

# Jax Air News

www.cnic.navy.mil/jacksonville

www.jaxairnews.com

VOL. 71 • NO. 45 • NAS JACKSONVILLE, FLA



U.S. Navy photo

Two U.S. Navy P-3 Orion aircraft from Patrol Squadron (VP) 26 prepare for a search and rescue mission on Nov. 11 in the Republic of the Philippines in support of humanitarian assistance efforts after Typhoon Haiyan. The VP-26 "Tridents" are on deployment to the U.S. Pacific Command from their home base of NAS Jacksonville.



Photo courtesy of VP-26

On the island of Homonhan, a Catholic church is one of the few structures that survived Typhoon Haiyan.

## VP-26 and VP-62 join in typhoon relief

By Lt. Dan Baker  
VP-26 Public Affairs

In the wake of Typhoon Haiyan's devastation in the Republic of the Philippines, a massive multinational effort, dubbed Operation Damayan, is underway to bring aid to those affected by the unprecedented storm.

Navy patrol squadrons VP- 26 "Tidents" and VP-62 "Broadarrows" – based at NAS Jacksonville and currently deployed to Kadena Airbase in Okinawa, Japan with Commander, Task Group (CTG) 72.2 – have contributed to this effort by repositioning three P-3C Orions, three aircrews, and a detachment of maintenance professionals to Clark International Airport near Manila.

As the storm approached on Nov. 9, these aircrews were placed on an alert status prior to the storm's landfall in preparation for the

search and rescue missions. When the government of the Philippines requested assistance and declared a national state of calamity on Nov. 11, the aircrews were able to reposition to the Philippines in just a few hours. Immediately upon arrival, they began working with the 3rd Marine Expeditionary Brigade that was in charge of the U.S. military effort, to ensure every hour flown provided benefit to disaster relief operations.

The Tridents and Broadarrows P-3C aircrews have flown missions over the hardest-hit areas since Nov. 11, assessing damage and searching for populations cut off from sources of food, clean water and medical care. The geography of the Philippines makes the determination of where to focus relief efforts particularly difficult. The archipelagic nation, comprised of more than 7,000 islands, includes countless remote and isolated

populations in desperate need of relief. P-3C aircrews help solve this problem by searching for and reporting high-need areas so rescue and relief efforts can arrive as quickly as possible.

Among the hardest-hit areas is the small island of Homonhan, in the province of East Samar. The 12-mile long island lay directly in the path of Typhoon Haiyan and was devastated by winds that measured more than 200 miles per hour.

A CTG 72.2 P-3C was the first aircraft on scene and the first to make contact with those on the ground in Homonhan.

VP-62 P-3C Mission Commander Lt. Cmdr. Jace Dasenbrock described what his crew witnessed on Nov. 12 as they first approached the Island.

"We arrived on scene at noon in the and immediately saw devastation throughout the entire island. Our first pass around the island saw no sign of life below. Buildings were

destroyed, with few structures surviving. The only building left intact was the church that stood on the southeastern edge of the island. A sailboat was in a tree about 20 feet off the ground. After a second pass, a few heads popped out. A third pass around the tiny island saw about 100 residents sending S.O.S. signals. A fourth pass was made to give hope to the survivors. With roads washed out, relief needed to be brought in by air. We were able to identify several areas suitable for helicopters and Marine Ospreys (MV-22B) to land."

This discovery was the first of several like it for the CTG 72.2 aircrews. The information and photographs they collect are sent in-flight to intelligence specialists who collate the products and provide them to the Marines coordinating U.S. military relief efforts on the ground. This enables U.S. and Philippine commanders and government officials to identify and prioritize humanitarian assistance requirements.

Within days of the first P-3C flight over Homonhan Island, the USS George Washington (CVN-73) Carrier Strike Group re-positioned close enough to bring relief to citizens as well as other communities in the region. SH-60 Seahawks and Ospreys fly countless round trip sorties carrying 20-pound bags of food, water, and medical supplies ashore. The air space has become so crowded with relief aircraft that E-2C Hawkeyes are now orbiting overhead to direct and de-conflict air traffic. The P-3C and E-2C aircrews are coordinating to pass locations of suitable landing zones as well as locations of more un-reached disaster areas to relief aircraft in real time.

The magnitude of the destruction in remote areas like Homonhan Island make restoring infrastructure and rebuilding communities a slow process. For now the U.S. Navy and Marine Corps, with

See **TYPHOON**, Page 8



Photo by Kaylee LaRocque

Defense Commissary Agency Director and Chief Executive Officer Joseph Jeu presents NAS Jacksonville Commissary Store Director Larry Bentley with the 2013 Michael W. Blackwell Leadership Award for displaying exceptional leadership, courage and integrity in the performance of his duties at the commissary. The award is presented each year to an outstanding store director in honor of the late Air Force Chief Master Sgt. Michael W. Blackwell, a former senior enlisted advisor to the agency director.

## Top DeCA executive visits NAS Jax Commissary

By Kaylee LaRocque  
NAS Jax Public Affairs Specialist

Defense Commissary Agency Director and Chief Executive Officer Joseph Jeu visited the NAS Jacksonville Commissary to thank the employees for their dedication to providing outstanding customer service and to learn about store operations Nov. 15.

During a surprise ceremony, Jeu awarded NAS Jacksonville Commissary Store Director Larry Bentley with the 2013 Michael W. Blackwell Leadership Award for displaying exceptional leadership, courage and integrity in the performance of his duties at the commissary.

See **COMMISSARY**, Page 3



Photo by Kaylee LaRocque

VP-16 Pilot Lt. j.g. Brad Pendock, left, explains the instruments in the cockpit of the P-8A Poseidon to Jacksonville Jaguars Guard Will Rackley during an visit to Hangar 511 at NAS Jacksonville on Nov. 12.

## VP-16 hosts Jacksonville Jaguars, makes history

By Staff

History was made Nov. 12 when two NFL players toured the Navy's newest Maritime Patrol and Reconnaissance P-8A aircraft. Jacksonville Jaguars Defensive Tackle Sen'Derrick Marks and Guard Will Rackley became the first professional football players to set foot inside a Poseidon.

The two players visited VP-16 "War Eagles" to meet the Sailors and sign autographs for squadron personnel,

including Sailors from VP-5, VP-10 and VP-45.

"I'm really appreciative of them coming out to meet with us today. Even though I'm a Tennessee Titans fan, it's great of them to take time out of their busy schedules and spend time with us in the hangar," said AWO2(NAC) Chris Walsh of VP-16.

After thanking the Sailors for their service, Marks and Rackley were given

See **JAGUARS**, Page 9

### INSIDE

**ASSISTING VETS**  
New 1-Stop Help Center  
Page 4



**CARNIVAL**  
Families Enjoy MWR Event  
Pages 6-7

**NEW PILOTS**  
Carrier Qualifications  
Page 19



jaxairnews.com



The NAS Jacksonville Officers' Club opened in 1942. After more than 70 years, the facility continues to serve patrons as the River Cove Catering and Conference Center.

File photos



NAS Jacksonville Building 3 was the Recreation Building during World War II and also housed the station movie theater. The Navy Exchange took over the building and operated there from 1960 through the 1990s. Building 3 was demolished on Jan. 15, 1998.

## This Week in Navy History

### From Staff

#### Nov. 21

1918 - U.S. battleships witness surrender of German High Seas fleet at Rosyth, Firth of Forth, Scotland, to U.S. and British fleets.

#### Nov. 22

1914 - The title, Director of Naval Aeronautics is established.

#### Nov. 23

1940 - President Franklin D. Roosevelt appoints Adm. William Leahy as U.S. Ambassador to Vichy France to try to prevent the French fleet and naval bases from falling into German hands.

#### Nov. 24

1852 - Commodore Matthew Perry

sails from Norfolk, Va., to negotiate a treaty with Japan for friendship and commerce.

1964 - USS Princeton (LPH-5) completes 7-day humanitarian relief to South Vietnam which suffered damage from typhoon and floods.

1969 - HS-4 from USS Hornet (CVS-12) recovers Apollo 12's all-Navy crew of astronauts - Commanders Richard Gordon, Charles Conrad and Alan Bean - after moon landing by Conrad and Bean.

#### Nov. 25

1775 - Continental Congress authorizes privateering.

1943 - In Battle of Cape St. George, five ships of Destroyer Squadron 23

(Capt. Arleigh Burke) intercept five Japanese destroyers -sinking three and damaging one without suffering any damage.

1961 - Commissioning of USS Enterprise (CVA(N)-65), the first nuclear-powered aircraft carrier, at Newport News, Va.

#### Nov. 26

1847 - Lt. William Lynch in Supply sails from New York to Haifa for an expedition to the River Jordan and the Dead Sea. His group charted the Jordan River from the Sea of Galilee to the Dead Sea and compiled reports of the

flora and fauna of the area.

1940 - Sixth and last group of ships involved in Destroyers-for-Bases Agreement are transferred to British at Nova Scotia.

#### Nov. 27

1941 - Chief of Naval Operations sends "war warning" to commanders of Pacific and Asiatic Fleets.

1961 - Navy reports first use of its cyclotron at Harvard University to treat a human brain tumor. After three treatments, the tumor of the 2-year old patient shrank by 80 percent.

## Responding to last week's Veterans Day column

By Sarah Smiley  
Special Contributor

Again, Dustin said I shouldn't write this column. Last week, apparently he was right. This week, he is not.

Dustin doesn't want me to write a follow-up to last week's Veteran's Day column because he doesn't want me to even acknowledge online commenters or their vitriol. It's the same reason he didn't want me to write last week's column: to save me from that experience.

Dustin's forgotten that 12 years ago, when I first started writing my newspaper column, he told me to never read comments. So I don't. I just don't.

Sometimes, however, people send me screen shots: "Sarah, did you see this one?" (Interestingly, people don't forward the good ones. Only the hateful ones.)

Last week was no different. Yet, some readers - including some friends - who disagreed with my Veteran's Day column made reasonable, unemotional points, without attacking my character, and they deserve response.

Since I began writing, I've always honored veterans in my Veterans Day column. This year, fearing it would be repetitive and falsely assuming readers had read my other 12 Veterans Day columns, I decided to take a different perspective - that of a military spouse. My biggest regret is that I did not also thank veterans in the column, because I certainly meant to.

But something else was on my heart as I wrote. As we approached Veterans Day, my mind was solely on my friend Theresa, who lost her Navy-pilot husband in a helicopter crash seven weeks ago.

I knew people would thank Dustin for his service on Veterans Day. That's the way it's always been and should be. I knew that Theresa had experienced that with Landon, too. And then I realized that this Veterans Day, her veteran was not here to thank. She would no longer hear, "Thank your husband for his service, please." So I wanted to thank Theresa for all that her family has lost in service to the country.

That train of thought got me thinking about all the other spouses who have lost loved ones and the spouses of wounded warriors who have uprooted their lives to care for the sick and injured.

Believe me, I was not thinking of myself. My husband has been deployed a handful of times, and now he works at the Pentagon. We have been incredibly fortunate, even though, as with all military families, we have had our share of sacrifices and challenges.

I have not been through what Theresa is going through now, and I have not experi-

## From the Homefront

enced what the spouses of wounded veterans do on a daily basis. They are left with much to shoulder, even though they technically did not take an oath of service. (In some ways, this fact is what amazes me all the more!)

When I think of these spouses who have lost so much due their loved one's duty to the country, I cannot help but think they deserve some thanks for supporting a veteran. They are not veterans, but they certainly have been the support system for one.

My mistake in last week's column was my tone. It came across whiney and with a hint of "that's not fair." I apologize for that. Yet, honestly, when I talk to Theresa and think about her circumstances, lately I struggle with the urge to scream, "That's not fair!"

My other mistake was the column title. I wrote the first instance of "military-spouse 'veterans'" in quotation marks for a reason. I don't actually believe that spouses are true veterans. Nor do I think Veterans Day is for or about them. But I do believe it's appropriate to thank people like Theresa today and everyday.

Interestingly, I had planned to use today's column to address Tom Cruise's assertion that filming a movie overseas is like being deployed to Afghanistan. I already wrote about Cruise's comments on Huffington Post (Link: [http://www.huffingtonpost.com/sarah-smiley/if-cruise-abandoned-suri-what-have-military-fathers-done\\_b\\_4252053.html](http://www.huffingtonpost.com/sarah-smiley/if-cruise-abandoned-suri-what-have-military-fathers-done_b_4252053.html)), but I wasn't done with him yet.

Then, after my column and the reaction last week, I paused to reflect. Wouldn't the world be better if we stopped to give people the benefit of the doubt? How do I know what Cruise really said? How do I know for sure he doesn't know what a deployment is like? How do I know what his life is like? How can I hate someone that I don't even know? How can I judge the character of a person I've never met? Aren't I aware that Cruise is a human being, and although he makes mistakes, he is a person with feelings and a family?

Trust me, people who hate me will still respond negatively to this column. While my hope is that they use this as a springboard for honest discussion, they will call me "disgusting," "self-centered," and "miserable."

But I won't read it or see it. So, if you are a friend, please only send the comments that add to the discussion about what it means to be a veteran, a military family, or, even, civil.



Photo by AE3 Samantha Jones

## CDC employee recognized

NAS Jax Commanding Officer Capt. Roy Undersander presents Dr. Belen Mina, education technician at the NAS Jax Child Development Center, with a coin to congratulate her on the completion of her doctor of education degree in education with a concentration in human resources management and a minor in early childhood as Child and Youth Programs Director Mary Grenier looks on Nov. 18. Mina began working at the CDC in Naples, Italy in 1991 and has worked at the NAS Jax CDC since 1995.

## Notice of upcoming NAS Jax power outages

### From Public Works

NAS Jacksonville Public Works Department has scheduled three power outages in order to safely perform required maintenance in the high voltage substation serving family housing and the Naval Hospital Jacksonville campus.

Your understanding of the necessity for these power outages is sincerely appreciated because the required maintenance will greatly improve the reliability of the substation equipment and the installation's overall electrical distribution system.

Every outage has been carefully scheduled in order to minimize the impact they will have on operations and the daily lives of our family housing residents. These short term outages will pay long term dividends not only to the installation, but also to you, the customer.

The power outages are scheduled as follows:

Nov. 23, 8 a.m. to 8 p.m. - Several hospital campus buildings, Youth Center Gym, Heritage Cottages, All of Patriot Point Housing, including Fleet Angel Court and Woodpecker Drive

Dec. 7, 8 a.m. to 2 p.m. - All of the buildings affected by the first two outages.

While the contractor performing the maintenance will strive to shorten the duration of each power outage, all affected tenants and family housing residents should plan to be without power during the hours listed above.



**Commanding Officer**  
Capt. Roy Undersander

**Executive Officer**  
Capt. Howard Wanamaker

**Command Master Chief**  
CMDMCM(AW/SW)  
Brad Shepherd

**Public Affairs Officer**  
Miriam S. Gallet

**Public Affairs Specialist**  
Kaylee LaRocque

**Editor**  
Clark Pierce

**Staff Writer**  
Lt. j.g. Tim Folts  
AE3 Samantha Jones

**Design/Layout**  
George Atchley

The Jax Air News is an authorized publication for members of the Military Services. Contents of the Jax Air News do not necessarily reflect the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Navy. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, or The Florida Times-Union, of the products and services advertised. Everything advertised in the publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. If a violation or retraction of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected.

The deadline for all story and photo submissions is close of business the Friday before publication, and can be sent to [jaxairnews@comcast.net](mailto:jaxairnews@comcast.net).

The deadline for classified submissions is noon Monday. Questions or comments can be directed to the editor. The Jax Air News can be reached at (904) 542-3531, fax (904) 542-1534, e-mail [JaxAirNews@comcast.net](mailto:JaxAirNews@comcast.net)

comcast.net or write the Jax Air News, Box 2, NAS Jacksonville, Fla., 32212-5000.

The Jax Air News is published by The Florida Times-Union, a private firm in no way connected with the U. S. Navy under exclusive written agreement with the U. S. Naval Air Station, Jacksonville, Florida. It is published every Thursday by The Florida Times-Union, whose offices are at 1 Riverside Ave., Jacksonville, FL 32202. Estimated readership over 32,000. Distribution by The Florida Times-Union.

Advertisements are solicited by the publisher and inquiries regarding advertisements should be directed to:



Ellen S. Rykert, Publisher  
1 Riverside Avenue • Jacksonville, FL 32202  
904-359-4168

Advertising Sales  
(904) 359-4168 • (800) 472-6397, Ext. 4168 • FAX (904) 366-6230  
Pam Browning • Territory Sales Representative • (904) 359-4676

# COMMISSARY

From Page 1

The award is presented each year to an outstanding DeCA employee in honor of the late Air Force Chief Master Sgt. Michael W. Blackwell, DeCA's first senior enlisted advisor.

"Periodically, I need to assess store operations but more importantly, I use this type of opportunity to thank employees because they work so hard and are so committed to supporting military families," said JEU, who oversees 245 commissaries worldwide.

"This is the first time I've been here and I'm very pleasantly surprised. The store is in fantastic shape," he added. "I think NAS Jacksonville has one of the best store directors and the employees are top notch. I can see why the community is so happy with their store here."

During the visit, JEU was briefed on holiday food items, deli operations, produce department challenges and goals, meat department procedures, seafood department operations, how the store moves items from the receiving area to the floor and line items on the floor.

While touring the produce department, which was a mass of brightly colored fresh fruits and vegetables, Produce Manager Roberto Ramos discussed daily operations. "Each day, we strive to do our best to deliver fresh, quality produce to our customers. It's very challenging some days but we have a great team," said Ramos. "And, I'm here because I love to see our customers smile."

"Our produce department sold almost \$6 million of goods last year. We are continually moving items from the trucks out to the floor. It's important to have fresh produce every day," said Bentley.

According to Meat Department Manager John Crayon, they also work hard to keep customers happy. "We want to give our customers the very best; we are always looking for new products. No commercial store can deliver savings like the commissary. During holidays, we will often do \$40,000 a day in sales, so you know we are really serving our customers. We have a great group of meat cutters here and I'm so proud of them," he explained.



**Defense Commissary Agency Director and Chief Executive Officer Joseph JEU (left) checks some of the daily specials in the NAS Jacksonville Commissary Meat Department as Meat Department Manager John Crayon explains the cost savings the commissary provides its customers compared to outside grocery stores.**

JEU also discussed the strategies of building a new commissary aboard the station.

