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P-8A Poseidon showcased at Singapore Air Show

By MC1 Jay Pugh

Sailors assigned to the "War Eagles" of Patrol Squadron (VP)-16 showcased the P-8A Poseidon aircraft during the recent Singapore Air Show - Asia's largest aerospace and defense exhibition. The United States was the inaugural "featured country" this year.

VP-16 became the first maritime patrol and reconnaissance aviation squadron to transition to the Poseidon from the P-3 Orion in 2012. The squadron operates six P-8s that began its inaugural deployment to Japan in December 2013.

"We came to show the Navy's commitment to regional partners and allies, and to highlight the Navy's newest long-range, anti-submarine warfare, anti-surface warfare, intelligence, surveillance and reconnaissance aircraft. The air show is also a great opportunity to interact with visitors from across the region," said Cmdr. Dan Papp, executive officer of VP-16.

Built on the Boeing 737 airframe, the P-8A is the most advanced anti-submarine and anti-surface warfare aircraft in



A P-8A Poseidon from the "War Eagles" of Patrol Squadron (VP)-16, is on display at the Singapore Air Show. The Singapore Air Show is Asia's largest aerospace and defense exhibition.

Photo by MC1 Jay Pugh

the world. A true multi-mission aircraft, it also provides superior maritime intelligence, surveillance and reconnaissance capability.

Papp highlighted the P-8A's many technological advances over the legacy P-3C aircraft, which is nearing the end of its service life. The P-8A has a

maximum speed of 490 knots, a ceiling of 41,000 feet, and provides a range of more than 1,200 nautical miles with four hours on station. It can deliver a number of weapons, including MK-54 torpedoes and Harpoon missiles, as well as 126 internal sonobuoys.

"The P-8 gets aircrew on sta-

tion faster and flies higher en route which leads to fuel savings. We can go a longer range, carry a larger payload of sonobuoys for submarine warfare. The airframe is extremely reliable, which means maintenance issues are almost nonexistent," said Papp.

"The aircrew's situational

awareness far surpassed what we did as a P-3 crew. This leads to a distinct tactical advantage on station and leads to a greater awareness from a safety perspective."

The Sailors of VP-16 answered hundreds of ques-

See **VP-16**, Page 8



Photo illustration courtesy of NAVFAC Southeast

An architect's rendering of the new MQ-4C Triton UAS Mission Control Center slated for completion by December at NAS Jacksonville.

Triton Mission Control Center construction underway

By Clark Pierce

Editor

A ground breaking ceremony was held Feb. 11 aboard NAS Jacksonville for the MQ-4C Triton Mission Control

Center. The \$16 million construction project was awarded by Naval Facilities Engineering Command (NAVFAC) Southeast to Whitesell-Green Inc., a small business headquartered in



Photo by Clark Pierce

Breaking ground for the MQ-4C Triton UAS Mission Control Center on Feb. 11 were (from left) NAS Jacksonville Public Works Officer Cmdr. Anant Patel; NAS Jacksonville Public Works Civil Engineer Celio Cedeno; William Whitesell, V.P. of Whitesell-Green; NAS Jacksonville Commanding Officer Capt. Roy Undersander; Commander, Patrol and Reconnaissance Wing-11 Capt. Sean Liedman; VP-10 Executive Officer Cmdr. James Johnston; Joseph Strickland, deputy director of MQ-4C Department; Hugh Simmons, project superintendent of Whitesell-Green; and Mike Vorburger, NAVFAC Southeast FEAD engineering technician.

Pensacola, Fla.

The Triton, formerly known as the Broad Area Maritime Surveillance (BAMS) unmanned aircraft system (UAS), is expected to enable American and allied warriors by providing operational commanders the real-time infor-

mation they require to fight and win.

The Triton Mission Control Center project includes a two-story structure with two electromagnetic, interference-shielded mission control systems,

See **TRITON**, Page 9

Gettysburg-embarked 'Swamp Foxes' complete 1,000 flight hours

By Ensign Kiley Provenzano

USS Gettysburg (CG 64) Public Affairs

Helicopter Maritime Strike Squadron (HSM) 74, Det. 2, embarked aboard the guided-missile cruiser USS Gettysburg (CG 64) in the Arabian Gulf, successfully conducted its 1,000th flight hour of the current deployment, Jan. 17.

"One thousand flight hours is an incredible feat, and it would not be possible without the dedication of the aircrew and the skill of our maintainers," said HSM-74 "Swamp Foxes" Lt. Cmdr. Jack Clark, the detachment's officer in charge. "Without their attention to detail, precision and many long nights, we would not have been able to reach this point."

Behind the flight hours are two sides of operation, the maintainers and the operators. The air maintenance crew completes approximately ten hours of maintenance for every hour of flight.

"Our birds fly nightly, so maintaining

their systems is an absolute priority," said AE1 William Winistorfer.

Boatswain's mates, damage controlmen, hospital corpsmen, ship's servicemen and the pilots and officers controlling the landing all come together to make flight operations a priority for the ship.

Part of that support continues within the aircraft. Flying every hour with the pilots are aviation warfare systems operators, controlling all of the mission equipment. AWR2 Britt Turner has flown 275 hours this deployment.

"It has been a busy deployment," said Turner. "Being able to operate daily has been an incredible experience and opportunity."

Inside the ship, the combat information center plays a large role and logs just as many hours as the pilots. Operations specialists serve as the anti-subsurface tactical controllers (ASTAC)

See **HSM-74**, Page 9



Photo by MC3 Lorenzo Burleson

Lt. j.g. Joe Gramata operates the landing signal officer station Nov. 22, 2013 during the recovery of a "Swamp Foxes" MH-60R Seahawk on the flight deck of the guided-missile cruiser USS Gettysburg (CG 64) in the Gulf of Oman.

INSIDE

QUALITY AWARD
Naval Hospital Jacksonville
Page 6



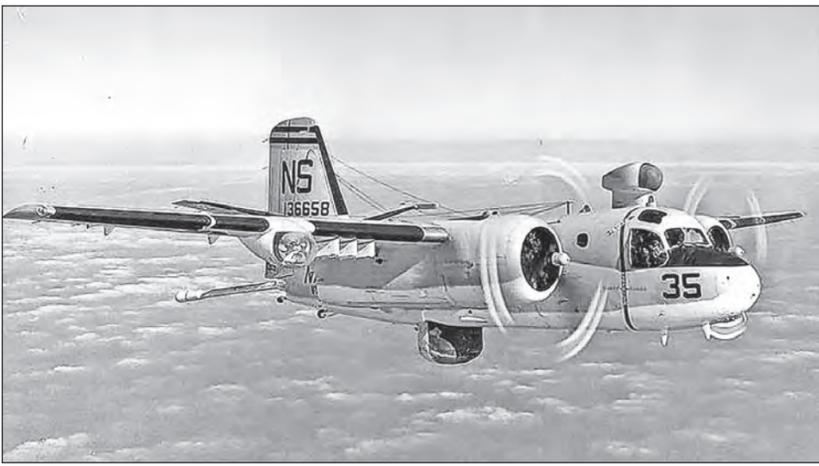
GRUNT! PUSH!
Powerlifters Compete
Pages 4 & 5

MILITARY SAVES
Weeklong Financial Fair
Page 12

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U.S. Navy photos

A Grumman S-2A Tracker assigned to the "Tromboners" of anti-submarine squadron VS-29. The squadron was assigned to Anti-Submarine Carrier Air Group 53 aboard the aircraft carrier USS Kearsarge (CVS-33). The Tromboners flew the S-2A from 1960 to 1963.



The Lockheed S-3A Viking carrier-based ASW aircraft entered service in 1974 at NAS North Island, Calif. Fleet replacement squadron VS-41 accepted the aircraft that incorporated the latest sensors, computer-based data processing, display and weapons control systems. The S-3B version incorporated new technology for increased radar detection range and classification, advanced acoustic processing and Harpoon missile capability. The S-3 replaced the propeller-driven S-2 Tracker that was the Navy's primary carrier-based submarine hunter for more than 20 years. The S-3 was retired in 2009 after 35 years of service.

This Week in Navy History

From Staff

Feb. 20

1815 - USS Constitution, under Capt. Charles Stewart, captures HMS Cyane and sloop-of-war Levant.

1962 - USMC Lt. Col. John Glenn becomes first American to orbit Earth. His flight in Friendship 7 (Mercury 6) consisted of three orbits in 88 minutes at a velocity of 17,544 mph. Recovery was by USS Noa (DD-841).

1974 - First Lockheed S-3A Viking ASW carrier jet is assigned to VS-41 "Shamrocks."

Feb. 21

1944 - Marines with support of naval bombardment and carrier aircraft secure Eniwetok atoll.

1945 - USS Bismark Sea (CVE-95) struck by a kamikaze off Iwo Jima and sunk in 90 minutes with loss of 318 men. USS Saratoga (CV-3) struck by five kamikazes but survived with loss of 123 Sailors. Bismark Sea was last carrier lost

in combat during World War II.

Feb. 22

1865 - Rear Adm. Porter's gunboats bombard Wilmington, N.C. into surrender.

1870 - After arriving on USS Nipsic, and supported by USS Guard and USS Nyack, the Darien Expedition, commanded by Cmdr. Thomas Selfridge Jr., begins active operations ashore at Caldonia Bay to survey the Isthmus of Panama for an interoceanic ship canal.

1909 - Great White Fleet returns from round the world cruise to Hampton Roads, Va.

1943 - USS Iowa (BB-61), the lead ship of the last class of American fast battleships, is commissioned.

1974 - Lt. j.g. Barbara Ann Allen becomes first Navy designated female aviator.

Feb. 23

1795 - U.S. Navy Office of Purveyor of Supplies is established. This is the Navy Supply Corps Birthday.

1919 - Launching of Osmond Ingram (DD-255), first Navy ship named for an enlisted man.

1944 - Carrier groups under Adm. Spruance attack Saipan, Tinian and Rota in the Marianas.

1945 - Marines and a Navy hospital corpsman raise U.S. flag atop Mt. Suribachi on Iwo Jima.

Feb. 24

1813 - USS Hornet, under Capt. James Lawrence, captures HMS Peacock.

1942 - A strike force composed of the carrier USS Enterprise and its cruiser and destroyer screen, and led by Vice Adm. William Halsey, attacked Wake Island.

1944 - The first detection of a submerged enemy submarine by the use of MAD gear was made by PBYs of VP-63. On a MAD barrier patrol of the approaches to the Strait of Gibraltar,

they attacked the German U-761 with bombs. With the assistance of two ships and aircraft from two other squadrons, the submarine was sunk.

Feb. 25

1861 - USS Saratoga, member of U.S. African Squadron, captures slaver sloop Express.

1933 - Commissioning of USS Ranger, first true aircraft carrier.

1959 - USS Galveston fires first Talos surface-to-air missile.

Feb. 26

1811 - Congress authorizes first naval hospital.

1913 - Approval of experimental wind tunnel for Navy.

1944 - Sue Sophia Dauser, superintendent of the Navy Nurse Corps is first woman in Navy to achieve rank of Captain.

13 years later, meet Dustin

By Sarah Smiley
Special Contributor

From the Homefront

People who regularly read this column often say they feel like they know me and my children - Ford, Owen and Lindell. They even feel like they know our dog, Sparky, But I've never had anyone say they feel like they know my husband, Dustin.

Maybe I don't write about him enough. I mean, I write about what he does for work and how it impacts our lives, but I don't write about who Dustin is as a person.

So, I'd like you to meet Dustin Smiley, the man I almost - stupidly - wanted to "return."

See, I have this problem with buyer's remorse. As soon as I get something, I begin to question if I really wanted it. I'm the kind of person who leaves tags on her clothes for several days - just in case. I beat myself up over possibly bad purchasing decisions, whether it's for a toothbrush or a car. And 14 years ago, I felt that way about getting married.

Dustin jokes that if he had been a pair of pants, I might have returned him.

I was so conflicted about this major life decision that my jaw locked shut two days after our wedding. I ate through a straw for 24 hours.

But Dustin - well, he never questioned anything. He was as sure about us as he is that the Earth circles the sun. Admittedly, I was quite unlovable back then, but Dustin never gave up. "When you were at your most unlovable," Dustin once said, "I just loved you more to get you through it."

This was the first of what I've come to call "Dustinisms" - stunning and insightful observations about our life and the world in general. They are "stun-

ning" because Dustin has been trained by the military for nearly 20 years, and, you know, insight isn't a course taught at the Naval Academy. Yet this is perhaps the most important point about Dustin: although he is an excellent military officer, he is an even better person. His gift is with people.

More Dustinisms:

"No one is all good or all bad. No situation is as good or as bad as it seems. The truth is usually somewhere in the middle."

"Being extreme in either direction usually comes full circle so that a person is eventually arguing for a side they thought they were against."

"People just want to be heard."

"You make the dress beautiful, not the other way around."

That last one is an all-time favorite.

