

JaxAir News

www.cnicy.navy.mil/jacksonville

www.jaxairnews.com

VOL. 71 • NO. 23 • NAS JACKSONVILLE, FLA

FRCSE hosts Jacksonville mayor for tour of Navy depot

By Marsha Childs
FRCSE Deputy Public Affairs Officer

Fleet Readiness Center Southeast (FRCSE) hosted Jacksonville's mayor June 5 for a familiarization tour of the Navy's aviation maintenance, repair, modification and overhaul depot - the largest industrial employer in the region.

Mayor Alvin Brown, who ran on his vision of "taking Jacksonville to the next level through job creation," toured FRCSE to learn about the depot's mission in support of the warfighter. Accompanying the mayor were retired Rear Adm. Victor Guillory, the city's director for Military Affairs, Veterans and Disabled Services (MAVDS) and Harrison Conyers, Veterans and Community Outreach Manager. MAVDS advocates for the expansion of military infrastructure and jobs in Northeast Florida.

The visitors had a unique opportunity to see artisans working on aircraft and fabricating scarce aeronautical parts and components for legacy aircraft during their tour of the F/A-18 Hornet and P-3 Orion aircraft production lines, as well as the industrial manufacturing division.

Brown said it is easy to see how



U.S. Navy photo

Bob Vermillion (left), the F/A-18 Wing Shop supervisor, explains to Jacksonville Mayor Alvin Brown (center) how artisans are fabricating and replacing wing spars, the structural ribs subjected to corrosion and water intrusion after many hours of maritime flying, as FRCSE Commanding Officer Capt. Robert Caldwell (right) listens in during a tour of Fleet Readiness Center Southeast on June 5.

the Navy presence in Jacksonville makes the military "one of our strongest and most sustainable economic drivers."

"FRCSE creates many positives for our city by helping to refine the skills of our workforce and providing good-paying work that creates a ripple effect for the betterment of the Northeast Florida economy,"

said the mayor. "I'm proud of what these men and women do - not just in the name of America's defense, but to support our standard of living on the homefront every day."

Capt. Robert Caldwell, FRCSE commanding officer, said it was a great opportunity "to show Mayor

See **MAYOR**, Page 8

'Broadarrows' launch historic Japan mission

By MCCS William Lovelady
VP-62 Public Affairs Officer

Nearly 40 aircrew and maintenance members of the VP-62 "Broadarrows" headed to Japan June 4 as part of the Navy's first mobilization of a Reserve P-3C Orion squadron.

The squadron—which has been flying the Lockheed P-3 Orion aircraft since the height of the Cold War, and is prepared to conduct anti-submarine warfare (ASW) and other maritime patrol missions—will join the VP-26 "Tridents" with several detachments in the Western Pacific.

In recent years, the Broadarrows have gone on detachments to El Salvador where they flew many counter-narcotics missions in the Caribbean and Gulf of Mexico.

Now, as the active-duty VP squadrons transition from flying the propeller-driven P-3C to the new jet-powered Boeing P-8A Poseidon, the Reservists will provide crucial support in conducting maritime patrol and reconnaissance missions globally while the active-duty squadrons come up to speed with their new aircraft.

One of the Reservists going on deployment is AWCMS Spence Cunningham, the last P-3 acoustic sensor operator to have flown during the Cold War. Cunningham joined the Navy in 1981 and tracked Soviet submarines in the Mediterranean Sea and western Atlantic Ocean.

"My expectations are what any acoustic operator worth his or her salt should be—tracking submarines. Being primarily an Atlantic Fleet operator, I look forward to working in the western Pacific against some very challenging submarines found in that part of the world. I relish the challenge and look forward to sharing my experience with some

See **VP-62**, Page 6



A little rain didn't dampen the homecoming celebration for VP-10 as Lt. Cmdr. David Neall hugs his son, Mason, while his wife, Kara, and son, Tyler, wait patiently for their turns.

VP-10 'Red Lancers' complete successful deployment

From VP-10

The VP-10 "Red Lancers" returned home last week from their six-month tri-site deployment in support of the Navy's 4th and 7th Fleets.

While on deployment, VP-10 safely executed more than 250 sorties and flew more than 2,900 hours with an astounding 97 percent mission completion rate.

Driven by thoughts of home and duty to country, the Red Lancers continued their tradition of excellence, flying anti-submarine, littoral surveillance and counter-narcotics missions throughout the 4th and 7th Fleet areas of responsibility.

Operating out of Forward Operating Location Comalapa, El Salvador, the

Red Lancer team flew missions in support of joint, interagency Operation Martillo. Their mission was the detection, interdiction, and seizure of illegal narcotics in both the Pacific Ocean and Caribbean Sea. VP-10 directly contributed to the interdiction of more than 18,000 kilos of illegal narcotics as well as the detention of 28 suspected narcotics smugglers.

The Red Lancer maintenance team was equally busy, completing 10 engine and 16 propeller changes over the course of the deployment.

When they weren't interdicting suspected smugglers, VP-10 personnel were enthusiastically engaged in community outreach and support, volun-

See **VP-10**, Page 4



Photo by MC1 Michelle Lucht

AWO1 Steven VanBloem of VP-45 proudly waves Old Glory as the squadron's last P-3C Orion, piloted by VP-45 Commanding Officer Cmdr. John Brabazon, makes its way to Hangar 511 after returning home to NAS Jacksonville.

VP-45 'Pelicans' return home from deployment

By Lt. j.g. Josh Stokes
VP-45 Public Affairs Officer

The VP-45 "Pelicans" returned home last week to their eagerly awaiting families and friends at NAS Jacksonville after a six-month deployment to Kadena Air Base in Okinawa, Japan.

Following a turnover with the VP-26 "Tridents," the final group of VP-45 Pelicans arrived home June 8, completing the squadron's last flight in a P-3C Orion before beginning its transition to the P-8A Poseidon next month.

The deployment proved very successful and rewarding on many levels. From a maintenance perspective, AT1(AW) Tiffani Travis, the 2013 Senior Chief Sydney Smith Leadership Award recipient, noted that, "what the maintenance department accomplished as a whole is more than anyone could have expected."

From the mechanics changing engines, airframers completing fuel cell maintenance, aviation electronic technicians constantly battling to keep the Single Advanced Signal Processor

System and the radar up, to the aviation ordnancemen loading thousands of buoys -- we all came together to get the job done."

Thanks to the support of these maintenance professionals, VP-45 combat aircrews flew 3,026 mishap-free flight hours and launched 18 ready alert aircraft in support of search and rescue, intelligence reconnaissance, and anti-submarine warfare operations.

Despite a high ops-tempo, the Pelicans still found time for professional development, with 11 Sailors earning naval aircrew wings and more than 40 personnel earning their enlisted aviation warfare specialist wings.

In addition to operating out of Kadena, VP-45 also operated out of numerous detachment sites around the 7th Fleet area of responsibility (AOR), including the Philippines, Malaysia, Thailand, Australia and Indonesia.

The detachments covered a wide range of missions, including search

See **VP-45**, Page 5

INSIDE

WWII VETS
Battle of Midway Honorees
Page 3



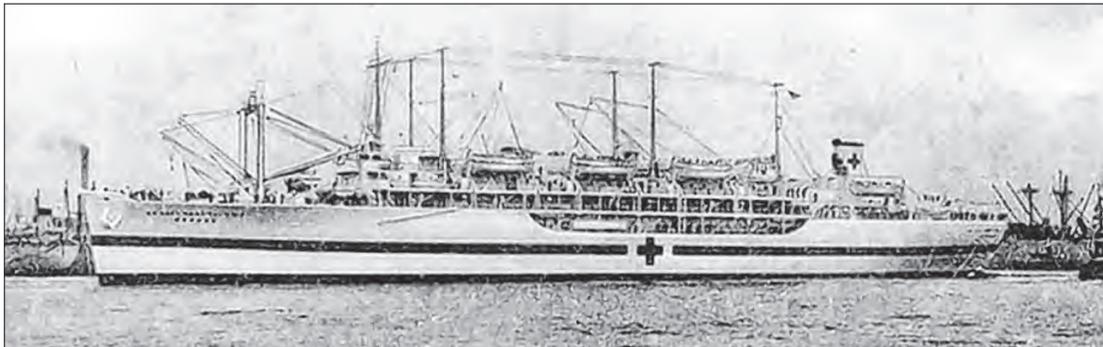
HOME AT LAST
More VP-10, VP-45 Photos
Pages 4 & 5

FACTORY FRESH
VP-5 Receives First P-8A
Page 11

Check us out Online!



jaxairnews.com



U.S. Navy photos

The hospital ship USS Repose (AH-16) was commissioned in May 1945. Known as the "Queen of the Orient," she provided care to troops fighting in both Korea and Vietnam.

From Staff

This Week in Navy History

June 13
1881 - USS Jeannette crushed in Arctic ice pack.

1967 - Operation Great Bend begins in Rung Sat Zone, Vietnam.

June 14
1777 - John Paul Jones takes command of Ranger.

1777 - Continental Congress adopts design of present U.S. Flag. (Flag Day)

1847 - Commodore Matthew Perry launches amphibious river operations by Sailors and Marines on Tabasco River, Mexico.

1940 - Franklin D. Roosevelt signs Naval Expansion Act to construct ships to increase Navy tonnage by 11 percent.

1985 - SW2 Robert Stethem of Underwater Construction Team 1 was killed by terrorist hijackers of TWA Flight 847. He later received a Bronze Star for his heroism.

June 15
1944 - Fifth Fleet lands Marines on Saipan, under the cover of naval gunfire, in conquest of Marianas.

1963 - Launching of combat store ship, Mars (AFS-1), first of new class of underway replenishment ships.

1991 - Two battle groups and

amphibious ships evacuate dependents and Air Force personnel from Clark Air Force Base in the Philippines after Mount Pinatubo erupts.

June 16
1898 - U.S. squadron bombards Santiago, Cuba.

1942 - Congress authorized an increase in the airship strength of the Navy to 200 lighter-than-air craft.

1958 - The Pacific Missile Range in Point Mugu, Calif., is established under Navy management to provide range support to the Department of Defense and other government agencies in guided missiles, satellite and space vehicle development and training.

1965 - Navy Department schedules reactivation of hospital ship Repose (AH-16), the first hospital ship activated for Vietnam Conflict.

June 17
1833 - USS Delaware enters dry dock at Gosport Navy Yard in Norfolk, Va., the first warship to enter a public dry dock in the United States.

1870 - USS Mohican burns Mexican pirate ship Forward.

1898 - Navy Hospital Corps established.

1940 - Chief of Naval Operations asks Congress for money to build two-ocean Navy.

June 18
1812 - U.S. declares war on Great Britain for impressments of Sailors and interference with commerce.

1942 - First African-American officer, Bernard Robinson, commissioned in Naval Reserve.

1951 - The ZPN-1 airship makes its first flight.

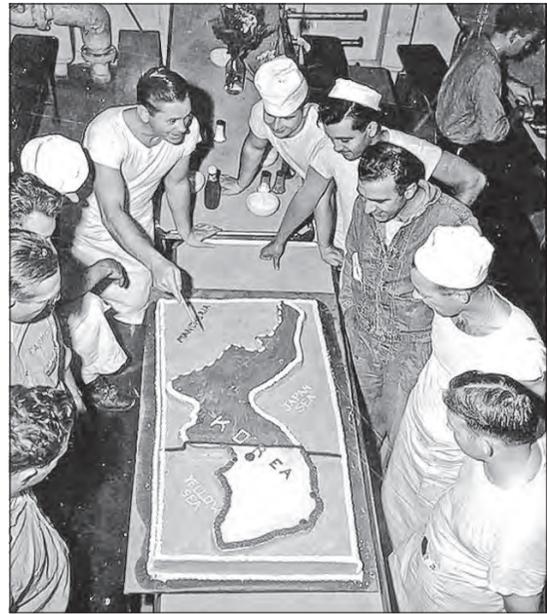
1957 - CNO approves ship characteristics of the Fleet Ballistic Missile submarine.

June 19
1864 - USS Kearsarge sinks Confederate raider Alabama off France.

1944 - Battle of the Philippine Sea begins ("The Marianas Turkey Shoot").

1948 - Chief of Naval Operations assigns three destroyers to U.N. mediator for the Palestine truce.

1959 - ZPG-3W, the largest non-rigid airship ever built, was the first of four airships designed for use in air warning patrol. It was delivered to NAS Lakehurst, N.J.



In the galley on board the hospital ship USS Repose (AH-16) in 1951, CS2 Albert Owen explains how he baked and decorated this 100-pound cake for the commemoration of the ship's first year of service in the Korean Theater.



A Navy nurse offers words of encouragement to a patient about to leave the hospital ship Repose (AH-16) in October 1967 for further treatment in the United States. Repose was in the South China Sea, off the coast of the Republic of Vietnam.

'Put down the ketchup and hear the question'

By Sarah Smiley
Special Contributor

They are calling it "Ketchup Gate," and it has military wives seeing red.

Last week, Rajiv Chandrasekaran wrote an article for the Washington Post that, on its surface, seemed to suggest that military families take advantage of taxpayers.

Yes, I cringed, too. Then I read it again.

What Chandrasekaran is actually calling for is smarter use of taxpayers' dollars, and therefore, more and better benefits for service members.

This is becoming a problem: we military wives can't hear a message because we've grown accustomed to defending our benefits. For good reason. In the past, some journalists have been overtly offensive, and in many cases entirely inaccurate, when criticizing military pay and benefits.

Indeed, just a few months ago, I wrote a response to a Huffington Post article that also rattled cages. But that columnist got his facts — and his tone — wrong.

Chandrasekaran, on the other hand, makes a few good points, and if we can just see beyond our past wounds, we'd realize that sometimes it's okay to call off the dogs in order for rational ideas that benefit all of us to make their way into the discussion.

Some of Chandrasekaran's better points that have been buried beneath the silliness of too-many-bottles-of-ketchup include:

Shutting down military commissaries based in the United States and allowing families to shop at civilian stores (and receive the same discount) would save \$1 billion a year.

Some benefits, like retirement pay and healthcare, can't be scrimped. Others, like the commissary, should be sacrificed if combat readiness is at stake.

Allowing family members to shop at civilian stores for the same discount provided by the commissary would actually be a greater benefit for retirees and reservists who often don't live near a military base and have to travel great distances to find a commissary.

Originally implemented in the 1800s as a means to support families stationed at rural bases, military commissaries in the United States are less critical today because "transformations in the military and civilian society over the following decades — including the expansion of large discount retailers near remote bases — obviated the original reason for them."

Trust me, I've been shopping at a military commissary since I was an infant in a stroller. I have (mostly)

From The Homefront

fond memories of following my mom up and down the aisles and marveling at the way she could pack two carts full of food and maneuver both around tight turns.

Commissaries are part of the military family culture. Inside, it's always Veteran's Day, Memorial Day and the Fourth of July thanks to patriotic advertisements aimed at service families.

But taxpayers and the government aren't in the business of supporting our culture. They are in the business of supporting the mission. And if commissaries need to be cut in order to do that, I'm okay with it.

In fact, I think our military spouse culture of exclusivity is becoming a detriment, and perhaps sending us out into the larger consumer world would help others understand who we are and what we do.

Over the course of last year, I hosted 250 people, most of them civilian, to "Dinner with the Smileys" and what I found was that even after all our public outreach, most people still don't understand what military families go through.

I wonder: is it partly because we are hidden away in our commissaries, spouse groups and bases with armed guards out front?

Some outsiders are beginning to view us negatively, and it doesn't help that we have what feels to them like a secret world of special stores and discounts. We know these benefits are valid and well earned, but when we won't let civilians ask hard questions, we put them on the offensive.

When we blast them for "ketchup" instead of hearing their idea, I'm afraid we come across as unreasonable. In our fight to defend ourselves, we have put our fingers in our ears over rational questions like, "Are commissaries the most critical benefit we have?" and mocked — with ketchup memes — those who dared to ask.

This is no way to work together and ask for support.