"The new store is a fiscal year 2014 construction project. Right now, we are awaiting final approval from Congress. Once that comes, construction should begin at the beginning of fiscal year 2015 with the project completed by the end of fiscal year 2016," said JEU. "While this store is pretty large, there are some limitations. In the new store, we will concentrate more on healthy food choices such as natural/organic and gluten-free foods, bigger aisles and more modern features."

Following the tour, JEU presented several DeCA Director Coins to commissary employees Nancy Garcia, Linda Hunter and Max Dimaya for their outstanding contributions. He also thanked other employees for their hard work.

"I've heard many store directors say that their store is the best. I think you are definitely up there with the best and you should all be very proud. You are doing a great job and the store looks wonderful. And I'm glad to be here in person to say, 'thank you,'" JEU told the store workers before presenting Bentley with his award.

"This award is given to those who demonstrate outstanding leadership qualities, and I believe Mr. Bentley has the qualities and characteristics to receive this award. He is truly an ambassador for the commissary benefit and has built a great team here," said JEU.

As Bentley graciously accepted the award, he stressed this importance of



Photos by Kaylee LaRocque

**Becky Chappellear, a representative with Kraft Foods (right) shows Defense Commissary Agency Director and Chief Executive Officer Joseph JEU some of the coupons customers can use to save on Thanksgiving food items as NAS Jacksonville Commissary Grocery Manager Betty Walker looks on during his visit to the store on Nov. 15.**

the team. "It takes all 250 of us, employees, contractors and vendors, to do this job. We have a remarkable team here and our goal is to continue to provide top service to our customers," he said.



**Defense Commissary Agency Director and Chief Executive Officer Joseph JEU discusses NAS Jacksonville Commissary operations with Store Director Larry Bentley, left, and NAS Jacksonville Commanding Officer Capt. Roy Undersander.**

## B. Boomers Health

We are here to help you and provide you with the best Vitamins, Supplements, Essential Oils and more.

*Military Discount*

**15% w/ I.D.**

**DEFEND Yourself Naturally!**

Like us on Facebook

B. BOOMERS Venetia Plaza 5393 Roosevelt Blvd., Ste #8, 32210 HEALTH 904-503-8054

MILITARY.ASHFORD.EDU/JAX

**"MILITARY TRAININGS HELPED ME APPLY 50 CREDITS TOWARD MY DEGREE."**

- Justin Watson, Ashford graduate

CALL US AT 888.303.7165

AU 1918

## TECHNOLOGY CHANGES EVERYTHING.

DISTANCE IS NO LONGER A BARRIER. COURSES CAN MATCH MILITARY SCHEDULES. SERVICE CAN TAKE OUR ARMED FORCES AROUND THE GLOBE; ASHFORD UNIVERSITY CAN BRING EDUCATION ALONG WITH UNIQUE BENEFITS. THE ASHFORD MILITARY GRANT REDUCES UNDERGRADUATE TUITION TO \$250 PER CREDIT AND COVERS ALL REQUIRED COURSE MATERIALS FOR ELIGIBLE MEMBERS. THE WORLD IS YOUR CAMPUS.



**EVERYTHING'S INCLUDED® FOR OUR MILITARY HEROES. EVEN JOY.**

**GET A GREAT DEAL ON MOVE-IN READY HOMES WHERE EVERYTHING'S INCLUDED.® VISIT LENNAR TODAY!**

**Experience the joy of owning a home in a Lennar community near NAS JAX.**

- **Move-in ready:** You don't have to wait; homes are available right now.
- **Everything's Included® for one low price:** That includes tile flooring, granite countertops and more.
- **Energy-efficient construction:** More comfortable for you, better for the environment.

**Hamilton Glen at OakLeaf Plantation**  
Single-family homes from the high \$100s  
3753 Chasing Falls Rd.  
Orange Park, FL 32065

**Eagle Landing at OakLeaf Plantation**  
Single-family homes from the mid \$200s  
2270 Club Lake Dr.  
Orange Park, FL 32065

**Benton Lakes**  
Single-family homes from the low \$200s  
4577 Benton Lakes Dr.  
Jacksonville, FL 32257

**Glenlaurel Estates**  
Single-family homes from the mid \$200s  
11319 Glenlaurel Estates Rd.  
Jacksonville, FL 32257



904.380.0774 • Lennarjacksonville.com

**LENNAR**

Features vary by community. Prices, features and specifications subject to change without notice. See a Lennar New Home Consultant for details. Copyright © 2013 Lennar Corporation. Lennar, the Lennar logo and Everything's Included are registered service marks or service marks of Lennar Corporation and/or its subsidiaries. 11/13 G892501

# City, Jaguars open veteran resource & reintegration center

Will enhance offerings, provide one-stop veteran services

By James Croft  
Special Contributor

The ribbon for the new City of Jacksonville and Jacksonville Jaguars Veterans Resource and Reintegration Center was cut Nov. 15 at City Hall by Mayor Alvin Brown, Jaguars owner Shad Khan, Deutsche Bank Managing Director Michael Fleming, U.S. Coast Guard Sector Jacksonville Commanding Officer Capt. Tom Allan, Blount Island Command Commanding Office Col. Matt Crabill, NAS Jacksonville Executive Officer Capt. Howard Wanamaker and City Military Affairs, Veterans and Disabled Services Director Vic Guillory. The center is part of a five-year, \$1 million partnership between the city and the Jaguars Foundation that will enhance and expand services for Jacksonville-area military and veterans.

"I'm proud of this partnership, highlighting the city and Jaguars' commitment to the dedicated men and women who serve, or have served, in the United States military," said Brown. "By working together, we are able to enhance and expand the services available to our military and veterans, showing our community's gratitude and support in strong and meaningful ways."

"The Jaguars, along with the entire



Photo by James Croft

(From left) U.S. Coast Guard Sector Jacksonville Commanding Officer Capt. Tom Allan; Blount Island Command Commanding Officer Col. Matt Crabill; Jacksonville Jaguars Owner Shad Khan; Jacksonville Mayor Alvin Brown; Deutsche Bank Managing Director Michael Fleming; NAS Jacksonville Executive Officer Capt. Howard Wanamaker and City of Jacksonville Military Affairs, Veterans and Disabled Services Director Vic Guillory cut the ribbon for the new City of Jacksonville and Jacksonville Jaguars Veterans Resource and Reintegration Center on Nov. 15. The new center is located at Jacksonville City Hall and will expand services for area military members and veterans.

city of Jacksonville, owe a significant debt to all of our servicemen and women," Khan said. "The opening of the Veterans Resource and Reintegration Center is one way we can collectively return the favor. Whether through assistance with employment, education, housing, medical treatment, or just to provide a hand in connecting all the services together, it's important and wonderful to know that

Jacksonville will stand united with our veterans as they return home."

"This is a great day for Jacksonville because we now have a one-stop resource when it comes to reintegrating warfighters back into our community," said Wanamaker. "The knowledgeable staff here will provide direction when servicemen and women need assistance to access their rightful benefits - whether educa-

tional, financial or health related. Each veteran will have a mentor assigned to assist in the process. It's fantastic!"

The new center will be housed and managed by the city's Military Affairs, Veterans and Disabled Services Department (MAVDS) and will expand the core services already available. City Council approved an ordinance (2013-559) earlier this year to appropriate \$100,000 in grant funds from the Jaguars Foundation for revamping the MAVDS offices and to provide social services, housing assistance, career-related services and emergency financial assistance to veterans and transitioning military personnel. The ordinance also created a new position of social services specialist to help provide these new services.

In addition to the new center, the five-year partnership with the city and Jaguars creates a new program to help allocate \$50,000 in grant money to area service providers to increase and enhance their services for area military and veterans. Grant funding will be allocated by an advisory board with members from the city, Jaguars Foundation and other area partners. Deutsche Bank provided the first corporate contribution to the fund.

Friday's announcement falls during the city's 2013 Week of Valor, honoring the service and sacrifice of Jacksonville's military and veteran community. The week is highlighted by events including the Veterans Day parade, school visits by veterans and military personnel, and the Jaguars Military Appreciation Game against the Arizona Cardinals on Nov. 17.

# New holiday stress navigation campaign: 'Thrive During the Holidays'

From Chief of Naval Personnel

With the holiday season approaching, Navy officials announced the launch of its annual holiday stress navigation campaign Nov. 1.

This year's campaign, "Thrive During the Holidays," will provide Sailors and families proactive resources to get ahead of holiday chaos while focusing on building resilience for the New Year.

"For many of us, 'the most wonderful time of the year' is as demanding as it is joyous," said Capt. Kurt Scott, Navy resilience chief.

"Our Sailors and families are operating under more stress and uncertainty than ever this year, and planning for the holidays can be overwhelming. Our annual campaign will address everything from financial preparations to maintaining diet and fitness goals, so

that we can help everyone stay in the holiday spirit and position themselves to thrive in the New Year."

Navy Operational Stress Control's 2013 Thrive During the Holidays campaign will include collaboration between Navy's 21st Century Sailor programs and other readiness programs to offer resources on topics such as responsible alcohol use during holiday celebrations; planning and time management; budgeting; incorporating physical fitness into busy schedules; healthy eating tips; spirituality and relationship fitness; and more.

"Our focus is helping Sailors and families proactively identify these sources of stress before things start to pile up on them, so that they can truly enjoy their holidays and do so responsibly," said Scott.

"Continuing our effort to promote a sense of community, we really have something for everyone this

year from families navigating the holidays with a loved one on deployment to helping Navy youths "Track Santa."

Engagement with the North American Aerospace Defense Command's annual "NORAD Tracks Santa" promotion is a new initiative for the OPNAV N171 annual holiday campaign this year, part of an expanded effort to reach out to Navy kids.

The Thrive During the Holidays campaign will continue through early January 2014. Releases can be found on Navy Operational Stress Control's blog, [www.navynavstress.com](http://www.navynavstress.com), and the Navy Suicide Prevention Web site, [www.suicide.navy.mil](http://www.suicide.navy.mil).

Follow Navy Operational Stress Control on Twitter and Facebook @NavStress for the latest updates to help you and your family "Thrive During the Holidays."

## Please Join Us For Our DAY WITH THE DESIGNER



## Model GRAND OPENING Event

Saturday November 23 • 10:30 am

FOREST HAMMOCK

at OakLeaf Plantation



Learn from award winning & renowned designer, Rita Williams with Merchandising Plus while touring our new Magnolia model home in Forest Hammock at OakLeaf Plantation.

Enjoy refreshments as Rita demonstrates the latest trends behind the selections of the materials, colors, finishes and furnishing used in decorating this beautiful model.

This event is free and open to the public. However, space is limited. R.S.V.P. to (904) 375-2151 or email [mwstastny@drhorton.com](mailto:mwstastny@drhorton.com) to reserve your seat today!

410 Kirkland Court – Orange Park, FL 32065

Directions: From I-295, take exit 12 and head south on Blanding Blvd. Take the second right onto Argyle Forest Blvd and travel 6.4 miles. Argyle Forest Blvd will turn into OakLeaf Plantation Parkway and travel approx 2.5 miles on OakLeaf Plantation Parkway. At the clock tower roundabout, turn right into Forest Hammock, on Plantation Oaks Blvd.

**D·R·HORTON**  
America's Builder

For more information please call (904) 375-2151

[www.drhorton.com/nfl](http://www.drhorton.com/nfl)



\*Home and community information, including pricing, included features, terms, availability and amenities are subject to change and prior sale at any time without notice or obligation. See your new home consultant for details. Pictures, elevations, features, sizes and colors are approximate for illustration purposes only and will vary from the homes as built. D.R.Horton, Inc. is not affiliated with Merchandising Plus. CBC058997 ©2013 D.R. Horton, Inc. All rights reserved.

# CNRSE announces Senior, Junior Civilian of the Third Quarter 2013

From Navy Region Southeast Public Affairs

Brett Tracy and Twilla Smith were named Commander, Navy Region Southeast (CNRSE) Senior and Junior Civilian of the Third Quarter 2013 Award, respectively, Nov. 1.

As a regional program analyst and Continuous Process Improvement specialist in the CNRSE Strategic Planning and Lean Sigma Six (LSS) division, Tracy provided customer service to internal and external customers and trained and mentored other program analysts throughout the region. His recent efforts resulted in him developing the Navy Region Southeast's Sexual Assault Database which contributed to the fulfillment of customer requirements for program implementation, said Henry Burkard, Tracy's supervisor.

"Having won the Senior Civilian of the Quarter twice in two years demonstrates Brett's sustained commitment to excellence and continued high value to the organization. I am very fortunate to have him as a team member," Burkard said.

Tracy said it was the support of his co-workers that were most instrumental to his selection.

"Knowing your work efforts are appreciated gives any employee the drive to continually do a great job," he said.

"I'm always well supported by my colleagues and management and they are the biggest contributors to my professional growth. I want to convey my sincerest thanks for all their cooperation and assistance on a daily basis."

Smith is the assistant to the public affairs officer and the Navy Community Service Program (NCSP) regional coordinator for the Southeast. She worked with 17 installations and dozens of tenant commands to guide them through the NCSP Awards Package submission process. She also identified and trained 14 judges on the rating process for the flagship nominations submitted by the region's tenant commands, and coordinating the judging of 40 nomination packages.

"Nominating Ms. Smith for this award was the most logical thing for us to do, and I couldn't be prouder of her for receiving this recognition," said Mike Andrews, public affairs officer for Navy Region Southeast.

"She is the personification of 'team player' and never backs off from any challenge. A perfect example is her work as coordinator of the region's inputs to the Commander Navy Installations Command (CNIC) Community Service Award Program. Despite her lack of prior experience, she took this program, made it her own and made it work. I'm continually amazed by all that she does, while still finding time to pursue two master's degrees. We're lucky to have her."

Like Tracy, Smith also commented that her co-workers provided substantial support in their professional success.

"I feel privileged to work in a department that supports professional growth and mentors employees to be successful in their career," she said.

"The Southeast Region public affairs office is one of the most experienced and knowledgeable departments in the region, who takes pride in their work and is



Brett Tracy



Twilla Smith

dedicated to providing assistance to others whether on the staff or in the public realm. I am truly grateful to work on a team of this caliber."

Individual selection criteria for the awards was based upon exemplary performance of tasks, contributions that enhanced organization accomplishment of command objectives, mission, teamwork or public image, and one's professional attitude toward self and others.

## CSADD event for junior Sailors

The Coalition of Sailors Against Destructive Decisions (CSADD) will host a bowling event Dec. 5 at 2 p.m. at NAS Freedom Lanes. Five-player teams.

For more info, contact AC3 Ray (alexis.ray@navy.mil), or MAC Henderson (vanessa.henderson@navy.mil).



**Dog Houses, Shadow Boxes Made to order**

**Manuel Bello Woodworking**

bellovincen1927@Att.net

904-645-7767

904-654-2665

www.JaxMilitaryShadowBoxes.com



**EPISCOPAL DAY SCHOOL**  
Summer Camps for Ages 2-5!

StMarksDaySchool.org  
(904) 388-2632

**Now Enrolling**  
Age One - 6<sup>th</sup> Grade

# GET THE CARD THAT PAYS CASH BACK ON EVERY PURCHASE.

- > No hidden fees
- > No minimum to redeem rewards
- > Rewards never expire
- > No annual fee\*



**JDRF** Improving lives. Curing type 1 diabetes.

As many as 3 million Americans may have type 1 diabetes (T1D).

JDRF.org • 1-800-533-CURE

A CFC participant. Provided as a public service.



**NOW ENROLLING! SPRING 2014**

- ★ Pilot Training Degrees
- ★ Discovery Flights
- ★ Tours
- ★ Call for more information!



Located at Cecil Airport  
904.586.3660  
www.flycecil.com

**NAVY FEDERAL**  
Credit Union

ARMY  
MARINE CORPS  
NAVY  
AIR FORCE  
COAST GUARD  
DoD

**APPLY TODAY!**  
navyfederal.org 1.888.842.6328

Federally insured by NCUA. \*cashRewards card offers a variable purchase APR that ranges from 9.65% APR to 18% APR. Rates based on creditworthiness. ATM cash advance fees: None if performed at a Navy Federal branch or ATM. Otherwise, \$0.50 per domestic transaction or \$1.00 per overseas transaction. Foreign transaction fees: 0.80% of transaction amount if in U.S. dollars, 1% of transaction amount if must convert to U.S. dollars. © 2013 Navy Federal NFCU 12744 (11-13)





More than 1,700 military members and their families enjoyed the 2013 Military Family Appreciation Carnival at NAS Jacksonville on Nov. 16.

# MWR HOSTS FALL CARNIVAL FOR MILITARY FAMILIES

By Shannon Leonard  
MWR Marketing Director

Cloudy skies and the threat of rain did not inhibit thousands of children and parents from enjoying the annual MWR Military Family Appreciation Carnival Nov. 16 at the Allegheny Softball Fields across from the Navy Exchange/Commissary complex.

Children and adults of all ages enjoyed the spinning rides, a giant slide, bounce houses, a Ferris wheel, bungee jumping, swings and an airplane ride.

Other activities included a balloon dart game and camel race where the children and their parents could try their luck by rolling balls up a ramp into holes and throwing darts at balloons for prizes.

Dawn Mills, school liaison officer, provided free school supplies for the children and Child and Youth Programs provided information as well as snacks and water.

"This is a great showing for the Month of the Military Family Appreciation Carnival at NAS Jax. More than 1,700 patrons are enjoying the inflatables, rides and carnival foods. This is a small way to show our gratitude and recog-

nize the sacrifices that the military families make with the service men and women," said Youth Activities Center Director Jason McKenzie.

"We have been coordinating this event for months and it's really proven to be a popular event. I'd really like to thank our sponsors VyStar Credit Union, USAA, University of Phoenix, Sprint, Armed Forces Benefit Association and USA Discounters for their contributions," continued McKenzie.

"I'd also like to thank the many volunteers and workers who are absolutely essential to putting on this successful event."

The patrons agreed on the success of the event.

"I think this event is awesome, it totally wears the kids out and it is free. My daughter loved every ride and activity she participated in today," said Aliye Fulton.

The next MWR celebration for military families will be in April to celebrate the Month of the Military Child.