Today, if I had to liken Dustin to something, it would not be a pair of pants that I want to return. It would be a loyal golden retriever. I mean this in the most loving way possible. You know that saying, "Someday I hope to be the person my dog thinks I am"? Well, I feel the same way about my husband: Someday I hope to be the person Dustin thinks I am.

In a word, Dustin is "steady." While I bounce up and down like the peaks on an EKG printout, Dustin remains a solid, even line. And he loves me like no one else ever has. (Well, except for my 7-year-old, but he'll grow out of it.)

It's been this way since we were kids. We have known each other since the day I was born, and because my dad was deployed at the time and Dustin and his fam-

"Solid Curtain-Citadel Shield 2014 will give us a significant learning opportunity because it will involve coordination of NAS Jax security and fire departments, along with various other tenant commands," Undersander explained. "Also, the base Emergency Operations Center will be activated, enabling us to see first hand the efficiency our first responders and base-wide communication protocols."

Measures are in place to minimize disruptions to normal base operations, but there may be times when the exercise causes increased traffic near the installation, as well as delays in base access.

For more information about Exercise Solid Curtain-Citadel Shield 2014, contact the NAS Jacksonville Public Affairs Office at (904) 542-5588.

ily lived down the street, I've actually known Dustin longer than I've known my dad. In elementary school, Dustin was a hall patrol. He - in his orange vest and sensible tennis shoes - told me to "walk, don't run" through the hallways. Back then, Dustin wasn't the handsome man that he is now, and I rarely made eye contact.

If I had a daughter today, I would tell her that the unassuming, quiet boy with a good job (like hall patrol) and kind smile is the one she should keep her eye on. Someday, after years of braces and growth spurts, he will show up on her doorstep and take her breath away.

But I have three boys and no daughters, so I tell them this instead. Be patient and be a good person. Your day will come.

In January, Dustin (again) helped me through a difficult time. One night I asked him, "Why are you so good to me?"

"Because I promised God a long time ago that I will always take care of you," he said.

Aw, another Dustinism. But here comes another great thing about Dustin: he's wicked funny, too. Even when he's not trying to be.

"How will I ever repay you?" I said.

"Well, you could start by [long list of things]."

I smiled through my tears and thought, I'm glad I took the tags off this one. He's a keeper.

SAPR Assistance Available 24/7



The DOD Safe Helpline may be reached by phone 1-877-995-5247, text 55-247 or via the app on iOS.

The Naval Air Station Jacksonville Civilian SAPR Victim Advocate 24/7 Duty phone is (904) 910-9075.

The Naval Air Station Jacksonville Sexual Assault Response Coordinator (SARC) Duty phone is (904)548-7789.

The Naval Station Mayport Sexual Assault Response Coordinator (SARC) Duty phone is (904)548-8392.

Civilian Community Sexual Assault Services may be obtained by calling (904) 721-RAPE or 721-7273.

Commands are encouraged to post their Unit SAPR Victim Advocates name and after hours Duty phone number visible in the commands to be accessible to sexual assault victims.

Victims' Legal Counsel (904) 542-5430

Chaplains may be reached for support (904) 542-3051 or Duty phone (904) 614-7385

Fleet and Family Support Center may be reached for counseling services 1-866-293-2776

NAS Jax to participate in Solid Curtain-Citadel Shield 2014

From Staff

From Feb. 18-28, NAS Jacksonville will participate in Solid Curtain-Citadel Shield 2014. This annual training exercise will be conducted on naval bases and installations throughout the continental United States.

The exercise is designed to enhance the training and readiness of naval security forces to respond to threats against installations and units - and is not a response to any specific threat - but is a regularly scheduled exercise.

According to NAS Jax Commanding Officer Capt. Roy Undersander, these annual training scenarios provide an important opportunity to test the air station's anti-terrorism/force protection (AT/FP) response.



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Photo by MC2 Amanda Cabasos

NAS Jax Sailors recognized

NAS Jacksonville Commanding Officer Capt. Roy Undersander recognized several outstanding Sailors for their hard work and professionalism during All Hands Quarters held Feb. 14 at Hangar 117. (From left) Lt. Ryan Platt, CS2(SW) Robert Laughton, CS2 David Tiberio, CS1(SW) Marnika Ash and ET3 Christopher Heywood.

NAS Jacksonville conducts SAPR drill

From Staff

After successfully completing Sexual Assault Prevention and Response (SAPR) classroom training for the past 18 months – officers, chiefs, enlisted and civilian members of the NAS Jacksonville SAPR team took the next step to validate the sexual assault response and reporting procedures currently in place at NAS Jacksonville.

The primary factors in planning the SAPR drill were to develop a scenario that would maintain the utmost privacy of a real-world victim, test that our procedures enabled the victim to feel confident and secure, and that they receive the proper information without disclosing any personal information.

Installation Training Officer Jim Butters, stated, "The sequence of events and interaction of our role-player with the quarterdeck watchstander, unit victim advocate, and Sexual Assault Response Coordinator (SARC) provided some very valuable information that will not only help NAS Jacksonville's

procedures but will be important to the development of the SAPR program."

For any person who is a victim of sexual assault, we want to stress that your privacy and choice are important – and our goal is to make sure you are safe and not threatened.

When making a report, it is important to take into account the following:

1. Do you want to talk to a national or local victim advocate?
2. Do you want to talk to a civilian or unit victim advocate?
3. Do you want to talk to the police or Navy Criminal Investigative Service (NCIS)?
4. Do you want to have a medical and/or forensic exam regardless of your reporting option?

You may not have the answers to those questions now or at the time of a sexual assault and that is why the victim advocates and SARC are there to assist you.

Their contact information can be obtained by calling the NAS Jacksonville Quarterdeck at 542-2338.

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Thirty men and three women entered the inaugural NAS Jacksonville Powerlifting Competition on Feb. 8 at the base fitness center.



Lightweight class competitor Amiee Johnson concentrates in the squat rack as she lifts 115 pounds.



In the women's heavyweight class, Patricia Thuestad entered the squat stand and lifted 200 pounds.



Women's heavyweight class winner Patricia Thuestad recorded a deadlift of 275 pounds.



In the women's middleweight class, Celeste Bowie performed a deadlift of 175 pounds.

Powerlifters compete at Fitness Center

From NAS Jax Morale, Welfare and Recreation

More than 90 spectators were on hand at the NAS Jacksonville Fitness Center Feb. 8 for the station's first powerlifting competition.

Powerlifting is a strength sport consisting of three events: squat, bench press, and deadlift. All competitors are given three attempts in each event to lift the highest weight possible. At the end of three events, the highest weight lifted for each event is combined to determine the total amount of weight lifted by each competitor.

Winners of each weight class were determined using the Wilk's formula, which is based on the total weight lifted and the individual's body weight. Each competitor was required to weigh in before the competition in order to use the Wilk's formula.

The event attracted 30 men and three women who were divided into weight classes. For the women's division, the weight classes were: lightweight 0-125lbs; middleweight: 126-165; and heavyweight 166+. For the men's division, the weight classes were: lightweight 0-145; middleweight 146-225; and the heavyweight 226+.

There were three judges for the competition:

- Head Judge Bill Campbell, a certified USAPL coach and National Bench Press Champion in the Masters Division;
- Brian Williams, an NAS Jax fitness assistant and state powerlifting competitor;
- Tanya Henigman, NAS Jax fitness director and national qualifier in powerlifting.

Naval Hospital Jacksonville corpsmen and paramedics from First Coast Navy Fire & Emergency Services were on hand to assist with any medical emergencies.

Henigman said, "Both competitors and spectators said this was a great event for the powerlifting community -and are eager for more events like this."



Chad Hutchens takes his turn in the squat rack where he pressed 335 pounds - and took second place in the middleweight class.



Spotters stand by as Patricia Thuestad moves 145 pounds in the bench press at the NAS Jacksonville Powerlifting Competition Feb. 8 at the base fitness center.



Winners of the 2014 NAS Jacksonville Powerlifting Competition held on Feb. 8 at the base fitness center. (From left) Patricia Thuestad, Aimee Johnson, Celeste Bowie, Bryain Williams, Chad Hutchens, Lewis Bradshaw, Evelio Perez, Stephen Myer and Curtis Gaines.



Aimee Johnson performed a deadlift of 160 pounds at the inaugural NAS Jacksonville Powerlifting Competition on Feb. 8 at the base fitness center.



Bryain Williams won the heavyweight deadlift by moving 675 pounds.



Heavyweight Bryain Williams at the squat rack. He topped out at 635 pounds.



Stephen Meyer took third place in the middleweight class. He moved 445 pounds in the deadlift.



Two spotters lower free weights for heavyweights Bryain Williams on the bench press.



Women's middleweight class competitor Celeste Bowie gets her hands positioned just right before her bench press of 100 pounds.

PHOTOS COURTESY OF MWR

POWERLIFTING RESULTS

MEN'S MIDDLEWEIGHT:

FIRST - HM3 CURTIS GAINES,
NAVAL HOSPITAL JAX
BENCH 275, SQUAT 450, DEADLIFT 465
SECOND - ATC CHAD HUTCHENS, HSM-40
BENCH 335, SQUAT 335, DEADLIFT 405
THIRD - STEPHEN MEYER, DoD
BENCH 335, SQUAT 425, DEADLIFT 445

MEN'S HEAVYWEIGHT:

FIRST - GSEC BRYAIN WILLIAMS, TPU/PCF
BENCH 440, SQUAT 635, DEADLIFT 675
SECOND - HNSN LEWIS BRADSHAW, NBHC JAX
BENCH 345, SQUAT 375, DEADLIFT 570
THIRD - AWV1 EVELIO PEREZ, VP-30
BENCH 265, SQUAT 405, DEADLIFT 470

WOMEN'S LIGHTWEIGHT:

FIRST - AMIEE JOHNSON, DEPENDENT
BENCH 70, SQUAT 115, DEADLIFT 160

WOMEN'S MIDDLEWEIGHT:

FIRST - LS ATA CELESTE BOWIE,
RAN 725 SQUADRON
BENCH 100, SQUAT 135, DEADLIFT 175

WOMEN'S HEAVYWEIGHT:

FIRST - AD2 PATRICIA THUESTAD, FRCSE
BENCH 145, SQUAT 200, DEADLIFT 275



Curtis Gaines impressed judges and his competition with his deadlift of 465 pounds.



Placing first in the men's middleweight class, Curtis Gaines pressed 450 pounds in the squat.

CNO stresses integrity to Sailors

By Jim Garamone
American Forces Press Service

The Navy will continue to work on two defense secretary-directed reviews, including one to ensure that ethical behavior is paramount in the service, Navy Adm. Jonathan Greenert, chief of naval operations (CNO), said in a video blog posted Feb. 13.

Greenert said the service will work with the Air Force to take an overall look at the nuclear enterprise.

The two services maintain the nuclear triad of bombers, submarines and missiles. Senior leaders are concerned about the enterprise after allegations of cheating on a proficiency test for nuclear launch officers at Malmstrom Air Force Base, Mont., as well as on exams for nuclear reactor watch personnel at Charleston Naval Base, S.C.

Greenert said his service will look at personnel programs,

specifically, at “how we bring people into the nuclear weapons program, how we certify them, train them and the personnel reliability program and that’s about maintaining proficiency and certification to be one that works around nuclear weapons.”

The Navy also will look at previous studies. It adopted some recommendations of a 2008 report by former Defense Secretary James Schlesinger and a 2008 report by Adm. Kirkland Donald on nuclear weapons management. “We took on some of those actions,” Greenert said. “The question is how are we doing?”

CNO promised to look to the future “to make sure we have the values embedded into the fiber of those programs.”

A second result of the Malmstrom and Charleston incidents entails a thorough look at Navy values, the CNO said. “We’re going to look at our values, at our integrity, at our

character and make sure we are not talking past each other,” he said.

“I don’t think we have an ethics problem across the Navy, but I think we need to reinforce our core values and our core commitment,” he said.

The admiral repeated several times that “integrity is the foundation of what we’re about,” and that sailors need to talk about this commitment.

While these discussions need to be part of the Navy training program, Greenert said, he sees this as going way beyond. “We need to talk about it in the ready rooms, we need to talk about it on the bridges of our ships, we need to talk about it on our squadron flight lines, in the hangar bays and in our buildings,” he said. “And we need to commit to it full-time, because integrity is the foundation of what we’re about.”

Sailors have to have the honor to not lie, cheat or steal and the courage to stand up when they



Photo by MCC(SW/EXW) Peter Lawlor

Chief of Naval Operations (CNO) Adm. Jonathan Greenert and Director of the Naval Nuclear Propulsion Program Adm. John Richardson held a press conference to address allegations of a cheating incident on a written exam at the Naval Nuclear Propulsion Command in Charleston, S.C. Greenert and Richardson said the investigation is ongoing in order to substantiate the allegations and hold those accountable. The Navy will continue to train and execute its mission while holding its Sailors to set standards of conduct.

see someone lying, cheating or stealing, the admiral said.

