unit Exercise.

## Navy aviators set to start controlling unmanned aircraft from Jacksonville

By Joe Daraskevich  
Times-Union Staff Writer

Note: Reprinted, courtesy of The Florida Times-Union.

Since the dawn of aviation, pilots have been able to rely on the simple method of looking through an aircraft's window to determine the weather ahead.

That's no longer an option for a relatively new squadron at Jacksonville Naval Air Station.

This year a small group of aviation pioneers are ready to take the controls of drones as long as F-16s with wingspans the size of Boeing 757s as the future of maritime intelligence, surveillance and reconnaissance is expanding.

The first 20 crew members of Unmanned Patrol Squadron 19 (VUP-19) have passed through the training program and are now instructing others.

Soon they will be operating 48-foot-long MQ-4C Tritons with 131-foot wingspans from a building at Jacksonville NAS as the aircraft fly around the globe with nobody on board.

The first members of the Jacksonville-based squadron will be the inaugural group in the Navy to regularly control the drones, and they've developed a schoolhouse-type setting on base where others in the squadron are following their example.

"They'll be the leaders within the squadron," said Cmdr. Benje



Photo by Kelly Schindler

The MQ-4C Triton unmanned aircraft system prepares to land at Naval Air Station Patuxent River, Maryland, after completing an approximately 11-hour flight from Northrop Grumman's California facility September 2014.

Stinespring, the commanding officer of VUP-19.

Those 20 leaders make up four crews that will work in shifts to complete each mission since the Tritons can stay in the air for 24 hours at a time.

Each crew includes an air vehicle operator, a tactical coordinator and two mission payload operators. They will operate the drones from a room that looks more like a computer lab than a cockpit.

The air vehicle operator is in charge of flying the aircraft, but the tactical coordinator has the freedom to direct where the aircraft needs to go. The coordinator also directs the efforts of the mission payload operators who control the surveillance equipment on the aircraft.

### 'AVIATE, NAVIGATE, COMMUNICATE'

The Navy is following the Air Force's lead in the world of large unmanned surveillance aircraft.

The Tritons and the Air Force's RQ-4 Global Hawks are the same length and have the same wingspan. But despite having very similar capabilities, Stinespring said there is a major difference between the way the Navy and Air Force fill out their squadrons.

"The Navy has elected to source the Triton community from within the maritime patrol and reconnaissance force," Stinespring said. "So all of the air crew that are selected to come here have already completed at least one, sometimes multiple tours of duty."

The Air Force allows people to go straight from flight school to the unmanned aircraft program.

Stinespring said the Navy's policy of selecting experienced airmen allows them to tailor the syllabus to be more of

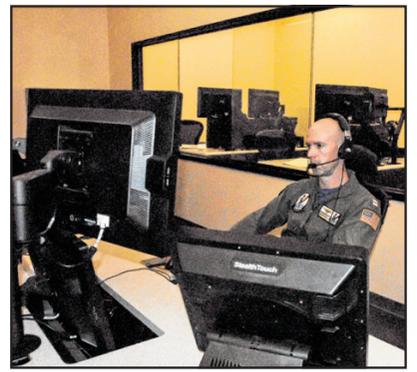
a transitional program rather than having to teach the basics of the mission.

"They take their previous mission experience and we teach them how to do those same things with the new gear," said Lt. Cmdr. Phil Sautter, the officer in charge of the fleet integration team.

The Navy started the team well before the squadron was established in October 2016. Sautter said they worked with the test community at Patuxent River Naval Air Station in Maryland to develop the training program and help teach the initial group of unmanned aircraft operators.

"It's not much different in the sense that it's aviate, navigate, communicate," said Lt. Brennan Zwak, a pilot instructor on the integration team.

He said as an instructor in the Triton



U.S. Navy photo

Lt. Brennan Zwak works from a duty station during training operations for MQ-4C Triton crews. Zwak is an instructor for air vehicle operators working toward certification in the Navy's drone program.

program it's easier than teaching general aviation because the focus is on the tools associated with the unmanned aircraft compared to the ones in the aircraft the pilots are used to. Teaching the basic mission on top of that would mean a much longer learning process, he said.

### LEARNING HOW TO FLY

The most difficult aspect for the students in VUP-19 is learning to trust an autonomously flown aircraft, Zwak said.

Stinespring said once the operators understand how to use that technology to their advantage, it's actually easier

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**MILITARY SAVES WEEK 2018**  
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Monday 26 Feb	Tuesday 27 Feb	Wednesday 28 Feb	Thursday 1 Mar	Friday 2 Mar
0900-0915 Kick-Off with the NAS Jacksonville Commanding Officer **Dewey's**	0800-0930 Thrill Savings Plan Bob Bieri, Navy Mutual **Naval Hospital 2nd Deck Conference Room**	0800-0900 & 1300-1400 Basic Budgeting David Blyar, NMACRS **CNATU Blue Room**	0800-0930 Blended Retirement Bob Bieri, Navy Mutual **FRCS Training Room HGR 1000**	0815-0915 Retirement Planning, Investing and TSP Josh Curtis, VYSTAR **VyStar Credit Union**
0915-1000 Financial Stand Down Brief With Guest Speakers Fred Pharr and Gerald Felder **Dewey's**	1000-1115 Blended Retirement Bob Bieri, Navy Mutual **VP-30 Room 255**	1000-1100 Military Pay Issues Paul Stewart, FFSC **CNATU Blue Room**	1000-1130 Car Buying John Baker FFSC **FRCS Training Room HGR 1000**	0930-1055 Debt Reduction Strategies Preston Mangus, VYSTAR **VyStar Credit Union**
1030-1200 College Loan Basics and Management Preston Mangus, VYSTAR **Naval Hospital 2nd Deck Conference Room**	1300-1430 Credit Management John Baker, FFSC **VP-30 Room 255**	1400-1500 Credit Management John Baker, FFSC **CNATU Blue Room**	1230-1330 Thrill Savings Plan Bob Bieri, Navy Mutual **FRCS Training Room HGR 1000**	1100-1115 Final Words and Wrap-Up from the NAS Jacksonville Commanding Officer **VyStar Credit Union**
February 26 <sup>th</sup> - March 2 <sup>nd</sup>		1600-1700 Basic Budgeting for Kids John Baker, FFSC **NAS Youth Center**	1400-1530 Saving and Investing Bob Bieri, Navy Mutual **FRCS Training Room HGR 1000	

Locations Identified With \*\* For Each Brief

Disclosure: The Navy nor any other part of the federal government officially endorses any company, sponsor, or their products or services.

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# This Week in Navy History

## From Staff

### Feb. 22

1865 - Rear Adm. Porter's gunboats bombard Wilmington, N.C., forcing its surrender.

1870 - After arriving on USS Nipsic, and supported by USS Guard and USS Nyack, the Darien Expedition, commanded by Cmdr. Thomas Selfridge Jr., begins active operations ashore at Caldonia Bay to survey the Isthmus of Darien, Panama, for an inter-oceanic ship canal.

1909 - Great White Fleet returns to Hampton Roads, Va. from around the world cruise.

1943 - USS Iowa (BB-61), the lead ship of the last class of American fast battleships, is commissioned.

1974 - Lt. j.g. Barbara Ann Allen becomes first Navy designated female aviator.

### Feb. 23

1795 - U.S. Navy Office of Purveyor of Supplies is established. This is the Navy Supply Corps birthday.

1919 - Launching of Osmond Ingram (DD-255), first Navy ship named for an enlisted man.

1944 - Carrier groups under Adm. Raymond Spruance attack Saipan, Tinian and Rota in the Marianas.

1945 - Marines and a Navy hospital corpsman raise the American flag on Mt. Suribachi, Iwo Jima.

### Feb. 24

1942 - Task Force 16, commanded by Vice Adm. William F. Halsey Jr., leads the Wake Island Raid in an attempt to destroy the Japanese installations on the island.

1944 - PBY-5As (VP 63) employing Magnetic Anomaly Detection (MAD) gear, bomb and sink German submarine U 761 as she attempts to transit the Straits of Gibraltar.

1959 - USS Galveston (CLG 3) fired the first Talos surface-to-air missile.

1995 - Fast Attack Submarine USS Toledo (SSN 769) is commissioned.

### Feb. 25

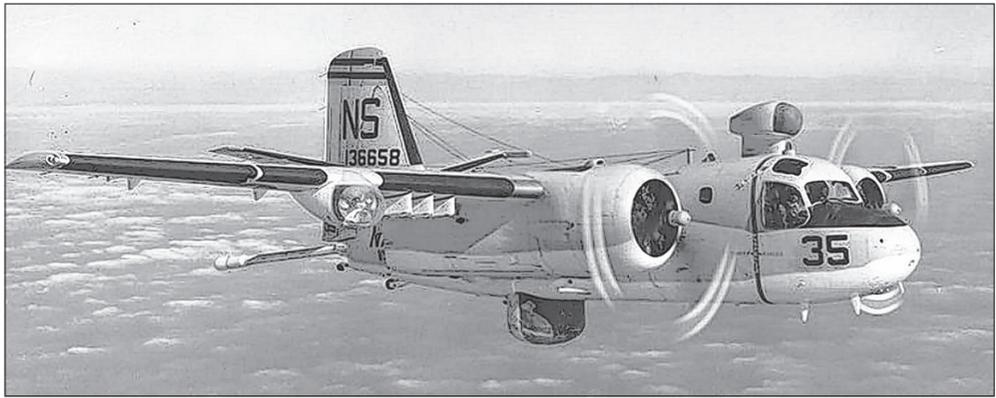
1933 - USS Ranger (CV 4), the US Navy's first true aircraft carrier, is launched.

1944 - USS Hoe (SS 258) attacks a Japanese convoy at the mouth of Davao Gulf, sinking the fleet tanker Nissho Maru and damaging the fleet tanker Kyokuto Maru, while USS Rasher (SS 269) sinks Japanese army cargo ship Ryusei Maru and freighter Tango Maru off the north coast of Bali.

1991 - During Operation Desert Storm, USS Wisconsin (BB 64) and USS Missouri (BB 63) provide naval gunfire support and other operations.

### Feb. 26

1944 - Sue Sophia Dauser, Superintendent of the Navy's Nurse Corps, is the



U.S. Navy photo

A Grumman S-2A Tracker assigned to the "Tromboners" of anti-submarine squadron VS-29. The squadron was assigned to Anti-Submarine Carrier Air Group 53 aboard the aircraft carrier USS Kearsarge (CVS-33). The Tromboners flew the S-2A from 1960 to 1963.

first woman in the Navy to receive rank of captain. 1945 - TBMs (VC 82) from USS Anzio (CVE 57) sink two Japanese submarines: I 368, 35 miles west of Iwo Jima, and RO 43, 50 miles west-northwest of Iwo Jima. 1945 - USS Finnegan (DE 307) sinks Japanese submarine I 370, 120 miles south of Iwo Jima.

### Feb. 27

1928 - Cmdr. Theodore G. Ellyson, the Navy's first aviator, along with Lt. Cmdr. Hugo Schmidt and Lt. Rogers Ranshousen, crash to their deaths in a Loening Amphibian, a 2-seat amphibious biplane, on a night flight from Norfolk, Va. to Annapolis, Md. 1942 - Seaplane tender USS Langley (AV 3), carrying 32 U.S. Army Air Force P-40 aircraft for the defense of Java, is bombed by Japanese naval

land attack planes 75 miles south of Tjilatjap, Java. Due to the damage, Langley is shelled and torpedoed by USS Whipple (DD 217). 1944 - Three US Navy submarines sink three Japanese cargo ships: Grayback (SS 208) sinks Ceylon Maru in the East China Sea; Cod (SS 244) sinks Taisoku Maru west of Halmahera while Trout (SS 202) sinks Aki Maru. 1945 - Submarine USS Scabbardfish (SS 397) sinks Japanese guardboat No. 6 Kikau Maru, 100 miles northeast of Keelung, Formosa, while USS Blenny (SS 324) attacks a Japanese convoy off French Indochina and sinks merchant tanker Amato Maru off Cape Padaran. 2017 - The Los Angeles-class fast-attack submarine USS Albuquerque (SSN 706) is decommissioned after 33 years

of service during a ceremony held at Keyport Undersea Museum.