*Neither MWR, nor the U.S. Navy or any other part of the federal government officially endorses any company, sponsor or its products or services.*



Olivia Hall (left) and Becca Snyder hold on tight as they ride the Spinning Cups.



Jack and Thomas Cover climb aboard, buckle their belts and off they go! The faster they pump, the faster they go on the twin spin ride during the Military Family Appreciation Carnival.



Carnival attendees enjoy festival style food including cotton candy, snow cones, candy apples and popcorn during the event.



Emma Fulton bounces through the sky on the bungee jump at the carnival.



Kennedy Miller throws her first dart out of three in hopes of winning a prize at one of the game booths.



Jerry and Andrew Dickerson soar high on the airplane ride.



Kendall Bradley and Trinity Allen are all smiles as they push and pull with all their strength during the twin spin ride.



Priana Charfauaros is all smiles as she works her way up to the top of the giant fun slide for a fast ride down.



The giant swing was a big hit during the Military Family Appreciation Carnival.

Children enjoy the bounce house during the annual carnival.



*Photos by Shannon Leonard*

Kyra Martinez and Rowan Barajas have a blast playing on the Adrenaline Rush as they go down the slide.



Children of all ages try their luck for prizes during camel race game at the Military Family Appreciation Carnival coordinated by the NAS Jax Morale, Welfare and Recreation Department on Nov. 16.



Photo by Earl Bittner

## NAVFAC Southeast employee honored

Naval Facilities Engineering Command (NAVFAC) Southeast Commanding Officer Capt. Christopher Kiwus (right) provides comments and presents a commander's coin after the reading of a letter of appreciation for Teresa Daubeniek on Nov. 12. The Naval Sea Logistics Center commanding officer sent the letter to Kiwus that lauded Daubeniek's efforts drafting and executing an inter-service support agreement between Naval Sea Logistics Center Mechanicsburg and Naval Sea Logistics Center Mayport.



Photo by Kaylee LaRocque

## Chili cookoff

YNSA Arnick Alinaya (left) and QMSN Kyla Baker serve samples of chili to judges LS3 Traci Brathwaite of Air Operations (right), Allyson Moore of NAS Jax Executive Department (center), and NAS Jax Command Chaplain (Cmdr.) Shannon Skidmore on Nov. 15. The winning pot of chili was created by CS1 Larozzo Shugart of the NAS Jax Flight Line Cafe. The event benefited the command's annual holiday party.

### NAS Jacksonville Command Holiday Party 2013

Dec. 7, 5:30-10 p.m. at Dewey's

Call 542-4864 for more information

**Menu:**  
Salad (garden w/ house dressing) • Roast Turkey Breast •  
Glazed Honey Ham • Mashed Potatoes/Gravy •  
Stuffing • Cranberry Sauce • Green Beans • Rolls

See your Recreation Committee reps for tickets:  
CSC Comba/ CS2 Rutherford (542-4864/0417) Supply/Galley  
IT2 Harding (542-1549/542-3400)- Exec/Fire Dep/MWR/Bldg. 1  
MM2 Ayers/YN2 Key/QMSN Baker- (542-3051) Chapel/Recycling  
MA3 Delgado /ABH2 Viar (542-8165)- AirOps/Security

Ticket Prices	
Civilians:	\$20
E7- Above:	\$20
E1- E6:	\$10
Tickets now on sale	

**Dinner, dancing, door prizes (must be present)**

For child care, call the CDC at 542-9075, \$20 per child, must pay in advance, last day to sign up is Dec. 5.



Photo by Lt. j.g. Troy Balding

A P-3C Orion aircraft assigned to VP-26 collected imagery over a village on Homonhan Island during a reconnaissance mission in support of the Philippines relief effort. The "Tridents" provided a birds-eye view to relief coordinators on the ground in search of survivors in need of medical aid, food and clean water.

## TYPHOON

From Page 1

their ever-vigilant forward presence in the Asia-Pacific region, are on station bringing needed support and hope to the people of devastated locations in the Philippines.

VP-26 and VP-62 were among the first to provide crucial information about where to best focus relief efforts in

response to this crisis. The Commander of CTG-72.2, Cmdr. Mark Sohaney, is extremely proud of the opportunity to support this effort. "Our thoughts and prayers are with the Philippine people, and we are honored to help them in their time of need," stated Sohaney, "We are postured to remain as long as the Philippine and U.S. government needs us."

## TAKE THE FIRST STEP.

Prepare for a career in:

- Criminal Justice
- Dental Assisting
- Health Information Technology
- Medical Assisting
- X-Ray Technology *(limited scope)*
- Sterile Processing Technology
- Surgical Technology

Flexible Class Schedules  
Financial Aid Available to those who Qualify  
Career Placement Assistance for all Graduates  
Accredited by ACICS • Approved for Veterans' Training

**FORTIS**  
COLLEGE

Your Life. Powered By Learning

**(855) 445-3276**

[www.fortiscollege.edu](http://www.fortiscollege.edu)

560 Wells Road, Orange Park FL 32073

Music. Dance. Fun. Sound like exercise to you?

**Start for \$29\***  
December Free  
**Join Now**

[jazzercise.com/FindaClass](http://jazzercise.com/FindaClass)

\*Valid with 6-month minimum registration at participating locations.  
Some restrictions apply. Expires 12/2/13.

## jazzercise® real Results

[jazzercise.com](http://jazzercise.com) | (800)FIT-IS-IT

### Jazzercise Fleming Island

4711 US Hwy 17 S, Bldg C  
Fleming Island, FL 32003  
904-303-4242  
[jazzerciseflemingisland@gmail.com](mailto:jazzerciseflemingisland@gmail.com)

### Jazzercise Blanding

2225 Blanding Blvd  
Jacksonville, FL 32210  
904-388-9734  
[donettepsnyder@gmail.com](mailto:donettepsnyder@gmail.com)

Discounted Monthly Fee for Active Duty Members



# Some of Florida's oldest veterans tour base

By Earl Bittner  
NAVFAC Southeast Public Affairs

Residents from the Clyde E. Lassen State Veterans Nursing Home located in St. Augustine, Fla. visited NAS Jacksonville Nov. 13 to reminisce their military service and receive a tour of the base.

"I have been volunteering at the Lassen facility for some time and frequently the vets there ask me about what's happening on the base," said Naval Facilities Engineering Command (NAVFAC) Southeast NEPA Planning and Compliance Coordinator Greg Timoney.

"Some are prior Navy and almost all of them are still interested in how the military has developed since they left service."

The group of seven veterans were treated to a walking tour of the base historic aircraft display park and a "windshield tour" of the base flight line. NAS Jacksonville Assistant Hazardous Waste Manager Jody Smith provided a narration of the aircraft on display and spoke to the many efforts of the base to remain environmentally friendly while supporting operations during the flight line portion of the tour.

"It's incredible being able to spend time with these veterans," said Smith.

"Being a veteran myself with 21 years of service in the Navy, I just love having a chance to interact with these folks who paved the way for me to serve."

Following the flight line tour, the group made their way to the Black Point Interpretive Center where NAS Jacksonville Natural Resources Manager Christine Bauer briefed the group on the center's mis-



Photos by Earl Bittner

Veteran residents from the Clyde E. Lassen State Veterans Nursing Home toured the historic aircraft display at Heritage Park located aboard NAS Jacksonville during a base visit on Nov. 13. NAS Jacksonville Assistant Hazardous Waste Manager Jody Smith (left) briefs the veterans on one of the aircraft in the park during their tour.

sion. The group then headed to Mulligan's restaurant at the base golf course for lunch.

Sgt. Joseph "Tie-dye" Tillman, a former Marine who joined the Corps in 1967 and spent time in combat in Vietnam as an FO (Forward Observer), was a first-time visitor to NAS Jacksonville.

"This base and its historic aircraft display is very impressive," said Tillman. "I've really enjoyed the tour and our time here."

Navy retiree Roy Lightfoot was the oldest, but also one of the liveliest members of the group. He first came to NAS Jacksonville in 1942 to attend "A" school when he was 19 years old. He met and married his wife, Mildred, that summer in St Augustine. After his 22-year career in the Navy, they settled in Jacksonville.

"It's wonderful and rejuvenating to be back at NAS Jacksonville," said Lightfoot.

"There have been tremendous improvements to the base since I was stationed here. I am impressed with the sharp sailors I've seen during the visit. I'm proud to be a part of the Navy."

Timoney volunteers with the veterans because he feels like he's got to put a little karma back in the bucket, but explained that he feels like he gets a lot more back from these heroes than he gives them.

The Clyde E. Lassen State Veterans Nursing Home located in St. Johns County at 4650 State Road 16, is one of six Florida State nursing homes for veterans. The 120-bed facility opened to residents in 2010 and offers skilled nursing care to veterans.



Naval Facilities Engineering Command (NAVFAC) Southeast NEPA Planning and Compliance Coordinator Greg Timoney (left) conversed with Joseph 'Tie-dye' Tillman (right), a former Marine who served in Vietnam. Tillman was one of seven veteran residents from the Clyde E. Lassen State Veterans Nursing Home in St. Augustine who visited NAS Jax on Nov. 13. Timoney volunteers at the facility, stating that he learns a lot from the veterans.



(From left) Art Kolke, a U.S. Army veteran and former World War II German POW; Tom McCarter, a U.S. Air Force veteran with service in Vietnam; Joseph 'Tie-dye' Tillman, former Marine who served in Vietnam; James Guest, a U.S. Navy veteran of the Vietnam era; Capt. Roy Undersander, NAS Jacksonville commanding officer; Joseph Francis, a U.S. Army veteran of World War II and Vietnam; Virginia Roberts, U.S. Navy veteran of Vietnam and the First Gulf War; and Roy Lightfoot, U.S. Navy veteran who served aboard NAS Jacksonville in 1942; toured the base.

## Naval Hospital Jacksonville's Wellness Center stands ready to help smokers 'kick the habit'

By Yan Kennon  
Naval Hospital Jacksonville Senior Writer

Stuck on that routine of firing up a cigarette in the morning with a cup of coffee, after a meal or to relax after a stressful day? Due to the highly addictive nature of nicotine, tobacco use is a habit that is difficult to quit — but not impossible. Truth is, the time to stop is now, and Naval Hospital (NH) Jacksonville's Wellness Center provides the tools you need to quit.

In recognition of the American Cancer Society Great American Smokeout — observed the third Thursday of November every year — the Wellness Center will conduct a fair to help smokers quit. The fair will be held at Naval Air Station (NAS) Jacksonville's Navy Exchange pavilion Nov. 21 from 11:30 a.m. to 2 p.m.

According to World Health Organization (WHO), tobacco kills up to half of its users—nearly six million people each year. More than five million of those deaths are the result of direct tobacco use while more than 600,000 are the result of non-smokers being exposed through second-hand smoke.

The hazards of smoking are well known — but not everyone is aware that there are more than 4,000 chemicals in tobacco smoke, of which at least 250 are known to be harmful and more than 50 are known to cause cancer.



Library of Congress

"It is important for tobacco users to know that there is help," said Charlene Rees, NH Jacksonville's Wellness Center smoking cessation coordinator.

"Many young active-duty sailors start smoking because of boredom or as a socialization tool. This could eventually lead to addiction as well as many medical complications. The Wellness Center can help patients kick the habit in a variety of ways — to include classes, medications and counseling. Smokers need to also be aware that the use of tobacco not only affects them, but

the innocent people around them by way of second-hand smoke — one of the most widespread exposures in the indoor environment. Our ultimate goal is to reduce tobacco use and improve the health and wellness of our nation's heroes and their families."

Tobacco use is the top preventable cause of illness and premature death in the U.S. and tobacco products are the only legal consumer commodities that are harmful when used exactly as the manufacturer intended.

There is no safe level of exposure to second-hand tobacco smoke. Separate or ventilated smoking areas do not protect non-smokers from second-hand smoke. It can cause serious cardiovascular and respiratory diseases — coronary heart disease and lung cancer — in adults, low birth weight in pregnant women and sudden death in infants.

Quitting smoking has immediate as well as long-term benefits for smokers and their loved ones. Some improvements are immediate — within 20 minutes heart rate and blood pressure drop and within a few hours the level of carbon monoxide in the blood declines. Smokers who quit at age 30 reduce their chance of dying prematurely from smoking-related diseases by more than 90 percent, and by 50 percent for those who quit at age 50.

The current trend for smokers who

are attempting to avoid some of the hazards of smoking cigarettes is the electronic cigarette or e-cigarette. E-cigarettes are neither supported nor used as an aid by the Wellness Center. According to WHO, the potential risks e-cigarettes pose for the health of its users remains undetermined, and their efficacy for helping people quit smoking has not been scientifically demonstrated.

"It is just as hard to quit smoking as it is to quit using heroin, cocaine or alcohol," said Rees. "Quitting the use of tobacco, in any form, is the greatest single step that one can take in improving their health. It doesn't matter how long you have used tobacco, how old you are or the condition of your health — just quit!"

NH Jacksonville's wellness fair will feature displays, educational materials and give-away items for those who are interested in quitting—all active duty, retirees and family members are eligible. Experts will be on hand to discuss available methods of treatment provided by the Wellness Center. There will also be a free turkey raffle to smokers who are willing to throw away their cigarettes for the day — go "cold turkey."

The ultimately decision to stop using tobacco depends on the indi-

See **SMOKEOUT**, Page 19

Live in a **GOLF COURSE COMMUNITY**

**\$1 Military Move-In\***

Purchase a "Move-In Ready Home" by Nov. 30<sup>th</sup>, & receive a:

**FREE 60" Flatscreen TV**  
(professionally installed on the wall)

and a **Stainless-Steel Refrigerator**  
(Side-by-side with ice & water on the door)

**Trails at Bent Creek • (904) 573-6026**

lot 78	4 bd/2 ba/3 car	\$216,900
lot 199	3 bd/2 ba/2 car	\$199,900
lot 243	4 bd/2 ba/2 car	\$201,900
lot 245	4 bd/2 ba/2 car	\$209,900

or at the **ST JOHNSTOWN CENTER**

**Georgetown • (904) 998-3628**

unit 20-D	3 bd/3 ba	\$224,500
unit 26-B	3 bd/3 ba	\$237,500
unit 26-AR	4 bd/3 ba	\$239,500
unit 32-BR	3 bd/3 ba	\$230,500

**www.SEDANewHomes.com**

**SEDA NEW HOMES**

SEDA Construction Company-GCC020980 \*Buyer has a choice of OPTION 1: a free 60" class TV (actual TV diagonal size may vary) plus refrigerator or OPTION 2: 50" class TV plus refrigerator, washer & dryer—both specials for full-price contracts written between 11/1/13 - 11/30/13 & closing date not to exceed 45 days from contract date. Applies to MOVE-IN READY homes only. TV will be professionally installed only in Great Room or Family Room at normal TV space locations (TV jack & electrical outlet already installed at wall mount TV height - Otherwise TV & wall mounting plate will be delivered only & not installed on the wall after closing. Installations in other locations may incur additional charges (payable by customer at time of installation) based on specific circumstances for each custom request. TV mount is a standard NON-swivel mount. \*\*Refrigerator (side-by-side with ice & water on the door), washer & dryer will be delivered & installed after closing. \*\*\*SEDA pays up to 4.5% of sales price toward total closing costs not to exceed \$10,000. See agent for details regarding \$1 Military Move-In (does not include prepaids or HOA) (available for those who qualify which can not be combined with any other offer or promotion). This offer is for a limited time only. Special offers may apply to full priced contracts only. Price & avail. subject to change without notice.

Early Shopping **SPECIAL!**

**HURRY, OFFER ENDS MON. 25-NOV**

**\$100 OFF\***  
any purchase of \$500 or more

**PLUS FREE SHIPPING†**  
Use coupon code: 100OFF

★ **NO DOWN PAYMENT!**  
★ **EASY PAYMENT OPTIONS**  
★ **We ship to APO/FPO**  
**22 STORES NATIONWIDE!**

*Love & Support*  
10KT Two-Tone Gold Ring #RLRW0179

**HARRIS JEWELRY™**  
www.HarrisJewelry.com

**55 years** SERVING THOSE WHO SERVE

**\*ALL SALES SUBJECT TO CREDIT APPROVAL. \*Offer valid on purchases made November 21st - 25th Only. Minimum purchase of \$500 (excluding Warranties, Sizing and Teddy Bears.) Not to be combined with any other discounts or offers including Gift Set Pricing. †Free ground shipping in U.S. (Priority Mail for overseas).**  
**\$50 minimum monthly terms required to open an account. Not valid on prior purchases. Must enter coupon code: 100OFF at time of purchase. Offer ends 11/25/13.**

# Partnership means faster airport screening for service members

**From the American Forces Press Service**

Defense Department and Transportation Security Administration officials today announced a partnership to expand "TSA Precheck" expedited screening benefits to all U.S. armed forces service members, including those serving in the Coast Guard, Reserves and National Guard, during their official or leisure travel.

As a result of the agreement, these individuals will be able to enjoy the benefits of the program at the 100 participating airports across the country beginning Dec. 20, officials said.

Currently, members of the armed forces can use TSA Precheck lanes at 10 domestic airports by presenting their common access cards. The partnership expands the program to all 100 airports offering TSA Precheck, allowing service members to keep their footwear and light outerwear on and their laptop in its case, as well as to have their 3-1-1 compliant liquids and gels bag in a carry-on bag in select screening lanes.

"Expanding TSA Precheck screening benefits is great news for our service members and is a tangible sign of this nation's gratitude for the men and women who serve this nation bravely each and every day," said Mary Snavelly-Dixon, director of the Defense Manpower Data Center.

"We will continue to work with the Transportation Security Administration to help expand this program further."

"TSA joins with the American people in showing its appreciation for the service and sacrifices of our men and women in the Armed Forces," said TSA Deputy Administrator John Halinski. "Providing expedited screening while on travel is the least we can do for these courageous men and women."

The new process being established under this agreement allows all active duty, Coast Guard, Reserve and National Guard service members to use their DOD identification number when making reservations. That ID number will be used as their Known Traveler Number. When arriving at the airport,

service members will then be permitted access to TSA Precheck lanes for official or leisure travel on participating airlines.