“We have to have the commitment to the institution to remember it is not just about our shipmates — it’s not just about taking care of them — it is about committing to the insti-

tution,” he added. “When we raised our right hands, we said we would support and defend the Constitution against all enemies foreign and domestic and we will bear true faith and allegiance to the Constitution. And that means the institution.”

Naval Hospital Jacksonville awarded NCQA recognition

By Yan Kennon
NH Jacksonville Public Affairs Senior Writer

On the heels of its recent Joint Commission re-accreditation and Bureau of Medicine and Surgery Medical Inspector General (MEDIG) inspection, Naval Hospital (NH) Jacksonville — its hospital and five branch health clinics — was awarded the National Committee for Quality Assurance (NCQA) Level III recognition for its Patient-Centered Medical Home (PCMH) Feb. 14.

“Through sequestration, reduced budgets and civilian furloughs this past year, Naval Hospital Jacksonville continued to provide our nation’s heroes and their families with world-class health care,” said Capt. Gayle Shaffer, NH Jacksonville commanding officer. “This recognition and accreditation demonstrates that our Medical Home Port teams are making a positive difference in the lives of our patients.”

NCQA Level III, the nation’s highest level of recognition for patient-centric care, was awarded to all primary care clinics (Family Medicine, Internal Medicine and Pediatrics) at the hospital and all five of its branch health clinics.

The Navy’s approach to the PCMH is Medical



Home Port, which places patients in the center of a collaborative team of caregivers — from doctors to nurses and case managers — led by the primary care manager.

Founded in 1990, NCQA is a private not-for-profit organization that

works to improve health care quality.

Earning The Joint Commission Gold Seal of Approval during its re-accreditation process in January, NH Jacksonville was recognized for its continuing compliance with the Joint Commission’s state-of-the-art, national standards of care.

“In achieving Joint Commission accreditation, Naval Hospital Jacksonville has demonstrated its commitment to the highest level of care for its patients,” said Mark Pelletier, the Joint Commission’s Division of Accreditation and Certification Operations chief operating officer.

The Joint Commission is the nation’s oldest and largest standards-setting and accrediting body in

health care. Founded in 1951, it accredits more than 20,000 health systems in the U.S.

The MEDIG team, after reviewing 60 programs (from research ethics to patient access) in January, offered a resounding endorsement of the command’s safe, high-quality medical treatment.

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HSM-72 under new management

Joins CVW-7 supporting CSG-8

By Lt. j.g. Taylor Munro
Public Affairs Officer

In a Feb. 1 ceremony at NAS Jacksonville Hangar 1122, Helicopter Strike Maritime Squadron (HSM)-72 transferred to the operational control of Carrier Air Wing (CVW)-7 located at NAS Oceana, Va.

CVW-7 Commanding Officer Capt. Terry Morris said HSM-72 will be a valuable asset to the air wing and strike group – capable of providing both anti-surface and anti-submarine warfare.

The “Proud Warriors” were formerly known as HSL-42 before being re-designated as HSM-72 in January 2013. That was in conjunction with the squadron’s transition from the SH-60B Seahawk to the more capable multi-mission MH-60R Seahawk.

Previously, the Proud Warriors were under the control of Commander, Helicopter



Commander, CVW-7 Capt. Terry Morris presents the Proud Warriors' most recent check-in, AR Jake Sanders, the CVW-7 command coin on Feb. 1 at NAS Jacksonville Hangar 1122.

Photo by Lt. j.g. Taylor Munro

Maritime Strike Wing Atlantic.

HSM-72 Commanding Officer Cmdr. Derek Fleck said, “Our transition to CVW-7 will bring new opportunities as HSM-72 moves away

from detached expeditionary deployments – to having the entire squadron deploy with a single carrier strike group.”

Morris reported to CVW-7 in August 2011 as deputy com-

mander and took command of the air wing in December 2012.

CVW-7, along with the Eisenhower, is projected to deploy in the future with Carrier Strike Group (CSG)-8.

Until then, the Proud Warriors will focus their training on integrating with CVW-7 and working with their sister squadron, Helicopter Sea Combat Squadron (HSC)-5, based at Naval Station Norfolk, Va.

CVW-7, assigned to aircraft carrier USS Dwight D. Eisenhower (CVN 69), was commissioned in 1943 at Alameda Naval Air Station, Calif., as Carrier Air Group (CAG)-18, and embarked on board USS Intrepid (CV-11). In 1963, CAG-18 was re-designated as CVW-7.

Over the years, CVW-7 participated in combat operations that helped win battles such as Leyte Gulf in World War II, multiple raids on North Korean territory in 1952, and strikes into North Vietnam from Yankee Station while attached to the USS Independence in 1965.

More recently, CVW-7 flew missions in support of operations Desert Shield, Deny Flight, Southern Watch, Enduring Freedom and Iraqi Freedom.

CNP to answer Sailors' questions, respond to feedback, in worldwide All-Hands Call



Photo by Joy Samsel

Vice Adm. William Moran, Chief of Naval Personnel, delivers remarks during the Naval Education and Training Command change of command ceremony at the National Museum of Naval Aviation at Naval Air Station Pensacola. Rear Adm. Don Quinn retired after nearly 35 years of service and turned over command to Rear Adm. Michael White.

By MC1 Elliott Fabrizio
Chief of Naval Personnel Public Affairs

The Chief of Naval Personnel (CNP) is scheduled to talk with Sailors around the world in an All Hands Call broadcasting and streaming online live March 5 at 2 p.m. EST.

Vice Adm. Bill Moran, CNP, and Fleet Master Chief for Manpower, Personnel, Training and Education (MPT&E) April Beldo will update Sailors on the issues that affect them and their families and open the floor to live questions from fleet via satellite and social media.

Sailors are encouraged to begin sending in questions and comments now by tweeting @USNPeople or emailing usnpeople@gmail.com.

The programs and policies under the office of the chief of naval personnel directly impact Sailors and include the following:

- Pay and allowances

- Advancements
- Uniforms
- Education and training
- Family Support Policies
- Sexual Assault Prevention and Response
- Coalition of Sailors Against Destructive Decisions
- 21st Century Sailor Initiatives
- Total Sailor Fitness
- Personnel Programs and Policies

More than just asking questions, Moran and Beldo encourage Sailors to use this opportunity to share their feedback – what’s working in the fleet, what isn’t and what ideas do they have to make our existing policies better.

The event will be broadcast on the Armed Forces Network (AFN), Direct to Sailor (DTS) and The Pentagon Channel (TPC).

Online streaming will be available at www.navy.mil.

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Carter G. Woodson's impact on Black History Month

From NAS Jax Multi-Cultural Awareness Committee

Dr. Carter G. Woodson lived and wrote in a time when America considered itself to be Anglo-White. African-Americans were kept apart from the rest of American society.

At best, they were treated as second-class citizens. Woodson, in combating such degradation and to promote the value of African-American history, began publishing the Journal of Negro History in 1916.

The observation of "Negro History Week," an initiative led by Woodson to recognize the contributions of African-Americans to our country, began in 1926. Its goal was to foster a better understanding of the African-American experience.

He chose the second week of February to coincide with the birthdays of abolitionist Frederick Douglass and President Abraham Lincoln, two people who had dramatic impact on the lives of African-Americans.

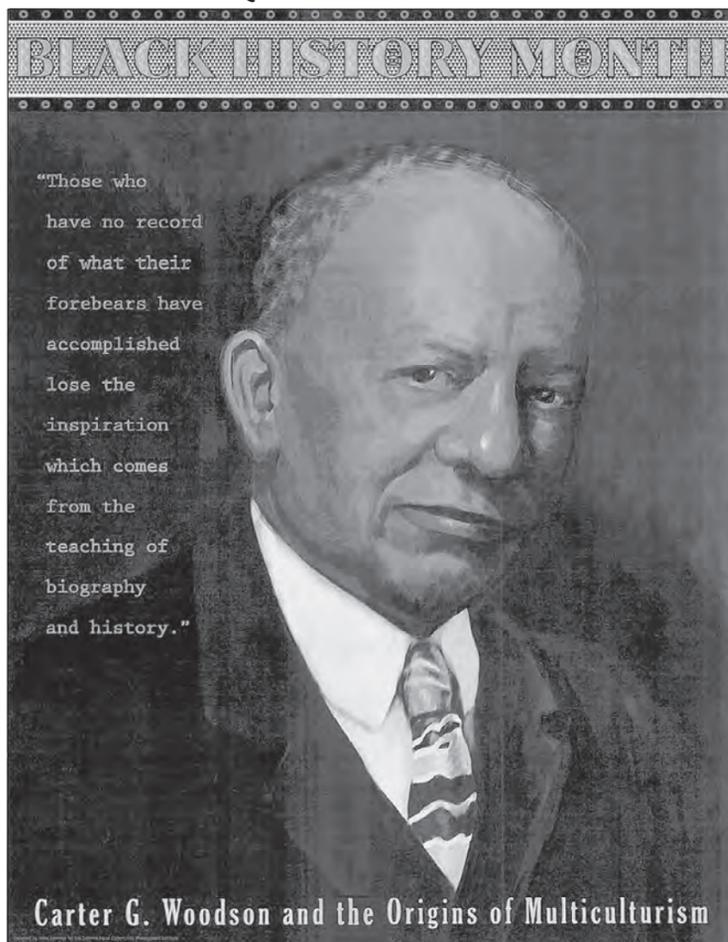
The observation was expanded to include the whole month in 1976, and has since become commonly referred to as Black History or African-American History Month.

It is celebrated and recognized as a Department of Defense national observance.

In Woodson's book, *The Mis-Education of the Negro* (1933), he tenders information about his life experiences with some of his fellow "educated negroes."

He decried that some of his fellow African-Americans would not buy goods and services from black businessmen, because the educated the African-American was taught that the black person had no value.

Educated African-Americans went back to their community ill-equipped to teach each other, for they acquired a disdain for their



own.

Thus, they became "mis-educated."

Woodson saw the education that the African-American practiced in his time as oppressive.

He believed in self-reliance as a major component of self-respect, making the black person rise above their situation by their own merit, and developing the African-American's natural gifts whatever they may be.

Only by becoming self-reliant and self-respecting would the black race be contributors to American society.

The American culture and the military have made quite a transformation since Woodson

published his first book in 1916. President Harry S. Truman implemented Executive Order 9981 in 1948, which desegregated the military.

Today, the image of America is not a monolithic white-only culture - but a multicultural pluralistic society.

Instead of melting other cultures into the melting pot to form one preferred culture, America has become a nation in which the various cultures are appreciated for their contributions to enhance our country.

Now the American dream is open to all persons of various nationalities, races, cultures and creeds.



Photo courtesy of RLSO Southeast

Food bank volunteers

Sailors recently volunteered at the Jacksonville warehouse of Second Harvest North Florida food bank. (From left) LN2 Stephanie Burton, LN1 Lynn Farquhar, LN2 Elena Goes, LN2 Raquel Castillo, LN1 Jonathan High, LN2 Jacques Benoit, LN1 Chad Cahoy, LNCS Jaclyn Woodall, YN2 Shantil Reed, and LNC Keary Mondrik.



Photo by MC1 Jay Pugh

Cmdr. Dan Papp (left) gives a tour of a P-8A Poseidon from the "War Eagles" of Patrol Squadron (VP)-16 to Capt. Paul Foster, commanding officer of Navy Region Center Singapore, during the Singapore Air Show.

VP-16

From Page 1

tions from show attendees about the capabilities of the P-8A. Exhibitors included more than 60 of the world's top-100 aerospace companies, the largest number of exhibitors in the show's history - with more than 1,000 participating companies from 47 countries.

Other U.S. military aircraft displayed at the exhibition included two F-16 Fighting Falcons, two MV-22 Ospreys, a C-17 Globemaster, a KC-135 Stratotanker and a C-130J Super Hercules.

"It's been an honor for the War Eagles to participate. We've truly enjoyed the opportunity to showcase the Poseidon and our men and women who maintain and crew it," said Papp.

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Photos by MC2 Amanda Cabasos

NAS Jax welcomes home IA Sailor

NAS Jax Commanding Officer Capt. Roy Undersander welcomes MA2 Bryan Chiverton, and his military working dog Gergo, back to the NAS Jax Security Department after he served an eight-month IA tour in Afghanistan. Chiverton and Gergo were assigned bomb detection and patrolling for Camp Arena and Shindand Air Base located in the Herat Province of Afghanistan. Chiverton said, "It was an interesting experience deploying to Afghanistan. I learned a lot and it was great to be able to help out on the mission. Training and confidence is real important when you are deployed. I gained a real appreciation for America. I really missed my family, but I gained another one over there. You need a family there in order to get through the missions on a daily basis."



(From left) MACM(SW) Edward Santiago, MA2 Erick Ortiz, military working dog (MWD) Zoran, MA2 Glenn Patton, MWD Benny, Lt. Jeff Thacker, MA2 Bryan Chiverton, MWD Gergo, MA1(EXW) Keith Danalewich, MWD Doly and Lt. Ryan Platt from NAS Jax Security Department welcome Chiverton and MWD Gergo Feb. 13 after an eight-month deployment to Afghanistan.