### Feb. 28

1893 - The first true U.S. Navy battleship, USS Indiana (BB 1), launches. 1942 - USS Jacob Jones (DE 130) is sunk by German submarine U 578 off the Delaware capes. 1942 - USS Houston (CA 30) engages the Japanese in the Battle of Sunda Strait and is sunk the next day. 1944 - USS Balao (SS 285) and USS Sand Lance (SS 381) sink Japanese army cargo ship Akiura Maru, transport Shoho Maru about 90 miles northwest of Manokawari, New Guinea and transport Kaiko Maru just east of Musashi Wan, off Paramushir, Kurils. 1987 - Guided Missile Frigate USS Kauffman (FFG 59) is commissioned.

# When kids are quiet, something's not right

By Lisa Smith Molinari

"Kids . . ." I'd yelled into our playroom on a regular basis when our children were small, "what's going on in there?!"

Usually, I'd heard roughhousing — giggling, knocks against the wall, creaking couch springs, yips and squeals.

You'd think the innocent sounds of our children playing would warm our hearts, but as experienced parents, Francis and I knew that wholesome noises often lead to bonked heads, chipped teeth and poked eyes.

However, there were other times when we hadn't heard squeals, bumps or creaking floorboards. No singing, hammering, smacking or crying. No Barbies being thrown, sippy cups hitting the floor or lamps getting knocked over.

What we heard was something far more terrifying: total silence.

Let's face it, kids are noisy. They snifle, babble, fidget, fiddle, whine and wank. Silence is a clear sign that something's wrong.

Case in point: One night, when our family was stationed in Virginia,

Francis and I let our five-year-old son, Hayden, and his two-year-old sister, Anna, watch a video in the playroom before bedtime.

Back in those days, we savored every peaceful second that a half-hour video provided as if it was some kind of luxurious spa treatment. As soon as we popped a tape into the VCR, we would dash down the stairs to melt into our couch cushions.

With the doors open, we could hear the murmur of the often-played video and the sounds of our kids tinkering with toys. After countless nights of the same routine, we'd know exactly when our time was up.

But on this night, the half hour flew by without us noticing. Twenty minutes or so after "Arthur" was over, I nudged Francis. "Uh oh . . . I don't hear the kids."

"Hayden and Anna!" Francis yelled up the playroom stairs, "What's going on in there?"

Soon we heard little padded feet scurrying and intermittent giggling. Hayden and Anna slunk downstairs,

and appeared before us with their heads bowed in guilt. When they looked up, we saw that they each had green marker scribbled all over their hands and faces.

"What have you two been doing?" we demanded. Anna's enormous brown eyes flashed to her older brother.

"Playing," Hayden said.

"Hayden and Anna, you're not supposed to use markers on skin," I scolded. Reaching for a tub of baby wipes, I noticed green marks on Anna's neck that dipped below the collar of her footed pajamas. I unzipped her PJs, and gasped.

Anna chest, belly, arms, legs, feet, hands and back were a green, inky mess. A quick inspection of Hayden revealed that, other than his green hands and face, he was marker-free. The culprit was obvious.

"Hayden! Why did you scribble all over your little sister?" Francis pressed.

"Not me," Hayden shrugged.

"Then how did your name get in the middle of Anna's back? Do you expect us to believe that she put it there? She can't even read yet!" I barked.

## Meat & Potatoes of Life

We looked down at our sheepish kids, realizing that Hayden had pulled off a classic big brother prank on his adoring little sister. Francis and I tried to maintain a serious demeanor, but one side glance at each other was all it took to get us laughing.

Pretty soon, all four of us were cracking up. Anna had no idea what was so funny, but she laughed right along with us.

After a second round of baths to remove the washable marker, we tucked them into bed for the night. We stopped by the playroom to turn out the lights, still smiling about their sweet shenanigans.

The grins drained from our faces when we saw what the kids had really been up to. The tattooing of Anna had just been the icing on the cake. The real masterpiece was in our formerly pale yellow playroom.

Somehow, in the time it took for us to realize that the "Arthur" video had ended, Hayden had managed to create a mural of scribbles on all four walls in every color of the rainbow.

And he did it in complete silence.

Whoever said, "Children should be seen, not heard," clearly wasn't a parent.

# Navy updates Selective Reenlistment Bonus plan

From Chief of Naval Personnel Public Affairs

The Navy updated the Selective Reenlistment Bonus (SRB) award plan for active component and full time support Sailors in NAVADMIN 032/18 released Feb. 15.

This NAVADMIN updates NAVADMIN 311/17, adding award levels for 39 skills in 24 ratings and increasing one award level. There are no decreases or deletions of skills in this update.

In addition, this NAVADMIN provides Sailors more flexibility, by expanding the eligibility window to reenlist for SRB from 90 days to 180 days before a Sailor's EAOS. However, Sailors who are nuclear qualified, have an early promote on their most recent regular periodic evaluation or are eligible for combat zone tax exclusion are authorized to reenlist any time during the fiscal year of their EAOS, per this NAVADMIN.

Eligible Sailors desiring SRB reenlistment are encouraged to work with their command career counselors, command master chiefs and chains of command to discuss timing of reenlistment and procedures well before their EAOS. Requests are required to be submitted a minimum of 35 days prior to the requested reenlistment date.

SRB serves as an incentive for those Sailors with critical skills and experience to remain in the Navy. Enlisted community managers continuously monitor the health of their communities to maintain acceptable manning levels in critical skills, and recommend adjustments to



Photo by MC1 Nathan Laird

Chief of Naval Operations (CNO) Adm. John Richardson visits Naval Base Ventura County, California. During his visit, CNO held an all-hands call, conducted a reenlistment, and toured various facilities and tenant commands.

SRBs when necessary.

Sailors can stay informed of award changes through the Navy's SRB webpage at <http://www.public.navy.mil/bupers-npc/career/enlistedcareeradmin/Pages/SRB.aspx/> and review the NAVADMIN for a complete listing of changes to skills award levels eligible for SRBs.

## Advancement exams slated

During the month of March, three advancement exams will be administered.

With an influx of traffic on those dates, those arriving early in the morning are encouraged to plan ahead to avoid delays at the gate.

The dates of the exams are:  
**March 1 for E6**  
**March 8 for E5**  
**March 15 for E4**  
 For more information, contact the Personnel Support Detachment at 542-4218.

~ From Staff



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The deadline for classified submissions is noon Monday. Questions or comments can be directed to the editor. The **Jax Air News** can be reached at (904) 542-3531, fax (904) 542-1534, e-mail [JaxAirNews@comcast.net](mailto:JaxAirNews@comcast.net)

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The **Jax Air News** is published by The Florida Times-Union, a private firm in no way connected with the U. S. Navy under exclusive written agreement with the U. S. Naval Air Station, Jacksonville, Florida. It is published every Thursday by The Florida Times-Union, whose offices are at 1 Riverside Ave., Jacksonville, FL 32202. Estimated readership over 32,000. Distribution by The Florida Times-Union.

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# Sailors receive recognition at luncheon

By Julie M. Lucas  
NAS Jacksonville Public Affairs

The guest speaker for the Naval Air Station Jacksonville (NAS Jax) Sailor of the Quarter luncheon for fiscal year 2018's first quarter has impressive awards behind his name. Patrol Squadron 16's Sailor of the Year, AWO1 John Herrman is also the Commander, Patrol and Reconnaissance Wing 11 Sailor of the Year and the Commander, Naval Air Forces Atlantic Sailor of the Year. Despite the accolades, Herrman strives to remember the little things.

"Rank has its responsibilities, but it also has a price," said Herrman, to the audience gathered for the luncheon Feb. 15 at the River Cove Catering and Conference Center.

Nearly 100 Sailors from 30 commands were recognized during the event. NAS Jax



Photo by Julie M. Lucas

**Naval Command Telecommunications Station (NCTS) Jacksonville's Senior Sailor of the Quarter LS1 Darrell Leak accepts a door prize from Naval Air Station Jacksonville Commanding Officer Capt. Sean Haley and Command Master Chief (AW/SW) Jeffery Waters. Around 100 Sailors were recognized during the quarterly luncheon Feb. 15.**

Command Master Chief (AW/SW) Jeffery Waters shared duties as emcee of the event with NAS Jax Commanding

Officer Capt. Sean Haley. Following the national anthem and invocation, Waters reminded the audience that,

"as our Navy continues to evolve, we are faced with new challenges each and every day. Through these challenges, we are often reminded that our greatest asset is our Sailors."

After being introduced by Waters, Herrman spoke about a small change he adopted that helped further him as a leader.

"Never stop learning - by reading 'Lincoln on Leadership,' there was a water-fall effect to other books and listening to podcasts that would develop my skills," Herrman said.

Herrman's final thought for the group was to remember to be invested in Sailors, and help uphold standards and principles, not just regulations.

"When you become a leader it is no longer about you. Your actions will no longer just affect you, and will have lasting impacts on those individuals," he said.

Herrman will soon participate in the U.S. Fleet Forces Sailor of the Year competition.

Following lunch, Haley spoke to the audience, echoing statements from earlier speakers in regarding leadership roles.

"We are here to recognize the best of the best and we what separates us from the rest is truly our people. I think the key is in the oath, which basically says, 'I will not let my shipmate down,'" Haley said.

Haley also took the time to recognize family members in the audience for their contributions, having them stand for recognition.

Awardees were presented a \$25 gift card, courtesy of VyStar Credit Union. The Navy Exchange distributed 10 percent discount certificates to all winners.

See **SOQ** and **SOQ LIST**, Page 11

## NAS Jax names civilians of quarter

By Julie M. Lucas  
NAS Jacksonville Public Affairs Office

Naval Air Station Jacksonville (NAS Jax) recently named its civilians of the quarter for fiscal year 2018, second quarter. Morale, Welfare and Recreation (MWR) has two employees winning the honors, with Marketing and Sponsorship Director Morgan Kehnert selected as Senior Civilian of the Quarter and Warehouse Manager Margaret Baker as Junior Civilian of the Quarter.

Kehnert, a six-year employee of NAS Jax MWR, has been in her current position for two and half years. She is the daughter of a Navy veteran and took a job with the Navy as her way to give back.

"I'm so proud of my father and his service and I saw this as an opportunity to give back," Kehnert said.

One of Kehnert's major duties during 2017, was to solicit vendors and spon-

sors for the NAS Jax Air Show. While she has previously assisted with an air show, this was her first opportunity to take charge of marketing for the event.

"We spent nearly 10 months planning the last air show and we are starting to make plans for the upcoming one in October," she said. "While working on the air show, we also continued working with sponsors on all our regular ongoing MWR programs."

According to her award nomination, Kehnert successfully managed \$169,000 in sponsorship revenue and \$173,000 gift in kind.

"It was so fantastic to see all those months of hard work come together with very little issues. Our performers were happy, our vendors were happy, so we are calling it a success," she said.

When not working, Kehnert enjoys going to the beach, spending time with family and is a Harry Potter enthusiast.

