

# Jax Air News

www.cnicy.navy.mil/jacksonville

www.jaxairnews.com

VOL. 71 • NO. 35 • NAS JACKSONVILLE, FLA



Photo by PHC Eric Tilford

An aerial view shows a small portion of the crime scene where the World Trade Center collapsed following the Sept. 11 terrorist attack. Surrounding buildings were heavily damaged by the debris and massive force of the falling twin towers.

## Remembering the terror of Sept. 11

From Staff

Remembering the tragic timeline of Sept. 11, 2001:

### The World Trade Center, North Tower

At 8:46 a.m., American Airlines Flight 11 crashed with a speed of roughly 490 mph into the north side of the north tower of the World Trade Center, between floors 94 and 98.

### The World Trade Center, South Tower

At 9:02 a.m., United Airlines Flight 175 crashed with a speed of about 590 mph into the south side of the

south tower, banked between floors 78 and 84. Killed in both towers: 2,753 persons.

### The Pentagon, Washington, D.C.

At 9:37 a.m., American Airlines Flight 77 crashed into the western side of the Pentagon. All 59 passengers were killed, as were 125 Pentagon personnel. Killed:184.

### Shanksville, Pennsylvania

At 10:03 a.m., United Airlines Flight 93 crashed in a field southeast of Pittsburgh in Somerset County. Killed: 40.

## 'Fighting Tigers' earn record score on weapons proficiency

By MC2 Clay Whaley  
VP-8 Public Affairs

Led by their gunner, CWO3 Chadwick Stephens, the VP-8 "Fighting Tigers" aviation ordnancemen completed their Conventional Weapons Technical Proficiency Inspection (CWTPI), by earning a record 770 out of 800 available points.

See **VP-8**, Page 7



Photo by MC2 Clay Whaley

Aviation ordnancemen at VP-8 load an inert training weapon onto a P-3C Orion on Aug. 28 during the squadron's Conventional Weapons Technical Proficiency Inspection (CWTPI).

## VP-5 hosts Gray Fox Heritage Day

By Lt. j.g. Taylor Brauns  
VP-5 PAO

More than 100 Mad Fox Alumni and their families came to NAS Jacksonville Aug. 23 to participate in VP-5's Gray Fox Heritage Day. The event was an opportunity for former "Mad Foxes" to see the changes the squadron has gone through since its transition from the P-3C Orion to the P-8A Poseidon.

"It is our desire to properly honor our incredible past before we start a new chapter for our great squadron. Whether flying the P-V1 Ventura during World War II or the P-3C Orion offshore Libya during Operation Odyssey Dawn - our heritage is rich and our legacy long-lasting. You honor us today with your presence," stated VP-5 Commanding Officer Cmdr. Matthew Pottenburgh.

The day started with a meet-and-greet and a special re-enlistment at Dewey's All Hands Club. AO2 Bryce Warde reaffirmed his commitment and dedication of faithful service to his country in front of Mad Foxes both young and old.

After the re-enlistment ceremony, Pottenburgh introduced several esteemed guests in attendance - two of whom participated in NASA's Project Mercury in 1961. AT3 Archie LaMontagne, while on board a specially outfitted P-2V Neptune, is credited with locating Astronaut Alan Shepard's space capsule upon re-entry to Earth on May 5, 1961.

Another Mad Fox alumni, AWC Roger Straley, located the re-entry capsule of Astronaut Gus Grissom on



Photos by MC2 Douglas Wojciechowski

Retired ADCM John Rosa (left) presents ADC Rodwell Lloyd with the first "VP-5 ADCM John Rosa Maintenance Chief Petty Officer of the Year Award" on Aug. 23.

July 21, 1961. These two astronauts were the first and second Americans in space.

The importance of LaMontagne and Straley's efforts



Photo by MC2 Amanda Cabasos

NAS Jax Commanding Officer Capt. Roy Undersander addresses a concern from CS2 Ray Johnson of the Flight Line Cafe, during a Captain's Call at the base chapel Sept. 3. Undersander held a series of meetings for NAS Jax Sailors and civilians Sept. 3-9 to listen to professional and personal concerns and issues.

## NAS Jax CO holds all hands calls

By MC2 Amanda Cabasos  
Staff Writer

NAS Jax Commanding Officer Capt. Roy Undersander held a series of all hands calls last week for junior and senior Sailors, officers and civilians to discuss his command philosophy and professional excellence policy and getting feedback from the military and civilian personnel how to best support the fleet, family and fighter.

"Our military and civilian workforce perform vital work in support of our fleet, fighter and family. I wanted to take the opportunity as the new commanding officer to thank them in person for their outstanding work and at the same time share my command philosophy," explained NAS Jax Commanding Officer Capt. Roy Undersander.

During the all hands calls, Undersander stressed the importance of the NAS Jax mission: Be ready, provide effective and efficient shore services to the fleet, fighter and family. We are successful when we make others successful. We will provide support and aid to our shipmates, all tenants, and the community of Jacksonville.

Undersander praised the NAS Jax team for their continued accomplishments including winning the 2012 Presidential Excellence Award and 2013 Commander, Navy Installations Award as best naval station worldwide.

He also discussed communication both up and down using the chain of command, the importance of respecting shipmates and the Navy's core values of Honor, Courage and Commitment.

AME2(AW) Ruby Gill of NAS Jax said, "I believe a captain's call is important because communication often gets lost up and down the ranks. For example, a Sailor might be upset that we didn't get a 72-hour liberty chit, but maybe he doesn't understand the

See **ALL HANDS**, Page 8



VP-5 Commanding Officer Cmdr. Matthew Pottenburgh (center) greets VP-5 alumni retired AWC Roger Straley (left) and retired AT3 Archie LaMontagne during their visit to the squadron on Aug. 23. Straley and LaMontagne are credited with locating the re-entry pods of Astronauts Alan Shepard and Gus Grissom during Project Mercury.

was summed up by Shepard 52 years ago, "... didn't really feel the flight was a success until the recovery had been completed. It's not the fall that hurts; it's the sudden stop!"

See **VP-5**, Page 12

### INSIDE

#### CO'S RULES

Respect Shipmates, Be Smart  
Page 8



#### FIRE TRAINING

Practicing Skills In "The Zone"  
Page 4

#### IA HOMECOMING

8 Months In Afghanistan  
Page 7

Check us out Online!



jaxairnews.com



U.S. Navy photos

The first aircraft assigned to NAS Jacksonville was the J2F-3 Grumman Duck, a single-engine amphibian, that arrived from San Diego at Jacksonville Municipal Airport on Jan. 17, 1940. It was also the first Navy aircraft to land at NAS Jacksonville (March 22, 1940) with station Executive Officer Cmdr. V.F. Grant at the controls. It taxied up the seaplane ramp with little fanfare.



The bright yellow N2S-3 Stearman trainer was a common sight at NAS Jacksonville during its early years. The first Stearmans arrived on Christmas Eve of 1940, directly from the factory in St. Louis. One year later, the station was assigned 208 Stearmans. Hundreds of naval aviators learned to fly in this primary flight trainer. The Stearmans flew from NAS Jacksonville until February 1943, when primary flight training was transferred to NAS Corpus Christi, Texas.

## This Week in Navy History

From Staff

### Sept. 12

1944 - 5th Fleet carrier aircraft begin three-day attack on Japanese shipping and facilities in Visayas, Philippines.

1952 - USS Coral Sea (CVB-43) took Marshall Josip Tito for a one-day cruise in the Adriatic Sea where he observed flight operations.

1961 - Navy task force sails to aid the Galveston area after hurricane Carla hits Texas.

1966 - Launch of Gemini 11, piloted by Cmdr. Charles Conrad Jr. and Lt. Cmdr. Richard Gordon Jr. The mission lasted two days and 23 hours and included 44 orbits at an altitude of 1368.9 km. Recovery was by HS-3 helicopter from USS Guam (LPH-9).

1967 - Operation Coronado V began in Mekong Delta.

1992 - Joint Task Force Hawaii activated to provide humanitarian aid after

Typhoon Iniki struck Hawaiian Islands.

### Sept. 13

1814 - British bombardment of Fort McHenry inspires the Star Spangled Banner.

1847 - Marine Brigade leads U.S. forces that storm Chapultepec Castle near Mexico City, inspiring one line of the Marine Corps Hymn.

1906 - Sailors and Marines from USS Denver land in Havana at the request of the Cuban government to preserve order during a revolution.

1939 - Navy suspends transfers to the Fleet Reserve after 20 years service and retains men on active duty.

1985 - Commander Middle East Force orders escort of Military Sealift Ships in Persian Gulf because of Iranian seizure of merchant vessels.

### Sept. 14

1899 - Gunboat Concord and monitor Monterey capture two insurgent schooners at Aparri, Philippine Islands.

1939 - Atlantic Squadron Neutrality Patrol squadron deploys.

### Sept. 15

1944 - Amphibious invasion of Peleliu, Palau Islands, after several days of intense carrier aircraft land and ship bombardment.

1950 - U.S. forces under Vice Adm. Arthur Struble achieve an amphibious landing at Inchon, Korea.

1967 - Operation Crimson Tide in Mekong Delta.

### Sept. 16

1854 - Cmdr. David Farragut takes possession of Mare Island, the first U.S. Navy Yard on the Pacific.

1917 - Navy Department authorizes establishment of 16 Naval air stations abroad.

1922 - Cmdr. Halsey Powell on board USS Edsall is senior officer directing the evacuation of 250,000 Greek refugees from Turkey after war between Greece and Turkey.

1940 - President Roosevelt signs Selective Training and Service Act, the first peacetime draft.

1958 - Submarine USS Grayback fires first operational launch of Regulus II surface to surface guided missile off California coast; the missile carries first U.S. mail sent by guided missile. 1966 - USS Oriskany helicopters rescue 44 crewmen of British merchant ship August Moon near Hong Kong.

### Sept. 17

1861 - Union landing party from USS Massachusetts takes possession of Ship Island south of New Orleans, La. This was the headquarters for Adm. David Farragut's Gulf Coast Blockading Squadron.

### Sept. 18

1926 - Navy brings relief aid to Miami after a severe hurricane.

1936 - Squadron 40-T, based in the Mediterranean, established to protect U.S. interests and citizens around Iberian peninsula throughout the Spanish Civil War.

1941 - U.S. Navy ships escort east-bound British trans-Atlantic convoy for first time (Convoy HX-150).

# So, about that fear of flying...

By Sarah Smiley  
Special Contributor

## From the Homefront

After nearly 17 years with an all-consuming fear of flying that left me grounded, I got on a plane with my husband and flew to Washington, D.C. (I even flew back without Dustin.)

I thought I was cured. So did Dustin. Nothing unusual had happened during either of the flights in July, besides the fact that I cried like a baby and gripped the arm rests until veins popped out on my hands. But I had taken the first step, and that was the most important thing.

So Dustin and I scheduled another trip to D.C. in August. I would be flying with my husband both ways this time, and it seemed I had little to fear anymore. I still cried on the flight down, and, like last time, I worried about the flight home the whole week.

When I woke up the morning of our return flight, my heart was pounding in my chest. I ate breakfast with the familiar hum of anxiety in the back of my mind. I felt sick to my stomach.

The airport was busy because it was Labor Day weekend. I mentally sank into myself, the way I always do when I'm nervous or afraid. Dustin made hopeful small talk that I was too consumed to hear, and he reminded me how in less than two hours, our boys would be waiting for us.

He never thought I'd back out.

We got on the tram that would take us to the CRJ-200 waiting on the tarmac. Two children, who were traveling alone, were crying in the backseat. This got my heart rate going again. I thought about my own children crying, and my mind went to very dark places.

Still, I thought I'd fly.

Once I was buckled in my seat on the airplane, I lowered my forehead to my knees, and Dustin rubbed my back. The flight attendant noticed us and came over to make sure everything was okay. The two children were still sniffing and crying behind us.

"My wife is afraid of flying," Dustin said. "But she'll be fine."

"Would you like to meet the pilots?" the flight attendant asked. "Sometimes that helps."

I unbuckled and followed the flight attendant to the front of the small airplane. I really wanted this to help. But when the pilots turned around, they looked like they were 20. I didn't see any grey hairs

or tough skin from years of shaving. My throat went instantly dry.

"It's going to be a great flight," the captain said with a boyish grin. "There's some bad weather ahead, so it will probably be bumpy, but —"

I turned around, pushed Dustin aside, and ran down the steps to the tarmac. I didn't care that my purse and computer were still inside the aircraft.

Nearby, airplanes were starting their engines. It was loud and windy on the ground. Dustin came down the steps, and I could see that he was frustrated — maybe even panicked. For the first time, both of us realized that I might not do it.

"Get on the plane," Dustin yelled over the noise of the engines.

"I can't."

"Just get on the plane and we'll be home in two hours."

I was hysterical now, and other people on the plane were beginning to peer out their windows. If there were any other anxious fliers that day, I'm sure they were tempted to run, too.

One of the pilots came out and asked if he could help. He wanted to explain the principles of flight to us.

"I'm a pilot," Dustin said exasperated. "And so is her dad."

The pilot looked confused. I wanted to say, "Get about 20 more years experience and take back what you said about rough weather."

When the pilot left us again, Dustin said, "We're getting older, Sarah. Everyone is going to look younger to us — our doctors, dentists, the children's teachers."

But it didn't matter what he said. I couldn't get back on the plane.

Dustin retrieved our bags and without saying another word (for about an hour), rented us a car and began driving me home. Our plane landed safely in Bangor before we had even gotten outside of DC traffic.

Anxiety: It's a rotten thing to deal with and it never really goes away. It's hard to explain to anyone who hasn't experienced it. I know that my fear is irrational and inconvenient. And this week, on the anniversary of 9/11, I also know what I eventually have to do: get back on a plane and reclaim my independence.



Photo by Miriam S. Gallet

## Sen. Nelson visits

NAS Jax Commanding Officer Capt. Roy Undersander (right) greets Sen. Bill Nelson (D-FL) at the Navy-Marine Corps Relief Society office Sept. 6.

**September 2013**

NAS JAX Base Chapel: 904-542-3051/3052  
Duty Chaplain: 904-614-7885

<p><b>Chapel Services &amp; Times</b></p> <p>Catholic Mass: Monday-Thursday @ 0935; Sunday @ 0945 EUC: Sunday @ 1145 RCIA: Sunday @ 1035 Protestant Service: Sunday @ 0945 &amp; 1100 Protestant Sunday School: Sunday @ 0945 Worship Bible Study: Tuesday @ 0900 (Bldg. 749, Classroom 4) Bible Study: Wednesday @ 1500</p> <p><b>Special Services &amp; Events</b></p> <p>Prayer Network: Thursday, September 19 @ 1130 (Khalid &amp; William Fellowship)</p>	<p><b>Religious Observances September 2013</b></p> <p>4 Erev Rosh Hashanah* (Jewish) 5 Rosh Hashanah* (Jewish) 6 Rosh Hashanah* (Jewish) 9 Ganesh Chaturthi (Hindu) 13 Kol Nidre (Eve of Day of Atonement) (Jewish) 14 Yom Kippur (Jewish) 19 Sukkot* (begins) (Jewish) 22 Mabon (Pagan) 25 Sukkot* (ends) (Jewish) 27 Simchat Torah (Jewish)</p>
<p><b>Chaplain's Religious Enrichment Development Operation (CREDO):</b></p> <p>Provide a program of retreats enabling military members and their families throughout Navy Region Southeast to develop personal and spiritual resources in order to be more successful. Retreats are open to all Active Duty military, Reservists and their families at no cost to themselves or their commands. For more information, please contact the CREDO office at 904-542-3923.</p>	
<p><b>Feed Feed Family Drives:</b></p> <p>Thank you for your contributions! We collected 31,230 lbs of food.</p>	
<p><b>NAS Jax Food Locker:</b></p> <p>Is available to military families and their dependents. For more information, please contact the JaxChapel.</p>	
<p>Suggestions? Please contact the base chapel.</p>	

For more information on religious observances not listed, please contact the base chapel at 904-542-3051/3052.

\*A duty chaplain is available after hours and can be reached at 904-614-7885.

## JaxAir News

**Commanding Officer**  
Capt. Roy Undersander

**Executive Officer**  
Capt. Howard Wanamaker

**Command Master Chief**  
CMDMCM(AW/SW)  
Brad Shepherd

**Public Affairs Officer**  
Miriam S. Gallet

**Public Affairs Specialist**  
Kaylee LaRocque

**Editor**  
Clark Pierce

**Staff Writer**  
MC2 Amanda Cabasos

**Design/Layout**  
George Atchley

The **Jax Air News** is an authorized publication for members of the Military Services. Contents of the **Jax Air News** do not necessarily reflect the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Navy. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, or The Florida Times-Union, of the products and services advertised. Everything advertised in the publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. If a violation or refraction of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected.

The deadline for all story and photo submissions is close of business the Friday before publication, and can be sent to [jaxairnews@comcast.net](mailto:jaxairnews@comcast.net).

The deadline for classified submissions is noon Monday. Questions or comments can be directed to the editor. The **Jax Air News** can be

reached at (904) 542-3531, fax (904) 542-1534, e-mail [JaxAirNews@comcast.net](mailto:JaxAirNews@comcast.net) or write the **Jax Air News**, Box 2, NAS Jacksonville, Fla., 32212-5000.

The **Jax Air News** is published by The Florida Times-Union, a private firm in no way connected with the U. S. Navy under exclusive written agreement with the U. S. Naval Air Station, Jacksonville, Florida. It is published every Thursday by The Florida Times-Union, whose offices are at 1 Riverside Ave., Jacksonville, FL 32202. Estimated readership over 32,000. Distribution by The Florida Times-Union.

Advertisements are solicited by the publisher and inquiries regarding advertisements should be directed to:

**JaxAir News**

Ellen S. Rykert, Publisher  
1 Riverside Avenue • Jacksonville, FL 32202  
904-359-4168

Advertising Sales • 904-359-4336

# Buck promotes Navy SAPR effort

From Defense Media Activity - Navy

Rear Adm. Sean Buck, head of the Navy's 21st Century Sailor office and the Navy's Sexual Assault Prevention and Response (SAPR) officer, answered questions from *All Hands Magazine* about his new assignment – including the Navy SAPR efforts.

