

# The Jasper News

Today's Weather

High 79° F



Precip: 80%

Showers and thunderstorms likely. High 79F. Winds W at 5 to 10 mph. Chance of rain 80%. UV Index: 7 - High. For up to the minute weather go to www.nflaonline.com.

143rd YEAR, NUMBER 20

THURSDAY, MAY 1, 2014

1 SECTION 22 PAGES

50¢

## SVTA in turmoil

### 2 top executives out

By Bryant Thigpen

bryant.thigpen@gafnews.com

The Suwannee Valley Transit Authority Board voted 4-2 Tuesday night at a special called meeting to abolish the director of operations position following a se-

ries of events that stemmed from the discovery of his troubled military past. Board members Jason Bashaw and Beth Burnam voted against.

The purpose of the special called meeting was to accept

SEE SVTA, PAGE 3A



Steele



Pra



Suwannee Valley Transit Authority



L-R) White Springs town clerk Pam Tomlinson swears in council members Helen Miller, Willie Jefferson and Walter McKenzie. Courtesy photo

## New White Springs council sworn in

In a brief meeting on Thursday, April 24, the town council of White Springs held its annual reorganization meeting. The first order of business was for town clerk Pam Tomlinson to administer the oath of office to the three council members elected on April 22.

Sworn in were Willie Jefferson, Walter McKenzie, and Helen Miller.

By unanimous vote of the council members, Helen Miller and Walter McKenzie were re-elected as mayor and vice mayor, respectively.

As the newly constituted

town government, the council - which includes incumbent council members Tonja Brown and Rhett Bullard - will meet on Friday, May 2 to interview the top five candidates for the town manager position being vacated by Robert Farley on June 1.

## Severe weather possible through Saturday

### Additional rainfall could prolong existing river conditions

The National Weather Service out of Jacksonville said isolated severe thunderstorms could continue as a slow moving cold front moves closer to our region. This front will move very slowly through our region while weakening beginning today and Friday. With daily showers and thunderstorms in the forecast through early Saturday, expect rainfall totals of two to three inches over our region, with locally higher totals possible.

The Florida Division of Emergency Management (FDEM) officials urge those across North Florida to be prepared for severe weather. Frequent lightning strikes, high wind gusts, hail,

tornadoes and flash flooding are possible.

"The same system that produced severe weather in Arkansas will bring an increased risk for strong storms in North Florida," said FDEM State Meteorologist Amy Godsey.

#### Rivers update

From the Suwannee River Water Management District

Should the upper Suwannee and its tributaries get rain significant enough to cause the rivers to rise again, the effects will not be seen downstream for at least a week. As it stands, the expected rainfall will prolong existing conditions rather than cause another significant rise. Forecasts will become more certain after the front has passed through this weekend.

SEE SEVERE, PAGE 3A



Look for special section featuring weekend schedule, inside

Montgomery Gentry

## Time to Jam

### The Suwannee River Jam kicks off today

Submitted

Country music fans, the fun begins today and runs through Saturday at The Spirit of the Suwannee Music Park (SOSMP) in Live Oak. The plans are made, great country artists Brantley Gilbert, Montgomery Gentry, Justin Moore, Charlie Daniels & band, Chris Cagle, Colt

Ford, David Nail, Lo-Cash Cowboys, The Mavericks, JJ Lawhorn and The LACS are signed to perform during this spectacular weekend of country music. All the SRJ needs now is you.

Other performers will be Tobacco RD Band of Tallahassee, Justin Case Band of Live Oak, Band of Brothers of Mayo, Crosstyz Band of Lake City, Nashville recording artist Michael Ray of Central Florida, Nashville country artist JR Hernandez formerly of Bell, and Jaleyn Jackson of Jacksonville. They will be joined by SRJ

SEE TIME, PAGE 3A

## Sturgeon returning to the Suwannee River

They're back! Gulf sturgeon have begun their annual migration back into the Suwannee River, according to Florida Fish and Wildlife Conservation Commission (FWC) officials.

However, with the higher water levels this spring, the fish don't seem to be jumping as frequent-

ly as in previous years. As the river levels drop, the jumping frequency could increase.

People have been injured in accidental collisions with the large, armored jumping sturgeon.

However, for the 2013 boating season, there were no reports

SEE STURGEON, PAGE 2A



A jumping sturgeon.

## Crime up slightly in county

### FDLE releases crime stats for 2013

By Bryant Thigpen

bryant.thigpen@gafnews.com

Overall crime in Hamilton County increased by seven percent in 2013 with 413 crimes reported compared to the previous year. Only 386 crimes were reported in 2012, according to the Annual Uniform Crime Report released recently by the Florida Department of Law Enforcement.

Hamilton County Sheriff's Office reported one murder; six forcible rapes; one robbery; 39 cases of aggravated assault; 117 burglaries; 117 cases of larceny; and 20 motor vehicle thefts, a total of 301 crimes committed.

HCSO resolved 26.2 of the 301 crimes committed.

The Jasper Police Department reported two robberies; nine cases of aggravated assault; 30 burglaries; 24 cases of larceny; and six motor vehicle thefts, a total of 71 crimes committed.

The Jennings Police Department reported three robberies; four burglaries; and four cases of larceny, a total of 11 crimes committed.

The White Springs Police Department reported two robberies; four cases of aggravated assault; 11 burglaries; eight cases of larceny; and three motor vehicle thefts, a total of 28 crimes committed. The police department resolved 53.6 of the 28 crimes committed.

"Our crime rate increased slightly and as I

SEE CRIME, PAGE 2A

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# Valdosta awards \$32 million contract to resolve wastewater issues

At the April 24 Valdosta City Council meeting, the mayor and city council approved the award of a \$32,344,000 construction contract that is expected to resolve the overwhelming majority of the sanitary sewer overflows in flood-prone areas of the city during heavy rain events. City leaders approved this contract, which will be funded by a low-interest Georgia Environmental Finance Authority (GEFA) loan. Construction on this project is expected to start at the beginning of June 2014 and take approximately 18 months to complete.

Since 2009, regional reoccurring flooding problems along the Withlacoochee River have resulted in major inflow and infiltration issues for the city of Valdosta's sanitary sewer collection system—which has been a major contributor to sewer spills. The epicenter of local events have primarily been associated with river inflow and infiltration along the city's 54-inch gravity sewer main which transports wastewater from sewer customers to the city's Withlacoochee Wastewater Treatment Plant (WWTP).

The contract awarded includes the construction of a 6.2-mile force main that will replace the existing 54-inch gravity sewer main that runs alongside the Withlacoochee River, a new series of new pump stations, a new headworks structure and a 6-million gallon flow equalization basin to be located at the future site of a new WWTP. This project will also provide the first groundwork for the relocation of a new wastewater treatment plant at the same location.

In conjunction with the award of this contract the city anxiously awaited receipt of Design Build Proposals on April 29, for construction of the new

treatment facility anticipated to be completed well before the August 2017 EPD deadline and is expected to cost approximately \$20 million. The WWTP—which was not in a flood zone when originally built—was severely flooded and damaged during the 2009 flood event. The assessed level of damage to the WWTP was actually a key factor in obtaining the federal disaster declaration by the president, a declaration that provided federal assistance to flood victims. The city immediately sought FEMA's assistance and applied for funding for improvements to the collection system and for the relocation of the plant. While the city awaited FEMA's approval for funding, any major improvements to the plant or other projects related to the claim would jeopardize possible FEMA funding for those projects. In anticipation of FEMA's funding, the city proactively acquired 75 acres of land to relocate the plant to property outside the 500-year flood plain and at an elevation approximately 60 feet higher than the existing plant site. After nearly three years of navigating FEMA's claims and appeal process, the city was denied funding on Aug. 1, 2012, for the relocation of the plant and construction of a new force main project, which would have significantly eliminated most sewer overflows. The following week, the city awarded a contract to design the force main project. While design has been ongoing, the city has acquired the needed right of way for construction of the project. With the force main bid now awarded, the city will now review proposals and select the best proposal for design/build for the relocation of the WWTP. This could be awarded as early as the June 5 Valdosta City Council

meeting.

In addition to this project, the utilities department also has underway a multi-year smoke testing program, to smoke test the entire 300-mile sewer system over the next four years. This program is utilizing smoke tests to find-and-fix leaking sewers which will help resolve storm water inflow and infiltration into the sewer system that contribute to sewer overflows in the low lying areas of the city.

Finally, the utilities department has also advertised for bids on two other critical projects. One is the Phase 2 Lift Station Rehabilitation/Replacement Project, which will upgrade four existing older stations as part of that multi-year program. The other is Phase 3 of the Sewer Manhole Rehabilitation/Re-

placement project, also a multiyear program that upgrades deteriorated manhole within the sewer collection system. Phase 3 will complete rehabilitation or replacement of 37 manholes.

Plans are in the works for another multiyear program to begin rehabilitation of the entire sanitary sewer system using pipe and manhole lining technology. This will eliminate the remaining sources of inflow and infiltration into the sewer system. This program will start on the largest diameter pipe lines and work back into the sewer systems smaller main. A funding plan for this effort is being evaluated.

For more information, visit [www.valdostacity.com/utilities](http://www.valdostacity.com/utilities), or contact the Public Information Office at (229) 259-3548.

## Sturgeon returning to the Suwannee

Continued From Page 1A

of boaters being injured by them.

"But, even one person getting hurt this year is one too many," said Maj. Andy Krause, FWC regional commander. "We want people to be aware the sturgeon are back in the Suwannee and that the risk of injury to boaters does exist."

A rash of encounters occurred in 2011. There were at least seven encounters with jumping sturgeon reported on the river. Some of those encounters injured people.

FWC officers will be on water patrol during the summer months in a continued effort to educate boaters about these jumping fish. The FWC

recommends going slow to reduce the risk of impact and to have more reaction time if a jumping sturgeon is encountered. All boaters are encouraged to wear their life jackets at all times while on the water.

These collisions aren't targeting boaters. They are simply doing what they have been doing for millions of years: jumping, although biologists are unsure why sturgeon jump.

Biologists estimate the annual population of sturgeon in the Suwannee River to be between 10,000-14,000 fish, averaging 40 pounds. However, a few exceed 170 pounds. They can leap more than seven feet out

of the water. To add to the seriousness of being hit by one, the fish have five rows of armor-like scutes.

Adult fish spend eight to nine months each year in the river, spawning in May, and then return to the Gulf during the coolest months to feed.

State and federal laws protect sturgeon, just like bald eagles, panthers and sea turtles. Gulf sturgeon cannot be harvested.

To report sturgeon collisions, call 888-404-FWCC (3922).

For more information about the Gulf sturgeon, go to [MyFWC.com/Research](http://MyFWC.com/Research) and click on "Saltwater" then "Sturgeon."

## Crime up slightly in county

Continued From Page 1A

have stated before these rates can be misleading," said Sheriff Harrell Reid. "In our case we had one murder in 2013 and none in 2012. This is a 100 percent increase which causes our overall

rate to increase. The Hamilton County Sheriff's Office is working hard to protect our citizens."

The state of Florida has improved upon its record. In 2012, 725,987 crimes were committed. Records show that for

the same time period last year, crime has gone down by 3.8 percent, with a total of 698,607 crimes committed.

To view the entire report, visit <http://www.fdle.state.fl.us/Content/FSAC/Menu/UCR-Home.aspx>.

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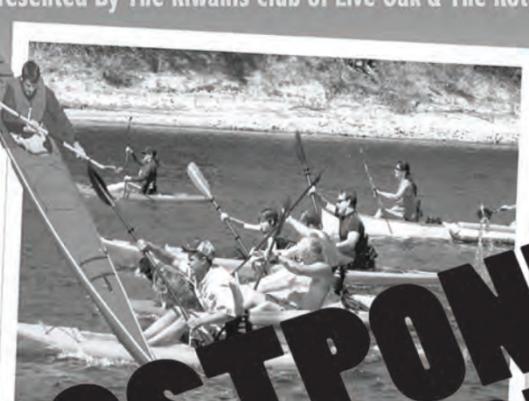
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**EXT 109**

SATURDAY, MAY 17, 2014

# Suwannee River Race

Presented By The Kiwanis Club of Live Oak & The Rotary Club of Live Oak



Registration for Rafts, Canoes and Kayaks begins at 8 a.m. Saturday, May 17 at Camp O' Suwannee, 1105 Howard St. E., Live Oak, FL 32064. Phone: 386-362-3300

**POSTPONED**  
**DUE TO HIGH RIVER LEVELS**  
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Participants must register for each event. Pre-registration is preferred. For entry forms see addresses shown below.

- Rafts – \$45 per vessel  
No size requirements, but must have 6 team members wholly on the raft with no parts of the members in the water at the start and at the finish.
- 2-Man Canoes or Kayaks – \$25 per boat  
• 1-Man Kayaks – \$15 per boat  
No vessel requirements/no crew requirements.

For complete rules see addresses below or mail request to: Great Suwannee River Race, P.O. Box 568, Live Oak, FL 32064



Info Call: 386-362-3300

Entry forms and complete rules available at:  
The Suwannee Democrat 211 Howard St. E., Live Oak and  
JW Hill and Associates 1105 Howard St. W.,  
Live Oak, FL 32064.

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Most Fun Raft	Most Inventive Raft	First Place Winner in Each Category

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# SVTA in turmoil

Continued From Page 1A

the resignations of SVTA Administrator Gwen-dolyn Pra and Director of Operations William "Bill" Steele that were presented on Monday, April 21, to SVTA Chairman Ron Williams. However, Steele told the *Jasper News* Wednesday his resignation letter was written by "someone without my authorization."

## Background

Florida Department of

Transportation Inspector General Robert E. Clift said his office is conducting an audit of funds provided by the state to SVTA.

"During the course of the audit, our staff learned that William H. Steele, the director of operations at SVTA, had served in Iraq as a U.S. Army officer," Clift wrote in an email to the *Jasper News*.

Clift said staff later discovered news articles about a Lt. Col. William

H. Steele, U.S. Army Reserves, that included allegations of violations of law and convictions in military court.

"We confirmed that William H. Steele who was employed by SVTA was the former U.S. Army officer by contacting staff at the U.S. Disciplinary Barracks at Ft. Leavenworth, Kansas, and comparing Social Security number, date of birth and a photograph of the inmate that had been in their custody,"

said Clift.

## Board accepts Pra's resignation

On April 21, Pra submitted a letter to Williams and the SVTA board announcing her resignation effective April 30. However, she requested compensation from the agency until Sept. 30, 2014, to assist her in getting to the threshold of Medicare, since, she said, she will be 65.

Williams said Pra was not pressured to resign, but did so freely by her own choice.

However, Williams told the *Jasper News* Tuesday he asked for Pra's resignation because the situation with Steele "cast a bad light on SVTA and should have been shared with the board."

At Tuesday night's meeting, however, Williams stated: "She called me one day and she said, 'Mr. Williams, you know I told you I'll stick with you and this board until I get Suwannee Valley Transit back on its feet. If I'm causing any hardship to Suwannee Valley Transit, I'm going to resign.'"

Pra reportedly told Williams she loved and respected the agency and its people and it would be her desire to resign before she brought a reproach against it.

"That's what she's doing. She wasn't pressured to do it...she just got tired of fighting," Williams said.

Prior to Pra's resignation, Williams said Pra called him again and they agreed to meet at the B&B Store in Wellborn since that was half way for both parties. Following their conversation, Pra said she wanted to step down as administrator and enjoy time with her family.

After the applause of many board members and co-workers for her work at SVTA, the board then voted unanimously to accept Pra's resignation.

The board voted unanimously to appoint Teresa Fortner as the interim administrator, who was recommended by Pra. Fortner will serve in the position until it can be filled. She will also be responsible for carrying out the duties and responsibilities of the director of operations, with some assistance by Floyd Webb.

In Pra's resignation letter, she wrote, "I will depart the agency on April 30, 2014, with salary compensation from April 30 to September 30...I very much appreciate the payment of my sick leave, as I never called in sick the entire time of my administration."

Pra will receive payment for her annual leave and compensation time. However, her request for payment until Sept. 30 will not be considered until the audit by FDOT has been completed.

According to SVTA board member and Suwannee County commissioner Ricky Gamble, there is a policy that limits the compensation of accrued sick time to employees who have served 10 or more years with the agency.

The policy further states the amount of

compensation the exiting employee receives for accrued sick leave is determined by a formula that would render a portion of their accrued time based on their number of years with the agency.

## Steele's resignation letter

Prior to the discussion, SVTA board attorney Hal Airth advised them Steele was not resigning and the matter couldn't be discussed at the meeting.

"Mr. Steele has confirmed he has not resigned and does not intend to resign," Airth said. "I understand there was a draft letter written on his behalf and he has specifically rescinded to that."

Despite Airth's legal advice, the board moved forward with discussion regarding the position.

On Wednesday, Steele wrote an email to the *Jasper News* stating that he never submitted a letter of resignation.

"That letter was written by someone without my authorization," said Steele.

## Board votes to abolish the director of operations position

Williams asked the board to consider abolishing the director of operations position citing potential downsizing in the near future as his reason. Steele had served in that capacity since Dec. 20, 2011.