If we want civilians to take us seriously when we tell them that things like healthcare and retirement pay are but a small sacrifice (for them) for what service men and women do for our country, then we need to walk away from the ketchup and listen when they come up with other ways to save money.

Disclaimer: The views and opinions expressed in this article are those of the authors and do not necessarily reflect the official policy or position of any agency of the U.S. government or NAS Jacksonville.

VP-5 transition spotlight

By Lt. j.g. Brian O'Bannon

Every week, as part of its transition to the P-8A Poseidon, Patrol Squadron (VP) 5 is shining the transition spotlight on a talented "Mad Fox." This week's spotlight shines on AT1(AW/SW) Geoffrey Bird.

In addition to transitioning to the P-8A, Bird is responsible for standing up the AT laser program at the squadron.

In order to safely work on these systems, Geoffrey attended a class at Naval Station Mayport and re-qualified as an administrative laser safety officer (ALSO).

Currently, the ATs are finishing all their qualifications at VP-30 in preparation for the acceptance inspection of VP-5's first P-8A Poseidon. This is the third time AT1 Bird has transitioned to a new platform while in the Navy. He previously transitioned to MH-60 Sierras and Romeos in the rotary wing community.

"Out of the three transitions I have been a part of, the Poseidon transition has been the smoothest," praised Bird. "VP-30 has done a great job teaching us the electronics that are completely different than anything seen in the P-3C Orion."

Aviation electronic technicians are responsible for the maintenance and repair of electronics and avionics aboard the aircraft including, navigation, radio and radar systems.

A native of Clifton Park, N.Y., Bird is married with three children. He joined the Navy in 1998 and has served tours with VP-10, HSL-46, HSM Weapons School, HSC-25, HSM-40 and VP-5. He is the current Mad Fox Senior Sailor of the Quarter.

VP-5 began its transition to the P-8A Poseidon in January 2013.



AT1(AW/SW) Geoffrey Bird



Commanding Officer
Capt. Bob Sanders

Executive Officer
Capt. Roy Undersander

Command Master Chief
CMDM(AW/SW)
Brad Shepherd

Public Affairs Officer
Miriam S. Gallet

Public Affairs Specialist
Kaylee LaRocque

Editor
Clark Pierce

Staff Writers
Lt. Kevin Wendt
MC2 Amanda Cabasos

Design/Layout
George Atchley

The Jax Air News is an authorized publication for members of the Military Services. Contents of the Jax Air News do not necessarily reflect the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Navy. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, or The Florida Times-Union, of the products and services advertised. Everything advertised in the publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. If a violation or refraction of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected.

The deadline for all story and photo submissions is close of business the Friday before publication, and can be sent to jaxairnews@comcast.net.

The deadline for classified submissions is noon Monday. Questions or comments can be directed to the editor. The Jax Air News can be

reached at (904) 542-3531, fax (904) 542-1534, email JaxAirNews@comcast.net or write the Jax Air News, Box 2, NAS Jacksonville, Fla., 32212-5000.

The Jax Air News is published by The Florida Times-Union, a private firm in no way connected with the U. S. Navy under exclusive written agreement with the U. S. Naval Air Station, Jacksonville, Florida. It is published every Thursday by The Florida Times-Union, whose offices are at 1 Riverside Ave., Jacksonville, FL 32202. Estimated readership over 32,000. Distribution by The Florida Times-Union.

Advertisements are solicited by the publisher and inquiries regarding advertisements should be directed to:



Ellen S. Rykert, Publisher
1 Riverside Avenue • Jacksonville, FL 32202
904-359-4168

Advertising Sales • 904-359-4336
Kim Brannen, Territory Sales Representative • (904) 345-1163

Midway veterans honored at annual event

By MC2 Marcus Stanley
NPASE East Detachment Southeast

The Mayport Florida Council of the Navy League hosted the 16th annual Battle of Midway commemoration dinner at the World Golf Village June 1 with more than 800 people in attendance, including 15 Midway veterans.

"It's good to get together like this," said Marlin Crider, a Radioman 2nd Class during the Battle of Midway. "I wish that high school students and more people knew about the Battle of Midway."

Considered by some to be the most influential conflict during World War II, the Battle of Midway was a three-day conflict on the Pacific Ocean between the U.S. and Japanese navies from June 4-7, 1942, in which the U.S. defeated Japan by serving them their worst naval defeat in over 350 years.

"I think it was one of the greatest battles in the history of naval warfare and I was proud to be part of it," said retired Lt. Cmdr. William Roy.

"We turned the Japanese tide from winning to losing, and that was the turning point of the war in the Pacific."

Guest speaker for the evening, Adm. Bill Gortney, commander, Fleet Forces Command, spoke about the amazing efforts of all the brave men who served during the Battle of Midway.

"There are countless stories of those who ran into burning or flooding spaces to save a shipmate, and some of those who did are here with us this evening," said Gortney.

"Let us never forget those brave veterans and their legacy. We must preserve and celebrate our rich history."

Gortney also provided his "State of the Navy" - an overview of the current operations



Servicemembers from each branch of the military and a member of the Navy Junior Reserve Officer Training Corps salute during a special tribute for POW/MIA at the 16th Battle of Midway Dinner in St. Augustine. The June 1 ceremony commemorated the United States' victory over Japan at Midway Island, a critical turning point during the war in the Pacific.



Adm. Bill Gortney, commander Fleet Forces Command, gives a trophy to World War II veteran Bill Roy during a ceremony honoring those who fought during the Battle of Midway in 1942.



Adm. Bill Gortney, commander Fleet Forces Command, shakes hands with Medal of Honor recipient Robert Ingram as Rear Adm. Jack Scorby, commander, Navy Region Southeast, applauds during a special tribute June 1 at the 16th Battle of Midway Dinner in St. Augustine. Ingram, a former HM3 in the Navy, received the medal honor for his heroic efforts that saved many lives during his tour in Vietnam.

was Medal of Honor recipient Robert Ingram, whose Medal of Honor of citation was read aloud.

Other highlights of the event included a joint service color guard presentation by members of all six services, including the Merchant Marines and a ceremonial presentation of the six-person POW/MIA table.

Photos by MC2(SW) Marcus Stanley

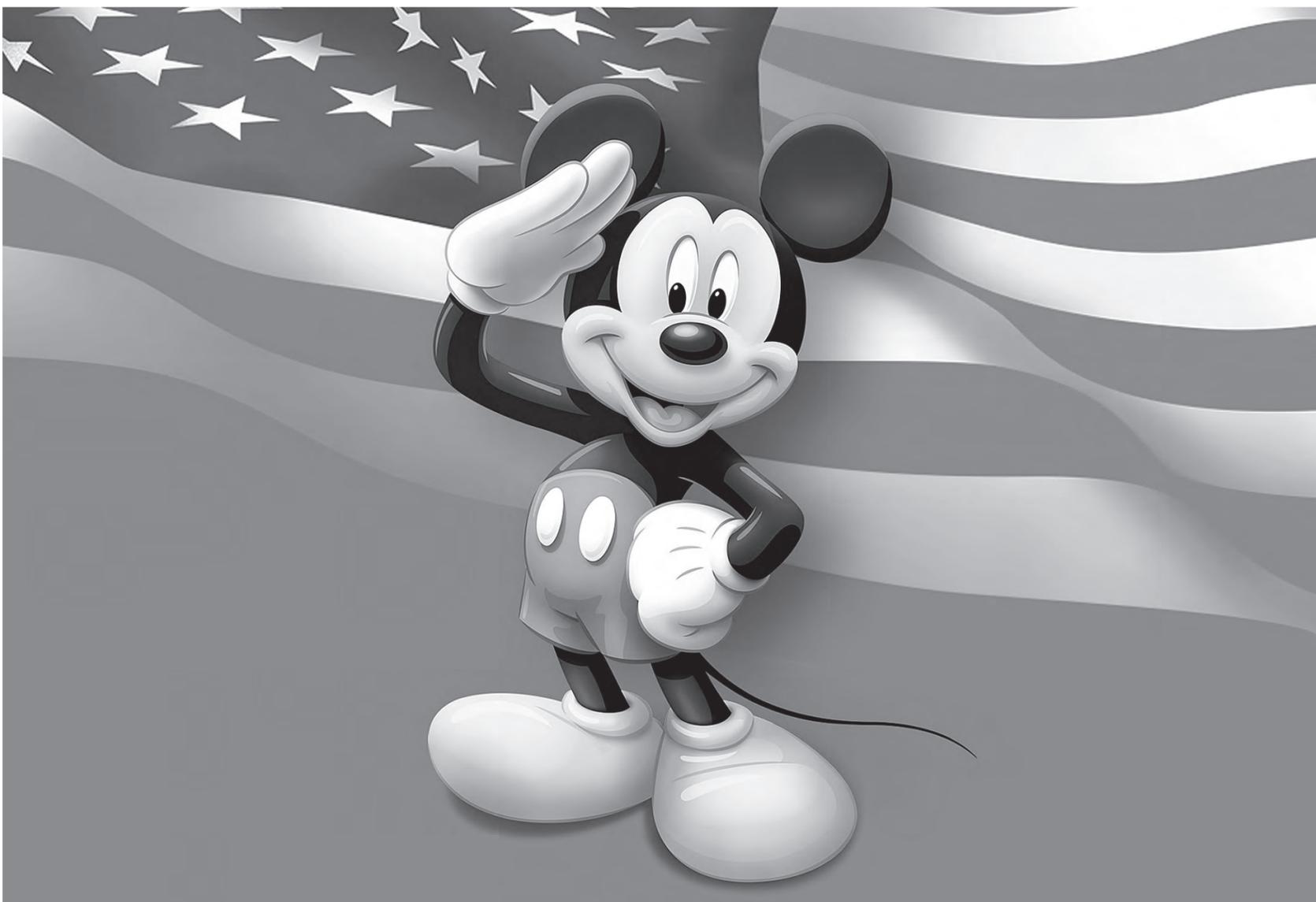
and how our brave warriors are doing more with less and continuing to be ready anywhere in the world.

Following Gortney's speech, a special memento was presented to each Midway veteran as each biography was read.

Notable hero in attendance



Adm. Bill Gortney, commander, Fleet Forces Command, presents an American flag flown over Midway Island to World War II veteran Burrell Davis, during a ceremony honoring those who fought in the Battle of Midway in 1942.



SPECIAL Disney Parks TICKET OFFER AVAILABLE NOW!

Disney salutes our men and women in uniform with specially priced Disney Theme Park tickets. Choose from the amazing *Walt Disney World* Resort or the incredible *Disneyland* Resort and share the magic, fantasy and adventure with your family and friends!

BUY YOURS TODAY AT YOUR BASE TICKET OFFICE.

For more information, including savings at *Disney Resort* hotels, visit disneymilitaryoffers.com.



Photo by Kaylee LaRocque

VP-10 Commanding Officer Cmdr. Charles Stickney and crewmembers were greeted by Jacksonville Navy Metro Fire & Emergency Services as they taxi their P-3C Orion to Hangar 117 following a six-month deployment ending on June 6.



Photo by MC2 Amanda Cabasos

Lt. Pete Freeman of VP-10 is greeted by his 3-year-old daughter, Emma, during the squadron's homecoming from a six-month deployment.



Photo by MC2 Amanda Cabasos

Family members of Sailors assigned to VP-10 wait at NAS Jacksonville during the squadron's homecoming on June 4.



Photo by MC2 Amanda Cabasos

AWF1(NAC/AW/SW) Luis Rivas is greeted by his wife, Christine Davis, and daughter, Paola Rivas, during a homecoming celebration as VP-10 returns from a six-month deployment June 4.

VP-10

From Page 1



Photo by Kaylee LaRocque

VP-10 Commanding Officer Cmdr. Charles Stickney is tackled by his son, Zach after arriving home from deployment June 6.

support of multinational exercises Fleet Concentration Period 2013, GUAMEX 13-1, Foal Eagle, Key Resolve, Ssang

teering more than 600 hours at a local orphanage.

During their weekly trips to the orphanage, squadron personnel played games with the children and performed minor repairs, including assisting with the painting of walls which provided much needed assistance to the staff. The squadron also donated 1,200 pounds of food and clothing and made a monetary donation of more than \$1,500 to the orphanage. The Red Lancers were exemplary ambassadors of the Navy's humanitarian efforts abroad.

Operating out of Misawa Air Base in northern Japan and Kadena Air Base in Okinawa, VP-10 supported 7th Fleet efforts around the Asian-Pacific region. The squadron successfully executed multiple detachments to the Republic of Korea, Australia and Guam. During their detachment to this region, they flew in



Photo by Kaylee LaRocque

AM1 Joshua Rankin of VP-10 happily greets his 2-year-old son, Kadin, after returning home from deployment.

Yong and SHAREM. Primarily stationed at Misawa AB, VP-10 maintenance continued their exemplary performance, expertly handling the day-to-day maintenance operations of a deployed squadron.

They also flawlessly managed the rigorous Integrated Maintenance Concept (IMC) evolutions for eight theater P-3C Orions.

In addition to the numerous squadron successes that were attained on this deployment, including surpassing 40 years and more than 239,000 mishap-free flight hours, VP-10 personnel also achieved numerous individual career milestones. The squadron had 56 personnel qualify and receive the Enlisted Aviation Warfare Specialist pin, 36 Sailors were advanced during the most recent exam cycle and 15 Sailors reenlisted.



Family and friends of VP-45 Sailors anxiously await the arrival of their loved ones on June 6 at Hangar 117.

Photo by Kaylee LaRocque



Photo by Kaylee LaRocque

AM3 Robert Gribble of VP-45 happily hugs his 5-month-old son, James after returning home on June 6. Gribble was met by his parents, Keith and Monica Gribble who live in Indianapolis, and have been caring for baby James and his 3-year-old brother, Gabriel, for the past month when their mother, who is also in the Navy, was transferred to San Diego.

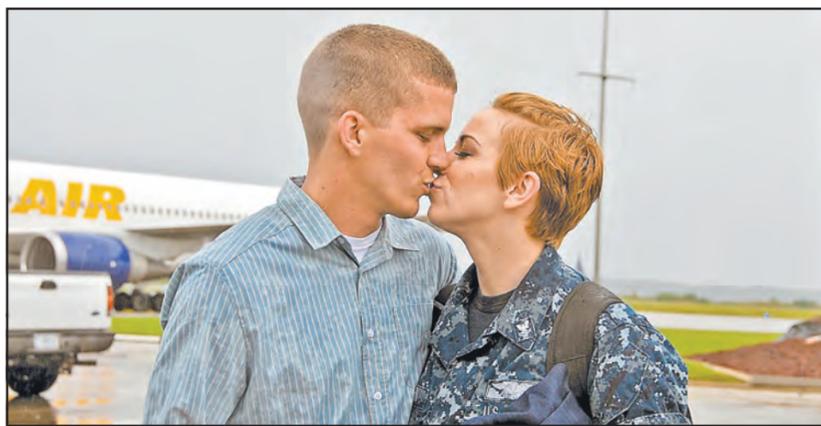


Photo by MC1 Michelle Lucht

AD2 Catherine Larkin of VP-45 is greeted by her husband, Matt after arriving home from a six-month deployment to Japan.



Photo by MC1 Michelle Lucht

AWO2 Rebecca White of VP-45 is welcomed home by her parents after a six-month deployment to Japan.



Photo by Kaylee LaRocque

Tony Buchanan welcomes home his wife, YNC Alisha Buchanan of VP-45 with a big hug and a bouquet of flowers.

VP-45

From Page 1

and rescue and international exercises. Often working side-by-side with the host countries' military, these detachments not only strengthened international relations, but also provided the Pelicans with a chance to act as American ambassadors.

Overall, the Sailors of VP-45 were the cornerstone that attributed to the successful deployment.

"Over the past six months, the Pelicans have been working really hard to support 7th Fleet in one of the most dynamic AORs in the world," said VP-45

Executive Officer Cmdr. T.J. Grady.