The 21st Century Sailor initiative pulls together objectives and policies to ensure that every Sailor's total fitness needs – including physical, mental, social and spiritual – are met so that they can successfully meet the challenges that they face during their military careers.

"The purpose of the office is to better integrate, better synchronize and tighten up all of our programs that we had over the years that work toward affecting the resiliency of a Sailor," Buck said. "It's a broad portfolio."

The 21st Century Sailor office ensures that Sailors have the tools to meet the CNO's three tenets — *Warfighting First, Operate Forward, and Be Ready*. They are responsible for:

- Integration of Navy's objectives for equal opportunity;
- Sailor personal and family readiness;
- Physical readiness;
- Substance abuse prevention;
- Suicide prevention;
- Sexual harassment;
- Sexual assault prevention and response (SAPR);
- Hazing prevention;
- Transition assistance.

The Navy's 21st Century Sailor office is also in charge of the Navy's Sexual Assault Prevention and Response program. Buck talked about how sexual assault awareness is every Sailor's and civilian's problem, and training is a way to raise awareness and ensure that Sailors have the tools to eliminate the problem.

"Be sure that you are a participant in creating a command climate that encourages dignity, respect, professionalism and has no tolerance for sexist behavior, sexual harassment or sexual assault. Sailors should be completely intolerant of those things no matter what command you serve," Buck said.



Photo by Cpl. Christofer Baines  
Rear Adm. Sean Buck, director of the 21st Century Sailor office, responds to questions during a sexual assault prevention panel on July 30 at the United States Navy Memorial. The panel was part of the Year of Military Women.

## Clay County Veterans Services Office has relocated

From the Clay County Veterans Service Office

Part of Clay County's heritage is the county's strong ties to the military dating back to the early 1800s. Today, there are over 24,000 veterans who call Clay County home.

These veterans represent service to our nation from World War II through the current conflicts as well as decades of service during peacetime.

The Clay County Veterans Service Office is staffed with a full time veterans service officer and a part time veterans program assistant; both available and eager to assist veterans and/or

family members with filing claims and/or other related needs. The office is now located on the second floor of the Clay County Administration Building at 477 Houston Street, Green Cove Springs, Fla.

The office is open from 8 a.m. to 4:30 p.m. Monday through Friday. The former Veterans Service Office at 1565 CR 315 has been closed.

To make an appointment, call (904) 269-6326.

**JOIN TODAY!**

**DUCKS UNLIMITED**  
Continental Conservation:  
You Make it Happen

ducks.org 800-45-DUCKS  
A CFC participant - provided as a public service

**St. Mark's**  
EPISCOPAL DAY SCHOOL

We Love Our Navy Families!

StMarksDaySchool.org  
(904) 388-2632

**Now Enrolling**  
Age One - 6<sup>th</sup> Grade

**YOU CAN TAKE THE HERO OUT OF THE MOMENT ...**

**FLORIDA NATIONAL GUARD**  
NATIONALGUARD.com

But you can't take the moment out of the hero. You served with honor. Now you can do it again, part-time. Learn more about opportunities for prior service personnel in the National Guard.

EDUCATION BENEFITS • SKILLS TRAINING • PART-TIME SERVICE

**I-800-GO-GUARD**

Programs and Benefits Subject to Change

**THIS COULD BE YOUR LOWEST RATE YET. JOIN TODAY AND SAVE!**

Get a Navy Federal credit card and enjoy a 0% fixed intro APR on balance transfers<sup>1</sup> for 12 months with no balance transfer fee. After that, a variable rate between 7.99% APR and 18% APR<sup>2</sup> will apply.



**NAVY FEDERAL**  
Credit Union

ARMY  
MARINE CORPS  
NAVY  
AIR FORCE  
COAST GUARD  
DoD

**ACT NOW! LIMITED-TIME OFFER!**  
navyfederal.org 1.888.842.6328



Federally insured by NCUA. <sup>1</sup>Credit card purchases will accrue interest unless the balance is paid in full by the next due date. To avoid paying interest on purchases, you must pay your entire balance by the next due date, including balances transferred under this promotion. Offer valid for balances transferred from other card-issuer accounts requested at the time of application. No rewards points on balance transfers. Maximum total transfer amount is limited to your approved credit line and cannot exceed \$30,000. Balance transfers using convenience checks are excluded from this offer. Excludes Navy Federal Business credit cards. Navy Federal reserves the right to refuse duplicate account transfers. Offer may expire at any time. <sup>2</sup>Rates based on creditworthiness. A \$49 annual fee applies to the Visa Signature® Flagship Rewards Card. ATM cash advance fees: None if performed at a Navy Federal branch or ATM. Otherwise, \$0.50 per domestic transaction or \$1.00 per overseas transaction. Foreign transaction fees: 0.80% of transaction amount if in U.S. dollars, 1% of transaction amount if must convert to U.S. dollars. Foreign transaction fees do not apply to Visa Signature Flagship Rewards and GOREWARDS®. © 2013 Navy Federal NCUA 12681 (8-13)



# FIREFIGHTERS TRAIN IN THE ZONE PRIOR TO DEMOLITION

The MWR entertainment facility known as "The Zone" will soon be demolished to make space for new training facilities. Dewey's All Hands Club has replaced The Zone.

By Clark Pierce  
Editor

Personnel from Jacksonville Navy Metro Fire & Emergency Services are using The Zone to provide real-world fire and rescue training Sept. 5-14 before the former Building 798 (MWR Brew House and Bingo Hall) located at Saratoga Ave. and Jason St. - is demolished.

Training Chief David Rickel explained that the first exercise involved cutting ventilation holes in the roof to prevent back-draft conditions. "After the safety brief, teams will climb onto the roof and use special gasoline-powered rotary rescue saws to cut holes that release combustible gases from inside the burning structure. Ideally, achieving vertical ventilation in a one-story structure like The Zone could take from 15 to 20 minutes. Above all, crew safety is our number one concern here."

Rickel added that a variety of firefighter-down and victim rescues will also be conducted over the nine-day training period. To add more realism in certain scenarios, a smoke generator may be employed.

"Today, a two-person crew from Orange Park Fire Department will join NAS Jax firefighters in the training exercises," said Rickel.

Lt. Mike Wallace of Orange Park Fire Department said it isn't often that they can use a vacant building such as The Zone for skills training.

"Classroom training is good - but doing live scenarios in a large structure like The Zone is high-value training. It's a great way to put our skills and equipment into hands-on training," said Wallace

Assistant Fire Chief Jamie Sherer noted that The Zone fire suppression water system (sprinkler system) is still functional and adds realism to firefighting teams entering the building.

"When a fire's temperature reaches about 165 degrees, a water bulb in the sprinkler line explodes - automatically sending an alarm to the regional dispatch center, as well as turning on the sprinklers that help knock down the fire until firefighters arrive and get lines



**Firefighter Justin Dean puts on his bunker gear prior to climbing onto the roof of The Zone Sept. 6 to participate in the vertical ventilation drill. Bunker gear refers to the outer protective clothing and personal protective equipment worn by firefighters.**

into the building. Overall, we're going to get a lot of high-quality training from this building."

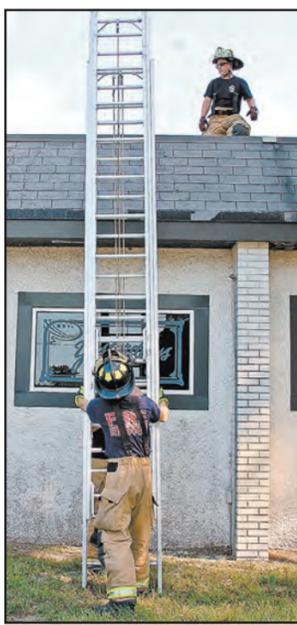
Assistant Fire Chief James Gray agreed, "It's rare anymore that we get a building on base that's slated for demolition - so we've got a lot of training scheduled for the next week. Because of manpower and budgetary issues, we also invited some of our partners outside the gate - in this case, the Orange Park and Clay County fire departments - to join us and take advantage of this opportunity for improving our interoperability."

Vertical ventilation is designed to take super-heated toxic smoke and gases out of a building so firefighters can more safely do their jobs as they search for victims.

Gray explained that the station's ladder company carries all the tools required for creating vertical ventilation, while an engine company fights the fire at ground level.



Firefighters disengage a ladder from a fire engine Sept. 6 at the site of the former MWR "The Zone" building.



Firefighters position a heavy duty aluminum ladder so crews can gain access to the roof.



Paramedic Nathan Hutchinson has attached a rotary rescue saw to the line that will take it up to crew members on roof.



Firefighter Russell Russ (right) carries two rotary rescue saws to a staging area where they will be tied to lines and hoisted to the roof for use in "vertical ventilation" training.



(Left) Assistant Fire Chief Jamie Sherer gathers crew in the shade to go over their final safety brief before climbing onto the roof for a vertical ventilation exercise.



Firefighter Justin Dean of the Orange Park Fire Department gets into his gear before taking his turn at the vertical ventilation drill.



(From Left) Lt. Robert Schooley and Capt. Fred Chalmers of NAS Jax Fire Department are ready to power up the rotary rescue saw and cut a ventilation hole in the roof of Building 798.



A rotary rescue saw begins cutting through roof materials during vertical ventilation training.



Depending on the design, some roofs have multiple layers of materials that must be cut to expose the building's interior.



A pair of firefighters prepares to cut a third ventilation hole in the roof of Building 798, that is scheduled for demolition.



After cutting through the roof, firefighters must open holes in the interior ceiling.



The rotary rescue saw did its job – now its time for firefighters to punch through the ceiling and establish the air flow from inside.

## PHOTOS BY CLARK PIERCE



This truck, deployed as the station's ladder company, carries all the tools and equipment required for creating vertical ventilation holes in the roof of a burning building.

Capt. Gregory Smith, commanding officer of Navy Region Southeast Reserve Component Command, shakes hands with Capt. Kimberly Miller, commanding officer of Navy Operational Support Center Jacksonville, after she relieved Capt. Jerome Hamel at a change of command ceremony on Sept. 6 aboard NAS Jacksonville.



Photos by MC2 Daniel Meshel

## NOSC Jax welcomes new commander

By Lt. Cmdr. Joshua Kingston  
NOSC Jacksonville Public Affairs

The 66 Naval Reserve units and roughly 2,000 Naval Reservists of Navy Operational Support Center (NOSC) Jacksonville welcomed a new commander on Sept. 6 during the change of command ceremony.

Capt. Jerome Hamel turned over command to Capt. Kimberly Miller during a ceremony aboard Naval Air Station Jacksonville. Hamel had one of the shortest command tours, serving just over 70 days after he volunteered for the short tour to fill a gapped billet after the previous commanding officer's retirement.

"It was a privilege to serve at NOSC Jacksonville," said Hamel. "The drive and desire displayed by our Selected Reservists is inspiring to us all."

Hamel's relief arrives at NOSC Jacksonville after completing a tour as operational support officer for Commander, U.S. Naval Forces South/Commander 4th Fleet.

"Helping Sailors is what's exciting about this



Photo by MC2 Daniel Meshel

**NOSC Commanding Officer Capt. Kimberly Miller is pinned with the command ashore insignia by her father, Glen Miller and Lt. Cmdr. Tenisha Finley after the change of command ceremony Sept. 6.**

job," said Miller. "They mobilize to defend our freedom and meet the operational requirements of the Navy, and we are able to support and assist them and their families."

A native of Cincinnati, Ohio, Miller received her commission in December 1992 from the Naval Reserve Officer Training Corps (NROTC) program at the Ohio State University. She earned her Juris Doctor from University of Cincinnati and a Master's degree in National Security and Strategic Studies from the U.S. Naval War College.

She served her initial

sea tour on board USS Truett (FFT 1095), with follow on tours to USS Paul F. Foster (DD 964) and USS Ramage (DDG 61). Her shore tours include Afloat Training Group Pacific in San Diego, as a cruise missile instructor, Officer in Charge of Naval Reserve Mobile Inshore Communications Facility and Commanding Officer of Afloat Training Group Pacific Northwest.

Hamel is transferring to Commander, Navy Region Southeast Reserve Component Command, which is co-located with NOSC Jacksonville.

## The Hilltop RESTAURANT



*The Hilltop Restaurant Staff are experienced in Dining Ins, Dining Outs and Change of Command Ceremonies*

**H**ur restaurant is a beautiful Victorian-style mansion, nestled among towering oak trees, offering an unforgettable experience.

You will enjoy a resplendent ambiance of antique furniture and style, blending Old English elegance and Southern influences in complete harmony within our banquet rooms and halls.

We cater to large and small parties, wedding receptions, and offer seven beautiful banquet rooms to choose from. We can accommodate up to 600 guests. A small wedding is just as important to the bride as a large one. So, we emphasize to our staff that this is the most important day in most brides' lives.

Formal Dining Room and Casual Patio Room  
Mahogany paneled full bar with grand piano.

*Our facility features various size rooms to accommodate any occasion, large or small.*

*Reservations Only*

2030 WELLS ROAD, ORANGE PARK  
272-5959 • [www.hilltop-club.com](http://www.hilltop-club.com)

The Hilltop Staff would like to salute all Military personnel

1447474

# THE SUPPORT YOU WANT.

# THE ANSWERS YOU NEED.

# IN PERSON.



You'll find University of Maryland University College (UMUC) worldwide, on-site and online. But you'll find our representatives right here in the Jacksonville NAS area. We provide academic advising and degree mapping. We can even walk you through the application and registration process—and provide guidance on how you can maximize your education benefits and earn credits for military experience. So if you're ready to move forward, you won't have to go very far.

 **UMUC**  
University of Maryland University College

**AT YOUR SERVICE SINCE 1947**

★ University of Maryland University College ★  
is the nation's largest public university.

Learn more  
904-477-0433  
[military.umuc.edu/jonsitesupport](http://military.umuc.edu/jonsitesupport)

# FACSFAC Jax Sailor completes successful IA tour

By ET1(SW Patrick Horgan)  
FACSFAC Jax Public Affairs

In March 2012, OS2(SW/IDW) Danielle Ward volunteered to fill a forward deployed Individual Augmentee (IA) billet for eight months in Afghanistan. Ward, a native of San Diego, is currently assigned to Fleet Area Control and Surveillance Facility Jacksonville.

Ward left Jacksonville in May 2012 and traveled to Camp Atterbury Joint Maneuver Training Center in Edinburgh, Ind., a training base for the Indiana National Guard.

She was taught "how to be a Soldier," and, in September, she was fully qualified and ready to deploy. In October 2012, Ward was assigned to Regional Command South (RC-South), a Tactical Operations Center in Uruzgan, Afghanistan.

The RC-South Team supports the government of the Islamic Republic of Afghanistan and Afghan National Security Forces. They conduct security operations and strengthen good governance to defeat the insurgency, retain and expand security in key terrain, ensure transition progress, and improve conditions for economic growth.

The areas of responsibility include the provinces of Kandahar, Uruzgan, Zabul and Daykundi. The contributing NATO Nations are Albania, Bulgaria, Canada, France, Romania, Slovakia, U.K., U.S., and contributing Non-NATO Nations are Australia, Jordan, and Singapore. After reporting, Ward was assigned to the Provincial Reconstruction Team

(PRT). This team is comprised of a military component (civil affairs/force protection, etc.), civilian police advisors, and civilian representatives of United States and other national government foreign affairs agencies.

The PRTs are the primary civil-military relations tool in Afghanistan and Iraq and are described as a means to extend the reach and enhance the legitimacy of the central government into the provinces of Afghanistan. Ward was the only operations specialist for the PRT.

Her responsibilities included conducting communications equipment operability checks prior to missions and, during daily missions, monitoring chat, the high frequency radios, and the unit's Blue Force Tracker (BFT) system.

The BFT system is a GPS-enabled system that provides military commanders and forces with location information about friendly (and despite its name, also hostile) military forces.

Aside from operational management, she stepped outside of her job requirements and participated in intelligence gathering operations outside of the base and in surrounding villages.

Her role within the Intel team was to gather and log information from the local community about the PRT construction projects and the impact it had on the village.

"This was an eye-opening life experience that tested my limits, physically and mentally. At times it was difficult, being away from family and friends during the holidays, but I feel that I have grown as a person," said Ward.

"It was a strange transition from the



Photo courtesy of OS2(SW/IDW) Danielle Ward

Cmdr. Ronald Piret, former commanding officer, Provincial Reconstruction Team Uruzgan (left), presents the Navy and Marine Corps Achievement Medal to OS2(SW/IDW) Danielle Ward of Fleet Area Control and Surveillance Facility Jax for outstanding service.

beginning of my IA until the day I left," she continued. "When I first got there, it was very nerve-wracking. Alarms and sirens would sound at random times. By the time I left, it was second nature."

Ward added, "There were two instances that were more stressful than 'normal'. The first was a threat of IEDs being planted around the base. We had to wear our full protective body gear at all times when outside of our connex box."

"It was extremely hot and the threat that something could blow up as you're walking to the mess hall made for a very stressful time. The second involved an IED blowing up at one of our construction sites," she said. "The blast knocked out all communications with our unit, and we did not know the status of our teams. In the end, I lost three soldiers, I attended training with."

Ward also recalled some positive memories of her IA tour.

"Even though there were some stressful times and some sad times, there were plenty of good times. I took charge of the MWR program

for the base. I knew that most of the Soldiers there were deploying for the first time and I wanted to make the holidays special for them," she said.

"During Halloween, I coordinated a costume contest. On Thanksgiving, I made sure we had a full-blown dinner with all of the trimmings. To celebrate Christmas, I had all the Soldiers ask family members to send them decorations. We had lights everywhere, and it was a very festive environment. And the secret Santa was a lot of fun too!"

During her eight months in Afghanistan, Ward made a positive impact on the Afghan people and the Soldiers of the RC-South. She was awarded the Navy and Marine Corps Achievement Medal and the Army Commendation Medal.

Her words sum it up best, "I have made friends and have experienced moments that change your perspective on life all together. I know that my work over there helped a lot of people in a lot of different ways and I would absolutely do it again!"

## VP-8

From Page 1

CWTPI is conducted by Maritime Patrol and Reconnaissance Weapons School (MPRWS) instructors prior to a squadron's deployment. In this case, VP-8 was tested on preoperational tasks, weapon control and weapon loading procedures.