TSA also noted that wounded service members can get expedited screening without having to remove footwear, light outerwear, jackets or headwear. Wounded warriors or their care coordinators can contact "TSA Cares" toll free at 1-855-787-2227 <<http://www.defense.gov/news/#>> with details of the itinerary once flight arrangements are made with the airline.

TSA will incorporate random and unpredictable security measures throughout the airport so no one is guaranteed expedited screening. Travelers can check the TSA Precheck Participating Airports Web page for more information.

NAS Jax Golf Course  
**Turkey Trot  
 Killer Scramble  
 Golf Tournament**  
 Monday,  
 Nov. 25

Open to all hands  
 4 person killer scramble  
 10 a.m. shotgun start  
 \$60 entry fee  
 \$70 for civilian guests  
 Includes: Golf, complimentary round of play, range balls, food, prize purse and on course prizes.  
 \*Entry deadline is Wednesday, Nov. 20  
 (904) 542-3249

Sponsored by  
 University of Phoenix

MWR  
 The Navy's way of helping the federal government do its job better, faster, cheaper, and safer.

# THE SUPPORT YOU WANT. THE ANSWERS YOU NEED. IN PERSON.



You'll find University of Maryland University College (UMUC) worldwide, on-site and online. But you'll find our representatives right here in the Jacksonville NAS area. We provide academic advising and degree mapping. We can even walk you through the application and registration process—and provide guidance on how you can maximize your education benefits and earn credits for military experience. So if you're ready to move forward, you won't have to go very far.

YOUR  
**FUTURE**  
 YOUR UNIVERSITY



**NATIONAL  
 UNIVERSITY**

National University provides you with the education and guidance you need to earn your degree and reach the next stage of your life. We'll help get you there with:

- Military advisors who understand your unique needs and goals
- Military tuition discounts and scholarships that make your education easier to afford
- Academic credit for military training and courses completed at other SOC institutions



START YOUR FUTURE TODAY.  
 VISIT **NU.EDU/YOURFUTURE**



**AT YOUR SERVICE SINCE 1947**

★ University of Maryland University College ★  
 is the nation's largest public university.

Learn more  
 904-477-0433  
[military.umuc.edu/jonsitesupport](http://military.umuc.edu/jonsitesupport)



# WE BRING THE MILITARY TO YOU

Together, our communities of service members and their families, and your business, can spell **SUCCESS**.

Not only will your business benefit while the families are stationed here, many military families retire to the area, with NAS Jacksonville being one of the most sought-after assignments in the U.S. Navy.

To advertise, or to find out more information, please call **904.359.4168**.



# Hospital kicks off S2M2 mentorship program at Darnell-Cookman

By Yan Kennon  
Naval Hospital Jacksonville  
Senior Writer

Naval Hospital (NH) Jacksonville kicked off its 2014 Science, Service, Medicine and Mentoring (S2M2) program with approximately 100 ninth-, 10<sup>th</sup>- and 11<sup>th</sup>- grade students at Darnell-Cookman Middle/High School of the Medical Arts Nov. 13.

"This is a phenomenal opportunity for our kids," said Mark Ertel, Darnell-Cookman's principal. "The fact that some of these students will be able to apply and be selected to participate in a program at Naval Hospital Jacksonville is an opportunity one can't pass."

During the event, NH Jacksonville clinicians shared inspirational stories of their careers in Navy Medicine, the paths they took to get there and their accomplishments. After panelists introductions and an interactive Q-and-A session, students gathered in smaller groups rotating to each clinician, hearing first hand about the unique role each medical profession contributes to healing our nation's heroes.

Rising 11<sup>th</sup>-grade students are eligible to apply for the one-week summer program. Those selected will receive a real-world medical facility experience in numerous patient care areas at NH Jacksonville to include operating rooms, emergency department, pharmacy and physical/occupational therapy. Along with hands-on medical activities, students will participate in discussions, job-shadowing and mentoring with clinicians and other medical professionals.

"S2M2 provides Naval



Photos by Yan Kennon

Cmdr. Jim Keck, Naval Hospital Jacksonville's Family Medicine Residency program director, addresses approximately 100 students on Nov. 13 at Darnell-Cookman Middle/High School of the Medical Arts at the kick-off the hospital's Science, Service, Medicine and Mentoring (S2M2) program. The S2M2 program is designed to grow the next generation of health care professionals by nurturing high school students' commitment to science and medicine.



Lt. Cmdr. Monica Toney, Naval Hospital Jacksonville's Intensive Care Unit department head, talks with two rising 11<sup>th</sup>-graders at Darnell-Cookman Middle/High School of the Medical Arts. The S2M2 program is designed to inspire the next generation of health care professionals by nurturing high school students' commitment to science and medicine.

Hospital Jacksonville with an opportunity to connect with Darnell-Cookman students to mentor the next generation of medical profession-

als," said Cmdr. Jim Keck, NH Jacksonville Family Medicine Residency program director.

"It not only offers the students an opportunity to ask



Cmdr. Alberto Rullan, Naval Hospital Jacksonville's Podiatric Surgeon (right), participates in a panel Q-and-A session at Darnell-Cookman Middle/High School of the Medical Arts during the kick-off of the hospital's Science, Service, Medicine and Mentoring (S2M2) program.

questions and explore different avenues of the medical arts, but also to get involved in an experience at Naval Hospital Jacksonville and help decide whether this is the career field for them."

Developed in 2004 by the Uniformed Services University of the Health Sciences, and adopted in 2010 by NH Jacksonville, S2M2's mission is to encourage, nurture and enhance the commitment to science and medicine in a welcoming and intellectually stimulating environment for diverse groups of students.

NH Jacksonville's priority since its founding in 1941 is to heal the nation's heroes and their families. The command is comprised of the Navy's third-largest hospital and five branch health clinics across Northeast Florida and Southeast Georgia. Of its patient population — about 163,000 active and retired sailors, soldiers, Marines, airmen, guardsmen and their families — more than 57,000 are enrolled with a pri-



Lt. Cmdr. Kenneth Basford, Naval Hospital Jacksonville's Operating Room department head, explains the role of Navy medicine to students at Darnell-Cookman Middle/High School of the Medical Arts during the hospital's kick-off of its Science, Service, Medicine and Mentoring (S2M2) program.

mary care manager at one of its facilities.

To find out more, visit the command website at [www.med.navy.mil/sites/NavalHospitaljax](http://www.med.navy.mil/sites/NavalHospitaljax).

# CPRW-11 visits schools to commemorate Veterans Day

By Lt. Eric Frank  
CPRW-11 Public Affairs

Sailors from Commander, Patrol and Reconnaissance Wing (CPRW) 11 visited two schools, one in St. Johns County and another on Jacksonville's Westside, on Nov. 8 to commemorate Veterans Day.

Members of the CPRW-11 TacMobile Department visited Durbin Creek Elementary school where Cmdr. Glen Pierce led a Cub Scouts pack and Mandarin High School's Navy Junior Reserve Officers Training Corps (NJROTC) unit in parading the colors to begin the ceremony.

Lt. Jason York, officer in charge of Mobile Tactical Operations Center (MTOC) 9, led his group of Sailors to the Lighthouse Christian School's Veterans Day ceremony.

When the ceremonies ended at each school, the children were split up into smaller groups for question and answer sessions with CPRW-11 Sailors and other service veterans. Some of the most common questions were, "What is it like to be in the Navy?" and "Have you ever traveled around the world in an airplane?"



Photos courtesy of CPRW-11

(From left) Lt. Stephanie Motsay, Lt. Chris Moore, Lt. Eric Frank, Lt. Cmdr. Kurt Wilson, Lt. Paul Andruzzi, Cmdr. Glen Pierce and Lt. Justin Fillmon talked about Veterans Day with students at Durbin Creek Elementary School.

The children particularly enjoyed trying on flight gear, looking at patches and going through old cruise books.

One of the grandparents at Durbin Creek Elementary was a World War II veteran who served in the Navy during 11 island invasions in the South Pacific where he earned two Bronze Stars.

York said, "We owe these Veterans a great deal of respect - I am personally honored to serve and carry on the traditions of America's military."

The Veterans Day ceremonies were widely viewed as extremely successful

at both schools. Students handed out

thank-you letters to all of the veterans and active duty military members who participated in the ceremonies.

Both schools anticipate organizing Veterans Day ceremonies next year due to their popularity, as well as helping to teach the students about men and women who serve in our nation's armed forces.

**FIGHT**  
deadly childhood diseases.

St. Jude Children's Research Hospital®  
800-822-6344 • [stjude.org](http://stjude.org)

A CFC participant — provided as a public service.

**Thanksgiving Day Buffet**

THURSDAY, NOVEMBER 28TH

SERVING 11AM-8PM ADULTS \$29.95+GRAT.  
CHILDREN 11 & UNDER \$14.95+GRAT

Call for Reservations  
**904-387-0700**

Book your Hail & Farewell, Change of Command, or Parties Today. Private Rooms/Catering Available.

Shoppes of Avondale • 3551 St. Johns Avenue • [www.bluefishjax.com](http://www.bluefishjax.com)

**Hawgs and Horses, Inc.**

Motorcycle sales, service and repair. Quality new and used tack. We offer Military Discounts on Product, Service and Repair

**Military Special:** Motorcycle oil change starting at \$59.00

**Motorcycle and Horse Tack**

2211 Blanding Blvd., Jacksonville, FL 32210 • (904) 379-3328 • [www.hawgsandhorses.com](http://www.hawgsandhorses.com)

**FOR THE ZAXBY'S® FANS ON YOUR HOLIDAY LIST.**

Zaxby's gift cards are the deliciously perfect holiday for everyone on your shopping list. Pick some up at the front counter today.

**ZAXBY'S**

© 2013 Zaxby's Franchising, Inc. "Zaxby's" is a registered trademark of Zaxby's Franchising, Inc. 97697-62AX-04-85

**A&B Insurance, Inc.**

Military Discounts are available for your Home, Boat and Automobile.

Call Today and SAVE!

2153 Blanding Blvd. • Jacksonville, FL 32210  
(904) 388-6446 • [www.aandbinsurance.com](http://www.aandbinsurance.com)

**LATIN HOUSE GRILL**

We are known across Jacksonville for our specialty Caribbean dishes!

**\$5.99** Daily Lunch Specials

Mon-Thurs 11am-10pm  
Fri-Sat 11am-2am (no children after 10pm)  
Sun 12pm-9pm Call Ahead!

**FREE SODA** to all Base employees with Military or Contractor's ID

5584 Timuquana Road, Jacksonville, FL 32210  
(904) 503-8348

**MILITARY DIVORCE LAWYERS**

- ★ Divorce
- ★ Paternity
- ★ Child Support, Modification
- ★ Retirement Concerns
- ★ Relocation Issues

**Military Discounts**

Drawdy & Hartin, P.A. 904-639-5320  
165 Wells Road, Suite 104, Orange Park, FL 32073  
3 miles South of Naval Base

**the Children's Corner**

We believe that each child is unique and develops at their own rate

**Special - No registration fee for Oct/Nov 2013**

Ages 18 months to 4 years, VPK and K-6

**Military 10% Discount**  
Conveniently located near NAS JAX

The Children's Corner • 1720 Smith St., Orange Park, FL 32073 • 904-278-8651



**Dewey's**

Call 542-3521

Free Texas Hold'em Tournaments  
Monday & Thursday at 7 p.m.

Free Live Entertainment  
Friday at 7 p.m.

Nov. 22 - 2<sup>nd</sup> Time Around Band (out-  
side stage)

Dewey's Family Night - third Friday of  
the month

Dewey's will be open for dinner & bev-  
erages

Dec. 20 - Children's Holiday Bingo  
\* Children's Holiday Bingo will start  
at 6 p.m. and has a cost of \$10 per per-  
son and includes soft drinks, hot dog,  
dauber, bingo card and gift bag for each  
child.

**Freedom Lanes  
Bowling Center**

Call 542-3493.

Youth Bowling League: Every Sat., 10:30  
a.m. - noon

\$17 annually or \$8 per week. Includes  
shoes, awards will be given at the end of  
the season!

Rising Star's Youth League: Every Sat.,  
10:30 a.m. - 12:30 p.m. Pee Wee Division  
(6 years & under) 2 games, \$6 per week.  
Juniors Division (7 years & older) 3  
games,  
\$8 per week.

Special Stars Bowling League for fami-  
lies with special needs children.

All ages welcome! Ramps available for  
the non-ambulatory as well as bumpers  
for beginners. Runs for 10 weeks at a  
cost of \$7 per week, shoes are included.

Mondays: All you can bowl for \$5, 4-6  
p.m.

Wednesdays: All you can bowl for \$5.95,  
4-10 p.m.

Thursdays: Free bowling for Active  
Duty 11 a.m. - 1 p.m.

Saturdays: Family Extreme Bowling  
\$8, 4-6 p.m., Party Extreme \$10, 8 p.m. -  
midnight (up to 2 hours of play). Shoes  
Included.

\*Please note, the specials do not include  
shoes unless stated otherwise\*

**Fitness & Aquatics**

Call 542-2930

Indoor Swimming Pool  
Lap swim hours, Monday - Friday 6-8  
a.m., 11 a.m. - 1 p.m. and 4:30-7 p.m.  
Saturday and Sunday 11 a.m. - 2:30 p.m.

Jingle Bell Jog 5K  
Dec. 13 at 11:30 a.m.  
Perimeter Rd./Antenna Farm

Powerlifting Competition  
Feb. 8, 2014, 7 a.m. at the Fitness Center  
\$10 registration fee

**I.T.I. Events**

Call 542-3318

E-mail them directly at [jaxs\\_nas\\_mwritt@navy.mil](mailto:jaxs_nas_mwritt@navy.mil).

*Waves of Honor Special:* Seaworld  
Orlando Adult \$46.50, Child \$42.25.  
Busch Gardens Tampa Adult \$45, Child  
\$40.50.

*Monster Jam:* Club seating (includes pit  
pass) \$42, regular seating (includes pit  
pass) \$22.

*Jacksonville Jaguars:* Section 147 Bud  
Zone, \$70. Jags shuttle bus \$12.

*The Artist Series - Broadway in Jax 2013-  
14 Season:* Tickets available now!

- Men Are From Mars, Women Are From  
Venus: Jan. 17 & 18, 2014, \$51.

- War Horse: Feb. 22, 2014, 8 pm, \$68.50.

- Memphis: March. 22, 2014, 8 pm, \$65.

- Million Dollar Quartet: April. 26, 2014,  
8 pm, \$65.

- The D\* Word: Oct. 4 - Oct. 25, 2014,  
\$43.75 - \$46.

Disney World Orlando Armed Forces  
Salute ticket (Expires Sept. 27, 2014)

4-day Hopper ticket- \$166  
4-day, 1-park per day and water park  
ticket-\$166  
4-day Hopper and Water park combo  
ticket- \$194

Gatorbowl \$35  
Capital One Bowl \$98  
Russell Athletic Bowl \$78

Soul Food Festival  
Special \$20  
General Admission \$32  
Preferred \$42  
VIP \$65

Ringling Brothers Barnum & Bailey  
Circus \$15  
Veterans Memorial Arena - Call for days  
and times.

Legoland - Free admission for active  
duty at park  
Tickets for family members available at  
ITT

ITT is now selling \$18 tickets for the  
Harlem Globetrotters! The show is Feb.  
28, 7 p.m. at Veterans Memorial Arena.

**The Vault Liberty  
Recreation Center**

*Trips, activities and costs may be restrict-  
ed to E1-E6 single or unaccompanied  
active duty members. Call 542-1335 for  
information.*

Car & Bike Show  
Nov. 22, 4 - 10 p.m.  
Dewey's Parking Lot  
Live entertainment featuring 2<sup>nd</sup> Time  
Around Band

Mall & Movie Trip  
Nov. 30 at noon  
Orange Park Mall & AMC Theater

**NAS Jax Golf Club**

Golf course info: 542-3249

Mulligan's info: 542-2936

Military Appreciation Days  
\$18 per person, includes cart & green  
fees

Dec. 3 & 17 for active duty  
Dec. 5 & 19 for retirees, DoD personnel  
and their guests

Monday & Tuesday  
Play 18-holes for \$20, Cart and green fee  
included.

Open to military, DoD and guests. Not  
applicable on holidays.

Monday - Friday

Play 18 holes with cart for \$16 after 1:30  
p.m.

Turkey Trot Golf Scramble  
Nov. 25, 10 a.m. shotgun start  
\$60 entry fee, \$70 for civilian guests

**Mulberry Cove Marina**

Call 542-3260.

Free Kayak & Canoe Rental  
Every Thursday for active duty

Free Stand-up Paddle Board Lessons  
Every Thursday 11 a.m. - 1 p.m.

**Auto Skills Center**

Call 542-3227

22 work bays, wheel balancing, tool  
checkout, paint booth and welding!  
ASE certified mechanic onsite!

**Youth Activities Center**

Call 778-9772

Family Fitness Center hours are  
Monday - Friday, 9 a.m. - 1 p.m.  
Bring your child to work out with you!

Dashing Through the Grove  
Dec. 6, 4 - 8 p.m.  
Free snow sledding, tree lighting, pho-  
tos with Santa and more!

Movie Under the Stars featuring The  
Grinch

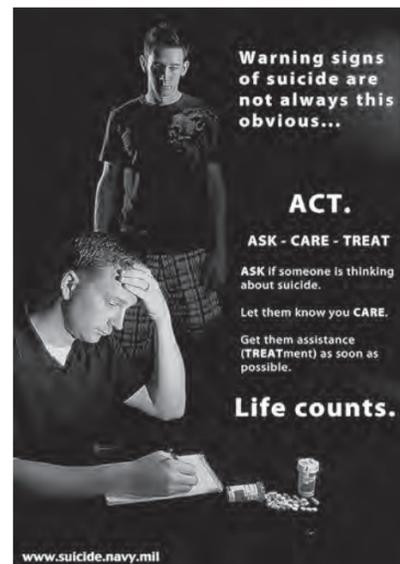
Dec. 13, 6 p.m.

Patriot's Grove

**Flying Club**

Call 777-8549

Private Pilot Ground School  
Call for schedule  
\$500 per person



**4 NEW HOMES REMAINING**

**TWINLEAF  
AT BARTRAM PARK**

Visit today for a tour of  
remaining homes.