Grady added that, "it has been a true team effort" thanks to VP-5, VP-10 and Commander Patrol and Reconnaissance Wing Eleven assets that augmented VP-45 during the deployment. With the deployment now in the rear view mirror, the Pelicans will pause to commemorate the squadron's heritage with a dinner June 21.

The Pelican family will pay a special tribute to the flight engineer and in-flight technician ratings that, after more than 70 years as a part of VP-45, will be leaving the squadron as the Pelicans transition to the Boeing P-8A Poseidon.



Photo by Kaylee LaRocque

AE2(AW) Kaleb Stewart of VP-45, right, and his dog, Tyson welcome home their friend AD3 Alex Garza, also of VP-45 as he arrives at the NAS Jax Flightline.



Photo by Kaylee LaRocque

Three-year-old Miranda Stooksbury patiently waits for her dad, Lt. j.g. Michael Stooksbury of VP-45 to arrive at Hangar 117.



Photo by MC1 Michelle Lucht

VP-45 Commanding Officer Cmdr. John Brabazon happily greets his family after returning home to NAS Jacksonville on June 9.

Last Cold War warrior deploying to WESTPAC

From VP-62 Public Affairs

As VP-62 begins the first mobilization of a Navy Reserve P-3 Orion squadron, one of the Reservists heading to Japan is also one of the last Cold War anti-submarine warfare operators still serving in the Navy – AWCN(NAC/AW) Spence Cunningham.

Before boarding the plane, he took time to look back on his 32 years of naval aviation experience.

He joined the Navy via the Delayed Entry Program and went to boot camp in Orlando, Fla. in August 1981. After completing the anti-submarine warfare operator pipeline (non-acoustic) in 1982, he received orders to the VP-45 "Pelicans." After being screened for instructor duty at VP-30, he taught the Update 2, 2.5 and 3 versions of the P-3C



U.S. Navy Photo

In 1993, VP-62 Commanding Officer Cmdr. Jan Milligan presented the Navy and Marine Corps Achievement Medal to AWCN Spence Cunningham.

Orion.

"When I completed my shore tour at VP-30 I took an opportunity to work on the P-7 program, so I separated from active duty as an AW1 in August of 1990



Photo courtesy of VP-62

AWF1 Jeff Townsend (left) and AWCN Spence Cunningham of VP-62 patiently wait for the aircraft that will take them on a six-month deployment to Japan.

with orders to the 'Broadarrows' of VP-62," he said.

"At that time, the annual training periods consisted of the squadron setting up shop in Bermuda to cover that ASW sector until all the Reservists completed their two-week requirements.

VP-62

From Page 1

young fleet operators out there."

Another Reservist deploying is AD3 Scott Woodward of Savannah, Ga. Woodward joined the Navy Reserve six years ago after talking to a recruiter during his lunch break.

"I chose to join the Reserves rather than going active duty because I wanted to go to school at the same time," said Woodward, who completed his degree in criminal justice last December.

"This will be my first deployment with a squadron. I was deployed to Iraq in 2009, but after six years in the Navy, it's pretty exciting to finally go on the road, working in my rate, with my own unit.

"Other than going to Iraq, this will be the first time I've traveled outside the country," said Woodward. "I've always wanted to go to Japan, to be able to do some sightseeing. I have a friend from Tokyo who showed me some pictures of his hometown, and I would also like to see some of the museums."

"VP-16 is now transitioning to the P-8 Poseidon. They are the first active-duty squadron to get the new aircraft and that is what creates the demand for VP-62 and VP-69 to deploy," said Cmdr. Jon Townsend, VP-62 commanding officer. "We are taking their place

on deployment while they transition. We are scheduled to deploy three more times as the rest of the active-duty maritime patrol squadrons transition. As they transition, we fill their place."

"The Reserves will not transition to the P-8 until all active-duty squadrons have made the change," added Townsend.

"I believe the eventual transition to P-8 will be easier for the Reserves than the active component because of the many Reserve pilots who fly for the airlines already fly the Boeing 737."

The P-3 has served the Maritime Patrol and Reconnaissance Force (MPRF) for more than 50 years. While mission gear has been updated over the years, the airframe itself is rapidly approaching the end of its service life. The new P-8A, a military variant of the Boeing 737, features improved airframe reliability, high-altitude surveillance and reconnaissance capability, open-architecture mission systems, in-flight refueling capability and many other modern features.

"The MPRF transition to the P-8A basically involves six-month FIT (Fleet Introduction Training), plus a one-year IDRC (Inter-Deployment Readiness Cycle). While the IDRC is always there, it's the six-month FIT that causes the gap in deployment coverage. It's these gaps we're mobilizing to cover," said

Townsend.

"Maintaining crew readiness and completing all the requirements for deployment has its own challenges for a Reserve squadron," said CMDCM Mike Heisler, VP-62's senior enlisted leader. "A combat aircrew cannot be qualified individually. Each member of the team must be present for each evolution. When they launch a weapon or fly a mission, every member of the team, from the pilots and flight engineers to the tactical officer and the sensor operators must be on the plane and performing their roles flawlessly or the crew qualification isn't earned or maintained."

"In an active duty squadron, every member of the crew is available every day to train together. In a Reserve squadron, we have one or two weekends a month," said Heisler. "If someone gets sick and misses a drill weekend that could delay qualification as a crew, which impacts the training plan for the following month. To deal with this, we went to two drill weekends and everyone is giving their all to make sure everything goes right. VP-62 is one team, one fight. Our Reservists and our full-time-support members are willing to give up two weekends a month with their families to make sure we are 100 percent ready to do our jobs. That is the spirit and execution of Active-Reserve

The Broadarrows were the last Reserve VP squadron to operate fully out of NAS Bermuda in 1991.

After that, operations moved to a detachment form of annual training where crew and maintenance formed small units and went forward to various sites like Roosevelt Roads, Puerto Rico; Sigonella, Sicily; Manta, Ecuador; Keflavik, Iceland and Comalapa, El Salvador to name a few.

While attached to VP-62, I've held many positions - from NATOPS 'Bluecard' instructor to detachment CPO and up to Command Master Chief. All the while, maintaining combat aircrew qualifications to answer the call if needed.

"I reached the 30-year high year ten-

See CUNNINGHAM, Page 12

integration."

The squadron has completed Advanced Readiness Program, Operational Readiness Evaluation, Fleet NATOPS Evaluation Team inspection, Conventional Weapons Refresher Training, Conventional Weapons Technical Proficiency Inspection and then begins the first iteration of VP Reserve mobilization and deployment cycles.

The preparations for mobilization started last year, when VP-62 participated in the 23rd biennial Rim of the Pacific exercise, where they flew nearly 50 hours and achieved more than a dozen advanced readiness qualifications, including a live-fire exercise.

"We successfully fired a live Maverick missile against a decommissioned target ship," said Cmdr. Kris Moorhead, one of VP-62's mission commanders at RIMPAC. "It is a very rare opportunity for us to get live ordnance in a training environment, so this was a fantastic training exercise for both aircrew and maintenance personnel."

"We also dropped a torpedo on an undersea target sled," Moorhead added. "Most of our events were focused on ASW and it was great training. We coordinated our ASW efforts with P-3s from several countries, ASW helicopters, and the newest ASW patrol aircraft, the P-8 Poseidon."

SAINT LEO UNIVERSITY

Associate and Bachelor's Degrees

ONLINE, CLASSROOM, OR CD-ROM

A TRADITION OF MILITARY SERVICE

Saint Leo University is a major global provider of higher education to the military. We offer affordable academic excellence with superior academic counseling to active duty military, veterans, and civilians.

- Conveniently located at Mayport, Building 460 and Orange Park at SJR State
- Programs designed to fit your schedule
- Prior Learning Assessment available
- Approved for VA Benefits/GI Bill
- SLU is a participating member of the Yellow Ribbon Program and Navy Partnership

SAINT LEO UNIVERSITY

(904) 249-0911 • mayport@saintleo.edu
(352) 588-5700 • nefl@saintleo.edu

www.saintleo.edu/nefl

Saint Leo University admits students of any race, color, religion, and national or ethnic origin.

PREPARE FOR A CAREER IN HEALTHCARE.

Offering Programs In:

- Dental Assisting
- Health Information Technology
- Medical Assisting
- X-Ray Technology *(limited scope)*
- Sterile Processing Technology
- Surgical Technology

Flexible Class Schedules
Financial Aid Available to those who Qualify
Career Placement Assistance for all Graduates
Accredited by ACICS • Approved for Veterans' Training

FORTIS COLLEGE

Your Life. Powered By Learning

(855) 515-3077

www.fortiscollege.edu

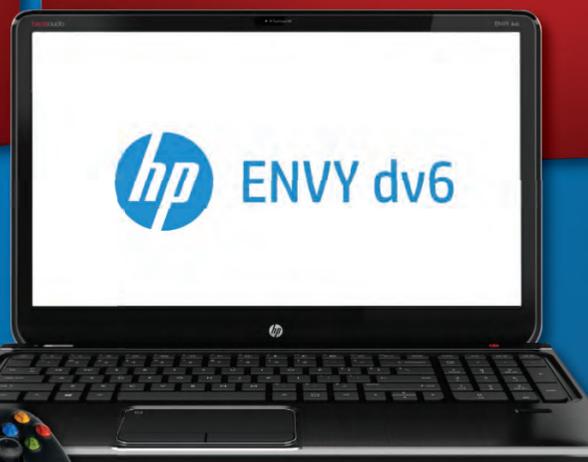
560 Wells Road, Orange Park FL 32073

For consumer information visit www.fortis.edu

Get the things you want. Without the hassles you don't.

Furniture, electronics, computers, appliances—whatever you need to feel right at home, you can find at Purchasing Power. Just without the hassles of traditional financing. With Purchasing Power, there's no credit check, no ballooning interest and no stringing you along for years. We simply give you one up-front price, and divide it into easy payroll allotments over 12 months. No hidden fees. And no surprises. And the best part is, as a government employee* you're already eligible.

Get started today at PurchasingPower.com/JaxAir



PURCHASING POWER
A better way to buy

*Federal Government Qualifications: You must be at least 18 years of age, you must be a full-time or part-time Federal Government employee for at least 6 months, you must earn at least \$20,000 a year, you must have a bank account or credit card to be used in case of non-payment via payroll allotment.

© 2013 Purchasing Power.

Community reward enhances housing areas

From Balfour Beatty Communities

Balfour Beatty Communities and Switch4Good presented a \$500 check community reward to residents of NAS Jacksonville recently.

The \$500 grant was awarded to residents for achieving a 20 percent participation in the Switch4Good program and will be used to install doggie post stations and picnic tables on base.

The Switch4Good program is designed to help residents of Balfour Beatty Communities conserve energy and earn money back for low utility bills.

Funded by the Department of Energy, Switch4Good provides conservation tips via email and text. The program is voluntary for all residents who are included in the Resident Energy Conservation Program initiated by the Department of the Navy.

Additional community rewards will be given for increased participation and energy savings.

Balfour Beatty Communities is also eligible for another



Photo courtesy of Balfour Beatty Communities

Diana Heintz, community manager for Balfour Beatty Communities, presents a check for \$500 to NAS Jax residents during the annual "Room to Bloom" event in April.

er grant from Switch4Good. If 80 percent of homes enrolled in S4G use 10 percent less energy than other homes on the base, the community will receive another \$500. The challenge runs through June.

For more energy savings information, like the Switch4Good Facebook page.



U.S. Navy photo

Bruce McCurdy (from left), Industrial Manufacturing branch head; Jacksonville City Mayor Alvin Brown; and Angello Evans, the Industrial Manufacturing director; listen as Capt. Robert Caldwell, commanding officer of Fleet Readiness Center Southeast, discusses the vital mission the military maintenance depot plays in keeping legacy aircraft operational, during an informational tour of the depot on June 5. They stand before an enormous gantry-style milling center with a 25-foot bed used to fabricate large aeronautical parts.

NNOA Jacksonville hosts annual scholarship banquet

From NNOA

The National Naval Officers Association (NNOA) Jacksonville Chapter hosted their fourth annual scholarship banquet May 17. NNOA Jacksonville Chapter presented scholarship checks in amounts of \$750 and \$1,000, totaling \$13,000 to 15 area graduating high school students from Clay, Duval, St. Johns and Camden County, Ga.

This event represented a sincere effort on the part of the NNOA organization to positively impact our community and to represent the sea services.

Without the support of the community, partners, donors and members, NNOA Jax would not have been able to provide \$30,000 in scholarships over the past three years to deserving high school seniors throughout the southeast region.

There were 64 participants at the event with Dr. Richard Danford, CEO of the Jacksonville Urban League,



Photo courtesy of NNOA

Members of the National Naval Officers Association Jacksonville Chapter gather with scholarship recipients during the annual scholarship banquet on May 17.

Adm. Sinclair Harris, commander, 4th Fleet/U.S. Navy Forces Southern Command was NNOA's special guest, who presented a command coin to each scholarship recipient.

An event such as this requires a great deal of commitment to plan and organize.

A special thanks to Lt. Cmdr. Brian Martin and retired Lt. Harold Jones,

this year's scholarship committee chair and co-chair, for their hard work.

A special thanks also goes out to the NNOA Scholarship Committee - retired Rear Adm. Gene Kendal, retired Lt. Cmdr. Herlena Washington and retired CWO4 Herman McCrary.

For more information on NNOA Jacksonville Chapter, visit their Facebook page.

Personal finances – surviving the furlough

By Rufus Bundrige

FFSC Personal Finance Manager

Furlough letters are already in the mail. Are you financially prepared?

Fleet and Family Support Center (FFSC) financial educators are offering a presentation regarding the financial health of furloughed federal workers. They will provide financial information in order for person-

nel to make informed decisions.

Visit FFSC's Facebook page for information on training regarding the sequestration and furlough situation. If you are interested in FFSC's Personal Financial Manager visiting your command or department to provide training, call 542-5745.

The presentation, "Personal Finances, Before and After a Furlough," is available to civilians, active duty and family members.

Your Future Begins Today!



Classes Start Monthly!

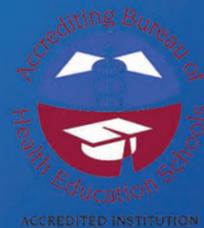


Enroll Today!

(904)345-5678

DadeMedical.edu

**BSN Online • Ultrasound • Nursing
LPN-RN Bridge • Medical Billing & Coding Online**



'Mad Foxes' complete P-8A ordnance inspection

By Lt. j.g. Brian O'Bannon
VP-5 Public Affairs Officer

VP-5 "Mad Foxes" ordnancemen recently completed their Conventional Weapons Training Proficiency Inspection (CWTPI) at Hangar 511 aboard NAS Jacksonville. This inspection certifies VP-5 as independent weapons handlers for the P-8A Poseidon.

CWTPI evaluates the squadron AOs' ability to safely operate the specific ground support equipment, perform release and control checks, load chaff and flares, as well as build-up and load the MK 54 torpedo.

For the past two months, VP-5 "ordies" have been working 12-hour days, including weekends, to prepare for their inspection. Their outstanding performance demonstrated that VP-5 is safe to handle and load ord-



Photos from VP-5
A VP-5 load team hangs a MK 54 practice torpedo in the internal bomb bay of a P-8A Poseidon.

nance for the P-8A Poseidon.

"CWTPI is typically a five-day inspection," commented VP-5 Gunner CWO3 Joseph Doyle. "Our ordnancemen passed it with flying colors in three days

– and now, we're ready for the arrival of our first Poseidon."

Day one of the event involved administrative inspections of ordnance certifications and qualifications. Days two and



For the past two months 'Mad Fox' AOs have worked 12-hour days, including weekends, to prepare for their Conventional Weapons Training Proficiency Inspection.

three tested load team procedural compliance.