HSM-74

From Page 1

and have worked alongside the pilots for the duration of the deployment.

"Being in an operational environment is one of the most rewarding parts of my job," said OSI Ronald Wierzbic, one of the ASTAC controllers. "I love tasking the helicopter pilots to identify contacts. I love controlling aircraft."

In addition to reaching the 1,000th flight hour, this deployment has seen several milestones reached for the detachment: they completed six maintenance inspections and functional check flights, achieved more than 2,000 deck hits in 2013, three pilots earned qualifications as helicopter aircraft commanders (HAC) and two more pilots are on a path to qualify before the

end of deployment.

"This HAC qualification is complex and it often takes pilots several months to feel confident before they begin the final boarding process," said pilot, Lt. j.g. Joe Granata. "It is about feeling comfortable enough with the regulations, procedures and equipment to operate the helicopter safely. In the end that is a HAC's priority."

HSM-74 Det. 2 will remain aboard Gettysburg until the ship returns to homeport.

Gettysburg is currently deployed with Harry S. Truman Carrier Strike Group supporting maritime security operations and theater security cooperation in the U.S. 5th Fleet area of responsibility. The HSM-74 Swamp Foxes are home based at NAS Jacksonville.

TRITON

From Page 1

a tactical operations center and numerous roof top antennas.

The 30,986-sq.-ft. structure will feature a stucco finish over reinforced masonry walls. The project also includes constructing antenna infrastructure at NAS Jacksonville's south antennas site.

Located at the northwest corner of Saratoga Avenue and Jason Street, the MQ-4C Triton UAS Mission Control Center will fall under control of Commander, Patrol and Reconnaissance Wing (CPRW)-11 based at NAS Jacksonville.

The Navy announced in October 2013 the establishment of Unmanned Patrol Squadron (VUP)-19 at NAS

Jacksonville to operate and maintain the MQ-4C Triton UAS. VUP-19 will provide the organizational framework for mission control, mission planning and data analysis from NAS Jacksonville.

The Triton UAS will be operated by crews consisting of P-8A Poseidon pilots, naval flight officers and aviation warfare operators using the mission control system at NAS Jacksonville.

The new facility is projected to be rated as Leadership in Energy & Environmental Design (LEED) Silver by the U.S. Green Building Council. The parking area will utilize porous pavers for regular, handicapped and carpool spaces.

The project is scheduled for completion by December 2014.

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Photos by MC2 Jesse Sharp

VP-26 Commanding Officer Cmdr. Mark Sohaney (left) presents a new P-3C Tactical Coordinator (TACCO) uniform patch to Lt. Daryl Abriam.

'Tridents' qualify new PPC and TACCO

By Lt. j.g. Joseph Bayo
VP-26 PAO

Lt. j.g. Lindsey Asdal and Lt. Daryl Abriam recently qualified as VP-26's newest Patrol Plane Commander (PPC) and Tactical Coordinator (TACCO), respectively.

These are the key qualifications that a new pilot and naval flight officer strive to earn during their first operational tour at a maritime patrol squadron.

This is a major achievement for both as it was accomplished in just 16 months.

VP-26 Commanding Officer Cmdr. Mark Sohaney described the accomplishment as "a great example of initiative, dedication and professionalism that we should all try to emulate."

Asdal graduated from the U.S. Naval Academy in 2010 with a Bachelor of Arts in International Relations and was designated a naval aviator in December 2011. She checked in at VP-26 in October 2012 alongside Abriam after completing initial training in the P-3C Orion at VP-30.

Asdal, a native of Chester, N.J., is one of five sisters, and is one of four who now serve in the Navy. Theirs is the only family to have four daughters attend the U.S. Naval Academy. While three of the sisters - Lindsey, Ashley and Kirsten - have already been commissioned, the youngest, Charlotte, is a Plebe with the class of 2017.

Abriam was born and raised on the small, yet renowned, white-sand-beach island of Boracay in the Western Visayas region of the Philippines. At the age of 14 he with family moved to Las Vegas, Nevada.

He graduated from the U.S. Naval Academy in 2008 with a Bachelor of Science in Aeronautical Engineering. Abriam was winged in 2012 after successfully completing primary and advanced helicopter pilot training with VT-2 and HT-18. He also completed NFO training with VT-10 and VP-30.

Asdal and Abriam's recent qualifications mark their beginning as PPC and TACCO of VP-26's Combat Aircrew (CAC)-6. They will continue to lead their CAC through the maritime patrol advanced readiness program (ARP), designed to



Lt. Daryl Abriam is greeted by fellow VP-26 "Tridents" after qualifying as a new P-3C Tactical Coordinator.



Cmdr. Mark Sohaney, commanding officer of VP-26, presents Lt. j.g. Lindsey Asdal with a flight suit patch celebrating her qualification as a P-3C Patrol Plane Commander.



Lt. j.g. Lindsey Asdal is showered with water and handshakes in celebration of her qualification as a Patrol Plane Commander at the "Tridents" of VP-26.

sharpen advanced anti-submarine warfare and crew coordination skills, as the "Tridents" focus on

gaining and maintaining combat readiness in preparation for their deployment in 2015.

Uniform changes approved

From Chief of Naval Personnel Public Affairs

The Chief of Naval Personnel announced the following uniform changes in a NAVADMIN released Feb 7.

Wear of the NWU Type III for deployment and pre-deployment training has been approved for the following 12 commands:

- Joint Staff J7 Coalition Warfighting Division;
- USCENTCOM Headquarters;
- Military Sealift Command, Central Command;
- Naval Strike Air Warfare Center;
- Helicopter Sea Combat Wing, US Pacific Fleet; HSC-21 Detachment Five; HSC-25 Detachment Five;
- Office of Military Commissions;
- Fleet Logistics Support Wing, and all subordinate squadrons;
- Navy Element, Defense Intelligence Agency;
- Department of Defense Inspector General;
- Navy Information Operations Command, Bahrain;
- Joint Task Force - Horn of Africa;
- United States Southern Command.

Navy Chaplains serving in units authorized to wear the Navy Working Uniform (NWU) Type II and III can wear the Chaplain Corps Staff Insignia on these uniforms.

The embroidered insignia will be sewn above the rank tab on the shirt. Navy Exchange Service Command (NEXCOM) will sell the insignia beginning in April.

Navy Expeditionary Supply Corps Officer (NESCO) Warfare Insignia was approved for wear by Supply Corps officers with a 310X, 651X, or 751X designator that are assigned to Navy Expeditionary Combat Command or Naval Special Warfare units and who have successfully completed the qualification requirements outlined in OPNAVINST 1412.15.

A new Navy Security Forces Badges (NESCO) warfare insignia will be available for purchase in NEXCOM and Navy Exchange Uniform Centers and the Navy Exchange Uniform Support Center this June.

To ensure proper control and authenticity of the new NSF metal badges, the fourth scroll (line 4) of the badge will be engraved with a four digit number by Defense Logistics Agency Troop Support (DLATS). Metal badges are authorized to be worn on all uniforms.

Embroidered badges are authorized to be worn on the Navy Working Uniform (NWU Type I, II, and III) only.

Deadline for the mandatory wear of the new NSF badge and patches is Oct. 1.

Fleet feedback directly impacts uniform changes. Sailors may send a letter with uniform policy change recommendations through their chain of command to the Uniform Board.

Recommendations should reflect Navy-wide application with an eye towards standardization and uniform policy reduction.

Endorsements of uniform change proposals are required by each echelon.

Clay County Veterans Services Office helps vets, families

From Clay County Veterans Service Office

The Clay County Veterans Service Office is now located on the second floor of the Clay County Administration Building at 477 Houston Street, Green Cove Springs. The former Veterans Service office location at 1565 CR 315 has been closed. The office is open Monday through Friday from 8 a.m. to 4:30 p.m.

The Clay County Veterans Service Office is staffed with a full time veterans service officer and a part-time veteran's program assistant who are both available and eager to assist veterans and/or family members with filing claims and other related needs.

Part of Clay County's heritage is the county's strong ties to the military dating back to the early 1800's. Today, there are more than 24,000 veterans who call Clay County home. These veterans represent service to our nation from World War II through the current conflicts as well as decades of service during peacetime.

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Increasing the flow of qualified pilots into Navy Reserve

By **MCCS(AW) William Lovelady**
Commander Naval Air Force Reserve Public Affairs

The Navy Reserve is searching for more than a few of the best pilots who are ready to leave active duty, but still looking to fly Navy.

"Just about every reserve squadron needs a constant flow of highly qualified applicants," said Cmdr. Dave Bowen, the reserve component community manager for pilot accessions. "A squadron with about 25 officers aboard needs one or two new accessions a year – but if we have a zero year – that becomes a problem."

Reserve pilots are recruited by holding pilot selection boards. Squadrons that have positions to fill will send out a quarterly notice announcing the convening of a board.

"A lot of the pilots who apply have known about the squadrons for a long time by word of mouth and have already rushed the squadron by coming to visit on a drill weekend and introducing themselves," said Bowen. "It's important for new pilots to visit the squadron and meet the wardroom in order to put faces with names and see if they are a good fit or not."

Because of the long and costly training pipeline, there are no direct accessions for Navy Reserve pilots. They have to come from the fleet – and their skills are incredibly perishable.

"Our ideal candidate is a junior officer who just finished a tactical or instructor tour," said Bowen. "We want to grab that pilot and his skills that were honed in the fleet and retain it in the reserve."

Pilots who have been away from active duty for a few years, even if they are flying commercially, may not have the current skill sets needed to get back in the cockpit of an F/A-18 Hornet or F-5 Tiger.

"We're not looking for people who barely meet standards. It is our job to provide experienced and well-qualified pilots to meet fleet and operational support requirements," said Bowen. "Our reserve pilots are highly experienced operators and that's what the Navy needs from us—whether flying tactical missions in support of combatant commanders or flying in adversary squadrons to train our junior pilots just arriving in the fleet."

The other challenge Bowen faces with bringing new pilots to the Navy Reserve is the lack of awareness of the opportunities.

"No commanding officer wants to lose his best people, so when a pilot is considering leaving active duty, there may not be a lot of resources forthcoming," said Bowen. "For some pilots the only exposure they have to the reserve component is if the squadron has a reserve squadron augment unit."

Bowen, a graduate of the U.S. Merchant Marine Academy, spent more than 10 years on active duty as an F/A-18 Hornet pilot and a T-45 Goshawk instructor.

"I transitioned to the reserves eight and a half years ago, flying the F-5 Tiger, and began my department head tour at VFC-111 at NAS Key West, Fla.," said Bowen. "Now I'm the commanding officer of the 3rd Fleet Maritime Operations detachment at Las Vegas, but I still fly as a guest pilot with VFC-111. For me, I get to enjoy the best of both worlds — a civilian career in aviation, as well as continuing my Navy career flying fighters part time."

One pilot who recently joined the Navy Reserve is Lt. Amelia Leeds, a P-3 pilot with the VP-62 'Broad Arrows' at NAS Jacksonville, Fla. After serving almost nine years on active duty in the Navy, Leeds did an inter-service transfer from the Navy to the National Oceanic and Atmospheric Administration (NOAA) Corps where she flew the WP-3D Orion; a modified P-3 used for collecting weather information.

After leaving NOAA, Leeds became an air interdiction agent/pilot for U.S. Customs and Border Protection, before she joined the Navy Reserve in 2011.

"I found out about the reserves through numerous sources, but mainly other pilots from work," said Leeds. "I went through a recruiter at NOSC (Navy Operational Support Center) at NAS Jacksonville and put a pilot package together that was given to VP-62. A big lesson learned is that I wished I had put in a package sooner. I encourage anyone who was active-duty to join the reserves. It is a great way to continue to serve your country."

For those aviators coming toward the end of their active duty commitments, transitioning to a reserve component squadron is easier than one might imagine. There are open billets in almost every community and squadrons regularly hold pilot selection boards. The best time for a pilot to begin the process is within six months of leaving active duty. Interested aviators



Photos by Adrienne Downing

Flying the F-5N Tiger, VFC-111 "Sundowners" operate as part of the U.S. Navy Reserve Fleet Adversary Program, providing dissimilar air combat training to fleet strike fighter and Marine fighter attack squadrons.



Cmdr. Dave Bowen still flies the F-5N Tiger as a guest pilot with VFC-111 based at NAS Key West.

are encouraged to contact the squadrons they are most interested in and find out the time of its next drill weekend.

"We encourage anyone interested in joining a reserve squadron to come to a drill weekend, meet the pilots, the commanding officer and get a feel for the commute, if they aren't planning to live local," Bowen said. "This is a chance to talk to fellow aviators who have recently joined the squadron and get a lot of questions answered on issues like pay and benefits and work-life balance."