Baker has worked as a government employee for more than 30 years



Photos by Kaylee LaRocque

**Naval Air Station Jacksonville Commanding Officer Capt. Sean Haley presents Margaret Baker of the Morale, Welfare and Recreation Department, the 2018 Junior Civilian of the Quarter (First Quarter) certificate during command quarters Feb. 2.**

and coordinated food and beverage efforts during the air show. The revenues brought in were around \$258,000. Baker was responsible for setting the menu and pricing for the event. One of the more complicated aspects of the airshow, is arranging logistics for deliveries and refrigeration and according to MWR Operations Manager Mike



**Morgan Kehnert, Naval Air Station Jacksonville's Morale, Welfare and Recreation Department's marketing manager, happily accepts the 2018 Senior Civilian of the Quarter (First Quarter) certificate from NAS Jax Commanding Officer Capt. Sean Haley during command quarters Feb. 2.**

McCool, Baker handled everything flawlessly. Additionally, she coordinated booth managers and more than 400 volunteers. The 2018 NAS Jax Air Show will be the 22<sup>nd</sup> air show Baker has been involved with during her career as she often lends her expertise to other installations hosting these events.

## CNRSE announces Senior, Junior Civilians of first quarter

By Twilla Burns  
Navy Region Southeast Public Affairs

Lakesia Hawkins and Jazmin Quiros were announced as the Commander, Navy Region Southeast (CNRSE) Senior and Junior Civilians of the first quarter during an all hands meeting at Naval Air Station (NAS) Jacksonville.

Hawkins, the senior civilian, is an equal employment opportunity (EEO) specialist in the Region Human Resources department. She is a subject matter expert in reasonable accommodations cases, to include the Disability Program, barrier analysis and Hispanic employment programs.

"Hawkins is a selfless employee who doesn't like to receive accolades," said Region Deputy EEO Officer Carlos Lowe, Hawkins's supervisor. "Hawkins is an advocate for employees with disabilities and the Wounded Warrior Program. Recently, she worked with the Department of Labor (DOL) and the Workforce Recruitment Program in hiring disabled students for 12 weeks - paid by DOL - to work in available summer hire positions which may lead to permanent positions. Hawkins is a talented and knowledgeable resource who can be an asset to any organization."

Hawkins said being selected as senior civilian of the quarter was an honor a blessing.

"I am motivated to work hard and put forth my best effort because I know our servicing installations are depending on me to assist and provide them with guidance," she said. "I want to ensure that I provide them with excellent customer service. I strive to provide them with the same type of service that I would want. At the end of the day, I like to know and feel that I gave my all."

Hawkins also established a Special Emphasis Program Board for Navy Region Southeast that helps to create and analyze each installations civilian diversity make-up, and assists hiring managers in maintaining a diverse workforce.

Quiros, the junior selection, is a human resource assistant in the Navy Region Southeast Human Resources Department. Quiros maintains the case management tracking system for Navy Region Southeast. She recently



Lakesia Hawkins



Jazmin Quiros

managed to clear a significant backlog of labor/employee relations (LER) case files. Quiros also manages the voluntary leave transfer program for Navy Region Southeast by overseeing and ensuring employees that requested to be placed in the program were done so expeditiously.

"Quiros is very deserving of the award," said Regional Program Director Cruz Belardo of the Labor/Employee Relations for Navy Region Southeast Total Force Management Department. "Quiros's energy and drive to learn is evident on a continuous basis. She is an integral part of the LER team. Her ability to keep her finger on the pulse and anticipate what's coming down the pike is truly second to none."

Quiros said she feels proud to be a part of a great command that recognizes hard work.

When asked what motivates her most about her job, Quiros stated, "The fact that I have a boss that takes time every day to check on each and every one of us in the department is truly motivating. Our department helps each other out, and we use our strengths to teach each other a better way to get things done." Quiros also shared some advice for her colleagues.

"My fellow co-workers are amazing and I learn from them all the time, so I would have to say just keep up the amazing work they do every day. We know that we are one team and one fight, and we make sure the mission is always first!"

Quiros also took on additional responsibilities and duties by volunteering as the civilian awards program coordinator for Navy Region Southeast. Quiros volunteers annually to assist with the NAS Jacksonville Air Show.

Individual selection criteria for the awards are based upon exemplary performance of tasks, contributions that enhanced organization accomplishment of command objectives, mission, teamwork or public image and one's professional attitude toward self and others.



## Does your spouse or partner suffer from PTSD?

If your spouse or partner lived through a traumatic event while serving, and is now experiencing stress, anxiety, or trouble sleeping - it may be post-traumatic stress disorder (PTSD), and you're not alone. It is estimated that in a given year, up to 20% of Veterans have PTSD.

Right now, Dr. Mark Joyce at CNS Healthcare in Jacksonville is accepting new participants for the **HONOR Clinical Study**. The study is for an investigational medication that may help improve trauma-related symptoms, including sleep disturbances.

No cost to participate • Compensation for time & travel

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**HONOR**  
STUDY



Students at Aviation Survival Training Center Jacksonville have to make it through the SWIMMER, or shallow water initial memory mechanical exit device as part of their survival training. Students have to swim underwater to a hatch, open it and then swim through it before they can surface. The training exercise simulates exiting a submerged aircraft.

# ASTC: Preparing aviators 'to survive their worst day'

By Reggie Jarrett  
Jax Air News Editor

Naval aviators are among the best pilots in the world. They fly the most advanced aircraft, and they are supported by the highest-trained crews. Despite all of this, things can still go wrong that can put aviators and aircrews in situations where they are fighting for their lives.

Because of this, Navy aviators and aircrews are required to refresh their survival skills every four years.

Aviation Survival Training Center (ASTC) Jacksonville aboard Naval Air Station (NAS) Jacksonville is one of eight ASTCs in the Navy that provide safe and effective survival training.

In 2017, 1,522 students trained at ASTC Jacksonville for a total of 10,700 hours of training.

Using a combination of classroom lectures, hands on practical experience, simulators and underwater training in the center's 300,000-gallon pool, the ASTC course is designed to be as realistic as possible. Pilots and flight crew practice the skills needed to survive in the water or on land in the event of an aircraft mishap.

"The goal for the aviators is to take in everything taught here so they can survive their worst day," said HM2 Robert Zaruba, aerospace physiology technician and high-risk training instructor at ASTC Jacksonville.

Day one of the two-day course begins with hypoxia training. Hypoxia is the lack of oxygen to the tissues in the body. The ASTCs use the Reduced Oxygen Breathing Device (ROBD), a specially developed, portable system that can increase or decrease the percentage of oxygen flowing to aviators while operating a flight simulator.

As their oxygen level decreases, students may experience a number of symptoms, which can include fatigue, apprehension, headaches, nausea, euphoria and dizziness to name a few. The goal is for aviators to learn to recognize the signs and symptoms of becoming hypoxic.

"It was interesting to see how your body experiences the subtle onset of the different symptoms when I was trying to concentrate on something that is job specific," said Lt. Cmdr. John Bartis of Patrol Squadron (VP) 4 at NAS Whidbey Island, Washington, after he went through the training.

Bartis said he experienced some of the symptoms as his oxygen level was reduced.

"I definitely felt my pulse rate going up, labored breathing and losing my peripheral vision, so I was having to

focus harder and harder on what I was trying to do as it went on."

After hypoxia training, students moved on to first-aid training in the classroom, followed by instruction on survival gear, which includes different flight suits, helmets, communication and signaling equipment. Some of the students ended the day with parachute training.

Day two begins with a hands-on first-aid practical exercise where the students put into practice what they learned in the classroom the previous day. They are provided with medical simulation mannequins that present with a variety of crash-related injuries. Students must assess and treat the injuries correctly.

After the first aid phase comes the pool training.

"That's the fun part," an ASTC instructor said with a smile. "Once they get in the pool, they will be in the pool from three to four hours going through the different exercises."

The pool training emphasizes sea survival. It starts with extended swims and treading water. The students must also swim underwater a specific distance in a scenario that simulates oil-covered water.

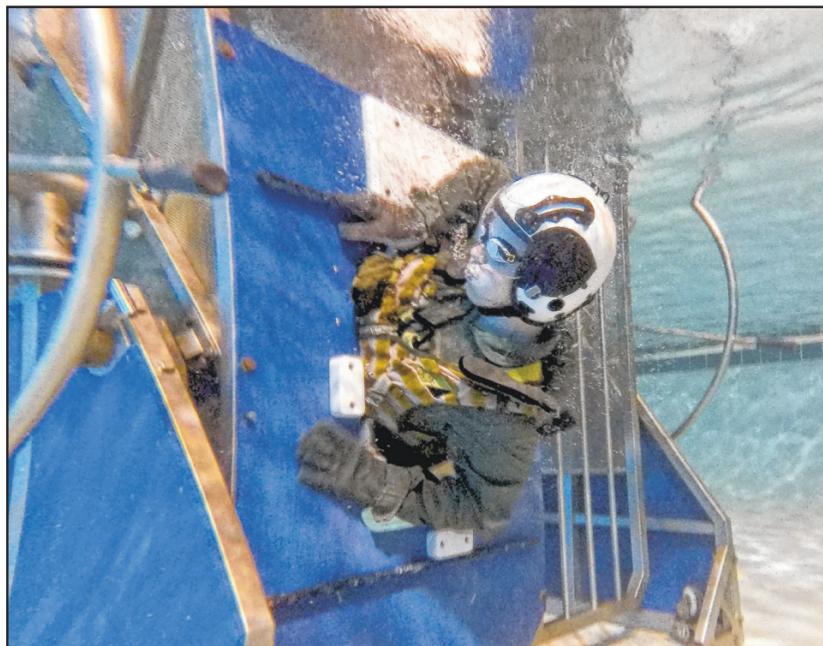
Students then enter the pool in full flight suits and helmets for the remaining portion of the training, most of which simulate exiting a sinking aircraft.

In the Modular Shallow Water Egress Trainer, or MSWET, students are flipped upside down underwater while buckled in their seats. They must free themselves from their seat, open a nearby hatch and then crawl through before they can surface.

The largest piece of equipment is the 9D6 underwater egress trainer, also known as the "dunker." The dunker duplicates a section of an aircraft fuselage that is lowered into the pool with a large crane. It simulates an aircraft ditching into water and sinking upside-down, requiring students to escape the submerged plane.

Other survival exercises include students having to exit a life raft, swim to and then get in a rescue basket before being hoisted out of the water. This simulates a helicopter rescue. Another exercise has students dropping into the water as if by parachute. They must then release themselves from the parachute harness.

Another exercise mimics a parachutist who is being pulled through the water by a parachute caught by the wind. Students are also pulled through the water by a pulley until they can



A student makes it out of the modular shallow water egress trainer (MSWET) at Aviation Survival Training Center Jacksonville, Feb. 13. Students in the MSWET device are seated with their seatbelt fastened when they are flipped upside down in the training pool. They must release themselves from the seat, open a nearby hatch and swim through it before they can make it to the surface.



Students at Aviation Survival Training Center Jacksonville gather around instructors as they prepare to undergo underwater survival training in the center's 300,000-gallon pool.



Cmdr. Mike Trumball of Patrol Squadron 1 at Naval Air Station Whidbey Island undergoes a parachute drop at Aviation Survival Training Center Jacksonville, Feb. 13. Naval aviation crews are required to take the training every four years.

release themselves.

ASTC Jacksonville can also manufacture rain and smoke, and darken the room to make for more realistic and difficult survival scenarios. Realistic training is important, but student safety

is the primary goal. Instructors and rescue divers are always in the pool with the students.

"We focus on the worst case scenarios here," Madden said. "It's all about aircrew survivability."



Students are hoisted one-by-one by a rescue basket at from the pool at Aviation Survival Training Center Jacksonville. The center recreates rain and smoke to make training more realistic.