"We are here to ensure that everyone operates the same, fleet-wide," said AOC Jason Worek, MPRWS ordnance leading chief petty officer. "When it

comes time for deployment, the standard will be set for all to adhere to."

The inspection concluded with a successful tactical employment exercise conducted by VP-8 Combat Aircrew Eight (CAC-8).

Beginning more than a month prior to inspection, CAC-8 obtained the necessary tactical publications, coordinated with the aviation ordnancemen, and conducted a dry-run event. On Aug. 29,

they employed four MK-62 Quick-strike mines and 26 flares on the Lake George firing range in northeast Florida.

The impressive score gained praise from the highest levels of the patrol and reconnaissance community. Commander, Patrol and Reconnaissance Wing 11 Capt. Eric Weise reflected, "I haven't heard a more

positive result from CWTPI during my tour here."

On behalf of the MPRWS, Worek added, "From the beginning of the CWTPI to the very end, VP-8 did excellent. They are the best patrol squadron we've inspected in the last year and a half."

**LITTLE SNACK. BIG TASTE.**

**Fly into Zaxby's® for a FREE NIBBLER**

Monday-Friday

Valid at this location only:

6351 Roosevelt Blvd., Next to NAS JAX

**ZAXBY'S**

Offer expires 09/18/13. Must present coupon to receive offer. Not valid with any other offers. No cash value. No substitutions. © 2008 Zaxby's Franchising, Inc. "Zaxby's" is a registered trademark of Zaxby's Franchising, Inc. Limit one offer per guest per visit.

**A&B Insurance, Inc.**

Military Discounts are available for your Home, Boat and Automobile.

**Call Today and SAVE!**

2153 Blanding Blvd. • Jacksonville, FL 32210  
(904) 388-6446 • [www.aandbinsurance.com](http://www.aandbinsurance.com)

**Heat up your week!**

**ONE FREE TACO**

With any purchase. Must present valid ID.

VALID AT:  
5907 Roosevelt Blvd. - (904) 908-4343  
(1/2 mile north of NAS Jax)

Coupon is required. Cannot be combined with any other offer. One coupon per person, per visit. Expires: September 30, 2013

MILITARY DISCOUNT

★ ★ ★ ★ ★ ★ ★

20% OFF

your entire order!

\*valid with military ID

Roosevelt Marketplace  
4261-5 Roosevelt Blvd.  
Jacksonville, FL 32205  
**904-387-0007**

\*Offer valid at above location only. One coupon per person per visit. Not to be combined with other offers. No cash value. Offer redeemable in person only. For franchise information call 800-321-7676.

STANDARD PACIFIC HOMES

NORTH CREEK

Up to \$5,000 toward closing costs

Special offer for military personnel

HONORING OUR MILITARY

A special offer for U.S. military personnel.

Military personnel help protect the American Dream with their courage and dedication to our country. Standard Pacific Homes is proud to honor these efforts with a valuable offer that makes owning a beautiful new home more affordable. All active and veteran military that close on one of our North Creek homes by December 27, 2013 pursuant to a contract signed on or after August 29, 2013 will receive up to \$5,000 toward closing costs at closing when they use Standard Pacific Mortgage as their lender.

Homes from the \$170s • NO CDD Fee • 1,761 – 3,658 sq ft  
3-5 Bedrooms, 2-3.5 baths • Preserve Home Sites

Contact Jennifer at **904-624-4368** or [jhendry@stanpac.com](mailto:jhendry@stanpac.com)  
517 Amber Creek Dr, Jacksonville, FL 32218

Standard Pacific Homes - SINCE 1965 - [standardpacifichomes.com](http://standardpacifichomes.com)

Receipt of up to \$5,000 towards closing costs is contingent upon buyer closing a loan with our affiliated lender, Standard Pacific Mortgage, and is subject to limits. Only one credit of up to \$5,000 per home regardless of the number of military buyers. The offer to pay closing costs does not include payment of prepaid taxes, property or mortgage insurance, or mortgage installments. Pre-payments of HOA assessments are typically subject to lender limits. Prices, plans, and terms are effective on the date of publication and subject to change without notice. Cannot be used in conjunction with any other offer. Square footage is only an estimate and actual square footage will differ. Buyer should rely on his or her own evaluation of useable area. Depictions of homes or other features are artist conceptions. Hardscape, landscape, and other items shown may be decorator suggestions that are not included in the purchase price and availability may vary. This ad contains general information about a new home community in Florida and it is not an offer or the solicitation of an offer for the purchase of a new home. This information is not directed to residents of any other state that requires registration or permit issuance prior to the publication of such information. Standard Pacific Mortgage, Inc. NMLS #89607 Florida Office of Financial Regulation, Mortgage Lender Servicer License Number: MLD980, MLD82046, MLD82047, MLD82048. Persons in photos do not reflect racial preference and housing is open to all without regard to race, color, religion, sex, handicap, familial status or national origin.

# NAS Jax CO's command philosophy

## Sailor's Creed

*I am a United States Sailor.*

• I am a United States Sailor (officer and enlisted) or civilian, at NAS Jacksonville (NAS Jax). NAS Jax personnel and their families make up the NAS Jax family.

*I will support and defend the Constitution of the United States of America,*

• NAS Jax's mission: Be ready, provide effective and efficient shore services to the fleet, fighter, and family. We are successful when we make others successful. We will provide support and aid to our shipmates, all tenants, and the community of Jacksonville.



**Capt. Roy Undersander**

*And I will obey the orders of those appointed over me.*

• Orders include instructions and NAVADMINS, as well as verbal.

• **Respect shipmates.** Every person has a critical role to fulfill in the command. Respect earns trust, and trust is the glue that makes teams stronger. Without teamwork, we will fail our family and fail in our task.

• **Be sharp.** Discipline in the job is an extension of personal discipline. Set, maintain, and enforce high standards. Be proud of your appearance, your uniform, and your workplace.

*I represent the fighting spirit of the Navy, and those who have gone before me to defend freedom and democracy around the world.*

• From the Battles of the Coral Sea and Midway to the Balkans and the Persian Gulf, U.S. naval air power has left its mark on the pages of history.

• **Do it right!** Do not bring shame upon yourself, this command, nor the memory of those who have gone before us. When mistakes are made, admit it quickly and learn from it. Then move on.

*I proudly serve my country's Navy combat team with Honor, Courage, and Commitment.*

• **Stay positive.** We will work hard and play hard, but not every day is going to be fun. A positive attitude, enthusiasm and good humor will get us through the rough times in good order.

• **Communicate!** Good communication is essential in all that we do. First, communicate early and often up and down the chain. The commanding officer's door is always open if issues cannot be quickly resolved.

• **Manage risk smartly.** Naval aviation is a risky business, but the mission comes first. Accept only the lowest level of prudent risk. Our shipmates are too important to do otherwise.

*I am committed to excellence and the fair treatment of all.*

• **Goals.** Personal goals are important. Every person at NAS Jax will be challenged and encouraged to develop as a person and professionally as quickly as possible.

• **Choices.** Every person has the right to make choices, choices have consequences. People will be held responsible for their choices, so make the right ones.

• **Time for family.** Take time to develop the relationship with your immediate family and your extended NAS Jax family. Both are important to have a successful career.

## By Karen Parrish

*American Forces Press Service*

The annual Combined

Federal Campaign (CFC)

adds a new feature for

donors this year: an online

pledge form option avail-

able through the Defense

Finance and Accounting

Service (DFAS) "MyPay"

website, that most service

members and civilians

already use to view their

leave and earnings state-

ments.

Anthony DeCristofaro

is assistant director of the

# ALL HANDS

From Page 1

entire mission. A captain's call clarifies misunderstandings amongst junior Sailors and civilians and allows them to address concerns to the commanding officer," she added.

In addition to operational issues, Undersander engaged the troops on quality of life issues affecting them and their families and the need to keep families informed and to realize the impor-

tant role they play as part of the NAS Jax team.

"I believe the all hands officer call is a great thing. As a newly reporting officer to NAS Jax, it gave me the opportunity to understand the true intent of the CO's policies and I could infer by his voice inflection and tone what he truly cares about," said NAS Jax Security Officer Lt. Ryan Platt.

# FFSC offers life skills workshops

## From FFSC

Your NAS Jacksonville Fleet and Family Support Center (FFSC) Life Skills Education and Support Program is the foremost preventive measure for growth in personal and family issues.

All FFSC workshops and classes are free to service members and their families. Pre-registration is required at 542-5745. If special accommodations or handicapped access is required, please notify FFSC upon registration.

The following is the schedule for 2013:

- Ombudsman Basic Training - Nov. 12-15 (5:30-10 p.m.)
- Transition Assistance Program (TAP) Separation Workshop (7:30 a.m.-4:15 p.m.) - Sept. 16-20, Oct. 7-11, Oct. 21-25, Nov. 4-8, Dec. 2-6.
- Transition Assistance Program (TAP) Retirement Workshop (7:30 a.m.-4:15 p.m.) - Sept. 23-27, Oct. 28-Nov. 1, Nov. 18-22, Dec. 16-20.
- Federal Employment Workshop (9 a.m.-noon) - Oct. 17, Nov. 27, Dec. 11. (Noon-3 p.m.) - July 2.
- Job Search & Interview Techniques Workshop (8-9:30 a.m.) - Nov. 25.
- Resumes & Cover Letters Workshop (9:40 a.m.-noon) - Nov. 25.
- Million Dollar Sailor Workshop (7:30 a.m.-4 p.m.) - Nov. 13-14.
- Command Financial Specialist Training - (7:30 a.m.-4 p.m.) - Sept. 30-Oct. 4, Dec. 9-13.
- Money, Debt and Credit Management Workshop (8-11 a.m.) - Oct. 15.
- Strategies for Best Deals in Car Buying

(9-10:30 a.m.) - Nov. 26.

- PCS Sponsor Training (1:30-3 p.m.) - Oct. 10, Dec. 12.
- PCS Smooth Move Workshop (1:30-4 p.m.) - Sept. 12, Nov. 14.
- Military Spouse 101 Workshop - Sept. 14 (1-2:30 p.m.) Nov. 21 (5-6:30 p.m.)
- What About the Kids (9-11 a.m.) - Oct. 7, Nov. 4, Dec. 9.
- Stress Management 101 Workshop (9-10:30 a.m.) - Oct. 8, Nov. 5, Dec. 10.
- Extended Stress Management Workshop (8 a.m.-noon) - Oct. 15 & 29.
- Anger Management Workshop (8 a.m.-noon) - Sept. 24, Oct. 22, Nov. 26, Dec. 17.
- Personal Anger Control Group - Oct. 8 - Nov. 12 (2-4 p.m.)
- Individual Communication (11 a.m.-1 p.m.) - Nov. 19.
- Parenting with Love & Logic (1-3 p.m.) - Sept. 17, 24; Nov. 5, 12, 19, 26.
- Active Parenting of Teens (1-4 p.m.) - Oct. 2, 9, 16, 23.
- Power 2 Change, Women's Support Group (9:30-11 a.m.) - Every Wednesday
- Expectant Families (9 a.m.-3 p.m.) - Sept. 16, Dec. 3.
- Tiny Tots Play Group (10 a.m.-noon) - Sept. 17; Oct. 1, 15, 29; Nov. 12, 16; Dec. 10, 17.
- Exceptional Family Member Program (EFMP) Orientation (1:30 p.m.-3 p.m.) - Nov. 7.
- EFMP Command POC Training (1:30 p.m.-3 p.m.) - Oct. 3, Dec. 5.

To register for any of the above workshops call 542-5745.

# Combined Federal Campaign adds online option for donors at 'MyPay'

## By Karen Parrish

*American Forces Press Service*

The annual Combined

Federal Campaign (CFC)

adds a new feature for

donors this year: an online

pledge form option avail-

able through the Defense

Finance and Accounting

Service (DFAS) "MyPay"

website, that most service

members and civilians

already use to view their

leave and earnings state-

ments.

Anthony DeCristofaro

is assistant director of the

DoD Voluntary Campaign

Management Office, which

is within the Washington

Headquarters Services'

human resources director-

ate. He told American Forces

Press Service during a Sept.

6 telephone interview that

the online pledge option

offers several advantages

over paper pledge forms:

- It's available all the time, from any computer;
- It's more confidential

See **CFC**, Page 15



## Military Families and Veterans: Get career-specific college training for in-demand jobs.

For three decades, Virginia College has helped thousands of graduates become successful in their careers—in medical, business, culinary arts and other fields.

Small class sizes and experienced, caring instructors help create an individualized approach to your education. Then, our Career Services team helps you with your job search upon graduation and throughout your career.

Plus, our Military Student Center assists you to get the most from your educational benefits.

Diploma or Associate's Degree programs in:

- Business Administration
- Medical Office Management
- Cosmetology
- Office Administration
- Healthcare Reimbursement
- Pharmacy Technician
- Medical Assistant
- Surgical Technology
- Medical Billing and Coding

"Military Friendly", *G.I. Jobs Magazine* | "Best for Vets", *Military Times Magazine*



904-520-7400 | VC.edu

For important program specific consumer information about students and graduates, visit [www.vc.edu/consumerinfo](http://www.vc.edu/consumerinfo). Information on state licensure and accreditation can be found at [www.vc.edu/accreditation](http://www.vc.edu/accreditation). Additional PT information can be found at: Pharmacy Technician Certification Board (PTCB) [www.ptcb.org](http://www.ptcb.org); Bureau of Labor Statistics (BLS) <http://www.bls.gov/oco/ocos325.htm>.

## TAKE THE FIRST STEP.

Prepare for a career in:

- Criminal Justice
- Dental Assisting
- Health Information Technology
- Medical Assisting
- X-Ray Technology *(limited scope)*
- Sterile Processing Technology
- Surgical Technology

Flexible Class Schedules  
Financial Aid Available to those who Qualify  
Career Placement Assistance for all Graduates  
Accredited by ACICS • Approved for Veterans' Training

# FORTIS COLLEGE

Your Life. Powered By Learning

**(855) 445-3276**  
[www.fortiscollege.edu](http://www.fortiscollege.edu)  
560 Wells Road, Orange Park FL 32073

**For consumer information visit [www.fortis.edu](http://www.fortis.edu)**

# 'Tridents' lead CTG 72.2 to Southern Hemisphere for international exercises

By Lt.j.g. Dan Baker  
VP-26 PAO

Commander Task Group (CTG) 72.2 recently completed a month-long detachment to New Zealand and Australia, supporting Tactical Anti-submarine Warfare (ASW) Maritime Exercise 13 (TAMEX-13) conducted out of Royal Australian Air Force Base Pearce, maritime partnership building at Royal New Zealand Air Force Base Whenuapai, New Zealand, and Talisman Saber 2013 (TS-13) out of Royal Australian Air Force Base Townsville, Australia.

Detachment Officer in Charge, Lt. Cmdr. Brian Schneider led a diverse team of active duty and reserve aircrew and maintenance professionals from NAS Jacksonville's VP-26 "Tridents" and VP-62 "Broadarrows," and NAS Whidbey Island's VP-1 "Screaming Eagles" and VP-69 "Totems".

VP-26's Combat Aircrew One (CAC-1) and Mission Commander Lt. Zachary Sipes, represented CTG-72.2 at TAMEX-13, flying three ASW sorties in cooperation with the Royal Australian Air Force's 10 Squadron. TAMEX is a quarterly bilateral exercise series which aims to enhance regional cooperation, promote understanding, and build trust and cooperation in order to increase collective operational readiness.

After TAMEX-13, CAC-1 flew their aircraft and maintenance



Members of Commander Task Force 72.2 and Royal Australian Air Force 10 Squadron gather in Townsville, Australia during Talisman Saber 2013.

Photo courtesy of VP-26

crew across the Australian continent and Tasman Sea to Royal New Zealand Air Force (RNZAF) Base Whenuapai near Auckland, New Zealand. This was an historic event. The arrival marked the first time a U.S. P-3 has detached to Whenuapai since 1984. Military cooperation between the U.S. and New Zealand deteriorated in that year because of disputes about the visiting rights of nuclear-armed ships and aircraft.

While in New Zealand, the detachment was joined by VP-26 Executive Officer Cmdr. Greg Smith, who engaged the

Royal New Zealand air staff on topics such as maritime domain awareness, information sharing, P-3 detachment operations, and interoperability between United States Navy and RNZAF P-3s. CAC-1 conducted rider exchanges on cooperative ASW and area familiarization flights, competed with the "Kiwis" in American football and rugby, and enjoyed first-rate hosting from their RNZAF counterparts.

On July 15, Schneider relocated the detachment to RAAF Base Townsville, Australia for TS-13. TS-13 is the fifth

in a series of biannual, bilateral exercises that focused on increasing cooperation and coordination capabilities between the United States and Australia's sea, air and land forces. TS-13 was the largest in the series to date, featuring the involvement of 22,000 service members, 15 U.S. naval vessels, 11 Australian vessels, as well as troops from Canada and observers from Vietnam, Japan, Indonesia and the United Kingdom.

TS-13 exercised crisis-action planning and contingency response, enhancing both nations' capabilities to

deal with regional contingencies and terrorism. TS-13 joint exercises were performed by the Australian Defense Force and the United States Military across six locations in northern and central Australia, but the bulk of the exercises were concentrated at the Shoalwater Bay Military Training Area and Australia's territorial sea and exclusive economic zone.

Schneider was joined by 22 maintainers and three combat aircrews from all four CTG 72.2 squadrons. Tridents, Totems, and Broadarrows, formed a superb integrated maintenance team. VP-69 CAC-2, VP-26 CAC-5, and VP-26 CAC-9, along with individual aircrewmembers from VP-1, flew 22 sorties of ASW, surface warfare and direct support missions in support of the George Washington Carrier Strike Group and the Bonhomme Richard Amphibious Ready Group.

In all, CTG-72.2 flew 172 hours in only 13 days, executed an amazing on-station completion rate of 109 percent, and conducted 18 missions involving turnovers with RAAF aircrews. The integration and coordination between RAAF and USN active and reserve crews exceeded all expectations. The aircrew and maintenance professionals assigned to the detachment truly embodied the "One Team, One Fight" mantra CTG-72.2 has lived by since arriving in the area of responsibility in May.