"I'm asking this board to abolish the operations manager position of the Suwannee Valley Transit," Williams said.

Board member Ricky Gamble began the discussion by asking Williams about the benefits of abolishing the position.

"If we don't have the position, then the position is not open for employment," Williams said.

Burnam inquired, "Under the previous director, there was no operations manager?"

"No ma'am," Williams responded.

"Look how it was ran," Gamble added.

According to Pra, prior to her arrival, the agency was struggling with over a \$2 million debt and facing closure. Under her administration, the agency is now operating with a profitable margin.

Board member Bucky Nash said downsizing is needed if SVTA is going to trim its operations to adapt to new state mandated changes that took effect today (May 1).

"If we're going to go to a small operation, and you're going from a \$4 million company to a \$2 million dollar company, you've got to have people who do a lot of different roles," Nash said. "What we're going to have to do is consolidate positions to survive."

Burnam said with mandated changes from the state, the resignation of the administrator and abolishing the director's position may be too much for the agency.

"With the changes that are coming May 1, we're going to be faced with so many challenges. Are you going to be able to find one person who can keep this agency serving the community at the same rate we have done since Mrs. Pra came? We are just setting a very,

very high standard considering what we're already facing starting May 1 to get someone in that will be able to do everything," she said. "That's why I have concerns about doing it at this point."

Williams said he believes the trimming for the agency needs to start at the top.

"It doesn't do you any good to cut the low hanging fruit because they're going to be there. The big plump, juicy ones that's usually way up in the tree, the ones that cost the most to get to, that's where you start cutting at," Williams said. "We can have all these drivers making \$9 an hour...but that doesn't do anything to the bottom line when you're losing \$2 million dollars in a contract, so to speak."

Burnam asked Fortner and Webb if they can manage the day-to-day operations of the company in addition to the state-mandated changes coming.

"Do you think if this thing was turned over to you tomorrow and knowing what's coming May 1 and all, do you feel totally comfortable with that," Burnam asked.

Fortner nor Webb verbally spoke up at that time. Williams asserted he had previously spoken with the two who hesitantly assured him they could handle the duties.

Williams added he had talked with Fortner and Webb prior to the meeting, they were reluctant at first and it took "arm twisting" to get Fortner to agree, but they later said they would do whatever the wishes of the board was, knowing they would get assistance from the state office in Tallahassee.

The board then voted 4-2 to abolish the director of operations position effective the date of the meeting.

## SVTA board to hold monthly meetings

Given the circumstances that have recently occurred, the board voted to meet monthly on the second Tuesday of each month for the next six months instead of quarterly. The monthly meetings will begin on May 13 at 6 p.m. at the Suwannee Valley Transit Authority headquarters in Live Oak.

## Extra payout

According to information from the FDOT, Pra's approved salary for 2013 was \$78,748.80 while Steele's was \$71,427.20. The FDOT, through their ongoing audit, revealed that Pra received an additional \$82,609.92 in extra payout in 2013 as reported. In total, Pra made \$161,358.72 in 2013.

Clift told the *Jasper News* this information was received from their W2s.

Steele received an additional \$36,395.46 in extra payout in 2013 as reported.

"We haven't yet made a direct correlation between the date on leave liability logs and the payment received as documented by the W-2," Clift said by email Wednesday.

Clift said the focus of their review is on the "supportability of expenditures made with funds provided by the state."

# Severe weather possible through Saturday

Continued From Page 1A

"There is uncertainty about the amount of rain and the areas of heaviest rain in the five-day forecast (beginning April 29)," said Megan Wetherington, senior professional engineer. "White Springs and Suwannee Springs would be most vulnerable to locally intense rainfall. The gauges further downstream would not see effects until much later."

The Suwannee at Dowling Park appears to be cresting at a foot below flood stage of 50 feet. Luraville (flood stage 37, crest near 41.9) can expect another two to three inches of rise by today. Branford (flood stage 29, crest near 30.9) is expected to rise another six to eight inches before cresting on Saturday. Wilcox could rise another foot by Monday, with a crest about a foot lower than 2009 flood expected. By mid-week, Manatee Springs should crest just below flood stage, followed by Fowler's Bluff with a crest near 6.7 feet, about six inches lower than the 2009 flood.

Lower Santa Fe gauges are rising due to the Suwannee, with a crest expected about six to ten inches lower than the 2009 flood by Sunday at the Three Rivers and Hildreth/129 Bridge gauges. Major flooding is occurring at Three Rivers (flood stage 19, crest near 26 feet by Sunday). Since this is a backwater flood on the Santa Fe, the effects become less and less upstream of Fort White. Blue Springs and Ginnie Springs are open for swimming and are beautiful right now. Flooding is not a concern in the area around High Springs and in the upper Santa Fe above O'Leno.

Hamilton and Levy counties closed their boat ramps on the Suwannee River due to high water. Idle Speed/No Wake restrictions are being enforced by the FWC on the Suwannee River from U.S. 90 at Ellaville to one mile below the Fowler's Bluff boat ramp (Zones 1-4), and on the Santa Fe River from O'Leno to the Suwannee confluence (Zone 5). While there are no enforced restrictions above Ellaville, boaters should be aware that there

are rapid currents and debris which make for unsafe operating conditions. Report boating violations to FWC dispatch at 1-888-404-3922.

If severe weather is forecast in your area, be sure to follow these important safety tips:

Ensure your NOAA All-Hazards Weather Radio is on and programmed for your area or stay tuned to a trusted local media outlet for the most current weather situation. Ensure your disaster supply kit is prepared and heed all instructions from local officials.

Know what you would do in the event of a severe thunderstorm or tornado watch or warning. If a tornado warning is issued for your area, seek shelter immediately in an interior room, away from windows.

NEVER drive through flooded roadways as road beds may be washed out under flood waters, and just one foot of fast-moving flood water can move most cars off the road.

If thunder roars, go indoors. If you can hear thunder, you are close enough to be struck by lightning and should seek shelter.

If a flood is likely in your area, you should:

Turn Around, Don't Drown. If you see a flooded roadway, turn around and take another route. Take your time when traveling.

Be aware that flash flooding can occur. If there is any possibility of a flash flood, move immediately to higher ground. Do not wait for instructions to move.

Be aware of stream, drainage channels, canyons and other areas known to flood suddenly. Flash floods can occur in these areas with or without typical warnings such as rain clouds or heavy rain.

For additional information about severe weather in Florida, and to Get A Plan, visit [www.FloridaDisaster.org](http://www.FloridaDisaster.org). Follow FDEM on social media on Twitter at @FLSERT, Instagram @FloridaSERT, Vine @FloridaSERT, Pinterest FloridaSERT and Facebook at [www.Facebook.com/FloridaSERT](http://www.Facebook.com/FloridaSERT) and [www.Facebook.com/KidsGetAPlan](http://www.Facebook.com/KidsGetAPlan).

# Time to Jam

Continued From Page 1A

Audition solo winners Tenesha Moore, Brittney Hall, Kellen Vincent, Steffanie Renae, Abigail Carpenter, Jasmine Horton, Jolie Crapo, Alyssa Billings and duo winners George Aspinall & John Shilby. SRJ Audition band winners Steven Flowers Band, 309C Band and Crewsn Myles Band will round out the weekend's fantastic performers ready to entertain country music fans.

Tonight in the Music Hall is country music galore all evening and the Ms. Suwannee River Jam "Daisy Duke Style" and Ultimate Cowboy will have a last call. The Music Hall stage will feature Justin Case Band tonight, Crossstyz Band Thursday night, Band of Brothers Friday night and Steven Flowers Band Saturday night to close out each day.

Thursday evening on

the 1st Street Music Stage/Budweiser Party Zone in the Amphitheater will feature JJ Lawhorn, the LACS and Montgomery Gentry beginning at 6 p.m. Music will begin on this stage Friday at 1:30 p.m. and include a Redneck Wedding and Ultimate Cowboy finals and super terrific winners of the SRJ Auditions performing both Friday and Saturday; the stage opens Saturday at noon with numerous artists and events including a semi-final and final for the Ms. Suwannee River Jam "Daisy Duke Style" competition. Be sure to be there at 3:45 for a real treat when harmonica master John Shilby plays harmonica with master guitarist George Aspinall. Lo-Cash Cowboys will own this stage on Saturday evening when they will be the last SRJ 2014 artists to perform for

the weekend.

The SRJ main stage Friday will open at 6:30 p.m. with David Nail, followed by Charlie Daniels and Justin Moore. Saturday's main stage will open at 4:30 p.m. with Chris Cagle, followed by The Mavericks, Colt Ford and Brantley Gilbert.

For a complete SRJ schedule of events, go to [www.suwanneeriverjam.com](http://www.suwanneeriverjam.com) and click on schedule or pick up your SRJ tab (while supplies last) when you arrive at the SRJ which has complete schedule, artist and SOSMP information to enhance your stay during the SRJ.

If you would like more information, contact SOSMP at 386-364-1683 or make contact through the above websites or email [spirit@musicliveshere.com](mailto:spirit@musicliveshere.com).

The Spirit of the Suwannee Music Park is located at 3076 95th Drive.

## OPINION

## The Constitution or good ideas?

Let me run through a few good ideas. I think it's a good idea for children to eat healthful, wholesome foods. In the raising of our daughter, before-dinner treats were fresh vegetables, and after-dinner treats were mostly fruits.

I arrive at my gym sometime between 4 a.m. and 5 a.m., at least four times a week, to lift weights and use the treadmill. During the warmer months, the treadmill is substituted by a weekly total of 40 to 60 miles on my bike. My exercise regimen is a good idea. Another good idea is to wear a bike helmet while bike riding and wear a seat belt when driving my car. Among many other good ideas is the enjoyment of two, maybe three, glasses of wine with each evening meal.

You say, "So what, Williams? What's your point?" There's no question that all of those actions, with the possible exception of the last, are indeed good ideas. As evidence that my exercise regimen is a good idea, my doctors tell me that at 78 years of age, I'm in better health and conditioning than most of their male patients many years my junior. My question to you is whether these commonly agreed-upon good ideas should become the law of the land. To be more explicit, should Congress enact a law requiring every able-bodied American to lift weights four times a week and bike 40 to 60 miles each week? Just look at all the benefits of such a law. Americans would be healthier, and that would mean lower health care costs. People would have a longer working life. Men would have the strength to protect their women and children folk from thugs. In a word, there would be no downside to the fitter population that would come from a congressional law



## A MINORITY VIEW

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BY WALTER WILLIAMS

mandating physical fitness programs. We might title such a law the "Improving American Health Act." The law would impose fines and penalties on any able-bodied person not found to be in compliance. What congressman would have the callousness to vote against such a beneficial measure?

Needless to say, there would be attacks against the Improving American Health Act, launched mostly by libertarians, conservatives and some Republicans. These people would argue that Congress has no constitutional authority to enact such a liberty-intrusive law. Their arguments would be on weak grounds. Our Constitution's Article 1, Section 8 says, "The Congress shall have Power To ... provide for the ... general Welfare of the United States." Our Constitution further empowers Congress to enact the Improving American Health Act by its Article 1, Section 3 -- sometimes referred to as the commerce clause -- which grants Congress the power "To regulate Commerce ... among the several States." After all, good health lends itself to

more efficient interstate commerce and a larger gross domestic product. Sick Americans adversely affect interstate commerce and are a burden on economic activity.

I have no doubt that people who don't want to see a healthier America -- again, mostly libertarians, conservatives and Republicans -- will bring suit before the U.S. Supreme Court, arguing that Congress has no such authority under either the general welfare clause or the commerce clause. Would you prefer that Chief Justice John Roberts Jr., speaking for a majority, concur by saying, "This court is guided by the U.S. Constitution, and we find no constitutional authority for the Improving American Health Act, despite Congress' nonsense claims alleging authority under the general welfare and commerce clauses"?

Or would you prefer that Justice Roberts, speaking for the majority, engage in mental contortions in which he agrees that forcing people to exercise exceeds congressional authority under both the commerce clause and the general welfare clause but says the Improving American Health Act is indeed constitutional under Congress' taxing authority?

My bottom line question is: Should we be ruled by what are seen as good ideas or by what's permissible by the U.S. Constitution?

*Walter E. Williams is a professor of economics at George Mason University. To find out more about Walter E. Williams and read features by other Creators Syndicate writers and cartoonists, visit the Creators Syndicate Web page at [www.creators.com](http://www.creators.com).*

## Around the Banks of the Suwannee

By Correspondent  
Johnny Bullard

"The flowers appear on earth; the time of the singing of birds is come, and the voice of the turtle (dove) is heard in our land; (Song of Solomon 2:12, King James Version).

Bountiful bower of beauty. How is that for alliteration? Well, our "home sweet home", around the banks of the Suwannee, is just that this time of year. It is, indeed, a wonderful and beautiful time to take a walk, a hike, a bicycle ride, or a drive and enjoy the natural beauty that surrounds us.

This past Saturday, I noted, with happiness, that many of our roads, including SR 136 between White Springs and Live Oak, were covered with bicyclists who were enjoying this time of year and our part of the world. Many of the roadsides are covered with wildflowers--brightly colored phlox, wild coreopsis, better known to many of us as black eyed

Susan's and brown eyed Susan's, wild honeysuckle runs wildly along fences and around trees and emanates heavenly fragrances onto our warm, heavy, and humid North Florida air.

This is the time of year when spring fever reaches epic heights for many. Those of us who toiled in the vineyards of learning in the area's public schools could write you a book about this. Folks can say whatever they want about the heat, humidity, etc. and the fact that these made the South, as a region, a more passionate and a more violent land. I think there's a lot of truth to it.

I know that hotter weather in whatever region usually renders more creative and richer experiences with the culinary arts. Why wouldn't that be true? We have more access to fresh fruits, vegetables and all the good things the earth produces. Is there anything more heavenly than those first vine ripened tomatoes picked fresh from the vine? Slice them, put a little salt and pepper on them or not, cover a piece of unhealthy white light bread with a good dollop of great mayonnaise (I prefer Hellmann's but Duke's will do in a pinch) and bite into that wonderful tomato sandwich. Just a bit of heaven here on earth.

There are those who believe that our speech cadence in this region and other regions of the Deep South is slower, and personally, I think more mellifluous and more beautiful. The most beautiful I think, but I diverge, and that this is due to the warmer weather for most of the year and that it affects dialect and speech patterns, makes them, if you will, lazier, more languid.

This may or may not be true. I know the Deep South is covered with several dialectal regions. The state of Georgia, alone, has seven or eight distinctive dialectal regions, and the dialect of the native North Floridian, in many instances has much of the same cadence as that spoken in the Wiregrass region of South Georgia, very similar.

Folks ask me all the time about my accent. I don't hear it, until I hear myself on tape or on DVD, and, then, I think, my word, what a deep accent, but it's the one I grew up with and in the way I grew up speaking. A professor of speech at Valdosta State College told me once that I had good stage presence and, with work, could probably have made some headways on the legitimate stage and in theater, but, he went on to say, "But it would take a long time for us to rid you of that deep Southern accent." I didn't pursue the theater so nobody ever had the chance. I find many of the children in today's world speaking more like those from South Florida, which, of course, you realize, IS NOT, the South at all.

Well, back on track. We look forward to this time of year through the winter. We think of Mother's Day, upcoming commencement exercises for many, end of school programs, lots of outdoor events and festivals, sporting events, baseball, softball, tennis, swimming, just a wide array of outdoor sports that

can be and are enjoyed at this beautiful time of year.

In my first years of teaching at South Hamilton Elementary in White Springs, no program in the month of May was complete without the winding of the Maypole. I can remember this being directed and done by the late Mrs. Sadie Turner, as well as Mrs. Ruby Williams who as assisted by Mrs. Barbara Edwards and Mrs. Earnestine Johnson. We always enjoyed the winding or the plaiting of the Maypole and, on more than one occasion, loaded the Maypole up, took it over to Stephen Foster, and danced the Maypole dance for the audience at the Florida Folk Festival. I am sure the Maypole dance is not part of the Common Core Standards nor assessment and that's too bad, the perpetuation of musical and cultural standards, to me, at least, may be as important as keyboarding, well, maybe not in today's world, but dancing the Maypole is a lot more fun.

Get out and enjoy all the beauty of this time of year with good friends, family members, those that you hold dear. Breathe in the heavenly fragrances around you, wild honeysuckle, and, in the very near future, the citrusy fragrance of magnolia blossoms. If the woods and the area around us will ever dry off a bit more, there is so much in our area that reaches its natural apex at this time of year.

Truly our area offers a broad array of color, fragrances, sights and sounds this time of year and our area offers something for all.

So many beautiful places to visit and enjoy. The area's state parks, the Heritage Park in Live Oak, and, if you want a feast for the eyes, and this is not promoting anyone, but take a trip out to Noble's Greenhouse and Nursery in Live Oak. You may want to purchase something, but, if you don't, you will just enjoy walking through. Truly, truly, beautiful.

"The flowers appear on earth; the time of singing of birds is come, and the voice of the turtledove is heard in our land."