Pulte homes are Life Tested™, which means they're built with ideas  
that come from our own homeowners. But Life Tested™ goes  
beyond floor plans and finishes. We also choose communities the  
way you would choose them:

- Minutes from Work and Play
- Convenient to Nearby Medical Facilities Including Baptist South
- Community Pool and Fitness Center
- Gated Community

**LOW MAINTENANCE HOMES AVAILABLE**



**Twinleaf at Bartram Park**

From the mid-\$100s  
6933 Woody Vine Drive • Jacksonville, FL 32258  
888-249-3293 • [pulte.com/bartrampark](http://pulte.com/bartrampark)

**From I-95:** Take Exit 335 onto Old St. Augustine Rd. Head West approximately  
.5 miles. Turn left onto Bartram Park Blvd. Travel approximately 2 miles South  
on Bartram Park Blvd. Bartram Park sales office will be on your left. Follow  
model signs to the sales office.





Photos by AE3 Samantha Jones

Runners start their timers as they cross the starting line at the 2013 Turkey Trot 5k on Nov. 15.

## Annual Turkey Trot brings out runners

By Kaylee LaRocque  
NAS Jax Deputy PAO

It was a cool fall day for the annual Turkey Trot Nov. 15 as 102 runners turned out to participate in the 5K run. The event is sponsored by the University of Phoenix and USAA and coordinated by the NAS Jax Morale, Welfare and Recreation (MWR) Department.

Placing first overall and first in the men's 35-39 age category was Lt. Cmdr William Lutat of VR-62 with a time of 18:12. AT3 Jessica Thomas took first in the women's 20-24 category and was the first female to cross the finish line with a time of 23:00.

Other winners were:

**Men's 19 and under**

- First – Andrew Echevarra – 27:54
- Second – Michael McKiever – 34:37

**Men's 20-24**

- First – Daniel Ketchum – 20:43
- Second – Brandon Baril – 22:05

**Women's 20-24**

- Second – Tahiera Young – 34:44

**Men's 25-29**

- First – David Hoffman – 21:07
- Second – Amia Stel – 22:05

**Women's 25-29**

- First – Brooke Tijerena – 25:55
- Second – Elizabeth Lienhart – 26:18

**Men's 30-34**

- First – Erik Koenig – 19:05
- Second – William Cannon – 19:08

**Women's 30-34**

- First – Christine Doss – 24:49
- Second – Meredith Forkam – 26:44

**Men's 35-39**

- Second – Dale Lewis – 24:47

**Women's 35-39**

- First – Lynne McWatters – 23:14
- Second – Stephanie Edwards – 26:55

**Men's 40-44**

- First – Stefan Edwards – 23:43
- Second – William Hughes – 24:46

**Women's 40-44**



Lt. Cmdr. William Lutat, VR-62  
18:12



AT3 Jessica Thomas,  
Fleet Readiness Center  
23:00

- First – Susan Heinz – 28:02
  - Second – Brunette Marseille – 32:18
- Men's 45-49**
- First – Edgar Twining – 26:11
  - Second – Brett Tracy – 26:12
- Women's 45-49**
- First – Evelyn Ventura – 30:41
  - Second – Janie Senishin – 32:05
- Men's 50 and over**
- First – Kingsley Nelson – 21:46
  - Second – Steve Damit – 21:53
- Women's 50 and over**
- First – Gloria Lohman – 27:06
  - Second – Bonita Givens – 29:40

The next run will be the annual Jingle Bell Jog Dec. 13 at 11:30 a.m.  
For more information, call 542-3239/3518.

# NAS Jax Sports

navy.mil.

## Standings

As of Nov. 15

### 2013 Captain's Cup Skeet

Teams	Wins	Losses
VP-45	5	0
CNATTU	4	0
FRCSE Claybusters	4	1
VP-30 III	4	1
VP-30 I	3	1
NAVFAC Sons of Guns	3	2
NAVFAC World War Z	2	2
NAVFAC Soap Gang	2	2
VP-16	1	3
VP-30 II	1	3
NAVFAC Duval County Regulators	1	4
NAVFAC Guns' n Roses	1	4
NAVFAC Dodge City Gang 0	1	5

### 2013 Captain's Cup 7-on-7 Flag Football

Teams	Wins	Losses
NAS Jax	6	0
VP-45 Pelicans	5	0
VR-58	6	1
NMC Titans	5	1
NOSC	5	2
Naval Hospital	4	2
HSM-72 Warriors	4	2
FRCSE 600	4	3
HS-11	2	2
VP-5	4	5
VR-62	3	4
FACSFAC	2	4
NCTS	2	4
NBHC	2	5
VP-10 Red Lancers	2	5
VP-30 JO's	1	4
TPU/PCF	1	6
VP-30 Students	1	7



**THE STORAGE BIN II**

**AC & DRIVE UP UNITS FOR EASY ACCESS**

**3 MONTHS FREE with 1 Year Lease**

**5361 TIMUQUANA ROAD, JACKSONVILLE, FL 32210**  
**904-777-0868**

**1 MONTH FREE with 6 Month Lease**



**WE WANT YOU  
START YOUR CAREER  
TODAY!**

**No waiting list!**  
V.A. certifying school.  
Accepting Post-911,  
GI Bill and V-Rap.

**Online Programs:**

- Medical Billing & Coding [A.S. - 14 months]
- Nursing [RN to BSN - 18 months]
- Nursing [A.S. - 26 months]
- Psychology [A.A. - 14 months]
- Psychology [B.A. - 28 months]

Speak with an Admissions representative online

[dademedical.edu](http://dademedical.edu)

**REGISTER TODAY!** **CALL 904-345-5678**  
for more information

[USmF.edu](http://USmF.edu)

# Southeast Region cuts energy costs through 'Switch4Good'

By MC1(SW) Greg Johnson  
Navy Region Southeast Public Affairs

An increasing number of base residents throughout the Southeast Region are reducing energy bills through the "Switch4Good" energy savings program, that is now in place at 11 of the region's installations.

Balfour Beatty Investments, the Navy's housing management partner, designed the program to inform housing residents on ways to reduce energy consumption and lower their energy bills.

The company decided to expand Switch4Good to installations throughout the region after a pilot program at Travis Air Force Base in 2011 reduced energy consumption by 18 percent.

"The program rolled out alongside the Resident Energy Conservation Program (RECP) and attributed to the success and effectiveness of meeting energy savings expectations," said Richard Dye, Navy Region Southeast (NRSE) housing program director.

"Participation in the Switch4Good program has been outstanding and impact on energy savings has been right in line with, or exceeded,

expectations."

The program's first phase began in October and consisted of a three-month period where residents received mock bills and energy saving tips.

"The mock reports and saving tips served as a tool for residents to know how much energy they were using compared to like homes," Dye said. "It was a good opportunity for residents to monitor and change any behavior that could help to reduce their consumption before actual billing started."

Under RECP, utility accounts are either charged or credited if they are more than 10 percent over or under the established baseline energy consumption.

The mock billing period provided residents three months to monitor and change any behavior to help reduce consumption before actual billing started.

According to Tabitha Crawford, senior vice president of sustainability and innovation, Balfour Beatty Investments, the program has been a success.

"The program clearly demonstrates that using smart meter data to provide personalized habit cues for residents

results in reduced energy consumption, without retrofits," Crawford said. "With housing comprising 20 to 25 percent of a military installation's energy consumption, this program is an important tool in supporting the sustainability goals of our Army, Navy and Air Force partners."

**Switch4Good consists of three levels of resident engagement: Info and Peers, Digital Outreach and In-Home Coaching.**

The application of these methods varies from base to base.

"Info and peers is in place at 11 of the region's installations," Dye said.

"Residents receive monthly savings reports and access to a web portal with feedback on household energy usage. It's a great tool because they have immediate access to energy consumption data that updates every hour."

Digital Outreach provides participating residents the same resources as Info and Peers, but with personalized, detailed tracking and analysis of their energy consumption via Twitter and text messages.

"It's very precise monitor-

ing of energy usage, not just throughout the base, but for each individual household," Dye said. "If there is a consistent spike in energy usage during certain times of the day, you might receive a text or tweet, then residents can take a look and determine what happened during that time that may have caused the spike. It's a valuable tool for people to become more efficient energy consumers."

So far, Digital Outreach has been implemented aboard three installations: Joint Base Charleston, Naval Air Station (NAS) Jacksonville and NAS Pensacola. More than 1,800 homes are eligible to enroll in the voluntary program.

In addition to Digital Outreach and Info and Peers, residents on board NAS Key West and Naval Station Mayport have access to home visits from a "personal trainer."

These optional visits are designed to engage the entire family on specific ways to reduce energy costs.

"Many people don't realize how much energy they can save through very simple practices," Dye said.

"For example, they might not

realize how much they could save from limiting television use or simply unplugging the television when they're done."

According to Lea Williford, regional team lead for public and private ventures, even a modest reduction in energy usage throughout the region can have a significant impact on the installations total consumption.

"A reduction of 10 percent in energy costs across the 11 installations currently implementing Switch4Good would result in savings of more than \$100,000 monthly and more than \$1 million annually," Williford said.

"It's good for both the Navy and base residents, because the money saved from lower utility bills goes back to the community to help pay for maintenance and upgrades. In addition, residents can receive a rebate for using less energy than the baseline."

As of June, energy consumption was down 10-15 percent at installations using the program. Base residents interested in enrolling in the Switch4Good program should contact their base housing authority.



Photo courtesy of the NEX

## Navy Exchange gift card winners

The NAS Jax Navy Exchange (NEX) hosted "Celebrating Navy Blue Holiday" with a special drawing for customers. (From left) Willie Jones, Richard Chadwell, Tonia Smith and Nadine Thomas gathered with NEX General Manager Marsha Brooks (right) after winning \$100 NEX gift cards on Nov. 18. Fifteen patrons won gift cards.

Career Training

# GET TRAINING for a career in Health Care!

Offering career training in:

- Dental Assistant
- Massage Therapy
- Medical Administrative Assistant
- Medical Assistant
- Medical Insurance Billing and Coding
- Pharmacy Technician



**CALL TODAY! 1-888-204-7931**

Apply online at [www.EnrollEverest.com](http://www.EnrollEverest.com)

## Everest UNIVERSITY

8226 Philips Hwy., Jacksonville, FL 32256  
805 Wells Road, Orange Park, FL 32073

Accredited Member, ACICS. Financial aid available for those who qualify. Career placement assistance available for graduates. Programs and schedules vary by campus. For more information about our graduation rates, the median debt of students who completed the program and other important information, please visit our website at [www.everest.edu/disclosures](http://www.everest.edu/disclosures).

## The Hilltop Restaurant Book Your Thanksgiving Reservations Now



**Thanksgiving at The Hilltop**  
Thursday, November 28th from 11am until 3pm

**Buffet Dinner:**

- Roasted Tom Turkey with Giblet Gravy and Cranberry Relish
- Carved Top Round of Certified Angus Beef with Mushroom Bordelaise and Horseradish Sauce
- Carved Slow Roasted Pork Loin
- Baked Tilapia topped with Lemon Herb Cream Sauce
- Corn Bread Stuffing Candied Yams Garlic Mashed Potatoes
- Green Bean Almandine, Corn on the Cob

**Breakfast Station:**

- Made to Order Omelets
- Muffins French Toast Biscuits Pastries

**Appetizer Station:**

- Peel and Eat Shrimp Smoked Salmon Chefs Choice of Assorted Apps
- Fruit Display Meat and Cheese Display

**Salad Station:**

- Garden Salad Caesar Salad
- Ambrosia Fruit Salad Seafood Salad Holiday Bread Display
- Roma Tomatoes with Feta Cheese and Basil

**Dessert Buffet:**

- Pumpkin Pie Key Lime Pie Pecan Pie Apple Pie
- Chocolate Cake Carrot Cake Red Velvet Cake
- Cheesecake Tiramisu Pumpkin Cheesecake

**Just for Kids:**

- Chicken Nuggets Mac N Cheese Apple Sauce
- Apple Juice Chocolate and Regular Milk

Adults \$32.95 per person Children 3-10 \$14.95

*Reservations Only*

2030 Wells Road, Orange Park • 272-5959

[www.hilltop-club.com](http://www.hilltop-club.com)

The Hilltop Staff would like to salute all military personnel.



Photos by AE3 Samantha Jones

## Sailors visit elementary school

(From left) SH1 Cornelius Jones, CS2 William Freshwater and CS2 David Tiberio of NAS Jax Flight Line Café speak to a group of more than 120 children at "Team Up," Hyde Grove Elementary School's After School Enrichment program on Nov. 12. The Sailors visited the school as part of the City of Jacksonville's Week of Valor to pay tribute to military members, veterans and their families for their service and sacrifices.



CS2 David Tiberio of the NAS Jax Flight Line Café asks kindergarten and first grade students at Hyde Grove Elementary what the word "valor" means to them during a visit to the school.



SH1 Cornelius Jones of NAS Jax discusses Navy core values with a group of fourth and fifth graders at Hyde Grove Elementary.



Second and third grade student at Hyde Grove Elementary question CS2 William Freshwater of the NAS Jax Flight Line Café about how to earn a Good Conduct ribbon in the Navy.

# Local schools assigned military family life consultants

From MWR

Through a collaboration with the Office of the Deputy Under Secretary of Defense for Military Community and Family Policy, Duval County Public Schools, and NS Mayport and NAS Jacksonville, Military Family Life Consultants (MFLC's) have been provided to 12 Duval County Public Schools. The consultants' services are designed to offer extra support to assist with the unique challenges which military families experience.

The primary focus of the Military & Family Life Counseling Program is prevention, education, and counseling support. The services are provided confidentially and no case records or documentation is kept. The consultants do not assess or diagnose, and when they encounter more in depth issues/diagnoses, they offer to connect military families with other helping agencies available on the installation or in the community. While meeting with children, MFLC's always remain in line of sight of a teacher, staff member, or a parent.

The consultants are licensed clinicians who have demonstrated expertise in working with children. They can provide short-term non-medical counseling support in a variety of different ways: individual meetings with children, presentations about life skills issues, skill-building group discussions, and meetings with parents and families at the family's request for additional counseling/coaching support.

Some of the common issues that MFLC's help with include the following:

- stress management and coping skills
- anger management/conflict resolution
- deployment and reintegration issues
- feelings associated with separation and divorce
- grief and loss reactions
- self-esteem and confidence
- communication skills
- leadership skills

The seven MFLC's have been assigned to work in the following schools:

- Ruthanne Wing at Finegan Elementary with school counselor Donna Davis,

- Susan Schanen at Mayport Elementary and Jax Beach Elementary with school counselors Melissa Hammond and Carla Forest-Crumley,

- Robyn Ashburn at Mayport Middle with school counselor Adrienne Wakefield,

- Cheryl Alvarado at Venetia Elementary and John Stockton Elementary with school counselors Na'toria Campbell and Cheryle Roman,

- Willie Lott at Oceanway Middle and San Mateo Elementary with school counselors Amelia Williams and Duane Monte,

- Shelley Rosen at New Berlin Elementary and Sheffield Elementary with school counselors Marisa Negron and Ginger Brown, and

- Diona Moody at Enterprise Learning Academy and Chimney Lakes Elementary with school counselors Ellen Golden and Shelia Handress.

The school program model is designed to provide an informal context in which children can access a behavioral consultant in a non-threatening and supportive environment. MFLC's circulate throughout the school facility making themselves available in classrooms, libraries, staff lounges, athletic events and other areas as identified. By virtue of these efforts to become integrated into the day-to-day fabric of the school, the consultant becomes the friendly face on the playground, the compassionate listener in the lunchroom, and an objective resource to teachers and staff alike.

All military families will be given the opportunity to consent for their children to participate in this free service or to opt-out. For more information about MFLC services, you can contact your school to request the direct number for the MFLC on campus.

Dawn Mills is the school liaison officer for NAS Jacksonville. If you have questions or need a copy of the un/underfunded mandates for Duval Schools, or have concerns about an educational issue impacting your child, she can be reached via email at [dawn.m.mills@navy.mil](mailto:dawn.m.mills@navy.mil) or by phone at (904) 778-2236 [office] or (904) 486-8221 [cell].

**EDUCATING THOSE WHO SERVE OUR NATION**

**40**

YEAR ANNIVERSARY

**SAINT LEO UNIVERSITY**

**Associate and Bachelor's Degrees**

ONLINE, CLASSROOM, OR CD-ROM

**A TRADITION OF MILITARY SERVICE**

Saint Leo University is a major global provider of higher education to the military. We offer affordable academic excellence with superior academic counseling to active duty military, veterans, and civilians.

- Conveniently located at Mayport, Building 460 and Orange Park at SJR State
- Programs designed to fit your schedule
- Prior Learning Assessment available
- Approved for VA Benefits/GI Bill
- SLU is a participating member of the Yellow Ribbon Program and Navy Partnership

**Now offering The Doctorate of Business Administration (Online and On Campus)**

**SAINT LEO UNIVERSITY**

(904) 249-0911 • [mayport@saintleo.edu](mailto:mayport@saintleo.edu)  
 (352) 588-5700 • [nefl@saintleo.edu](mailto:nefl@saintleo.edu)

**www.saintleo.edu/jan**

Saint Leo University admits students of any race, color, religion, and national or ethnic origin.

SAVE A **BIG BUNDLE** WHEN YOU PROTECT YOUR **LITTLE BUNDLE**

**I can help you protect your family for less.**

Buy any life insurance policy and save on your car policy with the new Allstate Auto/Life Discount<sup>SM</sup>. There's never been a better time to get the life insurance your family needs. So why wait? Call me today.

**Elna Crittenden Coble**  
**(904) 771-1404**  
 6011-8 103rd Street  
 Jacksonville  
[elnacoble@allstate.com](mailto:elnacoble@allstate.com)

**Allstate**  
 You're in good hands.  
 Auto Home Life Retirement

Call or stop by to see how much you can save.

Features are optional. Actual savings will vary and may depend on coverages selected. Subject to terms, availability and qualifications. Allstate Property and Casualty Insurance Company, Northbrook, Illinois © 2012 Allstate Insurance Company. 1498459

# Sailors participate in Veterans Day Assembly at local school

By Kaylee LaRocque  
NAS Jax Public Affairs Specialist

Sailors from Navy Band Southeast and Aviation Survival Training Center (ASTC) Jacksonville participated in a Veterans Day Assembly at Mandarin High School in Jacksonville, Fla. Nov. 13. The event was part of the City of Jacksonville's Week of Valor which recognizes military members, veterans and their families for their service.