Load Team One consists of AO1 Robert Massard, AO2 Patrick Williams, AO2 Bryce Warde, AO1 Ruben Rivera, AO1 Joshua Christenson, and AO2 Rumiel Benson. Load Team Two

consists of AO1 Dennis Yearty, AO2 Kelcina Jackson, AO3 Jasmine Banks, AO2 Christopher Howard, AO3 Michael McKenzie, and AO3 Mallory Burton. The Support Team members include AT1 Abolo Meba and AM3 Theodore Skrypiec.



Photo by Lt. Kevin Wendt

Chief Reenlists at All Saints Chapel

NAS Jax Commanding Officer Capt. Bob Sanders, left, reenlists RPC Michael Music at the NAS Jax All Saints Chapel on June 6, while Music's family and friends look on. "I especially want to thank the command for always supporting me up when I have new ideas and suggestions, it's been such a positive experience," Music remarked.

We cook to order with ALL FRESH ingredients!

FRESH GRILL
6621-1 Argyle Forest Blvd. Jacksonville, FL 32244
(904) 503-5998

Prices range from \$4.99 to \$7.99

We offer a wide array of fresh foods including sandwiches, pitas, wraps and platters. These include Cheese Burgers, Veggie Burgers, BBQ or Grilled Chicken, Falafel, Cheese Steak, Chicken Steak, Meatball, Fresh Soup, Chicken Caesar or Greek Salad, Chicken, Beef and Seekh Kabobs, Chicken Shawarma, Chicken Shashlick and Gyros.

Receive \$1.00 off with Military ID!
We will also deliver to the base for a \$3.00 charge.

www.freshgrillfl.com

THE STORAGE BIN II

AC & DRIVE UP UNITS FOR EASY ACCESS

3 MONTHS FREE with 1 Year Lease

1 MONTH FREE with 6 Month Lease

5361 TIMUQUANA ROAD, JACKSONVILLE, FL 32210
904-777-0868

Heat up your week!

FREE ENTRÉE

Of equal or lesser value with purchase of an entrée. With valid ID.

VALID AT:
5907 Roosevelt Blvd. - (904) 908-4343
(1/2 mile north of NAS Jax)

Coupon is required. Cannot be combined with any other offer. One coupon per person, per visit. Expires June 30, 2013. tijuanaflats.com

TIJUANA FLATS

Chopper City USA

Motorcycle Service & Repair
All Makes - All Models
Custom & Customized Motorcycles
904-721-1969 or 904-276-7310

120 College Dr Orange Park, FL 32065

Ground Up Custom Builds Starting at \$19,995

Great Service Fair Prices

HOURS: Mon - Fri 10am-6pm Sat 12pm-3pm

Custom Fender, Saddlebags & Much More!

Mention this Ad to receive **10% OFF** Parts & Labor

We do it all & We do it well!
www.choppercityusa.com

Oelridge Video & Photography, Inc.

Let us capture that special event - Retirements, Special Celebrations, Weddings, Birthdays, Senior Portraits, Family and Individual- on location or in our studio. In-studio projects are done at our studio located at 868 Blanding Blvd, Suite 104, Orange Park, FL Call 904-272-3300 for an appointment or questions.

"We give you memories that warm the heart."

Rick White - Retired Navy & FEDEX Pilot

www.oelridgevideo.com
email: oelridgevideo@bellsouth.net

MILITARY HOMEBUYER SEMINAR
June 29 • 10 a.m. to 1 p.m.

It's Homebuyer Education Month!

Join us for a special seminar for military buyers, including these topics:
VA financing information • Factoring in BAH in your budget • Home search tips

Where?
Pine Ridge in Middleburg, FL – 4615 Pine Lakes Drive

While you're in the neighborhood, tour the community, offering:
Homes from the mid \$100s with up to approx. 3,000 sq. ft.
Pool and fitness center • And more!

RSVP now: 904-541-2566

RICHMOND AMERICAN HOMES With us, it's personal.™

A HIGHER DEGREE OF EXCELLENCE

EDUCATION FOR THOSE WHO AIM HIGHER.

You deserve a chance to build the best life you can. You are committed to serving your country. We are committed to serving you.

EMBRY-RIDDLE Aeronautical University
WORLDWIDE

855-484-8022
worldwide.erau.edu/us2013

NAS Jacksonville
P 904-779-0246
E NASjacksonville@erau.edu

SCAN TO REQUEST MORE INFORMATION



THINK YOU FOUND EVERY HAZARD ON THE COURSE? THE ONE YOU MISSED COULD BE A KILLER.



Exposure to the sun can lead to skin cancer.

In addition to wearing sunscreen and protective clothing, your best shot is to check for a spot.



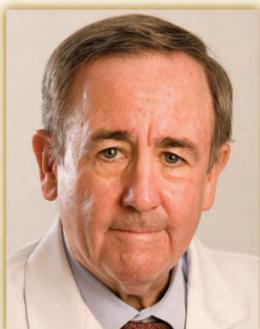
Call today for an appointment for your skin cancer screening.



**ADVANCED
DERMATOLOGY
and Cosmetic Surgery**

Four Jacksonville Locations

866-202-6816 | ADVANCEDDERM.COM



DOUGLAS
ROBINS, MD



DAVID
BOYD, MD



MADALIENE
GAINERS, MD



KRISTEN
STEWART, MD

'Mad Foxes' receive first P-8A Poseidon

By Lt. j.g. Brian O'Bannon
VP-5 Public Relations Officer

On June 4, AA Jessica Diaz recovered P-8A number 436, the first P-8A Poseidon assigned to the VP-5 "Mad Foxes."

The aircraft was flown directly to NAS Jacksonville from Boeing facilities in Seattle, Wash. by a team of military acceptance pilots.

VP-5's acceptance of 436 is unique as it is the first time a fleet squadron is directly accepting its own Poseidon.

'Mad Fox' maintenance personnel were training hard since January for this process which will take a little under



Photo courtesy of VP-5

"Factory fresh" P-8A Poseidon number 436 flew directly to NAS Jacksonville on June 4 from a Boeing facility in Seattle, Wash.

a week. With the help of support team experts from Boeing, each maintenance work center will perform their own inspections on their respective areas of expertise for aircraft 436.

When they are completed, the aircraft will be put through release and control checks,

ground turns, and finally, functional check flights by VP-5 pilots.

Every 'Mad Fox' is extremely excited about their very first P-8A Poseidon and look forward to writing a new chapter in the long history of VP-5.



Photo by MC2 Douglas Wojciechowski

AA Jessica Diaz, a plane captain assigned to the "Mad Foxes" of VP-5 at NAS Jacksonville, signals directions to the pilot during the delivery of the squadron's first P-8A Poseidon aircraft. VP-5 has been undergoing transition to the new P-8A aircraft since January and is scheduled to receive Safe-For-Flight certification by the end of July.

Summer months mean higher energy bills

By Josh Bass
NAS Jax Installation Energy Manager

NAS Jacksonville traditionally sees its highest electrical bills in the summer. With our government's current financial situation, saving money on utilities has never been more important. HVAC, lights, water heating, building envelope and process loads constitute the majority of the consumptive loads in our places of work and residences.

Through building energy monitors and projects NAS Jacksonville is having success reducing its consumption from year to year, but we are always looking at additional ways to save.

- Report excessive heating or cooling settings to the Public Works Department. New Commander, Navy Region Southeast guidance establishes a cooling set point of 78 degrees during occupied hours and an 85 degree setback temperature during unoccupied times.

- Keep doors and windows closed when the air conditioning (or heat) is on. Report any air leaks to the outside to your Public Works facility manager (missing weather stripping or improperly closing windows and doors).

- Use natural day light from windows whenever possible in place of overhead lights. Turn off overhead lights when you leave a room. Often times no one takes ownership of lighting over an area used by more than one person. Step up to that responsibility or talk to your building energy monitor about it.

- Report excessively bright areas to your Public Works facility manager so that the lighting levels can be adjusted. Reducing the lighting not only saves the energy used to power the lights, it also saves on the

heat introduced to the space from those same lights. This in turn reduces the load on the air conditioner.

- Report energy or water waste that is outside your ability to correct to your Public Works facility manager. As an occupant of your building you are aware of when something is broken or leaking sooner than anyone. The sooner that issue is identified, the sooner it will be fixed.

- At the end of the day ensure all office electronics that don't have to be left on are turned off. Examples of electronics that should be turned off are computer monitors, speakers, copiers, printers, scanners, shredders, fax machines and coffee makers. The best way to save energy is to turn the device off. The "stand by" features on all these devices save energy with varying effectiveness. To be sure you are maximizing the savings, simply turn the device off.

If your building/unit does not already have a building energy monitor, let the installation energy manager know by calling 542-1811. Building energy monitors are individuals who receive specific training on energy conservation and help to keep an eye on how a building is performing in order to maximize the energy efficiency of that building.

The biggest point to take away is for everyone to take responsibility for their workspace the way you do for your home. We don't leave our lights or electronics on when we leave for the day, so we shouldn't do that in our workspace.

If a toilet was malfunctioning and running constantly at home we wouldn't continue to let it do so. If all of us can keep the above items in mind, NAS Jacksonville will be in great shape to meet its energy reduction goals.

Chapel Center Calendar

Sunday Services

8:15 a.m. - Protestant Liturgical Worship
9:15 a.m. - Catholic Mass
9:45 a.m. - Protestant Sunday School
11 a.m. - Protestant Worship
11:15 a.m. - Catholic CCD

Daily Catholic Mass

11:35 a.m. (except Friday)

Weekly Bible Study

Wednesdays, 7 p.m. at Chapel Complex Building 749 and Thursdays at 7 p.m. in the barracks

NAS Jacksonville Chapel Center
Corner of Birmingham Avenue & Mustin Road
542-3051

Vacation Bible School

July 15-19 from 9 a.m.-1p.m.
Registration now ongoing
(Lunch is provided)



NAS Jax Chapel
Chapel Office: 542-3051/3052
Building 751 (Corner of Mustin and Birmingham)

HUGE SELECTION OF FURNITURE, ELECTRONICS,

★ INSTANT ★
CREDIT APPROVAL

APPLIANCES, TIRES, RIMS, JEWELRY AND MORE!

NO CREDIT?

NEED CREDIT?

NO PROBLEM!

MILITARY – STATE AND GOVERNMENT EMPLOYEES ALWAYS APPROVED FOR CREDIT



\$44
TWICE MONTHLY*

PURCHASE THIS 4-PIECE BEDROOM SET, RECEIVE A FREE QUEEN MATTRESS

*"CHLOE" 4-PIECE BEDROOM INCLUDES DRESSER, MIRROR, NIGHT STAND AND QUEEN BED. RECEIVE FREE QUEEN MATTRESS WITH PURCHASE. CHEST SOLD SEPARATELY.



\$37
TWICE MONTHLY*

PURCHASE THIS 2-PIECE SECTIONAL, RECEIVE A FREE OTTOMAN

*"MAISON" 2-PIECE SECTIONAL INCLUDES SOFA AND CHAIR. RECEIVE FREE OTTOMAN WITH PURCHASE.



\$26
TWICE MONTHLY*

PURCHASE THIS 5-PIECE DINETTE, RECEIVE A FREE BENCH

*"CHARLES" 5-PIECE DINETTE INCLUDES TABLE AND 4 CHAIRS. RECEIVE FREE BENCH WITH PURCHASE.

CAR AUDIO SPECIAL

15% OFF**
ALL REGULARLY
PRICED ROCKFORD



TIRES AND RIMS SALE

**SPECIAL PRICING ON
TIRES AND RIMS**
SEE STORE FOR DETAILS.



UP TO 40% OFF**
GREAT GIFTS FOR DAD

½ CT. T.W in
Sterling Silver†
\$9 Twice
Monthly*
NOW \$349
Orig. \$499



The Jewelry You
Want...The Credit You
Deserve.®

Sterling Silver
Diamond "DAD" Ring

\$6 Twice
Monthly*
NOW \$199
Orig. \$284

Men's Sector
Chronograph
Watch

\$7 Twice
Monthly*
NOW \$237
Orig. \$395



FLETCHER'S
JEWELERS
FletchersJewelers.com
Located inside USA Discounters

ZERO INTEREST!
ON ANY PURCHASE WHEN PAID WITHIN 6 MONTHS!!!*

USA
DISCOUNTERS
Your Incredible Credit Store®

**GET PRE-APPROVED
ONLINE NOW!**
USADISCOUNTERS.NET

JACKSONVILLE, FL
WESTLAND PARK PLAZA
6000 LAKE GRAY BLVD / 904-772-6440
STORE HOURS: M-SAT 10AM-8PM • SUN 12PM-5PM

WHY RENT WHEN YOU CAN OWN? SUPERIOR CUSTOMER SERVICE • QUALITY MERCHANDISE • IMMEDIATE DELIVERY • PAYROLL AND ALLOTMENT EXPERTS • POWER OF ATTORNEY ACCEPTED

*Payments listed are examples only and are based on zero down payment at 19.99% APR for 24 months with approved credit, taxes and any delivery and installation charges not included. To calculate the total cost of financing simply multiply the payment amount by 48. Other financing rates and terms are available with approved credit and differ depending on the state where purchased. Jewelry is enlarged to show detail and may not always be exactly as shown. Items shown may not represent items in stock. Limited time offer; no substitutions; limited quantities. Offer expires 6/26/2013. See store for details. All products or service names mentioned on ad are trademarks or registered trademarks of their respective owners. **Off original prices. Interim markdowns may have been taken. Limited time offer. See store for details. †Colored diamonds may have been treated or enhanced. ‡Subject to credit approval. Other terms may apply. Offer not valid on previous purchases or a refinance or add-on to a current account. Any late payment nullifies the zero interest offer. Minimum payments required. Limited time offer. See store for details.



Flag Day celebrates the birthday of Old Glory

From staff

I pledge allegiance to the flag of the United States of America and to the Republic for which it stands, one nation under God, indivisible, with liberty and justice for all.

The first national observance of Flag Day took place in 1877 on the centennial of June 14, 1777 - when the "Stars and Stripes" was officially recognized as the symbol of a new nation and authorized by the Second Continental Congress.

According to the National Flag Day Foundation, Flag Day was officially established by proclamation of President Woodrow Wilson on May 30, 1916.

While Flag Day was celebrated in various communities for years after Wilson's proclamation, it was not until August 3, 1949 that President Truman signed an Act of Congress designating June 14 as National Flag Day.

Respect for our flag.

According to United States



Photo by staff

Code, Title 36, Chapter 10:

No disrespect should be shown to the flag of the United States of America; the flag should not be dipped to any person or thing. Regimental colors, state flags, and organization or institutional flags are to be dipped as a mark of honor.

(a) The flag should never be displayed with the union down, except as a signal of dire distress in instances of extreme danger to life or property.

(b) The flag should never touch anything beneath it,

such as the ground, the floor, water, or merchandise.

(c) The flag should never be carried flat or horizontally, but always aloft and free.

(d) The flag should never be used as wearing apparel, bedding, or drapery. It should never be festooned, drawn back, nor up, in folds, but always allowed to fall free. Bunting of blue, white, and red, always arranged with the blue above, the white in the middle, and the red below, should be used for covering a speaker's desk, draping the front of the

platform, and for decoration in general.

(e) The flag should never be fastened, displayed, used or stored in such a manner as to permit it to be easily torn, soiled, or damaged in any way.

(f) The flag should never be used as a covering for a ceiling.

(g) The flag should never have placed upon it, nor on any part of it, nor attached to it any mark, insignia, letter, word, figure, design, picture, or drawing of any nature.

(h) The flag should never be used as a receptacle for receiving, holding, carrying, or delivering anything.

(i) The flag should never be used for advertising purposes in any manner whatsoever. It should not be embroidered on such articles as cushions or handkerchiefs and the like, printed or otherwise impressed on paper napkins or boxes or anything that is designed for temporary use and discard. Advertising signs should not be fastened to a staff or halyard from which the flag is flown.

(j) No part of the flag should

ever be used as a costume or athletic uniform. However, a flag patch may be affixed to the uniform of military personnel, firemen, policemen and members of patriotic organizations. The flag represents a living country and is itself considered a living thing. Therefore, the lapel flag pin being a replica, should be worn on the left lapel near the heart.