King Solomon was considered to be very wise. He wrote a number of the Psalms, not as many as his father, King David, but a number, as well as the Book of Proverbs, and the Song of Solomon. He was tripped up by loving too many of the wrong kind of women, but we won't go down that pathway. He was certainly a multifaceted individual, and in his Song of Solomon wrote some of the most beautiful passages ever. If you haven't read your Bible lately, go into it and read Song of Solomon, especially this time of the year. The imagery, the beauty of the language, the theme, is eternal. It is wonderful reading any time of year. It is truly wonderful when you sit in the sunshine with the birds singing around you and "drink in" the beauty of this area.

From the Eight Mile Still on the Woodpecker Route north of White Springs, wishing you all a day filled with joy, peace, and, above all, lots of love and laughter.

## The Jasper News

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### Letter to the editor and Article Policy

Letters to the editor and article submissions can be mailed or dropped off at the news office at 211 Howard St. E, Live Oak, FL 32064, Monday through Friday, 8 a.m. until 5 p.m.

Pointers to the editor should be typed, brief and to the point, approximately 150 to 200 words or less. Not all letters are published. To be considered for publication, letters to the editor must be signed, include the writer's address and phone number, and in the news office by noon on Friday.

Submissions, 400 or less words, should be typed, brief and to the point. Not all submissions are published.

Letters and submissions may be edited to fit available space. Well written letters/submissions require less editing.

You may fax letters/submissions to 386-364-5578.



# HEART MATTERS

God." Matthew 5:9 (NIV) In classical Greek a "peacemaker" was an ambassador sent to work for peace. This "work" of bringing about peace is not necessarily found by avoiding conflict. We have already established the necessity of conflict to produce change and inspire passion. Peace is found in resolution and reconciliation. God presents this clearly in Isaiah 1:18: "Come now, let us reason together, says the LORD. Though your sins are like scarlet, they shall be white as snow; though they are red as crimson, they shall be like wool." (NIV) In this verse, God explains the reason for the conflict between man and God: sin. In this case, peace with God does not and will not come by avoiding the issue and hoping it will go away. Peace will only be the result of resolving the issue of our sin and being reconciled to God.

In our world filled with conflict, I believe that God calls his children to be peacemakers. To work as ambassador for peace, not by avoiding or ignoring conflict, but to learn practical strategies to help those in conflict find resolution and reconciliation. Because this is such an important task, over the next several weeks we are going to investigate some Biblical examples of conflict and learn some smart strategies for peacemaking that will help us convince others that "every heart really does matter!"

*Blessings, Angie*

*Follow Angie on Twitter: Angie Land @HeartMttrs*

*Heart Matters is a weekly column written by Angie Land, Director of the Family Life Ministries of the Lafayette Baptist Association, where she teaches bible studies, leads marriage and family conferences and offers biblical counseling to individuals, couples and families. Contact Angie with questions or comments at angieland3@windstream.net.*

Rarely a week goes by without my daughter getting in the car after school to announce, "There was a fight today!" She then proceeds to give me her analysis of what and why it happened. Conflict always makes the headlines, doesn't it? It brings people running to see, and these days to video the action. In fact, You Tube videos of arguments and fights get more views than most any others. We delight in the entertainment value, and only when conflict gets too personal do we wish for a more peaceful planet.

By definition, conflict is a disagreement where people believe their interests are threatened. This applies whether on a large scale war between countries or people groups, or a smaller scale of individuals in a marriage relationship, friendship or co-worker. Conflict even arises daily between two random people driving on the interstate! However, I think conflict has gotten a bad rap. Searching for resolutions to conflict actually inspires change, and this inspiration can make people passionate about leaving old ways of thinking behind and embracing new ideas. See? Already this insight produces a conflict: old ways of thinking can be difficult to let go of, and not all new ideas are better. On the other hand, we can often hold on to old ways of thinking, not because they are better, but because we are comfortable with them and prefer not to learn something new.

One thing we know for sure: conflict is inevitable. As long as there are at least two people on earth, with two different opinions on anything, there will be conflict! In the Sermon on the Mount, Jesus called out a very specific characteristic in His followers related to conflict. "Blessed are the peacemakers, for they will be called the sons of

# Is church leadership failing? - Part 1



There are many and varied differences of opinion today on how the church should be governed. No matter what you are involved in today, it must have organization and leaders. No home, no business, no church will ever be any better than its leaders. Today homes are failing because the head of the home is failing in leadership, businesses are failing because CEO's are failing, governments are failing because there leaders are failing.

One thing can be said for the church of the Lord Jesus Christ, it is not failing because the Head of the Church is failing. Make no mistake, Christ is the head of the Church. Ephesians 1:22 "And He (God) put all things under His feet, and gave Him to be head over all things to the Church." Also see Ephesians 4:15). If it is not Christ who is failing it must be those who are placed in charge by man.

W. A. Chriswell said of the government of the church: "The

New Hampshire Confession of Faith, adopted in 1830, was one of the earliest and remains the most important of the Baptist confessions of faith. It formed the basis for many subsequent statements, including the statement of "The Baptist Faith and Message" first adopted by the Southern Baptist Convention in 1925. Article thirteen of the New Hampshire Confession is entitled 'The Church.' It reads: (We believe) That a visible Church of Christ is a congregation of baptized believers, associated by covenant in the faith and fellowship of the Gospel; observing the ordinances of Christ; governed by his laws; and exercising the gifts, rights, and privileges invested in them by his word; that its only proper officers are Bishops, or pastors, and Deacons, whose qualifications, claims and duties are defined in the Epistles to Timothy and Titus. Herein lies one of the most distinctive features of Baptist faith—its polity, or form of government."

I am convinced that much of church failure today can be attributed to the Deacons in the local church. I realize this will not be popular among some, but it must be said. Almost all church By-Laws when speaking of qualifications of the Deacon refer to 1st Timothy 3 and Titus 1. 1st Tim. 3:2 says he must be "blameless." It means he lives a life beyond reproach. "The husband of

one wife." Contrary to the belief of many that has nothing to do with divorce. It means "a one woman man." "Temperate. Sober-minded, of good behavior, hospitable." All these mean he is in control of every area of his life. Many of the Deacons today get upset easily, have no control of their language, and have no testimony for the Lord Jesus Christ, yet they are in a very important leadership role in the church. The last statement of verse 2 says "Able to teach." A Deacon should, on a moments notice, be able to teach a Bible lesson. He should be able to teach from the pulpit in the absence of the Pastor. Most spend very little time in Bible study and prayer. Some will say verse 2 is for a Bishop, not a Deacon. But I remind you verse 11, speaking of a Deacon, says "Likewise."

I know that there are many Godly men in the church today serving as Deacon and they are to be commended. Please study Timothy chapter 3 and Titus chapter 1 and compare it to the lives of the Deacons in your church. Don't let God's work be hindered because of men in offices that are not qualified.

*Hugh G. Sherrill  
Pastor Philippi Baptist Church  
1444 SE County Rd 18, Lake City, FL  
ems-hugh43@comcast.net*

## Obituaries

**Henry Lucius Lee  
"Nip"  
July 4, 1917  
April 22, 2014**

Henry Lucius Lee "Nip", age 96, of Jasper, Fla. passed away at his home in Jasper on Tuesday, April 22, 2014 following an extended illness.

Henry was born on July 4, 1917 in Clinch County, GA to the late Lucius and Nancy Richardson Lee.

He was a former resident of Homerville and Lakeland, GA before moving to Jasper. In 1946 he married the love of his life, Marjorie Griner. "Nip" as he was lovingly referred to by all who knew him, worked tirelessly for 56 years at the local Chevrolet Dealership, retiring only recently due to failing health. He broke in many new employees and a couple of owners over the many years he was employed there. Nip sold and resold cars to people all

over North Florida, South Georgia and beyond. He became a member of the First United Methodist Church in Jasper on Sept. 28, 1947. Henry Lee was a man of integrity and could be counted on when called upon. He was also a member of the Methodist Men's Club and the Jasper Lions Club.

He was preceded in death by his parents, two brothers and five sisters.

Survivors include his wife of 68 years, Marjorie Griner Lee of Jasper, Fla.; two sons, Charles Henry Lee and his wife Barbara of Maggie Valley, NC and Christopher Thomas Lee of Jasper; four grandchildren, Stephanie Lee, Joshua Lee, Elbert Carter, Jr. and Richie Carter; three great grandchildren, Allen Lee, Zachary Lee and Spencer Carter.

Funeral services were held Friday, April 25, 2014 at Jasper First United Methodist Church in

Jasper, Fla. with the Rev. Dale Ames officiating. Interment followed at Arabia Cemetery near Homerville, GA.

Harry T. Reid Funeral Home was in charge of arrangements.

**Frederick L. DeRocco  
March 29, 1942  
April 24, 2014**

Frederick L. DeRocco, age 72, of Jasper, Fla. passed away Thursday, April 24, 2014 at Madison County Memorial Hospital in Madison, Fla. Mr. DeRocco was born in Ilion, New York on March 29, 1942 to the late Alfonso and Gertrude Potter DeRocco.

He was a machinist and mechanic. As a young man he served his country in the United States Army. In 1989 he moved his family to Jasper, Fla. from Immokalee, Fla.

He worked with wood and could build anything. He shared this talent with his grandchild-

dren and great grandchildren. In sharing amongst family members it was said that even though he was a double amputee Grandpa stood 10 feet tall. He made a lot of choices in his life but the greatest choice he made was accepting the Lord Jesus as his Savior. Mr. DeRocco loved his family and loved spending time with them. He will be missed.

Survivors include his wife of 49 years, Daisy DeRocco; three sons, Laddie DeRocco (Robin), Adam DeRocco (Susan) and Frederick DeRocco, Jr. (Bethany); four daughters, Ranie DeRocco, Sheila Young (Brian), Kathy Carlisle and Laurie Padgett; one brother, Sammy and two sisters, Mary Ann and Carol; 17 grandchildren and 10 great grandchildren. He had 3 great grandchildren "on the way".

Per his wishes, Mr. DeRocco was cremated.

Harry T. Reid Funeral Home was in charge of arrangements.

## Public Announcement

"MOTHER'S DAY GOSPEL EXTRAVAGANZA CONCERT"

Featuring "THE ORIGINAL SUPREME ANGELS"

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## Arrest Record

*Editor's note: The Jasper News prints the entire arrest record. If your name appears here and you are later found not guilty or the charges are dropped, we will be happy to make note of this in the newspaper when judicial proof is presented to us by you or the authorities.*

The following abbreviations are used below:

DAC - Department of Agriculture Commission  
DOA - Department of Agriculture  
DOT - Department of Transportation  
FDLE - Florida Depart-

ment of Law Enforcement

FHP - Florida Highway Patrol

FWC - Florida Fish and Wildlife Conservation Commission

HCDF - Hamilton County Drug Task Force

HCSO - Hamilton County Sheriff's Office

ICE - Immigration and Custom Enforcement

JAPD - Jasper Police Department

JNPD - Jennings Police Department

OALE - Office of Agricultural Law Enforcement

P&P - Probation and Parole

SCSO - Suwannee County Sheriff's Office

WSPD - White Springs Police Department

April 21, Dominique Antonio Jackson, 24, 6046 W. Tennessee St., Tallahassee, Fla., VOP o/c strong armed robbery: HCSO - Bennett

April 21, Michael Steven Milburn Jr., 34,

3100 NW 25th Terrace, Jennings, Fla., battery (D/V), battery on person 65 or older (D/V): HCSO - Griffin

April 22, Farhan Lucas Tucker, 29, 19010 Hiview Drive, Brookfield, WI, poss less than 20 grams marijuana, poss. drug paraphernalia: Jennings PD - L. Smith

April 23, Damien O'Gorman, 58, 608 Kian Court, Margville, Tenn., 10-54CF-VOP on poss. of control substance: Stewart

April 24, Solomon David Edwards, 27, 2987 NW Hwy 90, Lake City, Fla., 12-254 MM on VOP on petit theft: HCSO - W. Jackson

April 24, David Davon McKire, 35, 6968 Sunrise Drive, White Springs, Fla., out of county warrant #B181137486 hold for USMS: WSPD - Meeks

April 25, Lancy George Reynolds, 47, 3892 NW 109th Ave., Jasper, Fla.,

retail theft, two counts: JAPD - T. Rickerson

April 25, Geraldine Doughy Hrvda, 49, 2438 141st Road, Live Oak, Fla., DUI: JAPD - D. Harvey

April 26, Evan Michael Coluccio, 6373 John S. Mosby Hwy, Middleburg, Va., poss. drug para, poss. more than 20 grams marijuana: JNPD - L. Smith

April 27, Rodrigo Diaz, 18, 1235 Suwannee St., Jennings, Fla., battery (D/V): HCSO - Cribbs

April 27, Jacinto M. Tomas, 49, 1432 Wallace St., Jennings, Fla., battery (D/V): HCSO - Cribbs

April 27, Jerrod Chadrae Jones, 26, 1085 SW 5th St., Jasper, Fla., 1300 188CF VOP cocaine sale/mfg/deliver: HCSO - Byrd/Curry

April 27, David Jermaine Williams Jr., 23, 1223 No Novell St., Orlando, Fla., in for court (2013-000270-MM(A): HCSO - Byrd/Curry

## Hamilton County class of 1974

You are being honored "our 40th class reunion".

Date: May 31, 2014

Place: Civic Center, Jasper

Time: 7 p.m. until 12 a.m.

Come out and enjoy an evening with your classmates. There will be

T-shirts on sale for \$8.

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# NFCC welcomes 56 students as new members of PTK honor society

## Eleven Hamilton County students among new members

MADISON, FL – North Florida Community College's Phi Theta Kappa Mu Xi Chapter recently welcomed 56 new members into PTK, the international honor society for two-year colleges. During the induction ceremony, new members recited the PTK Oath of Membership and walked across the stage of the NFCC Fine Arts Auditorium to accept a white rose and membership in the prestigious organization that was established in 1918. Inductees must have a minimum GPA of 3.25 to join and must maintain a 3.0 GPA to remain a member of PTK. Guest speakers at the induction ceremony were Susan Taylor, Coordinator of Institutional Effectiveness at NFCC, and Francis Agama, NFCC

Chemistry Instructor.

"Congratulations to all of you on your academic achievements, both to you new initiates and to current members of Phi Theta Kappa who are continuing to maintain that level of academic excellence," said Taylor. "Earning good grades and maintaining that level of success is something of which to be very proud."

Phi Theta Kappa is the largest honor society in American higher education with more than 2.5 million members and 1,275 chapters around the world. The organization, recognized as the official honor society for two-year colleges, honors and encourages the academic achievement of college stu-

dents and provides opportunities for individual growth and development through participation in honors, leadership, service and fellowship programming.

NFCC students leading the induction ceremony were PTK President Thuy Tran and PTK Vice President Abigail Starling. Dr. Michael Stine, NFCC biology instructor, is NFCC's PTK chapter advisor.

"It is my pleasure to welcome you to the PTK honor society and to the lively fellowship of scholars that it affords," said Stine. "I salute you for your accomplishment. I charge you to explore always for truth and to dedicate yourself to the cultivation of the well-reasoned life."

The newest members of North Florida Community College's Phi Theta Kappa Mu Xi Chapter are:

### Hamilton County

Jacob Bunting - Jasper  
Rachel Bunting - Jasper  
Hannah Godwin - Jasper  
Maria Nunez - Jasper  
Brian Crumly - Jennings  
Samantha Crumly - Jennings  
Zachary Deas - Jennings  
Clayton Goolsby - Jennings  
Keyla Perez - Jennings  
Sabrina Reddy - Jennings  
Mallory Morgan - White Springs

### Jefferson County

Jamen Brock - Monticello  
Alexandra Brookins - Monticello  
Cara Hackett - Monticello  
Whitney McKnight - Monticello

### Lafayette County

Jared Dewey - Mayo  
Garrett Hart - Mayo  
Taylor Linton - Mayo

### Madison County

Caitlin Bogart - Greenville  
Lacey Clayton - Greenville  
Allison Cone - Greenville  
Katherine Cruce - Greenville  
Quneisha Livingston - Greenville  
Susan McCool - Lee  
Robert Monismith - Lee  
Kathryn Griffin - Madison  
Morgan Matheny - Madison  
Laterrian McDaniel - Madison  
Hannah Odiorne - Madison  
Courtney Strickland - Madison  
Ashley Walden - Madison  
Kimberly Fields - Pinetta  
Richard Varn - Pinetta

### Suwannee County:

Keysha Horn - Branford  
Andrea Nonnemacher - Branford  
Leslie Baucom - Live Oak  
Kristin Carter - Live Oak

Tamara Gaskins - Live Oak  
Austin Hadden - Live Oak  
James Henderson - Live Oak  
Tia Jackson - Live Oak  
Maggie Lewis - Live Oak  
Brittany Morales - Live Oak  
Julia Morgan - Live Oak  
Kristin Thompson - Live Oak  
Emi Wainwright - Live Oak  
Cody Walker - Live Oak  
Cheyenne Warner - Live Oak

### Taylor County

William Anderson - Perry  
Zachary Berryhill - Perry  
Justin Calhoun - Perry  
Robert Creason - Perry  
Kaylee Denmark - Perry  
Alyson Riley - Perry  
Dylan Strickland - Perry  
Jordan Wiggins - Perry



NFCC's newest Phi Theta Kappa members from Hamilton County are, left to right, Rachel Bunting, Jacob Bunting, Mallory Morgan, Zach Deas, Hannah Godwin, Samantha Crumly and Sabrina Reddy. Not pictured are Brian Crumly, Clayton Goolsby and Kela Perez.