Navy Band Southeast's MU2 Laura Carey kicked off the event singing the national anthem as the Mandarin High School NJROTC presented the colors. Mandarin High School Civics Teacher Calvin McFarland Jr. hosted the event. After thanking those in attendance, he welcomed Jacksonville Mayor Alvin Brown to the podium.

"I'm excited to be here today. This week in honor of men and women who are members of our nation's military we can never thank them enough for their service and sacrifices. Jacksonville has a large population of veterans. That means you probably know someone who serves or has served including some of your teachers. I want you to think about people in your life who served and take the time to say, 'thank-you,'" Brown told the students.

He concluded his speech by having all the veterans in the audience stand to be recognized thanking them for serving.

The keynote speaker for the event was Dr. Dan Davis, senior adult pastor at Mandarin Baptist Church and



HM2(FMF) Justin Cardente (left) and ND3(DSW/PJ) Ben Lee (center) talk about their Navy careers and the importance of education with NJROTC students at Mandarin High School as their instructors, Lt. Evaristo Gines and NCC Johnette Burnett look on. The Sailors visited the school on Nov. 13 as part of a Veterans Day Assembly to recognize those who serve and served in the military.

retired U.S. Army chaplain.

"The state of liberty must be protected where our nation's military comes into play. Think about the vets you know and what they have taught you about patriotism, duty and sacrifice," Davis reminded the audience. "Life in America dares us to prepare to respond to nations' needs with a spirit of commitment that we find in the veterans that we honor today."

HM2(FMF) Justin Cardente and ND3(DSW/PJ) Ben Lee of ASTC Jax also talked about what it means to be a veteran and some of their experiences in the Navy.

"I've been in the Navy for eight years and have been fortunate to have done a lot and been many places. I worked with the Marines in places like Iraq and Afghanistan. Everywhere that I've been, the people that I've come in contact with have looked up to the



Jacksonville Mayor Alvin Brown addresses the students at Mandarin High School during a Veterans Day Assembly to pay tribute to veterans at the school and within the community as part of the City of Jacksonville's "Week of Valor."

U.S. military," said Cardente. "For me Veterans Day means remembering those who came



Jacksonville Mayor Alvin Brown (left) thanks ND3(DSW/PJ) Ben Lee (center) and HM2(FMF) Justin Cardente of Aviation Survival Training Center Jacksonville for their service before a Veterans Day Assembly at Mandarin High School Nov. 13.



Members of Navy Band Southeast play patriotic music during the Veterans Day Assembly in the Mandarin High School auditorium.

before me. As a Navy diver, we do a lot of dangerous missions and unfortunately, you never know when your turn to serve is up. I am proud to serve today for all those who served before me and all those who come after me," added Lee. The assembly concluded

with the Navy Band playing the official songs of the different U.S. Armed Forces. The Sailors spent the rest of the school day visiting various classrooms talking with students about their careers, educational opportunities and some of their experiences.

## Suicide prevention awareness training

### From Fleet and Family Support Center

In November and December, NAS Jax Fleet and Family Support Center (FFSC) is offering Suicide Prevention Awareness Training for base and tenant commands.

"Should your command be in need of this training, select a date and time that is convenient for your command and call 542-2776 to reserve seating," said FFSC Education and Training Coordinator Wilhelmina Nash. "Attending this one-hour class could help you save someone's life. Thank you for your concern and support."

Nov. 26 - 8 a.m. & 1 p.m.	Dec. 11 - 1 & 3 p.m.
Nov. 27 - 8 a.m. & 1 p.m.	Dec. 12 - 10 a.m. & 1 p.m.
Dec. 2 - 9 a.m. & 1 p.m.	Dec. 17 - 10 a.m. & 1 p.m.
Dec. 3 - 9 a.m. & 1 p.m.	Dec. 18 - 9 a.m. & 1 p.m.
Dec. 4 - 8 a.m. & 1 p.m.	Dec. 30 - 9 a.m. & 1 p.m.
Dec. 5 - 9 a.m. & 1 p.m.	Dec. 31 - 9 a.m. & 1 p.m.
Dec. 10 - 9 a.m. & 1 p.m.	

**DASHING THROUGH THE GROVE**  
AT NAS JAX PATRIOT'S GROVE  
FRIDAY, DECEMBER 6, 4 - 8 P.M.

**FREE**  
SNOW SLEDDING  
PHOTOS WITH SANTA  
TREE LIGHTING  
MUSICAL ENTERTAINMENT  
REFRESHMENTS  
AND MORE!  
(904) 778-9772



Photo courtesy of Jerry Dryden

## Pedaling for breast cancer research

Team Navy Jax cyclists (from left) Victor Feal, Pat Hale and Jerry Dryden participated in the "Bike 26.2 with Donna" Nov. 10 to raise funds to fight breast cancer. According to The Donna Deegan Foundation founder Donna Deegan, 100 percent of race proceeds and raised funds will go to research at Mayo Clinic.

**PROBLEM**  
Clogged Gutter

**SOLUTION**  
Clean Gutter

**KEEP IT LOCAL!!!**

**25% OFF**  
**MILITARY DISCOUNT**  
with minimum purchase  
Exp. 11/30/13  
**Free Rain Barrel with purchase.**  
Must present coupon and Military I.D.

The solution for Pool Cage & Sunroom Gutters!

6" Seamless Gutters Available

**NEW!**  
Gutter Protection for Screened Pool Cages & Sunrooms!  
**"SUPER GUTTER"**

**Free Installation**  
**MILITARY DISCOUNT**  
(Up to \$350.00 value)  
**\$50.00 Gift Card**  
with purchase on Sun Shades.  
Must present coupon and Military I.D.

**904-638-2533**  
Call Today for your Free Complimentary In-Home Estimate

**Strike in the New Year at NAS Freedom Lanes**  
Tuesday, Dec. 31, 7 pm - 1 am

\$15 per person (\$20 after Dec. 27). Pick up your tickets starting Dec. 1st. Tickets include glow in the dark bowling, shoe rental, DJ with Karaoke & a midnight toast. Full lanes may be reserved by purchasing 6 tickets. NAS Freedom Lanes reserves the right to put up to 6 people on a lane. Call (904) 542-3493 for questions.

**WCI** **Extreme MAKEOVER HOME EDITION**

Free In-Home Estimate & Design

- American Made Products
- Licensed & Insured
- Family Owned & Operated Since 1950

**FINANCING AVAILABLE:**  
12 Months No Payments with Approved Credit

*You Get a Fair Price the First Time.*

**Military Savings**  
**ADDITIONAL 5% OFF**  
with Military I.D.

*Any Home Improvement Service - Ask for details. Must present at initial estimate. Not valid on prior estimates and/or other specials. Expires 11/30/13*

**904-638-2496**

# New pilots make first launches, traps on Theodore Roosevelt

By MCSN John Drew  
USS Theodore Roosevelt (CVN 71)  
Public Affairs

Lt. j.g. Nathan Shuey banks left as he prepares for his first aircraft carrier landing. The familiar feel of G-forces drive him down into his seat as he rehearses his rhythmic breathing.

He flexes his grip to remind himself that he is in control, then he corrects his heading as he hears the air traffic controller granting him permission to land.

His aircraft rapidly approaches the carrier. The flaps go down. It's a mile away. He pulls back slightly to slow the jet, never removing his eyes from the heads-up display. Seconds away from landing, Shuey eases off the throttle and drops altitude. He feels the thud of touchdown and slams the throttle forward. The "trap" tries to rip the aircraft from beneath him as it slows from 130 miles per hour to zero in just over a second. Shuey eases back the throttle and breathes. Success.

Shuey was among the pilots of Training Wing (TW) One and Two who completed take offs, landings and taxiing maneuvers onboard USS Theodore Roosevelt (CVN 71) Oct. 31, en route to their carrier qualifications. For the pilots of TW-1 and TW-2, it was an honor to make their first aircraft carrier landing on TR.

"The first pass was absolutely



Photo by MCSN Jennifer Fournier

A T-45C Goshawk assigned to Training Air Wing (VT-1), is launched from the flight deck of the aircraft carrier USS Theodore Roosevelt (CVN 71) on Oct. 30. VT-1 flew out of NAS Jacksonville and conducted traps, touch-and-go landings and catapult launches to earn their carrier qualifications. Theodore Roosevelt is underway conducting carrier qualifications.

terrifying," said Shuey of TW-1. "It was a touch and go and your nerves are so high you kind of forget what you're doing."

Pilots practice carrier landing and taxiing on a simulator before flying out to a ship. The simulator is extremely lifelike, but it does not compare to the visceral experience of the real thing, said Shuey.

"The landing signal officers always teach us to 'fly the ball to touchdown', which means keep your eyes on the lens and be aware of everything else. So, when you approach the wires, don't follow them with your eyes. Don't look down or try to catch a certain wire. Keep your eye on the ball until you

slam forward in the cockpit. You honestly fly until your jet stops moving. I just kept saying to myself, 'fly the ball to touchdown, fly the ball to touchdown,'" said Shuey.

Being a pilot was always a dream, but Shuey never thought to actively pursue it until his senior year in college.

"I went to Naval Air Station Oceana for an event with Penn State [Reserve Officers' Training Corps]," he said. "There was a squadron of F-18s there, and I got to ride in one. I knew from that point on that if I could make [flying] an occupation, I wanted to do it. That's when I got really motivated to work towards it."

The path to becoming a naval aviator is long and challenging.

"I actually trained with the Air Force for half a year and that was pretty challenging because I moved to a place that I never expected to be," said Shuey.

"I was in Oklahoma for that at Vance Air Force Base and that was pretty rigorous training. I chose to go there and was hoping it would set me up to fly jets, and it actually worked out but was really difficult."

Pilots complete an aerobatics course designed to boost confidence and familiarize pilots with the aircraft's limitations after more than a year of train-

ing.

"I'm sure every pilot can appreciate their first aerobatic solo or aerobatic flight," said Lt. j.g. Daniel Knight, a helicopter pilot assigned to the Dragonslayers of HS-11.

"You are basically given the controls with a training pilot and are told to do flips and barrel rolls. Then you are told to go up and do it again alone. It's meant to build your confidence as a pilot. It's terrifying but also a lot of fun."

Aviators receive their gold wings at the conclusion of their nearly two year training pipeline.

"It was a lot of relief knowing that I made it through the program and a good amount of pride knowing what I had accomplished," said Knight.

"Also knowing my family was there and that they had been looking forward to it for so long. It was a great sense of accomplishment, much more so than obtaining my bachelor's degree. It wasn't something someone told me to do, it was something I sought out and that made it much more rewarding."

As he steps out of the cockpit, Shuey is reminded of the countless hours in a simulator, days of actual flight, weeks away from home and years of education and training that led him to this point. He fills with pride at the thought that soon he will join the ranks of elite naval aviators.

## Commissaries to begin scanning patrons' ID Cards

From a Defense Commissary Agency News Release

Cashiers at military commissaries soon will begin scanning customers' Defense Department ID cards as part of the checkout process, Defense Commissary Agency (DeCA) officials said.

The Fort Lee, Va., commissary, where DeCA has its headquarters, became the first store to scan ID cards Oct. 22 as the first part of a rollout throughout the agency that began Nov. 10 and will be completed by mid-January, officials said.

Noting that commissary shoppers are used to showing their ID cards to establish their eligibility to use the stores, officials explained that by scanning the ID at checkout, DeCA no longer will need to maintain any personal information on customers in its computer systems, such as the system used for customers who write checks.

Scanning also will help to improve the commissary benefit for all patrons, said Joseph H. Jeu, DeCA director and CEO.

"In addition to verifying customers as authorized commissary patrons, we'll gain information that will give us a better understanding of our patrons, allowing the agency to provide the commissary benefit more effectively and efficiently," he said.

Cross-referenced with other Defense Department data, the scan data will give DeCA use-

ful information about patron usage by military service, officials said, along with customer demographics that do not identify specific personal data of an individual.

This eventually will help the agency identify shopping needs and preferences and will also allow more accurate reporting to the military services on commissary use, officials said.

The demographic information DeCA will use is strictly limited to card ID number, rank, military status, branch of service, age, household size, and ZIP codes of residence and duty station, DeCA officials emphasized, adding that the agency will not be using any personal information such as names, addresses or phone numbers.

"The methods, processes and information we'll use will not compromise our customers' privacy - they can be sure of that," Jeu said.

"We're putting technology to work to better understand our customers and ensure the commissary benefit continues to remain relevant to them now and in the future."

The Defense Commissary Agency operates a worldwide chain of grocery stores for military personnel, retirees and their families. Authorized patrons purchase items at cost plus a 5-percent surcharge, that covers the costs of building new commissaries and modernizing existing ones.

## Commissary ID card scanner Q&A

From Staff

• Why is DeCA Scanning ID Cards?

Scanning the Department of Defense ID card bar code allows the Defense Commissary Agency (DeCA) to positively identify an individual and verify that he or she is authorized to shop in the commissary. There is a small number of older ID cards without bar codes, however, it must still be presented to prove ID of the cardholder.

• What information does DeCA collect?

The only information captured at the register is the ID card number, that is cross-referenced with the Defense Manpower Data Center's Defense Enrollment Eligibility System (DEERS) to obtain rank, military status, branch of service, age, household size, residential ZIP code, and duty

station. This data provides information about patron usage by military service and basic customer demographics. Specific, personal data about an individual is not collected.

• Why does DeCA need this information?

The basic demographic information we capture will allow us to better understand our patrons and their preferences. This will enable us to provide products and services that are directly related to the entire patron base - not individuals - at specific commissary locations.

• If an ID card has expired, what happens? Can the customer finish his or her purchases?

Customers must present valid ID cards to make their commissary purchases. Unfortunately, those with expired cards will not be allowed to finish their purchases. They must make an appointment at a military installation's Pass and ID office to get a new ID card.

• I am an agent for an authorized shopper. Can I still shop for the authorized patron?

Yes. You will still present the same documentation as before, based on guidelines for your respective installation. Required documentation is usually an Agent Letter or an Agent Card.

• Why do I have to show my ID and scan it at the register?

When you present your DOD ID card at the register, the cashier can verify that you are the cardholder by looking at the card photograph.

• Why does the cashier have to scan my ID card and my Rewards Card?

These two cards are independent of each other. Scanning your DOD ID card is part of the validation process. We scan your Rewards Card to apply digital coupon discounts to your total shopping purchase.

• Will the card be scanned before beginning a transaction at the register?

Scanning is done before the checkout process begins. If you're using the self-checkout, you hand your card to the attendant, who will check your photograph to verify you are the cardholder and then hand the card back to you, at which time you will scan your ID.

• Do I have to have my ID card scanned at checkout? Can I opt out?

Since only authorized patrons can use the commissary, and scanning the card is the means of verification, no patron can opt out of having their ID card scanned.

• Who maintains the data - is it a private company, or DeCA?

Only DeCA - not a third party - collects this information. The collected data is maintained at DeCA Headquarters, not at any of our commissaries.

• Will you match the demographic information to what customers buy?

Yes, but not at an individual level. We will link purchases to the patron base as a whole, as it relates to basic demographics such as military status, branch of service, distance from commissary, age and household size.

Matching purchases to this broad demographic information allows us to better understand our patron base and its preferences at each geographic location.



Photo by Victor Pitts

## Imparting maintenance knowledge with Canadian allies

(From left) In the Fleet Readiness Center Southeast (FRCSE) Electrical Instruments Shop, Cpl. Karim Mazurette-Kasmi and Cpl. Joshua Schieman-Newton, both serving in the Royal Canadian Air Force, look on as Anthony Thomas, an electronics mechanic at FRCSE, demonstrates repair techniques on an aircraf stream directional sending unit on Oct. 24. The Canadians visited FRCSE for a week to learn full repair capabilities on the unit that detects an aircraft's position and sends signals to the air data computer.

## SMOKEOUT

From Page 10

individual's desire to stop. The Wellness Center offers one-time group tobacco cessation classes every week - Mondays at 9 a.m., Tuesdays at 1 p.m. and Thursdays at noon. Private appointments, with a tobacco educator, are also available. Contact the NH Jacksonville Wellness Center - located adjacent to NAS Jacksonville's fitness center-at (904) 542-5292/5293.

Additional resources include DoD's [www.ucaquit2.org](http://www.ucaquit2.org) and The Florida Quitline at 877-U-CAN-NOW or [www.floridaquitline.com](http://www.floridaquitline.com).

# DoD spokesman says commanders essential to stop sexual assault

By Karen Parrish  
American Forces Press Service

As Congress considers new legislation that could restrict military commanders' authority to overturn sexual assault convictions, Pentagon Press Secretary George Little said senior Defense Department leaders are "working through various options" to identify a way ahead.

Civilian and uniformed military leaders have consistently said that commander involvement is essential to changing the military culture and eradicating sexual assault crimes. Little indicated during a reg-

ular news briefing today that leaders haven't altered their stance on the question.

"To my knowledge, there's been no change in the department's position on how to grapple with what we all know is a serious issue inside the military," Little told reporters in response to questions.

"It's important to many senior leaders in the department to try to address this problem inside the institution," he said.

"When it comes to getting at it, getting at this serious problem and fixing it, and holding people accountable, we think that we can work this internal-

ly."

The press secretary said the department is working closely with members of Congress to find solutions. He noted that Army Maj. Gen. Gary Patton, director of DOD's Sexual Assault Prevention and Response Office, testified before a Congressional panel Nov. 7.

Little noted that a report released recently shows a rise in the number of sexual assaults over the past year, and attributed it to the military's efforts to reach out to assault victims with a range of reporting options and medical and counseling services.

"We believe that this increase in reporting is consistent with a growing level of confidence in our response system," he said.

Little said another telling metric is the growing number of service members who report assaults that occurred before they joined the military.

"We're continuing to review these metrics to make sure that's in fact the case, but we don't view an increase in reporting as necessarily a bad thing," Little said.

"In fact, it could be a positive development because victims of sexual assault might feel more comfortable coming

forward."

Little said DOD is working to "lock into place" just such a system, and that leaders hope to see an increase in the number of victims who choose unrestricted reporting, which opens the possibility for prosecution of alleged assailants.