Pilot selection boards are usually held at the wing level at least bi-annually. Reserve squadron COs and senior reserve pilots typically review applicant records and make recommendations to the air wing commander before billets are offered to the selectees. Consideration is given to officer and tactical performance, recent experience and willingness to meet participation expectations.

Selected aviators should then contact the career transition office at the Bureau of Naval Personnel and request assistance in affiliating with the Navy Reserve. The transition office will work with reserve squadrons and manage the required paperwork for transfer to the desired reserve component.

Newly selected reserve aviators can expect a short period of active duty orders to complete the basic familiarization and tactical training syllabus on their new aircraft, if required. Once this is completed, participation requirements will vary according to squadron and mission. Many reserve squadrons have recently seen a decline in qualified applicants because many aviators are remaining on active duty, combined with a general lack of awareness in reserve squadron opportunities.

"We understand that there are a few misconceptions



Photo by William Lovelady
Lt. Amelia Leeds, a P-3C Orion pilot with the VP-62 "Broad Arrows," joined the Navy Reserve after nine years of active duty service with the Navy's Maritime Patrol and Reconnaissance Force.



Photo by AWFCS(NAC/SCW) Mike Wendelin

Lt. Tim Berryhill, a former Marine Corps C-130 Hercules pilot, is now a reservist with the VR-62 "Nomads" based at NAS Jacksonville. In this 2013 photo, he climbs his C-130T aircraft past Mount Suribachi on the island of Iwo Jima in the Pacific.

and a lot of unanswered questions concerning being a part of a reserve squadron," said Bowen. "We're trying to get the word out that these are some of the best opportunities to stay in the cockpit and enjoy the ready room camaraderie on a part-time basis."

Some of the recurring questions highlighted in recent years are:

- What reserve squadrons are out there, and how do I apply?
- Do you have to "rush" a reserve squadron in order to be selected?
- Do I have to be an airline pilot to make the commute work if I don't want to live local?
- How many days per month will I be expected to be at the squadron? I don't want to be away from my family for too long—that's why I left active duty.
- Do you have to be a "patch wearer" to be considered for one of the tactical squadrons?
- Describe the reserve retirement and other benefits I'll receive.

"The answers to these questions might surprise you," said Bowen. "The bottom line is that we have reserve aviators from a variety of civilian professions living all over the country. There are a lot of resources available to get people to the squadron – and most are flexible with individual participation concerns."

Commander, Navy Air Forces Reserve (CNAFR), has community managers for the Tactical Support Wing that flies F/A-18, F-5, EA-6B/EA-18G aircraft and the Fleet Logistics Support Wing that flies the C-40A, C-37, C-20 and C-130 aircraft. CNAFR also has two VP squadrons that fly P-3Cs and three helicopter squadrons that fly the HH-60H and the SH-60B.

See **RESERVES**, Page 12



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Photo by MC3 Andrew Schneider

The aircraft carrier USS George H.W. Bush (CVN 77) departs Naval Station Norfolk Feb. 15 for its scheduled deployment as the flagship for Carrier Strike Group (CSG) 2 in support of maritime security operations, theater security cooperation efforts and missions in support of Operation Enduring Freedom in the U.S. 5th and 6th Fleet areas of responsibility.

USS George H.W. Bush departs for 2nd deployment

By MC3 Shaun Griffin

USS George H.W. Bush (CVN 77) Carrier Strike Group (GHWB CSG) departed Naval Station Norfolk for its second deployment Feb. 15.

The strike group, led by the Navy's newest aircraft carrier, George H.W. Bush (CVN 77), and its nearly 6,000 Sailors; is scheduled to conduct operations in the U.S. Navy's 5th and 6th Fleet areas of responsibility.

The deployment is part of an ongoing rotation of U.S. forces supporting maritime security operations in international waters around the globe.

Working with allied and partner maritime forces, GHWB CSG units will focus heavily on maritime security operations and theater security cooperation efforts which help establish conditions for regional stability.

"This team has worked hard in preparation for this deployment and is ready to go," said Rear Adm. John Aquilino, commander of GHWB CSG.

"The dedication and commitment shown by our Sailors will serve the country well in support of our global national interests."

The five ships and eight aircraft squadrons of GHWB CSG consist of approximately 6,000 Sailors who have spent the last year conducting intensive training and certification exercises to establish a safe, cohesive organization capable of performing a wide variety of missions across the globe, ranging from

counter-piracy and ground support operations to humanitarian assistance and disaster relief.

The George H.W. Bush Strike Group consists of Carrier Strike Group (CSG) 2, Carrier Air Wing (CVW)-8, Destroyer Squadron (DESRON) 22 staff and George H.W. Bush.

This is the second deployment for the Navy's last Nimitz-class nuclear-powered aircraft carrier, which recently became combat ready after the successful completion of Composite Unit Training Exercise and Joint Force Exercise.

"I am very pleased that all essential training has been completed," said Commanding Officer Capt. Andrew Loisel.

"During this long workup period, excellence has been the standard set by the crew, and I am confident that we are the best prepared carrier to go on deployment."

Squadrons attached to CVW-8 include: VFA-15 "Valions," VFA-87 "Golden Warriors," VFA-31 "Tomcatters," VFA-213 "Black Lions," VAW-124 "Bear Aces," VAQ-134 "Garudas," VRC-40 "Rawhides," HSC-9 "Tridents" and HSM-70 "Spartans" who are home based at NAS Jacksonville.

George H.W. Bush was commissioned Jan. 10, 2009 as the 10th and last Nimitz-Class aircraft carrier. Named after the 41st U.S. President, USS George H.W. Bush is the only aircraft carrier in the fleet with a living namesake.

RESERVES

From Page 11

Chief of Naval Air Training (CNATRA) also offers reserve aviators and flight officers the opportunity to train aviators.

If you're interested in flying with the Navy Reserve, reach out to one of the squadrons that can direct you to a community manager.

"We hope to make the entire Naval

Aviation community more aware of the close support relationship that exists between the active and reserve components and let aviators know about the benefits of being part of a reserve squadron," said Bowen.

"Pilots coming off of active duty have the tactical and instructional skills that we want to retain - and in return give them the enjoyment and quality of service to our country that is unmatched in any civilian job."

MILITARY SAVES WEEK 2014 "START SMALL - THINK BIG"

Kick-off: Feb. 24, 8-11 a.m. - VP-30 Auditorium
Guest speakers: Bob Bieri and Mike Weatherington

Feb. 25 (VP-30 Auditorium)			Feb. 26 (VP-30 Auditorium)			Feb. 27 (VP-30 Auditorium)		
Time	Topic	Presenter	Time	Topic	Presenter	Time	Topic	Presenter
8-9 a.m.	Insurance Needs	Bob Bieri	8-9 a.m.	Small Steps to Wealth	Tracy Connell	8-9 a.m.	Car Buying	John Baker
9-10 a.m.	Paying for college	Vicki O'Toole	9-10 a.m.	Investing (TSP)	Josh Curtis	9-10 a.m.	Financial Hardship	David Bylar
10-11 a.m.	Savings W/O Sacrifice	Brian Pippin	10-11 a.m.	Future Planning	Josh Curtis	10-11 a.m.	Budgets & Savings	Tracy Connell
11 a.m. - 1 p.m.	Lunch		11 a.m. - 1 p.m.	Lunch		11 a.m. - 1 p.m.	Lunch	
1-2 p.m.	Identity Theft	Kevin Owens	1-2 p.m.	Consumer Awareness	Tom Wallace	1-2 p.m.	Home Buying	Ed Gaston
2-3 p.m.	Stretch Your Dollars	Larry Bentley	2-3 p.m.	Deployment/Life Prep	Tom Wallace	2-3 p.m.	Credit Management	Tracy Connell

Feb. 27, 6-8 p.m. - Family Financial Night - Youth Center (free pizza/drinks)
Feb. 28, 8 a.m. - Noon - Financial Fair/Poker Run Grand Finale (\$500 in cash prizes) - Deweys

Sponsors: USAA-FIRST CMD-MOAA-TSP-NMAA-VYSTAR-NFCU-TOP PREPARATION-LEGAL-TRICARE-NMCRS-NAVY CAMPUS-FFSC-MWR

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Resources
Tips for Financial Success

Where: Youth Activity Center
2069 Mustin Road
NAS Jacksonville

When: Thursday, Feb 27, 2014
6pm-8pm

FREE child care will be provided onsite. Space is limited and pre-registration is required. To register for child care:

- Call (904) 542-4718 and ask for Christianne
- Provide child's name, contact information for sponsor, emergency contact information
- To ensure your spot register as soon as possible. All registrations for child care must be received by 3pm on February 20th.

For more information on this great event, please call Rufus Bundrige at (904) 542-4976.

Note: The Navy nor any other parts of the federal government officially endorses any company, sponsor, or their products or services.

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Dewey's

Call 542-3521

Free Texas Hold'em Tournaments
Monday & Thursday at 7 p.m.

Friday Social Hour 7-9 p.m., live entertainment, \$.50 wings and \$7.95 pizza your way

Family Night - Third Friday of the month, 5-8 p.m., balloon artist and karaoke

Freedom Lanes Bowling Center

Call 542-3493.

Mondays: All you can bowl for \$5, 4-6 p.m.

Wednesdays: All you can bowl for \$5.95, 4-10 p.m.

Thursdays: Free bowling for active duty 11 a.m. - 1 p.m.

Saturdays: Family Extreme Bowling \$8,

4-6 p.m., Party Extreme \$10, 8 p.m. - midnight (up to 2 hours of play). Shoes Included.

Sunday: Family Day \$1.50 all day, per person, per game

Monthly Handicap Single Tournament:

Jan. 18, 1-4 p.m. \$20 per person

Scratch Sweeper: Jan. 25, 1-4 p.m. \$30 entry fee

Please note, the specials do not include shoes unless stated otherwise

Fitness & Aquatics

Call 542-2930

Indoor Swimming Pool
Lap swim hours, Monday - Friday 6-8 a.m., 11 a.m. - 1 p.m. and 4:30-7 p.m.
Saturday and Sunday 11 a.m. - 2:30 p.m.

Swim to Cuba Aquatic Program
At the Indoor Pool
Teams complete 30,000 laps and team members receive a t-shirt!

Navy Run Training Program
At the fitness center
Running group meets every Tuesday at 4 p.m.

Biggest Loser Challenge
8 week program, teams of 2
Begins March 10

Aerobathon featuring TRX, spin, muscle max, boot camp, step, yoga, HIT and Zumba

Feb. 15, 10 a.m. - noon
Fitness Center

I.T.T. Events

Call 542-3318

E-mail them directly at jaxs_nas_mwritt@navy.mil.

ITT current ticket promotions include the following:

Gatornationals March 14-16 \$30 - \$58
Disney Jr. Live - \$15 - \$29
Monster Jam - \$22 - \$42

Wild Adventures - \$30 - \$70
Disney World Orlando Armed Forces Salute ticket - \$166 - \$194.50
Universal Orlando - \$114 - \$169.50
Orlando Magic - \$11 - \$491
Daytona 500 - \$62 - \$209
Drive 4COPD 300 - \$55
Budweiser Duels - \$55
Sprint Unlimited - \$30 - \$55
Rolex 24 - \$32 - \$65
Jacksonville Symphony - \$27.50
The Artist Series - Broadway in Jacksonville 2014 season, select shows
Thrasher Horne Center for the Arts 2014 season, select shows

Armed Forces Vacation Club - www.afv-club.com \$349 - \$369

Amelia Island Museum of History - \$4 - \$10

Ripley's St. Augustine - \$4.25 - \$7.50
St. Augustine Alligator Farm - \$6.75 - \$13.50

Wild Florida Airboats - \$17 - \$46.50
Book Shades of Green, Disneyworld hotel properties, Universal hotels and off property hotels located near attractions at ITT!

The Vault Liberty Recreation Center

Trips, activities and costs may be restricted to E1-E6 single or unaccompanied active duty members. Call 542-1335 for information.

Karaoke at Dewey's
Feb. 21 at 7 p.m.

\$7.95 pizza your way and \$.50 wings!

Daytona 500 Trip
Feb. 23 at 10 a.m.

\$40 per person

Military Saves Week
Feb. 24 - 28

Take the pledge to save money!

NAS Jax Golf Club

Golf course info: 542-3249

Mulligan's info: 542-2936

Monday & Tuesday

Play 18-holes for \$20, cart and green fee included.

Open to military, DoD and guests. Not applicable on holidays.

Daily Twilight Golf Special

Play 18 holes with cart for \$16 after 1 p.m.

Military Appreciation Days
Play 18-holes with cart for \$18

Active duty - Feb. 25

Retirees, DoD and sponsored guests - Feb. 27

Mulberry Cove Marina

Call 542-3260.

Free kayak & canoe rental
Every Thursday for active duty

Free stand-up paddleboard lessons
Every Thursday 11 a.m. - 1 p.m.