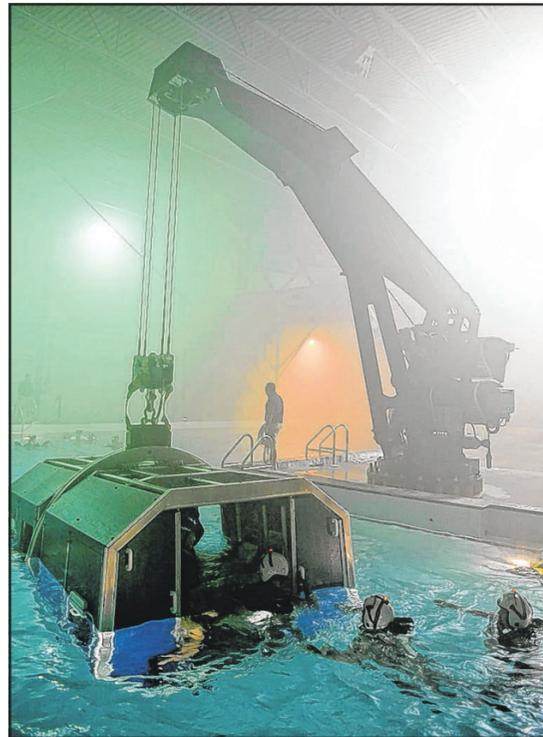
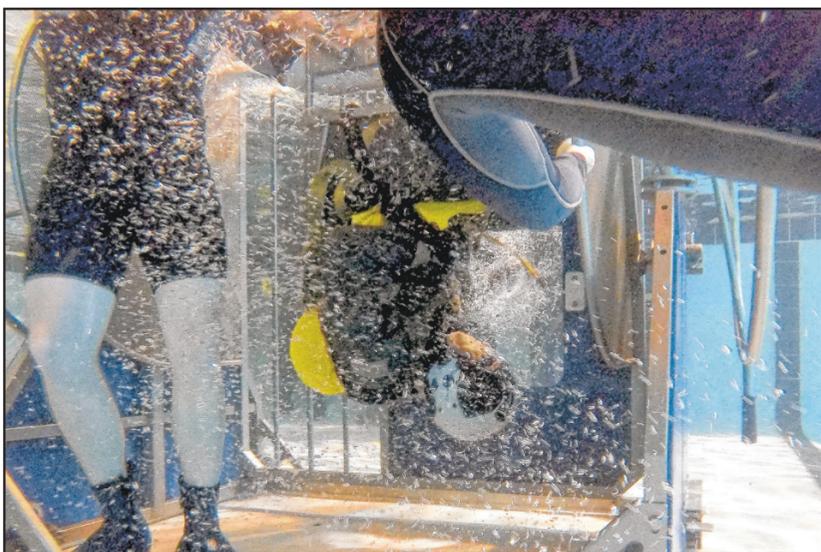


Photo courtesy ASTC

A crane lifts "the dunker" in the training pool at Aviation Survival Training Center Jacksonville. The dunker simulates a submerged aircraft and students must make their way out of it as part of their survival training. The room can be darkened and filled with smoke and rain to more training situations more realistic.



A student at Aviation Survival Training Center Jacksonville is suspended upside down underwater in the modular shallow water egress trainer as trainers and safety divers monitor the exercise. Students must release themselves from the seat, open a hatch and then swim through it to make it to the surface. The trainer simulates escaping from a submerged aircraft.



PR1 Nigel Sutherland, an instructor at Aviation Survival Training Center Jacksonville, goes over survival gear, such as helmets and flight suits, with students Feb. 13.



A student wearing black goggles as a blindfold, emerges from the water while undergoing training at Aviation Survival Training Center Jacksonville, Feb. 13.



From left, AWO2 Sean Joy of Commander, Patrol and Reconnaissance Wing 11, AWO1 Chance Passen of Patrol Squadron (VP) 30 and Lt. Cmdr. John Bartis of VP-4 at Naval Air Station (NAS) Whidbey Island, Washington, get hands-on practice working an emergency first aid situation at Aviation Survival Training Center Jacksonville Feb. 13. The men had to correctly access and treat the wounds on a first aid dummy to pass this phase of the course.

Photos by Fred Coker, Hannah Simmons, and Reggie Jarrett



Photo courtesy ASTC

Students at Aviation Survival Training Center Jacksonville must make it through the 9D6 underwater egress trainer, more commonly called "the dunker" before passing the survival course.



Students at Aviation Survival Training Center Jacksonville wait their turn to be hoisted out of the water with a rescue harness as instructors and safety divers monitor the exercise.

An instructor at Aviation Survival Training Center Jacksonville, flips a student upside down in the modular shallow water egress trainer (MSWET), Feb. 13. Students must escape the MSWET device by unbuckling their seatbelt, opening the hatch to their right and then swimming through it to make it to the surface. Instructors and safety divers are always in the pool to monitor the exercise.



# 'Fighting Tigers' and P-8A Poseidon star in Singapore Air Show

By Lt. j.g. Ryan Foley  
VP-8 Public Affairs

The "Fighting Tigers" of Patrol Squadron (VP) 8 participated in a detachment to the Republic of Singapore for the 2018 Singapore International Air Show, from Feb. 6-11. As one of three U.S. Navy units at the exhibition, VP-8 and its advanced P-8A Poseidon aircraft demonstrated the capabilities and mission readiness of American maritime forces to dozens of multinational partners and thousands of military and civilian participants.

The Singapore Air Show is the largest aviation exhibition in Asia, with more than 60,000 public attendees. The event doubles as a trade show for over 1,000 exhibiting companies, demonstrating new technologies to high-level government and military delegations, as well as senior corporate executives from 143 countries in every region around the world. With top of the line technology and capabilities, the presence of the P-8A Poseidon and its combat aircrew from VP-8 was a welcome addition to this prestigious trade and public show.

VP-8 aircrew and maintenance personnel served as ambassadors for both the U.S. Navy and the P-8A, fielding questions from dozens of militaries, companies and the general public. Providing tours of the aircraft and interaction with the air show attendees, the Fighting Tigers exhibited the tip of the spear capabilities of the maritime patrol and reconnaissance aircraft (MPRA) has to offer in anti-submarine warfare, anti-surface warfare, and intelligence, surveillance, reconnaissance mission sets. The P-8A was on display all week for the public to learn about and interact with the Navy's newest and most technologically advanced MPRA asset.

A number of distinguished visitors were among the thousands of air show attendees to view the P-8A. Notably, the Fighting Tigers met with and provided a tour of the aircraft with Principal Deputy Assistant Secretary of the Air Force Darlene Costello and Under Secretary of the Air Force for International Affairs Heidi Grant. In addition to a meeting with the Chief of the Republic of Singapore Air Force, VP-8 aircrew were also honored with a luncheon with the United States Charge d'Affaires to Singapore, Stephanie Syptak-Ramnath.

"This was an incredible event and everyone from VP-8 was happy to show off this next generation aircraft," said Patrol Plane Commander Lt. Alex Shaffer. "The Singaporeans were very gracious hosts throughout the airshow and we hope that events like these allow the U.S. to further strengthen our ties and partnerships in the Asia-Pacific region."



The "Fighting Tigers" of Patrol Squadron (VP) 8 gather in front of a P-8A Poseidon during the Singapore Air Show at Changi Air Base. VP-8 is currently forward deployed to the 7th Fleet area of operations conducting missions and providing maritime domain awareness to supported units throughout the Indo-Asia-Pacific region.



Photos by AT2 Robert Barber

The "Fighting Tigers" of Patrol Squadron 8 participate in the Singapore Air Show at Changi Air Base, with a static display of a P-8A Poseidon.

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Capt. Sean Haley (left), commanding officer of Naval Air Station (NAS) Jacksonville shakes hands with Rear Adm. Nils Anreas Stensønes (right), Chief of the Royal Navy of Norway Feb. 15. Stensønes took the Distinguished Visitor Flight from NAS Jacksonville to fly to USS Harry S. Truman (CVN 75) to observe the composite training unit exercise.



Commanding Officer of Naval Air Station (NAS) Jacksonville Capt. Sean Haley (fourth from left) meets with Rear Adm. Nils Anreas Stensønes (to his left), Chief of the Royal Navy of Norway and other members of the Norwegian navy before their Distinguished Visitor Flight to USS Harry S. Truman (CVN 75) Feb. 15.

## VISIT

From Page 1

“My purpose was to observe our frigate integrate with the Harry S. Truman Battle Group and see how that was going.”

Stensønes was also looking forward to seeing his own Sailors. “It’s always a privilege to visit with your own Sailors when they at sea,” he said. “As an old Sailor, I love to go to sea. There is nothing that gives you as much energy as being around young Sailors.”

NAS Jacksonville Commanding Officer Capt.

Sean Haley, who met with Stensønes, spoke of the importance of working with foreign navies. “It’s critical for us to continue to build upon those relationships that we have with nations that we routinely operate with,” he said. “It increases coordination and communication in our ability to operate together, which ultimately improves efficiency when we operate across

the globe.”

Stensønes also recognizes the value in multi-national cooperation. “Norway is a small nation,” he said. “We are absolutely dependent on NATO and our allies. It is great training for our ships and it is also increasing interoperability, which is absolutely necessary for our alliance to be efficient.

## TRITON

From Page 1

than flying a manned aircraft because you don’t have to worry about keeping the drone straight and level.

He said that’s an enormous challenge in traditional Navy surveillance aircraft — the P-8A Poseidon and the P-3C Orion — and once the pilots understand the Triton is programed to stay level, it frees up their mind to concentrate on other things.

“The plane is a little bit smarter than I am,” said Lt. Cmdr. Pat Imhoff. “It’s hard to say that, but in a manned aircraft I have to make a decision as to if that plane goes left or right or up and down.”

He has other things to worry about in a Triton.

Imhoff is an aircraft commander who made the jump from a P-3 to the Triton. He said another major shift for him was moving from an aircraft with four engines to an aircraft with just one, where altitude is now his friend.

He said extra altitude will be a good thing when flying a single-engine Triton in case something happens and he needs to safely land the drone. The Tritons can fly higher than 10 miles in the air, according to the Navy, but finding a place to land isn’t quite as easy as in a traditional aircraft.

“In a manned aircraft if I have an emergency and I look down and see BWI [Baltimore-Washington International Airport], I can declare an emergency and land there,” Imhoff said. “In this platform I can be next to 17 airports and I can’t land at any of them because it’s not programmed to go there.”

Right now the squadron has one Triton in its possession operating out of Point Mugu, Calif., with another coming as soon as runway construction is complete. Each one cost just under \$200 million, according to the Department of Defense.

The drones will be flying out of Point Mugu Naval Air Station for training events and then flying out of Guam when the Tritons start operations in the Pacific Fleet.

The squadron is technically split between Jacksonville and Point Mugu with about 100 total personnel in Jacksonville and about 170 in California. The Point Mugu side makes up the maintenance staff who work to maintain the aircraft.

Stinespring said hundreds of measurements have to be made at each airfield before they are authorized for the drones. A big part of the training syllabus is learning all the landing options around the globe, he said.

The students also have to learn terminology that is unique to the Triton community, and part of the job is translating that terminology for air traffic controllers. Most of the language is similar, but sometimes they have to explain what’s happening in general terms so the airspace remains safe, Sautter said.

He said the physical aircraft in the sky on the other hand shouldn’t impact other aviators very much.

“To the air traffic controllers and the other airspace users it should be no different,” Sautter said. “If the pilot is doing their job, they should go right into the fold and there should be no issue.”

### WEATHER FACTOR

Communication is also a big factor when it comes to navigating around the weather, Stinespring said. The pilots don’t have to worry about keeping the aircraft level, so it allows them to concentrate on the weather thousands of miles away.

“We can change the course, and we can deviate around weather as long as we know the weather is there,” Imhoff said. “That’s the hardest part.”

He said instead of looking out the window of the cockpit as the aircraft approaches a weather system, he has to get used to monitoring websites and maintaining communication lines with air traffic controllers wherever the Triton is flying.

The crew also has to worry about what the weather will be like in the flight path thousands of miles away and as far into the future as the next day, Stinespring said.

“That’s what they need to be thinking about because that’s going to determine when they need to come home from

there,” he said.