Cultural and behavioral change is also key to reducing or eliminating sexual assault in the military, Little acknowledged.

"Our strong goal is to make sure that all U.S. military personnel, men and women . . . [live and work in] an environment free from this crime," he said.

## Military Retirees Seminar set for Feb. 15

From Retired Activities Office

"Retirees should mark their calendars now for the upcoming Retiree Seminar to be held Feb. 15 at the River Cove Catering and Conference Center at NAS Jacksonville," said Retired Activities Office Director James Ryan.

He explained that the seminar is designed in the County Fair format - with continuous presentations and exhibits throughout the day.

"This allows maximum exposure with subject matter experts who can help retirees with issues such as retiree pay, healthcare concerns, veterans benefits, long-term care and assistance, and other issues

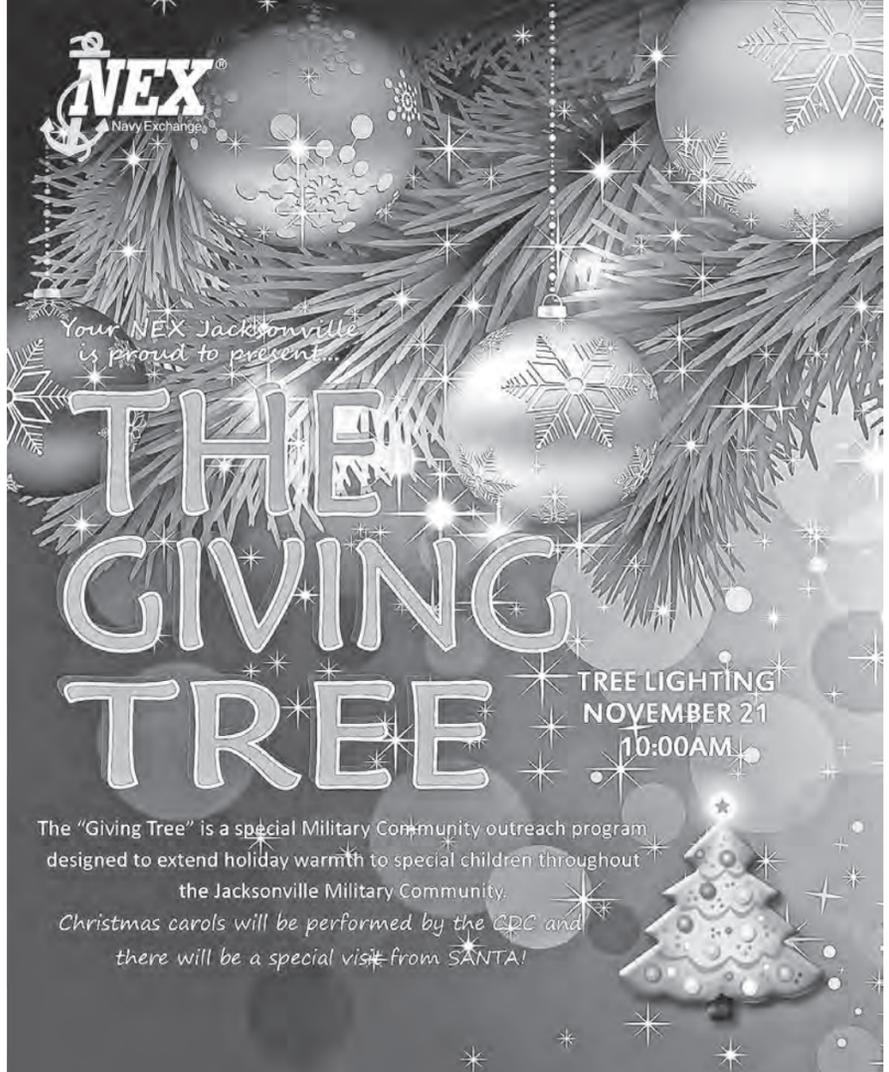


of concern to retirees approaching Social Security and Medicare age," said Ryan.

This year's keynote speaker is retired Vice Adm. John Cotton, former chief of Navy Reserve, and commander, Naval Reserve Force. He also served as the assistant deputy Chief of Naval Operations, Warfare Requirements and Programs, and as a member of the Secretary of Defense Reserve Force Policy Board.

Reservations are not required, but registration will take place at the door.

The mission of Retired Activities Branch under OPNAV N135F is to ensure the retired community is kept apprised of their benefits, entitlements, rights, privileges and other changes in retirement law. The Retired Activities Branch is dedicated to supporting more than 650,000 Navy retirees, families, annuitants, and survivors worldwide.



## Your community. Your University.

**Barry University – Jacksonville offers the Master of Arts in Administration (MAA) ■ Develop the critical administrative skills necessary for workplace success ■ Apply your military experience to the public, private, and nonprofit sectors ■ Starts January 2014**

- 12-course degree program
- 8-week terms
- Flexible schedules with classes in the evening and Saturdays
- SOC member and Yellow Ribbon Program
- Scholarships available for students who qualify
- No application fee
- No GRE/GMAT admissions tests required
- Tuition reduction program for active-duty military and their families
- TA, VA, and EDD accepted

**A military-friendly institution**



**Barry University**

Contact: Holly A. Haines-Kohl ■ [hhaines-kohl@barry.edu](mailto:hhaines-kohl@barry.edu) ■ 904-674-1677  
[www.barry.edu/JaxAir](http://www.barry.edu/JaxAir)

# X-47B operates aboard Theodore Roosevelt

From USS Theodore Roosevelt (CVN 71)  
Public Affairs

The X-47B Unmanned Combat Air System Demonstrator (UCAS-D) conducted flight operations Nov. 10 aboard the aircraft carrier USS Theodore Roosevelt (CVN 71).

The event, the most recent in a series of carrier-based tests, demonstrated the integration of the latest in naval aviation technology with the most advanced and capable carrier.

The tests demonstrated the X-47B's ability to integrate with the carrier environment. The aircraft performed precise touch and go maneuvers on the ship to generate data that characterizes the environment in close proximity of the carrier flight deck. In addition, the aircraft took part in flight deck handling drills, completed arrested landings and catapult launches. Mission operators monitored the aircraft's autonomous flight from a portable command and control unit from Theodore Roosevelt's flight deck during each of its 45-minute flights.

"It is a tremendous opportunity for the 'Big Stick' to be a part of the development and testing of the future of Naval Aviation," said Capt. Daniel Grieco, Theodore Roosevelt's commanding officer. The UCAS is an impressive system that gives us all a glimpse into the support and strike capabilities we can expect to join the fleet in the years to come. The tactical and support possibilities for



Photo by MC3 Sean Weir

The experimental X-47B Unmanned Combat Air System Demonstrator (UCAS-D) taxis to catapult two aboard the aircraft carrier USS Theodore Roosevelt (CVN 71) Nov. 10. Theodore Roosevelt is the third carrier to test the tailless, unmanned autonomous aircraft's ability to integrate with the carrier environment.

such platforms are endless, and I know the crew of TR are proud to be able to be a part of that development."

A major objective for the UCAS-D program is to demonstrate a digitized carrier controlled environment to allow for robust communications between the aircraft and all carrier personnel involved with launching, recovering and controlling the aircraft. A digitized carrier environment will ultimately increase flexibility and improve safety.

"This weekend's resump-

tion of carrier-based flights for the X-47 continues our efforts to mature critical unmanned enabling technologies and reduce the technical risk for the follow-on Unmanned Carrier Launched Airborne Surveillance and Strike (UCLASS) system," said Capt. Beau Duarte, the Program Manager for Unmanned Carrier Aviation.

Current and future test events will continue to mature unmanned technologies and refine concept of operations to further inform unmanned car-

rier requirements. These program successes represent significant advancements in naval aviation technology and provide a glimpse into the future integration of manned and unmanned aircraft aboard the carrier fleet.

"Today, we took another significant step toward integration of unmanned capabilities into our carrier airwings and aircraft carrier environments," said Rear Adm. Mat Winter. "The Navy remains steadfast in its commitment to maturing today's technologies which

have established a realistic path to tomorrow's affordable, flexible unmanned carrier aviation capabilities for our warfighters."

Carrier-based tests of the X-47B began in December 2012 with flight deck operations aboard USS Harry S. Truman (CVN 75). Carrier testing resumed in May 2013 aboard USS George H.W. Bush (CVN 77), where the X-47B completed its first carrier-based catapult launch, followed by its first carrier-based arrested landing in July.



Photos by Kaylee LaRocque

## Seabees help out the USO

BU2(SCW) Nicholas Garand (left) and E2(SCW/SW/AW) Markeice Allen of Construction Battalion Maintenance Unit 202 rip up the old flooring of the NAS Jax USO office on Nov. 12. The offices are being renovated courtesy of a donation from the Armed Forces Family Foundation and Ashley Furniture. The facility will have new laminate wood flooring, new tile in the restrooms and new furniture.



CE3 Matt Lisenby of Construction Battalion Maintenance Unit 202 removes tile from a restroom at the NAS Jax USO office during a renovation project of the facility Nov. 12.

## Jaguars tickets available at USO

From the USO

The Greater Jax Area USO has tickets available at the NAS Jax and NS Mayport USO for \$15 each, cash transactions only. Tickets are available the following days and times:

Date of Game	Opponent	Time	Sale Begins
Dec. 5	Houston	8:25 p.m.	Nov. 25
Dec. 15	Buffalo	1 p.m.	Dec. 2
Dec. 22	Tennessee	1 p.m.	Dec. 9

### Guidelines:

- Price is \$15 per ticket (cash only) - All active duty including Florida National Guard and Reservists on current active duty orders and dependents are eligible to purchase/use these tickets.
- Military personnel with authorized dependents may buy a maximum of four tickets if member and dependents equals four. If you have less than four you may only purchase total for family. Spouses may purchase tickets for military personnel, but dependent children are not authorized to represent the service member/spouse to purchase tickets. Larger families desiring to purchase in excess of four tickets must be approved by the USO director.
- Single service members may purchase a maximum of two tickets, one for their use and one for a guest. No exceptions.
- For deployable commands, a request for a "block of game day tickets" may be requested by CO/XO/CMC only to the executive director. These blocks may be approved for commands either deploying or returning during the season. Requests, with justification, must be sent to Mike O'Brien at [mobrien@usojax.com](mailto:mobrien@usojax.com).
- Anyone caught purchasing excess tickets or reselling tickets will be prohibited from buying any more tickets for the entire season.
- No over the phone transactions, tickets are first come, first served. For more information, call 778-2821.

## Community Calendar

The fifth annual **Right Whale Festival** will be held Nov. 23 from 10 a.m. to 4 p.m. at the Seawalk Pavilion in Jacksonville Beach. The Right Whale Festival is a day-long, family-oriented festival with something for everyone including local arts and crafts, live music, food from local vendors, hands-on kids activities, educational speakers, a 5K beach run and 2.5K beach walk, beach clean-up, bounce house, silent auction, and dozens of educational booths to help you learn how to protect the highly endangered Northern Right Whale. The event is free and open to the public. Visit [www.rightwhalefestival.org](http://www.rightwhalefestival.org) for more information.

The annual **Jacksonville Light Parade and Fireworks** will be held Nov. 30 at 7 p.m. The City of Jacksonville invites boat captains and crews to register for the 2013 Jacksonville Light Parade. Registration is free; however, it is limited to the first 100 vessels. Boaters interested in participating can visit [www.JaxHappenings.com](http://www.JaxHappenings.com) for registration information. **Aviation Boatwains Mates** meet every third Thursday at 1 p.m. in the NAS Jax Air Facilities Management Building (666) conference room. For more info, call Doug Chaney at 542-3955.

**Orange Park Veterans of Foreign Wars (VFW) Post 5968** and its Auxiliary located at 187 Arora Blvd. meets on the second Wednesday of the month at 7:30 p.m. VFW is a non-profit veterans service organization composed of combat veterans and eligible service members from the Active, Guard or Reserve forces. For information on events or membership, go to [www.vfwpost5968.org](http://www.vfwpost5968.org) or call 276-5968.

**Military Officers Association of America N.E.** Florida Chapter meets the third Wednesday of each month. Open to active duty and retirees of all military branches. Contact [Johnnie.walsh@gmail.com](mailto:Johnnie.walsh@gmail.com) or call 282-4650.

**Marine Corps League** Detachment 059 meets the first Thursday of the month at 7:30 p.m. at the Southside Golden Corral located at 4250 Southside Blvd. MCL is a nonprofit veterans service organization composed of Marines both active and prior and FMF Corpsmen. For more information, go to [mcljacksonville.org](http://mcljacksonville.org) or call 693-0280.

**National Naval Officers Association** meets the fourth Thursday of each month at 5 p.m. at Naval Hospital Jacksonville. Contact CWO3 Lionel Jeffcoat at 594-6908 or [lionel.c.jeffcoat@uscg.mil](mailto:lionel.c.jeffcoat@uscg.mil) or retired Lt. Cmdr. Paul Nix at 542-2518 or [paul.nix@navy.mil](mailto:paul.nix@navy.mil).

**Association of Aviation Ordnancemen** meets the third Thursday of each month at 7 p.m. at the Fleet Reserve Center on Collins Road. For information, visit [www.aao9.com](http://www.aao9.com).

**Retired Activities Office (RAO)** at NAS Jax Fleet and Family Support Center (FFSC) needs volunteers to assist military retirees and dependents. Work three hours a day, one day per week. Call 542-2766 ext. 126 from 10 a.m. to 2 p.m. weekdays to volunteer.

**Navy Jacksonville Yacht Club** is open to active duty, reserve and retired military, plus, active or retired DoD civilians. Call 778-0805 or email [commodore@njyc.org](mailto:commodore@njyc.org).

**Disabled American Veterans Chapter 38** meets the second Tuesday of each month at 7 p.m. at 470 Madeira Dr., Orange Park. Service officers available Monday through Friday, 9 a.m. - 2 p.m. to help with VA claims, call 269-2945 for an appointment. Bingo every Thursday from 6:30-9:30 p.m. and Saturday from 10 a.m. - 3 p.m. The public is welcome.

**COMPASS Spouse-to-Spouse Military Mentoring Program.** Helping others help themselves. Call Melanie at 200-7751 or email: [www.gocompass.org](http://www.gocompass.org)

**Navy Wives Clubs of America Jax No. 86** meets the first Wednesday of each month at 7 p.m. in Building 857 (at NAS Jax main gate behind Navy-Marine Corps Relief Society). Not So New Shop open Tuesday and Thursday (9 a.m. to 1 p.m.). Call 542-1582 for info.

**Navy Wives Clubs of America DID No. 300** meets the second Thursday of each month at 7 p.m. at Lakeshore Methodist Church, 2246 Blanding Blvd. Call 272-9489.

**Fleet Reserve Association Branch 290** monthly meeting is the first Thursday at 8 p.m., 390 Mayport Rd., Atlantic Beach. Call 246-6855.

**Orange Park Lions Club** meets the second and fourth Monday at 7 p.m. at 423 McIntosh Avenue, Orange Park, Fla. For more information, call 298-1967.

**National Active and Retired Federal Employees Westside Jacksonville Chapter 1984** meets at 1 p.m. on the fourth Thursday of each month at the Murray Hill United Methodist Church, (Fellowship Hall Building) at 4101 College Street. Call 786-7083.

**National Active and Retired Federal Employees Clay County Chapter 1414** meets at 12:30 p.m. on the second Tuesday of each month at the Orange Park Library, 2054 Plainfield Avenue. Call 276-9415.

**Ladies Auxiliary of Fleet Reserve Unit 126** meets the second Thursday of each month at 10 a.m. at the Fleet Reserve Building, 7673 Blanding Blvd. Call 771-6850.

Retired Enlisted Association meets the fourth Wednesday of each month at 1 p.m. at the Fleet Reserve Hall at 7673 Blandina Blvd. Call 772-8622.

# Children's Holiday Bingo

**Friday Dec. 20 At Dewey's**

Doors open at 5 p.m. Games begin at 6 p.m.

**\$10 per child**  
Includes bingo cards, dauber, hot dog, chips & a drink

\*Ages 3 - 17

For more information call (904) 542-8449



## Merchandise

AC, Heating, Fuel  
Antiques  
Appliances  
Arts & Crafts  
Auctions  
Building Supplies  
Business/Office Equipment  
Clothes  
Collectibles  
Computer  
Craft/Thrift Stores  
Electronics  
Estate Sales  
Farm/Planting  
Fruits/Vegetables  
Furniture/Household  
Garage Sales  
Garden/Lawn  
Hot Tubs/Spas  
Jewelry/Watches  
Kid's Stuff  
Machinery & Tools  
Medical  
Miscellaneous Merchandise  
Musical Merchandise  
Photography  
Portable Buildings  
Public Sales  
Sporting Goods  
Tickets  
Trailers  
Wanted to Buy or Trade

### Appliances

Appliances, buy, sell, trade & repair  
W/Ds, Refrigs., stove, \$85-up printer.  
Mon-Sun. 9-7. Delivery 904-695-1412

### Estate Sales

**B. LANGSTON'S PRESENTS**  
Ponte Vedra Estate in Marsh Landing  
Decorator Furn w/acc., Waterford,  
fine art, china, jewelry. Thurs/Fri. 9-4  
24558 Harbour View Dr. blangston.com

Alderman Park Area  
985 Park Forest Ln. Fri/Sat. 9-5. Sun  
11-2. www.yesterdaychildinc.com

**Estate Sale Final Closeout**  
Last 51 days, Friday, 11/22,  
noon-4PM and Saturday, 11/23,  
9AM-2PM. Closeout pricing!  
Tables, chairs, artwork, chandeliers,  
crystal lamps, patio furniture,  
wheel chair, recliner, household  
items. 111 Margaret Street,  
downtown St Marys

### Furniture / Household

Absolute Bargain, Queen PILLOW-  
TOP - Mattress Set \$100. 644-0498

Bed- Beautiful New Bedroom Set  
Must Sell \$275-Call 484-6177 for info

**DESK CORNER UNIT 3pc set,**  
medium burn, printer, black  
leather, laptop holder, printer  
holder, IKEA. 904-206-0941,  
\$150 obo.