*Weather dependent

Auto Skills Center

Call 542-3227

22 work bays, wheel balancing, tool checkout, paint booth and welding
ASE certified mechanic onsite

Youth Activities Center

Call 778-9772

Family Fitness Center hours
Monday - Friday, 9 a.m. - 1 p.m.

Bring your child to work out with you!

Flying Club

Call 777-8549

Private Pilot Ground School
Call for schedule

\$500 per person

NAS Jax Sports

Women's Racquetball Tournament - March 3-7

Open to active duty, selective reservists, DoD civilians, and DoD contractors assigned to a command at NAS Jacksonville. Players earn participation points for their command toward the Captain's Cup and earn additional points for finishing first, second or third. Register by Feb. 26.

Sand Volleyball League meeting - March 12 at noon

Open to active duty, selective reservists, DoD civilians and DoD contractors assigned to a command aboard NAS Jacksonville. Meet at Dewey's at noon. Commands whose athletic officer or designated representative attend receive five Captain's Cup points along with rules and required paperwork.

Leprechaun Dash 5k - March 14

The run is free and open to all authorized gym patrons. Runners earn Captain's Cup points for their commands by participating. Sign up at NAS Jax Gym or the Fitness Source prior to the Feb. 7 deadline. The run is held on Perimeter Road at the end of Mustin Road, before the Antenna Farm at 11:30 a.m. Registration will also be held at the run site from 10:30-11:15 a.m. Awards will be given to the top male and top female runner for age groups: 19 & under; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50 & over.

Kickball League meeting - March 19 at noon

Open to active duty, selective reservists, DoD civilians and DoD contractors assigned to a command aboard NAS Jacksonville. Meet at Dewey's at noon. Commands whose athletic officer or designated representative attend receive five Captain's Cup points along with rules and required paperwork.

Men's Singles Tennis Tournament - March 24

The tournament is open to active duty, selective reservists, DoD civilians, and DoD contractor women assigned to a command at NAS Jacksonville. Participants will earn participation points for their command toward the captain's cup and can earn additional points for finishing first, second or third. Sign up by March 21.

Women's Singles Tennis Tournament - March 24

The tournament is open to active duty, selective reservists, DoD civilians, and DoD contractor women assigned to a command at NAS Jacksonville. Participants will earn participation points for their command toward the captain's cup and can earn additional points for finishing first, second or third. Sign up by March 21.

Greybeard Softball League Forming

Open to active duty, selective reservists, DoD civilians and DoD contractor personnel age 30 and older who work in a command at NAS Jacksonville. Games play on Tuesday & Thursday at 11:30 a.m. Contact the gym at 542-2930 for rules and required paperwork. Rosters due by March 7. Play begins at the end of March or the beginning of April.

Intramural Softball League Forming

Open to active duty, selective reservists, DoD civilians and DoD contractors who work in a command at NAS Jacksonville. Games play in the evenings. Contact the gym at 542-2930 for rules and required paperwork. Rosters are due by March 7. Play begins at the end of March or the beginning of April.

Women's Softball League Forming

Open to active duty, selective reservists, DoD civilians; DoD contractors; retirees; and dependents over 18. Games play in the evenings. Contact the gym at 542-2930 for rules and required paperwork. Rosters are due by March 7. Play begins at the end of March or the beginning of April.

Men's & Women's Open Singles Tennis Tournament April 28

Open to active duty, retirees, dependents over 18, selective reservists, DoD civilians and contractors. The tournament starts at 5 p.m. at the Guy Ballou Tennis Courts on the corner of Allegheny Road and Birmingham Road. Call 542-2930 to sign up by April 25.

For more information, call Bill Bonser at 542-2930/3239 or e-mail bill.bonser@navy.mil.

Standings

As of Feb. 14

Winter Golf Standings

Teams	Wins	Losses
CNATTU Blue	2	0
Navy Band	2	0
NCTS	2	0
VP-45	2	0
CV-TSC Ashore	1	1
FRCSE	1	1
VP-10	1	1
VP-30	1	1
CNATTU Gold	0	2
PSD Jax	0	2
SERCC	0	2
VR-58	0	2

Greybeard Basketball

Teams	Wins	Losses
VP-10	3	0
VP-30	3	1
NAVHOSP	3	1
FRCSE	2	2
NAVFAC	2	3
VP-26	2	3
FLCJ	1	3
NCTS	0	4

Intramural Basketball

Teams	Wins	Losses
VP-30 E's	5	1
FRCSE 600	4	1
FRCSE 700	4	1
CPRW-11 Griffins	3	1
NAVHOSP	3	2
VP-10	3	2
VP-45	2	2
NAVHOSP Galley	2	3
NCTS	2	3
VR-58	2	3
FACSFAC	1	3
NAS Jax	1	3
TPU/PCF	1	3
VP-26	1	4

4-on-4 Flag Football

Teams	Wins	Losses
NOSC	3	0
Vet Clinic	3	0
VP-26	3	0
VR-58	3	0
HSM-72	2	0
VR-62	2	1
FACSFAC	0	1
CRS-10	0	2
ASD Jax	0	3
FRCSE 62A/690	0	3
NavHosp IMC	0	3
VP-62	0	3

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Tuesday, Thursday

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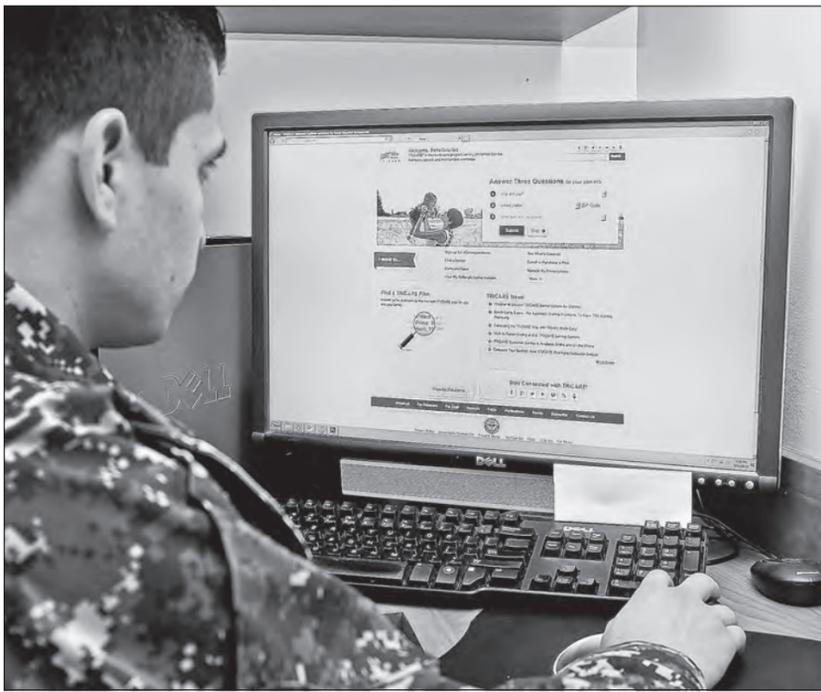
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TRICARE services: still available online and by phone



A Sailor logs onto www.tricare.mil for a permanent change of station move.

Photo by Jacob Sippel

By Jeanne Casey
NH Jax Deputy Public Affairs Officer

While TRICARE Service Centers' walk-in service ends April 1, the same services are still available online and by phone.

Visit www.tricare.mil or www.humana-military.com, or call (800) 444-5445. Beneficiaries can change their primary care manager (PCM), compare plans, enroll in a plan, see what's covered, check on referrals and claims, and more.

When moving with permanent change of station orders, it's even possible to request a PCM change before leaving the current command.

And for patients already residing in the area, PCMs are now available at Naval Hospital Jacksonville's hospital and branch health clinics, thanks to the return of staff from deployment with the wind-down of a decade of war.

Access to care is improved, with the hospital's primary care clinics staying open until 7 p.m., Monday to Thursday.

Patients can securely e-mail their PCM, by signing up at www.relayhealth.com.

Patients can also meet the PCMs at www.med.navy.mil/sites/NavalHospitalJax by clicking on Medical Home Port.

PCMs lead the Medical Home Port care teams, which focus on meeting all of the patient's preventive, routine and urgent health needs.

For complex issues that don't get resolved on the website or phone, patients can also call or visit TRICARE Health Benefits Advisors (HBAs) to discuss options. HBAs work for the hospital and branch health clinics, unlike the website and phone staff who work for TRICARE's regional contractor (Humana Military).

So patients need to make any changes at www.tricare.mil, www.humana-military.com or (800) 444-5445. Unfortunately, HBAs are unable to do this on patients' behalf. HBAs are located on the first floor of the hospital's central tower, next to Patient Relations — call (904) 542-9164 or (904) 542-9165.

Naval Hospital Jacksonville pharmacy: Drop-off now and pick-up later option

By Yan Kennon
Naval Hospital Jacksonville Senior Writer

Naval Hospital (NH) Jacksonville main pharmacy patients now have the option of dropping off prescriptions to be filled and picking them up later.

Now patients have the choice to check-in, drop-off prescriptions and return two hours or later to pick-up the prescription.

Patients can select the "Pick up later" button at the ticket kiosk, give the pharmacist their phone number, and return to windows six or seven for pick-up two hours or later; it's that simple.

"We understand that many of our patients have busy lives," said Lt. Vincent Jones, NH Jacksonville Outpatient Pharmacy division officer.



Photo by Jacob Sippel

HN Doneric Jefferson, a Naval Hospital Jacksonville pharmacy technician, dispenses Christine Anderson's medication prescription at the hospital's main pharmacy. Now patients have the choice to drop-off prescriptions and return two hours or later to pick-up the prescription.

"This service allows those patients to take care of more pressing business and return

at a later time to pick-up their prescriptions."

Jones went on to say that out-

patient pharmacy has also seen a slight decrease in wait time, for patients who choose to wait for their prescription, since the implementation of the drop-off service.

NH Jacksonville Outpatient Pharmacy hours are Monday – Friday, 7:30 a.m. – 6 p.m. and Saturday, 8 a.m. – 3:30 p.m.

The drop-off service is available up until two hours prior to closing time. For drop-offs made within the last two hours of the day, pick-up is available the next day.

In addition to this new pharmacy option, the hospital offers new expanded hours, and all patients now have email access to their care team.

At the hospital, Family Medicine (Green, Red, White and Yellow Teams), Internal Medicine (Blue Team) and Pediatrics (Purple Team) are

now open Monday to Thursday, 7:30 a.m. to 7 p.m. and Friday, 7:30 a.m. to 4:30 p.m. Hospital patients can call the appointment line at 904-542-4677 or 800-529-4677, weekdays from 7 a.m. to 4 p.m. to schedule an appointment.

Naval Branch Health Clinic Jacksonville patients can call 904-546-7094 from 7 a.m. – 4 p.m. to schedule an appointment.

After-hours nurse advice is available for all enrolled patients — at 542-4677 or 800-529-4677 — on evenings, weekends and federal holidays.

Patients can reach their team by RelayHealth secure email, for non-urgent issues.

Sign up at www.relayhealth.com or on the command's website by clicking on "Medical Home Port."

TRICARE ends walk-in admin services at 189 Facilities

By Jim Garamone
American Forces Press Service

TRICARE military health plan service centers will end administrative walk-in services in the United States on April 1, Pentagon officials said recently.

While the 189 facilities will stop taking walk-ins, beneficiaries can accomplish any administrative task online or by phone, said Pentagon spokesman Army Col. Steve Warren.

TRICARE service centers overseas are not affected, Warren said.

"The change will not – let me repeat that – will not affect any TRICARE medical benefit or health care service," he emphasized. "What it will do is allow the department to save \$250 million over the next five years, allowing TRICARE to invest in more important services."

Fifty percent of the visits to the centers are for in- and out-processing and requests to change primary care providers, and the rest involve billing-related questions, officials said. The Defense Department spends roughly \$50 million a year on these services, and this type of customer service can be handled more efficiently by phone or online, they added.

TRICARE gets about 38,000 hits per day on its website. Officials have run tests to ensure the website and call center can handle the expected increase in volume.

The TRICARE service centers have been around since the 1990s, and contractors staff them, Warren said. "This is being driven by the fact that technology has gotten so much better," he added. Customers who need the type of assistance that was being done in these walk-in service centers can quickly and efficiently receive help online or via phone, he said.

Beneficiaries can get more information and sign up for updates at <http://www.tricare.mil/tsc>.



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Friday, April 11th at 1130
Antennae Farm/Perimeter Road
Cost: \$5

For more information and to register for the MPA 5K, visit:
www.maritimepatrolassociation.org/symposium/register.html

To register a team, contact Shawn Linse at:
shawn.linse@navy.mil



FRCSE Sailor accepted to Naval Academy

By Kaylee LaRocque
Fleet Readiness Center Southeast
Public Affairs

Proving that hard work and dedication really do pay off, AZ3 William Bailey of the Fleet Readiness Center Southeast (FRCSE) Ground Support Equipment Division was recently notified that he had been accepted to attend the U.S. Naval Academy.