### COMPLETING MISSIONS TOGETHER

The Tritons are not replacing the manned P-3s and P-8s that have been flying out of Jacksonville for years. The three types of aircraft will be working together to accomplish the same mission, Stinespring said.

He referred to nonfiction books about the early days of maritime surveillance where crews spent hours in the air searching for vessels of interest. Stinespring said he envisions a Navy 10 years from now where the Triton program will be able to track a vessel from port to port without ever losing it for a moment.

For closer surveillance the Triton crew will be able to transmit the specific location of a vessel to a P-3 or P-8 crew to allow them to move in and track every specific movement. The days of hiding will practically be over for vessels trying to dodge Navy aviators, Stinespring said.

“That’s why it’s a game changer,” he said. “It’s the persistent stare versus the chance to go out and try to find the needle [in the haystack] everyday.”

Just as the operators of different types

of aircraft will have to work together to complete the mission, so will the operators of each Triton.

There will be a briefing on the flight plan before each shift so the new crew understands what the previous crew accomplished and what the goals are for the incoming crew. Then at each shift change there will be a face-to-face update as the crews sit side by side before passing along the controls.

“For me in a manned aircraft, a lot of the times the enjoyment and sense of accomplishment came from completing the mission, not necessarily flying the plane itself,” Lt. Matt Willard said. “I think once we start operating this thing we are going to have that same feeling coming off a shift that it was a successful completion.”

Willard is part of the first class to make it through the training process. He said it’s possible that he’ll transition back to flying manned aircraft for his next tour, but for now he’s working hard to master a new tool in the world of aviation.

The Triton program is barely off the ground right now, but Willard and the others who will be perfecting the process will be doing so from Jacksonville.

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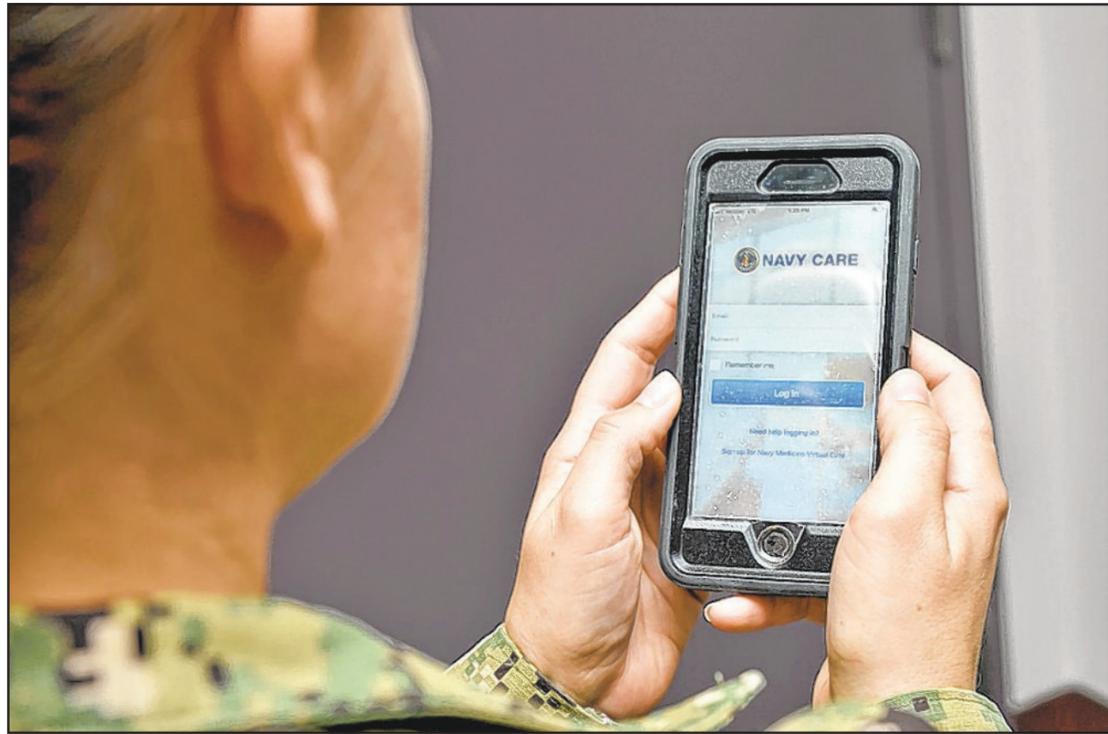


Photo by Jacob Spel

A Sailor uses the Navy Care app on her cell phone for a virtual health visit with a Naval Hospital Jacksonville provider. Navy Medicine is conducting its world-wide pilot of Navy Care in Jacksonville.

## 'Navy Care' virtual health app launches at NH Jax

By Rodney Foushee

Naval Hospital Jacksonville Public Affairs

Naval Hospital (NH) Jacksonville now offers some health visits as virtual visits, thanks to a new app.

Navy Medicine is conducting its worldwide pilot of Navy Care at Naval Hospital Jacksonville. Navy Care enables patients to have a virtual visit with a clinician, by using a smartphone, tablet or computer. It's private, secure and free.

Navy Care offers care where the patients are, and where the providers are.

For a virtual visit, the patient can be at home, at work or anywhere that offers privacy. The clinician works from their office at the hospital or branch health clinic. The patient and clinician see and talk to each other in real time, using Navy Care's secure app or website, from any video-enabled device (such as a smartphone, tablet, laptop, or desktop computer).

"Navy Care delivers convenient care to our patients, with the same quality as a face-to-face visit," said NH Jacksonville Commanding Officer Capt. David Collins. "It's an extension of value-based care, which focuses on value from the perspective of the patient."

Navy Care has rolled out for certain types of follow-up visits in allergy, behavioral health, clinical pharmacy, diabetes wellness team, family medicine, fitness enhancement program, neurology/sleep medicine, nutrition, orthopedics/podiatry, specialty pediatrics, periodic health assessment and urology.

"The Navy Care app was so easy to use," said Lt. Kurt

Bogart, a fleet division officer based at Naval Station Mayport. "It saved me two hours in travel time for a follow-up visit with my doctor at Naval Hospital Jacksonville."

Bogart appreciates the convenience the Navy Care app provides. "I think this technology is great," he said. "My doctor could monitor my progress with the app and discuss my treatment with me, just like I was there in his office."

If your medical needs are appropriate for a virtual visit, your provider will discuss Navy Care with you. You'll fill out and submit consent forms. Hospital or branch clinic staff will create an account for you. You'll access your account by visiting the website at <https://navy.care>, or by downloading the free Navy Care app (for iOS on the Apple App Store, or for Android phones at the Google Play Store). You'll receive an email confirming your appointment. When it's time for your virtual appointment, you'll check-in using the link sent to you by email (or by logging in to the app or website). There's a technical support team available by phone (at 866-795-8900) and by email (at [navycare@americanwell.com](mailto:navycare@americanwell.com)).

To use Navy Care, the patient needs to own a video-enabled device (such as a smartphone, tablet, laptop, or desktop computer) that's connected to a 3G, 4G LTE, or wireless (Wi-Fi) network.

"Our sleep medicine patients have been very pleased with the convenience of follow-up visits using the Navy Care virtual environment," said John Hawley D.O., a neurologist at NH Jacksonville.

Each of the nearly 50 providers selected for this pilot program have completed specialized training to provide care through the new service.



YN1 Tamiaca Allen

## SAPR Spotlight: YN1 Tamiaca Allen

From FFSC

YN1 Tamiaca Allen of Navy Recruiting District Jacksonville has been involved in the Sexual Assault Prevention and Response (SAPR) Program for more than six years. She chose to be a part of the SAPR Program to help raise awareness of sexual assault in the community. Allen says she wants to ensure that people know their reporting options and the different resources available to them.

She is a member of the Naval Air Station Jacksonville SAPR team as a certified victim advocate but takes this collateral duty beyond what is required of her. Allen not only recruits future Sailors, she recruits advocates to be a part of the program, and she recruits co-workers and colleagues to participate in awareness events.

For more information on becoming a SAPR victim advocate, call (904) 542-5745.

If you are a victim of sexual assault and need assistance or have questions, call the DOD Safe Helpline at 877-995-5247 or (904) 910-9075 or (904) 239-9291. You may also speak with the sexual assault response coordinator at (904) 548-7789.

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MARKETPLACE | EVENTS

# Tips for service members with student debt

By Seth Frotman and Paul Kantwill  
Consumer Financial Protection Bureau

The unique nature of life in the military can create financial challenges for service members. This is especially true for service members with student loans. We routinely hear from service members who enter military service not simply with student loans, but because of them.

And yet, military borrowers continue to tell us about the obstacles they face when repaying their student loans, including accessing essential protections like Public Service Loan Forgiveness (PSLF).

Struggling to afford your monthly student loan payment?

Call your servicer to ask about your benefits and protections as a service member. When military borrowers are not able to get on track for programs like PSLF, they can end up paying tens of thousands of dollars they would otherwise not owe. Service members report that instead of getting into an income-driven repayment (IDR) plan and on track for PSLF, their servicers would steer them toward options like military deferment or forbearance.

While these options provide short-term payment relief, they can increase the overall cost of student loans and delay access to loan forgiveness options available through IDR or PSLF.

We previously reported on how thousands of service members with student

loans are enrolled in military deferment for extended periods despite the availability of IDR. We reported that, on average, service members who are in military deferment spend two and a half years in that status.

During these years, borrowers may be missing out on making payments based on their incomes that would qualify toward loan forgiveness. We also found that military deferment can cause a service member to pay thousands of dollars more than if they had promptly entered IDR and PSLF.

As one service member explains: I told [my servicer] I could not pay the monthly payment of \$1,200 a month and . . . was reporting for active service. At no time did anyone suggest that I apply for an income driven repayment plan, which I found out a month ago, would have been my best option, as the payments would have been small, affordable for an E1-E5, and would have counted toward the 120 payments for public service loan forgiveness. I was encouraged, on that phone call, to place my loans into long-term military deferment. At no time during this conversation was I ever told [that the interest on] my loans would capitalize.

Unable to enroll into an IDR plan before you leave for basic training?

Consider authorizing a trusted friend or family member as your financial power of attorney (POA) to enroll your student loans in an IDR plan after your grace period ends. POA's also come with

some risks, so be sure to only authorize someone you trust.

After leaving school, most student loan borrowers enter a six-month grace period in which no payments are due. Generally, student loan borrowers must wait until close to the end of their grace period to enroll in an alternative repayment plan, like an IDR plan.

Military borrowers report that when they leave college and enlist in the military, this delay often coincides with basic training. By the time service members are eligible to submit their applications for IDR enrollment, they may be in the middle of training and therefore have severely limited access to computers and phones.

Military borrowers report that as a result, they are not able to seek assistance from their servicer to navigate the IDR enrollment process. These service members state that they enter repayment and immediately find themselves in financial distress.

Military borrowers have rights

In addition to IDR, active-duty military borrowers with student loans may also be eligible for certain interest rate protections on loans taken out before entering military service. Some private student lenders also offer

repayment benefits to military borrowers. Additionally, active duty service members (and veterans) meeting certain requirements may have the balance of their federal student loans forgiven after working in public service for 10 years.

The Consumer Financial Protection Bureau is committed to addressing the personal financial challenges affecting service members, veterans, and their families. If you have questions about repaying student loans, check out our repayment tool to find out more about how you can tackle your student loan debt.

For help handling financial challenges at every step of your military career, visit our guide through the military life-cycle. If you have a problem with a consumer financial product, submit a complaint online or call 855-411-2372.