Photo courtesy of VP-26

Commander Task Group 72.2 members gather with youths from the Khwamru Boys School after repainting the entrance to the school which can be seen adorned in bright blue. Song, dance and soccer were shared by all during the community relations portion of SEASURVEX 13-4.

## VP-26 CAC 2 detaches to U-Tapao Thailand for SEASURVEX 13-4

By Lt.j.g. Dan Baker  
VP-26 PAO

Combat Aircrew (CAC) 2 and maintenance professionals of CTG 72.2 returned to Okinawa, Japan Aug. 17 after a six-day detachment to Thailand. The Royal Thai Navy's 102 Squadron hosted them for Sea Surveillance Exercise (SEASURVEX) 13-4 at U-Tapao Royal Thai Navy Airbase (RTNAB) to foster their relationship with the U.S. Navy.

Arriving Aug. 11, CAC-2 was warmly greeted by hosting personnel and briefed for the week's events. The crew had an opportunity to travel to the city of Pattaya to explore the local area and Thai culture. The entire nation of Thailand celebrated the birthday of Queen Sirikit Kitiyakara the next day, shutting down government business and providing a unique opportunity for cultural exploration.

Detachment personnel visited the spaces of 102 Squadron to coordinate the upcoming flights and compare procedures and equipment. Patrol Plane Commander Lt. Ross Notz and Tactical Coordinator Lt. j.g. Troy Balding discussed the exercise with the Thai Navy crew and clarified guidance for safety and communication including altitude, airspace and flight time assignments.

After planning was completed, the aircrew and maintainers of 102 Squadron toured the U.S. P-3C, and the American maintainers were given tours and tutorials of Thai Navy maintenance facilities and practices.

SEASURVEX 13-4 then shifted to the flight phase. During the first event a P-3T of 102 Squadron joined CAC-2 in a designated exercise area over the Gulf of Thailand to conduct maritime domain awareness and demonstrate the capabilities of the automatic identification system which is used to identify surface vessels. After 90 minutes on station, the two aircraft safely executed an altitude swap before returning to U-Tapao.

The next flight involved collaboration between CAC-2 and a Royal Thai Navy SH-60B Seahawk. The

## Support Your Advertisers! They Support You!

### Hawgs and Horses, Inc.



Motorcycle sales, service and repair.  
Quality new and used tack.  
We offer Military Discounts on Product, Service and Repair  
**Military Special:** Motorcycle oil change starting at \$59.00



### Motorcycle and Horse Tack

2211 Blanding Blvd., Jacksonville, FL 32210 • (904) 379-3328 • www.hawgsandhorses.com

## THE STORAGE BIN II



AC & DRIVE UP UNITS FOR EASY ACCESS

5361 TIMUQUANA ROAD, JACKSONVILLE, FL 32210  
904-777-0868

3 MONTHS FREE with 1 Year Lease

1 MONTH FREE with 6 Month Lease

## JACKSONVILLE TATTOO CONVENTION

September 27-29

Wydham Riverwalk

1515 Prudential Dr. Jax, 32207

Military Admission Discounted

(Tickets at the door)

Live Tattooing!  
Contests!  
Vendors!

Parties!  
Guests!  
All Invited!



www.conventionpros.com



Free In-Home Estimate & Design

Military 10% Discount



- American Made Products
- Licensed & Insured
- Family Owned & Operated Since 1950

**FINANCING AVAILABLE:**

12 Months No Payments with Approved Credit

You Get a Fair Price the First Time.

**Labor Day Savings**

**ADDITIONAL 5% OFF** with Military I.D.

Any Home Improvement Service - Ask for details. Must present at initial estimate. Not valid on prior estimates and/or other specials. Expires 09/30/13

904-638-2496

LIC# CGC 1509162  
Licensed in the State of Florida



# WE BRING THE MILITARY TO YOU

Together, our communities of service members and their families, and your business, can spell **SUCCESS**.

Not only will your business benefit while the families are stationed here, many military families retire to the area, with NAS Jacksonville being one of the most sought-after assignments in the U.S. Navy.

To advertise, or to find out more information, please call **904.359.4168**.



# What COs look for in a CPO

By Clark Pierce  
Editor

Communications between the Navy's CPO Messes and Wardrooms has never been more important. During a CPO 365 event Sept. 5 at NAS Jacksonville, eight commanding officers met with more than 100 CPO Selectees to discuss leadership expectations, as well as the CPO Mission, Vision and Guiding Principles.

It all took place at the CO's Round Table that was organized by NAS Jacksonville Commanding Officer Capt. Roy Undersander. "These commanding officers are going to share their perspective on what we're looking for in a chief petty officer. There's a lot of knowledge and leadership here today, so please listen closely and learn more about the importance of leadership and mentoring."

Round table participants included: NRSE Chief of Staff Capt. Steven Blaisdell; FRCSE Commanding Officer Capt. John Kemna; NAVFAC Southeast Commanding Officer Capt. Chris Kiwus; NAVSUP-FLC Jax Commanding Officer Capt. Duke Heinz; HSM-72 Commanding Officer Cmdr. Derek Fleck; NRSE-RCC Commanding Officer Capt.



Photos by Clark Pierce

NAS Jax Commanding Officer Capt. Roy Undersander, along with eight other skippers from tenant commands, shared leadership advice with CPO selectees on Sept. 5 in a CNATTU Jax auditorium.

Gregory Smith; TPU/PCP Jax Commanding Officer Cmdr. Carol Schrader; and VP-5 Commanding Officer Cmdr. Matthew Pottenburgh.

Blaisdell congratulated the selectees, saying that they worked hard and earned the right to be here. "I can't explain leadership in five minutes, but it's a lot more than painting by the numbers. The things that got you here will carry you onto the next level and make you successful. It's all about who you really are as a leader and how you apply yourself as a CPO. The most complex things we deal with are people – and now it's your job to get the most out of your people."

With 30 years experience (many of them as an LDO),

Schrader expressed her utmost respect for chief petty officers. "The biggest thing I expect from a chief is honesty in every aspect of their job. By embracing CPO 365, I have no doubt you all will be welcome additions to the Chiefs Mess."

Fleck told the audience, "Mission accomplishment and taking care of our people – I'm a firm believer that the only place that actually happens is in the Chiefs Mess. As an E7, you've reached the point where you understand the command mission and your Sailors who will accomplish it. Yes, there will be times when you don't have all the answers – so prepare for a lot more learning after you're pinned with the respected fouled anchor. To



Capt. Steve Blaisdell, chief of staff, Navy Region Southeast, told CPO selectees at NAS Jax, "The most complex things we deal with are people – and now it's your job to consistently get the most and best from your people."

help you along, find a mentor in the Chiefs Mess."

Heinz said, "The vitality of the Goat Locker and your participation within it is the base of success for most Navy commands. That's even more important as we enter a challenging future of personnel and equipment cuts that will profoundly affect the readiness of our Navy. Be ready to provide your deckplate perspective on needed technical skills and leadership expertise to your chain of command."

Undersander welcomed the soon-to-be chiefs with three tips for success. "One, as a chief you will be looked to for all the answers. Make sure you do what it takes to provide the correct answer – rather than just a fast answer – and your credibil-

ity will soar.

"Two, you have already proven your technical expertise, and that is expected to continue. Your focus now should be on larger command priorities and 'Sailorization.'

"Three, the CO counts on a chief to reinforce his/her policies. A chief must be able to look at a situation from the perspective of a CO, as well as that of a junior Sailor, and be able to discern when it is appropriate to advocate for the individual Sailor's exemption – or to reinforce the command policy without exception."

After the COs expressed their congratulations and expectations to the prospective CPOs, many took part in the question-and-answer session of the end of the meeting.



Photos by Kaylee LaRocque

## CPO selectees offer 'gas and glass'

GMC(Sel) Isiah Pinckney of Naval Munitions Command CONUS East Det Jax pumps gas as AEC(Sel) Jeremy Dickey of HSM-70 assists during a CPO selectee "gas and glass" event at the NAS Jax Navy Exchange Gas Station on Aug. 30. The CPO selectees were out in full force to assist patrons by pumping gas and cleaning windshields.

ADC(Sel) Pedro Salazar of VR-62 carefully cleans a patron's windshield during a CPO selectee 'gas and glass' event at the NAS Jax Navy Exchange Gas Station.



HUGE SELECTION OF FURNITURE, ELECTRONICS, INSTANT CREDIT APPROVAL, APPLIANCES, TIRES, RIMS, JEWELRY AND MORE!

**NO CREDIT? NEED CREDIT? NO PROBLEM!**

MILITARY AND GOVERNMENT EMPLOYEES ALWAYS APPROVED FOR CREDIT

**46" LCD HDTV**  
While supplies last.

**\$21 TWICE MONTHLY\***

**LAPTOP SPECIAL**

15.6" LED  
500 GB HARD DRIVE  
WINDOWS 8

**\$21 TWICE MONTHLY\***

**"COMET" 4-PIECE BEDROOM PACKAGE**

**\$29 TWICE MONTHLY\***

**"MAISON" 2-PIECE SECTIONAL WITH FREE OTTOMAN**

**\$37 TWICE MONTHLY\***

**"TRITON" LOFT BED**

**\$21 TWICE MONTHLY\***

The Jewelry You Want...The Credit You Deserve.®

**25% OFF\*\***

DIAMOND FASHION JEWELRY

**FLETCHER'S JEWELERS**  
FletchersJewelers.com Located inside USA Discounters

**ZERO INTEREST!**  
ON ANY PURCHASE WHEN PAID WITHIN 6 MONTHS!!!\*

**USA DISCOUNTERS**  
Your Incredible Credit Store®

**GET PRE-APPROVED ONLINE NOW!**  
USADISCOUNTERS.NET

**JACKSONVILLE, FL**  
WESTLAND PARK PLAZA  
6000 LAKE GRAY BLVD / 904-772-6440  
STORE HOURS: M-SAT 10AM-8PM • SUN 12PM-5PM

WHY RENT WHEN YOU CAN OWN? SUPERIOR CUSTOMER SERVICE • QUALITY MERCHANDISE • IMMEDIATE DELIVERY • PAYROLL AND ALLOTMENT EXPERTS • POWER OF ATTORNEY ACCEPTED

\*Payments listed are examples only and are based on zero down payment at 19.99% APR for 24 months with approved credit, taxes and any delivery and installation charges not included. To calculate the total cost of financing simply multiply the payment amount by 48. Other financing rates and terms are available with approved credit and differ depending on the state where purchased. Jewelry is enlarged to show detail and may not always be exactly as shown. Items shown may not represent items in stock. Limited time offer, no substitutions, limited quantities. Offer expires 9/25/13. See store for details. All products or service names mentioned on ad are trademarks or registered trademarks of their respective owners. \*\*Off original prices. Interim markdowns may have been taken. Discount does not apply to watches or diamond solitaire rings. Offer excludes everyday low prices on diamond solitaire rings. Limited time offer. See store for details. \*Subject to credit approval. Other terms may apply. Offer not valid on previous purchases or a refinance of or add-on to a current account. Any late payment nullifies the zero interest offer. Minimum payments required. Limited time offer. See store for details.



Photos by MC2 Amanda Cabasos

## Director of Security retires

NAS Jax Director of Security Lt. Cmdr. Eddie Davis salutes his sideboys as the closing of his retirement ceremony at the base chapel on Aug. 30.



NAS Jax Director of Security Lt. Cmdr. Eddie Davis (right) is presented a shadow box displaying memorabilia from his 28 years of naval service by Lt. Matt Malmkar of NAS Jax Operations Department during his retirement ceremony.

## VP-5

From Page 1

Mad Fox alumni attended from all over the country, even as far as Detroit. Retired Lt. Cmdr. Lawrence Beecher brought the very first Mad Fox logo painted by Ensign J.W. "Judge" Parker and presented it to VP-5 for display on their heritage hall. "We held our very first reunion at my home in Michigan in 1976 and since then have held one every year for 31 years until we stopped in 2007," explained Beecher. "We are extremely grateful to the current Mad Foxes who gave us the opportunity to meet once more and share our experiences."

Retired ADCM John Rosa, 91, also earned "Silver Fox" recognition. He served with the VB-135 "Blind Foxes" from 1941-43. He was shot down over Russia during World War II and remained a Prisoner of War until the war was over. He was selected as a chief petty officer and returned (after the squadron designation changed from VB-135 to VP-5) to the Mad Foxes from 1957-61. The squadron was proud to announce the creation of the VP-5 ADCM John W. Rosa Maintenance Chief Petty Officer of the Year award. ADC Rodwell Lloyd from Georgetown, Guyana was announced as the first award winner for 2013.

After the meet-and-greet, all former Mad Foxes and their families were given a tour of the P-8A Integrated Training Facility. They were shown the classrooms where the squadron spent countless hours studying the intricate details of their new platform.

They toured the Part Task and Weapons Tactics trainers where aircrews employ the new aircraft in a sim-

ulated operational environment.

The high point for most was the opportunity for former PV-1 and P-2V pilots to get their first stick time in the brand new P-8A Poseidon operational flight trainer.

The activities then moved to Hangar 511 where the former Mad Foxes had the chance to see the VP-5 spaces and tour the P-8A Poseidon. Maintainers and aircrew eagerly escorted the former Mad Foxes and their families through the work centers and aircraft explaining the different jobs and responsibilities, capabilities of the aircraft, and showing off what they had learned through seven months of hard work during the transition.

The culminating event of the day was a luncheon back at Dewey's All Hands Club. Both current and former Mad Foxes were treated to Retired Lt. Cmdr. Roger Clement recounting his mission in 1952 in which he and his crew were forced to bail out of their P-2V Neptune over Paris, France. Everyone was captivated as he explained how all 13 aircrew members were able to make sound decisions under immense pressure and successfully bailout of their aircraft.

The VP-5 Gray Fox Heritage Day afforded squadron alumni the opportunity to learn about the next chapter of maritime patrol with the squadron's transition to the P-8A Poseidon.

It also allowed current squadron members the chance to learn about the proud and illustrious heritage established by the actions of the Mad Foxes and the Blind Foxes who came before them.

## Kids First of Florida is looking for foster/adoptive parents

Are you committed to loving and nurturing a child in your home?

- At least 21 years old?
- Married? Single? Divorced? Separated?
- Financially able to provide for your family's present needs

Do you have enough space in your home to accommodate an additional child?

- Want to make a life-

time of difference in the life a child?

Join us Sept. 17 at 6 p.m. to learn more about foster parenting and/or adoption and find out what resources are available to you as a foster/adoptive parent with our agency.

homes are especially needed for teens, sibling groups and young adults (ages 18-21). Mentors are

also needed. Call 278-5644, Ext. 2066 or 2100.

## VP-5 'Mad Fox of the Week'

By Lt. j.g. Taylor Brauns

VP-5 PAO



AWO1 James Reisen

As VP-5 continues its busy schedule operating and maintaining the P-8A Poseidon, the squadron is highlighting one outstanding "Mad Fox" each week. This week's "Mad Fox of the Week" is AWO1 James Reisen.

Reisen was born in Pensacola, and has one sister. His grandfather, retired Navy Lt. Rabren, enlisted in the Navy, earned a commission, and became a surface warfare officer. He retired after 24 years of faithful service to his country.

As an aviation warfare operator, Reisen is trained in the acoustic tracking of subsurface targets. He is charged with analyzing acoustic data and providing the tactical operator on the plane with the position, course, and speed of the target the crew is tracking. It is critical that acoustic operators be as precise as possible in analyzing the data because every decision the tactical coordinator makes is based on the information he is receiving from his acoustic operator.

Reisen checked into VP-5 in June. Before checking in, his previous command was VP-30. While there, he was

deployed to Balad, Iraq on an Individual Augmentee assignment. While deployed he was assigned to the Joint Airborne Battle Staff where he qualified as mission commander aboard a C-130 and was tasked with providing top cover and communications relay for troops on the ground.

While at VP-5, Reisen is tasked with instructing upgrading acoustic operators. "Keeping up on the ever-changing missions of the maritime patrol community is challenging," commented Reisen. "However, there is nothing more satisfying than flying on top of a submarine and being able to classify and track him for a period of time."

When Reisen is not busy training his fellow acoustic operators, he enjoys photographing nature and architectural scenes. He also owns a 33-foot sailboat and enjoys sailing it on the waters along the Florida and Georgia coast.

VP-5 is currently in the inter-deployment readiness cycle aboard NAS Jacksonville.

# CUSTOMIZING DISTINCTIVE SPACES FOR 85 YEARS.

Drees  
85  
YEARS



## Let Us Serve You!

At Drees, we share your commitment to dedication, hard work and service. We invite you to discover the advantages of owning a brand-new Drees home at a community convenient to where you need to be.

With over 85 years of experience as a family-owned company building quality homes, we look forward to being of service to you. And helping you create the home you deserve.

### WEST JACKSONVILLE

\*Beatrice Walk – Final Opportunity, Drees model for sale! ..... 579-3123

\*Sandler's Preserve, from the \$140's..... 579-3123

### ST. JOHNS COUNTY

Durbin Crossing, from the \$290's..... 217-7508

### CLAY COUNTY

Eagle Harbor, from the \$290's..... 579-3123

Forest Hammock at Oakleaf Plantation, from the \$220's..... 291-4040

Eagle Landing at Oakleaf Plantation, from the \$270's ..... 291-1840

Two Creeks, from the \$160's..... 282-1055

### MACCLENNY

\*Rolling Meadows, from the \$130's ..... 259-1421

Model Hours: Mon-Thurs, and Sat 10-6; Fri & Sun 12-6; or by appointment.

\*No Model - Call for appointment.

**Drees**  
HOMES<sup>SM</sup>

dreeshomes.com

©2013 The Drees Company, All Rights Reserved. CRC1329710

**INTERNATIONAL Coastal Cleanup**

Sept. 20, 9-11 a.m.

**Tillie Fowler Nature Park Interpretive Center**

NAS Jacksonville volunteers needed for the 2013 Florida Coastal Cleanup at the Tillie Fowler Nature Park across SR 17 from the main gate. Bags and gloves will be provided. Bring water, bug spray and sunscreen. This event is part of the 28th annual International Coastal Cleanup coordinated by the Ocean Conservancy and supported locally by Keep Jacksonville Beautiful.