Maria Nunez of Jasper was one of 11 Hamilton County students inducted into NFCC's Phi Theta Kappa Mu Xi Chapter.



SGA officers, front row left to right, Abigail Starling, Julia Morgan and Thuy Tran are pictured with guest speakers, back row left to right, Francis Agama and Susan Taylor and PTK Advisor Dr. Michael Stine.

# FWC names Lee Lawshe 2014 Officer of the Year



He has rescued a man missing for days in a swamp, apprehended a suspect during a manhunt, caught people illegally harvesting redfish, trespassing and harming gopher tortoises, and helped with a murder investigation. And all of that was just in 2013.

For his exceptional performance, Officer Lee Lawshe was named the Florida Fish and Wildlife Conservation Commission's (FWC) Officer of the Year. Lawshe, who works in St. Johns County, will represent the FWC throughout 2014 at various events.

"The number of cases Officer Lawshe has been involved with is truly impressive," said Col. Calvin Adams, director of the FWC's Division of Law Enforcement. "But while his accomplishments are great, it is his attitude and humble demeanor that set him apart."

In addition to the cases mentioned above, and others, Lawshe reached nearly 3,000 different people in 2013 through hunter education classes, elementary school demonstrations, fairs, parades and other events.

"He uses outreach events to educate children and adults about conservation and to spread the message about what the FWC does," said Lt. Ben Allen, Lawshe's supervisor.

Lawshe doesn't limit his positive influence to official events, though. He uses countless interactions with the public each day to make a difference in his community and the state.

"His efforts lead to better protection of Florida's people and natural resources," Adams said.

Lawshe's hard work also helps make public lands a better place to hunt, fish and recreate. He has addressed complaints from the public about illegal fishing activity at Guana Wildlife Management Area (WMA) and deer poaching on Relay WMA. He has also caught people placing bait on public lands.

"Lawshe is also called upon frequently by other law enforcement agencies for his skills at working in the woods and his hard-working nature," Allen said.

In 2013, Lawshe assisted the Florida Highway Patrol in finding a driver who had fled a traffic accident and was hiding in the woods, helped the St. Johns County Sheriff's Office apprehend a suspect during a manhunt in a wooded area, searched for evidence in the woods regarding a burnt vehicle case and helped recover a body in a murder investigation. He has also instructed two local SWAT teams in man-tracking.

"We're fortunate to have Officer Lawshe on our team," Adams said. "The whole state of Florida is fortunate to have him. He not only provides exceptional service on a daily basis, but he sets an example for others as well."

Lawshe comes from a long line of outdoorsmen. After serving in the U.S. Army, his passion for the outdoors led him to pursue a career with the FWC. He began work in Martin County in 2008 and now lives in St. Johns County with his wife and two sons.

To learn more about what Officer Lawshe does on a regular basis, follow his activities on Twitter this Friday, Jan. 17, @MyFWCLife at #FWC2014. To learn more about becoming an FWC officer, visit MyFWC.com/Get-Involved.

## SAVVY SENIOR

ing and prescription drugs, in addition to all of your hospital and medical insurance.

Or, if you choose original Medicare, consider purchasing an individual vision insurance policy (see [ehealthinsurance.com](http://ehealthinsurance.com)). These policies cover routine eye care and eyeglasses and typically run between \$12 and \$15 per month.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit [SavvySenior.org](http://SavvySenior.org). Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

count to passengers over age 60 on cross-border services operated jointly by Amtrak and VIA Rail Canada.

**Bus travel:** Greyhound offers a 5 percent discount on unrestricted fares to seniors over 62. Peter Pan, which serves the Northeast region of the U.S., offers the same deal. Trailways, a privately owned bus company also provides senior discounts but they vary by location. And, most local bus lines and public transportation offer discounted senior passes.

**Car rentals:** Most car rental companies offer 5 to 25 percent discounts to customers who belong to 50-and-older organizations like AARP. Discounts are also available to AAA members. To shop around for the best rental car deals use travel aggregator sites like [orbitz.com](http://orbitz.com) or [kayak.com](http://kayak.com).

**Hotels:** Most hotels in the U.S. offer senior discounts ranging between 10 and 30 percent off. Age eligibility will vary by hotel. Hyatt offers one of the biggest discounts, up to 50 percent off, to guest 62 and older.

**Cruises:** Most cruise lines offer special deals to AARP members. But, if you're not a member, discounts on some cruise lines (like Carnival, Norwegian and Royal Caribbean) are also available to passengers 55 and older. The best way to find these is to contact a travel agent, or check with the cruise line your interested in.

**Restaurants:** Senior discounts are fairly common at mom-and-pop and family-style restaurants, as well as fast food establishments. The discounts will range from free coffee, to drinks, to discounts off your total order. Chains known for their senior discounts or specials include Burger King, Chick-fil-A, Church's Chicken, Dairy Queen, Dunkin Donuts, IHOP, Subway and Wendy's.

**Entertainment:** Most movie theaters, plays, ballets, symphonies, museums, zoos, aquariums, golf courses and even ski slopes provide reduced admission to seniors over 60 or 65. If you're over 62, you're also eligible for the popular "America The Beautiful Senior Pass," which provides a lifetime entry to 2,000 national parks and recreation sites. You can obtain this pass in person at one of the federal recreation sites for \$10, or through the mail (see [store.usgs.gov/pass/senior.html](http://store.usgs.gov/pass/senior.html)) for \$20.

To look for other travel discounts see [seniordiscounts.com](http://seniordiscounts.com), a great website that lets you search by location and category for free.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit [SavvySenior.org](http://SavvySenior.org). Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

## How Medicare Covers Your Eyes

Dear Savvy Senior,

What does Medicare cover when it comes to eye care? I currently have good vision insurance through my employer but will lose it when I retire.

Looking Ahead

Dear Looking,

Many retirees are confused with what Medicare does and doesn't cover when it comes to eye care. The good news is that Medicare covers most medical issues like cataract surgery, treatment of eye diseases and medical emergencies. But unfortunately, routine care like eye exams and eyeglasses are usually the beneficiary's responsibility.

Here's a breakdown of how original Medicare covers your eyes, along with some tips that can help you reduce your out-of-pocket costs.

**Exams:** Routine eye exams (sometimes called "eye refractions") that test for eyeglasses or contact lenses are usually not covered under Medicare, but you are entitled to a yearly medical eye exam if you have diabetes or are at high risk for glaucoma. People at high risk include diabetics, those with a family history of glaucoma, and older Hispanics and African-Americans.

Medicare will also pay for exams to test and treat medical eye diseases and other problems like macular degeneration, dry eye syndrome, eye infections or if you get something in your eye.

**Eyeglasses and contact lenses:** Medicare does not pay for eyeglasses or contact lenses, with one exception: If you have had a conventional intraocular lens inserted during cataract surgery, Medicare will pay for eyeglasses or contact lenses following the operation. Otherwise, you are on your own.

To find affordable eye exams or eyeglasses, many retailers provide discounts - between 10 and 30 percent - if you belong to a membership group like AARP or AAA.

Also consider Costco Optical, which is considered by Consumer Reports as the best discount store for good eyewear and low prices - it requires a \$55 membership fee. Walmart Vision Centers and For Eyes Optical offer low prices too with no required membership.

You can also save big by buying your glasses online. Some online stores like [zennioptical.com](http://zennioptical.com), [goggles4u.com](http://goggles4u.com) and [eyebuydirect.com](http://eyebuydirect.com) sell prescription eyeglasses for as little as \$7. To purchase glasses online you'll need your prescription and pupillary distance from an exam, and your frame size.

**Eye surgeries:** Medicare covers most eye surgeries including cataract surgery to remove cataracts and insert standard intraocular lenses to replace your own. Medicare will not, however, pick up the extra cost if you choose a specialized lens that restores full range of vision, thereby reducing your need for glasses after cataract surgery. The extra cost for a specialized lens can run up to \$2,500 per eye.

Eye surgeries that are not covered by Medicare include refractive surgery and cosmetic eye surgery (such as eyelid surgery) that are not considered medically necessary.

### Supplemental Insurance

Keep in mind that of the medical eye care services that are covered by Medicare, you're still responsible for 20 percent of the cost - Medicare pays the other 80 percent. To help with this out-of-pocket expense, you may want to consider getting a Medigap supplemental policy.

If you can't afford Medigap insurance, check into EyeCare America at [eyecareamerica.org](http://eyecareamerica.org). This is a national program that provides medical eye examinations to seniors, age 65 and older, and up to one year of treatment at no cost.

### Advantage Option

Another way you can get extra vision coverage when you join Medicare is to choose a Medicare Advantage plan instead of original Medicare. Many of these plans - which are sold through private insurance companies (see [medicare.gov/find-a-plan](http://medicare.gov/find-a-plan)) - cover routine eye care and eyeglasses along with dental, hear-

## Travel Discounts Available to Older Travelers

Dear Savvy Senior,

What types of senior discounts are available to older travelers? My husband and I are approaching retirement and love to travel, but love to save money too.

Almost Retired

Dear Almost,

There is actually wide variety of travel discounts available to older travelers - usually starting at either age 50, 55, 60, 62 or 65.

But, you first need to be aware that when it comes to senior travel bargains, the "senior discount" may not always be the best deal. Hotels, airlines and cruise lines, for example, offer advanced bookings along with special deals and promotions from time to time that may be a lower rate than what the senior discount is. Always ask about the lowest possible rate and the best deal available.

With that said, here's a breakdown of some different senior travel discounts that are available today.

**Club memberships:** If you're a member of AARP, there are dozens of travel discounts available on hotels, rental cars, cruises and vacation packages. To find them, see [discounts.aarp.org/travel](http://discounts.aarp.org/travel) or call 800-675-4318. Annual AARP membership fees are \$16 or less if you join for multiple years.

If you don't like AARP, there are alternative organizations you can join like the Seniors Coalition or the American Seniors Association that offer discounts on hotels and rental cars.

**Airlines:** Southwest Airlines has the best senior fare program in the U.S., offering discounts to passengers 65 and older. American, United and Delta offer some senior fares too but they are extremely limited.

**Trains:** Amtrak provides a 15 percent discount to travelers 62 and older, and a 10 percent dis-

# Church & Family Go Together

ADVENT CHRISTIAN	BAPTIST (Southern)	METHODIST	PRESBYTERIAN
<b>FIRST ADVENT CHRISTIAN</b> N.W. 15th Avenue Jasper Rev. Wayne Sullivan Sunday Sunday School.....10:00 a.m. Morning Worship.....11:00 a.m. Wednesday Bible Study.....7:00 p.m. 784022	<b>FIRST BAPTIST CHURCH</b> "Where Friends become Family" 207 N.E. 2nd Street, Jasper 792-2658 Pastor: Roger Hutto Sunday Sunday School.....9:45 a.m. Morning Worship.....11:00 a.m. Evening Worship.....6:00 p.m. Wednesday Supper.....6:00 p.m. Children, Youth & Adult Programs 6:30 p.m. 784012	<b>FIRST UNITED METHODIST CHURCH</b> 405 Central Ave., Jasper, FL Pastor - Dale Ames Phone - 386-792-1122 Sunday Sunday School.....9:45 a.m. Morning Worship.....11:00 a.m. Wednesday Family Night Dinner 3rd Wednesday Clothes Closet 4th Saturday 1-5pm 783995	<b>FIRST PRESBYTERIAN CHURCH</b> 204 N.W. 3rd Avenue, Jasper 792-2258 Pastor: Sheldon Steen SUNDAY Sunday School.....10:00 a.m. Worship Service.....11:00 a.m. Youth Ministries.....4:00 p.m. 1st & 3rd Middle High - 2nd & 4th Elementary WEDNESDAY Choir Practice.....7:00 p.m. 8893539
<b>CATHOLIC CHURCH</b> <b>ST. THERESE CATHOLIC CHURCH</b> Three miles north of Jasper U.S. 41 P.O. Box 890, Jasper, FL 32052 Rectory U.S. 90 E., Live Oak, FL (386) 364-1108 Saturday MASS 4:00 p.m. 784014	<b>CALVARY BAPTIST CHURCH</b> 11320 C.R. 6 East Jasper FL 32052 Pastor: Rev. Ronald Prueter Home: 386-938-5912 Church: 386-792-3267 Morning Service: Sunday School.....10:00 a.m. Worship.....11:00 a.m. Children's Church.....11:00 a.m. Evening Training Union.....6:00 p.m. Worship.....7:00 p.m. Wednesday Prayer Meeting, Teen Kids, Youth.....6:00 p.m. Worship.....6:00 p.m. Van pick-up upon request 835647	<b>NON-DENOMINATIONAL</b> <b>BURNHAM CHRISTIAN CHURCH</b> 4520 NW CR 146, Jennings, FL 32053 938-1265 Pastor: Johnny Brown Sunday Sunday School.....9:45 a.m. Worship.....11:00 a.m. Evening Service.....6:00 p.m. Wednesday Youth Program.....5:30 p.m. 784003	

**To list your church on our church directory, please call Brenda at 386-362-1734**



**IMPORTANT DATES - SUMMER 2014**

- **NOW:** See an Academic Advisor | Apply for Admission
- **April 21-25:** Early Registration (currently enrolled students)
- **April 28:** Open Registration Begins | Enroll in Classes
- **April 28:** Deadline to apply for NFCC Scholarships
- **May 12:** Summer Term 2014 Classes Begin
- **May 27:** New Public Safety Academy Classes Begin

Correctional Officer | Cross-Over to Law Enforcement | Corrections/Law Enforcement Dual Certificate