(k) The flag, when it is in such condition that it is no longer a fitting emblem for display, should be destroyed in a dignified way, preferably by burning.

Did you know?

- When flags of two or more nations are displayed, they are to be flown from separate staffs of the same height. The flags should be of approximately equal size. International usage forbids the display of the flag of one nation above that of another nation in time of peace.

- The composition by John Philip Sousa entitled, "The Stars and Stripes Forever" is designated as the national march of the United States of America.

DOD expands safe helpline for sexual assault victims

From Department of Defense Public Affairs

The Department of Defense (DoD) announced May 30, the launch of The Safe HelpRoom created in response to Safe Helpline users who identified a need for peer support services.

The new service allows victims of sexual assault to participate in group chat sessions to connect with and support one another in a moderated secure online environment at SafeHelpline.org.

The moderator is also available to provide referrals as necessary and ensure all ground rules are adhered to prior to chat postings.

"Survivors of sexual assault have told us that being able to discuss their concerns with peers can provide a level of support not available through other means," said Acting Under Secretary of Defense for Personnel and Readiness Jessica L. Wright. "The Safe HelpRoom is a groundbreaking development in the department's commitment to support military victims of sexual assault."

Safe HelpRoom sessions will begin immediately and are available twice weekly in two-hour sessions. The session schedule can be found at SafeHelpline.org, along with polls to determine session topics to address specific concerns.

The Safe HelpRoom and Safe Helpline are administered by DoD and operated by the non-profit Rape, Abuse and Incest National Network (RAINN), the

nation's largest anti-sexual violence organization, through a contractual agreement with DoD Sexual Assault Prevention and Response Office (SAPRO).

"Safe HelpRoom was designed with unique safeguards to ensure a safe and welcoming place for survivors to connect," said Maj. Gen. Gary Patton, director, DoD Sexual Assault Prevention and Response Office.

"Safe HelpRoom is the first of its kind to require participants to commit to a series of 'ground rules' of acceptable behavior before entering a session.

Additionally, each participant comment is reviewed to ensure it complies with the ground rules prior to posting for the group to see.

The Safe HelpRoom provides a secure and private environment for positive and supportive discussions."

When users visit Safe Helpline, the staff provides one-on-one tailored assistance and offers a variety of up-to-date service referrals for resources on and off military bases and installations.

Service referrals include information for sexual assault response coordinators, along with legal, medical, mental health, and spiritual military resources.

The referral database also houses information for local civilian and the Department of Veterans Affairs resources for helpline users seeking information and crisis support away from the military response system.



U.S. General Services Administration

YOU ARE INVITED!

Navy GSA Expo

Discover what GSA has to offer!

Come join us and check out over 100 GSA Multiple Award Schedule vendors on-hand to highlight and demonstrate solutions available through GSA ordering programs!

Meet your GSA Representative!

Lunch will be provided!

Green Products & Solutions!

June 18, 2013
10:00 a.m. - 2:00 p.m.
Submarine Base, Kings Bay, GA
Conference Center on Madison Street

June 19, 2013
10:00 a.m. - 2:00 p.m.
Mayport Naval Station, Jacksonville, FL
Beachside Community Center on Baltimore Street

June 20, 2013
10:00 a.m. - 2:00 p.m.
Naval Air Station (NAS), Jacksonville, FL
Officer's Club on Mustin Road

This Expo is for YOU!

FOR MORE INFORMATION, PLEASE CONTACT LINDA HOSEY at (904) 542-1278 or email: lindsay.hosey@gsa.gov

CUNNINGHAM

From Page 1

ure mark for master chief in February 2011. I decided to transfer to the Volunteer Training Unit, versus retirement, so I could continue to serve the P-3 community and give the benefit of my experience to junior operators who are the future of maritime patrol.

"I'm fortunate that my civilian positions had direct relationships to my Navy Reserve job. I worked with several Jacksonville defense contractors involved with training the P-3 force, including curriculum development and ASUW Improvement Programs. I also managed the Revision and Maintenance effort for VP-30. Presently, I am the lead instructor for the Acoustic Track Contract Instructor cadre at the "Pro's Nest." We are responsible for all ground phase requirements that include class-

room instruction, aircraft demonstrations, part-task trainer periods and Tactical Operational Readiness Trainers (TORT), that are full tactical crew scenarios.

"This is my first mobilization as a Reservist. My expectations are what any acoustic operator worth his or her salt should be - targeting and tracking submarines. Being primarily an

Atlantic Fleet operator, I look forward to working in the western Pacific against some very challenging submarines operating in that part of the world. I relish the challenge and look forward to sharing my experience with some young fleet operators out there. Not to mention, getting to experience liberty in the exotic countries of the western Pacific.

"I am the last of the Cold War operators who

are actively flying in the P-3C Orion. My acoustic sensor experience runs the gamut from AN/AQA-7 paper grams to the current AN-USQ-78B Acoustic Processor Technical Refresh. I have hours upon hours of on-top time with a multitude of submarines. I've certainly had an exceptional 30-year run and I have to give a lion's share of credit to the Navy Reserves who enabled me to enjoy the best of both

my worlds. It is time for me to hang my flight suit up after this deployment and I will miss the flying. But most of all I will miss those Sailors in VP-62.

I am grateful to serve among such a group of dedicated professionals. I am humbled and appreciative for the privilege," concluded Cunningham.

LITTLE SNACK. BIG TASTE.

Fly into Zaxby's® for a FREE NIBBLER

Monday-Friday
Valid at this location only.
6351 Roosevelt Blvd., Next to NAS JAX

ZAXBY'S

Offer expires 06/19/13. Must present coupon to receive offer. Not valid with any other offers. No cash value. No substitutions. © 2008 Zaxby's Franchising, Inc. "Zaxby's" is a registered trademark of Zaxby's Franchising, Inc. Limit one offer per guest per visit.

BACKYARD CREATIONS
CUSTOM ENCLOSURES

REPAIRS & RE-SCREENING

Starting at \$1.25 PER SQ. FT

- Sunrooms
- Screen Rooms
- Pool Enclosures

Lic. # CBC 057272

\$500 OFF

FULL POOL ENCLOSURES
BACKYARD CREATIONS
Must present coupon. Not valid with any other offer.
Expires 06/30/13 JAN

\$300 OFF

FLORIDA ROOM OR PATIO ENCLOSURE WITH NEW ROOF
BACKYARD CREATIONS
Must present coupon. Not valid with any other offer.
Expires 06/30/13 JAN

FREE ESTIMATES

www.backyardcreations.us

Over 17 Years In Same Locations!

278-5010

HAPPY FATHER'S DAY

Father's Day Brunch and Dinner

SUNDAY, JUNE 16TH

LUNCH • DINNER • SUNDAY BRUNCH
SIDEWALK & COURTYARD DINING

GREAT STEAKS & FRESH SEAFOOD

Call for Reservations
904-387-0700

Book your Hail & Farewell, Change of Command, or Parties Today.
Private Rooms/Catering Available.

Shoppes of Avondale • 3551 St. Johns Avenue • www.bluefishjax.com

We believe that children learn best when they are having fun...

Summer Camps

Ages 18 months to 5 years and K-6

Military 10% Discount

Conveniently located near entrance to NAS JAX

The Children's Corner
1720 Smith St., Orange Park, FL 32073
904-278-8651



Still waiting around for the absolute best real estate deal for your new home or investment?

D

o you know that there are less than 8,500 local homes now for sale - down from more than 12,000 just a year ago? Or that more than half of them are priced below \$200,000? Don't miss your chance. Find a Realtor, search for homes and learn more at **NEFAR.com**

NORTHEAST FLORIDA ASSOCIATION OF REALTORS

Sponsored by the Northeast Florida Multiple Listing Service

Realtors: professional | educated | focused on you



Dewey's

Call 542-3521

Free Texas Hold'em Tournaments
Monday & Thursday at 7 p.m.

Free Live Entertainment
June 7 - Karaoke with Randy - delete
June 14 - Piece in Harmony
June 21 - Pam Affronti
June 28 - Jason Lamar

Freedom Lanes Bowling Center

Call 542-3493.

New day for free bowling for active duty
Thursday
11 a.m. - 1 p.m.

Wednesday Evening Bowling Special
4-10 p.m. - All you can bowl for \$5.95
Shoe rental not included

Thursday Color Pin Bowling 5-10 p.m.
\$2 games - shoes not included

Saturday Night Extreme Bowling
4-6 p.m. (family themed) \$8 per person
8 p.m. - midnight \$10 per person
Price includes two hours of bowling
Shoe rental included

Sunday Family Day
1-6 p.m., \$1.50 games
Shoe rental not included

80 Days of Summer
Going on now through Aug. 31
Youth bowlers 17 years and younger receive
one free game of bowling every day until 5 p.m.
Win prizes all summer long!

Fitness & Aquatics

Call 542-2930

Outdoor pool hours
Lap Swim (water park, water slide and conces-

sions are not open) Monday - Friday 6 - 8 a.m.
& 6 - 7 p.m.

Recreational Swim (water park, waterslide and
concessions are open) Monday - Sunday 11
a.m. - 6 p.m.

2013 Learn to Swim Program
Session 1: June 10-20
Session 2: July 8-18
Session 3: July 22 - Aug. 1

Summer Splash Outdoor Pool Party
June 29, 11 a.m. - 6 p.m.
Free food, games and prizes!

Private pool parties can be reserved at the fit-
ness center

Parties are not available during regular busi-
ness hours of operation and occur in the eve-
nings when the pool is closed.

Parties must be reserved 10 days prior to party
date, payment due at time of reservation
For information, call 542-3518

I.I.T. Events

Call 542-3318.

Jacksonville Jaguars tickets on sale July 13 - \$70
section 147

Legoland - Free ticket for active duty military
through Oct. 27

Wet n' Wild Orlando - \$37 adult, \$45 adult w/
meal, \$40 child w/ meal

Disney Cruise Lines will be at ITT June 11, 11
a.m. - 2 p.m. - delete

Jacksonville Suns Baseball
\$5.50 - \$11.50

Daytona International Speedway
Subway Firecracker July 5 and Coke 400 July 6
Tickets on sale now!

Jacksonville Sharks - \$25 per person - section
100

Amelia Island Museum of History - \$10 family
pass, Ghost tour \$8 adult, \$4 child

Florida Ecosafaris in St. Cloud - EcoPark \$119,
Coach safari adult \$28, child \$25, Zipline safari
\$75, Cypress canopy cycle \$40 for one hour

Gatorland - Free admission for active duty
and retired military until the end of the year.
Family tickets can be purchased at ITT. \$19.95
adult, \$12.50 child, zip line \$54.25

The Vault Liberty Recreation

Center

Trips, activities and costs may be restricted to
E1-E6 single or unaccompanied active duty
members. Call 542-1335 for information.

North Florida Speedway Trip
June 15 at 5 p.m.
\$5 per person

Country Rocks the Beach Trip
June 22 at 4 p.m.

NAS Jax Golf Club

Golf course info: 542-3249

Mulligan's info: 542-2936

Military Appreciation Days

\$18 per person, includes cart & green fees

June 11 and 25 for active duty

June 13 and 27 for retirees, DoD personnel and
their guests

Twilight Special - Daily!

Play 18-holes with cart for only \$16 after 1:30
p.m. every day!

Monday & Tuesday

Play 18-holes for \$20

Cart and green fee included.

Open to military, DoD and guests. Not appli-
cable on holidays.

Loudmouth Thursday

Any golfer wearing a pair of loudmouth shorts
or pants plays 18 holes with cart for \$20
Open to military, DoD and guests

Junior Golf Clinic

Session 1, June 17-21, ages 11-17

Session 2, July 15-19, ages 6-10

Session 3, July 29 - Aug. 2, ages 11-17

\$110 per child, per session

Mulberry Cove Marina

Call 542-3260.

Free Kayak & Canoe Rental

Every Thursday for active duty

Free Stand-up Paddle Board Lessons

Every Thursday 11 a.m. - 1 p.m.

Skipper "B" Classes

\$150 at the Mulberry Cove Marina

June 15, 16, 22 & 23

July 20, 21, 27 & 28

Aug. 17, 18, 24 & 25

Sept. 21, 22, 28 & 29

Oct. 19, 20, 26 & 27

Auto Skills Center

Call 542-3227

22 work bays, wheel balancing, tool checkout,
paint booth and welding!
ASE certified mechanic onsite!

Youth Activities Center

Call 778-9772

Drop-in care and open recreation are available!
Family Fitness Center hours are Monday -
Friday, 9 a.m. - 1 p.m.

Bring your child to work out with you!

Call 778-9772 for more information.

Movie Under the Stars

Featuring Escape From Planet Earth

June 21 at 8:30 p.m.

Patriot's Grove

America's Kids Run

June 28 at 9 a.m.

Ages 5 - 12

Sign-up at the youth center

Flying Club

Call 777-8549

Private Pilot Ground School

June 3 - July 10

\$500 per person

NAS Jax Sports

Captain's Cup Greybeard Basketball League meeting June 19

The league is open to all NAS Jax active duty,
command DoD, DoD contractors and selective
reservists age 30 and up. The meeting will be
held at noon at Dewey's. Commands having their
athletic officer or designated representative attend
the meeting will receive five captain's cup points.
All interested personnel should attend the meeting
to discuss rules and to get the required paperwork
to join the league.

Captain's Cup Intramural Basketball League meeting June 19

The league is open to all NAS Jax active duty,
command DoD, DoD contractors and selective
reservists. The meeting will be held at 12:30 p.m.
at the Dewey's. Commands having their athletic
officer or designated representative attend the
meeting will receive five captain's cup points. All
interested personnel should attend the meeting to
discuss rules and to get the required paperwork to
join the league.

Captain's Cup Indoor Volleyball League under way in July

The league is open to all NAS Jax active duty,
command DoD, DoD contractors and selective
reservists. The matches will be played at
lunchtime. All interested personnel should contact
the base gym to receive a copy of the rules and to
get the required paperwork to join the league.

**For more information, call Bill Bonser
at 542-2930/3239 or e-mail bill.bonser@
navy.mil.**

Standings

Captain's Cup 3-on-3 Sand Volleyball Final Teams

Teams	Wins	Losses
NAVHOSP Super Smash Bros	7	0
NAVFAC White	6	1
FRCS B	6	2
FRCS A	5	2
NAVFAC Red	4	2
NBHC Trap House	4	2
NCTS Blue	3	4
NBHC Tortugas	2	5
FRCS C	2	6
NBHC Dig Dugs	1	4
SERCC	1	4
NAVFAC Blue	1	5
NCTS Gold	0	5

Captain's Cup Soccer Final Standings Teams

Teams	Wins	Losses
FRCS E	8	0
VP-8	7	0
NAVHOSP	8	2
HS-11	7	2
HITRON	6	3
VP-16 War Eagles	4	3
VP-30 O's	6	5
VP-30 E's	4	4
NAVFAC	4	4
NBHC Twerk Team	3	7
NCTS	2	6
VP-5 Mad Foxes	2	8
VR-58	1	6
VR-62	1	7

8 NEW HOMES REMAINING

**TWINLEAF
AT BARTRAM PARK**

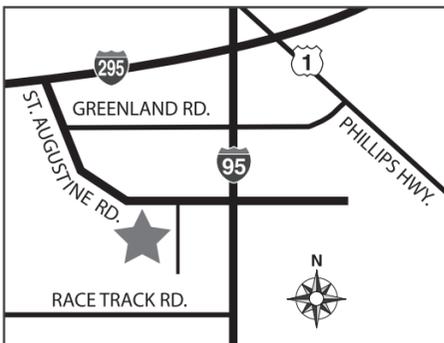
Visit today for a tour of
remaining homes.