## Community Calendar

- **Clay County Veterans Appreciation Day** – April 14 - Volunteers are needed for the committee team to help coordinate this event. Please call Rose Claridydavis at (904) 269-6326 or email rose.claridydavis@claycountygov.com.
- **Navy Wives Club of America, Daughters In Dixie No. 300**, meets the second Thursday of each month at 7 p.m. in Lakeshore Woman's Club, 2352 Lakeshore Blvd., 32210. Join anytime. For information, contact Misty Sanders at (904) 307-8683.
- **National Association for Retired Federal Employees**, Orange Park Chapter, meets at the Orange Park library on the third Tuesday of each month (excluding summer months) at 1:30 p.m. Featured are guest speakers from local, state and federal agencies. For more info, call Linda Fleming at 838-7617.
- **Disabled American Veterans (DAV) Chapter 38** Service Officers available Mon., Tues., and Thurs., 9 a.m. – 3 p.m., and Wed., 5:30 – 7:30 p.m. at 470 Madeira Dr., Orange Park. Call 269-2945 or Email: davchapter38@comcast.net. www.davchapter38.com
- **Retired Officers Wives' Club (ROWC)** meets the 4th Friday of each month (Sept. – June) at NAS Jacksonville Officers' Club. Memberships now available to all wives or widows of retired officers or officers who died while serving in the U.S. military. Come out and socialize with old friends, and meet new ones. For more information, call Joan Moses at 384-7013.
- **Marine Corps League Det. 059** meets the first Thursday of each month at 7:30 p.m. at Five Star Veterans Center at 40 Acme St. in Arlington. For information visit <https://mcljacksonville.org/> or call Dwayne Enos (904) 693-0280.
- **HandsOn Jacksonville** seeks active duty military and veterans to lead volunteer efforts that address pressing community issues. Training is ongoing. Contact Tanja Goulet at 904-332-6767 or tanja@handsonjacksonville.org
- **Navy Jacksonville Yacht Club** is open to active duty, reserve and retired military, plus, active or retired DoD civilians. Call 778-0805 or email commodore@njyc.org.
- **COMPASS Spouse-to-Spouse Military Mentoring Program**. Helping others help themselves. Visit [www.gocompass.org](http://www.gocompass.org) for more info.

- **Navy Wives Clubs of America No. 86** meets the first Wednesday at 7 p.m. next to the Thrift Store at the NAS Jax Yorktown gate. Contact Chris McCloskey (904) 347-1447 or Amy Johnson (904) 303-9437
- **Fleet Reserve Association Branch 290** monthly meeting is the first Thursday at 8 p.m., 390 Mayport Rd., Atlantic Beach. Call 246-6855.
- **National Active and Retired Federal Employees, Clay County Chapter 1414**, meets at 1:30 p.m. the third Tuesday of each month at the Orange Park Library, off Kingsley. Guests welcome. Contact Marilyn Hollowood at (904) 264-3486 for more info.
- **National Active and Retired Federal Employees, Westside Jacksonville Chapter 1984** meets at 1 p.m. on the fourth Thursday of each month at the Murray Hill United Methodist Church, (Fellowship Hall Building) at 4101 College Street. Contact Richard Carroll at (904) 786-7083.
- **Retired Enlisted Association** meets the fourth Wednesday of each month at 1 p.m. at the Fleet Reserve Hall at 7673 Blanding Blvd. Visit [www.trea.org](http://www.trea.org).
- **Fleet Reserve Association First Coast Branch 91**. General Assembly meets monthly on the second Tuesday at 7 p.m., 5391 Collins Rd., Jax 32244. [www.FRA91.org](http://www.FRA91.org) or call 269-7436.

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**Where:** NH JAX, Bldg.2080, 2nd Deck Conference Room  
**RSVP:** LT Eric Manuel at [eric.r.manuel.mil@mail.mil](mailto:eric.r.manuel.mil@mail.mil)  
**NOTE:** This brief will also be broadcast via. VTC at Branch Health Clinics.

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# NMCRS leader visits NAS Jax



Photo by Twilla Burns

Navy Region Southeast Deputy Commander Bruce Cwalina, center, head of table, talks with retired Marine Corps Brig. Gen. Peter Collins, chief executive officer of the Navy Marine Corps Relief Society (NMCRS), right, and Naval Air Station Jacksonville leadership regarding the upcoming NMCRS Fund Drive. The drive kicks off Feb. 23 at 9:30 a.m. at the River Cove Catering and Conference Center. Collins also visited Naval Station Mayport and Naval Submarine Base Kings Bay, Georgia during his visit Feb. 6.

Retired Marine Corps Brig. Gen. Peter Collins, chief executive officer for the Navy and Marine Corps Relief Society, meets with master chief petty officers from Naval Air Station Jacksonville and tenant commands during his visit to the station Feb. 6. Collins discussed the importance of the society which provides financial assistance to military members and their families, some of the programs offered such as the Quick Assist Loans, Budget for Baby and Visiting Nurses and the upcoming annual fund drive.



Photo by Kaylee LaRocque

# Maritime Patrol Association opens registration for 2018 Symposium

## From the Maritime Patrol Association

The Maritime Patrol Association (MPA) has launched its online registration for the 2018 Symposium in preparation for three full days of events that will celebrate this year's theme:

### Family of Systems Unite: Triton, Poseidon, Orion and Aries

The 2018 MPA Symposium will take place April 25-27 at Naval Air Station Jacksonville (NAS Jax).

The delivery of the first two Triton aircraft to Unmanned Patrol Squadron 19 and successful completion of their safe for flight inspection has resulted in the first fleet events with Triton as it prepares to forward deploy later this summer.

Triton's arrival, marks the uniting of our future with our past, as the community continues to transition squadrons from the P-3 Orion to the P-8 Poseidon and Triton continues development as the replacement for the EP-3 Aries.

"It is an honor to accept these new aircraft from Northrup Grumman Corporation on behalf of the U.S. Navy," said Cmdr. Benjamin Stinespring, VUP-19 commanding officer.

"Our aircrews and maintainers are eager to push this platform to see how far we can go in supporting the fleet."

Symposium attendees can register for a host of events, including the Scholarship Golf Tournament and 5K Run, Flight Suit Social, aircraft tours, and historical community presentations, as well as the Heritage Dinner.

The guest speaker for the April 25 Heritage Dinner is Vice Adm. Bill

Moran.

Moran is a P-3 pilot who served across the maritime patrol community and commanded Patrol Squadron 46 and Patrol and Reconnaissance Wing Two.

As a flag officer he has commanded the Patrol and Reconnaissance Group, served as director, Air Warfare, N98 and Chief of Naval Personnel. He currently serves as Vice Chief of Naval Operations.

Past and present, American and allied maritime patrol aviators will attend this event and join in celebrating the Maritime Patrol and Reconnaissance Force (MPRF) pilot, naval flight officer, aircrewmembers and maintainer of the year awards, a lifetime achievement recipient to be named by the Military Officers Association of America, and the induction of the newest members of the MPRF "Hall of Honor."

On April 26, golfers and runners can participate in MPA's annual scholarship fundraising events at the NAS Jax golf

course and in the 5K run.

Net proceeds of all funds collected at these events go directly to the MPA Scholarship Fund, which is facilitated by the Wings Over America Scholarship Foundation and benefits outstanding student dependents of MPRF personnel,

past and present.

For a complete schedule of events, as well as to register for events online, visit: <http://www.maritimepatrolassociation.org/symposium.html>.

## Sailor in the Spotlight

By Hannah Simmons  
Staff Writer

This week's Naval Air Station Jacksonville (NAS Jax) Sailor in the Spotlight is ABH2(AW) Jarred Scifert.

Scifert was named Sailor of the First Quarter for FY18 and his current duty is aircraft maintenance and landing assistance.

A native of Virginia Beach, Virginia, Scifert joined the Navy seven years ago for the opportunity to travel the world, and receive a quality education.

He chose to start his duty within the fast-paced environment on the flight deck and directing aircraft. Scifert enjoys having a role in critical objectives for a mission.

He is humbled to know he takes part in ensuring the mission is complete and keeping people safe.

"If I serve a full 20 years, and only saved one life or have helped in any way to get someone home safely, then that is ultimately why I do what I do," said Scifert.

At NAS Jax, Scifert does not work directly on the flight deck, but he still plays a key role in the mission of the Navy by safeguarding the life-saving



ABH2(AW) Jarred Scifert

equipment. He has received a Navy and Marine Corps Achievement Medal for installing arresting gear engines to ensure the reopening of the runway.

Outside of his work, Scifert occupies his time judging science fairs at local schools and volunteering for various organizations.

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# Sailors Of The Quarter - 1<sup>ST</sup> Quarter FY 18

## NAS Jacksonville

SSOQ - AC1 Jason Reed  
 SOQ - ABH2 Jarred Scifert  
 JSOQ - MA3 Imani Solomon  
**Transient Personnel Unit/Pre-Trial Confinement Facility Jax**  
 SOQ - DC1(SW) Jeremiah Bredeson  
 JSOQ - BM2(SW/AW) Tiara Clay  
**Fleet Readiness Center Southeast Shore**  
 SSOQ - YN1 Shayla Hammonds  
 SOQ - AD2(AW) Brian Loftongorge  
 JSOQ - AS3(AW) David Miller  
 BJOQ - LSSA Nickolas Hoffpaur

**Sea**  
 SSOQ - AT1(AW/SW/IW) Ahmad Zephir  
 SOQ - AM2(AW/SW) Justin Hensley  
 JSOQ - AT3 Sabrina Hughes

## Navy Region Southeast

SOQ - MU1 Trent Perrin  
 JSOQ - RP2 Telvin Freeman  
 BJOQ - MU3 Andrew Willis  
**VP-5**  
 SSOQ - AME1(AW) Ulysses Zellous III  
 SOQ - AZ2(AW) Marc Morales  
 JSOQ - PS3(AW) Sonja Peguese  
 BJOQ - ATAN(AW) Carlos Suarez

**VP-8**  
 SSOQ - AT1(AW) Christopher Degroat  
 SOQ - AD2(AW) Amber Alderson  
 JSOQ - AO3(AW) Teresa Lara  
 BJOQ - ITSJN Cody Henio

**VP-16**  
 SSOQ - AE1(AW) Delford Lassiter  
 JSOQ - AE2(AW) Shannon Strange  
 BJOQ - YNSN Nolan Lee

**VP-26**  
 SSOQ - AM1(AW) Mark Beckmann  
 SOQ - AWO2(NAC/AW) Thomas Braman  
 JSOQ - IT3(AW) James Carver Jr  
 BJOQ - AOAN(AW) Pedro Alkalaruz Jr.  
**HSM-60**

**Full Time Support**  
 SOQ - AD1 Shane Stricklin  
 JSOQ - HM2 James Bright  
 BJOQ - AD3 Amanda Wood

**Selected Reserve**  
 SOQ - AM1 Jason Garcia  
 JSOQ - AZ3 Taeshia Brady  
 BJOQ - AM2 Makinda Leonard  
**HSM-70**

SOQ - AWR1 Patrick Lowther  
 JSOQ - AD2 William Hawkins  
 BJOQ - AWR3 Roberto Castanon  
**HSM-74**

SOQ - AD1 Benjamin Boatright  
 JSOQ - AWR2 Jason Odle  
 BJOQ - AM3 Meggan Snyder  
**Commander Patrol and Reconnaissance Wing 11**

**Sea**  
 SSOQ - AM1(AW) Samuel Blevins  
 JSOQ - ET2(SW/IW) Jacob Schlehuder  
 BJOQ - OS3 Leihani Berry

**Shore**  
 SSOQ - AWO1(NAC/AW) Blake Delise  
 JSOQ - AWO2(NAC/AW) Daniel Messias



**Naval Air Station Jacksonville Command Master Chief (AW/SW) Jeffery Waters (left) and Commanding Officer Capt. Sean Haley cut a cake, made by the Flight Line Café galley for the Sailor of the Quarter luncheon Feb. 15.**

**Naval Operational Support Center Full Time Support**  
 SOQ - YN1 Myrad Keck  
 JSOQ - PS2 Santiago Guerrero

**Navy Computer & Telecommunications Station**  
 SSOQ - LS1 Darrell Leak  
 JSOQ - CE2 Thomas Wierzbicki  
 BJOQ - IT3 David Gavin  
**VUP-19**