**SUMMER 2014 SCHEDULE OF CLASSES**

Course #	Sec.	C. Hrs	CRN	Course Title	Instructor	Days	Time	Bldg/Rm
<b>BUSINESS</b>								
ENT 1000	1	3	30002	Introduction to Entrepreneurship	Brave Heart	Online	Online	Online
GEB 1011	1	3	30003	Introduction to Business	Brave Heart	Online	Online	Online
MAR 2011	1	3	30004	Principles of Marketing	Guest	Online	Online	Online
<b>COMPUTER SCIENCE AND NETWORKING</b>								
CGS 1100C	1	3	30009	Computer App. I	Brave Heart	Online*	Online*	Online*
*Class meets in the classroom (#7/104) on May 12 and May 14 from 10-11:55, rest of class is online.								
CGS 2571C	1	3	30010	Computer App. II	Brave Heart	Online	Online	Online
<b>CRIMINAL JUSTICE</b>								
CCJ 2022	1	3	30011	Concepts & Issues in Criminal Justice	Cave	Online	Online	Online
<b>DEVELOPMENTAL EDUCATION</b>								
ENC 0027*	1	0	30063	Combined Writing and Reading II	McCullers	MW	10:00-11:55	#6/218
* Students enrolled in ENC 0027 during a summer term are required to spend two additional hours per week in the Academic Success Center-Tutor Lab located in room 221 of building #6.								
ENC 0054	1	0	30005	Dev. Writing II	McCullers	MW*	12:30-2:25	#6/218
* Class meets Monday, May 12 - Monday, June 9								
REA 0054	1	0	30006	Dev. Reading II	McCullers	MW*	12:30-2:25	#6/218
* Class meets Wednesday, June 11 - Monday, July 7								
MAT 0022*	1	0	30007	Combined Math	Bonilla	MW	8:00-9:55	#6/203
* Students enrolled in MAT 0022 during a summer term are required to spend two additional hours per week in the Academic Success Center-Tutor Lab located in room 221 of building #6.								
MAT 0054	1	0	30008	Dev. Math II	Bonilla	MW*	10:00-11:55	#6/203
* Class meets Monday, May 12 - Monday, June 9								
<b>EARLY CHILDHOOD EDUCATION</b>								
Contact Marie Guest: guestm@nfcc.edu or telephone (850) 973-9458.								
CHD 2220	1	3	30012	Child Growth and Development	Callaway	Online	Online	Online
EEC 2218	1	3	30013	Language & Literature Young Child	Griffin	T*/Hybrid	6:00-9:00 PM	#13/229
* Class meets biweekly (5/13, 5/27, 6/10, 6/24, 7/8, 7/22, and on 7/24 for final exam).								
<b>EDUCATION</b>								
EDF 2005	1	3	30014	Intro to the Teaching Profession	Adams	MW*/Hybrid	10:00-11:55	#6/202
* This class will be online on these dates only: 6/2, 6/4, 6/9, 6/11, 6/30, 7/2, 7/7, 7/9. The remaining class meetings will be held as scheduled.								
EDF 2085	1	3	30015	Intro to Diversity for Educators	Webb	Online	Online	Online
EDP 2002	1	3	30016	Educational Psychology	Akers	Online	Online	Online
EME 2040	1	3	30017	Intro to Technology for Educators	Guest	Online	Online	Online
<b>ENGLISH</b>								
ENC 1101	1	3	30018	Freshman English I	Knox	TR	12:30-2:25	#6/202
ENC 1101	2	3	30019	Freshman English I	Jegede	Online	Online	Online
ENC 1102	1	3	30020	Freshman English II	Knox	TR	10:00-11:55	#6/202
<b>FOREIGN LANGUAGE</b>								
SPN 1120	1	4	30021	Elem. Spanish I*	Espinosa	MW	8:00-9:55	#7/103
SPN 1121	1	4	30022	Elem. Spanish II*	Espinosa	MW	10:00-11:55	#7/103
* This course has a substantial online component.								
<b>FINANCE</b>								
FIN 1100	1	3	30023	Personal Finance	Guest	Online	Online	Online
<b>HISTORY</b>								
AMH 2010	1	3	30024	American History I	Welch	TR	8:00-9:55	#6/201
AMH 2020	1	3	30025	American History II	D. Paulk	Online	Online	Online
WOH 1022	1	3	30026	World History Since 1600	Welch	Online	Online	Online
<b>HUMANITIES</b>								
ARH 2000	1	3	30027	Humanities Art*	Martilli	Online	Online	Online
* Please check D2L for information on the mandatory first class meeting for online Humanities Art.								
HUM 2230	1	3	30028	Gen. Humanities II	McCaughey	Online	Online	Online
PHI 2010	1	3	30029	Intro Philosophy	D. Paulk	TR	10:00-11:55	#6/201
REL 2300	1	3	30030	Intro World Religion	D. Paulk	Online	Online	Online
<b>LITERATURE</b>								
LIT 2120	1	3	30032	World Literature II	Davey	Online	Online	Online
<b>MATHEMATICS</b>								
MAC 1105	1	3	30033	College Algebra	Taylor	TR	10:00-11:55	#6/203
MAC 1105	2	3	30034	College Algebra	Bryce	Online	Online	Online
MAC 2140	1	3	30035	Precalculus	Taylor	TR	12:30-2:25	#6/203
MAC 2313	1	3	30036	Calculus III	Bryce	MW	10:00-11:55	#6/201
MAP 2302	1	3	30037	Ord. Differential Equations	Bryce	MW	12:30-2:25	#6/201
MAT 1033	1	3	30038	Intermediate Algebra	Maresch	MW	8:00-9:55	#34/112
STA 2023	1	3	30039	Statistics	Taylor	TR	8:00-9:55	#6/203
<b>NUTRITION AND PERSONAL HEALTH</b>								
HUN 2201	1	3	30049	Fund. Human Nutrition	Agama	Online	Online	Online
<b>POLITICAL SCIENCE</b>								
POS 2041	1	3	30040	American National Government	Cave	Online	Online	Online
POS 2041	2	3	30065	American National Government	P. Wilkerson	TR	5:30-7:25	#7/103
<b>PSYCHOLOGY</b>								
DEP 2004	1	3	30041	Human Development	Staff	MW	8:00-9:55	#7/102
DEP 2004	2	3	30042	Human Development	Palomino	Online	Online	Online
PSY 2012	1	3	30043	General Psychology	Staff	MW	10:00-11:55	#7/102
PSY 2012	2	3	30044	General Psychology	Palomino	Online	Online	Online
<b>SCIENCE</b>								
BSC 1010C	1	4	30045	Prin. of Biology I	Stine	TR	12:30-3:30	#34/103
BSC 2085C	1	4	30046	Anatomy and Physiology I	Molnar	TR	8:30-11:30	#34/108
BSC 2086C	1	4	30047	Anatomy and Physiology II	Molnar	TR	12:30-3:30	#34/108
CHM 1033C	1	4	30048	Survey of Chemistry	Agama	MW	12:30-3:30	#34/121
<b>SOCIOLOGY</b>								
SYG 1000	1	3	30050	Intro. to Sociology	Cashwell	Online	Online	Online
SYG 1000	2	3	30066	Intro. to Sociology	Cashwell	TR	10:00-11:55	#8/003
<b>STUDENT LIFE SKILLS</b>								
SLS 1103	1	3	30052	Strategies for Academic Success	P. Wilkerson	MW	12:30-2:25	#6/203

PLEASE SEE FULL SCHEDULE OF CLASSES FOR MORE INFORMATION.

North Florida Community College is accredited by the Southern Association of Colleges and Schools Commission on Colleges (1866 Southern Lane, Decatur, Georgia 30033-4097 | 404-679-4500) to award associate in arts degrees, associate in science degrees, and career and technical certificates. Website: www.sacs.org.

NFCC is an equal opportunity / equal access institution.

**NORTH FLORIDA COMMUNITY COLLEGE**  
325 NW Turner Davis Dr | Madison, FL 32340 | 850.973.2288



ENROLLING NOW FOR SUMMER TERM 2014

**Classes begin May 12**

**Representative Porter and the Florida House of Representatives Commemorate the 75th Anniversary of the Florida Highway Patrol**

Representative Elizabeth Porter and Florida House of Representatives recognized the Florida Highway Patrol for 75 years of service to the residents of Florida recently. Representative Porter Sponsored HR 9043 that was adopted by publication in the House Journal. This recognition ceremony was attended by several FHP officials stationed in Tallahassee as well as Lake City.

Representative Porter also recognized from the House Floor, retired

Captain Kenneth Boatright, who began his career with the FHP in 1956, his son, Lieutenant Kenneth Mark Boatright, and his son Corporal Kenneth Mark Boatright, Jr. The Boatrights represent three generations with careers of service with the Florida Highway Patrol.

In addition, in the Capitol Courtyard, the FHP provided an original 1940 patrol car as well as the new Dodge Charger, which is currently in use.

**Jasper Legals**

**NOTICE OF HEARING**

The Hamilton County School Board will conduct a public hearing on **Monday, May 12, 2014, beginning at 5:45 p.m.** The hearing will be conducted in the Board Room of the school district's administration building at Hamilton County High School, 5683 US Highway 129 South, Suite 1; Jasper, Florida.

The purpose of the hearing is to consider changes to the following board policies:

- 3.13 School Volunteers Revision
- 4.01 Student Progression Plan Revision
- 4.02 The Curriculum Revision
- 4.021 Physical Education Revision
- 4.025 Academic & Career Planning Revision
- 6.91 AIDS, Bloodborne Pathogens, & Environmental Hazards Revision
- 8.32 Tobacco Use in District Facilities Revision
- 8.341 Personal Technology & Social Media: Usage & Conduct Adoption

Reason for changes: various Authority: 1001.41, 1001.42, F.S. Estimated economic impact: minimum

A complete copy of these rules are available for review at the office of the Superintendent of Schools, Jasper, Florida.

**HAMILTON COUNTY SCHOOL BOARD**

By: */s/ Thomas P. Moffses, Jr.*  
Thomas P. Moffses, Jr.  
Superintendent

If a person decides to appeal any decision made by the Board, with respect to any matter considered at this hearing, that person will need a record of the proceedings; and for such purpose that person may need to ensure that a verbatim record of the proceedings is made, which record includes the testimony and evidence upon which the appeal is to be based.

**IN THE CIRCUIT COURT, THIRD JUDICIAL CIRCUIT, IN AND FOR HAMILTON COUNTY, FLORIDA**

CASE NO. 2013CA000269

**JIM JEAN AND SONS, INC.,**  
a Florida corporation

Plaintiff,

vs.

**ALEXANDER ERNYEY,**

Defendant.

**CORRECTED NOTICE OF PUBLIC SALE**

Notice is hereby given that the following described property:

Lot 18 of BRADSHAW FARMS SUBDIVISION, a subdivision as per the plat thereof filed at Plat Book 3, page 18, public records of HAMILTON County, Florida.

shall be sold by the Clerk of this Court, at public sale, pursuant to the Corrected Summary Final Judgment in the above styled action dated April 14, 2014, at the Hamilton County Courthouse in Jasper, Hamilton County, Florida, at 11:00 A.M., on May 21, 2014, to the best and highest bidder for cash. Any person claiming an interest in any surplus from the sale, other than the property owner as of the date of the lis pendens, must file a claim within 60 days after the sale.

WITNESS my hand and official seal in the State and County aforesaid this 14th day of April, 2014.

(Court Seal) GREG GODWIN  
Clerk of Court

By: */s/ Cynthia Johnson*  
As Deputy Clerk

04/24, 05/01

**GRANT APPLICATION FOR EXCEPTIONAL STUDENTS**

The Hamilton County School Board is in the process of developing a grant application for Exceptional Student Education Federal Entitlement and Discretionary Supplemental Projects, IDEA Part B, for 2014-2015 school year. This grant is for students with disabilities, and who are in need of additional special services, ages 3-21. The grant will also address the needs of preschool children with disabilities, ages 3-5.

Comments will be accepted between May 1, and May 31, 2014. Comments may be submitted in writing to Betty Linton, Exceptional Student Education (ESE) Coordinator, 5683 US Highway 129 South, Suite 1, Jasper, Florida 32052, via email at [betty.linton@hamiltonfl.com](mailto:betty.linton@hamiltonfl.com), or via fax at (386) 792-6600. Copies will be available upon request. If you have questions about this document, please contact the ESE Office at 386-792-6515, 05/01, 08, 15, 22, 29

**IN THE CIRCUIT COURT OF THE THIRD JUDICIAL CIRCUIT IN AND FOR HAMILTON COUNTY, FLORIDA**

CASE NO.: 2013CA000225

**BANK OF AMERICA, N.A.**

Plaintiff,

v.

**JAMES ERIC FENNELL; JOANN C. FENNELL; ANY AND ALL UNKNOWN PARTIES CLAIMING BY, THROUGH, UNDER, AND AGAINST THE HEREIN NAMED INDIVIDUAL DEFENDANT(S) WHO ARE NOT KNOWN TO BE DEAD OR ALIVE, WHETHER SAID UNKNOWN PARTIES MAY CLAIM AN INTEREST AS SPOUSES, HEIRS, DE-**

**Jasper Legals**

**WISEES, GRANTEES, OR OTHER CLAIMANTS; TENANT N/K/A CINDY FENNELL**

Defendant(s)

**NOTICE OF SALE**

NOTICE IS HEREBY GIVEN pursuant to an Order of Final Judgment of Foreclosure dated March 24, 2014 entered in Civil Case No. 2013CA000225 of the Circuit Court of the Third Judicial Circuit in and for Hamilton County, Florida, wherein the Clerk of the Circuit Court will sell to the highest bidder for cash on 30th day of July, 2014, at 11:00 a.m. at the South front door of the Hamilton County Courthouse, 207 NE 1st Street, Jasper, Florida 32052, in accordance with Chapter 45 Florida Statutes, relative to the following described property as set forth in the Final Judgment, to wit:

**PART OF THE NORTHEAST 1/4 OF THE SOUTHEAST 1/4 OF SECTION 36, TOWNSHIP 2 NORTH, RANGE 13 EAST, HAMILTON COUNTY, FLORIDA, BEING MORE PARTICULARLY DESCRIBED AS FOLLOWS: FOR A POINT OF REFERENCE COMMENCE AT THE NORTHWEST CORNER OF SAID NORTHEAST 1/4 OF THE SOUTHEAST 1/4; THENCE RUN SOUTH ALONG THE WEST LINE OF SAID NORTHEAST 1/4 OF SOUTHEAST 1/4 A DISTANCE OF 356.50 FEET; THENCE RUN NORTH 89 DEGREES 11'00" EAST, ALONG SAID EAST LINE A DISTANCE OF 20.00 FEET TO THE POINT OF BEGINNING; THENCE CONTINUE SOUTH 01 DEGREES 19'56" EAST ALONG SAID EAST LINE, A DISTANCE OF 189.94 FEET; THENCE RUN SOUTH 89 DEGREES 06'36" WEST, A DISTANCE OF 419.77 FEET; THENCE RUN NORTH 01 DEGREES 23'35" WEST A DISTANCE OF 190.48 FEET; THENCE RUN NORTH 89 DEGREES 11'00" EAST, A DISTANCE OF 419.98 FEET TO THE POINT OF BEGINNING.**

**SUBJECT TO COUNTY ROAD RIGHT OF WAY.**

Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the Lis Pendens must file a claim within 60 days after the sale.

**AMERICANS WITH DISABILITIES ACT:**

If you are a person with a disability who requires accommodations in order to participate in a court proceeding, you are entitled, at no cost to you, the provision of certain assistance. Individuals with a disability who require special accommodations in order to participate in a court proceeding should contact the ADA Coordinator, 173 NE Hernando Avenue, Room 408, Lake City, FL 32055, (386) 719-7428, within two (2) business days of receipt of notice to appear. Individuals who are hearing impaired should call (800) 955-8771. Individuals who are voice impaired should call (800) 955-8770.

**LEGAL NOTICE**

**COLUMBIA, HAMILTON AND SUWANNEE TRANSPORTATION DISADVANTAGED COORDINATING BOARD MEETING**

The North Central Florida Regional Planning Council announces a public meeting to which all persons are invited.

DATE AND TIME: **May 21, 2014 at 10:00 a.m.**

PLACE: **Florida Department of Transportation Lake City Operations Center, Santa Fe Room located at 710 N.W. Lake Jeffery Road, Lake City, Florida**

GENERAL SUBJECT MATTER TO BE CONSIDERED: **To conduct the regular business of the Columbia, Hamilton and Suwannee Transportation Disadvantaged Coordinating Board.**

A copy of the agenda may be obtained by contacting: North Central Florida Regional Planning Council, 2009 NW 67th Place, Gainesville, Florida 32653-1603.

Pursuant to the provisions of the Americans with Disabilities Act, any person requiring special accommodations to participate in this meeting is asked to advise the agency at least **2 business days** before the meeting by contacting 352.955.2200. **If you are hearing or speech impaired, please contact the agency using the Florida Relay Service, 1.800. 955.8771 (TDD) or 1.800. 955.8770 (Voice).**

If any person decides to appeal any decision made by the Board with respect to any matter considered at this meeting, he/she will need to ensure that a verbatim record of the proceeding is made, which record includes the testimony and evidence from which the appeal is to be issued.

**SECTION 106 PUBLIC NOTICE**

Vertex Development, LLC is proposing to construct a telecommunications tower located at NW 49th Trail, Jasper, Hamilton County, FL, 32052 at Latitude N30-29-26.8, Longitude W83-13-41.15. The tower is proposed to be a monopole design and 195' tall. Vertex Development, LLC seeks comments from all interested persons on the impact of the tower on any districts, sites, buildings, structures, or objects significant in American history, architecture, archaeology, engineering, or culture, that are listed or eligible for listing in the National Register of Historic Places. Specific information about the project, including the historic preservation reviews that Vertex Development, LLC is conducting pursuant to the rules of the Federal Communications Commission (47 C.F.R. Sections 1.1307(4)) and the Advisory Council on Historic Preservation (36 C.F.R. Part 800) will be made available to interested persons who request the information from the contact below. All questions, comments, and correspondence should be directed to Virginia Janssen, Principal Archaeologist, Dynamic Environmental Associates, Inc., 3850 Lake Street, Suite C, Macon, GA 31204, 877-968-4787, [SC106@DynamicEnvironmental.com](mailto:SC106@DynamicEnvironmental.com) by 05/24/2014. Ref: 21403019 04/24, 05/01

BY THE PLANNING AND ZONING BOARD OF HAMILTON COUNTY, FLORIDA, SERVING ALSO AS THE LOCAL PLANNING AGENCY OF HAMILTON COUNTY, FLORIDA, NOTICE IS HEREBY GIVEN that, pursuant to Sections 163.3161 through 163.3215, Florida Statutes, as amended, and the Hamilton County Land Development Regulations, as amended, hereinafter referred to as the Land Development regulations, objections, recommendations and comments concerning the Special Exception, as described below, will be heard by the Planning and Zoning Board of Hamilton County, Florida, serving also as the Local Planning Agency of Hamilton County, Florida, at public hearing on **May 13, 2014 at 7:00 P.M.**, or as soon thereafter as the matter can be heard, in the County Commission Meeting Room, County Courthouse located at 207 North-east First Street, Jasper, Florida.

**SE 14-01**, a petition by Wanda Law, requesting a special exception be granted as provided for in Section 4.5.5 of the Land Development Regulations to allow for Group Living Facilities in an AGRICULTURE-4 (A-4) zoning district submitted as part of a petition received March 4, 2014, to be located on property described as follows:

A PART OF THE NORTHWEST 1/4 OF SECTION 13, TOWNSHIP 2 NORTH, RANGE 12 EAST, MORE PARTICULARLY DESCRIBED AS FOLLOWS:

COMMENCE AT THE SW CORNER OF THE NW 1/4 OF SA



# THE NEW Grilling Superstar

## Delicious, lean lamb shimmers with summertime flavors

### FAMILY FEATURES

This grilling season, choose lean, tender lamb as the centerpiece for your summer entertaining menu.