Pulte homes are Life Tested™, which means they're built with ideas
that come from our own homeowners. But Life Tested™ goes
beyond floor plans and finishes. We also choose communities the
way you would choose them:

- Minutes from Work and Play
- Convenient to Nearby Medical Facilities Including Baptist South
- Community Pool and Fitness Center
- Gated Community

LOW MAINTENANCE HOMES AVAILABLE



Twinleaf at Bartram Park

From the mid-\$100s

6933 Woody Vine Drive • Jacksonville, FL 32258

888-249-3293 • pulte.com/bartrampark

From I-95: Take Exit 335 onto Old St. Augustine Rd. Head West approximately
.5 miles. Turn left onto Bartram Park Blvd. Travel approximately 2 miles South
on Bartram Park Blvd. Bartram Park sales office will be on your left. Follow
model signs to the sales office.



New appointment scheduling at hospital, branch health clinic

By Jeanne Casey
NH Jacksonville Deputy Public Affairs Officer

Naval Hospital (NH) Jacksonville — its hospital and branch health clinics — is changing its approach to appointment scheduling, to offer more same-day, urgent-care appointments and better support patients' Medical Home Port teams.

To make an appointment or get clinical advice, patients call the same appointment line they always have. The hospital's appointment line has a new greeting with options for each care team, while the branch health clinic's process remains the same. Knowing which team they're on helps patients quickly connect with an appointment clerk who is physically located in their care team.

The hospital has six teams: Family Medicine (green, red, white and yellow teams), Internal Medicine blue team and Pediatrics purple team. Branch Health Clinic Jacksonville (Primary Care) has one team: silver team.



Photo by Jacob Sippel
Capt. Stella Hayes, Naval Hospital Jacksonville primary care manager, and Medical Support Assistant Renata Belgrave, discuss an incoming phone call to schedule an appointment. Naval Hospital Jacksonville — and its branch health clinics — changed its appointment scheduling, to offer more same-day, urgent-care appointments, as well as better support from patients' Medical Home Port teams.

There are 14 teams in total across the command.

“Each Medical Home Port care team is laser-focused on meeting all of their patients' preventive, routine and urgent care needs,” said NH Jacksonville Commanding

Officer Capt. Gayle Shaffer. “And by locating our appointing staff in the care teams, we get better real-time communication—which enhances our ability to make use of any openings in the schedule to offer same-day, urgent-care

appointments.”

The team—by taking a whole-person approach to health—aims for total health and wellness and is better positioned than an emergency room to manage urgent care. Urgent care includes things like a minor cut, sprain, migraine, earache, rising fever or urinary tract infection. (For emergencies, patients should call 911 or go to the nearest emergency room.)

Each team includes an appointing clerk, front desk staff, medical assistants, corpsmen, nurses, a case manager and a pharmacist—led by the primary care managers (PCMs): physicians, physician assistants and nurse practitioners. Navy Medicine clinicians have the same education and training as their private-sector colleagues—and also have experience on battlefields, at sea and on humanitarian missions. To meet the PCMs on each Medical Home Port team, visit the command's website at www.med.navy.mil/sites/navalhospitaljax.

Patients can reach their team by secure email (for non-urgent issues) by signing up for Medical Home Port Online—on the command's website or at www.relayhealth.com.

At the hospital, patients call the appointment line at 542-4677 or (800) 529-4677, weekdays from 7 a.m. to 4 p.m. Patients with a referral from their PCM to a specialty clinic at the hospital can call the appointment line, weekdays from 7 a.m. to 6 p.m. After-hours nurse advice is available — via the appointment line — on evenings, weekends and holidays.

At Branch Health Clinic Jacksonville, patients call 542-7094/7095, weekdays from 7 a.m. to 4 p.m. Patients with a referral from their PCM to a specialty clinic at the hospital can call the appointment line at 542-4677 or (800) 529-4677, weekdays from 7 a.m. to 6 p.m. After-hours nurse advice is available — via the appointment line at 542-4677 or (800) 529-4677 — on evenings, weekends and holidays.

Perez Retires After 23 Years



GMCS(SW/AW) Tolitha Perez of the NAS Jax Security Department salutes her sideboys at the conclusion of her retirement ceremony on June 7 at the NAS Jax River Cove Catering and Conference Center. Perez retired after serving 23 years of honorable service.

GMCS(SWAW) Tolitha Perez of the NAS Jax Security Department and her flag detail salute her husband, Juan Perez, after presenting him with the national ensign as their son, Juan Perez Jr., looks on during her retirement ceremony on June 7.



Photos by Kaylee LaRocque

Start a Career in Technology!

Network Administration

Computer Drafting and Design

Fast-Paced and High in Demand Fields

Classes Start Monthly Enroll Today!



SCC | Southern CareerCollege



(904) 724-2229

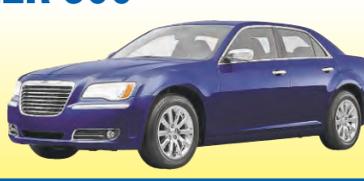
SouthernCareerCollege.edu

www.jaxcjd.com



THE 2013
**SHOWCASE
EVENT**

9A/I-295 & Baymeadows

<p>BRAND NEW DODGE DART</p> <p>All New Dodge Dart, Power Windows, Power Locks, CD Player and 39 MPG.</p> 	<p>BRAND NEW JEEP COMPASS</p> <p>Automatic, Great on Gas, Tons of Fun with a low price or payment.</p> 	<p>BRAND NEW DODGE CHALLENGER</p> <p>Hemi Engine, Alloy Wheels, Leather and more.</p> 
<p>STARTING AT ONLY \$14,988</p>	<p>UP TO \$5,000 OFF</p>	<p>UP TO \$5,000 OFF</p>
<p>BRAND NEW CHRYSLER 200</p> <p>Imported from Detroit. Chrysler style, Chrysler luxury, you get both at huge savings.</p> 	<p>BRAND NEW MINIVANS</p> <p>Grand Caravans, Town and Country, any Minivan you want with any options.</p> 	<p>BRAND NEW DODGE CHARGER</p> <p>Stylish, Sporty, Great on Gas. V6 or Hemi powered V8, your choice.</p> 
<p>UP TO \$6,000 OFF</p>	<p>UP TO \$6,000 OFF</p>	<p>UP TO \$7,000 OFF</p>
<p>BRAND NEW DODGE DURANGO</p> <p>Automatic, leather, roof, navigation and much much more.</p> 	<p>BRAND NEW CHRYSLER 300</p> <p>Luxury at its finest. No comparison in the price range. Come see for yourself.</p> 	<p>BRAND NEW RAM TRUCK 1500</p> <p>Hemi Engine, Quad Cab, Crew Cab, or Regular Cab. You pick the one that works for you.</p> 
<p>UP TO \$8,000 OFF</p>	<p>UP TO \$8,000 OFF</p>	<p>UP TO \$10,000 OFF</p>

1-888-724-9499



*SEE DEALER FOR COMPLETE DETAILS. ALL PICTURES ARE FOR ILLUSTRATION PURPOSES ONLY. 0% APR AVAILABLE ON SELECT MODELS WITH APPROVED CREDIT THRU ALLY BANK FOR UP TO 72 MONTHS W.A.C. MAY REQUIRE CUSTOMER TO FORFEIT SOME/ALL OF THE REBATES ON VEHICLE. SEE DEALER FOR COMPLETE DETAILS. OFFERS ARE NOT IN CONJUNCTION WITH ANY OTHER ADVERTISED OFFERS AND MAY NOT BE COMBINED. ALL OFFERS ARE VALID ON THE DAY OF PUBLICATION AND ON IN STOCK UNITS ONLY, WHILE SUPPLIES LAST. ZERO PERCENT FOR 72 MONTHS W.A.C. ZERO DOWN, ZERO DUE WITH APPROVED CREDIT THROUGH ALLY FINANCIAL. ALL REBATES AND INCENTIVES MUST BE ASSIGNED TO AND RETAINED BY DEALERS. ALL PRICES PLUS TAX, TAG AND FEES. ZERO PERCENT FINANCING FOR 72 MONTHS AVAILABLE ON ALL MODELS WITH APPROVED CREDIT. **MUST HAVE A MINIMUM 725 BEACON SCORE TO QUALIFY. *OFFERS ARE NOT IN CONJUNCTION WITH ANY OTHER OFFERS, DISCOUNTS OR REBATES. **ON CERTIFIED PRE-OWNED MODELS 2010 OR NEWER. **FIAT STARTING AT \$10990 PLUS TAX, \$2,500 DOWN PAYMENT PLUS TAX TAG AND FEES DUE. 39 MONTH LEASE, 10,000 MILES PER YEAR, WITH APPROVED CREDIT WITH ALLY BANK. SEE DEALER FOR DETAILS.

<p>CHECK ENGINE LIGHT ON?</p> <p>Get it diagnosed here at no charge. This month only.</p> <p>Must present coupon to dealer.</p>	<p>OIL CHANGE \$15.95</p> <p>NOT IN CONJUNCTION WITH ANY OTHER OFFERS OR PREVIOUS PURCHASES. TAX AND SHOP SUPPLIES NOT INCLUDED. EXCLUDES HEMI'S, DIESELS AND SYNTHETIC OILS.</p> <p>Must present coupon to dealer.</p>	<p>125 POINT INSPECTION</p> <p>125 point inspection of any vehicle, any make or model at no charge. 125 point inspection will cover almost all operating systems of most vehicles.</p> <p>Must present coupon to dealer.</p>
----------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

CERTIFIED PRE-OWNED WARRANTY

Buy a certified preowned vehicle from Jacksonville Chrysler Jeep Dodge, and you get:

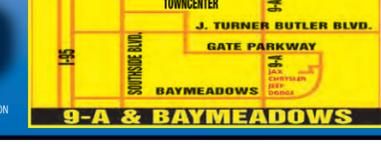
- 7 year 100,000 mile warranty[^]
- 24 Hour Roadside Assistance
- Flat Tire Service
- Gas Delivery
- Lockout Service
- Towing Service
- Car Rental
- FREE Carfax[®]
- Carfax[®] Buyback Guarantee
- 125 Point Inspection
- 3 Months of free Sirius[®] Satellite Radio^{*}

certified pre-owned CHRYSLER | JEEP | DODGE | RAM

ALL CERTIFIED PRE-OWNED VEHICLES COME WITH 7 Year 100,000 Mile Warranty[^]

<p>55K MILES</p> 	<p>YES, ONLY \$9,988</p> 	<p>SAVE THOUSANDS</p> 	<p>MUST SEE</p> 	<p>3 TO CHOOSE</p> 
<p>2006 CHRYSLER PT CRUISER THAT'S RIGHT, A 55K MILE 2006 CHRYSLER PT CRUISER AND IT IS ONLY \$7,988. BETTER HURRY, AS CLEAN AS THIS ONE IS, IT WON'T LAST.</p> <p>\$7,988</p>	<p>2010 CHEVY AVEO A 2010 AVEO WITH LOW MILES FOR UNDER 10K? YOU BETCHA. YOU WILL REALLY WANNA CHECK THIS ONE OUT. SUPER LOW PAYMENTS, EXCELLENT CONDITION. BETTER HURRY.</p> <p>\$9,988</p>	<p>2006 TOYOTA RAV4 EXCELLENT CONDITION WITH LOW MILES AND A LOT OF LIFE LEFT. A GREAT COMPACT SUV FOR A GREAT PRICE. SAVE THOUSANDS.</p> <p>\$11,988</p>	<p>2010 CHEVY MALIBU ANOTHER EXCELLENT CONDITION LOCAL TRADE IN. WE TRADE IN SO MANY THAT WE ARE FORCED TO SELL EM CHEAP. LARGE SELECTION, LOW PRICES EVERYDAY. CHECK IT OUT.</p> <p>\$12,988</p>	<p>2011 JEEP PATRIOTS AUTOMATICS, ALL LOW MILES, ALL IN EXCELLENT CONDITION, ALL LOCAL ONE OWNER TRADE INS.</p> <p>FROM \$13,988</p>
<p>MANAGER'S SPECIAL</p> 	<p>AMG MODEL</p> 	<p>YES, ONLY \$14,988</p> 	<p>YES, ONLY \$15,988</p> 	<p>LOW MILES</p> 
<p>2011 FORD FUSION AUTO, ALL THE TOYS YOU COULD WANT, SUPER LOW MILES, ONE OWNER NON SMOKER THAT WAS JUST TRADED FOR A NEW VEHICLE. EXCELLENT CONDITION. HURRY!!!!</p> <p>\$14,988</p>	<p>2005 MERCEDES C55 YES, THAT IS RIGHT, AMG C55 WITH ALL THE POWER AND ALL THE TOYS. WAIT TIL YOU SEE THIS ONE. CANT BEAT OUR PRICE ANYWHERE.</p> <p>\$14,988</p>	<p>2006 CHRYSLER 300C WOW, A HEMI ENGINE POWERED CHRYSLER 300 C. LOADED AND LUXURIOUS. SUPER LOW MILES. JUST TRADED IN FOR A NEW ONE. SAVE A TON AND ENJOY THE FINEST LUXURY CAR ON THE ROAD. STYLE GALORE.</p> <p>\$14,988</p>	<p>2006 MERCEDES E350 AUTO, FULLY LOADED E CLASS MERCEDES FOR ONLY \$15,988. THIS IS ONE OF THE BEST DEALS AROUND. A TRUE MUST SEE.</p> <p>\$15,988</p>	<p>2008 JEEP GRAND CHEROKEE AUTO, PW PL CRUISE TILT AND WAY MORE. LOW MILES AND A LOW PRICE TOO. IF YOU SEE IT, YOU'LL KNOW IT'S THE ONE.</p> <p>\$16,988</p>
<p>LOADED</p> 	<p>LIKE NEW</p> 	<p>KING CAB</p> 	<p>20K MILES</p> 	<p>IMMACULATE CONDITION</p> 
<p>2011 DODGE JOURNEY DODGE'S NEWEST, FASTEST SELLING CROSSOVER VEHICLE. ALL THE TOYS, ALL THE UTILITY, AND IT LOOKS GREAT. SAVE THOUSANDS VS. NEW AND GET AN 8YR 100,000 MILE WARRANTY. HURRY WONT LAST.</p> <p>\$16,988</p>	<p>2012 TOYOTA COROLLA AUTO, PW PL NON SMOKER WITH SUPER LOW MILES AND READY FOR A NEW HOME. SAVE BIG VS A NEW ONE EQUIPPED LIKE THIS.</p> <p>\$16,988</p>	<p>2010 NISSAN TITAN KING CAB TITAN WITH LOTS OF OPTIONS, NOT A LOT OF MILES. TONS OF VALUE, AT A HEAVILY DISCOUNTED PRICE. TOUGH TO FIND ONE THIS NICE ANYWHERE. WE KNOW, WE LOOKED.</p> <p>\$19,988</p>	<p>2011 HYUNDAI TUCSON CLEAN CAR FAX, ONE OWNER LOCAL TRADE IN. PLENTY OF WARRANTY LEFT ON THIS ONE. ONLY 20K MILES, LOOKS NEW, FEELS NEW, PRICED WELL BELOW A NEW ONE. THIS IS A MUST SEE.</p> <p>\$21,988</p>	<p>2008 MERCEDES-BENZ C300 AUTO, ALL THE BELLS AND WHISTLES. 48K MILES AND PRICED TO SELL IMMEDIATELY. THIS BEAUTIFUL C CLASS WILL NOT LAST LONG.</p> <p>\$21,988</p>
<p>LOADED/LUXURY</p> 	<p>REDUCED</p> 	<p>4X4 V8</p> 	<p>DIESEL</p> 	<p>SAVE BIG \$\$\$ VS NEW</p> 
<p>2010 CADILLAC STS YES, 2010 MODEL, PRICED THOUSAND AND THOUSANDS OFF VS. A BRAND NEW ONE. ENJOY IT ALL IN THIS LIKE NEW CADDY THAT IS PRICED SO FAR BELOW WHAT IT SHOULD BE. CHECK IT OUT.</p> <p>\$23,988</p>	<p>2011 HONDA PILOT EXCELLENT CONDITION, SUPER LOW MILES, A PLEASURE TO DRIVE. LOTS OF TOYS, LOCAL TRADE IN, AND IT HAS BEEN REDUCED TO SELL IMMEDIATELY. NO GAMES.</p> <p>\$28,988</p>	<p>2011 TOYOTA TUNDRA DOUBLE CAB 4X4 AUTOMATIC V8 WITH LOW LOW MILES, ONE OWNER, JUST TRADED IN. CLEAN CAR FAX, ALL POWER OPTIONS, SIDE STEPS WHEELS AND A TOW PACKAGE. A WHOLE LOTTA TRUCK FOR THOUSANDS LESS THAN A BRAND NEW ONE.</p> <p>\$28,988</p>	<p>2008 FOR F350 4X4 SUPER LOW MILES, DIESEL, 4X4 SUPERCAB WITH LOTS OF OPTIONS. FOR THESE MILES, THIS ENGINE, 4X4, THIS PRICE IS THOUSANDS BELOW VALUE. WONT LAST LONG FOR SURE.</p> <p>\$30,988</p>	<p>2013 JEEP WRANGLER RUBICON AUTO, LEATHER, HARD TOP, RUBICON EDITION. GO ANYWHERE DO ANYTHING CAPABILITY. WONT LAST AT THIS PRICE.</p> <p>\$36,988</p>