**Shore**  
 SSOQ - IT1(SW/IW) Robert Green  
 SOQ - IS2(IW) Katalena Honeycutt  
 BJOQ - LSSA Marcus Smith  
**VP-30**

SSOQ - AWO1(NAC/AW) George Freer  
 SOQ - AWO2(NAC/AW) Christopher Mundell  
 JSOQ - LS3(AW) Bill Ojienda  
 BJOQ - AMEAN(AW) Kilah Reddoch  
**VP-62**

**Full Time Support**  
 SOQ - AM1(AW) Joseph Johnson  
 JSOQ - YN2(AW) Lashanta King  
 BJOQ - AD2(AW) Samuel Townsend  
**Selected Reserve**  
 SOQ - YN1(AW) Whitney Brown  
 JSOQ - AO2 Darius Thomas  
 BJOQ - AM3 Logan Schroeder  
**Aviation Survival Training Center Jax**  
 SOQ - PR1 Parnell Nauta  
 JSOQ - BM2 Timothy Chuck  
**Naval Hospital Jacksonville**



Photos by Julie M. Lucas

**AWO1 John Herrman served as guest speaker for the NAS Jacksonville Sailor of the Quarter luncheon Feb. 15. Herrman is the Patrol Squadron 16's Sailor of the Year, as well as Commander, Patrol and Reconnaissance Wing 11 Sailor of the Year and Commander, Naval Air Forces Atlantic Sailor of the Year.**

SSOQ - HM1 Kirby Boudreaux  
 SOQ - HM2 Keelan Jackson  
 JSOQ - HM3 Andrew Freire  
 BJOQ - HN Jensen Gochenour  
**Fleet Logistics Center Jax**  
 SOQ - LS1(SW/EXW) Jared Pugh  
**VR-58**

**Full Time Support**  
 SOQ - AME1 Matthew James  
 JSOQ - AWF2 Sebastian Moss  
 BLOQ - AWF3 Nicole Taus

**Selected Reserve**  
 SOQ - AWF1 Amanda Alcantar  
 JSOQ - AD2 Natisha Wallace  
 BJOQ - LS3 Noelia AyallAponte  
**Navy Region Southeast Reserve Component Command**  
 SOQ - LS1(AW) Vitalese Aigbokhan  
 JSOQ - IT2 (AW) Quiana Manuel  
**Maritime Patrol and Reconnaissance Weapons School**  
 SOQ - IS1 Tina Tanner  
**VP-10**

SSOQ - AWO1(AW) Daniel Ion  
 JSOQ - AT2(AW) Rowena Todd  
 BJOQ - PR3(AW) Kalee Vang  
**VP-45**

SSOQ - AZ1(AW) Ronald Ford  
 JSOQ - AWO2(NAC/AW) Irma Sanchez  
 BJOQ - PS3 Anjelica Espinoza  
**Navy Munitions Command Detachment Jax**  
 SOQ - AO2 Robert Segarra  
**Fleet Area Control and Surveillance Facility Jax**  
 SOQ - AC1 Christopher Tabing

JSOQ - OS2 Na'Tiqua Williams  
 BJOQ - ACAN Carter Stokes  
**Naval Oceanographic ASW Detachment**  
 SSOQ - AG1(IW/AW/SW) Tara Crow  
 JSOQ - AG3 Randie Beacht  
**Coastal Riverine Squadron 10**  
 SSOQ - EN1 Dalik Bacchus  
 JSOQ - EN2 Shawn Pettingil

## SOQ

From Page 3

Additional donated items were also given away, including water bottles and \$50 gift cards.

One of the awardees, CM2 Tiara Clay from Transient Personnel Unit/Pre-Trial Confinement Facility Jacksonville, said she has won multiple awards by maintaining a personal standard.

"Being named Sailor of the Quarter isn't a goal, it's about being recognized for all your hard work," Clay said.

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## From Staff

Free tax help is available! Don't pay to have your 2017 tax return prepared and filed. If your household income was less than \$66,000 in 2017 you may be eligible for free tax help at one of more than 60 Volunteer Income Tax Assistance (VITA) and Tax-Aide sites throughout Northeast Florida.

IRS-certified volunteers are ready to assist you to prepare and electronically file your 2017 tax return. This service is supported by United Way of Northeast Florida and AARP. For more information and to find a free tax-preparation site near you, visit [www.unitedwaynefl.org](http://www.unitedwaynefl.org).

[www.unitedwaynefl.org/realsense/free-tax-filing/](http://www.unitedwaynefl.org/realsense/free-tax-filing/), or call United Way's 2-1-1 or 904-632-0600.

If you are outside Northeast Florida, visit the IRS.gov Tax Site Lookup to find a free tax-preparation site in your community. Appointments can be made online for both locations at <https://booknow.appointment-plus.com/y7smjk18/>.

Representatives will be at NAS Jacksonville, Building 13 at the Yorktown gate on Monday, Wednesday and Friday from 9 a.m. - 4 p.m. and Tuesday and Thursday from 9 a.m. - Noon. To schedule an appointment, call (904) 515-3481.

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**Soccer league meeting - Feb. 21**

The league is open to active duty, selective reservists, DOD civilians, DOD contractors, dependent spouses assigned to a command at NAS Jacksonville and retirees. The games are played in the evenings. The meeting will be held at the base gym in the classroom on the second floor outside the women's locker room at 11:30 a.m. Commands having their athletic officer or designated representative attend the meeting will receive 5 captain's cup points. All interested personnel should attend the meeting to discuss rules and to get the required paperwork to join the league.

**Men's racquetball tournament - Feb. 26**

The tournament is open to active duty, selective reservists, DoD civilians, DoD contractors, and dependent spouse men assigned to a command at NAS Jacksonville. Call the NAS Jax Gym to sign up by Feb. 22.

**Greybeard softball league meeting - Feb. 28**

The league is open to active duty, selective reservists, DOD civilians, DOD contractors, dependent spouses assigned to a command at NAS Jacksonville and retirees age 30 and up. The games are played at lunchtime on Tuesdays. The meeting will be held at the base gym in the classroom on the second floor outside the women's locker room at 11:30 a.m. Commands having their athletic officer or designated representative attend the meeting will receive five captain's cup points. All interested personnel should attend the meeting to discuss rules and to get the required paperwork to join the league.

**Intramural softball league meeting - Feb. 28**

The league is open to active duty, selective reservists, DOD civilians, DOD contractors, dependent spouses assigned to a command at NAS Jacksonville and retirees. The games are played in the evenings on Tuesdays and Thursdays. The meeting will be held at the base gym in the classroom on the second floor outside the women's locker room at 12:00 p.m. Commands having their athletic officer or designated representative attend the meeting will receive five captain's cup points. All interested personnel should attend the meeting to discuss rules and to get the required paperwork to join the league.

**Women's softball league meeting - Feb. 28**

The league is open to active duty, selective reservists, DOD civilians, DOD contractors, dependents at NAS Jacksonville and retirees. The games are played in the evenings. The meeting will be held at the base gym in the classroom on the second floor outside the women's locker room at 12:30 p.m. All interested personnel should attend the meeting to discuss rules and to get the required paperwork to join the league.

**3 on 3 sand volleyball meeting - March 7th**

The league is open to active duty, selective reservists, DOD civilians, DOD Contractors, Dependent spouses assigned to a command at NAS Jacksonville and Retirees. The games are played at

# NAS Jax Sports

lunchtime. The meeting will be held at the base gym in the classroom on the second floor outside the women's locker room at 11:30 a.m. Commands having their athletic officer or designated representative attend the meeting will receive five captain's cup points. All interested personnel should attend the meeting to discuss rules and to get the required paperwork to join the league.

**Leprechaun Dash 5k - March 16**

The race is free and open to all authorized gym patrons. Runners will earn captain's cup points for their commands for participating. The race will be held on Perimeter Road at the end of Mustin Road at the Antenna Farm at 11:30 a.m. Registration will be held at the race site from 10:30-11:15 a.m. Awards will be given to the top male and top female runner for age groups: 17 & under; 18-23; 24-29; 30-39; 40-49; and 50 over.

**Men's singles tennis tournament - March 26**

The tournament is open to active duty, selective reservists, dependent spouses, DOD civilians, and DOD contractor men assigned to a command at NAS Jacksonville. The tournament starts at 5 p.m. and will be held at the Guy Ballou Tennis Courts on the corner of Allegheny Road and Birmingham Road. Participants will earn participation points for their command toward the captain's cup and can earn additional points for finishing 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> place. Call NAS Jax Athletics to sign up by March 23.

**Women's singles tennis tournament - March 26**

The tournament is open to active duty, selective reservists, dependent spouses, DOD civilians, and DOD contractor men assigned to a command at NAS Jacksonville. The tournament starts at 5 p.m. and will be held at the Guy Ballou Tennis Courts on the corner of Allegheny Road and Birmingham Road. Participants will earn participation points for their command toward the captain's cup and can earn additional points for finishing 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> place. Call NAS Jax Athletics to sign up by March 23.

**Tennis lessons and clinics now offered on base**

We now have a professional tennis instructor on base to offer tennis lessons to all authorized MWR patrons. Interested personnel can contact the base gym at 542-2930 to get more information about the tennis lessons and to make an appointment for a lesson.

Private Lessons

Adults and Juniors:

60 minutes = \$40

90 minutes = \$60

Additional hours if person takes more than two hours per week = \$25

Semi-Private (2 people) Lessons

Adults and Juniors: 60 minutes = \$20 each person

Group/Clinic Lessons (3 or more people taking lesson(s) together):

Adults: 3-8 people (60 minutes for 3 people; 90 min for 4 or more people) = \$15 per

person

Note: The minimum of each clinic is 3 people and maximum is 8.

**For more information, call Bill Bonser at 542-2930/3239 or e-mail [bill.bonser@navy.mil](mailto:bill.bonser@navy.mil). Visit the MWR website at [www.cnic.navy.mil](http://www.cnic.navy.mil) or [www.facebook.com nas-jaxmwr](http://www.facebook.com/nas-jaxmwr).**

## Standings

### As of Feb. 16

#### Badminton Doubles Standings

Team	Wins	Losses
TPU/PCF Shuttle Roosters	2	0
NAVFAC Flying Gravity	2	1
NAVFAC Clear	2	1
NAS Jax Holy Rollers	2	1
NAVFAC 2 Fly or Not 2 Fly	2	1
NAVFAC Turtles	2	1
VP-30 C	0	0
TPU/PCF Lockem Up	0	1
NAVFAC Ray Ban Shades	0	1
TPU/PCF Watch the Birdies	0	1
CNATTU Old School	0	2
VP-30 A	0	2

#### Intramural Winter Basketball Standings

Team	Wins	Losses
NAVHOSP B	4	0
VP-16	6	1
FRC Blue	4	1
NAVHOSP (2)	4	1
VP-62/NAVSUP FLCJ	4	1
VR-58/VR-62	4	1
NMC/NAVY RESERVE	5	2
VP-30	2	3
HITRON	1	4

HSM-60	1	4
VP-10	1	4
VUP-19	1	4
HSM-70	0	5
TPU/PCF	0	6

#### Ultimate Frisbee Standings

Team	Wins	Losses
CNATTU	2	0
TPU-PCF/VUP-19	1	0
NAVFAC	1	1
FRCSE Sprit	0	1
VP-62	0	2

#### Winter Golf Standings

Teams	Wins	Losses
HSM-70 Team 1	2	0
MPRWS	1	0
CNATTU	1	1
FACSFAC Blue	1	1
FRCSE 600	1	1
GEMD	1	1
HSM-70 Team 2	1	1
FACSFAC Gold	0	1
FRCSE Alfs	0	2
HITRON	0	2

#### Skeet Standings

Teams	Wins	Losses
FLCJ Orange Crush	2	0
FRCSE Shooters	2	0
NAVFAC Gulf Coast Shooters	2	0
NAVFAC Moskeeters	2	0
NAVFAC Sons of Guns	2	0
TPU/PCF Dusters	2	0
VP-30	2	0
VP-45	1	0
NAVFAC PDHC 4 Life	1	1
VP-10 Irv's Gun Club	1	1
VUP-19 (1)	1	1
CNATTU Skeet Happens	0	2
FACSFAC	0	2
NAS Jax Buffs	0	2
SERCC	0	2
TPU/PCF Shotguns & Roses	0	2
VUP-19 (2)	0	2
FRCSE Tailgaters	0	3

### Patriotic Employer Hiring Event

All military branches and military family members are invited:

**When: March 10, 10 a.m. – 2 p.m.**

**Where: Naval Air Station Jacksonville, Hangar 117**

The Department of Defense employment initiative has invited employers to meet those looking for employment to discuss current job opportunities.