Once served only for Easter, there's no reason why lamb can't be enjoyed all year long. Just as turkey has moved beyond Thanksgiving to become everyday fare, the same is true with lamb meat — it's readily available for all seasons and easy to prepare, allowing for lamb kabobs, burgers, thinly sliced leg of lamb and chops to be a delicious addition to your grilling occasions.

### Myths behind the meat

"In my career as a cookbook author and cooking instructor, I have never seen a more misunderstood ingredient than lamb," said Amy Riolo, award-winning author, chef, television personality and culinary educator. "While prized in most other places in the world, lamb remains a mystery to most Americans."

If you haven't tried lamb in a while, you may be surprised by this flavorful protein. While often confused for mutton, the tougher meat of older lamb, young lamb is tender. Others may shy away from this choice protein, believing it has a gamey taste. But modern lamb is raised differently than in the past, resulting in a sweeter, succulent taste. Can lamb fit into a healthy diet? Sure! This rich-tasting meat contains, on average, 175 calories per 3-ounce serving. Lastly, people assume it's expensive; but value cuts, such as the shoulder, leg and ground lamb can fit into any grocery budget.

### A better-for-you selection

Serve up lean lamb cuts — including the leg, loin and rack — for a protein- and nutrient-packed dish. In fact, on average, a 3-ounce serving delivers almost 50 percent of your daily protein needs and is a good source of iron. Also rich in zinc, selenium and vitamin B-12, a 3-ounce serving of lamb can provide nearly five times the amount of essential omega-3 fatty acids when compared to beef. Lamb is also raised without the addition of synthetic hormones.

### Grill up goodness

Chef Amy Riolo provides these tips for serving up the most scrumptious, savory lamb right from your own grill.

- In a hurry? Choose cubed leg of lamb for kabobs, rib chops or boneless butterflied leg of lamb — cuts which can be grilled in minutes.
- Aromatics are lamb's best friends. Onions, garlic, spices and lemon juice enhance the natural sweet flavor in lamb.
- Grilling lamb with garlic, mint and olive oil is a great way to introduce lamb for first-timers. Cut slits into the lamb meat and insert pieces of garlic cloves, then rub with oil and dried mint.
- Use a meat thermometer to measure the internal temperature. Lamb will continue cooking after you pull it off the grill, so it's best to remove it about 10 degrees lower than your target temperature.
- Lamb is best served medium rare (145°F) or medium (160°F). All ground lamb should be cooked to 160°F.

For more lamb recipes and cooking tips, visit [www.leanlamb.com](http://www.leanlamb.com), [www.pinterest.com/leanlamb](http://www.pinterest.com/leanlamb) or on Twitter @leanlamb.



### Kale & Pomegranate Salad with Grilled Lamb

Yield: 6 servings

#### For marinade:

- 1 1/2 cup pomegranate juice
- 3 tablespoons olive oil
- 3 cloves garlic, chopped
- 1 tablespoon ground ginger
- 1 tablespoon cinnamon
- 2 teaspoons cumin
- 1 teaspoon salt
- 1/2 teaspoon pepper
- 1 (4-pound) leg of lamb, deboned, butterflied and trimmed of visible fat

#### For dressing:

- 2 tablespoons Dijon mustard
- 2 tablespoons pomegranate balsamic vinegar
- 1/4 cup olive oil
- Salt and pepper

#### For salad:

- 5 cups baby kale
- 1 bulb fennel, thinly sliced
- 1/2 cup pomegranate seeds or sliced red grapes
- 1/4 cup crumbled Gorgonzola cheese
- 1/4 cup walnut halves, toasted

Combine marinade ingredients in large plastic zip top bag; add lamb and place in refrigerator 8 hours or overnight.

Remove lamb from marinade, pat dry and set on tray.

On gas grill, turn all burners to high, close lid and heat until hot, about 15 minutes. Scrape grates clean and brush with oil. Grill lamb, fat side down, over medium-high heat 25 to 35 minutes total, turning half-way through cooking, depending on desired doneness, about 145°F for medium rare and 160°F for medium. Remove from grill and loosely cover with foil, let rest about 15 minutes and thinly slice. While resting, prepare salad.

In large bowl, whisk together all dressing ingredients. Add kale, fennel, pomegranate seed or grapes and toss to coat. Arrange dressed salad on platter and top with sliced lamb, Gorgonzola cheese and toasted walnuts.

**Nutrition information per serving:** Calories: 700, Calories from Fat: 410; Total Fat: 46g, 71% DV; Saturated Fat: 15g, 75% DV; Trans Fat: 0g; Cholesterol: 165mg, 55% DV; Sodium: 520mg, 22% DV; Total Carbohydrate: 23g, 8% DV; Dietary Fiber: 4g, 16% DV; Sugars: 10g; Protein: 51g; Vitamin A: 170%; Vitamin C: 130%; Calcium: 15%; Iron: 35%

### Lamb Loin Chops with Green Bean & Potato Salad

Yield: 6 servings

#### For salad:

- 1/2 cup fat free plain Greek yogurt
- 1/4 cup extra virgin olive oil
- 1 lemon, zested and juiced
- 2 tablespoons chopped fresh dill
- 1 tablespoon chopped fresh chives
- 1 teaspoon salt
- 1/2 teaspoon pepper
- 1 pint cherry tomatoes, cut in half
- 1 pound green beans, ends trimmed and cut in half
- 2 pounds small red new potatoes, larger potatoes cut in half

#### For lamb:

- 4 cloves garlic, minced
- 3 tablespoons olive oil
- 1 teaspoon salt
- 1/2 teaspoon pepper
- 2 1/2 pounds lamb loin chops (or 10 loin chops)

In large bowl, whisk together yogurt, olive oil, lemon juice and zest, dill, chives, salt, pepper and cherry tomatoes; set aside.

In large saucepan bring 6 cups water to a boil. Add green beans and cook until tender, 3 to 5 minutes. Remove with slotted spoon and add to bowl with dressing. Add potatoes to already simmering water and cook until tender, about 10 minutes. Drain potatoes and add to bowl. Toss to coat.

Combine garlic, olive oil, salt and pepper in small bowl. Place lamb chops on large tray and rub garlic oil mixture all over lamb loin chops; set aside until grill heats.

On gas grill, turn all burners to high, close lid and heat until grates are hot, about 15 minutes. Scrape grates clean. Grill lamb chops about 6 minutes per side or until cooked to 145°F for medium rare. Move to clean plate and let rest 5 minutes. Toss potato salad again and serve with lamb chops.

**Nutrition information per serving:** Calories: 660; Calories from Fat: 370; Total Fat: 41g, 63% DV; Saturated Fat: 13g, 65% DV; Trans Fat: 0g; Cholesterol: 105mg, 35% DV; Sodium: 870mg, 36% DV; Total Carbohydrate: 36g, 12% DV; Dietary Fiber: 5g, 20% DV; Sugars: 3g; Protein: 34g; Vitamin A: 20%; Vitamin C: 90%; Calcium: 8%; Iron: 25%

# Hair care made simple



The right hair care routine depends on the type of hair an individual has.

Hair is typically taken for granted until something goes awry. Hair loss can result from genetics, disease or poor hair hygiene. While there's little a person can do about genetics or hair loss related to illness, good hair hygiene should be a part of everyone's beauty and

grooming regimen.

A good head of hair can enhance a person's appearance. Hair hygiene is important, but many do not know where to begin, and myths abound when it comes to hair care. It's time to wash away the fiction from the facts.

\* There is no need to shampoo every day. Some think they'll be left with a head of dirty, smelly hair if they do not lather up every day, but this is inaccurate. Most people can go a day or more between washing their hair, and waiting between washes actually can

be beneficial. "Hair is fiber, and the more you wash it, the worse it's going to look," says Paradi Mirmirani, MD, a dermatologist in California specializing in hair research. People with curly, dry or processed hair can probably go longer between washings than those with thin, straight hair. This enables oils from the scalp to travel down the hair shaft and keep the cuticle healthy.

\* Conditioner can keep hair smooth and shiny. Some question the necessity for conditioner while others can't live without it. Those with coarse or dry hair usually find that conditioning a few times a week is necessary to tame hair and keep it shiny and looking healthy. On the flip side, those with naturally moist hair may not need to use conditioner more than once per week. Overuse of conditioner can actually contribute to making hair look dull, dry and weighed

down. People with thin hair may only want to apply conditioner to the ends so as not to make hair flat and heavy. Many people need to experiment with conditioner to find a routine that works.

\* More lather isn't necessarily better. Contrary to popular belief, shampoos that generate mounds of rich lather are not necessarily better for your hair. Sulfates are commonly used as lathering agents and may be the first ingredients in many commercially produced shampoos. Sulfates make water feel more wet and spread cleaning ingredients from the shampoo more readily across the hair shaft. However, these same cleansers can dehydrate the sebaceous glands and strip the scalp of essential oils and natural moisture. Many stylists recommend sulfate-free shampoos because they are more gentle on the hair. People who color their hair may find a sulfate-free shampoo

helps retain their hair color longer.

\* Brushing can be beneficial. While you may not need 100 strokes of the hair brush to achieve shiny hair, brushing hair gently each day can untangle the hair and help transfer oils from the scalp down the hair shaft and throughout the hair. The key is not to brush too often or too vigorously. Look for a brush with long, plastic bristles that bend. A brush with a rubber base with vents is also good. Do not brush so hard that you scratch your scalp or tear out hair from the roots. The goal is to prevent breakage.

Many hair situations not only can be remedied at home, but a person can also consult with a stylist to develop a hair care routine. People experiencing hair problems that are not easily fixed should speak to dermatologists, as such problems may be symptoms of medical issues.

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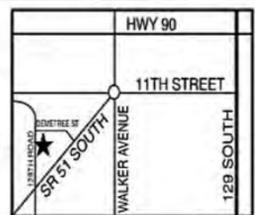
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# National Nurses Week recognizes nurses' leadership, May 6-12

Patients often recognize that a nurse is the health care professional with whom they and their families have the most direct contact. But they might not realize that nurses also are leaders in improving the quality of care and expanding access to care. That's why May 6-12 is celebrated as National Nurses Week, an annual opportunity for communities to recognize the full range of nurses' contributions.

This year's theme, "Nurses: Leading the Way," recognizes nurses as leaders at the bedside, in the boardroom, throughout communities and in the halls of government. The public holds nurses in high regard and trusts them to advocate for patients. For the past 12 years, the public has ranked nursing as the top profession for honesty and ethics in an annual Gallup survey.

Beginning with National Nurses Day on May 6, nurses are being honored as leaders who improve the quality of health care. Nurses practice in diverse roles, such as clinicians, administrators, researchers, educators and policymakers.

"All nurses are leaders, whether they are in di-

rect patient care, administrative roles, or meeting consumers' needs in new roles such as care coordinators or wellness coaches," said ANA President Karen A. Daley, PhD, RN, FAAN. "This week, we acknowledge nurses' vast contributions and how they are leading the way in improving health care and ultimately, the health of the nation."

Nurses are leading initiatives to increase access to care and improve outcomes by focusing on primary care, prevention, wellness, chronic disease management and the coordination of care among health care providers and settings. These are areas in which nurses excel given their education and experience.

As the Affordable Care Act is fully implemented, nurses will be more crucial than ever, leading efforts to expand primary care at community-based clinics and deliver more efficient and cost-effective care as members of collaborative health care teams. Consider that:

- Nursing is the nation's largest health care profession, with nearly three million employed professionals.

- Nursing is projected to grow faster than all other occupations: The federal government projects more than one million new RNs will be needed by 2022 to fill new jobs and replace RNs who leave the profession.

- Demand for nursing care will grow rapidly as Baby Boomers swell Medicare enrollment by 50 percent by 2025 and millions of individuals obtain new or better access to care under the health care reform law.

- Nurses are rapidly creating and expanding new job roles – such as nurse navigators, care coordinator specialists, and nurse wellness coaches – to help patients secure resources, obtain seamless comprehensive care, and develop healthy lifestyle practices.

Wherever health care is provided, a nurse is likely to be there -- hospitals, ambulatory care centers, private practices, retail and urgent care clinics, nurse-managed health centers, homes, schools, nursing homes, and public and nonprofit agencies.



NFCC President John Grosskopf presents Samantha Crumly with the 2013-2014 Outstanding Student Award in Education. Crumly also received the 2013-2014 Outstanding Student Award in Humanities.



NFCC President John Grosskopf presents Sabrina Reddy with the 2013-2014 Outstanding Student Award in Business. Reddy also received the 2013-2014 Outstanding Student Award in Economics.

## NFCC honors top students at Honors Convocation ceremony

North Florida Community College's brightest students were honored during the college's Honors Convocation ceremony in April at the NFCC Fine Arts Auditorium. Students from various academic areas and student organizations received recognition for outstanding achievement and character during the 2013-2014 academic year. NFCC faculty and staff announced each award recipient as NFCC President John Grosskopf and Dean of Academic Affairs Dr. Sharon Erle presented the awards.

"There are a lot of exciting times during the course of the year, but there is something very special about the Honors Convocation program," said NFCC President John Grosskopf. "It is meant to be a celebration of the very best that NFCC has to offer."

Jonathan Bolick of Live Oak received NFCC's prestigious "Student of the Year" award. Bolick serves as the Vice President of Promotion for NFCC's Student Government Association, is an Academic Success Center mathematics tutor, an academic coach for Student Support Services, treasurer for the Gaming and Technology student organization, a member of Phi Theta Kappa, a member of the Sentinel Upstage Players com-

munity theater group, and is a work-study student for the NFCC Student Center. He is graduating this term with an Associate in Arts Degree with Business Emphasis and a 4.0 GPA.

"The student who is the recipient of this award must be a student that has not only excelled academically while attending NFCC, but has demonstrated a high level of participation in student life activities outside the classroom," said NFCC Dean of Academic Affairs Dr. Sharon Erle. "This student [Jonathan Bolick] clearly excels in both the academic and student life realms of the college experience."

In addition to recognizing outstanding students, NFCC also named its 2013-2014 "Friend to the College." Madison County Chief of Police Gary Calhoun was recognized for showing outstanding support and dedication to NFCC and our community. NFCC President John Grosskopf applauded Chief Calhoun for his humility, integrity, dedication and desire to serve.

"[Chief Calhoun], behind the scenes, is constantly thinking about our safety," said Grosskopf. "He is constantly providing support for our college activities and is constantly making sure the people, the students and proper-

ty of this college are safe in all weather and at all times."

NFCC's Honors Convocation ceremony is held annually in April to recognize outstanding students and celebrate

student achievement prior to NFCC's Spring Term commencement ceremony in May.

**Hamilton County students honored during NFCC's 2014 Honors Convocation are:**

Samantha Crumly, Jennings: 2013-2014 Outstanding Student Award – Education

Sabrina Reddy, Jennings: 2013-2014 Outstanding Student Award – Economics

Sabrina Reddy, Jennings: 2013-2014 Outstanding Student Award – Business

## SRJ to honor US Troops and collect food for the needy with your help!

*Fans of the Suwannee River Jam, set for April 30 - May 3 at The Spirit of the Suwannee Music Park in Live Oak, Fla., can help others and enjoy great country music! Tickets still available online or you may purchase them at any S & S Food Store through Monday, April 28, where you will find the lowest prices on SRJ tickets. Gates open Tuesday, April 29 at noon with higher ticket prices so get yours now! Don't forget your Soap for Soldiers items and non-perishable food for Love INC!*

It's almost Suwannee River Jam (SRJ) time (April 30 - May 3), and The Spirit of the Suwannee Music Park (SOSMP) in Live Oak, Fla. wants your help in supporting our troops and local folks in need.

This year the first annual Soap for Soldiers will be held to support our military troops. The SRJ Team believes in supporting America's military and will send overseas care packages of soap, sun screen, wipes and other small, packaged personal items to help the United States Military troops who put their lives on the line every day to serve our country. Help others by bringing these items when you come to the SRJ! Also, please sign a card, drop it off unsealed at the collection site. We will send these inspirational messages to our sol-

diers thanking them for their service to the USA.

Non-perishable food items will also be collected and distributed through Love INC (Love In The Name Of Christ) during the SRJ. Bring five or more canned goods or packaged non-perishable foods to the tent with the Love INC sign and receive the Official 2014 Suwannee River Jam Poster while supplies last! Love INC volunteers will be there to gladly accept your donations. Your contributions will be gratefully appreciated by Love INC and those who receive this much needed food. Directions to the reception areas for these items will be given at the gate.

**Want to see 2014's SRJ national country artists Brantley Gilbert, Montgomery Gentry,**

**Justin Moore, Charlie Daniels & band, Chris Cagle, Colt Ford, David Nail, LoCash Cowboys, The Mavericks, JJ Lawhorn, The Lacs and some 31 other artists and bands perform?** What! You don't have your tickets yet!!!! Tickets for the April 30 - May 3 SRJ are still available at [www.suwanneeriverjam.com](http://www.suwanneeriverjam.com), [www.musicliveshere.com](http://www.musicliveshere.com), by email at [spirit@musicliveshere.com](mailto:spirit@musicliveshere.com) or at any S & S Food Store where you will find the lowest prices on SRJ tickets through Monday, April 28. Tickets go up when the gates open Tuesday, April 29 at noon! You may also make reservations for RV parking, cabins, primitive camping or camper parking at the SOSMP at these same websites or email and by calling the SOSMP at 386-364-1683.