For information, call Angela Glass at 542-2798.

**Gutter Helmet**

NEVER CLEAN YOUR GUTTERS AGAIN!

**PROBLEM**  
Clogged Gutter

**SOLUTION**  
Clean Gutter

**SunShade**  
RETRACTABLE PATIO AWNING

**KEEP IT LOCAL!!!**

**25% OFF**

**MILITARY DISCOUNT**  
with minimum purchase  
Exp. 09/30/13

**Free Rain Barrel with purchase.**  
Must present coupon and Military I.D.

The solution for Pool Cage & Sunroom Gutters!

6" Seamless Gutters Available

**NEW!**  
Gutter Protection for Screened Pool Cages & Sunrooms!  
**SUPER GUTTER**

**Free Installation**  
MILITARY DISCOUNT  
(Up to \$350.00 value)

**\$50.00 Gift Card**  
with purchase on Sun Shades.  
Must present coupon and Military I.D.

**904-638-2533**

Call Today for your Free Complimentary In-Home Estimate



**Dewey's**

Call 542-3521  
Free Texas Hold'em Tournaments  
Monday & Thursday at 7 p.m.

Free Live Entertainment  
Sept. 13, 7 p.m. - Nalani Quintello  
Sept. 27, 7 p.m. - Pam Affronti

DirectTV NFL Sunday Ticket at  
Dewey's. Watch the exciting NFL action  
on one of Dewey's five big screens.  
Arrive early for your choice of game.

**Freedom Lanes  
Bowling Center**

Call 542-3493.  
Free bowling for active duty  
Thursday  
11 a.m. - 1 p.m.

Wednesday Evening Bowling Special  
4-10 p.m. - All you can bowl for \$5.95  
Shoe rental not included

Thursday Color Pin Bowling 5-10 p.m.  
\$2 games - shoes not included

Saturday Night Extreme Bowling  
4-6 p.m. (family themed) \$8 per person  
8 p.m. - midnight \$10 per person  
Price includes two hours of bowling  
Shoe rental included

Sunday Family Day  
12-6 p.m., \$1.50 games  
Shoe rental not included

**Fitness & Aquatics**

Call 542-2930  
Outdoor pool hours  
Lap swim (no concessions, slide or  
waterpark will be open)



Photo by MC2 Amanda Cabasos

**Mulberry Cove Marina**

NAS Jax Mulberry Cove Marina, located along the banks of the St. Johns River at the south end of Ranger Road, offers slips, moorings and dry storage for boat owners, sailing and stand-up paddleboard classes and wide array of rental equipment, including kayaks, canoes, surfboards, paddleboards, fishing kayaks, sailboats, powerboats, etc. For more information on what the marina has to offer, call 542-3260.

Mon. - Fri. 6-8 a.m., 11 a.m. - 1 p.m.,  
4:30-7 p.m.  
Recreational swim  
Sat. & Sun 11 a.m. - 6 p.m.

**I.T.T. Events**

Call 542-3318  
E-mail them directly at  
[jax\\_nas\\_mwritt@navy.mil](mailto:jax_nas_mwritt@navy.mil).

Jacksonville Zoo Spooktacular \$9.

Universal Halloween Horror Nights:  
Tickets coming soon! Stop by ITT to  
find out more about dates & pricing.  
Halloween Horror Nights visits ITT on  
Oct. 2, 10 a.m. - 2 p.m. Stop by to win  
great prizes!

TobyMac Tickets: Nov. 17, 7 p.m. at  
Veterans Memorial Arena, \$26.

Waves of Honor Special: Seaworld  
Orlando Adult \$46.50, Child \$42.25.  
Busch Gardens Tampa Adult \$45, Child  
\$40.50.

ITT Trip to the Yahala Country Bakery:  
Sept. 28, 8 a.m. - 3 p.m., \$25.

29th Annual Mount Dora Craft Fair:  
Oct. 26, 8 a.m. - 3 p.m., \$20.

Orlando Magic vs. New Orleans Pelicans  
Basketball: Oct. 9, Veterans Memorial  
Arena, section 102 at 7 pm, \$55.

Jacksonville Jaguars: Section 147 Bud  
Zone, \$70. Jags shuttle bus \$12.

The Artist Series - Broadway in Jax 2013  
- 2014 Season: Tickets available now!

- Mamma Mia!: Oct. 19, 2013, 8 p.m.,  
\$60.50.  
- Celtic Thunder: Nov. 10, 2013, 7 p.m.,  
\$80.

- Men Are From Mars, Women Are From  
Venus: Jan. 17 & 18, 2014, \$51.

- War Horse: Feb. 22, 2014, 8 pm, \$68.50.  
- Memphis: Mar. 22, 2014, 8 pm, \$65.  
- Million Dollar Quartet: Apr. 26, 2014, 8  
pm, \$65.

- The D\* Word: Oct. 4 - Oct. 25, 2014,  
\$43.75 - \$46.

**The Vault Liberty  
Recreation Center**

Trips, activities and costs may be  
restricted to E1-E6 single or unaccom-  
panied active duty members. Call 542-  
1335 for information.  
Paintball Trip  
Sept. 14 at 9 a.m.

Habijax Volunteer Opportunity  
Sept. 21 at 7 a.m.

Barracks Bash  
Sept. 26, 4-8 p.m. Located in the field  
next to the barracks.

**NAS Jax Golf Club**

Golf course info: 542-3249  
Mulligan's info: 542-2936  
NAS Jax Club Championship  
Sept. 14 & 15 at 8 a.m.  
\$80, includes golf both days, lunch both  
days, trophies for the division winners  
and gift certificates for flight winners

Military Appreciation Days  
\$18 per person, includes cart & green  
fees  
Sept. 10 & 24 for active duty  
Sept. 12 & 26 for retirees, DoD person-  
nel and their guests

Monday & Tuesday  
Play 18-holes for \$20, Cart and green fee  
included.  
Open to military, DoD and guests. Not  
applicable on holidays.

Monday - Friday  
Play 18 holes with cart for \$16  
after 1:30 p.m.

**Mulberry Cove Marina**

Call 542-3260.  
Free Kayak & Canoe Rental  
Every Thursday for active duty

Free Stand-up Paddle Board Lessons  
Every Thursday 11 a.m. - 1 p.m.

Skipper "B" Classes  
\$150 at the Mulberry Cove Marina  
Sept. 21, 22, 28 & 29  
Oct. 19, 20, 26 & 27

Third annual Riverfest  
Sept. 28, 10:30 a.m. - 3 p.m.  
Featuring music, food, free stand-up  
paddleboard lessons, kayak lessons and  
more!

**Auto Skills Center**

Call 542-3227  
22 work bays, wheel balancing, tool  
checkout, paint booth and welding!  
ASE certified mechanic onsite!

**Youth Activities Center**

Call 778-9772  
Family Fitness Center hours are  
Monday - Friday, 9 a.m. - 1 p.m.  
Bring your child to work out with you!

Before and After School Registration  
going on now!  
Fees based on household income.

Movie Under the Stars  
Patriots Grove  
Sept. 20 at 7:30 p.m.  
Featuring Despicable Me 2

**Flying Club**

Call 777-8549  
Private Pilot Ground School  
Oct. 7 - Nov. 20  
\$500 per person



**At ease.**

Some choices are hard; this one is easy. You want your family  
to be safe and secure, and that's what we do.

For 134 years, AAFMAA has helped service members and their families prepare  
for a secure future. The military life isn't easy, but you can put your family at ease.  
Give them peace of mind. Give them the gift of financial security. Because they have  
more important things to worry about than money.

**Level Term Life Insurance**

Life Insurance Coverage	Monthly Premium	
	AAFMAA	SGLI
\$400,000	\$19	\$26
\$600,000	\$27	N/A

Breathe easy and  
experience the difference.

Call us now.  
**1-877-398-2263**

[www.aafmaa.com](http://www.aafmaa.com)

Life Insurance  
Wealth Management  
Member Benefits



# Hagel emphasizes DoD's resolve in suicide prevention

American Forces Press Service

As the nation observes Suicide Prevention Month, Defense Secretary Chuck Hagel issued a message Sept. 3 to the men and women of the Defense Department, emphasizing the department's collective resolve in its efforts to prevent military suicides.

"The Department of Defense has no more important responsibility than supporting and protecting those who defend

our country and that means we must do everything possible to prevent military suicide. As we observe Suicide Prevention Month, the entire DoD community – Service members, civilians, members of our families and leaders at every level – must demonstrate our collective resolve to prevent suicide, to promote greater knowledge of its causes and to encourage those in need to seek support. No one who serves this country in uniform should ever feel they have nowhere to turn.

The Department of Defense has invested more than \$100 million into research on the diagnosis and treatment of depression, bipolar disorder and substance abuse, as well as interventions for relationship, financial and legal issues – all of which can be associated with suicide. We are working to reduce drug and alcohol abuse and we are steadily increasing the number of mental health professionals and peer support counselors.

Effective suicide prevention

training is critical to all these efforts and we are instructing our leaders on how to recognize the signs and symptoms of crisis and encourage service members to seek support. We are also reaching out to military families and the broader community to enlist their support in this cause.

Seeking behavioral health care is a choice that embodies moral courage, honor and integrity. Those values are at the foundation of what that we stand for and what we defend. The Military Crisis Line is there for

all who need it. I encourage anyone in need to call 1-800-273-8255 and press one to speak to a trained professional, 24 hours a day, 365 days a year. This service is confidential and available to all service members and their families.

Always remember that our most valuable resource is each other. When one of us faces a challenge, we all must stand together. By fighting as one team, we can – and we will – help prevent suicide. Thank you."

# Official notes progress in suicide prevention effort

By Terri Moon Cronk

American Forces Press Service

Making sure people know where to turn for help during a time of crisis is the continuing goal of the Defense Department's suicide prevention program, the Pentagon official in charge of the effort said Sept. 3 in Washington, D.C.

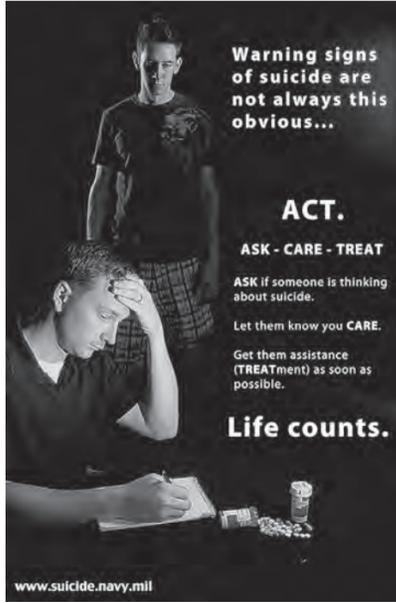
In an interview with American Forces Press Service and the Pentagon Channel, Jacqueline Garrick said DoD has a "plethora" of resources that are specific to service members and their families who have thoughts of suicide.

And while numbers are pending, Garrick said, DoD is "seeing a decrease in the number of suicides in the department overall."

Senior Pentagon leaders have worked diligently for several years to erase the stigma of seeking help for mental health issues – and it appears to be paying off, she added.

"We're seeing more people access help through the Military Crisis Line, and an increase in users for mental health [help] across the department," she said. Those are good signs that DoD's messages are reaching the people who need help, she added, and that they're taking advantage of the resources the department offers.

The message that seeking help is a sign of strength has resonated from the top down throughout the Defense Department, Garrick said, noting that



Warning signs of suicide are not always this obvious...

ACT.

ASK - CARE - TREAT

ASK if someone is thinking about suicide.

Let them know you CARE.

Get them assistance (TREATment) as soon as possible.

Life counts.

www.suicide.navy.mil

Defense Secretary Chuck Hagel and Army Gen. Martin Dempsey, chairman of the Joint Chiefs of Staff, have sent that message repeatedly. President Barack Obama also made that point at Fort Hood, Texas, last year when he announced an executive order to improve access to mental health care for service members, veterans and military families, Garrick said.

"So that message is resonating throughout the services, in our civilian and military forces," she added.

September is National Suicide Prevention Month, Garrick said. In keeping with the theme, "It's Your Call,"

Garrick emphasized that all service members, their families and friends should be aware of the Military Crisis Line, an immediate source of help that's confidential and anonymous. Trained counselors are available 24 hours a day, seven days a week at 1-800-273-8255.

In addition to the crisis phone line, she said, help also is available through the Military Crisis Line's website at <http://www.militarycrisisline.net>, with access to counselors in person and through online chats and text messaging, she said.

In addition, DoD's suicide outreach website at <http://www.suicideoutreach.org/> has a family guide that offers steps to take when someone is in crisis. It also lists at-risk behaviors and other symptoms of a person who is potentially suicidal, Garrick said.

Family members also can use these resources to find help for themselves if they feel they're feeling suicidal, Garrick said.

"Family members often don't think those resources are there for their needs, so we want to encourage them [to use the resources that are available]," Garrick said. "If family members are depressed, stressed or feeling suicidal, we want them to get help for themselves, as well as for their loved ones."

Research shows that treatment is successful when it's given a chance, Garrick said.

"It does make a difference, and the resources are designed specifically

to support service members who are deployed, those who have not deployed, those with [post-traumatic stress disorder and traumatic brain injury], depression, substance abuse, financial problems and relationship problems," she said.

"If you don't get help, problems get worse, which can impact your career and your life overall," she said. "It's better to get help early and identify problems that are small, rather than wait until they get bigger, and then have things blow up and become more unmanageable."

People with suicidal tendencies might need a break to "recap and recoup" their personal resilience and return to their regular schedules when they are more mentally, physically, emotionally and spiritually fit to be more successful, Garrick said. And fostering service members' sense of personal resilience is paramount to DoD senior leaders and to those throughout the chain of command, she added.

Resources for help don't end with DoD and the services, Garrick said, noting that the Department of Veterans Affairs (VA) also offers help.

"Our service members don't stay with us forever," she noted, adding that Pentagon officials want them to have a successful transfer to VA as they leave the military and become veterans.

"We want them to embrace their veteran status and get the help they need," she said.



**VyStar Credit Union presents**

## 238th Navy Birthday Ball



River Cove Conference Center (Officer's Club)  
Naval Air Station Jacksonville  
October 12, 2013

Guest Speaker Lt. Michael E. Thornton (Ret)  
U.S. Navy SEAL and  
Congressional Medal of Honor Recipient

Cocktail Hour 6 p.m.  
Dinner and Formal Ceremony 7 p.m.  
Dancing and Prizes 9 p.m.

\$10 for E1 - E6  
\$15 for E-7 - O-3 & Civilians  
\$20 for O-4 & above  
For additional information contact Steve David at (904) 885-5275  
or Jay Haddock at (904) 307-3776

Meal Options: Beef Fillet, Chicken, Salmon with Lemon butter sauce or Vegetarian  
Complimentary photo & mementos  
Attire  
Military E-1 to O-3 - SDB with ribbons, nym or full medals  
Military O-4 and above - Mess Dress Blue  
Civilians - Business suit or formal attire

Child Care is available at the NAS JAX Child Development Center (CDC) from 5:30 p.m. - 12:30 a.m. Flat rate of \$20 per child. Snacks will be provided. Contact the CDC for registration no later than Oct. 9. Shot record must be provided for all children. CDC: (904) 542-9075

Tickets on sale at the Navy and Marine Corps Relief Society: (904) 542-3515  
Monday - Friday 9 a.m. - 2 p.m.  
Seating will be assigned. (10 seats per table)  
For seating contact Greg Keller at 495-4201 or gkeller0420@gmail.com  
Blocked rooms available at NGIS: 542-3138, Mention Navy Ball  
Last date available - Sept. 28  
Additional lodging available at the Navy Lodge: (904) 772-6000

THE NAVY BALL COMMITTEE AND VYSTAR ARE NON-FEDERAL ENTITIES OPERATED AND CONTROLLED BY INDIVIDUALS ACTING IN THEIR PRIVATE CAPACITIES. THEY ARE NOT A PART OF THE U.S. DEPARTMENT OF DEFENSE OR ANY OF ITS COMPONENTS AND HAVE NO GOVERNMENTAL STATUS.

National Weather Service Jacksonville Presents:

### Skywarn™ Storm Spotter Class

Thursday, Sept. 12<sup>th</sup> @ 10 am - 12 pm  
at the NAS Jacksonville Chapel  
(corner of Birmingham & Muslin)

Classroom: 10:00-10:15  
Practical: 10:15-11:30  
Weather: 11:30-12:00

Working Together to Save Lives

Instructor: Angie Enyedi  
angie.enyedi@noaa.gov

@NWSJacksonville weather.gov/jax

Sexual ASSAULT AFFECTS ALL

AMERICA'S NAVY

A GLOBAL FORCE FOR GOOD

## VP-26

From Page 9

two aircraft practiced anti-submarine warfare (ASW) using a submerged target that simulated a submarine, allowing the Thai helicopter crew to make use of their dipping sonar. Aircrew from 102 Squadron flew with CAC-2 to experience ASW aboard the U.S. P-3C.

After returning to U-Tapao, the Thai and American crews enjoyed a sports day. They played a spirited game of indoor soccer, presented gifts, and enjoyed a cultural exchange to commemorate the end of the exercise. "SEASURVEX 13-4 has been an outstanding success. Working with the Royal Thai Navy was a great opportunity to practice interoperability and to execute maritime domain awareness in the Gulf of Thailand," said Lt. Cmdr. James Dundon, officer in charge of the U.S. detachment.

The last day the detachment was spent volunteering at the Khwâm rû Boys School outside of Pattaya. After a traditional Thai performance, the men and women of CTG 72.2 painted the entrance to the school, providing some necessary maintenance and promoting good will with the Thai people. The school's principal, teachers and students then gave a guided tour of the



Photos courtesy of VP-26

AWO1(AW/NAC) Matthew Searfoss demonstrates and instructs the capabilities of the acoustic equipment aboard a U.S. P-3C to aircrew of the Royal Thai Navy during SEASURVEX 13-4.

land, explaining that the school provides for the children with food cultivated on site.

The school produces a wide variety of fruits, vegetables, animals and fish. After the tour, another game of soccer ensued with the students defeating the



Lt. Cmdr. James Dundon exchanges gifts with the commanding officer of 102 Squadron during the closing ceremonies and sports day concluding SEASURVEX 13-4.