Representatives from the following companies are participating:

- Northrup Grumman
- Trident Refit Facility-Kings Bay
- Veterans Administration
- Starbuck's
- Florida Power & Light
- Shipyards Staffing, Inc.
- Most Regional Law Enforcement Agencies

For more information, contact Penny Justice, Military Employment Advocate/Coach- Department of Defense, CCD Career Connection at 904-553-0265 or [Penny.L.Justice@gmail.com](mailto:Penny.L.Justice@gmail.com).



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## Community Recreation

Call 542-3227

Wizarding World of Jax

Feb. 24, 6 – 9 p.m.

Wizards 13 & older (muggles also welcome) are invited to the River Cove Catering & Conference Center. The Great Hall opens at 5 pm; sorting will commence at 6 pm. Purchase tickets at the Tickets & Travel Office for only \$20. Enjoy food, beverages, wizard duels, a potion contest & more. Costumes encouraged.

Intro to Navy Digital Library Class

Feb. 27, 3 – 6 p.m.

Bldg. 622, Free class!

## River Cove Catering & Conference Center

Call 542-3041

Did you know you can book weddings, luncheons, retirements, birthday parties, conferences and more at the River Cove Catering & Conference Center?

## Dewey's

Call 542-3521

Friday Family Night

Third Friday of each month, 5 – 8 p.m.

Bring your family out to Dewey's! Featuring the Balloon Man Justin, karaoke with DJ Tom and much more! Bingo at Dewey's

Great cash payouts, even better jackpots! Lunch and evening sessions available. Call (904) 542-8449 for current promotions and times.

Free Texas Hold'em Tournaments every Monday and Thursday at 7 p.m. Monday Pizza Special 2 – 9 p.m. Enjoy a 12" Cheese or Pepperoni Flat Bread pizza for \$7.

Friday Karaoke starts at 6 p.m.

## Freedom Lanes Bowling Center

Call 542-3493

Monday: \$6 All you can bowl, 4 – 6 p.m.

Wednesday: \$7.95 All you can bowl, 4 – 10 p.m.

Thursday: Free bowling for active duty 11 a.m. - 1 p.m.

Saturday: \$10 Extreme Bowling, 4 - 6 p.m. \$13 Party Extreme, 9 p.m. – midnight. Shoes included.

Youth Bowling League: Held every Saturday at 10:30 am. New bowlers always welcome!

Winter Bowling Leagues: Now forming! Call for details.

\*Please note, the specials do not include shoes unless stated otherwise\*

## Fitness, Sports & Aquatics

Call 542-2930

Captain's Cup Leprechaun Dash 5K

March 16, 11:30 a.m. at the Antenna Farm

Race day registration will be from 10:30 - 11:15 am. Awards will be given to the top men and women in each division. Captain's Cup points awarded to participating commands.

13<sup>th</sup> Annual Captain Chuck Cornett Navy Run

April 7, 8 a.m. at the NEX Convenience Store Lot

Sign up now: <http://1stplacesports.com/events/race-calendar/>

Indoor Pool and Outdoor Pool

Visit [www.navymwrjacksonville.com](http://www.navymwrjacksonville.com) for the current hours of operation.

Group and private tennis lessons are now available.

Call the base gym for pricing information.

Patrons can select from a variety of massage types, including Swiss, Deep Tissue/Sport, as well as other spa services, such as facial & body treatments. For a complete list of services, visit the base gym or fitness center.

## MWR Digital Library

Enjoy unlimited access to Ebooks, Audio Books, Digital Magazines, Genealogy Resources, Digital Newspapers, Journals, Auto Repair, Tutoring Service & much more! Visit [NavyMWRDigitalLibrary.com](http://NavyMWRDigitalLibrary.com) to register.

Contact Community Recreation at (904) 542-3227 for assistance.

Feb 23: Icemen Hockey - \$10

Feb 24: Monster Jam! - \$20

Feb 25: Ice Skating - \$12

Feb 27: Trivia Night!

## NAS Jax Golf Club

Golf Course: 542-3249

Mulligan's Restaurant: 542-2936

Twilight Summer Golf League

Every Tuesday at 5 p.m., March 27 – Aug. 14

Team rosters due March 21

\$22 per player each week, 7 person teams

Appreciation Days

Play 18-holes with cart for \$19.

Active Duty Days: Feb. 6 & 20

Retiree Days: Feb. 8 & 22

Swing It & Wing It Special: Play 18 holes with a cart and enjoy 10 wings and two draft beverages for only \$25 after noon daily.

Daily Twilight Special: Play 18-holes with cart for only \$18 after 1:30 p.m.

Monday - Friday.

Monday & Tuesday: Play 18-holes for \$20, 6:30 a.m. – 1 p.m. Cart & green fees included. Not applicable on holidays.

- Tony Roberts: April 26-28, 2 for \$25.

- Luenell: May 3, \$20.

2017 - 2018 Broadway Series Shows

Times-Union Moran:

- The Illusionists: March 2-3

- Motown The Musical: March 10-11

- Super Scientific Circus: March 11

- Celtic Woman: March 13

- Million Dollar Quartet: March 15

- Cirque Eloize-Saloon: March 16

- Peter Pan - A Live Stage 3D

Spectacular: March 28

- Beautiful: April 11 & 14, \$75/\$80.

- A Chorus Line: April 28

- Chicago: May 15, 18 & 19, \$54/\$87.

2017 - 2018 Thrasher Horne:

- Wizard of Oz: March 10, \$51.50.

- What's Going on: The Marvin Gaye Experience: March 11, \$30.

- Hotel California: A Salute to the Eagles: March 16, \$30.

- Funk Fest: May 11-12. 2 Day General Admission \$75, 2 Day Gold VIP \$297, 2 Day Silver Preferred A \$173, 2 Day Bronze Preferred B \$151.25.

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*What to do this year? Local Fun Trips!*

Come join us on our scheduled trips. Relax and let us do the driving!

All trips will leave NAS Jax at 8 a.m. and return at 5 p.m., unless stated otherwise.

Paula Deen's in Savannah, Ga.: April 21, \$40. Bus departs at 8:30 a.m., returning at 5:30 p.m.

Scenic Cruise Trip, St. Augustine: May 19, \$22. Bus departs at 9:30 a.m., returning at 3:30 p.m.

Orlando Shopping (Millennia Mall and Premium Outlets): Aug. 4, \$25.

34<sup>th</sup> Annual Mt. Dora Craft Fair: Oct. 27, \$20. Bus departs at 8 a.m., returning at 3 p.m.

Paula Deen's in Savannah, Ga.: Dec. 15, \$40. Bus departs at 8:30 a.m., returning at 5:30 p.m.

*Current Ticket Promotions Include the Following:*

Adventure Landing Dry Park Attractions: 22.

Alhambra Dinner Show: Prices range \$40 - \$50.

Autobahn Indoor Speedway: (28% Savings) \$25 Gift Card - \$20. \$50 Gift Card - \$40.

Bahamas Paradise Cruise Line: 2 Night Cruises \$209 and up. Prices vary depending on room type and dates. Gratuities not included. Departs from Port of Palm Beach.

Biltmore Estates Asheville, NC: Adult - \$51, Youth - \$22.

Captain Clif's Fishing Charter - Half Day Inshore (3Pax): \$216. Full Day Inshore (3Pax): \$330. Half Day Offshore (4Pax): \$385. Full Day Offshore (4pax): \$495. Half Day Nature /Dolphin Experience (6Pax): \$216.

Catty Shack Ranch Wildlife Sanctuary: \$8.50 - \$13.50.

Chocolate Kingdom (Kissimmee/Orlando, Fla.): Adult \$14, Child \$11.

Disney World Fla. Resident Discover Pass 2018: \$156.25 for a 3 Day (1) Park per day. \$185.75 for a 3 Day



# READ THIS AD.

OR, DON'T.

*An exercise in freedom.*

By deciding to continue reading, you've just demonstrated a key American freedom~choice. And, should you choose to turn the page, take a nap or go dye your hair blue, that's cool too.

Because while rights like freedom of speech, freedom of religion and freedom of the press get all the attention in the Constitution, the smaller liberties you can enjoy every day in America are no less important or worthy of celebration.

Your right to backyard barbeques, sleeping in on Sundays and listening to any darned music you please can be just as fulfilling as your right to vote for the president. Maybe even more so because you can enjoy these freedoms personally and often.

So take a moment to celebrate all the little liberties you enjoy in America. Or, forget all this and choose to take them for granted~it's a free country.

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Lease financing available on new 2018 BMW X1 xDrive28i models from participating BMW Centers through BMW Financial Services through February 28, 2018, to eligible, qualified customers with excellent credit history who meet BMW Financial Services' credit requirements. Monthly lease payments of \$399 per month for 36 months is based on an adjusted capitalized cost of \$34,721 (MSRP of \$39,945, including destination and handling fee of \$995, less \$3,000 customer down, \$689.50 dealer fee, \$0 security deposit and suggested dealer contribution of \$1,724 and \$500 Lease Credit). Actual MSRP may vary. Dealer contribution may vary and could affect your actual lease payment. Cash due at signing includes \$3,000 down payment, \$399 first month's payment, \$925 acquisition fee and \$0 security deposit. Lessee responsible for insurance during the lease term, excess wear and tear as defined in the lease contract, \$0.25/mile over 30,000 miles and a disposition fee of \$350 at lease end. Not all customers will qualify for security deposit waiver. Tax, title, license and registration fees are additional fees due at signing. Advertised payment does not include applicable taxes. Purchase option at lease end, excluding tax, title and government fees, is \$23,568. Lease financing available on new 2018 BMW X3 xDrive30i models from participating BMW Centers through BMW Financial Services through February 28, 2018, to eligible, qualified customers with excellent credit history who meet BMW Financial Services' credit requirements. Monthly lease payments of \$499 per month for 36 months is based on an adjusted capitalized cost of \$40,417 (MSRP of \$44,195, including destination and handling fee of \$995, less \$3,000 customer down, \$0 security deposit and suggested dealer contribution of \$778). Actual MSRP may vary. Dealer contribution may vary and could affect your actual lease payment. Cash due at signing includes \$3,000 down payment, \$499 first month's payment, \$925 acquisition fee, \$689.50 dealer fee and \$0 security deposit. Lessee responsible for insurance during the lease term, excess wear and tear as defined in the lease contract, \$0.25/mile over 30,000 miles and a disposition fee of \$350 at lease end. Not all customers will qualify for security deposit waiver. Tax, title, license and registration fees are additional fees due at signing. Advertised payment does not include applicable taxes. Purchase option at lease end, excluding tax, title and government fees, is \$26,075. Offer valid through February 28, 2018 and may be combined with other offers unless otherwise stated. Models pictured may be shown with metallic paint and/or additional accessories. Visit your authorized BMW Center for important details. ©2018 BMW of North America, LLC. The BMW name, model names and logo are registered trademarks.



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