# Special recognition and appreciation

On March 19, Hamilton Correctional Institution had its annual Women's History Program, celebrating women of character, courage and commitment. Mrs. Hat-

tie Sealey was honored with special recognition as the first female officer at Hamilton CI. Sergeant Sealey was employed for more than 10 years at the institution. She worked

in security during the construction of the institution, as a dorm/sergeant and her last position before retiring was a sergeant in the medical building. There were fami-

ly and friends attending the event to celebrate with and honor Mrs. Sealey as she was recognized for a job well done.



Last day on the job for Hattie Sealey.



Hattie Sealey

Thursday, May 14, 1992, The Jasper News, Jasper, FL, Page 5A

## Lifestyles

### Officer of the Year

Lieutenant C.W. Gibbons and Superintendent C. R. Cason congratulate officer Hattie Sealey, Hamilton Correctional Institution's Correctional Officer of the Year.

Officer Hattie Sealey was recently selected as Hamilton Correctional Institution's Correctional Officer of the Year for 1992. C.R. Cason, Superintendent, stated "Officer Sealey has set the standards for all Correctional Officers to follow. She is an example of the professional Correctional Officer in action." Hamilton Correctional Institution staff join Mr. Cason in congratulating Officer Sealey on this well deserved award during National Correctional Officer

# Pool Pointers

## Pool Safety Tips For Parents

When shopping for a home, parents often marvel at properties that feature a pool in the backyard. Once they see a pool, parents envision their kids having fun in the sun with friends and family.

While days spent poolside with the family are fun, they can also be dangerous, especially for children. According to the Centers for Disease Control and Prevention, children ages 1 to 4 have the highest drowning rates, and fatal drowning is the second-leading cause of unintentional injury-related death for children ages 1 to 14 years. It's no wonder then why parents place such a strong emphasis on pool safety. The following are some preventative measures parents can take to reduce their child's risk of an accident in the pool.

- \* Ensure children know how to swim. Teaching kids to swim might sound obvious, but many kids jump into pools before having any formal swimming training. But a child who has received formal swimming lessons has a significantly smaller risk of injury or drowning than one who has not received formal lessons. A 2009 study published in the Archives of Pediatrics and Medicine found that participation in formal swimming lessons can reduce the risk of drowning by 88 percent among children ages 1 to 14 years. Local community centers as well as the YMCA and even the Red Cross likely offer swimming lessons for children, so parents should take advantage of these highly effective programs.
- \* Pay constant attention when kids are in the pool. Kids should never be left unattended when in a pool. But accidents happen even when parents are nearby. However, how quickly adults or others respond to a child in danger can have a significant impact on the outcome of an emergency situation. A study in the medical journal Pediatrics determined that the more quickly someone is able to intervene, such as administering CPR, the better the chance of improving the outcome. So parents should respond as quickly as possible whenever they suspect something has gone wrong in the pool.
- \* Don't rely on air-filled or foam toys. Parents should not rely on air-filled flotation devices such as "water wings" as a safety measure. Such devices can deflate, putting kids at risk, especially if parents are under the assumption that the devices are enough to keep kids safe while they man the grill or mow the lawn. Even if kids wearing flotation devices have had swimming lessons, the likelihood kids will panic and forget those lessons if the devices deflate is significant enough that parents should pay constant attention.
- \* Do not consume alcohol. Adults should never consume alcohol while children are swimming in the pool. Alcohol can negatively affect judgement, balance and coordination, making it more difficult to respond to a pool emergency should one occur. In addition, the effects of alcohol are heightened by exposure to the sun and heat, so consuming alcohol on hot summer days while kids are swimming in the pool could be an unnecessary risk.
- \* Put all toys away after swimming. A pool and its surrounding deck should not have toys lying around, as this only entices children to go into the pool area when Mom and Dad might not be home or watching them. A study from the Consumer Product Safety Commission found that most young children who drowned in pools were last seen in the home and had been out of sight for less than five minutes. Kids can quickly disappear, and it might be too late before parents notice their youngster has jumped into the pool unsupervised. Put all toys away once a swimming session ends, so kids don't feel the urge to go play by the pool unsupervised.

A backyard pool is both fun and potentially dangerous. A few safety measures can drastically reduce the risk of drowning or injury, but parents should remain alert and attentive whenever kids are swimming or playing around the pool.



CAPTION: Parents should take safety measures to prevent kids from injury or drowning when swimming in a backyard pool.

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# 2014-2015 Florida Hunting Season Dates

(Seasons and dates do not apply to wildlife management areas)

Season	Zone A	Zone B	Zone C	Zone D *
Archery	Aug. 2-31	Oct. 18 – Nov. 16	Sept. 13 – Oct. 12	Oct. 25 – Nov. 26
Deer-dog training	Aug. 16 – Sept. 4	Nov. 1-20	Sept. 27 – Oct. 16	Oct. 25 – Nov. 13
Crossbow	Aug. 2 – Sept. 5	Oct. 18 – Nov. 21	Sept. 13 – Oct. 17	Oct. 25 – Nov. 26 and Dec. 1-5
Muzzleloading gun	Sept. 6-19	Nov. 22 – Dec. 5	Oct. 18-31	Dec. 6-12 and Feb. 23 – March 1
General gun	Sept. 20 – Oct. 19 and Nov. 22 – Jan. 4	Dec. 6 – Feb. 22	Nov. 1 – Jan. 18	Nov. 27-30 and Dec. 13 – Feb. 22
Antlerless deer	Nov. 22-28 **	Dec. 26 – Jan. 1	Nov. 22-28	<b>DMU-D1:</b> Nov. 29-30 and Dec. 27-28 <b>DMU-D2:</b> Nov. 29-30 and Dec. 6-7, 20-21 and 27-28
Fall turkey	Oct. 6-19 and Nov. 22 – Jan. 4	Dec. 6 – Feb. 1	Nov. 1 – Dec. 28	Nov. 27-30 and Dec. 13 – Jan. 18 ***
Gray squirrel	Oct. 11 – March 1	Oct. 11 – March 1	Oct. 11 – March 1	Oct. 11 – March 1
Quail	Nov. 8 – March 1	Nov. 8 – March 1	Nov. 8 – March 1	Nov. 8 – March 1
Bobcat	Dec. 1 – March 31	Dec. 1 – March 31	Dec. 1 – March 31	Dec. 1 – March 31
Otter	Dec. 1 – March 1	Dec. 1 – March 1	Dec. 1 – March 1	Dec. 1 – March 1
	<b>South of S.R. 70</b>	<b>North of S.R. 70</b>		
Youth spring turkey ****	Feb. 28 – March 1	March 14-15		
Spring turkey	March 7 – April 12	March 21 – April 26 ***		

Wild hogs, rabbits, raccoons, opossums, skunks, nutrias, beavers and coyotes may be taken year-round.

\* Zone D has been divided by Interstate 10 into 2 deer management units, each with its own antler regulations and antlerless deer seasons. DMU-D1 is south of I-10, and all antlered deer there must have at least 2 points on one side to be legal to take. DMU-D2 is north of I-10, and all antlered deer there must have at least 3 points on one side OR have a main beam length of at least 10 inches to be legal to take. However, youth hunters (15 years old and younger) in both DMUs are exempt and may still take deer having at least one antler 5 or more inches in length.

\*\* No antlerless deer may be taken on that portion of the eastern Everglades south of Tamiami Trail (U.S. 41) and east of Everglades National Park; or in Collier County south of I-75 during Antlerless Deer Season.

\*\*\* In Holmes County, spring turkey season is limited to March 21 – April 5, and there is no fall harvest of turkeys allowed.

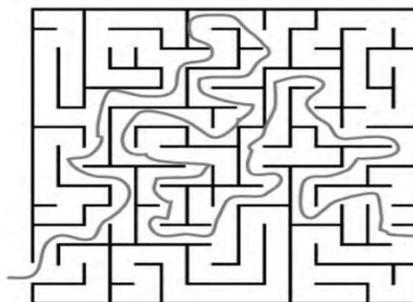
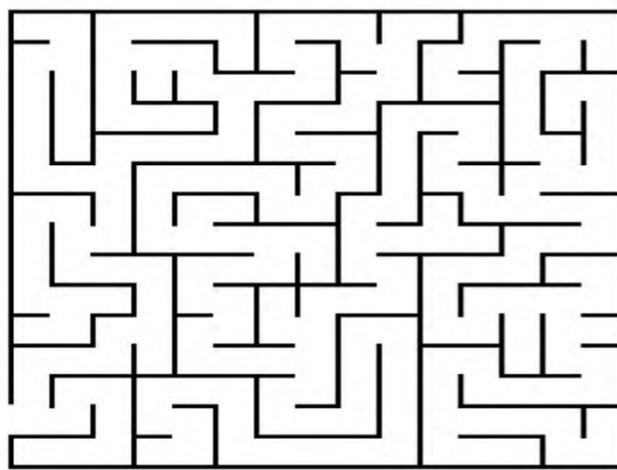
\*\*\*\* Only youths (15 years old and younger) will be allowed to harvest a turkey while supervised by an adult, 18 years old or older.



**kids' corner**

## Maze Craze

Find your way through the maze to reach the other side.



## THIS DAY IN...



## HISTORY

- 1810: BEETHOVEN COMPOSES "FUR ELISE."
- 1961: SIERA LEONE GAINS INDEPENDENCE FROM THE UNITED KINGDOM.
- 1981: XEROX PARC INTRODUCES THE COMPUTER MOUSE.



**HEALTH FACT:**

TRUE OR FALSE?  
KIDS PLAYING ON A PLAYGROUND DO NOT GET INJURED BY FALLS TO A HARD SURFACE.

ANSWER: FALSE

## New Word

**SCALE**

to climb up or over

## How they SAY that in...

- ENGLISH:** Swing
- SPANISH:** Columpio
- ITALIAN:** Altalena
- FRENCH:** Balançoire
- GERMAN:** Schaukel

## Did you KNOW?

IT IS IMPORTANT TO CHECK FOR HOT SURFACES ON PLAYGROUND EQUIPMENT BEFORE STARTING TO PLAY. THIS IS TO AVOID BURNS TO THE SKIN.



## GET THE PICTURE?



Can you guess what the bigger picture is?

ANSWER: PLAYGROUND RINGS

# Make a splash



Photos courtesy of Getty Images

## With Family Pool Fun

### FAMILY FEATURES

Warmer weather brings leisurely days spent poolside with friends and family. As you get ready to dive in to another season of fun in the sun, remember that safety comes first.

With more than 10 million residential pools across America, the opportunities for water recreation right at home are plentiful. But so, too, are the chances of water-related mishaps.

According to the Centers for Disease Control, drowning is the fifth leading cause of unintentional injury death in the United States. Children are particularly at risk; one in five drowning victims is age 14 or younger. However, dedicating appropriate attention to your family pool's maintenance and ensuring you have created an environment of safety will let you enjoy swimming and splashing with greater peace of mind.

"Pools are a great source of enjoyment for families, and with proper supervision and care, the entire family can confidently dive in to hours of fun," said Joe DeFuria, Brand Manager of BioGuard. "Taking time early in the season to brush up on this important information will help keep everyone safe all summer long."

The CDC cites "lack of swimming ability, lack of barriers to prevent unsupervised water access, lack of close supervision while swimming" as some of the leading risks associated with drowning. Preventive efforts such as learning to swim (or teaching swimming skills), ensuring at least one person with CPR training is present when the pool is in use and having proper safety devices (e.g., life vests and preservers) readily accessible help reduce injuries and accidents.

Put these measures in place so you can enjoy the fun at hand, without the worry:

1. Designate a "lifeguard." Always pick at least one responsible adult to monitor children at all times.
2. Know CPR: Before investing in a pool, be sure to take a CPR class. The faster CPR can be administered to a person in distress, the stronger the long-term outcome.
3. Keep your water clean: Pool safety also includes keeping the water clean and sanitary for your family. Invest in the proper tools, such as the pool care systems from BioGuard, to keep your waters crystal clear.
4. Enroll kids in swimming lessons: Teach the skill of swimming to children at a young age. Enroll kids in classes to learn the basics and avoid accidents.
5. Teach the parts of a pool: Show children where to locate the drains, pipes and other pool openings. Explain the importance of avoiding these areas while swimming as they can cause harm.
6. Keep an eye in the sky: Storms can strike at any time in the summer. Be aware of the current weather and the day's forecast before you jump in for a swim.
7. Don't rely on toys: Swimming noodles, inner-tubes and other inflatable pool toys do not take the place of a life jacket.
8. Keep a phone close: Always keep a cell phone or portable phone with you while supervising kids in the pool.
9. Keep your pool tidy: Keeping your pool toys and other clutter picked up after use will not only help prevent trip-and-fall accidents, it will also be less tempting for unwanted pool guests to engage in unsafe activities on your property.
10. Fence it up: Keep uninvited guests and potential accidents away from your pool property by installing a four-foot or taller fence along with a self-closing, self-latching gate.



### Saltwater Pools Are Making Waves

Did you know saltwater pools are the hottest trend in new pool construction? According to an article from Pool and Spa News, today there are about 1.35 million saltwater pools in the United States.

What's the difference between chlorine and saltwater? While both pool types clean the water with chlorine, saltwater pools also require a salt generator cell and a stabilizer to keep waters properly sanitized.

Why do customers choose saltwater over chlorine pools? Some feel saltwater is less harsh on the skin and eyes than traditional chlorine pools. However, saltwater pools require additional maintenance to avoid corrosion and to ensure chemical levels are in balance.

### Pool Care Doesn't Get a Vacation

If a getaway is on your agenda this summer, plan ahead to ensure your pool is as pristine and inviting when you return as the day you leave.

Work with a local pool care professional to create a vacation maintenance plan that matches your pool's specific needs and takes into account how long you'll be away.

Before you leave, clean the pool thoroughly, brushing and vacuuming walls and floors. Test the water and correct any imbalances. Set the timer or enlist the help of a trusted friend or neighbor to ensure the pump runs a minimum of eight hours each day while you're gone.

Upon returning home, have a professional water analysis performed to ensure that your pool is properly balanced and ready for swimming.

### Pool Maintenance Essentials

Pool owners understand the importance of keeping it clean all season long. The experts at BioGuard provide these tips to keep your pool looking its best for family and guests:

- **Make waves.** Constant water movement helps prevent bacteria and algae from growing and ensures that the pool sanitizer is evenly distributed throughout the entire pool. Circulating pool water during the day for at least 12 hours also helps the filter catch debris.
- **Check that filter.** Backwash filters periodically and chemically clean filters a minimum of twice a season.
- **Scrub-a-dub.** Brush and vacuum pool walls once a week, even if you use an automatic pool cleaner, or hire a service.
- **Test the waters.** Every pool needs to be tested for the correct pH and sanitizer levels every week. Have a thorough water analysis performed by a professional every month.
- **Keep that water treatment going.** The right water treatment plan will both maintain pool equipment and keep the water inviting. For instance, the SilkGuard Technology in BioGuard's Silk sanitizer line makes pool water feel soft and smooth on skin while also preventing corrosion and protecting equipment.

For additional pool care tips and to find a local BioGuard dealer, visit [www.bioguard.com](http://www.bioguard.com).



Adults should remain diligent in monitoring what kids are doing online. Bullying can take place through digital devices, such as mobile phones.a

# Recognizing Cyberbullying

Before social media became so prevalent, instances of bullying were somewhat easy to recognize. However, with a good majority of children now engaged in digital networking and social media, bullying may not end with the ringing of the school bell, and evidence of bullying may not be so readily apparent.

According to Cyberbullying statistics from the i-SAFE foundation, more than half of adolescents and teens have been bullied online, and about the same number have engaged in cyberbullying. More than 80 percent of teens use a mobile phone regularly, making it the most popular form of technology and a common medium for repeated cyberbullying.

Cyberbullying takes place through electronic technology and differs from traditional forms of bullying. Cyberbullying can occur via text messaging, blogging, updates to social media sites and/or phone conversations. What makes cyberbullying more difficult to detect and remedy than traditional bullying is that sometimes this type of bullying is veiled in secrecy.

Those who engage in cyberbullying can create aliases and accounts under false names, allowing them to covertly engage in bullying behavior. As

a result, tracking down bullies can be challenging.

Although cyberbullying is on the rise, there are some things that parents and children can do to help put a stop to such unfortunate instances.

\* Parents who feel their child is not emotionally ready for the responsibility of a digital device can hold back on purchasing a smartphone or choose one with very limited features. Some schools set strict limits on phone usage at school, and children who go only from school to home and vice versa may not have the need for an "emergency phone" that can open up a window for trouble.