American visitors 1-0.

SEASURVEX 13-4 proved to be a great success in terms of building bilateral ties and cultural awareness. The flights measurably increased interoperability between the U.S. and Royal Thai navies. In six short days, CAC-2 and their team of maintenance professionals significantly improved U.S.-Thai collaboration in the airborne maritime patrol mission.

# Hospital connects new mom and baby with dad at sea

By Yan Kennon,  
Senior Writer  
NH Jacksonville Public Affairs

Life as a Navy spouse, whose husband is deployed more than five thousand miles away, can be tough and lonely.

Add childbirth to the equation and times just got a little more trying. Navy spouse Brandie Conniff was going through this exact scenario, until Naval Hospital (NH) Jacksonville and its "Baby Friendly" certified staff took action.

Conniff, a native of Ellwood City, Pa. and first-time mom, has been a patient of NH Jacksonville since conceiving in late 2012.

"There was a good possibility for my husband and I to be together during the birth of our first child," said Conniff.

"But due to the rescheduling of my husband's deployment, the timing didn't work and left us with the reality that it would be more than six months before dad could see or hold our baby."

At approximately 1:30 a.m. Aug. 29 Conniff gave birth to a healthy 8-pound, 3-ounce baby boy, Boaz Travis Conniff, and later that day was able to show their bundle of joy to her husband, Lt. Cmdr. Shawn



Photo by Jacob Sippel

**Brandie Conniff holds her newborn son, Boaz Travis Conniff, during a video teleconference on Aug. 29 with husband Lt. Cmdr. Shawn Conniff, hours after birth of their first child at Naval Hospital (NH) Jacksonville. Conniff is currently deployed aboard USS Harry S. Truman (CVN 75) with HSM-74.**

(Fingers) Conniff via video teleconference direct from her room.

As a helicopter pilot assigned to the HSM-74 "Swamp Foxes" at NAS Jacksonville, Conniff is currently deployed aboard USS Harry S. Truman (CVN 75) – as part of an ongoing rotation of forward-deployed forces to support maritime security operations in the U.S. 6th and 5th Fleet areas of operations. But on this day, the new father laid eyes on his son for the first time.

NH Jacksonville provides a variety of comfort features to

its patients – but connecting to a deployed U.S. warship without Wi-Fi presented a unique challenge for the hospital staff.

"Because communication applications such as Skype were not available aboard the ship, I inquired about the possibilities of a video teleconference to the hospital staff," said Conniff.

"The hospital staff determined that the main obstacle would be video bandwidth capabilities of the ship while at sea.

The staff (hospital) went above and beyond to collab-

orate with the ship and make this happen for us, and I am truly thankful."

Brandie praised the hospital staff for the job it has done with preparing her for motherhood and the care she has received since conception.

"It was a blessing to receive care from a 'Baby Friendly' hospital," said Conniff.

"My experiences included prepared childbirth and breastfeeding classes free of charge, which is nice compared to friends who spent more than \$300 hundred for similar classes. The teachers were so caring, nurturing and informative, that they eased my fear of bearing my first child. The doctors have been great, and the hospital staff has been so considerate of my needs and concerns. This whole experience has been awesome."

NH Jacksonville is currently one of only 166 Baby Friendly hospitals and birth centers in the U.S., certified by Baby Friendly USA – a global initiative sponsored by WHO/UNICEF.

The Baby Friendly designation is awarded after a rigorous on-site survey is completed, and maintained by continuing to practice 10 crucial program elements.

The comprehensive program includes initiating breastfeeding in the first hour of life, "rooming-in" with moms and babies in the same room, educating staff and patients, and fostering breastfeeding support groups.

Throughout the year, NH Jacksonville offers a wide range of classes free-of-charge to patients giving birth at its hospital – including baby boot camp, new parent orientation, prenatal exercise, Hypnobirthing, infant massage, breastfeeding and prepared childbirth.

Plus, the hospital's private labor/delivery and maternal/infant suites offer couplet care (with mom and baby rooming together), breast pumps, breastfeeding counseling from lactation nurses, "siesta for the fiesta" daily quiet time to support feeding, newborn hearing screening, and an educational "newborn channel" on television. Dads are welcome to stay the night and visiting hours are round-the-clock.

NH Jacksonville patients can register for free classes by calling 904-542-2229 (BABY). To learn more about the Baby Friendly Hospital Initiative (administered in the U.S. by Baby Friendly USA), visit [www.babyfriendlyusa.org](http://www.babyfriendlyusa.org).

## 7-on-7 Flag Football League starting in October

The league is open to active duty, selective reservists, DoD and DoD contractors assigned to a command aboard NAS Jacksonville. The games will be played Mondays and Wednesdays at 5:15 p.m. Any personnel wanting to join the league should contact the gym to get a copy of the rules and required paperwork to join the league. Rosters and entry forms are due by Sept. 13.

## Fall Kickball League starting in October

The league is open to active duty, selective reservists, DoD and DoD contractors assigned to a command aboard NAS Jacksonville. The games will be played at lunchtime. Any personnel wanting to join the league should contact the gym to get a copy of the rules and required paperwork to join the league. Rosters and entry forms are due by Sept. 13.

## Fall Bowling League starting Sept. 13

The league is open to active duty, selective reservists, and command DoD personnel and DoD contractor personnel assigned to a command at NAS Jacksonville. Any commands wanting to join the league should show up at the NAS Freedom Lanes at Sept. 13 at 11:30 a.m. The teams are two person teams and the cost is \$5 per bowler which includes three games and shoes. For more information, contact the NAS Freedom Lanes at 542-3493.

## NAS Jax Sports

### Intramural Skeet Shooting League starting in October

The league is open to active duty, selective reservists, and command DoD personnel and DoD contractor personnel assigned to a command at NAS Jacksonville. The matches will be played at lunchtime. Any personnel wanting to join the league should contact the gym to get a copy of the rules and required paperwork to join the league. Rosters and entry forms are due by Sept. 25.

### Men and Women's Racquetball Tourney – Sept. 16-20

The tournament is open to active duty, selective reservists, and DoD civilian men and women assigned to a command at NAS Jacksonville. Participants will earn participation points for their command toward the captain's cup and can earn additional points for finishing first, second and third place. There will be a separate men and women's division. Call NAS Jax Athletics to sign up.

### Men and Women's Doubles Tennis Tourney – Oct. 7, 5 p.m.

The tournament is open to active duty, selective reservists, and command DoD men and women working in a command at NAS Jacksonville. Participants will earn participation

points for their command toward the captain's cup and can earn additional points for finishing first, second or third place. There will be a separate men and women's division. The matches will be played at the Guy Ballou Tennis Complex. Call NAS Jax Athletics to sign up by Oct. 4.

For more information, call Bill Bonser at 542-2930/3239 or email [bill.bonser@navy.mil](mailto:bill.bonser@navy.mil).

## Standings As of Sept. 6

### Captain's Cup Singles Badminton

Team	Wins	Losses
TenChavez	2	0
Bonser	2	1
Rajendran	2	1
Brown	2	2
Drost	2	2
Barrezueta	1	1
Carreiro	1	1
Ngo	1	3
Arzuaga	0	1
Bradshaw	0	1



Photos by MC2 Amanda Cabasos

## Crossfit workout available

Left, AZ2(AW/SW) Tanner Key of Fleet Readiness Center Southeast, lifts a large tire as part of one of his crossfit exercise routines at the NAS Jax pavilion Sept. 5. Right, AZ2(AW/SW) Tanner Key holds a metal log while performing squats as part of his daily crossfit workout. Key utilizes the newly built pavilion to implement his various workout routines.



## CFC

From Page 8

and secure, as no paper forms pass from hand to hand and it's less prone to error.

He explained that donors directly enter their input online only once, while the information on paper pledge forms is typed and retyped into the system -- offering more chances for mistakes to creep in and also consuming thousands of total work hours in processing.

He said ease of use is much greater, since donors using the online pledge option can search local, national or international charities. "Here in Washington, we have 4,500 charities," he noted. "But nationwide, there are about 20,000 different charities in this campaign."

DeCristofaro added that donors also are encouraged to use local CFC websites and other resources to research charities before giving DFAS their final instructions.

"I made my gift on Tuesday, [and] I was easily matched to my local campaign," he said. DeCristofaro said the process took him 10 minutes, and the next morn-

ing he had an email confirming his donation and start date.

He added that use of the system, like participation in CFC, is strictly voluntary. Many employees have asked for and will likely prefer

electronic options, he said, although anyone who wants to make a one-time gift or use a paper CFC pledge form may still do so.

The new option will be available to eligible donors outside of the

Defense Department, he noted, as the departments of Health and Human Services, Veterans Affairs, and Energy, along with the Environmental Protection Agency, also are DFAS clients.



### WESTSIDE

### Trails at Bent Creek

• located in the golf course community of Bent Creek  
• community pool (904) 573-6026

8 homes ready soon,

like lot 199, \$203,900, APR 4.486,

monthly P&I only

**\$1,024.<sup>63</sup>**

## \$1 Military Move-In\*

Active, Non-active, Retired & Reserves

Purchase a "Move-In Ready Home" by Sept. 30th, & receive a:

**FREE 60" Flatscreen TV**

(professionally installed on the wall)

and a **Stainless-Steel Refrigerator**

(Side-by-side with ice & water on the door)

**SEDA NEW HOMES**

SEDA Construction Company-CGC020880 \*Buyer has a choice of OPTION 1: a free 60" class TV (actual TV diagonal size may vary) plus refrigerator or OPTION 2: 50" class TV plus refrigerator, washer & dryer—both specials for full-price contracts written between 9/1/13-9/30/13 and closing date not to exceed 45 days from contract date. Applies to MOVE-IN READY homes only. TV will be professionally installed only in Great Room or Family Room at normal TV space locations (TV jack and electrical outlet already installed at wall mount TV height—Otherwise TV and wall mounting plate will be delivered only and not installed on the wall) after closing. Installations in other locations may incur additional charges (payable by customer at time of installation) based on specific circumstances for each custom request. TV mount is a standard NON-swivel mount. \*\*Refrigerator (side-by-side with ice & water on the door), washer & dryer will be delivered & installed after closing. \*\*\*SEDA pays up to 4.5% of sales price toward total closing costs not to exceed \$10,000. \*\*\*\*Principle & interest payments based on a 30-year fixed VA 1st time use at 3.75% interest rate—TAXES & HOMEOWNERS (HAZARD) INSURANCE ARE NOT INCLUDED (ask your agent for an estimate of these costs)—must use SEDA preferred lender—American Home Funding. See agent for details regarding \$1 Military Move-In (does not include prepaids or HOA) available for those who qualify which can not be combined with any other offer or promotion. This offer is for a limited time only. Special offers may apply to full priced contracts only. Price & avail. subject to change without notice.

[www.SEDANewHomes.com](http://www.SEDANewHomes.com)

## FALL ARTS & CRAFTS SHOW

**SEPT 14<sup>TH</sup> - 15<sup>TH</sup>, 2013**

**\$1 OFF ADMISSION**  
**\$2 OR \$3 W/OUT COUPON.**  
**KIDS UNDER 12 FREE**  
**-MAY BE DUPLICATED-** 09-12-13

## GREAT ARTS & CRAFTS!

**FREE PARKING!**  
**100 BOOTHS**

**SAT 9am-5pm**  
**SUN 10am-5pm**

**MOROCCO SHRINE AUDITORIUM**  
**(904) 642-5200**  
**3800 ST. JOHNS BLUFF RD. S.**  
**JACKSONVILLE, FL**  
**BENEFITS THE MOROCCO TEMPLE GENERAL FUND**

## Fall savings highlight commissaries' return to regular hours

By Sallie Cauthers

DeCA Marketing

As commissaries resume pre-furlough operations, patrons will see plenty of savings with sales events throughout the store promoting Labor Day promotions, half-off sales, recipe contests, Oktoberfest celebrations and high-value coupons.

"We want our patrons to know all our stores are back to their normal hours," said Tracie Russ, the Defense Commissary Agency's deputy director of sales. "As we head toward the cooler days of autumn, we're offering plenty of events to help our customers save money and maximize their benefit. One event in particular is a series of scan-down days in September offering 50 percent off certain items in our stateside commissaries."

Throughout September, DeCA's industry partners – vendors, suppliers and brokers – are collaborating with commissaries to offer discounts beyond everyday savings. Overseas stores may have substitute events for certain promotional programs.

Customers should check with their local store manager to verify when they will be offering the following sales events:

**Scan-down days.** On Sept. 12, commissaries in the continental United States will offer manager's specials at 50 percent off on Bartlett pears, Kraft mayonnaise (regular and light), Ocean Spray Cranberry Juice, Kellogg's Fruit Loops Cereal and Healthy Choice Chicken Margherita Café Steamers. Look for future 50 percent off scan-down days on Sept. 18 and 25. This event is not available for commissaries in Alaska, Hawaii, Europe and the Far East.

**Soup season begins.** September is the start of the soup season. Look for commissary displays promoting special savings on Progresso soups.

**Oceans Spray's Labor Day Sale.** Through Sept. 15, stateside commissaries will display Ocean Spray products from cranberry, grapefruit, diet and light cranberry, sparkling multipacks and the new cranberry lemonade. Look for product demonstrations.

**"The Great Eggo Waffle Off Contest."** Throughout September, Eggo waffles and Breyers ice cream brands are sponsoring a recipe contest. To enter, find details on packages of six-, eight-, 10-count Eggo waffle containers that say, "The Great Eggo Waffle Off Contest." Shoppers can also find contest information on Eggo and Breyers Facebook sites. Look for the Eggo and Breyers display in your commissary

along with store coupons for both brands and product demonstrations.

The Oktoberfest in Munich runs from late September until early October, and commissary shoppers are encouraged to have their own celebrations if they can't make it to Deutschland. Commissaries have a full line of discounted German products available from chocolates, cookies, sauerkraut, mustard and red cabbage to rich German coffee and more.

"We Are Family." Quaker and Tropicana present a family-focused promotion exclusively to military commissaries worldwide. Look for large displays to include banners, posters, entry forms and high-value coupons that will cross promote with the commissaries' produce, offering \$3 off fresh fruit. Twenty-five commissary shoppers will be chosen as a "free breakfast" winner to receive more than 10 products from Quaker and Tropicana brands.

Unilever is offering its 17th Annual "Italian & American Festival of Savings" through Sept. 25. This year's promotion will again feature Unilever brands such as Ragu, Hellman's, Lipton, Wishbone, Bertolli, Slimfast, Skippy and more. More than 125,000 high-value in-store coupon flyers will be distributed worldwide.

Gatorade will offer the "Salute to Service" promotion exclusively to military commissaries. This unique continental-U.S.-only event will award commissary shoppers NFL tickets plus a VIP experience. Thirty-two winners (one winner and one guest per team) will be chosen. Look for the in-store display representing the NFL team of choice along with an entry box and entry forms. These displays are located at the 32 commissaries in close proximity to an NFL team. Other CONUS commissaries will be provided football and Gatorade prizes for giveaways.

Russ reminded commissary customers they can quickly locate their commissary and participate in the savings they've earned by going to [www.commissaries.com](http://www.commissaries.com), clicking on the "Locations" tab, then "Alphabetical Listing" to locate their store and clicking on "Local Store Information."

"Whenever you consistently use your commissary benefit you're saving more than 30 percent compared to buying groceries in commercial stores," Russ said.

"We hope this month's promotions will help keep even more money in your pocket."

## New hazardous waste locker for RAN 725 Squadron



Photos by Clark Pierce

At hangar 1122 on the St. Johns River seawall, NAS Jax Assistant Hazardous Waste Manager Billie Brownfield maneuvers a hazardous waste locker into the space of Royal Australian Navy (RAN) 725 Squadron in Hangar 1122.



(From left) NAS Jax Assistant Hazardous Waste Managers Jody Smith and Billie Brownfield, and 725 Squadron Quality Assurance Petty Officer Jon Jonsson spot the new hazardous waste locker in hangar 1122 on Aug. 30.

## Free Breast Care Symposium provides answers to Northeast Florida women

From Staff

The sixth annual Pink Ribbon Symposium will be held at the Thrasher-Horne Conference Center (283 College Drive, Orange Park 32085) on Oct. 5 from 8 a.m. to 1 p.m.

Founded by Drs. Cynthia Anderson and Linda Sylvester, the event is presented by ICON Oncology at Orange Park Cancer Center and F.R.O.G. (Florida Radiation Oncology Group).

Important up-to-date information about breast cancer prevention, early detection and treatment options, the side effects of treatment, and survivorship will be discussed.

Plus, it will offer good health and wellness topics, along with a keynote presentation entitled, "Laughter is the Best Medicine" and an "Meet the Experts" session, which will allow guests to ask questions of local doctors. More than 500 attend this free symposium annually.

This year's special guests are two regional female comedians, Gwen Templeton and Roz McCoy, who will headline the event and offer insight into how laughter can ease pain and help the cancer journey in an up-close and personal way.

Guests will be treated to a healthy continental breakfast.

Topics include an update on breast cancer research, genetics, caregivers, stress relief, caring for your body, health, nutrition and exercise.

Everyone is invited to the expo, where up to 60 local and national businesses will showcase their services to help cancer patients and their families. Guests will learn how to care for their body, how sleep can affect cancer treatment, and how best to deal with relationships.

8-9 a.m. - Exhibits & Continental Breakfast

9-9:25 a.m. - Opening Remarks

9:40-10:30 a.m. - Session 1 - Meet the Experts (latest updates on radiology, medical oncology, surgical oncology, reconstruction, etc.), Caring for Our Bodies (nutrition, exercise, family genetics, coping with emotional stress, sexuality, etc.)

10:30-11 a.m. - Exhibits/Intermission (Silent Auction closes at 11 a.m.)

11 a.m. - 12:05 p.m. - Session 2 - Meet the Experts, Caring for Our Bodies

12:05-12:30 p.m. - Guest Speakers:

Laughter is the Best Medicine

12:30-12:40 p.m. - Closing Remarks

For more information, call 838-2950 or email [pinkribbonsymposium@gmail.com](mailto:pinkribbonsymposium@gmail.com).