1-888-724-9499



*SEE DEALER FOR COMPLETE DETAILS. ALL PICTURES ARE FOR ILLUSTRATION PURPOSES ONLY. 0% APR AVAILABLE ON SELECT MODELS WITH APPROVED CREDIT THRU ALLY BANK FOR UP TO 72 MONTHS W.A.C. MAY REQUIRE CUSTOMER TO FORFEIT SOME/ALL OF THE REBATES ON VEHICLE. SEE DEALER FOR COMPLETE DETAILS. OFFERS ARE NOT IN CONJUNCTION WITH ANY OTHER ADVERTISED OFFERS AND MAY NOT BE COMBINED. ALL OFFERS ARE VALID ON THE DAY OF PUBLICATION AND ON IN STOCK UNITS ONLY, WHILE SUPPLIES LAST. ZERO PERCENT FOR 72 MONTHS W.A.C. ZERO DOWN, ZERO DUE WITH APPROVED CREDIT THROUGH ALLY FINANCIAL. ALL REBATES AND INCENTIVES MUST BE ASSIGNED TO AND RETAINED BY DEALERS. ALL PRICES PLUS TAX, TAG AND FEES. ZERO PERCENT FINANCING FOR 72 MONTHS AVAILABLE ON ALL MODELS WITH APPROVED CREDIT. **MUST HAVE A MINIMUM 725 BEACON SCORE TO QUALIFY. *OFFERS ARE NOT IN CONJUNCTION WITH ANY OTHER OFFERS, DISCOUNTS OR REBATES. **ON CERTIFIED PRE-OWNED MODELS 2010 OR NEWER. **FIAT STARTING AT \$10990 PLUS TAX, \$2,500 DOWN PAYMENT PLUS TAX TAG AND FEES DUE. 39 MONTH LEASE, 10,000 MILES PER YEAR, WITH APPROVED CREDIT WITH ALLY BANK. SEE DEALER FOR DETAILS.

Wellness Center introduces 'Sail A Weigh' program

By Keats Reynolds
NH Jacksonville Public Affairs Assistant

Introduced in February 2013, by the Naval Hospital Jacksonville Wellness Center, "Sail A Weigh" is a six-week program created to assist people who may struggle with maintaining a healthy lifestyle. The overall goal of Sail A Weigh is to help family members and retirees live vigorous lifestyles and maintain healthy body composition through nutrition education and weight loss.

The Sail A Weigh idea originated from the current ShipShape program, the Navy's official intervention program for weight management.

"After observing the positive impact ShipShape had on active duty military, I envisioned military families and retirees benefitting from a similar class," said Cheryl Masters, NH Jacksonville Wellness Center health promotion specialist and registered dietician. "The Sail A Weigh program is two weeks shorter than ShipShape yet includes all of the information. We wanted to ensure we could accommodate participants whose work schedules may prevent them from attending a longer program."

During the course, participants learn and practice healthy diet techniques such as self-monitoring of personal progress and the use of food diary sheets and exercise logs. The program also assists with setting individual goals, dealing with emotional and social situations, behavior change assessments and the development of



Photo by Jacob Sippel

Cheryl Masters (right), Naval Hospital (NH) Jacksonville Wellness Center health promotion specialist and registered dietician, explains to "Sail A Weigh" participant Brenda McCoy, the nutritional value of vegetables and how they should work into her diet. Sail A Weigh is a new program created by NH Jacksonville Wellness Center to help families and retirees live healthier lifestyles.

problem solving techniques.

The program provides continued professional contact through a structured follow-up program.

"These techniques are individual building blocks to help people not only lose weight while involved in the class, but to continue that success after the class is completed," says Masters.

Janet Mullins, NH Jacksonville Mental Health and Wellness clinical psychologist, addresses psychological barriers that many face while attempting to lose weight and increase fitness.

Mullins classifies one of these obstacles as emotional (stress) eating, in which she actively teaches coping skills that help prevent participants from turning to food for comfort and preventing relapses, ultimately allowing participants to break their weight loss plateau.

"I learned how to take charge of my life and to be honest about being a food addict," recalls Brenda McCoy, a former Navy Exchange employee and inaugural Sail A Weigh class member who lost 260 pounds. "Before, I never really thought about what I was putting

Bowling Champs



Mark Wilmer (left) and Stephen Oppel of the NAS Jax Morale, Welfare and Recreation Department proudly display their trophies after winning the 2013 Captain's Cup Bowling Championship on May 31.

Photo courtesy of MWR

Household goods summer peak moving system begins

From Navy Supply Systems Command

Approximately 65 percent of all Department of Defense (DoD) household goods moves occur between May 15 and Aug. 1. What can you do to ensure a smooth move? Plan!

With the decline in moving companies' capacity and DoD budget cuts, the sooner you start working with the local Personal Property Office the greater your chance of getting the desired pack out date.

Don't wait until a week or two before the desired pack out date to complete the process in www.move.mil, enter all your data and paperwork now. For Navy information on getting started with the move process, go to www.navsop.navy.mil/household.

Another tip is to organize your house and belongings. Go through all your rooms and boxes from the last move to make sure you still need the items. If it hasn't been worn or used in the last year, do you still need it? Sort your items by the type of shipment: household shipment; unaccompanied baggage, if authorized; professional gear and what is going in your suitcase or car. By sorting you may find out what needs to be sold, donated or disposed of. Keep in mind, if you exceed your authorized weight allowance it can be expensive.

Household goods terms and what they mean:

Household shipment is your main shipment: furniture, dishes, washer/dryer, BBQ grill, outdoor furniture, children's play furniture, majority of your

clothes, etc.

Unaccompanied baggage, if authorized: this is the small shipment of items that you will need to survive until your big household good shipment arrives. This is normally only authorized with overseas orders. Items to include would be enough kitchen ware/dishes to use daily (not your china), crib, clothes, some uniforms, some DVD's not your entire library, etc.

Professional gear: Professional books and equipment includes Household goods in a member's possession needed for the performance of official duties at the next or a later destination.

Service members items could be: work manuals, awards, specialty work uniforms (Band uniforms, navy divers, flight suits, helmets, chaplain's vestments and other specialized apparel), reference materials, instruments, tools, and equipment peculiar to technicians, mechanics.

Spouse: may be authorized for a licensed profession, i.e. doctor, dentist, lawyer or community support activities at the next or a later destination, example would be a command ombudsman. Any other profession may be considered if the appropriate documentation can be provided. Selling Avon or Pamper Chef does not count as licensed profession.

Excluded items are: commercial products for sale/resale used in conducting business, sports equipment, and office, household, or shop fixtures or furniture (such as bookcases, study/computer desks, file cabinets, and racks).

Dog Houses, Shadow Boxes Made to order

Manuel Bello Woodworking
bellovincent1927@Att.net
904-645-7767
904-654-2665
www.JaxMilitaryShadowBoxes.com

A CHURCH WITH THE MILITARY & THEIR FAMILIES IN MIND

Military Welcome - free meal for all Single military following the morning Service.

Sunday AM Worship @ 8:30 & 10:45
Sunday School for all ages @ 9:45
Sunday PM @ 6:00pm
Wednesday Prayer meeting, Patch the Pirate Club for ages 3 - fifth grade, @ 7:00pm
Youth Fellowship & Service @ 6:00
Nursery for all services
Need a ride, call (904) 647-5417 or (904) 771-2304

Blanding Boulevard Baptist Church
5005 Blanding Blvd. | Jacksonville, FL 32210
904-771-2304

St. Marks

EPISCOPAL DAY SCHOOL

We Love Our Navy Families!

StMarksDaySchool.org
(904) 388-2632

Now Enrolling
Age One - 6th Grade

The Hilltop RESTAURANT

Wedding Season

is fast approaching. Come tour our beautiful grounds and Ballroom and book today! Dates are filling quickly.

Make Everyday A Special Occasion
Reservations Only
2030 Wells Road, Orange Park • 272-5959 • www.hilltop-club.com
The Hilltop Staff would like to salute all military personnel.

PLEASE DRINK RESPONSIBLY!

Attorney / Legal

Criminal/Wrongful Death/Family Bankruptcy Hill Law Firm & Asc. PLLC Serving NE Fl 229-0995

Child Care

CHILD CARE - Licensed, Orange Park area. Birth to 12yrs. CPR, First Aid. Nationally accredited. Military Discount 904-278-8780 Linda's Daycare

ORANGE PARK LICENSED CHILD CARE - Birth-12yrs. CPR, First Aide. Nationally Accredited. Military Discount 904-278-8780 Linda's Daycare

Cleaning Service

J&C Excellent Cleaning Services. Our goal is client satisfaction. Lic and ins. Call 904-422-9568

Fitness / Gyms

SUMMER CAMP - FIRST CLASS CHEER DANCE TUMBLE! CALL TODAY 904-828-3505 WWW.FCATHLETICS.COM

Tree Service

ABC 1, 2, TREE- Tree removal and trimming at affordable prices. Lic/Ins. Call Tim Nolan 904-838-5267

Merchandise

AC, Heating, Fuel Antiques Appliances Arts & Crafts Auctions Building Supplies Business/Office Equipment Clothes Collectibles Computer Craft/Thrift Stores Electronics Estate Sales Farm/Planting Fruits/Vegetables Furniture/Household Garage Sales Garden/Lawn Hot Tubs/Spas Jewelry/Watches Kid's Stuff Machinery & Tools Medical Miscellaneous Merchandise Musical Merchandise Photography Portable Buildings Public Sales Sporting Goods Tickets Trailers Wanted to Buy or Trade

Appliances

Appliances, buy, sell, trade & repair W/Ds, Refrigs., stove, sbs-up wrnty. Mon-Sun. 9-7. Delivery 904-695-1412

Auctions

PUBLIC AUCTION Saturday, June 15th, 11AM 1801 W. 1st. St. (SR46) Sanford, Florida Construction Equipment * Automotive Equipment * Machine Shop Equipment * Sheet Metal Fabrication Equipment * Lawn & Maintenance Equipment * Wood Working Equipment * Shop Tools & Equipment * Material Handling Equipment * Rental Store Inventory * Trucks, Tractors, Trailers, Etc. 100's of items! Inspection: Friday June 14th 9am-5pm & 9am day of sale. Terms: cash, cashier checks, MC, Visa, Disc, 13% buyers premium, 3% discount for cash or qualified checks. For more details, map & photos go to: Auctionzip.com enter Auctioneer ID#21770 D.M. Bennett & Assoc. "AUCTIONEERS" 407-322-1464 Fl. Lic. au 293/au454/ab154

Collectibles

WANT TO BUY - U.S. Military patches & medals. German & Japanese Souvenirs. Antique swords guns and knives. Call 477-6412

Computers

IBM Lenovo Desktop Computer, Completely restored to like new condition. 17" flat screen monitor. \$175. 904-772-0301

Mattress- Full sz, new \$70. Health Master #110. Rocker Chair \$60. Headboards full and twin \$40ea. 904-714-5753

Estate Sales

B. LANGSTON'S PRESENTS Fine Fleming Island Furn., china, art, jewelry, vintage clothes & acc, tools 592 Hickory Dr. Wed 5-7, Thur/Fri/Sat 9-5 blangston.com

ANGEL AID ESTATE SALE 12,000SQFT. OF ESTATE ITEMS. Thurs, Fri, Sat. 9:30-3:00. 8595 Beach Blvd. Suite 318. www.angelaid.com

Furniture / Household

KING PILLOW TOP SET \$250 Never used/ Still in Plastic Call: (904)-655-6551

A Queen Pillowtop Mattress for \$150 Still in Plastic: 904-655-5444

Absolute Bargain Queen Pillow Top Mattress Set \$125. 904-644-0498

Garden / Lawn

DR Trimer/Mower Electronic start 5.5hp with strings. \$150 904-786-5122

Garden / Lawn

RIVER BIRCH TREE 9', 3 trunks, attractive peeling bark. I bought too many. In container \$95. 904-268-2482

Machinery and Tools

Craftsman 10" Band Saw & Delta Bench Drill Press w/laser & access., like new \$100 each. 904-525-2814/264-0969

RYOBI Oscillating spindle sander & KOBALT Compound W/tire Saw 10" w/laser almost new \$100 each. 904-525-2814/264-0969

Medical

DIABETIC TEST STRIPS NEEDED \$1 BUY sealed/unexpired boxes \$ Call Bob at (904) 712-9015

Misc. Merchandise

2 - HAPPY Embroidery Machines 12 needles w/stand & supplies. Exc. cond., \$15K. Will not sell separately Great Business Opportunity. Call 904-762-5995

CARPET - indoor/outdoor approx. 6' 10" x11' 10". Beige w/gray. Rated for high traffic. Reduced \$60. 904-268-2482

Six pc matching 4 poster queen sz bdrm set incl. mirror, dresser, extra dresser, high-boy cedar chest, night tbl \$1500 904-673-5596

Carved wood cake plate w/lid 16" round, 10" high w/pedestal made in the Philippines. \$30. 904-268-2482

Scotts classic manual mower, wood lathe w/stand, Hitachi expanding blow-in insulation 12"x24" magnetic sign 1947 Desoto Ambulance. 904-786-9651

VASES-Lrg Oriental \$100. Sm. \$30. Oriental Wall hangings \$10ea. Various porcelain dolls and figurines \$20ea. 673-5596

Sporting Goods

HUNTING CLUB members wanted 5-miles west of Folkston, GA. 2141 acres, still hunt only. \$750 or \$1000 for family spouse and children under age 18. Taking limited # of new members now. 912-496-3091 Chuck Arwood.

Pets & Animals

Adopt a Pet Pets & Supplies Livestock & Supplies Animals Wanted

Pets and Supplies

BULLDOG AKC PUPPIES. \$1,500. 229-324-2433 or 229-539-8182.