**KING SIZE P-5 Sleep Number**  
bed w/dual wireless remote  
control, 2+ yrs old \$1200obo.  
442-8028

### Garage Sale

Bryceville Huge Sale Fri/Sat 10-4, 1677  
Boyd Rd. tools, books, c/dhs, turn,  
lawn equip, much more 904-266-1184

**Jewelry, cameras, home**  
decor, paintings, prints for  
sale. 6687 Blanding Blvd.  
Wanda 716-6437

Westside- In House Moving Sale  
Fri & Sat, 10a-2p 4034 Barmer Dr.  
EVERYTHING MUST GO!

### Garden / Lawn

350 Long Tractor 41 horse \$3K.  
5 foot bush hog \$350. 6 foot box  
blade \$350. 912-729-6230

### Medical

**DIABETIC TEST STRIPS NEEDED**  
\$1 BUY sealed / unexpired boxes \$  
Call Bob at (904) 712-9015

### Misc. Merchandise

**1/2 Carat Diamond Solitaire**  
Ring 14K yellow gold \$800.  
Back Pack Jansport carries  
small tent, slpg bag \$75.  
904-384-7809

**20" GIRLS BIKE 7-teens \$45.**  
Ceiling fan 52" \$75, 4 lights, 5  
blades, white wicker boarder  
mirror 19"x11" \$50. 904-384-7809

**BACK ISSUES Model**  
RailRoader for sale 50 cents  
each or \$5.00 per Year o.b.o.  
904-771-0457

**BIKE CARGO CASE** polyethy-  
lene, inner foam divider &  
tubing, sec. strapping, pull  
strap & wheels 904-771-0699

**CABINET-metal 67" high 30"**  
wide, 18" deep, shelves, lock-  
able drs, gd cond. \$20. 502-1748

**Refrig. \$70. Recliner Chr \$60.**  
Headbd \$30. Xmas lights &  
boxes for Xmas gifts. Collins  
Ridge Subd. 904-714-5753

**Manual Mower \$25. Wood**  
Lathe 495. 23"x63" Shower drs  
(\$2) \$15. Drawlite Hitch \$35.  
Exercise Bike \$15. 476-7544

**Wall Curio, rosewood \$150.**  
Oriental silk sleeve \$25. Brass but-  
terflies, swan bell. 904-269-4312

### Portable Buildings

**Modular Buildings 24X36 - \$15,000.**  
HUNTCAMP, OFC, CLASSROOM,  
24x36 Update 2006. Hardii panel  
ext./int. 30" alum. ramp/steps. Sh.  
roof. Del./setup. 904-629-2779.

## Pets & Animals

Adopt a Pet  
Pets & Supplies  
Livestock & Supplies  
Animals Wanted

### Adopt A Pet/ Lost and Found

**DOG - FREE TO GOOD**  
**OWNER - Black & Tan**  
Coonhound 16 months old  
male, papers available,  
friendly. Must sacrifice.  
904-327-4489

**Lost Dog @ St. Johns Town Ctr.**  
Male, B&W, 53 lbs, neutered,  
10 yrs. Vicinity of 1st Place Sports,  
Nov 11. 904-868-7774

### Pets and Supplies

**CHIHUAHUA PUPS, 904-540-0716**  
Joyshomesrownchihuahuas.com

**LAB PUPS AKC** Champ lines, OFA,  
health guaranteed call 904-753-1155

**POODLES - AKC Toy Poodles \$700.**  
taking Deposits now. 2-M, 2-F  
Ready 12-31-13. 334-4058 call or text.

## Transportation

Aviation  
Boats  
Sailboats  
Boat Dockage & Rentals  
Marine Equipment  
& Supplies  
RV Rentals  
RV's & Suppliers  
Motorcycles & Mini Bikes  
Auto Brokers  
Auto Parts  
Antiques/Classics  
Automobiles  
Trucks/Trailers/SUVs  
Vans/Buses  
\$2000 or Less  
Commercial Vehicles  
Misc. Auto  
Autos/Trucks Wanted  
Auto Rent/Lease

### RVs and Supplies

**2011 Forest River Rockwood**  
Signature Ultra Lite \$31655.  
34', Vineyard color, cherry  
wood cabinets, 13,500BTU,  
ducted roof a/c, power awning,  
spare tire, & more. 1000mi's, looks  
brand new \$21,000. 509-637-6022

**VRI Travel Trailer tow eq. 2**  
TV's, front bath, new tires, qn  
bed, slps 6, lrg slide out, \$10K.  
H:904-642-0881/c:716-1968

### Motorcycles/Mini Bikes

**2003 GOLDWING 1800, Exc**  
cond., 12,204mi's, gar. kept.  
Call 9a-6p. 904-707-7749. \$10,500

**2003 YAMAHA V-STAR 1100,**  
only 13kmi's, exc. cond., gar.  
kept, only \$3500. Call 757-6383

**2009 H.D. Heritage Screaming**  
Eagle IntekM exhaust, 1000mi's,  
stage one tuning, lots of extras  
\$12,000. FRANK 904-282-1272

**1996 TRIUMPH DAYTONA**  
1200, 9641mi's, garaged,  
751-3420 lv msg. \$4,000.

**Rocket Mini Bikes 49cc.**  
New Scooters 49cc.  
Helmets, boots, gloves & more.  
Less than 10min's from the base.  
Hawks & Horses  
2211 Blanding, 32210. 904-379-3328

## \$7.8 Billion

**The economic impact of the**  
**military in Northeast Florida**  
**and Southeast Georgia is**  
**\$7.8 billion.**

Local businesses benefit from the military and civilian personnel who  
buy and rent homes and who purchase goods and services. Let us  
know what your business has to offer by advertising in one or all of  
the military publications distributed at the local bases in the area.

For advertising  
information,  
please call  
904-368-8238.  
Fax 904-368-8230.



### Automobiles

**TOYOTA COROLLA 2007 - Well**  
-maintained,  
very good  
condition,  
two tires  
recently  
replaced.  
\$7990. Call  
904-276-2831.

### Trucks / Trailers / SUVs

**'93 GMC Suburban 5.7L A/T,**  
A/C, ANV/M CD, P/W/PD, New  
tires, \$1850. 945-7218 before 8p

**1998 DODGE QUAD CAB 1500**  
Sport bed, green high mileage,  
highway miles, no air, motor  
runs good \$2000. 912-729-6230

**2007 JEEP WRANGLER,**  
32k mi's, red, soft top, mud  
tires, flood lights, rock guards,  
great shape! Extras! \$16,200.  
817-374-0041

**2010 Hyundai Veracruz. Lded.**  
Lthr. Very Clean. New Tires.  
Followed Maint. Schedule.  
69,700mi. 80% Of these miles  
are hwy miles. A Must See \$ 18,500.  
S'side/Bchs area 904-338-6152

**2011 FORD RANGER LXT**  
16K+ mi's, 100K bumper to  
bumper warr., exc. cond.  
w/topper. \$15,900. 904-445-0233

**2011 RAM 2500 SLT, blk, Hemi,**  
4x4, 37,513mi's, 6" lift, 37x13.5  
tires, 20" wheels, tuner, cus-  
tom exhaust & more. \$9000 in  
offer market parts. \$31,500obo.  
509-637-6022

**FORD F - 250 2002**  
**SUPER DUTY**  
Custom Built, F250 SD 7.3 Turbo  
Diesel XLT. 4 spd AT. HD Tow/  
Susp/ Brks/ Cool. BanksExhst Sys.  
Monster Exh nd Pipe. Smart  
Trmsn Lock. Lined Bed. Orig nd  
Tow Tailgates. HD Supt 16K  
Hitch. Rnbrds. Tow Mirrors. Dlx  
Uph Cntr Seats. Ctr Consol. Elec  
Brake Ctrl plug/wiring. Cvd Strg.  
Maint. Clean. 74000 mi. 1st Owners.  
REDUCED \$12,900  
NEGOTIABLE 904-545-0167

# The Times-Union drive DEALER DIRECTORY

## TO LIST YOUR DEALERSHIP, PLEASE CALL 904-359-4193

<p><b>BUICK</b> <b>KEY BUICK-GMC</b> 4660 Southside Blvd. 642-6060</p> <p><b>NIMNIGHT BUICK-GMC</b> 11503 Phillips Hwy 685-8820</p> <p><b>CADILLAC</b> <b>CLAUDE NOLAN CADILLAC</b> 4700 Southside Blvd. 904-642-5111</p> <p><b>CHEVROLET</b> <b>NIMNIGHT CHEVY</b> 1550 Cassat Ave. 904-647-4220 www.nimnichtchevy.com</p> <p><b>JERRY HAMM CHEV</b> 3494 Phillips Hwy. 398-3036 www.jerryhamm.com</p> <p><b>RON ANDERSON</b> <b>CHRYSLER BUICK GMC</b> 464054 State Rd. 200 Yulee, FL 32097 904-261-6821</p> <p><b>CHRYSLER</b> <b>ATLANTIC CHRYSLER</b> www.atlanticjeep.com 2330 US1 South 354-4421</p> <p><b>JACKSONVILLE CHRYSLER</b> <b>JEEP DODGE</b> 9A &amp; BAYMEADOWS. 493-0000</p> <p><b>RICK KEFFER</b> 1-95 Exit 373, Fern Bch. 1-800-228-7454 www.rickkeffer.com</p> <p><b>ORANGE PARK</b> <b>CHRYSLER JEEP DODGE</b> 7233 Blanding Blvd. 777-5500 www.orangeparkdodge.com</p> <p><b>HONDA</b> <b>DUVAL HONDA</b> 1325 Casst Ave. 899-1900</p>	<p><b>DODGE</b> <b>ATLANTIC DODGE</b> www.atlanticjeep.com 2330 US1 South 354-4421</p> <p><b>JACKSONVILLE CHRYSLER</b> <b>JEEP DODGE</b> 9A &amp; Baymeadows 493-0000</p> <p><b>ORANGE PARK CHRYSLER</b> <b>JEEP DODGE</b> 7233 Blanding Blvd. 777-5500 www.orangeparkdodge.com</p> <p><b>RICK KEFFER</b> 1-95 Exit 373, Fern Bch. 1-800-228-7454 www.rickkeffer.com</p> <p><b>FORD</b> <b>PAUL CLARK FORD-MERCURY</b> 1-95 N. Exit 129 (Yulee) 225-3673</p> <p><b>AUTONATION FORD</b> <b>AT THE AVENUES</b> 10720 Philips Hwy. 904-292-3325</p> <p><b>MIKE DAVIDSON FORD</b> <b>AT REGENCY</b> 9650 Atlantic Blvd. 725-3060</p> <p><b>GMC</b> <b>GMC TRUCKS</b> <b>NIMNIGHT GMC</b> 11503 Phillips Hwy 685-8820</p> <p><b>HONDA</b> <b>DUVAL HONDA</b> 1325 Casst Ave. 899-1900</p>	<p><b>LOU SOBH HONDA</b> <b>OF THE AVENUES</b> 11333 Phillips Hwy. 370-1300</p> <p><b>HYUNDAI</b> <b>KEY HYUNDAI</b> 4660 Southside Blvd. 642-6060</p> <p><b>ATLANTIC JEEP</b> www.atlanticjeep.com 2330 US 1 South 354-4421</p> <p><b>JACKSONVILLE CHRYSLER</b> <b>JEEP DODGE</b> 9A &amp; BAYMEADOWS. 493-0000</p> <p><b>RICK KEFFER</b> 1-95 Exit 373, Fern Bch. 1-800-228-7454 www.rickkeffer.com</p> <p><b>ORANGE PARK</b> <b>CHRYSLER JEEP DODGE</b> 7233 Blanding Blvd. 777-5500 www.orangeparkdodge.com</p> <p><b>LINCOLN</b> <b>LINCOLN</b> 4620 Southside Blvd. 642-4100</p> <p><b>AUTONATION LINCOLN</b> <b>OF ORANGE PARK</b> 7700 Blanding Blvd. 777-3673</p>	<p><b>TOYOTA</b> <b>KEITH PIERSON TOYOTA</b> 6501 Youngeman Circle. 771-9100</p> <p><b>ERNIE PALMER TOYOTA</b> 1310 Cassat Ave. 389-4561</p> <p><b>VOLKSWAGEN</b> <b>O'STEEN VOLKSWAGEN</b> <b>VISIT OSTEENVW.COM</b> <b>TODAY!</b> 904-322-5100</p> <p><b>TOM BUSH VOLKSWAGEN</b> VISIT TOMBUSHVW.COM 904-725-0911</p> <p><b>VOLVO</b> <b>O'STEEN VOLVO</b> www.osteenvolvo.com 396-5486</p> <p><b>PRE-OWNED VEHICLES</b> <b>AUTO LINE</b> A Family owned Business autolinepreowned.com 2126 Mayport Rd., Atlantic Beach 904-242-8000</p> <p><b>AUTOS</b> <b>BEACH BLVD.</b> <b>AUTOMOTIVE</b> Family Owned Since 1967 beachblvdautomotive.com 6833 Beach Blvd. 724-3511</p> <p><b>DARCARS</b> <b>WESTSIDE</b> <b>PRE-OWNED</b> <b>SUPERSTORE</b> 1665 Cassat Ave. 904-384-6561 www.westsidedodge.net</p>	<p><b>PRE-OWNED VEHICLES</b> <b>O'STEEN VW</b> <b>CERTIFIED</b> <b>PRE-OWNED</b> <b>CENTER</b> <b>VISIT OSTEENVW.COM</b> <b>TODAY!</b> 904-322-5100</p> <p><b>WORLD IMPORTS</b> <b>CERTIFIED</b> <b>PRE-OWNED</b> <b>AUTO CENTER</b> www.worldimportsusa.com 11650 BEACH BLVD. 998-9992</p> <p><b>SUPPORT</b> <b>YOUR LOCAL</b> <b>DEALERSHIPS</b> <b>BY SHOPPING</b> <b>LOCALLY.</b> <b>READ DRIVE</b> <b>EVERY</b> <b>SATURDAY IN</b> <b>THE</b> <b>TIMES-UNION</b> <b>OR GO TO</b> <b>DRIVE.JACKSONVILLE.COM</b> <b>FOR GREAT</b> <b>LOCAL DEALS.</b> <b>LET'S SHOP</b> <b>LOCAL!</b></p>
--	--	--	--	--



# WE BRING THE MILITARY TO YOU

Together, our communities of service members and their families, and your business, can spell SUCCESS.

Not only will your business benefit while the families are stationed here, many military families retire to the area, with the tri-base area being one of the most sought-after assignments in the U.S. Navy.

To advertise, or to find out more information, please call 904.359.4168.

# Tom Bush BMW

BMW 2014  
320i

BMW 2014  
X1 sDrive28i



# THE BMW HAPPIER NEW YEAR EVENT

2014 BMW 320i Sedan



**\$279\***

Per Month 36-Month Lease

MSRP \$36,875

Premium Package, iPod/USB Adapter, Hands-free Bluetooth

2014 BMW X1 sDrive28i



**\$319\***

Per Month 36-Month Lease

MSRP \$36,775

Premium Package, Heated Front Seats, iPod/USB Adapter

**\$0 Maintenance Costs 4 Years/50,000 Miles**



**Tom Bush  
BMW Jacksonville**  
9850 Atlantic Blvd.  
(866) 958-3780  
tombushbmw.com



**Tom Bush  
BMW Orange Park**  
6914 Blanding Blvd.  
(888) 528-4962  
opbmw.com

\*Lease financing available on 2014 BMW 320i Sedan vehicles, only at participating BMW centers on leases assigned to BMW Financial Services NA, LLC/Financial Services Vehicle Trust through December 02, 2013. \$500 Option Allowance are credits against the MSRP of the final purchase, loan or lease on a 320i Sedan through December 02, 2013. \$500 Loyalty Cash is a credit against the MSRP of the loan or lease on a 320i Sedan through December 02, 2013. \$500 Loyalty Cash available for returning BMW customers only. Monthly Lease payments of \$279.00 for 36 months based on MSRP of \$36,875.00 and down payment of \$2,750. Vehicle may need to be ordered. Total Lease payments are \$10,044.00. Purchase option at lease end for \$24,338.00 excludes taxes. Lessee acquires no ownership interest unless purchase option is exercised. Lease financing available on 2014 BMW X1 sDrive28i vehicles, only at participating BMW centers on leases assigned to BMW Financial Services NA, LLC/Financial Services Vehicle Trust through December 02, 2013. \$750 Option Allowance are credits against the MSRP of the final purchase, loan or lease on a X1 sDrive28i through December 02, 2013. \$500 Loyalty Cash is a credit against the MSRP of the loan or lease on a X1 sDrive28i through December 02, 2013. \$500 Loyalty Cash available for returning BMW customers only. Monthly Lease payments of \$319.00 for 36 months based on MSRP of \$36,775.00 and down payment of \$2,500. Vehicle may need to be ordered. Total Lease payments are \$11,484.00. Purchase option at lease end for \$22,801.00 excludes taxes. Both offers excludes tax, title, license and registration fees. Program available to qualified customers and not everyone will qualify. Subject to credit approval. See participating dealer for details. Dealer contribution may affect terms. Lessee must cover insurance and all items not covered under the BMW Maintenance Program. At lease end, Lessee will be liable for disposition fee (\$350.00), any excess wear and use as set forth in the lease agreement and excess mileage charges of \$0.20 per mile for miles driven in excess of 30,000 miles. Lessee acquires no ownership interest unless purchase option is exercised. See participating BMW centers for details and vehicle availability. ©2013 BMW of North America, LLC. The BMW name, model names and logo are registered trademarks.

**Tom Bush**  
**BMW Orange Park**  
"You Have A Friend In The Business"

**Factory Certified BMWs...**

- Inspected And Certified By BMW Trained Technicians
- Free Carfax On Any Vehicle
- Service Loaner Cars By Appointment

BMW  
Certified  
Pre-Owned

bmwusa.com  
1-800-334-4BMW



## 2011 BMW 328i Sedan

**11 TO CHOOSE FROM**



**ONLY  
\$399  
Per Month  
\$0  
Down\***

Prices Include BMW Protection Plan Up To 6 Years Or 100,000 Miles

**Certified Pre-Owned**  
by BMW

6914 Blanding Blvd. (904) 777-2500  
[www.opbmw.com](http://www.opbmw.com)

\*Through BMW Financial Service Select Program on select Certified Pre-Owned Models W.A.C. Plus tax, tag, title & dealer fee.