\* Adolescents and teens should feel comfortable talking with their parents without the fear of reprimand. Otherwise, they may hide instances of cyberbullying or not know how to broach sensitive topics like bullying. Parents can engage in conversation with their children often and stress that the doors of communication are always open.

\* Teens should be made aware that cyberbullying is a very real occurrence and is not just other kids "having fun" or "joking." If behavior is repetitive and hurtful, it should be made public and addressed.

\* Parents can monitor and limit their children's personal accounts. Some smartphone and tablet

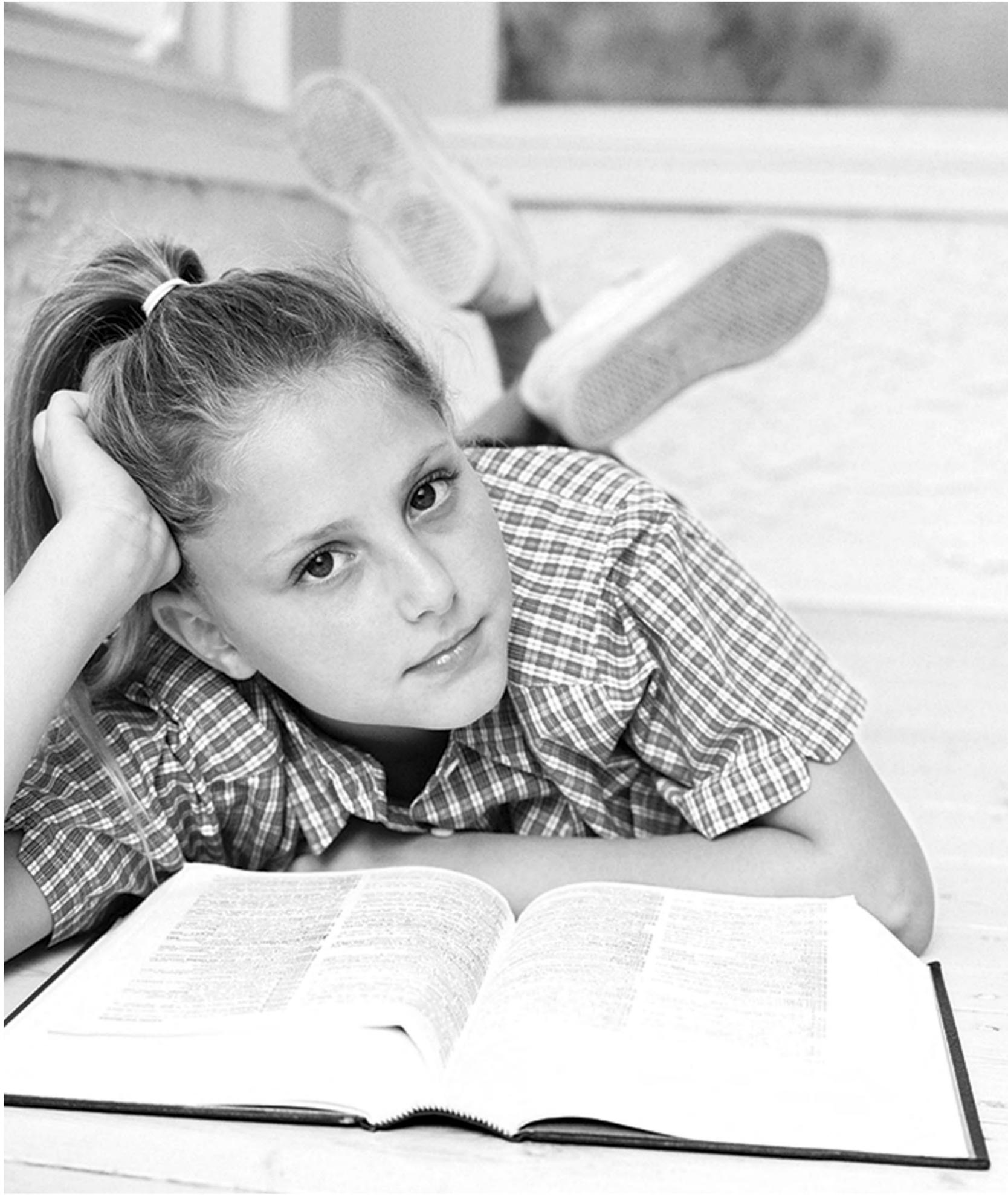
applications can be mirrored on the main account, enabling parents to see incoming text or video messages.

\* A laptop or desktop computer should be placed in a shared space so that usage can be monitored. Parents can restrict tablet or smartphone usage to public areas.

\* When online, children should be advised not to share personal information. Social media sites may be used by bullies to gather sensitive information about a person that can be used against them at a later time. Children should be urged to keep passwords secret and to never give information such as birthdays, phone numbers and addresses to people who aren't close friends. Friend lists should be restricted to only those people students interact with frequently to minimize the chance for bullying or other inappropriate behavior.

\* Teens who have been bullied can keep evidence of the bullying and may benefit from talking with a counselor.

Cyberbullying is a growing concern for educators and parents and has far-reaching implications. Getting smart about this phenomenon can help staunch new cases of online bullying.



Though their youngsters may have many distractions at their disposal, there are still many ways for parents to foster a love of reading in their children.

# How to foster a love of reading in children

Today's parents know that it's not always easy to instill a love of reading in children. Whether they are watching television, dabbling with their smartphones, toying with their tablets or engaging in social media, youngsters now have more distractions at their disposal than ever before. So it's no surprise that many youngsters may not be too enthusiastic about abandoning their gadgets in exchange for curling up with a good book.

But instilling a love of reading in kids early on can pay a lifetime of dividends. Children learn at a much faster pace during their first six years than at any other time in their lives, and the right kind of stimulation during these years can provide the foundation for future learning. In addition, reading in an early age can inspire a child's creativity and imagination. Though many parents can recognize these benefits, that recognition does not make it easier to get kids to embrace reading. No two kids are alike, so parents might need to employ different strategies to get each of

their kids to embrace reading. But the following are a handful of ways parents can foster a love of reading in their youngsters.

\* Embrace their hobbies. When encouraging kids to read, parents may find it easier to get them to pick up a book if that book's subject matter pertains to a favorite hobby or something a youngster has expressed interest in. A seven-year-old boy with a passion for baseball will likely be more inclined to read an age-appropriate novel about America's pastime than he will a book about fishing. Use youngsters' enthusiasm about a given hobby or interest to lay the foundation for a love of reading.

\* Don't limit reading to books. Books are not the only reading materials that can foster a love of reading in kids. Local newspapers and magazines have sparked many kids' initial foray into reading, and such source materials can be just as inspiring as novels or short stories. Magazines made for youngsters give kids something they can start and finish reading in the

same day. Young boys might want to read the sports page in the daily newspaper or visit a favorite team's website to learn all about last night's game, while young girls might be more inclined to read the arts and entertainment sections. Parents should encourage such exploration, even if it means leaving novels on the bookshelf for the time being.

\* Read to youngsters. Another way to foster a love of reading in

youngsters is to read to them every day. Many young kids just learning to read may be discouraged if their reading skills aren't progressing rapidly. Reading to kids every day can inspire them to work harder at reading so they can be just as good at reading as Mom and Dad.

\* Discuss reading materials with your children. Many people enjoy talking about books they have read as much as they enjoy reading the books, and kids are no

different. Parents who want their youngsters to embrace reading can initiate discussions about what their kids are reading, discussing the plot of novels or the details of newspaper or magazine articles kids read. Ask them what they like and dislike about a book or ask for a recap of a story they read in the newspaper or an article they read in a magazine.

\* Extend the reading experience. After they have finished a novel, adults often find it en-

joyable to watch films based on that novel. Doing so extends the reading experience and gives men and women a chance to see if their interpretations of a given story were similar or different from someone else's. Kids enjoy such extensions as well, so reward kids by taking them to the movies to see the film version of a favorite book or to a museum that's displaying an exhibit that's relevant to a book a youngster just read.



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Photo courtesy of Getty Images

# Moving Day

## DIY STYLE

FAMILY FEATURES

**Whether you've bought a new house or are renting an apartment, you know that finding the perfect place to call home is just the beginning. Before you can settle in and begin enjoying your new surroundings, you have to actually get all of your stuff packed and moved.**

In today's tightened economy, more and more people are opting for DIY moves. Not only can personally overseeing your move save money, it can give you a sense of security from having a hands-on role in managing how all your possessions are handled.

"Do-it-yourselfers are becoming the norm for residential moves, and with the right planning, managing a move yourself can really pay off," said Don Mikes, Senior Vice President of Rental for Penske Truck Leasing.

Selecting the right truck is a critical first step. A clean, safe fleet of trucks to choose from is just the beginning. Other services such as towing equipment, storage space and even moving labor may help make your moving day run a little smoother.

You can save time by buying boxes ahead of time, and some companies even offer the ability to purchase boxes and other supplies online. Be sure to label all boxes so it's easy to put them in the right room when you arrive.

Above all, plan ahead. Reserve your truck early and yourself packing nonessential items as soon as possible. Give yourself time to sort items for donation or a garage sale. Prepare a moving-day kit, including directions, map, GPS, checkbook, credit cards, IDs, eyeglasses, sunglasses, prescription drugs, flashlight, water, snacks, games for kids, and old and new house keys.

With the right preparation, you can turn the daunting task of a DIY move into a done deal and get on with enjoying your new digs.

For additional moving tips and information to make your moving day run smoothly, visit [www.PenskeTruckRental.com](http://www.PenskeTruckRental.com).

And, for businesses who wish to relocate their employees or place new hires, some truck rental companies, such as Penske, offer a complete relocation service. Whether the employee wants to move themselves, or has bigger requirements, such as packing, unpacking or storage needs, this relocation service has it covered. Access [www.employeemoves.com](http://www.employeemoves.com) for more information.

### Transporting Your Treasures

Choosing a moving truck for your DIY move is one of the biggest decisions you'll make. When weighing your options, bear these tips in mind:

- Look for a reputable company with a strong track record of customer satisfaction, flexible reservation and cancellation policies, and emergency-friendly services such as 24-hour roadside assistance.
- Choose the right size of truck to accommodate your possessions. Too small, and items may be shoved in too tightly; too big leaves room for items to shift during transport. Either way can result in preventable damage.
- Determine what truck features you'll need: flat floor, loading ramp/lift, towing equipment or other amenities. Don't forget cruise control, climate control and seating options to ensure a comfortable ride.

### Packing 101

You can set yourself up for a hassle-free move and keep your possessions safe by carefully and properly packing your belongings. The experts at Penske offer these tips to get you started:

#### Major Appliances

Check with the dealer for any special moving instructions. Remove loose fittings and accessories, and pack them separately. Tie down, tape or wedge all movable parts and doors, and pad the exterior well.

#### Books

Use small boxes so they won't be too heavy. To protect the spines, pack books flat, alternating bindings. Fill empty spaces with wadded paper and reinforce the box bottoms with extra tape.

#### Bureaus and Dressers

Fill drawers with small breakable items, and cushion them with loose clothes. Secure drawers with a pad or blanket (tape can remove the finish) and tie with rope. Do not overload drawers with heavy items.

#### Dishes and Glasses

Individually wrap each piece in plastic before protective newspaper to minimize dishwashing later. Place saucers, plates and platters on edge — not stacked flat. Place cups and bowls inside each other; wrapping three to four in a bundle. Fill empty box space with wadded-up newspaper.

#### Lamps

Disassemble and pack small bases in dresser drawers surrounded by loose clothing. Pack large bases in boxes stuffed with wadded paper. Box shades individually in boxes with plenty of tissue paper; avoid newspaper — it will smudge. Always pack light bulbs separately.

#### Mirrors, Paintings and Prints

Wrap small items in paper and pack in boxes. For larger glass-faced frames and mirrors, use bubble packing and corrugated cardboard to create a case and tape well to secure. Mark "glass" or "fragile" on the box, and always load and store on end.

#### Paint and Flammables

Don't move paint and flammables, such as alcohol, solvents, lighter fluid, ammunition and greasy mops or rags. Dispose of them properly instead.

#### Radios, TVs and Computers

Box upright and make sure items are well padded on all sides, with extra layers on TV and monitor screens. Surround console-size equipment with furniture pads; move and load upright.

#### Tools and Gardening Equipment

Drain hoses, coil and pack in boxes. Fill remaining space with lawn sprinklers, small garden hand tools and so forth. Tie rakes, shovels and other long-handled tools together with rope or tape.

### QUICK TIP: Handling Your Valuables

During any move, you need to take special care to protect your valuables. Set aside jewelry, important papers and safe deposit box contents in a small container that you can keep with you throughout the move. Among the less obvious but important items you may want to include:

- Vehicle registration and title
- Children's school records
- Insurance policies
- Bank statements and credit records
- Medical and dental records
- Irreplaceable photographs
- Tax return records



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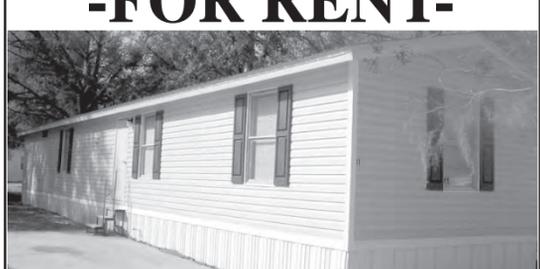
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# North Florida's country artist JR Hernandez to play Suwannee River Jam May 3

This former Bell, Fla. singer/songwriter/musician now lives in Nashville as he works to become a nationally known artist.

North Florida country singer and musician Javier "JR" Hernandez, 19, will be living his dream May 3 when he returns home from Nashville to perform on The Suwannee River Jam (SRJ) stage. The SRJ is held April 30 - May 3 at The Spirit of the Suwannee Music Park in Live Oak.

This will be JR's second year in a row performing at the SRJ. Last year JR, now a former resident of Bell, where his family remains, was among the winners of the SRJ Audition and played on the Amphitheater stage. This year he was invited to return home to perform May 3. He'll perform on the same stage where Montgomery Gentry, The LACS and JJ Lawhorn will perform Thursday night and more than 30 others will perform during the weekend of the SRJ.

"Hopefully I'll be coming in on Wednesday and remain for the entire weekend," JR said during a phone interview from Nashville about his first homecoming since August of 2013.

This determined Music City resident is well known throughout North Florida from his lifetime of performances everywhere he could convince anyone to let him sing. JR always has one thing on his mind - making it as a country singer.

A teenager who has been playing guitar and singing in contests across North Florida since he was a



Javier "JR" Hernandez

child, he is quick to say it's not easy living, working and trying to start a music career in Nashville.

"It's definitely tough as far as getting my feet on the ground and getting bills paid," JR noted. "That's what I'm trying to do right now...it's only my first year here, and that's what it takes."

Those who know JR know he means what he says, and he lets nothing deter him from his dream. He says he's happy with his progress so far.

JR will play on the 1st Street Music Stage/Budweiser Party Zone in the Amphitheater Saturday, May 3, at 3:15 p.m. at the SRJ. You might just hear a couple of the new songs he's written in Nashville.

"I've been writing some lately, about a half dozen that are all originals," he points out.

JR suggests it takes longer for him to write songs than other songwriters. But, he heads over to the Douglas Café in Nashville on Tuesday nights where musicians and songwriters can take the stage and show off their original work. Since arriving in Nashville, he's also performed at the Commodore Grille's songwriter's nights, other venues, played guitar for a friend from Florida who had booked a week of gigs in Nashville, performed at several festivals and frequently serenades his co-workers with his new original songs to test his writing ability. So far, so good, he says! And, JR has made many new friends in the music business and through church.

Moving to Nashville was not a whim, it was a carefully planned move after he graduated from Suwannee-Hamilton Technical Center's auto mechanics class just after his 18th birthday in 2013, giving him a method to make a good living while pursuing his musical career. The

only hitch was he auditioned for and won a spot to perform during the SRJ so he stuck around for that much desired experience that received rave reviews. Shortly afterwards, he entered the WQHL North Florida Texaco Country Showdown at the SOSMP and became a finalist. When he competed in the Showdown Finals in August of 2013, there was only one winner, and a friend of his won. But, JR was packed and ready to head out to Nashville to seek his dream, and that's exactly what he did within a few days. Luckily, he arrived in Nashville with a skill and a certificate to prove it so he found a job right away and began his dream of moving to Music City to pursue his country music career.

While still in North Florida, JR Hernandez performed at the SRJ, Texaco Country Showdown, Wellborn Blueberry Festival and was the 2010 overall talent winner at the Suwannee County Fair. He's played at a number of Lake City contests and events, Mayo's Pioneer Days, Bradford Fest in Starke, played at and won local and statewide 4-H talent shows, played for the national extension agents congress and many, many more venues. In Nashville, he's a member of the 1,500 strong Nashville Up and Coming Artists website where only Nashville artists or Nashville recording artists are allowed to join and promote and share their music and talent.

Check him out on YouTube and Facebook. But most importantly, come out and see JR Hernandez perform May 3 at 3:15 p.m. at The 2014 Suwannee River Jam. Come cheer on this North Florida raised musician as he seeks country music stardom. You'll likely become a lifelong fan.



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