DACHSHUND PUP - Male AKC KC microchip. \$300 cash. 904-449-4267

Great Dane Puppies. AKC 1F 1 M left. \$900. eastcoastdanes.com Lori 843-838-2018

POODLES AKC TOY- PUPPIES 1- Small Black Male 6- weeks Taking deposit now. 334-4058 www.plumprettypoodles.com

Support your military newspaper. The best bargain in town.
For Classified Advertising, call 904-366-6300, or 1-800-258-4637.
JaxAir News

Transportation

Aviation Boats Sailboats Boat Dockage & Rentals Marine Equipment & Supplies RV Rentals RV's & Suppliers Motorcycles & Mini Bikes Auto Brokers Auto Parts Antiques/Classics Automobiles Trucks/Trailers/SUVs Vans/Buses \$2000 or Less Commercial Vehicles Misc. Auto Autos/Trucks Wanted Auto Rent/Lease

Boats

1997 Seaport C/C 140hp Suzuki S/S prop depth finder, many extras, price \$6200obo. Jim 904-505-7455

1997 SEASPORT C/C/ 140hp Suzuki S/S Prop, Bimini, many extras, ready to fish \$9000obo. Jim 904-505-7455

RVs and Supplies

95' ROADSTER 190, very exc. cond., microwave generator LP stove, shower, reffrig, solid oak rear dinette, toilet, see at base sale log \$8900. 804-815-0808

Montana 5th Wheel deluxe model, exc cond, slips 4, extras, \$22K with Ford Dsl custom built pkg negot. 904-771-7295

Motorcycles/Mini Bikes

2004 Harley Davidson Heritage Classic, low miles, many extras, call or text Scott 904-838-8509. \$9,900.00

2007 Suzuki Boulevard M50 10,700mi's, \$3500. Maint. current, garage kept, title in hand, 904-814-3759 or email mmc_thomas@yahoo.com

Honda 2007 Shadow, 2800mi's, like new, light grey, \$4,950. 904-215-9309/504-1578

Antiques / Classics

1970 Chevrolet Chevelle. SS 454, original, \$9000 OBO, red/black, rothwe8@juno.com / 863-578-3237.

Automobiles

2001 Pontiac Grand Prix GTP leather, sun roof, loaded, runs great 133k mi's, \$4500. 904-403-0766

2013 Scion TC, red, RS/8.D, 23/31, 6spd, auto, 300 watts, 18" black rims, lowered, moon-roof, \$20,200. 904-553-5445

2001 Chevy Van Venture, bargain priced \$2195. Last chance, excel cond, 1st come, 1st served, display 3745 Frye Aven, Jax. 904-772-0489

2000 CHEVY Mini-Van Venture, best bargain \$2,495, exc cond 1st to see. 3745 Frye Ave. W. Jax 904-772-0489

2000 Chevy Van Venture, bargain priced \$2195. Last chance, excel cond, 1st come, 1st served, display 3745 Frye Aven, Jax. 904-772-0489

MERCEDES BENZ 560 SL 1987 48k orig. miles, hard, soft top, cold A/C, Bluetooth w/CD, all service records, garaged, not a mark on her! Classic, stunning, weekend or everyday car \$21,500 owner at 904-803-4014

MERCEDES E350 '06 like new, 43k mi, garaged. Asking \$19,500. 904-374-6449

Automobiles

SUZUKI SX4 SPORT 2008 w/tour pack, 51,000 miles, 60k maintenance done & touch screen GPS/DVD/radio. Call (904) 415-9911

VOLVO S80 1999 - \$1,500 obo. blown head gasket, good eng. still drives good interior need work 904-365-3433

Trucks / Trailers / SUVs

FOR SALE: 4dr Dodge Dakota P.U. w/318eng., runs great, needs right front tire \$2500. 904-772-8428

Trucks / Trailers / SUVs

GMC SERRA TRUCK 1997 - Runs good, new engine, just needs tune-up, as is. \$2,600. 904-365-3433

JEEP COMMANDER '07 Loaded, exc cond, \$13,480 obo Call 904-473-5972 or 904-705-5391

Vans / Buses

2000 Chevy Van Venture, bargain priced \$2195. Last chance, excel cond, 1st come, 1st served, display 3745 Frye Aven, Jax. 904-772-0489

2000 CHEVY Mini-Van Venture, best bargain \$2,495, exc cond 1st to see. 3745 Frye Ave. W. Jax 904-772-0489

WE BRING THE MILITARY TO YOU

Together, our communities of service members and their families, and your business, can spell SUCCESS.

Not only will your business benefit while the families are stationed here, many military families retire to the area, with the tri-base area being one of the most sought-after assignments in the U.S. Navy.

To advertise, or to find out more information, please call **904.359.4168**.

Mirror **JaxAir News** **Periscope**

drive DEALER DIRECTORY

TO LIST YOUR DEALERSHIP, PLEASE CALL 904-359-4193

<p>BUICK</p> <p>KEY BUICK-GMC 4660 Southside Blvd. 642-6060</p> <p>NIMNIGHT BUICK-GMC 11503 Phillips Hwy 685-8820</p>	<p>DODGE</p> <p>ATLANTIC DODGE www.atlanticjeep.com 2330 US1 South 354-4421</p> <p>JACKSONVILLE CHRYSLER JEEP DODGE 9A & Baymeadows 493-0000</p> <p>ORANGE PARK CHRYSLER JEEP DODGE 7233 Blanding Blvd. 777-5500 www.orangeparkdodge.com</p> <p>RICK KEFFER I-95 Exit 373, Fern Bch. 1-800-228-7454 www.rickkeffer.com</p> <p>FORD</p> <p>PAUL CLARK FORD-MERCURY I-95 N. Exit 129 (Yulee) 225-3673</p> <p>AUTONATION FORD AT THE AVENUES 10720 Phillips Hwy. 904-292-3325</p> <p>MIKE DAVIDSON FORD AT REGENCY 9650 Atlantic Blvd. 725-3060</p> <p>AUTONATION FORD OF ORANGE PARK 7700 Blanding Blvd. 777-3673</p> <p>GMC GMC TRUCKS</p> <p>NIMNIGHT GMC 11503 Phillips Hwy 685-8820</p> <p>HONDA</p> <p>DUVAL HONDA 1325 Cassat Ave. 899-1900</p> <p>LOU SOBH HONDA OF THE AVENUES 11333 Phillips Hwy. 370-1300</p>	<p>HYUNDAI</p> <p>KEY HYUNDAI 4660 Southside Blvd. 642-6060</p> <p>JEEP</p> <p>ATLANTIC JEEP www.atlanticjeep.com 2330 US 1 South 354-4421</p> <p>JACKSONVILLE CHRYSLER JEEP DODGE 9A & BAYMEADOWS. 493-0000</p> <p>RICK KEFFER I-95 Exit 373, Fern Bch. 1-800-228-7454 www.rickkeffer.com</p> <p>ORANGE PARK CHRYSLER JEEP DODGE 7233 Blanding Blvd. 777-5500 www.orangeparkdodge.com</p> <p>KIA</p> <p>KIA OF ORANGE PARK 6373 Blanding Blvd. 771-6078</p> <p>LINCOLN</p> <p>NORTH FLORIDA LINCOLN 4620 Southside Blvd. 642-4100</p> <p>AUTONATION FORD LINCOLN OF ORANGE PARK 7700 Blanding Blvd. 777-3673</p>	<p>TOYOTA</p> <p>KEITH PIERSON TOYOTA 6501 Youngerman Circle. 771-9100</p> <p>ERNIE PALMER TOYOTA 1310 Cassat Ave. 389-4561</p> <p>VOLKSWAGEN</p> <p>O'STEEN VOLKSWAGEN VISIT OSTEENVW.COM TODAY! 904-322-5100</p> <p>TOM BUSH VOLKSWAGEN VISIT TOMBUSHVW.COM 904-725-0911</p> <p>VOLVO</p> <p>O'STEEN VOLVO www.osteenvolvo.com 396-5486</p> <p>PRE-OWNED VEHICLES</p> <p>AUTO LINE A Family owned Business autolinepreowned.com 2126 Mayport Rd., Atlantic Beach 904-242-8000</p> <p>AUTOS BEACH BLVD. AUTOMOTIVE Family Owned Since 1967 beachblvdautomotive.com 6833 Beach Blvd. 724-3511</p>	<p>PRE-OWNED VEHICLES</p> <p>DARCARS WESTSIDE PRE-OWNED SUPERSTORE 1672 Cassat Ave. 904-384-6561 www.westsideford.com</p> <p>O'STEEN VW CERTIFIED PRE-OWNED CENTER VISIT OSTEENVW.COM TODAY! 904-322-5100</p> <p>WORLD IMPORTS CERTIFIED PRE-OWNED AUTO CENTER www.worldimportusa.com 11650 BEACH BLVD. 998-9992</p> <p>SUPPORT YOUR LOCAL DEALERSHIPS BY SHOPPING LOCALLY. READ DRIVE EVERY SATURDAY IN THE TIMES-UNION OR GO TO DRIVE.JACKSONVILLE.COM FOR GREAT LOCAL DEALS. LET'S SHOP LOCAL!</p>
------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

ATTENTION MEMBERS USAA®

YOU ARE ELIGIBLE FOR UP TO \$2,000 IN USAA REBATES* ON THE PURCHASE OR LEASE OF ANY NEW VEHICLE AT TOM BUSH BMW ORANGE PARK

THESE REBATES ARE IN ADDITION TO DEALER DISCOUNTS AND INCENTIVES! ONLY AVAILABLE TO USAA MEMBERS.

Call or Come In to Tom Bush BMW Orange Park Today!

Tom Bush BMW Orange Park

6914 Blanding Blvd. (904) 777-2500 opbmw.com

*All USAA members that have PNC are eligible. One incentive per USAA member account per year. Must present USAA ID card and valid driver license.



WE BRING THE MILITARY TO YOU

Together, our communities of service members and their families, and your business, can spell SUCCESS.

Not only will your business benefit while the families are stationed here, many military families retire to the area, with NAS Jacksonville being one of the most sought-after assignments in the U.S. Navy.

To advertise, or to find out more information, please call **904.359.4168**.



Tom Bush BMW

BMW 2013
320i

bmwusa.com
1-800-334-4BMW



IT'S A BIG DEAL.

\$750 Loyalty Credit Available Towards The Purchase or Lease Of An All-New BMW 320i Sedan.

The All-New BMW 320i Sedan



\$299
Per Month*
MSRP \$36,675
Premium Package,
iPod/USB Adapter,
Hands-free Bluetooth

\$0 Maintenance Costs 4 Years/50,000 Miles



Tom Bush
BMW Jacksonville
9850 Atlantic Blvd. • (866) 958-3780
tombushbmw.com



Tom Bush
BMW Orange Park
6914 Blanding Blvd. • (888) 528-4962
opbmw.com

*Lease financing available on 2013 BMW 320i Sedan vehicles, only at participating BMW centers on leases assigned to BMW Financial Services NA, LLC/Financial Services Vehicle Trust through July 1, 2013. Loyalty Cash is a \$750 credit against the MSRP of the loan or lease on a 320i Sedan through July 1, 2013. \$750 Loyalty Cash available for returning BMW customers only. Monthly Lease payments of \$299.00 for 36 months based on MSRP of \$36,675.00. Vehicle may need to be ordered. Total Lease payments are \$10,764.00. Excludes tax, title, license and registration fees. Program available to qualified customers and not everyone will qualify. Subject to credit approval. See participating dealer for details. Dealer contribution may affect terms. Lessee must cover insurance and all items not covered under the BMW Maintenance Program. At lease end, lessee will be liable for disposition fee (\$350.00), any excess wear and use as set forth in the lease agreement and excess mileage charges of \$0.20 per mile for miles driven in excess of 30,000 miles. Purchase option at lease end for \$23,839.00 excludes taxes. Lessee acquires no ownership interest unless purchase option is exercised. See participating BMW centers for details and vehicle availability. For more information call 1-800-334-4269. Special lease rates and pricing may not be reflected throughout www.bmwusa.com. All figures presented are estimates only. Actual selling price may vary. Please see your BMW center for details. Ultimate Service covers all factory recommended maintenance on all new vehicles, as determined by the Service Level Indicator, for 4 years or 50,000 miles, whichever comes first. Exclusions from coverage: gasoline, gasoline additives, windshield washer additives, tires, wheels, wheel alignment, tire balancing and rotation. All work must be performed by an authorized BMW center. See the Service and Warranty information booklet for more details and specific terms, conditions and limitations. ©2013 BMW of North America, LLC. The BMW name, model names and logo are registered trademarks.

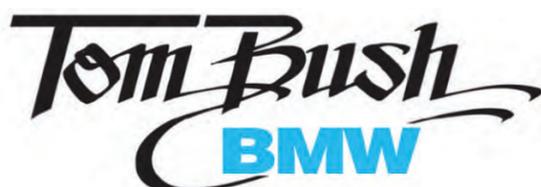
ATTENTION



YOU ARE ELIGIBLE FOR UP TO
\$2,000 IN USAA REBATES*
ON THE PURCHASE OR LEASE OF ANY NEW VEHICLE AT
TOM BUSH BMW JACKSONVILLE

**THESE REBATES ARE IN
ADDITION TO DEALER
DISCOUNTS AND INCENTIVES!
ONLY AVAILABLE TO
USAA MEMBERS.**

Call or Come In to
Tom Bush BMW Jacksonville Today!



**9850 Atlantic Blvd.
(866) 958-3780
tombushbmw.com**

*All USAA members that have PNC are eligible. One incentive per USAA member account per year. Must present USAA ID card and valid driver license.

Tom Bush BMW
Orange Park

bmwusa.com
1-800-334-4BMW



The Ultimate
Driving Machine

All Trades Welcome.
**We Offer
Top Value For
Your Trade.**

THE TOM BUSH BMW
TRADE-UP SALES DRIVE

Starting As Low As
1.9%
APR Financing available
on select new 2013 BMW models.

Tom Bush BMW offers great incentives, lease payments and prices on all remaining 2013 BMW models.
Come in today and take advantage of the early model year arrival of 2014 BMWs.
We Have Great Deals And A Great Selection At 2 Convenient Locations.



New 2013 BMW **128i Coupe**
MSRP \$35,695
\$349
Lease per month for 36 monthst



New 2013 BMW **X3 xDrive28i**
MSRP \$40,395
\$419
Lease per month for 36 monthst



New 2013 BMW **X5 xDrive35i**
MSRP \$48,395
\$499
Lease per month for 36 monthst



New 2013 BMW **535i Sedan**
MSRP \$53,995
\$539
Lease per month for 36 monthst



New 2013 BMW **320i Sedan**
MSRP \$33,475
\$299
Lease per month for 36 monthst



New 2013 BMW **328i Sedan**
MSRP \$37,745
\$349
Lease per month for 36 monthst



New 2013 BMW **X1 sDrive28i**
MSRP \$33,495
\$359
Lease per month for 36 monthst



New 2013 BMW **328i Coupe**
MSRP \$43,195
\$359
Lease per month for 36 monthst



New 2013 BMW **528i Sedan**
MSRP \$48,695
\$459
Lease per month for 36 monthst



New 2013 BMW **740Li**
MSRP \$78,525
\$799
Lease per month for 36 monthst

\$0 Maintenance Costs 4 Years/50,000 Miles



**Tom Bush
BMW Orange Park**
6914 Blanding Blvd.
(888) 528-4962
opbmw.com

t36 month well-equipped lease, all leases except where noted are \$3,999 due at signing, X1 sDrive28i \$3,299 due at lease signing, 740 Li \$5,999 due at lease signing. 10k miles per year. 0.20¢ per mile over 30,000 miles; \$0 security deposit required, \$0 maintenance cost, plus tax, tag, license to qualified buyers. Financing available through BMW Financial Services. Not responsible for typographical errors. Photos for illustration purpose only. Offers expire 7/1/2013. Not all clients will qualify for loyalty and turn key credits. Download the Ultimate Drive App for more info.

Tom Bush
BMW Orange Park
"You Have A Friend In The Business"

Factory Certified BMWs...

- Inspected And Certified By BMW Trained Technicians
- Free Carfax On Any Vehicle
- Service Loaner Cars By Appointment

BMW
Certified
Pre-Owned

bmwusa.com
1-800-334-4BMW



The Ultimate
Driving Machine

**AND YOU THOUGHT YOU
COULDN'T AFFORD A BMW.**

'09 BMW 528i Sedan



\$479
Per Month*

**2 FREE
PAYMENTS
ON SELECT
BMW MODELS**

As Low As
1.9% APR
on select BMW models*

'10 BMW 328i Sedan



\$399
Per Month*

Prices Include BMW Protection Plan Up To 6 Years Or 100,000 Miles



6914 Blanding Blvd. (904) 777-2500
www.opbmw.com

*1.9% on select BMW Certified Pre-Owned Models special lease or financing available through BMW Financial Services. Plus tax, tag, title & dealer fee. 2 free payments available on select BMW Certified Pre-Owned Models.