NAS Jax Assistant Hazardous Waste Manager Jody Smith applies safety signs on the new hazardous waste locker delivered Aug. 30 to RAN 725 Squadron at hangar 1122. The squadron is scheduled to receive its first two MH-60R Seahawk helicopters in December. By the end of 2014, the squadron will be equipped with seven helicopters.

# Navy releases Atlantic Fleet Training and Testing Final Environmental Impact Statement

From Commander, U.S. Fleet Forces Command Public Affairs

The U.S. Navy has prepared and released to the public a Final Environmental Impact Statement/Overseas Environmental Impact Statement (EIS/OEIS) for training and testing activities conducted in the Atlantic Fleet Training and Testing (AFTT) Study Area. The AFTT region covers approximately 2.6 million square nautical miles and encompasses the at-sea portions of Navy training range complexes and research, development, testing and evaluation ranges along the Atlantic and Gulf coasts of the United States.

The AFTT EIS/OEIS updates the science and analyses of environmental studies that were completed in 2009. This environmental analysis will enable at-sea testing and training so the U.S. Navy can effectively prepare forces to meet national requirements. The results of this study, which incorporates the best available science, coupled with Navy's demonstrated track record (60plus years) of similar training and testing with minimal environmental impacts, indicate that the activities pro-

posed in this EIS/OEIS will continue to have minimal effects on marine mammal and other marine species populations. Monitoring of Navy activities over the past five years supports these conclusions. Computer modeling of Navy activities indicates that marine mammals may be exposed to sonar sound during training and testing, however scientific analysis shows that the vast majority of those marine mammals modeled exposures will not be injured in any way.

The Navy proposes to conduct at-sea training and testing activities; which include:

1) The use of active sonar and explosives – primarily within existing training range complexes and testing ranges along the east coast of the United States, the Gulf of Mexico, pierside locations, port transit channels, lower Chesapeake Bay, Narragansett Bay and St. Andrew Bay.

2) Activities such as sonar maintenance and gunnery exercises conducted concurrently with ship transits and which may occur outside the Navy training range complex and testing ranges.

3) Pierside sonar testing conducted as part of ship and sub-

marine construction, maintenance, repair, and modernization activities at shipyards, Navy piers, and Navy-contracted shipbuilder locations.

Public input was a valuable part of the EIS process, and the Navy accepted input throughout a 60-day comment period, conducted from May 11, 2012 to July 10, 2012. The Final EIS/OEIS

addresses comments received during this period. The Final EIS/OEIS is available for review at [www.AFTTEIS.com](http://www.AFTTEIS.com). Hard copies of the document are available at the following local libraries:

- Camden County Public Library  
1410 Hwy. 40 E.  
Kingsland, GA 31548

- Jacksonville Public Library  
Main Library  
303 N. Laura St.  
Jacksonville, FL 32202

A Record of Decision is expected to be issued by the Assistant Secretary of the Navy (Energy, Installations and Environment) in November 2013 and will be announced in the Federal Register.



## NAVY TRI-BASE JOB FAIR

September 25, 2013

9:00 a.m.-2:00 p.m.

Morocco Shrine Center

3800 St. Johns Bluff Road S.

Jacksonville, FL 32224-2620

- Bring Copies of your resume and come dressed for SUCCESS!
- National and local companies will be hiring!

For more information contact:

NSB Kings Bay, GA, Fleet and Family Support Center at (912) 573-4513  
NS Mayport, FL, Fleet and Family Support Center at (904) 270-6600  
NAS Jacksonville, FL, Fleet and Family Support Center (904) 542-2766

- Separating, retiring and retired service members.
- Military Spouses and family members with ID cards.
- Involuntarily separated service members and their family members with Transition Assistance (TA) cards.
- Separated service members up to 90 days after separation date.

# Jaguars tickets available at NAS Jax and Mayport USO

## From the USO

The Greater Jax Area USO has tickets available at the NAS Jax and NS Mayport USO for \$15 each, cash transactions only.

### Guidelines:

- Price is \$15 per ticket (cash only) - All active duty including Florida National Guard and Reservists on current active duty orders and dependents are eligible to purchase/use these tickets.
- Military personnel with authorized dependents may buy a maximum of four tick-

## Tickets are available the following days and times

Date of Game	Opponent	Time	Sale Begins
Sept. 29	Indianapolis Colts	1 p.m.	Sept. 16
Oct. 20	San Diego Chargers	1 p.m.	Oct. 7
Nov. 17	Arizona Cardinals	1 p.m.	Nov. 4
Dec. 5	Houston Texans	8:25 p.m.	Nov. 25
Dec. 15	Buffalo Bills	1 p.m.	Dec. 2
Dec. 22	Tennessee Titans	1 p.m.	Dec. 9

ets if member and dependents equals four. If you have less than four you may only purchase total for family. Spouses may purchase tickets for military personnel, but dependent children are not authorized to

represent the service member/spouse to purchase tickets. Larger families desiring to purchase in excess of four tickets must be approved by the USO director.

- Single service members

may purchase a maximum of two tickets, one for their use and one for a guest. No exceptions.

- For deployable commands, a request for a "block of game day tickets" may be

requested by CO/XO/CMC only to the executive director. These blocks may be approved for commands either deploying or returning during the season. Requests, with justification, must be sent to Mike O'Brien at [mobrien@usojax.com](mailto:mobrien@usojax.com).

- Anyone caught purchasing excess tickets or reselling tickets will be prohibited from buying any more tickets for the entire season.
- No over the phone transactions, tickets are first come, first served. For more information, call 778-2821.

## Community Calendar

Military Officers Association of America (MOAA) and the National Defense Industrial Association present **2013 Warrior-Family Symposium Sept. 12**, from 7:30 a.m. to 2:30 p.m. at the Ronald Reagan Building and International Trade Center in Washington, D.C. Contact [pr@moaa.org](mailto:pr@moaa.org) for information.

Volunteers and teams are needed for **Children's Tumor Foundation NF Walk Sept. 14** at 7:30 a.m. at Jacksonville Zoo and Gardens. For more information, call Trish at 619-5130. Register your team at [WWW.NFWalk.org/jacksonville2013](http://WWW.NFWalk.org/jacksonville2013).

**Aviation Boatwain's Mates Association Jacksonville Chapter Fall Jam & Campout** is Oct. 10-13 at Grassy Pond Recreation Area, Lake Park, Ga. For reservations, call (229) 559-5840.

**Second Indianhead Division Association Florida Division Reunion** is Oct. 18-29 at Titusville, Fla. Call 561-742-5379 or email [Zida\\_mail@charter.net](mailto:Zida_mail@charter.net).

**Jacksonville Celtic Festival Nov. 16** from noon-10 p.m. at the oceanfront SeaWalk Pavilion in Jacksonville Beach. Scottish games and Kids Zone. Go to [www.jaxcelticfest.com](http://www.jaxcelticfest.com).

**Aviation Boatwain's Mates** meet every third Thursday at 1 p.m. in the NAS Jax Air Facilities Management Building (666) conference room. For more info, call Doug Chaney at 542-3955.

**Orange Park Veterans of Foreign Wars (VFW) Post 5968** and its Auxiliary located at 187 Arora Blvd. meets on the second Wednesday of the month at 7:30 p.m. VFW is a non-profit veterans service organization composed of combat veterans and eligible service members from the Active, Guard or Reserve forces. For information on events or membership, go to [www.vfwpost5968.org](http://www.vfwpost5968.org) or call 276-5968.

**Military Officers Association of America N.E. Florida Chapter** meets the third Wednesday of each month. Open to active duty and retirees of all military branches. Contact [Johnnie.walsh@gmail.com](mailto:Johnnie.walsh@gmail.com) or call 282-4650.

**National Naval Officers Association** meets the fourth Thursday of each month at 5 p.m. at Naval Hospital Jacksonville. Contact CWO3 Lionel Jeffcoat at 594-6908 or [lionel.c.jeffcoat@uscg.mil](mailto:lionel.c.jeffcoat@uscg.mil) or retired Lt. Cmdr. Paul Nix at 542-2518 or [paul.nix@navy.mil](mailto:paul.nix@navy.mil).

**Association of Aviation Ordnancemen** meets the third Thursday of each month at 7 p.m. at the Fleet Reserve Center on Collins Road. For information, visit [www.aao9.com](http://www.aao9.com).

**Retired Activities Office (RAO)** at NAS Jax Fleet and

Family Support Center (FFSC) needs volunteers to assist military retirees and dependents. Work three hours a day, one day per week. Call 542-2766 ext. 126 from 10 a.m. to 2 p.m. weekdays to volunteer.

**Navy Jacksonville Yacht Club** is open to active duty, reserve and retired military, plus, active or retired DoD civilians. Call 778-0805 or email [commodore@njyc.org](mailto:commodore@njyc.org).

**Disabled American Veterans Chapter 38** meets the second Tuesday of each month at 7 p.m. at 470 Madeira Dr., Orange Park. Service officers available Monday through Friday, 9 a.m. - 2 p.m. to help with VA claims, call 269-2945 for an appointment. Bingo every Thursday from 6:30-9:30 p.m. and Saturday from 10 a.m. - 3 p.m. The public is welcome.

**COMPASS Spouse-to-Spouse Military Mentoring Program.** Helping others help themselves. Call Melanie at 200-7751 or email: [www.gocompass.org](http://www.gocompass.org)

**Navy Wives Clubs of America Jax No. 86** meets the first Wednesday of each month at 7 p.m. in Building 857 (at NAS Jax main gate behind Navy-Marine Corps Relief Society). Not So New Shop open Tuesday and Thursday (9 a.m. to 1 p.m.). Call 542-1582 for info.

**Navy Wives Clubs of America DID No. 300** meets the second Thursday of each month at 7 p.m. at Lakeshore Methodist Church, 2246 Blanding Blvd. Call 272-9489.

**Fleet Reserve Association Branch 290** monthly meeting is the first Thursday at 8 p.m., 390 Mayport Rd., Atlantic Beach. Call 246-6855.

**Orange Park Lions Club** meets the second and fourth Monday at 7 p.m. at 423 McIntosh Avenue, Orange Park, Fla. For more information, call 298-1967.

**National Active and Retired Federal Employees Westside Jacksonville Chapter 1984** meets at 1 p.m. on the fourth Thursday of each month at the Murray Hill United Methodist Church, (Fellowship Hall Building) at 4101 College Street. Call 786-7083.

**National Active and Retired Federal Employees Clay County Chapter 1414** meets at 12:30 p.m. on the second Tuesday of each month at the Orange Park Library, 2054 Plainfield Avenue. Call 276-9415.

**Ladies Auxiliary of Fleet Reserve Unit 126** meets the second Thursday of each month at 10 a.m. at the Fleet Reserve Building, 7673 Blanding Blvd. Call 771-6850.

**Retired Enlisted Association** meets the fourth Wednesday of each month at 1 p.m. at the Fleet Reserve Hall at 7673 Blanding Blvd. Call 772-8622.



## Military Appreciation Day

Saturday, September 21st:

**JACKSONVILLE DOLPHINS**

vs.

**Warner University Royals**

**Kickoff is at 1pm!**

**ALL ACTIVE AND RETIRED**

**MILITARY PERSONAL**

**GET IN FREE WITH ID!**

**D.B.MILNE FIELD AT JU**

Follow us at @JUDolphins @JU\_Football and @DunkinDolphin

**Now hear this:**  
**NAVY 311** is at your service!

Get a question? Get an answer. NAVY 311 is your single point of entry to access help desk support across the Navy—and no topic is off limits. Ask NAVY 311 about systems, equipment, training, facilities, career, IT, medical, logistics, and more. Whether you're at sea, in port, on duty or liberty, NAVY 311 is available 24/7. So less away that wheel book. NAVY 311 is all you and your family need to reach authorized Navy service providers worldwide.

1-855-NAVY-311  
(1-855-629-8111)  
Web: [www.Navy311.navy.mil](http://www.Navy311.navy.mil)  
Email: [Navy311@navy.mil](mailto:Navy311@navy.mil)

# QUICK MOVE-IN HOMES

Special Inventory Pricing on Quick Move-In Homes in Six Communities Convenient To NAS Jax!

### WINCHESTER RIDGE

Homes From The Mid \$100's\* • (904) 289-7380

Normandy Blvd approx 5 miles West Of New World Avenue

Monterey MLS 659137 / 4 BR / 2.5 BA / 2900 SqFt+ / Lot 47 / Ready NOV ..... \$241,990\*

Longwood MLS 669097 / 4 BR / 2 BA / 3 CG / 1798 SqFt+ / Lot 54 / Ready NOV ..... \$174,990\*

### SANDLER CHASE

Homes From The Mid \$100's\* • (904) 374-5488

Sandler Rd off Old Middleburg Rd just South of 103rd St

Clearwater MLS 658974 / 3 BR / 2 BA / 1540 SqFt+ / Lot 104 / Ready OCT ..... \$159,990\*

Longwood MLS 674061 / 4 BR / 2 BA / 3 CG / 1798 SqFt+ / Lot 88 / Ready NOV ..... \$172,990\*

### GLEN EAGLE

Homes From The Low \$200's\* • (904) 379-5720

Chaffee Rd just South of I-10

Edgewater MLS 653108 / 4 BR / 3 BA / 2260 SqFt+ / Lot 51 / Ready NOV ..... \$264,990\*

Destin MLS 668989 / 4 BR / 2 BA / 3 CG / 2368 SqFt+ / Lot 128 / Ready NOV ..... \$269,990\*

### FOREST HAMMOCK AT OAKLEAF PLANTATION

Homes From The Mid \$100's\* • (904) 375-2151

OakLeaf Plantation Pkwy off Branan Field Rd

Palmetto MLS 646624 / 3 BR / 2.5 BA / 1985 SqFt+ / Lot 639 / Ready NOW! ..... \$218,990\*

Serenata MLS 630802 / 5 BR / 2.5 BA / 3 CG / 3679 SqFt+ / Lot 196 / Ready NOW! ..... \$323,990\*

### EAGLE LANDING AT OAKLEAF PLANTATION

Homes From The Low \$200's\* • (904) 579-3866

OakLeaf Plantation Pkwy off Branan Field Rd

St. Johns MLS 654009 / 4 BR / 3 BA / 3 CG / 3035 SqFt+ / Lot 247 / Ready NOW! ..... \$298,990\*

Serenata MLS 663292 / 5 BR / 2.5 BA / 3 CG / 3679 SqFt+ / Lot 353 / Ready SEP ..... \$329,990\*

### TWO CREEKS

Homes From The Mid \$100's\* • (904) 406-9108

Branan Field Rd at Trail Ridge Rd, North of Blanding Blvd

Monterey MLS 659109 / 4 BR / 2.5 BA / 2900 SqFt+ / Lot 281 / Ready SEP ..... \$239,990\*

Amelia MLS 659116 / 4 BR / 2 BA / 1847 SqFt+ / Lot 283 / Ready OCT ..... \$184,990\*

### Ask About Our

# \$1 MILITARY MOVE-IN

Move into a new D-R-Horton home today for only one dollar!\*\*

**D·R·HORTON** **America's Builder**

[WWW.DRHORTON.COM/NFL](http://WWW.DRHORTON.COM/NFL)

\*Home and community information, including pricing, included features, terms, availability and amenities are subject to change and prior sale at any time without notice or obligation. See your new home consultant for details. +All square foot dimensions are approximate. \*\*\$500 deposit requirement at contract signing, \$499 refunded at closing. Program is subject to VA loan eligibility and qualification. Not all buyers will qualify. Offer expires 12/31/13, not valid with other offers. Offer valid only in DR Horton North Florida communities. © 2013 DR Horton, Inc. All rights reserved. DHI Mortgage Company LTD, 9456 Phillips Hwy, Suite 5, Jacksonville FL 32256, 904-538-3840. Branch NMLS #257647 Company NMLS #14622. For information on DHIM licensing and regulation please visit [www.dhimortgage.com/NationalDisclosure.html](http://www.dhimortgage.com/NationalDisclosure.html).





**Pest Control**

2 VETS PEST CONTROL INC.  
Fleas, Roaches, Termites, & more  
Military & Vet Discounts 904-410-5280

**Merchandise**

AC, Heating, Fuel  
Antiques  
Appliances  
Arts & Crafts  
Auctions  
Building Supplies  
Business/Office Equipment  
Clothes  
Collectibles  
Computer  
Craft/Thrift Stores  
Electronics  
Estate Sales  
Farm/Planting  
Fruits/Vegetables  
Furniture/Household  
Garage Sales  
Garden/Lawn  
Hot Tubs/Spas  
Jewelry/Watches  
Kid's Stuff  
Machinery & Tools  
Medical  
Miscellaneous Merchandise  
Musical Merchandise  
Photography  
Portable Buildings  
Public Sales  
Sporting Goods  
Tickets  
Trailers  
Wanted to Buy or Trade

**Appliances**

Appliances, buy, sell, trade & repair  
W/Ds, Refrigs., stove, \$85-up wrnty.  
Mon-Sun. 9-7. Delivery 904-695-1412

Frig/Freezer Running almond  
cold needs food \$70. Trend Mill  
works great \$40. 779-7307

**Auctions**

**PUBLIC AUCTION**  
Multiple Sales in One Day  
Saturday, September 14th, 11AM  
1801 W. 1st. St. (SR46)  
Sanford, Florida  
Metal fabrication machinery &  
equipment, Machine shop tools &  
equipment, Wood working equipment,  
Welding equipment & supplies,  
Construction equipment & tools, Shop  
equipment & tools, Automotive equip-  
ment, Landscaping equipment, Pickup  
trucks, Forklifts, Generators,  
Material handling equipment, RV, go  
carts, etc. Inspect: Friday, Sept. 13th,  
9am-5pm & 9am morning of sale.  
Terms: cash, cashiers check, MC,  
Visa, Disc. 13% buyers premium, 3%  
discount for cash or qualified checks.  
D.M. Dennett & Assoc.  
"AUCTIONEERS" 407-322-1464  
Fl. Lic. au 293/au454/cb154

**The Florida Times-Union  
media jacksonville.com**

**Military Publications - Sales Representative**

Do you thrive working in the exhilarating  
world of advertising sales?