"It's been a long process, but I'm so excited on being accepted to attend such a prestigious Ivy League school. It's definitely a dream come true," said Bailey.

A native of Milton, Fla., Bailey joined the Navy in January 2013.

"I graduated from high school and took some college classes but really wanted to travel and see the world. I also wanted to work in a structured environment, so I thought joining the Navy was a good idea," he said.

After completing boot camp at Recruit Training Center, Great Lakes, Ill. and AZ "A" school in Meridian, Miss., Bailey reported to FRCSE in June 2013.

"My job is to assist the Ground Electronics Support team with their maintenance records for the equipment, organizing the publications, and log books regarding maintenance data and preparing reports," he said.

"I really enjoy working here because of the people. They have been tremendously supportive of my decision and helped me with my package. I really appreciate them helping me through the process."

Once he made the decision to apply to the academy last June, Bailey began the process to



Photo by Kaylee LaRocque

AZ3 William Bailey (right) reviews maintenance requirements with AS3 Jesse Fisher at Fleet Readiness Center Southeast Ground Support Equipment (900) Division on Feb. 12. Bailey was recently accepted to the U.S. Naval Academy.

complete his package.

"I had to get recommendations from my department head and the commanding officer and go through several medical screenings."

"I also went in front of board of officers who grilled me on my qualifications and offered me advice on my future goals."

Bailey plans to study aerospace engineering at the academy and make the Navy his career.

"This is definitely my future.

My family is very excited for me, especially my grandfather who is a retired AZ senior chief. When I joined the Navy, he said that I need to outrank him."

"So when I told him I was going to outrank him and become an officer because I was accepted into the naval academy, he was so happy for me."

According to his supervisor, AZC(AW/SW) LaToyna Crawford, Bailey is a top-notch Sailor and she is proud of his

achievement.

"Petty Officer Bailey has an extremely promising career as a naval officer. He possesses the maturity, character and values that are essential for successful leadership. He will definitely be a welcome addition to any and all wardrooms," said Crawford.

So what advice does Bailey offer to those contemplating following his career path?

"Never give up. I have always lived by the belief that goals are

never unobtainable," he said.

"As long as you have the drive and determination, anything is possible," he said.

"There will always be hurdles and roadblocks along the way, but great leaders are defined by their ability to jump over those hurdles and crash through the roadblocks."

"Just keep your mind on what you want to achieve, and before you know it, you'll be at the finish line with an accomplishment you can be proud of."



Photo by MC2 Luke Eastman

Lt. (SEAL) Dan Gibson, a member of the U.S. Navy parachute demonstration team, the Leap Frogs, touches down in Qualcomm Stadium during the opening ceremonies of this year's Holiday Bowl game, where members of the US Marine Corps stand by to unfurl the football field-sized American flag. The Leap Frogs are based in San Diego and perform aerial parachute demonstrations around the nation in support of Naval Special Warfare and Navy recruiting.

Navy Parachute Team releases 2014 show schedule

By MC1 Fletcher Gibson
Navy Parachute Team Public Affairs

The U.S. Navy Parachute Demonstration Team, the Leap Frogs, released their 2014 show season schedule - that includes sporting events, air shows and Navy-sponsored Fleet Weeks.

The team is scheduled to perform at 28 events in 16 states, ranging from New York to Hawaii.

"We hit the training pretty hard this winter," said Lt. Dan Gibson, the team's officer in charge, "and now we're ready to show everyone what we can do."

The eight-man team is made up of members of Naval Special Warfare, including a select group of Sea, Air and Land commandos (SEALs) extensively

trained in parachuting.

The Leap Frogs' aerial performances demonstrate the high-altitude jumps, in-air maneuverability, and linked-canopy teamwork for which the team is famous.

The show season kicks off March 3 with a Joint Military Capabilities Demonstration in New Orleans and wraps up with San Diego's annual Holiday Bowl football game Dec. 29.

"Some of these places are old favorites, and it's always good to revisit these areas," Gibson said.

"Others we've never been to before, or at least not recently, and bring the joy of parachute demonstrations to a whole new audience."

The full schedule can be viewed at www.leapfrogs.sealswcc.com.

FFSC offers life skills workshops

From FFSC

The NAS Jacksonville Fleet and Family Support Center (FFSC) Life Skills Education and Support Program is the foremost preventive measure for growth in personal and family issues. All FFSC workshops and classes are free to service members and their families. Pre-registration is required at 542-5745. If special accommodations or handicapped access is required, please notify FFSC upon registration. The following is the schedule for 2014:

- **Ombudsman Basic Training** - May 12-15 (5:30-10 p.m.), Aug. 18-19 (8 a.m.-4 p.m.), Aug. 20 (8 a.m.-12:30 p.m.), Nov. 17-20 (5:30-10 p.m.).
- **Transition Assistance Program (TAP) Separation Workshop** (7:30 a.m.-4:15 p.m.) - Feb. 24-28, March 10-14, March 24-28, April 7-11, May 5-9, May 19-23, June 9-13, June 23-27, July 7-11, July 21-25, Aug. 11-15, Aug. 25-29, Sept. 15-19, Oct. 20-24, Nov. 3-7, Dec. 1-5.
- **Transition Assistance Program (TAP) Retirement Workshop** (7:30 a.m.-4:15 p.m.) - March 17-21, April 14-18, May 12-16, June 16-20, July 14-18, Aug. 18-22, Sept. 22-26, Oct. 27-31, Nov. 17-21, Dec. 8-12.
- **Federal Employment Workshop** (8:30 a.m.-noon) - Feb. 21, April 1, May 2, June 30, June 30, July 29, Aug. 4, Sept. 2, Oct. 8, Nov. 14, Dec. 22.
- **Job Search & Interview Techniques Workshop** (8-9:30 a.m.) - April 2, May 28, July 1, Sept. 3, Nov. 12.
- **Resumes & Cover Letters Workshop** (9:40 a.m.-noon) - April 2, May 28, July 1, Sept. 3, Nov. 12.
- **Million Dollar Sailor Workshop** (7:30 a.m.-4 p.m.) - April 29-30, Aug. 5-6, Nov. 24-25.
- **Command Financial Specialist Training** - (7:30 a.m.-4 p.m.) - July 31.
- **Money, Debt and Credit Management**

Workshop (1-4 p.m.) - April 1, July 29, Oct. 8.

- **Strategies for First-time Home Buyers** (1-3:30 p.m.) - March 31, July 30, Oct. 7.
- **Strategies for Best Deals in Car Buying** (9-10:30 a.m.) - April 4, July 30, Oct. 17.
- **PCS Sponsor Training** (1:30-3:30 p.m.) - April 3, May 1, July 2, Aug. 7, Oct. 2, Nov. 6.
- **PCS Smooth Move Workshop** (1:30-4 p.m.) - March 6, May 8, July 10, Sept. 11, Nov. 13.
- **Military Spouse 101 Workshop** - April 7 (1-2:30 p.m.), July 29 (10-11:30 a.m.), Oct. 4 (1-2:30 p.m.).
- **What About the Kids** (9-11 a.m.) - March 10, April 14, May 12, June 9, July 14, Aug. 11, Sept. 8, Oct. 6, Nov. 3, Dec. 8.
- **Stress Management 101 Workshop** (9-10:30 a.m.) - March 11, April 8, May 13, June 10, July 8, Aug. 12, Sept. 9, Oct. 7, Nov. 4, Dec. 9.
- **Extended Stress Management Workshop** (8 a.m.-noon) - May 20, 27, Sept. 23, 30.
- **Anger Management Workshop** (8 a.m.-noon) - Feb. 24, March 31, April 28, May 19, June 30, July 28, Aug. 25, Sept. 29, Oct. 27, Nov. 24, Dec. 15.
- **Personal Anger Control Group** - March 27 - May 1 (Thursdays 11 a.m.-1 p.m.), May 27 - July 8 (Tuesdays 2-4 p.m.-no workshop June 3), July 29 - Sept. 9 (Tuesdays 2-4 p.m.-no workshop Aug. 19), Sept. 25 - Oct. 30 (Thursdays 11 a.m.-1 p.m.).
- **Individual Communication** (11 a.m.-1 p.m.) - March 19, May 6, July 15, Sept. 9, Nov. 18.
- **Parenting with Love & Logic** (1-3 p.m.) - March 4, 11, 18, 25; May 6, 13, 20, 27; July 1, 8, 15, 22; Sept. 9, 16, 23, 30; Nov. 4, 12, 18, 25.
- **Active Parenting of Teens** (1-4 p.m.) - Feb. 25; April 1, 8, 15, 22; June 3, 10, 17, 24; Aug. 5, 12, 19, 26; Oct. 7, 14, 21, 28.
- **Power 2 Change Women's Support Group** (9:30-11 a.m.) - Every Wednesday
- **Expectant Families** (9 a.m.-3 p.m.) -

See **FFSC**, Page 16



MC2 Kathryn Macdonald

'Blues' do the Barrel Roll Break

U.S. Navy Flight Demonstration Squadron, the Blue Angels, performs the Barrel Roll Break over Naval Air Facility (NAF) El Centro, Calif. on Feb. 8. The Blue Angels are conducting winter training where the pilots must complete 120 practice flights before kicking off the 2014 air show season at NAF El Centro, March 15. The squadron is scheduled to perform at NAS Jacksonville Oct. 25 - 26.

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Navy e-Learning now offers direct access

By Ed Barker

Naval Education and Training Command Public Affairs

Delivering on their goal of providing access to Navy training anytime, anyplace, the Navy Education and Training Command and the Sea Warrior Program Office announced Feb. 13 the availability of direct Internet access to Navy e-Learning (NeL) content.

"Most Navy Learners were previously accessing NeL through Navy Knowledge Online," said Hank Reeves, NeL project director.

"That was a multi-step process that is now significantly streamlined with the ability to access courses directly, without going through NKO."

Using the direct NeL link of <https://www.aas.prod.nel.training.navy.mil> will take you directly to the 'My Learning' and 'Course Catalog' tabs of the NeL learning management system after login.

"Going directly to NeL will make

searching for their desired content much easier," said Brenda McCreary, NKO service desk manager.

"If you enter through NKO and use the NKO search engine looking for courses, you may get numerous returns that aren't very helpful. Going directly to NeL lets you use their search engine and that gets you strictly learning-related returns, streamlining finding the course you are looking for."

Although direct access to NeL is available through the Internet, a Common Access Card (CAC) is still required for NeL login. Courses on NeL have been standardized to run using the Internet Explorer (IE) browser.

"Many of our courses take advantage of the latest in multi-media content to improve the learning experience," Reeves added.

"In order to ensure compatibility with these courses, NeL provides configuration guides for many of the latest versions of IE. NeL also provides a plug-in analyzer to help customers con-

firm they are able to access and run the multi-media content, and both of these services are on one page."

"To access them, customers may simply click on the 'Browser Configuration' link, located in the NeL Help section, on the right-hand side of the 'My Learning' page."

According to Reeves, NeL is the world's largest learning management system in terms of volume.

"Virtually every Sailor, government civilian and contractor uses NeL to keep current with required General Military Training, including the newly updated Department of Defense Cyber Awareness Challenge Course," said Reeves.

"Last year, the Cyber Awareness Challenge course had more than 232,000 completions, and last year we had more than four million completions for all courses."

"From the beginning, it was a goal as we implemented our new Learning Management System to offer direct

access to our NeL users in addition to access through NKO," added Reeves.

"Although NKO was designed as a one-stop-shop portal for the lion's share of Navy electronic content, allowing access options for our customers only makes sense."

Since 2001, Sailors have depended on Navy e-Learning (NeL) to help advance their careers and stay current with training requirements. Courses range from Privacy and Personally Identifiable Information Awareness Training - required of all Sailors, Marines, civilians, and contractors - to specific training for individual units. Trainees using NeL complete between four and five million online courses annually from an offering of more than 8,700 courses.

The Naval Education and Training Command relies on NeL for use in schoolhouses for individual skills and skill refresher training.

CNO is Battle of Midway keynote speaker June 7

From Navy League Mayport

The Navy League of Mayport is celebrating the 72nd Anniversary of the Battle of Midway Commemoration dinner and program. This is an All Services event featuring a joint color guard, All Services Missing Person table, the Navy Band with all the service songs, and numerous historical displays.

Tickets are now on sale for this year's event which will be held June 7, at the Renaissance World Golf Village Resort in St. Augustine. The keynote speaker is Chief of Naval Operations Adm.

Jonathan Greenert.

Veterans who served at the Battle of Midway and veterans of all branches who served in prior conflicts, as well as those currently serving are invited to attend. Additionally, Medal of Honor recipients and former Prisoners of War who have heroically answered the call of duty will also be in attendance. Come meet these "National Treasures" and hear their adventures first hand.

The evening promises to be emotional and patriotic, and provide an excellent opportunity to connect with survivors of what historians call one of the U. S.

Navy's greatest sea victories - and the turning point of World War II in the Pacific.