If so, then consider Times-Union Media's Military  
Publications. We are looking for a qualified **Sales  
Representative** who is aggressive, enthusiastic and has a  
proven track record of success. Be a part of the team  
responsible for selling and servicing advertising accounts  
for three military base publications servicing the NE  
Florida/SE Georgia military communities.

**Qualifications:**  
"High school graduate/GED required. College degree  
preferred.  
"Two years of B2B/outside sales experience required.  
"Media and/or print advertising experience preferred.  
"Excellent communication, math and customer service  
skills.  
"Must be detailed and deadline oriented.  
"Proficient in computer software programs such as MS  
Office is required.  
"Excellent communication, conflict resolution and  
organizational skills required.  
"Must have reliable transportation; possess a valid  
driver's license and auto insurance.

**We Offer:**  
"Base pay plus commission  
"Ongoing paid training opportunities  
"Growth opportunities for advancement  
"Comprehensive benefits package including medical,  
dental, life, disability, personal time off and holiday pay,  
401(k), and expense reimbursement

Qualified applicants may apply at  
**Monster.com keyword: 15118528**

Thank you for understanding that due to the large volume  
of resumes received it is not possible to acknowledge  
receipt of each resume.

**EOE  
DRUG-FREE TOBACCO-FREE  
WORKPLACE**

**650,620  
HOURS**

Besides protecting our country,  
military personnel stationed in our  
communities donated 650,620 hours of  
volunteer service in Northeast Florida  
and Southeast Georgia last year.  
Their time was given to community  
organizations, church groups, youth  
activities, scouting and more.

*Thank You!*

**JaxAirNews**  
THE MIRROR - NAS MAYPORT, FLORIDA  
**Mirror**  
THE PERISCOPE - KINGS BAY, GEORGIA

**Business /  
Office Equipment**

**SURGER- HEAVY DUTY, BLIND  
STITCH, PLEATER MACH.,  
STRAIGHT STITCH.** 904-755-2512

**Estate Sales**

**B. Langston's Presents  
A Doctor's Estate**  
Antique & contemp furn, Meissen,  
Lalique, 50's, 60's, fine & dec art,  
jewelry, clocks, tools.  
212 Honeysuckle Way. Thurs 4-7  
Fri/Sat 9-5. www.blangston.com

**Alderman Park, Swarovski, yard  
art, furn, 1943 Oakmont Dr. Fri/Sat 9-5  
Sun 11-2. www.yesterdayshildinc.com**

**Furniture / Household**

**ENTERTAINMENT CENTER**  
Solid oak, like new, beautiful  
piece, must see, can email  
pix's, 553-6015

**FISH TANK w/solid oak stand,**  
accessories included 20 gal,  
capacity 904-553-6015

**LIKE NEW! Black leather**  
sofa, love seat, end tables,  
coffee table, and dinette set  
with four chairs. All for \$500.  
904-422-9509

**OSTER Kitchen Center Stand**  
Mixer- all attachments &  
manuals. Great cond., \$125obo  
Call 220-3509 ask for Marsha

**(4) RECLINERS \$50ea. Red**  
sofa & loveseat \$150. Refrig-  
erator/Freezer \$50. Treadmill  
\$40. Good cond. 904-779-7327/  
640-6886

**Garden / Lawn**

**ELECTRIC MOWER \$600.**  
Grass Trimmer \$15. Call Wait  
778-9167 Not home leave msg.

**Medical**

**DIABETIC TEST STRIPS NEEDED**  
\$1 BUY sealed / unexpired boxes \$  
Call Bob at (904) 712-9015

**Misc. Merchandise**

**1/2 Carat Diamond Solitaire**  
Ring 14K yellow gold \$1350.  
Back Pack Jansport carries  
small tent, slng bag, & more.  
904-384-7809

**2 - HAPPY Embroidery Machines**  
12 needles w/stand & supplies.  
Exc. cond., \$15K. Original Cost  
\$40K. Will not sell separately  
Great Business Opportunity.  
Call 904-762-5995

**MOVING SALE: Table & 4**  
chairs, electric grill, sectional  
couch, patio rug 6.5'x9.5', cof-  
fee table, wall decor, bakers  
rack. 904-270-4904

**RATTAN SOFA & CHAIR \$80.**  
Patio glasstop tbl w/4 chrs \$20.  
269-4312

**Musical**

**PIANO - Victorian Parlor Grand**  
Chickering Piano - Ebony with  
Bench \$5000. Call 904-537-8506

**Sporting Goods**

**ELKINS HUNTING AND FISHING**  
CLUB Needs 5 new members. 1760  
acres, RV hookups, located in  
Central GA, Washington County  
Call Fred 904-229-7892

**Males Diamondback Bicycle**  
for sale, all new parts. Klm  
904-629-5267. Can send pix's.

**Pets & Animals**

Adopt a Pet  
Pets & Supplies  
Livestock & Supplies  
Animals Wanted

**Pets and Supplies**

**DACHSHUND Pups AKC-Long hair,**  
B/T, 4/F, 1/M, HC. \$400. 904-772-7438

**Jagd TERRIER PUPPIES**  
2 Female  
(16 weeks old).  
Ultimate hunting  
companion, very  
RARE in US.  
\$750. Call Mike.  
904.424.4151

**PERSIAN KITTEN CFA - M/F, very**  
sweet, health cert. 904-724-9620  
www.inthepinkpersians.com

**Poodles -AKC Standard Parti Poodle**  
Puppies \$550.00 call 386-872-1163

**SHIH-TZU PUPS AKC/CKC 8wks**  
READY TO GO! all colors, H/C  
POP, \$450. 904-655-0814, 904-635-8593

**Boats**

**YAMAHA JET WAKE BOAT**  
3 lrg tubes, life jackets, new  
stereo, twin engines, amzing  
shape, red/white \$11,200.  
817-374-0041

**RVs and Supplies**

**DIESEL DAMON ULTRA**  
SPORT 35ft Loaded \$54K.  
2 slides. Low miles.  
904-261-3080

**VRI Travel Trailer tow eg. 2**  
TV's, front bath, new tires, an  
bed, slps 6, lrg slide out, \$10K.  
H:904-642-0881/c:716-1968

**Automobiles**

**Cadillac DeVille 2005- 118,000mi, 4 Dr**  
White, Good Cond \$3900. 904-200-8446

**Trucks / Trailers / SUVs**

**2007 Jeep Wrangler, 32k mi's,**  
red, softtop, mud tires, flood  
lights, rock guards, great  
shape \$18,200. 817-374-0041

**CHEVY TAHOE '03 1 owner, special**  
order, 99k mi, 5.3 V8, 2WD,  
3rd seat, sunroof, fully loaded,  
\$9900. Must see! Call 904-868-2500



**FORD F-250 2002 Super Duty**  
Custom Built for RV: F250 SD 7.3  
Turbo Diesel, 4sp Auto Trnsm;  
XLT pkg; Hvy Duty Tow/Susp;  
Banks Exh Brake Sys, Monster  
Exh Pipe, Smart Lock Transm;  
Lined Bed; Orig nd RV Tailgates;  
HD Support for 16k Hitch; Cab  
Steps; Adj Tow Mirrors; Dlx Interior  
UpH Seats; Center Consol;  
Weather Fir Mats; Electronic  
Brake Controller w/plug nd wiring.  
Cvrd Strg; Maint nd Clean; Orig  
Owners. Call 904-771-7295

**FORD F250 DSL Super Duty**  
Suspns cooling, 5th whl sup-  
port, RV tailgate, banks  
brakes, exhaust transmission,  
owner \$19K. 904-771-7295

**JEEP WRANGLER 2007 - 39,000 mi.**  
ON STAR \$10,000. CALL 904-608-5770

**MERCEDES BENZ ML500 2004 SUV**  
95k mi., LOADED, ROOF RACKS,  
SAFE in Bottom \$10K 904-608-5770

**Vans / Buses**

**DODGE GRAND  
CARAVAN SXT 2013**  
WHEELCHAIR VAN  
with 10" lowered floor  
wheelchair ramp and tie  
downs for more info call  
352-325-1306



Together, our communities of service members and  
their families, and your business, can spell SUCCESS.  
Not only will your business benefit while the families  
are stationed here, many military families retire to the  
area, with the tri-base area being one of the most  
sought-after assignments in the U.S. Navy.  
To advertise, or to find out more information,  
please call 904.359.4168.



**The Times-Union  
drive  
DEALER DIRECTORY**

**TO LIST YOUR DEALERSHIP,  
PLEASE CALL 904-359-4193**

<p><b>BUICK</b> <b>KEY BUICK-GMC</b> 4660 Southside Blvd. 642-6060 <b>NIMNIGHT BUICK-GMC</b> 11503 Phillips Hwy 685-8820</p>	<p><b>DODGE</b> <b>ATLANTIC DODGE</b> www.atlanticjeep.com 2330 US1 South 354-4421 <b>JACKSONVILLE CHRYSLER</b> <b>JEEP DODGE</b> 9A &amp; Baymeadows 493-0000 <b>ORANGE PARK CHRYSLER</b> <b>JEEP DODGE</b> 7233 Blanding Blvd. 777-5500 www.orangeparkdodge.com <b>RICK KEFFER</b> I-95 Exit 373, Fern Bch. 1-800-228-7454 www.rickkeffer.com <b>FORD</b> <b>PAUL CLARK FORD-MERCURY</b> I-95 N. Exit 129 (Yulee) 225-3673 <b>AUTONATION FORD AT</b> <b>THE AVENUES</b> 10720 Phillips Hwy. 904-292-3325 <b>MIKE DAVIDSON FORD</b> <b>AT REGENCY</b> 9650 Atlantic Blvd. 725-3060 <b>AUTONATION FORD OF</b> <b>ORANGE PARK</b> 7700 Blanding Blvd. 777-3673</p>	<p><b>HYUNDAI</b> <b>KEY HYUNDAI</b> 4660 Southside Blvd. 642-6060 <b>JEEP</b> <b>ATLANTIC JEEP</b> www.atlanticjeep.com 2330 US 1 South 354-4421 <b>JACKSONVILLE CHRYSLER</b> <b>JEEP DODGE</b> 9A &amp; BAYMEADOWS. 493-0000 <b>RICK KEFFER</b> I-95 Exit 373, Fern Bch. 1-800-228-7454 www.rickkeffer.com <b>ORANGE PARK</b> <b>CHRYSLER JEEP DODGE</b> 7233 Blanding Blvd. 777-5500 www.orangeparkdodge.com</p>	<p><b>TOYOTA</b> <b>KEITH PIERSON TOYOTA</b> 6501 Youngerman Circle. 771-9100 <b>ERNIE PALMER TOYOTA</b> 1310 Cassat Ave. 389-4561 <b>VOLKSWAGEN</b> <b>O'STEEN VOLKSWAGEN</b> <b>VISIT OSTEENVW.COM</b> <b>TODAY!</b> 904-322-5100 <b>TOM BUSH VOLKSWAGEN</b> VISIT TOMBUSHVW.COM 904-725-0911 <b>VOLVO</b> <b>O'STEEN VOLVO</b> www.osteenvolvo.com 396-5486</p>	<p><b>PRE-OWNED VEHICLES</b> <b>DARCARS WESTSIDE PRE-OWNED SUPERSTORE</b> 1672 Cassat Ave. 904-384-6561 www.westsideford.com <b>O'STEEN VW CERTIFIED PRE-OWNED CENTER VISIT OSTEENVW.COM TODAY!</b> 904-322-5100 <b>WORLD IMPORTS CERTIFIED PRE-OWNED AUTO CENTER</b> www.worldimportsusa.com 11650 BEACH BLVD. 998-9992 <b>SUPPORT YOUR LOCAL DEALERSHIPS BY SHOPPING LOCALLY. READ DRIVE EVERY SATURDAY IN THE TIMES-UNION OR GO TO DRIVE.JACKSONVILLE.COM FOR GREAT LOCAL DEALS. LET'S SHOP LOCAL!</b></p>
<p><b>CADILLAC</b> <b>CLAUDE NOLAN CADILLAC</b> 4700 Southside Blvd. 642-5111 <b>CHEVROLET</b> <b>NIMNIGHT CHEVY</b> 1550 Cassat Ave. 904-647-4220 www.nimnichtchevy.com <b>JERRY HAMM CHEV</b> 3494 Philips Hwy. 398-3036 www.jerryhamm.com <b>RON ANDERSON</b> <b>CHEVROLET BUICK GMC</b> 464054 State Rd. 200 Yulee, FL 32097 904-261-6821</p>	<p><b>CHRYSLER</b> <b>ATLANTIC CHRYSLER</b> www.atlanticjeep.com 2330 US1 South 354-4421 <b>JACKSONVILLE CHRYSLER</b> <b>JEEP DODGE</b> 9A &amp; BAYMEADOWS. 493-0000 <b>RICK KEFFER</b> I-95 Exit 373, Fern Bch. 1-800-228-7454 www.rickkeffer.com <b>ORANGE PARK</b> <b>CHRYSLER JEEP DODGE</b> 7233 Blanding Blvd. 777-5500 www.orangeparkdodge.com</p>	<p><b>LINCOLN</b> <b>NORTH FLORIDA LINCOLN</b> 4620 Southside Blvd. 642-4100 <b>AUTONATION FORD</b> <b>LINCOLN OF ORANGE PARK</b> 7700 Blanding Blvd. 777-3673</p>	<p><b>PRE-OWNED VEHICLES</b> <b>AUTO LINE</b> A Family owned Business autolinepreowned.com 2126 Mayport Rd., Atlantic Beach 904-242-8000 <b>AUTOS BEACH BLVD. AUTOMOTIVE</b> Family Owned Since 1967 beachblvdautomotive.com 6833 Beach Blvd. 724-3511</p>	

# Tom Bush BMW

BMW 2013  
320i  
BMW 2013  
528i  
[bmwusa.com](http://bmwusa.com)  
1-800-334-4BMW



## BLUR THE LINES BETWEEN PERFORMANCE AND LUXURY.

**\$1,000 Loyalty Credit**  
Available On A New BMW 528i Sedan

### 2013 BMW 528i Sedan



MSRP \$51,325  
Premium Package,  
iPOD/USB Adapter,  
Hands-Free Bluetooth

**\$469**  
Per Month\*

**\$500 Loyalty Credit**  
Available On A New BMW 320i Sedan

### 2013 BMW 320i Sedan



MSRP \$36,675  
Premium Package,  
iPOD/USB Adapter,  
Hands-Free Bluetooth

**\$329**  
Per Month\*

**\$0 Maintenance Costs 4 Years/50,000 Miles**



**Tom Bush**  
BMW Jacksonville  
9850 Atlantic Blvd.  
(866) 958-3780  
[tombushbmw.com](http://tombushbmw.com)



**Tom Bush**  
BMW Orange Park  
6914 Blanding Blvd.  
(888) 528-4962  
[opbmw.com](http://opbmw.com)

\*Lease financing available on 2013 BMW 320i and on 2013 BMW 528i Sedan vehicles, only at participating BMW centers on leases assigned to BMW Financial Services NA, LLC/Financial Services Vehicle Trust through September 30, 2013. BMW 320i Sedan \$2,000 Build-Out Cash are credits against the MSRP of the Final purchase, loan or lease on a 320i Sedan through September 30, 2013. \$500 Conquest Cash is a credit against the MSRP of the loan or lease on a 320i Sedan through September 30, 2013. \$500 Loyalty Cash is a credit against the MSRP of the loan or lease on a 320i Sedan through September 30, 2013. \$500 Loyalty Cash available for returning BMW customers only and may not be combined with Conquest Cash. monthly Lease payments of \$329.00 for 36 months based on MSRP of \$36,675.00. Vehicle may need to be ordered. Total Lease payments are \$11,844.00. Excludes tax, title, license and registration fees. BMW 528i Sedan \$3,000 Build-Out Cash are credits against the MSRP of the final purchase, loan or lease on a 528i Sedan through September 30, 2013. \$1,000 Loyalty Cash is a credit against the MSRP of the loan or lease on a 528i Sedan through September 30, 2013. \$1,000 Loyalty Cash available for returning BMW customers only. monthly Lease payments of \$469.00 for 36 months based on MSRP of \$51,325.00. Vehicle may need to be ordered. Total Lease payments are \$16,884.00. Excludes tax, title, license and registration fees. Program available to qualified customers and not everyone will qualify. Subject to credit approval. See participating dealer for details. Dealer contribution may affect terms. Lessee must cover insurance and all items not covered under the BMW maintenance Program. At lease end, lessee will be liable for disposition fee (\$350.00), any excess wear and use as set forth in the lease agreement and excess mileage charges of \$0.20 per mile for miles driven in excess of 30,000 miles. BMW 320i Sedan purchase option at lease end for \$20,905.00 or BMW 528i Sedan purchase option at lease end for \$29,255, offers exclude taxes. Lessee acquires no ownership interest unless purchase option is exercised. See participating BMW centers for details and vehicle availability. All figures presented are estimates only. Actual selling price may vary. Please see your BMW center for details. Ultimate Service covers all factory recommended maintenance on all new vehicles, as determined by the Service Level Indicator, for 4 years or 50,000 miles, whichever comes first. Exclusions from coverage: gasoline, gasoline additives, windshield washer additives, tires, wheels, wheel alignment, tire balancing and rotation. All work must be performed by an authorized BMW center. See the Service and warranty information booklet for more details and specific terms, conditions and limitations. ©2013 BMW of North America, LLC. The BMW name, model names and logo are registered trademarks.



### Factory Certified BMWs...

- Inspected And Certified By BMW Trained Technicians
- Free Carfax On Any Vehicle
- Service Loaner Cars By Appointment

BMW  
Certified  
Pre-Owned  
[bmwusa.com](http://bmwusa.com)  
1-800-334-4BMW



## 2011 BMW 328i Sedan

**16 TO CHOOSE FROM**



**ONLY**  
**\$399**  
Per Month  
**\$0**  
Down\*

Prices Include BMW Protection Plan Up To 6 Years Or 100,000 Miles



6914 Blanding Blvd. (904) 777-2500  
[www.opbmw.com](http://www.opbmw.com)

\*Through BMW Financial Service Select Program on select Certified Pre-Owned Models W.A.C. Plus tax, tag, title & dealer fee.