Ticket prices for active duty and spouses: E-6 and below - \$25; E-7 to O3 - \$40; O4 to O5 - \$50, O6 and above - \$65. Prices for Civilians and Retirees - \$65.

The evening includes fine dining and a memorable program. Uniform will be O4 and above - dinner dress white jacket; O3 and below - dinner dress white/dinner dress white jacket optional, and civilian is black tie or business attire. Cocktails begin at 5 p.m., with dinner served at 6 p.m. Tickets are manda-

tory and seating is reserved. Ticket sales end May 30, unless seating capacity is reached before this date.

Make checks payable to **NAVY LEAGUE MIDWAY DINNER**. Tickets may be purchased from the following locations:

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Bob Price, 904-246-9982

or 904-718-2118

E-mail: bpricex4@comcast.net

NAVY LEAGUE ST AUGUSTINE

Bill Dudley, 904-806-4712

or 904-794-7814

E-mail: anuday00@aol.com

VA launches online tool to calculate Post-9/11 GI Bill benefits

From the Department of Veterans Affairs

The Veterans Affairs (VA) Department launched a new online tool to make it easier for veterans, service members and family members to calculate their Post-9/11 GI Bill benefits and learn more about VA's approved colleges, universities and other education and training programs across the country Feb. 4.

"We are pleased that Post-9/11 veterans are taking advantage of this significant benefit program," said Allison Hickey, undersecretary of veterans affairs for benefits.

"The new GI Bill Comparison Tool will help future beneficiaries as they make decisions about what education or training program best fits their needs."

The GI Bill Comparison Tool provides key information about college affordability and brings together information from more than 17 different online sources and three federal agencies, including the number

of students receiving VA education benefits at each school.

It is one item in a series of resources VA is launching in response to President Barack Obama's Executive Order 13607, which directs agencies to implement and promote "Principles of Excellence" for education institutions that interact with veterans, service members and their families, and to ensure beneficiaries have the information they need to make educated choices about VA education benefits and approved programs, VA officials said.

Recently, VA also instituted a GI Bill online complaint system, designed to collect feedback from veterans, service members and their families who are experiencing problems with educational institutions receiving funding from federal military and veterans educational benefits programs, including benefits programs provided by the Post-9/11 GI Bill and the Defense Department's military tuition assistance pro-

gram.

The executive order, signed April 27, 2012, directs federal agencies to provide meaningful cost and quality information on schools, prevent deceptive recruiting practices and provide high-quality academic and student support services. VA works closely with partner institutions to ensure the GI Bill beneficiaries' needs are met, officials said, noting that more than 5,000 education institutions have agreed to the Principles of Excellence.

The Post-9/11 GI Bill is a comprehensive education benefit created by Congress in 2008. In general, veterans and service members who have served on active duty for 90 or more days since Sept. 10, 2001, are eligible. Since 2009, VA has distributed more than \$30 billion in the form of tuition and other education-related payments to more than 1 million veterans, service members and their families, as well as to the universities, colleges and trade schools they attend.

FFSC

From Page 15

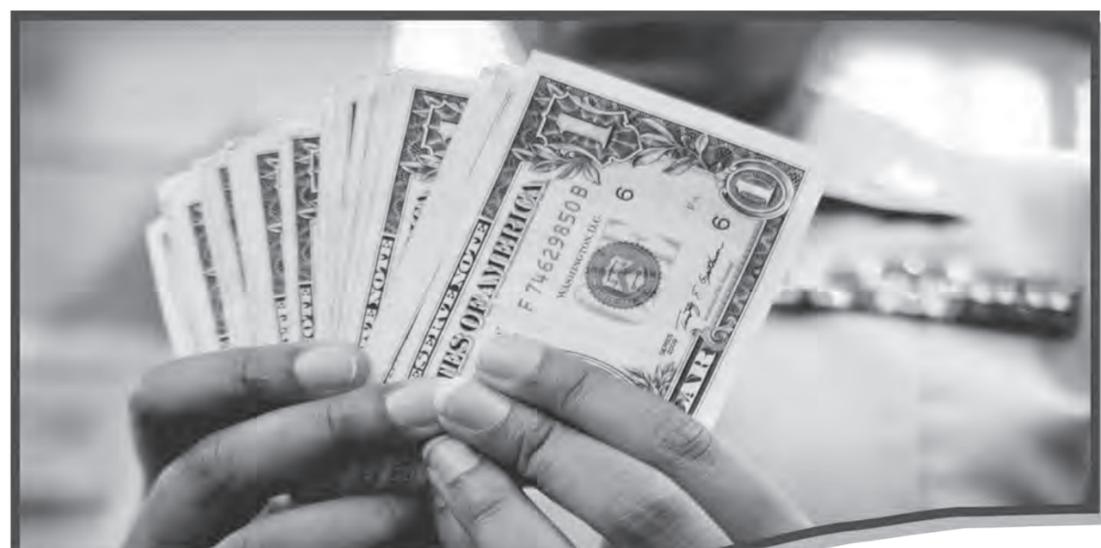
March 4, June 3, Sept. 16, Dec. 2.

• **Tiny Tots Play Group** (10 a.m.-noon) - Feb. 25; March 11, 25; April 1, 15, 29; May 13, 27; June 10, 24; July 15, 29; Aug. 12, 26; Sept. 9, 23; Oct. 7, 21; Nov. 4, 18; Dec. 2, 16.

• **Exceptional Family Member Program (EFMP) Orientation** (1:30 p.m.-3 p.m.) - March 13, May. 15, July 17, Sept. 4, Nov. 5.

• **EFMP Command POC Training** (1:30 p.m.-3 p.m.) - April 10, June 12, Aug. 14, Oct. 9, Dec. 4.

To register for any of the above workshops, please call 542-5745.



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Pierside farewells at Mayport



Photo by MC2(SW) Marcus Stanley

Family and friends look on from the pier at Naval Station Mayport on Feb. 15 as the guided-missile destroyer USS Roosevelt (DDG 80) prepares to set sail for deployment to the U.S. 5th and 6th Fleet areas of responsibility. The ship will join the USS George H.W. Bush (CVN 77) carrier strike group. This deployment is part of a regular rotation of forces to support maritime security operations, and provide crisis response capability.



Photos by MC2(SW) Marcus Stanley

From the pier at Naval Station Mayport, family and friends look on as the guided-missile cruiser USS Philippine Sea (CG 58) departs for deployment on Feb. 15 in support of maritime security operations in the U.S. 5th and 6th Fleet areas of responsibility. This deployment is part of a regular rotation of forces to support maritime security operations, provide crisis response capability, and increase theater security. The ship will join USS George H.W. Bush (CVN 77) as part of Carrier Strike Group 2.

Commanders should keep sex assault courts-martial authority

By Jim Garamone
American Forces Press Service

The independent Response Systems to Adult Sexual Assault Crimes Panel has accepted a subcommittee recommendation Jan. 30 that senior military commanders retain authority for referring these crimes to courts-martial.

DoD officials have long maintained that the authority is needed to maintain good order and discipline, and that commanders will be integral to ending sexual assault in the ranks.

The Role of the Commander Subcommittee took an in-depth look

at the issue before coming up with the recommendation. One member of the subcommittee – Elizabeth Hillman – dissented, but the full panel voted to accept the recommendations 7-2.

“Based on all information considered to this point, a strong majority of the subcommittee members agrees the evidence does not support a conclusion that removing the authority to convene courts-martial from senior commanders will reduce the incidence of sexual assault or increase reporting of sexual assaults in the armed forces,” Judge Barbara S. Jones, the chair of the Role of the Commander Subcommittee, wrote

in a letter released today.

Jones went on to say that evidence does not support the conclusion that removing commanders from the process will increase victims’ confidence in the system.

The conclusion of the panel is that commanders “must play a central role in preventing sexual assault by establishing command climates that ensure subordinates are trained in and embrace their moral and legal obligations, and by emphasizing the role of accountability at all levels of the organization.”

The panel also noted that victims of sexual assault have other channels out-

side the chain of command.

“Military personnel in the United States may always call civilian authorities, healthcare professionals or other civilian agencies to report a sexual assault,” the memorandum states.

In addition to Jones, the other members of the panel are: Elizabeth Holtzman, retired Army Gen. Carter Ham, retired Navy Vice Adm. James Houck, retired Army Maj. Gen. John Altenburg, University of California Professor Elizabeth Hillman, South Texas University Professor Geoffrey Corn, Air Force Col. Lisa Turner and Joye Frost.

Photographs of WWII veterans needed for community exhibit

From The Cultural Center

The Last Good War: The Faces and Voices of World War II,” written and photographed by Thomas Sanders, is a special exhibit that has traveled across America bringing to life stories of valor and horror from World War II veterans. The exhibit will be on display at the Cultural Center at Ponte Vedra Beach, Fla. Feb. 28 through April 4.

To add a local viewpoint and coincide with this powerful national exhibit, The Cultural Center will create a local heroes exhibition in their community gallery and exhibit photographs of the World War II veterans from families in the Jacksonville community.

Local residents are asked to drop off a framed 8x10 military photograph of someone in their family who served during World War II.

Frames must have a notch or hanging wire attached on the back of the frame. Be sure to clearly identify who the subject is and what branch of the service they served and perhaps where they were stationed. Securely attach your name and phone number to the back of the frame.

Drop the framed photograph off at The Cultural Center at Ponte Vedra Beach, 50 Executive Way, Ponte Vedra Beach, Fla. by Feb. 17.

Photographs can be picked up April 7.

For more information, call Judy Hixenbaugh at 904-280-0614, Ext. 202 or e-mail jhixenbaugh@ccpvb.org.

Tax services available

From Region Legal Service Office

The VITA Self Service will be available to active duty service members, retirees and dependents, Reservists (active 30 days or pre-demobilization) and entitled former spouses from Feb. 4 through April 15. The service is for those whose adjusted gross income doesn't exceed \$57,000.

Those who qualify under the Military One Source will be able file their taxes for free using the H&R Block software. Volunteer assistance will be onsite; however volunteers are not permitted to prepare taxes. Those needing additional assistance outside the scope of the volunteers may be redirected to a nearby tax center.

The tax center is located at NAS Jacksonville, Building 4, Room 108 (Ranger Street). The center is open Monday, Wednesday and Friday from 8:30 a.m. to 4 p.m. and Tuesday and Thursday from 11 a.m. to 7 p.m.

For questions or concerns, please contact LNI Clinton Washington at 542-5974 or email clinton.washington@navy.mil.

Community Calendar

Orange Park Veterans of Foreign Wars (VFW) Post 5968 and its Auxiliary located at 187 Aurora Blvd. meets on the second Wednesday of the month at 7:30 p.m. VFW is a non-profit veterans service organization composed of combat veterans and eligible service members from the Active, Guard or Reserve forces. For information on events or membership, go to www.vfwpost5968.org or call 276-5968.

Military Officers Association of America N.E. Florida Chapter meets the third Wednesday of each month. Open to active duty and retirees of all military branches. Contact Johnnie.walsh@gmail.com or call 282-4650.

National Naval Officers Association meets the fourth Thursday of each month at 5 p.m. at Jacksonville Urban League 903 Union Street West Jacksonville, FL. For information, contact Lt. Mark Jean-Pierre at 910-459-6858 or retired Lt. Cmdr. Paul Nix at 542-2518 or paul.nix@navy.mil.

Association of Aviation Ordnancemen meets the third Thursday of each month at 7 p.m. at the Fleet Reserve Center on Collins Road. For information, visit www.aao9.com.

Retired Activities Office (RAO) at NAS Jax Fleet and Family Support Center (FFSC) needs volunteers to assist military retirees and dependents. Work four hours a day,

one day per week. Call 542-5790 from 10 a.m. to 2 p.m. weekdays to volunteer.

Ribbons & Roses, a breast cancer support group at Naval Hospital Jacksonville, meets on the second Tuesday of the month at 7 p.m. Call 542-7857 for more info.

Navy Jacksonville Yacht Club is open to active duty, reserve and retired military, plus, active or retired DoD civilians. Call 778-0805 or email commodore@njyc.org.

COMPASS Spouse-to-Spouse Military Mentoring Program. Helping others help themselves. Visit www.gocompass.org for more info.

Navy Wives Clubs of America DID No. 300 meets the second Thursday of each month at 7 p.m. at Lakeshore Methodist Church, 2246 Blanding Blvd. Call 272-9489.

Fleet Reserve Association Branch 290 monthly meeting is the first Thursday at 8 p.m., 390 Mayport Rd., Atlantic Beach. Call 246-6855.

National Active and Retired Federal Employees Westside Jacksonville Chapter 1984 meets at 1 p.m. on the fourth Thursday of each month at the Murray Hill United Methodist Church, (Fellowship Hall Building) at 4101 College Street. Call 786-7083.

Retired Enlisted Association meets the fourth Wednesday of each month at 1 p.m. at the Fleet Reserve Hall at 7673 Blanding Blvd. Call 772-8622.



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